

4375. Foundation BOD

**From:** Martha Ontiveros <Montiveros@eatright.org>  
**To:** Linda Serwat <LSerwat@eatright.org>, DMartin@Burke.k12.ga.us  
<DMartin@Burke.k12.ga.us>, mgarner@ua.edu <mgarner@ua.edu>  
**Cc:** Joan Schwaba <JSchwaba@eatright.org>  
**Sent Date:** Mar 15, 2016 13:44:06  
**Subject:** Foundation BOD  
**Attachment:**

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Foundation Staff invites you to attend

Topic: Foundation BOD - Budget

Date: Wednesday, May 25, 2016

Time: 1:00 pm, Central Daylight Time (Chicago, GMT-05:00)

Meeting Number: 747 207 490

Meeting Password: 0525

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To join the online meeting (Now from mobile devices!)  
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1. Go to <https://eatright.webex.com/eatright/j.php?MTID=m94b116d4d0253b5a0a8ad8faf482afdd>
2. If requested, enter your name and email address.
3. If a password is required, enter the meeting password: 0525
4. Click "Join".

To view in other time zones or languages, please click the link:

<https://eatright.webex.com/eatright/j.php?MTID=m63d443df8efb7076b947d96194a95cbc>  
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To join the teleconference only

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Provide your phone number when you join the meeting to receive a call back. Alternatively, you can call:

Call-in toll-free number: 1-866-477-4564 (US)

Show global numbers: <https://www.tcconline.com/offSite/OffSiteController.jspf?cc=8240978145>

Conference Code: 824 097 8145

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For assistance

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1. Go to <https://eatright.webex.com/eatright/mc>

2. On the left navigation bar, click "Support".

You can contact me at:

[foundation@eatright.org](mailto:foundation@eatright.org)

To add this meeting to your calendar program (for example Microsoft Outlook), click this link:

<https://eatright.webex.com/eatright/j.php?MTID=m2478c41c379a8d8cb82f9c339f4c64f8>

The playback of UCF (Universal Communications Format) rich media files requires appropriate players. To view this type of rich media files in the meeting, please check whether you have the players installed on your computer by going to

<https://eatright.webex.com/eatright/systemdiagnosis.php>.

<http://www.webex.com>

**IMPORTANT NOTICE:** This WebEx service includes a feature that allows audio and any documents and other materials exchanged or viewed during the session to be recorded. By joining this session, you automatically consent to such recordings. If you do not consent to the recording, discuss your concerns with the meeting host prior to the start of the recording or do not join the session. Please note that any such recordings may be subject to discovery in the event of



litigation.

4376. Daily News: Tuesday, March 15, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 15, 2016 10:47:42  
**Subject:** Daily News: Tuesday, March 15, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **Celebrate National Nutrition Month® 2016: Savor the Flavor of Eating Right**

As you engage on social media, make sure you are using the correct hashtag:

#NationalNutritionMonth

### **Need help with your diet? Call an RDN**

<http://www.delawareonline.com/story/life/2016/03/13/need-help-diet-call-rdn/81750516/>

Related Resources: Find an Expert Referral Service

<http://www.eatrightpro.org/resource/career/career-development/career-toolbox/find-an-expert-referral-service>

MNT Business Practice Tools - MNT Referral Form

<http://www.eatrightstore.org/product/BC55CDC7-4182-4186-86AC-2F673FFF3AB1>

### **Five Strategies Employed to Help Promote Behavior Change**

**Clinicians whose patients have activation increases report using five key strategies**

<http://www.physiciansbriefing.com/Article.asp?AID=708782>

Source: *Annals of Family Medicine*

<http://www.annfammed.org/content/14/2/148.full>

Related Resource: *Inspiring and Supporting Behavior Change: A Food and Nutrition Professional's Counseling Guide* (eBook). This title is also available in print.

<http://www.eatrightstore.org/product/1DF524E7-60B6-4F9C-B74D-54A67A0AC4D2>

### **Ask Well: Does Skipping Breakfast Cause Weight Gain?**

<http://well.blogs.nytimes.com/2016/03/11/ask-well-does-skipping-breakfast-cause-weight-gain/>

Related Resource: Position of the Academy of Nutrition and Dietetics: Interventions for the Treatment of Overweight and Obesity in Adults (See Breakfast Consumption)

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/weight-management>

### **Counselling for kids proves effective in promoting healthy eating**

(Children from families who participated in lifestyle counselling ate more vegetables and had a higher intake of important nutrients, a two-year follow-up study has shown)

<http://www.foodnavigator.com/Science/Counselling-for-kids-proves-effective-in-promoting-healthy-eating>

Source: *Preventive Medicine*

<http://www.sciencedirect.com/science/article/pii/S0091743516300068>

Related Resource: *Pediatric Weight Management Toolkit* (Print and Download)

<http://www.eatrightstore.org/product/D4E657FC-AC5D-4F66-AE7D-CCB1E84E70DE>

## **School-Based 'Overweight Warnings' May Not Keep Girls Slim**

**NYC study found no effect for students at or near the cutoff for being overweight**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/obesity-health-news-505/school-based-overweight-warnings-may-not-keep-girls-slim-study-finds-708911.html>

Source: *Proceedings of the National Academy of Sciences*.

<http://www.pnas.org/content/early/2016/03/09/1518443113.abstract?sid=6e487499-f054-4297-bd33-7519392cfc8f>

## **USDA/Economic Research Service**

**National School Lunch Program per-capita participation varies by State**

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=56912&ref=collection>

Source: *Food Environment Atlas*

<http://www.ers.usda.gov/data-products/food-environment-atlas/.aspx>

## **Centers to Treat Eating Disorders Are Growing, and Raising Concerns**

<http://www.nytimes.com/2016/03/15/health/eating-disorders-anorexia-bulimia-treatment-centers.html>

## **HIIT May Be Most Effective Exercise Method for Obese Youth**

**May be more effective than other types of exercise for improving blood pressure, aerobic capacity levels**

<http://www.physiciansbriefing.com/Article.asp?AID=708866>

Source: *Obesity Reviews*

<http://onlinelibrary.wiley.com/doi/10.1111/obr.12395/abstract>

## **New FDA Menu Labeling Rules Will Not Take Effect Dec. 1**

**Agency does not have a set date for final guidance.**

<http://www.csnews.com/product-categories/foodservice/new-fda-menu-labeling-rules-will-not-take-effect-dec-1#sthash.J3rsw2KW.dpuf>

Source: FDA: Menu and Vending Machines Labeling Requirements

<http://www.fda.gov/Food/IngredientsPackagingLabeling/LabelingNutrition/ucm217762.htm>

## **MedlinePlus: Latest Health News**

-A Pill to Ward Off Cavities? Scientists Say It Could Happen

Researchers spotted a strain of 'good' bacteria in the mouth that helps keep 'bad' bacteria under

control

-Diabetes May Raise Risk for Dangerous Staph Infection

Researchers believe the disease might dampen immune system, leaving people more vulnerable

-Even Gardening or Dancing Might Cut Alzheimer's Risk

Any regular physical activity is linked to a healthier brain, study suggest

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

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## 4377. March 20-21 Board Meeting Agenda Attachments

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net <craytef@charter.net>, craytef@aces.edu <craytef@aces.edu>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'mgarner@ua.edu' <mgarner@ua.edu>, 'DeniceFenkoAdams@gmail.com' <DeniceFenkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Sharon McCauley <smccauley@eatright.org>  
**Sent Date:** Mar 14, 2016 20:25:35  
**Subject:** March 20-21 Board Meeting Agenda Attachments  
**Attachment:**

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The agenda and corresponding attachments for the March 20-21 Board meeting have begun to be posted on the Board of Directors' communication platform. Click [here](#) and enter your Academy website username and password to access the agenda and attachments. All attachments for agenda items will be e-mailed and placed on the communications platform by Wednesday, March 16. Attachments for the Executive Session will not be placed on the communication platform but will be e-mailed to you by Thursday, March 17.

The meeting will be held at the Wyndham Grand Chicago Riverfront Hotel, 71 East Wacker, in Chicago. Reservations have been made for arrival on March 20, unless you request otherwise. Your hotel room will be master-billed, but you will be asked to pay for incidentals.

Please contact me if you have any questions.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

## 4378. [REMINDER] Share your Quality Successes

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Mar 14, 2016 14:11:56  
**Subject:** [REMINDER] Share your Quality Successes  
**Attachment:**

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[REMINDER] Share your Quality Successes

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

### Deadline Approaching to Join the Quality Leader Alliance

The Quality Strategies Workgroup, under the direction of the Quality Management Committee has launched a new initiative called the **Quality Leader Alliance (QLA)**. This alliance will be comprised of individuals experienced in quality to network with each other as well as to collect and develop quality resources for Academy members. Click here for QLA guidelines.

You are invited to apply and be part of the Quality Leader Alliance and contribute your success stories and expertise.

Applications will be received through March 31, 2016.

Members of the Quality Leader Alliance will be notified in Spring 2016.

### APPLY TODAY

Share this mailing with your social network:

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4379. Daily News: Monday, March 14, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 14, 2016 11:00:35  
**Subject:** Daily News: Monday, March 14, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **Celebrate National Nutrition Month® 2016: Savor the Flavor of Eating Right**

As you engage on social media, make sure you are using the correct hashtag:

#NationalNutritionMonth

### **USDA Launches Online MyPlate, MyWins Challenge, Available Throughout National Nutrition Month®**

(Campaign Encourages Friendly Competition to Promote Small Changes for a Healthier Lifestyle)

<http://www.usda.gov/wps/portal/usda/usdahome?contentid=2016/03/0063.xml&contentidonly=true>

### **Birth of a Sibling Could Mean a Healthier Body Weight for the First-Born**

<http://abcnews.go.com/Health/birth-sibling-healthier-body-weight-born/story?id=37586460>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2016/03/09/peds.2015-2456.long>

Related Resource: Certificate of Training in Childhood and Adolescent Weight Management

<https://www.cdrnet.org/weight-management-childhood-adolescent-program>

### **Blueberries could be used to fight Alzheimer's, researchers suggest**

(Findings presented at the national meeting of the American Chemical Society)

<http://www.medicalnewstoday.com/articles/307797.php>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrn.org/article/S2212-2672\(14\)01633-5/abstract](http://www.andjrn.org/article/S2212-2672(14)01633-5/abstract)

### **Years of taking popular diabetes drug (metformin) tied to risk of B12 deficiency**

<http://www.reuters.com/article/us-health-metformin-b12-deficiency-idUSKCN0WC211>

Source: *Journal of Clinical Endocrinology and Metabolism*

<http://press.endocrine.org/doi/abs/10.1210/jc.2015-3754>

### **CardioBrief: Studies Spotlight Triglycerides, Put HDL in the Shade**

**New evidence tilting the balance**

<http://www.medpagetoday.com/Cardiology/CardioBrief/56677>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*



2013 American Heart Association/American College of Cardiology Guideline on Lifestyle Management to Reduce Cardiovascular Risk: Practice Opportunities for Registered Dietitian Nutritionists

[http://www.andjrn.org/article/S2212-2672\(14\)01220-9/abstract](http://www.andjrn.org/article/S2212-2672(14)01220-9/abstract)

### **Double cheeseburger and a diet soda, please**

(While more consumers than ever are making healthier choices at the grocery store, they tend to purchase a balance of healthy and less-healthy foods, according to new research)

<https://www.sciencedaily.com/releases/2016/03/160311141800.htm>

Source: *Journal of Retailing*

<http://www.sciencedirect.com/science/article/pii/S0022435915000512>

### **Online subscription plans deliver meals to your door**

<http://www.chicagotribune.com/lifestyles/sns-tns-bc-online-meal-subscriptions-20160314-story.html>

### **Ask Well: Is It Safe to Exercise During Pregnancy?**

<http://well.blogs.nytimes.com/2016/03/10/ask-well-pregnancy-and-exercise/?ref=health>

Related Resource: Healthy Pregnancy Infographic

<http://www.eatright.org/resource/food/resources/eatright-infographics/healthy-pregnancy-infographic>

### **These plastic-eating bacteria could help cut down on waste**

<https://www.washingtonpost.com/news/speaking-of-science/wp/2016/03/11/these-plastic-eating-bacteria-could-help-cut-down-on-waste/>

Source: *Science*

<http://science.sciencemag.org/content/351/6278/1196>

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## 4380. What You Need to Know about the 2015-2020 Dietary Guidelines

**From:** eatrightSTORE <eatrightstore@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 14, 2016 09:40:16  
**Subject:** What You Need to Know about the 2015-2020 Dietary Guidelines  
**Attachment:**

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Academy of Nutrition and Dietetics Email

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Connect with Us:

### Save the Date: Webinar

Coming Together to Communicate the 2015-2020 Dietary Guidelines for Americans

**Date:** Tuesday, March 22, 2016

**Time:** 12 p.m. 1:30 p.m. (Central Time)

**CPE Hours:** 1.5

Hear directly from staff of the U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion, and U.S. Department of Agriculture, Center for Nutrition Policy and Promotion, about the *2015-2020 Dietary Guidelines for Americans* and what it means for you and your profession.

The presentation will cover a primary focus of the *2015-2020 Dietary Guidelines for Americans*: eating patterns and the totality of foods and beverages a person consumes over time. Also described will be what makes up healthy eating patterns, the shifts needed to more closely align with healthy eating patterns based on current consumption, and a call to action across sectors to support healthy eating patterns in the U.S.

### Learn more and register here

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4381. Thank You for Taking Action Today!

**From:** Academy of Nutrition and Dietetics <govaffairs@eatright.org>  
**To:** DMartin@Burke.k12.ga.us  
**Sent Date:** Mar 12, 2016 14:08:03  
**Subject:** Thank You for Taking Action Today!  
**Attachment:**

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Thank you for asking your Senators to support and to pass the Improving Child Nutrition Integrity and Access Act of 2016.

As a reminder, you can make a difference today by supporting ANDPAC.

Make a contribution to ANDPAC.

The ANDPAC funds help the Academy support decision makers who understand the importance of child nutrition programs. Because of relationships built through ANDPAC, the Academy successfully advocated for key provisions in the Child Nutrition bill language.

### **The Academy of Nutrition and Dietetics**

The Academy of Nutrition and Dietetics Political Action Committee is a separate segregated fund of the Academy of Nutrition and Dietetics used to support candidates and elected officials. Academy members are not required to contribute to ANDPAC and there is no reprisal for not contributing. Amounts recommended for contribution in Academy publications are merely suggestions and there is no minimum contribution level.

Support Improving Child Nutrition Integrity and Access Act of 2016

Advocacy Message Sent  
Senator David A. Perdue (GA-00 )  
Senator Johnny Isakson (GA-00 )

Thank You Message Sent  
Not Applicable

## 4382. March 20-21 Board Meeting Agenda

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net <craytef@charter.net>, craytef@aces.edu <craytef@aces.edu>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'mgarner@ua.edu' <mgarner@ua.edu>, 'DeniceFenkoAdams@gmail.com' <DeniceFenkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Sharon McCauley <smccauley@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Mar 11, 2016 18:10:20  
**Subject:** March 20-21 Board Meeting Agenda  
**Attachment:** [Att 2.0 March 20-21 BOD Meeting Agenda.docx](#)

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Attached for your review and input is the draft agenda for the March 20-21 Board meeting. We welcome your feedback.

The final agenda and corresponding attachments for the Board meeting will be emailed and posted on the Board of Directors' communication platform by Monday, March 14. Paper copies will not be automatically provided; please contact me by Monday if you want to receive a paper packet. Attachments for the Executive Session will not be placed on the communication platform but will be e-mailed to you prior to the meeting.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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[www.eatright.org](http://www.eatright.org)

4383. Daily News & Journal Review: Friday, March 11, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 11, 2016 11:05:57  
**Subject:** Daily News & Journal Review: Friday, March 11, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

### **Celebrate National Nutrition Month® 2016: Savor the Flavor of Eating Right**

As you engage on social media, make sure you are using the correct hashtag:

#NationalNutritionMonth

### **Nutrient Synergy: Harnessing the Power of Dynamic Duos and Trios**

To maximize the benefits of these nutrients, eat them together

<http://health.usnews.com/wellness/articles/2016-03-09/nutrient-synergy-harnessing-the-power-of-dynamic-duos-and-trios>

### **Mindfulness No Aid to Weight Loss in Trial**

**-Slight advantages months after trial seen for other metabolic risk factors**

[http://www.medpagetoday.com/Endocrinology/Obesity/56670?xid=nl\\_mpt\\_DHE\\_2016-03-11&eun=g411013d0r](http://www.medpagetoday.com/Endocrinology/Obesity/56670?xid=nl_mpt_DHE_2016-03-11&eun=g411013d0r)

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.21396/abstract>

Related Resource: Interventions for the Treatment of Overweight and Obesity in Adults

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/weight-management>

### **Form of genetically elevated 'good' cholesterol may actually be bad**

<https://www.sciencedaily.com/releases/2016/03/160310143801.htm>

Source: *Science*

<http://science.sciencemag.org/content/351/6278/1166>

Related Resource: NIH

<http://www.nhlbi.nih.gov/health-pro/guidelines/in-develop/cholesterol-in-adults>

### **Spicy foods: The health effects of adding heat to your meal**

<http://www.today.com/health/spicy-foods-health-effects-adding-heat-your-meal-t73591>

Related Resource: *Food & Nutrition Magazine*

<http://www.foodandnutrition.org/Stone-Soup/April-2015/Spicy-Smackdown/>

### **New mini Zing Bars fill underserved demand for smaller snacks for smaller people**

<http://www.foodnavigator-usa.com/Manufacturers/Mini-bars-serve-demand-for-smaller-snacks-for-smaller-people>

### **Nestle issues recall for DiGiorno, Lean Cuisine and Stouffer's products**

<http://www.foxnews.com/health/2016/03/11/nestle-issues-recall-for-digiorno-lean-cuisine-and-stouffers-products.html?intcmp=hplnws>

Related article: California Pistachios recalled after Salmonella outbreak

<http://www.newsweek.com/pistachio-recall-salmonella-trader-joes-435930>

Source: FDA

<http://www.fda.gov/Safety/Recalls/>

### **Why daylight saving time isnt as terrible as people think**

[https://www.washingtonpost.com/news/wonk/wp/2016/03/11/why-daylight-saving-time-isnt-as-terrible-as-people-think/?hpid=hp\\_hp-more-top-stories\\_wb-daylight-805a%3Ahomepage%2Fstory](https://www.washingtonpost.com/news/wonk/wp/2016/03/11/why-daylight-saving-time-isnt-as-terrible-as-people-think/?hpid=hp_hp-more-top-stories_wb-daylight-805a%3Ahomepage%2Fstory)

### **MedlinePlus: Latest Health News**

-Another Neurological Disorder Tied to Zika

-Brain Bleed Risk From Warfarin May Be Higher Than Thought

-Health Care Apps Often Offer Little Privacy Protection: Study

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

### **Journal Review**

#### ***Academys MNT Provider, February 2016***

<http://eatright.cld.bz/MNT-Provider-February-2016>

-Evidence mounts on effectiveness of medical nutrition therapy

-Tips for choosing a professional biller

-Question Corner: *When providing the Intensive Behavioral Therapy (IBT) for Obesity benefit to Medicare Part B beneficiaries, is it permissible to combine two 15-minute units of service together to provide one 30-minute session the same day?*

#### ***American Journal of Clinical Nutrition, March 2016***

<http://ajcn.nutrition.org/content/current>

-The causal role of breakfast in energy balance and health: a randomized controlled trial in obese adults

-Whey protein, amino acids, and vitamin D supplementation with physical activity increases fat-free mass and strength, functionality, and quality of life and decreases inflammation in sarcopenic elderly



-Dietary fat intake and reproductive hormone concentrations and ovulation in regularly menstruating women

-Calcium intake and mortality from all causes, cancer, and cardiovascular disease: the Cancer Prevention Study II Nutrition Cohort

***British Journal of Nutrition, March 4-7, 2016, Online First***

<http://journals.cambridge.org/action/displayJournal?jid=BJN>

-Substitutions of red meat, poultry and fish and risk of myocardial infarction

-Sugar-sweetened soft drinks are associated with poorer cognitive function in individuals with type 2 diabetes: the MaineSyracuse Longitudinal Study

***European Journal of Nutrition, March 1, 2016, Online First***

<http://link.springer.com/journal/394/onlineFirst/page/1>

-Caffeine and cardiovascular diseases: critical review of current research

***Journal of the American College of Nutrition, March 2, 2016, Online First***

<http://www.tandfonline.com/action/showAxaArticles?journalCode=uacn20>

-Effects of L-Carnitine Supplementation on Serum Inflammatory Factors and Matrix Metalloproteinase Enzymes in Females with Knee Osteoarthritis: A Randomized, Double-Blind, Placebo-Controlled Pilot Study

***New England Journal of Medicine, March 4, 2016, Online First***

<http://www.nejm.org/online-first>

-Effect of Avoidance on Peanut Allergy after Early Peanut Consumption

-Randomized Trial of Introduction of Allergenic Foods in Breast-Fed Infants

***Nutrition and Cancer, March 4, 2016, Online First***

<http://www.tandfonline.com/action/showAxaArticles?journalCode=hnuc20>

-The effect of preoperative oral immunonutrition on complications and length of hospital stay after elective surgery for pancreatic cancer: a randomized controlled trial

-Changes in the detection and recognition thresholds of three basic tastes in lung cancer patients receiving cisplatin and paclitaxel and its association with nutritional and quality of life parameters

***Proceedings of the Nutrition Society, February 24-March 3, 2016, Online First***

<http://journals.cambridge.org/action/displayJournal?jid=PNS>

-Impact of anti-inflammatory nutrients on obesity-associated metabolic-inflammation from childhood through to adulthood

-Altered gastrointestinal microbiota in irritable bowel syndrome and its modification by diet: probiotics, prebiotics and the low FODMAP diet.

***Public Health Nutrition, February 26-March 9, 2016, Online First***

<http://journals.cambridge.org/action/displayJournal?jid=PHN>

-Associations between frequency of food shopping at different store types and diet and weight outcomes: findings from the NEWPATH study

-Added sugar intake and metabolic syndrome in US adolescents: cross-sectional analysis of the National Health and Nutrition Examination Survey 2005-2012.

-Meal and snack frequency in relation to diet quality in US children and adolescents: the National Health and Nutrition Examination Survey 2003-2012.

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4384. RE: Board biographical paragraph for Journal

**From:** Tom Ryan <Tryan@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Doris Acosta <dacosta@eatright.org>  
**Sent Date:** Mar 11, 2016 10:36:14  
**Subject:** RE: Board biographical paragraph for Journal  
**Attachment:** [image001.png](#)

---

Thank you, Donna! That is very nice to hear. Congratulations again, looking forward to seeing you soon!

Tom

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Friday, March 11, 2016 7:23 AM  
**To:** Tom Ryan <Tryan@eatright.org>  
**Cc:** Doris Acosta <dacosta@eatright.org>  
**Subject:** Re: Board biographical paragraph for Journal

**Tom, I know we are going to become close friends for a few years! Doris has already bragged to me about you, so I am truly excited to be working with someone with your credentials. What I lack in writing skills, I think I make up for in presentation skills! I think we will be a good fit! I just had one minor change to the bio below!**

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Tom Ryan <Tryan@eatright.org>  
**Sent:** Thursday, March 10, 2016 3:56 PM  
**To:** Donna Martin  
**Cc:** Doris Acosta  
**Subject:** Board biographical paragraph for Journal

Hi, Donna:

Congratulations on your election as the Academy's President-Elect – we look forward to working closely with you!

We are updating the biographical paragraphs of 2016-2017 Board members for publication in the June *Journal*. Below is the text we prepared for you for last year (with your recent election added). Could you please review this and let us know if the information in it is OK, or if any edits are needed, which we are glad to make. Could you please get back to us by Monday, March 22?

Thank you very much! Please let us know if you have questions or need any more information.

Tom

**Donna S. Martin, EdS, RDN, LD, SNS, FAND, Augusta, GA, President-elect**

Martin is director of the Burke County (GA) school nutrition program, which has 4,500 students in five schools, serving breakfast, lunch, after-school snacks and supper. Four of the schools have been acknowledged as HealthierUS School Challenge Gold winners. Martin has received honors and awards including Recognized Young Dietitian of the Year and the Outstanding Dietitian of the Year from the Georgia Dietetic Association; the Excellence in Practice Award from the School Nutrition Services Dietetic Practice Group; and the Academy Foundation's 2007 Judy Ford Stokes Award for Innovation in Administrative Dietetics. An active member of the Academy's School Nutrition Services DPG, Martin was the group's electronic communications chair and newsletter editor. She represented the Georgia Dietetic Association in the Academy's House of Delegates; is a member of the School Nutrition Association Foundation's board of directors; and served on the Georgia Department of Education's Task Force on Nutrition Standards for School Nutrition Programs. She served as the Academy's treasurer-elect in 2012-2013 and the Academy's

Treasurer in 2013-2015. Martin will serve as the Academy's President in 2017-2018. Martin is a graduate of the University of Georgia and earned a master's degree from the University of Alabama – Birmingham and an education specialist degree from Augusta State University.

## **Tom Ryan**

*Senior Editorial Manager, Strategic Communications*  
Academy of Nutrition and Dietetics

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312/899-4894

[www.eatright.org](http://www.eatright.org)

[www.eatright.org/media](http://www.eatright.org/media)

## 4385. Board Self-Assessment

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFenkoAdams@gmail.com <DeniceFenkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Mar 10, 2016 17:53:14  
**Subject:** Board Self-Assessment  
**Attachment:**

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Each year the Board uses a self-assessment tool developed by BoardSource to evaluate and improve its effectiveness as a governing board. The assessment is utilized by the Board to evaluate our strengths and challenges and by the Executive Team to strengthen operational processes. The tool is also helpful in familiarizing Board members about expected responsibilities, in planning meeting agendas, and identifying topics for the Board orientation and retreat meetings.

On March 14 you will receive the online questionnaire **directly from BoardSource** from their e-mail address, assessments@boardsource.org. Your individual responses are tabulated by BoardSource and are kept confidential; only aggregate results are provided. Marla Bobowick, senior governance consultant with BoardSource, will again attend our Board meeting in May to facilitate the discussion about the results.

Please let me know if you have any questions. Thank you for your input!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

## 4386. Board biographical paragraph for Journal

**From:** Tom Ryan <Tryan@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Doris Acosta <dacosta@eatright.org>  
**Sent Date:** Mar 10, 2016 16:00:35  
**Subject:** Board biographical paragraph for Journal  
**Attachment:** [image001.png](#)  
[image001.png](#)

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Hi, Donna:

Congratulations on your election as the Academy's President-Elect – we look forward to working closely with you!

We are updating the biographical paragraphs of 2016-2017 Board members for publication in the June *Journal*. Below is the text we prepared for you for last year (with your recent election added). Could you please review this and let us know if the information in it is OK, or if any edits are needed, which we are glad to make. Could you please get back to us by Monday, March 22?

Thank you very much! Please let us know if you have questions or need any more information.

Tom

**Donna S. Martin, EdS, RDN, LD, SNS, FAND, Augusta, GA, President-elect**

Martin is director of the Burke County (GA) school nutrition program, which has 4,500 students in five schools, serving breakfast, lunch, after-school snacks and supper. Four of the schools have been acknowledged as HealthierUS School Challenge Gold winners. Martin has received honors and awards including Recognized Young Dietitian of the Year and the Outstanding Dietitian of the Year from the Georgia Dietetic Association; the Excellence in Practice Award from the School Nutrition Services Dietetic Practice Group; and the Academy Foundation's 2007 Judy Ford Stokes Award for Innovation in Administrative Dietetics. An active member of the Academy's School Nutrition Services DPG, Martin was the group's electronic communications chair and newsletter editor. She represented the Georgia Dietetic Association in the Academy's House of Delegates; is a member of the School Nutrition Association Foundation's board of directors; and served on the Georgia Department of Education's Task Force on Nutrition Standards for School Nutrition Programs. She served as the Academy's treasurer-elect in 2012-2013 and the Academy's



Treasurer in 2013-2015. Martin will serve as the Academy's President in 2017-2018. Martin is a graduate of the University of Georgia and earned a master's degree from the University of Alabama – Birmingham and an education specialist degree from Augusta State University.

## **Tom Ryan**

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[www.eatright.org/media](http://www.eatright.org/media)

## 4387. Urgent: Support Child Nutrition and Hunger Programs

**From:** Academy President <president@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 10, 2016 11:57:46  
**Subject:** Urgent: Support Child Nutrition and Hunger Programs  
**Attachment:**

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Urgent: Support Child Nutrition and Hunger Programs  
Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

### TAKE ACTION NOW:

Keep These Students Smiling

### Support Child Nutrition and Hunger Programs!

I need your voice to take the next step in the Senate, to help support healthy meals and nutrition education for hungry children. Child Nutrition Programs provide nutrition to millions of children as well as providing thousands of jobs for Academy members.

Our members have been leading the way in providing healthy safe meals and engaging nutrition education to help these smiling children be successful members like the Academys incoming president-elect, Donna Martin, EdS, RDN, LD, SNS, FAND, school nutrition director in Burke County, Ga.

So here is the next step:

**1. Exercise your voice.** Tell your Senators to support these by voting to pass the Improving Child Nutrition Integrity and Access Act of 2016. Two minutes of your time means a lifetime of health for these children.

### TAKE ACTION TODAY!

**2. Make a contribution to ANDPAC.** The funds help the Academy support decision makers who understand the importance of child nutrition programs. Because of relationships built through ANDPAC, the Academy successfully advocated for key provisions in the Child Nutrition bill language.

[Click here to read more about the Senate bill.](#)

Questions? Contact Jennifer Folliard.

Thank you!

Dr. Evelyn F. Crayton, RDN, LDN, FAND  
President, 2015-2016

The Academy of Nutrition and Dietetics Political Action Committee is a separate segregated fund of the Academy of Nutrition and Dietetics used to support candidates and elected officials. Academy members are not required to contribute to ANDPAC and there is no reprisal for not contributing. Amounts recommended for contribution in Academy publications are merely suggestions and there is no minimum contribution level.

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Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4388. Daily News: Thursday, March 10, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 10, 2016 11:13:35  
**Subject:** Daily News: Thursday, March 10, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

### **Celebrate National Nutrition Month® 2016: Savor the Flavor of Eating Right**

As you engage on social media, make sure you are using the correct hashtag:

#NationalNutritionMonth

### **Celebrate Registered Dietitian Nutritionist Day Today**

<http://www.foodandnutrition.org/Stone-Soup/March-2016/Celebrate-Registered-Dietitian-Nutritionist-Day-Today/>

Related Article: From USDA--Saluting the Food and Nutrition Experts on Registered Dietitian Nutritionist Day: March 9, 2016

<http://blogs.usda.gov/tag/registered-dietitian-nutritionist-day/>

### **High body fat can be dangerous, even with normal BMI, new study says**

[https://www.washingtonpost.com/lifestyle/wellness/high-body-fat-can-be-dangerous-even-with-normal-bmi-new-study-says/2016/03/09/ac26fbfe-e583-11e5-a6f3-](https://www.washingtonpost.com/lifestyle/wellness/high-body-fat-can-be-dangerous-even-with-normal-bmi-new-study-says/2016/03/09/ac26fbfe-e583-11e5-a6f3-21ccdbc5f74e_story.html?hpid=hp_hp-cards_hp-card-lifestyle%3Ahomepage%2Fcard)

[21ccdbc5f74e\\_story.html?hpid=hp\\_hp-cards\\_hp-card-lifestyle%3Ahomepage%2Fcard](https://www.washingtonpost.com/lifestyle/wellness/high-body-fat-can-be-dangerous-even-with-normal-bmi-new-study-says/2016/03/09/ac26fbfe-e583-11e5-a6f3-21ccdbc5f74e_story.html?hpid=hp_hp-cards_hp-card-lifestyle%3Ahomepage%2Fcard)

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=2499472>

### **Out of Shape at 18, at Risk for Future Diabetes**

<http://well.blogs.nytimes.com/2016/03/09/out-of-shape-at-18-at-risk-for-future-diabetes/?ref=health>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=2499473>

### **Are you pre-diabetic? 46% of California adults are, UCLA study finds**

<http://www.latimes.com/local/california/la-me-pre-diabetes-20160310-story.html>

Source: UCLA Center for Health Policy Research

<http://healthpolicy.ucla.edu/publications/search/pages/detail.aspx?PubID=1472>

Related Resource: Prevention of Type 2 Diabetes (PDM) Guideline (2014)

<http://www.andeal.org/topic.cfm?menu=5344&cat=5013>

### **Kids who skip lunch are missing out on essential nutrients**

<http://www.reuters.com/article/us-health-kids-lunch-idUSKCN0WA2HY>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(15\)01841-9/abstract](http://www.andjrnl.org/article/S2212-2672(15)01841-9/abstract)

### **USDA Celebrates 50 Years of School Breakfast, Offers \$6.8 Million in Grants to Support Healthy School Meals**

<http://www.fns.usda.gov/pressrelease/2016/005816>

Source: School Breakfast Program (SBP)

<http://www.fns.usda.gov/sbp/school-breakfast-program-sbp>

### **CDC: U.S. cancer deaths continue decade-long decline**

[http://www.upi.com/Health\\_News/2016/03/09/CDC-US-cancer-deaths-continue-decade-long-decline/5131457544108/](http://www.upi.com/Health_News/2016/03/09/CDC-US-cancer-deaths-continue-decade-long-decline/5131457544108/)

Source: *Cancer*

<http://onlinelibrary.wiley.com/doi/10.1002/cncr.29936/full>

### **6 ways to reduce your risk of colon cancer**

<http://www.chicagotribune.com/lifestyles/health/sc-colon-cancer-risk-health-0316-20160309-story.html>

### **MS Patients May Be Prone to Other Chronic Illnesses, Study Finds**

<http://consumer.healthday.com/cognitive-health-information-26/multiple-sclerosis-news-486/ms-chronic-disorders-neurology-release-batch-2566-708767.html>

Source: *Neurology*

<http://www.neurology.org/content/early/2016/03/09/WNL.00000000000002481>

### **FDA statement on Menu Labeling Enforcement**

**from Dr. Susan Mayne, Director, Center for Food Safety and Applied Nutrition**

As a result of language in the omnibus appropriations bill enacted December 18, 2015 (Public Law 114-113 Consolidated Appropriations Act, 2016), FDA is delaying enforcement from December 1, 2016, to the date that is one year after it issues final, Level 1 guidance on menu labeling.

<http://www.fda.gov/food/guidanceregulation/guidancedocumentsregulatoryinformation/labelingnutrition/ucm217762.htm>

### **FDA Issues Final Guidance for Industry on How to Reduce Acrylamide in Certain Foods**

<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm374601.htm>

Source: Guidance for Industry: Acrylamide in Foods

<http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/ucm374524.htm>

Related Resource: FDA- Acrylamide: Information on Diet, Food Storage, and Food Preparation

<http://www.fda.gov/Food/FoodborneIllnessContaminants/ChemicalContaminants/ucm151000.htm>

### **Ultra-processed foods a huge chunk of American diet**

<http://www.cbsnews.com/news/ultra-processed-foods-calories-american-diet/>

Source: *BMJ Open*

<http://bmjopen.bmj.com/content/6/3/e009892>

### **Why unprocessed, vegetarian food was actually bad for our ancestors**

<https://www.washingtonpost.com/news/speaking-of-science/wp/2016/03/09/why-unprocessed-vegetarian-food-was-actually-bad-for-our-ancestors/>

Source: *Nature*

<http://www.nature.com/nature/journal/vaop/ncurrent/full/nature16990.html>

### **ClinicalTrials.gov**

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

#### **-Feeding America Intervention Trial for Health--Diabetes Mellitus (FAITH-DM)**

<https://clinicaltrials.gov/ct2/show/NCT02569060?term=diabetes&rank=40>

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4389. RE: Childhood Weight Management Program - March 22-24, 2016

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 10, 2016 11:00:28  
**Subject:** RE: Childhood Weight Management Program - March 22-24, 2016  
**Attachment:**

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Hi Donna,

We double checked, and your presentation is not included in the library. You can upload tomorrow when you get back to your office tomorrow.

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Wednesday, March 09, 2016 6:11 PM  
**To:** Pearlie Johnson <PJohnson@eatright.org>  
**Subject:** Re: Childhood Weight Management Program - March 22-24, 2016

Pearlie, I am in Alabama doing a presentation to the state dietetic association for the Academy. I thought I uploaded my presentation last week? I will be back in the office on Friday if I need to upload it again. Please advise.

Sent from my iPhone

On Mar 9, 2016, at 8:58 AM, Pearlie Johnson <PJohnson@eatright.org> wrote:

Hi Donna,

Just checking on the status of your presentation for the Indianapolis program. If possible, please provide by Thursday, March 10, 2016. Here are the instructions to upload your presentation.

Thank you.

**If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files. However, if the file is not too large, you can email it to me. I will acknowledge receipt of the e-mail.**

1. Go to [www.cdrnet.org](http://www.cdrnet.org)
2. To login choose the "Login" option on the upper right-hand side of the page.
  1. Sign-in using your Academy/CDR username and password.
  2. On the purple banner, hover over the "Portal" option on the right-hand side and choose the "Library" option from the drop-down menu.
  3. Click on the "2016 Childhood Faculty PowerPoint Files and Handouts" link located to the left.
  4. Click on the "Upload Multiple Files" link located in the gray menu bar.



5. Scroll down to the bottom of the grey area and click on “add files” button (lower left side)
6. Browse for your file.
7. Click open.
8. To add another file choose “Add Files” button again to add another file to the list.
9. When you have all the files that you would like to add, click on the “Start Upload” button (lower left side). When upload had finished press “Continue.”
10. Don’t pay attention to the list of folder. Just stroll down to the bottom of the page and click on “Complete Upload” bar.
11. When you are done, please logout (upper right hand corner).

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
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120 South Riverside Plaza, Suite 2000

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phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

## 4390. New Academy Travel Company

**From:** Mary C. Wolski <MWolski@eatright.org>  
**To:** wolf4@osu.edu <wolf4@osu.edu>, mgarner@cchs.ua.edu  
 <mgarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us  
 <DMartin@Burke.k12.ga.us>, miles081@umn.edu <miles081@umn.edu>,  
 linda.farr@me.com <linda.farr@me.com>, easaden@aol.com  
 <easaden@aol.com>, denice@healthfirstonline.net  
 <denice@healthfirstonline.net>, Michele.D.Lites@kp.org  
 <Michele.D.Lites@kp.org>, c.christie@unf.edu <c.christie@unf.edu>,  
 tracey.bates@dpi.nc.gov <tracey.bates@dpi.nc.gov>,  
 tammy.randall@case.edu <tammy.randall@case.edu>,  
 dwheller@mindspring.com <dwheller@mindspring.com>,  
 don.bradley@duke.edu <don.bradley@duke.edu>, sam387@cornell.edu  
 <sam387@cornell.edu>, jean.ragalie-car@dairy.org <jean.ragalie-  
 car@dairy.org>, sue.cecala@dairy.org <sue.cecala@dairy.org>  
**Cc:** Joan Schwaba <JSchwaba@eatright.org>  
**Hidden** dmartin@burke.k12.ga.us  
**recipients:**  
**Sent Date:** Mar 09, 2016 21:12:38  
**Subject:** New Academy Travel Company  
**Attachment:** [Quick Reference Guide.docx](#)  
[ATC Contact Directory - Academy 2016.pdf](#)  
[Approved for Academy Travel\\_Template Email\\_MISC Travel.doc](#)

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Good Evening,

To serve our members and volunteers, the Academy is moving to a new Travel Company starting March 10, 2016. The new Travel Company name is ATC Travel Management. If you have booked travel on American Express/Axiom and your flight is after March 17, your ticket is still valid. Please make sure that you have printed your travel itineraries for all of your flights after this date. If you should experience any travel related issues (for travel booked on American Express/Axiom after March 17) please contact Mary Wolski at 312/899-4855 (work) or 847/894-5736 (cell) and she will assist you. Please don't book any future travel on American Express as this site will be shut off on March 17<sup>th</sup>.

Today you should have received a email from Deem@work asking you to activate your new profile. This is from our new travel company. Please follow the instructions to create your profile and travel information. All information that was stored on the Axiom System will not be transferred to the new platform. You will need to input any emergency contacts, addresses, phone numbers, travel preferences, reward programs, TSA Pre-Check, etc. Once you have completed your profile,

you will be able to book your travel.

I have attached reference information for you as I am sure you will have questions. There are specific instructions for booking travel and you will need an authorization code as well as the GL code you are booking your travel to. Please do not book any travel before you receive your travel authorization from the Academy for Board Travel. This will contain all of your information pertaining to that trip. Also attached is the ATC Contact Directory (with agent information, phone numbers and hours of operation), a Quick Reference Guide and the Approved for Academy Travel Template Email MISC travel. This template includes information for travel that you are doing alone and not with a meeting. This will have the travel authorization code you will use for all travel outside of the Board Meetings (if you have any).

As always, don't hesitate to contact me if you have any questions or concerns.

All The Best,

Mary

Mary C. Wolski, CMP

Senior Manager, Meeting Services

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312/899-4855

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Email: [mwolski@eatright.org](mailto:mwolski@eatright.org)

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4391. Eat Right Weekly - March 9, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 09, 2016 16:26:32  
**Subject:** Eat Right Weekly - March 9, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that affects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

March 9, 2016

[Quick Links: On the Pulse of Public Policy | CPE Corner | Career Resources | Research Briefs](#)  
[Academy Member Updates | Philanthropy, Awards and Grants](#)

## ON THE PULSE OF PUBLIC POLICY

Time-Sensitive Action Alert: Senate to Vote on Child Nutrition and Hunger Programs

Make your voice heard tomorrow: Tell your Senators to support the Child Nutrition Integrity and Access Act of 2016, providing healthy meals for hungry children, and support your fellow Academy members who are working in child nutrition programs. Nearly all the Academy's legislative recommendations developed by member experts on the Academy's work group on child nutrition programs were included in the bill. The Academy strongly supports the bipartisan work that enabled the bill to unanimously pass the Senate Agriculture Committee.

[Learn More](#)

USDA Releases Research Briefs on Best Practices for Implementing School Nutrition Policy

The U.S. Department of Agriculture's Food and Nutrition Service has released a series of research briefs examining best practices in School Food Authorities implementation of key provisions of the Healthy, Hunger-Free Kids Act of 2010 and their impact on improving the nutritional quality of school meals. Join the Academy in fighting for healthier school meals and help support members working in child nutrition programs by urging Congress to pass a strong Child Nutrition Reauthorization to achieve the Academy's priorities.

[Learn More](#)

CMS Urged to Develop Nutrition-Related Quality Measures and Enable RDN Accountability

The Academy has made recommendations to the Centers for Medicare and Medicaid Services as

CMS finalizes its Quality Measures Development Plan. The Academy urges CMS to make non-physician practitioners accountable for their practice and share in performance incentives, and encouraged adherence to clinical guidelines; recognition of the complexity of measures addressing multiple chronic diseases, which registered dietitian nutritionists frequently encounter; and the importance of quality measures that recognize economic and health benefits of referring a patient to an RDN for medical nutrition therapy.

[Learn More](#)

#### Government Releases Roadmap for Nutrition Research

The Interagency Committee on Human Nutrition Research has released the first Nutrition Research Roadmap to increase overall effectiveness and productivity of federal nutrition research. The 2016-2021 Roadmap encourages an increased focus on research that can lead to more individualized advice for promoting health and preventing disease. The Roadmap is the result of more than a year of interagency collaboration through the ICHNR and integration of public comments.

[Learn More](#)

#### CPE CORNER

##### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

##### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

##### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

##### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa., and June 10 to 12 in Salt Lake City, Utah.

[Learn More](#)

### Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

### Videos: Childhood Health and Nutrition Research Conference

Earn 8 free CPEUs by viewing National Dairy Council's Childhood Health and Nutrition Research Conference videos.

[Learn More](#)

## CAREER RESOURCES

### March 14: Institute of Medicine's Oncology Workshop

Register for the Institute of Medicine's free, public workshop in Washington, D.C., on March 14 on "Assessing Nutrition Care in Outpatient Oncology." Attend in person at the National Academy of Sciences' Keck Center, 500 Fifth St. N.W., or via webcast. The Academy is co-sponsoring the workshop, which will explore the impact of access to nutritional care in outpatient cancer centers on outcome measures. CPEU credits are pending.

[Learn More](#)

### March 21 Application Deadline: Hunger Free Communities Research Fellow

The Academy's Foundation is seeking candidates for a one-year fellowship to develop a food

security and nutrition impact model, tools and resources to improve the health of people and communities around the world. The Fellowship is awarded by the Foundation through a planning grant from the General Mills Foundation. Submit a letter of interest and resume by March 21 to Katie Brown.

[Learn More](#)

#### March 22 Webinar: Communicate the *Dietary Guidelines*

A March 22 webinar "Coming Together to Communicate the 2015-2020 *Dietary Guidelines for Americans*" will cover eating patterns and the totality of foods and beverages a person consumes over time - a primary focus of the *Dietary Guidelines*. Presenters will describe what makes up healthy eating patterns, shifts needed to more closely align patterns based on current consumption and a call to action across sectors. The webinar offers 1.5 CPEUs.

[Learn More](#)

#### April 19 Application Deadline: Fully Funded Leadership Training from Robert Wood Johnson Foundation

The Robert Wood Johnson Foundation is offering an unprecedented opportunity for registered dietitian nutritionists to participate in four new, fully funded leadership development programs that provide exceptional training in health disparities, diversity and inclusion. All program-related costs are supported and funds are available to support project-based learning. The application deadline is April 19.

[Learn More](#)

#### Continue Academy Benefits: Renew Your Membership

Academy membership renewal for 2016-2017 is now open. Renew by calling the Member Service Center at 800/877-1600, ext. 5000 (weekdays, 8 a.m. to 5 p.m., Central time), or online.

[Learn More](#)

#### April 7 Workshop: Nutrition Focused Physical Exam Hands-On Training

The Academy has developed an interactive, hands-on training workshop to provide registered dietitian nutritionists with skills and knowledge to perform NFPE skills at their workplace to aid in the nutrition diagnosing of malnutrition. Registration is open for the April 7 NFPE workshop in Conway, Ark. Participants receive NFPE resources, 10 CPEUs and ongoing support from Academy trainers. To learn more about becoming an NFPE host facility, email [nfpe@eatright.org](mailto:nfpe@eatright.org).

[Learn More](#)

#### Recorded Webinar: 'Changing the Way We Look at Agriculture'

View a one-hour recorded webinar "Changing the Way We Look at Agriculture" to gain an understanding of the state of U.S. and international farming and learn about innovative strategies to help nutritiously feed the growing world population. This webinar, which offers 1 CPE credit, is made possible through an educational grant from National Dairy Council.

[Learn More](#)

## RESEARCH BRIEFS

### Integrative Medicine: Members' Knowledge, Attitudes and Practice

What do Academy members think of integrative medicine? A new study in the *Journal of the Academy of Nutrition and Dietetics* offers some answers.

[Learn More](#)

### Make the Case for Research

Convince your supervisor that research aids your professional growth with tips from the Dietetics Practice Based Research Network.

[Learn More](#)

### Effectiveness of MNT on Weight Management

The Evidence Analysis Library offers the latest information on the effectiveness on weight loss outcomes of medical nutrition therapy provided by registered dietitian nutritionists.

[Learn More](#)

## ACADEMY MEMBER UPDATES

### National Nutrition Month and RDN Day Contest Winner Light Up Times Square

On March 9, in celebration of Registered Dietitian Day, a photo of RDN Day contest winner Annelies Newman, RDN, CD, appeared on the seven-story billboard at the corner of 7th Ave. and 43rd street in New York City - a location that welcomes 1.5 million people each day. Newman was selected from more than 160 members who replied to the question "What's the best way to help consumers *Savor the Flavor of Eating Right?*" On March 1, the Times Square billboard featured the 2016 National Nutrition Month image and message.

[Learn More](#)

### Get Social for National Nutrition Month

Keep the National Nutrition Month buzz going all month long with resources and tools from the Academy's social media toolkit. Choose from animated gifs, static images, profile and cover photos and sample messaging to share with your social media network. Join the conversation on Facebook and on Twitter - remember to use #NationalNutritionMonth. And join upcoming Academy-hosted Twitter chats using #NNMchat.

[Learn More](#)

### Promotional Items for National Nutrition Month

Help promote the National Nutrition Month message *Savor the Flavor of Eating Right*. Promotional items including drinkware, classroom products, kits and cooking gadgets featuring the vibrant NNM 2016 graphic. Place your order in the online catalog.

[Learn More](#)



### CMS Promotes MNT Benefit during National Nutrition Month

For the eighth straight year, the Centers for Medicare and Medicaid Services and the Academy shared a message to health providers during National Nutrition Month to promote the Medicare medical nutrition therapy benefit. The message encourages physicians to help patients live healthier lives in 2016 by encouraging the use of Medicare-covered nutrition-related services, including MNT.

[Learn More](#)

### North Dakota Members Endorsed for State Office

Academy members Sharon Buhr, MPH, RD, LD, and Karen Ehrens, RD, LD, have received their party's endorsement to run for seats in the North Dakota House of Representatives. Buhr is the director of the Young People's Healthy Heart Program at CHI Mercy Health and a clinical dietitian at Sanford Health. Ehrens is a health and nutrition consultant and a national leader on hunger and past chair of the Academy's Legislative and Public Policy Committee.

### It's National School Breakfast Week

Celebrate National School Breakfast Week, March 7 to 11. This year's theme is "Wake Up to School Breakfast." The Academy joins many partners and the U.S. Department of Agriculture in celebrating the innovative work of members who are developing research about the importance of school breakfast and implementing new and innovative ways to ensure that children eat breakfast - a policy priority of the Academy.

[Learn More](#)

### March 31 Application Deadline: Are You a Quality Leader?

The Quality Strategies Workgroup under the direction of the Quality Management Committee has launched the new Quality Leader Alliance - individuals experienced in quality who will network and develop resources for the Academy. All credentialed practitioners are eligible to apply to be a member of the Alliance. The application deadline is March 31.

[Learn More](#)

## PHILANTHROPY, AWARDS AND GRANTS

### Application Deadline Extended to March 29: Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

This fund provides up to two \$1,100 awards for essays describing new approaches, including the application of technology, to feed the hungry by maximizing underutilized food resources or through a fresh produce program reducing food wastage. The deadline to submit essays is March 29. Email Amy Donatell for more information.

[Learn More](#)

#### April 1 Application Deadline: Foundation Research Grants

The Foundation's named research funds are available annually to Academy members at all levels of practice. Grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline is April 1.

[Learn More](#)

#### Application Deadline Extended to April 1: Barbara Ann F. Hughes - NEP DPG Continuing Education Award

Are you planning to attend the Academy's Public Policy Workshop? This \$1,000 award provides educational stipends for nutrition professionals on the subjects of policy initiatives, advocacy and private practice. Preference is given to members of the Nutrition Education for the Public dietetic practice group. The application deadline is April 1.

[Learn More](#)

#### Application Deadline Extended to April 1: Ruby P. Puckett/Elizabeth Frakes Food Management Continuing Education Award

Two awards - of up to \$2,000 each - provide continuing professional education credit to assist qualified professionals attendance at the Academy's Food and Nutrition Conference & Expo or another conference related to food and nutrition management. The application deadline is April 1.

[Learn More](#)

#### April 1 Deadline: Future of Food Mini-Grants

To support the use of the new "Tossed Treasures" toolkit, 25 grants of \$200 are available. Recipients agree to give two presentations from the new toolkit between April 11 and June 10. The toolkit and mini-grant opportunity was made possible through an educational grant from National Dairy Council. The application deadline is April 1.

[Learn More](#)

#### New Future of Food Toolkit: 'Tossed Treasures'

Help others understand issues related to wasted food and what everyone can do to waste less food. Download the new Kids Eat Right Future of Food "Tossed Treasures" toolkit, available in English and Spanish.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics. If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4392. Daily News & Journal Review: March 9, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 09, 2016 11:21:03  
**Subject:** Daily News & Journal Review: March 9, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**Wishing you a Happy Registered Dietitian Nutritionist Day!**

<http://www.eatrightpro.org/resource/media/multimedia-news-center/videos/registered-dietitian-nutritionist-day>

**From more than 160 inspirational responses to the question What's the best way to help consumers Savor the Flavor of Eating Right? the winner of 2016 RDN Day Contest is Annelies Newman, RDN, CD.**

[www.eatrightpro.org/resource/news-center/member-updates/events-and-deadlines/rdn-day-contest-winner-highlighted-in-times-square](http://www.eatrightpro.org/resource/news-center/member-updates/events-and-deadlines/rdn-day-contest-winner-highlighted-in-times-square)

**Doctors aren't diagnosing or treating most cases of prediabetes, study finds**

<http://www.sciencedaily.com/releases/2016/03/160308134800.htm>

Source: *Journal of the American Board of Family Medicine*

<http://www.jabfm.org/content/29/2/283.abstract>

Related Resource: Prevention of Type 2 Diabetes (PDM) Guideline (2014)

<http://www.andeal.org/topic.cfm?menu=5344&cat=5013>

**Widely used special infant formula doesnt work to protect against allergies, eczema, study says**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/03/09/widely-used-special-infant-formula-doesnt-work-to-protect-against-allergies-eczema-study-says/>

Source: *BMJ*

<http://www.bmj.com/content/352/bmj.i974>

**For Serious Training, Hold the Carbs at Dinnertime**

[http://well.blogs.nytimes.com/2016/03/09/for-serious-training-hold-the-carbs-at-dinnertime/?ref=health&\\_r=0](http://well.blogs.nytimes.com/2016/03/09/for-serious-training-hold-the-carbs-at-dinnertime/?ref=health&_r=0)

Source: *Medicine & Science in Sports & Exercise*

<http://www.ncbi.nlm.nih.gov/pubmed/26741119>

### **Green tea and iron, bad combination**

<http://www.sciencedaily.com/releases/2016/03/160308132931.htm>

Source: *American Journal of Pathology*

[http://ajp.amjpathol.org/article/S0002-9440\(16\)00009-2/abstract](http://ajp.amjpathol.org/article/S0002-9440(16)00009-2/abstract)

### **Diet drug Contrave kicks up a tempest amid uncertainty about heart attack and stroke effects**

<http://www.latimes.com/science/sciencenow/la-sci-sn-heart-attack-stroke-diet-drug-contrave-20160308-story.html>

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=2499275>

### **Doctors should screen for poverty during child-wellness visits, American Academy of Pediatrics recommends**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/03/09/doctors-should-screen-for-poverty-during-child-wellness-visits-american-academy-of-pediatrics-recommends/>

Source: American Academy of Pediatrics

<https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/American-Academy-of-Pediatrics-Recommends-Pediatricians-Screen-for-Poverty-at-Check-ups-and-Help-Eliminate-its-Toxic-Health.aspx>

### **Plant Based Products Association launches to fuel growth of alternatives to animal based products**

<http://www.foodnavigator-usa.com/Suppliers2/Plant-Based-Products-Association-launches>

### **Kraft Heinz quietly changes its Mac & Cheese recipe**

<http://www.post-gazette.com/business/pittsburgh-company-news/2016/03/07/Kraft-Heinz-moves-quietly-to-change-Mac-Cheese-recipe-pittsburgh/stories/201603070100>

### **MedlinePlus: Latest Health News**

- Six Ways to Reduce Your Risk of Colon Cancer
- Study Suggests Causes for Lupus' Impact on Immune System
- Vitamin D a No Go for Arthritic Knees, Study Finds
- Body Fat May Be Bigger Health Danger Than Body Size
- Drinking More Water May Help Your Diet

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

### **New Opportunity for fully funded Leadership Training to Support Achieving a Culture of Health in the US from RWJF**

The Robert Wood Johnson Foundation is seeking applications for participants in four new *fully funded* leadership development programs that provide training in health disparities, diversity and inclusion. All program related costs are supported and project funds are available to support project-based learning. The four new programs are:

**-Clinical Scholars** recruiting inter-professional teams of clinically active professionals working together to solve Wicked Problems in the culture of health in local communities. Acceptance into the program confers \$35,000 grant per fellow for each of three years plus extensive leadership development.

Visit [www.clinical-scholars.org](http://www.clinical-scholars.org) for more information

**-Interdisciplinary Research Leaders** recruiting mid-career professionals in academic institutions working in teams of two researchers from different disciplines partnering with a community member/organization, three year commitment, annual stipend of \$25,000 per person.

Visit [www.interdisciplinaryresearch-leaders.org](http://www.interdisciplinaryresearch-leaders.org) for more information.

**-Health Policy Research Scholars** recruiting 1<sup>st</sup> and 2<sup>nd</sup> year doctoral students in eligible disciplines from underrepresented populations or disadvantaged backgrounds, five year support with an annual stipend of up to \$30,000 plus opportunity for competitive research grant support.

Visit [www.healthpolicyresearch-scholars.org](http://www.healthpolicyresearch-scholars.org) for more information.

**-Culture of Health Leaders** recruiting teams and individuals from a broad cross-sector of areas who want to work on collaborative solutions to produce health and support a culture of health. Three-year program provides an annual stipend of \$20,000 per person.

Visit [www.cultureofhealth-leaders.org](http://www.cultureofhealth-leaders.org) for more information.

## Journal Review

### ***Journal of the Academy of Nutrition and Dietetics*, March 5, 2016, Online First**

<http://www.andjrnl.org/inpress>

-How Community Food Banks Support School Breakfast: Strategies Used and Lessons Learned

### ***Annals of Internal Medicine*, March 8, 2016, Online First**

<http://annals.org/onlineFirst.aspx>

-Relationship Among Body Fat Percentage, Body Mass Index, and All-Cause Mortality: A Cohort Study

### ***Clinical Nutrition*, February 16 March 8, 2016, Online First**

<http://www.sciencedirect.com/science/journal/aip/02615614>

-Application of the new ESPEN definition of malnutrition in geriatric diabetic patients during hospitalization: a multicentric study

-Impact of nutritional risk screening in hospitalized patients on management, outcome and costs: A retrospective study

-ESPEN guidelines on ethical aspects of artificial nutrition and hydration

### ***International Journal of Obesity*, March 2016**

<http://www.nature.com/ijo/journal/v40/n3/index.html>

- Does low-energy sweetener consumption affect energy intake and body weight? A systematic review, including meta-analyses, of the evidence from human and animal studies
- Effects of bariatric surgery on markers of subclinical atherosclerosis and endothelial function: a meta-analysis of literature studies

**JAMA, March 8, 2016**

<http://jama.jamanetwork.com/issue.aspx>

- Effect of Vitamin D Supplementation on Tibial Cartilage Volume and Knee Pain Among Patients With Symptomatic Knee Osteoarthritis: A Randomized Clinical Trial
- Association Between Hypertensive Disorders of Pregnancy and Later Risk of Cardiomyopathy
- Polypharmacy in the Aging Patient: A Review of Glycemic Control in Older Adults With Type 2 Diabetes

**Journal of Human Nutrition and Dietetics, February 29, 2016, Online First**

[http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1365-277X/earlyview](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1365-277X/earlyview)

- Estimation of energy expenditure using prediction equations in overweight and obese adults: a systematic review

**Journal of Pediatric Gastroenterology and Nutrition, February 20, 2016, Online First**

<http://journals.lww.com/jpgn/toc/9000/00000>

- Evaluation of Intestinal Function in Children with Autism and Gastrointestinal Symptoms.

**Nutrition in Clinical Practice, February 26, 2016, Online First**

<http://ncp.sagepub.com/content/early/recent>

- Follow-up Survey on Functionality of Nutrition Documentation and Ordering Nutrition Therapy in Currently Available Electronic Health Record (EHR) Systems

**School Nutrition, March 2016**

<http://mydigimag.rrd.com/publication/?i=291412>

- Home Sweet Street?
- Tools of the Trade: Cooked to Perfection

**Quote of the Week**

"Food can look beautiful, taste exquisite, smell wonderful, make people feel good, bring them together, inspire romantic feelings....At its most basic, it is fuel for a hungry machine"

**Rosamond Richardson, English cookery author**

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4393. RE: Follow Up: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**From:** Carrolyn Patterson <CPatterson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 09, 2016 10:35:18  
**Subject:** RE: Follow Up: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**Attachment:**

---

Hi Donna,

You are very welcome. I think you were the one who may have completed it but someone did not submit so it showed as skipped in the system. Either way, thank you for the quick response!

Carrolyn

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Wednesday, March 09, 2016 8:12 AM  
**To:** Carrolyn Patterson <CPatterson@eatright.org>  
**Subject:** Re: Follow Up: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

Carolyn, I thought I had completed the survey before, but evidently I had not. I have now completed it. Sorry for the inconvenience. I did it when it first came out, but maybe I did not submit it. You can mark me off the list! Thanks for your thoroughness in helping us get these completed.

Sent from my iPad

On Mar 8, 2016, at 6:22 PM, Carrolyn Patterson <CPatterson@eatright.org> wrote:

Hi Donna,

I hope this email finds you doing well. I am following up to see if you are experiencing trouble accessing the CEO Evaluation Survey. As of today, the system is showing two Board Members have not completed the survey and one has skipped the survey. Unfortunately, the system does not provide me with the name of the person who skipped the survey. If you have completed the survey, please double check to make sure it wasn't accidentally skipped.

Also, if you have not had a chance to complete the survey, can you provide me an estimated date as to when you will be able to do so. Please see the below email for the link to the CEO compensation survey.

Thanks,

Carrolyn

Carrolyn Patterson, MBA

Senior Director, Human Resources and Office Services

### **Academy of Nutrition and Dietetics**

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Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

[www.eatright.org](http://www.eatright.org)

**From:** Carrolyn Patterson

**Sent:** Thursday, March 03, 2016 9:17 AM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@charter.net' <craytef@charter.net>; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu' <connors@ohsu.edu>; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; 'DMartin@Burke.k12.ga.us'; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>; 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>; 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu' <Tammy.randall@case.edu>; 'dwheller@mindspring.com'; 'dwbradley51@gmail.com' <dwbradley51@gmail.com>; 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>; 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>

**Cc:** Patricia Babjak <pbabjak@eatright.org>

**Subject:** DATE EXTENSION: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

Hello All,

The date to complete the CEO Performance Evaluation has been extended to Monday, March 7<sup>th</sup>

.

Please see below for the link to survey and do not hesitate to call with any questions.

Thanks,

Carrolyn

Carrolyn Patterson, MBA

Senior Director, Human Resources and Office Services

**Academy of Nutrition and Dietetics**

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Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

[www.eatright.org](http://www.eatright.org)

**From:** Carrolyn Patterson

**Sent:** Monday, February 15, 2016 10:49 AM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; craytef@charter.net; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; connors@ohsu.edu; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>;

DeniceFerkoAdams@gmail.com; Michele.D.Lites@kp.org; michelelites@sbcglobal.net; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; Tammy.randall@case.edu; dwheller@mindspring.com; dwbradley51@gmail.com; steve.miranda44@gmail.com; jean.ragalie-carr@dairy.org  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>  
**Subject:** On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation  
**Importance:** High

TO: Academy Board of Directors

FROM: Dr. Evelyn F. Crayton

One of our Board responsibilities is to annually evaluate the CEO's performance. As you know, we made a few edits to the CEO performance evaluation form this year. It is time for us Board members to complete section II of the evaluation - Competency Evaluation. It is available on survey monkey. Prior to doing the evaluation, take a look at Board agendas, general communications to the Board, CEO summary reports in Board meeting packets, executive session discussions with Pat as well as minutes from our Board meetings.

Please complete the questionnaire by Tuesday, March 1, 2016. The Compensation Committee will summarize the responses, provide you with a summary report and recommendation regarding the CEO base salary for 2016-17 that will be discussed and voted on during the Executive Session of the May Board meeting. Let me know if you have any questions.

Thank you for participating!

TO BEGIN THE SURVEY click or copy this link into your browser:  
<https://www.surveymonkey.com/r/GP8MMK5>

The survey does not need to be completed in one sitting. If you wish to exit the survey and return to complete it later, please feel free to do so. Prior to the deadline, you will be able to log back in and resume the survey from where you left off by using the link above, which is unique to you.

If you have any questions about the evaluation, please contact me at [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

.

Thank you!

Evelyn

Dr. Evelyn F. Crayton, EdD, RDN, LDN, FAND

Professor Emeritus, Auburn University Director, Living Well Associates, LLC

124 Elm Drive, Montgomery, AL 36117

(334) 272-3487/(334) 220-3061 (cell) [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

4394. RE: Childhood Weight Management Program - March 22-24, 2016

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 09, 2016 09:58:02  
**Subject:** RE: Childhood Weight Management Program - March 22-24, 2016  
**Attachment:**

---

Hi Donna,

Just checking on the status of your presentation for the Indianapolis program. If possible, please provide by Thursday, March 10, 2016. Here are the instructions to upload your presentation.

Thank you.

**If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files. However, if the file is not too large, you can email it to me. I will acknowledge receipt of the e-mail.**

1. Go to [www.cdrnet.org](http://www.cdrnet.org)
2. To login choose the "Login" option on the upper right-hand side of the page.
  1. Sign-in using your Academy/CDR username and password.
  2. On the purple banner, hover over the "Portal" option on the right-hand side and choose the "Library" option from the drop-down menu.
  3. Click on the "2016 Childhood Faculty PowerPoint Files and Handouts" link located to the left.
  4. Click on the "Upload Multiple Files" link located in the gray menu bar.
  5. Scroll down to the bottom of the grey area and click on "add files" button (lower left side)
  6. Browse for your file.
  7. Click open.
  8. To add another file choose "Add Files" button again to add another file to the list.
  9. When you have all the files that you would like to add, click on the "Start Upload" button (lower left side). When upload had finished press "Continue."

10. Don't pay attention to the list of folder. Just stroll down to the bottom of the page and click on "Complete Upload" bar.
11. When you are done, please logout (upper right hand corner).

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

4395. Wishing you a Happy Registered Dietitian Nutritionist Day!

**From:** Academy President <president@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 09, 2016 09:16:40  
**Subject:** Wishing you a Happy Registered Dietitian Nutritionist Day!  
**Attachment:**

---

Wishing you a Happy Registered Dietitian Nutritionist Day!  
Having trouble viewing this e-mail? View it in your browser.

Connect with Us:

[Click here to view a special video message.](#)

**Congratulations to our 2016 RDN Day Contest winner, Annelies Newman, RDN, CD, of Saint George, Utah.** When asked What's the best way to help consumers Savor the Flavor of Eating Right? Annelies responded:

*Imagine we are going to a beautiful National Park. But you are blindfolded and have ear plugs...how much would you enjoy the drive? Not much? Well, now start engaging your senses. Stop the car, walk around, smell the air, feel the breeze, see the beauty. Savor and enjoy. The same is true of healthy eating. Choose your favorite recipes for fruits, veggies or a healthy meal. Now sit down, relax, breathe, turn off distractions and engage as many senses into the experience as you can. Take in the colors, textures, flavors and aroma. Slow down, use your senses and enjoy!*

Share this mailing with your social network:

This National Nutrition Month email was sent to you from the Academy of Nutrition and Dietetics.  
If you prefer not to receive future NNM emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4396. School breakfast paper--published (article in press)

**From:** Martha Ontiveros <Montiveros@eatright.org>  
**To:** Patricia Babjak <PBABJAK@eatright.org>, traceybatesrd@gmail.com  
 <traceybatesrd@gmail.com>, lbeseler\_fnc@bellsouth.net  
 <lbeseler\_fnc@bellsouth.net>, don.bradley@duke.edu  
 <don.bradley@duke.edu>, c.christie@unf.edu <c.christie@unf.edu>,  
 CONNORS@OHSU.EDU <CONNORS@OHSU.EDU>,  
 evelyncrayton64@gmail.com <evelyncrayton64@gmail.com>,  
 linda.farr@me.com <linda.farr@me.com>, DeniceFenkoAdams@gmail.com  
 <DeniceFenkoAdams@gmail.com>, mgarner@cchs.ua.edu  
 <mgarner@cchs.ua.edu>, dwheller@mindspring.com  
 <dwheller@mindspring.com>, michele.d.lites@kp.org  
 <michele.d.lites@kp.org>, DMartin@Burke.k12.ga.us  
 <DMartin@Burke.k12.ga.us>, miles081@umn.edu <miles081@umn.edu>,  
 steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-  
 carr@dairy.org <jean.ragalie-carr@dairy.org>, tlk3@case.edu  
 <tlk3@case.edu>, easaden@aol.com <easaden@aol.com>,  
 academyuser@eatright.org <academyuser@eatright.org>,  
 Kay\_Wolf@Columbus.rr.com <Kay\_Wolf@Columbus.rr.com>, Carl Barnes  
 <carl@learntoeatright.org>, Constance Geiger (constancegeiger@cgeiger.net)  
 <constancegeiger@cgeiger.net>, Eileen Kennedy  
 <Eileen.Kennedy@tufts.edu>, Kathy Wilson-Gold  
 (kathywilsongoldrd@gmail.com) <kathywilsongoldrd@gmail.com>, Wolf  
 <Wolf.4@osu.edu>, Maha Tahiri <maha.tahiri@genmills.com>, Sylvia Escott-  
 Stump <escottstumps@ecu.edu>, Terri Raymond <tjraymond@aol.com>  
**Cc:** Susan Burns <Sburns@eatright.org>, Mary Beth Whalen  
 <Mwhalen@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>,  
 sandy.stelfug@genmills.com <sandy.stelfug@genmills.com>,  
 Carole.clemente@dairy.org <Carole.clemente@dairy.org>, Cecala, Sue  
 <Sue.Cecala@dairy.org>, Katie Brown <kbrown@eatright.org>  
**Hidden** dmartin@burke.k12.ga.us  
**recipients:**  
**Sent Date:** Mar 09, 2016 08:55:48  
**Subject:** School breakfast paper--published (article in press)  
**Attachment:** [How Community Food Banks Support School Breakfast Strategies Used and Lessons Learned.pdf](#)

---

TO: Academy and Foundation BOD

Happy National School Breakfast Week! I have good news to share, the attached article, *How Community Food Banks Support School Breakfast: Strategies Used and Lessons Learned* represents the culmination of a project within the Academy Foundation that was funded by Feeding America. It has been accepted for publication and will appear in an upcoming printed version of JAND. I am so proud of the important work that our Foundation is doing and I know you are too. Looking forward to seeing you soon!

Jean Ragalie-Carr, RDN, LDN, FAND

Foundation Chair

4397. Follow Up: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**From:** Carrolyn Patterson <CPatterson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 08, 2016 18:22:53  
**Subject:** Follow Up: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation  
**Attachment:**

---

Hi Donna,

I hope this email finds you doing well. I am following up to see if you are experiencing trouble accessing the CEO Evaluation Survey. As of today, the system is showing two Board Members have not completed the survey and one has skipped the survey. Unfortunately, the system does not provide me with the name of the person who skipped the survey. If you have completed the survey, please double check to make sure it wasn't accidentally skipped.

Also, if you have not had a chance to complete the survey, can you provide me an estimated date as to when you will be able to do so. Please see the below email for the link to the CEO compensation survey.

Thanks,

Carrolyn

Carrolyn Patterson, MBA

Senior Director, Human Resources and Office Services

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

[www.eatright.org](http://www.eatright.org)

**From:** Carolyn Patterson

**Sent:** Thursday, March 03, 2016 9:17 AM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@charter.net' <craytef@charter.net>; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu' <connors@ohsu.edu>; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>; 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>; 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu' <Tammy.randall@case.edu>; dwheller@mindspring.com; 'dwbradley51@gmail.com' <dwbradley51@gmail.com>; 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>; 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>

**Cc:** Patricia Babjak <pbabjak@eatright.org>

**Subject:** DATE EXTENSION: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

Hello All,

The date to complete the CEO Performance Evaluation has been extended to Monday, March 7<sup>th</sup>

.

Please see below for the link to survey and do not hesitate to call with any questions.

Thanks,

Carolyn

Carolyn Patterson, MBA

Senior Director, Human Resources and Office Services

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

[www.eatright.org](http://www.eatright.org)

**From:** Carolyn Patterson

**Sent:** Monday, February 15, 2016 10:49 AM

**To:** 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; [craytef@charter.net](mailto:craytef@charter.net); 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; [connors@ohsu.edu](mailto:connors@ohsu.edu); 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; 'Garner, Margaret' <[MGarner@cchs.ua.edu](mailto:MGarner@cchs.ua.edu)>; [DMartin@Burke.k12.ga.us](mailto:DMartin@Burke.k12.ga.us); 'Aida Miles-school' <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[easaden@aol.com](mailto:easaden@aol.com)>; [DeniceFenkoAdams@gmail.com](mailto:DeniceFenkoAdams@gmail.com); [Michele.D.Lites@kp.org](mailto:Michele.D.Lites@kp.org); [michelelites@sbcglobal.net](mailto:michelelites@sbcglobal.net); 'Catherine Christie' <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; [Tammy.randall@case.edu](mailto:Tammy.randall@case.edu); [dwheller@mindspring.com](mailto:dwheller@mindspring.com); [dwbradley51@gmail.com](mailto:dwbradley51@gmail.com); [steve.miranda44@gmail.com](mailto:steve.miranda44@gmail.com); [jean.ragalie-carr@dairy.org](mailto:jean.ragalie-carr@dairy.org)

**Cc:** Patricia Babjak <[PBABJAK@eatright.org](mailto:PBABJAK@eatright.org)>

**Subject:** On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**Importance:** High

TO: Academy Board of Directors

FROM: Dr. Evelyn F. Crayton

One of our Board responsibilities is to annually evaluate the CEO's performance. As you know, we made a few edits to the CEO performance evaluation form this year. It is time for us Board members to complete section II of the evaluation - Competency Evaluation. It is available on survey monkey. Prior to doing the evaluation, take a look at Board agendas, general communications to the Board, CEO summary reports in Board meeting packets, executive session discussions with Pat as well as minutes from our Board meetings.

Please complete the questionnaire by Tuesday, March 1, 2016. The Compensation Committee will summarize the responses, provide you with a summary report and recommendation regarding the CEO base salary for 2016-17 that will be discussed and voted on during the Executive Session

of the May Board meeting. Let me know if you have any questions.

Thank you for participating!

TO BEGIN THE SURVEY click or copy this link into your browser:

<https://www.surveymonkey.com/r/GP8MMK5>

The survey does not need to be completed in one sitting. If you wish to exit the survey and return to complete it later, please feel free to do so. Prior to the deadline, you will be able to log back in and resume the survey from where you left off by using the link above, which is unique to you.

If you have any questions about the evaluation, please contact me at [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

.

Thank you!

Evelyn

Dr. Evelyn F. Crayton, EdD, RDN, LDN, FAND

Professor Emeritus, Auburn University Director, Living Well Associates, LLC

124 Elm Drive, Montgomery, AL 36117

(334) 272-3487/(334) 220-3061 (cell) [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

4398. RE: FNCE 2018

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 08, 2016 17:47:14  
**Subject:** RE: FNCE 2018  
**Attachment:**

---

Donna,

Here are the FNCES for the next few years.

2016 – Boston

2017 – Chicago

2018 – Washington DC

2019 – Philadelphia

2020 – Indianapolis

2021 - New Orleans

2022 – Orlando

2023 – Denver

2024 – Philadelphia

Paul

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Tuesday, March 08, 2016 4:42 PM  
**To:** Paul Mifsud  
**Subject:** FNCE 2018

Paul, Do we have a location firmed up for FNCE 2018? I am doing a talk to the Alabama Dietetic Association and wanted to tell them where the next three years FNCE's would be. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655



4399. Happy RDN Day!

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net  
 <craytef@charter.net>, craytef@aces.edu <craytef@aces.edu>, 'Lucille  
 Beseler' <lbeseler\_fnc@bellsouth.net>, 'Kay Wolf'  
 <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us  
 <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>,  
 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>,  
 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates'  
 <traceybatesrd@gmail.com>, dwheller@mindspring.com  
 <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>,  
 'mgarner@ua.edu' <mgarner@ua.edu>, 'DeniceFenkoAdams@gmail.com'  
 <DeniceFenkoAdams@gmail.com>, 'Michele.D.Lites@kp.org'  
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 <michelelites@sbcglobal.net>, 'Tammy.randall@case.edu'  
 <Tammy.randall@case.edu>, 'dwbradley51@gmail.com'  
 <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com'  
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 carr@dairy.org>, carl@learntoeatright.com <carl@learntoeatright.com>,  
 TJRaymond@aol.com <TJRaymond@aol.com>, Escott-Stump, Sylvia  
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 <Eileen.kennedy@tufts.edu>, Kathy Wilson Gold  
 <kathywilsongoldrd@gmail.com>, Maha.Tahiri@genmills.com  
 <Maha.Tahiri@genmills.com>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary  
 Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>,  
 Susan Burns <Sburns@eatright.org>  
**Sent Date:** Mar 08, 2016 16:29:58  
**Subject:** Happy RDN Day!  
**Attachment:** [image001.jpg](#)  
[image002.jpg](#)

---

To members of the Board of Directors of the Academy and its Foundation:

**Happy Registered Dietitian Nutritionist Day 2016!** Tomorrow marks the 11<sup>th</sup> consecutive year we celebrate RDN Day and the profession's many contributions to improving the health of patients and clients.

All RDNs are receiving this video greeting on Wednesday from the Academy <http://www.eatrightpro.org/resource/media/multimedia-news-center/videos/registered-dietitian-nutritionist-day> thanking them for their dedication to the profession. We will be promoting RDN Day throughout all of our social media channels, eatright.org and in ERW.

In celebration of Registered Dietitian Nutritionist Day members were asked "What's the best way to help consumers savor the flavor of eating right?" We received more than 160 thoughtful and inspirational testimonials from members that confirm and support the value of RDNs' services.

The winner of the 2016 Registered Dietitian Nutritionist Day contest is Annelies Newman, RDN, CD:

*"Imagine we are going to a beautiful National Park. But you are blindfolded and have ear plugs...how much would you enjoy the drive? Not much? Well, now start engaging your senses. Stop the car, walk around, smell the air, feel the breeze, see the beauty. Savor and enjoy. The same is true of healthy eating. Choose your favorite recipes for fruits, veggies or a healthy meal. Now sit down, relax, breathe, turn off distractions and engage as many senses into the experience as you can. Take in the colors, textures, flavors and aroma. Slow down, use your senses and enjoy!"*

Annelies photograph will be featured in New York City's Times Square on an electronic banner throughout Registered Dietitian Nutritionist Day.

Annelies runs her own private practice in Saint George, Utah, and was previously a clinical and outpatient dietitian for Intermountain Healthcare. She became fascinated with nutrition and disease prevention at an early age and has always wanted to help prevent pain and suffering from chronic illness. As a Registered Dietitian Nutritionist, Annelies has helped people of all ages with complex chronic diseases, weight loss issues, family nutrition dynamics, sports nutrition and more in counseling and creating nutrition plans that fit. Today, she specializes in eating disorders and sports nutrition.

Special thank you to all volunteer leaders for your dedication to the Academy and the profession!

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

## 4400. Member Sponsorship Review Committee Pilot Update

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net <craytef@charter.net>, craytef@aces.edu <craytef@aces.edu>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'mgarner@ua.edu' <mgarner@ua.edu>, 'DeniceFenkoAdams@gmail.com' <DeniceFenkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>, carl@learntoeatright.com <carl@learntoeatright.com>, TJRaymond@aol.com <TJRaymond@aol.com>, Escott-Stump, Sylvia <ESCOTTSTUMPS@ecu.edu>, constancegeiger@cgeiger.net <constancegeiger@cgeiger.net>, Eileen.kennedy@tufts.edu <Eileen.kennedy@tufts.edu>, Kathy Wilson Gold <kathywilsongoldrd@gmail.com>, Maha.Tahiri@genmills.com <Maha.Tahiri@genmills.com>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Mar 08, 2016 14:57:22  
**Subject:** Member Sponsorship Review Committee Pilot Update  
**Attachment:** [Member Sponsorship Review Committee ChargeFINAL .pdf](#)

---

I am pleased to tell you that the sponsorship pilot evaluation is underway. A committee has been appointed for the duration of this one-year project and its work has begun. An introductory call took place last week to acquaint the group with the charge and to address any questions. The members are enthusiastic about the opportunity to serve and we are confident that they will provide us with the input we need to make the sponsorship program successful. Please see the attached for a list of committee members and a description of their charge. Special thanks to Cathy Christie for accepting the Chairmanship of this important group.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

## 4401. REMINDER: Share Your Opinions and Get Paid!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Mar 08, 2016 11:58:45  
**Subject:** REMINDER: Share Your Opinions and Get Paid!  
**Attachment:**

---

REMINDER: Share Your Opinions and Get Paid!

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

eatright Market Research Panel

Now you can share your opinions and influence products and services in the food and nutrition industry. As a member in the **eatright Market Research Panel**, we will ask you for your opinions about a wide range of topics. You choose how many and which surveys you would like to participate in and you can at any time terminate your panel membership.

Every time you participate in one of our surveys, you will be compensated up to \$15 depending on the length of the survey. All the information you provide will strictly be used for market research purposes and your personal information will never be shared with third parties without your express permission.

Enrollment in the **eatright Market Research Panel** does not affect membership status within the Academy of Nutrition and Dietetics. The Academy of Nutrition and Dietetics is not affiliated with and doesn't endorse any of the services/products and companies being surveyed.

**Ready to sign up, or would you like more information? Click the link below.**

eatright Market Research Panel

Sincerely,  
eatright Market Research Panel Staff

Share this mailing with your social network:

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4402. Daily News: Tuesday, March 8, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 08, 2016 11:14:13  
**Subject:** Daily News: Tuesday, March 8, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

### **Celebrate National Nutrition Month® 2016: Savor the Flavor of Eating Right**

As you engage on social media, make sure you are using the correct hashtag:

#NationalNutritionMonth

### **Academy of Nutrition and Dietetics Celebrates the Experts: March 9 Is Registered Dietitian Nutritionist Day**

<http://www.eatrightpro.org/resource/media/press-releases/national-nutrition-month/2016-rdn-day>

### **Gear up for National Nutrition Month**

<http://www.tallahassee.com/story/life/2016/03/07/gear-up-national-nutrition-month/81429464/>

### **How cancer cells fuel their growth**

<https://www.sciencedaily.com/releases/2016/03/160307144528.htm>

Source: *Developmental Cell*

[http://www.cell.com/developmental-cell/fulltext/S1534-5807\(16\)30036-3](http://www.cell.com/developmental-cell/fulltext/S1534-5807(16)30036-3)

### **Being 'out of shape' ups diabetes risk regardless of weight**

<http://www.reuters.com/article/us-health-adolescents-diabetes-risk-idUSKCN0W92ID>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=2499473>

Related Resource: EAL- Diabetes Mellitus Types 1 and 2 Systematic Review and Guideline

<http://www.anddeal.org/topic.cfm?menu=5305>

### **Body Fat May Be Bigger Health Danger Than Body Size**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/body-fat-health-news-300/body-fat-may-be-bigger-health-danger-than-weight-708758.html>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=2499472>



**Some popular diets are based on this carb-rating scale. Heres why it could be misleading.**

[https://www.washingtonpost.com/lifestyle/wellness/some-popular-diets-are-based-on-this-carb-rating-scale-heres-why-it-could-be-misleading/2016/03/07/b2294a52-dfe3-11e5-846c-10191d1fc4ec\\_story.html](https://www.washingtonpost.com/lifestyle/wellness/some-popular-diets-are-based-on-this-carb-rating-scale-heres-why-it-could-be-misleading/2016/03/07/b2294a52-dfe3-11e5-846c-10191d1fc4ec_story.html)

**Paleo-diet debates evolve into something bigger**

[https://www.washingtonpost.com/national/health-science/paleo-diet-debates-evolve-into-something-bigger/2016/03/07/792828ba-d690-11e5-be55-2cc3c1e4b76b\\_story.html](https://www.washingtonpost.com/national/health-science/paleo-diet-debates-evolve-into-something-bigger/2016/03/07/792828ba-d690-11e5-be55-2cc3c1e4b76b_story.html)

**Fasting Diets Are Gaining Acceptance**

<http://well.blogs.nytimes.com/2016/03/07/intermittent-fasting-diets-are-gaining-acceptance/?ref=health>

**Jail culinary program preaches power of food**

<http://www.chicagotribune.com/business/ct-jail-culinary-program-0306-biz-20160301-story.html>

**Startups see potential in 'ugly food' rejected by supermarkets**

<http://www.usatoday.com/story/news/2016/03/04/ugly-food-startup/80815244/>

**Lung cancer screening: New Canadian guideline**

<https://www.sciencedaily.com/releases/2016/03/160307124051.htm>

Source: *Canadian Medical Association Journal*

<http://www.cmaj.ca/content/early/2016/03/02/cmaj.151421>

**Company issues voluntary recall for popular applesauce snack amid complaints of mold**

<http://www.foxnews.com/health/2016/03/08/company-issues-voluntary-recall-for-popular-applesauce-snack-amid-complaints-mold.html>

Source: FDA

<http://www.fda.gov/Safety/Recalls/default.htm>

**FDA recalls Starbucks breakfast sandwiches amid listeria concerns**

<http://www.foxnews.com/health/2016/03/08/fda-recalls-starbucks-breakfast-sandwiches-amid-listeria-concerns.html>

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## 4403. Flight Itinerary

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 08, 2016 10:18:44  
**Subject:** Flight Itinerary  
**Attachment:**

---

Hi Donna, can you please send me a copy of your flight itinerary to Indianapolis at your convenience.

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

4404. Daily News: Monday, March 7, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 07, 2016 11:05:03  
**Subject:** Daily News: Monday, March 7, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **Celebrate National Nutrition Month® 2016: Savor the Flavor of Eating Right**

As you engage on social media, make sure you are using the correct hashtag:

#NationalNutritionMonth

#### **Your dietitian can help you to better health**

[http://www.winonadailynews.com/special-section/theresa-hoyles-your-dietitian-can-help-you-to-better-health/article\\_4d9a48a2-8b15-5044-aa2d-9c12970e0a5c.html](http://www.winonadailynews.com/special-section/theresa-hoyles-your-dietitian-can-help-you-to-better-health/article_4d9a48a2-8b15-5044-aa2d-9c12970e0a5c.html)

#### **On Registered Dietitian Nutritionist Day and Every Day: Academy of Nutrition and Dietetics Celebrates the Experts**

<http://www.eatrightpro.org/resource/media/press-releases/national-nutrition-month/on-registered-dietitian-nutritionist-day-and-every-day-academy-celebrates-the-experts>

#### **Consistent Self-Weighing Might Give Your Diet a Boost**

##### **Study suggests routinely checking weight enhanced dieters' confidence to resist food temptations**

(Study presented at a meeting of the American Heart Association)

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/dieting-to-lose-weight-health-news-195/more-frequent-self-weighing-might-boost-your-diet-s-success-708397.html>

#### **Obesity In America: As Healthcare Costs Rise, Hospitals Weigh New Ways Of Caring For Larger Patients**

<http://www.ibtimes.com/obesity-america-healthcare-costs-rise-hospitals-weigh-new-ways-caring-larger-patients-2325147>

#### **Pioneering approach to prevent peanut allergies in children provides ongoing protection, study shows**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/03/04/pioneering-approach-to-prevent-peanut-allergies-in-children-provides-lasting-protection-study-shows/>

Source: *New England Journal of Medicine*

[http://www.nejm.org/doi/full/10.1056/NEJMoa1514209?query=featured\\_home#t=articleTop](http://www.nejm.org/doi/full/10.1056/NEJMoa1514209?query=featured_home#t=articleTop)

Cited: *JAMA*

[http://www.nejm.org/doi/full/10.1056/NEJMoa1514210?query=featured\\_home](http://www.nejm.org/doi/full/10.1056/NEJMoa1514210?query=featured_home)

### **Could yogurt help lower high blood pressure?**

(Study presented at a meeting of the American Heart Association)

<http://www.medicalnewstoday.com/articles/307511.php>

### **The Always Hungry Teenage Boy**

[http://well.blogs.nytimes.com/2016/03/07/the-always-hungry-teenage-boy/?ref=health&\\_r=0](http://well.blogs.nytimes.com/2016/03/07/the-always-hungry-teenage-boy/?ref=health&_r=0)

Related Resource: Upcoming Webinar on Tuesday, March 22, 2016

Coming Together to Communicate the 2015-2020 Dietary Guidelines for Americans

<http://www.eatrightstore.org/product/B57297E2-8706-4B9F-923F-467ADD75189D>

### **Sodexo will blend mushrooms into burgers at school to boost produce consumption**

<http://www.foodnavigator-usa.com/Suppliers2/Sodexo-blends-mushrooms-in-burgers-at-schools-to-boost-produce-intake>

### **Losses in smell and taste are common with age -- and can cause big trouble**

(And a loss of pleasure in smelling and tasting food is not a minor problem, they say: it can lead to dangerous weight loss in some frail elders)

<http://www.usatoday.com/story/life/2016/03/06/smell-taste-loss-aging/81105980/>

Source: *Chem Senses*

<http://www.ncbi.nlm.nih.gov/pubmed/26487703>

### **Can Certain 'Poor Carb' Diets Raise Nonsmokers' Lung Cancer Risk?**

**Study suggests link for regimens rich in refined carbs, potatoes, but it can't prove cause-and-effect**

<http://consumer.healthday.com/cancer-information-5/lung-cancer-news-100/could-certain-high-carb-diets-up-lung-cancer-risk-for-non-smokers-708645.html>

Source: *Cancer Epidemiology, Biomarkers & Prevention*

<http://cebp.aacrjournals.org/content/25/3/532.abstract>

### **MedlinePlus: Latest Health News**

-ADHD Meds Tied to Lower Bone Density in Kids

One-quarter of children in study had lower-than-normal readings, but reasons aren't clear

-Climate-Related Changes in Food Production Could Lead to 500,000 Deaths

Research model predicts results for 2050

-Could Twitter Be a Recruitment Tool for Cancer Trials?

Study suggests it has untapped potential for linking patients to clinical trial enrollment websites

-Heavy Coffee Drinkers Show Lower Risk of Multiple Sclerosis

But the finding isn't reason enough to up your java intake, experts say

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

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In the subject line type unsubscribe.

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4405. Congratulations

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Mar 04, 2016 17:16:50  
**Subject:** Congratulations  
**Attachment:** [D. Martin Welcome.pdf](#)

---

Dear Donna,

Attached is correspondence from Academy president-elect Lucille Beseler and CEO Patricia Babjak.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
[www.eatright.org](http://www.eatright.org)

4406. National Nutrition Month® Update ... Wow!

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net <craytef@charter.net>, craytef@aces.edu <craytef@aces.edu>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'mgarner@ua.edu' <mgarner@ua.edu>, 'DeniceFenkoAdams@gmail.com' <DeniceFenkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>  
**Sent Date:** Mar 04, 2016 16:09:15  
**Subject:** National Nutrition Month® Update ... Wow!  
**Attachment:** [Picture \(Device Independent Bitmap\) 1.jpg](#)  
[Picture \(Device Independent Bitmap\) 2.jpg](#)  
[Picture \(Device Independent Bitmap\) 3.jpg](#)  
[Picture \(Device Independent Bitmap\) 4.jpg](#)

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It's only March 4 and already National Nutrition Month 2016 is off to a great start. We are promoting NNM on the Academy's social media channels, highlighting coverage in Daily News, posting new items to EatRightPRO.org and including a roundup every week in *Eat Right Weekly*. The promotion will continue throughout the month, especially on RDN Day on Wednesday, March 9. I hope you are as excited as we are about the celebration that is taking place. Here are just a few highlights.

### High Website Traffic and Social Media Outreach

On the first day of National Nutrition Month, we naturally expected a boost in traffic, but reality exceeded even our expectations. On March 1, nearly 30k unique users came to eatright.org (a 63 percent increase) for a total of 76,000 unique page views (up 87 percent). March 1-3, more than 73,000 unique users visited eatright.org. These visitors viewed more than 232,000 pages, of which



26 percent were specifically NNM articles and content. The National Nutrition Month direct email to members brought in more than 1,762 engaged users, who viewed an average of four pages and stayed on the website for more than four minutes (a long period of time for today's online audiences).

Our social media kit is a huge hit with members. It includes:

- Twitter Chat schedule (#NNMchat)
- Link to the Twibbon
- Animated GIFs in English and Spanish
- Static memes in English and Spanish
- Suggested social media messaging
- Facebook cover graphics
- Twitter background graphics

The official hashtag is #NationalNutritionMonth hashtag has been used more than 14,624 on social media by more than 10,358 unique authors for a reach of 19.3 million social media users and 69.3 million impressions made. The #NNMchat hashtag has been used 714 times by 270 unique authors for a reach of 566,000 users and 6.4 million impressions.

### **National Nutrition Month® Lit Up Times Square in New York City**

For the sixth consecutive year, the Academy and National Nutrition Month shined brightly in the lights over Times Square. Kicking off the month-long celebration, on Tuesday, March 1, the image and message appeared on a seven story billboard at the corner of 7th Avenue and 43rd street in New York City – a location that welcomes 1.5 million people a day. In addition, this photo has received the most engagement across four social media channels (EatRight and EatRightPRO) for a total of 35 retweets and 54 favorites on Twitter (4,282 impressions) and 1,755 likes, 287 shares, 18 comments and 86,303 people reached on Facebook.

### **Blogging NNM**

In a U.S. Department of Agriculture blog spotlighting National Nutrition Month, the Academy's President Dr. Evelyn Crayton, RDN, LDN, FAND, covered the importance of child nutrition programs and the need for nutrition education.

### **NNM Blog Roll**

Food and nutrition bloggers are letting people know what it means to savor the flavor of eating right. We have over 40 bloggers who are writing about National Nutrition Month®. Check out the direct links here

<http://www.eatright.org/resource/food/resources/national-nutrition-month/blogroll>

## **CMS Promotes NNM**

For the eighth consecutive year, the Centers for Medicare & Medicaid Services is sharing a message to providers during National Nutrition Month promoting the Medicare MNT benefit. The Provider e-newsletter, encouraged physicians to help their Medicare patients live healthier lives in 2016 by encouraging use of Medicare-covered nutrition-related services, including medical nutrition therapy. The full message has been posted on [EatRightPRO](#) and will be shared on all Academy communication channels.

## **NNM News Media Coverage (click on image to view broadcast news clip)**

## **Next week look for ...**

## **Coming Next Week**

In celebration of Registered Dietitian Nutritionist Day and in honor of the 2016 National Nutrition Month® theme ***Savor the Flavor of Eating Right*** members were asked “What’s the best way to help consumers savor the flavor of eating right?” We received more than 160 thoughtful and inspirational testimonials from members that confirm and support the value of RDNs’ services.

The winner of the 2016 Registered Dietitian Nutritionist Day contest will be announced on Wednesday, March 9. The winner’s profile will be featured on social media, email campaigns and *Eat Right Weekly*, in addition to the big prize of seeing his/her name and photo on a billboard in Times Square.

Please visit [www.eatright.org/NNM](http://www.eatright.org/NNM) today and encourage members to log on for:

- National Nutrition Month celebration toolkit
- Event ideas for Registered Dietitian Nutritionist Day
- NNM 2016 PowerPoint presentation
- How to Request a NNM Proclamation from the governor or mayor
- Marketing toolkit

- Social media toolkit and messaging
- Press releases
- Public service announcements

As always, please let me know if you have any questions.

Best regards,

**Patricia M. Babjak**

***Chief Executive Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4856

**[pbabjak@eatright.org](mailto:pbabjak@eatright.org) | [www.eatright.org](http://www.eatright.org)**

**[Twitter](#) | [Facebook](#) | [LinkedIn](#) | [YouTube](#)**

## 4407. Discounts on Selected Publications in Your Field

**From:** eatrightSTORE <eatrightstore@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 04, 2016 14:02:48  
**Subject:** Discounts on Selected Publications in Your Field  
**Attachment:**

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Academy of Nutrition and Dietetics Email

Having trouble viewing this e-mail? View it in your browser.

Connect with Us:

Celebrate National Nutrition Month by enjoying up to 40% off of Academy publications!

**365 Days of Healthy Eating** - Practical hints, tips and strategies - one for each day of the year - for keeping healthy eating and regular exercise at the top of your daily agenda.

**Complete Food and Nutrition Guide, 4<sup>th</sup> ed.** - Packed with the latest nutrition advice for every age and stage of life.

**Cooking Healthy Across America** - Written by a panel of experienced dietitians and culinary professionals, this cookbook includes over 350 mouth-watering recipes.

**Healthy Beef Cookbook** - Exciting new ways to use lean beef in everything from quick suppers to special meals.

Check out additional resources and exclusive discounts available to you at the **EatRight Store today!**

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4408. Daily News & Journal Review: Friday, March 4, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 04, 2016 12:04:06  
**Subject:** Daily News & Journal Review: Friday, March 4, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **Celebrate National Nutrition Month® 2016: Savor the Flavor of Eating Right**

As you engage on social media, make sure you are using the correct hashtag:

#NationalNutritionMonth

### **For the sixth year in a row, the Academy of Nutrition and Dietetics and National Nutrition Month® shined bright in the lights over Times Square**

<http://www.eatrightpro.org/resource/news-center/member-updates/events-and-deadlines/national-nutrition-month-lights-up-times-square>

### **ADA Issues Recs for Management of Diabetes in Primary Care**

**Recommendations in eight areas focus on individualized care to manage the disease**

<http://www.physiciansbriefing.com/Article.asp?AID=708481>

Source: *Annals of Internal Medicine*

Diagnosis and Management of Diabetes: Synopsis of the 2016 American Diabetes Association Standards of Medical Care in Diabetes

<http://annals.org/article.aspx?articleid=2498492>

Related Resource: USDA - Nutrition Roadmap Aims to Advance Research to Provide More Individualized Advice

<http://www.usda.gov/wps/portal/usda/usdahome?contentid=2016/03/0057.xml&contentidonly=true>

### **Better (medication) Adherence Didn't Equal Better Outcomes in T2D**

**No significant change in BMI, HbA1c, or blood pressure**

[http://www.medpagetoday.com/MeetingCoverage/HIMSS/56509?xid=nl\\_mpt\\_DHE\\_2016-03-03&eun=g94186d0r](http://www.medpagetoday.com/MeetingCoverage/HIMSS/56509?xid=nl_mpt_DHE_2016-03-03&eun=g94186d0r)

Related Resource: MNT Advocacy: RDs Provide Better Health Outcomes

This one-pager highlights data that demonstrate how RDNs help clients achieve better health outcomes

<http://www.eatrightstore.org/product/CC3D80C5-7A69-4206-9532-994DE3969A1B>

### **USDA/Economic Research Service**

**-Federal funding for nutrition research has grown**

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=56821&ref=collection>

Source: *Improving Health Through Nutrition Research: An Overview of the U.S. Nutrition Research System*

<http://www.ers.usda.gov/publications/err-economic-research-report/err182.aspx>

### **Annual Visit Rate for Obesity Is 49 Visits Per 1,000 Persons**

**Visits for obesity more likely to include height, weight, BP assessments; blood glucose, lipid testing**

<http://www.physiciansbriefing.com/Article.asp?AID=708664>

Source: CDC

<http://www.cdc.gov/nchs/data/databriefs/db237.htm>

Related Resource: Meeting the Need for Obesity Treatment: A Toolkit for the RD/PCP Partnership

<http://www.eatrightstore.org/product/2A2A053E-FC9C-4AE6-9D88-7E049745E750>

### **What these ancient statuettes of obese people say about Paleo diets**

<https://www.washingtonpost.com/news/wonk/wp/2016/03/03/what-these-ancient-statuettes-of-obese-people-say-about-paleo-diets/>

### **Breakfast Week spotlights morning meal**

[http://www.parispi.net/news/local\\_news/article\\_76c4f300-dfd2-11e5-be96-b7b5a33e175e.html](http://www.parispi.net/news/local_news/article_76c4f300-dfd2-11e5-be96-b7b5a33e175e.html)

Related Resource: Breakfast in Schools: Healthy & Nutritious

<http://www.eatright.org/resource/food/nutrition/eat-right-at-school/breakfast-in-schools-healthy-and-nutritious>

### **CDC Says Hospitals Making Progress Against 'Superbugs'**

**But hundreds of thousands are still infected each year, experts report**

<http://consumer.healthday.com/infectious-disease-information-21/misc-infections-news-411/cdc-says-hospitals-are-making-progress-against-superbugs-708682.html>

Source: CDC Vital Signs: Protect patients from antibiotic resistance

<http://www.cdc.gov/vitalsigns/protect-patients/index.html>

### **America's Germiest Hospitals? The Answer May Surprise You**

<http://www.nbcnews.com/health/diet-fitness/america-s-germiest-hospitals-answer-may-surprise-you-n531201>

### **Sen. Merkley introduces new GMO labeling bill backed by Campbell Soup, Amy's Kitchen, but critics say it cant pass**

(Two days after Senator Pat Roberts voluntary GMO labeling bill got the green light from the Senate agriculture committee, Senator Jeff Merkley\* (D-OR) has introduced a common-sense alternative he claims will please supporters of mandatory GMO labeling, but offer the food industry a more palatable means of presenting this information)

<http://www.foodnavigator-usa.com/Regulation/Sen.-Merkley-unveils-new-GMO-labeling-bill->

backed-by-Campbell-Soup

## Journal Review

### ***Journal of the Academy of Nutrition and Dietetics*, March 2-3, 2016, Online First**

<http://www.andjrn.org/inpress>

- The Effects of Increased Protein Intake on Fullness: A Meta-Analysis and Its Limitations
- Clinical Ethics and Nutrition Support Practice: Implications for Practice Change and Curriculum Development

### ***Annals of Internal Medicine*, March 1, 2016, Online First**

<http://annals.org/onlineFirst.aspx>

- Diagnosis and Management of Diabetes: Synopsis of the 2016 American Diabetes Association Standards of Medical Care in Diabetes

### ***European Journal of Clinical Nutrition*, March 2016**

<http://www.nature.com/ejcn/journal/v70/n3/index.html>

- Are edible insects more or less healthy than commonly consumed meats? A comparison using two nutrient profiling models developed to combat over- and undernutrition
- Intermittent energy restriction and weight loss: a systematic review
- Intakes of folate, vitamin B6 and B12 and risk of depression in community-dwelling older adults: the Quebec Longitudinal Study on Nutrition and Aging

### ***Health Promotion Practice*, March 1, 2016, Online First**

<http://hpp.sagepub.com/content/early/recent>

- Rethink Your Drink: Reducing Sugar-Sweetened Beverage Sales in a Childrens Hospital

### ***Journal of Health Psychology*, February 29, 2016, Online First**

<http://hpq.sagepub.com/content/early/recent>

- Barriers and facilitators of obesity management in families of youth with emotional and behavioral disorders
- The role of familism in weight loss treatment for Mexican American women

### ***Journal of Nutrition, Health & Aging*, March 2016**

<http://link.springer.com/journal/12603/20/3/page/1>

- Primary sarcopenia in older people with normal nutrition
- Handgrip strength cutoff points to identify mobility limitation in community-dwelling older people and associated factors

### ***Journal of Parenteral & Enteral Nutrition*, March 2016**

<http://pen.sagepub.com/content/40/3.toc>

- Identifying the Barriers and Enablers to Nutrition Care in Head and Neck and Esophageal



## Cancers: An International Qualitative Study

- Prevalence and Contents of Advance Directives in Patients Receiving Home Parenteral Nutrition
- What Are Adults With Inflammatory Bowel Disease (IBD) Eating? A Closer Look at the Dietary Habits of a Population-Based Canadian IBD Cohort

### ***Lancet*, March 5, 2016**

<http://www.thelancet.com/journals/lancet/issue/current>

- Blood pressure lowering for prevention of cardiovascular disease and death: a systematic review and meta-analysis

### ***Lancet, Diabetes & Endocrinology*, March 1, 2016, Online First**

<http://www.thelancet.com/journals/landia/onlineFirst>

- Maternal gestational vitamin D supplementation and offspring bone health (MAVIDOS): a multicentre, double-blind, randomised placebo-controlled trial

### ***Pediatrics*, March 2016**

<http://pediatrics.aappublications.org/content/137/3>

- Dietary Fiber Intake in Young Adults and Breast Cancer Risk
- Impact of Donor Milk Availability on Breast Milk Use and Necrotizing Enterocolitis Rates
- Obesity and Mortality Risk in Critically Ill Children

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In the subject line type unsubscribe.

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4409. RE: Board Retreat dates

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 03, 2016 10:33:45  
**Subject:** RE: Board Retreat dates  
**Attachment:**

---

Hi Donna,

The dates for the Board annual retreat are July 9 – July 11, 2016 in Charleston, South Carolina at the Mills House Wyndham Grand Hotel – arriving on July 8. A tentative schedule will be sent to the BOD next week.

Please let me know if you need anything else.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]

**Sent:** Thursday, March 03, 2016 9:00 AM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Board Retreat dates

Joan, Can you please send me the dates for the board retreat in Charleston! Thanks!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

4410. DATE EXTENSION: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**From:** Carrolyn Patterson <CPatterson@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFerkoAdams@gmail.com <DeniceFerkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Mar 03, 2016 10:20:17  
**Subject:** DATE EXTENSION: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation  
**Attachment:**

---

Hello All,

The date to complete the CEO Performance Evaluation has been extended to Monday, March 7<sup>th</sup>

.

