

Subject: RE: Grant Opportunity for Consideration - Please treat this information as
CONFIDENTIAL

Hi Everyone,

I hope you are still enjoying the holidays!

Thanks for all of your great comments and insights regarding the Monsanto proposal. I am wondering if some of your questions and observations are, in large part, the result of the lack of an Academy plan with regard to the food industry. This results in having to consider each opportunity in a vacuum so to speak. In addition, we have two task forces that are still wrestling with guidelines – the Sponsorship task force and the Scientific Integrity task force, without which it is difficult to make decisions. From my perspective, the role of the board might be to encourage Pat to develop and present her plan for performance objective 7 (Develop product development, marketing and social responsibility strategies intended to influence the food industry.) and to encourage each of the task forces to complete their work.

A question I have relates to perception. The proposals we receive are strong on the science related to the proposal. They, however, fail to address perceptions about the industry making the proposal. These perceptions can have adverse effects for the Academy. I know our staff in DC have to deal with these perceptions when making the case for our efforts on the hill. Do you think it would be helpful to the decision making of the Board if Pat and the task forces address perceptions as well as the science.

Happy New Year!

Sonja

Sonja L. Connor, MS, RDN, LD, FAND
President, Academy of Nutrition & Dietetics
Research Associate Professor
Endocrinology, Diabetes & Clinical Nutrition
Oregon Health & Sciences University, L607
Portland, Oregon 97239
503-494-7775/503-494-3707 (FAX)/971-645-2082 (cell)
connors@ohsu.edu

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<http://compass-usa.com/Pages/Disclaimer.aspx>.

221. RE: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL

From: Diane Heller <dwheller@mindspring.com>
To: McClusky, Kathy <KathyMcClusky@IamMorrison.com>, Patricia Babjak <PBABJAK@eatright.org>, 'Sonja Connor' <connors@ohsu.edu>
Cc: peark02@outlook.com <peark02@outlook.com>, Marcia Kyle <bkyle@roadrunner.com>, 'Elise Smith' <elise@ntrsyst.com>, Glenna McCollum <glenna@glennamccollum.com>, Margaret Garner <mgarner@cchs.ua.edu>, Aida Miles <miles081@umn.edu>, 'Catherine Christie' <c.christie@unf.edu>, 'Don Bradley' <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Evelyn Crayton <craytef@charter.net>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Terri Raymond <tjraymond@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tracey Bates' <tracey.bates@dpi.nc.gov>, 'Denice Ferko-Adams' <denice@healthfirstonline.net>, wolf.4@osu.edu <wolf.4@osu.edu>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
Sent Date: Jan 14, 2015 15:38:38
Subject: RE: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL
Attachment:

Kathy,
Wishing your husband a speedy recovery and that the rest of 2015 will be smooth sailing!!! :)
Thinking about you and hoping you can get some much needed rest!
Diane

At 01:11 PM 1/14/2015, McClusky, Kathy wrote:
>Good afternoon everyone. I know many of you
>have probably heard about this already, but just
>so everyone hears the same thing, heres a
>McClusky family update. My husband, Reynard,
>has had an artificial heart valve for 14 years
>now. About 9 days ago, he collapsed in Trader
>Joes (while picking out interesting flavors of
>hummmus)! Ambulance, EMTs, paddles---really
>dramatic. All day in the ER and they finally

>got him stable. A couple of days of observation
>and a cardiac cath revealed what we already
>knew.artificial mitral valve was gone. Last
>Friday he got a shiny new Tissue valve, and is
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>much out of contact with email for most of this
>period, either because I was mentally incapable
>of functioning or because there was almost no
>internet access in the ICU. Anyway, 2015 did
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>but we hope to be back to normal soon. Happy New Year.

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>From: Patricia Babjak [mailto:PBABJAK@eatright.org]
>Sent: Saturday, January 10, 2015 3:48 PM
>To: 'Sonja Connor'
>Cc: McClusky, Kathy; peark02@outlook.com; Marcia
>Kyle; 'Elise Smith'; Glenna McCollum; Margaret
>Garner; Aida Miles; 'Catherine Christie';
>dwheller@mindspring.com; 'Don Bradley';
>DMartin@Burke.k12.ga.us; Elise Smith; Evelyn
>Crayton; 'Evelyn Crayton'; 'Glenna McCollum';
>Nancylewis1000@gmail.com; Sandra Gill; Terri
>Raymond; 'Tracey Bates'; 'Tracey Bates'; 'Denice
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>thoughtful. We are collecting all of the
>comments and will send a response to those
>specific questions, including your observations
>related to perception, in advance of next weeks Board call.

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>In my view, the excellent questions raised by
>Board members do not reflect a lack of a plan,
>so much as they demonstrate how we perceive

>Monsantos unique brand recognition, in Terri Raymonds phrase.

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>There are a multitude of potential benefits to
>be gained by working with industry; the question
>is whether the Academy pursues these
>opportunities within our established guidelines,
>and whether we are transparent and proactive in
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>reputation aligns with the Academys mission and
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>A poor fit poses risk impacting the Academys
>credibility and may influence negative perceptions.

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>This is a complicated issue, made more so
>because the proposal involves an educational
>grant to the Foundation, specifically supporting
>the Future of Food initiative, as opposed to a
>traditional sponsorship agreement with the
>Academy. It is not aligned with any deliverables
>(such as FNCE booth space, participation in
>Nutrition News Forecast, media briefing,
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>advertising) that are associated with
>participation in our Corporate Sponsorship
>program. For that program, of course, we have
>created a Board-approved set of guidelines and
>procedures that govern industry relations. A
>review of these guidelines and procedures is
>underway by the Sponsorship Advisory Task Force.
>Kathy McClusky, as Chair, will provide an update
>on the task forces work during our Board call.

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>On a parallel track is the work of the Research
>and Scientific Affairs group to develop a
>Scientific Integrity Policy that will provide a
>platform for all industry support. The proposed
>document is based on six principles that will
>cover both internal and external research activities by the Academy:
> Ethical conduct of research and protection of human subjects
> Publication of research

- > Funders influence on research question/education content
- > Funding of professional/practice education
- > Funding of public education
- > Disclosure of funding source and conflicts of interest.
- >
- >Within the topic of funders influence on
 - >research question/education content, the draft
 - >states The influence of the funder on the
 - >research question and methodology must be
 - >differentiated and disclosed. This document,
 - >therefore, is not intended to address questions
 - >of perception but to promote disclosure,
 - >transparency and high-quality research
 - >practices. The Scientific Integrity document
 - >will be discussed and voted upon January 14 by
 - >the Council on Research, then sent to the BOD
 - >for review and approval. The Sponsorship Task
 - >Force is interested in building upon this policy once it has been approved.
- >
- >Both of these efforts will together help inform
 - >development of an overall Academy strategy with
 - >regard to the food industry. In terms of my
 - >performance objective 7 -- Develop product
 - >development, marketing and social responsibility
 - >strategies intended to influence the food
 - >industry, we are already moving forward.
 - >Affiliate programs, international opportunities,
 - >research, Foundation or corporate sponsorship
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 - >considered through the lens of our Strategic
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- >The collaborations combine skills, assets and
 - >expertise to do well by doing good. Alignment
 - >with our mission and vision help with due
 - >diligence in safeguarding against imbalance of
 - >power. Strict and consistent adherence to our
 - >Strategic Plan, to our non-endorsement policy,
 - >the Ethics Code, and scientific integrity policy
 - >are a few of our accountability mechanisms
 - >safeguarding against an imbalance of power and in managing risk.
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>underway, with support from ConAgra Foods,
>Abbott Nutrition, National Dairy Council,
>General Mills Foundation and Kraft. The
>Academys challenge is to better align with, but
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>The House of Delegates can also make valuable
>contributions to this conversation; Mary Beth
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>on how to fully engage with the HOD through an
>upcoming sponsorship issue discussion.
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>As we build toward the 100th anniversary, the
>Second Century Plan is an ideal vehicle for
>developing and launching a comprehensive
>industry strategy for the Academy. I look
>forward to continued discussion on this topic when we meet next week.
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>Best regards,
>
>Pat
>Patricia M. Babjak
>Chief Executive Officer
>Academy of Nutrition and Dietetics
>120 S. Riverside Plaza, Suite 2000
>Chicago, Illinois 60606-6995
>Phone: 312/899-4856
>Email: <mailto:pbabjak@eatright.org>pbabjak@eatright.org
>www.eatright.org
>
>From: Sonja Connor [<mailto:connors@ohsu.edu>mailto:connors@ohsu.edu]
>Sent: Tuesday, December 30, 2014 3:51 PM
>To: 'McClusky, Kathy';
><mailto:peark02@outlook.com>peark02@outlook.com;
>Marcia Kyle; 'Elise Smith'; Patricia Babjak
>Cc: Glenna McCollum; Margaret Garner; Joan
>Schwaba; Aida Miles; 'Catherine Christie';

><mailto:dwheller@mindspring.com>dwheller@mindspring.com;
>'Don Bradley';
><mailto:DMartin@Burke.k12.ga.us>DMartin@Burke.k12.ga.us;
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From: Donna Martin <dmartin@burke.k12.ga.us>
To: Patricia Babjak <PBABJAK@eatright.org>, Kathy McClusky <KathyMcClusky@IamMorrison.com>, 'Sonja Connor' <connors@ohsu.edu>
Cc: 'EvelynCrayton' <craytef@aces.edu>, Elise Smith <easaden@aol.com>, 'Glenna McCollum' <glennacac@aol.com>, Terri Raymond <tjraymond@aol.com>, Margaret Garner <mgarner@cchs.ua.edu>, Evelyn Crayton <craytef@charter.net>, Sandra Gill <sandralgill@comcast.net>, 'Tracey Bates' <tracey.bates@dpi.nc.gov>, 'Don Bradley' <don.bradley@duke.edu>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Glenna McCollum <glenna@glennamccollum.com>, NancyLewis1000@gmail.com<NancyLewis1000@gmail.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'DeniceFferko-Adams' <denice@healthfirstonline.net>, dwheller@mindspring.com<dwheller@mindspring.com>, 'Elise Smith' <elise@ntrsyst.com>, wolf.4@osu.edu<wolf.4@osu.edu>, peark02@outlook.com<peark02@outlook.com>, Marcia Kyle <bkyle@roadrunner.com>, AidaMiles <miles081@umn.edu>, 'Catherine Christie' <c.christie@unf.edu>
Sent Date: Jan 14, 2015 13:20:30
Subject: RE: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL
Attachment: [TEXT.htm](#)

Kathy, He is so lucky to have you as a wife, and it sounds like you are lucky he is alive and on the mend. Sending prayers and best wishes to you both, that his recovery will be speedy, and that life gets back to normal as soon as possible.

Donna S. Martin, EdS, RDN, LD, SNS, FAND
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>> "McClusky, Kathy" <KathyMcClusky@IamMorrison.com> 1/14/2015 1:11 PM >>>

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Sent: Saturday, January 10, 2015 3:48 PM

To: 'Sonja Connor'

Cc: McClusky, Kathy; peark02@outlook.com; Marcia Kyle; 'Elise Smith'; Glenna McCollum; Margaret Garner; Aida Miles; 'Catherine Christie'; dwheller@mindspring.com; 'Don Bradley'; DMartin@Burke.k12.ga.us; Elise Smith; Evelyn Crayton; 'Evelyn Crayton'; 'Glenna McCollum'; Nancylewis1000@gmail.com; Sandra Gill; Terri Raymond; 'Tracey Bates'; 'Tracey Bates'; 'Denice Ferko-Adams'; wolf.4@osu.edu; Executive Team Mailbox

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There are a multitude of potential benefits to be gained by working with industry; the question is whether the Academy pursues these opportunities within our established guidelines, and whether

we are transparent and proactive in our communications. Guidelines which require assessing whether a prospective sponsor's reputation aligns with the Academy's mission and goals help assist in identifying sponsors which will be perceived by stakeholders as good fits. A poor fit poses risk impacting the Academy's credibility and may influence negative perceptions.

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On a parallel track is the work of the Research and Scientific Affairs group to develop a Scientific Integrity Policy that will provide a platform for all industry support. The proposed document is based on six principles that will cover both internal and external research activities by the Academy:

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- . Publication of research
- . Funder's influence on research question/education content
- . Funding of professional/practice education
- . Funding of public education
- . Disclosure of funding source and conflicts of interest.

Within the topic of funder's influence on research question/education content, the draft states "The influence of the funder on the research question and methodology must be differentiated and disclosed." This document, therefore, is not intended to address questions of perception but to promote disclosure, transparency and high-quality research practices. The Scientific Integrity document will be discussed and voted upon January 14 by the Council on Research, then sent to the BOD for review and approval. The Sponsorship Task Force is interested in building upon this policy once it has been approved.

Both of these efforts will together help inform development of an overall Academy strategy with regard to the food industry. In terms of my performance objective 7 -- Develop product development, marketing and social responsibility strategies intended to influence the food industry, we are already moving forward. Affiliate programs, international opportunities, research, Foundation or corporate sponsorship -every potential industry collaboration is considered through the lens of our Strategic Plan and how a particular program will advance it.

The collaborations combine skills, assets and expertise to do well by doing good. Alignment with

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- Funding of public education
- Disclosure of funding source and conflicts of interest.

Within the topic of funder's influence on research question/education content, the draft states "The influence of the funder on the research question and methodology must be differentiated and disclosed." This document, therefore, is not intended to address questions of perception but to promote disclosure, transparency and high-quality research practices. The Scientific Integrity document will be discussed and voted upon January 14 by the Council on Research, then sent to the BOD for review and approval. The Sponsorship Task Force is interested in building upon this policy once it has been approved.

Both of these efforts will together help inform development of an overall Academy strategy with regard to the food industry. In terms of my performance objective 7 -- Develop product development, marketing and social responsibility strategies intended to influence the food industry, we are already moving forward. Affiliate programs, international opportunities, research, Foundation or corporate sponsorship --every potential industry collaboration is considered through the lens of our Strategic Plan and how a particular program will advance it.

The collaborations combine skills, assets and expertise to *do well by doing good*. Alignment with our mission and vision help with due diligence in safeguarding against imbalance of power. Strict and consistent adherence to our Strategic Plan, to our non-endorsement policy, the Ethics Code, and scientific integrity policy are a few of our accountability mechanisms safeguarding against an imbalance of power and in managing risk.

As you know, very exciting initiatives are underway, with support from ConAgra Foods, Abbott Nutrition, National Dairy Council, General Mills Foundation and Kraft. The Academy's challenge is to better align with, but not impede, the work of affiliates, Dietetic Practice Groups and the Foundation, all of whom have built successful relationships and initiatives with the support of industry.

The House of Delegates can also make valuable contributions to this conversation; Mary Beth Whalen and I spoke with Elise Smith this past Thursday, and we are moving forward with a plan on how to fully engage with the HOD through an upcoming sponsorship issue discussion.

As we build toward the 100th anniversary, the Second Century Plan is an ideal vehicle for developing and launching a comprehensive industry strategy for the Academy. I look forward to continued discussion on this topic when we meet next week.

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Phone: 312/899-4856

Email: pbabjak@eatright.org

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From: Sonja Connor [<mailto:connors@ohsu.edu>]

Sent: Tuesday, December 30, 2014 3:51 PM

To: 'McClusky, Kathy'; peark02@outlook.com; Marcia Kyle; 'Elise Smith'; Patricia Babjak

Cc: Glenna McCollum; Margaret Garner; Joan Schwaba; Aida Miles; 'Catherine Christie'; dwheller@mindspring.com; 'Don Bradley'; DMartin@Burke.k12.ga.us; Elise Smith; Evelyn Crayton; 'Evelyn Crayton'; 'Glenna McCollum'; Nancylewis1000@gmail.com; Sandra Gill; Terri Raymond; 'Tracey Bates'; 'Tracey Bates'; 'Denice Ferko-Adams'; wolf.4@osu.edu; Executive Team Mailbox

Subject: RE: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL

Hi Everyone,

I hope you are still enjoying the holidays!

Thanks for all of your great comments and insights regarding the Monsanto proposal. I am wondering if some of your questions and observations are, in large part, the result of the lack of an Academy plan with regard to the food industry. This results in having to consider each opportunity in a vacuum so to speak. In addition, we have two task forces that are still wrestling with guidelines – the Sponsorship task force and the Scientific Integrity task force, without which it is difficult to make decisions. From my perspective, the role of the board might be to encourage Pat to develop and present her plan for performance objective 7 (Develop product development, marketing and social responsibility strategies intended to influence the food industry.) and to encourage each of the task forces to complete their work.

A question I have relates to perception. The proposals we receive are strong on the science related to the proposal. They, however, fail to address perceptions about the industry making the proposal. These perceptions can have adverse effects for the Academy. I know our staff in DC have to deal with these perceptions when making the case for our efforts on the hill. Do you think it would be helpful to the decision making of the Board if Pat and the task forces address perceptions as well as the science.

Happy New Year!

Sonja

Sonja L. Connor, MS, RDN, LD, FAND

President, Academy of Nutrition & Dietetics

Research Associate Professor

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<http://compass-usa.com/Pages/Disclaimer.aspx>.

224. Comments, Questions and Responses Regarding Monsanto Proposal

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Aida Miles' <Miles081@umn.edu>, 'Catherine Christie' <c.christie@unf.edu>, 'Denice Ferko-Adams' <denice@healthfirstonline.net>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Don Bradley' <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith' <easaden@aol.com>, 'Elise Smith' <elise@ntrsyst.com>, 'Evelyn Crayton' <craytef@charter.net>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'Marcia Kyle' <bkyale@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill' <sandralgill@comcast.net>, 'Sonja Connor' <Connors@ohsu.edu>, 'Terri J. Raymond' <tjraymond@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tracey Bates' <tracey.bates@dpi.nc.gov>, 'wolf.4@osu.edu' <wolf.4@osu.edu>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>
Sent Date: Jan 13, 2015 10:54:58
Subject: Comments, Questions and Responses Regarding Monsanto Proposal
Attachment:

A compilation of the comments, questions and responses regarding the Monsanto proposal follows. Thanks go to Mary Beth Whalen for providing responses. This information is also included on the Board portal under agenda item 9.0.

Joan

Joan Schwaba, MS, RDN, LDN

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The following is a list of questions that were exchanged via email from the Academy BOD members regarding the Monsanto opportunity. This includes a mix of comments and questions. A response to each of the questions raised is highlighted in yellow. Not intended to be the last word, this commentary is provided to help inform and support the conversation that is scheduled to take place during the January 16 conference call. Any additional questions and comments are welcome.

Mary Beth Whalen

Chief Operating Officer

Academy of Nutrition and Dietetics

Executive Director

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From Nancy Lewis:

The potential opportunities sound phenomenal. I think it would be helpful to see some of the basic documents from Monsanto, such as

1. What is their overall goal with this project and how does it fit into their strategic plan.?

2. What is the role we play?

I would like to feel more comfortable with the “big picture” and how we fit into it. Maybe it is their values, etc. I need to see as well.

Secondly, in answering to members, I would like to be able to answer the member question “What’s in it for me?”

I think it is essential that we collaborate with industry and this is a great opportunity.

---Nancy Lewis

Good questions, Nancy. Although we are not privy to their internal strategy documents, we will reach out to Monsanto and ask for this clarification. I can tell you that they became interested in working with the Foundation on the Future of Food initiative because of what they learned from the Foundation’s Agriculture and Sustainability Survey that was fielded last year. The results of this survey that demonstrated a high level of interest in the topics of agriculture and sustainability including GMOs from our members was shared with the Academy BOD at the June 2014 retreat. Monsanto has indicated that the Academy is a priority relationship for them because of our commitment to science and evidence-based practice. They believe that education is the key to understanding these issues and engaging in a civil dialogue with nutrition experts will be a key to success in this area. The Academy and its Foundation are a much sought after resource to provide a non-bias forum for open communication and hope to focus the conversation on the issues regarding food and agriculture and sustainability. Monsanto took the first step by creating leadership roles for two RDNs, Milton Stokes and Wendy Kapsack. Upon their recommendations, Monsanto has engaged a group of past Academy leaders and spokespeople as communication experts to help them inform their decision making regarding the work with both the Academy and consumers.

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From Aida Miles:

1. Terri- I understand that the amount Monsanto would provide is \$175,000. In the attachment it seems like \$75,000 will go to the Agriculture Coalition, \$100,000 to the international forum (listed 3rd) and \$25,000 to International Dietetics Profession Capacity Building.... this is where I am confused- it seems that there will be 3 awards of \$20,000

each. Will ADAF use \$25,000 from Monsanto and the rest from donations from the other Future of Food donors?

Thanks for asking for clarification on this Aida. Funding for one award of \$20,000 (plus \$5,000 for administrative expenses) was recommended as part of the final proposal. The hope is that if this first award is successful that two additional awards (and additional funding to support these awards) will be provided. We asked for support for three and they agreed to test the waters with one but are very interested in expanding this effort if successful.

2. On page 2, 1st paragraph, last few lines (Agriculture Coalition) - it says that the Monsanto funds will be used to support "3 additional food group organizations." Do we already know who those are? Is Monsanto telling us who they think those should be? and/or do they need to approve who the support goes to?

No, we do not know who these other groups will be. Monsanto will not dictate who they should be but we are willing to receive their suggestions and their help, if necessary, to recruit these group. We will ultimately approve the groups and they will be organizations comparable to the current members of the Agriculture Alliance that are supporting the Future of Food (National Dairy Council, National Cattleman's Beef Association, the Egg Board, Turkey Federation, Poultry and Pork Boards and Elanco). The vision of the Agriculture Alliance is that, Academy members are the public's trusted professionals about healthy food systems. While the group is currently comprised of animal protein industry groups, we (and they) are eager for the Alliance to represent a healthy plate, and therefore, include members from all food groups.

3. How much would Monsanto be involved in how the money is used (for instance, being part of the selection committee for the Intl. Dietetics Profession Capacity building grants?, having speakers at the International forum?, vetting topics at the International forum?, etc.)?

We will solicit their input and will consider their perspective as we develop the criteria (just as the Foundation does with all funders) for the capacity building grants and once the criteria is approved by the Foundation board the funder will step aside and allow the Foundation and its RFP processes and approval to move forward. In regards to the international forum, the Academy will determine how this forum is presented and who is invited to participate. It will be developed to support the Future of Food initiative in

alignment with the Academy's international strategic plan. Participants including speakers and topics would be determined by a planning group as needed under the leadership of the Academy's Chief Science Officer. The Foundation will determine the program topic area and will consider the interests of Monsanto regarding agriculture issues but will not be required to have Monsanto review and approve the final program, topic and speakers. One vision for this conference that has been suggested is Women Empowerment in Global Communities; Capacity Building for Nutrition Professionals and Champions. We can build upon the outcomes of the recent Agriculture, Nutrition and Health Consensus Conference and will call together global leaders in nutrition and agriculture to continue the dialogue. It will be a very focused discussion that is outcomes oriented. We hope to leverage Monsanto's support, infrastructure and access to leading agriculture and health organizations as well as foundations (Bill and Melinda Gates) to secure additional sponsors, including members of the Agriculture Alliance described above.

I did not know much about Monsanto so I did a bit of a search. You all probably know this (I didn't), but it has a mixed reputation due to GMOs. This support does not mention GMOs and I know that this is not "the issue," however, it seems that this is what people think about when they hear "Monsanto."

I will start by saying that, coming from a third-world-country where 1 out of 5 children die of malnutrition before the age of 5, I am not against agricultural practices that can yield higher crops and feed more people. The WEMA project in Africa seems very beneficial for those that are dying of hunger.

I wondered where RDNs stand on this issue, so I tried to search that too:

HEN had a webinar on GMOs and seeds last year, and I am attaching the power point as an FYI. At least this group is not in support of GMOs. I do not know if they would find any funding from Monsanto "evil" (for lack of a better word), even though the money would be used for really great initiatives and also internationally.

Also FYI- I read an entire story (subjective and objective) about Monsanto, and even though it seems to turn some people against the company, I thought it was a good history. Some of the graphics are offensive: <http://modernfarmer.com/2014/03/monsantos-good-bad-pr-problem/>

There are MANY opinions about the company out there. But that is likely the case with every single company and industry.

My opinion right now is positive, the money would go to worthwhile efforts. But I really want to read others' thoughts as well.

----Aida Miles

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From Margaret Garner:

I am in favor of this grant opportunity as it is consistent with our international /global plan. My thoughts are that we should anticipate and have ready responses to concerns or misunderstandings that segments of our membership will have about this company as they do others, who are by nature diverse in their broad activities locally and internationally. (I look at this as I do candidates for national office: they don't all share my specific beliefs, but most have some or even many shared passions; therefore, my responsibility is to make the best decision at the time given the overall good that can come from that candidate's position etc. (This is a point I frequently use with members over similar issues).

I recommend that we move forward in this strategic partnership that has both immediate and long term potential for strengthening our impact on food security and nutritional impact. I look forward to the discussion and appreciate the background reminders.

-----Margaret Garner

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From Glenna McCollum:

In reviewing the Monsanto proposal, I didn't see a timeline or deadline for a mandatory decision. With that being said, I was glad to read on the email that "our insights... [and] the collective discussion we will have about this grant during our regularly scheduled Academy BOD call on January 16" is the next step for the Monsanto proposal. As a member of the Sponsorship Advisory Task Force, I would also like to ask that the report from this very important group be included on the January 16 BOD agenda (perhaps even prior to the Monsanto discussion), so the insights can be included in our discussion - prior to making a decision or taking a vote.

Please know, I agree with Margaret, her well thought-out comments, and personally support the efforts of Monsanto. However, I am also very aware there are members of our Academy who may not be able to even “hear the BOD” as we give all the good reasons for why we voted to partner with Monsanto in this way. (NOTE: Even though the proposal is with the Foundation – a separate, legal entity – I’m not sure our members see or perceive it that way).

As Margaret indicated, a very strategic communications plan will be imperative, if approved, and will need to be done – not just in response to our vocal members, but in advance as well (taking lessons from the NDA and other previous situations). Just as importantly, we may need to discuss timing, for if approved, I project this issue will take an extensive amount of time managing the responses related to its release – time from staff, time for managing the negative responses (both from members and externally), time from Sonja, time from the BOD, and others. It may become our #1 priority ... and the BOD just needs to make sure it is thoroughly discussed – from all perspectives.

I look forward to hearing from other board members and am undecided, as of yet, mainly related to timing.

---Glenna McCollum

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From Cathy Christie

That will be very helpful for this important discussion. Thank you Glenna for suggesting it and Pat and Mary Beth for anticipating the need!

--- Cathy Christie

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From Elise Smith:

Thank you Pat. I think that what we do with this is very dependent on the committee guidelines. If we go forward with this opportunity I think it must be after the guidelines are accepted by our members. If we don't I think there will be a growing distrust of the Board

---Elise Smith

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From Marcy Kyle:

I would like to know which Academy Dietetic Practice Groups and Affiliates have accepted funding from Monsanto, how the funds were used and how members reacted.

Thank-you for the opportunity to have this discussion well in advance of the January BOD meeting.

---Marcy Kyle

The following response was provided by Diane Juskelis, Director, DPG/MIG/Affiliate Relations.

Sports Cardiovascular And Nutrition (SCAN) - \$5000 for a webinar in December 2014. SCAN has final approval of presenter and topic is of mutual agreement. Other deliverables to Monsanto included posting of logo and link on SCAN website through 12/31/14 and posting of one message to each of SCAN's 3 EMLs containing educational content related to Monsanto products – postings also must be completed by 12/31/14. This is the announcement that went out:

Webinar

Planting the Seeds for a Paradigm Shift:

Making More Plant-Based Diets Possible for All

An Evidence-Based Webinar from Monsanto.

Plant-based diets have been found effective in reducing risks for most non-communicable chronic diseases and providing essential nutrients. Fruits, vegetables and whole grains have been included in dietary guidance for over 80 years, yet Americans still do not eat the recommended daily servings of these foods. Barriers for consumers include taste, cost, spoilage, and more recently, confusion over **genetically modified** and **conventional organically grown** plants. Dietitians can help address these issues by advocating for innovative and **sustainable agricultural practices** that allow farmers to produce crops that meet the diverse cultural, culinary

and nutritional needs of the public at a cost that is fair to producers and consumers alike while keeping up with the demands of a growing population. This webinar will cover consumer and food service interventions.

Presented By:

Robyn Flipse, MS, MA, RDN

Order now and download to your account

On-demand viewing 24/7/365

FREE: December 3rd - January 2nd, 2014

1 CPEU Available

Dietitians in Business Communications (DBC) - \$6000 for a webinar on Interpreting and Communicating Science and Research to be held 2/11/15. Also Monsanto can do an eblast to all DBC members with up to 3 weblinks and 3 photos, plus sponsor link on DBC website through 5/15.

Food and Culinary Professionals (FCP) - \$15,000 for sponsorship of the FCP culinary workshop in March 2015 in Napa Valley. They are considered a gold sponsor for FCP and thus get 3 tickets to attend the workshop, participate in the exhibit time, opportunity to provide a speaker for the workshop subject to FCP approval (Monsanto pays cost of speaker), opportunity to provide handouts, use of logo on workshop materials, recognition at event and in newsletter, recognition on FCP website, sponsored eblast, opportunity for insert in newsletter.

Since two of these groups have not had their events yet and the one from SCAN is still available there is no member feedback that I am aware of at this time.

We are not aware of funding to affiliates since that does not funnel through the Academy. Recently there has been some discussion with Missouri regarding questions about possible funding from Monsanto. Missouri is planning to develop guidelines on evaluating potential sponsors to make their evaluation more objective.

In response to Marcy's question regarding how members reacted, we are aware of one member, Andy Bellatti, Founder of Dietitians for Professional Integrity who posted his concerns and comments regarding Monsanto's support of the SCAN webinar. The following response was provided to Andy by Hope Barkoukis, SCAN Chair.

Happy New Year Andy,

First, a huge apology from me for taking so long to respond. I won't bore you with my saga, but basically between ill elderly parents, a hospitalized daughter and her newborn health issues-- I am way behind on responding to my emails. I thought it's easier now to just respond in writing since I am so late.

Here are the responses to your questions:

1- SCAN did not seek out Monsanto for this webinar;

2- Your second question-- let me ask you first-- did you even view the webinar? It sounds like you did NOT.

So, here's the response regarding your second question:

SCAN members are independent thinkers. Meaning that predominantly their decisions draw upon their own 1500 clinical hours required to become an RD and the nearly 80 hours from required science courses to make their own judgments. There will always be varying points of view; but more likely than not, the time would be taken to watch this webinar first before making judgments one way or the other.

#1: If you had you had watched the webinar you would have observed that there was no questionable, or opinion based content presented as fact. The speaker clearly articulated content related to the stated learning objectives using objective evidence based information. On more than one occasion, she also identified areas where disagreement exists in a respectful approach. "One point of view" was not the way this content was presented at all.

#2 SCAN clearly included all the appropriate disclosures for COI for the speaker and the fact it was a sponsored webinar. SCAN met the goal of full transparency for this webinar- as we do every webinar. Most importantly, the content is not created by the sponsor and if you actually listened to it, you would realize that the content was evidence based. Additionally, no one is forced to watch the webinar.

#3 SCAN offers so many webinars on different topics that there is something for everyone. Some are sponsored and some are not. SCAN reviews and oversees content of all webinars- regardless of sponsorship or not.

#4 Andy, at last year's SCAN Symposium I had a very long, wonderful conversation with someone from your group about sponsorship. We were both respectful to each other and actually listened to what the other person was saying without prior judgment or negativity. That type of productive dialogue is very positive for all of us.

I want to close by saying something that comes to mind when thinking about this hot topic of sponsorship. -- Recently I had the opportunity to speak with a young woman from Vietnam. Her father had been in prison for years after supporting the US. She fled to the US, despite having no friends/family here, no funds and a completely unfamiliar culture. She fled because of the value given to personal freedom and different viewpoints that sets the US apart from so many places around the world. Our respect for differing cultures, points of view, and political perspectives. That recent experience reminded me again that you and I are both quite blessed to be living here in the US. Respectfully agreeing to disagree is really foundational to our way of life.

In closing, again please accept my apology for being so slow to respond to you. Thank you for your email and offering the chance to express this response. On a personal note, I do respect your viewpoint and ask the same of you and the group you represent for this response. I know this email is long; however, if you do share, I would respectfully request the entire content be shared versus one sentence taken out of context.

PS I do apologize for the length of this email!

Most sincerely,

Hope Barkoukis, PhD, RD, LD

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From Mary Russell:

I will need the information suggested before I make a decision and appreciate the extended opportunity to review necessary data and discuss scenarios, in particular the communication plan to members if the proposal is accepted.

----Mary Russell

We are certainly sensitive to the strong emotions associated with this funder. The reality is that the Academy has enjoyed a business relationship with Monsanto for more than a decade, through exhibiting, support of national education efforts (biotechnology resource kit) and recent endeavors related to the practice groups. We are already criticized for these engagements and thus far the impact has been negligible. This Foundation grant represents three discreet projects in support of our Future of Food initiative. It is not a National Level sponsorship and as such it will not receive the type of visibility (signage at FNCE, press release announcing agreement, podium time at HOD, media briefing at FNCE, education session at FNCE, access to 90,000 email blasts, etc). It will certainly be fully disclosed and celebrated but it will be contained to these unique projects that deliver clear benefits to advancing our mission and vision. Talking points for the board will be developed. We will be consistent and resolute in our messaging.

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From Kathy McClusky:

Everyone, I know my response to this is a bit late, because several issues (mostly holidays) intervened in my correspondence. However, as Chair of the Task Force, I agree that our deliberations should include the “thoughts” of the Task Force to date. I agree with the general tone of the comments reflected thus far. The issue is that while the Task Force is still working, the timing of our current deliberations could easily be an issue. Will discuss with Mary Beth & Daun next week.

----Kathy McClusky

Kathy is correct in regards to timing and will provide more detail in our verbal report to the board during the conference call. The Task Force is charged with reviewing the existing guidelines, guidelines that have been approved by both the Academy Board and the House of Delegates. The intent was not to delay our ongoing efforts regarding sponsorship but rather to inform how we can improve these practices going forward. Their work will move forward expeditiously once the Scientific Integrity Policy has been approved. This approval is anticipated later this month.

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From Evelyn Crayton:

Thank all persons who have responded to this proposal. The presentation of the Monsanto 's staff was very interesting and informative. However, I am concerned about our membership and how will they feel about an expanded relationship with Monsanto.

The issue of GMOs and labeling, it sounded like Monsanto is not opposed to labeling. Please note that I have not seen that in print. They were very clear that they are in the "Seed" business.

If we are going to be at the table, in the conversation, about feeding the estimated 9 billion people in the world in the very near future, Monsanto is a major player. The grant is an opportunity for AND to be at the table.

Are we ready for this expanded relationship, perhaps the Task Force Report will help us as we deliberate? Another point to consider, we were informed that 10 of our member leaders have been contracted to help Monsanto with their communications.

---Evelyn Crayton

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From Sonja Connor:

A question I have relates to perception. The proposals we receive are strong on the science related to the proposal. They, however, fail to address perceptions about the industry making the proposal. These perceptions can have adverse effects for the

Academy. I know our staff in DC have to deal with these perceptions when making the case for our efforts on the hill. Do you think it would be helpful to the decision making of the Board if Pat and the task forces address perceptions as well as the science.

-----Sonja Connor

The issue of perception continues to be raised and deserves some effort at resolution. We know that our membership numbers have not been impacted by our sponsorship program (membership approaching a 10-year milestone in unprecedented annual growth). We know that the DPGs most aligned with the anti-sponsorship agenda (aka HEN, DIFM) have not experienced spikes in membership decline as a result of sponsorship or any other factor (membership reports industry standard 20% churn for practice group membership and HEN is well within this guideline, DIFM shows growth). We know from our Nutrition Trends Survey that RDNs are the most trusted source, after physicians, for nutrition information. We know from our brand research of key physician referral sources that the RDN is identified (unaided) 85% of the time when asked to whom they refer patients for nutrition information (the non-referrals cite lack of access to an RDN). We can continue to build on this data and effectively create a brand scorecard for the Academy. The idea is that we can track our brand equity over time. This will help to dispel or confirm rumors and/or comments that a certain action is hurting our brand. The scorecard that we propose will track financial brand equity metrics (market share, profitability, revenues, growth rate, cost to acquire new members, cost to retain new members) strength of brand metrics (loyalty, retention, measurement of trust, affinity, value -- captured in the Members Needs Assessment) and consumer brand awareness metrics (awareness, familiarity, trust, differentiators, value, perceptions -- built into future Nutrition Trend Survey). We can look at the strategic measures that public policy and advocacy plan to put into place and introduce these values into the equation as well.

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From Kay Wolf:

I am always deeply honored to be a member of the board as I read your considerate and thoughtful insights to our varying concerns. And for that reason, I must trust future board members to be as thoughtful and considerate as they read the many opportunities that come before them. One of my best moments during FNCE was being at the Management DPG breakfast where a dietitian from Coca Cola spoke and casually described so many great social outcomes of the company. When I read the Monsanto funding opportunity, I

know that I can (and others will) pick at the many outcomes of the company; however the proposed funding is for outcomes that I believe in and would like to support. I would like to know that our profession will be assisting in conducting research and disseminating the information in a usable format. I know that the education systems in other countries do not match ours and the more we can assist with improving the system, the greater nutritional outcomes for many.

Therefore, I agree with Margaret's eloquent response, "I recommend that we move forward in this strategic partnership that has both immediate and long term potential for strengthening our impact on food security and nutritional impact. I look forward to the discussion and appreciate the background reminders."

I look forward to hearing the task force reports, evaluation concepts of programs, and thoughts regarding what the instigation of the proposal would look like.

---Kay Wolf

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From Patricia Babjak:

Hi Sonja,

I agree with you, the feedback from the Board regarding the Monsanto proposal has been very thoughtful. We are collecting all of the comments and will send a response to those specific questions, including your observations related to perception, in advance of next week's Board call.

In my view, the excellent questions raised by Board members do not reflect a lack of a plan, so much as they demonstrate how we perceive Monsanto's "unique brand recognition," in Terri Raymond's phrase.

There are a multitude of potential benefits to be gained by working with industry; the question is whether the Academy pursues these opportunities within our established guidelines, and whether we are transparent and proactive in our communications. Guidelines which require assessing whether a prospective sponsor's reputation aligns with the Academy's mission and goals help assist in identifying sponsors which will be perceived by stakeholders as good fits. A poor fit poses risk impacting the Academy's credibility and may influence negative perceptions.

This is a complicated issue, made more so because the proposal involves an educational grant to the Foundation, specifically supporting the Future of Food initiative, as opposed to a traditional sponsorship agreement with the Academy. It is not aligned with any deliverables (such as FNCE booth space, participation in Nutrition News Forecast, media briefing, culinary demo, HOD speaking opportunity, Journal advertising) that are associated with participation in our Corporate Sponsorship program. For that program, of course, we have created a Board-approved set of guidelines and procedures that govern industry relations. A review of these guidelines and procedures is underway by the Sponsorship Advisory Task Force. Kathy McClusky, as Chair, will provide an update on the task force's work during our Board call.

On a parallel track is the work of the Research and Scientific Affairs group to develop a Scientific Integrity Policy that will provide a platform for all industry support. The proposed document is based on six principles that will cover both internal and external research activities by the Academy:

- Ethical conduct of research and protection of human subjects**
- Publication of research**
- Funder's influence on research question/education content**
- Funding of professional/practice education**
- Funding of public education**
- Disclosure of funding source and conflicts of interest.**

Within the topic of funder's influence on research question/education content, the draft states "The influence of the funder on the research question and methodology must be differentiated and disclosed." This document, therefore, is not intended to address questions of perception but to promote disclosure, transparency and high-quality research practices. The Scientific Integrity document will be discussed and voted upon January 14 by the Council on Research, then sent to the BOD for review and approval. The Sponsorship Task Force is interested in building upon this policy once it has been approved.

Both of these efforts will together help inform development of an overall Academy strategy with regard to the food industry. In terms of my performance objective 7 -- Develop product development, marketing and social responsibility strategies intended to influence the food

industry, we are already moving forward. Affiliate programs, international opportunities, research, Foundation or corporate sponsorship –every potential industry collaboration is considered through the lens of our Strategic Plan and how a particular program will advance it.

The collaborations combine skills, assets and expertise to do well by doing good. Alignment with our mission and vision help with due diligence in safeguarding against imbalance of power. Strict and consistent adherence to our Strategic Plan, to our non-endorsement policy, the Ethics Code, and scientific integrity policy are a few of our accountability mechanisms safeguarding against an imbalance of power and in managing risk.

As you know, very exciting initiatives are underway, with support from ConAgra Foods, Abbott Nutrition, National Dairy Council, General Mills Foundation and Kraft. The Academy's challenge is to better align with, but not impede, the work of affiliates, Dietetic Practice Groups and the Foundation, all of whom have built successful relationships and initiatives with the support of industry.

The House of Delegates can also make valuable contributions to this conversation; Mary Beth Whalen and I spoke with Elise Smith this past Thursday, and we are moving forward with a plan on how to fully engage with the HOD through an upcoming sponsorship issue discussion.

As we build toward the 100th anniversary, the Second Century Plan is an ideal vehicle for developing and launching a comprehensive industry strategy for the Academy. I look forward to continued discussion on this topic when we meet next week.

- Patricia Babjak

225. Re: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL

From: Sonja Connor <connors@ohsu.edu>
To: Patricia Babjak <PBABJAK@eatright.org>
Cc: McClusky, Kathy <KathyMcClusky@IamMorrison.com>, peark02@outlook.com <peark02@outlook.com>, Marcia Kyle <bkyle@roadrunner.com>, Elise Smith <elise@ntrs.com>, Glenna McCollum <glenna@glennamccollum.com>, Margaret Garner <mgarner@cchs.ua.edu>, Aida Miles <miles081@umn.edu>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, Don Bradley <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Terri Raymond <tjraymond@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tracey Bates <tracey.bates@dpi.nc.gov>, Denice Ferko-Adams <denice@healthfirstonline.net>, wolf.4@osu.edu <wolf.4@osu.edu>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
Sent Date: Jan 10, 2015 19:47:02
Subject: Re: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL
Attachment:

Pat, thank you for this detailed information. It is very helpful.

Sonja

Sent from my iPhone

On Jan 10, 2015, at 12:47 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

Hi Sonja,

I agree with you, the feedback from the Board regarding the Monsanto proposal has been very thoughtful. We are collecting all of the comments and will send a response to those specific questions, including your observations related to perception, in advance of next week's Board call.

In my view, the excellent questions raised by Board members do not reflect a lack of a plan, so much as they demonstrate how we perceive Monsanto's "unique brand recognition," in Terri Raymond's phrase.

There are a multitude of potential benefits to be gained by working with industry; the question is whether the Academy pursues these opportunities within our established guidelines, and whether we are transparent and proactive in our communications. Guidelines which require assessing whether a prospective sponsor's reputation aligns with the Academy's mission and goals help assist in identifying sponsors which will be perceived by stakeholders as good fits. A poor fit poses risk impacting the Academy's credibility and may influence negative perceptions.

This is a complicated issue, made more so because the proposal involves an educational grant to the Foundation, specifically supporting the Future of Food initiative, as opposed to a traditional sponsorship agreement with the Academy. It is not aligned with any deliverables (such as FNCE booth space, participation in Nutrition News Forecast, media briefing, culinary demo, HOD speaking opportunity, Journal advertising) that are associated with participation in our Corporate Sponsorship program. For that program, of course, we have created a Board-approved set of guidelines and procedures that govern industry relations. A review of these guidelines and procedures is underway by the Sponsorship Advisory Task Force. Kathy McClusky, as Chair, will provide an update on the task force's work during our Board call.

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- Publication of research
- Funder's influence on research question/education content
- Funding of professional/practice education
- Funding of public education
- Disclosure of funding source and conflicts of interest.

Within the topic of funder's influence on research question/education content, the draft states "The influence of the funder on the research question and methodology must be differentiated and disclosed." This document, therefore, is not intended to address questions of perception but to promote disclosure, transparency and high-quality research practices. The Scientific Integrity document will be discussed and voted upon January 14 by the Council on Research, then sent to the BOD for review and approval. The Sponsorship Task Force is interested in building upon this

policy once it has been approved.

Both of these efforts will together help inform development of an overall Academy strategy with regard to the food industry. In terms of my performance objective 7 -- Develop product development, marketing and social responsibility strategies intended to influence the food industry, we are already moving forward. Affiliate programs, international opportunities, research, Foundation or corporate sponsorship –every potential industry collaboration is considered through the lens of our Strategic Plan and how a particular program will advance it.

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Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

From: Sonja Connor [mailto:connors@ohsu.edu]

Sent: Tuesday, December 30, 2014 3:51 PM

To: 'McClusky, Kathy'; peark02@outlook.com; Marcia Kyle; 'Elise Smith'; Patricia Babjak

Cc: Glenna McCollum; Margaret Garner; Joan Schwaba; Aida Miles; 'Catherine Christie'; dwheller@mindspring.com; 'Don Bradley'; DMartin@Burke.k12.ga.us; Elise Smith; Evelyn Crayton; 'Evelyn Crayton'; 'Glenna McCollum'; Nancylewis1000@gmail.com; Sandra Gill; Terri Raymond; 'Tracey Bates'; 'Tracey Bates'; 'Denice Ferko-Adams'; wolf.4@osu.edu; Executive Team Mailbox

Subject: RE: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL

Hi Everyone,

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Happy New Year!

