Dietary and lifestyle counseling are provided based on a blood test for delayed non-IgE food/chemical sensitivities, a topic I see is on the training agenda for FNCE. So, after these many years, it is hardly unproven. As LEAP Dietitians, we have steadily seen amazing changes in our client's health. It provides an opportunity to make effective, patient-directed changes in an individual's eating habits when other attempts have failed. The treatment method specifically targets the proven causal basis of the symptoms of IBS-D, Fibromyalgia and Migraines. We have recruited over 1,000 RDs and Nutritionists to become Certified LEAP Therapists to participate professionally in this unique patented test for delayed non-IgE food/chemical Sensitivities.

Please quickly address this issue immediately and allow LEAP and the CLT course to, again, as it has for many years, simply be seen in a booth at FNCE and permit Registered Dietitians the right, and grant us the respect and dignity innate in that right, to look at products and services which can help our patients and make up our own minds about whether we choose to use those services, just like the other vendors such as Soft Drink and grossly over processed food vendors who are allowed to market to us, often with the very products that make our patients ill.

I do know personally the officers and doctors who own and operate Oxford personally. They are, unlike many companies who you have welcomed into the exhibit area, true healthcare professionals who developed this program so RD's can improve patient care. I also know that it pains them, especially their CEO, who is a healthcare professional with a career spanning 40+ years in the industry, to see that you leave them no alternative but to take swift and decisive legal action against AND to correct this wrong which is being directed at them for reasons that are unknown, but which will soon be public record of the worst kind if they are banned from exhibiting as you are now doing.

Regards,

Diana C. Bright, MS, RD, CCN, CLT, ND
Bright Integrative Solutions, LLC
12910 West 24th Place
Golden, CO 80401
Phone/Fax: 303 274-5004

2013. RE: Childhood Self-Study Module Update

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 21, 2013 09:30:24
**Subject:** RE: Childhood Self-Study Module Update
**Attachment:** image001.png
healthy_hunger_free_kids_act.pdf

---

Thank you. I will most definitely check with Debbie before making any changes. I have another question for your regarding the update you submitted. How do I cite that attached document that you want to be included in the required readings?

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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*the credentialing agency for the*
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fax: 312-899-4772

pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, August 21, 2013 7:44 AM
**To:** Pearlie Johnson
**Subject:** Re: Childhood Self-Study Module Update

Pearlie,  I was not the one who recommended this report be included in the reading.  Looking over the report I think it probably was Debbie Kibbe who recommended it.  I would check with her before making any changes.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 8/20/2013 4:29 PM >>>
Hi Donna,

I think that you are the faculty member who added the attached report on the Robert Wood Johnson Foundation Healthy School for Healthy Kids initiative to the prework readings.  We informed by Robert Wood Johnson Foundation that report from this initiative is outdated.  Do you have a replacement for this report or should it remain as part of the reading?

Thank you.

**Pearlie Johnson-Freeman, MBA**

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pjohnson@eatright.org

2014. Childhood Self-Study Module Update

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 20, 2013 16:29:58
**Subject:** Childhood Self-Study Module Update
**Attachment:** image001.png
HealthySchools1 (2).pdf

---

Hi Donna,

I think that you are the faculty member who added the attached report on the Robert Wood Johnson Foundation Healthy School for Healthy Kids initiative to the prework readings. We informed by Robert Wood Johnson Foundation that report from this initiative is outdated. Do you have a replacement for this report or should it remain as part of the reading?

Thank you.

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pjohnson@eatright.org

2015. RE: Africa

**From:** Katie Brown <kbrown@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 19, 2013 16:31:42
**Subject:** RE: Africa
**Attachment:** image001.png

---

Thanks, Donna. Your comments are exactly how I felt as well. So many moments of culture shock, but also so many opportunities for collaboration with wonderful people very interested in nutrition.

Hope all is well with you!

--Katie

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, August 19, 2013 12:57 PM
**To:** 'KMcClusky@; 'MChristE@; 'MurrayMD@; 'connors@; 'craytef@; 'dbier@; 'jean.ragalie@; 'lauraromig@; 'tjraymond@; Patricia Babjak; Susan Burns; dwheller@
**Cc:** Katie Brown; Alison Steiber; Mary Beth Whalen
**Subject:** Re: Africa

Amazing photos. I almost feel like I went. It sure does make you feel so fortunate to have what we have. The poor in this country, do not look quite so poor, when you see these photos. Helps put life in perspective a little.

Donna S. Martin, EdS, RD, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Susan Burns <Sburns@eatright.org> 8/19/2013 1:13 PM >>>
Good afternoon. As identified in our Academy Foundation Board retreat this summer, food insecurity both domestically and globally will continue to be a focus for the Foundation in the coming years. At the same time that the Future of Food initiative expands to consider innovations and considerations to nutritiously feeding a growing world population, the Academy is strengthening its efforts to fulfill its International strategic plan, passed by the Academy Board in October 2012.

In August, the Academy's Chief Science Officer, Alison Steiber, and Foundation's National Education Director, Katie Brown, participated in site visits to academic institutions, medical schools, clinics in Ethiopia and Uganda with Amie Heap, MPH, RD, Senior Nutrition Advisor, U.S. Agency for International Development. They also participated in a session at the Medical Education Partnership Initiative annual meeting while in Uganda. You can view photos and blog at: http://africaethiopiaanduganda2013.shutterfly.com/

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
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www.eatright.org/foundation

2016. National Restaurant Association

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Ethan A. Bergman <bergmane@cwu.edu>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, Sonja Connor <connors@ohsu.edu>, Joe Derochowski <joe.derochowski@connell-group.com>, Becky Dorner <becky@beckydorner.com>, Linda Farr <linda.farr@me.com>, Margaret Garner <mgarner@cchs.ua.edu>, Sandra Gill <sandralgill@comcast.net>, dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle <bkyle@roadrunner.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Kathy McClusky <KMcClusky@iammorrison.com>, Glenna McCollum <glenna@glennamccollum.com>, peark02@outlook.com <peark02@outlook.com>, Elise Smith <easaden@aol.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Aug 19, 2013 15:56:26
**Subject:** National Restaurant Association
**Attachment:** image001.jpg
NRA.PDF

---

On July 10, 2013, we sent the attached cease and desist communication to the National Restaurant Association (NRA) requesting it change its homefoodsafety.com website to another domain name to avoid confusion with the Academy's popular homefoodsafety.org. The Academy has been overseeing the Home Food Safety program since 1999 and has owned the HomeFoodSafety.org site for more than 14 years.

This morning I had a positive one-on-one conversation with Dawn Sweeney, CEO of NRA, regarding this issue. We agreed that our long-standing relationship is much more important than a domain name and do not want to have anything impact it adversely. Dawn will offer some proposed changes to their site's URL by September 15, at which point the Academy can begin working toward securing the domain HomeFoodSafety.com from NRA. The conversation ended very amicably, and we will be discussing some potential ways to complement each other's efforts and possibly integrate content.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

2017. RE: Availability - Locations for Spring /Summer 2014 Weight ManagementPrograms

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 19, 2013 13:34:22
**Subject:** RE: Availability - Locations for Spring /Summer 2014 Weight ManagementPrograms
**Attachment:** image001.png

---

Thanks Donna. We will be on the agenda for June 21. You can arrive on June 20.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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*the credentialing agency for the*
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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, August 19, 2013 12:19 PM
**To:** Pearlie Johnson
**Subject:** Re: Availability - Locations for Spring /Summer 2014 Weight ManagementPrograms

Pearlie,  I am available for both dates in May and June 20-21.  Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 8/19/2013 1:11 PM >>>
Hi everyone,  thank you for providing your availability for the dates below.  The March and April dates will not work based on your availability.  It looks like we may be able schedule a program on June 18-21, 2014; however, the location may change.  Please save this date on your calendar and will confirm later with the specifics.

We need to schedule a program prior to June 1, 2014 to meet budget.  We have located availability in Buffalo, New York for May 19-21 (Monday to Wednesday) and May 28-30 (Thursday to Saturday – Memorial Day is May 26).  Are you available?

Thank you.

**Pearlie Johnson-Freeman, MBA**

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pjohnson@eatright.org

**From:** Pearlie Johnson
**Sent:** Thursday, August 08, 2013 11:43 AM
**To:** 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein; 'sotherms@pbrc.edu'; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles'; 'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Isadora Nogueira'
**Subject:** Availability - Locations for Spring /Summer 2014 Weight Management Programs

Hello All,

We are beginning to explore options for Spring/Summer 2014 to schedule Childhood and Adolescent Weight Management Programs.  We have located hotel availability as noted below. Please let me know if you are available.  We are looking to schedule one program in March/April and one in June 2014.  The locations will be selected based on faculty availability.

Annapolis, MD – March 9-12, 2014 or March 26-28, 2014

Providence, RI – April 30 – May 2, 2014

Indianapolis, IN – June 11-14, 2014

Columbus, OH – June 18-21, 2014 or June 24-28,2 014

Thank you.

**Pearlie Johnson-Freeman, MBA**

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2018. Africa

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Katie Brown <kbrown@eatright.org>
**Sent Date:** Aug 19, 2013 13:13:33
**Subject:** Africa
**Attachment:** image001.png

---

Good afternoon. As identified in our Academy Foundation Board retreat this summer, food insecurity both domestically and globally will continue to be a focus for the Foundation in the coming years. At the same time that the Future of Food initiative expands to consider innovations and considerations to nutritiously feeding a growing world population, the Academy is strengthening its efforts to fulfill its International strategic plan, passed by the Academy Board in October 2012.

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2019. Availability - Locations for Spring /Summer 2014 Weight Management Programs

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** kathy.cobb@snet.net <kathy.cobb@snet.net>, Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, 'sotherms@pbrc.edu' <sotherms@pbrc.edu>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, dkibbe@gsu.edu <dkibbe@gsu.edu>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Hassink, Sandra <Sandra.Hassink@nemours.org>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
**Sent Date:** Aug 19, 2013 13:11:33
**Subject:** Availability - Locations for Spring /Summer 2014 Weight Management Programs
**Attachment:** image001.png

---

Hi everyone,  thank you for providing your availability for the dates below.  The March and April dates will not work based on your availability.  It looks like we may be able schedule a program on June 18-21, 2014; however, the location may change.  Please save this date on your calendar and will confirm later with the specifics.

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pjohnson@eatright.org

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**Sent:** Thursday, August 08, 2013 11:43 AM
**To:** 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein; 'sotherms@pbrc.edu'; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles'; 'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Isadora Nogueira'
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Providence, RI – April 30 – May 2, 2014

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Columbus, OH – June 18-21, 2014 or June 24-28,2 014

Thank you.

**Pearlie Johnson-Freeman, MBA**

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2020. Daily News & Journal Review: Friday, August 16, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 16, 2013 10:53:12
**Subject:** Daily News & Journal Review: Friday, August 16, 2013
**Attachment:**

---

**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

**Obesity kills more Americans than we thought**
http://thechart.blogs.cnn.com/2013/08/15/obesity-kills-more-americans-than-we-thought/?hpt=he_c1
Source: *American Journal of Public Health*
http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2013.301379
Related Resource: Academy Weight Management Resources
https://www.eatright.org/shop/categories.aspx?id=254

**Heavy Coffee Drinking Tied to Shorter Lives for Younger Adults in Study**
**But experts say research has many limitations**
http://consumer.healthday.com/vitamins-and-nutritional-information-27/caffeine-health-news-89/heavy-coffee-drinking-may-be-deadly-for-young-adults-study-679288.html
Related Resources: J Am Coll Cardiol
http://www.ncbi.nlm.nih.gov/pubmed/23871889
Are High Levels of Caffeine Intake Harmful?/Source: *Eat Right Weekly*, August 14, 2013
http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452543&mycontentid=6442477676

**Healthy Eating Might Ward Off Pancreatic Cancer: Study**
**Researchers found a diet rich in fruits, vegetables and whole grains cut risk by 15 percent**
http://consumer.healthday.com/cancer-information-5/mis-cancer-news-102/healthy-diet-might-ward-off-pancreatic-cancer-study-679299.html
Source: *JNCI*

http://jnci.oxfordjournals.org/content/early/2013/08/13/jnci.djt251.extract?sid=88008be2-d2de-4b81-8d55-8030467df913
Related Resource: *The Complete Resource Kit for Oncology Nutrition*
(Online Access-10% off during the month of August)
https://www.eatright.org/shop/product.aspx?id=6442477212

**Kindergartners' Soda Intake Linked to Aggression in Study**
**Nearly half of urban 5-year-olds consume soft drinks every day, their mothers say**
http://consumer.healthday.com/mental-health-information-25/behavior-health-news-56/kindergartners-soda-intake-linked-to-aggression-study-says-679300.html
Source: *Journal of Pediatrics*
http://www.jpeds.com/content/JPEDSSuglia

**Both a Mediterranean Diet and Diets Low in Available Carbohydrates Protect Against Type 2 Diabetes, Study Suggests**
http://www.sciencedaily.com/releases/2013/08/130815203715.htm
Source: *Diabetologia*-scroll down to access research
http://www.diabetologia-journal.org/

**USDA/Economic Research Service**
**Inflation-adjusted value of SNAP benefits declined; food insecurity increased from 2009-11**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=39651&ref=collection

**Some new moms swear by consuming baby's placenta**
**They cite less depression, better breast milk production; experts point to placebo effect**
http://www.chicagotribune.com/health/ct-met-placenta-consumption-20130816,0,3519582.story
Related Resource: PubMed
http://www.ncbi.nlm.nih.gov/pubmed/?term=human+placentophagy
PubMed Tutorial
http://www.nlm.nih.gov/bsd/disted/pubmed.html

**Many people unnecessarily fear low amounts of chemicals in their food**
http://www.medicalnewstoday.com/releases/264860.php
Source: *Food Security*
http://link.springer.com/chapter/10.1007/978-3-7091-6887-5_1

**Where are the dead bodies? Toxicology experts hit back at latest attack on food additive safety system**
(The second paper from researchers at Pew Health published this month to argue that the system governing the safety of food additives is deeply flawed, fails to provide any evidence that it has allowed harmful substances to slip through the net, say toxicology experts)

http://www.foodnavigator-usa.com/Regulation/Where-are-the-dead-bodies-Toxicology-experts-hit-back-at-latest-attack-on-food-additive-safety-system
Cited: *Reproductive Toxicology*
http://www.sciencedirect.com/science/article/pii/S0890623813003298

**MedlinePlus: Latest Health News**
-New resources available to help consumers navigate the Health Insurance Marketplace
-Extra vitamin D doesn't cut high blood pressure: study
-Gene study uncovers origins of many common cancers
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Eat better: Quick, healthy breakfasts for you and the kids**
(Rachel Begun, Academy Spokesperson quoted)
http://www.rockfordparent.com/advice/x1383326407/Eat-better-Quick-healthy-breakfasts-for-you-and-the-kids?zc_p=0

**8 lunchtime mistakes that could be wrecking your diet**
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/08/8_lunchtime_mistakes_that_coul.html

**Healthy Eating On A Budget**
(Sarah Jane Bedwell, RD featured)
http://www.wsaw.com/news/headlines/Healthy-Eating-on-a-Budget-219760021.html?ref=021

**Vietnam Veteran benefits from VA Weight Loss Program**
(Jordyn Forsyth, RD cited)
http://www.yourhoustonnews.com/ranch/living/vietnam-veteran-benefits-from-va-weight-loss-program/article_53e56790-061b-11e3-9c02-001a4bcf887a.html

**Coca-Cola launches new ad about diet soda: Registered dietitian explains fact and fiction of products using artificial sweetener**
(Michelle Dudash, RDN, featured)
http://www.kpho.com/video?autoStart=true&topVideoCatNo=default&clipId=9198135

**Breakfast  Yes or No?**
(By Timi Gustafson RD)
http://www.auburn-reporter.com/lifestyle/219854271.html

**Journal Review**

**Academy members can now obtain articles from the Journal Review for as little as $10 per article, which saves Members up to $20 per article.**
If you are interested in obtaining your copy today, visit
http://www.eatright.org/Members/content.aspx?id=1197
to place your order.

***British Journal of Nutrition*, August,9-14 2013 On-line First**
http://journals.cambridge.org/action/displayJournal?jid=bjn
Relationships between dietary macronutrients and adult neurogenesis in the regulation of energy metabolism CORRIGENDUM
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8970092&fulltextType=ER&fileId=S0007114513002869
Effects of the brown rice diet on visceral obesity and endothelial function: the BRAVO study
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8969385&fulltextType=RA&fileId=S0007114513002432
Intestinal microbiota, diet and health
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8969481&fulltextType=RV&fileId=S0007114513002560
A systematic review of vitamin D status in populations worldwide.
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8969207&fulltextType=RV&fileId=S0007114513001840

***Childhood Obesity*, August 2103**
http://online.liebertpub.com/toc/chi/9/4
Not So *Grrreat*: Ten Important Myths about Food Advertising Targeted to Children in Canada
http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0024
Evaluation of a Community-Based Weight Management Program for Predominantly Severely Obese, Difficult-To-Reach, Inner-City Minority Adolescents
http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0147
Let's Face It: Patient and Parent Perspectives on Incorporating a Facebook Group into a Multidisciplinary Weight Management Program
http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0047
Maternal Psychological Factors and Controlled Child Feeding Practices in Relation to Child Body Mass Index
http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0135
Acute Care Costs in Overweight Children: A Pediatric Urban Cohort Study
http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0134
Is BMI Alone a Sufficient Outcome To Evaluate Interventions for Child Obesity?
http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0019

***Current Opinion in Clinical Nutrition and Metabolic Care*, September 2103**
http://journals.lww.com/co-clinicalnutrition/pages/currenttoc.aspx
The role of gut microbiota in nutritional status
http://journals.lww.com/co-clinicalnutrition/Abstract/2013/09000/The_role_of_gut_microbiota_in_nutritional_status.4.aspx
Dietary assessment methods for older persons: what is the best approach?
http://journals.lww.com/co-clinicalnutrition/Abstract/2013/09000/Dietary_assessment_methods_for_older_persons__.7.aspx
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http://journals.lww.com/co-clinicalnutrition/Abstract/2013/09000/Nutritional_management_of_acute_pancreatitis___the.11.aspx
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***Games for Health Journal*, August 2103**
http://online.liebertpub.com/toc/g4h/2/4
Developing Games for Health Behavior Change: Getting Started
http://online.liebertpub.com/doi/abs/10.1089/g4h.2013.0048
The Physical Effect of Exergames in Healthy ElderlyA Systematic Review
http://online.liebertpub.com/doi/abs/10.1089/g4h.2013.0036
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http://online.liebertpub.com/doi/abs/10.1089/g4h.2013.0006

***International Journal of Food Sciences and Nutrition*, September 2013**
http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000006
Effects of ginger (*Zingiber officinale*) on plasma glucose level, HbA1c and insulin sensitivity in type 2 diabetic patients
http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000006/art00004
The effects of synbiotic supplementation on some cardio-metabolic risk factors in overweight and obese children: a randomized triple-masked controlled trial
http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000006/art00005
Role of probiotics in modulating glucose homeostasis: evidence from animal and human studies
http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000006/art00018

***Journal of the American College of Nutrition,*February 2013-**
http://www.tandfonline.com/toc/uacn20/32/1

Improvements in Glucose Metabolism and Insulin Sensitivity with a Low-Carbohydrate Diet in Obese Patients with Type 2 Diabetes
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.767630
An Encapsulated Juice Powder Concentrate Improves Markers of Pulmonary Function and Cardiovascular Risk Factors in Heavy Smokers
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.767652
Regular Consumption of Both Vitamin D and Calcium- and Vitamin DFortified Yogurt Drink Is Equally Accompanied by Lowered Blood Lipoprotein (a) and Elevated Apoprotein A1 in Subjects with Type 2 Diabetes: A Randomized Clinical Trial
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.767659
Green Tea and Vitamin E Enhance Exercise-Induced Benefits in Body Composition, Glucose Homeostasis, and Antioxidant Status in Elderly Men and Women
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.767661

***Journal of the American College of Nutrition,*April 2013-**
http://www.tandfonline.com/toc/uacn20/32/2
Risk Factors for Cardovascular Disease: A Cautionary Tale of Diet-Microbiome Interactions
http://www.tandfonline.com/doi/abs/10.1080/07315724.2013.799982
Cereal Processing Influences Postprandial Glucose Metabolism as Well as the GI Effect
http://www.tandfonline.com/doi/abs/10.1080/07315724.2013.789336
Simulated Adaptations to an Adult Dietary Self-Report Tool to Accommodate Children: Impact on Nutrient Estimates
http://www.tandfonline.com/doi/abs/10.1080/07315724.2013.789339
Whey Protein Supplementation During Resistance Training Augments Lean Body Mass
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.793580
A Brief History of the Surgery for Obesity to the Present, with an Overview of Nutritional Implications
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.797854

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http://www.tandfonline.com/toc/uacn20/32/3
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http://www.tandfonline.com/doi/full/10.1080/07315724.2013.791798
Evidence of Enhanced Serum Amino Acid Profile but Not Appetite Suppression by Dietary Glycomacropeptide (GMP): A Comparison of Dairy Whey Proteins
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.791186
Lignan Content of the Flaxseed Influences Its Biological Effects in Healthy Men and Women
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.791147
The Effect of Fiber on Satiety and Food Intake: A Systematic Review
http://www.tandfonline.com/doi/full/10.1080/07315724.2013.791194

***Journal of the American Medical Association*, August 14, 2013**
http://jama.jamanetwork.com/issue.aspx
Blood Pressure, Cholesterol Guidelines Face More Delays
http://jama.jamanetwork.com/article.aspx?articleid=1728711
The State of US Health, 1990-2010: Burden of Diseases, Injuries, and Risk Factors
http://jama.jamanetwork.com/article.aspx?articleid=1710486
Barrett Esophagus and Risk of Esophageal Cancer: A Clinical Review
http://jama.jamanetwork.com/article.aspx?articleid=1728730
JAMA : Patient Page -Options for Colorectal Cancer Screening
http://jama.jamanetwork.com/article.aspx?articleid=1728718

***JAMA- Internal Medicine*, August 12/26, 2013**
http://archinte.jamanetwork.com/issue.aspx
Public Health Responses to Arsenic in Rice and Other Foods
http://archinte.jamanetwork.com/article.aspx?articleid=1726986
Rapid Bacterial Whole-Genome Sequencing to Enhance Diagnostic and Public Health Microbiology
http://archinte.jamanetwork.com/article.aspx?articleid=1726980
Correlates of Repeat Lipid Testing in Patients With Coronary Heart Disease
http://archinte.jamanetwork.com/article.aspx?articleid=1726982
-3 Fatty Acid Supplements for Secondary Prevention of Cardiovascular Disease: From No Proof of Effectiveness to Proof of No Effectiveness
http://archinte.jamanetwork.com/article.aspx?articleid=1726963

***JAMA- Internal Medicine*, August 12/13, 2013- Online First**
http://archinte.jamanetwork.com/onlineFirst.aspx
Cholecalciferol Treatment to Reduce Blood Pressure in Older Patients With Isolated Systolic Hypertension:
http://archinte.jamanetwork.com/article.aspx?articleid=1726994
Diet and Kidney Disease in High-Risk Individuals With Type 2 Diabetes Mellitus
http://archinte.jamanetwork.com/article.aspx?articleid=1726997
Moving Dietary Management of Diabetes Forward
http://archinte.jamanetwork.com/article.aspx?articleid=1726992
HIV Cure Research: Expanding the Ethical Considerations
http://annals.org/article.aspx?articleID=1725496

***Journal of Human Nutrition and Dietetics*, August 2-13,2013 Online First**
http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1365-277X/earlyview
Malnutrition in children with food allergies in the UK
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12149/abstract
Dietary sorbitol and mannitol: food content and distinct absorption patterns between healthy individuals and patients with irritable bowel syndrome

http://onlinelibrary.wiley.com/doi/10.1111/jhn.12144/abstract

***Journal of Parenteral and Enteral Nutrition*, August 5 &9, 2013 On-line First**
http://pen.sagepub.com/content/early/recent
Influence of Age and Type of Underlying Disease on Complications Related to Home Enteral Nutrition
A Single Italian Center Experience
http://pen.sagepub.com/content/early/2013/08/09/0148607113498422.abstract
Expert Beliefs Regarding Novel Lipid-Based Approaches to Pediatric Intestinal FailureAssociated Liver Disease
http://pen.sagepub.com/content/early/2013/07/29/0148607113494213.abstract

***Journal of Womens Health*, August 2013**
http://online.liebertpub.com/toc/jwh/22/8
Prevalence of Traditional Cardiac Risk Factors and Secondary Prevention Among Patients Hospitalized for Acute Myocardial Infarction (AMI): Variation by Age, Sex, and Race
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.3962
Strategies Associated with Higher Postpartum Glucose Tolerance Screening Rates for Gestational Diabetes Mellitus Patients
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4092

***Lancet*, August 17, 2013**
http://www.thelancet.com/journals/lancet/issue/vol382no9892/PIIS0140-6736(13)X6039-8
Slimming down childhood obesity
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61731-6/fulltext?elsca1=ETOC-LANCET&elsca2=email&elsca3=E24A35F
Malaria and malnutrition: Niger's twin crises
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61732-8/fulltext

***LGBT Health*, July 2013**
http://online.liebertpub.com/toc/lgbt/1/P
Controversies in Gender Diagnoses
http://online.liebertpub.com/doi/abs/10.1089/lgbt.2013.1500
The Importance of LGBT Health on a Global Scale
http://online.liebertpub.com/doi/abs/10.1089/lgbt.2013.0008
LG(BT) Persons in the Second Half of Life: The Intersectional Influences of Stigma and Cohort
http://online.liebertpub.com/doi/abs/10.1089/lgbt.2013.0005

***New England Journal of Medicine*, August 15, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Stuck between Health and Immigration Reform  Care for Undocumented Immigrants
http://www.nejm.org/doi/full/10.1056/NEJMp1306636

***Nutrition Journal,*****August 6-14, 2013 Online First**
http://www.nutritionj.com/content
Effects of lifestyle changes including specific dietary intervention and physical activity in the management of patients with chronic hepatitis C -- a randomized trial
http://www.nutritionj.com/content/12/1/119/abstract
Major food sources of calories, added sugars, and saturated fat and their contribution to essential nutrient intakes in the U.S. diet: data from the national health and nutrition examination survey (2003--2006)
http://www.nutritionj.com/content/12/1/116/abstract
The emerging role of dietary fructose in obesity and cognitive decline
http://www.nutritionj.com/content/12/1/114/abstract
Impact of nutritional supplementation on immune response, body mass index and bioelectrical impedance in HIV-positive patients starting antiretroviral therapy
http://www.nutritionj.com/content/12/1/111

***Nutrition Research*****, August 5- 2013 Online First**
http://www.nrjournal.com/inpress
Caffeine intake reduces sleep duration in adolescents
http://www.nrjournal.com/article/S0271-5317(13)00152-8/abstract

***School Nutrition Magazine*****, August 2013**
http://www.schoolnutrition.org/Level2_SNAMAG.aspx?id=19172
(click on View Our New Digital Edition and flip to articles)
-Guiding Lights-mentoring employees
-All It Took Was a Cook With a Book- mentoring students
-Celebrate Good Times- Look no further than your calendar to find fresh ideas for special theme promotions.

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http://www.eatright.org/positions/

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or send a blank email to leave-22382-
1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2021. RE: RE: Update- Leadership Participation Rates TROA

**From:** Jeanne Blankenship <JBlankenship@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 16, 2013 10:25:53
**Subject:** RE: RE: Update- Leadership Participation Rates TROA
**Attachment:**

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It is interesting! I was thinking about this on the way to work this morning – how we want everything and want respect, but then when the opportunity arises, we are paralyzed. I think about how much time and energy it took to get the bill introduced, no easy task. I also think about how much we have put into make the resources available and the process easy. We have visited over 50 offices in the past 6 weeks to make these August visits go easier. The action alert is one small, but very important piece. We can go into an office and tell them – we know that XX number of our members have communicated with you on this issue.

Member engagement is a goal. I am glad to see some of the public policy leaders speaking up. I think we have to engage these leaders and get them fired up and give them the tools they need to get their members to take action. Their role is critical!

Let me know how the visit goes, we met with Hill and he knew you by name J

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, August 16, 2013 10:19 AM
**To:** Jeanne Blankenship
**Subject:** Fwd: RE: Update- Leadership Participation Rates TROA

I am forwarding this on to you because I think it is very well said. We are meeting with John Barrow at 2:30 today. I will let you know how it goes.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2022. HOD presentation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 15, 2013 11:58:35
**Subject:** HOD presentation
**Attachment:**

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Donna,

You are on the schedule for the HOD meeting addressing the financial status of the Academy. I usually take a cut at the presentation and provide it to you for adjustments and changes. It will make your life a little easier. So, if that is fine with you, do you have any “specifics” that you would like to have included? Or is there anything you would like to emphasize? Keep in mind you only have 10 minutes, so, it is difficult to emphasize too much. Let me know and I will begin the process.

Paul

2023. FNCE Hot Topic Session

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Diane Moore-Enos <dmoore@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Aug 14, 2013 14:49:48
**Subject:** FNCE Hot Topic Session
**Attachment:** image001.jpg

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I wanted to update you on some recent developments regarding the Food &Nutrition Conference &Expo Hot Topic session “Public-Private Collaborations.” As you may have seen, literally within minutes of the session information being posted to eatright.org, it was criticized on Academy member Andy Bellatti’s “Dietitians for Professional Integrity” Facebook page and his Twitter feed. Just as quickly, Mr. Bellatti emailed Diane Moore-Enos, Director of Professional Development, to complain that the session was not structured as a point-counterpoint debate.

Mr. Bellatti erroneously believes – and has repeatedly said so on the Internet – that he was assured the session would be organized as a “dialogue” between RDNs who would criticize the Academy’s corporate sponsorship program and other RDNs who would presumably defend it. He also came to believe, erroneously, that he would have input in the development of the session. These misconceptions have repeatedly found their way to his Facebook page, where his followers accept them as factual.

In a thoughtful and reasoned reply, Diane explained to Mr. Bellatti why the session was structured as it is. Her reply was instantly posted to Mr. Bellatti’s Facebook page, with a predictably negative response from him.

Since you may receive questions from members or others about this session and its development, we wanted you to be aware of the following facts, which Diane has already communicated to Mr. Bellatti:

· Cross-sector collaborations is an issue that goes beyond the Academy and beyond corporate sponsorship.

· The topic deserves a wider discussion than could be accomplished at one FNCE session.

· This important issue has more than two sides.

· The national-level committee of Academy members that directs the FNCE educational program and provides oversight for session development supported approaching this topic through an independent, expert speaker with no ties to the Academy.

· The invited speaker, Michael Specter, is an award-winning writer at *The New Yorker* whose work focuses on science, health and technology. He is eminently qualified to speak at this session.

· Approximately one-third of the session (substantially more time than usual) will consist of Q&A, allowing attendees plenty of time to ask questions and have a meaningful, professional dialogue on cross-sector collaborations.
· The session's format will allow for clear lines of conversation on public-private collaborations, without evolving into an airing of the personal opinions or biases.

· To extend the conversation beyond FNCE, questions emerging from the session will be used to develop further professional education opportunities for Academy members.

None of these facts changed Mr. Bellatti's views regarding the session. As part of his critique of the Academy and this session, using terms like "oppression," he is now encouraging his Facebook followers (the majority of whom are neither Academy members nor RDNs) to email form letters to Glenna, Sonja and Diane, expressing disapproval of the format and the speaker, and demanding a point-counterpoint format.

Despite this campaign, I am confident that the format and the session's intended goal are appropriate for FNCE and will offer attendees an interesting and thought-provoking look at a topic of great importance to the Academy and other organizations that are engaged in public-private relationships.
We used Dr. Covello's message guidelines in developing the following response from Diane to members submitting the form letter.

On behalf of the Academy, we thank you for your email. The session is intended to be educational in nature on the topic of Public Private Collaborations.  It does in fact include the opportunity to

share viewpoints during the extended Q&A.  Please remember, this is the first conversation, which starts with education. Questions that emerge will continue the dialogue, including member point-counterpoint panels. Hope to see you at FNCE!

I am excited about this session, and I hope you are too. You know from the Board retreat how hard we are working to make sure the Academy does what is best for all our members in terms of relationships with outside organizations.
Please use the information in Diane's response as talking points with members.  We will continue to monitor the situation and will keep you posted. Please let me know if you have any questions or need additional information.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
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Phone: 312/899-4856
Email: pbabjak@eatright.org
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2024. ANDF FOF monthly update report

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Joan Schwaba <JSchwaba@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** Aug 13, 2013 12:12:35
**Subject:** ANDF FOF monthly update report
**Attachment:** image001.png
FOF ANDF Project Update 7-31-13.docx

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Hello Academy BOD,

Please find attached the monthly FOF Report for the Academy Foundation.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2025. Langholz Award

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** Aug 13, 2013 12:08:56
**Subject:** Langholz Award
**Attachment:** image001.png

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Hello Academy Foundation BOD,

*A message from Kathy McClusky…*

I am pleased to inform you that former Chief Science Officer, Esther Myers, PhD, RD, FADA, has been awarded the prestigious Edna and Robert Langholz International Nutrition Award. This award is presented to a person whose contribution to nutrition has had international significance. The award comes with a $25,000 gift.

The Edna and Robert Langholz International lecture will be held on Monday, October 21 from 3:30pm – 5:00pm in Room 370 of the GBR Convention Center in Houston.

Please feel free to contact Esther at the address below to congratulate her.

Esther Myers

284 East First Street

Beach, ND 58621

emyers@eatright.org

Cell:  312-520-1090

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
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Fax: 312-899-4796
www.eatright.org/foundation

2026. Daily News: Tuesday, August 13, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 13, 2013 10:30:30
**Subject:** Daily News: Tuesday, August 13, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

**Diet Choices May Help Diabetics Stave Off Kidney Disease**
**Fruit, protein and moderate alcohol intake tied to lower risk of chronic disease in study**
http://consumer.healthday.com/general-health-information-16/misc-alcohol-news-13/briefs-emb-8-12-4pmet-diet-ckd-jama-internal-med-release-batch-875-679128.html
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1726997
Related Resource: Renal Nutrition Resources
https://www.eatright.org/shop/categories.aspx?id=253

**Building Up Bones, With a Little Bashing**
http://well.blogs.nytimes.com/2013/08/12/building-up-bones-with-a-little-bashing/?_r=0
Related Resource: MedlinePlus
http://www.nlm.nih.gov/medlineplus/osteoporosis.html

**Eating fish weekly 'halves' risk of rheumatoid arthritis**
http://www.medicalnewstoday.com/articles/264712.php
Source: *Annals of the Rheumatic Diseases*
http://ard.bmj.com/content/early/2013/07/25/annrheumdis-2013-203338.short?g=w_ard_ahead_tab

**'Big breakfast healthier than a big dinner'**
http://www.medicalnewstoday.com/articles/264624.php
Source: *Obesity*

http://onlinelibrary.wiley.com/doi/10.1002/oby.20460/abstract

**Breast-Feeding Tied to Reduced Child Obesity**
**Large Japanese study looked at schoolchildren aged 7 and 8**
http://www.foodnavigator-usa.com/Markets/Supersize-me!-But-who-is-actually-ordering-those-jumbo-corn-dogs

**Fresh, unprocessed baby foods tied to less allergy**
http://www.nlm.nih.gov/medlineplus/news/fullstory_139643.html
Source: *Journal of Allergy and Clinical Immunology*
http://www.jacionline.org/article/S0091-6749(13)00912-3/abstract

**Camp Gluten Free, where the kids don't have to ask what's on the menu**
http://www.latimes.com/health/la-he-gluten-free-camp-20130810,0,4373599.story

**Food allergic diners balance on a knife edge**
**Groups urge restaurants to raise awareness that just a trace of an offending ingredient can hospitalize, or kill, a customer.**
http://www.chicagotribune.com/health/la-he-dining-allergies-20130810,0,1292325.story

**Religions asking if test-tube burgers allow them to keep the faith**
http://www.chicagotribune.com/sns-rt-us-science-meat-religion-20130809,0,4915268.story
Related Resource: FNCE © 2013 Session/Cultural Competence Track-scroll down to
-Mythbusters: The Facts all RDs and DTRs Need to Know About Halal and Kosher Dietary Markets
http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=30

**Supersize me! But who is actually ordering those jumbo corn dogs?**
(With state fair season in full swing and deep-fried Oreos on the menu, online food ordering service GrubHub embarked on a study of extreme foods to determine who is ordering jumbo corn dogs and Big Gulps (spoiler alert - its men)
http://www.foodnavigator-usa.com/Markets/Supersize-me!-But-who-is-actually-ordering-those-jumbo-corn-dogs

**MedlinePlus: Latest Health News**
-Help Your Child Manage Diabetes at School
-If you were a preemie, take heed for your heart
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Latest Research on the Effects of Alcohol on Your Waistline**
**Moderate alcohol drinkers gain less weight over time than people who abstain, some studies show**
(Andrea N. Giancoli, Academy Spokesperson quoted)
http://online.wsj.com/article/SB10001424127887323446404579008943480587408.html

**Healthy Back-to-School Lunches, Arizona Midday, NBC Phoenix**
(Michelle Dudash, RDN featured)
http://www.azcentral.com/video/2594228446001

**Canned goods can do the trick for nutrition**
(Debby Krzesni, RD quoted)
http://www.times-standard.com/boomers/ci_23850268/gray-matters-canned-goods-can-do-trick-nutrition

**Process of presenting healthy school lunch options can win kids over**
(Luanne Hughes,RD and Jessica Donze Black, RD quoted)
http://www.newsworks.org/index.php/local/item/58484-school-lunch?linktype=hp_topstory

**Beating chronic pain**
(By Jeanine Stice RD)
http://www.statesmanjournal.com/article/20130813/LIFE/308130003/Beating-chronic-pain

**Report: More attention must be paid to obesity prevention**
(By Timi Gustafson RD)
http://www.auburn-reporter.com/lifestyle/219331921.html

**Tips you can use- local expert walks you through packing healthy school lunch and making healthy snacks**
(By Rosanne Rust, RD)
http://meadvilletribune.com/ourhealth/x1938694962/Tips-you-can-use-local-expert-walks-you-through-packing-healthy-school-lunch-and-making-healthy-snacks

**Why eating a bigger breakfast may help you lose weight**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/health/why-eating-a-bigger-breakfast-may-help-you-lose-weight/article13695602/

**The Academys Position Papers and Practice Papers are available at:**
http://www.eatright.org/positions/

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or send a blank email to leave-22264-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2027. Harold's 20th Anniversary

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
**Sent Date:** Aug 12, 2013 18:52:14
**Subject:** Harold's 20th Anniversary
**Attachment:**

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This is to inform you that this Friday we are celebrating Harold Holler's 20th anniversary effective Sunday, August 18 (see below). You may want to congratulate him on this milestone.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

**From:** Patricia Babjak
**Sent:** Friday, August 09, 2013 9:10 AM
**To:** Executive Team Mailbox; Chris Reidy
**Subject:**

Although our own Daily News reported on August 5 that “employees who spend an hour in a restaurant have reduced brain function in the afternoon,” I am inviting you to join me at Rivers Restaurant next Friday at 11:30am for lunch to celebrate Harold’s 20th anniversary with the Academy. Mary Pat and Jeanne, Harold and I will continue the celebration with you the next time you are both in Chicago.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2028. Needs Satisfaction information for your FNCE presentation

**From:** Barbara Visocan <BVISOCAN@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 12, 2013 14:43:12
**Subject:** Needs Satisfaction information for your FNCE presentation
**Attachment:** image001.png
RDs--benefit ratings by tier 2012.doc

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Donna:

I believe I promised you some information regarding how members and non-members view the 55+ benefits that the Academy has to offer. As I recall, you were going to work in some information about these into your FNCE Treasurer presentation. Please note that the benefits, as rated by the members and non-members who participated in the Needs Survey last year, have been grouped into 3 tiers of value/preference. The top third are, of course, the most valued. Please let me know if you have any questions or need any more information. Barbara

**Barbara J Visocan, MS, RDN, LDN, FADA**

***Vice President, Member Services***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone 312/899-4891; Fax 312/899-5350

bvisocan@eatright.org

www.eatright.org

2029. Daily News: Monday, August 12, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 12, 2013 10:57:34
**Subject:** Daily News: Monday, August 12, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

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**Probiotics Not Warranted for Seniors Taking Antibiotics: Study**
**No difference seen in diarrhea rates among those taking the supplements**
http://consumer.healthday.com/senior-citizen-information-31/misc-aging-news-10/probiotics-not-warranted-for-seniors-taking-antibiotics-study-679048.html
Source: *Lancet*
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61218-0/fulltext
Related Resource: NIH National Center for Complementary and Alternative Medicine
http://nccam.nih.gov/health/probiotics

**Garlic reduces lung cancer risk by 44%, suggests study**
(Consuming raw garlic could serve as a protective factor against lung cancer, even for smokers, suggests a new study by Chinese scientists)
http://www.foodnavigator.com/Science-Nutrition/Garlic-reduces-lung-cancer-risk-by-44-suggests-study

**Take Back Your Pregnancy**
**Modern pregnancy comes with a long list of strict rules, but does it have to? An economist examines the data and finds room for choice amid the familiar limits**
http://online.wsj.com/article/SB10001424127887323514404578652091268307904.html
Related Resource: Academy Position Paper
-Nutrition and Lifestyle for a Healthy Pregnancy Outcome
http://www.eatright.org/About/Content.aspx?id=8375

**US supermarkets are stuck in time-warp, says Hartman: The bland midmarket, hi-lo, be-all-things-to all-men strategy is not working**
http://www.foodnavigator-usa.com/Markets/US-supermarkets-are-stuck-in-time-warp-says-Hartman-The-bland-midmarket-hi-lo-be-all-things-to-all-men-strategy-is-not-working
Related Resource: FNCE © 2013: Cultural Competence Track-scroll down to:
-Supermarkets in Diverse Communities: Putting Healthy Food Choices in the Showcase (Culture Symposium)
http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=30

**Monitoring food safety at restaurants with the help of Twitter**
(The researchers describe in a paper to be presented at the Conference on Human Computation &Crowdsourcing in November)
http://www.medicalnewstoday.com/releases/264595.php

**Salmonella Outbreak Sickens 307 in 37 States**
**CDC says infections are linked to baby poultry from multiple hatcheries**
http://consumer.healthday.com/infectious-disease-information-21/misc-infections-news-411/salmonella-outbreak-sickens-307-in-37-states-679131.html

**MedlinePlus: Latest Health News**
-Black Infants in U.S. Twice as Likely to Die as Whites: CDC
South has highest rates of infant mortality, gov't report finds
-Flu Vaccine Not Tied to Pregnancy Complications
Pregnant women who get flu shots are at no greater risk for complications like high blood pressure, urinary tract infection or gestational diabetes, according to a new U.S. study.
-Kidney Dialysis Patients May Fare Better When Docs Have Lighter Caseloads (HealthDay)
Study found a 2 percent increased risk of death for every 50 additional patients
-Meditation Could Help Smokers Cut Down, Study Hints
A month later, those trained in technique smoked less
-Self-Monitoring Blood Pressure Appears to Improve Results, Study Finds (HealthDay)
Patients engaged in their health care do better, expert says
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**The fact and fiction of school lunches**
(Wendy Palmer, RD featured)
http://www.11alive.com/news/article/302347/13/The-fact-and-fiction-of-school-lunches

**Tips for packing nutritious school lunches your kids will really want to eat**
(Amanda Frankeny, RD quoted)

http://www.pennlive.com/bodyandmind/index.ssf/2013/08/tips_for_packing_nutritious_sc.html

**Fueling for college academics and sports**
(By Pam Stuppy, RD)
http://www.seacoastonline.com/articles/20130811-LIFE-308110301

**Five tips for staying hydrated**
(Lisa Kadrmas, RD quoted)
http://www.grandforksherald.com/event/article/id/270506/group/homepage/

**Suitable snack foods**
**Best picks for young athletes**
(Sue Delagrange, RD quoted)
http://www.journalgazette.net/article/20130812/FEAT/308129978

**Cooked Or Uncooked? It Makes A Difference In Nutrition**
(Jennifer Cantewell Wood, RD featured)
http://www.digtriad.com/2wantstoknow/article/294424/443/Cooked-Or-Unclooked-It-Makes-A-Difference-In-Nutrition

**How do I eat enough servings of fruits and vegetables each day?**
(By Leslie Beck, Dietitian/ Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/how-do-i-eat-enough-servings-of-fruits-and-vegetables-each-day/article13692420/

**Obesity warning issued for children**
(Dietitian cited)
http://www.bexhillobserver.net/news/national/obesity-warning-issued-for-children-1-5377149

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2030. ears burning??

**From:** Mary Pat Raimondi <mraimondi@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Patricia Babjak <PBABJAK@eatright.org>
**Sent Date:** Aug 09, 2013 14:24:34
**Subject:** ears burning??
**Attachment:** image003.jpg

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Hello Donna!

I am just returning from a productive and yet informal lunch with the SNA staff leaders. It was great to have Teresa Nece be able to join us.

Both of your ears should be burning…Donna for your great leadership in both organizations and even more for your daily work with the students. Pat, for your support of staff making our job much easier and rewarding. J I did volunteer that on your next trip here we would make time for a meeting with them as well.

Just wanting to share,

Mary Pat

**Mary Pat Raimondi, MS RDN**
**Vice President, Strategic Policy and Partnerships**

**Academy of Nutrition and Dietetics (formerly the American Dietetic Association)**

**1120 Connecticut Avenue NW- Suite 480**

**Washington, DC 20036**

**phone: 312.899.1731 (new direct line)**

**fax: 202.775.8284**

**mraimondi@eatright.org**

**www.eatright.org**

2031. Make exciting new discoveries at FNCE®!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
**To:** Donna <dmartin@burke.k12.ga.us>
**Sent Date:** Aug 09, 2013 11:15:48
**Subject:** Make exciting new discoveries at FNCE®!
**Attachment:**

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Make exciting new discoveries at FNCE®!
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The Expo Hall

Be prepared when you walk into the Expo Hall by visiting the FNCE® Web site, www.eatright.org/fnce. Here you will find more than 350 companies listed alphabetically, by booth number or by product category. Prepare for your FNCE Expo experience:

•Identify the products and services that will provide solutions for immediate or long-range issues you are facing in your job.
•Gather company and product information on all of 2013 FNCE exhibitors.
•Learn about products and latest trends in food, nutrition, diabetes management, clinical nutrition, and specialty foods.
•Check out our new pavilions  Vegetarian and Kids Healthy Trail!
•Discover advances in computer software and systems.
•Cultivate resources that will help you stay ahead of the competition.
•Plan questions for company representatives.
•Maximize your exhibit time by exploring companies in advance online and on our NEW! FNCE App!
The New Product Showcase

The Academy of Nutrition and Dietetics has just made it easier to find new products before, during and after the show! The New Product Showcase is a virtual showcase that allows you to get a first look at new products from FNCE exhibitors! These products are online now and will stay online 3 months post-FNCE. Not to mention, they will be showcased in slideshow format outside the Expo hall on-site! So what are you waiting for? This is your opportunity to see the latest trends and products in the food and nutrition industry! Check out the New Product Showcase today!

The Member Product MarketPlace

Are you an Academy member who owns their own product? Are you attending FNCE? If so, consider exhibiting at the Member Product MarketPlace! The Academy has extended the deadline to sign up and you wont want to miss participating in this exciting showcase! There is no greater

opportunity to promote your products to over 8,500 of your peers. Not to mention, your company will be included in the first-ever FNCE App  talk about exposure! The Member Product MarketPlace will be Sunday, October 20, 2013, from 8 a.m.  4 p.m. in the 3rd Floor Foyer of the George R. Brown Convention Center across from the educational sessions and near the Skybridge Walkway. For more information and to read the prospectus, click here.

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2032. Daily News & Journal Review: Friday, August 9, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 09, 2013 11:06:21
**Subject:** Daily News & Journal Review: Friday, August 9, 2013
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**Weight Watchers trying to cash in on desire for healthy workers**
(U.S. companies are eager to trim rising health care costs and more are implementing employee wellness programs, some involving weight loss. Those programs are expected to expand next year when provisions of the Affordable Care Act that encourage obesity prevention kick in)
http://www.chicagotribune.com/health/sns-rt-us-weightwatchers-apps-20130809,0,1106180.story
Related Resource: FNCE © 2013 Session/Public Policy Track
-Affordable Care Act: (ACA): What a Long Strange Trip It's Been
http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=47

**Urging Your Partner to Diet May Backfire**
**Response could be unhealthy, such as fasting, taking diet pills or binge eating, study finds**
http://consumer.healthday.com/mental-health-information-25/anorexia-news-28/urging-partner-to-diet-may-trigger-unhealthy-habits-679008.html
Source: *American Journal of Health Promotion*
http://www.ajhpcontents.com/doi/abs/10.4278/ajhp.120120-QUAN-57

**Adding Niacin No Help for HDL Function**
http://www.medpagetoday.com/Cardiology/Dyslipidemia/40882
Related Resource: FAQ from the Knowledge Center
-What Role Does HDL Have in Cardiovascular Disease and What Is the Most Effective Way to Increase It?
http://www.eatright.org/Members/content.aspx?id=4294967519

**Diets of Pregnant Women Contain Harmful, Hidden Toxins**
http://www.sciencedaily.com/releases/2013/08/130807094241.htm
Source: *Nutrition Journal*
http://www.nutritionj.com/content/12/1/91

**Stomach Bug Outbreak Cases Top 500**
**Meanwhile, health officials still trying to track down source of infections in 14 of 16 states affected**
http://consumer.healthday.com/public-health-information-30/centers-for-disease-control-news-120/stomach-bug-outbreak-source-in-two-states-traced-to-mexican-farm-679104.html
Related Resource: CDC
http://www.cdc.gov/parasites/cyclosporiasis/

**USDA/Economic Research Service**
**-SNAP eligibility for legal noncitizens has changed since welfare reform**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=39395&ref=collection

**Feeding the Kiddie: A Brief History of the Children's Menu**
http://www.slate.com/articles/life/food/2013/08/children_s_menu_history_how_prohibition_and_emmett_holt_gave_rise_to_kid.html

**Jane Fonda Tapes? Not for a YouTube Generation**
http://www.nytimes.com/2013/08/09/nyregion/jane-fonda-tapes-not-for-a-youtube-generation.html?_r=0

**MedlinePlus: Latest Health News**
-Fitness Club Best Place for Cardiac Arrest Survival
-Scientists Visualize How Cancer Chromosome Abnormalities Form in Living Cells (National Cancer Institute)
-First study of human transmission of new bird flu raises worries
-New Clues to Fibromyalgia's Causes
Condition called small-fiber polyneuropathy may lie behind many cases, research suggests
-Walking to Work Tied to Lower Diabetes Risk
Car commuters have higher blood pressure, more obesity, U.K. study also found
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Make your snacks count with nutrient-rich food choices**
(By Sharon Palmer, RD; Barbara Ruhs, RD &Ruth Frechman, Academy Spokesperson both quoted)

http://articles.chicagotribune.com/2013-08-07/lifestyle/sns-201308072100--tms--foodstylts--v-f20130807-20130807_1_snacks-healthy-foods-active-cultures

**Why do people regain weight?**
(Jessica Crandall, Academy Spokesperson featured)
http://kdvr.com/2013/08/05/who-do-people-regain-weight/

**Study says childhood obesity is dropping in most states, but not Colorado**
(Jessica Crandall, Academy Spokesperson featured)
http://kdvr.com/2013/08/06/study-says-childhood-obesity-is-dropping-in-most-states-but-not-colorado/

**Social media is vital small-business tool**
(Jen Evola, RD quoted)
http://www.usatoday.com/story/money/business/2013/07/02/social-media-small-business/2484023/

**Florida mom sues over Goldfish 'natural' label**
(Lillian Craggs-Dino, RD quoted)
http://www.columbian.com/news/2013/aug/08/florida-mom-sues-over-goldfish-natural-label/

**13 Tips For Staying Hydrated This Summer**
(By Katherine Tallmadge, RD)
http://www.huffingtonpost.com/2013/08/03/stay-hydrated-summer-tips-heat_n_3696810.html?utm_hp_ref=healthy-living

**Elk Grove Unified removes peanut foods**
(Anne Gaffney, RD quoted)
http://www.egcitizen.com/articles/2013/08/07/news/doc52013f09317a5494725204.txt

**Anemia, weight gain, dementia**
(By Nancy Dell, RD)
http://www.wwlp.com/dpp/health/dietitian/nancy-dell-anemia-weight-gain-dementia

**Nutrient-packed grab-and-go breakfasts for busy mornings**
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/08/post_41.html

**Journal Review**

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***American Journal of Epidemiology*, August 15, 2013**
http://aje.oxfordjournals.org/content/178/4?etoc
Dietary Flavonoid Intake and Esophageal Cancer Risk in the European Prospective Investigation into Cancer and Nutrition Cohort
http://aje.oxfordjournals.org/content/178/4/570.abstract
Fruit and Vegetable Consumption and Mortality
European Prospective Investigation Into Cancer and Nutrition
http://aje.oxfordjournals.org/content/178/4/590.abstract
Associations of Body Mass Index and Body Height With Low Back Pain in 829,791 Adolescents
http://aje.oxfordjournals.org/content/178/4/603.abstract

***Asia Pacific Allergy*, July 2013**
http://www.apallergy.org/
Sensitization patterns of cow's milk and major components in young children with atopic dermatitis
http://www.apallergy.org/DOIx.php?id=10.5415/apallergy.2013.3.3.179

***Annals of Internal Medicine*, August 6, 2013**
http://annals.org/issue.aspx?journalid=90&IssueID=927351
Personalized Estimates of Benefit From Preventive Care Guidelines: A Proof of Concept
http://annals.org/article.aspx?articleid=1722496
Improving Chronic Disease Care by Adding Laypersons to the Primary Care Team: A Parallel Randomized Trial
http://annals.org/article.aspx?articleid=1722498

***Diabetes Educator*, August 8, 2013 On-line First**
http://tde.sagepub.com/content/early/recent
The Landscape for Diabetes Education
Results of the 2012 AADE National Diabetes Education Practice Survey
http://tde.sagepub.com/content/early/2013/08/05/0145721713499412.abstract

***European Journal of Clinical Nutrition,*August 2013**
http://www.nature.com/ejcn/journal/v67/n8/index.html
Beyond weight loss: a review of the therapeutic uses of very-low-carbohydrate (ketogenic) diets
http://www.nature.com/ejcn/journal/v67/n8/abs/ejcn2013116a.html
Influence of additional criteria from a definition of cachexia on its prevalencegood or bad thing?
http://www.nature.com/ejcn/journal/v67/n8/abs/ejcn2013121a.html
Preoperative immunonutrition and its effect on postoperative outcomes in well-nourished and malnourished gastrointestinal surgery patients: a randomised controlled trial

http://www.nature.com/ejcn/journal/v67/n8/abs/ejcn2013117a.html
How important is the choice of the nutrient profile model used to regulate broadcast advertising of foods to children? A comparison using a targeted data set
http://www.nature.com/ejcn/journal/v67/n8/full/ejcn2013112a.html
Effects of whey proteins and carbohydrates on the efficacy of resistance trainingin elderly people: double blind, randomised controlled trial
http://www.nature.com/ejcn/journal/v67/n8/abs/ejcn201340a.html
Periodontal conditions in vegetarians: a clinical study
http://www.nature.com/ejcn/journal/v67/n8/full/ejcn2013101a.html
Clustering of multiple lifestyle behaviours and its association to cardiovascular risk factors in children: the IDEFICS study
http://www.nature.com/ejcn/journal/v67/n8/full/ejcn201384a.html

***Food Policy*, July 31, 2013 On-line First**
http://www.sciencedirect.com/science/journal/aip/03069192
The economics and nutritional impacts of food assistance policies and programs
http://www.sciencedirect.com/science/article/pii/S0306919213000778

***International Journal of Obesity*, August 2013**
http://www.nature.com/ijo/journal/v37/n8/index.html
Diet-induced obesity: dopamine transporter function, impulsivity and motivation
http://www.nature.com/ijo/journal/v37/n8/abs/ijo2012178a.html
Effects of fruit and vegetable, consumed in solid vs beverage forms, on acute and chronic appetitive responses in lean and obese adults
http://www.nature.com/ijo/journal/v37/n8/abs/ijo2012183a.html
Association of nutrition in early life with body fat and serum leptin at adult age
http://www.nature.com/ijo/journal/v37/n8/abs/ijo2012185a.html
Adolescents bullying and young adults body mass index and obesity: a longitudinal study
http://www.nature.com/ijo/journal/v37/n8/abs/ijo2012182a.html
Optimal scaling of weight and waist circumference to height for maximal association with DXA-measured total body fat mass by sex, age and race/ethnicity
http://www.nature.com/ijo/journal/v37/n8/abs/ijo2012201a.html

***Journal of the American Medical Association*, August 7, 2013**
http://jama.jamanetwork.com/issue.aspx
Traumatic Brain Injury: : An International Knowledge-Based Approach
http://jama.jamanetwork.com/article.aspx?articleid=1724285
Risk Factors Associated With Suicide in Current and Former US Military Personnel
http://jama.jamanetwork.com/article.aspx?articleid=1724276
JAMA Patient Page: Health Care Concerns After a Disaster
http://jama.jamanetwork.com/article.aspx?articleid=1724277

***Journal of the American Medical Association,*August 8, 2013 On-line First**
http://jama.jamanetwork.com/onlineFirst.aspx
Medicare Payment for Chronic Care Delivered in a Patient-Centered Medical Home
http://jama.jamanetwork.com/article.aspx?articleid=1725744

***JAMA- Internal Medicine*, August 7, 2013 On-line First**
http://archinte.jamanetwork.com/onlineFirst.aspx
Conflicts of Interest in the Regulation of Food Safety
http://archinte.jamanetwork.com/article.aspx?articleid=1725122
Conflicts of Interest in Approvals of Additives to Food Determined to Be Generally Recognized as Safe
http://archinte.jamanetwork.com/article.aspx?articleid=1725123

***Journal of the National Cancer Institute*, August 7, 2013**
http://jnci.oxfordjournals.org/content/105/15?etoc
HIV-Associated Lymphoma Survival has Not Improved During the Antiretroviral Therapy Era
http://jnci.oxfordjournals.org/content/105/15/NP.4.full
Cancer Incidence Among Specific Asian and Pacific Islander Populations in the Unites States
http://jnci.oxfordjournals.org/content/105/15/1073.extract
Cancer Incidence Trends Among Asian American Populations in the United States, 19902008
http://jnci.oxfordjournals.org/content/105/15/1096.abstract
Association Between Metformin Use and Risk of Prostate Cancer and Its Grade
http://jnci.oxfordjournals.org/content/105/15/1123.abstract

***Journal of Women's Health*, July 2013**
http://online.liebertpub.com/toc/jwh/22/7
Body Fat Distribution After Menopause and Cardiovascular Disease Risk Factors: Korean National Health and Nutrition Examination Survey 2010
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4035
Disparities in Women's Health Across a Generation: A MotherDaughter Comparison
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4143
Osteoporosis Screening: The Long Wait for Change
http://online.liebertpub.com/doi/abs/10.1089/jwh.2013.4395

***Lancet,*August 10, 2013**
http://www.thelancet.com/journals/lancet/issue/current
Associations of linear growth and relative weight gain during early life with adult health and human capital in countries of low and middle income: findings from five birth cohort studies
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60103-8/abstract
Nutrition-sensitive interventions and programs: how can they help to accelerate progress in improving maternal and child nutrition?

http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60843-0/abstract
The politics of reducing malnutrition: building commitment and accelerating progress
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60842-9/abstract

***Metabolism Clinical and Experimental*, August 2013**
http://www.metabolismjournal.com/current
Transfer of lipids to high-density lipoprotein (HDL) is altered in patients with familial hypercholesterolemia
http://www.metabolismjournal.com/article/S0026-0495(13)00055-3/abstract
Gender and body mass index modify the effect of increasing amounts of caffeinated coffee on postprandial glucose and insulin concentrations; a randomized, controlled, clinical trial
http://www.metabolismjournal.com/article/S0026-0495(13)00050-4/abstract

***Morbidity and Mortality Weekly Report*, August 9, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
CDC Grand Rounds: Public Health Approaches to Reducing U.S. Infant Mortality
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6231a3.htm?s_cid=mm6231a3_w
Vital Signs: Obesity Among Low-Income, Preschool-Aged Children United States, 20082011
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6231a4.htm?s_cid=mm6231a4_w

***New England Journal of Medicine*, August 8, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Glucose Levels and Risk of Dementia
http://www.nejm.org/doi/full/10.1056/NEJMoa1215740

***Nutrition in Clinical Practice*, August 2013**
http://ncp.sagepub.com/content/28/4.toc
Nutrition Management of Infants With Surgical Short Bowel Syndrome and Intestinal Failure
http://ncp.sagepub.com/content/28/4/421.abstract
Gastroparesis-From Concepts to Management
http://ncp.sagepub.com/content/28/4/437.abstract
Pediatric Nonalcoholic Fatty Liver Disease
http://ncp.sagepub.com/content/28/4/448.abstract
Commonly Used Nutrition Indicators Do Not Predict Outcome in the Critically Ill
A Systematic Review
http://ncp.sagepub.com/content/28/4/463.abstract
Blind Bedside Placement of Postpyloric Feeding Tubes by Registered Dietitians
Success Rates, Outcomes, and Cost Effectiveness
http://ncp.sagepub.com/content/28/4/506.abstract
Economic Impact of Switching From an Open to a Closed Enteral Nutrition Feeding System in an Acute Care Setting
http://ncp.sagepub.com/content/28/4/510.abstract

Computer Programming
Quality and Safety for Neonatal Parenteral Nutrition Orders
http://ncp.sagepub.com/content/28/4/515.abstract

***Nutrition in Clinical Practice*, August 6, 2013 On-line First**
http://ncp.sagepub.com/content/early/recent
Comparison of Predictive Equations and Measured Resting Energy Expenditure Among Obese Youth Attending a Pediatric Healthy Weight Clinic:
One Size Does Not Fit All
http://ncp.sagepub.com/content/early/2013/08/06/0884533613497237.abstract

***Nutrition Reviews*, August 2013**
http://onlinelibrary.wiley.com/doi/10.1111/nure.2013.71.issue-8/issuetoc
Beyond the Paleolithic prescription: incorporating diversity and flexibility in the study of human diet evolution
http://onlinelibrary.wiley.com/doi/10.1111/nure.12039/abstract
Dietary pattern analysis and biomarkers of low-grade inflammation: a systematic literature review
http://onlinelibrary.wiley.com/doi/10.1111/nure.12035/abstract

***Pediatrics*, August 2013**
http://pediatrics.aappublications.org/content/current
Patterns of Care and Persistence After Incident Elevated Blood Pressure
http://pediatrics.aappublications.org/content/132/2/e349.abstract
The Relationship Between Parents and Childrens Television Viewing
http://pediatrics.aappublications.org/content/132/2/e364.abstract
Estimating Overweight Risk in Childhood From Predictors During Infancy
http://pediatrics.aappublications.org/content/132/2/e414.abstract
Variation in Resource Use and Readmission for Diabetic Ketoacidosis in Childrens Hospitals
http://pediatrics.aappublications.org/content/132/2/229.abstract
Improving Screening for Cystic FibrosisRelated Diabetes at a Pediatric Cystic Fibrosis Program
http://pediatrics.aappublications.org/content/132/2/e512.abstract

***Pediatrics*, August 5, 2013 On-line First**
http://pediatrics.aappublications.org/content/early/recent
Sugar-Sweetened Beverages and Weight Gain in 2- to 5-Year-Old Children
http://pediatrics.aappublications.org/content/early/2013/07/31/peds.2013-0570.abstract
Rapid Changes in American Family Life: Consequences for Child Health and Pediatric Practice
http://pediatrics.aappublications.org/content/early/2013/07/31/peds.2013-0349.abstract

***Preventing Chronic Disease*- CDC, August 8, 2013**
http://www.cdc.gov/pcd/current_issue.htm
Assessing Public Policies and Assets That Affect Obesity Risk While Building New Public Health

Partnerships, New Hampshire, 2011
http://www.cdc.gov/pcd/issues/2013/12_0349.htm
Declines in Sugar-Sweetened Beverage Consumption Among Children in Los Angeles County, 2007 and 2011
http://www.cdc.gov/pcd/issues/2013/13_0049.htm

***Proceedings of the National Academy of Sciences*, August 5, 2013 On-line First**
http://www.pnas.org/content/early/recent
Influence of early-life nutrition on mortality and reproductive success during a subsequent famine in a preindustrial population
http://www.pnas.org/content/early/2013/07/31/1301817110.abstract

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http://www.eatright.org/positions/

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or send a blank email to leave-22228-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2033. RE: Availability - Locations for Spring /Summer 2014 Weight Management Programs

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 08, 2013 13:07:55
**Subject:** RE: Availability - Locations for Spring /Summer 2014 Weight Management Programs
**Attachment:** image001.png

---

Just got availability in for  Buffalo, New York on April 9-12.  Are you available on those days?

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, August 08, 2013 11:52 AM
**To:** Pearlie Johnson
**Subject:** Re: Availability - Locations for Spring /Summer 2014 Weight ManagementPrograms

Pearlie,  Here is my availability.  Thanks!
**March 9-12 available**

March 26-28 - Academy BOD meeting

April 30-May 2  - FAC Mtg and HOD Spring Virtual Meeting
**June 11-14 - available**

June 18-21 - **Could do June 20-21** (Foundation Board Mtg. on June 18-19

**June 24-28 - availabl**

**Donna S. Martin, EdS, RD, LD, SNS**
**Director School Nutrition Program**
**Burke County Board of Education**
**789 Burke Veterans Parkway**
**Waynesboro, GA  30830**

**706-554-5393 (office)**
**706-554-5655 (fax)**

**DMartin@Burke.k12.ga.us**

**"USDA Healthier US School Challenge GOLD award recipient"**

**e**
>>>Pearlie Johnson <PJohnson@eatright.org> 8/8/2013 12:43 PM >>>
Hello All,

We are beginning to explore options for Spring/Summer 2014 to schedule Childhood and Adolescent Weight Management Programs.  We have located hotel availability as noted below.  Please let me know if you are available.  We are looking to schedule one program in March/April and one in June 2014.  The locations will be selected based on faculty availability.

Annapolis, MD – March 9-12, 2014 or March 26-28, 2014

Providence, RI – April 30 – May 2, 2014

Indianapolis, IN – June 11-14, 2014

Columbus, OH – June 18-21, 2014 or June 24-28,2 014

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
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fax: 312-899-4772

pjohnson@eatright.org

2034. FNCE-at-a-Glance

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
**To:** Donna <dmartin@burke.k12.ga.us>
**Sent Date:** Aug 08, 2013 12:59:52
**Subject:** FNCE-at-a-Glance
**Attachment:**

---

FNCE at-a-Glance
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Connect With Us:

Thank you for registering to attend the 2013 Food &Nutrition Conference &Expo in Houston, Texas! We hope you find this issue of *FNCE-at-a-Glance* helpful to you as you plan your days at FNCE®.

5th Annual Journal Photo Contest: Deadline Extended to August 16, 2013

**There's still a few days left to submit your photo!**
The *Journal of the Academy of Nutrition and Dietetics* is accepting original submissions related to food, nutrition, and the dietetics profession from Academy members with an eye for photography. Enter your photo at journal@eatright.org

Earn Additional CPEUs from FNCE for a Fraction of the Cost

If you haven't already, be sure to take advantage of pre-FNCE pricing for the synchronized session captures. If you pre-order access to the session library now, you will save over $150 when compared with post-FNCE pricing. Just log back in to your registration profile here and pre-order your library access today! Simply log into your FNCE attendee account on the right side of the page and select the following path:

1. Select *Registration Details*.
2. Click the *Edit* button next to *Additional Selections*.
3. On the next screen go down to *Additional Purchases*, this is where you can purchase the FNCE 2013 Online Session Library.

Need a Professional Headshot?
Foundation Photo Shop at FNCE: Sunday, October 20

Sign up to have a professional headshot taken at FNCE. Sessions are $85, $65 for students. Participants will receive 10 photos to choose from. Space is limited and scheduling will be first come, first served. A special 10% discount is available for Kids Eat Right Campaign Members.

To register go to www.eatright.org/fnce.

Foundation's Kids Eat Right Gala: Monday, October 21, 2013

Enjoy a legendary evening of gourmet food, spectacular entertainment and dancing. The Gala is the social event of the conference. During the evening, you can mingle with industry professionals, Academy leaders and peer industry leaders all while supporting the Foundation of your profession.

To register for the Foundation Kids Eat Right Gala or to learn more about Foundation events at FNCE, visit http://www.eatright.org/FNCE/content.aspx?id=6442469305

FNCEThere's an app for that!

The Academy is excited to introduce the first ever Food &Nutrition Conference &Expo App for attendees and exhibitors! This **FREE** app is a great tool for you to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, and much more! Stay up-to-date on the latest announcements during FNCE with our app! Download it now!

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Become a Student Host at FNCE® 2013!

Student Members in eligible states and programs have the opportunity to serve as Student Hosts. All Student Hosts receive complimentary FNCE® registration in exchange for providing event assistance (for seven hours) during the conference. In addition to receiving complimentary registration, hosts receive a rare opportunity to help out behind the scenes and network with their peers as well as meet leaders in the field of dietetics. The application will be open August 5-30. To find out more information, please visit the Student Host information page or apply now!

Be Prepared When You Walk into the Expo Hall

Plan your time in the Expo Hall by visiting the FNCE® Web site, www.eatright.org/fnce. Here you will find more than 350 companies listed alphabetically, by booth number or by product category. Prepare for your FNCE Expo experience:

•Identify the products and services that will provide solutions for immediate or long-range issues you are facing in your job.

•Gather company and product information on all of 2013 FNCE exhibitors.
•Learn about products and latest trends in food, nutrition, diabetes management, clinical nutrition, and specialty foods.
•And More!

Find New Products at the New Product Showcase

The Academy of Nutrition and Dietetics has just made it easier to find new products before, during and after the show! The New Product Showcase is a virtual showcase that allows you to get a first look at new products from FNCE exhibitors! These products are online now and will stay online 3 months post-FNCE. This is your opportunity to see the latest trends and products in the food and nutrition industry. Check out the New Product Showcase today. Click here.

The Member Product MarketPlace

Are you an Academy member that owns their own product? If so, consider exhibiting at the Member Product MarketPlace. The Academy has extended the deadline to sign up and you won't want to miss participating in this exciting showcase. There is no greater opportunity to promote your products to over 8,500 of your peers. Not to mention, your company will be included in the first-ever FNCE App  talk about exposure. The Member Product MarketPlace will be Sunday, October 20, 2013, from 8 a.m.  4 p.m. in the 3rd Floor Foyer of the George R. Brown Convention Center across from the educational sessions and near the Skybridge Walkway. For more information and to read the prospectus, click here.

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2035. Availability - Locations for Spring /Summer 2014 Weight Management Programs

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** kathy.cobb@snet.net <kathy.cobb@snet.net>, Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, 'sotherms@pbrc.edu' <sotherms@pbrc.edu>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, dkibbe@gsu.edu <dkibbe@gsu.edu>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Hassink, Sandra <Sandra.Hassink@nemours.org>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
**Sent Date:** Aug 08, 2013 12:43:09
**Subject:** Availability - Locations for Spring /Summer 2014 Weight Management Programs
**Attachment:** image001.png

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Hello All,

We are beginning to explore options for Spring/Summer 2014 to schedule Childhood and Adolescent Weight Management Programs. We have located hotel availability as noted below. Please let me know if you are available. We are looking to schedule one program in March/April and one in June 2014. The locations will be selected based on faculty availability.

Annapolis, MD – March 9-12, 2014 or March 26-28, 2014

Providence, RI – April 30 – May 2, 2014

Indianapolis, IN – June 11-14, 2014

Columbus, OH – June 18-21, 2014 or June 24-28,2 014

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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pjohnson@eatright.org

2036. Daily News: Thursday, August 8, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 08, 2013 10:52:20
**Subject:** Daily News: Thursday, August 8, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service

**Would grocery shopping with a nutritionist help people eat healthier? Doctor and researcher Kristina Lewis plans to test this hypothesis**
http://www.atlantamagazine.com/agenda/2013/08/07/grocery-shopping-nutritionist-eat-healthier#sthash.Q9wEjkBN.dpuf
Related Resource: FNCE © 2013: Professional Skills and Career Management Track
-How Supermarket Dietitians Build Bridges to Impact Community Health
http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=39

**Could Hot Cocoa Improve Brainpower in Seniors?**
**Small early study hints it might help, but author says it's too soon to recommend nightly cup**
http://consumer.healthday.com/senior-citizen-information-31/misc-aging-news-10/study-links-hot-cocoa-to-improved-brain-function-in-seniors-679021.html

**Obese Kids More Likely to Have Asthma, With Worse Symptoms**
**Study analyzed medical records of more than 600,000 children**
http://consumer.healthday.com/respitory-and-allergy-information-2/asthma-news-47/asthma-and-obesity-679009.html
Source: *American Journal of Epidemiology*
http://aje.oxfordjournals.org/content/early/2013/07/25/aje.kwt093.abstract?sid=35533256-c415-4e86-bef7-fb1ec3a8b31e
Related Resource: *Journal of the Academy of Nutrition and Dietetics*

http://www.andjrnl.org/article/S2212-2672(12)01508-0/abstract

**A closer look at why child obesity rates may be falling**
http://www.usatoday.com/story/news/nation/2013/08/07/early-childhood-obesity/2627783/

**Gene Tied to Obesity in Humans**
**Study looked at CRTC1 gene, already associated with body weight in animals**
http://consumer.healthday.com/vitamins-and-nutritional-information-27/body-fat-health-news-300/briefs-emb-8-7-4pmet-gene-obesity-jama-psych-release-batch-867-678994.html
Source: *JAMA Psychiatry*
http://archpsyc.jamanetwork.com/article.aspx?articleid=1725658

**Food Additive Safety Often Determined by Those With Food Industry Ties: Study**
**Review finds strong conflict-of-interest issues in the approval process; experts call for changes**
http://consumer.healthday.com/public-health-information-30/ethics-health-news-747/safety-of-many-food-additives-determined-by-those-with-conflicts-of-interest-study-679010.html

**AHA GRAS attack reaction: Why self-affirmed GRAS is not GRAS lite**
http://www.foodnavigator-usa.com/Regulation/AHA-GRAS-attack-reaction-Why-self-affirmed-GRAS-is-not-GRAS-lite

**A Complex Story Behind Genes, Environment, Diabetes and Obesity**
http://www.sciencedaily.com/releases/2013/08/130807205007.htm
Source: *PLoS One*
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0070435

**Bariatric Surgery Changes Liver DNA**
(Bariatric surgery, known for its often striking metabolic effects including mitigation of nonalcoholic fatty liver disease, changes the expression of genes in the liver, researchers found)
http://www.medpagetoday.com/Endocrinology/MetabolicSyndrome/40867

**USDA/Economic Research Service**
**-Global meat consumption generally increases with higher incomes**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=39393&ref=collection

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details

**-Telehealth Intervention for Youth With T1DM**
http://clinicaltrials.gov/ct2/show/NCT01782547?term=competence+AND+dietitian&rank=6

**Registered Dietitians in the News**

**Healthy Lunches**
(Becky Gonter-Dray, RD featured)
http://www.wdtn.com/dpp/living_dayton/kitchen/healthy-lunches

**Serving food on heavier plates influences taste perceptions**
(By Sheah Rarback, RD)
http://www.miamiherald.com/2013/08/07/3548185/serving-food-on-heavier-plates.html#storylink=cpy

**Is Your Kitchen Toxic?**
(Julieanna Hever, RD featured)
http://news.ftcpublications.com/2013/08/video-is-your-kitchen-toxic/

**It's time to drink your veggies: Everything you need to know about juicing**
(Kathy Glazer, RD quoted)
http://www.wtop.com/109/3408657/Everything-you-need-to-know-about-juicing

**Unearthing the beauty of cauliflower**
(Marie Dini, RD quoted)
http://www.dailyherald.com/article/20130807/entlife/708079924/

**9 condiments that are good for you**
**Boost your health with a squeeze of this and dash of that**
(Tanya Zuckerbrot, RD quoted)
http://www.nbcnews.com/id/35990706/ns/health-diet_and_nutrition/t/condiments-are-good-you/

**Eat Fit NOLA works with New Orleans chefs to create heart-healthy menu items**
(Molly Kimball, RD quoted)
http://www.nola.com/dining/index.ssf/2013/08/eat_fit_nola_works_with_new_or.html

**Nebraska childhood obesity rates still a cause for concern**
(Shannon Frink, RD &Jazmin Yacaman RD quoted)
http://www.khastv.com/news/local/Despite-Nationwide-Improvement-Nebraska-Still-Seeing-Problems-With-Obesity-Rates-in-Children-218773771.html

**Best and worst foods for flat abs**
(Erin Palinski, RD quoted)

http://www.philly.com/philly/health/fitness/Best_and_worst_foods_for_flat_abs.html#3Uu2DEwgYjypBIjc.99

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2037. 08/08/13  ACH Check deposit notification (1 Pages)

**From:** sjackson@eatright.org
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Aug 08, 2013 10:28:24
**Subject:** 08/08/13  ACH Check deposit notification (1 Pages)
**Attachment:** report.pdf

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See Attached File

2038. Did you Know?

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 06, 2013 13:56:46
**Subject:** Did you Know?
**Attachment:**

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Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2039. July Board Update

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
**Sent Date:** Aug 06, 2013 10:38:59
**Subject:** July Board Update
**Attachment:** image001.png
K Mcclusky July  13 BOD Update.doc
Nutrition Education Research Fellow monthly project reports.docx
CDR Simulation Grant Mid-Term Report.docx

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Hello Academy Foundation BOD,

Attached is Kathy McClusky's July Update, the Quality Nutrition Education Project update along with the CDR Simulation Grant Mid-term Report.  Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2040. Daily News: Monday, August 5, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 05, 2013 11:02:12
**Subject:** Daily News: Monday, August 5, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service

**U.S. Obesity-Prevention Efforts Fall Short: Report**
**Hefty changes needed at all levels of government, Institute of Medicine says**
http://consumer.healthday.com/vitamins-and-nutritional-information-27/obesity-health-news-505/obesity-prevention-efforts-inadequate-in-u-s-report-678920.html
Source: IOM: Evaluating Obesity Prevention Efforts: A Plan for Measuring Progress
http://www.iom.edu/Reports/2013/Evaluating-Obesity-Prevention-Efforts-A-Plan-for-Measuring-Progress.aspx
Related Resource: Scroll down to Position and Practice Paper same topic:
The Role of Nutrition in Health Promotion and Chronic Disease Prevention
http://www.eatright.org/About/Content.aspx?id=6442460576

**Mobile Apps Take Their Toll on Weight Watchers**
**Dieters Are Using Free Smartphone Apps to Track Calories**
http://online.wsj.com/article/SB10001424127887324635904578644292876803814.html

**Antioxidant supplements 'don't help fertility'**
http://www.webmd.boots.com/fertility/news/20130805/antioxidant-supplements-fertility

**You'll work better if you take lunch at your desk: Employees who spend an hour in a restaurant have reduced brain function in the afternoon**
http://www.dailymail.co.uk/health/article-2382274/Employees-spend-hour-restaurant-reduced-brain-function-afternoon.html

Source: *PLOS One*
http://www.plosone.org/article/info:doi/10.1371/journal.pone.0070314

**China halts imports of New Zealand milk powder after botulism reports**
(Global dairy trade giant Fonterra said late last week it had sold contaminated New Zealand-made whey protein concentrate to eight customers in Australia, China, Malaysia, Vietnam, Thailand and Saudi Arabia for use in a range of products, including infant milk powder)
http://www.nbcnews.com/health/china-halts-imports-new-zealand-milk-powder-after-botulism-reports-6C10843043

**Changes in taste not related to tongue nerves, say researchers**
(Aging brings about distinct changes in taste preferences that appear to be independent of taste nerve activity on the tongue, according to new research in rats according to study presented at the Society for the Study of Ingestive Behaviors annual meeting)
http://www.foodnavigator.com/Science-Nutrition/Changes-in-taste-not-related-to-tongue-nerves-say-researchers

**Study: EMR Risk Stratification Can Reduce Readmissions**
http://www.healthcare-informatics.com/news-item/study-emr-risk-stratification-can-reduce-readmissions
Source: *British Medical Journal Quality &Safety*
http://qualitysafety.bmj.com/content/early/2013/07/31/bmjqs-2013-001901.short?g=w_qs_ahead_tab
Related Resource: Heart Failure Nutrition Evidence Analysis Project
http://andevidencelibrary.com/topic.cfm?cat=1398

**MedlinePlus : Latest Health News**
-Camping Sets Body Clock In Tune With Nature
Study found artificial light might be disrupting circadian rhythms
-Exercise Won't Ease Hot Flashes, Study Finds
But it did help a little with insomnia, depression, researchers report
-Peripheral Artery Disease on the Rise Worldwide
More than 200 million people have the condition, putting them at risk for heart attack and stroke
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Could Dietary Tweaks Ease Type 1 Diabetes?**
**Foods rich in amino and fatty acids may help preserve insulin production, study suggests**
(Elizabeth Mayer-Davis, RD quoted)
http://consumer.healthday.com/diabetes-information-10/diet-diabetes-news-178/special-diet-might-help-ease-type-1-diabetes-678589.html

**Healthy Eating, Good Night's Sleep Really Do Help Kids Learn**
**Experts explain importance of these habits to school success**
(Krista Casazza, RD quoted)
http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/briefs-emb-7-26-healthy-habits-school-uab-release-batch-852-678681.html

**Leading nutritionist says making your child clean their plate could give them an eating disorder**
(Maryann Jacobsen, RD quoted)
http://www.dailymail.co.uk/femail/article-2384361/Leading-nutritionist-says-making-child-clean-plate-eating-disorder.html?ito=feeds-newsxml

**Sugary Drinks Tied to Weight Troubles in Tots**
(Keith Ayoob, RD quoted)
http://www.medpagetoday.com/PrimaryCare/DietNutrition/40827

**Kardashian Post-Baby Bod Mag Cover Dangerous to Women**
(Lisa Young, RD &Jennifer McDaniel,RDN quoted)
http://theblot.com/kim-kardashian-post-baby-bod-is-insulting-to-women/

**Whats the best snack to eat before a workout?**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/whats-the-best-snack-to-eat-before-a-workout/article13580739/

**605 of 940 pass Nutritionist-Dietitian Licensure Exam  PRC (Philippines)**
http://www.gmanetwork.com/news/story/320357/news/nation/605-of-940-pass-nutritionist-dietitian-licensure-exam-prc

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**http://www.eatright.org/positions/**

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s&o=22144
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-22144-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2041. RE: Transfer from investment reserves

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 02, 2013 17:44:25
**Subject:** RE: Transfer from investment reserves
**Attachment:**

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You are one of the kindest people I have ever met!!!! Thank you for the complement. I have been truly blessed to work with people like you. Have a great weekend.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, August 02, 2013 2:27 PM
**To:** Paul Mifsud
**Subject:** RE: Transfer from investment reserves

You have such a way with words. I think you ought to write books when you retire. I totally understand about having good kids. So few people can say that about their children. I listen to Mary Russell talk about how her son has lost his way, and all the problems she has with him, and I am so thankful that I have never had to deal with those problems. I tell my kids all the time how appreciative I am of them, and how little trouble (actually none) they gave me growing up. I do not take much of the credit. I think they came into this world with good heads on their shoulders and I just kept them on the right path. Putting the time in when they are young, really does help in the long run. As adults they are terrific friends. Ages 28 and 31. Every stage they go through has its good points and you are embarking on a great stage. You will now see how all your hard work will pay off in spades. All you can do now is pray for them, listen to them, support them (financially, emotionally and spiritually) and love them unconditionally. I look forward to hearing how great he does on the field and in school. It can be done!

Donna S. Martin, EdS, RD, LD, SNS
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789 Burke Veterans Parkway
Waynesboro, GA 30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 8/2/2013 3:15 PM >>>
Donna,

You are right about my son. It is funny how he has been hanging around the house more. I think he is already beginning to “miss” us in some ways. He is a good kid and I hope he keeps his head on straight. More importantly, he needs to study!!! His soccer schedule will be brutal for the first few weeks. We drop him off at school a week from Monday. They grow up fast!! Your grandson will be off to school before you know it! Kids do take a lot of energy. Last week, in Kansas City, the coach’s 3 year old and 2 year old boys decided they liked me. Go figure. They kept me running for 3 days. What I got out of that was a very bad cold!! I have been sick ever since. I had forgotten what a pool of germs little kids are. I was never sick until my kids went to school. Then it seemed like I was sick for 18 years!! Oh well, the greatest thing is little children are blank canvases and we can help them become the great works of art God intended.

Have a great weekend and I will talk to you soon.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, August 02, 2013 1:58 PM
**To:** Paul Mifsud
**Subject:** Re: Transfer from investment reserves

Paul, Thank you for letting me know, and I absolutely remember that we were going to need $500,000 in the near future. I do not have any questions or concerns. The investment reserves news is great. I know you all are getting ready for your son to go off to college. It is such a bittersweet time. Just keep in mind, that this is exactly what you raised him to do! The good news about them going off to college,is that somehow the parents all of a sudden get much smarter in the children's eyes. I am keeping my 7 month old grandson by myself this weekend, so I will be ready to come back to work on Monday for sure. Even though he is so sweet, it is obvious to me why God did not intend for "old people" to have children. My goal is to keep him safe until they

return. My husband gets back from Ireland Saturday night, so he will be a lot of help after that. Have a good weekend!

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 8/2/2013 11:42 AM >>>
Donna,

As you may recall, we removed $500,000 from the reserves in July. At that time I mentioned we may need to move a total of $1,000,000. I anticipate we will need to move the remaining $500,000 next week. Let me know if you have any questions or concerns. Our cash is low, but sufficient to meet our needs in the short term. That being said, I don't want to get caught short and have to react quickly to any cash requirements. You can never tell when large bills may come up. When the request goes out to Segall, Bryant and Hamill, I will "cc" you on the request.

On a bright note; the combined investment reserves were up approximately $1,720,000 in July. A nice return for the Academy and the Foundation! Have a great weekend and if you have any questions, please let me know.

Paul

2042. RE: Transfer from investment reserves

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Aug 02, 2013 15:15:55
**Subject:** RE: Transfer from investment reserves
**Attachment:**

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Donna,

You are right about my son. It is funny how he has been hanging around the house more. I think he is already beginning to “miss” us in some ways. He is a good kid and I hope he keeps his head on straight. More importantly, he needs to study!!! His soccer schedule will be brutal for the first few weeks. We drop him off at school a week from Monday. They grow up fast!! Your grandson will be off to school before you know it! Kids do take a lot of energy. Last week, in Kansas City, the coach’s 3 year old and 2 year old boys decided they liked me. Go figure. They kept me running for 3 days. What I got out of that was a very bad cold!! I have been sick ever since. I had forgotten what a pool of germs little kids are. I was never sick until my kids went to school. Then it seemed like I was sick for 18 years!! Oh well, the greatest thing is little children are blank canvases and we can help them become the great works of art God intended.

Have a great weekend and I will talk to you soon.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, August 02, 2013 1:58 PM
**To:** Paul Mifsud
**Subject:** Re: Transfer from investment reserves

Paul, Thank you for letting me know, and I absolutely remember that we were going to need $500,000 in the near future. I do not have any questions or concerns. The investment reserves news is great. I know you all are getting ready for your son to go off to college. It is such a bittersweet time. Just keep in mind, that this is exactly what you raised him to do! The good news about them going off to college,is that somehow the parents all of a sudden get much smarter in the children's eyes. I am keeping my 7 month old grandson by myself this weekend, so I will be ready to come back to work on Monday for sure. Even though he is so sweet, it is obvious to me why God did not intend for "old people" to have children. My goal is to keep him safe until they return. My husband gets back from Ireland Saturday night, so he will be a lot of help after

that.  Have a good weekend!

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 8/2/2013 11:42 AM >>>
Donna,

As you may recall, we removed $500,000 from the reserves in July.  At that time I mentioned we may need to move a total of $1,000,000.  I anticipate we will need to move the remaining $500,000 next week.  Let me know if you have any questions or concerns.  Our cash is low, but sufficient to meet our needs in the short term.  That being said, I don't want to get caught short and have to react quickly to any cash requirements.  You can never tell when large bills may come up.  When the request goes out to Segall, Bryant and Hamill, I will "cc" you on the request.

On a bright note; the combined investment reserves were up approximately $1,720,000 in July.  A nice return for the Academy and the Foundation!  Have a great weekend and if you have any questions, please let me know.

Paul

2043. Transfer from investment reserves

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Patricia Babjak <PBABJAK@eatright.org>
**Sent Date:** Aug 02, 2013 11:42:19
**Subject:** Transfer from investment reserves
**Attachment:**

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Donna,

As you may recall, we removed $500,000 from the reserves in July. At that time I mentioned we may need to move a total of $1,000,000. I anticipate we will need to move the remaining $500,000 next week. Let me know if you have any questions or concerns. Our cash is low, but sufficient to meet our needs in the short term. That being said, I don't want to get caught short and have to react quickly to any cash requirements. You can never tell when large bills may come up. When the request goes out to Segall, Bryant and Hamill, I will "cc" you on the request.

On a bright note; the combined investment reserves were up approximately $1,720,000 in July. A nice return for the Academy and the Foundation! Have a great weekend and if you have any questions, please let me know.

Paul

2044. Daily News & Journal Review: Friday, August 2, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 02, 2013 11:11:42
**Subject:** Daily News & Journal Review: Friday, August 2, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

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**FDA issues new rules on gluten labeling**
**Finally, a precise definition on what "gluten-free" means: The food contains fewer than 20 parts per million of gluten**
http://www.usatoday.com/story/news/nation/2013/08/02/fda-gluten-free-labeling-rules/2610841/
Source: FDA
http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/Allergens/ucm362510.htm

**Smartphone cradle, app detect toxins**
(Researchers have transformed a smartphone into a handheld biosensor to run on-the-spot tests for food safety and more)
http://www.usatoday.com/story/tech/2013/08/01/cradle-app-biosensor/2608317/

**Fat-Cell 'Switch' May Determine Whether Body Stores Energy or Burns It**
**Scientists say finding has potential to lead to new obesity treatments**
http://consumer.healthday.com/vitamins-and-nutritional-information-27/body-fat-health-news-300/briefs-emb-8-1-4pmet-fat-cells-switch-molecular-endo-stanford-release-batch-855-678724.html
Source: *Molecular Endocrinology*
http://mend.endojournals.org/content/early/2013/08/01/me.2013-1037.abstract

**Behavior Tx Helps Older Patients Shed Pounds**
http://www.medpagetoday.com/PrimaryCare/Obesity/40790
Source: *Obesity*
http://onlinelibrary.wiley.com/doi/10.1002/oby.20506/abstract
Related Resource: MNT Business Practice Toolsscroll down to:
-*Meeting the Need for Obesity Treatment: A Toolkit for the RD/PCP Partnership*
https://www.eatright.org/shop/categories.aspx?id=6442451922

**What is gestational diabetes?**
http://www.cnn.com/2013/08/01/health/gestational-diabetes/index.html?hpt=he_c2
Related Resource: *Standards of Practice and Standards of Professional Performance: Steering the RD Career in Diabetes*
https://www.eatright.org/Shop/Product.aspx?id=6442476026

**Modest changes in overweight teens can reduce diabetes risk**
http://www.upi.com/Health_News/2013/07/31/Modest-changes-in-overweight-teens-can-reduce-diabetes-risk/UPI-35011375307909/

**FDA warns of massive diabetes test strip recall**
http://www.nbcnews.com/health/fda-warns-massive-diabetes-test-strip-recall-6C10812167

**Senate Holds Energy Drink Safety Hearing**
http://www.ktvn.com/story/23017744/senate-holds-energy-drink-safety-hearing

**Ground beef recalled after E. coli found**
http://www.nbcnews.com/health/ground-beef-recalled-after-e-coli-found-6C10817482

**MedlinePlus : Latest Health News**
-Anemia Might Raise Dementia Risk, Study Suggests
Screening elderly for the blood condition makes sense, researcher says
-Helping Men Resolve Conflicts About Prostate Cancer Screening
Printed or web-based materials are useful for informed decision-making, study finds
-New Clues About Hot Flashes and the Brain
Scientists say findings eventually may improve treatments
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Are dads beginning to rival moms for food purchase decisions?**
(Mary Young, RD quoted)
http://www.foodnavigator-usa.com/Markets/Are-dads-beginning-to-rival-moms-for-food-purchasing-decisions

**5 weight loss myths**
(Gayl Canfield, RD quoted)
http://www.cnn.com/2013/08/01/health/wrong-weight-loss-myths/index.html?hpt=he_c1

**Nutritional value of friendship**
(By Barbara Quinn, RD)
http://www.montereyherald.com/lifestyle/ci_23765511/nutritional-value-friendship?IADID=Search-www.montereyherald.com-www.montereyherald.com

**Sleep your way slim? It may not be that simple, but these 8 steps for better sleep just might help**
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/07/sleep_your_way_slim_it_may_not.html

**Journal Review**

Academy members can now obtain articles from the Journal Review for as little as $10 per article, which saves Members up to $20 per article.
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***Academys MNT Provider*, July 2013**
http://www.eatright.org/mntprovider/
-Academy addresses health promotion and chronic disease prevention in position and practice papers
-Free webinar on integrating the RD into primary care
-ICD- 10 Basic webinar available August 22, 2103
-Q &A: How does CMS defines primary care practitioner and primary care setting?
-Medicare allows additional hours for MNT what constitutes a change in diagnosis, condition or treatment?

***American Journal of Clinical Nutrition*, August 2013**
http://ajcn.nutrition.org/content/current
Health Canada's evaluation of the use of glycemic index claims on food labels
http://ajcn.nutrition.org/content/98/2/269.abstract
Association between water consumption and body weight outcomes: a systematic review
http://ajcn.nutrition.org/content/98/2/282.abstract
Prospective associations between sugar-sweetened beverage intakes and cardiometabolic risk factors in adolescents
http://ajcn.nutrition.org/content/98/2/327.abstract
Breaking prolonged sitting reduces postprandial glycemia in healthy, normal-weight adults: a

randomized crossover trial
http://ajcn.nutrition.org/content/98/2/358.abstract
Caloric effect of a 16-ounce (473-mL) portion-size cap on sugar-sweetened beverages served in restaurants
http://ajcn.nutrition.org/content/98/2/430.abstract
Eating patterns and type 2 diabetes risk in older women: breakfast consumption and eating frequency
http://ajcn.nutrition.org/content/98/2/436.abstract
Fruit and vegetable consumption and all-cause mortality: a dose-response analysis
http://ajcn.nutrition.org/content/98/2/454.abstract
Relevance of dietary iron intake and bioavailability in the management of HFE hemochromatosis: a systematic review
http://ajcn.nutrition.org/content/98/2/468.abstract
Weight-loss diets in people with type 2 diabetes and renal disease: a randomized controlled trial of the effect of different dietary protein amounts
http://ajcn.nutrition.org/content/98/2/494.abstract

***American Journal of Clinical Nutrition*, August 2013 Supplement**
Bringing Science to Early Life Nutrition
http://ajcn.nutrition.org/content/98/2.toc#SupplementBringingSciencetoEarlyLifeNutrition
Can we define an infant's need from the composition of human milk?
http://ajcn.nutrition.org/content/98/2/521S.abstract
Variability in human milk composition: benefit of individualized fortification in very-low-birth-weight infants
http://ajcn.nutrition.org/content/98/2/529S.abstract
Effects of long-chain PUFA supplementation in infant formula on cognitive function in later childhood
http://ajcn.nutrition.org/content/98/2/536S.abstract
The role of dietary fatty acids for early human adipose tissue growth
http://ajcn.nutrition.org/content/98/2/549S.abstract

***American Journal of Epidemiology*, August 1, 2013**
http://aje.oxfordjournals.org/content/178/3?etoc
Changes in Fish Consumption in Midlife and the Risk of Coronary Heart Disease in Men and Women
http://aje.oxfordjournals.org/content/178/3/382.abstract.html?etoc
A Novel Fatty Acid Profile Indexthe Lipophilic Indexand Risk of Myocardial Infarction
http://aje.oxfordjournals.org/content/178/3/392.abstract.html?etoc
Hypospadias and Maternal Intake of Phytoestrogens
http://aje.oxfordjournals.org/content/178/3/434.abstract.html?etoc
Association of Adiposity Genetic Variants With Menarche Timing in 92,105 Women of European Descent

http://aje.oxfordjournals.org/content/178/3/451.abstract.html?etoc
Parent-Reported Height and Weight as Sources of Bias in Survey Estimates of Childhood Obesity
http://aje.oxfordjournals.org/content/178/3/461.abstract.html?etoc

***American Journal of Lifestyle Medicine,*****Online First, July 30, 2013**
http://ajl.sagepub.com/content/early/recent
Nutrition for a Healthy Pregnancy
http://ajl.sagepub.com/content/early/2013/07/26/1559827613498695.abstract

***Current Opinion in Nutrition and Metabolic Care*****, Published Ahead of Print, July 25, 2013**
http://journals.lww.com/co-clinicalnutrition/toc/9000/00000
Obesity paradox and the heart: which indicator of obesity best describes this complex relationship?
http://journals.lww.com/co-clinicalnutrition/Abstract/publishahead/Obesity_paradox_and_the_heart___which_indicator_of.99605.aspx
Dietary assessment methods for older persons: what is the best approach?
http://journals.lww.com/co-clinicalnutrition/Abstract/publishahead/Dietary_assessment_methods_for_older_persons__.99606.aspx

***European Journal of Nutrition*****, Online First, July 27, 2013**
http://link.springer.com/journal/394/onlineFirst/page/1
Diet, cognition, and Alzheimer's disease: food for thought
http://link.springer.com/article/10.1007%2Fs00394-013-0561-3

***ICAN: Infant, Child, &Adolescent Nutrition,*****Online First, July 29, 2013**
http://can.sagepub.com/content/early/recent
Framing Food and Diabetes
Exploring the Perspectives of Youth With Type 1 Diabetes Through Photography
http://can.sagepub.com/content/early/2013/07/31/1941406413500526.abstract
Glycemic Index, Glycemic Load, and Blood Glucose Outcomes in Adolescents With Type 1 Diabetes Mellitus
http://can.sagepub.com/cgi/content/abstract/1941406413498414v1

***JAMA: Internal Medicine,*****Online First, July 29, 2013**
http://archinte.jamanetwork.com/onlineFirst.aspx
Age-Related Kidney Transplant Outcomes: Health Disparities Amplified in Adolescence
http://archinte.jamanetwork.com/article.aspx?articleID=1722507&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=ArchivesofInternalMedicine%3AOnlineFirst07%2F29%2F2013

***Journal of Culinary Science &Technology,*****Volume 11 Number 3, 2013**
http://www.tandfonline.com/toc/wcsc20/current
The Use of Herbs, Spices, and Whey Proteins as Natural Flavor Enhancers and Their Effect on the Sensory Acceptability of Reduced-Salt Chilled Ready-Meals
http://www.tandfonline.com/doi/full/10.1080/15428052.2013.769869

***Journal of Human Nutrition and Dietetics*****, August 2013**
http://onlinelibrary.wiley.com/doi/10.1111/jhn.2013.26.issue-4/issuetoc
British Dietetic Association evidence-based guidelines for the protein requirements of adults undergoing maintenance haemodialysis or peritoneal dialysis
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12052/abstract
Effect of dietary interventions in the maintenance of normoglycaemia in glycogen storage disease type 1a: a systematic review and meta-analysis
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12030/abstract
Coeliac disease: the path to diagnosis and the reality of living with the disease
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12009/abstract
Nutritional inadequacies of the gluten-free diet in both recently-diagnosed and long-term patients with coeliac disease
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12018/abstract
Improving the dietary intake of under nourished older people in residential care homes using an energy-enriching food approach: a cluster randomised controlled study
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12020/abstract
Weight bias among UK trainee dietitians, doctors, nurses and nutritionists
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12019/abstract

***Morbidity and Mortality Weekly Report*****(MMWR), August 2, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Notes from the Field: Use of Electronic Messaging and the News Media to Increase Case Finding During a Cyclospora Outbreak Iowa, July 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6230a4.htm?s_cid=mm6230a4_w

***National Hunger Clearinghouse,*** **July 2013**
http://www.whyhunger.org/getinfo/showArticle/articleId/3282
Theme- U.S. Hunger and Nutrition
http://www.whyhunger.org/portfolio?topicId=8

***New England Journal of Medicine,*****August 1, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Measuring the Global Burden of Disease
http://www.nejm.org/doi/full/10.1056/NEJMra1201534?query=TOC
Correspondence

Weight Loss in Persons with Serious Mental Illness
http://www.nejm.org/doi/full/10.1056/NEJMc1306994?query=TOC

***Nutrition Research*, Online First July 23, 2103**
Higher glycemic index and glycemic load diet is associated with increased risk of esophageal squamous cell carcinoma: a case-control study
http://www.sciencedirect.com/science/article/pii/S0271531713001462

***Nutrition Research,*August 2013**
http://www.sciencedirect.com/science/journal/02715317/33/8
Current clinical status on the preventive effects of cranberry consumption against urinary tract infections
http://www.sciencedirect.com/science/article/pii/S0271531713001280
Red yeast rice improves lipid pattern, high-sensitivity C-reactive protein, and vascular remodeling parameters in moderately hypercholesterolemic Italian subjects
http://www.sciencedirect.com/science/article/pii/S0271531713001255
Regional, but not total, body composition changes in overweight and obese adults consuming a higher protein, energy-restricted diet are sex specific
http://www.sciencedirect.com/science/article/pii/S027153171300122X

***Todays Dietitian*, August 2013**
http://www.todaysdietitian.com/current_issue.shtml
Get Clients Cooking!
http://www.todaysdietitian.com/newarchives/080113p28.shtml
Shifting Directions  Learn About a New Diabetes Drug That Targets the Kidney to Improve Blood Glucose Control
http://www.todaysdietitian.com/newarchives/080113p34.shtml
Older Adults and Obesity  Is Dieting the Answer?
http://www.todaysdietitian.com/newarchives/080113p44.shtml
Gestational Diabetes
http://www.todaysdietitian.com/newarchives/080113p48.shtml

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**http://www.eatright.org/positions/**

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or send a blank email to leave-22119-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2045. Academy President Dr. Glenna McCollum, MPH,RDN

**From:** crice@eatright.org
**To:** dmartin@burke.K12.ga.us
**Sent Date:** Aug 02, 2013 11:10:51
**Subject:** Academy President Dr. Glenna McCollum, MPH,RDN
**Attachment:**

---

Correspondence from Academy President Dr. Glenna McCollum, MPH, RDN follows.

---

**DATE:** **August 2, 2013**

**TO:** **House of Delegates**

**FROM:** **Dr. Glenna McCollum, MPH, RDN**
**President 2013-2014**
**The Academy of Nutrition and Dietetics**

As a member-led organization, our collaborative leadership is vital to the future success of our profession. Like the century of leaders before us, what we do, what we say, the challenges we are willing to embrace, the risks we are willing to take, and the leadership we demonstrate together, will impact the health of our nation and determine the opportunities of our profession for generations to come. Your leadership is crucial. The voice you have and the example you set will *empower our members to be the food and nutrition leaders.* Thus, I have three things to ask of you

as you provide leadership in 2013-2014.

**YOUR TIME: BE PURPOSEFUL**

Begin with the end in mind. Whether at work, leading a team or completing a project, be efficient and effective by making the complex simple. Keep the Academy's mission and vision at the forefront of your mind and your work, and share them often with those around you.

The new name of the Academy of Nutrition and Dietetics and the new optional credential of the registered dietitian nutritionist (RDN) are helping to position our profession at the top of the list when our nation seeks leaders who can help improve the health of our nation. As CNNMoney indicated in its 2011 online article, dietetics ranks third among *professions most likely to change the world for the better.* Embrace the positive opportunities we have to do just that.

**YOUR TREASURE: SET THE EXAMPLE**

The Academy is *our* organization and nutrition and dietetics is *our* profession, but we didn't get here alone! In a century of rich history, our history *Carry the Flame* reminds us that we stand on the shoulders of giants – of women and men who had a vision for a healthy nation and were willing to work hard, take action, fight for policy changes, contribute financially and create a legacy. Our leaders nearly 100 years ago made an investment in us by creating a profession to be proud of, and to benefit from.

And now, it is our turn to be investors: The next generations will stand on our shoulders. What we do together now makes a difference and creates our legacy. I'm asking you as a leader to set an example by becoming a philanthropist for our profession and contributing to our policy initiatives.

Set an example as a leader:

- **Join the EatRight Society.** Make a $250 tax deductible donation to the Academy's Foundation in support of research, scholarships, Kids Eat Right and so much more.
- **Join the President's Circle.** Make a $250 contribution to the Academy's Political Action Committee. With nutrition and dietetics as our profession, politics must be our passion.
- **Young Professionals and Students: Begin your investment now.** Make a $50 donation to the Foundation and a contribution to ANDPAC. By doing so, you make investment in the professional organization whose future belongs to you.

**YOUR TALENTS: HELP OTHERS LEAD**

Speaking "from leader to leader," thank you to all members for sharing your talents and expertise with the Academy. When you take an active leadership role, you can do much toward realizing your dreams and passions. In the words of Warren Bennis, a pioneer in the field of leadership studies: "The process of becoming a leader is much the same as the process of becoming an integrated human being. For the leader, as for the integrated person, life itself is the career" (Basic Books 2009).

**CATALYTIC LEADERSHIP**

As you lead by example, I also ask you to be a catalyst for others. Encourage your colleagues. Inspire our young professionals. Include our diverse members. For we know a mere encounter with *catalytic leadership* can provide an “ah-ha” moment, unveiling a part of ourselves perhaps hidden from us before. These moments change us! So I ask you to be the one to bring forth the best and greatest potential in those around you as you lead. Be a *catalytic leader.*

As I serve as President for the Academy during 2013-2014, the mission, vision, values and goals will be my purpose. In addition, there are five specific areas of importance to me:

1. Increased involvement by our students and young professionals in leadership,
2. Enhanced utilization of our experienced leaders, particularly in external positions of influence,
3. Implementing the tenants of the Visioning Report,
4. Increased Collaboration, Leadership, Innovation, Mentorship, and Balance (CLIMB) throughout our organization and our profession,
5. Determining the Academy’s role in resolving the global food crisis (feeding 9 billion people by 2050 requiring a 70-80% increase in worldwide crop production).

Thank you for your willingness to serve and to give of your volunteer time, your treasure and professional talents. As we move into the future, I look forward to creating a lasting legacy with you – for our nation and for our profession.

2046. Letter to Committee, Sub-committee, Task Force and Workgroup Members

**From:** Harold Holler <HHOLLER@eatright.org>

**To:** Chris Rosenbloom (chrisrosenbloom@gmail.com) <chrisrosenbloom@gmail.com>, Jana Kicklighter <jkicklighter@gsu.edu>, Linda Rocafort (lindarocafort@yahoo.com) <lindarocafort@yahoo.com>, Margaret Tate (mjtate@cox.net) <mjtate@cox.net>, Valeree Williams (vmwilliams15@yahoo.com) <vmwilliams15@yahoo.com>, Catherine Christie (c.christie@unf.edu) <c.christie@unf.edu>, Suzy Weems <suzy_weems@baylor.edu>, Bill Swan (tabillos@gmail.com) <tabillos@gmail.com>, Karen Ehrens (karen@ehrensconsulting.com) <karen@ehrensconsulting.com>, Kay Mavko (kmavko@columbus.rr.com) <kmavko@columbus.rr.com>, Paula Ritter-Gooder (pgooder@windstream.net) <pgooder@windstream.net>, Peggy Turner (peggy-turner@ouhsc.edu) <peggy-turner@ouhsc.edu>, Margaret Dittloff (mkdittloff@yahoo.com) <mkdittloff@yahoo.com>, Nadine Fisher (rf0619@mchsi.com) <rf0619@mchsi.com>, Deirdra Chester (dnchester@nifa.usda.gov) <dnchester@nifa.usda.gov>, Judy Dodd <jdoddrd@aol.com>, Jane V. White <jwhite13@utk.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Ethan Bergman <bergmane@cwu.edu>, Brenda Richardson (brendar10@juno.com) <brendar10@juno.com>, Jaime Lynn Lewis (contemporarynutrition@hotmail.com) <contemporarynutrition@hotmail.com>, Becky Sulik (becky@idahomed.com) <becky@idahomed.com>, Tamara Randall (tlk3@case.edu) <tlk3@case.edu>

**Cc:** 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, Donna Wickstrom <dwickstrom@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Diane Juskelis <DJuskelis@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Diane Moore-Enos <dmoore@eatright.org>, Mujahed Khan <mkhan@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Juliana Smith <Jsmith@eatright.org>, Kay Howarter <KHowarter@eatright.org>, Lindsey Hoggle <LHoggle@eatright.org>, William Murphy <WMurphy@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Jim Weinland <jweinland@eatright.org>

**Sent Date:** Aug 02, 2013 10:06:30

**Subject:** Letter to Committee, Sub-committee, Task Force and Workgroup Members

**Attachment:** image007.jpg
image009.jpg
image001.jpg
image002.jpg

Correspondence from Academy President Dr. Glenna McCollum, MPH, RDN follows and should be shared with your committee, sub-committee, task force and workgroup members.

**Harold J. Holler, RDN, LDN**

*Vice President, Governance &Practice*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org
www.eatright.org

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**DATE:** **August 2, 2013**

**TO:** **Committee, Sub-committee, Task Force and Workgroup Members**

**FROM:** **Dr. Glenna McCollum, MPH, RDN**

**President 2013-2014**

**The Academy of Nutrition and Dietetics**

As a member-led organization, our collaborative leadership is vital to the future success of our profession. Like the century of leaders before us, what we do, what we say, the challenges we are willing to embrace, the risks we are willing to take, and the leadership we demonstrate together, will impact the health of our nation and determine the opportunities of our profession for generations to come. Your leadership is crucial. The voice you have and the example you set will *empower our members to be the food and nutrition leaders.* Thus, I have three things to ask of you as you provide leadership in 2013-2014.

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2. Enhanced utilization of our experienced leaders, particularly in external positions of influence,

3. Implementing the tenants of the Visioning Report,

4. Increased Collaboration, Leadership, Innovation, Mentorship, and Balance (CLIMB) throughout our organization and our profession,

5. Determining the Academy’s role in resolving the global food crisis (feeding 9 billion people by 2050 requiring a 70-80% increase in worldwide crop production).

Thank you for your willingness to serve and to give of your volunteer time, your treasure and professional talents. As we move into the future, I look forward to creating a lasting legacy with you – for our nation and for our profession.

2047. 2014 Presidents' Lecture Selection (DUE: Friday, August 16)

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Diane Moore-Enos <dmoore@eatright.org>
**Sent Date:** Aug 02, 2013 09:00:03
**Subject:** 2014 Presidents' Lecture Selection (DUE: Friday, August 16)
**Attachment:** image003.jpg

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At the May 2013 Board of Directors meeting, you selected the topic of *Public-Private Partnerships* as the 2014 Presidents' Lecture. We have developed an online survey to gather your prioritization of proposed speakers. Please provide your input by **Friday, August 16** using the following link: http://www.surveymonkey.com/s/2014PresidentsLecture

We look forward to your input!

Regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2048. 08/01/13  ACH Check deposit notification (1 Pages)

**From:** sjackson@eatright.org
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Aug 01, 2013 13:11:26
**Subject:** 08/01/13  ACH Check deposit notification (1 Pages)
**Attachment:** report.pdf

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See Attached File

2049. Daily News: Thursday, August 1, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Aug 01, 2013 11:02:02
**Subject:** Daily News: Thursday, August 1, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service

**Most U.S. Babies Are Now Breast-Fed, CDC Says**
**Rate of infants who were ever breast-fed rose to 77 percent by 2010, report shows**
http://consumer.healthday.com/caregiving-information-6/infant-and-child-care-health-news-410/most-u-s-babies-are-now-breast-fed-cdc-says-678792.html
Source: CDC
http://www.cdc.gov/breastfeeding/data/NIS_data/index.htm

**House Plan on Food Stamps Would Cut 5 Million From Program**
http://www.nytimes.com/2013/07/31/us/politics/house-plan-on-food-stamps-would-cut-5-million-from-program.html?_r=0

**Front-of-pack nutrition labels have little impact on consumer choice: Study**
http://www.foodnavigator.com/Science-Nutrition/Front-of-pack-nutrition-labels-have-little-impact-on-consumer-choice-Study
Source: *Appetite*
http://www.sciencedirect.com/science/article/pii/S0195666313003334

**A Glass of Milk After Eating Sugary Cereals May Prevent Cavities**
http://www.sciencedaily.com/releases/2013/07/130731164718.htm
Source: *Journal of the American Dental Association*
http://jada.ada.org/content/144/7/815.abstract?sid=c0f909b2-9e44-44f1-88e4-eec0139417fc
Related Resource: Academy Position Paper - Oral Health and Nutrition

http://www.eatright.org/About/Content.aspx?id=8384

**Zero calorie pasta? No, actually it has seven calories, says UK advertising watchdog**
http://www.foodnavigator.com/Legislation/Zero-calorie-pasta-No-actually-it-has-seven-calories-says-UK-advertising-watchdog

**Making the Case for Eating Fruit**
http://well.blogs.nytimes.com/2013/07/31/making-the-case-for-eating-fruit/?ref=health
Related Resource: CDC - State Indicator Report on Fruits and Vegetables 2013
http://www.cdc.gov/obesity/resources/reports.html

**Fruit breeder hits the sweet spot with Cotton Candy grapes**
**David Cain's latest invention is part of a designer-fruit craze in which farmers try to create the next Cuties Clementine orange or Honeycrisp apple.**
http://www.latimes.com/business/la-fi-cotton-candy-grape-20130801,0,3456231.story

**MedlinePlus : Latest Health News**
-Blood Pressure Swings Could Be Linked to Mental Decline: Study
Controlling fluctuations may help keep the mind sharp, experts say
-In Mice, Diabetes Drug Metformin Tied to Longer, Healthier Lives
Study corroborates other research showing the drug may have benefits beyond diabetes care
-Kids With Autism Benefit From Early Intervention, Regardless of Method
Study found similar improvement among preschoolers in different types of programs
-Diabetes Doesn't Seem to Affect Alzheimer's Disease Progression
Study looked at seniors' blood sugar tests along with their brain scans
http://www.nlm.nih.gov/medlineplus/healthnews.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Meta-analyses of Dietary Pulses and Cardiometabolic Risk**
http://clinicaltrials.gov/ct2/show/NCT01594567?term=NCT01594567&rank=1

**Registered Dietitians in the News**

**The best and worst beers for athletes**
(Joy Dubost, Academy Spokesperson quoted)
http://www.foxnews.com/health/2013/08/01/best-and-worst-beers-for-athletes/#ixzz2aj17xKzx

**Tips to avoid the 'freshman 15'**
(Kristi King, Academy Spokesperson quoted)
http://muscatinejournal.com/lifestyles/health-med-fit/tips-to-avoid-the-freshman/article_241fb6ca-d4a9-5148-a0cf-039bf9d326a2.html

**Nutrition for Today: Reach for correct 100-calorie snacks**
(By Susie Bond, RD)
http://www.floridatoday.com/article/20130731/HEALTH/307310044/Nutrition-Today-Reach-correct-100-calorie-snacks?nclick_check=1

**Children growing at Gardeneering Camp**
(Holly Larson, RD &Dietetic Interns, Kara Lichtenberg, Katherine Mohr and Courtney Pearce all quoted/cited)
http://www.oxfordpress.com/news/lifestyles/children-growing-at-gardeneering-camp/nY85b/#sthash.BTHyRzS7.dpuf

**Hoosiers encouraged to wash produce as infectious outbreak spreads**
(Kim Galeaz, RD quoted)
http://fox59.com/2013/07/31/hoosiers-encouraged-to-wash-produce-as-infectious-outbreak-spreads/#ixzz2aj2kggXS

**Doctor, dietitian discuss heart health in light of radio host's death**
(Cynthia Kleckner, RD quoted)
http://carrolltonleader.com/articles/2013/07/31/news_update/0743.txt

**'Tips' to lose weight and save money**
(By Jill Koegel, RD)
http://www.omaha.com/article/20130731/LIVEWELL02/130739836

**Dont self-sabotage your diet with healthy toppings  make them the centre of your meals**
(By Jennifer Sygo, Dietitian/Canada)
http://life.nationalpost.com/2013/07/31/jennifer-sygo-dont-self-sabotage-your-diet-with-healthy-toppings-make-them-the-centre-of-your-meals/

**The Academys Position Papers and Practice Papers are available at:**
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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-22083-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2050. Eat Right Weekly - July 31, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 31, 2013 14:30:09
**Subject:** Eat Right Weekly - July 31, 2013
**Attachment:**

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Eat Right Weekly
July 31, 2013

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## On the Pulse of Public Policy

Fight Obesity Today: Expand Medicare Coverage to Include RDNs

The Academy is calling on every member to stand up against obesity and help seniors stay healthy. Contact your members of Congress today and urge them to support the Treat and Reduce Obesity Act, which expands Medicare to allow registered dietitian nutritionists, among others, to independently bill for intensive behavioral therapy for obesity.

Learn More >>
Treat and Reduce Obesity Act Sponsor, Senator Carper, Visits the Academy

Thanks to the Academy's Political Action Committee, Senator Tom Carper (Del.) attended an event at the Academy last week with Academy Past-President Ethan Bergman, PhD, RDN, CD, FADA, and experts from the obesity community to discuss nutrition health care policy.

Learn More >>
Incentivizing Healthy Food Purchases Lead to Improved Dietary Choices

Recent data from USDA indicates that improving dietary choices can be achieved by incentivizing the purchase of healthy foods. Federal and state incentive programs piggy-back on the Farm Bill's

Supplemental Nutrition Assistance Program (SNAP) to improve dietary choices among low socio-economic populations.

Learn More >>
Awaiting CMS Final Rule on RD-Ordering of Therapeutic Diets

CMS has yet to finalize its proposed rule from February that would allow registered dietitian nutritionists in hospitals to order therapeutic diets. The Academy anticipates a final rule will be issued later this year and will continue to keep members apprised of developments. In April the Academy supported this rule and urged CMS to create strong, clear definitions that ensure patient safety and quality care when ordering therapeutic diets.

Academy Stands Up for Food Safety Rule, Opposes Change in Bariatric Surgery Facility Certification

The Academy submitted comments to the Food Safety and Inspection Service supporting its cooperative, iterative Hazard Analysis &Critical Control Points (HACCP) systems validation proposed rule, which was developed in conjunction with food processors and food safety advocates. In addition, the Academy opposed CMS's national coverage analysis decision to eliminate the designation for bariatric surgery "Centers of Excellence." The Academy highlighted that insufficient quality of data was provided to warrant its elimination.

Learn More >>
Academy Supports Bipartisan Efforts by Congressional Leaders

The Academy's Political Action Committee recently opened the door for staff to meet with representatives of members of the "Mod Squad," a group of moderate Senators committed to developing bipartisan solutions to some of our nation's most urgent policy concerns. Academy staff discussed such issues as the importance of Farm Bill nutrition programs and diabetes prevention with staff from the offices of Senators Mark Begich (Ala.), Robert Casey (Pa.), Kay Hagan (N.C.), Bill Nelson (Fla.) and Mark Udall (Colo.).

Learn More >>
First Came Health Care Safety, Now There Is Health *IT* Safety!

Academy members are likely aware of health care safety discussions. As health care goes digital, members need to understand there are health IT safety concerns. Health and Human Services released a Health IT Patient Safety and Surveillance Plan to ensure new technologies make health care safer.

Learn More >>
Are Sequestration or Drug Shortages Impeding Your Work? We Need Your Story

Members' voices are vital in illustrating how sequestration or drug shortages personally affect your job and your clients and patients. The Academy wants to relay your stories to Congress and the Food and Drug Administration to effect positive change.

Learn More >>

## CPE Corner

FNCE: All the Education in One Place

Educational and professional development will be happening everywhere at the Food &Nutrition Conference &Expo.

Learn More >>

Webinar: Why Social Media Ethics Apply to You in Nutrition and Dietetics

The growth and prevalent use of social media poses unique challenges to legal and ethical behavior in dietetics practice. An August 21 webinar will assist members in identifying appropriate applications of social media that avoid legal and ethical problems in practice.

Learn More >>

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

Learn More >>

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

Learn More >>

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

Registration Exam: Take the Next Step

Take the next step in your career path by preparing for the registration exam. The Academy's *Student Exam Prep* covers all domains from the Registration Examination for Dietitians and helps your brush up on your skills and knowledge. Save 10 percent in July.

Learn More >>
Brush Up on Skills and Knowledge, Earn CPE

Whether you're looking to get ahead in your position or considering a new area of specialty, the Academy's *Professional Skills Review* can help. Earn up to 25 CPEUs while refreshing your skill set. Save 10 percent in July.

Learn More >>
Infant and Pediatric Specialty Nutrition Conference

The registered dietitian team in the department of patient food and nutrition services at the University of Michigan's C.S. Mott Children's Hospital invites Academy members to register for the Infant and Pediatric Specialty Nutrition Conference, to be held November 4 and 5 in Ann Arbor, Mich.

Learn More >>

## Academy Member Updates

Your Photo Could Be on the *Journal* Cover

The *Journal of the Academy of Nutrition and Dietetics'* fifth annual photo contest is accepting original submissions from Academy members relating to food, nutrition and the dietetics profession. The application deadline has been extended to August 16.

Learn More >>
Award-Winning Member Recognized by Obesity Society

Academy member Catherine M. Champagne, PhD, professor and chief of nutritional epidemiology/dietary assessment and nutrition counseling at the Pennington Biomedical Research Center at Louisiana State University System, recently was featured in The Obesity Society's monthly e-newsletter section on TOS Fellow accomplishments and career updates. Champagne was recognized as the recipient of the 2013 Excellence in Weight Management Outcomes Research Award presented by the Academy's Weight Management dietetic practice group.

## Philanthropy, Awards and Grants

Kids Eat Right Hunger in Our Community Mini-Grant Opportunity

To support the use of the Kids Eat Right Hunger in Our Community toolkit, 25 $200 grants are available.

Learn More >>
July Kids Eat Right Everyday Heroes

Read about the Kids Eat Right members who are making a difference for children each day.

Learn More >>
Why Donate to Foundation's FNCE Silent Auction?

Thanks to generous supporters like you, the Academy Foundation's Silent Auction raised more than $12,000 at last year's Food &Nutrition Conference &Expo.

Learn More >>
Foundation's Student Stipends Allow Tomorrow's RDNs to Attend FNCE

The Foundation is able to award student stipends to attend the Food &Nutrition Conference &Expo thanks to the generosity of dietetic practice groups, state affiliates and individual Academy members.

Learn More >>

Kids Eat Right Breakfast Series at FNCE

Breakfast really is the most important way to start your day, including at the Food &Nutrition Conference &Expo. Join the Foundation for engaging discussions devoted to helping kids and families start their day right, while you enjoy a nutritious, energizing meal.

Learn More >>
Hunger Webinars Archived for Viewing

Kids Eat Right recently hosted a series of six hunger webinars as part of the Future of Food project. In collaboration with Feeding America through an educational grant from the National Dairy Council, the purpose of the webinars was to help increase awareness about hunger as a public health issue and to help equip Academy members with knowledge and skills to provide effective nutrition education to food insecure audiences.