Please see below for the link to survey and do not hesitate to call with any questions.

Thanks,

Carrolyn

Carrolyn Patterson, MBA

Senior Director, Human Resources and Office Services

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Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

[www.eatright.org](http://www.eatright.org)

**From:** Carolyn Patterson

**Sent:** Monday, February 15, 2016 10:49 AM

**To:** 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; [craytef@charter.net](mailto:craytef@charter.net); 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; [connors@ohsu.edu](mailto:connors@ohsu.edu); 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; 'Garner, Margaret' <[MGarner@cchs.ua.edu](mailto:MGarner@cchs.ua.edu)>; [DMartin@Burke.k12.ga.us](mailto:DMartin@Burke.k12.ga.us); 'Aida Miles-school' <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[easaden@aol.com](mailto:easaden@aol.com)>; [DeniceFenkoAdams@gmail.com](mailto:DeniceFenkoAdams@gmail.com); [Michele.D.Lites@kp.org](mailto:Michele.D.Lites@kp.org); [michelelites@sbcglobal.net](mailto:michelelites@sbcglobal.net); 'Catherine Christie' <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; [Tammy.randall@case.edu](mailto:Tammy.randall@case.edu); [dwheller@mindspring.com](mailto:dwheller@mindspring.com); [dwbradley51@gmail.com](mailto:dwbradley51@gmail.com); [steve.miranda44@gmail.com](mailto:steve.miranda44@gmail.com); [jean.ragalie-carr@dairy.org](mailto:jean.ragalie-carr@dairy.org)

**Cc:** Patricia Babjak <[PBABJAK@eatright.org](mailto:PBABJAK@eatright.org)>

**Subject:** On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**Importance:** High

TO: Academy Board of Directors

FROM: Dr. Evelyn F. Crayton

One of our Board responsibilities is to annually evaluate the CEO's performance. As you know, we made a few edits to the CEO performance evaluation form this year. It is time for us Board members to complete section II of the evaluation - Competency Evaluation. It is available on survey monkey. Prior to doing the evaluation, take a look at Board agendas, general communications to the Board, CEO summary reports in Board meeting packets, executive session discussions with Pat as well as minutes from our Board meetings.

Please complete the questionnaire by Tuesday, March 1, 2016. The Compensation Committee will summarize the responses, provide you with a summary report and recommendation regarding the CEO base salary for 2016-17 that will be discussed and voted on during the Executive Session of the May Board meeting. Let me know if you have any questions.

Thank you for participating!

TO BEGIN THE SURVEY click or copy this link into your browser:

<https://www.surveymonkey.com/r/GP8MMK5>

The survey does not need to be completed in one sitting. If you wish to exit the survey and return to complete it later, please feel free to do so. Prior to the deadline, you will be able to log back in and resume the survey from where you left off by using the link above, which is unique to you.

If you have any questions about the evaluation, please contact me at [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

.

Thank you!

Evelyn

Dr. Evelyn F. Crayton, EdD, RDN, LDN, FAND

Professor Emeritus, Auburn University Director, Living Well Associates, LLC

124 Elm Drive, Montgomery, AL 36117

(334) 272-3487/(334) 220-3061 (cell) [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

4411. Eat Right Weekly - March 2, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 02, 2016 14:51:44  
**Subject:** Eat Right Weekly - March 2, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that affects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

March 2, 2016

[Quick Links: On the Pulse of Public Policy | CPE Corner | Career Resources | Research Briefs](#)  
[Academy Member Updates | Philanthropy, Awards and Grants](#)

## ON THE PULSE OF PUBLIC POLICY

### FY 2017 Funding: What to Expect Next

Congressional appropriations subcommittees are holding hearings with high-level officials from every federal department to discuss Fiscal Year 2017 budget requests. Hearings include "outside witness testimony" providing recommendations on the agency's budget priorities. The Academy has been asked to provide expertise and input on allocating federal funding and will submit it in the coming weeks.

[Learn More](#)

### Academy Presents at FRAC and Feeding America Anti-Hunger Conference

Anti-hunger and anti-poverty advocates came to Washington, D.C., recently for three days of training, networking and Capitol Hill advocacy. The Academy was invited to speak on state and local partnerships to support healthy meals and snacks for program providers. Presentations focused on the structure of affiliates and dietetic practice groups with expertise, materials and resources to support healthy, appealing meals and snacks in the Child and Adult Care Food Program and to increase participation; and ways to engage more dietetic interns with CACFP programs.

[Learn More](#)

### Academy Joins Pew Charitable Trusts in School Nutrition Advocacy

The Kids Safe and Healthful Food Project at Pew Charitable Trusts, led by Academy member

Jessica Donze Black, MPH, RD, hosted more than 80 school nutrition leaders to advocate for healthy school meals. The Academy will join Pew to rally member leaders and grassroots to advocate for the Senate Agriculture Committee's Child Nutrition Reauthorization bill, which recently passed out of committee and awaits a vote in the full Senate.

[Learn More](#)

#### Academy Comments to USDA on Dietary Guidelines Process

The Academy presented oral comments to the U.S. Department of Agriculture's Center for Nutrition Policy and Promotion, addressing the efficacy and thoroughness of the process that developed the 2015 *Dietary Guidelines for Americans*. Academy member Angela Tagtow, MS, RD, LD, executive director of the USDA's Center for Nutrition Policy and Promotion, will testify this week on USDA's Fiscal Year 2017 budget request before the House Appropriations Subcommittee on Agriculture, Rural Development, Food and Drug Administration and Related Agencies.

#### Many Opportunities to Offer Input on Proposed Regulations and Government Initiatives

Make a difference by helping federal agencies refine and improve multiple proposed regulations affecting everything from food labeling (such as GMOs and use of the term "natural") to opportunities to reform any regulations that are burdensome or out of date to initiatives that touch on almost every area of dietetics practice. Members are encouraged to work with your dietetic practice groups to submit input on these initiatives, which are detailed in the Public Policy Weekly News and on the Academy's website.

[Learn More](#)

#### CPE CORNER

##### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

##### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

##### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)



### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa., and June 10 to 12 in Salt Lake City, Utah.

[Learn More](#)

## CAREER RESOURCES

### Kids Eat Right Resources for National Nutrition Month

View a one-hour webinar to learn about the many resources available to Academy members through Kids Eat Right and how you can get involved - during National Nutrition Month and year-round.

[Learn More](#)

### From ACEND: March Communication and Virtual Town Hall Meeting

The Accreditation Council for Education in Nutrition and Dietetics' March communication addresses questions about the draft 2017 standards and discusses changes for supervised practice. The draft standards will be discussed at ACEND's virtual town hall meeting on March 10.

[Learn More](#)

### Continue Academy Benefits: Renew Your Membership

Academy membership renewal for 2016-2017 is now open. Renew by calling the Member Service Center at 800/877-1600, ext. 5000 (weekdays, 8 a.m. to 5 p.m., Central time), or online.

[Learn More](#)

### Find Your Next Employee and Save

Recruit practitioners for your organization and receive discounted pricing of almost 50 percent for a 30-day post.

[Learn More](#)

### HIMSS Conference Includes Nutrition in Health Information Technology

The HIMSS2016 Conference and Exhibition, running through March 4 in Las Vegas, Nev., includes a presentation on nutrition content in an emerging health IT standard. One of the speakers will be Academy member Margaret Dittloff, MS, RD, who has chaired the Academy's Informatics Committee and the Interoperability and Standards Committee. The Academy is a nonprofit partner and endorser of HIMSS2016.

[Learn More](#)

### ASPHN Resource on Nutrition and Title V Block Grant

The Association of State Public Health Nutritionists announced the release of "Incorporating Nutrition into the Title V MCH Services Block Grant National Performance Measures." The document lists nutrition-related, evidence-based or evidence-informed strategy measures to help states achieve the National Outcome Measures and National Performance Measures in Title V.

[Learn More](#)

## RESEARCH BRIEFS

### Study Shows Effectiveness of Renal Dietitians

The presence of renal dietitians in hemodialysis unit shows significantly improved outcomes in patients, according to a new study.

[Learn More](#)

### ANDHII: Capture Nutrition Outcomes

Learn how to capture nutrition outcomes in your practice - then, use the outcomes to help patients and promote you and your profession.

[Learn More](#)

### DPBRN Offers Free CPE to Members

Free continuing education credits are available to members of the Dietetics Practice Based Research Network. Email [DPBRN@eatright.org](mailto:DPBRN@eatright.org) with your member number to join.

## ACADEMY MEMBER UPDATES

### Election Voting Percentage Increases in 2016

The Nominating Committee is proud to announce that the percentage of members who

participated in the Academy's 2016 national election rose from 9 percent in 2015 to nearly 13 percent in 2016. Congratulations to the Academy's newly elected leaders and special thanks to every member who voted.

[Learn More](#)

### It's National Nutrition Month

National Nutrition Month has arrived. Help promote the 2016 message *Savor the Flavor of Eating Right*. Promotional items including drinkware, classroom products, kits and cooking gadgets featuring the vibrant NNM 2016 graphic. Place your order in the online catalog.

[Learn More](#)

### Academy Contributes to USDA Blog: Growing Healthy Bodies and Minds

The Academy continues to be a leading advocate for comprehensive nutrition education throughout child nutrition programs, honoring members working with programs that lead to a healthier next generation. In a U.S. Department of Agriculture blog spotlighting National Nutrition Month, the Academy's President Dr. Evelyn Crayton, RDN, LDN, FAND, writes on the importance of child nutrition programs and the need for nutrition education.

[Learn More](#)

### Savor the Flavor of Eating Right with PSAs

To celebrate National Nutrition Month across the nation's airwaves, the Academy has developed audio public service announcements. These PSAs have been distributed to radio stations and are available on the Academy's website.

[Learn More](#)

### Members Assist during Lead Crisis

The lead crisis in Flint, Mich., and elsewhere continues, and Academy members are helping communities understand how to mitigate the impact of lead exposure and poisoning. Academy member Amanda Gallaher, MPH, RD, will lead a March 23 public workshop in Flint describing how child care providers can fight lead contamination with good nutrition.

[Learn More](#)

### Cancer Society Blog Spotlights Oncology Dietitians

Academy members Maureen Gardner, MA, RDN, CSO, and Annette M. Goldberg, MS, MBA, RDN, LDN, were profiled recently on the American Cancer Society's website, giving "an inside look at how nutrition and oncology work together in cancer care."

[Learn More](#)

### International Congress of Dietetics

Granada, Spain, will host the XVII International Congress of Dietetics from September 7 to 10. The theme of ICD Granada 2016 is sustainability: protecting the environment, improving quality of life through a sustainable food industry and associating with people who promote food production

in nearby geographic areas.

[Learn More](#)

## PHILANTHROPY, AWARDS AND GRANTS

### March Monthly Message from Foundation Chair

Read about the importance of National Nutrition Month and more in the March message from Foundation Chair Jean Ragalie-Carr, RDN, LDN, FAND.

[Learn More](#)

### Application Deadline Extended to March 29: Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

This fund provides up to two \$1,100 awards for essays describing new approaches, including the application of technology, to feed the hungry by maximizing underutilized food resources or through a fresh produce program reducing food wastage. The deadline to submit essays is March 29. Email Amy Donatell for more information.

[Learn More](#)

### New Future of Food Toolkit: 'Tossed Treasures'

Help others understand issues related to wasted food and what everyone can do to waste less food. Download the new Kids Eat Right Future of Food "Tossed Treasures" toolkit, available in English and Spanish.

[Learn More](#)

### April 1 Deadline: Future of Food Mini-Grants

To support the use of the new "Tossed Treasures" toolkit, 25 grants of \$200 are available. Recipients agree to give two presentations from the new toolkit between April 11 and June 10. The toolkit and mini-grant opportunity was made possible through an educational grant from National Dairy Council. The application deadline is April 1.

[Learn More](#)

### Application Deadline Extended to April 1: Ruby P. Puckett/Elizabeth Frakes Food Management Continuing Education Award

Two awards - of up to \$2,000 each - provide continuing professional education credit to assist qualified professionals' attendance at the Academy's Food and Nutrition Conference & Expo or another conference related to food and nutrition management. The application deadline is April 1.

[Learn More](#)

### Application Deadline Extended to April 1: Barbara Ann F. Hughes - NEP DPG Continuing Education Award

Are you planning to attend the Academy's Public Policy Workshop? This \$1,000 award provides educational stipends for nutrition professionals on the subjects of policy initiatives, advocacy and

private practice. Preference is given to members of the Nutrition Education for the Public dietetic practice group. The application deadline is April 1.

[Learn More](#)

#### April 1 Application Deadline: Foundation Research Grants

*This grant will provide essential funding to delve deeper into the health benefits of culinary spices. I am grateful to have the opportunity to contribute research which may lead to an increase in quality of life.* - Erin O'Hora, PhD, MS, RDN, LDN, 2015 McCormick Science Institute Research Award. The Foundation's named research funds are available annually to Academy members at all levels of practice. Grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline is April 1.

[Learn More](#)

#### During National Nutrition Month: Honor a Mentor with a Tribute Gift

Honoring a mentor while making a gift to your Foundation is a great way to recognize the special people who make a difference in your life, while making an important investment in the future of the dietetics profession. Your friend, colleague or loved one's family will be notified of your thoughtfulness through a personalized acknowledgement card. Contact Martha Ontiveros at 312/899-4773 or [montiveros@eatright.org](mailto:montiveros@eatright.org).

[Learn More](#)

#### Smart from the Start Awards

Preschool teachers are encouraged to apply for awards (\$20,000 grand prize and \$2,500 for 10 runners-up) to create practical, long-term improvements in nutrition and physical activity at their school.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4412. RE: Just a short note ...

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 02, 2016 13:42:27  
**Subject:** RE: Just a short note ...  
**Attachment:** [image001.jpg](#)

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Donna,

You have always been a diamond and I will do my very best to make you shine even more brilliant! We have a very talented writer on my team that will interview you and will scribe whatever you need written (speeches, presentations, president's pages, etc.). His name is Tom Ryan and he is one of the best.

I absolutely LOVE your new motto and will use it with my team. It will definitely resonate with members of all ages because no matter where we are in life, we can never stop dreaming and together, we can make the dream a reality.

Call me whenever you need ANYTHING J

Congrats, again!

Doris

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Wednesday, March 02, 2016 12:13 PM  
**To:** Doris Acosta <dacosta@eatright.org>  
**Subject:** Re: Just a short note ...

Doris, You and I will obviously become best friends over the next three years! Just know that I will try my very best and will listen to you and count on you. It means a lot to me that you have reached out to me. I am excited, honored and humbled by all of this. While I am sure I will be challenging to work with, as my writing skills are not the best, I do hope to make up for all that in my presentation skills and enthusiasm. The other area you will not have to worry about is, the fact that I will always respect you, and treat you with respect. We will be a winning team together. My new motto is "teamwork makes the dream work". Let's start dreaming!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Doris Acosta <dacosta@eatright.org>

**Sent:** Wednesday, March 2, 2016 1:01 PM

**To:** Donna Martin

**Subject:** Just a short note ...

Dear Donna,

Congratulations Madam President-Elect Elect! I was on vacation last week and was elated to hear that you are our incoming President-Elect for 2016-2017. I look forward to working closely with you and am here for you. If there is anything I can do, please do not hesitate to ask.

You truly are an amazing woman and an inspirational leader. We are all so proud of all you do for the organization and the profession.

Best regards,

**Doris Acosta**

***Chief Communications Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995



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800/877-1600, ext. 4822

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**[Twitter](#) | [Facebook](#) | [LinkedIn](#) | [YouTube](#)**

4413. Just a short note ...

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 02, 2016 13:04:56  
**Subject:** Just a short note ...  
**Attachment:** [Picture \(Device Independent Bitmap\) 1.jpg](#)

---

Dear Donna,

Congratulations Madam President-Elect Elect! I was on vacation last week and was elated to hear that you are our incoming President-Elect for 2016-2017. I look forward to working closely with you and am here for you. If there is anything I can do, please do not hesitate to ask.

You truly are an amazing woman and an inspirational leader. We are all so proud of all you do for the organization and the profession.

Best regards,

**Doris Acosta**  
***Chief Communications Officer***

120 S. Riverside Plaza, Suite 2000

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**[www.eatright.org](http://www.eatright.org)**

**[Twitter](#)**| **[Facebook](#)**| **[LinkedIn](#)**| **[YouTube](#)**

#### 4414. Childhood Weight Management Program Competencies and Indicators

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** Hassink, Sandra <Sandra.Hassink@nemours.org>, Copperman, Nancy <NCopper@northwell.edu>, daktah@gmail.com <daktah@gmail.com>, dkibbe@gsu.edu <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, cajohn25@Central.UH.EDU <cajohn25@Central.UH.EDU>, mhoranrd@gmail.com <mhoranrd@gmail.com>, Shelley.Kirk@cchmc.org <Shelley.Kirk@cchmc.org>, Gail Frank <Gail.Frank@csulb.edu>, isadora.v.nogueira@gmail.com <isadora.v.nogueira@gmail.com>, Dana E Gerstein <degerstein@ucanr.edu>  
**Cc:** Kathy Cobb <kathy.cobb@snet.net>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Mar 02, 2016 13:01:57  
**Subject:** Childhood Weight Management Program Competencies and Indicators  
**Attachment:** [Childhood and Adolescent Weight Management Program - Competencies2015.docx](#)  
[Self-Study Module - Childhood docx.docx](#)

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Attached are the competencies and performance indicators for the on-site program and self-study module. We plan to distribute these documents to the program participants and include on the CDR website.

The full Essential Practice Competencies document is available on the CDR website at [https://admin.cdrnet.org/vault/2459/web/files/FINAL-CDR\\_Competency.pdf](https://admin.cdrnet.org/vault/2459/web/files/FINAL-CDR_Competency.pdf).

Please review and let me know if you have any changes by Friday, March 11, 2016.

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

4415. RE: Update Bio and Handouts Request

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 02, 2016 12:45:38  
**Subject:** RE: Update Bio and Handouts Request  
**Attachment:**

---

Thank you. Here are the instructions to upload your presentation:

**If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files. However, if the file is not too large, you can email it to me. I will acknowledge receipt of the e-mail.**

1. Go to [www.cdrnet.org](http://www.cdrnet.org)
2. To login choose the "Login" option on the upper right-hand side of the page.
  1. Sign-in using your Academy/CDR username and password.
  2. On the purple banner, hover over the "Portal" option on the right-hand side and choose the "Library" option from the drop-down menu.
  3. Click on the "2016 Childhood Faculty PowerPoint Files and Handouts" link located to the left.
  4. Click on the "Upload Multiple Files" link located in the gray menu bar.
  5. Scroll down to the bottom of the grey area and click on "add files" button (lower left side)
  6. Browse for your file.
  7. Click open.
  8. To add another file choose "Add Files" button again to add another file to the list.
  9. When you have all the files that you would like to add, click on the "Start Upload" button (lower left side). When upload had finished press "Continue."
  10. Don't pay attention to the list of folder. Just stroll down to the bottom of the page and click on "Complete Upload" bar.
  11. When you are done, please logout (upper right hand corner).

**I will added faculty presentations to the box.net secured site as they become available for your review in order to eliminate any overlapping. The due date for your PowerPoint presentation and handouts is Monday, March 7, 2016.**

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]

**Sent:** Wednesday, March 02, 2016 11:38 AM

**To:** Pearlie Johnson <PJohnson@eatright.org>

**Subject:** Re: Update Bio and Handouts Request

Here is my updated bio, thanks for asking! Do we have the link to upload our presentations?

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Pearlie Johnson <PJohnson@eatright.org>

**Sent:** Tuesday, March 1, 2016 12:56 PM

**To:** Donna Martin

**Subject:** Update Bio and Handouts Request

Hi Donna,

Attached is the bio we have on file for you. Do you wish to update?

Also, I have attached your handouts for your session. Please let me know if you wish to make any changes.

...and congratulations on the election. Praise God.

Thanks.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
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pjohnson@eatright.org



## 4416. Post-Test Review

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** Hassink, Sandra <Sandra.Hassink@nemours.org>, Copperman, Nancy <NCopper@northwell.edu>, daktah@gmail.com <daktah@gmail.com>, dkibbe@gsu.edu <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, cajohn25@Central.UH.EDU <cajohn25@Central.UH.EDU>, mhoranrd@gmail.com <mhoranrd@gmail.com>, Shelley.Kirk@cchmc.org <Shelley.Kirk@cchmc.org>, Gail Frank <Gail.Frank@csulb.edu>, isadora.v.nogueira@gmail.com <isadora.v.nogueira@gmail.com>, Dana E Gerstein <degerstein@ucanr.edu>  
**Cc:** Kathy Cobb <kathy.cobb@snet.net>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Mar 02, 2016 10:17:03  
**Subject:** Post-Test Review  
**Attachment:** [Post-Test With Performance - Sept 2015.doc](#)

---

Attached is the post-test with the performances. Please let me know if there are any changes by Friday, March 11, 2016.

Please note that questions 16 and 38 did not performance well for the last two program.

16) Which of the following physical findings in an overweight boy would be the most likely to indicate the weight status is a result of a genetic syndrome or hormonal deficiency?

- a) Bowed legs
- b) Short stature
- c) Gynecomastia
- d) Acanthosis nigricans

**Performance: 48%- March 2015**

**Performance: 52%- September 2015**

Source: Jacobson

38) Roux-en-y gastric bypass (RYGB) and vertical sleeve gastrectomy (VSG) work primarily through the mechanism of:

- e) Physical restriction of the stomach
- f) Physiological hormonal changes that influence hunger and satiety levels
- g) Malabsorption
- h) None of the above

**Performance: 70%- March 2015**

**Performance: 61%- September 2015**

Source: Isadora N.

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

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phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

4417. congrats

**From:** Susan Burns <Sburns@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 02, 2016 10:04:07  
**Subject:** congrats  
**Attachment:**

---

Hi Donna. I have been thinking of you all week. I am sure you have been inundated with emails, but wanted to congratulate you Madam President-elect! I am looking forward to working with you again. Such a great way to celebrate the Academy's 100<sup>th</sup> Anniversary.

**Susie**

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

312-899-4752

[www.eatright.org/foundation](http://www.eatright.org/foundation)

4418. RE: Whoa!

**From:** Katie Brown <kbrown@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 01, 2016 20:38:46  
**Subject:** RE: Whoa!  
**Attachment:**

---

Ditto to you!

--Katie

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Tuesday, March 01, 2016 6:53 PM  
**To:** Katie Brown <kbrown@eatright.org>  
**Subject:** Re: Whoa!

Katie, thanks for the support. This is all God's doing and I know he is not going to let me down. I will be looking to you for support and guidance as we take the Academy to new heights. My new motto is teamwork makes the dream work and I am counting on you being on the team! You are a most important player. Excited, honored and humbled!!!

Sent from my iPhone

On Mar 1, 2016, at 6:33 PM, Katie Brown <kbrown@eatright.org> wrote:

Well, your faith and prayers were right on target! Congratulations! This is an amazing time to be a bold leader in the Academy, and I can't think of anyone better for the role as our next President! So excited for you!

Hugs and a big high five!

--Katie



4419. Whoa!

**From:** Katie Brown <kbrown@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Mar 01, 2016 18:33:47  
**Subject:** Whoa!  
**Attachment:**

---

Well, your faith and prayers were right on target! Congratulations! This is an amazing time to be a bold leader in the Academy, and I can't think of anyone better for the role as our next President! So excited for you!

Hugs and a big high five!

--Katie

## 4420. January Board Minutes

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFenkoAdams@gmail.com <DeniceFenkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Mar 01, 2016 18:19:11  
**Subject:** January Board Minutes  
**Attachment:** [Att 1.1 January 12-13, 2016 MinutesDRAFT.doc](#)

---

Attached are the draft minutes for the January 12-13 Board meeting. Please make your editorial changes to provide time to focus our discussions on substantive issues at the March Board meeting.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
 120 S. Riverside Plaza, Suite 2000



Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

4421. Celebrate National Nutrition Month®!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 01, 2016 13:33:04  
**Subject:** Celebrate National Nutrition Month®!  
**Attachment:**

---

Celebrate National Nutrition Month®!

Having trouble viewing this e-mail? [View it in your browser.](#)

March 1 opens the month-long celebration of National Nutrition Month®, the Academy's nutrition education and information campaign. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits. In addition, National Nutrition Month® promotes the Academy and its members to the public and media as the most valuable and credible source of timely, scientific-based food and nutrition information.

The theme for 2016 is *Savor the Flavor of Eating Right*, which encourages everyone to take time to enjoy food traditions and appreciate the pleasures, great flavors and social experiences food can add to our lives. How, when, why and where we eat are just as important as what we eat. Develop a mindful eating pattern that includes nutritious and flavorful foods that's the best way to savor the flavor of eating right!

For merchandise, games, tip sheets and additional resources to use in your celebration, visit the National Nutrition Month® website.

Lets get our Savor the Flavor celebration trending! As you engage on social media, make sure you are using the hashtag: **#NationalNutritionMonth**

Share this mailing with your social network:

This National Nutrition Month email was sent to you from the Academy of Nutrition and Dietetics. If you prefer not to receive future NNM emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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## 4422. Update Bio and Handouts Request

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Mar 01, 2016 12:59:54  
**Subject:** Update Bio and Handouts Request  
**Attachment:** [Donna Martin\(2\).docx](#)  
[School Nutrition Handouts.pdf](#)

---

Hi Donna,

Attached is the bio we have on file for you. Do you wish to update?

Also, I have attached your handouts for your session. Please let me know if you wish to make any changes.

...and congratulations on the election. Praise God.

Thanks.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

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pjohnson@eatright.org

## 4423. Now Open Renewal for Academy Membership 2016/2017!

**From:** Academy of Nutrition and Dietetics <membership@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 01, 2016 12:21:23  
**Subject:** Now Open Renewal for Academy Membership 2016/2017!  
**Attachment:**

---

Now Open Renewal for Academy Membership 2016/2017!

Having trouble viewing this e-mail? View it in your browser.

Hi Donna:

Thank you for your membership with the Academy of Nutrition and Dietetics. Through your membership, the Academy is able to offer a range of benefits that help shape and guide the profession such as position and practice papers, the *2015 Compensation & Benefits Survey of the Dietetics Profession* and Scope of Practice resources for RDNs and NDTRs.

For your convenience, membership renewal for the 2016/2017 year is now open. You can renew:

- Online at [www.eatrightPRO.org/renew](http://www.eatrightPRO.org/renew).
- By phone through the Academys Member Service Center at 800/877-1600, ext. 5000. (Monday through Friday, 8:00 a.m. 5:00 p.m. Central Time). International callers can reach us at +1-312/899-0040, ext. 5000.

Feel free to e-mail [membership@eatright.org](mailto:membership@eatright.org) if you have any questions.

Sincerely,

The Academy Membership Team

Share this mailing with your social network:

This membership email was sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future membership emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4424. Daily News: Tuesday, March 1, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD SNS EDS FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Mar 01, 2016 11:26:01  
**Subject:** Daily News: Tuesday, March 1, 2016  
**Attachment:**

---

## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **Celebrate National Nutrition Month® 2016: Savor the Flavor of Eating Right**

Lets see if we can get our Savor the Flavor celebration trending! As you engage on social media, make sure you are using the correct hashtag: #NationalNutritionMonth

### **Salt intake appears to have little impact on bone health in menopausal women**

<https://www.sciencedaily.com/releases/2016/02/160225140420.htm>

Source: *Journal of Clinical Endocrinology & Metabolism*

<http://press.endocrine.org/doi/10.1210/jc.2015-4017>

### **Tests show no specific gastrointestinal abnormalities in children with autism**

(The study finds no evidence of cellular intestinal inflammation, lactase deficiency, or "leaky gut" specific to autistic children with GI symptoms, according to the new research)

<https://www.sciencedaily.com/releases/2016/02/160225153612.htm>

Source: *Journal of Pediatric Gastroenterology and Nutrition*

<http://journals.lww.com/jpgn/pages/articleviewer.aspx?year=9000&issue=00000&article=97603&type=abstract>

### **The cafeteria, epicenter of noise and disarray, falls out of favor at some Madison schools**

[http://lacrossetribune.com/news/state-and-regional/the-cafeteria-epicenter-of-noise-and-disarray-falls-out-of/article\\_56078ee4-fafb-5c7f-9502-d9f1ea152a33.html](http://lacrossetribune.com/news/state-and-regional/the-cafeteria-epicenter-of-noise-and-disarray-falls-out-of/article_56078ee4-fafb-5c7f-9502-d9f1ea152a33.html)

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

-Eat Lunch First or Play First? Inconsistent Associations with Fruit and Vegetable Consumption in Elementary School

[http://www.andjrn.org/article/S2212-2672\(14\)01513-5/abstract](http://www.andjrn.org/article/S2212-2672(14)01513-5/abstract)

### **Vermont's Middlebury College stops selling energy drinks**

<http://www.cnn.com/2016/02/29/health/middlebury-college-vermont-energy-drinks/index.html>

Related Resource: FDA Energy Drinks

<http://www.fda.gov/Food/PopularTopics/ucm341968.htm>



## **Lack of Sleep May Give You the 'Munchies'**

**Chemical effect in the body is similar to that of marijuana, study say**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/too-little-sleep-might-cause-the-munchies-708469.html>

Source: *Sleep*

<http://www.journalsleep.org/ViewAbstract.aspx?pid=30492>

## **Antibiotic-free chicken chasing cage-free eggs**

<http://www.chicagotribune.com/business/ct-antibiotic-free-meat-0227-biz-20160226-story.html>

Related Resource: *Food and Nutrition Magazine*

-Livestock Antibiotics: Not Just Another Food Fight

<http://www.foodandnutrition.org/May-June-2015/Livestock-Antibiotics-Not-Just-Another-Food-Fight/>

## **Handy objects for the kitchen, whether you find it hard to see or not**

(outfitting a kitchen for the visually impaired)

[https://www.washingtonpost.com/national/health-science/handy-objects-for-the-kitchen-whether-you-find-it-hard-to-see-or-not/2016/02/29/426e9e40-b7ae-11e5-99f3-184bc379b12d\\_story.html](https://www.washingtonpost.com/national/health-science/handy-objects-for-the-kitchen-whether-you-find-it-hard-to-see-or-not/2016/02/29/426e9e40-b7ae-11e5-99f3-184bc379b12d_story.html)

## **People in Food Deserts Eat Much Differently Than the Rest of America**

(Study presented at the ACM Conference on Computer-Supported Cooperative Work and Social Computing)

<https://www.sciencedaily.com/releases/2016/02/160225135005.htm>

## **Patients get mixed reactions from docs over mail-ordered genetic tests**

<http://www.reuters.com/article/us-health-genetics-results-idUSKCN0W22UQ>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=2498491>

Related Editorial

<http://annals.org/article.aspx?articleid=2498493>

Related Resource: Position of the Academy of Nutrition and Dietetics: Nutritional Genomics

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/nutritional-genomics>

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In the subject line type unsubscribe.

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## 4425. ACEND March Update on Standards

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFenkoAdams@gmail.com <DeniceFenkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>  
**Sent Date:** Mar 01, 2016 10:03:54  
**Subject:** ACEND March Update on Standards  
**Attachment:**

---

A communication from Mary Gregoire, PhD, RD, Executive Director of the Accreditation Council for Education in Nutrition and Dietetics follows below.

Best regards,

Joan  
 Joan Schwaba, MS, RDN, LDN  
 Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
 120 S. Riverside Plaza, Suite 2000  
 Chicago, Illinois 60606-6995  
 Phone: 312-899-4798

+++++

Greetings from ACEND,

The Accreditation Council for Education in Nutrition and Dietetics (ACEND<sup>®</sup>) is writing to keep

you informed of our standards development work. A copy of the **March update** is posted on the ACEND Standards webpage [www.eatrightacend.org/ACEND/Standards](http://www.eatrightacend.org/ACEND/Standards).

The **Marchupdate** includes a brief discussion of supervised practice requirements in the 2017 Draft Accreditation Standards which were released for public comment in early February. The update also answers questions ACEND has received about the draft standards. The draft 2017 Standards are the result of a planned five-year review cycle of the current 2012 Accreditation Standards to ensure compliance with USDE regulations; and are different from the future education model associate's, bachelor's and master's degree standards that will be released for public comment later this year.

The draft standards and a **Webinar** providing an overview of the 2017 Standards development process and key changes from the 2012 Standards are posted on the [ACEND standards committee webpage](#). We value all stakeholder input and encourage you to provide input on the 2017 Standards at the following survey link.

•<https://www.surveymonkey.com/r/2017Std2>

We also invite all stakeholders who are interested in learning more about the 2017 Accreditation Standards and the proposed future education model to attend ACEND's virtual town hall meetings which are held the second Thursday of each month at 11:30 a.m. Central Time. The next meeting will occur **March 10**. Information for connecting to the virtual town hall is posted on the ACEND Standards webpage [www.eatrightacend.org/ACEND/Standards](http://www.eatrightacend.org/ACEND/Standards).

Please share this information with your constituents/colleagues. If you or they have questions, please send them to [acend@eatright.org](mailto:acend@eatright.org) or call 312-899-4872, so we can respond to them.

Future editions of the monthly update will include these questions and an ACEND response.

Thank you so much.

Mary Gregoire, PhD, RD  
ACEND, Executive Director

4426. REMINDER: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**From:** Carrolyn Patterson <CPatterson@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFerkoAdams@gmail.com <DeniceFerkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Feb 29, 2016 18:34:24  
**Subject:** REMINDER: On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation  
**Attachment:**

---

Hi All,

This is a reminder that the CEO Performance Evaluation is ***due by close of business tomorrow, Tuesday, March 1, 2016.***

TO BEGIN THE SURVEY click or copy this link into your browser:  
<https://www.surveymonkey.com/r/GP8MMK5>

Please see below for more information and call if you have any issues completing the evaluation.

Thanks,

Carrolyn

**From:** Carolyn Patterson

**Sent:** Monday, February 15, 2016 10:49 AM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; craytef@charter.net; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; connors@ohsu.edu; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; DeniceFenkoAdams@gmail.com; Michele.D.Lites@kp.org; michelelites@sbcglobal.net; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; Tammy.randall@case.edu; dwheller@mindspring.com; dwbradley51@gmail.com; steve.miranda44@gmail.com; jean.ragalie-carr@dairy.org

**Cc:** Patricia Babjak <PBABJAK@eatright.org>

**Subject:** On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**Importance:** High

TO: Academy Board of Directors

FROM: Dr. Evelyn F. Crayton

One of our Board responsibilities is to annually evaluate the CEO's performance. As you know, we made a few edits to the CEO performance evaluation form this year. It is time for us Board members to complete section II of the evaluation - Competency Evaluation. It is available on survey monkey. Prior to doing the evaluation, take a look at Board agendas, general communications to the Board, CEO summary reports in Board meeting packets, executive session discussions with Pat as well as minutes from our Board meetings.

Please complete the questionnaire by Tuesday, March 1, 2016. The Compensation Committee will summarize the responses, provide you with a summary report and recommendation regarding the CEO base salary for 2016-17 that will be discussed and voted on during the Executive Session of the May Board meeting. Let me know if you have any questions.

Thank you for participating!

TO BEGIN THE SURVEY click or copy this link into your browser:

<https://www.surveymonkey.com/r/GP8MMK5>

The survey does not need to be completed in one sitting. If you wish to exit the survey and return to complete it later, please feel free to do so. Prior to the deadline, you will be able to log back in and resume the survey from where you left off by using the link above, which is unique to you.

If you have any questions about the evaluation, please contact me at [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com).

Thank you!

Evelyn

Dr. Evelyn F. Crayton, EdD, RDN, LDN, FAND

Professor Emeritus, Auburn University Director, Living Well Associates, LLC

124 Elm Drive, Montgomery, AL 36117

(334) 272-3487/(334) 220-3061 (cell) [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

## 4427. Upcoming Weight Management Programs

**From:** Commission on Dietetic Registration <cdr@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Feb 29, 2016 18:05:45  
**Subject:** Upcoming Weight Management Programs  
**Attachment:**

---

Commission on Dietetic Registration - Weight Management Programs

Having trouble viewing this e-mail? View it in your browser.

### Upcoming Weight Management Programs

#### **Certificate of Training in Adult Weight Management Program**

May 13-15, 2016 ~ Pittsburgh, Pennsylvania

June 10-12, 2016 ~ Salt Lake City, Utah

Registration Fee: \$370.00

CPE Hours Awarded: 35

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda:

<http://cdrnet.org/weight-management-adult-program>

#### **Certificate of Training in Childhood and Adolescent Weight Management Program**

March 22-24, 2016 ~ Indianapolis, Indiana Registration Deadline March 7, 2016

Registration Fee: \$370.00

CPE Hours Awarded: 35

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda:

<http://cdrnet.org/weight-management-childhood-adolescent-program>

#### **Level 2 Certificate of Training in Adult Weight Management Program**

April 1-3, 2016 ~ New Brunswick, New Jersey

Registration Fee: \$445.00

CPE Hours Awarded: 50

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda:

<http://cdrnet.org/weight-management/level2>

#### **Steps to earn certificate:**

1. Register for a certificate program.



2. Read pre-work materials which include research articles, resources and activities.
3. Pass multiple choice pre-test with a minimum score of 80%. The questions are based on the pre-work readings.
4. Attend a 2 1/2 day on-site workshop where you can learn and network with peers.
5. Pass a take-home multiple choice post-test with a minimum score of 80%. The questions are based on the on-site presentations and pre-work readings.

**What previous participants have to say about the programs:**

I attended one of the first sessions. At the time it was excellent. It is more than excellent now. Excellent presentation, materials, quality for the future of obesity management. Well done!

J. Speer, RD

Los Osos, CA

Program confirmed that some of my current practices are aligned with best practices and gave me food for thought for new teaching techniques to engage children and their parents in weight management.

Ilaria St. Florian, MS RD

Clinical Dietitian

Stamford, Connecticut

As weight maintenance is an uphill battle, this training program provided hope via resources and knowledge to carry with me in my practice. The presenters were all charismatic and offered encouragement in spite of the weight of the information.

Caroline B Sanborn, RD

Ambulatory Care RD

Tampa, FL

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.

For Information:

Adult Weight Management Self-Study Module

<http://cdrnet.org/weight-management/adult-module>

Childhood and Adolescent Weight Management Self-Study Module

For information:

<http://cdrnet.org/weight-management/childhood-module>

Level 2 Adult Weight Management Self-Study Module

For information:

<http://www.cdrnet.org/weight-management/level-2-module>

## 4428. National Nutrition Month Social Kit

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFenkoAdams@gmail.com <DeniceFenkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Feb 29, 2016 17:24:20  
**Subject:** National Nutrition Month Social Kit  
**Attachment:**

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We're in the final hours before National Nutrition Month® kicks off, and the official social media kit is live at <http://www.eatright.org/NNMsocialkit>:

- A Twitter Chat schedule (#NNMchat)
- A link to the Twibbon
- Animated GIFs in both English and Spanish
- Static memes in both English and Spanish
- Suggested social media messaging
- Facebook cover graphics

- Twitter background graphics

The official hashtag is **#NationalNutritionMonth**, and we thank you for encouraging members to celebrate on social media!

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

4429. RE: Welcome Back!!!!

**From:** Mary Beth Whalen <Mwhalen@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 29, 2016 12:10:25  
**Subject:** RE: Welcome Back!!!!  
**Attachment:** [image001.jpg](#)

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Teamwork makes the dream work! I love that.

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Saturday, February 27, 2016 4:23 PM  
**To:** Mary Beth Whalen <Mwhalen@eatright.org>  
**Subject:** Re: Welcome Back!!!!

Mary Beth, Thanks so much for your sweet note. I cannot tell you how excited I am, but what makes me excited is that we have such great staff at headquarters to work with. I felt so much support from headquarters and that was one of the biggest reasons I was willing to run. Know that I will be there to support you all so you can do your job! I love Lucille and we will make a great team. I want to bring back the teamwork concept that we all should have. My new motto is teamwork makes the dream work! We have lots of dreams and I am excited to continue to move the great work the Academy has started forward! Please reach out to me and let me know what I need to do to support your efforts. Excited to be back on the foundation board!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Mary Beth Whalen <Mwhalen@eatright.org>  
**Sent:** Friday, February 26, 2016 11:44 AM  
**To:** Donna Martin  
**Subject:** Welcome Back!!!!

This has been a week full of good news! I could not be happier that you have been elected and because of your new role as President-elect you will be re-joining the Foundation Board of Directors! This is such an exciting time for the Foundation and you will be a welcome addition to a really great group of leaders. We just heard from General Mills Foundation that our request for support was approved. This \$250,000 grant is (hopefully) the first step toward taking our General Mills Champions grant model global. We will fill you in on all that you need to know in due time. Celebrate your victory. You earned it. You are a class act and you will continue to represent the Academy the Foundation and your profession so well!!!!

Mary Beth

**From:** Katie Brown

**Sent:** Friday, February 26, 2016 8:35 AM

**To:** Nicola Dixon <Nicola.Dixon@genmills.com>; Mary Beth Whalen <Mwhalen@eatright.org>; Susan Burns <Sburns@eatright.org>

**Cc:** Maha Tahiri <Maha.Tahiri@genmills.com>

**Subject:** RE: Good News

Hi, Nicola! Wow—this is such wonderful news! Thank you for the opportunity to work with you on this very important project. Would you like to talk next week?

Thanks!

--Katie

**From:** Nicola Dixon [mailto:Nicola.Dixon@genmills.com]

**Sent:** Thursday, February 25, 2016 6:46 PM

**To:** Mary Beth Whalen <Mwhalen@eatright.org>; Susan Burns <Sburns@eatright.org>; Katie Brown <kbrown@eatright.org>

**Cc:** Maha Tahiri <Maha.Tahiri@genmills.com>

**Subject:** Good News

Good evening, Mary Beth, Katie and Susie,

I am pleased to confirm that our Foundation Board of Trustees unanimously approved this afternoon a project grant to ANDF in the amount of \$250,000.00 for the purposes of exploring and planning a Hunger-Free Communities grants platform.

We are incredibly excited about entering this new chapter with the ANDF, and look forward to coordinating next steps soon.

Kindly,

Nicola

**Nicola Dixon** | *Associate Director*, **GENERAL MILLS FOUNDATION** 763.293.3875

4430. RE: Your Membership Status as Academy President-elect

**From:** Jim Weinland <jweinland@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 29, 2016 10:31:13  
**Subject:** RE: Your Membership Status as Academy President-elect  
**Attachment:** [image001.jpg](#)

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Thank you! We are looking forward to working with you as well.

**Jim Weinland**

Director, Membership

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4863

Fax: 312/899-4812

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**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Monday, February 29, 2016 8:36 AM  
**To:** Jim Weinland <jweinland@eatright.org>  
**Subject:** Re: Your Membership Status as Academy President-elect

Thank you Jim. I so look forward to working with you and the entire membership team. I am excited, honored and humbled to be elected to be the next President-elect.

Sent from my iPhone

On Feb 29, 2016, at 9:32 AM, Jim Weinland <jweinland@eatright.org> wrote:

Dear Donna,

First, I would like to congratulate you on your election to the office of President-elect. Secondly, I wanted to let you know that in the upcoming membership year (June 1, 2016 – May 31, 2017), as you begin your term as President-elect, the Academy will provide you with complimentary membership in all DPGs, MIGs and Academy Groups.

**IMPORTANT:** Due to the functionality of the Academy's online renewal system, this year only, we ask that you use the hard copy dues form that will be mailed to you in April to submit your Academy membership dues and any donations to the Academy Foundation and/or ANDPAC you wish to make. Once your Academy membership has been renewed, we will take care of your complimentary DPG, MIG and Academy Group memberships.

You may also renew your membership over phone by contacting either myself, or Laura Soto, Lead Membership Representative, at 800/877-1600, ext. 4776 / [lsoto@eatright.org](mailto:lsoto@eatright.org). We would be happy to personally process your dues payment and any Foundation or ANDPAC donations.

More information on our dues renewal procedures for Academy Presidents can be found below. If you have any questions regarding your membership renewal, please feel free to contact us.

### **Academy dues renewal procedure for President, President-elect, Immediate Past President, and Former Presidents:**

To clarify potential questions regarding why you received a 2016/2017 dues bill, the chart below summarizes the procedure for Academy dues bills (and "complimentary" dues) for Presidents (current, elect, past, and former). Dues bills are mailed to Academy Presidents so that they have the option to donate to the Academy Foundation or ANDPAC, or join DPGs, MIGs and/or Academy Groups (though DPGs, MIGs and Academy Groups are complimentary for the current President and President-elect). Once you move from President-elect to the office of President, your membership status will be transferred to the "Life" category and you will never again pay national dues. However, even when you become a "Life" member you may want to donate to the Foundation and ANDPAC or join a DPG, MIG or Academy Group:

### **Academy Presidents Dues Bills**

#### **Benefits Received**

Officer/Name

Fiscal Year 2016/17

Dues Bill mailed?

Complimentary Academy Dues



Complimentary DPG, MIG and Group dues

ANDPAC donation\*

ANDF donation\*

President-elect

Yes

No

Yes

President

No

Yes

Yes

Immediate Past President

Yes

Yes

No

All Former Presidents

Yes

Yes

No

**Jim Weinland**

Director, Membership

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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Fax: 312/899-4812

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<image001.jpg>

## 4431. Your Membership Status as Academy President-elect

**From:** Jim Weinland <jweinland@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Laura Soto <lsoto@eatright.org>, Michelle Paprocki <MPaprocki@eatright.org>  
**Sent Date:** Feb 29, 2016 09:32:03  
**Subject:** Your Membership Status as Academy President-elect  
**Attachment:** [image001.jpg](#)

---

Dear Donna,

First, I would like to congratulate you on your election to the office of President-elect. Secondly, I wanted to let you know that in the upcoming membership year (June 1, 2016 – May 31, 2017), as you begin your term as President-elect, the Academy will provide you with complimentary membership in all DPGs, MIGs and Academy Groups.

**IMPORTANT:** Due to the functionality of the Academy's online renewal system, this year only, we ask that you use the hard copy dues form that will be mailed to you in April to submit your Academy membership dues and any donations to the Academy Foundation and/or ANDPAC you wish to make. Once your Academy membership has been renewed, we will take care of your complimentary DPG, MIG and Academy Group memberships.

You may also renew your membership over phone by contacting either myself, or Laura Soto, Lead Membership Representative, at 800/877-1600, ext. 4776 / lsoto@eatright.org. We would be happy to personally process your dues payment and any Foundation or ANDPAC donations.

More information on our dues renewal procedures for Academy Presidents can be found below. If you have any questions regarding your membership renewal, please feel free to contact us.

**Academy dues renewal procedure for President, President-elect, Immediate Past President, and Former Presidents:**

To clarify potential questions regarding why you received a 2016/2017 dues bill, the chart below summarizes the procedure for Academy dues bills (and "complimentary" dues) for Presidents (current, elect, past, and former). Dues bills are mailed to Academy Presidents so that they have the option to donate to the Academy Foundation or ANDPAC, or join DPGs, MIGs and/or Academy Groups (though DPGs, MIGs and Academy Groups are complimentary for the current President and President-elect). Once you move from President-elect to the office of President, your membership status will be transferred to the "Life" category and you will never again pay national dues. However, even when you become a "Life" member you may want to donate to the

Foundation and ANDPAC or join a DPG, MIG or Academy Group:

## Academy Presidents Dues Bills

### Benefits Received

Officer/Name

Fiscal Year 2016/17

Dues Bill mailed?

Complimentary Academy Dues

Complimentary DPG, MIG and Group dues

ANDPAC donation\*

ANDF donation\*

President-elect

Yes

No

Yes

President

No

Yes

Yes

Immediate Past President

Yes

Yes

No

All Former Presidents

Yes

Yes

No

**Jim Weinland**

Director, Membership

**Academy of Nutrition and Dietetics**

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4432. Your digital copy of the March/April 2016 issue is ready

**From:** Food & Nutrition Magazine <noreply@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Feb 26, 2016 17:39:51  
**Subject:** Your digital copy of the March/April 2016 issue is ready  
**Attachment:**

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Food & Nutrition Magazine - March/April 2016 | Volume 5, Number 2

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Your print copy of *Food & Nutrition* is in the mail, but you can access the digital edition now via our @FoodNutriMag app or any common web browser!

### Power on the Plate

Focusing on foods that promote healthy blood vessel function provides a positive approach to heart-healthy eating.

### A Big Sodium Debate

Limiting sodium intake is important for managing high blood pressure, but are low-sodium recommendations safe for everyone? Disagreement over dietary sodium has the science community fired up over this complex controversy.

### The Science of Savory Flavor-y

Salts traditional role as a flavor enhancer has competition from umami-rich foods. Learn why certain savory strategies are successful for low-sodium cooking.

### Fast Food Goes Au Naturel

Higher quality and sustainable offerings in the fast casual restaurant sector are changing the way consumers think about fast food.

### Garlic

As if we needed another reason to love garlic, new studies suggest sulfuric compounds from this aromatic may assist in the management of hypertension.

## Say Cheese

Hard cheeses offer an array of flavors and textures that can add interest and umami to favorite foods or cheese plates.

## *Food & Nutrition* Reader Survey

Take our 2016 reader survey and be entered to win a Mauviel Hammered Copper Jam Pan.

This *Food & Nutrition Magazine* email was sent to your from the Academy of Nutrition and Dietetics. If you prefer not to receive future *Food & Nutrition* emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4433. March/April issue of Food & Nutrition Magazine®

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, DeniceFerkoAdams@gmail.com <DeniceFerkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Feb 26, 2016 17:10:42  
**Subject:** March/April issue of Food & Nutrition Magazine®  
**Attachment:** [image001.jpg](#)

---

Please see communication to follow from Doris Acosta. Thank you.

Greetings! The March/April issue of *Food & Nutrition Magazine*® hits the mail today, and tomorrow Academy members will receive notification about the digital edition. This is the Hypertension Issue, with features including:

- Power on the Plate:** Focusing on foods that promote healthy blood vessel function provides a positive approach to heart-healthy eating.
- A Big Sodium Debate:** Limiting sodium intake is important for managing high blood pressure, but are low-sodium recommendations safe for everyone? Disagreement over dietary sodium has the science community fired up over this complex controversy.
- The Science of Savory Flavor-y:** Salt's traditional role as a flavor enhancer has competition from umami-rich foods. Learn why certain savory strategies are successful for low-sodium cooking.
- Fast Food Goes Au Naturel:** Higher quality and sustainable offerings in the fast casual restaurant sector are changing the way consumers think about fast food.

- Garlic:** As if we needed another reason to love garlic, new studies suggest sulfuric compounds from this aromatic may assist in the management of hypertension.
- Recipes to Celebrate Spring:** Shake off the winter chill and transition into spring with these fresh and flavorful recipes that incorporate pantry staples.
- Say Cheese!** Hard cheeses offer an array of flavors and textures that can add interest and umami to favorite foods or cheese plates.

We hope you will enjoy this issue of *Food & Nutrition!*

Thank you.

**Doris Acosta**

***Chief Communications Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4822

800/877-1600, ext. 4822

**[www.eatright.org](http://www.eatright.org)**

## 4434. What a Gift!

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** Evelyn Crayton <evelyncrayton64@gmail.com>, Evelyn Crayton <craytef@charter.net>, craytef@charter.net <'craytef@charter.net'>, Lucille Beseler <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <'connors@ohsu.edu'>, Kay Wolf <Kay\_Wolf@Columbus.rr.com>, Margaret Garner <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school <miles081@umn.edu>, Linda Farr <linda.farr@me.com>, Elise Smith <easaden@aol.com>, DeniceFenkoAdams@gmail.com <'DeniceFenkoAdams@gmail.com'>, Michele.D.Lites@kp.org <'Michele.D.Lites@kp.org'>, michelelites@sbcglobal.net <'michelelites@sbcglobal.net'>, 'Catherine Christie <c.christie@unf.edu>, Tracey Bates <traceybatesrd@gmail.com>, Tammy.randall@case.edu <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <'dwbradley51@gmail.com'>, steve.miranda44@gmail.com <'steve.miranda44@gmail.com'>, jean.ragalie-carr@dairy.org <'jean.ragalie-carr@dairy.org'>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Katie Brown <kbrown@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>, Jennifer Folliard <JFolliard@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 26, 2016 16:34:05  
**Subject:** What a Gift!  
**Attachment:** [image005.jpg](#)  
[image006.jpg](#)  
[Contribution 2016.pdf](#)

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Dear Board of Directors,

Jenn Folliard of the PIA staff formalized a public policy track for interns and fellows in our Washington office. As a result of these efforts, we have seen cost savings of \$36,000 while stretching our reach. In addition, as you will see by the attached summary, these young members have gone on to start successful careers while maintaining contact with our PIA. This is a long-

range win/win for everyone.

Best regards,

**Patricia M. Babjak**

***Chief Executive Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4856

**[pbabjak@eatright.org](mailto:pbabjak@eatright.org) | [www.eatright.org](http://www.eatright.org)**

**Twitter | Facebook | LinkedIn | YouTube**

4435. FW: Phone and computer outage

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, DeniceFerkoAdams@gmail.com <DeniceFerkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Feb 26, 2016 13:30:08  
**Subject:** FW: Phone and computer outage  
**Attachment:**

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Please see communication to follow from Mary Beth Whalen. Thank you.

The last two days at headquarters have been challenging. Around 7:30 CST yesterday morning we lost phone and network access for the south side of the building. After trouble shooting the problem, we determined that the building construction crew on the 19th floor cut the fiber optic cable that connected the south side of the office to the server room. The building management staff was called and immediately began the process of repairing the fiber optic cables.

Unfortunately, the cables were so severely damaged that new cables had to be installed. The repair was completed (or so we thought) at 3 p.m. CST. Since the cables went through our floor, there wasn't much we (staff) could do but wait and get creative in how we conduct business. Staff took advantage of all available technology on the north side of the building, used hotspots when possible and operated low-tech but we continued operations. We posted notifications on the website to make our members aware of the situation and hopefully minimize their frustration. There simply wasn't much we could do to alleviate the phone situation until the repairs were complete. The repair was completed, or so we thought, at 3PM CST on Thursday, only to drop off again this morning!

I wish I could provide a better explanation than someone on another floor wasn't paying attention to his job and cut our lines. All I can do is tell you that we are aware of the situation and we are working with the building to once again get the Academy firing on all cylinders. Thank you for your patience and thanks to our IT, Membership and Web Teams for stepping up to explore solutions and keep us as connected as possible.

Mary Beth Whalen

Chief Operating Officer

The Academy of Nutrition and Dietetics

Executive Director

The Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, IL. 60606

[mwhalen@eatright.org](mailto:mwhalen@eatright.org)

312/899-4820

4436. Welcome Back!!!!

**From:** Mary Beth Whalen <Mwhalen@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 26, 2016 11:47:45  
**Subject:** Welcome Back!!!!  
**Attachment:** [image001.jpg](#)

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This has been a week full of good news! I could not be happier that you have been elected and because of your new role as President-elect you will be re-joining the Foundation Board of Directors! This is such an exciting time for the Foundation and you will be a welcome addition to a really great group of leaders. We just heard from General Mills Foundation that our request for support was approved. This \$250,000 grant is (hopefully) the first step toward taking our General Mills Champions grant model global. We will fill you in on all that you need to know in due time. Celebrate your victory. You earned it. You are a class act and you will continue to represent the Academy the Foundation and your profession so well!!!!

Mary Beth

**From:** Katie Brown  
**Sent:** Friday, February 26, 2016 8:35 AM  
**To:** Nicola Dixon <Nicola.Dixon@genmills.com>; Mary Beth Whalen <Mwhalen@eatright.org>; Susan Burns <Sburns@eatright.org>  
**Cc:** Maha Tahiri <Maha.Tahiri@genmills.com>  
**Subject:** RE: Good News

Hi, Nicola! Wow—this is such wonderful news! Thank you for the opportunity to work with you on this very important project. Would you like to talk next week?

Thanks!

--Katie

**From:** Nicola Dixon [mailto:Nicola.Dixon@genmills.com]  
**Sent:** Thursday, February 25, 2016 6:46 PM  
**To:** Mary Beth Whalen <Mwhalen@eatright.org>; Susan Burns <Sburns@eatright.org>; Katie Brown <kbrown@eatright.org>  
**Cc:** Maha Tahiri <Maha.Tahiri@genmills.com>

**Subject:** Good News

Good evening, Mary Beth, Katie and Susie,

I am pleased to confirm that our Foundation Board of Trustees unanimously approved this afternoon a project grant to ANDF in the amount of \$250,000.00 for the purposes of exploring and planning a Hunger-Free Communities grants platform.

We are incredibly excited about entering this new chapter with the ANDF, and look forward to coordinating next steps soon.

Kindly,

Nicola

**Nicola Dixon** | *Associate Director*, **GENERAL MILLS FOUNDATION** 763.293.3875



4437. Re: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 26, 2016 09:44:16  
**Subject:** Re: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT  
**Attachment:**

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Oh Donna, you are so wonderful! Thank you.

I am so excited to work with you as you lead the Academy into its 2nd century!

Please let me know how I may best help you. Email, call, text me at any time.

Best,

Joan

Joan Schwaba  
Director, Strategic Management  
Academy of Nutrition and Dietetics  
www.eatright.org

On Feb 26, 2016, at 7:45 AM, "Donna Martin" <DMartin@burke.k12.ga.us> wrote:

Just wanted to thank you for all your support through out the entire election process. You have been a rock for me and I am so excited about working with you for the next three years! I love and appreciate you Joan Schwaba!!!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**Sent:** Friday, February 26, 2016 8:42 AM  
**To:** 'evelyncrayton64'; 'craytef@aces.edu'; 'craytef@charter.net'; 'Lucille Beseler'; '

connors@ohsu.edu'; 'Kay Wolf'; Margaret Garner ( mgarner@ua.edu); Donna Martin; "Aida Miles-school"; 'Linda Farr'; 'Elise Smith'; ' DeniceFerkoAdams@gmail.com'; ' Michele.D.Lites@kp.org'; ' michelelites@sbcglobal.net'; 'Catherine Christie'; 'Tracey Bates'; ' Tammy.randall@case.edu'; dwheller@mindspring.com; ' dwbradley51@gmail.com'; ' steve.miranda44@gmail.com'; ' jean.ragalie-carr@dairy.org'; Patricia Babjak

**Cc:** Nominating Committee

**Subject:** FW: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT

On behalf of the Nominating Committee chair Deanne Brandstetter, we would be pleased to submit a report to the Board highlighting its tactics to increase member engagement.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

**From:** Lucille Beseler <lbeseler\_fnc@bellsouth.net>

**Date:** February 25, 2016 at 7:46:41 AM CST

**To:** Nominating Committee <Nominations@eatright.org>

**Cc:** evelyncrayton64 <evelyncrayton64@gmail.com>, "craytef@charter.net" <craytef@charter.net>, "craytef@aces.edu" <craytef@aces.edu>, "connors@ohsu.edu" <connors@ohsu.edu>, Kay Wolf <Kay\_Wolf@Columbus.rr.com>, "mgarner@ua.edu" <mgarner@ua.edu>, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us>, 'Aida Miles-school <miles081@umn.edu>, Linda Farr <linda.farr@me.com>, Elise Smith <easaden@aol.com>, "DeniceFerkoAdams@gmail.com" <DeniceFerkoAdams@gmail.com>, "Michele.D.Lites@kp.org" <Michele.D.Lites@kp.org>, "michelelites@sbcglobal.net" <michelelites@sbcglobal.net>, 'Catherine Christie <c.christie@unf.edu>, Tracey Bates <traceybatesrd@gmail.com>, "Tammy.randall@case.edu" <Tammy.randall@case.edu>, "dwheller@mindspring.com" <dwheller@mindspring.com>, "dwbradley51@gmail.com" <dwbradley51@gmail.com>, "steve.miranda44@gmail.com" <steve.miranda44@gmail.com>, "jean.ragalie-carr@dairy.org" <

jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>

**Subject: Re: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT**

Congrats to all the elected! Would it be possible for the nominating committee to prepare a report for the board highlighting the steps they took to increase member voting? Thank you, Lucille

Lucille Beseler MS, RDN, LDN,CDE

President Family Nutrition Center of S. Florida

President elect Academy of Nutrition &Dietetics 2015-2016

Office # 954-360-7883

Sent from my iPhone

On Feb 24, 2016, at 2:22 PM, Nominating Committee <Nominations@eatright.org> wrote:

The Nominating Committee is pleased to report the outcome of the 2016 national election. The following individuals have been elected from among many excellent candidates. The committee thanks you for participating in the nomination and election processes and is proud to report the percent of eligible members who voted rose from 9% last year to 12.7% this year. **Please keep the election results information confidential until 3:00 pm Central Time today** when the results are announced in *Eat Right Weekly* and on the Academy's website and listservs.

## **2016 ELECTION RESULTS**

### **Board of Directors**

**President-elect:** Donna Martin, EdS, RDN, LD, SNS, FAND (GA)

**Treasurer-elect:** Jo Jo Dantone-DeBarbieris, MS, RDN, LDN, CDE (LA)

**Director-at-Large:** Hope Barkoukis, PhD, RDN, LD (OH)

### **House of Delegates**

**Speaker-elect:** Dianne Polly, JD, RDN, LDN, FAND (TN)

**Director:** Susan Brantley, MS, RDN, LDN, CNSD (TN)

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### **Leader with BOD Experience in the Past 10 Years**

- Judith Rodriguez, PhD, RD, FADA, FAND (FL)

### **National Leader**

- Molly Gee, MEd, RD, LD (TX)
- Bethany Thayer, MS, RDN, FAND (MI)

### **Commission on Dietetic Registration (CDR)**

#### **CDR Registered Dietitian Nutritionist**

- Rebecca Brody, PhD, RD, LD, CNSC (OR)
- Linda Gigliotti, MS, RDN, CDE (CA)

### **CDR Board Certified Specialist in Pediatric Nutrition**

- Linda Heller, MS, RD, CSP, FAND (CA)

For more information regarding nominations and elections, visit [www.eatrightPRO.org/elections](http://www.eatrightPRO.org/elections).

4438. FW: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>, Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Nominating Committee <Nominations@eatright.org>  
**Sent Date:** Feb 26, 2016 08:45:57  
**Subject:** FW: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT  
**Attachment:**

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On behalf of the Nominating Committee chair Deanne Brandstetter, we would be pleased to submit a report to the Board highlighting its tactics to increase member engagement.

Best regards,  
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
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Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org

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**From:** Lucille Beseler <lbeseler\_fnc@bellsouth.net>

**Date:** February 25, 2016 at 7:46:41 AM CST

**To:** Nominating Committee <Nominations@eatright.org>

**Cc:** evelyncrayton64 <evelyncrayton64@gmail.com>, "craytef@charter.net" <craytef@charter.net>, "craytef@aces.edu" <craytef@aces.edu>, "connors@ohsu.edu" <connors@ohsu.edu>, Kay Wolf <Kay\_Wolf@Columbus.rr.com>, "mgarner@ua.edu" <mgarner@ua.edu>, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us>, 'Aida Miles-school <miles081@umn.edu>, Linda Farr <linda.farr@me.com>, Elise Smith <easaden@aol.com>, "DeniceFenkoAdams@gmail.com" <DeniceFenkoAdams@gmail.com>, "Michele.D.Lites@kp.org" <Michele.D.Lites@kp.org>, "michelelites@sbcglobal.net" <michelelites@sbcglobal.net>, 'Catherine Christie <c.christie@unf.edu>, Tracey Bates <traceybatesrd@gmail.com>, "Tammy.randall@case.edu" <Tammy.randall@case.edu>, "dwheller@mindspring.com" <dwheller@mindspring.com>, "dwbradley51@gmail.com" <dwbradley51@gmail.com>, "steve.miranda44@gmail.com" <steve.miranda44@gmail.com>, "jean.ragalie-carr@dairy.org" <jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>

**Subject: Re: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT**

Congrats to all the elected! Would it be possible for the nominating committee to prepare a report for the board highlighting the steps they took to increase member voting? Thank you, Lucille

Lucille Beseler MS, RDN, LDN,CDE

President Family Nutrition Center of S. Florida

President elect Academy of Nutrition &Dietetics 2015-2016

Office # 954-360-7883

Sent from my iPhone

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- Linda Gigliotti, MS, RDN, CDE (CA)

**CDR Board Certified Specialist in Pediatric Nutrition**

- Linda Heller, MS, RD, CSP, FAND (CA)

For more information regarding nominations and elections, visit [www.eatrightPRO.org/elections](http://www.eatrightPRO.org/elections).



4439. Re: Fwd:

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 25, 2016 19:13:09  
**Subject:** Re: Fwd:  
**Attachment:**

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It will be great and we're all invigorated! XOXO

**Patricia M. Babjak**  
**Chief Executive Officer**  
**Academy of Nutrition and Dietetics**  
120 South Riverside Plaza, Suite 2000  
Chicago, Illinois 60606  
312-899-4856 | pbabjak@eatright.org | www.eatright.org

On Feb 25, 2016, at 4:57 PM, Donna Martin <DMartin@burke.k12.ga.us> wrote:

I must admit that I have been getting a lot of those myself. I know Lucille is over the top excited. We have already booked flights and seats together for a meeting in April in Denver. Won't it be wonderful to get some collegiality back on the board with presidents working together for the good of the Academy! I have gotten some great messages from Academy employees. Teamwork makes the dream work is my new slogan! I plan to be a team member! XOXO

Sent from my iPhone

On Feb 25, 2016, at 5:54 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

This is a perfect example of the type of reaction we're getting about your win!  
Pat

**Patricia M. Babjak**  
**Chief Executive Officer**  
**Academy of Nutrition and Dietetics**  
120 South Riverside Plaza, Suite 2000  
Chicago, Illinois 60606  
312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Susan Finn <susan.finn@outlook.com>  
**Date:** February 24, 2016 at 3:58:25 PM CST

**To:** Mary Beth Whalen <mwhalen@eatright.org>, Pat Babjak <pbabjak@eatright.org>

Are you dancing in the streets. Judy and I are

Sent from my iPhone

4440. Fwd:

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 25, 2016 17:54:26  
**Subject:** Fwd:  
**Attachment:**

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This is a perfect example of the type of reaction we're getting about your win!  
Pat

**Patricia M. Babjak**  
***Chief Executive Officer***  
**Academy of Nutrition and Dietetics**  
120 South Riverside Plaza, Suite 2000  
Chicago, Illinois 60606  
312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Susan Finn <susan.finn@outlook.com>  
**Date:** February 24, 2016 at 3:58:25 PM CST  
**To:** Mary Beth Whalen <mwhalen@eatright.org>, Pat Babjak <pbabjak@eatright.org>

Are you dancing in the streets. Judy and I are

Sent from my iPhone

4441. RE: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Linda Farr <linda.farr@me.com>, Crayton, EdD, RDN, LDN, FAND Evelyn <evelyncrayton64@gmail.com>, Crayton, EdD, RDN, LDN, FAND Evelyn <craytef@charter.net>, craytef@aces.edu <craytef@aces.edu>, Beseler Lucille <lbeseler\_fnc@bellsouth.net>, Connor Sonja <connors@ohsu.edu>, Wolf Kay <Kay\_Wolf@Columbus.rr.com>, Garner Margaret <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Miles Aida <miles081@umn.edu>, Smith Elise <easaden@aol.com>, Ferko-Adams Denise <DeniceFerkoAdams@gmail.com>, Lites Michele D. <Michele.D.Lites@kp.org>, Lites Michele D. <michelelites@sbcglobal.net>, Christie Catherine <c.christie@unf.edu>, Bates Tracey <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, Miranda Steven A. <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Feb 25, 2016 17:47:32  
**Subject:** RE: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT  
**Attachment:**

---

As requested, the email addresses of the newly elected members follow below. Please let me know if you need anything else.

## Board of Directors

**President-elect:** Donna Martin, EdS, RDN, LD, SNS, FAND DMartin@Burke.k12.ga.us J

**Treasurer-elect:** Jo Jo Dantone-DeBarbieris, MS, RDN, LDN, CDE jojo@nutritioned.com

**Director-at-Large:** Hope Barkoukis, PhD, RDN, LD Hope.Barkoukis@case.edu

## House of Delegates

**Speaker-elect:** Dianne Polly, JD, RDN, LDN, FAND diannepolly@gmail.com

**Director:** Susan Brantley, MS, RDN, LDN, CNSD brantley.susan@gmail.com

**At-Large Delegate - 30 Years of Age or Under:** Feon Cheng, MPH, RDN cheng.feon@gmail.com

**At-Large Delegate - Retired:** Sachiko St. Jeor, PhD, RDN, FADA, FAND sstjeor@medicine.nevada.edu

## **Nominating Committee**

### **Leader with BOD Experience in the Past 10 Years**

- Judith Rodriguez, PhD, RD, FADA, FAND jrodrigu@unf.edu

### **National Leader**

- Molly Gee, MEd, RD, LD mgee@bcm.edu
- Bethany Thayer, MS, RDN, FAND (MI) bthayer1@hfhs.org

### **Commission on Dietetic Registration (CDR)**

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- Rebecca Brody, PhD, RD, LD, CNSC brodyra@shrp.rutgers.edu
- Linda Gigliotti, MS, RDN, CDE lmgigliotti@gmail.com

#### **CDR Board Certified Specialist in Pediatric Nutrition**

- Linda Heller, MS, RD, CSP, FAND lheller@chla.usc.edu

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

#### **Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

**From:** Linda Farr [mailto:linda.farr@me.com]

**Sent:** Thursday, February 25, 2016 8:48 AM

**To:** Beseler Lucille <lbeseler\_fnc@bellsouth.net>

**Cc:** Nominating Committee <Nominations@eatright.org>; Crayton, EdD, RDN, LDN, FAND Evelyn <evelyncrayton64@gmail.com>; Crayton, EdD, RDN, LDN, FAND Evelyn <craytef@charter.net>; craytef@aces.edu; Connor Sonja <connors@ohsu.edu>; Wolf Kay

<Kay\_Wolf@Columbus.rr.com>; Garner Margaret <mgarner@ua.edu>;  
DMartin@Burke.k12.ga.us; Miles Aida <miles081@umn.edu>; Smith Elise <easaden@aol.com>;  
Ferko-Adams Denise <DeniceFerkoAdams@gmail.com>; Lites Michele D.  
<Michele.D.Lites@kp.org>; Lites Michele D. <michelelites@sbcglobal.net>; Christie Catherine  
<c.christie@unf.edu>; Bates Tracey <traceybatesrd@gmail.com>; Tammy.randall@case.edu;  
dwheller@mindspring.com; dwbradley51@gmail.com; Miranda Steven A.  
<steve.miranda44@gmail.com>; jean.ragalie-carr@dairy.org; Patricia Babjak  
<PBABJAK@eatright.org>

**Subject:** Re: 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT

I would like to see if we could receive email addresses of all who were on the ballot, elected and not elected. I would like to send them all personal notes.

Thanks!

**Linda**

4442. RE: Nutrition News Forecast Logistics

**From:** Ryan O'Malley <romalley@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 25, 2016 15:36:20  
**Subject:** RE: Nutrition News Forecast Logistics  
**Attachment:**

---

My pleasure, Donna! And you as well!

Ryan

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Thursday, February 25, 2016 2:34 PM  
**To:** Ryan O'Malley <romalley@eatright.org>  
**Subject:** Re: Nutrition News Forecast Logistics

That is exactly what I needed, thanks for your prompt reply! Really look forward to working with you.

Sent from my iPhone

On Feb 25, 2016, at 3:33 PM, Ryan O'Malley <romalley@eatright.org> wrote:

Hi Donna,

Thanks for your reply. The Academy always sends out a press release when the new leadership takes over on June 1<sup>st</sup>, announcing their positions. As for the election results, they will appear in the Eat Right Weekly and have been promoted on our social media channels as well. Let me know if you are looking for more specifics, and I will be happy to provide them to you.

Sincerely,

**Ryan O'Malley**  
***Senior Manager, Strategic Communications***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
(312) 899-4769

[www.EatRightPRO.org/Resources/Media](http://www.EatRightPRO.org/Resources/Media)

Facebook | Google+ | Twitter | YouTube

<image001.jpg>

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]

**Sent:** Thursday, February 25, 2016 2:22 PM

**To:** Ryan O'Malley <romalley@eatright.org>; Doris Acosta <dacosta@eatright.org>

**Subject:** Re: Nutrition News Forecast Logistics

Ryan, I am excited to be working with you also. I have booked my flights into Denver and will be there.

Do you know if the Academy will be sending out any press announcements on the results of the ballots or who would be responsible for sending them out if they did?

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Ryan O'Malley <romalley@eatright.org>

**Sent:** Wednesday, February 24, 2016 10:36 AM

**To:** Donna Martin; lbeseler1@gmail.com; evelyncrayton64@gmail.com



**Cc:** Doris Acosta; Amanda Cohen

**Subject:** Nutrition News Forecast Logistics

Evelyn, Lucille and Donna,

First of all, Donna, congratulations on your nomination as Academy President-elect for 2016-2017! I am very excited to work with you!

Second, attached is the logistic sheet for our upcoming Nutrition News Forecast event, which takes place April 16-17 in Denver, Colorado. We welcome you all to join us, as we bring our Academy spokespeople together for our learning and networking event.

Please review the logistics and book your flights as soon as possible. Once your flights have been booked, please inform Irene Perconti ([ipercon@eatright.org](mailto:ipercon@eatright.org)) and she will then work on your hotel rooms.

And please let us know if you have any questions or concerns along the way. We are looking forward to seeing you in Denver!

Sincerely,

Ryan O'Malley

Senior Manager, Strategic Communications

Academy of Nutrition and Dietetics

4443. RE: Nutrition News Forecast Logistics

**From:** Ryan O'Malley <romalley@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Doris Acosta <dacosta@eatright.org>  
**Sent Date:** Feb 25, 2016 15:33:05  
**Subject:** RE: Nutrition News Forecast Logistics  
**Attachment:** [image001.jpg](#)

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Hi Donna,

Thanks for your reply. The Academy always sends out a press release when the new leadership takes over on June 1<sup>st</sup>, announcing their positions. As for the election results, they will appear in the Eat Right Weekly and have been promoted on our social media channels as well. Let me know if you are looking for more specifics, and I will be happy to provide them to you.

Sincerely,

**Ryan O'Malley**  
***Senior Manager, Strategic Communications***  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
(312) 899-4769

[www.EatRightPRO.org/Resources/Media](http://www.EatRightPRO.org/Resources/Media)

Facebook | Google+ | Twitter | YouTube

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]  
**Sent:** Thursday, February 25, 2016 2:22 PM  
**To:** Ryan O'Malley <romalley@eatright.org>; Doris Acosta <dacosta@eatright.org>  
**Subject:** Re: Nutrition News Forecast Logistics

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Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Ryan O'Malley <romalley@eatright.org>

**Sent:** Wednesday, February 24, 2016 10:36 AM

**To:** Donna Martin; lbeseler1@gmail.com; evelyncrayton64@gmail.com

**Cc:** Doris Acosta; Amanda Cohen

**Subject:** Nutrition News Forecast Logistics

Evelyn, Lucille and Donna,

First of all, Donna, congratulations on your nomination as Academy President-elect for 2016-2017! I am very excited to work with you!

Second, attached is the logistic sheet for our upcoming Nutrition News Forecast event, which takes place April 16-17 in Denver, Colorado. We welcome you all to join us, as we bring our Academy spokespeople together for our learning and networking event.

Please review the logistics and book your flights as soon as possible. Once your flights have been booked, please inform Irene Perconti (ipercon@eatright.org) and she will then work on your hotel rooms.

And please let us know if you have any questions or concerns along the way. We are looking forward to seeing you in Denver!

Sincerely,

Ryan O'Malley

Senior Manager, Strategic Communications

Academy of Nutrition and Dietetics

## 4444. Eat Right Weekly - February 24, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 24, 2016 18:05:22  
**Subject:** Eat Right Weekly - February 24, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that affects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

February 24, 2016

[Quick Links: On the Pulse of Public Policy | CPE Corner | Career Resources | Research Briefs](#)  
[Academy Member Updates | Philanthropy, Awards and Grants](#)

### ON THE PULSE OF PUBLIC POLICY

#### FDA Grant to Establish Food Safety Regional Centers

As part of the Food Safety and Modernization Act, the Food and Drug Administration recently announced grants to new regional centers for food safety training, outreach and technical assistance at Iowa State University and the University of Vermont and State Agricultural College. The regional centers will provide targeted training opportunities for businesses on compliance with new food safety rules. The Academy supports implementation of FSMA.

[Learn More](#)

#### Report on School Breakfast Participation

The Food Research and Action Center released a report highlighting continued increases in participation of both students and schools in the School Breakfast Program in most states. During the 2014-2015 school year, 11.7 million students (an increase of 4.2 percent over 2013-2014), participated. The Academy continues to support a strong School Breakfast Program as part of Child Nutrition Reauthorization.

[Learn More](#)

#### Proposed Regulations and Government Initiatives

Make a difference by helping federal agencies refine and improve multiple proposed regulations affecting everything from food labeling (such as GMOs and use of the term "natural") to opportunities to reform any regulations that are burdensome or out of date to initiatives that touch

on almost every area of dietetics practice. Members are encouraged to work with your dietetic practice groups to submit input on these initiatives, which are detailed in the Public Policy Weekly News and on the Academy's website.

[Learn More](#)

## CPE CORNER

### March 3 Webinar: Food Waste in America

A March 3 webinar, "Food Waste in America: What Every RD Should Know," will explore national initiatives to address food waste and help registered dietitian nutritionists and nutrition and dietetic technicians, registered learn how to minimize food loss and waste among their clients, foodservice operations and communities. The webinar is sponsored by the Natural Resources Defense Council and hosted by the Hunger and Environmental Nutrition dietetic practice group. CPE is pending.

[Learn More](#)

### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

#### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

#### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

#### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa. and June 10 to 12 in Salt Lake City, Utah.

[Learn More](#)

#### Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

### CAREER RESOURCES

#### March 1 Deadline: Nominate a Colleague for an Award

Don't miss this chance to nominate deserving colleagues for prestigious Academy national honors and awards. Recipients will be announced in May and will be recognized at the 2016 Food & Nutrition Conference & Expo. The deadline is March 1.

[Learn More](#)

#### March 1 Deadline: Diversity Awards and Grants

The deadline is March 1 to apply for a \$1,000 Diversity Action Award or \$10,000 Promotion Grant, available to recognized Academy groups.

[Learn More](#)

#### Revised Position Paper: 'Nutrition and Athletic Performance'

The Academy's revised position paper, "Nutrition and Athletic Performance," developed with Dietitians of Canada and the American College of Sports Medicine, has been published online and will appear in the March *Journal*. The position paper outlines the organization's stance on nutrition factors that have been determined to influence athletic performance and emerging trends in sports nutrition.

[Learn More](#)

### Health Informatics Conference

The Academy is a nonprofit partner of the HIMSS2016 Conference and Exhibition, to be held February 29 to March 4 in Las Vegas, Nev. Contributions from the Academy include Wellness Tips, Food for Life and Mobile Tracking Device Sources for Nutrition.

[Learn More](#)

### Resources for National School Breakfast Week

National School Breakfast Week is March 7 to 11. Promote school breakfast with Kids Eat Right's ready-made "Healthy Breakfast. Everywhere You Go." toolkit. Resources include a 20-minute PowerPoint presentation for community stakeholders on the importance of school breakfast on academic performance, as well as presentations developed for elementary, middle school or high school students.

[Learn More](#)

### National CACFP Week

Celebrate healthy food in child care and after-school programs during National CACFP Week, to be held March 13-19. The Child and Adult Care Food Program serves more than 3.8 million children every year.

[Learn More](#)

### March 14 IOM Workshop: Assessing Nutrition Care in Outpatient Oncology

The Institute of Medicine will offer a free, public workshop in Washington, D.C., on March 14 on "Assessing Nutrition Care in Outpatient Oncology." The workshop will be held at the National Academy of Sciences' Keck Center, 500 Fifth St., N.W. Attend in person or via webcast.

Continuing education credit for registered dietitian nutritionists is pending. The Academy is a co-sponsor of the workshop.

[Learn More](#)

### eNCPT Student Guide

A resource for Nutrition Care Process educators, the eNCPT Student Companion Guide is a comprehensive student companion to the electronic Nutrition Care Process Terminology. This publication guides, challenges and tests students on each step of the NCP. An Instructor's Solutions Manual is also available to NDEP members.

### eNCPT 2015: Updated Terminology and Modules

The Nutrition Care Process modules have been updated to reflect the 2015 edition of the eNCPT. Access the most current and up-to-date terms for nutrition care and comply with the Department of Health and Human Services' mandate that clinical terminologies in EHR systems must be in SNOMED and LOINC.

[Learn More](#)



## RESEARCH BRIEFS

### Study Shows Improvements with RDNs' Intervention

The advice of a registered dietitian nutritionist results in improved outcomes for older people residing in care homes.

[Learn More](#)

### New on EAL: Updated Guidelines

Updated guidelines were recently published on the Evidence Analysis Library, including Pediatric Weight Management, Hypertension and Diabetes Types 1 and 2. Members can log in to view the content, and non-members can purchase a subscription.

### New on eatrightSTORE: HIV/AIDS Evidence-Based Nutrition Practice Toolkit

This toolkit helps practitioners implement the Evidence Analysis Library's 2010 HIV/AIDS guideline in coordination with the Nutrition Care Process.

[Learn More](#)

## ACADEMY MEMBER UPDATES

### Congratulations to Academy's Newly Elected Leaders

The results are in, and the Nominating Committee is pleased to report the outcome of the Academy's 2016 national election. Congratulations to the Academys newly elected leaders and special thanks to every member who voted. Election results will be posted by 3 p.m. Central time on Wednesday, February 24.

[Learn More](#)

### March 1 Deadline: Nominations for Huddleson Award

Which research, practice or review article published in the *Journal of the Academy of Nutrition and Dietetics* during 2015 had the greatest impact on you? Each year, the Huddleson Award, presented by the Academy's Foundation, recognizes a registered dietitian nutritionist who was the lead author of an article published in the *Journal*. The award is named for Mary Pascoe Huddleson, editor of the Journal from 1927 to 1946. Nominate an author whose article's content was truly exceptional. The nomination deadline is March 1.

[Learn More](#)

### Bloggers: Join National Nutrition Month Blogroll

National Nutrition Month is a great time for food and nutrition bloggers to help your readers understand the fundamentals of a healthy eating plan and *Savor the Flavor of Eating Right*. Join the 2016 National Nutrition Month blogroll.

[Learn More](#)

### Registered Dietitian Nutritionist Day Gifts Available

March 9 is Registered Dietitian Nutritionist Day - a time to honor all RDNs and the contributions they make in keeping communities healthy. Make this celebration special with gifts including a lapel pin, stylus pen and tablet tote featuring the RDN imprint. More products are available in the National Nutrition Month online catalog.

[Learn More](#)

### Participate in eatright Market Research Panel

Academy members: Share your opinions and influence products and services in the food and nutrition industry. The eatright Market Research Panel will receive surveys on a range of topics; participants will be compensated. The Academy is not affiliated with the eatright Market Research Panel and does not endorse services, products or companies being surveyed.

[Learn More](#)

### 'Screen at 23' Campaign

Asian-Americans develop diabetes and prediabetes at a lower body mass index than other ethnic groups. A new national campaign titled "Screen at 23" calls for Asian-Americans with a BMI of 23 or greater to be screened for Type 2 diabetes.

[Learn More](#)

## PHILANTHROPY, AWARDS AND GRANTS

### Gift in Member's Name Supports Foundations International Fellowship

The Foundation's First International Nutritionist/Dietitian Fellowship for Study in the USA recently received a generous gift in the name of former Academy member Paquita de Leon Erdell, EdD, RD, who died in February 2015 at age 90. The FIND fund was established by Ms. Erdell and Academy member Alice Adelheid Wimpfheimer, MS, RDN, CDN, to assist foreign national students who are pursuing postgraduate work in the U.S. and who have a clearly articulated plan to bring their knowledge and training back to their home country.

[Learn More](#)

### April 1 Application Deadline: DCE Karen Goldstein Memorial Grant for Diabetes MNT

This \$20,000 grant provides financial support to a Diabetes Care and Education DPG member for outcomes research in diabetes medical nutrition therapy. The application deadline is April 1. Email Amy Donatell with questions.

[Learn More](#)

### Application Deadline Extended to March 29: Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

This fund provides up to two \$1,100 awards for essays describing new approaches, including the application of technology, to feed the hungry by maximizing underutilized food resources or

through a fresh produce program reducing food wastage. The deadline to submit essays is March 29. Email Amy Donatell for more information.

[Learn More](#)

#### During National Nutrition Month: Honor a Mentor with a Tribute Gift

Honoring a mentor while making a gift to your Foundation is a great way to recognize the special people who make a difference in your life, while making an important investment in the future of the dietetics profession. Your friend, colleague or loved one's family will be notified of your thoughtfulness through a personalized acknowledgement card. Contact Martha Ontiveros at 312/899-4773 or [montiveros@eatright.org](mailto:montiveros@eatright.org).

[Learn More](#)

#### Iowa Schools Get Healthier

In collaboration with the Iowa Department of Education through a USDA Team Nutrition grant to implement the Meet the Challenge! project, teachers in Iowa incorporated more nutrition education and physical activity opportunities into the school day during the fall and winter through Kids Eat Right's "Healthy Schools. It's a Team Effort" workshops. Ten schools are working with a registered dietitian nutritionist to apply for USDA's HealthierUS School Challenge award.

[Learn More](#)

#### From Our Partners

#### **ANFP Regional Meetings Provide Education, Networking, Exhibits**

Plan to attend an Association of Nutrition & Foodservice Professionals regional meeting this spring. Meetings combine education, networking and exhibits to create an inspiring and informative two-day event. Learn new solutions to foodservice challenges and build on your leadership skills. ANFP is a continuing professional education accredited provider with the Commission on Dietetic Registration. Up to 13 CPEUs are available.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics. If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4445. CONGRATULATIONS!!!

**From:** Jennifer Folliard <JFolliard@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 24, 2016 17:36:17  
**Subject:** CONGRATULATIONS!!!  
**Attachment:**

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Donna,

I am so so excited for you!! You are such an inspirational leader and will make a fantastic president!

Looking forward to seeing you even more often!!

Best,  
Jenn

Jennifer Noll Folliard  
Director, USDA Legislation and Policy  
Academy of Nutrition and Dietetics  
Phone: (202)-775-8277 ext. 6021

## 4446. 2016 Election Results

**From:** Nominating Committee <Nominations@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 24, 2016 15:55:51  
**Subject:** 2016 Election Results  
**Attachment:** [image005.jpg](#)  
[image003.jpg](#)  
[image004.png](#)  
[2016 Election Results.pdf](#)

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February 24, 2016

Dear Donna:

On behalf of the members of the Academy of Nutrition and Dietetics, it is my privilege to inform you that you have been elected to the position of President-elect. The election results are enclosed for your information and will be posted today on [www.eatrightpro.org/elections](http://www.eatrightpro.org/elections) at 3:00 pm Central Time.

It is with great personal pleasure that I congratulate you. Your vision will guide the profession and help shape the future of the Academy into its second century of progress.

You will officially assume office on June 1, 2016. Orientation materials, including information on upcoming meetings, will be forthcoming.

Sincerely,

Deanne S. Brandstetter, MBA, RD, CDN, FAND  
2015-16 Nominating Committee Chair



## 4447. 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT

**From:** Nominating Committee <Nominations@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net <craytef@charter.net>, 'craytef@aces.edu' <craytef@aces.edu>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, mgarner@ua.edu <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFenkoAdams@gmail.com <DeniceFenkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Feb 24, 2016 14:26:12  
**Subject:** 2016 Election Results - CONFIDENTIAL UNTIL 3PM CT  
**Attachment:**

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The Nominating Committee is pleased to report the outcome of the 2016 national election. The following individuals have been elected from among many excellent candidates. The committee thanks you for participating in the nomination and election processes and is proud to report the percent of eligible members who voted rose from 9% last year to 12.7% this year. **Please keep the election results information confidential until 3:00 pm Central Time today** when the results are announced in *Eat Right Weekly* and on the Academy's website and listservs.

## 2016 ELECTION RESULTS

### - Board of Directors

**President-elect:** Donna Martin, EdS, RDN, LD, SNS, FAND (GA)

**Treasurer-elect:** Jo Jo Dantone-DeBarbieris, MS, RDN, LDN, CDE (LA)

**Director-at-Large:** Hope Barkoukis, PhD, RDN, LD (OH)



## **House of Delegates**

**Speaker-elect:** Dianne Polly, JD, RDN, LDN, FAND (TN)

**Director:** Susan Brantley, MS, RDN, LDN, CNSD (TN)

**At-Large Delegate - 30 Years of Age or Under:** Feon Cheng, MPH, RDN (PA)

**At-Large Delegate - Retired:** Sachiko St. Jeor, PhD, RDN, FADA, FAND (NV)

## **Nominating Committee**

### **Leader with BOD Experience in the Past 10 Years**

- Judith Rodriguez, PhD, RD, FADA, FAND (FL)

### **National Leader**

- Molly Gee, MEd, RD, LD (TX)
- Bethany Thayer, MS, RDN, FAND (MI)

### **Commission on Dietetic Registration (CDR)**

#### **CDR Registered Dietitian Nutritionist**

- Rebecca Brody, PhD, RD, LD, CNSC (OR)
- Linda Gigliotti, MS, RDN, CDE (CA)

#### **CDR Board Certified Specialist in Pediatric Nutrition**

- Linda Heller, MS, RD, CSP, FAND (CA)

For more information regarding nominations and elections, visit [www.eatrightPRO.org/elections](http://www.eatrightPRO.org/elections).

4448. RE: March 20-21 BOD Meeting Location

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 24, 2016 11:31:45  
**Subject:** RE: March 20-21 BOD Meeting Location  
**Attachment:**

---

Will do, Donna!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

**From:** Donna Martin [mailto:DMartin@burke.k12.ga.us]

**Sent:** Tuesday, February 23, 2016 7:33 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: March 20-21 BOD Meeting Location

Joan, I will need a room Saturday night also please! Thanks!

Sent from my iPhone

On Feb 23, 2016, at 1:49 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

We have received confirmation that the March 20-21 Board meeting will be held at the Wyndham Grand Chicago Riverfront Hotel, 71 East Wacker, in Chicago. This location proved to be more cost effective than staying close to the airport. Reservations will be made for arrival on Sunday, March

20, unless requested otherwise.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

**From:** Joan Schwaba

**Sent:** Thursday, February 18, 2016 5:03 PM

**To:** 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; 'craytef@aces.edu' <[craytef@aces.edu](mailto:craytef@aces.edu)>; [craytef@charter.net](mailto:craytef@charter.net); 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; [connors@ohsu.edu](mailto:connors@ohsu.edu); 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; 'Margaret Garner (mgarner@ua.edu)' <[mgarner@ua.edu](mailto:mgarner@ua.edu)>; [DMartin@Burke.k12.ga.us](mailto:DMartin@Burke.k12.ga.us); 'Aida Miles-school' <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[easaden@aol.com](mailto:easaden@aol.com)>; [DeniceFenkoAdams@gmail.com](mailto:DeniceFenkoAdams@gmail.com); [Michele.D.Lites@kp.org](mailto:Michele.D.Lites@kp.org); [michelelites@sbcglobal.net](mailto:michelelites@sbcglobal.net); 'Catherine Christie' <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; [Tammy.randall@case.edu](mailto:Tammy.randall@case.edu); [dwheller@mindspring.com](mailto:dwheller@mindspring.com); [dwbradley51@gmail.com](mailto:dwbradley51@gmail.com); [steve.miranda44@gmail.com](mailto:steve.miranda44@gmail.com); [jean.ragalie-carr@dairy.org](mailto:jean.ragalie-carr@dairy.org)

**Cc:** Executive Team Mailbox <[ExecutiveTeamMailbox@eatright.org](mailto:ExecutiveTeamMailbox@eatright.org)>; Mary Gregoire <[mgregoire@eatright.org](mailto:mgregoire@eatright.org)>; Chris Reidy <[CREIDY@eatright.org](mailto:CREIDY@eatright.org)>; Susan Burns <[Sburns@eatright.org](mailto:Sburns@eatright.org)>; Sharon McCauley <[smccauley@eatright.org](mailto:smccauley@eatright.org)>; Cecily Byrne <[cbyrne@eatright.org](mailto:cbyrne@eatright.org)>; William Murphy <[WMurphy@eatright.org](mailto:WMurphy@eatright.org)>

**Subject:** March 20-21 BOD Meeting Time

Since we have still been experiencing schedule conflicts, we are moving the times for the meeting **to start at 2:00pm on Sunday, March 20 and will adjourn at 3:00pm on Monday, March 21.**

Hotel accommodations will be in downtown Chicago, reservations will be made for arrival on Sunday, March 20, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter

1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box. If you have credit from the cost of an unused ticket, a prompt will display on your screen once you search for flights. If you have already booked your flight please call the Academy Travel Desk at 1-800-344-8212 to update your flight itinerary. The ticket change fee will be subtracted from the cost of the original flight and the remainder will be applied to the new reservation.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

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**From:** Joan Schwaba

**Sent:** Thursday, February 04, 2016 4:18 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; elise@nutritionsystems.com; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

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**Subject:** CONFIRMING: Board Meeting Date

This is to confirm the most viable dates for the March Board meeting are Sunday, March 20 to Monday, March 21. Please plan to arrive on Saturday, March 19 as the meeting will convene at 8:00am on Sunday, March 20 and adjourn at 1:00pm on Monday, March 21.

Hotel reservations will be made for arrival on Saturday, March 19, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box. If you have credit from the cost of an unused ticket, a prompt will display on your screen once you search for flights.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** Joan Schwaba

**Sent:** Tuesday, February 02, 2016 5:36 PM

**To:** 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; 'craytef@aces.edu' <[craytef@aces.edu](mailto:craytef@aces.edu)>; 'craytef@charter.net'; 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; 'connors@ohsu.edu'; 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; Margaret Garner ([mgarner@ua.edu](mailto:mgarner@ua.edu)) <[mgarner@ua.edu](mailto:mgarner@ua.edu)>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[easaden@aol.com](mailto:easaden@aol.com)>; [elise@nutritionsystems.com](mailto:elise@nutritionsystems.com); 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; 'Tammy.randall@case.edu'; [dwheller@mindspring.com](mailto:dwheller@mindspring.com); 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Board Meeting Date

We are continuing our search for a date for the next Board meeting that accommodates the majority of members. Please mark a check to indicate your availability for the following dates listed below.

\_\_\_\_ Starting at 2:00pm on Tuesday, March 15 and adjourning at 4:00pm on Wednesday, March 16

\_\_\_\_ Starting at 2:00pm on Saturday, March 21 and adjourning at 4:00pm on Sunday, March 20

\_\_\_\_ Starting at 2:00pm on Sunday, March 20 and adjourning at 4:00pm on Monday, March 21

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; 'dwheller@mindspring.com'; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; '

jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** UPDATE: Upcoming Board Meetings

Several people have schedule conflicts for the revised dates of the next Board meeting. Please hold off on scheduling your travel. If any of you have booked your flight, we will place your ticket into the pool for reissue. A Doodle poll will be sent early next week to select a meeting date.

Best regards,  
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995

**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; 'DMartin@Burke.k12.ga.us'; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; 'dwheller@mindspring.com'; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Upcoming Board Meetings

For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday**,

**February 27 and Sunday, February 28.** The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in Charleston, SC.

Best regards,  
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995



#### 4449. Nutrition News Forecast Logistics

**From:** Ryan O'Malley <romalley@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, lbeseler1@gmail.com <lbeseler1@gmail.com>, evelyncrayton64@gmail.com <evelyncrayton64@gmail.com>  
**Cc:** Doris Acosta <dacosta@eatright.org>, Amanda Cohen <acohen@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 24, 2016 10:40:09  
**Subject:** Nutrition News Forecast Logistics  
**Attachment:** [Nutrition News Forecast Logistics 2016 - Leadership.pdf](#)

---

Evelyn, Lucille and Donna,

First of all, Donna, congratulations on your nomination as Academy President-elect for 2016-2017! I am very excited to work with you!

Second, attached is the logistic sheet for our upcoming Nutrition News Forecast event, which takes place April 16-17 in Denver, Colorado. We welcome you all to join us, as we bring our Academy spokespeople together for our learning and networking event.

Please review the logistics and book your flights as soon as possible. Once your flights have been booked, please inform Irene Perconti (ipercon@eatright.org) and she will then work on your hotel rooms.

And please let us know if you have any questions or concerns along the way. We are looking forward to seeing you in Denver!

Sincerely,

Ryan O'Malley

Senior Manager, Strategic Communications

Academy of Nutrition and Dietetics



## 4450. 2016 Presidents' Lecture Selection

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, DeniceFerkoAdams@gmail.com <DeniceFerkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>  
**Sent Date:** Feb 23, 2016 18:56:17  
**Subject:** 2016 Presidents' Lecture Selection  
**Attachment:** [image002.jpg](#)  
[image004.jpg](#)

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At the October 2015 Board of Directors meeting, the topic of Advances in Brain Health and the Impact of Nutrition was selected for the 2016 Presidents' Lecture. Speaker names were submitted by the Committee for Lifelong Learning (Professional Development), Practice Group Leaders, Academy committee leadership, and appropriate internal Academy staff.

Please rank the proposed speakers by **Monday, February 29** using the following link: <https://www.surveymonkey.com/r/2016PresidentsLecture>. We have taken past Board feedback into account and changed the evaluation process, moving away from a forced ranking. This new format allows each speaker to be evaluated independently on four different criteria that will then be quantified during the analysis process.

Thank you for your feedback; we will share the results of the scoring with you before contacting the presenter.

Best regards,

**Patricia M. Babjak**

***Chief Executive Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4856

**[pbabjak@eatright.org](mailto:pbabjak@eatright.org) | [www.eatright.org](http://www.eatright.org)**

**[Twitter](#) | [Facebook](#) | [LinkedIn](#) | [YouTube](#)**

4451. Re: March 20-21 BOD Meeting Location

**From:** Marsha Schofield <mschofield@eatright.org>  
**To:** Joan Schwaba <JSchwaba@eatright.org>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Margaret Garner' (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFerkoAdams@gmail.com <DeniceFerkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Cecily Byrne <cbyrne@eatright.org>, William Murphy <WMurphy@eatright.org>  
**Sent Date:** Feb 23, 2016 17:31:46  
**Subject:** Re: March 20-21 BOD Meeting Location  
**Attachment:**

---

Hi Joan,

Thanks for the update. I assume my request for a room starting Saturday night has already been noted.

See you tomorrow!

Marsha

Marsha Schofield, MS, RD, LD, FAND

*Senior Director, Governance*

*Nutrition Services Coverage*

**Academy of Nutrition and Dietetics**

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**From:** Joan Schwaba

**Sent:** Tuesday, February 23, 2016 12:46 PM

**To:** 'evelyncrayton64'; 'craytef@aces.edu'; craytef@charter.net; 'Lucille Beseler'; connors@ohsu.edu; 'Kay Wolf'; 'Margaret Garner (mgarner@ua.edu)'; DMartin@Burke.k12.ga.us; 'Aida Miles-school'; 'Linda Farr'; 'Elise Smith'; DeniceFenkoAdams@gmail.com; Michele.D.Lites@kp.org; michelelites@sbcglobal.net; 'Catherine Christie'; 'Tracey Bates'; Tammy.randall@case.edu; dwheller@mindspring.com; dwbradley51@gmail.com; steve.miranda44@gmail.com; jean.ragalie-carr@dairy.org

**Cc:** Executive Team Mailbox; Mary Gregoire; Chris Reidy; Susan Burns; Sharon McCauley; Cecily Byrne; William Murphy

**Subject:** March 20-21 BOD Meeting Location

We have received confirmation that the March 20-21 Board meeting will be held at the Wyndham Grand Chicago Riverfront Hotel, 71 East Wacker, in Chicago. This location proved to be more cost effective than staying close to the airport. Reservations will be made for arrival on Sunday, March 20, unless requested otherwise.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** Joan Schwaba

**Sent:** Thursday, February 18, 2016 5:03 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; craytef@charter.net; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; connors@ohsu.edu; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Margaret Garner (mgarner@ua.edu)' <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; DeniceFenkoAdams@gmail.com; Michele.D.Lites@kp.org; michelelites@sbcglobal.net; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; Tammy.randall@case.edu; dwheller@mindspring.com; dwbradley51@gmail.com; steve.miranda44@gmail.com; jean.ragalie-carr@dairy.org

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>; Sharon McCauley <smccauley@eatright.org>; Cecily Byrne <cbyrne@eatright.org>; William Murphy <WMurphy@eatright.org>

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flight please call the Academy Travel Desk at 1-800-344-8212 to update your flight itinerary. The ticket change fee will be subtracted from the cost of the original flight and the remainder will be applied to the new reservation.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**Subject:** CONFIRMING: Board Meeting Date



This is to confirm the most viable dates for the March Board meeting are Sunday, March 20 to Monday, March 21. Please plan to arrive on Saturday, March 19 as the meeting will convene at 8:00am on Sunday, March 20 and adjourn at 1:00pm on Monday, March 21.

Hotel reservations will be made for arrival on Saturday, March 19, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box. If you have credit from the cost of an unused ticket, a prompt will display on your screen once you search for flights.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** Joan Schwaba

**Sent:** Tuesday, February 02, 2016 5:36 PM

**To:** 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; 'craytef@aces.edu' <[craytef@aces.edu](mailto:craytef@aces.edu)>; 'craytef@charter.net'; 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; 'connors@ohsu.edu'; 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; Margaret Garner ([mgarner@ua.edu](mailto:mgarner@ua.edu)) <[mgarner@ua.edu](mailto:mgarner@ua.edu)>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[easaden@aol.com](mailto:easaden@aol.com)>; [elise@nutritionsystems.com](mailto:elise@nutritionsystems.com); 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; 'Tammy.randall@case.edu'; [dwheller@mindspring.com](mailto:dwheller@mindspring.com); 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <[ExecutiveTeamMailbox@eatright.org](mailto:ExecutiveTeamMailbox@eatright.org)>; Mary Gregoire <[mgregoire@eatright.org](mailto:mgregoire@eatright.org)>; Chris Reidy <[CREIDY@eatright.org](mailto:CREIDY@eatright.org)>; Susan Burns <

Sburns@eatright.org>

**Subject:** Board Meeting Date

We are continuing our search for a date for the next Board meeting that accommodates the majority of members. Please mark a check to indicate your availability for the following dates listed below.

\_\_\_\_ Starting at 2:00pm on Tuesday, March 15 and adjourning at 4:00pm on Wednesday, March 16

\_\_\_\_ Starting at 2:00pm on Saturday, March 21 and adjourning at 4:00pm on Sunday, March 20

\_\_\_\_ Starting at 2:00pm on Sunday, March 20 and adjourning at 4:00pm on Monday, March 21

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <

mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** UPDATE: Upcoming Board Meetings

Several people have schedule conflicts for the revised dates of the next Board meeting. Please hold off on scheduling your travel. If any of you have booked your flight, we will place your ticket into the pool for reissue. A Doodle poll will be sent early next week to select a meeting date.

Best regards,  
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995

**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; 'DMartin@Burke.k12.ga.us'; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; 'dwheller@mindspring.com'; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Upcoming Board Meetings

For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday, February 27 and Sunday, February 28**. The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on

Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in Charleston, SC.

Best regards,  
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995

## 4452. March 20-21 BOD Meeting Location

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, craytef@charter.net <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Margaret Garner (mgarner@ua.edu)' <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, DeniceFenkoAdams@gmail.com <DeniceFenkoAdams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Cecily Byrne <cbyrne@eatright.org>, William Murphy <WMurphy@eatright.org>  
**Sent Date:** Feb 23, 2016 13:49:45  
**Subject:** March 20-21 BOD Meeting Location  
**Attachment:**

---

We have received confirmation that the March 20-21 Board meeting will be held at the Wyndham Grand Chicago Riverfront Hotel, 71 East Wacker, in Chicago. This location proved to be more cost effective than staying close to the airport. Reservations will be made for arrival on Sunday, March 20, unless requested otherwise.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

**From:** Joan Schwaba

**Sent:** Thursday, February 18, 2016 5:03 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; craytef@charter.net; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; connors@ohsu.edu; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Margaret Garner (mgarner@ua.edu)' <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; DeniceFenkoAdams@gmail.com; Michele.D.Lites@kp.org; michelelites@sbcglobal.net; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; Tammy.randall@case.edu; dwheller@mindspring.com; dwbradley51@gmail.com; steve.miranda44@gmail.com; jean.ragalie-carr@dairy.org

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>; Sharon McCauley <smccauley@eatright.org>; Cecily Byrne <cbyrne@eatright.org>; William Murphy <WMurphy@eatright.org>

**Subject:** March 20-21 BOD Meeting Time

Since we have still been experiencing schedule conflicts, we are moving the times for the meeting **to start at 2:00pm on Sunday, March 20 and will adjourn at 3:00pm on Monday, March 21.**

Hotel accommodations will be in downtown Chicago, reservations will be made for arrival on Sunday, March 20, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box. If you have credit from the cost of an unused ticket, a prompt will display on your screen once you search for flights. If you have already booked your flight please call the Academy Travel Desk at 1-800-344-8212 to update your flight itinerary. The ticket change fee will be subtracted from the cost of the original flight and the remainder will be applied to the new reservation.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Email: jschwaba@eatright.org

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**From:** Joan Schwaba

**Sent:** Thursday, February 04, 2016 4:18 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; elise@nutritionsystems.com; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>; Sharon McCauley <smccauley@eatright.org>; Cecily Byrne <cbyrne@eatright.org>

**Subject:** CONFIRMING: Board Meeting Date

This is to confirm the most viable dates for the March Board meeting are Sunday, March 20 to Monday, March 21. Please plan to arrive on Saturday, March 19 as the meeting will convene at 8:00am on Sunday, March 20 and adjourn at 1:00pm on Monday, March 21.