Sonja

Sonja L. Connor, MS, RDN, LD, FAND

President, Academy of Nutrition & Dietetics

Research Associate Professor

Endocrinology, Diabetes & Clinical Nutrition

Oregon Health & Sciences University, L607

Portland, Oregon 97239

503-494-7775/503-494-3707 (FAX)/971-645-2082 (cell)

connors@ohsu.edu

226. RE: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Sonja Connor' <connors@ohsu.edu>
Cc: 'McClusky, Kathy' <KathyMcClusky@lamMorrison.com>, peark02@outlook.com <peark02@outlook.com>, Marcia Kyle <bkyle@roadrunner.com>, 'Elise Smith' <elise@ntrsyst.com>, Glenna McCollum <glenna@glennamccollum.com>, Margaret Garner <mgarner@cchs.ua.edu>, Aida Miles <miles081@umn.edu>, 'Catherine Christie' <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Don Bradley' <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Evelyn Crayton <craytef@charter.net>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Terri Raymond <tjraymond@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tracey Bates' <tracey.bates@dpi.nc.gov>, 'Denice Ferko-Adams' <denice@healthfirstonline.net>, wolf.4@osu.edu <wolf.4@osu.edu>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
Sent Date: Jan 10, 2015 15:47:55
Subject: RE: Grant Opportunity for Consideration - Please treat this information as CONFIDENTIAL
Attachment:

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Sent: Tuesday, December 30, 2014 3:51 PM

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Research Associate Professor

Endocrinology, Diabetes & Clinical Nutrition

Oregon Health & Sciences University, L607

Portland, Oregon 97239

503-494-7775/503-494-3707 (FAX)/971-645-2082 (cell)

connors@ohsu.edu

227. Eat Right Weekly - December 23, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>
Sent Date: Dec 23, 2014 13:29:54
Subject: Eat Right Weekly - December 23, 2014
Attachment:

Eat Right Weekly
December 23, 2014

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[On the Pulse of Public Policy](#)
[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Save the Date: 2015 Public Policy Workshop

Join nearly 500 of your nutrition and dietetics colleagues June 7 to 9 at the Academy's 2015 Public Policy Workshop in Washington, D.C. This annual food and nutrition advocacy summit is where you can learn how to become the voice of nutrition that Congress trusts. Whether you are new to policy and advocacy or a seasoned professional, there is something for everyone at PPW.
[Learn More >>](#)

CPE Corner

Free for Members: Online Training in Adult Malnutrition

Training in Adult Malnutrition, developed by Abbott Nutrition Health Institute, is a free, online continuing education program designed to enhance the knowledge and skills of providers of care to malnourished patients.

[Learn More >>](#)

Updated Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in the management of chronic kidney disease by enhancing self-management in patients and educating other health professionals. To prepare members in this area, the Academy's Center for Professional Development and the National

Kidney Disease Education Program have updated the Chronic Kidney Disease Nutrition Management online certificate of training program to include the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More >>](#)

New Online Certificate of Training Program: Nutritional Counseling (Level 2)

To help Academy members learn counseling techniques and methodology to support patients' positive behavior change, the Academy's Center for Professional Development presents "Nutritional Counseling (Level 2)," an online certificate of training program.

[Learn More >>](#)

Free Online Learning Module: Leadership - Coaching and Communicating with Confidence

A new one-hour module, offered free to Academy members, will help registered dietitian nutritionists assume leadership roles through mentoring, coaching and communication.

[Learn More >>](#)

Online Certificate of Training Program: Advancing Your Role as Leader (Level 2)

To help members continue their personal growth in leading and mentoring other health professionals, the Academy's Center for Professional Development presents "Advancing Your Role as Leader (Level 2)," an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

New: CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Academy Seeks Media-Savvy RDNs to Join Landmark Spokesperson Program

Are you active in your local news media? Do you have experience being interviewed on TV or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, timely and science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

New eNCPT Is Available

Use the Academy's online eNCPT to access the most current and up-to-date terms for nutrition care and comply with the U.S. Department of Health and Human Services' mandate that clinical terminologies in electronic health record systems must be in SNOMED and LOINC.

[Learn More >>](#)

January 15 Early Renewal Deadline

Renew your Academy membership by January 15, 2015, for the 2015-2016 membership year and save 2 percent on your dues payment. Early renewal is open to Active and Retired category members.

[Learn More >>](#)

March 13 Application Deadline: Diversity Leaders Program

Applications for the Academy's Diversity Leaders program are being accepted until March 13, 2015.

[Learn More >>](#)

SNAP Nutrition Education Kit: 'MyPlate for My Family'

"MyPlate for My Family: SNAP Nutrition Education" is an updated educational kit and a replacement for the nutrition education curriculum "Loving Your Family, Feeding Their Future."

[Learn More >>](#)

Research Briefs

Raise Your Level of Practice

The Academy offers resources to help members raise the level of your practice and demonstrate your effectiveness.

[Learn More >>](#)

Global Nutrition Report

The first comprehensive report on the state of the world's nutrition has been released.

[Learn More >>](#)

New Study Shows Dietitians' Effectiveness

Baseline data has been published in a new study demonstrating the effectiveness of dietitians in the Netherlands.

[Learn More >>](#)

Academy Member Updates

Now Online: 2015 National Candidate Biographical Information

Biographical information for candidates on the Academy's 2015 national ballot has been posted to the Academy's website. Voting for the 2015 election takes place February 1 to 22.

[Learn More >>](#)

FNCE 2015 Call for Abstracts Opens January 1

Have you conducted research in nutrition and dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the 2015 Food & Nutrition Conference & Expo, to be held October 3 to 6 in Nashville, Tenn. Abstracts can be submitted beginning January 1.

[Learn More >>](#)

Watch and Nominate: National Honors and Awards Submission Webinar

View a new webinar that provides information and instructions on nominating individuals for the Academy's 2015 National Honors and Awards. Then submit your nominations.

[Learn More >>](#)

New Home Food Safety Booklet Receives National Award

The Academy's Home Food Safety program received the Bronze Award in the 2014 Association TRENDS All Media Contest - an annual competition for associations, recognizing the most creative and effective communication vehicles developed in the industry over the prior year.

[Learn More >>](#)

Philanthropy, Awards and Grants

January 23 Deadline: \$1 Million Available through Champions for Healthy Kids Grants

Over the past 12 years, the Academy's Foundation and the General Mills Foundation has awarded more than \$6 million in Champions for Healthy Kids grants to nonprofit organizations across the country that promote healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has committed to offering fifty \$20,000 grants totaling \$1 million. Programs must involve the expertise of a registered dietitian nutritionist or a dietetic technician, registered who is a member of the Academy. Applications are due January 23, 2015, at 5 p.m. Central Time.

[Learn More >>](#)

February 1 Application Deadline: Foundation Awards

The Foundation offers awards for continuing education, international and program development awards.

[Learn More >>](#)

April 1 Application Deadline: Colgate Palmolive Fellowship in Nutrition, Oral Health/Dental Education

This \$15,000 grant supports research in nutrition and oral health or dental education. Non-U.S. residents may apply. The application deadline is April 1, 2015.

[Learn More >>](#)

February 1 Application Deadline: Barbara Ann F. Hughes - NEP DPG Continuing Education Award

This award provides \$1,000 educational stipends to attend the Food & Nutrition Conference & Expo for nutrition professionals on the subjects of policy initiatives, advocacy and/or private practice. Preference will be given to members of Nutrition Education for the Public dietetic practice group. The application deadline is February 1, 2015.

[Learn More >>](#)

Kids Eat Right Everyday Heroes

Read about December's Kids Eat Right Everyday Heroes.

[Learn More >>](#)

Food Banks Use GENIE to Strengthen Programs

Congratulations to five Feeding America food banks who are receiving technical support from the Academy's Foundation to enhance their nutrition education programs.

[Learn More >>](#)

Support Your Foundation during the Holiday Season and It Will Be Matched

Academy National Sponsor National Dairy Council will match up to \$20,000 of member contributions in December.

[Learn More >>](#)

Send questions, comments or potential news items >>

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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228. Daily News: Thursday, December 18, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>
Sent Date: Dec 18, 2014 11:11:25
Subject: Daily News: Thursday, December 18, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration

Obesity could make prostate cancer more aggressive, study says

<http://www.foxnews.com/health/2014/12/17/obesity-could-make-prostate-cancer-more-aggressive-study-says/>

Source: *Diet, Nutrition, Physical Activity and Prostate Cancer*

<http://www.aicr.org/continuous-update-project/prostate-cancer.html>

Weigh-in once a week or you'll gain weight

<http://www.sciencedaily.com/releases/2014/12/141217171430.htm>

Source: *PLOS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0113164>

Related Research: *SAGE Open*

-Daily Self-Weighing to Control Body Weight in Adults: A Critical Review of the Literature

<http://sgo.sagepub.com/content/4/4/2158244014556992>

Prediabetes? Get yourself moving, but dont jump immediately to drugs as an answer

http://www.washingtonpost.com/national/health-science/prediabetes-get-yourself-moving-but-dont-jump-immediately-to-drugs-as-an-answer/2014/12/12/316a8782-50ba-11e4-8c24-487e92bc997b_story.html

Related Resources: Academy of Nutrition and Dietetics Praises Stronger Screening Guidelines for Diabetes

http://www.eatright.org/Media/content.aspx?id=6442482663#.VEpfl_nF--0

EAL- Diabetes Prevention

<http://www.anddeal.org/topic.cfm?menu=5344>

Many children, adolescents get too much caffeine from energy drinks

<http://www.sciencedaily.com/releases/2014/12/141217074339.htm>

Source: National Food Institute of Denmark

<http://www.food.dtu.dk/english/News/2014/12/Many-children-and-adolescents-get-too-much-caffeine-from-energy-drinks>

Related Resource: FDA

<http://www.fda.gov/Food/PopularTopics/ucm341968.htm>

Poor Students Eat Healthier Foods at School, Study Finds

Having fruits and vegetables available boosts nutrition for some, researchers say

http://www.nlm.nih.gov/medlineplus/news/fullstory_149990.html

Source: *Preventive Medicine*

<http://www.sciencedirect.com/science/article/pii/S0091743514003727>

USDA/Economic Research Service

Food accounts for 13 percent of American households budgets

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=50245&ref=collection>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Developing Biomarkers of Dietary Intake

<https://clinicaltrials.gov/ct2/show/NCT01237093?term=NCT01237093&rank=1>

Registered Dietitians in the News

Harvard: Low-glycemic foods can help control weight

(Lori Zanini, Academy Spokesperson and Lori Brizee, RD quoted)

<http://www.bendbulletin.com/home/2677785-151/harvard-low-glycemic-foods-can-help-control-weight#>

Only 4 in 10 Americans Eat Heart-Healthy Nuts Each Day, CDC Says

Even fewer consume an amount thought to help curb heart disease, study found

(Danielle Staub RD quoted)

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/only-4-in-10-americans-eat-heart-healthy-nuts-each-day-cdc-says-694705.html>

Source: CDC

<http://www.cdc.gov/nchs/data/databriefs/db176.htm>

Insurance could soon cover eating disorder treatment

(Brittnay Carpenter, RDN quoted)

http://www.kspr.com/news/local/insurance-could-soon-cover-eating-disorder-treatment/21051620_30282876

Healthy Holiday Snacking!

(Linda Farr, RDN featured)

<http://www.kens5.com/story/entertainment/television/great-day-sa/2014/12/16/healthy-holidays/20494515/>

Food and Fitness: Boost your health with Vitamin D this winter

(Kelly Devine Rickert, RD quoted)

http://www.nwitimes.com/niche/get-healthy/health-care/food-and-fitness-boost-your-health-with-vitamin-d-this/article_3c6552a2-5250-545f-801a-3ef1edd34d43.html

More protein, more muscle, better health?

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/286129431.html>

Mayo Clinic provides healthy alternatives to eggnog for holiday season

(Romi Londre, RD quoted)

<http://www.news8000.com/news/mayo-clinic-provides-healthy-alternatives-to-eggnog-for-holiday-season/30277424>

Dutch Baby With Cinnamon Apple Compote: A Christmas morning hit

(By Ellie Krieger, RDN)

http://www.washingtonpost.com/lifestyle/food/ellie-kriegers-dutch-baby-with-cinnamon-apple-compote-a-christmas-morning-hit/2014/12/18/f4cf20ac-84bd-11e4-b9b7-b8632ae73d25_story.html

Six easy ways to boost your fibre at breakfast (no bland bran required)

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/health/six-easy-ways-to-boost-your-fibre-at-breakfast-no-bland-bran-required/article22123591/>

Ottawa Public Health joining voices against homemade baby formula

(Ellen Lakusiak, Dietitian/Canada quoted)

<http://www.cfra.com/news/2014/12/17/ottawa-public-health-joining-voices-against-homemade-baby-formula>

Is it bad to go to bed hungry?

(Susie Burrell, Dietitian/Australia quoted)

<http://www.heraldsun.com.au/lifestyle/health/is-it-bad-to-go-to-bed-hungry/story-fni0diei-1227158564158>

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229. Eat Right Weekly - December 17, 2014

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On the Pulse of Public Policy

January 16 Application Deadline: BUILD Health Challenge

The newly introduced BUILD Health Challenge invites collaborative proposals to be submitted that will identify, highlight and advance new models for improving community health and health equity. Round 1 applications are due January 16, 2015.

[Learn More >>](#)

Save the Date: 2015 Public Policy Workshop

Join nearly 500 of your nutrition and dietetics colleagues June 7 to 9 at the Academy's 2015 Public Policy Workshop in Washington, D.C. This annual food and nutrition advocacy summit is where you can learn how to become the voice of nutrition that Congress trusts. Whether you are new to policy and advocacy or a seasoned professional, there is something for everyone at PPW.

[Learn More >>](#)

CPE Corner

New CPEU Opportunity for Members

Read the Academy's Practice Paper "The Role of Nutrition in Health Promotion and Chronic Disease Prevention" and complete the quiz to earn 1 CPEU credit. There is also a Position Paper on this same topic.

[Learn More >>](#)

Updated Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in the management of chronic kidney disease by enhancing self-management in patients and educating other health professionals. To prepare members in this area, the Academy's Center for Professional Development and the National Kidney Disease Education Program have updated the Chronic Kidney Disease Nutrition Management online certificate of training program to include the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More >>](#)

New Online Certificate of Training Program: Nutritional Counseling (Level 2)

To help Academy members learn counseling techniques and methodology to support patients' positive behavior change, the Academy's Center for Professional Development presents "Nutritional Counseling (Level 2)," an online certificate of training program.

[Learn More >>](#)

New, Free Online Learning Module: Leadership - Coaching and Communicating with Confidence

A new one-hour module, offered free to Academy members, will help registered dietitian nutritionists assume leadership roles through mentoring, coaching and communication.

[Learn More >>](#)

Online Certificate of Training Program: Advancing Your Role as Leader (Level 2)

To help members continue their personal growth in leading and mentoring other health professionals, the Academy's Center for Professional Development presents "Advancing Your Role as Leader (Level 2)," an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Academy Seeks Media-Savvy RDNs to Join Landmark Spokesperson Program

Are you active in your local news media? Do you have experience being interviewed on TV or

radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, timely and science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

Have a Safe and Happy Holiday Season with Home Food Safety Articles, Tips, Videos

The Academy's and ConAgra Foods' Home Food Safety program offers articles, tip sheets, videos and more to ensure a safe holiday season. Share these free, online resources with clients, family and friends.

[Learn More >>](#)

January 15 Early Renewal Deadline

Renew your Academy membership by January 15, 2015, for the 2015-2016 membership year and save 2 percent on your dues payment. Early renewal is open to Active and Retired category members.

[Learn More >>](#)

Resources and Information: MNT Provider

Do you need ICD-10 resources for your small practice? Want tips on negotiating a contract with private payers? Looking for information about the Medicare appeals process? Read the latest issue of *MNT Provider*.

[Learn More >>](#)

March 13 Application Deadline: Diversity Leaders Program

Applications for the Academy's Diversity Leaders program are being accepted until March 13, 2015.

[Learn More >>](#)

March 13 Application Deadline: Diversity Action Award

Applications for the Academy's Diversity Action Award are being accepted until March 13, 2015.

[Learn More >>](#)

Research Briefs

DPBRN Member Profile

As part of a team from the Clinical Nutrition Management dietetic practice group, Susan DeHoog, RD, CD, partnered with the Dietetics Practice Based Research Network to plan and execute the Inpatient Productivity and Staffing Study.

[Learn More >>](#)

What Is Your Nutrition Program Missing? Find Answers with GENIE

Read about the development of the "Guide for Effective Nutrition Interventions and Education" (GENIE) checklist that helps program planners design effective grant proposals, nutrition education programs and interventions, and aids funding agencies in selecting successful projects.

[Learn More >>](#)

Benefits of Label Reading

The Food and Drug Administration's new final rule includes requirements for labeling calorie counts of alcoholic beverages, broad application of menu labeling for restaurants, and more. Read

about the benefits of checking the label.

[Learn More >>](#)

Academy Member Updates

FNCE 2015 Call for Abstracts Opens January 1

Have you conducted research in nutrition and dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the 2015 Food & Nutrition Conference & Expo, to be held October 3 to 6 in Nashville, Tenn. Abstracts can be submitted beginning January 1.

[Learn More >>](#)

2015 Slate of Candidates

The Nominating Committee is pleased to announce the slate of candidates for the Academy's 2015 ballot. Voting will take place February 1 to 22. Thanks to all who participated in the nominations process. Candidates' biographical information will be posted by late December.

[Learn More >>](#)

Submit Nominations for 2015 National Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters through the national Honors and Awards program. Honor a colleague or Academy member who has advanced the dietetics profession, exhibited leadership and shown devotion to serving others in dietetics and in allied fields. An intent to nominate must be filed by January 15, 2015.

[Learn More >>](#)

Philanthropy, Awards and Grants

January 23 Deadline: \$1 Million Available through Champions for Healthy Kids Grants

Over the past 12 years, the Academy's Foundation and the General Mills Foundation has awarded more than \$6 million in Champions for Healthy Kids grants to nonprofit organizations across the country that promote healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has committed to offering fifty \$20,000 grants totaling \$1 million. Programs must involve the expertise of a registered dietitian nutritionist or a dietetic technician, registered who is a member of the Academy. Applications are due January 23, 2015, at 5 p.m. Central Time.

[Learn More >>](#)

Recorded Webcast: Energy Balance at the Crossroads

A recording is now available of "Energy Balance at the Crossroads: Translating the Science into Action," a recent webcast presented by the Academy, ILSI North America, the American College of Sports Medicine and the International Food Information Council Foundation.

[Learn More >>](#)

Farming Infographic

The Academy's Foundation has released a new infographic, "U.S. Farming 101," to increase awareness about who grows our food, how food is grown and how food and nutrition professionals can get involved.

[Learn More >>](#)

February 1 Application Deadline: Abbott Nutrition Alliance Award

This annual award recognizes up to four Academy members, working in a hospital setting, who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The ideal candidate would work as part of an interdisciplinary team with other healthcare professionals. The award will provide a \$1,400 recognition prize for each recipient.

[Learn More >>](#)

Support Your Foundation during the Holiday Season and It Will Be Matched

Academy National Sponsor National Dairy Council will match up to \$20,000 of member contributions in December.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

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230. Daily News & Journal Review: Friday, December 5, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>
Sent Date: Dec 05, 2014 11:00:45
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Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration

Obesity-Related Ills May Shave Up to 8 Years Off Your Life: Study

Excess weight also shortens the time you live free of chronic diseases that lower quality of life, researchers say

<http://consumer.healthday.com/senior-citizen-information-31/misc-death-and-dying-news-172/being-obese-might-shave-almost-a-decade-off-your-life-study-suggests-694355.html>

Source: *Lancet Diabetes & Endocrinology*

[http://www.thelancet.com/journals/landia/article/PIIS2213-8587\(14\)70229-3/abstract](http://www.thelancet.com/journals/landia/article/PIIS2213-8587(14)70229-3/abstract)

Longer Breast-Feeding May Protect Infants at Risk for Obesity

Those who drank mother's milk for less than 2 months were more likely to gain extra weight

<http://consumer.healthday.com/women-s-health-information-34/breast-feeding-news-82/breast-feeding-for-longer-may-protect-infants-at-risk-for-obesity-694218.html>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2014/11/25/peds.2014-1392.abstract>

School lunches packed at home fall short of dietary guidelines

(Students who bring their lunch from home and their parents apparently missed the memo from Congress mandating the mid-day meal meet the Dietary Guidelines for Americans)

<http://www.foodnavigator-usa.com/R-D/School-lunches-packed-at-home-fall-short-of-dietary-guidelines>

Related Resource:...from the publication: *Eat Right Weekly* - December 3

-Open to Public: Dietary Guidelines Advisory Committee Meeting

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452720&mycontentid=6442483148>

Children shouldn't belong to the clean plate club

(New research showed that, if their parents are not around, the average child only eats about 60% of what they serve themselves)

<http://www.medicalnewstoday.com/releases/286393.php>

Source: *International Journal of Obesity*, forthcoming.

<http://www.nature.com/ijo/index.html>

Related Resource: *Journal of the American Dietetic Association*

-Parenting Style and Child Feeding Practices: Potential Mitigating Factors in the Etiology of Childhood Obesity

[http://www.andjrnl.org/article/S0002-8223\(11\)00706-1/abstract](http://www.andjrnl.org/article/S0002-8223(11)00706-1/abstract)

Moderate Exercise After Weight Loss Surgery Reduces Type 2 Diabetes, Heart Disease, And Stroke Risks

<http://www.medicaldaily.com/moderate-exercise-after-weight-loss-surgery-reduces-type-2-diabetes-heart-disease-and-312656>

Source: *Journal of Clinical Investigation*

<http://www.jci.org/articles/view/78016?key=28c4c7d9aa31f149e408>

3-D printing to the rescue of gastronomy for frail seniors

(Researchers are now developing personalised food for elderly people with chewing or swallowing problems, by working on printable versions of meat and vegetables.)

<http://www.sciencedaily.com/releases/2014/12/141204074026.htm>

Hershey may switch to sugar from corn syrup to satisfy consumers

<http://www.chicagotribune.com/business/chi-hershey-recipe-change-20141203-story.html>

New U.S. Kidney Transplant Rules Take Effect

Changes intended to make organ allocation more equitable

<http://consumer.healthday.com/diseases-and-conditions-information-37/misc-kidney-problem-news-432/no-embargo-new-kidney-transplant-rules-take-effect-this-week-694304.html>

Related Resources: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(13\)01791-7/abstract](http://www.andjrnl.org/article/S2212-2672(13)01791-7/abstract)

Renal Nutrition Resources

<https://www.eatright.org/shop/categories.aspx?id=253>

MedlinePlus: Latest Health News

-FDA Issues New Drug Label Rules to Better Inform Pregnant Women

Agency official says labeling changes should help patients 'make critical decisions' about medicine

-How Well You Sleep May Depend on Your Genes, Study Suggests

Scientists pinpoint area of DNA, but difference is only few minutes each night

Nearly 1 in 12 Americans Struggles With Depression, Study Finds
But, just a third of severely depressed people have sought help
<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

How healthy is the food at Metro Airport?

(Cameron Wells, RD quoted)

<http://www.freep.com/story/money/business/michigan/2014/12/05/metro-airport-healthy-food/19920113/>

Source: 2014 Airport Travel Guide

<http://www.pcrm.org/health/diets/airportfood2014/2014-airport-travel-guide/>

Tailgating gets très chic with more sophisticated spreads

(Natalie Webb, RDN quoted)

<http://www.wtop.com/1228/3756422/Take-your-tailgate-to-a-new-level>

Cook Once, Eat Twice Slow Cooker Recipe: Spaghetti and Meatballs and Meatball Pizzas

(Jessica Cox, RD featured)

<http://www.myfoxa1.com/clip/10916245/cook-once-eat-twice-slow-cooker-recipe-spaghetti-and-meatballs-and-meatball-pizzas>

5 holiday tips for a healthier, happier you

(By Jenny Thompson, RD)

<http://www.newtondailynews.com/2014/12/03/5-holiday-tips-for-a-healthier-happier-you/aagwous/>

Can't beat that meat! 84% of vegetarians go back to consuming animals, study finds

(Lisa Young, RD quoted)

<http://www.nydailynews.com/life-style/health/vegetarians-back-meat-new-study-shows-article-1.2033541>

Dalidowitz works to make CCMC a healthier hospital

(Claire Dalidowitz, RD quoted)

<http://www.hartfordbusiness.com/article/20141202/PRINTEDITION/312029981>

Better menu labelling wont keep us from getting fat, but it may be a nudge in the right direction

(By Jennifer Sygo, Dietitian/Canada)

<http://news.nationalpost.com/2014/12/04/jennifer-sygo-better-menu-labelling-wont-keep-us-from-getting-fat-but-it-may-be-a-nudge-in-the-right-direction/>

Peppermint coffee drinks have too much holiday cheer: The Dish

(Shannon Crocker, Dietitian/Canada quoted)

http://www.thestar.com/life/health_wellness/nutrition/2014/12/04/the_dish_peppermint_mochas_and_a_candy_cane_latte.html

Journal Review

***American Journal of Clinical Nutrition*, November 26-December 3, 2014, Online First**

<http://ajcn.nutrition.org/content/early/recent>

- Associations of maternal BMI and gestational weight gain with neonatal adiposity in the Healthy Start study
- Chocolate consumption and risk of diabetes mellitus in the Physicians Health Study
- Habitual sleep duration is associated with BMI and macronutrient intake and may be modified by CLOCK genetic variants

***Annals of Internal Medicine*, December 2, 2014**

<http://annals.org/issue.aspx>

- Diabetes in Midlife and Cognitive Change Over 20 Years: A Cohort Study

***Annals of Nutrition & Metabolism*, November 18, 2014, Online First**

<http://www.karger.com/Journal/Issue/262032>

- The Effect of Early Catch-Up Growth on Health and Well-Being in Young Adults

***Breastfeeding Medicine*, November 25, 2014, Online First**

<http://online.liebertpub.com/toc/bfm/0/0>

- Enhancing Breastfeeding Rates Among African American Women: A Systematic Review of Current Psychosocial Interventions

***British Journal of Nutrition*, November 28, 2014, Online First**

<http://journals.cambridge.org/action/displayJournal?jid=BJN>

- Associations of dietary patterns with the risk of all-cause, CVD and stroke mortality: a meta-analysis of prospective cohort studies
- Effects of the Dietary Approach to Stop Hypertension (DASH) diet on cardiovascular risk factors: a systematic review and meta-analysis

***Clinical Nutrition*, November 18-29, 2014, Online First**

<http://www.sciencedirect.com/science/journal/aip/02615614>

- Predictors of dietitian consult on medical and surgical wards
- Malnutrition is a prognostic factor in patients with hepatocellular carcinoma (HCC)

CyTA - Journal of Food, November 26, 2014, Online First

<http://www.tandfonline.com/action/showAxaArticles?journalCode=tcyt20>

-A review: chemical, microbiological and nutritional characteristics of kefir

Diabetes Care, November 24, 2014, Online First

<http://care.diabetesjournals.org/content/early/recent>

-Infant Feeding in Relation to Islet Autoimmunity and Type 1 Diabetes in Genetically Susceptible Children: The MIDIA Study

European Journal of Nutrition, November 20-30, 2014, Online First

<http://link.springer.com/journal/394/onlineFirst/page/1>

-Effects of regular consumption of different forms of almonds and hazelnuts on acceptance and blood lipids

-Prospective relevance of fruit and vegetable consumption and salt intake during adolescence for blood pressure in young adulthood

European Journal of Preventive Cardiology, December 2014

<http://cpr.sagepub.com/content/21/12.toc>

-Metabolic syndrome, diabetes mellitus, or both and cardiovascular risk in outpatients with or at risk for atherothrombosis

-Low-fat and high-fat dairy products are differently related to blood lipids and cardiovascular risk score

Food and Chemical Toxicology, December 2014

<http://www.sciencedirect.com/science/journal/02786915/74>

-Dietary supplementation with tomato-juice in patients with metabolic syndrome: A suggestion to alleviate detrimental clinical factors

Food Research International, December 2014

<http://www.sciencedirect.com/science/journal/09639969/66>

-Chemical composition, antioxidant activity and sensory evaluation of five different species of brown edible seaweeds

-The effect of milk proteins on the bioaccessibility of green tea flavan-3-ols

-Salivary lipase and -amylase activities are higher in overweight than in normal weight subjects: Influences on dietary behavior

Journal of Human Nutrition and Dietetics, November 25, 2014, Online First

[http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1365-277X/earlyview](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1365-277X/earlyview)

-Building bridges in dietary counselling: an exploratory study examining the usefulness of wellness and wellbeing concepts

***Journal of Nutrition in Gerontology and Geriatrics*, October-December 2014**

<http://www.tandfonline.com/toc/wjne21/current>

- Interventions for Improving Mealtime Experiences in Long-Term Care
- Eating Behaviors, Mental Health, and Food Intake Are Associated With Obesity in Older Congregate Meal Participants
- Calorie Restriction in Overweight Seniors: Response of Older Adults to a Dieting Study: The CROSSROADS Randomized Controlled Clinical Trial

***Journal of Renal Nutrition*, November 25, 2014, Online First**

<http://www.sciencedirect.com/science/journal/aip/10512276>

- Intradialytic Protein Supplementation Reduces Inflammation and Improves Physical Function in Maintenance Hemodialysis Patients

***Lancet*, November 29, 2014**

<http://www.thelancet.com/journals/lancet/issue/current?tab=past>

- Effects of intensive glycaemic control on ischaemic heart disease: analysis of data from the randomised, controlled ACCORD trial

***Morbidity and Mortality Weekly Report (MMWR)*, December 5, 2014**

http://www.cdc.gov/mmwr/mmwr_wk.html

- Announcements: Recommendation Regarding Obesity Prevention and Control Community Preventive Services Task Force

***Nutrition Action Healthletter*, December 2014**

<http://www.cspinet.org/nah/>

(Subscription required)

- Breaking Bad: What you can do to protect your bones
- A Tale of Two Oils: Whats up with canola and coconut?

***Nutrition and Cancer*, November 25-December 1, 2014, Online First**

<http://www.tandfonline.com/action/showAxaArticles?journalCode=hnuc20>

- Oral Nutritional Support Can Shorten the Duration of Parenteral Hydration in End-of-Life Cancer Patients: A Randomized Controlled Trial
- The Consumption of Omega-3 Polyunsaturated Fatty Acids Improves Clinical Outcomes and Prognosis in Pancreatic Cancer Patients: A Systematic Evaluation

***Nutrition & Metabolism*, November 19, 2014, Online First**

<http://www.nutritionandmetabolism.com/content>

- A high-protein diet for reducing body fat: mechanisms and possible caveats

***Nutrition Journal*, November 22-29, 2014, Online First**

<http://www.nutritionj.com/content>

- Protective effect of breastfeeding with regard to children's behavioral and cognitive problems
- Gender differences in the long-term effects of a nutritional intervention program promoting the Mediterranean diet: changes in dietary intakes, eating behaviors, anthropometric and metabolic variables

Nutrition Research, December 2014

<http://www.sciencedirect.com/science/journal/02715317/34/12>

- Dairy food intake is positively associated with cardiovascular health: findings from Observation of Cardiovascular Risk Factors in Luxembourg study

Proceedings of the National Academy of Sciences, December 2, 2014

<http://www.pnas.org/content/current>

- Impact of circadian misalignment on energy metabolism during simulated nightshift work

Public Health Nutrition, November 20-December 3, 2014, Online First

<http://journals.cambridge.org/action/displayJournal?jid=PHN>

- The impact of whole-of-diet interventions on depression and anxiety: a systematic review of randomised controlled trials
- How we eat what we eat: identifying meal routines and practices most strongly associated with healthy and unhealthy dietary factors among young adults
- Pre-pregnancy BMI, gestational weight gain and postpartum weight retention: a meta-analysis of observational studies

Tufts University, Health & Nutrition Letter, December 2014

http://www.nutritionletter.tufts.edu/issues/10_12/

(Subscription required)

- Whole Grains Improve Lipids in Statin
- Low-Carb vs. Low-Fat: Which Is Best?
- 5 Ways Eating Right Makes a Difference for Older Adults

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231. Foundation Board of Directors Information for FNCE

From: Beth Labrador <BLabrador@eatright.org>
To: Carl Barnes <carl@learntoeatright.com>, Constance Geiger <constancegeiger@comcast.net>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Eileen Kennedy <eileen.kennedy@tufts.edu>, Evelyn Crayton <craytef@charter.net>, Jean Ragalie-Carr <jean.ragalie-carr@rosedmi.com>, Kathleen McClusky <KathyMcClusky@IamMorrison.com>, Mary Christ-Erwin <mary.christ-erwin@porternovelli.com>, Sue Cecala <Sue.Cecala@rosedmi.com>, Terri Raymond <tjraymond@aol.com>
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[Student talking points.docx](#)
[FAQ and general info.docx](#)
[Foundation Booth Information.docx](#)
[Corp donor.xls](#)
[2014 FNCE Foundation Event Schedule.docx](#)

FNCE is upon us! We are looking forward to successful events and the opportunity to network and thank Foundation donors and friends.

You will find attached the most up to date version of the Foundation's FNCE event schedule, talking points that can be utilized with members and with students about the Foundation and information about volunteering at the Foundation Booth.

We would like to assign Board Members to some donor cultivation and networking as schedules will permit. Please review the following assignments.

· Please volunteer for one hour during the conference to work the Foundation Booth. This is a great way to cultivate potential new donors. During your hour timeslot at the booth, we will ask you to assist in handing out student stipends and to network with members about the Foundation. Please see the attached information regarding the Foundation Booth. Please let me know when you are available to volunteer at the Booth for a one hour timeslot during the following days/times.

Saturday, October 18

12:00 pm-2:00 pm or 2:00 pm- 4:00 pm

Sunday, October 19

9:30 am -10 am or 11:30 am -1:30 pm or 3:00 pm- 3:30 pm

Monday, October 20

9:30 am-10 am or 11:30-1:30

Tuesday, October 21

11:15 am -12 pm

· **Donate, selfie, share, inspire!**

Stop by the Foundation booth and take a selfie at our selfie wall! We are encouraging FNCE attendees to stop by the booth, learn about the good work the Foundation is doing, make a donation, (any amount will be appreciated), take a “selfie” and then post it to their social media outlets to inspire their friends and colleagues to stop by and make a donation too! If your schedule allows, please stop by on **Saturday** to take a selfie and then share on Facebook and /or Twitter to kick off the meeting and inspire others to do the same.

· **Thank Corporate Donors**

Board members have been assigned to visit corporate donor’s booths in the expo hall to thank them for their support of the Foundation. Please see your specific assignments on the attachment.

Expo hours:

Sunday, October 19: 9 a.m. - 3 p.m.

Monday, October 20: 9 a.m. - 3 p.m.

Tuesday, October 21: 9 a.m. - 1 p.m.

· **Meet and Greet at the Foundation Donor Reception, Sunday, October 19th** . While attending this special event, we ask that you thank attendees for their support of the Foundation. Members of the Eatright Society and State Fundraising Chairs are invited to attend.

Please do not hesitate to contact me with any questions. We appreciate your support and look forward to seeing you in Atlanta! If you have any questions or need to reach me, my cell number is 708-567-8532.

Have a safe trip!

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

232. FNCE DPG/MIG Assignments

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Aida Miles' <aida.miles@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Sonja Connor' <connors@ohsu.edu>, 'Evelyn Crayton' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <denice@healthfirstonline.net>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, 'Christie, Catherine' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tracey Bates' <Tracey.Bates@dpi.nc.gov>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>
Sent Date: Oct 10, 2014 09:00:01
Subject: FNCE DPG/MIG Assignments
Attachment: [image001.png](#)
[BOD General talking points FNCE 2014 1.docx](#)

Thank you for representing the Board of Directors at DPG/MIG events at FNCE. As mentioned earlier this week, we have registered you and notified the DPG or MIG chair. You will be greeted by the chair; if not, please introduce yourself. Attached are general talking points to use as you wish.

Please let me know if you have any questions.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

233. Read FNCE® Highlights Before Heading to Atlanta!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Oct 09, 2014 13:20:23
Subject: Read FNCE® Highlights Before Heading to Atlanta!
Attachment:

Read FNCE® Highlights Before Heading to Atlanta!

Having trouble viewing this e-mail? View it in your browser.

Connect With Us:

FNCE® Highlights provides you with an overview of FNCE® events, activities and news.

FNCE®...There's an App for That!

The **2014 Food & Nutrition Conference & Expo App** is now available for attendees and exhibitors! This FREE app is a great tool for you to use onsite to view session information, access handouts as released by speakers, create your personalized schedule, map out your route on the Expo floor, and much more! Stay up-to-date on the latest announcements during FNCE® with our app! Download it now! Apple users click [here](#). Android users click [here](#).

Academy Booths, Activities and Events

Academy Fellows

Pick up your Fellow of the Academy of Nutrition and Dietetics (FAND) ribbon at the Membership Booth, located on the 4th floor of the Georgia World Congress Center. Place your ribbon under your FNCE® badge and proudly display the recognition you've earned.

Visit the Kids Eat Right Kiosk

Stop by the Kids Eat Right Kiosk Saturday, October 18-Tuesday, October 21 and visit with RDNs to learn about the Foundation's Kid Eat Right and Future of Food initiatives. Learn more about how to access free resources and mini-grants to help you get involved in efforts to promote healthy eating for kids and families. Special visit with RDN Farmer Experts on Monday, October 20 from 8 a.m. - 1 p.m.

Cast your vote to determine the winner of the 2014 *Journal* Photo Contest

Journal of the Academy of Nutrition and Dietetics Booth #1139

Don't forget to pick up your **2015 *Journal* calendar** featuring 12 of the very best photos submitted last year and enter our prize drawing.

Play Nutritional Pursuit at FNCE® 2014

Play the Game | Test Your Nutritional Knowledge | Learn and Win Prizes

Go to www.nutritionalpursuit.org to preview participating companies and trivia questions! This is a fun trivia game for all FNCE® attendees

Check your FNCE® tote bag for your official Nutritional Pursuit game card

Visit each participant's booth to answer a trivia question. Then just bring your validated game card to the *Journal of the Academy of Nutrition and Dietetics* booth #1139 to participate in the prize drawing.

Grand Prize: \$1,500 Travel Award Certificate

2nd Prize: Free Registration for FNCE® 2015

3rd Prize: One Year Free Academy Membership

Free t-shirts to the first 600 to turn in their cards

CPE Spotlight

Benefit from all the educational opportunities available at FNCE®. Over 140 educational sessions in 16 tracks are available to enhance your learning. Check out the offerings in the new Emerging Integrative Approaches for Nutrition and Dietetic Practice educational session track. Also, don't miss out on our keynote speakers, Peter Diamandis, Pamela Jett and Adam Kreek.

Learn about all educational sessions offered

New Insights in the Preoperative Nutrition of Surgical Patients

Sunday, October 19, 8 a.m. 9:30 a.m.

This session will focus on the definition of malnutrition among surgical patients, the clinical and economic impact of malnutrition among these patients, as well as tools to screen, assess and diagnose malnutrition. By identifying patients at risk for nutrition-related complications and designing personalized interventions to reduce those risks, surgical outcomes may be improved. Strategies including immunonutrition and other interventions to build preoperative lean muscle mass will be discussed.

Planned with the Academy National Sponsor: Abbott Nutrition

Explore the Expo

Plan your time in the Expo Hall by visiting the FNCE® Web site and Exhibit Floor plan. Here you will find more than 300 companies listed alphabetically, by booth number or by product category. Prepare for your FNCE® Expo experience:

- Identify the products and services that will provide solutions for immediate or long-range issues you are facing in your job

- Gather company and product information on all of 2014 FNCE® exhibitors
- Learn about products and latest trends in food, nutrition, diabetes management, clinical nutrition, and specialty foods
- Check out our pavilions CA Fresh, Gluten-Free, Natural & Organic, and Diabetes
- Discover advances in computer software and systems
- Continue learning Attend an Expo Briefing on a variety of topics
- Cultivate resources that will help you stay ahead of the competition
- Don't miss the Poster Sessions and Culinary Demonstrations
- Plan questions for company representatives
- Maximize your exhibit time by exploring companies in advance online and on our FNCE® Mobile App!

Give Back

Support the Foundation and Bid on the Silent Auction

Bid on exciting silent auction items including hotel stays, designer purses, spa gift certificates and many more items! The Silent Auction will be located at the Academy Foundation booth located at **Building B, on level 2 of the Georgia World Congress Center**. Funds raised from the silent auction and the other Foundation events allow the Academy Foundation to continue to provide scholarships, research grants and public education campaigns such as Kids Eat Right.

Looking for a way to spend time with friends and colleagues and give back to the local Atlanta community? Volunteer at the Atlanta Community Food Bank Saturday, October 18, 2014, 8:30 11:30 a.m. or 12 3 p.m.

You have the opportunity to give of your time and help the local Atlanta community while at FNCE® by registering to participate in the Academy Foundation's volunteer effort at the Atlanta Community Food Bank. Participants will be working in the Product Rescue Center helping to inspect, sort and pack quality grocery donations. The registration fee for this excursion is \$35 and *includes transportation to and from the food bank, a light snack, a t-shirt and a donation to the Foundation.*

Register for these Foundation events at www.eatright.org/fnce or contact Martha Ontiveros at montiveros@eatright.org or 312-899-4773.

Students at FNCE®

Student Reception

Meet and mingle with fellow dietetic students and interns from all over the country while enjoying complimentary light hors d'oeuvres and soft drinks. Attendees who are 21 years old with valid photo ID will receive one beer/wine ticket.

Student Internship Fair

Sunday, October 19, 2014, 5 p.m. 7 p.m.

Omni at CNN Center in the Grand Ballroom ABC

Obtaining an internship in this competitive landscape can be difficult these days. The student internship fair is designed to help students meet and network with dietetic internship directors from all over the United States. Over 100 internships will have faculty and/or interns available to discuss their program and admission criteria, and to distribute program handouts or brochures. Come prepared with your questions and bring your resume and/or business cards to leave with the internship(s) of your choice.

Presented by Nutrition and Dietetic Educators and Preceptors (NDEP)

What's in Store at FNCE®?

Enter to win one of TEN free new NCM® subscriptions

The Academy is celebrating the 10-year anniversary of the Nutrition Care Manual®. Stop by the FNCE® Store to complete a "10 Fun Facts about NCM®" quiz to enter to win one of TEN free new NCM subscriptions!

10 Fun Facts about NCM.

There's something for everyone at the FNCE® Store

Be sure to visit the FNCE® Store to purchase the newest releases and best-sellers from the Academy including **The Health Professional's Guide to Gastrointestinal Nutrition**. Authors Laura E. Matarese, PhD, RDN, LDB, CNSC, FADA, FAND, FASPEN and Gerard E. Mullin, MD, CNSP, will be at the FNCE® Store on Monday October 20, from 4 5 p.m. to sign your purchased copy.

The Academy's Acquisitions and Development Manager will be at the FNCE® Store on Monday, October 20 from 9 10 a.m. to answer questions about how you can become involved in authoring or reviewing Academy publications.

Follow us at #FNCEStore for other special events and promotions!

A Special Thank You to Academy Sponsors

To advance the Academy's mission of empowering members to be the food and nutrition leaders, the Academy's corporate sponsorship program allows for purposeful collaboration with food and nutrition organizations. The Academy of Nutrition and Dietetics would like to recognize and thank the following Academy Sponsors for their support of FNCE® and the Academy:

•**Academy National Sponsors:** Abbott Nutrition and National Dairy Council®
•**Premier Sponsors:** The Coca-Cola Company Beverage Institute for Health & Wellness; General Mills; Kellogg Company; McCormick; PepsiCo; and Unilever
•**2014 FNCE® Event Sponsors:** Campbell Soup Company; ConAgra Foods and Nature Made®
Keep connected at www.eatright.org/fnce

Share this mailing with your social network:

This FNCE® email was sent to you from the Academy of Nutrition and Dietetics.
If you prefer not to receive future FNCE® emails, simply follow this link to unsubscribe.

You are currently subscribed as: **`dmartin@burke.k12.ga.us`**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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234. FNCE Board Schedule and Exhibit Assignments

From: Joan Schwaba <JSchwaba@eatright.org>
To: Aida Miles <Miles081@umn.edu>, Catherine Christie <c.christie@unf.edu>, Denice Ferko-Adams <denice@wellnesspress.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Don Bradley <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Elise Smith <elise@ntrs.com>, Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Glenna McCollum <glennacac@aol.com>, Kay Wolf <kay.wolf@osumc.edu>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <Connors@ohsu.edu>, Terri J. Raymond <tjraymond@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tracey Bates <tracey.bates@dpi.nc.gov>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Oct 07, 2014 18:31:35
Subject: FNCE Board Schedule and Exhibit Assignments
Attachment: [image001.png](#)
[BOD Packet Final.pdf](#)
[DPG-MIG-Chairs-Chair-Elects-FNCE 2014 10-2-14.xlsx](#)
[Academy National Sponsors Booths at FNCE 2014.docx](#)
[2014 BOD FNCE Schedule 100714 DRAFT2.doc](#)

Attached is the second draft of the Board schedule highlighting FNCE activities which require and/or encourage Board attendance. For those of you who have been assigned to DPG/MIG events, we have registered you and notified the DPG or MIG chair. You will be greeted by the chair; if not, please introduce yourself. Attached is a list of DPG and MIG chairs and chair-elects for reference. A final schedule will be provided onsite.

Just a friendly reminder: the FNCE schedule requests that you extend your appreciation to our exhibitors and sponsors. Attached are your designated assignments for thanking our exhibitors. The assignments are made to ensure all the exhibitors are covered, but it doesn't preclude you from thanking others for their generous support of the Academy's meetings and programs, including FNCE, especially the 12 sponsors who have booths on the exhibit floor. The sponsor booth names and locations are included on the attachments. The Corporate Sponsor Meet and Greet will take place on Saturday, October 18 from 3:00 pm – 3:45 pm in room B315 of the convention center. We hope to see you there!

