

## 1. Meet PHA's 2018 Partner of the Year & CEO of the Year

**From:** Blythe Thomas <blythe.thomas@ahealthieramerica.org>  
**To:** dmartin@burke.k12.ga.us  
**Sent Date:** Aug 23, 2018 14:49:36  
**Subject:** Meet PHA's 2018 Partner of the Year & CEO of the Year  
**Attachment:**

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A reason to celebrate

Each year, our **Catalyst for Change Awards** recognize organizations and community leaders who go above and beyond to ensure that all children and young adults — especially those disproportionately affected — will live healthier lives.

We're proud to announce **Seth Goldman, Co-Founder & TeaEO Emeritus of Honest Tea**, as this year's **2018 Visionary CEO Award** winner, while the **PHA Partner of the Year Award** goes to **Mercedes-Benz USA in partnership with Laureus USA**.

**Partner of the Year Award Winner: Mercedes-Benz in Partnership with Laureus USA**

To date, **Mercedes-Benz USA** and its dealer network have invested \$12.6 million in **Laureus USA** as part of multi-year commitments to improve the health and development of young people living in under-resourced communities across the country. Mercedes-Benz USA supported projects have improved the health of 771,000 young people and have trained more than 16,000 coaches. Last year, 82 percent of young people reached by Laureus USA community grant partners demonstrated indicators of improved physical health.

### **VISIONARY CEO AWARD WINNER: SETH GOLDMAN**

**Seth Goldman and Honest Tea** epitomize innovation for good in many ways, so we're excited to announce Seth as the winner of the **2018 Visionary CEO Award**.

Goldman is Co-Founder & TeaEO Emeritus of Honest Tea and Executive Chair of **Beyond Meat**. Honest Tea is the nation's top-selling organic bottled tea, specializing in beverages that are organic and Fair Trade Certified™. In March 2011, Honest Tea was acquired by The Coca-Cola Company, becoming the first organic and Fair Trade brand in the world's largest beverage distribution system. Honest Tea and Honest Kids is sold in more than 130,000 stores in the USA and Europe, including Wendy's, Subway and Chik-fil-A. He also serves on the board of Ripple Foods, the Yale School of Management, the American Beverage Association, and Bethesda Green.

## **JOIN THE CELEBRATION**

Both winners will be recognized at our Fit to Celebrate Gala at the Ronald Regan Building and International Trade Center on September 27 in Washington, D.C.

Visit [www.ahealthieramerica.org/gala](http://www.ahealthieramerica.org/gala) for more information.

PURCHASE AN INDIVIDUAL TICKET PURCHASE A TABLE

## Get a Sneak Peek of This Year's Auction Items

**SAVE THE DATE:** Bid on your favorite items and support Partnership for a Healthier America.

The Fit to Celebrate Auction goes live on *Thursday, September 20 at Noon ET.*

VIEW ONLINE AUCTION

***The 2018 Fit to Celebrate Gala***

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Washington, DC | 20006 US This email was sent to [dmartin@burke.k12.ga.us](mailto:dmartin@burke.k12.ga.us).

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## 2. 40 Under 40, Instagram challenge and More

**From:** UGA Alumni Association <alumni@uga.edu>  
**To:** Donna S. Martin <dmartin@burke.k12.ga.us>  
**Sent Date:** Jul 11, 2018 11:54:41  
**Subject:** 40 Under 40, Instagram challenge and More  
**Attachment:**

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The Bulldog Bulletin: July 2018

### **Meet the 40 Under 40 Class of 2018**

The UGA Alumni Association is proud to announce the 40 Under 40 Class of 2018! This year's outstanding group of young alumni includes an Emmy Award-winning producer from Hulu, a White House staffer, tech expert from Google, cotton farmer, groundbreaking medical researchers and more. All alumni are invited to join us at the Georgia Aquarium on September 13 to recognize these UGA graduates.

**See Who's Leading the Pack**

### **Welcome the Class of 2022**

A number of chapters across the country will host Freshman Send-Offs in July and early August. These events welcome students and their families to the Bulldog family and help them prepare for life in the Classic City. Meet incoming students and share your favorite things about Georgia with them!

### **RSVP Today**

### **Follow us on Instagram!**

The UGA Alumni Association has friendly competition going with our SEC rivals to see who can get the most followers on Instagram. We are close to 10,000 followers, and one tap of your thumb could make all the difference! **Follow @ugaalumniassoc** and encourage other alumni and friends to do so as well. Use **#AlwaysADawg** so we can see all the amazing things you're doing in the world.

### **Follow Us**

### **CONNECT**

### **Find Alumni Events in Your Area**

### **Join the Digital Dawgs Today**

Digital Dawgs, the UGA Alumni Association's social media ambassador program, is a fun way to help spread UGA's latest and greatest news to your social media networks. Connect your social accounts and start sharing today for a chance to win prizes!

## **HIRE**

### **Top 25 Employers**

In May, UGA recognized the top 25 employers of the 2017 graduating class during an awards luncheon at the Terry College Executive Education Center in Atlanta. Of the Class of 2017, 760 graduates were hired by these 25 companies. Eighty-seven percent of those 760 graduates remained in the state of Georgia.

**View the List**

## **GIVE**

### **Commit to your Passion: Ryan and Kiel Scates**

As students, Ryan (AB '10, JD '13) and Kiel (BSED '10, MED '12) Scates started AutismUGA. The student-led organization helps families affected by autism in Northeast Georgia. The Scates continue to support their cause by giving to UGA's ABA clinic, which provides clinical treatment for individuals with autism. Read their story.

### **Ericka Davis is improving her corner of the world**

Ericka Davis, Ph.D. (AB '93), the chief communications officer of the State Road and Tollway Authority, has a passion for public service. She is a member of the Black Alumni Leadership Council and uses that passion to help the council recruit students and encourage private giving to UGA. Ericka helped spearhead the launch of The 1961 Club, a group of donors that funds need-based scholarships for UGA students. Read about Ericka's continued commitment to Georgia.

## **UPDATE YOUR INFO**

## **PLEASE DONATE**

### **Our mailing address is:**

UGA Alumni Association  
298 S. Hull Street  
Athens, GA 30602

The University of Georgia Foundation is registered to solicit in every state and provides state-specific registration information at <http://www.ugafoundation.org/charity>.  
[communication preferences](#) | [privacy policy](#) | [view in browser](#)



3. Fwd: Message from KM\_364e

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 02, 2018 15:21:51  
**Subject:** Fwd: Message from KM\_364e  
**Attachment:**

---

The sage minds at the Academy have reviewed your email. Please forward the attachment to Doris to check out if it's legit. Thanks!  
Pat

**Patricia M. Babjak**  
**Chief Executive Officer**  
**Academy of Nutrition and Dietetics**  
120 South Riverside Plaza, Suite 2190  
Chicago, Illinois 60606  
312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Paul Mifsud <PMifsud@eatright.org>  
**Date:** January 2, 2018 at 1:52:12 PM CST  
**To:** Mary Beth Whalen <Mwhalen@eatright.org>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Doris Acosta <dacosta@eatright.org>, Dante Turner <dturner@eatright.org>  
**Subject: RE: Message from KM\_364e**

It could be. I also know, last year, we had a lawsuit brought forward in Florida due to a FOIA!

P

**From:** Mary Beth Whalen  
**Sent:** Tuesday, January 02, 2018 1:41 PM  
**To:** Paul Mifsud <PMifsud@eatright.org>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>; Doris Acosta <dacosta@eatright.org>; Dante Turner <dturner@eatright.org>  
**Subject:** Re: Message from KM\_364e

Didn't this come up when Kay was on the board? It was a FOIA request that came to her because of her role at Ohio State but since she was using her OSU address for the Academy all of that communication was searchable. It was after that that she suggested All board members use an alternative address.

Sent from my iPhone

On Jan 2, 2018, at 11:23 AM, Paul Mifsud <PMifsud@eatright.org> wrote:

Pat,

I have not. Somewhere a while back, I think this came up. It was a long time ago. For the life of me, I can't recall with whom? It is one of the dangers of sending emails or correspondence to a "governmental organization" like a school or university. Anyone can make a "public records" request under the Freedom of information Act. I do think the rules are different in each state (but, don't quote me). I would expect that Donna is working with her institution to answer this correctly.

I will see if I can find anything from the last time. Even if I don't, I will forward onto Paula to make sure we get her take on it and provide guidance to our members, if we can.

If I am missing something, let me know.

Paul

**From:** Patricia Babjak

**Sent:** Tuesday, January 02, 2018 12:38 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>; Mary Beth Whalen <Mwhalen@eatright.org>; Doris Acosta <dacosta@eatright.org>; Paul Mifsud <PMifsud@eatright.org>

**Cc:** Dante Turner <dturner@eatright.org>

**Subject:** Fwd: Message from KM\_364e

Please see below. Has anyone else received a similar inquiry? Thanks!

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2190

Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Patricia Babjak <PBABJAK@eatright.org>

**Date:** January 2, 2018 at 12:36:17 PM CST

**To:** "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us>

**Subject:** Re: Message from KM\_364e

Hi, Happy New Year! I'm asking around if anyone else received a similar request since I haven't heard anything. I'll get back to you on it.

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2190

Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

On Jan 2, 2018, at 10:25 AM, Donna Martin <DMartin@burke.k12.ga.us> wrote:

Pat, Happy New Year. Just wanted to let you know that I got an open records request dating back to 2013. They specifically requested correspondence to or from me for the Academy, Splenda, Heartland Food Products, Tate and Lyle, Abbott, Ingredion AND, Pepsi, Cocoa Cola and the American Beverage Association. I should not have any correspondence with any of these companies with the exception of the Academy and possibly Abbott with Sue Finn. Not particularly worried about it, but wanted you to know. Did anyone else get one of these? Thanks!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

President of the Academy of Nutrition and Dietetics 2017-2018

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From: sys admin

Sent: Tuesday, January 2, 2018 12:27 PM

To: Donna Martin

Subject: Message from KM\_364e

Scanned from a Pollock Company device

<SKM\_364e18010212270.pdf>

4. Re: Message from KM\_364e

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 02, 2018 13:36:58  
**Subject:** Re: Message from KM\_364e  
**Attachment:**

---

Hi, Happy New Year! I'm asking around if anyone else received a similar request since I haven't heard anything. I'll get back to you on it.

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2190

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312-899-4856 | pbabjak@eatright.org | www.eatright.org

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President of the Academy of Nutrition and Dietetics 2017-2018

---

From: sys admin

Sent: Tuesday, January 2, 2018 12:27 PM

To: Donna Martin

Subject: Message from KM\_364e

Scanned from a Pollock Company device  
<SKM\_364e18010212270.pdf>

5. Fw: Message from KM\_364e

**From:** Donna Martin <DMartin@burke.k12.ga.us>  
**To:** Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Jan 02, 2018 11:26:06  
**Subject:** Fw: Message from KM\_364e  
**Attachment:** [SKM\\_364e18010212270.pdf](#)

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Pat, Happy New Year. Just wanted to let you know that I got an open records request dating back to 2013. They specifically requested correspondence to or from me for the Academy, Splenda, Heartland Food Products, Tate and Lyle, Abbott, Ingredion AND, Pepsi, Cocoa Cola and the American Beverage Association. I should not have any correspondence with any of these companies with the exception of the Academy and possibly Abbott with Sue Finn. Not particularly worried about it, but wanted you to know. Did anyone else get one of these? Thanks!

Donna S. Martin, EdS, RDN, LD, SNS, FAND  
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Waynesboro, GA 30830  
work - 706-554-5393  
fax - 706-554-5655  
President of the Academy of Nutrition and Dietetics 2017-2018

---

From: sys admin  
Sent: Tuesday, January 2, 2018 12:27 PM  
To: Donna Martin  
Subject: Message from KM\_364e

Scanned from a Pollock Company device

6. School BCBA or ABA Job Opening at ProCare Therapy and 9 other jobs for you.

**From:** LinkedIn <jobs-listings@linkedin.com>  
**To:** Donna Martin, EdS, RDN, LD, SNS, FAND <dmartin@burke.k12.ga.us>  
**Sent Date:** Nov 28, 2017 11:16:40  
**Subject:** School BCBA or ABA Job Opening at ProCare Therapy and 9 other jobs for you.

**Attachment:**

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Donna Martin, EdS, RDN, LD, SNS, FAND

## Top job picks for you

School BCBA or ABA Job Opening ProCare Therapy · Aiken, SC, US Academic Dean Virginia College · Augusta, Georgia Area 7 alumni Clinical Research Coordinator I The Geneva Foundation · Augusta, Georgia 1 alum Behavioral Health Specialist CRA · Augusta, Georgia Area President Forward McDuffie · Thomson, Georgia Psychiatric Registered Nurse Augusta University Health · Augusta, Georgia Area 1 connection Aiken, SC-Full Time High School Special Education Teacher Job Opening Soliant · Aiken, SC, US Evans, GA- Special Education Teacher Job Opening Sunbelt Staffing · Evans, GA, US 1 alum Plant Concerns Program Coordinator - Plant Vogtle 1&2 Southern Company · Waynesboro, GA, US 15 alumni Registered Nurse, RN – Full Time , Home Health, Aiken County PruittHealth · Aiken, SC, US 2 alumni See more jobs Contact recruiters directly with InMail

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You are receiving LinkedIn notification emails.

This email was intended for Donna Martin, EdS, RDN, LD, SNS, FAND (President of the Academy of Nutrition and Dietetics 2017-2018). Learn why we included this.

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## 7. PRIORITY: FNCE Information

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'Jo Jo Dantone-DeBarbieris' <jojo@nutritioned.com>, 'Manju Karkare' <manjukarkare@gmail.com>, 'Margaret Garner' <mgarner@ua.edu>, 'Dianne Polly' <diannepolly@gmail.com>, 'Marcy Kyle' <bkyle@roadrunner.com>, 'Linda Farr' <linda.farr@me.com>, 'Hope Barkoukis' <Hope.Barkoukis@case.edu>, 'Kevin Sauer' <ksauer@ksu.edu>, 'Michele Lites' <michelelites@sbcglobal.net>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'Susan Brantley' <brantley.susan@gmail.com>, 'Milton Stokes' <milton.stokes@monsanto.com>, 'Tammy Randall' <Tammy.randall@case.edu>, 'Marty Yadrick' <myadrick@computrition.com>, 'Steve Miranda' <steve.miranda44@gmail.com>, 'Kevin Concannon' <k.w.concannon@gmail.com>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Sharon McCauley <smccauley@eatright.org>  
**Sent Date:** Oct 16, 2017 19:22:25  
**Subject:** PRIORITY: FNCE Information  
**Attachment:** [2017 BOD FNCE SCHEDULE Final 101617.doc](#)  
[2017 DPG and MIG Chair and Chair Elect List.pdf](#)  
[BOD General remarks for leaders FNCE 2017 Edits 10.16.2017.pdf](#)  
[2017 FNCE Expo - Board Assignments.pdf](#)  
[Fall Agenda Final.pdf](#)  
[Tips for BOD Participation at HOD Meetings 2-21-17.pdf](#)  
[VIP Entrance Map.pdf](#)

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Attached is the final Board schedule highlighting FNCE activities which require and/or encourage Board attendance. Those activities which are highlighted in yellow require your attendance. For those of you who have been assigned to DPG/MIG events, we have registered you and notified the DPG or MIG chair. You will be greeted by the chair and if not, please introduce yourself; a list of DPG and MIG leaders is attached for reference.

The Board FNCE schedule lists times to extend your appreciation to our exhibitors and sponsors. Attached are your designated assignments for thanking the exhibitors. The assignments are made to ensure all the exhibitors are covered, but it doesn't preclude you from thanking others for their generous support of the Academy's meetings and programs, including FNCE, especially the 14 sponsors who have booths on the exhibit floor. A list of the sponsor booth names and locations is included in the attachment. We have several engagement opportunity booths for attendees on the

exhibit floor, such as Ocean Spray Cranberry Juice and its bog!

We are pleased that you'll be attending the HOD meeting on Friday, October 20 and Saturday, October 21. A copy of the agenda is attached and meeting materials can be accessed on the HOD webpage at [www.eatrightpro.org/resources/leadership/house-of-delegates/about-hod-meetings](http://www.eatrightpro.org/resources/leadership/house-of-delegates/about-hod-meetings) >Fall 2017 Meeting Materials. Be sure to check the seating charts for your table assignments for Friday and Saturday. Attached is the BOD tip sheet to help you understand your role in the HOD meeting.

You are asked to attend the ANDPAC Signature Luncheon on Saturday, October 21 from 11:30 am – 1:00 pm at McCormick Place West in room W194AB. To purchase tickets for this fundraising event, contact PIA staff partner Christine Rhone at [crhone@eatright.org](mailto:crhone@eatright.org) as soon as possible.