Hotel reservations will be made for arrival on Saturday, March 19, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box. If

you have credit from the cost of an unused ticket, a prompt will display on your screen once you search for flights.

Best regards,

Joan

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**From:** Joan Schwaba

**Sent:** Tuesday, February 02, 2016 5:36 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; elise@nutritionsystems.com; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

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Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Chicago, Illinois 60606-6995

**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

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**Subject:** UPDATE: Upcoming Board Meetings

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Best regards,  
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**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

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Best regards,  
Joan

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**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995

4453. Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 23, 2016 13:26:20  
**Subject:** Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST  
**Attachment:**

---

My mistake. I read this and thought the baby was a girl....duh!!! It is more exciting when you don't know. We did it both ways and I prefer not knowing. I am very excited for you.

P

**From:** Donna Martin <DMartin@burke.k12.ga.us>  
**Sent:** Tuesday, February 23, 2016 12:24 PM  
**To:** Paul Mifsud  
**Subject:** Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

We don't have a name because we don't have a sex. Will reach out!

Sent from my iPhone

On Feb 23, 2016, at 1:06 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

Donna,

I will be in the dark!! So, please let me know when get word. Pat is very guarded about elections!! You will be missed today, but, I am hoping that you will have many more to make up for it. Let me know what the baby comes as well. Do they have a name yet?

p

**From:** Donna Martin <DMartin@burke.k12.ga.us>  
**Sent:** Tuesday, February 23, 2016 11:44 AM  
**To:** Paul Mifsud  
**Subject:** Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

Paul, I am sorry I will not be on the call this afternoon. In DC with Jenn Folliard storming the Hill. I am anxious to get the call tomorrow to find out what the future holds. Glad the election part is over. Will you get notified or do I need to notify you? I am OK whatever the outcome. On baby watch with my daughter. She is due in 10 days. Fingers crossed! Talk to you soon.

Sent from my iPhone

On Feb 23, 2016, at 12:22 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

All,

Just in case you have printed out the agenda for today's meeting, it has changed. The agenda put onto the portal originally was a preliminary agenda. I am sorry for the confusion. Attached is the actual agenda for you.

Paul

**From:** Paul Mifsud

**Sent:** Friday, February 19, 2016 10:43 AM

**To:** Paul Mifsud; 'Margaret Garner'; DMartin@Burke.k12.ga.us; 'Jean Ragalie-Carr'; 'lbeseler\_fnc@bellsouth.net'; 'Linda.farr@me.com'; 'Amanda Jones'; 'Ksauer@ksu.edu'; 'kay\_wolf@columbus.rr.com'; 'Unluco@hotmail.com'

**Cc:** Patricia Babjak; Darchele Erskine; Christian Krapp; Maria Juarez; Mary Beth Whalen; 'carole.clemente@rosedmi.com'; 'Cecala, Sue'

**Subject:** RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

All,

It would help if I provided the variance grid for the Academy!! Sorry about that. My fat fingers moved too fast.

Paul

**From:** Paul Mifsud

**Sent:** Friday, February 19, 2016 10:37 AM

**To:** Paul Mifsud; 'Margaret Garner'; DMartin@Burke.k12.ga.us; 'Jean Ragalie-Carr'; 'lbeseler\_fnc@bellsouth.net'; 'Linda.farr@me.com'; 'Amanda Jones'; 'Ksauer@ksu.edu'; '

kay\_wolf@columbus.rr.com'; 'Unluco@hotmail.com'

**Cc:** Patricia Babjak; Darchele Erskine; Christian Krapp; Maria Juarez; Mary Beth Whalen; 'carole.clemente@rosedmi.com'; 'Cecala, Sue'

**Subject:** RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

All,

We have a Finance and Audit Committee meeting will be on Tuesday, February 23<sup>rd</sup> at 1:00 p.m. CST. Maria has begun to put the information onto the portal and will let you know when everything is completed. Also, the webinar invitation has gone out to everyone from the Academy IT team. Please let me know if you did not receive the information. The meeting agenda will focus on the following;

1. November final financials
2. December preliminary financials
3. April FAC meeting

I also have invited the Academy Executive team to audit our call. I thought it might be informative for the E-team to hear what is discussed. It is not mandatory. However, I thought it would be help to the team. In addition, if anyone can attend the call, and the committee has a question, they could answer it immediately. Hopefully, a win/win scenario.

Now, onto the narrative.

## **I. December Adjustments**

There were no changes made to the original December financials

## II. Investments

Unfortunately, the investment news continues to be the same; losses. In January, the combined portfolios lost nearly \$1.6M. This brings the year to date losses to just over \$2.6 million. The one bright spot is when I wrote this email in January, our portfolio was actually down \$3.4M for January. So, we did see a “rally” at the end of the month. I wish I could tell you we are experiencing a rebound in February. Through yesterday, the combined portfolios are down approximately \$335,000. This represents a 0.6% loss. The portfolios were down more earlier in the month, and unfortunately, are down this morning. That being said, 0.6% is not insurmountable. We still have the possibility of moving higher. I did talk to Al Bryant yesterday and he again reiterated that this will pass and he views this as just another market correction. I will keep you informed if this changes.

## III. Academy preliminary January Financials (A3 and A10)

The Academy results for January were short of expectations. In January, the Academy revenue was short of the budget target by \$90,552. On the expense front, the Academy expenses were under budget by \$8,654. If you combine these two numbers, you will see that the Academy missed its Operating Income target by \$81,898. As I mentioned above, investments continued the poor performance and missed the budget target by \$573,568 in January. So, after adding everything together, the Academy had a Net Deficit of \$694,001. This underperformed the budget by \$655,465.

Year to date, through January, the Operating Revenues are now down by \$459,949 while the Operating Expenses are under budget by \$86,280. This results in an Operating Deficit of \$755,821 which is under-performing when compared to the budget by \$373,669. The one bright spot on the “overall financials” is the Operating Deficit is \$842,102 smaller (better) than the Operating Deficit through January of last year. This reflects a reduction of almost 53%. So, one of the “takeaways” from the financial results is the Academy is doing much better than last year, but, not as good as our budget.

The revenue in January continued to under-perform in some of the same areas as we have discussed previously; Publication (down \$53.1K) and Sponsorships (down \$22.1K). In January, we have missed out targets on Grants (down \$29.3K) and Other (down \$9.6K). In both cases, this could be a “timing” issue. One bit of good news for the month is Membership revenue beat the budget by \$2,766. This is mostly due to the Fellow revenue. However, the gap on Membership itself, at least for January, has closed. Since this is a “recurring “ revenue stream, hopefully, it won't be just for one month. We also saw higher revenue in Programs and Meetings (up \$20.3) and Higher Subscriptions (up \$0.5K). The attached variance grid will provide the details.

On the expense front, the Academy had a quite a few categories that were over budget in January. The largest of which continues to be travel (up \$21.7K). Most of the travel over-run is due to the January Academy Board meeting. As I mentioned last month, this is my largest concern. When you look at the year to date variances, Travel is now over budget by \$65,542. In January, we also saw over-runs in Personnel (up \$10.5K), Postage and Mailing (up \$8.1K), Advertising (up \$2.3K), Bank Fees (up \$7.4K), and Meeting Services (up \$16.7K). Postage and Mailing and Advertising appear to be timing issues. Personnel is due to higher temporary help to offset vacancies within the Academy. Bank fees could be a timing issue, but, we won't know for a month or two. Meeting Services is higher primarily due to the Academy Board Meeting.

On a year to date basis, we do have a few expense areas over-running the budget. The over-run in personnel for January now puts us slightly over budget. Even though we are at 99.98% of budget J, we will keep an eye on this one. Legal, Computer expenses and Advertising may be over on timing issues. For example, we are seeing lower Legal expenses in February which may help to recapture the over-run through January. We will continue to monitor this area. The big areas of concern are Travel and Meeting Services. On a positive front, we are under in a few categories as well; Publications (down \$64.8K), Professional Fees (down \$80.2K), Postage and Mailing (down \$57.4K) and Printing (down \$25.3K) are the largest of the bunch.

Overall, the Academy is holding expenses under-budget even with some of the over-runs. The major area of concern is revenue. It isn't meeting expectations. As a positive footnote; the revenue through January is \$88,188 higher than the revenue through January of last year. So, revenue is at least higher. Just not as high as we would like.

As I mentioned above, I am including the variance grid for your review.

#### **IV. Foundation Preliminary January Financials (A2, A8 and A9)**

The Foundation had an interesting month in January. You will see that the actual revenue for the month was as negative \$113,377. This was due to refunding money provided by Monsanto in a previous period. The Foundation Board approved returning the funds. So, you have a negative result. Naturally, this did have a large impact on the overall performance of the Foundation. In January, the Foundation had an Operating Deficit of \$274,981. This was \$129,155 larger (worse) than the budget. This was primarily driven by the under-run in revenue addressed previously. Expenses for the month were under budget by \$31,606. The only major category over budget is Scholarships and Awards (up \$13.5K). This is likely a timing issue. The investment income



continues to be drag on the performance of the Foundation. Investments lost \$636,727 in January. This is \$767,885 under budget.

Year to date, the Foundation's revenue is \$324,383 under budget while the expenses are \$220,374 under budget. This results in an Operating Deficit that is \$104,009 larger (worse) than the budget. Considering the loss of the General Mills Grant revenue in December and the return of the Monsanto money in January, the Foundation is performing well. The only negative at this time is the Investment income. Investment income is now \$2,120,254 below budget.

The overall financial results have now driven the Foundation's Net Assets to \$21.9M (A9). Smaller, but, still strong.

## **V. CDR preliminary January Financials (A4 and A11)**

CDR, overall, had a another good month in January with the exception of Investments. Revenue exceeded the budget by \$15.1K while expenses were under budget by \$146.2K. This combination resulted in an Operating Profit of \$68,192 which was \$161.3K better than the budget. Higher revenue; lower expenses and an Operating Profit. All good signs. As was addressed above and in previous months, the only negative is the Investment Income. Investment Income fell short of budget by \$301,150 in January.

On a year to date basis, CDR is performing very well. Revenue is nearly on target for the year (down \$3.1K) at 99.95% of budget. Expenses are now \$1,119,049 under budget. Overall Operating Income is \$1,115,959 higher than the budget. As was the case with January, the only negative for the year are investment results. The investments are down \$417,255 for the year. Even with this loss, the Net Income is still better than the budget by \$324,618. So, the operational results are over-coming the shortfall from investments.

## **VI. DPGs/MIGS/ACEND Preliminary January Financials (A5 and A12)**

The combined DPGs/MIGS/ACEND financial results were better than expectations in January. Both revenue (up \$10.0K) and expense (down \$109.5K) performed better than the budget targets. The final results reflected Operating Income of \$81,091. Again, it is always good to have a positive operating result. In this case, it was positive and it exceeded the budget by \$119,537. The only negative in January was the investment results. These were down \$232,120 when compared to the budget.

On a year to date basis, the combined revenues are under-performing by \$21,159 while the combined expenses are under-budget by \$595,929. As I mentioned last month, this is primarily due to the DPGS/MIGS overstating their expense budgets. The revenue continues to close the gap for the year. It is now down when compared to budget by \$21.2K (actually 99.3% of budget).

You will also see on page A16, we now have three DPGs/MIGs on the "watch list"; Dietitians in Business and Communications (71%), Management in Food and Nutrition Systems (75%) and Muslims in Dietetics and Nutrition (65%). The Muslims in Dietetics and Nutrition are new to our "watch list" this month. The Investment losses are having an impact on the DPG/MIG reserves. We will continue to monitor this situation.

## **VII. ANDPAC Preliminary January Financials (A7 and A14)**

ANDPAC did not perform very well in January. Revenue was under-budget (down \$3.9K) while expenses were also under budget (down \$0.5K). Revenue continues to be the biggest concern. ANDPAC's revenue is now below budget for the year by \$19,083 (24.4%). However, it is still higher than last year at this time (up \$5.9K or up 11.0%). Regardless, the PAC's' year to date Operating Deficit is \$16,220 smaller (better) than the budget. In addition, the PAC now has \$176.2K in reserve (A18). The PAC is in still in good financial shape at the end of January.

I hope this helps a little when going through the January package. As I finish this up, I can see that the stock market has erased most of the losses. In fact, the NASDAQ is actually higher. Maybe this will continue and we will end the week on a positive note. If you have any questions, or can't make the call on Tuesday, please let me know. You should have received the webinar invitation from the Academy IT department today. Let us know if you have not. Also, Maria will let you know when everything is on the portal for you to review.

Have a great weekend.

Paul

<february agenda.doc>

4454. Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 23, 2016 13:06:20  
**Subject:** Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST  
**Attachment:**

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Donna,

I will be in the dark!! So, please let me know when get word. Pat is very guarded about elections!! You will be missed today, but, I am hoping that you will have many more to make up for it. Let me know what the baby comes as well. Do they have a name yet?

p

**From:** Donna Martin <DMartin@burke.k12.ga.us>  
**Sent:** Tuesday, February 23, 2016 11:44 AM  
**To:** Paul Mifsud  
**Subject:** Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

Paul, I am sorry I will not be on the call this afternoon. In DC with Jenn Folliard storming the Hill. I am anxious to get the call tomorrow to find out what the future holds. Glad the election part is over. Will you get notified or do I need to notify you? I am OK whatever the outcome. On baby watch with my daughter. She is due in 10 days. Fingers crossed! Talk to you soon.

Sent from my iPhone

On Feb 23, 2016, at 12:22 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

All,

Just in case you have printed out the agenda for today's meeting, it has changed. The agenda put onto the portal originally was a preliminary agenda. I am sorry for the confusion. Attached is the actual agenda for you.

Paul

**From:** Paul Mifsud

**Sent:** Friday, February 19, 2016 10:43 AM

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**Cc:** Patricia Babjak; Darchele Erskine; Christian Krapp; Maria Juarez; Mary Beth Whalen; 'carole.clemente@rosedmi.com'; 'Cecala, Sue'

**Subject:** RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

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**Subject:** RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

All,

We have a Finance and Audit Committee meeting will be on Tuesday, February 23<sup>rd</sup> at 1:00 p.m. CST. Maria has begun to put the information onto the portal and will let you know when everything is completed. Also, the webinar invitation has gone out to everyone from the Academy IT team. Please let me know if you did not receive the information. The meeting agenda will focus on the following;

1. November final financials
2. December preliminary financials
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I also have invited the Academy Executive team to audit our call. I thought it might be informative for the E-team to hear what is discussed. It is not mandatory. However, I thought it would be help to the team. In addition, if anyone can attend the call, and the committee has a question, they could answer it immediately. Hopefully, a win/win scenario.

Now, onto the narrative.

## **I. December Adjustments**

There were no changes made to the original December financials

## **II. Investments**

- Unfortunately, the investment news continues to be the same; losses. In January, the combined portfolios lost nearly \$1.6M. This brings the year to date losses to just over \$2.6 million. The one bright spot is when I wrote this email in January, our portfolio was actually down \$3.4M for January. So, we did see a “rally” at the end of the month. I wish I could tell you we are experiencing a rebound in February. Through yesterday, the combined portfolios are down approximately \$335,000. This represents a 0.6% loss. The portfolios were down more earlier in the month, and unfortunately, are down this morning. That being said, 0.6% is not insurmountable. We still have the possibility of moving higher. I did talk to Al Bryant yesterday and he again reiterated that this will pass and he views this as just another market correction. I will keep you informed if this changes.

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4455. Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** 'Margaret Garner' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Jean Ragalie-Carr' <jean.ragalie-carr@rosedmi.com>, 'lbeseler\_fnc@bellsouth.net' <lbeseler\_fnc@bellsouth.net>, 'Linda.farr@me.com' <Linda.farr@me.com>, 'Amanda Jones' <amanda@justjones.es>, 'Ksauer@ksu.edu' <Ksauer@ksu.edu>, 'kay\_wolf@columbus.rr.com' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Darchele Erskine <derskine@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 23, 2016 12:22:57  
**Subject:** Re: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST  
**Attachment:** [february agenda.doc](#)

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On the expense front, the Academy had a quite a few categories that were over budget in January. The largest of which continues to be travel (up \$21.7K). Most of the travel over-run is due to the January Academy Board meeting. As I mentioned last month, this is my largest concern. When you look at the year to date variances, Travel is now over budget by \$65,542. In January, we also saw over-runs in Personnel (up \$10.5K), Postage and Mailing (up \$8.1K), Advertising (up \$2.3K), Bank Fees (up \$7.4K), and Meeting Services (up \$16.7K). Postage and Mailing and Advertising appear to be timing issues. Personnel is due to higher temporary help to offset vacancies within the Academy. Bank fees could be a timing issue, but, we won’t know for a month or two. Meeting Services is higher primarily due to the Academy Board Meeting.

On a year to date basis, we do have a few expense areas over-running the budget. The over-run in personnel for January now puts us slightly over budget. Even though we are at 99.98% of budget J, we will keep an eye on this one. Legal, Computer expenses and Advertising may be over on timing issues. For example, we are seeing lower Legal expenses in February which may help to recapture the over-run through January. We will continue to monitor this area. The big areas of concern are Travel and Meeting Services. On a positive front, we are under in a few categories as well; Publications (down \$64.8K), Professional Fees (down \$80.2K), Postage and Mailing (down \$57.4K) and Printing (down \$25.3K) are the largest of the bunch.

Overall, the Academy is holding expenses under-budget even with some of the over-runs. The major area of concern is revenue. It isn’t meeting expectations. As a positive footnote; the revenue through January is \$88,188 higher than the revenue through January of last year. So, revenue is at least higher. Just not as high as we would like.

As I mentioned above, I am including the variance grid for your review.

#### **IV. Foundation Preliminary January Financials (A2, A8 and A9)**

The Foundation had an interesting month in January. You will see that the actual revenue for the month was as negative \$113,377. This was due to refunding money provided by Monsanto in a previous period. The Foundation Board approved returning the funds. So, you have a negative result. Naturally, this did have a large impact on the overall performance of the Foundation. In January, the Foundation had an Operating Deficit of \$274,981. This was \$129,155 larger (worse) than the budget. This was primarily driven by the under-run in revenue addressed previously. Expenses for the month were under budget by \$31,606. The only major category over budget is Scholarships and Awards (up \$13.5K). This is likely a timing issue. The investment income continues to be drag on the performance of the Foundation. Investments lost \$636,727 in January. This is \$767,885 under budget.

Year to date, the Foundation's revenue is \$324,383 under budget while the expenses are \$220,374 under budget. This results in an Operating Deficit that is \$104,009 larger (worse) than the budget. Considering the loss of the General Mills Grant revenue in December and the return of the Monsanto money in January, the Foundation is performing well. The only negative at this time is the Investment income. Investment income is now \$2,120,254 below budget.

The overall financial results have now driven the Foundation's Net Assets to \$21.9M (A9). Smaller, but, still strong.

#### **V. CDR preliminary January Financials (A4 and A11)**

CDR, overall, had a another good month in January with the exception of Investments. Revenue exceeded the budget by \$15.1K while expenses were under budget by \$146.2K. This combination resulted in an Operating Profit of \$68,192 which was \$161.3K better than the budget. Higher revenue; lower expenses and an Operating Profit. All good signs. As was addressed above and in previous months, the only negative is the Investment Income. Investment Income fell short of budget by \$301,150 in January.

On a year to date basis, CDR is performing very well. Revenue is nearly on target for the year (down \$3.1K) at 99.95% of budget. Expenses are now \$1,119,049 under budget. Overall Operating Income is \$1,115,959 higher than the budget. As was the case with January, the only negative for the year are investment results. The investments are down \$417,255 for the year.

Even with this loss, the Net Income is still better than the budget by \$324,618. So, the operational results are over-coming the shortfall from investments.

## **VI. DPGs/MIGS/ACEND Preliminary January Financials (A5 and A12)**

The combined DPGs/MIGS/ACEND financial results were better than expectations in January. Both revenue (up \$10.0K) and expense (down \$109.5K) performed better than the budget targets. The final results reflected Operating Income of \$81,091. Again, it is always good to have a positive operating result. In this case, it was positive and it exceeded the budget by \$119,537. The only negative in January was the investment results. These were down \$232,120 when compared to the budget.

On a year to date basis, the combined revenues are under-performing by \$21,159 while the combined expenses are under-budget by \$595,929. As I mentioned last month, this is primarily due to the DPGS/MIGS overstating their expense budgets. The revenue continues to close the gap for the year. It is now down when compared to budget by \$21.2K (actually 99.3% of budget).

You will also see on page A16, we now have three DPGs/MIGs on the “watch list”; Dietitians in Business and Communications (71%), Management in Food and Nutrition Systems (75%) and Muslims in Dietetics and Nutrition (65%). The Muslims in Dietetics and Nutrition are new to our “watch list” this month. The Investment losses are having an impact on the DPG/MIG reserves. We will continue to monitor this situation.

## **VII. ANDPAC Preliminary January Financials (A7 and A14)**

ANDPAC did not perform very well in January. Revenue was under-budget (down \$3.9K) while expenses were also under budget (down \$0.5K). Revenue continues to be the biggest concern. ANDPAC’s revenue is now below budget for the year by \$19,083 (24.4%). However, it is still higher than last year at this time (up \$5.9K or up 11.0%). Regardless, the PAC’s year to date Operating Deficit is \$16,220 smaller (better) than the budget. In addition, the PAC now has \$176.2K in reserve (A18). The PAC is in still in good financial shape at the end of January.

I hope this helps a little when going through the January package. As I finish this up, I can see that the stock market has erased most of the losses. In fact, the NASDAQ is actually higher. Maybe this will continue and we will end the week on a positive note. If you have any questions, or can’t make the call on Tuesday, please let me know. You should have received the webinar



invitation from the Academy IT department today. Let us know if you have not. Also, Maria will let you know when everything is on the portal for you to review.

Have a great weekend.

Paul

4456. RE: Voting interrupted! Are we going to extend the time for members to vote?

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Evelyn Crayton <evelyncrayton64@gmail.com>, Evelyn Crayton <craytef@charter.net>, craytef@charter.net <'craytef@charter.net'>, Lucille Beseler <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <'connors@ohsu.edu'>, Kay Wolf <Kay\_Wolf@Columbus.rr.com>, Margaret Garner <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school <miles081@umn.edu>, Linda Farr <linda.farr@me.com>, Elise Smith <easaden@aol.com>, DeniceFenkoAdams@gmail.com <'DeniceFenkoAdams@gmail.com'>, Michele.D.Lites@kp.org <'Michele.D.Lites@kp.org'>, michelelites@sbcglobal.net <'michelelites@sbcglobal.net'>, 'Catherine Christie <c.christie@unf.edu>, Tracey Bates <traceybatesrd@gmail.com>, Tammy.randall@case.edu <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <'dwbradley51@gmail.com'>, steve.miranda44@gmail.com <'steve.miranda44@gmail.com'>, jean.ragalie-carr@dairy.org <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>  
**Sent Date:** Feb 23, 2016 09:44:38  
**Subject:** RE: Voting interrupted! Are we going to extend the time for members to vote?  
**Attachment:** [image001.jpg](#)

---

Please see the communication below sent yesterday by Lucille but the email did not go thru which we are working on.

- Joan

+++++

Is this for board members and Eteam. With all due respect to our past presidents, why is Glenna and Ethan receiving emails intended for the board? What about adding Sylvia and Judy then as recent past presidents?

Lucille Beseler MS, RDN, LDN,CDE

President Family Nutrition Center of S. Florida

President elect Academy of Nutrition &Dietetics 2015-2016

Office # 954-360-7883

Sent from my iPhone

**From:** Evelyn Crayton [mailto:craytef@aces.edu]

**Sent:** Monday, February 22, 2016 3:23 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>; Darchele Erskine <derskine@eatright.org>; Patricia Babjak <PBABJAK@eatright.org>; Doris Acosta <dacosta@eatright.org>; Paul Mifsud <PMifsud@eatright.org>; Mary Beth Whalen <Mwhalen@eatright.org>

**Cc:** Joan Schwaba <JSchwaba@eatright.org>; evelyncrayton64 <evelyncrayton64@gmail.com>; craytef@charter.net <'craytef@charter.net'>; Lucille Beseler <lbeseler\_fnc@bellsouth.net>; connors@ohsu.edu <'connors@ohsu.edu'>; Kay Wolf <Kay\_Wolf@Columbus.rr.com>; Margaret Garner <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; Linda Farr <linda.farr@me.com>; Elise Smith <easaden@aol.com>; elise@nutritionsystems.com; DeniceFenkoAdams@gmail.com <'DeniceFenkoAdams@gmail.com'>; Michele.D.Lites@kp.org <'Michele.D.Lites@kp.org'>; michelelites@sbcglobal.net <'michelelites@sbcglobal.net'>; 'Catherine Christie' <c.christie@unf.edu>; Tracey Bates <traceybatesrd@gmail.com>; Tammy.randall@case.edu <'Tammy.randall@case.edu'>; dwheller@mindspring.com; dwbradley51@gmail.com <'dwbradley51@gmail.com'>; steve.miranda44@gmail.com <'steve.miranda44@gmail.com'>; jean.ragalie-carr@dairy.org <'jean.ragalie-carr@dairy.org'>; Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>; Glenna McCollum (Glennacac@aol.com) <Glennacac@aol.com>; Ethan A. Bergman <bergmane@cwu.edu>; Evelyn Crayton <evelyncrayton64@gmail.com>; Evelyn Crayton <craytef@charter.net>  
**Subject:** Re: Voting interrupted! Are we going to extend the time for members to vote?

Calls are coming in that members are unable to vote because the system is down. How will this be corrected to assure that our members who wish to are able to vote in this election.

Sent from my iPad

Dr. Evelyn F. Crayton, RDN, LDN, FAND

President Academy of Nutrition and Dietetics 2015-2016

Professor Emerita, Auburn University

Director, Living Well Associates

(334) 220-3061 cell

(334) 272-3487

On Feb 3, 2016, at 1:36 PM, Don W Bradley <dwbradley51@gmail.com> wrote:

Joan,

I've noted my availability:

We are continuing our search for a date for the next Board meeting that accommodates the majority of members. Please mark a check to indicate your availability for the following dates listed below.

\_\_\_\_ Starting at 2:00pm on Tuesday, March 15 and adjourning at 4:00pm on Wednesday, March 16

\_\_\_\_ Starting at 2:00pm on Saturday, March 19 and adjourning at 4:00pm on Sunday, March 20

**X\_** Starting at 2:00pm on Sunday, March 20 and adjourning at 4:00pm on Monday, March 21

Don

**From:** Joan Schwaba [mailto:JSchwaba@eatright.org]

**Sent:** Tuesday, February 02, 2016 6:36 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; elise@nutritionsystems.com; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Board Meeting Date

We are continuing our search for a date for the next Board meeting that accommodates the majority of members. Please mark a check to indicate your availability for the following dates listed

below.

\_\_\_\_ Starting at 2:00pm on Tuesday, March 15 and adjourning at 4:00pm on Wednesday, March 16

\_\_\_\_ Starting at 2:00pm on Saturday, March 21 and adjourning at 4:00pm on Sunday, March 20

\_\_\_\_ Starting at 2:00pm on Sunday, March 20 and adjourning at 4:00pm on Monday, March 21

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; 'dwheller@mindspring.com'; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** UPDATE: Upcoming Board Meetings

Several people have schedule conflicts for the revised dates of the next Board meeting. Please hold off on scheduling your travel. If any of you have booked your flight, we will place your ticket into the pool for reissue. A Doodle poll will be sent early next week to select a meeting date.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

<image002.jpg>

**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; 'DMartin@Burke.k12.ga.us'; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; 'dwheller@mindspring.com'; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <

CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Upcoming Board Meetings

For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday, February 27 and Sunday, February 28**. The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in Charleston, SC.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

<image002.jpg>





## 4457. Webinar: PCMH/ACO Update (2:00PM CT)

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** 'Evelyn Crayton' <craytef@charter.net>, 'Evelyn Crayton' <evelyncrayton64@gmail.com>, 'Lucille Beseler' <lbesele\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu> <IMCEAINVALID-+27+27connors+40ohsu+2Eedu+27+20+3Cconnors+40ohsu+2Eedu+3E+27@namprd03.prod.outlook.com>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Steve Miranda' <steve.miranda44@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Feb 22, 2016 18:24:50  
**Subject:** Webinar: PCMH/ACO Update (2:00PM CT)  
**Attachment:** [ATT58240 1.jpg](#)

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Dear Board of Directors:

In the continuing series of webinars on topics of interest for the Board, we would like to invite you to join us for a webinar on Thursday, March 24, 2:00 – 3:00 pm Central time, for a progress report on implementation of the PCMH/Population Health Models Workgroup Report's recommendations. Understanding March is a busy month, this date was selected based upon your availability. Should you be unable to attend this webinar, it will be recorded and sent out after the call. The link for this webinar is <https://eatright.webex.com/eatright/j.php?MTID=m25cfa8cfe35008ea362c5a1fd4e4633b>.

The webinar will provide an overview of progress to date by Academy organizational units as they implement recommendations from the report. Units across the Academy are actively engaged in efforts to achieve the workgroup's vision of positioning RDNs as essential members of person-centered health care delivery models. As we hit the mid-point of the 3-year window framed by the workgroup, now is a good time to assess progress and identify areas that may require attention in terms of resource allocation and/or prioritization by the Board. This progress report may also help us to "Get Smart" as we create our vision for the Second Century.

I look forward to the discussion and your feedback and ideas.

Sincerely,

Marsha

Marsha Schofield, MS, RD, LD, FAND

*Senior Director, Governance*

*Nutrition Services Coverage*

**Academy of Nutrition and Dietetics**

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## 4458. ANFP Regional Meetings provide Education, Networking, and Exhibits

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Feb 22, 2016 16:27:38  
**Subject:** ANFP Regional Meetings provide Education, Networking, and Exhibits  
**Attachment:**

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ANFP Regional Meetings provide Education, Networking, and Exhibits  
UnsubscribeHaving trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

***You are receiving this message on behalf of our Marketing Partners at ANFP.***

Make plans today to attend an Association of Nutrition & Foodservice Professionals (ANFP) Regional Meeting this spring. Regional Meetings combine education, networking, and exhibits to create an inspiring and informative two-day event. Learn new solutions to foodservice challenges and build on your leadership skills.

### **March Regional Meeting**

March 10-11  
Nashville, TN  
The Inn at Opryland  
[Learn more](#)

### **May Regional Meeting**

May 5-6  
Anaheim, CA  
Anaheim Marriott Suites  
[Learn more](#)

Whether you decide to join us in Nashville or Anaheim, ANFP Regional Meetings provide top-notch education at an affordable price.

*ANFP is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive up to 13 Continuing Professional Education units (CPEUs) for attending this event.*

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Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4459. Daily News: Monday, February 22, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 22, 2016 11:55:11  
**Subject:** Daily News: Monday, February 22, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**National Nutrition Month® information, resources and product catalog are now available at**  
[www.eatright.org/resources/national-nutrition-month](http://www.eatright.org/resources/national-nutrition-month) or [www.eatright.org/nnm](http://www.eatright.org/nnm).

## Seven Steps Toward a Healthier Heart

**Eating better, exercising and managing cholesterol can help reduce your risks**

<http://consumer.healthday.com/fitness-information-14/misc-health-news-265/seven-steps-toward-a-healthier-heart-708088.html>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

-2013 American Heart Association/American College of Cardiology Guideline on Lifestyle Management to Reduce Cardiovascular Risk: Practice Opportunities for Registered Dietitian Nutritionists

[http://www.andjrn.org/article/S2212-2672\(14\)01220-9/abstract](http://www.andjrn.org/article/S2212-2672(14)01220-9/abstract)

## How safe is the Paleo diet?

<http://www.medicalnewstoday.com/articles/306816.php>

Source: *Nutrition and Diabetes*

(A low-carbohydrate high-fat diet increases weight gain and does not improve glucose tolerance, insulin secretion or  $\beta$ -cell mass in NZO mice)

<http://www.nature.com/nutd/journal/v6/n2/full/nutd20162a.html>

## Science on salt is polarized, study finds

(Slightly more than half of papers support the idea that salt is bad for your health)

<http://www.medicalnewstoday.com/releases/306727.php>

Source: *International Journal of Epidemiology*

<http://ije.oxfordjournals.org/content/early/2016/02/17/ije.dyv184.abstract?sid=3dc46ffa-433c-425e-94ac-4f1892cce3c0>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

-Sodium Intake and Blood Pressure: New Controversies, New Labels . . . New Guidelines?

[http://www.andjrn.org/article/S2212-2672\(14\)01510-X/abstract](http://www.andjrn.org/article/S2212-2672(14)01510-X/abstract)

## **Obesity Can Send Kids' Blood Pressure Soaring: Study**

### **Losing weight can bring it back in line, expert says**

<http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/obesity-quickly-sends-kids-blood-pressure-up-study-708208.html>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2016/02/18/peds.2015-1662>

Related Resource: Evidence Analysis Library - Pediatric Weight Management ([www.andeal.org/pwm](http://www.andeal.org/pwm)) Please visit [www.andeal.org](http://www.andeal.org) for the full systematic review and 2015 guideline. Log into the EAL using your Academy login information to access the content.

## **More Hospitals Offer Donor Breast Milk to Help Premie Babies**

### **Practice may boost breast-feeding, reduce dangerous gut infections, study says**

<http://consumer.healthday.com/women-s-health-information-34/breast-feeding-news-82/more-hospitals-offer-donor-breast-milk-to-help-preemie-babies-708235.html>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2016/02/19/peds.2015-3123>

## **Children breastfeeding after first birthday should take vitamin D**

<http://www.reuters.com/article/us-health-breastfeeding-vitamin-d-idUSKCN0VR2RX>

Source: *Am J Public Health*

<http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2015.303021>

## **Coffee May Protect Liver From Booze, Study Finds**

(Drinking more coffee might help reduce the kind of liver damage that's associated with overindulging in food and alcohol, a review of existing studies suggests)

<http://www.nbcnews.com/health/health-news/coffee-may-protect-liver-booze-study-finds-n523366>

Source: *Alimentary Pharmacology and Therapeutics*

<http://onlinelibrary.wiley.com/doi/10.1111/apt.13523/full>

## **Artificial Sweeteners and Weight Gain**

### **Q. Does long-term use of artificial sweeteners cause weight gain or contribute to metabolic syndrome?**

<http://well.blogs.nytimes.com/2016/02/19/artificial-sweeteners-and-weight-gain/>

## **Sen. Pat Roberts proposes GMO labeling bill, as July 1 deadline to label products in Vermont looms**

<http://www.foodnavigator-usa.com/Regulation/Senator-Pat-Roberts-proposes-GMO-labeling-bill>

Related Resource: *Food and Nutrition Magazine*

<http://www.foodandnutrition.org/Winter-2012/Labeling-Laws-for-GM-GE-Foods/>

## **'Health driven consumers are passionate, conflicted and disrupting your business': The Hartman Group**

(Consumers are in conflict they want food that is indulgent, healthy and convenient. But this conflict also opens up big opportunities to companies who know where to look for the next trend, says one consumer analyst)

<http://www.foodnavigator.com/Market-Trends/Health-driven-consumers-are-passionate-conflicted-and-disrupting-your-business-The-Hartman-Group>

### **More people sick from salmonella linked to Garden of Life RAW Meal products**

(Health officials have identified seven more cases of salmonella illness linked to Garden of Life RAW Meal Organic Shake & Meal Products)

<http://www.cnn.com/2016/02/19/health/garden-of-life-salmonella-update/index.html>

### **MedlinePlus: Latest Health News**

-Finding Suggests Zika Virus Can Move From Mother to Child During Pregnancy

Discovery adds to signs it might have caused thousands of Brazilian babies to be born with birth defect

-Severe Gum Disease May Boost Death Rate of Kidney Disease Patients

Study documents connection between oral health, chronic disease

-Smoking's Grip Adds to Misery of the Homeless

Average spent on cigarettes was \$44 a week, study reports

-Teething Makes Babies Cranky, But Not Sick: Review

But if infant has a fever while first teeth break through gums, it most likely points to illness, doctors say

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

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4460. RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

**From:** Maria Juarez <MJuarez@eatright.org>  
**To:** Paul Mifsud <PMifsud@eatright.org>, 'Margaret Garner' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Jean Ragalie-Carr' <jean.ragalie-carr@rosedmi.com>, 'lbeseler\_fnc@bellsouth.net' <lbeseler\_fnc@bellsouth.net>, 'Linda.farr@me.com' <Linda.farr@me.com>, 'Amanda Jones' <amanda@justjones.es>, 'Ksauer@ksu.edu' <Ksauer@ksu.edu>, 'kay\_wolf@columbus.rr.com' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>, hcomstock@madonna.org <hcomstock@madonna.org>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Darchele Erskine <derskine@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com>, Linda Serwat <LSerwat@eatright.org>  
**Sent Date:** Feb 19, 2016 16:14:06  
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST  
**Attachment:** [image001.gif](#)  
[image002.png](#)

---

Following are the details to access documents in the Academy portal for the Finance and Audit Committee call on Tuesday, February 23, 2016 at 1 p.m. CDT.

<https://eal.webauthor.com/auth.cfm?logout=1&erase=true&msg=You%20have%20successfully%20signed%20out%2E>

Everything for the month of February is loaded in the portal.

**Items in the portal:**

- Agenda
- January 26, 2016 minutes
- President Stipend – information/discussion
- Paul narrative for January
- December final financial results



- January preliminary financial results
- December 2015 variance report
- April 2016 FAC meeting – information/discussion

By now, you should have received a webinar invitation from “Academy IT Department”. If you don’t have the invitation, please let us know as soon as possible.

We look forward to talking to everyone on Tuesday.

**Maria G Juarez**  
**Academy of Nutrition and Dietetics**

*General Manager Accounting & Finance Administration*

*120 South Riverside Plaza, Suite 2000*

Chicago, IL 60606

Ph 312-899-4886

Fax 312-899-5335

[mjuarez@eatright.org](mailto:mjuarez@eatright.org)

4461. RE: Addressing ALDA Annual Meeting

**From:** Tom Ryan <Tryan@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Joan Schwaba <JSchwaba@eatright.org>, Doris Acosta <dacosta@eatright.org>  
**Sent Date:** Feb 19, 2016 13:33:14  
**Subject:** RE: Addressing ALDA Annual Meeting  
**Attachment:** [image001.png](#)

---

Thanks, Donna! Please let us know how we can help going forward.

Tom

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Friday, February 19, 2016 12:24 PM  
**To:** Tom Ryan <Tryan@eatright.org>  
**Cc:** Joan Schwaba <JSchwaba@eatright.org>; Doris Acosta <dacosta@eatright.org>  
**Subject:** Re: Addressing ALDA Annual Meeting

Tom, Thanks so much for getting me this presentation in time for my deadline for the Alabama Dietetic Association Meeting. I especially appreciate that it is in a link that I can send them and not worry about the size of the file. Have a great weekend!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Tom Ryan <Tryan@eatright.org>  
**Sent:** Friday, February 19, 2016 1:02 PM  
**To:** Donna Martin  
**Cc:** Joan Schwaba; Doris Acosta  
**Subject:** Re: Addressing ALDA Annual Meeting

Hi, Donna: For your upcoming talk at ALDA, below is a link to download a version of the 2016 Academy Update, including information on the Council on Future Practice as well as the Academy's Second Century.

<https://www.hightail.com/download/ZWJVTkZqQ0MxUUNwSHNUQw>

Please review the PPT and let us know if you have edits. We estimate this presentation will take approximately 45-50 minutes to give.

As Joan noted below, Evelyn is reviewing the overall Academy Update 2016 PPT – the presentation this one is based on – so some of the information may change depending on whether Evelyn asks us to make edits. We will keep you posted on that.

This PPT (or a link to download it, since it is large – 140 MB including an embedded video in the second slide) can be provided to ALDA to meet their February 22 deadline... and between now and the presentation date we can make any needed revisions. The video is the same one that was shown during the FNCE Opening Session in Nashville. The decision on whether to show this video at ALDA is yours (if time is a factor, for example).

Hoping this is helpful, please let us know if you need anything else. Talk to you soon!

Tom

**Tom Ryan**

*Senior Editorial Manager, Strategic Communications*

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

tryan@eatright.org

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www.eatright.org/media

**From:** DMartin@Burke.k12.ga.us

**Sent:** Wednesday, February 17, 2016 2:56 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: Addressing ALDA Annual Meeting

Thanks so much!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Wednesday, February 17, 2016 3:49 PM

**To:** Donna Martin

**Subject:** RE: Addressing ALDA Annual Meeting

Hi Donna –

Evelyn is currently reviewing the 2016 Academy Update. Tom Ryan is working with her to finalize it. I will let him know we have a Monday deadline to provide to ALDA. I will work with him to get a draft to you to review ASAP.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

<image003.jpg>

**From:** DMartin@Burke.k12.ga.us

**Sent:** Wednesday, February 17, 2016 11:47 AM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Addressing ALDA Annual Meeting

Joan, Do we know when the powerpoint will be ready for the Affiliate presentations? See below. As if you need one more thing to worry about!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Larry Vinson <larry@gmsal.com>

**Sent:** Wednesday, February 17, 2016 12:41 PM

**To:** Donna Martin

**Subject:** Addressing ALDA Annual Meeting

**Alabama Dietetic Association**

**Post Office Box 240757 • Montgomery, Alabama 36124-0757**

**Telephone (334) 260-7970 • Fax (334) 272-7128 • Email ALDA@gmsal.com**

My name is Larry Vinson, Executive Director of the Alabama Dietetic Association. We are very pleased to have you as a speaker for our 2016 Annual Meeting, scheduled for Wednesday, March 9th – Friday, March 11th, at the Renaissance Hotel & Convention Center, located at 201 Tallapoosa Street, Montgomery, AL 36104, telephone 334.481.5000. This meeting typically draws around 225-250 dietitians and students.

ALDA provides all attendees with a CD containing PDF copies of the speaker's PowerPoint presentations. **We will need your presentation by February 22nd to have the CDs prepared.** You can continue to work on your presentation, but we will need your latest draft for CD by February 22nd.

I have attached an agenda for your review. Please check to make sure the title of your presentation is correct. We will have a laptop and projector for you to use for your presentation. However, if you have video in your presentation, please alert me so I can make sure it works properly on our equipment.

Our Annual Meeting is held in conjunction with the Alabama Food and Nutrition Exposition, a product show featuring over 120 booths with food items, equipment and services designed to help dietitians and other food service professionals working in clinical, school, nursing homes and other food service applications. We have also attached the Food EXPO brochure.

Again, we are excited to have you on our program. Please let me know if you have any questions or need anything from us.

Sincerely,

Larry Vinson

334.260.7970

## 4462. Products and Services Catalog Now Available!

**From:** eatrightSTORE <eatrightstore@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 19, 2016 13:30:48  
**Subject:** Products and Services Catalog Now Available!  
**Attachment:**

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Academy of Nutrition and Dietetics Email

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Connect with Us:

The beginning of the year signals a new Academy Products and Services Catalog, which was mailed with your February *Journal of the Academy of Nutrition and Dietetics*. Be sure to take a look at our new offerings, best sellers, and discounted packages.

Shop online today at **[www.eatrightSTORE.org](http://www.eatrightSTORE.org)**

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4463. Re: Addressing ALDA Annual Meeting

**From:** Tom Ryan <Tryan@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Joan Schwaba <JSchwaba@eatright.org>, Doris Acosta <dacosta@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 19, 2016 13:06:09  
**Subject:** Re: Addressing ALDA Annual Meeting  
**Attachment:** [image001.png](#)

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Hi, Donna: For your upcoming talk at ALDA, below is a link to download a version of the 2016 Academy Update, including information on the Council on Future Practice as well as the Academy's Second Century.

<https://www.hightail.com/download/ZWJVTKZqQ0MxUUNwSHNUQw>

Please review the PPT and let us know if you have edits. We estimate this presentation will take approximately 45-50 minutes to give.

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Tom

**Tom Ryan**

*Senior Editorial Manager, Strategic Communications*  
Academy of Nutrition and Dietetics

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**From:** DMartin@Burke.k12.ga.us

**Sent:** Wednesday, February 17, 2016 2:56 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: Addressing ALDA Annual Meeting

Thanks so much!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**Sent:** Wednesday, February 17, 2016 3:49 PM  
**To:** Donna Martin  
**Subject:** RE: Addressing ALDA Annual Meeting

Hi Donna –

Evelyn is currently reviewing the 2016 Academy Update. Tom Ryan is working with her to finalize it. I will let him know we have a Monday deadline to provide to ALDA. I will work with him to get a draft to you to review ASAP.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

<image003.jpg>

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Wednesday, February 17, 2016 11:47 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Addressing ALDA Annual Meeting

Joan, Do we know when the powerpoint will be ready for the Affiliate presentations? See below. As if you need one more thing to worry about!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Larry Vinson <larry@gmsal.com>

**Sent:** Wednesday, February 17, 2016 12:41 PM

**To:** Donna Martin

**Subject:** Addressing ALDA Annual Meeting

**Alabama Dietetic Association**

**Post Office Box 240757 • Montgomery, Alabama 36124-0757**

**Telephone (334) 260-7970 • Fax (334) 272-7128 • Email ALDA@gmsal.com**

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I have attached an agenda for your review. Please check to make sure the title of your presentation is correct. We will have a laptop and projector for you to use for your presentation.

However, if you have video in your presentation, please alert me so I can make sure it works properly on our equipment.

Our Annual Meeting is held in conjunction with the Alabama Food and Nutrition Exposition, a product show featuring over 120 booths with food items, equipment and services designed to help dietitians and other food service professionals working in clinical, school, nursing homes and other food service applications. We have also attached the Food EXPO brochure.

Again, we are excited to have you on our program. Please let me know if you have any questions or need anything from us.

Sincerely,

Larry Vinson

334.260.7970

## 4464. Share Your Opinions and Get Paid

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 19, 2016 11:58:56  
**Subject:** Share Your Opinions and Get Paid  
**Attachment:**

---

Share Your Opinions and Get Paid

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eatright Market Research Panel

Now you can share your opinions and influence products and services in the food and nutrition industry. As a member in the **eatright Market Research Panel**, we will ask you for your opinions about a wide range of topics. You choose how many and which surveys you would like to participate in and you can at any time terminate your panel membership.

Every time you participate in one of our surveys, you will be compensated up to \$15 depending on the length of the survey. All the information you provide will strictly be used for market research purposes and your personal information will never be shared with third parties without your express permission.

Enrollment in the **eatright Market Research Panel** does not affect membership status within the Academy of Nutrition and Dietetics. The Academy of Nutrition and Dietetics is not affiliated with and doesn't endorse any of the services/products and companies being surveyed.

**Ready to sign up, or would you like more information? [Click the link below.](#)**

eatright Market Research Panel

Sincerely,  
eatright Market Research Panel Staff

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4465. RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** Paul Mifsud <PMifsud@eatright.org>, 'Margaret Garner' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Jean Ragalie-Carr' <jean.ragalie-carr@rosedmi.com>, 'lbeseler\_fnc@bellsouth.net' <lbeseler\_fnc@bellsouth.net>, 'Linda.farr@me.com' <Linda.farr@me.com>, 'Amanda Jones' <amanda@justjones.es>, 'Ksauer@ksu.edu' <Ksauer@ksu.edu>, 'kay\_wolf@columbus.rr.com' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Darchele Erskine <derskine@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com> dmartin@burke.k12.ga.us  
**Hidden recipients:**  
**Sent Date:** Feb 19, 2016 11:46:30  
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST  
**Attachment:** [Narrative for january electronic.xlsx](#)

---

All,

It would help if I provided the variance grid for the Academy!! Sorry about that. My fat fingers moved too fast.

Paul

**From:** Paul Mifsud  
**Sent:** Friday, February 19, 2016 10:37 AM  
**To:** Paul Mifsud; 'Margaret Garner'; DMartin@Burke.k12.ga.us; 'Jean Ragalie-Carr'; 'lbeseler\_fnc@bellsouth.net'; 'Linda.farr@me.com'; 'Amanda Jones'; 'Ksauer@ksu.edu'; 'kay\_wolf@columbus.rr.com'; 'Unluco@hotmail.com'  
**Cc:** Patricia Babjak; Darchele Erskine; Christian Krapp; Maria Juarez; Mary Beth Whalen; 'carole.clemente@rosedmi.com'; 'Cecala, Sue'  
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST



All,

We have a Finance and Audit Committee meeting will be on Tuesday, February 23<sup>rd</sup> at 1:00 p.m. CST. Maria has begun to put the information onto the portal and will let you know when everything is completed. Also, the webinar invitation has gone out to everyone from the Academy IT team. Please let me know if you did not receive the information. The meeting agenda will focus on the following;

1. November final financials
2. December preliminary financials
3. April FAC meeting

I also have invited the Academy Executive team to audit our call. I thought it might be informative for the E-team to hear what is discussed. It is not mandatory. However, I thought it would be help to the team. In addition, if anyone can attend the call, and the committee has a question, they could answer it immediately. Hopefully, a win/win scenario.

Now, onto the narrative.

## **I. December Adjustments**

There were no changes made to the original December financials

## **II. Investments**

- Unfortunately, the investment news continues to be the same; losses. In January, the combined portfolios lost nearly \$1.6M. This brings the year to date losses to just over \$2.6 million. The one

bright spot is when I wrote this email in January, our portfolio was actually down \$3.4M for January. So, we did see a “rally” at the end of the month. I wish I could tell you we are experiencing a rebound in February. Through yesterday, the combined portfolios are down approximately \$335,000. This represents a 0.6% loss. The portfolios were down more earlier in the month, and unfortunately, are down this morning. That being said, 0.6% is not insurmountable. We still have the possibility of moving higher. I did talk to Al Bryant yesterday and he again reiterated that this will pass and he views this as just another market correction. I will keep you informed if this changes.

### **III. Academy preliminary January Financials (A3 and A10)**

The Academy results for January were short of expectations. In January, the Academy revenue was short of the budget target by \$90,552. On the expense front, the Academy expenses were under budget by \$8,654. If you combine these two numbers, you will see that the Academy missed its Operating Income target by \$81,898. As I mentioned above, investments continued the poor performance and missed the budget target by \$573,568 in January. So, after adding everything together, the Academy had a Net Deficit of \$694,001. This underperformed the budget by \$655,465.

Year to date, through January, the Operating Revenues are now down by \$459,949 while the Operating Expenses are under budget by \$86,280. This results in an Operating Deficit of \$755,821 which is under-performing when compared to the budget by \$373,669. The one bright spot on the “overall financials” is the Operating Deficit is \$842,102 smaller (better) than the Operating Deficit through January of last year. This reflects a reduction of almost 53%. So, one of the “takeaways” from the financial results is the Academy is doing much better than last year, but, not as good as our budget.

The revenue in January continued to under-perform in some of the same areas as we have discussed previously; Publication (down \$53.1K) and Sponsorships (down \$22.1K). In January, we have missed out targets on Grants (down \$29.3K) and Other (down \$9.6K). In both cases, this could be a “timing” issue. One bit of good news for the month is Membership revenue beat the budget by \$2,766. This is mostly due to the Fellow revenue. However, the gap on Membership itself, at least for January, has closed. Since this is a “recurring “ revenue stream, hopefully, it won’t be just for one month. We also saw higher revenue in Programs and Meetings (up \$20.3) and Higher Subscriptions (up \$0.5K). The attached variance grid will provide the details.

On the expense front, the Academy had a quite a few categories that were over budget in January. The largest of which continues to be travel (up \$21.7K). Most of the travel over-run is due to the January Academy Board meeting. As I mentioned last month, this is my largest

concern. When you look at the year to date variances, Travel is now over budget by \$65,542. In January, we also saw over-runs in Personnel (up \$10.5K), Postage and Mailing (up \$8.1K), Advertising (up \$2.3K), Bank Fees (up \$7.4K), and Meeting Services (up \$16.7K). Postage and Mailing and Advertising appear to be timing issues. Personnel is due to higher temporary help to offset vacancies within the Academy. Bank fees could be a timing issue, but, we won't know for a month or two. Meeting Services is higher primarily due to the Academy Board Meeting.

On a year to date basis, we do have a few expense areas over-running the budget. The over-run in personnel for January now puts us slightly over budget. Even though we are at 99.98% of budget J, we will keep an eye on this one. Legal, Computer expenses and Advertising may be over on timing issues. For example, we are seeing lower Legal expenses in February which may help to recapture the over-run through January. We will continue to monitor this area. The big areas of concern are Travel and Meeting Services. On a positive front, we are under in a few categories as well; Publications (down \$64.8K), Professional Fees (down \$80.2K), Postage and Mailing (down \$57.4K) and Printing (down \$25.3K) are the largest of the bunch.

Overall, the Academy is holding expenses under-budget even with some of the over-runs. The major area of concern is revenue. It isn't meeting expectations. As a positive footnote; the revenue through January is \$88,188 higher than the revenue through January of last year. So, revenue is at least higher. Just not as high as we would like.

As I mentioned above, I am including the variance grid for your review.

#### **IV. Foundation Preliminary January Financials (A2, A8 and A9)**

The Foundation had an interesting month in January. You will see that the actual revenue for the month was as negative \$113,377. This was due to refunding money provided by Monsanto in a previous period. The Foundation Board approved returning the funds. So, you have a negative result. Naturally, this did have a large impact on the overall performance of the Foundation. In January, the Foundation had an Operating Deficit of \$274,981. This was \$129,155 larger (worse) than the budget. This was primarily driven by the under-run in revenue addressed previously. Expenses for the month were under budget by \$31,606. The only major category over budget is Scholarships and Awards (up \$13.5K). This is likely a timing issue. The investment income continues to be drag on the performance of the Foundation. Investments lost \$636,727 in January. This is \$767,885 under budget.

Year to date, the Foundation's revenue is \$324,383 under budget while the expenses are \$220,374 under budget. This results in an Operating Deficit that is \$104,009 larger (worse) than the budget. Considering the loss of the General Mills Grant revenue in December and the return of the Monsanto money in January, the Foundation is performing well. The only negative at this time is the Investment income. Investment income is now \$2,120,254 below budget.

The overall financial results have now driven the Foundation's Net Assets to \$21.9M (A9). Smaller, but, still strong.

## **V. CDR preliminary January Financials (A4 and A11)**

CDR, overall, had a another good month in January with the exception of Investments. Revenue exceeded the budget by \$15.1K while expenses were under budget by \$146.2K. This combination resulted in an Operating Profit of \$68,192 which was \$161.3K better than the budget. Higher revenue; lower expenses and an Operating Profit. All good signs. As was addressed above and in previous months, the only negative is the Investment Income. Investment Income fell short of budget by \$301,150 in January.

On a year to date basis, CDR is performing very well. Revenue is nearly on target for the year (down \$3.1K) at 99.95% of budget. Expenses are now \$1,119,049 under budget. Overall Operating Income is \$1,115,959 higher than the budget. As was the case with January, the only negative for the year are investment results. The investments are down \$417,255 for the year. Even with this loss, the Net Income is still better than the budget by \$324,618. So, the operational results are over-coming the shortfall from investments.

## **VI. DPGs/MIGS/ACEND Preliminary January Financials (A5 and A12)**

The combined DPGs/MIGS/ACEND financial results were better than expectations in January. Both revenue (up \$10.0K) and expense (down \$109.5K) performed better than the budget targets. The final results reflected Operating Income of \$81,091. Again, it is always good to have a positive operating result. In this case, it was positive and it exceeded the budget by \$119,537. The only negative in January was the investment results. These were down \$232,120 when compared to the budget.

On a year to date basis, the combined revenues are under-performing by \$21,159 while the combined expenses are under-budget by \$595,929. As I mentioned last month, this is primarily due to the DPGS/MIGS overstating their expense budgets. The revenue continues to close the gap for the year. It is now down when compared to budget by \$21.2K (actually 99.3% of budget).

You will also see on page A16, we now have three DPGs/MIGs on the “watch list”; Dietitians in Business and Communications (71%), Management in Food and Nutrition Systems (75%) and Muslims in Dietetics and Nutrition (65%). The Muslims in Dietetics and Nutrition are new to our “watch list” this month. The Investment losses are having an impact on the DPG/MIG reserves. We will continue to monitor this situation.

## **VII. ANDPAC Preliminary January Financials (A7 and A14)**

ANDPAC did not perform very well in January. Revenue was under-budget (down \$3.9K) while expenses were also under budget (down \$0.5K). Revenue continues to be the biggest concern. ANDPAC’s revenue is now below budget for the year by \$19,083 (24.4%). However, it is still higher than last year at this time (up \$5.9K or up 11.0%). Regardless, the PAC’s’ year to date Operating Deficit is \$16,220 smaller (better) than the budget. In addition, the PAC now has \$176.2K in reserve (A18). The PAC is in still in good financial shape at the end of January.

I hope this helps a little when going through the January package. As I finish this up, I can see that the stock market has erased most of the losses. In fact, the NASDAQ is actually higher. Maybe this will continue and we will end the week on a positive note. If you have any questions, or can’t make the call on Tuesday, please let me know. You should have received the webinar invitation from the Academy IT department today. Let us know if you have not. Also, Maria will let you know when everything is on the portal for you to review.

Have a great weekend.

Paul

4466. RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** Paul Mifsud <PMifsud@eatright.org>, 'Margaret Garner' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Jean Ragalie-Carr' <jean.ragalie-carr@rosedmi.com>, 'lbeseler\_fnc@bellsouth.net' <lbeseler\_fnc@bellsouth.net>, 'Linda.farr@me.com' <Linda.farr@me.com>, 'Amanda Jones' <amanda@justjones.es>, 'Ksauer@ksu.edu' <Ksauer@ksu.edu>, 'kay\_wolf@columbus.rr.com' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Darchele Erskine <derskine@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com>  
**Sent Date:** Feb 19, 2016 11:40:54  
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, February 23rd at 1 p.m. CST  
**Attachment:**

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All,

We have a Finance and Audit Committee meeting will be on Tuesday, February 23<sup>rd</sup> at 1:00 p.m. CST. Maria has begun to put the information onto the portal and will let you know when everything is completed. Also, the webinar invitation has gone out to everyone from the Academy IT team. Please let me know if you did not receive the information. The meeting agenda will focus on the following;

1. November final financials
2. December preliminary financials
3. April FAC meeting

I also have invited the Academy Executive team to audit our call. I thought it might be informative for the E-team to hear what is discussed. It is not mandatory. However, I thought it would be help

to the team. In addition, if anyone can attend the call, and the committee has a question, they could answer it immediately. Hopefully, a win/win scenario.

Now, onto the narrative.

## **I. December Adjustments**

There were no changes made to the original December financials

## **II. Investments**

- Unfortunately, the investment news continues to be the same; losses. In January, the combined portfolios lost nearly \$1.6M. This brings the year to date losses to just over \$2.6 million. The one bright spot is when I wrote this email in January, our portfolio was actually down \$3.4M for January. So, we did see a “rally” at the end of the month. I wish I could tell you we are experiencing a rebound in February. Through yesterday, the combined portfolios are down approximately \$335,000. This represents a 0.6% loss. The portfolios were down more earlier in the month, and unfortunately, are down this morning. That being said, 0.6% is not insurmountable. We still have the possibility of moving higher. I did talk to Al Bryant yesterday and he again reiterated that this will pass and he views this as just another market correction. I will keep you informed if this changes.

## **III. Academy preliminary January Financials (A3 and A10)**

The Academy results for January were short of expectations. In January, the Academy revenue was short of the budget target by \$90,552. On the expense front, the Academy expenses were under budget by \$8,654. If you combine these two numbers, you will see that the Academy missed its Operating Income target by \$81,898. As I mentioned above, investments continued the poor performance and missed the budget target by \$573,568 in January. So, after adding everything together, the Academy had a Net Deficit of \$694,001. This underperformed the budget by \$655,465.

Year to date, through January, the Operating Revenues are now down by \$459,949 while the Operating Expenses are under budget by \$86,280. This results in an Operating Deficit of \$755,821 which is under-performing when compared to the budget by \$373,669. The one bright spot on the “overall financials” is the Operating Deficit is \$842,102 smaller (better) than the Operating Deficit through January of last year. This reflects a reduction of almost 53%. So, one of the “takeaways” from the financial results is the Academy is doing much better than last year, but, not as good as our budget.

The revenue in January continued to under-perform in some of the same areas as we have discussed previously; Publication (down \$53.1K) and Sponsorships (down \$22.1K). In January, we have missed out targets on Grants (down \$29.3K) and Other (down \$9.6K). In both cases, this could be a “timing” issue. One bit of good news for the month is Membership revenue beat the budget by \$2,766. This is mostly due to the Fellow revenue. However, the gap on Membership itself, at least for January, has closed. Since this is a “recurring “ revenue stream, hopefully, it won’t be just for one month. We also saw higher revenue in Programs and Meetings (up \$20.3) and Higher Subscriptions (up \$0.5K). The attached variance grid will provide the details.

On the expense front, the Academy had a quite a few categories that were over budget in January. The largest of which continues to be travel (up \$21.7K). Most of the travel over-run is due to the January Academy Board meeting. As I mentioned last month, this is my largest concern. When you look at the year to date variances, Travel is now over budget by \$65,542. In January, we also saw over-runs in Personnel (up \$10.5K), Postage and Mailing (up \$8.1K), Advertising (up \$2.3K), Bank Fees (up \$7.4K), and Meeting Services (up \$16.7K). Postage and Mailing and Advertising appear to be timing issues. Personnel is due to higher temporary help to offset vacancies within the Academy. Bank fees could be a timing issue, but, we won’t know for a month or two. Meeting Services is higher primarily due to the Academy Board Meeting.

On a year to date basis, we do have a few expense areas over-running the budget. The over-run in personnel for January now puts us slightly over budget. Even though we are at 99.98% of budget J, we will keep an eye on this one. Legal, Computer expenses and Advertising may be over on timing issues. For example, we are seeing lower Legal expenses in February which may help to recapture the over-run through January. We will continue to monitor this area. The big areas of concern are Travel and Meeting Services. On a positive front, we are under in a few categories as well; Publications (down \$64.8K), Professional Fees (down \$80.2K), Postage and Mailing (down \$57.4K) and Printing (down \$25.3K) are the largest of the bunch.

Overall, the Academy is holding expenses under-budget even with some of the over-runs. The major area of concern is revenue. It isn’t meeting expectations. As a positive footnote; the revenue through January is \$88,188 higher than the revenue through January of last year. So, revenue is at least higher. Just not as high as we would like.



As I mentioned above, I am including the variance grid for your review.

#### **IV. Foundation Preliminary January Financials (A2, A8 and A9)**

The Foundation had an interesting month in January. You will see that the actual revenue for the month was as negative \$113,377. This was due to refunding money provided by Monsanto in a previous period. The Foundation Board approved returning the funds. So, you have a negative result. Naturally, this did have a large impact on the overall performance of the Foundation. In January, the Foundation had an Operating Deficit of \$274,981. This was \$129,155 larger (worse) than the budget. This was primarily driven by the under-run in revenue addressed previously. Expenses for the month were under budget by \$31,606. The only major category over budget is Scholarships and Awards (up \$13.5K). This is likely a timing issue. The investment income continues to be drag on the performance of the Foundation. Investments lost \$636,727 in January. This is \$767,885 under budget.

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or can't make the call on Tuesday, please let me know. You should have received the webinar invitation from the Academy IT department today. Let us know if you have not. Also, Maria will let you know when everything is on the portal for you to review.

Have a great weekend.

Paul

4467. Daily News & Journal Review: Friday, February 19, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 19, 2016 11:27:12  
**Subject:** Daily News & Journal Review: Friday, February 19, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**National Nutrition Month® information, resources and product catalog are now available at:**

[www.eatright.org/resources/national-nutrition-month](http://www.eatright.org/resources/national-nutrition-month) or [www.eatright.org/nnm](http://www.eatright.org/nnm).

## March is National Nutrition Month: Develop Better Eating Habits

[http://www.tucsonlocalmedia.com/online\\_features/food\\_recipes\\_entertaining/article\\_cc6feffa-2cad-54f9-94e7-1093466d5eff.html](http://www.tucsonlocalmedia.com/online_features/food_recipes_entertaining/article_cc6feffa-2cad-54f9-94e7-1093466d5eff.html)

## Eating Disorders Look Different in Boys and Girls

<http://www.theglobeandmail.com/life/health-and-fitness/health/eating-disorders-appear-different-in-boys-and-girls-study-says/article28770004/>

Source: *Journal of Adolescent Health*

[http://www.jahonline.org/article/S1054-139X\(15\)00670-9/abstract](http://www.jahonline.org/article/S1054-139X(15)00670-9/abstract)

Related Resource: Eating Disorders: Problem also Affects Boys and Men

<http://www.eatright.org/resource/health/diseases-and-conditions/eating-disorders/eating-disorders-problem-also-affects-boys-and-men>

## Could the right bacteria help save children from malnutrition?

<https://www.washingtonpost.com/news/speaking-of-science/wp/2016/02/18/could-the-right-gut-microbes-help-fight-childhood-malnutrition/>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

-Spotlight on Global Malnutrition: A Continuing Challenge in the 21st Century

[http://www.andjrnl.org/article/S2212-2672\(15\)00618-8/abstract](http://www.andjrnl.org/article/S2212-2672(15)00618-8/abstract)

## Diet soda and fries, please

### How consumers balance their food choices

(New research aims to untangle the apparent disconnect between stated health concerns and actual food purchases. Researchers found evidence of significant balancing behavior across product categories and consumer health segments that has implications for retail strategies as well as for public policy)

<https://www.sciencedaily.com/releases/2016/02/160218133140.htm>

Source: *Journal of Retailing*

<http://www.sciencedirect.com/science/article/pii/S0022435915000512>

## **Sufficient Sleep, Exercise May Help Keep Stroke at Bay**

**Between 7 and 8 hours of shut-eye each night seems to be best, research suggests**

(Findings presented at the American Stroke Association's annual meeting)

<http://consumer.healthday.com/sleep-disorder-information-33/misc-sleep-problems-news-626/getting-enough-sleep-exercise-may-lower-stroke-risk-708117.html>

Recorded FNCE® Session

Sleep and Nutrition: Is Getting Enough Zzzzz's Important to RDs?

<http://www.starlibraries.com/fnce/session/2026/Sleep-and-Nutrition-Is-Getting-Enough-Zzzzz-s-Important-to-RDs>

## **One in three American adults not getting enough sleep: CDC**

<http://www.reuters.com/article/us-usa-health-sleep-idUSKCN0VR2TL>

Source: CDC (*MMWR*)

[http://www.cdc.gov/mmwr/volumes/65/wr/mm6506a1.htm?s\\_cid=mm6506a1\\_w](http://www.cdc.gov/mmwr/volumes/65/wr/mm6506a1.htm?s_cid=mm6506a1_w)

## **Judge tosses lawsuit accusing Whole Foods of understating sugar in yogurt, but says plaintiffs can amend it**

(Litigation spanning 10 states accusing Whole Foods of significantly understating the sugar content in its 365 Everyday Value plain Greek yogurt has been dismissed on the grounds that the plaintiffs relied on tests that didn't meet FDA-approved standards)

<http://www.foodnavigator-usa.com/Regulation/Judge-tosses-lawsuit-over-sugar-in-Whole-Foods-365-yogurt>

## **FAO member countries urged to lobby over edible insects**

(Member countries of the Food and Agriculture Organization (FAO) are being urged to lobby the UN body to clarify its position on edible insects)

<http://www.foodnavigator.com/Policy/FAO-member-countries-urged-to-lobby-over-edible-insects>

## **Results of Many Clinical Trials Take Years to Publish**

**'Perplexing' delays keep vital information from doctors and patients, researcher says**

<http://consumer.healthday.com/clinical-trials-information-35/clinical-trials-news-136/results-of-many-clinical-trials-take-years-to-publish-708211.html>

Source: *BMJ*

<http://www.bmj.com/content/352/bmj.i637>

## **MedlinePlus: Latest Health News**

-Diabetes Drug May Help Prevent Second Stroke: Study

Actos reduced risk by 24 percent in people with insulin resistance, research showed

-FDA: Wait a Month to Donate Blood After Travel to Zika-Prone Areas  
Four weeks is long enough for the virus to pass out of the body, agency say  
<https://www.nlm.nih.gov/medlineplus/healthnews.html>

## Journal Review

### ***Annals of Internal Medicine*, February 16, 2016, Online First**

<http://annals.org/onlineFirst.aspx>

-Framing Financial Incentives to Increase Physical Activity Among Overweight and Obese Adults:  
A Randomized, Controlled Trial

### ***British Journal of Nutrition*, February 16-18, 2016, Online First**

<http://journals.cambridge.org/action/displayIssue?iid=898872>

-Impact of food supplementation on weight loss in randomised-controlled dietary intervention  
trials: a systematic review and meta-analysis

-Composition differences between organic and conventional meat: a systematic literature review  
and meta-analysis

### ***Current Opinion in Clinical Nutrition and Metabolic Care*, March 2016**

<http://journals.lww.com/co-clinicalnutrition/pages/currenttoc.aspx>

-The diverse nature of saturated fats and the case of medium-chain triglycerides: how one  
recommendation may not fit all

-The need to differentiate fear for energy overfeeding from future benefits of protein feeding: so  
much to gain!

-Parenteral nutrition in the ICU setting: need for a shift in utilization

### ***Diabetes Educator*, February 15, 2016, Online First**

<http://tde.sagepub.com/content/early/recent>

-Effectiveness of Program Modification Strategies of the Diabetes Prevention Program: A  
Systematic Review

### ***Health Education Journal*, February 16, 2016, Online First**

<http://hej.sagepub.com/content/early/recent>

-Planning, practising and prioritising wellness through an integrative behaviour change plan

### ***Journal of Evidence-Based Complementary & Alternative Medicine*, February 14, 2016, Online First**

<http://chp.sagepub.com/content/early/recent>

-The Feasibility and Effectiveness of Online Guided Imagery Training for Health Professionals

### ***Journal of Human Lactation*, February 17, 2016, Online First**

<http://jhl.sagepub.com/content/early/recent>

-Use of Donor Human Milk and Maternal Breastfeeding Rates: A Systematic Review

***Journal of Nutrition in Gerontology and Geriatrics, January-March 2016***

<http://www.tandfonline.com/toc/wjne21/current>

-Development of an Integrated Theory of Surgical Recovery in Older Adults

-Managing Malnutrition in Older Persons Residing in Care Homes: Nutritional and Clinical Outcomes Following a Screening and Intervention Program

***Journal of Parenteral &Enteral Nutrition, February 17, 2016, Online First***

<http://pen.sagepub.com/content/early/recent>

-Safety and Efficacy of Subcutaneous Parenteral Nutrition in Older Patients: A Prospective Randomized Multicenter Clinical Trial

***Journal of the American College of Nutrition, February 17, 2016, Online First***

<http://www.tandfonline.com/action/showAxaArticles?journalCode=uacn20>

-Assessment of Total Choline Intakes in the United States

-The Effects of Nitrate-Rich Supplementation on Neuromuscular Efficiency during Heavy Resistance Exercise

***Journal of Womens Health, February 17, 2016, Online First***

<http://online.liebertpub.com/toc/jwh/0/0>

-The Association Between Body Mass Index and Presenting Symptoms in African American Women with Ovarian Cancer

-Risk of the Metabolic Syndrome in Sexual Minority Women: Results from the ESTHER Study

***New England Journal of Medicine, February 18, 2016***

<http://www.nejm.org/toc/nejm/medical-journal>

-Clinical Management of Ebola Virus Disease in the United States and Europe

***Nutrition, March 2016***

<http://www.sciencedirect.com/science/journal/08999007/32/3>

-Mechanisms of long-term weight regain in patients undergoing sleeve gastrectomy

-Feasibility of jejunal enteral nutrition for patients with severe duodenal injuries

-Clinical and metabolic response to probiotic administration in patients with major depressive disorder: A randomized, double-blind, placebo-controlled trial

***Nutrition in Clinical Practice, February 17, 2016, Online First***

<http://ncp.sagepub.com/content/early/recent?papetoc>

-Incorporating Palliative Care Concepts Into Nutrition Practice

Across the Age Spectrum

-Comparison Between Premixed and Compounded Parenteral Nutrition Solutions in Hospitalized Patients Requiring Parenteral Nutrition

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In the subject line type unsubscribe.

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4468. RE: March 20-21 BOD Meeting Time

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 19, 2016 10:51:22  
**Subject:** RE: March 20-21 BOD Meeting Time  
**Attachment:** [image003.jpg](#)

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Hi Donna,

It is probably the about the same. The room rate is only \$139 and I'm not sure what airfare will be traveling on Sunday morning vs Saturday. Lucille and Linda will be staying in Chicago Saturday night so you would have companyJ

Please do what works best for you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Friday, February 19, 2016 9:44 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: March 20-21 BOD Meeting Time

I made my reservations to come in on Saturday awhile back. Is it cheaper to pay the \$200 change fee on the ticket or stay in the hotel for Saturday night? It makes no difference to me.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Thursday, February 18, 2016 6:02 PM

**To:** 'evelyncrayton64'; 'craytef@aces.edu'; 'craytef@charter.net'; 'Lucille Beseler'; 'connors@ohsu.edu'; 'Kay Wolf'; 'Margaret Garner (mgarner@ua.edu)'; Donna Martin; 'Aida Miles-school'; 'Linda Farr'; 'Elise Smith'; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie'; 'Tracey Bates'; 'Tammy.randall@case.edu'; 'dwheller@mindspring.com'; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox; Mary Gregoire; Chris Reidy; Susan Burns; Sharon McCauley; Cecily Byrne; William Murphy

**Subject:** March 20-21 BOD Meeting Time

Since we have still been experiencing schedule conflicts, we are moving the times for the meeting **to start at 2:00pm on Sunday, March 20 and will adjourn at 3:00pm on Monday, March 21.**

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Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

**From:** Joan Schwaba

**Sent:** Thursday, February 04, 2016 4:18 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; elise@nutritionsystems.com; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

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[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

**From:** Joan Schwaba

**Sent:** Tuesday, February 02, 2016 5:36 PM

**To:** 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; 'craytef@aces.edu' <[craytef@aces.edu](mailto:craytef@aces.edu)>; 'craytef@charter.net'; 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; 'connors@ohsu.edu'; 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; Margaret Garner ([mgarner@ua.edu](mailto:mgarner@ua.edu)) <[mgarner@ua.edu](mailto:mgarner@ua.edu)>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[elasaden@aol.com](mailto:elasaden@aol.com)>; [elise@nutritionsystems.com](mailto:elise@nutritionsystems.com); 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; 'Tammy.randall@case.edu'; [dwheller@mindspring.com](mailto:dwheller@mindspring.com); 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

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Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

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**Subject:** UPDATE: Upcoming Board Meetings

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**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995

**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

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Best regards,  
Joan

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Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995

4469. Automatic reply: March 20-21 BOD Meeting Time

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 19, 2016 10:44:20  
**Subject:** Automatic reply: March 20-21 BOD Meeting Time  
**Attachment:**

---

Thank you for your message. I am out of the office and will return Monday, February 22. I will be checking emails intermittently and will respond to all requests upon my return..

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995



## 4470. March 20-21 BOD Meeting Time

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Margaret Garner (mgarner@ua.edu)' <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Cecily Byrne <cbyrne@eatright.org>, William Murphy <WMurphy@eatright.org>  
**Sent Date:** Feb 18, 2016 18:06:04  
**Subject:** March 20-21 BOD Meeting Time  
**Attachment:**

---

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4471. Honor your colleagues

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 18, 2016 15:25:22  
**Subject:** Honor your colleagues  
**Attachment:**

---

Honor your colleagues

Having trouble viewing this e-mail? [View it in your browser.](#)

March 9 is Registered Dietitian Nutritionist Day when we celebrate your leadership in improving the nutritional status of Americans and people around the world. Commemorate the day with a gift from our extensive collection of RDN Day items. You may even want to treat yourself to something as well!

[View our online catalog and order today!](#)

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4472. Daily News: Thursday, February 17, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 18, 2016 11:10:17  
**Subject:** Daily News: Thursday, February 17, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**National Nutrition Month® information, resources and product catalog are now available at:**  
[www.eatright.org/resources/national-nutrition-month](http://www.eatright.org/resources/national-nutrition-month) or [www.eatright.org/nnm](http://www.eatright.org/nnm).

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics! Elections end February 22.**

View the slate of candidates and vote at [www.eatrightPRO.org/elections/](http://www.eatrightPRO.org/elections/). Vote and be entered to win free registration to FNCE 2016!

**One in ten adolescents living in households with food insecurity have poor mental health**

<https://www.sciencedaily.com/releases/2016/02/160216143910.htm>

Source: *Academic Pediatrics*

[http://www.academicpedsjnl.net/article/S1876-2859\(15\)00272-7/abstract](http://www.academicpedsjnl.net/article/S1876-2859(15)00272-7/abstract)

**USDA rules would increase food stamp access to healthy foods**

<http://www.pbs.org/newshour/rundown/usda-rules-would-increase-food-stamp-access-to-healthy-foods/>

Source: USDA

<http://www.usda.gov/wps/portal/usda/usdahome?contentid=2016/02/0045.xml&contentidonly=true>

Related Resource: An Overview of the Farm Bill

<https://www.eatrightpro.org/resource/advocacy/healthy-food-systems-and-access/hunger-and-food-security/an-overview-of-the-farm-bill>

**Prenatal Diet Rich in Vitamin D May Cut Allergy Risk in Kids: Study  
But supplements don't offer the same protection, researchers say**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/vitamin-d-pregnancy-allergies-jaci-mshs-release-batch-2536-708033.html>

Source: *Journal of Allergy and Clinical Immunology*

[http://www.jacionline.org/article/S0091-6749\(16\)00035-X/abstract](http://www.jacionline.org/article/S0091-6749(16)00035-X/abstract)



## **The Global Healthy Weight Registry**

**The act of eating meals together was also associated with increased cooperation, which was also associated with better work-group performance**

<https://www.sciencedaily.com/releases/2016/02/160217140453.htm>

Cited: The Global Healthy Weight Registry

<http://healthyweightregistry.org/>

Related Resource: The National Weight Control Registry

<http://www.nwcr.ws/>

## **Winning student-designed meal served in Chicago Public Schools**

(Culinary arts students had to cook up a meal that followed district nutrition guidelines and used ingredients commonly found in a school kitchen)

<http://chicago.suntimes.com/news/7/71/1333594/student>

Related Resource: Cooking up Change

<https://healthyschoolscampaign.org/programs/national/cooking-up-change-national/>

## **Eating fish helps stave off dementia**

<http://www.medicalnewstoday.com/releases/306742.php>

Source: *Journal of American Medical Association*

<http://jama.jamanetwork.com/article.aspx?articleid=2484683&resultClick=3>

## **Which Type of Exercise Is Best for the Brain?**

<http://well.blogs.nytimes.com/2016/02/17/which-type-of-exercise-is-best-for-the-brain/>

Related Resource: Get Moving! How to Start an Exercise Plan

<http://www.eatrightstore.org/product/900A7B56-C21F-40D1-B917-77E04F0D81AB>

## **ClinicalTrials.gov**

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

**-Does a Caffeine Gum Improve 5 km Run Performance in a Competition/Field Setting?**

<https://clinicaltrials.gov/ct2/show/NCT02473575?term=NCT02473575&rank=1>

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4473. RE: Addressing ALDA Annual Meeting

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 17, 2016 15:52:49  
**Subject:** RE: Addressing ALDA Annual Meeting  
**Attachment:** [image003.jpg](#)

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Hi Donna –

Evelyn is currently reviewing the 2016 Academy Update. Tom Ryan is working with her to finalize it. I will let him know we have a Monday deadline to provide to ALDA. I will work with him to get a draft to you to review ASAP.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

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Fax number: 312-899-4765

Email: jschwaba@eatright.org

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Wednesday, February 17, 2016 11:47 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Addressing ALDA Annual Meeting

Joan, Do we know when the powerpoint will be ready for the Affiliate presentations? See below. As if you need one more thing to worry about!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Larry Vinson <larry@gmsal.com>

**Sent:** Wednesday, February 17, 2016 12:41 PM

**To:** Donna Martin

**Subject:** Addressing ALDA Annual Meeting

**Alabama Dietetic Association**

**Post Office Box 240757 • Montgomery, Alabama 36124-0757**

**Telephone (334) 260-7970 • Fax (334) 272-7128 • Email ALDA@gmsal.com**

My name is Larry Vinson, Executive Director of the Alabama Dietetic Association. We are very pleased to have you as a speaker for our 2016 Annual Meeting, scheduled for Wednesday, March 9th – Friday, March 11th, at the Renaissance Hotel & Convention Center, located at 201 Tallapoosa Street, Montgomery, AL 36104, telephone 334.481.5000. This meeting typically draws around 225-250 dietitians and students.

ALDA provides all attendees with a CD containing PDF copies of the speaker's PowerPoint presentations. **We will need your presentation by February 22nd to have the CDs prepared.** You can continue to work on your presentation, but we will need your latest draft for CD by February 22nd.

I have attached an agenda for your review. Please check to make sure the title of your presentation is correct. We will have a laptop and projector for you to use for your presentation. However, if you have video in your presentation, please alert me so I can make sure it works

properly on our equipment.

Our Annual Meeting is held in conjunction with the Alabama Food and Nutrition Exposition, a product show featuring over 120 booths with food items, equipment and services designed to help dietitians and other food service professionals working in clinical, school, nursing homes and other food service applications. We have also attached the Food EXPO brochure.

Again, we are excited to have you on our program. Please let me know if you have any questions or need anything from us.

Sincerely,

Larry Vinson

334.260.7970

4474. RE: Academy cash requirements

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** Paul Mifsud <PMifsud@eatright.org>, 'Linda Farr' <linda.farr@me.com>, 'Garner Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Ragalie-Carr, RDN Jean' <jean.ragalie-carr@rosedmi.com>, 'Beseler Lucille' <lbeseler\_fnc@bellsouth.net>, 'Amanda Jones' <amanda@justjones.es>, 'Sauer Kevin' <Ksauer@ksu.edu>, 'Wolf Kay' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com>, Linda Serwat <LSerwat@eatright.org>  
**Sent Date:** Feb 17, 2016 13:53:52  
**Subject:** RE: Academy cash requirements  
**Attachment:**

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All,

I want to thank everyone for voting. The change has been approved. It will be added to the Board Meeting agenda in March. I do think we will need to tap into this increased loan amount before the meeting. If anyone has any objections, please let me know.

Paul

**From:** Paul Mifsud  
**Sent:** Friday, February 12, 2016 1:28 PM  
**To:** Paul Mifsud; 'Linda Farr'; 'Garner Margaret'; DMartin@Burke.k12.ga.us; 'Ragalie-Carr, RDN Jean'; 'Beseler Lucille'; 'Amanda Jones'; 'Sauer Kevin'; 'Wolf Kay'; 'Unluco@hotmail.com'  
**Cc:** Patricia Babjak; Mary Beth Whalen; 'carole.clemente@rosedmi.com'; 'Cecala, Sue'; Linda Serwat  
**Subject:** RE: Academy cash requirements

All,

As I mentioned below, I am working on increasing the working capital loan for the Academy. The bank has agreed to increase the loan amount. Unfortunately, the line of credit policy attached has a hard cap of \$1,000,000. Since we are at this cap, I would like to change this policy to reflect the following;

- The line of credit may not exceed \$2,000,000.

In order to provide some leeway, I am requesting that this be increased to by \$1,000,000. For those of you who may be concerned about the loan, we are still constrained by the 90 day payback option. Also, any outstanding loan balance would be represented on the balance sheet provided each month. Timing, of course, is critical. I would prefer to go this route instead of taking money out of reserves. Therefore, I am respectfully requesting that the FAC respond **For or Against** this increase. In order to change the policy via e-mail, it must be a unanimous vote.

So, I would like to hear back from all FAC members by noon on Monday. Simple say you are for or against the change.

Once this is done and if you approve, I will move forward with using the some of the increased amount. Technically, it would not be official until the next Board meeting. However, since this is in late March, by that time I would hope to be deep in the process of paying down the loan amount.

When you respond, please do so for the entire committee. Linda will tabulate the votes.

Thank you and have a great weekend.

Paul

**From:** Paul Mifsud

**Sent:** Monday, February 08, 2016 11:50 AM

**To:** 'Linda Farr'; 'Garner Margaret'; DMartin@Burke.k12.ga.us; 'Ragalie-Carr, RDN Jean'; 'Beseler Lucille'; 'Amanda Jones'; 'Sauer Kevin'; 'Wolf Kay'; 'Unluco@hotmail.com'

**Cc:** Patricia Babjak; Mary Beth Whalen; 'carole.clemente@rosedmi.com'; 'Cecala, Sue'

**Subject:** RE: Academy cash requirements

All,

I want to update you on cash requirements for the Academy and related organizations. Right now, as I look at our cash balances, I'm sorry to tell you that I will need at least another \$500,000 taken out by next week. This may increase as we look at our bills and cash inflows. I know this is a broken record. However, this time of year, it is about balancing our cash inflows with cash outflows. Since December, we are down about \$1.7 million in money coming into the bank. You may recall that the majority of that money is the General Mills grants which would go out in May. So, that is clearly a timing issue. To help offset most of this, we tapped into the working capital loan from the bank in December. Last year, we tapped into the loan in February.

We do anticipate money coming in from our vendors. Over the next two weeks, we anticipate over \$500,000 in money coming in from our larger vendors. I would expect another \$300,000 - \$500,000 coming in from normal operational sales. Even though this could reach \$1 million, it will not be enough to handle the bills. In addition to the \$500,000 moved from reserves, I will also reach out to the bank to see if they would provide an increase of another \$500,000 in the working capital loan. At approximately 2.75% interest, this would amount to approximately \$1,150 in additional monthly interests. If there are no objections from the Committee, I will begin this process. This will provide to us additional flexibility.

Of course, what makes this worse is the down turn in the stock market. Even though we won't be selling equities to make this work, we will be putting Al Bryant into a tight situation on his ratios for the reserves. I have let him know that we will be taking another \$500,000 out within the week and potentially another \$500,000 shortly after. He is verifying that the cash will be available.

Regardless of how much is available, reducing our cash held with Segall, Bryant and Hamill will drive investment changes. Less cash means less ability to purchase new holdings and/or force the sale of existing equities at some point.

I will keep you informed as we go forward. Please let me know if you have concerns about the working capital loan increase or any concerns about moving money from reserves. You can either send me an email or call me at 800-877-1600, ext. 4730

Paul



## 4475. Eat Right Weekly - February 17, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 17, 2016 12:50:55  
**Subject:** Eat Right Weekly - February 17, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that affects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

February 17, 2016

[Quick Links: On the Pulse of Public Policy | CPE Corner | Career Resources | Research Briefs](#)  
[Academy Member Updates | Philanthropy, Awards and Grants](#)

### ON THE PULSE OF PUBLIC POLICY

#### President's Budget Invests in Health and Nutrition

President Obama's Fiscal Year 2017 budget makes key investments in nutrition and public health programs for his administrations final year. Important information will be shared soon about opportunities to reach out to your members of Congress about funding critical nutrition programs. [Learn More](#)

#### Policy Leaders Advocate for Prediabetes Coverage

The Academy's Legislative and Public Policy Committee and board members of the Academy's political action committee ANDPAC met recently in Washington, D.C., to outline individual and collaborative initiatives for 2016. Members also met with approximately 20 congressional offices to advocate for coverage of medical nutrition therapy for prediabetes and other legislative priorities. [Learn More](#)

#### Offer Input: Proposed Regulations and Government Initiatives

Federal agencies continue to be busy issuing multiple proposed regulations affecting everything from food labeling (such as GMOs and use of the term "natural") to opportunities to reform any regulations that are burdensome or out of date to initiatives that touch on almost every area of dietetics practice. Members are encouraged to work with your dietetic practice groups to submit input on these initiatives, which are detailed in the Public Policy Weekly News and on the Academy's website.

[Learn More](#)

### New Proposed Rule to Improve Access to Healthy Foods for SNAP

The 2014 Farm Bill required the U.S. Department of Agriculture to make rules to ensure SNAP retailers provide greater varieties of healthy staple food items. The new rule requires SNAP retailers to stock seven varieties of qualifying foods in four groups on a continuous basis, with perishable foods in at least three of the four staple food groups: dairy products; breads and cereals; meats, poultry and fish; and fruits and vegetables. The rule calls for retailers to stock at least six units within each variety.

[Learn More](#)

### CPE CORNER

#### Recorded Webinar: 'Changing the Way We Look at Agriculture'

View a one-hour recorded webinar "Changing the Way We Look at Agriculture" to gain an understanding of the state of U.S. and international farming and learn about innovative strategies to help nutritiously feed the growing world population. This webinar, which offers 1 CPE credit, is made possible through an educational grant from National Dairy Council.

[Learn More](#)

#### Food and Culinary DPG Trip to Charleston

Join the Food and Culinary Professionals dietetic practice group for its first domestic excursion, May 8 to 10 in Charleston, S.C. FCP's trips are known for exploring the culture of an area and the influences on a region's food. CPEU credit is offered.

[Learn More](#)

#### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

#### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

#### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa., and June 10 to 12 in Salt Lake City, Utah.

[Learn More](#)

### Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

## CAREER RESOURCES

### March 1 Deadline: Nominate a Colleague for an Award

Nominate deserving colleagues for prestigious Academy national honors and awards. Recipients will be announced in May and will be recognized at the 2016 Food & Nutrition Conference & Expo. The deadline is March 1.

[Learn More](#)

### Continue Your Academy Benefits into 2016-17: Renew Your Membership

For your convenience, Academy membership renewal for 2016-17 is now open. Renew by calling the Member Service Center at 800/877-1600, ext. 5000, weekdays from 8 a.m. to 5 p.m. Central

time, or online.

[Learn More](#)

### 2016 Medicare Physician Fee Schedule

For Medicare providers wondering what are the payment rates for registered dietitian nutritionists for 2016: The Academy has taken the worry out of calculating the 85 percent of physician payment rate for you. Download Medicare payment rates for MNT CPT codes by geographic area, specific to RDNs. Rates are effective for dates of service between January 1 and December 31.

[Learn More](#)

### New Academy Publication: *Total Body Diet for Dummies*

With a focus on food, fitness and mindfulness, the new, multi-dimensional, complete action plan found in *Total Body Diet for Dummies* can help springboard your clients into a healthier lifestyle. The book is written by Academy member Vicki Shanta Retelny, RDN, LDN.

[Learn More](#)

### Coding and Billing Guide

The *Coding and Billing Handbook: A Guide for Program Directors and Preceptors* is available and ready for use with dietetic interns. This tool (free to Academy members, \$40 for non-members) includes vocabulary, sample case studies, recommended resources and other materials for use in supervised practice programs to help interns achieve competency in coding and billing for nutrition services.

[Learn More](#)

### Revised List: Definition of Terms

The Academy's revised Definition of Terms List is now available. Definitions serve as standardized language for registered dietitian nutritionists and nutrition and dietetic technicians, registered to apply in practice settings. Included are terms that have statutory, accrediting or regulatory implications or affect the Scope of Practice.

[Learn More](#)

### Begin Your Path to Dietetics Leadership: Become a Student Liaison

Apply to represent your dietetics program by signing up as a Student Liaison for the 2015-2016 membership year.

[Learn More](#)

### eNCPT Student Guide

A resource for Nutrition Care Process educators, the eNCPT Student Companion Guide is a comprehensive student companion to the electronic Nutrition Care Process Terminology. This publication guides, challenges and tests students on each step of the NCP. An Instructor's Solutions Manual is also available to NDEP members.

## eNCPT 2015: Updated Terminology and Modules

The Nutrition Care Process modules have been updated to reflect the 2015 edition of the eNCPT. Access the most current and up-to-date terms for nutrition care and comply with the Department of Health and Human Services' mandate that clinical terminologies in EHR systems must be in SNOMED and LOINC.

[Learn More](#)

## Prepare for National School Breakfast Week

The theme for National School Breakfast Week, March 7 to 11, is "Wake Up to School Breakfast." Promote school breakfast with resources from Kids Eat Right, including the "Healthy Breakfast Everywhere You Go" toolkit.

[Learn More](#)

## Smart from the Start Awards

Preschool teachers are encouraged to apply for awards to create practical, long-term improvements in nutrition and physical activity at their school. A \$20,000 grand prize and 10 \$2,500 runner-up awards are available.

[Learn More](#)

## Grants for Healthier School Meals, Childhood Nutrition

The U.S. Department of Agriculture, the National Football League and Fuel Up to Play 60 are awarding \$35 million in grants to help schools serve healthier meals and strengthen childhood nutrition.

[Learn More](#)

## MDA-AODA Conference

The American Overseas Dietetic Association and the Malaysian Dietitians' Association are co-sponsoring the 2016 MDA-AODA Conference, to be held May 26 to 28 in Kuala Lumpur, Malaysia. Attendees can gain a global perspective on issues in dietetics practice.

[Learn More](#)

## RESEARCH BRIEFS

### EAL's Systematic Review Methodology Published in *Journal*

Learn more about the systematic methodology used to develop Evidence Analysis Library projects and guidelines.

[Learn More](#)

## Type 1 Diabetes Evidence-based Practice Guidelines on EAL

Updated recommendations have been published on the Evidence Analysis Library on topics including medical nutrition therapy, glycemic index, energy intake and more. Members and

subscribers can log in to access the content; non-members can purchase a subscription.

#### MNT Systematic Review Published on EAL

Important findings for registered dietitian nutritionists are available on the Evidence Analysis Library including strong evidence to support the effectiveness of nutrition intervention and counseling provided by a nutrition professional. Members and subscribers can log in to access the content; non-members can purchase a subscription.

#### ACADEMY MEMBER UPDATES

##### Own Tomorrow, Vote Today: Academy's 2016 Elections

Participate in the Academy's national election through February 22. Voters are eligible to win free registration to the 2016 Food & Nutrition Conference & Expo. Election results will be announced in late February and elected individuals will take office June 1. Read the candidates' biographies and hear the viewpoints and perspectives of candidates for president-elect and speaker-elect in recorded "Meet the Candidates" webinars. **Important note: To vote, make sure you use your user ID (not email address) and password.**

[Learn More](#)

##### For March: National Nutrition Month Promotions Made Easy

The 2016 National Nutrition Month theme *Savor the Flavor of Eating Right* encourages everyone to take the time to enjoy food traditions and appreciate the pleasures, great flavors and social experiences food can add to people's lives. View the National Nutrition Month product catalog featuring promotional kits to help make your celebrations quick and easy.

[Learn More](#)

##### See Your Name in Lights: Enter the RDN Day Contest

In celebration of Registered Dietitian Nutritionist Day on March 9, and in thanks for all RDNs do to improve the nutritional health of Americans and people around the world, the Academy hosts a special annual contest to feature a member in Times Square in New York City during National Nutrition Month. The deadline to enter is February 21.

[Learn More](#)

##### February 19 Deadline: FNCE Poster Session Abstracts

Have you conducted research in nutrition and dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the Academy's 2016 Food & Nutrition Conference & Expo. New research and innovations in a wide variety of topics will be presented during poster sessions. The submission deadline is February 19.

[Learn More](#)

##### March 31 Application Deadline: Are you a Quality Leader?

All credentialed dietetics practitioners are invited to apply to be a part of the Quality Leader

Alliance to network and develop resources for the Academy. The application deadline is March 31.

[Learn More](#)

#### Member Named to Diabetes Association Board

Academy member Jackie Boucher, MS, RD, LD, CDE, president of Children's HeartLink in Minneapolis, Minn., has been named to the 2016 American Diabetes Association's Board of Directors. Academy member Margaret Powers, PhD, RD, CDE, continues her service on ADA's board as president for health care and education.

[Learn More](#)

#### Member Helps Develop NRA Exams

Academy member Linda Lockett Brown, RDN, LDN, CLC, served recently on the development team for the National Restaurant Association's ServSafe Manager and Food Handler exams. Brown, president of Cinet Registered Dietitians, Wellness and ServSafe Trainers, of Orange Park, Fla., worked with food safety experts representing regulatory, academia and other segments of the foodservice industry.

#### Member Selected as Health Policy Fellow

Academy member Susie Nanney, PhD, MPH, MS, RD, associate professor at the University of Minnesota and the founder and director of the university's Health Equity in Policy Initiative, has been named a Robert Wood Johnson Foundation Health Policy Fellow for the class of 2016-2017. Academy member Nadine Braunstein, PhD, RD, chair of the Legislative and Public Policy Committee, was a Robert Wood Johnson Foundation Health Policy Fellow in the class of 2013-2014.

[Learn More](#)

### PHILANTHROPY, AWARDS AND GRANTS

#### March 18 Deadline: Apply for Foundation Scholarships

The Foundation is committed to providing scholarships to dietetics students at all levels of study. Scholarships are funded by individuals, affiliates, dietetic practice groups and Academy partners including Colgate-Palmolive Company, Commission on Dietetic Registration, ConAgra Foods, ILSI North America and Mead Johnson Nutrition. The online scholarship application is available. The application deadline is March 18. Email [scholarship@eatright.org](mailto:scholarship@eatright.org) with questions.

[Learn More](#)

#### April 1 Deadline: Apply for Foundation Research Grants

*This grant will provide me with seed funding to start my research program focused on early life interventions for childhood obesity. Research generated through this funding will ultimately help practitioners to be better able to treat pediatric obesity among ethnic minority populations.* - Sina Gallo, PhD, RD, recipient of the 2015 Ann A. Hertzler Memorial Research Grant. The Foundations named research funds are available annually to Academy members at all levels of practice, in

areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

#### April 1 Deadline: Herbert D. and Nylda Gemple Research Grant

This \$5,000 grant encourages development and excellence in innovative and unique models to study the correlation of diet and nutrition in treating neurological disorders. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions. The application deadline is April 1.

[Learn More](#)

#### During National Nutrition Month: Honor a Mentor with a Tribute Gift

Honoring a mentor while making a gift to your Foundation is a great way to recognize the special people who make a difference in your life, while making an important investment in the future of the dietetics profession. Your friend, colleague or loved one's family will be notified of your thoughtfulness through a personalized acknowledgement card. Contact Martha Ontiveros at 312/899-4773 or [montiveros@eatright.org](mailto:montiveros@eatright.org).

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics. If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4476. Daily News & Journal Review: Wednesday, February 17, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 17, 2016 11:39:12  
**Subject:** Daily News & Journal Review: Wednesday, February 17, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**National Nutrition Month® information, resources and product catalog are now available at**  
[www.eatright.org/resources/national-nutrition-month](http://www.eatright.org/resources/national-nutrition-month) or [www.eatright.org/nnm](http://www.eatright.org/nnm) .

### **Cholesterol in Eggs May Not Hurt Heart Health: Study**

**Research also finds other dietary cholesterol doesn't appear to up heart disease risk**

<http://consumer.healthday.com/cardiovascular-health-information-20/dietary-choloesterol-news-130/cholesterol-in-eggs-doesn-t-seem-to-hurt-heart-health-study-708038.html>

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/early/2016/02/10/ajcn.115.122317.abstract>

Related Resource: *Food and Nutrition Magazine*

<http://www.foodandnutrition.org/January-February-2016/How-the-Latest-Research-May-Shed-Light-on-Serum-Cholesterol/>

### **New study reveals fresh avocado-substituted diet significantly changes lipid profile**

<http://www.medicalnewstoday.com/releases/306642.php>

Source: *Journal of Clinical Lipidology*

<http://www.lipidjournal.com/article/S1933-2874%2815%2900427-4/abstract>

### **How to Improve Nutrition Labeling on Food**

**The FDA plans changes to make the information more useful for consumers. But some groups want to go even further**

<http://www.wsj.com/articles/how-to-improve-nutrition-labeling-on-food-1455592269>

Related Resource: FDA-Proposed Changes to the Nutrition Facts Label

<http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/LabelingNutrition/ucm385663.htm#Summary>

Comments to FDA re: Revisions to Nutrition Facts Label and Serving Sizes

<http://www.eatrightpro.org/resource/news-center/on-the-pulse-of-public-policy/regulatory-comments/comments-to-fda-re-revisions-to-nutrition-facts-label-and-serving-sizes>

## **Transgender Patients Face Challenges at the Hospital**

<http://well.blogs.nytimes.com/2016/02/16/for-transgender-patients-challenges-at-the-hospital/>

Related Resources: *Food & Nutrition Magazine*

<http://www.foodandnutrition.org/Fall-2012/Advice-for-RDs-with-Transgender-Patients/>

FNCE® 2013 session: Lesbian, Gay, Bisexual and Transgender: Cultures with Unique Nutrition Concerns

<http://www.starlibraries.com/fnce/session/764/Lesbian-Gay-Bisexual-and-Transgender-Cultures-with-Unique-Nutrition-Concerns>

## **Overweight, Obese Kids Fare Worse in Hospital ICUs, Study Finds**

**Researchers not sure if equipment, dosing procedures are a mismatch or if excess weight is a factor**

<http://consumer.healthday.com/kids-health-information-23/misc-kid-s-health-news-435/overweight-obese-kids-fare-worse-in-hospital-icus-study-finds-708092.html>

## **Do Benefits of City Gardening Outweigh Risks?**

**Lead and other soil contaminants aren't a concern for all vegetables, expert contends**

<http://consumer.healthday.com/kids-health-information-23/child-development-news-124/benefits-of-city-gardening-may-outweigh-risks-707771.html>

Source: *Journal of Environmental Quality*

<http://www.ncbi.nlm.nih.gov/pubmed/26828157>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrn.org/article/S2212-2672\(14\)00232-9/abstract](http://www.andjrn.org/article/S2212-2672(14)00232-9/abstract)

## **Genetics or Good Living? Why People in Iceland Outlast Rest of World**

<http://www.nbcnews.com/health/aging/genetics-or-good-living-why-people-iceland-outlast-rest-world-n516301>

## **Kona Deep brings desalinated deep ocean water to the US market**

(Its a billion-dollar market in Asia, but its almost unheard of in the US)

<http://www.foodnavigator-usa.com/Manufacturers/Kona-Deep-brings-desalinated-deep-ocean-water-to-the-US-market>

## **Fat Cats on a Diet: Will They Still Love You?**

(Cats dont hold a grudge if you limit their food to help them slim down, a new study shows)

[http://well.blogs.nytimes.com/2016/02/16/fat-cats-on-a-diet-will-they-still-love-you/?\\_r=0](http://well.blogs.nytimes.com/2016/02/16/fat-cats-on-a-diet-will-they-still-love-you/?_r=0)

## **MedlinePlus: Latest Health News**

-Anemia Drugs May Not Boost Kidney Patients' Well-Being: Study

Review of 17 clinical trials finds no evidence that certain costly meds improve patients' quality of life

**-How to Keep Your New Year's Exercise Mojo All Year Long**

Set realistic goals, be consistent and understand you're in it for the long haul, expert says

**-Obsessed Athletes More Likely to Approve of Performance-Enhancing Drugs: Study**

Not being able to disconnect from the sport they play a sign of trouble, researchers warn

**-A Sneeze May Be Even Ickier Than You Thought**

Slow-motion photos reveal a 'sheet' of expelled fluid that then breaks apart, researchers say

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

## **Journal Review**

***Journal of the Academy of Nutrition and Dietetics*, February 10-16, 2016, Online First**

<http://www.andjrn.org/inpress>

-Missing Lunch Is Associated with Lower Intakes of Micronutrients from Foods and Beverages among Children and Adolescents in the United States

-Factors Associated with Self-Reported Menu-Labeling Usage among US Adults

***Annals of Nutrition & Metabolism*, February 9, 2016, Online First**

<http://www.karger.com/Journal/Issue/271497>

-Unraveling the Link between Malnutrition and Adverse Clinical Outcomes: Association of Acute and Chronic Malnutrition Measures with Blood Biomarkers from Different Pathophysiological States

***Childhood Obesity*, February 12, 2016, Online First**

<http://online.liebertpub.com/toc/chi/0/0>

-Association between Adherence to the Mediterranean Diet and Presence of Nonalcoholic Fatty Liver Disease in Children

***European Journal of Nutrition*, February 8-16, 2016, Online First**

<http://link.springer.com/journal/394/onlineFirst/page/1>

-A review of iron studies in overweight and obese children and adolescents: a double burden in the young?