If you have any questions, please contact me.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

235. Re: International Forum at FNCE

From: Donna Martin <dmartin@burke.k12.ga.us>
To: Babjak, Patricia <PBABJAK@eatright.org>, Bates, Tracey <tracey.bates@dpi.nc.gov>, Bates, Tracey <traceybatesrd@gmail.com>, Bradley, Don <don.bradley@duke.edu>, Christie, Catherine <c.christie@unf.edu>, Connor, Sonja <Connors@ohsu.edu>, Crayton, Evelyn <craytef@aces.edu>, Crayton, Evelyn <craytef@charter.net>, Ferko-Adams, Denice <denice@wellnesspress.com>, Garner, Margaret <mgarner@cchs.ua.edu>, Gill, Sandra <sandralgill@comcast.net>, J.Raymond, Terri <tjraymond@aol.com>, Kyle, Marcia <bkyale@roadrunner.com>, McCollum, Glenna <glenna@glennamccollum.com>, McCollum, Glenna <glennacac@aol.com>, Miles, Aida <Miles081@umn.edu>, Nancylewis1000@gmail.com<Nancylewis1000@gmail.com>, Smith, Elise <easaden@aol.com>, Smith, Elise <elise@ntrsyst.com>, Wolf, Kay <kay.wolf@osumc.edu>, dwheeler@mindspring.com<dwheeler@mindspring.com>, peark02@outlook.com<peark02@outlook.com>
Cc: Acosta, Doris <dacosta@eatright.org>, Gregoire, Mary <mgregoire@eatright.org>, Mailbox, Executive Team <ExecutiveTeamMailbox@eatright.org>, Reidy, Chris <CREIDY@eatright.org>, Steiber, Alison <ASteiber@eatright.org>
Sent Date: Sep 24, 2014 09:01:20
Subject: Re: International Forum at FNCE
Attachment: [unknown_name_dq9gp](#)

Pat, The Academy strikes again! This sounds like an unbelievable opportunity for the Academy. Go team Academy!

Donna S. Martin, EdS, RDN, LD, SNS, FAND
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Patricia Babjak <PBABJAK@eatright.org> 9/23/2014 4:55 PM >>>

The Academy has received a 50K grant from the feedM.E. Global Study Group funded by Abbott Nutrition International to convene a one day forum titled "Linking Nutrition Around the World" taking place in conjunction with FNCE in Atlanta, Georgia on Friday, October 17. This forum is a conference of world nutrition leaders and influencers designed to serve as the groundwork for discussion, collaboration and an understanding of the current nutrition environment internationally. The overall purpose of this forum is to create an assembly where dietetic and nutrition leaders from different developing and emerging countries can:

- Present their expertise on solutions for malnutrition in their regions
- Discuss opportunities for collaboration and development of nutrition networks
- Brainstorm next steps for further interventions

This is yet another example of the Academy's international outreach to collaborate across disciplines with international food and nutrition communities. Alison Steiber will be moderating the forum.

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

236. Re: International Forum at FNCE

From: Christie, Catherine <c.christie@unf.edu>
To: Garner, Margaret <MGarner@cchs.ua.edu>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Aida Miles <Miles081@umn.edu>, Denice Ferko-Adams <denice@wellnesspress.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Don Bradley <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Elise Smith <elise@ntrs.com>, Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Glenna McCollum <glennacac@aol.com>, Kay Wolf <kay.wolf@osumc.edu>, Marcia Kyle <bkyle@roadrunner.com>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <Connors@ohsu.edu>, Terri J. Raymond <tjraymond@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tracey Bates <tracey.bates@dpi.nc.gov>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Sep 23, 2014 20:41:26
Subject: Re: International Forum at FNCE
Attachment:

What a great opportunity to share information and learn from each other!

Sent from my iPad
Catherine Christie, PhD, RDN, LDN, FAND
Associate Dean, Brooks College of Health
University of North Florida

On Sep 23, 2014, at 5:43 PM, Garner, Margaret <MGarner@cchs.ua.edu> wrote:

Kudos to all involved, especially Pat, in making this exciting addition happen.
I continue to be in awe of our volunteers and staff! Just proud to be a small part of all of you.
Margaret

Margaret P. Garner, MS, RD, LD
Asst. Dean, Health Education & Outreach
Interim Executive Director, Student Health Center
Assoc. Prof. Family Medicine

Director, Health Promotion & Wellness
College of Community Health Sciences
The University of Alabama
205-348-7960
<image002.jpg>

From: Patricia Babjak [mailto:PBABJAK@eatright.org]

Sent: Tuesday, September 23, 2014 3:55 PM

To: Aida Miles; Catherine Christie; Denice Ferko-Adams; dwheller@mindspring.com; Don Bradley; DMartin@Burke.k12.ga.us; Elise Smith; Elise Smith; Evelyn Crayton; Evelyn Crayton; Glenna McCollum; Glenna McCollum; Kay Wolf; Marcia Kyle; Garner, Margaret; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill; Sonja Connor; Terri J. Raymond; Tracey Bates; Tracey Bates

Cc: Executive Team Mailbox; Chris Reidy; Mary Gregoire; Alison Steiber; Doris Acosta

Subject: International Forum at FNCE

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Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

<image003.png>

237. RE: International Forum at FNCE

From: Garner, Margaret <MGarner@cchs.ua.edu>
To: Patricia Babjak <PBABJAK@eatright.org>, Aida Miles <Miles081@umn.edu>, Catherine Christie <c.christie@unf.edu>, Denice Ferko-Adams <denice@wellnesspress.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Don Bradley <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Elise Smith <elise@ntrsyst.com>, Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Glenna McCollum <glennacac@aol.com>, Kay Wolf <kay.wolf@osumc.edu>, Marcia Kyle <bkyle@roadrunner.com>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <Connors@ohsu.edu>, Terri J. Raymond <tjraymond@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tracey Bates <tracey.bates@dpi.nc.gov>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Sep 23, 2014 17:43:22
Subject: RE: International Forum at FNCE
Attachment: [image002.jpg](#)
[image003.png](#)

Kudos to all involved, especially Pat, in making this exciting addition happen.

I continue to be in awe of our volunteers and staff! Just proud to be a small part of all of you.

Margaret

Margaret P. Garner, MS,RD,LD
Asst. Dean, Health Education & Outreach
Interim Executive Director, Student Health Center
Assoc. Prof. Family Medicine
Director, Health Promotion & Wellness
College of Community Health Sciences
The University of Alabama
205-348-7960

From: Patricia Babjak [mailto:PBABJAK@eatright.org]

Sent: Tuesday, September 23, 2014 3:55 PM

To: Aida Miles; Catherine Christie; Denice Ferko-Adams; dwheller@mindspring.com; Don Bradley; DMartin@Burke.k12.ga.us; Elise Smith; Elise Smith; Evelyn Crayton; Evelyn Crayton;

Glenna McCollum; Glenna McCollum; Kay Wolf; Marcia Kyle; Garner, Margaret;
peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill; Sonja Connor; Terri J.
Raymond; Tracey Bates; Tracey Bates
Cc: Executive Team Mailbox; Chris Reidy; Mary Gregoire; Alison Steiber; Doris Acosta
Subject: International Forum at FNCE

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Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

238. Re: International Forum at FNCE

From: craytef@charter.net<craytef@charter.net>
To: PBABJAK@eatright.org, Miles081@umn.edu, c.christie@unf.edu, denice@wellnesspress.com, dwheller@mindspring.com, don.bradley@duke.edu, DMartin@Burke.k12.ga.us, easaden@aol.com, elise@ntrs.com, craytef@aces.edu, glenna@glennamccollum.com, glennacac@aol.com, kay.wolf@osumc.edu, bkyle@roadrunner.com, mgarner@cchs.ua.edu, peark02@outlook.com, Nancylewis1000@gmail.com, sandralgill@comcast.net, Connors@ohsu.edu, tjraymond@aol.com, traceybatesrd@gmail.com, tracey.bates@dpi.nc.gov
Cc: ExecutiveTeamMailbox@eatright.org, CREIDY@eatright.org, mgregoire@eatright.org, ASteiber@eatright.org, Doris Acosta <dacosta@eatright.org>
Sent Date: Sep 23, 2014 17:40:02
Subject: Re: International Forum at FNCE
Attachment: [image001.png](#)

Congratulations to all who had a role in bringing this opportunity to the Academy!

T-Mobile. America's First Nationwide 4G Network.

----- Original message-----

From: Patricia Babjak

Date: Tue, Sep 23, 2014 15:55

To: Aida Miles; Catherine Christie; Denice Ferko-Adams; dwheller@mindspring.com; Don Bradley; DMartin@Burke.k12.ga.us; Elise Smith; Elise Smith; Evelyn Crayton; Evelyn Crayton; Glenna McCollum; Glenna McCollum; Kay Wolf; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill; Sonja Connor; Terri J. Raymond; Tracey Bates; Tracey Bates;

Cc: Executive Team Mailbox; Chris Reidy; Mary Gregoire; Alison Steiber; Doris Acosta;

Subject: International Forum at FNCE

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Best regards,

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Patricia M. Babjak

Chief Executive Officer

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120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

239. Re: International Forum at FNCE

From: Nancy Lewis <nancylewis1000@gmail.com>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Aida Miles <Miles081@umn.edu>, Catherine Christie <c.christie@unf.edu>, Denice Ferko-Adams <denice@wellnesspress.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Don Bradley <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Elise Smith <elise@ntrs.com>, Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glennacac@aol.com>, Kay Wolf <kay.wolf@osumc.edu>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <Connors@ohsu.edu>, Terri J. Raymond <tjraymond@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tracey Bates <tracey.bates@dpi.nc.gov>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Sep 23, 2014 17:34:53
Subject: Re: International Forum at FNCE
Attachment:

Pat,
Thanks very much.
This is very exciting.
I look forward to hearing the outcomes and follow up opportunities following this forum.
Thanks Alison and Abbott.

Nancy Lewis, PhD, RDN, FADA, FAND
Past Speaker 2014-2015 House of Delegates
The Academy of Nutrition and Dietetics
Professor Emerita, University of Nebraska, Lincoln
Nancylewis1000@gmail.com

On Sep 23, 2014, at 5:05 PM, " glenna@glennamccollum.com" <glenna@glennamccollum.com> wrote:

Pat:

Thank you for sharing this exciting news and great opportunity during FNCE. I look forward to hearing more as we all prepare for our travels to Atlanta! A very special thanks to Abbott Nutrition

International for their suppo!

Glenna

Dr. Glenna McCollum, MPH, RDN

Past-President 2014-2015

President 2013-2014

The Academy of Nutrition and Dietetics

From: Patricia Babjak [mailto:PBABJAK@eatright.org]

Sent: Tuesday, September 23, 2014 1:55 PM

To: Aida Miles; Catherine Christie; Denice Ferko-Adams; dwheller@mindspring.com; Don Bradley; DMartin@Burke.k12.ga.us; Elise Smith; Elise Smith; Evelyn Crayton; Evelyn Crayton; glenna@glennamccollum.com; Glenna McCollum; Kay Wolf; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill; Sonja Connor; Terri J. Raymond; Tracey Bates; Tracey Bates

Cc: Executive Team Mailbox; Chris Reidy; Mary Gregoire; Alison Steiber; Doris Acosta

Subject: International Forum at FNCE

The Academy has received a 50K grant from the feedM.E. Global Study Group funded by Abbott Nutrition International to convene a one day forum titled "Linking Nutrition Around the World" taking place in conjunction with FNCE in Atlanta, Georgia on Friday, October 17. This forum is a conference of world nutrition leaders and influencers designed to serve as the groundwork for discussion, collaboration and an understanding of the current nutrition environment internationally. The overall purpose of this forum is to create an assembly where dietetic and nutrition leaders from different developing and emerging countries can:

- Present their expertise on solutions for malnutrition in their regions
- Discuss opportunities for collaboration and development of nutrition networks
- Brainstorm next steps for further interventions

This is yet another example of the Academy's international outreach to collaborate across disciplines with international food and nutrition communities. Alison Steiber will be moderating the forum.

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

<image001.png>

240. RE: International Forum at FNCE

From: glenna@glennamccollum.com <glenna@glennamccollum.com>
To: Patricia Babjak <PBABJAK@eatright.org>, Aida Miles <Miles081@umn.edu>, Catherine Christie <c.christie@unf.edu>, Denice Ferko-Adams <denice@wellnesspress.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Don Bradley <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Elise Smith <elise@ntrsyst.com>, Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glennacac@aol.com>, Kay Wolf <kay.wolf@osumc.edu>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <Connors@ohsu.edu>, Terri J. Raymond <tjraymond@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tracey Bates <tracey.bates@dpi.nc.gov>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Sep 23, 2014 17:05:52
Subject: RE: International Forum at FNCE
Attachment: [image001.png](#)

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Glenna

Dr. Glenna McCollum, MPH, RDN

Past-President 2014-2015

President 2013-2014

The Academy of Nutrition and Dietetics

From: Patricia Babjak [mailto:PBABJAK@eatright.org]

Sent: Tuesday, September 23, 2014 1:55 PM

To: Aida Miles; Catherine Christie; Denice Ferko-Adams; dwheller@mindspring.com; Don Bradley; DMartin@Burke.k12.ga.us; Elise Smith; Elise Smith; Evelyn Crayton; Evelyn Crayton; glenna@glennamccollum.com; Glenna McCollum; Kay Wolf; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill; Sonja Connor; Terri J. Raymond; Tracey Bates; Tracey Bates
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Best regards,

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Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

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From: Patricia Babjak <PBABJAK@eatright.org>
To: Aida Miles <Miles081@umn.edu>, Catherine Christie <c.christie@unf.edu>, Denice Ferko-Adams <denice@wellnesspress.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Don Bradley <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Elise Smith <elise@ntrs.com>, Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Glenna McCollum <glennacac@aol.com>, Kay Wolf <kay.wolf@osumc.edu>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <Connors@ohsu.edu>, Terri J. Raymond <tjraymond@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tracey Bates <tracey.bates@dpi.nc.gov>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Sep 23, 2014 16:55:34
Subject: International Forum at FNCE
Attachment: [image001.png](#)

The Academy has received a 50K grant from the feedM.E. Global Study Group funded by Abbott Nutrition International to convene a one day forum titled “Linking Nutrition Around the World” taking place in conjunction with FNCE in Atlanta, Georgia on Friday, October 17. This forum is a conference of world nutrition leaders and influencers designed to serve as the groundwork for discussion, collaboration and an understanding of the current nutrition environment internationally. The overall purpose of this forum is to create an assembly where dietetic and nutrition leaders from different developing and emerging countries can:

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Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

242. Daily News: Thursday, July 10, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>
Sent Date: Jul 10, 2014 11:10:19
Subject: Daily News: Thursday, July 10, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online

Obesity Epidemic Hitting Hispanics Hard, Study Finds

Severe obesity most common among young adults, setting them up for health problems later in life

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/obesity-health-news-505/hispanics-hit-hard-by-obesity-epidemic-689548.html>

Source: *Journal of the American Heart Association*

<http://jaha.ahajournals.org/content/3/4/e000923.abstract>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrn.org/article/S2212-2672\(13\)01181-7/abstract](http://www.andjrn.org/article/S2212-2672(13)01181-7/abstract)

Study Finds Obesity Decline in New York City Students

Minorities, Boys, Poor Children Have Highest Incidence

http://online.wsj.com/articles/study-finds-obesity-decline-in-new-york-city-students-1404958942?mod=rss_Health

Source: *Preventing Chronic Disease*

<http://www.cdc.gov/pcd/>

Exercising Moms-to-Be Have Less Chubby Babies, Study Finds

This could benefit newborns later in life, researcher suggests

<http://consumer.healthday.com/fitness-information-14/misc-health-news-265/active-moms-to-be-have-less-chubby-newborns-study-finds-689599.html>

Source: *Obstetrics & Gynecology*

http://journals.lww.com/greenjournal/Abstract/publishahead/Physical_Activity_in_Pregnancy_and_Neonatal_Body.99413.aspx

Related Resource: *Sports Nutrition: A Practice Manual for Professionals*, Fifth Edition (10% off during the month of July)

<https://www.eatright.org/shop/product.aspx?id=6442468935>

Think fun when exercising and you'll eat less later

<http://www.sciencedaily.com/releases/2014/07/140709095929.htm>

Source: *Marketing Letters*

<http://link.springer.com/article/10.1007%2Fs11002-014-9301-6>

Fighting against hunger, a New York food hub helps food banks across the state

<http://www.csmonitor.com/Business/The-Bite/2014/0707/Fighting-against-hunger-a-New-York-food-hub-helps-food-banks-across-the-state>

Cited: USDA Regional Food Hubs

<http://blogs.usda.gov/2012/04/25/introducing-the-regional-food-hub-guide-an-innovative-tool-for-growing-local-food-systems/>

'Aquatic chicken' could feed billions around the world

(A common fish that was said to have fed thousands in biblical times could feed billions of mouths in the future as food stocks struggle to keep pace with population growth)

<http://www.foodnavigator.com/Market-Trends/Aquatic-chicken-could-feed-billions-around-the-world>

In Quinoa, 'Superfood' Meets 'Gluten Free'

Once-Obscure Peruvian Seed High in Protein and Nutrients but Free of Gluten Is a Perfect Collision of Trends'

<http://online.wsj.com/news/articles/SB20001424052702304642804580018041373535912?mg=reno64-wsj&url=http%3A%2F%2Fonline.wsj.com%2Farticle%2FSB20001424052702304642804580018041373535912.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Comparing the Effectiveness of 2 Diets for Patients With Irritable Bowel Syndrome

<http://clinicaltrials.gov/ct2/show/NCT01624610?term=NCT01624610&rank=1>

Registered Dietitians in the News

Parkland dietitian offers tips to prevent food-borne illnesses

(Sharon Cox, RD quoted)

http://starlocalmedia.com/celinarecord/news/parkland-dietitian-offers-tips-to-prevent-food-borne-illnesses/article_2f82dad2-0781-11e4-b5d1-0019bb2963f4.html

Dietitian offers ideas for healthy children's snacks

(Martha Ross, RD featured)

<http://www.wdbj7.com/news/local/dietician-offers-ideas-for-healthy-childrens-snacks/26840300>

Effects of Alcohol on Health and Limits

(Sheryl Lozicki, RD featured)

<http://www.wzzm13.com/story/life/2014/07/09/alcohol-effects/12403763/>

Want to eat better? Add herbs to your plate

(By Kati Mora, RD)

<http://www.themorningsun.com/lifestyle/20140708/kati-mora-want-to-eat-better-add-herbs-to-your-plate>

ASU student begins 'year of healthy eating' makeover

(Maya Nahra, RD cited)

<https://asunews.asu.edu/20140708-asu-student-healthy-eating>

Food-based therapies becoming mainstream

(By Sheah Rarback, RD)

<http://www.miamiherald.com/2014/07/08/4223705/food-based-therapies-becoming.html>

Fun facts about popcorn

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_26113619/barbara-quinn-fun-facts-about-popcorn

Preserve the Taste of Summer: Dehydrating

(By Rachel Wall, RD)

<http://www.kcrg.com/subject/life/health/preserve-the-taste-of-summer-dehydrating-20140708>

Going off gluten

(Sandy Altizer, RD quoted)

<http://health.heraldtribune.com/2014/07/08/going-gluten/>

Future World Cup glory for Ireland?

(By Cara Cunningham, Dietitian/Ireland)

<http://www.offalyexpress.ie/news/features/future-world-cup-glory-for-ireland-1-6168832>

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The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-30069-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

243. Eat Right Weekly - June 18, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jun 18, 2014 14:28:13
Subject: Eat Right Weekly - June 18, 2014
Attachment:

Eat Right Weekly
June 18, 2014

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On the Pulse of Public Policy

Academy Members Recognized at White House Kitchen Garden Harvest

Lora Gilbert, MS, RD, FADA, SNS, and Dora Rivas, MS, RDN, SNS, public policy chair of the Academy's School Nutrition Services dietetic practice group, joined First Lady Michelle Obama last week in harvesting the summer crop from the White House Kitchen Garden. These Academy members - both school nutrition directors - were recognized for their efforts in bringing healthful school meals to thousands of children.

[Learn More >>](#)

Action Alert: Support National Diabetes Clinical Care Commission Act

The Academy needs members to support the National Diabetes Clinical Care Commission Act through the easy-to-use Action Alert process. This bill solves the problem of dispersed, uncoordinated federal entities working on diabetes issues and establishes a commission to make recommendations for better coordination to leverage federal programs for people with diabetes and prediabetes. The commission, which will include clinical dietitians and other expert practitioners, would also determine how the government could support clinicians in providing high-quality care to people with diabetes.

[Learn More >>](#)

CDC: Diabetes Is On the Rise

According to new data from the Centers for Disease Control and Prevention, more than 29 million people in the United States have diabetes, up from the previous estimate of 26 million in 2010. Another 86 million adults - more than one in three U.S. adults - have prediabetes. The new report reinforces the need for coverage of effective nutrition services provided by registered dietitian nutritionists and dietetic technicians, registered to prevent, manage and treat diabetes.

[Learn More >>](#)

Therapeutic Diet Orders: Can Any Nutrition Professional Order Diets Now?

Recent public relations statements issued by non-credentialed competitors misstated provisions of the Centers for Medicare and Medicaid Services' new rule on therapeutic diet orders, saying the rule "leveled the playing field" between registered dietitian nutritionists and other nutrition professionals. This is not the case. CMS' rule is in accordance with longstanding federal law that has allowed qualified dietitians and qualified nutrition professionals the ability to work in hospitals to provide nutrition services. Under the new rule, hospitals will have the authority to determine who will be privileged.

[Learn More >>](#)

CPE Corner

New, Free Online Learning Module: Leadership - Coaching and Communicating with Confidence

A new one-hour module, offered free to Academy members, will help registered dietitian nutritionists assume leadership roles through mentoring, coaching and communication.

[Learn More >>](#)

New Online Certificate of Training Program: Advancing Your Role as Leader (Level 2)

To prepare members to continue their personal growth in leading and mentoring other health professionals, the Academy's Center for Professional Development presents Advancing Your Role as Leader (Level 2), an online certificate of training program.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self-management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Free Live Webinar: 'U.S. Farming 101'

Building on the Foundation's successful Future of Food continuing professional education webinar series, "U.S. Farming 101" will provide a foundational understanding of farming, with relevant information for nutrition professionals to share with consumers. The July 29 webinar is free for Academy members.

[Learn More >>](#)

New Diabetes Resources

The Academy and the American Diabetes Association have released new resources to assist clients and patients with diabetes.

[Learn More >>](#)

Food Safety at the Grill: New Infographic and More

From safety tips for your cookout to a complete packing list, this new infographic from the Academy's and ConAgra Foods' Home Food Safety program will help your clients stay safe while cooking outdoors.

[Learn More >>](#)

Have You Recently Renewed Your Membership?

Take a moment to review and update your contact and professional demographic information. Log on to your profile in the myAcademy section of the Academy's website. Once you're up to date, take full advantage of exclusive benefits of membership, such as subscriptions to the *Journal of the Academy of Nutrition and Dietetics*, *Food & Nutrition Magazine*, *Daily News* and much more.

[Learn More >>](#)

Exclusive Academy ATIRAccredit Platinum Rewards MasterCard

Join the growing number of Academy members using the Academy Rewards MasterCard - the only rewards card you need.

[Learn More >>](#)

Find a Mentor or Mentee: Academy's eMentoring Program

The Academy's eMentoring Program is designed to easily and accurately match mentors with mentees, while accommodating individuals' unique schedules and communication styles. Free continuing professional education credits are available for both mentors and mentees.

[Learn More >>](#)

Academy Fellows Stand Out Among Peers

The Academy welcomes Fellows conferred between June 1, 2013, and May 31. The FAND designation recognizes members who have distinguished themselves among their colleagues, as well as in their communities, by their service to the dietetics profession and by optimizing health through food and nutrition. Congratulations to all Fellows for representing member excellence at the highest level.

[Learn More >>](#)

Research Briefs

Micronutrient Forum: Nutrition and HIV

More than 1,000 researchers, policy makers, public health workers and clinicians attended the recent Micronutrient Form Global Conference from June 2 to 6 in Addis Ababa, Ethiopia. Representatives of the Academy joined the U.S. Agency for International Development, National Institutes of Health, the NACS (Nutrition Assessment, Counseling and Support) Centers in Uganda and Ethiopia, and the World Food Program as speakers in a panel discussion on nutrition and HIV.

[Learn More >>](#)

Transform Nutrition

Transforming how people think about nutrition and how they act to improve it is the aim of Transform Nutrition, a "consortium of international research partners who use research-based evidence to inspire effective action to address undernutrition."

[Learn More >>](#)

Implementation Research

Development of evidence-based nutrition practice guidelines is extremely important. However, to ensure high-quality care, testing of guidelines is crucial. *Implementation Research: A Synthesis of the Literature*, by Dean L. Fixsen and colleagues, suggests that implementation and testing of guidelines is even more difficult than developing them.

[Learn More >>](#)

Academy Member Updates

Coming in August: First Annual Kids Eat Right Month

Kids Eat Right Month is a nutrition education, information sharing and action campaign created by the Academy, the Foundation and the Kids Eat Right program.

[Learn More >>](#)

Academy Member Receives College Award for Excellence

Trisha Fuhrman, MS, RDN, LD, FAND, received the 2014 Outstanding Alumna Award from the College of Nursing and Allied Health at Nicholls State University.

[Learn More >>](#)

Malnutrition Alliance Wins Public Service Award

"Partnering to Address Hospital Malnutrition: The Alliance to Advance Patient Nutrition" received the 2014 Silver Anvil Award for Public Service from the Public Relations Society of America. The Alliance is a collaboration of the Academy, the American Society for Parenteral and Enteral Nutrition, the Academy of Medical-Surgical Nurses, the Society of Hospital Medicine and Abbott Nutrition.

[Learn More >>](#)

Share Food Safety Education Efforts and Be Eligible to Win \$250

The Partnership for Food Safety Education is conducting an environmental scan of organizations and individuals who work to educate consumers about safe food handling at home. Academy members: Share your stories and be entered to win \$250.

[Learn More >>](#)

Philanthropy, Awards and Grants

\$35,000 Research Grant Available through Foundation

If you are interested in slowing the progression of obesity in children, a one-year grant of up to \$35,000 is available for a research project that explores lifestyle interventions to reduce the risk of childhood obesity. The application deadline is July 1.

[Learn More >>](#)

Why Donate to the Foundation's FNCE Silent Auction?

Research has shown the Silent Auction annually is the most frequently visited area of the Food & Nutrition Conference & Expo. Thanks to generous supporters like you, the Foundation's Silent Auction raised more than \$12,000 at FNCE 2013.

[Learn More >>](#)

Student Stipends Allow Tomorrow's RDNs to Attend FNCE

The Foundation awards student stipends each year to help active Academy student members attend the Food & Nutrition Conference & Expo, thanks to the generosity of dietetic practice groups, affiliates and individual members.

[Learn More >>](#)

Learn About June Everyday Heroes

Visit the Academy Foundation's website to read about June's Kids Eat Right Everyday Heroes.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

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244. Eat Right Weekly - April 30, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Apr 30, 2014 15:38:48
Subject: Eat Right Weekly - April 30, 2014
Attachment:

Eat Right Weekly
April 30, 2014

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On the Pulse of Public Policy

Licensing of Dietetics Must Include Rigorous Standards

As part of the Federal Trade Commission's recent "Examining Health Care Competition" workshop, the Academy submitted comments asserting that licensing of the dietetics profession must include the strong, unambiguous academic and experience requirements. Consumers, patients, insurers and employers rely upon and expect professional standards for all health professionals, including registered dietitian nutritionists and dietetic technicians, registered. The Academy urged FTC to consider the significant evidence base demonstrating RDNs' effective outcomes in providing nutrition services relative to that of other professions.

[Learn More >>](#)

Academy Pushes for Strong School Wellness Policies

The Academy has expressed its strong support of the U.S. Department of Agriculture's proposed rule "Local School Wellness Policy Implementation," detailing strengthened guidelines for local school wellness policies related to nutrition education and physical activity; informing parents about policy content and implementation; and periodically assessing progress and sharing updates as appropriate. One benefit of the rule is enhanced accountability - ensuring parents, students, representatives of the school food authority, physical education teachers, experts such

as registered dietitian nutritionists and school health professionals, the school board, school administrators and the public must be permitted to participate as a part of the wellness policy team in the policy process.

[Learn More >>](#)

New Issue of *MNT Provider*

Learn how recent legislation has affected Medicare medical nutrition therapy reimbursement; the ICD-10 transition deadline; and the future of skilled nursing facility payment by Medicare: Read the latest issue of *MNT Provider*.

[Learn More >>](#)

CPE Corner

May 7 Registration Deadline: AMIA 10x10 Course

Participate in the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, which begins May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo. The course registration deadline is also May 7.

[Learn More >>](#)

May 14 Webinar: 'The Ins and Outs of Food Allergy'

Food allergy is encountered in every area of clinical dietetic practice, but most registered dietitian nutritionists are not confident in addressing their clients' questions and concerns. A May 14 webinar will cover the realm of food allergic disorders including how they present, dietary management and validated client resources. Gain the knowledge and tools you need to approach food allergy with confidence.

[Learn More >>](#)

May 15 Webinar: 'Using Social Media with Kids Eat Right'

Members can use social media to effectively promote Kids Eat Right messages. A May 15 webinar will introduce Kids Eat Right's social media platforms and provide suggestions for using each platform.

[Learn More >>](#)

May 20 Webinar: 'Diet Counseling for People with Diabetes and Kidney Disease'

A May 20 webinar, sponsored by the National Diabetes Education Program and the Diabetes Care and Education dietetic practice group, will demystify the assessment, monitoring and management of diabetic kidney disease and describe clinical tools intended to assist registered dietitian nutritionists in counseling people with diabetes and kidney disease.

[Learn More >>](#)

May 30 Webinar: 'Ins and Outs of the Physician Quality Reporting System (PQRS) for Registered Dietitians'

A free May 30 webinar will provide an overview of PQRS requirements for 2014, including how to report to earn a 2014 incentive and avoid a 2016 penalty. Experts from the Academy and the Centers for Medicare & Medicaid Services will review program criteria and reporting options.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

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[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

New EAL Getting Ready to Launch

The Academy's Evidence Analysis Library is getting a facelift. Features of the new website will include improved organization and easy navigation. More information to come.

[Learn More >>](#)

Membership Renewal Now Open

With benefits, products and services designed to support your continued professional growth and career enhancement, Academy membership is an investment in your future. Dues invoices for the 2014-2015 membership year have been mailed to all current Academy members. To ensure you continue to receive all member benefits without interruption, send your dues renewal payment by June 2.

[Learn More >>](#)

Get a Member, Win a Prize

Help the Academy grow and share the value of membership with friends and colleagues by participating in the 2014 Promoter Program. The more new members you recruit by September 1, the better are your chances of winning prizes such as a Kindle Fire or a year of Academy membership. To get Promoter credit, make sure your recruit enters your name in the "Did someone recommend Academy membership to you?" section of the 2014-2015 Academy Membership Application. Email membership@eatright.org.

Academy Member Updates

Still Time to Celebrate National Preceptor Month

April is National Preceptor Month - a time to recognize and thank practitioners who take the time and make the effort to create the next generation of dietetics professionals by teaching students in their workplace. The Academy is recruiting preceptors, and more are always needed. Join the Find-a-Preceptor Database and make a real difference for students and the profession.

[Learn More >>](#)

Student Advisory Committee

Congratulations to the elected members of the Academy's 2014-2015 Student Advisory Committee.

[Learn More >>](#)

Member Receives University's Highest Award

Academy member Margaret P. Garner, MS, RD, LD, assistant dean for health education and outreach at the University of Alabama College of Community Health Sciences, recently received the university's highest honor, the Algernon Sydney Sullivan Award. The award recognizes "excellence of character, the practical application of noble ideas and service to humanity."

[Learn More >>](#)

Member Receives Distinguished Service Award

Academy member Kay Wolf, PhD, RDN, LD, director of medical dietetics and health sciences at Ohio State University, recently received the university's President and Provost's Award for Distinguished Faculty Service. The award honors faculty members who make extensive contributions to the development and implementation of university policies and programs through non-administrative roles and have made a significant impact on the quality of the university.

[Learn More >>](#)

Is Nutrition the First Step in Addressing Hospital Readmissions?

U.S. News and World Report recently posted an article on how nutrition - education, screening and intervention - may be a simple solution to reduce hospital readmissions. The Academy is cited in the article as one of the leaders in the Alliance to Advance Patient Nutrition.

[Learn More >>](#)

Philanthropy, Awards and Grants

New Issue: *Foundation Matters*

The Spring issue of *Foundation Matters*, the newsletter covering current Academy Foundation activities, is available for download.

[Learn More >>](#)

Kids Eat Right Toolkit: 'Healthy Schools. It's a Team Effort.'

The Kids Eat Right toolkit, "Healthy Schools. It's a Team Effort." is now available. The toolkit, developed with content experts from the School Nutrition Services dietetic practice group, is designed to educate school and community stakeholders about the importance of healthful eating and physical activity for academic success.

[Learn More >>](#)

Join Kids Eat Right Group on LinkedIn

Did you know there's a place for Academy members and Kids Eat Right volunteers to get more involved and discuss topics specifically related to children and Kids Eat Right? There is - and you can join.

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

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Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

Make a Difference in the Dietetics Profession While Renewing Your Academy Dues

Support the Academy Foundation's Annual Fund through the checkoff box on your membership dues renewal form or online. Your support will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right initiative. Please consider a donation to the Academy Foundation of *your* profession by year-end.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

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245. Eat Right Weekly - April 23, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
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[Support School Wellness Policies](#)

The Academy supports the U.S. Department of Agriculture Food and Nutrition Service's proposed regulations to create a framework and guidelines for written local school wellness policies; and the Academy has been working closely with dietetic practice groups and member experts to draft detailed comments in support of the proposed regulations. Given the importance of this proposal and its broad impact, Academy members are encouraged to submit individual comments in support of the proposed rule by April 28.

[Learn More >>](#)

[Schools Eligible to Serve Free School Meals to All Students](#)

As part of the 2010 Healthy Hunger-Free Kids Act, the Community Eligibility provision will allow schools with high poverty rates to serve free school meals to all students and eliminate school meal applications. This provision is set to be implemented in all states by the beginning of the new school year.

[Learn More >>](#)

Bill Would Better Assess Long-Term Fiscal Impact of Policies

U.S. Representatives Reid Ribble (Wis.) and Mark Pocan (Wis.) recently introduced a bipartisan bill in the House that would provide the Congressional Budget Office with tools to conduct better long-term analyses about the costs and benefits of future health care legislation. This new bill complements the Preventive Health Savings Act, legislation for which hundreds of Academy members advocated on Capitol Hill during the 2014 Public Policy Workshop.

[Learn More >>](#)

CPE Corner

April 29 Webinar: 'Successful Synergies'

Get inspired to connect with local organizations to help fight hunger and improve access to healthy foods in your community by hearing many innovative examples of projects big and small. Learn practical tips for forming collaborations that become successful synergies. Understand the important role that health care and food bank partnerships can play in improving the lives of families facing food insecurity. This Academy of Nutrition and Dietetics Foundation webinar is planned with Feeding America through an educational grant from the National Dairy Council.

[Learn More >>](#)

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The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Updated Sports Nutrition Care Manual

The Academy's online Sports Nutrition Care Manual, updated April 14, includes new sections, updated formulary database and additional materials such as 17 new sport-specific educational handouts.

[Learn More >>](#)

RDN Ranks as a Top Job

In its recent ranking of 200 jobs, the registered dietitian nutritionist was named #11 by CareerCast.com. The rankings looked at such factors as hiring outlook, work environment and stress.

[Learn More >>](#)

June 27-29: 30th Annual SCAN Symposium

The Sports, Cardiovascular and Nutrition dietetic practice group will hold the 30th Annual SCAN Symposium from June 27 to 29 in Huron, Ohio. The symposium, "Be a Catalyst for Change: Ignite Your Career and Boost Your Knowledge," will offer up to 35 hours of CPE credits. An advanced-practice workshop will cover topics in sports nutrition, cardiovascular health, wellness and eating disorders/disordered eating. Register before May 10 for early-bird discounts.

[Learn More >>](#)

June 2 Deadline: Submit Abstracts for Consumer Food Safety Education Conference

Abstracts are being accepted for the 2014 Consumer Food Safety Education Conference, to be held December 4 to 5 in Arlington, Va. The conference, sponsored by the Partnership for Food Safety Education (of which the Academy is a member), will provide new ideas to assess the impact of food safety education programs and help consumers identify myths and truths about food safety in social media. This is a great opportunity for Academy members to showcase your work in this important area. The deadline to submit abstracts is June 2.

[Learn More >>](#)

Specialized Certification Available: Certified Eating Disorder Registered Dietitian Nutritionist

The International Association of Eating Disorder Professionals offers a specialized certification for registered dietitian nutritionists and other professional members of the treatment team who work in the field of eating disorders.

[Learn More >>](#)

Academy Membership Renewal Now Open

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[Learn More >>](#)

Free Referral Service: Grow Your Practice

Get your name out to the public: The Academy's online Find a Registered Dietitian Nutritionist referral service is free to Active category members representing their private practice, group practice or employer. Consumers and businesses search this site often to connect with members to provide expertise in food and nutrition.

[Learn More >>](#)

Students: Save on Insurance

Student members can save up to 10 percent on insurance for your car, computer and personal belongings with Liberty Mutual auto and renters policies. You can also benefit from a multi-policy discount, online access to your policy and a free Home Gallery smart phone app that lets you easily catalog your possessions.

[Learn More >>](#)

Academy Member Updates

Nutrition Heroes Videos

"Enhancing Sports Performance"... "Improving Overall Health and Wellness"... "Overcoming Childhood Diabetes"... "Surviving an Eating Disorder"... in these areas and many more, Academy members prove every day that they are the nation's "Nutrition Heroes." The Academy has created videos showing the commitment and creativity of four members who are making a difference in improving the public's health.

[Learn More >>](#)

April 21-25: Every Kid Healthy Week

As part of a national movement concerned about children's health, the Academy is joining organizations dedicated to students' wellness and academic success April 21 to 25 in celebrating Every Kid Healthy Week.

[Learn More >>](#)

Thank You to Preceptors

April is National Preceptor Month. The Academy encourages all members to thank practitioners who volunteer time and effort to create the next generation of dietetics professionals by teaching students in their workplace.

[Learn More >>](#)

Last Call: EAL Needs COPD Experts for Guideline Update

The Academy's Evidence Analysis Library is seeking workgroup members for the Chronic Obstructive Pulmonary Disease Guideline Update.

[Learn More >>](#)

Is Nutrition the First Step in Addressing Hospital Readmissions?

U.S. News and World Report recently posted an article on how nutrition - education, screening and intervention - may be a simple solution to reduce hospital readmissions. The Academy is cited in the article as one of the leaders in the Alliance to Advance Patient Nutrition.

[Learn More >>](#)

Member Highlights Reality of Chronic Diseases' Impact

Academy member Karen Ehrens, RD, LRD, immediate past president of the Academy's Legislative and Public Policy Committee, was featured on Prairie Public Broadcasting discussing the importance of investing time and resources in preventing chronic diseases. Her radio commentary grew from testimony she provided in January to the interim North Dakota Legislature's Health Care Reform Review Committee.

[Learn More >>](#)

Thank You to Academy Sponsors

To help advance the Academy's mission of empowering members to be the food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members, to share science-based information and new research with members and to enable the Academy to reach millions of consumers with healthy eating messages.

[Learn More >>](#)

Philanthropy, Awards and Grants

RD Coaches Help Connect Schools, Community Resources

RD Coaches help connect schools with community resources to enhance the school wellness environment. Energy Balance 4 Kids with Play RD Coaches are working with two West Contra Costa Unified School District Elementary Schools in Richmond, Calif., leading School Wellness Committees and helping schools make school wellness environment changes to meet the criteria for U.S. Department of Agriculture HealthierUS School Challenge awards.

[Learn More >>](#)

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- Patricia A. Obayashi, MS, RD, CDE

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246. Eat Right Weekly - April 9, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
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On the Pulse of Public Policy

Academy Urges FDA Not to Burden Food and Nutrition Research

The Academy has joined a growing number of organizations strongly urging the Food and Drug Administration to withdraw its new guidance requiring Investigational New Drug Applications (INDs) for conventional foods. The new requirement would hinder important research and add significant costs, but FDA identified no problems with existing oversight provided by institutional review boards.

[Learn More >>](#)

Proposed Professional Standards for School Nutrition Personnel Endorsed

The Academy has supported the U.S. Department of Agriculture's proposed professional standards that will ensure all personnel in school nutrition - from state directors to food servers - meet significant academic, experiential and continuing education standards. The Academy encourages USDA to require all personnel to have received food safety training and supports the agency's tiered approach of mandating more rigorous standards as the size of local education agencies increases.

[Learn More >>](#)

Academy Partner Releases Report on Preventing Heart Disease and Stroke

The National Forum for Heart Disease and Stroke Prevention, a coalition of more than 75 organizations including the Academy, has released "The Public Health Action Plan to Prevent Heart Disease and Stroke: Ten-Year Update." The report details progress in preventing cardiovascular disease incidence and risk, and offers a series of actions to realize the full potential impact of these programs.

[Learn More >>](#)

Last-Minute 'Doc Fix' Includes ICD-10 Delay

President Obama recently signed the Protecting Access to Medicare Act of 2014. This law contains two items of interest to registered dietitian nutritionists.

[Learn More >>](#)

How Healthy Is Your County?

The Robert Wood Johnson Foundation recently released an updated edition of its "County Health Rankings," which provides a health snapshot for nearly every county in all 50 states. Learn how your county ranks in 29 factors that influence health, including access to healthy foods, physical activity and more.

[Learn More >>](#)

CPE Corner

April 18 Application Deadline: AMIA 10x10 Course

Join the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, starting May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo. Foundation scholarships are available. Applications are due April 18.

[Learn More >>](#)

April 22 Webinar: 'Addressing Patient Malnutrition to Improve Outcomes and Reduce Hospital Costs'

Malnutrition is common in the hospital setting and can adversely affect clinical outcomes and costs, but it is often overlooked. An April 22 webinar will feature a steering committee member of the Alliance to Advance Patient Nutrition, a partnership of three leading health care organizations including the Academy. The presenter will discuss the growing body of research on hospital malnutrition and the critical role the registered dietitian nutritionist plays in driving interdisciplinary collaboration among the health care team to identify and treat patient malnutrition.

[Learn More >>](#)

April 29 Webinar: 'Successful Synergies'

Get inspired to connect with local organizations to help fight hunger and improve access to healthy foods in your community by hearing many innovative examples of projects big and small. Learn practical tips for forming collaborations that become successful synergies. Understand the important role that health care and food bank partnerships can play in improving the lives of families facing food insecurity. This Academy of Nutrition and Dietetics Foundation webinar is planned with Feeding America through an educational grant from the National Dairy Council.

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Career Resources

April 15 Application Deadline for NNM Award: Students Making a Difference at Schools

The Student Advisory Committee announces the 2014 National Nutrition Month Student Award Program, recognizing local student dietetic associations and clubs that support the mission and vision of the Academy by organizing events in recognition of National Nutrition Month. The deadline to apply for an award is April 15.

[Learn More >>](#)

Updated Student Exam Prep

If you are getting ready to take the Registration Examination for Dietitians, the Academy's Student Exam Prep (StEP) can help. Now including more questions, updated references and links, StEP was updated April 7. This tool can be used to strengthen your exam readiness as you study for the RD exam and serve as a complement to the *CDR Study Guide for the Registration Examination for Dietitians*.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison or nominate yourself.

[Learn More >>](#)

Worksite Wellness Businesses: Share Your Story

The Academy is working with the Alliance for a Healthier Generation to make employers and insurers who work with the Healthier Generation Benefit aware of proven, registered dietitian nutritionist-led worksite wellness programs. Submit your success stories by May 1.

[Learn More >>](#)

April Book of the Month

Save 10 percent during April on the *Academy of Nutrition and Dietetics Pocket Guide to Children with Special Health Care and Nutritional Needs*. This quick reference includes updated information for health care professionals who monitor the nutrition care of children with special health needs, including Down syndrome, autism, cerebral palsy and other conditions.

[Learn More >>](#)

New EAL Project Published

The Evidence Analysis Library's Dietary and Metabolic Impact of Fruit Juice Consumption Project has been published. Topics include weight status and adiposity in children, dietary intake and nutritional adequacy in children, blood lipid levels in adults and markers of antioxidant and oxidant status in adults.

[Learn More >>](#)

Academy Membership Renewal Now Open

Renewing your Academy membership for 2014-2015 is easy.

[Learn More >>](#)

Don't Miss Out: Update Academy Contact Information

Have you recently moved, changed phone numbers or opened a new email account? If so, you may be missing important Academy news, access to exclusive member benefits or publications by mail.

[Learn More >>](#)

New Handouts: Nutrition and Health Apps for Consumers

Two handouts are available as free downloads from the University of Missouri Extension.

[Learn More >>](#)

Academy Member Updates

Member Named University Dean

Academy member Elaine Turner, PhD, has been named dean of the University of Florida College of Agricultural and Life Sciences. Turner had been interim dean of the university's third-largest college since January. Her appointment is effective April 11. "Dr. Turner is a person who gets things done," said the university's senior vice president. "She is organized, she's tireless, she never drops the ball and she's got a career-long commitment to the highest-quality teaching."

[Learn More >>](#)

Food and Nutrition Heroes

Food & Nutrition Magazine's online "Nutrition Heroes" series spotlights Academy members who are making a difference in every aspect of practice, in all parts of the country and around the world.

[Learn More >>](#)

It's National Volunteer Week

April 6 to 12 is National Volunteer Week, dedicated to inspiring, recognizing and encouraging volunteerism. Thanks to all members, especially those who engage in volunteer activities for the Academy and profession. Both are strengthened by your commitment and passion.

Philanthropy, Awards and Grants

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On the Pulse of Public Policy

PPW 2014: More Than 400 Academy Members Stormed Capitol Hill

Following two days of intensive communication training, networking sessions and educational meetings at the Academy's 2014 Public Policy Workshop, more than 400 enthusiastic Academy members stormed Capitol Hill. Members spoke one-on-one with their senators and representatives about intensive behavioral therapy for obesity, prevention programs and nutrition programs for older Americans. A daily PPW newspaper was published, recapping all the events.