The Board has reserved VIP seating in the front rows of the meeting rooms for Opening Session, Member Showcase and Closing Session. For early access please promptly come to the VIP entrance of the Skyline Ballroom W375E in McCormick Place West (see map attached) at the times designated below. The best way to get to that location and avoid congestion is by taking the escalator from Room W177 to the VIP entrance. An Academy staff partner wearing a red FNCE vest will meet you there to be escorted to your seats.

- Opening Session: 3:25 pm to 3:35 pm
- Member Showcase: 9:35 am – 9:45 am
- Closing Session: 1:20 pm – 1:30 pm

A paper copy of the final Board FNCE schedule, your exhibitor assignments and the HOD meeting agenda will be included in your on arrival packet which will be hand delivered at the HOUSEwarming Party on Thursday, October 19, from 5:45 pm – 6:45 pm at the Hyatt Regency Chicago Hotel, Plaza Ballroom. If you do not plan to attend the party, your packet will be delivered to your hotel room that evening. Also included in your packet will be your FNCE badge, ribbon(s), Quick Reference Guide, Day-at-a-Glance Program Grid and a paper copy of your FNCE 2017 Leader Remarks and Talking Points. A paper copy of the script will also be included with instructions for those Board members (Lucille, Jo Jo, Linda, Manju, Marcy, Michele, Dianne, Marty) introducing Medallion recipients during the Honors Breakfast on Sunday, October 22.

As Board members staying at the Hyatt Regency Chicago, you have access to the Regency Club (concierge). Please take advantage of the club's amenities such as breakfast, beverages and snacks. As a reminder, a Board Get-together is scheduled for Friday, October 20, from 7:30 pm – 9:30 pm in Donna's Monarch Suite on the 34<sup>th</sup> floor. Please let me know if you are planning on bringing a family member.

If you have any questions, please contact me.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2190

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

## 8. FNCE Exhibitor Assignments

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <craytef@charter.net>, 'Margaret Garner (mgarner@ua.edu)' <mgarner@ua.edu>, 'jojo@nutritioned.com' <jojo@nutritioned.com>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Linda Farr' <linda.farr@me.com>, 'Dianne Polly' <diannepolly@gmail.com>, 'Aida Miles-school' <miles081@umn.edu>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Hope Barkoukis' <Hope.Barkoukis@case.edu>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, 'brantley.susan@gmail.com' <brantley.susan@gmail.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Ragalie-Carr, Jean' <jean.ragalie-carr@dairy.org>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Jennifer Horton <Jhorton@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Oct 10, 2016 13:13:39  
**Subject:** FNCE Exhibitor Assignments  
**Attachment:** [2016 FNCE Exhibitor Assignment Packet.pdf](#)

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The Board FNCE schedule lists times to extend your appreciation to our exhibitors and sponsors. Attached are your designated assignments for thanking our exhibitors. The assignments are made to ensure all the exhibitors are covered, but it doesn't preclude you from thanking others for their generous support of the Academy's meetings and programs, including FNCE, especially the 12 sponsors who have booths on the exhibit floor. A list of the sponsor booth names and locations is included in the attachment. The Sponsor Meet & Greet reception will take place on Saturday, October 15 from 3:00 pm – 3:45 pm in room 159 of the Boston convention center. We hope to see you there!

If you have any questions, please contact me.

Best regards,  
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

## 9. Sacramento State is Hiring

**From:** ndep@ndep.webauthor.com  
**To:** DMartin@Burke.k12.ga.us  
**Sent Date:** Sep 11, 2016 11:55:18  
**Subject:** Sacramento State is Hiring  
**Attachment:**

---

#### In replies all text above this line is added to your message conversation ####  
NDEP - Sacramento State is Hiring View Post Message

### VACANCY ANNOUNCEMENT

Tenure Track Instructional Faculty (Assistant Professor)–Department of Family and Consumer Sciences (Nutrition & Food/Dietetics), California State University, Sacramento

#### Campus Information

California State University, Sacramento is located in the heart of Northern California, one of the most beautiful, diverse and rapidly growing areas in the country. The 300-acre campus, just five miles from the State Capitol, is situated along the American River parkway that offers miles of trails and recreational access to the city's two rivers, Folsom Lake and the historic Sacramento riverfront. Growth in the region has provided significant opportunities for faculty research and engagement with civic and business organizations as well as extensive research and internship opportunities for the University's approximately 27,500 students. The University, where quality teaching is a top priority, offers instruction leading toward the bachelor's degree in 58 disciplines, the master's degree in 41 disciplines, two independent doctoral degrees and one joint doctoral degree, and houses numerous research and community service centers.

Sacramento is a high-growth metropolitan area with a very diverse population of approximately 2 million. As California's capital, Sacramento is an advantageous setting for premier academic programs. As a major metropolitan university, California State University, Sacramento is committed to providing leadership in addressing significant regional needs and to enriching its liberal arts tradition. The proximity of California State University, Sacramento to the California legislature and other agencies of state and federal government provides unparalleled opportunities for faculty and students to participate in public service through policy research internships, and employment.

## Hiring Department Information

The Department of Family and Consumer Sciences is housed in the College of Social Sciences and Interdisciplinary Studies, consisting of 10 academic departments, four independent and interdisciplinary academic programs, and several centers and institutes. The College is a cohesive unit academically and administratively, with a commitment to the academic success of all of our students without regard to race, color, religion, national origin, age, gender, gender identity/expression, sexual orientation, genetic information, medical condition, marital status, veteran status, or disability.

The department, with approximately 800 majors, is committed to a quality undergraduate program, collaborative projects with campus and community partners, and innovative instructional technologies. The department offers a BS in Family and Consumer Sciences with concentrations in Nutrition and Food, Fashion Merchandising and Design, and Family Studies as well as an accredited Didactic Program in Dietetics and a 10 month Dietetic Internship Program. The department also offers a Pre-credential Single Subject Matter Program in Home Economics and participates in the Family Life Education certificate program. The department has state-of-the-art laboratories and instructional facilities.

A successful California State University, Sacramento faculty member promotes the values celebrated by a public, regional, comprehensive, metropolitan university. At Sacramento State, the quality of the education we provide is our top priority. In addition to contributing positively to teaching and learning, faculty members are expected to engage in scholarship and to provide service to the University and to the greater community. Our campus community represents the broad diversity of our state, and we believe that all are enriched and unified by this diversity. In that spirit, we are particularly interested in receiving applications from a broad spectrum of qualified people with the commitment and ability to work with a diverse student population.

## Duties/Responsibilities

- Teach undergraduate and dietetic internship courses in nutrition and food/dietetics, including courses like: advanced clinical nutrition, advanced community nutrition and policy, food service management, research methods and application; nutrition education, communication and counseling; and nutrition and metabolism. Depending on experience and education, the assignment could include other nutrition and food courses.

- Develop a focused and productive scholarship area.
- Provide service to the department, college, university and community.
- Recruit, mentor, and advise students with diverse backgrounds.
- Work as a cooperative member in the function of the department including direct the dietetic internship program (20% of appointment timebase) and/or coordinate a graduate nutrition program, curriculum development, assessment, accreditation, and program review.

#### Qualifications - Required

- Doctorate from an accredited university in Food and Nutrition, Nutrition, Dietetics or closely related field is required. ABD candidates will be considered. If ABD, candidates will be required to complete the doctoral degree by January 2018.
- Certification as a Registered Dietitian or Registered Dietitian/Nutritionist status from the Commission on Dietetic Registration of the Academy of Nutrition and Dietetics.
- Demonstrated ability to teach college-level courses.
- Potential or proven track-record as a researcher conducting scholarly and applied research.
- Strong interpersonal, written and oral communication skills.

#### Qualifications - Preferred:

- Potential or proven track record as a Dietetic Internship Director.
- Active participation in the Nutrition Dietetic Educators and Preceptors Academy Group and/or



Accreditation Council for Education in Nutrition and Dietetics.

- Knowledge and experience with the Accreditation Council for Education in Nutrition and Dietetics accreditation standards, policies and procedures.
- Knowledge of the Family and Consumer Sciences discipline.
- College-level teaching experience in the academic field.
- Professional experiences such as nutrition counseling, nutrition/food policy, human metabolism, dietetic practice, culinary, and/or director of a Dietetic Internship or graduate program.
- Experience and ability using information technology in the teaching and learning process.
- Experience, interest and/or expertise in Nutrition/Food policy, law, and legislation.
- Active participation in a relevant academic or professional organization.
- Evidence of academic student mentoring.
- Evidence of multidisciplinary or collaborative research.
- Demonstrated potential in obtaining external research funding.
- Publications in food and nutrition related areas in recognized peer reviewed journals.

## Appointment

This is a full-time tenure-track position at the Assistant Professor rank beginning with the Fall 2017 semester. Salary is dependent upon qualifications and professional experience.

Candidate will be required to provide official transcripts of their highest degree earned and must furnish proof of eligibility to work in the U.S.

## Application Review

Review of applications will begin October 3, 2016; position open until filled.

## Application Procedures

Applications are only accepted through the Sacramento State jobs website located at <http://www.csus.edu/about/employment>. Instructions on how to apply can also be found at this link. External applicants can apply by clicking on the Faculty, Staff, and Management Opportunities link. Internal applicants can apply by logging on My Sac State.

Applicants must include the following attachments as a single PDF file in the order specified:

1. Cover letter addressing qualifications, teaching experience and philosophy, areas candidate is qualified to teach in food and nutrition/dietetics and scholarly interests;
2. Current curriculum vita;
3. Unofficial transcripts of all college work (official transcripts required if invited for an interview);
4. Names, telephone numbers, and e-mails of at least three recent professional references who can speak to the qualifications of the applicant.

**INCOMPLETE APPLICATIONS WILL NOT BE CONSIDERED.**

## Equal Employment Opportunity

California State University, Sacramento is an Affirmative Action/Equal Opportunity Employer and has a strong institutional commitment to the principle of diversity in all areas. We consider qualified applicants for employment without regard to race, color, religion, national origin, age, gender, gender identity/expression, sexual orientation, genetic information, medical condition, marital status, veteran status, or disability. Sacramento State hires only those individuals who are lawfully authorized to accept employment in the United States.

It is the policy of California State University, Sacramento to provide reasonable accommodations for qualified persons with disabilities who are employees or applicants for employment. If you need a disability related reasonable accommodation as part of the application and/or interviewing process, visit <http://www.csus.edu/hr/departments/equal-opportunity/index.html>

The University is committed to creating an education and working environment free from discrimination, sexual harassment, sexual violence, domestic violence, dating violence, and stalking. For more information on mandatory training for new employees, visit <http://www.csus.edu/hr/departments/equal-opportunity/Information%20for%20Job%20Applicants.html>

Jeanne Clery Disclosure of Campus Security Policy and Crime Statistics Act and Campus Fire Safety Right-To-know Act Notification. For additional information, visit <http://www.csus.edu/aba/police/>

## Background Check

A background check (including a criminal records check) must be completed satisfactorily before any candidate can be offered a position with California State University, Sacramento. Failure to satisfactorily complete the background check may affect the application status of applicants or continued employment of current California State University, Sacramento employees who apply for the position.

## Child Abuse and Neglect Report

The person holding this position is considered a "mandated reporter" under the California Child Abuse and Neglect Reporting Act and is required to comply with the requirements set forth in the California State University Executive Order 1083 as a condition of employment.

For questions regarding application requirements for Job #101767, please send an email to [facultyemployment@csus.edu](mailto:facultyemployment@csus.edu). Please include the Job ID # in the subject line of the email.

For technical difficulties, please contact our IRT help desk at (916) 278-7337.

*Wendy Buchan* [wbuchan@csus.edu](mailto:wbuchan@csus.edu)

Your notifications are set to Real-Time, if you would like to change this, log into the portal and update your preferences under My Profile.

10. Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

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**To:** Donna Martin <DMartin@burke.k12.ga.us>  
**Cc:** Erin McGuire <erin@farmtoschool.org>, Anna Mullen <anna@farmtoschool.org>  
**Sent Date:** Apr 01, 2016 19:09:09  
**Subject:** Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

**Attachment:**

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Thursday, April 7

Sent from my iPhone

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work - 706-554-5393

fax - 706-554-5655

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Date: Tue, Mar 29, 2016 at 10:01 AM

Subject: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

To: erin@farmtoschool.org

By Jenny Hopkinson | 03/29/2016 10:00 AM EDT

*With help from Jason Huffman, Catherine Boudreau and Helena Bottemiller Evich*

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The President's Advisory Council on Combating Antibiotic Resistant Bacteria will vote on the report - which also outlines recommendations for human medicine and government-wide progress on a national action plan rolled out last year - at the end of a two-day meeting in Washington on Thursday.

For public health advocates, the recommendations reflect more of the same from the Obama administration and don't go far enough. Namely, there are no reduction targets for antibiotic use in animal agriculture. "Animal agriculture and veterinary oversight are a key component to a successful antibiotic-resistance mitigation strategy," says Susan Vaughn Grooters, policy analyst at Keep Antibiotics Working. "Without clear, concise, and measurable calls for reduction of antibiotic use in animal agriculture from the administration, an opportunity could be lost for more targeted and achievable reforms." [Read the report here.](#)

**AG GROUPS RAMP UP PRESSURE FOR PSM FIX:** Dozens of agriculture groups are pushing House appropriators to require the Occupational Health and Safety Administration to scrap its plan to start applying certain hazardous material storage rules to agricultural retailers, arguing that if OSHA wants to make the change it should have to do so through a formal rulemaking process. In a letter sent to the leaders of the House Appropriations Committee and its labor panel, the groups reiterate their calls to include in report language - to be attached to forthcoming appropriations bills - requests for the administration to withdraw a July 2015 memo that ends the decades-long exemption for retail facilities from Process Safety Management rules. Without relief, OSHA's change will force fertilizer retailers to update the way they handle anhydrous ammonia and could cause businesses to close, the groups have long argued. The letter is [here](#). Pros can brush up on the effort by farm groups to keep the retail exemption in place [here](#).

**GMO CITRUS MAKER LOOKS TO EXPAND RESEARCH:** Florida could soon be getting 400 acres of genetically engineered citrus trees. Southern Gardens Citrus, the Clewiston, Fla., grower that has inserted spinach genes into a citrus tree to make it resistant to citrus greening disease, is seeking a permit from the EPA to expand its plantings in order to develop more data on whether the GE tree will really be able to handle the disease. The agency, in a Federal Register notice that is set to be published today, will accept comments until April 28. Florida's citrus industry has been devastated by citrus greening. While the state's growers harvested 133.6 million boxes of oranges as recently as the 2012-2013 season, the Agriculture Department's latest forecast has this season's harvest at just 71 million boxes. The notice is [here](#).

**BERKELEY TRIES TO GET CITIES TO FOLLOW ON SODA TAXES:** The Berkeley, Calif., health group that backed the city's successful soda tax campaign in 2014 has launched a new effort to help other cities across the country pass their own taxes. The Ecology Center posted a 13-minute video today titled Berkeley vs. Big Soda, which tells the story of how soda tax advocates defeated the beverage industry in the liberal city of 118,000, along with other resources to support similar tax efforts in other communities.

The group said it is distributing the film widely to local, state and national groups, noting that organizations from British Columbia and Texas are promoting it. Soda tax measures are "marching forward" in Philadelphia, Seattle, San Francisco, other parts of California and the United Kingdom and "others are forming under the radar," the groups said. Watch the video [here](#).



**The beverage lobby was dismissive of the effort.** "Berkeley is a very-pro-tax city that is not at all like the rest the country," said Lauren Kane, a spokeswoman for the American Beverage Association. "Elsewhere, soda tax proposals have been rejected 40 times across the country in the past eight years. Beverage taxes remain highly unpopular because the majority of Americans oppose discriminatory taxes that single out one item in the grocery cart."

**N.Y. NURSERIES ALMOST PERFECT ON INVASIVE SPECIES RULE:** New York's nursery industry is doing a great job of staying in line with the state's new invasive species regulations, according to the state agriculture department. Horticultural inspectors report a 95 percent compliance rate among the 1,533 plant dealer facilities and 1,077 plant grower locations they've visited across the state since the new rules went into effect on March 10, 2015. The regulations, which stem from a law signed in July 2012, prohibit 69 plants and require special labeling and care regulations for six others. Among the plant species prohibited: the Multiflora Rose. The plant was once valued for its soil stabilization qualities, but it proved to aggressive and invasive, degrading the quality of hay fields in the state, recounts Chris Logue, director of the state agriculture department's plant industry division.

#### **INSTANT OATS:**

- Americans will each eat an average of 54.3 pounds of beef this year on average, the first increase since 2006, according to USDA data, Bloomberg News reports.
- Health leaders are defending the role farm-to-school programs play in teaching kids healthy eating habits after an article in POLITICO's The Agenda questioned the value of such efforts.
- A Saudi dairy company's land purchase in the U.S. Southwest is raising questions about water rights, the AP reports.