Learn More >>
Promote School Breakfast as Kids Go Back to School

*The Wellness Impact: Enhancing Academic Success Through Healthy School Environments* report explains how school breakfast is a key way to help improve student wellness and academic performance. The report was recently released by GENYOUth, National Dairy Council, American College of Sports Medicine and American School Health Association.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2051. Daily News: Wednesday, July 31, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 31, 2013 11:20:29
**Subject:** Daily News: Wednesday, July 31, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service

**Appeals court upholds ruling striking down NYCs large soda ban**
**Mayor Michael Bloomberg had advanced the regulation as a way to combat obesity among city residents**
http://www.nydailynews.com/news/politics/appeals-court-upholds-ruling-striking-nyc-large-soda-ban-article-1.1412637

**Taxing Sugary Beverages Not a Clear Cut Strategy to Reduce Obesity**
http://www.sciencedaily.com/releases/2013/07/130730123106.htm
Source: *American Journal of Agricultural Economics*
http://ajae.oxfordjournals.org/content/early/2013/07/28/ajae.aat049

**How Many Extra Calories Add Up to Obesity for Kids?**
**Study finds overweight children consume more excess calories daily than previously thought**
http://consumer.healthday.com/kids-health-information-23/child-development-news-124/how-many-extra-calories-add-up-to-obesity-for-kids-678726.html
Source: *Lancet Diabetes &Endocrinology*
http://www.thelancet.com/journals/landia/article/PIIS2213-8587(13)70051-2/abstract

**Maternal 'junk food diet' may alter baby's brain development**
(Animal research presented at the Society for the Study of Ingestive Behavior annual meeting)
http://www.foodnavigator.com/Science-Nutrition/Maternal-junk-food-diet-may-alter-baby-s-brain-

development

**Major Changes Urged for Cancer Screening and Treatment**
**Scientific Panel Recommends New Personalized Strategies to Reduce Cancer Overtreatment**
http://www.ucsf.edu/news/2013/07/107731/major-changes-urged-cancer-screening-and-treatment
Source: *JAMA*
http://jama.jamanetwork.com/onlineFirst.aspx

**News Analysis**
**The Hype Over Hospital Rankings**
http://www.nytimes.com/2013/07/28/sunday-review/the-hype-over-hospital-rankings.html?ref=health

**How Exercise Changes Fat and Muscle Cells**
http://well.blogs.nytimes.com/2013/07/31/how-exercise-changes-fat-and-muscle-cells/?ref=health&_r=0

**Salmon program brings regional staple to schools**
http://www.thebristolbaytimes.com/article/1330salmon_program_brings_regional_staple_to

**Salad mix blamed for cyclospora outbreak in Nebraska, Iowa**
http://www.cnn.com/2013/07/30/health/cyclospora-outbreak/index.html?hpt=he_c1
Related Resource: CDC
http://www.cdc.gov/parasites/cyclosporiasis/

**Recipe Lab**
**Jerusalem Has All the Right Ingredients**
(Why do certain cookbooks catch fire? Jerusalem is the first in a long time to ignite)
http://www.nytimes.com/2013/07/31/dining/jerusalem-has-all-the-right-ingredients.html

**MedlinePlus : Latest Health News**
-Americans Living Longer, Healthier Lives: Study
Most seniors are doing well until the last year or two of life, researchers report
-E. *coli* Infection and Food Safety
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Seeds: Tiny but packed with nutrition**
**Eat seeds for flavor, health**
(By Sharon Palmer, RD)

http://www.chicagotribune.com/features/food/sns-201307181130--tms--foodstylts--v-f20130718-20130718,0,4146450.story

**Governor Tours Fulton State Hospital**
(Sandy Dreyer, RD quoted)
http://www.connectmidmissouri.com/news/story.aspx?id=927883

**NUTRITION KNOW-HOW: Legumes: Good for your heart**
(By Mia Gibson, RD)
http://www.oaoa.com/people/food/nutrition_know_how/article_473c3dc0-f982-11e2-990e-0019bb30f31a.html

**Is azuki the next big bean?**
(Jo Travers, Dietitian/UK quoted)
http://www.foodnavigator.com/Science-Nutrition/Is-azuki-the-next-big-bean

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**Quote of the Week**
**There is a single light of science, and to brighten it anywhere is to brighten it everywhere**
**-Isaac Asimov**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-22054-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2052. RECEIPT OF CDR REGISTRATION MAINTENANCE FEE

**From:** ONLINE BUSINESS CENTER <CDR@EATRIGHT.ORG>
**To:** Donna S Martin <DMartin@Burke.k12.ga.us>
**Sent Date:** Jul 30, 2013 13:32:10
**Subject:** RECEIPT OF CDR REGISTRATION MAINTENANCE FEE
**Attachment:**

---

Thank you for your CDR registration maintenance fee payment.

To obtain your CDR receipt, please visit CDR web site at www.cdrnet.org and login to.
your CDR record on My CDR page, Click "$ CDR Fees" and select "Print Receipt"

If you need verification of your registration status before receiving your CDR identification card;
in the mail, you may wish to visit the CDR link below to print a current verification statement
of registration status.

https://secure.eatright.org/cgi-bin/lansaweb?procfun+prweb28+p28fn01+prd+eng

2053. Daily News: Tuesday, July 30, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 30, 2013 11:01:16
**Subject:** Daily News: Tuesday, July 30, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service

**CMS Clarifies Meaningful Use Clinical Quality Measure Specs**
http://www.healthdatamanagement.com/news/ehr-electronic-health-records-meaningful-use-46421-1.html
Related Resource: *Journal of the Academy of Nutrition and Dietetics*, December 2012
The Health Information Technology for Economic and Clinical Health (HITECH) Act and Nutrition Inclusion in Medicare/Medicaid Electronic Health Records: Leveraging Policy to Support Nutrition Care
http://www.andjrnl.org/article/S2212-2672(12)01658-9/fulltext
Login as a member at www.eatright.org and go to publications to access full-text Journal articles

**How to get healthy after the cancer treatments are done**
(Ideally, a cancer rehabilitation programs should bring together oncologists, physical therapists, dietitians and psychiatrists to help a survivor build a coordinated, individualized plan for regaining normal function)
http://www.washingtonpost.com/national/health-science/how-to-get-healthy-after-the-cancer-treatments-are-done/2013/07/29/55d073d8-f0a9-11e2-9008-61e94a7ea20d_story.html

**What really motivates people to diet  being healthy or looking good?**
http://www.washingtonpost.com/national/health-science/what-really-motivates-people-to-diet--being-healthy-or-looking-good/2013/07/29/cecfe930-e2b2-11e2-aef3-339619eab080_story.html

**More evidence that breast-feeding may boost babies' IQs**
http://www.usatoday.com/story/news/nation/2013/07/29/breast-feeding-babies-intelligence/2596735/
Source: *JAMA Pediatrics*
http://archpedi.jamanetwork.com/article.aspx?articleid=1720224

**Bipolar Disorder May Vary Depending on Weight, Eating Disorders**
**Binge eating tied to other mental health problems, obesity to physical symptoms in study patients**
http://consumer.healthday.com/mental-health-information-25/bipolar-affective-disorder-news-60/bipolar-disoder-may-vary-in-patients-who-binge-eat-or-are-obese-678640.html

**FDA warns one brand of vitamin B supplement contains dangerous steroids**
http://www.cnn.com/2013/07/27/health/fda-steroid-warning

**Emerging technologies may improve our 'fragmented' knowledge of allergens**
http://www.foodnavigator.com/Science-Nutrition/Emerging-technologies-may-improve-our-fragmented-knowledge-of-allergens
Source: *Food Research International*
http://www.sciencedirect.com/science/journal/09639969
Related Resource FNCE© 2013- MNT and Clinical Nutrition Track
Scroll down to  Unraveling the Science of Food Allergies
http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=36

**Where Calories Are Hiding**
**Restaurants try to reduce calories; some dishes have deceptively high calories**
http://online.wsj.com/article/SB10001424127887324809004578635783927655580.html
Related Resource: *Journal* Nutrient Analysis and Menu Labeling Collection
http://www.adajournal.org/content/nutrientAnalysis
Online Certificate of Training Programs-Restaurant Menu Labeling: The Impact on the Environment of Nutrition and Dietetics
http://www.eatright.org/cpd/online/

**Tracing Germs Through the Aisles**
(Sequencing bacteria found in grocery meat and people)
http://www.nytimes.com/2013/07/30/health/tracing-germs-through-the-aisles.html?pagewanted=all&_r=0

**Stomach bug linked to produce sickens 285 people in 11 states**
http://www.reuters.com/article/2013/07/26/us-usa-infection-cyclospora-idUSBRE96O17G20130726

**Hold the Cow: Test Tube Burger Coming Soon**
http://abcnews.go.com/Health/test-tube-burger-served-week/story?id=19808122

**MedlinePlus : Latest Health News**
-NIH Expands Study to Better Understand Kidney Diease Progression
-Bedsores More Common Than Thought for Hospitalized Kids
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**When healthy eating becomes unhealthy obsession**
(By Carrie Dennett, Academy member and Raven Bonnar-Pizzorno, RD quoted)
http://seattletimes.com/html/health/2021464788_carriedennettorthorexiaxml.html

**Chipotle Goes Vegan**
(Cynthia Sass, RD quoted)
http://abcnews.go.com/Health/chipotle-offers-vegan-sofritas/story?id=19807489

**New Extension Educators to Serve Northern Illinois**
(Diane Reinhold, RD quoted)
http://www.wifr.com/home/headlines/New-Extension-Educators-to-Serve-Northern-Illinois--217200431.html

**From the Dietitian: Freezing helps capture the flavor of herbs**
(April Graf, RD quoted)
http://www.desmoinesregister.com/article/20130729/LIFE/307290066/1175

**Gluten-free is not a worry-free diet**
**Overeating, and loss of vital nutrients are common**
(Janice Baker, RD quoted)
http://www.utsandiego.com/news/2013/jul/30/gluten-free-diet-celiac/

**Grilling with lean beef**
(By Katie Wilhelmi, RD)
http://www.nujournal.com/page/content.detail/id/535853/Grilling-with-lean-beef.html?nav=5087

**5 hot day energy boosters**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/07/30/5-hot-day-energy-boosters/#ixzz2aXKkeerI

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-22036-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2054. RE: May 2013 Childhood Weight Management Program Evaluations

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jul 29, 2013 16:39:46
**Subject:** RE: May 2013 Childhood Weight Management Program Evaluations
**Attachment:** image001.png
0513 Faculty Evaluation - General.pdf

---

I am glad. We also want to share the overall general comments with everyone. They are attached.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, July 29, 2013 3:28 PM
**To:** Pearlie Johnson
**Subject:** Re: May 2013 Childhood Weight Management Program Evaluations

Thanks for sending me this! It made my day!!!!!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 7/29/2013 4:21 PM >>>
Attached is a program evaluation report for the May 2013 Childhood Weight Management Program.

I hope you are having a great summer. See you in November 2013!

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*

**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

2055. May 2013 Childhood Weight Management Program Evaluations

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jul 29, 2013 16:21:18
**Subject:** May 2013 Childhood Weight Management Program Evaluations
**Attachment:** image001.png
WMC0513 - MArtin.pdf

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Attached is a program evaluation report for the May 2013 Childhood Weight Management Program.

I hope you are having a great summer.  See you in November 2013!

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

2056. Dates for Foundation Board Calls

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Alison Steiber <ASteiber@eatright.org>, Mary-Ann Johnson <mjohnson@eatright.org>
**Sent Date:** Jul 29, 2013 10:33:08
**Subject:** Dates for Foundation Board Calls
**Attachment:** image001.png

---

Hi All,

Please mark your calendars for the final dates and times of all upcoming board calls.  Thanks.

September 17, 2013; 10:00am  – 1:00 pm central time

December 10, 2013; 10:00am – 1:00 pm central time

March 18, 2014; 10:00am – 1:00 pm central time

May 6, 2014; 10:00am – 11:00am central time – call to approve 2015 budget

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2057. RE: Senator Carper Event

**From:** Jeanne Blankenship <JBlankenship@eatright.org>
**To:** Joan Schwaba <JSchwaba@eatright.org>, Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jul 28, 2013 09:40:36
**Subject:** RE: Senator Carper Event
**Attachment:**

---

For your viewing pleasure, the pictures from the event have been posted. Please check them out: https://www.facebook.com/eatrightANDPAC.

Jeanne

**From:** Joan Schwaba
**Sent:** Friday, July 26, 2013 6:50 PM
**To:** Becky Dorner; Catherine Christie ; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Glenna McCollum; Joe Derochowski; Kathy McClusky; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; Nancylewis1000@gmail.com; Sandra Gill ; Sonja Connor; peark02@outlook.com
**Cc:** Executive Team Mailbox; Chris Reidy; Ulric Chung; Mary Ann Taccona; Alison Steiber; Doris Acosta; Susan Burns; Karen Lechowich
**Subject:** Senator Carper Event

Correspondence from Jeanne Blankenship follows.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

---

Dear Academy Board,

I wanted to share with you the ANDPAC event for Senator Carper at the Washington office yesterday was a big success. I am attaching a couple of photos for you to review and more will be available on Facebook in the very near future – we just got the CD with the photos this afternoon.

In attendance at the event were representatives from the obesity community that worked with Senator Carper on the Treat and Reduce Obesity Act. These included American Society for Metabolic and Bariatric Surgery (ASMBS), American Society for Bariatric Physicians (ASBP), the Obesity Society (TOS), and the Obesity Action Coalition (OAC). In addition, several pharmaceutical companies were represented.

Senator Carper was at the office for over one hour and let each person in attendance share insights and opinions regarding the obesity epidemic. We have a blurb ready for inclusion in *Eat Right Weekly* next week to share with members.

Later in the day, I received an email from his campaign that said the following and I quote “Thanks again for having us this morning!  I appreciated you all taking time out of your morning to meet with us and Senator Carper had a GREAT time.  He was talking about it all day!”

That is what we want, Senators and Representatives having a lasting impression that makes them remember the Academy.  We are so fortunate to have a PAC that allows us to make these connections and to have these types of events in conjunction with our Hill visits and the advocacy work of our members.

Thank you again for your support of Senator Carper!

Jeanne

**Jeanne Blankenship, MS, RDN**

Vice President, Policy Initiatives and Advocacy

**Academy of Nutrition and Dietetics**
1120 Connecticut Avenue NW, Suite 480
Washington, D.C. 20036
D 312-899-1730
F  202-775-8284
jblankenship@eatright.org

www.eatright.org

2058. Senator Carper Event

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jul 26, 2013 18:49:36
**Subject:** Senator Carper Event
**Attachment:** mmorgan_130725-8773.jpg
ANDPAC Event.jpg

---

Correspondence from Jeanne Blankenship follows.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

---

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Senator Carper was at the office for over one hour and let each person in attendance share insights and opinions regarding the obesity epidemic. We have a blurb ready for inclusion in *Eat Right Weekly* next week to share with members.

Later in the day, I received an email from his campaign that said the following and I quote “Thanks again for having us this morning! I appreciated you all taking time out of your morning to meet with us and Senator Carper had a GREAT time. He was talking about it all day!”

That is what we want, Senators and Representatives having a lasting impression that makes them remember the Academy. We are so fortunate to have a PAC that allows us to make these connections and to have these types of events in conjunction with our Hill visits and the advocacy work of our members.

Thank you again for your support of Senator Carper!

Jeanne

**Jeanne Blankenship, MS, RDN**

Vice President, Policy Initiatives and Advocacy

**Academy of Nutrition and Dietetics**
1120 Connecticut Avenue NW, Suite 480
Washington, D.C. 20036
D 312-899-1730
F 202-775-8284
jblankenship@eatright.org

www.eatright.org

2059. RE: Finance and Audit Committee meeting on Tuesday, July 30th

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nwooldridge@peds.uab.edu' <nwooldridge@peds.uab.edu>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Jul 26, 2013 17:12:52
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, July 30th
**Attachment:** image001.png

---

All,

As I mentioned in my previous email – the May 2013 narrative is loaded into the portal.

Have a great weekend

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

**From:** Maria Juarez
**Sent:** Friday, July 26, 2013 1:07 PM
**To:** Paul Mifsud; DMartin@Burke.k12.ga.us; Connors@ohsu.edu; fellerb@auburn.edu; 'KMcClusky@Iammorrison.com'; 'Elise Smith'; 'nwooldridge@peds.uab.edu'; 'kendall@ufl.edu'; 'mstokes@usj.edu'; peark02@outlook.com
**Cc:** Jeri Palmer; Joan Schwaba; Patricia Babjak; Christian Krapp; Barbara Visocan; Harold Holler; Jeanne Blankenship; Jeri Palmer; Joan Schwaba; Mary Beth Whalen; Mary Pat Raimondi; Patricia Babjak; Chris Reidy; Ulric Chung; Susan Burns; Alison Steiber; Linda Serwat
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, July 30th

All,

The documents for our FAC conference call scheduled July 30, 2013 are loaded into the portal.

We are missing the May Narrative.  It will be uploaded later today.

Folder name “2013-2014 – July 30, 2013 FAC conference call ”

Please login on the portal using the link *http://ada.portalxm.com* and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2060. Rep Barrow

**From:** Jeanne Blankenship <JBlankenship@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jul 26, 2013 14:52:39
**Subject:** Rep Barrow
**Attachment:**

---

Donna,

We had a great visit today with his staff, they are looking forward to your visit in August. I will get you some information from our visit.  They had questions and concerns about medication piece.

I am working on the minutes from our visits -- will share those soon!

Have a good weekend, was nice to see you in Annapolis - can't get that orange necklace out of my mind, I need one!
Jeanne

2061. RE: Finance and Audit Committee meeting on Tuesday, July 30th

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@Iammorrison.com' <KMcClusky@Iammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nwooldridge@peds.uab.edu' <nwooldridge@peds.uab.edu>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Jul 26, 2013 14:06:33
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, July 30th
**Attachment:** image001.png

---

All,

The documents for our FAC conference call scheduled July 30, 2013 are loaded into the portal.

We are missing the May Narrative.  It will be uploaded later today.

Folder name “2013-2014 – July 30, 2013 FAC conference call ”

Please login on the portal using the link *http://ada.portalxm.com* and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2062. Re: Finance and Audit Committee meeting on Tuesday, July 30th

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jul 26, 2013 12:01:06
**Subject:** Re: Finance and Audit Committee meeting on Tuesday, July 30th
**Attachment:**

---

Donna,

We will get right on it.

Paul

Sent from my iPhone

On Jul 26, 2013, at 10:21 AM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Paul,  I have not received the invitation for the conference call from Eric.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 7/26/2013 10:27 AM >>>
All,

There will be a Finance and Audit Committee call on Tuesday, July 30th at 1 p.m. CDT.  Maria has put most of the information for the call onto the portal.  There will be a few additional pieces added today.  When it is completed, Maria will send to you an email.  In addition, you should have received an invitation for the webinar from Eric Hayes.  If you have not, please let me know as soon as possible.

This will not be a long email this month (I can hear the collective sigh of relief!). We will have June information completed. However, we are still working on the "monthly" distribution for the FY14 budget. This is taking a little longer than we anticipated. We will make some additional "tweaks" this morning and expect to make a few more over the next few weeks. By the time we have our meeting in Aug, the adjustments should stop.

Christian, Maria and I look forward to going over the financials next week with you. If you have any questions or concerns, or if you cannot make the call, please let us know as soon as possible.

Paul

2063. Daily News & Journal Review: Friday, July 26, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 26, 2013 11:23:30
**Subject:** Daily News & Journal Review: Friday, July 26, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
**A tall tale? Women's height linked with cancer**
http://www.usatoday.com/story/news/nation/2013/07/25/study-links-women-height-cancer/2576401/
Source: *Cancer, Epidemiology, Biomarkers, &Prevention*
http://jnci.oxfordjournals.org/content/early/2013/05/24/jnci.djt127.extract

# Autism Link to Mercury in Fish Not Supported

# http://www.medpagetoday.com/Neurology/Autism/40683
# Source: *Epidemiology*
# http://journals.lww.com/epidem/Abstract/publishahead/Autism_Spectrum_Disorder_Phenotypes_and_Prenatal.99378.aspx

**USDA study shows incentives can help poor eat healthier foods**
http://bangordailynews.com/2013/07/25/health/usda-study-shows-incentives-can-help-poor-eat-healthier-foods/?ref=latest
Source: *Healthy Incentives Pilot (HIP) Report*
http://www.fns.usda.gov/ora/menu/Published/SNAP/FILES/ProgramDesign/HIP_Interim_Summary.pdf

**Cardiac rehab may still benefit oldest patients**
http://www.foxnews.com/health/2013/07/26/cardiac-rehab-may-still-benefit-oldest-patients/
Related Resource: The Role of Nutrition in Health Promotion and Chronic Disease Prevention
http://www.eatright.org/About/Content.aspx?id=6442476997

**Health Law Boosts Status Of Alternative Medicine -- At Least On Paper**
http://www.washingtonpost.com/national/health-science/health-law-boosts-status-of-alternative-medicine----at-least-on-paper/2013/07/26/481bcc06-f5db-11e2-81fa-8e83b3864c36_story.html

**US farm bill on hold while House tries again on food stamp cuts**
http://www.reuters.com/article/2013/07/25/usa-agriculture-idUSL1N0FV2JA20130725

**FDA issues new safety rules for imported food**
**The new rules require that water used to wash produce isn't contaminated with manure.**
http://www.usatoday.com/story/news/nation/2013/07/26/fda-new-safety-rules-imported-food/2587391/

**Chinese Search for Infant Formula Goes Global**
http://www.nytimes.com/2013/07/26/world/asia/chinas-search-for-infant-formula-goes-global.html?ref=health

**Full moon can disturb human sleep**
http://www.chicagotribune.com/health/sns-la-sn-full-moon-sleep-20130725,0,7312492.story
Source:*Current Biology*
http://www.sciencedirect.com/science/article/pii/S0960982213007549

**MedlinePlus : Latest Health News**
-NIH researchers discover how brain cells change their tune
-Silky brain implants may help stop spread of epilepsy
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Study: Skipping breakfast doesn't mean you'll eat more later**
(Marisa Moore, Academy Spokesperson quoted)
http://www.abc15.com/dpp/news/local_news/water_cooler/study-skipping-breakfast-doesnt-mean-youll-eat-more-later#ixzz2a9kbIvAF

**Head-to-toe healthy glow**
(By Katie Wilhelmi, RD)
http://www.nujournal.com/page/content.detail/id/535768/Head-to-toe-healthy-glow.html?nav=5087

**Why is it so hard to stick with a diet, or exercise plan?**
(Marla Heller, RD quoted)
http://www.washingtonpost.com/national/health-science/why-is-it-so-hard-to-stick-with-a-diet-or-exercise-plan/2013/07/22/a6cda4f8-eb28-11e2-aa9f-c03a72e2d342_story.html

**6 bad excuses for overeating**
(Evelyn Tribole, RD and Caroline Kaufman, RD quoted)
http://www.cnn.com/2013/07/26/health/bad-overeating/index.html?hpt=he_t2

**America's Next Top Super Berry?**
(Tara DelloIacono, RD quoted)
http://online.wsj.com/article/SB10001424127887323823004578595610077083082.html?KEYWORDS=dietitian

**Are Sweeteners Getting A Bad Rap?**
(Sylvia Meléndez Klinger, RD)
http://latino.foxnews.com/latino/health/2013/07/25/are-sweeteners-getting-bad-rap/#ixzz2a6Azaw8i

**Camp aims to reverse Volusia's childhood obesity rates**
(Jill Taufer, RD quoted)
http://www.news-journalonline.com/article/20130724/NEWS/307249983/1040?Title=Camp-aims-to-reverse-Volusia-s-childhood-obesity-rates

**Carny foods; eat this, not that?**
(Rene Ficek, RD Molly Pyszka, RD &Jennifer Gunness, RD all quoted)
http://newstrib.com/Main.asp?SectionID=4&SubSectionID=129&ArticleID=30386

**When Healthy Eating Becomes an Obsession**
**SAR nutritionist on the dangers of orthorexia**
(Jennifer Culbert, RD quoted)
http://www.bu.edu/today/2013/when-healthy-eating-becomes-an-obsession/

**Myth-busting: The nutritional facts behind the hype**
Myth #1: We should all drink 8 eight-ounce cups of water daily.
Myth #2: Caffeinated beverages are dehydrating.
Myth #3: In order to reap any health benefits from alcohol, you've got to stick with red wine.
Myth #4: Protein powders and drinks are harmful to our kidneys.
Myth #5: Cut 500 calories a day and you'll lose a pound a week.
Myth #6: Diet soft drinks are high in sodium.
Myth #7: All saturated fat is bad for you.

Myth #8: Eggs are detrimental to heart health.
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/07/myth-busting_the_nutritional_f.html

**Journal Review**

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***Journal of the Academy of Nutrition and Dietetics*, August 2013**

Trouble Finding 1993-2011 Issues?
Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011
http://www.andjrnl.org/issues?issue_key=S2212-2672(13)X0007-3
Presidents Page: L Is for Leadership
http://www.andjrnl.org/article/S2212-2672(13)01085-X/fulltext
MyPlate Reaches More Frontiers
http://www.andjrnl.org/article/S2212-2672(13)00683-7/fulltext
The Inside Tract: What RDs Need to Know about the Gut Microbiome
http://www.andjrnl.org/article/S2212-2672(13)00643-6/fulltext
Experiencing FNCE: Highlights of the Upcoming 2013 Food &Nutrition Conference &Expo
http://www.andjrnl.org/article/S2212-2672(13)00638-2/fulltext
A Call for Culinary Skills Education in Childhood Obesity-Prevention Interventions: Current Status and Peer Influences
http://www.andjrnl.org/article/S2212-2672(13)00519-4/fulltext
Dietary Intake and Severe Early Childhood Caries in Low-Income, Young Children
http://www.andjrnl.org/article/S2212-2672(13)00305-5/abstract
Reliability of the Hospital Nutrition Environment Scan for Cafeterias, Vending Machines, and Gift Shops
http://www.andjrnl.org/article/S2212-2672(13)00351-1/abstract
Position of the Academy of Nutrition and Dietetics: Functional Foods
http://www.andjrnl.org/article/S2212-2672(13)00680-1/abstract
Is There a Standard Meal Plan for Phenylketonuria (PKU)?
http://www.andjrnl.org/article/S2212-2672(13)00682-5/abstract

***American Journal of Preventive Medicine*, August 2013**

http://www.ajpmonline.org/current
School Wellness Policies and Foods and Beverages Available in Schools
http://www.ajpmonline.org/article/S0749-3797(13)00275-4/abstract

The Caloric Calculator: Average Caloric Impact of Childhood Obesity Interventions
http://www.ajpmonline.org/article/S0749-3797(13)00269-9/abstract
Lifestyle Interventions in Patients with Coronary Heart Disease:
A Systematic Review
http://www.ajpmonline.org/article/S0749-3797(13)00295-X/abstract

***Clinical Nutrition*, Articles in Press, June 27, 2013**
http://www.clinicalnutritionjournal.com/inpress
Effect of nutritional interventions on nutritional status, quality of life and mortality in patients with head and neck cancer receiving (chemo)radiotherapy: a systematic review
http://www.clinicalnutritionjournal.com/article/S0261-5614(13)00184-2/abstract

***Diabetes*, August 2013**
http://diabetes.diabetesjournals.org/content/62/8?etoc
Remodeling of Lipid Metabolism by Dietary Restriction of Essential Amino Acids
http://diabetes.diabetesjournals.org/content/62/8/2635.extract
Diagnostic Assessment of Diabetic Gastroparesis
http://diabetes.diabetesjournals.org/content/62/8/2667.extract

***Diabetes Care*, August 2013**
http://care.diabetesjournals.org/content/36/8?etoc
Determinants of Weight Gain in the Action to Control Cardiovascular Risk in Diabetes TriaL
http://care.diabetesjournals.org/content/36/8/2162.abstract.html?etoc
Metabolic Effects of Bariatric Surgery in Patients With Moderate Obesity and Type 2 Diabetes: Analysis of a randomized control trial comparing surgery with intensive medical treatment
http://care.diabetesjournals.org/content/36/8/2175.abstract.html?etoc
Renal Function Following Three Distinct Weight Loss Dietary Strategies During 2 Years of a Randomized Controlled Trial
http://care.diabetesjournals.org/content/36/8/2225.abstract.html?etoc
Low-Carbohydrate Diet for the Treatment of Gestational Diabetes Mellitus: A randomized controlled trial
http://care.diabetesjournals.org/content/36/8/2233.abstract.html?etoc
Rationale and Design of the Glycemia Reduction Approaches in Diabetes: A
Comparative Effectiveness Study (GRADE)
http://care.diabetesjournals.org/content/36/8/2254.abstract.html?etoc
The Prevalence of Meeting A1C, Blood Pressure, and LDL Goals Among People With Diabetes, 19882010
http://care.diabetesjournals.org/content/36/8/2271.abstract.html?etoc
Secular Changes in U.S. Prediabetes Prevalence Defined by Hemoglobin A1c and Fasting Plasma Glucose: National Health and Nutrition Examination
Surveys, 19992010
http://care.diabetesjournals.org/content/36/8/2286.abstract.html?etoc

Metabolically Healthy Obesity and Risk of Mortality: Does the definition of metabolic health matter?
http://care.diabetesjournals.org/content/36/8/2294.abstract.html?etoc
Diabetes and Cardiovascular Disease Outcomes in the Metabolically Healthy Obese Phenotype: A cohort study http://care.diabetesjournals.org/content/36/8/2388.abstract.html?etoc
Scientific Statement: Socioecological Determinants of Prediabetes and Type 2 Diabetes
http://care.diabetesjournals.org/content/36/8/2430.extract.html?etoc

***Food and Chemical Toxicology*, Articles in Press, July 17, 2013**
http://www.sciencedirect.com/science/journal/aip/02786915
Antioxidant effects of resveratrol in cardiovascular, cerebral and metabolic diseases
http://www.sciencedirect.com/science/article/pii/S0278691513004766

***Games for Health Journal*, June 2013**
http://online.liebertpub.com/toc/g4h/2/3
A Systematic Review of Health Videogames on Childhood Obesity Prevention and Intervention
http://online.liebertpub.com/doi/full/10.1089/g4h.2013.0025

***International Journal of Behavioral Nutrition and Physical Activity*, July 6, 2013**
http://www.ijbnpa.org/
Oh baby! Motivation for healthy eating during parenthood transitions: a longitudinal examination with a theory of planned behavior perspective
http://www.ijbnpa.org/content/10/1/88

***International Journal of Food Sciences and Nutrition*, Early Online, July 18, 2013**
http://informahealthcare.com/toc/ijf/0/0
Quality and accuracy of Internet information concerning a healthy diet
http://informahealthcare.com/doi/abs/10.3109/09637486.2013.812620

***JAMA: Journal of the American Medical Association*, July 24/31 2013**
http://jama.jamanetwork.com/issue.aspx
Database Allows Researchers, Patients to Scrutinize Supplements
http://jama.jamanetwork.com/article.aspx?articleID=1719719&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification07%2F23%2F2013
JAMA Patient Page: Food Allergies
http://jama.jamanetwork.com/article.aspx?articleID=1719742&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification07%2F23%2F2013

***JAMA Internal Medicine*, July 22, 2013**
http://archinte.jamanetwork.com/issue.aspx

Editorial-Eating Out Without Overeating
http://archinte.jamanetwork.com/article.aspx?articleID=1687519&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=ArchivesofInternalMedicine%3ANewIssue07%2F22%2F2013
Changes in Sodium Levels in Processed and Restaurant Foods, 2005 to 2011
http://archinte.jamanetwork.com/article.aspx?articleid=1687516
The Energy Content of Restaurant Foods Without Stated Calorie Information
http://archinte.jamanetwork.com/article.aspx?articleid=1687518
Fat Intake After Diagnosis and Risk of Lethal Prostate Cancer and All-Cause Mortality
http://archinte.jamanetwork.com/article.aspx?articleid=1696179
Invited Commentary
Dietary Fat and Reduced Prostate Cancer Mortality: Does the Type of Fat Matter?
http://archinte.jamanetwork.com/article.aspx?articleid=1696188
Changes in Red Meat Consumption and Subsequent Risk of Type 2 Diabetes Mellitus: Three Cohorts of US Men and Women
http://archinte.jamanetwork.com/article.aspx?articleid=1697785
Research Letter
Restaurant Meals: Almost a Full Days Worth of Calories, Fats, and Sodium
http://archinte.jamanetwork.com/article.aspx?articleid=1687517

***Journal of Child Neurology*, August 2013**
**Special Issue: Implications of Dietary Therapy Into the 21st Century**
(Access abstracts at link below)
http://jcn.sagepub.com/content/28/8.toc
-Worldwide Dietary Therapies for Adults With Epilepsy and Other Disorders
-The Evolution of Dietary Therapy for Neurologic Disorders
-New Research With Diets and Epilepsy
-Autism and Dietary Therapy: Case Report and Review of the Literature
-Traumatic Brain Injury and Diet
-High-Fat and Ketogenic Diets in Amyotrophic Lateral Sclerosis
-Ketogenic Diets and Pain
-Restricted Calorie Ketogenic Diet for the Treatment of Glioblastoma Multiforme
-Treatment of Diabetes and Diabetic Complications With a Ketogenic Diet
-An Update on Diets in Clinical Practice
-How Does the Ketogenic Diet Work? Four Potential Mechanisms
-Worldwide Dietary Therapies for Adults With Epilepsy and Other Disorders
-The Ketogenic Diet in Dravet Syndrome
-Glut1 Deficiency Syndrome and Novel Ketogenic Diets
-Use of Dietary Therapy for Status Epilepticus
***Journal of Human Nutrition and Dietetics*, Early View, July 13, 2013**
http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1365-277X/earlyview
Assessing the accuracy and reliability of direct height measurement for use in adult neurological

patients with contractures: a comparison with height from ulna length
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12103/abstract
Assessing communication skills in dietetic consultations: the development of the reliable and valid DIET-COMMS tool
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12136/abstract

***Journal of Nutrition*, August 2013**
http://jn.nutrition.org/content/current
Oral Branched-Chain Amino Acids Have a Beneficial Effect on Manifestations of Hepatic Encephalopathy in a Systematic Review with Meta-Analyses of Randomized Controlled Trials
http://jn.nutrition.org/content/143/8/1263.abstract
Fruit and Vegetable Intakes Are Associated with Lower Risk of Bladder Cancer among Women in the Multiethnic Cohort Study
http://jn.nutrition.org/content/143/8/1283.abstract
Coffee and Tea Consumption Are Inversely Associated with Mortality in a Multiethnic Urban Population
http://jn.nutrition.org/content/143/8/1299.abstract
Severity of Household Food Insecurity Is Sensitive to Change in Household Income and Employment Status among Low-Income Families
http://jn.nutrition.org/content/143/8/1316.abstract
n3 PUFAs Do Not Affect Adipose Tissue Inflammation in Overweight to Moderately Obese Men and Women
http://jn.nutrition.org/content/143/8/1340.abstract

***Journal of Nutrition Education and Behavior*, Article in Press, July 24, 2013**
http://www.jneb.org/inpress
New NSLP Guidelines: Challenges and Opportunities for Nutrition Education Practitioners and Researchers
http://www.jneb.org/article/S1499-4046(13)00503-4/abstract
Determinants of Nutrition Appointment Attendance among Male Veterans Attending Veterans Health Administration Clinics
http://www.jneb.org/article/S1499-4046(13)00017-1/abstract

***Lancet*, July 27, 2013**
http://www.thelancet.com/journals/lancet/issue/vol382no9889/PIIS0140-6736(13)X6036-2
Iodine and pregnancy: a call to action
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60717-5/fulltext?elsca1=ETOC-LANCET&elsca2=email&elsca3=E24A35F
Funding: MRC and Wellcome Trust plan obesity research drive
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61622-0/fulltext
Deep brain stimulation for anorexia nervosa
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61630-X/fulltext

Deep brain stimulation for anorexia nervosa  Authors' reply
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61631-1/fulltext

***Nutrition Bulletin,*****Early View, July 17 2013**
http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1467-3010/earlyview
Editorial: Hydration and Health
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12039/abstract

***Nutrition and Cancer*****, July 2013**
http://www.tandfonline.com/toc/hnuc20/65/5
Soy food consumption and lung cancer risk: a meta-analysis using a common measure across studies.
http://www.tandfonline.com/doi/abs/10.1080/01635581.2013.795983
Cruciferous Vegetables Consumption and Risk of Renal Cell Carcinoma: A Meta-Analysis
http://www.tandfonline.com/doi/abs/10.1080/01635581.2013.795980

***Public Health Nutrition*****, FirstView, July 24, 2013**
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8951619&fulltextType=RA&fileId=S136898001300164X
Does nutrition information on menus impact food choice? Comparisons across two hospital cafeterias
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8951619&fulltextType=RA&fileId=S136898001300164X
Assessment of dietary fish consumption in pregnancy: comparing one-, four- and thirty-six-item questionnaires
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8959196&fulltextType=RA&fileId=S1368980013001985
Can a questionnaire predict vitamin D status in postmenopausal women?
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8957425

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1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2064. Finance and Audit Committee meeting on Tuesday, July 30th

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@Iammorrison.com' <KMcClusky@Iammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nwooldridge@peds.uab.edu' <nwooldridge@peds.uab.edu>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Jul 26, 2013 10:27:26
**Subject:** Finance and Audit Committee meeting on Tuesday, July 30th
**Attachment:**

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All,

There will be a Finance and Audit Committee call on Tuesday, July 30th at 1 p.m. CDT. Maria has put most of the information for the call onto the portal. There will be a few additional pieces added today. When it is completed, Maria will send to you an email. In addition, you should have received an invitation for the webinar from Eric Hayes. If you have not, please let me know as soon as possible.

This will not be a long email this month (I can hear the collective sigh of relief!). We will have June information completed. However, we are still working on the “monthly” distribution for the FY14 budget. This is taking a little longer than we anticipated. We will make some additional “tweaks” this morning and expect to make a few more over the next few weeks. By the time we have our meeting in Aug, the adjustments should stop.

Christian, Maria and I look forward to going over the financials next week with you.  If you have any questions or concerns, or if you cannot make the call, please let us know as soon as possible.

Paul

2065. Daily News: Thursday, July 25, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 25, 2013 11:10:36
**Subject:** Daily News: Thursday, July 25, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

Weight Bias Tied to Obesity Risk
http://www.medpagetoday.com/Endocrinology/Obesity/40666
Source: *PLOS One*
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0070048

**Australians Are Getting Fatter**
http://well.blogs.nytimes.com/2013/07/25/obesity-comes-to-australia/?ref=health&_r=0
Source: Food and Agriculture Organization of the United Nations
http://www.fao.org/docrep/018/i3300e/i3300e.pdf

**Cities where the most people have heart attacks**
http://www.usatoday.com/story/money/2013/07/25/cities-with-most-heart-attacks/2583223/
Source: The Gallup-Healthways Well-Being Index
http://www.well-beingindex.com/

**Sports supplement designer has history of risky products**
**http://www.usatoday.com/story/news/nation/2013/07/25/bodybuilding-supplement-designer-matt-cahill-usa-today-investigation/2568815/**
Related Resource: FNCE Session
Hot Topic- Do Energy Drinks Live Up To Their Hyye? A Look at Cognitive and Physical Effects
http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=31699

**New York Doctors Prescribe Fresh Produce**
http://www.usatoday.com/videos/news/2013/07/24/2584587/

**Ginseng supplements linked to less cancer fatigue**
http://www.foxnews.com/health/2013/07/24/ginseng-supplements-linked-to-less-cancer-fatigue/
Source: *Journal of the National Cancer Institute*
http://jnci.oxfordjournals.org/content/early/2013/07/12/jnci.djt181.abstract

**New blood test might predict sepsis deaths**
http://www.nbcnews.com/health/new-blood-test-might-predict-sepsis-deaths-6C10732135

**Personal Trainer Fakes Weight Loss for Before-After Pics**
http://abcnews.go.com/GMA/video/weight-loss-photos-faked-trainer-andrew-dixon-19768949

**New 'floating yoga' workout combines yoga moves and paddleboarding**
http://www.foxnews.com/health/2013/07/25/new-floating-yoga-workout-combines-yoga-moves-and-paddleboarding/

**Fast-food freedom: Top foreign chains we want in the USA**
http://www.usatoday.com/story/travel/destinations/2013/07/25/fast-food-freedom-top-foreign-chains-we-want-in-the-usa/2584855/

**Youll sell more sports nutrition products targeting fitness walkers and yoga enthusiasts than team sports players says Packaged facts**
http://www.foodnavigator-usa.com/Markets/You-ll-sell-more-sports-nutrition-products-targeting-fitness-walkers-and-yoga-enthusiasts-than-team-sports-players-says-Packaged-Facts

**The Problem With Selling Soda Isn't Just the Sugar**
http://online.wsj.com/article/SB10001424127887324110404578626212161411492.html

**Dannon rejects calls to remove crushed bugs from its yogurts. Carmine is a safe natural food color and we label it clearly on pack**
http://www.foodnavigator-usa.com/Suppliers2/Dannon-rejects-calls-to-remove-crushed-bugs-from-its-yogurts-Carmine-is-a-safe-natural-food-color-and-we-label-it-clearly-on-pack

**Imported hot sauces may contain dangerous levels of lead**
http://www.foxnews.com/health/2013/07/25/imported-hot-sauces-may-contain-dangerous-levels-lead/

**EU and US to cooperate on food nutrition and nanotech standards**
http://www.foodnavigator.com/Legislation/EU-and-US-to-cooperate-on-food-nutrition-and-

nanotech-standards

**MedlinePlus: Latest Health News**
-Diet and Diabetes
-Seniors, Unhealthy Living May Lead to Disability
-Higher risk of hospitalization after prison release
-HPV May Also Raise Risk of Throat Cancer
-Statin Use May Reduce Parkinson's Risk, Study Says
http://www.nlm.nih.gov/medlineplus/healthnews.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details.
**-Improving Food Security and Nutrition to Promote ART Adherence in Latin America**
http://clinicaltrials.gov/ct2/show/NCT01191281?term=nutrition&rank=14

**Registered Dietitians in the News**

**Ramadan fast survival guide will help you stay fit and healthy**
(Alyse Levine, RD quoted)
http://www.latimes.com/news/science/sciencenow/la-sci-sn-ramadan-healthy-eating-exercise-20130724,0,154852.story

**The 31 Best Back-to-School Tips for 2013**
**Practice what you preach (Slide 10/31)**
(Angela Lemond, Academy Spokesperson quoted)
http://www.redbookmag.com/kids-family/advice/back-to-school-ideas?click=list%23slide-1#slide-10

**The 31 Best Back-to-School Tips for 2013**
**Let the kids play chef (Slide 27/31)**
(Angela Lemond, Academy Spokesperson quoted)
http://www.redbookmag.com/kids-family/advice/back-to-school-ideas?click=list%23slide-1#slide-27

**The 31 Best Back-to-School Tips for 2013**
**Choose brain food, not junk food (Slide 4/31)**
(Lisa Young, RD quoted)
http://www.redbookmag.com/kids-family/advice/back-to-school-ideas?click=list%23slide-1#slide-4

**The 31 Best Back-to-School Tips for 2013**
**Make breakfast a priority (Slide 12/31)**
(Amber Massey, RD quoted)
http://www.redbookmag.com/kids-family/advice/back-to-school-ideas?click=list%23slide-1#slide-12

**The difference between sugar-free, reduced sugar and sugar alcohol**
(By Barbara Quinn, RD)
http://www.bendbulletin.com/article/20130725/NEWS0107/307250313/

**Emotional eating: When is it more than just a craving?**
**How to say no when your mind says yes**
(Tara Gidus, RD quoted)
http://www.clickorlando.com/news/emotional-eating-when-is-it-more-than-just-a-craving/-/1637132/21144374/-/firk11/-/index.html

**5 tips to fit exercise into a busy lifestyle**
(By Jill Koegel, RD)
http://www.omaha.com/article/20130724/LIVEWELL/130729529/1161

**Nutripilot blasts off after Alabama Launchpad**
(Melanie Rubery, RD quoted)
http://www.bizjournals.com/birmingham/news/2013/07/24/launchpad-winner-nutripilot-launches.html

**Farmers Market Creations: Grilled corn recipes**
**Dietitian shares recipes for sweet corn**
(Anna J Busenburg RD featured)
http://www.wlfi.com/dpp/living_green/farmers-market-creations-grilled-corn-recipes?ref=scroller&categoryId=20000&status=true

**Work with your bodys daily schedule**
(Katherine Zeratsky, RD quoted)
http://www.journalgazette.net/article/20130725/FEAT02/307259946/1011/FEAT

**Becoming more aware of your eating habits with mindful eating**
(Bridget Lackey, RD quoted)
http://www.wfmj.com/story/22913586/mindful-eating

**Staying Hydrated in extreme heat extremely important**
(By Dianne Oickle, Dietitian/Canada)

http://www.emcstlawrence.ca/20130725/news/Staying+Hydrated+in+extreme+heat+extremely+important

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2066. Deadline for Photo Submission Extended!

**From:** Journal of the Academy of Nutrition and Dietetics <journal@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 24, 2013 16:37:13
**Subject:** Deadline for Photo Submission Extended!
**Attachment:**

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Journal of the Academy of Nutrition and Dietetics' Email
Having trouble viewing this e-mail? View it in your browser.

Do you have an eye for photography?

Dear Academy Member,

The *Journal* has extended the deadline to submit your original photo to the Academys Fifth Annual *Journal* Photo Contest.

Find out how!

**If you win, your photo will be featured on a 2014 *Journal* cover and the 2015 calendar cover and youll receive a Nike+ FuelBand®. Plus 11 semifinalists will be featured in the calendar as well.**

**Deadline for Photo Submission Extended: August 16, 2013**
Entries will be voted on by Academy members, at FNCE, October 20-22 in Houston.

We hope to see your photos soon. Visit us for submission details.

Any questions? Just contact us at journal@eatright.org

Best regards,

Jason Switt
Journal Editor
Academy of Nutrition and Dietetics

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2067. Eat Right Weekly - July 24, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 24, 2013 12:24:22
**Subject:** Eat Right Weekly - July 24, 2013
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Eat Right Weekly
July 24, 2013

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## On the Pulse of Public Policy

Fight Obesity Today: Expand Medicare Coverage to Include RDNs

The Academy is calling on every member to stand up against obesity and help seniors stay healthy. Contact your members of Congress today and urge them to support the Treat and Reduce Obesity Act, which expands Medicare to allow registered dietitian nutritionists to independently bill for intensive behavioral therapy for obesity.

Learn More >>
ANDPAC Supports Efforts to Expand Reimbursement for RDNs

Thanks to the Academy's Political Action Committee, the Academy has attended more than 10 events in July for members of Congress to advocate for the Treat and Reduce Obesity Act.

Learn More >>
What Will Happen to the Nutrition Part of the Farm Bill?

Last week, the House of Representatives passed a "farm only" farm bill, excluding the nutrition title that contains important programs like SNAP, SNAP-Ed, the Fresh Fruit and Vegetable Program, Farmers Market Nutrition Programs and others. These critical food and nutrition assistance

programs are susceptible to drastic cuts in funding, which would lead to increased hunger and decreased nutrition knowledge for vulnerable populations, and decreased employment for many Academy members.

Learn More >>
IOM Examines Role of National Standards for Nutrition Education

The Institute of Medicine recently analyzed the merits and potential uses of a set of national nutrition education curriculum standards and learning objectives for elementary and secondary schoolchildren. These discussions will likely provide a framework for lawmakers to consider using these nutrition education standards in schools.

Learn More >>

## CPE Corner

Webinar: Nutrition Education for Food-Insecure Families

Learn how Academy members can make an impact by providing nutrition education to food-insecure families. A free July 31 webinar titled "Ready, Set, Go: Preparing and Delivering Effective Nutrition Education for Audiences Facing Food Insecurity" will contain information about successful programs and resources to help you become a more effective educator to the food-insecure and how to access ready-made programs and education strategies you can start using today.

Learn More >>
Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

Learn More >>
Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Webinar: Why Social Media Ethics Apply to You in Nutrition and Dietetics

The growth and prevalent use of social media poses unique challenges to legal and ethical behavior in dietetics practice. An August 21 webinar will assist members in identifying appropriate applications of social media that avoid legal and ethical problems in practice.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

FNCE Speaker Spotlight

Inspiring speakers at the 2013 Food &Nutrition Conference &Expo will include award-winning journalist Betty Nguyen; Jeff Arnold, chairman and CEO of Sharecare; and Academy member Ellie Krieger, MS, RD, host of the Food Network's hit show "Healthy Appetite."

Learn More >>
Pre-FNCE Session: Innovations in Food Distribution and Nutrition Education at Food Banks

Through Kids Eat Right, the Foundation is working with Feeding America to raise awareness of nutrition and food insecurity. On Saturday, October 19, take an insider's tour of the nation's largest Feeding America food bank in Houston and learn about its model programs.

Learn More >>
SCAN Partners with NCAA on Nutrition Resources

The Academy's Sports, Cardiovascular and Wellness Nutrition dietetic practice group has announced a partnership with the National Collegiate Athletic Association's Sports Science Institute to develop nutrition resources on health and safety for collegiate athletes, coaches, trainers, administrators and others working in collegiate athletics.

Learn More >>
New MyPlate Resources

The online doors to MyPlate Kids' Place are open. Kids will find games, videos, songs, activity sheets, recipes and tips to help them eat more healthfully and move more. Parents and teachers will find new ways to help kids make healthier food and physical activity choices. Teachers and professionals can also add the resources to summer camp and back-to-school efforts.

Learn More >>
Brush Up on Skills and Knowledge, Earn CPE

Whether you're looking to get ahead in your position or considering a new area of specialty, the Academy's *Professional Skills Review* can help. Earn up to 25 CPEUs while refreshing your skill set. Save 10 percent in July.

Learn More >>
Registration Exam: Take the Next Step

Take the next step in your career path by preparing for the registration exam. The Academy's *Student Exam Prep* covers all domains from the Registration Examination for Dietitians and helps your brush up on your skills and knowledge. Save 10 percent in July.

Learn More >>

## Academy Member Updates

Research Network: Help Advance Dietetics

The Dietetics Practice Based Research Network consists of registered dietitian nutritionists from many different backgrounds who conduct and promote practical research in real-world settings. Join the DPBRN and be part of a network committed to improving patient and client outcomes.

Learn More >>
Interdisciplinary Call to Action to Address Adult Hospital Malnutrition

The Academy is a founding member of the Alliance to Advance Patient Nutrition, an interdisciplinary consortium dedicated to clinician collaboration across hospital settings in the U.S. to identify and address adult hospital nutrition. The Alliance has collaborated on a new consensus paper, "Critical Role of Nutrition in Improving Quality of Care: An Interdisciplinary Call to Action to Address Adult Hospital Malnutrition," which is available on the *Journal of the Academy of Nutrition and Dietetics'* website.

Learn More >>

## Philanthropy, Awards and Grants

Why Donate to Foundation's FNCE Silent Auction?

Thanks to generous supporters like you, the Academy Foundation's Silent Auction raised more than $12,000 at last year's Food &Nutrition Conference &Expo.

Learn More >>

Iowa Schools Meet the Challenge

Twenty-nine Iowa schools have received HealthierUS School Challenge awards through the Academy Foundation's "Meet the Challenge!" project, made possible through educational grants from the Iowa Department of Education and the Wellmark Foundation. Fourteen school applications are under U.S. Department of Agriculture review, with more applications to be submitted in the fall.

Learn More >>

Pittsburgh Affiliate Leadership Development Award

The deadline is August 15 to apply for the Pittsburgh Dietetic Association's Leadership Development Award. Applicants must be a resident of Pennsylvania or a student or graduate of a Pennsylvania program.

Learn More >>

Foundation's Student Stipends Allow Tomorrow's RDNs to Attend FNCE

The Foundation is able to award student stipends to attend the Food &Nutrition Conference &Expo thanks to the generosity of dietetic practice groups, state affiliates and individual Academy members.

Learn More >>

Matching Gifts Can Extend Your Support for Foundation

The impact of your gift to the Academy of Nutrition and Dietetics Foundation may be doubled or possibly tripled.

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Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

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2068. Daily News: Wednesday, July 24, 2013

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**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 24, 2013 10:51:53
**Subject:** Daily News: Wednesday, July 24, 2013
**Attachment:**

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**USDA/Economic Research Service**
**-Food Insecurity Increased in Most States From 2001 to 2011**
http://www.ers.usda.gov/amber-waves/2013-july/food-insecurity-increased-in-most-states-from-2001-to-2011.aspx

**Antioxidant found in red wine may actually undo the effects of exercise**
http://www.foxnews.com/health/2013/07/23/antioxidant-found-in-red-wine-may-actually-undo-effects-exercise/
Source: *The Journal of Physiology*
http://jp.physoc.org/content/early/2013/07/19/jphysiol.2013.258061.abstract

**Kidney Stones Tied to Raised Heart Disease Risk in Women**
http://health.usnews.com/health-news/news/articles/2013/07/23/kidney-stones-tied-to-raised-heart-disease-risk-in-women
Source: *JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1719741

**Type 1 Diabetes May Be Waning in World's Hot Spot**
http://www.medpagetoday.com/Endocrinology/Diabetes/40634
Source:*JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1719725

**Losing Fatty Liver Cuts Diabetes Risk**
http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/40631
*Source*:*Journal of Clinical Endocrinology &Metabolism*
http://jcem.endojournals.org/content/early/2013/07/18/jc.2013-1519.abstract

**Illegal diabetes products draw 15 FDA warnings**
http://www.nbcnews.com/health/illegal-diabetes-products-draw-15-fda-warnings-6C10710852
Source:FDA - Beware of Illegally Sold Diabetes Treatments
http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm361487.htm

**Why breast cancer kills more black women: Theyre sicker**
http://www.nbcnews.com/health/why-breast-cancer-kills-more-black-women-theyre-sicker-6C10722276
Related Resource: *Journal of the American Medical Association*
http://jama.jamanetwork.com/article.aspx?articleid=1719739

**The Whole Story**
**The Complex World of Whole Grains, Made Simple**
http://www.nytimes.com/2013/07/24/dining/the-complex-world-of-whole-grains-made-simple.html?ref=health
Related Resource: ChooseMyPlate
http://www.choosemyplate.gov/food-groups/grains-tips.html

**Food Corporations Turn to Chefs in a Quest for Healthy Flavor**
http://www.nytimes.com/2013/07/24/business/food-corporations-turn-to-chefs-in-a-quest-for-healthy-flavor.html?ref=health&_r=0

**Starbucks, Danone team up to develop Greek yogurt brand**
http://www.foodnavigator-usa.com/Manufacturers/Starbucks-Danone-team-up-to-develop-Greek-yogurt-brand

**Apps to Help Motivate You to Exercise**
http://online.wsj.com/article/SB10001424127887324328904578622450639411298.html
Related Resource: Consumer and Lifestyle App Reviews
http://www.eatright.org/appreviews/

**MedlinePlus: Latest Health News**
-Brain Wired Differently in Those With Autism: Study
-Decongestants in pregnancy linked to birth defects
-Details Emerge on Rabies Transplant Death
-Many Docs Don't Discuss Dietary Supplements, Study Says

**Registered Dietitians in the News**

**How to read food labels**
(Angela Ginn, Academy Spokesperson &Bonnie Taub-Dix, RD both quoted)
http://www.foxnews.com/health/2013/07/23/how-to-read-food-labels/

**Fruit juices and smoothies: Dangerous for your health?**
**Experts, studies warn about dangers of fruit juices, smoothies**
(Elizabeth Ward, RD, Lara Field, RD &Joanne Slavin, RD all quoted)
http://www.chicagotribune.com/health/ct-met-fruit-juice-health-20130724,0,4340391.story

**High school, college athletes need to eat smart for peak performance, research review shows**
(Melinda Manore, RD quoted)
http://www.oregonlive.com/health/index.ssf/2013/07/high_school_college_athletes_n.html

**Dietitians Dish: Reap the benefits of summer berries**
(By Susan Sizemore, RD)
http://www.victoriaadvocate.com/news/2013/jul/23/gl_dietitian_dish_072413_215095/?features

**Kitchen staples**
**What do 3 nutritionists and dietitians keep in their cupboards**
(Tammy Weber, RD, Mary Beth McCue, RD &Diane Pietrocarlo, RD all quoted)
http://www.timesunion.com/living/article/Kitchen-staples-4682050.php

**Fodmap diet for IBS**
(Emily Rubin RD featured)
http://www.myfoxphilly.com/video?clipId=9110355&autostart=true

**Nutrition Know - How: Visit the Mediterranean via tasty food**
(By Mia Gibson, RD)
http://www.oaoa.com/people/food/nutrition_know_how/article_33501e22-f409-11e2-b05e-0019bb30f31a.html

**Supporting data needed**
(By Kathy Kolasa, RD)
http://www.reflector.com/look/kolasa/kolasa-dietary-advice-without-supporting-data-can-be-confusing-2118863

**Parents blind to kids' fat problem**
(Chloe Dollery, Dietitian/New Zealand quoted)

http://www.stuff.co.nz/manawatu-standard/news/8957763/Parents-blind-to-kids-fat-problem

**Keeping Well with Coeliac Disease**
(Irish Nutrition and Dietetic Institute cited)
http://www.independent.ie/irish-news/exclusive-content/sponsored-feature-keeping-well-with-coeliac-disease-29442693.html

**Quote of the Week**

**Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.**
**-Thomas Edison**

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or send a blank email to leave-21941-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2069. Title/Credential Discussion

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Catherine Christie ' <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sonja Connor' <connors@ohsu.edu>, 'Anne Kendall Casella' <kendall@ufl.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>, 'Snetselaar, Linda G' <linda-snetselaar@uiowa.edu>, 'nhwooldridge@charter.net' <nhwooldridge@charter.net>, 'Merievelyn Stuber' <mstuber@methodisthospitals.org>, 'Julie.Grim@baylorhealth.edu' <Julie.Grim@baylorhealth.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Jennifer Horton <Jhorton@eatright.org>, 'Marsha Rhea' <mrhea@signaturei.net>
**Sent Date:** Jul 23, 2013 21:42:01
**Subject:** Title/Credential Discussion
**Attachment:** image003.jpg
Title-Credential Bacc Degree Prgm Grads.doc

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The summary from the new credential discussion is attached. We will have paper copies ready for you in the meeting room tomorrow morning.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2070. Connect with the Academy!

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
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**Subject:** Connect with the Academy!
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2071. Herbert Gemple

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, marglobogle@yahoo.com <marglobogle@yahoo.com>, sborra@fmi.org <sborra@fmi.org>, bbrandt@columbus.rr.com <bbrandt@columbus.rr.com>, stella.cash@sparrow.org <stella.cash@sparrow.org>, alcpar@wowway.com <alcpar@wowway.com>, acatakis1@verizon.net <acatakis1@verizon.net>, nevacoch@aol.com <nevacoch@aol.com>, ellyn.elson@yahoo.com <ellyn.elson@yahoo.com>, finn.s@finnparks.com <finn.s@finnparks.com>, goodtable@aol.com <goodtable@aol.com>, rdassociatesmi@gmail.com <rdassociatesmi@gmail.com>, jeanniemgrant@aol.com <jeanniemgrant@aol.com>, ooltd@aol.com <ooltd@aol.com>, sjp3@psu.edu <sjp3@psu.edu>, k_wear@bellsouth.net <k_wear@bellsouth.net>, estherwinterfeldt457@gmail.com <estherwinterfeldt457@gmail.com>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
**Sent Date:** Jul 23, 2013 14:08:43
**Subject:** Herbert Gemple
**Attachment:** image001.png
Tribute_Gifts_Form_2012[1].pdf

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Hello Academy Foundation BOD and Past Chairs,

It is with sadness that the Academy Foundation informs you of the death of Herbert Gemple, the beloved husband of former Foundation Chair Nylda Gemple. Herb passed away on July 19, 2013 at the Veterans Hospital in Palo Alto, California. Nylda and Herb were happily married just short of 50 years.
Herb was active in philanthropic causes throughout his life, including the Academy Foundation. Herb and Nylda support a named research grant to fund studies looking at the correlation of diet and nutrition in treating neurological disorders as well as a scholarship at the Foundation.

A military service will be held on Friday July 26 at the National Military Cemetery in San Juan, Puerto Rico that will include an honor guard ceremony. Plans are being made for a memorial celebration of Herb's life in Northern California that will take place in the fall at a location and place still to be determined.

In lieu of flowers the family requests that memorial donations be made to the Academy Foundation (please see the attached tribute gift form) or the Spinal Cord Unit of the Veterans Affairs Hospital in Palo Alto, CA.

Condolences can be sent to Nylda at:

1105 Bromfield Rd

Hillsborough, CA 94010-6623

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
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2072. Daily News: Tuesday, July 23, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 23, 2013 10:54:15
**Subject:** Daily News: Tuesday, July 23, 2013
**Attachment:**

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**Skipping breakfast and heart disease: Not so simple**
http://www.nbcnews.com/health/skipping-breakfast-heart-disease-not-so-simple-6C10710530
Source:*Circulation*
http://circ.ahajournals.org/content/128/4/337.abstract

**Omega-3s May Raise Prostate Cancer Risk**
http://well.blogs.nytimes.com/2013/07/22/omega-3s-may-raise-prostate-cancer-risk/?ref=health
Source: *Journal of the National Cancer Institute*
http://jnci.oxfordjournals.org/content/early/2013/07/09/jnci.djt174.abstract

# Dad's Age Tied to Kid's Weight, Height, LDL

# http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/40605
# Source: *Clinical Endocrinology*
# http://onlinelibrary.wiley.com/doi/10.1111/cen.12276/abstract

# For the healthiest baby, summer is the best time to conceive, study says
# http://www.washingtonpost.com/national/health-science/for-the-healthiest-baby-summer-is-the-best-time-to-conceive-study-

says/2013/07/22/9f7fa494-ef01-11e2-9008-61e94a7ea20d_story.html
Source: *Proceedings of the National Academy of Sciences*
http://www.pnas.org/content/early/2013/07/03/1307582110

**Searching for Meaningful Markers of Aging**
http://www.nytimes.com/2013/07/23/health/meaningful-markers-of-aging.html?ref=health

**Going vegan weighing risks and benefits**
http://www.foxnews.com/health/2013/07/22/going-vegan-weighing-risks-and-benefits/

**A Better Online Diagnosis Before the Doctor Visit**
http://online.wsj.com/article/SB10001424127887324328904578621743278445114.html

**School cafeterias fare well**
**Report: Milwaukee schools better than restaurants at food safety**
http://www.jsonline.com/news/education/school-cafeterias-fare-well-b9957995z1-216377461.html

**Taco Bell discontinues kids' meals and toys, says it's the first**
http://www.chicagotribune.com/business/breaking/la-fi-mo-taco-bell-discontinues-kids-meals-toys-20130722,0,1015896.story

**Dr Pepper cuts 7UP antioxidant content to settle US class action**
http://www.foodnavigator-usa.com/Regulation/Dr-Pepper-cuts-7UP-antioxidant-content-to-settle-US-class-action

**Mold Toxins Tied to AIDS Epidemic**
http://www.nytimes.com/2013/07/23/health/mold-toxins-tied-to-aids-epidemic.html?ref=health&_r=0
Source: *World Mycotoxin Journal*
http://wageningenacademic.metapress.com/content/x3537678214u23wu/

**The Kitchen as a Pollution Hazard**
http://well.blogs.nytimes.com/2013/07/22/the-kitchen-as-a-pollution-hazard/?ref=health

**Parasite sickens 250 in Midwest; fresh produce suspected-**
http://www.nbcnews.com/health/parasite-sickens-250-midwest-fresh-produce-suspected-6C10709186
Source: FDA
http://www.fda.gov/Food/RecallsOutbreaksEmergencies/Outbreaks/ucm361637.htm

**Registered Dietitians in the News**

**Kale has nutritional benefits and can be a tasty part of any meal**
(Dawn Jackson Blatner, RD quoted)
http://www.washingtonpost.com/national/health-science/kale-has-nutritional-benefits-and-can-be-a-tasty-part-of-any-meal/2013/07/22/63d7efd8-c89a-11e2-9f1a-1a7cdee20287_story.html

**Why is it so hard to stick with a diet, or exercise plan?**
(Marla Heller, RD quoted)
http://www.washingtonpost.com/national/health-science/why-is-it-so-hard-to-stick-with-a-diet-or-exercise-plan/2013/07/22/a6cda4f8-eb28-11e2-aa9f-c03a72e2d342_story.html

**North Texas Hospitals Focus on Food to Improve Outcomes, Patient Satisfaction**
(Susan Roberts, RD quoted)
http://healthcare.dmagazine.com/2013/07/22/hospitals-focus-on-food-to-improve-outcomes-patient-satisfaction/

**No meat athletes' say diet increases performance**
(Rebecca Turner, RD quoted)
http://www.clarionledger.com/article/20130720/FEAT/307200003/-No-meat-athletes-say-diet-increases-performance

**Tips for guarding against dehydration, staying cool**
(Andria Coleman, RD quoted)
http://www.gastongazette.com/lifestyles/health/tips-for-guarding-against-dehydration-staying-cool-1.175874

**Health briefs: Staying hydrated (scroll down)**
(Leslie Bonci, RD quoted)
http://www.pressofatlanticcity.com/life/monday_health/health-briefs-mental-health-disorders-among-children-staying-hydrated-climate/article_62f9e38b-c027-5110-b255-c9c88ae9e34f.html

**More products getting jolt of caffeine**
**FDA investigating health effects of 'energy' foods on children**
(Sue Cunningham, RD quoted)
http://www.mysanantonio.com/lifestyle/article/CAFFEINE-BUZZZZZ-4675695.php

**Feast of Fun: Samples highlight first Food Show**
(Audrey Keslar, RD quoted)
http://www.timesnews.net/article/9065189/feast-of-fun-samples-highlight-first-food-show

**Steps to Health: The new skinny on dietary fat**
(Felicia Stoler, RD quoted)
http://www.mysanantonio.com/food/columnists/jessica_belasco/article/Steps-to-Health-The-new-skinny-on-dietary-fat-4673449.php

**Healthbeat: Why is self-control so difficult**
(By Pam Stuppy, RD)
http://www.seacoastonline.com/articles/20130721-LIFE-307210314

**5 foods that promote healthy skin**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/07/23/5-foods-that-promote-healthy-skin/#ixzz2Zs7d1i5w

**A Dietitian's Tips to Successfully Managing Calories**
(By Lisa Rutledge, Dietitian/Canada)
http://www.huffingtonpost.ca/lisa-rutledge/dietician-tips-weight-loss_b_3620827.html

**When we let feelings dictate what we eat**
(Sara Grafenauer, Dietitian/Australia quoted)
http://www.illawarramercury.com.au/story/1656991/when-we-let-feelings-dictate-what-we-eat/?cs=2388

**Protein-packed breakfasts: What to eat to keep you powered**
(Jennifer Sygo, Dietitian/Canada featured)
http://www.theglobeandmail.com/life/life-video/protein-packed-breakfasts-what-to-eat-to-keep-you-powered/article13339113/

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or send a blank email to leave-21911-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2073. Fight Obesity Today!

**From:** Academy President <president@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 22, 2013 15:56:26
**Subject:** Fight Obesity Today!
**Attachment:**

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Tell Congress: Support the Treat and Reduce Obesity Act

You are the food and nutrition expert  now it is time to tell Congress!

Send your Senators and Representative an email urging them to support the **Treat and Reduce Obesity Act that allows registered dietitian nutritionists to *independently* bill for obesity counseling to Medicare patients**.

This bill is urgent. You deserve to be compensated for your expertise and training.

Contact Congress today! http://www.eatright.org/members/actioncenter.aspx

Thank you, in advance, for being a leader in the nations efforts toward better health.

Dr. Glenna McCollum, MPH, RDN
President, 2013-2014

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2074. Daily News: Monday, July 22, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 22, 2013 10:53:55
**Subject:** Daily News: Monday, July 22, 2013
**Attachment:**

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**Will dietary counseling, food stamp rules help solve obesity epidemic?**
**Medicaid is trying to implement a plan that will start reimbursing registered dietitians to counsel obese Medicaid patients.**
(Nina Crowley, RD quoted)
http://www.postandcourier.com/article/20130721/PC16/130729943/1009/will-dietary-counseling-food-stamp-rules-help-solve-obesity-epidemic&source=RSS
Related Resource: Join the Reimbursement Online Community
http://www.eatright.org/members/reimbcomm/

**Incentives may encourage end-of-life discussions**
http://www.chicagotribune.com/health/sns-rt-us-incentives-discussions-20130719,0,1988110.story
Sources: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1713506
*Journal of Clinical Oncology*
http://jco.ascopubs.org/content/early/2013/07/12/JCO.2012.46.6102
Related Resource: Position -Ethical and Legal Issues in Feeding and Hydration
http://www.eatright.org/About/Content.aspx?id=8408
Practice Paper: Ethical and Legal Issues in Feeding and Hydration
http://www.eatright.org/Members/content.aspx?id=6442476744

**Trying to lose weight? Ditch calorie-rich rewards after exercise**
http://www.foxnews.com/health/2013/07/22/trying-to-lose-weight-ditch-calorie-rich-rewards-after-exercise/

**Why people regain weight**
http://www.foxnews.com/health/2013/07/22/why-people-regain-weight/

**Dubai offers citizens gold to lose weight**
http://www.usatoday.com/story/news/world/2013/07/20/newser-gold-weight-loss-dubai/2571395/

**Over 35 and pregnant? What you need to know**
http://www.foxnews.com/health/2013/07/21/over-35-and-pregnant-what-need-to-know/

**Pakistani, Caribbean and halal are the fastest growing trends in ethnic cuisine says GrubHub**
http://www.foodnavigator-usa.com/Markets/Pakistani-Caribbean-and-Halal-are-the-fastest-growing-trends-in-ethnic-cuisine-says-GrubHub

**Dont pass the buck on sustainable sourcing urges expert**
http://www.foodnavigator-usa.com/Markets/Don-t-pass-the-buck-on-sustainable-sourcing-urges-expert

**6 Health Hazards Linked to Lack of Sleep**
http://abcnews.go.com/Health/health-hazards-linked-lack-sleep/story?id=19717562#

**MedlinePlus: Latest Health News**
-Tumbling Televisions
-'Female' X Chromosome May Play Part in Sperm Production
-Diabetes-Linked Amputations Declining, Study Finds
-Non-stick chemicals not tied to childhood growth
-Researchers Focus on Eczema-Food Allergy Link
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Is a Gluten-Free Diet Right for You?**
**Candidates include people with celiac disease, gluten sensitivity or those with a wheat allergy**
(Rachel Begun, Academy Spokesperson quoted)
http://consumer.healthday.com/vitamins-and-nutritional-information-27/food-and-nutrition-news-316/is-a-gluten-free-diet-right-for-you-674855.html

**Gay, Powell blame members of their inner circles**
(Amy Goodson, RD quoted)
http://www.usatoday.com/story/sports/olympics/2013/07/21/tyson-gay-asafa-powell-doping-

violations/2572951/

**For those new summer workouts, hydration options cause more problems than they solve**
(Erin McCarthy, RD; Justin Heaton, RD and Kim Kramer, RD all quoted)
http://www.nwitimes.com/niche/get-healthy/newsletter-featured-fitness/for-those-new-summer-workouts-hydration-options-cause-more-problems/article_29c02190-fafd-59b0-9aa9-5df2f2a11022.html

**Incredible and edible: Gardens good enough to eat get tour of their own**
(Joanne Gardner, RD quoted)
http://www.greenbaypressgazette.com/article/20130720/GPG0450/307200194/Incredible-edible-Gardens-good-enough-eat-get-tour-their-own

**Debunking Myths about Corn**
(Anna J Busenburg RD featured)
http://wbaa.org/post/sweet-corn-myths

**The Slow Diet**
(By Timi Gustafson, RD)
http://www.auburn-reporter.com/lifestyle/216046411.html

**Do I have to ditch pasta to lose weight?**
(ByLeslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/do-i-have-to-ditch-pasta-to-lose-weight/article13323030/

**The Academys Position Papers and Practice Papers are available at:**
**http://www.eatright.org/positions/**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=21890
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21890-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2075. Re: Flight delay

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Farr Linda <linda.farr@me.com>, Dorner Becky <becky@beckydorner.com>, glenna@glennamccollum.com <glenna@glennamccollum.com>, Sandra Gill <sandralgill@comcast.net>, Katie Brown <kbrown@eatright.org>
**Sent Date:** Jul 21, 2013 11:11:12
**Subject:** Re: Flight delay
**Attachment:**

---

Hi Donna-
Yes, Glenna, Sandra and Katie Brown have a 3:45 transportation. Please go to the US Airways baggage claim and look for a driver holding a sign with Glenna's last name.
I have copied them to alert them to look for you.
Safe travels!
Joan

Joan Schwaba
Director, Strategic Management
Academy of Nutrition and Dietetics
www.eatright.org

On Jul 21, 2013, at 9:50 AM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

> Joan,  I hate to bother you, but my flight has been delayed and instead of getting in at 1 pm, I will now get in at 3:45. Is there a way to change my transportation from the airport to the hotel? Linda and Becky, I wanted to let you all know so you would not wait on me. See you all in Annapolis.
>
> Sent from my iPhone

2076. RE: July 22-24, 2013 Board Retreat

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Catherine Christie ' <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sonja Connor' <connors@ohsu.edu>, 'Anne Kendall Casella' <kendall@ufl.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>, 'Snetselaar, Linda G' <linda-snetselaar@uiowa.edu>, 'nhwooldridge@charter.net' <nhwooldridge@charter.net>, 'Merievelyn Stuber' <mstuber@methodisthospitals.org>, 'Julie.Grim@baylorhealth.edu' <Julie.Grim@baylorhealth.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Jennifer Horton <Jhorton@eatright.org>
**Sent Date:** Jul 19, 2013 16:06:25
**Subject:** RE: July 22-24, 2013 Board Retreat
**Attachment:** image001.jpg
image002.jpg

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Hello all –
Kathy asked me to pass along some information from Maria about alternate modes of transportation in Annapolis, other than walking. Maria's suggestions follow. Just a note, we will all get the chance to experience the electric cruisers on our Monday tour of the city!
Joan

**From:** Maria Museler [mailto:maria.museler@gmail.com]
**Sent:** Friday, July 19, 2013 1:47 PM
**To:** McClusky, Kathy
**Subject:** Your Annapolis Visit

Kathy

It occurred to me that you may want to use two, essentially free, modes of transportation to get around for dinners. First there is the Circulator, a trolley type bus, that runs a circle right past the Loew's hotel away from town, and across the street into town. I think it runs like every 30 minutes or so. Secondly, the E-Z-Cruisers. These are electric golf cart type vehicles that are on call, the concierge at the hotel can call them, that will essentially take you anywhere in town (down to McGarvey's for a great pub type dinner or oysters if you so choose), the cost is a tip for the driver. They are fun and we have used them to avoid driving because parking is problematical or the weather is not conducive to walking. So rather than walking, hopefully this massive heat wave will subside while you are here, you may want to take advantage of these modes of travel about town. See you soon, Maria

--
Maria C Museler

**From:** McClusky, Kathy [mailto:KathyMcClusky@IamMorrison.com]
**Sent:** Thursday, July 18, 2013 9:18 AM
**To:** Joan Schwaba; 'Becky Dorner'; 'Catherine Christie '; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; 'Elise Smith '; 'Ethan A. Bergman'; 'Glenna McCollum'; 'Joe Derochowski'; 'Linda Farr '; 'Lucille Beseler '; 'Marcia Kyle'; 'Margaret Garner'; peark02@outlook.com; Nancylewis1000@gmail.com; 'Sandra Gill '; 'Sonja Connor'; 'Anne Kendall Casella'; Annalynn_Skipper@comcast.net; 'Snetselaar, Linda G'; 'nhwooldridge@charter.net'; 'Merievelyn Stuber'; 'Julie.Grim@baylorhealth.edu'
**Cc:** Executive Team Mailbox; Alison Steiber; Chris Reidy; Doris Acosta; Susan Burns; Katie Brown; Mary Ann Taccona; Jennifer Horton
**Subject:** RE: July 22-24, 2013 Board Retreat

Glenna asked me to send this note to all of you. As some of you know, my friend, Maria Museler lives in Annapolis and she has suggested several restaurants for Sunday evening. I am in one of the early shuttle groups with Becky, Donna, Linda and Nancy. We will accept the heavy responsibility of picking a restaurant for Sunday evening from the list Maria has provided. Please check for messages when you arrive at the hotel so you will know the time to meet in the lobby to head out for dinner. I will probably be going to Maria’s house, so may not be joining you.

Please RSVP to this note to let us know whether you will be joining us for dinner Sunday evening or not, since we will probably need to make reservations.

Looking forward to seeing all of you Sunday or Monday am.

**From:** Joan Schwaba [mailto:JSchwaba@eatright.org]
**Sent:** Wednesday, July 17, 2013 7:06 PM
**To:** 'Becky Dorner'; 'Catherine Christie '; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; 'Elise Smith '; 'Ethan A. Bergman'; 'Glenna McCollum'; 'Joe Derochowski'; McClusky, Kathy; 'Linda Farr '; 'Lucille Beseler '; 'Marcia Kyle'; 'Margaret Garner'; peark02@outlook.com; Nancylewis1000@gmail.com; 'Sandra Gill '; 'Sonja Connor'; 'Anne Kendall Casella'; Annalynn_Skipper@comcast.net; 'Snetselaar, Linda G'; 'nhwooldridge@charter.net'; 'Merievelyn Stuber'; 'Julie.Grim@baylorhealth.edu'
**Cc:** Executive Team Mailbox; Alison Steiber; Chris Reidy; Doris Acosta; Susan Burns; Katie Brown; Mary Ann Taccona; Jennifer Horton
**Subject:** RE: July 22-24, 2013 Board Retreat

In the event you downloaded the retreat materials already, we have just posted Agenda Item 5.0 – Sponsorship and a revised PDF of the packet materials.  The packet is now complete.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
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Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** Patricia Babjak
**Sent:** Wednesday, July 17, 2013 12:14 PM
**To:** Becky Dorner; Catherine Christie ; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Glenna McCollum; Joe Derochowski; Kathy McClusky; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill ; Sonja Connor; 'Anne Kendall Casella'; Annalynn_Skipper@comcast.net; 'Snetselaar, Linda G'; 'nhwooldridge@charter.net'; 'Merievelyn Stuber'; 'Julie.Grim@baylorhealth.edu'
**Cc:** Executive Team Mailbox; Alison Steiber; Chris Reidy; Doris Acosta; Susan Burns; Katie Brown; Mary Ann Taccona; Jennifer Horton
**Subject:** July 22-24, 2013 Board Retreat

Staff and I are looking forward to seeing you at the Board retreat!

The purpose of the retreat is two-pronged: to conduct business by planning for the continuing execution of the strategic plan and to network. The agenda is primarily focused on planning our direction, short and long-term, and the dialogue is generative and strategic.

The agenda and corresponding attachments for the retreat are now available on the Board of Directors' communication platform. Please login to the communications platform using the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, July Board Retreat. The size of the meeting packet is reduced, therefore paper copies will not be provided.

Marsha Rhea, President of Signature i, LLC, has been engaged to facilitate the retreat. Some of you know her from the great job she performed facilitating the 2011 Future Connections Summit, the joint meeting of organization units related to the Visioning Report, and most recently, the Academy Foundation Board meeting.

To foster collaboration and open dialogue with the Academy's major organization units, we welcome their representatives to the retreat: Nancy Wooldridge, chair of the Commission on Dietetic Registration; Annalynn Skipper, immediate past chair of the Commission on Dietetic Registration; Anne Kendall, chair of the Accreditation Council for Education in Nutrition and Dietetics; Merievelyn Stuber, vice chair of the Accreditation Council for Education in Nutrition and Dietetics; Linda Snetselaar, Editor of the *Journal of the Academy of Nutrition and Dietetics*; and Julie Grim, chair of the Nominating Committee. Former Academy president and Academy

Foundation chair, Susan Finn, will also be joining us on the first day to share an approach to the100th anniversary project, outlining a blueprint for action that sets the stage for the next century.

One of my goals has been to provide for an advisory group to the Board at each annual retreat to assist us in strategic thinking, with external viewpoints and counsel on key issues facing us. This year's distinguished advisors are Craig Burkhardt, Bill Doyle, Dr. Vincent Covello, David Mitchell, and Kelly Carey, who will share their perspectives and proposed strategies on licensure, sponsorship, communications, and positioning. They will lead us in identifying our challenges and opportunities and assist us finding innovative solutions. The biographical sketch for each is attached. I am excited about the thought-provoking information they will share with us and look forward to lively, substantive dialogue!

The attire for the meeting is casual. The temperature this time of year in Annapolis will be in the high eighties to low nineties during the day and in the seventies in the evening. Please note identification is required for entry to the Annapolis State House for our tour.

We have grouped members with similar flight arrival and departure times for private shuttles to/from the airport. Arrival and departure schedules and confirmations for the coordinated transportation are attached. Please let Joan know if you will be traveling with a guest for the shuttle rides and/or bringing a guest for the activities.

Please contact me if you have any questions or need assistance. Safe travels!

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
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Chicago, IL  60606

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2077. FW: SCAN Announces Partnership with NCAA Sports Science Institute-- thought you could use some good news!

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>
**Sent Date:** Jul 19, 2013 15:25:53
**Subject:** FW: SCAN Announces Partnership with NCAA Sports Science Institute-- thought you could use some good news!
**Attachment:** image001.jpg

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FYI-- see communication below. We are including the good news in the next edition of *Eat Right Weekly*.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

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312/899-4856
pbabjak@eatright.org

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**From:** hope1215@aol.com [mailto:hope1215@aol.com]
**Sent:** Friday, July 19, 2013 11:20 AM
**To:** Doris Acosta; Patricia Babjak
**Subject:** Fwd: SCAN Announces Partnership with NCAA Sports Science Institute-- thought you could use some good news!

In the sports world, this is big!

Have a great weekend!

Hope Barkoukis

-----Original Message-----
From: SCAN <scandpg@gmail.com>
To: Hope <hope1215@aol.com>
Sent: Thu, Jul 18, 2013 2:35 pm
Subject: SCAN Announces Partnership with NCAA Sports Science Institute

Email not displaying correctly? View it in your browser.

Dear Hope:

SCAN is pleased to announce its partnership with The **National Collegiate Athletic Association (NCAA) Sports Science Institute (SSI)** to develop nutrition resources on the topic of health and safety for collegiate athletes, coaches, trainers, administrators and others working in collegiate athletics. The NCAA created the Sport Science Institute in January 2013 with the mission to promote and develop safety, excellence and wellness in collegiate student-athletes, and to foster life-long physical and mental development.

The nutrition resources are available on the websites of both SCAN and NCAA.  New content will

be uploaded on a continual basis. Click HERE to view **fact sheets**, **articles** and **webinars** developed by SCAN members and the SSI team.

Visit the NCAA Sports Science Institute website and ‘Sign Up for the Newsletter’ if you work in collegiate athletics and would like to receive monthly e-newsletters highlighting resources that can benefit the student-athlete.

As SCAN announces the new partnership with the NCAA Sports Science Institute we remind you to take advantage of the many free sports nutrition fact sheets and webinars (in our online store) geared toward athletes that SCAN has developed over the years.

Regards,
The 2013-2014 SCAN Executive Committee

**Webinars**

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A Missing Link Between Sports Nutrition &Performance

The multibillion-dollar sports nutrition market has long focused on muscle repair and growth. But the next performance edge may be more fundamental: keep athletes healthy so they can train harder and longer. Brian McFarlin, Ph.D., FACSM, an expert in exercise physiology, nutrition and immunology, has spent years researching the negative impact of intense exercise on immune health. Sports dietitian Dave Ellis, RD, CSCS works with numerous college and professional teams on how to manage physical and lifestyle stress so they can maximize training and performance. This webinar will focus on clinical research demonstrating a natural ingredient’s ability to strengthen the immune function of athletes. VIEW WEBINAR

**FREE: July 17 - August 17 2013**
**CPE: 1 Unit**

**Announcements**

**CDC-Supported Community Transformation Grants:** If you are an RDN who is involved in a CTG-funded program, please contact Whitney Brown, the Academy’s Director of Legislation and Policy, and share your story. Tell us about the program you're involved in and how it's making a difference in your community. Whitney can be reached at wbrown@eatright.org.

**International Conference on Eating Disorders:** Submit your abstract now for the 2014 ICED in New York. As the annual meeting of the Academy for Eating Disorders (AED), the ICED has become the fields' premier event, providing the multi-disciplined, translational and international eating disorders community with a wide range of education and research all in one place. ***Your abstract can be a part of that***. At the ICED, you will present to an engaged audience of peers, gain exposure for your work and advance your career.

**Opportunity related to heart failure evidence based practice guidelines:** The Academy of Nutrition and Dietetics is conducting a research project regarding unique social media methods for the dissemination of the heart failure evidence based practice guidelines. The three year study (September 2013-2016) will examine which methods work best for dissemination of guidelines to Registered Dietitians and family physicians and whether patients improve with increased guideline dissemination. If you are interested in being considered for participation in the project, please complete the brief demographic and eligibility survey:
http://www.surveymonkey.com/s/DPBRNHeartFailureEligibility

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**About SCAN:** SCAN is the largest dietetic practice group of the Academy of Nutrition and Dietetics. With over 6,900 members, SCAN brings together Registered Dietitians, Registered Dietetic Technicians and others with nutrition expertise in the areas of sports, physical activity, cardiovascular health, wellness, and the prevention and treatment of disordered eating and eating disorders.

You are receiving this message because you are a member of SCAN - Sports, Cardiovascular, and Wellness Nutrition, a dietetic practice group of the Academy of Nutrition and Dietetics.

Unsubscribe hope1215@aol.com from this list. Note: If you unsubscribe you will no longer receive any emails from the SCAN office.

Our mailing address is:
6450 Manchester Road
Cleveland, OH 44129
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2078. Dates for Foundation Board Calls

**From:** Linda Hudson <lhudson@eatright.org>
**To:** Linda Hudson <lhudson@eatright.org>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Alison Steiber <ASteiber@eatright.org>, Mary-Ann Johnson <mjohnson@eatright.org>
**Sent Date:** Jul 19, 2013 15:19:15
**Subject:** Dates for Foundation Board Calls
**Attachment:** image001.png

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Hi All,

Please note the revised call times and let me know your availability.  Thanks.

September 17, 2013; 10:00am  – 1:00 pm central time

December 10, 2013; 10:00am – 1:00 pm central time

March 18, 2014; 10:00am – 1:00 pm central time

May 6, 2014; 10:00am – 11:00am central time – call to approve 2015 budget

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2079. ACEND Staff Transition

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
**Sent Date:** Jul 19, 2013 15:07:40
**Subject:** ACEND Staff Transition
**Attachment:** image003.jpg
ACEND Staff Transition.doc

---

My communication to Nutrition and Dietetic Educators and Preceptors to be posted today on its list serv follows.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2080. Report from June Academy Foundation Board Meeting

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, Mary Beth Whalen <Mwhalen@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Linda Hudson <lhudson@eatright.org>
**Sent Date:** Jul 19, 2013 14:09:31
**Subject:** Report from June Academy Foundation Board Meeting
**Attachment:** image001.png
Academy Foundation June 18-19 Board Meeting Summary Report.pdf

---

Good afternoon. Attached is the report from the June Academy Foundation Board Meeting. We are identifying next steps based on the report. Please let me know if you need additional information. Thanks and have a great weekend.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2081. RE: Cash flow update

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** McClusky, Kathy <KathyMcClusky@IamMorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'Elise Smith' <easaden@aol.com>, 'nwooldridge@peds.uab.edu' <nwooldridge@peds.uab.edu>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>
**Sent Date:** Jul 18, 2013 08:35:53
**Subject:** RE: Cash flow update
**Attachment:**

---

Et tu Brute'????

**From:** McClusky, Kathy [mailto:KathyMcClusky@IamMorrison.com]
**Sent:** Wednesday, July 17, 2013 4:55 PM
**To:** Paul Mifsud; DMartin@Burke.k12.ga.us; Connors@ohsu.edu; fellerb@auburn.edu; 'Elise Smith'; 'nwooldridge@peds.uab.edu'; 'kendall@ufl.edu'; 'mstokes@usj.edu'; peark02@outlook.com
**Cc:** Jeri Palmer; Joan Schwaba; Patricia Babjak
**Subject:** RE: Cash flow update

Was this a "short" email????  Just checking.  Thanks for it anyway.

**From:** Paul Mifsud [mailto:PMifsud@eatright.org]
**Sent:** Monday, July 15, 2013 6:06 PM
**To:** Paul Mifsud; DMartin@Burke.k12.ga.us; Connors@ohsu.edu; fellerb@auburn.edu; McClusky, Kathy; 'Elise Smith'; 'nwooldridge@peds.uab.edu'; 'kendall@ufl.edu'; 'mstokes@usj.edu'; peark02@outlook.com
**Cc:** Jeri Palmer; Joan Schwaba; Patricia Babjak
**Subject:** Cash flow update

All,

I hope you had a great weekend. I wanted to add the cash flow update to the e-mail I sent last week. However, that email became way to long. So, in order to keep Mary for saying I was too verbose J, I decided I would break it up into two emails in order to enhance my reputation (I know it won't work, but, I have to try something!!!). All kidding aside, I wanted to keep this e-mail separate because I am making a specific request to remove money out of investment reserves. The amount I will get to later. I think it is important that I walk you through the reasoning why we will need to take money out of reserves earlier than we have in previous years.

At our last FAC meeting, we discussed how the investment reserves change for CDR, DPGS/MIGS and the Academy based upon two factors; Investment gains and losses and operational gains and losses. The investment gains are pretty simple. Stocks and bonds go up or they go down. Al has done a great job managing our investments this past year. It is the second part of the equation that I am going to address.

When you look at the operating income results for May and for the year, you will see that the DPGS/MIGS and CDR had the following operational deficits;

Operational Deficits

May

YTD

CDR

$ (379,573)

$ (1,428,701)

DPGs/MIGs

$ (589,692)

$ (69,659)

Total

$ (969,265)

$ (1,498,360)

Since CDR, DPGS and MIGs reserves are all pooled with the Academy's reserves at Northern Trust, we adjust the total reserve amounts by redistributing the reserves each month. We don't put money in or take money out of reserves. We manage the operational needs using the cash we have in our operational account. If I feel it is necessary to remove money from reserves, I make the request to the FAC to do so. We generally need additional funds around February. This year, given the deficits generated by CDR, DPGS, and MIGs in May, I believe we will need to accelerate this decision.

As you will see from the following information, the deficits from CDR, DPGs, and MIGs in May have resulted in the Academy's reserve balance increasing by an incremental $969,269. This is an artificial increase. The $969,265 actually came out of our operating cash.

Beginning Reserves

Gains/(losses)

Operational Gains/(Losses)

Ending Reserves

CDR

$ 7,712,268
$ 81,827
$ (379,573)

$ 7,414,522
DPGs/MIGs

$ 6,819,729
$ 72,357
$ (589,692)

$ 6,302,394
AND

$ 18,861,470
$ 196,607
$ 969,265
$ 20,027,341
Total

$ 33,393,467
$ 350,790
$ -
$ 33,744,258

These losses coupled with the Academy operating losses and the investment in new technology have driven our operating cash to dangerously low levels. Therefore, I would like to move $1,000,000 out of the reserve accounts into operating cash.

This will bring back the investment reserve balances for the Academy closer to what it should be. Not moving the $1,000,000 would result in the Academy ending the year with nearly 82% in reserve. Making this adjustment drops this value down to approximately 78%.

Beginning Reserves

Gains/(losses)

Operational Gains/(Losses)

Ending Reserves

Adjustment to Reserves

Adjusted Balance

Percent in Reserve

CDR

$ 7,712,268
$ 81,827
$ (379,573)

$ 7,414,522
0

$ 7,414,522
78.2%

DPGs/MIGs

$ 6,819,729
$ 72,357
$ (589,692)

$ 6,302,394
0

$ 6,302,394
141.5%

AND

$ 18,861,470
$ 196,607
$ 969,265
$ 20,027,341
$ (1,000,000)

$ 19,027,341
77.8%

Total

$ 33,393,467

| | |
|---|---|
| $ | 350,790 |
| $ | - |
| $ | 33,744,258 |
| $ | (1,000,000) |
| $ | 32,744,258 |

The percent in reserve is against the FY13 budget. Looking at the FY14 budget, the Academy reserve balance would drop to 76.8%, still well above the Academy requirement of 50%.

When Pat and I presented the budget for FY14, we anticipated that the reserve balance for the Academy would end the Fiscal Year at approximately $18.3M. Even with the $1M reduction, we will be $727,000 higher than our estimate. Given the amount of investment the Academy is making in infrastructure, I believe the reserve level should be closer to $18.3M. The $19.027M is still artificially higher than it should. However, I can’t tell you exactly what will happen in the future. We could generate higher profits from FNCE, new programs, etc. This could help offset any need to adjust reserves in the future. The $1M will give us a few months of additional evaluation and income to make this decision. My concern, at the moment, is we will need the additional $1M within the next two weeks. It will be critical to meet our operational requirements.

So, in summary, as is our policy, I am informing the FAC that I will need to take money out of reserves. If I can, I will wait until the next FAC to address this in more detail. If I cannot, I will again inform the FAC. Either way, we can address this need further on our FAC call at the end of July.

Paul

This email is subject to certain disclaimers, which may be reviewed via the following link.
http://compass-usa.com/Pages/Disclaimer.aspx

2082. Talking Points

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** 'Ethan Bergman' <bergmane@cwu.EDU>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Barbara Visocan <BVISOCAN@eatright.org>
**Sent Date:** Jul 17, 2013 19:17:13
**Subject:** Talking Points
**Attachment:** image002.jpg
D. Martin Talking Points.docx
E. Bergman Talking Points.doc

---

Hello Ethan and Donna,

Attached are talking points to use as you wish for agenda item 11.0 - Fellow Recognition Program Proposal. I will have a paper copy onsite for you also.

Please let me know if you have any questions or need anything else.

See you soon!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2083. RE: July 22-24, 2013 Board Retreat

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** 'Becky Dorner' <becky@beckydorner.com>, 'Catherine Christie ' <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sonja Connor' <connors@ohsu.edu>, 'Anne Kendall Casella' <kendall@ufl.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>, 'Snetselaar, Linda G' <linda-snetselaar@uiowa.edu>, 'nhwooldridge@charter.net' <nhwooldridge@charter.net>, 'Merievelyn Stuber' <mstuber@methodisthospitals.org>, 'Julie.Grim@baylorhealth.edu' <Julie.Grim@baylorhealth.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Jennifer Horton <Jhorton@eatright.org>
**Sent Date:** Jul 17, 2013 19:06:01
**Subject:** RE: July 22-24, 2013 Board Retreat
**Attachment:** image003.jpg
image004.jpg

---

In the event you downloaded the retreat materials already, we have just posted Agenda Item 5.0 – Sponsorship and a revised PDF of the packet materials. The packet is now complete.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** Patricia Babjak
**Sent:** Wednesday, July 17, 2013 12:14 PM
**To:** Becky Dorner; Catherine Christie ; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Glenna McCollum; Joe Derochowski; Kathy McClusky; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill ; Sonja Connor; 'Anne Kendall Casella'; Annalynn_Skipper@comcast.net; 'Snetselaar, Linda G'; 'nhwooldridge@charter.net'; 'Merievelyn Stuber'; 'Julie.Grim@baylorhealth.edu'
**Cc:** Executive Team Mailbox; Alison Steiber; Chris Reidy; Doris Acosta; Susan Burns; Katie Brown; Mary Ann Taccona; Jennifer Horton
**Subject:** July 22-24, 2013 Board Retreat

Staff and I are looking forward to seeing you at the Board retreat!

The purpose of the retreat is two-pronged: to conduct business by planning for the continuing execution of the strategic plan and to network. The agenda is primarily focused on planning our direction, short and long-term, and the dialogue is generative and strategic.

The agenda and corresponding attachments for the retreat are now available on the Board of Directors' communication platform. Please login to the communications platform using the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, July Board Retreat. The size of the meeting packet is reduced, therefore paper copies will not be provided.

Marsha Rhea, President of Signature i, LLC, has been engaged to facilitate the retreat. Some of you know her from the great job she performed facilitating the 2011 Future Connections Summit, the joint meeting of organization units related to the Visioning Report, and most recently, the Academy Foundation Board meeting.

To foster collaboration and open dialogue with the Academy's major organization units, we welcome their representatives to the retreat: Nancy Wooldridge, chair of the Commission on Dietetic Registration; Annalynn Skipper, immediate past chair of the Commission on Dietetic Registration; Anne Kendall, chair of the Accreditation Council for Education in Nutrition and Dietetics; Merievelyn Stuber, vice chair of the Accreditation Council for Education in Nutrition and Dietetics; Linda Snetselaar, Editor of the *Journal of the Academy of Nutrition and Dietetics*; and Julie Grim, chair of the Nominating Committee. Former Academy president and Academy Foundation chair, Susan Finn, will also be joining us on the first day to share an approach to the100th anniversary project, outlining a blueprint for action that sets the stage for the next century.

One of my goals has been to provide for an advisory group to the Board at each annual retreat to assist us in strategic thinking, with external viewpoints and counsel on key issues facing us. This year's distinguished advisors are Craig Burkhardt, Bill Doyle, Dr. Vincent Covello, David Mitchell, and Kelly Carey, who will share their perspectives and proposed strategies on licensure, sponsorship, communications, and positioning. They will lead us in identifying our challenges and opportunities and assist us finding innovative solutions. The biographical sketch for each is attached. I am excited about the thought-provoking information they will share with us and look forward to lively, substantive dialogue!

The attire for the meeting is casual. The temperature this time of year in Annapolis will be in the high eighties to low nineties during the day and in the seventies in the evening. Please note identification is required for entry to the Annapolis State House for our tour.

We have grouped members with similar flight arrival and departure times for private shuttles to/from the airport. Arrival and departure schedules and confirmations for the coordinated transportation are attached. Please let Joan know if you will be traveling with a guest for the shuttle rides and/or bringing a guest for the activities.

Please contact me if you have any questions or need assistance. Safe travels!

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2084. Daily News: Tuesday, July 16, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 16, 2013 11:11:19
**Subject:** Daily News: Tuesday, July 16, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**Elevated blood pressure increasing among children**
http://www.chicagotribune.com/health/la-sci-sn-elevated-blood-pressure-increasing-among-children-20130712,0,1774724.story
Source: *Hypertension*
http://hyper.ahajournals.org/content/early/2013/07/15/HYPERTENSIONAHA.111.00831.abstract

**Kidney Disease, an Underestimated Killer**
http://well.blogs.nytimes.com/2013/07/15/kidney-disease-an-underestimated-killer/?ref=health
Related Resource:*Clinical Guide to Nutrition Care in Kidney Disease, Second Edition*
https://www.eatright.org/shop/product.aspx?id=6442475614

**Nelson Mandela's Illness Puts Spotlight on Palliative Care**
http://abcnews.go.com/Health/nelson-mandelas-illness-highlights-palliative-care/story?id=19672326
Related Resource: Ethical and Legal Issues in Feeding and Hydration
http://www.eatright.org/About/Content.aspx?id=8408

**Cholesterol Levels Are Leveling Off**
http://well.blogs.nytimes.com/2013/07/15/cholesterol-levels-are-leveling-off/?ref=health
Source:*PLoS*
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0063416;jsessionid=28BB23C1E671B1E54F1E6F0D83161108

**Cancer, chemo linked to vets' lower risk of Alzheimer's**
Source: (Presented at the Alzheimer's Association International Conference)
http://www.usatoday.com/story/news/nation/2013/07/15/alzheimers-cancer-veterans/2517403/

**Could you have MS? 16 multiple sclerosis symptoms**
http://www.foxnews.com/health/2013/07/16/could-have-ms-16-multiple-sclerosis-symptoms/

**Really? Babies Conceived in the Spring Are More Likely to Be Premature**
http://well.blogs.nytimes.com/2013/07/15/really-babies-conceived-in-the-spring-are-more-likely-to-be-premature/?ref=health
Source: *Proceedings of the National Academy of Science*
http://www.ncbi.nlm.nih.gov/pubmed/23836632

**Real or fake sugar: Does it matter?**
http://www.cnn.com/2013/07/15/health/artificial-sweeteners-soda/index.html?hpt=he_c2
Related Resource: Use of Nutritive and Nonnutritive Sweeteners
http://www.eatright.org/About/Content.aspx?id=8363

**New Thinking on Risky Pregnancies**
http://online.wsj.com/article/SB10001424127887323664204578607872985760366.html

**A Gap in Organic Food Chain**
http://online.wsj.com/article/SB10001424127887324867904578594171667940126.html

**Heat Wave Triggers Hyperthermia Alert**
http://abcnews.go.com/blogs/health/2013/07/15/heat-wave-triggers-hyperthermia-alert/
Related Resource: CDC- Extreme Heat
http://www.bt.cdc.gov/disasters/extremeheat/

**MedlinePlus: Latest Health News**
-Could a Gene Help Make You Obese?
-Early Diabetes Signs Often Missed in Alzheimer's Patients
-Long term aspirin use tied to lower colon cancer risk
-Pregnancy possible for many after childhood cancer
-Putting Off Retirement May Help Stave Off Alzheimer's
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**So you wanna eat healthy?**
**Morris dietitians offer individualized advice, support**

(Lynne Metzger, RD &Lauren Kolesa, RD quoted)
http://www.dailyrecord.com/article/20130715/NJNEWS/307150028/So-you-wanna-eat-healthy-

**Boy Scouts Jamboree should include those barred due to BMI restrictions, experts say**
(Tanya Zuckerbrot, RD quoted)
http://fox59.com/2013/07/16/boy-scouts-jamboree-should-include-those-barred-due-to-bmi-restrictions-experts-say/#axzz2ZDRbj7Dt

**Health: Going away on vacation with your good ol friend diabetes**
(By Debbie Bell, RD)
http://www.state-journal.com/spectrum/2013/07/13/health-going-away-on-vacation-with-your-good-ol-friend-diabetes

**Know the calorie cost of food on your plate**
(Nicole Brown, RD &Kathy Glazer, RD quoted)
http://www.heraldnet.com/article/20130716/LIVING/707169981

**Build a better good-for-you smoothie**
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/07/build_a_better_smoothie.html

**Berry benefits**
**These fruit snacks are ripe with health properties**
(Jeanine Stice, RD)
http://www.statesmanjournal.com/article/20130716/COLUMN0702/307160011/Stice-Berry-benefits?odyssey=mod%7Cnewswell%7Ctext%7CHealth%7Cp

**Hospital makes fresh produce accessible**
**Hospital offers 'farmers market' for staff, visitors and the public**
(Christie Tunnell, RD quoted)
http://www.thestarpress.com/article/20130713/NEWS01/307130001/Hospital-makes-fresh-produce-accessible

**Increase fiber intake for digestive health, weight management benefits**
(By April Graff, RD)
http://mankatofreepress.com/features/x1912995279/Increase-fiber-intake-for-digestive-health-weight-management-benefits

**The functions of cholesterol in the body**
(Suchita Sanghvi, Dietitian/India quoted)
http://articles.timesofindia.indiatimes.com/2013-07-15/health/40589220_1_ldl-cholesterol-body-bile

**The Academys Position Papers and Practice Papers are available at:**
**http://www.eatright.org/positions/**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=21799
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21799-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2085. Cash flow update

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@Iammorrison.com' <KMcClusky@Iammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nwooldridge@peds.uab.edu' <nwooldridge@peds.uab.edu>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>
**Sent Date:** Jul 15, 2013 18:06:29
**Subject:** Cash flow update
**Attachment:**

---

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Beginning Reserves

Gains/(losses)

Operational Gains/(Losses)

Ending Reserves

Adjustment to Reserves

Adjusted Balance

Percent in Reserve

CDR

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0

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78.2%

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$ 72,357
$ (589,692)

$ 6,302,394
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$ 6,302,394
141.5%

AND

$ 18,861,470
$ 196,607
$ 969,265
$ 20,027,341
$ (1,000,000)

$ 19,027,341
77.8%

Total

$ 33,393,467
$ 350,790
$ -
$ 33,744,258
$ (1,000,000)

$ 32,744,258

The percent in reserve is against the FY13 budget. Looking at the FY14 budget, the Academy reserve balance would drop to 76.8%, still well above the Academy requirement of 50%.

When Pat and I presented the budget for FY14, we anticipated that the reserve balance for the Academy would end the Fiscal Year at approximately $18.3M. Even with the $1M reduction, we will be $727,000 higher than our estimate. Given the amount of investment the Academy is making in infrastructure, I believe the reserve level should be closer to $18.3M. The $19.027M is still artificially higher than it should. However, I can’t tell you exactly what will happen in the future. We could generate higher profits from FNCE, new programs, etc. This could help offset any need to adjust reserves in the future. The $1M will give us a few months of additional evaluation and income to make this decision. My concern, at the moment, is we will need the additional $1M within the next two weeks. It will be critical to meet our operational requirements.

So, in summary, as is our policy, I am informing the FAC that I will need to take money out of reserves. If I can, I will wait until the next FAC to address this in more detail. If I cannot, I will again inform the FAC. Either way, we can address this need further on our FAC call at the end of July.

Paul

2086. RE: Cash Flow needs and Investment reserves

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jul 15, 2013 11:29:28
**Subject:** RE: Cash Flow needs and Investment reserves
**Attachment:**

---

Donna,

If you need too, call my cell phone at 630-750-8311.

Paul

-----Original Message-----
From: DMartin@Burke.k12.ga.us
Sent: Monday, July 15, 2013 10:28 AM
To: Paul Mifsud
Subject: Re: Cash Flow needs and Investment reserves

Paul, I am at the School Nutrition Association meeting in Kansas. I will try and find a time to call you today. I totally understand the need to take the million out of reserves, and have not problem with it. I am concerned about you waiting another two weeks for the FAC conference call in order to do it though. I will see when I can call you today. Thanks for the update.
Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us
>>> Paul Mifsud <PMifsud@eatright.org> 07/15/13 10:02 AM >>>
Donna,

I wanted to let you know that I will need to dip into reserves. Our policy indicates that I need to inform the FAC and also get your approval. I would like you to read this document and let me know when you have some time to discuss it.

This isn't "unexpected". What is unexpected is the timing of the issue. With the losses from the

DPGs/MIGs in May, it has essentially accelerated the need for cash. I actually think reducing the Academy reserves is a good thing because the amount in reserve without doing so would reach over $20M or 82%. This would give everyone a "false sense of security". Especially as we ramp up our investment in the new website. Let me know when you have some time to talk.

Paul

---

All,

I hope you had a great weekend. I wanted to add the cash flow update to the e-mail I sent last week. However, that email became way to long. So, in order to keep Mary for saying I was too verbose :), I decided I would break it up into two emails in order to enhance my reputation (I know it won't work, but, I have to try something!!!). All kidding aside, I wanted to keep this e-mail separate because I am making a specific request to remove money out of investment reserves. The amount I will get to later. I think it is important that I walk you through the reasoning why we will need to take money out of reserves earlier than we have in previous years.

At our last FAC meeting, we discussed how the investment reserves change for CDR, DPGS/MIGS and the Academy based upon two factors; Investment gains and losses and operational gains and losses. The investment gains are pretty simple. Stocks and bonds go up or they go down. Al has done a great job managing our investments this past year. It is the second part of the equation that I am going to address.

When you look at the operating income results for May and for the year, you will see that the DPGS/MIGS and CDR had the following operational deficits;

Operational Deficits

May

YTD

CDR

$ (379,573)

$ (1,428,701)

DPGs/MIGs

$ (589,692)

$ (69,659)

Total

$ (969,265)

$ (1,498,360)

Since CDR, DPGS and MIGs reserves are all pooled with the Academy's reserves at Northern Trust, we adjust the total reserve amounts by redistributing the reserves each month. We don't put money in or take money out of reserves. We manage the operational needs using the cash we have in our operational account. If I feel it is necessary to remove money from reserves, I make the request to the FAC to do so. We generally need additional funds around February. This year, given the deficits generated by CDR, DPGS, and MIGs in May, I believe we will need to accelerate this decision.

As you will see from the following information, the deficits from CDR, DPGs, and MIGs in May have resulted in the Academy's reserve balance increasing by an incremental $969,269. This is an artificial increase. The $969,265 actually came out of our operating cash.

Beginning Reserves

Gains/(losses)

Operational Gains/(Losses)

Ending Reserves

CDR

$ 7,712,268

$ 81,827

$ (379,573)

$ 7,414,522

DPGs/MIGs

$ 6,819,729

$ 72,357

$ (589,692)

$ 6,302,394

AND

$ 18,861,470

$ 196,607

$ 969,265

$ 20,027,341

Total

$ 33,393,467

$ 350,790

$ -

$ 33,744,258

These losses coupled with the Academy operating losses and the investment in new technology have driven our operating cash to dangerously low levels. Therefore, I would like to move $1,000,000 out of the reserve accounts into operating cash.

This will bring back the investment reserve balances for the Academy closer to what it should be. Not moving the $1,000,000 would result in the Academy ending the year with nearly 82% in reserve. Making this adjustment drops this value down to approximately 78%.

| | |
|---|---|
| Beginning Reserves | |
| Gains/(losses) | |
| Operational Gains/(Losses) | |
| Ending Reserves | |
| Adjustment to Reserves | |
| Adjusted Balance | |
| Percent in Reserve | |

CDR

$ 7,712,268

$ 81,827

$ (379,573)

$ 7,414,522

0

$ 7,414,522

78.2%

DPGs/MIGs

$ 6,819,729

$ 72,357

$ (589,692)

$ 6,302,394

0

$ 6,302,394

141.5%

AND

$ 18,861,470

$ 196,607

$ 969,265

$ 20,027,341

$ (1,000,000)

$ 19,027,341

77.8%

Total

$ 33,393,467

$ 350,790

| | |
|---|---|
| $ | - |
| $ | 33,744,258 |
| $ | (1,000,000) |
| $ | 32,744,258 |

The percent in reserve is against the FY13 budget. Looking at the FY14 budget, the Academy reserve balance would drop to 76.8%, still well above the Academy requirement of 50%.

When Pat and I presented the budget for FY14, we anticipated that the reserve balance for the Academy would end the Fiscal Year at approximately $18.3M. Even with the $1M reduction, we will be $727,000 higher than our estimate. Given the amount of investment the Academy is making in infrastructure, I believe the reserve level should be closer to $18.3M. The $19.027M is still artificially higher than it should. However, I can't tell you exactly what will happen in the future. We could generate higher profits from FNCE, new programs, etc. This could help offset any need to adjust reserves in the future. The $1M will give us a few months of additional evaluation and income to make this decision. My concern, at the moment, is we will need the additional $1M within the next two weeks. It will be critical to meet our operational requirements.

So, in summary, as is our policy, I am informing the FAC that I will need to take money out of reserves. If I can, I will wait until the next FAC to address this in more detail. If I cannot, I will again inform the FAC. Either way, we can address this need further on our FAC call at the end of July.

Paul

2087. Cash Flow needs and Investment reserves

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jul 15, 2013 11:02:04
**Subject:** Cash Flow needs and Investment reserves
**Attachment:**

---

Donna,

I wanted to let you know that I will need to dip into reserves. Our policy indicates that I need to inform the FAC and also get your approval. I would like you to read this document and let me know when you have some time to discuss it.

This isn't "unexpected". What is unexpected is the timing of the issue. With the losses from the DPGs/MIGs in May, it has essentially accelerated the need for cash. I actually think reducing the Academy reserves is a good thing because the amount in reserve without doing so would reach over $20M or 82%. This would give everyone a "false sense of security". Especially as we ramp up our investment in the new website. Let me know when you have some time to talk.

Paul

---

All,

I hope you had a great weekend. I wanted to add the cash flow update to the e-mail I sent last week. However, that email became way to long. So, in order to keep Mary for saying I was too verbose J, I decided I would break it up into two emails in order to enhance my reputation (I know it won't work, but, I have to try something!!!). All kidding aside, I wanted to keep this e-mail separate because I am making a specific request to remove money out of investment reserves. The amount I will get to later. I think it is important that I walk you through the reasoning why we

will need to take money out of reserves earlier than we have in previous years.

At our last FAC meeting, we discussed how the investment reserves change for CDR, DPGS/MIGS and the Academy based upon two factors; Investment gains and losses and operational gains and losses. The investment gains are pretty simple. Stocks and bonds go up or they go down. Al has done a great job managing our investments this past year. It is the second part of the equation that I am going to address.

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Operational Deficits

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YTD

CDR

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$ (1,428,701)

DPGs/MIGs

$ (589,692)

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Total

$ (969,265)

$ (1,498,360)

Since CDR, DPGS and MIGs reserves are all pooled with the Academy's reserves at Northern Trust, we adjust the total reserve amounts by redistributing the reserves each month. We don't put money in or take money out of reserves. We manage the operational needs using the cash we have in our operational account. If I feel it is necessary to remove money from reserves, I make the request to the FAC to do so. We generally need additional funds around February. This year, given the deficits generated by CDR, DPGS, and MIGs in May, I believe we will need to accelerate this decision.

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Operational Gains/(Losses)

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$ 81,827
$ (379,573)

$ 7,414,522
DPGs/MIGs

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$ 72,357
$ (589,692)

$ 6,302,394
AND

$ 18,861,470
$ 196,607
$ 969,265

| | |
|---|---|
| | $ 20,027,341 |
| Total | |
| | $ 33,393,467 |
| | $ 350,790 |
| | $ - |
| | $ 33,744,258 |

These losses coupled with the Academy operating losses and the investment in new technology have driven our operating cash to dangerously low levels. Therefore, I would like to move $1,000,000 out of the reserve accounts into operating cash.

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| | |
|---|---|
| Beginning Reserves | |
| Gains/(losses) | |
| Operational Gains/(Losses) | |
| Ending Reserves | |
| Adjustment to Reserves | |
| Adjusted Balance | |
| Percent in Reserve | |
| CDR | |
| | $ 7,712,268 |
| | $ 81,827 |
| | $ (379,573) |
| | $ 7,414,522 |

0

$ 7,414,522
78.2%

DPGs/MIGs

$ 6,819,729
$ 72,357
$ (589,692)

$ 6,302,394
0

$ 6,302,394
141.5%

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Total

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Paul

2088. Position Opening

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
**Sent Date:** Jul 15, 2013 10:36:48
**Subject:** Position Opening
**Attachment:** image002.jpg

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The position of Executive Director of ACEND is open effective July 31. I would very much appreciate if you could provide me with names of people who have accreditation experience and vision to advance our profession. Importantly, it needs to be an individual who respects group dynamics and has the ability to work with external and internal groups to achieve objectives and goals. An RD would be preferred.

I know that you understand the importance of the right type of expertise and leadership needed, so any assistance you can provide will be greatly appreciated. Thank you.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2089. Daily News: Monday, July 15, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 15, 2013 10:35:27
**Subject:** Daily News: Monday, July 15, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**Breastfeeding Mothers Need Support And Encouragement**
http://www.medicalnewstoday.com/releases/263296.php
Source: *BMC Pediatrics*
http://www.biomedcentral.com/1471-2431/13/77/abstract
Related Resource: Academy Position Paper
-Promoting and Supporting Breastfeeding
http://www.eatright.org/About/Content.aspx?id=8377

**Fruit And Veg "5 a Day" Advice Backed By New Findings**
http://www.medicalnewstoday.com/articles/263372.php
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/06/26/ajcn.112.056119.abstract

**Closing SNAP's food-voucher gap at farmers markets**
**The lack of technology at many farmers markets makes it impossible to accept food vouchers, which are processed using electronic debit cards.**
http://www.usatoday.com/story/news/nation/2013/07/13/food-vouchers-farmers-markets/2473191/

**Beans, peas, lentils: From poor mans meat to the hottest gluten-free ingredients?**
http://www.foodnavigator-usa.com/R-D/Beans-peas-lentils-From-poor-man-s-meat-to-the-hottest-gluten-free-ingredients

**Is your smartphone making you fat and lazy?**
http://www.chicagotribune.com/health/la-sci-sn-is-your-smartphone-making-you-fat-and-lazy-20130710,0,5435768.story
Source: *International Journal of Behavioral Nutrition and Physical Activity*
http://www.ijbnpa.org/content/10/1/79

**Registered Dietitians in the News**

**The OC Fair: No shame in having deep-fried Oreos or pineapple rings, just share**
(Ruth Frechman, Academy Spokesperson quoted)
http://www.latimes.com/features/food/dailydish/la-dd-orange-county-fair-food-20130712,0,4492042.story

**From the Dietitian: Make home meals special again**
**A little table decor, some fresh flowers and a guest or two can brighten up an at-home meal anytime**
(Jodi Schweiger, RD quoted)
http://www.desmoinesregister.com/article/20130715/LIFE/307150011/From-Dietitian-Make-home-meals-special-again

**Should You Go Gluten-Free?**
(By Katherine Tallmadge, RD)
http://www.huffingtonpost.com/2013/07/08/gluten-free-should-shouldnt_n_3561641.html

**Food certifications: What's in a name?**
(By Tina Ruggiero, RD)
http://tbo.com/health/food-certifications-whats-in-a-name-20130713/

**Quincy dietitian weighs in on diet soda and weight gain**
(Brittany Donlon RD quoted)
http://www.wgem.com/story/22823136/2013/07/12/studies-diet-soda-can-make-you-pack-on-the-pounds

**Diet Plan: Indiana State grad receives support to open business**
(Sarah James, RD quoted)
http://www.indstate.edu/news/news.php?newsid=3626

**The Academys Position Papers and Practice Papers are available at:**
**http://www.eatright.org/positions/**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21762-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2090. Re: Michele Simon strikes again and Networking Opportunity

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>
**Sent Date:** Jul 13, 2013 10:39:39
**Subject:** Re: Michele Simon strikes again and Networking Opportunity
**Attachment:**

---

Yes, we saw the Simon piece. Let's definitely talk at the retreat about a joint meeting with SNA reps. I'm copying Mary Beth on this email.

Our lobbyist told me this week he is also representing SNA. We have both been victims of uninformed press. He was also telling me about some of the results of the new regulations. His name is Craig Burkhardt; you'll meet him at our retreat.

Please give my regards to Patti and my best wishes for a very successful meeting!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On Jul 12, 2013, at 6:06 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Pat, in case you have not seen this article Michele Simon wrote, I thought you would find it interesting.
http://www.foodsafetynews.com/2013/07/nutrition-standards-wont-fix-big-foods-worst-child-marketing-tactics/

On another note, I am in Kansas City this week for the School Nutrition Association meeting and I had the opportunity to sit in on their School Nutrition Association joint Board and Foundation Board meeting. As part of the discussion, Patti Montague (CEO) asked me if I could arrange a meeting between the two organization's CEO's and foundation directors.. She said would be glad to come to Chicago, or if you were going to be in Washington, you could meet there. She asked if I could join you all in the meeting and I said I would be glad to if it works out. We can talk more at the board retreat, but I wanted to give you a heads up.

Sent from my iPad

2091. May financial update

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nwooldridge@peds.uab.edu' <nwooldridge@peds.uab.edu>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Jul 12, 2013 17:19:07
**Subject:** May financial update
**Attachment:**

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All,

It has been a couple of weeks since our last Finance and Audit Committee call and still a couple of weeks before our next one. Therefore, I thought I would give you a few updates on the following financial issues;

I. May financial results

II. Audit update

III. Investment returns

# I. May Financial Results

## 1. May financial results summary

The financial results for all intents and purposes are done and in the hands of the Auditors from Plante/Moran. However, they won't be officially completed until the audit is completed and presented to the Finance and Audit Committee. As I mentioned on our call last month, May was a challenging month. The amount of expenses processed in May of this year were 43% higher than last. This comes to over $1.6 million in additional expenses for May this year than for May of FY12. Naturally, the volume of transactions closely follows the change in expense resulting in some delays in processing all of the bills. The good news is most of this was "timing". None of the organizations were over budget for the year. As a matter of fact, every organization was comfortably under budget on expenses for the entire year. I will address each of the groups later in this e-mail

Many of you may know, my focus is first to the operating income (operating revenues minus operating expenses) of the business. I am happy to say that only the Academy didn't make or exceed its operating income target for FY13. The Academy's shortfall is primarily due to the lower revenue from FNCE we have addressed throughout the year. We also had a few unbudgeted entries that needed to be made in May that impacted the finances. I will address those a little later as well.

After operating income, I look at the net income (operating income plus investment returns). I am happy to say that investment income made the results even better. The Academy joined the rest of the business entities by exceeding our net income targets for FY13. We ended the year with nearly $6,679,000 in investment income across all entities. This drove the final Consolidated net income to over $3,184,000. This is nearly $5,762,000 better than the consolidated budgets. I hope the following explanations will provide you some insight into the final numbers.

## 2. Academy May financial results summary (A10)

Even though the Academy did not meet its operating target for May, it was not a bad month. Revenue was over budget by $25,567. Expenses were up, over-running the budget by $154,977. However, some of this had to do with the additional entries that had to be made at the end of the month. I mentioned them during our call in June and will address them below. So, for the month of May, the Academy's operating income/(deficit) was $129,410 worse than the budget. On a year to date basis, this resulted in the Academy having a $1,604,955 operating deficit which was

$460,011 larger than the budget.

The investment income for May of $196,607 did help improve the finances. However, the Academy still exceeded the budgeted operating deficit for May of $449,160 by $42,179. On the year to date basis, the Academy had a budgeted net income of $167,556. The actual result was net income of $917,427. Therefore, the Academy exceeded the net income target by $749,871. Overall, the Academy generating over $900,000 in net income is a great place to be.

The following is a breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area **over budget** by $6,699 in May and ended the Fiscal Year **under budget** by $312,39. Revenue was over budget for May primarily due to higher installment, application and reinstatement fees.

b. **Programs and Meetings** - This area is **over budget** by $2,378 in May and ended the Fiscal Year **under budget** by $977,432. The over-run in May is all due to higher Professional Development revenue.

c. **Publications and Materials** - This area is **under budget** by $3,678 in May and ended the Fiscal Year **over budget** by $2,768. The under-run in May is primarily due to lower NCP/SL sales (down $22.8K), lower Academy Careers royalties (down $14.8K) and lower miscellaneous ( down $5.2K). These were offset by higher Traditional Publication sales (up $10.9K) and higher List Rental (up $28.2K).

d. **Subscriptions** - This area is **over budget** by $4,769 in May and ended the Fiscal Year **over budget** by $151,796. The over-run for May is due to NCM and related products (up $3.2K) and EAL (up $1.6K).

e. **Advertising** – This area was on target for the month of May. Nothing budgeted and nothing earned. For the Fiscal Year, this area was under budget by $67,520.

f. **All grants -** This area was **under budget** by $953 in May and ended the Fiscal Year **over budget** by $30,040. The under-run in May is due to lower Research Grants (down $14.2K) and lower Guides for Practice (down $1.0) offset by higher ConAgra Home Food Safety (up $7.9K) and higher releases for the Carry the Flame project (up $6.3K).

g. **Sponsorships** – This area is **over budget by $15,537** for May and ended the Fiscal Year **over budget by $61,846**. This over-run in May due to the success of the Sponsorship program.

h. **Other** – This area was **over budget** by $816 in May and ended the Fiscal Year **over budget** by $6,863 for the year. The over-run in May is due to higher Elsevier payments.

B. Expenses

a. **Personnel** – This area is **over budget** by $77,749 for May and ended the Fiscal Year **over budget** by $99,440. The over-run in May is due to a few adjustments up and down. As I mentioned on our last call, we made entries for additional medical expenses (up $35.0K), additional vacation accrual (up $34.4K) and charges for the organizational changes ($61.8K). The additional medical could be a timing issue. Our plan is structured as a "high deductible" plan. However the Academy charges a flat amount to the insured depending on the choice made by the employee. The employee if a family plan is responsible for the first $1,800 in deductibles. The Academy would pick up the remaining balance. After a total of $7,000 in deductibles is achieved, no additional deductible is required. Historically, this has allowed us to save quite a bit of money on our insurance premiums. This year, through May, more participants in the plan have used the medical than last year. Since we anticipate that the costs may be higher in Jan-May and then lower June-December, we do not have to recognize the incremental expenses because we anticipate the balance to be $0 by December 31st. Since the incremental expenses are much higher this year than last, I don't believe the Auditors will feel comfortable with not recognizing some of the expense. In addition, given our history, I did not believe we would be at $0 in December. Therefore, I estimated we would need to record the additional $35,000. If I am wrong, and it is less, then the Academy will have a benefit in FY14.