[Learn More >>](#)

ANDPAC Raises Over \$26,000 at PPW 2014

Academy members demonstrated record support for the Academy's Political Action Committee ANDPAC at the 2014 Public Policy Workshop by donating \$26,512. Since membership dues cannot be used to fund ANDPAC, the Academy was thrilled by members' generosity and support.

[Learn More >>](#)

Action Alert: Tell Congress to Co-Sponsor Treat and Reduce Obesity Act

Send a letter to your members of Congress to encourage them to sign on to the Treat and Reduce Obesity Act that would allow registered dietitian nutritionists to *independently* bill for obesity counseling to Medicare patients. Please be sure to fill out two action alerts: one for the House and one for the Senate. Help advance our profession by taking action now.

[Learn More >>](#)

Iowa's Legislative Success

The Iowa Academy of Nutrition and Dietetics worked with the Iowa Department of Public Health to update its dietetics licensure statute. Iowa's Consumer Protection Coordinator Karen Klein, MPH, RD, LD, FAND, led the way for revisions to Iowa's licensure statute. Their efforts were finalized when Gov. Terry Branstad signed the bill into law on March 14.

[Learn More >>](#)

CPE Corner

April 8 Webinar: Dietetics Practice Based Research Network - 'Where Have We Been and Where Are We Going?'

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Career Resources

2014 Revised Standards of Practice and Standards of Professional Performance for RDNs

The Academy's Quality Management Committee, with the Sports, Cardiovascular and Wellness Nutrition dietetic practice group, has revised the current standards for registered dietitian nutritionists in sports nutrition and dietetics. The 2014 resource covers 10 standards outlining quality indicators and outcomes and assesses current skill levels for practitioners responsible for optimal health, sports, exercise and physical performance.

[Learn More >>](#)

Attention RDNs and DTRs Who Own Worksite Wellness Businesses

Are you a registered dietitian nutritionist or dietitian technician, registered who has developed and marketed your own worksite wellness program? Do you have documented proven outcomes? If so, the Academy wants to hear from you.

[Learn More >>](#)

New 1500 Claim Form

Beginning April 1, all paper claims to third-party payers must be submitted on the updated 1500 claim form (version 02/12). The biggest changes to the form are the addition of an ICD indicator, an increase in the number of diagnosis codes that can be reported and the removal of several fields.

[Learn More >>](#)

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Academy Membership Renewal Now Open

Renewing your Academy membership for 2014-2015 is easy.

[Learn More >>](#)

Get a Member, Win a Prize

Help the Academy grow by participating in the 2014 Promoter Program and sharing the value of membership with friends and colleagues.

[Learn More >>](#)

Are You Acquainted With Your Student Community?

If you haven't accessed your Student Community recently, you could be missing out on valuable information. Available only to Student category members, the Academy's Community is your resource for scholarship opportunities, event bulletins, student discussion sessions and much more.

[Learn More >>](#)

Academy Member Updates

Proposed Bylaw Amendments

The Academy is proposing two amendments to its bylaws to include an immediate past-treasurer on the Board of Directors and to extend the tenure of public members from two years to three years.

[Learn More >>](#)

April Is National Preceptor Month

National Preceptor Month is the time to recognize and thank the practitioners who take the time and make the effort to create the next generation of dietetics professionals by teaching students in their workplace. Recognize the importance of preceptors and take part in the festivities of National Preceptor Month: Show your appreciation for preceptors throughout the entire month.

[Learn More >>](#)

2014 Outstanding Preceptor Award Winners

The Academy Foundation and the Nutrition and Dietetic Educators and Preceptors dietetic practice group congratulate the 2014 winners of the Outstanding Preceptor Awards. These awards, funded by the Foundation, recognize preceptors for their vital contributions to the profession.

[Learn More >>](#)

Academy Spokespeople for 2014-2017

Ten registered dietitian nutritionists have been named new Academy media spokespeople for 2014-2017, joining eight members who are returning to the program. Spokespeople ensure the Academy is represented in the news media by registered dietitian nutritionists who know and understand the media and are experts at conveying the Academy's healthful eating messages and the expertise of RDNs.

[Learn More >>](#)

National Public Health Week

April 7 to 11 is National Public Health Week. Begun in 1995, this is an opportunity for registered dietitian nutritionists and dietetic technicians, registered to partner with public health agencies. The Academy's Public Health/Community Nutrition Task Force encourages dietetic practice groups, member interest groups and affiliates to get involved. This year's theme is "Public Health: Starts Here."

[Learn More >>](#)

Journal Launches New Author Guidelines

Substantial updates to the *Journal of the Academy of Nutrition and Dietetics'* Information for Authors have been made to create a venue featuring dynamic content for researchers, authors, practitioners, students and the dietetics and allied health care communities.

[Learn More >>](#)

Philanthropy, Awards and Grants

Parents from 20 Iowa School Districts Participate in Empowerment Workshops

Over the past two years, the Academy Foundation and Iowa Department of Education Team Nutrition have collaborated on the Meet the Challenge! project through educational funding from USDA Team Nutrition. Registered dietitian nutritionists have worked with 70 schools to improve school wellness environments and to submit applications for USDA's prestigious HealthierUS School Challenge awards. This year, RDNs are leading 20 parent workshops throughout the state to empower parents to be champions of school wellness.

New Issue: *Foundation Matters*

The Spring issue of *Foundation Matters*, the newsletter covering current Academy Foundation activities, is available for download.

[Learn More >>](#)

New Webinar Recordings Available to Public

Two recent webinars have been added to the Foundation's website site for public viewing: "Making an Impact with Food Insecure Populations" and "GENIE: Your Nutrition Education Wishes Have Been Granted!"

[Learn More >>](#)

Academy/CDR Simulation Research Fellowship

This award, funded by the Commission on Dietetic Registration, will provide a one-year, full-time research fellowship in the field of simulation-based dietetics education to a registered dietitian nutritionist who has completed a master's or doctoral degree. This position has the potential for extension into a second year, pending funding and satisfactory completion of Year 1.

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

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[Learn More >>](#)

Make a Difference While Renewing Your Membership

I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.

- Patricia A. Obayashi, MS, RD, CDE

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

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248. Eat Right Weekly - March 26, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 26, 2014 14:55:29
Subject: Eat Right Weekly - March 26, 2014
Attachment:

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On the Pulse of Public Policy

PPW Starts Sunday

Hundreds of Academy members are traveling to Washington, D.C., this coming weekend for the 2014 Public Policy Workshop. Attendees will gain top-notch communication skills, leadership training and connections with nutrition experts from around the country.

[Learn More >>](#)

Two Kids Eat Right Members Will Attend PPW

Congratulations to Allison Childress, MS, RDN, CSSD, LD, and Lauri Wright, PhD, RD, LD, who were selected to attend the Academy's 2014 Public Policy Workshop as Kids Eat Right program members.

[Learn More >>](#)

To Improve Meals, Schools Need New Equipment

Agriculture Secretary Tom Vilsack, with Academy member Jessica Donze Black, MPH, RD, of the Pew Charitable Trusts' Kids' Safe and Healthful Foods Project, announced the release of a new report that details state-by-state data on how schools are doing with implementation of the new

nutrition standards. The research finds schools would be better able to serve meals that meet nutrition requirements if investments were made in new equipment.

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CPE Corner

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April 18 Deadline: AMIA 10x10 Course Begins May 7

Join the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, starting May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo. Foundation scholarships are available. Applications are due April 18.

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[Learn More >>](#)

Career Resources

Still Time to Place National Nutrition Month Orders

A selection of National Nutrition Month promotional products is available for purchase, including T-shirts, kitchen utensils and drinkware. Help spread the word of "Enjoy the Taste of Eating Right."

[Learn More >>](#)

Celebrate National Nutrition Month with *Student Scoop*

The March issue of *Student Scoop*, the e-newsletter specifically for student members, is now available. You'll find important tips on getting the most out of your internship, how to grow and leverage your dietetics network and more.

[Learn More >>](#)

New Issue: *MNT Provider*

Learn about changes to the outpatient dialysis payment system, get ideas on using the National Nutrition Month message to market your medical nutrition therapy services and find out more about scrutiny for malnutrition hospital claims in the new edition of *MNT Provider*.

[Learn More >>](#)

Free Fact Sheets Cover Research Essentials

The Dietetic Practice Based Research Network covers hot topics in human subjects research in three new fact sheets. Available online for free, the fact sheets provide information on "Institutional Review Board," "Informed Consent" and "Vulnerable Populations." They are an excellent primer or refresher for students, evaluators and researchers.

[Learn More >>](#)

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Members Participate in Research to Advance the Profession

Academy member Mary Beth Kavanagh, MS, RDN, LD, used the Dietetics Practice Based Research Network's broad member base to find participants for a pilot study on cultural and linguistic competency. Learn how she collaborated with DPBRN and how you can, too.

[Learn More >>](#)

Webinar Series: Preventing Antibiotic Overuse in Animal Agriculture

A three-part webinar series, "How Health Care Can Prevent Antibiotic Overuse in Animal Agriculture," is being offered by Health Care without Harm, an international coalition including health care systems, hospitals and medical professionals. The webinars will focus on emerging science of farm practices and federal policy, clinical advocacy and success stories of hospital foodservice systems.

[Learn More >>](#)

Academy Member Updates

On a Billboard Near You: Kids Eat Right

More than 60 electronic billboards across the United States are featuring the messages of Kids Eat Right, the joint initiative of the Academy and the Foundation. The billboards have a projected viewing audience of more than 4.6 million impressions.

[Learn More >>](#)

April 15 Deadline: Apply for NNM Award - Students Making a Difference at Schools

The Student Advisory Committee announces the 2014 National Nutrition Month Student Award Program, recognizing local student dietetic associations and clubs that support the mission and vision of the Academy by organizing events in recognition of National Nutrition Month. The deadline to apply for an award is April 15.

[Learn More >>](#)

Academy Membership Renewal Now Open

Renewing your Academy membership for 2014-2015 is easy.

[Learn More >>](#)

IOM Global Forum on Innovation in Health Professional Education Workshop

The Institute of Medicine Global Forum on Innovation in Health Professional Education will hold a workshop May 1 to 2 on "Scaling Up Best Practices in Community-based Health Professional Education." Presenters will include Kathryn M. Kolasa, PhD, RD, LDN, the Academy's alliance representative serving on the planning committee.

[Learn More >>](#)

Philanthropy, Awards and Grants

Energy Balance 4 Kids with Play: Empowering Teachers in California Schools

Energy Balance 4 Kids with Play RD Coaches are working with kindergarten-through-sixth-grade students in two West Contra Costa Unified School District elementary schools in Richmond, Calif. RD Coaches are leading School Wellness Committees to enhance the school wellness environment, and the committees are taking action steps towards meeting USDA's HealthierUS School Challenge criteria.

[Learn More >>](#)

April 1 Deadline: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance advanced-practice residency programs that meet ACEND's guidelines. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply. Funds may be used for startup costs, program materials, staffing, salary deferment, promotion and advertising and student fees. Preapproval by ACEND is required to be eligible for funding. The application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Pittsburgh Dietetic Association Leadership Development Award

This award was established to recognize emerging leaders among graduates of supervised practice programs and to encourage their participation in Academy activities. The award will cover expenses up to \$1,000 for a qualified applicant to attend the Academy's 2014 Food & Nutrition Conference & Expo. Applicants must be a resident of Pennsylvania or student or graduate of a Pennsylvania program. Application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Foundation Research Grant

The Foundation's named research funds are available annually to Academy members at all levels of practice. These grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline for research grants is April 1.

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[Learn More >>](#)

Make a Tribute Gift during National Nutrition Month

Honor a mentor while making a gift to your Foundation. This is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession. Your friend, colleague or loved one's family will be notified of your thoughtfulness through a personalized acknowledgement card. To donate to the Tribute Gift Program, contact Martha Ontiveros at 312/899-4773 or montiveros@eatright.org.

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To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
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Subject: Eat Right Weekly - March 19, 2014
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[Eat Right Weekly](#)

On the Pulse of Public Policy

PPW Registration Closes Friday, March 21

Register by Friday, March 21, to secure your spot at the Academy's 2014 Public Policy Workshop, the world's largest food and nutrition policy and advocacy summit. More than 500 attendees will gain top-notch communication skills, leadership training and connections with top nutrition experts from around the country. Launch your career at PPW.

[Learn More >>](#)

Farm Bill Implementation Means Opportunities for RDNs and DTRs

The Farm Bill, which provides authorization and funding for many nutrition programs, requires the U.S. Department of Agriculture to flesh out many of the details for these programs and grant opportunities. USDA is in the midst of holding listening sessions on 12 areas of Farm Bill implementation over the next two weeks. The Academy has attended three sessions that discussed programs that offer future opportunities for to registered dietitian nutritionists and dietetic technicians, registered.

[Learn More >>](#)

Academy Works to Improve Nutrition and Physical Activity of WIC Participants

The Academy has provided the U.S. Department of Agriculture with suggestions for improving a planned study of nutrition education for participants in the Special Supplemental Nutrition Program for Women, Infants and Children (WIC). The study will include a pilot study of the impact of WIC nutrition education on nutrition and physical activity behaviors, and the Academy highlighted issues that need to be resolved to do so and shared strategies for improving outcomes data.

[Learn More >>](#)

RDN Day Declared in California

California Assembly Member Dr. Richard Pan signed a resolution declaring March 12 Registered Dietitian Nutritionist Day in California. Eleven members of the California Dietetic Association's Northern Area District attended the ceremony and were photographed in the Assembly Chambers with Dr. Pan holding the RDN Day proclamation. After the ceremony, attendees were treated to a continental breakfast in Dr. Pan's office.

[Learn More >>](#)

S.C. Academy of Nutrition and Dietetics Celebrates National Nutrition Month and Public Policy

More than 25 members of the South Carolina Academy of Nutrition and Dietetics participated in the affiliate's State Public Policy Day, March 5 at the capitol in Columbia. At the meeting SCAND learned of reimbursement opportunities for Academy members and discussed the development of their Public Policy Partners Program.

[Learn More >>](#)

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Career Resources

March 24 Webinar: "Making an Impact with Food Insecure Populations"

Gain a real understanding of families facing food insecurity and the many obstacles they encounter every day; learn how to make nutrition messages fit their needs; and access new resources for successfully helping food insecure families adopt healthy lifestyles in a free March 24 webinar.

[Learn More >>](#)

March 26 Webinar: "GENIE: Your Nutrition Education Wishes Have Been Granted!"

The newly released Guide for Effective Nutrition Interventions and Education (GENIE) is an easy-to-use resource for program planners and program evaluators developed by the Academy and the Foundation. A free March 26 webinar will show practitioners how GENIE can help plan effective, sustainable nutrition education programs that positively affect their patients, clients and communities.

[Learn More >>](#)

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[Learn More >>](#)

Academy Platinum Rewards MasterCard

The Academy is always seeking new ways to add more value to membership, working hard to build partnerships that make more products and services available to members. The latest initiative is a partnership with ATIRACredit to offer members a Platinum Rewards MasterCard.

[Learn More >>](#)

Get Acquainted with Your Student Community

If you haven't accessed your Student Community recently, you could be missing out on valuable information.

[Learn More >>](#)

Medicare's Physician Quality Reporting System Has Changed: Have You?

If you are a Medicare provider who bills using the CMS-1500 form, you should be participating in the Physician Quality Reporting System (PQRS) to avoid future reductions in your Medicare payments. The Centers for Medicare and Medicaid Services (CMS) has made several changes in PQRS reporting requirements this year that have a significant impact on registered dietitian nutritionists.

[Learn More >>](#)

New Celiac Disease Nutrition Guide

Fully updated to include new Food and Drug Administration gluten-free labeling rule information, this is the essential guide for people diagnosed with celiac disease, dermatitis herpetiformis or non-celiac gluten sensitivity. It outlines how to follow a gluten-free diet, identify food products and medications that might contain gluten, shop for gluten-free products and more.

[Learn More >>](#)

Food Safety for College Students

The Home Food Safety program - a collaboration between the Academy and ConAgra Foods - offers a new series to help college students reduce their risk of food poisoning. Share food safety tips with clients, family and friends geared toward college life.

[Learn More >>](#)

Academy Member Updates

CMS Promoted MNT Benefit during National Nutrition Month

For the sixth consecutive year, the Centers for Medicare & Medicaid Services shared a message to providers during National Nutrition Month to promote the Medicare MNT benefit. The message encourages physicians to explore the benefits of medical nutrition therapy for patients with diabetes and renal disease.

[Learn More >>](#)

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[Learn More >>](#)

New Member Interest Group: Asian Indians in Nutrition and Dietetics

Starting June 1, the Academy will offer its tenth member interest group. Asian Indians in Nutrition and Dietetics will empower members to be leaders in cultural, evidence-based practices for people of Indian origin. This MIG will utilize an online format; dues are \$5 each membership year. All Academy members are encouraged to consider joining for 2014-2015.

[Learn More >>](#)

Get a Member, Win a Prize

Help the Academy grow by participating in the 2014 Promoter Program - share the value of membership with friends and colleagues. The more new members you recruit by September 1, the better your chances of winning prizes such as a Kindle Fire or a year of Academy membership. To get Promoter credit, make sure your recruit enters your name in the "Did someone recommend Academy membership to you?" section of the 2014-2015 Academy membership application.

[Learn More >>](#)

2014-2015 Student Advisory Committee Candidates

The Student Advisory Committee's Nominating Committee has submitted a slate of candidates for the 2014-2015 SAC. In accordance with Nominating Committee guidelines, this is a single-slate election, with all candidates chosen by the Nominating Committee.

[Learn More >>](#)

Member Honored by Alabama Association

Academy member Dianne Lollar, MPH, RD, LD, chair-elect of the Hunger and Environmental Nutrition dietetic practice group, will receive the 2014 Frederick S. Wolf Award on April 9 from the

Alabama Public Health Association. The award recognizes an individual who has been active in public health at the community level for more than 10 years; who selflessly gives back to the community; and is efficient, dedicated and professional in delivering public health services.

RDN Day and Contest Winner Spotlighted in Times Square

In celebration of Registered Dietitian Nutritionist Day and the 2014 National Nutrition Month theme "Enjoy the Taste of Eating Right," members shared their most meaningful experiences in providing health and nutrition services as an RDN. For the second annual Registered Dietitian Nutritionist Day contest, members were asked: "How do you help clients enjoy the taste of eating right?" More than 200 members sent thoughtful and inspirational testimonials. The winner of the 2014 contest is Crystal Kwan, MPH, RD.

[Learn More >>](#)

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Enjoying the taste of eating right doesn't need to be complicated. To help consumers learn easy ways to make flavorful foods part of their nutritious eating plan, the Academy has added two new videos to its online consumer series.

[Learn More >>](#)

Videos Honor Academy's Nutrition Heroes

The Academy has selected four registered dietitian nutritionists to be part of a new video campaign, *Showcasing our Nutrition Heroes*. The campaign highlights the many ways RDNs positively affect the lives of their patients and clients. The videos were produced in connection with Registered Dietitian Nutritionist Day on March 12.

[Learn More >>](#)

Thank You to Academy Sponsors

To help advance the Academy's mission of empowering members to be the food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members; to share science-based information and new research with members; and to enable the Academy to reach millions of consumers with healthy eating messages.

[Learn More >>](#)

Philanthropy, Awards and Grants

New Toolkit for National Nutrition Month: 'Healthy Schools. It's a Team Effort.'

The newest Kids Eat Right toolkit, "Healthy Schools. It's a Team Effort," is now available. The toolkit was developed with content experts from the School Nutrition Services dietetic practice

group to educate school and community stakeholders about the importance of healthy eating and physical activity for academic success.

[Learn More >>](#)

Kids Eat Right Everyday "Hunger" Heroes

Learn about Kids Eat Right's National Nutrition Month Everyday "Hunger" Heroes.

[Learn More >>](#)

April 1 Deadline: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance advanced-practice residency programs that meet ACEND's guidelines. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply. Funds may be used for startup costs, program materials, staffing, salary deferment, promotion and advertising and student fees. Preapproval by ACEND is required to be eligible for funding. The application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Pittsburgh Dietetic Association Leadership Development Award

This award was established to recognize emerging leaders among graduates of supervised practice programs and to encourage their participation in Academy activities. The award will cover expenses up to \$1,000 for a qualified applicant to attend the Academy's 2014 Food & Nutrition Conference & Expo. Applicants must be a resident of Pennsylvania or student or graduate of a Pennsylvania program. Application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Foundation Research Grant

The Foundation's named research funds are available annually to Academy members at all levels of practice. These grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline for research grants is April 1.

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[Learn More >>](#)

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Honor a mentor while making a gift to your Foundation. This is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession. Your friend, colleague or loved one's family will be notified of your thoughtfulness through a personalized acknowledgement card. To donate to the Tribute Gift Program, contact Martha Ontiveros at 312/899-4773 or montiveros@eatright.org.

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[Send questions, comments or potential news items >>](#)

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Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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250. Development Committee Meeting Follow-up

From: Beth Labrador <BLabrador@eatright.org>
To: 'robert murray' <MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'TJRaymond@aol.com'
<TJRaymond@aol.com>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Mar 14, 2014 17:42:55
Subject: Development Committee Meeting Follow-up
Attachment: [image001.png](#)
[Development Committee Meeting Next Steps.docx](#)
[Development Committee Meeting Notes.docx](#)

Hi. Happy (almost) spring! I have attached the notes and the next steps from our Development Committee Meeting last month. Thank you so much for making the trip to Chicago. Donna, we really missed you and look forward to your participation during our upcoming call! I have incorporated the notes that Bob took during the meeting as well notes from a follow-up discussion with Donna. Teri will be presenting a report on this committee's activities during the Board call next week. We would like to schedule a call with this Committee to talk about next steps, specifically taking a closer look at donor trends, reviewing a more condensed list of a lapse donors and identifying "hooks" for the groups indentified as the lowest hanging fruit. I will send some potential dates for our call next week to check everyone's availability. In the meantime, please do not hesitate to contact me with any questions.

Thank you again for your willingness to serve on this committee.

Have a great weekend.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

251. Daily News: Thursday, March 13, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 13, 2014 11:01:35
Subject: Daily News: Thursday, March 13, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

RDN Day Contest

Promoting RDNs Far and Wide, and in Times Square!

The winner of the second annual Registered Dietitian Nutritionist Day contest is Crystal Kwan, RD, of Pasadena, Calif.

<http://www.eatright.org/NNM/content.aspx?id=6442474444&terms=RDN>

Large waist linked to poor health, even among those in healthy body mass index ranges

<http://www.sciencedaily.com/releases/2014/03/140312114559.htm>

Source: *Mayo Clinic Proceedings*

[http://www.mayoclinicproceedings.org/article/S0025-6196\(13\)01040-9/abstract](http://www.mayoclinicproceedings.org/article/S0025-6196(13)01040-9/abstract)

Scientists Spot New Obesity Gene

Finding could also help efforts to find ways to treat diabetes

(Although the research showed an association between the gene and obesity, it did not prove a cause-and-effect link)

<http://consumer.healthday.com/health-technology-information-18/genetics-news-334/scientists-spot-new-obesity-gene-685688.html>

Whole-Genome Scans Not Quite Ready for Widespread Use: Study

Tests are promising but not yet reliable enough, experts say

<http://consumer.healthday.com/cancer-information-5/breast-cancer-news-94/whole-genome-testing-not-ready-for-widespread-use-685689.html>

Source: *JAMA*

<https://jama.jamanetwork.com/article.aspx?articleid=1840236>

Related Editorial

<https://jama.jamanetwork.com/article.aspx?articleid=1840218>

Related Resource: Position of the Academy of Nutrition and Dietetics: Nutritional Genomics
[http://www.andjrn.org/article/S2212-2672\(13\)01783-8/abstract](http://www.andjrn.org/article/S2212-2672(13)01783-8/abstract)

Claim that raw milk reduces lactose intolerance doesn't pass smell test, study finds

<http://www.sciencedaily.com/releases/2014/03/140310182831.htm>

Source: *Annals of Family Medicine*

<http://www.annfam.org/content/12/2/134>

Related Resource: FDA

<http://www.fda.gov/Food/ResourcesForYou/consumers/ucm079516.htm>

Checkout grocery data used to track eating habits to promote healthier diets

<http://www.medicalnewstoday.com/releases/273913.php>

Source: *Ann N Y Acad Sci*

<http://www.ncbi.nlm.nih.gov/pubmed/24528113>

Crumbs can be a cook's best friend

The more you know about them, the more you can make them work for you in the kitchen

http://articles.chicagotribune.com/2014-03-08/features/sc-food-0307-crumbs-20140308_1_maillard-reaction-acids-and-sugars-herbs

From ancient wisdom to the new transparency: Trend spotting at Expo West

(The natural products market continues to grow and achieve scale, reaching \$150 billion last year and projected to hit \$226 billion by 2018 with 68% of that coming from food and beverage products, according to the Nutrition Business Journal)

<http://www.foodnavigator-usa.com/Markets/From-ancient-wisdom-to-the-new-transparency-Trend-spotting-at-Expo-West>

Glucosamine: No cure for knee pain or deterioration, study says

<http://www.chicagotribune.com/health/la-glucosamine-no-cure-for-knee-pain-cartilage-deterioration-20140310,0,146635.story>

MedlinePlus: Latest Health News

-Obese Girls Prone to Poorer Grades, Study Suggests

Researchers found weight at age 11 linked to academic success

-U.S. Could Face Shortage of Cancer Doctors

Gap projected to reach nearly 1,500 specialists in a decade, American Society of Clinical Oncology cautions

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported

clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Primary Care Community Partnerships to Prevent Diabetes (RAPID)

<http://www.clinicaltrials.gov/ct2/show/NCT00656682?term=dietitian&rank=4>

Registered Dietitians in the News

11 simple weight loss tips

(Dawn Jackson Blatner, RD quoted)

<http://www.cnn.com/2014/03/12/health/jessica-simpson-weight-loss/index.html?iref=allsearch>

Greek Yogurt Recipes

(Sheryl Lozicki, RD featured)

<http://archive.wzzm13.com/video/default.aspx?bctid=3330638619001&odyssey=mod|newswell|text|FRONTPAGE|featured>

Good Nutrition Starts at the Grocery Store

(Sharon Richter, RD quoted)

http://www.ny1.com/content/lifestyles/wellness_report/205150/good-nutrition-starts-at-the-grocery-store

Top Nutrition Questions Answered- RDN Day

(Jen Haugen, RD quoted)

<http://www.kaaltv.com/article/stories/S3357391.shtml?cat=10219>

All About You: Fast Food Replacements, Healthy Choices

(Michelle Dudash, RDN featured)

<http://www.thelistshow.tv/the-list/all-about-you-fast-food-replacements>

Gritman Medical Center tips for eating nutritious meals on a budget

(Mary Skoglund, RD featured)

<http://www.klewtv.com/news/local/Nutrition-Month-249855231.html>

Lose weight without dieting: Empty your pockets, shed some layers

(Lisa Lovejoy, RD quoted)

<http://www.thestate.com/2014/03/13/3323048/lose-weight-without-dieting-empty.html>

Education, the best protection against obesity and related diseases

(By Timi Gustafson, RD)

<http://www.kentreporter.com/lifestyle/249937021.html>

Bring nutrition back into the kitchen

(Crystal MacGregor, Dietitian/Canada quoted)

<http://lloydminstersource.com/News/tabid/68/entryid/4157/Default.aspx>

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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For more information, visit: <http://us.soyjoy.com/Nutrition/Healthcare-Professionals>

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Academy National Sponsors: Abbott Nutrition and National Dairy Council®

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-27104-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

252. Eat Right Weekly - March 12, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 12, 2014 16:19:46
Subject: Eat Right Weekly - March 12, 2014
Attachment:

Eat Right Weekly
March 12, 2014

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[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

PPW Video Challenge Winners

Congratulations to the winners of the Academy's 2014 Public Policy Workshop Video Challenge. Christine Scott, MS, won for her video that answered the question: "Why is nutrition policy important?" Nancy Becker, MS, RD, LD, FAND, won for her video that answered: "Why is supporting ANDPAC important to the dietetics profession?"

[Learn More >>](#)

Academy Urges FDA to Effectively Ban Trans Fats in Food

In support of the Food and Drug Administration's tentative rule, the Academy has urged that partially hydrogenated oils, the primary source of industrially produced trans fatty acids, should no longer be "generally recognized as safe" (GRAS) for human consumption.

[Learn More >>](#)

Academy Calls for No Gaps in Care for Patients with HIV

In recent comments to the Health Resources and Services Administration, the Academy recommends that implementation of the Affordable Care Act should not create gaps in HIV-related

services, including nutrition services, for people with insufficient health care coverage.

[Learn More >>](#)

Exemplary WIC Breast-Feeding Practices Should Be Recognized, Promoted: Academy Comments

State and local WIC agencies should be recognized for their work to promote breast-feeding among WIC participants, according to Academy comments submitted to the U.S. Department of Agriculture's Food and Nutrition Service, suggesting additional criteria to honor state and local agencies for exemplary practices that promote breast-feeding. The additional criteria enable useful data collection for comparing the efficacy of various program components and determining criteria that impact success.

[Learn More >>](#)

USDA Looks Ahead: Budgeting for Nutrition Programs in 2015

The U.S. Department of Agriculture recently held meetings to discuss funding for its nutrition programs, many of which are part of the Farm Bill. USDA has requested, as part of the larger president's Fiscal Year 2015 budget, to fully fund nutrition programs such as SNAP, SNAP-Ed, WIC, Senior Farmers Markets and others. Academy staff participated in the meetings and look forward to continuing to partner with USDA.

[Learn More >>](#)

Impact of Health IT on Nutrition

Work is underway to make sure that electronic nutrition data "follows the patient" from facility to facility, ensuring optimal care. During a session at the recent Healthcare Information and Management Systems Society Annual Conference & Exhibition, Academy member Elaine Ayres, MS, RD, discussed an electronic nutrition section placeholder that would allow nutrition care plans to be sent to any care setting.

[Learn More >>](#)

Hospital Claims for Malnutrition under Scrutiny

In its work plan for 2014, the U.S. Department of Health and Human Services' Office of the Inspector General announced a new project that will review hospital claims that include a diagnosis for kwashiorkor (ICD-9 260). Kwashiorkor is a form of severe protein malnutrition that generally affects children living in tropical and subtropical parts of the world during periods of famine or insufficient food supply. Typically it is not found in the United States. These claims are coming under scrutiny since a diagnosis of kwashiorkor on a claim substantially increases the hospitals' reimbursement from Medicare, and cases have come forward where this diagnosis was incorrectly reported for adult patients.

[Learn More >>](#)
CPE Corner

March 13 Webinar: "Reimbursement: New Game, New Rules"

Health care delivery and payment systems are changing, requiring changes in the registered dietitian nutritionist's approach to advocating for the recognition of nutrition services. In a March 13 webinar, learn about new opportunities to get paid for your services in both the public and private market, and Academy resources that are key to your success.

[Learn More >>](#)

April 22 Webinar: "Addressing Patient Malnutrition to Improve Outcomes and Reduce Hospital Costs"

Malnutrition is common in the hospital setting and can adversely affect clinical outcomes and costs, but it is often overlooked. An April 22 webinar will feature a steering committee member of the Alliance to Advance Patient Nutrition, a partnership of three leading health care organizations including the Academy. The presenter will discuss the growing body of research on hospital malnutrition and the critical role the registered dietitian nutritionist plays in driving interdisciplinary collaboration among the health care team to identify and treat patient malnutrition.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

March 24 Webinar: "Making an Impact with Food Insecure Populations"

Gain a real understanding of families facing food insecurity and the many obstacles they encounter every day; learn how to make nutrition messages fit their needs; and access new resources for successfully helping food insecure families adopt healthy lifestyles in a free March 24 webinar.

[Learn More >>](#)

March 26 Webinar: "GENIE: Your Nutrition Education Wishes Have Been Granted!"

The newly released Guide for Effective Nutrition Interventions and Education (GENIE) is an easy-to-use resource for program planners and program evaluators developed by the Academy and the Foundation. A free March 26 webinar will show practitioners how GENIE can help plan effective, sustainable nutrition education programs that positively affect their patients, clients and communities.

[Learn More >>](#)

March Book of the Month

Save 10 percent during March on *Making Nutrition Your Business: Private Practice and Beyond*. This is an essential resource for any dietetics professional considering a switch to private practice, consulting, writing or speaking. This book discusses what it takes to go solo; how to structure your business; money management essentials; marketing ideas that will get you noticed; and more.

[Learn More >>](#)

April 2 Deadline: Diversity Promotion Grant Will Award \$10,000

The Diversity Promotion Grant, administered by the Academy's Diversity Committee, awards \$10,000 to an accredited dietetics program, Academy affiliate, dietetic practice group or member interest group that develops a program focused on recruitment or retention of underrepresented groups in the profession. The grant is awarded in June and the project can be conducted in a two-year timeframe. The application deadline is April 2.

[Learn More >>](#)

Standards of Professional Performance in Sustainable, Resilient, Healthy Food and Water Systems

The Academy's Quality Management Committee, with the Hunger and Environmental Nutrition dietetic practice group, has developed a resource for registered dietitian nutritionists who work in sustainable, resilient and healthy food and water systems. The document assesses current skill levels in this emerging area and covers six standards of professional performance outlining quality indicators and practice outcomes.

[Learn More >>](#)

Academy Member Updates

RDN Day and Contest Winner Spotlited in Times Square

In celebration of Registered Dietitian Nutritionist Day and the 2014 National Nutrition Month theme "Enjoy the Taste of Eating Right," members shared their most meaningful experiences in providing health and nutrition services as an RDN. For the second annual Registered Dietitian Nutritionist Day contest, members were asked: "How do you help clients enjoy the taste of eating right?" More than 200 members sent thoughtful and inspirational testimonials. The winner of the 2014 contest is Crystal Kwan, MPH, RDN.

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[Learn More >>](#)

Be Social during National Nutrition Month

Social media is a great place to get involved during National Nutrition Month, in March and beyond. When you post, comment, tweet or share, be sure to use the official hashtag #NNM.

[Learn More >>](#)

Videos Honor Academy's Nutrition Heroes

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[Learn More >>](#)

Celebrate National Nutrition Month by Preparing Flavorful Food Safely

For National Nutrition Month, the Academy's and ConAgra Foods' award-winning Home Food Safety program shares information on preparing safe and flavorful foods with nutrition, flavor and safety in mind.

[Learn More >>](#)

On a Billboard Near You: Kids Eat Right

More than 60 electronic billboards across the United States are featuring the messages of Kids Eat Right, the joint initiative of the Academy and the Foundation. The billboards have a projected viewing audience of more than 4.6 million impressions.

[Learn More >>](#)

March 14 Deadline: Do You Know an Exceptional Food Science Leader?

The Academy and the Institute of Food Technologists have announced the new Trailblazer Award. Jointly bestowed by the Academy and IFT, the Trailblazer Award recognizes exceptional leaders who have advanced science at the intersection of nutrition, dietetics and food science for at least five years. The inaugural Trailblazer Award will be presented in June at the IFT Annual Meeting & Food Expo. The deadline for nominations is March 14.

[Learn More >>](#)

Member Honored with Advanced-Education Fellowship

Academy member Ashley Colpaart, MS, RD, chair of the Hunger and Environmental Nutrition dietetic practice group, received the 2014 E. Neige Todhunter Memorial Doctoral Fellowship. Dr. Todhunter was an exceptional teacher, researcher and mentor who influenced the careers of many students. She was a distinguished leader in the Academy, serving in many capacities including president. Her commitment to the advanced education of registered dietitian nutritionists, as seen by her creation of the fellowship that bears her name, is a model for the dietetics profession.

Magazine Names Members Restaurant Industry Rising Stars

Two Academy members were among the "40 Under 40 Rising Stars" named by *FSR* magazine, which covers the full-service restaurant industry: Cheryl Dolven, MS, RD; and Kristy Del Coro, RD.

[Learn More >>](#)

Member Receives Parenting Media Award

"Good Sense Eating," a regular column in *Chicago Parent* magazine by Academy member Christine Palumbo, MBA, RD, FAND, recently received a Bronze Award in the annual Parenting Media Association's 2013 Editorial and Design Competition.

[Learn More >>](#)

Philanthropy, Awards and Grants

March 14 Deadline: \$1 Million in General Mills Champions for Healthy Kids Partnership Grants

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthful eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000.

[Learn More >>](#)

Kids Eat Right Members Will Attend PPW

Lauri Wright, PhD, RD, LD, and Allison Childress, MS, RDN, CSSD, LD, Kids Eat Right campaign members who are active in public policy, were selected to receive trips to attend the Academy's 2014 Public Policy Workshop to enhance their advocacy skills at the local and state levels.

[Learn More >>](#)

Kids Eat Right Hunger Mini-Grant Recipients

Congratulations to 25 Kids Eat Right campaign members who were selected to receive a Kids Eat Right Hunger in Our Community Mini-Grant. Each winner will receive \$200 to lead two presentations from the Hunger in Our Community: What We Can Do toolkit in their communities through May 2.

[Learn More >>](#)

Looking for Healthful, Low-Cost Recipes?

Visit the new Healthy Food Bank Hub to find recipes and resources for eating well on a budget. The Healthy Food Bank Hub, a collaboration of Feeding America, member food banks, the National Dairy Council and the Academy Foundation, is a platform for the growing conversation between public health and hunger-relief professionals on the issues of food insecurity, improved nutrition and helping to reduce the risk of diet-related diseases. The website contains more than 50 tools, resources and healthful recipes.

[Learn More >>](#)

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The purpose of this grant is to provide funding to institutions to establish or enhance advanced-practice residency programs that meet ACEND's guidelines. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply. Funds may be used for startup costs, program materials, staffing, salary deferment, promotion and advertising and student fees. Preapproval by ACEND is required to be eligible for funding. The application deadline is April 1.

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253. Eat Right Weekly - February 19, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 19, 2014 16:31:13
Subject: Eat Right Weekly - February 19, 2014
Attachment:

Eat Right Weekly
February 19, 2014

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On the Pulse of Public Policy

Why Is Nutrition Policy Important? Find Out and Vote for Your Favorite PPW Challenge Videos

The 2014 PPW Video Challenge finalists are in: Cast your vote for the clips you find the most inspiring. Entrants have the chance to win a trip to the Academy's Public Policy Workshop - the world's largest food and nutrition advocacy and policy summit.

[Learn More >>](#)

Senior Nutrition Programs on Reauthorization Path

At long last, a bill to reauthorize the Older Americans Act has been introduced in the U.S. House of Representatives. The OAA was due for reauthorization in 2011 and funds several nutrition programs in which Academy members play critical roles.

[Learn More >>](#)

Academy Advocates for Prevention Health Funding on Capitol Hill

Last week, Academy staff joined more than 40 other national organizations to discuss with members of Congress the importance of federal investments in public health. Many Academy members are involved in federally funded community prevention programs; these Capitol Hill visits

gave the Academy the opportunity to highlight work in community nutrition and chronic disease prevention.

[Learn More >>](#)

ANDPAC Announces Public Policy Leadership Award Recipients

Sen. Tom Carper (Del.), Rep. Bill Cassidy (La.), Rep. Michelle Lujan Grisham (N.M.) and Sen. Jeff Merkley (Ore.) have been selected to receive the Academy's 2014 Public Policy Leadership Award, which will be presented at the Public Policy Workshop. These members of Congress were nominated by Academy affiliates for their leadership and support for nutrition and health issues of importance to the Academy and have worked with the Academy to reach mutual goals. Join the Academy and the Academy's Political Action Committee, ANDPAC, in celebrating these award winners at PPW 2014.

[Learn More >>](#)

CPE Corner

February 27 Webinar: "Affordable Care Act: What's In It for Me?"

Within the nearly 11,000 pages of the Affordable Care Act are opportunities for registered dietitian nutritionists and dietetic technicians, registered. Whether you work in clinical, community, management, research or consultation/business practice, there's an ACA provision for you. A February 27 webinar will offer information you need to understand key provisions affecting nutrition professionals and action steps for seizing opportunities as the law continues to roll out.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

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CDR Weight Management Programs

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[Learn More >>](#)

Career Resources

February 20 Deadline: Last Chance to Submit FNCE Abstract

Have you conducted research in nutrition and/or dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the Academy's 2014 Food & Nutrition Conference & Expo. Abstracts will be accepted for peer review through February 20.

[Learn More >>](#)

March 1 Deadline: Submit Nominations for National Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its National Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. The submission deadline for nominations is midnight Central Time on March 1.

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Weight Management Symposium

Effective weight management calls for professionals with skills to practice with diverse populations in a variety of settings. Maximize your ability to facilitate client achievements by attending the Weight Management dietetic practice group's March 21-23 symposium "Show Me Excellence: Gateway to Weight Management Success," at the Hyatt Regency at The Arch in St. Louis, Mo.

[Learn More >>](#)

March 24 Webinar: "Making an Impact with Food Insecure Populations"

Gain a real understanding of families facing food insecurity and the many obstacles they encounter every day; learn how to make nutrition messages fit their needs; and access new resources for successfully helping food insecure families adopt healthy lifestyles in a free March 24 webinar.

[Learn More >>](#)

Weight Management Experts Wanted

The Academy's Evidence Analysis Library is seeking workgroup members for the Relationship of Single Serving Portion Sized Meals and Weight Management Evidence Analysis Project.

[Learn More >>](#)

April 15 Deadline to Apply for NNM Award: Students Making a Difference at Schools

The Student Advisory Committee announces the 2014 National Nutrition Month Student Award Program, recognizing local student dietetics associations and clubs that support the mission and vision of the Academy by organizing events in recognition of National Nutrition Month. The deadline to apply for an award is April 15.

[Learn More >>](#)

February Book of the Month

Save 10 percent during February on *Health Professional's Edition - Right Size for Me: A Weight Management Guide for African American Women*. Inspired by research on African American women seeking tailored weight management tools, this downloadable product is a unique, practical guide. Contains easy-to-download modules, subject-related counseling tips, discussion points and activities.

[Learn More >>](#)

March 3 Deadline: Nominations for Outstanding Preceptor Award

The Academy Foundation, the Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are again jointly sponsoring awards to preceptors who are exemplary educators and mentors.

[Learn More >>](#)

AMIA 10x10 Course: 54.5 CPEU Credits Available

Join the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, starting May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison or nominate yourself.

[Learn More >>](#)

Don't Miss Out: Update Academy Contact Information

Have you recently moved, changed phone numbers or opened a new email account? If so, you may be missing important Academy news, access to exclusive member benefits or publications by mail.

[Learn More >>](#)

Academy Platinum Rewards MasterCard

The Academy is always seeking new ways to add more value to membership, working hard to build partnerships that make more products and services available to members. The latest initiative is a partnership with ATIRACredit to offer members a Platinum Rewards MasterCard.

[Learn More >>](#)

Academy Member Updates

February 22 Deadline: Vote in 2014 Election

The deadline is Saturday, February 22, to vote in the Academy 2014 national election. Cast your ballot and have your voice be heard.

[Learn More >>](#)

March 14 Deadline: Trailblazer Award Nominations

The Academy and the Institute of Food Technologists have announced the new Trailblazer Award. Jointly bestowed by the Academy and IFT, the Trailblazer Award recognizes exceptional leaders who have advanced science at the intersection of nutrition, dietetics and food science for at least five years. The inaugural Trailblazer Award will be presented in June at the IFT Annual Meeting & Food Expo. The deadline for nominations is March 14.

[Learn More >>](#)

Members Prove the Value of a Dietitian

Academy member Leeann Hessler, MS, RD, LDN, feels that research is "a vital part of the field of nutrition and dietetics." Learn how you can get involved and "prove the value of a dietitian" by participating in the Dietetics Practice Based Research Network.

[Learn More >>](#)

Seeking Inspirational Young People to Serve as Healthy Living Ambassadors

The 2014-2015 Youth Advisory Board of the Alliance for a Healthier Generation seeks young people (ages 8 to 17) to serve as ambassadors for the Alliance, share feedback on Alliance programs and activities and lead service-learning programs related to preventing childhood obesity.

[Learn More >>](#)

Philanthropy, Awards and Grants

February 21 Deadline: "Hunger in Our Community" Kids Eat Right Mini-Grant Opportunity

To support the use of the Kids Eat Right "Hunger in Our Community. What We Can Do." toolkit, 25 grants of \$200 grants are available from the Academy Foundation. Recipients of the mini-grants agree to give two presentations between March 3 and May 2, utilizing the presentations for adults or teens from the "Hunger in Our Community. What We Can Do." toolkit. Applications are due February 21 and grant recipients will be announced March 3.

[Learn More >>](#)

March 3 Deadline: Apply for Continuing Education Award

The deadline is March 3 to apply for the Foundation's Barbara Ann F. Hughes - NEP DPG Continuing Education Award, which provides \$1,000 in educational stipends for nutrition professionals working in policy initiatives, advocacy and/or private practice. Preference is given to members of Nutrition Education for the Public dietetic practice group.

[Learn More >>](#)

March 14 Deadline: \$1 Million in General Mills Champions for Healthy Kids Partnership Grants

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000.

[Learn More >>](#)

April 1 Deadline: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance advanced-practice residency programs that meet ACEND's guidelines. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply. Funds may be used for startup costs, program materials, staffing, salary deferment, promotion and advertising and student fees. Preapproval by ACEND is required to be eligible for funding. The application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Foundation Research Grant

The Foundation's named research funds are available annually to Academy members at all levels of practice. These grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline for research grants is April 1.

[Learn More >>](#)

Tax Time: Donate Now, Ensure Tax-Deductible Donations are Made for Next Year

Support the Academy Foundation's Annual Fund. Your support will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right program. *I literally jumped for joy when I heard I was awarded a scholarship from the Academy Foundation; I wasn't sure I how I would cover my expenses and this scholarship helps make my internship financially possible.* - **Christine Dugan, 2013 scholarship recipient**

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The deadline to apply for this award has been extended to May 1.