**THAT'S ALL FOR MA!** See you again soon! In the meantime, drop your host and the rest of the team a line: [cboudreau@politico.com](mailto:cboudreau@politico.com) and [@ceboudreau](https://twitter.com/ceboudreau); [jhopkinson@politico.com](mailto:jhopkinson@politico.com) and [@jennyhops](https://twitter.com/jennyhops); [hbottemiller@politico.com](mailto:hbottemiller@politico.com) and [@hbottemiller](https://twitter.com/hbottemiller); [mkorade@politico.com](mailto:mkorade@politico.com) and [@mjkorade](https://twitter.com/mjkorade); and [jhuffman@politico.com](mailto:jhuffman@politico.com) and [@jsonhuffman](https://twitter.com/jsonhuffman). You can also follow [@POLITICOPro](https://twitter.com/POLITICOPro) and [@Morning\\_Ag](https://twitter.com/Morning_Ag) on Twitter.

*To view online:*

<http://www.politico.com/tipsheets/morning-agriculture/2016/03/optimism-builds-for-new-england-gmo-labeling-push-213470>

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**To:** Stacey Malstrom <staceymalstrom@farmtoschool.org>  
**Cc:** Erin McGuire <erin@farmtoschool.org>, Anna Mullen <anna@farmtoschool.org>  
**Sent Date:** Apr 01, 2016 12:36:45  
**Subject:** Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

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*To view online:*

<http://www.politico.com/tipsheets/morning-agriculture/2016/03/optimism-builds-for-new-england-gmo-labeling-push-213470>

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**To:** Erin McGuire <erin@farmtoschool.org>  
**Cc:** Donna Martin <DMartin@burke.k12.ga.us>, Anna Mullen <anna@farmtoschool.org>  
**Sent Date:** Apr 01, 2016 12:35:36  
**Subject:** Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

**Attachment:**

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Fantastic, Donna! Please keep us in the loop and send photos! Do you know what day?

Woohoo!

Stacey

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**Sent:** Thursday, March 31, 2016 3:59 PM

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Date: Tue, Mar 29, 2016 at 10:01 AM

Subject: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

To: erin@farmtoschool.org

By Jenny Hopkinson | 03/29/2016 10:00 AM EDT

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**AND MAINERS COULD BE HEADED TO BALLOT BOX, TOO:** In case you missed it, the Maine House of Representatives passed a bill late last week that also would lob to voters the question of whether to repeal a trigger clause in the state's GMO labeling law. Currently the measure is set to go into effect only if five contiguous states pass similar measures by 2018. However, the bill faces an uphill battle, according to reports from New Hampshire Public Radio. The measure passed the Democrat-controlled House on a party-line vote, and the GOP Senate and governor have been frosty on the issue, according to NHPR.

**IT'S NOT JUST THE NORTHEAST THAT'S INTERESTED IN GMOS:** While the bills in Connecticut, Massachusetts and Rhode Island seem the most likely to get passed this year, legislators in Tennessee, Florida, Hawaii, Missouri, New Hampshire, New Jersey, New York and Oregon have also considered labeling laws this spring. Meanwhile, lawmakers in Alaska and Mississippi have mulled restrictions on the sale and cultivation of GMO salmon. Meanwhile, on the other side of the GMO battle, Kansas, Missouri and Wyoming legislatures have looked at resolutions that would urge the U.S. Congress to block labeling.

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*To view online:*

<http://www.politico.com/tipsheets/morning-agriculture/2016/03/optimism-builds-for-new-england-gmo-labeling-push-213470>

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**From:** Donna Martin <DMartin@burke.k12.ga.us>  
**To:** Erin McGuire <erin@farmtoschool.org>  
**Sent Date:** Apr 01, 2016 12:29:45  
**Subject:** Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

**Attachment:**

---

I just got word that Michelle Obama and Al Roker from the today show are coming. Look for more information later. She is going to plant our gardens!

Sent from my iPhone

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work - 706-554-5393

fax - 706-554-5655

**From:** Jennifer Folliard <JFolliard@eatright.org>  
**Sent:** Thursday, March 31, 2016 3:59 PM  
**To:** Erin McGuire; Donna Martin

**Subject:** Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

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**Date:** Tue, Mar 29, 2016 at 10:01 AM

**Subject:** POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

**To:** erin@farmtoschool.org

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*To view online:*

<http://www.politico.com/tipsheets/morning-agriculture/2016/03/optimism-builds-for-new-england-gmo-labeling-push-213470>

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**To:** Donna Martin <DMartin@burke.k12.ga.us>  
**Cc:** Jennifer Folliard <JFolliard@eatright.org>  
**Sent Date:** Apr 01, 2016 12:14:42  
**Subject:** Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix  
**Attachment:**

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**To:** erin@farmtoschool.org

By Jenny Hopkinson | 03/29/2016 10:00 AM EDT

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*To view online:*

<http://www.politico.com/tipsheets/morning-agriculture/2016/03/optimism-builds-for-new-england-gmo-labeling-push-213470>

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**From:** Donna Martin <DMartin@burke.k12.ga.us>  
**To:** Jennifer Folliard <JFolliard@eatright.org>, Erin McGuire <erin@farmtoschool.org>  
**Sent Date:** Apr 01, 2016 09:49:15  
**Subject:** Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix  
**Attachment:**

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I posted it on facebook and twitter and it is getting some play there also. Teamwork makes the dream work! (My new favorite saying!)

We are waiting to hear if Michelle Obama is coming to my district next Thursday. We have a fabulous farm to school lunch planned if she comes! Will keep you posted.  
Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Jennifer Folliard <JFolliard@eatright.org>  
**Sent:** Thursday, March 31, 2016 3:59 PM  
**To:** Erin McGuire; Donna Martin  
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Date: Tue, Mar 29, 2016 at 10:01 AM

Subject: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

To: erin@farmtoschool.org

By Jenny Hopkinson | 03/29/2016 10:00 AM EDT

*With help from Jason Huffman, Catherine Boudreau and Helena Bottemiller Evich*

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**To:** Erin McGuire <erin@farmtoschool.org>, DMartin@Burke.k12.ga.us  
<DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 31, 2016 16:02:40  
**Subject:** Re: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix  
**Attachment:**

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*To view online:*

<http://www.politico.com/tipsheets/morning-agriculture/2016/03/optimism-builds-for-new-england-gmo-labeling-push-213470>

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Erin McGuire  
Policy Director  
National Farm to School Network

207-749-7249 (Based in Washington, D.C.)  
[erin@farmtoschool.org](mailto:erin@farmtoschool.org)

**Learn more and get involved:**  
**[www.farmtoschool.org](http://www.farmtoschool.org)**

Registration now open!

18. Fwd: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix

**From:** Erin McGuire <erin@farmtoschool.org>  
**To:** Jennifer Folliard <JFolliard@eatright.org>, Donna Martin <dmartin@burke.k12.ga.us>  
**Sent Date:** Mar 31, 2016 11:18:21  
**Subject:** Fwd: POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix  
**Attachment:**

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Shout out to our blog in morning ag.

*- Health leaders are defending the role farm-to-school programs play in teaching kids healthy eating habits after an article in POLITICO's The Agenda questioned the value of such efforts.*

Thanks again, Donna, for being willing to co-write this with us! And Jenn - for being such a hero in facilitating between AND and NFSN.

Erin

----- Forwarded message -----

**From:** **Morning Agriculture** <morningagriculture@politico.com>  
**Date:** Tue, Mar 29, 2016 at 10:01 AM  
**Subject:** POLITICO's Morning Agriculture: Optimism builds for New England GMO labeling push — Obama's antibiotics progress report — Ag groups ramp up pressure for PSM fix  
**To:** erin@farmtoschool.org

By Jenny Hopkinson | 03/29/2016 10:00 AM EDT

*With help from Jason Huffman, Catherine Boudreau and Helena Bottemiller Evich*

**OPTIMISM BUILDS FOR NEW ENGLAND GMO LABELING PUSH:** Connecticut, Massachusetts and Rhode Island have long been looking to implement their own GMO labeling statues, and the rash of companies labeling to comply with Vermont might be just the cover they need to get it done. Labeling supporters are optimistic that legislatures in the three New England states will make a move this year now that Vermont's measure has survived legal and congressional challenges, and food companies have agreed to label without passing those costs onto consumers.

"The state legislatures have definitely been watching what's going on at the federal level, and they are busy, so they don't want to act if the federal government is going to come in and preempt them," said Tara Cook Littman of Citizens for GMO labeling. "I think things kind of were on hold a

little bit and are going to pick up now."

New bills in Massachusetts and Rhode Island largely mirror the law in Vermont, while legislation in Connecticut would remove trigger provisions in an existing labeling law that requires at least four other states (one of which must share a border with Connecticut) that total more than 20 million people to enact a similar measure before the statute can go into effect. All three efforts have broad support in their respective state legislatures. Lawmakers are wrapping up in Hartford in the first week of May and Boston and Providence in the beginning of June, so time is running short. But Cook Littman told MA that the time frame shouldn't be too much of a problem given that most bills aren't dealt with until the last few weeks of a session anyway. GMO labeling measures have been taken up by all three states' legislatures in past years, laying the groundwork for passage now.

"These are not new bills so I think there is a real possibility that all three bills could move forward," she said, adding that if one passes "that will really open the door for the other two states."

**HAPPY TUESDAY, MARCH 29!** Welcome to Morning Ag where it seems that this was the year for Easter Peep feature story . Seems MA needs to get on the marshmallow beat right away. You know the deal: Thoughts, news, tips, Peep-sicles? Send them to [jhopkinson@politico.com](mailto:jhopkinson@politico.com) or @jennyhops. Follow the whole team @Morning\_Ag.

**AND MAINERS COULD BE HEADED TO BALLOT BOX, TOO:** In case you missed it, the Maine House of Representatives passed a bill late last week that also would lob to voters the question of whether to repeal a trigger clause in the state's GMO labeling law. Currently the measure is set to go into effect only if five contiguous states pass similar measures by 2018. However, the bill faces an uphill battle, according to reports from New Hampshire Public Radio. The measure passed the Democrat-controlled House on a party-line vote, and the GOP Senate and governor have been frosty on the issue, according to NHPR.

**IT'S NOT JUST THE NORTHEAST THAT'S INTERESTED IN GMOS:** While the bills in Connecticut, Massachusetts and Rhode Island seem the most likely to get passed this year, legislators in Tennessee, Florida, Hawaii, Missouri, New Hampshire, New Jersey, New York and Oregon have also considered labeling laws this spring. Meanwhile, lawmakers in Alaska and Mississippi have mulled restrictions on the sale and cultivation of GMO salmon. Meanwhile, on the other side of the GMO battle, Kansas, Missouri and Wyoming legislatures have looked at resolutions that would urge the U.S. Congress to block labeling.

**OBAMA'S ANTIBIOTICS PROGRESS REPORT:** To help slow antibiotic resistant bacteria in animal agriculture, the Obama administration should: be able to measure the effectiveness of FDA policies designed to phase out use for growth promotion and expand the oversight of veterinarians; work with state, agriculture industry and academic partners to increase educational outreach, surveillance and develop alternatives to the drugs; and secure continuous funding for these initiatives. Those are a few of the many recommendations contained in a 125-page draft report by a panel of government officials, healthcare professionals, academic experts and industry representatives, a copy of which was obtained by Morning Ag.

The President's Advisory Council on Combating Antibiotic Resistant Bacteria will vote on the report - which also outlines recommendations for human medicine and government-wide progress on a national action plan rolled out last year - at the end of a two-day meeting in Washington on



Thursday.

For public health advocates, the recommendations reflect more of the same from the Obama administration and don't go far enough. Namely, there are no reduction targets for antibiotic use in animal agriculture. "Animal agriculture and veterinary oversight are a key component to a successful antibiotic-resistance mitigation strategy," says Susan Vaughn Grooters, policy analyst at Keep Antibiotics Working. "Without clear, concise, and measurable calls for reduction of antibiotic use in animal agriculture from the administration, an opportunity could be lost for more targeted and achievable reforms." Read the report [here](#).

**AG GROUPS RAMP UP PRESSURE FOR PSM FIX:** Dozens of agriculture groups are pushing House appropriators to require the Occupational Health and Safety Administration to scrap its plan to start applying certain hazardous material storage rules to agricultural retailers, arguing that if OSHA wants to make the change it should have to do so through a formal rulemaking process. In a letter sent to the leaders of the House Appropriations Committee and its labor panel, the groups reiterate their calls to include in report language - to be attached to forthcoming appropriations bills - requests for the administration to withdraw a July 2015 memo that ends the decades-long exemption for retail facilities from Process Safety Management rules. Without relief, OSHA's change will force fertilizer retailers to update the way they handle anhydrous ammonia and could cause businesses to close, the groups have long argued. The letter is [here](#). Pros can brush up on the effort by farm groups to keep the retail exemption in place [here](#).

**GMO CITRUS MAKER LOOKS TO EXPAND RESEARCH:** Florida could soon be getting 400 acres of genetically engineered citrus trees. Southern Gardens Citrus, the Clewiston, Fla., grower that has inserted spinach genes into a citrus tree to make it resistant to citrus greening disease, is seeking a permit from the EPA to expand its plantings in order to develop more data on whether the GE tree will really be able to handle the disease. The agency, in a Federal Register notice that is set to be published today, will accept comments until April 28. Florida's citrus industry has been devastated by citrus greening. While the state's growers harvested 133.6 million boxes of oranges as recently as the 2012-2013 season, the Agriculture Department's latest forecast has this season's harvest at just 71 million boxes. The notice is [here](#).

**BERKELEY TRIES TO GET CITIES TO FOLLOW ON SODA TAXES:** The Berkeley, Calif., health group that backed the city's successful soda tax campaign in 2014 has launched a new effort to help other cities across the country pass their own taxes. The Ecology Center posted a 13-minute video today titled Berkeley vs. Big Soda, which tells the story of how soda tax advocates defeated the beverage industry in the liberal city of 118,000, along with other resources to support similar tax efforts in other communities.

The group said it is distributing the film widely to local, state and national groups, noting that organizations from British Columbia and Texas are promoting it. Soda tax measures are "marching forward" in Philadelphia, Seattle, San Francisco, other parts of California and the United Kingdom and "others are forming under the radar," the groups said. Watch the video [here](#).

**The beverage lobby was dismissive of the effort.** "Berkeley is a very-pro-tax city that is not at all like the rest the country," said Lauren Kane, a spokeswoman for the American Beverage Association. "Elsewhere, soda tax proposals have been rejected 40 times across the country in the past eight years. Beverage taxes remain highly unpopular because the majority of Americans

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Erin McGuire  
Policy Director  
National Farm to School Network

207-749-7249 (Based in Washington, D.C.)  
[erin@farmtoschool.org](mailto:erin@farmtoschool.org)

**Learn more and get involved:**  
**[www.farmtoschool.org](http://www.farmtoschool.org)**

Registration now open!

## 19. Got Ethics?

**From:** Today's Dietitian <todaysdietitian@gvpub.com>  
**To:** dmartin@burke.k12.ga.us  
**Sent Date:** Mar 02, 2016 11:11:17  
**Subject:** Got Ethics?  
**Attachment:**

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Webinars CE.TodaysDietitian.com | Trouble viewing this e-mail? Go here. The continued growth and prevalent use of social media provides the perfect avenue to share our nutrition expertise with consumers but poses unique challenges of the legal and ethical behavior of students, educators, and practitioners in dietetics.

Join us for this special webinar on **Wednesday, March 9**, and learn how to identify the appropriate application of federal regulations and the Code of Ethics for the Profession of Dietetics to avoid compromising your current and future professional career. This presentation will be delivered by well-known experts **Neva Cochran, MS, RDN, LD, FAND, and Debra King, MS, RDN, LD, FAND**.

### Learning Objectives

**After completing this continuing education course, nutrition professionals should be able to:**

1. Verbalize the impact of using social media for exchanging information without violating federal regulations or compromising one's professional status.
2. Implement a policy for using social media for personal/professional situations.
3. Reduce potential legal and ethical dilemmas when utilizing social media in personal/professional situations by creating proper privacy settings, establishing boundaries and appropriately disclosing financial relationships and potential conflicts of interest.

**CPEUs:** 1.5

**Price:** \$39.99 **Suggested CDR Learning Needs Codes:** 1020, 1050, 1090, 7110

**Performance Indicators:** 1.1.6, 1.5.4, 2.1.4, 5.3.5

**CPE Level:** 2

Register Now About Our Presenters

### **Neva Cochran, MS, RDN, LD, FAND**

Neva Cochran is a nutrition communications consultant in Dallas, Texas. For twenty years, she was a writer and researcher for *Woman's World* magazine. Currently, she serves as a consultant to a variety of food and nutrition organizations and a frequent speaker at district, state and national conferences. An active member of the Academy of Nutrition and Dietetics, she has served as President of both the Dallas and Texas Academies, as an Academy media spokesperson, a

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### **Debra King, MS, RDN, LD, FAND**

Debra King's passion for nutrition began when she took her first nutrition class. As a Registered and Licensed Dietitian, she has worked in food service management, clinical nutrition, consulting, and frequently volunteers in community nutrition education programs. She currently is the Consumer Protection Coordinator for the Texas Academy of Nutrition & Dietetics which offers many opportunities for her to support dietetics and nutrition programs at the Texas State Capitol.