The additional vacation accrual is required because the amount of vacation people have "not taken" has grown in FY13. We are required to record what we think the liability might be in the event people choose to leave the business. If an employee left, they would be entitled to all of the vacation they have accumulated. We do have caps on the amount employees can maintain. With the exception of the e-team and other key individuals, this would be up to 25 days depending on their years of service. This year, more people held onto their vacation days.

Finally, the organizational charges are associated with the IT restructuring that happened early in June. Overall, some of these costs are offset by higher capitalized labor, lower salary and wages and lower benefits for other items. The net effect of all of the charges was the $77,749 identified above.

b. **Publications** – This area is **over budget** by $7,763 for May and ended the Fiscal Year **over budget** by $36,257. The over-run in May is primarily due to higher Food and Nutrition Magazine costs (up $34.2K) and higher Journal costs (up $16.0K). This was offset by lower

Traditional Publications costs (down $42.2K). The lower Traditional Publication's costs are associated with a reconciliation of our book inventory. We determined that the expenses recognized throughout the year was overstated. We made the adjustment in May.

c. **Travel** – This area was **over budget** by $11,571 for May and ended the Fiscal Year **under budget** by $110,480. The over-run in May is primarily due to higher Governance (up $9.0K) and higher Public Policy (up $8.5K) and higher across all other (up $5.0K), offset by lower expenses for Research (down $8.0K) and lower Affiliate related expenses (down $3.0K).

d. **Professional Fees** - This area was **under budget** by $22,061 for May and ended the Fiscal Year **under budget** by $539,294. The under-run in May is being driven by lower Research (down $99.5K), lower Traditional publications (down $13.6K) and lower Informatics (down $7.5K) offset by higher expenses for Website (up $56.1K), Governance (up $7.5K), Marketing (up $24.4K), Public Policy (Up $5.0K), and List Rental (up $5.1K). The Research expenses were down primarily due to the ANDII project.

e. **Postage and Mailing Service** – This area is **under budget** by $17,895 in May and ended the Fiscal Year **under budget** by $94,129. The under-run in May is primarily due to lower Research (down $10.4K), lower Membership (down $56.8K) and lower Administration (down $2.7K), offset by higher Traditional Publications (up $1.3K).

f. **Office Supplies and Equipment** – This area is **over budget** by $1,037 in May and ended the Fiscal Year **over budget** by $5,015. The over-run in May is primarily due to higher Marketing expenses (up $4.8K), higher Public Policy (up $0.9K), higher Governance (up $0.7K), higher Administrative (up $1.8K) offset by lower Journal and Editor Search costs (down $7.0K) and lower across all other (down $0.2K).

g. **Rent and utilities** - This area is **over budget by $7,439** in May and ended the Fiscal Year **over budget by $21,316**. The over-run in May is due to higher utility costs for the weekend meetings held at headquarters.

h. **Telephone and communications** – This is **under budget** by $2,251 in May and ended the Fiscal Year **over budget** by $28,935. The under-run for May is due to lower Washington and Chicago basic phone costs.

i. **Commissions** – This area is **was on target for** May and ended the Fiscal Year **under budget by $14,882**.

j. **Computer Expenses** – This area is **under budget** by $152 for May and ended the Fiscal Year **under budget** by $5,091. The under-run in May is due to lower Web and Web hosting costs.

k. **Advertising and Promotion** – This area is **over budget** by $305 for May and ended the Fiscal Year **under budget** by $21,123. The over-run in May is due to higher advertising for National Nutrition Month (up $2.1K) offset by lower Research Publications (down $1.1K) and Traditional Publications (down $1.2K).

l. **Insurance** – This area is **under budget** by $522 for May and ended the Fiscal Year **over budget** by $201. The under-run in May is due to lower insurance premiums.

m. **Depreciation** – This area is **over budget** by $5,738 for May and ended the Fiscal Year **over budget** by $18,682. The over-run in May is due to higher costs for the web and infrastructure needs of the Academy.

n. **Bank and trust fees** – This area is **over budget** by $6,803 for May and ended the Fiscal Year **over budget** by $20,329. The over-run in May is due to additional credit card fees.

o. **Other** – This area is **under budget** by $34,243 for May and ended the Fiscal Year **under budget** $47,251. The under-run in May is primarily due to lower Public Relations (down $17.9K), lower E-learning (down $9.8K), lower Governance (down $6.0K), lower Marketing (down $5.1K) and lower across all other (down $4.3K) offset by higher DPG/MIG administration (up $3.6K), higher Research (up $4.1K) and higher Consumer Education (up $1.2K).

p. **Expense allocation** – This area is **under budget** by $102,103 for May because the Registry project supported by CDR under ran its budget. The result is the charge back to CDR was lower this month. Some of the savings can be seen in Professional Fees above.

q. **Meeting services** – This area is **over budget** by $5,996 for May and ended the Fiscal Year **under budget** for the year by $231,415. The over-run in May is being driven primarily by higher Governance expenses (up $9.0K), higher Marketing (up $2.6K) offset by lower Research (down $4.9K) and lower across all other programs (down $0.7K).

r. **Legal and Audit** – This area is **over budget** by $7,594 for May and ended the Fiscal Year **over budget** by $11,510. The over-run in May is all due to higher legal fees.

s. **Printing** – This area is **under budget** by $1,996 for May and ended the Fiscal Year **under budget** by $68,778. The under-run in May is primarily due to lower expenses for Governance (down $1.0K) and lower Public Policy (down $1.1K) offset by higher across all other programs (up $0.1K).

As I mentioned above, given all of the pluses and minuses for the year, having a net income result that is nearly $750,000 better than the budget is a great way to end the year.

## 3. Foundation May Financial results (A8 and A9)

The Foundation had a very good month in May. Revenue exceeded the budget by $281,180. Even though expenses were significantly higher than the budget, it was a timing issue due to the distribution of the General Mills Grants.

Since May was influenced by the timing of the grants, it is good to focus on the year to date numbers. For the Fiscal Year, the Foundation had over $3.5M in revenue. This was only $74K short of the budgeted revenue expectations. Considering the Foundation was running a under budget on revenue, they closed the gap nicely in May. To put it in perspective, the Foundation achieve nearly 98% of its overall revenue goal. On the expense front, the Foundation was under budget on expenses by over $555K. Some of this could be timing. However, a lot of it is due to changing of programs and an attempt by the Foundation hold expenses down wherever possible.

The FY13 Operating Income budget for Foundation was a deficit or -$987,677. The Foundation ended the year with a deficit of $506,890. So, the Foundation was nearly $500,000 better in operations than budgeted.

Then, if you factor in the investment returns of nearly $2.35M, the Foundation ended the 2013 Fiscal year with a Net Surplus of $1,838,946!!! This is $1,505,823 better than the budget. The best news of all is this resulted in the Foundation's reserves/net assets to end the year at $20,254,255. I believe this is an all time high!!

## 4. CDR May Financial results (A11)

CDR had a down month in May. Revenues for May were down $90,433 while expenses were over budget by $76,036. This was essentially a timing issue for programs and services because, for the entire year, CDR's revenues exceeded the budget by $134,503 and the expenses were under budget by $1,161,483.

For the Fiscal Year, CDR had an operating Deficit of $1,428,701. This does not sound grate, but, it is $1,295,986 smaller (or better) than the budget. Once you factor in the investment income of over $1M, CDR ended the year with a Net Deficit of $419,666. This was $2,305,021 smaller (or better) than the budget. This is a very nice position to be in.

## 5. DPG/MIG May Financial results (A12)

The DPGs/MIGs, in total, had a down month in May. Revenues were under budget by $43,291 while expenses exceeded the budget by $503,628. This is one of those areas that helped drive the expenses and volumes higher. The Net result was a deficit for the month of $517,335 (after investments). This was $474,563 larger (or worse) than the budget. This is a large deficit, however, looking at the year to date numbers, you will see that the combined DPGs/MIGs ended the year with Net Income of nearly $732,000. This was $1,035,854 larger (better) than the budget. You will see on page A16, only one DPG has slipped into the watch area; Dietitians in Business and Communications. Even this DPG has 73% in reserve so it is nothing to be concerned about.

So, overall, the combined DPGS/MIGs had a good year.

## 6. ACEND May Financial Results (A13)

ACEND also experienced the same issues as everyone else; Revenue was short of budget and expenses were higher than budget for May. Regardless, the Year to Date numbers look very good for ACEND. For the year, ACEND had an operating profit of $106,474. The group continues to build its reserves and now has $179,801 in the bank. This is a very strong position considering just a few years ago it was operating at annual deficits.

## 7. ANDPAC May Financial Results(A14)

ANDPAC had a “mixed” month in May. Revenues were short of budget by $12,609. However, expenses were under budget by $4,626. Even though the PAC did not obtain its operating income target of $32.3K, it was still very positive with a result of $24.3K.

On a year to date basis, the ANDPAC had an operating surplus of nearly $33.7K. This was nearly $60.4K better than the budget. The ANDPAC ended the year with nearly $283,000 in reserve. This is another good story. The PAC has grown its reserves over the past few years, putting it in a very strong financial position.

## II. Audit Update

The financial results are now in the hands of the auditors. They are here now and will be over the next few weeks. The customary interviews with key staff and volunteers has begun. We don't anticipate any problems. In my initial discussions with Jim Hagestad, Plante/Moran, he felt the initial information provided was great and everything looks good from his level. It is possible they may find adjustments that may need to be made. If they do, we will let you know.

## III. Investment returns.

The investment returns for the 2013 Fiscal Year were very impressive. The combined organizations gained nearly $6.7M. The month of June was not great with a combined loss of $791,408. That's the bad news. The good news is, through yesterday, the combined portfolios have gained nearly $1.5M in July!! So, we have recovered our losses and have gained another $709,000. As I look at the closing today, I would expect our portfolio to increase a little more. We have a long way to go to finish up July, but, it is starting the month very strong.

I hope this helps a little bit. Maria will put onto the portal on Monday the May financial package. That way, you can look at the information well in advance of our July 30st meeting. Naturally, if you have any questions, please give me a call.

Paul

2092. CDR Registration Maintenance Fee for the 2013-2014 Year

**From:** Commission on Dietetic Registration <enovak@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Jul 12, 2013 16:43:46
**Subject:** CDR Registration Maintenance Fee for the 2013-2014 Year
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

CDR Registration Maintenance Fee for the 2013-2014 Year
The 2013/2014 CDR registration maintenance fee notices were mailed earlier this month. You will receive your 2013/2014 CDR fee notice within the next couple of days, if you have not already. For those RDs, RDNs and DTRs who selected the *paperless* fee notice option, no fee notice was mailed, instead you are receiving email notifications.

All eligible RDs, RDNs and DTRs need to pay their $60 CDR registration maintenance fee by **August 31, 2013**. After August 31, you will be required to pay a late fee.

**Learn more and pay online** http://cdrnet.org/dates-regdates

Other methods of payment -
**MAIL** Send your $60 payment and your CDR registration maintenance fee notice to: CDR, PO Box 4727, Carol Stream IL 60197-4727, or use the courtesy reply envelope which was enclosed with your 2013/2014 fee notice by August 31, 2013.

**CALL CDR** -- 800/877-1600, ext. 5500, 8:00 am to 5:00 pm/CT and pay your CDR fee by credit card -- American Express, Discover, VISA or MasterCard by August 31, 2013.

If you have paid your 2013/2014 CDR registration maintenance fee recently, please disregard this email.

Thank you.
You are currently subscribed to receive CDR Renewal Reminders from the Commission on Dietetic Registration. If you prefer not to receive future e-mails, simply follow this link to unsubscribe.
You are currently subscribed as: **DMartin@burke.k12.ga.us**

2093. Tell Us What You Think

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 12, 2013 12:00:17
**Subject:** Tell Us What You Think
**Attachment:**

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Academy of Nutrition and Dietetics Email
Having trouble viewing this e-mail? View it in your browser.

We would like to know your thoughts on our Public Policy Workshop

The Academy of Nutrition and Dietetics (Academy) is conducting this study to better understand the needs and benefits of those who attend as well as those who do not attend the Public Policy Workshop. Your feedback is very valuable to us and will assist us in better serving our members. We estimate this survey will take 10 minutes to complete.

Take the survey now

Share this mailing with your social network:

Membership announcements are sent to you as member of the Academy of Nutrition and Dietetics.
If you prefer not to receive future alerts, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2094. Daily News & Journal Review: Friday, July 12, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 12, 2013 11:14:27
**Subject:** Daily News & Journal Review: Friday, July 12, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**Study: Vallejo among nation's best places for dietitians**
http://www.timesheraldonline.com/news/ci_23647116/study-vallejo-among-nations-best-places-dietitians
Related Resources: Salaries: The Who, Where, When and What's Next!
http://www.eatright.org/Members/content.aspx?id=972
FNCE® 2013 Session - Professional Skills and Career Management Track
-Beyond Traditional Dietetics: Turning Your RD into Real Dollars
http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=39

**Many Chronic Diseases Are Preventable through Eating Habits and Lifestyle: Position of the Academy of Nutrition and Dietetics**
http://www.newswise.com/articles/many-chronic-diseases-are-preventable-through-eating-habits-and-lifestyle-position-of-academy-of-nutrition-and-dietetics
Source: Both the Academy Position and Practice Papers are available at:
http://www.eatright.org/About/Content.aspx?id=6442460576
Related Resource: FNCE® 2013 Session - Healthy Aging Across the Lifespan Track
-Research &Practice Innovations - Strategies for Lifestyle Changes Part 1
http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=33

**$10,000 grant aids weekend food program in South Glens Falls school district**
(The new grant will allow the district to have a dietitian available at various school functions)
http://poststar.com/news/local/grant-aids-weekend-food-program-in-south-glens-falls-school/article_137ae47c-ea7e-11e2-a169-0019bb2963f4.html

Source: Academy of Nutrition and Dietetics Foundation
-Champions for Healthy Kids Grants
http://www.eatright.org/foundation/championgrants/

**Snack choice not frequency matters most for weightmanagement**
http://www.foodnavigator.com/Science-Nutrition/Snack-choice-not-frequency-matters-most-for-weight-management
Source: *Public Health Nutrition*
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8951213&fulltextType=RA&fileId=S1368980012003771

**Abdominal Fat Linked to Raised Heart, Cancer Risks**
**Chances of disease were higher than when fat was in other parts of the body, researchers report**
http://www.nlm.nih.gov/medlineplus/news/fullstory_138580.html
Source:*Journal of the American College of Cardiology*
http://www.sciencedirect.com/science/article/pii/S0735109713025540

**Maple water: The new coconut water?**
http://www.foodnavigator-usa.com/Suppliers2/Maple-water-The-new-coconut-water
Related Resource: Coconut Water - Is It What It's Cracked Up to Be?
http://www.eatright.org/Public/content.aspx?id=6442471128&terms=coconut%20water

**New Limits for Arsenic Proposed by F.D.A.**
http://www.nytimes.com/2013/07/12/health/new-limits-for-arsenic-proposed-by-fda.html?ref=health&_r=0
Source: FDA (Agency will accept public comments on the proposed action level and the risk assessment for 60 days)
http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm360466.htm

**FDA Regulations No Longer Authorize the Use of BPA in Infant Formula Packaging Based on Abandonment; Decision Not Based on Safety**
http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm360147.htm

**USDA/Economic Research Service**
**-Taste perceptions may trump health concerns when it comes to fat and sodium in foods**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=38151&ref=collection

**House Cuts Food-Stamp Funds From Farm Bill**
http://online.wsj.com/article/SB10001424127887323740804578600044099228364.html

**Registered Dietitians in the News**

**Eating fruits and vegetables tied to longer life**
(Kelly Pritchett, Academy Spokesperson quoted)
http://www.lowellsun.com/ci_23641866/eating-fruits-and-vegetables-tied-longer-life

**Poverty Rate Still High Among U.S. Children: Report**
**Almost one-quarter live in low-income homes, which experts say affects their health and education**
(Kristi King, Academy Spokesperson quoted)
http://health.usnews.com/health-news/news/articles/2013/07/12/poverty-rate-still-high-among-us-children-report

**Study: Walking can prevent type 2 diabetes**
(Kathy Warwick, RD)
http://www.clarionledger.com/article/20130709/COL0803/307090012/Study-Walking-can-prevent-type-2-diabetes?odyssey=mod|newswell|text|Lifestyles|p&nclick_check=1

**8 Ways to Avoid Beach Bloat**
(By Cynthia Sass, RD)
http://abcnews.go.com/Health/Wellness/ways-avoid-beach-bloat/story?id=19642481

**Journal Review**

**Academy members can now obtain articles from the*Journal Review* for as little as $10 per article, which saves Members up to $20 per article.**
If you are interested in obtaining your copy today, visit http://tinyurl.com/article-orderto place your order.

***Academy MNT Provider*, June 2013**
http://www.eatright.org/Publications/MNTProvider/June2013/index.html
-Master the art of getting paid &increase your bottom lin
-Important news about Medicare Intensive behavioral Therapy for Obesity
-Question Corner: Can I charge my Medicare patients a no show fee for missed appointments?
-CDR approves continuing education for National Provider calls and events
-Treat and Reduce obesity Act introduced
***Food &Nutrition Magazine*, July/ August 2013**
http://www.foodnutrimag-digital.com/foodnutrimag/july_august_2013#pg1
-Q: What is Cold-Pressed Juice?
-Q: Is Nutritional Yeast Active?
-Au Natural: Homemade Cleaners Use Everyday Products
-Counseling a Conscious Choice- Vegan

-Got Non-Dairy Beverages?
-Mushrooms Taste of the Earth
-Tips for Vegan Victory
-Meat analogs

***American Heart Journal*, July 2013**
http://www.ahjonline.com/current
Gender differences in cardiovascular mortality by C-reactive protein level in the United States: Evidence from the National Health and Nutrition Examination Survey III
http://www.ahjonline.com/article/S0002-8703(13)00223-8/abstract
Cardiovascular risk factor burden, treatment, and control among adults with chronic kidney disease in the United States
http://www.ahjonline.com/article/S0002-8703(13)00222-6/abstract
The Cholesterol, Hypertension, And Glucose Education (CHANGE) study: Results from a randomized controlled trial in African Americans with diabetes
http://www.ahjonline.com/article/S0002-8703(13)00286-X/abstract
Phytosterols, red yeast rice, and lifestyle changes instead of statins: A randomized, double-blinded, placebo-controlled trial
http://www.ahjonline.com/article/S0002-8703(13)00225-1/abstract

***Current Opinion in Clinical Nutrition &Metabolic Care,*June 24, 2013 Online-First**
http://journals.lww.com/co-clinicalnutrition/pages/default.aspx
Diarrhea in enterally fed patients: blame the diet?
http://journals.lww.com/co-clinicalnutrition/Abstract/publishahead/Diarrhea_in_enterally_fed_patients___blame_the.99613.aspx
Nutritional management of acute pancreatitis: the concept of 'gut rousing'
http://journals.lww.com/co-clinicalnutrition/Abstract/publishahead/Nutritional_management_of_acute_pancreatitis___the.99611.aspx

***European of Clinical Nutrition,* July 2013**
http://www.nature.com/ejcn/journal/v67/n7/index.html
A multicenter randomized controlled trial of a plant-based nutrition program to reduce body weight and cardiovascular risk in the corporate setting: the GEICO study
http://www.nature.com/ejcn/journal/v67/n7/abs/ejcn201392a.html
A multicentre study to implement nutritional risk screening and evaluate clinical outcome and quality of life in patients with cancer
http://www.nature.com/ejcn/journal/v67/n7/abs/ejcn201381a.html
Validity of nutritional screening with MUST and SNAQ in hospital outpatients
http://www.nature.com/ejcn/journal/v67/n7/abs/ejcn201385a.html
Effects of whey proteins on glycaemia and insulinaemia to an oral glucose load in healthy adults; a

doseresponse study
http://www.nature.com/ejcn/journal/v67/n7/abs/ejcn201388a.html

***International Journal of Obesity*, July 2013**
http://www.nature.com/ijo/journal/v37/n7/index.html
Association of caesarean delivery with child adiposity from age 6 weeks to 15 years
http://www.nature.com/ijo/journal/v37/n7/abs/ijo201349a.html
Gestational weight gain and adiposity, fat distribution, metabolic profile, and blood pressure in offspring: the IDEFICS project
http://www.nature.com/ijo/journal/v37/n7/abs/ijo201335a.html
Waist circumference-to-height ratio predicts adiposity better than body mass index in children and adolescents
http://www.nature.com/ijo/journal/v37/n7/abs/ijo201332a.html
External influences on childrens self-served portions at meals
http://www.nature.com/ijo/journal/v37/n7/abs/ijo2012216a.html

***JAMA,* July 10, 2013 On-line First**
http://jama.jamanetwork.com/onlineFirst.aspx
- The State of US Health, 1990-2010
Burden of Diseases, Injuries, and Risk Factors
http://jama.jamanetwork.com/article.aspx?articleid=1710486

***JAMA,* July 10, 2013**
http://jama.jamanetwork.com/issue.aspx
Effect of Soy Protein Isolate Supplementation on Biochemical Recurrence ofProstate Cancer After Radical Prostatectomy
http://jama.jamanetwork.com/article.aspx?articleid=1710457
Racial Differences in the Association of Serum 25-Hydroxyvitamin D Concentration With Coronary Heart Disease Events
http://jama.jamanetwork.com/article.aspx?articleid=1710459
Institute of Medicine Report Advises Schools to Prioritize Physical Activity to Promote Health and Learning
http://jama.jamanetwork.com/article.aspx?articleid=1710452
JAMA Patient Page: Chemotherapy
http://jama.jamanetwork.com/article.aspx?articleid=1710460

***JAMA: Internal Medicine*, July 8, 2013**
http://archinte.jamanetwork.com/issue.aspx
Extreme Bilirubin Levels as a Causal Risk Factor for Symptomatic Gallstone Disease
http://archinte.jamanetwork.com/article.aspx?articleid=1710092
Vegetarian Dietary Patterns and Mortality in Adventist Health Study 2
http://archinte.jamanetwork.com/article.aspx?articleid=1710093

***Journal of Caffeine Research*, June 2013**
http://online.liebertpub.com/toc/jcr/3/2
Caffeine and Substance Use Disorders
http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.0015
Caffeine Withdrawal and Dependence: A Convenience Survey Among Addiction Professionals
http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.0005

***Journal of Human Nutrition and Dietetics*, July 2013 Supplement**
http://onlinelibrary.wiley.com/doi/10.1111/jhn.2013.26.issue-s1/issuetoc
Body mass index in adult patients with diet-treated phenylketonuria
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12054/full
The impact of nutritional supplementation on quality of life in patients infected with hepatitis C virus
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12087/full
Malnutrition and obesity: influence in mortality and readmissions in chronic obstructive pulmonary disease patients
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12088/full
Effect of fasting in Ramadan on body composition and nutritional intake: a prospective study
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12042/full
Can a web-based food record accurately assess energy intake in overweight and obese women? A pilot study
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12094/full
Involvement in research activities and factors influencing research capacity among dietitians
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12053/full

***Journal of Hunger &Environmental Nutrition*, Vol. 8 No. 2 2013**
http://www.tandfonline.com/toc/when20/current
To What Extent is Food Insecurity in US Households Frequent or Persistent?
http://www.tandfonline.com/doi/full/10.1080/19320248.2013.786665
Development and Validation of a Child Report Assessment of Child Food Insecurity and Comparison to Parent Report Assessment
http://www.tandfonline.com/doi/full/10.1080/19320248.2013.790775
Ready-to-Eat Cereal Intake is Associated with an Improved Nutrient Intake Profile among Food Insecure Children in the United States
http://www.tandfonline.com/doi/full/10.1080/19320248.2013.786664

***Lancet*, July 11, 2013**
http://www.thelancet.com/home
Physical and cognitive functioning of people older than 90 years: a comparison of two Danish cohorts born 10 years apart
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60777-1/fulltext?elsca1=ETOC-LANCET&elsca2=email&elsca3=E24A35F

***Military Medicine*, July 2013**
http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000007
Eating Disorder in a Young Active Duty Male
http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000007/art00044
Effects of Hydration on Cognitive Function of Pilots
http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000007/art00025

***Morbidity and Mortality Weekly Repot,*July 12, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Outbreak of *Salmonella* Heidelberg Infections Linked to a Single Poultry Producer 13 States, 20122013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6227a3.htm?s_cid=mm6227a3_w
QuickStats: Age-Adjusted Death Rates* from Esophageal Cancer for Persons Aged 65 Years, by Race and Sex National Vital Statistics System, United States, 19902010
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6227a8.htm?s_cid=mm6227a8_w

***New England Journal of Medicine,*July 11, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Cardiovascular Effects of Intensive Lifestyle Intervention in Type 2 Diabetes
http://www.nejm.org/doi/full/10.1056/NEJMoa1212914

***Nutrition,*July 8-10, 2013 On-line First**
http://www.journals.elsevier.com/nutrition/
Non-nutritive sweeteners: Review and update
http://www.nutritionjrnl.com/article/S0899-9007(13)00219-0/abstract
Body shape index and mortality in hemodialysis patients
http://www.nutritionjrnl.com/article/S0899-9007(13)00199-8/abstract

***Nutrition in Clinical Practice*, July 8, 2013 On-Line First**
http://ncp.sagepub.com/content/early/recent
Effects of L-Carnosine and Its Zinc Complex (Polaprezinc) on Pressure Ulcer Healing
http://ncp.sagepub.com/content/early/2013/07/08/0884533613493333.abstract

***Nutrition &Metabolism*, July 1,2013 Online First**
http://www.nutritionandmetabolism.com/
Milk protein for improved metabolic health: a review of the evidence
http://www.nutritionandmetabolism.com/content/10/1/46/abstract
Fructose in perspective
http://www.nutritionandmetabolism.com/content/10/1/45/abstract

***Nutrition Reviews*, July 2013**

http://onlinelibrary.wiley.com/doi/10.1111/nure.2013.71.issue-7/issuetoc

Nutritional essentiality of sulfur in health and disease

http://onlinelibrary.wiley.com/doi/10.1111/nure.12050/abstract

Diet beverages and the risk of obesity, diabetes, and cardiovascular disease: a review of the evidence

http://onlinelibrary.wiley.com/doi/10.1111/nure.12038/abstract

Dietary fiber and the risk of precancerous lesions and cancer of the esophagus: a systematic review and meta-analysis

http://onlinelibrary.wiley.com/doi/10.1111/nure.12032/abstract

***Pediatrics*, July 2013**

http://pediatrics.aappublications.org/content/current

Statement of Endorsement: Defining Pediatric Malnutrition

http://pediatrics.aappublications.org/content/132/1/e283.full

Simplified Definitions of Elevated Pediatric Blood Pressure and High Adult Arterial Stiffness

http://pediatrics.aappublications.org/content/132/1/e70.abstract

Serum Uric Acid and Blood Pressure in Children at Cardiovascular Risk

http://pediatrics.aappublications.org/content/132/1/e93.abstract

Outcomes of an Early Feeding Practices Intervention to Prevent Childhood Obesity

http://pediatrics.aappublications.org/content/132/1/e109.abstract

Ten-Year Review of Major Birth Defects in VLBW Infants

http://pediatrics.aappublications.org/content/132/1/49.abstract

Racial and Ethnic Disparities in ADHD Diagnosis From Kindergarten to Eighth Grade

http://pediatrics.aappublications.org/content/132/1/85.1.abstract

A Systematic Review of Home-Based Childhood Obesity Prevention Studies

http://pediatrics.aappublications.org/content/132/1/e193.abstract

Systematic Review of Community-Based Childhood Obesity Prevention Studies

http://pediatrics.aappublications.org/content/132/1/e201.abstract

Misdiagnosed Food Allergy Resulting in Severe Malnutrition in an Infant

http://pediatrics.aappublications.org/content/132/1/e229.abstract

***Todays Dietitian*, July 2013**

http://www.todaysdietitian.com/

The Right Start  Tell Clients Breakfast Can Promote Weight Loss and Provide Other Great Benefits

http://www.todaysdietitian.com/newarchives/070113p24.shtml

**Fast-Food Menu Makeovers  Salads, Fruit Snacks, and Smaller Meal Portions to Tell Clients About**

http://www.todaysdietitian.com/newarchives/070113p18.shtml

**The Organic Foods Debate  Are They Healthier Than Conventional?**

http://www.todaysdietitian.com/newarchives/070113p28.shtml

**Dynamic Duos  Teaming Up to Achieve Success- RD and DTR**
http://www.todaysdietitian.com/newarchives/070113p38.shtml
**Insulin Resistance**
http://www.todaysdietitian.com/newarchives/070113p42.shtml
(Click on -View Digital Edition)
-Elimination Diet Protocols- pg. 10
-Carrageenan Under Fire pg. 16
-Calcium Controversy Why Dietary Sources Trump Supplements pg. 50
-Tart Cherries Linked to reduced Risk of Stroke- Pg. 63

***Wellness Letter*, University of California, Berkeley, July 2013**
http://www.berkeleywellness.com/
Acrylamide in Food: Chip Tips
http://www.berkeleywellness.com/healthy-eating/food-safety/article/acrylamide-food-chip-tips
Be Well: Leaky Gut?
http://www.berkeleywellness.com/self-care/preventive-care/article/be-well-leaky-gut
Flavorful Basil: A Health Helper?
http://www.berkeleywellness.com/healthy-eating/food/article/flavorful-basil-health-helper
(Subscription required)
-Whats on the menu-Restaurants are not out to trick you they just want you to spend more.
-When statins are a pain.
-Grapefruit + drugs= a bad mix.
-Q &A: Is red palm oil as miraculous as Dr. Oz says? Youd be wise to be skeptical about all of Dr. Ozs so-called miracles .

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2095. Daily News: Thursday, July 11, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 11, 2013 11:16:02
**Subject:** Daily News: Thursday, July 11, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
**Exercise Up in U.S., but So Is Obesity: Report**
**Food control is the missing link, experts say**
http://www.webmd.com/diet/news/20130710/exercise-up-in-us-but-so-is-obesity-report
Sources: *Population Health Metrics*
http://www.pophealthmetrics.com/content/11/1/7/abstract

**Americans Are Living Longer, but Not Necessarily Healthier, Study Shows**
**Years of Living With Disabilities Increase, Partly Because of Age**
http://online.wsj.com/article/SB10001424127887324694904578597444105321914.html
Source:*JAMA- The State of US Health, 1990-2010*
*Burden of Diseases, Injuries, and Risk Factors*
http://jama.jamanetwork.com/article.aspx?articleid=1710486
Related Resource: Scroll down toPosition Papers by Other Associations Adopted by the Academy.
-Partnership for Health in Aging Position Statement &- Interdisciplinary Team Training in Geriatrics: An Essential Component of Quality Healthcare for Older Adults
http://www.eatright.org/About/Content.aspx?id=6442460576

**Could Artificial Sweeteners Cause Weight Gain?**
**Researcher says evidence suggests they may, but industry rep disagrees**
http://consumer.healthday.com/vitamins-and-nutritional-information-27/dieting-to-lose-weight-health-news-195/do-artificial-sweeteners-encourage-weight-gain-678157.html
Source: *Trends in Endocrinology and Metabolism*
http://www.cell.com/trends/endocrinology-metabolism/

**Fish Oil Tied to Prostate Risk but Some Experts Are Skeptical**
http://abcnews.go.com/blogs/health/2013/07/10/fish-oil-tied-to-prostate-risk-but-some-experts-are-skeptical/
Source: *Journal of the National Cancer Institute*
http://jnci.oxfordjournals.org/content/early/2013/07/09/jnci.djt174.abstract

**MedlinePlus: Latest Health News**
-Health centers to help uninsured Americans gain affordable health coverage
-Heart Dangers of Low Vitamin D Levels May Vary
Study found whites, Asians more affected than blacks, Hispanics
http://www.nlm.nih.gov/medlineplus/healthnews.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Lifestyle Interventions for Seniors With Apnea**
http://clinicaltrials.gov/ct2/show/NCT01422863?term=NCT01422863&rank=1

**Registered Dietitians in the News**

**Executive chef settles into new position at Altoona hospital**
(Dona Baughman, RD quoted)
http://www.altoonamirror.com/page/content.detail/id/573084/Executive-chef-settles-into-new-position-at-Altoona-hospital.html?nav=738

**Osteoporosis can be prevented**
(By Gloris Xynos, RD)
http://www.stltoday.com/lifestyles/health-med-fit/xx-files-osteoporosis-can-be-prevented/article_a31e738b-599d-5d21-99cd-094e22141406.html

**Good Question: Why Dont We Eat As Much When Its Hot Out?**
(Debra Sheats, RD &Greta Farley, RD quoted)
http://minnesota.cbslocal.com/2013/07/10/good-question-why-dont-we-eat-as-much-when-its-hot-out/

**Greek kefir packs protein and culture**
(Lisa Young, RD quoted)
http://www.nydailynews.com/life-style/eats/greek-yogurt-line-packs-spoonable-kefir-protein-

culture-article-1.1393134

**Vegetables get star billing in Israel**
(By Sheah Rarback, RD)
http://www.miamiherald.com/2013/07/08/3490777/vegetables-get-star-billing-in.html

**What do you got to lose? Garcinia Cambogia**
(Allie Hardy, RD quoted)
http://fox43.com/2013/07/10/what-do-you-got-to-lose-garcinia-cambogia/#axzz2YkDLVgsb

**The Goods: Myths and facts about pluots**
(By Alexia Lewis, RD)
http://jacksonville.com/entertainment/food-and-dining/2013-07-10/story/goods-myths-and-facts-about-pluots

**Obesity crisis spreads to other countries  similar causes as in the U.S.**
(By Timi Gustafson, RD)
http://www.kentreporter.com/lifestyle/214974471.html

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or send a blank email to leave-21717-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2096. Annapolis Dining Options and Airport Shuttle

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>, 'Becky Dorner' <becky@beckydorner.com>, 'Catherine Christie ' <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sonja Connor' <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>, 'Anne Kendall' <kendall@ufl.edu>, 'Julie Grim' <juliegr@baylorhealth.edu>, 'Snetselaar, Linda G' <linda-snetselaar@uiowa.edu>, Nancy Wooldridge <nhwooldridge@charter.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jul 10, 2013 17:55:55
**Subject:** Annapolis Dining Options and Airport Shuttle
**Attachment:** image001.jpg

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Hello –

For those of you interested in some dining options for Sunday night while in Annapolis, below is a list which includes Kathy's suggestions. We have Italian cuisine planned for Monday night's dinner at Piccola Roma http://www.piccolaromaannapolis.com and Tuesday night's group event is at Cantler's waterfront crab house http://www.cantlers.com.

· Level – Small Plates Lounge (sustainable foods/environmentally friendly) - http://www.lannapolis.com/level/

· Paladar Latin Kitchen and Rum Bar - http://www.paladarlatinkitchen.com/locations/annapolis-md

- Crush Kitchen &Winehouse - http://www.crushwinehouse.com/

- Tsunami - http://www.yelp.com/biz/tsunami-annapolis
- Rams Head - http://www.ramsheadtavern.com/annapolis/
- El Toro Bravo - http://www.eltorobravoannapolis.com/

- Carpaccio - http://carpacciotuscankitchen.com/
- Fado - http://fadoirishpub.com/annapolis/home

We are pulling together flight arrivals and departures and will group members with like times for private shuttles to/from the airport. We will send more information on the coordinated transportation next week. Please let me know if you will be traveling with a guest for the shuttle rides and/or bringing a guest for the activities. The attire for the retreat is casual.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** McClusky, Kathy [mailto:KathyMcClusky@IamMorrison.com]
**Sent:** Friday, July 05, 2013 3:45 PM
**To:** Annalynn_Skipper@comcast.net; Joan Schwaba; 'Becky Dorner'; 'Catherine Christie '; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; 'Elise Smith '; 'Ethan A. Bergman'; 'Glenna McCollum'; 'Joe Derochowski'; 'Linda Farr '; 'Lucille Beseler '; 'Marcia Kyle'; 'Margaret Garner'; Nancylewis1000@gmail.com; 'Sandra Gill '; 'Sonja Connor'; peark02@outlook.com; 'Anne Kendall'; nwooldridge@peds.uab.edu; 'Julie Grim'; 'Snetselaar, Linda G'
**Cc:** Executive Team Mailbox; Chris Reidy; Alison Steiber; Ulric Chung; Susan Burns; Doris

Acosta; Karen Lechowich
**Subject:** RE: Board Retreat Draft Agenda

OK, guys….here are more restaurant selections for your Sunday eve:
Thought over that restaurant question again: closer is Tsunami, Asian cuisine. Also bit further down, in the opposite direction of Fados (make left out of the hotel instead of a right) is Rams Head, a local watering hole with craft beers and American style food. We like it, as does Erica whenever she is in town. Also across from Rams Head is El Toro Bravo, as you can guess, Mexican, not bad. Don't know how crowded these places will be on a Sunday night, but you have options. Looking forward to seeing you. Maria

**From:** Joan Schwaba [mailto:JSchwaba@eatright.org]
**Sent:** Wednesday, July 03, 2013 9:22 AM
**To:** Becky Dorner; Catherine Christie ; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Glenna McCollum; Joe Derochowski; Kathy McClusky; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; Nancylewis1000@gmail.com; Sandra Gill ; Sonja Connor; peark02@outlook.com; 'Anne Kendall'; 'nwooldridge@peds.uab.edu'; Julie Grim; 'Snetselaar, Linda G'; Annalynn_Skipper@comcast.net
**Cc:** Executive Team Mailbox; Chris Reidy; Alison Steiber; Ulric Chung; Susan Burns; Doris Acosta; Karen Lechowich
**Subject:** Board Retreat Draft Agenda

Attached for your review is the draft agenda for the July Board Retreat in Annapolis. In the event you haven't seen Margaret's email about seeing the sights, please reply to all if you are coming early or staying late, since you may want company. Please contact me at jschwaba@eatright.org if you are bringing a guest(s) for the group activities/dinners.

Looking forward to seeing you in Annapolis!

Joan

Joan Schwaba, MS, RDN, LDN

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Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
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2097. Auditors phone call

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** Jul 10, 2013 15:58:46
**Subject:** Auditors phone call
**Attachment:** image001.gif
image002.png

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Donna,
Hi, Just to let you know that Genevieve Burns – partner of Plante Moran (Academy auditors), will be calling you the end of this week or early next week. This is an 'audit standard procedures'.

Please feel free to call us if you have any questions, concerns.

Thank you

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2098. Fall 2013 HOD Meeting Invitation

**From:** Harold Holler <HHOLLER@eatright.org>
**To:** Becky Dorner (Becky@BeckyDorner.com) <Becky@BeckyDorner.com>, Catherine Christie (c.christie@unf.edu) <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan Bergman <bergmane@cwu.edu>, Garner, Margaret <MGarner@cchs.ua.edu>, Glenna McCollum (glenna@glennamccollum.com) <glenna@glennamccollum.com>, Joe Derochowski (joe.derochowski@nielsen.com) <joe.derochowski@nielsen.com>, Kathy McClusky <kmccluskY@iammorrison.com>, Linda Farr (linda.farr@me.com) <linda.farr@me.com>, Lucille Beseler (lbeseler_fnc@bellsouth.net) <lbeseler_fnc@bellsouth.net>, Marcia Kyle (bkyle@roadrunner.com) <bkyle@roadrunner.com>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill (sandralgill@comcast.net) <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Anna Murphy <amurphy@eatright.org>, Cecily Byrne <cbyrne@eatright.org>, Charlene Rice <crice@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Jeri Palmer <JPALMER@eatright.org>
**Sent Date:** Jul 09, 2013 08:49:51
**Subject:** Fall 2013 HOD Meeting Invitation
**Attachment:** image003.png
image004.jpg

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**Date:** July 9, 2013

**To:** Board of Directors

**From:** Nancy Lewis, PhD, RDN, FADA, House of Delegates Speaker, 2013-2014

**Subject:** Fall 2013 HOD Meeting Invitation and Agenda

**Invitation to Participate in the Fall Meeting**

§ The House Leadership Team and I would like to extend an invitation to you to participate in the Fall HOD Meeting, October 18-19, 2013 in Houston. Your presence at the meeting enriches discussions and provides an excellent opportunity to connect the work of the BOD (organization) with that of the House of Delegates (profession).

§ The meeting will begin with registration from 3:30-7:00 pm, Thursday, October 17 followed by the HOUSEWarming party from 6:00-7:30 pm. The meeting will conclude on Saturday, October 19 at 12:00 pm.

**Meeting Materials**

You will receive an electronic copy of the HOD meeting agenda and HOD Backgrounder in August. However, if you want to access the agenda and meeting materials before August, they are located on the House of Delegates website – www.eatright.org/hod . The dialogue topic for both days is ***Nutrition Services Delivery and Payment: The Business of Every Academy Member.***

**Registration**

The House of Delegates Team will register you for the House of Delegates Meeting. Please let Cecily Byrne (cbyrne@eatright.org) know if there are any sessions you will not be able to attend. We understand that as Board members there may be sessions that you have to leave due to other commitments. Please be sure to let the members at your dialogue table know that you may have other commitments so they understand your absence at times during the meeting.

**For More Information or Assistance**

Contact Nancy Lewis (nancylewis1000@gmail.com), or Cecily Byrne (cbyrne@eatright.org | 800/877-1600 ext 4893).

**Harold J. Holler, RDN, LDN**

*Vice President, Governance &Practice*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org
www.eatright.org

2099. Daily News: Monday, July 8, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 08, 2013 10:42:27
**Subject:** Daily News: Monday, July 8, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

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**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**Study Highlights The Need To Focus Dietary Messages On Eating A Healthy Balanced Diet**
http://www.medicalnewstoday.com/releases/262929.php
Source: *Critical Reviews in Food Science and Nutrition*
http://www.tandfonline.com/doi/abs/10.1080/10408398.2011.654013?prevSearch=Michele%2BSadler&searchHistoryKey
Related Resource: Academy Position Paper
-Total Diet Approach to Healthy Eating
http://www.eatright.org/About/Content.aspx?id=8356

**Sleepy Teens Reach for Fast Foods First**
**Study found those who slept less than 7 hours a night were also less likely to eat fruits, vegetables**
(Study presented at the annual meeting of the Associated Professional Sleep Societies)
http://consumer.healthday.com/vitamins-and-nutritional-information-27/food-and-nutrition-news-316/sleepy-teens-reach-for-fast-foods-first-677626.html

**Insect protein similar to conventional meat**
http://www.foodnavigator.com/Science-Nutrition/Insect-protein-similar-to-conventional-meat
Source: *Food Chemistry*
http://www.sciencedirect.com/science/article/pii/S0308814613007218
Related Resource: FAO: Dietary protein quality evaluation in human nutrition
http://www.fao.org/ag/humannutrition/35978-02317b979a686a57aa4593304ffc17f06.pdf

**More consumers talking to their physicians about supplement use, but discussions still scarce**
http://www.nutraingredients-usa.com/Markets/More-consumers-talking-to-their-physicians-about-supplement-use-but-discussions-still-scarce
Related Resource: Guidelines Regarding the Recommendation and Sale of Dietary Supplements
http://www.eatright.org/About/Content.aspx?id=7999

**Doha Journal-Too Hot to Exercise (and Who Really Wants To?)**
(Qatar wants its citizens to burn off some calories)
http://www.nytimes.com/2013/07/08/world/middleeast/in-qatar-too-hot-to-exercise-and-who-really-wants-to.html
Related Resources: Obesity Prevalence Worldwide
http://www.iaso.org/iotf/obesity/
Related Resource: CDC
http://www.cdc.gov/features/extremeheat/

**Chilling the filling: Hostess will freeze seemingly indestructible Twinkies to extend freshness**
http://www.nypost.com/p/news/business/chilling_filling_txee3UcfOf0mzLcJ2oLioO

**Registered Dietitians in the News**

**5 Reasons Fruit Isn't Making You Fat**
(By Cynthia Sass, RD)
http://abcnews.go.com/Health/Wellness/reasons-fruit-making-fat/story?id=19589575

**Expert Tips To Stick To A Healthy, Low-Carb Diet**
(Katelyn Hedrick, RD featured)
http://www.digtriad.com/news/gms/article/290418/67/Expert-Tips-To-Stick-To-A-Healthy-Low-Carb-Diet

**Area dietitians share their quick and healthy breakfast tips**
(Susan Gilbert, RD &Angie Dye, RD quoted)
http://www.pennlive.com/bodyandmind/index.ssf/2013/07/area_dietitians_share_their_qu.html

**Healthy cooking with big dose of fun**
(Donna Pace, RD quoted)
http://mdjonline.com/view/full_story/23068489/article-Healthy-cooking-with-big-dose-of-fun?instance=lead_story_left_column

**Fun physical activities for the summer**
(By Pam Stuppy, RD)
http://www.seacoastonline.com/apps/pbcs.dll/article?AID=/20130707/LIFE/307070310/-1/NEWSMAP

**Ingrained eating habits hard to change**
(By Timi Gustafson, RD)
http://www.blscourierherald.com/lifestyle/214492021.html

**Eating a balanced diet is key for senior health**
(Kristin Irace, RD quoted)
http://www.thetranscript.com/news/ci_23617070/eating-balanced-diet-is-key-seniors-health

**Medium rare or well-done. Which kind of meat is healthier?**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/medium-rare-or-well-done-which-kind-of-meat-is-healthier/article13040626/

**The Academys Position Papers and Practice Papers are available at:**
**http://www.eatright.org/positions/**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21590-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2100. Eat Right Weekly - July 5, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 05, 2013 16:09:57
**Subject:** Eat Right Weekly - July 5, 2013
**Attachment:**

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Eat Right Weekly
July 5, 2013

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CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Academy Applauds USDA for Bagging Junk in Schools

Last week, the U.S. Department of Agriculture released an interim final rule requiring healthier standards for *all* foods sold in schools. The new changes incorporate the recommendations made by the Academy.

Learn More >>
Academy Hosts Congressional Briefing: Importance of Public Health Funding

The Academy co-hosted a Congressional briefing on Capitol Hill last week on the importance of federal funding for prevention and public health initiatives. The significant work of many registered dietitian nutritionists who work in public health was highlighted.

Learn More >>
What Will Happen to Vital Nutrition Programs in the Farm Bill?

Critical programs like SNAP - the largest federal nutrition assistance program - as well as the SNAP Nutrition Education Program and food and agriculture research are still waiting to be reauthorized after the House of Representatives failed to pass a comprehensive Farm Bill. This bill

funds jobs for RDNs in community nutrition and nutrition research, and provides food for more than 45 million Americans.

Learn More >>
Are Sequestration or Drug Shortages Impeding Your Work? We Need Your Story

Members' voices are vital in illustrating how sequestration or drug shortages personally affect your job and your clients and patients. The Academy wants to relay your stories to Congress and the Food and Drug Administration to effect positive change.

Learn More >>
Unprecedented Access to "Big Data" in Health Care

As health care goes digital, the government is releasing large data sets and encouraging entrepreneurs to use it creatively. Nutrition data is included in the mix, making registered dietitian nutritionists well positioned to use and analyze this data for public good. What would you do?

Learn More >>

## CPE Corner

Kids Eat Right Webinar: Nutrition Education for Food-Insecure Families

Learn how Academy members can make an impact by providing nutrition education to food insecure families. A free July 31 webinar titled "Ready, Set, Go: Preparing and Delivering Effective Nutrition Education for Audiences Facing Food Insecurity" will contain information about successful programs and resources to help you become a more effective educator to the food insecure and how to access ready-made programs and education strategies you can start using today.

Learn More >>
Social Media Ethics Webinar

The growth and prevalent use of social media in today's environment pose unique challenges to legal and ethical behavior in dietetics practice. An August 21 Academy webinar "Why Social Media Ethics Apply to You in Dietetics" can assist practitioners in being able to identify appropriate applications of social media to avoid legal and ethical problems in practice.

Learn More >>
Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional

Performance in diabetes care and to provide practical application of these standards.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

Attend FNCE and Be Amazed

This year's Food &Nutrition Conference &Expo, October 19 to 22 in Houston, Texas, will advance your professional development. Benefit from cutting-edge educational sessions and outcomes-based learning. Gather amazing insights from emerging research and make meaningful business connections.

Learn More >>

Research Works: Join Dietetics Practice Based Research Network

Millicent Simmons, MSA, RD, LDN, is a member of the Academy's Dietetics Practice Based Research Network. She was a participant in the North Carolina Blue-Cross Blue Shield study and an Oversight Group member.

Learn More >>
Registration Exam: Take the Next Step

Take the next step in your career path by preparing for the registration exam. The *Academy's Student Exam Prep* covers all domains from the Registration Examination for Dietitians and helps your brush up on your skills and knowledge. Save 10 percent in July.

Learn More >>
Brush Up on Skills and Knowledge, Earn CPE

Whether you're looking to get ahead in your position or considering a new area of specialty, the Academy's Professional Skills Review can help. Earn up to 25 CPEUs while refreshing your skill set. Save 10 percent in July.

Learn More >>
USDA's *Great Garden Detective Adventure* Now Available

The U.S. Department of Agriculture's Food and Nutrition Service is offering a new standards-based gardening nutrition curriculum for grades 3 and 4. Help children discover which fruits and vegetables are sweetest, crunchiest and juiciest through a series of investigations and fun experiences connecting the school garden to the classroom, school cafeteria and home.

Learn More >>

## Academy Member Updates

Position and Practice Papers: Healthy Promotion and Chronic Disease Prevention Position

Food intake patterns, lifestyle behavior and body weight status are associated with the development of chronic diseases. Optimal nutrition throughout all phases of life, especially for the population groups that are at risk for health disparities, must be the primary focus of health promotion and disease prevention efforts of registered dietitian nutritionists and dietetic technicians, registered. New Academy position and practice papers have been published on these important issues.

Learn More >>
Free ACFSA Membership Available to Foodservice Professionals Working in Corrections

The Association of Correctional Food Service Affiliates is offering Academy members who work in correctional foodservice free membership in ACFSA for the remainder of 2013.

Learn More >>

## Philanthropy, Awards and Grants

Why Donate to Foundation's FNCE Silent Auction?

Thanks to generous supporters like you, the Foundation's Silent Auction raised more than $12,000 at last year's Food &Nutrition Conference &Expo.

Learn More >>

Pittsburgh Affiliate Leadership Development Award

The deadline is August 15 to apply for the Pittsburgh Dietetic Association's Leadership Development Award. Applicants must be a resident of Pennsylvania or a student or graduate of a Pennsylvania program.

Learn More >>

Foundation's Student Stipends Allow Tomorrow's RDNs to Attend FNCE

The Foundation is able to award student stipends to attend the Food &Nutrition Conference &Expo thanks to the generosity of dietetic practice groups, state affiliates and individual Academy members.

Learn More >>

Foundation to Present at SNA Annual Meeting

Representing the Future of Food project in collaboration with Feeding America through an educational grant from the National Dairy Council, the Academy of Nutrition and Dietetics Foundation will present "Mission Possible: Tackling Food Insecurity" at the School Nutrition Association meeting July 14 to 17 in Kansas City, Mo.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

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2101. Sad News

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** 'Becky Dorner' <becky@beckydorner.com>, 'Catherine Christie ' <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sonja Connor' <connors@ohsu.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Barbara Ivens' <bivens@ncats.net>, 'Erskine Smith' <ER-Smith@wiu.edu>, 'Judy Rodriquez' <jrodrigu@UNF.edu>, 'Kathleen Zelman' <zelmankath@aol.com>, 'Kathleen Zelman ' <kzelman@webmd.net>, 'Pam Charney' <pcharney@mac.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jul 05, 2013 15:26:34
**Subject:** Sad News
**Attachment:**

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Our hearts and prayers go out to Trisha Fuhrman and her family, whose mother, Patricia J. Gootee, 85, passed away on Monday, July 1.  We were just notified that the service will be held at Precious Blood Catholic Church tomorrow, July 6. This sad news follows after the death of Trisha’s father on June 19. Condolences can be sent to:

Trisha Fuhrman

1932 Prospector Ridge Drive

Ballwin, MO  63011

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
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Chicago, IL 60606

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pbabjak@eatright.org

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2102. Daily News & Journal Review: Friday, July 5, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 05, 2013 10:29:26
**Subject:** Daily News & Journal Review: Friday, July 5, 2013
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**Obamacare requires most insurers to tackle obesity**
http://www.usatoday.com/story/news/nation/2013/07/04/obesity-disease-insurance-coverage/2447217/
Related Resource: Medicare Preventive Services  Obesity
http://www.eatright.org/Members/content.aspx?id=6442468513

**Keeping weight off is tough**
http://www.usatoday.com/story/news/nation/2013/07/04/weight-loss-effort/2486529/
Related Resource: Weight loss resources from the Academy
https://www.eatright.org/shop/categories.aspx?id=254

**Drink more water, lose more weight?**
http://www.chicagotribune.com/health/sns-rt-us-drink-more-water-20130703,0,664648.story
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/06/26/ajcn.112.055061

**People eat less after harder workouts: small study**
http://www.chicagotribune.com/health/sns-rt-us-harder-workouts-20130704,0,1729362.story
Source: *International Journal of Obesity*
http://www.nature.com/ijo/journal/vaop/naam/abs/ijo2013102a.html

**How supersized portions cost the earth**
http://www.cnn.com/2013/07/04/world/how-supersized-portions-cost/index.html?hpt=he_c2

Related Resource: Portion Distortion and Serving Size
http://www.nhlbi.nih.gov/health/public/heart/obesity/wecan/eat-right/distortion.htm

**5 Things You Didn't Know About Competitive Eating**
http://abcnews.go.com/Health/eating-win-things-competitive-eating/story?id=19571743#

**When in Margaritaville, beware rash from citrus, sun**
http://www.usatoday.com/story/news/health/2013/07/04/citrus-sun-rash/2482739/

**WHO director general slams industry involvement in health policy**
http://www.foodnavigator-usa.com/Markets/WHO-director-general-slams-industry-involvement-in-health-policy

**Environmental group finds carcinogen in Pepsi**
http://www.usatoday.com/story/money/business/2013/07/03/group-finds-carcinogen-in-pepsi/2485643/

**Listeria outbreak linked to cheese; 1 dead, 4 sickened**
http://www.cnn.com/2013/07/03/health/listeria-outbreak/index.html
Related Resources: CDC
http://www.cdc.gov/listeria/
Home Food Safety
www.homefoodsafety.org

**Medline Plus: Latest Health News**
-Altered protein shapes may explain differences in some brain diseases
-Does Being a Bookworm Boost Your Brainpower in Old Age?
-Move It to Lose It
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Get more bang for your buck this summer**
(By **Kym Wroble, RD)**
http://www.press-citizen.com/article/20130703/FEATURES09/307030003/Get-more-bang-your-buck-summer

**Celebrating Safely: Outdoor Food Safety**
(Elisa Sloss, RD featured)
http://www.wowt.com/news/headlines/Celebrating-Safely-Outdoor-Food-Safety-214000461.html?ref=461

**Best and worst condiments**
(Sarah-Jane Bedwell, RD; Carolyn Brown, RD and Keri Gans, RD all quoted)
http://www.foxnews.com/health/2013/07/05/best-and-worst-condiments/

**Ogden pediatrician: Childhood obesity serious**
(Jennifer James, RD quoted)
http://www.standard.net/stories/2013/07/04/ogden-pediatrician-childhood-obesity-serious

**5 ways to drop your soda habit**
(By Keri Gans, RD)
http://www.wwlp.com/dpp/health/5-ways-to-drop-your-soda-habit

**Go bananas for dessert this summer**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130704/LIFE03/130709843/kati-mora-go-bananas-for-dessert-this-summer

**A shoppers guide to milk and non-dairy substitutes**
(Carol Harrison, Dietitian/Canada quoted)
http://www.ottawacitizen.com/life/shopper+guide+milk+dairy+substitutes/8616934/story.html

**Dietitian says superfood quinoa packs nutritional punch**
(Angela Dufour, Dietitian/Canada quoted)
http://atlantic.ctvnews.ca/dieticians-say-superfood-quinoa-packs-nutritional-punch-1.1352273

**Journal Review**

***Amber Waves,* July 1, 2013**
http://www.ers.usda.gov/amber-waves.aspx
Obesity and Other Health Concerns Lead Food Companies To Step Up Health and Nutrient Claims
http://www.ers.usda.gov/amber-waves/2013-july/obesity-and-other-health-concerns-lead-food-companies-to-step-up-health-and-nutrient-claims.aspx
Food Insecurity Increased in Most States From 2001 to 2011
http://www.ers.usda.gov/amber-waves/2013-july/food-insecurity-increased-in-most-states-from-2001-to-2011.aspx

***American Journal of Clinical Nutrition*, July 2013**
http://ajcn.nutrition.org/content/current
Public health impact of dietary phosphorus excess on bone and cardiovascular health in the general population

http://ajcn.nutrition.org/content/98/1/6.abstract
Concomitant changes in sleep duration and body weight and body composition during weight loss and 3-mo weight maintenance
http://ajcn.nutrition.org/content/98/1/25.abstract
The absorption of iron from whole diets: a systematic review
http://ajcn.nutrition.org/content/98/1/65.abstract
Impact of continuing folic acid after the first trimester of pregnancy: findings of a randomized trial of Folic Acid Supplementation in the Second and Third Trimesters
http://ajcn.nutrition.org/content/98/1/92.abstract
Blood type diets lack supporting evidence: a systematic review
http://ajcn.nutrition.org/content/98/1/99.abstract
Minced beef is more rapidly digested and absorbed than beef steak, resulting in greater postprandial protein retention in older men
http://ajcn.nutrition.org/content/98/1/121.abstract
Homocysteine, folate, vitamin B-12, and 10-y incidence of age-related macular degeneration
http://ajcn.nutrition.org/content/98/1/129.abstract
Egg consumption in relation to risk of cardiovascular disease and diabetes: a systematic review and meta-analysis
http://ajcn.nutrition.org/content/98/1/146.abstract
Trends in sugar-sweetened beverage consumption among youth and adults in the United States: 19992010
http://ajcn.nutrition.org/content/98/1/180.abstract
Maternal first-trimester diet and childhood bone mass: the Generation R Study
http://ajcn.nutrition.org/content/98/1/224.abstract

***American Journal of Epidemiology*, July 1, 2013**
http://aje.oxfordjournals.org/content/178/1?etoc
Low-Risk Lifestyle, Coronary Calcium, Cardiovascular Events, and Mortality: Results From MESA
http://aje.oxfordjournals.org/content/178/1/12.abstract
Prevalence of Nonalcoholic Fatty Liver Disease in the United States: The Third National Health and Nutrition Examination Survey, 19881994
http://aje.oxfordjournals.org/content/178/1/38.abstract
Fish Intake and Risks of Total and Cause-specific Mortality in 2 Population-based Cohort Studies of 134,296 Men and Women
http://aje.oxfordjournals.org/content/178/1/46.abstract
Breast Cancer Among Nurses: Is the Intensity of Night Work Related to Hormone Receptor Status?
http://aje.oxfordjournals.org/content/178/1/110.abstract

***Annals of Clinical Biochemistry,*July 2013**
http://acb.sagepub.com/content/50/4.toc
Vitamin $B_{12}$ and ageing: current issues and interaction with folate

http://acb.sagepub.com/content/50/4/315.abstract

***Annals of Internal Medicine*, July 2, 2013**
http://annals.org/issue.aspx?journalid=90&IssueID=927184
Pressure Ulcer Risk Assessment and Prevention: A Systematic Comparative Effectiveness Review
http://annals.org/article.aspx?articleid=1700643
Pressure Ulcer Treatment Strategies: A Systematic Comparative Effectiveness Review
http://annals.org/article.aspx?articleid=1700644
Screening for HIV: U.S. Preventive Services Task Force Recommendation Statement
http://annals.org/article.aspx?articleid=1700660

***Annals of Nutrition &Metabolism*, Vol. 64 No. 4, 2013**
http://www.karger.com/Journal/Issue/259893
Mediterranean Diet Adherence in Individuals with Prediabetes and Unknown Diabetes: The Di@bet.es Study
http://www.karger.com/Article/FullText/346553

***Clinical Nutrition Insight*, July 2013**
http://journals.lww.com/clinnutrinsight/Pages/default.aspx
(Subscription required)
-Evaluating the Surviving Sepsis Nutrition Guidelines for Critically Ill Adult Patients
-Glutamine in the ICU: What Now?
-Questioning the Value of Routine Gastric Residual Volume (GRVs)
-Preventing C. Diff Infections: Are Probiotics the Answer?

***Games for Health Journal,*June 2013**
http://online.liebertpub.com/toc/g4h/2/3
A Systematic Review of Health Videogames on Childhood Obesity Prevention and Intervention
http://online.liebertpub.com/doi/full/10.1089/g4h.2013.0025
Active Videogames and Weight Management: Is There a Future?
http://online.liebertpub.com/doi/abs/10.1089/g4h.2013.0031

***Health Education &Behavior,*July 2, 2013 On-Line First**
http://heb.sagepub.com/content/early/recent
The Use of Lifestyle and Behavioral Modification Approaches in Obesity Interventions for Black Women- A Literature Review
http://heb.sagepub.com/content/early/2013/07/01/1090198113492768.abstract

***Journal of the American Medical Association,*July 3, 2013**
http://jama.jamanetwork.com/issue.aspx
Sodium Reduction in Populations

: Insights From the Institute of Medicine Committee
http://jama.jamanetwork.com/article.aspx?articleid=1695838
Examining the Health Effects of Fructose
http://jama.jamanetwork.com/article.aspx?articleid=1693739
Autism and Mental Retardation Among Offspring Born After In Vitro Fertilization
http://jama.jamanetwork.com/article.aspx?articleid=1707721
Smoking Cessation, Weight Change, and Coronary Heart Disease Among Postmenopausal Women With and Without Diabetes
http://jama.jamanetwork.com/article.aspx?articleid=1707710

***JAMA Internal Medicine*, July 1, 2013 On-Line First**
http://archinte.jamanetwork.com/onlineFirst.aspx
Nonsurgical Treatments for Urinary Incontinence in Women
http://archinte.jamanetwork.com/article.aspx?articleID=1705717
Correlates of Repeat Lipid Testing in Patients With Coronary Heart Disease
http://archinte.jamanetwork.com/article.aspx?articleid=1705724

***Journal of Nutrition, Health &Aging*, June 2013**
http://link.springer.com/journal/12603/17/6/page/1
The relationship between body mass index and quality of life in community-living older adults living in the United States
http://link.springer.com/article/10.1007/s12603-013-0022-y
Meeting the nutritional needs of elderly residents in aged-care: Are we doing enough?
http://link.springer.com/article/10.1007/s12603-013-0042-7
Late-life metabolic syndrome prevents cognitive decline among older men aged 75 years and over: One-year prospective cohort study
http://link.springer.com/article/10.1007/s12603-013-0010-2
Virgin olive oil supplementation and long-term cognition: the Predimed-Navarra randomized, trial
http://link.springer.com/article/10.1007/s12603-013-0027-6
Dietary patterns and relationship to obesity-related health outcomes and mortality in adults 75 years of age or greater
http://link.springer.com/article/10.1007/s12603-013-0014-y

***Journal of Renal Nutrition*, July 2013**
http://www.jrnjournal.org/current
The Prevalence of Phosphorus-Containing Food Additives in Top-Selling Foods in Grocery Stores
http://www.jrnjournal.org/article/S1051-2276(12)00230-0/abstract
Nonprotein Calorie Supplement Improves Adherence to Low-Protein Diet and Exerts Beneficial Responses on Renal Function in Chronic Kidney Disease
http://www.jrnjournal.org/article/S1051-2276(12)00182-3/abstract
Soy Milk Consumption and Blood Pressure Among Type 2 Diabetic Patients With Nephropathy
http://www.jrnjournal.org/article/S1051-2276(13)00043-5/abstract

Altered Taste Perception and Nutritional Status Among Hemodialysis Patients
http://www.jrnjournal.org/article/S1051-2276(12)00176-8/abstract
Role of Nutrition Impact Symptoms in Predicting Nutritional Status and Clinical Outcome in Hemodialysis Patients: A Potential Screening Tool
http://www.jrnjournal.org/article/S1051-2276(12)00158-6/abstract
Long-Term Fish Intake Preserves Kidney Function in Elderly Individuals: The Ikaria Study
http://www.jrnjournal.org/article/S1051-2276(12)00181-1/abstract

***Lancet*, July 6, 2013**
http://www.thelancet.com/journals/lancet/issue/current
Exercise for depression in elderly residents of care homes: a cluster-randomised controlled trial
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60649-2/abstract

***Metabolism Clinical and Experimental*, July 2013**
http://www.metabolismjournal.com/current
Impaired glucose metabolism is a risk factor for increased thyroid volume and nodule prevalence in a mild-to-moderate iodine deficient area
http://www.metabolismjournal.com/article/S0026-0495(13)00013-9/abstract
Altered relationship of plasma triglycerides to HDL cholesterol in patients with HIV/HAART-associated dyslipidemia: Further evidence for a unique form of Metabolic Syndrome in HIV patients
http://www.metabolismjournal.com/article/S0026-0495(13)00036-X/abstract

***Morbidity and Mortality Weekly Report*, July 5, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Botulism Associated with Home-Fermented Tofu in Two Chinese Immigrants  New York City, MarchApril 2012
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6226a1.htm?s_cid=mm6226a1_w
Vital Signs: Overdoses of Prescription Opioid Pain Relievers and Other Drugs Among Women United States, 19992010
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6226a3.htm?s_cid=mm6226a3_w
Announcements: National Cleft and Craniofacial Awareness and Prevention Month
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6226a4.htm?s_cid=mm6226a4_w

***New England Journal of Medicine,*July 4, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Mental Health and the Global Agenda
http://www.nejm.org/doi/full/10.1056/NEJMra1110827

***Nutrition Research*, June 2013**
http://www.nrjournal.com/current
Acute and chronic caffeine administration increases physical activity in sedentary adults

http://www.nrjournal.com/article/S0271-5317(13)00076-6/abstract
Acute sodium bicarbonate loading has negligible effects on resting and exercise blood pressure but causes gastrointestinal distress
http://www.nrjournal.com/article/S0271-5317(13)00083-3/abstract

***Preventing Chronic Disease - CDC*, July 3, 2013**
http://www.cdc.gov/pcd/
Effectiveness of the MOVE! Multidisciplinary Weight Loss Program for Veterans in Los Angeles
http://www.cdc.gov/pcd/issues/2013/12_0325.htm
Trends in Health-Related Quality of Life Among Adolescents in the United States, 20012010
http://www.cdc.gov/pcd/issues/2013/12_0334.htm
Consumer Nutrition Environments of Hospitals: An Exploratory Analysis Using the Hospital Nutrition Environment Scan for Cafeterias, Vending Machines, and Gift Shops, 2012
http://www.cdc.gov/pcd/issues/2013/12_0335.htm
Establishing Content Validity for the Nutrition Literacy Assessment Instrument
http://www.cdc.gov/pcd/issues/2013/12_0267.htm

***Tufts Health &Nutrition Letter*, July 2013**
http://www.tuftshealthletter.com/
People Who Eat More Fish Live Longer
http://www.tuftshealthletter.com/ShowArticle.aspx?RowID=1242
Ginkgo Linked to Cancer in Lab Animals
http://www.tuftshealthletter.com/ShowArticle.aspx?RowID=1245
Try Kale for Vitamin K and Cancer Protection
http://www.tuftshealthletter.com/ShowArticle.aspx?RowID=1250
To Protect Your Health, Find Ways to Work Walnuts into Your Diet
http://www.tuftshealthletter.com/ShowArticle.aspx?RowID=1251
(Subscription required)
-Dietary Fiber Has Benefits Beyond Regularity
-Be Aware and Beware of What the Label Says: With questions raised about calorie counts, vitamins and fish, it pays to shop smart

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or send a blank email to leave-21556-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2103. Sad News

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jul 03, 2013 15:57:58
**Subject:** Sad News
**Attachment:** image003.jpg
Gary Eugene Russell.doc

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It is with sadness that I inform you of the death of Carlene Russell's husband, Gary Russell, who passed away on Saturday, June 29 following a battle with cancer. A copy of his obituary is attached. Carlene has held many elected and appointed leadership positions in the Academy. In lieu of flowers, memorial donations may be made in care of the Russell Family, 1670 Waters Edge Drive, Pleasant Hill, IA 50327.

Condolences can be sent to Carlene and her family at:

1670 Waters Edge Drive

Pleasant Hill, IA 50327

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2104. Daily News: Wednesday, July 3, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jul 03, 2013 11:20:41
**Subject:** Daily News: Wednesday, July 3, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Our offices are closed July 4, 2013. Have a safe holiday.**

**Breast Cancer: Is There a Risk Reduction Diet?**
http://www.medpagetoday.com/TheGuptaGuide/Oncology/40247
Source: *BMJ*
http://www.bmj.com/content/346/bmj.f3706

**5 Health Hazards Linked to Lack of Sleep**
http://abcnews.go.com/Health/health-hazards-linked-lack-sleep/story?id=19555313#

**Royal baby slightly more likely to be female, scientist says**
http://www.cnn.com/2013/07/02/health/royal-baby-boy-girl/index.html?hpt=he_t3
Source: *Proceedings of the Royal Society Biological Sciences*
http://rspb.royalsocietypublishing.org/content/275/1643/1661.full

**Cancer treatment wipes out HIV in two patients**
http://www.chicagotribune.com/health/sns-rt-us-hiv-stemcells-20130703,0,3159579.story

**New apps help patients find clinical trials for enrollment**
http://www.foxnews.com/health/2013/07/03/new-apps-help-patients-find-clinical-trials-for-enrollment/
Related Resource: Consumer and Lifestyle App Reviews
http://www.eatright.org/appreviews/

**Lawmakers to NY Docs: Screen All Baby Boomers for Deadly Liver Disease**
http://www.washingtonpost.com/national/health-science/lawmakers-to-ny-docs-screen-all-baby-

boomers-for-deadly-liver-disease/2013/07/03/739cfdee-e3cc-11e2-bffd-37a36ddab820_story.html

**EatingWell: Simple ways to 'clean up' your kitchen**
http://www.chicagotribune.com/health/sns-201307021330--tms--premhnstr--k-g20130703-20130703,0,1129603.story

**Ice cream sandwiches: Washingtons next dessert trend?**
http://www.washingtonpost.com/lifestyle/food/ice-cream-sandwiches-washingtons-next-dessert-trend/2013/07/01/e4b8d5ea-dea7-11e2-b94a-452948b95ca8_story.html?hpid=z13
Related Article-Graphic: Ice Cream: Here's the scoop
http://apps.washingtonpost.com/g/page/lifestyle/ice-cream-heres-the-scoop/286/

**Who dishes out the 'worst meal in America?'**
http://www.usatoday.com/videos/news/health/2013/07/03/2484041/

**Kellogg launches first frozen soups under Kashi brand**
http://www.foodnavigator-usa.com/Manufacturers/Kellogg-launches-first-frozen-soups-under-Kashi-brand

**CSPI There are legitimate concerns about GMOs but not around food safety and labeling would be misleading**
http://www.foodnavigator-usa.com/Regulation/CSPI-There-are-legitimate-concerns-about-GMOs-but-not-around-food-safety-and-labeling-would-be-misleading

**Approval of non- GMO meat label is huge win for industry consultant says**
http://www.foodnavigator-usa.com/Regulation/Approval-of-non-GMO-meat-label-is-huge-win-for-industry-consultant-says

**FDA slow to issue guidelines on arsenic in rice**
http://www.chicagotribune.com/news/local/ct-met-arsenic-rice-update-20130703,0,7113580.story

**Crucial Rule Is Delayed a Year for Obamas Health Law**
http://www.nytimes.com/2013/07/03/us/politics/obama-administration-to-delay-health-law-requirement-until-2015.html?hp&_r=0

**MedlinePlus: Latest Health News**
-Can Long-Term Night Work Raise Breast Cancer Risk?
-Fiber-rich grains tied to lower diabetes risk
-Hot temps likely not tied to heart birth defects
-Quitting Smoking May Boost Diabetes Risk Slightly in Older Women
-Sharp Rise in Drug Overdoses Among U.S. Women: CDC
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Eat right, live well: Turn to tomatoes for flavor, nutritional benefits**
(ByToby Smithson, Academy Spokesperson)
http://www.dailyherald.com/article/20130703/entlife/707039965/

**Shrink with age**
(Shannon Lennon-Edwards, RD and Joan Salge Blake, Academy Spokesperson quoted)
http://tri.gmnews.com/news/2013-07-04/Front_Page/Shrink_with_age.html

**Fill your fruit and veggie gap**
(By Sharon Palmer, RD; Elizabeth Pivonka, RD and Bethany Thayer, Academy Spokesperson all quoted)
http://www.chicagotribune.com/health/sns-201307021330--tms--premhnstr--k-h20130703-20130703,0,2309252.story

**Social media is vital small-business tool**
(Jen Evola, RD quoted)
http://www.usatoday.com/story/money/business/2013/07/02/social-media-small-business/2484023/

**Walk away vs. walk it off: Understanding exercise cost**
(Nicole Brown, RD and Kathy Glazer, RD quoted)
http://www.washingtonpost.com/lifestyle/wellness/exercise-cost-information/2013/07/02/2cec99c4-ddda-11e2-b797-cbd4cb13f9c6_story.html

**What forms our eating habits?**
(By Timi Gustafson, RD)
http://www.maplevalleyreporter.com/lifestyle/213774421.html

**Healthy Ideas for July 4 Cookouts**
(Marcia Crawford, RD featured)
http://www.indianasnewscenter.com/insight/Registered-Dietitian-Marcia-Crawford---Healthy-Ideas-for-July-4-Cookouts-214001521.html?vid=a

**Protect against food poisoning at your next cookout**
(Lauryn Muller, RD quoted)
http://www.wtop.com/267/3377932/Protect-against-food-poisoning-at-your-next-cookout

**Fruits and veggies are great on the grill, too**
(By Marianne Carter, RD)
http://www.thetowntalk.com/article/20130703/LIFESTYLE/130702027/Fruits-veggies-great-grill-too

**Practical Nutrition: Fresh-picked or store-bought, blueberries are super foods**
(ByMary-Jo Sawyer, RD)
http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-fresh-picked-or-store-bought-blueberries-are-super/article_492c70a1-5922-5a20-9017-18f71f30baef.html

**'Healthier' fast food options may not be as nutritious as they appear**
(Patricia Bannan, RD quoted)
http://abclocal.go.com/kabc/story?section=news/food_coach&id=9160087

**6 foods to keep you cool**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/07/02/6-foods-to-keep-cool/

**Which is better, SUGAR or HONEY?**
(By Marsha Woolery, Dietitian/Jamaica)
http://jamaica-gleaner.com/gleaner/20130703/health/health1.html

**Quote of the Week**

**Liberty is the breath of life to nations.**
**-George Bernard Shaw**

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2105. Board Retreat Draft Agenda

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>, 'Anne Kendall' <kendall@ufl.edu>, 'nwooldridge@peds.uab.edu' <nwooldridge@peds.uab.edu>, Julie Grim <juliegr@baylorhealth.edu>, 'Snetselaar, Linda G' <linda-snetselaar@uiowa.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jul 03, 2013 10:22:30
**Subject:** Board Retreat Draft Agenda
**Attachment:** image001.jpg
01 Board Retreat Agenda.doc

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Attached for your review is the draft agenda for the July Board Retreat in Annapolis. In the event you haven't seen Margaret's email about seeing the sights, please reply to all if you are coming early or staying late, since you may want company. Please contact me at jschwaba@eatright.org if you are bringing a guest(s) for the group activities/dinners.

Looking forward to seeing you in Annapolis!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
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2106. Advocacy Campaign for Treat and Reduce Obesity Act

**From:** Jeanne Blankenship <JBlankenship@eatright.org>
**To:** sfoerster@comcast.net <sfoerster@comcast.net>, mvester2@aol.com <mvester2@aol.com>, myadrick@computrition.com <myadrick@computrition.com>, lbeseler_fnc@bellsouth.net <lbeseler_fnc@bellsouth.net>, c.christie@unf.edu <c.christie@unf.edu>, Becky@BeckyDorner.com <Becky@BeckyDorner.com>, KMcClusky@Iammorrison.com <KMcClusky@Iammorrison.com>, mmcody50@gmail.com <mmcody50@gmail.com>, HayesCh1@comcast.net <HayesCh1@comcast.net>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Patricia Babjak <PBABJAK@eatright.org>, meyerinc1@yahoo.com <meyerinc1@yahoo.com>, joe.derochowski@connell-group.com <joe.derochowski@connell-group.com>, sandralgill@comcast.net <sandralgill@comcast.net>, Paul Mifsud <PMifsud@eatright.org>, peark02@outlook.com <peark02@outlook.com>, iameatonwright@gmail.com <iameatonwright@gmail.com>, bmchrist@cord.edu <bmchrist@cord.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, diannepolly@gmail.com <diannepolly@gmail.com>, linda.farr@me.com <linda.farr@me.com>, iggutierrezrd@gmail.com <iggutierrezrd@gmail.com>, bergmane@cwu.edu <bergmane@cwu.edu>, mpeppones@sssc.org <mpeppones@sssc.org>, avpezzullo@comcast.net <avpezzullo@comcast.net>, jkolish@yahoo.com <jkolish@yahoo.com>, contemporarynutrition@hotmail.com <contemporarynutrition@hotmail.com>, ktayoob@msn.com <ktayoob@msn.com>, ktayoob@msn.com <ktayoob@msn.com>
**Cc:** Glenna@GlennaMcCollum.com <Glenna@GlennaMcCollum.com>, Sonja Connor <connors@ohsu.edu>, Harold Holler <HHOLLER@eatright.org>, Karen Ehrens <karen@ehrensconsulting.com>, Teresa Nece <TNece@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>
**Sent Date:** Jul 02, 2013 15:20:12
**Subject:** Advocacy Campaign for Treat and Reduce Obesity Act
**Attachment:** Phase 1 TROA Leadership List by State.xlsx

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Dear Leaders,

As you know we are initiating an advocacy campaign for the Treat and Reduce Obesity Act in both the House and Senate that would allow for RDs to provide and bill for intensive behavioral counseling.

Those of you who are direct recipients of this message live in states that will be visiting with members of Congress during the August work period.  (Those who are copied are included for information purposes, but do not live in a state that is being targeted at this time.)

After discussing the campaign with Academy President, Dr. Glenna McCollum, MPH, RDN, it was determined that as leaders of the organization, you play a critical role in communicating our issues to elected officials.  Your assistance with this campaign will show leadership and support to our public policy leaders.  I have attached the list of committee leaders that are asked to be a part of Phase 1 of the campaign.

We will be providing the public policy coordinators in each target state (there are approximately 24) with your contact information.  We will ask them to reach out to you so that you can participate in meetings with elected officials to the extent that your schedule allows.  Your leadership position in the organization will elevate the level of the meeting in the eyes of the members of Congress.

On July 16, we will host and record a webinar in which we train our policy leaders on messaging for the meetings.  You will be invited to attend the training and we encourage you to participate if possible.

Please let me know if you have any questions and thank you in advance for your help in expanding coverage for obesity counseling.

Jeanne

**Jeanne Blankenship, MS RDN**

Vice President, Policy Initiatives and Advocacy

**Academy of Nutrition and Dietetics**
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Washington, D.C. 20036
D 312-899-1730
F  202-775-8284
jblankenship@eatright.org

www.eatright.org

2107. 07/02/13  ACH Check deposit notification (1 Pages)

**From:** sjackson@eatright.org
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Jul 02, 2013 11:50:32
**Subject:** 07/02/13  ACH Check deposit notification (1 Pages)
**Attachment:** report.pdf

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See Attached File

2108. The Coca-Cola Company Foundation Final Report

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Paul Mifsud <PMifsud@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
**Sent Date:** Jun 28, 2013 16:43:29
**Subject:** The Coca-Cola Company Foundation Final Report
**Attachment:** image001.png
Final Report 7-1-13.pdf

---

Hello Academy Foundation BOD,

Attached please find the final report for Helping Americans Eat Right and Move More project, funded through The Coca-Cola Company Foundation; it was a very successful project, reaching ~11,000 kids, adults, and Academy members.

Enjoy your weekend.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2109. Daily News: Thursday, June 27, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 27, 2013 10:19:11
**Subject:** Daily News: Thursday, June 27, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

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**Junk food getting canned in schools**
**Government announces new standards for snack foods not part of regular school meals**
http://www.usatoday.com/story/news/nation/2013/06/27/junk-food-in-schools/2460849/
Source: USDA
http://www.fns.usda.gov/cnd/Governance/Legislation/allfoods.htm

**Ban Unhealthy Foods In Hospitals To Fight Obesity**
(The motion was put forward at the British Medical Association Conference and will be put into effect if it gains backing from health professionals)
http://www.medicalnewstoday.com/articles/262543.php

# American Diabetes Association: Possible to Prevent Diabetes in Pregnancy?

(This study was presented at the ADA meeting)
http://www.medpagetoday.com/MeetingCoverage/ADA/40113

**Brain Scans Suggest 'Food Addiction' Might Be Real**
**Certain carbohydrates seemed to activate neurological centers focused on reward, study found**
http://consumer.healthday.com/vitamins-and-nutritional-information-27/obesity-health-news-505/brain-scans-suggest-food-addiction-might-be-real-677679.html
Source: *American Journal of Clinical Nutrition*

http://ajcn.nutrition.org/content/early/2013/06/26/ajcn.113.064113.abstract

**Dietary fructose linked to liver damage by gut bacteria mechanism: Animal data**
(A high intake of dietary fructose may lead to rapid liver damage from bacteria even in those who do not gain weight, according to new data in monkeys)
http://www.foodnavigator.com/Science-Nutrition/Dietary-fructose-linked-to-liver-damage-by-gut-bacteria-mechanism-Animal-data
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/06/19/ajcn.112.057331.abstract

**How The Size, Weight, Shape And Color Of Cutlery Affects Taste**
http://www.medicalnewstoday.com/releases/262491.php
Source: *Flavour*
http://www.flavourjournal.com/content/2/1/21/abstract

**Ingested Nanoparticle Toxicity**
http://www.sciencedaily.com/releases/2013/06/130626143120.htm
Related Resource: United States National Nanotechnology Initiative
http://www.nano.gov/nanotech-101

**Counterfeit Food More Widespread Than Suspected**
http://www.nytimes.com/2013/06/27/business/food-fraud-more-widespread-than-suspected.html?pagewanted=all

**The art of hand washing has yet to be mastered**
http://www.usatoday.com/story/news/health/2013/06/22/hand-wash/2438613/

**Wearable Devices Nudge You to Health**
http://www.nytimes.com/2013/06/27/technology/personaltech/wearable-devices-nudge-you-to-a-healthier-lifestyle.html?pagewanted=all&_r=0

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
-**Effect of Fermentable Carbohydrate on Glucose Homeostasis (FermCarb)**
http://clinicaltrials.gov/ct2/show/NCT01841073?term=NCT01841073&rank=1

**Registered Dietitians in the News**

**Did Extreme Cola Habit Cause Woman's Irregular Heartbeat?**
**After years of drinking only soda, no water, her potassium levels dropped too low, report says**
(Lona Sandon, RD quoted)
http://consumer.healthday.com/vitamins-and-nutritional-information-27/caffeine-health-news-89/cola-heart-trouble-677674.html

**5 ways to drop your soda habit**
(By Keri Gans, RD)
http://www.cnn.com/2013/06/27/health/soda-5-ways/index.html?hpt=he_t2

**Best carbs for summer weight loss**
**When people are trying to lose weight, carbs are often the first thing they cut. But that plan can often backfire.**
(Elisa Zied, RD &Tara Gidus, RD both quoted)
http://www.thenewstribune.com/2013/06/27/2655481/best-carbs-for-summer-weight-loss.html

**An image makeover helps the humble coconut**
(Nadine Pazder, RD quoted)
http://siouxcityjournal.com/lifestyles/food-and-cooking/an-image-makeover-helps-the-humble-coconut/article_7a4681bc-90af-5bc4-97b3-f3e2b166a4a9.html

**Experts: Probiotics may help keep your gut happy**
(Katherine Zeratsky, RD quoted)
http://www.redding.com/news/2013/jun/26/experts-probiotics-may-help-keep-your-gut-happy/

**Conversation With Overweight Teens**
(Andrea Rumschlag, RD quoted)
http://www.keloland.com/newsdetail.cfm/conversation-with-overweight-teens/?id=149884

**In Your Cart: Vegetables**
(Sheryl Lozicki, RD featured)
http://www.wzzm13.com/news/article/259784/205/In-Your-Cart-Vegetables-

**Five healthy summer dinner replacements**
(Mindy Probst, RD quoted)
http://www.heraldextra.com/lifestyles/food-and-cooking/five-healthy-summer-dinner-replacements/article_43346915-a3b8-59b3-9fc6-79d3bcd88a11.html

**Primer on herbs and spices**
(By Cathie Brookhart, RD)

http://www.ydr.com/food/ci_23535380/primer-herbs-and-spices-40-healthy-helpings-41

**Cart Smarts: Prepare for a healthy summer vacation**
(By Kaitlin Anderson, RD)
http://www.postbulletin.com/life/food/cart-smarts-prepare-for-a-healthy-summer-vacation/article_c1968a73-47ce-5da2-ab9a-188da813c8c4.html

**10 tips for healthy summer eating**
**Great ways to maintain good habits during the vacation**
(By Patricia Chuey, Dietitian/Canada)
http://www.edmontonjournal.com/health/diet-fitness/Patricia+Chuey+tips+healthy+summer+eating/8582610/story.html

**Be sodium savvy about the food you eat**
(Simone Jennings, Dietitian/Canada quoted)
http://www.kelownacapnews.com/lifestyles/213211701.html

**Vegging out**
(Rebecca Harwin, Dietitian/Australia quoted)
http://www.hillsnews.com.au/story/1600784/vegging-out/?cs=27

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**http://www.eatright.org/positions/**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21433-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2110. RE: Q on Past Procedures related to Removing Expired Members from LinkedIn

**From:** Amy Biedenharn <ABiedenharn@eatright.org>
**To:** 'Barrett June' <Jbarrett@ALSDE.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Skolmowski, Julie - FNS <Julie.Skolmowski@fns.usda.gov>
**Cc:** Connie Mueller <muellerc28@gmail.com>, Trulock ICE Britt <elizabeth.britt@gmail.com>, Trulock Elizabeth Britt <britt.trulock@us.army.mil>
**Sent Date:** Jun 27, 2013 10:09:13
**Subject:** RE: Q on Past Procedures related to Removing Expired Members from LinkedIn
**Attachment:**

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Hello –

The majority of other DPGs are using yahoo groups, google groups, forums through their websites, or do not have EMLs. Most of the groups I have talked to are allowing members to continue through June (to give them time to renew) and then removing members in July. The EMLs are traditionally a valuable member benefit that can be leveraged to encourage renewals but also something you don't want to give away for free as it devalues your membership.

I recommend that you post a message in LinkedIn alerting people that they will be removed in July (pick a date in early July) if they have not renewed. Then when that date arrives cross check LinkedIn participants with your membership list and remove the expired individuals. Unless there is something in LinkedIn that I'm not aware of, it will be a manual process of removing individuals based on your membership list.

Thanks,

Amy

**From:** Barrett June [mailto:Jbarrett@ALSDE.edu]
**Sent:** Wednesday, June 26, 2013 5:21 PM
**To:** DMartin@Burke.k12.ga.us; Skolmowski, Julie - FNS
**Cc:** Amy Biedenharn; Connie Mueller; Trulock ICE Britt; Trulock Elizabeth Britt
**Subject:** RE: Q on Past Procedures related to Removing Expired Members from LinkedIn

Amy,

We may need assistance with removal procedures that other DPGs are using to remove nonmembers from LinkedIn if that is available as a procedure that we can duplicate for SNS.

June

**From:** Donna Martin [mailto:dmartin@burke.k12.ga.us]
**Sent:** Wednesday, June 26, 2013 2:47 PM
**To:** Skolmowski, Julie - FNS
**Cc:** Barrett June; Amy Biedenharn; Connie Mueller; Trulock ICE Britt; Trulock Elizabeth Britt
**Subject:** Re: Q on Past Procedures related to Removing Expired Members from LinkedIn

In the past we used iContact for our eblasts. We would just upload a new list of SNS DPG members about the middle of July. Then when we sent out the eblasts we just use the new list. I am not familiar enough with LinkedIn

to know how to delete people from the list. I am copying Britt Trulock on this email, because she might know how to do it. The other issue is the web site. At what point do people get deleted from the website? When does the Academy change people in their system to show them not as an active member of the DPG? Do they do it June 1st? If they do, then the people who have not rejoined by then they would not have access to the website. I would think you would want to invite them to the breakfast at ANC before inactivating them. That might make them want to keep their membership.
Sent from my iPhone

On Jun 26, 2013, at 3:00 PM, "Skolmowski, Julie - FNS" <Julie.Skolmowski@fns.usda.gov> wrote:

Amy and June,

We have had to go through and do this “removal” in the past, but we weren’t using Linked In. I think the person who managed the EML did that in the past, which is why I am copying Donna, in case she has insight. I believe that we set an actual cut off date to kick them out of the group, then we may have actually posted a message letting everyone know that non-members would be removed from the service as of July 1, or whenever it was, unless they renewed their membership. Then we cleaned out list.

I am copying Connie and Donna, because they may have some more insight than I do on how this was done. I think we may have been able to have Excel do an automatic comparison and them drop the people who should no longer be on the list.

Julie

**From:** Barrett June [mailto:Jbarrett@ALSDE.edu]
**Sent:** Wednesday, June 26, 2013 11:55 AM
**To:** Amy Biedenharn
**Cc:** Skolmowski, Julie - FNS
**Subject:** RE: LinkedIn - Remove Expired Members

I do not think so. Julie is checking the current member list for purging nonmembers. I will check with her to on her ability to manage the LinkedIn.
Julie,

What are your thoughts on managing LinkedIn?
June

**From:** Amy Biedenharn [mailto:ABiedenharn@eatright.org]
**Sent:** Wednesday, June 26, 2013 10:29 AM
**To:** Barrett June
**Subject:** LinkedIn - Remove Expired Members

Hi June -

I was talking with one of my other groups about removing expired members from their EML which made me think to check in with the rest of my groups. Have you (or someone on your team) gone through and removed expired members from the LinkedIn group so they do not have access? I usually recommend waiting a few weeks past the start of the membership year knowing that people are still renewing, but it’s almost July (crazy!) so it’s probably safe to go through and cross check who has access.

I’m not sure who on your team would manage this so you can pass along.

Thanks!

Amy Biedenharn

*Manager - DPG/MIG/Affiliate Relations*
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www.eatright.org

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2111. RE: FAC procedural question

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 26, 2013 14:10:06
**Subject:** RE: FAC procedural question
**Attachment:**

---

Donna,

I believe that they can be there to participate in the discussion, but, no more. So, for me this means they can't provide the motion or to vote. So, Nancy is correct. If you like, I can reach out to Anne to let her know. As for this motion, we will put another person's name on making the motion (I can't remember which one it was at the moment) and since it was a unanimous vote, it will be fine.

If you feel otherwise, let me know.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, June 26, 2013 8:39 AM
**To:** Paul Mifsud
**Subject:** Re: FAC procedural question

Thanks. I would still like clarification as to whether they can just not vote or not make motions also.

Sent from my iPad

On Jun 25, 2013, at 6:03 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

Donna,

I would let this go.  I caught this as well, but, did not want to make an issue of it.  We can address as we go forward.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, June 25, 2013 2:31 PM
**To:** Paul Mifsud
**Subject:** Fwd: FAC procedural question

Paul,  Nancy emailed me this question and I told her that I had meant to mention that she and Anne were ex-officio members of the committee, which I assumed meant that they cannot vote. Can they not make and second motions, but not vote?  What is your opinion?  Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>"Nancy Wooldridge, R.D." <NWooldridge@peds.uab.edu> 6/25/2013 3:22 PM >>>
Hey, Donna! Thank you for a well-run meeting. I have a procedural question for you. During the orientation to the FAC in May, I asked the question about the role of the CDR and ACEND representatives on the FAC. I thought I understood Paul to say that we are "ex-officio" members and did not have a vote on the committee. I noticed that today you allowed Anne to make a motion and to second a motion. I had been refraining from participating in the motions and the vote. Will you just clarify my role as the CDR representative? Thanks!

Nancy

Nancy H. Wooldridge, MS, RD, LD

Co-Director, Pediatric Pulmonary Center

1600 7th Avenue South, ACC 620

Birmingham, AL 35233

Phone: 205-939-5498

FAX: 205-975-5983

nwooldridge@peds.uab.edu

2112. Thank you for registering for the SNS DPG ANC Breakfast Session!

**From:** membership@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Jun 26, 2013 13:45:23
**Subject:** Thank you for registering for the SNS DPG ANC Breakfast Session!
**Attachment:**

---

Thank you for registering for the SNS DPG ANC Breakfast Session!

Thank you for registering!

You have registered for **SNS DPG ANC Breakfast Session** with the following information:

**Registrant Name:**

Martin Donna S
**Billing Name:**

Donna S Martin
**Billing Address:**

Donna S Martin RDN LD
789 Burke Veterans Parkway
Burke County Board Of Educatio
Waynesboro, GA 30830

Invoice #DateEvent/SessionAmount DueAmount Paid110649506/26/13SNS DPG ANC Breakfast Session
$20.00
$20.00

**Location:**
**Address:**

This email is an acknowledgement of your $20 registration fee for the following event:

School Nutrition Services DPG Networking Breakfast and Educational Session

Monday, July 15 2013

7:30 AM – 9:30 AM

Kansas City, MO – Convention Center, room 2102A

This event is being sponsored by General Mills.

On behalf of the Executive Committee, we look forward to seeing you!
Diane Duncan- Goldsmith, Past-Chair

www.snsdpg.org

2113. Daily News: Wednesday, June 26, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 26, 2013 10:34:50
**Subject:** Daily News: Wednesday, June 26, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**Many Kids Missing Out on Healthy Lifestyle**
**Report finds only half exercise enough, only a third eat fruits and vegetables every day**
http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/many-kids-missing-out-on-healthy-lifestyle-677719.html
Source: *Journal of Adolescent Health*
http://www.jahonline.org/article/S1054-139X(13)00141-9/abstract

**Obesity May Boost Migraine Odds**
**Study found risk of painful headaches rose with body weight, especially in younger women and whites**
(The study is to be presented this week at the International Headache Congress)
http://consumer.healthday.com/head-and-neck-information-17/headaches-health-news-345/obesity-may-boost-migraine-odds-677614.html

**Really? The Claim: Taking a Walk After a Meal Aids Digestion**
http://well.blogs.nytimes.com/2013/06/24/really-the-claim-taking-a-walk-after-a-meal-aids-digestion/?ref=health

**Women on Hormone Therapy May Benefit From Extra Calcium, Vitamin D**
**Study found hip fracture rate was 57 percent lower in those also taking supplements**
http://consumer.healthday.com/bone-and-joint-information-4/fracture-health-news-322/women-taking-hormones-may-gain-from-extra-calcium-vitamin-d-677720.html
Source: *Menopause*

http://journals.lww.com/menopausejournal/Abstract/publishahead/Women_s_Health_Initiative_clinical_trials__.98567.aspx

**Exercise Can Turn Bad Fat Into Good Fat**
(This study was published as an abstract and presented at the American Diabetes Association meeting. These data and conclusions should be considered to be preliminary until published in a peer-reviewed journal)
http://www.medicalnewstoday.com/articles/262372.php

**Gluten-free takeout orders up 60%, while 4% of US restaurants now offer gluten-free options, says GrubHub**
http://www.foodnavigator-usa.com/Markets/Gluten-free-takeout-orders-up-60-YoY-while-4-of-US-restaurants-now-offer-gluten-free-options-says-GrubHub

**Taxing on unhealthy food makes people buy less**
http://www.clevelandstar.com/index.php/sid/215379651/scat/e7c66556bdf7d61f/ht/Taxing-on-unhealthy-food-makes-people-buy-less

**Meaty and Mighty**
**Praising the Versatile Eggplant**
http://www.nytimes.com/2013/06/26/dining/praising-the-versatile-eggplant.html

**MedlinePlus: Latest Health News**
-Are Breast-fed Kids More Upwardly Mobile?
British study says yes, 24% of kids who were consistently breast-fed attained higher social class than parents
-Bike sharing offers big fitness benefits for the little commute
-Chinese Warn of Possible Re-Emergence of Bird Flu
H7N9 deadlier than 2009 H1N1 swine flu, researchers say
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Two meals a day may be better for weight loss than 'grazing'**
(Elisa Zied, RD &Toby Smithson, Academy Spokesperson both quoted)
http://www.today.com/health/two-meals-day-may-be-better-weight-loss-grazing-6C10423982

**NOLA nutritionists dish on their favorite snacks**
(By Molly Kimball, RD-featuring 22 local RDs sharing their favorite ideas for smart snacking)
http://www.nola.com/health/index.ssf/2013/06/nola_nutritionists_dish_on_the.html

**Teen cooks and cancer patients benefit from meals program**
(Mary Fremgen, RD quoted)
http://www.chicagotribune.com/news/local/suburbs/batavia_geneva_st_charles/ct-tl-tri-food-for-health-20130627,0,6318365.story

**Did Extreme Cola Habit Cause Woman's Irregular Heartbeat?**
**After years of drinking only soda, no water, her potassium levels dropped too low, report says**
(Lola Sandon, RD quoted)
http://consumer.healthday.com/vitamins-and-nutritional-information-27/caffeine-health-news-89/cola-heart-trouble-677674.html

**Feed your teeth something healthy**
(By Barbara Quinn, RD)
http://www.montereyherald.com/living/ci_23530346/barbara-quinn-feed-your-teeth-something-healthy

**Practical Nutrition: Despite mercury concern, tuna is a great choice for salads, sandwiches. Seek out light, low-sodium fish,and ease up on mayo**
(By Mary-Jo Sawyer, RD)
http://www.timesdispatch.com/entertainment-life/columnists-blogs/mary-jo-sawyer/practical-nutrition-despite-mercury-concern-tuna-is-a-great-choice/article_2b46ee20-a226-5e2f-ac71-108140ff73c6.html

**Net benefits of salmon make it a nutritional trophy fish**
(By April Graff, RD)
http://mankatofreepress.com/features/x1912989917/Net-benefits-of-salmon-make-it-a-nutritional-trophy-fish

**Eating well, even on vacation**
(By Mia Gibson, RD)
http://www.oaoa.com/people/food/nutrition_know_how/article_57a592ea-de0e-11e2-b4bf-0019bb30f31a.html

**Side Orders: Benefits of diet explained**
(Pamela Kelle RD quoted)
http://timesfreepress.com/news/2013/jun/26/0626e-benefits-of-diet-explained/

**Its summertime and the ice cream calls**
(By Suzanne Havala Hobbs, RD)
http://www.newsobserver.com/2013/06/25/2988516/its-summertime-and-the-ice-cream.html

**In central California, obese children developing ailments of their grandparents**
(Chuck Newcomb, RD quoted)
http://www.enquirerherald.com/2012/08/01/2550509/in-central-california-obese-children.html

**We all need more protein, but be careful where and when you get it**
(By Jennifer Sygo, Dietitian/ Canada)
http://life.nationalpost.com/2013/06/25/jennifer-sygo-we-all-need-more-protein-but-be-careful-where-and-when-you-get-it/

**Quote of the Week**
**When I was alone, I lived on eggplant, the stove top cooks strongest ally.**
**-Laurie Colwin**

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or send a blank email to leave-21416-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2114. RE: FAC procedural question

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 25, 2013 18:03:12
**Subject:** RE: FAC procedural question
**Attachment:**

---

Donna,

I would let this go. I caught this as well, but, did not want to make an issue of it. We can address as we go forward.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, June 25, 2013 2:31 PM
**To:** Paul Mifsud
**Subject:** Fwd: FAC procedural question

Paul, Nancy emailed me this question and I told her that I had meant to mention that she and Anne were ex-officio members of the committee, which I assumed meant that they cannot vote. Can they not make and second motions, but not vote? What is your opinion? Thanks!

Donna S. Martin, EdS, RD, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>"Nancy Wooldridge, R.D." <NWooldridge@peds.uab.edu> 6/25/2013 3:22 PM >>>
Hey, Donna! Thank you for a well-run meeting. I have a procedural question for you. During the orientation to the FAC in May, I asked the question about the role of the CDR and ACEND representatives on the FAC. I thought I understood Paul to say that we are "ex-officio" members and did not have a vote on the committee. I noticed that today you allowed Anne to make a motion and to second a motion. I had been refraining from participating in the motions and the vote. Will you just clarify my role as the CDR representative? Thanks!

Nancy

Nancy H. Wooldridge, MS, RD, LD

Co-Director, Pediatric Pulmonary Center

1600 7th Avenue South, ACC 620

Birmingham, AL 35233

Phone: 205-939-5498

FAX: 205-975-5983

nwooldridge@peds.uab.edu

2115. There is Something For You...

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 25, 2013 16:07:55
**Subject:** There is Something For You...
**Attachment:**

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2116. CDR Registration Maintenance Fee for the 2013-2014 Year

**From:** Commission on Dietetic Registration <enovak@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Jun 25, 2013 15:35:43
**Subject:** CDR Registration Maintenance Fee for the 2013-2014 Year
**Attachment:**

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CDR Registration Maintenance Fee for the 2013-2014 Year
This email is just to let you know that the CDR 2013/2014 registration maintenance fee notices are in the process of being mailed. You should be in receipt of your 2013/2014 CDR fee notice by early July. However, for those RDs, RDNs and DTRs who selected the ***paperless*** fee notice option, no CDR fee notice will be mailed.

All eligible RDs, RDNs and DTRs need to pay their $60 CDR registration maintenance fee by **August 31, 2013**. After August 31, you will be required to pay a late fee.

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**CALL CDR** -- 800/877-1600, ext. 5500, 8:00 am to 5:00 pm/CT and pay your CDR fee by credit card -- American Express, Discover, VISA or MasterCard by August 31, 2013.

If you have paid your 2013/2014 CDR registration maintenance fee recently, please disregard this email.

Thank you.
You are currently subscribed to receive CDR Renewal Reminders from the Commission on Dietetic Registration. If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

2117. RD Parent Empowerment Program - 4th Quarter Report

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Linda Hudson <lhudson@eatright.org>
**Sent Date:** Jun 25, 2013 13:39:21
**Subject:** RD Parent Empowerment Program - 4th Quarter Report
**Attachment:** image001.png
May 2013 Newsletter.pdf

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Good afternoon. Attached please find the 4th quarter report for the RD Parent Empowerment Program. The program will be presented as an educational session at the Society for Nutrition Education in July, and a manuscript for publication based on the focus group results is being developed.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2118. Daily News: Tuesday, June 25, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 25, 2013 10:37:49
**Subject:** Daily News: Tuesday, June 25, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**Eating Two Large Meals a Day Tops Six Mini-Meals for Weight Loss**
(This study was published as an abstract and presented at the American Diabetes Association meeting. These data and conclusions should be considered to be preliminary until published in a peer-reviewed journal)
http://washpost.bloomberg.com/Story?docId=1376-MOUOXU6K50XT01-69LDUDMVCJ28EL2DVLV6V0T8IK
Related Resource: Academy Position Paper: Weight Management
See Eating Frequency
http://www.eatright.org/About/Content.aspx?id=8387

**Diet-Exercise Combo Doesn't Cut Heart Risks in Type 2 Diabetes Patients**
**But study of overweight patients found lifestyle changes may prevent complications such as kidney failure, eye damage**
http://consumer.healthday.com/diabetes-information-10/diabetes-management-news-180/diet-and-exercise-don-t-cut-heart-risks-in-type-2-diabetes-677668.html
Source: *NEJM*
http://www.nejm.org/doi/full/10.1056/NEJMoa1212914?query=featured_home

**Parents, skip weight talk and focus on eating advice, study suggests**
http://www.chicagotribune.com/health/la-sci-diet-kids-backfire-20130624,0,4400146.story
Source: *JAMA Pediatrics*
http://archpedi.jamanetwork.com/article.aspx?articleid=1700514

**Don't Blame Parents if Teens Aren't Fit**
http://online.wsj.com/article/SB10001424127887323893504578559530502981070.html
Source: *Journal of Adolescent Health*
http://www.jahonline.org/article/S1054-139X(13)00106-7/abstract

**Moderation Seems To Be Key When It Comes To Eating Fish To Prevent Atrial Fibrillation**
(An observational study presented at the EHRA EUROPACE congress)
http://www.medicalnewstoday.com/releases/262406.php
Related Resource: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(12)01649-8/abstract

**ORAC's tarnished reputation doesn't diminish polyphenols' health benefits, expert says**
(It has been almost a year since United States Department of Agriculture took down its ORAC database. Now that this official reference point is gone, does this measure of antioxidant potential still have relevance in the marketplace?)
http://www.nutraingredients-usa.com/Research/ORAC-s-tarnished-reputation-doesn-t-diminish-polyphenols-health-benefits-expert-says
Cited USDA
http://www.ars.usda.gov/Services/docs.htm?docid=15866

**The Rise of the Minimalist Workout**
http://well.blogs.nytimes.com/2013/06/24/the-rise-of-the-minimalist-workout/?ref=health&_r=0

**MedlinePlus: Latest Health News**
-Cancer Survivorship (CDC)
-Healthcare Workers: Protect Yourselves! (CDC)
-Major Advance Toward an Artificial Pancreas: Smart Device That Reduces Low Blood Glucose Levels Overnight Undergoing FDA Review
-When Does Type 1 Diabetes Begin to Develop? Research Reveals How to Identify Those at Highest Risk
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**8 Things to Know About Going Gluten-Free**
(Rachel Begun, Academy Spokesperson quoted)
http://www.womansday.com/health-fitness/nutrition/going-gluten-free?click=main_sr

**Eating too much sugar causes diabetes and other myths**
(Constance Brown-Riggs, Academy Spokesperson quoted)
http://thegrio.com/2013/06/24/eating-too-much-sugar-causes-diabetes-and-other-myths/

**Gluten-Free Diets No Help in Losing Weight**
(Alissa Lupu, RD &Jennifer Neily , RD both quoted)
http://abcnews.go.com/Health/gluten-free-lead-weight-loss/story?id=19476263

**Count on peanut butter to boost satiety, stabilize blood sugar**
(By Sheah Rarback, RD)
http://www.miamiherald.com/2013/06/24/3468421/count-on-peanut-butter-to-boost.html

**It's true, chocolate is good for you**
(By Ruth Ann Clayton, RD)
http://www.baxterbulletin.com/article/20130625/LIFESTYLE/306250015/Ruth-Ann-Clayton-s-true-chocolate-good-you

**Danger's all around**
**Food addicts must find ways to avoid triggers**
(Denise Reed, RD &Jill Fulk, RD both quoted)
http://www.mansfieldnewsjournal.com/article/20130625/LIFESTYLE/306250002/Danger-s-all-around

**Is seaweed-sourced carrageenan inflaming you?**
(By Georgia Clark-Albert, RD)
http://bangordailynews.com/2013/06/24/health/is-seaweed-sourced-carrageenan-inflaming-you/

**5 ways to grill food safely**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/06/25/5-ways-to-grill-food-safely/

**If caught early, diabetes is much easier to control**
(Florey Miller, RD &Susan Schussler, RD both quoted)
http://www.bradenton.com/2013/06/25/4582027/if-caught-early-diabetes-is-much.html

**10 ways to make the most out of breakfast**
(Michelle McQueen, RD quoted)
http://www.jconline.com/article/20130625/LIFE03/306250001/10-ways-make-most-out-breakfast

**Experts offer advice on milk for kids**
(Susan Nitzke, RD quoted)
http://www.superiortelegram.com/event/article/id/78269/group/News/

**Night caps, summer barbecues may throw off bodys internal clock, raise risk of weight gain**
(Andrea DAmbrosio, Dietitian/Canada quoted)

http://life.nationalpost.com/2013/06/24/night-caps-summer-barbecues-may-throw-off-bodys-internal-clock-raise-risk-of-weight-gain/

**The Academys Position Papers and Practice Papers are available at: http://www.eatright.org/positions/**

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=21366
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21366-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2119. Time is running out to sign up for the Member Product MarketPlace!

**From:** Katelyn Wujciga <kwujciga@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Jun 24, 2013 12:19:38
**Subject:** Time is running out to sign up for the Member Product MarketPlace!
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.
Dear Academy Member,

The 2013 Food &Nutrition Conference &Expo (FNCE) is only 4 months away and the buzz about the Member Product MarketPlace (MPMP) is exciting! FNCE attendees cant wait to see what Academy members are doing to impact the food and nutrition industry!

Dont miss your opportunity to be listed in the FNCE Program Book given to all 8,500+ FNCE attendees! **This is your last week to sign up** for the Member Product MarketPlace if you want your company description printed in the Program Book*. I encourage you to check out the MPMP Prospectus and sign up today!
***Upon meeting the June 28th deadline**

This truly is your best opportunity to expand your sales base, educate industry leaders on your products, forge quality customer relationships, and meet with thousands of your peers in one place! Not to mention, a listing in the Program Book and the first-ever FNCE app! **Thats a lot of exposure for just $500!** Now is the time to showcase your product! The Food &Nutrition Conference &Expo will take place October 19-22, 2013, at the George R. Brown Convention Center. The Member Product MarketPlace will be Sunday, October 20th from 8 a.m.  4 p.m.

Click here to view our interactive prospectus and sign up today!

I look forward to seeing you in Houston and working with you this week to secure your spot!

Sincerely,

Katelyn Wujciga
Exhibits Coordinator
312/899-4890
kwujciga@eatright.org
This FNCE Announcement is a benefit of the Academy of Nutrition and Dietetics.
If you prefer not to receive future FNCE Announcements, simply
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You are currently subscribed as: **DMartin@burke.k12.ga.us** Headquarters | Academy of Nutrition and Dietetics
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2120. RE: FW: Finance and Audit Committee meeting on Tuesday, June 25that 1p.m. CDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 21, 2013 16:49:30
**Subject:** RE: FW: Finance and Audit Committee meeting on Tuesday, June 25that 1p.m. CDT
**Attachment:**

---

Donna,

Gee, you are good. The date is a typo on page 25 (attachment E). The dollars on attachment E ($74,783) will correlate to the information for year 2 on page 5. We missed the typo. I will make the change.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, June 21, 2013 3:30 PM
**To:** Paul Mifsud
**Subject:** RE: FW: Finance and Audit Committee meeting on Tuesday, June 25that 1p.m. CDT

Paul, The issue is that the budget sheet with all the figures says FY 2014, so that is what confused me. We can address this if anyone else asks a question about it. Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 6/21/2013 4:22 PM >>>
Donna,

In the first year, Barbara feels she can handle the volume of work with existing staff and have minimal expenses. As the volume and the program grows is when she will need to add the additional costs. It could be part time person or an assistant to help manage it. That is why the costs jump to the $74,783 in FY15. This continues in FY16, FY17, etc. Once it hits a "steady state" the revenue will decline, but so too will some of our What this does is allow us to get this off of the ground with little risk. If we don't get the traction in the first 5 or 6 months, then the cost side can be slowed down. Very much a variable cost scenario early on.

Now, it will add time and work to the current staff in FY14. However, Barbara feels they can handle it at this point.

Let me know if this helps.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, June 21, 2013 2:33 PM
**To:** Paul Mifsud
**Subject:** Re: FW: Finance and Audit Committee meeting on Tuesday, June 25th at 1p.m. CDT

Paul, That is good information to have before the phone call.

I reviewed the proposals, and the only question I have is on the cost of the first year for the fellow program. It looks like there are costs for staff, travel etc. listed (Project Total $74,783), but they don't seem to be reflected in the costs and revenue in the proposal ($59,000 revenue, $5,000 expense) for FY 2014. We say we will make a profit the first year, but with those expenses I do not see it that way. I am in favor of it, but am confused on that point.

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 6/21/2013 3:23 PM >>>
Donna,

Sonja cannot attend the call, but, I asked that she provide feedback on the two proposals. Here is her response.

Paul

**From:** Sonja Connor [mailto:connors@ohsu.edu]
**Sent:** Friday, June 21, 2013 2:22 PM
**To:** Paul Mifsud
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT

Hi Paul,

I reviewed the dues and Fellow proposals. They look good to me and I would vote yes for both of them.

Have a great weekend!

Sonja

**From:** Paul Mifsud [mailto:PMifsud@eatright.org]
**Sent:** Tuesday, June 18, 2013 7:53 AM
**To:** DMartin@Burke.k12.ga.us; Sonja Connor; Kmcclusky@lammorrison.com; easaden@aol.com ; fellerb@auburn.edu; mstokes@usj.edu; nwooldridge@peds.uab.edu; kendall@ufl.edu; peark02@outlook.com
**Cc:** Barbara Visocan; Patricia Babjak; Christian Krapp; Maria Juarez
**Subject:** Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT

All,

Our agenda for next week's call will include two items that will be presented to the Board in July; Membership Dues increase for FY15 and Academy Fellow Recognition Program. I am attaching the summaries for your review. Maria will put them onto the portal this afternoon.

Both of these items have important and positive long term financial impacts to the Academy. As some of you may recall, during the FY14 budget process, Pat put together a list of items that could drive top line growth beginning in FY14, but were not included in the budget. One of these items was the Academy Fellow Recognition Program. As you will see in the overview provided by Barbara Visocan, the program is expected to generate, in the first five years, nearly $2.5M in new revenue beginning in FY14 with a very small expense impact. In fact, it is anticipated that the program will generate over $2.1M in net income (net revenue after expenses) during the same period. In FY14, the program is expected to generate $59,050 in new revenue with only an additional $5,000 in expense. This is a very small investment with a very large ROI!!!

The second item is the FY15 Membership Dues increase proposal. In this overview, again provided by Barbara Visocan, we are proposing a 1.8% increase in membership dues in FY15. This is really based upon two things; inflation and the Membership team's knowledge of our members. Inflation is currently running around 1.8%. However, going forward, there is an expectation inflation could accelerate by the end of this calendar year and into the 2014 calendar year. Even though, looking forward, inflation could exceed 1.8%, the Membership team feels the membership dues for Active and Retired members should not exceed $230 and $115 respectively. In any situation, understanding your customer's willingness to pay is critical and should be the primary driver of the final decision. Essentially they are saying our price elasticity, at

this time, could be impacted beyond these rates and hurt overall membership dues and membership.

As I mentioned above, these two proposals will be put onto the portal this afternoon and are also attached to make it easy for you to access.  If you have any questions, please don't hesitate to ask.  You can reach me by e-mail or at extension at 800-877-1600, ext. 4730.

Paul

2121. Finance and Audit Committee Tuesday, June 25th at 1 p.m. CDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nwooldridge@peds.uab.edu' <nwooldridge@peds.uab.edu>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Jun 21, 2013 16:24:12
**Subject:** Finance and Audit Committee Tuesday, June 25th at 1 p.m. CDT
**Attachment:**

---

All,

The first Finance and Audit Committee meeting of FY14 is on Tuesday, June 25th, at 1 p.m. CDT. There will be quite a few items to address on the agenda. However, the two primary items will be the **FY15 Dues Increase Proposal** and the **Fellow Recognition Program** brought forward by Barbara Visocan and sent to you on Tuesday. Maria has put the information onto the portal as well. If you don't have the information or can't access the portal, please let us know as soon as possible.

In addition to the two items listed above, we also have available on the portal the following;

1. Meeting Agenda

2. Finance and Audit Committee FY14 program of work

3. Finance and Audit Committee Bios and contact information

4. May 29th Finance and Audit Committee minutes

5. April final financials

One of the items missing from the list is the May preliminary financials. I am not certain I will have these available to discuss on this call. The volume of expenses process at the end of the Fiscal Year was more than we anticipated. The overall expenses for May, at the moment, are approximately $1.5 million higher this year than last year. A lot of this was anticipated in the FY13 budget, but, not necessarily in May. So, we are taking a great deal of care to make sure expenses that are being recorded in May actually do belong in May. As you may know, we record expenses when the benefit to the organization occurs. This does not always correspond to when the bill is paid. For example, an airline ticket purchased and paid for in May for travel in July would be recorded when the trip is taken (July) and not when the ticket is paid (May). The opposite is also true. If someone travels in May, but the ticket isn't paid until June because it has been charged, we will move the payment into May. This is normal accounting standards and results in a great deal of movement in expenses. We hope to have preliminary May results for our call on Tuesday. If we don't, we will provide an update as to our progress.

## I. April Changes

No changes were made to the original April financials that you received in May.

## II. May Investments and beyond

Although we have not completed the May closing, we can tell you how our investments performed. In the month of May, the combined Academy and Foundation portfolios increased $530,016. This brings the FY14 total investment reserve returns to $6,678,595!! Not a bad year. This is $4,045,295 higher than our budget of $2,633,300. In addition, this is $6,535,199 higher than the returns we received in FY13. Of course, that is the great news. The not so great news are the results for June. Through yesterday, June 20th, the combined portfolios have lost $858,747. In dollars, this is a lot of money. However, it represents a 1.6% loss. Not too bad given the swings of the market. Today, the market has been very volatile and is currently down. So, our

losses may continue for the month. However, we have 5 additional trading days. So, anything can happen. We were sitting on a profit for the month as of June 18th!! We will keep you posted. Even if the market does decline, our reserves are healthy. The market has shown great resilience and is due for a correction. The last couple of days have gone down due to the Federal Reserve chair saying they are not changing their plans at the moment and the economy seems to be picking up strength. Essentially, that means they will be reducing the support of the market that we have seen over the past few years. That isn't all bad!!! If the Federal Reserve thinks the economy is beginning to pick up steam and doesn't need its help, we would expect to see earnings rise which will, in turn, drive stocks higher.

## III. FAC Calendar for FY14

The FAC calendar has been updated to reflect the change from the last Wednesday of the month to the last Tuesday of the month. However, we need to made one additional change. Our Face to Face meeting in Chicago on April 23rd and 24th, 2014 may not work. So, we are looking at alternative dates. We have currently "penciled in" Wednesday, April 30th and Thursday, May 1st . However, this is just before the HOD virtual meeting beginning on May 2nd. We need to be sensitive to the demands on each of you. In this case, having the meeting on these days may make it difficult for those of you who are attending the HOD virtual meeting in Chicago. The HOD participants would have to arrive on Tuesday night, April 29th and not return home until after the HOD meeting (Monday May 5th?). So, take a look at your calendars and let us know if these dates will work.

As always, if you have any questions or concerns, feel free to reach out to anyone of us on team; me, Linda, Christian and Maria. Have a great weekend and we will talk next week.

Paul Mifsud

2122. RE: FW: Finance and Audit Committee meeting on Tuesday, June 25th at 1p.m. CDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 21, 2013 16:22:26
**Subject:** RE: FW: Finance and Audit Committee meeting on Tuesday, June 25th at 1p.m. CDT
**Attachment:**

---

Donna,

In the first year, Barbara feels she can handle the volume of work with existing staff and have minimal expenses. As the volume and the program grows is when she will need to add the additional costs. It could be part time person or an assistant to help manage it. That is why the costs jump to the $74,783 in FY15. This continues in FY16, FY17, etc. Once it hits a “steady state” the revenue will decline, but so too will some of our What this does is allow us to get this off of the ground with little risk. If we don’t get the traction in the first 5 or 6 months, then the cost side can be slowed down. Very much a variable cost scenario early on.

Now, it will add time and work to the current staff in FY14. However, Barbara feels they can handle it at this point.

Let me know if this helps.

Paul

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**Sent:** Friday, June 21, 2013 2:33 PM
**To:** Paul Mifsud
**Subject:** Re: FW: Finance and Audit Committee meeting on Tuesday, June 25th at 1p.m. CDT

Paul, That is good information to have before the phone call.

I reviewed the proposals, and the only question I have is on the cost of the first year for the fellow program. It looks like there are costs for staff, travel etc. listed (Project Total $74,783), but they don't seem to be reflected in the costs and revenue in the proposal ($59,000 revenue, $5,000 expense) for FY 2014. We say we will make a profit the first year, but with those expenses I do not see it that way. I am in favor of it, but am confused on that point.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 6/21/2013 3:23 PM >>>
Donna,

Sonja cannot attend the call, but, I asked that she provide feedback on the two proposals. Here is her response.

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**Sent:** Friday, June 21, 2013 2:22 PM
**To:** Paul Mifsud
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT

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Have a great weekend!

Sonja

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**Sent:** Tuesday, June 18, 2013 7:53 AM
**To:** DMartin@Burke.k12.ga.us; Sonja Connor; Kmcclusky@lammorrison.com; easaden@aol.com ; fellerb@auburn.edu; mstokes@usj.edu; nwooldridge@peds.uab.edu; kendall@ufl.edu; peark02@outlook.com
**Cc:** Barbara Visocan; Patricia Babjak; Christian Krapp; Maria Juarez
**Subject:** Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT

All,

Our agenda for next week's call will include two items that will be presented to the Board in July; Membership Dues increase for FY15 and Academy Fellow Recognition Program. I am attaching the summaries for your review. Maria will put them onto the portal this afternoon.

Both of these items have important and positive long term financial impacts to the Academy. As some of you may recall, during the FY14 budget process, Pat put together a list of items that could drive top line growth beginning in FY14, but were not included in the budget. One of these items was the Academy Fellow Recognition Program. As you will see in the overview provided by Barbara Visocan, the program is expected to generate, in the first five years, nearly $2.5M in new revenue beginning in FY14 with a very small expense impact. In fact, it is anticipated that the program will generate over $2.1M in net income (net revenue after expenses) during the same period. In FY14, the program is expected to generate $59,050 in new revenue with only an additional $5,000 in expense. This is a very small investment with a very large ROI!!!

The second item is the FY15 Membership Dues increase proposal. In this overview, again provided by Barbara Visocan, we are proposing a 1.8% increase in membership dues in FY15. This is really based upon two things; inflation and the Membership team's knowledge of our members. Inflation is currently running around 1.8%. However, going forward, there is an

expectation inflation could accelerate by the end of this calendar year and into the 2014 calendar year.  Even though, looking forward, inflation could exceed 1.8%, the Membership team feels the membership dues for Active and Retired members should not exceed $230 and $115 respectively.  In any situation, understanding your customer's willingness to pay is critical and should be the primary driver of the final decision.  Essentially they are saying our price elasticity, at this time, could be impacted beyond these rates and hurt overall membership dues and membership.

As I mentioned above, these two proposals will be put onto the portal this afternoon and are also attached to make it easy for you to access.  If you have any questions, please don't hesitate to ask.  You can reach me by e-mail or at extension at 800-877-1600, ext. 4730.

Paul

2123. FW: Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 21, 2013 15:23:59
**Subject:** FW: Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT
**Attachment:**

---

Donna,

Sonja cannot attend the call, but, I asked that she provide feedback on the two proposals. Here is her response.

Paul

**From:** Sonja Connor [mailto:connors@ohsu.edu]
**Sent:** Friday, June 21, 2013 2:22 PM
**To:** Paul Mifsud
**Subject:** RE: Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT

Hi Paul,

I reviewed the dues and Fellow proposals. They look good to me and I would vote yes for both of them.

Have a great weekend!

Sonja

**From:** Paul Mifsud [mailto:PMifsud@eatright.org]
**Sent:** Tuesday, June 18, 2013 7:53 AM
**To:** DMartin@Burke.k12.ga.us; Sonja Connor; Kmcclusky@lammorrison.com; easaden@aol.com ; fellerb@auburn.edu; mstokes@usj.edu; nwooldridge@peds.uab.edu; kendall@ufl.edu;

peark02@outlook.com
**Cc:** Barbara Visocan; Patricia Babjak; Christian Krapp; Maria Juarez
**Subject:** Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT

All,

Our agenda for next week's call will include two items that will be presented to the Board in July; Membership Dues increase for FY15 and Academy Fellow Recognition Program. I am attaching the summaries for your review. Maria will put them onto the portal this afternoon.