[Learn More >>](#)

Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

February Kids Eat Right Everyday Heroes

Are you a Kids Eat Right Everyday Hero? You could be. Email your photo and a sentence or two about your experience as a Kids Eat Right campaign volunteer to kidseatright@eatright.org.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

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254. Daily News: Tuesday, February 18, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 18, 2014 12:09:41
Subject: Daily News: Tuesday, February 18, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics!

View the slate of candidates and to cast your vote electronically at
<http://www.eatright.org/elections/>

Elections run from February 1 22, 2014. Vote and be entered to win free registration to FNCE 2014!

Breastfeeding deterred by in-hospital formula use

<http://www.medicalnewstoday.com/releases/272737.php>

Source: *Journal of Pediatrics*

<http://www.ncbi.nlm.nih.gov/pubmed/24529621>

Parents can help heavy kids with hearty appetites

<http://www.usatoday.com/story/news/nation/2014/02/17/kids-appetite-obesity/5534563/>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/journal.aspx>

Children living close to fast food outlets more likely to be overweight

<http://www.sciencedaily.com/releases/2014/02/140213220421.htm>

Source: *Health and Place*

<http://www.sciencedirect.com/science/article/pii/S1353829214000094>

Health and fitness habits 'influence health over next two decades'

<http://www.medicalnewstoday.com/articles/272702.php>

Source: *Psychology of Sport and Exercise*

<http://www.sciencedirect.com/science/article/pii/S1469029213000952>

Fish may help maintain brain volume, function, with age

<http://www.usatoday.com/story/life/weekend/health/2014/02/14/fish-brain-aging/5477879/>

Source: *Neurology*

<http://www.ncbi.nlm.nih.gov/pubmed/24453077>

Science refreshes its view of aging

With more people living longer, research has more examples of how we cope physically and mentally

<http://www.chicagotribune.com/health/ct-resilient-aging-met-0218-20140218,0,3638891.story>

Related Resource: Position of the Academy of Nutrition and Dietetics: Food and Nutrition for Older Adults: Promoting Health and Wellness

[http://www.andjrn.org/article/S2212-2672\(12\)00749-6/abstract](http://www.andjrn.org/article/S2212-2672(12)00749-6/abstract)

Meat-free Mondays? Various strategies are needed to reduce animal protein consumption, say researchers

(A mixture of different strategies aimed at reducing overall meat consumption in the Western diet - including smaller portions and 'meat-free days' - is needed to help motivate different consumer groups, according to new research)

<http://www.foodnavigator.com/Science-Nutrition/Meat-free-Mondays-Various-strategies-are-needed-to-reduce-animal-protein-consumption-say-researchers>

Source: *Appetite*

<http://www.sciencedirect.com/science/article/pii/S0195666314000907>

Related Resource: Kids Eat Right - Going Meatless Every Monday

<http://www.eatright.org/kids/article.aspx?id=6442478591&terms=meatless>

USDA/Economic Research Service

Nearly 10 percent of Americans reported eating 8 or more meals away from home per week in 2009-10

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=43621&ref=collection>

Tri-county cafeterias moving to more made-from-scratch recipes, fresh produce in school lunches

<http://www.postandcourier.com/article/20140215/PC16/140219633/1002/tri-county-school-meals-getting-healthy-makeover>

A Big Bet on Gluten-Free

Food Industry Sees Potential for Big Profits in a Trend That Seems More Than a Fad

http://www.nytimes.com/2014/02/18/business/food-industry-wagers-big-on-gluten-free.html?ref=health&_r=0&gwh=9262E2B616FE7C503D6275287ADAAAF1&gwt=pay

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

Gluten-Free Diet: Imprudent Dietary Advice for the General Population?

[http://www.andjrn.org/article/S2212-2672\(12\)00743-5/fulltext](http://www.andjrn.org/article/S2212-2672(12)00743-5/fulltext)

Login as a member at www.eatright.org and go to publications to access full-text Journal articles

How many calories do Olympic athletes burn?

http://www.cnn.com/2014/02/18/health/upwave-olympic-calories/index.html?hpt=he_c1

MedlinePlus: Latest Health News

-Scientists Get Closer to Rejuvenating Aging Muscles

In mouse studies, Stanford researchers uncover potential reason behind muscles' decline in old age

-Could Infections Harm Memory in Older Adults?

Early study found connection between exposure to microbes, poorer scores on mental-ability tests

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Six simple steps to a healthy heart and a longer life

(By Nancy Graham, RD)

<http://www.registerguard.com/rg/life/healthandfitness/31097949-71/heart-blood-disease-healthy-care.html.csp>

Being 'over the hill' can have its upside, too

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/245875171.html>

From the Dietitian: Fruit aisle offers tropical flavors

(By Denise A Boozell, RD)

<http://www.desmoinesregister.com/article/20140217/LIFE02/302170012/1175/LIFE>

All about chia

(By Charlyn Fargo)

<http://www.cantonrep.com/article/20140214/NEWS/140219503/10303/LIFESTYLE>

From mac and cheese to pizza to king cake, crave-worthy food and drink, made over

(By Molly Kimball, RD)

http://www.nola.com/healthy-eating/2014/02/crave-worthy_indulgences_made.html

Add avocados to your diet and count the benefits

(By Heather Illg, RD)

<http://www.desmoinesregister.com/article/20140217/LIFE02/302170011/1024/LIFE07/?odyssey=nav%7Chead>

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**The Academy's Position Papers and Practice Papers are available at:
<http://www.eatright.org/positions/>**

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Academy National Sponsors: Abbott Nutrition and National Dairy Council®

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26579-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

255. Eat Right Weekly - February 5, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 05, 2014 17:29:43
Subject: Eat Right Weekly - February 5, 2014
Attachment:

Eat Right Weekly
February 5, 2014

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On the Pulse of Public Policy

Farm Bill Passes: Food And Nutrition Programs Upheld

The trillion-dollar reauthorization of farm, conservation and nutrition programs titled the Agriculture Act of 2014 (a.k.a. the "Farm Bill"), has passed the House and the Senate and is headed to President Obama for signature into law. A special thanks to all Academy members for their diligent efforts and for those who contributed to our political action committee, ANDPAC, thereby helping the Academy forge meaningful relationships to support essential nutrition programs.

[Learn More >>](#)

Today Show RDN Joy Bauer Will Be PPW Keynote Speaker

The Academy's 2014 Public Policy Workshop will focus on effective communication on the job and on the Hill. To kick off this interactive nutrition policy and advocacy conference, Academy member and *Today Show* contributor Joy Bauer, MS, RD, will inspire members to advocate and activate through the power of the spoken word. Enter to win a complimentary trip to the Public Policy Workshop by competing in the PPW Video Challenge.

[Learn More >>](#)

2014 Funding for Prevention Programs Brings Opportunities for Dietetics Professionals

Congress recently passed a funding bill that will ensure the government is funded through September. For the first time, the bill also allocated the Prevention and Public Health Fund, the nation's first mandatory funding stream dedicated to improving the public's health, which was originally authorized in the Affordable Care Act. This will bring both opportunities and challenges for registered dietitian nutritionists working to reduce chronic diseases in this country.

[Learn More >>](#)

For State of the Union Address, Academy Encouraged Presidential Support for Physical Activity

As President Obama and his staff weighed what to emphasize in his recent fifth State of the Union address, the Academy joined the American College of Sports Medicine and more than 100 other organizations to offer advice, in the form of a letter citing physical activity as a way to keep Americans healthy and fit, with numerous other benefits. Along with access to health care, physical activity is critical to achieving the Academy's vision of optimizing the health of the nation through food and nutrition.

[Learn More >>](#)

ANDPAC Elevated the Profession in 2013

Last year, the Academy's Political Action Committee made a big impact on Capitol Hill, highlighting the importance of dietetics, registered dietitian nutritionists and dietetic technicians, registered.

[Learn More >>](#)

Oregon Affiliates Discuss Health Care with Congressman

Academy members from Oregon recently attended U.S. Rep. Earl Blumenauer's (Ore.) breakfast event to discuss "Health Care 2.0." He invited health care professionals to the fundraising event and, thanks to ANDPAC, the Academy was able to have a seat at the breakfast table. Among the MDs, PhDs and hospital executives were registered dietitian nutritionists from the Oregon Academy's public policy team.

[Learn More >>](#)

CPE Corner

Nutrition Informatics Webinar

Calling all educators and preceptors: Nutrition informatics can be used by all practitioners across all levels of dietetics practice to advance patient care. Get your students ahead of the nutrition information technology curve with a free, one-hour webinar on February 13 on "Technology Skills You Should Learn to Love."

[Learn More >>](#)

Blended, Flipped: Webinar on New Ways to Offer Nutrition Classes

Instructors: Are you tired of the same old lecturing? Do you want to increase student engagement and learning at the same time? The flipped or inverted classroom format does both and more. A free February 14 webinar, "Blending and Flipping: But We're Not Making Pancakes! Practical Guidelines for Blended and Flipped Nutrition Classes," provided by the Nutrition Educators of Health Professionals dietetic practice group, will help you make the transition from lecture to flipped classes.

[Learn More >>](#)

Affordable Care Act: What's In It for Me?

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CDR Weight Management Programs

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Career Resources

Seeking Innovations in Practice and Education

The Council on Future Practice seeks abstracts for the sixth "Innovations in Practice and Education" session, to be held at the 2014 Food & Nutrition Conference & Expo in Atlanta, Ga.

[Learn More >>](#)

FNCE Call for Abstracts Is Now Open

Have you conducted research in nutrition and/or dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the Academy's 2014 Food & Nutrition Conference & Expo. Abstracts will be accepted for peer review through February 20.

[Learn More >>](#)

HIMSS 2014: Health IT Conference for Innovative Professionals

The Academy is a proud sponsor of the Healthcare Information and Management Systems Society's conference, scheduled for February 23 to 27 in Orlando, Fla. More than 35,000 practitioners and industry professionals will discuss health IT and innovative solutions designed to transform health care. Attend this annual event to find the right solutions for clinical and business intelligence, health IT and rural care, innovation, interoperability, mobile health, nutrition informatics and more.

[Learn More >>](#)

Submitting Nominations for National Honors and Awards Is Easy and Online

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its National Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. The submission deadline for nominations is midnight Central Time on March 1.

[Learn More >>](#)

Prepare for National School Breakfast Week

In advance of National School Breakfast Week, March 3 to 7, promote school breakfast with new resources from the U.S. Department of Agriculture and Kids Eat Right.

[Learn More >>](#)

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[Learn More >>](#)

Updated App: Evidence-Based Nutrition Practice Guidelines

The Evidence Analysis Library's *NutriGuides* app has been updated.

[Learn More >>](#)

New Substance Abuse Treatment Resources

Resources to help parents, health care providers and substance abuse treatment specialists to treat teens struggling with drug abuse, as well as to identify and interact with those who might be at risk, have been released by the National Institute on Drug Abuse.

[Learn More >>](#)

Academy Member Updates

Your GENIE Is Here

The *Guide for Effective Nutrition Interventions and Education* (GENIE), a validated online checklist tool funded with support from the ConAgra Foods Foundation, is now available to help program planners and program evaluators.

[Learn More >>](#)

Take Opportunities to Serve Survey

If you are interested in volunteering for an Academy committee, take the Opportunities to Serve Survey by February 13.

[Learn More >>](#)

Clinical Outcomes Presentation

Kelly Tappenden, PhD, RD, FASPEN, the Academy's representative to the Alliance to Advance Patient Nutrition, will present "Clinical and Economic Outcomes of Nutrition Interventions Across the Continuum of Care," March 13 in Washington, D.C., at an event sponsored and presented by the Sackler Institute for Nutrition Science and the Abbott Nutrition Health Institute.

[Learn More >>](#)

Philanthropy, Awards and Grants

February 15 Deadline: Apply for Foundation Scholarships

Graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician scholarships are all available through the Foundation.

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[Learn More >>](#)

March 14 Deadline: \$1 Million in General Mills Champions for Healthy Kids Partnership Grants

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000.

[Learn More >>](#)

New: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

Kids Eat Right Mini-Grant Recipients

Congratulations to 26 Kids Eat Right Campaign Members who were selected to receive a Kids Eat Right mini-grant of \$200 to lead two presentations from any of the Kids Eat Right toolkits in their communities through March 28.

[Learn More >>](#)

Energy Balance 4 Kids with Play: Empowering Teachers in California Schools

Energy Balance 4 Kids with Play RD Coaches are working with kindergarten through sixth-grade students in two West Contra Costa Unified School District elementary schools in Richmond, Calif. The RD Coaches help empower teachers to lead nutrition lessons and games with students, and lead school wellness committees to enhance the school wellness environment. The committees are taking action steps toward meeting USDA's HealthierUS School Challenge criteria.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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256. Eat Right Weekly - January 29, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 29, 2014 17:36:09
Subject: Eat Right Weekly - January 29, 2014
Attachment:

Eat Right Weekly
January 29, 2014

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[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

PPW Video Challenge: Entry Deadline is February 10

Are you interested in winning a complimentary trip to Washington, D.C., to advocate for our profession? Join the PPW Video Challenge - a contest that offers the chance to win an all-expenses-paid trip to the Academy's 2014 Public Policy Workshop, where you will receive top-notch communications and leadership training; network with nutrition experts; and meet with your member of Congress. The entry deadline is February 10.

[Learn More >>](#)

[Calling All Current and Past Military RDNs and DTRs](#)

Uncle Sam isn't the only one who wants you. The Academy will be honoring members at the 2014 Public Policy Workshop who have or are currently serving in the armed forces. Send in your photo by February 21 to be honored at PPW.

[Learn More >>](#)

[USDA: Americans Are Choosing Healthier Foods](#)

The U.S. Department of Agriculture's Economic Research Service indicates American adults are consuming fewer calories away from home; ingesting fewer calories from total fat and saturated fat; eating more fiber; and overall consuming less total calories.

[Learn More >>](#)

Minnesota RD to Receive the Academy of Nutrition and Dietetics Award for Grassroots Excellence

Congratulations to Ann Erickson, MA, RD, of St. Paul, Minn., who has been named the winner of the Academy's 2014 Award for Grassroots Excellence in recognition of her leadership work in nutrition advocacy.

[Learn More >>](#)

HIMSS 2014: Health IT Conference for Innovative Professionals

The Academy is a proud sponsor of the Healthcare Information and Management Systems Society's conference, scheduled for February 23 to 27 in Orlando, Fla. More than 35,000 practitioners and industry professionals will discuss health IT and innovative solutions designed to transform health care. Attend this annual event to find the right solutions for clinical and business intelligence, health IT and rural care, innovation, interoperability, mobile health, nutrition informatics and more.

[Learn More >>](#)

New Year, New CMS-1500 Claim Form

Effective January 6, registered dietitian nutritionists who bill third-party payers using the CMS-1500 form need to begin transitioning to use of the revised form (version 02/12). By April 1, all paper claims must be submitted on version 02/12 only. The biggest changes to the form are the addition of an ICD indicator, an increase in the number of diagnosis codes that can be reported and the removal of several fields.

[Learn More >>](#)

Academy Member Brings Voice of RDN to Regional Medicare Advisory Group

Sometimes a simple act opens up a big door. Such was the experience of Dee Pratt, RDN, LDN, of Collierville, Tenn., president of Dietitian Associates, Inc., who was recently invited to join the Provider Outreach and Education Advisory Group for Cahaba Government Benefit Administrators (Part B Medicare).

[Learn More >>](#)

CPE Corner

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Member Input Needed: Changing Health Care Delivery and Payment Models

Registered dietitian nutritionists and dietetic technicians, registered are invited to participate in the Academy's 2014 Patient-Centered Medical Home & Accountable Care Organization Survey. Play a role in shaping the Academy's activities related to advancing RDN and DTR involvement in these

models of care. All who complete the survey by February 2 will be entered into a drawing for a free one-year Academy membership.

[Learn More >>](#)

Healthier Generation Benefit Webinar

A free, live webinar, "Prevention, Assessment and Treatment of Childhood Obesity: Closing the Gap in Provider Reimbursement for Blue Cross-Blue Shield KC members," will be held February 6 from noon to 1 p.m. Central Time, presented by the Academy, the American Academy of Pediatrics and the Alliance for a Healthier Generation. The registration deadline is February 3.

[Learn More >>](#)

February 3 Deadline: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

February 14 Deadline: Sylvia Rowe Fellowship

The International Food Information Council Foundation is accepting applications for its annual Sylvia Rowe Fellowship. The fellowship seeks promising nutrition and food safety communicators to help enhance their capabilities. The application deadline is February 14.

[Learn More >>](#)

Seeking Innovations in Practice and Education

The Council on Future Practice seeks abstracts for the sixth "Innovations in Practice and Education" session, to be held at the 2014 Food & Nutrition Conference & Expo in Atlanta, Ga.

[Learn More >>](#)

January Book of the Month

Save 10 percent on the *Academy of Nutrition and Dietetics Pocket Guide to Children with Special Health Care and Nutritional Needs*. This quick reference includes updated information for health-care professionals who monitor the nutrition care of children with special health care needs, including Down syndrome, autism, cerebral palsy and other conditions.

[Learn More >>](#)

Submitting Nominations for National Honors and Awards Is Easy and Online

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its National Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. The submission deadline for nominations is midnight Central Time on March 1.

[Learn More >>](#)

Make Nominations for Outstanding Preceptor Award

The Academy Foundation, the Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are again jointly sponsoring awards to preceptors who are exemplary educators and mentors.

[Learn More >>](#)

Council on Future Practice Names Top Innovators

The Council on Future Practice announced its Top Innovators in Dietetics Practice and Education, following the session on innovation at the Academy's 2013 Food & Nutrition Conference & Expo. Learn more about these innovative programs by listening to two short webinars given by the 2013 Top Innovators.

[Learn More >>](#)

New USDA School Breakfast Resources

Promote school breakfast with new resources from the U.S. Department of Agriculture.

[Learn More >>](#)

Academy Member Updates

Online Meet the Candidates Forum

Meet the Academy's 2014 president-elect candidates during a February 5 webinar, from noon to 1 p.m. Central Time. Former President Susan Laramée, MS, RD, FAND, will pose questions to president-elect candidates Evelyn Crayton, EdD, RDN, LD; and Trisha Fuhrman, MS, RDN, LD, FAND, to help members gain insight into their perspectives and views. The webinar is free to Academy members. 1.0 CPEU hours are available for members attending the live webinar.

[Learn More >>](#)

Position Concept Proposal: Role of RDN and Nutrition Therapy in Prevention and Treatment of Pre-Diabetes and Diabetes

A new position paper concept on Type 2 diabetes has been approved by the Academy Positions Committee. The next step is for the proposal to be reviewed by Academy members, offering the opportunity to provide comments. Academy members should provide comments by February 6.

[Learn More >>](#)

EAL Needs You

The Academy's Evidence Analysis Library is recruiting. The EAL team is seeking workgroup candidates for a variety of projects. This is a great way to contribute your expertise, benefit the dietetics profession and enhance your professional development! The main focus of Evidence Analysis Projects will be to answer pertinent questions related to the topic using the Academy's systematic evidence analysis process.

[Learn More >>](#)

Thank You to Academy Sponsors

To help advance the Academy's mission of empowering members to be the food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members, to share science-based information and new research with members and to enable the Academy to reach millions of consumers with healthful-eating messages.

[Learn More >>](#)

Philanthropy, Awards and Grants

Estate Gift Benefits the Foundation

The Foundation has received a bequest of nearly \$27,000 from the estate of Jane E. Billyeald, formerly of Eau Claire, Wis., who died June 7, 2013, in Bloomington, Ind., at age 99. She first joined the Academy in 1937.

[Learn More >>](#)

Tax Time: Donate Now, Ensure Tax-Deductible Donations are Made for Next Year

Support the Academy Foundation's Annual Fund. Your support will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right initiative. *I literally jumped for joy when I heard I was awarded a scholarship from the Academy Foundation; I wasn't sure I how I would cover my expenses and this scholarship helps make my internship financially possible.*

- Christine Dugan 2013 scholarship recipient

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation and ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

February 1 Deadline: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue.

[Learn More >>](#)

February 1 Deadline: CDR Leadership Grant

The purpose of the CDR Leadership Grant is to provide financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training. Programs should prepare individuals to move into leadership positions within their organization. The application deadline is February 1.

[Learn More >>](#)

February 1 Deadline: Apply for Foundation Awards

The Academy Foundation offers awards to Academy members and dietetics students in recognition of their professional accomplishments.

[Learn More >>](#)

February 15 Deadline: Apply for Foundation Scholarships

Graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician scholarships are all available through the Foundation.

[Learn More >>](#)

\$1 Million in General Mills Champions for Healthy Kids Partnership Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000. Applications will be available in February.

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The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

"Hunger in Our Community" Kids Eat Right Mini-Grant Opportunity

To support the use of the Kids Eat Right "Hunger in Our Community. What We Can Do." toolkit, 25 grants of \$200 grants are available from the Academy Foundation. Recipients of the mini-grants agree to give two presentations between March 3 and May 2, utilizing the presentations for adults or teens from the "Hunger in Our Community. What We Can Do." toolkit. Applications are due February 21 and grant recipients will be announced March 3.

[Learn More >>](#)

Your GENIE Is Here

The *Guide for Effective Nutrition Interventions and Education* (GENIE), a validated online checklist tool, is now available to help program planners and program evaluators.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

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257. Daily News & Journal Review Wednesday, January 29, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 29, 2014 11:57:14
Subject: Daily News & Journal Review Wednesday, January 29, 2014
Attachment:

Due to technical difficulties the Daily News was not sent out on Friday 1/24 or Monday 1/27. The Academy's Chicago office was closed due to inclement weather on Tuesday , January 28th. Our apologies for any inconvenience this may have caused.

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

Labeling obesity as a disease may have psychological costs

<http://www.sciencedaily.com/releases/2014/01/140128103533.htm>

Source: *Psychological Science*

<http://pss.sagepub.com/content/early/2014/01/24/0956797613516981>

Genetic testing may soon be able to identify what diet each individual should consume for a longer, healthier life

<http://www.medicalnewstoday.com/releases/271826.php>

Source: *Cell Metabolism*

[http://www.cell.com/cell-metabolism/abstract/S1550-4131\(13\)00500-7](http://www.cell.com/cell-metabolism/abstract/S1550-4131(13)00500-7)

Related Resource: Position of the Academy of Nutrition and Dietetics: Nutritional Genomics

[http://www.andjrn.org/article/S2212-2672\(13\)01783-8/abstract](http://www.andjrn.org/article/S2212-2672(13)01783-8/abstract)

To Spur Appetite, Invite Fish for Dinner

A Large Fish Tank Increased Dementia Patients' Appetite and Weight Gain

<http://online.wsj.com/news/articles/SB10001424052702304419104579324630292193394>

Source: *Alzheimer Dis Assoc Disord*

<http://www.ncbi.nlm.nih.gov/pubmed/23138175>

Smartphone Apps for Diabetes: Do They Really Work?

You can use them to count carbs, log blood sugar, but users say they're no substitute for

patient knowledge and a doctor's care

<http://consumer.healthday.com/diabetes-information-10/blood-glucose-monitor-news-69/smartphone-apps-can-help-manage-diabetes-684002.html>

Burning Question: Does rinsing fruit really make a difference?

The big concern is harmful bacteria deep in leafy greens that have been cut

<http://online.wsj.com/news/articles/SB10001424052702304856504579341101031084422>

FDA says nutrition facts label will get a makeover

http://www.washingtonpost.com/lifestyle/food/fda-says-nutrition-facts-label-will-get-a-makeover/2014/01/24/05bb411a-84d9-11e3-a273-6ffd9cf9f4ba_story.html

Related Resource-Academy Names Food and Nutrition Labeling Workgroup

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452609&mycontentid=6442479741>

How restaurants can reduce salt in your food

http://www.cnn.com/2014/01/23/health/frieden-sodium-restaurants/index.html?hpt=he_c2

Cited: CDC-From Menu to Mouth: Opportunities for Sodium Reduction in Restaurants

http://www.cdc.gov/pcd/issues/2014/13_0237.htm

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, February 2014.

-Changes in the Energy and Sodium Content of Main Entrées in US Chain Restaurants from 2010 to 2011

[http://www.andjrnl.org/article/S2212-2672\(13\)01249-5/abstract](http://www.andjrnl.org/article/S2212-2672(13)01249-5/abstract)

Scientists ID New Genes Linked to Belly Fat

Findings could advance efforts to develop personalized obesity treatments, researchers say

<http://consumer.healthday.com/diabetes-information-10/misc-diabetes-news-181/genes-abdominal-fat-hmg-u-louisville-release-batch-1111-684126.html>

Source: *Human Molecular Genetics*

<http://hmg.oxfordjournals.org/content/22/1/184.abstract?sid=7aa6e285-dbc3-48bd-b984-1e13f5ba8608>

Girls with anorexia may do fine with day treatment

<http://www.chicagotribune.com/health/sns-rt-us-anorexia-day-treatment-20140123,0,20809.story>

Source: *Lancet*

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62411-3/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62411-3/abstract)

And

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62550-7/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62550-7/fulltext)

Related Resource: Position and Practice Papers-Nutrition Intervention in the Treatment of Eating Disorders (scroll down to access both papers on same topic)

<http://www.eatright.org/About/Content.aspx?id=6442460576>

Vitamin D Levels Linked to Parkinson's Symptoms

Better thinking, mood associated with higher levels, study finds

<http://consumer.healthday.com/diseases-and-conditions-information-37/misc-diseases-and-conditions-news-203/briefs-emb-1-16-vitamin-d-levels-parkinsons-jpd-release-batch-1106-683996.html>

Source: *Journal of Parkinson's Disease*

<http://iospress.metapress.com/content/t587180765787517/?p=29cab9a615404e619ad978e492df2fac&pi=6>

Related Resource: National Parkinsons Foundation

<http://www.parkinson.org/Parkinson-s-Disease/Living-Well/Nutrition/What-are-some-common-nutritional-concerns-for-peop>

Study questions health benefits of vitamin D supplementation

<http://www.medicalnewstoday.com/articles/271589.php>

Source: *Lancet Diabetes & Endocrinology*

[http://www.thelancet.com/journals/landia/article/PIIS2213-8587\(13\)70165-7/abstract](http://www.thelancet.com/journals/landia/article/PIIS2213-8587(13)70165-7/abstract)

Whats in Your Fish Oil Supplements?

http://well.blogs.nytimes.com/2014/01/22/whats-in-your-fish-oil-supplements/?_php=true&_type=blogs&_r=0

MedlinePlus: Latest Health News

-DDT Exposure May Raise Alzheimer's Risk: Study

Researchers say those with the disease had 4 times higher blood levels of byproduct of banned pesticide

-Hand Washing, Zinc May Ward Off Colds: Review

Meanwhile, antihistamines, decongestants, pain relievers might help treat them, researcher reports

-Yoga May Reduce Fatigue, Inflammation in Breast Cancer Survivors

Researchers think improved sleep may be the key to benefits

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Apply to Become an Academy Spokesperson

The Academy is looking for media-savvy RDs and RDNs to join its prestigious team of volunteer media spokespeople. If you are interested in promoting the profession and healthful eating to media across the country, please consider applying. Learn more at www.eatright.org/members/spokespersonapplication

Nutrition Facts on Food Labels Are Getting a Makeover

(Joan Salge Blake, Academy Spokesperson featured)

<http://www.myfoxboston.com/video?clipId=9766648&topVideoCatNo=238258&autoStart=true>

Pre-run meal before marathon is essential

(Heather Mangieri, Academy Spokesperson quoted)

<http://www.post-gazette.com/life/food/2014/01/23/26-1-Food-Pre-run-An-occasional-series-on-how-to-fuel-for-the-Pittsburgh-Marathon/stories/201401230137>

Popular diets in the new year

(Judy Caplan, Academy Spokesperson quoted)

<http://wwlp.com/2014/01/24/popular-diets-in-the-new-year/>

Healthy Afternoon Snacks

(Christine Palumbo, RD featured)

<http://www.wciu.com/youandme.php?section=home&assets=videos&assetID=10012329>

Hy-Vee dietitian can help with New Years goals

(Christine Sexton, RD quoted)

http://www.communitynewspapergroup.com/waverly_newspapers/news/article_1caed704-8445-11e3-82c0-001a4bcf887a.html

3 drinks a day; reducing teen ab fat?

(By Nancy Dell, RD)

<http://wwlp.com/2014/01/23/nancy-dell-3-drinks-a-day-reducing-teen-ab-fat/>

What's on the menu for Olympians: 4 power breakfasts fit for US Gold Medalist Shaun White

(Jennifer Gibson, RD quoted)

<http://www.thedenverchannel.com/news/whats-on-the-menu-for-olympians-4-power-breakfasts-fit-for-us-gold-medalist-shaun-white01232014>

Is the Paleo Diet healthy?

(By Holly Larson, RD)

<http://www.journal-news.com/news/lifestyles/health/ask-holly-is-the-paleo-diet-healthy/ncxqC/>

Cuts in food stamp program impacts Long Islanders

(Jennifer Colletti, RD quoted)

<http://longislandreport.org/news/cuts-in-food-stamp-program-impacts-long-islanders/18624>

Healthy choices can help control iron deficiency

(Barbra Swanson, RD quoted)

<http://www.chron.com/news/health/article/Healthy-choices-can-help-control-iron-deficiency-5168987.php>

Walking towards health

(Eve Pearson, RD quoted)

http://www.omantribune.com/index.php?page=leisure_details&id=11031&heading=Special%20Features%20in%20Details

Fat facts, Olive rules

(Karen Mornin, Dietitian/Canada quoted)

<http://www.ottawacitizen.com/health/facts+Olive+rules/9421759/story.html>

Journal Review

Journal of the Academy of Nutrition & Dietetics, February 2014 <http://www.andjrnl.org/current>

President Page: Disruptions Hold Promise for Positive Change

[http://www.andjrnl.org/article/S2212-2672\(13\)01862-5/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01862-5/fulltext)

Position of the Academy of Nutrition and Dietetics: Nutritional Genomics

[http://www.andjrnl.org/article/S2212-2672\(13\)01783-8/abstract](http://www.andjrnl.org/article/S2212-2672(13)01783-8/abstract)

Retaining Hispanic Dietetic Undergraduate Students through Mentoring and Professional Development

[http://www.andjrnl.org/article/S2212-2672\(13\)01547-5/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01547-5/fulltext)

Practical Guide to Measuring Physical Activity

[http://www.andjrnl.org/article/S2212-2672\(13\)01426-3/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01426-3/fulltext)

Changes in the Energy and Sodium Content of Main Entrées in US Chain Restaurants from 2010 to 2011

[http://www.andjrnl.org/article/S2212-2672\(13\)01249-5/abstract](http://www.andjrnl.org/article/S2212-2672(13)01249-5/abstract)

Adherence to Dietary Guidelines Positively Affects Quality of Life and Functional Status of Older Adults

[http://www.andjrnl.org/article/S2212-2672\(13\)01409-3/abstract](http://www.andjrnl.org/article/S2212-2672(13)01409-3/abstract)

A Softgel Dietary Supplement Containing Esterified Plant Sterols and Stanols Improves the Blood Lipid Profile of Adults with Primary Hypercholesterolemia: A Randomized, Double-Blind, Placebo-Controlled Replication Study

[http://www.andjrnl.org/article/S2212-2672\(13\)01519-0/abstract](http://www.andjrnl.org/article/S2212-2672(13)01519-0/abstract)

Positive Attitude toward Healthy Eating Predicts Higher Diet Quality at All Cost Levels of Supermarkets

[http://www.andjrnl.org/article/S2212-2672\(13\)00684-9/abstract](http://www.andjrnl.org/article/S2212-2672(13)00684-9/abstract)

Comparison of Energy Assessment Methods in Overweight Individuals

[http://www.andjrnl.org/article/S2212-2672\(13\)01126-X/abstract](http://www.andjrnl.org/article/S2212-2672(13)01126-X/abstract)

Diet Quality of Urban Older Adults Age 60 to 99 Years: The Cardiovascular Health of Seniors and Built Environment Study

[http://www.andjrnl.org/article/S2212-2672\(13\)01410-X/abstract](http://www.andjrnl.org/article/S2212-2672(13)01410-X/abstract)

Impact of the Revised Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Food Package Policy on Fruit and Vegetable Prices

[http://www.andjrnl.org/article/S2212-2672\(13\)01291-4/abstract](http://www.andjrnl.org/article/S2212-2672(13)01291-4/abstract)

2013 Lenna Frances Cooper Memorial Lecture: Bringing Cooking Back: Food and Culinary Expertise as a Key to Dietitians' Future Success

[http://www.andjrnl.org/article/S2212-2672\(13\)01784-X/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01784-X/fulltext)

Question of the Month: Was There a Recent Update to the FDA Food Code?

[http://www.andjrnl.org/article/S2212-2672\(13\)01789-9/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01789-9/fulltext)

Academys MNT Provider, January 2014

<http://www.eatright.org/Publications/MNTProvider/January2014/index.html>

-New Law includes physician fee schedule fix through March 2014

-New 1500 claim form ready for use

-Verifying patient coverage in a health insurance marketplace plan

- Q & A Corner: Do I submit claims to Medicare electronically or can I submit a paper claim?

American Journal of Clinical Nutrition, February 2014

<http://ajcn.nutrition.org/content/current>

Maternal controlling feeding practices and girls inhibitory control interact to predict changes in BMI and eating in the absence of hunger from 5 to 7 y <http://ajcn.nutrition.org/content/99/2/249.abstract>

The effects of high-intensity exercise on neural responses to images of food

<http://ajcn.nutrition.org/content/99/2/258.abstract>

Does behavioral intervention in pregnancy reduce postpartum weight retention? Twelve-month outcomes of the Fit for Delivery randomized trial <http://ajcn.nutrition.org/content/99/2/302.abstract>

High dietary phosphorus intake is associated with all-cause mortality: results from NHANES III

<http://ajcn.nutrition.org/content/99/2/320.abstract>

Associations between red meat intake and biomarkers of inflammation and glucose metabolism in women

<http://ajcn.nutrition.org/content/99/2/352.abstract>

How do pregnancy-related weight changes and breastfeeding relate to maternal weight and BMI-adjusted waist circumference 7 y after delivery? Results from a path analysis

<http://ajcn.nutrition.org/content/99/2/312.abstract>

Mediterranean and Dietary Approaches to Stop Hypertension dietary patterns and risk of sudden cardiac death in postmenopausal women

<http://ajcn.nutrition.org/content/99/2/344.abstract>

Calcium homeostasis and bone metabolic responses to high-protein diets during energy deficit in healthy young adults: a randomized controlled trial

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L-Carnitine supplementation for adults with end-stage kidney disease requiring maintenance hemodialysis: a systematic review and meta-analysis

<http://ajcn.nutrition.org/content/99/2/408.abstract>

American Journal of Epidemiology, February 1, 2014

<http://aje.oxfordjournals.org/content/179/3?etoc>

Red Meat and Processed Meat Consumption and All-Cause Mortality: A Meta-Analysis

<http://aje.oxfordjournals.org/content/179/3/282.abstract>

Diabetes Educator, January/February 2014

<http://tde.sagepub.com/content/current>

Diabetes Self-Management Education Patterns in a US Population-Based Cohort of Youth With Type 1 Diabetes

<http://tde.sagepub.com/content/40/1/29.abstract>

A Family-Based Diabetes Intervention for Hispanic Adults and Their Family Members

<http://tde.sagepub.com/content/40/1/48.abstract>

Digital Photography as an Educational Food Logging Tool in Obese Patients With Type 2 Diabetes, Lessons Learned From a Randomized, Crossover Pilot Trial

<http://tde.sagepub.com/content/40/1/89.abstract>

Impact of a Focused Nutrition Educational Intervention Coupled With Improved Access to Fresh Produce on Purchasing Behavior and Consumption of Fruits and Vegetables in Overweight Patients With Diabetes Mellitus

<http://tde.sagepub.com/content/40/1/100.abstract>

Environmental Nutrition, January 2014

http://www.environmentalnutrition.com/issues/37_1/

(scroll down to abstracts)

- Cutting through Cholesterol Confusion
- Get the Facts on Coconut Oil
- Top 10 Diet Trends of 2014
- New Science on Multivitamins and Cancer
- FDA Permits Whole Grains Claim

Environmental Nutrition, February 2014

<http://www.environmentalnutrition.com/issues/>

(scroll down to abstracts)

- The Best Foods to Control Your Hunger Pangs
- Think Twice Before Giving Up Grains
- Cinnamons Potential for Diabetes Control
- Boost Your Immunity with Probiotics
- FDA Bans Trans Fat

European Journal of Nutrition, January 2014, Online First

<http://link.springer.com/search?sortOrder=newestFirst&facet-content-type=Article&facet-journal-id=394>

n-3 LC-PUFA supplementation: effects on infant and maternal outcomes

<http://link.springer.com/article/10.1007/s00394-014-0660-9>

Intake of vegetables and fruit and risk of esophageal adenocarcinoma: a meta-analysis of observational studies

<http://link.springer.com/article/10.1007/s00394-014-0656-5>

Nutritional intake and status in persons with alcohol dependency: data from an outpatient treatment programme

<http://link.springer.com/article/10.1007/s00394-014-0651-x>

Ramadan fasting ameliorates oxidative stress and improves glycemic control and lipid profile in diabetic patients

<http://link.springer.com/article/10.1007/s00394-014-0650-y>

Food & Chemical Toxicology, February 2014

<http://www.journals.elsevier.com/food-and-chemical-toxicology/>

Cocoa flavonoids attenuate high glucose-induced insulin signalling blockade and modulate glucose uptake and production in human HepG2 cells

<http://www.sciencedirect.com/science/article/pii/S027869151300759X>

Speciated arsenic concentrations, exposure, and associated health risks for rice and bulgur

<http://www.sciencedirect.com/science/article/pii/S0278691513007916>

Derivation of safe health-based exposure limits for potential consumer exposure to styrene migrating into food from food containers

<http://www.sciencedirect.com/science/article/pii/S0278691513008016>

Food Research International, January 14-21, 2014 Online First

<http://www.sciencedirect.com/science/journal/aip/09639969>

Antibiotic resistance among commercially available probiotics

<http://www.sciencedirect.com/science/article/pii/S0963996914000313>

Health Education & Behavior, January 16, 2014 Online First

<http://heb.sagepub.com/content/early/recent>

Comparison of a Mindful Eating Intervention to a Diabetes Self-Management Intervention Among Adults With Type 2 Diabetes, A Randomized Controlled Trial

<http://heb.sagepub.com/content/early/2014/01/06/1090198113493092.abstract>

International Journal of Food Sciences & Nutrition, February 2014

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001>

Early exposure to allergens: a new window of opportunity for non-communicable disease prevention in complementary feeding?

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001/art00001>

The role of dietary patterns assessment in the predictive ability of cardiovascular disease risk estimation models: a review

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001/art00002>

Intakes of total and individual flavonoids by US adults

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001/art00003>

Evaluation of visual and taste preferences of some gluten-free commercial products in a group of celiac children <http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001/art00017>

Journal of Clinical Outcomes Management, January 2014

<http://www.turner-white.com/jc/contentjc.php>

Brief Action Planning to Facilitate Behavior Change and Support Patient Self-Management

http://www.turner-white.com/memberfile.php?PubCode=jcom_jan14_facilitate.pdf

Journal of Parenteral & Enteral Nutrition, January 8-17, 2014, Online First

<http://pen.sagepub.com/content/early/recent>

Dietary Fat and Protein Intake Are Not Associated With Incident Biliary Sludge and Stones During Pregnancy

<http://pen.sagepub.com/content/early/2014/01/17/0148607113520184.abstract>

Long-Term Oral Nutrition Supplementation Improves Outcomes in Malnourished Patients With Chronic Kidney Disease on Hemodialysis

<http://pen.sagepub.com/content/early/2014/01/16/0148607113517266.abstract>

Clinical, Social, and Economic Impacts of Home Parenteral Nutrition Dependence in Short Bowel Syndrome

<http://pen.sagepub.com/content/early/2014/01/10/0148607113517717.abstract>

Early Enteral Nutrition Is Associated With Lower Mortality in Critically Ill Children

<http://pen.sagepub.com/content/early/2014/01/08/0148607113517903.abstract>

Lancet, January 25, 2014

<http://www.thelancet.com/journals/lancet/issue/current>

Gout: a disease of the past, the present, but not the future?

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(14\)60088-X/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(14)60088-X/fulltext)

Morbidity and Mortality Weekly Report, MMWR Weekly, January 17, 2014

http://www.cdc.gov/mmwr/mmwr_wk.html

QuickStats: Rate of Ambulatory Care Visits for Chronic Kidney Disease, by Health-Care Setting United States, 20012002 and 20092010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6302a8.htm?s_cid=mm6302a8_w

Nutrition in Clinical Practice, February 2014

<http://ncp.sagepub.com/content/29/1.toc>

Early Enteral Nutrition in Critically Ill Patients With Hemodynamic Instability, An Evidence-Based Review and Practical Advice

<http://ncp.sagepub.com/content/29/1/90.abstract>

Nutrition Optimization Prior to Surgery

<http://ncp.sagepub.com/content/29/1/10.abstract>

Prolonged Preoperative Fasting in Elective Surgical Patients, Why Should We Reduce It?

<http://ncp.sagepub.com/content/29/1/22.abstract>

The Canadian Critical Care Nutrition Guidelines in 2013, An Update on Current

Recommendations and Implementation Strategies

<http://ncp.sagepub.com/content/29/1/29.abstract>

Best Practices for Determining Resting Energy Expenditure in Critically Ill Adults

<http://ncp.sagepub.com/content/29/1/44.abstract>

Special Nutrition Challenges, Current Approach to Acute Kidney Injury

<http://ncp.sagepub.com/content/29/1/56.abstract>

Application of the A.S.P.E.N. Clinical Guideline for Nutrition Support of Hospitalized Adult Patients With Obesity, A Case Study of Home Parenteral Nutrition

<http://ncp.sagepub.com/content/29/1/73.abstract>

Heavy Metal in the Intensive Care Unit, A Review of Current Literature on Trace Element Supplementation in Critically Ill Patients

<http://ncp.sagepub.com/content/29/1/78.abstract>

Nutrition Journal, January 2014

<http://www.nutritionj.com/content/13/January/2014>

Effect of calcium phosphate and vitamin D3 supplementation on bone remodelling and metabolism of calcium, phosphorus, magnesium and iron

<http://www.nutritionj.com/content/13/1/6/abstract>

An anti-inflammatory diet as treatment for inflammatory bowel disease: a case series report running head.

<http://www.nutritionj.com/content/13/1/5/abstract>

Nutrition Research, January 3-21, 2014, Online First

<http://www.nrjournal.com>

Total dietary fiber intakes in the U.S. population are related to whole grain consumption: Results from the National Health and Nutrition Examination Survey (NHANES) 200910

[http://www.nrjournal.com/article/S0271-5317\(14\)00005-0/abstract](http://www.nrjournal.com/article/S0271-5317(14)00005-0/abstract)

Greater weight loss among men participating in a commercial weight loss program: a pooled analysis of 2 randomized controlled trials

[http://www.nrjournal.com/article/S0271-5317\(13\)00269-8/abstract](http://www.nrjournal.com/article/S0271-5317(13)00269-8/abstract)

A systematic review of the effect of oral glucocorticoids on energy intake, appetite and body weight in humans

[http://www.nrjournal.com/article/S0271-5317\(13\)00289-3/abstract](http://www.nrjournal.com/article/S0271-5317(13)00289-3/abstract)

Mechanisms underlying the antihypertensive effects of garlic bioactives

[http://www.nrjournal.com/article/S0271-5317\(13\)00285-6/abstract](http://www.nrjournal.com/article/S0271-5317(13)00285-6/abstract)

Long-chain n-3 PUFA dietary recommendations are moderately efficient in optimizing their status in healthy middle-aged subjects with low fish consumption: A cross-over study

[http://www.nrjournal.com/article/S0271-5317\(13\)00291-1/abstract](http://www.nrjournal.com/article/S0271-5317(13)00291-1/abstract)

Proceedings of the Nutrition Society, January 9-15, 2014, Online First

<http://journals.cambridge.org/action/displayIssue?iid=1863260>

Measuring physical activity in children and adolescents for dietary surveys: practicalities, problems and pitfalls

<http://dx.doi.org/10.1017/S0029665113003820>

Measuring growth and obesity across childhood and adolescence

<http://dx.doi.org/10.1017/S0029665113003868>

Modifying the food environment for childhood obesity prevention: challenges and opportunities

<http://dx.doi.org/10.1017/S0029665113003819>

Dietary cholesterol, heart disease risk and cognitive dissonance

<http://dx.doi.org/10.1017/S0029665113003844>

University of California, Berkeley Wellness Letter, Winter 2013-14

<http://www.berkeleywellness.com/>

(subscription required)

-Your Guide to lifelong fitness

-Fitness in a bottle?

Quote of the Week

No winter lasts forever; no spring skips its turn

-Hal Borland

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<http://www.eatright.org/positions/>

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258. Eat Right Weekly - January 22, 2014

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On the Pulse of Public Policy

Video Challenge: Win an All-Expenses-Paid Trip to PPW

For the first time, the Academy is offering a chance to win an all-expenses-paid trip to the Public Policy Workshop. Two lucky winners will receive complimentary registration, two nights of lodging and up to \$500 for travel and meal expenses. Enter to win this exclusive package by participating in the PPW Video Challenge.

[Learn More >>](#)

Academy Presents at Dietary Guidelines Advisory Committee Meeting

The Academy presented oral comments at the most recent meeting of the Dietary Guidelines Advisory Committee. To provide guidance for the 2015 *Dietary Guidelines for Americans*, the Academy encouraged the committee to acknowledge research gaps; include the environmental and technology influence on food, diet and health; incorporate consumer research into the Committee's scientific review to ensure the guidelines successfully engage the public; understand the barriers to healthy eating; and recognize changing demographics. The Academy has also submitted written comments.