Disclosures

*Neva Cochran, MS, RDN, LD, FAND, reports the following relevant disclosures: she serves as a consultant to American Beverage Association, Calorie Control Council, Corn Refiners Association, Egg Nutrition Center, Monsanto, and Sargento. Debra King, MS, RDN, LD, FAND, reports no disclosures. The presenters have certified that no conflict of interest exists for this program. View our disclosure policy.*

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## 20. Webinar on social media coming March 9

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**To:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 11, 2016 14:19:12  
**Subject:** Webinar on social media coming March 9  
**Attachment:**

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**CPEUs:** 1.5

**Price:** \$39.99 **Suggested CDR Learning Needs Codes:** 1020, 1050, 1090, 7110

**Performance Indicators:** 1.1.6, 1.5.4, 2.1.4, 5.3.5

**CPE Level:** 2

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21. Eating Disorder Latest Treatment and Research News -- December 2015 from  
EDReferral.com

**From:** EDReferral <noreply@edreferral.com>  
**To:** dmartin@burke.k12.ga.us  
**Sent Date:** Nov 30, 2015 00:33:53  
**Subject:** Eating Disorder Latest Treatment and Research News -- December 2015 from  
EDReferral.com  
**Attachment:**

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Marketing and Advertising Eating Disorder Treatment anorexia and bulimia, anorexia, binge  
eating, eating disorders

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**Current Research and News  
For Professionals - Conferences/Online Courses/Study Groups/Events**

**Treatment Center Spotlight**

**Books, Book Reviews, and Other Educational Resources**

**Marketing Ideas**

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#### **Current Research and News:**

"We examine the clinical research and current happenings in the eating disorder field to find the  
most interesting and useful current information available."



**Does compulsive behavior in Anorexia Nervosa resemble an addiction? A qualitative investigation.** The characteristic relentless self-starvation behavior seen in Anorexia Nervosa (AN) has been described as evidence of compulsivity, with increasing suggestion of parallels with addictive behavior. This study used a thematic qualitative analysis to investigate the parallels between compulsive behavior in AN and Substance Use Disorders (SUD). Forty individuals currently suffering from AN completed an online questionnaire reflecting on their experience of compulsive behavior in AN. Eight main themes emerged from thematic qualitative analysis; compulsivity as central to AN, impaired control, escalating compulsions, emotional triggers, negative reactions, detrimental continuation of behavior, functional impairment, and role in recovery. These results suggested that individuals with AN view the compulsive nature of their behavior as central to the maintenance of their disorder, and as a significant barrier to recovery. The themes that emerged also showed parallels with the DSM-V criteria for SUDs, mapping onto the four groups of criteria (impaired control, social impairment, risky use of substance, pharmacological criteria). These results emphasize the need for further research to explore the possible parallels in behavioral and neural underpinnings of compulsivity in AN and SUDs, which may inform novel treatment avenues for AN. *Front Psychol.* 2015 Oct 20;6:1608. doi: 10.3389/fpsyg.2015.01608. eCollection 2015.

**Using the Activity-based Anorexia Rodent Model to Study the Neurobiological Basis of Anorexia Nervosa.** Anorexia nervosa (AN) is a psychiatric illness characterized by excessively restricted caloric intake and abnormally high levels of physical activity. A challenging illness to treat, due to the lack of understanding of the underlying neurobiology, AN has the highest mortality rate among psychiatric illnesses. To address this need, neuroscientists are using an animal model to study how neural circuits may contribute toward vulnerability to AN and may be affected by AN. Activity-based anorexia (ABA) is a bio-behavioral phenomenon described in rodents that models the key symptoms of anorexia nervosa. When rodents with free access to voluntary exercise on a running wheel experience food restriction, they become hyperactive - running more than animals with free access to food. Here, we describe the procedures by which ABA is induced in adolescent female C57BL/6 mice. On postnatal day 36 (P36), the animal is housed with access to voluntary exercise on a running wheel. After 4 days of acclimation to the running wheel, on P40, all food is removed from the cage. For the next 3 days, food is returned to the cage (allowing animals free food access) for 2 hr daily. After the fourth day of food restriction, free access to food is returned and the running wheel is removed from the cage to allow the animals to recover. Continuous multi-day analysis of running wheel activity shows that mice become hyperactive within 24 hr following the onset of food restriction. The mice run even during the limited time during which they have access to food. Additionally, the circadian pattern of wheel running becomes disrupted by the experience of food restriction. We have been able to correlate neurobiological changes with various aspects of the animals' wheel running behavior to implicate particular brain regions and neurochemical changes with resilience and vulnerability to food-restriction induced hyperactivity. *J*

**Does childhood bullying predict eating disorder symptoms?** A prospective, longitudinal analysis. Objective: Bullying is a common childhood experience with enduring psychosocial consequences. The aim of this study was to test whether bullying increases risk for eating disorder symptoms. Method: Ten waves of data on 1,420 participants between ages 9 and 25 were used from the prospective population-based Great Smoky Mountains Study. Structured interviews were used to assess bullying involvement and symptoms of anorexia nervosa and bulimia nervosa as well as associated features. Bullying involvement was categorized as not involved, bully only, victim only, or both bully and victim (bully-victims). Results: Within childhood/adolescence, victims of bullying were at increased risk for symptoms of anorexia nervosa and bulimia nervosa as well as associated features. These associations persisted after accounting for prior eating disorder symptom status as well as preexisting psychiatric status and family adversities. Bullies were at increased risk of symptoms of bulimia and associated features of eating disorders, and bully-victims had higher levels of anorexia symptoms. In terms of individual items, victims were at risk for binge eating, and bully-victims had more binge eating and use of vomiting as a compensatory behavior. There was little evidence in this sample that these effects differed by sex. Childhood bullying status was not associated with increased risk for persistent eating disorder symptoms into adulthood (ages 19, 21, and 25). Discussion: Bullying predicts eating disorder symptoms for both bullies and victims. Bullying involvement should be a part of risk assessment and treatment planning for children with eating problems. (Int J Eat Disord 2015; 48:1141–1149)

**For Professionals - Conferences/Online Courses/Study Groups/Events:**

**Register Now for The Renfrew Center Foundation's Fall Seminar Trainings.** The Renfrew Center Foundation is dedicated to eliminating eating disorders by advancing education, prevention, advocacy, research and treatment. Our seminars are designed to help healthcare professionals develop skills in the prevention, assessment and treatment of behavioral and emotional disorders in women. Feasting, Fasting and Eating Disorders in the Jewish Community offered in Santa Monica, CA, Wednesday, December 2, 2015 from 8:45am – 1:15pm. 4 CE Credits offered. Seminar includes dairy breakfast. The False Self: The Complexity of Body Image and Identity Issues in the Treatment of Eating Disorders; offered in Overland Park, KS, on Friday, December 4, 2015 from 9:00am – 4:00pm. 6 CE Credits offered. Seminar includes a continental breakfast and networking lunch. Choosing the Path of Acceptance: The Power of Emotional Awareness in Eating Disorder Recovery; offered in Nashville, TN, on Friday, December 4, 2015 from 11:00am – 1:00pm. 2 CE Credits offered. Seminar includes lunch. For more information on these trainings or to register, please visit [www.renfrewcenter.com](http://www.renfrewcenter.com) or call 1-877-367-3383.

**Join CSAB for their CEU approved December Webinar on ARFID with Ovidio Bermudez, MD; Friday, December 11th from 12-1pm.** About the webinar: In this presentation, Dr. Bermudez will define and describe the new diagnosis included in the DSM-V, Avoidant/Restrictive Food Intake Disorder (ARFID), and how to effectively recognize and manage this patient population. About the presenter: Ovidio Bermudez, MD, is the Chief Clinical Officer and Medical Director of Child and Adolescent Services at Eating Recovery Center in Denver, Colorado. He holds academic appointments as Clinical Professor of Psychiatry and Pediatrics at the University of Oklahoma College of Medicine and Clinical Professor of Pediatrics at the University Of Colorado School Of Medicine. He is Board certified in Pediatrics and Adolescent Medicine. 1 CEU credit. Upcoming: Two-Week webinar series on Sports Psychology/Athletes and ED's featuring Riley Nichols, PhD and Kim McCallum, MD. January 22nd and 29th, 12-1pm each day. About the webinar: The presenters will describe a multi-disciplinary intensive treatment program designed for athletes with severe eating disorders. This model addresses athletes' identity, body image, sport culture and assessment of medical risk and complications. To register for any of these exciting events, please visit our website: <http://icpnyc.org/csab/2015-2016-webinar-series/>.

**What if you had a “Decoding Tool”? 24 CE Hours.** Decoding Symbolic Food Cravings for Binge Eating/Emotional Eating. One of 7 Decoding Processes in the Professional Webinar Training: “The Behavior Decoding Method™ Advancing Transformation and Recovery for Disordered Eating and Weight-Related Behaviors”, with Barbara Birsinger, ThD, MPH, CEDRD, CM-NLP and Ellyn Herb, PhD, CEDS, Guests Anita Johnston, PhD, CEDS, author of *Eating in the Light of the Moon*, and others. Learn on your own time, at your own pace, in your own place, on-line and on-going. This training is for clinicians, therapists, nutritionists, treatment teams to learn an innovative, clinically practical, client-friendly, effective and research-based set of tools to help clients recover from disordered eating and weight-related behaviors. Clinicians will receive a system that provides concrete steps and structure over the course of treatment for clients and across the continuum of eating and weight-related issues, helping clients to Self-discover their symbolic language, intended positive outcome, and purpose being served in their behaviors, beliefs, and identity. Clients will learn how to create neuro-resets for transformation, access their feelings more easily, restore intuitive eating abilities over time, and activate Self-care practices uniquely their own. By learning to satisfy unmet needs, ED behaviors lessen, and clients build meaning, trust, motivation, compassion and stability in their recovery. Decoding Processes include: Food Restriction/Eating Anxieties; Symbolic Food Cravings (Emotional eating/Bingeing); Weight/Size Obsessions; Body Judgments; Exercise Resistance; Compulsive Over-Exercise; and Compensatory Behaviors/Bulimia. Course includes: 24/7 Interactive Membership Site, client videos, presentations, case consults, Clinician Manual, handouts, MP3s, live Q+A/Consultation Sessions, author interviews and Bonus Modules. Instant access at Registration. For more details and a

sample video contact Dr. Barbara Birsinger at 707-799-2982 or email at [research@BarbaraBirsinger.com](mailto:research@BarbaraBirsinger.com).

**Highly Acclaimed Course on Eating Disorders Comes to KPU.** KPU has launched a highly tailored online course that increases the ability of working professionals to prevent and treat eating disorders and reduce the likelihood of patient relapse after treatment. Instruction is led by Dr. Laird Birmingham: an internationally recognized pioneer in disordered eating treatment. Dr. Birmingham brings more than 35 years of experience in eating disorder research and treatment to every clinical consultation. This course is recognized as an accredited professional education course or activity by the Royal College of Physicians and Surgeons of Canada, the Canadian Counselling & Psychotherapy Association and the Canadian Nurses Association. The course also offers a special track for the general public, including families and friends of those who suffer from eating disorders. Anyone interested in learning about eating disorders is welcome to take this track. Learning what you want or need to learn is the goal. Prevention & Recovery: Eating Disorders and Disordered Eating (PHLT 9004), offered through Continuing & Professional Studies at KPU, is entirely self-guided and registrants have six months to complete the course. The cost is \$1,996. To view the full course description, or to register, visit KPU's <http://www.kpu.ca/cps>. For further information on Dr. Birmingham visit <http://www.drbirmingham.com/>.

**Expertise and Education: Learning From the Leaders. Professional Teaching Day for Eating Disorder Treatment Providers. Earn 8.5 CE/CME credit hours at the 2015 Professional Teaching Day being held in your area: Chicago, IL – Miami, FL.** Join national thought leaders from Eating Recovery Center and our family of treatment centers at Professional Teaching Days being offered across the United States. Throughout the year, these educational events will offer an invaluable opportunity to learn from and connect with the leaders that develop standards of excellence and drive innovation in the treatment of eating disorders. Learn, connect and network with colleagues including physicians, therapists, dietitians and nurses in the following cities: Chicago (November 20) and Miami (December 18). Registration is limited. For more information about the 2015 Professional Teaching Series, visit [www.eatingrecoverycenter.com](http://www.eatingrecoverycenter.com), call 877-791-9862 or email [info@eatingrecoverycenter.com](mailto:info@eatingrecoverycenter.com).

**Molly Kellogg's Counseling Intensive for Nutrition Professionals.** This highly interactive, practical workshop, based on motivational interviewing, is designed to advance dietitians' proficiency with nutrition counseling skills. 18 credits (RDs and DTRs) Two full days of training. 2016 Cities: New York City, January 8-9; Houston, February 5-6; San Diego, March 11-12; Minneapolis, May 6-7, Philadelphia, June 10-11; Nashville, September 16-17, and Vancouver,

October 28-29. Details on all these workshops at [www.mollykellogg.com](http://www.mollykellogg.com).

**Treatment Center Spotlight:**  
**Multiple State Locations:**

**Treatment Center News – The Renfrew Center, celebrating its 30th Anniversary as the Nation’s First Residential Eating Disorder Treatment Facility, announces its Los Angeles, CA site is Now Open.** This facility is Renfrew’s 16th location nationwide. With the largest network of eating disorder treatment centers, Renfrew has treated more than 65,000 adolescent girls and women with eating disorders. Renfrew provides a comprehensive range of services in California, Connecticut, Florida, Georgia, Illinois, Maryland, Massachusetts, New Jersey, New York, North Carolina, Pennsylvania, Tennessee, and Texas. Programs and services vary by site and include: Residential; Day Treatment; Intensive Outpatient; Group Therapy; Individual, Family, and Couples Therapy; and Nutrition Therapy. The Renfrew Center integrates relational principles and practice with the latest developments in the effective treatment of patients with eating disorders. The Renfrew Center is a preferred provider for most health insurance and managed care companies and works with individuals to create a financial plan that meets the need of each prospective Renfrew patient. Renfrew’s training programs have reached more than 30,000 healthcare professionals to date and are designed to enhance the knowledge and skills needed to treat these complex disorders. Call 1-800-RENFREW or visit [www.renfrewcenter.com](http://www.renfrewcenter.com) for more information about The Renfrew Centers.

**Center for Discovery: California, Connecticut, Illinois, Texas, Virginia and Washington:**  
**Treatment Center News -** All of Center for Discovery’s locations are Joint Commission accredited and state licensed -the gold standard in healthcare today-which means every client receives the highest quality of care available. Center for Discovery has locations nationwide because we believe in bringing treatment to clients and families and not the other way around. Upon admission, every client is assessed by a multidisciplinary treatment team and provided with a comprehensive treatment plan. Our hands-on dietary program is second to none and includes individualized meal planning and preparation, exposures, restaurant and grocery store outings, as well as kitchen skills and nutrition groups. In addition to groups, each client receives a minimum of six individual sessions per week: one each with the psychiatrist, physician, and dietitian, and three with their primary therapist. Our Discovery Connect program keeps outside professionals and families involved every step of the way. At Center for Discovery, family involvement is vital to our program. Families have numerous opportunities to participate in their loved ones treatment including weekly family therapy, visitation and passes, and individual therapeutic family meals. To ensure that the gains made in treatment are maintained after discharge we place particular emphasis on facilitating seamless transitions between levels of care. To this end, we are partnered

with the Feinstein Institute for Biomedical Research to measure outcomes by examining the process of treatment, how clients fare post-discharge, and readmission rates. The data suggest that not only are improvements maintained, but that Center for Discovery clients actually continue to improve following their discharge. Take our free, confidential 10 question assessment at Eating Disorder Evaluation or download the free recovery app at Recovery App. On satisfaction surveys from more than 2000 clients and families over 90% said that they would recommend Center for Discovery. Call today to discover why 866-846-8597 toll free.

**Eating Recovery Center (Colorado, California, Washington, Texas, Ohio, Illinois and South Carolina).** Eating Recovery Center Acquires The Riley Center in Greenville, South Carolina. Eating Recovery Center has acquired the Riley Center, an eating disorder treatment center located in Greenville, SC. In the coming weeks, the Riley Center program will transition and officially become Eating Recovery Center, The Carolinas. This exciting development reflects Eating Recovery Center's strategy of extending care through the best eating disorder programs in the country. Eating Recovery Center's network of programs provides the best-in-class treatment for individuals and families struggling with anorexia, bulimia, binge eating and other unspecified eating disorders through comprehensive and innovative care and an unmatched network of 24 locations in seven states. Led by the world's leading experts in eating disorder treatments, it provides a full spectrum of recovery services for patients at every stage of the illness, including Inpatient, Residential, Partial Hospitalization, Intensive Outpatient and Outpatient. Call Eating Recovery Center today at 877-791-9862, email [info@eatingrecoverycenter.com](mailto:info@eatingrecoverycenter.com), or visit [www.EatingRecoveryCenter.com](http://www.EatingRecoveryCenter.com) to chat confidentially with a member of the Clinical Assessment team.