Both of these items have important and positive long term financial impacts to the Academy. As some of you may recall, during the FY14 budget process, Pat put together a list of items that could drive top line growth beginning in FY14, but were not included in the budget. One of these items was the Academy Fellow Recognition Program. As you will see in the overview provided by Barbara Visocan, the program is expected to generate, in the first five years, nearly $2.5M in new revenue beginning in FY14 with a very small expense impact. In fact, it is anticipated that the program will generate over $2.1M in net income (net revenue after expenses) during the same period. In FY14, the program is expected to generate $59,050 in new revenue with only an additional $5,000 in expense. This is a very small investment with a very large ROI!!!

The second item is the FY15 Membership Dues increase proposal. In this overview, again provided by Barbara Visocan, we are proposing a 1.8% increase in membership dues in FY15. This is really based upon two things; inflation and the Membership team's knowledge of our members. Inflation is currently running around 1.8%. However, going forward, there is an expectation inflation could accelerate by the end of this calendar year and into the 2014 calendar year. Even though, looking forward, inflation could exceed 1.8%, the Membership team feels the membership dues for Active and Retired members should not exceed $230 and $115 respectively. In any situation, understanding your customer's willingness to pay is critical and should be the primary driver of the final decision. Essentially they are saying our price elasticity, at this time, could be impacted beyond these rates and hurt overall membership dues and membership.

As I mentioned above, these two proposals will be put onto the portal this afternoon and are also attached to make it easy for you to access. If you have any questions, please don't hesitate to ask. You can reach me by e-mail or at extension at 800-877-1600, ext. 4730.

Paul

2124. RE: Face to face meeting in Chicago

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 21, 2013 14:50:18
**Subject:** RE: Face to face meeting in Chicago
**Attachment:**

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Donna,

I think you were looking at Wednesday, April 30th and Thursday, May 1st. I will go with the days since the HOD starts on Friday, May 2nd.

P

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, June 21, 2013 11:10 AM
**To:** Paul Mifsud
**Subject:** Re: Face to face meeting in Chicago

Paul, I can do Thursday, April 30th and Friday, May 1st. The other days around that time frame that work for me are Monday, April 21st through Wednesday, April 23. Whatever you choose of those dates would be great!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 6/21/2013 11:01 AM >>>
Donna,

It does not look like May 2nd and 3rd will work. I reviewed the calendar and I now see that the HOD virtual spring meeting is May 2nd through 6th. So, we are back to the drawing board. You mentioned days you could make it the other day and I did not write them down. Can you provide them? If they were just before the HOD meeting, we could "kill two birds with one stone". We could have our meeting on Wednesday and Thursday, April 30th and May 1st. However, I am not sure this is good for you. If that did work, Elise and Sonja would be in Chicago anyway. They would just come a couple of days earlier. So, let me know the dates that can work for you.

Paul

2125. RE: Face to face meeting in Chicago

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 21, 2013 14:33:06
**Subject:** RE: Face to face meeting in Chicago
**Attachment:**

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Donna,

I will change the schedule to April 30th and May 1st and if those don't work for the HOD folks, we can offer up April 21st and 22nd .

Thanks

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, June 21, 2013 11:10 AM
**To:** Paul Mifsud
**Subject:** Re: Face to face meeting in Chicago

Paul, I can do Thursday, April 30th and Friday, May 1st. The other days around that time frame that work for me are Monday, April 21st through Wednesday, April 23. Whatever you choose of those dates would be great!

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>>>Paul Mifsud <PMifsud@eatright.org> 6/21/2013 11:01 AM >>>
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Paul

2126. Sad News

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, Evelyn Crayton <craytef@aces.edu>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Barbara Ivens <bivens@ncats.net>, Erskine Smith <ER-Smith@wiu.edu>, Judy Rodriquez <jrodrigu@UNF.edu>, Kathleen Zelman <zelmankath@aol.com>, Kathleen Zelman <kzelman@webmd.net>, Pam Charney <pcharney@mac.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jun 21, 2013 14:28:05
**Subject:** Sad News
**Attachment:** image001.jpg

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It is with sadness that I inform you of the death of Trisha Fuhrman's father who passed away on Wednesday, June 19. We have no details regarding memorial and funeral arrangements but will provide this information as soon as it is available. Flowers will be sent on behalf of the Academy.

Our thoughts and prayers are with Trisha and her family during this sad time. Condolences can be sent to:

Trisha Fuhrman

1932 Prospector Ridge Drive

Ballwin, MO  63011

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2127. PSA with Hilary Knight

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Doris Acosta <dacosta@eatright.org>, Ryan O'Malley <romalley@eatright.org>
**Sent Date:** Jun 21, 2013 14:05:10
**Subject:** PSA with Hilary Knight
**Attachment:** image001.png
19933-Kids Eat Right TV PSA - Executive Summary-Initial Report.pdf
19933-Kids Eat RightTV PSA - Station Airing Detail-Initial Report.pdf

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Last fall, the Strategic Communications Department worked with the PR team for Hilary Knight who is a USA Women's hockey player (part of the silver medal team in the 2010 winter Olympics). She was interested in getting involved with children's health and nutrition, so we filmed a PSA video with her and the USOC team dietitian in Boston highlighting the importance of an RD and the Kids Eat Right program. Following is a link to the PSA http://www.eatright.org/Foundation/content.aspx?id=6442475344.

A PSA distribution company was used to help get it placed on TV stations across the country, and attached and below are details from the three-week report. As you can see, it's gotten some great airplay across the country and hopefully that will continue to grow over the summer. Since the PSA's distribution just three weeks ago, the PSAs have already received a total of 571 airings on 30 stations in top markets across the country such as New York, Boston, Phoenix, Pittsburgh and Nashville. Within a few weeks, the PSA has garnered 8,706,195 impressions and $131,927 in total donated media value.

In addition, nearly 69% of airings have occurred in key day parts (9 A.M. to 10 P.M.). Please note that the "This Month" column on the reports represent the airings that were accumulated in June so far. Total airings include all airings since the distribution took place in late May. It's amazing to see that stations are responding so quickly since it usually takes about 4-6 weeks following distribution for initial airings to begin. The PSA distribution company is also working on outreach with stations to encourage as much usage as possible, so we expect airings to ramp up in the

weeks ahead.

We will keep you posted on any important feedback we receive from stations.  Special thanks to Strategic Communications for making this happen.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2128. Face to face meeting in Chicago

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 21, 2013 11:01:47
**Subject:** Face to face meeting in Chicago
**Attachment:**

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Paul

2129. Daily News & Journal Review: Friday, June 21, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 21, 2013 11:01:09
**Subject:** Daily News & Journal Review: Friday, June 21, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Nominations for 2014 Election**
The Nominating Committee is seeking nominations for leaders with the skills and vision to further the profession and the Academys strategic plan for the 2014 Election.
Please visit www.eatright.org/electionsto view the positions available on the 2014 ballot and download

**NIH Hands Off Cholesterol, BP Guidelines**
http://www.medpagetoday.com/Cardiology/Hypertension/40005
Source: NIH
http://www.nhlbi.nih.gov/about/directorscorner/messages/2013-messages/june-2013/nhlbi-adopts-new-collaborative-partnership-model-for-clinical-practice-guidelines-development/index.html

**People want schools to help prevent childhood obesity, survey says**
(Presented at theChildhood Obesity Conference, Long Beach CA this week)
http://www.chicagotribune.com/health/la-sn-school-childhood-obesity-20130618,0,2236373.story

**Metabolic syndrome has declined, some risks persist**
http://www.chicagotribune.com/health/sns-rt-us-health-metabolic-declinedbre95i1ju-20130619,0,3466430.story

**Iron Supplements May Reduce Pregnancy Risks**
http://well.blogs.nytimes.com/2013/06/20/iron-supplements-reduce-pregnancy-risks/?ref=health&_r=0
Source: *BMJ*
http://www.bmj.com/press-releases/2013/06/19/daily-iron-during-pregnancy-linked-improved-birth-weight

**U.S. Approves a Label for Meat From Animals Fed a Diet Free of Gene-Modified Products**
http://www.nytimes.com/2013/06/21/business/us-approves-a-label-for-meat-from-animals-fed-a-diet-free-of-gene-modified-products.html?ref=health

**House defeats farm bill in surprise move**
http://www.washingtonpost.com/politics/2013/06/20/8d04ba3a-d9de-11e2-a9f2-42ee3912ae0e_story.html?hpid=z2

**MedlinePlus: Latest Health News**
-Does adding exercise to a diet help heavy kids?
-Iron Dosing Tricky for Dialysis Patients: Study
-Race May Be Factor in Loss of Sense of Smell That Comes With Age
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Your dinner may be lying to you**
(Judy Caplan, Academy Spokesperson; Stephanie Clarke, RD; Willow Jarosh, RD and Andrea Giancoli, Academy Spokesperson all quoted)
http://www.foxnews.com/health/2013/06/21/your-dinner-may-be-lying-to/

**Dunkin' Donuts to sell gluten-free doughnuts, muffins by end of 2013**
(Julie Kennel, RD quoted)
http://www.latimes.com/business/money/la-fi-mo-dunkin-donuts-gluten-free-2013-20130620,0,2000330.story

**Summer's Here: Great Time for Fresh Fruits and Vegetables**
(Marissa Moore, Academy Spokesperson quoted)
http://ozarksfirst.com/fulltext?nxd_id=824632

**Lessons by the Forkful**
(Megan Hartshorne, RD quoted)
http://www.lagunabeachindependent.com/2013/06/20/lessons-by-the-forkful/

**Shopping for Health with Kids**
(Jennifer Haugen, RD featured)
http://www.kaaltv.com/article/stories/S3071069.shtml?cat=11985

**Positives seen in obesity relabeling**
(Susan Kasik-Miller, RD quoted)
http://www.leadertelegram.com/news/front_page/article_643a9cc4-da32-11e2-a25c-

0019bb2963f4.html

**The Power of Protein**
(Liz Ward, RD featured)
http://www.myfoxboston.com/video?clipId=9011130&autostart=true

**In the fight against obesity, even framing the right message can be challenging**
(By Timi Gustafson, RD)
http://www.auburn-reporter.com/lifestyle/212207471.html

**6 Bad Excuses for Overeating**
(Evelyn Tribole, RD &Caroline Kaufman, RDN both quoted)
http://magazine.foxnews.com/food-wellness/6-bad-excuses-overeating

**Check Your Labels For Calcium!**
(Marcia Crawford, RD featured)
http://www.indianasnewscenter.com/insight/Registered-Dietitian-Marcia-Crawford---Check-Your-Labels-For-Calcium-212351651.html?vid=a

**Practical Nutrition: Frozen yogurt can be nutritious, but watch the toppings**
(By Mary-Jo Sawyer, RD)
http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-frozen-yogurt-can-be-nutritious-but-watch-the/article_bf036ad2-d826-5c5e-b3eb-4892053cd13f.html

**First Nations reserve opens fitness centre**
(Trudy MacNeill, Dietitian/Canada quoted)
http://www.cbc.ca/news/canada/prince-edward-island/story/2013/06/21/pei-abegweit-first-nation-fitness-584.html

**Journal Review:**

**Academy members can now obtain articles from the*Journal Review* for as little as $10 per article, which saves Members up to $20 per article.**
If you are interested in obtaining your copy today, visit http://tinyurl.com/article-orderto place your order.

***American Journal of Lifestyle Medicine*, Online First, June 14, 2013**
http://ajl.sagepub.com/content/early/recent
School Nutrition Programs: Challenges and Opportunities
http://ajl.sagepub.com/content/early/2013/05/30/1559827613490504.abstract
Long-Term Adherence to Health Behavior Change
http://ajl.sagepub.com/content/early/2013/05/30/1559827613488867.abstract

***Appetite*, September 2013**
http://www.sciencedirect.com/science/journal/01956663/68/supp/C
Good mood food. Positive emotion as a neglected trigger for food intake
http://www.sciencedirect.com/science/article/pii/S019566631300144X
Hungry in hospital, well-fed in prison? A comparative analysis of food service systems
http://www.sciencedirect.com/science/article/pii/S0195666313001438
Get your own mirror. Investigating how strict eating disordered women are in judging the bodies of other eating disordered women
http://www.sciencedirect.com/science/article/pii/S0195666313001529

***Clinical Nutrition*, Articles in Press, June 21, 2013**
(Access abstracts at link below)
http://www.sciencedirect.com/science/journal/aip/02615614
-The Presence and Effect of Bias in Trials of Early Enteral Nutrition in Critical Care
-Nutritional status predicts preterm death in older people: A prospective cohort study
-A pocket-sized metabolic analyzer for assessment of resting energy expenditure
-A 3-month at-home tube feeding in 118 bulimia nervosa patients: A one-year prospective survey in adult patients
-Prebiotic supplementation in preterm neonates: Updated systematic review and meta-analysis of randomised controlled trials
-Subjective global assessment: A reliable nutritional assessment tool to predict outcomes in critically ill patients.

***Clinical Nutrition*, August 2013**
(Access abstracts at link below)
http://www.sciencedirect.com/science/journal/02615614/32
-Effect of different exercise modalities plus a hypocaloric diet on inflammation markers in overweight patients: A randomised trial
-Serum total cholesterol: A mortality predictor in elderly hospitalized patients
-Encouraging, assisting and time to EAT: Improved nutritional intake for older medical patients receiving Protected Mealtimes and/or additional nursing feeding assistance
-Protein intake and lean tissue mass retention following bariatric surgery
-Does undernutrition still prevail among nursing home residents?
-A comparison and validation of child versus parent reporting of children's energy intake using food frequency questionnaires versus food records: Who's an accurate reporter?
-Knowledge and practice of physicians and nutritionists regarding the prevention of food allergy
-Outcome models in clinical studies: Implications for designing and evaluating trials in clinical nutrition

***Cochrane Library*, June 6, 2013**
http://www.thecochranelibrary.com/view/0/index.html

Nutritional screening for improving professional practice for patient outcomes in hospital and primary care settings.
http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD005539.pub2/abstract

***Critical Reviews in Food Science and Nutrition*, Volume 53, Issue 9, 2013**
http://www.tandfonline.com/toc/bfsn20/53/9
Black Pepper and Health Claims: A Comprehensive Treatise
http://www.tandfonline.com/doi/abs/10.1080/10408398.2011.571799
Food Ingredients as Anti-Obesity Agents: A Review
http://www.tandfonline.com/doi/abs/10.1080/10408398.2011.574215

***Food Control*, New Articles in Press, June, 19 2013**
(Access abstracts from link below)
http://www.sciencedirect.com/science/journal/aip/09567135
-Aspects Related to Decision Support Tools and Integrated Pest Management in Food Chains
-Improvement of food safety in school kitchens during a long-term intervention period: a strategy based on the knowledge, attitude and practice triad
-Embedding Islamic dietary requirements into HACCP approach  Original Research
-Evaluation of food safety training on hygienic conditions in food establishments
-Seafood Consumption Health Concerns: The Assessment of Methylmercury, Selenium, and Eicosapentaenoic+Docosahexaenoic Fatty Acids Intake

***Food Management*, June 2013**
http://food-management.com/
The Big Apple Pushes for Healthier Hospital Food
More than 30 hospitals have signed on to an unprecedented program and its standards
http://food-management.com/healthcare/big-apple-pushes-healthier-hospital-food
Fighting the Uphill Battle
Alexandria City Schools faced high hurdles in meeting USDAs new meal standards
http://food-management.com/k-12-schools/fighting-uphill-battle

***Food Technology*, June 2013**
http://www.ift.org/food-technology/past-issues/2013/june.aspx
Carbs Are Bad? Think Again
http://www.ift.org/food-technology/past-issues/2013/june/columns/food_medicine_and_health.aspx
NASA investigates 3D food printing; Raising the bar on nutrition research
http://www.ift.org/food-technology/past-issues/2013/june/departments/cutting_edge_technology.aspx

***Journal of the American Medical Association*, Online First, June 20, 2013**
http://jama.jamanetwork.com/onlineFirst.aspx
Editorial Policies for Clinical Trials and the Continued Changes in Medical Journalism

http://jama.jamanetwork.com/article.aspx?articleID=1699471&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=JAMA%3AOnlineFirst06%2F20%2F2013
Smoking, Obesity, Health Insurance, and Health Incentives in the Affordable Care Act
http://jama.jamanetwork.com/article.aspx?articleid=1697621

***JAMA Internal Medicine*, Online First, June 17, 2013**
http://archinte.jamanetwork.com/onlineFirst.aspx
Changes in Red Meat Consumption and Subsequent Risk of Type 2 Diabetes MellitusThree Cohorts of US Men and Women
http://archinte.jamanetwork.com/article.aspx?articleID=1697785&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=ArchivesofInternalMedicine%3AOnlineFirst06%2F17%2F2013
#969;-3 Fatty Acid Supplements for Secondary Prevention of Cardiovascular Disease: From No Proof of Effectiveness to Proof of No Effectiveness
http://archinte.jamanetwork.com/article.aspx?articleid=1697786
Invited Commentary
Oxygen-Carrying Proteins in Meat and Risk of Diabetes Mellitus Comment on Changes in Red Meat Consumption and Subsequent Risk of Type 2 Diabetes Mellitus: Three Cohorts of US Men and Women
http://archinte.jamanetwork.com/article.aspx?articleid=1697792
Invited Commentary
*Clostridium difficile* Leaves the HospitalWhat's Next?Comment on Epidemiology of Community-Associated *Clostridium difficile* Infection, 2009 Through 2011
http://archinte.jamanetwork.com/article.aspx?articleid=1697793

***Journal of Health Psychology*, July 2013**
http://hpq.sagepub.com/content/18/7.toc
Brief report: Effect of dietary restraint on fruit and vegetable intake following implementation intentions
http://hpq.sagepub.com/content/18/7/861.abstract
Annual variation in Internet keyword searches: Linking dieting interest to obesity and negative health outcomes
http://hpq.sagepub.com/content/18/7/875.abstract
Healthy Eating for Life English as a second language curriculum: Primary outcomes from a nutrition education intervention targeting cancer risk reduction
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http://jhl.sagepub.com/content/early/recent
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http://jhl.sagepub.com/content/early/2013/06/17/0890334413492910.abstract
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Expert Group Recommendations
http://jhl.sagepub.com/content/early/2013/05/30/0890334413489775.abstract

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The differential effects of a complex protein drink versus isocaloric carbohydrate drink on performance indices following high-intensity resistance training: a two arm crossover design
http://www.jissn.com/content/10/1/31
Does long-term creatine supplementation impair kidney function in resistance-trained individuals consuming a high-protein diet?
http://www.jissn.com/content/10/1/26

***JNCI Journal of the National Cancer Institute*, June 19, 2013**
http://jnci.oxfordjournals.org/content/105/12.toc
Height as an Explanatory Factor for Sex Differences in Human Cancer
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http://pen.sagepub.com/content/early/recent
Predictors of Insulin Requirements Among Hospitalized Adults Receiving Parenteral Nutrition
http://pen.sagepub.com/content/early/2013/06/13/0148607113492927.abstract
A Position Paper on How Cost and Quality Reforms Are Changing Healthcare in America: Focus on Nutrition
http://pen.sagepub.com/content/early/2013/06/11/0148607113492337.abstract

***Journal of Parenteral and Enteral Nutrition*, July 2013**
http://pen.sagepub.com/content/37/4.toc
Addressing Hospital MalnutritionThe Time Is Now!
http://pen.sagepub.com/content/37/4/439.extract
A.S.P.E.N. Takes the Lead Toward Defining Pediatric Malnutrition
http://pen.sagepub.com/content/37/4/444.short
Defining Pediatric Malnutrition: A Paradigm Shift Toward Etiology-Related Definitions
http://pen.sagepub.com/content/37/4/460.short
-Critical Role of Nutrition in Improving Quality of Care: An Interdisciplinary Call to Action to Address Adult Hospital Malnutrition
http://pen.sagepub.com/content/37/4/482.short
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Fistuloclysis: A High-Calorie, Polymeric Formula Can Be Successful
http://pen.sagepub.com/content/37/4/550.short

***Nutrients*, June 2013**
http://www.mdpi.com/2072-6643/5/6
The Effects of Caffeinated Energy Shots on Time Trial Performance
http://www.mdpi.com/2072-6643/5/6/2062

***Nutrition*, New Articles in Press, June 19, 2013**
(Access abstracts at link below)
http://www.sciencedirect.com/science/journal/aip/08999007
-Effect of glycemic index and glycemic load on energy intake in
-Use of gastric residual volume to guide enteral nutrition in critically ill patients: A brief systematic review of clinical
-Nutritional approaches in the risk reduction and management of Alzheimer's disease
-Branched-chain amino acids and ammonia metabolism in liver disease: Therapeutic implications

***Nutrition Action Health Letter*, June 2013**
(Subscription required)
http://www.cspinet.org/nah/
-Six Reasons to Eat Less Red Meat
The latest links to heart disease, cancer &diabetes
-Beyond the Buzz
Is what youve heard *true*or just *new*?

***Nutrition Research*, New Articles in Press, June 15, 2013**
(Access abstracts from link below)
http://www.sciencedirect.com/science/journal/aip/02715317
-Peanut consumption in adolescents is associated with improved weight status
-Frequency of consumption at fast-food restaurants is associated with dietary intake in overweight and obese women recruited from financially disadvantaged neighborhoods
-Lower n-3 long-chain polyunsaturated fatty acid values in patients with phenylketonuria: a systematic review and meta-analysis
-Increasing fruits and vegetables in midlife women: a feasibility study
-Long-chain polyunsaturated fatty acids may mutually benefit both obesity and osteoporosis

***Psychological Science,*OnlineFirst, June 5, 2013**
http://pss.sagepub.com/content/early/recent
Lay Theories of Obesity Predict Actual Body Mass.
http://pss.sagepub.com/content/early/2013/06/05/0956797612473121.abstract

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21291-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2130. RE: Post test questions

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 20, 2013 17:43:35
**Subject:** RE: Post test questions
**Attachment:** image001.png

---

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, June 20, 2013 1:12 PM
**To:** Pearlie Johnson
**Subject:** Post test questions

Pearlie,  These questions will test much better.  Sorry for the confusion and for your trouble.

1.  Which of the following is the only part of The New Healthy Hunger Free Act Regulations for school lunch that still have minimum and maximum ranges
a)  Meat/Meat Alternates

b)  b)  Fruit Juice
c)  c)  Grains

d)  **d)  Calories *****

e)
2.  Which of the following items are required to be served daily in the National School Lunch program as of Fiscal Year 2014?

a)  Fresh fruit

b)  Fresh vegetable

**c)  Whole grain *****

d)  Fruit juice

Donna S. Martin, EdS, RD, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2131. RE: Draft strategic planning report

**From:** Susan Burns <Sburns@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 20, 2013 15:53:53
**Subject:** RE: Draft strategic planning report
**Attachment:** image001.png

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Thanks so much Donna. I really enjoyed spending time with you too.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
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Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, June 20, 2013 12:50 PM
**To:** Susan Burns
**Subject:** Fwd: Draft strategic planning report

Susie, Attached is the information I promised you from the School Nutrition Association Foundation. Enjoyed being with you in Chicago!

Donna S. Martin, EdS, RD, LD, SNS
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"USDA Healthier US School Challenge GOLD award recipient"

>>>"Abrera, Julie" <jabrera@schoolnutrition.org> 6/18/2013 4:51 PM >>>
Hello.

We are working on taking the report from the strategic planning session in May 2013 and turning it into a strategic planning document for SNF.

As we work on the draft document, we wanted to send you the report for review (attached).

If you have questions or need additional information, please let us know.

Julie

Julie Abrera

Director

School Nutrition Foundation

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301-686-3100 x181

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jabrera@schoolnutrition.org

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Twitter:  Beyondbreakfast

2132. FW: Information Technology Update

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>
**Sent Date:** Jun 20, 2013 11:27:47
**Subject:** FW: Information Technology Update
**Attachment:** image001.jpg

---

The Information Technology changes were implemented yesterday. Attached is my communication to staff. I will update you on a regular basis.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
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**From:** Patricia Babjak
**Sent:** Thursday, June 20, 2013 10:23 AM
**To:** All Academy Staff
**Subject:** Information Technology Update

In 2012, the Academy's Board of Directors authorized a comprehensive evaluation of our organization's Information Technology area to determine the development and operations that the Academy would need to meet current and future technology needs.

Phase I of the review identified a priority of developing a robust IT strategy that serves all areas of our business, consolidating planning and management. Based on the results of the assessment, the Director of Information Technology position has been eliminated. The Academy thanks Rich Newman for his service and we wish him well in his future endeavors.

Phase II of the IT review will assess the Academy's current capabilities and identify our specific needs and demands. To assist in this part of our review, the Academy has hired Waident Technology Solutions. Sean Hanna from Waident will serve as Information Technology Officer. Sean has over 14 years of experience in the technology field and brings his extensive tech expertise and excellent problem solving skills. In the coming months, Waident representatives will be at headquarters to get a hands-on perspective of the Academy's technical infrastructure and procedures. In addition, Waident will work closely with an internal Academy task force of IT "super-users" representing critical areas. Members of the task force will be selected by the Executive Team very soon.

On a day-to-day basis, Academy headquarters team members should continue to use the c.support application for submitting tickets when you encounter problems with your hardware, software, network, etc.  Escalated IT issues should be brought to the attention of Eric Hayes, Manager of Network Operations.

Effective immediately, the IT group will report directly to me. The ultimate goal is enhanced, increasingly efficient Information Technology operations that will enable the Academy to fulfill its mission and strategic direction and to best serve our members, staff and the public. The Board of Directors, the Executive Team and I are confident that the Academy can build from our established technological core to meet the needs and exceed the expectation of all our customers.

Thank you for supporting these exciting new Academy IT initiatives!

Pat

**Patricia M. Babjak**

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2133. RE: Post-Test Questions - Little Rock, AR

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 20, 2013 10:04:17
**Subject:** RE: Post-Test Questions - Little Rock, AR
**Attachment:** image001.png

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Thanks Donna.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, June 19, 2013 4:37 PM
**To:** Pearlie Johnson
**Subject:** Re: Post-Test Questions - Little Rock, AR

Will do and I will get the revisions to you soon.

Sent from my iPad

On Jun 18, 2013, at 4:06 PM, Pearlie Johnson <PJohnson@eatright.org> wrote:

Hi Donna, hope all is well with you. The two new post-test questions included below which are related to the School Nutrition presentation did not perform well. Please keep this is mind when presenting in November. Also, can you reduce the number of responses to four? That format works best in the testing system.

The New Healthy Hunger Free Act Regulations for lunch have put minimum and maximum ranges on which of the following:

a) Meat/Meat Alternates

b) Fruit Juice
c) Grains

d) Calories

e) All of above

f) c and d

g) a, c and d

**Performance on Post-Test (If the response is not included below, it is because that response was not selected by a participant):**

**% Responses**

**Total**

**Response**

1%

1

c) Grains

60%

72

d) Calories

12%

14

e) All of above

4%

5

f) c and d

23%

28

**g) a, c and d**

Which of the following items are required to be served daily in the National School Lunch program as of Fiscal Year 2013?

a) Fresh fruit

b) Fresh vegetable

c) Whole grain

d) Fruit juice

e) All of the above

f) None of the above

**Performance on Post-Test (If the response is not included below, it is because that response was not selected by a participant):**

**% Responses**

**Total**

**Response**

2%

2

a) Fresh fruit

43%

51

c) Whole grain

19%

23

e) All of the above

37%

44

**f) None of the above**

Thanks.

**Pearlie Johnson-Freeman, MBA**

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<image001.png>

2134. Treat and Reduce Obesity Act Introduced in the House and pending in the Senate

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>, Dennie Bier <dbier@bcm.edu>, Evelyn Crayton <craytef@aces.edu>, Jean Ragalie <Jean.Ragalie@rosedmi.com>, Laura Romig <lauraromig@gmail.com>, Mary Christ-Erwin <MChristE@porternovelli.com>, 'robert murray' <murraymd@live.com>, Terri Raymond <tjraymond@aol.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jun 19, 2013 18:38:36
**Subject:** Treat and Reduce Obesity Act Introduced in the House and pending in the Senate
**Attachment:** Treat and reduce obesity bill release 6-19-13.pdf

---

I am very pleased to share with you exciting news from Jeanne Blankenship. Please see below. The press release is attached.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

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---

The Treat and Reduce Obesity Act**, a bill that would expand coverage for RDNs to provide intensive behavioral counseling for obesity *outside of the primary care setting*,** was just introduced in the House (HR 2415) and will be soon introduced in the Senate. This bill would give CMS the authority to allow registered dietitian nutritionists and other qualified healthcare practitioners to *independently* provide and be reimbursed for intensive behavioral therapy for obesity to Medicare participants. A press release has been prepared that will announce this important development to the public and Academy members.

The Academy has collaborated with members of Congress and partner organizations including the American Society for Metabolic and Bariatric Surgery, American Society of Bariatric Physicians, the Obesity Society and the Obesity Action Coalition, for nearly two years to initiate this legislation. The Academy's involvement is an outgrowth of its continued strategy to expand reimbursement opportunities for members.

Next Steps – Academy Advocacy Plan:

This bill will be heard by the House Energy and Commerce Health Subcommittee and the Senate Finance Subcommittee on Healthcare. To move this bill out of committee and onto each chamber's floor, the Academy will initiate a comprehensive advocacy plan. The strategy will consist of two phases. The first phase will focus on building support with members of Congress who serve on the committees where the bill is assigned (also known as "committee of jurisdiction"). The second phase will begin when the bill is approved by the committee and brought forward to all members of each chamber for discussion.

During phase one, the Academy will be working with specific Affiliates to garner support for the bill. Once there is support and it appears that the bill will move forward, all affiliates and Academy members will be asked to participate in the advocacy campaign. This will be known as "phase two."

We will be asking members of the Board of Directors, HOD, LPPC, ANDPAC and the Coding and Coverage Committee to participate in District meetings with members of Congress to the extent possible.

The Academy will send a communication to the public policy leaders, including the reimbursement representatives, in the next few days that gives an overview of the proposed legislation and outlines the role of affiliates in the grassroots campaign. The advocacy strategy will be explained in detail and includes, but is not limited to the following:

**Phase 1: Building Support with Committees of Jurisdiction**

- Send an Academy letter of support to Committee Chairs and Subcommittee Chairs

- Educate and Prepare Targeted Affiliates:

o Provide talking points, background information and training webinar for affiliates whose Congressional members are part of the committees and subcommittees of jurisdiction.

- Activate Targeted Affiliates:

o Encourage affiliates to meet with legislators and report their efforts back to the Academy.

o Ask affiliates to complete an Action Alert targeted to members of the Committees and Subcommittees.

- All members &staff:

o Provide progress updates to all members and staff through various communication channels.

**Phase 2: Build Broad Support with all members of Congress**

- Educate and Prepare All Affiliates:

o Provide talking points, background information and training webinar for all affiliates.

- Activate All Affiliates:

o Ask affiliates to complete an Action Alert to all members of Congress.

- All members &staff:

o Provide progress updates to all members and staff through various communication channels.

Goals:

The main goal of this initiative is to pass the Treat and Reduce Obesity Act in order to expand coverage for our members. However, we recognize that there are other opportunities within this effort, such as:

- Educating members of Congress about the role of the RDN in obesity treatment;

- Engaging Academy members to connect and develop in district relationships with their legislators; and

- Informing Academy members about our policy efforts.

We look forward to updating you on the status of the Treat and Reduce Obesity Act. If you have questions or comments regarding this campaign, please contact me.

Your leadership in supporting our policy efforts is appreciated!

Best Regards,
Jeanne

**Jeanne Blankenship, MS RDN**

Vice President, Policy Initiatives and Advocacy

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2135. Eat Right Weekly - June 19, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 19, 2013 16:37:36
**Subject:** Eat Right Weekly - June 19, 2013
**Attachment:**

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Eat Right Weekly
June 19, 2013

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Eat Right Weekly

## On the Pulse of Public Policy

Save the Date for PPW 2014

The Academy will host its annual Public Policy Workshop in Washington, D.C., from March 28 to April 1, 2014. Join nearly 500 of your fellow Academy members at one of the world's largest food and nutrition advocacy summits. Registration opens in August - don't miss out on early-bird registration discounts.

Learn More >>
Academy Asks Members: Stand Up for Essential Nutrition Education and Food Assistance Programs

Thanks in part to Academy members sending letters to their senators, the Senate has passed a Farm Bill that protected nutrition programs that impact registered dietitians and their clients. As this legislation enters the House of Representatives, it will be a harder battle because of proposed $20 billion cuts to SNAP and the SNAP Nutrition Education and Obesity Prevention Grant Program (known as SNAP-Ed). Please tell your representative to support critical nutrition programs.

Learn More >>
Nutrition Research, Education and Assistance See Increases and Decreases in 2014 Budgets

The Women, Infants and Children (WIC) program may see a decrease in its 2014 budget, according to the House Agriculture Appropriations Subcommittee's recent proposed mark-up of the agriculture appropriations bill. SNAP-Education might also have its funding reallocated as part of the budget process. Meanwhile, food and nutrition research programs may see a slight increase in their budgets.

Learn More >>
Sequestration and Senior Nutrition: Painful Cuts to Important Programs

According to the Administration on Aging's recent announcement, Older Americans Act nutrition programs will suffer a loss of more than $51 million during Fiscal Year 2013. Many Academy members work for OAA nutrition programs, helping seniors remain healthy and independent in their homes.

Learn More >>
Members of Congress Urge President to Reaffirm Commitment to Global Nutrition and Hunger

Academy nutrition champions Rep. Betty McCollum (Minn.) and Rep. Jim McGovern (Mass.) have led 79 congressmen in asking President Obama to reaffirm the United States' commitment to global nutrition and food security.

Learn More >>
Bill Would Allow RDs to Independently Provide Obesity Counseling in Medicare

The Treat and Reduce Obesity Act has been introduced in the House and Senate. It would allow registered dietitian nutritionists and other qualified health-care practitioners to independently provide and be reimbursed for obesity counseling to Medicare beneficiaries. The Academy has prioritized this effort and has been working toward its success for more than a year.

Learn More >>
Millions in Grants Available for Health and Nutrition Programs

Nearly $16 million has been allocated to competitive grants for chronic disease self-management programs and nutrition, physical activity and obesity state programs. Academy members are encouraged to work with their agencies or organizations to apply as grants become available.

Learn More >>
Senators Ask Nickelodeon to Stop Marketing Unhealthy Foods to Kids

U.S. Sens. Richard Blumenthal (Conn.), Jay Rockefeller (W.Va.), Tom Harkin (Iowa) and Dick Durbin (Ill.) have written to Nickelodeon requesting that the children's entertainment network prohibit advertisements that market unhealthy food to children.

Learn More >>
BRAIN Initiative: Requesting Public Input

The Congressional Neuroscience Caucus recently held a briefing with National Institutes of Health leaders to provide a status update on the Brain Research through Advancing Innovative Neurotechnologies (BRAIN) Initiative. The BRAIN team is in the planning stages and is requesting feedback from the public. The Academy will urge the team to evaluate the impact of nutrition and eating patterns on brain development and function.

Learn More >>

## CPE Corner

Webinar: Nutrition Education in Food Banks

Learn the value of nutrition education in food banks and the potential to change eating behaviors among participants in a free June 26 webinar "Flavorful Pairing: Nutrition Education in Food Banks."

Learn More >>
Social Media Ethics Webinar

The growth and prevalent use of social media in today's environment poses unique challenges to the legal and ethical behavior in dietetics practice. An August 21 Academy webinar "Why Social Media Ethics Apply to You in Dietetic" can assist practitioners in being able to identify appropriate applications of social media to avoid legal and ethical problems in practice. Case studies related to clinical practice and social media will be provided in addition to situations and applications of social media that had negative impact. Practical applications for using social media in clinical care and other practice settings will be provided. The webinar will last from 1 p.m. to 2:30 p.m. Central Time.

Learn More >>
Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

The Center for Professional Development offers an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

Learn More >>
Foundation Presents at SNEB Conference

Representing the RD Parent Empowerment Program through an educational grant from MetLife Foundation, the Academy Foundation will present "Empowering Parents: Results from the RD Parent Empowerment Program" at the 2013 Society for Nutrition Education and Behavior's annual conference, August 9 to 12 in Portland, Ore.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

FNCE: The Time Has Come

Now is your chance to register for the 2013 Food &Nutrition Conference &Expo to be held October 19 to 22 in Houston, Texas. Attend FNCE to advance your professional development through

idea-sharing and gathering valuable insights you can implement immediately. Take a look at what will be offered at this year's FNCE and register today.

Learn More >>
FNCE: There's an App for That

The Academy introduces the first Food &Nutrition Conference &Expo mobile app for attendees and exhibitors. This free app can be used to view session information, create your personalized schedule, map out your route on the Expo floor, stay up-to-date on the latest announcements before and during FNCE, and more.

Learn More >>
Choose Your Own LNCs for *Journal* CPE

The *Journal of the Academy of Nutrition and Dietetics* is no longer providing recommended Learning Needs Codes for Continuing Professional Education articles. After completing the online quiz for a CPE article, members may choose their own LNCs when adding their CPE credits to their Professional Development Portfolios.

New Food Safety Client Resources

Just in time for grilling season, the Perfect Picnic app for the iPhone has launched, inviting kids to build the most popular picnic park in town while ensuring picnickers avoid stomach aches by following food safety rules. The app was developed by the The Partnership for Food Safety Education, which includes the Academy.

Learn More >>
Save 10 Percent on June Book of the Month

The new edition of *Sports Nutrition: A Practice Manual for Professionals* offers even more research- and evidence-based information and advice for health professionals working with athletes at all levels. Enjoy 10 percent off this title in June.

Learn More >>
Diversity Leaders Selected

The Diversity Committee is honored to announce the new Diversity Leaders who will begin their two-year program at the Food &Nutrition Conference &Expo. This is the fifth year of the leadership program, and 20 Diversity Leaders from 13 different states have participated.

Learn More >>
## Academy Member Updates

Nominations for 2014 Election

The Nominating Committee is seeking nominations for Academy leaders with the skills and vision to further the dietetics profession and the Academy's strategic plan.

Learn More >>
Survey on Resources: Member Input Needed

The Academy is conducting a survey to develop additional resources for members on the topic of vitamin/mineral/antioxidant supplements. Please take a short survey to help the Academy better understand members' needs in this area.

Learn More >>
House of Delegates Spring Virtual Meeting

The House of Delegates conducted its fifth virtual meeting May 4 and 5, discussing and passing a motion on the mega issue "Hunger in America-Food and Nutrition Insecurity Affects All RDs and DTRs." Outcomes from the meeting have been posted to the House of Delegates website.

Learn More >>
Member Spotlighted for Anti-Hunger Work

Academy member Dora Rivas, MS, RD, LD, executive foodservice director of child and nutrition services in the Dallas Independent School District, received the first Innovative Anti-Hunger Work Award from the Food Research and Action Center for mandating a district-wide Breakfast in the Classroom program.

Learn More >>
Diversity Action Award Presented to California Education Program

The San Diego WIC Dietetic Internship, directed by Brenda Reynosa, MBA, RD, has received the Academy's Diversity Action Award for 2013.

Learn More >>
Exhibition Makes Genome Accessible to Public

A new exhibition in Washington, D.C., "examines the complexities of the genome - the complete set of genetic or hereditary material of a living organism - and chronicles the remarkable breakthroughs that have taken place since the completion of the Human Genome Project a decade ago." The exhibit is a collaboration between the National Institutes of Health and the Smithsonian Institution. In keeping with the Academy's House of Delegates' recommendation that members keep informed on advances in genome science, members visiting the nation's capital

may find this exhibition valuable.

Learn More >>

## Philanthropy, Awards and Grants

$35,000 Research Grant Available through Foundation

Are you interested in slowing the progression of obesity in children? A one-year grant of up to $35,000 is available for a research project that explores lifestyle interventions to reduce the risk of childhood obesity. The application deadline is July 1.

Learn More >>

Why Donate to Foundation's FNCE Silent Auction?

Thanks to generous supporters like you, the Foundation's Silent Auction raised more than $12,000 at last year's Food &Nutrition Conference &Expo.

Learn More >>

Pittsburgh Affiliate Leadership Development Award

The deadline is August 15 to apply for the Pittsburgh Dietetic Association's Leadership Development Award. Applicants must be a resident of Pennsylvania or a student or graduate of a Pennsylvania program.

Learn More >>

Foundations Student Stipends Allow Tomorrow's RDNs to Attend FNCE

The Foundation is able to award student stipends to attend the Food &Nutrition Conference &Expo thanks to the generosity of dietetic practice groups, state affiliates and individual Academy members.

Learn More >>

*Kids Eat Right News Bite*

*Kids Eat Right News Bite* is a quarterly newsletter filled with pictures and stories to highlight the great work that is being done to help kids eat right around the world.

Learn More >>

Send questions, comments or potential news items >>

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
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If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2136. RE: Pre-Test Concern From Little Rock Program Participant

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana Engel GERSTEIN <danaeg@berkeley.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Debra Kibbe <dlkibbe@gmail.com>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, Gail Frank <Gail.Frank@csulb.edu>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
**Sent Date:** Jun 19, 2013 15:56:13
**Subject:** RE: Pre-Test Concern From Little Rock Program Participant
**Attachment:** image001.png

---

Thanks Nancy. We will adjust our key accordingly.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Copperman, Nancy [mailto:NCopper@NSHS.edu]
**Sent:** Wednesday, June 19, 2013 12:34 PM
**To:** Pearlie Johnson; Marc Jacobson; Dana Engel GERSTEIN; DMartin@Burke.k12.ga.us; Debra Kibbe; Kirk, Shelley; Gail Frank; Isadora Nogueira

**Subject:** RE: Pre-Test Concern From Little Rock Program Participant

Good Afternoon,

Actually D would be an appropriate choice, as we are addressing the fat, sat fat and fiber intake of the child.

Nancy Copperman, MS,RD,CDN
Director of Public Health Initiatives
Office of Community  and Public Health
North Shore Long Island Jewish Health System
Assistant Professor of Population Health

Hofstra North Shore-LIJ School of Medicine

175 Community Drive
Great Neck, NY 11021
Phone:516-465-3180
Fax: 516-465-2699

**From:** Pearlie Johnson [mailto:PJohnson@eatright.org]
**Sent:** Wednesday, June 19, 2013 1:12 PM
**To:** Copperman, Nancy; Marc Jacobson; Dana Engel GERSTEIN; DMartin@Burke.k12.ga.us; Debra Kibbe; Kirk, Shelley; Gail Frank; Isadora Nogueira
**Subject:** Pre-Test Concern From Little Rock Program Participant

Hello All,

We have received a concern from a participant who attended the Little Rock program regarding a pre-test question.  Can you please review and provide a response.

Concern:

Also, on the *pre-test*, question 30's correct answer includes promoting more fresh juice to a 9 year old. If you are able to provide the rational of why answer C is a better dietary recommendation over choice D considering his lab and diet analysis.

Question:

Paul is a nine-year-old male child. At his annual pediatric visit he weighs 65 lbs and is 50 inches in height. Paul's family has history of cardiovascular disease and diabetes. His total serum cholesterol is 250 mg/dl and his LDL-C is 160 mg/dl. An analysis of 3-day food records revealed the following: 2100 Kcal, 38% of total calories from fat, 350 mg of cholesterol, 12% of total calories from saturated fat, 60 grams protein, 50% of total calories from carbohydrate, 5 grams fiber, Folate 200mg, Vitamin A 400 ug, Calcium 1000mg, and Iron 10mg. Paul participates in 45-minute physical education classes two days per week, and plays baseball two days per week. He is allowed to play video games or watch television two hours per day during the week and has no limits on the weekends.

According to Paul's food intake records, what dietary recommendations should be provided based on his existing intake of vitamin and minerals?

a) Increase intake of red meats and legumes

b) Increase intake of low-fat dairy and red meats

c) Increase intake of whole-grains, legumes and fresh juice

d) Increase intake of low-fat dairy products and colorful fruits and vegetables

Source: United States Department of Agriculture Dietary Reference Intakes: http://fnic.nal.usda.gov/interactiveDRI/

The performance for the question is 66% among the Little Rock participants.

**Pearlie Johnson-Freeman, MBA**

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2137. Pre-Test Concern From Little Rock Program Participant

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana Engel GERSTEIN <danaeg@berkeley.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Debra Kibbe <dlkibbe@gmail.com>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, Gail Frank <Gail.Frank@csulb.edu>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
**Sent Date:** Jun 19, 2013 13:12:13
**Subject:** Pre-Test Concern From Little Rock Program Participant
**Attachment:** image001.png

---

Hello All,

We have received a concern from a participant who attended the Little Rock program regarding a pre-test question. Can you please review and provide a response.

Concern:

Also, on the *pre-test*, question 30's correct answer includes promoting more fresh juice to a 9 year old. If you are able to provide the rational of why answer C is a better dietary recommendation over choice D considering his lab and diet analysis.

Question:

Paul is a nine-year-old male child. At his annual pediatric visit he weighs 65 lbs and is 50 inches in height. Paul's family has history of cardiovascular disease and diabetes. His total serum cholesterol is 250 mg/dl and his LDL-C is 160 mg/dl. An analysis of 3-day food records revealed the following: 2100 Kcal, 38% of total calories from fat, 350 mg of cholesterol, 12% of total calories from saturated fat, 60 grams protein, 50% of total calories from carbohydrate, 5 grams fiber, Folate 200mg, Vitamin A 400 ug, Calcium 1000mg, and Iron 10mg. Paul participates in 45-minute physical education classes two days per week, and plays baseball two days per week. He is allowed to play video games or watch television two hours per day during the week and has no limits on the weekends.

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b) Increase intake of low-fat dairy and red meats

c) Increase intake of whole-grains, legumes and fresh juice

d) Increase intake of low-fat dairy products and colorful fruits and vegetables

Source: United States Department of Agriculture Dietary Reference Intakes: http://fnic.nal.usda.gov/interactiveDRI/

The performance for the question is 66% among the Little Rock participants.

**Pearlie Johnson-Freeman, MBA**

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2138. Daily News: Wednesday, June 19, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@Eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 19, 2013 10:47:32
**Subject:** Daily News: Wednesday, June 19, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**A.M.A. Recognizes Obesity as a Disease**
http://www.nytimes.com/2013/06/19/business/ama-recognizes-obesity-as-a-disease.html?ref=health&_r=0
Related Resource: Medicare Preventive Services  Obesity
http://www.eatright.org/Members/content.aspx?id=6442468513

**WHO urges tougher food marketing rules to curb childhood obesity**
http://www.chicagotribune.com/health/sns-rt-us-obesity-who-europebre95h0f2-20130618,0,7702211.story
Source: World Health Organization
*Marketing of foods high in fat, salt and sugar to children: update 20122013*
http://www.euro.who.int/en/what-we-publish/abstracts/marketing-of-foods-high-in-fat,-salt-and-sugar-to-children-update-20122013
Related Resource: *Challenges and Opportunities for Change in Food Marketing to Children and Youth: Workshop Summary*---Read this book online FREE!
http://www.nap.edu/catalog.php?record_id=18274

**Exercise Plus Diet Key to Kids' Weight Loss**
http://www.medpagetoday.com/Pediatrics/Obesity/39947
online in *JAMA Pediatrics*.
http://archpedi.jamanetwork.com/article.aspx?articleid=1697988
Related Resource: Kids Eat Right
http://www.eatright.org/kids/

**Toddlers: TV Snacks Up Risk for Heart Disease**
http://www.medpagetoday.com/Pediatrics/Parenting/39915

Source: *CMAJ*
http://www.cmaj.ca/content/early/2013/06/17/cmaj.121834

**Junk Food Ads May Help Drive Obesity in Hispanic Kids, Study Suggests**
http://health.usnews.com/health-news/news/articles/2013/06/17/junk-food-ads-may-help-drive-obesity-in-hispanic-kids-study-suggests
Source: *JAMA Pediatrics*.
http://archpedi.jamanetwork.com/article.aspx?articleid=1697989

**Women want indulgence and health in snacks Scrap that stereotype says Canadian**
http://www.foodnavigator-usa.com/Manufacturers/Women-want-indulgence-and-health-in-snacks-Scrap-that-stereotype-says-Canadean

**Red Bull wont give runners wings small scale study suggests**
http://www.foodnavigator-usa.com/R-D/Red-Bull-won-t-give-runners-wings-small-scale-study-suggests

**Diet products contain dangerous drugs, FDA warns**
http://www.nbcnews.com/health/diet-products-contain-dangerous-drugs-fda-warns-6C10361935

**White House threatens to veto House version of farm bill**
http://www.usatoday.com/story/news/politics/2013/06/17/farm-bill-veto-wh-te-house/2432849/

**The Art of Almost Homemade**
**Companies Target Time-Crunched Home Cooks; Why Wednesday is the Worst**
http://online.wsj.com/article/SB10001424127887324021104578553570654727736.html

**Chipotle labels GMOs on its website says half products contain unavoidable GM ingredients from corn and soy**
http://www.foodnavigator-usa.com/Markets/Chipotle-labels-GMOs-on-its-website-says-half-products-contain-unavoidable-GM-ingredients-from-corn-or-soy

**Will McDonald's serve genetically modified fries?**
http://www.chicagotribune.com/features/food/stew/chi-food-policy-will-mcdonalds-serve-genetically-modified-fries-20130618,0,3561651.story

**118 sickened in hepatitis A outbreak linked to berries**
http://www.usatoday.com/story/news/nation/2013/06/18/hepatitis-a-frozen-berries-118-sick/2434267/
Source: CDC
http://www.cdc.gov/hepatitis/Outbreaks/2013/A1b-03-31/

**MedlinePlus: Latest Health News**
-Blood Test Might Predict Type 1 Diabetes in Children, Study Finds
-Could 'Moderate' Drinking Be Safe During Pregnancy?
-Every Minute Counts for Stroke Victims, Study Confirms
-Polluted Air Linked to Autism Risk
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Foods to ease pregnancy symptoms**
(Melinda Johnson, Academy Spokesperson quoted)
http://www.sanluisobispo.com/2013/06/17/2549861/foods-to-ease-pregnancy-symptoms.html

**Nutrition Q&A: High-fructose corn syrup vs. sugar**
(By Hope Warshaw, RDN)
http://www.washingtonpost.com/lifestyle/wellness/high-fructose-corn-syrup-vs-sugar/2013/06/18/fdbedb90-c488-11e2-914f-a7aba60512a7_story.html

**Vegetarians may have longer life spans than meat eaters, study suggests**
(By Timi Gustafson, RD)
http://www.kentreporter.com/lifestyle/211864141.html

**Most Americans underestimate daily calorie consumption**
(Roberta Anding, RD quoted)
http://www.yourhoustonnews.com/cypresscreek/news/most-americans-underestimate-daily-calorie-consumption/article_8f183510-d82e-11e2-a09c-001a4bcf887a.html

**What's in our Food?**
(Jo Ann Hattner, RDN featured)
http://abclocal.go.com/kgo/video?id=9140255

**Alaska Sockeye Salmon is here**
(By Debbie Guild, RD)
http://ottumwacourier.com/local/x1912988631/Alaska-Sockeye-Salmon-is-here

**Eat your sunscreen?**
(Tanya Zucherbrot,, RD quoted)
http://www.philly.com/philly/health/Eat_your_sunscreen.html

**Beebe's Kim Westcott earns recertification of Oncology Nutrition designation**
(Kim Westcott, RD quoted)

http://capegazette.villagesoup.com/p/beebes-kim-westcott-earns-recertification-of-oncology-nutrition-designation/1012036

**Should you go high-protein, low-carb for the long term?**
(Katherine Zeratsky, RD quoted)
http://www.recordonline.com/apps/pbcs.dll/article?AID=/20130618/HEALTH/306180305/-1/SITEMAP

**Good food that's good for you: Salem cookbook author and blogger aims for easy, tasty vegetarian food**
(By Jeanine Stice, RD)
http://www.statesmanjournal.com/article/20130618/COLUMN0702/306180002/

**Doctor's wheat-free claims deserve closer scrutiny Doctor's wheat-free claims deserve closer scrutiny**
(By Barbara Quinn, RD)
http://www.montereyherald.com/living/ci_23489006/barbara-quinn-doctors-wheat-free-claims-deserve-closer

**Time for supper  at the table**
(Heather St. Bernard-John, Dietitian/Canada quoted)
http://www.mississauga.com/community-story/3844273-time-for-supper-at-the-table/

**Quote of the Week**

**In three words I can sum up everything Ive learned about life: It goes on**
**-Robert Frost**

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or send a blank email to leave-21252-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2139. Adult Weight Management Program Coming to Memphis, Tennessee

**From:** Commission on Dietetic Registration <cdr@eatright.org>
**To:** Donna S Martin LD RD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 18, 2013 17:07:30
**Subject:** Adult Weight Management Program Coming to Memphis, Tennessee
**Attachment:**

---

Having trouble viewing this e-mail? Click here to view it in your browser.

Weight Management Certificate Programs
A Certificate of Training in Adult Weight Management program is coming to Memphis, Tennessee on September 30  October 2, 2013. The program will be held at the Hilton Memphis, 939 Ridge Lake Blvd., Memphis, Tennessee. For registration information and to view the certificate requirements, timeline, registration deadlines and agenda, please visit the CDR Website at http://cdrnet.org/weight-management-adult-program. This program has been awarded 35 CPEUs. Click here to visit testimonies from previous program participants.

If you have already attended the Certificate of Training in Adult Weight Management program, you may be pleased to know that CDR will be offering a Level 2 Certificate of Training in Adult Weight Management program in Austin, Texas on December 6-8, 2013. This Level 2 program is only opened for those individuals who have successfully completed the Certificate of Training in Adult Weight Management or the Certificate of Training in Childhood and Adolescent Weight Management program. For registration information and to view the certificate requirements, timeline, registration deadlines and agenda, please visit the CDR Website at http://cdrnet.org/weight-management/level2. This program has been awarded 50 CPEUs.

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.
Childhood and Adolescent Weight Management Self-Study Module  Approved for 13 CPEUs
For information:
http://cdrnet.org/weight-management/childhood-module

Adult Weight Management Self-Study Module - Approved for 16 CPEUs
For information:
http://cdrnet.org/weight-management/adult-module
You are currently subscribed to receive Weight Management related e-mails from the Commission on Dietetic Registration. If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

2140. Post-Test Questions - Little Rock, AR

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 18, 2013 17:06:04
**Subject:** Post-Test Questions - Little Rock, AR
**Attachment:** image001.png

---

Hi Donna, hope all is well with you. The two new post-test questions included below which are related to the School Nutrition presentation did not perform well. Please keep this is mind when presenting in November. Also, can you reduce the number of responses to four? That format works best in the testing system.

The New Healthy Hunger Free Act Regulations for lunch have put minimum and maximum ranges on which of the following:

a) Meat/Meat Alternates

b) Fruit Juice
c) Grains

d) Calories

e) All of above

f) c and d

g) a, c and d

**Performance on Post-Test (If the response is not included below, it is because that response was not selected by a participant):**

**% Responses**

**Total**

**Response**

1%

1

c) Grains

60%

72

d) Calories

12%

14

e) All of above

4%

5

f) c and d

23%

28

**g) a, c and d**

Which of the following items are required to be served daily in the National School Lunch program as of Fiscal Year 2013?

a) Fresh fruit

b) Fresh vegetable

c) Whole grain

d) Fruit juice

e) All of the above

f) None of the above

**Performance on Post-Test (If the response is not included below, it is because that response was not selected by a participant):**

**% Responses**

**Total**

**Response**

2%

2

a) Fresh fruit

43%

51

c) Whole grain

19%

23

e) All of the above

37%

44

**f) None of the above**

Thanks.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

2141. Supplements Survey

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jun 18, 2013 12:59:13
**Subject:** Supplements Survey
**Attachment:** image002.jpg
VMA Supplement Survey.pdf

---

This week we will be fielding the attached impulse survey to our membership, deployed through a variety of mechanisms, including *Eat Right Weekly,* to achieve a statistically significant sample. The information will be used to help us determine member interests and educational needs regarding the topic of vitamin/mineral/antioxidant supplements. Findings will help inform our decisions regarding future communication and education needs. Please look for a link to the survey in *Eat Right Weekly* tomorrow, June 19.

We will likely field surveys from time-to-time on other nutrition-related topics of general interest, but since this is one of the first we thought it best to communicate with you in advance. If you have any questions, don't hesitate to contact me. We look forward to sharing the results with you.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2142. Daily News: Tuesday, June 18, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 18, 2013 11:15:20
**Subject:** Daily News: Tuesday, June 18, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Nominations for 2014 Election**
The Nominating Committee is seeking nominations for leaders with the skills and vision to further the profession and the Academys strategic plan for the 2014 Election.
Please visit www.eatright.org/elections to view the positions available on the 2014 ballot and download

**Red-meat intake linked to increased risk of diabetes**
(Shalene McNeill,RD quoted)
http://www.usatoday.com/story/news/nation/2013/06/17/diabetes-red-meat-intake/2431405/
Source:*JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1697785
Related Resource: Diabetes Nutrition Resources
https://www.eatright.org/shop/categories.aspx?id=252

**Saturated Fat May Make the Brain Vulnerable to Alzheimer's**
http://health.usnews.com/health-news/news/articles/2013/06/17/saturated-fat-may-make-the-brain-vulnerable-to-alzheimers
Source:*JAMA Neurology*
http://archneur.jamanetwork.com/article.aspx?articleid=1697444

**Book raises alarms about alternative medicine**
http://www.usatoday.com/story/news/nation/2013/06/18/book-raises-alarms-about-alternative-medicine/2429385/
Related Articles: Alternative therapies, supplements can cause side effects
http://www.usatoday.com/story/news/nation/2013/06/18/alternative-therapies-supplements-effectiveness/2429465/
How to guard against a quack

http://www.usatoday.com/story/news/nation/2013/06/18/how-to-spot-a-quack/2429471/
Related Resource: National Center for Complementary and Alternative Medicine (NCCAM)
http://nccam.nih.gov/

**Really? The Claim: Biofeedback Devices Can Lower Blood Pressure**
http://well.blogs.nytimes.com/2013/06/17/really-the-claim-biofeedback-devices-can-lower-blood-pressure/?ref=health

**Autistic brain circuits make mother's voice just another sound**
http://www.chicagotribune.com/health/la-sci-sn-autism-voice-20130615,0,3188263.story
Source: *Proceedings of the National Academy of Sciences*
http://www.pnas.org/content/early/2013/06/12/1302982110

**In Bullies Hands, Nuts or Milk May Be a Weapon**
http://well.blogs.nytimes.com/2013/06/17/in-bullies-hands-nuts-or-milk-may-be-a-weapon/?ref=health

**Restless leg syndrome linked to risk of earlier death**
http://www.usatoday.com/story/news/nation/2013/06/15/restless-legs-syndrome-death/2420985/
Source: *Neurology*
http://www.neurology.org/content/early/2013/06/12/WNL.0b013e318297eee0.abstract?sid=e4260a9d-1bdb-4688-b969-88a4ff51b219

**U.S. consumer prices rise only 0.1% in May**
http://www.usatoday.com/story/money/business/2013/06/18/us-consumer-prices-rise-only-01-in-may/2433753/

**Starbucks to display calorie counts**
http://www.chicagotribune.com/business/breaking/chi-starbucks-calorie-counts-20130618,0,2587034.story

**Pizza the biggest single contributor of sodium to the American diet**
http://www.foodnavigator-usa.com/R-D/Pizza-The-biggest-single-contributor-of-sodium-to-the-American-diet

**7 Foods Most Likely to Make You Sick**
http://abcnews.go.com/Health/foods-make-sick-summer/story?id=19420311#
Related Resource: Home Food Safety
www.homefoodsafety.org

**What do natural and clean label mean anyway**
http://www.foodnavigator-usa.com/Markets/What-do-natural-and-clean-label-mean-anyway

**Judge: There is a gaping hole in the current regulatory landscape for natural claims and GMOs**
http://www.foodnavigator-usa.com/Regulation/Judge-There-is-a-gaping-hole-in-the-current-regulatory-landscape-for-natural-claims-and-GMOs

**The Gap between synthetic and natural colors is closing all the time**
http://www.foodnavigator-usa.com/Suppliers2/Chr.-Hansen-The-gap-between-synthetic-and-natural-colors-is-closing-all-the-time

**MedlinePlus: Latest Health News**
-Gene Variants May Play Role in Obesity
-Hot Weather Takes Toll on Farmworkers: Study
-Minority Kids With Autism Less Likely to Use Specialty Services: Study
-Saturated Fat May Make the Brain Vulnerable to Alzheimer's
-Skipping Breakfast May Raise Diabetes Risk
-Wait-and-see may be best for early prostate cancer
-Your Summer Cold May Actually Be an Allergic Reaction
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Cooking Helps Keep The Weight Off -- And Keeps You Healthy**
(By Manuel Villacorta, RD)
http://latino.foxnews.com/latino/health/2013/06/17/cooking-helps-keep-weight-off-and-keeps-healthy/

**Two stores try to close the health gap in Baltimore**
**Apples &Oranges, Food Depot try to get healthier choices in front of their customers**
(Sheryl Hoehner, RD quoted)
http://www.baltimoresun.com/news/maryland/bs-md-rodricks-0618-20130617,0,152842.column

**GRAY MATTERS: Senior food insecurity rates doubled in the last decade**
(Debby Krzesni, RD quoted)
http://www.times-standard.com/lifestyle/ci_23482801/gray-matters-senior-food-insecurity-rates-doubled-last

**Dietitian Uncovers the Bad in Seemingly Healthy Meals**
(Rachel Beller, RD featured)
http://abcnews.go.com/GMA/video/dietitian-uncovers-bad-seemingly-healthy-meals-19419697

**Summer workshops show kids how to eat healthy**
(Sarah Shanahan, RD &Charlotte Hayes, RD both quoted)
http://www.ajc.com/news/lifestyles/summer-workshops-show-kids-how-to-eat-healthy/nYLkg/

**People jumping on gluten-free bandwagon**
(Shelley Case, RD quoted)
http://www.leaderpost.com/health/diet-fitness/People+jumping+gluten+free+bandwagon/8538538/story.html

**Drinking alcohol to shrink?**
(ByKaren Ansel, RD and Lisa Young, RD quoted)
http://www.foxnews.com/health/2013/06/14/drinking-alcohol-to-shrink/

**You are what you eat, so choose food carefully**
(Tiffany McFadden, Dietitian/Canada quoted)
http://www.comoxvalleyrecord.com/news/211858431.html

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**http://www.eatright.org/positions/**

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=21223
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21223-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2143. Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, connors@ohsu.edu <connors@ohsu.edu>, Kmcclusky@lammorrison.com <Kmcclusky@lammorrison.com>, easaden@aol.com <easaden@aol.com>, fellerb@auburn.edu <fellerb@auburn.edu>, mstokes@usj.edu <mstokes@usj.edu>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu <kendall@ufl.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Barbara Visocan <BVISOCAN@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>
**Sent Date:** Jun 18, 2013 10:53:07
**Subject:** Finance and Audit Committee meeting on Tuesday, June 25th at 1 p.m. CDT
**Attachment:** Dues Increase Report FAC June 2013 (2).docx
FAC June 2013 Fellow Recognition Program.docx

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All,

Our agenda for next week's call will include two items that will be presented to the Board in July; Membership Dues increase for FY15 and Academy Fellow Recognition Program. I am attaching the summaries for your review. Maria will put them onto the portal this afternoon.

Both of these items have important and positive long term financial impacts to the Academy. As some of you may recall, during the FY14 budget process, Pat put together a list of items that could drive top line growth beginning in FY14, but were not included in the budget. One of these items was the Academy Fellow Recognition Program. As you will see in the overview provided by Barbara Visocan, the program is expected to generate, in the first five years, nearly $2.5M in new revenue beginning in FY14 with a very small expense impact. In fact, it is anticipated that the program will generate over $2.1M in net income (net revenue after expenses) during the same period. In FY14, the program is expected to generate $59,050 in new revenue with only an additional $5,000 in expense. This is a very small investment with a very large ROI!!!

The second item is the FY15 Membership Dues increase proposal. In this overview, again provided by Barbara Visocan, we are proposing a 1.8% increase in membership dues in FY15. This is really based upon two things; inflation and the Membership team's knowledge of our members. Inflation is currently running around 1.8%. However, going forward, there is an expectation inflation could accelerate by the end of this calendar year and into the 2014 calendar

year.  Even though, looking forward, inflation could exceed 1.8%, the Membership team feels the membership dues for Active and Retired members should not exceed $230 and $115 respectively.  In any situation, understanding your customer's willingness to pay is critical and should be the primary driver of the final decision.  Essentially they are saying our price elasticity, at this time, could be impacted beyond these rates and hurt overall membership dues and membership.

As I mentioned above, these two proposals will be put onto the portal this afternoon and are also attached to make it easy for you to access.  If you have any questions, please don't hesitate to ask.  You can reach me by e-mail or at extension at 800-877-1600, ext. 4730.

Paul

2144. Kids Eat Right quarterly newsletter

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
**Sent Date:** Jun 18, 2013 09:17:00
**Subject:** Kids Eat Right quarterly newsletter
**Attachment:** image001.png
6-13 KER Newsletter (2).pdf

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Hello Academy BOD,

Attached is the June issue of the Kids Eat Right Newsletter.  Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2145. Online Petition

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jun 17, 2013 13:53:59
**Subject:** Online Petition
**Attachment:** image003.jpg

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You may have seen on the Internet this morning, or heard from friends and colleagues, that the Facebook group Dietitians for Professional Integrity (DFPI) has launched an online petition, addressed to Glenna, Sonja and me, requesting that the Academy cut its ties with corporate sponsors of which DFPI disapproves. The signers of the petition are, to a great extent, the same people who have “liked” DFPI on Facebook, and the petition contains no new information or allegations than those DFPI (Andy Bellatti) has been making since its formation early this year. We have conducted a quick review of some of the signers, indicating that about half are Academy members. I encourage all members of the Board to not sign this petition, which contains the usual (for DFPI) partial truths mixed with a heavy dose of opinion and misstatements about the Academy. The organizers write that they will present the petition at FNCE in October, but no further details are given. We will monitor the status of this petition and keep you posted if there are further developments. We will be discussing corporate relations at the Board retreat.

Thank you very much.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

2146. The Time Has Come...

**From:** Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Jun 17, 2013 13:49:53
**Subject:** The Time Has Come...
**Attachment:**

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**FNCE Registration is Now Open!**

Now is your chance to register for the 2013 Food &Nutrition Conference &Expo to be held October 19  22 in Houston, Texas. Whether you go for the education, to visit the expo or to network, youre bound to experience the energy of FNCE! More than 8,500 of your peers will be there, ready to interact with you. Attend FNCE to advance your professional development through idea-sharing and gathering valuable insights you can implement immediately.

Take a look at what will be offered at this years FNCE and register today by visiting www.eatright.org/fnce.

We hope to see you in Houston!
This FNCE Announcement is a benefit of the Academy of Nutrition and Dietetics.
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2147. Annual Review - Certificate of Training in Childhood and Adolescent Weight Management Self-Study Module

| | |
|---|---|
| **From:** | Pearlie Johnson <PJohnson@eatright.org> |
| **To:** | Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana Engel GERSTEIN <danaeg@berkeley.edu>, Hassink, Sandra <Sandra.Hassink@nemours.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, Debra Kibbe <dlkibbe@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>, Sothern, Melinda <msothe@lsuhsc.edu>, Isadora Nogueira <isadora.v.nogueira@gmail.com> |
| **Cc:** | kathy.cobb@snet.net <kathy.cobb@snet.net> |
| **Sent Date:** | Jun 17, 2013 13:02:59 |
| **Subject:** | Annual Review - Certificate of Training in Childhood and Adolescent Weight Management Self-Study Module |
| **Attachment:** | image002.png<br>Pre-Test - Oct 2012 Childhood Program Pre-Test With Performance.doc<br>2012-2013 Childhood Module Self Study.doc |

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We are currently conducting a review of the Certificate of Training in Childhood and Adolescent Weight Management self-study module. We have given you access to the 2012-2013 online childhood and adolescent weight management self-study module at http://www.cdr.groupxm.com.

To login choose the “Login” option on the upper right-hand side of the page.

1. Sign-in using your e-mail address and the password - welcome
2. On the purple banner, hover over the “Portal” option on the right-hand side and choose the “Library” option from the drop-down menu.
3. Click on the “May 2013 Childhood Faculty PowerPoint Files and Handouts” link located to the left.

A paper copy of the module is attached. The copies does not include the actual articles. Would you please review the articles included in the module and identify if there are any articles that should be added, subtracted, or replaced. Keep in mind that the intent of the self-study is to provide attendees with the foundation knowledge to allow richer discussions at the onsite workshop (in other words, they should be consistent with the self-study learning objectives identified within the module). The articles should not present the content that will be covered onsite. However, if you have suggested changes to the learning objectives, please do provide those too!

A paper copy of the current pre-test is also attached. Please review the test and identify items that should be deleted, edited or added. We have included the source and performance of each item. Those poor performing questions are indicated in red.

Please send your feedback to me by e-mail or fax (312/899-4772) by August 23, 2013. After we receive all the feedback, we will send you a summary of recommendations and, if warranted, schedule a faculty teleconference to finalize the changes. Note that changes in articles will also change the learning activities and pre-test so we will be following up later for your input on those as well. All changes will be implemented for the November 2013 program.

If you have any questions, feel free to contact me. Have a great summer!

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

2148. Daily News: Monday, June 17, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 17, 2013 10:48:14
**Subject:** Daily News: Monday, June 17, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**Skipping Breakfast May Raise Diabetes Risk**
**Overweight women who ate morning meal had lower blood sugar, better insulin response in small study**
(Findings presented at the Endocrine Society's annual meeting)
http://consumer.healthday.com/diabetes-information-10/type-ii-diabetes-news-183/eat-breakfast-reduce-diabetes-risk-677377.html

**Bloomberg Plan Aims to Require Food Composting**
http://www.nytimes.com/2013/06/17/nyregion/bloombergs-final-recycling-frontier-food-waste.html?nl=todaysheadlines&emc=edit_th_20130617&_r=0
Related Resource: *Journal of the Academy of Nutrition and Dietetics*, May 2012 Supplement -Sustainability in Foodservice Operations: An Update
http://www.andjrnl.org/article/S2212-2672(12)00339-5/fulltext
Login as a member at www.eatright.org and go to publications to access full-text Journal articles

**Good grub? Danish researchers win funding to show that insects can be delicious**
(A new Danish research project aims to promote the widespread adoption of insects in our diets by showing that bugs and grubs are not only good for you, but are also delicious)
http://www.foodnavigator.com/Science-Nutrition/Good-grub-Danish-researchers-win-funding-to-show-that-insects-can-be-delicious

**Labels sought for genetically modified food**
http://www.usatoday.com/story/money/business/2013/06/12/labels-being-sought-for-genetically-

modified-food/2417459/

**Eye-catching study suggests 5-Hour Energy boost barely beats caffeine alone**
(A preliminary study (poster session) in the US assessing the efficacy of 5-Hour Energy found that the energy shot did not significantly improve brain activity and reaction times versus plain water with added caffeine)
http://www.foodnavigator-usa.com/R-D/Eye-catching-study-suggests-5-Hour-Energy-boost-barely-beats-caffeine-alone

**MedlinePlus: Latest Health News**
-Babies May Benefit From Liver Transplant Advances
Partial organs from deceased donors increasingly common, researchers say
-Endoscopes Not Always Cleaned Properly: Study
Used to examine patients' gastrointestinal tracts, dirty devices might pose infection risk
-Global Population Could Hit 11 Billion by 2100: UN Report
Projected increase now even higher than predicted in 2011, mainly due to birth rates in Africa, experts say
-Mother's age tied to risk of delivery complications
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Health Matters: Food for the fight- Cancer nutrition counseling**
(Valerie Butram, RD quoted)
http://www.nbc-2.com/story/22605675/health-matters-food-for-the-fight-nutrition-counseling-for-cancer

**Eat Smart While Dining Out**
(Kristen Rowe, RD featured)
http://www.thv11.com/news/article/268645/2/Eat-Smart-While-Dining-Out

**Don't dread direction disagreements, backseat boredom or ominous engine sounds -- here's how to prep for a road trip**
(Fran Hadley, RD quoted)
http://lancasteronline.com/article/local/861449_Don-t-dread-direction-disagreements--backseat-boredom-or-ominous-engine-sounds----here-s-how-to-prep-for-a-road-trip.html

**Eating well on the cheap? It can be done, dietitian says**
(Stephanie Dirocco, RD quoted)
http://www.sentinelandenterprise.com/news/ci_23472064/eating-well-cheap-it-can-be-done-dietitian

**Why you shouldn't fall for the coconut water hype**
(Tania Ferraretto, Dietitian/Australia quoted)
http://www.news.com.au/lifestyle/health-fitness/why-you-shouldn8217t-fall-for-the-coconut-water-hype/story-fneuzkvr-1226665123556

**New diet craze offers five days of feasting for two days of famine**
(Sarah Schenker , Dietitian/UK quoted &British Dietetic Association Cited)
http://www.chicagotribune.com/sns-rt-us-food-fastingbre95c0hg-20130613,0,7385997.story

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21202-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2149. Tell us your story...

**From:** Academy of Nutrition and Dietetics <marketing@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 14, 2013 12:18:42
**Subject:** Tell us your story...
**Attachment:**

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The Academy of Nutrition and Dietetics wants to hear from you!
June 14, 2013
We are collecting inspirational patient and client stories. Selected stories will be featured in an online video campaign promoting the registered dietitian nutritionist. There are so many ways that RDNs touch the lives of patients and clients. We need to educate the public about the value you provide.

*Have you helped someone manage their disease effectively?*
*Have you helped someone get healthier by losing weight and eating better?*
*Have you helped a client adopt a vegetarian lifestyle?*
*Have you helped someone improve their sports performance?*

These are just a few examples of what we are looking for. We want to convey the many faces of the RDN. If you have a story, please submit it. The story will need to be from your patient/clients persepctive. Again, the most inspirational stories will be converted to an online video campaign.

If you have any questions related to the online video campaign, please email Georgia Gofis at ggofis@eatright.org.

**Deadline for story submission is Monday, August 18.**

**Stories can be submitted to marketing@eatright.org**.
This e-mail is a benefit for members of the Academy of Nutrition and Dietetics.
If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**
Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2150. Daily News & Journal Review: Friday, June 14, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 14, 2013 10:44:01
**Subject:** Daily News & Journal Review: Friday, June 14, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**Lifestyle Changes Can Help Prevent Cancer In Women But Do They Follow The Recommendations?**
http://www.medicalnewstoday.com/releases/261844.php
Source: *Journal of Womens Health*
http://online.liebertpub.com/doi/full/10.1089/jwh.2012.4015
Related Resource: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S0002-8223(11)01831-1/abstract

**Guidelines Key to Gestational Diabetes Dx**
http://www.medpagetoday.com/Endocrinology/Diabetes/39815
Source: *Diabetes Care*
http://care.diabetesjournals.org/content/early/2013/06/03/dc12-2669.abstract
Related Resource: FAQ from the Knowledge Center
-Diagnosing and Managing Gestational Diabetes: Where Do We Stand?
http://www.eatright.org/Members/content.aspx?id=6442476751

**TV Commercials May Spur Junk Food Habit in Kids, Study Finds**
**Advertising exposure seems to up odds that preschoolers will become obese**
(The findings -- based on interviews with more than 100 parents and their children -- are scheduled for presentation at the International Communication Association's annual meeting)
http://consumer.healthday.com/vitamins-and-nutritional-information-27/food-and-nutrition-news-316/junk-food-consumption-a-byproduct-of-commercial-tv-study-says-677186.html
Related Resource: KidsEatRight.org

http://www.eatright.org/kids/

**Study backs polydextrose to increase satiety and decrease energy intake**
(Consumption of polydextrose may help to increase feelings of fullness and reduce energy intakes in a dose-dependent way, according to new research)
http://www.foodnavigator.com/Science-Nutrition/Study-backs-polydextrose-to-increase-satiety-and-decrease-energy-intake
Source: *British Journal of Nutrition*
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8824183

**Updated: Health Canada reminds consumers over managing caffeine intake after safety review**
(Health Canada has issued a reminder for healthy adults to limit their caffeine intake to no more than 400 mg per day, with lower levels for children and pregnant women)
http://www.foodnavigator-usa.com/Markets/Updated-Health-Canada-reminds-consumers-over-managing-caffeine-intake-after-safety-review
Related Resource: FDA to Investigate Added Caffeine
http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm350570.htm

**CDC partners with 104 employers for national healthy worksite program**
http://www.imperialvalleynews.com/index.php/news/health/4481-cdc-partners-with-104-employers-for-national-healthy-worksite-program.html
Related Resources: CDC
http://www.cdc.gov/WorkplaceHealthPromotion/

**How Accurate Are Fitness Trackers?**
http://well.blogs.nytimes.com/2013/06/12/how-accurate-are-fitness-monitors/?ref=health

**MedlinePlus: Latest Health News**
-Two gene variants may predict who will benefit from breast cancer prevention drugs
NIH-supported discovery could advance individualized care of high-risk women
-CDC: 87 Now Sickened in Hepatitis A Outbreak Tied to Frozen Berry Mix
All infections traced to product sold at Costco stores, agency says
-More Evidence Shows Breast-Feeding Helps Babies' Brains
MRI study showed increased growth in areas related to language, emotional function, motor skills
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Organic vs. conventional produce?**
(By Alexandra Economy,RD)
http://www.winonadailynews.com/lifestyles/food-and-cooking/article_2f3c637a-d3ae-11e2-b592-

001a4bcf887a.html

**The Best Food Sources**
(Dave Grotto, RD featured)
http://www.wishtv.com/dpp/indy_style/health/the-best-food-sources

**Deal with Saboteur; Deal with Cravings**
(Nancy Dell, RD featured)
http://www.wwlp.com/dpp/health/dietitian/Nancy-Dell-Deal-with-Saboteur-Deal-with-Cravings

**Focus on mens health for Fathers Day**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130613/LIFE03/130619824/kati-mora-focus-on-men-s-health-for-father-s-day

**Too much calcium could be as bad as too little**
**Study warns against excessive supplement use if diet is sufficient**
(Christina Brecht, RD quoted)
http://www.poconorecord.com/apps/pbcs.dll/article?AID=/20130613/FEATURES/306130331/-1/NEWSMAP

**The 5:2 Fast Diet explained**
(Pip Golley, Dietitian/Australia quoted)
http://www.bordermail.com.au/story/1573325/the-52-fast-diet-explained/?cs=24

**Prunes Benefit Digestive Health Says European Food Standards Agency**
(Jennette Higgs, Dietitian/UK quoted)
http://www.medicalnewstoday.com/releases/261939.php

**Journal Review**

***Amber Waves*, June 3, 2013**
http://www.ers.usda.gov/amber-waves.aspx
Food Insecurity in U.S. Households Rarely Persists Over Many Years
http://www.ers.usda.gov/amber-waves/2013-june/food-insecurity-in-us-households-rarely-persists-over-many-years.aspx
ERSs Food Loss Data Help Inform the Food Waste Discussion
http://www.ers.usda.gov/amber-waves/2013-june/ers-food-loss-data-help-inform-the-food-waste-discussion.aspx

***American Journal of Epidemiology*, June 15, 2013**
http://aje.oxfordjournals.org/content/177/12?etoc

Choline Intake During Pregnancy and Child Cognition at Age 7 Years
http://aje.oxfordjournals.org/content/177/12/1338.abstract
Environmental Exposure to Metals and Children's Growth to Age 5 Years: A Prospective Cohort Study
http://aje.oxfordjournals.org/content/177/12/1356.full
Dietary Flavonoid Intake, Black Tea Consumption, and Risk of Overall and Advanced Stage Prostate Cancer
http://aje.oxfordjournals.org/content/177/12/1388.abstract
Intake of Caffeinated, Carbonated, or Citrus Beverage Types and Development of Lower Urinary Tract Symptoms in Men and Women
http://aje.oxfordjournals.org/content/177/12/1399.abstract

***Annals of Internal Medicine*, June 2013**
http://annals.org/issue.aspx?journalid=90&IssueID=927037
Evaluation and Management of Chronic Kidney Disease: Synopsis of the Kidney Disease: Improving Global Outcomes 2012 Clinical Practice Guideline
http://annals.org/article.aspx?articleid=1691737

***Childhood Obesity*, June 2013**
http://online.liebertpub.com/toc/chi/9/3
Nutritional Quality of Meals Compared to Snacks in Child Care
http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0138
Consistency of Compliance with Nutrition-Related Regulations among Delaware Child Care Centers
http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0126
Correlates of Energy Intake and Body Mass Index among Homeless Children in Minnesota
http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0026

***Food Service Director*, June 15, 2013**
http://www.foodservicedirector.com/print/food-service-director/issues/current-issue
Diane Imrie: Sustainability Champion
http://www.foodservicedirector.com/people/fsd-of-the-month/articles/diane-imrie-sustainability-champion
Executive Chefs: Cooking Up Change
http://www.foodservicedirector.com/operations/articles/menu-development/executive-chefs-cooking-change
Much Ado about Nothing?
Fast food outlets in hospitals might seem nonsensical, but theres more to these partnerships than just a menu
http://www.foodservicedirector.com/trends/health-and-wellness/articles/analysis-much-ado-about-nothing

***International Journal of Obesity*, June 2013**
http://www.nature.com/ijo/journal/v37/n6/index.html
Adaptive thermogenesis can make a difference in the ability of obese individuals to lose body weight
http://www.nature.com/ijo/journal/v37/n6/full/ijo2012124a.html
Sleep duration and disorders in pregnancy: implications for glucose metabolism and pregnancy outcomes
http://www.nature.com/ijo/journal/v37/n6/abs/ijo2012142a.html
Lack of evidence for high fructose corn syrup as the cause of the obesity epidemic
http://www.nature.com/ijo/journal/v37/n6/full/ijo2012157a.html
Fighting obesity or obese persons?Public perceptions of obesity-related health messages
http://www.nature.com/ijo/journal/v37/n6/abs/ijo2012156a.html
Effects of lifestyle intervention in obese pregnant women on gestational weight gain and mental health: a randomized controlled trial
http://www.nature.com/ijo/journal/v37/n6/abs/ijo2012162a.html
Morbid obesity rates continue to rise rapidly in the United States
http://www.nature.com/ijo/journal/v37/n6/full/ijo2012159a.html

***International Journal of Obesity,*June 2013 Supplement**
http://www.nature.com/ijosup/journal/v3/n1s/index.html
Preventing Childhood Obesity in the Americas: The Life-Course Framework
Proceedings of the Second Pan American Conference on Obesity with special attention to childhood obesity and a workshop, Education for childhood obesity prevention: A life-course approach
http://www.nature.com/ijosup/journal/v3/n1s/abs/ijosup20131a.html
Childhood obesity prevention: a life-course framework
http://www.nature.com/ijosup/journal/v3/n1s/abs/ijosup20132a.html

***Journal of the American College of Nutrition,*December 2012**
http://www.jacn.org/content/current
Composition of Plasma and Atheromatous Plaque among Coronary Artery Disease Subjects Consuming Coconut Oil or Sunflower Oil as the Cooking Medium
http://www.jacn.org/content/31/6/392.abstract
Racial Differences in Obesity Risk Knowledge among Low-Income Reproductive-Age Women
http://www.jacn.org/content/31/6/397.abstract
DASH Eating Pattern Is Associated with Favorable Left Ventricular Function in the Multi-Ethnic Study of Atherosclerosis
http://www.jacn.org/content/31/6/401.abstract
Effects of Walnuts on Endothelial Function in Overweight Adults with Visceral Obesity: A Randomized, Controlled, Crossover Trial
http://www.jacn.org/content/31/6/415.abstract

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http://jama.jamanetwork.com/issue.aspx
Maternal Obesity and Risk of Preterm Delivery
http://jama.jamanetwork.com/article.aspx?articleid=1696099
Clinical Ascertainment of Health Outcomes Among Adults Treated for Childhood Cancer
http://jama.jamanetwork.com/article.aspx?articleid=1696100

***JAMA, Internal Medicine*, Online First June 3-10, 2013**
http://archinte.jamanetwork.com/onlineFirst.aspx
Association Between Hypoglycemia and Dementia in a Biracial Cohort of Older Adults With Diabetes Mellitus
http://archinte.jamanetwork.com/article.aspx?articleid=1696172
Use of Niacin in the United States and Canada
http://archinte.jamanetwork.com/article.aspx?articleid=1696178
Fat Intake After Diagnosis and Risk of Lethal Prostate Cancer and All-Cause Mortality
http://archinte.jamanetwork.com/article.aspx?articleid=1696179
Vegetarian Dietary Patterns and Mortality in Adventist Health Study 2
http://archinte.jamanetwork.com/article.aspx?articleid=1691919

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http://link.springer.com/journal/12603/17/5/page/1
Mediterranean diet and depressive symptoms among older adults over time
http://link.springer.com/article/10.1007/s12603-012-0437-x
Serum 25-hydroxyvitamin D levels and the risk of depression: A systematic review and meta-analysis
http://link.springer.com/article/10.1007/s12603-012-0418-0
Moderate alcohol consumption predicts long-term mortality in elderly subjects with chronic heart failure
http://link.springer.com/article/10.1007/s12603-012-0430-4

***Journal of Women's Health*, June 2013**
http://online.liebertpub.com/toc/jwh/22/6
Sleep Duration, Insomnia, and Coronary Heart Disease Among Postmenopausal Women in the Women's Health Initiative
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.3918
Lifestyle and Cancer Prevention in Women: Knowledge, Perceptions, and Compliance with Recommended Guidelines
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4015
Exploring Potential Health Disparities in Excessive Gestational Weight Gain
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.3998

***Metabolism Clinical and Experimental*, June 2013**
http://www.metabolismjournal.com/current
A case report and review of the literature of laparoscopic sleeve gastrectomy in morbidly obese adolescents: Beyond metabolic surgery and visceral fat reduction
http://www.metabolismjournal.com/article/S0026-0495(12)00425-8/abstract
Association of nephrolithiasis with metabolic syndrome and its components
http://www.metabolismjournal.com/article/S0026-0495(12)00463-5/abstract
Familial hypercholesterolemia affects microvascular autoregulation in children
http://www.metabolismjournal.com/article/S0026-0495(12)00479-9/abstract
***New England Journal of Medicine*, June 13, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Acute High-Altitude Illnesses
http://www.nejm.org/doi/full/10.1056/NEJMcp1214870
Treating Iron Overload
http://www.nejm.org/doi/full/10.1056/NEJMcibr1304338

***Nutrition in Clinical Practice*, Online First, June 4- 10, 2013**
http://ncp.sagepub.com/content/early/recent
Computer Programming
Quality and Safety for Neonatal Parenteral Nutrition Orders
http://ncp.sagepub.com/content/early/2013/06/07/0884533613490741.abstract
Pancreatic Enzyme Replacement Therapy for Enterally Fed Patients With Cystic
http://ncp.sagepub.com/content/early/2013/06/07/0884533613491786.abstract
Blind Bedside Placement of Postpyloric Feeding Tubes by Registered Dietitians
Success Rates, Outcomes, and Cost-Effectiveness
http://ncp.sagepub.com/content/early/2013/06/06/0884533613486932.abstract
Economic Impact of Switching From an Open to a Closed Enteral Nutrition Feeding System in an Acute Care Setting
http://ncp.sagepub.com/content/early/2013/06/03/0884533613489712.abstract

***Nutrition Reviews*, June 29013**
http://onlinelibrary.wiley.com/doi/10.1111/nure.2013.71.issue-6/issuetoc
Bioavailability of vitamin E in humans: an update
http://onlinelibrary.wiley.com/doi/10.1111/nure.12026/abstract
Association between weight gain during pregnancy and postpartum weight retention and obesity: a bias-adjusted meta-analysis
http://onlinelibrary.wiley.com/doi/10.1111/nure.12034/abstract
Evidence of health benefits of canola oil
http://onlinelibrary.wiley.com/doi/10.1111/nure.12033/full
Dietary sodium, potassium, and alcohol: key players in the pathophysiology, prevention, and treatment of human hypertension

http://onlinelibrary.wiley.com/doi/10.1111/nure.12036/abstract

***Pediatrics*, June 2013**

http://pediatrics.aappublications.org/content/current

Obesity in Men With Childhood ADHD: A 33-Year Controlled, Prospective, Follow-up Study

http://pediatrics.aappublications.org/content/131/6/e1731.abstract

Health of Children Classified as Underweight by CDC Reference but Normal by WHO Standard

http://pediatrics.aappublications.org/content/131/6/e1780.abstract

Weight Gain in Infancy and Vascular Risk Factors in Later Childhood

http://pediatrics.aappublications.org/content/131/6/e1821.abstract

Pacifier Cleaning Practices and Risk of Allergy Development

http://pediatrics.aappublications.org/content/131/6/e1829.abstract

Honey Pacifier Use Among an Indigent Pediatric Population

http://pediatrics.aappublications.org/content/131/6/e1838.abstract

General Pediatric Attending Physicians and Residents Knowledge of Inpatient Hospital Finances

http://pediatrics.aappublications.org/content/131/6/1072.abstract

***Pediatrics,* eFirst Pages, June 3-10, 2013**

http://pediatrics.aappublications.org/content/early/recent

Systematic Review of Community-Based Childhood Obesity Prevention Studies

http://pediatrics.aappublications.org/content/early/2013/06/05/peds.2013-0886.abstract

A Systematic Review of Home-Based Childhood Obesity Prevention Studies

http://pediatrics.aappublications.org/content/early/2013/06/05/peds.2013-0786.abstract

Outcomes of an Early Feeding Practices Intervention to Prevent Childhood Obesity

http://pediatrics.aappublications.org/content/early/2013/06/05/peds.2012-2882.abstract

Simplified Definitions of Elevated Pediatric Blood Pressure and High Adult Arterial Stiffness

http://pediatrics.aappublications.org/content/early/2013/06/05/peds.2012-3426.abstract

Misdiagnosed Food Allergy Resulting in Severe Malnutrition in an Infant

http://pediatrics.aappublications.org/content/early/2013/05/29/peds.2012-2362.abstract

***Todays Dietitian*, June 2013**

http://www.todaysdietitian.com/

**Calling All Food Bloggers**

http://www.todaysdietitian.com/newarchives/060113p22.shtml

**The Perils of Belly Fat  Dietitians Discuss the Health Consequences and Interventions That Can Hit Home With Male Patients**

http://www.todaysdietitian.com/newarchives/060113p36.shtml

**Improving Male Fertility  Research Suggests a Nutrient-Dense Diet May Play an Integral Role**

http://www.todaysdietitian.com/newarchives/060113p40.shtml

**Gut Bacteria**

http://www.todaysdietitian.com/newarchives/060113p46.shtml

Personal vs Standard Meal Plans . 10
http://viewer.zmags.com/publication/6b85b368#/6b85b368/10
Vitamin K 2 (Menaquinone)
http://viewer.zmags.com/publication/6b85b368#/6b85b368/54
Writing for the Web
http://viewer.zmags.com/publication/6b85b368#/6b85b368/64

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2151. Interim Progress Report

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
**Sent Date:** Jun 13, 2013 17:10:53
**Subject:** Interim Progress Report
**Attachment:** image001.png
Interim Progress Report-ANDF Wellmark.pdf

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Hello Academy Foundation BOD,

*A message from Katie Brown…*

Please find attached the interim report from the Academy of Nutrition and Dietetics Foundation for the Meet the Challenge! project. The support of the Wellmark Foundation for this important project to improve school wellness environments in Iowa is greatly appreciated.

--Katie Brown

Katie Brown, Ed.D., RDN, LD

**National Education Director**

**Academy of Nutrition and Dietetics Foundation**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

(312) 899-4847

www.eatright.org/foundation

www.kidseatright.org

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2152. Daily News: Thursday, June 13, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 13, 2013 10:50:26
**Subject:** Daily News: Thursday, June 13, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
**Hard choice: Bill seeking cuts in food stamp program, may exacerbate hunger in poor, minorities**
http://www.districtchronicles.com/cover/hard-choice-bill-seeking-cuts-in-food-stamp-program-may-exacerbate-hunger-in-poor-minorities-1.3045954
Related Resource: *Eat Right Weekly* - June 12, 2013
http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452514&mycontentid=6442476869

**Clarity in the Confusion of Corporate Wellness Programs**
(Why Nutrition in the Workplace and the Economic Impact)
http://www.huffingtonpost.com/krista-yoder-latortue/clarity-in-the-confusion-_b_3428529.html
Cited: *Journal of the Academy of Nutrition and Dietetics*
*http://www.andjrnl.org/article/S0002-8223(11)01762-7/fulltext*
(Registration required or login as a member at www.eatright.org and go to publications for full-text access to the Journal)

**FAO praises 38 countries for halving hunger**
(The United Nations Food and Agriculture Organization (FAO) says better nutrition targets to battle global hunger that affects 870 million people globally are being met in 38 countries)
http://www.foodnavigator.com/Science-Nutrition/FAO-praises-38-countries-for-halving-hunger
Related Resource: Academy Position Paper
-Nutrition Security in Developing Nations: Sustainable Food, Water, and Health
http://www.eatright.org/About/Content.aspx?id=8358

**Lab Experiments Question Effectiveness of Green Coffee Bean Weight-Loss Supplements**
http://www.sciencedaily.com/releases/2013/06/130612133149.htm
Source: *J. Agric. Food Chem*
http://pubs.acs.org/doi/abs/10.1021/jf400920x
Related Resource: Knowledge Center FAQ-What is Green Coffee Extract?
http://www.eatright.org/Members/content.aspx?id=6442474793

**At-home weight loss programs for kids lack evidence**
http://www.chicagotribune.com/health/sns-rt-us-health-weightloss-evidencebre95b15m-20130612,0,6903006.story
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/06/05/peds.2013-0786.abstract

**More Evidence Links BPA to Childhood Obesity**
**Study finds preteen girls who had high levels of common chemical were twice as likely to be overweight**
http://consumer.healthday.com/environmental-health-information-12/chemical-health-news-730/more-evidence-links-bpa-to-childhood-obesity-677316.html

**Can a Metal Help Slow Down The Effects of Osteoporosis?**
http://online.wsj.com/article/SB10001424127887324798904578531691422239954.html?KEYWORDS=dietary
Related Resource: FNCE 2013-Scroll down to -New Tool for Assessment and Evaluation: Assisting Patients Who Have Questionable Information (Technology for Practice Track)
http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=43

**Label 'clutter' means consumers don't pay attention to nutrition information, say researchers**
(Want on pack nutrition information to be noticed? Then make sure your packaging isn't suffering from 'information clutter', say researchers.)
http://www.foodnavigator.com/Science-Nutrition/Label-clutter-means-consumers-don-t-pay-attention-to-nutrition-information-say-researchers

**Iodine Supplements May Be Too Much of a Good Thing**
**Avoid excessively high doses, thyroid experts warn**
http://consumer.healthday.com/women-s-health-information-34/breast-feeding-news-82/iodine-supplements-sometimes-too-much-of-a-good-thingn-677185.html
Related Resource: Office of Dietary Supplements
http://ods.od.nih.gov/factsheets/Iodine-HealthProfessional/

**Hepatitis A outbreak tied to frozen berries grows to 87**
**The CDC reports illnesses in Arizona, California, Colorado, Hawaii, Nevada, New Mexico, Utah and Washington**
http://www.usatoday.com/story/news/nation/2013/06/11/hepatitis-frozen-berries/2412399/

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Dietary Nitrate and Cardiovascular Health**
http://clinicaltrials.gov/ct2/show/NCT01262521?term=NCT01262521&rank=1

**Registered Dietitians in the News**

**Coupons can help folks clip their way to a healthier lifestyle**
(Lisa Eberhart,RD quoted)
http://www.kitsapsun.com/news/2013/jun/12/coupons-can-help-folks-clip-their-way-to-a/#axzz2W6Sxonnb

**An image makeover for the humble coconut**
(Nadine Pazder,RD &Nagi Kumar,RD quoted)
http://www.turnto23.com/lifestyle/health/an-image-makeover-for-the-humble-coconut-061213

**Why it is so hard to judge our calorie intake**
(By Timi Gustafson RD;Lisa Young, RD quoted)
http://www.auburn-reporter.com/lifestyle/211271071.html

**5 white lies that stall weight loss**
(By Cynthia Sass, RD)
http://www.foxnews.com/health/2013/06/13/5-white-lies-that-stall-weight-loss/

**Take Five On the Menu: Father's Day Grill Out Special**
(Sheryl Lozicki,RD featured)
http://www.wzzm13.com/news/article/258922/205/Take-Five-On-the-Menu-Fathers-Day-Grill-Out-Special---6122013

**Healthy advice from Houston nutritionalist Roberta Anding**
(Roberta Anding, RD quoted)
http://www.yourhoustonnews.com/greater_houston/entertainment/healthy-advice-from-houston-nutritionalist-roberta-anding/article_972c338e-302a-5931-be0c-ff8b1a95eba1.html

**Theres good news and bad news about eggs**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/health/theres-good-news-and-bad-news-about-eggs/article12502116/

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2153. Academy Foundation June Meeting Hotel Confirmation (82780076)

**From:** Linda Hudson <lhudson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 12, 2013 11:37:59
**Subject:** Academy Foundation June Meeting Hotel Confirmation (82780076)
**Attachment:** image001.png

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Hi Donna,

Listed below is your hotel confirmation, arrival, and departure information for The WIT Hotel:

Confirmation # 82780076
Arrival: 6/18/13

Departure: 6/19/13

The Wit Hotel
201 N State St
Chicago, IL 60601
(312) 467-0200

http://thewithotel.com/

If you have any questions or concerns please call Beth Labrador at 312-899-4821. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796

www.eatright.org/foundation

2154. Academy Foundation June 18-19, 2013 Meeting Materials

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary-Ann Johnson <mjohnson@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
**Sent Date:** Jun 11, 2013 13:11:04
**Subject:** Academy Foundation June 18-19, 2013 Meeting Materials
**Attachment:** image002.png
Foundation Member Portal Instructions (Mar2012).pdf

---

Good afternoon Academy Foundation BOD Members,

As a reminder, our upcoming board meeting is scheduled for June 18 – 19, 2013. Our meeting will start at 2:00pm on Tuesday, June 18 at theWit Chicago, 201 N. State Street, Chicago, IL 60601, 312-467-0200 in Churchill I &II. Meeting attire is business casual and the architectural boat tour and dinner are casual.

All documents for the meeting have been uploaded on the Academy's on-line portal for your review. Most of you are active members of the portal which is a web-based communication and project management tool. All materials for upcoming Foundation Board meetings and calls will be uploaded via the portal. The tools that you will be using are: **Documents** (tool for viewing and downloading documents). Attached are instructions for using the portal. Please be sure to update your contact information in the MY PROFILE section to ensure that you receive all communications.

**For our new members:**

You can access the portal by going to *http://www.ada.portalxm.com*. Your temporary password is the word: **welcome** (all in lower case). You will be prompted to change your password when you first log in. There are no special requirements other than the login information is case-sensitive. If you currently have a password on the portal you can use that to access the Foundation Board materials. ***Please set up your password and download the documents within the next day or so to ensure that you do not have any issues accessing the information.***

To download the attachments for next week's meeting, go to www.ada.portalxm.com

1. Select the "Executive Central" section, found on the left menu bar under "Tools."

2. Select the "Foundation BOD" committee

3. Go to the Documents section (left) and click"+" to expand the "Foundation Documents" folder

4. Expand + the "2013 June (18-19)" folder and the documents will appear

5. To download all the files at once, select "Download" found on the top menu bar

If you have any trouble setting up your password or accessing the materials, please contact me. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2155. Help fight hunger in America

**From:** Academy of Nutrition and Dietetics <president@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 11, 2013 12:37:30
**Subject:** Help fight hunger in America
**Attachment:**

---

Having trouble viewing this email? View it in your browser. Action Alert
June 11, 2013
**Join me today in taking action to help reduce hunger!**

The nation has paid a price for overlooking and ignoring the importance of food and nutrition.

**Please send your Representative an email requesting support for critical food and nutrition programs.**

Millions of Americans need your voice! Food assistance and nutrition education programs that feed and empower millions of Americans are in jeopardy.

Contact your Representative today. Send your email using the Academys Grassroots Manager http://www.eatright.org/members/actioncenter.aspx

Thank you, in advance, for being a leader in the nations efforts toward better health.

Dr. Glenna McCollum, MPH, RDN
President, 2013-2014
Action Alerts are sent to you as member of the Academy of Nutrition and Dietetics.

You are currently subscribed as: **DMartin@burke.k12.ga.us** Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2156. Daily News: Tuesday, June 11, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 11, 2013 10:26:59
**Subject:** Daily News: Tuesday, June 11, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**New research into exactly where Americans' calories are coming from throws up surprising results**
(The percentage of energy derived from so-called junk-food such as soda, burgers and fries from fast-food chains proving to be somewhat lower than is often claimed)
http://www.foodnavigator-usa.com/R-D/New-research-into-exactly-where-Americans-calories-are-coming-from-throws-up-surprising-results
Source: *Nutrition Journal*
http://www.nutritionj.com/content/12/1/59

**Junk Food Bans Help Schoolkids Avoid Unhealthy Snacks: Study**
(But most elementary schools are in districts or states that don't limit sales of fat, sugar, salt to students)
http://consumer.healthday.com/kids-health-information-23/child-development-news-124/junk-food-bans-help-schoolkids-avoid-unhealthy-snacks-study-677188.html
Source: *JAMA Pediatrics*
http://archpedi.jamanetwork.com/article.aspx?articleid=1675659

**Tweaking Dietary Fat Mix Might Boost Prostate Cancer Survival**
**Men who subbed vegetable oils, avocados, nuts for animal fats fared better in study**
http://consumer.healthday.com/cancer-information-5/mis-cancer-news-102/less-carbs-more-vegetable-fats-tied-to-better-prostate-cancer-survival-677243.html
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1696179

**Essential Fatty Acid Found In Vegetable Oils Does Not Promote Inflammation In Humans**
http://www.medicalnewstoday.com/releases/261679.php

Source: *Journal of the Academy of Nutrition and Dietetics.*
http://www.andjrnl.org/article/S2212-2672(12)00464-9/abstract

**A Coffee Withdrawal Diagnosis**
**Quitting Caffeine Is Now Listed as a Mental-Health Disorder; The Best Ways to Break the Habit**
http://online.wsj.com/article/SB10001424127887324904004578537263312778902.html

**18 AND UNDER**
**The Pain of Constipation**
http://well.blogs.nytimes.com/2013/06/10/the-pain-of-constipation/
Related Resource: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(12)00133-5/abstract

**Ticks That Spread Red-Meat Allergy**
http://online.wsj.com/article/SB10001424127887324634304578537203916053308.html?KEYWORDS=tick

**The Secret to Tomato Sauce's Power**
(Scientists have identified a number of mechanisms by which lycopene helps enhance cancer-fighting properties in healthy prostate cells)
http://online.wsj.com/article/SB10001424127887323844804578531313972915362.html?KEYWORDS=lycopene
Source: *Cancer Prevention Research*
http://www.ncbi.nlm.nih.gov/pubmed/23483004

**UPDATE 2-U.S. Senate passes farm bill; food stamp fight looms in House**
http://www.reuters.com/article/2013/06/11/usa-agriculture-farm-bill-idUSL2N0EM24020130611

**MedlinePlus: Latest Health News**
-Healthy Grilling Tips for Summer Barbecues
Enjoy outdoor cooking while keeping cancer risk to a minimum, expert urges
-Pent-Up Stress Could Harm Health of Middle-Aged Women
Swedish study followed women since late 1960s
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Vitamins: More is not necessarily better**
(Joy DuBost, Academy Spokesperson quoted)
http://www.wtop.com/267/3353180/Vitamins-More-is-not-necessarily-better

**Doughnuts gone wild! New, funky concoctions**
(Robyn Flipse, RD quoted)
http://www.usatoday.com/story/money/business/2013/06/10/krispy-kreme-dunkin-donuts-ihop/2409007/

**Be picky about fruit: Best ways to get your daily servings**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/06/11/be-picky-about-fruit-best-ways-to-get-your-daily-servings/

**Juice cleansing is a hit, but is it truly healthy?**
(Cassie Bjork, RD quoted)
http://www.startribune.com/lifestyle/health/210860151.html

**The effects of going trayless**
(Donna Ojiri, RD quoted)
http://www.kaleo.org/news/the-effects-of-going-trayless/article_328b8e84-d16f-11e2-a440-0019bb30f31a.html

**The healthiest places to live in the U.S.**
(By Timi Gustafson RD)
http://www.auburn-reporter.com/lifestyle/210889311.html

**Diabetes-related deaths hit all-time high in New York: Study**
(Maria Moriarty, RD quoted)
http://www.amny.com/urbanite-1.812039/diabetes-related-deaths-hit-all-time-high-in-new-york-study-1.5451354

**Simple potato swaps to slash loads of carbs and calories**
(BY Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/06/simple_potato_swaps_that_save_1.html

**These new treats are OK to eat**
**We sifted through new offerings at a recent candy expo to find the tastiest options hitting shelves soon**
(Erin Palinski-Wade, RD &Kate Scarlata, RD both quoted)
http://articles.chicagotribune.com/2013-06-06/site/sc-cons-0606-savvy-shopper-candy-20130606_1_whole-grains-nutritionist-sweets-snacks

**Survey finds fad diets create significant health risks**
(Richelle Flanagan, president of the Irish Nutrition and Dietetic Institute quoted)

http://www.irishtimes.com/news/health/survey-finds-fad-diets-create-significant-health-risks-1.1423712

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=21079
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-21079-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2157. Thank you...

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jun 11, 2013 10:02:17
**Subject:** Thank you...
**Attachment:**

---

Please see the good news related to the Farm Bill.

---

On Jun 10, 2013, at 5:35 PM, "Mary Pat Raimondi <mraimondi@eatright.org>" <mraimondi@eatright.org> wrote:

Tonight the Senate passed the Farm Bill 66-27 with our major recommendations included. Please share this good news and also know much we appreciate your leadership and efforts.

Although we know the House will be tougher road, tonight we are going to enjoy this outcome. Again thank you!

PIA staff

2158. Family Meals Mini-grant Report

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Linda Hudson <lhudson@eatright.org>
**Sent Date:** Jun 10, 2013 10:00:54
**Subject:** Family Meals Mini-grant Report
**Attachment:** image001.png
Family Meals report 6-14-13.pdf

---

Good morning. Attached please find the recipient report for those Kids Eat Right campaign members who received Family Meals, anytime, anyplace mini-grants. Thanks to the Alliance for Potato Research and Education for providing the grant.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2159. Shipment Confirmation from The Academy of Nutrition and Dietetics

**From:** sales@eatright.org
**To:** DMARTIN@BURKE.K12.GA.US
**Sent Date:** Jun 07, 2013 20:33:12
**Subject:** Shipment Confirmation from The Academy of Nutrition and Dietetics
**Attachment:**

---

SHIP CONFIRMATION
Thank you for ordering from The Academy of Nutrition and Dietetics.

Your order has been shipped!

Order Summary
ADA Order Number: 0001016249
Order Date: 06/05/2013

Billing Information
DONNA S MARTIN
789 BURKE VETERANS PARKWAY
BURKE COUNTY BOARD OF EDUCATIO
WAYNESBORO, GA 30830
706 5545393
Shipping Information
DONNA S MARTIN
789 BURKE VETERANS PARKWAY
BURKE COUNTY BOARD OF EDUCATIO
WAYNESBORO GA 30830

Shipping MethodTracking Number UPS Ground 1Z6EA4660324207376

Item #DescriptionQtyDate Shipped 344413A Clinical Guide to Nutrition Care in Kidney Disease, Second106/07/2013
Visit www.eatright.org, your source for food and nutrition information.

2160. Revised FAC - FY2014 conference call schedule

| | |
|---|---|
| **From:** | Maria Juarez <MJuarez@eatright.org> |
| **To:** | DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Sonja Connor <connors@ohsu.edu>, KMcClusky@lammorrison.com <KMcClusky@lammorrison.com>, Elise Smith <easaden@aol.com>, fellerb@auburn.edu <fellerb@auburn.edu>, 'Stokes, Donald Milton' <mstokes@usj.edu>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu <kendall@ufl.edu>, peark02@outlook.com <peark02@outlook.com> |
| **Cc:** | Linda Serwat <LSerwat@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Paul Mifsud <PMifsud@eatright.org> |
| **Sent Date:** | Jun 07, 2013 12:56:19 |
| **Subject:** | Revised FAC - FY2014 conference call schedule |
| **Attachment:** | image001.gif<br>image002.jpg<br>2014 FAC calendar-rev.xls |

---

All,

Attached is a revised copy of the FAC – FY2014 schedule.

FYI - Couple of meetings I did not change, are: FAC meeting  at FNCE October 22, 2013, and face-to-face meeting scheduled April 23-24, 2014

Please let us know if you have any questions, suggestions.

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2161. Order Confirmation from The Academy of Nutrition and Dietetics

**From:** sales@eatright.org
**To:** DMARTIN@BURKE.K12.GA.US
**Sent Date:** Jun 06, 2013 20:31:54
**Subject:** Order Confirmation from The Academy of Nutrition and Dietetics
**Attachment:**

---

ORDER CONFIRMATION
Thank you for ordering from The Academy of Nutrition and Dietetics.

Your order has been received and will be processed shortly!

Order Summary
ADA Order Number: 0001016249
Order Date: 06/05/2013

Billing Information
DONNA S MARTIN
789 BURKE VETERANS PARKWAY
BURKE COUNTY BOARD OF EDUCATIO
WAYNESBORO, GA 30830
706 5545393
Shipping Information
DONNA S MARTIN
789 BURKE VETERANS PARKWAY
BURKE COUNTY BOARD OF EDUCATIO
WAYNESBORO, GA 30830

**Shipping Method:** UPS Ground

Item #DescriptionQtyItem StatusUnit PriceTotal 344413A Clinical Guide to Nutrition Care in Kidney Disease, Second1Available$0.00$0.00 Subtotal: $0.00 Tax: $0.00 Shipping and Handling: $0.00 Total Amount: $0.00
Visit www.eatright.org, your source for food and nutrition information.

2162. 06/06/13  ACH Check deposit notification (1 Pages)

**From:** sjackson@eatright.org
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Jun 06, 2013 17:12:00
**Subject:** 06/06/13  ACH Check deposit notification (1 Pages)
**Attachment:** report.pdf

---

See Attached File

2163. Daily News: Thursday, June 6, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 06, 2013 11:22:24
**Subject:** Daily News: Thursday, June 6, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Comfort eating- Perceptions of fat are altered by mood and state of mind study finds**
http://www.foodnavigator-usa.com/R-D/Comfort-eating-Perceptions-of-fat-are-altered-by-mood-and-state-of-mind-finds-study
Source: PloS
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0065006#s4

**Scientists find gene mutation that spurs early puberty**
http://www.usatoday.com/story/news/nation/2013/06/05/scientists-find-gene-that-causes-some-cases-of-early-puberty/2394045/
Source: *New England Journal of Medicine*
http://www.nejm.org/doi/full/10.1056/NEJMoa1302160

**This Is Your Brain on Coffee**
http://well.blogs.nytimes.com/2013/06/06/this-is-your-brain-on-coffee/?ref=health

**New healthcare model cut even more costs in year two: insurer**
http://www.chicagotribune.com/health/sns-rt-us-usa-healthcare-savingsbre9550lv-20130606,0,2376465.story
Related Resource: Medical Homes
http://www.eatright.org/Members/content.aspx?id=11111

**NYC refreshes anti-sugary drink campaign with new ads**
http://www.cbsnews.com/8301-204_162-57587576/nyc-refreshes-anti-sugary-drink-campaign-with-new-ads/

**Ohio announces new childhood anti-obesity effort**
http://www.wftv.com/news/ap/education/ohio-announces-new-childhood-anti-obesity-effort/nYBXs/
Related Resource: Pediatric Weight Management Evidence-Based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=2721

**Adding health and zest to school lunch menus**
http://www.lagrandeobserver.com/News/Local-News/Adding-health-and-zest-to-school-lunch-menus

**SNAP gives participants a boost in whole-fruit consumption**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=37779&ref=collection

**Listeria Food Poisoning Hits Elderly, Moms-to-Be Hardest: CDC**
http://consumer.healthday.com/Article.asp?AID=677063
Source: CDC
http://www.cdc.gov/vitalsigns/listeria/index.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Sustain, A.S.P.E.N. HPN Registry 2011**
http://clinicaltrials.gov/ct2/show/NCT01760408?term=nutrition&rank=71

**MedlinePlus: Latest Health News**
-Alzheimer's Drugs May Benefit Heart, Study Finds
-Blacks With Certain Gene Need Lower Doses of Warfarin: Study
-Few access Internet help for colonoscopy prep
-49 Now Sickened in Hepatitis A Outbreak Tied to Frozen Berry Mix
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**There's an app for that, but does it help?**
(Libby Quigley, RD quoted)
http://www.kesq.com/news/theres-an-app-for-that-but-does-it-help/-/233092/20388844/-/c92k2t/-/index.html

**A cross of bacon + butter = lardo**
(Mim Seidel, RD quoted)

http://www.post-gazette.com/stories/life/food/a-cross-of-bacon-butter-lardo-690526/

**Cronuts selling like hot cakes**
(Susan Levin, RD quoted)
http://www.telegram.com/article/20130606/NEWS/106069989/-1/NEWS07

**Tips for kids healthy summer snacks**
(Taryn Sutterfield, RD featured)
http://www.wtvm.com/story/22513531/tips-for-kids-healthy-summer-snacks

**Why we should care about sugar consumption**
(Karen Allwein, RD quoted)
http://www.pennlive.com/bodyandmind/index.ssf/2013/06/why_we_should_care_about_sugar.html

**How do you know if you have prediabetes?**
(Nancy Ryan, RD quoted)
http://www.stlamerican.com/your_health_matters/health_briefs/article_622a25e2-ce5e-11e2-8442-0019bb2963f4.html

**4 tips for staying slim this summer**
(By Jill Koegel, RD)
http://www.omaha.com/article/20130605/LIVEWELL25/130609897/1161

**Get sneaky for maximum veggie consumption**
(Kellie Bilinski &Melanie McGrice, Dietitians/Australia, both quoted)
http://www.cairns.com.au/article/2013/06/06/243478_lifestyle.html

**How to make the most of your dietitians visit**
(A good and honest communiqué with your dietitian is the key to making your diet and lifestyle changes)
(By Sukhada Bhatte, Dietitian/India)
http://timesofindia.indiatimes.com/life-style/health-fitness/diet/How-to-make-the-most-of-your-dietitians-visit/articleshow/20456934.cms

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or send a blank email to leave-20992-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2164. RE: Cookies

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 06, 2013 09:58:44
**Subject:** RE: Cookies
**Attachment:** agenda 3.0.doc
4204+June+18+2013+meetg+Book.pdf

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Donna,

Attached are the documents provided by Al Bryant for the Foundation Board meeting next week. Al will present the information. You will introduce Al. Therefore, your name and Al's name are on the cover sheet. I will forward this to Susan Burns. Let me know if you have any questions or concerns. The focus would be on the first two pages of Al's report. It is pretty straight forward. He gets a little cryptic about where the markets may be going, but, that is Al. The issue will come up during the meeting. Don't worry about understanding all of the detail. Some of it is pretty straight forward (sectors we invest in, companies we invest in). Some, not so much (PE ratios, yield to maturity, etc.). No one expects you to be an expert on this stuff. That's why we have Al. However, if you want to discuss any of the information, please let me know.

If you have any questions or concerns, let me know. Otherwise, I will forward this to Susan.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, June 06, 2013 7:38 AM
**To:** Paul Mifsud
**Subject:** Cookies

Paul, You were so nice to send me some homemade cookies. It has been my pleasure working with you, and your team, and I look forward to the next three years working with you all. We are headed to the beach next week for Father's Day and will be with 14 people who can help me eat them. I promise not to take credit for baking them, or on second thought maybe I will!

Donna S. Martin, EdS, RD, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2165. Shopping Matters Mini-Grant Recipient Report

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Linda Hudson <lhudson@eatright.org>
**Sent Date:** Jun 06, 2013 09:09:48
**Subject:** Shopping Matters Mini-Grant Recipient Report
**Attachment:** image001.png
Shopping Matters Final Report.pdf

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Good morning. Attached is the final report from the Shopping Maters mini-grants provided by Share Our Strength for grocery store tours as part of Kids Eat Right.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2166. Eat Right Weekly - June 5, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 05, 2013 18:08:40
**Subject:** Eat Right Weekly - June 5, 2013
**Attachment:**

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Eat Right Weekly
June 5, 2013

Manage Subscriptions
QuickLinks

On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Hunger Programs and Nutrition Education Scheduled for House Debate

Nutrition programs housed in the Farm Bill that help reduce food insecurity and provide registered dietitian nutritionist-led nutrition education will be debated in the House of Representatives as early as June 16.

Learn More >>
Franken Amendment Would Help Feed Hungry Seniors, People with Disabilities

Sen. Al Franken (Minn.) proposed an amendment during last week's Farm Bill debate that would allow homebound seniors and people with disabilities to use the food assistance program SNAP to purchase groceries through public or nonprofit grocery delivery organizations. This amendment passed the Senate with unanimous consent, and is also expected to be included in the House's version of the Farm Bill.

Learn More >>
Food Companies Eliminate 1.5 Trillion Calories from Marketplace

The Healthy Weight Commitment Foundation announced that its 16 participating companies have already surpassed their goal of reducing 1.5 trillion calories sold in the marketplace by 2015. The Academy praised the announcement as a positive example of the effect of public-private partnerships on the public's health.

Learn More >>
$1 Billion in New Health Care Innovation Awards Now Available

The Centers for Medicare and Medicaid Services has announced a $1 billion funding opportunity for the second round of Health Care Innovation Awards. This new round of funding provides an opportunity for RDNs to become more involved in developing innovative approaches to improving health and lowering costs for people enrolled in Medicare and Medicaid.

Learn More >>

## CPE Corner

Summer Webinars

Take advantage of learning possibilities for the summer, from the Center for Professional Development.

Learn More >>
Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

The Center for Professional Development offers an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

Learn More >>
Free Module on 'Leadership: Organizational Applications'

The Center for Professional Development introduces a new, free online learning module that will demonstrate how registered dietitian nutritionists have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

Learn More >>
Webinar: Nutrition Education in Food Banks

Learn the value of nutrition education in food banks and the potential to change eating behaviors among participants in a free June 26 webinar "Flavorful Pairing: Nutrition Education in Food Banks."

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

MyPlate's 2nd Anniversary Celebration Is This Week

Join the Academy and the U.S. Department of Agriculture in a week-long "virtual party" June 2 to 8 in celebration of the second birthday of MyPlate.

Learn More >>
Talk FNCE to Your Employer

Interested in attending the Academy's Food &Nutrition Conference &Expo and need your employer's support? Access the Academy's free "Talk FNCE to Your Employer" toolkit and learn how you may be able to get part or your entire trip reimbursed. Mark your calendar: FNCE registration opens June 14.

Learn More >>
Position and Practice Papers: Ethical and Legal Issues in Feeding and Hydration

The Academy has published a position paper and a practice paper on "Ethical and Legal Issues in Feeding and Hydration" in the June *Journal*.

Learn More >>
Save 10 Percent on June Book of the Month

The new edition of *Sports Nutrition: A Practice Manual for Professionals* offers even more research- and evidence-based information and advice for health professionals working with athletes at all levels. Enjoy 10 percent off this title in June.

Learn More >>
Insurance Redesign Is Beneficial in Ensuring Use of Childhood Obesity Prevention Services

A new study shows the groundbreaking Healthier Generation Benefit - providing at least four follow-up visits with a primary care provider and at least four visits with a registered dietitian nutritionist per year for children in the 85th percentile or higher of BMI - has succeeded in expanding health care coverage for obesity.

Learn More >>

## Academy Member Updates

Five Academy Members Will Serve on 2015 *Dietary Guidelines* Advisory Committee

Among 15 nutrition and health science authorities named May 31 by the U.S. Departments of Agriculture and Health and Human Services to the 2015 *Dietary Guidelines* Advisory Committee, five are Academy members.

Learn More >>
First 2015 *DGA* Committee Meeting: On-Site and Webcast

The first meeting of the 2015 *Dietary Guidelines* Advisory Committee will be held June 13 to 14 at the National Institutes of Health, in Bethesda, Md. Members can attend the meeting on-site or via webcast. Advance registration is required for either option; early registration is recommended.

Learn More >>
*Journal* Participates in Research4Life Initiative

Since 2009, the *Journal of the Academy of Nutrition and Dietetics* has participated in HINARI (Research in Health), which was launched in 2002 by the World Health Organization to provide

public institutions in developing countries with free or low-cost online access to journals of the biomedical and related social sciences.

Learn More >>

## Philanthropy, Awards and Grants

Welcome to Foundation Board Members

The Academy Foundation welcomes new Foundation Board members for the 2013-2014 year.

Learn More >>

Kids Eat Right "Healthy Eating. From the Ground Up." Mini-Grant Recipients

Congratulations to 50 Kids Eat Right Campaign members who selected to receive a Kids Eat Right "Healthy Eating. From the Ground Up." mini-grant. Each recipient will receive $200 to lead two presentations from the newly released "Healthy Eating. From the Ground Up." toolkit through August 2.

Learn More >>

May Kids Eat Right Everyday Heroes

Are you a Kids Eat Right Everyday Hero? You could be.

Learn More >>

Foundation to Present at SNA Annual Meeting

Representing the Future of Food project in collaboration with Feeding America through an educational grant from the National Dairy Council, the Academy of Nutrition and Dietetics Foundation will present "Mission Possible: Tackling Food Insecurity" at the School Nutrition Association meeting July 14 to 17 in Kansas City, Mo.

Learn More >>

$35,000 Research Grant Available through Foundation

Are you interested in slowing the progression of obesity in children? A one-year grant of up to $35,000 is available for a research project that explores lifestyle interventions to reduce the risk of childhood obesity. The application deadline is July 1.

Learn More >>

Join the Early Professionals Eat Right Society

The Foundation created the Early Professionals Eat Right Society to complement the Eat Right Society. This giving club will recognize donors who have been in practice five years or fewer and

who make annual gifts of $50 or more to fund scholarships, research, Kids Eat Right or the Annual Fund.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2167. RE: Correct Answer for Post-Test Question - Little Rock Program

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 05, 2013 12:53:41
**Subject:** RE: Correct Answer for Post-Test Question - Little Rock Program
**Attachment:** image001.png

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Thanks for both responses.

Have a great summer!

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, June 05, 2013 11:42 AM
**To:** Pearlie Johnson
**Subject:** RE: Correct Answer for Post-Test Question - Little Rock Program

That is correct.  Thanks!

Donna S. Martin, EdS, RD, LD, SNS
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789 Burke Veterans Parkway
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 6/5/2013 12:41 PM >>>
What about this one?

Which of the following items are required to be served daily in the National School Lunch program as of Fiscal Year 2013?

a) Fresh fruit

b) Fresh vegetable

c) Whole grain

d) Fruit juice

e) All of the above

f) None of the above

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, June 05, 2013 11:27 AM
**To:** Pearlie Johnson
**Subject:** Re: Correct Answer for Post-Test Question - Little Rock Program

The answer is g.  I am so sorry I marked it wrong.

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 6/5/2013 10:46 AM >>>
Hi Donna, can you please confirm the correct answer for this pos-test question. We have it as f. I received feedback from a program participant who thinks it should be g.

The New Healthy Hunger Free Act Regulations for lunch have put minimum and maximum ranges on which of the following:

a) Met/Meal Alternates

b) Fruit Juice
c) Grains

d) Calories

e) All of above

f) c and d

g) a, c and d

Thanks.