-A khorasan wheat-based replacement diet improves risk profile of patients with type 2 diabetes mellitus (T2DM): a randomized crossover trial

***Food Chemistry*, March 1, 2016**

<http://www.sciencedirect.com/science/journal/03088146/194>

-Bioaccessibility of selenium, selenomethionine and selenocysteine from foods and influence of heat processing on the same

-Effects of malted and non-malted whole-grain wheat on metabolic and inflammatory biomarkers in overweight/obese adults: A randomised crossover pilot study

-Quantification of prebiotics in commercial infant formulas

***Food Quality and Preference, Part A, March 2016***

<http://www.sciencedirect.com/science/journal/09503293/48/part/PA>

- Correcting misperceptions about stigmatized ingredients: MSG
- The effect of varying educational intervention on consumers understanding and attitude toward sustainability and process-related labels found on chicken meat products
- Just dessert: Serving fruit as a separate dessert course increases vegetable consumption in a school lunch

***International Journal of Food Sciences and Nutrition, February 5-16, 2016, Online First***

<http://www.tandfonline.com/action/showAxaArticles?journalCode=ijjf20>

- Changes in iodine status among US adults, 2001-2012
- Dietary consumption of advanced glycation end products and risk of metabolic syndrome

***Molecular Nutrition & Food Research, February 2016***

<http://onlinelibrary.wiley.com/doi/10.1002/mnfr.v60.2/issuetoc>

- Effect of the omega-3 fatty acid plus vitamin E supplementation on subjective global assessment score, glucose metabolism, and lipid concentrations in chronic hemodialysis patients

***Nutrition Reviews, February 2016***

<http://nutritionreviews.oxfordjournals.org/content/74/2?current-issue=y>

- Global growth of big box stores and the potential impact on human health and nutrition
- Nutritional modifications in male infertility: a systematic review covering 2 decades

***Public Health Nutrition, February 9-16, 2016, Online First***

<http://journals.cambridge.org/action/displayJournal?jid=PHN>

- Accessibility of summer meals and the food insecurity of low-income households with children
- A novel dietary improvement strategy: examining the potential impact of community-supported agriculture membership

***Topics in Clinical Nutrition, January-March 2016***

<http://journals.lww.com/topicsinclinicalnutrition/pages/currenttoc.aspx>

- Case Study: Venous Ulcers of the Lower Extremities
- Education and Practice Gaps of Registered Dietitian Nutritionists Working With Clients With Eating Disorders: A Qualitative Study

**Quote of the Week**

**Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."**

**-Thomas Edison**

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In the subject line type unsubscribe.

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## 4477. RE: Webinar: March 24 PCMH/ACO Update

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <evelyncrayton64@gmail.com>, Lucille Beseler <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'mgarner@ua.edu' <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'Steve Miranda' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Marsha Schofield <mschofield@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>  
**Sent Date:** Feb 17, 2016 01:30:28  
**Subject:** RE: Webinar: March 24 PCMH/ACO Update  
**Attachment:** [image001.jpg](#)

Dear Board of Directors:

Please look to receive an Outlook invite on Monday of next week for you to add to your calendars.

Many thanks,

Darchele

**From:** Darchele Erskine

**Sent:** Tuesday, February 16, 2016 3:47 PM

**To:** Evelyn Crayton; Evelyn Crayton; Lucille Beseler; 'connors@ohsu.edu'; 'Kay Wolf'; 'mgarner@ua.edu'; DMartin@Burke.k12.ga.us; 'Aida Miles-school'; 'Linda Farr'; 'Elise Smith'; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Tracey Bates'; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'Steve Miranda'; 'jean.ragalie-carr@dairy.org'; Patricia Babjak

**Cc:** Marsha Schofield; Joan Schwaba

**Subject:** Webinar: March 24 PCMH/ACO Update

Following is an email communication from Marsha Schofield.

Dear Board of Directors:

In the continuing series of webinars on topics of interest for the Board, we would like to invite you to join us for a webinar on Thursday, March 24, 2:00 – 3:00 pm Central time, for a progress report on implementation of the PCMH/Population Health Models Workgroup Report's recommendations. Understanding March is a busy month, this date was selected based upon your availability. Should you be unable to attend this webinar, it will be recorded and sent out after the call. The link for this webinar is <https://eatright.webex.com/eatright/j.php?MTID=m25cfa8cfe35008ea362c5a1fd4e4633b>.

The webinar will provide an overview of progress to date by Academy organizational units as they implement recommendations from the report. Units across the Academy are actively engaged in efforts to achieve the workgroup's vision of positioning RDNs as essential members of person-centered health care delivery models. As we hit the mid-point of the 3-year window framed by the workgroup, now is a good time to assess progress and identify areas that may require attention in terms of resource allocation and/or prioritization by the Board. This progress report may also help us to "Get Smart" as we create our vision for the Second Century.

I look forward to the discussion and your feedback and ideas.

Sincerely,

Marsha

Marsha Schofield, MS, RD, LD, FAND

*Senior Director, Governance*

*Nutrition Services Coverage*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, IL 60606

800-877-1600, ext. 1762

[mschofield@eatright.org](mailto:mschofield@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)



## 4478. Webinar: March 24 PCMH/ACO Update

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** Evelyn Crayton <craytef@charter.net>, Evelyn Crayton <evelyncrayton64@gmail.com>, Lucille Beseler <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'mgarner@ua.edu' <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'Steve Miranda' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Marsha Schofield <mschofield@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>  
**Sent Date:** Feb 16, 2016 16:51:15  
**Subject:** Webinar: March 24 PCMH/ACO Update  
**Attachment:** [image001.jpg](#)

---

Following is an email communication from Marsha Schofield.

Dear Board of Directors:

In the continuing series of webinars on topics of interest for the Board, we would like to invite you to join us for a webinar on Thursday, March 24, 2:00 – 3:00 pm Central time, for a progress report on implementation of the PCMH/Population Health Models Workgroup Report's recommendations. Understanding March is a busy month, this date was selected based upon your availability. Should you be unable to attend this webinar, it will be recorded and sent out after the call. The link for this webinar is <https://eatright.webex.com/eatright/j.php?MTID=m25cfa8cfe35008ea362c5a1fd4e4633b>.

The webinar will provide an overview of progress to date by Academy organizational units as they implement recommendations from the report. Units across the Academy are actively engaged in efforts to achieve the workgroup's vision of positioning RDNs as essential members of person-centered health care delivery models. As we hit the mid-point of the 3-year window framed by the

workgroup, now is a good time to assess progress and identify areas that may require attention in terms of resource allocation and/or prioritization by the Board. This progress report may also help us to “Get Smart” as we create our vision for the Second Century.

I look forward to the discussion and your feedback and ideas.

Sincerely,

Marsha

Marsha Schofield, MS, RD, LD, FAND

*Senior Director, Governance*

*Nutrition Services Coverage*

**Academy of Nutrition and Dietetics**

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mschofield@eatright.org

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

## 4479. Top Picks for your National Nutrition Month® Celebrations!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 16, 2016 15:43:45  
**Subject:** Top Picks for your National Nutrition Month® Celebrations!  
**Attachment:**

---

Top Picks for your National Nutrition Month® Celebrations!

Having trouble viewing this e-mail? [View it in your browser.](#)

Its almost March so start planning now to help your co-workers, clients and community *Savor the Flavor of Eating Right!*

Below are the top picks from customers. Take a look at our catalog for more items including wearables, drinkware, RDN gifts and kitchen gadgets, perfect for every event.

### VIEW CATALOG

Get involved with National Nutrition Month® on social media by using the hashtag #NNM!

Share this mailing with your social network:

This National Nutrition Month email was sent to you from the Academy of Nutrition and Dietetics.  
If you prefer not to receive future NNM emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4480. REMINDER: Help Influence Client Education Materials: Your input due by February 19

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 16, 2016 13:25:16  
**Subject:** REMINDER: Help Influence Client Education Materials: Your input due by February 19

**Attachment:**

---

REMINDER: Help Influence Client Education Materials: Your input due by February 19

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

The Academy of Nutrition and Dietetics is evaluating our current client education materials. We need your feedback to guide us on topics and formats that would help to support your clients education needs. The survey should not take more than 10 minutes to complete. **If you have already taken the survey, please disregard this message.**

#### **TAKE SURVEY NOW**

Share this mailing with your social network:

This member email was sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future member emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4481. Re: Voting

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 16, 2016 11:26:45  
**Subject:** Re: Voting  
**Attachment:**

---

I know! The guidelines will be changed to rules and the loopholes will be addressed.  
Pat

**Patricia M. Babjak**  
**Chief Executive Officer**  
**Academy of Nutrition and Dietetics**  
120 South Riverside Plaza, Suite 2000  
Chicago, Illinois 60606  
312-899-4856 | pbabjak@eatright.org | www.eatright.org

On Feb 16, 2016, at 9:14 AM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Thanks so much for helping us with this. We want these voting percentages as high as we can get them. This issue is one I have been hearing from students, but I thought they had just not renewed their memberships. I will circle back with them now. Can't wait until next Wednesday to hear one way or another. Hanging in there in spite of some crazy things my competition chose to do! Taking the high road!

Sent from my iPad

On Feb 15, 2016, at 10:12 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

I'm glad you mentioned it. Margaret also let me know . See below.

**Patricia M. Babjak**  
**Chief Executive Officer**  
**Academy of Nutrition and Dietetics**  
120 South Riverside Plaza, Suite 2000  
Chicago, Illinois 60606  
312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Doris Acosta <dacosta@eatright.org>  
**Date:** February 15, 2016 at 7:58:02 PM CST

**To:** Patricia Babjak <PBABJAK@eatright.org>

**Cc:** Joan Schwaba <JSchwaba@eatright.org>, Liz Spittler <LSpittler@eatright.org>

**Subject: Re: Voting**

Hi Pat,

The password reset function IS working, but that's not why people cannot sign into the elections portal. The problem (which is not related to eatrightPRO) is that the elections portal, run by Mario, uses a different login function than the eatrightPRO login, and it ONLY allows using a member's "web ID" (totally outdated practice). The web ID is *usually* the member's CDR/member # but some members changed their IDs to something else and then forgot them.

Joan talked to Gary last week about changing the login function to point to email address or CDR/member # but he said it would be too hard to do before elections end.

So long story short, the only thing that can be done is to make clearer directions on the elections portal, which has to be changed through web author's (Mario's) system.

I will talk with Joan in the morning to get this resolved with Mario ASAP. In the meantime, Liz is checking to see if we can post clear directions on the PRO website for members who are running into this problem. Also, we should look into possible bringing the voting in house for 2017 or having at the very least a single seamless login. We need to invest some money in the development stage but it will help alleviate the problems.

Donna forwarded an email and I am responding to her as well.

Doris Acosta

On Feb 15, 2016, at 7:07 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

I am hearing that some voters in our national election are having trouble changing their passwords. Please post something ASAP that's very visible and clear about how to change it.

Although many are successful, there are others who are not. Thanks!

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

4482. Fwd: Voting

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Margaret Garner <mgarner@cchs.ua.edu>  
**Sent Date:** Feb 15, 2016 22:12:20  
**Subject:** Fwd: Voting  
**Attachment:**

---

I'm glad you mentioned it. Margaret also let me know . See below.

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Doris Acosta <dacosta@eatright.org>  
**Date:** February 15, 2016 at 7:58:02 PM CST  
**To:** Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Joan Schwaba <JSchwaba@eatright.org>, Liz Spittler <LSpittler@eatright.org>  
**Subject:** Re: Voting

Hi Pat,

The password reset function IS working, but that's not why people cannot sign into the elections portal. The problem (which is not related to eatrightPRO) is that the elections portal, run by Mario, uses a different login function than the eatrightPRO login, and it ONLY allows using a member's "web ID" (totally outdated practice). The web ID is *usually* the member's CDR/member # but some members changed their IDs to something else and then forgot them.

Joan talked to Gary last week about changing the login function to point to email address or CDR/member # but he said it would be too hard to do before elections end.

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development stage but it will help alleviate the problems.

Donna forwarded an email and I am responding to her as well.

Doris Acosta

On Feb 15, 2016, at 7:07 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

I am hearing that some voters in our national election are having trouble changing their passwords. Please post something ASAP that's very visible and clear about how to change it.

Although many are successful, there are others who are not. Thanks!

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

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120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org



4483. Re: Need help please for people trying to vote!

**From:** Liz Spittler <LSpittler@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Doris Acosta <dacosta@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>  
**Sent Date:** Feb 15, 2016 21:02:07  
**Subject:** Re: Need help please for people trying to vote!  
**Attachment:**

---

Sure thing!

On Feb 15, 2016, at 7:55 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Thanks Liz for your timely answer. I will put this on Facebook, but would love for Joan to reach out to help these two.

Sent from my iPhone

On Feb 15, 2016, at 8:56 PM, Liz Spittler <LSpittler@eatright.org> wrote:

Hi Donna,

I'm cc'ing Joan as she's been helping members through this issue and can reach out to Virginia and Sarah tomorrow.

The problem is either people are trying to use the temporary password provided during "reset" to sign into the elections portal (temporary passwords are not accepted), or they are not using their "Web ID." We will add some more instructions to the elections page now.

Thanks,

Liz

On Feb 15, 2016, at 7:35 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

This is one more reason I want to be President-elect of the Academy, because we have a staff that really cares and is responsive and competent. Thanks for continuing to care so much about what you do.

Sent from my iPhone

On Feb 15, 2016, at 8:31 PM, Doris Acosta <dacosta@eatright.org> wrote:

Thank you for forwarding this information to us, Donna. We will get back to you soon!

Doris Acosta

On Feb 15, 2016, at 7:21 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

I knew I could get your help even at this time of night. Once again the Academy rocks!!!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Doris Acosta <dacosta@eatright.org>

**Sent:** Monday, February 15, 2016 8:19 PM

**To:** Donna Martin

**Subject:** Re: Need help please for people trying to vote!

Hi Donna,

We are on it. I have copied Liz Spittler, Director of Creative Media. She will get back with you soon.

Thank you!!

Doris Acosta

On Feb 15, 2016, at 6:29 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Doris, People are having trouble resetting their password on eatrightpro so they can vote. Can you give me any tips to give them. Please see these two posts. Hopefully, this is not one of the reasons voting is so low. Not blaming anyone, just want help so I can help them! Thanks!

Virginia Webb Every time I try to log on I have to change password--and the password reset is not working today. I will call or email, but it is frustrating.

Sarah Rittgers Chellberg This is happening to me as well! Gave up after 3rd attempt of "resetting" my password...

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

4484. Re: Need help please for people trying to vote!

**From:** Liz Spittler <LSpittler@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Doris Acosta <dacosta@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>  
**Sent Date:** Feb 15, 2016 20:56:34  
**Subject:** Re: Need help please for people trying to vote!  
**Attachment:**

---

Hi Donna,

I'm cc'ing Joan as she's been helping members through this issue and can reach out to Virginia and Sarah tomorrow.

The problem is either people are trying to use the temporary password provided during "reset" to sign into the elections portal (temporary passwords are not accepted), or they are not using their "Web ID." We will add some more instructions to the elections page now.

Thanks,

Liz

On Feb 15, 2016, at 7:35 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

This is one more reason I want to be President-elect of the Academy, because we have a staff that really cares and is responsive and competent. Thanks for continuing to care so much about what you do.

Sent from my iPhone

On Feb 15, 2016, at 8:31 PM, Doris Acosta <dacosta@eatright.org> wrote:

Thank you for forwarding this information to us, Donna. We will get back to you soon!

Doris Acosta

On Feb 15, 2016, at 7:21 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

I knew I could get your help even at this time of night. Once again the Academy rocks!!!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Doris Acosta <dacosta@eatright.org>

**Sent:** Monday, February 15, 2016 8:19 PM

**To:** Donna Martin

**Subject:** Re: Need help please for people trying to vote!

Hi Donna,

We are on it. I have copied Liz Spittler, Director of Creative Media. She will get back with you soon.

Thank you!!

Doris Acosta

On Feb 15, 2016, at 6:29 PM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Doris, People are having trouble resetting their password on eatrightpro so they can vote. Can you give me any tips to give them. Please see these two posts. Hopefully, this is not one of the reasons voting is so low. Not blaming anyone, just want help so I can help them! Thanks!

Virginia Webb Every time I try to log on I have to change password--and the password reset is not working today. I will call or email, but it is frustrating.

Sarah Rittgers Chellberg This is happening to me as well! Gave up after 3rd attempt of "resetting" my password...

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

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789 Burke Veterans Parkway

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work - 706-554-5393

fax - 706-554-5655

4485. Re: Need help please for people trying to vote!

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Liz Spittler <LSpittler@eatright.org>  
**Sent Date:** Feb 15, 2016 20:31:56  
**Subject:** Re: Need help please for people trying to vote!  
**Attachment:**

---

Thank you for forwarding this information to us, Donna. We will get back to you soon!

Doris Acosta

On Feb 15, 2016, at 7:21 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

I knew I could get your help even at this time of night. Once again the Academy rocks!!!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

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789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Doris Acosta <dacosta@eatright.org>  
**Sent:** Monday, February 15, 2016 8:19 PM  
**To:** Donna Martin  
**Subject:** Re: Need help please for people trying to vote!

Hi Donna,

We are on it. I have copied Liz Spittler, Director of Creative Media. She will get back with you soon.

Thank you!!

Doris Acosta

On Feb 15, 2016, at 6:29 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Doris, People are having trouble resetting their password on eatrightpro so they can vote. Can you give me any tips to give them. Please see these two posts. Hopefully, this is not one of the reasons voting is so low. Not blaming anyone, just want help so I can help them! Thanks!

Virginia Webb Every time I try to log on I have to change password--and the password reset is not working today. I will call or email, but it is frustrating.

Sarah Rittgers Chellberg This is happening to me as well! Gave up after 3rd attempt of "resetting" my password...

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Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655



4486. Re: Need help please for people trying to vote!

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 15, 2016 20:23:28  
**Subject:** Re: Need help please for people trying to vote!  
**Attachment:**

---

Hi Donna,

We are on it. I have copied Liz Spittler, Director of Creative Media. She will get back with you soon.

Thank you!!

Doris Acosta

On Feb 15, 2016, at 6:29 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Doris, People are having trouble resetting their password on eatrightpro so they can vote. Can you give me any tips to give them. Please see these two posts. Hopefully, this is not one of the reasons voting is so low. Not blaming anyone, just want help so I can help them! Thanks!

Virginia Webb Every time I try to log on I have to change password--and the password reset is not working today. I will call or email, but it is frustrating.

Sarah Rittgers Chellberg This is happening to me as well! Gave up after 3rd attempt of "resetting" my password...

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

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fax - 706-554-5655

4487. Automatic reply: Dayle Hayes nomination for CFP

**From:** Cecily Byrne <cbyrne@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 15, 2016 18:16:28  
**Subject:** Automatic reply: Dayle Hayes nomination for CFP  
**Attachment:**

---

Thank you for your email. I am currently out of the office and will be returning on Tuesday, February 16, 2016. I will have limited access to email during this time but will respond upon my return.

Thanks,

Cecily Byrne, MS, RDN, LDN

Director  
House of Delegates Governance

## 4488. On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation

**From:** Carrolyn Patterson <CPatterson@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@charter.net  
 <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>  
**Sent Date:** Feb 15, 2016 11:52:23  
**Subject:** On Behalf of Dr. Evelyn Crayton: CEO Performance Evaluation  
**Attachment:**

---

TO: Academy Board of Directors

FROM: Dr. Evelyn F. Crayton

One of our Board responsibilities is to annually evaluate the CEO's performance. As you know, we made a few edits to the CEO performance evaluation form this year. It is time for us Board members to complete section II of the evaluation - Competency Evaluation. It is available on survey monkey. Prior to doing the evaluation, take a look at Board agendas, general communications to the Board, CEO summary reports in Board meeting packets, executive session discussions with Pat as well as minutes from our Board meetings.

Please complete the questionnaire by Tuesday, March 1, 2016. The Compensation Committee will summarize the responses, provide you with a summary report and recommendation regarding the CEO base salary for 2016-17 that will be discussed and voted on during the Executive Session of the May Board meeting. Let me know if you have any questions.

Thank you for participating!

TO BEGIN THE SURVEY click or copy this link into your browser:

<https://www.surveymonkey.com/r/GP8MMK5>

The survey does not need to be completed in one sitting. If you wish to exit the survey and return to complete it later, please feel free to do so. Prior to the deadline, you will be able to log back in and resume the survey from where you left off by using the link above, which is unique to you.

If you have any questions about the evaluation, please contact me at [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

.

Thank you!

Evelyn

Dr. Evelyn F. Crayton, EdD, RDN, LDN, FAND

Professor Emeritus, Auburn University Director, Living Well Associates, LLC

124 Elm Drive, Montgomery, AL 36117

(334) 272-3487/(334) 220-3061 (cell) [evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)

## 4489. Share your Quality Successes

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 12, 2016 17:03:40  
**Subject:** Share your Quality Successes  
**Attachment:**

---

Share your Quality Successes

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

Join the Quality Leader Alliance

The Quality Strategies Workgroup, under the direction of the Quality Management Committee has launched a new initiative called the **Quality Leader Alliance (QLA)**. This alliance will be comprised of individuals experienced in quality to network with each other as well as to collect and develop quality resources for Academy members. [Click here for QLA guidelines.](#)

You're invited to apply and be part of the Quality Leader Alliance and contribute your success stories and expertise.

Applications will be received through **March 31, 2016.**

Members of the Quality Leader Alliance will be notified in April 2016.

### **APPLY TODAY**

Share this mailing with your social network:

This member email was sent to you from the Academy of Nutrition and Dietetics.

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

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4490. RE: Academy cash requirements

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** Paul Mifsud <PMifsud@eatright.org>, 'Linda Farr' <linda.farr@me.com>, 'Garner Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Ragalie-Carr, RDN Jean' <jean.ragalie-carr@rosedmi.com>, 'Beseler Lucille' <lbeseler\_fnc@bellsouth.net>, 'Amanda Jones' <amanda@justjones.es>, 'Sauer Kevin' <Ksauer@ksu.edu>, 'Wolf Kay' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com>, Linda Serwat <LSerwat@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 12, 2016 14:32:04  
**Subject:** RE: Academy cash requirements  
**Attachment:** [3.17 Line of credit policy.doc](#)

---

All,

As I mentioned below, I am working on increasing the working capital loan for the Academy. The bank has agreed to increase the loan amount. Unfortunately, the line of credit policy attached has a hard cap of \$1,000,000. Since we are at this cap, I would like to change this policy to reflect the following;

- The line of credit may not exceed \$2,000,000.

In order to provide some leeway, I am requesting that this be increased to by \$1,000,000. For those of you who may be concerned about the loan, we are still constrained by the 90 day payback option. Also, any outstanding loan balance would be represented on the balance sheet provided each month. Timing, of course, is critical. I would prefer to go this route instead of taking money out of reserves. Therefore, I am respectfully requesting that the FAC respond **For or Against** this increase. In order to change the policy via e-mail, it must be a unanimous vote.

So, I would like to hear back from all FAC members by noon on Monday. Simple say you are for or against the change.

Once this is done and if you approve, I will move forward with using the some of the increased amount. Technically, it would not be official until the next Board meeting. However, since this is in late March, by that time I would hope to be deep in the process of paying down the loan amount. When you respond, please do so for the entire committee. Linda will tabulate the votes.

Thank you and have a great weekend.

Paul

**From:** Paul Mifsud

**Sent:** Monday, February 08, 2016 11:50 AM

**To:** 'Linda Farr'; 'Garner Margaret'; DMartin@Burke.k12.ga.us; 'Ragalie-Carr, RDN Jean'; 'Beseler Lucille'; 'Amanda Jones'; 'Sauer Kevin'; 'Wolf Kay'; 'Unluco@hotmail.com'

**Cc:** Patricia Babjak; Mary Beth Whalen; 'carole.clemente@rosedmi.com'; 'Cecala, Sue'

**Subject:** RE: Academy cash requirements

All,

I want to update you on cash requirements for the Academy and related organizations. Right now, as I look at our cash balances, I sorry to tell you that I will need at least another \$500,000 taken out by next week. This may increase as we look at our bills and cash inflows. I know this is a broken record. However, this time of year, it is about balancing our cash inflows with cash outflows. Since December, we are down about \$1.7 million in money coming into the bank. You may recall that the majority of that money is the General Mills grants which would go out in May. So, that is clearly a timing issue. To help offset most of this, we tapped into the working capital loan from the bank in December. Last year, we tapped into the loan in February.

We do anticipate money coming in from our vendors. Over the next two weeks, we anticipate over \$500,000 in money coming in from our larger vendors. I would expect another \$300,000 - \$500,000 coming in from normal operational sales. Even though this could reach \$1 million, it will not be enough to handle the bills. In addition to the \$500,000 moved from reserves, I will also reach out to the bank to see if they would provide an increase of another \$500,000 in the working capital loan. At approximately 2.75% interest, this would amount to approximately \$1,150 in additional monthly interests. If there are no objections from the Committee, I will begin this process. This will provide to us additional flexibility.

Of course, what makes this worse is the down turn in the stock market. Even though we won't be selling equities to make this work, we will be putting Al Bryant into a tight situation on his ratios for the reserves. I have let him know that we will be taking another \$500,000 out within the week and potentially another \$500,000 shortly after. He is verifying that the cash will be available. Regardless of how much is available, reducing our cash held with Segall, Bryant and Hamill will drive investment changes. Less cash means less ability to purchase new holdings and/or force the sale of existing equities at some point.

I will keep you informed as we go forward. Please let me know if you have concerns about the working capital loan increase or any concerns about moving money from reserves. You can either send me an email or call me at 800-877-1600, ext. 4730

Paul



4491. RE: AND President Elect Questions

**From:** Barbara Visocan <BVISOCAN@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 12, 2016 14:13:49  
**Subject:** RE: AND President Elect Questions  
**Attachment:** [image001.png](#)

---

Donna:

Yes, she is a member of the Academy—and of 5 DPGs (NE, DIFM, NEP, WM, and SCAN).

Barbara

**Barbara J Visocan, MS, RDN, LDN, FADA, FAND**

***Vice President, Member Services***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone 312/899-4891; Fax 312/899-5350

bvisocan@eatright.org

www.eatright.org

**From:** DMartin@Burke.k12.ga.us

**Sent:** Friday, February 12, 2016 10:40 AM

**To:** Barbara Visocan <BVISOCAN@eatright.org>

**Subject:** Fw: AND President Elect Questions

Barbara, Can you tell me if this person is a member of the Academy before I take the time to answer her questions please? Thanks!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Sandra Wyers <sandra.wyers@sshainc-houston.com>

**Sent:** Friday, February 12, 2016 11:28 AM

**To:** Donna Martin

**Subject:** AND President Elect Questions

Hi Ms. Martin:

As a licensed health professional concerned about our professions image and public reputation, what are your thoughts about the ideals and concerns voiced by the organization "Dietitians for Professional Integrity" (<http://integritydietitians.org/>)? Do you have any specific plans or ideas to improve our professions visibility, public image and reputation as the nations trusted nutrition experts? Also, do you have any specific plans about how to increase reimbursement for our services from insurance companies and Medicare/Medicaid? What do you see are the 5 biggest barriers facing our profession today and in the next 5-10 years, and how would you help in overcoming them?

Thank you,

**Sandy R. Wyers, MS, RD**

**Nutrition Therapy & Wellness Counseling**

**Bariatric & Corporate Wellness Program Coordinator**

**Surgery Specialty Hospitals of America**

4301 Vista Rd

Pasadena, TX 77504

Office: 713-378-3057

Fax: 713-944-0381

Email: [sandra.wyers@surgeryspecialty.com](mailto:sandra.wyers@surgeryspecialty.com)

Website: <http://ssha.us.com/services>

LinkedIn: <https://www.linkedin.com/in/srwmnt>

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## 4492. DRAFT 2017 Accreditation Standards

**From:** ACEND <acend@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Feb 12, 2016 13:01:24  
**Subject:** DRAFT 2017 Accreditation Standards  
**Attachment:**

---

### DRAFT 2017 Accreditation Standards

Having trouble viewing this e-mail? View it in your browser.

Greetings from ACEND,

The Accreditation Council for Education in Nutrition and Dietetics (ACEND®) is pleased to announce the release of the **DRAFT 2017 Accreditation Standards** for public comment. The draft 2017 Standards are the result of a planned five-year review cycle of the current 2012 Accreditation Standards to ensure compliance with USDE regulations. Please note that the 2017 standards are different from the future education model associates, bachelors and masters degree standards that will be released for public comment later this year.

The draft standards, the **February Standards Update**, and a **Webinar**, which provides an overview of the 2017 Standards development process and key changes from the 2012 Standards, are posted on the ACEND standards committee webpage. We value all stakeholder input and encourage you to provide input on the 2017 Standards at the following survey link.

<https://www.surveymonkey.com/r/2017Std2>

The **February Standards Update** also addresses questions received at the January 14 Virtual Town Hall Meeting. The virtual town hall meetings are open to all stakeholders and are held the second Thursday of each month at 11:30 a.m. Central Time. The next meeting will occur February 11. Information for connecting to the virtual town hall is posted on the ACEND standards committee webpage.

Please share this information with your constituents/colleagues. If you or they have questions, please send them to [acend@eatright.org](mailto:acend@eatright.org) or call 312-899-4872, so we can respond to them. Future editions of the monthly update will include these questions and an ACEND response.

Thank you.

Maxine McElligott, MA, RD, LMNT, CDE  
ACEND Chair

Share this mailing with your social network:

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## 4493. UPDATE: Celebrating the First International Day of Women and Girls in Science

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Feb 11, 2016 13:58:34  
**Subject:** UPDATE: Celebrating the First International Day of Women and Girls in Science  
**Attachment:** [image003.jpg](#)

---

As a follow-up to Pat's email sent earlier this week regarding Susan Finn's presentation at first International Day of Women and Girls in Science, we were notified **Susan will be presenting at 3:00pm EST today**. You can watch it live at on [webtv.un.org/live](http://webtv.un.org/live).

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Email: jschwaba@eatright.org

www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org

**From:** Patricia Babjak

**Sent:** Monday, February 08, 2016 3:27 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; elise@nutritionsystems.com; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Celebrating the First International Day of Women and Girls in Science

As you recall, Susan Finn represented the Academy last February at the first World Women's Health and Development Forum held at the United Nations headquarters. The forum was sponsored by the Programme of the Royal Academy of Science International Trust, an independent international NGO that promotes excellence in education and science and playing an influential role in regional and international women and girls' health, research and policy and supporting women's development.

As a follow-up Princess Nisreen El-Hashemite, executive director of the Royal Academy of Science International Trust, invited Susan to represent the Academy and the nutrition and dietetics profession at the first International Day of Women and Girls in Science on Thursday, February 11 at the UN headquarters. For information regarding the summit see the communication below from Princess Nisreen. Although we don't know the exact time Susan will be presenting, if it is recorded we will share the link with you.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

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Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

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Dear Dr. Finn

I would like to take this opportunity to wish you peace and prosperity in this holiday season.

On December 22nd 2015, the 70th Session of the United Nations General Assembly adopted a groundbreaking resolution to establish an annual International Day of Women and Girls in Science. This resolution demonstrates the commitment of Member States to achieving gender equality for women in science which remains a major challenge. Inequality hinders the capacity of nations to unlock the full transformative contribution which women in science can make to our world.

As you may recall, the dream was an idea that originated at the Inaugural World Women's Health and Development held at the UNHQ in February of 2015. Indeed, your participation and international perspective were essential and directly influenced the perception of women's development. During the Forum, a call was sounded for the General Assembly to adopt a



resolution that would be commemorated annually and placed on the official UN Calendar of Observances that would support women who have careers in science and girls who may not be certain about such a career but who are interested in thinking about such a career.

Inclusion of an International Day of Women and Girls in Science annually on 11 February during the annual session of the Commission on Social Development would bring the issue of advanced education in all scientific fields to wide public attention and help to popularize many of the SDGs in the mind of the greater public. It would also add prestige to the scientific achievements within the UN system, in national contexts, in universities and non-governmental organizations, and the private sector. Women in Science talents, perspectives, work methods and skills could be recognized worldwide on such a day for wide impact. Promotion of education for women in science and for their entry into scientific careers will also serve to build inclusive institutional climates within all countries, and allow policies and procedures to be crafted for gender equality, leadership training, and mentoring.

In partnership and collaboration with the United Nations Department of Economic and Social Affairs and other UN entities, RASIT is taking the lead in organizing the commemoration of the First International Day of Women and Girls in Science.

Therefore, it is an honor and a privilege to extend to you a cordial invitation to be a distinguished guest and keynote speaker at the first commemoration of the International Day of Women and Girls in Science, to be held at the United Nations Headquarters, New York City on February 11<sup>th</sup> 2016.

Indeed, the partnership with the Government of Malta truly is one of global partnership, that elusive SDG 17. And I very much hope that Agenda 2030 will be marked by true representation and recognition of Women in Science worldwide that will bloom in abundance.

Please accept my best regards

Yours Sincerely

nisreen

**Princess Nisreen El-Hashemite, BSc MSc MD PhD**  
**Executive Director**  
**Royal Academy of Science International Trust (RASIT)**

**Global Mailing Address: PO Box 1557 Rutherford NJ 07070 USA**

**Global Voice-mail: +1-917-503-3868**

**Website: [www.rasit.org](http://www.rasit.org)**

4494. Now Available: Revised Definition of Terms List!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 11, 2016 12:18:08  
**Subject:** Now Available: Revised Definition of Terms List!  
**Attachment:**

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Now Available: Revised Definition of Terms List!

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

The 2016 revised Academys Definition of Terms List is now available. The Academy definitions serve as standardized language for RDNs and NDTRs to apply in various practice settings. Included are terms that have statutory, accrediting, or regulatory implications for the profession of nutrition and dietetics or that affect the Scope of Practice are included in the Definition of Terms.

## LEARN MORE

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Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4495. Daily News: Thursday, February 11, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 11, 2016 11:10:58  
**Subject:** Daily News: Thursday, February 11, 2016  
**Attachment:**

---

## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**March is National Nutrition Month®!** View the NNM online catalog and additional promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm).

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics! Elections end February 22.**

View the slate of candidates and vote at [www.eatrightPRO.org/elections/](http://www.eatrightPRO.org/elections/). Vote and be entered to win free registration to FNCE 2016!

**Summer feeding program could become permanent if Obama gets his way**

<http://www.foodnavigator-usa.com/Manufacturers/Summer-feeding-program-could-become-permanent-if-Obama-gets-his-way>

Related Resource: Academy of Nutrition and Dietetics Commends President Obama's Request to Congress: Increase Funding to Food and Nutrition Programming and Research

<http://www.eatrightpro.org/resource/media/press-releases/public-policy/academy-commends-obama-request-for-increased-nutrition-funding>

**The new health 'desert'? Reliable weight loss programs hard to find**

<http://www.sciencedaily.com/releases/2016/02/160210134647.htm>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.21403/abstract>

Related Resource: EAL- Adult Weight Management

<http://www.anddeal.org/topic.cfm?menu=5276>

**Weight-Loss Surgery May Lengthen Older People's Lives: Study**

<http://consumer.healthday.com/senior-citizen-information-31/misc-death-and-dying-news-172/weight-loss-surgery-linked-to-greater-survival-in-older-people-during-study-707921.html>

Source: *JAMA Surgery*

<http://archsurg.jamanetwork.com/article.aspx?articleid=2486923>

### **Study finds dementia rates falling steadily**

<http://www.usatoday.com/story/news/2016/02/10/study-finds-dementia-rates-decline/80016390/>

Source: *New England Journal of Medicine*

<http://www.nejm.org/doi/full/10.1056/NEJMp1514434>

### **Over 80 percent of U.S. oranges available for domestic consumption are used in juice**

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=56626&ref=collection>

### **How the Dirt Cure Can Make for Healthier Families**

[http://well.blogs.nytimes.com/2016/02/11/how-the-dirt-cure-can-make-for-healthier-families/?ref=health&\\_r=0](http://well.blogs.nytimes.com/2016/02/11/how-the-dirt-cure-can-make-for-healthier-families/?ref=health&_r=0)

Related Resources: Academy Book Reviews

<http://www.eatrightpro.org/resources/media/trends-and-reviews/book-reviews>

### **ClinicalTrials.gov**

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

#### **Effect of Nutrition Bars on Satiety in Women**

<https://clinicaltrials.gov/ct2/show/NCT02091570?term=nutrition&rank=40>

### **MedlinePlus: Latest Health News**

-Many U.S. Women Still Smoke Before, During Pregnancy: Report

-Weight-Loss Surgery May Lengthen Older People's Lives: Study

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

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In the subject line type unsubscribe.

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4496. RE: 2016 Academy Election :: Confirm Phone Contact

**From:** Nominating Committee <Nominations@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 11, 2016 10:15:35  
**Subject:** RE: 2016 Academy Election :: Confirm Phone Contact  
**Attachment:** [image003.jpg](#)

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Thank you, Donna!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

**From:** DMartin@Burke.k12.ga.us

**Sent:** Thursday, February 11, 2016 8:56 AM

**To:** Nominating Committee <Nominations@eatright.org>

**Subject:** Re: 2016 Academy Election :: Confirm Phone Contact

That number is correct. Thanks!

Sent from my iPhone

On Feb 11, 2016, at 9:29 AM, "nominations@eatright.org" <nominations@eatright.org> wrote:

Dear Donna:

On WEDNESDAY, FEBRUARY 24 a member of the Nominating Committee will be contacting you by phone regarding the results of the election. Calls will be made between 9:00 am and noon CENTRAL TIME.

We will use the number listed below to contact you. Please respond by Tuesday, FEBRUARY 16 to confirm if the number is correct or provide us with an alternate number.

706-836-1331

Once **all** candidates have been contacted, the election results will be released on February 24 after 3:00 pm Central Time to the general membership at [www.eatrightPRO.org/elections](http://www.eatrightPRO.org/elections). Please remember to **keep the election result information confidential** until the general membership has been notified. The Committee waits until each and every candidate is contacted personally so it is very important that we be able to connect with you on February 24 between 9:00 am and noon CENTRAL TIME.

Thank you,

The Academy Nominating Committee

4497. 2016 Academy Election :: Confirm Phone Contact

**From:** nominations@eatright.org  
**To:** DMartin@Burke.k12.ga.us  
**Sent Date:** Feb 11, 2016 09:29:51  
**Subject:** 2016 Academy Election :: Confirm Phone Contact  
**Attachment:**

---

Dear Donna:

On WEDNESDAY, FEBRUARY 24 a member of the Nominating Committee will be contacting you by phone regarding the results of the election. Calls will be made between 9:00 am and noon CENTRAL TIME.

We will use the number listed below to contact you. Please respond by Tuesday, FEBRUARY 16 to confirm if the number is correct or provide us with an alternate number.

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Thank you,

The Academy Nominating Committee



4498. Eat Right Weekly - February 10, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 10, 2016 14:38:22  
**Subject:** Eat Right Weekly - February 10, 2016  
**Attachment:**

---

Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that affects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

February 10, 2016

[Quick Links: On the Pulse of Public Policy | CPE Corner | Career Resources | Research Briefs](#)  
[Academy Member Updates | Philanthropy, Awards and Grants](#)

## ON THE PULSE OF PUBLIC POLICY

### Academy Commends President's Budget Request to Congress

The Academy has commended President Obama's budget request to Congress that prioritizes food, nutrition programming and research. "The Academy, as the largest organization of food and nutrition professionals, is encouraged by President Obama's bold requests to Congress to increase funding for food, nutrition and diet-related research and healthy food access to help Americans develop and maintain healthy and active lifestyles," said Academy President Dr. Evelyn F. Crayton, RDN, LDN, FAND.

[Learn More](#)

### Institute of Medicine Releases Healthy Aging Workshop Summary

The Academy recently sponsored a workshop with the Institute of Medicine on "Meeting the Dietary Needs of Older Adults." Among other topics, the workshop focused on evolving science and national programs to meet the nutrition needs of this rapidly growing population.

[Learn More](#)

### Offer Input: Proposed Regulations and Government Initiatives

Federal agencies continue to be busy issuing multiple proposed regulations affecting everything from food labeling (such as GMOs and use of the term "natural") to opportunities to reform any regulations that are burdensome or out of date to initiatives that touch on almost every area of dietetics practice. Members are encouraged to work with your dietetic practice groups to submit

input on these initiatives, which are detailed in the Public Policy Weekly News and on the Academy's website.

[Learn More](#)

## CPE CORNER

### Food and Culinary DPG Trip to Charleston

Join the Food and Culinary Professionals dietetic practice group for its first domestic excursion, May 8 to 10 in Charleston, S.C. FCP's trips are known for exploring the culture of an area and the influences on a region's food. CPEU credit is offered.

[Learn More](#)

### Recorded Webinar: 'Changing the Way We Look at Agriculture'

View a one-hour recorded webinar "Changing the Way We Look at Agriculture" to gain an understanding of the state of U.S. and international farming and learn about innovative strategies to help nutritiously feed the growing world population. This webinar, which offers 1 CPE credit, is made possible through an educational grant from National Dairy Council.

[Learn More](#)

### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa., and June 10 to 12 in Salt Lake City, Utah.

[Learn More](#)

### Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

## CAREER RESOURCES

### New Academy Publication: *Total Body Diet for Dummies*

With a focus on food, fitness and mindfulness, the new, multi-dimensional, complete action plan found in *Total Body Diet for Dummies* can help springboard your clients into a healthier lifestyle. The book is written by Academy member Vicki Shanta Retelny, RDN, LDN.

[Learn More](#)

### Coding and Billing Guide

The *Coding and Billing Handbook: A Guide for Program Directors and Preceptors* is available and ready for use with dietetic interns. This tool (free to Academy members, \$40 for non-members) includes vocabulary, sample case studies, recommended resources and other materials for use in supervised practice programs to help interns achieve competency in coding and billing for nutrition services.

[Learn More](#)

## Revised List: Definition of Terms

The Academy's revised Definition of Terms List is now available. Definitions serve as standardized language for registered dietitian nutritionists and nutrition and dietetic technicians, registered to apply in practice settings. Included are terms that have statutory, accrediting or regulatory implications or affect the Scope of Practice.

[Learn More](#)

## March 1 Deadline: Nominate a Colleague for an Award

Don't miss the chance to nominate deserving colleagues for prestigious Academy national honors and awards. Recipients will be announced in May and will be recognized at the 2016 Food & Nutrition Conference & Expo. The nomination deadline is March 1.

[Learn More](#)

## Begin Your Path to Dietetics Leadership: Become a Student Liaison

Apply to represent your dietetics program by signing up as a Student Liaison for the 2015-2016 membership year.

[Learn More](#)

## eNCPT Student Guide

A resource for Nutrition Care Process educators, the eNCPT Student Companion Guide is a comprehensive student companion to the electronic Nutrition Care Process Terminology. This publication guides, challenges and tests students on each step of the NCP. An Instructor's Solutions Manual is also available to NDEP members.

## eNCPT 2015: Updated Terminology and Modules

The Nutrition Care Process modules have been updated to reflect the 2015 edition of the eNCPT. Access the most current and up-to-date terms for nutrition care and comply with the Department of Health and Human Services' mandate that clinical terminologies in EHR systems must be in SNOMED and LOINC.

[Learn More](#)

## Prepare for National School Breakfast Week

The theme for National School Breakfast Week, March 7 to 11, is "Wake Up to School Breakfast." Promote school breakfast with resources from Kids Eat Right, including the "Healthy Breakfast Everywhere You Go" toolkit.

[Learn More](#)

## RESEARCH BRIEFS

### Evidence-based Practice Guidelines on EAL

Updated recommendations have been published on the Evidence Analysis Library on topics including medical nutrition therapy, glycemic index, energy intake and more. Members and

subscribers can log in to access the content; non-members can purchase a subscription.

### MNT Systematic Review Published on EAL

Important findings for registered dietitian nutritionists are available on the Evidence Analysis Library including strong evidence to support the effectiveness of nutrition intervention and counseling provided by a nutrition professional. Members and subscribers can log in to access the content; non-members can purchase a subscription.

### *Lancet* Series on Breast-Feeding

A new series in the *Lancet* on breast-feeding addresses past and current global trends; short- and long-term health consequences for mother and child; impact of investment; determinants of breast-feeding and the effectiveness of promotion interventions.

[Learn More](#)

## ACADEMY MEMBER UPDATES

### Member to Deliver Keynote at International Day of Women and Girls in Science

Academy member Susan Finn, PhD, RDN, FAND, will represent the Academy and the profession on Thursday, February 11, as a keynote speaker at the first International Day of Women and Girls in Science, to be held at the United Nations headquarters in New York City. The conference is sponsored by the Royal Academy of Science International Trust, an independent, international nongovernmental organization that promotes excellence in education and science. In remarks prepared for the program, Finn said: "The empowerment of women - especially women scientists - is a noble ambition and arguably one of the most important pursuits of our time. I believe the contributions of women - from the smallholder farm to the university research laboratory - are essential to the overall health of all nations."

[Learn More](#)

### Vote Today, Own Tomorrow: Academy's 2016 Elections

Hear the viewpoints and perspectives of candidates for president-elect and speaker-elect in recorded "Meet the Candidates" webinars. Then, participate in the Academy's national election through February 22. Voters are eligible to win free registration to the 2016 Food & Nutrition Conference & Expo. Election results will be announced in late February and elected individuals will take office June 1.

[Learn More](#)

### ACEND Releases DRAFT 2017 Accreditation Standards for Comment

The Accreditation Council for Education in Nutrition and Dietetics requests members' input on the draft 2017 Accreditation Standards, which are a revision of the 2012 standards as required every five years by the U.S. Department of Education. ACEND's February Standards Update and an online webinar address the 2017 standards development process and changes.

[Learn More](#)

### February 19 Deadline: FNCE Poster Session Abstracts

Have you conducted research in nutrition and dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the Academy's 2016 Food & Nutrition Conference & Expo. New research and innovations in a wide variety of topics will be presented during poster sessions. The submission deadline is February 19.

[Learn More](#)

### February 19 Deadline: Abstracts for Innovations in Practice and Education

The Council on Future Practice is accepting abstracts for the annual Innovations in Dietetics Practice and Education session at the 2016 Food & Nutrition Conference & Expo. The deadline to submit abstracts is February 19.

[Learn More](#)

### February 21 Contest Deadline: Promoting RDNs Far, Wide and in Times Square

In celebration of Registered Dietitian Nutritionist Day on March 9 and in thanks for all RDNs do to improve the nutritional health of Americans and people around the world, the Academy hosts a special annual contest to feature a member in Times Square in New York City. The deadline to enter the 2016 RDN Day contest is February 21.

[Learn More](#)

### Help Consumers Eat Right and Be Healthy

The 2016 National Nutrition Month theme, *Savor the Flavor of Eating Right*, reminds everyone to develop a mindful eating pattern that includes nutritious and flavorful foods. In addition to the online National Nutrition Month toolkit, the NNM product catalog features consumer education brochures including "Eating Right with Less Salt" and "Eating Right on a Budget" that reinforce healthful-lifestyle messages.

[Learn More](#)

### Members Fuel College Football Champs

The University of Alabama credits its team nutritionist, Academy member Amy Bragg, RDN, CSSD, LD, for her role in helping the Crimson Tide win its 16th college football national championship. A past Big 12 Sports Nutritionist of the Year, Bragg in turn credits her staff: Academy members Kristin Coggin, RD; Elizabeth Garver and Paul Harrington, MS, RDN, as well as culinary and dietetic interns from Johnson & Wales University "who help make smoothies, deliver recovery nutrition supplies to our teams and collaborate with team RDs to make operations flow smoothly."

[Learn More](#)

### International Congress of Dietetics

Granada, Spain, will host the XVII International Congress of Dietetics from September 7 to 10. The theme of ICD Granada 2016 is sustainability: protecting the environment, improving quality of

life through a sustainable food industry and associating with people who promote food production in nearby geographic areas.

[Learn More](#)

## PHILANTHROPY, AWARDS AND GRANTS

### Foundation Chair's Monthly Message

February is American Heart Month. Read more in the February message from Foundation Chair Jean Ragalie-Carr, RDN, LDN, FAND.

[Learn More](#)

### Kids Eat Right Everyday Heroes

Be inspired by February's Kids Eat Right Everyday Heroes.

[Learn More](#)

### March 18 Deadline: Apply for Foundation Scholarships

The Foundation is committed to providing scholarships to dietetics students at all levels of study. Scholarships are funded by individuals, affiliates, dietetic practice groups and Academy partners including Colgate-Palmolive Company, Commission on Dietetic Registration, ConAgra Foods, ILSI North America and Mead Johnson Nutrition. The online scholarship application is available. The application deadline is March 18. Email [scholarship@eatright.org](mailto:scholarship@eatright.org) with questions.

[Learn More](#)

### April 1 Deadline: Apply for Foundation Research Grants

The Foundation's named research funds are available annually to Academy members at all levels of practice. Grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

### April 1 Deadline: Karen Goldstein Memorial Grant for Diabetes MNT Application

This \$20,000 grant provides financial support to a Diabetes Care and Education DPG member for outcomes research in diabetes medical nutrition therapy. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

### April 1 Deadline: VN DPG Research Grant

The Vegetarian Nutrition dietetic practice group research grant award has been increased for this year to \$10,000. Recipients must be a registered dietitian nutritionist, nutrition and dietetics technician, registered or a student member of the Academy. Preference is given to members of the Vegetarian Nutrition DPG. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics. If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4499. Want to see your name in lights? Enter the RDN Day Contest!

**From:** Academy of Nutrition and Dietetics <contest@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 10, 2016 12:12:36  
**Subject:** Want to see your name in lights? Enter the RDN Day Contest!  
**Attachment:**

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Want to see your name in lights? Enter the RDN Day Contest!

Having trouble viewing this e-mail? View it in your browser.

In celebration of Registered Dietitian Nutritionist Day (March 9th) and in thanks of all you do to improve the nutritional health of Americans and people around the world the Academy is hosting its annual RDN Day contest, the winner of which will be featured in Times Square, New York City!

This years contest focuses on the 2016 National Nutrition Month theme, Savor the Flavor of Eating Right. We are asking Academy members: What's the best way to help consumers savor the flavor of eating right?

To enter, send an email to [contest@eatright.org](mailto:contest@eatright.org) with RDN Day in the subject line. Include your name, credentials, member number and a short response (100 words or less) to the question: What's the best way to help consumers savor the flavor of eating right. **The application deadline is February 21, 2016, at 11:59 p.m. PST.**

For more information and the complete list of rules and regulations click [here](#).

Share this mailing with your social network:

This National Nutrition Month® email was sent to you from the Academy of Nutrition and Dietetics. If you prefer not to receive future NNM emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4500. Daily News & Journal Review: Wednesday, February 10, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 10, 2016 11:03:58  
**Subject:** Daily News & Journal Review: Wednesday, February 10, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**March is National Nutrition Month®!** Celebrate Registered Dietitian Nutritionist Day on Wednesday, March 9. View RDN Day gifts in the online catalog and RDN Day promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm).

### **'Metabolically Healthy' Obesity Linked to CKD**

**Obesity may directly contribute to CKD, apart from obesity-induced risk factors**

[http://www.medpagetoday.com/Endocrinology/Obesity/56098?xid=nl\\_mpt\\_DHE\\_2016-02-10&eun=g411013d0r](http://www.medpagetoday.com/Endocrinology/Obesity/56098?xid=nl_mpt_DHE_2016-02-10&eun=g411013d0r)

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=2490524>

### **How Diabetes in Kids Differs From That in Teens**

<http://www.dailyrxnews.com/younger-children-diabetes-have-more-aggressive-form-disease-compared-teenagers>

Source: *Diabetes*

<http://diabetes.diabetesjournals.org/content/early/2016/02/01/db15-1615.abstract>

### **Extra fat by age 10 tied to increased diabetes risk in preteens**

<http://www.reuters.com/article/us-health-children-adiposity-diabetes-idUSKCN0VI24L>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=2484993>

### **Healthier Diets May Be Cutting Heart, Diabetes Risks in U.S. Teens**

<http://health.usnews.com/health-news/articles/2016-02-09/healthier-diets-may-be-cutting-heart-diabetes-risks-in-us-teens>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2016/02/08/peds.2015-3177>

### **Children's vitamin D levels are raised by milk, vitamin supplements and exercise**

<http://www.examiner.com/article/children-s-vitamin-d-levels-are-raised-by-milk-vitamin-supplements-and-exercise>

**Correction:** *British Journal of Nutrition*

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=10143880&fileId=S0007114515005292>

### **Dietitian issues health warning on energy drinks**

<http://www.wtsp.com/story/news/health/2016/02/09/dietitian-says-energy-drinks-are-dangerous/80074408/>

Source: *International Journal of Cardiology*

[http://www.internationaljournalofcardiology.com/article/S0167-5273\(15\)30918-9/abstract](http://www.internationaljournalofcardiology.com/article/S0167-5273(15)30918-9/abstract)

### **The scary news about seafood: Most of us are not eating nearly enough**

[https://www.washingtonpost.com/lifestyle/wellness/the-scary-news-about-seafood-most-of-us-are-not-eating-nearly-enough/2016/02/08/a73ed488-c6a0-11e5-8965-0607e0e265ce\\_story.html](https://www.washingtonpost.com/lifestyle/wellness/the-scary-news-about-seafood-most-of-us-are-not-eating-nearly-enough/2016/02/08/a73ed488-c6a0-11e5-8965-0607e0e265ce_story.html)

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=2484683>

### **Ask Well: The Sugar in Fruit**

<http://well.blogs.nytimes.com/2016/02/10/ask-well-the-sugar-in-fruit/?ref=health>

### **More governments will act to restrict soda consumption, but additional progress needed, CSPI says**

<http://www.foodnavigator-usa.com/Manufacturers/More-governments-will-act-to-restrict-soda-consumption-CSPI-says>

Source: CSPI - *Carbonating the World*

<http://www.cspinet.org/carbonating/>

### **Saltshaker Warnings Get Their Day in Court**

<http://www.wsj.com/articles/saltshaker-warnings-get-their-day-in-court-1455065915>

### **MedlinePlus: Latest Health News**

-Alcohol More Harmful for People With HIV, Study Suggests

-Birth Defect Tied to Zika Virus Can Leave Children With Lifetime of Health Woes

-Why Americans Have Shorter Lifespans Than People in Similar Nations

-Many in Hospice Don't Get Medical Visit in Last 2 Days of Life: Study

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

### **Journal Review**

**Amber Waves, February 1, 2016**

<http://www.ers.usda.gov/amber-waves.aspx>

- Consumers Behaved Rationally, If Belatedly, After Food Safety Recalls in 2011 and 2012
- USDAs After-School Snack Program More Common in Elementary Schools in Poor Urban Areas

**Annals of Internal Medicine, February 9, 2016, Online First**

<http://annals.org/onlineFirst.aspx>

- Metabolically Healthy Obesity and Development of Chronic Kidney Disease: A Cohort Study
- Comparative Benefits and Harms of Antidepressants, Psychological, Complementary, and Exercise Treatments for Major Depression: An Evidence Report for a Clinical Practice Guideline From the American College of Physicians

**British Journal of Nutrition, February 9, 2016, Online First**

<http://journals.cambridge.org/action/displayIssue?iid=898872>

- Associations of breast-feeding patterns and introduction of solid foods with childhood bone mass: The Generation R Study
- The influence of BMI on the association between serum lycopene and the metabolic syndrome

**Critical Reviews in Food Science and Nutrition, February 6-8, 2016, Online First**

<http://www.tandfonline.com/action/showAxaArticles?journalCode=bfsn20>

- Alterations in phenolic compound levels and antioxidant activity in response to cooking technique effects: A meta-analytic investigation
- Microgreens: Production, shelf life and bioactive components
- Vegetarian, vegan diets and multiple health outcomes: a systematic review with meta-analysis of observational studies

**Diabetes Care, February 9, 2016, Online First**

<http://care.diabetesjournals.org/content/early/recent>

- Metabolic Impact of Nonalcoholic Steatohepatitis in Obese Patients With Type 2 Diabetes
- Text Message Support for Weight Loss in Patients With Prediabetes: A Randomized Clinical Trial
- Extra-Virgin Olive Oil Reduces Glycemic Response to a HighGlycemic Index Meal in Patients With Type 1 Diabetes: A Randomized Controlled Trial

**Health Education Research, February 5, 2016, Online First**

<http://her.oxfordjournals.org/content/early/recent>

- Texting your way to healthier eating? Effects of participating in a feedback intervention using text messaging on adolescents fruit and vegetable intake
- School district wellness policy quality and weight-related outcomes among high school students in Minnesota

***International Journal of Obesity, February 2016***

<http://www.nature.com/ijo/journal/v40/n2/index.html>

- Association of overweight and obesity with patient mortality after acute myocardial infarction: a meta-analysis of prospective studies
- Effects of RYGB on energy expenditure, appetite and glycaemic control: a randomized controlled clinical trial
- Protein intake and lean body mass preservation during energy intake restriction in overweight older adults

***Journal of Nutrition, February 2016***

<http://jn.nutrition.org/content/current>

- Altered Appetite-Mediating Hormone Concentrations Precede Compensatory Overeating After Severe, Short-Term Energy Deprivation in Healthy Adults
- Vitamin D Supplementation Affects the Beck Depression Inventory, Insulin Resistance, and Biomarkers of Oxidative Stress in Patients with Major Depressive Disorder: A Randomized, Controlled Clinical Trial
- Dietary Patterns High in Red Meat, Potato, Gravy, and Butter Are Associated with Poor Cognitive Functioning but Not with Rate of Cognitive Decline in Very Old Adults

***Journal of Enteral & Parenteral Nutrition, February 5, 2016, Online First***

<http://pen.sagepub.com/content/early/recent>

- Prevalence, Outcomes, and Management of Enteral Tube Feeding Intolerance: A Retrospective Cohort Study in a Tertiary Center

***Nutrition and Cancer, February 4, 2016, Online First***

<http://www.tandfonline.com/action/showAxaArticles?journalCode=hnuc20>

- Dietary total antioxidant capacity is inversely associated with prostate cancer aggressiveness in a population-based study
- Visceral obesity is associated with poor prognosis in pancreatic adenocarcinoma

***Nutrition & Metabolism, February 6, 2016, Online First***

<http://nutritionandmetabolism.biomedcentral.com/articles>

- Randomized clinical study: Partially hydrolyzed guar gum (PHGG) versus placebo in the treatment of patients with irritable bowel syndrome

***School Nutrition, January 2016***

<http://mydigimag.rrd.com/publication/?i=285753>

- Nutrition Matters: Fuel Up for Fitness
- Food Focus: Get in the Dough

**Quote of the Week**

**All you need is love. But a little chocolate now and then doesnt hurt**

**-Charles M. Schulz**

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## 4501. Academy Commends President's Request to Congress to Increase Funding for Food and Nutrition Research and Programming

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 09, 2016 18:09:22  
**Subject:** Academy Commends President's Request to Congress to Increase Funding for Food and Nutrition Research and Programming  
**Attachment:** [President Obamas Request to Congress.pdf](#)

---

Attached is a press release applauding the President's request for increased funding for nutrition research and programming, as was announced this morning. The release is going out to public policy-focused media this afternoon and we will be promoting it on our member-focused social media channels. Please consider sharing with any policy-focused contacts you have.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

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Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)



4502. Register today for the National Kidney Foundations 2016 Spring Clinical Meetings!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Feb 09, 2016 16:37:08  
**Subject:** Register today for the National Kidney Foundations 2016 Spring Clinical Meetings!

**Attachment:**

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Register today for the National Kidney Foundations 2016 Spring Clinical Meetings!  
UnsubscribeHaving trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

***You are receiving this message on behalf of our Marketing Partners at the National Kidney Foundation.***

Receive CPEUs and network with fellow healthcare professionals at the National Kidney Foundations 2016 Spring Clinical Meetings (SCM)! Past attendees say this conference was by far the most useful I have ever attended and wonderful () with a lot of food for thought. SCM covers the latest developments in the field of renal nutrition while uniquely targeting the entire healthcare team.

If you are new to renal nutrition, plan to attend the preconference Foundations of Nutritional Practice for Kidney Disease: Strategies I. This full-day course is designed for dietitians who wish to strengthen their overall knowledge of the complex nutritional requirements of people with Chronic Kidney Disease and CKD 5 in particular. Or, are you an advanced practice professional who wants to go beyond the basics? Attending the day-long preconference course, Advanced Practice in Renal Nutrition: Update 2016: Strategies II will provide the much more in-depth look at renal nutrition research and practice that you are looking for. Please note that pre-conference courses require a separate fee/registration.

Cant make it for a pre-conference course? The general sessions for SCM16 will cover an array of topics with world-renowned faculty.

#### **Sessions Include:**

- Are Western Diets Killing Our Patients? This session by Dr. Holly Kramer will allow attendees to assess current renal diet recommendations, consider potential harmful effects of animal based protein, and evaluate how we educate our patients to prevent or minimize undesirable effects of the diet.

- Calciphylaxis: Roles of Vitamin K Deficiency and Supplementation** by Dr. Sagar Nigwekar will cover the development, progression and treatment options for Calciphylaxis in CKD. The role of vitamin K deficiency in soft tissue and vascular calcification will be identified, and recent research on the effects of oral supplementation of vitamin K presented.
- What are the latest Controversies in Anemia Management?** Dr. Daniel Coyne will talk about evaluating the recommended dosing of IV iron in dialysis and if safety concerns could affect our patients adversely.

#### **Other Hot Topics:**

- Neurological Issues Associated with CKD and DM**
- Potassium From Baths To Binders: How Does This Change Our Practice?**
- Whats New in Diabetes Management?**
- Protein Nitrogen Balance and Adequacy**
- Use of Biomarkers in MNT**
- The Role of Exercise for Dialysis Patients**

**Register by February 19, 2016 to receive a \$50 discount!** For a complete course listing as well as registration and housing information, visit [www.nkfclinicalmeetings.org](http://www.nkfclinicalmeetings.org)

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4503. RE: Spring Workshop

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 09, 2016 15:26:49  
**Subject:** RE: Spring Workshop  
**Attachment:** [image004.jpg](#)  
[image002.jpg](#)

---

Hi Donna,

Yes, Cecily Byrne has some slides that were presented at the January BOD meeting. They can be formatted in the Academy Update style and we will send to you.

Please keep posted!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, February 09, 2016 2:00 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Spring Workshop

Joan, Are there visioning report slides already developed? If so, I would love to have those for presentations.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

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fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Tuesday, February 9, 2016 1:15 PM

**To:** Donna Martin

**Cc:** Tom Ryan

**Subject:** FW: Spring Workshop

Hi Donna,

As I had mentioned the Academy update is in the process of being finalized; I am copying Tom Ryan about the Visioning Report slides.

Tom, are there some slides you can provide for the Visioning Report which can be worked into Donna's Academy Update presentation.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** DMartin@Burke.k12.ga.us

**Sent:** Tuesday, February 09, 2016 11:57 AM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Fw: Spring Workshop

Joan, I plan on giving the Academy update and also talking about the Visioning report which is perfect on the future of the profession. See information below. ADDA stands for Augusta District Dietetic Association.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

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**From:** Brisky, Pamela <PBRISKY@gru.edu>

**Sent:** Monday, February 8, 2016 12:24 PM

**To:** Donna Martin

**Subject:** Spring Workshop

Donna,

Any chance you can present at the ADDA Spring Workshop this year?

The Workshop is going to be Thursday April 14 at the Harrison Education Commons (Medical College of GA building) on Augusta University Health Sciences campus. The plan at this time is to

have the interns' research posters, lunch and a tour of the simulation labs from 11:30am to 12:55pm. Then 3 speakers.

Our theme this year is the future of our profession.

So far, I have Dr. Pam Shiao presenting on Personalized Nutrition (her area is folate metabolism) at 1pm. The new Internship director, Dr. Judith Anglin, will give a presentation on the direction of education/credentialing.

And WOW! what would be more impressive than having the candidate for the AND President Elect speak?

I have no idea if you even have any idea what your commitments or schedule will be like yet for April, but I wanted to ask. Let me know what you think.

Thanks,

Pam

Pam Brisky, MS, RD, LD, CDE, CNSC

Clinical Nutrition Manager

GRHealth

1120 15th Street

BA 1565

Augusta, GA 30912

706.533.3313 (cell)

706-721.3202 (office)

706.721.7243 x1405 (pager)

pbrisky@gru.edu

4504. FW: Spring Workshop

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Tom Ryan <Tryan@eatright.org>  
**Sent Date:** Feb 09, 2016 13:18:53  
**Subject:** FW: Spring Workshop  
**Attachment:** [image002.jpg](#)

---

Hi Donna,

As I had mentioned the Academy update is in the process of being finalized; I am copying Tom Ryan about the Visioning Report slides.

Tom, are there some slides you can provide for the Visioning Report which can be worked into Donna's Academy Update presentation.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** DMartin@Burke.k12.ga.us

**Sent:** Tuesday, February 09, 2016 11:57 AM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Fw: Spring Workshop

Joan, I plan on giving the Academy update and also talking about the Visioning report which is perfect on the future of the profession. See information below. ADDA stands for Augusta District Dietetic Association.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

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**From:** Brisky, Pamela <PBRISKY@gru.edu>

**Sent:** Monday, February 8, 2016 12:24 PM

**To:** Donna Martin

**Subject:** Spring Workshop

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Our theme this year is the future of our profession.

So far, I have Dr. Pam Shiao presenting on Personalized Nutrition (her area is folate metabolism) at 1pm. The new Internship director, Dr. Judith Anglin, will give a presentation on the direction of education/credentialing.

And WOW! what would be more impressive than having the candidate for the AND President Elect speak?



I have no idea if you even have any idea what your commitments or schedule will be like yet for April, but I wanted to ask. Let me know what you think.

Thanks,

Pam

Pam Brisky, MS, RD, LD, CDE, CNSC

Clinical Nutrition Manager

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## 4505. National Nutrition Month® Promotions Made Easy!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 09, 2016 11:55:46  
**Subject:** National Nutrition Month® Promotions Made Easy!  
**Attachment:**

---

National Nutrition Month® Promotions Made Easy!

Having trouble viewing this e-mail? View it in your browser.

The National Nutrition Month® 2016 theme, *Savor the Flavor of Eating Right*, encourages everyone to take time to enjoy food traditions and appreciate the pleasures, great flavors and social experiences food can add to our lives.

We are very excited to share with you our new product catalog featuring a number of promotional kits to make your celebrations quick and easy. Visit [www.eatright.org/nnm](http://www.eatright.org/nnm) and get a head start on planning your celebration.

Get involved with National Nutrition Month® on social media by using the hashtag #NNM!

Share this mailing with your social network:

This National Nutrition Month email was sent to you from the Academy of Nutrition and Dietetics. If you prefer not to receive future NNM emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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4506. RE: PowerPoint for Affiliate talk

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 09, 2016 11:47:19  
**Subject:** RE: PowerPoint for Affiliate talk  
**Attachment:** [image002.jpg](#)  
[Academy Update 2016 presentation description.docx](#)

---

Hi Donna,

The Strategic Communications team is awaiting final approval of the slides and script and hope to have it completed in the coming week. Due to the size of the presentation I will post the PPT on the BOD portal and provide you the link. The slide deck is created with the flexibility to remove and add slides as necessary for the different needs of the presentations. I have attached a copy of the objectives if the conference organizers may need that now. Hope this helps.

If you want to provide the dates of the Augusta Area Dietetic Association meeting I will be happy to add it to the affiliate matrix and calendar of meeting and events.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** DMartin@Burke.k12.ga.us

**Sent:** Tuesday, February 09, 2016 10:02 AM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Powerpoint for Affiliate talk

Joan, Do you know if the staff has had a chance to update the affiliate presentation for 2016 yet? I have about a week before I have to get the presentation into the Alabama affiliate. I only have 30 minutes to present for them, but in April I will be doing an hour long one for the Augusta Area Dietetic Association. Thanks for your help!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

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4507. Daily News: Tuesday, February 9, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 09, 2016 11:15:42  
**Subject:** Daily News: Tuesday, February 9, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**March is National Nutrition Month®!** View the NNM online catalog and additional promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm).

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics! Elections end February 22.**

View the slate of candidates and vote at [www.eatrightPRO.org/elections/](http://www.eatrightPRO.org/elections/). Vote and be entered to win free registration to FNCE 2016!

## Physicians, patients need to work on healthy dialogue-integrative medicine

[https://www.washingtonpost.com/national/health-science/why-you-need-to-tell-your-doctor-about-the-herbs-and-supplements-you-take/2016/02/08/5ce25810-c9c5-11e5-ae11-57b6aeab993f\\_story.html](https://www.washingtonpost.com/national/health-science/why-you-need-to-tell-your-doctor-about-the-herbs-and-supplements-you-take/2016/02/08/5ce25810-c9c5-11e5-ae11-57b6aeab993f_story.html)

Related Resource: Standards of Practice and Standards of Professional Performance for Registered Dietitians (Competent, Proficient, and Expert) in Integrative and Functional Medicine (learn more by reviewing article from the *Journal*)

<http://www.eatrightpro.org/resources/practice/quality-management/standards-of-practice>

## Vacation Weight Gain Can Lead to 'Creeping Obesity,' Study Finds

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/weight-gain-health-news-702/vacation-weight-gain-p-b-u-ga-release-batch-2519-707716.html>

Source: *Physiology and Behavior*

(scroll down to: A prospective study on vacation weight gain in adults)

<http://www.sciencedirect.com/science/journal/00319384/156>

Related Resource: **EAL-Adult Weight Management**

<http://www.anddeal.org/topic.cfm?menu=5276>

### **Children's vitamin D levels are raised by milk, vitamin supplements and exercise**

<http://www.examiner.com/article/children-s-vitamin-d-levels-are-raised-by-milk-vitamin-supplements-and-exercise>

Source: *British Journal of Nutrition*

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=10174921&fulltextType=RA&fileId=S0007114515005383>

### **Gestational Age: New Formula Proposed**

(Presented at Society for Maternal-Fetal Medicine meeting)

[http://www.medpagetoday.com/MeetingCoverage/SMFM/56079?xid=nl\\_mpt\\_DHE\\_2016-02-09&eun=g411013d0r](http://www.medpagetoday.com/MeetingCoverage/SMFM/56079?xid=nl_mpt_DHE_2016-02-09&eun=g411013d0r)

### **Stress Raises Cholesterol More Than You Think**

<http://www.wsj.com/articles/stress-raises-cholesterol-more-than-you-think-1454958788>

### **Nutrition: Healthy ways to celebrate Valentines Day include cooking at home, taking a walk**

<http://www.sgvtribune.com/health/20160208/nutrition-healthy-ways-to-celebrate-valentines-day-include-cooking-at-home-taking-a-walk>

### **Nutrition data displayed graphically helps consumers make healthier choices**

<http://www.foodnavigator-usa.com/Manufacturers/Nutrition-data-displayed-graphically-helps-consumers-make-healthier-choices>

Source: *Nutrition Research*

<http://www.sciencedirect.com/science/article/pii/S0271531715002663>

### **One Medical Buys Virtual Nutritionist App Rise**

<http://blogs.wsj.com/digits/2016/02/05/one-medical-buys-virtual-nutritionist-app-rise/>

Related Resource: Food and Nutrition Magazine-Review Rise (Version 1.7.1)

<http://www.foodandnutrition.org/November-December-2014/Rise/>

### **Atlanta airport adds nursing stations after moms lobby**

<http://www.usatoday.com/story/travel/nation-now/2016/02/08/airport-breastfeeding/80011058/>

### **Mars to ditch all artificial colours from its entire global food portfolio**

<http://www.foodnavigator-usa.com/Manufacturers/Mars-M-M-s-free-of-artificial-colours>

Related Resource: *Food & Nutrition Magazine*

<http://www.foodandnutrition.org/Stone-Soup/November-2014/7-Ways-to-Add-Natural-Color-to-Food/>

### **FDA Is Taking a New Look at Criteria for Raw Milk Cheese**

<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm482438.htm>

**Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

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In the subject line type unsubscribe.

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## 4508. Celebrating the First International Day of Women and Girls in Science

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Feb 08, 2016 16:30:29  
**Subject:** Celebrating the First International Day of Women and Girls in Science  
**Attachment:**

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As you recall, Susan Finn represented the Academy last February at the first World Women's Health and Development Forum held at the United Nations headquarters. The forum was sponsored by the Programme of the Royal Academy of Science International Trust, an independent international NGO that promotes excellence in education and science and playing an influential role in regional and international women and girls' health, research and policy and supporting women's development.

As a follow-up Princess Nisreen El-Hashemite, executive director of the Royal Academy of Science International Trust, invited Susan to represent the Academy and the nutrition and dietetics profession at the first International Day of Women and Girls in Science on Thursday, February 11 at the UN headquarters. For information regarding the summit see the communication below from Princess Nisreen. Although we don't know the exact time Susan will be presenting, if it is recorded we will share the link with you.



Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

Dear Dr. Finn

I would like to take this opportunity to wish you peace and prosperity in this holiday season.

On December 22nd 2015, the 70th Session of the United Nations General Assembly adopted a groundbreaking resolution to establish an annual International Day of Women and Girls in Science. This resolution demonstrates the commitment of Member States to achieving gender equality for women in science which remains a major challenge. Inequality hinders the capacity of nations to unlock the full transformative contribution which women in science can make to our world.

As you may recall, the dream was an idea that originated at the Inaugural World Women's Health and Development held at the UNHQ in February of 2015. Indeed, your participation and international perspective were essential and directly influenced the perception of women's development. During the Forum, a call was sounded for the General Assembly to adopt a resolution that would be commemorated annually and placed on the official UN Calendar of Observances that would support women who have careers in science and girls who may not be certain about such a career but who are interested in thinking about such a career.

Inclusion of an International Day of Women and Girls in Science annually on 11 February during the annual session of the Commission on Social Development would bring the issue of advanced

education in all scientific fields to wide public attention and help to popularize many of the SDGs in the mind of the greater public. It would also add prestige to the scientific achievements within the UN system, in national contexts, in universities and non-governmental organizations, and the private sector. Women in Science talents, perspectives, work methods and skills could be recognized worldwide on such a day for wide impact. Promotion of education for women in science and for their entry into scientific careers will also serve to build inclusive institutional climates within all countries, and allow policies and procedures to be crafted for gender equality, leadership training, and mentoring.

In partnership and collaboration with the United Nations Department of Economic and Social Affairs and other UN entities, RASIT is taking the lead in organizing the commemoration of the First International Day of Women and Girls in Science.

Therefore, it is an honor and a privilege to extend to you a cordial invitation to be a distinguished guest and keynote speaker at the first commemoration of the International Day of Women and Girls in Science, to be held at the United Nations Headquarters, New York City on February 11<sup>th</sup> 2016.

Indeed, the partnership with the Government of Malta truly is one of global partnership, that elusive SDG 17. And I very much hope that Agenda 2030 will be marked by true representation and recognition of Women in Science worldwide that will bloom in abundance.

Please accept my best regards

Yours Sincerely

nisreen

**Princess Nisreen El-Hashemite, BSc MSc MD PhD**

**Executive Director**

**Royal Academy of Science International Trust (RASIT)**

**Global Mailing Address: PO Box 1557 Rutherford NJ 07070 USA**

**Global Voice-mail: +1-917-503-3868**

**Website: [www.rasit.org](http://www.rasit.org)**

## 4509. Academy Website Update

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Liz Spittler <LSpittler@eatright.org>  
**Sent Date:** Feb 08, 2016 15:47:28  
**Subject:** Academy Website Update  
**Attachment:**

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A communication from Liz Spittler, the Academy's Director of Creative Media, follows below.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

+++++

**From:** Liz Spittler <LSpittler@eatright.org>  
**Date:** February 8, 2016 at 2:09:49 PM CST  
**To:** All Academy Staff <AllAcademyStaff@eatright.org>  
**Subject:** website update

Hello everyone,

The Academy websites have been experiencing significant instability today due to tens of thousands of search requests coming from over 60 different IP addresses. These are non-human and likely script-driven search requests. Our vendors are working to both block these IP addresses and disable search, and have all hands on deck trying to resolve the issues.

In the meantime, please know that our extended team is working hard and we appreciate your patience during this frustrating situation.

Liz Spittler  
Director, Creative Media  
Academy of Nutrition and Dietetics

## 4510. RE: Academy cash requirements

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** 'Linda Farr' <linda.farr@me.com>, 'Garner Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Ragalie-Carr, RDN Jean' <jean.ragalie-carr@rosedmi.com>, 'Beseler Lucille' <lbeseler\_fnc@bellsouth.net>, 'Amanda Jones' <amanda@justjones.es>, 'Sauer Kevin' <Ksauer@ksu.edu>, 'Wolf Kay' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com>  
**Sent Date:** Feb 08, 2016 12:53:55  
**Subject:** RE: Academy cash requirements  
**Attachment:**

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All,

I want to update you on cash requirements for the Academy and related organizations. Right now, as I look at our cash balances, I sorry to tell you that I will need at least another \$500,000 taken out by next week. This may increase as we look at our bills and cash inflows. I know this is a broken record. However, this time of year, it is about balancing our cash inflows with cash outflows. Since December, we are down about \$1.7 million in money coming into the bank. You may recall that the majority of that money is the General Mills grants which would go out in May. So, that is clearly a timing issue. To help offset most of this, we tapped into the working capital loan from the bank in December. Last year, we tapped into the loan in February. We do anticipate money coming in from our vendors. Over the next two weeks, we anticipate over \$500,000 in money coming in from our larger vendors. I would expect another \$300,000 - \$500,000 coming in from normal operational sales. Even though this could reach \$1 million, it will not be enough to handle the bills. In addition to the \$500,000 moved from reserves, I will also reach out to the bank to see if they would provide an increase of another \$500,000 in the working capital loan. At approximately 2.75% interest, this would amount to approximately \$1,150 in additional monthly interests. If there are no objections from the Committee, I will begin this process. This will provide to us additional flexibility.

Of course, what makes this worse is the down turn in the stock market. Even though we won't be selling equities to make this work, we will be putting Al Bryant into a tight situation on his ratios for the reserves. I have let him know that we will be taking another \$500,000 out within the week and potentially another \$500,000 shortly after. He is verifying that the cash will be available. Regardless of how much is available, reducing our cash held with Segall, Bryant and Hamill will

drive investment changes. Less cash means less ability to purchase new holdings and/or force the sale of existing equities at some point.

I will keep you informed as we go forward. Please let me know if you have concerns about the working capital loan increase or any concerns about moving money from reserves. You can either send me an email or call me at 800-877-1600, ext. 4730

Paul

4511. Daily News: Monday, February 8, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 08, 2016 11:10:14  
**Subject:** Daily News: Monday, February 8, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**March is National Nutrition Month®!** New brochure, Build a Healthy Plate, featuring 2015 MyPlate recommendations is now available in NNM catalog. View the NNM online catalog and additional promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm)

### Childhood ADHD in Girls Linked to Later Obesity

[http://www.medpagetoday.com/Endocrinology/Obesity/56047?xid=nl\\_mpt\\_DHE\\_2016-02-06&eun=g411013d0r](http://www.medpagetoday.com/Endocrinology/Obesity/56047?xid=nl_mpt_DHE_2016-02-06&eun=g411013d0r)

Source: *Mayo Clinic Proceedings*

[http://www.mayoclinicproceedings.org/article/S0025-6196\(15\)00770-3/abstract](http://www.mayoclinicproceedings.org/article/S0025-6196(15)00770-3/abstract)

### Simple Remedies for Constipation

<http://well.blogs.nytimes.com/2016/02/08/simple-remedies-for-constipation/?ref=health>

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=2481010>

### Public back ban on children's junk food advertising- UK

<http://www.sciencedaily.com/releases/2016/02/160207203447.htm>

Source: Cancer Research UK

<http://www.cancerresearchuk.org/about-us/cancer-news/press-release/2016-02-08-public-back-ban-on-childrens-junk-food-advertising>

### New Study Shows Arkansas Has Highest Adult Obesity Rate in the Country

<http://www.arkansasmatters.com/news/local-news/new-study-shows-arkansas-has-highest-adult-obesity-rate-in-the-country>

Related Resource: Source: Position of the Academy of Nutrition and Dietetics: Interventions for the Treatment of Overweight and Obesity in Adults

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/weight->

management

**Eat Smart, Even if Youre Eating Late**

<http://www.wsj.com/articles/eat-smart-even-if-youre-eating-late-1454945411>

**Fresh prepared food elevates groceries, drives foot traffic**

<http://www.foodnavigator-usa.com/Manufacturers/Fresh-prepared-food-elevates-groceries-drives-foot-traffic>

**Unsafe Lead Levels in Tap Water Not Limited to Flint**

<http://www.nytimes.com/2016/02/09/us/regulatory-gaps-leave-unsafe-lead-levels-in-water-nationwide.html>

**MedlinePlus: Latest Health News**

-Allergies, Asthma Tied to Lower Risk of Brain Cancer

-Depression May Boost Seniors' Risk for Heart Disease, Stroke

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

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## 4512. ACEND Draft 2017 Accreditation Standards Released

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Feb 08, 2016 10:00:05  
**Subject:** ACEND Draft 2017 Accreditation Standards Released  
**Attachment:** [Picture \(Device Independent Bitmap\) 1.jpg](#)

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A communication from the Accreditation Council for Education in Nutrition and Dietetics Chair Maxine McElligott, MA, RD, LMNT, CDE, follows below.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN  
Director, Strategic Management  
**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

Greetings from ACEND,

The Accreditation Council for Education in Nutrition and Dietetics (ACEND<sup>®</sup>) is pleased to announce the release of the **DRAFT 2017 Accreditation Standards** for public comment. The draft 2017 Standards are the result of a planned five-year review cycle of the current 2012 Accreditation Standards to ensure compliance with USDE regulations. Please note that the 2017 standards are different from the future education model associate's, bachelor's and master's degree standards that will be released for public comment later this year.

The draft standards, the **February Standards Update**, and a **Webinar**, which provides an overview of the 2017 Standards development process and key changes from the 2012 Standards, are posted on the [ACEND standards committee webpage](#). We value all stakeholder input and encourage you to provide input on the 2017 Standards at the following survey link.

•<https://www.surveymonkey.com/r/2017Std2>

The **February Standards Update** also addresses questions received at the January 14 Virtual Town Hall Meeting. The virtual town hall meetings are open to all stakeholders and are held the second Thursday of each month at 11:30 a.m. Central Time. The next meeting will occur February 11. Information for connecting to the virtual town hall is posted on the [ACEND standards committee webpage](#).

Please share this information with your constituents/colleagues. If you or they have questions, please send them to [acend@eatright.org](mailto:acend@eatright.org) or call 312-899-4872, so we can respond to them. Future editions of the monthly update will include these questions and an ACEND response.

Thank you.

Maxine McElligott, MA, RD, LMNT, CDE  
ACEND Chair

## 4513. Academy Membership Renewal for 2016/2017 is Now Open!

**From:** Academy of Nutrition and Dietetics <membership@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 05, 2016 16:35:10  
**Subject:** Academy Membership Renewal for 2016/2017 is Now Open!  
**Attachment:**

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Academy Membership Renewal for 2016/2017 is Now Open!

Having trouble viewing this e-mail? View it in your browser.

Hi Donna:

Thank you for your membership with the Academy of Nutrition and Dietetics. As an Academy member you have access to a variety of career enhancing benefits such as the expanded member-only website, our dietetic practice groups (DPGs) and member interest groups (MIGs), the Evidence Analysis Library®, *Food & Nutrition Magazine*®, *Journal of the Academy of Nutrition and Dietetics*, and many more.

For your convenience, membership renewal for the 2016/2017 year is now open. You can renew:

- Online at [www.eatrightPRO.org/renew](http://www.eatrightPRO.org/renew).
- By phone through the Academys Member Service Center at 800/877-1600, ext. 5000. (Weekdays, 8:00 a.m. 5:00 p.m. Central Time). International callers can reach us at +1-312/899-0040, ext. 5000.

Feel free to e-mail [membership@eatright.org](mailto:membership@eatright.org) if you have any questions.

Sincerely,  
The Academy Membership Team

Share this mailing with your social network:

This membership email was sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future membership emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4514. Re: Affiliate and DPG voting statistics

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 05, 2016 16:04:27  
**Subject:** Re: Affiliate and DPG voting statistics  
**Attachment:**

---

I agree - It's exciting! Have a wonderful weekend!

Joan

Joan Schwaba  
Director, Strategic Management  
Academy of Nutrition and Dietetics  
www.eatright.org

On Feb 5, 2016, at 2:53 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Joan, Thanks for the email about how to find out the statistics. Believe me I have been monitoring this already! Georgia and my DPG (SNS) have been doing pretty well to date. It is just fun to get to watch it, kind of like watching election results on national TV. Having fun with it now!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

## 4515. Voter Update

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>  
**Sent Date:** Feb 05, 2016 11:44:23  
**Subject:** Voter Update  
**Attachment:** [image003.jpg](#)

---

Hello President-elect Candidates,

The link to the affiliate voting statistics follows below. This is an easy way follow the percentage of voter turnout during election. The link is also available to members on the [www.eatrightPRO.org/elections](http://www.eatrightPRO.org/elections) webpage.

<http://elections.webauthor.com/elections/states.cfm>

Thanks and please let me know if I can be of any further assistance.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)



4516. Daily News & Journal Review: Friday, February 5, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 05, 2016 10:40:25  
**Subject:** Daily News & Journal Review: Friday, February 5, 2016  
**Attachment:**

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## Daily News

### From the Academy of Nutrition and Dietetics Knowledge Center

**March is National Nutrition Month®!** New brochure, Build a Healthy Plate, featuring 2015 MyPlate recommendations is now available in NNM catalog. View the NNM online catalog and additional promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm)

### Affordable Care Act enrollment grows modestly this year, to 12.7 million

[https://www.washingtonpost.com/national/health-science/affordable-care-act-enrollment-grows-modestly-this-year-to-127-million/2016/02/04/7a186c9e-cb5a-11e5-ae11-57b6aeab993f\\_story.html](https://www.washingtonpost.com/national/health-science/affordable-care-act-enrollment-grows-modestly-this-year-to-127-million/2016/02/04/7a186c9e-cb5a-11e5-ae11-57b6aeab993f_story.html)

Related Resource: Affordable Care Act Resources

<https://www.eatrightpro.org/resource/advocacy/disease-prevention-and-treatment/access-to-health-care/affordable-care-act>

### Cholesterol levels improve with weight loss, healthy fat-rich diet

<http://www.sciencedaily.com/releases/2016/01/160129091638.htm>

Source: *Journal of the American Heart Association*

<http://jaha.ahajournals.org/content/5/1/e002771>

Related Resource: *Food and Nutrition Magazine*-The Cholesterol Conundrum

[http://www.foodnutrimag-digital.com/foodnutrimag/january\\_february\\_2016?pg=24#pg24](http://www.foodnutrimag-digital.com/foodnutrimag/january_february_2016?pg=24#pg24)

### Daily Bit of Chocolate in Pregnancy May Help Mom, Baby

**No matter what the level of healthy flavanols, improvements seen in circulatory health**

(The data and conclusions should be viewed as preliminary until published in a peer-reviewed journal)

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/small-square-of-chocolate-each-day-during-pregnancy-may-help-mom-and-baby-707736.html>

### Early poverty disrupts link between hunger and eating

<http://www.sciencedaily.com/releases/2016/02/160204042242.htm>

Source: *Psychological Science*

<http://pss.sagepub.com/content/early/2016/02/01/0956797615621901>



Related Resource: The Hungry and Overweight Paradox

<http://www.eatright.org/resource/health/weight-loss/overweight-and-obesity/the-hungry-and-overweight-paradox>

### **Routine Amoxicillin Use of No Benefit in Acute Malnutrition**

**No difference versus placebo for nutritional recovery in children with severe acute malnutrition**

<http://www.physiciansbriefing.com/Article.asp?AID=707735>

Source: *New England Journal of Medicine*

<http://www.nejm.org/doi/full/10.1056/NEJMoa1507024#t=abstract>

Related Resource: Consensus Statement of the Academy of Nutrition and Dietetics/American Society for Parenteral and Enteral Nutrition: Indicators Recommended for the Identification and Documentation of Pediatric Malnutrition (Undernutrition)

[http://www.andjrnl.org/article/S2212-2672\(14\)01359-8/abstract](http://www.andjrnl.org/article/S2212-2672(14)01359-8/abstract)

### **Go Red focuses their attention on youth**

<http://www.thedalleschronicle.com/news/2016/feb/02/go-red-focuses-their-attention-youth/>

Cited: Go Red for Women

<https://www.goredforwomen.org/>

### **Vacations can lead to weight gain, contribute to 'creeping obesity'**

<http://www.sciencedaily.com/releases/2016/02/160201220320.htm>

Source: *Physiology & Behavior*

<http://www.ncbi.nlm.nih.gov/pubmed/26768234>

### **Souping Is the New Juicing**

<http://www.nytimes.com/2016/02/04/fashion/souping-is-the-new-juicing.html>

### **Energy drinks: adverse heart reactions linked to more than two per day**

<http://www.medicalnewstoday.com/articles/306039.php>

Source: *International Journal of Cardiology*

[http://www.internationaljournalofcardiology.com/article/S0167-5273\(15\)30918-9/abstract](http://www.internationaljournalofcardiology.com/article/S0167-5273(15)30918-9/abstract)

### **Diet soda sales plummet further, but what's taking their place?**

(Bottled water, sparkling flavored water, energy and sports drinks, and ready-to-drink coffee have all made strong gains in the New Year as shoppers have continued to spurn carbonated soft drinks particularly the diet variety)

<http://www.foodnavigator-usa.com/Markets/2016-Beverage-Innovation-summit-Have-you-registered-yet>

### **NFL Linemen Keep Growing, Putting Their Health at Risk, Experts Say Some players are topping out at 400 pounds -- and more**

<http://consumer.healthday.com/fitness-information-14/football-health-news-250/nfl-linemen-s-size-keeps-growing-putting-health-at-risk-expert-707482.html>

Source: *Strength and Conditioning Journal*-scroll down and click on title Protecting the Metabolic Health of Football Players With High Fat Mass to access abstract

<http://journals.lww.com/nsca-scj/toc/2015/12000>

### **Your scientific guide to the ultimate Super Bowl nachos**

<https://www.washingtonpost.com/news/speaking-of-science/wp/2016/02/04/your-scientific-guide-to-the-ultimate-super-bowl-nachos/>

Related Resource: *Food and Nutrition Magazine*

6 Tips and a Recipe to Beat the Super Bowl Spread

<http://www.foodandnutrition.org/Stone-Soup/February-2016/6-Tips-and-a-Recipe-to-Beat-the-Super-Bowl-Spread/>

### **MedlinePlus: Latest Health News**

-Head Injuries Tied to Buildup of Alzheimer's Plaques, Small Study Finds

But it's too soon to suggest that people should avoid contact sports, researcher says

-Red Cross Takes Steps to Keep Zika Virus Out of Blood Supply

Agency asks potential donors who have traveled to areas where virus is active to wait 28 days

-Surgical Safety Checklists May Shorten Hospital Stays, Save Lives

Overall health costs fall as a result, researchers say

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

### **Journal Review**

#### ***Journal of the Academy of Nutrition and Dietetics*, February 2, 2016, Online First**

<http://www.andjrn.org/inpress>

-Associations between Meal and Snack Frequency and Diet Quality in US Adults: National Health and Nutrition Examination Survey 2003-2012

#### ***American Journal of Clinical Nutrition*, February 2016**

<http://ajcn.nutrition.org/content/current>

-Dietary protein intake is associated with body mass index and weight up to 5 y of age in a prospective cohort of twins

-Plasma carotenoids, vitamin C, tocopherols, and retinol and the risk of breast cancer in the European Prospective Investigation into Cancer and Nutrition cohort

-Leucine partially protects muscle mass and function during bed rest in middle-aged adults

#### ***American Journal of Clinical Nutrition*, Supplement, February 2016**

<http://ajcn.nutrition.org/content/current#SupplementEvaluatingtheEvidencetoSupportGuidelinesfortheNutritionalCareofPretermInfantsthePre-BProject>

-Executive summary: evaluation of the evidence to support practice guidelines for nutritional care

of preterm infants the Pre-B Project

- Dysphagia in the high-risk infant: potential factors and mechanisms
- Lipid emulsions in the treatment and prevention of parenteral nutrition-associated liver disease in infants and children

***Annals of Otolaryngology, Rhinology, & Laryngology*, February 4, 2016, Online First**

<http://aor.sagepub.com/content/early/recent>

- Improved Gustatory Sensitivity in Morbidly Obese Patients After Laparoscopic Sleeve Gastrectomy

***CDCs Preventing Chronic Disease Journal*, January 28-February 4, 2016**

[http://www.cdc.gov/pcd/current\\_issue.htm](http://www.cdc.gov/pcd/current_issue.htm)

- Assessment of a University Campus Food Environment, California, 2015
- Return on Investment for Digital Behavioral Counseling in Patients With Prediabetes and Cardiovascular Disease

***Clinical Infectious Diseases*, January 29, 2016**

<http://cid.oxfordjournals.org/content/early/recent>

- Probiotics as antifungals in mucosal candidiasis

***Diabetes Technology & Therapeutics*, February 3, 2016, Online First**

<http://online.liebertpub.com/toc/dia/0/0>

- Clinical Application of the Food Insulin Index for Mealtime Insulin Dosing in Adults with Type 1 Diabetes: A Randomized Controlled Trial

***European Journal of Clinical Nutrition*, February 2016**

<http://www.nature.com/ejcn/journal/v70/n2/index.html>

- Fish consumption and all-cause mortality: a meta-analysis of cohort studies
- Chronic cholestasis in patients on parenteral nutrition: the influence of restoring bowel continuity after mesenteric infarction
- Prevalence of diet-related risk factors for chronic disease in male prisoners in a high secure prison

***Lancet*, February 6, 2016**

<http://www.thelancet.com/journals/lancet/issue/current>

- Weight change between successive pregnancies and risks of stillbirth and infant mortality: a nationwide cohort study

***New England Journal of Medicine*, February 4, 2016**

<http://www.nejm.org/toc/nejm/medical-journal>

- Metformin versus Placebo in Obese Pregnant Women without Diabetes Mellitus
- Routine Amoxicillin for Uncomplicated Severe Acute Malnutrition in Children

***Nutrition and Cancer, January 2016***

<http://www.tandfonline.com/toc/hnuc20/current>

-Oxidative stress and cancer; the role of hesperidin, a citrus natural bioflavonoid, as a cancer chemoprotective agent

-Fish oil supplementation during chemotherapy increases posterior time to tumor progression in colorectal cancer

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In the subject line type unsubscribe.

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## 4517. Vote Results: Action Items

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'mgarner@ua.edu' <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'elise@nutritionsystems.com' <elise@nutritionsystems.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 04, 2016 18:31:15  
**Subject:** Vote Results: Action Items  
**Attachment:** [01 Diversity Committee Policy Update.docx](#)  
[02 Committee for Public Health Community Nutrition Request.doc](#)  
[03 Nutrition Services Payment Committee Revised Charge.doc](#)  
[04 Revision to Academy Positions Committee Charter.docx](#)  
[05 State Advisory Committee Requested Name Change.doc](#)  
[06 Weight Management DPG Revised Mission and Vision.doc](#)  
[07 Committee For Professional Development Proposed Name Change.doc](#)

---

I am informing you that Board Executive Committee has unanimously approved the following motions by electronic vote.

- Motion #1 Move to approve the Diversity Committee Policy Update.

APPROVED

- Motion #2 Move to approve the Committee for Public Health/Community Nutrition's request to add an additional member.

APPROVED

- Motion #3 Move to approve the Nutrition Services Payment Committee revised charge.

APPROVED

- Motion #4 Move to approve the revision to Academy Positions Committee charter.

APPROVED

- Motion #5 Move to approve the State Advisory Committee name change request.

APPROVED

- Motion #6 Move to approve the Weight Management Dietetic Practice Group revised mission and vision.

APPROVED

- Motion #7 Move to approve the proposed name change for the Committee for Professional Development to the Committee for Lifelong Learning.

APPROVED

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

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**From:** Patricia Babjak

**Sent:** Tuesday, February 02, 2016 11:13 AM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'mgarner@ua.edu' <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'elise@nutritionsystems.com' <elise@nutritionsystems.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Executive Committee

During executive session at the January Board meeting we talked about reactivation of the Executive Committee to deal with action items between Board meetings. The action items which would have appeared on the consent agenda have been forwarded to the Executive Committee for consideration and vote.

As a reminder, the committee consists of:

- President
- President-elect
- Treasurer
- Speaker
- Speaker-elect
- Foundation Chair

We will communicate the results of the electronic vote to the full Board once the votes are tallied.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

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**From:** Patricia Babjak

**Sent:** Friday, January 29, 2016 8:15 AM

**To:** Evelyn Crayton <evelyncrayton64@gmail.com>; Evelyn Crayton <craytef@charter.net>; 'lbeseler fnc' <lbeseler\_fnc@bellsouth.net>; Kay Wolf (Kay\_Wolf@Columbus.rr.com) <Kay\_Wolf@Columbus.rr.com>; 'Aida Miles' <aida.miles@gmail.com>; Linda Farr <linda.farr@me.com>; Ragalie-Carr, Jean <jean.ragalie-carr@dairy.org>

**Subject:** Vote: Action Items

During Executive Session at the January Board meeting we talked about reactivation of the executive committee to deal with action items between Board meetings. The items listed below would have appeared on the consent agenda and fall within the committee's decision making authority.

The attached seven proposed policy changes have been submitted for the executive committee's consideration. **Please vote electronically by Thursday, February 4 using the form which follows and "reply to all."** Illinois law requires that everyone participate in the vote and we have a unanimous decision. The Board will be informed of the decision within 48 hours. Thank you!

+++++

**Board of Directors Electronic Motions #1-#7**

**Date:** January 29, 2016

**Name:**



#1 Move to approve the Diversity Committee Policy Update.

☐ **Approve**

☐ **Oppose**

#2 Move to approve the Committee for Public Health/Community Nutrition's request to add an additional member.

☐ **Approve**

☐ **Oppose**

#3 Move to approve the Nutrition Services Payment Committee revised charge.

☐ **Approve**

☐ **Oppose**

#4 Move to approve the revision to Academy Positions Committee charter.

☐ **Approve**

☐ **Oppose**

#5 Move to approve the State Advisory Committee name change request.

☐ **Approve**

☐ **Oppose**

#6 Move to approve the Weight Management Dietetic Practice Group revised mission and vision.

☐ **Approve**

☐ **Oppose**

#7 Move to approve the Committee for Professional Development proposed name change.

☐ **Approve**

☐ **Oppose**

Motions made by: L. Farr

Seconded by: L. Beseler

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

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## 4518. CONFIRMING: Board Meeting Date

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Cecily Byrne <cbyrne@eatright.org>  
**Sent Date:** Feb 04, 2016 17:22:28  
**Subject:** CONFIRMING: Board Meeting Date  
**Attachment:**

---

This is to confirm the most viable dates for the March Board meeting are Sunday, March 20 to Monday, March 21. Please plan to arrive on Saturday, March 19 as the meeting will convene at 8:00am on Sunday, March 20 and adjourn at 1:00pm on Monday, March 21.

Hotel reservations will be made for arrival on Saturday, March 19, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box. If you have credit from the cost of an unused ticket, a prompt will display on your screen once you search for flights.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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**From:** Joan Schwaba

**Sent:** Tuesday, February 02, 2016 5:36 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; elise@nutritionsystems.com; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Board Meeting Date

We are continuing our search for a date for the next Board meeting that accommodates the majority of members. Please mark a check to indicate your availability for the following dates listed below.

\_\_\_\_ Starting at 2:00pm on Tuesday, March 15 and adjourning at 4:00pm on Wednesday, March

16

\_\_\_\_ Starting at 2:00pm on Saturday, March 21 and adjourning at 4:00pm on Sunday, March 20

\_\_\_\_ Starting at 2:00pm on Sunday, March 20 and adjourning at 4:00pm on Monday, March 21

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** UPDATE: Upcoming Board Meetings

Several people have schedule conflicts for the revised dates of the next Board meeting. Please hold off on scheduling your travel. If any of you have booked your flight, we will place your ticket into the pool for reissue. A Doodle poll will be sent early next week to select a meeting date.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Upcoming Board Meetings

For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday, February 27 and Sunday, February 28**. The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in

Charleston, SC.

Best regards,  
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

4519. RE: a question from HEN

**From:** Mary Beth Whalen <Mwhalen@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 04, 2016 16:20:56  
**Subject:** RE: a question from HEN  
**Attachment:**

---

You are doing great! We'll never please them all but with leaders like you we can keep things moving forward in a positive way.

**Mary Beth Whalen**

*Chief Operating Officer*

**Academy of Nutrition and Dietetics**

*Executive Director*

**Academy Foundation**

120 South Riverside Plaza, Suite 2000

Chicago, IL. 60606-6995

mwhalen@eatright.org

[www.eatright.org](http://www.eatright.org)

312/899-4820

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Thursday, February 04, 2016 3:19 PM  
**To:** Mary Beth Whalen <Mwhalen@eatright.org>  
**Subject:** Re: a question from HEN

I owe you one for this heads up on the candidate forum! I am trying to get there to support you as hard as I know how!



Thanks again. Appreciate your support!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Mary Beth Whalen <Mwhalen@eatright.org>

**Sent:** Tuesday, January 26, 2016 4:11 PM

**To:** Donna Martin

**Subject:** FW: a question from HEN

Hi, Donna. Hope all is well and you are enjoying better weather than we are here in Chicago! I wanted to share with you some information regarding the Foundation and the work that we have done related to the Future of Food Initiative that began in 2012. Some of this work was underway during your tenure on the Foundation Board as treasurer so it probably will serve as a nice refresher for you. I don't know what kind of questions you are dealing with out on the campaign trail but it's always good to be prepared. The response drafted below is something Katie prepared for me in the event we are ever challenged as to the nature of these efforts. If you have any questions don't hesitate to ask.

**From:** Katie Brown

**Sent:** Tuesday, January 26, 2016 1:24 PM

**To:** Mary Beth Whalen <Mwhalen@eatright.org>

Hi. Suggested response below. The last sentence may be too snarky, but...

I'm attaching the articles referenced in the response here.

The Academy Foundation's Future of Food Initiative began in 2012, and is aimed at raising awareness of food insecurity as a public health issue and addresses global food security as well as the unique intersection of agriculture, nutrition, and health. Two manuscripts on these topics were published in the Journal of the Academy of Nutrition and Dietetics in 2015 from Future of Food initiative: 1) Plentiful, Nutrient Dense Food for the World: A Guide for RDNs; and 2) Linking Agriculture, Nutrition, and Health: The Role of the Registered Dietitian Nutritionist.

Like the United Nation's Sustainable Development Goals, the Foundation manuscripts recognize that one of the greatest challenges in the 21<sup>st</sup> century is to sustainably feed the growing world population in a manner that respects the earth's environment and limited resources. The manuscripts also recognize that malnutrition exists in some form in every country in the world—undernutrition, micronutrient malnutrition, and/or overweight and obesity, and advocate for more RDNs and dietetic associations to contribute and lead nutrition and agriculture interventions that promote sustainable agriculture while improving global health.

It is estimated that 1.2 billion people on the planet survive on less than an adjusted \$1.25 per day, and 2 billion people suffer from micronutrient deficiencies. With increased income and movement into middle class status, comes greater opportunity to consume a more diverse and nutrient-dense diet, which may include animal source proteins as well as a greater variety of grains, vegetables and fruits. Contrast that with the fact that in 2012, 68% of all deaths were related to noncommunicable diseases (NCDs), such as cardiovascular disease, cancer, diabetes, and chronic lung disease. Diet recommendations for those with NCDs will be different from those suffering from chronic undernutrition and micronutrient deficiencies. This represents one of the most important roles for RDNs in global nutrition, and are key messages from the Foundation and Future of Food initiative educational resources and publications.

Academy members, the food and nutrition experts, should be prepared to accurately interpret, contextualize, and represent information from many sources, including from the Academy and it's Foundation.

**Mary Beth Whalen**

*Chief Operating Officer*

**Academy of Nutrition and Dietetics**

*Executive Director*

**Academy Foundation**

120 South Riverside Plaza, Suite 2000

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[mwhalen@eatright.org](mailto:mwhalen@eatright.org)

[www.eatright.org](http://www.eatright.org)

[312/899-4820](tel:3128994820)

4520. RE: Board Meeting Date

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 04, 2016 13:45:18  
**Subject:** RE: Board Meeting Date  
**Attachment:** [image003.jpg](#)  
[image004.jpg](#)  
[image005.jpg](#)

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Hi Donna -

The 4Ps just confirmed the Sunday, March 20 - Monday, March 21 dates. You may call the Travel Desk staff at Travelink (phone # 1/800-344-8212) to change the flight. The cost of your ticket will be credited and then there is the change fee. A communication regarding the new dates will be sent shortly.

Thanks for your flexibility!!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Fax number: 312-899-4765

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**From:** DMartin@Burke.k12.ga.us  
**Sent:** Thursday, February 04, 2016 7:39 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Board Meeting Date

Joan, If those dates work out, how do I go about getting my flights changed with my CDR presentation? Do I just call the travel company and tell them what I need to do and they will make the changes and you all will approve it? I know there will be cost to make the change. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**Sent:** Wednesday, February 3, 2016 6:14 PM  
**To:** Donna Martin  
**Subject:** RE: Board Meeting Date

Thanks, Donna. The Sunday, March 20 - Monday, March 21 dates are looking good.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
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**From:** DMartin@Burke.k12.ga.us

**Sent:** Tuesday, February 02, 2016 7:47 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: Board Meeting Date

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Tuesday, February 2, 2016 6:35 PM

**To:** 'evelyncrayton64'; 'craytef@aces.edu'; 'craytef@charter.net'; 'Lucille Beseler'; 'connors@ohsu.edu'; 'Kay Wolf'; Margaret Garner (mgarner@ua.edu); Donna Martin; "Aida Miles-school"; 'Linda Farr'; 'Elise Smith'; elise@nutritionsystems.com; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie'; 'Tracey Bates'; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com';

'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox; Mary Gregoire; Chris Reidy; Susan Burns

**Subject:** Board Meeting Date

We are continuing our search for a date for the next Board meeting that accommodates the majority of members. Please mark a check to indicate your availability for the following dates listed below.