## **California:**

**Carlsbad, CA: Montecatini is located 3 miles off the Pacific coast line of North San Diego County.** We have two residential homes with 6 beds each housing 12 women 16-55 years of age. Montecatini offers partial hospitalization and intensive outpatient within 1 ½ miles of the residential location. We offer affordable, independent housing located near our residential homes for those patients who do not live in the surrounding area. Our staff offers individualized care through a variety of treatment modalities including weekly individual sessions, nutrition, various groups including but not limited to CBT, DBT, life skills, exposure therapy, relapse prevention, and yoga, along with expressive arts, spirituality and nutrition education. Our patients attended therapeutic outings, community meetings, outside AA meetings and additional activities with medical clearance. Montecatini's mission is one of hope and long-term recovery. We are dedicated to helping females struggling with eating disorders find their way to a successful recovery. If you have questions about Montecatini, please contact Melissa Achurra at 775-560-

4208 or via email at machurra@crchealth.com.

**San Diego, CA: Treatment Center News - UCSD Eating Disorder Center.** The Center focuses on developing treatment based on empirically supported modalities. UCSD offers Partial Hospitalization and Intensive Outpatient programs for adolescents and adults, both males and females. The adult programs place a heavy emphasis on Dialectical Behavioral Therapy with support from Cognitive Behavioral Therapy. The adolescent programs are based in Family Based Therapy, as well as Cognitive Behavioral Therapy. Each of the outpatient programs provides group and individual therapy, dietary support, medical management, psychiatric assessment and treatment of co-occurring disorders. Based on studies showing support for Family Based Therapy, also known as the Maudsley model, UCSD provides a five day intensive program for adolescent families to learn how to refeed and manage eating disorder symptomatology at home allowing the family to affectively the treat their son or daughter on an outpatient basis. For patients needing a higher level of care, UCSD has partnered with Rady Children's Hospital to open the Medical West Unit. The Medical West Unit offers specialized medical stabilization for patients with Anorexia Nervosa, Bulimia Nervosa, and Eating Disorder NOS. UCSD is excited to announce an affordable housing for adults attending the Outpatient Programs. For more information call 858-534-8019, visit <http://eatingdisorders.ucsd.edu> or [EDintake@ucsd.edu](mailto:EDintake@ucsd.edu).

## **Colorado:**

**Denver, CO: Treatment Center News - The Eating Disorder Center of Denver (EDCD).** Get to know You! We have created a new movement called Defining ME to help individuals with all types of eating disorders to let go of the eating disorder identity and begin to live life as their authentic selves. We hope you will join in this movement because no matter where you are in your recovery you have the power to make a difference. #DefiningME, [www.definingme.com](http://www.definingme.com). With over 15 years of experience since opening our first treatment program, we understand how difficult and scary the journey of recovery from an eating disorder can be and the more support an individual has the better. We know individuals affected by eating disorders are worthy of recovery. We are committed to constantly remind our patients of their worthiness, empower them to begin to let go of the eating disorder identity, connect with their authentic-selves and help them experience the success of recovery. Matching the skills, passion, and excellence of the interdisciplinary team with the specific needs of each patient, we strive to provide treatment that focuses on healing the whole person – their mind, body, and spirit in a safe environment where individuals can let down their walls and allow themselves to receive the tools, support, and real world experiences in order to really live life in color, perfectly imperfect, and fulfill the dreams they have only dreamt. Recovery and Defining yourself away from the eating disorder identity can be challenging. We developed a unique treatment approach to help - five core concepts we call CAMSA™ - act as the backbone of our bio-psycho-social-spiritual treatment model. This established and proven

individualized treatment program empowers patients to regain their health through **Connection, Acceptance, Mindfulness, a Sense of Self, and Action** to impact change and affect health. [www.edcdenver.com](http://www.edcdenver.com) or call 866-771-0861

## **Connecticut:**

**New Canaan: Silver Hill Hospital's Eating Disorders Program includes both inpatient and residential treatment options for men and women.** The program is for adult patients suffering with a range of eating disorders and behaviors, including anorexia, bulimia, binge eating disorder, emotional eating, body dysmorphic disorder, rumination disorder, and disordered eating resulting from psychotropic medications. Many patients also have co-occurring diagnoses of depression, anxiety, obsessive-compulsive disorder, or addiction that requires simultaneous treatment. Inpatient treatment is provided for those patients who require a higher level of care. Criteria for admission to the inpatient program include: inability to control eating disorder behaviors, low weight with food refusal, and co-occurring disorders such as depression, anxiety, substance use or self-harm behaviors. Other factors include: poor level of motivation, resistance to treatment, impaired insight, inability to control obsessive thoughts, impulsive or oppositional behaviors, inability to control exercise and purging behaviors, and inability to follow treatment and gain weight. Silver Hill Hospital participates with many insurance companies that typically cover inpatient treatment. The transitional living program offers a range of therapeutic opportunities and interventions designed to interrupt maladaptive behavior patterns and promote behavioral and emotional growth and change. Treatment is comprehensive and individually tailored, with an emphasis on treating all aspects of the individual. The aim is to treat variables that cause and perpetuate the eating disorder. The minimum length of stay is 4 weeks and many patients extend their treatment. The residential program is self-pay. [www.silverhillhospital.org](http://www.silverhillhospital.org) 800-899-4455

## **Florida:**

**Florida: Treatment Center News – The Recovery Village Welcomes You To Join Their Google Plus Community, “It Takes A Village.”** It Takes A Village was created in hopes of bringing together people who have the desire to move forward in their recovery. The Recovery Village is harnessing the power in that phrase, “It Takes A Village,” to help guide people with eating disorders and addictions toward recovery. Patient Centered Care: The Recovery Village provides professional treatment solutions with real results for patients struggling with eating disorders and substance abuse. From assessment to aftercare, every patient is treated with the compassion, professionalism, and support needed to overcome eating disorders and build a foundation of recovery in a safe environment. Wellness and Amenities: The benefits of full-service treatment include medical stabilization, nutrition therapy, specialty groups, and extensive aftercare



planning. Treatment regularly incorporates yoga, meditation and art therapy. Patients also enjoy a calming atmosphere and beautiful setting conveniently located minutes from Orlando, FL. Nationally recognized medical team: The Recovery Village provides 24-hour medical care and an experienced team of mental health professionals to help patients overcome the struggles of eating disorders and substance abuse to be able to embrace a life of lasting health and wellness. Insurance and payment options: The Recovery Village accepts most insurance coverage. For patients who do not have an insurance provider, The Recovery Village offers financing options. For more information: Visit <http://www.therecoveryvillage.com/> or call 877-798-5509.

## **Illinois:**

**Chicago, IL: Insight Behavioral Health Centers: Oak Brook Location – Now Open.** Insight Behavioral Health Centers is pleased to announce the addition of a new location in Oak Brook, Illinois at 1010 Jorie Boulevard, Suite 200. The Oak Brook office offers Partial Hospitalization and Intensive Outpatient Programming for eating disorders and mood and anxiety disorders. For more information about programming, email [inquiries@insightillinois.com](mailto:inquiries@insightillinois.com), call 312-487-2425 or visit: [www.insightbhc.com](http://www.insightbhc.com).

## **Michigan:**

**Royal Oak, MI: Mindfulness-based yoga therapy: A program evaluation. Kinney N, Merkel N, Pruitt B.** Background: The Inner Door Center® in Royal Oak, Michigan, runs an eating disorder treatment program that utilizes mindfulness-based yoga therapy, the goals of which are to decrease symptoms and behaviors associated with eating disorders, and to improve overall quality of life. Objective: This evaluation examines the effectiveness of mindfulness-based yoga therapy as a treatment for eating disorders. Methods: Pre- and post-intervention assessments were collected from a convenience sample of 36 participants from 2013 to 2015. Quality of life was assessed by the Short-Form Health Survey (SF-36). Eating disorder behaviors were assessed using the Eating Attitudes Test (EAT-26). Willingness to attend the mindfulness-based yoga therapy sessions was assessed through a client satisfaction survey. A paired t-test was used to compare pre- and post- intervention surveys. Results: The mean response in the SF-36 increased (p value <0.05) after treatment, indicating increased quality of life. Results from the EAT-26 demonstrate that after program participation, there was a greater ability to eat at regular intervals and consume at least minimum calories for personalized goals. Willingness to participate in mindfulness-based yoga therapy was not correlated with report of program's benefit to client recovery. No significant correlation was found between previous yoga experience, and reported success with the program. Discussion: Mindfulness-based yoga therapy is an effective method for

increasing management of eating disorder behaviors. Mindfulness-based yoga therapy can be effective as a treatment method for clients with any variety of willingness or yoga experience.

## **Utah:**

**Orem, UT: Treatment Center News - Center for Change is a place of hope and healing that is committed to helping adult women and adolescent girls break free and fully recover from their eating disorders.** The Center uses a multi-disciplinary approach with specialized and intensive treatment for eating disorders under the care of a supportive and experienced staff. The Center offers comprehensive programs - from acute inpatient, residential care, day & evening programs, to outpatient and aftercare. Most importantly, Center for Change offers a loving and safe environment where individuals can reclaim their lives: body, mind, and spirit. Center for Change is accredited by the Joint Commission, Northwest Accreditation Commission (NWAC), and is TRICARE® certified. For more information contact the Center at 888-224-8250 or visit <http://www.centerforchange.com>.

## **International:**

**Denmark: Neurobiological and Psychological Pathways To The Heart and Brain For Eating Disorder Patients.** Kildehøj Private Hospital For Eating Disorders in Copenhagen, Denmark, specializes in bypassing the resistance in severe eating disorders through psychological and biological interventions. Kildehøj has developed a unique approach which works by activating neuro-pathways in the brain and pathways to the heart center. Kildehøj utilizes customized advanced nutrition therapy to re-balance the biochemical components of each eating disorder as it manifests. For more information contact Rachel Santini, Director of Kildehøj Private Hospital in Copenhagen, Denmark by [San@c.dk](mailto:San@c.dk) visit <http://www.Kildehoj.dk>. For advanced nutrition therapy programs contact Nutritionist Christina Santini by [info@ChristinaSantini.com](mailto:info@ChristinaSantini.com) or visit <http://www.ChristinaSantini.com>.

## **Books, Book Reviews and Other Educational Resources:**

### **BOOK REVIEW:**

**Reconnect with Food...Unplugged (DVD) By Beverly Price.** Integrating the body, the mind, and the spirit is the key to a full recovery from an eating disorder. In this DVD, Beverly Price takes us on a journey that weaves together a yoga class with messages to heal your eating disorder. Ms. Price, a registered dietician, exercise physiologist, and yoga teacher leads a group of eight women

of various sizes and shapes through healing yoga poses which the viewing audience can follow along or participate in. Then, Ms. Price leads a workshop where these women share their personal issues and awareness of why they developed eating disorders and their strategies to get unstuck. One woman discusses her "suspicions about both pleasure and people." Another speaks of allowing people in her life as well as food to control her, while another member acknowledges her fear there will never be enough food or love in her life to get filled up. It is a rich experience to join in the group class of yoga and to also be a witness to the discussion of how these women are incorporating mindful awareness into their relationship with food, with people, money, sexuality, and alcohol. Ms Price, CEO and Founder of The Inner Door Treatment Center in Michigan, explains that our relationship with food parallels every other relationship in our lives. As we learn to deepen our nurturing relationship with food - eating when we are hungry, stopping when we are full, and getting pleasure and gratification from food - we can also apply the same nurturing principles to self care techniques: acceptance, nonjudgmental attitudes, embracing imperfections, and communicating our needs to others directly. Ultimately, Ms. Price helps her students move from shame and struggle to self love and satisfaction.

Find this and other eating disorder-related books here: [EDReferral.com](http://EDReferral.com) Books

Book review submitted by Mary Anne Cohen, Director of The New York Center for Eating Disorders, author of *French Toast for Breakfast: Declaring Peace with Emotional Eating* and *Lasagna for Lunch: Declaring Peace with Emotional Eating*. <http://www.emotionaleating.org/>. To read the Introduction to Ms. Cohen's book, click this link: <http://www.emotionaleating.org/lasagna-sample.html>. *Lasagna for Lunch* is now available for 5 continuing education credits for social workers: <https://secure.ce-credit.com/courses/102149>.

**Lasagna For Lunch: Declaring Peace With Emotional Eating. By Mary Anne Cohen.** The New York Center for Eating Disorders is pleased to announce the publication of Mary Anne Cohen's second book, *Lasagna for Lunch: Declaring Peace with Emotional Eating*. Her first book, *French Toast For Breakfast*, was published in 1995. Ms. Cohen is the Director of The New York Center for Eating Disorders and first coined the now popular term "emotional eating" back in 1982. *Lasagna for Lunch* chronicles Ms. Cohen's experiences as an eating disorder therapist for the past forty years. It is a behind the scenes account of what goes on in private between client and therapist to heal an eating disorder. According to Ms. Cohen, "For many people, loving food is safer than loving people. Food never leaves you, never rejects you, never criticizes you, never dies. It is the only relationship where we get to say when, where, and how much! No human relationship complies with our needs so absolutely." *Lasagna for Lunch* breaks new ground

through an examination of frozen grief which is often at the root of emotional eating and how loss and mourning keep people stuck in the anesthesia of an eating disorder. She also covers the relationship between sexual abuse and substance abuse, Night Eating Syndrome, eating disorders in men, in pregnant women, and in older women. She explores techniques for recovery from Binge Eating, Obesity, Bulimia, Exercise Bulimia and Anorexia. This book helps people sink their teeth into life, not into excess food. Lasagna for Lunch and French Toast for Breakfast can be purchased directly from <http://www.EmotionalEating.Org> or through EDReferral.com Books

### **Marketing Ideas:**

**Need Additional Eating Disorder Clients?** The start of the new year brings EDReferral.com's most popular Newsletter. Our monthly Eating Disorder Newsletter reaches over 74,000 people in the eating disorder field. With the most referrals of the year coming at the beginning of January, it is important to position yourself well with EDReferral.com at this time of the year. With this in mind, we are creating a section in our January Newsletter for individual therapists who are accepting new clients. To advertise your services in this new section use the following link to learn more about our extremely effective and low-cost means of reaching those in the eating disorder arena: [http://edreferral.com/newsletter\\_requirements.htm](http://edreferral.com/newsletter_requirements.htm).

**HAVE YOUR BOOK REVIEWED** -- We are ACTIVELY looking for good eating disorder books to review. Mary Anne Cohen is the EDReferral.com professional book reviewer. One book will be reviewed each month. There is a small fee but the newsletter insertion is included at no additional cost. The book, if accepted, will also be featured on the EDReferral.com books page! If you want your eating disorder related book reviewed in this newsletter-- and for more details, contact Mary Anne Cohen at the following: [macohen490@aol.com](mailto:macohen490@aol.com).

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22. Call on Tuesday, May 26, 2015

**From:** Hedrick, Janet <jhedrick@schoolnutrition.org>  
**To:** 'Scott Swogger' <SSwogger@accutemp.net>, 'Donna Martin' <dmartin@burke.k12.ga.us>, 'Sandra Ford' <fords@manateeschools.net>, Montague, Patricia <PMONTAGUE@schoolnutrition.org>, Carrigan, Sherry <SCARRIGAN@schoolnutrition.org>  
**Cc:** Balla, Deborah <DBALLA@schoolnutrition.org>, Lowder, Edna <elowder@schoolnutrition.org>  
**Sent Date:** May 20, 2015 19:16:29  
**Subject:** Call on Tuesday, May 26, 2015  
**Attachment:** [Agenda - Call on May 26 2015.docx](#)  
[Responsibilities 3 of the School Nutrition Foundation Board of Directors draft.docx](#)  
[Board list - updated May 2015.docx](#)  
[Board list - as of August 1 2015.docx](#)  
[Composition of SNF Board 7.docx](#)  
[board scenarios 2 on August 1 2015.docx](#)  
[Board - Action for Healthy Kids.docx](#)  
[Board - Academy of Nutrition and Dietetics Foundation.docx](#)  
[Board - Food Research and Action Center.docx](#)

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Good afternoon,

Attached is an agenda for the SNF Task Force on Tuesday morning. The accompanying materials are being sent in two emails given the volume of documents. (Second email to follow.) These materials in hard copy are being sent to you tomorrow with overnight delivery so you should receive them on Friday. Look forward to talking with you on Tuesday,

Have a good holiday weekend.