**Pearlie Johnson-Freeman, MBA**

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phone: 312-899-4839

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pjohnson@eatright.org

2168. RE: Correct Answer for Post-Test Question - Little Rock Program

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 05, 2013 12:41:16
**Subject:** RE: Correct Answer for Post-Test Question - Little Rock Program
**Attachment:** image001.png

---

What about this one?

Which of the following items are required to be served daily in the National School Lunch program as of Fiscal Year 2013?

a) Fresh fruit

b) Fresh vegetable

c) Whole grain

d) Fruit juice

e) All of the above

f) None of the above

**Pearlie Johnson-Freeman, MBA**

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fax: 312-899-4772

pjohnson@eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, June 05, 2013 11:27 AM
**To:** Pearlie Johnson
**Subject:** Re: Correct Answer for Post-Test Question - Little Rock Program

The answer is g.  I am so sorry I marked it wrong.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 6/5/2013 10:46 AM >>>
Hi Donna, can you please confirm the correct answer for this pos-test question.  We have it as f.  I received feedback from a program participant who thinks it should be g.

The New Healthy Hunger Free Act Regulations for lunch have put minimum and maximum ranges on which of the following:

a) Met/Meal Alternates

b) Fruit Juice
c) Grains

d) Calories

e) All of above

f) c and d

g) a, c and d

Thanks.

**Pearlie Johnson-Freeman, MBA**

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pjohnson@eatright.org

2169. RE: Finance and Audit Committee meetings

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** McClusky, Kathy <KathyMcClusky@IamMorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Sonja Connor <connors@ohsu.edu>, Elise Smith <easaden@aol.com>, fellerb@auburn.edu <fellerb@auburn.edu>, 'Stokes, Donald Milton' <mstokes@usj.edu>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu <kendall@ufl.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Linda Serwat <LSerwat@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>
**Sent Date:** Jun 05, 2013 12:25:13
**Subject:** RE: Finance and Audit Committee meetings
**Attachment:**

---

All,

I have heard back from everyone and it looks like Tuesdays would work (most of the time) for our Finance and Audit Committee calls. We will restructure our monthly calls to be on the last Tuesday of each month at 1 p.m. CT. Maria will update our schedule and provide it to you. We recognize that people's schedules change and that you may not be able to make every call. I appreciate all of your feedback and look forward to our first call on June 25th, at 1 p.m. CDT. Please adjust your calendars for this one.

If you have any questions or concerns, please don't hesitate to let me know.

Paul Mifsud

2170. Correct Answer for Post-Test Question - Little Rock Program

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 05, 2013 10:46:21
**Subject:** Correct Answer for Post-Test Question - Little Rock Program
**Attachment:** image001.png

---

Hi Donna, can you please confirm the correct answer for this pos-test question. We have it as f. I received feedback from a program participant who thinks it should be g.

The New Healthy Hunger Free Act Regulations for lunch have put minimum and maximum ranges on which of the following:

a) Met/Meal Alternates

b) Fruit Juice
c) Grains

d) Calories

e) All of above

f) c and d

g) a, c and d

Thanks.

**Pearlie Johnson-Freeman, MBA**

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pjohnson@eatright.org

2171. Daily News: Wednesday, June 5, 2013

**From:** Academy of Nutrition and Dieteics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 05, 2013 10:45:43
**Subject:** Daily News: Wednesday, June 5, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Chandler resident new president of the Academy of Nutrition and Dietetics**
(Glenna McCollum, Academy President quoted)
http://arizona.newszap.com/eastvalley/122971-114/chandler-resident-new-president-of-the-academy-of-nutrition-and-dietetics

**The Alliance to Advance Patient Nutrition Releases Nutrition Care Model to Improve Patient Outcomes**
(Ainsley Malone, RD quoted)
http://www.fortmilltimes.com/2013/06/04/2735371/the-alliance-to-advance-patient.html
Source: *JPEN*
http://pen.sagepub.com/content/early/2013/05/31/0148607113484066.full.pdf+html?ijkey=.IBeLilr4VDwE&keytype=ref&siteid=sppen

**Healthy Living Pays Dividends**
http://www.medpagetoday.com/Cardiology/Prevention/39564
Source: *American Journal of Epidemiology*.
http://aje.oxfordjournals.org/content/early/2013/05/30/aje.kws453.abstract?sid=515aaa9a-8e28-4d5c-b36d-b2d4f1cb77d1

**Gestational Diabetes May Signal Future Risk**
http://www.medpagetoday.com/Endocrinology/Diabetes/39597
Source: *Nutrition &Diabetes*
http://www.nature.com/nutd/journal/v3/n6/full/nutd201315a.html

**Obesity surgery-diabetes study shows pros, cons**
http://www.usatoday.com/story/news/nation/2013/06/04/obesity-surgery-diabetes/2389487/

Source*: JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1693889

**Obese Kids: Race May Be Marker for Early Risks**
http://www.medpagetoday.com/Pediatrics/Obesity/39585
Source: *JAMA Pediatrics*
http://archpedi.jamanetwork.com/article.aspx?articleid=1692336

**Stress, anxiety and pain disturb Americans' sleep, survey finds**
(Presented at the Associated Professional Sleep Societies, SLEEP 2013meeting)
http://www.latimes.com/news/science/sciencenow/la-sci-sn-sleep-problems-survey-20130603,0,6093693.story

**USDA ERS chart: Dairy products and vegetables account for 38 percent of food loss in U.S. grocery stores, restaurants, and homes**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=37740&ref=collection

**National parks dishing up healthier fare this summer**
http://www.usatoday.com/story/news/nation/2013/06/05/national-parks-healthier-foods/2385867/

**South L.A. health center adds fresh produce to its mix of services**
http://www.latimes.com/news/local/la-me-health-produce-20130604,0,1323384.story

**For a Healthier Diet, Go Wild**
http://abcnews.go.com/Health/nutrition-walk-wild-side/story?id=19324158

**Kellogg and General Mills RTE cereals Sugar sodium and fiber analysis**
http://www.foodnavigator-usa.com/Manufacturers/Kellogg-and-General-Mills-RTE-cereals-Sugar-sodium-and-fiber-analysis
Source: *Procedia Food Science*
http://www.sciencedirect.com/science/article/pii/S2211601X13000060

**Got milk ? Not any more according to NHANES data showing fluid milk consumption continues to fall**
http://www.foodnavigator-usa.com/Markets/Got-milk-Not-any-more-according-to-NHANES-data-showing-fluid-milk-consumption-continues-to-fall

**FDA plan for menu labels too costly, Kroger argues**
http://www.usatoday.com/story/money/business/2013/06/04/fda-plan-for-menu-labelstoo-costly-kroger-argues/2390323/

**CMS Releases More Hospital Pricing Data**
http://www.medpagetoday.com/PracticeManagement/InformationTechnology/39579
Source: Medicare Provider Charge Data: Outpatient
http://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/Medicare-Provider-Charge-Data/Outpatient.html

**MedlinePlus: Latest Health News**
-Cholesterol Drugs Linked to Muscle, Joint Problems: Study
-Daily sunscreen may prevent skin aging
-Skipping Meds May Raise Odds of ER Visits for Certain Medicare Patients
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Using Greek yogurt in cooking**
**Greek culture: Creamy and tangy, yogurt's thicker sibling enhances your cooking**
(Sarah Krieger, Academy Spokesperson quoted)
http://www.sun-sentinel.com/features/food/sc-food-0531-yogurt-cooking-story-20130605,0,525384.story

**Nutrition and the Active Kid**
**When a child is involved in sports, proper nutrition is key to overall health.**
(Jill Parker, RD quoted)
http://www.philly.com/philly/health/kidshealth/Nutrition_and_the_Active_Kid.html

**Lamb can be a healthy choice for dinner**
(By Carolyn ONeil, RD; Janice Bissex, RD quoted)
http://tdn.com/lifestyles/lamb-can-be-a-healthy-choice-for-dinner/article_ebf412be-cd6f-11e2-9271-001a4bcf887a.html

**Solving the puzzle of expanding kids' taste buds**
(Jessica Mella, RD &Meredith Duchaine , RD both quoted)
http://www.thenorthwestern.com/viewart/20130603/OSH0101/306030151/Solving-puzzle-expanding-kids-taste-buds

**Diet not only way to get vitamin D**
(Lisa Lisiewski, RD quoted)
http://www.timesunion.com/living/article/Diet-not-only-way-to-get-vitamin-D-4575923.php

**The University Partnership of LCCC to host Info Session on Associate of Applied Science in Dietetics Program**
(Graduates of this program are qualified to work as technicians under the supervision of a

registered dietitian (R.D.) in nutrition services departments of hospitals and nursing homes, and are also employable in commercial foodservice systems.
http://www.laprensatoledo.com/Stories/2013/060713/lccc.htm

**Baby bloom is food for thought**
(Aveen Bannon, Dietitian/Ireland quoted)
http://www.irishexaminer.com/lifestyle/healthandlife/parenting/baby-bloom-is-food-for-thought-232825.html

**Quote of the Week**

**He who asks is a fool for 5 minutes, but he who does not ask remains a fool forever."**

**Chinese proverb**

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**The Academys Position Papers and Practice Papers are available at:**
**http://www.eatright.org/positions/**

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20944
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20944-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2172. June Academy Foundation Board Meeting Agenda

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Linda Hudson <lhudson@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary-Ann Johnson <mjohnson@eatright.org>, Jeri Palmer <JPALMER@eatright.org>
**Sent Date:** Jun 04, 2013 17:23:57
**Subject:** June Academy Foundation Board Meeting Agenda
**Attachment:** image001.png
Agenda Foundation BOD Mtg June 2013.doc

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Good afternoon. Attached is a draft of the agenda for the upcoming June Board Meeting in Chicago. Please let me know if you have any other items that need to be addressed. Thanks.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2173. June 18-19 Foundation Board Meeting Hotel Accommodations

**From:** Beth Labrador <BLabrador@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>
**Cc:** Linda Hudson <lhudson@eatright.org>
**Sent Date:** Jun 04, 2013 16:01:57
**Subject:** June 18-19 Foundation Board Meeting Hotel Accommodations
**Attachment:**

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Good afternoon. Hotel accommodations for the upcoming Board meeting have been made at the Wit Hotel which is also the location of the Board Meeting. The address of the hotel is below. We will send confirmation numbers out under separate cover shortly. In the meantime, please feel free to contact me with any questions. We look forward to seeing you soon!

The Wit Hotel
201 N State St Chicago, IL 60601
(312) 467-0200

http://thewithotel.com/

Sincerely,

**Beth Labrador**
***Development Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821

www.eatright.org

2174. 2013-2014 Academy Foundation BOD Contact List

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** Jun 04, 2013 11:44:35
**Subject:** 2013-2014 Academy Foundation BOD Contact List
**Attachment:** 13-14 Foundation Board of Directors.pdf

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Hello Academy Foundation BOD,

Please find attached the 2013-2014 Academy Foundation contact list. Please forward any changes you may have to my attention. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2175. Daily News: Tuesday, June 4, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 04, 2013 11:22:17
**Subject:** Daily News: Tuesday, June 4, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**MyPlate 2nd Anniversary Celebration**
Join the Academy and USDA in a week-long virtual party to celebrate MyPlates 2nd birthday. Share MyPlate messages from the Academy on Eat Right Twitter and Facebook including promotions on Kids Eat Right Twitter and Kids Eat Right Facebook. Share USDA Myplate messages from www.facebook.com/myplate and retweet on Twitter, too (#MyPlateBirthday). Or, create your own messages to wish MyPlate a Happy Birthday!

**New- MyPlate Kids' Place**
http://www.choosemyplate.gov/kids/
Related Resource: Kids Eat Right
http://www.eatright.org/kids/

**Dietitians can provide skilled advice on how to eat more healthfully**
(Melinda Johnson, Academy Spokesperson quoted)
http://www.washingtonpost.com/national/health-science/dietitians-can-provide-skilled-advice-on-how-to-eat-more-healthfully/2013/06/03/75f57f78-8a79-11e2-98d9-3012c1cd8d1e_story.html
Related Resource: Promote Yourself
http://www.eatright.org/Members/content.aspx?id=11126

**Sports nutrition expands career menu**
http://articles.chicagotribune.com/2013-06-03/classified/chi-sports-nutrition-career-20130603_1_athletes-nutritionist-internship
Related Resources: Sports, Cardiovascular, and Wellness Nutrition DPG
http://www.eatright.org/Members/content.aspx?id=5398
Board Certification as a Specialist in Sports Dietetics
http://cdrnet.org/certifications/board-certification-as-a-specialist-in-sports-dietetics

**Vegans, vegetarians or carnivores: who's healthiest?**
http://www.chicagotribune.com/features/food/stew/chi-nutrition-vegetarians-enjoy-better-health-new-study-says-20130603,0,2998440.story
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1691919
Related Resource: Academys Position Paper: Vegetarian Diets
http://www.eatright.org/About/Content.aspx?id=8357

**New Diagnostic Code Gives Hope to Kids With FPIES Allergies**
http://abcnews.go.com/Health/parents-hope-kids-fpies-cdc-approves-diagnostic-code/story?id=19315197

**FAO demands an end to malnutrition that affects 3.5 billion people**
http://www.foodnavigator-usa.com/Suppliers2/FAO-demands-an-end-to-malnutrition-that-affects-3.5bn-people
Related Resource: Academys Position Paper: Nutrition Security in Developing Nations: Sustainable Food, Water, and Health
http://www.eatright.org/About/Content.aspx?id=8358

**Flaxseed no help for kids with high cholesterol**
http://www.chicagotribune.com/health/sns-rt-us-health-flaxseedbre95214q-20130603,0,1346306.story
Source: *JAMA Pediatrics*
http://archpedi.jamanetwork.com/article.aspx?articleid=1692333

**Study finds strong genetic links for blacks with breast cancer**
(Presented American Society of Clinical Oncology (ASCO) )
http://www.chicagotribune.com/health/sns-rt-us-cancer-breast-blacksbre9520x0-20130603,0,6552384.story

**Better technology shows that too many people are treated for high blood pressure**
http://www.washingtonpost.com/national/health-science/better-technology-shows-that-too-many-people-are-treated-for-high-blood-pressure/2013/06/03/d83a6ac6-8b42-11e2-b63f-f53fb9f2fcb4_story.html

**MedlinePlus: Latest Health News**
-Hand, Foot, and Mouth Disease
-Measles Is Serious: Take Care Before and After Travel
-Doubling Time on Tamoxifen Cuts Odds for Breast Cancer's Return: Study
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Healthy Eating While Dining With Others**

(Karen Ansel, Academy Spokesperson quoted)

http://online.wsj.com/article/SB10001424127887324063304578523281415360570.html

**Hail the white veggies**

(By Sheah Rarback, RD)

http://www.miamiherald.com/2013/05/30/3424408/hail-the-white-veggies.html

**Are you suffering from fat phobia?**

(By Bonnie Taub-Dix, RD)

http://www.nydailynews.com/life-style/eats/suffering-fat-phobia-article-1.1359728

**Battling free radicals: The jury is still out on antioxidant supplements**

(Grant Cefalo, RD quoted)

http://www.standard.net/stories/2013/06/03/battling-free-radicals-jury-still-out-antioxidant-supplements

**From the dietitian: Yogurt is smart substitute for fat in recipes**

(By Sydney Jacobson, RD)

http://www.desmoinesregister.com/article/20130527/LIFE/305270016/From-dietitian-Yogurt-smart-substitute-fat-recipes

**Keeping your cool with coconut water**

(Page Love, RD quoted)

http://www.myfoxatlanta.com/story/22493948/keeping-your-cool-with-coconut-water

**5 ways to keep your salad skinny**

(By Tanya Zuckerbrot, RD)

http://www.foxnews.com/health/2013/06/04/5-ways-to-keep-your-salad-skinny/

**Juicing cleanses gaining popularity for improved healthy eating**

(Marleen Swanson, RD quoted)

http://gazette.com/juicing-cleanses-gaining-popularity-for-improved-healthy-eating/article/1501568

**Coffee: Enjoy in moderation**

(By Georgia Clark-Albert, RD)

http://bangordailynews.com/2013/06/03/health/blogs-and-columns/coffee-enjoy-in-moderation/

**Tips to beat the winter woes**

(Paul Jones, Dietitian/Australia quoted)

http://www.warwickdailynews.com.au/news/tips-to-beat-the-winter-woes/1892797/

**Shape Up**
**15 ways to boost your energy**
(Jennifer Jones, Dietitian/Canada quoted)
http://www.winnipegsun.com/2013/06/03/15-ways-to-boost-your-energy

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**The Academys Position Papers and Practice Papers are available at:**
**http://www.eatright.org/positions/**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20922
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20922-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2176. Re: Welcome to the Academy's new year 2013-2014

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Glenna McCollum <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, Ethan Bergman <BergmanE@cwu.EDU>
**Sent Date:** Jun 03, 2013 21:15:29
**Subject:** Re: Welcome to the Academy's new year 2013-2014
**Attachment:**

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This is so us!!!!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On Jun 3, 2013, at 1:17 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Glenna, I am thrilled to be the incoming Treasurer, and look forward to working with this amazing board to help shape the future of the Academy. All I could think about when I was contemplating what lies ahead of us is the Dr. Seuss Book - *Oh the places you'll go* and this quote came to mind. This is exactly where I see the Academy today. I just took the liberty to change a few words.
OH! THE PLACES WE'LL GO!

We'll be on our way up!
We'll be seeing great sights!
We'll join the high fliers
who soar to high heights.

We won't lag behind, because we'll have the speed.
We'll pass the whole gang and have taken the lead.
Wherever we fly, we'll be the best of the best.
Wherever we go, we will top all the rest.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>><glenna@glennamccollum.com> 6/1/2013 9:56 PM >>>
Dear Academy Board of Directors, Pat Babjak CEO, and Academy team:

As your incoming President of the Academy of Nutrition and Dietetics, I wanted to thank each one of you for your leadership and commitment to the Academy.  I look foward to working with each one of you, serving along side you, as we take bold steps to *empower our members to be the food and nutrition leaders!*  CNN Money declared our profession to be one of the top professions to Change the World for the Better!  Let's do it:)

See you at the Board Retreat,
Dr. Glenna McCollum, MPH, RDN
President 2013-2014
The Academy of Nutrition and Dietetics
(602) 770-0772

***Wisdom is knowing when enough is sufficient***
(quote from Paula Goedert, Academy legal counsel from Barnes &Thornburg)

2177. Finance and Audit Committee meetings

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Sonja Connor <connors@ohsu.edu>, KMcClusky@lammorrison.com <KMcClusky@lammorrison.com>, Elise Smith <easaden@aol.com>, fellerb@auburn.edu <fellerb@auburn.edu>, 'Stokes, Donald Milton' <mstokes@usj.edu>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu <kendall@ufl.edu>, peark02@outlook.com <peark02@outlook.com>
**Cc:** Linda Serwat <LSerwat@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Maria Juarez <MJuarez@eatright.org>
**Sent Date:** Jun 03, 2013 17:39:29
**Subject:** Finance and Audit Committee meetings
**Attachment:**

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All,

It has come to my attention that Wednesdays at 1 p.m. CDT may not be good for everyone. So, I would like to know how you feel about Thursdays or Tuesdays at the same time.

Can you let me know if either of these days would work and whether or not you have a preference for Thursday or Tuesday? If you would like to stay with Wednesdays, please let me know that as well. Right now, our first meeting is scheduled for June 26th. We will hold that day for now. If we find the 25th or 27th would work better, then we will make the change. Keep in mind, if we do change the day to Thursday or Tuesday, in most cases, it will be the last one of the month, each month. Once we have the information, we will adjust the calendar and let all of you know the outcome.

Let me know your choice.

Thank you.

Paul

2178. RE: Misc

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 03, 2013 17:32:12
**Subject:** RE: Misc
**Attachment:**

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Donna,

I am sorry to hear about the burglary!! It must have been very shocking when you got home!!! You and my wife are alike. Stuff you can replace, but, the dog!! No way!! I am glad no one was hurt or injured. I will send out an e-mail to see if Thursdays or Tuesdays would be better for everyone. I will get back to you on that one. As for the face to face meeting in April, we will make sure we push it forward and not backward!! I know you mentioned having it on the weekend to help with time off of work. Would you like us to try Friday- Saturday, April 18th and 19th? Let me know.

Finally, I think we could put something in about “educating” the board on the budget process. We need to do so without offending anyone. We can create one together. You are more creative than me, so you can have the first “crack at it”. Don’t worry about responsiveness. I just to make sure you get it. Everything always works out in the long run.

Take care.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, June 03, 2013 2:09 PM
**To:** Paul Mifsud
**Subject:** Re: Misc

Paul, I am so sorry I have not gotten back to you on the plan of work. I am still playing catch up at work. Today we started our big summer feeding program and I have been super tied up with that. So to answer your questions.
1. I would be glad to change it to Thursdays. Thursday, June 27th works for me. Will you send something out to the committee to see it that works? If Tuesdays are better that would also work.

2. The FAC meeting in April could be moved to anytime Monday through Wednesday, April 21 - 23. I can do Thursday April 24th, but would prefer not to, if I can avoid it. What I just need to avoid, is the days of Thursday- Sunday, April 24-27th if at all possible, or face a divorce from my husband. If you want to do Thursday-Friday, April 17-18th, those dates are also OK.
3. I did get your draft of the program of work and was thrilled that you did that for me. The only other thing I would like to possibly add would be something on continuing to educate the BOD on the whole budget process. I think it would be helpful to familiarize them more about where our expenses and revenues come from, and how their decisions impact the budget process. I am glad for that to just be a goal of mine though if you don't want to add it. I promise to be more responsive to your emails, but it truly has been crazy around here.

On a personal note, our house got burglarized a week ago while we were in Charleston at a wedding. We had a house/dog sitter staying at our house, but she was not at the house when the two people broke in. We had an alarm system, but the glass break sensor did not work, so the alarm did not go off. I just love paying for something that does not work. They got 3 TV's, a colt python 357 magnum hand gun, a guitar, a coin collection, my Rolex, diamond earrings, and numerous gold necklaces. The good news was that my dogs were safe and so was the dog sitter. There were two cars at my house and it was in the middle of the day. Go figure. Anyway, that has got me a little behind at home. They have arrested the guy, and know who the girl is, but they have not been able to arrest her yet. We have gotten a few things back, but no jewelry. Evidently, the couple were heroin addicts. Ages 23 and 29. I guess maybe you don't live to be to old if you are a heroin addict! I am not to terribly depressed about it, as I keep telling myself it is just stuff. I can always get more stuff, but not replace my dogs!

Talk to you soon!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 6/3/2013 2:19 PM >>>
Donna,

I hope you had a great weekend!!! I have a couple of minor questions.

1. Sonja Conner may have some difficulty with Wednesdays for our FAC meeting. Would you like me to see if another day, possibly Thursdays, would be better? Let me know and I will send out an e-mail.

2. On the note of the FAC meetings, we discussed changing the face to face in April from the 23rd and 24th to possibly the 25th and 26th (moving the meeting to Friday and Saturday instead of Wednesday and Thursday). Let me know if you would like me to proceed on this one. Or if you feel it would be better, we can change it to Saturday and Sunday (the 26th and 27th). The only thing we might find difficult on these days is the ability of the Insurance, Audit and Investment support to attend.
3. Did you get my draft program of work? If not, let me know and I will resend it.

Paul

2179. Misc

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jun 03, 2013 14:19:11
**Subject:** Misc
**Attachment:**

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Donna,

I hope you had a great weekend!!! I have a couple of minor questions.

1. Sonja Conner may have some difficulty with Wednesdays for our FAC meeting. Would you like me to see if another day, possibly Thursdays, would be better? Let me know and I will send out an e-mail.

2. On the note of the FAC meetings, we discussed changing the face to face in April from the 23rd and 24th to possibly the 25th and 26th (moving the meeting to Friday and Saturday instead of Wednesday and Thursday). Let me know if you would like me to proceed on this one. Or if you feel it would be better, we can change it to Saturday and Sunday (the 26th and 27th). The only thing we might find difficult on these days is the ability of the Insurance, Audit and Investment support to attend.
3. Did you get my draft program of work? If not, let me know and I will resend it.

Paul

2180. Daily News: Monday, June 3, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jun 03, 2013 11:03:44
**Subject:** Daily News: Monday, June 3, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Adding dip to veggies gets kids to eat more**
http://www.reuters.com/article/2013/05/31/us-health-kids-vegetable-idUSBRE94U12220130531
Source: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(13)00304-3/abstract

**Grrrreat! Is America's sweet tooth finally being tamed?**
http://www.usatoday.com/story/money/business/2013/06/02/sweet-tooth-npd-group-harry-balzer-coke-pepsi-kelloggs-general-mills/2328015/

**Gaining weight at work? You're not alone**
http://www.usatoday.com/story/news/nation/2013/05/31/workplace-weight-gain/2378085/

**Meatless Mondays may be on school menu**
http://www.utsandiego.com/news/2013/may/31/meatless-mondays-on-menu-for-sd-schools/

**Caffeine and kids: A safe mix?**
http://www.chicagotribune.com/health/ct-met-caffeinated-kids-20130603,0,6735282.story

**Slew of new caffeinated food products has FDA jittery**
http://www.washingtonpost.com/national/health-science/slew-of-caffeinated-food-products-has-fda-jittery/2013/06/01/2b9049ce-c479-11e2-914f-a7aba60512a7_story.html

**Coming soon? Nutritional labels on alcohol**
http://www.usatoday.com/story/money/business/2013/06/01/nutritional-labels-alcohol/238046**5/**

**Healthy Weight Commitment Foundation Weve delivered on promise to cut calories in the marketplace**
http://www.foodnavigator-usa.com/Manufacturers/Healthy-Weight-Commitment-Foundation-We-ve-delivered-on-promise-to-cut-calories-in-the-marketplace
Related Resource: Academy of Nutrition &Dietetics
http://www.eatright.org/Media/content.aspx?id=6442476718

**Go Veggie Food allergies are becoming part of the mainstream now**
http://www.foodnavigator-usa.com/Manufacturers/Go-Veggie-Food-allergies-are-becoming-part-of-the-mainstream-now

**European Union urges testing of U.S. wheat imports for unapproved Monsanto strain**
http://www.washingtonpost.com/business/economy/european-union-urges-testing-of-us-wheat-imports-for-unapproved-strain/2013/05/31/eaaefcdc-c9fc-11e2-8da7-d274bc611a47_story.html

**Registered Dietitians in the News**

**The Importance of Calcium**
(Marcia Crawford, RD featured)
http://www.indianasnewscenter.com/insight/Registered-Dietitian-Marcia-Crawford---The-Importance-of-Calcium-209683051.html?vid=a

**Recruit some fruit to guard your health**
**Vitamins, antioxidants, lycopene provide defense against disease**
(By Elizabeth Cole, RD quoted)
http://www.desmoinesregister.com/article/20130603/LIFE/306030013/1175

**5 tips for a healthier salad**
(Amy Moore, RD &Shaynee Roper, RD both quoted)
http://www.omaha.com/article/20130603/LIVEWELL25/706039980

**MORE than 150 people turned out for a special coeliac awareness day at Worthing Hospital.**
(Heidi Heddings, RD quoted)
http://www.littlehamptongazette.co.uk/news/coeliac-awareness-at-worthing-hospital-1-5134378

**Registered dietitian Keri Gans shares healthy meal options from the freezer section**
(Keri Gans, RD featured)
http://pix11.com/2013/05/31/registered-dietician-keri-gans-shares-healthy-meal-options-from-the-freezer-section/#axzz2V9rfjQF0

**Trying to eat healthy? Here are 12 'perfect' foods**
(Lori Graff, RD quoted)

http://www.desmoinesregister.com/article/20130603/LIFE/306030011/1042

**Confusion about nitrate consumption persists**
**Preservative found in hot dogs, bacon, pepperoni**
(Alyssa Lavoie, RD quoted)
http://www.seacoastonline.com/apps/pbcs.dll/article?AID=/20130602/LIFE/306020316/-1/NEWSMAP

**How to keep the beer, hold the belly**
(Rebecca Beaudoin, RD quoted)
http://www.omaha.com/article/20130603/LIVEWELL25/706039994/1161

**Potatoes much healthier than you might think**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/potatoes-much-healthier-than-you-might-think/article12297402/

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**http://www.eatright.org/positions/**

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.
To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20894
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20894-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2181. Congratulations

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** Jun 01, 2013 01:00:02
**Subject:** Congratulations
**Attachment:**

---

Donna –

Congratulations on assuming the leadership position of treasurer! It promises to be a great year, and I look forward to working with you!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

2182. Announcment of the 2015 DGAC

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, Sonja Connor <connors@ohsu.edu>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, Catherine Christie <c.christie@unf.edu>, Terri Raymond <tjraymond@aol.com>, Laura Romig <lauraromig@gmail.com>, Mary Christ-Erwin <MChristE@porternovelli.com>, 'Jean.Ragalie@rosedmi.com' <Jean.Ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'robert murray' <murraymd@live.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Chris Reidy <CREIDY@eatright.org>
**Sent Date:** May 31, 2013 18:35:00
**Subject:** Announcment of the 2015 DGAC
**Attachment:** image001.jpg
Press Release Dietary Guidelines Advisory Committee Announced.doc

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Five registered dietitians and one honorary member of the Academy of Nutrition and Dietetics are among 15 nutrition and health science authorities named May 31 by the U.S. Departments of Agriculture and Health and Human Services to the government's new *2015 Dietary Guidelines Advisory Committee*. The committee will be chaired by Barbara Millen, DrPH, RD.

Academy members and RDs who will serve on the *2015 Dietary Guidelines for Americans Advisory Committee* are:

· ***Chair:*** **Barbara Millen, DrPH, RD, professor in the** *department of family medicine, Boston University School of Medicine*

· ***Vice Chair:*** **Alice H. Lichtenstein, DSc, RD, Stanley N. Gershoff professor of Nutrition Science and Policy at the Friedman School of Nutrition Science and Policy, and director and senior scientist,** *Cardiovascular Nutrition Laboratory, Jean Mayer USDA Human Nutrition Research Center on Aging, Tufts University*

· **Gary Foster, PhD, d***irector of the Center for Obesity Research and Education, Laura Carnell Professor of Medicine, Public Health and Psychology, Temple University*

· **Marian Neuhouser, PhD, RD,** *full member at the Cancer Prevention Program, Division of Public Health Sciences, Fred Hutchinson Cancer Research Center*

· **Anna Maria Siega-Riz, PhD, RD,** *professor in the departments of epidemiology and nutrition, University of North Carolina*

· **Mary Story, PhD, RD, s***enior associate dean for academic and student affairs and professor in the Division of Epidemiology and Community Health, School of Public Health, University of Minnesota.*

Please join us in congratulating our colleagues. In addition, the Academy will promote this special announcement through the attached press release to targeted media as well as with an announcement in *Eat Right Weekly*, *Daily News* and social media channels. Read the USDA release here.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2183. Daily News & Journal Review: Friday, May 31, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 31, 2013 10:53:52
**Subject:** Daily News & Journal Review: Friday, May 31, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**HHS AND USDA Announce the Appointment of the 2015 Dietary Guidelines Advisory Committee**
(Barbara Millen, RD, Gary Foster Academy Member, Marian Neuhouser, RD, Anna Maria Siega-Riz, RD &Mary Story, RD all cited)
http://content.govdelivery.com/bulletins/gd/USDAOC-7d5552
Related Resource: Social Media Buzz for MyPlates 2nd Birthday
http://content.govdelivery.com/bulletins/gd/USDACNPP-7d4083

**No science behind blood-type diets**
http://www.reuters.com/article/2013/05/30/us-blood-type-diets-idUSBRE94T0XD20130530
Source: *American Journal of Clinical Nutrition*
-Blood type diets lack supporting evidence: a systematic review
http://ajcn.nutrition.org/content/early/2013/05/22/ajcn.113.058693.abstract?sid=3ecf4f4b-1c46-411e-9bea-b7b64c953268
Related Resource: Consumer Diet and Lifestyle Book Reviews
http://www.eatright.org/Media/content.aspx?id=264

**Epigenetic Biomarkers May Predict If a Specific Diet and Exercise Regimen Will Work**
http://www.sciencedaily.com/releases/2013/05/130530094950.htm
Source: *FASEB Journal*
http://www.fasebj.org/content/27/6/2504

**Cholesterol-Lowering Nordic Diet**
http://www.medicalnewstoday.com/releases/261211.php
Source: *Journal of Internal Medicine*
http://onlinelibrary.wiley.com/doi/10.1111/joim.12044/abstract;jsessionid=DFCC3404FD43B5AA83

D0D9FD2C8DB880.d04t03

**Sugary drink consumption down among U.S. kids**
http://www.reuters.com/article/2013/05/29/us-sugary-drink-idUSBRE94S14N20130529
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/05/15/ajcn.112.057943.abstract?sid=cc4d7a67-5a9e-4339-9541-b248c0a67813

**USDA: Economic Research Service  Charts of Note**
**-During economic downturns, more children receive free and reduced-price school lunches**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=37666&ref=collection

**Probiotics can prevent dangerous diarrhea, study finds**
http://vitals.nbcnews.com/_news/2013/05/30/18633759-probiotics-can-prevent-dangerous-diarrhea-study-finds?lite
Source: *Cochrane Library*
http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD006095.pub3/abstract;jsessionid=C59F5B18149A417BA789A6A8383CCB48.d03t02

**Shots Best Way to Give B12 After Bariatric Surgery**
http://www.medpagetoday.com/Endocrinology/Obesity/39445
Source: *Surgery for Obesity and Related Diseases*
http://www.soard.org/article/S1550-7289(13)00166-4/abstract
Related Resource: USDA ARS
http://www.ars.usda.gov/is/pr/2013/130422.htm

**Is It Better to Walk or Run?**
http://well.blogs.nytimes.com/2013/05/29/is-it-better-to-walk-or-run/
Related ResourceScroll down to Case Studies to view
Recommendations by RD for Physical Activity Guidance
http://www.eatright.org/scope/

**10 fitness myths, debunked**
http://www.washingtonpost.com/lifestyle/wellness/fitness-myths/2013/05/28/28c04d6a-bf25-11e2-9b09-1638acc3942e_story.html

**Registered Dietitians in the News**

**Environmental Nutrition: Busting nutrition myths**
**Gluten-free, superfoods, sugar toxicity and more: Nutrition experts weigh in on some of today's top nutrition myths**
(By Sharon Palmer, RD; Jill Weisenberger, RD, Karen Collins, RD, Janet Bond Brill, RD, Elisa

Zied, RD, Barbara Ruhs, RD, Dave Grotto, RD &Jessica Crandall, Academy Spokesperson all quoted)
http://articles.chicagotribune.com/2013-05-30/lifestyle/sns-201305301200--tms--foodstylts--v-f20130530-20130530_1_environmental-nutrition-myths-superfoods

**Freshest veggies aren't necessarily in the produce aisle**
(Deborah Jeffery,RD quoted)
http://www.wtop.com/1228/3342379/Freshest-veggies-arent-necessarily-in-the-produce-aisle

**House Call: Teens, tweens and body image part 2**
(By Jeannie Sykes,RD)
http://myfox8.com/2013/05/31/house-call-teens-tweens-and-body-image-part-2/

**Sodium Reduction Campaign Spurs Menu Makeover At Topeka Zoo**
(Mary Alice Scheer,RD quoted)
http://www.wibw.com/features/toyourhealth/headlines/Sodium-Reduction-Campaign-Spurs-Menu-Makeover-At-Topeka-Zoo-209606021.html

**Reduce the Obesity Epidemic; Can Exercise make you Hungry?**
(By Nancy Dell,RD)
http://www.wwlp.com/dpp/health/dietitian/Nancy-Dell-Reduce-the-Obesity-Epidemic-Can-Exercise-make-you-Hungry

**Creative ways to flavor up your water**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130530/LIFE03/130539966/kati-mora-creative-ways-to-flavor-up-your-water

**How to burn more calories after your workout**
(By Jill Koegel, RD)
http://www.omaha.com/article/20130529/LIVEWELL02/130529734/1685

**Journal Review**

***Journal of the Academy of Nutrition and Dietetics*, Supplement 2, June 2013**
Trouble Finding 1993-2011 Issues?
Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011
**Comprehensive Scope of Practice Resources for the Registered Dietitian or Registered Dietitian Nutritionist/Comprehensive Scope of Practice Resources for the Dietetic Technician, Registered**

http://www.andjrnl.org/supplements
(scroll down to articles)
-Academy Scope of Practice: Tools for Determining Competence and Advancing Practice
-Academy Definition of Terms: A List of Terms with Associated Definitions and Key Considerations
-Academy Scope of Practice Decision Tool: A Self-Assessment Guide
-Academy of Nutrition and Dietetics: Scope of Practice in Nutrition and Dietetics
-Academy of Nutrition and Dietetics: Scope of Practice for the Registered Dietitian
-Academy of Nutrition and Dietetics: Revised 2012 Standards of Practice in Nutrition Care and Standards of Professional Performance for Registered Dietitians
-Academy of Nutrition and Dietetics: Scope of Practice for the Dietetic Technician, Registered
-Academy of Nutrition and Dietetics: Revised 2012 Standards of Practice in Nutrition Care and Standards of Professional Performance for Dietetic Technicians, Registered

***American Journal of Clinical Nutrition*, May 22-29, 2103 Early Release**
http://ajcn.nutrition.org/content/early/recent
Circulating and dietary magnesium and risk of cardiovascular disease: a systematic review and meta-analysis of prospective studies
http://ajcn.nutrition.org/content/early/2013/05/29/ajcn.112.053132.abstract
The absorption of iron from whole diets: a systematic review
http://ajcn.nutrition.org/content/early/2013/05/29/ajcn.112.050609.abstract
Pediatric body composition references: whats missing?
http://ajcn.nutrition.org/content/early/2013/05/29/ajcn.113.064907.full.pdf+html
Blood type diets lack supporting evidence: a systematic review
http://ajcn.nutrition.org/content/early/2013/05/22/ajcn.113.058693.abstract

***American Journal of Preventative Medicine,*June 2013**
http://www.ajpmonline.org/current
School Soft Drink Availability and Consumption Among U.S. Secondary Students
http://www.ajpmonline.org/article/S0749-3797(13)00157-8/abstract
Nutritional Quality at Eight U.S. Fast-Food Chains: 14 Year Trends
http://www.ajpmonline.org/article/S0749-3797(13)00161-X/abstract
Menu Labeling Regulations and Calories Purchased at Chain Restaurants
http://www.ajpmonline.org/article/S0749-3797(13)00176-1/abstract
Equity-Specific Effects of 26 Dutch Obesity-Related Lifestyle Interventions
http://www.ajpmonline.org/article/S0749-3797(13)00184-0/abstract

***Annals of Internal Medicines*, May 28, 2013 Online First**
http://annals.org/onlineFirst.aspx
Screening Tests for Gestational Diabetes: A Systematic Review for the U.S. Preventive Services Task Force
http://annals.org/article.aspx?articleid=1691699
Benefits and Harms of Treating Gestational Diabetes Mellitus: A Systematic Review and Meta-

analysis for the U.S. Preventive Services Task Force and the National Institutes of Health Office of Medical Applications of Research
http://annals.org/article.aspx?articleid=1691700

***Clinical Nutrition*, Articles in Press, May 21-28, 2013**
http://www.sciencedirect.com/science/journal/aip/02615614
Prevalence and determinants for malnutrition in geriatric outpatients
http://www.sciencedirect.com/science/article/pii/S0261561413001465
Obesity and nursing home: A review and an Update
http://www.sciencedirect.com/science/article/pii/S0261561413001477
Waist-to-height ratio, waist circumference and BMI as indicators of percentage fat mass and cardiometabolic risk factors in children aged 3 to 7 years
http://www.sciencedirect.com/science/article/pii/S0261561413001490

***Clinical Nutrition*, June 2013**
http://www.sciencedirect.com/science/journal/02615614
A new look at an old drug for the treatment of cancer cachexia: Megestrol acetate
http://www.sciencedirect.com/science/article/pii/S0261561413000289
A systematic review and meta-analysis of probiotics for the management of radiation induced bowel disease
http://www.sciencedirect.com/science/article/pii/S0261561413000502
Malnutrition and associated factors in nursing home residents: A cross-sectional, multi-centre study
http://www.sciencedirect.com/science/article/pii/S0261561412002129

***Diabetes*, June 2013**
http://diabetes.diabetesjournals.org/content/62/6?etoc
Reduced Adipose Tissue Macrophage Content Is Associated With Improved Insulin Sensitivity in Thiazolidinedione-Treated Diabetic Humans
http://diabetes.diabetesjournals.org/content/62/6/1843.abstract
Weight Loss Improves the Adipogenic Capacity of Human Preadipocytes and Modulates Their Secretory Profile
http://diabetes.diabetesjournals.org/content/62/6/1990.abstract

***Diabetes Care*, June 2013**
http://care.diabetesjournals.org/content/36/6?etoc
Cholesterol Metabolism After Bariatric Surgery in Grade 3 Obesity
Differences between malabsorptive and restrictive procedures
http://care.diabetesjournals.org/content/36/6/1443.abstract
Food Insecurity in Relation to Changes in Hemoglobin A1c, Self-Efficacy, and Fruit/Vegetable Intake During a Diabetes Educational Intervention
http://care.diabetesjournals.org/content/36/6/1448.abstract

The Effects of n-3 Long-Chain Polyunsaturated Fatty Acid Supplementation on Biomarkers of Kidney Injury in Adults With Diabetes
Results of the GO-FISH trial
http://care.diabetesjournals.org/content/36/6/1462.abstract
Glucose-Independent Ethnic Differences in $HbA_{1c}$ in People Without Known Diabetes
http://care.diabetesjournals.org/content/36/6/1534.abstract
Increasing Incidence of Type 1 Diabetes in Youth
Twenty years of the Philadelphia Pediatric Diabetes Registry
http://care.diabetesjournals.org/content/36/6/1597.abstract
High Bone Mineral Density and Fracture Risk in Type 2 Diabetes as Skeletal Complications of Inadequate Glucose Control
http://care.diabetesjournals.org/content/36/6/1619.abstract
Measurement of Waist Circumference-Midabdominal or iliac crest?
http://care.diabetesjournals.org/content/36/6/1660.abstract
Fatty Liver Increases the Association of Metabolic Syndrome With Diabetes and Atherosclerosis
http://care.diabetesjournals.org/content/36/6/1726.abstract
Rapid Rise in Hypertension and Nephropathy in Youth With Type 2 Diabetes
The TODAY clinical trial
http://care.diabetesjournals.org/content/36/6/1735.abstract
Lipid and Inflammatory Cardiovascular Risk Worsens Over 3 Years in Youth With Type 2 Diabetes-The TODAY clinical trial
http://care.diabetesjournals.org/content/36/6/1758.abstract
The TODAY Study: An NIH Perspective on Its Implications for Research
http://care.diabetesjournals.org/content/36/6/1775.extract

***Journal of Nutrition*, June 2013**
http://jn.nutrition.org/content/current
A Whole-GrainRich Diet Reduces Urinary Excretion of Markers of Protein Catabolism and Gut Microbiota Metabolism in Healthy Men after One Week
http://jn.nutrition.org/content/143/6/766.abstract
Acute Consumption of Walnuts and Walnut Components Differentially Affect Postprandial Lipemia, Endothelial Function, Oxidative Stress, and Cholesterol Efflux in Humans with Mild Hypercholesterolemia
http://jn.nutrition.org/content/143/6/788.abstract
Higher Protein Diets Consumed Ad Libitum Improve Cardiovascular Risk Markers in Children of Overweight Parents from Eight European Countries
http://jn.nutrition.org/content/143/6/810.abstract
Inorganic Nitrate and Beetroot Juice Supplementation Reduces Blood Pressure in Adults: A Systematic Review and Meta-Analysis
http://jn.nutrition.org/content/143/6/818.abstract
Habitual Dietary Isoflavone Intake Is Associated with Decreased C-Reactive Protein Concentrations among Healthy Premenopausal Women

http://jn.nutrition.org/content/143/6/900.abstract
Does Chocolate Consumption Really Boost Nobel Award Chances? The Peril of Over-Interpreting Correlations in Health Studies
http://jn.nutrition.org/content/143/6/931.abstract

***Lancet*, May31, 2013 Online First**
http://www.thelancet.com/journals/lancet/onlinefirst
Pre-eclampsia and the risk of kidney disease
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60741-2/fulltext
Evolving importance of kidney disease: from subspecialty to global health burden
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60439-0/abstract

***Morbidity and Mortality Weekly Report*, May 31, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
World No Tobacco Day May 31, 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6221a1.htm?s_cid=mm6221a1_w
Obesity in K7 Students Anchorage, Alaska, 200304 to 201011 School Years
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6221a4.htm?s_cid=mm6221a4_w
QuickStats: Percentage of Adults Aged 65 Years Who Reported Excellent or Very Good Health, by Selected Race/Ethnicity and Poverty Status National Health Interview Survey, 20092011
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6221a5.htm?s_cid=mm6221a5_w
Surveillance for Certain Health behaviors Among States and Selected Local Areas- United States 2010
http://www.cdc.gov/mmwr/preview/mmwrhtml/ss6201a1.htm?s_cid=ss6201a1_w

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20853-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2184. 05/30/13  ACH Check deposit notification (1 Pages)

**From:** sjackson@eatright.org
**To:** dmartin@burke.k12.ga.us
**Sent Date:** May 30, 2013 17:51:36
**Subject:** 05/30/13  ACH Check deposit notification (1 Pages)
**Attachment:** report.pdf

---

See Attached File

2185. Re: For review: HWCF Press Release

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 30, 2013 17:22:18
**Subject:** Re: For review: HWCF Press Release
**Attachment:**

---

LOL -- too normal!!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On May 30, 2013, at 4:15 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

I am so glad to know that you are normal. I read everything you sent, but could not figure out where I fit in. Thanks for clearing up the mystery.

Sent from my iPhone

On May 30, 2013, at 11:21 AM, Patricia Babjak <PBABJAK@eatright.org> wrote:

Oops, fat finger syndrome --meant to send it to Mary Pat!!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606

Tel:  312/899-4856
E-mail:  pbabjak@eatright.org

Begin forwarded message:

**From:** Patricia Babjak <PBABJAK@eatright.org>
**Date:** May 30, 2013, 7:35:44 AM CDT
**To:** Tom Ryan <Tryan@eatrightorg>, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us>, Mary Beth Whalen <Mwhalen@eatright.org>
**Subject: Fwd: For review: HWCF Press Release**

I asked the question because I wanted to know actual involvement after last week's conversation. Please see the " dialogue" below and amend the release accordingly. Take out my quote;Jeanne is interpreting private public partnerships narrowly, but she's right that some people would question it. Thanks!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL  60606
Tel:  312/899-4856
E-mail:  pbabjak@eatright.org

Begin forwarded message:

**From:** Jeanne Blankenship <JBlankenship@eatright.org>
**Date:** May 30, 2013, 5:44:26 AM CDT
**To:** Mary Pat Raimondi <mraimondi@eatright.org>
**Cc:** Patricia Babjak <PBABJAK@eatright.org>
**Subject: Re: For review: HWCF Press Release**

Yes, I have been involved in collective impact work as well and understand the concept here. I am just pointing out that it is not a public-private partnership example and the quote should be accurate or it makes Pat look like she does not recognize the difference.  If the intent of the press release is to recognize industry and our partners we could strengthen the language.  I don't think when Jessica was asked to write the release that se had a clear understanding of what our angle was-- I say that because the first draft was a mix between the announcement and EB4K which didn't flow.  I think she also didn't have a clear understanding of the target audience so next time I

will be sure that I provide guidance to ask the right questions.

Jeanne

On May 30, 2013, at 6:25 AM, "Mary Pat Raimondi" <mraimondi@eatright.org> wrote:

One of the things all sectors have recognized in the Convergence Project is that when industry makes positive changes it is not recognized. This is an opportunity to do this.

We say we are not influenced by our sponsors but rather we influence them. This would be an example for our members to see this. There will probably skeptics we recognize.

But this is great news...16 companies reduced calories two years earlier than they committed and their reward has been positive with consumers.

This group led by Lisa Gable has forged a true public private arrangement that has worked.

As Tracy Orleans of RWJ has said, this is an incredible feat and we should feel successful in our efforts.

I am fine with whatever words are chosen that gives your message. I can support Jeanne's changes.

-Mary Pat

On May 30, 2013, at 6:08 AM, "Jeanne Blankenship" <JBlankenship@eatright.org> wrote:

Pat,
We all worked on this. But after it was submitted I asked who the 16 companies were and found than three are our sponsors. I am ok with that as long and we are all aware.

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Jeanne

On May 29, 2013, at 11:53 PM, "Patricia Babjak" <PBABJAK@eatright.org> wrote:

Has your feedback been incorporated? Thanks.

Pat

Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

Begin forwarded message:

**From:** Tom Ryan <Tryan@eatright.org>
**Date:** May 29, 2013, 5:39:48 PM CDT
**To:** Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Doris Acosta <dacosta@eatright.org>, Allison MacMunn <amacmunn@eatright.org>
**Subject: For review: HWCF Press Release**

Hi, Pat. Attached is a press release we plan to put out tomorrow on the Academy's reaction to the Healthy Weight Commitment Foundation's scheduled announcement that its 16 participating companies have already surpassed their goal of reducing 1.5 trillion calories sold in the marketplace by 2015. As you know, we have worked with the Academy's DC office on this release; they have approved this text. Could you please review your quote (fifth paragraph) and let us know if it is OK or needs edits? We have also emailed Ethan for his review.

Thanks very much, we'll talk to you soon.

Tom

Tom Ryan

Senior Editorial Manager, Strategic Communications
Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)

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120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995

tryan@eatright.org
phone: 312/899-4894

fax: 312/899-4845
www.eatright.org
www.eatright.org/media
www.kidseatright.org

<Healthy Weight Commitment release 5-29 3.docx>

2186. Showcase your product at the 2013 Member Product MarketPlace!

**From:** Katelyn Wujciga <kwujciga@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** May 30, 2013 16:01:15
**Subject:** Showcase your product at the 2013 Member Product MarketPlace!
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.
Dear Academy Member,

With the 2013 Food &Nutrition Conference &Expo (FNCE) just months away, I invite you to participate in the Member Product MarketPlace (MPMP) at FNCE 2013 in Houston, Texas. I encourage you to check out the **NEW MPMP Prospectus!**

As a member of the Academy of Nutrition and Dietetics, I believe that you give life and meaning to our mission and vision. Through our diverse membership, we are able to provide numerous services to the public. The Member Product MarketPlace is a unique one-day exhibit opportunity for Academy members to showcase their own products at the 2013 Food &Nutrition Conference &Expo  at a fraction of the cost of the Expo Hall.

After last years showcase in Philadelphia, I held a meeting with current MPMP participants to gather feedback for improvements. I have listened to the concerns and this year, we are making significant strides to improve visibility of marketing for this showcase. I am confident this will be a great year for the MarketPlace!

**New Improvements to the MPMP:**
•We are launching our first-ever FNCE app and all MPMP participants will be included in it! Attendees will be able to easily pull up the MPMP floor plan and locate your booth!
•FNCE attendees can accrue CPEU for visiting the showcase. Spread the word!
•This years location is expected to generate great booth traffic as you will be very visible in the hallway, near the Academy pavilion, across from the educational sessions and right by the Sky Bridge Walkway connected to the Headquarter hotel.
•Extended hours so that FNCE attendees can stop by the showcase before and after the Expo Hall.

This truly is your best opportunity to expand your sales base, educate industry leaders on your products, forge quality customer relationships, and meet with thousands of your peers in one place! Now is the time to showcase your product  the 2013 Member Product MarketPlace! The Food &Nutrition Conference &Expo will take place October 19-22, 2013, at the George R. Brown Convention Center. The Member Product MarketPlace will be Sunday, October 20th from 8 a.m. 4 p.m.

**Click here** to view our interactive prospectus and sign up today! Dont hesitate! Booth space is limited and sales have begun!

I look forward to seeing you in Houston!

Sincerely,

Katelyn Wujciga
Exhibits Coordinator
312/899-4890
kwujciga@eatright.org

This FNCE Announcement is a benefit of the Academy of Nutrition and Dietetics.
If you prefer not to receive future FNCE Announcements, simply
follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us** Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2187. RE: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Evelyn Crayton <craytef@aces.edu>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Bier, Dennis M' <dbier@bcm.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Sonja Connor' <connors@ohsu.edu>, 'robert murray' <murraymd@live.com>
**Cc:** Susan Burns <Sburns@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>
**Sent Date:** May 30, 2013 12:47:03
**Subject:** RE: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
**Attachment:** image002.jpg
image003.png

---

Hello Academy Foundation BOD,

Just a friendly reminder to please make your travel arrangements for our upcoming board meeting in Chicago, IL, June 18-19, 2013. If you have any questions or concerns please call me. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

**From:** Linda Hudson
**Sent:** Thursday, April 25, 2013 2:22 PM
**To:** 'kmcclusky@iammorrison.com'; 'TJRaymond@aol.com'; dwheller@mindspring.com; 'Mchrist-

erwin@porternovelli.com'; DMartin@Burke.k12.ga.us; 'Evelyn Crayton'; 'lauraromig@gmail.com'; 'Bier, Dennis M'; 'jean.ragalie@rosedmi.com'; 'Sonja Connor'; 'robert murray'; Patricia Babjak
**Cc:** PTA; Susan Burns; Katie Brown; 'Eddy, Nancy L'; Mary Beth Whalen
**Subject:** ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

Hello Academy Foundation BOD,

You have been approved for travel to the June 2013 Academy of Nutrition and Dietetics Foundation Board of Director's meeting in Chicago, Illinois. The meeting will begin on Tuesday, June 18 at 2:00pm and conclude at 3:00pm on Wednesday, June 19.

**In order for your airfare to be charged to the Academy credit card on file, you must have an active Traveler Profile in *aXiom®,*** the online booking tool for the Academy Travel Desk**.** If you do not wish to create a profile, you will have to book your travel on your own and submit your expenses for reimbursement after the conclusion of our meeting. Please note that a valid Meeting Name and Approval Code (see below) is needed when booking your travel through the Academy Travel Desk.

Meeting Name: **Academy of Nutrition and Dietetics Foundation BOD Meeting**
Meeting Location: **Chicago, IL (venue TBD)**

Dates: **June 18-19, 2013**

Approval Code: **3018205**

If you have never used the Academy Travel Desk, you will have to create a traveler profile in ***aXiom®***, before booking travel online or over the phone. To create a profile in ***aXiom®***, simply follow the instructions below. Once you have set up your traveler profile, you will not have to do so again unless you want to add information or change your password. If you have already created your Traveler Profile, go directly to "Booking Your Travel Online".

**Creating Your Traveler Profile**

1) Go online to: **https://adatvl.axo20.com/**
2) Click on "Begin Booking Travel and Business Services"

*3) Click on "Create a New Account" below the orange "sign in" button and complete the information as requested. For "Security Code" enter in* **193412** *to complete the remainder of the page.*
*4) Activation will be sent to the e-mail address you provided.*

*5) Follow the instructions in the email.*

*6) Login with your e-mail and your password.*

*7) Once you are logged in, complete your profile information.*

***Remember: You must create your traveler profile prior to booking online or via telephone. Once you have set up your traveler profile, you will not have to do so again.***

**Booking Your Travel Online ($13 service fee)**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) Log in to your account using the User ID and Password you created when setting up your profile.*

*3) Search for and select your flights (book "non-refundable" fares only)*

*a. You have the option of searching by "Price" or "Schedule".*
*b. Click on your preferred airline if you only want to view their fares.*

*4) When asked to "Name your trip", you are required to enter the Meeting Name as it appears above.*

*5) When you reach the* ***Purchase Trip*** *page, enter* ***3018205*** *into the* ***Approval Code*** *box in the* ***Reporting Information*** *section.*

*6) When you reach the Payment Options section, be sure to choose the "****Use a Stored Card****" option to ensure your Academy paid travel is billed correctly.*

*7) If you need assistance, call the support team at 800/238-9049, press "1" when prompted. There is no additional charge for technical assistance.*

**Booking Your Travel with an Agent ($23 service fee)**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) For agent assisted booking, call the Academy Travel Desk at 800/238-9049, press "2" when prompted. Please reserve the use of this option to complex domestic or international travel.*
*3) Provide the agent with your Approval Code when requested so that the airfare is charged to the Academy credit card.*

**Booking Outside of the Academy Travel Policy**

In the event your airfare or rail fees exceed the Academy Travel Policy limits and there is a lower logical fare available (similar itinerary to your selection), your proposed travel may be declined. In the event that the trip you selected is declined, you will receive an email instructing you to go back to **https://adatvl.axo20.com/** and rebook at a lower fare.

The traveler will receive an ELECTRONIC TICKET from the Academy Travel Desk as final confirmation that the trip has been approved and ticketed. If the traveler does not receive this document within 72 hours of booking, he/she needs to call the Academy Travel Desk at 800/238-9049 (press "1" when prompted) for assistance. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2188. Fwd: For review: HWCF Press Release

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 30, 2013 11:21:53
**Subject:** Fwd: For review: HWCF Press Release
**Attachment:**

---

Oops, fat finger syndrome --meant to send it to Mary Pat!!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

Begin forwarded message:

**From:** Patricia Babjak <PBABJAK@eatright.org>
**Date:** May 30, 2013, 7:35:44 AM CDT
**To:** Tom Ryan <Tryan@eatright.org>, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us>, Mary Beth Whalen <Mwhalen@eatright.org>
**Subject: Fwd: For review: HWCF Press Release**

I asked the question because I wanted to know actual involvement after last week's conversation. Please see the " dialogue" below and amend the release accordingly. Take out my quote;Jeanne is interpreting private public partnerships narrowly, but she's right that some people would question it. Thanks!

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120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

Begin forwarded message:

**From:** Jeanne Blankenship <JBlankenship@eatright.org>
**Date:** May 30, 2013, 5:44:26 AM CDT
**To:** Mary Pat Raimondi <mraimondi@eatright.org>
**Cc:** Patricia Babjak <PBABJAK@eatright.org>
**Subject: Re: For review: HWCF Press Release**

Yes, I have been involved in collective impact work as well and understand the concept here. I am just pointing out that it is not a public-private partnership example and the quote should be accurate or it makes Pat look like she does not recognize the difference. If the intent of the press release is to recognize industry and our partners we could strengthen the language. I don't think when Jessica was asked to write the release that se had a clear understanding of what our angle was-- I say that because the first draft was a mix between the announcement and EB4K which didn't flow. I think she also didn't have a clear understanding of the target audience so next time I will be sure that I provide guidance to ask the right questions.

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One of the things all sectors have recognized in the Convergence Project is that when industry makes positive changes it is not recognized. This is an opportunity to do this.

We say we are not influenced by our sponsors but rather we influence them. This would be an example for our members to see this. There will probably skeptics we recognize.

But this is great news...16 companies reduced calories two years earlier than they committed and their reward has been positive with consumers.

This group led by Lisa Gable has forged a true public private arrangement that has worked.

As Tracy Orleans of RWJ has said, this is an incredible feat and we should feel successful in our efforts.

I am fine with whatever words are chosen that gives your message. I can support Jeanne's changes.

-Mary Pat

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Pat,
We all worked on this. But after it was submitted I asked who the 16 companies were and found than three are our sponsors. I am ok with that as long and we are all aware.

I also asked who the "public" was in the public-private partnership. When I reviewed the definition of public-private it confirmed that these relationships are between a government or government funded entity and business or industry. Since this is a coalition,, I think you quote needs to change and perhaps use partnerships or another phrase. It would be inaccurate in the quote as written. I am sorry I didn't catch that earlier and ask for it to be changed.
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www.eatright.org
www.eatright.org/media
www.kidseatright.org

<Healthy Weight Commitment release 5-29 3.docx>

2189. Daily News: Thursday, May 30, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 30, 2013 10:51:40
**Subject:** Daily News: Thursday, May 30, 2013
**Attachment:**

---

**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Its Membership Renewal Time! Renew your Academy membership by May 31, 2013** to continue receiving the Daily News and your other favorite member benefits.
To renew online at www.eatright.org, log in and click the Renew Membership link under your name. Or, call the Member Service Center at 800/877-1600, ext. 5000 (Mon  Fri, 8AM  5PM, Central Time) / International callers  312/899-0040, ext. 5000.

**Women Read Food Labels More Than Men**
http://online.wsj.com/article/PR-CO-20130528-907281.html
Source: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(12)02017-5/abstract

**Heart journal retracts Italian meta-analysis used in IOM sodium reduction report**
(A meta-analysis purported to show that low-sodium diets are harmful to patients with heart failure, and cited by the Institute of Medicine (IOM) in its recent report, has been retracted by its journal)
http://www.foodnavigator.com/Science-Nutrition/Heart-journal-retracts-Italian-meta-analysis-used-in-IOM-sodium-reduction-report
Cited: IOM
http://www.iom.edu/Reports/2013/Sodium-Intake-in-Populations-Assessment-of-Evidence.aspx
Related Resource: In Wake of New Report, Academy of Nutrition and Dietetics Reminds Consumers to Follow Dietary Guidelines' Sodium Recommendations
http://www.newswise.com/articles/view/603039/?sc=rsla

**People Lie About Their Health Related Behaviors: Truth in Barcodes**
http://www.sciencedaily.com/releases/2013/05/130529121005.htm

**Study unlocks trigger for late-night snack cravings**
(An evolutionary trait that helped predecessors store energy in times of food scarcity may now be

the driving factor behind obesity, say researchers studying the reason behind late-night snack cravings)
http://www.foodnavigator.com/Science-Nutrition/Study-unlocks-trigger-for-late-night-snack-cravings
Source: *Obesity*
http://onlinelibrary.wiley.com/doi/10.1002/oby.20351/abstract

**U.S. Imports Scarce Nutrition Drugs for Sick Babies**
**Ingredients for intravenous feeding in short supply after company closure, FDA says**
http://consumer.healthday.com/Article.asp?AID=676854

**Weight Loss Might Ease Psoriasis, Study Hints**
http://consumer.healthday.com/Article.asp?AID=676848
Source: *JAMA Dermatology*
Effect of Weight Loss on the Severity of PsoriasisA Randomized Clinical Study
http://archderm.jamanetwork.com/article.aspx?articleid=1690928
JAMA Dermatology-Editorial
"Psoriasis and the obesity epidemic: The effect of weight loss" JAMA Dermatol 2013.
http://archderm.jamanetwork.com/article.aspx?articleid=1690927

**Artificial Sweeteners Affect Metabolism And Insulin Levels**
http://www.medicalnewstoday.com/articles/261179.php
Source: *Diabetes Care*
http://care.diabetesjournals.org/content/early/2013/04/30/dc12-2221.abstract?sid=66b28ebd-80ec-4c2b-a641-c00627be0c9d

**New Tack in Preventing Hospital Infections**
**Germ-Killing Soap-Ointment Treatment for all ICU Patients Shown to Be More Effective Than Isolating Some After Screening**
http://online.wsj.com/article/SB10001424127887324682204578513393292747314.html

**Hot flashes and hormones: A complex issue**
http://www.washingtonpost.com/national/health-science/hot-flashes-and-hormones-a-complex-issue/2013/05/24/fa4d617c-b649-11e2-aa9e-a02b765ff0ea_story.html

**Guarding a Fleet of Cooking Vessels**
(For novices, a pan is a pan, but pay attention to nuances and treat them with kindness)
http://www.nytimes.com/2013/05/30/garden/maintaining-pots-and-pans.html?ref=garden&_r=0
Related Resource: *Food and Nutrition Magazine*
Kitchen Comeback: Cast-Iron Cookware
http://foodandnutritionmagazine.com/kitchen-comeback-cast-iron-cookware

**MedlinePlus: Latest Health News**
-Health Tip: What's Behind Bad Breath?
Limit onions and garlic
-Pesticides again tied to Parkinson's disease
-Patient communication has room to grow: studies
-Bowel Issues Affect 3 Out of 4 Pregnant Women
These problems don't significantly affect quality of life, study says
-Could Statins Raise Diabetes Risk?
Some popular brands associated with high blood sugar levels in study, but odds of problems are low
-C-sections tied to child obesity
-High Cadmium Levels May Raise Risk for Dying From Liver Disease: Study
Tobacco smoke most common source of exposure to heavy metal, researchers add
http://www.nlm.nih.gov/medlineplus/healthnews.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Food Energy Density in Eating Disorders**
http://clinicaltrials.gov/ct2/show/NCT01472237?term=NCT01472237&rank=1

**Registered Dietitians in the News**

**Keeping kosher as we age**
(Toby Smithson, Academy Spokesperson quoted)
http://articles.sun-sentinel.com/2013-05-29/florida-jewish-journal/fl-jjps-kosher-0605-20130529_1_kosher-meals-vitamin-b12-wheels

**Hammond schools staff gets a lesson in good nutrition**
(Cyndie Story, RD &Julie Boettger, RD both quoted)
http://www.nwitimes.com/news/local/lake/hammond/hammond-schools-staff-gets-a-lesson-in-good-nutrition/article_f6f19744-e5c2-5aec-a25b-154b0ec480bc.html

**Excela joins eateries in dining guide**
(Dawn Davoli, RD quoted)
http://www.bizjournals.com/pittsburgh/news/2013/05/29/excela-joins-eateries-in-dining-guide.html

**Flavored water: Healthy or not?**
(Lisa Young, RD featured)
http://www.cbsnews.com/video/watch/?id=50147578n

**As grocers, restaurants bicker, many menus still lack calorie counts**
(Jo Lichten, RD quoted)
http://www.twincities.com/national/ci_23344103/grocers-restaurants-bicker-many-menus-still-lack-calorie

**Why taking vacations is important for your health**
(By Timi Gustafson, RD)
http://www.kentreporter.com/lifestyle/209379981.html

**Zinc and the role it plays in our diet**
(By Victoria Mikhail, Dietitian/Canada)
http://www.windsorstar.com/Zinc+role+plays+diet/8453168/story.html

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**The Academys Position Papers and Practice Papers are available at:**
**http://www.eatright.org/positions/**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20803
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20803-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2190. Fwd: For review: HWCF Press Release

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Tom Ryan <Tryan@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Mary Beth Whalen <Mwhalen@eatright.org>
**Sent Date:** May 30, 2013 08:35:46
**Subject:** Fwd: For review: HWCF Press Release
**Attachment:**

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Patricia M. Babjak
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**To:** Mary Pat Raimondi <mraimondi@eatright.org>
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**Subject: Re: For review: HWCF Press Release**

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This group led by Lisa Gable has forged a true public private arrangement that has worked.

As Tracy Orleans of RWJ has said, this is an incredible feat and we should feel successful in our efforts.

I am fine with whatever words are chosen that gives your message. I can support Jeanne's changes.

-Mary Pat

On May 30, 2013, at 6:08 AM, "Jeanne Blankenship" <JBlankenship@eatright.org> wrote:

Pat,
We all worked on this. But after it was submitted I asked who the 16 companies were and found than three are our sponsors. I am ok with that as long and we are all aware.

I also asked who the "public" was in the public-private partnership. When I reviewed the definition of public-private it confirmed that these relationships are between a government or government funded entity and business or industry. Since this is a coalition,, I think you quote needs to change and perhaps use partnerships or another phrase. It would be inaccurate in the quote as written. I am sorry I didn't catch that earlier and ask for it to be changed.
Jeanne

On May 29, 2013, at 11:53 PM, "Patricia Babjak" <PBABJAK@eatright.org> wrote:

Has your feedback been incorporated? Thanks.

Pat
Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

Begin forwarded message:

**From:** Tom Ryan <Tryan@eatright.org>
**Date:** May 29, 2013, 5:39:48 PM CDT
**To:** Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Doris Acosta <dacosta@eatright.org>, Allison MacMunn <amacmunn@eatright.org>
**Subject: For review: HWCF Press Release**

Hi, Pat. Attached is a press release we plan to put out tomorrow on the Academy's reaction to the Healthy Weight Commitment Foundation's scheduled announcement that its 16 participating companies have already surpassed their goal of reducing 1.5 trillion calories sold in the marketplace by 2015. As you know, we have worked with the Academy's DC office on this release; they have approved this text. Could you please review your quote (fifth paragraph) and let us know if it is OK or needs edits? We have also emailed Ethan for his review.

Thanks very much, we'll talk to you soon.

Tom

Tom Ryan

Senior Editorial Manager, Strategic Communications
Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)

NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.

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www.eatright.org
www.eatright.org/media
www.kidseatright.org

<Healthy Weight Commitment release 5-29 3.docx>

2191. Eat Right Weekly - May 29, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 29, 2013 18:23:20
**Subject:** Eat Right Weekly - May 29, 2013
**Attachment:**

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Eat Right Weekly
May 29, 2013

Manage Subscriptions
QuickLinks

On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Stamp Out Hunger and Ensure Nutrition Education: Have You Done Your Part?

Many nutrition programs that help reduce food insecurity and provide registered dietitian nutritionist-led nutrition education are housed in the Farm Bill, which is being debated on the Senate floor after being passed out of committee. Please take two minutes to participate in the Academy's action alert to help pass this important piece of legislation that also funds agriculture and human nutrition research.

Learn More >>
Funding Alert: Public Health Innovators Should Apply

The Centers for Medicare and Medicaid Services has announced a new funding opportunity for the second round of Health Care Innovation Awards. Up to $1 billion is available for projects that test new payment and service delivery models that provide better health care and lower costs through improved quality for Medicare, Medicaid and Children's Health Insurance Program enrollees.

Learn More >>

Webcast with Free CPE: New Data on Consumer Attitudes Toward Food and Health

New data from the International Food Information Council Foundation's *2012 Food &Health Survey*, which highlights consumers' attitudes and behaviors toward eating healthy and exercising, will be released in a webcast on Thursday, June 7.

Learn More >>
ANDPAC Congressional Support SNAP and SNAP-Ed Funding in Farm Bill

Many members of Congress who are supported by the Academy's Political Action Committee have been active in the debate surrounding the nutrition programs in the Farm Bill.

Learn More >>
Connect with Congress: Tweet Your Senators and Representatives

Make your voice heard on Capitol Hill: Send your members of Congress a tweet.

Learn More >>

## CPE Corner

Summer Webinars

Learn about learning possibilities from the Center for Professional Development.

Learn More >>
Comprehensive Scope of Practice Offers Free CPEU

In the June *Journal of the Academy of Nutrition and Dietetics* supplement, members can read the first "Comprehensive Scope of Practice Resources for the RD or RDN and DTR" and obtain four free CPEUs.

Learn More >>
Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

The Center for Professional Development offers an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

Learn More >>
Free Module on 'Leadership: Organizational Applications'

The Center for Professional Development introduces a new, free online learning module that will demonstrate how registered dietitian nutritionists have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

Learn More >>
Webinar: Nutrition Education in Food Banks

Learn the value of nutrition education in food banks and the potential to change eating behaviors among participants in a free June 26 webinar "Flavorful Pairing: Nutrition Education in Food Banks."

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

FNCE = Positive Return on Investment

Benefit from outcomes-based learning, meet with experts and vendors at the Expo and uncover new research opportunities through scientific posters at the 2013 Food &Nutrition Conference &Expo, October 19 to 22 in Houston.

Learn More >>
Save 10 Percent on May Book of the Month

*The Health Professional's Guide to Food Allergies and Intolerances* by Janice Vickerstaff Joneja, PhD, RD, is a comprehensive guide to the latest science behind food allergies and intolerances and offers practical suggestions for their management. Save 10 percent on this title during May.

Learn More >>
'Integrating RD into Primary Care' Toolkit

Free to Academy members is a new toolkit, "Integrating the RD into Primary Care."

Learn More >>
Standards Regarding Bariatric Surgery Center and Position of Metabolic and Bariatric Coordinator

The American Society for Metabolic and Bariatric Surgery and the American College of Surgeons have formed the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program committee, which released its proposed new Quality Program Standards on December 19, 2012. This proposal was open for member comment through January 15.

Learn More >>

## Academy Member Updates

2013 Academy National Honors and Awards Recipients

In recognition of outstanding service and contributions to the dietetics profession, 20 people have been selected by the Honors Committee and Board of Directors to receive top Academy national honors and awards, to be presented during the 2013 Food &Nutrition Conference &Expo in Houston.

Learn More >>
*Journal* Editor-in-Chief Names Staff

On June 1, Linda Snetselaar, PhD, RDN, LD, will become the sixth editor-in-chief in the 88-year history of the *Journal of the Academy of Nutrition and Dietetics*. She has named several experts from the University of Iowa to assist her.

Learn More >>
Hunger Magazine Photography Contest

Members interested in using their camera's lens to illustrate what hunger means to you are invited to enter a contest sponsored by the renowned photographer Rankin and Heifer International.

Learn More >>

## Philanthropy, Awards and Grants

Make a Difference in Dietetics Profession while Renewing your Academy Dues

*I first started supporting the Academy Foundation after my career was more established since I had been a recipient of an Academy Foundation scholarship and saw it as a way for me to give back.*
- Erica Gradwell, MS, RD

Learn More >>
Iowa Program Receives School Challenge Gold Award

Iowa's Head RD Coach, Kathryn Thompson, RD, LD, helped Anson Elementary School achieve the first HealthierUS School Challenge Gold Award in the nation since new criteria went into effect last July.

Learn More >>
Disaster Relief Fund

The thoughts and prayers of everyone at the Academy of Nutrition and Dietetics and the Academy Foundation are with those who have been affected by the tornado in Oklahoma.

Learn More >>
$35,000 Research Grant Available through Foundation

Are you interested in slowing the progression of obesity in children? A one-year grant of up to $35,000 is available for a research project that explores lifestyle interventions to reduce the risk of childhood obesity. The application deadline is July 1.

Learn More >>
Fuel Up to Play 60 Grant Helps School Get a Cafeteria Re-Style

Students at a Kansas City elementary school now get to enjoy breakfast, lunch and even physical education in a beautifully re-styled multipurpose room, thanks to help from Academy member and RD Coach Diane Besler, RD, LD.

Learn More >>
Kids Eat Right RD Parent Empowerment Project Wraps for This Year

As the 2012-2013 school year ends for seven school and community sites in Chicago, San Francisco, Tennessee, and Washington, D.C., take a look back at all that the project's registered dietitian nutritionists have accomplished through the RD Parent Empowerment Project.

Learn More >>
Making an Impact in Nation's Capital

Thanks to support from Academy members and friends, the Foundation's Grace L. Ostenso Nutrition and Public Policy Fellowship was awarded to Leigh Gantner, PhD, RD, of Syracuse University. This fellowship, funded by the Academy Foundation and administered by The American Association for the Advancement of Science, provides the unique opportunity for an Academy member to make an impact on Capitol Hill. Gantner is working as a staff member for Sen. Kirsten Gillibrand (N.Y.).

Learn More >>
New Issue: *Foundation Matters*

The spring issue of *Foundation Matters*, the newsletter covering current Academy Foundation activities, is available for download.

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2192. 2014 FY FAC program of work

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 28, 2013 15:52:12
**Subject:** 2014 FY FAC program of work
**Attachment:** 2014 FAC program of work.doc

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Donna,

I took a “crack” at the FY14 FAC program of work. We should address this on the first call of the year in June. It would then be provided to the Board during consent. Let me know if there is anything you would like to add or adjust.

Paul

2193. RE: Finance and Audit Committee meeting on Wednesday, May 29th at 1 p.m. CDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, KMcClusky@lammorrison.com <KMcClusky@lammorrison.com>, Elise Smith <easaden@aol.com>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu <kendall@ufl.edu>, mstokes@usj.edu <mstokes@usj.edu>
**Sent Date:** May 28, 2013 14:29:22
**Subject:** RE: Finance and Audit Committee meeting on Wednesday, May 29th at 1 p.m. CDT
**Attachment:**

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All,

I was able to go through the expenses for the Academy and provide a high level breakdown of the variance for each line item. I have updated the e-mail from Thursday to reflect this information. If you have any questions, please let me know.

Paul

**From:** Paul Mifsud
**Sent:** Thursday, May 23, 2013 4:51 PM
**To:** Paul Mifsud; Treasurer ExternalSMTP; 'Donna Martin'; 'dwheller@mindspring.com'; 'GlennaCAC@aol.com'; 'Nancy Lewis'; 'Elaine.molaison@usm.edu'; 'fellerb@auburn.edu'; 'maryetta.moorachian@jwu.edu'; 'Annalynn Skipper'
**Cc:** Jeri Palmer; Joan Schwaba; Patricia Babjak; Maria Juarez; Christian Krapp; Barbara Visocan; Harold Holler; Jeanne Blankenship; Jeri Palmer; Joan Schwaba; Mary Beth Whalen; Mary Pat Raimondi; Patricia Babjak; Richard Newman; Chris Reidy; Ulric Chung; Susan Burns; Alison Steiber; 'KMcClusky@Iammorrison.com'; 'Elise Smith'; 'nwooldridge@peds.uab.edu'; 'kendall@ufl.edu'; 'mstokes@usj.edu'
**Subject:** RE: Finance and Audit Committee meeting on Wednesday, May 29th at 1 p.m. CDT

All,

The final Finance and Audit Committee meeting of FY13 is on Wednesday, May 29th, at 1 p.m. CDT. I can't believe the year is ending. Maria will put onto the portal the information by tomorrow morning. She will provide to you an email when she is done. You will also receive a webinar invitation from Rich Newman. This month will focus on the March final and April preliminary financials. Those of you on the e-mail who are officially joining us for FY14 are invited to attend the call next week. It isn't necessary, but, it may help to provide background information as we move into the new year.

## I. March Changes

There was a change in March. After reviewing the bills, we increased the expenses for the Academy by $25,050 to reflect expenses associated with two areas; National Nutrition month ($12,550) and PPW ($12,500). The PPW expenses were addressed last month in my e-mail. It relates to Audio Visual expenses I didn't get until after our information was provided to you. The National Nutrition Month expenses were from the development of the logo and were also discovered after our close last month. I reopened the books for both.

## II. April Investments and beyond

Our investment portfolios continued their march higher in April, growing by $499,000. This brings our combined, fiscal year to date, increase to nearly $6,149,000. Great news all around. May has

continued the trend through Tuesday. The last two days have not been great. However, through yesterday (Wednesday), the combined portfolios were up another $1,056,000. Today may drive this a little lower, but, being up over a $1,000,000 with 5 trading days to go (not including today) is a good position to be in. So, we are positioned for a positive May. This is great news especially if you compare this to May of 2012 where we saw a decline of over $1,730,000. I hope this does not happened over the next few days!

## III. Academy April Financials (A10)

April, overall, was a down month for the Academy. Expenses were up, over-running the budget by $97,321. We experienced expense over-runs across many financial line items and projects. Most, if not all, are timing issues. The revenues were $44,939 short of budget. We experienced under-runs in Membership Dues, Publications and Materials, Advertising and Other. On the other hand, revenues were over budget in Programs and Meetings, Subscriptions , Grants and Sponsorships.

The investment income of $176,528 did help as it was $67,153 higher than the budget.

Taking a look at the year to date numbers, the Academy currently has an operating deficit of $917,009. This is $330,601 lower (worse) than the budget. The operating gap has grown in April. Even with the over-runs in expenses, they continue to help the organization. Year to date, expenses are now $799,002 below budget. However, it isn't enough to cover the revenue shortfall of $1,129,603.

Even though we are off on the operational side of the equation, the investment income of $2,325,776 more than makes up for it. Year to date, after investments, our total Net Income is $1,408,767. This is $792,050 higher than the budget. So, we are in a strong position to exceed our Net income for the fiscal year.

I know I usually provide a breakdown of the revenue and expense categories. However, I have been a little under the weather and with Memorial Day weekend upon us I have promised my family a visit to the Grandparents. So, I have been able to get the revenue done, but not the expenses. I won't be able to provide those to you until Tuesday of next week. I am sorry for the delay.

The following is a breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area **under budget** by $33,755 in April and is now **under budget** by $319,097 for the year. We continue to experience the phenomena of growing members, but, not meeting the revenue targets. This is due to both the mix of people taking the Career Dues Starter revenue options and the timing of when members renew.

b. **Programs and Meetings** - This area is **over budget** by $8,924 in April and is **under budget** by $979,809 for the year. The over-run in April is all due to higher Professional development revenue.

c. **Publications and Materials** - This area is **under budget** by $22,718 in April and **over budget** by $6,447 for the year. The under-run in April is due to lower NCP/SL sales (down $31.2K), lower traditional publication sales (down $18.7K) and lower List Rental (down $16.1K). These were offset by higher Academy Careers royalties (up $18.6K) and higher Media/Spokespeople mailings (up $22.5K) and all other (up $2.2K).

d. **Subscriptions** - This area is **over budget** by $4,621 in April and is **over budget** by $147,027 for the year. The over-run for April is primarily due to NCM and related products.

e. **Advertising** – This area is **under budget** by $21,250 for the month of April and is under budget by $67,520 for the year. Both under-runs are due to lower revenue for the Food and Nutrition Magazine than planned. It is rising, but, not as fast as we thought.

f. **All grants -** This area was **over budget** by $13,092 in April and is **over budget** by $30,993 for the year. The over run in April is due to higher ConAgra Home Food Safety (up $26.1K) offset by lower Research (down $10.4K) and lower releases for the Carry the Flame project (down $2.6K).

g. **Sponsorships** – This area is **over budget by $9,157** for April and is **over budget by $46,309** for the year. This is higher in April due to the success of the Sponsorship program.

h. **Other** – This area was **under budget** by $3,010 in April and is **over budget** by $6,048 for the year. The under-run in April is due to lower revenue from the member benefit program (down $2.0K) and lower licensing income from publications (down $1.0K).

B. Expenses

a. **Personnel** – This area is **over budget** by $10,111 for April and **over budget** by $21,691 for the year. The over-run in April is due to lower vacancies and lower capitalized personnel than

budgeted.

b. **Publications** – This area is **over budget** by $4,588 for April and **over budget** by $28,494 for the year. This over run in April is primarily due to higher Journal costs (up $8.9K), higher traditional publications costs (up $2.0), and higher costs for Consumer Education materials (up $2.0K), offset by lower Food and Nutrition costs (up $7.8K) and higher across all other projects (up $0.5K).

c. **Travel** – This area was **over budget** by $38,385 for April and **under budget** by $122,051 for the year. The over-run in April is primarily due to higher Governance (up $18.1K), higher Affiliate Training (up $13.0K), higher Nutrition News Forecast (up $11.8K), higher Public Policy (up $1.5K) higher Informatics (up $2.0K) and higher all other (up $2.8K) offset by lower Research travel (down $11.0K)

d. **Professional Fees** - This area was **under budget** by $34,044 for April and is **under budget** by $517,233 for the year. The under-run in April is being driven by lower Research (down $11.7K), lower Journal and Editor Search (down $27.0K), lower Governance (down $5.3K), lower Web (down $7.6K), lower Traditional Publications (down $4.0K), lower Administrative (down $8.1K), lower Public Policy (down $2.8K) and lower List Rental (down $3.5K). These are offset by higher Informatics (up $12.0K), higher brand marketing (up $22.5K) and higher across all other (up $1.5K).

e. **Postage and Mailing Service** – This area is **under budget** by $8,283 in April and **under budget** by $76,234 for the year. This under-run in April is primarily due to lower Membership (down $10.0K), lower Traditional Publications (down $3.0K), lower Research (down $2.0K), lower Administrative (down $2.0K), and lower across all other (down $0.7K). This is offset by higher Food and Nutrition Magazine costs (up $9.4K)

f. **Office Supplies and Equipment** – This area is **under budget** by $7,246 in April and **over budget** by $3,978 for the year. The under-run in April is primarily due to lower Journal and Editor Search costs (down $7.0K) and lower across all other (down $0.2K).

g. **Rent and utilities** - This area is **over budget by $3,227** in April and **over budget by $13,877** for the year. The over-run in April is due to higher utility costs.

h. **Telephone and communications** – This is **over budget** by $4,622 in April and **over budget** by $31,187 for the year. The over-run for April is due to higher Washington and Chicago basic phone costs.

i. **Commissions** – This area is **under budget** by $3,750 in April and **under budget by $14,882** for the year. This is all due to lower advertising for the Food and Nutrition Magazine.

j. **Computer Expenses** – This area is **under budget** by $3,667 for April and **under budget** by $4,939 for the year. The under-run in April is due to lower Web and Web hosting costs.

k. **Advertising and Promotion** – This area is **under budget** by $4,183 for April and **under budget** by $21,428 for the year. The under-run in April is due to lower advertising for Research Publications (down $2.2K) and traditional Publications (down $1.8K).

l. **Insurance** – This area is **over budget** by $2,726 for April and is **over budget** by $723 for the year. The over-run in April is a catch-up for the additional insurance protection purchased by the Academy.

m. **Depreciation** – This area is **over budget** by $7,944 for April and **over budget** by $12,944 for the year. The over-run in April is due to higher costs for the web and infrastructure needs of the Academy.

n. **Bank and trust fees** – This area is **over budget** by $62 for April and **over budget** by $13,526 for the year. The over-run in April is primarily due to additional credit card fees.

o. **Other** – This area is **over budget** by $29,944 for April and **under budget** $13,008 for the year. The over-run in April is primarily due to higher Public Relations (up $14.1K), higher E-learning (up $8.2K), higher Public Policy (up $4.5K), higher Research (up $1.7K), higher Consumer Education (up $1.0K) and higher across all other (up $0.4K).

p. **Expense allocation** – This area is **under budget** by $1,981 for the April because the Registry project supported by CDR under ran its budget. The result is the charge back to CDR was lower this month.

q. **Meeting services** – This area is **over budget** by $56,784 for April and is **under budget** for the year by $237,411. The over-run in April is being driven primarily by the higher Nutrition News forecast costs (over by $26.8K), higher Affiliate training costs (up $19.6K), higher ConAgra Home Food safety costs (up $7.9K), higher governance (up $2.8K) offset by lower across all other programs (up $0.3K).

r. **Legal and Audit** – This area is **under budget** by $755 for April and **over budget** by $3,915 for the year. The under-run in April is all due to lower legal fees.

s. **Printing** – This area is **under budget** by $1,126 for April and is **under budget** by $66,782 for the year. The under-run in April is primarily due to lower expenses for Membership (down $4.3K) and lower Research (down $1.5K). These are offset by higher expenses for Governance (up $3.7K), and higher Public Policy (up $1.0K)

I hope you had a great holiday and we will see you all tomorrow!!

Paul Mifsud

2194. Daily News: Tuesday, May 28, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 28, 2013 11:34:03
**Subject:** Daily News: Tuesday, May 28, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Its Membership Renewal Time! Renew your Academy membership by May 31, 2013**
to continue receiving the *Daily News* and your other favorite member benefits. To renew online at www.eatright.org, log in and click the Renew Membership link under your name. Or, call the Member Service Center at 800/877-1600, ext. 5000 (Mon  Fri, 8AM  5PM, Central Time) / International callers  312/899-0040, ext. 5000.

**Task Force: Screen for Gestational Diabetes After 24 Weeks of Pregnancy**
**Practice would provide a substantial benefit with few risks, experts say**
http://consumer.healthday.com/Article.asp?AID=676681
Source: U.S. Preventive Services Task Force, Draft Recommendation Statement
http://www.uspreventiveservicestaskforce.org/draftrec2.htm

**Fat Talk Compels but Carries a Cost**
(Self-denigrating conversation between women is deeply embedded)
http://wap.nytimes.com/blogs/well/2013/05/27/fat-talk-compels-but-carries-a-cost/?from=health

**Belly Fat Risk in Men Muted by Diet, Workout**
http://www.medpagetoday.com/Endocrinology/Diabetes/39417
Source: *Diabetes Care*
http://care.diabetesjournals.org/content/early/2013/05/20/dc12-2353.abstract

**Many Medical Students Have Anti-Fat Bias, Study Finds**
**That poses a significant barrier to the treatment of obesity, researchers say**
http://consumer.healthday.com/Article.asp?AID=676727
Source: *Journal of Academic Medicine*
http://journals.lww.com/academicmedicine/Abstract/publishahead/Are_Medical_Students_Aware_of_Their_Anti_obesity.99382.aspx

**Common Supplement May Help Patients Fight Heart Failure**
**Coenzyme Q10 appeared to reduce death rates, hospitalizations in study**
(Study presented at the annual meeting of the Heart Failure Association of the European Society of Cardiology)
http://consumer.healthday.com/Article.asp?AID=676719

**Cow's Milk Blamed for Too Many Infant Allergies**
(Parents and doctors may be overly quick to blame cow's milk when infants experience adverse food reactions)
http://online.wsj.com/article/SB10001424127887323336104578503222078032526.html?KEYWORDS=milk
Source: *Arch Dis Child.*
http://www.ncbi.nlm.nih.gov/pubmed/23532494

**One Small Win for Raw Milk**
http://online.wsj.com/article/SB10001424127887324125504578509453007615858.html?mod=health_newsreel
Related Resource: FDA
http://www.fda.gov/Food/ResourcesForYou/consumers/ucm079516.htm

**Ionized, alkalinized water: Don't swallow the hype**
**It's not worth monkeying with your water's pH level, doctor advises**
http://www.chicagotribune.com/health/sc-health-0522-ionized-water-20130522,0,5423394.story

**Study Funded By The United States Potato Board Shows That Potatoes Provide One Of The Best Nutritional Values Per Penny**
http://www.medicalnewstoday.com/releases/261061.php
Source: PLOS One
-Vegetable Cost Metrics Show That Potatoes and Beans Provide Most Nutrients Per Penny
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0063277

**Registered Dietitians in the News**

**Registered dietitians tackle health problems through nutrition**
(Melissa Dobbins, Academy Spokesperson quoted)
http://articles.chicagotribune.com/2013-05-24/classified/chi-dietitian-career-20130524_1_dietitians-dietetics-nutrition

**Food was 'only relationship that mattered'**
(Marsha Hudnall, RD quoted)
http://www.cnn.com/2013/05/24/health/jacki-monaco-weight-loss/index.html?iref=allsearch

**Summer Nutrition**
(By Jamie Sharp, RD)
http://www.wtvy.com/news/headlines/Summer-Nutritioin--208873861.html

**Marshall Diatetics Program accredited in West Virginia**
(Jana Hovland, RD &Kelli Williams, RD both quoted)
http://www.huntingtonnews.net/63451

**Much ado about organics**
**Food scientists and plant biologists know of at least a few ways that organically grown fruits and vegetables can develop more nutrients than conventional food**
(By Carrie Dennett, Academy Member)
http://seattletimes.com/html/health/2021037220_dennettorganicsxml.html

**Dietitians warn that gluten-free diets carry a cost**
(Julie Kennel, RD &Jennifer Burton, RD both quoted)
http://www.dispatch.com/content/stories/local/2013/05/26/your-health/dietitians-warn-that-gluten-free-diets-carry-a-cost.html

**Gluten standards in firing line**
(Georgie Rist &Sue Shepherd, Dietitians/Australia both quoted)
http://www.smh.com.au/lifestyle/diet-and-fitness/gluten-standards-in-firing-line-20130525-2n3re.html

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20731-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2195. Bipartisan Policy Center

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, 'Sonja Connor' <connors@ohsu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>
**Sent Date:** May 28, 2013 09:15:45
**Subject:** Bipartisan Policy Center
**Attachment:** Bipartisan Policy Center Letter to Ms. Babjak re Healthcare Advisory Boa....pdf
About the Bipartisan Policy Center May 2013.pdf

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I am pleased to report that the Academy has received more recognition. I have been asked by the Bipartisan Policy Center (BPC) and members of BPC's CEO Council on Health Innovation to serve as a member of its Healthcare Advisory Board for the Council. Representation on the Healthcare Advisory Board affords the Academy input on innovative strategies to improve health and healthcare within large and medium-sized global and national employer organizations.

The BPC was founded in 2007 by former Senate Majority Leaders Howard Baker, Tom Daschle, Bob Dole, and George Mitchell as a non-profit organization, "that drives principled solutions through rigorous analysis, reasoned negotiation, and respectful dialogue." The Council is comprised of the chairmen and chief executives of some of the nation's largest employers, such as Bank of America, The Coca-Cola Company, The Institute for Advanced Health, McKinsey &Company, Verizon Communications Inc., and Walgreen Co. The invitation letter to serve and an overview of the Bipartisan Policy Center are attached.

The invite indicates the “innovations likely to be explored by the Council include those related to health and wellness, chronic care management, consumer decision support, and delivery system and payment reforms.”

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
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Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

2196. RE: Finance and Audit Committee meeting on Wednesday, May 29th at 1 p.m. CDT

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, KMcClusky@Iammorrison.com <KMcClusky@Iammorrison.com>, Elise Smith <easaden@aol.com>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu <kendall@ufl.edu>, mstokes@usj.edu <mstokes@usj.edu>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** May 24, 2013 16:44:48
**Subject:** RE: Finance and Audit Committee meeting on Wednesday, May 29th at 1 p.m. CDT
**Attachment:** image001.jpg

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All,

The documents for our FAC conference call scheduled May 29, 2013 are loaded into the portal.

Folder name “ May 29, 2013 FAC conference call”.

Please login on the portal using the link *http://ada.portalxm.com* and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2197. Thank You

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, 'Sonja Connor' <connors@ohsu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>
**Sent Date:** May 24, 2013 15:50:44
**Subject:** Thank You
**Attachment:**

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Thank you for your continued support and confidence in me. I am so appreciative of your commitment to the Academy and its future. Your willingness to take risks, make the tough decisions and do whatever it takes to move the profession forward is what inspires me.

We have accomplished a great deal in the past few years and the future is full of more challenges and great promise. Together I know we will find ways to keep positioning our members and this organization exactly where we need to be.

I know there has never been a better time to be a part of the Academy of Nutrition and Dietetics, thanks to leaders like you. I look forward to continuing to serve as your CEO, working side-by-side to achieve all that we can for the profession and the Academy. Thank you very much for your friendship, generosity and support.

With my deepest appreciation,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
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Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
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2198. Daily News & Journal Review: Friday, May 24, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 24, 2013 10:50:36
**Subject:** Daily News & Journal Review: Friday, May 24, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Its Membership Renewal Time!**
**Renew your Academy membership by May 31, 2013** to continue receiving the *Daily News* and your other favorite member benefits. To renew online at www.eatright.org, log in and click the Renew Membership link under your name. Or, call the Member Service Center at 800/877-1600, ext. 5000 (Mon  Fri, 8AM  5PM, Central Time) / International callers  312/899-0040, ext. 5000.

**Diners badly underestimate calories in fast-food meals**
http://www.usatoday.com/story/news/nation/2013/05/23/fast-food-meals-calories/2356215/
Source: *BMJ*
http://www.bmj.com/content/346/bmj.f2907

**Trans Fats Still Sneaking into Food Supply**
http://www.medpagetoday.com/PrimaryCare/DietNutrition/39358
Source: *Preventing Chronic Disease*
http://www.cdc.gov/pcd/issues/2013/12_0198.htm
Related Resource: *Journal of the American Dietetic Association*, April 2010
http://www.journals.elsevierhealth.com/periodicals/yjada/article/S0002-8223(09)02094-X/abstract

**Vitamin C may not treat gout: study**
http://www.reuters.com/article/2013/05/22/us-vitamin-gout-idUSBRE94L15X20130522
Source: *Arthritis &Rheumatism*
http://onlinelibrary.wiley.com/doi/10.1002/art.37925/abstract;jsessionid=50ADB4CC38EEFB93FB090D502D252D21.d03t01

**Less Sodium, Fluids No Help in Acute HF**
(Contrary to conventional wisdom, aggressively restricting fluids and sodium intake in acute decompensated heart failure patients did not improve outcomes, a small randomized trial found)

http://www.medpagetoday.com/Cardiology/CHF/39308
Source: *JAMA Intern Med*
http://archinte.jamanetwork.com/article.aspx?articleid=1689981

**Because of nationwide shortages, infants are not receiving some of the critical nutrients they need to survive.**
http://www.washingtonian.com/articles/people/children-are-dying/
Related Resource: ASPEN
https://www.nutritioncare.org/Professional_Resources/Drug_Shortages_Update/

**Type 2 Diabetes Progresses Faster in Kids, Study Finds**
**High blood pressure, other complications seen in adolescence**
http://consumer.healthday.com/Article.asp?AID=676716

**Institute of Medicine: Kids need daily hour of physical activity, PE should be core subject**
http://www.washingtonpost.com/politics/institute-of-medicine-kids-need-daily-hour-of-physical-activity-and-pe-should-be-core-subject/2013/05/23/be893676-c3b3-11e2-9642-a56177f1cdf7_story.html
Source: IOM
http://www.iom.edu/Reports/2013/Educating-the-Student-Body-Taking-Physical-Activity-and-Physical-Education-to-School.aspx

**Exercise Equivalent of a Cheeseburger?**
**New Research Says Endurance Running May Damage Health**
http://online.wsj.com/article/SB10001424127887323975004578501150442565788.html
Cited: *Mayo Clinic Proceedings*
http://www.mayoclinicproceedings.org/article/S0025-6196(12)00473-9/abstract

**Registered Dietitians in the News**

**Calling all grill masters! Healthy Memorial Day cooking**
(By Constance Brown-Riggs, Academy Spokesperson)
http://thegrio.com/2013/05/24/calling-all-grill-masters-healthy-memorial-day-cooking/

**Healthy Eating: Everyone must watch what they eat**
(By Joan Endyke, RD)
http://www.tauntongazette.com/dining/x83396982/Healthy-Eating-Everyone-must-watch-what-they-eat#axzz2U9Gdajsu

**Summer Grilling: Keeping your BBQ healthy**
(Sarada Bernstein, RD featured)
http://www.cbs6albany.com/news/features/featured/stories/summer-grilling-keeping-your-bbq-

healthy-722.shtml

**How to build a better, healthful hamburger: 6 things to remember**
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/05/how_to_build_a_better_healthier_hamburger_6_things_to_remember.html

**Coconut oil can substitute for butter in some recipes**
(By Michelle Dudash, RD)
http://www.azcentral.com/healthyliving/articles/20130523coconut-oil-substitute-butter-recipes.html

**Today's immigrants face more health problems, shorter life spans than their predecessors**
(By Timi Gustafson RD)
http://www.auburn-reporter.com/lifestyle/208740571.html

**Summertime healthy eating**
(By Sandra Rather, RD)
http://www.wahpetondailynews.com/health/article_2522b640-c3ba-11e2-a563-001a4bcf887a.html

**Journal Review**

***Journal of the Academy of Nutrition and Dietetics,*****June 2013**
Trouble Finding 1993-2011 Issues?
Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011
http://www.andjrnl.org/current
Linda Snetselaar, PhD, RDN, LD, Named Editor-in-Chief
http://www.andjrnl.org/article/S2212-2672(13)00520-0/fulltext
Academy of Nutrition and Dietetics Board of Directors 2013-2014
http://www.andjrnl.org/article/S2212-2672(13)00356-0/fulltext
President's Page**:**CLIMB to the Top
http://www.andjrnl.org/article/S2212-2672(13)00352-3/fulltext
Position of the Academy of Nutrition and Dietetics: Ethical and Legal Issues in Feeding and Hydration
http://www.andjrnl.org/article/S2212-2672(13)00343-2/abstract
MyPlate Is Now Reaching More Consumers through Social Media
http://www.andjrnl.org/article/S2212-2672(13)00466-8/fulltext
More Lit Can Fit: Using Nontraditional Literature in Dietetics Education to Enhance Cultural Competence, Cultural Literacy, and Critical Thinking
http://www.andjrnl.org/article/S2212-2672(13)00131-7/fulltext
Strategies for Addressing the Internship Shortage and Lack of Ethnic Diversity in Dietetics

http://www.andjrnl.org/article/S2212-2672(13)00303-1/fulltext
Weight Management Interventions Targeting Young Women: A Systematic Review
http://www.andjrnl.org/article/S2212-2672(13)00097-X/abstract
Characterization of Dietary Protein among Older Adults in the United States: Amount, Animal Sources, and Meal Patterns
http://www.andjrnl.org/article/S2212-2672(13)00096-8/abstract
The Academy's Modern History:Advancing the Dietetics Profession through the Foundation's Philanthropy
http://www.andjrnl.org/article/S2212-2672(13)00341-9/fulltext
Question of the Month: Diagnosing and Managing Gestational Diabetes: Where Do We Stand?
http://www.andjrnl.org/article/S2212-2672(13)00355-9/fulltext

***Advances in Nutrition*, May, 2013**
http://advances.nutrition.org/content/current
Chronic Illness and Disordered Eating: A Discussion of the Literature
http://advances.nutrition.org/content/4/3/277.abstract
Dietary Fats and Health: Dietary Recommendations in the Context of Scientific Evidence
http://advances.nutrition.org/content/4/3/294.abstract
White Vegetables: A Forgotten Source of Nutrients: Purdue Roundtable Executive Summary
http://advances.nutrition.org/content/4/3/318S.abstract
Carbohydrates, Dietary Fiber, and Resistant Starch in White Vegetables: Links to Health Outcomes
http://advances.nutrition.org/content/4/3/351S.abstract
White Vegetables: Glycemia and Satiety
http://advances.nutrition.org/content/4/3/356S.abstract
Potassium and Health
http://advances.nutrition.org/content/4/3/368S.abstract
Magnesium in Disease Prevention and Overall Health
http://advances.nutrition.org/content/4/3/378S.abstract

***American Journal of Clinical Nutrition,*June 2013**
http://ajcn.nutrition.org/content/current
Management of protein-energy wasting in non-dialysis-dependent chronic kidney disease: reconciling low protein intake with nutritional therapy
http://ajcn.nutrition.org/content/97/6/1163.abstract
Factors predicting overweight in US kindergartners
http://ajcn.nutrition.org/content/97/6/1178.abstract
The obesity paradox in the US population
http://ajcn.nutrition.org/content/97/6/1195.abstract
Effect of cocoa and theobromine consumption on serum HDL-cholesterol concentrations: a randomized controlled trial
http://ajcn.nutrition.org/content/97/6/1201.abstract

Growth and bone health in pediatric intestinal failure patients receiving long-term parenteral nutrition
http://ajcn.nutrition.org/content/97/6/1260.abstract
Consumer attitudes and understanding of low-sodium claims on food: an analysis of healthy and hypertensive individuals
http://ajcn.nutrition.org/content/97/6/1288.abstract
Fish consumption in infancy and development of allergic disease up to age 12 y
http://ajcn.nutrition.org/content/97/6/1324.abstract
Prevalence and predictors of children's dietary supplement use: the 2007 National Health Interview Survey
http://ajcn.nutrition.org/content/97/6/1331.abstract
Nut intake and adiposity: meta-analysis of clinical trials
http://ajcn.nutrition.org/content/97/6/1346.abstract

***American Journal of Lifestyle Medicine,*****May/June 2013**
http://ajl.sagepub.com/content/7/3.toc?etoc
Lutein, Zeaxanthin, and Skin Health
http://ajl.sagepub.com/content/7/3/182.abstract
An Overview of the Complexities in Obesity
http://ajl.sagepub.com/content/7/3/192.abstract

***Annals of Nutrition and Metabolism,*****May 2013, Supplement 2**
http://www.karger.com/Journal/Issue/259857
Mediterranean Foods on Health and Disease
Mediterranean Foods on Health and Disease World Forum for Nutrition Research Conference.

***Asia Pacific Allergy*****, April 2013**
http://apallergy.org/index.php?body=current
Overview of atopic dermatitis
http://apallergy.org/DOIx.php?id=10.5415/apallergy.2013.3.2.79
What's new in the diagnosis and management of food allergy in children?
http://apallergy.org/DOIx.php?id=10.5415/apallergy.2013.3.2.88

***Environmental Nutrition*****, June 2013**
http://www.environmentalnutrition.com/
(Scroll down to abstract)
-Strike An Energy Balancing Act
-Eat Right to Fight Cancer
-Posting Calories at Restaurants Found Successful
-Nightshade Vegetables and Mulberry Leaf
-Pick Seeds for Good Flavor and Health

***Infant, Child &Adolescent Nutrition*, June 2013**

http://can.sagepub.com/content/5/3.toc

How Can Global Rates of Exclusive Breastfeeding for the First 6 Months Be Enhanced?

http://can.sagepub.com/content/5/3/133.abstract

Responses of Youth With Diabetes and Their Parents to the Youth Eating Perceptions Survey

What Helps Kids With Diabetes Eat Better?

http://can.sagepub.com/content/5/3/141.abstract

School Gardens

Growing and Eating ABCs (Asparagus, Broccoli, and Cauliflower)

http://can.sagepub.com/content/5/3/154.extract

Malnutrition in Congenital Heart Disease

Management to Improve Outcomes

http://can.sagepub.com/content/5/3/170.abstract

***Journal of the American Medical Association*, May 22, 2013**

http://jama.jamanetwork.com/issue.aspx?journalid=67&issueid=927025&direction=P

Early Parenteral Nutrition in Critically Ill Patients With Short-term Relative Contraindications to Early Enteral Nutrition

http://jama.jamanetwork.com/article.aspx?articleid=1689534

Management of Active Crohn Disease

http://jama.jamanetwork.com/article.aspx?articleid=1690713

Letters: Residual Gastric Volume and Risk of Ventilator-Associated Pneumonia

http://jama.jamanetwork.com/article.aspx?articleid=1690685

***JAMA Internal Medicine, May 20, 2013***

http://archinte.jamanetwork.com/issue.aspx

Failure to Engage Hospitalized Elderly Patients and Their Families in Advance Care Planning

http://archinte.jamanetwork.com/article.aspx?articleid=1673746

Availability of Potassium on the Nutrition Facts Panel of US Packaged Foods

http://archinte.jamanetwork.com/article.aspx?articleid=1656546

***JAMA Internal Medicine, May 20, 2013*- OnLine First**

http://archinte.jamanetwork.com/onlineFirst.aspx

Aggressive Fluid and Sodium Restriction in Acute Decompensated Heart Failure

http://archinte.jamanetwork.com/article.aspx?articleid=1689981

***Journal of Culinary Science &Technology*, June, 2013**

http://www.tandfonline.com/toc/wcsc20/current

Replacing Sugar in Ice Cream: Fruit Up® as a Substitute

http://www.tandfonline.com/doi/full/10.1080/15428052.2013.769865

Emotions and Food Consumption (Macronutrient) in a Foodservice College SettingA Mixed

Methods Study
http://www.tandfonline.com/doi/full/10.1080/15428052.2013.769870

***Journal of Women's Health*,May 2013**
http://online.liebertpub.com/toc/jwh/22/5
Cholesterol Screening for Women: Who Is At-Risk?
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4074
Positive Association Between 25-Hydroxyvitamin D and C-Reactive Protein is Confounded by Hormonal Contraceptive Use
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4046
Breastfeeding Status and Maternal Cardiovascular Variables Across the Postpartum
http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.3981

***Lancet,*May 25, 2013**
http://www.thelancet.com/journals/lancet/issue/current
Effect of inadequate iodine status in UK pregnant women on cognitive outcomes in their children: results from the Avon Longitudinal Study of Parents and Children (ALSPAC)
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60436-5/fulltext
Individualised treatment targets for elderly patients with type 2 diabetes using vildagliptin add-on or lone therapy (INTERVAL): a 24 week, randomised, double-blind, placebo-controlled study
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60995-2/fulltext
Salt: friend or foe?
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61104-6/fulltext

***Morbidity and Mortality Weekly Report*, May 24, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
QuickStats: Percentage of Daily Calories Consumed from Fast Food* Among Adults Aged 20 Years, by Age Group  National Health and Nutrition Examination Survey, United States, 20032006 and 20072010
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6220a7.htm?s_cid=mm6220a7_w

***New England Journal of Medicine*, May 23, 2013**
http://www.nejm.org/toc/nejm/368/21
Mechanisms of Acute Coronary Syndromes and Their Implications for Therapy
http://www.nejm.org/doi/full/10.1056/NEJMra1216063

***Nutrition Action Health Letter,*May 2013**
http://www.cspinet.org/nah/
Antibiotic Resistance Wasting a precious life saver
http://www.cspinet.org/nah/pdfs/article-ABR.pdf
(Subscription required)
-Mediterranean Mix-Up: What a new study did and didnt find

***Nutrition Bulletin*, June 2013**

http://onlinelibrary.wiley.com/doi/10.1111/nbu.2013.38.issue-2/issuetoc

Fish in the diet: A review

http://onlinelibrary.wiley.com/doi/10.1111/nbu.12021/abstract

Micronutrient challenges across the age spectrum: Is there a role for red meat?

http://onlinelibrary.wiley.com/doi/10.1111/nbu.12000/abstract

Is poor diet linked to the development of allergies in children?

http://onlinelibrary.wiley.com/doi/10.1111/nbu.12024/abstract

Chewing on the fat: Could a change to dietary recommendations boost heart health?

http://onlinelibrary.wiley.com/doi/10.1111/nbu.12026/abstract

Vitamin $D_2$ vs. vitamin $D_3$: Are they one and the same?

http://onlinelibrary.wiley.com/doi/10.1111/nbu.12029/abstract

***Nutrition Research*, May 16, 2013- Online First**

http://www.sciencedirect.com/science/journal/aip/02715317

Dairy calcium decreases adiposity, plasma leptin, and glucose in obese postmenopausal women

http://www.sciencedirect.com/science/article/pii/S027153171300081X

Acute and chronic caffeine administration increases physical activity in sedentary adults

http://www.sciencedirect.com/science/article/pii/S0271531713000766

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**The Academys Position Papers and Practice Papers are available at: http://www.eatright.org/positions/**

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20690
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20690-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2199. RE: Finance and Audit Committee meeting on Wednesday, May 29th at 1 p.m. CDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, KMcClusky@lammorrison.com <KMcClusky@lammorrison.com>, Elise Smith <easaden@aol.com>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu <kendall@ufl.edu>, mstokes@usj.edu <mstokes@usj.edu>
**Sent Date:** May 23, 2013 17:50:41
**Subject:** RE: Finance and Audit Committee meeting on Wednesday, May 29th at 1 p.m. CDT
**Attachment:**

---

All,

The final Finance and Audit Committee meeting of FY13 is on Wednesday, May 29th, at 1 p.m. CDT. I can't believe the year is ending. Maria will put onto the portal the information by tomorrow morning. She will provide to you an email when she is done. You will also receive a webinar invitation from Rich Newman. This month will focus on the March final and April preliminary financials. Those of you on the e-mail who are officially joining us for FY14 are invited to attend the call next week. It isn't necessary, but, it may help to provide background information as we move into the new year.

## I. March Changes

There was a change in March. After reviewing the bills, we increased the expenses for the Academy by $25,050 to reflect expenses associated with two areas; National Nutrition month ($12,550) and PPW ($12,500). The PPW expenses were addressed last month in my e-mail. It relates to Audio Visual expenses I didn't get until after our information was provided to you. The National Nutrition Month expenses were from the development of the logo and were also discovered after our close last month. I reopened the books for both.

## II. April Investments and beyond

Our investment portfolios continued their march higher in April, growing by $499,000. This brings our combined, fiscal year to date, increase to nearly $6,149,000. Great news all around. May has continued the trend through Tuesday. The last two days have not been great. However, through yesterday (Wednesday), the combined portfolios were up another $1,056,000. Today may drive this a little lower, but, being up over a $1,000,000 with 5 trading days to go (not including today) is a good position to be in. So, we are positioned for a positive May. This is great news especially if you compare this to May of 2012 where we saw a decline of over $1,730,000. I hope this does not happened over the next few days!

## III. Academy April Financials (A10)

April, overall, was a down month for the Academy. Expenses were up, over-running the budget by $97,321. We experienced expense over-runs across many financial line items and projects. Most, if not all, are timing issues. The revenues were $44,939 short of budget. We experienced under-runs in Membership Dues, Publications and Materials, Advertising and Other. On the other hand, revenues were over budget in Programs and Meetings, Subscriptions , Grants and Sponsorships.

The investment income of $176,528 did help as it was $67,153 higher than the budget.

Taking a look at the year to date numbers, the Academy currently has an operating deficit of $917,009. This is $330,601 lower (worse) than the budget. The operating gap has grown in April. Even with the over-runs in expenses, they continue to help the organization. Year to date, expenses are now $799,002 below budget. However, it isn't enough to cover the revenue shortfall of $1,129,603.

Even though we are off on the operational side of the equation, the investment income of $2,325,776 more than makes up for it. Year to date, after investments, our total Net Income is $1,408,767. This is $792,050 higher than the budget. So, we are in a strong position to exceed our Net income for the fiscal year.

I know I usually provide a breakdown of the revenue and expense categories. However, I have been a little under the weather and with Memorial Day weekend upon us I have promised my family a visit to the Grandparents. So, I have been able to get the revenue done, but not the expenses. I won't be able to provide those to you until Tuesday of next week. I am sorry for the delay.

The following is a breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area **under budget** by $33,755 in April and is now **under budget** by $319,097 for the year. We continue to experience the phenomena of growing members, but, not meeting the revenue targets. This is due to both the mix of people taking the Career Dues Starter revenue options and the timing of when members renew.

b. **Programs and Meetings** - This area is **over budget** by $8,924 in April and is **under budget** by $979,809 for the year. The over-run in April is all due to higher Professional development revenue.

c. **Publications and Materials** - This area is **under budget** by $22,718 in April and **over budget** by $6,447 for the year. The under-run in April is due to lower NCP/SL sales (down $31.2K), lower traditional publication sales (down $18.7K) and lower List Rental (down $16.1K). These were offset by higher Academy Careers royalties (up $18.6K) and higher Media/Spokespeople mailings (up $22.5K) and all other (up $2.2K).

d. **Subscriptions** - This area is **over budget** by $4,621 in April and is **over budget** by $147,027 for the year. The over-run for April is primarily due to NCM and related products.

e. **Advertising** – This area is **under budget** by $21,250 for the month of April and is under budget by $67,520 for the year. Both under-runs are due to lower revenue for the Food and Nutrition Magazine than planned. It is rising, but, not as fast as we thought.

f. **All grants -** This area was **over budget** by $13,092 in April and is **over budget** by $30,993 for the year. The over run in April is due to higher ConAgra Home Food Safety (up $26.1K) offset

by lower Research (down $10.4K) and lower releases for the Carry the Flame project (down $2.6K).

g. **Sponsorships** – This area is **over budget by $9,157** for April and is **over budget by $46,309** for the year. This is higher in April due to the success of the Sponsorship program.

h. **Other** – This area was **under budget** by $3,010 in April and is **over budget** by $6,048 for the year. The under-run in April is due to lower revenue from the member benefit program (down $2.0K) and lower licensing income from publications (down $1.0K).

B. Expenses

TBD

I hope everyone has a safe holiday weekend. Please look out for Maria's e-mail to let you know the information is on the portal. Also, watch for my e-mail to finish up the expense portion of this email on Tuesday.

Paul Mifsud

2200. 05/23/13  ACH Check deposit notification (1 Pages)

**From:** sjackson@eatright.org
**To:** dmartin@burke.k12.ga.us
**Sent Date:** May 23, 2013 16:41:56
**Subject:** 05/23/13  ACH Check deposit notification (1 Pages)
**Attachment:** report.pdf

---

See Attached File

2201. Congratulations on your appointment!

**From:** President <President@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** May 23, 2013 13:53:35
**Subject:** Congratulations on your appointment!
**Attachment:** image001.jpg
image004.jpg
image005.jpg
Strategic Plan (10-12).pdf

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May 23, 2013

Donna S Martin, RD, LD

Burke County Board Of Ed

789 Burke Veterans Parkway

Waynesboro GA 30830

DMartin@Burke.k12.ga.us

Dear Donna:

Congratulations on your appointment as **Chair** of the **Finance and Audit Committee** for the 2013-2014 program year of the Board of Directors (BOD). Your appointment is for 2 years. Your commitment to the Academy supports empowering members to be the nation's food and nutrition leaders! Academy successes are directly related to the contributions of member leaders like you, who are willing to contribute your time and expertise.

The Finance and Audit Committee will begin the process of identifying goals which will be done in conjunction with your staff partner. Please refer to the Academy's Strategic Plan as a guide for setting committee goals for the coming program year (copy attached).

The members of the committee are:

•Donna S Martin RD, LD, Chair
•Kathleen W McClusky MS, RD, FADA, Foundation Chair
•Sonja L Connor MS, RD, LD, President-elect
•Elise A Smith MA, RD, LD, Speaker-elect
•Anne Kendall PhD, RD, LDN, ACEND Representative
•Nancy H Wooldridge MS, RD, LD, CDR Representative
•Robin B Fellers PhD, RD, LD, HOD Representative
•D Milton Stokes PhD, MPH, RD, CDN, HOD Representative
•Paul Mifsud, Staff

Your staff partner and the Board of Directors (Academy on-line directory: http://www.eatright.org/members/leadershipdirectory.aspx) are ready to provide support to you as you assume your role as the Chair.

Thank you for agreeing to accept the responsibility of being a part of the leadership for the Board of Directors and Academy.  Should you have any questions or ideas related to your appointment, please feel free to contact me (glenna@glennamccollum.com or 602/770-0772).

Sincerely,

Glenna R. McCollum, DMOL, MPH, RD

President, Academy of Nutrition and Dietetics

2013-2014

Attachment:  Strategic Plan

2202. 2013 Academy National Honors and Awards Recipients

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, 'Sonja Connor' <connors@ohsu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>
**Sent Date:** May 23, 2013 13:51:21
**Subject:** 2013 Academy National Honors and Awards Recipients
**Attachment:**

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All Academy national honors and awards recipients have now been contacted, so please feel free to offer your congratulations. The list of recipients follows.

**Marjorie Hulsizer Copher Award:**

Sachiko T. St. Jeor, PhD, RD, FADA

**Lenna Frances Cooper Memorial Lecture (presented at FNCE 2014):**

Jane Andrews, MS, RD

**Honorary Membership:**

Louis J. Aronne, MD

Janey Knight Thornton, PhD, SNS

**Medallion Awards:**

Suzanne C. Cryst, RD, CSG, LD

Constance B. Diekman, MEd, RD, LD, FADA

Dayle M. Hayes, MS, RD, LD

Mildred K. Mattfeldt-Beman, PhD, RD, LD

Mary K. Molt, PhD, RD, LD

Nora K. Nyland, PhD, RD, CD

Dianne Kammerer Polly, JD, MS, RD, LDN

Jamie S. Stang, PhD, MPH, RD

**Media Excellence Award:**

Sarah-Jane Bedwell, RD, LDN

**Excellence in Practice Awards:**

***Clinical Practice***

Patricia Queen Samour, MMSc, RD, LDN

***Community Dietetics***

Nancy M. Copperman, MS, RD, CDN

***Consultation and Business Practice***

Joan V.C. Hill, RD, CDE, LDN

***Dietetic Education***

Jean A. Anderson, MS, RD, LD

***Dietetic Research***

Kendra K. Kattelmann, PhD, RDN, LN

***Dietetic Technician, Registered***

Audrey A. Morgan, DTR

***Management Practice***

Julie A. Grim, MPH, RD, LD

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

2203. Agenda for next week

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 23, 2013 13:18:37
**Subject:** Agenda for next week
**Attachment:** May 2013 agenda.doc

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Mary,

Donna,

Here is the agenda for next week.  I raise it because one of the last items is a farewell to the current committee.  I have you both on the agenda.  It can be kind of like a transition of power.

Let me know if this, or anything else on the agenda, will be a problem.

Paul

2204. Daily News: Thursday, May 23, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 23, 2013 11:21:11
**Subject:** Daily News: Thursday, May 23, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Overeating Learned in Infancy, Study Suggests**
http://www.sciencedaily.com/releases/2013/05/130522131236.htm
Source: *Pediatric Obesity*
http://onlinelibrary.wiley.com/doi/10.1111/j.2047-6310.2013.00155.x/abstract;jsessionid=518DE27B5982A86B67FD93677B4E32A2.d04t04

**Too Few Kids Use Fast-Food Calorie Info, Study Finds**
**Girls and obese children are likelier to take advantage of this knowledge**
http://consumer.healthday.com/Article.asp?AID=676592
Source: *Journal of Public Health*
http://jpubhealth.oxfordjournals.org/content/early/2013/05/08/pubmed.fdt049.abstract?sid=ca879ec2-2c0e-480a-a2bc-34212af81a92

**Rethinking treatment goals improves results for 'untreatable' anorexics**
http://medicalxpress.com/news/2013-05-rethinking-treatment-goals-results-untreatable.html
Source: *Psychological Medicine*
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8909962

**Do diet changes help ADHD children?**
**Eliminating food coloring, additives and allergens from the menu was once dismissed by experts. Now the idea is getting a second look from parents and research scientists.**
http://www.chicagotribune.com/health/sc-health-0522-food-dyes-behavior-20130522,0,7686078.story

**Compound In Mediterranean Diet Makes Cancer Cells 'Mortal'**
http://www.medicalnewstoday.com/releases/260826.php

Source: *PNAS*
http://www.pnas.org/content/early/2013/05/17/1303726110.abstract

**Fish Oil Pills Might Cut Diabetes Risk, Researchers Say**
**Higher blood levels of a beneficial hormone seen in those who took the omega-3 supplements**
(Study scheduled for publication in the *Journal of Clinical Endocrinology &Metabolism*)
http://consumer.healthday.com/Article.asp?AID=676638

**Calcium Supplements Linked to Longer Lifespans in Women**
(Taking a calcium supplement of up to 1,000 mg per day can help women live longer, according to study scheduled for publication in the *Journal of Clinical Endocrinology &Metabolism*)
http://www.sciencedaily.com/releases/2013/05/130522130958.htm
Related Resources: *Annals of Internal Medicine, May 7, 2013*
(scroll down for articles cited below)
-Vitamin D and Calcium Supplementation to Prevent Fractures in Adults: U.S. Preventive Services Task Force Recommendation Statement
-Editorial: To Supplement or Not to Supplement
-Summary for Patients
http://annals.org/issue.aspx?journalid=90&issueID=926882&direction=P

**Senate votes to make small cut to food stamps**
http://www.seattlepi.com/news/politics/article/Senate-votes-to-make-small-cut-to-food-stamps-4532258.php
Related Resource: *Amber Waves*
http://www.ers.usda.gov/amber-waves/2013-february/analysis-of-those-leaving-usda%E2%80%99s-supplemental-nutrition-assistance-program-reveals-the-program%E2%80%99s-effectiveness.aspx#.USu3jFd2v4Y

**Big Pharma's Real Roots**
(Tracing the history of plants as palliatives and prescriptions while making clear their use is not a thing of the past)
http://online.wsj.com/article/SB10001424127887324787004578495302381920808.html?mod=WSJ_LifeStyle_Lifestyle_5
Related Resource: *Journal of the Academy of Nutrition and Dietetics*
-DrugNutrient Interactions: A Broad View with Implications for Practice
http://www.andjrnl.org/article/S0002-8223(11)01544-6/abstract

**National Restaurant Association show: Samples, swag draw thousands**
http://articles.chicagotribune.com/2013-05-21/features/ct-dining-2013-restaurant-association-show_1_national-restaurant-association-show-vienna-beef-hotel-motel-show

**MedlinePlus: Latest Health News**
-Catching Cancer Early
-Abused Children at Risk for Obesity as Adults: Study
They are 36 percent more likely to struggle with weight later in life, researchers report
-American Cancer Society Celebrates 100 Years of Progress
One million cancer deaths avoided since 1990s, group says
http://www.nlm.nih.gov/medlineplus/healthnews.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Nutritional Intervention Program in Malnourished Patients Admitted for Heart Failure (PICNIC)**
http://clinicaltrials.gov/ct2/show/NCT01472237?term=NCT01472237&rank=1

**Registered Dietitians in the News**

**Delicious ways to add more veggies to your Memorial Day cookout**
(Judy Caplan, Academy Spokesperson quoted)
http://www.metro.us/newyork/lifestyle/food/2013/05/22/how-to-add-more-veggies-to-your-memorial-day-cookout/

**A newsmaker you should know: Nutritionist uses rock music to deliver healthy message**
(Jill Jayne, RD quoted)
http://www.post-gazette.com/stories/local/neighborhoods-east/a-newsmaker-you-should-know-nutritionist-uses-rock-music-to-deliver-healthy-message-688785/

**Tips for healthy snacking**
(Cynthia Chandler, RD quoted)
http://www.courier-journal.com/apps/pbcs.dll/article?AID=/201305221345/FEATURES03/305240021&nclick_check=1

**Specialized testing lets Indy 500 driver Tony Kanann know how to refuel during race**
(Lindsay Langford, RD quoted)
http://www.indystar.com/article/20130522/LIFE02/305220093/Specialized-testing-lets-Indy-500-driver-Tony-Kanann-know-how-refuel-during-race

**How To Make Healthier BBQ: The Dr's Secret Recipe**
(Katie Boles, RD featured)
http://www.digtriad.com/2wantstoknow/article/285555/443/How-To-Make-Healthier-BBQ-The-Drs-Secret-Recipe

**OFA and local food In Ontario budget**
(Kathryne Forsyth, Dietitian/ Canada quoted)
http://www.thepost.on.ca/2013/05/22/ofa-and-local-food-in-ontario-budget

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20661-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2205. Post-Test

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 22, 2013 22:53:10
**Subject:** Post-Test
**Attachment:** image001.png
Childhood post test WITH answers and sources November FINAL.doc

---

Hi Donna, here is the post-test. Thanks.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

2206. SNS Annual Conference

**From:** Karen Lechowich <KLechowich@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 22, 2013 18:25:36
**Subject:** SNS Annual Conference
**Attachment:**

---

Hi Donna, just sent an email off to SNS about registering you for their conference. I will need to know when you plan to arrive and depart so I can make your hotel reservation. The conference is from July 14-17, 2013 in Kansas City. Let me know if you have other questions at this time.