☐X Starting at 2:00pm on Tuesday, March 15 and adjourning at 4:00pm on Wednesday, March 16

☐X Starting at 2:00pm on Saturday, March 21 and adjourning at 4:00pm on Sunday, March 20

☐X Starting at 2:00pm on Sunday, March 20 and adjourning at 4:00pm on Monday, March 21

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>;

DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** UPDATE: Upcoming Board Meetings

Several people have schedule conflicts for the revised dates of the next Board meeting. Please hold off on scheduling your travel. If any of you have booked your flight, we will place your ticket into the pool for reissue. A Doodle poll will be sent early next week to select a meeting date.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu';



dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com';  
'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Upcoming Board Meetings

For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday, February 27 and Sunday, February 28**. The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in Charleston, SC.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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[www.eatright.org](http://www.eatright.org)



## 4521. Participate in the eatright Market Research Panel

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 04, 2016 13:30:32  
**Subject:** Participate in the eatright Market Research Panel  
**Attachment:**

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Participate in the eatright Market Research Panel

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

eatright Market Research Panel

Now you can share your opinions and influence products and services in the food and nutrition industry. As a member in the **eatright Market Research Panel**, we will ask you for your opinions about a wide range of topics. You choose how many and which surveys you would like to participate in and you can at any time terminate your panel membership.

Every time you participate in one of our surveys, you will be compensated up to \$15 depending on the length of the survey. All the information you provide will strictly be used for market research purposes and your personal information will never be shared with third parties without your express permission.

Enrollment in the **eatright Market Research Panel** does not affect membership status within the Academy of Nutrition and Dietetics. The Academy of Nutrition and Dietetics is not affiliated with and doesn't endorse any of the services/products and companies being surveyed.

**Ready to sign up, or would you like more information? Click the link below.**

eatright Market Research Panel

Sincerely,  
eatright Market Research Panel Staff

Share this mailing with your social network:

This member email was sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future member emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4522. RE: Childhood Weight Management Program - March 22-24, 2016

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 04, 2016 12:19:19  
**Subject:** RE: Childhood Weight Management Program - March 22-24, 2016  
**Attachment:**

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Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

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fax: 312-899-4772

pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, February 02, 2016 12:57 PM  
**To:** Pearlie Johnson <PJohnson@eatright.org>  
**Subject:** Re: Childhood Weight Management Program - March 22-24, 2016

Here it is!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Pearlie Johnson <PJohnson@eatright.org>

**Sent:** Tuesday, February 2, 2016 11:59 AM

**To:** Donna Martin

**Subject:** Childhood Weight Management Program - March 22-24, 2016

Attached is your contract for the March 22-24, 2016 Certificate of Training in Childhood and Adolescent Weight Management program. Please sign and return the contract to me by fax (312/899-4772) or e-mail by Friday, February 19, 2015. I have also attached a tentative agenda.

You can make your flight arrangements to Indianapolis through the Academy's travel service, American Express Travel. You may contact the Travel Desk at 800/238-9049 or [www.eatright.org/traveldeskt](http://www.eatright.org/traveldeskt) to book your flight. The hotel is eight (8) miles from the Indianapolis International Airport (IND).

You will need to create an account to use the Travel Desk. The system will require you to enter a security code and a 7 character GL code to finalize your ticket. The security code is 524392 and the GL Code is 1041790. Please forward me a copy of your itinerary once your flight has been finalized so I can make sure that you have proper hotel accommodations.

Your presentations times are:

School Nutrition

Tuesday, March 22, 2016

1:45 – 2:45 pm

Q&A 2:45 – 3:00 pm

**Programs Location:**

The on-site program will be held at the Hyatt Regency Indianapolis Hotel located at One S. Capitol Ave, Indianapolis, Indiana.

**If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files. However, if the file is not too large, you can email it to me. I will acknowledge receipt of the e-mail.**

1. Go to [www.cdrnet.org](http://www.cdrnet.org)
2. To login choose the “Login” option on the upper right-hand side of the page.
  1. Sign-in using your Academy/CDR username and password.
  2. On the purple banner, hover over the “Portal” option on the right-hand side and choose the “Library” option from the drop-down menu.
  3. Click on the “2016 Childhood Faculty PowerPoint Files and Handouts” link located to the left.
  4. Click on the “Upload Multiple Files” link located in the gray menu bar.
  5. Scroll down to the bottom of the grey area and click on “add files” button (lower left side)
  6. Browse for your file.
  7. Click open.
  8. To add another file choose “Add Files” button again to add another file to the list.
  9. When you have all the files that you would like to add, click on the “Start Upload” button (lower left side). When upload had finished press “Continue.”
  10. Don’t pay attention to the list of folder. Just stroll down to the bottom of the page and click on “Complete Upload” bar.
  11. When you are done, please logout (upper right hand corner).

**I will added faculty presentations to the box.net secured site as they become available for your review in order to eliminate any overlapping. The due date for your PowerPoint presentation and handouts is Monday, March 7, 2016.**

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

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Chicago, IL 60606-6995

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pjohnson@eatright.org



4523. Daily News: Thursday, February 4, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 04, 2016 10:47:25  
**Subject:** Daily News: Thursday, February 4, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**March is National Nutrition Month®!** View the NNM online catalog and additional promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm).

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics! Elections end February 22.**

View the slate of candidates and vote at [www.eatrightPRO.org/elections/](http://www.eatrightPRO.org/elections/). Vote and be entered to win free registration to FNCE 2016!

**Treating Excess Weight, Obesity Requires Many Different Approaches and Expertise of RDNs**

[http://www.healthnewsdigest.com/news/Food\\_and\\_Nutrition\\_690/Treating-Excess-Weight-Obesity-Requires-Many-Different-Approaches-and-Expertise-of-RDNs.shtml](http://www.healthnewsdigest.com/news/Food_and_Nutrition_690/Treating-Excess-Weight-Obesity-Requires-Many-Different-Approaches-and-Expertise-of-RDNs.shtml)

Source: Position of the Academy of Nutrition and Dietetics: Interventions for the Treatment of Overweight and Obesity in Adults

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/weight-management>

**How the mind can help fight obesity and other bad food habits**

<http://www.chicagotribune.com/lifestyles/sns-tns-bc-self-mindfulness-eating-20160203-story.html>

Related Resource: *Total Body Diet for Dummies* © 2016

(An expert led guide to losing weight and keeping it off the healthy way using proven strategies focusing on food, fitness, and mindfulness)

<http://www.eatrightstore.org/product/59643520-0967-4869-92D6-137EE21C0F13>

**Don't use body mass index to determine whether people are healthy**

(Many U.S. companies use their employees' BMIs as a factor in determining workers' health care costs. And people with higher BMIs could soon have to pay higher health insurance premiums, if a rule proposed in April by the Equal Employment Opportunity Commission is adopted)

<http://www.sciencedaily.com/releases/2016/02/160204042240.htm>

Source: *International Journal of Obesity*

<http://www.nature.com/ijo/journal/vaop/naam/abs/ijo201617a.html>

### **New study finds simplified nutritional labels spur healthier choices in grocery stores**

<http://www.medicalnewstoday.com/releases/306034.php>

Source: *Journal of Marketing Research*

<http://journals.ama.org/doi/10.1509/jmr.13.0270>

Related Resource: Proposed Changes to the Nutrition Facts Label

<http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/LabelingNutrition/ucm385663.htm>

### **Diabetes Drug May Not Help Obese Women Have Normal-Weight Babies**

**But study says metformin did reduce weight gain, lower risk of dangerously high blood pressure in moms-to-be**

<http://consumer.healthday.com/diabetes-information-10/diabetes-drug-news-179/diabetes-drug-may-not-help-obese-women-have-normal-weight-babies-707715.html>

Source: *New England Journal of Medicine*

<http://www.ncbi.nlm.nih.gov/pubmed/26840133>

### **Ketoanalogue-Supplemented Very Low-Protein Diet May Benefit CKD**

<http://www.physiciansbriefing.com/Article.asp?AID=707438>

Source: *Journal of the American Society of Nephrology*

<http://jasn.asnjournals.org/content/early/2016/01/28/ASN.2015040369.abstract>

### **When Your Baby Wont Eat**

**Our daughter started life on a feeding tube. Then we tried to wean her off it and began to understand the complexity of how children relate to food**

<http://www.nytimes.com/2016/02/07/magazine/when-your-baby-wont-eat.html>

### **Multistate Salmonella Outbreak Linked to Garden of Life RAW Meal Products: CDC**

**Consumers shouldn't eat certain Organic Shake & Meal Replacement foods**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/multistate-salmonella-outbreak-linked-to-garden-of-life-raw-products-cdc-707721.html>

Source: CDC

<http://www.cdc.gov/salmonella/virchow-02-16/advice.html>

### **MedlinePlus: Latest Health News**

-Text Messages May Prompt People to Take Their Meds

New analysis finds these reminders double chances patients take drugs as prescribed

-Study: Small Bump in Blood Pressure During Pregnancy Might Harm Baby

Risks for low birth weight and stillbirth increase, research suggests

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

## **ClinicalTrials.gov**

[http: //clinicaltrials.gov/](http://clinicaltrials.gov/)

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

### **-Carnitine for the Treatment of Atherosclerosis**

<https://clinicaltrials.gov/ct2/show/NCT02117661?term=NCT02117661&rank=1>

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In the subject line type unsubscribe.

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4524. RE: Board Meeting Date

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 03, 2016 18:18:02  
**Subject:** RE: Board Meeting Date  
**Attachment:** [image004.jpg](#)  
[image005.jpg](#)  
[image003.jpg](#)

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Thanks, Donna. The Sunday, March 20 - Monday, March 21 dates are looking good.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, February 02, 2016 7:47 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Board Meeting Date

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

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789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Tuesday, February 2, 2016 6:35 PM

**To:** 'evelyncrayton64'; 'craytef@aces.edu'; 'craytef@charter.net'; 'Lucille Beseler'; 'connors@ohsu.edu'; 'Kay Wolf'; Margaret Garner (mgarner@ua.edu); Donna Martin; "Aida Miles-school"; 'Linda Farr'; 'Elise Smith'; elise@nutritionsystems.com; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie'; 'Tracey Bates'; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox; Mary Gregoire; Chris Reidy; Susan Burns

**Subject:** Board Meeting Date

We are continuing our search for a date for the next Board meeting that accommodates the majority of members. Please mark a check to indicate your availability for the following dates listed below.

☐X Starting at 2:00pm on Tuesday, March 15 and adjourning at 4:00pm on Wednesday, March 16

☐X Starting at 2:00pm on Saturday, March 21 and adjourning at 4:00pm on Sunday, March 20

☐X Starting at 2:00pm on Sunday, March 20 and adjourning at 4:00pm on Monday, March 21

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; 'craytef@aces.edu' <[craytef@aces.edu](mailto:craytef@aces.edu)>; 'craytef@charter.net'; 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; 'connors@ohsu.edu'; 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; Margaret Garner ([mgarner@ua.edu](mailto:mgarner@ua.edu)) <[mgarner@ua.edu](mailto:mgarner@ua.edu)>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[easaden@aol.com](mailto:easaden@aol.com)>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; 'Tammy.randall@case.edu'; [dwheller@mindspring.com](mailto:dwheller@mindspring.com); 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <[ExecutiveTeamMailbox@eatright.org](mailto:ExecutiveTeamMailbox@eatright.org)>; Marsha Schofield <[mschofield@eatright.org](mailto:mschofield@eatright.org)>; Mary Gregoire <[mgregoire@eatright.org](mailto:mgregoire@eatright.org)>; Chris Reidy <[CREIDY@eatright.org](mailto:CREIDY@eatright.org)>; Susan Burns <[Sburns@eatright.org](mailto:Sburns@eatright.org)>

**Subject:** UPDATE: Upcoming Board Meetings

Several people have schedule conflicts for the revised dates of the next Board meeting. Please hold off on scheduling your travel. If any of you have booked your flight, we will place your ticket into the pool for reissue. A Doodle poll will be sent early next week to select a meeting date.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Upcoming Board Meetings

For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday, February 27 and Sunday, February 28**. The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in Charleston, SC.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

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Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)



## 4525. RE: IMPACT Announcement

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'mgarner@ua.edu' <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Katie Brown <kbrown@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Feb 03, 2016 17:39:19  
**Subject:** RE: IMPACT Announcement  
**Attachment:** [image003.jpg](#)

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Please note the link below should read as [www.eatrightpro.org/IMPACT](http://www.eatrightpro.org/IMPACT). Thank you.

Many thanks,

Darchele

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**Darchele M. Erskine, MBA**

***Executive Assistant to CEO***

**312/899-4750 | derskine@eatright.org | www.eatright.org**

**From:** Patricia Babjak

**Sent:** Wednesday, February 03, 2016 4:26 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@charter.net' <craytef@charter.net>; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu' <connors@ohsu.edu>; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'mgarner@ua.edu' <mgarner@ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com' <DeniceFenkoAdams@gmail.com>; 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>; 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu' <Tammy.randall@case.edu>; dwheller@mindspring.com; 'dwbradley51@gmail.com' <dwbradley51@gmail.com>; 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>; 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Alison Steiber <ASteiber@eatright.org>; Barbara Visocan <BVISOCAN@eatright.org>; Diane Enos <denos@eatright.org>; Doris Acosta <dacosta@eatright.org>; Jeanne Blankenship <JBlankenship@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>; Katie Brown <kbrown@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Beth Whalen <Mwhalen@eatright.org>; Mary Pat Raimondi <mraimondi@eatright.org>; Paul Mifsud <PMifsud@eatright.org>; Sharon McCauley <smccauley@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** IMPACT Announcement

Dear Board members,

Significant changes in the healthcare landscape continue to take shape as seen by the IMPACT Act. The **"Improving Medicare Post-Acute Care Transformation Act"** or the **"IMPACT Act of 2014"** requires submission and reporting of standardized specific clinical assessment and outcomes data by PACs (post-acute care settings) such as Home Health Agencies (HHA), Skilled Nursing Facilities (SNF), Inpatient Rehabilitation Facilities (IRF), and Long-Term Care Hospitals

(LTCH). RDNs and NDTRs must remain relevant and vital members of the health care team and play an integral part in achieving positive clinical outcomes, quality measure improvement, cost savings and improved quality of life for the patient/resident. RDNs will use their unique knowledge, skills, and abilities to play a significant role in improvement through evidenced-based research, nutrition specific interventions, education, coordination of care and monitoring and evaluation. Valuable resources, including a fact sheet, domain measure descriptions, and case studies, located at [www.eatrightpro.com/IMPACT](http://www.eatrightpro.com/IMPACT), developed by the IMPACT task force of the Academy's Quality Management Committee can assist in navigating the IMPACT Law.

**IMPACT Taskforce Members:**

Lisa Eckstein, MS, RD, LD - Co-Chair

Gretchen Y. Robinson, MS RDN LD FADA FAND - Co-Chair

Marla P. Carlson – Observer - DHCC DPG Staff

Margery Gann MBA, RDN, LDN, FAND

Candace Johnson, RD, CSG

Sharon M. McCauley, MS, MBA, RDN, LDN, FADA, FAND

Brenda Richardson, MA, RDN, LD, CD, FAND

Jamie Ritchie, MS, RDN, CSG, LDN

Kathy A. Weigand, RD, LD

Congratulations to the IMPACT task force members, whose work elevates RDNs practicing in these settings!

## 4526. IMPACT Announcement

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'mgarner@ua.edu' <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Katie Brown <kbrown@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Feb 03, 2016 17:27:30  
**Subject:** IMPACT Announcement  
**Attachment:**

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Dear Board members,

Significant changes in the healthcare landscape continue to take shape as seen by the IMPACT Act. The **"Improving Medicare Post-Acute Care Transformation Act"** or the **"IMPACT Act of 2014"** requires submission and reporting of standardized specific clinical assessment and outcomes data by PACs (post-acute care settings) such as Home Health Agencies (HHA), Skilled Nursing Facilities (SNF), Inpatient Rehabilitation Facilities (IRF), and Long-Term Care Hospitals (LTCH). RDNs and NDTRs must remain relevant and vital members of the health care team and

play an integral part in achieving positive clinical outcomes, quality measure improvement, cost savings and improved quality of life for the patient/resident. RDNs will use their unique knowledge, skills, and abilities to play a significant role in improvement through evidenced-based research, nutrition specific interventions, education, coordination of care and monitoring and evaluation. Valuable resources, including a fact sheet, domain measure descriptions, and case studies, located at [www.eatrightpro.com/IMPACT](http://www.eatrightpro.com/IMPACT), developed by the IMPACT task force of the Academy's Quality Management Committee can assist in navigating the IMPACT Law.

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Margery Gann MBA, RDN, LDN, FAND

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Brenda Richardson, MA, RDN, LD, CD, FAND

Jamie Ritchie, MS, RDN, CSG, LDN

Kathy A. Weigand, RD, LD

Congratulations to the IMPACT task force members, whose work elevates RDNs practicing in these settings!

4527. Eat Right Weekly - February 3, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 03, 2016 15:54:09  
**Subject:** Eat Right Weekly - February 3, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that affects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

February 3, 2016

[Quick Links: On the Pulse of Public Policy | CPE Corner | Career Resources | Research Briefs](#)  
[Academy Member Updates | Philanthropy, Awards and Grants](#)

## ON THE PULSE OF PUBLIC POLICY

### President Proposes Policies to Reduce Child Hunger

The Academy was well-represented at a recent event to share the Obama administration's commitment to ending domestic childhood hunger and to introduce new programs to help increase access to healthy food, reducing food insecurity among children and families. The Academy has commended the administration and Congress for a bipartisan bill to reauthorize child nutrition programs, highlighting children's health and the problem of child hunger.

[Learn More](#)

### Academy Urges Senate: Pursue Effective Chronic Care Policy Solutions

Quality measures, enhanced access to medical nutrition therapy, removing barriers to telehealth practice and other initiatives that promote the value of registered dietitian nutritionists and nutrition and dietetic technicians, registered - all these are among the evidence-based solutions to America's chronic care crises. As the U.S. Senate's Chronic Care Working Group looks at policy proposals to address chronic care among the Medicare population, the Academy is committed to pushing for cost- and clinically effective prevention and treatment provided by members.

[Learn More](#)

### Opportunities to Offer Input on Proposed Regulations and Government Initiatives

Federal agencies continue to be busy issuing multiple proposed regulations affecting everything from food labeling (such as GMOs and use of the term "natural") to successes in the Indian Health

Service and technology initiatives. Members are encouraged to work with your dietetic practice groups to submit input on these initiatives, which are detailed in the Public Policy Weekly News and on the Academy's website.

[Learn More](#)

## CPE CORNER

### March 29: NFPE Hands-On Training Workshop

The Academy has developed an interactive, hands-on training workshop to provide registered dietitian nutritionists with skills and knowledge to perform Nutrition Focused Physical Exams at their workplace to aid in the nutrition diagnosing of malnutrition. Registration is open for the March 29 NFPE workshop in Fullerton, Calif. Attendees can earn 10 CPEUs. For information about being an NFPE host facility, email [nfpe@eatright.org](mailto:nfpe@eatright.org).

[Learn More](#)

### Get Ready for National Nutrition Month: Kids Eat Right Recorded Webinar

Earn 1 free CPEU by viewing the one-hour Kids Eat Right webinar. Learn about the many resources available to members, including toolkits and how you can get involved with Kids Eat Right.

[Learn More](#)

### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa., and June 10 to 12 in Salt Lake City, Utah.

[Learn More](#)

### Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

## CAREER RESOURCES

### February 11 Webinar: Hand Hygiene Best Practices

The Partnership for Food Safety Education will host a February 11 webinar on the effects of hand hygiene interventions. Attendees will learn about foodborne disease outbreaks where improper handwashing was a factor and the availability of free consumer education tools. The Academy is on the Partnership's board of directors.

[Learn More](#)

### Updated Member Handbook: 'Working with the Media'

The revised and expanded edition of the Academy's public relations handbook, *Working with the Media: A Handbook for Members of the Academy of Nutrition and Dietetics*, is packed with hundreds of useful and practical tips for media rookies, experienced veterans and all Academy members.

[Learn More](#)



### New Issue: *MNT Provider*

The salary outlook is good for registered dietitian nutritionists, but what trends will affect future payment and delivery of nutrition services? How can RDNs integrate services in the new primary care? Resources for integrating RDNs into primary care are available in the new issue of *MNT Provider*.

[Learn More](#)

### New: Enhanced Healthy Schools Teacher Workshop

The Kids Eat Right "Healthy Schools. It's a Team Effort." toolkit now includes an enhanced two-hour teacher workshop with PowerPoint with notes pages. The workshop engages teachers with activities and ideas for incorporating more nutrition education and physical activity opportunities within the school day. The toolkit was developed with the Iowa Department of Education through a USDA Team Nutrition grant.

[Learn More](#)

### RDNs Making an IMPACT

The Improving Medicare Post-Acute Care Transformation Act of 2014, or IMPACT Act, requires submission and reporting of standardized specific clinical assessment and outcomes data by home health agencies, skilled nursing facilities, inpatient rehabilitation facilities, long-term hospitals and hospice care - settings in which registered dietitian nutritionists play an integral role on the health care team. The Academy has developed resources including a fact sheet, case studies and domain measure descriptions to assist members in better understanding IMPACT and its requirements.

[Learn More](#)

### Diversity Awards and Grants

Recognized Academy groups can apply for a \$1,000 Diversity Action Award or a \$10,000 Promotion Grant.

[Learn More](#)

### Keep Contact Information Up to Date

If you are not receiving Academy publications like the *Journal of the Academy of Nutrition and Dietetics*, make sure your contact information is up to date: Visit [eatrightPRO.org](http://eatrightPRO.org) and access the My Profile tab in the My Academy Toolbar. Take full advantage of exclusive benefits included with your membership, such as subscriptions to the *Journal*, *Food & Nutrition Magazine*, *Daily News* and more.

### eNCPT Student Guide

A resource for Nutrition Care Process educators, the eNCPT Student Companion Guide is a comprehensive student companion to the electronic Nutrition Care Process Terminology. This publication guides, challenges and tests students on each step of the NCP. An Instructor's

Solutions Manual is also available to NDEP members.

#### eNCPT 2015: Updated Terminology and Modules

The Nutrition Care Process modules have been updated to reflect the 2015 edition of the eNCPT. Access the most current and up-to-date terms for nutrition care and comply with the Department of Health and Human Services' mandate that clinical terminologies in EHR systems must be in SNOMED and LOINC.

[Learn More](#)

#### Oncology Nutrition DPG Symposium

Registration is open for the 3rd Biennial Oncology Nutrition DPG Symposium, to be held April 28 to 30 in Glendale, Ariz. Topics will include gut microbiome, probiotics use in cancer care, ketogenic diet in practice, medical cannabis and sarcopenia in oncology.

[Learn More](#)

#### Dannon Leadership Institute

The Dannon Institute's Academic Mid-Career Nutrition Leadership Institute is accepting applications for its 2016 program, to be held June 12 to 16 in Geneva, Ill.

[Learn More](#)

#### February 29 Application Deadline: Scholarships for National Farm to Cafeteria Conference

The National Farm to School Network is accepting applications until February 29 for scholarships to attend the 8th National Farm to Cafeteria Conference, which will be held June 2 to 4 in Madison, Wis. The conference provides training and networking for professionals to improve community health, build economic opportunities for farmers and producers and ensure long-term sustainability for local food efforts.

[Learn More](#)

#### New Fellowship Opportunity: USDA for Future Agricultural and Nutrition Scientists

The U.S. Department of Agriculture's Agriculture and Food Research Initiative offers nearly \$19 million in fellowships and training opportunities in food, agriculture and natural resources for current and recent students and education professionals.

[Learn More](#)

## RESEARCH BRIEFS

#### Pre-Term Infants: Filling Research Gaps

Two new publications from the Academy's Evidence Analysis Library and the National Institutes of Health highlight research gaps in nutrition care of pre-term infants and a joint project to fill these gaps.

## EAL's Methodology

Read about the rigorous methodology used in the Academy's Evidence Analysis Library process in the February *Journal of the Academy of Nutrition and Dietetics*.

[Learn More](#)

## Integrative and Functional Approaches: New Data

Read about important new data on registered dietitian nutritionists' knowledge, attitudes and practices surrounding the use of integrative and functional approaches in nutrition and dietetics in the February *Journal of the Academy of Nutrition and Dietetics*.

[Learn More](#)

## ACADEMY MEMBER UPDATES

### 2016 Elections: Choose the Academy's Next Leaders

The Academy's 2016 national election is underway and voting closes on February 22. Cast your vote and be entered to win a free registration to attend the 2016 Food & Nutrition Conference & Expo. Election results will be announced in late February and elected individuals will take office June 1.

[Learn More](#)

### Members on Front Lines: Fighting Lead in Flint

Bethany Thayer, MS, RDN, FAND, president of the Michigan Academy of Nutrition and Dietetics, and Marci Scott, PhD, RDN, vice president of health programs at the Michigan Fitness Foundation, are among many Academy members who are helping residents of Flint, Mich., fight their exposure to lead in the city's drinking water. Members' efforts have been noted by Michigan's congressional delegation, including Sen. Debbie Stabenow. The Academy continues to support members' work in this area.

[Learn More](#)

### Victory for RDN and Science: ABC Reality Show

The ABC-TV reality series "My Diet Is Better Than Yours" concluded January 28 with a victory for science-based nutrition and healthful lifestyle changes. Academy member Dawn Jackson Blatner, RD, LDN, the program's only registered dietitian nutritionist, teamed up with a contestant to help her win a \$50,000 cash prize, \$20,000 in free groceries and a feature article in *People* magazine.

[Learn More](#)

### Academy's 2015 Annual Report

The Academy and Foundation's Fiscal Year 2015 Annual Report and consolidated financial statements are available to read or download from the Academy's website.

[Learn More](#)

## February 21 Contest Deadline: Promoting RDNs Far, Wide and in Times Square

In celebration of Registered Dietitian Nutritionist Day on March 9 and in thanks for all RDNs do to improve the nutritional health of Americans and people around the world, the Academy hosts a special annual contest to feature a member in Times Square in New York City. The deadline to enter the 2016 RDN Day contest is February 21.

[Learn More](#)

## Registered Dietitian Nutritionist Day Gifts

March 9 is Registered Dietitian Nutritionist Day - a time to honor all registered dietitian nutritionists and the contributions they make to keeping communities healthy. To make this celebration special, gifts featuring the RDN imprint are available, including a lapel pin, stylus pen and tablet tote. All 2016 products can be viewed in the National Nutrition Month online catalog.

[Learn More](#)

## Academy Receives Digital Media Awards

In recognition of outstanding work in the concept, direction, design and production of media, the Academy recently was named the winner of five AVA Digital Awards.

[Learn More](#)

## PHILANTHROPY, AWARDS AND GRANTS

### March 18 Deadline: Apply for Foundation Scholarships

The Foundation is committed to providing scholarships to dietetics students at all levels of study. Scholarships are funded by individuals, affiliates, dietetic practice groups and Academy partners including Colgate-Palmolive Company, Commission on Dietetic Registration, ConAgra Foods, ILSI North America and Mead Johnson Nutrition. The online scholarship application is available. The application deadline is March 18. Email [scholarship@eatright.org](mailto:scholarship@eatright.org) with questions.

[Learn More](#)

### March 25 Entry Deadline: Healthy Playground Makeover Sweepstakes

Together Counts is offering two \$30,000 grand prizes for a school's wellness program and a new playground for the school. Three runners-up will receive \$5,000 in prizes. Anyone can enter on behalf of any school. Enter once a day, every day until March 25.

[Learn More](#)

### April 1 Deadline: Apply for Foundation Research Grants

The Foundation's named research funds are available annually to Academy members at all levels of practice. Grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

**April 1 Deadline: Karen Goldstein Memorial Grant for Diabetes MNT Application**

This \$20,000 grant provides financial support to a Diabetes Care and Education DPG member for outcomes research in diabetes medical nutrition therapy. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

**April 1 Deadline: VN DPG Research Grant**

The Vegetarian Nutrition dietetic practice group research grant award has been increased for this year to \$10,000. Recipients must be a registered dietitian nutritionist, nutrition and dietetics technician, registered or a student member of the Academy. Preference is given to members of the Vegetarian Nutrition DPG. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

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4528. Flint, Michigan

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Aida Miles' <aida.miles@gmail.com>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Feb 03, 2016 14:00:46  
**Subject:** Flint, Michigan  
**Attachment:** [image001.jpg](#)

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The Academy is actively supporting our members' efforts related to the lead exposure crisis in Flint, Michigan and we are continuing to raise the issue to a national level. Please note the link on the [www.eatright.org](http://www.eatright.org) landing page which has information about how to fight lead exposure with nutrition. The Michigan affiliate membership total is 2,174 and of that, five Michigan affiliate members reside in Flint, one member resides in Burton and four members reside in Flushing (both of which are next to Flint).

The Academy co-led a meeting last week with Senator Debbie Stabenow bringing together key stakeholders to share information about efforts highlighting the work of the state affiliate with Bethany Thayer, MS, RDN, FAND, Michigan Academy President. Academy and Michigan affiliate member, Marci Scott, PhD, RD, Vice President of Health Programs, Michigan Fitness Foundation who leads SNAP Nutrition Education, shared how her group is working directly with schools and other community centers to educate residents on the need for good nutrition. Marci and Bethany have participated in conversations with Mary Pat Raimondi and Senator Stabenow.

Members of this working group are identifying short term and long term solutions to help Flint's residents have access to healthy foods and to develop a plan to help other communities when the problem arises.

Examples include:

- Erin Powell, RD, and Lori Yelton, MS, RDN, Academy and Michigan affiliate members, also are participating on a state task force which Governor Snyder pulled together during this crisis.
- The Michigan Academy drafted a letter to legislators and asked their public policy panel, BOD, and Michigan affiliate members to send letters to their state representatives and senators reminding them of the role RDNs can play and are playing.
- Bethany drafted a press release for the affiliate's media representatives to distribute to their contacts.
- Bethany just recently participated in an Detroit Free Press event to spread knowledge and awareness.
- The Michigan affiliate posted information on their website's "For the Public" section.
- United Dairy Industry of Michigan is donating milk, organized by member Kathi Eckler, RD.
- Local RDNs in Flint are assisting with relief efforts and education.
- Katie Wilson, USDA Deputy Under Secretary for Food, Nutrition and Consumer Services, has initiated several solutions in school meals and WIC with RDNs.

The Academy will continue to support our members' efforts related to lead exposure crisis by posting timely information on our website.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

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[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)



4529. Daily News & Journal Review: Wednesday, February 3, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 03, 2016 10:50:54  
**Subject:** Daily News & Journal Review: Wednesday, February 3, 2016  
**Attachment:**

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## Daily News

### From the Academy of Nutrition and Dietetics Knowledge Center

**March is National Nutrition Month®!** New brochure, Build a Healthy Plate, featuring 2015 MyPlate recommendations is now available in NNM catalog. View the NNM online catalog and additional promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm)

### A Diet and Exercise Plan to Lose Weight and Gain Muscle

<http://well.blogs.nytimes.com/2016/02/03/a-diet-and-exercise-plan-to-lose-weight-and-gain-muscle/>

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/early/2016/01/26/ajcn.115.119339>

### How Testing Workers' Genes Could Make Office Wellness Programs Work

**Tell people they have a genetic condition and it might get them to stick with weight-loss regimens**

<http://www.bloomberg.com/news/articles/2016-02-01/testing-workers-genes-could-be-the-secret-to-making-wellness-programs-work>

Related Resource: Position of the Academy of Nutrition and Dietetics: Nutritional Genomics

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/nutritional-genomics>

### Seafood Might Protect Brain in People at Genetic Risk for Alzheimer's

**Study also finds mercury in fish isn't linked to dementia symptoms**

<http://consumer.healthday.com/cognitive-health-information-26/alzheimer-s-news-20/seafood-might-protect-brain-from-alzheimer-s-707658.html>

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=2484683>

### FDA bans imports of genetically engineered salmon for now

<https://www.washingtonpost.com/news/to-your-health/wp/2016/01/29/fda-bans-imports-of-genetically-engineered-salmon-for-now/>

## **Millions of Pregnant Women Put Their Babies at Risk With Alcohol: CDC**

**Birth defects caused by drinking are totally preventable, agency officials say**

<http://consumer.healthday.com/pregnancy-information-29/pregnancy-news-543/millions-of-pregnant-women-put-their-babies-at-risk-with-alcohol-cdc-707678.html>

Source: CDC

<http://www.cdc.gov/mmwr/volumes/65/wr/mm6504a6er.htm>

## **Adolescent weight gain on popular injectable contraceptive may depend on micronutrient intake**

(Research indicates that one in four DMPA users will experience excessive weight gain (greater than 5% of their original BMI) within the six months of their first injection)

<http://www.sciencedaily.com/releases/2016/02/160202091228.htm>

Source: *Journal of Pediatric and Adolescent Gynecology*

[http://www.jpagonline.org/article/S1083-3188\(14\)00206-X/abstract](http://www.jpagonline.org/article/S1083-3188(14)00206-X/abstract)

## **Local claims are not equally effective across all food categories, Harris Poll finds**

(About half of Americans say local claims are an important factor in their food purchase decisions, but exactly how influential they are depends on where in the store they are made, according to a recent survey)

<http://www.foodnavigator-usa.com/R-D/Local-claims-are-not-equally-effective-across-all-food-categories>

Related Resource: Understanding Food Marketing Terms

<http://www.eatright.org/resource/food/nutrition/nutrition-facts-and-food-labels/understanding-food-marketing-terms>

## **Sitting for Hours May Raise Your Type 2 Diabetes Risk**

**The risk remains even if you exercise, researchers contend**

<http://consumer.healthday.com/mental-health-information-25/behavior-health-news-56/sitting-may-boost-the-odds-for-type-2-diabetes-study-707676.html>

Source: *Diabetologia*

<http://link.springer.com/article/10.1007/s00125-015-3861-8>

## **Your Team Made the Super Bowl? Better Get a Flu Shot**

<http://www.nytimes.com/2016/02/02/upshot/super-bowl-denver-broncos-carolina-panthers-flu.html?ref=health>

Related Resource: USDA issues Super Bowl party food safety tips

<http://thehill.com/regulation/healthcare/267736-usda-issues-super-bowl-party-food-safety-tips>

## **Journal Review**

## **Academys MNT Provider, January 2016**

<https://www.eatrightpro.org/~media/eatrightpro%20files/news%20center/in%20practice/mntprovider-january2016.ashx>

- Salary outlook good for RDNS
- CMS announces new Accountable Health Communities Model
- Alternative Payment Model (AMP) Framework, Final White Paper
- Question Corner: When services such as Intensive Behavioral Therapy (IBT) for Obesity are provided by a registered dietitian nutritionist (RDN) incident to the physician and are billed to Medicare, does Medicare pay the 100% physician fee or the 85% RDN fee?

## **American Journal of Agricultural Economics, January 29, 2016, Online First**

<http://ajae.oxfordjournals.org/content/early/by/section>

- The Effects of Benefit Timing and Income Fungibility on Food Purchasing Decisions among Supplemental Nutrition Assistance Program Households

## **Childhood Obesity, February 2016**

<http://online.liebertpub.com/toc/chi/12/1>

- Effectiveness of a Hospital-Based Multidisciplinary Pediatric Weight Management Program: Two-Year Outcomes of PHIT Kids
- Are Mealtime Best Practice Guidelines for Child Care Centers Associated with Energy, Vegetable, and Fruit Intake?

## **Clinical Pediatrics, February 3, 2016, Online First**

<http://cpj.sagepub.com/content/early/recent>

- Growth Charts for Prader-Willi Syndrome During Growth Hormone Treatment

## **JAMA, February 2, 2016**

<http://jama.jamanetwork.com/issue.aspx>

- Viewpoint: Dietary Guidelines for Americans
- Association of Seafood Consumption, Brain Mercury Level, and APOE 4 Status With Brain Neuropathology in Older Adults

## **JAMA Internal Medicine, February 2016**

<http://archinte.jamanetwork.com/issue.aspx>

- Effectiveness and Value of Treatment Options for ObesityA Report for the California Technology Assessment Forum

## **Journal of Applied Gerontology, January 18-February 1, 2016, Online First**

<http://jag.sagepub.com/content/early/recent>

- Outcome of a Targeted Nutritional Intervention Among Older Adults With Early-Stage Alzheimers Disease: The Nutrition Intervention Study
- Food Insecurity and Health Care Utilization Among Older Adults

***Journal of Attention Disorders*, January 29, 2016, Online First**

<http://jad.sagepub.com/content/early/recent>

-Association of ADHD and Celiac Disease: What Is the Evidence? A Systematic Review of the Literature

***Journal of Clinical Lipidology*, November-December 2015 Supplement**

[http://www.lipidjournal.com/issue/S1933-2874\(15\)X0009-2](http://www.lipidjournal.com/issue/S1933-2874(15)X0009-2)

-National Lipid Association Recommendations for Patient-Centered Management of Dyslipidemia: Part 2

***Journal of Human Nutrition and Dietetics*, February 2016**

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.2016.29.issue-1/issuetoc>

-Body composition and morphological assessment of nutritional status in adults: a review of anthropometric variable

-Predictors of protein-energy wasting in haemodialysis patients: a cross-sectional study

-Building bridges in dietary counselling: an exploratory study examining the usefulness of wellness and wellbeing concepts

***Journal of Parenteral & Enteral Nutrition*, January 29-February 2, 2016, Online First**

<http://pen.sagepub.com/content/early/recent>

-Association Between Malnutrition and Clinical Outcomes in the Intensive Care Unit: A Systematic Review

-Improved Glucose Profile in Patients With Type 2 Diabetes With a New, High-Protein, Diabetes-Specific Tube Feed During 4 Hours of Continuous Feeding

-Energy Expenditure in Critically Ill Elderly Patients: Indirect Calorimetry vs Predictive Equations

***Morbidity and Mortality Weekly Report (MMWR)*, Early Release, February 2, 2016**

<http://www.cdc.gov/mmwr/index.html>

-Vital Signs: Alcohol-Exposed Pregnancies United States, 2011-2013

**Quote of the Week**

**The game of life is a lot like football. You have to tackle your problems, block your fears, and score your points when you get the opportunity.**

**-Lewis Grizzard**

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In the subject line type unsubscribe.

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## 4530. Board Meeting Date

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, elise@nutritionsystems.com <elise@nutritionsystems.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Feb 02, 2016 18:36:25  
**Subject:** Board Meeting Date  
**Attachment:** [image003.jpg](#)  
[image004.jpg](#)

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We are continuing our search for a date for the next Board meeting that accommodates the majority of members. Please mark a check to indicate your availability for the following dates listed below.

\_\_\_\_ Starting at 2:00pm on Tuesday, March 15 and adjourning at 4:00pm on Wednesday, March 16

\_\_\_\_ Starting at 2:00pm on Saturday, March 21 and adjourning at 4:00pm on Sunday, March 20

\_\_\_\_ Starting at 2:00pm on Sunday, March 20 and adjourning at 4:00pm on Monday, March 21

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** Joan Schwaba

**Sent:** Wednesday, January 27, 2016 1:49 PM

**To:** 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; 'craytef@aces.edu' <[craytef@aces.edu](mailto:craytef@aces.edu)>; 'craytef@charter.net'; 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; 'connors@ohsu.edu'; 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; Margaret Garner ([mgarner@ua.edu](mailto:mgarner@ua.edu)) <[mgarner@ua.edu](mailto:mgarner@ua.edu)>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[easaden@aol.com](mailto:easaden@aol.com)>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'Catherine Christie' <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; 'Tammy.randall@case.edu'; [dwheller@mindspring.com](mailto:dwheller@mindspring.com); 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <[ExecutiveTeamMailbox@eatright.org](mailto:ExecutiveTeamMailbox@eatright.org)>; Marsha Schofield <[mschofield@eatright.org](mailto:mschofield@eatright.org)>; Mary Gregoire <[mgregoire@eatright.org](mailto:mgregoire@eatright.org)>; Chris Reidy <[CREIDY@eatright.org](mailto:CREIDY@eatright.org)>; Susan Burns <[Sburns@eatright.org](mailto:Sburns@eatright.org)>

**Subject:** UPDATE: Upcoming Board Meetings

Several people have schedule conflicts for the revised dates of the next Board meeting. Please hold off on scheduling your travel. If any of you have booked your flight, we will place your ticket into the pool for reissue. A Doodle poll will be sent early next week to select a meeting date.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Upcoming Board Meetings

For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday, February 27 and Sunday, February 28**. The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to



<https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in Charleston, SC.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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4531. RE: Just a note...

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 02, 2016 14:12:07  
**Subject:** RE: Just a note...  
**Attachment:**

---

Donna,

We will be here for you every step of the way to assist in every way that we can. I am looking forward to working closely with you! Keep up the great work.

Best regards,

Doris

-----Original Message-----

From: DMartin@Burke.k12.ga.us  
Sent: Monday, February 01, 2016 5:14 PM  
To: Doris Acosta <dacosta@eatright.org>  
Subject: Re: Just a note...

Doris, thanks so much for reaching out to me. That was by far the hardest thing I have ever done. If you think I did a good job, that is enough for me, since you are the communication guru! I told Pat that I hope that is the last thing I have to write. I can speak, but not good at writing. You will have your hands full if I win! Thanks again. It really meant a lot to hear from you!

Sent from my iPhone

> On Feb 1, 2016, at 5:53 PM, Doris Acosta <dacosta@eatright.org> wrote:

>

> Hi Donna,

> Congratulations on doing such a great job today! We are hearing from members and they appreciated your responses are very excited about the election. Thank you for all you do! You are an amazing woman and we are so proud of you!

>

> Best regards,

>

> Doris Acosta

4532. Check out the New Fashion Statement!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 02, 2016 13:23:47  
**Subject:** Check out the New Fashion Statement!  
**Attachment:**

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Check out the New Fashion Statement!

Having trouble viewing this e-mail? View it in your browser.

National Nutrition Month® is quickly approaching. This years theme, *Savor the Flavor of Eating Right*, encourages everyone to take time to enjoy food traditions and appreciate the pleasures, great flavors and social experiences food can add to our lives.

A variety of short and long-sleeve t-shirts with the color logo are now available for sale. Make a fashion statement in March by sporting National Nutrition Month® apparel!

Check out these items and other great apparel at [www.eatright.org/nnm](http://www.eatright.org/nnm)!

Get involved with National Nutrition Month® on social media by using the hashtag #NNM!

Share this mailing with your social network:

This National Nutrition Month email was sent to you from the Academy of Nutrition and Dietetics.  
If you prefer not to receive future NNM emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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## 4533. Executive Committee

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'mgarner@ua.edu' <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'elise@nutritionsystems.com' <elise@nutritionsystems.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 02, 2016 12:13:47  
**Subject:** Executive Committee  
**Attachment:** [01 Diversity Committee Policy Update.docx](#)  
[02 Committee for Public Health Community Nutrition Request.doc](#)  
[03 Nutrition Services Payment Committee Revised Charge.doc](#)  
[04 Revision to Academy Positions Committee Charter.docx](#)  
[05 State Advisory Committee Requested Name Change.doc](#)  
[06 Weight Management DPG Revised Mission and Vision.doc](#)  
[07 Committee For Professional Development Proposed Name Change.doc](#)

---

During executive session at the January Board meeting we talked about reactivation of the Executive Committee to deal with action items between Board meetings. The action items which would have appeared on the consent agenda have been forwarded to the Executive Committee for consideration and vote.

As a reminder, the committee consists of:

- President
- President-elect
- Treasurer
- Speaker
- Speaker-elect
- Foundation Chair

We will communicate the results of the electronic vote to the full Board once the votes are tallied.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org) | [www.eatrightPRO.org](http://www.eatrightPRO.org) | [www.eatrightSTORE.org](http://www.eatrightSTORE.org)

**From:** Patricia Babjak

**Sent:** Friday, January 29, 2016 8:15 AM

**To:** Evelyn Crayton <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; Evelyn Crayton <[craytef@charter.net](mailto:craytef@charter.net)>; 'lbeseler fnc' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; Kay Wolf (Kay\_Wolf@Columbus.rr.com) <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; 'Aida Miles' <[aida.miles@gmail.com](mailto:aida.miles@gmail.com)>; Linda Farr <[linda.farr@me.com](mailto:linda.farr@me.com)>; Ragalie-Carr, Jean <[jean.ragalie-carr@dairy.org](mailto:jean.ragalie-carr@dairy.org)>

**Subject:** Vote: Action Items

During Executive Session at the January Board meeting we talked about reactivation of the executive committee to deal with action items between Board meetings. The items listed below would have appeared on the consent agenda and fall within the committee's decision making authority.

The attached seven proposed policy changes have been submitted for the executive committee's consideration. **Please vote electronically by Thursday, February 4 using the form which follows and "reply to all."** Illinois law requires that everyone participate in the vote and we have a unanimous decision. The Board will be informed of the decision within 48 hours. Thank you!

+++++

## **Board of Directors Electronic Motions #1-#7**

**Date:** January 29, 2016

**Name:**

#1 Move to approve the Diversity Committee Policy Update.

☐ **Approve**

☐ **Oppose**

#2 Move to approve the Committee for Public Health/Community Nutrition's request to add an additional member.

☐ **Approve**

☐ **Oppose**

#3 Move to approve the Nutrition Services Payment Committee revised charge.

☐ **Approve**

☐ **Oppose**

#4 Move to approve the revision to Academy Positions Committee charter.

☐ **Approve**

☐ **Oppose**

#5 Move to approve the State Advisory Committee name change request.

☐ **Approve**

☐ **Oppose**

#6 Move to approve the Weight Management Dietetic Practice Group revised mission and vision.

☐ **Approve**

☐ **Oppose**

#7 Move to approve the Committee for Professional Development proposed name change.

☐ **Approve**

☐ **Oppose**

Motions made by: L. Farr

Seconded by: L. Beseler

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

[www.eatright.org](http://www.eatright.org)



## 4534. Childhood Weight Management Program - March 22-24, 2016

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Feb 02, 2016 12:00:02  
**Subject:** Childhood Weight Management Program - March 22-24, 2016  
**Attachment:** [March 2016 Program Agenda.pdf](#)  
[Donna Martin.pdf](#)

---

Attached is your contract for the March 22-24, 2016 Certificate of Training in Childhood and Adolescent Weight Management program. Please sign and return the contract to me by fax (312/899-4772) or e-mail by Friday, February 19, 2015. I have also attached a tentative agenda.

You can make your flight arrangements to Indianapolis through the Academy's travel service, American Express Travel. You may contact the Travel Desk at 800/238-9049 or [www.eatright.org/traveldesks](http://www.eatright.org/traveldesks) to book your flight. The hotel is eight (8) miles from the Indianapolis International Airport (IND).

You will need to create an account to use the Travel Desk. The system will require you to enter a security code and a 7 character GL code to finalize your ticket. The security code is 524392 and the GL Code is 1041790. Please forward me a copy of your itinerary once your flight has been finalized so I can make sure that you have proper hotel accommodations.

Your presentations times are:

School Nutrition

Tuesday, March 22, 2016

1:45 – 2:45 pm

Q&A 2:45 – 3:00 pm

**Programs Location:**

The on-site program will be held at the Hyatt Regency Indianapolis Hotel located at One S. Capitol Ave, Indianapolis, Indiana.

**If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files. However, if the file is not too large, you can email it to me. I will acknowledge receipt of the e-mail.**

1. Go to [www.cdrnet.org](http://www.cdrnet.org)
2. To login choose the "Login" option on the upper right-hand side of the page.
1. Sign-in using your Academy/CDR username and password.
2. On the purple banner, hover over the "Portal" option on the right-hand side and choose the "Library" option from the drop-down menu.
3. Click on the "2016 Childhood Faculty PowerPoint Files and Handouts" link located to the left.
4. Click on the "Upload Multiple Files" link located in the gray menu bar.
5. Scroll down to the bottom of the grey area and click on "add files" button (lower left side)
6. Browse for your file.
7. Click open.
8. To add another file choose "Add Files" button again to add another file to the list.
9. When you have all the files that you would like to add, click on the "Start Upload" button (lower left side). When upload had finished press "Continue."
10. Don't pay attention to the list of folder. Just stroll down to the bottom of the page and click on "Complete Upload" bar.
11. When you are done, please logout (upper right hand corner).

**I will added faculty presentations to the box.net secured site as they become available for your review in order to eliminate any overlapping. The due date for your PowerPoint presentation and handouts is Monday, March 7, 2016.**

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

4535. Daily News: Tuesday, February 2, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 02, 2016 10:55:57  
**Subject:** Daily News: Tuesday, February 2, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**March is National Nutrition Month®!** View the NNM online catalog and additional promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm).

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics! Elections end February 22.**

View the slate of candidates and vote at [www.eatrightPRO.org/elections/](http://www.eatrightPRO.org/elections/). Vote and be entered to win free registration to FNCE 2016!

**Zika Virus a Global Health Emergency, W.H.O. Says**

<http://www.nytimes.com/2016/02/02/health/zika-virus-world-health-organization.html>

**Community lifestyle intervention reduces cardiovascular disease risk in diabetes patients**

(Two months of healthy living classes significantly reduced risk of common diabetes complications in Appalachia)

<http://www.sciencedaily.com/releases/2016/02/160201084347.htm>

Source: *Journal of the American Osteopathic Association*

<http://jaoa.org/article.aspx?articleid=2488032>

Related Resources: Academy of Nutrition and Dietetics: Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Public Health and Community Nutrition

[http://www.andjrnl.org/article/S2212-2672\(15\)01108-9/abstract](http://www.andjrnl.org/article/S2212-2672(15)01108-9/abstract)

Public Health: Community NCP Toolkit

<http://www.eatrightstore.org/product/50F6EE83-A127-4E47-9F67-649EBA063E00>

**Americans say they are trying to cut sugar intake poll**

<http://www.reuters.com/article/us-usa-sugar-diet-exclusive-idUSKCN0VB0CF>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

-Including Added Sugars on the Nutrition Facts Panel: How Consumers Perceive the Proposed Change

[http://www.andjrnl.org/article/S2212-2672\(15\)00505-5/abstract](http://www.andjrnl.org/article/S2212-2672(15)00505-5/abstract)

## **USDA/Economic Research Service**

### **-U.S. production and use of high-fructose corn syrup is declining**

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=56605&ref=collection>

Source: January 2016 *Sugar and Sweeteners Outlook*

<http://www.ers.usda.gov/publications/sssm-sugar-and-sweeteners-outlook/sssm329.aspx>

## **An Eating Disorder in People With Diabetes**

(The reduction of insulin intake to lose weight has been termed diabulimia, but is not a recognized medical condition)

<http://well.blogs.nytimes.com/2016/02/01/an-eating-disorder-in-people-with-diabetes/>

## **How the media influence perceptions of obesity**

<http://www.sciencedaily.com/releases/2016/02/160201141957.htm>

Source: *Social Science and Medicine*

<http://www.sciencedirect.com/science/article/pii/S0277953615302902>

Related Resource: Obesity Society - Obesity, Bias, and Stigmatization

<http://www.obesity.org/resources/facts-about-obesity/bias-stigmatization>

## **Weight Loss Starting at Midlife Tied to Later Dementia Risk in Study**

### **Researchers find connection, but can't say losing pounds plays a causal role**

("Unintended weight loss may be a signal to examine whether to increase efforts to engage in lifestyle measures that are beneficial to mental function")

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/weight-loss-news-703/dropping-pounds-in-midlife-may-boost-later-dementia-risk-study-707629.html>

Source: *JAMA Neurology*

<http://archneur.jamanetwork.com/article.aspx?articleid=2484548>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

-Environmental Considerations for Improving Nutritional Status in Older Adults with Dementia: A Narrative Review

[http://www.andjrnl.org/article/S2212-2672\(15\)01110-7/abstract](http://www.andjrnl.org/article/S2212-2672(15)01110-7/abstract)

## **Texturisers will make food for seniors mainstream - but beware when marketing, say researchers**

(Texture modifiers could make specialist foods for older consumers mainstream and shake up a category that's on the cusp of exploding, say Norwegian researchers)

<http://www.foodnavigator.com/Science/Texturisers-will-make-food-for-seniors-mainstream-but-beware-when-marketing-say-researchers>

## **CDC Issues Guidance to Stop HCV Transmission in Hemodialysis**

### **Dialysis providers and facilities should assess and improve infection control practices**

<http://www.physiciansbriefing.com/Article.asp?AID=707569>

Source: CDC - Health Alert Network

<http://emergency.cdc.gov/han/han00386.asp>

**Fitness May Protect Against Death After First Heart Attack**

**High fitness level associated with lower mortality throughout the first year post MI**

[http://www.medpagetoday.com/Cardiology/MyocardialInfarction/55938?xid=nl\\_mpt\\_DHE\\_2016-02-02&eun=g411013d0r](http://www.medpagetoday.com/Cardiology/MyocardialInfarction/55938?xid=nl_mpt_DHE_2016-02-02&eun=g411013d0r)

**Chipotle-linked E. coli outbreak ends, but its exact cause is still a mystery**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/02/01/chipotle-linked-e-coli-outbreak-ends-but-its-exact-cause-is-still-a-mystery/>

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In the subject line type unsubscribe.

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4536. Just a note...

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 01, 2016 17:53:57  
**Subject:** Just a note...  
**Attachment:**

---

Hi Donna,

Congratulations on doing such a great job today! We are hearing from members and they appreciated your responses are very excited about the election. Thank you for all you do! You are an amazing woman and we are so proud of you!

Best regards,

Doris Acosta

4537. Voting is now open in the 2016 Academy elections!

**From:** Academy of Nutrition and Dietetics <elections@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 01, 2016 12:49:20  
**Subject:** Voting is now open in the 2016 Academy elections!  
**Attachment:**

---

Voting is now open in the 2016 Academy elections!  
Having trouble viewing this e-mail? View it in your browser.

Voting is now open!

***Own Tomorrow. Vote Today.***

Help shape the future of the Academy by exercising your member privilege to vote. Elections run from February 1 February 22, 2016.

Visit [www.eatrightPRO.org/elections](http://www.eatrightPRO.org/elections) to view the slate of candidates and to cast your vote electronically. Remember, every vote counts!

Cast your vote and be entered to win a **FREE** registration to attend the Academys Food & Nutrition Conference & Expo October 15-18, 2016 in Boston, Massachusetts!

Share this mailing with your social network:

This election email was sent to you by the Academy of Nutrition and Dietetics.  
If you prefer not to receive future election emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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4538. Daily News: Monday February 1, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Feb 01, 2016 11:01:26  
**Subject:** Daily News: Monday February 1, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**March is National Nutrition Month®!** View the NNM online catalog and additional promotional resources at [www.eatright.org/nnm](http://www.eatright.org/nnm).

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics! Elections end February 22.**

View the slate of candidates and vote at [www.eatrightPRO.org/elections/](http://www.eatrightPRO.org/elections/). Vote and be entered to win free registration to FNCE 2016!

## Negative food messages make sugary snacks more enticing

(Research suggests that messages telling dieters that all sugary snacks are bad just make those snacks all the more compelling)

<http://www.medicalnewstoday.com/articles/305812.php>

*Source: Journal of the Association for Consumer Research*

*Messages from the Food Police: How Food-Related Warnings Backfire among Dieters*

<http://www.journals.uchicago.edu/doi/abs/10.1086/684394>

*Related Resource: Position of the Academy of Nutrition and Dietetics:*

Total Diet Approach to Healthy Eating

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/total-diet-approach-to-healthy-eating>

## 'Til Weight Loss Do Us Part?

**Spouses should be consulted before obesity surgery, researchers suggest**

<http://consumer.healthday.com/pregnancy-information-29/love-sex-and-relationship-health-news-452/till-weight-loss-do-us-part-707448.html>

*Source: Obesity Surgery*

<http://link.springer.com/article/10.1007/s11695-015-1893-2>

## High fiber intake when young may lower women's breast cancer risk

(Each 10 g of daily dietary fiber linked to 13% lower breast cancer risk)

<http://www.medicalnewstoday.com/articles/305767.php>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2016/01/28/peds.2015-1226>

### **Study Confirms Eating Disorders' Deadly Toll**

**Those with anorexia 5 times more at risk of early death; bulimia also increases the risk, researchers say**

[https://www.nlm.nih.gov/medlineplus/news/fullstory\\_156987.html](https://www.nlm.nih.gov/medlineplus/news/fullstory_156987.html)

Source: *International Journal of Eating Disorders*

<http://onlinelibrary.wiley.com/doi/10.1002/eat.22501/abstract>

### **Five fallacies about women and heart disease**

<http://www.chicagotribune.com/suburbs/advertising/marketplace/ct-ss-suburbs-five-fallacies-about-women-and-heart-disease-20160127dto-story.html>

Related Resource: CDC

[http://www.cdc.gov/dhdsdp/data\\_statistics/fact\\_sheets/fs\\_women\\_heart.htm](http://www.cdc.gov/dhdsdp/data_statistics/fact_sheets/fs_women_heart.htm)

### **Barbie's new body: curvy, tall and petite**

<http://www.cnn.com/2016/01/28/living/barbie-new-body-feat/index.html>

Related Resource: 5 Ways to Promote a Positive Body Image for Kids

<http://www.eatright.org/resource/health/weight-loss/your-health-and-your-weight/promoting-positive-body-image-in-kids>

### **CMS OKs telehealth for face-to-face Medicaid visits**

(Thorough guidelines on telehealth from CMS, it added, are forthcoming)

<http://www.mobihealthnews.com/content/cms-oks-telehealth-face-face-medicaid-visits>

Related Resources: Telehealth

<https://www.eatrightpro.org/resource/practice/getting-paid/emerging-health-care-delivery-and-payment/telehealth>

Who Pays for Nutrition Services

<http://www.eatrightpro.org/resources/practice/getting-paid/who-pays-for-nutrition-services>

### **MedlinePlus: Latest Health News**

-Face-to-Face Still Trumps Texts for Social Closeness, Studies Find

In-person communication better at conveying emotions, and helps preteens read nonverbal cues, researchers say

-FDA Warns of Lead Poisoning Risk From Cosmetic Clay

Agency tells users of Bentonite Me Baby to stop using product, get checked by their doctor

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

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In the subject line type unsubscribe.

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4539. RE: Speaker at 2016 IFT Annual Conference

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Feb 01, 2016 10:59:34  
**Subject:** RE: Speaker at 2016 IFT Annual Conference  
**Attachment:** [image002.jpg](#)

---

Hi Donna –

How exciting! I think you are clear; the Board retreat is scheduled for July 9-11 in Charleston, SC and there are not any other Board events currently scheduled for July.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Monday, February 01, 2016 9:21 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Fw: Speaker at 2016 IFT Annual Conference

Joan, Dr. Uruakpa has invited me to present at the IFT conference in Chicago this July. Please see her email below. I told her I would have to ask you all if there was anything on the BOD

schedule that would interfere with this meeting. I told her that "if" I were to be elected President-elect that the Academy meetings would be my first priority. I told her I would try and get some guidance from you today. She did say they would pay my way to go. I know you are like me and getting ready for the Candidate Forum, but I thought I would reach out to see what your thoughts were?

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Uruakpa-Nweke, Florence O <FUruakpaNweke@MissouriState.edu>

**Sent:** Friday, January 29, 2016 6:20 PM

**To:** Donna Martin

**Subject:** Speaker at 2016 IFT Annual Conference

Dear Ms. Martin,

Allow me to introduce myself; my name is Florence Uruakpa and I met you at Buffalo NY at the CDR/AND certificate of training in childhood and adolescent weight management program held Sept 10-12, 2015. You were one of the speakers at the session (you presented on Day 3. You were the last speaker).

Also, we met at the airport when we were leaving Buffalo.

I am writing to ask if you'll find time (in your very busy schedule) to speak at one of the Symposia at the 2016 IFT Annual Meeting and Food Expo to be held in Chicago, IL in July 16-19, 2016.

I am the Chair of one of IFT's conference Symposia, and I'd like to invite you to speak at the symposium on "Obesity/weight management". It will be an honor to have you as a speaker for that symposium.

I have already submitted the proposal and preliminary update on the submitted proposal from IFT shows that it will be approved. I will know the status of the proposal by next week. If you'll be interested in serving as one of the speakers, I'll need more details on your accomplishments to include in my revised proposal to be submitted in 3 days (I'm assuming you'll be willing to accept my invitation to give a talk at the session).

Kindly respond back to me by Sunday Jan 31, 2016.

I look forward to hearing from you at your earliest convenience.

Regards,

Dr. Florence Uruakpa, PhD, RD/LD  
Dept. of Biomedical Sciences, Prof 439  
Missouri State University  
901 S. National Avenue  
Springfield, MO 65897  
417-836-8425 (T); 417-836-5588 (F)

336-686-1543 (c)  
FUruakpanweke@missouristate.edu

“Education is not preparation for life, education is life itself – John Dewey ”

## 4540. Help Influence Client Education Materials

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 29, 2016 13:58:46  
**Subject:** Help Influence Client Education Materials  
**Attachment:**

---

Help Influence Client Education Materials

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

The Academy of Nutrition and Dietetics is evaluating our current client education materials. We need your feedback to guide us on topics and formats that would help to support your clients education needs. The survey should not take more than 10 minutes to complete.

Thank you for your input!

**TAKE SURVEY NOW**

Share this mailing with your social network:

This member survey email was sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future member survey emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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4541. Daily News & Journal Review: January 29, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 29, 2016 11:01:59  
**Subject:** Daily News & Journal Review: January 29, 2016  
**Attachment:**

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## Daily News

### From the Academy of Nutrition and Dietetics Knowledge Center

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

### **Meet the Candidates Forums February 1 and 2**

View webinars featuring the Academy's 2016 candidates for president-elect (February 1) and speaker-elect (February 2) and gain insights into their perspectives and views. Each webinar offers 1 CPEU. [Learn More.](#)

### **Chicago dietitians eating plan wins ABCs My Diet Is Better Than Yours**

<http://thrive.suntimes.com/health/chicago-dietitian-eating-plan-wins-abcs-diet-better/>

Source: RDN, Science-Based Nutrition Come Out On Top in Network Reality Show

<http://www.eatrightpro.org/resource/news-center/member-updates/events-and-deadlines/rdn-science-based-nutrition-come-out-on-top-in-network-reality-show>

Related Resources: EAL: Adult Weight Management

<http://www.anddeal.org/topic.cfm?menu=5276>

Meeting the Need for Obesity Treatment: A Toolkit for the RD/PCP Partnership

<http://www.eatrightstore.org/product/2A2A053E-FC9C-4AE6-9D88-7E049745E750>

Certificate of Training in Weight Management Programs

<https://www.cdrnet.org/products/continuing-professional-development-education>

### **Women Who Toss and Turn at Night Face Higher T2D Risk**

#### **Link partially explained by hypertension, BMI, and depression symptoms**

[http://www.medpagetoday.com/Pulmonology/SleepDisorders/55892?xid=nl\\_mpt\\_DHE\\_2016-01-29&eun=g411013d0r](http://www.medpagetoday.com/Pulmonology/SleepDisorders/55892?xid=nl_mpt_DHE_2016-01-29&eun=g411013d0r)

Source: *Diabetologia*

<http://link.springer.com/article/10.1007/s00125-015-3860-9>

### **Review suggests breastfeeding could have multibillion dollar benefit for global economy**

<http://www.foxnews.com/health/2016/01/29/review-suggests-breastfeeding-could-have-multibillion-dollar-benefit-for-global-economy.html>

Source: *The Lancet Breastfeeding Series*



<http://www.thelancet.com/series/breastfeeding>

Related Resource: Promoting and Supporting Breastfeeding

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/promoting-and-supporting-breastfeeding>

### **Why you won't lose weight with exercise alone**

<http://www.sciencedaily.com/releases/2016/01/160128130943.htm>

Source: *Current Biology*

[http://www.cell.com/current-biology/abstract/S0960-9822\(15\)01577-8](http://www.cell.com/current-biology/abstract/S0960-9822(15)01577-8)

### **Per-capita participation in USDAs School Breakfast Program grew from 2009 to 2014 in almost all States**

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=56580&ref=collection>

Related Resource: School Breakfast Program

<http://www.ers.usda.gov/topics/food-nutrition-assistance/child-nutrition-programs/school-breakfast-program.aspx>

### **Food Testing Start-Up Looks to Stand Out With a New Wrinkle**

<http://www.nytimes.com/2016/01/28/business/smallbusiness/food-testing-start-up-looks-to-stand-out-with-a-new-wrinkle.html>

### **11 Meal kit delivery companies carving out space in booming category**

<http://www.foodnavigator-usa.com/Manufacturers/11-meal-kit-delivery-companies-carving-out-space-in-booming-category>

## **Journal Review**

### ***Journal of the Academy of Nutrition and Dietetics*, January 28, 2016, Online First**

<http://www.andjrnl.org/inpress>

-Utilization of a Nutrition Support Algorithm Reduces Unnecessary Parenteral Nutrition Use in Pediatric Oncology Inpatients

### ***American Journal of Epidemiology*, January 27, 2016, Online First**

<http://aje.oxfordjournals.org/content/early/recent>

-Body Size, Metabolic Factors, and Risk of Endometrial Cancer in Black Women

### ***Annals of Nutrition and Metabolism*, January 27, 2016, Online First**

<http://www.karger.com/Journal/Issue/271380>

-Effect of Antiepileptic Therapy on Serum 25(OH)D3 and 24,25(OH)2D3 Levels in Epileptic Children

***Clinical Nutrition, January 21-29, 2016, Online First***

<http://www.sciencedirect.com/science/journal/aip/02615614>

- Energy-restricted, high-protein diets more effectively impact cardiometabolic profile in overweight and obese women than lower-protein diets
- Resting energy expenditure in adult patients with Crohn's disease
- Structured triglycerides versus physical mixtures of medium- and long-chain triglycerides for parenteral nutrition in surgical or critically ill adult patients: Systematic review and meta-analysis

***Food Technology Magazine, January 2016***

<http://www.ift.org/food-technology/current-issue.aspx>

- What, When, and Where America Eats
- Formulating for Clean Label Products

***International Journal of Behavioral Nutrition and Physical Activity, January 21-25, 2016, Online First***

<http://www.ijbnpa.org/content>

- Fruit and vegetable consumption and all-cause mortality: evidence from a large Australian cohort study
- Effectiveness of a universal parental support programme to promote health behaviours and prevent overweight and obesity in 6-year-old children in disadvantaged areas, the Healthy School Start Study II, a cluster-randomised controlled trial

***Journal of Human Nutrition and Dietetics, January 18-20, 2016, Online First***

[http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1365-277X/earlyview](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1365-277X/earlyview)

- The nutrition care needs of patients newly diagnosed with type 2 diabetes: informing dietetic practice
- The challenges of vitamin and mineral supplementation in children with inherited metabolic disorders: a prospective trial

***Journal of Womens Health, January 28, 2016, Online First***

<http://online.liebertpub.com/toc/jwh/0/0>

- High Cardiorespiratory Fitness Is Associated with Reduced Risk of Low Bone Density in Postmenopausal Women

***Lancet, January 30, 2016***

<http://www.thelancet.com/journals/lancet/issue/current>

- Effects of intensive blood pressure lowering on cardiovascular and renal outcomes: updated systematic review and meta-analysis
- Breastfeeding in the 21st century: epidemiology, mechanisms, and lifelong effect

***Nutrition Research, February 2016***

<http://www.sciencedirect.com/science/journal/02715317/36/2>

- Metabolic vitamin B12 deficiency: a missed opportunity to prevent dementia and stroke
- Relationship between vitamin D status and vascular complications in patients with type 2 diabetes mellitus

***Public Health Nutrition, January 19-22, 2016, Online First***

<http://journals.cambridge.org/action/displayJournal?jid=PHN>

- Public perceptions of cooking and the implications for cooking behaviour in the USA
- Reciprocal relationship between unhealthy eating behaviours and depressive symptoms from childhood to adolescence: 10-year follow-up of the Child and Adolescent Behaviors in Long-Term Evolution study

**Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

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In the subject line type unsubscribe.

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4542. FW: Feb 27-28 Board Meeting

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Mary C. Wolski <MWolski@eatright.org>, Darchele Erskine  
<derskine@eatright.org>  
**Sent Date:** Jan 29, 2016 10:16:37  
**Subject:** FW: Feb 27-28 Board Meeting  
**Attachment:** [image003.jpg](#)

---

Hi Donna –

We will be pleased to cancel your flight for you and place it in the pool for reissue. Thank and let us know if you need anything else!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
[www.eatright.org](http://www.eatright.org)

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Friday, January 29, 2016 9:12 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Feb 27-28 Board Meeting

Joan, Happy Friday!!! I did make flight arrangements for the Feb 27-28 board meeting. That is the Treasurer coming out in me! Do I need to cancel them or do you handle that?

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

4543. Automatic reply: Feb 27-28 Board Meeting

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 29, 2016 10:13:09  
**Subject:** Automatic reply: Feb 27-28 Board Meeting  
**Attachment:**

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Thank you for your message. I am out of the office and will return Monday, February 1. I will be checking emails intermittently and will respond to all requests upon my return. For immediate assistance please contact Darchele Erskine at derskine@eatright.org or 312-899-4750.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

## 4544. RDN Wins ABC's My Diet is Better Than Yours Show!

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Jan 29, 2016 01:05:03  
**Subject:** RDN Wins ABC's My Diet is Better Than Yours Show!  
**Attachment:** [Picture \(Device Independent Bitmap\) 1.jpg](#)

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**Happy to share this great news ... RDN, Science-Based Nutrition Come Out On Top in National Network Reality Show *My Diet is Better Than Yours***

The ABC Television Network's reality series "My Diet Is Better Than Yours" concluded this evening with resounding triumph for smart, science-based nutrition and healthful lifestyle changes. Registered dietitian nutritionist and former Academy Spokesperson Dawn Jackson Blatner joined 37-year-old Jasmin to compete against four teams for a \$50,000 cash prize, \$20,000 in free groceries and a feature article in *People Magazine*. After eight episodes of mini-challenges, weigh-ins and details of each weight loss and fitness plan — all leading up to a half-marathon race and final weigh-in — Jasmin emerged victorious on Blatner's "Superfood Swap Diet."

"I met this woman, and she was a confident, beautiful woman," said Blatner in the season finale. "Over these 14 weeks, I have seen emerge an even more confident, more beautiful woman. Someone who just shines when she walks into a room."

A private practice RDN based in Chicago, Blatner leads cooking workshops, writes for several national publications and is author of *Counseling Overweight Adults: The Lifestyle Patterns Approach and Toolkit* (American Dietetic Association 2009) and *The Flexitarian Diet* (McGraw Hill

2009).

"From the very first day, [Jasmin] has been doing this on her own with just me cheering her on," said Blatner, whose nutrition plan was the only one based on simple ingredient substitutions without fasting or elimination dieting. "The Superfood Swap is the plan to beat because it literally is the most realistic plan to do for life."

While Blatner is not the first RDN to appear on a reality television show, she is the first former Academy media spokesperson (serving 2002 to 2011) to star in such a show and the only registered dietitian nutritionist to compete on "My Diet Is Better Than Yours." Her contestant Jasmin, who is described as having high cholesterol and prediabetes at the beginning of the season, won the most milestone challenges (including the final half-marathon race at 2:48:06), reduced her body fat by 26.5 percent, lost 10 inches in her waist circumference and, according to the show, lowered her cholesterol, blood sugar and blood pressure to "perfect" levels.

We promoted Dawn's appearance on the show on our social media PRO channels. This evening, RDNs took to Twitter and Facebook to congratulate Dawn for a job well done. We will include this information in tomorrow's Daily News and promote it on EatRightPRO website.

Please let me know if you have any questions.

**Doris Acosta**

***Chief Communications Officer***

120 S. Riverside Plaza, Suite 2000

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312/899-4822

800/877-1600, ext. 4822

**[www.eatright.org](http://www.eatright.org)**

**[Twitter](#)| [Facebook](#)| [LinkedIn](#)| [YouTube](#)**



## 4545. DFPI Questions

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'JoJo Dantone' <jojo@nutritioned.com>, 'Manju Karkare' <manjukarkare@gmail.com>, 'Hope Barkoukis' <Hope.Barkoukis@case.edu>, 'Helene Kent' <helene@hmkent.com>, 'Lisa Dierks' <lisamnr1@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Dianne Polly' <diannepolly@gmail.com>, 'Jana R Kicklighter' <jkicklighter@gsu.edu>, 'Susan Brantley' <brantley.susan@gmail.com>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 28, 2016 18:47:04  
**Subject:** DFPI Questions  
**Attachment:** [The Academy's sponsorship program.eml](#)

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We have been made aware of a communication you may have received from the Dietitians For Professional Integrity asking for your response to three questions they pose. It is your choice whether to answer these or not. However, please note that only four out of the seven individuals who signed the letter are Academy members. As you know, the Academy is hosting a the Meet the Candidates Forums next week. The Candidate Forum webinars provide opportunity to Affiliates, MIGs and DPGs to pose questions. If members of DFPI submit these questions, out of fairness and respect to other webinar participants, the committee would not select all of them. I have attached the letter from Evelyn Crayton sent to all member regarding sponsorship for your reference.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

[www.eatright.org](http://www.eatright.org)

**From:** Jana R Kicklighter [mailto:jkicklighter@gsu.edu]  
**Sent:** Friday, January 22, 2016 11:14 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Question about Campaign Guidelines

Hello Joan,

As you may already know, some of us on the ballot for certain positions have received the request which I have copied below from the Dietitians for Professional Integrity group. From my review of the Academy's Campaign Guidelines, I don't see that their request for our responses to their questions is in conflict with what is allowed, but I wanted to check with you on your perspective just to be sure. Thank you for your consideration of my question.

Jana

Dear Ms. Kicklighter,

With Academy of Nutrition and Dietetics elections a few weeks away, Dietitians For Professional Integrity wants to help increase voter turnout and engage more dietitians in the election process.

As a result, we are sending candidates running for president-elect, director-at-large, House of Delegates speaker-elect, House of Delegates director, and House of Delegates at-large delegate the following three questions that touch on issues that many dietitians consider highly important.

If and when received, we will publish responses on our public Facebook page ([www.facebook.com/DietitiansForProfessionalIntegrity](http://www.facebook.com/DietitiansForProfessionalIntegrity)).  
Dietitians for Professional Integrity - facebook.com

[www.facebook.com](http://www.facebook.com)

Dietitians for Professional Integrity. 15,900 likes · 382 talking about this. Advancing the dietetic profession and credential through advocating for...

In order to help dietitians make informed voting decisions, we would appreciate a response to the questions posed below no later than February 5, 2016, though answers are welcomed after the

date as well.

- 1) Some AND partners/sponsors primarily profit from products that contradict our mission and vision of improving the nation's health. What are your thoughts on this conflict?
- 2) Some AND partners/sponsors actively lobby against public health initiatives. How do you reconcile this with their public proclamations to be part of the solution?
- 3) Health experts agree that the 2015 Dietary Guidelines are vague, and that the American public would benefit from more forceful messaging (i.e.: "limit sugary drinks", "eat less red and processed meat", "cut back on processed and junk food"). With that in mind, would you suggest AND revise its 'total diet approach' position paper?

We appreciate your time and cooperation in advance.

Sincerely,

Dietitians For Professional Integrity Core Team

Frances Arnold, RDN  
Andy Bellatti, MS, RD  
Denise Garbinski, MBA, RD  
Jess Kolko, RD  
Elizabeth Lee, MS, RD  
Matt Ruscigno, MPH, RD  
David Wiss, MS, RD

**Dietitians For Professional Integrity (DFPI)**

*Visit us at* [Integritydietitians.org](http://Integritydietitians.org)

*Facebook:* [www.facebook.com/DietitiansForProfessionalIntegrity](https://www.facebook.com/DietitiansForProfessionalIntegrity)

*Twitter:* @IntegrityRDs

## 4546. 2015 Annual Report

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'craytef@charter.net' <craytef@charter.net>, 'craytef@aces.edu' <craytef@aces.edu>, 'evelyncrayton64@gmail.com' <evelyncrayton64@gmail.com>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'Denice Ferko-Adams' <deniceferkoadams@gmail.com>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>, 'Carl Barnes' <carl@learntoeatright.com>, 'Constance Geiger' <constancegeiger@cgeiger.net>, 'Eileen Kennedy' <eileen.kennedy@tufts.edu>, 'Terri Raymond' <tjraymond@aol.com>, 'Kathy Wilson-Gold' <kathywilsongoldrd@gmail.com>, 'Maha Tahiri' <Maha.Tahiri@genmills.com>, 'Sylvia Escott-Stump' <ESCOTTSTUMPS@ecu.edu>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Susan Burns <Sburns@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 28, 2016 15:06:07  
**Subject:** 2015 Annual Report  
**Attachment:** [image002.jpg](#)  
[2015 Annual Report.pdf](#)

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Attached is the *Academy of Nutrition and Dietetics/Foundation Fiscal Year 2015 Annual Report*. The report will be posted on the Academy's website and linked to the Commitment to Transparency page later today.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

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Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

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4547. ACH Check deposit notification

**From:** eortiz@eatright.org  
**To:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 28, 2016 12:52:09  
**Subject:** ACH Check deposit notification  
**Attachment:** [report-1\\_2016-01-28\\_11-50\\_6199100\\_c6887a7c-9ded-4d4b-a1e5-191b51883000.pdf](#)

---

See attached file

4548. Daily News: Thursday, January 28, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 28, 2016 11:18:03  
**Subject:** Daily News: Thursday, January 28, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**March is National Nutrition Month®!** New NNM brochure, Build a Healthy Plate, with 2015-2020 Dietary Guidelines recommendations is now available in the NNM online catalog. Visit <https://www.jimcolemanstore.com/nnm/> to view the NNM online catalog and [www.eatright.org/nnm](http://www.eatright.org/nnm) for additional resources.

## **Effectiveness of a Hospital-Based Multidisciplinary Pediatric Weight Management Program: Two-Year Outcomes of PHIT Kids**

<http://www.ncbi.nlm.nih.gov/pubmed/26790094>

Source: *Childhood Obesity*

<http://online.liebertpub.com/doi/abs/10.1089/chi.2014.0119>

Related Resource: EAL- Pediatric Weight Management

<http://www.anddeal.org/topic.cfm?menu=5296>

## **Obama to Seek \$12 B from Congress for Child Nutrition**

[https://www.washingtonpost.com/politics/congress/obama-to-seek-12b-from-congress-for-child-nutrition/2016/01/27/6d34be32-c50c-11e5-b933-31c93021392a\\_story.html](https://www.washingtonpost.com/politics/congress/obama-to-seek-12b-from-congress-for-child-nutrition/2016/01/27/6d34be32-c50c-11e5-b933-31c93021392a_story.html)

Related Resource: School Age Students

<http://www.eatrightpro.org/resources/advocacy/lifecycle-nutrition/school-age-students>

## **Vitamin D Pills in Pregnancy Fail to Reduce Kids' Respiratory Risk**

[http://www.medpagetoday.com/Pediatrics/Asthma/55882?xid=nl\\_mpt\\_DHE\\_2016-01-28&eun=g411013d0r](http://www.medpagetoday.com/Pediatrics/Asthma/55882?xid=nl_mpt_DHE_2016-01-28&eun=g411013d0r)

Source: *JAMA* (2 articles)

<http://jama.jamanetwork.com/article.aspx?articleid=2484338>

<http://jama.jamanetwork.com/article.aspx?articleid=2484339>

### **Eating Certain Fruits, Veggies May Help a Bit With Weight Control**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/weight-gain-health-news-702/eating-certain-fruits-veggies-may-help-with-weight-control-707427.html>

Source: *BMJ*

<http://www.bmj.com/content/352/bmj.i17>

### **Losing fat while gaining muscle: Scientists close in on 'holy grail' of diet and exercise**

<http://www.sciencedaily.com/releases/2016/01/160127132741.htm>

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/early/2016/01/26/ajcn.115.119339>

### **WHO: Zika virus spreading explosively, level of alarm extremely high**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/01/28/zika-virus-who-announces-formation-of-emergency-committee-level-of-alarm-extremely-high/>

Source: WHO

<http://www.who.int/mediacentre/news/statements/2016/emergency-committee-zika/en/>

### **Want to feel better? Move to Hawaii, Alaska**

<http://www.foxnews.com/health/2016/01/28/want-to-feel-better-move-to-hawaii-alaska.html>

Source: Gallup-Healthways Well-Being Index

<http://www.well-beingindex.com/hawaii-reclaims-top-spot-in-u.s.-well-being>

### **Navy 'Go For Green' program aims for healthier sailors**

<http://www.13newsnow.com/story/news/military/2016/01/26/navy-go-green-program/79371278/>

### **Find Out What Happens When You 'Hit the Wall'**

<http://abcnews.go.com/Health/find-hit-wall/story?id=36555865>

### **What does health and wellness mean to US consumers?**

<http://www.foodnavigator-usa.com/Markets/Sloan-Trends-asks-what-does-health-wellness-mean-to-consumers>

### **Natural & Organic Health Association drops plan for natural seal**

<http://www.foodnavigator-usa.com/Manufacturers/Natural-Organic-Health-Association-drops-plans-for-natural-seal>

### **PepsiCo rolling out gluten-free Quaker oatmeal across US retail**

<http://www.foodnavigator-usa.com/Manufacturers/PepsiCo-rolling-out-gluten-free-Quaker-oatmeal-across-US-retail>

### **Which type of salmon contains the most nutrients?**

<http://www.theglobeandmail.com/life/health-and-fitness/health/which-type-of-salmon-contains-the->



most-nutrients/article28376378/

### **The latest innovation from the home of sushi: Chocolate french fries**

<https://www.washingtonpost.com/news/worldviews/wp/2016/01/28/the-latest-innovation-from-the-home-of-sushi-chocolate-french-fries/>

### **ClinicalTrials.gov**

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

#### **-Canola-Mediterranean Diet Study in T2DM**

<https://clinicaltrials.gov/ct2/show/NCT02245399?term=diet&rank=3>

### **MedlinePlus: Latest Health News**

-CDC Broadens Zika Virus Travel Alert for Pregnant Women

-HIV Can Persist in Body Despite Drug Therapy

-Seniors Need to Take Extra Care in the Cold

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

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## 4549. Polls Open February 1

**From:** Academy of Nutrition and Dietetics <elections@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 28, 2016 10:37:56  
**Subject:** Polls Open February 1  
**Attachment:**

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Polls Open February 1

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Connect with the Academy:

Help shape the future of the  
Academy of Nutrition and Dietetics

Exercise your member privilege to vote and help shape the future of the Academy. Participate in the 2016 Academy national election February 1 to February 22, 2016 at [www.eatrightPRO.org/elections](http://www.eatrightPRO.org/elections).

President-elect Candidates

### **Donna Martin, EdS, RDN, LD, SNS, FAND**

Are you as excited and proud to be a member of the Academy as I am? I just get so fired up when I see where we can go when we work together. I hope you can see the vision I see, where we get increased medical reimbursement for dietitians, more recognition as the go-to professionals for information on nutrition, more dietetic programs for the increased demand there will be for dietitians, more dietitians getting involved in the legislative process, an increase in evidence-based nutrition related research and educating members about the relationship between agriculture, food and nutrition. What is your vision for the Academy? I would love to hear it and if elected your President-elect, I promise to help make your vision become a reality. Lets build on the success of the past 100 years and develop a bold vision for the next 100 years!

### **Nancy Lewis, PhD, RDN, FAND**

A primary focus of my campaign is connecting members internally and externally. While working my way through college, I learned the necessity of multitasking and staying on target to make the most of every minute. My career has included challenging and fulfilling experiences in clinical and community nutrition, and later as a university faculty member in teaching and research. Our profession is changing significantly, and we continue to have challenges to address. Every member has much to contribute to the direction of our organization as we work in new and exciting

areas of nutrition and dietetics. Together, we can provide the best evidence-based nutrition care, effective nutrition communications and promote meaningful behavior change to support a healthy nation. I believe my years of leadership experience in the Academy have prepared me to serve as President-elect. Please vote in the upcoming elections.

To learn more about the candidates, visit [www.eatright.org/elections](http://www.eatright.org/elections).

### **Join us for the Meet the Candidates Forums February 1 and 2**

View webinars featuring the Academy's 2016 candidates for president-elect (February 1) and speaker-elect (February 2) and gain insights into their perspectives and views. Each webinar offers 1 CPEU. [Learn More](#).

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4550. Eat Right Weekly - January 27, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 27, 2016 15:42:50  
**Subject:** Eat Right Weekly - January 27, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that effects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

January 27, 2016

Quick Links: [On the Pulse of Public Policy](#) | [CPE Corner](#) | [Career Resources](#) | [Research Briefs](#)  
[Academy Member Updates](#) | [Philanthropy, Awards and Grants](#)

## ON THE PULSE OF PUBLIC POLICY

### Obesity Care Providers Examine Obesity Quality Measures

Representatives of the Academy met recently with stakeholders, provider and advocacy groups at the Danish Embassy in Washington, D.C., to examine existing and proposed quality measures for obesity care and to identify gaps. Development and adoption of process and performance measures is a critical part of future alternative payment models; the groups at the meeting agreed to continue working together on this project.

### Academy Meets with NIDDK on Research Activities

The Academy joined with 30 organizations to meet with Griffin P. Rodgers, MD, MACP, director of the National Institute of Diabetes and Digestive and Kidney Diseases, and several NIDDK division directors to discuss current and potential research activities. The Academy is a member of Friends of NIDDK, a coalition that supports the Institutes mission, funding and research.

[Learn More](#)

### 'Local Foods, Local Places' Grants to Revitalize Communities by Growing Local Food Economies

The Obama Administration announced a partnership with federal agencies including the Department of Agriculture and the Centers for Disease Control and Prevention to expand the "Local Foods, Local Places" initiative. Enhancements to the program will empower 27 communities in 22 states to increase access to healthy food options through assistance from experts, who will help identify opportunities, set reachable goals and plan for implementation.

[Learn More](#)

## CPE CORNER

### Kids Eat Right Recorded Webinar

Earn 1 free CPEU by viewing the one-hour Kids Eat Right webinar. Learn about the many resources available to members, including toolkits and how you can get involved with Kids Eat Right.

[Learn More](#)

### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

## Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

## Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa., and June 10 to 12 in Salt Lake City, Utah.

[Learn More](#)

## Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

## CAREER RESOURCES

### February 11 Webinar: Hand Hygiene Best Practices

The Partnership for Food Safety Education will host a February 11 webinar on the effects of hand hygiene interventions. Attendees will learn about foodborne disease outbreaks where improper hand washing was a factor and the availability of free consumer education tools. The Academy is on the Partnership's board of directors.

[Learn More](#)

### February 23 Webinar: 'How to Integrate RDN Services in the New Primary Care'

Payment models are rapidly changing in health care and require a team of professionals working collaboratively within the primary care practice. This free February 23 webinar will describe new payment models and discuss the opportunities to integrate registered dietitian nutritionists and nutrition counseling into primary care practices.

[Learn More](#)

### March 1 Deadline: Nominate a Colleague for an Award

Nominate deserving colleagues for prestigious Academy National Honors and Awards. Recipients will be announced in May and will be recognized at the 2016 Food & Nutrition Conference & Expo. The submission deadline is March 1.

[Learn More](#)

### March 14 IOM Workshop: Nutrition Care in Outpatient Oncology

The Institute of Medicine's planning committee on Assessing Nutrition Care in Outpatient Oncology will host a workshop on March 14 in Washington, D.C., focusing on connections between nutritional care, cancer and health outcomes. The Academy is a sponsor of the

workshop; registration information will be available soon.

[Learn More](#)

#### Updated Toolkit: RDNs in the New Primary Care

"RDNs in the *New Primary Care: A Toolkit for Successful Integration*" is a how-to guide that helps registered dietitian nutritionists create or broaden the role of the RDN in team-based care in new models of health care delivery within the primary care setting, such as Patient Centered Medical Homes.

[Learn More](#)

#### New Prediabetes Resource from CDC

The Centers for Disease Control and Prevention, American Medical Association, American Diabetes Association and the Ad Council released a national prediabetes public service advertising campaign to assist the 86 million people with prediabetes and help them determine their risk level. Academy members are an excellent resource for helping people manage prediabetes.

[Learn More](#)

#### Begin Your Path to Professional Leadership: Become a Student Liaison

Students: Apply to represent your dietetics program by signing up as a Student Liaison for the 2015-2016 membership year.

[Learn More](#)

#### Home Food Safety Blog: The Cutting Board

The Cutting Board blog is a valuable feature of the joint Academy/ConAgra Foods Home Food Safety program. The blog inspires readers to get in the kitchen and create healthful, safe and delicious meals. Share blog posts with clients, friends and family or online through social media.

[Learn More](#)

#### eNCPT Student Guide

Now available for educators, the eNCPT Student Companion Guide is a comprehensive student companion to the electronic Nutrition Care Process Terminology that guides, challenges and tests students on each step of the NCP. An Instructor's Solutions Manual is also available to NDEP members.

#### Updated Terminology and Modules: Subscribe to eNCPT

Purchase the eNCPT, now with updated terminology and modules, to access the most current and up-to-date terms for nutrition care and comply with the Department of Health and Human Services' mandate that clinical terminologies in EHR systems must be in SNOMED and LOINC.

[Learn More](#)

## RESEARCH BRIEFS

### New Evidence: Nutrition Interventions

More evidence demonstrating the effect of nutrition interventions has been published in *Clinical Nutrition*.

[Learn More](#)

### Dietetic Outcomes Registry

Use your data to help your profession. Access the Dietetic Outcomes Registry today and start entering your data.

[Learn More](#)

### RDNs' Research Accomplishments

Research dietitians are making many scientific contributions through the Dietetics Practice-Based Research Network.

[Learn More](#)

## ACADEMY MEMBER UPDATES

### February 1 and 2: Meet the Candidates Webinars

View webinars featuring the Academy's 2016 candidates for president-elect (February 1) and speaker-elect (February 2) and gain insights into their perspectives and views. Each webinar offers 1 CPEU.

[Learn More](#)

### February 4 Deadline: Council on Future Practice Nominations

The Council on Future Practice is accepting nominations through February 4 for three positions for the 2016-2017 program year. Members may nominate themselves or a colleague by emailing [hod@eatright.org](mailto:hod@eatright.org).

[Learn More](#)

### February 19 Deadline: Abstracts for Innovations in Practice and Education

The Council on Future Practice is accepting abstracts for the annual Innovations in Dietetics Practice and Education session at the 2016 Food & Nutrition Conference & Expo. The deadline to submit abstracts is February 19.

[Learn More](#)

### Spread the Word: 'Savor the Flavor'

Help promote National Nutrition Month and its theme *Savor the Flavor of Eating Right* with ready-to-use promotional materials from the Academy.

[Learn More](#)



## Social Media Membership Promotion Winner

Student member Kalee Choiniere was chosen from a group of members who participated in the Academy's fall social media membership promotion to receive a free membership for the 2016-2017 year. Thanks to all participants in the promotion.

## PHILANTHROPY, AWARDS AND GRANTS

### February 1 Deadline: Ruby P. Puckett/Elizabeth Frakes Food Management Continuing Education Award

Two awards - of up to \$2,000 each - assist qualified professionals' attendance at the Academy's Food and Nutrition Conference & Expo or another conference related to food and nutrition management. The application deadline is February 1.

[Learn More](#)

### February 1 Deadline: Marianne Smith Edge Award

This \$1,000 award provides financial support to registered dietitian nutritionists who have been in practice fewer than 10 years to obtain leadership training and development. The application deadline is February 1.

[Learn More](#)

### February 1 Deadline: First International Nutritionist/Dietitian Fellowship for Study in the USA

This \$2,200 award assists foreign nationals who are pursuing postgraduate work in the United States and have a clearly articulated plan to return to their country. The application deadline is February 1.

[Learn More](#)

### February 1 Deadline: Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

This fund provides up to two \$1,100 awards for essays describing new approaches, including the application of technology, to feed the hungry by maximizing underutilized food resources or through a fresh produce program reducing food wastage. The deadline to submit essays is February 1. Email Amy Donatell for more information.

[Learn More](#)

### February 1 Deadline: Apply for Foundation Awards

The Foundation offers continuing education, international and program development awards. The application deadline is February 1.

[Learn More](#)

### March 18 Deadline: Apply for Foundation Scholarships

The Foundation is committed to providing scholarships to dietetics students at all levels of study.

Scholarships are funded by individuals, affiliates, dietetic practice groups and Academy partners including Colgate-Palmolive Company, Commission on Dietetic Registration, ConAgra Foods, ILSI North America and Mead Johnson Nutrition. The online scholarship application is available. The application deadline is March 18. Email [scholarship@eatright.org](mailto:scholarship@eatright.org) with questions.

[Learn More](#)

April 1 Deadline: Apply for Foundation Research Grants

The Foundations named research funds are available annually to Academy members at all levels of practice. Grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

April 1 Deadline: Karen Goldstein Memorial Grant for Diabetes MNT Application

This \$20,000 grant provides financial support to a Diabetes Care and Education DPG member for outcomes research in diabetes medical nutrition therapy. The application deadline is April 1. Email [adonatell@eatright.org](mailto:adonatell@eatright.org) with questions.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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## 4551. UPDATE: Upcoming Board Meetings

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, Margaret Garner (mgarner@ua.edu) <mgarner@ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Jan 27, 2016 14:50:42  
**Subject:** UPDATE: Upcoming Board Meetings  
**Attachment:** [image003.jpg](#)  
[image002.jpg](#)

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Several people have schedule conflicts for the revised dates of the next Board meeting. Please hold off on scheduling your travel. If any of you have booked your flight, we will place your ticket into the pool for reissue. A Doodle poll will be sent early next week to select a meeting date.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** Joan Schwaba

**Sent:** Thursday, January 21, 2016 5:22 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Susan Burns <Sburns@eatright.org>

**Subject:** Upcoming Board Meetings

For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday, February 27 and Sunday, February 28**. The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in Charleston, SC.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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[www.eatright.org](http://www.eatright.org)

4552. REVISED: Updated 2015-2016 Board of Directors List as of 1/27/2016

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** 'Garner, Margaret' <MGarner@cchs.ua.edu>, 'mgarner@ua.edu' <mgarner@ua.edu>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Susan Burns <Sburns@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Joan Schwaba <JSchwaba@eatright.org> dmartin@burke.k12.ga.us  
**Hidden recipients:**  
**Sent Date:** Jan 27, 2016 13:14:57  
**Subject:** REVISED: Updated 2015-2016 Board of Directors List as of 1/27/2016  
**Attachment:** [image006.png](#)  
[image007.jpg](#)  
[image008.jpg](#)  
[image009.jpg](#)  
[image001.jpg](#)  
[2015-16 Board of Directors List 01.27.16\\_Revised.pdf](#)

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Hi Margaret,

Thank you for your email. Everyone...attached please find the revised updated 2015-2016 Board of Directors List reflecting Margaret's requested changes below. Thanks much!

Many thanks,

Darchele

---

**Darchele M. Erskine, MBA**

***Executive Assistant to CEO***

**312/899-4750 | [derskine@eatright.org](mailto:derskine@eatright.org) | [www.eatright.org](http://www.eatright.org)**

**From:** Garner, Margaret [<mailto:MGarner@cchs.ua.edu>]

**Sent:** Wednesday, January 27, 2016 11:47 AM

**To:** Darchele Erskine <[derskine@eatright.org](mailto:derskine@eatright.org)>; 'evelyncrayton64' <[evelyncrayton64@gmail.com](mailto:evelyncrayton64@gmail.com)>; 'craytef@charter.net' <[craytef@charter.net](mailto:craytef@charter.net)>; 'Lucille Beseler' <[lbeseler\\_fnc@bellsouth.net](mailto:lbeseler_fnc@bellsouth.net)>; 'connors@ohsu.edu' <[connors@ohsu.edu](mailto:connors@ohsu.edu)>; 'Kay Wolf' <[Kay\\_Wolf@Columbus.rr.com](mailto:Kay_Wolf@Columbus.rr.com)>; DMartin@Burke.k12.ga.us; "Aida Miles-school" <[miles081@umn.edu](mailto:miles081@umn.edu)>; 'Linda Farr' <[linda.farr@me.com](mailto:linda.farr@me.com)>; 'Elise Smith' <[easaden@aol.com](mailto:easaden@aol.com)>; 'DeniceFenkoAdams@gmail.com' <[DeniceFenkoAdams@gmail.com](mailto:DeniceFenkoAdams@gmail.com)>; 'Michele.D.Lites@kp.org' <[Michele.D.Lites@kp.org](mailto:Michele.D.Lites@kp.org)>; 'michelelites@sbcglobal.net' <[michelelites@sbcglobal.net](mailto:michelelites@sbcglobal.net)>; "Catherine Christie" <[c.christie@unf.edu](mailto:c.christie@unf.edu)>; 'Tracey Bates' <[traceybatesrd@gmail.com](mailto:traceybatesrd@gmail.com)>; 'Tammy.randall@case.edu' <[Tammy.randall@case.edu](mailto:Tammy.randall@case.edu)>; [dwheller@mindspring.com](mailto:dwheller@mindspring.com); 'dwbradley51@gmail.com' <[dwbradley51@gmail.com](mailto:dwbradley51@gmail.com)>; 'steve.miranda44@gmail.com' <[steve.miranda44@gmail.com](mailto:steve.miranda44@gmail.com)>; 'jean.ragalie-carr@dairy.org' <[jean.ragalie-carr@dairy.org](mailto:jean.ragalie-carr@dairy.org)>

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**Subject:** RE: Updated 2015-2016 Board of Directors List as of 1/27/2016

I am sorry Darchele and everyone. Please accept my apologies.

But my titles have changed to those below, where my administrative role is permanent to the Exec Dir and no longer serving as an Asst Dean in the College since they moved Student Health out as a direct report to the Provost.

The fax number has changed to 205-348-8611.

And the address of the Student Health Center &Pharmacy is: 750 5<sup>th</sup> Ave. East, Tuscaloosa, Al 35401

My email will still come to what is there.....but the new one is mgarner@ua.edu and will be preferred in the near future; itis working now..... So I suggest the change.

Margaret

Margaret P. Garner, MS, RDN, LD, CIC, FAND

Executive Director

Student Health Center &Pharmacy

Assoc. Prof. Family Medicine

Director, Health Promotion &Wellness

The University of Alabama

205-348-7960

**From:** Darchele Erskine [mailto:derskine@eatright.org]

**Sent:** Wednesday, January 27, 2016 11:30 AM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@charter.net' <craytef@charter.net>; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu' <connors@ohsu.edu>;



'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Garner, Margaret <MGarner@cchs.ua.edu>;  
DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <  
linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com' <  
DeniceFerkoAdams@gmail.com>; 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>;  
'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>; 'Catherine Christie' <  
c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu' <  
Tammy.randall@case.edu>; dwheller@mindspring.com; 'dwbradley51@gmail.com' <  
dwbradley51@gmail.com>; 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>;  
'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>

**Cc:** Alison Steiber <ASteiber@eatright.org>; Barbara Visocan <BVISOCAN@eatright.org>; Diane  
Enos <denos@eatright.org>; Doris Acosta <dacosta@eatright.org>; Jeanne Blankenship <  
JBlankenship@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>; Katie Brown <  
kbrown@eatright.org>; Mary Beth Whalen <Mwhalen@eatright.org>; Mary Pat Raimondi <  
mraimondi@eatright.org>; Paul Mifsud <PMifsud@eatright.org>; Marsha Schofield <  
mschofield@eatright.org>; Sharon McCauley <smccauley@eatright.org>; Susan Burns <  
Sburns@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Chris Reidy <  
CREIDY@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Updated 2015-2016 Board of Directors List as of 1/27/2016

Hello All,

Attached please find the most updated Board of Directors List as of today's date, 1/27/2016.  
Please note the attached reflects changes for Evelyn, Catherine and Denice's email addresses.  
Thanks much!

Many thanks,

Darchele

---

**Darchele M. Erskine, MBA**

***Executive Assistant to CEO***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4750

**derskine@eatright.org | [www.eatright.org](http://www.eatright.org)**

**Twitter | Facebook| LinkedIn | YouTube**

4553. Updated 2015-2016 Board of Directors List as of 1/27/2016

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Susan Burns <Sburns@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Joan Schwaba <JSchwaba@eatright.org> dmartin@burke.k12.ga.us  
**Hidden recipients:**  
**Sent Date:** Jan 27, 2016 12:31:37  
**Subject:** Updated 2015-2016 Board of Directors List as of 1/27/2016  
**Attachment:** [image002.jpg](#)  
[image004.jpg](#)  
[2015-16 Board of Directors List 01.27.16 .pdf](#)

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Hello All,

Attached please find the most updated Board of Directors List as of today's date, 1/27/2016. Please note the attached reflects changes for Evelyn, Catherine and Denice's email addresses. Thanks much!

Many thanks,

Darchele

---

**Darchele M. Erskine, MBA**

***Executive Assistant to CEO***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4750

**derskine@eatright.org | [www.eatright.org](http://www.eatright.org)**

**Twitter | Facebook | LinkedIn | YouTube**

4554. Daily News & Journal Review: Wednesday, January 27, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 27, 2016 10:52:33  
**Subject:** Daily News & Journal Review: Wednesday, January 27, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

### **1 in 50 16-year-olds affected by chronic fatigue syndrome**

<http://www.sciencedaily.com/releases/2016/01/160125090619.htm>

Source: *Pediatric*

<http://pediatrics.aappublications.org/content/early/2016/01/22/peds.2015-3434>

### **Fiber-Rich Diet May Boost Lung Function**

**Authors note an association with intake of fruits and veggies**

[http://www.medpagetoday.com/Pulmonology/SmokingCOPD/55857?xid=nl\\_mpt\\_DHE\\_2016-01-27&eun=g411013d0r](http://www.medpagetoday.com/Pulmonology/SmokingCOPD/55857?xid=nl_mpt_DHE_2016-01-27&eun=g411013d0r)

Source: *Annals of the American Thoracic Society*

<http://www.atsjournals.org/doi/abs/10.1513/AnnalsATS.201509-609OC#.VqjRRvkrKUI>

### **Eating Behavior Is Common Dementia Sign**

**Marked hyperphagia is valuable diagnostic marker**

[http://www.medpagetoday.com/Neurology/Dementia/55853?xid=nl\\_mpt\\_DHE\\_2016-01-27&eun=g411013d0r](http://www.medpagetoday.com/Neurology/Dementia/55853?xid=nl_mpt_DHE_2016-01-27&eun=g411013d0r)

Source: *JAMA Neurology*

<http://archneur.jamanetwork.com/article.aspx?articleid=2484444>

### **Caffeine Doesn't Give You Heart Palpitations, Study Finds**

<http://www.nbcnews.com/health/heart-health/caffeine-doesn-t-give-you-heart-palpitations-study-finds-n504741>

Source: *Journal of the American Heart Association*

<http://jaha.ahajournals.org/content/5/1/e002503.abstract>

### **Analysis of VA patients find dialysis timing can be complex**

[http://www.medpagetoday.com/Nephrology/GeneralNephrology/55859?xid=nl\\_mpt\\_DHE\\_2016-](http://www.medpagetoday.com/Nephrology/GeneralNephrology/55859?xid=nl_mpt_DHE_2016-)

01-27&eun=g411013d0r

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=2484292>

### **More shoppers buying 'natural' food, yet most don't know what it means**

<http://www.usatoday.com/story/money/2016/01/27/most-shoppers-dont-understand-natural-food-labels/79346088/>

Source: *Consumer Reports*

<http://www.consumerreports.org/food-safety/peeling-back-the-natural-food-label>

Related Resource: FDA

<http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/LabelingNutrition/ucm456090.htm>

### **Approval of IBS claims in Canada to help Taiyo further differentiate Sunfiber ingredient**

<http://www.foodnavigator-usa.com/Regulation/Approval-of-IBS-claims-in-Canada-to-help-Taiyo-further-differentiate-Sunfiber-ingredient>

### **Greasy Super Bowl food will wreak havoc on your 50-yard line**

<http://www.nydailynews.com/life-style/health/greasy-super-bowl-food-wreak-havoc-50-yard-line-article-1.2510377>

### **Second teen dies after drinking racing fuel mixed with Mountain Dew (Dewshine)**

<http://www.usatoday.com/story/news/nation-now/2016/01/26/second-teen-dies-after-drinking-racing-fuel-mixed-mountain-dew/79378566/>

### **Mexican Cucumbers Fuel Salmonella Poona Outbreak**

<http://www.foodsafetynews.com/2016/01/mexican-cucumbers-fuel-salmonella-poona-outbreak/#.VqjeXPkrKUK>

Source: CDC

<http://www.cdc.gov/salmonella/poona-09-15/>

### **MedlinePlus: Latest Health News**

-Depression Screening Should Include All Pregnant, Postpartum Women: Panel

-Parents Often Ill-Informed About Food-Allergy Emergencies

-Schools Must Do More to Combat Obesity Among Hispanic Kids

-Obstetricians' Group Urges Docs to Help Support Breast-Feeding

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

### **Journal Review**

#### ***Journal of the Academy of Nutrition and Dietetics*, February 2016**

<http://www.andjrnl.org/current>

- Presidents Page: Decide the Academys Future: Vote
- Coming Together to Communicate the 2015-2020 Dietary Guidelines for Americans
- Low-Fat Dietary Pattern Intervention and Health-Related Quality of Life: The Womens Health Initiative Randomized Controlled Dietary Modification Trial
- Academy of Nutrition and Dietetics Methodology for Conducting Systematic Reviews for the Evidence Analysis Library
- Question of the Month: Is Dietary Fiber Considered an Essential Nutrient?