Janet

Janet L. Hedrick

Director of Development

**School Nutrition Foundation**

120 Waterfront Street

Suite 300

National Harbor, MD 20745

Direct Phone: 301-686-3081

Phone: 301-686-3100, ext 181

Toll-Free: 800-877-8822, ext 181

Fax: 301-686-3115

[www.schoolnutrition.org](http://www.schoolnutrition.org)

**Giving is easy –[www.schoolnutrition.org/snfdonate](http://www.schoolnutrition.org/snfdonate)**

## 23. Spring Symposium Presenter Profile

**From:** Today's Dietitian <todaysdietitian@gvpub.com>  
**To:** dmartin@burke.k12.ga.us  
**Sent Date:** Apr 07, 2015 11:40:02  
**Subject:** Spring Symposium Presenter Profile  
**Attachment:**

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2015 Spring Symposium Trouble viewing this e-mail? Go [here](#). May 17-20, Tropicana, Las Vegas  
**REGISTER NOW** Neva Cochran, a registered and licensed dietitian, is a nutrition communications consultant in Dallas, Texas. She serves as a consultant to a variety of food and nutrition organizations currently with the Egg Nutrition Center, Corn Refiners Association, American Beverage Association, Calorie Control Council, Sargento, Kao Health and Nutrition and Monsanto. She has been a writer and researcher for Woman's World magazine for twenty years and is a frequent speaker at district and state Academies of Nutrition and Dietetics.

A familiar face in the media, Neva has participated in over 1000 newspaper, magazine, radio and television nutrition interviews and appeared in interviews across the country from *USA Today* and the *Washington Post* to CNN and Fox News Network. She served as an Academy of Nutrition and Dietetics spokesperson for seven years and a Texas Academy media representative for another five. Neva successfully segued into social media in 2009 and now regularly blogs and posts on social media for several clients. In the process, she became interested in the ethical issues surrounding social media for dietitians and was asked to speak on the topic at the 2012 Academy Food and Nutrition Conference in Philadelphia. She has since presented this for two state Academy conferences and an Academy and a DPG webinar.

After receiving her BS degree in Nutrition and Dietetics from the University of Oklahoma, Neva completed a dietetic internship at Presbyterian Hospital of Dallas and earned a Masters in Nutrition at the Texas Woman's University. An active member of the Academy of Nutrition and Dietetics, she has served as President of both the Dallas and Texas Dietetic Associations, a member of the House of Delegates and Chair of the Academy Foundation. She was a 2012 recipient of the Academy's Medallion Award and in 2013 recognized as a Fellow of the Academy of Nutrition and Dietetics for her professional accomplishments and service to the Academy and public.

Join Neva and our amazing faculty of presenters on May 17-20 in Las Vegas.

Thanks to our sponsors for their support of continuing education in nutrition + dietetics.

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## 24. FNCE Board Schedule and Exhibit Assignments

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Aida Miles <Miles081@umn.edu>, Catherine Christie <c.christie@unf.edu>, Denice Ferko-Adams <denice@wellnesspress.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Don Bradley <don.bradley@duke.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Elise Smith <elise@ntrs.com>, Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Glenna McCollum <glennacac@aol.com>, Kay Wolf <kay.wolf@osumc.edu>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <Connors@ohsu.edu>, Terri J. Raymond <tjraymond@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tracey Bates <tracey.bates@dpi.nc.gov>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Oct 07, 2014 18:31:35  
**Subject:** FNCE Board Schedule and Exhibit Assignments  
**Attachment:** [image001.png](#)  
[BOD Packet Final.pdf](#)  
[DPG-MIG-Chairs-Chair-Elects-FNCE 2014 10-2-14.xlsx](#)  
[Academy National Sponsors Booths at FNCE 2014.docx](#)  
[2014 BOD FNCE Schedule 100714 DRAFT2.doc](#)

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Attached is the second draft of the Board schedule highlighting FNCE activities which require and/or encourage Board attendance. For those of you who have been assigned to DPG/MIG events, we have registered you and notified the DPG or MIG chair. You will be greeted by the chair; if not, please introduce yourself. Attached is a list of DPG and MIG chairs and chair-elects for reference. A final schedule will be provided onsite.

Just a friendly reminder: the FNCE schedule requests that you extend your appreciation to our exhibitors and sponsors. Attached are your designated assignments for thanking our exhibitors. The assignments are made to ensure all the exhibitors are covered, but it doesn't preclude you from thanking others for their generous support of the Academy's meetings and programs, including FNCE, especially the 12 sponsors who have booths on the exhibit floor. The sponsor booth names and locations are included on the attachments. The Corporate Sponsor Meet and Greet will take place on Saturday, October 18 from 3:00 pm – 3:45 pm in room B315 of the convention center. We hope to see you there!

If you have any questions, please contact me.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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25. Daily New & Journal Review: Friday, January 17, 2014

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 17, 2014 11:53:35  
**Subject:** Daily New & Journal Review: Friday, January 17, 2014  
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

**The 2015 dietary guidelines- the RDs wish list**

(A number of registered dietitians quoted)

<http://www.foodnavigator-usa.com/Regulation/The-2015-dietary-guidelines-the-RD-s-wish-list>

Source: *Dietary Guidelines for Americans, 2015*

<http://www.health.gov/dietaryguidelines/2015.asp>

**Americans' Eating Habits Take a Healthier Turn, Study Finds Working-Age Adults Consume Fewer Calories, Eat Out Less**

<http://online.wsj.com/news/articles/SB10001424052702304149404579323092916490748>

Source: USDA

<http://www.ers.usda.gov/publications/err-economic-research-report/err161.aspx>

**Researchers debunk theory behind 'blood type diet**

<http://www.sciencedaily.com/releases/2014/01/140115172246.htm>

Source: *PLoS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0084749>

**Smoking causes diabetes, colon cancer, new report says**

A surgeon general's report expands the death toll and list of diseases caused by smoking.

<http://www.usatoday.com/story/news/nation/2014/01/17/surgeon-general-report-smoking/4476323/>

Source: Surgeon General Report

<http://www.surgeongeneral.gov/library/reports/50-years-of-progress/index.html>

### **Diet soda probably not going help lose weight**

<http://www.nbcnews.com/health/diet-soda-probably-not-going-help-you-lose-weight-2D11940230>

Source: *American Journal of Public Health*

<http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2013.301556>

Related Resource: American Beverage Association

<http://www.ameribev.org/news-media/news-releases-statements/more/323/>

### **No, wheat does not make people fat and sick: Scientists**

<http://www.foodnavigator-usa.com/R-D/No-wheat-does-not-make-people-fat-and-sick-Scientists>

Source: *Journal of Cereal Science*

<http://www.sciencedirect.com/science/article/pii/S0733521013000969#bbib15>

### **Student's ordeal raises sickle cell awareness**

<http://www.usatoday.com/story/news/nation/2014/01/16/students-ordeal-raises-sickle-cell-awareness/4551007/>

### **USDA/Economic Research Service**

#### **Internationally, at-home food spending varies more than calorie availability**

[http://www.ers.usda.gov/data-products/chart-](http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=42009&ref=collection&embed=True&widgetId=37373)

[gallery/detail.aspx?chartId=42009&ref=collection&embed=True&widgetId=37373](http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=42009&ref=collection&embed=True&widgetId=37373)

### **U.S. restaurant sales forecast to grow 3.6 percent in 2014**

<http://in.reuters.com/article/2014/01/16/us-restaurants-forecast-idINL2N0KP22I20140116>

### **The Best Airport Food in the U.S. and Beyond**

<http://online.wsj.com/news/articles/SB10001424052702303465004579322690270418718>

### **Hershey rolls out Nutella competitor as Americans spread more chocolate on food**

<http://www.startribune.com/lifestyle/taste/240309771.html>

### **MedlinePlus: Latest Health News**

-Gluten-Free Diet May Help Protect Bones in People With Celiac Disease

-Media Focus on Obesity May Backfire for Some Women

-Obesity May Shorten Lives By Almost 4 Years: Study

-Truck Drivers Top List of Overweight Workers

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

### **Registered Dietitians in the News**

## **5 reasons new diets fail (and how to avoid them)**

(By Cynthia Sass, RD)

[http://www.cnn.com/2014/01/17/health/why-new-diets-fail/index.html?hpt=he\\_c1](http://www.cnn.com/2014/01/17/health/why-new-diets-fail/index.html?hpt=he_c1)

## **New Waseca dietitian only start of growing nutrition trend**

(Holly S Sandhurst RD & Lisa Danielson, RD quoted)

[http://www.southernminn.com/waseca\\_county\\_news/news/article\\_43199299-ab68-5edb-81a1-63dbcc5fc842.html](http://www.southernminn.com/waseca_county_news/news/article_43199299-ab68-5edb-81a1-63dbcc5fc842.html)

## **A new analysis shows that working-age adults in the USA cut out 78 calories a day**

(Dawn Jackson Blatner, RD quoted)

<http://www.usatoday.com/story/news/nation/2014/01/16/americans-cutting-calories/4495401/>

## **Truck Drivers Top List of Overweight Workers**

(Lona Sandon, RD quoted)

[http://www.philly.com/philly/health/topics/HealthDay683816\\_20140116\\_Truck\\_Drivers\\_Top\\_List\\_of\\_Overweight\\_Workers.html#OQP77f3VYrIs0yBO.99](http://www.philly.com/philly/health/topics/HealthDay683816_20140116_Truck_Drivers_Top_List_of_Overweight_Workers.html#OQP77f3VYrIs0yBO.99)

## **Ask a Dietitian: Is eating like a caveman good for your health?**

(By Lora Holtrop-Kohl, RD)

<http://www.ksl.com/?nid=1276&sid=28366349#8SqHe0CvpiMD3USg.99>

## **7 Foods to Buy When You're Broke**

**If you're confined to a strict food budget, you should consider green vegetables, brown rice or beans**

(Rachel Begun, RD, Julieanna Hever, RD & Sharon Palmer, RD quoted)

<http://money.usnews.com/money/personal-finance/articles/2014/01/16/7-foods-to-buy-when-youre-broke>

## **Muscle-building supplements**

(By Nancy Dell, RD)

<http://www.wwlp.com/health/dietitian/nancy-dell-muscle-building-supplements>

## **Niagara grocery store serves up healthy advice**

(Emily Foster & Rachel Morgan Dietitians/Canada quoted)

<http://www.stcatharinesstandard.ca/2014/01/16/niagara-grocery-store-serves-up-healthy-advice>

## **Journal Review**

### ***American Journal of Lifestyle Medicine*, January/February 2014**

<http://ajl.sagepub.com/content/8/1.toc?etoc>

Applying Psychological Theories to Promote Healthy Lifestyles

<http://ajl.sagepub.com/content/8/1/4.abstract>

Social Theory Applied to Body Image and Chronic Illness in Youth

<http://ajl.sagepub.com/content/8/1/15.abstract>

Consistent Components of Behavior Change Theories

<http://ajl.sagepub.com/content/8/1/25.abstract>

Developing Lifestyle Medicine Tools From Psychological Theories

<http://ajl.sagepub.com/content/8/1/28.abstract>

Oh, Nuts! Enjoy the Tasty Nutrition and Health Benefits of Nuts

<http://ajl.sagepub.com/content/8/1/31.extract>

### ***Annals of Internal Medicine, January 13-14, 2014, Online First***

<http://annals.org/onlineFirst.aspx>

Screening for Gestational Diabetes Mellitus: U.S. Preventive Services Task Force

Recommendation Statement

<http://annals.org/article.aspx?articleid=1813285>

Evidence Supporting a Systolic Blood Pressure Goal of Less Than 150 mm Hg in Patients Aged 60 Years or Older: The Minority View

<http://annals.org/article.aspx?articleid=1813288>

### ***CDC- Preventing Chronic Disease, December 2013***

[http://www.cdc.gov/pcd/issues/2013/2013\\_toc.htm](http://www.cdc.gov/pcd/issues/2013/2013_toc.htm)

Effects of Messages Emphasizing Environmental Determinants of Obesity on Intentions to Engage in Diet and Exercise Behaviors

[http://www.cdc.gov/pcd/issues/2013/13\\_0163.htm](http://www.cdc.gov/pcd/issues/2013/13_0163.htm)

Seeking Best Practices: A Conceptual Framework for Planning and Improving Evidence-Based Practices

[http://www.cdc.gov/pcd/issues/2013/13\\_0186.htm](http://www.cdc.gov/pcd/issues/2013/13_0186.htm)

A Tool for Rating Chronic Disease Prevention and Public Health Interventions

[http://www.cdc.gov/pcd/issues/2013/13\\_0173.htm](http://www.cdc.gov/pcd/issues/2013/13_0173.htm)

Food Security and Cardiovascular Disease Risk Among Adults in the United States: Findings From the National Health and Nutrition Examination Survey, 2003-2008

[http://www.cdc.gov/pcd/issues/2013/13\\_0244.htm](http://www.cdc.gov/pcd/issues/2013/13_0244.htm)

### ***CDC- Preventing Chronic Disease, January 2014***

[http://www.cdc.gov/pcd/current\\_issue.htm](http://www.cdc.gov/pcd/current_issue.htm)

Online Grocery Store Coupons and Unhealthy Foods, United States

[http://www.cdc.gov/pcd/issues/2014/13\\_0211.htm](http://www.cdc.gov/pcd/issues/2014/13_0211.htm)

Menu-Labeling Usage and Its Association with Diet and Exercise: 2011 BRFSS Sugar-Sweetened Beverage and Menu Labeling Module

[http://www.cdc.gov/pcd/issues/2014/13\\_0231.htm](http://www.cdc.gov/pcd/issues/2014/13_0231.htm)

***Food Chemistry, January 6-12, 2014, Online First***

<http://www.sciencedirect.com/science/journal/aip/03088146>

Combined effects of gamma-irradiation and modified atmosphere packaging on quality of some spices

<http://www.sciencedirect.com/science/article/pii/S0308814614000089>

Colour and antioxidant capacity stability in grape, strawberry and plum peel model juices at different pHs and temperatures

<http://www.sciencedirect.com/science/article/pii/S0308814614000132>

Effects of olive oil and olive oil-pomegranate juice sauces on chemical, oxidative and sensorial quality of marinated anchovy

<http://www.sciencedirect.com/science/article/pii/S0308814613019845>

A comprehensive study on the phenolic profile of widely used culinary herbs and spices: rosemary, thyme, oregano, cinnamon, cumin and bay

<http://www.sciencedirect.com/science/article/pii/S0308814614000041>

***Food Control, January 11-14, 2014, Online First***

<http://www.sciencedirect.com/science/journal/aip/09567135>

Perceptions, behaviours and kitchen hygiene of people who have and have not suffered campylobacteriosis: A case control study

<http://www.sciencedirect.com/science/article/pii/S0956713514000061>

Rapid analysis of glucose, fructose and sucrose contents of commercial soft drinks using Raman spectroscopy

<http://www.sciencedirect.com/science/article/pii/S095671351400005X>

***Food Quality & Preference, January 7-13, 2014 Online First***

<http://www.sciencedirect.com/science/journal/aip/09503293>

Country of origin or EU/non-EU labelling of beef? Comparing structural reliability and validity of discrete choice experiments for measurement of consumer preferences for origin and extrinsic quality cues

<http://www.sciencedirect.com/science/article/pii/S0950329313002437>

***Food Research International, January 2014***

<http://www.sciencedirect.com/science/journal/09639969/55>

Observations on the use of statistical methods in Food Science and Technology

<http://www.sciencedirect.com/science/article/pii/S0963996913005723>

Risk profiling of wash waters in vegetable processing industry towards possible allergen carry-over

<http://www.sciencedirect.com/science/article/pii/S0963996913005930>

Consumers' hedonic expectations and perception of the healthiness of biscuits made with olive oil or sunflower oil

<http://www.sciencedirect.com/science/article/pii/S0963996913006108>



Effect of lipid physical characteristics on the quality of baked products

<http://www.sciencedirect.com/science/article/pii/S0963996913006091>

Evidence for the formation of maillardized insoluble dietary fiber in bread: A specific kind of dietary fiber in thermally processed food

<http://www.sciencedirect.com/science/article/pii/S0963996913006406>

Uptake and assimilability of nickel in the course of systemic allergy: Implications for elimination diet

<http://www.sciencedirect.com/science/article/pii/S0963996913006534>

### ***Health Affairs, January 2014***

<http://content.healthaffairs.org/content/current>

Diabetes Associated With Early Labor-Force Exit: A Comparison Of Sixteen High-Income Countries

<http://content.healthaffairs.org/content/33/1/110.abstract>

Exhaustion Of Food Budgets At Months End And Hospital Admissions For Hypoglycemia

<http://content.healthaffairs.org/content/33/1/116.abstract>

### ***International Journal of Obesity, January 2014***

[http://www.nature.com/ijo/journal/v38/n1/index.html?WT.ec\\_id=IJO-201401](http://www.nature.com/ijo/journal/v38/n1/index.html?WT.ec_id=IJO-201401)

Physical activity assessment tools for use in overweight and obese children

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013125a.html>

Impaired fasting glucose prevalence in two nationwide cohorts of obese children and adolescents

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013124a.html>

Vitamin D deficiency in childhood obesity is associated with high levels of circulating inflammatory mediators, and low insulin sensitivity

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo201375a.html>

US pediatric population-level associations of DXA-measured percentage of body fat with four BMI metrics with cutoffs

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013134a.html>

Birth weight and growth from infancy to late adolescence in relation to fat and lean mass in early old age: findings from the MRC National Survey of Health and Development

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013115a.html>

Weight gain, total fat gain and regional fat gain during pregnancy and the association with gestational diabetes: a population-based cohort study

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013185a.html>

Social class variation in the predictors of rapid growth in infancy and obesity at age 3 years

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013160a.html>

Social inequality in excessive gestational weight gain

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo201362a.html>

Trends in overweight among women differ by occupational class: results from 33 low- and middle-income countries in the period 1992-2009

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo201350a.html>

Perceived healthiness of foods can influence consumers estimations of energy density and appropriate portion size

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo201369a.html>

***International Journal of Sport Nutrition and Exercise Metabolism, December 2013***

<http://journals.humankinetics.com/ijsnem-current-issue>

Fluid and Electrolyte Balance During 24-Hour Fluid and/or Energy Restriction

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/fluid-and-electrolyte-balance-during-24-hour-fluid-and-or-energy-restriction>

Is There a Specific Role for Sucrose in Sports and Exercise Performance?