Karen

Karen Lechowich MBA, RD

Executive Administrator

Diversity, Alliances &International Relations

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312-899-4775

KLechowich@eatright.org

2207. Eat Right Weekly - May 22, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 22, 2013 14:20:30
**Subject:** Eat Right Weekly - May 22, 2013
**Attachment:**

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Eat Right Weekly
May 22, 2013

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CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Help Support Strong Nutrition Programs in the Farm Bill

Last week, the Senate and House Agriculture Committees passed their respective versions of the Farm Bill, which includes programs that feed millions of Americans and employ thousands of registered dietitian nutritionists across the country. Please take action to support this important piece of legislation.

Learn More >>
Academy Urges FDA to Reject Petition to Alter Standard of Identity of Milk

The Academy has submitted comments to the Food and Drug Administration requesting the agency deny a petition to amend the standard of identify of milk and milk products submitted by the International Dairy Foods Association and the National Milk Producers Federation. The Academy will monitor the status of this rule and provide information as the final decision is made in the coming months.

Learn More >>
CDC Finds Racial, Ethnic Disparities in Hypertension

The Centers for Disease Control and Prevention has released a report that supports well-documented racial and ethnic disparities among people with hypertension. The report, "Racial/Ethnic Disparities in the Awareness, Treatment and Control of Hypertension - United States, 2003-2010," is an important resource for Academy members working with patients with cardiovascular disease.

Learn More >>
Summer Program Reduces Hunger in Communities When School is Out

The Summer Food Service Program can help communities address child hunger even after school doors close for the year.

Learn More >>

## CPE Corner

Summer Webinars

Learn about learning possibilities from the Center for Professional Development.

Learn More >>
Free Webinar on Access to Healthy Foods at Food Banks

In a new, free webinar on May 28, members can learn about the obstacles food banks face in distributing healthy foods for families; see examples of improvements food banks are making across the country; and learn specific ways you can help support healthy foods in food banks.

Learn More >>
Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

For FNCE 2013: "*Do. See. Learn.*" Contest

This year's Food &Nutrition Conference &Expo is all about turning insights into action.

Learn More >>
Brush Up On Skills, Knowledge and Earn CPE

Whether you're looking to get ahead in your professional position or are considering a new area of specialty, the Academy's Professional Skills Review can help.

Learn More >>
New Home Food Safety Summertime Resources

The Home Food Safety program - a collaboration between the Academy and ConAgra Foods - raises consumers' awareness about the serious issue of foodborne illness and provides solutions for easily and safely handling food in the kitchen, at the grill and more.

Learn More >>
New *Pediatric Nutrition Care Manual* Content

The Academy's Internet-based *Sports Nutrition Care Manual* has new and updated content. *SNCM* contains all the features members value in other NCM products, including direct links to references, calculators, patient handouts, facility pages and a new Formulary Database for sports products.

Learn More >>
Save 10 Percent on May Book of the Month

*The Health Professional's Guide to Food Allergies and Intolerances* by Janice Vickerstaff Joneja, PhD, RD, is a comprehensive guide to the latest science behind food allergies and intolerances and offers practical suggestions for their management. Save 10 percent on this title during May.

Learn More >>
Access Hot New *Journal* Research Before It Goes to Press

Don't want to wait for the *Journal* to arrive in your mail or email?

Learn More >>
New Integrating RD into Primary Care Toolkit

Free to Academy members is a new toolkit, "Integrating the RD into Primary Care."

Learn More >>
Pressure Ulcer Prevention and Treatment Reference Guide

The National Pressure Ulcer Advisory Panel announced that the *2009 NPUAP/EPUAP Pressure Ulcer Prevention &Treatment Quick Reference Guide* is now available as a mobile app for both Apple and Android devices.

Learn More >>

## Academy Member Updates

Oklahoma Tornado Disaster Assistance

Everyone affected by the recent tornado in Oklahoma is in the thoughts and prayers of the entire Academy of Nutrition and Dietetics. Members are encouraged to contribute to the Foundation's Disaster Relief Fund. And the Academy offers resources for consumers and health professionals - before, during and after a disaster.

Learn More >>
Academy Co-Hosts Washington Post's Future of Food Conference

For the second consecutive year, the Academy co-hosted the *Washington Post*'s "Future of Food" forum May 22 in Washington, D.C. President Ethan A. Bergman, PhD, RDN, CD, FADA, made opening remarks at the conference, which was attended by approximately 150 leaders (including Academy members) in the fields of food, nutrition, science, education and industry.

Learn More >>
Partnership to Improve Food Security Announces $100,000 Grant Program

A partnership of the Academy, the National Dairy Council and Feeding America has announced a new grant program designed to increase the availability of nutritious, safe and affordable foods across the country.

Learn More >>

## Philanthropy, Awards and Grants

Due Friday: Kids Eat Right "Healthy Eating. From the Ground Up." Mini-Grant Opportunity

To support the use of the new Kids Eat Right toolkit "Healthy Eating. From the Ground Up." 50 $200 grants are available. Recipients of the mini-grants agree to give two presentations from the new Healthy Eating toolkit for elementary students, teens and/or parents between June 3 and August 2.

Learn More >>
Congratulations to ConAgra Foods Foundation Nutrition Education Research Fellow

Academy member Jenica Abram, MPH, RDN, LDN, has been named the ConAgra Food Foundation Nutrition Education Research Fellow. The Fellowship supports a one-year, full-time position to complete the development and validation of a checklist tool that identifies the strongest evidence-based qualities incorporated into successful nutrition education programs.

Learn More >>
Make a Difference While Renewing Your Membership

*I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.*
- Patricia A. Obayashi, MS, RD, CDE

Learn More >>
Making an Impact in Nation's Capital

Thanks to support from Academy members and friends, the Foundation's Grace L. Ostenso Nutrition and Public Policy Fellowship was awarded to Leigh Gantner, PhD, RD, of Syracuse University. This fellowship, funded by the Academy Foundation and administered by The American Association for the Advancement of Science, provides the unique opportunity for an Academy member to make an impact on Capitol Hill. Gantner is working as a staff member for Sen. Kirsten Gillibrand (N.Y.).

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2208. RE: Annual Nutrition Conference

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** May 22, 2013 12:09:40
**Subject:** RE: Annual Nutrition Conference
**Attachment:** image001.jpg

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Hi Donna –
School Nutrition Association has invited Academy leaders to their conference at the recent Food Management meeting in Chicago. Karen Lechowich will register you to secure the complimentary registration. There is no formal presentation, we ask that you network and provide us with a brief summary of any issues that the Academy needs to be aware of, using the online reporting form. The preliminary program for the conference can be viewed at http://epub.knepperpress.com/publication/?i=146477 . Karen will check with you on your travel dates and will make your hotel reservations. You may make your flight arrangements by visiting https://adatvl.axo20.com/ to select your flights; please enter 1032430 for the approval code.

Thank you for representing the Academy!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, May 22, 2013 8:20 AM
**To:** Joan Schwaba
**Subject:** Annual Nutrition Conference

Joan,  I am not sure who is handling this, but I am supposed to be going to the Annual Nutrition Conference as the Academy's representative.  This is the School Nutrition Association's annual meeting.  Do you know if the registration is comped for the Academy or if I need to register?  Can you also find out about a code for booking my flight?  Sorry to bother you.  Thanks so much.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2209. Daily News: Wednesday, May 22, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 22, 2013 10:54:08
**Subject:** Daily News: Wednesday, May 22, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Americans Still Making Unhealthy Choices: CDC**
**High rates of obesity, heavy drinking, smoking and inactivity reported, but most people getting enough sleep**
http://consumer.healthday.com/Article.asp?AID=676590
Source: CDCscroll down to access Health Behaviors of Adults: United States, 20082010
http://www.cdc.gov/nchs/

**People choose larger portions of healthy' foods**
http://www.reuters.com/article/2013/05/21/us-choose-larger-portions-of-healthy-foo-idUSBRE94K13820130521
Source: *International Journal of Obesity*
http://www.nature.com/ijo/journal/vaop/naam/abs/ijo201369a.html

**Mediterranean Diet Better Than Low-Fat Diet in Keeping Aging Brains Sharp**
http://healthland.time.com/2013/05/21/mediterranean-diet-better-than-low-fat-diet-in-keeping-aging-brains-sharp/
Source: *Journal of Neurology, Neurosurgery and Psychiatry*
http://jnnp.bmj.com/content/early/2013/04/19/jnnp-2012-304792.abstract

**'Psychiatric bible' tackles grief, binge eating, drinking**
http://www.cnn.com/2013/05/21/health/dsm-changes/index.html?hpt=he_c2

**Popping pacifier into parent's mouth to clean it beneficial to baby, study claims**
**But critics contend that oral bacteria could increase the risk of cavities or infectious diseases**
http://www.chicagotribune.com/health/ct-x-cleaning-baby-pacifier-0522-20130522,0,26310.story

**USDA/Economic Research Service: Charts of Note**
**Seasonal dips in ground beef prices lower the cost of Memorial Day burgers**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=37604&ref=collection

**Why we marinate**
**It's about imparting flavor, not tenderizing, and there are a gazillion ways to do it**
http://www.chicagotribune.com/features/food/sc-food-0517-prep-marinades-20130522,0,6923795.story

**Apps to Make Sure You Don't Forget the Eggs**
http://online.wsj.com/article/SB10001424127887324787004578497134076534410.html
Related Resource: Pocket Supermarket Guide, Fourth Edition
https://www.eatright.org/Shop/Product.aspx?id=6442473967

**Registered Dietitians in the News**

**Four ways to slow down and let summer linger**
(Ruth Frechman, Academy Spokesperson quoted)
http://www.chicagotribune.com/features/life/sc-fam-0521-lazy-summer-20130521,0,3229587.story

**Limiting certain carbs may help ease irritable bowel syndrome**
(By Kate Scarlata, RD)
http://www.chicagotribune.com/health/sns-201305210000--tms--premhnstr--k-h20130522-20130522,0,3699301.story

**Healthy dinner parties show you dont have to binge to celebrate**
(Sarah Waybright, RD quoted)
http://www.washingtonpost.com/lifestyle/wellness/healthy-dinner-parties-show-you-dont-have-to-binge-to-celebrate/2013/05/21/e239d794-a822-11e2-b029-8fb7e977ef71_story.html

**Exercising right just as vital as nutrition**
(By Kathy Warwick, RD)
http://www.clarionledger.com/article/20130521/COL0803/305210006/Exercising-right-just-vital-nutrition

**Nutrition: Remember these tips when barbecuing**
(By Mia Gibson, RD)
http://www.oaoa.com/people/food/nutrition_know_how/article_0e381da6-c281-11e2-95fe-0019bb30f31a.html

**Food Pro Offers Tips to Save on Groceries**
(Mary Meck Higgins, RD quoted)
http://www.gardneredge.com/news/2013/05/21/7091-food-pro-offers-tips-to-save-on-groceries

**Dietitians Dish: May is Digestive Diseases Awareness Month**
(By Elizabeth Sommerfeld, RD)
http://www.victoriaadvocate.com/news/2013/may/21/gl_dietitian_dish_052213_209191/?business&local-business

**Limit sugary, high-fat snacks**
(Alyssa Rider, RD quoted)
http://globegazette.com/features/limit-sugary-high-fat-snacks/article_a22f796e-c268-11e2-93b5-001a4bcf887a.html

**Practical Nutrition: A lighter, healthier potato salad**
(By Mary-Jo Sawyer, RD)
http://www.timesdispatch.com/entertainment-life/food-dining/article_1bc0e586-f76a-5fd1-a7ab-18811155ea0d.html

**Iodine deficiency during pregnancy could adversely affect childrens mental development**
(Sarah Bath, Dietitian/UK quoted)
http://www.thejournal.ie/iodine-deficiency-during-pregnancy-could-adversley-affect-children%E2%80%99s-mental-development-919382-May2013/

**Quote of the Week**
**I attribute my success to this: I never gave or took any excuse.**
**-Florence Nightingale**

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**nutrition leaders.**
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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20603-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2210. Free 1.0 CPEU Live webinar May 28: Point A to Point Be: Improving Access to Healthy Foods in Food Banks

**From:** KidsEatRight <KidsEatRight@eatright.org>

**To:** Linda Hudson <lhudson@eatright.org>, patbebo@yahoo.com <patbebo@yahoo.com>, leila.h.babb@gmail.com <leila.h.babb@gmail.com>, kimberlydeverteuil@gmail.com <kimberlydeverteuil@gmail.com>, karen@diabeteskare.net <karen@diabeteskare.net>, lemmoed@umdnj.edu <lemmoed@umdnj.edu>, ashleybr@baylorhealth.edu <ashleybr@baylorhealth.edu>, cpenwell@prha.mb.ca <cpenwell@prha.mb.ca>, bdemars@dmc.org <bdemars@dmc.org>, ljctasaki@hawaii.rr.com <ljctasaki@hawaii.rr.com>, nicolehull83@gmail.com <nicolehull83@gmail.com>, dkustera@yahoo.com <dkustera@yahoo.com>, leeannm@sbcglobal.net <leeannm@sbcglobal.net>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, kelly.saunders@childrensal.org <kelly.saunders@childrensal.org>, tonjact@gmail.com <tonjact@gmail.com>, cynthia.ervin@dhhs.nc.gov <cynthia.ervin@dhhs.nc.gov>, mjackson6@iuhealth.org <mjackson6@iuhealth.org>, ashley.davis@odh.ohio.gov <ashley.davis@odh.ohio.gov>, csconner50@yahoo.com <csconner50@yahoo.com>, shaug@winonahealth.org <shaug@winonahealth.org>, karen@diabeteskare.net <karen@diabeteskare.net>, stickney@rochester.rr.com <stickney@rochester.rr.com>, mbradshaw@freshideasfood.com <mbradshaw@freshideasfood.com>, iphone_test@webex.com <iphone_test@webex.com>, suewulf@bellsouth.net <suewulf@bellsouth.net>, ms.mdcooper@yahoo.com <ms.mdcooper@yahoo.com>, kortniek@gmail.com <kortniek@gmail.com>, heidihetzler@uri.edu <heidihetzler@uri.edu>, jgassman@fhn.org <jgassman@fhn.org>, marlene.tutt@sdsheriff.org <marlene.tutt@sdsheriff.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, heather.mathur@albertahealthservices.ca <heather.mathur@albertahealthservices.ca>, laura.neubauer-cheng@avera.org <laura.neubauer-cheng@avera.org>, rmyrowitz@gbmc.org <rmyrowitz@gbmc.org>, kdrmjenn@msn.com <kdrmjenn@msn.com>, deb.ewen@yahoo.com <deb.ewen@yahoo.com>, lwilley@dickinsonisd.org <lwilley@dickinsonisd.org>, maxinemontague@hotmail.com <maxinemontague@hotmail.com>, dmwalker58@hotmail.com <dmwalker58@hotmail.com>, melaniefasolo@yahoo.com <melaniefasolo@yahoo.com>, meagan.rothschild@yahoo.com <meagan.rothschild@yahoo.com>, pabernathy@dom.edu <pabernathy@dom.edu>, all.lukas@gmail.com <all.lukas@gmail.com>,

rita0506@hotmail.com <rita0506@hotmail.com>, aprilrd82501@comcast.net <aprilrd82501@comcast.net>, twhary@christianacare.org <twhary@christianacare.org>, mena.forrester@fairfaxcounty.gov <mena.forrester@fairfaxcounty.gov>, doris.biersdorf@svh-mt.org <doris.biersdorf@svh-mt.org>, justine808@msn.com <justine808@msn.com>, kathleen.weber@spectrumhealth.org <kathleen.weber@spectrumhealth.org>, cdalton@bloomu.edu <cdalton@bloomu.edu>, kjohnson8@escambia.k12.fl.us <kjohnson8@escambia.k12.fl.us>, kitchenc@gmail.com <kitchenc@gmail.com>, sarah.church@compass-usa.com <sarah.church@compass-usa.com>, christy.wells@arkansas.gov <christy.wells@arkansas.gov>, karen.heher@orlandohealth.com <karen.heher@orlandohealth.com>, dwarren@communityservices.us <dwarren@communityservices.us>, teblu1@gmail.com <teblu1@gmail.com>, londonh10@gmail.com <londonh10@gmail.com>, ptrigg@childcarenassau.org <ptrigg@childcarenassau.org>, jkosior@comhs.org <jkosior@comhs.org>, heather.wilson2@goldenliving.com <heather.wilson2@goldenliving.com>, cheryl.metheny@illinois.gov <cheryl.metheny@illinois.gov>, iphone_test@webex.com <iphone_test@webex.com>, eharris@telamon.org <eharris@telamon.org>, s-robinson@tamu.edu <s-robinson@tamu.edu>, larissal17@gmail.com <larissal17@gmail.com>, skauffman1@iuhealth.org <skauffman1@iuhealth.org>, rmyrowitz@gbmc.org <rmyrowitz@gbmc.org>, nicolettesneddon@gmail.com <nicolettesneddon@gmail.com>, anne-tabor@uiowa.edu <anne-tabor@uiowa.edu>, mahoney.sherry@mayo.edu <mahoney.sherry@mayo.edu>, freddy.branham@freshfromflorida.com <freddy.branham@freshfromflorida.com>, nicolehull83@gmail.com <nicolehull83@gmail.com>, lindsey_benucci@bshsi.org <lindsey_benucci@bshsi.org>, brittany.lightsey@gmail.com <brittany.lightsey@gmail.com>, rbeav71@yahoo.com <rbeav71@yahoo.com>, mlecount@iuhealth.org <mlecount@iuhealth.org>, jkosior@comhs.org <jkosior@comhs.org>, amsweeney@fcsp.edu <amsweeney@fcsp.edu>, aviscuso@svhs.org <aviscuso@svhs.org>, natalie.partridge@ars.usda.gov <natalie.partridge@ars.usda.gov>, schmitt-elizabeth@aramark.com <schmitt-elizabeth@aramark.com>, emweaver@stvincent.org <emweaver@stvincent.org>, hey_c@milfordschools.org <hey_c@milfordschools.org>, tsmithson@lakecountyil.gov <tsmithson@lakecountyil.gov>, iphone_test@webex.com <iphone_test@webex.com>, ivonne.anglero@upr.edu <ivonne.anglero@upr.edu>, pdenton@iuhealth.org <pdenton@iuhealth.org>, rdld@isualum.com <rdld@isualum.com>, woolfnonie@yahoo.com <woolfnonie@yahoo.com>, poolej@aetna.com <poolej@aetna.com>, candaceabenson@yahoo.com

<candaceabenson@yahoo.com>, adiblasio@tampabay.rr.com <adiblasio@tampabay.rr.com>, martinj1073@gmail.com <martinj1073@gmail.com>, zenaida.rosanes@memorialhermann.org <zenaida.rosanes@memorialhermann.org>, morton-laura@aramark.com <morton-laura@aramark.com>, mspicer@fsu.edu <mspicer@fsu.edu>, freddy.branham@freshfromflorida.com <freddy.branham@freshfromflorida.com>

**Sent Date:** May 21, 2013 17:19:18

**Subject:** Free 1.0 CPEU Live webinar May 28: Point A to Point Be: Improving Access to Healthy Foods in Food Banks

**Attachment:**

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**Free 1.0 CPEU Live Webinar for Academy Members:**

**Point A to Point B: Improving Access to Healthy Foods in Food Banks**

**Join us for a Webinar on May 28, 2013**

**1-2pm Central Standard Time** (11am-12pm PST, 12-1pm MST, 2-3pm EST)

**Register here:**
https://eatright.webex.com/eatright/j.php?ED=205266092&RG=1&UID=0&RT=MiM3
Once the host approves your request, you will receive a confirmation email with instructions for joining the meeting.
Learn the obstacles Food Banks face to distribute healthy foods for families and see examples of improvements Food Banks are making across the country. Learn specific ways you can help support healthy foods in Food Banks.

This webinar is part of a webinar series by the Academy of Nutrition and Dietetics Foundation and Kids Eat Right as part of the Future of Food project. It is planned with Feeding America through an educational grant from the National Dairy Council.

**For more information about the webinar and to view previous Future of Food webinar recordings, please visit www.eatright.org/foundation/kidseatright.**

2211. RE: BOD Evaluation

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 21, 2013 13:01:15
**Subject:** RE: BOD Evaluation
**Attachment:**

---

Thank you, Donna.
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, May 21, 2013 11:58 AM
**To:** Joan Schwaba
**Subject:** RE: BOD Evaluation

Here it is. Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Joan Schwaba <JSchwaba@eatright.org> 5/21/2013 12:50 PM >>>
Hi Donna -

The evaluation is attached. Sorry for the frustration - I know, there are soooo many documents!

Take care.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, May 21, 2013 11:43 AM
**To:** Joan Schwaba
**Subject:** BOD Evaluation

Joan,  I give up!  Would you please email me the BOD evaluation form?  I cannot find it in my packet or online, so I surrender.  At least I thought to do it before you emailed me.  Small consolation I know.  Miss you already!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education

789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2212. RE: BOD Evaluation

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 21, 2013 12:50:23
**Subject:** RE: BOD Evaluation
**Attachment:** 2013 May Board Meeting Evaluation Form.doc

---

Hi Donna –

The evaluation is attached. Sorry for the frustration – I know, there are soooo many documents!

Take care.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, May 21, 2013 11:43 AM
**To:** Joan Schwaba
**Subject:** BOD Evaluation

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Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2213. Win a Free Registration to FNCE!

**From:** Academy of Nutrition and Dietetics <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** May 21, 2013 12:33:25
**Subject:** Win a Free Registration to FNCE!
**Attachment:**

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**DO. SEE. LEARN. Contest**

This years Food &Nutrition Conference &Expo is all about turning insights into action. To honor this theme, were offering members this exclusive contest opportunity to win free registration to FNCE  plus a free registration for a qualifying friend or colleague!

**Learn more or enter here**

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2214. Daily News: Tuesday, May 21, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 21, 2013 11:02:48
**Subject:** Daily News: Tuesday, May 21, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Medical Home Transition Long but Worth It**
http://www.medpagetoday.com/Washington-Watch/Reform/39288
Related Resource: Integrating the Registered Dietitian (RD) into Primary Care - Comprehensive Primary Care Initiative (CPCI) Toolkit
https://www.eatright.org/shop/product.aspx?id=6442476253

**Age Amplifies Damage From Obesity, Study Finds**
**By 50, arteries stiffen, increasing risk of death from heart disease, researchers say**
http://www.nlm.nih.gov/medlineplus/news/fullstory_136956.html
Source: *Hypertension*
http://hyper.ahajournals.org/content/61/6/1322.abstract

**Losing Weight May Ease Chronic Heartburn**
**Study found shedding pounds reduced GERD symptoms among overweight, obese patients**
(Presented at the Digestive Disease Week annual meeting)
http://consumer.healthday.com/Article.asp?AID=676553

**Frugality out: Restaurant sales at all-time highs**
http://www.usatoday.com/story/money/business/2013/05/18/americans-sick-of-frugality/2193931/

**Baseball's Greatest Metabolism**
**Historically Skinny White Sox Ace Chris Sale Eats and Eats and Eats Without Gaining Any Weight**
http://online.wsj.com/article/SB10001424127887324102604578495373194720956.html?mod=googlenews_wsj

Related Resource: SCAN DPG Fact Sheets
http://www.scandpg.org/sports-nutrition/sports-nutrition-fact-sheets/

**Health sites too complex, full of cliches: study**
(Despite good intentions, many experts may be creating educational
materials that are too difficult for patients and their families to grasp)
http://www.chicagotribune.com/health/sns-rt-us-health-sitesbre94j0so-20130520,0,5661405.story
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1689983
Related Resource: *Journal of the Academy of Nutrition and Dietetics*, February 2012.
-Nutrition and Health Literacy: A Systematic Review to Inform Nutrition Research and Practice
http://www.andjrnl.org/article/S0002-8223(11)01508-2/abstract

**Registered Dietitians in the News**

**Calling All Grill Masters: Is It Done Yet?**
(Heather Mangieri., Academy Spokesperson quoted)
http://online.wsj.com/article/PR-CO-20130520-908415.html

**Healthbeat: Oral health and nutrition**
(By Pam Stuppy, RD)
http://www.seacoastonline.com/articles/20130519-LIFE-305190314

**5 tips for diet-friendly dining out**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/05/21/5-tips-for-diet-friendly-dining-out/

**Meet your new diet buddy: your smartphone**
(Bonnie DuBoff, RD &Heather Sylvester, RD both quoted)
http://www.dailyrecord.com/article/20130520/NJLIFE04/305200039/A-healthy-appetite-apps-Use-your-smartphone-help-lose-weight

**5 biggest mistakes people make with food and exercise**
(By Cynthia Sass, RD)
http://www.foxnews.com/health/2013/05/21/5-biggest-mistakes-people-make-with-food-and-exercise/

**Food as medicine: Four nutrients to boost in your diet for optimal health**
(By Jeanine Stice, RD)
http://www.statesmanjournal.com/article/20130521/LIFE/305210002/Food-medicine-Four-nutrients-boost-your-diet-optimal-health

**10 ways ... to choose healthy snacks on the go**
(Anna Busenburg, RD quoted)
http://www.jconline.com/article/20130520/LIFE/305200017/10-ways-choose-healthy-snacks-go

**To use sunscreen or let the sun shine on your bare skin?**
(Kristen Mannix, RD quoted)
http://timesleader.com/news/features/524747/Here-are-some-expert-opinions

**Vitamin D supplements could help Crohns patients fight fatigue, improve quality of life**
(Tara Raftery, Dietitian/Ireland quoted)
http://www.foxnews.com/health/2013/05/20/vitamin-d-supplements-could-help-crohns-patients-fight-fatigue-improve-quality/

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20569
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20569-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2215. Take Action to Support Food, Nutrition and Agriculture Programs

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, 'Sonja Connor' <connors@ohsu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
**Sent Date:** May 20, 2013 17:36:04
**Subject:** Take Action to Support Food, Nutrition and Agriculture Programs
**Attachment:** image001.gif
image002.png
image004.jpg

---

Correspondence from Mary Pat Raimondi follows.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

Hello Board members:

Below is the Action Alert and information sent on Friday to LPPC and ANDPAC.  Any help you can do is appreciated.  I am finding doing personal reach outs is getting some action.  Using your position on the Board will show the Senate the importance of this bill is for our members.

Jenn has gotten some wonderful response and thank you emails from Senate staff on our work.

Mary Pat

**Mary Pat Raimondi, MS RD**
**Vice President, Strategic Policy and Partnerships**

**Academy of Nutrition and Dietetics (formerly the American Dietetic Association)**

**1120 Connecticut Avenue NW- Suite 480**

**Washington, DC 20036**

**phone: 312.899.1731 (new direct line)**

**fax: 202.775.8284**

**mraimondi@eatright.org**

Sent to LPPC and ANDPAC

Hello!

We are asking for your help on getting members to respond.  It will go out soon and the urgency cannot be stressed enough.

Once you receive the Action Alert can you forward it to your colleagues, members that were in your college class, mentors, friends, coworkers, your DPG listserv, your affiliate leaders and any

member that you ever met.

Seriously, viral marketing is a proven successful method...evidenced based.

Many, many thanks!

-Mary Pat

_____

Sent to PPCs-Affiliate and DPGs

Dear Public Policy Leader:

As you know, the Farm Bill is moving … and it is moving quickly. Both the House and Senate have passed their versions of the Farm Bill out of committee. The Senate is scheduled to take up debate on the floor of the Senate next Monday, May 20.

We are asking members to “Take Action” by communicating with their Senators, and we will be sending out an action alert TOMORROW, May 17.

**As the policy leaders for your affiliate or DPG, we ask that you assist us with mobilizing our members on this important effort.**

After the action alert goes out tomorrow, please **send a message** to your affiliate or DPG members asking them to participate in the action alert.

Your assistance in passing along this information to Academy members is a vital link in the communication pathway – **thank you for your leadership**!

Very best,

**Mary Pat Raimondi, MS RD**

Vice President, Strategic Policy &Partnerships

Academy of Nutrition and Dietetics

**Jennifer Noll Folliard MPH, RD**
Director, USDA Legislation and Policy
Academy of Nutrition and Dietetics

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**From:** President
**Sent:** Friday, May 17, 2013 12:27 PM
**To:** Mary Pat Raimondi
**Subject:** Take Action to Support Food, Nutrition and Agriculture Programs

Having trouble viewing this email? View it in your browser.

Action Alert

**May 17, 2013**

**Please take two minutes to send your Senators an email urging them to support important food, nutrition and agriculture programs.**

The Senate has passed a bipartisan Farm Bill out of the Agriculture Committee, and the bill is headed to the Senate floor for debate and final vote. This critical piece of legislation determines not only what farmers grow, but what is available in the United States' food supply. The Farm Bill addresses food insecurity through a variety of food assistance programs and provides many jobs for registered dietitian nutritionists working in community nutrition. As registered dietitian nutritionists, we are inherently entrenched in every aspect of the food supply, from what is planted to what is consumed by our fellow Americans. We are leaders in the nation's efforts for better health, through improved nutrition, and we need to have our voices heard on this important farm and food bill.

We need you to tell Congress how important these food, agriculture and nutrition programs are to you and for our country. Would you take two minutes and send an email to your Senators using the **Grassroots Manager**?

Many thanks, in advance, for your efforts!

Ethan A. Bergman, PhD, RDN, CD, FADA
President, 2012-2013

Action Alerts are sent to you as member of the Academy of Nutrition and Dietetics.

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2216. Paperless Fee Notice Option For 2013-2014 Registration Maintenance Fee

**From:** Commission on Dietetic Registration <enovak@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** May 20, 2013 14:37:56
**Subject:** Paperless Fee Notice Option For 2013-2014 Registration Maintenance Fee
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.
Paperless fee notice option for 2013-2014 registration maintenance fee
This email is to invite you to participate in the Commission on Dietetic Registration (CDR) **paperless** registration maintenance fee notification option.

Instead of receiving your CDR registration maintenance fee notice through the mail, you will receive a series of email notifications from mid-June to March 31, 2014, or until your CDR fee is paid. (If you select the paperless option, it is extremely important that you have and maintain a primary email address on your CDR record and make sure that you do not have a firewall that will block blast emails from eatright.org.)

For more information regarding the paperless option, visit http://cdrnet.org/dates-regdates/paperless

If this option is not selected, your CDR registration maintenance fee notice will continue to be mailed.

Beginning the week of June 17th you will be able pay your 2013/2014 registration maintenance fee online by logging into your CDR record at http://cdrnet.org/dates-regdates The annual CDR fee is $60 and the payment due date is August 31, 2013.

*(Those RDs and DTRs whose 5-year recertification cycle ending May 31, 2013, will not be billed until their Step 4-Professional Development Portfolio (PDP) Activity Log has been approved.)*

Please call CDR at 800-877-1600, ext. 5500 (8am to 5pm/CT), if you have any questions.

Thank you.
You are currently subscribed to receive CDR Renewal Reminders from the
Commission on Dietetic Registration. If you prefer not to receive future
e-mails, simply follow this link to unsubscribe.
You are currently subscribed as: **DMartin@burke.k12.ga.us**

2217. Daily News: Monday, May 20, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 20, 2013 11:03:27
**Subject:** Daily News: Monday, May 20, 2013
**Attachment:**

---

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Its Membership Renewal Time!**
**Renew your Academy membership by May 31, 2013**tocontinue receiving the *Daily News* and your other favorite member benefits.
To renew online at www.eatright.org, log in and click the Renew Membership link under your name. Or, call the Member Service Center at 800/877-1600, ext. 5000 (Mon  Fri, 8AM  5PM, Central Time) / International callers  312/899-0040, ext. 5000.

**Vitamin D Status Predicts Hip Fracture Risk**
http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/39225
Source: *Journal of Clinical Endocrinology &Metabolism*
http://jcem.endojournals.org/content/early/2013/05/15/jc.2013-1468.short
Related Resource: Office of Dietary Supplement
http://ods.od.nih.gov/factsheets/list-all/VitaminD/

**ADHD in Kids Tied to Adult Obesity**
http://www.medpagetoday.com/Pediatrics/ADHD-ADD/39246
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/05/15/peds.2012-0540.abstract

**Many Fronts in Fighting Obesity**
http://well.blogs.nytimes.com/2013/05/20/many-fronts-in-fighting-obesity/?ref=health
Related Resource:Weight Management Resources
https://www.eatright.org/shop/categories.aspx?id=254

**The Health Toll of Immigration**
http://www.nytimes.com/2013/05/19/health/the-health-toll-of-immigration.html?ref=health&_r=0

**Navajo Confront an Increase in New H.I.V. Infections**
http://www.nytimes.com/2013/05/20/us/navajo-confront-increase-in-new-hiv-infections.html?ref=health
Related Resource: EAL HIV/AIDS Evidence-Based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=4248

**Seasoning May Cut Salt Needs in Hypertension**
(Presented at the American Society of Hypertension (ASH) meeting)
http://www.medpagetoday.com/MeetingCoverage/ASH/39242

**Bus drivers top obese workers list; doctors tip lighter**
http://www.usatoday.com/story/money/business/2013/05/19/bus-drivers-most-obese-workers/2194005/
Source: Gallup-Healthways Well-Being Index
http://www.well-beingindex.com/

**What do we eat? New food map will tell us**
http://www.foxnews.com/health/2013/05/20/what-do-eat-new-food-map-will-tell-us/

**Study: Fewer Nevada kindergartners are overweight**
http://www.sfgate.com/news/article/Study-Fewer-Nevada-kindergartners-are-overweight-4522765.php
Source: Nevada Institute for Children's Research and Policy
http://nic.unlv.edu/
Related Resource: Kids Eat Right
http://www.eatright.org/kids/

**Going gluten-free more common, but not necessarily easier**
http://www.latimes.com/health/la-he-gluten-free-20130518,0,5338117.story
Related Resource *Easy Gluten-Free: Expert Nutrition Advice with More than 100 Recipes*
https://www.eatright.org/shop/product.aspx?id=6442459392

**Despite study, some universities cater to gluten-free needs**
http://www.usatoday.com/story/news/health/2013/05/16/universities-gluten-free-needs/2167061/

**Money-saving tips to stretch the shelf life of your food**
http://www.foxnews.com/health/2013/05/20/money-saving-tips-to-help-stretch-shelf-life-your-food/?intcmp=HPBucket
Related Resource: Home Food Safety
http://homefoodsafety.org/

**Registered Dietitians in the News**

**How not to gain too much pregnancy weight**
(Melinda Johnson, Academy Spokesperson quoted)
http://www.foxnews.com/health/2013/05/19/how-not-to-gain-too-much-pregnancy-weight/

**A Diet to Get Swimsuit Ready**
(Marisa Moore, Academy Spokesperson featured)
http://ozarksfirst.com/fulltext?nxd_id=809672

**Dietitian dishes on nutrition**
(Leah McGrath, RD quoted)
http://www.citizen-times.com/article/20130519/LIVING/305190042/WEAPON-OF-MASSNUTRITION?odyssey=tab%7Cmostpopular%7Ctext%7CFRONTPAGE&nclick_check=1

**Baltimore health experts share their picks for best fitness apps [Pictures]**
(Adina Fradkin, RD; Alison Massey, RD and Rachel Zavala, RD all quoted)
http://www.chicagotribune.com/health/bal-baltimore-health-experts-share-their-picks-for-the-best-getit-apps-20130515,0,3987369.photogallery

**As grocers, restaurants bicker, many menus still lack calorie counts**
(Jo Lichten, RD quoted)
http://articles.orlandosentinel.com/2013-05-19/business/os-menu-labeling-holdup-20130519_1_calorie-counts-grocers-erik-lieberman

**Make Each Day Mediterranean**
(By*Jen Haugen, RD)*
http://www.kaaltv.com/article/stories/S3032719.shtml?cat=11985

**Most restaurant food has too many calories, studies find**
(By TimiGustafson, RD)
http://www.auburn-reporter.com/lifestyle/207774311.html

**Walking the walk to test the best pedometers**
(Ashley Charlebois, dietitian/Canada quoted)
http://bc.ctvnews.ca/walking-the-walk-to-test-the-best-pedometers-1.793748

**Dietitian Tania Ferraretto warns brides-to-be of risks to drastic slimming down**
(Tania Ferraretto, dietitian and Sonya Stanley, dietitian/Australia quoted)
http://www.heraldsun.com.au/lifestyle/health-fitness/dietitian-tania-ferraretto-warns-brides-to-be-of-risks-to-drastic-slimming-down/story-fni0dgzn-1226645638308

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20552-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2218. Re: CEO Compensation

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 19, 2013 15:57:18
**Subject:** Re: CEO Compensation
**Attachment:**

---

Dear Donna,

I am so grateful for the incredible support and generosity! There are wonderful opportunities we have yet to seize and that makes what I do seem more like an exciting adventure than a job.

I'm thrilled that we will be working together for years to come. Thank you for being a great boss, colleague and friend!!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On May 18, 2013, at 9:18 AM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

> Pat, I was so sorry I was not able to be there when the compensation committee gave you your new salary and bonus. I was so excited about the board finally being able to begin to compensate you for what you are worth. Your leadership has been phenomenal and you have really put the Academy on the map and positioned us where we have always wanted to be. I hope you know how much we all value you as our CEO. Congratulations for a job well done and we look forward to working with you for many more years.
>
> Donna S. Martin, EdS, RD, LD, SNS
> Director School Nutrition Program
> Burke County Board of Education
> 789 Burke Veterans Parkway
> Waynesboro, GA 30830

>
> 706-554-5393 (office)
> 706-554-5655 (fax)
>
> DMartin@Burke.k12.ga.us
>

2219. FW: Student Wellness Coordinator

**From:** Lisa Medrow <LMedrow@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 17, 2013 13:08:39
**Subject:** FW: Student Wellness Coordinator
**Attachment:**

---

Hi Donna,
Do you have any information that might be helpful to Lori about student wellness coordinators?
Thank you!
Lisa

**From:** Lori Post [mailto:loripost@yahoo.com]
**Sent:** Monday, May 13, 2013 2:18 PM
**To:** Katie Brown
**Subject:** Student Wellness Coordinator

Hello Katie,

As a member of the Kids Eat Right campaign, I first, want to thank you for your leadership of this outstanding program that not only serves our children but also helps to promote our profession. Eighteen months ago, I found myself needing to take a new path in my dietetic career and enrolled in a continuing education program for the US Healthier Schools Challenge. Learning that my own children's elementary school could not qualify for an award because their school lacked a nutrition education program, I knew the direction in which I needed to go and put my eighteen years of dietetic experience into action within our school district. Now after eighteen months of volunteer work, I have gotten the attention of our District's Director of Teaching and Learning. At a meeting with him last week, I proposed the idea of creating a Student Wellness Coordinator position within our school district. He was on the same page with me in a matter of minutes and sees student wellness critical to classroom success. We feel we are at a grassroots level as we are now looking into developing a job description as well as how to fund this position. I can't help but reach out to you and the Kids Eat Right Campaign group for resources as we begin to build our case. I would so appreciate your help in connecting me to any dietitians working as student wellness coordinators for school districts. Please feel free to forward my email onto those contacts you would recommend.

Again, thank you for your time and efforts in the Kids Eat Right Campaign.

Appreciatively,

Lori Post, RD, LD

Nutrition Matters by Lori Post, LLC

Lori Post, RD, LD

317-457-1902

loripost@yahoo.com

2220. Donate while you renew your Academy membership!

**From:** ANDPAC <andpac@eatright.org>
**To:** Martin <DMartin@burke.k12.ga.us>
**Sent Date:** May 17, 2013 12:36:53
**Subject:** Donate while you renew your Academy membership!
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.
It's membership renewal time!
*Don't forget you can make a contribution to ANDPAC when you renew your Academy membership.*

Thank you for your past support of ANDPAC. For an update on current events visit: www.eatright.org/andpac.

Follow ANDPAC on Twitter: @EatRightPIA
Connect with ANDPAC on: Facebook

Federal law requires political committees to report to Federal Election Commission the name, mailing address, occupation and name of employer for each individual whose contributions aggregate in excess of $200.00 in a calendar year. Corporate contributions are prohibited by law. Individuals can not contribute more than $2000 per calendar year to the same political action committee. **Donations to ANDPAC are not tax deductible.**

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2221. Take Action to Support Food, Nutrition and Agriculture Programs

**From:** Academy of Nutrition and Dietetics <president@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 17, 2013 12:32:15
**Subject:** Take Action to Support Food, Nutrition and Agriculture Programs
**Attachment:**

---

Having trouble viewing this email? View it in your browser. Action Alert
May 17, 2013
**Please take two minutes to send your Senators an email urging them to support important food, nutrition and agriculture programs.**

The Senate has passed a bipartisan Farm Bill out of the Agriculture Committee, and the bill is headed to the Senate floor for debate and final vote. This critical piece of legislation determines not only what farmers grow, but what is available in the United States food supply. The Farm Bill addresses food insecurity through a variety of food assistance programs and provides many jobs for registered dietitian nutritionists working in community nutrition. As registered dietitian nutritionists, we are inherently entrenched in every aspect of the food supply, from what is planted to what is consumed by our fellow Americans. We are leaders in the nations efforts for better health, through improved nutrition, and we need to have our voices heard on this important farm and food bill.

We need you to tell Congress how important these food, agriculture and nutrition programs are to you and for our country. Would you take two minutes and send an email to your Senators using the **Grassroots Manager**?

Many thanks, in advance, for your efforts!

Ethan A. Bergman, PhD, RDN, CD, FADA
President, 2012-2013
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2222. Daily News & Journal Review: Friday, May 17, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 17, 2013 10:37:53
**Subject:** Daily News & Journal Review: Friday, May 17, 2013
**Attachment:**

---

**From the Academy of Nutrition and Dietetics Knowledge Center**

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**Vitamin C No Help in Gout**
http://www.medpagetoday.com/Rheumatology/GeneralRheumatology/39185
*Source: Arthritis &Rheumatism*
http://onlinelibrary.wiley.com/doi/10.1002/art.37925/abstract

**BMI measuring in schools proves weighty issue**
http://www.chicagotribune.com/health/ct-met-bmi-backlash-20130517,0,1592312.story
Related Resource: Comprehensive School Nutrition Services
http://www.eatright.org/About/Content.aspx?id=8372

**Combined supplements no better for cholesterol**
http://www.foxnews.com/health/2013/05/17/combined-supplements-no-better-for-cholesterol/
Source:*American Heart Journal*
http://www.ahjonline.com/article/S0002-8703(13)00225-1/abstract
Related Resource: EAL-
Disorders of Lipid Metabolism Evidence-based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=4527

**Food insecurity more common for households that include adults with disabilities at each income level**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=37561&ref=collection

**A workout a day may keep cancer away**
http://www.cnn.com/2013/05/16/health/cancer-research/index.html?hpt=he_t4

**19 Foods That Boost Health and Happiness**
http://abcnews.go.com/Health/Wellness/19-foods-boost-health-happiness/story?id=19184264

Related Resource: Total Diet Approach to Healthy Eating
http://www.eatright.org/About/Content.aspx?id=8356

**Women 70 percent more likely to order veggie burgers than men says GrubHub**
http://www.foodnavigator-usa.com/Markets/Women-70-more-likely-to-order-veggie-burgers-than-men-says-GrubHub

**Women bigger snacks than men find NPD Group**
http://www.foodnavigator-usa.com/Markets/Women-bigger-snackers-than-men-finds-NPD-Group

**Organic industry clout grows with consumer demand**
http://www.foxnews.com/health/2013/05/17/organic-industry-clout-grows-with-consumer-demand/

**Psychiatrys revamped DSM guidebook fuels debate**
(For ADHD, the definition is being broadened, meaning the disorder could be diagnosed in more children. In the case of autism, the opposite is true)
http://www.washingtonpost.com/national/health-science/updates-to-psychiatrys-guidebook-change-criteria-for-adhd-autism/2013/05/16/dee4de0c-bd87-11e2-97d4-a479289a31f9_story.html

**MedlinePlus: Latest Health News**
-CDC study finds fecal contamination in pools
-Depression linked to almost doubled stroke risk in middle-aged women
-Risk of death, hospital readmission prolonged after heart attack, heart failure
-Cellphone Calls During Blood Pressure Readings May Skew Results
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Brain food: How to trick kids into eating healthy**
(Christine Palumbo, RD and Nancy Rodriguez, RD quoted)
http://www.dailyherald.com/article/20130515/entlife/705159578/

**Fad-Free Weight Loss: High blood pressure fix up to you**
(By Rosanne Rust, RD)
http://meadvilletribune.com/ourhealth/x6231763/FAD-FREE-WEIGHT-LOSS-High-blood-pressure-fix-up-to-you

**Special Assignment: Obesity in the Valley**
(Danielle Ulam,, RD quoted)
http://www.wtov9.com/news/news/local/special-assignment-obesity-valley/nXrkX/

**Ind. hospitals' RX: No sugary drinks**
(Kate Juergens, RD quoted)
http://www.usatoday.com/story/news/nation/2013/05/16/hospitals-no-sugary-drinks/2192673/

**Add healthy spark to meals by growing, cooking with herbs**
(By Alexandra Economy, RD)
http://www.winonadailynews.com/lifestyles/food-and-cooking/article_51e1f97a-bda7-11e2-b634-0019bb2963f4.html

**Health Watch: Safe grilling**
(Julie Jensen, RD featured)
http://www.blackhillsfox.com/2013/05/16/healthwatch

**Formula for moms lacking milk; eye health nutrients**
(By Nancy Dell, RD)
http://www.wwlp.com/dpp/health/dietitian/Nancy-Dell-Formula-for-moms-lacking-milk-eye-health-nutrients

**Drinking during exercise is key to hydration and health**
(Kristine Clark, RD quoted)

http://www.philly.com/philly/health/sportsmedicine/Drinking_during_exercise_is_key_to_hydration_and_health.html

**Planning a healthy picnic**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130516/LIFE03/130519678/kati-mora-planning-a-healthy-picnic

**Journal Review**
***Amber Waves*, May 6, 2013**
http://www.ers.usda.gov/amber-waves.aspx
Disability Is an Important Risk Factor for Food Insecurity
http://www.ers.usda.gov/amber-waves/2013-may/disability-is-an-important-risk-factor-for-food-insecurity.aspx

***Annals of Internal of Medicine,*Online First, May 14, 2013**
http://annals.org/onlineFirst.aspx
Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse: U.S. Preventive Services Task Force Recommendation Statement
http://annals.org/article.aspx?articleID=1686100
Summary for Patients

Screening and Behavioral Counseling to Reduce Alcohol Misuse: U.S. Preventive Services Task Force Recommendation
http://annals.org/article.aspx?articleID=1686099

***Asia Pacific Journal of Clinical Nutrition*, April 2013**
(Access abstracts from link below)
http://apjcn.nhri.org.tw/server/APJCN/Volume22/vol22.2/Finished/index.php
-Antioxidant relevance to human health
-Cant we just let them eat? Defining and addressing under-use of the oral route in a post-surgical ward
-NutritionDay 2010 audit in Jinling hospital of China
-The application of a feeding protocol in older patients fed through percutaneous endoscopic gastrostomy tubes by the intermittent or bolus methods: a single-center, retrospective chart review
-Hair mineral analysis by X-ray fluorescence spectrometry: associations with body fat

***Clinical Nutrition*, Article in Press, May 13, 2013**
http://www.clinicalnutritionjournal.com/inpress
Nutrition screening tools: Does one size fit all? A systematic review of screening tools for the hospital setting
http://www.clinicalnutritionjournal.com/article/S0261-5614(13)00108-8/abstract
Coffee consumption and health-related quality of life
http://www.clinicalnutritionjournal.com/article/S0261-5614(13)00104-0/abstract
Bias and accuracy of resting metabolic rate equations in non-obese and obese adults.
http://www.clinicalnutritionjournal.com/article/S0261-5614(13)00100-3/abstract

***Food Quality and Preference*, In Progess, October 2013**
http://www.sciencedirect.com/science/journal/09503293
The relationship between emotions, food consumption and meal acceptability when eating out of the home
http://www.sciencedirect.com/science/article/pii/S0950329313000529
Meal Mapping
http://www.sciencedirect.com/science/article/pii/S0950329313000566

***Food Quality and Preference*, September 2013**
http://www.sciencedirect.com/science/journal/09503293/29/2
Consumer preferences for food labelling attributes: Comparing direct ranking and bestworst scaling for measurement of attribute importance, preference intensity and attribute dominance
http://www.sciencedirect.com/science/article/pii/S0950329313000281
Maternal feeding practices during the first year and their impact on infants acceptance of complementary food
http://www.sciencedirect.com/science/article/pii/S0950329313000281
Effects of repeated exposure to either vegetables or fruits on infants vegetable and fruit acceptance at the beginning of weaning

http://www.sciencedirect.com/science/article/pii/S095032931300044X

***Food Service Director*, May 15, 2013**

http://www.foodservicedirector.com/print/food-service-director/issues/current-issue

Analysis: Gluten-free Watershed?

Will Lesley University settlement lead to food allergies being considered a disability?

http://www.foodservicedirector.com/trends/health-and-wellness/articles/analysis-gluten-free-watershed

The Big Picture: Making Gluten-Free Items in House

Soups were the most common gluten-free menu option made in house.

http://www.foodservicedirector.com/trends/research/articles/big-picture-making-gluten-free-items-house

Gourmet Dining Sells 14,000 Salads as Part of Healthy Eating Promotion

Campaign encouraged campus communities to dine healthy by eating salads during the month of March.

http://www.foodservicedirector.com/trends/health-and-wellness/articles/gourmet-dining-sells-14000-salads-part-healthy-eating-promotion

Measuring Environmental Practices

Compass Group partners with FirstCarbon to improve its FOODprint Toolkit.

http://www.foodservicedirector.com/trends/going-green/articles/measuring-environmental-practices

Steal This Idea

Dietitian Tours

http://www.foodservicedirector.com/people/steal-this-idea/articles/dietitian-tours

***International Journal of Food Science*, June 2013**

http://www.ingentaconnect.com/content/bsc/ijfst;jsessionid=1b41qe9kg8qgd.alexandra

Tropical traditional fermented food, a field full of promise. Examples from the Tropical Bioresources and Biotechnology programme and other related FrenchVietnamese programmes on fermented food

http://www.ingentaconnect.com/content/bsc/ijfst/2013/00000048/00000006/art00001

Nanobiotechnology perspectives. Role of nanotechnology in the food industry: a review

http://www.ingentaconnect.com/content/bsc/ijfst/2013/00000048/00000006/art00002

Enzymatic treatment of peanut butter to reduce the concentration of major peanut allergens

http://www.ingentaconnect.com/content/bsc/ijfst/2013/00000048/00000006/art00015

***JAMA: Journal of the American Medical Association*, May 15, 2013**

http://jama.jamanetwork.com/issue.aspx

Lutein + Zeaxanthin and Omega-3 Fatty Acids for Age-Related Macular Degeneration

The Age-Related Eye Disease Study 2 (AREDS2) Randomized Clinical Trial

The Age-Related Eye Disease Study 2 (AREDS2) Research Group

http://jama.jamanetwork.com/article.aspx?articleid=1684847

***JAMA Internal Medicine,*****Online First, May 13, 2013**
http://archinte.jamanetwork.com/onlineFirst.aspx
Changes in Sodium Levels in Processed and Restaurant Foods, 2005 to 2011
http://archinte.jamanetwork.com/article.aspx?articleid=1687516
The Energy Content of Restaurant Foods Without Stated Calorie Information
http://archinte.jamanetwork.com/article.aspx?articleid=1687518
Research Letter
Restaurant Meals: Almost a Full Day's Worth of Calories, Fats, and Sodium
http://archinte.jamanetwork.com/article.aspx?articleid=1687517
Editorial
Eating Out Without Overeating
http://archinte.jamanetwork.com/article.aspx?articleid=1687519
Research Letter
Fattening Fasting: Hungry Grocery Shoppers Buy More Calories, Not More Food
http://archinte.jamanetwork.com/article.aspx?articleid=1685889

***JAMA Internal Medicine*****, May 13, 2013**
http://archinte.jamanetwork.com/issue.aspx?journalid=71&issueid=926956
Availability of Potassium on the Nutrition Facts Panel of US Packaged Foods
http://archinte.jamanetwork.com/article.aspx?articleid=1656546

***Journal of Caffeine Research*****, March 2013**
http://online.liebertpub.com/toc/jcr/3/1
Caffeine: Public Concern and the Precautionary Principle
http://online.liebertpub.com/doi/full/10.1089/jcr.2013.1228
Impact of Caffeine on Heart Rate Variability: A Systematic Review
http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.0009
Coffee Consumption Associated with Increased Mortality of Women with Breast Cancer
http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.0001

***JNCI Journal of the National Cancer Institute*****, May 15, 2013**
http://jnci.oxfordjournals.org/content/105/10?etoc
Predicted Plasma 25-Hydroxyvitamin D and Risk of Renal Cell Cancer
http://jnci.oxfordjournals.org/content/105/10/726.abstract.html?etoc

***Journal of Human Nutrition and Dietetics*****, Early View, May 11, 2013**
http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1365-277X/earlyview
Students entering internship show readiness in the nutrition care process
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12107/abstract
The impact of nutritional supplementation on quality of life in patients infected with hepatitis C virus

http://onlinelibrary.wiley.com/doi/10.1111/jhn.12087/abstract
Malnutrition and obesity: influence in mortality and readmissions in chronic obstructive pulmonary disease patients
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12088/abstract
Accuracy and preference of measuring resting energy expenditure using a handheld calorimeter in healthy adults
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12045/abstract
Plate size does not affect perception of food portion size
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12111/abstract

***Journal of the International Society of Sports Nutrition,*****April 9. 2013**
http://www.jissn.com/
Contemporary Nutrition Approaches to Optimize Elite Marathon Performance.
http://www.ncbi.nlm.nih.gov/pubmed/23579229

***Morbidity and Mortality Weekly Report*****, May 17, 2013 Supplement**
http://www.cdc.gov/mmwr/?s_cid=mmwr_online_e
Mental Health Surveillance Among Children  United States, 20052011
http://www.cdc.gov/mmwr/preview/mmwrhtml/su6202a1.htm?s_cid=su6202a1_w

***Nutrition Journal*****, May 1, 2013**
http://www.nutritionj.com/content/12/May/2013
Energy intakes of US children and adults by food purchase location and by specific food source
http://www.nutritionj.com/content/12/1/59/abstract
Low-carbohydrate, high-protein diet score and risk of incident cancer; a prospective cohort study
http://www.nutritionj.com/content/12/1/58/abstract
Thickening agents used for dysphagia management: effect on bioavailability of water, medication and feelings of satiety
http://www.nutritionj.com/content/12/1/54/abstract
Body weight status and cardiovascular risk factors in adults by frequency of candy consumption
http://www.nutritionj.com/content/12/1/53

***Pediatrics*****, May 2013 Supplement**
http://pediatrics.aappublications.org/content/131/Supplement_3.toc
-Evidence-Based Recommendations for the Diagnosis and Treatment of Pediatric Acne
http://pediatrics.aappublications.org/content/131/Supplement_3/S163.abstract

***Supermarket Savvy Newsletter*****, May 2013**
http://www.supermarketsavvy.com/current_newsletter_issue.asp
(Subscription required)
-100% Juices and Fruit Snacks
-15 Ways to Add Fruit

-Key Nutrients in Fruit Chart
-FREE Vegetable &Fruit Shopping Tip Sheet
http://www.supermarketsavvy.com/free_tipsheet.asp

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or send a blank email to leave-20504-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2223. May 21-23, 2013 Childhood  Weight Management Program - On-Site Information

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 16, 2013 13:24:20
**Subject:** May 21-23, 2013 Childhood  Weight Management Program - On-Site Information
**Attachment:** image001.png
May 21-23 2013 Program Agenda.pdf
Academy Exp Report General Fiscal 2012 - 2013.pdf
Informational Flyer.pdf

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The PowerPoint presentations for the May 21-23, 2013 Certificate of Training in Childhood and Adolescent Weight Management program are located at https://www.box.com/s/aiu3l7aqzzfeqbytezs2.  I have attached an agenda, an expense report form and an information flyers that we developed.

The program will be held in Salon A &B of the Marriott Hotel (previously The Peabody Little Rock), 3 Statehouse Plaza, Little Rock, Arkansas.  A light breakfast of yogurt and granola and fresh fruit along with coffee and tea will be available beginning at 7:30 am.  Click here to view the surrounding restaurants that are in the downtown Little Rock area.  Click here for a hotel fact sheet.

The hotel provides a complimentary shuttle to and from the airport.  Reservations are required. Please call the hotel at 501/399-8040 24 hours before your arrival time.

The hotel check-in time is 3:00 pm, and their check-out time is 12:00 noon.

Hotel Confirmation Number:  86468085

Check-In Date:  May 22, 2013

Check-Out Date:  May 23, 2013

**Local Weather**
Click here to check the latest local weather forecast in Little Rock.

**Things to do in Little Rock**
Visit here for nearby attractions in Little Rock.

If you need to reach me anytime during the on-site program, please contact me on my cell number at 773/680-4836.  See you soon!

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

2224. Your CDR Profile at www.cdrnet.org - Update Now

**From:** Commission on Dietetic Registration <cdr@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** May 16, 2013 11:23:29
**Subject:** Your CDR Profile at www.cdrnet.org - Update Now
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

Update your CDR profile now
Commission on Dietetic Registration (CDR) is asking that you take a few minutes to visit www.cdrnet.org and Login, at the top right-hand side, to make sure CDR has your correct:
•Mailing address
•Primary contact telephone number
•Primary email address (*If you have listed your work email, please make sure that your employer does not have a firewall that will block blast emails from eatright.org.*)

You will need your registration identification number and your Web password. Once you gain access to My CDR page, visit your Profile to either verify or make changes. Please make any necessary changes as soon as possible to ensure the delivery of important CDR messages and notices.

If you have a name change, please click on the link below for CDRs Change of Name Policy
http://cdrnet.org/news/change-of-name-address-policy

If you are not able to make address, telephone number, email changes online, you will need to send a **written** request, along with your Academy/CDR identification number, via email to cdr@eatright.org, or mail to Commission on Dietetic Registration, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995. Faxes will not be accepted.

If you have additional questions, please call CDR at 800/877/1600, ext 5500 (8am to 5pm/central time), or use the CDR LiveChat option on www.cdrnet.org

Thank you for your cooperation.
You are currently subscribed to receive CDR Renewal Reminders from the Commission on Dietetic Registration. If you prefer not to receive future e-mails, simply follow this link to unsubscribe.
You are currently subscribed as: **DMartin@burke.k12.ga.us**

2225. Daily News: Thursday, May 16, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 16, 2013 10:47:11
**Subject:** Daily News: Thursday, May 16, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Its Membership Renewal Time!**
**Renew your Academy membership by May 31, 2013** to continue receiving the *Daily News* and your other favorite member benefits.
To renew online at www.eatright.org, log in and click the Renew Membership link under your name. Or, call the Member Service Center at 800/877-1600, ext. 5000 (Mon  Fri, 8AM  5PM, Central Time) / International callers  312/899-0040, ext. 5000.

**Report questioning salt guidelines riles heart experts**
http://vitals.nbcnews.com/_news/2013/05/14/18251793-report-questioning-salt-guidelines-riles-heart-experts?lite
Related Resource: In Wake of New Report, Academy of Nutrition and Dietetics Reminds Consumers to Follow Dietary Guidelines' Sodium Recommendations
http://www.eatright.org/Media/content.aspx?id=6442476390

**New technique helps stroke patients swallow again**
http://www.foxnews.com/health/2013/05/16/new-technique-helps-stroke-patients-swallow-again/

**Is there such a thing as the Latino consumer?**
http://www.foodnavigator-usa.com/Markets/Is-there-such-thing-as-the-Latino-consumer
The Multi-Cultural Latino Consumer
http://www.hartman-group.com/publications/reports/the-multi-cultural-latino-consumer
Related Resource: *Cultural Food Practices*
https://www.eatright.org/shop/product.aspx?id=11030

**U.S. advisory on mercury in fish tied up at health department**
http://www.chicagotribune.com/health/sns-rt-us-seafood-mercurybre94e1dp-20130515,0,6450171.story

**Food supply under assault as climate heats up**
http://www.nbcnews.com/business/food-supply-under-assault-climate-heats-1C9909477

**Worlds fish have been moving to cooler waters for decades, study finds**
http://www.washingtonpost.com/national/health-science/worlds-fish-have-been-moving-to-cooler-waters-for-decades-study-finds/2013/05/15/730292e8-bcd7-11e2-9b09-1638acc3942e_story.html
Source: *Nature*
http://www.nature.com/nature/journal/v497/n7449/full/nature12156.html

**Referring natural claims issue to FDA would be futile says judge in suit vs General Mills**
http://www.foodnavigator-usa.com/Regulation/Referring-natural-claims-issue-to-FDA-would-be-futile-says-judge-in-suit-vs-General-Mills

**What nutrition information are restaurants goers looking for?**
http://www.foodnavigator-usa.com/Markets/What-nutrition-information-are-restaurant-goers-looking-for

**Mouse melon, a.k.a. Mexican gherkin: Tiny fruit is big on cute**
http://www.latimes.com/features/home/la-lh-mouse-melons-mexican-gherkins-20130514,0,4746224.story
Related Resource: USDA Nutrient Data Laboratory
http://fnic.nal.usda.gov/food-composition/usda-nutrient-data-laboratory

**Taco Bell testing breakfast Waffle Taco**
http://www.usatoday.com/story/money/business/2013/05/15/taco-bell-waffle-taco-fast-food-breakfast-jack-in-the-box/2159373/

**New SARS-like virus: WHO reports patient-to-nurse spread of deadly infection**
http://www.foxnews.com/health/2013/05/16/new-sars-like-virus-who-reports-first-patient-to-nurse-infection/
Source: WHO
http://www.who.int/csr/don/2013_05_15_ncov/en/

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Dietary Salt Intake and Vascular Function**
http://clinicaltrials.gov/ct2/show/NCT00590512?term=salt&rank=45

**MedlinePlus: Latest Health News**
-Combo Drug Therapy May Work Best to Strengthen Bones: Study
-Getting fit in middle age can reduce heart failure risk
-Young women often less healthy than young men before heart attacks
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Diet Changes That Might Cut Breast Cancer Risk**
(Karen Collins, RD quoted)
http://health.usnews.com/health-news/health-wellness/articles/2013/05/15/diet-changes-that-might-cut-breast-cancer-risk-2

**British fast-diet fad hitting our shores**
(By Sheah Rarback, RD)
http://www.miamiherald.com/2013/05/15/3398819/british-fast-diet-fad-hitting.html

**Unexpected ways to use Greek yogurt**
(Michelle Dudash,RD quoted)
http://www.northjersey.com/food_dining/207666991_Unexpected_ways_to_use_Greek_yogurt.html

**This farmers' market is healthier and cheaper than most**
(Dietitian cited)
http://www.mercurynews.com/breaking-news/ci_23252388/this-farmers-market-is-healthier-and-cheaper-than

**Is sugar ageing you?**
(Kara Landau, dietitian/Australia quoted)
http://www.smh.com.au/lifestyle/beauty/is-sugar-ageing-you-20130513-2jib2.html

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or send a blank email to leave-20480-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2226. Childhood Program Post-Test Review

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** Copperman, Nancy <NCopper@NSHS.edu>, Hassink, Sandra <Sandra.Hassink@nemours.org>, Marc Jacobson <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, Sothern, Melinda <msothe@lsuhsc.edu>, Johnston, Craig Allen <caj@bcm.edu>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, Isadora Nogueira <isadora.v.nogueira@gmail.com>, Debra Kibbe <dlkibbe@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Gail Frank <Gail.Frank@csulb.edu>
**Sent Date:** May 15, 2013 21:12:04
**Subject:** Childhood Program Post-Test Review
**Attachment:** image001.png
Childhood post test WITH answers and sources November FINAL.doc

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Attached is the Childhood Weight Management program post-test as of September 2013. Please review and provide any edits by end of day Monday, May 20, 2013.

I am waiting for the hotel to send the rooming list with the confirmation numbers. As soon as it is received, I will send it to you.

Thank you. See you soon.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

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phone: 312-899-4839

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2227. ASAE data regarding average number of members who are involved with the Academy

**From:** Barbara Visocan <BVISOCAN@eatright.org>
**To:** 'Sonja Connor' <connors@ohsu.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, Nancy Lewis <nlewis2@unl.edu>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'KathyMcClusky@IamMorrison.com' <KathyMcClusky@IamMorrison.com>, Ragalie, Jean <Jean.Ragalie@rosedmi.com>, Elise Smith <easaden@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Jim Weinland <jweinland@eatright.org>
**Sent Date:** May 15, 2013 17:20:48
**Subject:** ASAE data regarding average number of members who are involved with the Academy
**Attachment:** image001.jpg
img-130515205604.pdf

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All:

Donna (or maybe it was Jean) had an excellent question today regarding the “Only 31% of all RDs (43% of members, 11% of non-members) volunteered or are otherwise “involved” in Academy activities” statement on your membership orientation report.

I dug into ASAE’s “The Decision to Join” survey results to see what the average engagement/involvement percentage is for associations. I attached a scan of the pie chart, but long story short, 69.9% on average are not involved at all. That compares to 69% of all RDs that are not involved –so that tells us RDs compare to the average. However, the ASAE study was of members and when we look at our members, 43% are involved (ie, 57% are not involved). Hence, we are actually better than the average. We will endeavor to make the percent of involved even better over the next few years.

Barbara

**Barbara J Visocan, MS, RDN, LDN, FADA**

***Vice President, Member Services***

**Academy of Nutrition and Dietetics**

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2228. Eat Right Weekly - May 15, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 15, 2013 17:07:19
**Subject:** Eat Right Weekly - May 15, 2013
**Attachment:**

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Eat Right Weekly
May 15, 2013

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QuickLinks

On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Letter to President Obama Encourages Retaining Prevention and Public Health Funding

The Academy recently joined with more than 100 health organizations in a letter to President Obama, urging the Administration to restore full funding to the Prevention and Public Health Fund. Between diversion of funds and sequestration, 38 percent of the fund will be cut.

Learn More >>
Academy's Response to IOM Report on Sodium Reduction

In the wake of a report issued May 14 by the Institute of Medicine on the consequences of dietary sodium reduction, the Academy reminded consumers to keep their sodium intake within the recommendations of the 2010 *Dietary Guidelines for Americans* and to seek the expert advice of a registered dietitian nutritionist for help on their personal sodium intake.

Learn More >>
Congress Scheduled to Update Farm Bill This Week

Chairwoman Debbie Stabenow (Mich.) of the Senate Agriculture Committee and Chairman Frank Lucas (Okla.) of the House Agriculture Committee have both scheduled this week to mark up the

Farm Bill, which authorizes SNAP, the largest government-administered nutrition assistance program. This is the first of several steps to passage of a comprehensive Farm Bill.

Learn More >>
IOM Examines Food for Healthy People and a Healthy Planet

The Institute of Medicine recently convened an open workshop examining current and emerging knowledge on food and nutrition policy implications of increasing environmental constraints on the food system.

Learn More >>
Is the Older Americans Act Moving through Congress? Sources Say 'Maybe'

Academy staff has heard from contacts on Capitol Hill that Senate committees have begun drafting language for the reauthorization of the Older Americans Act, which authorizes senior nutrition programs like congregate dining and Meals on Wheels.

Learn More >>
Determining Savings from Obesity Prevention Programs May Take Longer Than CBO's Current Standard

The Campaign to End Obesity recently issued a report concluding that the Congressional Budget Office should use a 75-year time frame, instead of the standard 10-year time frame, to better estimate costs and savings attributed to obesity prevention efforts.

Learn More >>
Your Money Matters: Support ANDPAC When You Renew Your Membership

The Academy's Political Action Committee is committed to advocating for better food, nutrition and health policies. Be part of this political movement on Capitol Hill and support ANDPAC.

Learn More >>
Get Your Copy of *ANDPAC Quarterly*

The Academy's Political Action Committee released the newest edition of *ANDPAC Quarterly*, a newsletter that provides the latest updates on ANDPAC activities.

Learn More >>

## CPE Corner

New - Standards of Practice and Standards of Professional Performance: Steering the RD Career in Diabetes

The Center for Professional Development introduces an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

Learn More >>
Summer Webinars

Check out learning possibilities from the Center for Professional Development.

Learn More >>
Free Webinar on Access to Healthy Foods at Food Banks

In a new, free webinar, members can learn about the obstacles food banks face in distributing healthy foods for families; see examples of improvements food banks are making across the country; and learn specific ways you can help support healthy foods in food banks.

Learn More >>
Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

The Center for Professional Development introduces an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

Learn More >>
Module on 'Leadership: Organizational Applications' Free for Academy Members

The Center for Professional Development introduces a new, free online learning module that will demonstrate how registered dietitian nutritionists have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management

skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

Healthy Job Outlook for Dietitians

The U.S. Bureau of Labor Statistics reports that the job market for registered dietitian nutritionists is brighter than for many occupations, with the need for RDNs growing faster than the average for all occupations. "Employment of dietitians is expected to increase 20 percent from 2010 to 2020, primarily because of both an increased emphasis on disease prevention in a growing and aging population and public interest in nutrition," according to recent media reports.

Learn More >>
FNCE Marketing Toolkit Now Live Online

Help the Academy spread the word about the 2013 Food &Nutrition Conference &Expo. Free promotional materials, including print ads, web banners and articles on FNCE, are now available for all members. Members can use these materials in their upcoming communications.

Learn More >>
New *Pediatric Nutrition Care Manual* Content

The Academy's Internet-based *Pediatric Nutrition Care Manual* will have new and updated content available May 18. *PNCM* contains all the features members value in other NCM products, including direct links to references, calculators, patient handouts, facility pages and an updated Formulary Database.

Learn More >>
Save 10 Percent on May Book of the Month

*The Health Professional's Guide to Food Allergies and Intolerances* by Janice Vickerstaff Joneja, PhD, RD, is a comprehensive guide to the latest science behind food allergies and intolerances and offers practical suggestions for their management. Save 10 percent on this title during May.

Learn More >>
New Release: Clinical Guide to Nutrition Care in Kidney Disease

A new comprehensive and practical guide covers the spectrum of kidney disease in adults and children, from early-stage CKD to dialysis, transplantation and nutrition support therapies.

Learn More >>
New Integrating RD into Primary Care Toolkit

Free to Academy members is a new toolkit, "Integrating the RD into Primary Care."

Learn More >>

## Academy Member Updates

Academy Partner Launches Alliance to Advance Patient Nutrition

Top-level Academy sponsor Abbott Nutrition, with leading health care organizations, has announced the launch of an interdisciplinary partnership called The Alliance to Advance Patient Nutrition. The Alliance is dedicated to raising awareness about malnutrition and championing for early nutrition screening, assessment and intervention in hospitals amongst the entire patient care team.

Learn More >>
Exciting News about Healthier Generation Benefit

The 2013 special edition of the Journal of Obesity, *Childhood Obesity: Today and Tomorrow's Health Challenge* contains an article on the Alliance for a Healthier Generation's Healthier Generation Benefit. The article says a 2010-2011 evaluation indicates the benefit is successful in expanding health care coverage for obesity services. As a partner in this program, the Academy is highlighted throughout the article.

Learn More >>
Award-Winning Journal

The *Journal of the Academy of Nutrition and Dietetics* recently won awards from the Association of Marketing and Communication Professionals and the American Society of Healthcare Publication Editors.

Learn More >>

## Philanthropy, Awards and Grants

Kids Eat Right "Healthy Eating. From the Ground Up." Mini-Grant Opportunity

To support the use of the new Kids Eat Right toolkit "Healthy Eating. From the Ground Up." 50 $200 grants are available. Recipients of the mini-grants agree to give two presentations from the new Healthy Eating toolkit for elementary students, teens and/or parents between June 3 and August 2.

Learn More >>
EB4K with Play Program: Year 2 Wrap-Up

The Energy Balance 4 Kids with Play program is wrapping up its second year in four elementary schools in the West Contra Costa (Calif.) School District: Ford, Montalvin, Sheldon and Wilson.

Learn More >>
Make a Difference While Renewing Your Membership

*I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.*
- Patricia A. Obayashi, MS, RD, CDE

Learn More >>
Making an Impact in Nation's Capital

Thanks to support from Academy members and friends, the Foundation's Grace L. Ostenso Nutrition and Public Policy Fellowship was awarded to Leigh Gantner, PhD, RD, of Syracuse University. This fellowship, funded by the Academy Foundation and administered by The American Association for the Advancement of Science, provides the unique opportunity for an Academy member to make an impact on Capitol Hill. Gantner is working as a staff member for Sen. Kirsten Gillibrand (N.Y.).

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

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2229. IOM Report - Sodim Report Release

**From:** Doris Acosta <dacosta@eatright.org>
**To:** Patricia Babjak <PBABJAK@eatright.org>, Becky Dorner <becky@beckydorner.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Sonja Connor <connors@ohsu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** May 15, 2013 10:47:41
**Subject:** IOM Report - Sodim Report Release
**Attachment:** IOM sodium report release 5-14-13.pdf

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Attached is the Academy's press release on the report issued May 14, 2012, by the Institute of Medicine on the consequences of dietary sodium reduction. The release reminds everyone to keep their sodium intake within the recommendations of the 2010 *Dietary Guidelines for Americans* and to seek the expert advice of a registered dietitian nutritionist for help on their personal sodium intake.

This was distributed to the media and there will be a link to this information in this week's *Eat Right Weekly.*

Thank you!

**Doris Acosta**

***Director of Strategic Communications***

**Academy of Nutrition and Dietetics**

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2230. Daily News: Wednesday, May 15, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 15, 2013 10:45:58
**Subject:** Daily News: Wednesday, May 15, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**IOM Report questions reducing salt intake too dramatically**
http://www.usatoday.com/story/news/nation/2013/05/14/salt-diet-sodium-intake/2156143/
Source: *Sodium Intake in Populations: Assessment of Evidence*
http://www.nap.edu/catalog.php?record_id=18311

**Waist-Height Ratio Beats BMI for Gauging Early Death**
(Presented at the European Congress on Obesity meeting)
http://www.medpagetoday.com/Endocrinology/Obesity/39111
Related Resource:Malnutrition Codes and Characteristics/Sentinel Markers
http://www.eatright.org/Members/content.aspx?id=6442451284

**Dark chocolate enhances mood but not cognition say researchers**
http://www.foodnavigator-usa.com/R-D/Dark-chocolate-enhances-mood-but-not-cognition-say-researchers
Source: *Journal of Psychopharmacology*
http://jop.sagepub.com/content/27/5/451.abstract

**Vermont Passes Aid in Dying Measure**
http://newoldage.blogs.nytimes.com/2013/05/14/vermont-passes-aid-in-dying-measure/?ref=health
Related Resource: Ethical and Legal Issues in Nutrition, Hydration and Feeding
http://www.eatright.org/About/Content.aspx?id=8408

**Copper in hospital rooms may stop infections**
http://thechart.blogs.cnn.com/2013/05/14/copper-in-hospital-rooms-may-stop-infections/?hpt=he_c2
Source: *Infection Control and Hospital Epidemiology*

http://www.shea-online.org/View/smid/428/ArticleID/204.aspx

**How often do you order takeout? Delivery.com delves into the food habits of Americas young urbanites**
http://www.foodnavigator-usa.com/Markets/How-often-do-you-order-takeout-Delivery.com-delves-into-the-food-habits-of-America-s-young-urbanites

**If Soda Study Is Favorable, Look for Industry $$$**
(Presented at the European Congress on Obesity meeting)
http://www.medpagetoday.com/PrimaryCare/DietNutrition/39116
Related Resource: Methodology: What Is the Academy of Nutrition and Dietetics (formerly American Dietetic Association) Evidence Analysis Process?
http://andevidencelibrary.com/category.cfm?cid=7&cat=0

**Jolies Disclosure of Preventive Mastectomy Highlights Dilemma**
http://www.nytimes.com/2013/05/15/health/angelina-jolies-disclosure-highlights-a-breast-cancer-dilemma.html?ref=health&_r=0

**2012 was deadliest year for West Nile in US, CDC says**
http://vitals.nbcnews.com/_news/2013/05/13/18232095-2012-was-deadliest-year-for-west-nile-in-us-cdc-says?lite

**The California Cook: Glazing, what good vegetables deserve**
http://www.latimes.com/features/food/la-fo-calcook-20130504,0,3137594.story

**MedlinePlus: Latest Health News**
-Adverse event reporting is valued information
-Anger linked to raised heart attack risk
-CDC Guidelines Could Cut Bloodstream Infections From Dialysis
-Hysterectomy not tied to heart risk factors: study
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**United Nations thinks eating bugs will solve the world hunger problem**
(Lisa Sasson, RD quoted)
http://pix11.com/2013/05/14/united-nations-thinks-eating-bugs-will-solve-the-world-hunger-problem/#ixzz2TMsKI2tc

**Dont like broccoli? Try these other health-boosting veggies**
(By Michele Weisberge, RD)
http://www.metro.us/newyork/lifestyle/wellbeing/2013/05/12/cruciferous-vegetables-packed-with-

nutrition-2/

**Amazing Avocado**
(By Kimberly Proctor, RD)
http://www.kcrg.com/news/health/Hy-Vee-at-Midday-Amazing-Avocados-207229921.html

**Nutrition- Know- How: Add some fresh spices to your life**
(By Mia Gibson, RD)
http://www.oaoa.com/people/food/nutrition_know_how/article_87920686-bd12-11e2-8460-001a4bcf6878.html

**Snack from a list to stay healthy**
(By Jill Koegel)
http://www.omaha.com/article/20130515/LIVEWELL25/130519850/1161

**Despite healthy concerns, aging Baby Boomers find it hard to make lifestyle changes**
(By Timi Gustafson, RD)
http://www.kentreporter.com/lifestyle/207288391.html

**Practical Nutrition: Cutting sodium from your diet**
(By Mary-Jo Sawyer, RD)
http://www.timesdispatch.com/entertainment-life/food-dining/article_c6e4dad2-9c55-5d62-90ea-67986f7eb84b.html

**Grilling Tips to Cut Colon Cancer Risk**
**Use less red meat, marinate and precook indoors, nutrition expert advises**
(Alice Bender, RD quoted)
http://health.usnews.com/health-news/news/articles/2013/05/11/grilling-tips-to-cut-colon-cancer-risk

**Candidates want health-conscious school board**
(Grace Laman, RD quoted)
http://www.dailyastorian.com/news/local/candidates-want-health-conscious-school-board/article_85d35ea6-bcbf-11e2-a9d6-0019bb2963f4.html

**Quote of the Week**

**"Armed Forces Day, above all, honors the dedicated individuals who wear the uniforms of their country. Each serviceman, wherever he may be, whatever his task, contributes directly and importantly to the defense of the nation. The task of each one is the task of all the Armed Forces: to protect the freedoms which underlie the greatness of America."**

***-General Earle G. Wheeler, 1967***
***Former Chairman, Joint Chiefs of Staff***

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20457-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2231. Daily News: Tuesday, May 14, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 14, 2013 11:06:11
**Subject:** Daily News: Tuesday, May 14, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Dining Out on a Calorie Budget Nearly Impossible, Studies Find**
http://abcnews.go.com/Health/restaurant-meals-higher-calories-fast-food-studies-find/story?id=19170366
Source: *JAMA Internal Medicine* (2 articles)
-Restaurant Meals: Almost a Full Day's Worth of Calories, Fats, and Sodium
http://archinte.jamanetwork.com/article.aspx?articleid=1687517
-The Energy Content of Restaurant Foods Without Stated Calorie Information
http://archinte.jamanetwork.com/article.aspx?articleid=1687518

**New data proves once again that voluntary approaches to sodium reduction are not working says CSPI**
http://www.foodnavigator-usa.com/Markets/New-data-proves-once-again-that-voluntary-approaches-to-sodium-reduction-are-not-working-says-CSPI
Source:*JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1687516

**Eating less at breakfast will not make you gorge at lunchtime, study shows**
http://www.telegraph.co.uk/health/dietandfitness/10052115/Eating-less-at-breakfast-will-not-make-you-gorge-at-lunchtime-study-shows.html

**Eggs, even with their cholesterol, are a good source of protein for most people**
http://www.washingtonpost.com/national/health-science/eggs-even-with-their-cholesterol-are-a-good-source-of-protein-for-most-people/2013/05/13/10c3a176-97e8-11e2-814b-063623d80a60_story.html

**Decades of improving US cholesterol levels abruptly ended in 2008 study finds**
http://www.foodnavigator-usa.com/Markets/Decades-of-improving-US-cholesterol-levels-abruptly-

ended-in-2008-study-finds
Source: *PLoS ONE*
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0063416
Related Resource: EAL-Disorders of Lipid Metabolism
Evidence-based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=4527

**Some salt with your spider? U.N. says bugs good for you**
http://www.usatoday.com/story/news/world/2013/05/13/united-nations-insects-food/2155297/
Source: U.N.'s Food and Agriculture Organization
http://www.fao.org/news/story/en/item/175922/icode/

**A vegan office: How one workplace has moved to get healthier together**
http://www.washingtonpost.com/business/capitalbusiness/a-vegan-office-how-one-workplace-has-moved-to-get-healthier-together/2013/05/12/1ad895c6-b28d-11e2-9a98-4be1688d7d84_story.html

**About 40 percent of the diarrhea in young children is caused by four bugs, study finds**
http://www.washingtonpost.com/national/health-science/about-40-percent-of-the-diarrhea-in-young-children-is-caused-by-four-bugs-study-finds/2013/05/13/c46448d2-bbfd-11e2-9b09-1638acc3942e_story.html
Source: *Lancet*
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60844-2/abstract

**Poverty as a Childhood Disease**
http://well.blogs.nytimes.com/2013/05/13/poverty-as-a-childhood-disease/?ref=health
Related Resource: Academys Position - Food Insecurity in the United States
http://www.eatright.org/About/Content.aspx?id=8361

**Plant based protein craze drives renewed interest in peanut flour**
http://www.foodnavigator-usa.com/Suppliers2/Plant-based-protein-craze-drives-renewed-interest-in-peanut-flour

**Economic Research Service- USDA**
Supercenters and warehouse clubs share of at-home food sales more than doubled during 2000-11
**http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=37439&ref=collection**

**MedlinePlus: Latest Health News**
-Ask adult patients about alcohol misuse: panel
-Cancer and Women
-Childrens Mental Health  New Report

-Creative Arts May Help Cancer Patients Cope
-Flu in pregnancy may quadruple childs risk for bipolar disorder
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Choosing eggs: enhanced or no?**
(Dee Sandquist, Academy Spokesperson quoted)
http://www.bendbulletin.com/article/20130514/NEWS0107/305140311/

**Gluten-free frenzy: revealing the facts and myths behind the diet**
(Kathleen Brandt, RD quoted)
http://www.kmtr.com/news/local/story/Gluten-free-frenzy-revealing-the-facts-and-myths/1Z1pE2VMoUmLrcFLrRzHSA.cspx

**Your 5 worst gluten-free mistakes**
(By Cynthia Sass, RD)
http://www.foxnews.com/health/2013/05/14/your-5-worst-gluten-free-mistakes/

**Snack before you shop**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/05/14/snack-before-shop/

**Changing eating habits can be an uphill battle**
(By Timi Gustafson, RD)
http://www.maplevalleyreporter.com/lifestyle/206794721.html

**Can you lose weight eating the same foods?**
(Keri Glassman, RD quoted)
http://www.turnto23.com/lifestyle/health/can-you-lose-weight-eating-the-same-foods

**Want to boost your memory? Check out whats in your fridge**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/health/want-to-boost-your-memory-check-out-whats-in-your-fridge/article11889853/

**The 10 rules of dieting**
(By Daniel McCartney, Dietitian/Ireland)
http://www.irishexaminer.com/lifestyle/healthandlife/yourhealth/dr-daniel-mccartney-the-10-rules-of-dieting-230804.html

**Health advice: caffeine**
(Nigel Denby, Dietitian/UK quoted)
http://www.telegraph.co.uk/health/10044061/Health-advice-caffeine.html

**Why lards healthier than you think**
(Shauna Lindzon, Dietitian/Canada quoted)
http://www.thestar.com/life/health_wellness/nutrition/2013/05/14/why_lards_healthier_than_you_think.html

**Athletes introduced to ready-to-eat meals**
The Singapore Sports Council is coming back with back-up meals for athletes when fresh safe food is not available during travel or where hygiene standards are not up to mark.
(Huang Liyan Dietitian/Singapore quoted)
http://www.channelnewsasia.com/news/sport/athletes-introduced-to-ready-to-eat-meal/674758.html

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20432
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20432-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2232. RE: BOD Orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 14, 2013 10:31:11
**Subject:** RE: BOD Orientation
**Attachment:**

---

Donna,

See my notes below.

P

-----Original Message-----
From: DMartin@Burke.k12.ga.us
Sent: Monday, May 13, 2013 8:56 PM
To: Paul Mifsud
Subject: BOD Orientation

Paul, I am just now getting to working on the deck. The deck looks good, but can you answer a few questions for me please.
1. How many employees do we have in CDR, ACEND, and on the Foundation staff? **The total headcount is approximately 172; (CDR = 21.5, ACEND = 11, Foundation = 5.5)**

2. What are the budget amounts for the foundation, CDR and ACEND? I took the liberty to add up all of the budgets for each of the organizations. **The total, including DPGS, MIGS, ANDPAC, ACEND, Foundation and CDR is $44,575,691 in FY2013. So, the Academy is roughly 55% of the total combined budget.**
I wanted to put a few things into perspective for them (and me too)!

I have been notified that my flights are already delayed tomorrow. Evidently, the flight crew needs another hour of sleep so I will not arrive to Ohare until noon. I will come straight to the Academy. Thanks for all your work on this project. I think it will make for more fun, and hopefully rich discussions. (don't you love my use of rich!) See you tomorrow.

Donna S. Martin, EdS, RD, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA  30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

2233. FW: Exciting news for the Healthier Generation Benefit

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, Sonja Connor <connors@ohsu.edu>, 'Christie, Catherine' <c.christie@unf.edu>, Kathy McClusky <KMcClusky@iammorrison.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Marsha Schofield <mschofield@eatright.org>
**Sent Date:** May 13, 2013 18:07:58
**Subject:** FW: Exciting news for the Healthier Generation Benefit
**Attachment:** image001.jpg
image005.jpg
image007.jpg
Journal of Obesity Press Release FINAL.PDF
Healthier Generation Benefit Journal of Obesity May 2013.pdf

---

Please see the e-mail below from Marsha Schofield.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

**From:** Marsha Schofield
**Sent:** Monday, May 13, 2013 11:03 AM
**To:** Executive Team Mailbox
**Subject:** Exciting news for the Healthier Generation Benefit

The 2013 special edition of the Journal of Obesity, *Childhood Obesity: Today and Tomorrow's Health Challenge* contains an article on the Alliance for a Healthier Generation's Healthier Generation Benefit. The article reports on the 2010-11 evaluation of the benefit with the findings indicating that the benefit was successful in expanding health care coverage for obesity services. As a partner in this program, the Academy is highlighted throughout the article. It is the first of several articles planned for publication. According to Victoria Brown, Vice President for the Alliance for a Healthier Generation and co-author of the article, "We are excited about the results of the report and look forward to exploring ways to improve this innovative approach to health care delivery. The efforts of everyone involved confirm that a team-based approach among physicians, dietitians, providers, healthcare organizations, and families is required to eliminate the childhood obesity crisis."

Attached is a press release from Emory University (the program evaluators) covering the article, as well as a copy of the article itself. Please share with your team and encourage them to share with their committees and other groups as appropriate. My team will be posting the article on the website and sharing an announcement through the Board of Directors, *Eat Right Weekly*, our on-line communities, and the DPG/Affiliates Administrative Bulletin.

The Academy of Nutrition and Dietetics, the Academy of Pediatrics and the Alliance for a Healthier Generation have partnered since 2009 in the fight against childhood obesity.
The Healthier Generation Benefit provides at least four follow-up visits with a primary care provider and at least four visits with a registered dietitian per year for children with a BMI in the 85th percentile or higher.

Thank you,

Marsha

Marsha Schofield, MS, RD, LD

*Director, Nutrition Services Coverage*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, IL  60606

800-877-1600, ext. 4787

mschofield@eatright.org

www.eatright.org

2234. FAC orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** peark02@outlook.com <peark02@outlook.com>
**Sent Date:** May 13, 2013 17:24:55
**Subject:** FAC orientation
**Attachment:**

---

Donna,

As it looks right now, May 23rd will be the optimum date for the “orientation” of the new FAC. Unfortunately, this isn’t one of your choices. I don’t remember, but, Mary may not have made it last year. So, you may not need to attend. Given everyone’s schedule that week ( I forgot it was a holiday weekend), it would be understandable. I intend, more than anything else, to go through the financial package. So, unless you think there is a need for more, let me know. I want them to be able to understand, in a slower paced environment, the financial information.

Also, if there is something you may want to add, let me know.

Sonja can’t make it on the 23rd. So, I will talk to her to see if we can do something for her. Kathy McClusky doesn’t need the orientation. Neither or course does Robin. So, let me know your thoughts. It will be at 1 p.m. CDT on May 23rd.

Paul

2235. RE: Pat's Contract

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Glenna McCollum <glenna@glennamccollum.com>
**Sent Date:** May 13, 2013 16:17:49
**Subject:** RE: Pat's Contract
**Attachment:** img-130513195815.pdf

---

Donna,

Here is a scanned copy of the contract. The term is from June 1, 2009 to May 31st, 2014. Let me know if you have any other questions.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, May 13, 2013 3:08 PM
**To:** Paul Mifsud
**Cc:** Glenna McCollum
**Subject:** Pat's Contract

Paul, Ethan asked me to contact you to get a copy of Pat's contract. We need to get the exact dates of when she started and when her 5 years will be up for the Compensation Committee. Thanks! See you tomorrow. Still working on the slide deck. I am sure it is fine, but I need to go over it more.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2236. Daily News: Monday, May 13, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 13, 2013 10:46:37
**Subject:** Daily News: Monday, May 13, 2013
**Attachment:**

---

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Its Membership Renewal Time!**
**Renew your Academy membership by May 31, 2013**tocontinue receiving the *Daily News* and your other favorite member benefits.
To renew online at www.eatright.org, log in and click the Renew Membership link under your name. Or, call the Member Service Center at 800/877-1600, ext. 5000 (Mon  Fri, 8AM  5PM, Central Time) / International callers  312/899-0040, ext. 5000.

**Tennessee Department of Health encourages women to make their own health a priority**
http://www.clarksvilleonline.com/2013/05/12/tennessee-department-of-health-encourages-women-to-make-their-own-health-a-priority/
Related Resource: During National Women's Health Week, Academy of Nutrition and Dietetics Encourages Women to Make Healthful Eating a Priority
http://www.eatright.org/Media/content.aspx?id=6442476375

**How Formula Can Complement Breast-Feeding**
http://well.blogs.nytimes.com/2013/05/13/how-formula-can-complement-breast-feeding/?ref=health
Source:*Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/05/08/peds.2012-2809.abstract

**The doctor will see you now - in a group**
http://www.philly.com/philly/health/healthcare-exchange/20130512_The_doctor_will_see_you_now_-_in_a_group.html#SGGE4gu8thLW4KVg.99
Related Resource: *Journal of the Academy of Nutrition and Dietetics*
The Group Appointment Trend Gains Traction: How Dietetics Fits into a New Model of Health Care Delivery
http://www.journals.elsevierhealth.com/periodicals/yjada/article/S0002-8223(11)00022-8/fulltext

(Access to the Journal Online is free to all members. Gain seamless access to full-text articles by logging onto the Academy Member Center at http://www.eatright.org/. Go to publications and click on the link to the Journal.
Members also have the option of accessing full-text articles by personalizing the publishers Web site by registering to claim access directly to the Journal Web site.)

**The American diet: One continuous snack? And more people skip lunch than breakfast**
http://www.foodnavigator-usa.com/Markets/The-American-diet-One-continuous-snack-And-why-more-people-skip-lunch-than-breakfast

**Study Finds an Increase in Arsenic Levels in Chicken**
http://www.nytimes.com/2013/05/11/health/study-finds-an-increase-in-arsenic-levels-in-chicken.html?ref=health
Source:*Environmental Health Perspectives*
http://ehp.niehs.nih.gov/1206245/

**Is popcorn giving you heart disease**
http://www.foxnews.com/health/2013/05/12/is-popcorn-giving-heart-disease/
Related Resource: EPA
http://www.epa.gov/oppt/pfoa/

**Books blast new version of psychiatry's bible, the DSM**
http://www.usatoday.com/story/news/nation/2013/05/12/dsm-psychiatry-mental-disorders/2150819/

**MedlinePlus: Latest Health News**
-Many Heart Defects Aren't Inherited, Study Finds
-More Time in Gym Class Equals Stronger Kids
-New SARS-like virus can probably pass person-to-person
-Grilling Tips to Cut Colon Cancer Risk
-Allergies May Boost Severity of Lung Disease
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Food labels often dont tell whole story on nutrition**
(Debbi Beauvais, Academy Spokesperson quoted)
http://www.bostonglobe.com/business/2013/05/11/conflicting-information-food-labels-makes-hard-know-what-heathy/MGk7hMZ0eIBm3MQfKetLyM/story.html

**Dietitians have a healthy outlook for job future**
(Caroline Nelson, RD &Margaret Farnsworth, RD both quoted)

http://www.chron.com/jobs/article/Dietitians-have-a-healthy-outlook-for-job-future-4506783.php

**The truth about your immune system**
**What you can do to help your body fight off illness**
(Joy Midkiff, RD quoted)
http://www.news-journalonline.com/article/20130513/LIVING/305129994/1065?Title=The-truth-about-your-immune-system

**Aromatics: A healthy alternative to fat, sugar and salt**
(By Barbara Parks, RD)
http://www.goerie.com/article/20130513/LIFESTYLES07/305139986/Aromatics%3A-A-healthy-alternative-to-fat-sugar-and-salt

**The Trek to a Yogurt Less Sweet**
(Kathleen M. Zelman, RD quoted)
http://www.nytimes.com/2013/05/11/business/dannon-cuts-sugar-carefully-in-childrens-yogurt.html

**Miss Georgia reveals deadly secret to help others**
(Page Love, RD quoted)
http://www.ledger-enquirer.com/2013/05/12/2494288/miss-georgia-reveals-deadly-secret.html

**I get severe headaches. What foods ease and trigger the pain?**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/i-get-severe-headaches-what-foods-ease-and-trigger-the-pain/article11862697/

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20419-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2237. Board orientation Q&A

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 13, 2013 10:08:48
**Subject:** Board orientation Q&A
**Attachment:** 2013 Board orientation for Donna 513.ppt

---

Donna,

I made adjustments to the Q&A. I also added a couple of pages for roles and responsibilities (pages 15 and 16). Page 15 is “tongue in cheek”. Page 16 is a short summary of what they should be. They both add value. However, I can get eliminate one or the other. Just let me know.

Paul

2238. RE: Finance and Audit Committee Orientation

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 10, 2013 17:22:54
**Subject:** RE: Finance and Audit Committee Orientation
**Attachment:** image001.jpg

---

I'm sure Paul will use that one.

I just need your preference for the orientation if you are going to join in.

Thanks,

Linda

**Linda Serwat**

***Administrative Assistant***

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4731

Fax number: 312-899-5333

Email: lserwat@eatright.org

www.eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, May 10, 2013 4:22 PM
**To:** Linda Serwat
**Subject:** Re: Finance and Audit Committee Orientation

Linda,  do you need mine?  I assumed you would use the one the Academy already had. Let me know and I can send it to you. Thanks!

Sent from my iPhone

On May 10, 2013, at 5:16 PM, Linda Serwat <LSerwat@eatright.org> wrote:

Good Afternoon Everyone:

Please see the email below.  If you have already sent the information to Paul, please disregard.

Below is the request from Paul, for your bio and your preferences of dates and times for the 90 minute orientation.  Please send them to me at your earliest convenience.

Thanks,

Linda

**Linda Serwat**

***Administrative Assistant***

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4731

Fax number: 312-899-5333

Email: lserwat@eatright.org

www.eatright.org

<image001.jpg>

**From:** Paul Mifsud
**Sent:** Friday, May 03, 2013 11:10 AM
**To:** Sonja Connor; KMcClusky@Iammorrison.com; Elise Smith; nwooldridge@peds.uab.edu; ' kendall@ufl.edu'; 'mstokes@usj.edu.'
**Cc:** 'fellerb@auburn.edu'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Christian Krapp; Maria Juarez
**Subject:** Finance and Audit Committee Orientation

All,

First off, I want to welcome all of you to the Finance and Audit Committee. Your role is very important to the future success of the Academy. I had the pleasure of working with many of you in the past. I welcome you back!! Those of you who I don't know, I look forward to getting to know you better. I am always excited about the passion and knowledge of each Finance and Audit Committee and I am sure this one will continue the trend.

The Finance and Audit Committee always hits the floor running. So, to make your first meeting as productive as possible, I would like to suggest an orientation. For those of you with experience on this committee, it may not be necessary to attend. However, it may be a nice refresher. The goal of the orientation is to address roles, responsibilities and the information you will receive from staff on a monthly basis. I am proposing the following dates for a 90 minute orientation;

1. May 22nd at 1 p.m. CDT

2. May 23rd at 1 p.m. CDT

3. May 24th at 9 a.m. CDT

4. May 28th at 1 p.m. CDT

If you would provide to me your first, second and third choice by Tuesday, May 7th, we will set up the webinar. Also, we would like each of you to provide to me a small biography that the committee can use. I am attaching the current Foundation Board biographies as an example. Since some of you are on this one, you don't have to provide a new one. Once I have the biographies, and new pictures if you like, I will send it out to the committee as well.

I look forward to working with all of you. If you have any questions, please don't hesitate to give me a call at 800-877-1600, extension 4730 or send me an e-mail.

Paul Mifsud

Chief Financial Officer

Academy of Nutrition and Dietetics.

2239. FW: Finance and Audit Committee Orientation

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** 'KMcClusky@Iammorrison.com' <KMcClusky@Iammorrison.com>, easaden@aol.com <easaden@aol.com>, 'Casella,Anne Kendall' <kendall@ufl.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 10, 2013 17:16:42
**Subject:** FW: Finance and Audit Committee Orientation
**Attachment:** image001.jpg

---

Good Afternoon Everyone:

Please see the email below.  If you have already sent the information to Paul, please disregard.

Below is the request from Paul, for your bio and your preferences of dates and times for the 90 minute orientation.  Please send them to me at your earliest convenience.

Thanks,

Linda

**Linda Serwat**

***Administrative Assistant***

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone:  312/899-4731

Fax number: 312-899-5333

Email: lserwat@eatright.org

www.eatright.org

**From:** Paul Mifsud
**Sent:** Friday, May 03, 2013 11:10 AM
**To:** Sonja Connor; KMcClusky@lammorrison.com; Elise Smith; nwooldridge@peds.uab.edu; 'kendall@ufl.edu'; 'mstokes@usj.edu.'
**Cc:** 'fellerb@auburn.edu'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Christian Krapp; Maria Juarez
**Subject:** Finance and Audit Committee Orientation

All,

First off, I want to welcome all of you to the Finance and Audit Committee. Your role is very important to the future success of the Academy. I had the pleasure of working with many of you in the past. I welcome you back!! Those of you who I don't know, I look forward to getting to know you better. I am always excited about the passion and knowledge of each Finance and Audit Committee and I am sure this one will continue the trend.

The Finance and Audit Committee always hits the floor running. So, to make your first meeting as productive as possible, I would like to suggest an orientation. For those of you with experience on this committee, it may not be necessary to attend. However, it may be a nice refresher. The goal of the orientation is to address roles, responsibilities and the information you will receive from staff on a monthly basis. I am proposing the following dates for a 90 minute orientation;

1. May 22nd at 1 p.m. CDT

2. May 23rd at 1 p.m. CDT

3. May 24th at 9 a.m. CDT

4. May 28th at 1 p.m. CDT

If you would provide to me your first, second and third choice by Tuesday, May 7th, we will set up the webinar. Also, we would like each of you to provide to me a small biography that the committee can use. I am attaching the current Foundation Board biographies as an example. Since some of you are on this one, you don't have to provide a new one. Once I have the biographies, and new pictures if you like, I will send it out to the committee as well.

I look forward to working with all of you. If you have any questions, please don't hesitate to give me a call at 800-877-1600, extension 4730 or send me an e-mail.

Paul Mifsud

Chief Financial Officer

Academy of Nutrition and Dietetics.

2240. Good News

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
**Sent Date:** May 10, 2013 16:53:23
**Subject:** Good News
**Attachment:** image001.jpg
CDR Finance Memo 2013.pdf

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In April 2013, I attended the Commission on Dietetic Registration's Finance Committee meeting to present highlights of the Academy's accomplishments for FY 2013. I wanted to share with them how their non-member rebate was used last year and to ask for a rebate commitment of $973,600 for FY 2014. I'm pleased to report that CDR approved the full amount and expressed appreciation on how their funds contributed to advancing the profession. Attached is the written communication shared with them, which primarily focuses on our new role of sitting at the table where food, nutrition and dietetics initiatives are being addressed. I hope you have a chance to read it because it is a testament to the progress we have made with many strategic initiatives throughout the organization.

And finally, some more good news -- this week we learned student membership is at a historic market share of 83.3 percent!

Wishing you a Happy Mother's Day from the Mothership!

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2241. Leader of the Pack

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** May 10, 2013 15:22:14
**Subject:** Leader of the Pack
**Attachment:** image001.jpg
FY-13-reallocations Prevention CEO-letter-.pdf

---

We knew what we were doing by changing our name to Academy! The attached sign-on letter to President Obama related to the Prevention and Public Health Fund has us listed as the first organization on the front of the letter and on the signature page. Feels great!

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2242. Daily News & Journal Review: Friday, May 10, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 10, 2013 11:03:26
**Subject:** Daily News & Journal Review: Friday, May 10, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Food allergy diagnosis: What parents should know**
http://www.cnn.com/2013/05/10/health/food-allergy-tips/index.html?hpt=he_c2
Related Resource: Food Allergies and Intolerances: Client Education Tools for Dietary Management - A Set of All Handouts
https://www.eatright.org/shop/product.aspx?id=6442476071

**Fighting Childhood Obesity One School Cafeteria at a Time**
http://abcnews.go.com/Health/Wellness/fighting-childhood-obesity-school-cafeteria-time/story?id=19146551
Related Resource: Comprehensive School Nutrition Services
http://www.eatright.org/About/Content.aspx?id=8372

**Paleo diet pulls up to the caveman's dining table**
http://www.usatoday.com/story/news/nation/2013/05/09/health-paleo-diet/2148967/
Related Resource: Consumer Diet and Lifestyle Book Reviews
http://www.eatright.org/dietreviews/

**Citrus Disease With No Cure Is Ravaging Florida Groves**
http://www.nytimes.com/2013/05/10/us/disease-threatens-floridas-citrus-industry.html?hp&_r=0

**Pets may boost heart health, association says**
http://www.usatoday.com/story/news/nation/2013/05/09/pets-heart-health/2148495/
Source: *Circulation*

http://circ.ahajournals.org/content/early/2013/05/09/CIR.0b013e31829201e1.full.pdf+html?sid=542254eb-dc05-4c0e-9c98-b8cf32bc9b53

**Registered Dietitians in the News**

**Can foods keep you healthy?**
(Lisa Eaton Wright, RD quoted)
http://www.chicagotribune.com/special/primetime/chi-pt-can-foods-keep-you-healthy-20130509,0,1004861.story

**All fruits, veggies are super foods**
(By Alexandra Economy, RD)
http://www.winonadailynews.com/lifestyles/food-and-cooking/article_8708f4c6-b82c-11e2-9237-0019bb2963f4.html

**The lowest cost to eat well; Hidden Sugar**
(By Nancy Dell, RD)
http://www.wwlp.com/dpp/health/dietitian/Nancy-Dell-The-lowest-cost-to-eat-well-Hidden-Sugar

**Most Americans Dont Exercise Enough  But Who Can Blame Them?"**
(By Timi Gustafson, RD)
http://www.kentreporter.com/lifestyle/206826271.html

**Could eating walnuts be the key to good heart health?**
(Penny Kris-Etherton, RD &Victoria Taylor, Dietitian/UK both quoted)
http://www.dailymail.co.uk/health/article-2322049/Could-eating-WALNUTS-key-cutting-cholesterol.html

**Nutrition Bites: A fresh food spring fling with rhubarb and asparagus may have anti-cancer benefits**
(By Jennifer Sygo, Dietitian/Canada)
http://life.nationalpost.com/2013/05/09/a-fresh-food-spring-fling-with-rhubarb-and-asparagus-may-have-anti-cancer-benefits/

**Journal Review**

**Academys *Food &Nutrition Magazine,*May/June 2013**
**(Access Articles at link below)**
http://foodandnutritionmag.org/
-Native Foods in a Modern World
The Tohono Oodham tribe of Southern Arizona is bring back tradition desert foods as a way to connect community members with their culture, their land and the nutrient-rich foods of their heritage
-Zen and the Art of Mindful Eating

-Rice: A Global Grain
-Stress Relief
Find out how chronic stress may alter food cravings and affect weight and healthplus get tips on how to control your stress level

***American Journal of Epidemiology*, May 15, 2013**
http://aje.oxfordjournals.org/content/177/10?etoc
Parent Perceptions of Neighborhood Safety and Children's Physical Activity, Sedentary Behavior, and Obesity: Evidence from a National Longitudinal Study
http://aje.oxfordjournals.org/content/177/10/1065.abstract.html?etoc
Serum Phospholipid Fatty Acids, Genetic Variation in Myeloperoxidase, and Prostate Cancer Risk in Heavy Smokers: A Gene-Nutrient Interaction in the Carotene and Retinol Efficacy Trial
http://aje.oxfordjournals.org/content/177/10/1106.abstract.html?etoc
Intake of Selected Minerals and Risk of Premenstrual Syndrome
http://aje.oxfordjournals.org/content/177/10/1118.abstract.html?etoc

***Annals of Internal Medicine,*May 7, 2013**
http://annals.org/issue.aspx
Clinical Guidelines
Vitamin D and Calcium Supplementation to Prevent Fractures in Adults: U.S. Preventive Services Task Force Recommendation Statement FREE
http://annals.org/article.aspx?articleid=1655858
To Supplement or Not to Supplement: The U.S. Preventive Services Task Force Recommendations on Calcium and Vitamin D FREE
http://annals.org/article.aspx?articleID=1655860
Summary for Patients
Vitamin D and Calcium Supplementation to Prevent Fractures in Adults: U.S. Preventive Services Task Force Recommendation Statement FREE
http://annals.org/article.aspx?articleID=1655861

***Annals of Nutrition &Metabolism*, May 2013 Supplement**
(Access abstracts at link below)
http://www.karger.com/Journal/Issue/258706
-Update on Zinc Biology
-Update on Zinc Deficiency and Excess in Clinical Pediatric Practice
-Zinc Supplementation in Public Health
-Systematic Review of Zinc Fortification Trials

***Clinical Nutrition Insight*, March 2013**
(Subscription required)
http://journals.lww.com/clinnutrinsight/pages/currenttoc.aspx#-1915957597
-Copper Deficiency After Bariatric Surgery

-Nutrition-Related Care for a Pregnancy After Bariatric Surgery
-Bariatric Surgery in the Liver Transplant Patient: What Are the Options?
-Bariatric Surgery for NAFLD and NASH

***Food Research International*, Online First, April 27, 2013**

http://www.sciencedirect.com/science/journal/aip/09639969
-Effect of prebiotics on the health of the elderly
http://www.sciencedirect.com/science/article/pii/S0963996913002317

***International Journal of Obesity*, May 2013**

http://www.nature.com/ijo/journal/v37/n5/index.html
The regulation of food intake by the gut-brain axis: implications for obesity
http://www.nature.com/ijo/journal/v37/n5/abs/ijo201293a.html
Obesity and endometrial cancer survival: a systematic review
http://www.nature.com/ijo/journal/v37/n5/abs/ijo201294a.html
Adaptation of human adipose tissue to hypocaloric diet
http://www.nature.com/ijo/journal/v37/n5/abs/ijo201280a.html
A decrease in diet quality occurs during pregnancy in overweight and obese women which is maintained post-partum
http://www.nature.com/ijo/journal/v37/n5/abs/ijo2012129a.html
The epidemiology of weight counseling for adults in the United States: a case of positive deviance
http://www.nature.com/ijo/journal/v37/n5/abs/ijo2012113a.html

***JAMA Internal Medicine, Online First, May 6, 2013***

(Access abstracts at link below)
http://archinte.jamanetwork.com/onlineFirst.aspx
-Fattening Fasting: Hungry Grocery Shoppers Buy More Calories, Not More Food
-Editor's Note|ONLINE FIRST
Snack (Healthily) Before ShoppingComment on Fattening Fasting

***Journal of the American Medical Association*, OnlineFirst, May 5, 2013**

http://jama.jamanetwork.com/onlineFirst.aspx
Lutein + Zeaxanthin and Omega-3 Fatty Acids for Age-Related Macular Degeneration: The Age-Related Eye Disease Study 2 (AREDS2) Randomized Clinical Trial
http://jama.jamanetwork.com/article.aspx?articleid=1684847

***Journal of the American Medical Association*, May 8, 2013**

(Access abstracts at link below)
http://jama.jamanetwork.com/issue.aspx
-Mortality Risk Among Children Initially Treated With Dialysis for End-Stage Kidney Disease, 1990-2010
-The Cochrane Collaboration Turns 20: Assessing the Evidence to Inform Clinical Care
-Capitol Health Call: Dietary Supplements

***Journal of Women's Health*, OnlineFirst, May 7, 2013**
http://online.liebertpub.com/toc/jwh/0/0
Sleep Duration, Insomnia, and Coronary Heart Disease among Postmenopausal Women in the Women's Health Initiative

http://online.liebertpub.com/doi/full/10.1089/jwh.2012.3918#utm_source=PR&utm_medium=email&utm_campaign=JWH

***Molecular Nutrition &Food Research,*OnlineFirst, May 3, 2013**
http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1613-4133/earlyview
Cardioprotective effects of cocoa: Clinical evidence from randomized clinical intervention trials in humans.
http://onlinelibrary.wiley.com/doi/10.1002/mnfr.201200595/abstract

***Morbidity and Mortality Weekly Report (MMWR),*May 10, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Racial/Ethnic Disparities in the Awareness, Treatment, and Control of Hypertension United States, 20032010
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6218a2.htm?s_cid=mm6218a2_w
Announcement: National Blood Pressure Education Month May 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6218a7.htm?s_cid=mm6218a7_w

***New England Journal of Medicine*, May 9, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Perspectives: Improving Obesity Prevention at the Local Level Emerging Opportunities
http://www.nejm.org/doi/full/10.1056/NEJMp1301685?query=TOC
Limiting Sugary Drinks to Reduce Obesity Who Decides?
http://www.nejm.org/doi/full/10.1056/NEJMp1303706?query=TOC
Half Empty or Half Full? New Yorks Soda Rule in Historical Perspective
http://www.nejm.org/doi/full/10.1056/NEJMp1303698?query=TOC

***Nutrition Research*, OnlineFirst, May 9. 2013**
(Access abstracts at link below)
http://www.sciencedirect.com/science/journal/aip/02715317
-Pomegranate juice intake attenuates the increase in oxidative stress induced by intravenous iron during hemodialysis
-Change in postprandial substrate oxidation after a high-fructose meal is related to body mass index in healthy men
-Carotenoid bioavailability from raw vegetables and a moderate amount of oil in human subjects is greatest when the majority of daily vegetables are consumed at one meal
-Pomegranate and type 2 diabetes

-Triphasic multinutrient supplementation during acute resistance exercise improves session volume load and reduces muscle damage in strength-trained athletes
-Daily flaxseed consumption improves glycemic control in obese men and women with pre-diabetes: a randomized study

***Pediatrics*, May 2013**
(Access abstracts from link below)
http://pediatrics.aappublications.org/content/current
-Sleep Duration and Adolescent Obesity Jonathan
-Guided Self-Help for the Treatment of Pediatric Obesity
-Food-Related Parenting Practices and Adolescent Weight Status: A Population-Based Study -Plate Size and Childrens Appetite: Effects of Larger Dishware on Self-Served Portions and Intake
-Timing of Solid Food Introduction and Obesity: Hong Kongs Children of 1997 Birth Cohort
-Association Between Total Duration of Breastfeeding and Iron Deficiency
-Parental Perceptions of Forgoing Artificial Nutrition and Hydration During End-of-Life Care
-Effects of Reduced Juice Allowances in Food Packages for the Women, Infants, and Children Program
-Eating Frequency and Overweight and Obesity in Children and Adolescents: A Meta-analysis
-Commentary: Forgoing Artificial Nutrition and Hydration: What to Make of Parents Views
-From the American Academy of Pediatrics: Clinical Report: Calcium and Vitamin D Requirements of Enterally Fed Preterm Infants

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20380
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20380-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2243. FNCE Travel and Registration Information

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** May 10, 2013 08:31:45
**Subject:** FNCE Travel and Registration Information
**Attachment:** image002.jpg

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The 2013 Food &Nutrition Conference &Expo will be held October 19-22 in Houston, Texas, preceded by the House of Delegates meeting October 18-19. The Board meeting will follow FNCE on Wednesday, October 23 from 7:30am – 2:00pm. The Executive Office staff will make your hotel reservations at the Hilton Americas-Houston hotel for arrival on Thursday, October 17 and departure on Wednesday, October 23. For members of the House Leadership Team, we will make your hotel reservations for arrival on Wednesday, October 16. If your arrival and departure dates are otherwise, please notify me. Your hotel room will be master-billed; you will be asked to pay for incidentals.

Complimentary FNCE registration opens **Friday, June 14, 2013**. Registration instructions follow.

Completing your registration online – click on this link: www.eatright.org/fnce

1) Click on the “For Attendees” tab.

2) Select the Registration link.

3) In the New Registration section on the left side, enter the registration code “**houston13**” under your name and complete the required registration information.

You are now authorized to make your travel arrangements for FNCE. Please book you flight in May since we understand in June there will be a substantial jump in price for the airfares. Although the Academy offers online booking through our travel service please feel free to make arrangements on your own, should you find lower fares; you will be fully reimbursed for your travel expenses. Booking instructions using the Academy travel service follows.

Booking your travel online **-** click on this link: https://adatvl.axo20.com/

1) Log in to your account using the User ID and Password you created when setting up your profile.

2) Search for and select your flights (book “non-refundable” fares only)

a. You have the option of searching by “Price” or “Schedule”.
b. Click on your preferred airline if you only want to view their fares.

3) When asked to “Name your trip”, you are required to enter the Meeting Name –**FNCE**

4) When you reach the **Purchase Trip** page, enter **1032430** into the **Approval Code** box in the **Reporting Information** section.

5) When you reach the Payment Options section, be sure to choose the “**Use a Stored Card**” option to ensure your Academy paid travel is billed correctly.

6) If you need assistance, call the support team at 800/238-9049, press “1” when prompted.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765

Email: jschwaba@eatright.org
www.eatright.org

2244. Re: Thank You

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 09, 2013 19:23:25
**Subject:** Re: Thank You
**Attachment:**

---

Thanks, Happy Mother's Day to you too!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On May 9, 2013, at 5:56 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Amazing gift. What a special way to honor you mother, Diane! Happy Mother's Day to all!

Sent from my iPhone

On May 9, 2013, at 6:49 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

Thanks go to Diane Heller for her very generous gift of $50,000 to the Foundation in memory of her mother, Harriet Weitzenfeld. This thoughtful gift is greatly appreciated and will help us continue to move the mission forward.

Thank you, Diane!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

<image002.jpg>

2245. Thank You

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
**Sent Date:** May 09, 2013 18:49:39
**Subject:** Thank You
**Attachment:** image002.jpg

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Thanks go to Diane Heller for her very generous gift of $50,000 to the Foundation in memory of her mother, Harriet Weitzenfeld. This thoughtful gift is greatly appreciated and will help us continue to move the mission forward.

Thank you, Diane!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

2246. RE: Meeting today at 1 p.m. EDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Paul Mifsud (pmif96@ameritech.net) <pmif96@ameritech.net>
**Sent Date:** May 09, 2013 17:07:30
**Subject:** RE: Meeting today at 1 p.m. EDT
**Attachment:** 2013 Board orientation for Donna.ppt

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Donna,

I took the questions and made a little power point out of it. If you don't like it, we can ditch it. I have to find out if we will have overheads. Let me know. Oh, and I added one question. It has little curve ball. Also, I am working on details; verbiage, take-aways, etc. So, if you don't like this I will stop.

Let me know.

Paul

**From:** Paul Mifsud
**Sent:** Wednesday, May 08, 2013 1:48 PM
**To:** DMartin@Burke.k12.ga.us
**Subject:** RE: Meeting today at 1 p.m. EDT

You can call my home phone at 630-355-5032

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, May 08, 2013 1:47 PM
**To:** Paul Mifsud
**Subject:** RE: Meeting today at 1 p.m. EDT

Yes. I will call you then.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 5/8/2013 2:44 PM >>>
Donna,

Can we try 10 a.m. CDT on Friday? I will be off, but, more than likely working on other issues as well.

P

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, May 08, 2013 8:32 AM
**To:** Paul Mifsud
**Subject:** Re: Meeting today at 1 p.m. EDT

Please let's reschedule. I have been out of the office for two days and am really behind. I am going to be on vacation Thursday and Friday so that would work for me. Anytime Friday would be best. You decide!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 5/8/2013 9:14 AM >>>
Donna,

I have you on my calendar for 1 p.m. EDT today. I can't remember why, except to address the Board orientation. Can we reschedule to tomorrow or Friday? I was unable to work yesterday and don't have anything for you yet.

Paul

2247. 05/09/13  ACH Check deposit notification (1 Pages)

**From:** sjackson@eatright.org
**To:** dmartin@burke.k12.ga.us
**Sent Date:** May 09, 2013 16:42:49
**Subject:** 05/09/13  ACH Check deposit notification (1 Pages)
**Attachment:** report.pdf

---

See Attached File

2248. Are you living in an ANDPAC Star State?

**From:** ANDPAC <andpac@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** May 09, 2013 15:06:20
**Subject:** Are you living in an ANDPAC Star State?
**Attachment:**

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Having trouble viewing this e-mail? View it in your browser.

**Get the VIP Treatment You Deserve at FNCE**
For the first time ever the Academys Political Action Committee ( ANDPAC) will be offering its top donors VIP treatment during FNCE. Perks include a VIP lounge complete with wine, cheese and snacks; a private meet and greet with a member of Congress; preferred seating at special events and much more!

To become a top donor a member must contribute $250 or more to ANDPAC within the year  thats less than $5 per week!

**Make New Friends, But Keep the Old**
Last year ANDPAC supported nearly 50 federal campaigns and pro-nutrition candidates in the 112th Congress. This year ANDPAC is already off to the races supporting 17 Congressional campaigns from both political parties and members from both the House and Senate.

Having our voice heard through our friends in Congress is vital to the success of our profession. We could not have done it without your generous donations and continued commitment to dietetics and nutrition.

But we still have more work to do! If you want to support your profession, consider donating to *your* political action committee, ANDAPC.

**ANDPAC Hits the Affiliate and DPG Circuit  Are You Ready?**
ANDPAC has hit the road, presenting at affiliate and DPG meetings and speaking to members about the important role policy plays in dietetics all across the country.

Affiliate and DPG leaders are finding creative ways to encourage other members to donate to support the Academys nutrition policy efforts. Raffling off prizes, meeting with members of Congress and listening to inspirational speeches are just a few ways members are being engaged in ANDPAC activities.

Thank you to the Illinois, Missouri, Iowa, Nebraska, Kansas and Louisiana Affiliates and the Weight Management DPG for supporting ANDPAC.

ANDPAC is coming to a meeting near you. *What will you give?*

**Like Us, Tweet Us, Follow Us**
To read the latest on nutrition policy and ANDPAC, follow us on twitter @EatRightPIA and like us on Facebook at Facebook.com/eatrightANDPAC.

To read tweets from PPW 2013 check out #PPWorkshop.
**ANDPAC Challenge: Become a Star State!**

ANDPAC wants to sponsor YOU to meet with your member of Congress at a local fundraising event in your state.

Every year members of Congress hold local fundraisers, providing constituents the opportunity to speak with their representatives. ANDPAC proudly highlights the star state affiliates who attended an event in 2012 to speak with Congressional candidates about nutrition and dietetics (see map above).

In 2013 we want to see more star states! If you are interested in meeting your representative, download the ANDPAC fundraising form.

**ANDPAC Brings Four Inspirational Congressional Members to PPW 2013**
ANDPAC contributed greatly to the Academys Public Policy Workshop (PPW) by bringing four members of Congress to speak to attendees about hunger, obesity and health care.

First up was Senator Heidi Heitkamp (N.D.) who gave a riveting speech on the contrast of hunger and obesity as they relate to health issues. She emphasized the importance of nutrition as the vanguard of the next great public health outcome, with the first step being education targeted specifically to members of Congress.

That evening at the ANDPAC Signature Event Maryland Representative, Elijah Cummings, addressed over 100 generous ANDPAC donors. Rep. Cummings spoke emotionally about the RD's role in changing our nations health by using efficient, effective communication. He concluded by encouraging attendees to push for policies that keep our people healthy.

On the final day the President of the Academy of Nutrition and Dietetics, Ethan Bergman PhD, RD, CD, FADA, presented Massachusetts Representative Jim McGovern with the 2013 Public Policy Leadership Award for his relentless fight against hunger in America. Every month Rep. McGovern stands before Congress and urges them to put into words and action a plan to fight hunger. Mr. McGovern recognizes the importance of nutrition in America.

Lastly, Iowa State Representative Bruce Braley, whose daughter is an RD, spoke on moving from

health care delivery systems to systems that reward for patient outcomes. Rep. Braley stated, "It is best to invest in prevention and wellness than treating sick people.

PPW attendees were moved by these members of Congress as evidenced by their accumulative donations of nearly $21,000. Generous donations to ANDPAC help the Academy and its members forge relationships with members of Congress who influence health, food and nutrition policy.

To learn more download *PPW TODAY*.

You have received the ANDPAC Newsletter from the Academy of Nutrition and Dietetics Political Action Committee. If you prefer not to receive future e-mails, simply follow this link to unsubscribe.
You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2249. Daily News: Thursday, May 9, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 09, 2013 11:13:22
**Subject:** Daily News: Thursday, May 9, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Its Membership Renewal Time!**
**Renew your Academy membership by May 31, 2013** to continue receiving the *Daily News* and your other favorite member benefits.
To renew online at www.eatright.org, log in and click the Renew Membership link under your name. Or, call the Member Service Center at 800/877-1600, ext. 5000 (Mon  Fri, 8AM  5PM, Central Time) / International callers  312/899-0040, ext. 5000.