***American Journal of Lifestyle Medicine, January 22, 2016, Online First***

<http://ajl.sagepub.com/content/early/recent>

- Impact of a University-Community Partnership Approach to Improving Health Behaviors and Outcomes Among Overweight/Obese Hispanic Adults

***Breastfeeding Medicine, January/February 2016***

<http://online.liebertpub.com/toc/bfm/11/1>

- The Impact of Mailed Samples of Infant Formula on Breastfeeding Rates

***Clinical Pediatrics, January 24, 2016, Online First***

<http://cpj.sagepub.com/content/early/recent>

- Obesity as a Risk Factor for Urinary Tract Infection in Children

***JAMA, January 26, 2016***

<http://jama.jamanetwork.com/issue.aspx>

- Effect of Prenatal Supplementation With Vitamin D on Asthma or Recurrent Wheezing in Offspring by Age 3 Years: The VDAART Randomized Clinical Trial
- Screening for Depression in Adults: US Preventive Services Task Force Recommendation Statement

***JAMA Internal Medicine, January 26, 2016, Online First***

<http://archinte.jamanetwork.com/onlineFirst.aspx>

- Timing of Initiation of Maintenance Dialysis: A Qualitative Analysis of the Electronic Medical Records of a National Cohort of Patients From the Department of Veterans Affairs

***Journal of the Intensive Care Society, February 2016***

<http://inc.sagepub.com/content/17/1.toc>

- Optimising enteral nutrition in critically ill patients by reducing fasting times
- Correspondence: An unmet need: Feeding for critically ill vegans

***New England Journal of Medicine, January 21, 2016***

<http://www.nejm.org/toc/nejm/medical-journal>

- Postmenopausal Osteoporosis

***Nutrition &Diabetes, January 25, 2016***

<http://www.nature.com/nutd/journal/v6/n1/index.html>

-A systematic comparison of sugar content in low-fat vs regular versions of food

***Nutrition Journal, January 22-27, 2016, Online First***

<https://nutritionj.biomedcentral.com/articles>

-Association between probiotic and yogurt consumption and kidney disease: insights from NHANES

-Whole grain consumption trends and associations with body weight measures in the United States: results from the cross sectional National Health and Nutrition Examination Survey 20012012

**Quote of the Week**

**Believe you can and you're halfway there.**

**-Theodore Roosevelt**

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To unsubscribe from the Daily News send an email to [knowledge@eatright.org](mailto:knowledge@eatright.org)

In the subject line type unsubscribe.

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4555. RE: All Member Blast Campaign Email #3

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 26, 2016 18:06:55  
**Subject:** RE: All Member Blast Campaign Email #3  
**Attachment:** [image003.jpg](#)  
[image004.jpg](#)  
[image005.jpg](#)

---

We are here for you;)

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 26, 2016 5:01 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: All Member Blast Campaign Email #3

All I need is your phone number and email address. You are my security blanket for all things Academy! Would not have thought about doing all this without your support! XOXO  
Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Tuesday, January 26, 2016 5:57 PM

**To:** Donna Martin

**Subject:** RE: All Member Blast Campaign Email #3

Thank you. It is YOU who amazes me! Please let me know if you need anything.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** DMartin@Burke.k12.ga.us

**Sent:** Tuesday, January 26, 2016 4:56 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: All Member Blast Campaign Email #3

Joan, here is Eblast #3! I continue to be amazed at all you have to do!

**Are you as excited and proud to be a member of the Academy as I am? I just get so fired up when I see where we can go when we work together. I hope you can see the vision I see, where we get increased medical reimbursement for dietitians, more recognition as the “go to professionals” for information on nutrition, more dietetic programs for the increased demand there will be for dietitians, more dietitians getting involved in the legislative process, an increase in evidenced based nutrition related research and educating members about the relationship between agriculture, food and nutrition. What is your vision for the Academy? I would love to hear it and if elected your President-elect, I promise to help make your vision become a reality. Let’s build on the success of the past 100 years and develop a bold vision for the next 100 years!**

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Tuesday, January 26, 2016 5:07 PM

**To:** Donna Martin

**Subject:** RE: All Member Blast Campaign Email #3

Wonderful - All's good! You sounded great on the practice session today.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 26, 2016 1:53 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: All Member Blast Campaign Email #3

Joan, I have it at home and when I get home at around 4:30 your time I will email it to you. You did not lose it, I have not sent it!!! I thought it was not due until 1-30 for some reason. Thanks for the reminder!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

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789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**Sent:** Tuesday, January 26, 2016 1:39 PM  
**To:** Donna Martin

**Subject:** All Member Blast Campaign Email #3

Hi Donna –

Please pardon me but I can't locate your wording for the third all member eblast scheduled to go out this Thursday. Can you please resend?

Thanks so much!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** Joan Schwaba

**Sent:** Wednesday, December 09, 2015 2:03 PM

**To:** Nancylewis1000@gmail.com; DMartin@Burke.k12.ga.us

**Subject:** All Member Blast Campaign Emails

Dear Nancy and Donna,

In order to create a fair, meaningful environment for the Academy's elections, according to the National Campaign and Social Media Guidelines, candidates may not send blast emails to the Academy's entire membership, other than emails that are provided by the Academy. The Academy will publicize the president-elect candidates via three blast emails to voting eligible members. The first eblast is scheduled for Thursday, January 7, the second for Thursday, January 14 and the final on Thursday, January 28. The personal campaign content of three blast emails is of your choice – with a 150 word count. I have attached a mock-up of what the email would look like. The January 14 email will have content of your choice, along with promotion for the Meet the Candidates Forum.

Please save the dates for the Meet the President-elect Candidates Forum which will take place at 1:00pm CST on Wednesday, January 26. Details for the Forum regarding the format and schedule will be sent in late December.

Attached is a basic template which will contain your photo and link to the elections website and candidate biographical information. Please design and draft wording for a brief promotional campaign statement with a maximum of 150 words and provide to me by the following schedule. Please know the content supplied is subject to approval by Academy staff. The final copy will be sent to you prior to publication for review and approval.

**Date of E-blast**

**Deadline for Copy**

Thursday, January 7

Wednesday, December 23

Thursday, January 14

Wednesday, December 30

Thursday, January 28

Wednesday, January 20

Please let me know if you have any questions.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

4556. RE: All Member Blast Campaign Email #3

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 26, 2016 17:59:08  
**Subject:** RE: All Member Blast Campaign Email #3  
**Attachment:** [image003.jpg](#)  
[image004.jpg](#)  
[image005.jpg](#)

---

Thank you. It is YOU who amazes me! Please let me know if you need anything.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
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Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
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Director, Strategic Management

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Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

**From:** Joan Schwaba

**Sent:** Wednesday, December 09, 2015 2:03 PM

**To:** [Nancylewis1000@gmail.com](mailto:Nancylewis1000@gmail.com); [DMartin@Burke.k12.ga.us](mailto:DMartin@Burke.k12.ga.us)

**Subject:** All Member Blast Campaign Emails

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Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)



4557. RE: All Member Blast Campaign Email #3

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 26, 2016 17:08:40  
**Subject:** RE: All Member Blast Campaign Email #3  
**Attachment:** [image004.jpg](#)  
[image005.jpg](#)  
[image003.jpg](#)

---

Wonderful - All's good! You sounded great on the practice session today.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 26, 2016 1:53 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: All Member Blast Campaign Email #3

Joan, I have it at home and when I get home at around 4:30 your time I will email it to you. You did not lose it, I have not sent it!!! I thought it was not due until 1-30 for some reason. Thanks for the reminder!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Tuesday, January 26, 2016 1:39 PM

**To:** Donna Martin

**Subject:** All Member Blast Campaign Email #3

Hi Donna –

Please pardon me but I can't locate your wording for the third all member eblast scheduled to go out this Thursday. Can you please resend?

Thanks so much!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** Joan Schwaba

**Sent:** Wednesday, December 09, 2015 2:03 PM

**To:** NancyLewis1000@gmail.com; DMartin@Burke.k12.ga.us

**Subject:** All Member Blast Campaign Emails

Dear Nancy and Donna,

In order to create a fair, meaningful environment for the Academy's elections, according to the National Campaign and Social Media Guidelines, candidates may not send blast emails to the Academy's entire membership, other than emails that are provided by the Academy. The Academy will publicize the president-elect candidates via three blast emails to voting eligible members. The first eblast is scheduled for Thursday, January 7, the second for Thursday, January 14 and the final on Thursday, January 28. The personal campaign content of three blast emails is of your choice – with a 150 word count. I have attached a mock-up of what the email would look like. The January 14 email will have content of your choice, along with promotion for the Meet the Candidates Forum.

Please save the dates for the Meet the President-elect Candidates Forum which will take place at 1:00pm CST on Wednesday, January 26. Details for the Forum regarding the format and schedule will be sent in late December.

Attached is a basic template which will contain your photo and link to the elections website and candidate biographical information. Please design and draft wording for a brief promotional campaign statement with a maximum of 150 words and provide to me by the following schedule. Please know the content supplied is subject to approval by Academy staff. The final copy will be sent to you prior to publication for review and approval.

#### **Date of E-blast**

#### **Deadline for Copy**

Thursday, January 7

Wednesday, December 23

Thursday, January 14

Wednesday, December 30

Thursday, January 28



Wednesday, January 20

Please let me know if you have any questions.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Chicago, Illinois 60606-6995

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Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

4558. FW: a question from HEN

**From:** Mary Beth Whalen <Mwhalen@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 26, 2016 16:13:26  
**Subject:** FW: a question from HEN  
**Attachment:** [Linking Agriculture, Nutrition, and Health\\_The Role of the RDN\\_JAND\\_October\\_2015.pdf](#)  
[Plentiful, Nutrient-Dense Food for the World\\_A Guide for RDNs\\_JAND\\_July\\_2015.pdf](#)

---

Hi, Donna. Hope all is well and you are enjoying better weather than we are here in Chicago! I wanted to share with you some information regarding the Foundation and the work that we have done related to the Future of Food Initiative that began in 2012. Some of this work was underway during your tenure on the Foundation Board as treasurer so it probably will serve as a nice refresher for you. I don't know what kind of questions you are dealing with out on the campaign trail but it's always good to be prepared. The response drafted below is something Katie prepared for me in the event we are ever challenged as to the nature of these efforts. If you have any questions don't hesitate to ask.

**From:** Katie Brown  
**Sent:** Tuesday, January 26, 2016 1:24 PM  
**To:** Mary Beth Whalen <Mwhalen@eatright.org>

Hi. Suggested response below. The last sentence may be too snarky, but...

I'm attaching the articles referenced in the response here.

The Academy Foundation's Future of Food Initiative began in 2012, and is aimed at raising awareness of food insecurity as a public health issue and addresses global food security as well as the unique intersection of agriculture, nutrition, and health. Two manuscripts on these topics were published in the Journal of the Academy of Nutrition and Dietetics in 2015 from Future of Food initiative: 1) Plentiful, Nutrient Dense Food for the World: A Guide for RDNs; and 2) Linking Agriculture, Nutrition, and Health: The Role of the Registered Dietitian Nutritionist.

Like the United Nation's Sustainable Development Goals, the Foundation manuscripts recognize that one of the greatest challenges in the 21<sup>st</sup> century is to sustainably feed the growing world population in a manner that respects the earth's environment and limited resources. The manuscripts also recognize that malnutrition exists in some form in every country in the

world—undernutrition, micronutrient malnutrition, and/or overweight and obesity, and advocate for more RDNs and dietetic associations to contribute and lead nutrition and agriculture interventions that promote sustainable agriculture while improving global health.

It is estimated that 1.2 billion people on the planet survive on less than an adjusted \$1.25 per day, and 2 billion people suffer from micronutrient deficiencies. With increased income and movement into middle class status, comes greater opportunity to consume a more diverse and nutrient-dense diet, which may include animal source proteins as well as a greater variety of grains, vegetables and fruits. Contrast that with the fact that in 2012, 68% of all deaths were related to noncommunicable diseases (NCDs), such as cardiovascular disease, cancer, diabetes, and chronic lung disease. Diet recommendations for those with NCDs will be different from those suffering from chronic undernutrition and micronutrient deficiencies. This represents one of the most important roles for RDNs in global nutrition, and are key messages from the Foundation and Future of Food initiative educational resources and publications.

Academy members, the food and nutrition experts, should be prepared to accurately interpret, contextualize, and represent information from many sources, including from the Academy and it's Foundation.

## **Mary Beth Whalen**

*Chief Operating Officer*

## **Academy of Nutrition and Dietetics**

*Executive Director*

## **Academy Foundation**

120 South Riverside Plaza, Suite 2000

Chicago, IL. 60606-6995

[mwhalen@eatright.org](mailto:mwhalen@eatright.org)

[www.eatright.org](http://www.eatright.org)

[312/899-4820](tel:3128994820)

## 4559. Help Your Clients Build a Healthy Plate

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 26, 2016 14:53:36  
**Subject:** Help Your Clients Build a Healthy Plate  
**Attachment:**

---

Help Your Clients Build a Healthy Plate

Having trouble viewing this e-mail? View it in your browser.

The theme for National Nutrition Month® 2016 is *Savor the Flavor of Eating Right*. The Academy has produced a number of client education brochures on eating healthy.

New for 2016 is the *Build a Healthy Plate with the 2015-2020 Dietary Guidelines* brochure. This brochure is ideal for helping your clients integrate the guidelines into their lifestyle.

Access all educational and promotional material at [www.eatright.org/nnm](http://www.eatright.org/nnm).

Get involved with National Nutrition Month® on social media by using the hashtag #NNM!

Share this mailing with your social network:

This National Nutrition Month email was sent to you from the Academy of Nutrition and Dietetics. If you prefer not to receive future NNM emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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## 4560. REMINDER: Meet the Candidates Forum Practice Sessions

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Lisa Dierks' <lisamnrd1@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Dianne Polly' <dianne Polly@gmail.com>, 'robertaanding@gmail.com' <robertaanding@gmail.com>  
**Cc:** Joe LasCola <jlascola@eatright.org>, Diane Enos <denos@eatright.org>  
**Sent Date:** Jan 26, 2016 14:10:09  
**Subject:** REMINDER: Meet the Candidates Forum Practice Sessions  
**Attachment:** [image001.jpg](#)

---

Just a friendly reminder, the Meet the Candidates Forums tech run through sessions will take place today at the following times.

Run-through for President-elect is at 3:00pm CST

Run-through for Speaker-elect is at 3:30pm CST

When it is time for the practice session please click on the link below.

### **Practice session president-elect:**

#### **Run-through for President-elect**

Tuesday, January 26, 2016

3:00 pm | Central Standard Time | 20 mins

#### **Join WebEx meeting**

Meeting number:

749 181 391

Meeting password:

CPD1

### **Practice session speaker-elect:**

#### **Speaker run-through: Speaker-elect**

Tuesday, January 26, 2016

3:30 pm | Central Standard Time | 20 mins

## Join WebEx meeting

Meeting number:

745 034 181

Meeting password:

CPD1

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** Joan Schwaba

**Sent:** Friday, January 22, 2016 6:47 PM

**To:** NancyLewis1000@gmail.com; DMartin@Burke.k12.ga.us; 'Lisa Dierks' <lisamnr1@gmail.com>; dwheller@mindspring.com; 'Dianne Polly' <dianne Polly@gmail.com>; 'robertaanding@gmail.com' <robertaanding@gmail.com>

**Cc:** Joe LasCola <jlascola@eatright.org>

**Subject:** SAVE THE DATE: Meet the Candidates Forum Practice Sessions

Thank you for selecting the dates for the tech run-through and practice sessions. Please mark your calendar for the following times and click on Join WebEx meeting to participate. If you

requested a headset it will arrive in time for testing during the practice session. Please let me know if you need anything else.

**Practice session president-elect:**

**Run-through for President-elect**

Tuesday, January 26, 2016

3:00 pm | Central Standard Time| 20 mins

**Join WebEx meeting**

Meeting number:

749 181 391

Meeting password:

CPD1

Add this meeting to your calendar. (Cannot add from mobile devices.)

**Practice session speaker-elect: Tuesday, January 26 at 3:30pm CST**

**Speaker run-through: Speaker-elect**

Tuesday, January 26, 2016

3:30 pm | Central Standard Time | 20 mins

**Join WebEx meeting**

Meeting number:

745 034 181

Meeting password:

CPD1

Add this meeting to your calendar. (Cannot add from mobile devices.)

Thank you!!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** Joan Schwaba

**Sent:** Wednesday, January 20, 2016 11:41 AM

**To:** Nancylewis1000@gmail.com; DMartin@Burke.k12.ga.us; 'Lisa Dierks' <lisamnrd1@gmail.com>; dwheller@mindspring.com; 'Diannepolly' <diannepolly@gmail.com>; 'robertaanding@gmail.com' <robertaanding@gmail.com>

**Cc:** Joe LasCola <jlascola@eatright.org>

**Subject:** Meet the Candidates Forum Format and Practice Session

**Importance:** High

Thank you for agreeing to participating in the *Meet the Candidates Forum*. The president-elect candidate forum will be held on Monday, February 1 at 1:00-pm – 2:00pm CST and the speaker-elect candidate forum will be held on Tuesday, February 2 at 1:00pm - 2:00pm CST.

A practice session will be scheduled for a tech run through. **To select a date/time for the 30 min practice webinar, please click on the president-elect of speaker-elect practice session link below.** Please confirm that you have a USB headset that hooks into the computer (not the phone), e.g., USB Logitech headset, for use on the webinars.

President-elect Practice Session Doodle Poll <http://doodle.com/poll/acnwr6aq2ataxh6z>

Speaker-elect Practice Session Doodle Poll <http://doodle.com/poll/iwf9zv4di3i95cwh>

The webinar format is outlined below. The webinar will be audiotaped not videotaped, we will be displaying a photo of the candidate as a placeholder as they respond to the questions. The flow of the webinar will be to pose one question to candidate A then switch to candidate B (and then



candidate C for speaker-elect) for an opportunity to respond. The subsequent question will then be posed to candidate B then switch to candidate A (and then candidate C for speaker-elect) for an opportunity to respond. There is a three minute time limit for each question, however questions from the audience and the final closing statement have a two minute response limit.

### **Format**

Introduction – Moderator – 2 min

Question and Response - Moderator and Candidates – 5 questions for president-elect/3 questions for speaker-elect with three minute responses from each candidate, and 1 minute in-between to ask the questions and transition – 36-40 min

Questions from Audience and Closing Statements – Candidates have opportunity to each make a two minute response to 2 questions from the audience and a two minute closing statement – 15-21 min

Closing Remarks – Moderator – 2 min

Total time – approx. 60 min

Roberta, next week I will send you a copy of the slides and sample script for you to use as you wish to moderate the webinar.

We look forward to this exciting event! Please let me know if you have any questions.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

### **Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

4561. All Member Blast Campaign Email #3

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 26, 2016 13:40:53  
**Subject:** All Member Blast Campaign Email #3  
**Attachment:** [image003.jpg](#)  
[image004.jpg](#)

---

Hi Donna –

Please pardon me but I can't locate your wording for the third all member eblast scheduled to go out this Thursday. Can you please resend?

Thanks so much!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** Joan Schwaba

**Sent:** Wednesday, December 09, 2015 2:03 PM

**To:** Nancylewis1000@gmail.com; DMartin@Burke.k12.ga.us

**Subject:** All Member Blast Campaign Emails

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Academy's entire membership, other than emails that are provided by the Academy. The Academy will publicize the president-elect candidates via three blast emails to voting eligible members. The first eblast is scheduled for Thursday, January 7, the second for Thursday, January 14 and the final on Thursday, January 28. The personal campaign content of three blast emails is of your choice – with a 150 word count. I have attached a mock-up of what the email would look like. The January 14 email will have content of your choice, along with promotion for the Meet the Candidates Forum.

Please save the dates for the Meet the President-elect Candidates Forum which will take place at 1:00pm CST on Wednesday, January 26. Details for the Forum regarding the format and schedule will be sent in late December.

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**Date of E-blast**

**Deadline for Copy**

Thursday, January 7

Wednesday, December 23

Thursday, January 14

Wednesday, December 30

Thursday, January 28

Wednesday, January 20

Please let me know if you have any questions.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

4562. Daily News: Tuesday, January 26, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 26, 2016 11:23:13  
**Subject:** Daily News: Tuesday, January 26, 2016  
**Attachment:**

---

## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**Ask the Knowledge Center: An Academy member service for food and nutrition information.**

**Send your questions to [knowledge@eatright.org](mailto:knowledge@eatright.org)**

### **'Alarming' Number of Obese Kids, WHO Says**

<http://www.nbcnews.com/health/kids-health/alarming-number-obese-kids-who-says-n503801>

Source: WHO- Report of the Commission on Ending Childhood Obesity

<http://www.who.int/end-childhood-obesity/final-report/en/>

Related Resource: EAL- Pediatric Weight Management

<http://www.andeal.org/topic.cfm?menu=5296>

### **The new dietary guidelines, in a nutshell**

<http://www.foxnews.com/health/2016/01/26/new-dietary-guidelines-in-nutshell.html>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(15\)01806-7/abstract](http://www.andjrnl.org/article/S2212-2672(15)01806-7/abstract)

### **Elite Athletes Try a New Training Tactic: More Vitamin D**

<http://www.wsj.com/articles/elite-athletes-try-a-new-training-tactic-more-vitamin-d-1453745154>

Related Resource: *Sports Nutrition: A Practice Manual for Professionals, 5th Ed.*

<http://www.eatrightstore.org/product/D1CF5522-5F47-4206-BD0B-E248A6A4C58B>

### **Top comfort foods vary by occasion, but are indulgent, survey finds**

<http://www.foodnavigator-usa.com/Manufacturers/Top-comfort-foods-vary-by-occasion-but-all-are-indulgent-survey-finds>

Source: Harris Poll

<http://www.theharrispoll.com/health-and-life/Favorite-Foods.html>

### **Secrets of weight-loss nutritionists**

[https://www.washingtonpost.com/national/health-science/secrets-of-weight-loss-nutritionists/2016/01/25/fa2756f6-bf99-11e5-bcda-62a36b394160\\_story.html](https://www.washingtonpost.com/national/health-science/secrets-of-weight-loss-nutritionists/2016/01/25/fa2756f6-bf99-11e5-bcda-62a36b394160_story.html)

### **The eternal weight-loss question: Exercise or diet?**

[https://www.washingtonpost.com/lifestyle/wellness/the-eternal-weight-loss-question-exercise-or-diet/2016/01/22/0d84b6c6-baea-11e5-829c-26ffb874a18d\\_story.html](https://www.washingtonpost.com/lifestyle/wellness/the-eternal-weight-loss-question-exercise-or-diet/2016/01/22/0d84b6c6-baea-11e5-829c-26ffb874a18d_story.html)

Related Resource: EAL- Adult Weight Management

<http://www.andeal.org/topic.cfm?menu=5276>

### **Fiber: The world's least sexy weight-loss tool**

<https://www.washingtonpost.com/apps/g/page/national/fiber-the-worlds-least-sexy-but-effective-weight-loss-tool/1940/>

Related Resource: Health Implications of Dietary Fiber

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/health-implications-of-dietary-fiber>

### **Separate dinnertime and bedtime to help with acid reflux**

<http://www.chicagotribune.com/lifestyles/health/sc-one-simple-thing-acid-reflux-sleep-health-0203-20160203-story.html>

Related Resource: *Health Professionals Guide to Gastrointestinal Nutrition*

<http://www.eatrightstore.org/product/22220515-ADAE-41D8-AF87-33FB8B7CC2B6>

### **Study links fatty liver, heart failure in obese people**

<http://www.sciencedaily.com/releases/2016/01/160126085737.htm>

Source: *Radiology*

<http://pubs.rsna.org/doi/10.1148/radiol.2015150035>

### **Heart attack causes and symptoms are different in women**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/01/25/why-heart-attacks-in-women-are-often-different-than-in-men/>

Source: *Circulation*

<http://circ.ahajournals.org/content/early/2016/01/25/CIR.0000000000000351.abstract>

### **Link between food advertising, child food consumption**

<http://www.sciencedaily.com/releases/2016/01/160125114247.htm>

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/early/2016/01/20/ajcn.115.120022>

### **This is what happens when McDonalds listens to its customers**

<https://www.washingtonpost.com/news/wonk/wp/2016/01/25/the-incredible-power-of-the-egg->

mcmuffin/?hpid=hp\_hp-more-top-stories\_wonk-mcdonalds-940pm%3Ahomepage%2Fstory

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In the subject line type unsubscribe.

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4563. Childhood Weight Management Program - Back-Up Presenters Update

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** 'Kathy Cobb' <kathy.cobb@snet.net>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Debra Kibbe' <dkibbe@gsu.edu>, 'Dana E Gerstein' <degerstein@ucanr.edu>, Johnston, Craig A <cajohn25@Central.UH.EDU>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Michelle Horan' <mhoranrd@gmail.com> dmartin@burke.k12.ga.us  
**Hidden recipients:**  
**Sent Date:** Jan 26, 2016 10:19:35  
**Subject:** Childhood Weight Management Program - Back-Up Presenters Update  
**Attachment:** [Presenters - Back-Up Presenters.xlsx](#)

---

Thanks to everyone for assisting us to identify back-up presenters for the program. Attached is the updated grid. We still need to identify a presenter for Shelly's session.

Please let me know if you have any questions.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839



fax: 312-899-4772

pjohnson@eatright.org

4564. FW: documents

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 25, 2016 16:10:29  
**Subject:** FW: documents  
**Attachment:** [image003.png](#)  
[image004.jpg](#)  
[GRA and Policy Update - BOD 1-25-16.pdf](#)  
[GRA report for LPPC 2014 final.doc](#)  
[Grassroots Advocacy Report 2015.docx](#)  
[2015 PPW Report.docx](#)  
[PPW Realignment Overview 10-23-15.docx](#)

---

Please see attached.

Many thanks,

Darchele

---

**Darchele M. Erskine, MBA**

***Executive Assistant to CEO***

**312/899-4750 | [derskine@eatright.org](mailto:derskine@eatright.org) | [www.eatright.org](http://www.eatright.org)**

**From:** Jeanne Blankenship  
**Sent:** Monday, January 25, 2016 2:57 PM  
**To:** Darchele Erskine <[derskine@eatright.org](mailto:derskine@eatright.org)>  
**Subject:** documents

**Jeanne Blankenship, MS RDN**

Vice President, Policy Initiatives and Advocacy

**Academy of Nutrition and Dietetics**

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D 312-899-1730

F 202-775-8284

[jblankenship@eatright.org](mailto:jblankenship@eatright.org)

[www.eatright.org](http://www.eatright.org)

4565. March 2016 Childhood Weight Management Program

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** 'Hassink, Sandra G' <sandra.hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Johnston, Craig A <cajohn25@Central.UH.EDU>, Johnston, Craig A <cajohn25@Central.UH.EDU>, 'Michelle Horan' <mhoranrd@gmail.com>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Dana E Gerstein' <degerstein@ucanr.edu>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 25, 2016 14:52:05  
**Subject:** March 2016 Childhood Weight Management Program  
**Attachment:** [March 2016 Program Agenda.doc](#)

---

Hi Everyone,

Attached is a draft agenda for the March 22-24, 2016 Childhood Weight Management Program. We plan to send out the contracts and authorization to travel by February 5, 2016.

Please let me know if you have any questions or concerns regarding the agenda.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

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pjohnson@eatright.org

4566. Password for accessing your Site

**From:** aacosta@eatright.org  
**To:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 25, 2016 13:27:49  
**Subject:** Password for accessing your Site  
**Attachment:**

---

Below is your password for accessing EAL Portal.

URL: <http://eal.webauthor.com/>

E-mail Address: dmartin@burke.k12.ga.us

Password: workplace9246

4567. Daily News: Monday, January 25, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 25, 2016 11:12:34  
**Subject:** Daily News: Monday, January 25, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**March is National Nutrition Month®!** New NNM brochure, Build a Healthy Plate, with 2015-2020 Dietary Guidelines recommendations is now available in the NNM online catalog. Visit <https://www.jimcolemanstore.com/nnm/> to view the NNM online catalog and [www.eatright.org/nnm](http://www.eatright.org/nnm) for additional resources.

### **Rapid early weight gain tied to higher childhood blood pressure**

<http://www.reuters.com/article/us-health-bloodpressure-children-weight-idUSKCN0V023P>

Source: *Hypertension*

<http://hyper.ahajournals.org/content/67/2/301.abstract>

Related Resource: EAL- Pediatric Weight Management (PWM) Systematic Review and Guideline

<http://www.anddeal.org/topic.cfm?menu=5296>

### **Oral supplement associated with 50% lower deaths in older malnourished patients: Study**

(Giving oral nutritional supplements for 90 days after leaving hospital could reduce death rates for older malnourished patients with a heart or lung disease by 50%, according to a study published in Clinical Nutrition)

<http://www.nutraingredients.com/Research/Oral-supplement-associated-with-50-lower-deaths-in-older-malnourished-patients-Study>

Source: *Clinical Nutrition*

[http://www.clinicalnutritionjournal.com/article/S0261-5614\(15\)00348-9/abstract](http://www.clinicalnutritionjournal.com/article/S0261-5614(15)00348-9/abstract)

Related Resource: Adult Malnutrition in the Acute Care Setting

<http://www.eatrightpro.org/resource/news-center/nutrition-trends/diseases-and-conditions/adult-malnutrition-in-the-acute-care-setting>

### **Rate of Severe Stomach Birth Defect Doubled Over Two Decades: CDC**

<http://consumer.healthday.com/disabilities-information-11/misc-birth-defect-news-63/severe-stomach-birth-defect-has-doubled-over-past-two-decades-cdc-says-707289.html>

Source: *Morbidity and Mortality Weekly Report*

[http://www.cdc.gov/mmwr/volumes/65/wr/mm6502a2.htm?s\\_cid=mm6502a2\\_w](http://www.cdc.gov/mmwr/volumes/65/wr/mm6502a2.htm?s_cid=mm6502a2_w)

Related Resource: CDC

<http://www.cdc.gov/ncbddd/birthdefects/gastroschisis.html>

### **The best (and worst) states to grow old in**

<http://www.usatoday.com/story/money/business/2016/01/23/best-and-worst-states-grow-old/79087698/>

### **Chickens popularity makes it the most consumed U.S. meat**

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=56571&ref=collection>

### **Healthy snacking: Marketplace looks at why 'superfoods' may be a myth**

<http://www.cbc.ca/news/health/marketplace-snack-attack-healthy-tips-1.3414186>

### **Lean Cuisine ditches diet for wellbeing in emotional charged rebranding**

<http://www.foodnavigator-usa.com/Manufacturers/Lean-Cuisine-ditches-diet-for-wellbeing-in-emotional-rebranding>

### **The 7 worst (and 7 best) Chinese takeout dishes**

<http://www.foxnews.com/health/2016/01/25/7-worst-and-7-best-chinese-takeout-dishes.html>

### **Did you lose power during the blizzard? How to tell if your food is safe**

<http://www.usatoday.com/story/news/2016/01/22/did-you-lose-power-during-blizzard-how-tell-if-your-food-safe/79182500/>

Source: Food Safety.gov

<http://www.foodsafety.gov/blog/poweroutage.html>

Related Resource: Home Food Safety

[www.homefoodsafety.org](http://www.homefoodsafety.org)

### **How safe is bottled water?**

<http://www.chicagotribune.com/lifestyles/health/sc-bottled-water-health-0127-20160127-story.html>

### **1 dead, 11 others hospitalized in listeria outbreak linked to Dole salads**

<http://www.usatoday.com/story/news/2016/01/22/deadly-listeria-outbreak-puts-12-people-hospital/79175942/>

Source: FDA

[http://www.fda.gov/Safety/Recalls/ucm482822.htm?source=govdelivery&utm\\_medium=email&utm\\_source=govdelivery](http://www.fda.gov/Safety/Recalls/ucm482822.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery)



### **MedlinePlus: Latest Health News**

- Flu Season Stays Mild, With Slow Uptick in Activity
- Migraines May Worsen as Menopause Approaches
- Obesity Before Pregnancy Tied to Raised Risk of Newborn Death
- Excess Weight Linked to Blood Clot Risk in Kids

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

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In the subject line type unsubscribe.

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## 4568. SAVE THE DATE: Meet the Candidates Forum Practice Sessions

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Lisa Dierks' <lisamnrd1@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Dianne Polly' <dianne Polly@gmail.com>, 'robertaanding@gmail.com' <robertaanding@gmail.com>  
**Cc:** Joe LasCola <jlascola@eatright.org>  
**Sent Date:** Jan 22, 2016 19:48:34  
**Subject:** SAVE THE DATE: Meet the Candidates Forum Practice Sessions  
**Attachment:** [image002.jpg](#)

---

Thank you for selecting the dates for the tech run-through and practice sessions. Please mark your calendar for the following times and click on Join WebEx meeting to participate. If you requested a headset it will arrive in time for testing during the practice session. Please let me know if you need anything else.

**Practice session president-elect:****Run-through for President-elect**

Tuesday, January 26, 2016

3:00 pm | Central Standard Time| 20 mins

**Join WebEx meeting**

Meeting number:

749 181 391

Meeting password:

CPD1

Add this meeting to your calendar. (Cannot add from mobile devices.)

**Practice session speaker-elect: Tuesday, January 26 at 3:30pm CST****Speaker run-through: Speaker-elect**

Tuesday, January 26, 2016

3:30 pm | Central Standard Time | 20 mins

## Join WebEx meeting

Meeting number:

745 034 181

Meeting password:

CPD1

Add this meeting to your calendar. (Cannot add from mobile devices.)

Thank you!!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

### **Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

**From:** Joan Schwaba

**Sent:** Wednesday, January 20, 2016 11:41 AM

**To:** Nancylewis1000@gmail.com; DMartin@Burke.k12.ga.us; 'Lisa Dierks'

<lisamnr1@gmail.com>; dwheller@mindspring.com; 'Dianne Polly' <dianne Polly@gmail.com>;

'robertaanding@gmail.com' <robertaanding@gmail.com>

**Cc:** Joe LasCola <jlascola@eatright.org>

**Subject:** Meet the Candidates Forum Format and Practice Session

**Importance:** High

Thank you for agreeing to participating in the *Meet the Candidates Forum*. The president-elect candidate forum will be held on Monday, February 1 at 1:00-pm – 2:00pm CST and the speaker-elect candidate forum will be held on Tuesday, February 2 at 1:00pm - 2:00pm CST.

A practice session will be scheduled for a tech run through. **To select a date/time for the 30 min practice webinar, please click on the president-elect of speaker-elect practice session link below.** Please confirm that you have a USB headset that hooks into the computer (not the phone), e.g., USB Logitech headset, for use on the webinars.

President-elect Practice Session Doodle Poll <http://doodle.com/poll/acnwr6aq2ataxh6z>

Speaker-elect Practice Session Doodle Poll <http://doodle.com/poll/iwf9zv4di3i95cwh>

The webinar format is outlined below. The webinar will be audiotaped not videotaped, we will be displaying a photo of the candidate as a placeholder as they respond to the questions. The flow of the webinar will be to pose one question to candidate A then switch to candidate B (and then candidate C for speaker-elect) for an opportunity to respond. The subsequent question will then be posed to candidate B then switch to candidate A (and then candidate C for speaker-elect) for an opportunity to respond. There is a three minute time limit for each question, however questions from the audience and the final closing statement have a two minute response limit.

#### **Format**

Introduction – Moderator – 2 min

Question and Response - Moderator and Candidates – 5 questions for president-elect/3 questions for speaker-elect with three minute responses from each candidate, and 1 minute in-between to ask the questions and transition – 36-40 min

Questions from Audience and Closing Statements – Candidates have opportunity to each make a two minute response to 2 questions from the audience and a two minute closing statement – 15-21 min

Closing Remarks – Moderator – 2 min

Total time – approx. 60 min

Roberta, next week I will send you a copy of the slides and sample script for you to use as you wish to moderate the webinar.

We look forward to this exciting event! Please let me know if you have any questions.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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4569. CDR reaches 100,000 credentialed practitioners!

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Darchele Erskine <derskine@eatright.org>  
**Sent Date:** Jan 22, 2016 16:20:51  
**Subject:** CDR reaches 100,000 credentialed practitioners!  
**Attachment:**

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The Commission on Dietetic Registration — the credentialing agency for the Academy of Nutrition and Dietetics — has 100,000 credentialed practitioners in its registry.

CDR — which awards seven separate credentials in the field of nutrition and dietetics — stands by its mission of administering “rigorous valid and reliable credentialing processes to protect the public and meet the needs of CDR credentialed practitioners, employers and consumers.”

At its inception in 1969, CDR established the continuing education requirements for RDNs and listed 19,457 registered dietitians. By its 25<sup>th</sup> anniversary in 1994, CDR administered the first Fellow of the American Dietetic Association program and recognized 159 charter fellows. A year later, the agency's registry contained 57,766 registered dietitians and 4,652 dietetic technicians, registered.

As a major organizational unit of the Academy, CDR maintains “sole and independent authority in all matters pertaining to certification,” and continues to expand its certification in specialty areas of nutrition and dietetics for the now 100,000 credentialed practitioners.

**Congratulations to Academy member Sam Kramer, MS, RD!!!** Academy member Sam Kramer, MS, RD, passed the Registration Examination for Dietitians on December 21 and became the 100,000<sup>th</sup> credentialed practitioner! He will receive a \$500 gift certificate for Academy publications.

Here is what Sam had to say about becoming an RD:

“It is quite an honor to become a Registered Dietitian. The 'RD' letters not only represent being a member of a dynamic and evolving field, but also the countless hours of time, determination, and effort spent to attain the title. It is even more of an honor to be the **100,000th** person in the history of the profession to achieve the RD status. I cannot thank the Academy of Nutrition and Dietetics and the Commission on Dietetic Registration enough for their support and guidance throughout this process and the opportunities they have offered to allow me to achieve my goals.”

We are happy for Sam and wish him the best!

This announcement has been posted to the homepage on eatrightPRO. We will also promote this in next week's issue of *Eat Right Weekly*. Sam is also being featured on CDR's website. In addition, we will spotlight Sam on our social media PRO channels and include a special thanks to the 99,000 credentialed practitioners who made reaching 100,000 possible!

## 4570. Introducing the Academy's Board of Directors Candidates!

**From:** Academy of Nutrition and Dietetics <elections@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 22, 2016 14:39:03  
**Subject:** Introducing the Academy's Board of Directors Candidates!  
**Attachment:**

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Introducing the Academy's Board of Directors Candidates!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

Introducing the Academy's Board of Directors Candidates!

The Nominating Committee is pleased to introduce the candidates for the offices of treasurer-elect, director-at-large, House of Delegates speaker-elect and House of Delegates director on the Academy's 2016 national ballot. Read about them in the campaign statements below. Voting will take place February 1 to 22, 2016.

Treasurer-elect

### **Jo Jo Dantone-DeBarbieris, MS, RDN, LDN, CDE (La.)**

We are stronger, when we are strong together. Embracing inclusivity and taking action will accomplish this. As the owner of a nutrition practice for 40 years, I have developed skills to benefit the Academy.

- Developing/managing budget for 80 RDNs in 16 states
- Strategic planning and budget management for two states and dietetic practice groups
- Budgeting for a 1,000-member church
- Ethical and fair conflict resolution.

I appreciate your support in making the Academy even stronger.

### **Manju Karkare, MS, RDN, LDN, FAND (N.C.)**

A detail-oriented, focused leader with a broad financial, governance and leadership experience at district, affiliate and national level with the Academy and community nonprofits. My consensus-building leadership style and seeking input from diverse participants is proven to bring successful outcomes. Keen observation and attention to detail are my strengths. I'm empowered by my values, our profession's mission and vision. I will serve with fiduciary responsibility as Treasurer-



elect for all members.

Director-at-Large

**Hope Barkoukis, PhD, RDN, LD (Ohio)**

Hope Barkoukis, PhD, RDN, LD, understands our challenges and opportunities because her diverse career has included public health, corporate consulting, private practice, clinical research and teaching. She believes the BOD should prioritize optimizing professional RDN empowerment and maintain closer communications via regularly scheduled Q&A webinars for members. Hope is a member of nine DPGs because she is passionate about the role of DPGs in shaping the future landscape of our profession.

**Helene Kent, MPH, RDN (Colo.)**

Change is inevitable - so let's meet it with optimism, strategy, action and vision! I would be proud to represent you and our profession. If elected, I will be a responsive and effective Director-at-Large. I am a seasoned, reasonable leader who is guided by common sense and is not afraid to tackle tough issues and ask important questions. Thank you! Helene: the right person for the right reasons!

House of Delegates Speaker-elect

**Lisa Dierks, RDN, LD (Minn.)**

Change is our future! If you are seeking a candidate who can lead the dietetics profession by digging into issues, planting sensible ideas and mentoring growth of the members of the Academy of Nutrition and Dietetics, vote Lisa Dierks for House of Delegates Speaker-elect! A strategic thinker, she is able to break complex problems into smaller pieces and execute tactically to find solutions that will empower our members to be leaders of food and nutrition.

**Diane W. Heller, MMSc, RDN, LD, FAND (Ga.)**

I am a dedicated, visionary leader with a proven track record on the local, state and national levels. The last three years as House of Delegates Director has prepared me for the critical position of Speaker. My reputation as an excellent communicator and intent listener allows members to freely contact me with ideas and concerns. I would be honored to represent Academy members as we help lead change in nutrition and health both domestically and internationally.

**Dianne Polly, JD, RDN, LDN, FAND (Tenn.)**

I am passionate about the importance of diet in improving the health of our country and believe the Academy and our members must position ourselves as the nation's leaders on nutrition. I will work hard to assure that member issues/concerns are considered and all sides are heard at meetings. My leadership experiences at local, state and national levels and those acquired as a licensed mediator and attorney have prepared me for this role. VOTE!

House of Delegates Director

**Susan Brantley, MS, RDN, LDN, CNSD (Tenn.)**

Through my experiences as a clinical dietitian, I know that recognition of the abilities of a well-educated dietitian can lead to respect in the workplace. This is a personal responsibility. My vision as an educator is recruitment of new professionals and retention of currently practicing dietitians, which must be a high priority for our profession. I will support efforts that lead to national recognition of the dietetics profession and recruitment and retention of quality dietitians.

**Jana Kicklighter, PhD, RDN, LD, FAND (Ga.)**

Vote for KICKLIGHTER for HOD Director, an experienced, passionate, proactive leader and change agent who will advocate for and support initiatives to move the Academy and profession forward. A vote for KICKLIGHTER is a vote for the following leadership qualities where: K= knowledgeable; I = inclusive; C = collaborative; K = kind; L = listener; I = innovator; G = global thinker; H = humble; T = transparent; E = ethical; R = results-oriented.

To learn more about the candidates, visit [www.eatright.org/elections](http://www.eatright.org/elections).

**Join us for the Meet the Candidates Forums February 1 and 2**

View webinars featuring the Academy's 2016 candidates for president-elect (February 1) and speaker-elect (February 2) and gain insights into their perspectives and views. Each webinar offers 1 CPEU. Learn More.

Share this mailing with your social network:

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If you prefer not to receive future election emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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4571. RE: March 22-14, 2016 Childhood Weight Management Program Agenda Change

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 22, 2016 11:03:10  
**Subject:** RE: March 22-14, 2016 Childhood Weight Management Program Agenda Change

**Attachment:**

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I will prepare the agenda and get it out to everyone next week. We plan to send out the contracts and authorization to book travel the first week of February.

Have a good weekend.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Friday, January 22, 2016 9:48 AM  
**To:** Pearlie Johnson <PJohnson@eatright.org>

**Subject:** Re: March 22-14, 2016 Childhood Weight Management Program Agenda Change

That would be great Pearlie. I will come in the night before and be able to get home before midnight now. I need to make sure I am back at work the next day too!

Sent from my iPhone

On Jan 22, 2016, at 10:41 AM, Pearlie Johnson <PJohnson@eatright.org> wrote:

Thank you so much for adjusting your personal schedule to accommodate Dana's request. I can adjust the agenda and schedule your presentation on Tuesday, Mach 22, 2016 from 1:45 until 3:00 pm. Would that work for you in getting a return flight home later that evening?

]

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us

**Sent:** Thursday, January 21, 2016 5:08 PM

**To:** Pearlie Johnson <PJohnson@eatright.org>

**Subject:** Re: March 22-14, 2016 Childhood Weight Management Program Agenda Change

Pearlie, I changed my appointment on Tuesday so I should be able to do the presentation. Is there anyway to do it a little earlier in the day? If not, I will try and fly home that night. I think I can get a flight that would get in at midnight.

Sent from my iPhone

On Jan 21, 2016, at 3:44 PM, Pearlie Johnson <PJohnson@eatright.org> wrote:

Hi Donna,

Dana has requested to present on the last day of the program – Thursday, March 24. To accommodate her request, we would like to schedule your presentation from 3:30 until 4:45 pm on Tuesday, March 22. Is this okay with you?

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

4572. Daily News & Journal Review: Friday, January 22, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 22, 2016 10:48:52  
**Subject:** Daily News & Journal Review: Friday, January 22, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **For National Nutrition Month 2016, Academy of Nutrition and Dietetics Encourages Everyone to 'Savor the Flavor of Eating Right'**

<http://www.eatrightpro.org/resource/media/press-releases/national-nutrition-month/national-nutrition-month-2016>

Related Resource: How to Build a Healthy Plate

(With the *2015 2020 Dietary Guidelines for Americans*)

<https://www.jimcolemanstore.com/nnm/products/trifolds/nm-how-to-build-a-healthy-plate.html>

### **Groups Launch Campaign to Raise Prediabetes Awareness**

#### **Patients encouraged to take online risk assessment**

("More patients will ask physicians to test them for prediabetes if the CDC and two major advocacy groups have their way)

[http://www.medpagetoday.com/Endocrinology/Diabetes/55789?xid=nl\\_mpt\\_DHE\\_2016-01-22&eun=g411013d0r](http://www.medpagetoday.com/Endocrinology/Diabetes/55789?xid=nl_mpt_DHE_2016-01-22&eun=g411013d0r)

Related Resource: Diabetes Self-Management Education and Support in Type 2 Diabetes: A Joint Position Statement of the American Diabetes Association, the American Association of Diabetes Educators, and the Academy of Nutrition and Dietetics

[http://www.andjrn.org/article/S2212-2672\(15\)00549-3/abstract](http://www.andjrn.org/article/S2212-2672(15)00549-3/abstract)

### **Supermarkets Nearby May Help Kids Lose Some Weight: Study**

#### **Coaching on healthy food choices is a plus, too, experts say**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/having-supermarket-nearby-may-help-kids-lose-weight-707247.html>

Source: *American Journal of Public Health*

<http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2015.302986>

Related Resource: Evidence Analysis Library

- Pediatric Weight Management (PWM) Systematic Review and Guideline

<http://www.andeal.org/topic.cfm?menu=5296>



### **There's a big public push in Park City to make school lunches healthier**

<http://www.good4utah.com/news/theres-a-big-public-push-in-park-city-to-make-school-lunches-healthier>

### **Researchers develop a 'super-spaghetti' with healthy properties which lessens the risk of suffering cardiovascular diseases**

(enriched pasta, elaborated with functional flours, which contains more fiber and proteins)

<http://www.medicalnewstoday.com/releases/305487.php>

Source: *Food Research International*

<http://www.sciencedirect.com/science/article/pii/S0963996915000770>

### **Mamma mia! Thai insect company puts s-bug-hetti on the pasta menu**

(made with flour from ground crickets)

<http://www.foodnavigator.com/Business/Mamma-mia!-Thai-insect-company-puts-s-bug-hetti-on-the-pasta-menu>

### **Stop Counting 10,000 Steps; Check Your Personal Activity Intelligence**

(Now fitness gadgets are ditching step counting for heart-rate tracking and much more personalized measures)

<http://www.wsj.com/articles/stop-counting-10-000-steps-check-your-personal-activity-intelligence-1453313834>

### **The Right Way to Stretch Before Exercise**

<http://well.blogs.nytimes.com/2016/01/21/stretching-back-to-the-past/>

Source: *Appl Physiol Nutr Metab*

<http://www.ncbi.nlm.nih.gov/pubmed/26642915>

### **MedlinePlus: Latest Health News**

-Breast Concerns May Sideline Many Teen Girls From Sports

Survey finds about half of British high school girls forgo activities

-Irregular Heart Beat May Pose Bigger Threat to Women

Review found atrial fibrillation linked to higher risk of stroke, heart trouble, death in women

-New IBS Drug Eases Stomach Pain and Diarrhea for Some: Study

But Viberzi is not a 'silver bullet,' digestive-disease doctor says

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

### **Journal Review**

#### ***Age and Aging*, January 19, 2016, Online First**

<http://ageing.oxfordjournals.org/content/early/recent>

-Global variation in grip strength: a systematic review and meta-analysis of normative data

***American Journal of Preventive Medicine, February 2016***

<http://www.ajpmonline.org/current>

- Lifestyle Intervention for People With Severe Obesity and Serious Mental Illness
- The Nutrient Content of U.S. Household Food Purchases by Store Type

***Breastfeeding Medicine, January 20, 2016, Online First***

<http://online.liebertpub.com/toc/bfm/0/0>

- Beyond Necrotizing Enterocolitis Prevention: Improving Outcomes with an Exclusive Human MilkBased Diet

***British Journal of Nutrition, January 20, 2016, Online First***

<http://journals.cambridge.org/action/displayJournal?jid=BJN>

- Quercetin lowers plasma uric acid in pre-hyperuricaemic males: a randomised, double-blinded, placebo-controlled, cross-over trial
- Apple intake is inversely associated with all-cause and disease-specific mortality in elderly women

***Childhood Obesity, January 20, 2016, Online First***

<http://online.liebertpub.com/toc/chi/0/0>

- Getting to More Effective Weight Management in Antipsychotic-Treated Youth: A Survey of Barriers and Preferences
- Use of a FITLINE to Support Families of Overweight and Obese Children in Pediatric Practices

***Diabetes Care, February 2016***

<http://care.diabetesjournals.org/content/current>

- Liraglutide Reduces CNS Activation in Response to Visual Food Cues Only After Short-term Treatment in Patients With Type 2 Diabetes
- Prevalence of Diabetes and Diabetic Nephropathy in a Large U.S. Commercially Insured Pediatric Population, 2002-2013
- Management of Diabetes in Long-term Care and Skilled Nursing Facilities: A Position Statement of the American Diabetes Association

***Health Education & Behavior, February 2016***

<http://heb.sagepub.com/content/43/1.toc>

- Personalized Strategies to Activate and Empower Patients in Health Care and Reduce Health Disparities

***Morbidity and Mortality Weekly Report (MMWR), January 22, 2016***

<http://www.cdc.gov/mmwr/index2016.html>

- Maternity Care Practices and Breastfeeding Among Adolescent Mothers Aged 12-19 Years

United States, 20092011

***Nutrition in Clinical Practice*, February 2016**

<http://ncp.sagepub.com/content/31/1.toc>

- Nutrition Support in the Open Abdomen
- Prevalence of Sarcopenia and Associated Outcomes in the Clinical Setting
- Optimizing Perioperative Nutrition in Pediatric Populations

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In the subject line type unsubscribe.**

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4573. RE: March 22-14, 2016 Childhood Weight Management Program Agenda Change

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 22, 2016 10:41:49  
**Subject:** RE: March 22-14, 2016 Childhood Weight Management Program Agenda Change  
**Attachment:**

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Thank you so much for adjusting your personal schedule to accommodate Dana's request. I can adjust the agenda and schedule your presentation on Tuesday, Mach 22, 2016 from 1:45 until 3:00 pm. Would that work for you in getting a return flight home later that evening?

]

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
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120 South Riverside Plaza, Suite 2000

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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us

**Sent:** Thursday, January 21, 2016 5:08 PM

**To:** Pearlie Johnson <PJohnson@eatright.org>

**Subject:** Re: March 22-14, 2016 Childhood Weight Management Program Agenda Change

Pearlie, I changed my appointment on Tuesday so I should be able to do the presentation. Is there anyway to do it a little earlier in the day? If not, I will try and fly home that night. I think I can get a flight that would get in at midnight.

Sent from my iPhone

On Jan 21, 2016, at 3:44 PM, Pearlie Johnson <PJohnson@eatright.org> wrote:

Hi Donna,

Dana has requested to present on the last day of the program – Thursday, March 24. To accommodate her request, we would like to schedule your presentation from 3:30 until 4:45 pm on Tuesday, March 22. Is this okay with you?

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

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Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

4574. Membership info: Questions for 2016 AND Candidates

**From:** Barbara Visocan <BVISOCAN@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 22, 2016 10:18:33  
**Subject:** Membership info: Questions for 2016 AND Candidates  
**Attachment:** [image001.png](#)

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Donna:

Here is the list of DFPI core team members and yes or no as to whether they are members.  
Looks like 4 out of 7 are currently Academy members. Barbara

Yes	Frances Arnold, RDN - WA
No	Andy Bellatti, MS, RD
No	Denise Garbinski, MBA, RD
Yes	Jess Kolko, RD
--	Elizabeth Lee, MS, RD – 2 Lee's from CA, neither are members
Yes	Matt Ruscigno, MPH, RD
Yes	David Wiss, MS, RD

**Barbara J Visocan, MS, RDN, LDN, FADA, FAND**

***Vice President, Member Services***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone 312/899-4891; Fax 312/899-5350

bvisocan@eatright.org

[www.eatright.org](http://www.eatright.org)

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Thursday, January 21, 2016 7:39 PM  
**To:** Barbara Visocan <BVISOCAN@eatright.org>  
**Subject:** Fwd: Questions for 2016 AND Candidates

Barbara, Can you tell me how many of these core team members of DFPI are members of the Academy? I obviously am not going to answer their questions, but I know Andy is not a member, but wondered about the other people? See names below. If you cannot give me that information I will respect that you can't. Please feel free to share this with whomever you see fit. Thanks!

Sent from my iPhone

Begin forwarded message:

**From:** DFPI <integritydietitians@gmail.com>

**Date:** January 21, 2016 at 7:42:34 PM EST

**To:** DMartin@burke.k12.ga.us

**Subject: Questions for 2016 AND Candidates**

Dear Ms. Martin,

With Academy of Nutrition and Dietetics elections a few weeks away, Dietitians For Professional Integrity wants to help increase voter turnout and engage more dietitians in the election process.

As a result, we are sending candidates running for president-elect, director-at-large, House of Delegates speaker-elect, House of Delegates director, and House of Delegates at-large delegate the following three questions that touch on issues that many dietitians consider highly important.

If and when received, we will publish responses on our public Facebook page ([www.facebook.com/DietitiansForProfessionalIntegrity](http://www.facebook.com/DietitiansForProfessionalIntegrity)).

In order to help dietitians make informed voting decisions, we would appreciate a response to the questions posed below no later than February 5, 2016, though answers are welcomed after the date as well.

- 1) Some AND partners/sponsors primarily profit from products that contradict our mission and vision of improving the nation's health. What are your thoughts on this conflict?
- 2) Some AND partners/sponsors actively lobby against public health initiatives. How do you reconcile this with their public proclamations to be part of the solution?
- 3) Health experts agree that the 2015 Dietary Guidelines are vague, and that the American public would benefit from more forceful messaging (i.e.: "limit sugary drinks", "eat less red and processed meat", "cut back on processed and junk food"). With that in mind, would you suggest AND revise its 'total diet approach' position paper?



We appreciate your time and cooperation in advance.

Sincerely,

Dietitians For Professional Integrity Core Team

Frances Arnold, RDN

Andy Bellatti, MS, RD

Denise Garbinski, MBA, RD

Jess Kolko, RD

Elizabeth Lee, MS, RD

Matt Ruscigno, MPH, RD

David Wiss, MS, RD

**Dietitians For Professional Integrity (DFPI)**

*Visit us at* [Integritydietitians.org](http://Integritydietitians.org)

*Facebook:* [www.facebook.com/DietitiansForProfessionalIntegrity](https://www.facebook.com/DietitiansForProfessionalIntegrity)

*Twitter:* @IntegrityRDs

4575. RE: Finance and Audit Committee meeting on Tuesday, January 26, 2016 at 1 p.m. CST

**From:** Maria Juarez <MJuarez@eatright.org>  
**To:** Paul Mifsud <PMifsud@eatright.org>, Margaret Garner <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Jean Ragalie-Carr <jean.ragalie-carr@rosedmi.com>, lbeseler\_fnc@bellsouth.net <lbeseler\_fnc@bellsouth.net>, Linda.farr@me.com <Linda.farr@me.com>, Amanda Jones <amanda@justjones.es>, Ksauer@ksu.edu <Ksauer@ksu.edu>, 'kay\_wolf@columbus.rr.com' <kay\_wolf@columbus.rr.com>, hcomstock@madonna.org <hcomstock@madonna.org>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Darchele Erskine <derskine@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, carole.clemente@rosedmi.com <carole.clemente@rosedmi.com>, Cecala, Sue <Sue.Cecala@rosedmi.com>, Linda Serwat <LSerwat@eatright.org>  
**Sent Date:** Jan 22, 2016 10:13:23  
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, January 26, 2016 at 1 p.m. CST  
**Attachment:** [image002.png](#)

---

Following are the details to access documents in the Academy portal for the Finance and Audit Committee call on Tuesday, January 26, 2016 at 1 p.m. CDT.

<https://eal.webauthor.com/auth.cfm?logout=1&erase=true&msg=You%20have%20successfully%20signed%20out%2E>

Everything for the month of January is loaded in the portal.

**Items in the portal:**

- Agenda
- Investment Markets – discussion with Al Bryant
- December 22, 2015 minutes
- Paul narrative for December
- November final financial results

- December preliminary financial results
- November 2015 variance report – will be loaded in the portal later today.
- April 2016 FAC meeting – discussion only

By now, you should have received a webinar invitation from “Academy IT Department”. If you don’t have the invitation, please let us know as soon as possible.

Talk to you soon

**Maria G Juarez**  
**Academy of Nutrition and Dietetics**

*General Manager Accounting & Finance Administration*

*120 South Riverside Plaza, Suite 2000*

Chicago, IL 60606

Ph 312-899-4886

Fax 312-899-5335

[mjuarez@eatright.org](mailto:mjuarez@eatright.org)

## 4576. REMINDER: Ethics and Dietetics-Member Input Needed

**From:** Academy of Nutrition and Dietetics <ethics@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 22, 2016 10:08:53  
**Subject:** REMINDER: Ethics and Dietetics-Member Input Needed  
**Attachment:**

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REMINDER: Ethics and Dietetics-Member Input Needed  
Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

The Academy of Nutrition and Dietetics Ethics Committee recently asked for your help with a very important survey regarding ethical concerns facing dietetics practitioners. The results will provide vital information to support the Committees goal of developing new educational tools, including *Journal* articles, Food & Nutrition Conference & Expo sessions, toolkits and other resources.

**If you have already completed the survey, thank you. If not, please consider responding today. Your input is valuable and the survey should take less than 10 minutes of your time.**  
**TAKE SURVEY**

The survey will close on January 28, 2016.

Thank you for your participation.

Share this mailing with your social network:

This member email was sent to you from the Academy of Nutrition and Dietetics.  
If you prefer not to receive future member emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics  
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4577. FW: Questions for 2016 AND Candidates

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>  
**Sent Date:** Jan 22, 2016 09:58:05  
**Subject:** FW: Questions for 2016 AND Candidates  
**Attachment:** [image001.jpg](#)  
[image002.jpg](#)  
[image003.png](#)

---

See below. Know that just because the questions were sent in doesn't guarantee the Nominating Committee will select them. I will get you something for #3.

**Patricia M. Babjak**

***Chief Executive Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4856

**pbabjak@eatright.org | www.eatright.org**

**Twitter | Facebook | LinkedIn | YouTube**

**From:** Hope Barkoukis [mailto:Hope.Barkoukis@case.edu]  
**Sent:** Friday, January 22, 2016 7:17 AM  
**To:** Patricia Babjak <PBABJAK@eatright.org>  
**Subject:** Fwd: Questions for 2016 AND Candidates

Hi Pat,

Happy New Year! Great job with the BOD responses to the Task force's recommendations.

Sending this to you. I am not sure if all the candidates are receiving this or not, but regarding # 3, I would assume AND has a well developed response.

Thanks,

Hope Barkoukis

----- Forwarded message -----

From: **DFPI** <integritydietitians@gmail.com>

Date: Thu, Jan 21, 2016 at 7:43 PM

Subject: Questions for 2016 AND Candidates

To: hope.barkoukis@case.edu

Dear Dr. Barkoukis,

With Academy of Nutrition and Dietetics elections a few weeks away, Dietitians For Professional Integrity wants to help increase voter turnout and engage more dietitians in the election process.

As a result, we are sending candidates running for president-elect, director-at-large, House of Delegates speaker-elect, House of Delegates director, and House of Delegates at-large delegate the following three questions that touch on issues that many dietitians consider highly important.

If and when received, we will publish responses on our public Facebook page ([www.facebook.com/DietitiansForProfessionalIntegrity](http://www.facebook.com/DietitiansForProfessionalIntegrity)).

In order to help dietitians make informed voting decisions, we would appreciate a response to the questions posed below no later than February 5, 2016, though answers are welcomed after the date as well.

- 1) Some AND partners/sponsors primarily profit from products that contradict our mission and vision of improving the nation's health. What are your thoughts on this conflict?
- 2) Some AND partners/sponsors actively lobby against public health initiatives. How do you reconcile this with their public proclamations to be part of the solution?
- 3) Health experts agree that the 2015 Dietary Guidelines are vague, and that the American public would benefit from more forceful messaging (i.e.: "limit sugary drinks", "eat less red and processed meat", "cut back on processed and junk food"). With that in mind, would you suggest AND revise its 'total diet approach' position paper?

We appreciate your time and cooperation in advance.

Sincerely,

Dietitians For Professional Integrity Core Team

Frances Arnold, RDN

Andy Bellatti, MS, RD

Denise Garbinski, MBA, RD

Jess Kolko, RD

Elizabeth Lee, MS, RD

Matt Ruscigno, MPH, RD

David Wiss, MS, RD

**Dietitians For Professional Integrity (DFPI)**

*Visit us at* [Integritydietitians.org](http://Integritydietitians.org)

*Facebook:* [www.facebook.com/DietitiansForProfessionalIntegrity](https://www.facebook.com/DietitiansForProfessionalIntegrity)

*Twitter:* @IntegrityRDs

--

Hope Barkoukis, PhD,RD,LD

Interim Chair- Nutrition Dept.

Associate Professor

School of Medicine, CWRU

216-368-2441

## 4578. RE: Membership Presentation

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'Christie, Catherine' <c.christie@unf.edu>, Garner, Margaret <MGarner@cchs.ua.edu>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>  
**Sent Date:** Jan 22, 2016 09:36:13  
**Subject:** RE: Membership Presentation  
**Attachment:** [image002.jpg](#)  
[image003.jpg](#)  
[image004.png](#)  
[image005.jpg](#)

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We never delved into the discussion of the moratorium or enrollment limits related to ACEND at the meeting and the impact on capacity, but we'll be sure to include time on the next agenda. We also need to discuss plans to assess the impact of the proposed ACEND and Council on Future Practice recommended changes to professional qualifications given current licensure laws and regulations.

**Patricia M. Babjak**

***Chief Executive Officer***



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**[pbabjak@eatright.org](mailto:pbabjak@eatright.org) | [www.eatright.org](http://www.eatright.org)**

**Twitter | Facebook | LinkedIn | YouTube**

**From:** Christie, Catherine [mailto:c.christie@unf.edu]

**Sent:** Friday, January 22, 2016 7:49 AM

**To:** Garner, Margaret <MGarner@cchs.ua.edu>; Patricia Babjak <PBABJAK@eatright.org>; 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Susan Burns <Sburns@eatright.org>; Marsha Schofield <mschofield@eatright.org>

**Subject:** RE: Membership Presentation

Hi everyone,

I agree with Margaret that we are and will continue to be the champions of membership in the Academy. Another thought I had was that ACEND asked DPD programs to limit enrollment through an "enrollment monitoring policy" a few years ago due to the limitations in internship slots. The DPD programs have complied and in Florida, the universities with DPD programs are actively trying to limit enrollment. That may be one reason why our student numbers have declined. As a university administrator, it is a problem for DPD programs as funding is often based on FTE numbers. We review daily reports on FTE for all our programs and make decisions accordingly.

Now that we have a credential for 4 year grads (NDTR) and nutrition has never been more popular, I wondered if ACEND is considering the enrollment monitoring policy or messaging to DPD programs and what the federal DOE view of that might be if we have increased jobs for community health workers. I am so sorry to have missed this discussion. My original flight was cancelled and I was rebooked on an earlier one. Looking forward to more discussion on this important topic!

**Catherine Christie, PhD, RDN, LDN, FADA, FAND**

Associate Dean, Brooks College of Health

Professor and Nutrition Graduate Program Director

University of North Florida

1 UNF Drive

Jacksonville, FL 32224

904-620-2810

**From:** Garner, Margaret [mailto:MGarner@cchs.ua.edu]

**Sent:** Thursday, January 21, 2016 6:53 PM

**To:** Patricia Babjak <PBABJAK@eatright.org>; 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; Christie, Catherine <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Susan Burns <Sburns@eatright.org>; Marsha Schofield <mschofield@eatright.org>

**Subject:** RE: Membership Presentation

Hey everyone,

This is disheartening to hear, but I understand students who leave our dietetic educational pathway will continue to make decisions based on their academic goals—we all get that. I am confident that we all appreciate the update and explanation about the student numbers from Mary and the disappointment to those of our staff who work so hard for membership. We are all champions to our members and non-members that AND membership is a bargain and is so worthy of our urging active support at all levels even through the times when we face crises together. Our educators are the first line with our students and our practitioner leaders the first line with their staff and colleagues, our business and industry dietetic leaders similarly so. Maybe we should wear a smile and frequently ask, are you a member? If yes, ask them to join us and encourage others who are not. If no, respond with: “tell me what prevents your joining or might change your perspective.....I care about your reasons.”

I don't know any group to which I am involved--- including church, ladies--- where everyone is in agreement. Truly, I believe that we should never aspire to be only one voice, because we would cease to be critical thinkers; that we should aspire to be committed to our values and evidenced based practice; that we recognize that tough decisions are not easy (hence the “tough”), but that does not mean we should avoid making decisions; that we will have peaks and likewise valleys in our journey, but those make us stronger; and that *when we make decisions, we move with a united voice until collectively and courageously we find that another direction is warranted*. Anyone can make a better decision or better predictions with the benefit of hindsight (that's an oxymoron for sure); we have to depend on our foresight, trends, professional commitment and judgment. Just want you all to know that I am proud of our progress, I believe we have had some valleys together, but we are up for the challenges and opportunities ahead---volunteers and staff together! Smile with my run-on sentences.....sometimes it's the way I think!

Well, enough said. Enjoy your evening and weekend!

Margaret

Margaret P. Garner, MS, RDN, LD, CIC, FAND

Executive Director

Student Health Center &Pharmacy

Assoc. Prof. Family Medicine

Director, Health Promotion & Wellness

The University of Alabama

205-348-7960

**From:** Patricia Babjak [mailto:PBABJAK@eatright.org]

**Sent:** Thursday, January 21, 2016 4:21 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; Garner, Margaret <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Susan Burns <Sburns@eatright.org>; Marsha Schofield <mschofield@eatright.org>

**Subject:** Membership Presentation

We were sorry to see that due to flight scheduling more than half of the Board was not in attendance to hear the membership discussion last Wednesday at the January Board meeting. Those of you who were able to stay, heard that we experienced the unexpected loss of nearly 900 student Academy members this year. Since then, Mary Gregoire, Executive Director of ACEND, informed us that student enrollment from ACEND's annual report shows enrollment is down by 839 students, most in DPD programs. We think that maybe this is impacting student membership numbers. Please see the email from Mary which follows below with further enrollment details.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995  
Phone: 312/899-4856  
Email: pbabjak@eatright.org  
www.eatright.org

+++++

**From:** Mary Gregoire  
**Sent:** Monday, January 18, 2016 11:03 AM  
**To:** Mary Beth Whalen <Mwhalen@eatright.org>  
**Subject:** RE: student membership

Hi Mary Beth

To help clarify enrollment decreased in didactic programs in dietetics (down 851 students, -4.8%) and dietetic technician programs (down 191, -22%) and increased for dietetic internships (up 90, +2.1%) and coordinated programs (up 113, +2.4%), which resulted in an overall decline of 836 students (-1.9%). This is comparable to the overall college enrollment decline of 2% last year and better than the past four years in which colleges have seen drops in enrollment each year and this is the first we have had declining enrollment. The articles below detail information on college enrolment decline. I think similar factors are impacting our enrollment. We also placed a moratorium on new DPD programs several years ago and put an enrollment monitoring policy in place two years ago to help control numbers of students graduating from DPD programs to try to better match numbers of DPD graduates to internship slots. Unfortunately the college enrollment figures from Fall 2015 show a continued decline so our numbers next year may be down further.

<http://www.cbsnews.com/news/why-is-college-enrollment-declining>

<http://hechingerreport.org/college-enrollment-declines-for-fourth-straight-year/>

<https://nscnews.org/college-enrollment-down-once-again/>

Mary

Mary B. Gregoire, PhD, RD | Executive Director, Accreditation Council for Education in Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995 | T 312.899.4872 | F 312.899.4817 | E [mgregoire@eatright.org](mailto:mgregoire@eatright.org)  
visit our Web site at [www.eatright.org/acend](http://www.eatright.org/acend)

+++++

On Jan 16, 2016, at 6:31 PM, Mary Gregoire <[mgregoire@eatright.org](mailto:mgregoire@eatright.org)> wrote:

I wanted to let you know that we have the student enrollment from our annual report and enrollment is down 839 students, most in DPD programs. So that maybe impacting student membership numbers.

Mary

Mary B. Gregoire, PhD, RD | Executive Director, Accreditation Council for Education in Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995 | T 312.899.4872 | F 312.899.4817 | E [mgregoire@eatright.org](mailto:mgregoire@eatright.org)  
visit our Web site at [www.eatright.org/acend](http://www.eatright.org/acend)

4579. RE: Questions for 2016 AND Candidates

**From:** Barbara Visocan <BVISOCAN@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 21, 2016 20:51:44  
**Subject:** RE: Questions for 2016 AND Candidates  
**Attachment:**

---

Donna: As per Academy policy, we can inform anyone if someone is or is not a member. So I'd be happy to look them up and let you know tomorrow.

Barbara

Barbara Visocan, MS, RDN, LDN, FADA, FAND  
Vice President, Member Services  
Academy of Nutrition and Dietetics  
Phone: 312-899-4891  
Fax: 312-899-5350  
bvisocan@eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Thursday, January 21, 2016 7:38 PM  
**To:** Barbara Visocan  
**Subject:** Fwd: Questions for 2016 AND Candidates

Barbara, Can you tell me how many of these core team members of DFPI are members of the Academy? I obviously am not going to answer their questions, but I know Andy is not a member, but wondered about the other people? See names below. If you cannot give me that information I will respect that you can't. Please feel free to share this with whomever you see fit. Thanks!

Sent from my iPhone

Begin forwarded message:

**From:** DFPI <integritydietitians@gmail.com>  
**Date:** January 21, 2016 at 7:42:34 PM EST  
**To:** DMartin@burke.k12.ga.us  
**Subject:** Questions for 2016 AND Candidates

Dear Ms. Martin,

With Academy of Nutrition and Dietetics elections a few weeks away, Dietitians For Professional Integrity wants to help increase voter turnout and engage more dietitians in the election process.

As a result, we are sending candidates running for president-elect, director-at-large, House of

Delegates speaker-elect, House of Delegates director, and House of Delegates at-large delegate the following three questions that touch on issues that many dietitians consider highly important.

If and when received, we will publish responses on our public Facebook page ([www.facebook.com/DietitiansForProfessionalIntegrity](http://www.facebook.com/DietitiansForProfessionalIntegrity)).

In order to help dietitians make informed voting decisions, we would appreciate a response to the questions posed below no later than February 5, 2016, though answers are welcomed after the date as well.

- 1) Some AND partners/sponsors primarily profit from products that contradict our mission and vision of improving the nation's health. What are your thoughts on this conflict?
- 2) Some AND partners/sponsors actively lobby against public health initiatives. How do you reconcile this with their public proclamations to be part of the solution?
- 3) Health experts agree that the 2015 Dietary Guidelines are vague, and that the American public would benefit from more forceful messaging (i.e.: "limit sugary drinks", "eat less red and processed meat", "cut back on processed and junk food"). With that in mind, would you suggest AND revise its 'total diet approach' position paper?

We appreciate your time and cooperation in advance.

Sincerely,

Dietitians For Professional Integrity Core Team

Frances Arnold, RDN  
Andy Bellatti, MS, RD  
Denise Garbinski, MBA, RD  
Jess Kolko, RD  
Elizabeth Lee, MS, RD  
Matt Ruscigno, MPH, RD  
David Wiss, MS, RD

**Dietitians For Professional Integrity (DFPI)**

*Visit us at* [Integritydietitians.org](http://Integritydietitians.org)

*Facebook:* [www.facebook.com/DietitiansForProfessionalIntegrity](http://www.facebook.com/DietitiansForProfessionalIntegrity)

*Twitter:* @IntegrityRDs



## 4580. Upcoming Board Meetings

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>  
**Sent Date:** Jan 21, 2016 18:23:43  
**Subject:** Upcoming Board Meetings  
**Attachment:** [image003.jpg](#)

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For various reasons several Board members are not able to attend the March 4-5 face to face Board meeting. Having reviewed multiple schedules we are changing the meeting to **Saturday, February 27 and Sunday, February 28**. The timing format proved to be cost effective since a one-night hotel stay is eliminated. We will begin at 2:00pm on Saturday and adjourn at 3:00pm on Sunday, again staying at a hotel near O'Hare which adds to the cost efficiency.

Hotel reservations will be made for arrival on **February 27**, unless requested otherwise. You are approved to make your travel arrangements for the meeting. Please go to <https://adatvl.axo20.com/> and select your flights, enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box.

After March, the next Board meeting is scheduled for May 12-13, 2016 and will take place at Academy headquarters. We will be inviting the newly elected incoming Board members to attend

and observe, which assists in the transitioning. The Board retreat will follow on July 9-11, 2016 in Charleston, SC.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

4581. RE: Date of Board Presentation

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 21, 2016 18:03:18  
**Subject:** RE: Date of Board Presentation  
**Attachment:** [image003.jpg](#)

---

I am double checking with the moderator and will send out a link to register for the tech run through as soon as she replies.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
[www.eatright.org](http://www.eatright.org)

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Thursday, January 21, 2016 4:58 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Date of Board Presentation

Yes. That would be perfect. Did you settle on the date and time?

Sent from my iPhone

On Jan 21, 2016, at 5:55 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

Thanks! We will send you a headset. Is the 789 Burke Veterans Pkwy address the best to use?  
Much appreciated!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Email: jschwaba@eatright.org

www.eatright.org

<image002.jpg>

**From:** DMartin@Burke.k12.ga.us

**Sent:** Thursday, January 21, 2016 4:49 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: Date of Board Presentation

I did the doodle poll and said Monday times would work and I should be finished with FAC on Tuesday that I could do Tuesday too. A headset would be great. I do not have one.

Sent from my iPhone

On Jan 21, 2016, at 5:47 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

Hi Donna,

Thanks, I will confirm. Also, did you have a chance to look at your calendar to see if the Monday, Jan 25 at noon CT or 2:00pm CT, or Tuesday, Jan 26 at 3:00pm CT work for your schedule for a the run through for the webinar? Do you need a headset sent to you?

Thanks again!

Joan

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

<image003.jpg>

**From:** DMartin@Burke.k12.ga.us

**Sent:** Thursday, January 21, 2016 1:21 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: Date of Board Presentation

Yes

Sent from my iPhone

On Jan 21, 2016, at 1:44 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

Hi Donna –

Looks like the March BOD meeting will be changed to February 27-28 (a similar 1 ½ day format as the January meeting). A communication from Pat will be coming out today with the details. Is it OK for me to confirm with Tammy that you are available March 10-11 to present at the Alabama

meeting?

Thanks!

Joan

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Director, Strategic Management

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Email: jschwaba@eatright.org

www.eatright.org

<image002.jpg>

**From:** DMartin@Burke.k12.ga.us

**Sent:** Monday, January 18, 2016 5:48 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: Date of Board Presentation

Joan, Thanks for the heads up. I much prefer the Mar 10-11 dates as my daughters 2nd baby is due March 3. I agreed to do the Alabama talk because it was after her due date and I felt like she would not go past her due date. This would definitely be a help to me to come March 10-11 instead of March 3-4.

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Thank you,

Joan

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[www.eatright.org](http://www.eatright.org)

<image003.jpg>

4582. RE: Date of Board Presentation

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 21, 2016 17:55:23  
**Subject:** RE: Date of Board Presentation  
**Attachment:** [image002.jpg](#)

---

Thanks! We will send you a headset. Is the 789 Burke Veterans Pkwy address the best to use?  
Much appreciated!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
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Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Thursday, January 21, 2016 4:49 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Date of Board Presentation

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Joan

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Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

<image003.jpg>

**From:** DMartin@Burke.k12.ga.us

**Sent:** Thursday, January 21, 2016 1:21 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: Date of Board Presentation

Yes

Sent from my iPhone

On Jan 21, 2016, at 1:44 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

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Joan

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<image002.jpg>

**From:** DMartin@Burke.k12.ga.us

**Sent:** Monday, January 18, 2016 5:48 PM

**To:** Joan Schwaba <JSchwaba@eatright.org>

**Subject:** Re: Date of Board Presentation

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Thank you,

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Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

<image003.jpg>

4583. RE: Date of Board Presentation

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 21, 2016 17:47:13  
**Subject:** RE: Date of Board Presentation  
**Attachment:** [image003.jpg](#)

---

Hi Donna,

Thanks, I will confirm. Also, did you have a chance to look at your calendar to see if the Monday, Jan 25 at noon CT or 2:00pm CT, or Tuesday, Jan 26 at 3:00pm CT work for your schedule for a the run through for the webinar? Do you need a headset sent to you?

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Joan Schwaba, MS, RDN, LDN

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Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
[www.eatright.org](http://www.eatright.org)

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Thursday, January 21, 2016 1:21 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Date of Board Presentation

Yes

Sent from my iPhone

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Thank you,

Joan

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<image003.jpg>

## 4584. Membership Presentation

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>, Marsha Schofield <mschofield@eatright.org>  
**Sent Date:** Jan 21, 2016 17:22:43  
**Subject:** Membership Presentation  
**Attachment:**

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We were sorry to see that due to flight scheduling more than half of the Board was not in attendance to hear the membership discussion last Wednesday at the January Board meeting. Those of you who were able to stay, heard that we experienced the unexpected loss of nearly 900 student Academy members this year. Since then, Mary Gregoire, Executive Director of ACEND, informed us that student enrollment from ACEND's annual report shows enrollment is down by 839 students, most in DPD programs. We think that maybe this is impacting student membership numbers. Please see the email from Mary which follows below with further enrollment details.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

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+++++

**From:** Mary Gregoire

**Sent:** Monday, January 18, 2016 11:03 AM

**To:** Mary Beth Whalen <Mwhalen@eatright.org>

**Subject:** RE: student membership

Hi Mary Beth

To help clarify enrollment decreased in didactic programs in dietetics (down 851 students, -4.8%) and dietetic technician programs (down 191, -22%) and increased for dietetic internships (up 90, +2.1%) and coordinated programs (up 113, +2.4%), which resulted in an overall decline of 836 students (-1.9%). This is comparable to the overall college enrollment decline of 2% last year and better than the past four years in which colleges have seen drops in enrollment each year and this is the first we have had declining enrollment. The articles below detail information on college enrolment decline. I think similar factors are impacting our enrollment. We also placed a moratorium on new DPD programs several years ago and put an enrollment monitoring policy in place two years ago to help control numbers of students graduating from DPD programs to try to better match numbers of DPD graduates to internship slots. Unfortunately the college enrollment figures from Fall 2015 show a continued decline so our numbers next year may be down further.

<http://www.cbsnews.com/news/why-is-college-enrollment-declining>

<http://hechingerreport.org/college-enrollment-declines-for-fourth-straight-year/>

<https://nscnews.org/college-enrollment-down-once-again/>

Mary



Mary B. Gregoire, PhD, RD | Executive Director, Accreditation Council for Education in Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995 | T 312.899.4872 | F

312.899.4817 | E [mgregoire@eatright.org](mailto:mgregoire@eatright.org)

visit our Web site at [www.eatright.org/acend](http://www.eatright.org/acend)

+++++

On Jan 16, 2016, at 6:31 PM, Mary Gregoire <[mgregoire@eatright.org](mailto:mgregoire@eatright.org)> wrote:

I wanted to let you know that we have the student enrollment from our annual report and enrollment is down 839 students, most in DPD programs. So that maybe impacting student membership numbers.

Mary

Mary B. Gregoire, PhD, RD | Executive Director, Accreditation Council for Education in Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995 | T 312.899.4872 | F

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visit our Web site at [www.eatright.org/acend](http://www.eatright.org/acend)

## 4585. Grassroots Advocacy Update Webinar January 25

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'Catherine Christie' <c.christie@unf.edu>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>  
**Sent Date:** Jan 21, 2016 17:06:09  
**Subject:** Grassroots Advocacy Update Webinar January 25  
**Attachment:**

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The Grassroots Advocacy Update webinar will be held on **Monday, January 25 at 4:00 pm EST/3:00 pm CST/ 2:00 pm MST/ 1:00 pm PST**. Click on Join WebEx meeting below to participate on the webinar. The webinar will be recorded for future playback for those who are unable to attend the live event.

**BOD Grassroots Advocacy Update**

Monday, January 25, 2016

4:00 pm EST/3:00 pm CST/ 2:00 pm MST/ 1:00 pm PST | 1 hour

**Join WebEx meeting**

Meeting number:

743 498 106

Meeting password:

grassroots

### Join by phone

Call-in toll-free number: 1-866-477-4564 (US)

Show global numbers

Leader PIN: 9526

Conference Code: 268 471 5036

Add this meeting to your calendar. (Cannot add from mobile devices.)

Can't join the meeting? Contact support.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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**From:** Jeanne Blankenship

**Sent:** Friday, January 15, 2016 3:11 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; 'DMartin@Burke.k12.ga.us'; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; 'dwheller@mindspring.com'; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Patricia Babjak <PBABJAK@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>; Darchele Erskine <derskine@eatright.org>

**Subject:** Grassroots Advocacy Update -- Webinar January 29

Dear Board of Directors:

Pat mentioned to you this past week that staff would schedule webinars on topics of interest in between Board meetings. She asked that we begin first with a webinar on the Academy's grassroots advocacy program. Darchele will be sending you a poll to determine your availability for January 29<sup>th</sup>.

The webinar will provide an overview of the Academy's grassroots advocacy program and highlight important changes in the professional development component of the program. Notably, the Public Policy Workshop (PPW) will be realigned to better meet the needs of attendees and to further advance the policy and advocacy goals of the Academy. Exciting changes have been made to the format of the meeting to make attending easier for affiliates, DPGs/MIGs and member leaders. An update on the implementation efforts related to strategic measures for grassroots advocacy will also be included in the presentation.

I look forward to the discussion and your feedback and ideas.

Best Regards,

Jeanne

**Jeanne Blankenship, MS RDN**

Vice President, Policy Initiatives and Advocacy

**Academy of Nutrition and Dietetics**

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[jblankenship@eatright.org](mailto:jblankenship@eatright.org)

[www.eatright.org](http://www.eatright.org)

4586. March 22-14, 2016 Childhood Weight Management Program Agenda Change

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 21, 2016 15:44:48  
**Subject:** March 22-14, 2016 Childhood Weight Management Program Agenda Change  
**Attachment:**

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Hi Donna,

Dana has requested to present on the last day of the program – Thursday, March 24. To accommodate her request, we would like to schedule your presentation from 3:30 until 4:45 pm on Tuesday, March 22. Is this okay with you?

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

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pjohnson@eatright.org



4587. RE: Date of Board Presentation

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 21, 2016 13:44:19  
**Subject:** RE: Date of Board Presentation  
**Attachment:** [image002.jpg](#)

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Hi Donna –

Looks like the March BOD meeting will be changed to February 27-28 (a similar 1 ½ day format as the January meeting). A communication from Pat will be coming out today with the details. Is it OK for me to confirm with Tammy that you are available March 10-11 to present at the Alabama meeting?

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
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Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
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**From:** DMartin@Burke.k12.ga.us  
**Sent:** Monday, January 18, 2016 5:48 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Date of Board Presentation



Joan, Thanks for the heads up. I much prefer the Mar 10-11 dates as my daughters 2nd baby is due March 3. I agreed to do the Alabama talk because it was after her due date and I felt like she would not go past her due date. This would definitely be a help to me to come March 10-11 instead of March 3-4.

Sent from my iPhone

On Jan 18, 2016, at 5:48 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

Hi Donna,

Just as a heads up - there are several conflicts with the dates of March 3-4 for the upcoming BOD meeting. We are looking at the possibility of changing it to March 10-11 (a similar 1 ½ day agenda like the January meeting) pending hotel availability, etc. I noted you are scheduled to present at the Alabama AND during those days. I reached out to the Alabama meeting organizer Tammy Beasley to see what day had been scheduled for your presentation and she said although it would be either of those days they would be willing to have their president share the Academy Update PPT should the BOD meeting conflict. Please let me know your thoughts.

Thank you,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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<image003.jpg>

# 4588. SATF Communication from President Evelyn Crayton to DPG and MIG Chairs and Affiliate Presidents

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 21, 2016 13:28:51  
**Subject:** SATF Communication from President Evelyn Crayton to DPG and MIG Chairs and Affiliate Presidents  
**Attachment:** [Picture \(Device Independent Bitmap\) 1.jpg](#)  
[Picture \(Device Independent Bitmap\) 2.jpg](#)  
[Picture \(Device Independent Bitmap\) 3.jpg](#)  
[SATF DPG-MIG Affiliate Communication.pdf](#)

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The attached communication will be going out from Evelyn to DPG and MIG Chairs and Affiliate President's today. This information will also be posted to the HOD community this afternoon.

As part of the pilot program and over the course of the next nine months, Dietetic Practice Groups and Member Interest Groups are asked to use the Sponsorship Advisory Task Force's recommended assessment tools to review potential sponsors and provide input to the Board of Directors.

To achieve our common purpose and in accordance with the Principles of Affiliation agreements between the Academy and its Affiliates, we also ask that the Affiliates participate in the pilot program by using the guidelines and the SATF recommended assessment tools.

Please visit [www.eatrightPRO.org/transparency](http://www.eatrightPRO.org/transparency) to view SATF's report.

Please let me know if you have any questions.

**Patricia M. Babjak**

***Chief Executive Officer***

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**[Twitter](#) | [Facebook](#) | [LinkedIn](#) | [YouTube](#)**

4589. Daily News: Thursday, January 21, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 21, 2016 10:37:21  
**Subject:** Daily News: Thursday, January 21, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **Academy of Nutrition and Dietetics Applauds Senate Agriculture Committee's Work on Child Nutrition Reauthorization**

<http://www.newswise.com/articles/academy-of-nutrition-and-dietetics-applauds-senate-agriculture-committee-s-work-on-child-nutrition-reauthorization>

### **Parental support has positive effect on children's eating behaviours**

<http://www.medicalnewstoday.com/releases/305418.php>

Source: *International Journal of Behavioural Nutrition and Physical Activity*

<http://www.ijbnpa.org/content/13/1/4>

### **Study: Latino Kids Have Less Healthy Food Options In and Near Schools**

<http://www.nbcnews.com/news/latino/study-latino-kids-have-less-healthy-food-options-near-schools-n499401>

Source: Salud America! The Robert Wood Johnson Foundation Research Network to Prevent Obesity Among Latino Children

<http://www.saludtoday.com/blog/research-many-latino-kids-face-unhealthy-school-environments/>

Related Resource: Hispanic Family Nutrition Complete Counseling Kit (eBook)

<http://www.eatrightstore.org/product/DC458CA0-D45B-4440-9793-55E877396A75>

### **West Ottawa launches interactive school lunch menus**

(The district has launched an interactive menu online and in a smartphone application)

<http://www.hollandsentinel.com/article/20160118/NEWS/160119121>

### **Eating More Healthy Fats May Extend Life, Study Suggests**

**Could prevent more than a million heart disease deaths worldwide each year, researchers estimate**

<http://consumer.healthday.com/senior-citizen-information-31/misc-death-and-dying-news-172/upping-healthy-fat-intake-may-lead-to-longer-lives-707202.html>

Source: *Journal of the American Heart Association*

<http://jaha.ahajournals.org/content/5/1/e002891>

### **Baking-soda ingredient may lower risk of premature death**

<http://www.foxnews.com/health/2016/01/21/baking-soda-ingredient-may-lower-risk-premature-death.html>

Source: *Clinical Journal of the American Society of Nephrology*

<http://cjasn.asnjournals.org/content/early/2016/01/13/CJN.06200615.abstract>

### **Facebook users recruit friends for diet, supplement programs but is it legit?**

<http://www.foxnews.com/health/2016/01/20/facebook-users-recruit-friends-for-diet-supplement-programs-but-is-it-legit.html>

Related Resource: Federal Trade Commission Multilevel Marketing

<https://www.ftc.gov/tips-advice/business-center/guidance/multilevel-marketing>

### **PCMH Model Soaring, Despite Funding Challenges**

<http://healthleadersmedia.com/content/HEP-324683/PCMH-Model-Soaring-Despite-Funding-Challenges>

Related Resource: Updated Toolkit Now Available!

RDNs in the New Primary Care: A Toolkit for Successful Integration

This how to guide is intended to help RDNs carve out a niche or enlarge the role of the RDN in team-based care in new models of health care delivery within the primary care setting, such as Patient Centered Medical Homes. (Learn more:

<http://www.eatrightpro.org/resource/practice/getting-paid/expanding-payment-and-coverage/integrating-rdns-into-emerging-health-care-delivery-and-payment-models>)

### **ClinicalTrials.gov**

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

### **-Treatment of Eating Disorders by Physical Activity and Nutrition Counseling (FAKT)**

<https://clinicaltrials.gov/ct2/show/NCT02079935?term=NCT02079935&rank=1>

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**In the subject line type unsubscribe.**

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4590. RE: Finance and Audit Committee meeting on Tuesday, January 26th, at 1 p.m. CST

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** Paul Mifsud <PMifsud@eatright.org>, 'Margaret Garner' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Jean Ragalie-Carr' <jean.ragalie-carr@rosedmi.com>, 'lbeseler\_fnc@bellsouth.net' <lbeseler\_fnc@bellsouth.net>, 'Linda.farr@me.com' <Linda.farr@me.com>, 'Amanda Jones' <amanda@justjones.es>, 'Ksauer@ksu.edu' <Ksauer@ksu.edu>, 'kay\_wolf@columbus.rr.com' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Darchele Erskine <derskine@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com> dmartin@burke.k12.ga.us  
**Hidden recipients:**  
**Sent Date:** Jan 20, 2016 15:12:17  
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, January 26th, at 1 p.m. CST  
**Attachment:** [Narrative for december electronic.xlsx](#)

---

All,

We have a Finance and Audit Committee meeting will be on Tuesday, January 26<sup>th</sup> at 1:00 p.m. CST. Maria has begun to put the information onto the portal and will let you know when everything is completed. The meeting agenda will focus on the following;

1. Investment markets
2. November final financials
3. December preliminary financials
4. April FAC meeting

I have added the Investment markets and asked Al Bryant, our investment manager at Segall, Bryant and Hamill, to provide an overview of the current Investment Markets and address any of your questions or concerns. Given today's market sell-off, I thought it would be appropriate.

Now, onto the narrative.

## **I. November Adjustments**

There were no changes made to the original November financials.

## **II. Investments**

It has been a long time since I had any good news on investments. Unfortunately, this will not be the time to shift that curve. It is easy to see the correction in the stock market. In December, the combined portfolios lost nearly \$717,000. In January, the news just continues to get worse. Through January 19<sup>th</sup> the combined investment funds have lost \$3.4 million or approximately 6.2%. We are faring a little better than the standard benchmarks (S&P is down 8.0%, Dow is down 8.1% and the Nasdaq is down 10.6%). That may not provide much comfort, but, at least we are beating the markets. Keep in mind, we have experienced this many times over the last 15 years. Some corrections have been worse than others. Just as we have weathered the storm in the past, I think we can weather this storm as well. Corrections will happen. I wish I could tell you when it will stop. As I mentioned above, I have asked Al to join us on Tuesday to provide his thoughts on what is happening and where it might go. Today's market continues the trend. Al and the investing team at Segall, Bryant and Hamill have provided their investment acumen over the years to help us through these situations. I would expect they will be able to guide us through this turbulence and come out strong on the other end.

## **III. Academy preliminary December Financials (A3 and A10)**

The Academy results for December were short of expectations. However, unlike previous months, the revenue beat the budget while expenses were over budget. In December, the Academy exceeded the revenue target by \$11,965. On the expense front, the Academy was over budget by \$42,567. If you combine these two numbers, you will see that the Academy missed its



operating income target by \$30,602. As I mentioned above, investments continued the poor performance and missed the budget target by \$336,411 in December. So, after adding everything together, the Academy had a Net Deficit of \$659,502. This underperformed the budget by \$368,212.

Through December, the Operating Revenues are now down by \$369,397 while the Operating Expenses are under budget by \$77,626. This results in an Operating Deficit of \$531,221 which is under-performing when compared to the budget by \$291,771. As I mentioned last month, this isn't a great number. However, it is still \$774,387 better than the Operating Deficit through December of 2015. The Operating Deficit is actually 59.3% smaller than last year.

The revenue in December continued to under-perform in some of the same areas as we have discussed previously; Membership (down \$9.0K) and Sponsorships (down \$27.1K). The good news is Publication's saw a large jump in December (up \$56.6K). We also saw higher revenue in Programs and Meetings (up \$13.4) and Higher in Other (up \$9.8K). The attached variance grid will provide the details.

On the expense front, the Academy had a quite a few categories that were up in December. The largest of which is travel (up \$16.9K). This seems to be the largest concern. When you look at the year to date variances, Travel is over budget by \$43,847. The only other areas that are over budget for the year are Meeting Services (up \$31,957), Legal (up \$11.6K), Bank and Trust fees (up \$12.1K) and Computer Expenses (up \$8.4K). The other areas are at or below budget. The Meeting Services over-run is due to FNCE. However, the under-run in Other for the year of \$36,427 is the offset. A few expenses were budgeted in the wrong area, but, have to be recorded in the correct one. Legal is due to the Ethics case. If the Ethics cases does not continue, then we may be able to make up the over-run. Bank and Trust fees is another area that may "smooth" itself out over the coming months. I can't guarantee that it will happen since the volume of credit cards and their fees are going up. The Computer Expense over-run is due to over-runs in December. I don't believe this will continue at this level. However, it may continue to over-run as we move forward. We are upgrading the network. Unfortunately, changes that would have been capital in the past and, therefore, depreciated, are now monthly licensing fees. So, the shift may not look good on the Profit and Loss statement.

I am attaching the variance grid for you to review. It should provide to you the detail that you may be looking to review.

#### **IV. Foundation Preliminary December Financials (A2, A8 and A9)**

The Foundation had a operating profit in the month of December. However, it did not achieve the overall operating budget. Revenue was under budget by \$524,368 while expense were under budget by \$38,071. The revenue under run was due to not receiving the General Mills Grants. Over the last few years, the Foundation has received \$1,100,000 from General Mills for the grants. The money would come in during December and \$1,000,000 would be distributed at the end of May. This year, General Mills is working with the Foundation to see if there might be other opportunities. Therefore, they held off committing to the General Mills grants at this time. There is still a possibility the Foundation will receive the funding, or more funding in the 2017 calendar year. The Foundation generally budgets conservatively and put in only \$600,000 for the Grants. Therefore, if you pull out the General Mills Grants, the Foundation would be over budget by \$75,632 (\$525,368 shortfall add back in the \$600,000).

On the expense front, the Foundation was down across all areas in December with the exception of personnel. The increase in this area is due to higher benefits and increase in salaries above the original budgets.

Year to date, the Foundation's revenue is \$163,622 under budget while the expenses are \$188,768 under budget. This results in an operating deficit that is \$25,146 smaller (better) than the budget. Considering the loss of the General Mills Grant revenue, the Foundation is performing well. The only negative at this time is the Investment income. Investment income is now \$1,352,369 below budget.

Even with the under-runs in investment income, the Foundation reserves are at nearly \$22.9 million (A9).

## **V. CDR preliminary December Financials (A4 and A11)**

CDR, overall, had a good month in December. Revenue exceeded the budget by \$16.7K while expenses were under budget by \$124.0K. In addition, the Operating Results for December reflected income of \$119.6K which was nearly \$140.7K over budget. All good numbers. The only negative is the Investment Income. Investment Income fell short of budget by \$159,837 in December. Even after the investment losses, CDR had Net Income of \$6,517. Anytime you can have a profit, with investments declining, you had a good month.

On a year to date basis, CDR is performing very well. Even though revenue is short of budget by \$18.2K (primarily due to Weight Management education programs), overall Operating Income is \$954,664 higher than the budget. So, the expense under-runs are winning the day. CDR is under the expense budget by nearly \$1 million. Even after you factor in the investment income shortfall,

CDR is still showing Net Income of \$46,195. This is \$464,474 higher than the budget. CDR is doing very well.

## **VI. DPGs/MIGS/ACEND Preliminary December Financials (A5 and A12)**

The combined DPGs/MIGS/ACEND financial results were better than expectations in December. Both revenue (up \$23.4K) and expense (down \$53.2K) performed better than the budget targets. The final results reflected Operating Income of \$70,819. Again, it is always good to have a positive operating result. In this case, it was positive and it exceeded the budget by \$76,586. The only negative in December was the investment results. These were down \$104,083.

On a year to date basis, the combined revenues are under-performing by \$31,186 while the combined expenses are under-budget by \$486,419. So, the issue of the DPGs/MIGs overstating their expense budgets continues. The revenue shortfall seems to be closing the gap which is great news. You will see on page A16, we now have two DPGs/MIGs on the “watch list”; Dietitians in Business and Communications (72%) and Management in Food and Nutrition Systems (75%). Since the investment dollars are beginning to move lower, we will keep an eye on these two DPGs.

## **VII. ANDPAC Preliminary December Financials (A7 and A14)**

ANDPAC had a “mixed” month in December. Revenue was under-budget (down \$2,732) while expenses were also under budget (down \$1,950). Revenue is still the biggest concern. ANDPAC’s revenue is now below budget for the year by \$15,169 (20.7%). This could be a budget timing issue. When compared to the 2015 Fiscal Year, ANDPAC revenue is actually up \$9.1K (18.4%). As was the case last month, most of the under-run is due to lower revenue than budgeted from the DPGs/MIGs and Affiliates. The PAC has made up for this shortfall by under-running their expense budget by \$34,782 for the year. So, even though the PAC has an Operating Deficit of \$17.7K, it is still \$19.6K better than the budget. In addition, the PAC now has \$177.3K in reserve (A18). The PAC is in good financial shape at the end of December.

I hope this helps a little when going through the December package. As I finish this up, I can see that the stock market continues to be down. However, it is off of the lows for the day. Lets hope it will turn around and AI can provide a ray of sunshine on Tuesday. If you have any questions, or can’t make the call on Tuesday, please let me know. You should receive the webinar invitation

from the Academy IT department today. Let us know if you have not. Also, Maria will let you know when everything is on the portal for you to review.

Have a great weekend.

Paul

4591. Eat Right Weekly - January 20, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 20, 2016 14:31:08  
**Subject:** Eat Right Weekly - January 20, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that effects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

January 20, 2016

Quick Links: [On the Pulse of Public Policy](#) | [CPE Corner](#) | [Career Resources](#) | [Research Briefs](#)  
[Academy Member Updates](#) | [Philanthropy, Awards and Grants](#)

## ON THE PULSE OF PUBLIC POLICY

### Academy Supports Senate Committee's Action on Child Nutrition

The Academy supports the bipartisan work of the Senate Agriculture Committee on the Improving Child Nutrition Integrity and Access Act of 2016, which prioritizes the health, nutrition and well-being of millions of children by ensuring access to healthy foods and nutrition services.

[Learn More](#)

### Save the Date for Public Policy Workshop: June 23 to 24

Exciting changes are being made for the Academy's 2016 Public Policy Workshop, to be held June 23 to 24 in Washington, D.C., that will make attendance easier for Affiliates, dietetic practice groups, member interest groups and member leaders. A new format will feature a half-day focus on current issues and a full day of Capitol Hill visits, and an emphasis on pre-meeting, web-based preparation. PPW will have a reduced registration rate and deep discounts for students. More information will come, so save the dates now.

[Learn More](#)

### House Committee Hearing on SNAP in Special Populations

Older adults and veterans face high rates of food insecurity, according to experts at a recent hearing held by the House Agriculture Committee's Subcommittee on Nutrition. The hearing examined the role of the Supplemental Nutrition Assistance Program for special populations. Witnesses identified the need to highlight awareness of the availability of SNAP and other

programs that promote food security, in alignment with the Academy's efforts.

[Learn More](#)

#### Academy Urges Medicaid to Improve Methods Ensuring Access to Medicaid Services

Covered Medicaid services vary widely across the country. The Academy has urged the Centers for Medicare and Medicaid Services to work with states to improve data collection and provide greater clarity on the nature and scope of covered services. Adequate access to coverage should be measured, the Academy wrote, "by the presence of definitively robust (rather than perfunctory) coverage of services, consideration of the availability of qualified and effective providers, the actual utilization of covered services and the experiences of beneficiaries."

[Learn More](#)

#### New: 'Healthy Students, Promising Futures' Toolkit

Comments provided by the Academy to the Early Learning Interagency Policy Board were incorporated into a new policy statement by the departments of Education and Health and Human Services on health promotion in early learning. A new interagency toolkit and letter identify nutrition education, nutritious school meals and the provision of certain health care services free of charge in schools as "high impact opportunities."

[Learn More](#)

#### USDA Releases Guide to Professional Standards for School Nutrition Programs

The U.S. Department of Agriculture has released information for state agencies, school food authorities and school nutrition professionals about the Final Rule on Professional Standards for School Nutrition Programs Personnel. The Healthy, Hunger-Free Kids Act included provisions setting professional standards for school nutrition professionals in schools and for state administration of programs. The Academy supports this provision, which highlights the professionalism of members working in school nutrition.

[Learn More](#)

#### Opportunities to Offer Input on Proposed Regulations and Government Initiatives

Federal agencies continue to be busy issuing multiple proposed regulations affecting everything from food labeling (such as GMOs and use of the term "natural") to successes in the Indian Health Service and technology initiatives. Members are encouraged to work with your dietetic practice groups to submit input on these initiatives, which are detailed in the Public Policy Weekly News and on the Academy's website.

[Learn More](#)

#### CPE CORNER

##### January 26 Webinar: 'Changing the Way We Look at Agriculture'

Participants in a January 26 webinar, "Changing the Way We Look at Agriculture," will gain an understanding of the state of U.S. and international farming and learn about innovative strategies

to help nutritiously feed the growing world population. This webinar, which offers 1 CPE credit, is made possible through an educational grant from National Dairy Council.

[Learn More](#)

#### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

#### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

#### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

#### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

#### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

#### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

#### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

#### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa., and June 10 to 12 in Salt Lake City,

Utah.

[Learn More](#)

### Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

## CAREER RESOURCES

### March 14 IOM Workshop: Nutrition Care in Outpatient Oncology

The Institute of Medicine's planning committee on Assessing Nutrition Care in Outpatient Oncology will host a workshop on March 14 in Washington, D.C. The workshop will focus on connections between nutritional care, cancer and health outcomes. The Academy is a sponsor of the workshop; registration information will be available soon.

[Learn More](#)

### Diversity Awards and Grants

A \$1,000 Diversity Action Award and \$10,000 Promotion Grant are available to recognized Academy groups.

[Learn More](#)

### eNCPT Student Guide

Now available for educators, the eNCPT Student Companion Guide is a comprehensive student companion to the electronic Nutrition Care Process Terminology that guides, challenges and tests students on each step of the NCP. An Instructor's Solutions Manual is also available to NDEP members.