[Learn More >>](#)

Spending Bill Includes Investments in Nutrition, Chronic Disease Prevention

Congress has passed a Fiscal Year 2014 appropriations bill that will finance the government through September and will reverse some of last year's sequestration cuts. The bill includes investments in nutrition and chronic disease prevention that will have positive implications for our members.

[Learn More >>](#)

Academy Names Food and Nutrition Labeling Workgroup

The Academy's Legislative and Public Policy Committee has named member-experts to its Food and Nutrition Labeling Workgroup. This workgroup will guide the strategy for the Academy's advocacy and public policy efforts in developing stances and principles on labeling issues.

[Learn More >>](#)

HIMSS 2014: Health IT Conference for Innovative Professionals

The Academy is a proud sponsor of the Healthcare Information and Management Systems Society's conference, scheduled for February 23 to 27 in Orlando, Fla. More than 35,000 practitioners and industry professionals will discuss health IT and innovative solutions designed to transform healthcare. Attend this annual event to find the right solutions for clinical and business intelligence, health IT and rural care, innovation, interoperability, mobile health, nutrition informatics and more.

[Learn More >>](#)

Virginia Affiliate Welcomes Legislature Using Technology

The Virginia Academy of Nutrition and Dietetics welcomed the 2014 Virginia Assembly with a video that introduced legislators to the field of dietetics.

[Learn More >>](#)

Academy Applauds HWCF: 6.4 Trillion Reduction in Marketplace Calories

The Healthy Weight Commitment Foundation announced it has removed 6.4 trillion calories from the marketplace, surpassing its original pledge to reduce 1.5 trillion calories by 2015. Because of this effort, 78 calories per person per day in the United States are no longer available.

[Learn More >>](#)

Nutrition Counseling for Mental Health Conditions Settlement

After an investigation uncovered the wrongful denial of hundreds of claims for nutritional counseling for mental health conditions, New York's Attorney General's Office announced it has

reached a settlement with Cigna Corporation that requires Cigna to reprocess and pay hundreds of claims for nutritional counseling for mental health conditions such as eating disorders to members who were wrongfully denied those benefits.

[Learn More >>](#)

CPE Corner

January 30 Webinar: Help for Those in Prediabetic State

The epidemic of diabetes has shifted the spotlight to prediabetes and earlier intervention. The Diabetes Prevention Program stresses lifestyle interventions, but there are other specific diet components that affect metabolic and anthropometric risk factors of the prediabetic state. The Academy's Evidence Analysis Workgroup for the Prevention of Diabetes has established nutrition recommendations for the management of the prediabetic state.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

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[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

National Nutrition Month to be Featured in the Largest Circulation Monthly Magazine

Each year, the Academy promotes National Nutrition Month far and wide. For 2014, NNM will be featured in the largest-circulation monthly magazine anywhere, *The Costco Connection*, reaching 8.5 million Costco members by mail each month.

[Learn More >>](#)

Promoting the Dietetics Profession Everywhere and in Times Square

In celebration of Registered Dietitian Nutritionist Day on Wednesday, March 12, and in appreciation for all RDNs do to improve the nutritional health of Americans and people around the world, the Academy is hosting a special contest to feature a member in Times Square in New York City.

[Learn More >>](#)

Dietary Fatty Acids Position Paper Published

An updated Academy position paper on "Dietary Fatty Acids for Healthy Adults" was published in the January *Journal of the Academy of Nutrition and Dietetics*. In the position paper, the Academy recommends a food-based approach through a diet that includes regular consumption of fatty fish, nuts and seeds, lean meats and poultry, low-fat dairy products, vegetables, fruits, whole grains and legumes. These recommendations are made within the context of rapidly evolving science delineating the influence of dietary fat and specific fatty acids on human health.

[Learn More >>](#)

Council on Future Practice Names Top Innovators

The Council on Future Practice announced its Top Innovators in Dietetics Practice and Education, following the session on innovation at the Academy's 2013 Food & Nutrition Conference & Expo. Learn more about these innovative programs by listening to two short webinars given by the 2013 Top Innovators.

[Learn More >>](#)

Seeking Innovations in Practice and Education

The Council on Future Practice seeks abstracts for the sixth "Innovations in Practice and Education" session, to be held at the 2014 Food & Nutrition Conference & Expo in Atlanta, Ga.

[Learn More >>](#)

Member Input Needed: Changing Health Care Delivery and Payment Models

Registered dietitian nutritionists and dietetic technicians, registered are invited to participate in the Academy's 2014 Patient-Centered Medical Home & Accountable Care Organization Survey. Play a role in shaping the Academy's activities related to advancing RDN and DTR involvement in these models of care. All who complete the survey by February 2 will be entered into a drawing for a free one-year Academy membership.

[Learn More >>](#)

Make Nominations for Outstanding Preceptor Award

The Academy Foundation, the Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are again jointly sponsoring awards to preceptors who are exemplary educators and mentors.

[Learn More >>](#)

New Resources from Evidence Analysis Library

The Unintended Weight Loss in Older Adults toolkit was released in 2013 and flew off the shelves at the Food & Nutrition Conference & Expo. The toolkit, available on the Academy's Evidence Analysis Library, assists registered dietitian nutritionists in implementing the Academy's "Unintended Weight Loss in Older Adults" evidence-based nutrition practice guidelines and the Nutrition Care Process. It includes guidelines, evidence-based recommendations, and clinical algorithms related to medical nutrition therapy for male and female adults aged 65 or older with unintended weight loss.

[Learn More >>](#)

February 1 Deadline: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

Academy Member Updates

Online Meet the Candidates Forum

Meet the Academy's 2014 president-elect candidates during a February 5 webinar, from noon to 1 p.m. Central Time.

[Learn More >>](#)

Opportunities to Serve Survey

If you are interested in volunteering for an Academy committee, please take the Opportunities to Serve Survey by February 13.

[Learn More >>](#)

New: Academy/IFT Trailblazer Award and Lectureship

The Academy and the Institute of Food Technologists have announced the new Trailblazer Award. Jointly bestowed by the Academy and IFT, the award will recognize exceptional leaders who have advanced science at the intersection of nutrition, dietetics and food science for at least five years. The inaugural Trailblazer Award will be presented in June at IFT's Annual Meeting & Food Expo. Nominations may be made beginning February 3.

[Learn More >>](#)

Apply For Academic Mid-Career Nutrition Leadership Institute

Applications will be accepted through February 14 for the Dannon Institute Academic Mid-Career Nutrition Leadership Institute, June 15 to 19.

[Learn More >>](#)

Philanthropy, Awards and Grants

Estate Gift Benefits the Foundation

The Foundation has received a bequest of more than \$500,000 from the estate of Martha Snavelly, who died in June 2013 at age 96. Ms. Snavelly was a member of the Academy, first joining in 1939, and a past donor to the Foundation. As designated in her estate, a named fund will be established to support public education activities of the Foundation and will help advance the Foundation's work through programs like Kids Eat Right.

[Learn More >>](#)

Apply for Foundation Awards, Scholarships

The Academy Foundation offers awards and scholarships to Academy members and dietetics students in recognition of their professional accomplishments and enables registered dietitian nutritionists to enhance their education and skills.

[Learn More >>](#)

February 1 Deadline: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue.

[Learn More >>](#)

February 1 Deadline: CDR Leadership Grant

The purpose of the CDR Leadership Grant is to provide financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training. Programs should prepare individuals to move into leadership positions within their organization. The application deadline is February 1.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation and ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

New: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

Last Chance to Apply: Kids Eat Right Mini-Grants

The deadline is January 24 to apply for a Kids Eat Right mini-grant. Twenty-five grants of \$200 are available to KER members. Recipients of the mini-grants agree to give two presentations between February 3 and March 28, from any of the seven Kids Eat Right toolkits.

[Learn More >>](#)

\$1 Million in General Mills Champions for Healthy Kids Partnership Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000. Applications will be available in February.

Parents Participate in Iowa Schools Wellness Workshops

Over the past two years, the Foundation and Iowa Department of Education have collaborated on the "Meet the Challenge!" project through educational funding from USDA Team Nutrition. This year, RD Coaches are leading 20 parent workshops throughout the state to increase parents' understanding of the nutritional value of school meals and to empower parents to be champions of school wellness.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

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259. Eat Right Weekly - January 8, 2014

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On the Pulse of Public Policy

Nutrition Policy Impacts Your Job: What Are You Doing About It?

Whether or not you are involved in nutrition health policy, it is affecting your career. Take your profession by the reins by standing up for important nutrition issues at the Academy's 2014 Public Policy Workshop, March 30 to April 1 in Washington, D.C. Join 500 of your fellow registered dietitian nutritionists and dietetic technicians, registered to advance your leadership and communications skill set and advocate for critical health policies. Discounts are available for students and groups consisting of three or more people.

[Learn More >>](#)
[CPE Corner](#)

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[Learn More >>](#)

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[Learn More >>](#)

Career Resources

Test Your Skills and Earn up to 25 CPE Credits: Save 10% in January

The Academy's *Professional Skills Review* has links to current research articles and professional content, plus more than 650 multiple-choice questions to help you assess your knowledge. Save 10 percent in January.

[Learn More >>](#)

Students: Save 10% on Student Exam Prep in January

The Academy's *Student Exam Prep (StEP)* covers all domains from the Registration Examination for Dietitians and helps you brush up on your skills and knowledge. Save 10 percent in January.

[Learn More >>](#)

Save on Your Academy Dues

Renew early for the 2014-2015 membership year, and save 2% on your dues; you'll get next's year dues at this year's prices. Open to Active and Retired members only - take advantage of this special opportunity before January 15. In addition, you can opt to receive future dues notices electronically and participate in automatic renewal.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison, or nominate yourself or a fellow student to the Student Advisory Committee.

[Learn More >>](#)

Submit Nominations for 2014 Academy Honors and Awards

Members spoke, the Academy listened: The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its national Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields.

[Learn More >>](#)

New Opportunity: Become a Fellow of the Academy of Nutrition and Dietetics

Designation as a Fellow of the Academy of Nutrition and Dietetics (FAND) recognizes your professional accomplishments, valuable service to the profession and public, and pursuit of lifelong learning. By earning the right to include the FAND initials among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition professionals.

[Learn More >>](#)

Explore New Orleans with Fifty Plus MIG Travel Club

Join the Fifty Plus in Nutrition and Dietetics Member Interest Group in exploring New Orleans, La., May 15 to 18. The registration deadline is January 31.

[Learn More >>](#)

Diversity Leader Program Accepting Applications

The Diversity Leader Program introduces Academy members in the Active membership classification to leadership opportunities and professional resources. The program is a two-year commitment, with the first year focused on Academy programs and the second year focused on a volunteer experience selected by the Diversity Leader. The program will begin its sixth year in October.

[Learn More >>](#)

The Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

USDA School Breakfast Resources

Promote school breakfast with new resources from the U.S. Department of Agriculture.

[Learn More >>](#)

Academy Member Updates

Offer Extended: 2014 Eat Right Calendar Sale

Celebrate the New Year all year with 12 months of food-related photos taken by your colleagues. The 2014 Eat Right calendar, published by the *Journal of the Academy of Nutrition and Dietetics*, features photos taken by the finalists in the *Journal's* annual photo contest and includes dozens of important dates for food and nutrition practitioners.

[Learn More >>](#)

Malnutrition Resource Center

The *Journal of the Academy of Nutrition and Dietetics*, with sponsorship provided by Abbott Nutrition and the Abbott Nutrition Health Institute, houses the Malnutrition Resource Center. This resource center provides peer-reviewed content covering malnutrition and is an important educational tool for registered dietitian nutritionists, nurses, and health practitioners in nutritional science, medical nutrition therapy, public health nutrition, food science and biotechnology, foodservice systems, leadership and management, and dietetics education.

[Learn More >>](#)

Philanthropy, Awards and Grants

Apply for Foundation Awards and Scholarships

The Academy Foundation offers awards and scholarships to Academy members and dietetics students in recognition of their professional accomplishments and enables registered dietitian nutritionists to enhance their education and skills.

[Learn More >>](#)

February 1 Deadline: CDR Leadership Grant

The purpose of the CDR Leadership Grant is to provide financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training. Programs should prepare individuals to move into leadership positions within their organization. The application deadline is February 1.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation and ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

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[Learn More >>](#)

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An award funded by the Foundation via a grant from Abbott Nutrition will provide a one-year, full-time research fellowship experience to a registered dietitian nutritionist who has completed a

master's or doctoral degree.

[Learn More >>](#)

February 1 Deadline: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue.

[Learn More >>](#)

New: Kids Eat Right Mini-Grant Opportunity

To support the use of Kids Eat Right toolkits, 25 grants of \$200 are available to KER members. Recipients of the mini-grants agree to give two presentations between February 3 and March 28, from any of the seven Kids Eat Right toolkits.

[Learn More >>](#)

\$1 Million Available in General Mills Champions for Healthy Kids Partnership Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in annual grants for innovative nutrition and physical activity programs being implemented by 501(c)3 charities that enlist the expertise of registered dietitian nutritionists. For 2014, General Mills will double this amount, providing the Foundation \$1 million to make these grants available.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

260. Eat Right Weekly - December 25, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 25, 2013 11:05:38
Subject: Eat Right Weekly - December 25, 2013
Attachment:

Eat Right Weekly
December 25, 2013

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[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

[On the Pulse of Public Policy](#)

[PPW Holiday Discount: Save \\$100 or More on PPW Registration](#)

The Academy wants to wish all members a happy holiday season with discounted rates to the 2014 Public Policy Workshop, March 30 to April 1 in Washington, D.C. Advance the profession and the health of Americans by joining 500 Academy members to advocate for nutrition health policy. Attend the world's largest food and nutrition policy and advocacy summit - and register now, because space is limited.

[Learn More >>](#)
[CPE Corner](#)

[January 30 Webinar: Help for Those in Prediabetic State](#)

The epidemic of diabetes has shifted the spotlight to prediabetes and earlier intervention. The Diabetes Prevention Program stresses lifestyle interventions, but there are other specific diet components that affect metabolic and anthropometric risk factors of the prediabetic state. The Academy's Evidence Analysis Workgroup for the Prevention of Diabetes has established nutrition recommendations for the management of the prediabetic state.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

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[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Test Your Skills and Earn up to 25 CPE Credits: Save 10% in January

The Academy's *Professional Skills Review* has links to current research articles and professional content, plus more than 650 multiple-choice questions to help you assess your knowledge. Save 10 percent in January.

[Learn More >>](#)

Students: Save 10% on Student Exam Prep in January

The Academy's *Student Exam Prep (StEP)* covers all domains from the Registration Examination for Dietitians and helps you brush up on your skills and knowledge. Save 10 percent in January.

[Learn More >>](#)

Social Media: New Ethics Opinion and Case Studies

A new Ethics Opinion titled "The Impact of Social Media on Business and Ethical Practice in Dietetics" is now available to members online. Additionally, as a result of a 2012 Food & Nutrition Conference & Expo session on the topic, the Ethics Committee has developed nine case studies on "The Impact of Social Media on the RDN and DTR."

[Learn More >>](#)

The Early Bird Catches Academy Dues Savings

Open to Active and Retired members only: Renew your Academy membership before January 15, 2014, for the 2014-2015 membership year and save 2 percent. In addition, you can opt to receive future dues notices electronically and participate in automatic renewal. Take advantage of this special opportunity to renew as an early bird now for 2014-2015 at the 2013-2014 rate.

[Learn More >>](#)

Become a Student Leader

The Student Advisory Committee helps build leadership skills, network with Academy leaders and be a student voice. Nominate a classmate or yourself to the SAC. Applications are due January 17, 2014.

[Learn More >>](#)

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[Learn More >>](#)

What's the Academy Doing for Salaries?

Recognition, value and demand for services are the keys to increased salaries and income potential for Academy members. The Academy and all members must work together to raise the perceived value of nutrition services to all stakeholders.

[Learn More >>](#)

New Edition of *MNT Provider* Available

How will the 2014 Physician Fee Schedule affect your practice? What is new with the End-Stage Renal Disease Quality Incentive Program? Is there a difference between telehealth and telenutrition? Find answers to these questions and more in the new edition of *MNT Provider*.

[Learn More >>](#)

Will Clients Practice Food Safety This Holiday?

Food is as much a part of holiday gatherings as football, candles and carols. This holiday season, make sure you and your clients alike keep food safety in mind every step of the way, including proper planning, safe shopping, working in the kitchen and wrapping up leftovers. Share a variety of food safety tips with clients, family and friends from the Home Food Safety program - a collaboration between the Academy and ConAgra Foods.

[Learn More >>](#)

December Book of the Month

Save 10 percent on *The Nutrition Care Process in Pediatric Practice*. This easy-to-use guide shows how to incorporate standardized language (the International Dietetics & Nutrition Terminology) into everyday pediatric practice. The book reviews 15 conditions a registered dietitian nutritionist may encounter in the pediatric setting and walks you through how to apply the NCP.

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[Learn More >>](#)

Academy Member Updates

Visit Elections Website to Learn About Your 2014 Academy Candidates

Biographical information for candidates on the Academy's national ballot is available. Voting for the 2014 election takes place February 1 through February 22.

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[Learn More >>](#)

Join Kids Eat Right Group on LinkedIn

Did you know there's a place for Academy members and Kids Eat Right campaign members to get more involved and discuss topics specifically related to children and Kids Eat Right? There is - and you can join.

[Learn More >>](#)

2014 Eat Right Calendar on Sale

Celebrate the New Year all year with 12 months of food-related photos taken by your colleagues. The 2014 Eat Right calendar, published by the *Journal of the Academy of Nutrition and Dietetics*, features photos taken by the finalists in the *Journal's* annual photo contest and includes dozens of important dates for food and nutrition practitioners.

[Learn More >>](#)

Earn CPE with *Journal* Editor's Podcasts

The final part of a three-part podcast series on nutritional genomics, with *Journal* Editor-in-Chief Linda Snetselaar, PhD, RDN, and Ruth DeBusk, PhD, RD, is now available on the *Journal's*

website.

[Learn More >>](#)

Philanthropy, Awards and Grants

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Support Your Profession's Foundation This Holiday Season and It Will Be Matched

Academy Partner and Kids Eat Right Supporter National Dairy Council will match up to \$20,000 of members' contributions to the Foundation in December.

[Learn More >>](#)

Big Changes in Store for 70 Iowa Schools

Over the past two years, the Foundation and Iowa Department of Education have collaborated on the "Meet the Challenge!" project through educational funding from USDA Team Nutrition and Wellmark Foundation.

[Learn More >>](#)

January 17 Deadline: Malnutrition Research Fellowship from Abbott Nutrition

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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261. Draft January Board Meeting Agenda

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Dec 19, 2013 10:39:55
Subject: Draft January Board Meeting Agenda
Attachment: [Att 2.0 January 2014 Board AgendaDRAFT.doc](#)

Attached for your review and input is the draft agenda for the January 15 Board teleconference. We welcome your feedback.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

262. Eat Right Weekly - December 11, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 11, 2013 10:56:10
Subject: Eat Right Weekly - December 11, 2013
Attachment:

Eat Right Weekly
December 11, 2013

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[Eat Right Weekly](#)

On the Pulse of Public Policy

Academy Leaders Advocate for Nutrition Policy during Congressional Visits

Academy member leaders from the Legislative and Public Policy Committee and the Academy's Political Action Committee visited Washington, D.C., last week to advocate for food and nutrition health policy. They met with 20 members of Congress to discuss the Treat and Reduce Obesity Act, the Farm Bill and methods to fund preventive health services. For more information and photos.

Join the 2015 *Dietary Guidelines* Advisory Committee for Its Second Meeting

The *Dietary Guidelines* Advisory Committee has announced that its second meeting will take place January 13 and 14, 2014, in Washington, D.C. Members of the Academy and the public are encouraged to attend in person or tune in via webcast. The Academy will be providing oral testimony during this meeting.

[Learn More >>](#)

[Register for the Largest Food and Nutrition Policy and Advocacy Summit: PPW 2014](#)

The Academy has opened registration for the 2014 Public Policy Workshop - the world's largest food and nutrition policy and advocacy summit. Advance your career by attending this leadership, communications and advocacy training. Join 500 of your fellow registered dietitian nutritionists and dietetic technicians, registered to stand up for important health issues affecting the nation and the profession. Discounts are available for students and groups consisting of three or more people.

[Learn More >>](#)

Medicare Issues Final Physician Fee Schedule for 2014

After delays due to the recent government shutdown, the Centers for Medicare & Medicaid Services has finalized updates to payment policies and payment rates for services furnished under the Medicare Physician Fee Schedule. These rules affect registered dietitian nutritionists who are Medicare providers.

[Learn More >>](#)

CMS Extends 2014 Annual Participation Enrollment Period

The 2014 Annual Participation Enrollment Program allows eligible providers, including registered dietitian nutritionists, an opportunity to change their participation status by December 31. Due to the later-than-usual release of the Medicare Physician Fee Schedule Final Rule, the Centers for Medicare & Medicaid Services is extending the 2014 annual participation enrollment period through January 31.

[Learn More >>](#)

CPE Corner

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

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[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

PQRS Info and More in the Latest *MNT Provider*

Discover how easy it is to participate in the Medicare Physician Quality Reporting System; avoid future payment adjustments; find preparation tips for transitioning to ICD-10 and more in the latest issue of *MNT Provider*.

[Learn More >>](#)

Webinar: Integrating RDNs Into Your Medical Practice

Are you working in a medical practice that is looking for ways to maximize care while reducing costs in an ever-changing payment system? Do you live near one of nearly 500 primary care practices participating in the Centers for Medicare & Medicaid Innovation Comprehensive Primary Care Initiative projects and would like to show how a registered dietitian nutritionist can help reach their quality and care management goals?

[Learn More >>](#)

Pay-for-Performance for Dialysis Centers: What's New with the End-Stage Renal Disease Quality Incentive Program?

The CMS Center for Clinical Standards and Quality will host an MLN Connects Call January 15, 2014, on the End-Stage Renal Disease Quality Incentive Program and the finalized rule for Payment Year 2016. Registered dietitian nutritionists working in dialysis clinics and hospital dialysis units are encouraged to register to help understand the contours of this program.

[Learn More >>](#)

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[Learn More >>](#)

Help for Holiday Guests Who May Be Vulnerable to Food Poisoning

Whether preparing a holiday dish or a holiday feast, you as well as your clients should be aware that some holiday guests are be vulnerable to food poisoning - particularly young children, older adults, pregnant women and those with weakened immune systems. Will any of these guests be at your dinner table?

[Learn More >>](#)

The Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

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[Learn More >>](#)

Kids LiveWell Recipe Challenge

The National Restaurant Association is accepting applications for the second annual Kids LiveWell Recipe Challenge. Sponsored by founding partner McCormick For Chefs and Healthy Dining's team of registered dietitians, the Challenge takes an "industry tested, kid approved" approach. Submit your delicious and nutritious kids' menu items by December 15 for a chance to be recognized for your efforts in children's nutrition. Awards will be presented at the NRA Show in May.

[Learn More >>](#)

Join Kids Eat Right Group on LinkedIn

Did you know there's a place for Academy members and Kids Eat Right volunteers to get more involved and discuss topics specifically related to children and Kids Eat Right? There is - and you can join.

[Learn More >>](#)

"Nourish to Flourish" Infographic

Be a part of the solution to the hunger and obesity paradox by raising awareness, getting involved and supporting programs that help food insecure families have consistent access to healthy foods. See the new Kids Eat Right "Nourish to Flourish" infographic and share it with others.

[Learn More >>](#)

2014 Eat Right Calendar on Sale

Celebrate the New Year all year with 12 months of food-related photos taken by your colleagues. The 2014 Eat Right calendar, published by the *Journal of the Academy of Nutrition and Dietetics*, features photos taken by the finalists in the *Journal's* annual photo contest and includes dozens of important dates for food and nutrition practitioners.

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Earn CPE with *Journal* Editor's Podcasts

The final part of a three-part podcast series on nutritional genomics, with *Journal* Editor-in-Chief Linda Snetselaar, PhD, RDN, and Ruth DeBusk, PhD, RD, is now available on the *Journal's* website.

[Learn More >>](#)

Alliance to Advance Patient Nutrition Comments on ACA Medicare Reimbursement Policies

Hospital malnutrition can delay recovery, increase medical complications and extend length of stay - all contributing to rising health care costs. By identifying and treating malnourished patients upon admission and through discharge with an effective hospital nutrition program, hospitals can significantly improve quality and patient outcomes while reducing costs and meeting healthcare reform provisions.

[Learn More >>](#)

Philanthropy, Awards and Grants

Support the Foundation of *Your* Profession This Holiday Season and It Will Be Matched

Academy Partner and Kids Eat Right Supporter National Dairy Council will match up to \$20,000 of members' contributions in December.

[Learn More >>](#)

Your GENIE Is Coming

The Guide for Effective Nutrition Interventions and Education (GENIE), a validated online checklist tool to help program planners and program evaluators, will be available in January.

[Learn More >>](#)

Kids Eat Right News Bite Quarterly Newsletter

Kids Eat Right News Bite is a quarterly newsletter filled with pictures and stories to highlight the great work that is being done to help kids eat right around the world. Learn about the latest Kids Eat Right projects and programs and get a sneak peek into what's to come.

[Learn More >>](#)

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February 1 Deadline: Foundation Awards

The Foundation offers awards for continuing education, international and program development. Get information about the awards program, new awards and download an application.

[Learn More >>](#)

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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263. Daily News: Wednesday, October 30, 2013

From: Academy of Nutrition and Dietetics Knowledge <knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 30, 2013 15:21:04
Subject: Daily News: Wednesday, October 30, 2013
Attachment:

Today's Daily News was delayed due to technical difficulties. Sorry for any inconvenience this may have caused.

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Your Time to Shine: Become a Fellow of the Academy of Nutrition and Dietetics

and be recognized for your professional accomplishments, valuable service to the profession and public and pursuit of lifelong learning. Learn more at www.eatright.org/fellow.

NIH Chief: Get Ready for Testing Whole Genome

<http://www.medpagetoday.com/Genetics/GeneticTesting/42570>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, November 2013

-Future Challenges and Present Ethical Considerations in the Use of Personalized Nutrition Based on Genetic Advice

[http://www.andjrnl.org/article/S2212-2672\(13\)00677-1/fulltext](http://www.andjrnl.org/article/S2212-2672(13)00677-1/fulltext)

Gain seamless access to full-text Journal articles by logging in as a member at

<http://www.eatright.org/>. Go to publications

Obese Teens Eat Up Fast-Food Hype, Study Says. Advertising messages more likely to reach overweight TV watchers than their slimmer peers

<http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/obese-teens-eat-up-fast-food-hype-study-finds-681487.html>

Source: *American Journal of Preventive Medicine*

[http://www.ajpmonline.org/article/S0749-3797\(13\)00429-7/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00429-7/abstract)

Diabetes Risk Tied to Weight Gain in Youth

<http://www.medpagetoday.com/Endocrinology/Diabetes/42543>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20569/abstract>

Combo Drug Qsymia Tops for Weight Loss

<http://www.medpagetoday.com/Endocrinology/Obesity/42563>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20584/supinfo>

Food stamps will get cut by \$5 billion this week and more cuts could follow

<http://www.washingtonpost.com/blogs/wonkblog/wp/2013/10/28/food-stamps-will-get-cut-by-5-billion-this-week-and-more-cuts-could-follow/>

Related Resource: USDA/ERS

-Households with children have higher rates of participation in SNAP

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=40297&ref=collection>

Survey reveals consumers want to avoid pesticides, but are unsure how label certifications help them do that

<http://www.foodnavigator-usa.com/Regulation/Survey-reveals-consumers-want-to-avoid-pesticides-but-are-unsure-how-label-certifications-help-them-do-that>

MedlinePlus: Latest Health News

-Daily Activities Are a Workout!

-Flu Can Kill Even Healthy Children, Study Finds

-Mondays Might Be Your Best Day to Quit Smoking

-Pediatricians call for limits on kids' screen time

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Scary amount of candy will be consumed on Halloween. Almost all children in this country and half of adults will eat candy on Halloween.

(Sarah Krieger, Academy Spokesperson & Keith Ayoob, RD quoted)

<http://www.usatoday.com/story/news/nation/2013/10/29/halloween-candy-consumption/3189537/>

Excess Omega-3 Fatty Acids Could Lead to Negative Health Effects

(Norman Hord, RD quoted)

<http://www.sciencedaily.com/releases/2013/10/131028135035.htm>

Healthy Tips for Halloween

(Anna Busenburg, RD featured)

<http://www.wlfi.com/news/local/healthy-tips-for-halloween>

5 Halloween treats you can feel good about

(By Kati Mora, RD)

<http://www.themorningsun.com/lifestyle/20131029/kati-mora-5-halloween-treats-you-can-feel-good-about>

Juice cleanses could help or hurt your diet

(Georgia Giannopoulos, RD quoted)

<http://centralny.ynn.com/content/lifestyles/702516/juice-cleanses-could-help-or-hurt-your-diet/>

Controversy grows over health benefits of grains

(By Carolyn O'Neil, RD & Judy Adams, RD quoted)

<http://www.buffalonews.com/life-arts/recipes/controversy-grows-over-health-benefits-of-grains-20131030>

Mid Day Fix: Dietitian rates smoothies

(Victoria Shanta Retelny, RD featured)

<http://wgntv.com/2013/10/29/midday-fix-dietician-victoria-shanta-retelny-rates-smoothies/>

How to keep nutrition simple

(By Lindsay Adams, RD)

http://www.victoriaadvocate.com/news/2013/oct/29/gl_dietitian_dish_103013_223335/?business

Should you try these fad diets?

(Kris Clark, RD quoted)

<http://www.foxnews.com/health/2013/10/30/should-you-try-these-fad-diets/>

Seasonal pumpkin can boost health year round

(Hannah Isler, RD & Anna Busenburg quoted)

<http://www.jconline.com/article/20131030/LIFE03/310300007/Seasonal-pumpkin-can-boost-health-year-round>

Practical Nutrition: Turn pumpkin seeds into healthy snack

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-turn-pumpkin-seeds-into-healthy-snack/article_0b1e9c81-42d9-58d2-ae57-033de38a6bb7.html

Do fat letters really work?

(By Amanda Burton, Dietitian/Canada)

<http://www.thetelegram.com/section/2013-10-28/article-3449860/Do-%26lsquo%3Bfat-letters%26rsquo%3B-really-work%3F1>

Quote of the Week

Where there is no imagination there is no horror

-Arthur Conan Doyle, Sr.

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<http://www.eatright.org/positions/>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-24038-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

264. RE: Sponsor Meet and Greet attendees fyi

From: Donna Martin <dmartin@burke.k12.ga.us>
To: Jennifer Horton <Jhorton@eatright.org>
Sent Date: Oct 15, 2013 15:48:44
Subject: RE: Sponsor Meet and Greet attendees fyi
Attachment: [TEXT.htm](#)

Yes it did! Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>> Jennifer Horton <Jhorton@eatright.org> 10/15/2013 3:48 PM >>>

Hi Donna,
Did this version make it? Ends with Julie Washington.

Diane Tallman, RD*
Abbott Nutrition
Manager, Professional Alliance

Jen Davis, MSN, RN* (associate member)
Abbott Nutrition
Manager, Nurse Alliance Development

Karen Kafer, MS, RD*
National Dairy Council
VP, Health & Wellness Partnerships

Erin Coffield, RD, LDN*

National Dairy Council

VP, Strategic Communications and Integration for Nutrition, Health and Wellness, NDC and
Innovation Center for US Dairy

Juli Hermanson, MPH, RD*

General Mills

Senior Nutrition Communicator

Sarah Woodside, MS, RD*

Kellogg Company

Senior Nutrition Business Partner

Barb Ledermann, RD, MSc*

Unilever

Senior Nutrition Manager North America

Gina Ruskie, RD*

Unilever

Nutrition and Health Asst Manager

Carolyn Kallio, RD

Unilever

Assistant Nutrition Manager Refreshment North America

Kari Sellars

Alaska Seafood Marketing Institute

Senior Public Relations Account Executive

Sarah Ludmer, RD, LD*

Del Monte

Manager, Nutrition Services and Communication

Stacy Spadaro, RD*

Del Monte

Dietetic Intern

Kim Spinelli

Del Monte

Regulatory Technologist

Bob Wheatley

Jamba Juice

CEO at Emergent Communications, Inc.

Julie Washington
Jamba Juice
Chief Brand Officer

Jennifer Horton
Director Corporate Relations
Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
PH: 312.899.4804
jhorton@eatright.org

265. RE: Sponsor Meet and Greet attendees fyi

From: Jennifer Horton <Jhorton@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 15, 2013 15:48:17
Subject: RE: Sponsor Meet and Greet attendees fyi
Attachment:

Hi Donna,

Did this version make it? Ends with Julie Washington.

Diane Tallman, RD*

Abbott Nutrition
Manager, Professional Alliance

Jen Davis, MSN, RN* (associate member)

Abbott Nutrition

Manager, Nurse Alliance Development

Karen Kafer, MS, RD*

National Dairy Council

VP, Health & Wellness Partnerships

Erin Coffield, RD, LDN*

National Dairy Council

VP, Strategic Communications and Integration for Nutrition, Health and Wellness, NDC and
Innovation Center for US Dairy

Juli Hermanson, MPH, RD*

General Mills

Senior Nutrition Communicator

Sarah Woodside, MS, RD*

Kellogg Company

Senior Nutrition Business Partner

Barb Ledermann, RD, MSc*

Unilever

Senior Nutrition Manager North America

Gina Ruskie, RD*

Unilever

Nutrition and Health Asst Manager

Carolyn Kallio, RD

Unilever

Assistant Nutrition Manager Refreshment North America

Kari Sellars

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Sarah Ludmer, RD, LD*

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Stacy Spadaro, RD*

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Dietetic Intern

Kim Spinelli

Del Monte

Regulatory Technologist

Bob Wheatley

Jamba Juice

CEO at Emergent Communications, Inc.

Julie Washington

Jamba Juice

Chief Brand Officer

Jennifer Horton

Director Corporate Relations

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

PH: 312.899.4804

jhorton@eatright.org

266. Re: Sponsor Meet and Greet attendees fyi

From: Donna Martin <dmartin@burke.k12.ga.us>
To: Jennifer Horton <Jhorton@eatright.org>
Sent Date: Oct 15, 2013 15:39:50
Subject: Re: Sponsor Meet and Greet attendees fyi
Attachment: [TEXT.htm](#)

Jennifer, My email cut off the names of the sponsor representatives. Do you think you could resend the file? Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>> Jennifer Horton <Jhorton@eatright.org> 10/15/2013 3:35 PM >>>

Hello,

For those of you that will stop by the Sponsor Meet and Greet (Room 350C at 3:00 pm) prior to the Board photo shoot, we thought you would like to know in advance the sponsor representatives that we received an RSVP from. Please let me know if you have any questions and see you soon!

Diane Tallman, RD*
Abbott Nutrition
Manager, Professional Alliance

Jen Davis, MSN, RN* (associate member)
Abbott Nutrition
Manager, Nurse Alliance Development

Karen Kafer, MS, RD*
National Dairy Council
VP, Health & Wellness Partnerships

Erin Coffield, RD, LDN*
National Dairy Council
VP, Strategic Communications and Integration for Nutrition, Health and Wellness, NDC and
Innovation Center for US Dairy

Juli Hermanson, MPH, RD*
General Mills
Senior Nutrition Communicator

Sarah Woodside, MS, RD*
Kellogg Company
Senior Nutrition Business Partner

Barb Ledermann, RD, MSc*
Unilever
Senior Nutrition Manager North America

Gina Ruskie, RD*
Unilever
Nutrition and Health Asst Manager

Carolyn Kallio, RD
Unilever
Assistant Nutrition Manager Refreshment North America

Kari Sellars
Alaska Seafood Marketing Institute
Senior Public Relations Account Executive

Sarah Ludmer, RD, LD*
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Stacy Spadaro, RD*
Del Monte
Dietetic Intern

Kim Spinelli
Del Monte
Regulatory Technologist

Bob Wheatley
Jamba Juice
CEO at Emergent Communications, Inc.

Julie Washington
Jamba Juice
Chief Brand Officer

267. Important FNCE Exhibit Visit Information

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Oct 10, 2013 13:52:58
Subject: Important FNCE Exhibit Visit Information
Attachment: [image001.jpg](#)
[2013 Board of Directors Packet -FINAL 10 8 13.pdf](#)
[Marsh Professional Liability Insurance memo.doc](#)

As per our practice, every year Board members visit the vendors on the exhibit floor to thank them for their participation in the Expo. Attached are your designated booth assignments; a paper copy will be provided in your onsite meeting packet. Be sure to stop by the Association for Nutrition and Foodservice Professionals (ANFP) booth #660. Their CEO, Joyce Gilbert, has requested that the ANFP booth have a banner showing our strengthened collaboration. Mary Beth Whalen is working with ANFP's marketing director to develop the phrasing, using the creative wording provided by Becky and Elise.

You will remember that you received communication about our reversal decision for the following exhibitors:

- Oxford Biomedical/LEAP-MRT (booth #1233)
- Nutrigenomix (booth #730)
- GenoVive (booth #1754)

When you visit the exhibits, you may hear from them, their supporters and their detractors. Please use the following talking points.

- Members value having an understanding of the variety of programs, products and services that are available to their clients and consumers in the marketplace.
- We need to share cutting-edge information with our members, even when evidence is lacking, as long as members practice safely and within their scope.
- Please provide us with scientifically valid information regarding the product to help in next year's evaluation.

Please read the attached letter regarding professional liability insurance that went out to affiliate, DPG and MIG leaders, as you may get a couple of questions. Please direct members with inquiries to the Marsh booth (#1042) where an insurance specialist can answer their specific questions.

Thank you!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

268. FNCE-at-a-Glance

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Oct 10, 2013 07:00:47
Subject: FNCE-at-a-Glance
Attachment:

FNCE at-a-Glance

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect With Us:

Thank you for registering to attend the 2013 Food & Nutrition Conference & Expo in Houston, Texas! We hope you find this issue of the *FNCE-at-a-Glance* helpful to you as you plan your days at FNCE®.

FNCE® Information at Your Fingertips!

The Academy is excited to introduce the first ever Food & Nutrition Conference & Expo App for attendees and exhibitors! This **FREE** app is a great tool for you to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, and much more! Stay up-to-date on the latest announcements during FNCE with our app! Download it now!

[Apple users click here.](#) [Android users click here.](#)

Follow FNCE® on Twitter!

While you're at the Food & Nutrition Conference & Expo, be sure stay social! Follow @eatrightFNCE on Twitter and be sure to tweet using the #FNCE hashtag. We want to hear about your favorite sessions, see photos you take of great memories, and experience the event through your eyes!

Learn new recipes and cooking techniques: Attend the Culinary Demos at FNCE®

Earn CPE while learning new recipes and cooking techniques at the Culinary Demonstrations. During these engaging one-hour educational sessions, Academy Sponsors team up with chefs and RDs to teach new recipes, demonstrate cooking techniques and share nutritional expertise, tips and trends. Presented in the Culinary Demo Theater located inside the Expo Hall in Hall A3, these demonstrations are open to all attendees.

[View the Culinary Demo Schedule](#)

Meet a Career Expert

Sign up for a private one-on-one consultation with a Career Expert to help find your first job or land your next big career move. Career Experts are available for students, new professionals and seasoned practitioners.

Student Reception

Meet and mingle with fellow dietetic students and interns from all over the country while enjoying complimentary light hors d'oeuvres and soft drinks. *Attendees who are 21 years old with valid photo ID will receive two beer/wine tickets.*

Do you think your patient's might learn better if they could play a game?

Sunday, October 20 3:30 p.m. - 5:00 p.m.

Come and learn where to find nutrition game databases, how to evaluate games, and how to use nutrition games to motivate your clients to change behaviors.

Save on the NEW Nutrition Care Manual® Products at the FNCE® Bookstore!

Coming in mid-October there will be a complete redesign of all the Nutrition Care Manual® sites, including easier navigation, content reorganization, additional customization features, and much more! All NCM products are now mobile- and tablet-ready! Purchase any NEW Nutrition Care Manual® product at the FNCE Bookstore to receive a 10% discount! (*Restrictions apply. See FNCE bookstore for details*) www.nutritioncaremanual.org

Students! Now is the Time to StEP Up to Your Career!

The Academy's Student Exam Prep (StEP) covers all domains from the registration examination and helps provide the extra edge you need to prepare for the exam. Stop by the FNCE Bookstore to take a practice quiz, and enter to win a FREE subscription! www.rdexamprep.com

Quality is Key!

Sunday, October 20 1:30 p.m. - 3:00 p.m.

Use the EHR and informatics to streamline processes and improve outcomes while elevating your

role as the dietitian.

Malnutrition Characteristics: Put it All Together!

Monday, October 21 3:30 p.m. - 5:00 p.m.

Using the Academy and ASPEN's newly developed criteria and characteristics, determine the etiology severity of the malnutrition. Establish a documentation template incorporating these findings.

Play Nutritional Pursuit at the 2013 FNCE® Play the Game and Test Your Nutritional Knowledge

Fun trivia game for all FNCE® attendees where you can learn and win prizes! Go to www.nutritionalpursuit.org to preview participating companies and trivia questions!

Check your FNCE tote bag for your official game card. Visit each participant's booth to answer a trivia question. Then just bring your validated game card to the Nutritional Pursuit Booth (#305) to participate in the prize drawing.

Grand Prize \$1,500 Travel Award Certificate

2nd Prize Free Registration for the 2014 FNCE®

3rd Prize One Year Free Academy Membership

Free t-shirts to the first 600 to turn in their cards

The Future is Yours: Collaborating with MDs to Maximize Opportunities for Reimbursement

Sunday, October 20 10:00 a.m. - 11:30 a.m.

The healthcare marketplace is changing rapidly. What opportunities will exist for RDNs in new models of care? How can RDNs develop collaborative partnerships with MDs to deliver higher quality, better coordinated patient-centered care, while maximizing reimbursement opportunities? Join us for the MD and RDN perspective in securing a position in the future of healthcare.

A Special Thank You To Academy Sponsors

The Academy of Nutrition and Dietetics would like to recognize and thank the following Academy Sponsors their support of FNCE® and the Academy:

Academy Partners: Abbott Nutrition, The Coca-Cola Company and National Dairy Council®

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You are currently subscribed as: **dmartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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269. 2013-2014 House of Delegates - Comments from SCAN DPG-payments for services

From: 20132014HouseofDelegates@hod.webauthor.com
To: dmartin@burke.K12.ga.us
Sent Date: Oct 08, 2013 14:06:22
Subject: 2013-2014 House of Delegates - Comments from SCAN DPG-payments for services

Attachment:

Mail 2013-2014 House of Delegates - another Maryland Comment View Post Message

1. Please identify any questions or comments you have about the material you read regarding the Nutrition Services Delivery and Payment: The Business of Every Academy Member.

What new jobs (if any) will be created for RD, RDN, DTR in the PCMH, ACO, and CMMI? How will RD be effected by "changes in hospital payment in an effort to control health care spending and drive quality improvement"?

2. Where do you work (hospital, out-patient, food service, private practice, doctor's office, etc)? Do you know if your salary is covered through any type of reimbursement? If so, how? (ie. grants, third party reimbursement, general funds, room and board costs, patient pays, etc).

Sales Rep for Abbott Nutrition. Call-on hospitals and doctor offices. Not reimbursed.

3. Other comments you may have about this topic....

More states, like Maryland, need specific language to identify "RD/LDN" as sole provider of nutrition in state essential health benefits. Whether implementing ACA or not, states need to identify who will be reimbursed. This is the perfect time for unqualified nutrition professionals to be inserted in state language over the RD.

Karen Bellesky

Your notifications are set to Real-Time, if you would like to change this, log into the portal and update your preferences under My Profile.

270. RE: Board Vote: Award Criteria Update

From: Sonja Connor <connors@ohsu.edu>
To: 'Amy Donatell' <adonatell@eatright.org>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'mchristE@porternovelli.com' <mchristE@porternovelli.com>, robert murray <murraymd@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'eddy@bcm.edu' <eddy@bcm.edu>
Sent Date: Sep 29, 2013 11:27:53
Subject: RE: Board Vote: Award Criteria Update
Attachment: [image001.png](#)

I approve both.

Sonja

From: Amy Donatell [mailto:adonatell@eatright.org]
Sent: Thursday, September 26, 2013 2:10 PM
To: 'kmcclusky@iammorrison.com'; 'tjraymond@aol.com'; dwheller@mindspring.com; Sonja Connor; DMartin@Burke.k12.ga.us; 'lauraromig@gmail.com'; Evelyn Crayton; jean.ragalie@rosedmi.com; 'Bier, Dennis M'; 'mchristE@porternovelli.com'; robert murray; Patricia Babjak
Cc: 'eddy@bcm.edu'
Subject: Board Vote: Award Criteria Update

To: Academy of Nutrition and Dietetics Foundation Board of Directors

From: Amy Donatell, Annual Fund Manager

The Foundation periodically receives requests to approve new criteria or to change existing criteria documents. These changes require board approval. Please review the request to approve one new criteria and a change to an existing criteria. Motions conducted via email require a unanimous

vote and responses should be returned within five working days. Please approve or oppose this fund criteria via email to Amy Donatell at adonatell@eatright.org by **Thursday, October 3rd.**

The criteria documents are attached to this message for your information.

New Criteria: James and Susan Finn Fund.

The purpose of this fund is to commemorate the Academy's 100th anniversary and position the profession for the future. The fund should allow for funding of programmatic expenses associated with the 100th anniversary campaign.