**Study questions fish oil benefit before heart attack**
http://www.chicagotribune.com/health/sns-rt-us-fish-oilbre94714t-20130508,0,6681163.story
Source: *The New England Journal of Medicine*
http://www.nejm.org/doi/full/10.1056/NEJMoa1205409

**Hypertension in Youths Is Tied to School Success**
http://well.blogs.nytimes.com/2013/05/08/hypertension-in-youths-is-tied-to-school-success/?ref=health
Source: *Psychosomatic Medicine*
http://www.psychosomaticmedicine.org/content/75/4/422.abstract

**The Crucial Years for Protecting Your Eye Health**
http://online.wsj.com/article/SB10001424127887323687604578467203968399578.html

**Low Blood Sugar in Kids Linked to Mutations**
(Presented at the Pediatric Endocrine Society meeting)
http://www.medpagetoday.com/MeetingCoverage/PES/38975

**Fast food hasn't gotten much healthier**
http://www.myfoxaustin.com/story/22196805/fast-food-hasnt-gotten-much-healthier-study-says
Source:*American Journal of Preventive Medicine*

(scroll down to)
Nutritional Quality at Eight U.S. Fast-Food Chains 14-YearTrends
http://www.ajpmonline.org/

**Packaged diet foods may spur more weight loss**
http://www.chicagotribune.com/health/sns-rt-us-packaged-foodsbre9470xb-20130508,0,7652741.story
Source: *International Journal of Obesity*
http://www.nature.com/ijo/journal/vaop/ncurrent/full/ijo201343a.html

**Aerobic exercise as breast cancer prevention: Evidence mounts**
http://www.chicagotribune.com/health/la-heb-exercise-breast-cancer-20130507,0,1230276.story
Source:*Cancer Epidemiology, Biomarkers &Prevention*
http://cebp.aacrjournals.org/content/22/5/756.abstract?sid=c1aee6a0-3838-441a-b824-06be66738293

**Learn from my daughter's eating disorder**
http://www.cnn.com/2013/05/09/health/child-eating-disorder-expertqa/index.html?hpt=he_c2
Related Resource:*ADA Pocket Guide to Eating Disorders*
https://www.eatright.org/shop/product.aspx?id=6442463773

**Cook your own food**
http://www.cnn.com/video/?hpt=he_mid#/video/health/2013/05/08/hm-cook-your-own-food.cnn
Related Resources: Academys Video Library
http://www.eatright.org/Media/Videos.aspx

**A Bonanza of Vegetables Prepped and Ready**
http://online.wsj.com/article/SB10001424127887323372504578469112570861732.html
Related Resource: Home Food Safety
www.homefoodsafety.org

**Wrigley pulls caffeinated gum on FDA concerns**
http://vitals.nbcnews.com/_news/2013/05/08/18130129-wrigley-pulls-caffeinated-gum-on-fda-concerns?lite

**Lap Band Alternatives Await FDA Approval**
http://abcnews.go.com/Health/weight-loss-surgery-alternatives-years-us/story?id=19136429

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Early Versus Late Parenteral** Nutrition**in the Pediatric Intensive Care Unit (PEPaNIC)**
http://clinicaltrials.gov/ct2/show/NCT01536275?term=nutrition&rank=19

**MedlinePlus: Latest Health News**
-Could Adaptable Bacteria Cause Repeat Urinary Tract Infections?
-Could vaginal delivery be safer for preemies?
-High Blood Sugar May Add to Alzheimer's Risk: Study
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Christie may become weight-loss surgery role model, like it or not**
(Jennifer Stein, RD quoted)
http://www.nj.com/news/index.ssf/2013/05/christie_may_become_weight-los.html

**Gastric bypass surgery cannot replace healthy eating, exercise**
(By Kathy Kolasa, RD)
http://www.reflector.com/look/kolasa/kolasa-gastric-bypass-surgery-cannot-replace-healthy-eating-exercise-1975637

**Strategies celebrate Mexican heritage healthfully**
(By Heather Krieger, RD)
http://www.leadertelegram.com/features/food/article_1b62c093-ba43-531f-b76a-8aa2d2393d0d.html

**Eat like this to prevent disease**
(Lisa Gilreath, RD quoted)
http://www.timesnews.net/article/9061658/eat-like-this-to-prevent-disease

**Green beans among world's healthiest foods**
(By Tammi Hancock, RD)
http://www.heraldextra.com/sanpete-county/news/green-beans-among-world-s-healthiest-foods/article_02676143-e03e-598f-8732-24577f6803ba.html

**Lite Tex-Mex**
(Penny Wilson, RD quoted)
http://www.myfoxhouston.com/story/22200371/eat-this-not-that

**A caveat for strawberry season**
(By Suzanne Havala Hobbs, RD)

http://www.newsobserver.com/2013/05/07/2877527/a-caveat-for-strawberry-season.html

**Got diet milk?**
**Dairy industry asks for discreet labeling of non-sugar sweeteners in milk, but consumer groups object**
(Keith Ayoob, RD quoted)
http://www.chicagotribune.com/health/ct-met-diet-milk-20130509,0,3025965.story

**From farmers markets to cooking classes, schools are helping families grow better eating habits**
(Dana Mitchel, RD quoted)
http://www.charlestoncitypaper.com/charleston/from-farmers-markets-to-cooking-classes-schools-are-helping-families-grow-better-eating-habits/Content?oid=4625521

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20341
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20341-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2250. Additional May Board Meeting Materials

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, Sonja Connor <connors@ohsu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>
**Sent Date:** May 09, 2013 09:24:19
**Subject:** Additional May Board Meeting Materials
**Attachment:** image003.jpg
01.07g Legislative and Public Policy Report.doc
03.0 Strategic Plan - POW.pdf
11.2 FY 2014 Budget.pdf
15.0 Treasurer Term and FAC Composition.doc

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The remaining attachments for the May Board meeting; Legislative and Public Policy Committee (1.7g), Program of Work (3.0), FY 2014 Budget (11.2), and Treasurer Term and FAC Composition (15.0) agenda items have been posted to the communication platform and are also attached to this correspondence. A PDF file of the complete packet has been posted to the platform, as well.

Please login to the communications platform using the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, May 16-17 Board Meeting.

I look forward to seeing you soon!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
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Phone: 312-899-4798
Fax number: 312-899-4765
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www.eatright.org

2251. Re: Changes in Treasurer Term

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** peark02@outlook.com <peark02@outlook.com>, Joan Schwaba <JSchwaba@eatright.org>
**Sent Date:** May 09, 2013 09:07:21
**Subject:** Re: Changes in Treasurer Term
**Attachment:**

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Thanks--I was also going to do a transition timeline and have already spoken with Joan that it will need to be shared with the Nominating Committee.
Thanks for the spreadsheet!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On May 9, 2013, at 7:32 AM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

> Pat, I have been thinking about the Treasurer term change and think we may have a glitch in how it will play out for a few years. Please see the chart I plotted out on the attached excel spreadsheet. Food for thought anyway.
>
> Donna S. Martin, EdS, RD, LD, SNS
> Director School Nutrition Program
> Burke County Board of Education
> 789 Burke Veterans Parkway
> Waynesboro, GA 30830
>
> 706-554-5393 (office)
> 706-554-5655 (fax)
>
> DMartin@Burke.k12.ga.us

> <Treasurer terms.xlsx>

2252. RE: Meeting today at 1 p.m. EDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 08, 2013 14:48:03
**Subject:** RE: Meeting today at 1 p.m. EDT
**Attachment:**

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You can call my home phone at 630-355-5032

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, May 08, 2013 1:47 PM
**To:** Paul Mifsud
**Subject:** RE: Meeting today at 1 p.m. EDT

Yes. I will call you then.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 5/8/2013 2:44 PM >>>
Donna,

Can we try 10 a.m. CDT on Friday? I will be off, but, more than likely working on other issues as well.

P

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, May 08, 2013 8:32 AM
**To:** Paul Mifsud
**Subject:** Re: Meeting today at 1 p.m. EDT

Please let's reschedule. I have been out of the office for two days and am really behind. I am going to be on vacation Thursday and Friday so that would work for me. Anytime Friday would be best. You decide!

Donna S. Martin, EdS, RD, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 5/8/2013 9:14 AM >>>
Donna,

I have you on my calendar for 1 p.m. EDT today. I can't remember why, except to address the Board orientation. Can we reschedule to tomorrow or Friday? I was unable to work yesterday and don't have anything for you yet.

Paul

2253. RE: Meeting today at 1 p.m. EDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 08, 2013 14:44:49
**Subject:** RE: Meeting today at 1 p.m. EDT
**Attachment:**

---

Donna,

Can we try 10 a.m. CDT on Friday? I will be off, but, more than likely working on other issues as well.

P

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, May 08, 2013 8:32 AM
**To:** Paul Mifsud
**Subject:** Re: Meeting today at 1 p.m. EDT

Please let's reschedule. I have been out of the office for two days and am really behind. I am going to be on vacation Thursday and Friday so that would work for me. Anytime Friday would be best. You decide!

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 5/8/2013 9:14 AM >>>
Donna,

I have you on my calendar for 1 p.m. EDT today. I can't remember why, except to address the Board orientation. Can we reschedule to tomorrow or Friday? I was unable to work yesterday and don't have anything for you yet.

Paul

2254. RE: CEO Compensation Call

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** 'Ethan Bergman' <BergmanE@cwu.EDU>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, escottstumps@ecu.edu <escottstumps@ecu.edu>, glenna@glennamccollum.com <glenna@glennamccollum.com>, connors@ohsu.edu <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
**Sent Date:** May 08, 2013 13:34:23
**Subject:** RE: CEO Compensation Call
**Attachment:** image001.jpg
image002.jpg

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Thank you for your prompt reply to the Doodle Poll to determine the time for the CEO compensation call. Please mark your calendars for **Monday, May 13, 2013 at 10:00 am PT/ 11:00 am MT/ 12:00 pm CT/ 1:00 pm ET** for the call. The dial-in numbers for the teleconference are listed below.

Dial-In Number – 866/477-4564

Participant Code – 75 48 12 89 82

Host Code - 2422

Ethan, to assure the confidentiality of the call, are your comfortable opening the teleconference line by following the prompts and entering the host code? I can begin the teleconference but I'd need to leave my phone line open for the duration of the call in order not to disconnect the group.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
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**From:** Ethan Bergman [mailto:BergmanE@cwu.EDU]
**Sent:** Wednesday, May 08, 2013 10:50 AM
**To:** DMartin@Burke.k12.ga.us; Joan Schwaba; escottstumps@ecu.edu; glenna@glennamccollum.com; connors@ohsu.edu; peark02@outlook.com
**Cc:** bergmane@cwu.edu
**Subject:** Re: CEO Compensation Call

Hi All,

I just completed my doodle and if I am reading it correctly it looks like 10 am PT on Monday is our time. Is that correct Joan? Joan will send us information about how to access the call.

Here is the access information for the CEO survey monkey data so you can take a look at the compiled results.

The username and password to the account follow.

Website: www.surveymonkey.com

Login: AcademyBoardSurvey

Password: dietetics2

Take care

Ethan

Ethan Bergman

Ethan A. Bergman, PhD, RD, CD, FADA

President

Academy of Nutrition and Dietetics

Associate Dean College of Education and Professional Studies &
Professor of Food Science and Nutrition

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>>>Joan Schwaba <JSchwaba@eatright.org> 05/08/13 5:00 AM >>>

Hello,

Ethan would like to set up a conference call on Monday, May 13 to discuss CEO compensation. Please complete the Doodle Poll below to indicate your availability for the call. To access the poll, click on the following link (**the times are listed as Central Time Zone**).

http://www.doodle.com/7yngvvgnp4rc2d2c

If you need assistance completing the poll please contact me. I will send a save-the-date message and dial in information when the poll is completed.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
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www.eatright.org

2255. Time to Talk Today?

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 08, 2013 11:03:37
**Subject:** Time to Talk Today?
**Attachment:** image001.jpg

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Donna –

Can I talk to you today at 11:30 am CT?  If yes, what number should I use to call you? It's about the Treasurer term.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
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Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

2256. Eat Right Weekly - May 8, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 08, 2013 10:41:24
**Subject:** Eat Right Weekly - May 8, 2013
**Attachment:**

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Eat Right Weekly
May 8, 2013

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On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Academy Emphasizes to Congress Importance of Public Health Funding

Academy staff teamed up last week with members of the Coalition for Health Funding to visit offices of new members of Congress to discuss the importance of funding public health activities such as research, disease prevention and access to primary and preventive care services like nutrition services.

Learn More >>
Conference on Open Agricultural Data Seeks to End Global Food Insecurity

International agricultural leaders gathered in Washington, D.C., last week to discuss plans to distribute and utilize agriculture data collected in different countries to address global food security and nutrition, a legislative priority of the Academy.

Learn More >>
Academy Meets with CMS about Therapeutic Diet Orders

Academy President Ethan Bergman, PhD, RDN, CD, FADA, and the Academy's Policy Initiatives and Advocacy team met last week with officials from the Centers for Medicare and Medicaid

Services Survey and Certification Group to discuss the proposed rule on Therapeutic Diet Orders.

Learn More >>
Help Shape Policy: Academy Seeks Member Expertise

The government recently released a significant number of proposed regulations and information collections on issues important to Academy members, including food insecurity, Health IT, conditions of participation for health care facilities, the Ryan White HIV/AIDS Program, Medicare provider incentives and Nutrient Reference Intakes.

Learn More >>
Senior Nutrition Service Providers: Learn to Identify the Actual Cost of a Meal

The National Resource Center on Nutrition and Aging is offering two webinars in May on identifying the actual cost of a meal for senior nutrition programs.

Learn More >>
Members Discuss Nutrition Policy with Congress: You Can, Too

Thanks to the Academy's Political Action Committee, California Dietetic Association members recently attended a fundraiser for one of their members in Congress, Rep. Doris Matsui.

Learn More >>
Maintaining Patient Privacy in a Digital World

Make sure your patients' information is protected as health-care systems transition to using online tools.

Learn More >>
Popular Informatics Education Program Starts This Week

Do you want to integrate informatics into your nutrition care process? Sign up for the online course "Academy-AMIA 10 x 10 Informatics Education Program," which will take you to the next level in nutrition informatics practices.

Learn More >>

## CPE Corner

New - Standards of Practice and Standards of Professional Performance: Steering the RD Career in Diabetes

The Center for Professional Development introduces an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of

Professional Performance in diabetes care and to provide practical application of these standards.

Learn More >>
Obesity and Cancer Survivorship Webinar and More

The impact of obesity on cancer survivorship and applying the Nutrition Care Process in public health practice and social media ethics are just three of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
Free Webinar on Access to Healthy Foods at Food Banks

In a new, free webinar, members can learn about the obstacles food banks face in distributing healthy foods for families; see examples of improvements food banks are making across the country; and learn specific ways you can help support healthy foods in food banks.

Learn More >>
Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

The Center for Professional Development introduces an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

Learn More >>
Module on 'Leadership: Organizational Applications' Free for Academy Members

The Center for Professional Development introduces a new, free online learning module that will demonstrate how registered dietitian nutritionists have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

Oral Health and Nutrition Position Paper

The Academy's updated position paper on Oral Health and Nutrition has been published in the May *Journal of the Academy of Nutrition and Dietetics*.

Learn More >>
Save on May Book of the Month

*The Health Professional's Guide to Food Allergies and Intolerances* by Janice Vickerstaff Joneja, PhD, RD, is a comprehensive guide to the latest science behind food allergies and intolerances and offers practical suggestions for their management. Save 10 percent on this title during May.

Learn More >>
Watch the Mail: FNCE Program Preview

All members will receive the 2013 Food &Nutrition Conference &Expo program preview by mail during the first two weeks of May.

Learn More >>
Webcast on Transdisciplinary Professionalism

The Institute of Medicine's Global Forum on Innovation in Health Professional Education is holding a public workshop in Washington, D.C., May 14 and 15 on "Establishing Transdisciplinary Professionalism for Health." The workshop will be webcast live at no charge.

Learn More >>
USDA Offers Ways for Educators to Help with Healthy Habits

The U.S. Department of Agriculture is offering interactive and exploratory lessons as a creative way to connect school gardens with nutrition messages in the classroom, school cafeteria and at home.

Learn More >>

## Academy Member Updates

Membership Tops 75,000: 8th Straight Year of Growth

As many professional member associations in the United States experience membership declines, membership in the Academy of Nutrition and Dietetics rose in the past year to 75,067 - the largest in the Academy's 96-year history and the eighth consecutive year of growth.

Learn More >>
Academy Wins Hermes Creative Awards

The Academy has won numerous awards for innovative programs, services and publications, including platinum and gold Hermes Creative Awards from the Association of Marketing and Communication Professionals.

Learn More >>
Winners of Preceptor Recruitment Affiliate Challenge

The Academy and the Accreditation Council for Education in Nutrition and Dietetics congratulate the Wyoming Dietetic Association for winning the first National Preceptor Month affiliate challenge to recruit preceptors from their area. Thanks to all members and affiliates for their support and enthusiasm throughout April.

Learn More >>
Academy Member Receives Award for Excellence

The Association of State &Territorial Public Health Nutrition Directors has named Academy member Takako Tagami, MS, MBA, RD, LD, the 2012-2013 chair of the Public Health-Community Nutrition dietetic practice group, as the winner of ASTPHND's 2013 Excellence in Association Work award.

Learn More >>
Thanks to Academy Sponsors

To help achieve the Academy's mission of empowering members to be the nation's food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members, to share science-based information and new research with members and to enable the Academy to reach millions of consumers with healthy eating messages.

Learn More >>

## Philanthropy, Awards and Grants

April Kids Eat Right Everyday Heroes

Be inspired by Academy Foundation Everyday Heroes as they bring healthy change to their communities.

Learn More >>
Congratulations to Research Fellow

Jenica Abram, MPH, RDN, LDN, has been awarded the Foundation's Nutrition Education Research Fellowship, which supports a one-year, full-time position to complete development and validation of a checklist tool that identifies the strongest evidence-based qualities incorporated into successful nutrition education programs.

Learn More >>
$35,000 Research Grant Available through Foundation

Are you interested in slowing the progression of obesity in children? A one-year grant of up to $35,000 is available for a research project that explores lifestyle interventions to reduce the risk of childhood obesity. The application deadline is July 1.

Learn More >>
Kids Eat Right "Healthy Eating. From the Ground Up." Mini-Grant Opportunity

To support the use of the new Kids Eat Right toolkit "Healthy Eating. From the Ground Up." 50 $200 grants are available. Recipients of the mini-grants agree to give two presentations from the new Healthy Eating toolkit for elementary students, teens and-or parents between June 3 and August 2.

Learn More >>
Make a Difference While Renewing Your Membership

*I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.*
- Patricia A. Obayashi, MS, RD, CDE

Learn More >>
Making an Impact in Nation's Capital

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2257. Meeting today at 1 p.m. EDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 08, 2013 09:14:52
**Subject:** Meeting today at 1 p.m. EDT
**Attachment:**

---

Donna,

I have you on my calendar for 1 p.m. EDT today. I can't remember why, except to address the Board orientation. Can we reschedule to tomorrow or Friday? I was unable to work yesterday and don't have anything for you yet.

Paul

2258. CEO Compensation Call

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Glenna McCollum <glenna@glennamccollum.com>, escottstumps@ecu.edu <escottstumps@ecu.edu>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
**Cc:** 'Ethan Bergman' <bergmane@cwu.EDU>
**Sent Date:** May 08, 2013 08:00:02
**Subject:** CEO Compensation Call
**Attachment:** image002.jpg

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Hello,

Ethan would like to set up a conference call on Monday, May 13 to discuss CEO compensation. Please complete the Doodle Poll below to indicate your availability for the call. To access the poll, click on the following link (**the times are listed as Central Time Zone**).

http://www.doodle.com/7yngvvgnp4rc2d2c

If you need assistance completing the poll please contact me. I will send a save-the-date message and dial in information when the poll is completed.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2259. May Board Meeting

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, Sonja Connor <connors@ohsu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>
**Sent Date:** May 07, 2013 17:42:07
**Subject:** May Board Meeting
**Attachment:** image002.jpg

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The agenda and the majority of corresponding attachments for the May 16-17 Board meeting are now available on the Board of Directors' communication platform. Legislative and Public Policy Committee (1.7g), Program of Work (3.0), FY 2014 Budget (11.2), and Treasurer Term (15.0) agenda items will be posted by Wednesday. Paper packets will be delivered via UPS on Friday, May 10 to those Board members who requested one. Executive session materials will be provided at the registration desk when you arrive at the Hotel Burnham; they will be hand delivered to those of you meeting at headquarters for orientation.

Please login to the communications platform using the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, May 16-17 Board Meeting.

We welcome President-elect Sonja Connor and Foundation Chair Kathy McClusky to the meeting! We have a number of guests who will be joining us: Annalynn Skipper, PhD, RD, FADA, chair of

the Commission on Dietetic Registration, and Dick Rogers of Readex will present CDR major programmatic updates; Marla Bobowick, MBA, CNM, Senior Governance Consultant for BoardSource, will lead a discussion on this year's Board self-assessment results; and Margaret Dittloff, MS, RD, chair of the Nutrition Informatics Committee, will present a committee update via telephone.

Hotel reservations have been made for you at the Hotel Burnham, One West Washington Street, for arrival on May 14 for those attending the orientation, and arrival on May 15 for the others, unless you requested otherwise. Your hotel room will be master-billed, but you will be asked to pay for incidentals.

The Board celebration dinner for current and incoming Board members and staff attending the meeting is scheduled for Thursday evening, May 16 at Sunda Restaurant, 110 West Illinois Street.  Please let Joan know if you will bring a guest.  We will begin with a special wine tasting demonstration led by Trisha's daughter, Christy Fuhrman, a certified sommelier.  The attire for the meeting, including dinner, is business casual.

I look forward to seeing you!

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2260. May 14-15 Orientation

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** 'Sonja Connor' <connors@ohsu.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, Nancy Lewis <nlewis2@unl.edu>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'KathyMcClusky@IamMorrison.com' <KathyMcClusky@IamMorrison.com>, Ragalie, Jean <Jean.Ragalie@rosedmi.com>, Elise Smith <easaden@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
**Sent Date:** May 07, 2013 13:35:48
**Subject:** May 14-15 Orientation
**Attachment:** image002.jpg
Agenda BOD Orientation 2013.doc

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We look forward to seeing you at the orientation for incoming Academy and Foundation Board members on May 14-15 at Academy headquarters, 120 South Riverside, Suite 2000, Chicago, IL, 60606. The orientation begins with lunch at 12:00 pm on Tuesday, May 14 and adjourns at 5:30 pm on Wednesday, May 15. A group dinner is planned for Tuesday at 6:30 pm.

The orientation agenda is attached; a handbook will be provided to you on-site. We did not provide it to you ahead of time since it is a resource that supplements the verbal presentations during the orientation. Together, the presentations and the handbook offer information on the Academy's strategic direction, the Board's roles and responsibilities, and our current programs and services. You will also receive the handbook on a flash drive so you can take it with you for reference whenever needed.

See you next week!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
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Phone: 312-899-4798

Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2261. Daily News: Tuesday, May 7, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 07, 2013 11:04:00
**Subject:** Daily News: Tuesday, May 7, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**With obesity epidemic, whats the best way to get people to eat healthfully?**
http://www.washingtonpost.com/national/health-science/with-obesity-epidemic-whats-the-best-way-to-get-people-to-eat-healthfully/2013/05/06/516736d4-a076-11e2-be47-b44febada3a8_story.html

**Metabolic Focus Helps with Critically Ill**
(Presented at the American Association of Clinical Endocrinologists meeting)
http://www.medpagetoday.com/MeetingCoverage/AACE/38906
Related Resource: Critical Illness- Evidence-based Nutrition Practice Guideline 2012
http://andevidencelibrary.com/topic.cfm?cat=4800

**Antioxidants are beneficial, but consumers should know the myths about them**
http://www.washingtonpost.com/national/health-science/antioxidants-are-beneficial-but-consumers-should-know-the-myths-about-them/2013/05/03/d592291a-97e7-11e2-814b-063623d80a60_story.html
Related Resource: Question of the Month- May*Journal* 2013
What Has Happened to the ORAC Database?
http://www.andjrnl.org/article/S2212-2672(13)00242-6/fulltext

**Sucking Your Childs Pacifier Clean May Have Benefits**
http://well.blogs.nytimes.com/2013/05/06/why-dirty-pacifiers-may-be-your-childs-friend/?ref=health
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/04/30/peds.2012-3345.abstract

**Hungry Shoppers Head for High Calorie Aisle**
http://www.medpagetoday.com/PrimaryCare/DietNutrition/38912

Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1685889

**Pregnancy: Shed Pounds for Successful VBAC**
(presentation at the American Congress of Obstetricians and Gynecologists meeting)
http://www.medpagetoday.com/MeetingCoverage/ACOG/38916

**Low Vitamin D in Obese Linked to Risks**
(Presented in a poster session at the annual meeting of the Pediatric Endocrine Society)
http://www.medpagetoday.com/MeetingCoverage/PES/38902

**Really? Most of the Added Sugar in Our Diets Comes From Sugary Drinks**
http://well.blogs.nytimes.com/2013/05/06/really-most-of-the-added-sugar-in-our-diets-comes-from-sugary-drinks/?ref=health
Source: Consumption of Added Sugars Among U.S. Adults, 20052010
http://www.cdc.gov/nchs/data/databriefs/db122.htm#ref6

**N.J. Gov. Christie says he had weight-loss surgery**
http://www.usatoday.com/story/news/politics/2013/05/07/chris-christie-weight-loss-surgery-governor/2140533/
Related Resource: *Complete Counseling Kit for Weight Loss Surgery*
https://www.eatright.org/shop/product.aspx?id=6442472279

**Partum Shots: 9 Months of Diet Advice**
http://abcnews.go.com/Health/expecting-criticism-moms-target-diet-advice/story?id=19124042

**Report: 4 inexpensive products can save newborns**
http://www.usatoday.com/story/news/nation/2013/05/07/mothers-newborns-children/2137163/
Source: Surviving the First Day- State of the Worlds Mothers 2013
http://www.savethechildrenweb.org/SOWM-2013/

**Death Rate Dropping for Children on Dialysis: Study**
http://consumer.healthday.com/Article.asp?AID=676076
Source:*Journal of the American Medical Association*
*http://jama.jamanetwork.com/article.aspx?articleid=1685779*

**AAP Calls for Better Care for Immigrant Kids**
http://www.medpagetoday.com/Pediatrics/GeneralPediatrics/38910
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/04/30/peds.2013-1099.abstract

**Religious support tied to intensive end-of-life care**
http://www.chicagotribune.com/health/sns-rt-us-religious-intensivebre9460ip-20130507,0,5774117.story
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1685898
Related Resource: FNCE 2013- (2 sessions)
Alzheimer's Disease, End-of-Life Care and the Dietitian
http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=28329
Medical Ethics and Nutrition at the End of Life
http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=28337

**Misdiagnosis is more common than drug errors or wrong-site surgery**
http://www.washingtonpost.com/national/health-science/misdiagnosis-is-more-common-than-drug-errors-or-wrong-site-surgery/2013/05/03/5d71a374-9af4-11e2-a941-a19bce7af755_story.html

**Does aluminum in pans and antiperspirants lead to Alzheimers disease?**
http://www.washingtonpost.com/national/health-science/does-aluminum-in-pans-and-antiperspirants-lead-to-alzheimers-disease/2013/05/03/e2726998-ae75-11e2-98ef-d1072ed3cc27_story.html

**MedlinePlus: Latest Health News**
-Can High-Protein, Low-Carb Diet Boost Fertility Treatment?
-Could family longevity protect against dementia?
-Most Docs Don't Follow ADHD Treatment Guidelines for Preschoolers: Study
-MS more common in blacks than previously thought
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Coconut water fortifies diet when substituted for non nutritive drinks research shows**
Presented at Experimental Biology Conference Boston April 2013
(Cathy Kapica, RD quoted)
http://www.foodnavigator-usa.com/R-D/Coconut-water-fortifies-diet-when-substituted-for-non-nutritive-drinks-research-shows

**How Can People Be Overweight and Malnourished?**
(Dee Sandquist, Academy Spokesperson &Joanne Slavin, RD both quoted)
http://news.discovery.com/human/health/how-can-people-be-overweight-and-malnourished-130506.htm

**Healthy eating can be a life-changing experience**
(Karla Wessling, Dietetic Student quoted)
http://kansan.com/news/2013/05/06/healthy-eating-can-be-a-life-changing-experience/

**The Gift of Walnut**
(Andrea Dunn, RD quoted)
http://newindianexpress.com/cities/hyderabad/The-gift-of-the-walnut/2013/05/06/article1577329.ece

**Unexpected ways to use Greek yogurt**
(Michelle Dudash, RD &Allison Enke, RD both quoted)
http://www.bradenton.com/2013/05/07/4514586/unexpected-ways-to-use-greek-yogurt.html

**Healthy Foods  Healthy Kids: Energy &sport drinks  Does your child need them?**
(By Elizabeth Strickland Sauls, RD)
http://www.yourglenrosetx.com/news/lifestyles/article_70bc3599-3b13-5909-ab75-1ca73ee12439.html

**Your health: Burn up that fat**
(Susan Dopart, RD quoted)
https://www.dailyherald.com/article/20130506/entlife/705069999/

**5 ways to tame late-night cravings**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/05/07/5-ways-to-tame-late-night-cravings/#ixzz2Sc3kByxD

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20291-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2262. Fwd: REVIEW NEEDED: Proof of July PPN article

**From:** Mary Pat Raimondi <mraimondi@eatright.org>
**To:** Karen Ehrens <karen@ehrensconsulting.com>, Kim Prendergast <kim.prendergast@gmail.com>, Kim Prendergast <kim@theprendergasts.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Meg Bruening <Meg.Bruening@asu.edu>
**Cc:** Jason Switt <JSwitt@eatright.org>
**Sent Date:** May 07, 2013 06:38:21
**Subject:** Fwd: REVIEW NEEDED: Proof of July PPN article
**Attachment:** image001.jpg
ATT00001.htm
480_PPN_Raimondi.pdf
ATT00002.htm

---

Hello!
Thank you all for your wonderful efforts on food insecurity. I wanted to share the piece as it is in the final stages. I realize you are not the authors but want to make sure you saw the piece about your work.

I have answered most of the questions and corrected Kim's name. If there are any questions related to your part, can you forward the information?

Jason's timeline is tight so hopefully it works for you.

This is a tribute to your work, thank you!
-Mary Pat

Begin forwarded message:

**From:** Jason Switt <JSwitt@eatright.org>
**Date:** May 6, 2013, 2:02:14 PM EDTv
**To:** Mary Pat Raimondi j< mraimondi@eatright.org>
**Cc:** Jessica Larson <JLarson@eatright.org>
**Subject: REVIEW NEEDED: Proof of July PPN article**

Hi Mary Pat,

Attached is the proof of your PPN scheduled for the July print issue. Can you please review the proof, answer the 7 author queries on page 1 of the PDF, and let me know if you have any additional corrections by 10 AM CT this Thursday, May 9?

Please let me know if you have any questions.

Thanks,

**Jason Switt**

***Journal Editor***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

800/877-1600 ext. 4831

www.eatright.org

2263. Houston is...

**From:** Academy of Nutrition and Dietetics <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** May 06, 2013 13:18:55
**Subject:** Houston is...
**Attachment:**

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2264. Daily News: Monday, May 6, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 06, 2013 10:53:56
**Subject:** Daily News: Monday, May 6, 2013
**Attachment:**

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Please note that some publications may require registration or a subscription to access online content.

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**Popular eye supplements need a tweak, study suggests**
http://www.usatoday.com/story/news/nation/2013/05/05/eye-supplements-macular-degeneration/2134069/
Source: *Journal of the American Medical Association*
http://jama.jamanetwork.com/article.aspx?articleid=1684847

**Mika Brzezinski shares her battle with eating disorders**
http://www.usatoday.com/story/news/nation/2013/05/06/mika-brzezinski-eating-disorders/2126465/
Related Resource: Nutrition Intervention in the Treatment of Eating Disorders
http://www.eatright.org/About/Content.aspx?id=8386

**Supplement builds strength in fibromyalgia trial**
http://www.chicagotribune.com/health/sns-rt-us-supplement-fibromyalgiabre9420y5-20130503,0,2087857.story
Source: *Arthritis Care &Research*
http://onlinelibrary.wiley.com/doi/10.1002/acr.22020/abstract

**Autism Linked to Environmental Factors**
(Presented Friday at the International Society for Autism Research conference)
http://online.wsj.com/article/SB10001424127887324766604578460533650317520.html

**U.K. Health Service Takes Closer Look at Apps' Potential**
http://online.wsj.com/article/SB10001424127887324266904578460913262105152.html
Related Resource: App Reviews
http://foodandnutritionmag.org/resources/app-reviews

**Hotnew beverage trends**
http://www.foxnews.com/health/2013/05/06/hot-new-beverage-trends/

**Drug, club and foodservice: The next big growth opportunities for gluten-free**
http://www.foodnavigator-usa.com/Manufacturers/Drug-club-and-foodservice-The-next-big-growth-opportunities-for-gluten-free

**Budget cuts won't reduce food safety inspections**
http://www.usatoday.com/story/news/nation/2013/05/03/budget-cuts-food-safety-fda-usda-sequester/2129597/

**Despite inspections, raw milk sickened more than 100**
http://www.foxnews.com/health/2013/05/04/raw-milk-sickened-scores-despite-inspections/
Source: *Clinical Infectious Diseases*.
http://cid.oxfordjournals.org/content/early/2013/04/25/cid.cit231.abstract?sid=ab035624-f823-4f99-a8c1-d6affd02a19f

**The germiest spots in your kitchen -- where you least expect them**
http://www.today.com/health/germiest-spots-your-kitchen-where-you-least-expect-them-6C9744643#germiest-spots-your-kitchen-where-you-least-expect-them-6C9744643
Related Resource: Home Food Safety
http://homefoodsafety.org/

**Unfortunately yes mold did grow in Capri Sun Kraft Foods**
http://www.foodnavigator-usa.com/Manufacturers/Unfortunately-yes-mold-did-grow-in-Capri-Sun-Kraft-Foods

**China probes mutton supplier; government website says linked to Yum**
http://www.chicagotribune.com/business/sns-rt-us-yum-china-littlesheepbre94502e-20130505,0,4474710.story

**Get off your duff: Work and walk with a treadmill desk**
http://www.usatoday.com/story/tech/personal/2013/05/04/standing-desk-trekdesk-steelcase/2130143/

**Registered Dietitians in the News**

**Plant a salad bowl garden this summer**
(By Rebecca Cripe, RD)
http://lacrossetribune.com/lifestyles/food-and-cooking/plant-a-salad-bowl-garden-this-summer/article_f9281012-b419-11e2-8878-001a4bcf887a.html

**Keeping Things Tasty Without Salt**
(Marcia Crawford, RD featured)
http://www.indianasnewscenter.com/insight/inhealth/Dietitian-Marcia-Crawford---Keeping-Things-Tasty-Without-Salt-204877811.html

**From the Dietitian: Help Mom get healthy this Mother's Day**
(By Amanda Devereaux, RD)
http://www.desmoinesregister.com/article/20130506/LIFE/305060018/From-Dietitian-Help-Mom-get-healthy-Mother-s-Day

**Think about what you drink**
(By Pam Stuppy, RD)
http://www.seacoastonline.com/apps/pbcs.dll/article?AID=/20130505/LIFE/305050310/-1/NEWSMAP

**Get snackin' - Your overall health will benefit when you nosh on healthy foods between meals**
(By Heather Illg, RD)
http://www.desmoinesregister.com/article/20130506/LIFE/305060022/0/NEWS/?odyssey=nav%7Chead

**A Musical Message for Children on Healthy Eating**
(Helen Butleroff-Leahy, RD quoted)
http://well.blogs.nytimes.com/2013/05/06/a-musical-message-for-children-on-healthy-eating/?ref=health

**Dietitian careers offer food for thought**
(Tamar Kafka, Kimberley Black &Marlene Wyatt, Dietitians/Canada all quoted)
http://www.leaderpost.com/health/Dietitian+careers+offer+food+thought/8337193/story.html#ixzz2SWCvrAhc

**Which granola bars are the healthiest to eat?**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/which-granola-bars-are-the-healthiest-to-eat/article11703335/

**The omnivores other dilemma: Eating meat and the link between the guts bacteria and heart disease**
(By Jennifer Sygo, Dietitian/Canada)
http://life.nationalpost.com/2013/04/30/the-omnivores-other-dilemma-eating-meat-and-the-link-between-the-guts-bacteria-and-heart-disease/

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.
To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20262
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20262-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2265. RE: BOD Orientation Questions

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 05, 2013 14:05:58
**Subject:** RE: BOD Orientation Questions
**Attachment:**

---

It is at the moment!!

**From:** DMartin@Burke.k12.ga.us
**Sent:** Sunday, May 05, 2013 1:05 PM
**To:** Paul Mifsud
**Subject:** Re: BOD Orientation Questions

Excellent. I love it. I think we have a winner! I am in San Antonio for the School Nutrition Association Foundation meeting. Will miss the second day of the house meeting. Hope it goes well.
Talk to you Wednesday.
Sent from my iPhone

On May 5, 2013, at 10:13 AM, Paul Mifsud <PMifsud@eatright.org> wrote:

Donna,

I added a couple of questions and made an adjustment to one. Let me know your thoughts.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, May 03, 2013 2:28 PM
**To:** Paul Mifsud
**Subject:** BOD Orientation Questions

Paul,  Here is my first shot at a quiz for BOD Orientation.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

<Questions for BOD Orientation.docx>

2266. RE: BOD Orientation Questions

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 05, 2013 11:13:22
**Subject:** RE: BOD Orientation Questions
**Attachment:** Questions for BOD Orientation.docx

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Donna,

I added a couple of questions and made an adjustment to one. Let me know your thoughts.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, May 03, 2013 2:28 PM
**To:** Paul Mifsud
**Subject:** BOD Orientation Questions

Paul, Here is my first shot at a quiz for BOD Orientation.

Donna S. Martin, EdS, RD, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2267. FW: Sunday, May 5, 2013 Logistics

**From:** Anna Murphy <amurphy@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 04, 2013 22:29:54
**Subject:** FW: Sunday, May 5, 2013 Logistics
**Attachment:**

---

**Anna Murphy, MPH, RD, LD**

*Senior Manager, House of Delegates Governance*

**Academy of Nutrition and Dietetics**

**(formerly the American Dietetic Association)**
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312/899-4893

amurphy@eatright.org

www.eatright.org

**From:** Anna Murphy
**Sent:** Saturday, May 04, 2013 6:05 PM
**To:** Anna Murphy; 'afkds@uaa.alaska.edu'; fellerb@auburn.edu; 'edithaheb@yahoo.com'; 'pollycarroll@sbcglobal.net'; 'tverason@dcaz.org'; 'harriet.h.cloud@gmail.com'; 'dchen@csusb.edu'; 'lmnichol@calpoly.edu'; 'mikellem@berkeley.edu'; 'monica.mccorkle@yahoo.com'; 'wbuchan@csus.edu'; 'ann.childers@palmettohealth.org'; 'alena.clark@unco.edu'; 'milton@onesourcenutrition.net'; 'kholt@georgetown.edu'; 'konek@email.chop.edu'; 'tracy.wilczek@gmail.com'; 'kdhaubri@baptisthealthsystem.com'; 'kniedert@aol.com'; 'maryleechinrd@gmail.com'; 'jenwoole@med.umich.edu'; 'charlenelquinn@hotmail.com'; 'verabart@ameritech.net'; 'seadams@rcn.com'; 'scryst@maria-joseph.net'; 'barbarakamp@gmail.com'; 'angie.tagtow@mac.com'; 'lmr5091@nyu.edu'; 'joyce.buhler@lpnt.net'; 'johnstonruth@att.net'; 'ekf@carolina.rr.com';

'lona.sandon@utsouthwestern.edu'; 'rita@ritamitchell.org'; 'KATRINA.CLAGHORN@UPHS.UPENN.EDU'; 'mjtate@cox.net'; 'lheller@chla.usc.edu'; 'wvbold@mail.wvnet.edu'; 'mvitolin@wfubmc.edu'; 'pamela.kent@genzyme.com'; 'jmpace16@gmail.com'; 'lgodfrey4621@charter.net'; 'dandersster@gmail.com'; 'angela.sader@cox.net'; 'amkis@ccp.edu'; 'tjcline@comcast.net'; 'bjimenez@broward.org'; 'nadine.pazder@baycare.org'; 'dietitiansherry@gmail.com'; 'easaden@aol.com'; 'linda.farr@me.com'; 'cyndylk@gmail.com'; 'dksandquist@gmail.com'; 'schnruth@isu.edu'; 'rdanna@ymail.com'; 'KR-Greathouse@wiu.edu'; 'sstraub@holidayhealthcare.com'; 'carol.gilmore@att.net'; 'mbthomasrd@gmail.com'; 'diane.douglas@lmchh.com'; 'kendrin_rae@hotmail.com'; 'kbellesky@chasebrexton.org'; 'charrgtx@cs.com'; 'simpkins.charity@gmail.com'; 'raedekem@missouri.edu'; 'cabailey1978@yahoo.com'; 'debsstampin@msn.com'; 'ncdadelegate@gmail.com'; 'bonita.hoverson@ars.usda.gov'; 'shelly.a@csaceliacs.org'; 'Nutrition911@gmail.com'; 'MMaciolek@MiddlesexCC.edu'; 'eyakes@unm.edu'; 'Diana.Monaco@fda.hhs.gov'; 'gezoe@zmail.newpaltz.edu'; 'jesrdny@yahoo.com'; 'melissa_buczek@yahoo.com'; 'scryst@maria-joseph.net'; 'smleson@ysu.edu'; 'sarah.miracle@sbcglobal.net'; 'kimra.hawk@providence.org'; 'abigail.elizabeth.coleman@gmail.com'; 'cnutr@msn.com'; 'elsa.pinto@live.com'; maryetta.moorachian@jwu.edu; 'randing@bcm.tmc.edu'; 'Becky@BeckyDorner.com'; 'dpolly@MIFA.org'; 'tom.malone@va.gov'; 'dr.cijrd@verizon.net'; 'tinamaxwell.rd@gmail.com'; 'katie.mcdonald@imail.org'; 'Linda.Foster@vdh.virginia.gov'; 'eleanor@letstalkfood.us'; 'sjohansenrd@gmail.com'; 'afrederick@lifecaresoln.com'; 'pathharper@gmail.com'; 'brooke.nissimsabat@pierpont.edu'; 'cherylgray_22@msn.com'; 'Trisha Fuhrman'; Nancylewis1000@gmail.com; 'lmr5091@nyu.edu'; 'seadams@rcn.com'; 'mary.houston@heartland-health.com'; 'sandymda@aol.com'; 'tlk3@case.edu'; 'kendrin_rae@hotmail.com'; 'Woodson, Phyllis M.'; 'colleen.kristbaum@wfhc.org'; 'crystal@crystalclearnutrition.com'; 'JShearerRD@gmail.com'; 'maryann@meadenutrition.com'; 'Lisa Dierks'

**Cc:** Harold Holler; Charlene Rice; 'cewait.10@gmail.com'; 'eneum1961@sbcglobal.net'; 'Katie@nurturing-nutrition.com'; 'Catherineconway@msn.com'; 'Lbeseler'; 'dmartin@burke.12.ga.us'; 'glenna@glennamccollum.com'; 'Ethan Bergman'; 'Evelyn Crayton'; Patricia Babjak; Diane Moore-Enos; Donna Wickstrom

**Subject:** Sunday, May 5, 2013 Logistics

**Date:** May 4, 2013

**To:** House of Delegates

**From**: HOD Leadership Team

**Subject:** Overview of Today and Day 1 Summary of Dialogue Session

Thank you to all the delegates that stayed with us today during the technical glitches that occurred. As always, we are fast, fluid, flexible and fun! Despite a few technical difficulties, you were energetic, passionate and positive. Thank you for your patience as we worked through the kinks. You didn't let it slow you down! We have evaluated the situation, worked out some issues, and have made the decision to use WebEx for the meeting tomorrow. We also have a back-up plan just in case.

Again, thank you for a wonderful meeting today-we hope you enjoyed your discussions with your virtual table and we look forward to another productive day tomorrow.

As a reminder, please join the webinar at **11:30 am CT tomorrow**. Even if you had a smooth day with no technical or audio issues, we want to make sure you have time to log on to the webinar and check your audio prior to the meeting getting underway.

We have a packed day tomorrow and the meeting will run a little longer than it did today. But for great reasons-we have two wonderful presentations tomorrow and will also witness the transfer of leadership at the end of the day.

**As noted earlier, please use the Attendee Direct URL:**
https://eatrightevents.webex.com/eatrightevents/k2/j.php?ED=204095447&UID=39047148&HMAC=87021937ed0b9c3b5ef8fb698b4e2be1458393c6&RT=MiM3

We will also keep the reconfigured tables working together for Sunday:

- New table 1 will combine delegates from old tables 1 and 2.
- New table 2 will combine delegates from old tables 3 and 4.
- New table 3 will combine from old tables 5 and 6.
- New table 4 will combine old tables 7 and 8.
- New table 5 will combine old tables 9 and 10.
- New table 6 will combine old tables 11 and 12

- New table 7 will combine old tables 13, 14 and 15.

Summary of the Day 1 Dialogue Session

“Food security is the linchpin of healthful living and must be achieved in the US to improve the health of its citizens and residents”—a quote from the Academy’s position paper on Food Insecurity in the US.

Today’s productive discussions were driven by your special knowledge of the food and nutrition insecurity status in your states and communities, and enlightened by the expertise and commitment each of you brings to this issue.

Some examples of Report out Tweets:

· Calories in, good nutrition@eatrightfights#foodinsecurity

· Solve cooking mystery #skillsforlife #bakeapotatoe #RDknowledge #foodsecure

· Don’t waste. Donate Food. #GoodSamaritanLaw

Ethical and social responsibility:

· As American leaders in nutrition and dietetics, our Code of Ethics gives us the ability to motivate and inspire others.

· It part of who we are.

· It is in the nature of our younger generation of members.

How do we as members inspire and motivate others to take action?

· Use personal stories to make the point.

· Repeat messages about the efforts to overcome food insecurity.

· Put forward actions that currently work and coordinate efforts with organizations that are successful in addressing hunger (i.e. Feeding America).

· We need to review and improve the factors that create food and nutrition insecurity such as food deserts.

· Communicate on the difficulty to create healthy meals within the limitations of SNAP Education—use RDs to assist in this effort.

· Use a list of available volunteer positions that members can use to participate in food and nutrition security activities.

· Providing an action plan with specific suggested actions. Consider different levels of involvement.

· Adopt a fun activity that addresses the problem.

**Anna Murphy, MPH, RD, LD**

*Senior Manager, House of Delegates Governance*

**Academy of Nutrition and Dietetics**

**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.**

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Chicago, Illinois 60606-6995

312/899-4893

amurphy@eatright.org

www.eatright.org

2268. Signature

**From:** Jeri Palmer <JPALMER@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 03, 2013 13:56:05
**Subject:** Signature
**Attachment:** image001.jpg
Ethan Bergman.jpg

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**Jeri Palmer**

***Executive Assistant***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4750
jpalmer@eatright.org

www.eatright.org

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-
-
-

2269. FW: Board Orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 03, 2013 11:11:17
**Subject:** FW: Board Orientation
**Attachment:** image004.png
image003.jpg
Agenda BOD Orientation 2013.doc
3.0 Fiscal Oversight and Risk Management.pdf

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Donna,

FYI.

Paul

**From:** Joan Schwaba
**Sent:** Friday, May 03, 2013 9:20 AM
**To:** Paul Mifsud
**Subject:** RE: Board Orientation

Hi Paul –
I will check with Mary to see if she will be in the office for orientation. Can you please send Donna the usual talking points as in the past years for the board orientation along with the agenda (attached) and materials? The presentation and attachment in the handbook is also attached. You are welcome to join the incoming Board for lunch on Wednesday.

Thanks,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
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120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** Paul Mifsud
**Sent:** Friday, May 03, 2013 8:29 AM
**To:** Joan Schwaba
**Subject:** FW: Board Orientation

FYI.

P

**From:** Paul Mifsud
**Sent:** Tuesday, April 30, 2013 9:31 AM
**To:** Joan Schwaba
**Subject:** RE: Board Orientation

Joan,

Donna and Mary have decided that Donna should provide the Board Orientation. Since the original presentation had Mary on the cover, I thought you might want to change it to Donna. Here is the changed presentation. If you just want to change the name on the one you have, feel free to do so.

Paul

**From:** Joan Schwaba
**Sent:** Monday, April 29, 2013 10:10 AM
**To:** Paul Mifsud

**Subject:** Board Orientation

You mentioned you discussed with Mary and Donna about who is presenting at the Board orientation. Is there any follow up I need to do with them? We will share a final orientation agenda this week with staff.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
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Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2270. Daily News & Journal Review: Friday, May 3, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 03, 2013 10:58:18
**Subject:** Daily News & Journal Review: Friday, May 3, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Academy of Nutrition and Dietetics Reaches Highest Membership Level In History, Passes 75,000**
http://online.wsj.com/article/PR-CO-20130502-914010.html
Related Resource: Academy Member Center
http://www.eatright.org/Members/content.aspx?id=11067

**Most people aren't meeting exercise guidelines**
**Few people doing enough aerobic activity and strength training**
http://www.usatoday.com/story/news/nation/2013/05/02/physical-activity-guidelines/2128971/
Source: CDC-*MMWR*
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6217a2.htm?s_cid=mm6217a2_w

**Heart-Healthy Lifestyle May Also Prevent Lethal Blood Clots**
**Large U.S. study followed people nearly 5 years to gauge their risk**
(Study was presented at an American Heart Association meeting)
http://www.nlm.nih.gov/medlineplus/news/fullstory_136469.html

**Babies of women who eat junk food while pregnant 'more likely to be obese'**
http://www.telegraph.co.uk/health/healthnews/10027007/Babies-of-women-who-eat-junk-food-while-pregnant-more-likely-to-be-obese.html
Source: *FASEB Journal*
http://www.fasebj.org/content/27/3/1275.abstract

**Women Who Drink Alcohol Before Pregnancy Less Likely To Take Multivitamins**
http://www.medicalnewstoday.com/releases/259895.php

**Gene Test May Help Predict Success of Weight-Loss Surgery**
**Change to DNA might explain why some shed more pounds than others after gastric bypass, study says**
http://consumer.healthday.com/Article.asp?AID=676038
Source: *American Journal of Human Genetics*
http://www.cell.com/AJHG/abstract/S0002-9297(13)00170-5

**FDA Announces Availability of Updated Guide Designed to Help Ensure That Oysters, Clams, Mussels, and Scallops are Safe to Eat**
http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm350414.htm

**Popular Antibacterial Soap Ingredient Draws FDA Scrutiny**
http://abcnews.go.com/blogs/health/2013/05/03/popular-antibacterial-soap-ingredient-draws-fda-scrutiny/

**Registered Dietitians in the News**

**N.J. nutritionists weigh in on the pros and cons of juicing**
(Stephanie Smith, RD &Rachel Griehs, RD both quoted)
http://www.nj.com/indulge/index.ssf/2013/05/area_nutritionists_weigh_in_on.html

**Coconut oil is high in saturated fat, but may still fit into a heart healthy diet**
(By Doris Pezzotti, RD)
http://www.oregonlive.com/hillsboro/index.ssf/2013/05/coconut_oil_is_high_in_saturat.html

**Improve both your diet and relationship**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130502/LIFE03/130509921/kati-mora-improve-both-your-diet-and-relationship

**Investors influencing how we will produce, consume food in the future**
(By Timi Gustafson RD)
http://www.auburn-reporter.com/lifestyle/205892121.html

**The Surprising Reason You Snack at Night (and How to Stop It)**
(By Cynthia Sass, RD)
http://news.health.com/2013/05/02/the-surprising-reason-you-snack-at-night-and-how-to-stop-it/

**Organic or Not?**
(By Sheah Rarback, RD)
http://www.miamiherald.com/2013/04/29/3371506/organic-or-not.html

**Foods To Help Spring Allergies**
(Pamela Kelle, RD quoted)
http://www.wrcbtv.com/story/22142128/foods-to-help-spring-allergies

**Timing meals for optimal endurance**
(By Barbara Quinn, RD; Stephanie Bouquet, RD quoted)
http://www.montereyherald.com/living/ci_23140428/timing-meals-optimal-endurance?IADID=Search-www.montereyherald.com-www.montereyherald.com

**Journal Review**

***American Journal of Epidemiology*, May 1, 2013**
http://aje.oxfordjournals.org/content/177/9?etoc
Iodine Supplementation During Pregnancy and Infant Neuropsychological Development: INMA Mother and Child Cohort Study
http://aje.oxfordjournals.org/content/177/9/944.abstract
Arsenic Exposure and Incidence of Type 2 Diabetes in Southwestern American Indians
http://aje.oxfordjournals.org/content/177/9/962.abstract

***Annals of Nutrition and Metabolism*2013, Vol. 62, No. 3**
http://www.karger.com/Journal/Issue/259752
Metabolic Syndrome and Central Fat Distribution Are Related to Lower Serum Osteocalcin Concentrations
http://www.karger.com/Article/FullText/342561
**Nutritional and Pubertal Status Influences Accuracy of Self-Reported Weight and Height in Adolescents: The HELENA Study**
http://www.karger.com/Article/FullText/343096
**A Weight Loss Diet Intervention Has a Similar Beneficial Effect on Both Metabolically Abnormal Obese and Metabolically Healthy but Obese Premenopausal Women**
http://www.karger.com/Article/FullText/345026

***Critical Reviews in Food Science and Nutrition*, May 2013**
http://www.tandfonline.com/toc/bfsn20/current
Ginger in the Prevention of Nausea and Vomiting: A Review
http://www.tandfonline.com/doi/full/10.1080/10408398.2011.553751
Garlic in Clinical Practice: An Evidence-Based Overview
http://www.tandfonline.com/doi/full/10.1080/10408398.2010.537000
Dietary Intake of Natural Antioxidants: Vitamins and Polyphenols
http://www.tandfonline.com/doi/full/10.1080/10408398.2011.555018

***Environmental Nutrition*, May 2013**

http://www.environmentalnutrition.com/
(scroll down to abstracts)
-Busting Nutrition Myths
-When Food Is a Headache
-Your Overall Diet Counts Most
-Q &A: Benefits of Low-Acid Coffee and Grape Seed Oil
-High-Phosphorus, Nutrient-Poor Foods
-When Your Body Fights Weight Loss

***European Journal of Clinical Nutrition*, May 2013**

http://www.nature.com/ejcn/journal/v67/n5/index.html
Nutrigenomics- Personalised nutrition: how far has nutrigenomics progressed?
http://www.nature.com/ejcn/journal/v67/n5/full/ejcn2012145a.html
Measuring energy expenditure in clinical populations: rewards and challenges
http://www.nature.com/ejcn/journal/v67/n5/abs/ejcn201338a.html
Energy expenditure and body composition
Metabolic adaptations to overand underfeedingstill a matter of debate?
http://www.nature.com/ejcn/journal/v67/n5/abs/ejcn2012187a.html
Control of protein and energy intake - brain mechanisms
http://www.nature.com/ejcn/journal/v67/n5/abs/ejcn201373a.html
Diets for body weight control and health: the potential of changing the macronutrient composition
http://www.nature.com/ejcn/journal/v67/n5/abs/ejcn2012194a.html
Nutrient density in complementary feeding of infants and toddlers
http://www.nature.com/ejcn/journal/v67/n5/abs/ejcn201346a.html
Is glycaemic index (GI) a valid measure of carbohydrate quality?
http://www.nature.com/ejcn/journal/v67/n5/abs/ejcn201327a.html
Fish oil omega-3 fatty acids and cardio-metabolic health, alone or with statins
http://www.nature.com/ejcn/journal/v67/n5/full/ejcn201319a.html
Impact of nutritional status and dietary quality on stroke: do we need specific recommendations?
http://www.nature.com/ejcn/journal/v67/n5/abs/ejcn201330a.html
Nutritional care in children with cystic fibrosis: are our patients becoming better?
http://www.nature.com/ejcn/journal/v67/n5/full/ejcn201320a.html
Protein for the critically ill patientwhat and when?
http://www.nature.com/ejcn/journal/v67/n5/abs/ejcn201334a.html

***Journal of the American Medical Association*, May 1, 2013**

http://jama.jamanetwork.com/issue.aspx
Effect of Different Dosages of Oral Vitamin D Supplementation on Vitamin D Status in Healthy, Breastfed Infants
http://jama.jamanetwork.com/article.aspx?articleid=1682941

JAMA Patient Page: Attention-Deficit/Hyperactivity Disorder
http://jama.jamanetwork.com/article.aspx?articleid=1682944

***Journal of Human Nutrition and Dietetics*, April 29- May 2, 2013 Online First**
http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1365-277X/earlyview
The estimation of visceral adipose tissue with a body composition monitor predicts the metabolic syndrome
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12089/abstract
A high-fibre bean-rich diet versus a low-carbohydrate diet for obesity
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12118/abstract
An investigation into the association between nutritional status and quality of life in older people admitted to hospital
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12072/abstract
Nutritional screening of elderly patients: a health improvement approach to practice
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12073/abstract
The effectiveness of a specialised oral nutrition supplement on outcomes in patients with chronic wounds: a pragmatic randomised study
http://onlinelibrary.wiley.com/doi/10.1111/jhn.12084/abstract

***Journal of the National Cancer Institute,*May 2013**
http://jnci.oxfordjournals.org/content/105/9?etoc
High- and Low-Fat Dairy Intake, Recurrence, and Mortality After Breast Cancer Diagnosis
http://jnci.oxfordjournals.org/content/105/9/616.abstract

***Journal of Nutrition,* May 2013**
http://jn.nutrition.org/content/current
Normal Protein Intake Is Required for Body Weight Loss and Weight Maintenance, and Elevated Protein Intake for Additional Preservation of Resting Energy Expenditure and Fat Free Mass
http://jn.nutrition.org/content/143/5/591.abstract
*trans*Fatty Acid Intake Is Associated with Increased Risk and n3 Fatty Acid Intake with Reduced Risk of Non-Hodgkin Lymphoma
http://jn.nutrition.org/content/143/5/672.abstract
Family Income and Education Were Related with 30-Year Time Trends in Dietary and Meal Behaviors of American Children and Adolescents
http://jn.nutrition.org/content/143/5/690.abstract
Whole Grains and Health: from Theory to PracticeHighlights of the Grains for Health Foundation's Whole Grains Summit 2012
http://jn.nutrition.org/content/143/5/744S.abstract

***Journal of Renal Nutrition,*May 2013**
http://www.jrnjournal.org/current

Let Them Eat During Dialysis: An Overlooked Opportunity to Improve Outcomes in Maintenance Hemodialysis Patients
http://www.jrnjournal.org/article/S1051-2276(12)00226-9/abstract
Can Renal Nutrition Education Improve Adherence to a Low-Protein Diet in Patients With Stages 3 to 5 Chronic Kidney Disease?
http://www.jrnjournal.org/article/S1051-2276(12)00203-8/abstract
Effects of Zinc Supplementation on Antioxidant Status and Lipid Peroxidation in Hemodialysis Patients
http://www.jrnjournal.org/article/S1051-2276(12)00179-3/abstract
Nutritional Evaluation of Patients Receiving Dialysis for the Management of Protein-Energy Wasting: What is Old and What is New?
http://www.jrnjournal.org/article/S1051-2276(13)00049-6/abstract
Dietary Sodium: A Therapeutic Target in the Treatment of Hypertension and CKD
http://www.jrnjournal.org/article/S1051-2276(13)00053-8/abstract
Early Versus Late Initiation of Dialysis and Nutrition: Does a Transition Mean a Change in Dietary Protein Intake?
http://www.jrnjournal.org/article/S1051-2276(13)00055-1/abstract
Nutritional Issues in Peritoneal Dialysis Patients: How Do They Differ From That of Patients Undergoing Hemodialysis?
http://www.jrnjournal.org/article/S1051-2276(13)00057-5/abstract
Does More Frequent Hemodialysis Provide Dietary Freedom?
http://www.jrnjournal.org/article/S1051-2276(13)00052-6/abstract

***Lancet*, May 2, 2013- Online First**
http://www.thelancet.com/journals/lancet/onlinefirst
Exercise for depression in elderly residents of care homes: a cluster-randomised controlled trial
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60649-2/abstract
A structural multidisciplinary approach to depression management in nursing-home residents: a multicentre, stepped-wedge cluster-randomised trial
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60590-5/abstract

***Morbidity and Mortality Weekly Report*, May 3, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Emergence of Avian Influenza A(H7N9) Virus Causing Severe Human Illness  China, FebruaryApril 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm62e0501a1.htm?s_cid=mm62e0501a1_w
Adult Participation in Aerobic and Muscle-Strengthening Physical Activities  United States, 2011
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6217a2.htm?s_cid=mm6217a2_w
Announcements: National Physical Fitness and Sports Month  May 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6217a6.htm?s_cid=mm6217a6_w
Announcements: Recommendations Regarding Cardiovascular Disease from the Community Preventive Services Task Force

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6217a9.htm?s_cid=mm6217a9_w

***New England Journal of Medicine*, May 2, 2013**
http://www.nejm.org/toc/nejm/368/18
The Oregon Experiment  Effects of Medicaid on Clinical Outcomes
http://www.nejm.org/doi/full/10.1056/NEJMsa1212321
Kwashiorkor and the Gut Microbiota
http://www.nejm.org/doi/full/10.1056/NEJMcibr1301297

***Preventing Chronic Disease- CDC*, May 2013**
http://www.cdc.gov/pcd/current_issue.htm
Local Health Department Use of Twitter to Disseminate Diabetes Information, United States
http://www.cdc.gov/pcd/issues/2013/12_0215.htm
Incarceration of a Household Member and Hispanic Health Disparities: Childhood Exposure and Adult Chronic Disease Risk Behaviors
http://www.cdc.gov/pcd/issues/2013/12_0281.htm
Feasibility and Acceptability of Internet Grocery Service in an Urban Food Desert, Chicago, 2011-2012
http://www.cdc.gov/pcd/issues/2013/12_0299.htm

**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=20234
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-20234-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2271. RE: Mary's role with the FAC

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 02, 2013 11:57:39
**Subject:** RE: Mary's role with the FAC
**Attachment:** FAC Contact List 13-14.doc

---

Donna,

You have sent a few things to my personal e-mail account. That one is pmif96@ameritech.net. I don't have a problem with you using it, but, I don't go on their until the evening.

Yesterday, you asked about "bios" and pictures. Linda has already handled the pictures. We will work on getting the bio request out to the members very shortly.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, May 02, 2013 9:39 AM
**To:** Paul Mifsud
**Subject:** RE: Mary's role with the FAC

Will do. Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 5/2/2013 10:37 AM >>>
Donna,

I have not sent this to Pat. I will let you take the lead on this one. I think she would feel more comfortable knowing you really want Mary on the committee. I would just cut and paste my stuff and add anything else you think might be relevant. Then send it to Pat.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, May 02, 2013 9:36 AM
**To:** Paul Mifsud
**Subject:** Re: Mary's role with the FAC

Paul, I am not sure if I ever responded to this email or not. This time of year is always pretty crazy (as a matter of fact I call it "Mad May"), but I do agree 100% with what you put in this email. I think it is vital to have her stay on. Thanks for drafting this! Have you sent this to Pat or do you need to

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>>>Paul Mifsud <PMifsud@eatright.org> 4/29/2013 11:41 AM >>>
Donna,

As we discussed, here are some reasons for retaining Mary on the FAC for 2014.

1. The committee is changing over dramatically. Only Robin Fellers and you will be remaining. Given this change-over and the potential for some "rocky" investment and economic environments, having an additional person with experience and knowledge of why decisions have been made would be beneficial to the Academy. It would help ensure continuity where necessary, historical perspective where appropriate and financial knowledge based on experience.

2. Work on the CEO compensation plan. This still needs to be "flushed-out" more to ensure that there is continuity and consistency as the Academy moves forward and it not be subject to the re-education and changing perspectives due to the changing leaders.

3. Work on identifying gaps and updating policies (This will be small. We are planning on doing this year anyway).

From my perspective, item 1 is the most crucial. Having Mary to provide additional continuity and support may be needed as we move into FY14.

Paul

2272. Speaker Message 41: Spring Meeting Information-Webinar Links Provided

**From:** Anna Murphy <amurphy@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 02, 2013 11:37:46
**Subject:** Speaker Message 41: Spring Meeting Information-Webinar Links Provided
**Attachment:**

---

*Hello House of Delegates!*
*Below is Speaker Message 41 from Becky Dorner. Due to security issues, additional documents linked in the speaker message are only accessible via the HOD Communications Platform. To review the linked documents:*

1. *Log into the HOD Communications Platform at http://hod.webauthor.com;*
2. *Click on the Communities tab (in the green area);*
3. *Enter the A. HOD 2012-2013 Community;*
4. *Click on the Library tab (top of screen);*
5. *Click on Speaker Messages 2012-2013; and*
6. *Click on Speaker Message 41.*

**Sent:** Thursday, April 25, 2013
**Subject:** Speaker Message 41: Spring Meeting Information-Webinar Links Provided

**From:** Becky Dorner, RD, Speaker, 2012-2013

**Importance:**
High

**HOD Core Function:**

Information Systems/Communications

Professional Leadership

**What You Need to Know:**

· Webinar Links to Enter Spring HOD Virtual Meeting Provided

· Computer Set-up is CRUCIAL to a Successful

· Meeting Materials

· Conflict of Interest Policy-Do You Have Any Updates?

**What You Need to Do:**

· Open the link for the appropriate day of the meeting to log into Spring HOD Virtual Meeting

*Table Facilitators and Scribe join at 11am CT*

*All other Participants join at 11:30am CT*

· Make sure your computer is set-up per instructions provided and you feel comfortable with the WebEx platform. Contact HOD staff at hod@eatright.org if you need any technical assistance or 1-on-1 training.

· Review meeting materials and be prepared for discussion at the Spring Meeting.

· Please review and update if there are any new disclosures you need to provide

**Webinar Links for Spring HOD 2013 Virtual Meeting**

**Saturday, May 4, 2013**

Attendee Direct URL:
https://eatrightevents.webex.com/eatrightevents/k2/j.php?ED=204094987&UID=39045223&HMAC=4f3d4bf9f2ded507c45d30f8dea3af2737697e89&RT=MiM3

**Sunday, May 5th, 2013**

Attendee Direct URL:
https://eatrightevents.webex.com/eatrightevents/k2/j.php?ED=204095447&UID=39047148&HMAC=87021937ed0b9c3b5ef8fb698b4e2be1458393c6&RT=MiM3

WebEx Support is available during the entire meeting if you need additional assistance: 1.866.229.3239

**Computer Set-up and Using WebEx**
The attached document provides information to check and make sure your computer is set-up properly for the virtual meeting. If you need further assistance, please contact HOD staff at hod@eatright.org and they will put you in touch with the Academy IT department for technical questions.

**Telephone Fees**

We understand that many of you will be using cell phones/smart phones for the meeting. If you have the option to use a land-line please do so as this will enhance your audio and minimize the risk of being disconnected. However, if you have to use a cell phone and you incur costs secondary to using all of your minutes for the month, the Academy is prepared to provide a reimbursement up to $50. A receipt from your phone provider will need to be provided with indication that overage fees were incurred for the time the meeting was held. This can be submitted to HOD staff at hod@eatright.org.

**Participant Training**

A recorded training session is available for you to view to refresh your memory from the participant training sessions. If you did not participate in a live training session, please review the recording and contact HOD staff at hod@eatright.org immediately if you have any questions or concerns.

A WebEx/Intercall Tip Sheet is also provided for reference prior to and during the meeting for troubleshooting items such as audio. WebEx Support is available during the entire meeting if you need additional assistance: 1.866.229.3239

**Open Sessions**

If you would still like additional training, time to practice logging into the webinar, or if you would like to speak with IT staff regarding your computer session, there will be two open sessions available on Thursday, May 2 and Friday, May 3. The times of the sessions (both days) are:

10:00 am -12:00 pm CT

2:00 pm -4:00 pm CT

You do not have to join right at the beginning of the session-you can join when it is convenient for you. Please simply contact Charlene Rice at crice@eatright.org to indicate what day/time you would like to join and she can provide you with the webinar link(s).

**Materials to Review:**

· Meeting Agenda
· Backgrounder
· Design Plans Design Plans are created for the dialogue sessions for each day. General design plans that include the time a dialogue session occur, and what the discussion question(s) is will be made available next week for your reference. These will be helpful if you get disconnected from audio or internet, need to take a quick break (in addition to those breaks already scheduled for the day), or would like simply like a reference.
· Member Feedback Obtained from the Survey Monkey-feedback was distributed to delegates this week for your review. There will be time allotted during the actual virtual meeting in May to share your members' feedback.
· Conflict of Interest Policy –Please complete the conflict of interest policy if you have any new disclosures or potential disclosures to provide. Please send to HOD staff at hod@eatright.org .

**For More Information or Assistance**

**Becky Dorner**

**(Speaker)**

**becky@beckydorner.com**

**800/342-0285 x220**

**Anna Murphy**

**(HOD Staff)**

**amurphy@eatright.org**

**800/877-1600 ext 4893**

Trisha Fuhrman
(Past Speaker)

nutrisha50@earthlink.net
Nancy Lewis (Speaker-elect)

nancylewis1000@gmail.com
Linda Farr
(HOD Director)

linda.farr@me.com
Marcia Kyle

(HOD Director)

bkyle@roadrunner.com
Elise Smith
(HOD Director)

easaden@aol.com

If links in the message are not working, login to http://hod.webauthor.com and retry links. This message is available to all members on www.eatright.org/hod >Speaker Messages.

**Anna Murphy, MPH, RD, LD**

*Senior Manager, House of Delegates Governance*

**Academy of Nutrition and Dietetics**

**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

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amurphy@eatright.org

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2273. RE: Mary's role with the FAC

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** May 02, 2013 10:37:47
**Subject:** RE: Mary's role with the FAC
**Attachment:**

---

Donna,

I have not sent this to Pat. I will let you take the lead on this one. I think she would feel more comfortable knowing you really want Mary on the committee. I would just cut and paste my stuff and add anything else you think might be relevant. Then send it to Pat.

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**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, May 02, 2013 9:36 AM
**To:** Paul Mifsud
**Subject:** Re: Mary's role with the FAC

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"USDA Healthier US School Challenge GOLD award recipient"

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>>>Paul Mifsud <PMifsud@eatright.org> 4/29/2013 11:41 AM >>>
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From my perspective, item 1 is the most crucial. Having Mary to provide additional continuity and support may be needed as we move into FY14.

Paul

2274. Exciting Interdisciplinary Partnership

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>
**Sent Date:** May 02, 2013 10:07:17
**Subject:** Exciting Interdisciplinary Partnership
**Attachment:** image001.jpg
Alliance Launch Press Release 4-26-13 FINAL.doc

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Attached is a press release announcing the launch of the Alliance, sponsored by Abbott Nutrition Health Institute, representing more than 100,000 dietitians, nurses, hospitalists and other physicians and clinicians from across the nation. As mentioned at the Board meeting, the following organizations have come together to champion for early nutrition screening, assessment and intervention in hospitals:

- Academy of Medical-Surgical Nurses (AMSN)
- Academy of Nutrition and Dietetics (Academy)

- American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.)
- Society of Hospital Medicine (SHM)
- Abbott Nutrition

The Alliance will be launching a website at www.malnutrition.com to provide hospital-based clinicians with the following resources:

- Research and fact sheets about malnutrition and the positive impact nutrition intervention has on patient care and outcomes
- Alliance Nutrition Toolkit to facilitate clinician collaboration and nutrition integration
- Information about educational events, such as quick learning modules, Continuing Education and Continuing Medical Education programs
- Nutrition protocol examples used to address malnutrition
- Case studies from hospitals that implemented nutrition programs

The Alliance to Advance Patient Nutrition is an interdisciplinary partnership dedicated to raising awareness about malnutrition and championing for early nutrition screening, assessment and intervention in hospitals.  Founded in 2013, the Alliance is comprised of leaders from the Academy of Medical-Surgical Nurses (AMSN), the Academy of Nutrition and Dietetics (Academy), the American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.), the Society of Hospital Medicine (SHM) and Abbott Nutrition. Abbott's nutrition business has provided funding to the Alliance member organizations to support their involvement in advancing this important initiative.

Information will be shared with members in *Eat Right Weekly* the week of May 15.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2275. Director of Grassroots Advocacy

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Sent Date:** May 01, 2013 21:19:16
**Subject:** Director of Grassroots Advocacy
**Attachment:** image002.jpg

---

The Policy Initiatives and Advocacy team is pleased to announce that Teresa Nece, MS, RDN, LD, SNS has accepted the position of Director of Grassroots Advocacy for the Academy and will begin her new role on May 14, 2013.

As many of you know, Teresa spent more than 35 years in the school food and nutrition service profession and has been a strong proponent for nutrition policy and advocacy not only for the Academy, but also for the School Nutrition Association. Following her career in school foodservice, Teresa has recently been an instructor for Iowa State University where she taught courses in food service management.

Teresa's current and past volunteer work with the Academy will serve her well in her new position which is the essential link between affiliate and DPG public policy leaders and the PIA team. Her position will focus on member engagement and grassroots advocacy. Teresa's experience as the chair of APAC and her service on the LPPC give her a unique understanding of how the two committees inter-relate to support the Academy's policy and advocacy goals.

As a volunteer leader, Teresa served as the chair of the School Nutrition Services Dietetic Practice Group and held a number of additional executive board positions. Teresa has served as Iowa's Academy of Nutrition and Dietetics president, public policy coordinator and as a member of the

Public Policy Committee. In addition to serving on several policy-related task forces, Teresa has been a presenter at numerous state and national conferences. Her expertise in school nutrition policy led her to testify before the US Senate's Agriculture, Nutrition and Forestry Committee. She held numerous positions with the School Nutrition Association at both the state and national level, including president and legislative chair of the Iowa affiliate.

Teresa serves as a representative to the Iowa Department of Public Health Medical Home/Prevention and Chronic Care Management Advisory Council. She was the 2012 recipient of the Iowa Academy of Nutrition and Dietetics Medallion Award.

She is a graduate of Iowa State University with a Bachelor of Science and a Master of Science in Home Economics Education. Teresa will be working remotely with regularly planned time in the Washington, DC office.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2276. RE: Membership

**From:** Doris Acosta <dacosta@eatright.org>
**To:** Patricia Babjak <PBABJAK@eatright.org>, 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'jagilbert@csun.edu' <jagilbert@csun.edu>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>
**Sent Date:** May 01, 2013 17:30:57
**Subject:** RE: Membership
**Attachment:** image001.jpg
Membership release 5-13 4.pdf

---

The good news was shared with members in this week's *Eat Right Weekly*. Attached is the press release that will go out tomorrow. Please feel free to forward this on to your colleagues.

Thank you very much.

**Doris Acosta**

***Director of Strategic Communications***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4822

800/877-1600, ext. 4822

www.eatright.org

Twitter | Facebook| LinkedIn | YouTube

**From:** Patricia Babjak
**Sent:** Tuesday, April 30, 2013 11:57 AM
**To:** 'Sonja Connor'; 'Barbara Ivens (ConAgra Foods)'; 'kmcclusky@iammorrison.com'; 'TJRaymond@aol.com'; 'jagilbert@csun.edu'; 'Bier, Dennis M'; 'Mchrist-erwin@porternovelli.com'; 'robert murray'; 'lauraromig@gmail.com'; 'Christie, Catherine'; Becky Dorner; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Evelyn Crayton; Evelyn Crayton; Glenna McCollum; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; Chris Reidy; Alison Steiber; Susan Burns; Doris Acosta; Karen Lechowich; Ulric Chung
**Subject:** Membership
**Importance:** High

In my last communication we anticipated reaching our goal of 75,000 members by the end of May. I am pleased to inform you we have exceeded that expectation and as of April 29 we have 75,030 members! We will inform the membership via *Eat Right Weekly* and will send a press release to the media tomorrow, which will be shared with you.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2277. Eat Right Weekly - May 1, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** May 01, 2013 16:23:39
**Subject:** Eat Right Weekly - May 1, 2013
**Attachment:**

---

Eat Right Weekly
May 1, 2013

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Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Congress Scheduled to Update Farm Bill in May

The Farm Bill, which includes SNAP, the largest government-administered nutrition assistance program, likely will begin its mark-up process in both the Senate and House in May. This is the first of several steps to passing a compressive Farm Bill.

Learn More >>
Medicaid Expansion Debate Will Affect Hospitals

The Medicaid expansion debate in many states has activated some hospitals to voice their support for the expansion, touting its economic benefits. With the Affordable Care Act-mandated reduction of fee-for-service Medicare reimbursement and federal compensation to hospitals for free care to the poor, hospitals are expected to lose more than $300 billion over 10 years.

Learn More >>
Bipartisan Report: Prevention Is Integral to Delivery Reform, Cost Containment

As part of the Health Care Cost Containment Initiative, the Bipartisan Policy Center has released a report titled "A Bipartisan Rx for Patient-Centered Care and System-wide Cost Containment,"

identifying ways to improve health care while minimizing cost.

Learn More >>
ANDPAC at Affiliate, DPG Meetings: What Are You Willing to Give?

Attendees at the 6th Weight Management Dietetics Practice Group Symposium last month raised nearly $800 for the Academy's Political Action Committee.

Learn More >>
ANDPAC Brings Academy Face to Face with Congressional Leaders

The Academy met with Rep. Brent Guthrie (Ky.) and the congressman for the Academy's home district in Chicago, Danny K. Davis (Ill.), at events made possible by the Academy's Political Action Committee.

Learn More >>

## CPE Corner

New - Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

The Center for Professional Development introduces an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

Learn More >>
New Module on 'Leadership: Organizational Applications' Free for Academy Members

The Center for Professional Development introduces a new, free online learning module that will demonstrate how registered dietitian nutritionists have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management

skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Obesity and Cancer Survivorship Webinar and More

The impact of obesity on cancer survivorship, applying the Nutrition Care Process in public health practice and social media ethics are just three of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
Informatics Course Opens New Doors for Members

The popular informatics education program at the Food &Nutrition Conference &Expo returns for the fourth consecutive year.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>
Free Webinar on Access to Healthy Foods at Food Banks

In a new, free webinar, members can learn about the obstacles food banks face in distributing healthy foods for families; see examples of improvements food banks are making across the country; and learn specific ways you can help support healthy foods in food banks.

Learn More >>

## Career Resources

Nominations for 2014 Election

The call for nominations for the Academy's 2014 National Election has begun.

Learn More >>
Save on May Book of the Month

*The Health Professional's Guide to Food Allergies and Intolerances* by Janice Vickerstaff Joneja, PhD, RD, is a comprehensive guide to the latest science behind food allergies and intolerances, and offers practical suggestions for their management. Save 10 percent on this title during May.

Learn More >>
Coming Soon: FNCE Program Preview

All members will receive the 2013 Food &Nutrition Conference &Expo program preview by mail during the first two weeks of May.

Learn More >>
Members Invited to International Symposium on Proteins

"Proteins in Human Health and Performance," sponsored by the Iowa State University Nutritional Sciences Council and the Interdepartmental Graduate Program in Nutritional Sciences, will be held May 16 to 17 at Iowa State University.

Learn More >>

## Academy Member Updates

Member Chosen for Leadership Position on AMA Payment Committee

Academy member Jane V. White, PhD, RD, FADA, LDN, a member of the Academy's Coding and Coverage Committee, was recently elected to serve a second term as the alternate co-chair of the American Medical Association RUC (Relative Value Scale Update Committee) HCPAC (Healthcare Professional Advisory Committee).

Learn More >>
Member Receives Nutrition Science Media Award

Academy member Carolyn O'Neil, MS, RD, LD, has received the American Society for Nutrition's 2013 Excellence in Nutrition Research and Practice Nutrition Science Media Award, recognizing "consistent and accurate nutrition science reporting for a general audience."

Learn More >>
Fifth Annual Journal Photo Contest

If you have an eye for photography, or just love to take pictures, enter the *Journal of the Academy of Nutrition and Dietetics'* fifth annual photo contest. The 2013 theme is "In the Refrigerator."

Learn More >>
Academy Joins Youth Sports Safety Alliance

The Youth Sports Safety Alliance has more than 100 organizations - including the Academy - working to raise awareness, advance legislation and improve medical care for young athletes across the country. Academy representatives who will be working with the YSSA are Jill Castle,

MS, RD, and Lindsey Hoggle, MS, RD, PMP.

Learn More >>

## Philanthropy, Awards and Grants

EB4K with Play Program: Year 2 Wrap-Up

The Energy Balance 4 Kids with Play program is wrapping up its second year in four elementary schools in the West Contra Costa (Calif.) School District: Ford, Montalvin, Sheldon and Wilson.

Learn More >>

Make a Difference While Renewing Your Membership

*I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.*
- Patricia A. Obayashi, MS, RD, CDE

Learn More >>

Making an Impact in Nation's Capital

Thanks to support from Academy members and friends, the Foundation's Grace L. Ostenso Nutrition and Public Policy Fellowship was awarded to Leigh Gantner, PhD, RD, of Syracuse University. This fellowship, funded by the Academy Foundation and administered by The American Association for the Advancement of Science, provides the unique opportunity for an Academy member to make an impact on Capitol Hill. Ms. Gantner is working as a staff member for Sen. Kirsten Gillibrand (N.Y.).

Learn More >>

$35,000 Research Grant Available through Foundation

Are you interested in slowing the progression of obesity in children? A one-year grant of up to $35,000 is available for a research project that explores lifestyle interventions to reduce the risk of childhood obesity. The application deadline is July 1.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2278. 2013/2014 Academy Foundation BOD

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>
**Cc:** Eddy, Nancy L <eddy@bcm.edu>, Cecala, Sue <Sue.Cecala@rosedmi.com>, Jeri Palmer <JPALMER@eatright.org>
**Sent Date:** May 01, 2013 12:21:53
**Subject:** 2013/2014 Academy Foundation BOD
**Attachment:** image001.png
13-14 Foundation Board of Directors.pdf
Board Bio DRAFT.pdf

---

Hello 2013/2014 Academy BOD,

Attached you will find your board bios and contact list. Please let me know if you'd like to make any changes to the attached information. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2279. School Nutrition Association Meeting

| | |
|---|---|
| **From:** | Patricia Babjak <PBABJAK@eatright.org> |
| **To:** | DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us> |
| **Cc:** | Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com> |
| **Sent Date:** | Apr 30, 2013 16:02:24 |
| **Subject:** | School Nutrition Association Meeting |
| **Attachment:** | image001.png<br>2013-2014 Presidents' Calendar (as of 4-25-13).doc |

---

Hi Donna,

This is to confirm you are on the attached calendar to attend the School Nutrition Association meeting scheduled for July 14-17 in Kansas City, MO.  We will send you more information as soon as we receive it from SNA.  It was wonderful seeing you last week!

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2280. Membership

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'jagilbert@csun.edu' <jagilbert@csun.edu>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ulric Chung <UChung@eatright.org>
**Sent Date:** Apr 30, 2013 12:56:45
**Subject:** Membership
**Attachment:** image002.jpg

---

In my last communication we anticipated reaching our goal of 75,000 members by the end of May. I am pleased to inform you we have exceeded that expectation and as of April 29 we have 75,030 members! We will inform the membership via *Eat Right Weekly* and will send a press release to the media tomorrow, which will be shared with you.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2281. RE: FAC orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 30, 2013 10:33:08
**Subject:** RE: FAC orientation
**Attachment:** BOD Orientation - Financial 2013 final.ppt

---

Donna,

We provide a great deal of information. However, we plan to go through the presentation. Unfortunately, this often becomes a question and answer session. It really depends on the group. When you have more seasoned people, it is difficult to go through a presentation. None-the-less, here is the presentation.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, April 30, 2013 9:23 AM
**To:** Paul Mifsud
**Subject:** RE: FAC orientation

Perfect!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 4/30/2013 10:21 AM >>>
12:30 CST is fine. I have you booked. I will be at my desk, so, you can call me. I will email you the deck this morning.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, April 30, 2013 9:16 AM
**To:** Paul Mifsud
**Subject:** RE: FAC orientation

Paul, Can we do 1:30 EST which would be 12:30 CST? Or I can do a little later, depending on when you like to eat lunch. Just let me know. Thanks!

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>>>Paul Mifsud <PMifsud@eatright.org> 4/30/2013 9:04 AM >>>
Donna,

I am free anytime after lunch.  Pick the time and we will go from there.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, April 30, 2013 7:41 AM
**To:** Paul Mifsud
**Subject:** RE: FAC orientation

Paul, Do you have any time this Friday after lunch?

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Mary,

Sounds like a winner to me.  Donna, let me know your schedule and we can set up some time to discuss the presentation.  Also, apologizing..really?  L  Mary, I am always happy to "spar" with you.  It is what makes the work fun.  So, STOP before my Catholic guilt turns me to mush J.

P

**From:** Treasurer ExternalSMTP
**Sent:** Tuesday, April 30, 2013 6:30 AM
**To:** DMartin@Burke.k12.ga.us; Paul Mifsud
**Subject:** RE: FAC orientation

HI Paul and Donna,
Since Donna is all set with her reservations, the other presenters will also be the "elects", and the initial invitation from Joan for the meeting was clear about attendees, I am 100% good with Donna conducting the presentation. Donna, you will be great!

Paul, I apologize for what was intended as a gentle and exaggerated comment about the presentation last year. You have always been very supportive, incredibly helpful, and ready to answer questions raised by orientees.

Have a good day.
Mary

Date: Mon, 29 Apr 2013 12:54:32 -0400
From: dmartin@burke.k12.ga.us
To: PMifsud@eatright.org; peark02@hotmail.com
Subject: Re: FAC orientation

Paul and Mary,  I have made my flight arrangements and I will there for the orientation. I am good either way, and can tag team also!  I will leave it up to Mary!!!

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DMartin@Burke.k12.ga.us

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>>>Paul Mifsud <PMifsud@eatright.org> 4/29/2013 12:12 PM >>>
Donna,

Mary,

I looked at the Board Orientation schedule. The Finance portion is scheduled May 14th from 4:45 to 6 p.m. I don't think it will take that long, but, you never know. I know we were discussing who should do the presentation. I am comfortable either way. Contrary to Mary's memory, I won't be doing all of the talking J.

I know we discussed Donna doing the presentation. Donna, have you made your flight reservations for Chicago for the Board meeting yet? If you were planning on attending, then this won't be a problem. However, if you were planning on coming in for the Board meeting and had your ticket, I would hate to restructure it at such a late date. I also recognize Mary's schedule could be tough since she has a new job.

So, I will let you decide. The "presentation" will have Mary's name on it since that was my original thought. Heck if Donna is coming in and Mary could make it, the two of you doing it would be great. Let me know as soon as you can.

Paul

2282. Foundation Finance Committee Call Materials

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>
**Cc:** Paul Mifsud <PMifsud@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Apr 30, 2013 10:28:22
**Subject:** Foundation Finance Committee Call Materials
**Attachment:** image001.png
Foundation 2014 budget FC Final.ppt

---

Good morning. Attached is the budget package for tomorrow's call. I have also included the email that provides the dial in number below. Please let me know if you need additional information. Thanks.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

**From:** Susan Burns
**Sent:** Monday, April 29, 2013 7:44 AM
**To:** dwheller@mindspring.com; 'McClusky, Kathy'; peark02@outlook.com; DMartin@Burke.k12.ga.us
**Cc:** Paul Mifsud; Mary Beth Whalen; Linda Serwat
**Subject:** Foundation Finance Committee Call - Dial in Number

Good morning. I hope you had a nice weekend. We look forward to the Foundation Finance Committee Call this Wednesday, May 1st at 3 pm ***central time***. We are still working with the Finance Team on the 2013 forecast and 2014 budget deck. We will send the materials as soon as they become available, but wanted to provide the dial in number for the call. Please anticipate spending 30 – 40 minutes reviewing the slides. Thanks!

**Toll free dial-in:** (866) 477-4564

**Conference code:** 82-40-97-81-45#

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2283. RE: FAC orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 30, 2013 10:21:41
**Subject:** RE: FAC orientation
**Attachment:**

---

12:30 CST is fine. I have you booked. I will be at my desk, so, you can call me. I will email you the deck this morning.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, April 30, 2013 9:16 AM
**To:** Paul Mifsud
**Subject:** RE: FAC orientation

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**Subject:** RE: FAC orientation

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**To:** DMartin@Burke.k12.ga.us; Paul Mifsud
**Subject:** RE: FAC orientation

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Paul

2284. RE: FAC orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 30, 2013 09:04:03
**Subject:** RE: FAC orientation
**Attachment:**

---

Donna,

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Paul

**From:** DMartin@Burke.k12.ga.us
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**To:** Paul Mifsud
**Subject:** RE: FAC orientation

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Mary,

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Paul

2285. RE: FAC orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 30, 2013 08:37:48
**Subject:** RE: FAC orientation
**Attachment:**

---

Mary,

Sounds like a winner to me. Donna, let me know your schedule and we can set up some time to discuss the presentation. Also, apologizing….really? L Mary, I am always happy to ”spar” with you. It is what makes the work fun. So, STOP before my Catholic guilt turns me to mush J.

P

**From:** Treasurer ExternalSMTP
**Sent:** Tuesday, April 30, 2013 6:30 AM
**To:** DMartin@Burke.k12.ga.us; Paul Mifsud
**Subject:** RE: FAC orientation

HI Paul and Donna,
Since Donna is all set with her reservations, the other presenters will also be the "elects", and the initial invitation from Joan for the meeting was clear about attendees, I am 100% good with Donna conducting the presentation. Donna, you will be great!

Paul, I apologize for what was intended as a gentle and exaggerated comment about the presentation last year. You have always been very supportive, incredibly helpful, and ready to answer questions raised by orientees.

Have a good day.
Mary

Date: Mon, 29 Apr 2013 12:54:32 -0400
From: dmartin@burke.k12.ga.us
To: PMifsud@eatright.org; peark02@hotmail.com
Subject: Re: FAC orientation

Paul and Mary,  I have made my flight arrangements and I will there for the orientation. I am good either way, and can tag team also!  I will leave it up to Mary!!!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 4/29/2013 12:12 PM >>>
Donna,

Mary,

I looked at the Board Orientation schedule.  The Finance portion is scheduled May 14th from 4:45 to 6 p.m.  I don't think it will take that long, but, you never know.  I know we were discussing who should do the presentation.  I am comfortable either way.  Contrary to Mary's memory, I won't be doing all of the talking J.

I know we discussed Donna doing the presentation.  Donna, have you  made your flight reservations for Chicago for the Board meeting yet?  If you were planning on attending, then this won't be a problem.  However, if you were planning on coming in for the Board meeting and had your ticket, I would hate to restructure it at such a late date.  I also recognize Mary's schedule could be tough since she has a new job.

So, I will let you decide.  The "presentation" will have Mary's name on it since that was my original thought.  Heck if Donna is coming in and Mary could make it, the two of you doing it would be great.  Let me know as soon as you can.

Paul

2286. FW: Pre-meeting Backgrounder Discussion - Table 11 (IMPORTANT - REMINDER)

**From:** Charlene Rice <crice@eatright.org>
**To:** 'Malone, Tom' <Tom.Malone@va.gov>, 'Dee Sandquist' <dksandquist@gmail.com>, 'Kathleen Niedert' <kniedert@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Douglas, Diane' <Diane.Douglas@louisianaheart.com>, 'Joyce.Buhler@LPNT.net' <Joyce.Buhler@LPNT.net>, Kendra D Sticka <kdsticka@uaa.alaska.edu>
**Sent Date:** Apr 29, 2013 14:50:19
**Subject:** FW: Pre-meeting Backgrounder Discussion - Table 11 (IMPORTANT - REMINDER)
**Attachment:**

---

This email confirms Table 11 is scheduled to participate in a conference call today from 1-2 pm/CT to discuss the 2013 HOD Spring Meeting Backgrounder. The conference information is as follows:

Dial in: 866-477-4564

Conf Code: 791 635 8024 #

Leader PIN: 2490

Thank you.

**From:** Charlene Rice
**Sent:** Friday, April 19, 2013 2:15 PM
**To:** 'Kathleen Niedert'; DMartin@Burke.k12.ga.us; 'Douglas, Diane'; 'Joyce.Buhler@LPNT.net'; 'Kendra D Sticka'
**Cc:** 'tom.malone@va.gov'; 'Dee Sandquist'
**Subject:** FW: Pre-meeting Backgrounder Discussion - Table 11 (IMPORTANT - CONFIRMATION)

Hello Everyone!

This email confirms your conference call to discuss the 2013 Spring Virtual Meeting backgrounder with your other table members will be **Monday, April 29, 1-2 pm/CT.** I know that some of you did not select this date. However, feel free to join the discussion should your schedule allow. The

call-in information is provided below:

**Dial in: 866-477-4564**

**Conf Code: 791 635 8024 #**

The purpose of the call is to get acquainted with your table members and to discuss your initial reaction to the backgrounder and the items from the Feeding America website.

- Discuss your initial reaction to the backgrounder and the two items from the Feeding America website.
- What did you learn?
- Were you surprised?

This can be a very informal call however, there is a suggested agenda below for you to follow if that is helpful.

**Item to Discuss**

**Time Allotted**

**Outcome**

Introduction of Members:
short roll call,
each member will then provide:

position in HOD,
area of practice,
and one other thing they may want to share with their table-personally or professionally.
10-20 minutes

Know who your table members are before the meeting

Share Reaction of the Backgrounder

10-15 minutes

Feel prepared to reference the backgrounder during the HOD Spring 2013 Meeting dialogue sessions; share personal perspectives on the mega issue and expected outcomes

Share Reaction to the Items from the Feeding America website:
a. Go to Map the Gap website: http://feedingamerica.org/hunger-in-america/hunger-studies/map-the-meal-gap.aspx determine incidence of food and nutrition insecurity in own state and
b. Take knowledge quiz: Test Your Knowledge Quiz-Feeding America: http://feedingamerica.org/hunger-in-america/hunger-facts/quiz.aspx)

10-15 minutes

Another resource to prepare for the dialogue sessions on the mega issue

NOTE: it is okay if your call doesn't last the entire hour allotted.

The table facilitator or scribe will record general notes from the conference call which will be posted on the discussion board for the table members to see (and if so desire, add comments). ***We are aware that the date and time above may not work for everyone. We have still included all table members on this email in case your schedule has changed. Please contact HOD staff at hod@eatright.org for further instruction if you cannot make the call.*** Please contact HOD staff at hod@eatright.org with any questions or concerns.

**Charlene Rice**
Coordinator, HOD Governance
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
Toll Free: 800/877-1600, ext. 4892

F: 312/899-4790
crice@eatright.org

2287. FAC orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Treasurer ExternalSMTP <peark02@hotmail.com>
**Sent Date:** Apr 29, 2013 12:12:33
**Subject:** FAC orientation
**Attachment:**

---

Donna,

Mary,

I looked at the Board Orientation schedule. The Finance portion is scheduled May 14th from 4:45 to 6 p.m. I don't think it will take that long, but, you never know. I know we were discussing who should do the presentation. I am comfortable either way. Contrary to Mary's memory, I won't be doing all of the talking J.

I know we discussed Donna doing the presentation. Donna, have you made your flight reservations for Chicago for the Board meeting yet? If you were planning on attending, then this won't be a problem. However, if you were planning on coming in for the Board meeting and had your ticket, I would hate to restructure it at such a late date. I also recognize Mary's schedule could be tough since she has a new job.

So, I will let you decide. The "presentation" will have Mary's name on it since that was my original thought. Heck if Donna is coming in and Mary could make it, the two of you doing it would be great. Let me know as soon as you can.

Paul

2288. Mary's role with the FAC

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 29, 2013 11:41:50
**Subject:** Mary's role with the FAC
**Attachment:**

---

Donna,

As we discussed, here are some reasons for retaining Mary on the FAC for 2014.

1. The committee is changing over dramatically. Only Robin Fellers and you will be remaining. Given this change-over and the potential for some “rocky” investment and economic environments, having an additional person with experience and knowledge of why decisions have been made would be beneficial to the Academy. It would help ensure continuity where necessary, historical perspective where appropriate and financial knowledge based on experience.

2. Work on the CEO compensation plan. This still needs to be “flushed-out” more to ensure that there is continuity and consistency as the Academy moves forward and it not be subject to the re-education and changing perspectives due to the changing leaders.

3. Work on identifying gaps and updating policies (This will be small. We are planning on doing this year anyway).

From my perspective, item 1 is the most crucial. Having Mary to provide additional continuity and support may be needed as we move into FY14.

Paul

2289. Foundation Finance Committee Call - Dial in Number

**From:** Susan Burns <Sburns@eatright.org>
**To:** dwheller@mindspring.com <dwheller@mindspring.com>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Paul Mifsud <PMifsud@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Apr 29, 2013 08:43:40
**Subject:** Foundation Finance Committee Call - Dial in Number
**Attachment:** image001.png

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Good morning. I hope you had a nice weekend. We look forward to the Foundation Finance Committee Call this Wednesday, May 1st at 3 pm ***central time***. We are still working with the Finance Team on the 2013 forecast and 2014 budget deck. We will send the materials as soon as they become available, but wanted to provide the dial in number for the call. Please anticipate spending 30 – 40 minutes reviewing the slides. Thanks!

**Toll free dial-in:** (866) 477-4564

**Conference code:** 82-40-97-81-45#

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2290. Remember that you can donate through your dues

**From:** Academy of Nutrition and Dietetics Foundation <Foundation@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 25, 2013 16:44:28
**Subject:** Remember that you can donate through your dues
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.
Help support the Foundation
April 25, 2013
If you have not already renewed your Academy dues, please consider contributing to the Foundation through the check-off box on your dues renewal form online at www.eatright.org. Your support of the Annual Fund will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right initiative. We need your help to reach our year end goal of raising $75,000 by June 1, 2013.

In the past year alone, the Foundation has:
•Awarded **$514,150** in scholarships to **342** dietetic students for the 2012-2013 academic year.
•Expanded the Kids Eat Right Initiative, with over **4,000** campaign members.
•Provided over **$112,150** in awards to dietetic professionals.
•Supported RD-led research with **$176,000** in grants to Academy members, which included a **$35,000** research grant related to childhood obesity.

The good work of the Foundation relies on Academy members generosity. Please consider a donation to help support our mission of advancing public health and nutrition utilizing the expertise of registered dietitians.

**Academy Premier Sponsor, SOYJOY®, will match up to $10,000 of member contributions in April and May.**

*Charity Navigator,* ***America's largest and most-utilized independent evaluator of charities, has bestowed the Academy of Nutrition and Dietetics Foundation with the coveted 4-star rating*** *for sound fiscal management and commitment to accountability and transparency.*

This e-mail is a benefit for members of the Academy of Nutrition and Dietetics Foundation.
If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2291. RE: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Evelyn Crayton <craytef@aces.edu>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Bier, Dennis M' <dbier@bcm.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Sonja Connor' <connors@ohsu.edu>, 'robert murray' <murraymd@live.com>
**Cc:** PTA <pta@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>
**Sent Date:** Apr 25, 2013 15:56:47
**Subject:** RE: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
**Attachment:** image001.png

---

Hello All,

There is one minor correction, the approval code is **3018205**. Thanks.

Linda

**From:** Linda Hudson
**Sent:** Thursday, April 25, 2013 2:22 PM
**To:** 'kmcclusky@iammorrison.com'; 'TJRaymond@aol.com'; dwheller@mindspring.com; 'Mchrist-erwin@porternovelli.com'; DMartin@Burke.k12.ga.us; 'Evelyn Crayton'; 'lauraromig@gmail.com'; 'Bier, Dennis M'; 'jean.ragalie@rosedmi.com'; 'Sonja Connor'; 'robert murray'; Patricia Babjak
**Cc:** PTA; Susan Burns; Katie Brown; 'Eddy, Nancy L'; Mary Beth Whalen
**Subject:** ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

Hello Academy Foundation BOD,

You have been approved for travel to the June 2013 Academy of Nutrition and Dietetics Foundation Board of Director's meeting in Chicago, Illinois. The meeting will begin on Tuesday, June 18 at 2:00pm and conclude at 3:00pm on Wednesday, June 19.

**In order for your airfare to be charged to the Academy credit card on file, you must have an active Traveler Profile in *aXiom®,*** the online booking tool for the Academy Travel Desk**.** If you do not wish to create a profile, you will have to book your travel on your own and submit your expenses for reimbursement after the conclusion of our meeting. Please note that a valid Meeting Name and Approval Code (see below) is needed when booking your travel through the Academy Travel Desk.

Meeting Name: **Academy of Nutrition and Dietetics Foundation BOD Meeting**
Meeting Location: **Chicago, IL (venue TBD)**

Dates: **June 18-19, 2013**

Approval Code**:** **3018205**

If you have never used the Academy Travel Desk, you will have to create a traveler profile in ***aXiom®***, before booking travel online or over the phone. To create a profile in ***aXiom®***, simply follow the instructions below. Once you have set up your traveler profile, you will not have to do so again unless you want to add information or change your password. If you have already created your Traveler Profile, go directly to "Booking Your Travel Online".

**Creating Your Traveler Profile**

1) Go online to: **https://adatvl.axo20.com/**
2) Click on "Begin Booking Travel and Business Services"

*3) Click on "Create a New Account" below the orange "sign in" button and complete the information as requested. For "Security Code" enter in* **193412** *to complete the remainder of the page.*
*4) Activation will be sent to the e-mail address you provided.*

*5) Follow the instructions in the email.*

*6) Login with your e-mail and your password.*

*7) Once you are logged in, complete your profile information.*

***Remember: You must create your traveler profile prior to booking online or via telephone. Once you have set up your traveler profile, you will not have to do so again.***

**Booking Your Travel Online ($13 service fee)**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) Log in to your account using the User ID and Password you created when setting up your profile.*

*3) Search for and select your flights (book "non-refundable" fares only)*

*a. You have the option of searching by "Price" or "Schedule".*
*b. Click on your preferred airline if you only want to view their fares.*

*4) When asked to "Name your trip", you are required to enter the Meeting Name as it appears above.*

*5) When you reach the **Purchase Trip** page, enter **3018205** into the **Approval Code** box in the **Reporting Information** section.*

*6) When you reach the Payment Options section, be sure to choose the "**Use a Stored Card**" option to ensure your Academy paid travel is billed correctly.*

*7) If you need assistance, call the support team at 800/238-9049, press "1" when prompted. There is no additional charge for technical assistance.*

**Booking Your Travel with an Agent ($23 service fee)**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) For agent assisted booking, call the Academy Travel Desk at 800/238-9049, press "2" when prompted. Please reserve the use of this option to complex domestic or international travel.*
*3) Provide the agent with your Approval Code when requested so that the airfare is charged to the Academy credit card.*

**Booking Outside of the Academy Travel Policy**

In the event your airfare or rail fees exceed the Academy Travel Policy limits and there is a lower logical fare available (similar itinerary to your selection), your proposed travel may be declined. In the event that the trip you selected is declined, you will receive an email instructing you to go back to **https://adatvl.axo20.com/** and rebook at a lower fare.

The traveler will receive an ELECTRONIC TICKET from the Academy Travel Desk as final confirmation that the trip has been approved and ticketed. If the traveler does not receive this document within 72 hours of booking, he/she needs to call the Academy Travel Desk at 800/238-9049 (press “1” when prompted) for assistance. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2292. ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

**From:** Linda Hudson <lhudson@eatright.org>
**To:** 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Evelyn Crayton <craytef@aces.edu>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Bier, Dennis M' <dbier@bcm.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Sonja Connor' <connors@ohsu.edu>, 'robert murray' <murraymd@live.com>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** PTA <pta@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Mary Beth Whalen <Mwhalen@eatright.org>
**Sent Date:** Apr 25, 2013 15:22:27
**Subject:** ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
**Attachment:** image001.png

---

Hello Academy Foundation BOD,

You have been approved for travel to the June 2013 Academy of Nutrition and Dietetics Foundation Board of Director's meeting in Chicago, Illinois. The meeting will begin on Tuesday, June 18 at 2:00pm and conclude at 3:00pm on Wednesday, June 19.

**In order for your airfare to be charged to the Academy credit card on file, you must have an active Traveler Profile in *aXiom®,*** the online booking tool for the Academy Travel Desk**.** If you do not wish to create a profile, you will have to book your travel on your own and submit your expenses for reimbursement after the conclusion of our meeting. Please note that a valid Meeting Name and Approval Code (see below) is needed when booking your travel through the Academy Travel Desk.

Meeting Name: **Academy of Nutrition and Dietetics Foundation BOD Meeting**
Meeting Location: **Chicago, IL (venue TBD)**

Dates: **June 18-19, 2013**

Approval Code: **301825**

If you have never used the Academy Travel Desk, you will have to create a traveler profile in ***aXiom®***, before booking travel online or over the phone. To create a profile in ***aXiom®***, simply follow the instructions below. Once you have set up your traveler profile, you will not have to do so again unless you want to add information or change your password. If you have already created your Traveler Profile, go directly to “Booking Your Travel Online”.

**Creating Your Traveler Profile**

1) Go online to: **https://adatvl.axo20.com/**
2) Click on “Begin Booking Travel and Business Services”

*3) Click on “Create a New Account” below the orange “sign in” button and complete the information as requested. For “Security Code” enter in* **193412** *to complete the remainder of the page.*
*4) Activation will be sent to the e-mail address you provided.*

*5) Follow the instructions in the email.*

*6) Login with your e-mail and your password.*

*7) Once you are logged in, complete your profile information.*

***Remember: You must create your traveler profile prior to booking online or via telephone. Once you have set up your traveler profile, you will not have to do so again.***

**Booking Your Travel Online ($13 service fee)**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) Log in to your account using the User ID and Password you created when setting up your profile.*

*3) Search for and select your flights (book “non-refundable” fares only)*

*a. You have the option of searching by “Price” or “Schedule”.*

*b. Click on your preferred airline if you only want to view their fares.*

*4) When asked to "Name your trip", you are required to enter the Meeting Name as it appears above.*

*5) When you reach the **Purchase Trip** page, enter **301825** into the **Approval Code** box in the **Reporting Information** section.*

*6) When you reach the Payment Options section, be sure to choose the "**Use a Stored Card**" option to ensure your Academy paid travel is billed correctly.*

*7) If you need assistance, call the support team at 800/238-9049, press "1" when prompted. There is no additional charge for technical assistance.*

**Booking Your Travel with an Agent ($23 service fee)**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) For agent assisted booking, call the Academy Travel Desk at 800/238-9049, press "2" when prompted. Please reserve the use of this option to complex domestic or international travel.*
*3) Provide the agent with your Approval Code when requested so that the airfare is charged to the Academy credit card.*

**Booking Outside of the Academy Travel Policy**

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The traveler will receive an ELECTRONIC TICKET from the Academy Travel Desk as final confirmation that the trip has been approved and ticketed. If the traveler does not receive this document within 72 hours of booking, he/she needs to call the Academy Travel Desk at 800/238-9049 (press "1" when prompted) for assistance. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**

120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2293. Advocacy Made Easy

**From:** ANDPAC <ANDPAC@eatright.org>
**To:** Martin <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 25, 2013 12:18:03
**Subject:** Advocacy Made Easy
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.
Advocacy Made Easy
April 25, 2013
Dear Academy colleague,

Do you want to be reimbursed for intensive behavioral therapy for obesity? Or order therapeutic diets on your own? If your answer is Yes, then you should **support the Academys Political Action Committee** ( ANDPAC).

Member contributions to ANDPAC are vital for the Academy to develop relationships with influential members of Congress who support our mission and our members. Our friends in Congress introduce new legislation and work on our behalf with agency officials.

Did you know? The Academy is working with Senator Carper (Del.) and Representative Cassidy (La.) on legislation that, if passed, would allow for RDs to be reimbursed directly for obesity counseling. ANDPAC bolsters this relationship and helps keep our champions in office.

In addition, cultivating congressional relationships through ANDPAC has been instrumental in helping the Academy encourage the Centers for Medicare and Medicaid Services to allow RDs to independently order Therapeutic Diets. These are merely two examples of how **ANDPAC is advancing the profession**. With your money we will be able to do more!

Since membership dues cannot be used to support ANDPAC, **please consider contributing $50 to ANDPAC to advocate for important nutrition programs and services.**

*If dietetics is your profession, policy should be your passion.*

Sincerely,
Teresa Nece, MS, RD, LD
Chair, Academy of Nutrition and Dietetics' Political Action Committee

Federal law requires political committees to report to Federal Election Commission the name, mailing address, occupation and name of employer for each individual whose contributions

aggregate in excess of $200.00 in a calendar year. Corporate contributions are prohibited by law. Individuals cannot contribute more than $2000 per calendar year to the same political action committee. **Donations to ANDPAC are not tax deductible.**

This e-mail is a benefit for members of the Academy of Nutrition and Dietetics.
If you prefer not to receive future Public Policy Workshop e-mails,
simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2294. Daily News: Thursday, April 25, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 25, 2013 10:59:49
**Subject:** Daily News: Thursday, April 25, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Eggs, Too, May Provoke Bacteria to Raise Heart Risk**
http://www.nytimes.com/2013/04/25/health/eggs-too-may-provoke-bacteria-to-raise-heart-risk.html?ref=health&_r=0
Source:*New England Journal of Medicine*
http://www.nejm.org/doi/full/10.1056/NEJMoa1109400?query=featured_home

**Sugary drinks can raise diabetes risk by 22 percent: study**
http://www.chicagotribune.com/health/sns-rt-us-diabetes-drinksbre93n1dl-20130424,0,5686719.story
Source:*Diabetologia*
http://www.diabetologia-journal.org/
Related Resource: Diabetes Nutrition Resources
https://www.eatright.org/shop/categories.aspx?id=252

**USDA/Economic Research Service: Charts of Note**
**-Participation in USDAs School Breakfast Program up 5 percent in FY 2012**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=36982&ref=collection
Related Resource: School Breakfast Program
http://www.fns.usda.gov/sbp

**Eat these foods to help your spring allergies- video**
http://www.usatoday.com/videos/news/health/2013/04/25/2110599/

**Aging U.S. to drive up heart-related health costs: study**
http://www.chicagotribune.com/health/sns-rt-us-usa-health-heart-costsbre93n14x-20130424,0,124073.story
Source: *Circulation Heart Failure*

http://circheartfailure.ahajournals.org/content/early/2013/04/24/HHF.0b013e318291329a.abstract
Related Resource: EAL- Heart Failure Evidence-Based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=2800

**5 cool things DNA testing can do**
http://www.cnn.com/2013/04/25/health/national-dna-day-tests/index.html?hpt=he_c1
Related Resource: National Coalition for Health Professional Education (NCHPEG)
http://www.nchpeg.org/

**Health Canada permits fiber labeling of polydextrose**
http://www.foodnavigator-usa.com/Suppliers2/Health-Canada-permits-fiber-labeling-of-polydextrose

**Blood Test Aims to Detect Autism**
http://online.wsj.com/article/SB10001424127887323551004578440633284769220.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Natural Tocotrienol Against Ischemic Stroke Event**
http://clinicaltrials.gov/ct2/show/NCT01578629?term=nutrition&rank=3

**MedlinePlus: Latest Health News**
-Diabetes Self-Care Improves Slowly, U.S. Report Finds
-Race and geography may influence late-stage kidney care
-Air Pollution May Speed Hardening of Arteries
-Epilepsy drug in pregnancy tied to autism risk
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Palos Community Hospitals Diabetes Education Program earns Continued Recognition from American Diabetes Association**
(Lela Iliopoulos, RD quoted)
http://www.chicagotribune.com/news/local/suburbs/palos/community/chi-ugc-article-palos-community-hospitals-diabetes-education-2013-04-24,0,7010737.story

**Raising children as vegans grows in popularity**
(Adina Fradkin, RD quoted)

http://www.kansas.com/2013/04/25/2776966/raising-children-as-vegans-grows.html

**The right time to start your baby on solids**
(Anna Busenburg, RD featured)
http://www.wlfi.com/dpp/news/local/the-right-time-to-start-your-baby-on-solids

**5 Ways to Stress Less Over Finals**
(Lisa Young, RD quoted)
http://www.ebony.com/news-views/5-ways-to-stress-less-over-finals-405#axzz2RNzJQ9zx

**In Your Cart: Sports Drinks**
(Sheryl Lozicki, RD featured &Nancy Clark, RD cited)
http://www.wzzm13.com/news/article/253972/205/In-Your-Cart-Sports-Drinks-

**Running the race of a lifetime**
(By Barbara Quinn, RD)
http://www.montereyherald.com/food/ci_23092092/barbara-quinn-running-race-lifetime

**Gaining Weight? Maybe it isnt Your Fault: Secret Snackers**
(Jennifer Neily, RD quoted)
http://nightcaptv.com/2013/04/23/gaining-weight-maybe-it-isnt-your-fault-secret-snackers/#axzz2ROXPIzwm

**Registered Dietitian Suggests Ways to Cut Back on Sugar Consumption**
(Public Radio listen toBonnie Brehm, RD quoted)
http://wnku.org/post/registered-dietician-suggests-ways-cut-back-sugar-consumption

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or send a blank email to leave-20071-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2295. Eat Right Weekly - April 24, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 24, 2013 17:35:39
**Subject:** Eat Right Weekly - April 24, 2013
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Eat Right Weekly
April 24, 2013

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CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Potential Farm Bill Movement in May?

The Senate Agriculture Committee could begin markup in May of the previous congressional session's Farm Bill. This month, the Academy has participated in a coordinated effort with other hunger and public health organizations to call key senators on the Agriculture Committee who have influence over the Farm Bill.

Learn More >>
At National Food Policy Conference, Academy Examines Food System Challenges

Last week in Washington, D.C., nearly 400 leading food, health and policy professionals, including Academy members, attended the National Food Policy Conference, hosted by the Consumer Federation of America.

Learn More >>
G-8 International Conference on Open Data for Agriculture

The 2013 G-8 International Conference on Open Data for Agriculture will convene April 29 to 30 in Washington, D.C., hosting international experts on global hunger and food insecurity.

Learn More >>

## CPE Corner

Earn a Minimum of 20.5 CPEUs at FNCE

Education and professional development opportunities will be everywhere at the Academy's 2013 Food &Nutrition Conference &Expo.

Learn More >>

Free Pre-Recorded Self-Study: Academy Scope of Practice

In a free, new self-study module titled "Academy Scope of Practice: A Tool for Determining Competence and Advancing Practice," members can earn CPEU and learn about the newly published *Comprehensive Scope of Practice Resources for RDs or RDNs and DTRs.*

Learn More >>

Live Webinar: School Meals, Community Partnerships, Food Insecurity

Members are invited to view a free April 30 webinar on "School Meals and Community Partnerships: Creative Solutions Against Food Insecurity."

Learn More >>

Nutrition Informatics Course: Integrate Technology into Nutrition Care Practice

Join fellow like-minded Academy members for the fourth offering of the AMIA-Academy 10x10 Informatics Education Program. This nutrition-focused course will begin online May 8 and culminate October 19 with an in-person session at the Food &Nutrition Conference &Expo in Houston.

Learn More >>

New - Disaster Preparedness and Emergency Management: Support for RDNs and DTRs

The Center for Professional Development introduces an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

Learn More >>

New Module, Leadership: Organizational Applications' Free for Academy Members

The Center for Professional Development introduces a new, free online learning module that will demonstrate how registered dietitian nutritionists have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Obesity and Cancer Survivorship Webinar and More

The impact of obesity on cancer survivorship and applying the Nutrition Care Process in public health practice and social media ethics are just three of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

Talk FNCE to Your Employer

Attending the 2013 Food &Nutrition Conference &Expo will provide you with knowledge, resources and insights you can immediately implement in the workplace. Need help getting your FNCE expenses reimbursed? Download the free "Talk FNCE to Your Employer" toolkit.

Learn More >>
*MNT Provider*: Weight Management Resources

Did you know that physicians identify registered dietitian nutritionists as the most qualified providers to care for obese patients? Learn how RDNs are positioned to take the lead in weight

management; find out about a new free toolkit identifying strategies for RDNs to partner with physicians; and see a list of adult and pediatric weight management resources in the new issue of *MNT Provider*.

Learn More >>
Save 10 Percent on April Book of the Month

*Inspiring and Supporting Behavior Change: A Food and Nutrition Professional's Counseling Guide* provides the tips and tools you need to empower your clients on the road to better health.

Learn More >>
RDs and GMA Provide Consumers with "Facts Up Front"

The Grocery Manufacturers Association has launched an interactive, consumer-friendly web-based tool that complements the "Facts Up Front" nutrition labeling project initiated by GMA and the Food Marketing Institute in 2011. Shopping and meal planning tips provided by registered dietitian nutritionists are among the many features of the site, which gives consumers the knowledge and tools to build a healthy diet.

Learn More >>

## Academy Member Updates

William Swan: Patient, Kind Preceptor

William Swan, RD, LDN, has been a preceptor for 10 years. Known for seeing each student as an individual, he is praised for being patient, kind and caring.

Learn More >>

## Philanthropy, Awards and Grants

Make a Difference While Renewing Your Membership

*"I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian."*
Patricia A. Obayashi, MS, RD, CDE

Learn More >>
Recipients of Kids Eat Right Hunger Mini-Grants - Round Two

Congratulations to 29 Kids Eat Right Campaign members who were selected to receive Kids Eat Right "Hunger in Our Community" mini-grants. Each member will receive $200 to lead two presentations from the newly released "Hunger in Our Community. What We Can Do." toolkit through June 28.

Learn More >>
Energy Balance 4 Kids with Play Update

RD Coaches in California are wrapping up a two-year project helping kids understand energy balance through the interactive Energy Balance 4 Kids with Play program.

Learn More >>
Kids Eat Right Crew Update

More than 4,100 Academy members have become a part of the Kids Eat Right - a 26 percent increase over the past six months.

Learn More >>
Making an Impact in Nation's Capital

Thanks to support from Academy members and friends, the Foundation's Grace L. Ostenso Nutrition and Public Policy Fellowship was awarded to Leigh Gantner, PhD, RD, of Syracuse University. This fellowship, funded by the Academy Foundation and administered by The American Association for the Advancement of Science, provides the unique opportunity for an Academy member to make an impact on Capitol Hill. Ms. Gantner is working as a staff member for Sen. Kirsten Gillibrand (N.Y.).

Learn More >>
$35,000 Research Grant Available through Foundation

Are you interested in slowing the progression of obesity in children? A one-year grant of up to $35,000 is available for a research project that explores lifestyle interventions to reduce the risk of childhood obesity. The application deadline is July 1.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

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2296. Daily News: Wednesday, April 24, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 24, 2013 11:26:37
**Subject:** Daily News: Wednesday, April 24, 2013
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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**New Diabetes Guidelines Have It Both Ways**
http://www.medpagetoday.com/Endocrinology/Diabetes/38642
*Source:Endocrine Practice*
https://www.aace.com/files/glycemic-control-algorithm.pdf

**Mediterranean Diet Eaten Away by Economic Woes?**
(Presented at European Association for Cardiovascular Prevention and Rehabilitation's EuroPRevent meeting)
http://www.medpagetoday.com/MeetingCoverage/EuroPRevent/38623

**Do all children like sugary and fatty foods? Perhaps not.**
http://www.foodnavigator-usa.com/R-D/Do-all-children-like-sugary-and-fatty-foods-Perhaps-not-finds-study
Source: *Food Quality and Preference*
http://www.sciencedirect.com/science/article/pii/S0950329312001899

**Gene-testing kits promise a lot. But does your DNA say much about your health?**
http://www.washingtonpost.com/national/health-science/gene-testing-kits-promise-a-lot-but-does-your-dna-say-much-about-your-health/2013/04/22/41981a9e-a5d4-11e2-b029-8fb7e977ef71_story.html
Related Resource: *JAMA* April 2013 issue has a number of articles
http://jama.jamanetwork.com/issue.aspx?journalid=67&issueid=926784&direction=P

**I'll have to exercise for HOW LONG to work that off?**
(Presented at the Experimental Biology meeting)
http://www.latimes.com/health/boostershots/la-sci-exercise-calories-20130423,0,6671036.story

**Are all natural claims losing their luster?**
http://www.foodnavigator-usa.com/Markets/Are-all-natural-claims-losing-their-luster

**How Your Smartphone Could Get You a Job**
**McDonald's, Macy's Customize Their Career Sites, but Most Companies Aren't Moving Fast Enough**

http://online.wsj.com/article/SB10001424127887323551004578441130657837720.html?mod=googlenews_wsj
Related Resource: Career Center
http://www.eatright.org/members/careercenter/

**A Health Provider Finds Success in Keeping Hospital Beds Empty**
http://www.nytimes.com/2013/04/24/business/accountable-care-helping-hospitals-keep-medical-costs-down.html?ref=health

**WHO says new bird strain is 'one of most lethal' flu viruses**
http://www.chicagotribune.com/health/sns-rt-us-birdflu-chinabre93l0ef-20130422,0,5739565.story
Source: WHO-Avian influenza A(H7N9) virus
http://www.who.int/influenza/human_animal_interface/influenza_h7n9/en/index.html

**Registered Dietitians in the News**

**The Smorgasbord That Thinks It's a Weight-Loss Plan**
(Karen Ansel, Academy Spokesperson quoted)

http://online.wsj.com/article/SB10001424127887323735604578440744287726634.html?mod=googlenews_wsj

**Don't discount all frozen foods**
(By Kym Wrobel, RD)
http://www.press-citizen.com/article/20130424/FEATURES/304240003/Don-t-discount-all-frozen-foods

**NUTRITION: Enjoy family time with planned dinners**
(By Mia Gibson, RD)
http://www.oaoa.com/people/food/nutrition_know_how/article_5427ffe2-ac7f-11e2-b2c6-0019bb30f31a.html

**High vs. low-calorie granola bars**
(By Jill Koegel, RD)

http://www.omaha.com/article/20130424/LIVEWELL25/130429913

**Butter vs. margarine debate continues**
(By Kelly Marsteller, RD)
http://www.ydr.com/food/ci_23088813/butter-vs-margarine-debate-continues-40-healthy-helpings

**A Day in My Diet: Weight-Loss Coach Keri Gans**
**Even dietitians fit cheese, chocolate, and a cocktail into their daily meal plan**
(By Keri Gans, RD)
http://www.shape.com/healthy-eating/meal-ideas/day-my-diet-weight-loss-coach-keri-gans?page=1

**Force your children to keep on eating and they may never stop**
(Katie Loth, RD &Katie DiPrima, Dietitians Association of Australia Spokesperson both quoted)
http://www.dailytelegraph.com.au/news/force-your-children-to-keep-on-eating-and-they-may-never-stop/story-e6freuy9-1226628969279

**Quote of the Week**

**The deepest principle in human nature is the craving to be appreciated.**
**-William James**

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2297. There is Still Time to Make a Difference! Become a preceptor today!

**From:** Center for Professional Development <preceptor@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 23, 2013 14:30:17
**Subject:** There is Still Time to Make a Difference! Become a preceptor today!
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Having trouble viewing this e-mail? View it in your browser.
We are asking all members to pay it forward. Remember how valuable your preceptor was? Make that same impact on a student by helping them continue down their career path. Register as a potential preceptor today to make a difference!

As the demand for dietetic internships has increased, highly qualified students aren't getting positions, not because they don't have good grades or varied work experiences, but simply because too few dietetic internship positions are available. The profession needs more practitioners who are willing to train and serve as positive role models, to assure that all qualified students can complete their education and sit for the registration.

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) and the Academy of Nutrition and Dietetics have developed a Find-a-Preceptor Database to increase our efforts to locate practitioners who are interested in teaching dietetic students.