### Updated Terminology and Modules: Subscribe to eNCPT

Purchase the eNCPT, now with updated terminology and modules, to access the most current and up-to-date terms for nutrition care and comply with the Department of Health and Human Services' mandate that clinical terminologies in EHR systems must be in SNOMED and LOINC.

[Learn More](#)

## RESEARCH BRIEFS

### New on EAL: HIV/AIDS Evidence-Based Nutrition Practice Toolkit

This toolkit helps practitioners implement the Evidence Analysis Library's 2010 HIV/AIDS guideline in coordination with the nutrition care process.

[Learn More](#)



### New on EAL: Hypertension Evidence-Based Practice Guidelines

The guidelines contain recommendations on medical nutrition therapy, vitamin D, minerals, the DASH diet, alcohol and physical activity.

[Learn More](#)

### New on EAL: Pediatric Weight Management Evidence-Based Practice Guidelines

The guidelines focus on "Multicomponent PWM Interventions and Weight Status Outcomes" and "Treatment Context in Multicomponent PWM Interventions."

[Learn More](#)

## ACADEMY MEMBER UPDATES

### Board Approves Revised Sponsorship Guidelines

The Academy's Board of Directors has approved a one-year pilot program encompassing many of the recommendations of the Sponsorship Advisory Task Force. The program includes appointing a Sponsorship Committee to review national-level sponsor opportunities and to develop assessment tools that will support the sponsorship process. The Board also approved newly revised sponsorship guidelines, which take effect immediately for all Academy organizational units. Dietetic Practice Groups and Member Interest Groups will be required to adhere to these guidelines and Affiliates are encouraged to adopt them.

[Learn More](#)

### February 1 and 2: Meet the Candidates Webinars

View webinars featuring the Academy's 2016 candidates for president-elect (February 1) and speaker-elect (February 2) and gain insights into their perspectives and views. Each webinar offers 1 CPEU.

[Learn More](#)

### February 11 Deadline: Opportunities to Serve Survey

If you are interested in volunteering for an Academy committee, please complete the online Opportunities to Serve Survey. The information you provide will assist the Academy's president-elect and speaker-elect in making appointments for the 2016-2017 program year. The survey is available to take until February 11.

[Learn More](#)

### Celebrate National Nutrition Month in Style

In March, celebrate National Nutrition Month in style with the theme *Savor the Flavor of Eating Right*. Long- and short-sleeve t-shirts featuring the vibrant color graphic are available for purchase, along with many other products in the NNM online catalog.

[Learn More](#)

### For Media Spokesperson Program: Academy Nutrition Specialists in Chicago

The Academy seeks polished, enthusiastic and articulate registered dietitian nutritionists in Chicago to join the Academy's national Spokesperson program. All Spokesperson applicants must be passionate about spreading science-based and timely nutrition messages to the public through broadcast, print and Internet media. The application deadline is February 1.

[Learn More](#)

### Smart from the Start Awards

Preschool teachers are encouraged to apply for awards (\$20,000 grand prize and \$2,500 each for 10 runners-up) to create practical, long-term improvements in nutrition and physical activity at your school.

[Learn More](#)

## PHILANTHROPY, AWARDS AND GRANTS

### Iowa Schools Get Healthier

In collaboration with the Iowa Department of Education through a USDA Team Nutrition grant to implement the "Meet the Challenge!" project, teachers in Iowa incorporate more nutrition education and physical activity opportunities within the school day through Kids Eat Right "Healthy Schools. It's a Team Effort" workshops. Ten schools are working with a registered dietitian nutritionist to apply for USDA's HealthierUS School Challenge award.

[Learn More](#)

### February 1 Deadline: Ruby P. Puckett/Elizabeth Frakes Food Management Continuing Education Award

Two awards - of up to \$2,000 each - assist qualified professionals' attendance at the Academy's Food and Nutrition Conference & Expo or another conference related to food and nutrition management. The application deadline is February 1.

[Learn More](#)

### February 1 Deadline: Marianne Smith Edge Award

This \$1,000 award provides financial support to registered dietitian nutritionists who have been in practice fewer than 10 years to obtain leadership training and development. The application deadline is February 1.

[Learn More](#)

### February 1 Deadline: First International Nutritionist/Dietitian Fellowship for Study in the USA

This \$2,200 award assists foreign nationals who are pursuing postgraduate work in the United States and have a clearly articulated plan to return to their country. The application deadline is February 1.

[Learn More](#)

## February 1 Deadline: Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

This fund provides up to two \$1,100 awards for essays describing new approaches, including the application of technology, to feed the hungry by maximizing underutilized food resources or through a fresh produce program reducing food wastage. The deadline to submit essays is February 1. Email Amy Donatell for more information.

[Learn More](#)

## February 1 Deadline: Apply for Foundation Awards

The Foundation offers continuing education, international and program development awards. The application deadline is February 1.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics. If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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## 4592. Meet the Candidates Forum Format and Practice Session

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Lisa Dierks' <lisamnrd1@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Dianne Polly' <dianne Polly@gmail.com>, 'robertaanding@gmail.com' <robertaanding@gmail.com>  
**Cc:** Joe LasCola <jlascola@eatright.org>  
**Sent Date:** Jan 20, 2016 12:42:55  
**Subject:** Meet the Candidates Forum Format and Practice Session  
**Attachment:**

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Thank you for agreeing to participating in the *Meet the Candidates Forum*. The president-elect candidate forum will be held on Monday, February 1 at 1:00-pm – 2:00pm CST and the speaker-elect candidate forum will be held on Tuesday, February 2 at 1:00pm - 2:00pm CST.

A practice session will be scheduled for a tech run through. **To select a date/time for the 30 min practice webinar, please click on the president-elect or speaker-elect practice session link below.** Please confirm that you have a USB headset that hooks into the computer (not the phone), e.g., USB Logitech headset, for use on the webinars.

President-elect Practice Session Doodle Poll <http://doodle.com/poll/acnwr6aq2ataxh6z>

Speaker-elect Practice Session Doodle Poll <http://doodle.com/poll/iwf9zv4di3i95cwh>

The webinar format is outlined below. The webinar will be audiotaped not videotaped, we will be displaying a photo of the candidate as a placeholder as they respond to the questions. The flow of the webinar will be to pose one question to candidate A then switch to candidate B (and then candidate C for speaker-elect) for an opportunity to respond. The subsequent question will then be posed to candidate B then switch to candidate A (and then candidate C for speaker-elect) for an opportunity to respond. There is a three minute time limit for each question, however questions from the audience and the final closing statement have a two minute response limit.

**Format**

Introduction – Moderator – 2 min

Question and Response - Moderator and Candidates – 5 questions for president-elect/3 questions for speaker-elect with three minute responses from each candidate, and 1 minute in-between to ask the questions and transition – 36-40 min

Questions from Audience and Closing Statements – Candidates have opportunity to each make a two minute response to 2 questions from the audience and a two minute closing statement – 15-21 min

Closing Remarks – Moderator – 2 min

Total time – approx. 60 min

Roberta, next week I will send you a copy of the slides and sample script for you to use as you wish to moderate the webinar.  
We look forward to this exciting event! Please let me know if you have any questions.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)  
[www.eatright.org](http://www.eatright.org)

## 4593. Academy Applauds Senate Ag Committee's Work on Child Nutrition Reauthorization

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** Evelyn Crayton <evelyncrayton64@gmail.com>, Evelyn Crayton <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay\_Wolf@columbus.rr.com' <Kay\_Wolf@columbus.rr.com>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Miles081@umn.edu' <Miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <deniceferkoadams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Marsha Schofield <mschofield@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 20, 2016 12:08:40  
**Subject:** Academy Applauds Senate Ag Committee's Work on Child Nutrition Reauthorization  
**Attachment:** [image003.jpg](#)  
[CNR Support Release 01-16.pdf](#)

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Attached is a press release that announces our support of the Senate Agriculture Committee's work on the Child Nutrition Integrity and Access Act of 2016, which incorporated many of the Academy's recommendations.

We will be sharing this news with members on eatrightPRO and on our social media channels.

Thank you!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org)

4594. FW: June 22-23 Foundation BOD Meeting

**From:** Martha Ontiveros <Montiveros@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 20, 2016 10:59:44  
**Subject:** FW: June 22-23 Foundation BOD Meeting  
**Attachment:**

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Donna,

PPW was not on the books when we picked the Foundation BOD meeting dates.

But, now Beth is looking at locations close to DC so that those that need to can attend both meetings.

Also, PPW does not begin until 4 pm on June 23. The Foundation meeting will have ended by then.

Thanks!

Martha

**From:** Donna Martin <DMartin@burke.k12.ga.us>  
**Date:** January 19, 2016 at 11:30:37 AM CST  
**To:** Martha Ontiveros <Montiveros@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>  
**Subject: Re: June 22-23 Foundation BOD Meeting**

Martha, I just wanted you all to know that the Academy has scheduled PPW during the same time as the Foundation meeting.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393



fax - 706-554-5655

**From:** Martha Ontiveros <Montiveros@eatright.org>  
**Sent:** Friday, January 8, 2016 2:10 PM  
**To:** Donna Martin; Nancylewis1000@gmail.com  
**Subject:** FW: June 22-23 Foundation BOD Meeting  
**When:** Wednesday, June 22, 2016, 1:00 AM to Friday, June 24, 2016, 1:00 AM.  
**Where:** TBD

Congratulations on being selected as a candidate for Academy President on the 2016 Academy ballot! The Academy President-elect also serves on the Academy Foundation Board of Directors. We would ask that you hold June 22-23 on your calendar for the Foundation's face to face Board meeting. More information will follow after the election. Thank you for your continuing willingness to share your expertise and time on behalf of the profession.

-----Original Appointment-----

**From:** Martha Ontiveros  
**Sent:** Friday, January 08, 2016 1:07 PM  
**To:** Martha Ontiveros; Carl Barnes; Constance Geiger; Eileen Kennedy; Jean Ragalie-Carr; Kathy Wilson-Gold; Maha Tahiri; Pat Babjak; Sylvia Escott-Stump; Terri Raymond; mgarner@cchs.ua.edu; Mary Beth Whalen; Susan Burns; Beth Labrador; Katie Brown; Alison Steiber; Paul Mifsud; Amy Donatell; Mary Uhrick  
**Cc:** Darchele Erskine; Joan Schwaba; Sandy.Stelflug@genmills.com; Linda Serwat; Mary-Ann Johnson; 'Carole.Clemente@dairy.org'; 'Cecala, Sue'  
**Subject:** June 22-23 Foundation BOD Meeting  
**When:** Wednesday, June 22, 2016 12:00 AM to Friday, June 24, 2016 12:00 AM (UTC-06:00) Central Time (US &Canada).  
**Where:** TBD

Academy Foundation Board of Directors face to face meeting on June 22-23, 2016. More information will follow.

Please do not hesitate to contact me if you have any questions.

**Martha Ontiveros**

*Administrative Assistant, Academy of Nutrition and Dietetics Foundation*

120 South Riverside Plaza, Suite 2000, Chicago, Illinois 60606-6995

PHONE 1-800-877-1600, Ext 4773 - FAX 312-899-4796

montiveros@eatright.org

4595. Daily News & Journal Review: Wednesday, January 20, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 20, 2016 10:57:49  
**Subject:** Daily News & Journal Review: Wednesday, January 20, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **Study: Don't be swayed by independent restaurants when trying to cut calories**

<http://www.cnn.com/2016/01/20/health/non-chain-restaurants-calories-fast-food/index.html>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrn.org/article/S2212-2672\(15\)01736-0/abstract](http://www.andjrn.org/article/S2212-2672(15)01736-0/abstract)

### **High fish consumption in pregnancy tied to brain benefits for kids**

<http://www.reuters.com/article/us-health-pregnancy-fish-idUSKCN0UW1S4>

Source: *American Journal of Epidemiology*

<http://aje.oxfordjournals.org/content/early/2016/01/05/aje.kwv195.abstract>

### **Water dispensers in schools: do they lower obesity in students?**

<http://www.medicalnewstoday.com/articles/305269.php>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=2480887>

Related Editorial

<http://archpedi.jamanetwork.com/article.aspx?articleid=2480883>

### **Can Berries, Citrus Fruits Boost Male Sexual Health?**

**New study suggests a connection, but some doubt 'flavonoids' are an impotence remedy**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/berries-citrus-fruits-may-aid-erectile-function-study-sayssfunction-707063.html>

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/early/2016/01/06/ajcn.115.122010.abstract>

### **Diet meals step-up with more premium, gourmet offerings, test reveals**

<http://www.foodnavigator-usa.com/Suppliers2/Diet-meals-step-up-with-more-premium-gourmet-offerings-test-reveals>

### **When Athletes go Gluten Free**

(A new, carefully designed study of the effects of gluten-free diets on athletic performance

suggests that giving up gluten may not provide the benefits that many healthy athletes hope for)

<http://well.blogs.nytimes.com/2016/01/20/when-athletes-go-gluten-free/>

Source: *Int J Sport Nutr Exerc Metab*

<http://www.ncbi.nlm.nih.gov/pubmed/24901744>

### **Intensive exercise with intervals 'more effective'**

<http://www.sciencedaily.com/releases/2016/01/160119074550.htm>

Source: *Obesity Reviews*

<http://onlinelibrary.wiley.com/doi/10.1111/obr.12317/abstract;jsessionid=44375A045603040A066080CA93087363.f04t04>

### **Catch-Up Sleep May Reverse Type 2 Diabetes Risk Tied to Sleep Loss: Study But the research is preliminary and only included a small number of healthy young men, experts noted**

<http://consumer.healthday.com/diabetes-information-10/type-ii-diabetes-news-183/catch-up-sleep-may-reverse-type-2-diabetes-risk-tied-to-sleep-loss-707094.html>

Source: *Diabetes Care* (subscription required)

<http://care.diabetesjournals.org/content/early/2015/12/17/dc15-2214.full.pdf+html?sid=26950b83-912b-447f-85ee-fd578e99d74b>

### **Families give insights into end-of-life choices**

<http://www.cbsnews.com/news/end-of-life-study-gives-insight-into-dying-cancer-patient-preferences/>

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=2482326>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

Ethical Decisions for Withholding/Withdrawing Medically Assisted Nutrition and Hydration

[http://www.andjrnl.org/article/S2212-2672\(15\)00005-2/abstract](http://www.andjrnl.org/article/S2212-2672(15)00005-2/abstract)

### **Health checklist: What to buy in advance of the big storm**

<http://www.cnn.com/2015/10/06/health/hurricane-checklist-shopping-stay-healthy/index.html>

Related Resource: Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

<http://www.eatrightstore.org/product/1D86E11E-37D5-410B-A387-959D85BFBCD8>

### **MedlinePlus: Latest Health News**

-Out-of-Shape Teens May Face High Blood Pressure Later

Even thin kids are at risk, study says, emphasizing importance of exercise

-Exercise Regularly and Your Heart Will Thank You

And the more you do, the better off you'll be, cardiologists say

-More Evidence That Severe Poverty Harms Kids' Health

Children living way below poverty line more likely to be obese, exposed to lead

-Low Bicarbonate Levels May Be a Danger for Seniors

Healthy older people have greater risk of death if blood bicarbonate level too low, research suggests

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

## **Journal Review**

### ***Journal of the Academy of Nutrition and Dietetics*, January 16-20, 2016, Online First**

<http://www.andjrn.org/inpress>

-Energy Contents of Frequently Ordered Restaurant Meals and Comparison with Human Energy Requirements and US Department of Agriculture Database Information: A Multisite Randomized Study

-Evaluation of a Smart Fork to Decelerate Eating Rate

### ***American Journal of Hypertension*, February 2016**

<http://ajh.oxfordjournals.org/content/current>

-Hypertension, Dietary Sodium, and Cognitive Decline: Results From the Womens Health Initiative Memory Study

### ***Childhood Obesity*, January 19, 2016, Online First**

<http://online.liebertpub.com/toc/chi/0/0>

-Cardiometabolic Risk Factors among Severely Obese Children and Adolescents in the United States, 1999-2012

### ***Critical Care Medicine*, February 2016**

<http://journals.lww.com/ccmjournals/pages/currenttoc.aspx>

-Obesity, Acute Kidney Injury, and Mortality in Critical Illness

### ***Critical Reviews in Food Science and Nutrition*, January 25, 2016**

<http://www.tandfonline.com/toc/bfsn20/current>

-Health Risks and Adverse Reactions to Functional Foods

-Polyphenol Conjugates and Human Health: A Perspective Review

### ***Diabetes Care*, January 19, 2016, Online First**

<http://care.diabetesjournals.org/content/early/recent>

-No Effect of High-Dose Vitamin D Treatment on -Cell Function, Insulin Sensitivity, or Glucose Homeostasis in Subjects With Abnormal Glucose Tolerance: A Randomized Clinical Trial

-A Protein Preload Enhances the Glucose-Lowering Efficacy of Vildagliptin in Type 2 Diabetes

### ***Health Education Journal*, February 2016**

<http://hej.sagepub.com/content/75/1.toc>

- The role and impact of student leadership on participants in a healthy eating and physical activity programme
- Use of medical students in a flipped classroom programme in nutrition education for fourth-grade school students

***Health Education Research, February 2016***

<http://her.oxfordjournals.org/content/current>

- Peer-led nutrition education programs for school-aged youth: a systematic review of the literature
- Reach and effectiveness of an integrated community-based intervention on physical activity and healthy eating of older adults in a socioeconomically disadvantaged community

***JAMA Internal Medicine, January 19, 2016, Online First***

<http://archinte.jamanetwork.com/onlineFirst.aspx>

- Interactive Effects of Physical Fitness and Body Mass Index on the Risk of Hypertension

***Journal of Parenteral &Enteral Nutrition, February 2016***

<http://pen.sagepub.com/content/40/2.toc>

- Guidelines for the Provision and Assessment of Nutrition Support Therapy in the Adult Critically Ill Patient: Society of Critical Care Medicine (SCCM) and American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.)
- Taurine Concentrations Decrease in Critically Ill Patients With Shock Given Enteral Nutrition

***Journal of Womens Health, January 2016***

<http://online.liebertpub.com/toc/jwh/25/1>

- Postpartum Lifestyle Interventions to Prevent Type 2 Diabetes Among Women with History of Gestational Diabetes: A Systematic Review of Randomized Clinical Trials

***Nutrition and Cancer, January 15, 2016, Online First***

<http://www.tandfonline.com/action/showAxaArticles?journalCode=hnuc20>

- Effect of Curcumin Supplementation During Radiotherapy on Oxidative Status of Patients with Prostate Cancer: A Double Blinded, Randomized, Placebo-Controlled Study

**Quote of the Week**

**You rarely have time for everything you want in this life, so you need to make choices. And hopefully your choices can come from a deep sense of who you are.**

**-Fred Rogers**

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## 4596. Memo from the Council on Research--Process for Alignment with Scientific Integrity Principles

**From:** Joan Schwaba <JSchwaba@eatright.org>

**To:** Evelyn Crayton <evelyncrayton64@gmail.com>, Evelyn Crayton <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay\_Wolf@columbus.rr.com' <Kay\_Wolf@columbus.rr.com>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Miles081@umn.edu' <Miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <deniceferkoadams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Rosa Hand <RHand@eatright.org>

**Hidden recipients:** dmartin@burke.k12.ga.us

**Sent Date:** Jan 20, 2016 09:59:17

**Subject:** Memo from the Council on Research--Process for Alignment with Scientific Integrity Principles

**Attachment:** [1.0 SIP self assessment instructions and form.docx](#)  
[1.2 SIP self-assessment completed example.pdf](#)  
[1.1 SIP published.pdf](#)

---

A communication from the Council on Research follows below.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798

+++++

TO: Academy Board of Directors

FROM: Council on Research

RE: Process for Alignment with the Scientific Integrity Principles

During the last program year, the Board of Directors requested that the Council on Research develop a set of Scientific Integrity Principles (SIP) to guide scientific activities at the Academy. These were approved by the Board of Directors in March 2015 and published in the *Journal* in September of 2015. The six principles are broad and are designed to allow Academy units and committees to fill in the details as relevant and practical for their areas and activities. We are now asking for your support in filling in these details.

To assist with this process, the Council has outlined 5 steps to a self-assessment of the scientific activities and related policies. Please review these instructions (attachment 1.0), the SIP (attachment 1.1), and the example form (attachment 1.2) carefully; **we expect this process will impact most Academy units.** Your committee may not conduct research, however, if you fund grants or provide education, you are engaged in a scientific activity and therefore your participation is requested.

We are requesting that Academy committees begin this process in the 2015-2016 program year. DPGs and MIGs will be asked to complete the same process during the next program year. Academy affiliates are independent and are welcome to use this process next year but are not required to do so.

**The timeline for committees to complete this process is as follows:**

**February 4, 2016; 12 noon central time**—Optional webinar to learn more about the process from committee chairs on the Council on Research and have the opportunity to ask questions. Register [here](#) to attend the webinar. The recording will be distributed to committee chairs and staff partners.



**March 1, 2016**—Committees return this form to the Council on Research

**May 15, 2016**—Council on Research response

**2016/2017 Program Year**—Committees will include revision and/or development of relevant policies to their Plan of Work for the new program year, and submit to the Council for review. As policies are completed, the Council on Research will approve and forward to BOD for approval or will request further revisions.

**August 2016**—Process begins for DPGs, MIGs, and affiliates, if interested. The Council on Research will send these groups an email with further details and host another webinar when the process begins for them.

The Council on Research is available throughout this process for questions or concerns. We look forward to working with you on unifying the Academy's policies under these principles. Please contact Rosa Hand, staff partner for this project with your completed self-assessment or any questions.

Thank you,

Kelly Tappenden, PhD, RD, Council on Research Chair

Alison Steiber, PhD, RDN, Chief Science Officer/ Council on Research Staff Partner

Denice Ferko-Adams, MPH, RDN, LDN, Board of Directors/Council on Research SIP Workgroup

Alyce Thomas, RDN, CDE, Council on Research SIP Workgroup

Lorraine Weatherspoon, PhD, RD, Council on Research SIP Workgroup

Rosa Hand, MS, RDN, LD, Director, DPBRN/ Council on Research SIP Workgroup staff partner,  
rhand@eatright.org

4597. Expense report approved

**From:** Expense reporting system <No-replyapproval@eatright.org>  
**To:** Martin Donna <DMartin@Burke.k12.ga.us>  
**Cc:** Schwaba Joan <jschwaba@eatright.org>  
**Sent Date:** Jan 19, 2016 13:53:10  
**Subject:** Expense report approved  
**Attachment:**

---

Expense report has been approved by Schwaba Joan

Thank you

4598. RE: June 22-23 Foundation BOD Meeting

**From:** Martha Ontiveros <Montiveros@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>  
**Sent Date:** Jan 19, 2016 13:44:25  
**Subject:** RE: June 22-23 Foundation BOD Meeting  
**Attachment:**

---

Donna,

Thank you, I will inform Susie and Beth about the conflict of dates with PPW .

Martha

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 19, 2016 11:31 AM  
**To:** Martha Ontiveros <Montiveros@eatright.org>; Mary Beth Whalen <Mwhalen@eatright.org>  
**Subject:** Re: June 22-23 Foundation BOD Meeting

Martha, I just wanted you all to know that the Academy has scheduled PPW during the same time as the Foundation meeting.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Martha Ontiveros <Montiveros@eatright.org>  
**Sent:** Friday, January 8, 2016 2:10 PM  
**To:** Donna Martin; Nancylewis1000@gmail.com  
**Subject:** FW: June 22-23 Foundation BOD Meeting

**When:** Wednesday, June 22, 2016, 1:00 AM to Friday, June 24, 2016, 1:00 AM.

**Where:** TBD

Congratulations on being selected as a candidate for Academy President on the 2016 Academy ballot! The Academy President-elect also serves on the Academy Foundation Board of Directors. We would ask that you hold June 22-23 on your calendar for the Foundation's face to face Board meeting. More information will follow after the election. Thank you for your continuing willingness to share your expertise and time on behalf of the profession.

-----Original Appointment-----

**From:** Martha Ontiveros

**Sent:** Friday, January 08, 2016 1:07 PM

**To:** Martha Ontiveros; Carl Barnes; Constance Geiger; Eileen Kennedy; Jean Ragalie-Carr; Kathy Wilson-Gold; Maha Tahiri; Pat Babjak; Sylvia Escott-Stump; Terri Raymond; mgarner@cchs.ua.edu; Mary Beth Whalen; Susan Burns; Beth Labrador; Katie Brown; Alison Steiber; Paul Mifsud; Amy Donatell; Mary Uhrick

**Cc:** Darchele Erskine; Joan Schwaba; Sandy.Stelflug@genmills.com; Linda Serwat; Mary-Ann Johnson; 'Carole.Clemente@dairy.org'; 'Cecala, Sue'

**Subject:** June 22-23 Foundation BOD Meeting

**When:** Wednesday, June 22, 2016 12:00 AM to Friday, June 24, 2016 12:00 AM (UTC-06:00) Central Time (US &Canada).

**Where:** TBD

Academy Foundation Board of Directors face to face meeting on June 22-23, 2016. More information will follow.

Please do not hesitate to contact me if you have any questions.

**Martha Ontiveros**

*Administrative Assistant, Academy of Nutrition and Dietetics Foundation*

120 South Riverside Plaza, Suite 2000, Chicago, Illinois 60606-6995

PHONE 1-800-877-1600, Ext 4773 - FAX 312-899-4796

montiveros@eatright.org

4599. Free live 1.0 CPE webinar Tuesday 1/26 1pm CST

**From:** Academy of Nutrition and Dietetics Foundation <foundation@eatright.org>  
**To:** Donna <dmartin@burke.k12.ga.us>  
**Sent Date:** Jan 19, 2016 12:17:49  
**Subject:** Free live 1.0 CPE webinar Tuesday 1/26 1pm CST  
**Attachment:**

---

Academy Foundation Email

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Foundation:

Free 1.0 CPEU Webinar

Changing the Way We Look at Agriculture

January 26, 2016 1-2pm CST

In the webinar, Changing the Way We Look at Agriculture, attendees will gain an understanding of the current state of US farming vs. international farming and learn about innovative strategies happening globally to help nutritiously feed our growing world population. Attendees will learn of ag-related projects and practices that other affiliates and DPGs are participating in, and be inspired to get more connected to agriculture and have a better understanding of agriculture practices worldwide. *This webinar is made possible through an educational grant from National Dairy Council.*

Speakers: Abigail Copenhaver, RD and Amy Myrdal Miller, MS, RDN

## REGISTER HERE

Please email [Kidseatright@eatright.org](mailto:Kidseatright@eatright.org) with any questions.

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Headquarters | Academy of Nutrition and Dietetics

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4600. RE: Child & Adolescent Weight Management Conference 2015

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 19, 2016 11:23:34  
**Subject:** RE: Child & Adolescent Weight Management Conference 2015  
**Attachment:** [image001.png](#)  
[image002.png](#)  
[image003.png](#)  
[image004.jpg](#)  
[image005.jpg](#)  
[image006.jpg](#)

---

I hope not as well. Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 19, 2016 10:21 AM

**To:** Pearlie Johnson <PJohnson@eatright.org>

**Subject:** Re: Child & Adolescent Weight Management Conference 2015

That is fine with me. Hopefully, you will not need to get a back up for me!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Pearlie Johnson <PJohnson@eatright.org>

**Sent:** Tuesday, January 19, 2016 11:13 AM

**To:** Donna Martin

**Subject:** RE: Child & Adolescent Weight Management Conference 2015

Thanks Donna. Also, I know you informed me that Debbie Kibbe can serve as a back-up for you. Wanted to let you know that Gail Frank also volunteered to serve as a back-up for your presentation. Gail provided this background:

I have School Nutrition and Child Care Food Program hands on experience, working with them to design and implement salad bars, modified menus, training staff on lowering sodium, fat and sugar, developing complete programs to train foodservice staff, conducting 2-week long training programs for 3 years, writing the white paper on nutritional content of school breakfast and lunch program, and designed the methodology for the first national evaluation by USDA of the National School Lunch Program and Directing the first Child Nutrition (school and Child Care Food Program Management Center (PROMc) in CA from 1990-1994. For the past 26 years, I have contracts with 4-5 large school districts to set-up the training experiences for the school foodservices and interns. This requires that I keep up-to-date on the USDA requirements, nutrient analysis programs, taste tests with kids and staff training.



Some, but not all of my publications on this work include:

1. Frank G, Adsen M, Briggs M, Roberts C, Balakshin M: Methods for Administering, and the Initial Data from, a Statewide Census of Child Nutrition Program Employees. *School Food Service Research Review*. 16(2), 1992.

Frank, GC: Child Nutrition Programs Designed for Primary Prevention. In Principles and Practices for School Health. Volume II: Student Health Principles and Practices for School Health. Parcel, G (ed.) 1991.

Frank GC, Petray C. Wellness: An Annotated Bibliography. *School Foodservice Research Review*. 14(2):125-132, 1990.

Frank GC, Nicklas T, Berenson GS: Cardiovascular health promotion for children: The Heart Smart School Lunch program, Part I. *School Food Service Research*. 13(2):130-136, 1990.

Frank GC, Nicklas T, Berenson GS: Cardiovascular health promotion for children: Student behavior and institutional foodservice change, Part II. *School Food Service Research*. 13(2): 137-145, 1990.

Frank GC, Vaden A, Martin J: School health promotion: Child nutrition programs. *J School Health*. Dec. 1987, 57(No. 10):451-460.

Butcher AH, Frank GC, Harsha DW, Serpas DC, Little S, Nicklas TA, Hunter S, Mac D, Berenson GS: Heart Smart: A school health program meeting the 1990 objectives for the nation. *Health Educ Q*ly. 1988, 5(1):17-34.

Downey AM, Frank GC, Harsha DW, Webber LS, Berenson GS: Implementation of "Heart Smart:" A cardiovascular school health promotion program. *J School Hlth*. March, 1987.

Downey AM, Butcher AH, Frank GC, Webber LS, Miner MH, Berenson GS: The development and implementation of a school health promotion program for the reduction of cardiovascular risk factors in children and prevention of adult coronary heart disease. In Reduction of Cardiovascular Risk Factor In Childhood (Hetzl BS, Berenson GS, eds). Amsterdam: Elsevier, 1986.

Farris RP, Frank GC, Webber LS, Berenson GS: A nutrition curriculum for families with high blood pressure—in schools and at home. *J School Health* 55:110-113, 1985.

Meeks PM, Rebecca G, Frank GC: Sugar and fat moderation for good health. *School Food Service Journal* 38:142-151, 1984.

Nobles C, Bezdek D, Frank GC: The sodium slow down. *Am School Food Service* Jan-Feb:152-161, 1984.

Frank GC, White M: Sodium-modified recipes in school lunch. *Sch Food Serv Res Rev* 7(2), Fall 1983.

Frank GC, Nicolich, J, Voors AW, Webber LS, Berenson GS: A simplified inventory method for quantitating dietary sodium, potassium and energy. *Am J Clin Nutr* 38:474-480, 1983.

Frank GC: Primary prevention in the school arena: A dietary approach. *Health Values* 7:14-21, 1983.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us

**Sent:** Monday, January 18, 2016 7:19 PM

**To:** Pearlie Johnson <PJohnson@eatright.org>

**Subject:** Re: Child & Adolescent Weight Management Conference 2015

Pearlie, I am definitely willing to serve as a back up for Kathy Cobb. I would love to do what she does! In terms of the person you are emailing me about I need to do some more checking on him. He is very active in the Academy and very visible, but I have heard some ethics complaints from another Academy spokesperson about him and I would like to check him out a little further with that person before I give him the OK. He certainly is enthusiastic and probably would make an outstanding back-up. What is puzzling to me is that if he has heard people talk about how much they like the Child and Adolescent Weight Management Program, why did he not ask them if there was a School Nutrition Speaker? I promise to get back to you on that subject.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Pearlie Johnson <PJohnson@eatright.org>

**Sent:** Friday, January 15, 2016 4:36 PM

**To:** Donna Martin

**Subject:** RE: Child & Adolescent Weight Management Conference 2015

Hi Donna, I am checking back with you regarding if you think this person could be considered as a possible presenter for the school nutrition session? Also, are you willing to serve as a potential back-up for Kathy in event of an emergency?

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

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Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Pearlie Johnson

**Sent:** Thursday, January 07, 2016 4:59 PM

**To:** DMartin@Burke.k12.ga.us

**Subject:** FW: Child & Adolescent Weight Management Conference 2015

Hi Donna, I received this email from someone who wanted to be considered as a possible presenter for the school nutrition session. What are your thoughts?

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Delbridge, Wesley [mailto:Delbridge.Wesley@cusd80.com]

**Sent:** Monday, September 08, 2014 11:52 AM

**To:** Weightmgmt

**Subject:** Child & Adolescent Weight Management Conference 2015

Hi there,

My name is Wesley Delbridge and I am a Registered Dietitian and Media Spokesperson for the Academy of Nutrition & Dietetics. I have been hearing great things from my colleagues and peers about the Child & Adolescent Weight Management Conferences. My passion is in school nutrition and how we can get school nutrition programs to get kids to eat healthier. I am the director of a

food & nutrition department in a school district myself and I am always trying to get our message out.

My question is to you have guest speakers at these Child & Adult Weight Management Conferences? If you do, I think that a session on school nutrition and the innovative ways we are getting kids to eat healthier at school would be a great topic. I would like to let you that I would love to be one of your guest speakers at any of the upcoming conferences if that is something you are interested in.

Thank for all you do for our profession and for the Academy. Have a great day!

**Wesley Delbridge, R.D.**

**DIRECTOR – FOOD & NUTRITION DEPARTMENT**

**- Chandler Unified School District**

(480)-812-7240 [www.cusdnutrition.com](http://www.cusdnutrition.com)

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4601. RE: Child & Adolescent Weight Management Conference 2015

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 19, 2016 11:15:29  
**Subject:** RE: Child & Adolescent Weight Management Conference 2015  
**Attachment:** [image001.png](#)  
[image002.png](#)  
[image003.png](#)  
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[image006.jpg](#)

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Thanks Donna. Also, I know you informed me that Debbie Kibbe can serve as a back-up for you. Wanted to let you know that Gail Frank also volunteered to serve as a back-up for your presentation. Gail provided this background:

I have School Nutrition and Child Care Food Program hands on experience, working with them to design and implement salad bars, modified menus, training staff on lowering sodium, fat and sugar, developing complete programs to train foodservice staff, conducting 2-week long training programs for 3 years, writing the white paper on nutritional content of school breakfast and lunch program, and designed the methodology for the first national evaluation by USDA of the National School Lunch Program and Directing the first Child Nutrition (school and Child Care Food Program Management Center (PROMc) in CA from 1990-1994. For the past 26 years, I have contracts with 4-5 large school districts to set-up the training experiences for the school foodservices and interns. This requires that I keep up-to-date on the USDA requirements, nutrient analysis programs, taste tests with kids and staff training.

Some, but not all of my publications on this work include:

1. Frank G, Adsen M, Briggs M, Roberts C, Balakshin M: Methods for Administering, and the Initial Data from, a Statewide Census of Child Nutrition Program Employees. *School Food Service Research Review*. 16(2), 1992.

Frank, GC: Child Nutrition Programs Designed for Primary Prevention. In Principles and Practices for School Health. Volume II: Student Health Principles and Practices for School Health . Parcel, G (ed.) 1991.

Frank GC, Petray C. Wellness: An Annotated Bibliography. *School Foodservice Research Review*. 14(2):125-132, 1990.

Frank GC, Nicklas T, Berenson GS: Cardiovascular health promotion for children: The Heart Smart School Lunch program, Part I. *School Food Service Research*. 13(2):130-136, 1990.

Frank GC, Nicklas T, Berenson GS: Cardiovascular health promotion for children: Student behavior and institutional foodservice change, Part II. *School Food Service Research*. 13(2): 137-145, 1990.

Frank GC, Vaden A, Martin J: School health promotion: Child nutrition programs. *J School Health*. Dec. 1987, 57(No. 10):451-460.

Butcher AH, Frank GC, Harsha DW, Serpas DC, Little S, Nicklas TA, Hunter S, Mac D, Berenson GS: Heart Smart: A school health program meeting the 1990 objectives for the nation. *Health Educ Q*. 1988, 5(1):17-34.

Downey AM, Frank GC, Harsha DW, Webber LS, Berenson GS: Implementation of "Heart Smart:" A cardiovascular school health promotion program. *J School Hlth*. March, 1987.

Downey AM, Butcher AH, Frank GC, Webber LS, Miner MH, Berenson GS: The development and implementation of a school health promotion program for the reduction of cardiovascular risk factors in children and prevention of adult coronary heart disease. In Reduction of Cardiovascular Risk Factor In Childhood (Hetzl BS, Berenson GS, eds). Amsterdam: Elsevier, 1986.

Farris RP, Frank GC, Webber LS, Berenson GS: A nutrition curriculum for families with high blood pressure—in schools and at home. *J School Health* 55:110-113, 1985.

Meeks PM, Rebecca G, Frank GC: Sugar and fat moderation for good health. *School Food Service Journal* 38:142-151, 1984.



Nobles C, Bezdek D, Frank GC: The sodium slow down. *Am School Food Service* Jan-Feb:152-161, 1984.

Frank GC, White M: Sodium-modified recipes in school lunch. *Sch Food Serv Res Rev* 7(2), Fall 1983.

Frank GC, Nicolich, J, Voors AW, Webber LS, Berenson GS: A simplified inventory method for quantitating dietary sodium, potassium and energy. *Am J Clin Nutr* 38:474-480, 1983.

Frank GC: Primary prevention in the school arena: A dietary approach. *Health Values* 7:14-21, 1983.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Monday, January 18, 2016 7:19 PM  
**To:** Pearlie Johnson <PJohnson@eatright.org>  
**Subject:** Re: Child & Adolescent Weight Management Conference 2015

Pearlie, I am definitely willing to serve as a back up for Kathy Cobb. I would love to do what she does! In terms of the person you are emailing me about I need to do some more checking on him. He is very active in the Academy and very visible, but I have heard some ethics complaints from another Academy spokesperson about him and I would like to check him out a little further with that person before I give him the OK. He certainly is enthusiastic and probably would make an outstanding back-up. What is puzzling to me is that if he has heard people talk about how much they like the Child and Adolescent Weight Management Program, why did he not ask them if there was a School Nutrition Speaker? I promise to get back to you on that subject.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**Sent:** Friday, January 15, 2016 4:36 PM  
**To:** Donna Martin  
**Subject:** RE: Child & Adolescent Weight Management Conference 2015

Hi Donna, I am checking back with you regarding if you think this person could be considered as a possible presenter for the school nutrition session? Also, are you willing to serve as a potential back-up for Kathy in event of an emergency?

**Pearlie Johnson-Freeman, MBA**

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pjohnson@eatright.org

**From:** Pearlie Johnson

**Sent:** Thursday, January 07, 2016 4:59 PM

**To:** DMartin@Burke.k12.ga.us

**Subject:** FW: Child & Adolescent Weight Management Conference 2015

Hi Donna, I received this email from someone who wanted to be considered as a possible presenter for the school nutrition session. What are you thoughts?

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

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pjohnson@eatright.org

**From:** Delbridge, Wesley [mailto:Delbridge.Wesley@cusd80.com]

**Sent:** Monday, September 08, 2014 11:52 AM

**To:** Weightmgmt

**Subject:** Child & Adolescent Weight Management Conference 2015

Hi there,

My name is Wesley Delbridge and I am a Registered Dietitian and Media Spokesperson for the Academy of Nutrition & Dietetics. I have been hearing great things from my colleagues and peers about the Child & Adolescent Weight Management Conferences. My passion is in school nutrition and how we can get school nutrition programs to get kids to eat healthier. I am the director of a food & nutrition department in a school district myself and I am always trying to get our message out.

My question is to you have guest speakers at these Child & Adult Weight Management Conferences? If you do, I think that a session on school nutrition and the innovative ways we are getting kids to eat healthier at school would be a great topic. I would like to let you that I would love to be one of your guest speakers at any of the upcoming conferences if that is something you are interested in.

Thank for all you do for our profession and for the Academy. Have a great day!

**Wesley Delbridge, R.D.**

**DIRECTOR – FOOD &NUTRITION DEPARTMENT**

**- Chandler Unified School District**

**(480)-812-7240 [www.cusdnutrition.com](http://www.cusdnutrition.com)**

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4602. Daily News: January 19, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 19, 2016 11:01:28  
**Subject:** Daily News: January 19, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **New adult critical care guidelines seek to improve patient outcomes**

("These guidelines assist the care team in providing proper nutrition therapy, which can diminish complications, reduce length of stay and disease severity and improve patient outcomes.")

<http://www.medicalnewstoday.com/releases/305244.php>

Source: *JPEN*

<http://pen.sagepub.com/content/40/2/159.full>

### **Screen Nursing Home Residents for B12 Deficiency: Researchers**

**Medications can block absorption of the vitamin, causing mental harms**

<http://consumer.healthday.com/senior-citizen-information-31/misc-aging-news-10/screen-elderly-for-vitamin-b12-deficiency-researchers-say-707145.html>

Source: *Applied Physiology, Nutrition, and Metabolism*

<http://www.nrcresearchpress.com/doi/abs/10.1139/apnm-2015-0565#.Vp5GMPkrKUK>

### **Traditional Foods Can Bring Joy to Dementia Patients**

**Traditional foods create feeling of belonging and joy; boost patients' sense of well-being**

<http://www.physiciansbriefing.com/Article.asp?AID=707007>

Source: *Journal of Clinical Nursing*

<http://onlinelibrary.wiley.com/doi/10.1111/jocn.13163/abstract>

### **Rare Case of Scurvy in Infant Highlights Potential Dangers of Plant-Based Diet**

<http://abcnews.go.com/Health/rare-case-scurvy-infant-highlights-potential-dangers-plant/story?id=36321545>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2016/01/15/peds.2015-2781>

Related Resource: *Pediatric Nutrition Care Manual*

<http://www.eatrightstore.org/product/3948E28F-1B24-49D7-8307-FF1A6134DFA6>

### **10 ways to have a healthy pregnancy if you're overweight**

<http://www.foxnews.com/health/2016/01/17/10-ways-to-have-healthy-pregnancy-if-youre->

overweight.html

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

Obesity Risk Knowledge, Weight Misperception, and Diet and Health-Related Attitudes among Women Intending to Become Pregnant

[http://www.andjrnl.org/article/S2212-2672\(15\)00534-1/abstract](http://www.andjrnl.org/article/S2212-2672(15)00534-1/abstract)

### **Agreement Would Ease School Lunch Requirements**

<http://www.nbcnews.com/health/kids-health/agreement-would-ease-school-lunch-requirements-n499416>

### **Should you take vitamins? Debate rages**

(A RDN has received the training and education necessary to design a healthy eating plan based on a persons lifestyle and goals.)

<http://www.app.com/story/life/wellness/2016/01/19/should-you-take-vitamins-debate-rages/78705832/>

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## 4603. The Academy's sponsorship program

**From:** Academy President <president@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 19, 2016 10:16:13  
**Subject:** The Academy's sponsorship program  
**Attachment:**

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The Academy's sponsorship program

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

January 19, 2016

To my fellow members:

As you know, the Board of Directors has been reviewing the Academy's sponsorship program.

On behalf of the entire Board, thank you to all members individuals, Affiliates, Dietetic Practice Groups, Member Interest Groups, the House of Delegates, the Foundation Board of Directors and to the members of the Sponsorship Advisory Task Force (SATF). We appreciate the considerable thought and hard work that went into your feedback and excellent recommendations. Your input has helped shape the Boards action plan.

The Board received the SATF report at our January 13 meeting and found it to be thoughtful, balanced and helpful. The Board voted to implement a pilot program encompassing many of the SATFs recommendations. The one-year pilot program includes appointing a Sponsorship Committee to review national-level sponsor opportunities and to develop assessment tools that will support the sponsorship process.

The Board of Directors approved the following newly revised sponsorship guidelines, which take effect immediately for all Academy organizational units. Dietetic Practice Groups and Member Interest Groups will be required to adhere to these guidelines and Affiliates are encouraged to adopt them.

Sponsorship approval requires that:

- The sponsors vision and mission align with the Academys Vision, Mission and Strategic Goals.
- The sponsors product portfolio is broadly aligned with the Academys Vision: *Optimizing health through food and nutrition.*



- The sponsor relationship and sponsor product portfolio are broadly aligned with official Academy positions.
- All aspects of the sponsorship (such as research, consumer messaging or professional education for members) align with the Academys Scientific Integrity Principles.
- The Academy does not endorse any company, brand or company products, nor does the Academys name or logo appear on any product. Such endorsement is neither actual nor implied.
- The Academy maintains final editorial control and approval of all content in materials bearing the Academy name or logo.
- There is clear separation of Academy messages and content from brand information or promotion.
- Relevant facts and important information are included.

The Board is confident that these revised guidelines and the new Sponsorship Committee pilot program will enable the Academy to better serve the organization and our members.

The Board is committed to transparency in our processes and we welcome member feedback. Please send an email to [president@eatright.org](mailto:president@eatright.org).

Again, a special thank you to everyone who contributed to this important effort.

Dr. Evelyn F. Crayton, RDN, LDN, FAND  
President 2015-2016

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4604. Re: NEW DATES: Grassroots Advocacy Update -- Webinar

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 18, 2016 22:09:03  
**Subject:** Re: NEW DATES: Grassroots Advocacy Update -- Webinar  
**Attachment:**

---

No, it should be 12pm - thanks for catching that! I corrected the 1am but the 12am slipped by me.

Thanks again.

Joan

Joan Schwaba  
Director, Strategic Management  
Academy of Nutrition and Dietetics  
www.eatright.org

On Jan 18, 2016, at 7:01 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Joan, Did you really mean to put 12 am in the poll? That would be midnight? Did you mean 12 pm? If so, both those times would work for me.

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**Sent:** Monday, January 18, 2016 5:20 PM  
**To:** 'evelyncrayton64'; 'craytef@aces.edu'; 'craytef@charter.net'; 'Lucille Beseler'; 'connors@ohsu.edu'; 'Kay Wolf'; 'Garner, Margaret'; Donna Martin; 'Aida Miles-school'; 'Linda Farr'; 'Elise Smith'; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Tracey Bates'; 'Tammy.randall@case.edu';

dwheller@mindspring.com; ' dwbradley51 @gmail.com'; ' steve.miranda44 @gmail.com'; ' jean.ragalie-carr@dairy.org'

**Cc:** Patricia Babjak; Jeanne Blankenship

**Subject:** NEW DATES: Grassroots Advocacy Update -- Webinar

There are several scheduling conflicts with the date of January 29 for the Grassroots Advocacy Update webinar. Please click on the link below to complete a Doodle poll to select an alternate date/time of Monday, January 25 or Tuesday, January 26 to hold the webinar. The times are listed as Central Standard Time.

<http://doodle.com/poll/6gpm3c2zcf426x93>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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Email: jschwaba@eatright.org

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**From:** Jeanne Blankenship

**Sent:** Friday, January 15, 2016 3:11 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFerkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; ' dwbradley51 @gmail.com'; 'steve.miranda44 @gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Patricia Babjak <PBABJAK@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>;  
Darchele Erskine <derskine@eatright.org>

**Subject:** Grassroots Advocacy Update -- Webinar January 29

Dear Board of Directors:

Pat mentioned to you this past week that staff would schedule webinars on topics of interest in between Board meetings. She asked that we begin first with a webinar on the Academy's grassroots advocacy program. Darchele will be sending you a poll to determine your availability for January 29<sup>th</sup>.

The webinar will provide an overview of the Academy's grassroots advocacy program and highlight important changes in the professional development component of the program. Notably, the Public Policy Workshop (PPW) will be realigned to better meet the needs of attendees and to further advance the policy and advocacy goals of the Academy. Exciting changes have been made to the format of the meeting to make attending easier for affiliates, DPGs/MIGs and member leaders. An update on the implementation efforts related to strategic measures for grassroots advocacy will also be included in the presentation.

I look forward to the discussion and your feedback and ideas.

Best Regards,

Jeanne

**Jeanne Blankenship, MS RDN**

Vice President, Policy Initiatives and Advocacy

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jblankenship@eatright.org

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4605. RE: Date of Board Presentation

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 18, 2016 18:54:11  
**Subject:** RE: Date of Board Presentation  
**Attachment:** [image003.jpg](#)

---

Thank you, Donna.

...How exciting!!! But you know that means you have to bring LOTS of pictures!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
[www.eatright.org](http://www.eatright.org)

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Monday, January 18, 2016 5:48 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Date of Board Presentation

Joan, Thanks for the heads up. I much prefer the Mar 10-11 dates as my daughters 2nd baby is due March 3. I agreed to do the Alabama talk because it was after her due date and I felt like she would not go past her due date. This would definitely be a help to me to come March 10-11 instead of March 3-4.

Sent from my iPhone

On Jan 18, 2016, at 5:48 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

Hi Donna,

Just as a heads up - there are several conflicts with the dates of March 3-4 for the upcoming BOD meeting. We are looking at the possibility of changing it to March 10-11 (a similar 1 ½ day agenda like the January meeting) pending hotel availability, etc. I noted you are scheduled to present at the Alabama AND during those days. I reached out to the Alabama meeting organizer Tammy Beasley to see what day had been scheduled for your presentation and she said although it would be either of those days they would be willing to have their president share the Academy Update PPT should the BOD meeting conflict. Please let me know your thoughts.

Thank you,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Email: jschwaba@eatright.org

www.eatright.org

<image003.jpg>

4606. FW: Date of Board Presentation

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 18, 2016 17:48:08  
**Subject:** FW: Date of Board Presentation  
**Attachment:** [image003.jpg](#)

---

Hi Donna,

Just as a heads up - there are several conflicts with the dates of March 3-4 for the upcoming BOD meeting. We are looking at the possibility of changing it to March 10-11 (a similar 1 ½ day agenda like the January meeting) pending hotel availability, etc. I noted you are scheduled to present at the Alabama AND during those days. I reached out to the Alabama meeting organizer Tammy Beasley to see what day had been scheduled for your presentation and she said although it would be either of those days they would be willing to have their president share the Academy Update PPT should the BOD meeting conflict. Please let me know your thoughts.

Thank you,

Joan

Joan Schwaba, MS, RDN, LDN

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## 4607. NEW DATES: Grassroots Advocacy Update -- Webinar

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>  
**Sent Date:** Jan 18, 2016 17:22:07  
**Subject:** NEW DATES: Grassroots Advocacy Update -- Webinar  
**Attachment:**

---

There are several scheduling conflicts with the date of January 29 for the Grassroots Advocacy Update webinar. Please click on the link below to complete a Doodle poll to select an alternate date/time of Monday, January 25 or Tuesday, January 26 to hold the webinar. The times are listed as Central Standard Time.

<http://doodle.com/poll/6gpm3c2zcf426x93>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
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Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
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**From:** Jeanne Blankenship

**Sent:** Friday, January 15, 2016 3:11 PM

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@aces.edu' <craytef@aces.edu>; 'craytef@charter.net'; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com'; 'Michele.D.Lites@kp.org'; 'michelelites@sbcglobal.net'; 'drchristie@aol.com'; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'dwbradley51@gmail.com'; 'steve.miranda44@gmail.com'; 'jean.ragalie-carr@dairy.org'

**Cc:** Patricia Babjak <PBABJAK@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>; Darchele Erskine <derskine@eatright.org>

**Subject:** Grassroots Advocacy Update -- Webinar January 29

Dear Board of Directors:

Pat mentioned to you this past week that staff would schedule webinars on topics of interest in between Board meetings. She asked that we begin first with a webinar on the Academy's grassroots advocacy program. Darchele will be sending you a poll to determine your availability for January 29<sup>th</sup>.

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advocacy will also be included in the presentation.

I look forward to the discussion and your feedback and ideas.

Best Regards,

Jeanne

**Jeanne Blankenship, MS RDN**

Vice President, Policy Initiatives and Advocacy

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[www.eatright.org](http://www.eatright.org)

## 4608. New Release! Hispanic Family Nutrition Complete Counseling Kit

**From:** eatrightSTORE <eatrightstore@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 18, 2016 13:28:02  
**Subject:** New Release! Hispanic Family Nutrition Complete Counseling Kit  
**Attachment:**

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New Release! Hispanic Family Nutrition Complete Counseling Kit

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Connect with Us:

Hispanic Family Nutrition is an online counseling kit designed to help RDNs treat Hispanic patients more effectively through a better understanding of Hispanic culture, family dynamics, and foods.

The online toolkit:

- Offers information to help RDNs gain a better understanding of Hispanic families and foods to be able to connect with and treat patients more effectively.
- Includes a comprehensive guide to Hispanic foods, featuring Hispanic Hero Foods.
- Provides references illustrating English and Spanish names for foods and a guide to Hispanic produce including photos, shopping and preparation tips.
- Suggests strategies for changing habits in the kitchen and at the table; including recommendations for healthy alternatives to common cooking techniques or dining habits of Hispanics.

### LEARN MORE

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4609. Daily News: Monday, January 18, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 18, 2016 11:22:19  
**Subject:** Daily News: Monday, January 18, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content. **March is National Nutrition Month<sup>®</sup>!** Get a head start now by planning activities for National Nutrition Month<sup>®</sup> in 2016 and help your clients *Savor the Flavor of Eating Right*. The NNM catalog has what you need to make your celebration a success. Visit [www.eatright.org/nnm](http://www.eatright.org/nnm) for more information and to view the NNM catalog online visit: <https://www.jimcolemanstore.com/nnm/>

## **Option Care Study: Home Nutrition Patients Managed By Dietitians More Likely to Receive Guideline-Compliant Therapy**

(Patients Transitioned off Parenteral Nutrition Sooner, Suggests Research Presented at A.S.P.E.N. Clinical Nutrition Week)

<http://finance.yahoo.com/news/option-care-study-home-nutrition-190000179.html>

Related Resource: MNT References

<http://www.eatrightstore.org/products/practitioner-tools/mnt-references?p=3>

## **Whats New in the Dietary Guidelines**

[http://well.blogs.nytimes.com/2016/01/18/whats-new-in-the-dietary-guidelines/?ref=health&\\_r=0](http://well.blogs.nytimes.com/2016/01/18/whats-new-in-the-dietary-guidelines/?ref=health&_r=0)

Related Article: Dieting? Heed U.S. diet guidelines warnings

<http://www.delawareonline.com/story/news/health/2016/01/18/dieting-heed-us-diet-guidelines-warnings/78846700/>

Related Resource: Then and Now: How the Dietary Guidelines for Americans Changed from 2010 to 2015

<http://www.eatrightpro.org/resource/news-center/in-practice/research-reports-and-studies/dgas-then-and-now>

## **Fresh and fit diet advice as you tackle your New Years goals**

<http://www.myajc.com/news/lifestyles/health/fresh-and-fit-diet-advice-as-you-tackle-your-new-y/np55h/>

**No food is healthy. Not even kale.**

[https://www.washingtonpost.com/lifestyle/food/no-food-is-healthy-not-even-kale/2016/01/15/4a5c2d24-ba52-11e5-829c-26ffb874a18d\\_story.html?hpid=hp\\_hp-more-top-stories\\_healthy-209pm%3Ahomepage%2Fstory](https://www.washingtonpost.com/lifestyle/food/no-food-is-healthy-not-even-kale/2016/01/15/4a5c2d24-ba52-11e5-829c-26ffb874a18d_story.html?hpid=hp_hp-more-top-stories_healthy-209pm%3Ahomepage%2Fstory)

Related Resource: Total Diet Approach to Healthy Eating

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/total-diet-approach-to-healthy-eating>

**CDC issues travel alert on Zika virus, which is linked to birth defects**

<http://www.usatoday.com/story/news/2016/01/15/cdc-issues-travel-alert-zika-virus-which-linked-birth-defects/78849556/>

Related Resource: CDC

<http://wwwnc.cdc.gov/travel/notices>

<http://wwwnc.cdc.gov/travel/notices/alert/zika-virus-caribbean>

**All Flint's children must be treated as exposed to lead**

<http://www.usatoday.com/story/news/nation-now/2016/01/16/all-flints-youngest-kids-poisoned-lead/78892954/>

Related Resources: CDC

<http://www.cdc.gov/nceh/lead/>

Nutrition's Role in Prevention and Treatment of Childhood Lead Poisoning

<http://www.eatrightpro.org/resource/news-center/nutrition-trends/foodservice-and-food-safety/nutritions-role-in-prevention-and-treatment-of-childhood-lead-poisoning>

***New Guidelines Nudge Doctors to Give Patients Access to Medical Records***

<http://www.nytimes.com/2016/01/17/us/new-guidelines-nudge-doctors-on-giving-patients-access-to-medical-records.html?ref=health>

Source: HHS

<http://www.hhs.gov/hipaa/for-professionals/privacy/guidance/access/index.html>

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In the subject line type unsubscribe.

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4610. Automatic reply: Quick update

**From:** Mary Pat Raimondi <mraimondi@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 16, 2016 10:09:21  
**Subject:** Automatic reply: Quick update  
**Attachment:**

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Thank you for your email. I am out of the office until Tuesday January 18. If you need immediate assistance, please contact Paulina Weeden at pweeden@eatright.org or Jeanne Blankenship at jblankenship@eatright.org

I look forward to connecting when I return.

Mary Pat

**Mary Pat Raimondi, MS RD**  
**Vice President, Strategic Policy and Partnerships**  
**Academy of Nutrition and Dietetics**  
**1120 Connecticut Avenue NW**  
**Washington, DC 20036**  
**312-899-1731**  
**fax: 202-775-8284**  
**mraimondi@eatright.org**  
**www.eatright.org<<http://www.eatright.org>>**

4611. Quick update

**From:** Mary Pat Raimondi <mraimondi@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 16, 2016 09:06:00  
**Subject:** Quick update  
**Attachment:**

---

Good morning!

I am so sorry to have missed the BOD and seeing you. I am sure it went well.

I would have updated you on Child Nutrition Reauthorization Act and the Academy's recommendations. The bill will introduced on Tuesday. As you might remember, we had many suggestions covering a broad range of issues including school meals but also WIC, Child and Adult Care and nutrition education. We worked very closely with the Senate authors on the language which was very bipartisan.

In our small meetings with the Senate, we are pleased to learn of the proposed language. We have not shared any information broadly as groups have been asked to hold off until the full Senate sees the bill. We certainly understand that request and are respectful of the situation.

We will share an official announcement after the mark-up on Wednesday.

I wanted to thank you in person for all your help and support in this process!

Take care,  
Mary Pat



4612. Sponsorship communication to members ... EMBARGOED UNTIL MONDAY, JANUARY 18

**From:** President <President@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Darchele Erskine <derskine@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Cecily Byrne <cbyrne@eatright.org>  
**Sent Date:** Jan 15, 2016 18:10:59  
**Subject:** Sponsorship communication to members ... EMBARGOED UNTIL MONDAY, JANUARY 18  
**Attachment:**

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Happy Holidays from the Academy!

Here is the sponsorship communication that will be posted to the HOD community on Monday, January 18, and shared with all members on Tuesday, January 19. Please keep this information confidential until Monday, January 18.

Thank you very much.

---

January 19, 2016

To my fellow members:

As you know, the Board of Directors has been reviewing the Academy's corporate sponsorship program.

On behalf of the entire Board, thank you to all members – individuals, Affiliates, Dietetic Practice Groups, Member Interest Groups, delegates, the Foundation Board of Directors and to the members of the Sponsorship Advisory Task Force (SATF). We appreciate the considerable thought and hard work that went into your feedback and excellent recommendations. Your input has helped shape the Board's action plan.

The Board received the SATF report at our January 13 meeting and found the report to be thoughtful, balanced and helpful. The Board voted to implement a pilot program encompassing many of the SATF's recommendations. The one-year pilot program includes appointing a Sponsorship Committee to review national-level sponsor opportunities and to develop assessment tools that will support the sponsorship process.

The Board of Directors approved the following newly revised sponsorship guidelines, which take effect immediately for all Academy organizational units. Dietetic Practice Groups and Member Interest Groups will be required to adhere to these guidelines and Affiliates are encouraged to adopt them.

Sponsorship approval requires that:

- The sponsor's vision and mission align with the Academy's Vision, Mission and Strategic Goals.
- The sponsor's product portfolio is broadly aligned with the Academy's Vision: *Optimizing health through food and nutrition*.
- The sponsor relationship and sponsor product portfolio are broadly aligned with official Academy positions.

- All aspects of the sponsorship (such as research, consumer messaging or professional education for members) align with the Academy's Scientific Integrity Principles.
- The Academy does not endorse any company, brand or company products, nor does the Academy's name or logo appear on any product. Such endorsement is neither actual nor implied.
- The Academy maintains final editorial control and approval of all content in materials bearing the Academy name or logo.
- There is clear separation of Academy messages and content from brand information or promotion.
- Relevant facts and important information are included.

The Board is confident that these revised guidelines and the new Sponsorship Committee pilot program will enable the Academy to better serve the organization and our members.

The Board is committed to transparency in our processes and we welcome member feedback. Please send an email to **president@eatright.org**.

Again, a special thank you to everyone who contributed to this important effort.

Dr. Evelyn F. Crayton, RDN, LDN, FAND

President 2015-2016

## 4613. Meet the Candidates Forum

**From:** Academy of Nutrition and Dietetics <elections@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 15, 2016 17:43:12  
**Subject:** Meet the Candidates Forum  
**Attachment:**

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Meet the Candidates Forum

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Connect with the Academy:

Listen to the Viewpoints of the Academy's Candidates for President-elect and Speaker-elect at the Meet the Candidates Forum!

The Academy is hosting two webinars for an unique opportunity to meet the Academy's president-elect and speaker-elect candidates on the 2016 ballot. Moderator Roberta Anding, MS, RD/LD, CSSD, CDE, will pose questions to the candidates to help members gain insight to their perspectives and views.

Meet president-elect candidates Nancy Lewis, PhD, RDN, FADA, FAND, and Donna Martin, EdS, RDN, LD, SNS, FAND, during the Meet the Candidates Forum on Monday, February 1 at 1:00 PM - 2:00 PM CST. To register for the president-elect webinar please [click here](#).

Meet speaker-elect candidates Lisa Dierks, RDN, LD; Diane W. Heller, MMSc, RDN, LD, FAND (*Write-in Candidate*); and Dianne Polly, JD, RDN, LDN, FAND, during the Meet the Candidates Forum on Tuesday, February 2, at 1:00 PM - 2:00 PM CST. To register for the speaker-elect webinar please [click here](#).

The Meet the Candidates Forum webinars are free to Academy members. 1.0 CPEU hour is available for members attending each **live** webinar.

Below are statements from the president-elect candidates

### **Donna Martin, EdS, RDN, LD, SNS, FAND**

As we move past the holidays into a new year, I am thankful for the numerous professional opportunities I had in 2015. As I run for President-elect, I also have the opportunity to reflect on the rich legacy and history of the Academy of Nutrition and Dietetics. Nearly 100 years ago, a group of courageous women set out to position us as the leaders in nutrition and public health. Today, I am dedicated to our opportunities to continue that leadership and share our nutrition

expertise with communities, policy makers and families across America. My professional opportunities directly impact the health of my rural Georgia school district and surrounding county, and I know each of you plays a unique and positive role in the health of your communities. It would be a great honor to represent you as we work together for the Academy's success in our next 100 years.

**Nancy Lewis, PhD, RDN, FADA, FAND**

Connecting members, internally and externally, is a key to our continued success. Growing up in a family with five brothers, I learned at an early age how to stand my ground while at the same time being a team player, a good listener and a negotiator. In every position I have held in my career, I have worked toward win-win solutions promoting mutual respect, integrity and effective communication. This is a critical time to protect and promote respect of the RDN and NDTR as the nutrition experts. I worked as past chair of Nutrition Care Process and Terminology Committee, developing the process and terminology that now make it possible for us to collect outcomes data and show the impact of our interventions. My leadership experience, including that as a member of the Board of Directors and the Research Council, has prepared me to lead at this time.

To learn more about the candidates, visit [www.eatright.org/elections](http://www.eatright.org/elections).

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4614. RE: Child & Adolescent Weight Management Conference 2015

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 15, 2016 16:38:18  
**Subject:** RE: Child & Adolescent Weight Management Conference 2015  
**Attachment:** [image001.png](#)  
[image002.png](#)  
[image003.png](#)  
[image004.jpg](#)  
[image005.jpg](#)  
[image006.jpg](#)

---

Hi Donna, I am checking back with you regarding if you think this person could be considered as a possible presenter for the school nutrition session? Also, are you willing to serve as a potential back-up for Kathy in event of an emergency?

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Pearlie Johnson  
**Sent:** Thursday, January 07, 2016 4:59 PM  
**To:** DMartin@Burke.k12.ga.us  
**Subject:** FW: Child & Adolescent Weight Management Conference 2015

Hi Donna, I received this email from someone who wanted to be considered as a possible presenter for the school nutrition session. What are you thoughts?

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Delbridge, Wesley [mailto:Delbridge.Wesley@cusd80.com]  
**Sent:** Monday, September 08, 2014 11:52 AM  
**To:** Weightmgmt  
**Subject:** Child & Adolescent Weight Management Conference 2015

Hi there,

My name is Wesley Delbridge and I am a Registered Dietitian and Media Spokesperson for the Academy of Nutrition & Dietetics. I have been hearing great things from my colleagues and peers about the Child & Adolescent Weight Management Conferences. My passion is in school nutrition and how we can get school nutrition programs to get kids to eat healthier. I am the director of a food & nutrition department in a school district myself and I am always trying to get our message out.

My question is to you have guest speakers at these Child & Adult Weight Management Conferences? If you do, I think that a session on school nutrition and the innovative ways we are getting kids to eat healthier at school would be a great topic. I would like to let you that I would love to be one of your guest speakers at any of the upcoming conferences if that is something you are interested in.

Thank for all you do for our profession and for the Academy. Have a great day!

**Wesley Delbridge, R.D.**

**DIRECTOR – FOOD & NUTRITION DEPARTMENT**

**- Chandler Unified School District**

**(480)-812-7240 [www.cusdnutrition.com](http://www.cusdnutrition.com)**

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4615. Automatic reply: January Board Meeting Evaluation

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 15, 2016 16:31:07  
**Subject:** Automatic reply: January Board Meeting Evaluation  
**Attachment:**

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Thank you for your email. I will be out of the country with no access to voicemail or email until I return on Monday, January 25. If you have an immediate need please contact Joan Schwaba at jschwaba@eatright.org or (312) 899-4856. Thank you.

Many thanks,

Darchele Erskine

Executive Assistant to CEO

## 4616. January Board Meeting Evaluation

**From:** Darchele Erskine <derskine@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Joan Schwaba <JSchwaba@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 15, 2016 16:26:07  
**Subject:** January Board Meeting Evaluation  
**Attachment:** [image002.jpg](#)  
[image006.jpg](#)  
[Att 4.0 January Board Meeting Evaluation.doc](#)

---

This is a friendly reminder to ask you to fill out the attached *January Board Meeting Evaluation Form* and return back to me and/or Joan. Thanks much!

Many thanks,

Darchele

---

**Darchele M. Erskine, MBA**

***Executive Assistant to CEO***

**312/899-4750 | [derskine@eatright.org](mailto:derskine@eatright.org) | [www.eatright.org](http://www.eatright.org)**

## 4617. Grassroots Advocacy Update -- Webinar January 29

**From:** Jeanne Blankenship <JBlankenship@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Darchele Erskine <derskine@eatright.org>  
**Sent Date:** Jan 15, 2016 16:12:47  
**Subject:** Grassroots Advocacy Update -- Webinar January 29  
**Attachment:**

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Dear Board of Directors:

Pat mentioned to you this past week that staff would schedule webinars on topics of interest in between Board meetings. She asked that we begin first with a webinar on the Academy's grassroots advocacy program. Darchele will be sending you a poll to determine your availability for January 29<sup>th</sup>.

The webinar will provide an overview of the Academy's grassroots advocacy program and highlight important changes in the professional development component of the program. Notably, the Public Policy Workshop (PPW) will be realigned to better meet the needs of attendees and to further advance the policy and advocacy goals of the Academy. Exciting changes have been made to the format of the meeting to make attending easier for affiliates, DPGs/MIGs and member leaders. An update on the implementation efforts related to strategic measures for grassroots advocacy will also be included in the presentation.

I look forward to the discussion and your feedback and ideas.

Best Regards,

Jeanne

**Jeanne Blankenship, MS RDN**

Vice President, Policy Initiatives and Advocacy

**Academy of Nutrition and Dietetics**

1120 Connecticut Avenue NW, Suite 460

Washington, D.C. 20036

D 312-899-1730

F 202-775-8284

jblankenship@eatright.org

[www.eatright.org](http://www.eatright.org)

4618. Resources on the go with the eatright eReader!

**From:** eatrightSTORE <eatrightstore@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 15, 2016 13:22:27  
**Subject:** Resources on the go with the eatright eReader!  
**Attachment:**

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Resources on the go with...

The Academys eatright eReader features publications and information of interest for you. Free to download, the eatright eReader allows you to access eBook versions of an ever-growing collection of Academy publications including pocket guides, practice manuals, and clinical handbooks. Build your own portable library of the most relevant resources for your practice and career!

As an added BONUS, if you download the eatright eReader by **January 31, 2016**, you will receive 2 free chapters of the *Pocket Guide to Nutrition Assessment, Third Edition*.

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4619. RE: Campaigning

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 15, 2016 11:28:25  
**Subject:** RE: Campaigning  
**Attachment:** [image003.jpg](#)  
[image004.jpg](#)

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Thank you, Donna. Please let me know if you need anything else.

Take care,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Friday, January 15, 2016 9:32 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Campaigning

Thanks Joan. I think I really do understand the guidelines and am trying very hard not to do anything that is not within those guidelines. That is why I am not going to send out an eblast to Academy leaders. I may send out some individual emails to past leaders, but not an eblast. Your job is hard!!!!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Friday, January 15, 2016 10:23 AM

**To:** Donna Martin

**Subject:** RE: Campaigning

Hi Donna,

No, you are following the guidelines. Like you mention, it would only be an issue if the member leader sent something out stating their leadership position. I was sharing with you just in case a member leader would ask, and to see if you have any questions . Thanks for your support!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org



**From:** DMartin@Burke.k12.ga.us  
**Sent:** Friday, January 15, 2016 9:11 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Campaigning

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**From:** Joan Schwaba <JSchwaba@eatright.org>  
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**To:** Donna Martin  
**Subject:** RE: Campaigning

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**From:** Donna Martin <donnasmartinforpresidentelect@gmail.com>

**Subject:** Donna S. Martin - Candidate for President-Elect of the Academy

**Date:** January 14, 2016 at 1:00:35 PM CST

To:

Dear

I am reaching out to my closest friends to ask for your support in my campaign to become the next President-elect of the Academy of Nutrition and Dietetics. You have mentored me, encouraged me and supported me in this quest – and I am incredibly grateful. Now I need your help in getting my message out to your friends and colleagues. Academy members tend to vote for a candidate because they know them personally – or because a friend encourages them to vote for that specific person. I hope you can help me by reaching out to your Academy friends and colleagues with the following information posted below. **I will be eternally grateful if you can copy and paste this message and send it to at least ten Academy members in the next week.**

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Thanks so much for supporting Donna in any way you can. She would love to hear your suggestions or comments before, during or after the election – you can reach her at [donnasmartinforpresidentelect@gmail.com](mailto:donnasmartinforpresidentelect@gmail.com)

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**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Thursday, January 14, 2016 3:04 PM

**To:** Donna Martin

**Subject:** Campaigning

Donna –

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As always, please let me know if you have any questions.

Best regards,

Joan

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**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 05, 2016 3:15 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Email Addresses for Member Leaders

Joan, Thanks for the information. I am very aware of this change and think it is a good one. I personally appreciate not getting a million emails from any candidate. I am pretty sure I am following all rules, but please let me know if you have any concerns that I am not or if someone complains. I want to stay in the straight and narrow. I do not have any intentions of any complaints being sent to the ethics committee about me!! All help and advice is requested and well received in this area! Thanks again!

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**From:** Joan Schwaba <JSchwaba@eatright.org>  
**Sent:** Tuesday, January 5, 2016 4:03 PM  
**To:** Donna Martin  
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4620. RE: Campaigning

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 15, 2016 10:25:39  
**Subject:** RE: Campaigning  
**Attachment:** [image003.jpg](#)  
[image002.jpg](#)

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Hi Donna,

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**Date:** January 14, 2016 at 1:00:35 PM CST

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**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 05, 2016 3:15 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Email Addresses for Member Leaders

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4621. RE: Campaigning

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 15, 2016 09:29:56  
**Subject:** RE: Campaigning  
**Attachment:** [image004.jpg](#)  
[LeadershipDirectory.pdf](#)

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**Subject:** Re: Email Addresses for Member Leaders

Joan, Thanks for the information. I am very aware of this change and think it is a good one. I personally appreciate not getting a million emails from any candidate. I am pretty sure I am following all rules, but please let me know if you have any concerns that I am not or if someone complains. I want to stay in the straight and narrow. I do not have any intentions of any complaints being sent to the ethics committee about me!! All help and advice is requested and well received in this area! Thanks again!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Tuesday, January 5, 2016 4:03 PM

**To:** Donna Martin

**Subject:** Email Addresses for Member Leaders

Hi Donna,

I was contacted by another candidate regarding sending emails to member leaders. I wanted to share the following response to her with you.

Yes, you may send an email to member leaders asking for their vote, but please keep in mind the campaign guidelines (attached) state member leaders can campaign on a personal level but not as an officer on behalf of a group. Member leaders representing Academy organizational units may not campaign for, promote, or create the appearance of favoritism towards individual candidates, for example, "As your Delegate, I encourage you to vote for candidate X." The email addresses for the member leaders are available in the Leadership Directory found at <http://www.eatrightpro.org/~media/eatrightpro%20files/leadership/volunteering/committees%20and%20task%20forces/leadershipdirectory.ashx> .

The guidelines changed last year not allowing blast emails unless sent by the Academy; one reason behind the change was to limit the number of campaign messages members receive so they are not inundated. Please be cognizant of this when campaigning to member leaders.

I hope this helps. Please let me know if you have any questions.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

## 4622. Upcoming Weight Management Programs

**From:** Commission on Dietetic Registration <cdr@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Jan 14, 2016 17:27:12  
**Subject:** Upcoming Weight Management Programs  
**Attachment:**

---

Commission on Dietetic Registration - Weight Management Programs

Having trouble viewing this e-mail? View it in your browser.

### Upcoming Weight Management Programs

#### **Certificate of Training in Adult Weight Management Program**

May 13-15, 2016 ~ Pittsburgh, Pennsylvania

June 10-12, 2016 ~ Salt Lake City, Utah Registration to Open on January 15, 2016

Registration Fee: \$370.00

CPE Hours Awarded: 35

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda:

<http://cdrnet.org/weight-management-adult-program>

#### **Certificate of Training in Childhood and Adolescent Weight Management Program**

March 22-24, 2016 ~ Indianapolis, Indiana

Registration Fee: \$370.00

CPE Hours Awarded: 35

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda:

<http://cdrnet.org/weight-management-childhood-adolescent-program>

#### **Level 2 Certificate of Training in Adult Weight Management Program**

April 1-3, 2016 ~ New Brunswick, New Jersey

Registration Fee: \$445.00

CPE Hours Awarded: 50

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda:

<http://cdrnet.org/weight-management/level2>

#### **Steps to earn certificate:**

1. Register for a certificate program.

2. Read pre-work materials which include research articles, resources and activities.
3. Pass multiple choice pre-test with a minimum score of 80%. The questions are based on the pre-work readings.
4. Attend a 2 1/2 day on-site workshop where you can learn and network with peers.
5. Pass a take-home multiple choice post-test with a minimum score of 80%. The questions are based on the on-site presentations and pre-work readings.

**What previous participants have to say about the programs:**

I attended one of the first sessions. At the time it was excellent. It is more than excellent now. Excellent presentation, materials, quality for the future of obesity management. Well done!

J. Speer, RD

Los Osos, CA

Program confirmed that some of my current practices are aligned with best practices and gave me food for thought for new teaching techniques to engage children and their parents in weight management.

Ilaria St. Florian, MS RD

Clinical Dietitian

Stamford, Connecticut

As weight maintenance is an uphill battle, this training program provided hope via resources and knowledge to carry with me in my practice. The presenters were all charismatic and offered encouragement in spite of the weight of the information.

Caroline B Sanborn, RD

Ambulatory Care RD

Tampa, FL

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.

For Information:

Adult Weight Management Self-Study Module

<http://cdrnet.org/weight-management/adult-module>

Childhood and Adolescent Weight Management Self-Study Module

For information:

<http://cdrnet.org/weight-management/childhood-module>

Level 2 Adult Weight Management Self-Study Module

For information:

<http://www.cdrnet.org/weight-management/level-2-module>

Share this mailing with your social network:



You are currently subscribed to receive Weight Management related emails from the Commission on Dietetic Registration.

If you prefer not to receive future Weight Management emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

## 4623. Academy cash requirements

**From:** Paul Mifsud <PMifsud@eatright.org>  
**To:** Paul Mifsud <PMifsud@eatright.org>, 'Linda Farr' <linda.farr@me.com>, 'Garner Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Ragalie-Carr, RDN Jean' <jean.ragalie-carr@rosedmi.com>, 'Beseler Lucille' <lbeseler\_fnc@bellsouth.net>, 'Amanda Jones' <amanda@justjones.es>, 'Sauer Kevin' <Ksauer@ksu.edu>, 'Wolf Kay' <kay\_wolf@columbus.rr.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Darchele Erskine <derskine@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, 'carole.clemente@rosedmi.com' <carole.clemente@rosedmi.com>, 'Cecala, Sue' <Sue.Cecala@rosedmi.com>, 'Unluco@hotmail.com' <Unluco@hotmail.com>  
**Sent Date:** Jan 14, 2016 16:27:40  
**Subject:** Academy cash requirements  
**Attachment:**

---

All,

I want to let you know that we will need to take another \$500,000 out of reserves by next week. As I may have mentioned before, the timing of cash flows is critical. We did have a few adjustments in cash inflows this year versus last year. So, if the money isn't coming in, then we need the money from reserves. That is the bad news. The good news is most of the shortfall is timing. Money would come into our accounts in December and January and go out by the end of May. So, this year, we won't see the money going out in May. That should allow me to put some of the money back into reserves. For example, if I had \$1,000,000 coming into the Academy and Foundation in December historically and going out on May 31<sup>st</sup>, the impact to our cash is essentially \$0. So, if the money didn't come in this past December, then it won't be going out in May. Again, the impact is \$0. Therefore, if nothing changes, we will have more cash in May than usual. This should allow me to put back money into the investment reserves at that time. If the cash shift we are experiencing this year continues, this may become our "new normal". If so, then we may want to increase our borrowing ability since it should remain short term, just a little larger than we now have available. We will have a better understanding as we move into February.

If the investments don't rebound in January, we will see a large drop in our reserves. Since the money I am taking out is currently in cash, it should not have any impact on our investment gains or losses. However, it may have an impact on AI's ability to purchase new stocks and bonds as we move forward.

If you have any questions or concerns, please let me know. I can be reached at 800-877-1600, ext. 4730.

Paul

## 4624. Campaigning

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 14, 2016 15:06:12  
**Subject:** Campaigning  
**Attachment:** [image002.jpg](#)

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Donna –

I received a campaign email in my Spam box from Nancy Lewis yesterday. I spoke with her to ask who it was sent to and remind her about the guideline prohibiting blast emails to DPGs, affiliates and other Academy members. She said the campaign email was sent only to those in the leadership directory, which is the same directory list/link I sent to you below. Although blast emails are not allowed, since Nancy sent out a campaign email to the full list you are entitled to do so also. At its annual election debriefing meeting the Nominating Committee will review the elections processes and the campaign guidelines which will include looking at better defining the term “blast email” within the guidelines.

As always, please let me know if you have any questions.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 05, 2016 3:15 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Email Addresses for Member Leaders

Joan, Thanks for the information. I am very aware of this change and think it is a good one. I personally appreciate not getting a million emails from any candidate. I am pretty sure I am following all rules, but please let me know if you have any concerns that I am not or if someone complains. I want to stay in the straight and narrow. I do not have any intentions of any complaints being sent to the ethics committee about me!! All help and advice is requested and well received in this area! Thanks again!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

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**From:** Joan Schwaba <JSchwaba@eatright.org>  
**Sent:** Tuesday, January 5, 2016 4:03 PM  
**To:** Donna Martin  
**Subject:** Email Addresses for Member Leaders

Hi Donna,

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Yes, you may send an email to member leaders asking for their vote, but please keep in mind the campaign guidelines (attached) state member leaders can campaign on a personal level but not as an officer on behalf of a group. Member leaders representing Academy organizational units may not campaign for, promote, or create the appearance of favoritism towards individual candidates, for example, "As your Delegate, I encourage you to vote for candidate X." The email addresses for the member leaders are available in the Leadership Directory found at

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I hope this helps. Please let me know if you have any questions.

Thanks!

Joan

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Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

## 4625. ACEND January Update

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Evelyn Crayton <evelyncrayton64@gmail.com>, Evelyn Crayton <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay\_Wolf@columbus.rr.com' <Kay\_Wolf@columbus.rr.com>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Miles081@umn.edu' <Miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <deniceferkoadams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>, Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Mary Gregoire <mgregoire@eatright.org>  
**Sent Date:** Jan 14, 2016 11:30:03  
**Subject:** ACEND January Update  
**Attachment:**

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A communication from Mary Gregoire, PhD, RD, Executive Director of the Accreditation Council for Education in Nutrition and Dietetics follows below.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN  
Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
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[www.eatright.org](http://www.eatright.org)

+++++

Greetings from ACEND,

The Accreditation Council for Education in Nutrition and Dietetics (ACEND<sup>®</sup>) is writing to keep you informed of our work on the future education model standards. A copy of the **January update** is posted on the ACEND Standards webpage [www.eatrightacend.org/ACEND/Standards](http://www.eatrightacend.org/ACEND/Standards).

The **January update** includes a brief recap of suggestions received for piloting the Future Education Module and addresses questions received at the December 10 Virtual Town Hall Meeting. The virtual town hall meetings are held the second Thursday of each month at 11:30 a.m. Central Time. The next meeting will occur today. Information for connecting to the virtual town hall is posted on the ACEND Standards webpage [www.eatrightacend.org/ACEND/Standards](http://www.eatrightacend.org/ACEND/Standards).

Please share this information with your constituents/colleagues. If you or they have questions, please send them to [acend@eatright.org](mailto:acend@eatright.org) or call 312-899-4872, so we can respond to them. Future editions of the monthly update will include these questions and an ACEND response.

Thank you so much.

Mary Gregoire, PhD, RD  
ACEND, Executive Director



4626. Daily News:Thursday, January 14, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 14, 2016 10:46:57  
**Subject:** Daily News:Thursday, January 14, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

### **U.S. diets are still out of balance with Federal recommendations**

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=56400&ref=collection>

### **Blues, Bingeing Common in Weight Loss Surgery Patients**

**Findings offer better understanding of mental health in bariatric candidates**

[http://www.medpagetoday.com/PrimaryCare/Obesity/55653?xid=nl\\_mpt\\_DHE\\_2016-01-14&eun=g411013d0r](http://www.medpagetoday.com/PrimaryCare/Obesity/55653?xid=nl_mpt_DHE_2016-01-14&eun=g411013d0r)

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=2481004>

Related Resource: *Academy of Nutrition and Dietetics Pocket Guide to Bariatric Surgery, 2nd Ed.*

(Print)

<http://www.eatrightstore.org/product/0EF8163B-0080-4D08-A0D7-67ABA4779F11>

### **Lack Of Play Spaces for Latino Kids Increases Obesity Risk**

<http://www.nbcnews.com/news/latino/lack-play-spaces-latino-kids-increases-obesity-risk-n494371>

Source: Salud America

<http://www.communitycommons.org/groups/salud-america/big-bets/sa-active-spaces/>

Related Resource: Hispanic Family Nutrition Counseling Kit

<http://www.eatrightstore.org/product/DC458CA0-D45B-4440-9793-55E877396A75>

### **First time moms Older Than Ever, Study Finds**

<http://www.nbcnews.com/health/womens-health/first-time-moms-older-ever-study-finds-n496391>

Source: CDC

<http://www.cdc.gov/nchs/data/databriefs/db232.htm>

### **Dietary guidelines seen as big win for supplements step forward for omega-3s**

<http://www.foodnavigator-usa.com/Regulation/Dietary-guidelines-seen-as-big-win-for->

### supplements-step-forward-for-omega-3s

Source: 2015-2020 Dietary Guidelines for Americans

<http://health.gov/dietaryguidelines/2015/guidelines/>

Related Resource: Academy of Nutrition and Dietetics Offers Advice on Incorporating 2015-2020 Dietary Guidelines into Everyday Eating

<http://www.eatrightpro.org/resource/media/press-releases/new-in-food-nutrition-and-health/academy-of-nutrition-and-dietetics-offers-advice-on-incorporating-dietary-guidelines>

### Chicago dietitian puts her weight loss advice to the test on new ABC show

<http://thrive.suntimes.com/health/chicago-dietitian-featured-abcs-new-fitness-show/>

Related Resource: Interventions for the Treatment of Overweight and Obesity in Adults

<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/weight-management>

### Heavier Waiters Make for Heavier Eating

<http://www.wsj.com/articles/heavier-waiters-make-for-heavier-eating-1452700075>

Source: *Environment Behavior*

<http://eab.sagepub.com/content/early/2015/10/29/0013916515621108.abstract>

### Sales of meal kit subscriptions surge and show no sign of slowing

<http://www.foodnavigator-usa.com/Manufacturers/Sales-of-meal-kit-subscriptions-surge-and-show-no-sign-of-slowing>

### Bowls Are the New Plates

New job for the 68-ounce serving bowl: People are eating from them, not serving from them

<http://www.wsj.com/articles/bowls-are-the-new-plates-1452619461>

### ALDI to ditch junk food at its US store checkouts by year-end

<http://www.foodnavigator-usa.com/Markets/ALDI-to-ditch-junk-food-at-store-checkouts-by-year-end>

### ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

**-Effectiveness of a Paleolithic Based Diet Compared to MyPlate Guidelines, With and Without Exercise, in Women.**

<https://clinicaltrials.gov/ct2/show/NCT02380833?term=nutrition+AND+USA&rank=2>

### MedlinePlus: Latest Health News

**-Fewer Childhood Cancer Survivors Dying From 'Late' Effects**

-High Uric-Acid Levels, Lower Risk of Parkinson's?

Link found only in men, researchers say

-Male Sexual Enhancement Supplements Often Ineffective, Possibly Harmful: Study

**Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

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In the subject line type unsubscribe.

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4627. Eat Right Weekly - January 13, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 13, 2016 14:33:36  
**Subject:** Eat Right Weekly - January 13, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that affects you!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

January 13, 2016

Quick Links: [On the Pulse of Public Policy](#) | [CPE Corner](#) | [Career Resources](#) | [Research Briefs](#)  
[Academy Member Updates](#) | [Philanthropy, Awards and Grants](#)

## ON THE PULSE OF PUBLIC POLICY

Comments Due January 26: Policies Proposed to Improve Delivery of Chronic Care

Senators seeking long-term solutions to chronic care management released a bipartisan "Policy Options Document" to generate ideas for policies to improve disease management, streamline care coordination, improve quality and reduce Medicare costs. The document includes the Academy's suggestions to include options for expanding telehealth, eliminate barriers to care coordination, expand access to prediabetes education and expand options for obesity treatment. Input is welcome from dietetic practice groups and member experts. Comments on the document are due January 26.

## New Funding Opportunity Available through CMS

The Academy is seeking opportunities to work with the Centers for Medicare and Medicaid Services' new five-year Accountable Health Communities Model which aims to connect health care providers with social services, including transportation, housing and food services. The initiative aims to coordinate services to reduce food insecurity and encourage provider organizations to treat the holistic needs of patients.

[Learn More](#)

## Share Food Safety Stories with Partnership for Food Safety Education

The Partnership for Food Safety Education is collecting stories about food safety education initiatives across the country, to share with others in the field. The Academy is on the Partnership's

Board of Directors and provides food safety information and resources.

[Learn More](#)

### Opportunities to Offer Input on Proposed Regulations and Government Initiatives

Federal agencies continue to be busy issuing multiple proposed regulations affecting everything from food labeling (such as GMOs and use of the term "natural") to successes in the Indian Health Service and technology initiatives. Members are encouraged to work with your dietetic practice groups to submit input on these initiatives, which are detailed in the Public Policy Weekly News and on the Academy's website.

[Learn More](#)

### CPE CORNER

#### January 26 Webinar: 'Changing the Way We Look at Agriculture'

Participants in a January 26 webinar, "Changing the Way We Look at Agriculture," will gain an understanding of the state of U.S. and international farming and learn about innovative strategies to help nutritiously feed the growing world population. This webinar, which offers 1 CPE credit, is made possible through an educational grant from National Dairy Council.

[Learn More](#)

#### Kids Eat Right Recorded Webinar

View a one-hour webinar recording to learn about the many resources available to Academy members through Kids Eat Right and how you can get involved. Understand how Kids Eat Right toolkits are developed and take a closer look at each toolkit and other free resources.

[Learn More](#)

#### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

#### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

#### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

#### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

#### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

#### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

#### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

#### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa., and June 10 to 12 in Salt Lake City, Utah (registration opens January 15).

[Learn More](#)

#### Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

### CAREER RESOURCES

#### Updated Position Paper: Adult Weight Management

The Academy's updated position paper "Interventions for the Treatment of Overweight and Obesity in Adults" was published in the January *Journal of the Academy of Nutrition and Dietetics*. The position paper uses the Evidence Analysis Process and Evidence Analysis Library to present current data and recommendations.

[Learn More](#)

#### Once a Fellow, Always a Fellow

Becoming a Fellow of the Academy of Nutrition and Dietetics is an excellent way to showcase

your expertise to employers, colleagues, clients and the public. Apply online and be recognized for your professional accomplishments, valuable service to the public and pursuit of lifelong learning.

[Learn More](#)

#### Diversity Awards and Grants

A \$1,000 Diversity Action Award and \$10,000 Promotion Grant are available to recognized Academy groups.

[Learn More](#)

#### Celebrate the New Year with DNS Products

Session recordings from the 2015 Dietitians in Nutrition Support Symposium are available for purchase. A price increase takes effect January 15.

[Learn More](#)

#### eNCPT Student Guide

Now available for educators, the eNCPT Student Companion Guide is a comprehensive student companion to the electronic Nutrition Care Process Terminology that guides, challenges and tests students on each step of the NCP. An Instructor's Solutions Manual is also available to NDEP members.

#### Updated Terminology and Modules: Subscribe to eNCPT

Purchase the eNCPT, now with updated terminology and modules, to access the most current and up-to-date terms for nutrition care and comply with the Department of Health and Human Services' mandate that clinical terminologies in EHR systems must be in SNOMED and LOINC.

[Learn More](#)

#### RESEARCH BRIEFS

##### New on EAL: HIV/AIDs Evidence-Based Nutrition Practice Toolkit

This toolkit helps practitioners implement the Evidence Analysis Library's 2010 HIV/AIDs guideline in coordination with the nutrition care process.

[Learn More](#)

##### New on EAL: Hypertension Evidence-Based Practice Guidelines

The guidelines contain recommendations on medical nutrition therapy, vitamin D, minerals, the DASH diet, alcohol and physical activity.

[Learn More](#)

##### New on EAL: Pediatric Weight Management Evidence-Based Practice Guidelines

The guidelines focus on "Multicomponent PWM Interventions and Weight Status Outcomes" and "Treatment Context in Multicomponent PWM Interventions."

[Learn More](#)

## ACADEMY MEMBER UPDATES

### For National Nutrition Month, Promote Cooking Right

The 2016 National Nutrition Month theme, "Savor the Flavor of Eating Right," encourages everyone to take time to enjoy food traditions and appreciate the pleasures, great flavors and social experiences of food. The National Nutrition Month catalog features gadgets and utensils to make healthy cooking not only easy but also fun and tasty.

[Learn More](#)

### For Media Spokesperson Program: Academy Seeks Men's Nutrition Specialists

The Academy seeks polished, enthusiastic and articulate registered dietitian nutritionists with expertise in men's nutrition to join the Academy's national Spokesperson program. All Spokesperson applicants must be passionate about spreading science-based and timely nutrition messages to the public through broadcast, print and internet media. The application deadline is February 1.

[Learn More](#)

### Losing Weight and Getting in Shape: Member Stars on New ABC-TV Show

Academy member Dawn Jackson Blatner, RD, LDN, is one of five "celebrity trainers" who are working with contestants to lose weight and get in shape on the ABC-TV series "My Diet Is Better Than Yours." Blatner, a former Academy media Spokesperson, is the only registered dietitian nutritionist among the trainers, each of whom brings his or her own "individually designed and wildly diverse diet and exercise plan to their contestant, and works with them to change their lives."

[Learn More](#)

### Member Elected Mayor

Academy member Patti Garrett, MS, RD, LD, has been elected mayor of Decatur, Ga. Garrett, a member of the city commission since 2009, was elected mayor by her fellow commission members.

[Learn More](#)

## PHILANTHROPY, AWARDS AND GRANTS

### January Message from Foundation Chair

Learn what the New Year has in store, in the January Chair's Message from Jean Ragalie-Carr, RDN, LDN, FAND.

[Learn More](#)

### January Everyday Heroes

Be inspired by the stories of January's Kids Eat Right Everyday Heroes.



[Learn More](#)

**February 1 Deadline: Ruby P. Puckett/Elizabeth Frakes Food Management Continuing Education Award**

Two awards - of up to \$2,000 each - assist qualified professionals' attendance at the Academy's Food and Nutrition Conference & Expo or another conference related to food and nutrition management. The application deadline is February 1.

[Learn More](#)

**February 1 Deadline: Marianne Smith Edge Award**

This \$1,000 award provides financial support to registered dietitian nutritionists who have been in practice fewer than 10 years to obtain leadership training and development. The application deadline is February 1.

[Learn More](#)

**February 1 Deadline: First International Nutritionist/Dietitian Fellowship for Study in the USA**

This \$2,200 award assists foreign nationals who are pursuing postgraduate work in the United States and have a clearly articulated plan to return to their country. The application deadline is February 1.

[Learn More](#)

**February 1 Deadline: Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management**

This fund provides up to two \$1,100 awards for essays describing new approaches, including the application of technology, to feed the hungry by maximizing underutilized food resources or through a fresh produce program reducing food wastage. The deadline to submit essays is February 1. Email Amy Donatell for more information.

[Learn More](#)

**February 1 Deadline: Apply for Foundation Awards**

The Foundation offers continuing education, international and program development awards. The application deadline is February 1.

[Learn More](#)

**A Message from Our Partners**

**National Kidney Foundation Spring Clinical Meetings**

The NKF Spring Clinical Meetings, to be held April 27 to May 1 in Boston, Mass., present a unique opportunity for busy renal health care professionals to learn new developments related to all aspects of nephrology. It is the only conference of its kind to focus on translating science into practice for the entire health care team. Register by February 19 and receive a \$50 discount.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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4628. Daily News & Journal Review: Wednesday, January 13, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 13, 2016 11:12:04  
**Subject:** Daily News & Journal Review: Wednesday, January 13, 2016  
**Attachment:**

---

## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to online content.

**March is National Nutrition Month<sup>®</sup>!** Get a head start now by planning activities for National Nutrition Month<sup>®</sup> in 2016 and help your clients *Savor the Flavor of Eating Right*. The NNM catalog has what you need to make your celebration a success. Visit [www.eatright.org/nnm](http://www.eatright.org/nnm) for more information and to view the NNM catalog online visit: <https://www.jimcolemanstore.com/nnm/>

## **Small Declines in Kidney Function May Damage Heart, Vessels**

**-Slight renal impairment linked to increased cardiovascular risk**

[http://www.medpagetoday.com/Nephrology/CHF/55631?xid=nl\\_mpt\\_DHE\\_2016-01-13&eun=g411013d0r](http://www.medpagetoday.com/Nephrology/CHF/55631?xid=nl_mpt_DHE_2016-01-13&eun=g411013d0r)

Source: *Hypertension*

<http://hyper.ahajournals.org/content/early/2016/01/11/HYPERTENSIONAHA.115.06608.full.pdf>

## **Children exposed to both artificial and natural light at higher risk of obesity**

<http://www.ibtimes.com.au/children-exposed-both-artificial-natural-light-higher-risk-obesity-1499489>

Source: *PLoS One*

<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0143578>

## **Pre-Pregnancy Potato Consumption Linked to Gestational Diabetes**

**Five cups of spuds weekly boosts odds by 50 percent, research suggests**

<http://consumer.healthday.com/diabetes-information-10/misc-diabetes-news-181/frequent-potato-consumption-may-up-gestational-diabetes-risk-study-706961.html>

Source: *BMJ*

<http://www.bmj.com/content/352/bmj.h6898.abstract?sid=5939dbec-dec2-4a8a-962a-5b99518c7a26>

## **Obesity Surgery Patients May Often Have Mental Health Disorders**

**But mood conditions don't seem to hinder post-op weight loss, study says**

<http://consumer.healthday.com/mental-health-information-25/depression-news-176/obesity-surgery-patients-often-have-mental-health-disorders-706957.html>

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=2481004>

## **Online tool shows global scale of obesity-related cancer**

(The impact of obesity on cancer rates across the world and how many cases could have been prevented is made clear with an online data tool, launched by the International Agency for Research on Cancer (IARC) last month)

<http://www.foodnavigator.com/Science/Online-tool-shows-global-scale-of-obesity-related-cancer>

Source: *Lancet Oncology*

[http://www.thelancet.com/journals/lanonc/article/PIIS1470-2045\(14\)71123-4/fulltext](http://www.thelancet.com/journals/lanonc/article/PIIS1470-2045(14)71123-4/fulltext)

Related Resource: Analysis Tools

<http://gco.iarc.fr/obesity/home>

## **Alcohol Ads Should Be a No-See on TV for Kids**

**But 1 in 8 drinking ads don't adhere to industry's own standards, study reports**

<http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/alcohol-ads-should-be-a-no-see-on-tv-for-kids-706922.html>

Source: *Journal of Studies on Alcohol and Drugs*

<http://www.ncbi.nlm.nih.gov/pubmed/26751350>

## **Why endorphins (and exercise) make you happy**

<http://www.cnn.com/2016/01/13/health/endorphins-exercise-cause-happiness/index.html>

Related Resource: *Sports Nutrition Care Manual*

<https://www.nutritioncaremanual.org/about-sncm>

## **Hospitals Step Up To Help Seniors Avoid Falls**

<http://khn.org/news/hospitals-step-up-to-help-seniors-avoid-falls/>

Related Resource: *JAMA Internal Medicine*

-Monthly High-Dose Vitamin D Treatment for the Prevention of Functional Decline: A Randomized Clinical Trial

<http://archinte.jamanetwork.com/article.aspx?articleid=2478897>

## **Nations First Full-Service Non-Profit Grocery Store Opens In Delaware County**

<http://philadelphia.cbslocal.com/2016/01/12/nations-first-full-service-non-profit-grocery-store-opens-in-delaware-county/>

## **MedlinePlus: Latest Health News**

- Online Tool Helps Predict Chances of Kidney Failure, Study Finds
  - Statins Aid Bypass Surgery Recovery, Research Shows
- <https://www.nlm.nih.gov/medlineplus/healthnews.html>

## **Journal Review**

### ***Journal of the Academy of Nutrition and Dietetics*, January 12, 2016, Online First**

- <http://www.andjrn.org/inpress>
- Quality Certification Programs for Dietary Supplements

### ***American Journal of Epidemiology*, January 5-10, 2016, Online First**

- <http://aje.oxfordjournals.org/content/early/recent>
- Associations of Dietary Long-Chain -3 Polyunsaturated Fatty Acids and Fish Consumption With Endometrial Cancer Risk in the Black Women's Health Study
  - Maternal Consumption of Seafood in Pregnancy and Child Neuropsychological Development: A Longitudinal Study Based on a Population With High Consumption Levels

### ***British Journal of Nutrition*, January 14, 2016**

- <http://journals.cambridge.org/action/displayIssue?jid=BJN&volumeId=115&seriesId=0&issueId=01>
- Intake of dietary antioxidants is inversely associated with biomarkers of oxidative stress among men with prostate cancer
  - Fish oil supplemented for 9 months does not improve glycaemic control or insulin sensitivity in subjects with impaired glucose regulation: a parallel randomised controlled trial
  - Monosodium l-glutamate in soup reduces subsequent energy intake from high-fat savoury food in overweight and obese women

### ***Critical Reviews in Food Science and Nutrition*, January 2, 2016**

- <http://www.tandfonline.com/toc/bfsn20/56/1#.Vo69ffkrKUk>
- Cocoa and Human Health: From Head to FootA Review
  - Phenolic Compounds of Cereals and Their Antioxidant Capacity
  - Legislation Impact and Trends in Nutrition Labeling: A Global Overview

### ***European Journal of Nutrition*, January 7-12, 2016, Online First**

- <http://link.springer.com/journal/394/onlineFirst/page/1>
- Effect of meal composition on postprandial glucagon-like peptide-1, insulin, glucagon, C-peptide, and glucose responses in overweight/obese subjects
  - Do dry roasting, lightly salting nuts affect their cardioprotective properties and acceptability?
  - Dietary patterns in weight loss maintenance: results from the MedWeight study

### ***JAMA*, January 12, 2016**

- <http://jama.jamanetwork.com/issue.aspx>

-Mental Health Conditions Among Patients Seeking and Undergoing Bariatric Surgery: A Meta-analysis

***JAMA Internal Medicine*, January 11, 2016, Online First**

<http://archinte.jamanetwork.com/onlineFirst.aspx>

-Proton Pump Inhibitor Use and the Risk of Chronic Kidney Disease

***Journal of Human Lactation*, January 8, 2016**

<http://jhl.sagepub.com/content/early/recent>

-Prepregnancy Obesity Class Is a Risk Factor for Failure to Exclusively Breastfeed at Hospital Discharge among Latinas

***Molecular Nutrition & Food Research*, January 2016**

<http://onlinelibrary.wiley.com/doi/10.1002/mnfr.60.1/issuetoc>

-Dietary inorganic nitrate: From villain to hero in metabolic disease?  
-Vitamin D in polycystic ovary syndrome: Relationship to obesity and insulin resistance  
-Allium vegetables and upper aerodigestive tract cancers: a meta-analysis of observational studies

***Nutrition Journal*, January 8-13, 2016, Online First**

<http://nutritionj.biomedcentral.com/articles>

-Food addiction as a new piece of the obesity framework  
-Single-blind, placebo controlled randomised clinical study of chitosan for body weight reduction

***Proceedings of the Nutrition Society*, January 8, 2016, Online First**

<http://journals.cambridge.org/action/displayIssue?jid=PNS&volumeId=-1&seriesId=0&issueId=-1>

-Sarcopenia and cachexia in the era of obesity: clinical and nutritional impact

**Quote of the Week**

**"True health-care reform starts in your kitchen, not in Washington."**

**-Anonymous**

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4629. RE: Meet the Candidates Forum

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Lisa Dierks' <lisamnrd1@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Dianne Polly' <diannepolly@gmail.com>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 12, 2016 19:24:07  
**Subject:** RE: Meet the Candidates Forum  
**Attachment:** [image004.jpg](#)  
[image003.jpg](#)  
[Meet the Candidates Forum Prep Tips2.docx](#)

---

Thanks Nancy, that would help if I'd attached it! Please see the tips attached.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** NancyLewis1000@gmail.com  
**Sent:** Tuesday, January 12, 2016 11:49 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>; DMartin@Burke.k12.ga.us; 'Lisa Dierks' <lisamnrd1@gmail.com>; dwheller@mindspring.com; 'Dianne Polly' <diannepolly@gmail.com>  
**Subject:** RE: Meet the Candidates Forum



Hi Joan,  
Thanks very much.  
Did I miss the media tips attachment?  
Nancy Lewis

**From:** Joan Schwaba [mailto:JSchwaba@eatright.org]  
**Sent:** Tuesday, January 12, 2016 12:34 PM  
**To:** NancyLewis1000@gmail.com; DMartin@Burke.k12.ga.us; 'Lisa Dierks' <lisamnr1@gmail.com>; dwheller@mindspring.com; 'Dianne Polly' <diannepolly@gmail.com>  
**Subject:** Meet the Candidates Forum  
**Importance:** High

Dear Candidate -

The Academy is hosting the Meet the Candidates Forum again this year. The webinars offer an opportunity for Academy members to meet the president-elect and speaker-elect candidates on the 2016 ballot. A moderator will pose questions to you to help members gain insight to your perspectives and views. The webinars were tentatively scheduled for January 26 and 27 however due to unexpected conflicts with the moderator, instead we are asking if speaker-elect candidates are available to participate on **Monday February 1** at 1:00pm CT and president-elect candidates are available to participate on **Tuesday, February 2** at 1:00pm CT? A tech run through will be scheduled prior to the live event.

The Forum question/answer format will be similar to last year's, however based on feedback, members requested the webinar be made more engaging. Therefore, specific topics will be provided in advance of the webinar instead of actual questions. The questions, collected from Academy members, that will be posed to the candidates during the webinar are related to the topical areas listed below.