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/is-there-a-specific-role-for-sucrose-in-sports-and-exercise-performance>

Effects of Pre-Exercise Sucralose Ingestion on Carbohydrate Oxidation During Exercise

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/effects-of-pre-exercise-sucralose-ingestion-on-carbohydrate-oxidation-during-exercise>

Beer as a Sports Drink? Manipulating Beer's Ingredients to Replace Lost Fluid

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/beer-as-a-sports-drink-manipulating-beers-ingredients-to-replace-lost-fluid>

Effect of Caffeine on Upper-Body Anaerobic Performance in Wrestlers in Simulated Competition Day Conditions

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/effect-of-caffeine-on-upper-body-anaerobic-performance-in-wrestlers-in-simulated-competition-day-conditions>

Laboratory Simulated Duathlon Performance: Effects of Pre-Exercise Meals

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/laboratory-simulated-duathlon-performance-effects-of-pre-exercise-meals>

Organ Size Increases With Weight Gain in Power-Trained Athletes

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/organ-size-increases-with-weight-gain-in-power-trained-athletes>

Perceptual Characteristics of Nutritional Supplements Determine the Expected Effectiveness in Boosting Strength, Endurance, and Concentration Performances

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/perceptual-characteristics-of-nutritional-supplements-determine-the-expected-effectiveness-in-boosting-strength-endurance-and-concentration-performances>

***JAMA, Journal of the American Medical Association, January 15, 2014***

<http://jama.jamanetwork.com/issue.aspx>

Sigmoid Diverticulitis: A Systematic Review

<http://jama.jamanetwork.com/article.aspx?articleid=1814217>

FDA Pushes Makers of Antimicrobial Soap to Prove Safety and Effectiveness

<http://jama.jamanetwork.com/article.aspx?articleid=1814208>

**JAMA, Internal Medicine, January 2014**

<http://archinte.jamanetwork.com/issue.aspx>

Myocardial Infarction and Ischemic Heart Disease in Overweight and Obesity With and Without Metabolic Syndrome

<http://archinte.jamanetwork.com/article.aspx?articleid=1770522>

Obesity and Late-Age Survival Without Major Disease or Disability in Older Women

<http://archinte.jamanetwork.com/article.aspx?articleid=1770523>

The Institute of Medicine Report Sodium Intake in Populations: Assessment of Evidence : Summary of Primary Findings and Implications for Clinicians

<http://archinte.jamanetwork.com/article.aspx?articleid=1761916>

**JAMA, Internal Medicine, January 13, 2014, Online First**

<http://archinte.jamanetwork.com/onlineFirst.aspx>

Sociodemographic Differences in Fast Food Price Sensitivity

<http://archinte.jamanetwork.com/article.aspx?articleid=1809979>

**Journal of Human Lactation, February 2014**

<http://jhl.sagepub.com/content/30/1.toc>

Breastfeeding during Pregnancy: Position Paper of the Italian Society of Perinatal Medicine and the Task Force on Breastfeeding, Ministry of Health, Italy

<http://jhl.sagepub.com/content/30/1/20.abstract>

Using Benchmarking Techniques and the 2011 Maternity Practices Infant Nutrition and Care (mPINC) Survey to Improve Performance among Peer Groups across the United States

<http://jhl.sagepub.com/content/30/1/31.abstract>

Human Milk Oligosaccharide Composition Differs between Donor Milk and Mothers Own Milk in the NICU

<http://jhl.sagepub.com/content/30/1/54.abstract>

Associations of Hospital Staff Training and Policies with Early Breastfeeding Practices

<http://jhl.sagepub.com/content/30/1/88.abstract>

**Journal of the National Cancer Institute, January 2014**

<http://jnci.oxfordjournals.org/content/106/1?etoc>

Plasma Alkylresorcinols, Biomarkers of Whole-Grain Wheat and Rye Intake, and Incidence of Colorectal Cancer

<http://jnci.oxfordjournals.org/content/106/1/djt352.abstract>

**Journal of Nutrition Education and Behavior, January/February 2014**

<http://www.jneb.org/current>

A Review of Associations Between Family or Shared Meal Frequency and Dietary and Weight Status Outcomes Across the Lifespan

[http://www.jneb.org/article/S1499-4046\(13\)00579-4/abstract](http://www.jneb.org/article/S1499-4046(13)00579-4/abstract)

A Content Analysis of Food References in Television Programming Specifically Targeting Viewing Audiences Aged 11 to 14 Years

[http://www.jneb.org/article/S1499-4046\(13\)00627-1/abstract](http://www.jneb.org/article/S1499-4046(13)00627-1/abstract)

Examining the Influence of Price and Accessibility on Willingness to Shop at Farmers' Markets Among Low-income Eastern North Carolina Women

[http://www.jneb.org/article/S1499-4046\(13\)00500-9/abstract](http://www.jneb.org/article/S1499-4046(13)00500-9/abstract)

A Client-centered Nutrition Education Model: Lessons Learned from Texas WIC

[http://www.jneb.org/article/S1499-4046\(13\)00477-6/abstract](http://www.jneb.org/article/S1499-4046(13)00477-6/abstract)

Impact of Personal Preference and Motivation on Fruit and Vegetable Consumption of WIC-Participating Mothers and Children in Atlanta, GA

[http://www.jneb.org/article/S1499-4046\(13\)00104-8/abstract](http://www.jneb.org/article/S1499-4046(13)00104-8/abstract)

Few Changes in Food Security and Dietary Intake From Short-term Participation in the Supplemental Nutrition Assistance Program Among Low-income Massachusetts Adults

[http://www.jneb.org/article/S1499-4046\(13\)00677-5/abstract](http://www.jneb.org/article/S1499-4046(13)00677-5/abstract)

Nutritional Value of Meals at Full-service Restaurant Chains

[http://www.jneb.org/article/S1499-4046\(13\)00708-2/abstract](http://www.jneb.org/article/S1499-4046(13)00708-2/abstract)

Simply Good Cooking: Online Curriculum for the Interactive SNAP-Ed Classroom

[http://www.jneb.org/article/S1499-4046\(13\)00451-X/fulltext](http://www.jneb.org/article/S1499-4046(13)00451-X/fulltext)

### ***Lancet, January 18, 2014***

<http://www.thelancet.com/journals/lancet/issue/current>

Global and regional burden of stroke during 1990-2010: findings from the Global Burden of Disease Study 2010

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61953-4/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61953-4/abstract)

### ***Lancet, January 17, 2014 Online First***

<http://www.thelancet.com/journals/lancet/onlinefirst>

Day-patient treatment after short inpatient care versus continued inpatient treatment in adolescents with anorexia nervosa (ANDI): a multicentre, randomised, open-label, non-inferiority trial

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62411-3/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62411-3/abstract)

### ***New England Journal of Medicine, January 16, 2014***

<http://www.nejm.org>

Body-Mass Index and Mortality among Adults with Incident Type 2 Diabetes

<http://www.nejm.org/doi/full/10.1056/NEJMoa1304501>

A Pragmatic View of the New Cholesterol Treatment Guidelines

<http://www.nejm.org/doi/full/10.1056/NEJMms1314569>

### ***NIH MedlinePlus, the magazine (Winter 2014)***

<http://www.nlm.nih.gov/medlineplus/magazine/index.html>

-Advances in Parkinsons Disease Research

-New Heart Guidelines Released; Talk to Your Healthcare Provider  
-Heart Disease Risk Factors: You Can Reduce Your Risk  
-From DNA to Beer: A Unique Look at the Mighty Microbe  
<http://www.nlm.nih.gov/exhibition/fromdnatobeer/>

***Nutrition, January 6-12, 2014, Online First***

<http://www.sciencedirect.com/science/journal/aip/08999007>  
Feeding prepubescent gilts a high fat diet induces molecular changes in the hypothalamus - pituitary - gonadal axis and predicts the early timing of puberty  
<http://www.sciencedirect.com/science/article/pii/S0899900714000379>  
Nutritional Supplementation in Advanced Cancer Patients  
<http://www.sciencedirect.com/science/article/pii/S0899900714000367>  
Serum 25(OH)D response to vitamin D3 supplementation: A meta-regression analysis  
<http://www.sciencedirect.com/science/article/pii/S0899900714000380>  
Resistance training and protein intake synergistic effects: Practical aspects  
<http://www.sciencedirect.com/science/article/pii/S0899900714000355>  
Novel practical information addressing various aspects of smell loss (hyposmia), salt intake and hypertension in human subjects  
<http://www.sciencedirect.com/science/article/pii/S089990071400032X>

***Nutrition & Dietetics, Journal of the Dietitians Association of Australia, including the Journal of Dietitians New Zealand, December 2013***

<http://onlinelibrary.wiley.com/doi/10.1111/ndi.2013.70.issue-4/issuetoc>  
Taste changes: A problem for patients and their dietitians  
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12101/abstract>  
Factors that influence consumption of fish and omega3-enriched foods: A survey of Australian families with young children  
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12022/abstract>  
Dietary sources and meal distribution of sodium and potassium in a sample of Australian adults  
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12045/abstract>  
Food choices that achieve calcium adequacy in older women  
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12018/abstract>  
Consumers' (in)ability to estimate the energy content of unhealthy foods  
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12011/abstract>  
Updated evidence-based practice guidelines for the nutritional management of patients receiving radiation therapy and/or chemotherapy  
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12013/abstract>  
Comparison of three interventions in the treatment of malnutrition in hospitalised older adults: A clinical trial  
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12008/abstract>  
Enduring mentoring partnership: A reflective case study and recommendations for evaluating mentoring in dietetics

<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12050/abstract>

### ***Nutrition Research, January 2014***

<http://www.sciencedirect.com/science/journal/02715317>

Race differences in the relation of vitamins A, C, E, and -carotene to metabolic and inflammatory biomarkers

<http://www.sciencedirect.com/science/article/pii/S0271531713002327>

Albumin-normalized serum zinc: a clinically useful parameter for detecting taste impairment in patients undergoing dialysis

<http://www.sciencedirect.com/science/article/pii/S0271531713002522>

Long-chain polyunsaturated fatty acid supplementation had no effect on body weight but reduced energy intake in overweight and obese women

<http://www.sciencedirect.com/science/article/pii/S0271531713002479>

Dietary glycemic index, but not glycemic load, is positively associated with serum homocysteine concentration in free-living young Japanese women

<http://www.sciencedirect.com/science/article/pii/S0271531713002248>

L-arginine does not improve biochemical and hormonal response in trained runners after 4 weeks of supplementation

<http://www.sciencedirect.com/science/article/pii/S0271531713002492>

Intake of milk, but not total dairy, yogurt, or cheese, is negatively associated with the clustering of cardiometabolic risk factors in adolescents

<http://www.sciencedirect.com/science/article/pii/S0271531713002510>

Decreased consumption of sugar-sweetened beverages improved selected biomarkers of chronic disease risk among US adults: 1999 to 2010

<http://www.sciencedirect.com/science/article/pii/S0271531713002480>

Weight gain in college females is not prevented by isoflavone-rich soy protein: a randomized controlled trial

<http://www.sciencedirect.com/science/article/pii/S027153171300225X>

### ***Nutrition Reviews, January 2014***

<http://onlinelibrary.wiley.com/doi/10.1111/nure.2014.72.issue-1/issuetoc>

Breast cancer and dietary patterns: a systematic review

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12083/abstract>

Effect of probiotics on biomarkers of cardiovascular disease: implications for heart-healthy diets

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12084/abstract>

Nutritional modulation of cataract

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12077/abstract>

Guidelines for optimizing design and analysis of clinical studies of nutrient effects

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12090/abstract>

Maternal folate exposure in pregnancy and childhood asthma and allergy: a systematic review

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12080/abstract>

### ***Pediatrics, January 2013***

<http://pediatrics.aappublications.org/content/current>

Adiposity Rebound and the Development of Metabolic Syndrome

<http://pediatrics.aappublications.org/content/133/1/e114.abstract>

Postnatal Head Growth in Preterm Infants: A Randomized Controlled Parenteral Nutrition Study

<http://pediatrics.aappublications.org/content/133/1/e120.abstract>

Postural Orthostatic Tachycardia Syndrome (POTS) and Vitamin B12 Deficiency in Adolescents

<http://pediatrics.aappublications.org/content/133/1/e138.abstract>

Vitamin D During Pregnancy and Infancy and Infant Serum 25-Hydroxyvitamin D Concentration

<http://pediatrics.aappublications.org/content/133/1/e143.abstract>

Policy Statement From the American Academy of Pediatrics : Consumption of Raw or Unpasteurized Milk and Milk Products by Pregnant Women and Children

<http://pediatrics.aappublications.org/content/133/1/175.abstract>

### ***Proceedings of the National Academy of Sciences, January 13, 2014, Online First***

<http://www.pnas.org/content/early/recent>

Increasing socioeconomic disparities in adolescent obesity

<http://www.pnas.org/content/early/2014/01/08/1321355110.abstract.html?etoc>

Human and Helicobacter pylori coevolution shapes the risk of gastric disease

<http://www.pnas.org/content/early/2014/01/08/1318093111.abstract.html?etoc>

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or send a blank email to leave-25676-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

## 26. Important FNCE Exhibit Visit Information

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler\_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Oct 10, 2013 13:52:58  
**Subject:** Important FNCE Exhibit Visit Information  
**Attachment:** [image001.jpg](#)  
[2013 Board of Directors Packet -FINAL 10 8 13.pdf](#)  
[Marsh Professional Liability Insurance memo.doc](#)

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As per our practice, every year Board members visit the vendors on the exhibit floor to thank them for their participation in the Expo. Attached are your designated booth assignments; a paper copy will be provided in your onsite meeting packet. Be sure to stop by the Association for Nutrition and Foodservice Professionals (ANFP) booth #660. Their CEO, Joyce Gilbert, has requested that the ANFP booth have a banner showing our strengthened collaboration. Mary Beth Whalen is working with ANFP's marketing director to develop the phrasing, using the creative wording provided by Becky and Elise.

You will remember that you received communication about our reversal decision for the following exhibitors:

- Oxford Biomedical/LEAP-MRT (booth #1233)
- Nutrigenomix (booth #730)
- GenoVive (booth #1754)



When you visit the exhibits, you may hear from them, their supporters and their detractors. Please use the following talking points.

- Members value having an understanding of the variety of programs, products and services that are available to their clients and consumers in the marketplace.
- We need to share cutting-edge information with our members, even when evidence is lacking, as long as members practice safely and within their scope.
- Please provide us with scientifically valid information regarding the product to help in next year's evaluation.

Please read the attached letter regarding professional liability insurance that went out to affiliate, DPG and MIG leaders, as you may get a couple of questions. Please direct members with inquiries to the Marsh booth (#1042) where an insurance specialist can answer their specific questions.