Please approve or oppose the establishment of the James and Susan Finn Fund:

☒X___ Approve

☐___ Oppose

Changes to existing criteria: The Abbott Nutrition Fund

This fund was established in honor of Susan C. Finn, 1992-1993 Academy President, to recognize dietitians who make significant contributions to the importance of nutrition in women's health. The fund currently provides funding for the Abbott Award in Women's Health and The Abbott Renal Nutrition Grant. Abbott Nutrition would like to continue funding the Women's Health Award, however they would like to amend the criteria relating to the Renal Research Grant for the development of a new award. The Abbott Nutrition Alliance Award would recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The ideal candidate would work as part of an interdisciplinary team with other healthcare professionals. The award will provide a \$1,400 recognition prize for each recipient.

Please approve or oppose the requested changes to the Abbott Nutrition Fund:

☒X___ Approve

☐___ Oppose

If you have any questions or need additional information, please contact Amy Donatell at adonatell@eatright.org or 800/877-1600 x4767.

Amy Donatell

Annual Fund Manager

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4767

www.eatright.org

271. Daily News & Journal Review: Friday, September 27, 2013

From: academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 27, 2013 11:18:09
Subject: Daily News & Journal Review: Friday, September 27, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

AAFP Says No to Energy Drink Samples for Kids
<http://www.medpagetoday.com/MeetingCoverage/AAFP/41858>

Source: AAFP

<http://www.aafp.org/news-now/2013-cod-assembly/20130926hopsrefcomm.html>

Related Resource: FNCE Session 2013, Hot Topic - Do Energy Drinks Live Up to Their Hype? A Look at Cognitive and Physical Effects

<http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=34978>

Overeating? A faulty brain circuit may be to blame

<http://www.latimes.com/science/sciencenow/la-sci-overeating-brain-circuit-20130926,0,5832746.story>

Source: Science

<http://www.sciencemag.org/content/341/6153/1517.abstract>

School cafeterias, vending machines trading sugar, fat for more healthful fare
http://www.washingtonpost.com/national/health-science/school-cafeterias-vending-machines-trading-sugar-fat-for-more-healthful-fare/2013/09/26/87349b2c-20a4-11e3-a358-1144dee636dd_story.html

Related Resource: Academy of Nutrition and Dietetics Supports USDAs Call for Healthier Standards for All Foods Sold in Schools
<http://www.eatright.org/Media/content.aspx?id=6442477014>

Hearty Breakfast Good in Type 2 Diabetes
(Presented at the European Association for the Study of Diabetes)
<http://www.medpagetoday.com/MeetingCoverage/EASDEndo/41880>

Study: Jump on Type 2 Diabetes Early
(Presented at the European Association for the Study of Diabetes)
<http://www.medpagetoday.com/MeetingCoverage/EASDCardio/41888>

Related Resource: Diabetes Mellitus Type 1 & 2 Evidence-Based Nutrition Practice Guideline
<http://andevidencelibrary.com/topic.cfm?cat=3251>

Albuminuria Not Always Seen in Renal Disease
(Presented at the European Association for the Study of Diabetes)

<http://www.medpagetoday.com/MeetingCoverage/EASDCardio/41885>

Ask Well: Is It Safe to Eat Soy?

http://well.blogs.nytimes.com/2013/09/27/ask-well-is-it-safe-to-eat-soy/?ref=health&_r=0

Fill your plate with superfoods
http://www.cnn.com/2013/08/28/health/gallery/superfoods-power-foods/index.html?hpt=he_t2

Related Resource: Academys Functional Foods
<http://www.eatright.org/About/Content.aspx?id=8354>

Student food stamp use doubled over 10 years
<http://www.usatoday.com/story/news/nation/2013/09/25/student-usage-snap/2867479/>
Related Resource: SNAP
<http://www.fns.usda.gov/snap>

Lunchtime: Americans Spend Nearly \$1K Annually Eating Out For Lunch
<http://www.forbes.com/sites/halahtouryalai/2013/09/25/lunchtime-americans-spend-nearly-1k-annually-eating-out-for-lunch/>

Pretzel mania spreads from fast food to every food
<http://www.usatoday.com/story/money/business/2013/09/25/pretzel-pretzel-burger-pretzel-sandwich-7-eleven-wendys-mintel-new-products/2842941/>

With Tastes Growing Healthier, McDonalds Aims to Adapt Its Menu
<http://www.nytimes.com/2013/09/27/business/mcdonalds-moves-toward-a-healthier-menu.html?ref=health>

Consumers seeking caffeine alternatives that deliver the same energy boost, says Chromadex commissioned survey
<http://www.foodnavigator-usa.com/Suppliers2/Consumers-seeking-caffeine-alternatives-that-deliver-the-same-energy-boost-says-Chromadex-commissioned-survey>

HFCS- free: The trend stalled by consumer indifference?
<http://www.foodnavigator-usa.com/Markets/HFCS-free-The-trend-stalled->

by-consumer-indifference

First omega 3s shot hits market with Ocenas
Omega emulsion technology

<http://www.foodnavigator-usa.com/R-D/First-omega-3s-shot-hits-market-with-Oceans-Omega-s-emulsion-technology>

Hip-hop health, a 'party with a purpose'

http://www.cnn.com/2013/09/27/health/hip-hop-health/index.html?hpt=he_c1

Harmful germs lurking in your kitchen can make you sick

<http://www.usatoday.com/story/news/nation/2013/09/26/health-kitchen-germs/2880125/>

Source: NSF International

<http://www.nsf.org/newsroom/nsfs-2013-germ-study-finds-kitchen-items-harbor-e-coli-salmonella-listeria>

Related Resource: Home Food Safety
www.homefoodsafety.org

Google unveils major overhaul of its search engine

<http://www.usatoday.com/story/tech/2013/09/26/google-overhauls-search-engine/2877491/>

MedlinePlus: Latest Health News

-Could Obesity Help Older People With Type 2 Diabetes?

-Parenthood May Reduce Diabetes-Related Death Risk, Study Suggests

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Big Breakfast May Be Best for Diabetes Patient

(Vandana Sheth, Academy Spokesperson quoted)

http://www.philly.com/philly/health/diabetes/HealthDay680522_20130926_Big_Breakfast_May_Be_Best_for_Diabetes_Patients.html

When weight loss nearly kills

(Sue Claranan, RD quoted)

http://qctimes.com/lifestyles/health-med-fit/when-weight-loss-nearly-kills/article_6e1353b5-6580-5c97-aeee-f1e0e58011cb.html

Vitamin B may cut risk of stroke

(Julia Zumpano, RD quoted)

<http://www.komonews.com/news/health/Vitamin-B-may-cut-risk-of-stroke-225416452.html>

McDonald's tries fancy food with celebrity chefs in NYC

(Jessica Foust, RD quoted)

<http://www.latimes.com/business/money/la-fi-mo-mcdonalds-celebrity-chefs-20130925,0,1848824.story>

In Your-Cart-Energy-Drinks

(Sheryl Lozicki, RD featured)

http://www.wzzm13.com/life/local/programming/take_five/268816/205/In-Your-Cart-Energy-Drinks

How to make your own healthful Lunchable-style lunches

(Michelle Dudash, RDN quoted)

<http://www.azfamily.com/news/health/How-to-make-your-own-Lunchable-style-lunches-225386632.html>

Sodexo offers healthy options

Students given increased nutritional information

(Alexa Schmidt, RD quoted)

<http://www.bupipedream.com/news/23365/sodexo-offers-healthy-options-students-given-increased-nutritional-information/>

Nutritional yeast benefits; What are prebiotics?

(By Nancy Dell, RD)

<http://www.wwlp.com/health/dietitian/nancy-dell-nutritional-yeast-benefits-what-are-prebiotics>

Journal Review

***Journal of the Academy of Nutrition and Dietetics*, October 2013**

Trouble Finding 1993-2011 Issues?

Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011

<http://www.adajournal.org/current>

President's Page-M Is for Mentorship

[http://www.andjrnl.org/article/S2212-2672\(13\)01294-X/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01294-X/fulltext)

The MyPlate Message Chronicles

7 SuperTracker Features You've Never Heard Of

[http://www.andjrnl.org/article/S2212-2672\(13\)01295-1/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01295-1/fulltext)

Calcium Plus Vitamin D Supplementation and Joint Symptoms in Postmenopausal Women in the Women's Health Initiative Randomized Trial

[http://www.andjrnl.org/article/S2212-2672\(13\)00685-0/abstract](http://www.andjrnl.org/article/S2212-2672(13)00685-0/abstract)

Registered Dietitians Making a Difference: Early Medical Record Documentation of Estimated Energy Requirement in Critically Ill Children Is Associated with Higher Daily Energy Intake and with Use of the Enteral Route

[http://www.andjrnl.org/article/S2212-2672\(13\)00515-7/abstract](http://www.andjrnl.org/article/S2212-2672(13)00515-7/abstract)

Deconstructing a Fruit Serving: Comparing the Antioxidant Density of Select Whole Fruit and 100% Fruit Juices

[http://www.andjrnl.org/article/S2212-2672\(13\)00514-5/abstract](http://www.andjrnl.org/article/S2212-2672(13)00514-5/abstract)

Position of the Academy of Nutrition and Dietetics: Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity

[http://www.andjrnl.org/article/S2212-2672\(13\)01292-6/abstract](http://www.andjrnl.org/article/S2212-2672(13)01292-6/abstract)

Members Celebrate 50 Years with the Academy

[http://www.andjrnl.org/article/S2212-2672\(13\)01372-5/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01372-5/fulltext)

Erin McCarthy, MS, RD, CSSD, Wins Huddleson Award

[http://www.andjrnl.org/article/S2212-2672\(13\)01293-8/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01293-8/fulltext)

Linda Van Horn, PhD, RD, Wins Monsen Award

[http://www.andjrnl.org/article/S2212-2672\(13\)01405-6/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01405-6/fulltext)

Academy of Nutrition and Dietetics Foundation Scholarship Recipients for 2013-2014

[http://www.andjrnl.org/article/S2212-2672\(13\)01296-3/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01296-3/fulltext)

Question of the Month

Probiotics: Where Do We Stand?

[http://www.andjrnl.org/article/S2212-2672\(13\)01298-7/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01298-7/fulltext)

American Journal of Epidemiology, October 1 2013

<http://aje.oxfordjournals.org/content/178/7?etoc>

Understanding the Independent and Joint Associations of the Home and Workplace Built Environments on Cardiorespiratory Fitness and Body Mass Index

<http://aje.oxfordjournals.org/content/178/7/1094.abstract.html?etoc>

Diarrhea in Early Childhood: Short-term Association With Weight and Long-term Association With Length

<http://aje.oxfordjournals.org/content/178/7/1129.abstract.html?etoc>

American Journal of Lifestyle Medicine, July/August 2013

Theme-Alcohol, Health, and Injuries

<http://ajl.sagepub.com/content/current>

Body Weight and Nutrition Consequences of Alcohol Consumption in Young Adults

<http://ajl.sagepub.com/content/7/4/241.abstract>

Surgery for Severe Obesity

<http://ajl.sagepub.com/content/7/4/255.short>

The Interaction Between Exercise, Appetite, and Food Intake: Implications for Weight Control

<http://ajl.sagepub.com/content/7/4/265.short>

The Impact of Pistachio Consumption on Blood Lipid Profile: A Literature Review

<http://ajl.sagepub.com/content/7/4/274.short>

***Annals of Internal Medicine*, Online First, September 20, 2013**

<http://annals.org/onlineFirst.aspx>

Management of Obstructive Sleep Apnea in Adults: A Clinical Practice Guideline From the American College of Physicians

<http://annals.org/article.aspx?articleID=1740756>

Association Between Exposure to Low to Moderate Arsenic Levels and Incident Cardiovascular Disease: A Prospective Cohort Study

<http://annals.org/article.aspx?articleid=1740759>

***Clinical Nutrition*, Articles in Press, September 18, 2013**

<http://www.sciencedirect.com/science/journal/aip/02615614>

Components of the metabolic syndrome are negative predictors of weight loss in obese children with lifestyle intervention

<http://www.sciencedirect.com/science/article/pii/S0261561413002458>

Consumption of oral hospital diets and percent adequacy of minerals in oncology patients as an indicative for the use of oral supplements

<http://www.sciencedirect.com/science/article/pii/S0261561413002434>

The nutritional strategy: Four questions predict morbidity, mortality and health care costs

<http://www.sciencedirect.com/science/article/pii/S026156141300246X>

The economic burden of disease-related undernutrition in selected chronic diseases

<http://www.sciencedirect.com/science/article/pii/S0261561413002446>

***Diabetes*, October 2013**

<http://diabetes.diabetesjournals.org/content/62/10?etoc>

Sugar, Uric Acid, and the Etiology of Diabetes and Obesity

<http://diabetes.diabetesjournals.org/content/62/10/3307.abstract.html?etoc>

Assessing the Human Gut Microbiota in Metabolic Diseases

<http://diabetes.diabetesjournals.org/content/62/10/3341.abstract.html?etoc>

Oxytocin Reduces Reward-Driven Food Intake in Humans

<http://diabetes.diabetesjournals.org/content/62/10/3418.abstract.html?etoc>

***Diabetes Care*, October 2013**

<http://care.diabetesjournals.org/content/36/10?etoc>

Intensive Structured Self-Monitoring of Blood Glucose and Glycemic Control in Noninsulin-Treated

Type 2 Diabetes: The PRISMA randomized trial

<http://care.diabetesjournals.org/content/36/10/2887.abstract.html?etoc>

Challenges to Healthy Eating for People With Diabetes in a Low-Income, Minority Neighborhood

<http://care.diabetesjournals.org/content/36/10/2895.abstract.html?etoc>

Inpatient Diabetes Education Is Associated With Less Frequent Hospital Readmission Among Patients With Poor Glycemic Control

<http://care.diabetesjournals.org/content/36/10/2960.abstract.html?etoc>

Food Insecurity and Metabolic Control Among U.S. Adults With Diabetes

<http://care.diabetesjournals.org/content/36/10/3093.abstract.html?etoc>

Breakfast Frequency and Development of Metabolic Risk

<http://care.diabetesjournals.org/content/36/10/3100.abstract.html?etoc>

The Importance of Waist Circumference and BMI for Mortality Risk in Diabetic Adults

<http://care.diabetesjournals.org/content/36/10/3128.abstract.html?etoc>

Three 15-min Bouts of Moderate Postmeal Walking Significantly Improves 24-h Glycemic Control in Older People at Risk for Impaired Glucose

Tolerance

<http://care.diabetesjournals.org/content/36/10/3262.abstract.html?etoc>

Benefits of Liraglutide Treatment in Overweight and Obese Older Individuals With Prediabetes

<http://care.diabetesjournals.org/content/36/10/3276.abstract.html?etoc>

Twizzlers as a Cost-Effective and Equivalent Alternative to the Glucola Beverage in Diabetes Screening

<http://care.diabetesjournals.org/content/36/10/e169.extract.html?etoc>

Diabetes Educator, September/October 2013

<http://tde.sagepub.com/content/39/5.toc>

The Landscape for Diabetes Education

Results of the 2012 AADE National Diabetes Education Practice Survey

<http://tde.sagepub.com/content/39/5/614.abstract>

Barriers to Physical Activity in People With Type 2 Diabetes Enrolled in a Worksite Diabetes Disease Management Program

<http://tde.sagepub.com/content/39/5/626.abstract>

Who Can Provide Diabetes Self-Management Support in Primary Care?

Findings From a Randomized Controlled Trial

<http://tde.sagepub.com/content/39/5/705.abstract>

Food and Chemical Toxicology, Articles in Press, September 16, 2013

<http://www.sciencedirect.com/science/journal/aip/02786915>

Soy in wheat Contamination levels and food allergy risk assessment

<http://www.sciencedirect.com/science/article/pii/S0278691513006510>

Food Management, September 2013

<http://food-management.com/>

Hospital Nutrition Departments Extending Their Community Outreach

<http://food-management.com/healthcare/hospital-nutrition-departments-extending-their-community-outreach>

What Do You Do When...The (Lunch) Credit Runs Out?

School districts nationwide are struggling to develop charge policies governing whether and what their cafeterias will serve students who do not bring lunch money.

<http://food-management.com/k-12-schools/what-do-you-do-when-the-lunch-credit-runs-out>

Working the Asian Pantry

Update your selection of Asian pantry staples and keep umami power within easy reach.

<http://food-management.com/menu-trends/working-asian-pantry>

Food Quality and Preference, Articles in Pres, September 20, 2013

<http://www.sciencedirect.com/science/journal/aip/09503293>

What determines ingredient awareness of consumers? A study on ten functional food ingredients

<http://www.sciencedirect.com/science/article/pii/S0950329313001547>

Food Technology, September 2013

<http://www.ift.org/food-technology/current-issue.aspx>

Grains, Carbohydrates, and the Brain

<http://www.ift.org/food-technology/current-issue.aspx>

Pollans Unpalatable Recipe for *Cooked*

<http://www.ift.org/food-technology/past-issues/2013/september/columns/perspective.aspx>

The Evolution of Snacks Continues

<http://www.ift.org/food-technology/past-issues/2013/september/columns/the-evolution-of-snacks-continues.aspx>

Journal of the American Medical Association, Online First, September 26, 2013

<http://jama.jamanetwork.com/onlineFirst.aspx>

The Future of the Medicare Home Health Program

http://jama.jamanetwork.com/article.aspx?articleID=1742539&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=JAMA%3AOnlineFirst09%2F26%2F2013

Journal of the American Medical Association, September 25, 2013

<http://jama.jamanetwork.com/issue.aspx>

Obese Adults With Knee Osteoarthritis The IDEA Randomized Clinical Trial

http://jama.jamanetwork.com/article.aspx?articleID=1741824&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification09%2F24%2F2013

Effect of Sensor-Augmented Insulin Pump Therapy and Automated Insulin Suspension vs Standard Insulin Pump Therapy on Hypoglycemia in Patients With Type 1 Diabetes A Randomized Clinical Trial

http://jama.jamanetwork.com/article.aspx?articleID=1741822&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification09%2F24%2F2013

tion%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification09%2F24%2F2013

Editorial

Insulin Pump Therapy With Automated Insulin Suspension Toward
Freedom From Nocturnal Hypoglycemia

<http://jama.jamanetwork.com/article.aspx?articleid=1741800>

Journal of Nutrition, October 2013

<http://jn.nutrition.org/content/vol143/issue10/index.dtl?etoc>

Carbohydrate Quality and Quantity Affect Glucose and Lipid Metabolism during Weight Regain in Healthy Men

<http://jn.nutrition.org/cgi/content/abstract/143/10/1593>

Dietary Intake of Naturally Occurring Plant Sterols Is Related to a Lower Risk of a First Myocardial Infarction in Men but Not in Women in Northern Sweden

<http://jn.nutrition.org/cgi/content/abstract/143/10/1630>

Long-Term Diet Quality Is Associated with Lower Obesity Risk in Young African American Women with Normal BMI at Baseline

<http://jn.nutrition.org/cgi/content/abstract/143/10/1636>

Consumption of Low-Fat Dairy Products May Delay Natural Menopause

<http://jn.nutrition.org/cgi/content/abstract/143/10/1642>

Increasing the Percentage of Energy from Dietary Sugar, Fats, and Alcohol in Adults Is Associated with Increased Energy Intake but Has Minimal Association with Biomarkers of Cardiovascular Risk

<http://jn.nutrition.org/cgi/content/abstract/143/10/1651>

Journal of Parenteral and Enteral Nutrition, September 2013

<http://pen.sagepub.com/content/37/5.toc>

Iron Metabolism in Man

<http://pen.sagepub.com/content/37/5/599.abstract>

Side Effects of Long-Term Glutamine Supplementation

<http://pen.sagepub.com/content/37/5/607.abstract>

An Evaluation of a Handheld Indirect Calorimeter Against a Standard Calorimeter in Obese and Nonobese Adults

<http://pen.sagepub.com/content/37/5/652.short>

Subjective Global Nutritional Assessment in Critically Ill Children

<http://pen.sagepub.com/content/37/5/659.abstract>

Osmolality, pH, and Compatibility of Selected Oral Liquid Medications With an Enteral Nutrition Product

<http://pen.sagepub.com/content/37/5/689.short>

Journal of Parenteral and Enteral Nutrition, September 2013 Supplement

Perioperative Nutrition Therapy: North American Surgical Nutrition Summit Reports

http://pen.sagepub.com/content/37/5_suppl.toc

Perioperative Nutrition What Is the Current Landscape

http://pen.sagepub.com/content/37/5_suppl/5S.abstract

Factors That Impact Patient Outcome Nutrition Assessment

http://pen.sagepub.com/content/37/5_suppl/30S.abstract

***Journal of Pediatric Gastroenterology & Nutrition*, Published Ahead of Print, September 16, 2013**

<http://journals.lww.com/jpgn/toc/publishahead>

Nutritional Therapy in Pediatric Crohn's Disease: The Specific Carbohydrate Diet.

<http://journals.lww.com/jpgn/pages/articleviewer.aspx?year=9000&issue=00000&article=98532&type=abstract>

***Journal of School Nursing*, October 2013**

<http://jsn.sagepub.com/content/29/5.toc>

Associations Between Three School-Based Measures of Health

Is BMI Enough?

<http://jsn.sagepub.com/content/29/5/378.abstract>

***Journal of Womens Health*, September 2013**

<http://online.liebertpub.com/toc/jwh/22/9>

Policies on Worksite Lactation Support Within States and Organizations

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4186>

Everything in Moderation: What the Female Athlete Triad Teaches Us About Energy Balance

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2013.4515>

***Lancet*, September 28, 2013**

<http://www.thelancet.com/journals/lancet/issue/current>

Dextrose gel for neonatal hypoglycaemia (the Sugar Babies Study): a randomised, double-blind, placebo-controlled trial

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61645-1/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61645-1/fulltext)

***New England Journal of Medicine*, September 26, 2013**

(Access abstracts from link below)

<http://www.nejm.org/toc/nejm/medical-journal>

-Diverse Sources of *C. difficile* Infection Identified on Whole-Genome Sequencing

-Editorial

Clostridium difficile Beyond the Usual Suspects

***Nutrition Journal*, September 2013**

<http://www.nutritionj.com/content/12/September/2013>

Weight management interventions in adults with intellectual disabilities and obesity: a systematic

review of the evidence

<http://www.nutritionj.com/content/12/1/132/abstract>

Food availability of glucose and fat, but not fructose, increased in the US between 1970 and 2009: analysis of the USDA food availability data system

<http://www.nutritionj.com/content/12/1/130/abstract>

Nutrition Research, Articles in Press, September 18, 2013

<http://www.sciencedirect.com/science/article/pii/S0271531713001863>

Dietary carbohydrate restriction improves insulin sensitivity, blood pressure, microvascular function, and cellular adhesion markers in individuals taking statins

<http://www.sciencedirect.com/science/article/pii/S0271531713001863>

Proceedings of the Nutrition Society, First View, September 19, 2013

<http://journals.cambridge.org/action/displayIssue?jid=PNS&volumeId=-1&seriesId=0&issueId=-1>

Fruit and vegetable intake and risk of cardiovascular disease

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9012983>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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272. Re: Board Vote: Award Criteria Update

From: Donna Martin <dmartin@burke.k12.ga.us>
To: Donatell, Amy <adonatell@eatright.org>
Sent Date: Sep 27, 2013 08:16:09
Subject: Re: Board Vote: Award Criteria Update
Attachment: [unknown_name_d2d6q](#)

Please approve or oppose the establishment of the James and Susan Finn Fund:

☒ Approve

☐ Oppose

Please approve or oppose the requested changes to the Abbott Nutrition Fund:

☒ Approve

☐ Oppose

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Amy Donatell <adonatell@eatright.org> 9/26/2013 5:10 PM >>>

To: Academy of Nutrition and Dietetics Foundation Board of Directors

From: Amy Donatell, Annual Fund Manager

The Foundation periodically receives requests to approve new criteria or to change existing criteria documents. These changes require board approval. Please review the request to approve one new criteria and a change to an existing criteria. Motions conducted via email require a unanimous vote and responses should be returned within five working days. Please approve or oppose this fund criteria via email to Amy Donatell at adonatell@eatright.org by **Thursday, October 3rd.**

The criteria documents are attached to this message for your information.

New Criteria: James and Susan Finn Fund.

The purpose of this fund is to commemorate the Academy's 100th anniversary and position the profession for the future. The fund should allow for funding of programmatic expenses associated with the 100th anniversary campaign.

Please approve or oppose the establishment of the James and Susan Finn Fund:

_____ Approve

_____ Oppose

Changes to existing criteria: The Abbott Nutrition Fund

This fund was established in honor of Susan C. Finn, 1992-1993 Academy President, to recognize dietitians who make significant contributions to the importance of nutrition in women's health. The fund currently provides funding for the Abbott Award in Women's Health and The Abbott Renal Nutrition Grant. Abbott Nutrition would like to continue funding the Women's Health Award, however they would like to amend the criteria relating to the Renal Research Grant for the development of a new award. The Abbott Nutrition Alliance Award would recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The ideal candidate would work as part of an interdisciplinary team with other healthcare professionals. The award will provide a \$1,400 recognition prize for each recipient.

Please approve or oppose the requested changes to the Abbott Nutrition Fund:

_____ Approve

_____ Oppose

If you have any questions or need additional information, please contact Amy Donatell at adonatell@eatright.org or 800/877-1600 x4767.

Amy Donatell

Annual Fund Manager

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4767

www.eatright.org

273. Board Vote: Award Criteria Update

From: Amy Donatell <adonatell@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'mchristE@porternovelli.com' <mchristE@porternovelli.com>, robert murray <murraymd@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'eddy@bcm.edu' <eddy@bcm.edu>
Sent Date: Sep 26, 2013 17:10:19
Subject: Board Vote: Award Criteria Update
Attachment: [image001.png](#)
[James and Susan Finn Fund.doc](#)
[Abbott Nutrition Fund \(2\).doc](#)

To: Academy of Nutrition and Dietetics Foundation Board of Directors

From: Amy Donatell, Annual Fund Manager

The Foundation periodically receives requests to approve new criteria or to change existing criteria documents. These changes require board approval. Please review the request to approve one new criteria and a change to an existing criteria. Motions conducted via email require a unanimous vote and responses should be returned within five working days. Please approve or oppose this fund criteria via email to Amy Donatell at adonatell@eatright.org by **Thursday, October 3rd.**

The criteria documents are attached to this message for your information.

New Criteria: James and Susan Finn Fund.

The purpose of this fund is to commemorate the Academy's 100th anniversary and position the profession for the future. The fund should allow for funding of programmatic expenses associated with the 100th anniversary campaign.

Please approve or oppose the establishment of the James and Susan Finn Fund:

_____ Approve

_____ Oppose

Changes to existing criteria: The Abbott Nutrition Fund

This fund was established in honor of Susan C. Finn, 1992-1993 Academy President, to recognize dietitians who make significant contributions to the importance of nutrition in women's health. The fund currently provides funding for the Abbott Award in Women's Health and The Abbott Renal Nutrition Grant. Abbott Nutrition would like to continue funding the Women's Health Award, however they would like to amend the criteria relating to the Renal Research Grant for the development of a new award. The Abbott Nutrition Alliance Award would recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The ideal candidate would work as part of an interdisciplinary team with other healthcare professionals. The award will provide a \$1,400 recognition prize for each recipient.

Please approve or oppose the requested changes to the Abbott Nutrition Fund:

_____ Approve

_____ Oppose

If you have any questions or need additional information, please contact Amy Donatell at adonatell@eatright.org or 800/877-1600 x4767.

Amy Donatell

Annual Fund Manager

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4767

www.eatright.org

274. FNCE-at-a-Glance

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Sep 26, 2013 16:50:06
Subject: FNCE-at-a-Glance
Attachment:

FNCE at-a-Glance

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect With Us:

Thank you for registering to attend the 2013 Food & Nutrition Conference & Expo in Houston, Texas! We hope you find this issue of the *FNCE-at-a-Glance* helpful to you as you plan your days at FNCE®.

FNCE® Information at Your Fingertips!

The Academy is excited to introduce the first ever Food & Nutrition Conference & Expo App for attendees and exhibitors! This **FREE** app is a great tool for you to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, and much more! Stay up-to-date on the latest announcements during FNCE with our app! Download it now!

[Apple users click here.](#) [Android users click here.](#)

Fortify Your Nutritional Value: Connecting Malnutrition Research to Clinical Practice

Sunday, October 20 8:00 a.m. - 9:30 a.m. Grand Ballroom C

The purpose of this session is to enable RDs to better communicate the value of their role and clinical expertise as it relates to providing quality of care in our current healthcare environment focused on high-quality patient care and cost reduction. Interactive polling and in-session activities will be included to maximize the learning. *Presented by top-level sponsor, Academy Partner: Abbott Nutrition.*

Preceptor Recruitment Fair and Reception

Sunday, October 21 5:15 p.m. - 6:30 p.m. Ballroom of the Americas E & F

The Reception and Recruitment Fair is held to honor our current preceptors, recruit new

preceptors, and connect dietitians who want to mentor students with dietetic internships in their area. Join us for an opportunity to meet and greet and learn how you can give back to the dietetics profession!

Contact preceptor@eatright.org for questions regarding how to become a preceptor or the Preceptor Recruitment Fair and Reception.

Sustainable Nutrition: Will We Be Able to Feed the World in 2050?

Sunday, October 20 10:00 a.m. - 11:30 a.m. Grand Ballroom C

This session will allow RDs to gain insights and information that will assist them in communicating sound science on the issue of sustainable nutrition. Additionally, RDs will lead the effort to support the food insecure in the U.S. and communicate/educate about available resources to provide healthy foods to the food insecure. *Presented by top-level sponsor, Academy Partner: National Dairy Council®.*

Meet a Career Expert

Sign up for a private one-on-one consultation with a Career Expert to help find your first job or land your next big career move. Career Experts are available for students, new professionals and seasoned practitioners.

Students, not sure what to expect at FNCE®?

Check out the new FNCE 2013 Student Toolkit! This indispensable guide contains info on all of the opportunities and events you'll want to attend, tips on what to do before and during FNCE, and networking recommendations. This Toolkit has all you need to get the most out of your time at FNCE!

School Spirit: Bring Students to FNCE® Houston

Bringing students to the Food & Nutrition Conference & Expo helps instill professional practice beliefs, values, attitudes, and behaviors that will prepare them for practice and lifelong learning. Give your students the best possible start in dietetics: Bring them to FNCE and be eligible to win.

For 2013, the Academy has decided to provide an opportunity to four dietetics education programs, one for each program type, Didactic Program in Dietetics, Dietetic Internship, Coordinated Program in Dietetics and Dietetic Technician Program. The four education programs that bring the highest percentage of students to FNCE will receive special recognition at FNCE

with President Dr. Glenna McCollum, MPH, RDN and a complete set of FNCE 2013 DVD-ROMs (\$349 value).

If you are interested in having your program considered for this opportunity, submit your total enrollment, number of students attending FNCE and the percentage this represents to students@eatright.org by Thursday, October 3. In case of a tie, a random drawing will be held of the programs with the highest percentage of attendees

Nutrition is going Digital!

Tuesday, October 22 12:00 p.m. - 1:30 p.m.

As health information technology is adopted in the United States, the Academy is working hard to ensure the inclusion of nutrition in electronic healthcare records and mobile applications. Come learn and share your experiences with your peers.

Interested in improving quality outcomes in your practice?

Tuesday, October 22 9:45 a.m. - 11:15 a.m.

Come and discuss the role of NCP/IDNT in the collection of outcomes data to improve quality and elevate the role of the RD in practice.

Continue to LEARN at an Expo Briefing

The Academy of Nutrition and Dietetics is shining a spotlight on a variety of scientific and evidence-based topics presented by FNCE exhibitors at this year's Expo. Attend up to 3 Expo Briefings and earn CPE credit! Each session will last 20 minutes, and allow FNCE attendees to continue learning valuable information while at the Expo. Don't miss this opportunity. The Expo Briefing pavilion will be located behind booth 304 on the Expo floor. Check out the complete list of Expo Briefings on our Web site! Visit the FNCE Web site, www.eatright.org/fnce today!

Visit the Journal of the Academy of Nutrition and Dietetics
Booth #305!

Visit our booth to view the photos submitted by fellow Academy members for the 2013 *Journal* Photo Contest and cast your vote for your favorite. The winning entry will be featured on the cover of the *Journal* in 2014.

Don't forget to pick up your 2014 *Journal* calendar featuring 12 of the very best photos submitted

last year and enter our prize drawing for a Nike+ FuelBand®.

Also, mark your calendars for the meet and greet with Editor-in-Chief Linda Snetselaar, PhD, RDN, LD, on Sunday, October 20, from 1-2 p.m.

Malnutrition Programs: How to Get Physicians on Board

Sunday, October 20 3:30 p.m. - 5:00 p.m.

Proper diagnosis, treatment, and prevention of malnutrition continue to be a growing concern among healthcare providers. Partnerships between MDs and RDNs are vital to addressing the problem, but how do RDNs get MDs on board? This session will provide the RDN and MD perspective on effective messaging and approaches for educating physicians, medical residents and medical students regarding the prevalence, etiology, characteristics and consequences of malnutrition in adult acute care patient populations. Listen to case study examples and glean insights from the field.

Foundation's Kids Eat Right Gala

Monday, October 21 Reception 6:30 p.m. - 7:30 p.m., Dinner 7:30 p.m. - 9:30 p.m.
Hilton Americas - Houston, Lanier Grand Ballroom

Enjoy a legendary evening of gourmet food, spectacular entertainment and dancing. The Gala is the social event of the conference. During the evening, you can mingle with industry professionals, Academy leaders and peer industry leaders all while supporting the Foundation of your profession. If you are unable to attend, please consider sponsoring a Foundation Award Recipient or an Academy student member.

Individual tickets are \$200, tables of 10 are \$2,000 for non-profit groups and \$3,000 for corporations. *Sponsored by ConAgra Foods®.*

To register for the Foundation Kids Eat Right Gala or to learn more about Foundation events at FNCE®, visit <http://www.eatright.org/FNCE/content.aspx?id=6442469305>

Support the Foundation While Earning CPE Hours at FNCE®!

Foundation Nutrition Symposium:

Nutrients and Micronutrients and Early Cognitive Development

Saturday, October 19 1:30 p.m. - 3:00 p.m.

This presentation will explore the role of nutrition in cognitive development, including the direct

effects of nutrition on the brain, transient nutritional effects that compound over time, and indirect effects of nutrition through improved health. *Sponsored by: Mead Johnson Nutrition*

To register for this symposium or to learn more about Foundation events at FNCE®,
<http://www.eatright.org/FNCE/content.aspx?id=6442469305>

Registration fee is \$10

2.0 CPE credit

Take a tour of the nation's largest food bank the Houston Food Bank.

Innovations in Food Distribution and Nutrition Education at Food Banks

Saturday, October 19 11:30 a.m. - 3:00 p.m.

Through Kids Eat Right, the Foundation is working with Feeding America to raise awareness of the issue of nutrition and food insecurity. Take an insider's tour of the nation's largest Feeding America food bank, learn about their model programs and participate in a lively discussion with national leaders about strategies to increase access to healthy foods for all Americans.

Transportation and a box lunch will be provided. Space is limited. *Sponsored by Walmart®.*

To register for the Food Bank tour, go to

<http://www.eatright.org/FNCE/content.aspx?id=6442469305> or contact Linda Hudson at 312-899-4773 or lhudson@eatright.org.

Registration fee is \$80, including a \$20 donation to the Foundation.

Deadline to register is Monday, October 7th

2.5 CPE for attending the session at FNCE®

Support the Foundation and Bid on the Silent Auction!

Bid on exciting silent auction items including hotel stays, designer purses, spa gift certificates and more items! The Silent Auction will be located at the Academy Foundation booth located at the Level 3 Foyer in the George R. Brown Convention Center.

Share this mailing with your social network:

This FNCE Announcement is a benefit of the Academy of Nutrition and Dietetics.

If you prefer not to receive future FNCE Announcements, simply follow this link to unsubscribe.

You are currently subscribed as: **dmartin@burke.k12.ga.us**

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275. Daily News & Journal Review: Friday, July 12, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jul 12, 2013 11:14:27
Subject: Daily News & Journal Review: Friday, July 12, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Study: Vallejo among nation's best places for dietitians

http://www.timesheraldonline.com/news/ci_23647116/study-vallejo-among-nations-best-places-dietitians

Related Resources: Salaries: The Who, Where, When and What's Next!

<http://www.eatright.org/Members/content.aspx?id=972>

FNCE® 2013 Session - Professional Skills and Career Management Track

-Beyond Traditional Dietetics: Turning Your RD into Real Dollars

<http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=39>

Many Chronic Diseases Are Preventable through Eating Habits and Lifestyle: Position of the Academy of Nutrition and Dietetics

<http://www.newswise.com/articles/many-chronic-diseases-are-preventable-through-eating-habits-and-lifestyle-position-of-academy-of-nutrition-and-dietetics>

Source: Both the Academy Position and Practice Papers are available at:

<http://www.eatright.org/About/Content.aspx?id=6442460576>

Related Resource: FNCE® 2013 Session - Healthy Aging Across the Lifespan Track

-Research & Practice Innovations - Strategies for Lifestyle Changes Part 1

<http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=33>

\$10,000 grant aids weekend food program in South Glens Falls school district

(The new grant will allow the district to have a dietitian available at various school functions)

http://poststar.com/news/local/grant-aids-weekend-food-program-in-south-glens-falls-school/article_137ae47c-ea7e-11e2-a169-0019bb2963f4.html

Source: Academy of Nutrition and Dietetics Foundation

-Champions for Healthy Kids Grants

<http://www.eatright.org/foundation/championgrants/>

Snack choice not frequency matters most for weightmanagement

<http://www.foodnavigator.com/Science-Nutrition/Snack-choice-not-frequency-matters-most-for-weight-management>

Source: *Public Health Nutrition*

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8951213&fulltextType=RA&fileId=S1368980012003771>

Abdominal Fat Linked to Raised Heart, Cancer Risks

Chances of disease were higher than when fat was in other parts of the body, researchers report

http://www.nlm.nih.gov/medlineplus/news/fullstory_138580.html

Source: *Journal of the American College of Cardiology*

<http://www.sciencedirect.com/science/article/pii/S0735109713025540>

Maple water: The new coconut water?

<http://www.foodnavigator-usa.com/Suppliers2/Maple-water-The-new-coconut-water>

Related Resource: Coconut Water - Is It What It's Cracked Up to Be?

<http://www.eatright.org/Public/content.aspx?id=6442471128&terms=coconut%20water>

New Limits for Arsenic Proposed by F.D.A.

http://www.nytimes.com/2013/07/12/health/new-limits-for-arsenic-proposed-by-fda.html?ref=health&_r=0

Source: FDA (Agency will accept public comments on the proposed action level and the risk assessment for 60 days)

<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm360466.htm>

FDA Regulations No Longer Authorize the Use of BPA in Infant Formula Packaging Based on Abandonment; Decision Not Based on Safety

<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm360147.htm>

USDA/Economic Research Service

-Taste perceptions may trump health concerns when it comes to fat and sodium in foods

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=38151&ref=collection>

House Cuts Food-Stamp Funds From Farm Bill

<http://online.wsj.com/article/SB10001424127887323740804578600044099228364.html>

Registered Dietitians in the News

Eating fruits and vegetables tied to longer life

(Kelly Pritchett, Academy Spokesperson quoted)

http://www.lowellsun.com/ci_23641866/eating-fruits-and-vegetables-tied-longer-life

Poverty Rate Still High Among U.S. Children: Report

Almost one-quarter live in low-income homes, which experts say affects their health and education

(Kristi King, Academy Spokesperson quoted)

<http://health.usnews.com/health-news/news/articles/2013/07/12/poverty-rate-still-high-among-us-children-report>

Study: Walking can prevent type 2 diabetes

(Kathy Warwick, RD)

http://www.clarionledger.com/article/20130709/COL0803/307090012/Study-Walking-can-prevent-type-2-diabetes?odyssey=mod|newswell|text|Lifestyles|p&nclink_check=1

8 Ways to Avoid Beach Bloat

(By Cynthia Sass, RD)

<http://abcnews.go.com/Health/Wellness/ways-avoid-beach-bloat/story?id=19642481>

Journal Review

Academy members can now obtain articles from the *Journal Review* for as little as \$10 per article, which saves Members up to \$20 per article.

If you are interested in obtaining your copy today, visit <http://tinyurl.com/article-orderto> to place your order.

Academy MNT Provider, June 2013

<http://www.eatright.org/Publications/MNTProvider/June2013/index.html>

- Master the art of getting paid & increase your bottom line
- Important news about Medicare Intensive behavioral Therapy for Obesity
- Question Corner: Can I charge my Medicare patients a no show fee for missed appointments?
- CDR approves continuing education for National Provider calls and events
- Treat and Reduce obesity Act introduced

Food & Nutrition Magazine, July/ August 2013

http://www.foodnutrimag-digital.com/foodnutrimag/july_august_2013#pg1

- Q: What is Cold-Pressed Juice?
- Q: Is Nutritional Yeast Active?
- Au Natural: Homemade Cleaners Use Everyday Products
- Counseling a Conscious Choice- Vegan

- Got Non-Dairy Beverages?
- Mushrooms Taste of the Earth
- Tips for Vegan Victory
- Meat analogs

American Heart Journal, July 2013

<http://www.ahjonline.com/current>

Gender differences in cardiovascular mortality by C-reactive protein level in the United States: Evidence from the National Health and Nutrition Examination Survey III

[http://www.ahjonline.com/article/S0002-8703\(13\)00223-8/abstract](http://www.ahjonline.com/article/S0002-8703(13)00223-8/abstract)

Cardiovascular risk factor burden, treatment, and control among adults with chronic kidney disease in the United States

[http://www.ahjonline.com/article/S0002-8703\(13\)00222-6/abstract](http://www.ahjonline.com/article/S0002-8703(13)00222-6/abstract)

The Cholesterol, Hypertension, And Glucose Education (CHANGE) study: Results from a randomized controlled trial in African Americans with diabetes

[http://www.ahjonline.com/article/S0002-8703\(13\)00286-X/abstract](http://www.ahjonline.com/article/S0002-8703(13)00286-X/abstract)

Phytosterols, red yeast rice, and lifestyle changes instead of statins: A randomized, double-blinded, placebo-controlled trial

[http://www.ahjonline.com/article/S0002-8703\(13\)00225-1/abstract](http://www.ahjonline.com/article/S0002-8703(13)00225-1/abstract)

Current Opinion in Clinical Nutrition & Metabolic Care, June 24, 2013 Online-First

<http://journals.lww.com/co-clinicalnutrition/pages/default.aspx>

Diarrhea in enterally fed patients: blame the diet?

http://journals.lww.com/co-clinicalnutrition/Abstract/publishahead/Diarrhea_in_enterally_fed_patients___blame_the.99613.aspx

Nutritional management of acute pancreatitis: the concept of 'gut rousing'

http://journals.lww.com/co-clinicalnutrition/Abstract/publishahead/Nutritional_management_of_acute_pancreatitis___the.99611.aspx

European of Clinical Nutrition, July 2013

<http://www.nature.com/ejcn/journal/v67/n7/index.html>

A multicenter randomized controlled trial of a plant-based nutrition program to reduce body weight and cardiovascular risk in the corporate setting: the GEICO study

<http://www.nature.com/ejcn/journal/v67/n7/abs/ejcn201392a.html>

A multicentre study to implement nutritional risk screening and evaluate clinical outcome and quality of life in patients with cancer

<http://www.nature.com/ejcn/journal/v67/n7/abs/ejcn201381a.html>

Validity of nutritional screening with MUST and SNAQ in hospital outpatients

<http://www.nature.com/ejcn/journal/v67/n7/abs/ejcn201385a.html>

Effects of whey proteins on glycaemia and insulinaemia to an oral glucose load in healthy adults; a

doseresponse study

<http://www.nature.com/ejcn/journal/v67/n7/abs/ejcn201388a.html>

International Journal of Obesity, July 2013

<http://www.nature.com/ijo/journal/v37/n7/index.html>

Association of caesarean delivery with child adiposity from age 6 weeks to 15 years

<http://www.nature.com/ijo/journal/v37/n7/abs/ijo201349a.html>

Gestational weight gain and adiposity, fat distribution, metabolic profile, and blood pressure in offspring: the IDEFICS project

<http://www.nature.com/ijo/journal/v37/n7/abs/ijo201335a.html>

Waist circumference-to-height ratio predicts adiposity better than body mass index in children and adolescents

<http://www.nature.com/ijo/journal/v37/n7/abs/ijo201332a.html>

External influences on childrens self-served portions at meals

<http://www.nature.com/ijo/journal/v37/n7/abs/ijo2012216a.html>

JAMA, July 10, 2013 On-line First

<http://jama.jamanetwork.com/onlineFirst.aspx>

- The State of US Health, 1990-2010

Burden of Diseases, Injuries, and Risk Factors

<http://jama.jamanetwork.com/article.aspx?articleid=1710486>

JAMA, July 10, 2013

<http://jama.jamanetwork.com/issue.aspx>

Effect of Soy Protein Isolate Supplementation on Biochemical Recurrence of Prostate Cancer After Radical Prostatectomy

<http://jama.jamanetwork.com/article.aspx?articleid=1710457>

Racial Differences in the Association of Serum 25-Hydroxyvitamin D Concentration With Coronary Heart Disease Events

<http://jama.jamanetwork.com/article.aspx?articleid=1710459>

Institute of Medicine Report Advises Schools to Prioritize Physical Activity to Promote Health and Learning

<http://jama.jamanetwork.com/article.aspx?articleid=1710452>

JAMA Patient Page: Chemotherapy

<http://jama.jamanetwork.com/article.aspx?articleid=1710460>

JAMA: Internal Medicine, July 8, 2013

<http://archinte.jamanetwork.com/issue.aspx>

Extreme Bilirubin Levels as a Causal Risk Factor for Symptomatic Gallstone Disease

<http://archinte.jamanetwork.com/article.aspx?articleid=1710092>

Vegetarian Dietary Patterns and Mortality in Adventist Health Study 2

<http://archinte.jamanetwork.com/article.aspx?articleid=1710093>

Journal of Caffeine Research, June 2013

<http://online.liebertpub.com/toc/jcr/3/2>

Caffeine and Substance Use Disorders

<http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.0015>

Caffeine Withdrawal and Dependence: A Convenience Survey Among Addiction Professionals

<http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.0005>

Journal of Human Nutrition and Dietetics, July 2013 Supplement

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.2013.26.issue-s1/issuetoc>

Body mass index in adult patients with diet-treated phenylketonuria

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12054/full>

The impact of nutritional supplementation on quality of life in patients infected with hepatitis C virus

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12087/full>

Malnutrition and obesity: influence in mortality and readmissions in chronic obstructive pulmonary disease patients

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12088/full>

Effect of fasting in Ramadan on body composition and nutritional intake: a prospective study

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12042/full>

Can a web-based food record accurately assess energy intake in overweight and obese women? A pilot study

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12094/full>

Involvement in research activities and factors influencing research capacity among dietitians

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12053/full>

Journal of Hunger & Environmental Nutrition, Vol. 8 No. 2 2013

<http://www.tandfonline.com/toc/when20/current>

To What Extent is Food Insecurity in US Households Frequent or Persistent?