**President-elect Topics (one question will be asked from each of the following five topics and two questions will be asked from the audience)**

- Visioning
- Competition in the Workplace
- DPG/MIG Support
- Global Climate Change
- Transparency/Communication

**Speaker-elect Topics (one question will be asked from each of the following three topics and two questions will be asked from the audience)**

- Visioning
- Competition in the Workplace
- Transparency/Communication

Media tips provided by Nominating Committee member and former Academy Spokesperson Marisa Moore to help prepare you to answer questions for the webinar are attached. The committee hopes you find these helpful.

Please let me know your availability for the dates listed above.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

## 4630. Meet the Candidates Forum

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Lisa Dierks' <lisamnrd1@gmail.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Dianne Polly' <diannepolly@gmail.com>  
**Sent Date:** Jan 12, 2016 12:35:26  
**Subject:** Meet the Candidates Forum  
**Attachment:** [image001.jpg](#)

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Dear Candidate -

The Academy is hosting the Meet the Candidates Forum again this year. The webinars offer an opportunity for Academy members to meet the president-elect and speaker-elect candidates on the 2016 ballot. A moderator will pose questions to you to help members gain insight to your perspectives and views. The webinars were tentatively scheduled for January 26 and 27 however due to unexpected conflicts with the moderator, instead we are asking if speaker-elect candidates are available to participate on **Monday February 1** at 1:00pm CT and president-elect candidates are available to participate on **Tuesday, February 2** at 1:00pm CT? A tech run through will be scheduled prior to the live event.

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- Global Climate Change
- Transparency/Communication

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- Visioning
- Competition in the Workplace
- Transparency/Communication

Media tips provided by Nominating Committee member and former Academy Spokesperson Marisa Moore to help prepare you to answer questions for the webinar are attached. The committee hopes you find these helpful.

Please let me know your availability for the dates listed above.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

4631. FW: With Gratitude

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@aces.edu' <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <'DeniceFerkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Sent Date:** Jan 11, 2016 19:30:06  
**Subject:** FW: With Gratitude  
**Attachment:** [image005.jpg](#)  
[image006.jpg](#)  
[image003.jpg](#)  
[image007.jpg](#)  
[image006.jpg](#)

---

FYI.

Best regards,

**Patricia M. Babjak**

***Chief Executive Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4856

**pbabjak@eatright.org | www.eatright.org**

**Twitter | Facebook | LinkedIn | YouTube**

Begin forwarded message:

**From:** Patricia Babjak <PBABJAK@eatright.org>

**Date:** January 11, 2016 at 3:34:06 PM CST

**To:** "Tagtow, Angela - CNPP" <Angela.Tagtow@cnpp.usda.gov>, "craytef@aces.edu" <craytef@aces.edu>, President <President@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Jennifer Folliard <JFolliard@eatright.org>

**Cc:** "Haven, Jackie - CNPP" <Jackie.Haven@cnpp.usda.gov>, "Fu, Stephenie - CNPP" <Stephenie.Fu@cnpp.usda.gov>, "Larson, Jessica - CNPP" <jessica.larson1@cnpp.usda.gov>, "Rihane, Colette - CNPP" <Colette.Rihane@cnpp.usda.gov>, "Maniscalco, Shelley - CNPP" <Shelley.Maniscalco@cnpp.usda.gov>, 'Evelyn Crayton' <evelyncrayton64@gmail.com>

**Subject: RE: With Gratitude**

Dear Angie,

Thank you for your email and for including the Academy in the communication rollout of the 2015 Dietary Guidelines for Americans. Academy spokespeople are on the front lines of reaching consumers with sound, science-based food and nutrition information. We appreciated working closely with your team throughout the entire process. We are committed to assisting in efforts to educate policy makers and the public regarding the value and impact of the Dietary Guidelines for Americans. We value our relationship and look forward to working with the USDA in the future.

Best regards,

**Patricia M. Babjak**

***Chief Executive Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4856

**pbabjak@eatright.org | www.eatright.org**

**Twitter | Facebook | LinkedIn | YouTube**

**From:** Tagtow, Angela - CNPP [mailto:Angela.Tagtow@cnpp.usda.gov]

**Sent:** Monday, January 11, 2016 6:58 AM

**To:** Patricia Babjak <PBABJAK@eatright.org>; craytef@aces.edu; President <President@eatright.org>; Mary Pat Raimondi <mraimondi@eatright.org>; Jennifer Folliard <JFolliard@eatright.org>

**Cc:** Haven, Jackie - CNPP <Jackie.Haven@cnpp.usda.gov>; Fu, Stephenie - CNPP <Stephenie.Fu@cnpp.usda.gov>; Larson, Jessica - CNPP <jessica.larson1@cnpp.usda.gov>; Rihane, Colette - CNPP <Colette.Rihane@cnpp.usda.gov>; Maniscalco, Shelley - CNPP <Shelley.Maniscalco@cnpp.usda.gov>

**Subject:** With Gratitude

Good Morning Pat, Evelyn, Mary Pat and Jenn,

On behalf of USDA Center for Nutrition Policy and Promotion - thank you! Thank you for your tireless support, communication, and advocacy efforts regarding the latest iteration of the Dietary Guidelines for Americans. We, along with our colleagues at HHS Office of Disease Prevention and Health Promotion, are thrilled this important document has been released and we all can move into applying the DGAs to policies, programs and practices. Thank you for keeping members continually informed of engagement opportunities and the development status.

This recent process was the most contentious, controversial, and political. Now that Congress has interjected themselves into the conversation, it becomes more critical than ever for dietitians to be engaged in these public policy discussions. If 2015 is any indication of what is to come in 2020, we look to organizations such as the Academy of Nutrition and Dietetics to continue to be at the forefront in educating and informing policymakers of the value and impact of the Dietary Guidelines for Americans.

Kudos to the AND spokespeople. They were essential players in getting accurate messages out the day of the release. Joan Salge Blake went toe-to-toe with journalist Nina Techolz in setting the record straight on the DGAs. See <http://live.huffingtonpost.com/r/segment/new-dietary-guidelines-released/508e9a7978c90a7ea0000120>.

Again, thank you. We are grateful for the collaborative relationship and look forward to working even more closely with you in the coming years.

Best Regards,

--Angie

Angie Tagtow, MS, RD, LD

Executive Director | Center for Nutrition Policy and Promotion

United States Department of Agriculture

3101 Park Center Drive, Suite 1034 | Alexandria, VA 22302

703.305.7600 | [angela.tagtow@cnpp.usda.gov](mailto:angela.tagtow@cnpp.usda.gov)

Nutrition Evidence Library | Dietary Guidelines for Americans | MyPlate



## 4632. Speaker Recommendation

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** 'Copperman, Nancy' <NCopper@NSHS.edu>, DMartin@Burke.k12.ga.us  
<DMartin@Burke.k12.ga.us>, 'degerstein@ucanr.edu'  
<degerstein@ucanr.edu>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Kathy Cobb'  
<kathy.cobb@snet.net>  
**Sent Date:** Jan 11, 2016 16:37:41  
**Subject:** Speaker Recommendation  
**Attachment:**

---

Shelly has informed us that she will not be presenting her session after the 2016 program year. If you are aware of any individuals who can present the “Developing a Clinical Program for Management of Childhood and Adolescent Obesity” session, please forward me their names and contact information. The individuals must have experience in establishing a clinical program. The objectives are:

- Identify key stages and components when planning a new pediatric weight management program or revising an existing program.
- Assess reimbursement potential for the MNT of pediatric overweight from third party payers to families and other health care providers and/or agencies.

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

4633. New Year Clearance Sale!

**From:** eatrightSTORE <eatrightstore@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 11, 2016 15:04:41  
**Subject:** New Year Clearance Sale!  
**Attachment:**

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Academy of Nutrition and Dietetics Email

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4634. Recall: On behalf of Evelyn Crayton: CEO Performance Objectives/ Performance Management Timeline Discussion

**From:** Carolyn Patterson <CPatterson@eatright.org>  
**To:** Evelyn Crayton <craytef@charter.net>, craytef@aces.edu  
<craytef@aces.edu>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'Sonja Connor' <connors@ohsu.edu>, Wolf <Wolf.4@osu.edu>, 'Margaret Garner' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us  
<DMartin@Burke.k12.ga.us>, 'Aida Miles' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <denice@healthfirstonline.net>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, Michele Lites <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <Tracey.Bates@dpi.nc.gov>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Don Bradley, M.D.' <don.bradley@duke.edu>, 'Steven A. Miranda' <sam387@cornell.edu>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Sent Date:** Jan 11, 2016 13:39:46  
**Subject:** Recall: On behalf of Evelyn Crayton: CEO Performance Objectives/ Performance Management Timeline Discussion  
**Attachment:**

---

Carolyn Patterson would like to recall the message, "On behalf of Evelyn Crayton: CEO Performance Objectives/ Performance Management Timeline Discussion".

4635. FW: On behalf of Evelyn Crayton: CEO Performance Objectives/ Performance Management Timeline Discussion

**From:** Carolyn Patterson <CPatterson@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@aces.edu <craytef@aces.edu>, 'craytef@charter.net' <'craytef@charter.net'>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFenkoAdams@gmail.com' <'DeniceFenkoAdams@gmail.com'>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <'drchristie@aol.com'>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <'dwbradley51@gmail.com'>, 'steve.miranda44@gmail.com' <'steve.miranda44@gmail.com'>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 11, 2016 13:34:37  
**Subject:** FW: On behalf of Evelyn Crayton: CEO Performance Objectives/ Performance Management Timeline Discussion  
**Attachment:** [CEO 2015-16 Performance ObjectivesAPPROVED090415 revised 10-8-15.doc](#)  
[CEO PERFORMANCE MANAGEMENT-COMPENSATION REVIEW TIMELINE - 1-11-16.docx](#)

---

I apologize for sending this again but realized there were some changes to a few email addresses. Please disregard the first email and respond to this one with any comments/questions.

Thanks!

Carolyn Patterson, MBA

Senior Director, Human Resources and Office Services

## Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

[www.eatright.org](http://www.eatright.org)

**From:** Carolyn Patterson

**Sent:** Monday, January 11, 2016 12:26 PM

**To:** 'Evelyn Crayton' <craytef@charter.net>; 'craytef@aces.edu' <craytef@aces.edu>; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'Sonja Connor' <connors@ohsu.edu>; Wolf <Wolf.4@osu.edu>; 'Margaret Garner' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'Denice Ferko-Adams' <denice@healthfirstonline.net>; 'Michele.D.Lites@kp.org'; 'Michele Lites' <michelelites@sbcglobal.net>; 'Catherine Christie' <c.christie@unf.edu>; 'Tracey Bates' <Tracey.Bates@dpi.nc.gov>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu'; dwheller@mindspring.com; 'Don Bradley, M.D.' <don.bradley@duke.edu>; 'Steven A. Miranda' <sam387@cornell.edu>; 'jean.ragalie-carr@dairy.org'

**Subject:** On behalf of Evelyn Crayton: CEO Performance Objectives/ Performance Management Timeline Discussion

**Importance:** High

Hello All and Happy New Year,

On behalf of Evelyn Crayton, attached you will find a copy of the approved CEO Performance Objectives document and a draft copy of the CEO Performance Management Timeline that will be reviewed and discussed during Wednesday's Executive Session.

Evelyn is asking that you review the CEO Performance Management Timeline and provide her with your feedback and/or edits as soon as possible. If you have any questions please feel free to respond to this email or call me directly.

Thanks,

Carrolyn

Carrolyn Patterson, MBA

Senior Director, Human Resources and Office Services

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4636. On behalf of Evelyn Crayton: CEO Performance Objectives/ Performance Management Timeline Discussion

**From:** Carrolyn Patterson <CPatterson@eatright.org>  
**To:** Evelyn Crayton <craytef@charter.net>, craytef@aces.edu  
 <craytef@aces.edu>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'Sonja Connor' <connors@ohsu.edu>, Wolf <Wolf.4@osu.edu>, 'Margaret Garner' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us  
 <DMartin@Burke.k12.ga.us>, 'Aida Miles' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <denice@healthfirstonline.net>, 'Michele.D.Lites@kp.org' <'Michele.D.Lites@kp.org'>, Michele Lites <michelelites@sbcglobal.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Tracey Bates' <Tracey.Bates@dpi.nc.gov>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Don Bradley, M.D.' <don.bradley@duke.edu>, 'Steven A. Miranda' <sam387@cornell.edu>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 11, 2016 13:28:12  
**Subject:** On behalf of Evelyn Crayton: CEO Performance Objectives/ Performance Management Timeline Discussion  
**Attachment:** [CEO 2015-16 Performance ObjectivesAPPROVED090415 revised 10-8-15.doc](#)  
[CEO PERFORMANCE MANAGEMENT-COMPENSATION REVIEW TIMELINE - 1-11-16.docx](#)

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Thanks,

Carrolyn



Carrolyn Patterson, MBA

Senior Director, Human Resources and Office Services

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[www.eatright.org](http://www.eatright.org)

4637. Re: DFPI and Build Up Dietitians

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 10, 2016 20:13:35  
**Subject:** Re: DFPI and Build Up Dietitians  
**Attachment:**

---

I will ask her. It's only fair that you get them ahead of time. I'll get back to you.

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

On Jan 10, 2016, at 4:45 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Great advice. I will keep that in mind. Wish we knew what questions we were going to have for the candidate forum. I am not sure they have worked out the details on it yet. Expressed my concern to Joan that we need time to prepare.

Sent from my iPhone

On Jan 10, 2016, at 5:43 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

One additional thing. During the webinar, any member participating can submit a question to the facilitator. You need to be prepared in the event a sponsorship question comes up. You can generally answer that it was the Board that initiated the Sponsorship Task Force and the dialogue in the HOD. Now the Board is evaluating member input, DPG input and the SPTF recommendations.

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

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Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

On Jan 9, 2016, at 7:37 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Pat, You all have exactly the same thoughts on this subject as I do. There is no way to make them happy by trying to answer their questions. I think you all know me well enough to know that I do not agree with any of their stances. I am going to recommend that we let them know that we could not begin to answer all the questions poised by all the groups that would want to ask candidates questions and that they need to listen to the forums. That while we really do want to encourage voting, this is not the best way to do it because of the limited time we all have during this campaign "season". Other groups would not be happy if they were left out. I do not feel like anything positive could come out of this. The other issue is that we have not even approved the SATF recommendations, so I would not feel comfortable talking about the issue until we do. With me still a member of the board at this point In time it also puts another wrinkle into things because I am privy to information Nancy might not have. I vote no, but will wait to hear what Nancy thinks. Thanks for the quick response. I don't want them getting to far down the road that they really are upset when we say no.

Sent from my iPhone

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Hi Nancy and Donna,

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Best regards,  
Pat

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***Chief Executive Officer***  
**Academy of Nutrition and Dietetics**  
120 South Riverside Plaza, Suite 2000  
Chicago, Illinois 60606  
312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Doris Acosta <dacosta@eatright.org>  
**Date:** January 9, 2016 at 3:59:21 PM CST  
**To:** Patricia Babjak <PBABJAK@eatright.org>

**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>

**Subject: Re: DFPI and Build Up Dietitians**

Thoughts:

- Are there campaigning rules regarding candidates replying to questions from members and/or groups? Can affiliates submit questions and expect a direct reply? MIGs, DPGs? Other non-Academy groups, either organized or ad hoc?
- I know I keep saying this, but DFPI really is just 12 people with a Facebook page, and about half of them are not Academy members. Candidates should not be expected to reply to questions from non-members.
- Do people running for office in the AMA or any other membership organization reply to questions (especially loaded questions) that come over the transom from their members and/or non-members? I'm guessing not.
- Thousands of members have Facebook pages like Leah McGrath...should they all get replies from the candidates, too, if they decide to pose questions? Yes, we need to increase voting, but I don't know that this is the way to do it.
- I see no upside to the candidates replying to Andy. He will probably not like the replies and will ream us out, whatever the answers are. I recommend candidates ignore him -- his reaction to being ignored will probably not be appreciably worse than his reaction to any answers candidates provide.

Hope this helps! Please call me if you have any questions or want to talk.

Doris Acosta

On Jan 9, 2016, at 3:41 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

See below. Do I recommend not answering at all since the statements are inaccurate?

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

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Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Patricia Babjak <PBABJAK@eatright.org>

**Date:** January 8, 2016 at 11:06:44 PM CST

**To:** Mary Beth Whalen <Mwhalen@eatright.org>

**Cc:** Doris Acosta <dacosta@eatright.org>

**Subject: Fwd: DFPI and Build Up Dietitians**

**Patricia M. Babjak**  
**Chief Executive Officer**  
**Academy of Nutrition and Dietetics**  
120 South Riverside Plaza, Suite 2000  
Chicago, Illinois 60606  
312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Donna Martin <DMartin@burke.k12.ga.us>  
**Date:** January 8, 2016 at 6:15:00 PM CST  
**To:** Patricia Babjak <PBABJAK@eatright.org>, "Nancy Lewis" <Nancylewis1000@gmail.com>, Joan Schwaba <JSchwaba@eatright.org>, "Doris Acosta" <dacosta@eatright.org>  
**Subject: DFPI and Build Up Dietitians**

Pat, Doris, Joan and Nancy,

Attached is the information I have received about the DFPI and Build up Dietitians wanting us to answer questions. Both these posts came from Leah McGrath, but it tells us what they are thinking. See below.

#### *DFPI*

*I imagine you have seen the initial list of questions for your candidates on the Dietitians for Professional Negativity site. They will be narrowing this down to 3 questions vote.*

- 1) Over the past few years, the Academy's affiliations with certain companies (i.e.: last year's partnership between the Kids Eat Right Foundation and Kraft Singles) have hurt its credibility. How will you address and resolve these concerns?*
- 2) In light of concerns about AND's ties with the food industry negatively impact on dietitians' public credibility, how will you help support and promote dietitians as food and nutrition experts?*
- 3) Some AND partners/sponsors primarily profit from products that contradict our mission and vision of improving the nation's health. What are your thoughts on this conflict?*
- 4) Some AND partners/sponsors actively lobby against public health initiatives. How do you reconcile this with their public proclamations to be part of the solution?*
- 5) What are your thoughts on the food industry providing continuing education, specifically in light of concerns that continuing education opportunities have the potential be used to diffuse rightful criticism of unhealthy products?*
- 6) Health experts agree that the 2015 Dietary Guidelines are vague, and that the American public would benefit from more forceful messaging (i.e.: "limit sugary drinks", "eat less red and processed meat", "cut back on processed and junk food"). With that in mind, would you suggest AND revise*

*its 'total diet approach' position paper?*

*NOTE: Once the final three questions are chosen, their wording may be edited for clarity and effectiveness.*

*Thank you.*

*Leah McGrath Follow me on Twitter - [www.twitter.com/InglesDietitiancell](http://www.twitter.com/InglesDietitiancell): 828-215-3317 Work: 800-334-4936*

### *Build up Dietitians*

*Hi Ladies, I know the candidates can't participate in Facebook or Twitter chats but I guess DFPI (aka the Dietitians for Professional Integrity/Negativity) is collecting questions from their follower to send them. I would like to make the same offer on my page (Build Up Dietitians). I think there are actually more Academy members on my page anyway. 63% of them are 18-34 yrs old so maybe this will help w/ voting. Would your folks be open to be sent questions and if so, where would I send them?*

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Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

4638. Re: DFPI and Build Up Dietitians

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Joan Schwaba <JSchwaba@eatright.org>, Doris Acosta <dacosta@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>  
**Sent Date:** Jan 10, 2016 17:43:16  
**Subject:** Re: DFPI and Build Up Dietitians  
**Attachment:**

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Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

4639. Fwd: DFPI and Build Up Dietitians

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** Joan Schwaba <JSchwaba@eatright.org>, Doris Acosta <dacosta@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>  
**Sent Date:** Jan 09, 2016 19:45:35  
**Subject:** Fwd: DFPI and Build Up Dietitians  
**Attachment:**

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312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Doris Acosta <dacosta@eatright.org>  
**Date:** January 9, 2016 at 3:59:21 PM CST  
**To:** Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>  
**Subject:** Re: DFPI and Build Up Dietitians

Thoughts:

- Are there campaigning rules regarding candidates replying to questions from members and/or groups? Can affiliates submit questions and expect a direct reply? MIGs, DPGs? Other non-Academy groups, either organized or ad hoc?

- I know I keep saying this, but DFPI really is just 12 people with a Facebook page, and about half of them are not Academy members. Candidates should not be expected to reply to questions from non-members.
- Do people running for office in the AMA or any other membership organization reply to questions (especially loaded questions) that come over the transom from their members and/or non-members? I'm guessing not.
- Thousands of members have Facebook pages like Leah McGrath...should they all get replies from the candidates, too, if they decide to pose questions? Yes, we need to increase voting, but I don't know that this is the way to do it.
- I see no upside to the candidates replying to Andy. He will probably not like the replies and will ream us out, whatever the answers are. I recommend candidates ignore him -- his reaction to being ignored will probably not be appreciably worse than his reaction to any answers candidates provide.

Hope this helps! Please call me if you have any questions or want to talk.

Doris Acosta

On Jan 9, 2016, at 3:41 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

See below. Do I recommend not answering at all since the statements are inaccurate?

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Patricia Babjak <PBABJAK@eatright.org>

**Date:** January 8, 2016 at 11:06:44 PM CST

**To:** Mary Beth Whalen <Mwhalen@eatright.org>

**Cc:** Doris Acosta <dacosta@eatright.org>

**Subject:** Fwd: DFPI and Build Up Dietitians

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606

312-899-4856 | pbabjak@eatright.org | www.eatright.org

Begin forwarded message:

**From:** Donna Martin <DMartin@burke.k12.ga.us>

**Date:** January 8, 2016 at 6:15:00 PM CST

**To:** Patricia Babjak <PBABJAK@eatright.org>, "Nancy Lewis" <Nancylewis1000@gmail.com>, Joan Schwaba <JSchwaba@eatright.org>, "Doris Acosta" <dacosta@eatright.org>

**Subject:** DFPI and Build Up Dietitians

Pat, Doris, Joan and Nancy,

Attached is the information I have received about the DFPI and Build up Dietitians wanting us to answer questions. Both these posts came from Leah McGrath, but it tells us what they are thinking. See below.

#### *DFPI*

*I imagine you have seen the initial list of questions for your candidates on the Dietitians for Professional Negativity site. They will be narrowing this down to 3 questions vote.*

- 1) Over the past few years, the Academy's affiliations with certain companies (i.e.: last year's partnership between the Kids Eat Right Foundation and Kraft Singles) have hurt its credibility. How will you address and resolve these concerns?*
- 2) In light of concerns about AND's ties with the food industry negatively impact on dietitians' public credibility, how will you help support and promote dietitians as food and nutrition experts?*
- 3) Some AND partners/sponsors primarily profit from products that contradict our mission and vision of improving the nation's health. What are your thoughts on this conflict?*
- 4) Some AND partners/sponsors actively lobby against public health initiatives. How do you reconcile this with their public proclamations to be part of the solution?*
- 5) What are your thoughts on the food industry providing continuing education, specifically in light of concerns that continuing education opportunities have the potential be used to diffuse rightful criticism of unhealthy products?*
- 6) Health experts agree that the 2015 Dietary Guidelines are vague, and that the American public would benefit from more forceful messaging (i.e.: "limit sugary drinks", "eat less red and processed meat", "cut back on processed and junk food"). With that in mind, would you suggest AND revise its 'total diet approach' position paper?*

*NOTE: Once the final three questions are chosen, their wording may be edited for clarity and effectiveness.*

*Thank you.*

*Leah McGrath Follow me on Twitter - [www.twitter.com/InglesDietitiancell](http://www.twitter.com/InglesDietitiancell): 828-215-3317 Work: 800-334-4936*

*Build up Dietitians*

*Hi Ladies, I know the candidates can't participate in Facebook or Twitter chats but I guess DFPI (aka the Dietitians for Professional Integrity/Negativity) is collecting questions from their follower to send them. I would like to make the same offer on my page (Build Up Dietitians). I think there are actually more Academy members on my page anyway. 63% of them are 18-34 yrs old so maybe this will help w/ voting. Would your folks be open to be sent questions and if so, where would I send them?*

*Leah McGrath Follow me on Twitter - [www.twitter.com/InglesDietitiancell](https://www.twitter.com/InglesDietitiancell): 828-215-3317 Work: 800-334-4936*

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

4640. Re: Education sessions at FNCE

**From:** Diane Enos <denos@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 08, 2016 21:54:01  
**Subject:** Re: Education sessions at FNCE  
**Attachment:**

---

Hi Donna

I am actually traveling on business next week (long standing trip) so I will miss the meeting.

That being said, you can let her know the committee meets the end of this month for final selection and notifications go out in mid/late February.

Any questions, she can feel free to contact me.

Hope you are well!

Diane

Diane M. Enos, MPH, RDN, FAND  
Vice President, Lifelong Learning and Professional Engagement  
Academy of Nutrition and Dietetics

> On Jan 8, 2016, at 8:40 PM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

>

> Happy New Year Diane! Someone on Facebook asked me when the education sessions would be announced for FNCE. I asked for clarification and she said she wanted to know as a potential presenter and attendee. Can you help me answer her question please? Thanks!! See you next week!

>

> Sent from my iPhone



4641. Automatic reply: Education sessions at FNCE

**From:** Diane Enos <denos@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 08, 2016 20:41:43  
**Subject:** Automatic reply: Education sessions at FNCE  
**Attachment:**

---

Thank you for your email. I am currently out of the office for business and have limited access to email and voicemail. I will return to the office on Thursday, January 14, 2016. If you need immediate assistance, please contact one of the following Academy staff:

Susan Baron: Lifelong Learning/Professional Development (sbaron@eatright.org)  
Diane Juskelis: DPG, MIG, Affiliate Relations (djuskelis@eatright.org)  
Chirag Patel: Meeting Services (cpatel@eatright.org)

Best Regards,  
Diane

Diane M. Enos, MPH, RDN, FAND  
Vice President, Lifelong Learning and Professional Engagement  
Phone (NEW): 312/899-1767  
Email: denos@eatright.org

## 4642. Additional Board Meeting Materials

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** craytef@aces.edu <craytef@aces.edu>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFenkoAdams@gmail.com' <DeniceFenkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Cecily Byrne <cbyrne@eatright.org>, Jennifer Horton <Jhorton@eatright.org>, Georgia Gofis <GGofis@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 08, 2016 17:58:29  
**Subject:** Additional Board Meeting Materials  
**Attachment:** [image005.jpg](#)  
[image006.jpg](#)  
[00 Executive Session Agenda January 13 2016.pdf](#)  
[SATF Agenda January 13 2016.pdf](#)  
[BOD Questions Regarding SATF Report010816.pdf](#)  
[Beneo Background Materials.pdf](#)  
[Att 2.0 January AgendaREV010716.pdf](#)  
[Att 8.4 Sponsor Summit 2015 Attendee Comments .pdf](#)  
[HOD DPG Comments Comparison.pdf](#)

I am providing you with some additional attachments for review in advance of our meeting next week. These items are all available on the portal but they will ***not be included in paper packets*** that were mailed upon request earlier this week. The list of new materials for review includes the following:

- Executive Session agenda (attachments will be provided on Tuesday at the meeting).
- Agenda for the Sponsorship Advisory Task Force (SATF) Report discussion. We worked with Liz Monroe-Cook, our facilitator for the (SATF) portion of the meeting, to develop the discussion and deliberation design. We decided the topic deserves its own agenda to ensure relevant issues are covered and that we remain focused. The agenda is also attached for your reference.
- Questions that were submitted by you in advance of the SATF report. In preparation for the SATF report discussion, we shared your questions with Kathy McClusky to help her prepare the presentation. The questions have been provided to Kathy verbatim - - thank you for your feedback!
- BENEEO background materials. As part of the deliberations, you will have the opportunity to evaluate a new potential sponsor using the proposed evaluation tools developed by the SATF. The sponsor under consideration is BENEEO, a German-based ingredient company.
- Revised Board meeting agenda reflecting the addition of agenda item attachment - 8.4 *Sponsor Summit 2015 Attendee Comments*.
- The HOD Governance staff identified differences between the DPG comments sent to the Board and the House comments. Attached is a summary of the comparison.

I look forward to seeing you and to the deliberations!

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856  
Email: pbabjak@eatright.org  
www.eatright.org

**From:** Patricia Babjak

**Sent:** Wednesday, January 06, 2016 9:30 AM

**To:** craytef@aces.edu; 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@charter.net' <craytef@charter.net>; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu' <connors@ohsu.edu>; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; 'DeniceFenkoAdams@gmail.com' <DeniceFenkoAdams@gmail.com>; 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>; 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>; 'drchristie@aol.com' <drchristie@aol.com>; 'Tracey Bates' <traceybatesrd@gmail.com>; 'Tammy.randall@case.edu' <Tammy.randall@case.edu>; dwheller@mindspring.com; 'dwbradley51@gmail.com' <dwbradley51@gmail.com>; 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>; 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>

**Cc:** Alison Steiber <ASteiber@eatright.org>; Barbara Visocan <BVISOCAN@eatright.org>; Diane Enos <denos@eatright.org>; Doris Acosta <dacosta@eatright.org>; Marsha Schofield <mschofield@eatright.org>; Jeanne Blankenship <JBlankenship@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>; Katie Brown <kbrown@eatright.org>; Mary Beth Whalen <Mwhalen@eatright.org>; Mary Pat Raimondi <mraimondi@eatright.org>; Paul Mifsud <PMifsud@eatright.org>; Mary Gregoire <mgregoire@eatright.org>; Susan Burns <Sburns@eatright.org>; Chris Reidy <CREIDY@eatright.org>; Sharon McCauley <smccauley@eatright.org>; Cecily Byrne <cbyrne@eatright.org>

**Subject:** Sponsorship Agenda Item

We are looking forward to our meeting next week in Chicago. Hopefully you have had a chance to review the Sponsorship Advisory Task Force Report. We want to help Kathy McClusky prepare for the discussion by sharing with her some of your questions in advance. We have captured a few staff inquiries below. If you have anything in addition that you want us to submit to her please share them with me before Friday. Of course you are not limited to the advance questions at the meeting, we are simply trying to help focus the discussion and prepare our presenter.

- *How did the Task Force define "Sponsorship"?*
- *What is new and different in the proposed guidelines from the guidelines that are already in place?*

- *The recommendations of the Task Force reflect two recommendations that we are already implementing (removed reference to the Total Diet Approach in sponsorship information materials in November 2014; accepted a Scientific Integrity Policy that also recommends engagement with multiple funders whenever possible.) What additional recommendations require Board discussion, approval and action?*
- *Is it realistic to ask a committee to review the 100s of DPG and Academy sponsorship opportunities?*
- *The report makes reference to a detailed environmental scan of like-organizations that the task force conducted. Can you share more of the details regarding this scan? What are these organizations implementing that we are not and vice versa?*

We are attaching a combined summary completed by Doris Acosta of the DPG comments sent to the Board. Marsha Schofield and Cecily Byrne are reviewing the HOD comments to identify any substantive or new differences between DPG and House comments. Joan Schwaba is posting on the Board portal today the HOD Workbook Consolidations, which we were not aware were being shared with the Board; the agenda reflects the material as attached.

We will be working with a facilitator Liz Monroe-Cook for the discussion portion of the sponsorship agenda item and will provide you with a breakdown of how the five-hour presentation and discussion led by Liz will flow. It will include an opportunity for you to review a new potential premier sponsor using the SATF proposed tools. This information will be provided to you no later than Friday. Thank you for your engagement on this important topic!

Best regards,

**Patricia M. Babjak**

***Chief Executive Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4856

**[pbabjak@eatright.org](mailto:pbabjak@eatright.org) | [www.eatright.org](http://www.eatright.org)**

**[Twitter](#) | [Facebook](#) | [LinkedIn](#) | [YouTube](#)**

4643. NASDAQ video and photo ...

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** 'craytef@aces.edu' <craytef@aces.edu>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <deniceferkoadams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Darchele Erskine <derskine@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>  
**Sent Date:** Jan 08, 2016 17:51:54  
**Subject:** NASDAQ video and photo ...  
**Attachment:** [image003.jpg](#)

---

2015 Dietary Guidelines for Americans

Just in case you missed it, here is a **link** to the video to watch today's opening bell ceremony. Evelyn, accompanied by our New York members, did a great job representing the Academy and the profession at NASDAQ this morning.

Congrats Evelyn!

## 4644. Ethics and Dietetics-Your Opinion Needed

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 08, 2016 15:52:23  
**Subject:** Ethics and Dietetics-Your Opinion Needed  
**Attachment:**

---

Ethics and Dietetics-Your Opinion Needed

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

Dear Member:

The Academy of Nutrition and Dietetics Ethics Committee is seeking member input to identify the top ethical concerns facing dietetics practitioners. The results will provide information to support the Committees goal of developing new educational tools, including *Journal* articles, Food & Nutrition Conference & Expo sessions, toolkits and other resources.

The survey should take no more than 10 minutes to complete.

<https://www.surveymonkey.com/r/SCMPMJH>

Thank you in advance for your participation. This survey closes on January 28, 2016.

Share this mailing with your social network:

This member email was sent to you from the Academy of Nutrition and Dietetics.

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Headquarters | Academy of Nutrition and Dietetics

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4645. FW: June 22-23 Foundation BOD Meeting

**From:** Martha Ontiveros <Montiveros@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, NancyLewis1000@gmail.com <Nancylewis1000@gmail.com>  
**Sent Date:** Jan 08, 2016 14:12:01  
**Subject:** FW: June 22-23 Foundation BOD Meeting  
**Attachment:**

---

Congratulations on being selected as a candidate for Academy President on the 2016 Academy ballot! The Academy President-elect also serves on the Academy Foundation Board of Directors. We would ask that you hold June 22-23 on your calendar for the Foundation's face to face Board meeting. More information will follow after the election. Thank you for your continuing willingness to share your expertise and time on behalf of the profession.

-----Original Appointment-----

**From:** Martha Ontiveros  
**Sent:** Friday, January 08, 2016 1:07 PM  
**To:** Martha Ontiveros; Carl Barnes; Constance Geiger; Eileen Kennedy; Jean Ragalie-Carr; Kathy Wilson-Gold; Maha Tahiri; Pat Babjak; Sylvia Escott-Stump; Terri Raymond; mgarner@cchs.ua.edu; Mary Beth Whalen; Susan Burns; Beth Labrador; Katie Brown; Alison Steiber; Paul Mifsud; Amy Donatell; Mary Uhrick  
**Cc:** Darchele Erskine; Joan Schwaba; Sandy.Stelflug@genmills.com; Linda Serwat; Mary-Ann Johnson; 'Carole.Clemente@dairy.org'; 'Cecala, Sue'  
**Subject:** June 22-23 Foundation BOD Meeting  
**When:** Wednesday, June 22, 2016 12:00 AM to Friday, June 24, 2016 12:00 AM (UTC-06:00) Central Time (US &Canada).  
**Where:** TBD

Academy Foundation Board of Directors face to face meeting on June 22-23, 2016. More information will follow.

Please do not hesitate to contact me if you have any questions.

**Martha Ontiveros**

*Administrative Assistant, Academy of Nutrition and Dietetics Foundation*  
120 South Riverside Plaza, Suite 2000, Chicago, Illinois 60606-6995  
PHONE 1-800-877-1600, Ext 4773 - FAX 312-899-4796

montiveros@eatright.org

## 4646. FNCE® 2016 Call for Abstracts Now Open!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>  
**To:** Donna <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 08, 2016 12:21:23  
**Subject:** FNCE® 2016 Call for Abstracts Now Open!  
**Attachment:**

---

FNCE® 2016 Call for Abstracts Now Open!

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

Have you conducted research in nutrition and/or dietetics? Do you have a unique program or project you would like to feature? Consider presenting at FNCE®. The 2016 Food & Nutrition Conference & Expo, October 15-18 in Boston, will feature new research to be presented during poster sessions in the following categories:

**(1) Research**

**(2) Project or program reports**

**(3) Innovations in nutrition and dietetics practice or education**

To submit an abstract, visit [www.eatrightfnce.org/fnce/abstractsubmission/](http://www.eatrightfnce.org/fnce/abstractsubmission/).

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## 4647. International Activities

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** Evelyn Crayton <evelyncrayton64@gmail.com>, Evelyn Crayton <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay\_Wolf@columbus.rr.com' <Kay\_Wolf@columbus.rr.com>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Miles081@umn.edu' <Miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <deniceferkoadams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Susan Burns <Sburns@eatright.org> dmartin@burke.k12.ga.us  
**Hidden recipients:**  
**Sent Date:** Jan 08, 2016 11:19:04  
**Subject:** International Activities  
**Attachment:** [CEO Report.pdf](#)

---

Recently a couple of former presidents inquired about the Academy's international outreach and activities. I therefore shared my CEO report on our international efforts with all former Academy presidents and Foundation chairs. In the event you receive any inquiries from them, I am attaching it although it is on the Board portal. The feedback from the past leaders has been highly complimentary regarding the strides made.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org)

4648. Daily News & Journal Review: Friday, January 8, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 08, 2016 11:01:58  
**Subject:** Daily News & Journal Review: Friday, January 8, 2016  
**Attachment:**

---

## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### **Americans Still Consume Too Much Salt: CDC**

**Most of it comes from processed or restaurant food, not salt shaker, experts say**

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/most-americans-still-consumer-too-much-salt-cdc-706841.html>

Source: CDC *MMWR* Prevalence of Excess Sodium Intake in the United States NHANES, 2009-2012

[http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6452a1.htm?s\\_cid=mm6452a1\\_w](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6452a1.htm?s_cid=mm6452a1_w)

### **You're probably eating too much salt, new guidelines say**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/01/07/salt-new-u-s-dietary-guidelines-call-for-americans-to-lower-intake-to-a-teaspoon-a-day/>

Cited: *Dietary Guidelines, the 2015-2020 Dietary Guidelines for Americans*

<http://health.gov/dietaryguidelines/2015/guidelines/>

### **Calorie cutting may help older obese people with thinking problems**

<http://www.reuters.com/article/us-health-calorierestriction-cognitive-o-idUSKBN0UL2G220160107>

Source: *Journal of Clinical Endocrinology and Metabolism*

<http://press.endocrine.org/doi/abs/10.1210/jc.2015-2315>

### **Why you should trim some but not all of the fat from your diet**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/01/07/fat-new-u-s-dietary-guidelines-suggest-skim-or-low-fat-milk-limiting-saturated-and-trans-fats/>

### **Changes in fat distribution influence reduction in insulin sensitivity**

<http://www.healio.com/endocrinology/obesity/news/online/%7B1e5b1ca7-ca14-4065-ae0-df447386902e%7D/changes-in-fat-distribution-influence-reduction-in-insulin-sensitivity>

Source: *Journal of Clinical Endocrinology & Metabolism*

<http://press.endocrine.org/doi/abs/10.1210/jc.2015-2892>

## **Financial Incentives Don't Spur Employee Weight Loss, Study Finds**

**Workplace wellness programs must get more creative, researchers say**

[https://www.nlm.nih.gov/medlineplus/news/fullstory\\_156560.html](https://www.nlm.nih.gov/medlineplus/news/fullstory_156560.html)

Source: *Health Affairs*

<http://content.healthaffairs.org/content/35/1/71.abstract>

## **Ask Well: Health Benefits of Red Wine vs. Grape Juice**

<http://well.blogs.nytimes.com/2016/01/08/ask-well-health-benefits-of-red-wine-vs-grape-juice/?ref=health>

## **Campbell Soup says supports mandatory GMO labeling**

(it supports the enactment of federal legislation for a single mandatory labeling standard for foods derived from genetically modified organisms)

<http://www.reuters.com/article/us-campbell-soup-gmo-idUSKBN0UM0H420160108>

## **Kroger is going to become Amazon and Walmart's biggest threat**

(Kroger is in the ideal position to beat out other grocery chains in an area that is key to the future of the industry: online sales)

<http://www.businessinsider.in/Kroger-is-going-to-become-Amazon-and-Walmarts-biggest-threat/articleshow/50460260.cms>

Related Resources: Meet Your Supermarket Dietitian

<http://www.eatright.org/resource/food/resources/learn-more-about-rdns/meet-your-supermarket-dietitian>

Supermarket Business and Industry Skills

<http://www.eatrightstore.org/collections/supermarket-business-and-industry-skills>

## **MedlinePlus: Latest Health News**

-Blood Test May Help Rule Out Pregnancy Complication: Study

Women with suspected pre-eclampsia are often hospitalized

-Psych Therapies May Have Long-Term Benefits for Irritable Bowel Patients

Treatments might help ease gastrointestinal symptoms for at least six months, study finds

-Statins May Reduce Heart Risks Linked to Sleep Apnea: Study

But it's too early to prescribe them for patients with the disorder, experts say

-Try Home Remedies for Child's Cough or Cold

Over-the-counter treatments are riskier and costlier, says American Academy of Pediatrics

<https://www.nlm.nih.gov/medlineplus/healthnews.html>

## **Journal Review**

### ***American Journal of Clinical Nutrition*, January 6, 2016, Online First**

<http://ajcn.nutrition.org/content/early/recent>

-Egg consumption and risk of type 2 diabetes: a meta-analysis of prospective studies

***Critical Reviews in Food Science and Nutrition, December 29, 2015, Online First***

<http://www.tandfonline.com/action/showAxaArticles?journalCode=bfsn20#.Vo6-hvkrKUk>

-Recent Advances on Lactose Intolerance: Tolerance Thresholds and Currently Available Solutions

-Health Benefits of Walnut Polyphenols: An Exploration beyond Their Lipid Profile

***International Journal of Obesity, January 2016***

<http://www.nature.com/ijo/journal/v40/n1/index.html>

-The role of fatness on physical fitness in adolescents with and without Down syndrome: The UP&DOWN study

-Intensive lifestyle treatment for non-alcoholic fatty liver disease in children with severe obesity: inpatient versus ambulatory treatment

-Metabolically healthy and unhealthy obesity: differential effects on myocardial function according to metabolic syndrome, rather than obesity

***Journal of Nutrition, January 2016***

<http://intl-jn.nutrition.org/content/current>

-Walnuts Consumed by Healthy Adults Provide Less Available Energy than Predicted by the Atwater Factors

-Higher Eating Frequency Does Not Decrease Appetite in Healthy Adults

-Protein Supplementation at Breakfast and Lunch for 24 Weeks beyond Habitual Intakes Increases Whole-Body Lean Tissue Mass in Healthy Older Adults

***Journal of Nutrition Education & Behavior, January 2016***

<http://www.jneb.org/current>

-LA Sprouts: A 12-Week Gardening, Nutrition, and Cooking Randomized Control Trial Improves Determinants of Dietary Behaviors

-Reducing Food Insecurity and Improving Fruit and Vegetable Intake Among Farmers' Market Incentive Program Participants

***Journal of Nutrition, Health & Aging, January 2016***

<http://link.springer.com/journal/12603/20/1/page/1>

-Tailored nutrition education in the elderly can lead to sustained dietary behaviour change

-Dysphagia assessed by the 10-item eating assessment tool is associated with nutritional status and activities of daily living in elderly individuals requiring long-term care

***Journal of Pediatric Gastroenterology and Nutrition, January 2016***

<http://journals.lww.com/jpgn/pages/currenttoc.aspx>

-Effectiveness of Enteral Versus Oral Nutrition With a Medium-Chain Triglyceride Formula to Prevent Malnutrition and Growth Impairment in Infants With Biliary Atresia



- Nutritional/Growth Status in a Large Cohort of Medically Fragile Children Receiving Long-Term Enteral Nutrition Support
- Clinical Characteristics of 2 Groups of Children With Feeding Difficulties
- Unintended Adverse Effects of Enteral Nutrition Support: Parental Perspective

***Morbidity and Mortality Weekly Report (MMWR), January 8, 2016***

<http://www.cdc.gov/mmwr/index2015.html>

- Prevalence of Excess Sodium Intake in the United States NHANES, 2009-2012

***NIH MedlinePlus, the magazine (Winter 2016)***

<https://www.nlm.nih.gov/medlineplus/magazine/issues/winter16/toc.html>

- What is Crohns Disease?
- The Basics of Probiotics
- Parkinsons Disease: New research offers hope for better diagnosis and treatments

***Nutrition and Cancer, December 28, 2015, Online First***

<http://www.tandfonline.com/action/showAxaArticles?journalCode=hnuc20>

- Effect of chemoradiotherapy on nutrition status of patients with nasopharyngeal cancer
- Variation of resting energy expenditure after the first chemotherapy cycle in acute leukemia patients

***Nutrition Journal, January 5, 2016, Online First***

<http://nutritionj.biomedcentral.com/articles>

- Benefits of antioxidant supplements for knee osteoarthritis: rationale and reality

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## 4649. Meet the Academy's Presidential Candidates!

**From:** Academy of Nutrition and Dietetics <elections@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 07, 2016 18:26:08  
**Subject:** Meet the Academy's Presidential Candidates!  
**Attachment:**

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Meet the Academy's Presidential Candidates!

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Connect with the Academy:

Introducing the Academy's Presidential Candidates!

The Nominating Committee is pleased to introduce Nancy Lewis and Donna Martin candidates for the office of president-elect on the Academy's 2016 national ballot. Read about them in the campaign statements below. Voting will take place February 1 to 22, 2016.

### **Donna Martin, EdS, RDN, LD, SNS, FAND**

Happy New Year to you! Did you make a New Year's resolution? My professional resolutions are to increase the amount of farm to school products we serve in our schools, to find ways to expand our summer feeding program and to reach out to more legislators on nutrition issues that impact our profession. Much like you might be doing, I also hope to use the New Year to learn more about the candidates running for President of the United States. It will be quite a year! Piggybacking on that, I would like to encourage you to get involved in finding out more about the candidates who are on the Academy's ballot. The people you elect will have a lot to say about our future. Your voice is integral as we shape a future that is as bold and courageous as our Founding Members' vision nearly 100 years ago.

### **Nancy Lewis, PhD, RDN, FADA, FAND**

This is the most exciting time in history to be a member of the Academy of Nutrition and Dietetics. Expanding opportunities and increased recognition within our communities, health care system and in the international arena, along with new technologies, make it possible for us to connect like never before. *Connecting and communicating* are at the heart of my plan for leading our membership. As a member of the Board of Directors, Speaker of the House of Delegates, Chair of the Nutrition Care Process and Terminology Committee and a member of the Research Council, I have effectively demonstrated dedication, balanced decision-making and servant leadership. My calm, collaborative style, developed through years of leadership in education and research, is

exactly what we need at this time in our professions history. A vote for me is a vote for proven integrity, leadership and experience.

To learn more about the candidates, visit [www.eatright.org/elections](http://www.eatright.org/elections).

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4650. RE: Position Paper on Agriculture and Food Biotechnology

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** 'Evelyn Crayton' <craytef@charter.net>, Evelyn Crayton <evelyncrayton64@gmail.com>, Lucille Beseler <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <connors@ohsu.edu>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>, Alison Steiber <ASteiber@eatright.org>  
**Sent Date:** Jan 07, 2016 18:11:06  
**Subject:** RE: Position Paper on Agriculture and Food Biotechnology  
**Attachment:** [image003.jpg](#)

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I reached out to the Academy Positions Committee chair and appropriate staff for the reasoning for a white paper vs a position paper on agriculture and food biotechnology. I am sharing the response from APC chair Mary Ellen Posthauer and APC vice chair Ainsley Malone.

During the October 2015 APC meeting, the topic biotechnology was reviewed. Based on the limited evidence resulting from the completion of the evidence analysis project (the majority of the EAL questions were Grade V indicating insufficient evidence to support the questions), APC passed a motion not to proceed with development of a position paper. The majority of research available on human consumption of genetically engineered plant and animal foods relates to allergenicity and allergenicity research on humans has inherent limitations due to ethical concerns and various testing methodologies. Due to the very limited evidence, APC would not be able to formulate a strong position statement. APC determined that it would be in the best interest of its members, and the profession, to develop a white paper to provide an overview of the evidence related to this topic. The Research, International and Scientific Affairs Team has indicated they could assume the responsibility for developing a White Paper on this topic.

The position paper was criticized because of the limited and weak evidence. The White Paper allows us to go beyond studies including humans. We can look at agriculture, epidemiology and animal studies. The policies of the EAL only allow studies using humans. Please let me know if you have additional questions. I shared your concern with Alison. Perhaps the Research Council should address the issue of using studies beyond humans?

Best,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

**From:** DMartin@Burke.k12.ga.us

**Sent:** Tuesday, January 05, 2016 3:09 PM

**To:** 'Evelyn Crayton' <craytef@charter.net>; Lucille Beseler <lbeseler\_fnc@bellsouth.net>; connors@ohsu.edu; Patricia Babjak <PBABJAK@eatright.org>; 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>

**Subject:** Position Paper on Agriculture and Food Biotechnology

Dear Dr. Crayton, Lucille, Sonya, Jean and Pat,  
Happy New Year!

I have a concern that I thought was best addressed to the four of you and Pat.

I would like some clarification on why the Academy does not have a formal position paper on the subject of modern agriculture any more, but is planning just a white paper on the subject? We had a paper on agriculture and food biotechnology and let it expire recently. What is curious about the expiration is that it is still being quoted in things like the sponsorship advisory task force report, even though it is expired. I feel like if the next 100 years theme is going to incorporate agriculture in it that we need to have taken a position on this subject. A position paper is the only way we can help members understand the science, and help affiliates, DPGs and Academy spokespeople communicate about the topic. The Academy should focus on all types of agricultural practices in this paper, including organic, conventional, and biotechnology.

I know this topic is a hot topic and one that there is a lot of disagreement over and misinformation being communicated everywhere. Yet, I feel like it is the role of the Academy to help our members navigate this terrain, and if we can't come up with a position on the subject, how do we expect them to be able to be the nutrition experts in this important area?

Thanks for listening to my concern and I look forward to hearing back from the people who I think can help answer my concerns!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

4651. FW: Child & Adolescent Weight Management Conference 2015

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 07, 2016 18:00:24  
**Subject:** FW: Child & Adolescent Weight Management Conference 2015  
**Attachment:** [image001.png](#)  
[image002.png](#)  
[image003.png](#)  
[image004.jpg](#)  
[image005.jpg](#)  
[image006.jpg](#)

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Hi Donna, I received this email from someone who wanted to be considered as a possible presenter for the school nutrition session. What are you thoughts?

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Delbridge, Wesley [mailto:Delbridge.Wesley@cusd80.com]  
**Sent:** Monday, September 08, 2014 11:52 AM  
**To:** Weightmgmt

**Subject:** Child & Adolescent Weight Management Conference 2015

Hi there,

My name is Wesley Delbridge and I am a Registered Dietitian and Media Spokesperson for the Academy of Nutrition & Dietetics. I have been hearing great things from my colleagues and peers about the Child & Adolescent Weight Management Conferences. My passion is in school nutrition and how we can get school nutrition programs to get kids to eat healthier. I am the director of a food & nutrition department in a school district myself and I am always trying to get our message out.

My question is to you have guest speakers at these Child & Adult Weight Management Conferences? If you do, I think that a session on school nutrition and the innovative ways we are getting kids to eat healthier at school would be a great topic. I would like to let you that I would love to be one of your guest speakers at any of the upcoming conferences if that is something you are interested in.

Thank for all you do for our profession and for the Academy. Have a great day!

**Wesley Delbridge, R.D.**

**DIRECTOR – FOOD & NUTRITION DEPARTMENT**

**- Chandler Unified School District**

(480)-812-7240 [www.cusdnutrition.com](http://www.cusdnutrition.com)

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## 4652. 2015 Dietary Guidelines for Americans Update

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** 'craytef@aces.edu' <craytef@aces.edu>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <deniceferkoadams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Darchele Erskine <derskine@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 07, 2016 13:02:48  
**Subject:** 2015 Dietary Guidelines for Americans Update  
**Attachment:** [image002.jpg](#)  
[DGAs 2015vs2010 comparison.pdf](#)  
[Academy DGA 2015 reaction release.pdf](#)

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2015 Dietary Guidelines for Americans

The all-member email went out at 7 a.m. E.T. this morning. It has been posted to Twitter, Facebook and LinkedIn. Spokespeople were briefed with messaging to help spread the word. We are in the process of condensing the attached at-a-glance comparison chart for our infographic that's in development.

Attached is a press release on the 2015 *Dietary Guidelines for Americans*. Our members are loving our digital clips and using our creative content to spread the word on social media. Please click on the graphic below and take 11 seconds to watch a social video clip promoting the DGAs and a call for consumers to consult an RDN to learn more.

Please let me know if you have any questions or need additional information. Thank you!

Doris Acosta

**From:** Doris Acosta

**Sent:** Wednesday, January 06, 2016 4:06 PM

**To:** 'craytef@aces.edu' <craytef@aces.edu>; 'evelyncrayton64' <evelyncrayton64@gmail.com>; 'craytef@charter.net' <craytef@charter.net>; 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>; 'connors@ohsu.edu'; 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>; 'Garner, Margaret' <MGarner@cchs.ua.edu>; DMartin@Burke.k12.ga.us; 'Aida Miles-school' <miles081@umn.edu>; 'Linda Farr' <linda.farr@me.com>; 'Elise Smith' <easaden@aol.com>; Denice Ferko-Adams <deniceferkoadams@gmail.com>; Michele.D.Lites@kp.org; michelelites@sbcglobal.net; drchristie@aol.com; 'Tracey Bates' <traceybatesrd@gmail.com>; Tammy.randall@case.edu; dwheller@mindspring.com; dwbradley51@gmail.com; steve.miranda44@gmail.com; jean.ragalie-carr@dairy.org; Patricia Babjak <PBABJAK@eatright.org>

**Cc:** Darchele Erskine <derskine@eatright.org>; Joan Schwaba <JSchwaba@eatright.org>; Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>

**Subject:** Confidential - 2015 Dietary Guidelines for Americans

Mary Pat Raimondi and I participated in a brief conference call this afternoon with USDA's Under Secretary for Food, Nutrition and Consumer Services Kevin W. Concannon and USDA's Executive Director and Academy member Angie Tagtow. They informed us that the 2015 *Dietary Guidelines for Americans* will be released tomorrow, Thursday, January 7, at 7:00 a.m. Eastern Time. The only specific information USDA shared was the new title ... *My Plate, My Wins!* All of their materials will be posted on their website <http://health.gov/dietaryguidelines/2015/>.

Below is the all-member email from Academy President Evelyn Crayton that will be distributed tomorrow at 7 a.m. Eastern Time. Please keep this information confidential for now.

As always, please do not hesitate to contact me if you have any questions or need additional information.

Thank you very much!

Doris Acosta

**From:** President <President@eatright.org>

**Subject:** 2015 Dietary Guidelines for Americans

Having trouble viewing this e-mail? **View it in your browser.**

Connect with the Academy:

**Release of the 2015 *Dietary Guidelines for Americans*:  
A message from the Academy's President**

January 7, 2016

To my fellow Academy members:

The 2015 *Dietary Guidelines for Americans* have been released. You can download the *Guidelines* and supporting materials at <http://health.gov/dietaryguidelines/2015/>.

On behalf of the entire Academy, I want to extend special thanks to the five Academy members who served on the Dietary Guidelines Advisory Committee, whose expertise and hard work paved the way for the development of the *Dietary Guidelines*.

The *Dietary Guidelines for Americans* represent the U.S. government's cornerstone for nutrition policy and education for the next five years. As such, they affect every Academy member, every registered dietitian nutritionist and every dietetic technician, registered.

In addition, the *Dietary Guidelines* offer each of us an unequalled opportunity to further position ourselves as *leaders* – translating nutrition science and government recommendations into practical information for consumers and communities alike.

The Academy **supported the committee's evidence-based systematic review of the scientific literature**, which is vital in assessing the current and emerging state of the science in food and nutrition. We commend HHS and USDA for their commitment to the Nutrition Evidence Library and their ongoing efforts to strengthen the evidence-based approach for assessing the scientific literature for future dietary recommendations.

The Academy has developed a wealth of online resources at **eatrightPRO.org** to assist you in working with clients, patients, health professional colleagues and the public. Many of these resources are available now, and more will be added in the coming days. They include:

- Press release containing the Academy's reaction to the release of the *Dietary Guidelines*
  - Consumer-oriented press release on how individuals and families can apply the *Dietary Guidelines* to their own individual eating plans
  - Social media opportunities. Please add your authoritative voice to the global conversation **Facebook** and on **Twitter** (hashtag **#dietaryguidelines**).
  - Video
  - Infographic
  - Highlights of news media coverage featuring the Academy's Spokespeople discussing the *Dietary Guidelines* and their implications for people's nutrition and health.
- I urge all members: Use this opportunity to highlight your expertise and to reinforce your position as *the* food and nutrition experts.

Yours in helping everyone eat right,

Dr. Evelyn F. Crayton, RDN, LDN, FAND  
Academy President, 2015-2016

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## 4653. 2015 Dietary Guidelines for Americans

**From:** Academy President <president@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 07, 2016 07:33:31  
**Subject:** 2015 Dietary Guidelines for Americans  
**Attachment:**

---

2015 Dietary Guidelines for Americans

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

Release of the 2015 *Dietary Guidelines for Americans*:

A message from the Academys President

January 7, 2016

To my fellow Academy members:

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In addition, the *Dietary Guidelines* offer each of us an unequalled opportunity to further position ourselves as *leaders* translating nutrition science and government recommendations into practical information for consumers and communities alike.

The Academy supported the committees evidence-based systematic review of the scientific literature, which is vital in assessing the current and emerging state of the science in food and nutrition. We commend HHS and USDA for their commitment to the Nutrition Evidence Library and their ongoing efforts to strengthen the evidence-based approach for assessing the scientific literature for future dietary recommendations.

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- Consumer-oriented press release on how individuals and families can apply the *Dietary Guidelines* to their own individual eating plans
- Social media opportunities. Please add your authoritative voice to the global conversation Facebook and on Twitter (hashtag #dietaryguidelines).
- Video
- Infographic
- Highlights of news media coverage featuring the Academy's Spokespeople discussing the *Dietary Guidelines* and their implications for people's nutrition and health.

I urge all members: Use this opportunity to highlight your expertise and to reinforce your position as *the* food and nutrition experts.

Yours in helping everyone eat right,

Dr. Evelyn F. Crayton, RDN, LDN, FAND  
Academy President, 2015-2016

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## 4654. January Board Meeting Attachments

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** 'evelyncrayton64@gmail.com' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <'craytef@charter.net'>, 'craytef@aces.edu' <craytef@aces.edu>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay\_Wolf@columbus.rr.com' <Kay\_Wolf@columbus.rr.com>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Miles081@umn.edu' <Miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'Denice Ferko-Adams' <denice@healthfirstonline.net>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <'michelelites@sbcglobal.net'>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <'jean.ragalie-carr@dairy.org'>, Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Marsha Schofield <mschofield@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 06, 2016 18:43:44  
**Subject:** January Board Meeting Attachments  
**Attachment:** [Att 0.0 Complete BOD Packet\\_January 12-13 2016.pdf](#)

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A revised agenda and the remaining attachments for the January 12-13 Board meeting are now available on the Board of Directors' communication platform, and a PDF of the full packet is attached to this correspondence. These attachments were able to be included in the paper meeting packet which will be delivered on Friday, January 8 via UPS (no signature required) to those Board members who requested one. Please click [here](#) and enter your Academy website username and password to access the agenda and attachments on the Board portal.

Joining us on Tuesday, January 12 for the Second Century Visioning discussion will be Kevin Sauer, chair of the Commission on Dietetic Registration; Sylvia Escott-Stump, chair of the Nutrition and Dietetic Educators and Preceptors Council; and Maxine McElligott, chair of the Accreditation Council for Education in Nutrition and Dietetics (via phone). Kathy McClusky will be joining us on Wednesday, January 13 for the Sponsorship Advisory Task Force dialogue.

See you soon!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

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4655. Eat Right Weekly - January 6, 2016

**From:** Eatright Weekly <weekly@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 06, 2016 17:57:39  
**Subject:** Eat Right Weekly - January 6, 2016  
**Attachment:**

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Eat Right Weekly

*Eat Right Weekly* brings you all the news and info that affects you!

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Connect with the Academy:

January 6, 2016

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[Academy Member Updates | Philanthropy, Awards and Grants](#)

## ON THE PULSE OF PUBLIC POLICY

### Tune In on Friday: Academy at NASDAQ

The Academy has been invited to ring the opening bell in New York City on Friday, January 8, at NASDAQ, the country's largest electronic equities exchange, as part of NASDAQ's fifth annual Fit Week. This is the seventh time in recent years in which the Academy has been invited to be part of NASDAQ's trading day. Academy President Dr. Evelyn Crayton, RDN, LDN, FAND, is scheduled to speak, and will be joined by members who live in the New York area. The Academy's name and logo will also be on NASDAQ's Times Square tower. Be a part of this exciting event - view the opening bell ceremony beginning at 9:15 a.m. Eastern Time.

[Learn More](#)

### National Commission on Hunger Releases Report to Congress

The congressionally appointed, bipartisan National Commission on Hunger has released its final report: "Freedom from Hunger: An Achievable Goal for the United States of America, Recommendations of the National Commission on Hunger to Congress and the Secretary of the Department of Agriculture." The commission calls the report "one of the strongest bipartisan affirmations around the solvability of hunger in the United States in decades."

[Learn More](#)

### Academy Involvement in Hunger Commission and Report

Academy member Susan Finn, PhD, RD, LD, FAND, served as a member of the National

Commission on Hunger, and many Academy members presented testimony at regional meetings. The commission's report recommends the U.S. Department of Agriculture use the Academy's Guide for Effective Nutrition Interventions and Education "to define best practices within SNAP-Ed, develop or modify programs and evaluate outcomes." Academy President Dr. Evelyn F. Crayton, RDN, LDN, FAND, wrote to Agriculture Secretary Tom Vilsack: "The Academy is ready and able to help in any way to implement the report's recommendations that can lead to decreased hunger." She added that Academy members who work at USDA "will play a crucial role as well in the implementation of the Commission on Hunger's recommendations."

[Learn More](#)

#### Comments Due January 26: Policies Proposed to Improve Delivery of Chronic Care

Senators seeking long-term solutions to chronic care management released a bipartisan "Policy Options Document" to generate ideas for policies to improve disease management, streamline care coordination, improve quality and reduce Medicare costs. The document includes the Academy's suggestions to include options for expanding telehealth, eliminate barriers to care coordination, expand access to prediabetes education and expand options for obesity treatment. Input is welcome from dietetic practice groups and member experts. Comments on the document are due January 26.

#### Final Report: White House Conference on Aging

The 2015 White House Conference on Aging has released its final report, documenting the Obama Administration's work to encourage healthy aging and support for long-term services and caregivers as well as actions for the future. Academy members have participated throughout the year and should look for continued opportunities to stay involved.

[Learn More](#)

#### Study Shows Healthy, Hunger-Free Kids Act Improves Nutritional Quality of Meals

Students chose healthier foods containing fewer calories per gram for lunch after the U.S. Department of Agriculture updated nutrition standards for school meals, according to a study published in the *Journal of the American Medical Association Pediatrics*. As Congress considers whether to keep strong nutrition standards for school foods, this study supports the value of updated standards and validates the work of the Academy and its partners in advocating for them.

[Learn More](#)

#### 2016 Standards of Medical Care for Diabetes Continues Focus on Lifestyle Interventions

The American Diabetes Association released its 2016 Standards of Medical Care for Diabetes, which is updated annually to provide health care providers with all components of diabetes care, general treatment goals and tools to evaluate quality care. The updated standards included a tiered approach to obesity management and guidance for addressing disparities and food insecurity.

[Learn More](#)

## Opportunities to Offer Input on Proposed Regulations and Government Initiatives

Federal agencies continue to be busy issuing multiple proposed regulations affecting everything from food labeling (such as GMOs and use of the term "natural") to successes in the Indian Health Service and technology initiatives. Members are encouraged to work with your dietetic practice groups to submit input on these initiatives, which are detailed in the Public Policy Weekly News and on the Academys website.

[Learn More](#)

## CPE CORNER

### January 7 Webinar: The ABCs of PQRS

If you are a Medicare provider, a free January 7 webinar can help you gain a clear understanding of how to successfully participate in the PQRS program to maximize reimbursement. The webinar offers 1.5 CPE hours.

[Learn More](#)

### January 26 Webinar: 'Changing the Way We Look at Agriculture'

Participants in a January 26 webinar, "Changing the Way We Look at Agriculture," will gain an understanding of the state of U.S. and international farming and learn about innovative strategies to help nutritiously feed the growing world population. This webinar, which offers 1 CPE credit, is made possible through an educational grant from National Dairy Council.

[Learn More](#)

### Online Certificate of Training Program: 'Vegetarian Nutrition'

This growing trend offers registered dietitian nutritionists opportunities to be the go-to source for tailoring a healthy vegetarian diet. A new online certificate program prepares RDNs to excel in this specialty.

[Learn More](#)

### Online Certificate of Training Program: 'Supermarket Business and Industry Skills to Thrive in Retail Dietetics'

Learn business basics, influence the retail environment, create return on investment, build and nurture community and business relationships and understand the roles and responsibilities of today's retail dietitian.

[Learn More](#)

### Online Learning Module: 'Parametric versus Nonparametric Statistics - Making the Right Choice'

Learn basic statistical concepts such as types of data and distribution of data and how they play a role in determining the appropriate statistical test to choose.

[Learn More](#)

### Career Advancement with Online Certificate of Training Programs

Learn about critical issues such as changing clinical environments, building business relationships and the ever-evolving roles and responsibilities of today's RDN.

[Learn More](#)

### Updated Online Certificate of Training Program: 'Chronic Kidney Disease Nutrition Management'

Learn about the most recent population data from USRDS and NHANES and recently revised recommendations for sodium intake and blood pressure control.

[Learn More](#)

### Certificate of Training: Childhood and Adolescent Weight Management Program

This program takes place March 22 to 24 in Indianapolis, Ind.

[Learn More](#)

### Level 2 Certificate of Training: Adult Weight Management Program

This program takes place April 1 to 3 in New Brunswick, N.J.

[Learn More](#)

### Certificate of Training in Adult Weight Management Program

This program takes place May 13 to 15 in Pittsburgh, Pa.

[Learn More](#)

### Practice Papers Offer Free CPE Opportunities

Read Academy Practice Papers and complete a quiz to earn 1 free CPE credit. They include "The Role of Nutrition in Health Promotion and Chronic Disease Prevention," "Promoting and Supporting Breastfeeding" and "Principles of Productivity in Food and Nutrition Services." These papers and quizzes can also be accessed through the Online Learning Center.

### Fifty Plus in Nutrition and Dietetics Travel Club: Destination Savannah

Members of the Academy's Fifty Plus in Nutrition and Dietetics member interest group - and their families and friends - will travel to Savannah, Ga., April 21 to 24. Cooking classes, gourmet meals, networking and exploring the city are on the itinerary. Continuing professional education credits are available.

[Learn More](#)

## CAREER RESOURCES

### New Issue: *MNT Provider*

The new issue of *MNT Provider* details changes the New Year will bring to registered dietitian nutritionist Medicare providers, and contains information on the free "ABCs of PRQS" webinar and an interactive tutorial addressing the Advance Beneficiary Notice.

[Learn More](#)

### eNCPT Student Guide

Now available for educators, the eNCPT Student Companion Guide is a comprehensive student companion to the electronic Nutrition Care Process Terminology that guides, challenges and tests students on each step of the NCP. An Instructor's Solutions Manual is also available to NDEP members.

### Updated Terminology and Modules: Subscribe to eNCPT

Purchase the eNCPT, now with updated terminology and modules, to access the most current and up-to-date terms for nutrition care and comply with the Department of Health and Human Services' mandate that clinical terminologies in EHR systems must be in SNOMED and LOINC.

[Learn More](#)

## RESEARCH BRIEFS

### New on EAL: Hypertension Evidence-Based Practice Guidelines

The Academy's Hypertension Evidence-Based Practice Guidelines have been released on the Academy's Evidence Analysis Library. The guidelines contain recommendations on medical nutrition therapy, vitamin D, minerals, the DASH diet, alcohol and physical activity.

[Learn More](#)

### New on EAL: Pediatric Weight Management Evidence-Based Practice Guidelines

The Academy's Pediatric Weight Management Evidence-Based Practice Guidelines have been released on the Academy's Evidence Analysis Library. The guidelines focus on "Multicomponent PWM Interventions and Weight Status Outcomes" and "Treatment Context in Multicomponent PWM Interventions."

[Learn More](#)

## ACADEMY MEMBER UPDATES

### Now Online: 2016 Election Candidates Information

Biographical information for candidates on the Academy's 2016 national ballot is now available, along with the recording of the recent webinar on the Academy's National Campaign and Social Media Guidelines. Voting takes place February 1 through 22.

[Learn More](#)

### Call for FNCE 2016 Abstracts

Have you conducted research in nutrition and dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the Academy's 2016 Food & Nutrition Conference & Expo. New research and innovations in a wide variety of topics will be presented during poster sessions.

[Learn More](#)

#### From ACEND: January Communication and January 14 Virtual Town Hall Meeting

The Accreditation Council for Education in Nutrition and Dietetics' January communication summarizes suggestions received for piloting the Future Education Model. A January 14 virtual town hall meeting will provide information on the model and ACEND's standards development work.

[Learn More](#)

#### Start Now to Promote National Nutrition Month

Help your clients *Savor the Flavor of Eating Right*: Start now to promote National Nutrition Month® in April. From celebratory items like posters and brochures to patient education material, the NNM catalog has what you need to make your celebration a success.

[Learn More](#)

#### Nominate a Colleague for an Academy Award

Let the Academy know by January 15 of your intent to nominate a fellow member for the Academy's National Honors and Awards program. Begin an online nomination and enter your name, the name of your nominee and the award. Recipients will be announced in May and will be recognized at the 2016 Food & Nutrition Conference & Expo.

[Learn More](#)

#### For Media Spokesperson Program: Academy Seeks African-American Nutrition Specialists

The Academy seeks polished, enthusiastic and articulate registered dietitian nutritionists with expertise in African-American nutrition to join the Academy's national Spokesperson program. All Spokesperson applicants must be passionate about spreading science-based and timely nutrition messages to the public through broadcast, print and internet media. The application deadline is February 1.

[Learn More](#)

#### Enter for Your School: Healthy Playground Makeover Sweepstakes

Together Counts is offering a \$30,000 grand prize for your school's wellness program and a new playground for the school. Three runners-up will receive \$5,000 in prizes. Anyone can enter on behalf of any school. Enter once a day, every day until March 25.

[Learn More](#)

### PHILANTHROPY, AWARDS AND GRANTS

#### February 1 Deadline: Ruby P. Puckett/Elizabeth Frakes Food Management Continuing Education Award

Two awards - of up to \$2,000 each - assist qualified professionals' attendance at the Academy's Food and Nutrition Conference & Expo or another conference related to food and nutrition

management. The application deadline is February 1.

[Learn More](#)

#### February 1 Deadline: Marianne Smith Edge Award

This \$1,000 award provides financial support to registered dietitian nutritionists who have been in practice fewer than 10 years to obtain leadership training and development. The application deadline is February 1.

[Learn More](#)

#### February 1 Deadline: First International Nutritionist/Dietitian Fellowship for Study in the USA

This \$2,200 award assists foreign nationals who are pursuing postgraduate work in the United States and have a clearly articulated plan to return to their country. The application deadline is February 1.

[Learn More](#)

#### February 1 Deadline: Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management

This fund provides up to two \$1,100 awards for essays describing new approaches, including the application of technology, to feed the hungry by maximizing underutilized food resources or through a fresh produce program reducing food wastage. The deadline to submit essays is February 1. Email Amy Donatell for more information.

[Learn More](#)

#### February 1 Deadline: Apply for Foundation Awards

The Foundation offers continuing education, international and program development awards. The application deadline is February 1.

[Learn More](#)

Send questions, comments or potential news items.

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links may become inactive over time.**

*Eat Right Weekly* is emailed each Wednesday to all Academy members.

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

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## 4656. Confidential - 2015 Dietary Guidelines for Americans

**From:** Doris Acosta <dacosta@eatright.org>  
**To:** 'craytef@aces.edu' <craytef@aces.edu>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, Denice Ferko-Adams <deniceferkoadams@gmail.com>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <michelelites@sbcglobal.net>, drchristie@aol.com <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, Tammy.randall@case.edu <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <jean.ragalie-carr@dairy.org>, Patricia Babjak <PBABJAK@eatright.org>  
**Cc:** Darchele Erskine <derskine@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>  
**Sent Date:** Jan 06, 2016 17:07:15  
**Subject:** Confidential - 2015 Dietary Guidelines for Americans  
**Attachment:**

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2015 Dietary Guidelines for Americans

Mary Pat Raimondi and I participated in a brief conference call this afternoon with USDA's Under Secretary for Food, Nutrition and Consumer Services Kevin W. Concannon and USDA's Executive Director and Academy member Angie Tagtow. They informed us that the 2015 *Dietary Guidelines for Americans* will be released tomorrow, Thursday, January 7, at 7:00 a.m. Eastern Time. The only specific information USDA shared was the new title ... *My Plate, My Wins!* All of their materials will be posted on their website <http://health.gov/dietaryguidelines/2015/>.

Below is the all-member email from Academy President Evelyn Crayton that will be distributed tomorrow at 7 a.m. Eastern Time. Please keep this information confidential for now.

As always, please do not hesitate to contact me if you have any questions or need additional information.

Thank you very much!

Doris Acosta

**From:** President <[President@eatright.org](mailto:President@eatright.org)>

**Subject:** 2015 Dietary Guidelines for Americans

Having trouble viewing this e-mail? **View it in your browser.**

Connect with the Academy:

**Release of the 2015 *Dietary Guidelines for Americans*:  
A message from the Academy's President**

January 7, 2016

To my fellow Academy members:

The 2015 *Dietary Guidelines for Americans* have been released. You can download the *Guidelines* and supporting materials at <http://health.gov/dietaryguidelines/2015/>.

On behalf of the entire Academy, I want to extend special thanks to the five Academy members who served on the Dietary Guidelines Advisory Committee, whose expertise and hard work paved the way for the development of the *Dietary Guidelines*.

The *Dietary Guidelines for Americans* represent the U.S. government's cornerstone for nutrition policy and education for the next five years. As such, they affect every Academy member, every registered dietitian nutritionist and every dietetic technician, registered.

In addition, the *Dietary Guidelines* offer each of us an unequalled opportunity to further position ourselves as *leaders* – translating nutrition science and government recommendations into practical information for consumers and communities alike.

The Academy **supported the committee's evidence-based systematic review of the scientific literature**, which is vital in assessing the current and emerging state of the science in food and nutrition. We commend HHS and USDA for their commitment to the Nutrition Evidence Library and

their ongoing efforts to strengthen the evidence-based approach for assessing the scientific literature for future dietary recommendations.

The Academy has developed a wealth of online resources at **eatrightPRO.org** to assist you in working with clients, patients, health professional colleagues and the public. Many of these resources are available now, and more will be added in the coming days. They include:

- Press release containing the Academy's reaction to the release of the *Dietary Guidelines*
- Consumer-oriented press release on how individuals and families can apply the *Dietary Guidelines* to their own individual eating plans
- Social media opportunities. Please add your authoritative voice to the global conversation **Facebook** and on **Twitter** (hashtag **#dietaryguidelines**).
- Video
- Infographic
- Highlights of news media coverage featuring the Academy's Spokespeople discussing the *Dietary Guidelines* and their implications for people's nutrition and health.

I urge all members: Use this opportunity to highlight your expertise and to reinforce your position as *the* food and nutrition experts.

Yours in helping everyone eat right,

Dr. Evelyn F. Crayton, RDN, LDN, FAND  
Academy President, 2015-2016

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4657. FW: CEO BOD Report

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'lbeseler\_fnc@bellsouth.net' <lbeseler\_fnc@bellsouth.net>, Margaret Garner <mgarner@cchs.ua.edu>, 'kay\_wolf@columbus.rr.com' <kay\_wolf@columbus.rr.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 06, 2016 15:00:20  
**Subject:** FW: CEO BOD Report  
**Attachment:** [image001.jpg](#)  
[image002.jpg](#)  
[image003.png](#)

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Thank you, Kathy!!!!

**Patricia M. Babjak**

***Chief Executive Officer***

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**From:** Kathleen McClusky [mailto:hoboisit@gmail.com]

**Sent:** Wednesday, January 06, 2016 1:17 PM

**To:** Patricia Babjak <PBABJAK@eatright.org>

**Cc:** Sonja Connors <connors@ohsu.edu>; Glenna McCollum <glenna@glennamccollum.com>; Ethan Bergman <bergmane@cwu.edu>; escottstumps@ecu.edu; Judy Rodriguez <jrodrigu@comcast.net>; Jessie Pavlinac <pavlinac@ohsu.edu>; Marty Yadrick <myadrick@computrition.com>; Connie Diekman <connie\_diekman@wustl.edu>; Judy Gilbride

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**Subject:** Re: CEO BOD Report

Pat and everyone....this is such an amazing report. This is a perfect illustration of what we can do as the international leader in dietetics. What a shame that certain social media groups and television talk show hosts would never consider rewarding world leadership, only misinterpretations of "logos" that aren't really logos. HMMMM.

Kathleen W. McClusky, MS, RDN, FAND  
hoboisit@gmail.com

407-718-6958

On Jan 5, 2016, at 5:11 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

The Board meets January 12-13, and I am attaching for your information my report highlighting the Academy's international activities. Please let me know if you have any questions.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

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<CEO Report.pdf>

4658. URGENT: Exciting News - NASDAQ Opening Bell on Friday, January 8!

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, craytef@aces.edu <craytef@aces.edu>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>, 'Carl Barnes' <carl@learntoeatright.com>, 'Constance Geiger' <constancegeiger@cgeiger.net>, 'Eileen Kennedy' <eileen.kennedy@tufts.edu>, 'Terri Raymond' <tjraymond@aol.com>, 'Kathy Wilson-Gold' <kathywilsongoldrd@gmail.com>, 'Maha Tahiri' <Maha.Tahiri@genmills.com>, 'Sylvia Escott-Stump' <ESCOTTSTUMPS@ecu.edu>  
**Sent Date:** Jan 06, 2016 13:58:37  
**Subject:** URGENT: Exciting News - NASDAQ Opening Bell on Friday, January 8!  
**Attachment:**

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## URGENT

As part of NASDAQ's 5th annual *Fit Week*, the Academy of Nutrition and Dietetics has been invited to ring the opening bell on Friday, January 8, at NASDAQ, the largest electronic equities exchange in the United States. This is the seventh time in recent years in which the Academy has been invited to be part of NASDAQ's trading day.

Academy President Evelyn Crayton will be joined by members who live in the New York area. Evelyn will make remarks about the Academy and our members, and our great work in improving the nutritional health of individuals, families, communities and the world.

The NASDAQ opening ceremony on Friday, January 8, will be broadcast live from 9:15 a.m. to 9:30 a.m. Eastern Time on NASDAQ's website. The ceremony will also be broadcast on video

screens in Times Square. The Academy's name and logo will be on NASDAQ's tower with the message "The Stock Exchange Welcomes the Academy of Nutrition and Dietetics."

This is always an exciting opportunity for the Academy, and we are thrilled to be a part of the ceremony. We will share this information with members in today's *Eat Right Weekly* and via social media. **Please share this with colleagues, family and friends so that they can view the video live on Webcast or view it later on Facebook and Twitter.**

**Webcast:**

A live webcast of the NASDAQ Opening Bell will be available on Friday, January 8, at 9:15 a.m. ET at:

<http://www.nasdaq.com/about/marketsitetowervideo.aspx>

**Facebook and Twitter:**

For multimedia features such as exclusive content, photo postings, status updates and video of bell ceremonies please visit NASDAQ's Facebook page at:

<http://www.facebook.com/pages/NASDAQ-OMX/108167527653>

For news tweets, please visit NASDAQ's Twitter page at:

<http://twitter.com/nasdaqomx>

I encourage you to tune in on Friday! Thank you and please let me know if you have any questions or need additional information.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: [pbabjak@eatright.org](mailto:pbabjak@eatright.org)

[www.eatright.org](http://www.eatright.org)



## 4659. Sponsorship Agenda Item

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** craytef@aces.edu <craytef@aces.edu>, 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'craytef@charter.net' <craytef@charter.net>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFerkoAdams@gmail.com' <DeniceFerkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>  
**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Cecily Byrne <cbyrne@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 06, 2016 10:32:07  
**Subject:** Sponsorship Agenda Item  
**Attachment:** [image002.jpg](#)  
[image004.jpg](#)  
[DPG Comments SATF Preliminary Report to HOD.PDF](#)

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We are looking forward to our meeting next week in Chicago. Hopefully you have had a chance to review the Sponsorship Advisory Task Force Report. We want to help Kathy McClusky prepare for the discussion by sharing with her some of your questions in advance. We have captured a few staff inquiries below. If you have anything in addition that you want us to submit to her please share them with me before Friday. Of course you are not limited to the advance questions at the

meeting, we are simply trying to help focus the discussion and prepare our presenter.

- *How did the Task Force define “Sponsorship”?*
- *What is new and different in the proposed guidelines from the guidelines that are already in place?*
- *The recommendations of the Task Force reflect two recommendations that we are already implementing (removed reference to the Total Diet Approach in sponsorship information materials in November 2014; accepted a Scientific Integrity Policy that also recommends engagement with multiple funders whenever possible.) What additional recommendations require Board discussion, approval and action?*
- *Is it realistic to ask a committee to review the 100s of DPG and Academy sponsorship opportunities?*
- *The report makes reference to a detailed environmental scan of like-organizations that the task force conducted. Can you share more of the details regarding this scan? What are these organizations implementing that we are not and vice versa?*

We are attaching a combined summary completed by Doris Acosta of the DPG comments sent to the Board. Marsha Schofield and Cecily Byrne are reviewing the HOD comments to identify any substantive or new differences between DPG and House comments. Joan Schwaba is posting on the Board portal today the HOD Workbook Consolidations, which we were not aware were being shared with the Board; the agenda reflects the material as attached.

We will be working with a facilitator Liz Monroe-Cook for the discussion portion of the sponsorship agenda item and will provide you with a breakdown of how the five-hour presentation and discussion led by Liz will flow. It will include an opportunity for you to review a new potential premier sponsor using the SATF proposed tools. This information will be provided to you no later than Friday. Thank you for your engagement on this important topic!

Best regards,

**Patricia M. Babjak**

***Chief Executive Officer***

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4856

**[pbabjak@eatright.org](mailto:pbabjak@eatright.org) | [www.eatright.org](http://www.eatright.org)**

**[Twitter](#) | [Facebook](#) | [LinkedIn](#) | [YouTube](#)**

4660. RE: Email Addresses for Member Leaders

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 05, 2016 17:11:15  
**Subject:** RE: Email Addresses for Member Leaders  
**Attachment:**

---

You are more than fine! Please feel free to contact me at any time should you have any questions or concerns. Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Tuesday, January 05, 2016 3:15 PM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Re: Email Addresses for Member Leaders

Joan, Thanks for the information. I am very aware of this change and think it is a good one. I personally appreciate not getting a million emails from any candidate. I am pretty sure I am following all rules, but please let me know if you have any concerns that I am not or if someone complains. I want to stay in the straight and narrow. I do not have any intentions of any complaints being sent to the ethics committee about me!! All help and advice is requested and well received in this area! Thanks again!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

fax - 706-554-5655

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Sent:** Tuesday, January 5, 2016 4:03 PM

**To:** Donna Martin

**Subject:** Email Addresses for Member Leaders

Hi Donna,

I was contacted by another candidate regarding sending emails to member leaders. I wanted to share the following response to her with you.

Yes, you may send an email to member leaders asking for their vote, but please keep in mind the campaign guidelines (attached) state member leaders can campaign on a personal level but not as an officer on behalf of a group. Member leaders representing Academy organizational units may not campaign for, promote, or create the appearance of favoritism towards individual candidates, for example, "As your Delegate, I encourage you to vote for candidate X." The email addresses for the member leaders are available in the Leadership Directory found at <http://www.eatrightpro.org/~media/eatrightpro%20files/leadership/volunteering/committees%20and%20task%20forces/leadershipdirectory.ashx> .

The guidelines changed last year not allowing blast emails unless sent by the Academy; one reason behind the change was to limit the number of campaign messages members receive so they are not inundated. Please be cognizant of this when campaigning to member leaders.

I hope this helps. Please let me know if you have any questions.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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## 4661. Secretary of Agriculture Tom Vilsack Letter on Hunger Report to Congress

**From:** Patricia Babjak <PBABJAK@eatright.org>

**To:** 'evelyncrayton64' <evelyncrayton64@gmail.com>, 'Lucille Beseler' <lbeseler\_fnc@bellsouth.net>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'Kay Wolf' <Kay\_Wolf@Columbus.rr.com>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Aida Miles-school' <miles081@umn.edu>, 'Linda Farr' <linda.farr@me.com>, 'Elise Smith' <easaden@aol.com>, 'DeniceFenkoAdams@gmail.com' <DeniceFenkoAdams@gmail.com>, 'Michele.D.Lites@kp.org' <Michele.D.Lites@kp.org>, 'michelelites@sbcglobal.net' <michelelites@sbcglobal.net>, 'drchristie@aol.com' <drchristie@aol.com>, 'Tracey Bates' <traceybatesrd@gmail.com>, 'Tammy.randall@case.edu' <Tammy.randall@case.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, 'steve.miranda44@gmail.com' <steve.miranda44@gmail.com>, 'jean.ragalie-carr@dairy.org' <jean.ragalie-carr@dairy.org>

**Cc:** Alison Steiber <ASteiber@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Sharon McCauley <smccauley@eatright.org>

**Hidden recipients:** dmartin@burke.k12.ga.us

**Sent Date:** Jan 05, 2016 16:54:50

**Subject:** Secretary of Agriculture Tom Vilsack Letter on Hunger Report to Congress

**Attachment:** [image005.jpg](#)  
[image006.jpg](#)  
[Tom Vilsack\\_01 05 16.pdf](#)

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As you may know, Past Academy President Susan Finn was appointed to the bipartisan National Commission on Hunger, as part of the Consolidated Appropriations Act of 2014 (H.R.3547). The Commission will focus on finding innovative methods to help low income Americans avoid what is known as very low food security. This work aligns nicely with our Child Nutrition Reauthorization. Please see the attached letter from Evelyn to Secretary of Agriculture Tom Vilsack on the National Commission's recently released hunger report to Congress. We will leverage our role and highlight

the wonderful expertise of RDNs that work in USDA to lead the implementation.

Please note we are mentioned on page 37 of the report: **“In addition, the Academy of Nutrition and Dietetics, using funding from Feeding America, General Mills, the ConAgra foundation, and the National Dairy Council, provides community training tools and educational grants for registered dietitian nutritionists to teach low-income people how to cook for their families.”**

We are also mentioned on page 45 of the report, where in the Foundation’s GENIE tool is a recommended resource! Funding for this tool was made possible by a grant from the ConAgra Foundation; special thanks go to Barbara Ivens for her support with this project.

GENIE is also mentioned on page 53 under recommendation 6 (Reform SNAP Nutrition Education to ensure that efforts are likely to lead to measurable improvements in the health of SNAP recipients): **“USDA can use multiple tools, such as the Academy of Nutrition and Dietetics Guide for Effective Nutrition Interventions and Education (GENIE), to define best practices within SNAP-Ed, develop or modify programs, and evaluate outcomes.”** Our GENIE publication is also cited: Abram JK, Hand RK, Parrott JS, Brown K, Ziegler PJ, Steiber AL. What is your nutrition program missing? Finding answers with the guide for Effective Nutrition Interventions and Education (GENIE). *J Acad Nutr Diet.* 2015;115(1):122-130.

These are great examples of the power of collaboration.

A link to the Vilsack letter and the report will be included in *Eat Right Weekly*. Please let me know if you have any questions.

Best regards,

**Patricia M. Babjak**

***Chief Executive Officer***

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## **National Commission on Hunger Releases Report to Congress**

*“Hunger is a significant problem that has serious health, education and workforce consequences for our nation.”*

Washington DC, January 4, 2015 – The National Commission on Hunger, a congressionally appointed bipartisan commission, released its final report today. (Here is a link to the final report.)

The 9-member commission, launched in June 2014, was co-chaired by **Robert Doar**, Morgridge fellow in Poverty Studies at the American Enterprise Institute and **Mariana Chilton**, associate professor at Drexel University School of Public Health and director of the Center for Hunger-Free Communities. Together, they held regular meetings, traveling to eight cities around the country to hold public hearings and visit the government, nonprofit, community and faith-based programs working to alleviate hunger. They also heard testimony from 83 experts and 102 members of the public.

Today’s report is part of the commission’s charge to develop innovative reforms in both public and private food assistance programs to reduce and eliminate hunger. The result, titled *“Freedom from Hunger: An Achievable Goal for the United States of America, Recommendations of the National Commission on Hunger to Congress and the Secretary of the Department of Agriculture,”* is one of the strongest bipartisan affirmations around the solvability of hunger in the United States in decades. It contains a deep look at potential root causes of hunger as well as clear, actionable recommendations.

“The Commission found that hunger is a significant problem in the United States with consequences on health, education and the strength of our workforce,” **said Chilton**. “It’s a solvable problem, however, and the federal nutrition assistance programs, such as the Supplemental Nutrition Assistance program and child nutrition programs, provide a strong foundation on which to build.”

“We also found that hunger cannot be solved by food alone. It can’t be solved by government efforts alone,” **said Doar**. “The solutions to hunger require a stronger economy, robust community engagement, corporate partnerships, stronger families and greater personal responsibility. Synergies between government, nonprofits, industry and individuals will have a greater impact on hunger together than any one of these could alone.”

In 2016, 5.6% of households in America, or 6.9 million households, experienced hunger (also known as “very low food security”) within the past year. The recommendations in this report are meant to identify innovative ways to more effectively use USDA programs and funds to combat hunger without increasing spending. To this end, the report offers 20 specific recommendations for system changes to reduce hunger. These recommendations focus on helping those who are not working to find work, supporting those who are working but at low wages or part-time hours, and helping populations that are most at risk, including veterans, people with disabilities, single-parent families with young children, and seniors. In addition, the report makes recommendations concerning improving SNAP's impact on nutrition.

The new report also acknowledges that the root causes of hunger are many and varied, and many of the consequences of hunger are beyond the reach and effectiveness of nutrition assistance programs alone. Thus, one recommendation proposes the creation of a White House Leadership Council to develop and implement a comprehensive plan to eliminate hunger. The report recommends that this Council should include broad representation from government, corporations, nonprofits, faith-based organizations, community leaders, program beneficiaries, private foundations and other stakeholders.

&#8226; For more information on the root causes of hunger and recommendations for system changes, read the new report.

&#8226; For a list and bios of the other members of the commission, read the full list.

&#8226; To speak to the two co-chairs of the Commission, Robert Doar and Mariana Chilton, contact Michael Earls at [Michael@NewPartners.com](mailto:Michael@NewPartners.com) .

###

**About Robert Doar:**

Robert Doar is the Morgridge Fellow in Poverty Studies at the American Enterprise Institute (AEI) where he studies and evaluates how free enterprise and improved federal policies and programs can reduce poverty and provide opportunities for vulnerable Americans. Specifically Mr. Doar focuses on the employment, health, education, and community participation of low income Americans and their children.

Before joining AEI, Mr. Doar was commissioner of New York City's Human Resources Administration where he administered 12 public assistance programs for the largest local social services agency in the United States. Programs included welfare, food assistance, public health insurance, home care for the elderly and disabled, energy assistance, child support enforcement services, adult protective services and domestic violence assistance, as well as help for people living with HIV/AIDS. Prior to joining the Bloomberg administration, Mr. Doar was New York State commissioner of social services where he helped to make New York a model for the implementation of welfare reform. Since joining AEI he has written for the Wall Street Journal, the National Review, and Real Clear Markets.

Mr. Doar has a bachelor degree in history from Princeton University.

**About Mariana Chilton:**

Mariana Chilton is an Associate Professor at Drexel University School of Public Health. She is the Director of the Center for Hunger-Free Communities and is Co-Principal investigator of Children's HealthWatch, a national research network that investigates the impact of public assistance programs on the health and wellbeing of young children and their caregivers. Dr. Chilton founded Witnesses to Hunger, a participatory action study to increase women's participation in the national dialogue on hunger and poverty. She is Principal Investigator of the Building Wealth and Health Network, which is designed to incentivize entrepreneurship and self-sufficiency in the Temporary Assistance for Needy Families program.

Dr. Chilton received her PhD from the University of Pennsylvania, Master of Public Health in Epidemiology from the University of Oklahoma, and Bachelor of Arts degree from Harvard University. She has testified before the U.S. Senate and U.S. House of Representatives on the importance of child nutrition programs and other anti-poverty policies. She has served as an advisor to Sesame Street and to the Institute of Medicine. Her awards include the "Nourish Award" from MANNNA, the "Unsung Hero Award" for Improving the Lives of Women and Girls from Women's Way and the Young Professional Award in Maternal and Child Health from the American Public Health Association. Her work has been featured in the Washington Post, the Philadelphia Inquirer, public radio and CBS National News.



## 4662. Childhood Weight Management Program - Alternate Faculty

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Debra Kibbe' <dkibbe@gsu.edu>, 'degerstein@ucanr.edu' <degerstein@ucanr.edu>, 'Johnston, Craig A' <cajohn25@Central.UH.EDU>, 'Michelle Horan' <mhoranrd@gmail.com>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Cc:** 'Kathy Cobb' <kathy.cobb@snet.net>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 05, 2016 16:48:51  
**Subject:** Childhood Weight Management Program - Alternate Faculty  
**Attachment:** [Presenters - Back-Up Presenters.xlsx](#)

---

Based on our previous discussions, I have developed the attached documentation identifying the primary presenters for each session and the alternate presenter(s) that have been identified to date. An alternate presenter will present only when the primary presenter is unable to present in the event of an emergency. The primary presenter's availability will be requested when scheduling programs. We would like to have one or more alternate presenters for each session. Please provide me with your recommendations by January 22, 2016.

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

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pjohnson@eatright.org

## 4663. Email Addresses for Member Leaders

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 05, 2016 16:05:38  
**Subject:** Email Addresses for Member Leaders  
**Attachment:** [National Campaign and Social Media Guidelines.docx](#)

---

Hi Donna,

I was contacted by another candidate regarding sending emails to member leaders. I wanted to share the following response to her with you.

Yes, you may send an email to member leaders asking for their vote, but please keep in mind the campaign guidelines (attached) state member leaders can campaign on a personal level but not as an officer on behalf of a group. Member leaders representing Academy organizational units may not campaign for, promote, or create the appearance of favoritism towards individual candidates, for example, "As your Delegate, I encourage you to vote for candidate X." The email addresses for the member leaders are available in the Leadership Directory found at <http://www.eatrightpro.org/~media/eatrightpro%20files/leadership/volunteering/committees%20and%20task%20forces/leadershipdirectory.ashx> .

The guidelines changed last year not allowing blast emails unless sent by the Academy; one reason behind the change was to limit the number of campaign messages members receive so they are not inundated. Please be cognizant of this when campaigning to member leaders.

I hope this helps. Please let me know if you have any questions.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
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Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)



4664. Jumpstart your Learning in 2016!

**From:** Center for Lifelong Learning <cpd@eatright.org>  
**To:** DMartin@burke.k12.ga.us  
**Sent Date:** Jan 05, 2016 14:40:41  
**Subject:** Jumpstart your Learning in 2016!  
**Attachment:**

---

Jumpstart your Learning in 2016!

Having trouble viewing this e-mail? [View it in your browser.](#)

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Happy New Year!

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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## 4665. Performance Indicators

**From:** Pearlie Johnson <PJohnson@eatright.org>  
**To:** 'Marc Jacobson' <daktah@gmail.com>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Johnston, Craig A' <cajohn25@Central.UH.EDU>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Debra Kibbe' <dkibbe@gsu.edu>, 'degerstein@ucanr.edu' <degerstein@ucanr.edu>  
**Cc:** 'Kathy Cobb' <kathy.cobb@snet.net>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 05, 2016 12:10:40  
**Subject:** Performance Indicators  
**Attachment:** [Performance Practice Indicators.pdf](#)

---

Happy New Year,

We would like to include at least two performance indicators for each presentation. I have attached pages from the Essential Practice Competencies document for your use in identifying the competencies. The full document is available on the CDR website at [https://admin.cdrnet.org/vault/2459/web/files/FINAL-CDR\\_Competency.pdf](https://admin.cdrnet.org/vault/2459/web/files/FINAL-CDR_Competency.pdf). Please provide me with your performance indicators by January 22, 2016.

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*  
**Academy of Nutrition and Dietetics**

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pjohnson@eatright.org

4666. Re: Videos

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 04, 2016 21:58:45  
**Subject:** Re: Videos  
**Attachment:**

---

Hi Donna-

I am glad these worked. The .flv files are the best format for the elections website, but it seems not for all sites, so I'm glad the other formats are working.

I'm more than happy to help however I can. Thanks and happy 2016!

Joan

Joan Schwaba  
Director, Strategic Management  
Academy of Nutrition and Dietetics  
www.eatright.org

On Jan 4, 2016, at 6:21 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Joan, Thanks so much! I was able to open at least one of these so far. I don't want you to think I was fussing that you sent me a bad file, but I just couldn't get it to work and I wanted to get the info out. You are the best and I appreciate your quick response and helping me out!!!! Please accept my apologies if you thought I was upset. I really appreciate all you do for us and do not want to offend you! Thanks again!!!!

Sent from my iPhone

On Jan 4, 2016, at 6:23 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

Hi Donna,

Attached are the videos via Dropbox.

<https://www.dropbox.com/s/nay5pivw0aoejx7/Donna%20Martin.mov?dl=0>

<https://www.dropbox.com/s/bqwgvgz2ei16d85n/Donna%20Martin.mp4?dl=0>

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: [jschwaba@eatright.org](mailto:jschwaba@eatright.org)

[www.eatright.org](http://www.eatright.org)

4667. Videos

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 04, 2016 18:23:03  
**Subject:** Videos  
**Attachment:**

---

Hi Donna,

Attached are the videos via Dropbox.

<https://www.dropbox.com/s/nay5pivw0aoejx7/Donna%20Martin.mov?dl=0>

<https://www.dropbox.com/s/bqwgvgz2ei16d85n/Donna%20Martin.mp4?dl=0>

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

4668. RE: Video

**From:** Joan Schwaba <JSchwaba@eatright.org>  
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>  
**Sent Date:** Jan 04, 2016 18:17:03  
**Subject:** RE: Video  
**Attachment:** [image003.jpg](#)

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Hi Donna –

I had sent Nancy her video in .flv format, like the format in which I sent yours. I have it in .mov and .mp4 format also, however the size is too large to send via standard email. I will send to you via HighTail electronic mailing service. Please let me know if you need anything else.

Many thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management  
**Academy of Nutrition and Dietetics**  
120 S. Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995  
Phone: 312-899-4798  
Fax number: 312-899-4765  
Email: jschwaba@eatright.org  
www.eatright.org

**From:** DMartin@Burke.k12.ga.us  
**Sent:** Monday, January 04, 2016 9:53 AM  
**To:** Joan Schwaba <JSchwaba@eatright.org>  
**Subject:** Video



Joan, I got the video link you sent me for my campaign video, but I am unable to open it up to view it. Can you see if there is another format that they can send the video in? Dayle Hayes who is helping me with my campaign specifically asked if we could get one that was mac/apple compatible. The one we got could not be opened with any of our computers. Sorry to bother you, but I need the video for campaigning purposes. I saw that Nancy had hers on her website, so I am not sure how she got one that worked, but I thought maybe you could see what you all sent her? Maybe there is a way to copy it off the eatright.pro website that I am not aware of? Sorry to be a bother, but I think the video is a key piece to my campaigning. Thanks for all your help!!!!

Donna S. Martin, EdS, RDN, LD, SNS, FAND

Director, School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

work - 706-554-5393

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## 4669. DBC - Sponsorship thoughts and comments

**From:** Patricia Babjak <PBABJAK@eatright.org>  
**To:** evelyncrayton64@gmail.com <evelyncrayton64@gmail.com>, Lucille Beseler <lbeseler\_fnc@bellsouth.net>, connors@ohsu.edu <'connors@ohsu.edu'>, Kay\_Wolf@columbus.rr.com <Kay\_Wolf@columbus.rr.com>, mgarner@cchs.ua.edu <mgarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Miles081@umn.edu <Miles081@umn.edu>, Linda Farr <linda.farr@me.com>, Elise Smith <easaden@aol.com>, Denice Ferko-Adams <denice@healthfirstonline.net>, Michele.D.Lites@kp.org <Michele.D.Lites@kp.org>, michelelites@sbcglobal.net <'michelelites@sbcglobal.net'>, drchristie@aol.com <drchristie@aol.com>, Tracey Bates <traceybatesrd@gmail.com>, Tammy.randall@case.edu <'Tammy.randall@case.edu'>, dwheller@mindspring.com <dwheller@mindspring.com>, dwbradley51@gmail.com <dwbradley51@gmail.com>, steve.miranda44@gmail.com <steve.miranda44@gmail.com>, jean.ragalie-carr@dairy.org <'jean.ragalie-carr@dairy.org'>  
**Cc:** Barbara Visocan <BVISOCAN@eatright.org>, Diane Enos <denos@eatright.org>, Doris Acosta <dacosta@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Gregoire <mgregoire@eatright.org>, Susan Burns <Sburns@eatright.org>, Marsha Schofield <mschofield@eatright.org>  
**Hidden recipients:** dmartin@burke.k12.ga.us  
**Sent Date:** Jan 04, 2016 14:58:00  
**Subject:** DBC - Sponsorship thoughts and comments  
**Attachment:** [DBC - Academy sponsorship comments 12-2015 final.pdf](#)

---

We have received comments related to sponsorship from the Dietitians in Business and Communications (DBC) Dietetic Practice Group. Please see the attachment. The attachment is also now on the Board portal.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

Begin forwarded message:

**From:** DBC Executive Office <dbc@quidnunc.net>

**Date:** December 31, 2015 at 1:50:19 PM CST

**Cc:** 'Ilene Smith' <ilenesmithrd@gmail.com>

**Subject:** DBC - Sponsorship thoughts and comments

**Reply-To:** <dbc@quidnunc.net>

Academy Board of Directors, attached please find a letter from the Dietitians in Business and Communications dietetic practice group related to sponsorship guidelines.

We appreciate your consideration of DBC's thoughts and comments in to your deliberations.

Many thanks. Happy new year.

Barb

Barbara J. Pyper, MS, RD, SNS, FCSI, FAND

Executive Director

**DBC Office**

**PO Box 46998**

**Seattle, WA 98146**

206-935-5104

dbc@quidnunc.net

**www.dbconline.org**

4670. Daily News: Monday, January 4, 2016

**From:** Academy of Nutrition and Dietetics' Knowledge Center  
<knowledge@eatright.org>  
**To:** Donna S Martin RDN LD FAND <DMartin@burke.k12.ga.us>  
**Sent Date:** Jan 04, 2016 11:08:12  
**Subject:** Daily News: Monday, January 4, 2016  
**Attachment:**

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## Daily News

**From the Academy of Nutrition and Dietetics Knowledge Center**

### 7 Ways to Jump-Start Your New Years Resolutions

(7. Find a Registered Dietitian Nutritionist)

<http://blog.foodnetwork.com/healthyeats/2016/01/01/7-ways-to-jump-start-your-new-years-resolutions/?oc=linkback>

Related Resources: Find an Expert Referral Service

<http://www.eatrightpro.org/resource/career/career-development/career-toolbox/find-an-expert-referral-service>

Marketing Center

<http://www.eatrightpro.org/resources/career/career-development/marketing-center>

### 2016: The Year Americans Get Serious About Getting Healthy?

<http://www.nbcnews.com/health/health-news/2016-year-americans-get-serious-about-getting-healthy-n488731>

Related Resource: Evidence Analysis Library Diabetes Prevention

<http://www.andeal.org/topic.cfm?menu=5344>

### New advice for weight loss: Get on the scale every day

<http://www.usatoday.com/story/life/2016/01/03/weight-loss-scales-daily/77584478/>

Related Resource: 4 Ways to Shed the Weight for Good (Academy Website)

<http://www.eatright.org/resource/health/weight-loss/tips-for-weight-loss/4-ways-to-shed-the-weight-for-good>

### U.S. Army wants you to eat MREs for 21 days straight

(The U.S. Army Institute of Environmental Medicine is looking for volunteers (PDF) to eat military food rations for 21 consecutive days for a study of the impact of Meals, Ready-to-Eat, or MREs, on gut health)

<http://www.cnn.com/2015/12/31/health/mre-meals-study-feat/>

## To Your Health

**What can we do better? Trying to make the nations food system safer in 2016**

<https://www.washingtonpost.com/news/to-your-health/wp/2016/01/04/what-can-we-do-better-trying-to-make-the-nations-food-system-safer-in-2016/>

Related Resource: Position of the Academy of Nutrition and Dietetics: Food and Water Safety  
<http://www.eatrightpro.org/resource/practice/position-and-practice-papers/position-papers/food-and-water-safety>

### **Bringing out the Chef in Children**

<http://well.blogs.nytimes.com/2016/01/04/bringing-out-the-chef-in-children/?ref=health>

Resources for Kids (Academy Website)

<http://www.eatright.org/resources/for-kids>

**Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

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In the subject line type unsubscribe.

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