Thank you!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org)

## 27. Overweight/obesity rate drops among kindergartners in Nevada

**From:** SNA SmartBrief <sna@smartbrief.com>  
**To:** DMartin@Burke.k12.ga.us  
**Sent Date:** May 17, 2013 10:09:23  
**Subject:** Overweight/obesity rate drops among kindergartners in Nevada  
**Attachment:**

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### Top Story

#### •Overweight/obesity rate drops among kindergartners in Nevada

A survey shows 30% of Nevada kindergartners are overweight or obese, a decrease of 4% from a year ago and an 8% drop over five years, according to the Nevada Institute for Children's Research and Policy, part of the University of Nevada, Las Vegas. The report said the children are consuming less soda and 80% watch two hours or less of television on school days. San Francisco Chronicle (free content)/The Associated Press (5/16)

#### Exclusive Offer for SmartBrief Subscribers — Two Weeks Only

**Receive 20% off all breakfast resources** from Learning ZoneXpress when you use coupon code **130502. Shop Now.** Fine Print: Expires 5/31/2013. Not valid with any other offers. May not be applied to previous orders. One-time use only. Discount applies to breakfast resources only.

### School Update

#### •Kan. district to keep serving meals over the summer

A Kansas school district will serve breakfast and lunch this summer to anyone younger than 19. Adults also can access the federally funded meals, but officials say the program is geared toward feeding children. "The basis for the whole summer food program is that school ends, but the need to feed those children does not end," Foodservice Director Korey Kimrey said. The Morning Sun (Pittsburg, Kan.) (5/16)

#### •Md. district serves more breakfasts to low-income students

In Montgomery County, Md., 49.3% of low-income students participated in the school breakfast program during the 2011-12 school year -- 16.6% more than the year before. News of increased participation has some saying it could lead to better student achievement and expansion of the program. Patch.com/Wheaton, Md. (5/16)

#### •Other News

#### •N.J. district seeks to strike the right balance in restricting certain foods

NJ.com (Hackensack, N.J.) (5/15)

### 5 Key Success Factors for the Subscription Businesses

In the subscription economy there are a few factors that determine success or failure, if your customer isn't happy your business isn't happy. Do you have the right data and metrics to determine if the relationship is successful? Beagle Research gives 5 critical factors that determine if a subscription offering succeeds or fails. **Download the free report now.**

## **Nutrition & Wellness**

- Mich. community college to open wellness-focused campus

Kalamazoo Valley Community College will partner with local health groups to build a new campus offering culinary and wellness programs that include urban farming, composting and locally grown foods as key components. The curriculum also will feature sustainable food production and community wellness. "We think this will be a prototype for other parts of our community that are under-served," said KVCC President Marilyn Schlack. MLive.com (Michigan) (free registration) (5/14)

## **GovTech Innovators: Christina Bivona-Tellez, Esri's Global Manager of HHS**

Esri maps help hospitals track disease patterns and collaborate with health departments and the CDC to stem the flow.

*Government Technology | Hilton Collins*

## **Trends & Research**

- Study questions benefits of low-salt diet

Eating too little salt can have ill effects, and reducing consumption to levels recommended by the U.S. Dietary Guidelines for Americans does not have clear benefits, according to a report from the Institute of Medicine. "We're not saying we shouldn't be lowering excessive salt intake," said Dr. Brian Strom of the University of Pennsylvania's Perelman School of Medicine, who led the IOM committee. But below 2,300 mg a day, "there is simply a lack of data that shows it is beneficial." The Washington Post/The Associated Press (5/14), The Wall Street Journal (5/14), FoodSafetyNews.com (5/16), USA Today (5/14)

## **Myths, Pitfalls and Realities of CPQ Software**

Configure Price Quote Software can be difficult to deploy and implement. This white paper highlights the common myths in the market place and provides a practical guide on how to prepare for the challenges ahead. Learn how to expose the pitfalls before you buy your CPQ software.

**Download the free guide now.**

## **Policy Watch**

- Washington, D.C., to put calorie counts on vending-machine drinks

Washington, D.C., Mayor Vincent Gray says the city will participate in the Calories Count Vending Program, which will put calorie labels on vending-machine drinks sold in city buildings. City Councilwoman Mary Cheh said she questions the motivation of the American Beverage Association program, and has introduced legislation to require 30% of foods in city-run vending machines be healthy and 30% of drinks be water or 100% fruit juice. The Examiner (Washington, D.C.) (5/16)

- N.H. district restricts students' birthday celebrations

To improve students' health, a school committee in a New Hampshire district has approved a policy that restricts students' birthday celebrations to once per month. The decision to celebrate monthly -- rather than recognize individual birthdays -- will cut down on cupcake and junk-food consumption, officials said. The school board still must vote to adopt the new policy. WHDH-TV (Boston) (5/15)

## **General Management Program**

Designed for executives with recently acquired or expanded general management responsibilities, this program will help you explore diverse perspectives and develop new leadership styles—transforming you into an outstanding general manager who can lead more effectively and

more confidently. **Learn more.**

### **SNA News**

•Let your search begin with CN Marketplace!

Are you interested in new products for the 2013-14 school year? Is there a specific piece of equipment you need to replace? If so then check out CN Marketplace, an online tool that helps SNA members find vendors to fill their school nutrition procurement needs. Whether you are searching for food, beverage, equipment or other companies selling to the school market, you will find a comprehensive listing that fit your individual needs.

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--René Descartes,

**French mathematician and philosopher**

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### **Recent SNA SmartBrief Issues:**

•Thursday, May 16, 2013

•Wednesday, May 15, 2013

•Tuesday, May 14, 2013

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•Friday, May 10, 2013

**Lead Editor:** Melissa Greenwood

**Contributing Editor:** Erin Cunningham

### **Mailing Address:**

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## 28. GCNF response to 5/2/2013 memo

**From:** Davies, Erica <edavies@schoolnutrition.org>  
**To:** Montague, Patricia <PMONTAGUE@schoolnutrition.org>  
**Cc:** 'sswogger@accutemp.net' <sswogger@accutemp.net>, 'fords@manateeschools.net' <fords@manateeschools.net>, 'leahschmidt@hickmanmills.org' <leahschmidt@hickmanmills.org>, 'dmartin@burke.k12.ga.us' <dmartin@burke.k12.ga.us>, 'mary.begalle@schwans.com' <mary.begalle@schwans.com>, 'ami.n.childers@pepsico.com' <ami.n.childers@pepsico.com>, 'muellerc28@gmail.com' <muellerc28@gmail.com>, 'mlsdl8@aol.com' <mlsdl8@aol.com>, Seymour, Danny <dseymour@schoolnutrition.org>, Abrera, Julie <jabrera@schoolnutrition.org>, Abbi Trebilcock <atrebilcock@ofwlaw.com>, Carol Shelley <cshelley@solae.com>, Caroline Oleary <caroline.oleary@tufts.edu>, Daniel Silva Balaban <daniel.balaban@wfp.org>, Dr. Eileen Kennedy <Eileen.Kennedy@tufts.edu>, Emmanuel Ohene Afoakwa <e\_afoakwa@yahoo.com>, Fatima Calcuttawalla <Fatima.Calcuttawalla@fcps.edu>, Gene White <wgw@whidbey.com>, Jim Clough <jim.clough@schwans.com>, Julia Bauscher <julia.bauscher@jefferson.kyschools.us>, Julie Calvin <Julie.Calvin@schwans.com>, Lloyd Le Page <lloyd@heartland-global.com>, Marshall Matz <mmatz@ofwlaw.com>, Mary Marulli <MCMARULLI@PARTNERS.ORG>, Michele Fite <mfite@solae.com>, Penny McConnell <Penny.McConnell@fcps.edu>, Ronald Kleinman <rkleinman@partners.org>, Garnett, Stan <sgarnett@schoolnutrition.org>, Stan Garnett <esgarnett@cox.net>, Susan Neely <sneely@ameribev.org>, Thornton, Janey <Janey.Thornton@osec.usda.gov>, Ulla Holm <Ulla.Holm@tetrapak.com>, Becky Domokos-Bays <becky.domokos-bays@acps.k12.va.us>, Beth Egan <bethegan@psu.edu>, Cheryl Goffus <cheryl.goffus@ag.state.nj.us>, Cindy Brooks <cbrooks@seymourschools.org>, Gary Vonck <gvonck@kisaes.com>, Gay Anderson <gay.anderson@k12.sd.us>, Jean Ronnei <jean.ronnei@spps.org>, Jill Vincent <jill.vincent@usd253.net>, Leah Schmidt <leahs@hickmanmills.org>, Linda Aljets <laljets@woodburnsd.org>, Linda Eichenberger <eichenberger\_l@ohlsd.org>, Lynn Harvey <lynn.harvey@dpi.nc.gov>, Marilyn Moody <mbmoody@wcpss.net>, Melanie Konarik <melaniek@springisd.org>, Nancy Thatcher <gagathatch@gmail.com>, Sandra Ford <fords@manateeschools.net>, Sheila Parisien <parisiens@mersd.org>, Wanda Grant <wgrant@psusd.us>  
**Sent Date:** May 15, 2013 11:36:45  
**Subject:** GCNF response to 5/2/2013 memo

**Attachment:** [Memo\\_GW\\_May 15.pdf](#)  
[GCNF Organization Overview\\_REVFINAL.pptx](#)

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Dear Patti:

On behalf of GCNF President, Gene White, please find important correspondence related to your May 2, 2013 memo, with the referenced attachment.

If you have any questions, do not hesitate to let me know.

Best,

Erica

**Erica Davies**

Senior Program Manager

Global Child Nutrition Foundation

120 Waterfront Street, Suite 300

National Harbor, MD 20745

(800) 877-8822, ext. 104

(301) 686-3100, ext. 104

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[www.twitter.com/gcnfoundation](https://www.twitter.com/gcnfoundation)

## 29. Finance and Audit Committee Orientation

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** Sonja Connor <connors@ohsu.edu>, KMcClusky@lammorrison.com  
<KMcClusky@lammorrison.com>, Elise Smith <easaden@aol.com>,  
nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu  
<kendall@ufl.edu>, mstokes@usj.edu. <mstokes@usj.edu.>  
**Cc:** fellerb@auburn.edu <fellerb@auburn.edu>, DMartin@Burke.k12.ga.us  
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<peark02@outlook.com>, Christian Krapp <ckrapp@eatright.org>, Maria  
Juarez <MJuarez@eatright.org>  
**Sent Date:** May 03, 2013 12:09:54  
**Subject:** Finance and Audit Committee Orientation  
**Attachment:** [Board Bio DRAFT.pdf](#)

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All,

First off, I want to welcome all of you to the Finance and Audit Committee. Your role is very important to the future success of the Academy. I had the pleasure of working with many of you in the past. I welcome you back!! Those of you who I don't know, I look forward to getting to know you better. I am always excited about the passion and knowledge of each Finance and Audit Committee and I am sure this one will continue the trend.

The Finance and Audit Committee always hits the floor running. So, to make your first meeting as productive as possible, I would like to suggest an orientation. For those of you with experience on this committee, it may not be necessary to attend. However, it may be a nice refresher. The goal of the orientation is to address roles, responsibilities and the information you will receive from staff on a monthly basis. I am proposing the following dates for a 90 minute orientation;

1. May 22<sup>nd</sup> at 1 p.m. CDT
2. May 23<sup>rd</sup> at 1 p.m. CDT
3. May 24<sup>th</sup> at 9 a.m. CDT
4. May 28<sup>th</sup> at 1 p.m. CDT



If you would provide to me your first, second and third choice by Tuesday, May 7<sup>th</sup>, we will set up the webinar. Also, we would like each of you to provide to me a small biography that the committee can use. I am attaching the current Foundation Board biographies as an example. Since some of you are on this one, you don't have to provide a new one. Once I have the biographies, and new pictures if you like, I will send it out to the committee as well.

I look forward to working with all of you. If you have any questions, please don't hesitate to give me a call at 800-877-1600, extension 4730 or send me an e-mail.

Paul Mifsud

Chief Financial Officer

Academy of Nutrition and Dietetics.

### 30. Fwd: 2013/2014 Academy Foundation BOD

**From:** Donna Martin <dmartin@burke.k12.ga.us>  
**To:** Mifsud, Paul <pmif96@ameritech.net>  
**Sent Date:** May 01, 2013 12:35:42  
**Subject:** Fwd: 2013/2014 Academy Foundation BOD  
**Attachment:** [unknown\\_name\\_m10ox](#)  
[13-14 Foundation Board of Directors.pdf](#)  
[Board Bio DRAFT.pdf](#)

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Paul, Please note below what I just got from the Foundation board. I know this would be a lot of work to do, but I think we should really think about doing this for the FAC for next year. I think at least the contact information with pictures would be a good start. I feel like this committee is going to be doing all these conference calls without really getting to know each other. We can talk about this more on Friday. Thanks!

Donna S. Martin, EdS, RD, LD, SNS  
Director School Nutrition Program  
Burke County Board of Education  
789 Burke Veterans Parkway  
Waynesboro, GA 30830

706-554-5393 (office)  
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Linda Hudson <lhudson@eatright.org> 5/1/2013 12:21 PM >>>  
Hello 2013/2014 Academy BOD,

Attached you will find your board bios and contact list. Please let me know if you'd like to make any changes to the attached information. Thanks.

**Linda Hudson**  
**Foundation Assistant**  
**Academy of Nutrition and Dietetics Foundation**  
120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4773

Fax: 312-899-4796

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### 31. 2013/2014 Academy Foundation BOD

**From:** Linda Hudson <ludson@eatright.org>  
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>  
**Cc:** Eddy, Nancy L <eddy@bcm.edu>, Cecala, Sue <Sue.Cecala@rosedmi.com>, Jeri Palmer <JPALMER@eatright.org>  
**Sent Date:** May 01, 2013 12:21:53  
**Subject:** 2013/2014 Academy Foundation BOD  
**Attachment:** [image001.png](#)  
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[Board Bio DRAFT.pdf](#)

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Hello 2013/2014 Academy BOD,

Attached you will find your board bios and contact list. Please let me know if you'd like to make any changes to the attached information. Thanks.

**Linda Hudson**  
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## 32. Report on Sponsorship

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[Report Questions Nutrition Group's Use of Corporate Sponsors - NYTimes.c....pdf](#)

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You have probably seen that Michele Simon this morning released her report on the Academy's corporate sponsorship program and an article on the program has appeared in today's *New York Times*. Copies of the report and the *Times* article are attached to this email. This is the report and article that we discussed in our January 18 email to you.

As we anticipated, the report is a mixture of facts – most of which were obtained from publicly accessible pages on the Academy's website – and opinion and speculation on Ms. Simon's part.

There is one indisputable fact in the report about the Academy's sponsorship program: We have one. The majority of the report consists of these publicly available facts filtered through Ms. Simon's opinions, many of which she has previously written about. She is of course entitled to her opinions.

While the Academy will not engage in point-by-point rebuttals to the report, we will make it clear that the Academy does not tailor its messages or programs in any way due to influence by corporate sponsors and that Ms. Simon's report does not provide evidence to the contrary.

The “recommendations” in the report consist mainly of things that we are already doing. For example, we are transparent. We post our Annual Report to the website, after the financial statements are approved by independent auditors.

A great deal of Ms. Simon's report is based on HEN's 2011 survey, which was not statistically representative of our entire membership. This is misleading. The fact is, each year the Academy utilizes Performance Research, an independent, third-party research company, to examine a random selection of members that is a statistically sound representation of the Academy membership as a whole. The results from these representative surveys have shown an increased awareness and continued support of the sponsorship program.

The callout to HEN in the recommendations and references sections also indicates HEN members were sources.

Much of the report is drawn from the Academy's own public materials – a testament to our commitment to transparency in candor in all our actions, including corporate sponsorship. Of the 67 references at the end of Ms. Simon's report, at least 24 (more than one-third) are information from the Academy and the Foundation's websites; the Commission on Dietetic Registration's website; and research articles published by Academy members. Many of the references are to previous blog postings by Ms. Simon herself.

We understand that members will have questions about this report and the Academy's reaction to it. It is important that we remind members to not take all information they see at face value, but to consider the source (in this case, an advocate who is predisposed to find fault with the Academy) and seek out the facts.

This afternoon, we will post a statement to our website that will include excerpts from Ethan Bergman's March *Journal* President's Page, which is on an especially timely topic: the need for members and the entire Academy to be leaders in disseminating accurate information to the public. To quote one paragraph from President Bergman's column:

*The Academy's Media Spokesperson Policy requires those who speak on the Academy's behalf to “provide – and when necessary, seek out – accurate information when acting as a source for the media, the public and Academy members or any other audience.” This is good advice for us all. Another pertinent old saying comes from the field of journalism: “If your mother says she loves you – check it out!”*

We have planned and will implement a social media strategy incorporating Facebook, Twitter and other platforms to encourage all members to “check it out” and draw their own conclusions, separating fact from opinion. Spokespeople will be front and center on the outreach. As a note, we have already seen online comments in which RDs are taking issue with the opinions expressed by Ms. Simon and her supporters. We anticipate more of this fact-checking and support for the Academy to continue. We will also send a link to the statement to the affiliates, DPGs and MIGs.

Finally, if you are contacted by anyone from the news media for comment on this report, please politely decline to comment and refer the caller to the Academy’s Strategic Communications Team at [media@eatright.org](mailto:media@eatright.org).

Thank you and please let me know if you have any questions or comments.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

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