<http://www.tandfonline.com/doi/full/10.1080/19320248.2013.786665>

Development and Validation of a Child Report Assessment of Child Food Insecurity and Comparison to Parent Report Assessment

<http://www.tandfonline.com/doi/full/10.1080/19320248.2013.790775>

Ready-to-Eat Cereal Intake is Associated with an Improved Nutrient Intake Profile among Food Insecure Children in the United States

<http://www.tandfonline.com/doi/full/10.1080/19320248.2013.786664>

Lancet, July 11, 2013

<http://www.thelancet.com/home>

Physical and cognitive functioning of people older than 90 years: a comparison of two Danish cohorts born 10 years apart

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)60777-1/fulltext?elsca1=ETOC-LANCET&elsca2=email&elsca3=E24A35F](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60777-1/fulltext?elsca1=ETOC-LANCET&elsca2=email&elsca3=E24A35F)

Military Medicine, July 2013

<http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000007>

Eating Disorder in a Young Active Duty Male

<http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000007/art00044>

Effects of Hydration on Cognitive Function of Pilots

<http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000007/art00025>

Morbidity and Mortality Weekly Repot, July 12, 2013

http://www.cdc.gov/mmwr/mmwr_wk.html

Outbreak of *Salmonella* Heidelberg Infections Linked to a Single Poultry Producer 13 States, 2012-2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6227a3.htm?s_cid=mm6227a3_w

QuickStats: Age-Adjusted Death Rates* from Esophageal Cancer for Persons Aged 65 Years, by Race and Sex National Vital Statistics System, United States, 1990-2010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6227a8.htm?s_cid=mm6227a8_w

New England Journal of Medicine, July 11, 2013

<http://www.nejm.org/toc/nejm/medical-journal>

Cardiovascular Effects of Intensive Lifestyle Intervention in Type 2 Diabetes

<http://www.nejm.org/doi/full/10.1056/NEJMoa1212914>

Nutrition, July 8-10, 2013 On-line First

<http://www.journals.elsevier.com/nutrition/>

Non-nutritive sweeteners: Review and update

[http://www.nutritionjrnل.com/article/S0899-9007\(13\)00219-0/abstract](http://www.nutritionjrnل.com/article/S0899-9007(13)00219-0/abstract)

Body shape index and mortality in hemodialysis patients

[http://www.nutritionjrnل.com/article/S0899-9007\(13\)00199-8/abstract](http://www.nutritionjrnل.com/article/S0899-9007(13)00199-8/abstract)

Nutrition in Clinical Practice, July 8, 2013 On-Line First

<http://ncp.sagepub.com/content/early/recent>

Effects of L-Carnosine and Its Zinc Complex (Polaprezinc) on Pressure Ulcer Healing

<http://ncp.sagepub.com/content/early/2013/07/08/0884533613493333.abstract>

Nutrition & Metabolism, July 1, 2013 Online First

<http://www.nutritionandmetabolism.com/>

Milk protein for improved metabolic health: a review of the evidence

<http://www.nutritionandmetabolism.com/content/10/1/46/abstract>

Fructose in perspective

<http://www.nutritionandmetabolism.com/content/10/1/45/abstract>

Nutrition Reviews, July 2013

<http://onlinelibrary.wiley.com/doi/10.1111/nure.2013.71.issue-7/issuetoc>

Nutritional essentiality of sulfur in health and disease

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12050/abstract>

Diet beverages and the risk of obesity, diabetes, and cardiovascular disease: a review of the evidence

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12038/abstract>

Dietary fiber and the risk of precancerous lesions and cancer of the esophagus: a systematic review and meta-analysis

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12032/abstract>

Pediatrics, July 2013

<http://pediatrics.aappublications.org/content/current>

Statement of Endorsement: Defining Pediatric Malnutrition

<http://pediatrics.aappublications.org/content/132/1/e283.full>

Simplified Definitions of Elevated Pediatric Blood Pressure and High Adult Arterial Stiffness

<http://pediatrics.aappublications.org/content/132/1/e70.abstract>

Serum Uric Acid and Blood Pressure in Children at Cardiovascular Risk

<http://pediatrics.aappublications.org/content/132/1/e93.abstract>

Outcomes of an Early Feeding Practices Intervention to Prevent Childhood Obesity

<http://pediatrics.aappublications.org/content/132/1/e109.abstract>

Ten-Year Review of Major Birth Defects in VLBW Infants

<http://pediatrics.aappublications.org/content/132/1/49.abstract>

Racial and Ethnic Disparities in ADHD Diagnosis From Kindergarten to Eighth Grade

<http://pediatrics.aappublications.org/content/132/1/85.1.abstract>

A Systematic Review of Home-Based Childhood Obesity Prevention Studies

<http://pediatrics.aappublications.org/content/132/1/e193.abstract>

Systematic Review of Community-Based Childhood Obesity Prevention Studies

<http://pediatrics.aappublications.org/content/132/1/e201.abstract>

Misdiagnosed Food Allergy Resulting in Severe Malnutrition in an Infant

<http://pediatrics.aappublications.org/content/132/1/e229.abstract>

Today's Dietitian, July 2013

<http://www.todaysdietitian.com/>

The Right Start Tell Clients Breakfast Can Promote Weight Loss and Provide Other Great Benefits

<http://www.todaysdietitian.com/newarchives/070113p24.shtml>

Fast-Food Menu Makeovers Salads, Fruit Snacks, and Smaller Meal Portions to Tell Clients About

<http://www.todaysdietitian.com/newarchives/070113p18.shtml>

The Organic Foods Debate Are They Healthier Than Conventional?

<http://www.todaysdietitian.com/newarchives/070113p28.shtml>

Dynamic Duos Teaming Up to Achieve Success- RD and DTR

<http://www.todaysdietitian.com/newarchives/070113p38.shtml>

Insulin Resistance

<http://www.todaysdietitian.com/newarchives/070113p42.shtml>

(Click on -View Digital Edition)

-Elimination Diet Protocols- pg. 10

-Carrageenan Under Fire pg. 16

-Calcium Controversy Why Dietary Sources Trump Supplements pg. 50

-Tart Cherries Linked to reduced Risk of Stroke- Pg. 63

Wellness Letter, University of California, Berkeley, July 2013

<http://www.berkeleywellness.com/>

Acrylamide in Food: Chip Tips

<http://www.berkeleywellness.com/healthy-eating/food-safety/article/acrylamide-food-chip-tips>

Be Well: Leaky Gut?

<http://www.berkeleywellness.com/self-care/preventive-care/article/be-well-leaky-gut>

Flavorful Basil: A Health Helper?

<http://www.berkeleywellness.com/healthy-eating/food/article/flavorful-basil-health-helper>

(Subscription required)

-Whats on the menu-Restaurants are not out to trick you they just want you to spend more.

-When statins are a pain.

-Grapefruit + drugs= a bad mix.

-Q &A: Is red palm oil as miraculous as Dr. Oz says? Youd be wise to be skeptical about all of Dr. Ozs so-called miracles .

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276. Daily News: Wednesday, May 22, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RD LD <DMartin@burke.k12.ga.us>
Sent Date: May 22, 2013 10:54:08
Subject: Daily News: Wednesday, May 22, 2013
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Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

Americans Still Making Unhealthy Choices: CDC

High rates of obesity, heavy drinking, smoking and inactivity reported, but most people getting enough sleep

<http://consumer.healthday.com/Article.asp?AID=676590>

Source: CDC scroll down to access Health Behaviors of Adults: United States, 2008-2010

<http://www.cdc.gov/nchs/>

People choose larger portions of healthy' foods

<http://www.reuters.com/article/2013/05/21/us-choose-larger-portions-of-healthy-foo-idUSBRE94K13820130521>

Source: *International Journal of Obesity*

<http://www.nature.com/ijo/journal/vaop/naam/abs/ijo201369a.html>

Mediterranean Diet Better Than Low-Fat Diet in Keeping Aging Brains Sharp

<http://healthland.time.com/2013/05/21/mediterranean-diet-better-than-low-fat-diet-in-keeping-aging-brains-sharp/>

Source: *Journal of Neurology, Neurosurgery and Psychiatry*

<http://jnnp.bmj.com/content/early/2013/04/19/jnnp-2012-304792.abstract>

'Psychiatric bible' tackles grief, binge eating, drinking

http://www.cnn.com/2013/05/21/health/dsm-changes/index.html?hpt=he_c2

Popping pacifier into parent's mouth to clean it beneficial to baby, study claims

But critics contend that oral bacteria could increase the risk of cavities or infectious diseases

<http://www.chicagotribune.com/health/ct-x-cleaning-baby-pacifier-0522-20130522,0,26310.story>

USDA/Economic Research Service: Charts of Note

Seasonal dips in ground beef prices lower the cost of Memorial Day burgers

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=37604&ref=collection>

Why we marinate

It's about imparting flavor, not tenderizing, and there are a gazillion ways to do it

<http://www.chicagotribune.com/features/food/sc-food-0517-prep-marinades-20130522,0,6923795.story>

Apps to Make Sure You Don't Forget the Eggs

<http://online.wsj.com/article/SB10001424127887324787004578497134076534410.html>

Related Resource: Pocket Supermarket Guide, Fourth Edition

<https://www.eatright.org/Shop/Product.aspx?id=6442473967>

Registered Dietitians in the News

Four ways to slow down and let summer linger

(Ruth Frechman, Academy Spokesperson quoted)

<http://www.chicagotribune.com/features/life/sc-fam-0521-lazy-summer-20130521,0,3229587.story>

Limiting certain carbs may help ease irritable bowel syndrome

(By Kate Scarlata, RD)

<http://www.chicagotribune.com/health/sns-201305210000--tms--premhnr--k-h20130522-20130522,0,3699301.story>

Healthy dinner parties show you don't have to binge to celebrate

(Sarah Waybright, RD quoted)

http://www.washingtonpost.com/lifestyle/wellness/healthy-dinner-parties-show-you-dont-have-to-binge-to-celebrate/2013/05/21/e239d794-a822-11e2-b029-8fb7e977ef71_story.html

Exercising right just as vital as nutrition

(By Kathy Warwick, RD)

<http://www.clarionledger.com/article/20130521/COL0803/305210006/Exercising-right-just-vital-nutrition>

Nutrition: Remember these tips when barbecuing

(By Mia Gibson, RD)

http://www.oaoa.com/people/food/nutrition_know_how/article_0e381da6-c281-11e2-95fe-0019bb30f31a.html

Food Pro Offers Tips to Save on Groceries

(Mary Meck Higgins, RD quoted)

<http://www.gardneredge.com/news/2013/05/21/7091-food-pro-offers-tips-to-save-on-groceries>

Dietitians Dish: May is Digestive Diseases Awareness Month

(By Elizabeth Sommerfeld, RD)

http://www.victoriaadvocate.com/news/2013/may/21/gl_dietitian_dish_052213_209191/?business&local-business

Limit sugary, high-fat snacks

(Alyssa Rider, RD quoted)

http://globegazette.com/features/limit-sugary-high-fat-snacks/article_a22f796e-c268-11e2-93b5-001a4bcf887a.html

Practical Nutrition: A lighter, healthier potato salad

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/article_1bc0e586-f76a-5fd1-a7ab-18811155ea0d.html

Iodine deficiency during pregnancy could adversely affect childrens mental development

(Sarah Bath, Dietitian/UK quoted)

<http://www.thejournal.ie/iodine-deficiency-during-pregnancy-could-adversley-affect-children%E2%80%99s-mental-development-919382-May2013/>

Quote of the Week

I attribute my success to this: I never gave or took any excuse.

-Florence Nightingale

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277. Eat Right Weekly - May 15, 2013

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To: Donna S Martin RD LD <DMartin@burke.k12.ga.us>
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Eat Right Weekly
May 15, 2013

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On the Pulse of Public Policy

Letter to President Obama Encourages Retaining Prevention and Public Health Funding

The Academy recently joined with more than 100 health organizations in a letter to President Obama, urging the Administration to restore full funding to the Prevention and Public Health Fund. Between diversion of funds and sequestration, 38 percent of the fund will be cut.

[Learn More >>](#)

Academy's Response to IOM Report on Sodium Reduction

In the wake of a report issued May 14 by the Institute of Medicine on the consequences of dietary sodium reduction, the Academy reminded consumers to keep their sodium intake within the recommendations of the 2010 *Dietary Guidelines for Americans* and to seek the expert advice of a registered dietitian nutritionist for help on their personal sodium intake.

[Learn More >>](#)

Congress Scheduled to Update Farm Bill This Week

Chairwoman Debbie Stabenow (Mich.) of the Senate Agriculture Committee and Chairman Frank Lucas (Okla.) of the House Agriculture Committee have both scheduled this week to mark up the

Farm Bill, which authorizes SNAP, the largest government-administered nutrition assistance program. This is the first of several steps to passage of a comprehensive Farm Bill.

[Learn More >>](#)

IOM Examines Food for Healthy People and a Healthy Planet

The Institute of Medicine recently convened an open workshop examining current and emerging knowledge on food and nutrition policy implications of increasing environmental constraints on the food system.

[Learn More >>](#)

Is the Older Americans Act Moving through Congress? Sources Say 'Maybe'

Academy staff has heard from contacts on Capitol Hill that Senate committees have begun drafting language for the reauthorization of the Older Americans Act, which authorizes senior nutrition programs like congregate dining and Meals on Wheels.

[Learn More >>](#)

Determining Savings from Obesity Prevention Programs May Take Longer Than CBO's Current Standard

The Campaign to End Obesity recently issued a report concluding that the Congressional Budget Office should use a 75-year time frame, instead of the standard 10-year time frame, to better estimate costs and savings attributed to obesity prevention efforts.

[Learn More >>](#)

Your Money Matters: Support ANDPAC When You Renew Your Membership

The Academy's Political Action Committee is committed to advocating for better food, nutrition and health policies. Be part of this political movement on Capitol Hill and support ANDPAC.

[Learn More >>](#)

Get Your Copy of *ANDPAC Quarterly*

The Academy's Political Action Committee released the newest edition of *ANDPAC Quarterly*, a newsletter that provides the latest updates on ANDPAC activities.

[Learn More >>](#)

CPE Corner

New - Standards of Practice and Standards of Professional Performance: Steering the RD Career in Diabetes

The Center for Professional Development introduces an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

Summer Webinars

Check out learning possibilities from the Center for Professional Development.

[Learn More >>](#)

Free Webinar on Access to Healthy Foods at Food Banks

In a new, free webinar, members can learn about the obstacles food banks face in distributing healthy foods for families; see examples of improvements food banks are making across the country; and learn specific ways you can help support healthy foods in food banks.

[Learn More >>](#)

Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

The Center for Professional Development introduces an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

[Learn More >>](#)

Module on 'Leadership: Organizational Applications' Free for Academy Members

The Center for Professional Development introduces a new, free online learning module that will demonstrate how registered dietitian nutritionists have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management

skills for all Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Healthy Job Outlook for Dietitians

The U.S. Bureau of Labor Statistics reports that the job market for registered dietitian nutritionists is brighter than for many occupations, with the need for RDNs growing faster than the average for all occupations. "Employment of dietitians is expected to increase 20 percent from 2010 to 2020, primarily because of both an increased emphasis on disease prevention in a growing and aging population and public interest in nutrition," according to recent media reports.

[Learn More >>](#)

FNCE Marketing Toolkit Now Live Online

Help the Academy spread the word about the 2013 Food & Nutrition Conference & Expo. Free promotional materials, including print ads, web banners and articles on FNCE, are now available for all members. Members can use these materials in their upcoming communications.

[Learn More >>](#)

New *Pediatric Nutrition Care Manual* Content

The Academy's Internet-based *Pediatric Nutrition Care Manual* will have new and updated content available May 18. *PNCM* contains all the features members value in other NCM products, including direct links to references, calculators, patient handouts, facility pages and an updated Formulary Database.

[Learn More >>](#)

Save 10 Percent on May Book of the Month

The Health Professional's Guide to Food Allergies and Intolerances by Janice Vickerstaff Joneja, PhD, RD, is a comprehensive guide to the latest science behind food allergies and intolerances and offers practical suggestions for their management. Save 10 percent on this title during May.

[Learn More >>](#)

New Release: Clinical Guide to Nutrition Care in Kidney Disease

A new comprehensive and practical guide covers the spectrum of kidney disease in adults and children, from early-stage CKD to dialysis, transplantation and nutrition support therapies.

[Learn More >>](#)

New Integrating RD into Primary Care Toolkit

Free to Academy members is a new toolkit, "Integrating the RD into Primary Care."

[Learn More >>](#)

Academy Member Updates

Academy Partner Launches Alliance to Advance Patient Nutrition

Top-level Academy sponsor Abbott Nutrition, with leading health care organizations, has announced the launch of an interdisciplinary partnership called The Alliance to Advance Patient Nutrition. The Alliance is dedicated to raising awareness about malnutrition and championing for early nutrition screening, assessment and intervention in hospitals amongst the entire patient care team.

[Learn More >>](#)

Exciting News about Healthier Generation Benefit

The 2013 special edition of the Journal of Obesity, *Childhood Obesity: Today and Tomorrow's Health Challenge* contains an article on the Alliance for a Healthier Generation's Healthier Generation Benefit. The article says a 2010-2011 evaluation indicates the benefit is successful in expanding health care coverage for obesity services. As a partner in this program, the Academy is highlighted throughout the article.

[Learn More >>](#)

Award-Winning Journal

The *Journal of the Academy of Nutrition and Dietetics* recently won awards from the Association of Marketing and Communication Professionals and the American Society of Healthcare Publication Editors.

[Learn More >>](#)

Philanthropy, Awards and Grants

Kids Eat Right "Healthy Eating. From the Ground Up." Mini-Grant Opportunity

To support the use of the new Kids Eat Right toolkit "Healthy Eating. From the Ground Up." 50 \$200 grants are available. Recipients of the mini-grants agree to give two presentations from the new Healthy Eating toolkit for elementary students, teens and/or parents between June 3 and August 2.

[Learn More >>](#)

EB4K with Play Program: Year 2 Wrap-Up

The Energy Balance 4 Kids with Play program is wrapping up its second year in four elementary schools in the West Contra Costa (Calif.) School District: Ford, Montalvin, Sheldon and Wilson.

[Learn More >>](#)

Make a Difference While Renewing Your Membership

I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.

- Patricia A. Obayashi, MS, RD, CDE

[Learn More >>](#)

Making an Impact in Nation's Capital

Thanks to support from Academy members and friends, the Foundation's Grace L. Ostenso Nutrition and Public Policy Fellowship was awarded to Leigh Gantner, PhD, RD, of Syracuse University. This fellowship, funded by the Academy Foundation and administered by The American Association for the Advancement of Science, provides the unique opportunity for an Academy member to make an impact on Capitol Hill. Gantner is working as a staff member for Sen. Kirsten Gillibrand (N.Y.).

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

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278. Daily News: Monday, May 6, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RD LD <DMartin@burke.k12.ga.us>
Sent Date: May 06, 2013 10:53:56
Subject: Daily News: Monday, May 6, 2013
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From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

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Its Membership Renewal Time!

Renew your Academy membership by May 31, 2013 to continue receiving the *Daily News* and your other favorite member benefits.

To renew online at www.eatright.org, log in and click the Renew Membership link under your name. Or, call the Member Service Center at 800/877-1600, ext. 5000 (Mon-Fri, 8AM-5PM, Central Time) / International callers 312/899-0040, ext. 5000.

Popular eye supplements need a tweak, study suggests

<http://www.usatoday.com/story/news/nation/2013/05/05/eye-supplements-macular-degeneration/2134069/>

Source: *Journal of the American Medical Association*

<http://jama.jamanetwork.com/article.aspx?articleid=1684847>

Mika Brzezinski shares her battle with eating disorders

<http://www.usatoday.com/story/news/nation/2013/05/06/mika-brzezinski-eating-disorders/2126465/>

Related Resource: Nutrition Intervention in the Treatment of Eating Disorders

<http://www.eatright.org/About/Content.aspx?id=8386>

Supplement builds strength in fibromyalgia trial

<http://www.chicagotribune.com/health/sns-rt-us-supplement-fibromyalgiabre9420y5-20130503,0,2087857.story>

Source: *Arthritis Care & Research*

<http://onlinelibrary.wiley.com/doi/10.1002/acr.22020/abstract>

Autism Linked to Environmental Factors

(Presented Friday at the International Society for Autism Research conference)

<http://online.wsj.com/article/SB10001424127887324766604578460533650317520.html>

U.K. Health Service Takes Closer Look at Apps' Potential

<http://online.wsj.com/article/SB10001424127887324266904578460913262105152.html>

Related Resource: App Reviews

<http://foodandnutritionmag.org/resources/app-reviews>

Hotnew beverage trends

<http://www.foxnews.com/health/2013/05/06/hot-new-beverage-trends/>

Drug, club and foodservice: The next big growth opportunities for gluten-free

<http://www.foodnavigator-usa.com/Manufacturers/Drug-club-and-foodservice-The-next-big-growth-opportunities-for-gluten-free>

Budget cuts won't reduce food safety inspections

<http://www.usatoday.com/story/news/nation/2013/05/03/budget-cuts-food-safety-fda-usda-sequester/2129597/>

Despite inspections, raw milk sickened more than 100

<http://www.foxnews.com/health/2013/05/04/raw-milk-sickened-scores-despite-inspections/>

Source: *Clinical Infectious Diseases*.

<http://cid.oxfordjournals.org/content/early/2013/04/25/cid.cit231.abstract?sid=ab035624-f823-4f99-a8c1-d6affd02a19f>

The germiest spots in your kitchen -- where you least expect them

<http://www.today.com/health/germiest-spots-your-kitchen-where-you-least-expect-them-6C9744643#germiest-spots-your-kitchen-where-you-least-expect-them-6C9744643>

Related Resource: Home Food Safety

<http://homefoodsafety.org/>

Unfortunately yes mold did grow in Capri Sun Kraft Foods

<http://www.foodnavigator-usa.com/Manufacturers/Unfortunately-yes-mold-did-grow-in-Capri-Sun-Kraft-Foods>

China probes mutton supplier; government website says linked to Yum

<http://www.chicagotribune.com/business/sns-rt-us-yum-china-littlesheepbre94502e-20130505,0,4474710.story>

Get off your duff: Work and walk with a treadmill desk

<http://www.usatoday.com/story/tech/personal/2013/05/04/standing-desk-trekdesk-steelcase/2130143/>

Registered Dietitians in the News

Plant a salad bowl garden this summer

(By Rebecca Cripe, RD)

http://lacrossetribune.com/lifestyles/food-and-cooking/plant-a-salad-bowl-garden-this-summer/article_f9281012-b419-11e2-8878-001a4bcf887a.html

Keeping Things Tasty Without Salt

(Marcia Crawford, RD featured)

<http://www.indianasnewscenter.com/insight/inhealth/Dietitian-Marcia-Crawford---Keeping-Things-Tasty-Without-Salt-204877811.html>

From the Dietitian: Help Mom get healthy this Mother's Day

(By Amanda Devereaux, RD)

<http://www.desmoinesregister.com/article/20130506/LIFE/305060018/From-Dietitian-Help-Mom-get-healthy-Mother-s-Day>

Think about what you drink

(By Pam Stuppy, RD)

<http://www.seacoastonline.com/apps/pbcs.dll/article?AID=/20130505/LIFE/305050310/1/NEWSMAP>

Get snackin' - Your overall health will benefit when you nosh on healthy foods between meals

(By Heather Illg, RD)

<http://www.desmoinesregister.com/article/20130506/LIFE/305060022/0/NEWS/?odyssey=nav%7Chead>

A Musical Message for Children on Healthy Eating

(Helen Butleroff-Leahy, RD quoted)

<http://well.blogs.nytimes.com/2013/05/06/a-musical-message-for-children-on-healthy-eating/?ref=health>

Dietitian careers offer food for thought

(Tamar Kafka, Kimberley Black & Marlene Wyatt, Dietitians/Canada all quoted)

<http://www.leaderpost.com/health/Dietitian+careers+offer+food+thought/8337193/story.html#ixzz2SWCvrAhc>

Which granola bars are the healthiest to eat?

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/which-granola-bars-are-the-healthiest-to-eat/article11703335/>

The omnivores other dilemma: Eating meat and the link between the guts bacteria and heart disease

(By Jennifer Sygo, Dietitian/Canada)

<http://life.nationalpost.com/2013/04/30/the-omnivores-other-dilemma-eating-meat-and-the-link-between-the-guts-bacteria-and-heart-disease/>

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or send a blank email to leave-20262-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

279. Re: Exciting Interdisciplinary Partnership

From: robert murray <murraymd@live.com>
To: Patricia Babjak <PBABJAK@eatright.org>
Cc: 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyale@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrisha50@earthlink.net>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>
Sent Date: May 03, 2013 08:15:35
Subject: Re: Exciting Interdisciplinary Partnership
Attachment:

This will be a valuable update on nutrition for hospital based practitioners. With the acuity level rising steadily, it's all too easy to focus on numbers rather than nutrition. I'm pleased that Abbott Nutrition, my prior employer, is collaborating with AND on this. ANHI has put together many excellent programs to keep nutrition top of mind among health care clinicians.

bob

On May 2, 2013, at 10:07 AM, Patricia Babjak <PBABJAK@eatright.org> wrote:

Attached is a press release announcing the launch of the Alliance, sponsored by Abbott Nutrition Health Institute, representing more than 100,000 dietitians, nurses, hospitalists and other physicians and clinicians from across the nation. As mentioned at the Board meeting, the following

organizations have come together to champion for early nutrition screening, assessment and intervention in hospitals:

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Information will be shared with members in *Eat Right Weekly* the week of May 15.

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

<image001.jpg>

<Alliance Launch Press Release 4-26-13 FINAL.doc>

Robert Murray MD
Professor of Nutrition
Department of Human Sciences
College of Education & Human Ecology
The Ohio State University
murrayMD@live.com

280. Re: Exciting Interdisciplinary Partnership

From: Linda Farr <linda.farr@me.com>
To: glenna@glennamccollum.com
Cc: Patricia Babjak <PBABJAK@eatright.org>, 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrishasha50@earthlink.net>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>
Sent Date: May 02, 2013 22:43:57
Subject: Re: Exciting Interdisciplinary Partnership
Attachment:

Awesome news! We are at the table leading the way with influential partners and allies. Exciting!

Linda T. Farr RDN/LD
Nutrition Associates of San Antonio
4414 Centerview Drive, Suite 233
San Antonio, TX 78228
Email: linda.farr@me.com
www.NutritiousTable.com
@ NutritiousTable.com
Pin: lindafrrd

Follow me on Facebook: <http://on.fb.me/rmJegn>

Ph: 210-735-2402

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On May 2, 2013, at 4:38 PM, glenna@glennamccollum.com wrote:

Great news! This is the way of work for a new generation of organizations and corporations! We are stronger and get more done when we work together through alliances and collaborations.
Glenna

----- Original Message -----

Subject: Exciting Interdisciplinary Partnership

From: Patricia Babjak <PBABJAK@eatright.org>

Date: Thu, May 02, 2013 7:07 am

To: 'Sonja Connor' <connors@ohsu.edu>, "Barbara Ivens (ConAgra Foods)" <Barbara.Ivens@conagrafoods.com>, " kmcclusky@iammorrison.com" <kmcclusky@iammorrison.com>, " TJRaymond@aol.com" <TJRaymond@aol.com>, "Bier, Dennis M" <dbier@bcm.edu>, " Mchrist-erwin@porternovelli.com" <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, " lauraromig@gmail.com" <lauraromig@gmail.com>, "Christie, Catherine" <c.christie@unf.edu>, 'Becky Dorner' <becky@beckydorner.com>, " dwheller@mindspring.com" <dwheller@mindspring.com>, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, "Ethan A. Bergman" <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, "Lucille Beseler " <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, " peark02@outlook.com" <peark02@outlook.com>, " Nancylewis1000@gmail.com" <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrisha50@earthlink.net>

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<UChung@eatright.org>

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Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org
www.eatright.org

281. RE: Exciting Interdisciplinary Partnership

From: glenna@glennamccollum.com
To: Patricia Babjak <PBABJAK@eatright.org>, 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens \ (ConAgra Foods)\ ' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyale@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrisha50@earthlink.net>
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Sent Date: May 02, 2013 17:38:54
Subject: RE: Exciting Interdisciplinary Partnership
Attachment:

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From: Patricia Babjak <PBABJAK@eatright.org>

Date: Thu, May 02, 2013 7:07 am

To: 'Sonja Connor' <connors@ohsu.edu>, "'Barbara Ivens (ConAgra Foods)'"

<Barbara.Ivens@conagrafoods.com>, "' kmcclusky@iammorrison.com'"

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312/899-4856

pbabjak@eatright.org

www.eatright.org

282. RE: Exciting Interdisciplinary Partnership

From: McClusky, Kathy <KathyMcClusky@lamMorrison.com>
To: Patricia Babjak <PBABJAK@eatright.org>, 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrishha50@earthlink.net>
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Sent Date: May 02, 2013 17:27:37
Subject: RE: Exciting Interdisciplinary Partnership
Attachment: [image001.jpg](#)

This is amazing....we were just talking about the need for information on malnutrition for the Interdisciplinary Team in our staff meeting 2 days ago. WOW.

From: Patricia Babjak [mailto:PBABJAK@eatright.org]
Sent: Thursday, May 02, 2013 10:07 AM
To: 'Sonja Connor'; 'Barbara Ivens (ConAgra Foods)'; McClusky, Kathy; 'TJRaymond@aol.com'; 'Bier, Dennis M'; 'Mchrist-erwin@porternovelli.com'; 'robert murray'; 'lauraromig@gmail.com'; 'Christie, Catherine'; 'Becky Dorner'; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; 'Elise Smith '; 'Ethan A. Bergman'; 'Evelyn Crayton'; 'Evelyn Crayton'; 'Glenna McCollum'; 'Joe Derochowski '; 'Linda Farr '; 'Lucille Beseler '; 'Marcia Kyle'; 'Margaret Garner';

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Best regards,

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<http://compass-usa.com/Pages/Disclaimer.aspx>

283. Re: Exciting Interdisciplinary Partnership

From: lbeseler fnc <lbeseler_fnc@bellsouth.net>
To: 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens \ (ConAgra Foods\)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, Dennis M'Bier <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Catherine"Christie <c.christie@unf.edu>, 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrisha50@earthlink.net>, Patricia Babjak <PBABJAK@eatright.org>
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Sent Date: May 02, 2013 15:13:29
Subject: Re: Exciting Interdisciplinary Partnership
Attachment: [image001.jpg](#)

These wonderful partnerships are great for us but even better for patient care. Nice to see we are building bridges. Thanks, Lucille

Lucille Beseler MS, RD, LD, CDE

President-Family Nutrition Center of South Florida

Author: Nurturing with Nutrition: Everything you need to know about feeding infants and toddlers

www.nutritionandfamily.com and www.lucillebeseler.com

<http://beseler.blogspot.com>

NEW ADDRESS:

5350 W. Hillsboro Blvd. Suite 105

Coconut Creek, Fl. 33073
954-360-7883 Fax: 954-360-7884

--- On **Thu, 5/2/13, Patricia Babjak <PBABJAK@eatright.org>** wrote:

From: Patricia Babjak <PBABJAK@eatright.org>
Subject: Exciting Interdisciplinary Partnership
To: "Sonja Connor" <connors@ohsu.edu>, "Barbara Ivens (ConAgra Foods)" <Barbara.Ivens@conagrafoods.com>, "kmcclusky@iammorrison.com" <kmcclusky@iammorrison.com>, "TJRaymond@aol.com" <TJRaymond@aol.com>, "Bier, Dennis M" <dbier@bcm.edu>, "Mchrist-erwin@porternovelli.com" <Mchrist-erwin@porternovelli.com>, "robert murray" <murraymd@live.com>, "lauraromig@gmail.com" <lauraromig@gmail.com>, "Christie, Catherine" <c.christie@unf.edu>, "Becky Dorner" <becky@beckydorner.com>, "dwheller@mindspring.com" <dwheller@mindspring.com>, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us>, "Elise Smith" <easaden@aol.com>, "Ethan A. Bergman" <bergmane@cwu.edu>, "Evelyn Crayton" <craytef@auburn.edu>, "Evelyn Crayton" <craytef@aces.edu>, "Glenna McCollum" <glenna@glennamccollum.com>, "Joe Derochowski" <joe.derochowski@nielsen.com>, "Linda Farr" <linda.farr@me.com>, "Lucille Beseler" <lbeseler_fnc@bellsouth.net>, "Marcia Kyle" <bkyle@roadrunner.com>, "Margaret Garner" <mgarner@cchs.ua.edu>, "peark02@outlook.com" <peark02@outlook.com>, "Nancylewis1000@gmail.com" <Nancylewis1000@gmail.com>, "Sandra Gill" <sandralgill@comcast.net>, "Sylvia Escott-Stump" <escottstumps@ecu.edu>, "Trisha Fuhrman" <nutrishasha50@earthlink.net>
Cc: "Executive Team Mailbox" <ExecutiveTeamMailbox@eatright.org>, "Chris Reidy" <CREIDY@eatright.org>, "Susan Burns" <Sburns@eatright.org>, "Alison Steiber" <ASteiber@eatright.org>, "Doris Acosta" <dacosta@eatright.org>, "Karen Lechowich" <KLechowich@eatright.org>, "Ulric Chung" <UChung@eatright.org>
Date: Thursday, May 2, 2013, 10:07 AM

Attached is a press release announcing the launch of the Alliance, sponsored by Abbott Nutrition Health Institute, representing more than 100,000 dietitians, nurses, hospitalists and other physicians and clinicians from across the nation. As mentioned at the Board meeting, the following organizations have come together to champion for early nutrition screening, assessment and intervention in hospitals:

- Academy of Medical-Surgical Nurses (AMSN)
- Academy of Nutrition and Dietetics (Academy)
- American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.)
- Society of Hospital Medicine (SHM)

- Abbott Nutrition

The Alliance will be launching a website at www.malnutrition.com to provide hospital-based clinicians with the following resources:

- Research and fact sheets about malnutrition and the positive impact nutrition intervention has on patient care and outcomes
- Alliance Nutrition Toolkit to facilitate clinician collaboration and nutrition integration
- Information about educational events, such as quick learning modules, Continuing Education and Continuing Medical Education programs
- Nutrition protocol examples used to address malnutrition
- Case studies from hospitals that implemented nutrition programs

The Alliance to Advance Patient Nutrition is an interdisciplinary partnership dedicated to raising awareness about malnutrition and championing for early nutrition screening, assessment and intervention in hospitals. Founded in 2013, the Alliance is comprised of leaders from the Academy of Medical-Surgical Nurses (AMSN), the Academy of Nutrition and Dietetics (Academy), the American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.), the Society of Hospital Medicine (SHM) and Abbott Nutrition. Abbott's nutrition business has provided funding to the Alliance member organizations to support their involvement in advancing this important initiative.

Information will be shared with members in *Eat Right Weekly* the week of May 15.

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

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284. Exciting Interdisciplinary Partnership

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrishha50@earthlink.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>
Sent Date: May 02, 2013 10:07:17
Subject: Exciting Interdisciplinary Partnership
Attachment: [image001.jpg](#)
[Alliance Launch Press Release 4-26-13 FINAL.doc](#)

Attached is a press release announcing the launch of the Alliance, sponsored by Abbott Nutrition Health Institute, representing more than 100,000 dietitians, nurses, hospitalists and other physicians and clinicians from across the nation. As mentioned at the Board meeting, the following organizations have come together to champion for early nutrition screening, assessment and intervention in hospitals:

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- Academy of Nutrition and Dietetics (Academy)

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Information will be shared with members in *Eat Right Weekly* the week of May 15.

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

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285. Daily News: Tuesday, March 26, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RD LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 26, 2013 10:27:21
Subject: Daily News: Tuesday, March 26, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

Where do allergies come from?

http://www.cnn.com/2013/03/26/health/what-causes-allergies/index.html?hpt=he_c1

Related Resource: *The Health Professionals Guide to Food Allergies and Intolerances*

<https://www.eatright.org/shop/product.aspx?id=6442472295>

Prescription for nutrition

Given growing agreement on diet-influenced medical conditions, doctors should do more to watch what you eat

<http://www.chicagotribune.com/health/ct-met-heart-nutrition-20130326,0,5099220.story>

Related Article: Mediterranean diet: A sample menu

<http://www.chicagotribune.com/health/ct-met-mediterranean-diet-menu-20130326,0,1754600.story>

Women who ate more soy survive lung cancer better, study finds

http://vitals.nbcnews.com/_news/2013/03/25/17459143-women-who-ate-more-soy-survive-lung-cancer-better-study-finds?lite

Source: *Journal of Clinical Oncology*

<http://jco.ascopubs.org/content/early/2013/03/21/JCO.2012.43.0942.abstract>

'Frustrating' zinc shortage endangers tiniest babies, doctors say

http://vitals.nbcnews.com/_news/2013/03/26/17431799-frustrating-zinc-shortage-endangers-tiniest-babies-doctors-say?lite

Source: CDC

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6207a5.htm>

Eating made her sick, but it took doctors years to figure out why

<http://www.washingtonpost.com/national/health-science/eating-made-her-sick-but-it-took-doctors->

years-to-figure-out-why/2013/03/25/896ca080-7c42-11e2-82e8-61a46c2cde3d_story.html

Anal cancer may be on the rise in the U.S

<http://www.reuters.com/article/2013/03/22/us-anal-cancer-idUSBRE92L16820130322>

Source: *Journal of Clinical Oncology*

<http://jco.ascopubs.org/content/early/2013/03/18/JCO.2012.45.2524.abstract?sid=ee445dc2-81ba-4082-813c-fd66b8f04f21>

Heart Failure: Is There a Breath Test?

<http://www.medpagetoday.com/CriticalCare/CHF/38076>

Source: *Journal of the American College of Cardiology*

<http://content.onlinejacc.org/article.aspx?articleid=1671100>

Well-crafted programs: Companies may start offering greater incentives for employee participation

<http://www.bizjournals.com/phoenix/blog/health-care-daily/2013/03/well-crafted-programs-companies-may.html?page=all>

Hypercleanliness may be making us sick

http://www.washingtonpost.com/national/health-science/hypercleanliness-may-be-making-us-sick/2013/03/25/9e6d4764-84e9-11e2-999e-5f8e0410cb9d_story.html

Genetic modification strains old food and drug laws

<http://www.latimes.com/news/science/la-sci-gmo-regulations-20130324,0,7244741.story>

Related Resource: Practice Paper: Promoting Ecological Sustainability within the Food System

<http://www.eatright.org/Members/content.aspx?id=6442475081>

US sales of heart friendly foods and beverages have grown 22 percent since 2007

<http://www.foodnavigator-usa.com/Market/US-sales-of-heart-friendly-foods-and-beverages-have-grown-22-since-2007-says-Euromonitor-International>

Exploring marvels of the mouth

<http://www.bendbulletin.com/article/20130326/NEWS0107/303260367/>

Can you still eat that, or should you throw it out?

http://todayhealth.today.com/_news/2013/03/24/17420450-can-you-still-eat-that-or-should-you-throw-it-out?lite

Related Resource: Home Food Safety

www.homefoodsafety.org

MedlinePlus: Latest Health News

-Fit Kids May Dodge Fractures in Old Age

-Temporary Tattoos May Put You at Risk
-Antibiotic Linked to Heart Problems in COPD Patients
<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Prepare pantry for spring power outages

(By Carolyn O'Neil, RD and Rachel Begun, Academy Spokesperson quoted)
<http://www.ajc.com/news/lifestyles/health/prepare-pantry-for-spring-power-outages/nW38r/>

Junk food might not be addictive, after all

(Joan Salge Blake, Academy Spokesperson quoted)
<http://www.foxnews.com/health/2013/03/26/junk-food-might-not-be-addictive-after-all/>

National Nutrition Month

(Melissa Joy Dobbins, Academy Spokesperson featured)
<http://abclocal.go.com/wls/story?section=resources&id=9038082>

Beer as a post-race recovery drink?

(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/03/post-exercise_recovery_drink_b.html

Searching for the causes of obesity

(By Timi Gustafson, RD)
<http://www.auburn-reporter.com/lifestyle/199914681.html>

Make Easter, Passover healthier with tweaks to traditions

(Farzeen Sukheswalla, RD quoted)
<http://www.dallasnews.com/health/columnists/nancy-churnin/20130325-make-easter-passover-healthier-with-tweaks-to-traditions.ece>

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

The Academy's Position Papers are available at: www.eatright.org/positions

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-19366-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

286. 2011 Academy Tax Returns

From: Joan Schwaba <JSchwaba@eatright.org>
To: Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com
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Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy
<CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns
<Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen
Lechowich <KLechowich@eatright.org>, Alison Steiber
<ASteiber@eatright.org>
Sent Date: Mar 14, 2013 16:05:17
Subject: 2011 Academy Tax Returns
Attachment: [image002.jpg](#)
[07 Att 1.7 2011 Academy Tax return REPLACEMENT.pdf](#)

We noted the tax returns provided in the March Board meeting packet were last year's returns. Attached are the current tax returns for the year ending May 31, 2012. This tax return is also posted in the March Board meeting file on the Board communications platform. We apologize for this inconvenience. Please contact Pat or Paul (pmifsud@eatright.org or x4730) if you have any questions.

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

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Email: jschwaba@eatright.org

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287. Report on Sponsorship

From: Patricia Babjak <PBABJAK@eatright.org>
To: Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UCHung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
Sent Date: Jan 23, 2013 13:22:46
Subject: Report on Sponsorship
Attachment: [Screen shot 2013-01-23 at 4.40.18 AM.PNG](#)
[AND_Corporate_Sponsorship_Report.pdf](#)
[Report Questions Nutrition Group's Use of Corporate Sponsors - NYTimes.c....pdf](#)

You have probably seen that Michele Simon this morning released her report on the Academy's corporate sponsorship program and an article on the program has appeared in today's *New York Times*. Copies of the report and the *Times* article are attached to this email. This is the report and article that we discussed in our January 18 email to you.

As we anticipated, the report is a mixture of facts – most of which were obtained from publicly accessible pages on the Academy's website – and opinion and speculation on Ms. Simon's part.

There is one indisputable fact in the report about the Academy's sponsorship program: We have one. The majority of the report consists of these publicly available facts filtered through Ms. Simon's opinions, many of which she has previously written about. She is of course entitled to her opinions.

While the Academy will not engage in point-by-point rebuttals to the report, we will make it clear that the Academy does not tailor its messages or programs in any way due to influence by corporate sponsors and that Ms. Simon's report does not provide evidence to the contrary.

The “recommendations” in the report consist mainly of things that we are already doing. For example, we are transparent. We post our Annual Report to the website, after the financial statements are approved by independent auditors.

A great deal of Ms. Simon's report is based on HEN's 2011 survey, which was not statistically representative of our entire membership. This is misleading. The fact is, each year the Academy utilizes Performance Research, an independent, third-party research company, to examine a random selection of members that is a statistically sound representation of the Academy membership as a whole. The results from these representative surveys have shown an increased awareness and continued support of the sponsorship program.

The callout to HEN in the recommendations and references sections also indicates HEN members were sources.

Much of the report is drawn from the Academy's own public materials – a testament to our commitment to transparency in candor in all our actions, including corporate sponsorship. Of the 67 references at the end of Ms. Simon's report, at least 24 (more than one-third) are information from the Academy and the Foundation's websites; the Commission on Dietetic Registration's website; and research articles published by Academy members. Many of the references are to previous blog postings by Ms. Simon herself.

We understand that members will have questions about this report and the Academy's reaction to it. It is important that we remind members to not take all information they see at face value, but to consider the source (in this case, an advocate who is predisposed to find fault with the Academy) and seek out the facts.

This afternoon, we will post a statement to our website that will include excerpts from Ethan Bergman's March *Journal* President's Page, which is on an especially timely topic: the need for members and the entire Academy to be leaders in disseminating accurate information to the public. To quote one paragraph from President Bergman's column:

The Academy's Media Spokesperson Policy requires those who speak on the Academy's behalf to “provide – and when necessary, seek out – accurate information when acting as a source for the media, the public and Academy members or any other audience.” This is good advice for us all. Another pertinent old saying comes from the field of journalism: “If your mother says she loves you – check it out!”

We have planned and will implement a social media strategy incorporating Facebook, Twitter and other platforms to encourage all members to “check it out” and draw their own conclusions, separating fact from opinion. Spokespeople will be front and center on the outreach. As a note, we have already seen online comments in which RDs are taking issue with the opinions expressed by Ms. Simon and her supporters. We anticipate more of this fact-checking and support for the Academy to continue. We will also send a link to the statement to the affiliates, DPGs and MIGs.

Finally, if you are contacted by anyone from the news media for comment on this report, please politely decline to comment and refer the caller to the Academy’s Strategic Communications Team at media@eatright.org.

Thank you and please let me know if you have any questions or comments.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC’S NUTRITIONAL HEALTH

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