Sign up and learn more at **www.eatright.org/preceptors**.

**Create Tomorrows Leaders - Become a preceptor today!**

Dont forget to sign up for CDRs Preceptor Training Course ---its Free! Participants can earn 8 CPEUs. Go to CDRs website for more information:
http://cdrnet.org/news/online-dietetics-preceptor-training-course-free-of-charge
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2298. Daily News: Tuesday, April 23, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 23, 2013 12:42:57
**Subject:** Daily News: Tuesday, April 23, 2013
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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**AMA Launches Diabetes, Heart Disease Programs**
http://www.medpagetoday.com/Endocrinology/Diabetes/38616
Related Resource: CDC-National Diabetes Prevention Program
http://www.cdc.gov/diabetes/prevention/

**Alternative therapies may help lower blood pressure**
http://newsroom.heart.org/news/alternative-therapies-may-help-lower-blood-pressure
Source: AHA scientific statement- *Hypertension*
*http://hyper.ahajournals.org/content/early/2013/04/22/HYP.0b013e318293645f.full.pdf*

**Lifestyle Advice at School Not Enough for CVD Prevention**
(Presented at European Association for Cardiovascular Prevention and Rehabilitation's EuroPRevent meeting)
http://www.medpagetoday.com/MeetingCoverage/EuroPRevent/38604

**The paleo diet isnt necessarily ideal, an evolutionary biologist says**
http://www.washingtonpost.com/national/health-science/the-paleo-diet-isnt-necessarily-ideal-an-evolutionary-biologist-says/2013/04/22/986f3878-a2bb-11e2-be47-b44febada3a8_story.html
Related Resource: Consumer Diet and Lifestyle Book Reviews
http://www.eatright.org/dietreviews/

**Is population wide salt reduction necessary?**
http://www.foodnavigator-usa.com/Regulation/Is-population-wide-salt-reduction-necessary

**Double up: Diet and exercise together are key to success**
http://www.usatoday.com/story/news/nation/2013/04/21/diet-and-exercise-together/2097229/
Source: *Annals of Behavioral Medicine*

http://link.springer.com/article/10.1007/s12160-013-9501-y

**Exercise and weight loss may have long-term benefits against sleep apnea**
http://www.washingtonpost.com/national/health-science/exercise-and-weight-loss-may-have-long-term-benefits-against-sleep-apnea/2013/04/22/176cf7a4-aae7-11e2-b6fd-ba6f5f26d70e_story.html
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1678814

**Lifelong exercise can help you maintain speed and fitness as you age**
http://www.washingtonpost.com/national/health-science/lifelong-exercise-can-help-you-maintain-speed-and-fitness-as-you-age/2013/04/22/39b5479e-9ff2-11e2-82bc-511538ae90a4_story.html

**Fatigue is a reason to skip a workout, but there are ways to combat that tired feeling**
http://www.washingtonpost.com/national/health-science/fatigue-is-a-reason-to-skip-a-workout-but-there-are-ways-to-combat-that-tired-feeling/2013/04/22/bc4af28a-97e6-11e2-814b-063623d80a60_story.html

**How mango hit the mainstream Trend Mapping with fruit**
http://www.foodnavigator-usa.com/Markets/How-mango-hit-the-mainstream-Trend-mapping-with-fruit

**Burning Question: Is it OK to Heat Food in Plastic?**
http://online.wsj.com/article/SB10001424127887324493704578433290465517564.html
Related Resoure: Home Food Safety
http://homefoodsafety.org/pub/file.cfm?item_type=xm_file&id=1106

**MedlinePlus: Latest Health News**
-Anti-HIV therapy appears to protect children's hearts, NIH network study shows
-Green Spaces Boost City Dwellers' Well-Being
-Magnetic therapy may not relieve ringing in the ears
-Meningococcal Disease: Help Prevent It
-'Misdiagnosis' Leading Cause of U.S. Malpractice Payouts: Study
-Closed Windows in Hospital Rooms May Raise Infection Risk
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Gorging at the Buffet Table? Tactics May Help You Eat Less**
**Study reveals how people stay in control when faced with endless portions, many choices**
(Rachel Begun, Academy Spokesperson quoted)
http://consumer.healthday.com/Article.asp?AID=675526

**Nutrition News: Spring-cleaning the kitchen.**
(By Charlyn Fargo, RD &Karen Ansel, Academy Spokesperson quoted)
http://www.tauntongazette.com/dining/x196667741/Nutrition-News-Spring-cleaning-the-kitchen

**Don't worry about 3-year-old's eating habits**
(Barb Andresen, RD quoted)
http://www.journalnow.com/news/ask_sam/article_44395dba-abbc-11e2-8f64-001a4bcf6878.html

**Top 10 better-for-you Jazz Fest dishes**
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/04/top_10_better-for-you_jazz_fes.html

**Options for the Lactose Intolerant**
(By Kimberly Proctor, RD)
http://www.kcrg.com/news/health/Hy-Vee-at-Midday-Options-for-the-Lactose-Intolerant-204293891.html

**On the Table: Flip a veggie burger on your grill**
(By Suzanne Havala Hobbs, RD)
http://www.charlotteobserver.com/2013/04/23/3997898/on-the-table-flip-a-veggie-burger.html

**Soup is Healthy Meal Alternative If You Can Control the Salt**
(Janice Baker, RD quoted)
http://www.utsandiego.com/news/2013/apr/22/sodium-food-health-labeling/

**Flavor your food without extra calories**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/04/23/flavor-your-food-without-extra-calories/

**Foods to power up your spring**
(Tara Gidus, RD quoted)
http://www.cnn.com/2013/04/23/health/spring-power-foods/index.html

**Cold-weather weight gain: the real culprit**
(Jane O'Shea, Dietitian/Australia quoted)
http://www.illawarramercury.com.au/story/1449411/cold-weather-weight-gain-the-real-culprit/?cs=2388

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2299. BAa7

**From:** Richard Newman <Rnewman@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Shana Z. Spak <szs@SierraITS.com>, Z <Z@eatright.org>
**Sent Date:** Apr 22, 2013 16:11:55
**Subject:** BAa7
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Sent from my iPhone

2300. RE: Finance and Audit committee meeting on Wednesday, April 24th and Thursday, April 25th.

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, KMcClusky@Iammorrison.com <KMcClusky@Iammorrison.com>, Elise Smith <easaden@aol.com>, Sonja Connor <connors@ohsu.edu>, Milton@onesourcenutrition.net <Milton@onesourcenutrition.net>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendal@ufl.edu <kendal@ufl.edu>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Apr 19, 2013 18:50:27
**Subject:** RE: Finance and Audit committee meeting on Wednesday, April 24th and Thursday, April 25th.
**Attachment:** image001.png

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All,

Just to let you know that the following documents are loaded into the portal for our face-to-face FAC meeting scheduled April 24-25, 2013

- 2013 February variance report
- Audit and Tax planning
- 2014 Budget overview
  - Note: this is preliminary

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2301. Changes

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 19, 2013 18:36:02
**Subject:** Changes
**Attachment:** 2014 budget presentation final041913.pptx

---

Mary,

Donna,

I think I caught all of the changes;

1. Page 2 – Separated FY13 and FY14

2. Page 8 – Added “millions” in the margin of chart

3. Page 9 – Modified the chart to move Food and Nutrition Magazine to the Academy Changes and changed the “operational changes” to Staff changes.

4. Page 10 - See note on 3. Also rewrote box. Also added a note explaining “core programs and services” at bottom

5. Page 11 – Changed “2014 budget” to “2014 changes”

6. Page 12 – Changed “2014 budget” to “2014 changes” and rewrote box

7. Page 13 – Changed “2014 budget” to “2014 changes”

8. Page 20 – Added an explanation for ASAE.

9. Page 22 – Changed Academy Career Link to EatRightCareers.

10. Page 24 – Added an explanation for Other and changed Academy Career Link to EatRightCareer

11. Page 32 – Edited 4th bullet point.

12. Page 52 – Changed last bullet

I will have Maria put this onto the portal. If you think of any other changes, let me know and we will incorporate them.

Paul

2302. FW: Pre-meeting Backgrounder Discussion - Table 11 (IMPORTANT - CONFIRMATION)

**From:** Charlene Rice <crice@eatright.org>
**To:** 'Kathleen Niedert' <kniedert@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Douglas, Diane' <Diane.Douglas@louisianaheart.com>, 'Joyce.Buhler@LPNT.net' <Joyce.Buhler@LPNT.net>, 'Kendra D Sticka' <kdsticka@uaa.alaska.edu>
**Cc:** 'tom.malone@va.gov' <tom.malone@va.gov>, 'Dee Sandquist' <dksandquist@gmail.com>
**Sent Date:** Apr 19, 2013 15:14:44
**Subject:** FW: Pre-meeting Backgrounder Discussion - Table 11 (IMPORTANT - CONFIRMATION)
**Attachment:**

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Hello Everyone!

This email confirms your conference call to discuss the 2013 Spring Virtual Meeting backgrounder with your other table members will be **Monday, April 29, 1-2 pm/CT.** I know that some of you did not select this date. However, feel free to join the discussion should your schedule allow. The call-in information is provided below:

**Dial in: 866-477-4564**

**Conf Code: 791 635 8024 #**

The purpose of the call is to get acquainted with your table members and to discuss your initial reaction to the backgrounder and the items from the Feeding America website.

- Discuss your initial reaction to the backgrounder and the two items from the Feeding America website.
- What did you learn?
- Were you surprised?

This can be a very informal call however, there is a suggested agenda below for you to follow if that is helpful.

**Item to Discuss**

**Time Allotted**

**Outcome**

Introduction of Members:
short roll call,
each member will then provide:

position in HOD,
area of practice,
and one other thing they may want to share with their table-personally or professionally.
10-20 minutes

Know who your table members are before the meeting

Share Reaction of the Backgrounder

10-15 minutes

Feel prepared to reference the backgrounder during the HOD Spring 2013 Meeting dialogue sessions; share personal perspectives on the mega issue and expected outcomes

Share Reaction to the Items from the Feeding America website:
a. Go to Map the Gap website: http://feedingamerica.org/hunger-in-america/hunger-studies/map-the-meal-gap.aspx determine incidence of food and nutrition insecurity in own state and
b. Take knowledge quiz: Test Your Knowledge Quiz-Feeding America: http://feedingamerica.org/hunger-in-america/hunger-facts/quiz.aspx)

10-15 minutes

Another resource to prepare for the dialogue sessions on the mega issue

NOTE: it is okay if your call doesn't last the entire hour allotted.

The table facilitator or scribe will record general notes from the conference call which will be posted on the discussion board for the table members to see (and if so desire, add comments). ***We are aware that the date and time above may not work for everyone. We have still included all table members on this email in case your schedule has changed. Please contact HOD staff at hod@eatright.org for further instruction if you cannot make the call.***

Please contact HOD staff at hod@eatright.org with any questions or concerns.

**Charlene Rice**
Coordinator, HOD Governance
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
Toll Free: 800/877-1600, ext. 4892

F: 312/899-4790
crice@eatright.org

2303. Daily News & Journal Review: Friday, April 19, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 19, 2013 11:07:44
**Subject:** Daily News & Journal Review: Friday, April 19, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Model Predicts Who Needs Vitamin D Screen**
http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/38503
Source: *Clinical Endocrinology*
http://onlinelibrary.wiley.com/doi/10.1111/cen.12203/abstract
Related Resource: *Journal of the Academy of Nutrition and Dietetics*, May 2013
-Vitamin D Status Is a Biological Determinant of Health Disparities
http://www.andjrnl.org/article/S2212-2672(12)01991-0/abstract

**Exercise, diet may keep sleep apnea from worsening**
("Obesity is the single most potent modifiable risk factor for obstructive sleep apnea,")
http://www.foxnews.com/health/2013/04/19/exercise-diet-may-keep-sleep-apnea-from-worsening/
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1678814

**Food-Linked Infections Rose Last Year**
http://online.wsj.com/article/SB10001424127887323309604578430891332013764.html
Source: CDC
http://www.cdc.gov/features/dsFoodNet2012/
Related Resource: HomeFoodSafety.org
http://homefoodsafety.org/

**Fecal Transplant Studied for Kids With Bowel Disease**
**Symptoms of ulcerative colitis disappeared for one-third of patients after process**
http://www.nlm.nih.gov/medlineplus/news/fullstory_136007.html
Source: *Journal of Pediatric Gastroenterology &Nutrition*
http://journals.lww.com/jpgn/Abstract/publishahead/Safety,_Tolerability,_and_Clinical_Response_

after.98714.aspx

**Feeding fish to kids may prevent allergies**
http://abclocal.go.com/wls/story?section=news/health&id=9070880
Source:*American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/04/10/ajcn.112.045377.abstract?sid=cfa98490-a8e8-4fc5-81a9-409cdfa2552a
Related Resource: *The Health Professional's Guide to Food Allergies and Intolerances*
https://www.eatright.org/shop/product.aspx?id=6442472295

**Apples, wild blueberries and tart cherries: Why home-grown fruits are every bit as 'super' as their exotic counterparts**
(While demand for some more exotic fruits can wax and then rapidly wane after celebrity backers lose interest, and over-use (and abuse) has devalued the term super fruit somewhat, enthusiasm about fruits of all kinds continues to grow.)
http://www.foodnavigator-usa.com/Market/Apples-wild-blueberries-and-tart-cherries-Why-home-grown-fruits-are-every-bit-as-super-as-their-exotic-counterparts

**The Juice-Bar Brawl**
(Investors see the nectar of profit in cold-pressed juice)
http://www.nytimes.com/2013/04/17/dining/the-rush-toward-cold-pressed-juices.html?_r=0

**Facts up Front labels now on 90% of foods in some categories, says GMA as it launches new educational website**
http://www.foodnavigator-usa.com/Market/Facts-up-Front-labels-now-on-90-of-foods-in-some-categories-says-GMA-as-it-launches-new-educational-website
Related Resource: Institute of Medicine: Examination of Front-of-Package Nutrition Rating Systems and Symbols
http://www.iom.edu/Activities/Nutrition/NutritionSymbols.aspx

**The 10 top food trends for 2013**
http://www.stonehearthnewsletters.com/the-10-top-food-trends-for-2013/updates/

**Lady, you can do pull-ups**
**Here's how you can work up to conquering that bar**
http://www.chicagotribune.com/health/sc-health-0417-pullups-20130417,0,3696354.story

**Registered Dietitians in the News**

**What makes us stray from eating right?**
(By Timi Gustafson RD)
http://www.auburn-reporter.com/lifestyle/203670871.html

**Texas Tech encouraged by early results of nutrition program**
(Dayna McCutchin, RD quoted)
http://redraiders.com/sports-red-raiders-football/2013-04-18/texas-tech-encouraged-early-results-nutrition-program

**Small steps to take toward a healthier weight**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130418/LIFE03/130419596/kati-mora-small-steps-to-take-toward-a-healthier-weight

**Trying to shed excess weight this spring? Ditch the candy, add some protein and consider going raw**
(By Jennifer Sygo, Dietitian/Canada)
http://life.nationalpost.com/2013/04/18/jennifer-sygo-some-open-secrets-for-shedding-excess-weight-this-spring/

**Five key nutrition steps for cancer prevention**
(Lindsay Diack, Dietitian/Canada quoted)
http://www.vancouversun.com/health/Five+nutrition+steps+cancer+prevention/8265540/story.html

**How hard is it to go sugar-free?**
(Sylvia Turner, Dietitian/UK quoted)
http://www.ottawacitizen.com/health/hard+sugar+free/8261988/story.html

**Journal Review**

***Journal of the Academy of Nutrition and Dietetics*, May 2013**
**Trouble Finding 1993-2011 Issues?**
Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011
http://www.andjrnl.org/current
Position of the Academy of Nutrition and Dietetics: Oral Health and Nutrition
http://www.andjrnl.org/article/S2212-2672(13)00236-0/abstract
Interviewing Clients and Patients: Improving the Skill of Asking Open-Ended Questions
http://www.andjrnl.org/article/S2212-2672(13)00003-8/fulltext
*Promotoras*as Research Partners to Engage Health Disparity Communities
http://www.andjrnl.org/article/S2212-2672(12)01921-1/fulltext
Iron Status and Its Determinants in a Nationally Representative Sample of Pregnant Women
http://www.andjrnl.org/article/S2212-2672(12)01807-2/abstract
Environmental and Individual Factors Affecting Menu Labeling Utilization: A Qualitative Research

Study
http://www.andjrnl.org/article/S2212-2672(12)01893-X/abstract
Ethical and Legal Issues Related to Blogging and Social Media
http://www.andjrnl.org/article/S2212-2672(13)00202-5/fulltext
Question of the Month: What Has Happened to the ORAC Database?
http://www.andjrnl.org/article/S2212-2672(13)00242-6/fulltext

***Amber Waves,* April 2013**
http://www.ers.usda.gov/amber-waves
The Food Costs of Healthier School Lunches
http://www.ers.usda.gov/amber-waves/2013-april/the-food-costs-of-healthier-school-lunches.aspx

***American Journal of Epidemiology*, April 15, 2013**
http://aje.oxfordjournals.org/content/177/8?etoc
Associations of Prenatal Exposure to Ramadan with Small Stature and Thinness in Adulthood: Results From a Large Indonesian PopulationBased Study
http://aje.oxfordjournals.org/content/177/8/729.abstract
Body Mass Index and Physical Activity at Different Ages and Risk of Multiple Myeloma in the NIH-AARP Diet and Health Study
http://aje.oxfordjournals.org/content/177/8/776.abstract
Hormonal, Metabolic, and Inflammatory Profiles and Endometrial Cancer Risk Within the EPIC CohortA Factor Analysis
http://aje.oxfordjournals.org/content/177/8/787.abstract
Latent Transition Models to Study Women's Changing of Dietary Patterns From Pregnancy to 1 Year Postpartum
http://aje.oxfordjournals.org/content/177/8/852.abstract

***Annals of Internal Medicine*, April 16, 2013**
http://annals.org/issue.aspx?journalid=90&IssueID=926759
Patient-Centered Decision Making and Health Care Outcomes: An Observational Study
http://annals.org/article.aspx?articleid=1676452
Risk Prediction Models for Patients With Chronic Kidney Disease: A Systematic Review
http://annals.org/article.aspx?articleid=1676455

***Critical Care Medicine*, May 2013**
http://journals.lww.com/ccmjournal/pages/currenttoc.aspx
Benchmarking the Incidence and Mortality of Severe Sepsis in the United States
http://journals.lww.com/ccmjournal/Abstract/2013/05000/Benchmarking_the_Incidence_and_Mortality_of_Severe.2.aspx
Sucrose Malabsorption and Impaired Mucosal Integrity in Enterally Fed Critically Ill Patients: A Prospective Cohort Observational Study
http://journals.lww.com/ccmjournal/Abstract/2013/05000/Sucrose_Malabsorption_and_Impaired_M

ucosal.8.aspx
Continuous Administration of Enteral Lipid- and Protein-Rich Nutrition Limits Inflammation in a Human Endotoxemia Model
http://journals.lww.com/ccmjournal/Abstract/2013/05000/Continuous_Administration_of_Enteral_Lipid__and.12.aspx

***Diabetes Educator*, April 2013 Online- First**
http://tde.sagepub.com/content/early/recent
Effectiveness of Prediabetes Nutrition Shared Medical Appointments-Prevention of Diabetes
http://tde.sagepub.com/content/early/2013/04/12/0145721713484812.abstract
Learning Needs of Youth With Type 2 Diabetes
http://tde.sagepub.com/content/early/2013/04/12/0145721713485305.abstract

***Food Service Director Magazine,*April 2013**
http://www.foodservicedirector.com/print/food-service-director/issues/current-issue
Great Spaces- It's not just about the food looking great. FSD highlights great foodservice facility design
http://www.foodservicedirector.com/operations/articles/great-spaces
2013 C&U Census: Adding Gluten-free Items Tops College Operators' To-do List
http://www.foodservicedirector.com/trends/research/articles/2013-cu-census-adding-gluten-free-items-tops-college-operators-do-list
Healthcare Operators Focus on Keeping Costs Down and Quality Up
http://www.foodservicedirector.com/operations/articles/purchasing/healthcare-operators-focus-keeping-costs-down-and-quality
The Big Picture: Colleges Most Likely to Post Nutritional Content; LTC/Senior Living Least Likely
http://www.foodservicedirector.com/trends/research/articles/big-picture-colleges-most-likely-post-nutritional-content-ltcsenior-living-

***ICAN- Infant, Child &Adolescent Nutrition*, April 18, 2013 Online-First**
http://can.sagepub.com/content/early/recent
Malnutrition in Congenital Heart Disease-Management to Improve Outcomes
http://can.sagepub.com/content/early/2013/04/18/1941406413485906.abstract

***Journal of the American Medical Association,*April 17, 2013**
http://jama.jamanetwork.com/issue.aspx
Association Between Childhood Migraine and History of Infantile Colic
http://jama.jamanetwork.com/article.aspx?articleid=1679399
Prevalence of a Healthy Lifestyle Among Individuals With Cardiovascular Disease in High-, Middle- and Low-Income Countries: The Prospective Urban Rural Epidemiology (PURE) Study
http://jama.jamanetwork.com/article.aspx?articleid=1679401

***Journal of Women's Health*, April 2013**

http://online.liebertpub.com/toc/jwh/22/4

Is Timing Everything? A Meeting Report of the Society for Women's Health Research Roundtable on Menopausal Hormone Therapy

http://online.liebertpub.com/doi/abs/10.1089/jwh.2013.4386

Screening Low-Income Women of Reproductive Age for Cardiovascular Disease Risk Factors

http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4149

Gender Differences in Colon Cancer Treatment

http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.3988

Obesity and Risk of Breast Cancer Mortality in Hispanic and Non-Hispanic White Women: The New Mexico Women's Health Study

http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4191

***Metabolism in Clinical and Experimental*, April 2013**

http://www.metabolismjournal.com/current

The complex interaction between obesity, metabolic syndrome and reproductive axis: A narrative review

http://www.metabolismjournal.com/article/S0026-0495(12)00316-2/abstract

Lipoprotein(a) metabolism: Potential sites for therapeutic targets

http://www.metabolismjournal.com/article/S0026-0495(12)00333-2/abstract

Acute effects of different diet compositions on skeletal muscle insulin signalling in obese individuals during caloric restriction

http://www.metabolismjournal.com/article/S0026-0495(12)00402-7/abstract

***Morbidity and Mortality Weekly Report*, April 19, 2013**

http://www.cdc.gov/mmwr/mmwr_wk.html

Incidence and Trends of Infection with Pathogens Transmitted Commonly Through Food Foodborne Diseases Active Surveillance Network, 10 U.S. Sites, 19962012

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6215a2.htm?s_cid=mm6215a2_w

Announcements: World Malaria Day  April 25, 2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6215a5.htm?s_cid=mm6215a5_w

***New England Journal of Medicine*, April 18, 2013**

http://www.nejm.org/toc/nejm/medical-journal

Leading Clinicians and Clinicians Leading

http://www.nejm.org/doi/full/10.1056/NEJMp1301814

A Randomized Trial of Glutamine and Antioxidants in Critically Ill Patients

http://www.nejm.org/doi/full/10.1056/NEJMoa1212722

Complications of Mechanical Ventilation  The CDC's New Surveillance Paradigm

http://www.nejm.org/doi/full/10.1056/NEJMp1300633

***Nutrition Journal,*April 2013**

http://www.nutritionj.com/

Long-term effects of low-fat diets either low or high in protein on cardiovascular and metabolic risk factors: a systematic review and meta-analysis

http://www.nutritionj.com/content/12/1/48/abstract

Trends in US home food preparation and consumption: analysis of national nutrition surveys and time use studies from 1965--1966 to 20072008

http://www.nutritionj.com/content/12/1/45/abstract

A randomized trial of fish oil omega-3 fatty acids on arterial health, inflammation, and metabolic syndrome in a young healthy population

http://www.nutritionj.com/content/12/1/40/abstract

***School Nutrition*, April 2013**

http://mydigimag.rrd.com/publication/?i=153410

(flip to articles)

-Marketing Notebook: Lights, CameraLunch: Promoting school meals via videos

-National School Lunch Week, October 14-18, 2013 theme School Lunch Across the USA

-National School Breakfast Week, March 3-7, 2014 theme Take Time for School Breakfast

-Savor the Flavor of Onions &Garlic

-A Behind-the-Scenes Look at Biodiesel

***Supermarket Savvy Newsletter*, April 2013**

http://www.supermarketsavvy.com/current_newsletter_issue.asp

(Subscription required)

-Savvy Salads &Veggie Toppings

-Guide to Fresh Produce

-Vegetable Nutrient Chart

-Seasonal Guide to Produce

-FREE Vegetable &Fruit Shopping Tip Sheet

http://www.supermarketsavvy.com/free_tipsheet.asp

***Therapeutic Advances in Gastroenterology*, May 2013**

http://tag.sagepub.com/content/current

New strategies for the management of diverticular disease: insights for the clinician

http://tag.sagepub.com/content/6/3/205.abstract

Nutritional management of Crohns disease

http://tag.sagepub.com/content/6/3/231.abstract

**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=19950
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19950-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2304. Finance and Audit Committee Meeting, Face to Face in Chicago April 24th and 25th

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, glenna@glennamccollum.com <glenna@glennamccollum.com>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, fellerb@auburn.edu <fellerb@auburn.edu>
**Sent Date:** Apr 19, 2013 10:24:10
**Subject:** Finance and Audit Committee Meeting, Face to Face in Chicago April 24th and 25th
**Attachment:** image001.png

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Good Morning Everyone:

I just wanted to know if anyone would like to receive all the materials that are on the portal as hard copies for the meeting, when they arrive next week. I would have them ready for you when you arrive. If you can just send me a quick email, so I know how many extra binders to make.

Thanks,

Linda

Have a great week-end!

**Linda Serwat**

***Administrative Assistant***

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www.eatright.org

2305. Finance and Audit Committee meeting on Wednesday, April 24th and Thursday, April 25th.

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, KMcClusky@lammorrison.com <KMcClusky@lammorrison.com>, Elise Smith <easaden@aol.com>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendall@ufl.edu <kendall@ufl.edu>, mstokes@usj.edu <mstokes@usj.edu>
**Sent Date:** Apr 18, 2013 16:58:22
**Subject:** Finance and Audit Committee meeting on Wednesday, April 24th and Thursday, April 25th.
**Attachment:**

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All,

As I mentioned yesterday, Maria was beginning to put the meeting information onto the Portal. We are missing two pieces; the FY14 budget and the narrative for February. Both should be available to you tomorrow. If you have any difficulties getting the information off of the portal, please let me know. The following is a summary of the financials for February and March.

## I. February Changes

There was one change in February. In the Foundation, accounting moved $25,000 in revenue from Corporate Contributions to Sponsorships. This change did not affect the overall revenue. Working with the Foundation staff to ensure everything was correctly coded, accounting determined that a check we received should be recoded. This was the only change for February.

## II. March Investments and beyond

Our two investment portfolios continued to grow in March, increasing by approximately $990,000. This brings our combined, fiscal year to date, increase to nearly $5,639,600. That's the good news. Unfortunately, April is not turning out so well. Through yesterday, the combined portfolios had lost approximately $280,000 for April. Today does not look much better. Al Bryant will be joining us next week and may be able to provide some additional insight into the markets. We are due for a correction. The last "negative" month was last October. Last year, in April and May, we saw a correction. I hope that any downturn this year is not a large as what we experienced last year. Again, Al will be able to provide some insight as he gazes into his crystal ball!

## III. Academy March Financials (A10)

March, overall, was an good month for the Academy. Expenses continued the trend, under running the budget by $154,916. A great deal of the expense under run can be attributed to PPW. Unfortunately, a great deal of the revenue under run can be attributed to PPW as well. Revenue was under budget by $174,337 in April. Of which, approximately $114,000 was from PPW. As I mentioned above, expenses for PPW were lower. So, there is good news about PPW. Staff worked hard to reduce costs for the program because it became clear early that the revenue would be short. As of right now, expenses are about $114,000 lower than the original budget. I don't expect this to hold. (As I review the detail, I believe we may be short on Audio Visual expenses. Given the timing of the discovery, I will keep the information as it currently is on the portal and change it when we finalize the information.) Even with the expected additional Audio visual expenses, PPW will under-run expenses by more than $100,000. The other major revenue under-runs in March can be attributed to Membership (down $33.9K) and National Nutrition Month sales (down $78K). So, our revenue shortfall can be isolated to a few drivers.

Overall, in March, revenue was short of budget by $174,337. Expenses were under budget by $154,916. The combination of the revenue and expense left the Academy $19,421 short of the

budgeted net operating income. The investments for March were very good. The Academy received $384,081 in investment returns. This was $274,706 better than the budget. When everything is considered, the Academy had a net income of $143,726. This was $255,285 better than the original budget. So, overall, March was a good month.

Taking a look at the year to date numbers, the Academy currently has an operating deficit of $370,904. This is $163,291 lower (worse) than the budget. The operating gap has grown in March. As you can see, expenses continue to help the organization. Year to date, expenses are now $921,373 below budget. However, it hasn't covered the $1,084,663 shortfall in revenue.

As has been the case all year, operationally, the news is good. However once you factor in the investment income, the news is great. Through March, investments have provided $2,149,248 in income. This is $1,055,498 higher than the budget. This drives the Academy's net income to $1,778,344. Overall, this is now $892,207 higher than the budget. So, if the investment market holds, the Academy should have another positive year.

The following is a breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area **under budget** by $33,892 in March and is now **under budget** by $285,343 for the year. We continue to experience the phenomena of growing members, but, not meeting the revenue targets. This is due to both the mix of people taking the Career Dues Starter revenue options and the timing of when members renew. This year, we had more members renew in February and March than anticipated. This will impact the revenue this year. However, they are renewing for next year as well. So, this looks good for FY 14.

b. **Programs and Meetings** - This area is **under budget** by $118,402 in March and is **under budget** by $988,733 for the year. The under-run in March is nearly all due to PPW (down $130.0K) and offset by higher Professional development (up by $12.0K).

c. **Publications and Materials** - This area is **under budget** by $59,665 in March and **over budget** by $29,165 for the year. The under-run in March is due to lower National Nutrition Month merchandise sales (down $78K), lower NCP/SL sales (down $20.0K), offset by higher traditional publication sales (up $36.0K) and List Rental (up $2.5K).

d. **Subscriptions** - This area was **over budget** by $6,449 in March and is **over budget** by $142,406 for the year. The over-run for March is primarily due to NCM and related products.

e. **Advertising** – This area is **on target** for the month of March. No revenue budgeted and no revenue received.

f. **All grants -** This area was **over budget** by $9,251 in March and is **over budget** by $17,901 for the year. The over run in March is due to higher ConAgra Home Food Safety (up $8.3K) and higher Carry the Flame project (up $2.1K). This is offset by lower Research grants (down $1.1K)

g. **Sponsorships** – This area is **over budget by $2,500** for March and is **over budget by $37,152** for the year. This is higher in March due to the success of the Sponsorship program.

h. **Other** – This area was **over budget** by $19,422 in March and is **over budget** by $9,058 for the year. The majority of the over-run is due to PPW (up $16.5K). Earlier in the year, the date for PPW was changed. This resulted in the need for a new hotel contract. Included in our contract, we were able to secure rebates for the hotel rooms and expenses incurred. Since this was not budgeted, it was an added benefit for PPW.

B. Expenses

a. **Personnel** – This area is **over budget** by $14,058 for March and **over budget** by $11,580 for the year. The over-run in March is due to a few factors. We did not capitalize as much expense in March. We received bills for temporary help that were for a few months. Unfortunately, accounting was unaware of the bills. This resulted in a part of the over-run. Finally, we had a few people leave the business recently and get their vacation pay. This was taken to expense. It should help reduce any additional expense associated with vacation time at the end of the year.

b. **Publications** – This area is **under budget** by $287 for March and **over budget** by $23,906 for the year. Even though this is close to budget, it has a few variances of significance. Costs for the Journal (up $5.0K)and Traditional publications (up $9.5K) are up. This is offset by lower National Nutrition Month merchandise costs (down $9.0K), lower Food and Nutrition Magazine Costs (down $3.7K) and lower across all other (down $2.0).

c. **Travel** – This area was **under budget** by $32,851 for March and **under budget** by $160,436 for the year. The under-run in March is due to lower costs for Public Policy (down $18.5K), Marketing (down $10.7K) and Informatics (down $4.1K).

d. **Professional Fees** - This area was **under budget** by $26,450 for March and is **under budget** by $495,739 for the year. The under-run in March is being driven by lower Marketing

(down $24.6K), National Nutrition Month (down $15.4K), Journal (down $7.7K), Membership (down $12.0K), Public Policy (down $4.4K) and Research (down $6.2K). This is offset by higher costs for the Web (up $32.8K), Informatics (up $10K), and Governance (up $1K).

e. **Postage and Mailing Service** – This area is **under budget** by $24,624 in March and **under budget** by $67,951 for the year. This under-run in March is primarily due to lower costs for Traditional Publications (down $12.5K), Membership (down $9.3K), and Research (down $2.1K).

f. **Office Supplies and Equipment** – This area is **over budget** by $169 in March and **over budget** by $11,223 for the year. There are no significant variances in March.

g. **Rent and utilities** - This area is **over budget by $1,947** in March and **over budget by $10,650** for the year. The over-run in March is due to higher utility costs than budgeted.

h. **Telephone and communications** – This is **over budget** by $6,089 in March and **over budget** by $26,565 for the year. The over-run in March is due to higher Washington and Chicago basic phone costs.

i. **Commissions** – This area is **on target** for the month of March. Nothing budgeted and nothing spent.

j. **Computer Expenses** – This area is **under budget** by $3,685 in March and **under budget** by $1,272 for the year. The under-run in March is due to lower Website costs.

k. **Advertising and Promotion** – This area is **under budget** by $5,173 in March and **under budget** by $17,245 for the year. The under-run in March is primarily due to lower National Nutrition Month (down $6.5K), lower Traditional Publications (down $1.7K),and lower all other (down $0.5K) offset by higher Brand Promise (up $3.5K).

l. **Insurance** – This area is **on target** for March.

m. **Depreciation** – This area is **over budget** by $2,000 in March and **over budget** by $5,000 for the year. This is due to anticipated higher capital for the web**.**

n. **Bank and trust fees** – This area is **over budget** by $8,929 in March and **over budget** by $13,464 for the year. The over-run in March is due to higher Investment trust fees (up $5.4K) and higher Credit card fees (up $3.5K).

o. **Other** – This area is **over budget** by $15,831 in March and **under budget** $42,953 for the year. The over-run in March is primarily due to higher costs for professional development (up $9K), and Food and Nutrition Magazine (up $9.0K), offset by under-runs across all other (down $2.2K).

p. **Expense allocation** – This area is **under budget** by $2,179 in March because the Registry project supported by CDR under ran its budget. The result is the charge back to CDR was lower this month.

q. **Meeting services** – This area is **under budget** by $89,551 in March and is **under budget** for the year by $306,695. The under-run in March is due to lower PPW (down $78.8K), lower Affiliate Management (Down $23.1K), Marketing (down $4.5K) offset by higher costs for the board (up $12.7K) and all other (up $3.9K).

r. **Legal and Audit** – This area is **under budget** by $4,475 in March and **over budget** by $4,670 for the year. The under-run in March is all due to lower legal fees.

s. **Printing** – This area is **under budget** by $19,034 in March and is **under budget** by $65,657 for the year. The under-run in March is primarily due to Public Policy (down $9.1K), Member Services (down $4.3K), Research (down $3.0K) and all other (down ($2.6K).

As has been the case in the past few months, the Academy did not meet the operating targets primarily due to revenue shortfalls. However, adding into the equation the investment returns and the Academy is performing very well. Year to date, the Academy has nearly $1.8M in Net Income. In addition, investment reserves sit above $18.1M. Overall, there is some very good news inside the finances of the Academy. We hope it will continue for the final two months of the year.

I will stop here and provide additional information into the Foundation, CDR, ACEND, DPGS/MIGS and ANDPAC later. I hope this information is helpful.

Paul Mifsud

2306. RE: Potential Dates for Foundation Finance Committee Call

**From:** Susan Burns <Sburns@eatright.org>
**To:** dwheller@mindspring.com <dwheller@mindspring.com>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Paul Mifsud <PMifsud@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Apr 18, 2013 14:57:26
**Subject:** RE: Potential Dates for Foundation Finance Committee Call
**Attachment:** image001.png

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Hi. It looks like May 1st at 3 pm central time works best for everyone. Please mark your calendars and I will send the budget and dial in number prior to the call. Thanks!

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

**From:** Susan Burns
**Sent:** Thursday, April 18, 2013 10:11 AM
**To:** dwheller@mindspring.com; McClusky, Kathy; peark02@outlook.com; DMartin@Burke.k12.ga.us; Paul Mifsud
**Cc:** Mary Beth Whalen; Linda Serwat
**Subject:** Potential Dates for Foundation Finance Committee Call

Good morning. The Academy Foundation's call to approve the 2013-2014 Foundation budget is May 9th from 11 – 12 pm CDT. Prior to this call, the Foundation Finance Committee, which consists of the Chair, Chair-elect and Financial Officer, reviews the budget. I am also including Donna since she will become Financial Officer June 1st. Following are some dates potential dates and times for this Committee call. Please let me know you availability. Thanks.

Times listed below are the ***central*** time zone

Monday, April 29th

____ 10 am

____ 12 pm

____ 2 pm

Tuesday, April 30th

____ 9 am

____ 11 am

____ 1 pm

Wednesday, May 1st

____ 11 am

____ 1 pm

____ 3 pm

Thursday, May 2nd

____ 10 am

____ 12 pm

____ 2 pm

____ 4 pm

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
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www.eatright.org/foundation

2307. RE: Potential Dates for Foundation Finance Committee Call

**From:** Susan Burns <Sburns@eatright.org>
**To:** 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, dwheller@mindspring.com <dwheller@mindspring.com>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Paul Mifsud <PMifsud@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Apr 18, 2013 14:55:40
**Subject:** RE: Potential Dates for Foundation Finance Committee Call
**Attachment:** image001.png

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Hi Kathy. No. It was listed incorrectly on the agenda for the last Board call. It is from 11 – 12 noon which was the original times circulated.

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

**From:** McClusky, Kathy [mailto:KathyMcClusky@IamMorrison.com]
**Sent:** Thursday, April 18, 2013 11:00 AM
**To:** Susan Burns; dwheller@mindspring.com; peark02@outlook.com; DMartin@Burke.k12.ga.us; Paul Mifsud
**Cc:** Mary Beth Whalen; Linda Serwat
**Subject:** RE: Potential Dates for Foundation Finance Committee Call

Suzie….I am not available at all on Apr. 29 and 30….I am in an all day meeting both days. On May 1 and 2 I am available at any of the times you listed. Didn't we have a meeting scheduled for May 9 from 1 to 4?

**From:** Susan Burns [mailto:Sburns@eatright.org]
**Sent:** Thursday, April 18, 2013 11:11 AM
**To:** dwheller@mindspring.com; McClusky, Kathy; peark02@outlook.com;

DMartin@Burke.k12.ga.us; Paul Mifsud
**Cc:** Mary Beth Whalen; Linda Serwat
**Subject:** Potential Dates for Foundation Finance Committee Call

Good morning. The Academy Foundation's call to approve the 2013-2014 Foundation budget is May 9th from 11 – 12 pm CDT. Prior to this call, the Foundation Finance Committee, which consists of the Chair, Chair-elect and Financial Officer, reviews the budget. I am also including Donna since she will become Financial Officer June 1st. Following are some dates potential dates and times for this Committee call. Please let me know you availability. Thanks.

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http://compass-usa.com/Pages/Disclaimer.aspx

2308. Introducing the NEW Academy ATIRAcredit Platinum Rewards MasterCard

**From:** Academy of Nutrition and Dietetics <Membership@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 18, 2013 14:23:59
**Subject:** Introducing the NEW Academy ATIRAcredit Platinum Rewards MasterCard
**Attachment:**

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Having trouble viewing this email? View it in your browser.
**Apply Now**
**April 18, 2013**

Dear Donna,

As an Academy of Nutrition and Dietetics member, you're automatically eligible for an *exclusive* rewards card you simply can't get anywhere else.

**It's the NEW Academy ATIRAcredit Rewards MasterCard®.**

Our new Academy Platinum Rewards MasterCard grants you *instant access* to money-saving benefits and generous rewards, including:

- **EARN A POINT FOR EVERY DOLLAR** - Spend a dollar, and earn a point. *It's that easy*.
- **DOUBLE POINTS** - You'll automatically earn *DOUBLE* rewards points on every purchase for the first 60 days.
- **MILLIONS OF REWARD OPTIONS** - You can choose from merchandise, travel and even cash back rewards.
- **NO ANNUAL FEE** - You'll never pay an annual fee, so carrying your new Rewards MasterCard costs you nothing.

**Activate your Academy Platinum Rewards MasterCard today**. **That way you can immediately start saving money and earning rewards.**

Sincerely,

The Academy Membership Team
Membership@eatright.org

Credit approval required. Double reward points offer valid for 60 days from account-origination. The ATIRAcredit Card is issued by TMG Financial Services, Inc. pursuant to a license by MasterCard International Incorporated. MasterCard, Platinum MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated. ©2013 TMG

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If you prefer not to receive future alerts, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us** Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2309. RE: 2014 Budget info

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 18, 2013 14:01:49
**Subject:** RE: 2014 Budget info
**Attachment:**

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Mary,

I am available. I know Donna might be in meetings here in Chicago.

Paul

**From:** peark02@outlook.com
**Sent:** Thursday, April 18, 2013 12:50 PM
**To:** Paul Mifsud; DMartin@Burke.k12.ga.us
**Subject:** RE: 2014 Budget info

Paul and Donna,

This is Donna's budget and she should drive the discussion and questions. Of course that does not mean that I will not have thoughts.

I think it would help if we could talk about this together but with everything going on that may not work. Do you all have 30 minutes tomorrow after 2P Central? I can do a conference call from my work phone if you let me know the best numbers to call.
If this doesn't work, no worries. I am sure the FAC members will voice their questions and I'm confident we can get them answered effectively.

Donna, what time do you arrive on Tuesday night? Remind me here you'll stay? If it's the Burnham we can eat at the Atwood, which is always great, or try another spot if you prefer.
Mary

From: PMifsud@eatright.org
To: peark02@outlook.com; DMartin@Burke.k12.ga.us
Subject: 2014 Budget info
Date: Wed, 17 Apr 2013 18:04:41 +0000

Mary,

Donna,

Here is a draft of the budget presentation. It isn't complete and I am waiting for additional input. Take a look and let me know if anything is concerning before it goes out to the entire Committee. Also, if it generates any questions that I should address before it goes to the Committee. Please don't' share this with anyone yet. My goal is to make sure it clear. If it isn't, it will make it more difficult at the meeting next week.

Thanks

Paul

2310. RE: Potential Dates for Foundation Finance Committee Call

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** Susan Burns <Sburns@eatright.org>, dwheller@mindspring.com <dwheller@mindspring.com>, McClusky, Kathy <KathyMcClusky@IamMorrison.com>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Paul Mifsud <PMifsud@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>
**Sent Date:** Apr 18, 2013 12:07:27
**Subject:** RE: Potential Dates for Foundation Finance Committee Call
**Attachment:** image001.png

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Hi Susie:

Below is for Paul:

Linda

**From:** Susan Burns
**Sent:** Thursday, April 18, 2013 10:11 AM
**To:** dwheller@mindspring.com; McClusky, Kathy; peark02@outlook.com; DMartin@Burke.k12.ga.us; Paul Mifsud
**Cc:** Mary Beth Whalen; Linda Serwat
**Subject:** Potential Dates for Foundation Finance Committee Call

Good morning. The Academy Foundation's call to approve the 2013-2014 Foundation budget is May 9th from 11 – 12 pm CDT. Prior to this call, the Foundation Finance Committee, which consists of the Chair, Chair-elect and Financial Officer, reviews the budget. I am also including Donna since she will become Financial Officer June 1st. Following are some dates potential dates and times for this Committee call. Please let me know you availability. Thanks.

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____ 12 pm Yes

____ 2 pm Yes

____ 4 pm Yes

**Susie Burns**
***Senior Director***
**Academy of Nutrition and Dietetics Foundation**

120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

2311. Potential Dates for Foundation Finance Committee Call

**From:** Susan Burns <Sburns@eatright.org>
**To:** dwheller@mindspring.com <dwheller@mindspring.com>, McClusky, Kathy <KathyMcClusky@IamMorrison.com>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Paul Mifsud <PMifsud@eatright.org>
**Cc:** Mary Beth Whalen <Mwhalen@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Apr 18, 2013 11:10:36
**Subject:** Potential Dates for Foundation Finance Committee Call
**Attachment:** image001.png

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Good morning. The Academy Foundation's call to approve the 2013-2014 Foundation budget is May 9th from 11 – 12 pm CDT. Prior to this call, the Foundation Finance Committee, which consists of the Chair, Chair-elect and Financial Officer, reviews the budget. I am also including Donna since she will become Financial Officer June 1st. Following are some dates potential dates and times for this Committee call. Please let me know you availability. Thanks.

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312-899-4752
www.eatright.org/foundation

2312. Daily News: Thursday, April 18, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 18, 2013 10:36:57
**Subject:** Daily News: Thursday, April 18, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Antiretroviral Therapy Not Found To Affect Resting Energy Expenditure Among Women With HIV**
http://www.medicalnewstoday.com/releases/259186.php
Source: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(13)00176-7/abstract

**The Correct Diet Can Help Avoid Kidney Disease**
http://www.medicalnewstoday.com/articles/259203.php
Source: *American Journal of Kidney Disease*
http://www.sciencedirect.com/science/article/pii/S027263861300574X

**Nutrient Therapy Won't Help ICU Patients: Study**
**Findings only apply to critically ill, researcher says**
http://consumer.healthday.com/Article.asp?AID=675501
Source: *New England Journal of Medicine*
-A Randomized Trial of Glutamine and Antioxidants in Critically Ill Patients
http://www.nejm.org/

**Stealth sodium reduction? Consumers are attracted to low sodium claims on foods, says new analysis**
(Advertising sodium reduction claims on food labels may increase a consumers purchasing intentions, says a new study from Canada that contradicts the industry strategy of stealth sodium reduction)
http://www.foodnavigator-usa.com/Science/Stealth-sodium-reduction-Consumers-are-attracted-to-low-sodium-claims-on-foods-says-new-analysis
Source: *American Journal of Clinical Nutrition*

http://ajcn.nutrition.org/content/early/2013/04/10/ajcn.112.052910.abstract

**Making Fruit Easier to Eat Increases Sales and Consumption in School Cafeterias**
http://www.sciencedaily.com/releases/2013/04/130417165007.htm
Source: *American Journal of Preventative Medicine*
http://www.ajpmonline.org/article/S0749-3797(13)00105-0/abstract

**'Western' Diet Not the Way to Age Well**
**British study says fried foods and red meat lead to premature aging, illness**
http://consumer.healthday.com/Article.asp?AID=675462

**Worries Multiplied for Elderly**
(A survey shows Alzheimer's, high blood pressure and heart disease are the most common conditions among patients in assisted living facilities)
http://www.nytimes.com/2013/04/16/science/overlapping-health-worries-for-the-elderly.html?_r=0
Related Resource: Position of the Academy of Nutrition and Dietetics: Food and Nutrition for Older Adults: Promoting Health and Wellness
http://www.eatright.org/About/Content.aspx?id=8374

**USDA starts new program to track farm animals**
http://www.nbcnews.com/id/51566228/ns/health/

**Americans still wary of greenwashing, including organic labels: Harris Poll**
(Concern for the environment may be increasing among Americans, but suspicion of corporate greenwashing may be slowing their willingness to pay extra for green products, including organic, suggests a new survey of 2,276 adults)
http://www.foodnavigator-usa.com/Market/Americans-still-wary-of-greenwashing-including-organic-labels-Harris-Poll

**Grizzly bears may have diet lessons that can be helpful for humans**
(Doctors, vets and researchers are studying animals diets and bodies to find health lessons for humans)
http://www.washingtonpost.com/national/health-science/grizzly-bears-may-have-diet-lessons-that-can-be-helpful-for-humans/2013/04/15/7879898c-7f85-11e2-8074-b26a871b165a_story.html

**California officially adds BPA to its dangerous chemicals list**
(The state of California has placed bisphenol-A (BPA) on its ranking of dangerous chemicals that should not be used in products consumers are exposed to)
http://www.foodnavigator-usa.com/Regulation/California-officially-adds-BPA-to-its-dangerous-chemicals-list
Related Resource: FDA
http://www.fda.gov/NewsEvents/PublicHealthFocus/ucm064437.htm

**Getting a Brain Boost Through Exercise**
http://well.blogs.nytimes.com/2013/04/10/how-exercise-may-boost-the-brain/

**Pepper's history spiced with dark moments**
**Author calls pepper 'the Zelig of the culinary world'**
http://www.courant.com/features/food/sc-food-0412-pepper-20130417,0,1625713.story

**In the Mood for Some Perky Jerky? The World of CaffeinatedSnacks**
http://online.wsj.com/article/SB10001424127887323809304578428662107511422.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**- Complementary and Alternative Care in Multiple Sclerosis (CAM Care in MS)**
http://clinicaltrials.gov/ct2/show/NCT01703429?term=NCT01703429&rank=1

**Registered Dietitians in the News**

**Healthy recipes for when the power goes out**
(By Carolyn ONeil, RD &Rachel Begun, Academy Spokesperson quoted)
http://www.poconorecord.com/apps/pbcs.dll/article?AID=/20130417/FEATURES90/304170304/-1/NEWSMAP

**What's for breakfast? How about a sandwich?**
(Elizabeth Ward, RD quoted)
http://www.usatoday.com/story/news/nation/2013/04/18/breakfast-sandwich-on-top-10-list/2091189/

**Is milk really good for us?**
(Keri Mc Comb,RD &Andrea Valenti, RD both quoted)
http://www.ctpost.com/health/article/Is-milk-really-good-for-us-4441287.php

**District is recognized for its improved lunches**
(Katie Bark, RD quoted)
http://www.thewesternnews.com/education/article_643f5452-a6b7-11e2-aa3e-001a4bcf887a.html

**Tasty time of year: Spring ahead with greens**
(Stephanie Dean, RD &Amber Odom, RD both quoted)

http://www.capecodonline.com/apps/pbcs.dll/article?AID=/20130418/LIFE/304180302

**Irritable Bowel Syndrome: Help, resources, relief are just a call away**
(Lisa Cianfrini, Dietitian/Canada quoted)
http://www.windsorstar.com/life/food/Irritable+Bowel+Syndrome+Help+resources+relief+just+call+away/8252777/story.html

**Healthy. Juiced**
(Chris Wellington, Dietitian/Canada quoted)
http://www.windsorstar.com/Healthy+Juiced/8258491/story.html

**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=19906
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19906-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2313. May Board of Directors Meetings

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** 'Sonja Connor' <connors@ohsu.edu>, 'kmccluskey@lammorrison.com' <kmccluskey@lammorrison.com>, Ragalie, Jean <Jean.Ragalie@rosedmi.com>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Apr 17, 2013 18:19:50
**Subject:** May Board of Directors Meetings
**Attachment:** image001.png

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This is a reminder that the upcoming Board of Directors orientation and business meeting is soon approaching.

The joint orientation for incoming Board and Foundation members is scheduled for May 14-15 at Academy headquarters, 120 South Riverside Plaza, Suite 2000. The orientation will begin at noon on Tuesday, May 14 and is expected to adjourn at 5:00 pm on Wednesday, May 15. Current and incoming Academy Board members attending the orientation meeting are Sonja Connor, Diane Heller, Nancy Lewis, Donna Martin, Glenna McCollum, Elise Smith and the newly appointed incoming Foundation Board members attending are Kathy McClusky and Jean Ragalie. Reservations have been made at the Hotel Burnham, One W. Washington Street, for arrival on May 14 for those attending the orientation, unless you request otherwise. Your hotel room will be master-billed, but you will be asked to pay for incidentals.

The Academy Board of Directors meeting will be held on May 16-17 at headquarters. Reservations have been made at the Hotel Burnham for arrival on May 15, unless you requested otherwise. The meeting will convene at 8:00 am on Thursday, May 16 and will adjourn on Friday, May 17 at 12:00 pm. We welcome incoming Academy Board member Sonja Connor who will audit the meeting.

Please make your travel arrangements at https://adatvl.axo20.com/ and enter account code 1032430. If you have any questions, please contact me at jschwaba@eatright.org.

Thank you!

Joan

**Joan Schwaba, MS, RDN, LDN**

***Director, Strategic Management***
**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312-899-4798

fax: 312-899-4765
jschwaba@eatright.org

www.eatright.org

2314. RE: Finance and Audit committee meeting on Wednesday, April 24th and Thursday, April 25th.

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, KMcClusky@lammorrison.com <KMcClusky@lammorrison.com>, Elise Smith <easaden@aol.com>, Sonja Connor <connors@ohsu.edu>, Milton@onesourcenutrition.net <Milton@onesourcenutrition.net>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendal@ufl.edu <kendal@ufl.edu>
**Sent Date:** Apr 17, 2013 17:45:14
**Subject:** RE: Finance and Audit committee meeting on Wednesday, April 24th and Thursday, April 25th.
**Attachment:** image001.png

---

All,

The documents for our face-to-face FAC meeting scheduled April 24-25, 2013 are loaded into the portal.

We are missing two agenda items FY2014 Budget overview and FY2013 Audit and Tax Plan

Folder name “April 24-25, 2013 meeting”

Please login on the portal using the link *http://ada.portalxm.com* and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

PS. For those of you with no access to the Academy portal, we will provide instruction and password tomorrow morning.

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2315. RE: New FAC members

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 17, 2013 17:09:29
**Subject:** RE: New FAC members
**Attachment:**

---

Donna,

We will make the change on the calendar. If you need us to move it out of this week, let me know and I will do so. As for the orientation; I expect to do it by Webex so you don't have to be here. As I mentioned previously, you don't need to attend. I can imagine your schedule has already become property of the Academy. The last thing you need is another meeting!!!! J You probably have seen my e-mail welcoming everyone. I won't recount the new members. However, those moving off of the Committee are as follows;

1. Mary Russell
2. Glenna McCollum
3. Diane Heller
4. Nancy Lewis
5. Mary Etta Moorachian
6. Elaine Molaison
7. Annalynn Skipper

It will be nearly a new Committee. The good thing is the incoming members have FAC experience. Sonja Connor, Elise Smith and Kathy McClusky all have been on the Committee previously. It will help as we move into FY14. I will be in touch soon. If you need anything please let me know.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, April 17, 2013 3:29 PM
**To:** Paul Mifsud
**Subject:** Re: New FAC members

Paul, The day and time for the conference call is good with me. The only thing I would ask is if we could keep away from the Thursday/Friday dates in April for the annual meeting. I have a house full of company that comes in on Thursday night to my house for a golf tournament. Could we do Wednesday and Thursday again (April 23 and 24)? I do not think I need to be there for the orientation in May, unless we can do it around the time I am there for the Board Meeting. I will be there May 13-16 for board orientation and the board meeting. Maybe during board orientation? If it does not work out that is fine.

Can you tell me what position the new members hold in the Academy and who will be rotating off?

The Masters was unbelievable this year. The weather and the winner were both perfect!!! I will give you more details when I see you next week.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 4/17/2013 4:15 PM >>>
Donna,

A couple of things; First, I am attaching a draft of the 2014 FAC calendar. We kept to the last Wednesday of the month with exception of December. We also retained the time at 1 p.m. Central

Time.  Let me know if this is still a good day and time for you.  Secondly, we have three new members to the Committee that are entirely new to the process; Milton Stokes, Nancy Wooldridge and Anne Kendall.  I will be reaching out to them to set up a hour of time to provide an orientation.  You don't have to attend.  However, you are always welcome too.  So, if there is a time or day that you would like me to stay away from, please let me know.  I will attempt to get this scheduled sometime in May.

I hope you had a great time at the Masters.

Paul Mifsud

2316. Finance and Audit committee meeting on Wednesday, April 24th and Thursday, April 25th.

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, KMcClusky@Iammorrison.com <KMcClusky@Iammorrison.com>, Elise Smith <easaden@aol.com>, Sonja Connor <connors@ohsu.edu>, Milton@onesourcenutrition.net <Milton@onesourcenutrition.net>, nwooldridge@peds.uab.edu <nwooldridge@peds.uab.edu>, kendal@ufl.edu <kendal@ufl.edu>
**Sent Date:** Apr 17, 2013 16:58:31
**Subject:** Finance and Audit committee meeting on Wednesday, April 24th and Thursday, April 25th.
**Attachment:**

---

All,

The face to face meeting for the Finance and Audit Committee is approaching. The information will begin to be put onto the portal tonight. You will be notified by Maria for each piece that will be provided. We have a great deal of information to go through. Therefore, we will begin our meeting on Wednesday at 8 a.m. We did not include breakfast because your hotel will provide that to you. We believe the meeting should be completed by noon on Thursday.

We will have guests at the meeting. Al Bryant from Segall, Bryant and Hamill will be joining us to address the investment markets. That should be an interesting conversation. Also joining us will be Robert Wessel from Central Insurance. Robert has been Academy's insurance agent for longer than I have been here. He will go over our insurance coverage. Finally, the audit team from Plante Moran will be attending to discuss the 2013 Audit and Tax plan. Genevieve Burns and Jim Hagestad will be joining us. They will be bringing David Lowenthal to address the current state of the Healthcare Reform Act. Since we are fast approaching implementation, we thought it would be helpful to get an update on the affects of the Act.

As is our custom, the incoming President Elect (Sonja Conner) and incoming Speaker Elect (Elise Smith) will be joining us in Chicago. In addition to Sonja and Elise, I am “ccing” the remaining new Committee members for the 2014FY. The new members will be;

1. Kathy McClusky – Incoming Foundation Chair

2. Milton Stokes – HOD At Large Member

3. Nancy Wooldridge – CDR representative

4. Anne Kendall – ACEND representative

Please join me in welcoming our incoming members. Returning will be both Donna Martin and Robin Fellers to round out our FY14 Committee. To those of you who will not be in Chicago with us, you are welcome to join us via Webex. I will have Linda Serwat reach out to you to see if you would like to listen/view to all or part of the meeting. Regardless of your availability, we will provide you access to the meeting information on the Academy FAC portal. This information should remain confidential unless otherwise directed.

Over the next couple of days, I will also be providing to you the normal narrative for the March Financials. If you have any questions or concerns, please let me, Linda, Maria or Christian J know at extension 4730, 4731, 4886 and 4824 respectively. You can also email me directly.

Paul Mifsud

2317. New FAC members

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** peark02@outlook.com <peark02@outlook.com>
**Sent Date:** Apr 17, 2013 16:15:01
**Subject:** New FAC members
**Attachment:** 2014 FAC calendar.xls

---

Donna,

A couple of things;  First, I am attaching a draft of the 2014 FAC calendar.  We kept to the last Wednesday of the month with exception of December.  We also retained the time at 1 p.m. Central Time.  Let me know if this is still a good day and time for you.  Secondly, we have three new members to the Committee that are entirely new to the process; Milton Stokes, Nancy Wooldridge and Anne Kendall.  I will be reaching out to them to set up a hour of time to provide an orientation.  You don't have to attend.  However, you are always welcome too.  So, if there is a time or day that you would like me to stay away from, please let me know.  I will attempt to get this scheduled sometime in May.

I hope you had a great time at the Masters.

Paul Mifsud

2318. 2014 Budget info

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 17, 2013 14:04:43
**Subject:** 2014 Budget info
**Attachment:** 2014 budget presentation final041813.pptx

---

Mary,

Donna,

Here is a draft of the budget presentation.  It isn't complete and I am waiting for additional input. Take a look and let me know if anything is concerning before it goes out to the entire Committee. Also, if it generates any questions  that I should address before it goes to the Committee.  Please don't' share this with anyone yet.  My goal is to make sure it clear.  If it isn't, it will make it more difficult at the meeting next week.

Thanks

Paul

2319. Daily News: Wednesday, April 17, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 17, 2013 10:43:06
**Subject:** Daily News: Wednesday, April 17, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Some Slightly Obese May Gain From Weight-Loss Surgery, Guidelines Say**
**Medical groups lower threshold for body-fat levels in new recommendations**
http://consumer.healthday.com/Article.asp?AID=675221
*Surgery for Obesity and Related Diseases, Endocrine Practice and Obesity*
-Clinical Practice Guidelines for the Perioperative Nutritional, Metabolic, and Nonsurgical Support of the Bariatric Surgery Patient2013 Update
http://www.soard.org/article/S1550-7289(13)00022-1/abstract

**Heart Patients Slow to Make Healthy Choices**
http://www.medpagetoday.com/Cardiology/Prevention/38498
Source: *JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1679401

**Breastfeeding duration**
(Study finds when breastfeeding continued past the 12 month mark, the risk of iron deficiency went up, nearly doubling)
http://www.nlm.nih.gov/medlineplus/videos/news/Breastfeeding_Iron_041513-1.html
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/04/10/peds.2012-2465.abstract

**No Tie Between Light Drinking During Pregnancy, Child's Development: Study**
**No mental deficit for 7-year-olds born to mothers who drank once or twice a week; one doctor urges caution**
http://consumer.healthday.com/Article.asp?AID=675481
Sources: *BJOG: An International Journal of Obstetrics and Gynaecology*
http://www.bjog.org/details/news/4608611/BJOG_study_Light_drinking_during_pregnancy_is_not_

linked_to_adverse_behavioural_.html

**Vitamin D May Reduce Risk of Uterine Fibroids**
http://www.sciencedaily.com/releases/2013/04/130415094453.htm
Source: *Epidemiology*
http://journals.lww.com/epidem/pages/articleviewer.aspx?year=2013&issue=05000&article=00018&type=abstract

**How to Exercise, and Not Eat More**
http://online.wsj.com/article/SB10001424127887323916304578402962890465442.html?mod=googlenews_wsj

**Charts of Note**
**USDA/Economic Research Service**
**-In the U.S., the private sector accounts for a little over half the total investment in food and agriculture research**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=36840&ref=collection

**Where Germs Hide in Your Kitchen**
http://well.blogs.nytimes.com/2013/04/12/where-germs-hide-in-your-kitchen/?ref=health
Related Resource: USDA FSIS-Refrigeration and Food Safety
http://www.fsis.usda.gov/Fact_Sheets/Refrigeration_&_Food_Safety/index.asp

**Second time's the charm**
**There's a science to why some dishes taste better the next day**
http://www.chicagotribune.com/features/food/sc-food-0412-better-later-20130417,0,3929805.story

**Horsemeat tests show less than 5% of EU beef products has equine DNA**
**European commission says scandal a case of food fraud after publishing results of EU-wide testing for horsemeat and bute**
http://www.guardian.co.uk/uk/2013/apr/16/horsemeat-scandal-eu-tests-beef-products

**Don't Be the Office Tech Dinosaur**
**As Younger Colleagues Speak Fluent Twitter, How Old Pros Find Ways to Upgrade Their Skills, Fight Insecurity**

http://online.wsj.com/article/SB10001424127887323346304578424761495802002.html?KEYWORDS=tech+dinosaur
Related Resource: FNCE 2012 Session
-Time to Socialize: The Ins and Outs of Twitter, Facebook and LinkedIn
http://www.starlibraries.com/fnce/session/92/Time-to-Socialize-The-Ins-and-Outs-of-Twitter-Facebook-and-LinkedIn

**MedlinePlus: Latest Health News**
-Are Pricey Computer-Aided Mammograms Worth It?
Early breast cancer found more often in large study, but not more cases of invasive disease
-'Bioengineered' Kidneys Show Promise in Rat Study
Artificial organs produced urine, but hurdles remain before they might be used in humans, experts say
-Doctors' Insight Into Patients' Lives May Boost Care, Study Finds
Treatment should take into consideration factors such as transportation, income, researchers say
-Exercise May Help People With Alzheimer's Avoid Nursing Homes
Study finds regular activity delays physical decline, reduces falls
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Calcium supplements can be risky**
(By Andrea N. Giancoli, Academy Spokesperson &Heather Mangieri, Academy Spokesperson quoted)
http://www.chicagotribune.com/health/sns-201304161300--tms--premhnstr--k-h20130417-20130417,0,539783.story

**Coconut oil: When saturated fat may be good for you**
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/04/coconut_oil_when_saturated_fat.html

**Should your family try a detox diet?**
(By Christine M. Palumbo, RD &Michelle Dudash, RD quoted)
http://www.chicagoparent.com/magazines/chicago-parent/2013-april/need-to-know/good-sense-detox

**Feeding children a vegan diet is growing in popularity**
(Adina Fradkin, RD quoted)
http://tdn.com/lifestyles/feeding-children-a-vegan-diet-is-growing-in-popularity/article_fdad3844-a6d9-11e2-b9f3-001a4bcf887a.html

**5 staple foods for quick, healthy family dinners**
(By Jill Koegel, RD)
http://www.omaha.com/article/20130417/LIVEWELL25/130419772/1161

**Dietitians Dish: Add zing to your diet with ginger**
(By Stephanie Markman, RD)
http://www.victoriaadvocate.com/news/2013/apr/16/gl_dietitian_dish_041713_206775/?news&heal

th

**Be ready for heart attack**
(By Jeanine Stice, RD)
http://www.statesmanjournal.com/article/20130416/COLUMN0702/304160009/Stice-ready-heart-attack

**Quote of the Week**
**"Failure is simply the opportunity to begin again, this time more intelligently."**
**-Henry Ford**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19870-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2320. RE: Board Orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 10, 2013 14:20:12
**Subject:** RE: Board Orientation
**Attachment:**

---

Donna,

You don't have, but, it would very nice. Both of us would take a Master's green. I hope the weather stays nice!!

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, April 10, 2013 9:52 AM
**To:** Paul Mifsud
**Subject:** Re: Board Orientation

What color hat do you and Christian want? I will get Maria something different. They have khaki, Master's green, navy, black, red, yellow, white and light blue. Let me know today,if you can. We go tomorrow and the selection gets pretty bad at the end of the week.

Sent from my iPhone

On Apr 10, 2013, at 9:37 AM, Paul Mifsud <PMifsud@eatright.org> wrote:

Donna,

I hope you have fun! We are all jealous.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, April 10, 2013 5:32 AM
**To:** Paul Mifsud
**Cc:** peark02@outlook.com
**Subject:** Re: Board Orientation

Paul and Mary,  This has been a very informative discussion for me to be following. I have learned a good bit just reading both your comments. See you both in a couple of weeks. Beautiful week so far for the Masters.

Sent from my iPhone

On Apr 9, 2013, at 9:03 AM, Paul Mifsud <PMifsud@eatright.org> wrote:

Mary,

See comments below.  I added/changed two footnotes.  The others I left the same.  If you get here early tomorrow, drop by.  We have an e-team meeting at 9.  We can talk about the changes. Let me know if the footnote changes are sufficient.  I will send the adjustments to Joan once you let me know.

Paul

**From:** peark02@outlook.com
**Sent:** Monday, April 08, 2013 8:59 PM
**To:** Paul Mifsud
**Cc:** DMartin@Burke.k12.ga.us
**Subject:** RE: Board Orientation

Thanks Paul! Sorry for the delay. Slides look terrific. Just a few coments:

slide 6: FAC and BoD don;t really "review" the financial reports for ACEND and CDR;

Technically, we do. Even though we do not get into specifics or much detail, having the information available is important. I did change the note to the following;

***Financial reports are included for the ACADEMY, ANDF, CDR, ACEND, DPGs, MIGs, and ANDPAC. Depth of review is dependent upon the level of autonomy provided to the organization.***

slide 9: do we need to clarify anything about the audits of CDR and ACEND "books" re role of staff in "reviewing"?
Since the audit covers everyone, I think it would be appropriate to include a note at the bottom. I added this footnote;

***Audit is comprised of the Academy, ANDF, CDR, DPGs, MIGs and ANDPAC**

slide 13: I don't think it is correct to say that the Academy budget is prepared "under the direction of" the FAC and BoD--we really don't see it till it's done although of course can make suggestions for changes;

In this case, I would leave it alone. Technically, it is under the guidance and direction of the FAC and Board. You have the right to insert control over the budget process anytime and you frequently do. Over the past few years, this hasn’t been necessary. However, in the past it has. So, what we are really addressing is the right to manage it. Since you have this right, I would not change the slide.

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I am fine with using this deck with possibly a few adjustments if needed to address the items above.

On another topic, I am coming to HQ Wednesday about 8:45 to record the HoD presentation. Anna and I worked on it (with me on the phone from work) last week and it was not optimal. It worked out well for me to come in on 4/10 and Anna arranged with the IT guys for me to record it in the small conference room.

Mary

From: PMifsud@eatright.org
To: peark02@outlook.com
CC: DMartin@Burke.k12.ga.us
Subject: Board Orientation
Date: Thu, 4 Apr 2013 16:13:18 +0000

Mary,

It is that time of year again… Board orientation. In the past we have provided a ton of stuff along with a presentation. So, I am attaching the presentation to see if you think we should use it again. It has been updated. Let me know.

Paul

2321. Daily News: Wednesday, April 10, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 10, 2013 10:58:30
**Subject:** Daily News: Wednesday, April 10, 2013
**Attachment:**

---

**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.
*Sign up today for new Academy ATIRAcredit MasterCard® and take advantage of low, competitive interest rates, personalized photo cards, 1 reward point for every $1 spent and double reward points for the first 60 days! Learn more..*
http://www.eatright.org/Members/content.aspx?id=6442475248

**Study identifies genes linked to Alzheimer's in African Americans**
http://www.latimes.com/health/boostershots/la-heb-alzheimers-african-american-genes-20130409,0,2168207.story
Source: *JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1677372

**Your Company Wants to Make You Healthy**
**A look at the pros and cons of the most popular wellness programs used by companies**
http://online.wsj.com/article/SB10001424127887323393304578360252284151378.html

**Health-Care Costs: A State-by-State Comparison**
http://online.wsj.com/article/SB10001424127887323884304578328173966380066.html

**Diabetes 'Cure' After Weight Loss Surgery Lasts Long Term**
(Presented at the American Surgical Association meeting in Indianapolis)
http://www.medpagetoday.com/Endocrinology/Diabetes/38354

**The New Résumé: It's 140 Characters**
**Some Recruiters, Job Seekers Turn to Twitter, but Format Is a Challenge; Six-Second Video Goes Viral**
http://online.wsj.com/article/SB10001424127887323820304578412741852687994.html
Related Resource: Career Center

http://www.eatright.org/members/careercenter/

**Making Houston a Destination**

**Restaurant Review: Oxheart and Underbelly in Houston, Texas**

http://www.nytimes.com/2013/04/10/dining/reviews/making-houston-a-dining-destination.html?_r=0

Save the Date! Get ready for FNCE 2013! October 19-22, 2013

George R. Brown Convention Center in Houston, TX

http://www.eatright.org/fnce/

**Healthier, higher-tech cooking**

http://www.usatoday.com/story/news/nation/2013/04/09/food-high-tech-taste/1566705/

**Health and wellness goals will continue to drive US yogurt demand**

http://www.foodnavigator-usa.com/Market/Health-and-wellness-goals-will-continue-to-drive-US-yogurt-demand-Mintel

**MedlinePlus: Latest Health News**

-FDA approves Diclegis for pregnant women experiencing nausea and vomiting

-Lack of evidence on oral cancer screening: panel

http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Practical Nutrition: Eat your spinach, but dont miss four other nutritious greens**

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-eat-your-spinach-but-don-t-miss-four/article_086fcc72-3aaf-5ba8-9abc-7d44be91cdba.html

**'Soul Food Junkies': a love-hate letter to traditional foods**

(Karen Newton, RD quoted)

http://www.thetowntalk.com/article/20130410/LIFESTYLE/304100007/-Soul-Food-Junkies-love-hate-letter-traditional-foods

**Ease up on salt, not flavor**

(By Tanya Zuckerbrot, RD)

http://www.foxnews.com/health/2013/04/09/ease-up-on-salt-not-flavor/

**Dairy dilemma**

**Problem is the fat in milk; skim and lowfat versions should be fine**

(Keri McComb, RD quoted)

http://www.timesunion.com/living/article/Dairy-dilemma-4420933.php

**Healthy Eating: Portion control is a matter of size**
(By Joan Endyke, RD; James Painter, RD quoted)
http://www.norwichbulletin.com/lifestyles/health/x1641162916/Healthy-Eating-Portion-control-is-a-matter-of-size#axzz2Q42Xd1OP

**Local dietitians: Breakfast key to a healthy weight**
(Leah Meade, RD &Monica Cooper, RD both quoted)
http://www.timesnews.net/article/9060001/local-dietitians-breakfast-key-to-a-healthy-weight

**Does a healthy grocery trip have to be more expensive in SC?**
(Laura Stepp, RD quoted)
http://www.heraldonline.com/2013/04/09/4759901/does-a-healthy-grocery-trip-have.html#storylink=cpy

**So how 'flexitarian' are you?**
(By Cathy Gehris, RD)
http://www.press-citizen.com/article/20130410/FEATURES09/304100063/So-how-flexitarian-you-

**Easy ways to eat more fruits and veggies**
(By Jill Koegel, RD)
http://www.omaha.com/article/20130410/LIVEWELL25/130409520/1161

**The soup sorority**
**A growing network of people is helping women in crisis**
(Janis Morelli, Dietitian/Canada quoted)
http://www.montrealgazette.com/life/soup+sorority/8217977/story.html

**Quote of the Week**

**If you really want to make a friend, go to someone's house and eat with him... the people who give you their food give you their heart.**
**-Cesar Chavez**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19685-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2322. RE: Board Orientation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** peark02@outlook.com <peark02@outlook.com>
**Sent Date:** Apr 10, 2013 09:37:08
**Subject:** RE: Board Orientation
**Attachment:**

---

Donna,

I hope you have fun!  We are all jealous.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, April 10, 2013 5:32 AM
**To:** Paul Mifsud
**Cc:** peark02@outlook.com
**Subject:** Re: Board Orientation

Paul and Mary,  This has been a very informative discussion for me to be following. I have learned a good bit just reading both your comments. See you both in a couple of weeks. Beautiful week so far for the Masters.

Sent from my iPhone

On Apr 9, 2013, at 9:03 AM, Paul Mifsud <PMifsud@eatright.org> wrote:

Mary,

See comments below.  I added/changed two footnotes.  The others I left the same.  If you get here early tomorrow, drop by.  We have an e-team meeting at 9.  We can talk about the changes.  Let me know if the footnote changes are sufficient.  I will send the adjustments to Joan once you let me know.

Paul

**From:** peark02@outlook.com
**Sent:** Monday, April 08, 2013 8:59 PM
**To:** Paul Mifsud
**Cc:** DMartin@Burke.k12.ga.us
**Subject:** RE: Board Orientation

Thanks Paul! Sorry for the delay. Slides look terrific. Just a few coments:

slide 6: FAC and BoD don;t really "review" the financial reports for ACEND and CDR;

Technically, we do. Even though we do not get into specifics or much detail, having the information available is important. I did change the note to the following;

***Financial reports are included for the ACADEMY, ANDF, CDR, ACEND, DPGs, MIGs, and ANDPAC. Depth of review is dependent upon the level of autonomy provided to the organization.***

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Each time Al presents to the FAC, he provides his results against the benchmarks.  We do this about twice a year.  This would be a review of his performance.  At the FAC meeting in the spring, we talk about his performance.  Maybe we need to make this more formal.  As for the RFP, the policy says the RFP should go out at least once every 10 years.  It has been about 5 since the last one.  We can always send it out again before 10 years if we are not happy.

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On another topic, I am coming to HQ Wednesday about 8:45 to record the HoD presentation. Anna and I worked on it (with me on the phone from work) last week and it was not optimal. It worked out well for me to come in on 4/10 and Anna arranged with the IT guys for me to record it in the small conference room.

Mary

From: PMifsud@eatright.org
To: peark02@outlook.com
CC: DMartin@Burke.k12.ga.us
Subject: Board Orientation
Date: Thu, 4 Apr 2013 16:13:18 +0000

Mary,

It is that time of year again… Board orientation.  In the past we have provided a ton of stuff along with a presentation.  So, I am attaching the presentation to see if you think we should use it again. It has been updated.  Let me know.

Paul

2323. Draft May Board Agenda

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Apr 09, 2013 18:24:12
**Subject:** Draft May Board Agenda
**Attachment:** Draft May 2013 Board Agenda.docx

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Attached for your review and input is the draft agenda for the May 16-17 Board Meeting. We welcome your feedback as we develop the final agenda.

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2324. Make a Lasting Impression.

**From:** Academy of Nutrition and Dietetics <preceptor@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 09, 2013 15:27:40
**Subject:** Make a Lasting Impression.
**Attachment:**

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2325. Academy Leadership Database

**From:** Nominating Committee <Nominations@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** 'Sylvia Escott-Stump' <escottstumps@ecu.edu>
**Sent Date:** Apr 09, 2013 12:22:17
**Subject:** Academy Leadership Database
**Attachment:** image001.jpg
image003.jpg

---

Correspondence from Sylvia Escott-Stump follows.

**DATE:** April 9, 2013

**TO:** Board of Directors

**FROM:** Sylvia Escott-Stump

Academy Nominating Committee

escottstumps@ecu.edu

**SUBJECT**: Academy Leadership Database

I am writing to thank you for your support of the recent national election by submitting names of potential candidates for the ballot and encouraging members to vote. Your input is vital in identifying future leaders and developing a slate of candidates best qualified to lead the Academy.

The work of finding future leaders is an ongoing process. The Nominating Committee maintains a leadership database to identify those members with the appropriate skills for positions within the Academy.  Because our future success requires a diverse leadership pool, we need your help in encouraging your members to let us know of their interest in serving in an elected or appointed position within the Academy.

To do this, members can click on http://www.eatright.org/elections and scroll down to “Volunteer and Leadership Opportunities” and select “Leadership Database” to learn more and submit their names.

In the next few months, please consider members’ names to submit for leadership positions on the 2014 national ballot.

**2014 Ballot Positions**

President-elect
Treasurer-elect
Director-at-Large
Speaker-elect
HOD Director
HOD At-Large Delegate - 30 yrs of Age and Under
HOD At-Large Delegate - Retired
Nominating Committee
CDR – RD
CDR – RD Board Certified Specialist in Renal Nutrition
ACEND – Practitioner Representative, RD

Thank you again for your support!

-
-
-
-

2326. Daily News: Tuesday, April 9, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 09, 2013 11:23:26
**Subject:** Daily News: Tuesday, April 9, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Strict school lunch standards tied to healthy weight**
http://www.chicagotribune.com/health/sns-rt-us-health-schoollunchbre937118-20130408,0,1250869.story
Source: *JAMA Pediatrics*
http://archpedi.jamanetwork.com/article.aspx?articleid=1675659
Relate Resource: USDA School Lunch Program
http://www.fns.usda.gov/slp

**Adult Peanut Allergies Present Workplace Challenges**
http://abcnews.go.com/Health/adults-peanut-allergies-present-workplace-challenges/story?id=18909002
Related Resource: Online Certificate of Training Programs
Food Allergies: Cutting Through the Clutter
http://www.eatright.org/cpd/online/
Related Resource:*The Health Professional's Guide to Food Allergies and Intolerance*
https://www.eatright.org/shop/product.aspx?id=6442472295

**Advice Shifts on Feeding Baby**
http://well.blogs.nytimes.com/2013/04/08/advice-shifts-on-feeding-baby/?ref=health

**Alcohol may offer some health benefits, but excess drinking can be dangerous**
http://www.washingtonpost.com/national/health-science/alcohol-may-offer-some-health-benefits-but-excess-drinking-can-be-dangerous/2013/04/08/e458baac-97e4-11e2-814b-063623d80a60_story.html
Related Resource: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(12)02048-5/abstract

**Walnuts for Diabetes**
http://well.blogs.nytimes.com/2013/04/08/walnuts-for-diabetes/
Source: *Journal of Nutrition*
http://jn.nutrition.org/content/143/4/512.abstract

**Thousands rally to support medical research funding**
http://www.usatoday.com/story/news/politics/2013/04/08/nih-funding-rally/2064649/
Related Resource: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(12)01510-9/abstract

**Baby food makers are sued over lead warning**
http://www.usatoday.com/story/money/business/2013/04/08/trial-baby-food-lead/2062867/

**Proposed FDA safety rules frustrate tree fruit farmers**
http://www.washingtonpost.com/national/health-science/proposed-fda-safety-rules-frustrate-tree-fruit-farmers/2013/04/08/c2a7972c-9c7e-11e2-a941-a19bce7af755_story.html

**MedlinePlus: Latest Health News**
-Breast Cancer Death Rates Higher for Black Women: Study
-Heart surgery increases death risk for cancer survivors who had radiation
-Mercury Exposure Linked to Raised Diabetes Risk
-Study Locates More Obesity Genes
-Tapeworm-Linked Seizures May Be Rising in U.S., Doctors Say
-Experts triple estimate of world dengue fever infections
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Turn and Pose to Enter a Contest of the Fittest**
(Jim White, Academy Spokesperson quoted)
http://online.wsj.com/article/SB10001424127887324504704578410681456478390.html

**Healthy diet can speed up the healing process**
**Seek foods rich in important nutrients, vitamins, minerals**
(By Linda Copp, RD)
http://www.utsandiego.com/news/2013/apr/08/healthy-diet-heal-injury/

**Study: Parents Can Decrease Childhood Obesity Rates**
(Jim Severino, RD featured)
http://www.wdtv.com/wdtv.cfm?func=view&section=5-News&item=Study-Parents-Can-Decrease-Childhood-Obesity-Rates9072

**Supermarket stumpers: Playing the nutrition label game**
(Tracey Sinibaldi, RD, Marianne Carter, RD, Arianne Missimer, RD &Lisa Harkins, RD all quoted)
http://www.delawareonline.com/article/20130409/HEALTH/304090021/Supermarket-stumpers-Playing-nutrition-label-game

**'Eat This, Not That!' co-author to speak**
(Mary Jo Sawyer, RD & Valerie Waters, RD quoted)
http://www.timesdispatch.com/entertainment-life/health/eat-this-not-that-co-author-to-speak/article_42e1dedb-eca1-56bb-81cf-ffc31d8a89c8.html

**Cooking up baby cuisine**
(Marg Kuiper, RD quoted)
http://www.argusleader.com/article/20130407/ATHOME/304070017/Cooking-up-baby-cuisine-easy-inexpensive-nutritious-

**Health care costs for Alzheimer's will top all others, study predicts**
(By Timi Gustafson, RD)
http://www.auburn-reporter.com/lifestyle/201971581.html

**Frequent Eating in Kids Tied to Less Weight Gain**
(Connie Diekman, RD quoted)
http://www.webmd.com/parenting/news/20130408/frequent-eating-in-kids-tied-to-ilessi-weight-gain

**Mediterranean diet is a healthy choice**
(Melissa Galich, RD &Alicia Mezera, RD both quoted)
http://www.kenoshanews.com/lifestyles/mediterranean_diet_is_a_healthy_choice_470951156.html

**Schools Dietitian success in Northern Trust**
(Jill Curry &Christine Watt, Dietitians/Ireland both quoted)
http://www.midulstermail.co.uk/news/local/schools-dietitian-success-in-northern-trust-1-4975671
**Healthy foods aren't for the wealthy. Low-cost, low-sodiumchoices are readily available**
(Gina Sunderland, Dietitian/Canada quoted)
http://www.winnipegfreepress.com/opinion/columnists/Healthy-foods-arent-for-the-wealthy-Low-cost-low-sodium-choices-are-readily-available-201930641.html

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19663-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2327. Academy and Academy Foundation Board Orientation

**From:** Linda Hudson <lhudson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Jeri Palmer <JPALMER@eatright.org>
**Sent Date:** Apr 09, 2013 09:49:08
**Subject:** Academy and Academy Foundation Board Orientation
**Attachment:** image001.png

---

Hi Donna.

We look forward to working with you on the Academy Foundation Board. I know we previously sent you save the date information for all Academy Foundation Board Meetings beginning June 1, 2013, but wanted to be sure you had the dates for the Academy and Academy Foundation Board Orientation on ***May 14 – 15, 2013 in Chicago***. The orientation covers a comprehensive overview of the Academy's strategic direction and current programs, projects and services. Since you are currently on the Academy Board, are familiar with all of these areas and recently went through this orientation, your attendance is optional. Of course, we'd love for you to join us, especially since you will be here for the Academy Board Meeting on the 16th and 17th. Please let me know if you are planning to attend so I can communicate this to Joan and Jeri to ensure you get all the necessary information regarding travel and other logistics. Thanks.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2328. FW: HOD Spring Mtg - Backgrounder Discussion - Table 11 (IMPORTANT - RESPONSE REQUESTED)

**From:** Charlene Rice <crice@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Joyce.Buhler@LPNT.net' <Joyce.Buhler@LPNT.net>, 'Kendra D Sticka' <kdsticka@uaa.alaska.edu>
**Sent Date:** Apr 08, 2013 12:16:48
**Subject:** FW: HOD Spring Mtg - Backgrounder Discussion - Table 11 (IMPORTANT - RESPONSE REQUESTED)
**Attachment:**

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Hello Everyone,

This email serves as a follow up to the message posted on the HOD Communication Platform April 2nd regarding selecting a date and time to participate in the above discussion. We need to confirm the final discussion dates as soon as possible. **April 16 (1-2 pm/CT), April 17 (10-11 am/CT), April 18 (10-11 am/CT) and April 22 (2-3 pm) are the most popular date and times selected by your table.** Thank you.

http://doodle.com/p34ppespwny9qzpn

**Charlene Rice**
Coordinator, HOD Governance
**Academy of Nutrition and Dietetics**

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Chicago, IL 60606-6995
Toll Free: 800/877-1600, ext. 4892

F: 312/899-4790
crice@eatright.org

2329. Daily News: Monday, April 8, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 08, 2013 10:54:30
**Subject:** Daily News: Monday, April 8, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Practical tips may help parents address kids' obesity**
http://www.usatoday.com/story/news/nation/2013/04/08/obesity-children-plates-tv/2054687/
Source*: Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/04/03/peds.2012-2330.abstract
Related Resource: Pediatric Weight Management Evidence-Based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=2721

**More Meals Equal Thinner Kids?**
http://www.medpagetoday.com/Pediatrics/Obesity/38303
Source: P*ediatrics*
http://pediatrics.aappublications.org/content/early/2013/04/03/peds.2012-3241.abstract
Related Resource: Kids Eat Right
http://www.eatright.org/kids/

**Being Engrossed by TV May Boost Teens' BMI**
http://www.medpagetoday.com/Pediatrics/GeneralPediatrics/38300
Source:*Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/04/03/peds.2012-1197.abstract

**Culprit in Heart Disease Goes Beyond Meats Fat**
http://www.nytimes.com/2013/04/08/health/study-points-to-new-culprit-in-heart-disease.html?ref=health&_r=0
Source: *Nature Medicine*
http://www.nature.com/nm/journal/vaop/ncurrent/full/nm.3145.html

**Non-dairy calcium seen to lower kidney stone risk**
http://www.chicagotribune.com/health/sns-rt-us-health-calciumbre9340si-

20130405,0,5747599.story
Source: *Journal of Urology*
http://www.jurology.com/article/S0022-5347(13)03862-7/abstract

**Thinking Twice About Calcium Supplements**
http://well.blogs.nytimes.com/2013/04/08/thinking-twice-about-calcium-supplements-2/?ref=health

**Food as medicine? What to make of the claims**
http://www.latimes.com/health/la-he-healing-vs-healthy-20130406,0,7970109.story
Related Resource: Total Diet Approach to Healthy Eating
http://www.eatright.org/About/Content.aspx?id=8356

**Are food trucks safe?**
http://www.cnn.com/2013/04/08/health/food-trucks-safety/index.html?hpt=he_t2

**Running out of juice Category hits hard times in North America**
http://www.foodnavigator-usa.com/Market/Running-out-of-juice-Category-hits-hard-times-in-North-America

**U.S. public health officials watching bird flu outbreak in China**
http://www.usatoday.com/story/news/health/2013/04/05/us-watching-chinese-bird-flu-outbreak/2056577/
Related Resource: CDC
http://www.cdc.gov/flu/avianflu/h7n9-virus.htm

**Registered Dietitians in the News**

**One and Done**
**Multi-serving snack packages can lead even the smartest of eaters to overindulge**
**Learn how to navigate common label trip-ups to avoid excess calories**
(Lisa Young, RD &Bethany Thayer, Academy Spokesperson both quoted)
http://www.philly.com/philly/health/fitness/One_and_Done.html

**Caffeinated gum carries side effects worth chewing on**
(Erin Gonzalez, RD &Lynette LeDuc, RD both quoted)
http://mankatofreepress.com/local/x2055660173/Caffeinated-gum-carries-side-effects-worth-chewing-on

**Dietitian stresses need for healthy school meals**
(Mary Jo McLarney, RD quoted)
http://www.recordonline.com/apps/pbcs.dll/article?AID=/20130406/NEWS/304060334

**Healthbeat: Gardening for health**
(By Pam Stuppy, RD)
http://www.seacoastonline.com/articles/20130407-LIFE-304070317

**Feast on This**
**Still awaiting the fresh spring veggies? Try these five foods to escape a healthy eating rut.**
(Lindsey Lee, RD quoted)
http://www.philly.com/philly/health/fitness/Feast_on_This.html

**Obesity Does Slow People Down, Study Confirms**
**Women may be caught in cycle of fatigue, lack of self-esteem, expert says**
(Lona Sandon, RD quoted)
http://health.usnews.com/health-news/news/articles/2013/04/05/obesity-does-slow-people-down-study-confirms

**Healthy Advice: Counting those college calories**
(Caroline Sullivan, RD quoted)
http://thedailycougar.com/2013/04/08/healthy-advice-counting-those-college-calories/

**Kids' vitamins hard to swallow**
(Trent Watson, Spokesman for the Dietitians Association of Australia quoted)
http://www.perthnow.com.au/money/cost-of-living/kids-vitamins-hard-to-swallow/story-fnhld5o2-1226614675300

**Portion distortion applies to children too**
(Celynn Erasmus, Dietitian/South Africa quoted)
http://www.bdlive.co.za/life/health/2013/04/08/portion-distortion-applies-to-children-too

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19632-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2330. Board survey

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 05, 2013 11:43:54
**Subject:** Board survey
**Attachment:**

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Donna,

I hope the weather is warming up!!! Especially for the Masters. When I was in Hilton head last week, it was very cold!! In any event, I am doing some housekeeping. The Board survey closes today ( I will keep it open for the weekend). On my report, it says you completed the first section, but, did not complete the other three. If you this is not correct, let me know. If you are going to complete the other three sections, it will stay open until Monday morning.

Have a great weekend and let me know if you need anything.

Paul

2331. Daily News & Journal Review: Friday, April 5, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 05, 2013 10:27:13
**Subject:** Daily News & Journal Review: Friday, April 5, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Nearly 30 Percent of Americans Have High Blood Pressure: CDC**
**While awareness has grown, experts say more people need treatment to prevent heart disease, stroke**
http://consumer.healthday.com/Article.asp?AID=675147
Source: CDC
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6213a2.htm?s_cid=mm6213a2_w
Related Resource: Hypertension Evidence-Based Nutrition Practice Guideline (PowerPoint Presentation)
https://www.eatright.org/Shop/Product.aspx?id=6442462822

**More Support for 'Less Salt, MorePotassium'**
http://www.medpagetoday.com/PrimaryCare/DietNutrition/38256
Source: *BMJ* - 3 articles cited and abstracts available at link below:
http://www.bmj.com/

**Rebates motivate shoppers to buy produce, whole grains, study says**
http://www.chicagotribune.com/health/la-heb-rebates-motivate-shoppers-to-buy-produce-whole-grains-20130319,0,1144621.story
Source: *Am J Health Behav*
http://www.ncbi.nlm.nih.gov/pubmed/22943101

**Diagnosis (GERD) could make parents want to medicate baby, study says**
http://www.latimes.com/health/boostershots/la-heb-diagnosis-could-make-parents-want-to-medicate-baby-study-says-20130403,0,2770164.story
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/03/27/peds.2012-3070

**Obama Administration Seeks to Overhaul International Food Aid**
http://www.nytimes.com/2013/04/05/us/politics/white-house-seeks-to-change-international-food-aid.html?_r=0
Related Resource: Academy Position Paper, released April 2013
Nutrition Security in Developing Nations: Sustainable Food, Water, and Health
http://www.eatright.org/About/Content.aspx?id=8358

**AMD Remains Leading Cause of Vision Loss**
http://www.medpagetoday.com/Ophthalmology/GeneralOphthalmology/38261
Related Resource: NIH-National Eye Institute: Macular Degeneration >AREDS
https://answers.nei.nih.gov/app/answers/detail/a_id/2470

**Gluten: 5 things you need to know**
http://www.cnn.com/2013/04/05/health/gluten-5-things/index.html?hpt=he_c2
Related Resource: Upcoming webinar on Thursday, April 18, 2013
-Burgeoning Gluten-Free Market - Ensuring Product Safety
https://www.eatright.org/Shop/Product.aspx?id=6442472315

**Sorghum is celiac-safe: Study**
(The cereal grain sorghum is a safe food for consumers with celiac disease and therefore ideal for gluten-free formulations, new research finds)
http://www.foodnavigator-usa.com/Science/Sorghum-is-celiac-safe-Study

**The 'all-natural' fightback? Judge throws out AriZona Iced Teas lawsuit and blasts 'dilatory' plaintiffs' counsel**
(A decision by a judge to throw out a class action lawsuit alleging that AriZona Iced Teas are not natural because they contain high fructose corn syrup (HFCS) and citric acid, should give hope to scores of firms facing similar legal challenges, say experts)
http://www.foodnavigator-usa.com/Regulation/The-all-natural-fightback-Judge-throws-out-AriZona-Iced-Teas-lawsuit-and-blasts-dilatory-plaintiffs-counsel

**Brisk Walking Equals Running for Heart Health: Study**
**Distance rather than speed reaps the benefits, researchers say**
http://consumer.healthday.com/Article.asp?AID=675046
Source: *Arteriosclerosis, Thrombosis and Vascular Biology*
http://atvb.ahajournals.org/content/early/2013/04/04/ATVBAHA.112.300878.abstract

**MedlinePlus: Latest Health News**
-Chronic pain common complication of clot-caused strokes
-Lifestyle Might Curb Loss of Height That Comes With Age
Education, urban living helped keep older adults walking tall, Chinese data shows

-Balding Men Could Face Higher Heart Risks, Study Finds
But not those with a receding hairline, say Japanese investigators who analyzed previous research
-Chinese toll from new bird flu rises to 9 cases, 3 dead
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Schools hungry to improve taste, nutrition of lunches**
(Serena Suthers, RD quoted)
http://www.usatoday.com/story/news/nation/2013/04/05/school-lunch-nutrition-new-standards/2053851/

**6 Foods This Nutritionist Eats Every Day**
(Cynthia Sass,RD quoted)
http://news.health.com/2013/04/04/6-foods-this-nutritionist-eats-every-day/

**Ring in Spring by Using Unique Potato Types to Create Colorful, Nutrition Packed Dishes**
(Katie Cavuto Boyle, RD quoted)
http://www.heraldonline.com/2013/04/04/4746585/ring-in-spring-by-using-unique.html#storylink=cpy

**Spring snacks: Make these smart swaps to save calories**
(By Bonnie Taub-Dix, RD)
http://www.nydailynews.com/life-style/health/6-sumptuous-spring-snack-swaps-article-1.1308064

**Pillars of wellbeing**
(By Timi Gustafson, RD)
http://www.auburn-reporter.com/lifestyle/201500491.html

**3 Disease-Fighting Foods**
(Lisa DeFazio, RD quoted)
http://news.menshealth.com/3-disease-fighting-foods/2013/04/04/

**Hillsboro dietitian offers simple ways to decrease the amount of salt in your diet**
(Doris Pezzotti, RD quoted)
http://www.oregonlive.com/hillsboro/index.ssf/2013/04/easy_steps_to_decrease_the_amo.html

**Vilsack's visit focuses on diet upgrade to fight obesity**
(Janine Albers, RD quoted)
http://www.tristateneighbor.com/news/regional/article_5866b54a-9d6a-11e2-bbe8-001a4bcf887a.html

**Study: More than 80 percent of teens have unhealthy habits**
(Julie Husmann, RD quoted)
http://www.hollandsentinel.com/news/x846079110/Study-More-than-80-percent-of-teens-have-unhealthy-habits

**Go nuts for homemade spreads**
(By Alexandra Economy, RD)
http://www.winonadailynews.com/lifestyles/food-and-cooking/article_ac582b50-9cb3-11e2-9e2f-001a4bcf887a.html

**Opening Day no excuse to pig out at the ball park.**
(Rachel Berman, RD quoted)
http://www.macombdaily.com/article/20130404/SPORTS03/130409750/opening-day-no-excuse-to-pig-out-at-the-ball-park-

**Simple, healthy and fun meals to cook for one**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130404/LIFE03/130409825/kati-mora-simple-healthy-and-fun-meals-to-cook-for-one

**Journal Review**

**Did you know you can get the articles listed in the Journal Review?**
You can for a nominal charge of $10 each.
Fill out the form listed at the link below.
(i.e.: J Am Diet Assoc. 1992 Mar;92(3):319-24.
Dietary practices of ballet, jazz, and modern dancers.)
http://tinyurl.com/article-order

***Academys MNT Provider*, March 2103**
http://www.eatright.org/mntprovider/
-Full speed ahead for ICD-10 transition
-Medicare providers to expect 2% payment reduction, effective April 1
-New Scope of Practice Decision Tool available
-Free webinar available: Prevention, Assessment, and Treatment of Childhood Obesity: What Does Success Look Like?
-Question Corner

***American Journal of Lifestyle Medicine,* April 2-5, 2013, Online First**
http://ajl.sagepub.com/content/early/recent
Female Athlete Triad-Clinical Evaluation and Treatment

http://ajl.sagepub.com/content/early/2013/04/02/1559827613483441.abstract
Childhood Obesity and the Metabolic Syndrome
http://ajl.sagepub.com/content/early/2013/04/01/1559827613483429.abstract

***Annals of Internal Medicine*, April 2, 2013**
http://annals.org/issue.aspx
Individual- Versus Group-Based Financial Incentives for Weight Loss: A Randomized, Controlled Trial
http://annals.org/article.aspx?articleid=1671710
Plasma Phospholipid Long-Chain omega-3 Fatty Acids and Total and Cause-Specific Mortality in Older Adults: A Cohort Study
http://annals.org/article.aspx?articleid=1671714
Medical Management to Prevent Recurrent Nephrolithiasis in Adults: A Systematic Review for an American College of Physicians Clinical Guideline
http://annals.org/article.aspx?articleid=1671716

***Clinical Nutrition Insight*, April 2013**
http://journals.lww.com/clinnutrinsight/Pages/default.aspx
-Clock Watchers: Meal Timing, Metabolism, And Weight Loss
-Eat Less, Move More, Sleep More?
-Obesity and Mortality: Seven Explanations For a Controversial Meta-Analysis
-Conflicted Obesity Mythbusting

***European Journal of Clinical Nutrition,*April 2013**
http://www.nature.com/ejcn/journal/v67/n4/index.html
Review of human studies investigating the post-prandial blood-glucose lowering ability of oat and barley food products
http://www.nature.com/ejcn/journal/v67/n4/abs/ejcn201325a.html
Baseline dietary patterns are a significant consideration in correcting dietary exposure for weight loss
http://www.nature.com/ejcn/journal/v67/n4/abs/ejcn201326a.html
Maternal fish consumption during pregnancy and risks of wheezing and eczema in childhood: The Generation R Study
http://www.nature.com/ejcn/journal/v67/n4/abs/ejcn201336a.html
Effect of a dairy- and calcium-rich diet on weight loss and appetite during energy restriction in overweight and obese adults: a randomized trial
http://www.nature.com/ejcn/journal/v67/n4/abs/ejcn201352a.html
Effects of the menopausal transition on energy expenditure: a MONET Group Study
http://www.nature.com/ejcn/journal/v67/n4/abs/ejcn201333a.html
Diet and risk of chronic diseases: results from the first 8 years of follow-up in the EPIC-Potsdam study
http://www.nature.com/ejcn/journal/v67/n4/abs/ejcn20137a.html

***International Journal of Sports Nutrition and Exercise Metabolism,*****April 2013**
http://journals.humankinetics.com/ijsnem-current-issue
(Scroll down to abstracts)
-Association of Gastrointestinal Distress in Ultramarathoners With Race Diet
-Effects of a Flavonoid-Rich Juice on Inflammation, Oxidative Stress, and Immunity in Elite Swimmers: A Metabolomics-Based Approach
-Dietary Tendencies as Predictors of Marathon Time in Novice Marathoners

***Journal of the American Medical Association*****, April 3, 2013**
http://jama.jamanetwork.com/issue.aspx
Melatonin Secretion and the Incidence of Type 2 Diabetes
http://jama.jamanetwork.com/article.aspx?articleid=1674239
Management of Human Immunodeficiency Virus Infection in Advanced Age
http://jama.jamanetwork.com/article.aspx?articleid=1674212
More Patients Get Good Diabetes Control, but Only a Minority Meet All Goals
http://jama.jamanetwork.com/article.aspx?articleid=1674234

***Journal of Renal Nutrition,*****March 25, 2013, Online First**
http://www.jrnjournal.org/
Early Versus Late Initiation of Dialysis and Nutrition: Does a Transition Mean a Change in Dietary Protein Intake?
http://www.jrnjournal.org/article/S1051-2276(13)00055-1/abstract
Soy Milk Consumption and Blood Pressure Among Type 2 Diabetic Patients With Nephropathy
http://www.jrnjournal.org/article/S1051-2276(13)00043-5/abstract

***Morbidity and Mortality Weekly Report*****, April 5, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
World Health Day  April 7, 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6213a1.htm?s_cid=mm6213a1_w
Self-Reported Hypertension and Use of Antihypertensive Medication Among Adults  United States, 20052009
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6213a2.htm?s_cid=mm6213a2_w
Blood Lead Levels in Children Aged 15 Years  United States, 19992010
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6213a3.htm?s_cid=mm6213a3_w

***New England Journal of Medicine*****, April 4, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Primary Prevention of Cardiovascular Disease with a Mediterranean Diet
http://www.nejm.org/doi/full/10.1056/NEJMoa1200303
Monetary Costs of Dementia in the United States
http://www.nejm.org/doi/full/10.1056/NEJMsa1204629

***Nutrition Action*, March 2013**
http://www.cspinet.org/nah/
(Subscription required)
-Weighing the Options- Do extra pounds mean extra years?
-Food Fears- Which ones should you worry about?

***Nutrition and Cancer*, April 2013**
http://www.tandfonline.com/toc/hnuc20/65/3
Chemopreventive and Therapeutic Potential of Tea Polyphenols in Hepatocellular Cancer
http://www.tandfonline.com/doi/abs/10.1080/01635581.2013.767367
Nutrient Pathways and Breast Cancer Risk: The Long Island Breast Cancer Study Project
http://www.tandfonline.com/doi/full/10.1080/01635581.2013.767364
High Coffee Intake, but Not Caffeine, is Associated with Reduced Estrogen Receptor Negative and Postmenopausal Breast Cancer Risk with No Effect Modification by CYP1A2 Genotype
http://www.tandfonline.com/doi/full/10.1080/01635581.2013.768348
Dietary Recommendations During and After Cancer Treatment: Consistently Inconsistent?
http://www.tandfonline.com/doi/full/10.1080/01635581.2013.757629

***Preventing Chronic Disease*, CDC March 2013**
http://www.cdc.gov/pcd/current_issue.htm
High Prevalence of Diabetes Among Indo-Guyanese Adults, Schenectady, New York
http://www.cdc.gov/pcd/issues/2013/12_0211.htm
Neighborhood Food Outlets, Diet, and Obesity Among California Adults, 2007 and 2009
http://www.cdc.gov/pcd/issues/2013/12_0123.htm

***Public Health Nutrition*, April , 2013 Online First**
http://journals.cambridge.org/action/displayJournal?jid=phn
High levels of household food insecurity on the Navajo Nation
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8828003&fulltextType=RA&fileId=S1368980012005630
Very low food security in the USA is linked with exposure to violence

http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8844683&fulltextType=RA&fileId=S1368980013000281
Evaluating the initial impact of the revised Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) food packages on dietary intake and home food availability in African-American and Hispanic families.
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8877375&fulltextType=RA&fileId=S1368980013000761

***Tufts University Health &Nutrition Letter*, April 2013**
http://www.tuftshealthletter.com/
High-Carbohydrate Diets Connected to Cognitive Risk
http://www.tuftshealthletter.com/ShowArticle.aspx?RowID=1212
Probiotics: Know What Works, What Doesnt
http://www.tuftshealthletter.com/ShowArticle.aspx?RowID=1220
(Subscription required)
-Are Beverages Choices Linked to Depression? Good news on coffee, bad for the diet drinks. But other factors could be at work.
-Drinking Tea Products Protects Your Head, Heart and Bones
-Frozen Fruits and Vegetables at Least as Nutritious as Fresh

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or send a blank email to leave-19598-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2332. Password for accessing your Site

**From:** hod@eatright.org
**To:** dmartin@burke.K12.ga.us
**Sent Date:** Apr 04, 2013 10:17:33
**Subject:** Password for accessing your Site
**Attachment:**

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Below is your password for accessing Academy House of Delegates.

URL: http://hod.webauthor.com/
E-mail Address: dmartin@burke.K12.ga.us
Password: vucR5K7Y6602

2333. Eat Right Weekly - April 4, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 03, 2013 16:29:02
**Subject:** Eat Right Weekly - April 4, 2013
**Attachment:**

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Eat Right Weekly
April 4, 2013

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## On the Pulse of Public Policy

Budget Affects Nutrition Programs

Congress has passed a budget continuing resolution which will fund the U.S. government through the end of 2013. Vital nutrition programs are affected by the resolution, known as a CR.

Learn More >>
USDA Undersecretary Visits Minnesota to Discuss Nutrition Programs

Kevin Concannon, undersecretary for food, nutrition and consumer services at the U.S. Department of Agriculture, recently visited Minnesota universities and schools and took part in a roundtable discussion with two Academy public policy champions who represent Minnesota in Congress: Sen. Al Franken and Rep. Betty McCollum.

Learn More >>
USDA Fruit and Vegetable Program Increases Children's Consumption

Students at elementary schools participating in the U.S. Department of Agriculture's Fresh Fruit and Vegetable Program consumed 15 percent more fruits and vegetables, based on a USDA study of the program.

Learn More >>

## CPE Corner

New Disaster Preparedness and Emergency Management: Support for RDs and DTRs

The Center for Professional Development introduces an online learning module that will show how registered dietitian nutritionists and dietetic technicians, registered can develop disaster preparedness and emergency management plans.

Learn More >>

New Module on 'Leadership: Organizational Applications' Is Free for Academy Members

The Center for Professional Development introduces a new free online learning module that will demonstrate how registered dietitian nutritionists have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

Learn More >>

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>

Gluten-Free Product Safety Webinar and More

Product safety in the gluten-free market; the impact of obesity on cancer survivorship; and applying the Nutrition Care Process in public health practice are just three of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

Save 10 Percent on April Book of the Month

*Inspiring and Supporting Behavior Change: A Food and Nutrition Professional's Counseling Guide* provides the tips and tools you need to empower your clients on the road to better health.

Learn More >>

New Issue of *MNT Provider* Is Available

For details about a free childhood obesity webinar, the status of ICD-10 transition, how your Medicare payments will be decreasing effective April 1 and more, read the latest issue of the *MNT Provider*.

Learn More >>

Just Published: Nutrition Guidance in Healthy Children (Ages 2-11) EAL Project

The Academy's Research, International and Scientific Affairs Team is pleased to announce the publication of the Nutrition Guidance in Healthy Children (Ages 2-11 Years) - Evidence-Based Nutrition Library Project, free to all Academy members on the Evidence Analysis Library.

Learn More >>

## Academy Member Updates

Academy Reaches New Membership High!

Miranda Shearin, RD, of Stafford, Va., recently became the Academy of Nutrition and Dietetics' **74,000th member.**

Learn More >>

CMS Promotes MNT Benefit during National Nutrition Month

For the fifth consecutive year, the Centers for Medicare and Medicaid Services shared a message with providers during National Nutrition Month to promote the Medicare MNT benefit.

Learn More >>

Activities, Recognition, Recruitment: April Is National Preceptor Month

National Preceptor Month is a chance to recognize and thank practitioners who take the time and make the effort to create the next generation of dietetics professionals by teaching students in their workplace.

Learn More >>
Nancy Giles Walters: Preceptor with a Passion

Nancy Giles Walters, MMSc, RD, CSG, LD, FADA, has been a preceptor for 23 years. She is a catalyst within the dietetics field who believes that all interns have different strengths and learning styles.

Learn More >>

## Philanthropy, Awards and Grants

Kids Eat Right Hunger in Our Community: Second Round of Mini-Grants

To support the use of the new Kids Eat Right "Hunger in Our Community" toolkit, 28 mini-grants of $200 are available.

Learn More >>
Make a Difference While Renewing Your Membership

"I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian," Patricia A. Obayashi, MS, RD, CDE.

Learn More >>
Making an Impact in Nation's Capital

Thanks to support from Academy members and friends, the Foundation's 2012 Grace L. Ostenso Nutrition and Public Policy Fellowship was awarded to Leigh Gantner, PhD, RD, of Syracuse University. This fellowship, funded by the Academy Foundation and administered by The American Association for the Advancement of Science, provides the unique opportunity for an Academy member to make an impact on Capitol Hill. Ms. Gantner is working as a staff member for Senator Kirsten Gillibrand (N.Y.).

Learn More >>
New Report: Nutrition, Physical Activity Improve School Performance

More evidence is available showing improved nutrition plus increased physical activity result in better academic performance.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
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2334. Daily News: Wednesday, April 3, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 03, 2013 11:08:58
**Subject:** Daily News: Wednesday, April 3, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Eating right can help prevent cancer**
(Academy President Ethan Bergman, quoted)
http://www.news-medical.net/news/20130403/Eating-right-can-help-prevent-cancer.aspx
Related Resource: *Cancer Prevention - Research-Based Solutions in Your Clients Kitchens*
https://www.eatright.org/Shop/Product.aspx?id=6442473766

**Theres no such thing as a miracle food warn experts**
(Researchers and global media should better consider the validity of single scientific studies that report on supposed
miracle foods in addition to considering that people do not eat foods or nutrients in isolation, warn researchers)
http://www.foodnavigator-usa.com/Science/There-s-no-such-thing-as-a-miracle-food-warn-experts
Source: *Nutrition and Cancer*
http://www.tandfonline.com/doi/full/10.1080/01635581.2013.748921

**Diet Shown to Be Critical Factor in Improving Type 2 Diabetes After Bariatric Surgery**
http://www.sciencedaily.com/releases/2013/04/130402090829.htm
Source: *Diabetes Care*
http://care.diabetesjournals.org/content/early/2013/03/20/dc12-2316

**Teas health benefits boost its popularity**
http://www.washingtonpost.com/national/health-science/teas-health-benefits-boost-its-popularity/2013/04/01/be818cfe-6ef5-11e2-aa58-243de81040ba_story.html
Related Resource: National Cancer Institute
- Tea and Cancer Prevention: Strengths and Limits of the Evidence
http://www.cancer.gov/cancertopics/factsheet/prevention/tea

**USDA's Economic Research Service- Charts of Note**
**-Distance to supermarkets is one measure of food access**
http://www.ers.usda.gov/data-products/charts-of-note.aspx

**Small, rural hospitals lag on some quality measures**
http://www.chicagotribune.com/health/sns-rt-us-health-rural-hospitalsbre9310vk-20130402,0,2742092.story
Related Resource: Academy Quality Management Team
-Tools for Measuring Quality
http://www.eatright.org/Members/content.aspx?id=8006

**Airline to charge overweight passengers more**
("There are no extra fees in terms of excess baggage or anything  it is just a kilo is a kilo is a kilo.")
http://www.smh.com.au/travel/travel-news/airline-to-charge-overweight-passengers-more-20130402-2h495.html#ixzz2PK76WTzk

**Banish Winter With the Taste of Spring**
http://www.nytimes.com/2013/04/03/dining/turning-winter-into-spring-with-two-key-techniques.html?_r=0

**MedlinePlus: Latest Health News**
-Could Self-Testing Help Overcome HIV/AIDS Epidemic?
Worldwide research shows testing done in privacy of home reduces fear, stigma
-Study Suggests Link Between Hormone Melatonin and Type 2 Diabetes
Experts find an association, but aren't recommending supplementation
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Sodium reductions detailed at meeting of stakeholders called both significant and insufficient**
(Joy Dubost, Academy Spokesperson quoted)
http://www.foodnavigator-usa.com/Business/Sodium-reductions-detailed-at-meeting-of-stakeholders-called-both-significant-and-insufficient

**Eat right, live well: Lemony cupcakes brings a taste of sunshine**
(By Toby Smithson, Academy Spokesperson)
http://www.svherald.com/content/community/2013/04/01/350439

**Reap the benefits of Mother Natures food supply**
(By Julie Henderson, RD)
http://www.svherald.com/content/community/2013/04/01/350439

**Practical Nutrition: Popcorn, minus the fat and sodium, is a great snack treat**
(By Mary-Jo Sawyer, RD)
http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-popcorn-minus-the-fat-and-sodium-is-a/article_0e105d3d-9622-506f-b9d4-2711e3b485cd.html

**Addicted to food**
(Karen Anderson, RD quoted)
http://www.timesunion.com/living/article/Addicted-to-food-4403964.php

**Avoid the sour side of a sweet tooth**
(Cheryl Harris, RD quoted)
http://www.washingtonpost.com/lifestyle/wellness/avoid-the-sour-side-of-a-sweet-tooth/2013/04/02/4a7be0ce-970a-11e2-b68f-dc5c4b47e519_story.html

**A is for April and asparagus**
(By Cheryl Harris, RD)
http://www.marshallindependent.com/page/content.detail/id/539125/A-is-for-April-and-asparagus.html?nav=5007

**Spring ahead with fresh greens**
(Amber Odom, RD quoted)
http://www.timesleader.com/news/features/385871/Spring-ahead-with-fresh-greens

**Dietitian's Corner: The Energy Nutrient You Must Have: CoQ10**
(By Ruth Ann Clayton, RD)
http://www.baxterbulletin.com/article/20130402/LIFESTYLE01/304020034/Ruth-Ann-Clayton-s-Dietitian-s-Corner-Energy-Nutrient-You-Must-CoQ10

**Wine or your waistline? 3 rules to follow**
(Karlene Karst, Dietitian/Canada quoted)
http://www.cnn.com/2013/04/03/health/wine-waistline/index.html?hpt=he_c1

**Quote of the Week**
**The greatest way to live with honor in this world is to be what we pretend to be."**
**-Socrates**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19555-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2335. Automatic reply: Great news!

**From:** Ulric Chung <UChung@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Apr 03, 2013 07:09:18
**Subject:** Automatic reply: Great news!
**Attachment:**

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I will be unavailable until Tuesday, April 23rd. Please contact Eva Donovan (edonovan@eatright.org), Jackie Johnson (jjohnson@eatright.org), or Brittney Gillespie (bgillespie@eatright.org) if you need to reach me.

Thank you!

2336. Great news!

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, 'jagilbert@csun.edu' <jagilbert@csun.edu>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Christie, Catherine' <c.christie@unf.edu>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Apr 02, 2013 16:53:08
**Subject:** Great news!
**Attachment:** image001.png

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The Academy has made history – again! Miranda Shearin, RD, of Stafford, VA, recently became the Academy of Nutrition and Dietetics' 74,000th member. We will share this information with members in this week's *Eat Right Weekly*. A great deal of hard work by members and the Headquarters team alike – recruiting members, making membership even more valuable and spreading the word about the Academy – continues to make a difference. Unlike many other professional organizations, the Academy's membership is growing. We anticipate ending FY13 with close to 75,000 members!!

Thank you for your direction and support in guiding the Academy to our latest landmark.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2337. Daily News: Tuesday, April 2, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 02, 2013 11:19:29
**Subject:** Daily News: Tuesday, April 2, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**NKF: Kidney Disease Staging Gets Spotlight**
**Kidney Disease Outcomes Quality Initiative (KDOQI) guidelines.**
http://www.medpagetoday.com/MeetingCoverage/NKF/38180
Source: National Kidney Foundation
http://www.kidney.org/professionals/KDOQI/guidelines_commentaries.cfm

**A New Endorsement for Fish**
http://well.blogs.nytimes.com/2013/04/01/a-new-endorsement-for-fish/
Source: *Annals of Internal Medicine*
http://annals.org/article.aspx?articleid=1671714

**NYC Takes To The Subway System To Promote New Anti-Salt Campaign**
http://newyork.cbslocal.com/2013/04/01/city-mounts-new-anti-salt-campaign-in-subway-system/

**Can Enzymes Make the Meal?**
(Doctors say some enzyme supplements work well, but others need more human studies)
http://online.wsj.com/article/SB10001424127887324557804578376562539148102.html?mod=wsj_streaming_latest-headlines

**Group-based incentives may produce more weight loss**
http://www.reuters.com/article/2013/04/01/us-health-weightloss-idUSBRE9300KR20130401
Source: *Annals of Internal Medicine*
http://annals.org/article.aspx?articleid=1671710

**Many U.S. Teens Have Poor Health Habits**
**Bad diet, lack of exercise raise odds for later heart disease, experts warn**

http://consumer.healthday.com/Article.asp?AID=675003
Source: *Circulation*
http://circ.ahajournals.org/content/127/13/1369.abstract

**Organic Labels Bias Consumers Perceptions Through the 'Health Halo Effect'**
http://www.sciencedaily.com/releases/2013/04/130401121506.htm
Source: *Food Quality and Preference*
http://www.sciencedirect.com/science/article/pii/S0950329313000141

**USDA's Economic Research Service- Charts of Note**
**-U.S. per capita consumption of added sweeteners is now trending downward**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=36401&ref=collection

**Vitamin D Supplements May Help Maintain Kidney Function In Transplant Recipients**
http://www.medicalnewstoday.com/releases/258390.php
Source: *Journal of the American Society of Nephrology*
http://jasn.asnjournals.org/content/early/2013/03/26/ASN.2012060614.abstract

**Metabolic Syndrome Risk Reduced By Monounsaturated Fats**
(Results were presented at the American Heart Association's EPI/NPAM 2013 Scientific Sessions)
http://www.medicalnewstoday.com/releases/258441.php

**More Evidence for Allergy Relief Without Shots**

http://online.wsj.com/article/SB10001424127887323361804578390582382258200.html?mod=health_newsreel

**Supplemental Soy of No Benefit After Menopause**
http://www.medpagetoday.com/Endocrinology/Menopause/38194
Source: *Menopause*
http://journals.lww.com/menopausejournal/Abstract/2013/04000/Effect_of_soy_isoflavone_supplementation_on.13.aspx

**Statin Side Effects Often Manageable: Study**
**People who quit may do better with different type or dose of cholesterol-lowering drugs**
http://consumer.healthday.com/Article.asp?AID=674987

**Registered Dietitians in the News**

**News 8 puts TV dinners to the test**
(Megan Moore, RD quoted)

http://www.wfaa.com/news/local/TV-Dinner-Test-200920531.html

**Dont fall for myth about muscle**
(By Suzanne Havala Hobbs, RD)
http://www.heraldonline.com/2013/04/02/4737228/dont-fall-for-myth-about-muscle.html

**Rising obesity among men takes toll on sexuality, prostate health**
(By Georgia Clark-Albert, RD)
http://bangordailynews.com/2013/04/01/health/rising-obesity-among-men-takes-toll-on-sexuality-prostate-health/

**10 ways to monitor your caffeine intake**
(Anna Busenburg, RD quoted)
http://www.jconline.com/article/20130402/LIFE03/304020004/10-ways-monitor-your-caffeine-intake

**Lose weight without the gym: 3 ways to get fit without hitting the gym**
(Jessica Lehmann, RD quoted)
http://www.abc15.com/dpp/news/local_news/water_cooler/lose-weight-without-the-gym-3-ways-to-get-fit-without-hitting-the-gym

**Reusable bags could make you sick**
(Nancy Dell, RD quoted)
http://www.wwlp.com/dpp/news/local/hampden/reusable-bags-could-make-you-sick

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or send a blank email to leave-19523-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2338. Celebrate National Preceptor Month

**From:** Academy of Nutrition and Dietetics <preceptor@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Apr 01, 2013 15:43:45
**Subject:** Celebrate National Preceptor Month
**Attachment:**

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Having trouble viewing this e-mail? View it in your browser.
As the demand for dietetic internships has increased, highly qualified students aren't getting positions, not because they don't have good grades or varied work experiences, but simply because too few dietetic internship positions are available. The profession needs more practitioners who are willing to train and serve as positive role models, to assure that all qualified students can complete their education and sit for the registration exam.

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) and the Nutrition and Dietetic Educators and Preceptors (NDEP) DPG are working with the Academy to increase our efforts to locate practitioners who are interested in teaching dietetic students. To kick start our preceptor recruitment campaign, we are proud to announce that the leadership of the Academy has declared **April to be National Preceptor Month!**

We are asking all members to pay it forward. Remember how valuable your preceptor was? Make that same impact on a student by helping them continue down their career path.

**Create Tomorrows Leaders - Become a preceptor today!**
**Learn more at *www.eatright.org/preceptors***.
This e-mail is a benefit for members of the Academy of Nutrition and Dietetics.
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2339. It's Been a Great Month!

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** 'Sonja Connor' <connors@ohsu.edu>, 'Barbara Ivens (ConAgra Foods)' <Barbara.Ivens@conagrafoods.com>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, 'jagilbert@csun.edu' <jagilbert@csun.edu>, 'Bier, Dennis M' <dbier@bcm.edu>, Mchrist-erwin@porternovelli.com <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>, lauraromig@gmail.com <lauraromig@gmail.com>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 29, 2013 15:02:12
**Subject:** It's Been a Great Month!
**Attachment:**

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Greetings,

As March -- National Nutrition Month -- comes to an end, I join with the Headquarters Team in wishing you a safe and peaceful holiday: Happy Easter and chag sameach -- a joyous Passover. March was a wonderful month for the Academy and our members. During National Nutrition Month we celebrated the sixth annual Registered Dietitian Day; rang the Opening Bell at NASDAQ; and announced the new option for all registered dietitians to begin using the credential registered dietitian nutritionist. It was quite a month! And just yesterday, one of our most dedicated champions in Washington, D.C., Agriculture Secretary Tom Vilsack, spotlighted National Nutrition

Month in outlining the USDA's efforts "to raise a healthier generation of Americans" and "increase access to affordable and healthy food." I know you join me in thanking Sec. Vilsack for his generous "shout-out" to the goals and activities of National Nutrition Month.

My continued thanks for all you do to advance the Academy, our Foundation and the dietetics profession.

Best regards,

*Pat*

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2340. Daily News & Journal Review: Friday, March 29, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 29, 2013 10:44:20
**Subject:** Daily News & Journal Review: Friday, March 29, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**March is National Nutrition Month®! Eat Right, Your Way, Every Day.**
**Visit www.eatright.org/nnmfor new NNM catalog, toolkit, handouts, games and recipes.**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Prebiotics in baby formula and eczema: mixed picture**
http://www.chicagotribune.com/health/sns-rt-us-prebiotics-baby-formulabre92r0uj-20130328,0,3248017.story
Source: *The Cochrane Library*
http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD006474.pub3/abstract

**Dietary Fiber Nibbles Down Stroke Risk**
http://www.medpagetoday.com/Cardiology/Prevention/38144
Source:*Stroke*
http://stroke.ahajournals.org/content/early/2013/03/27/STROKEAHA.111.000151.abstract

**For type 1 diabetics, dietary fat can affect insulin requirements**
http://www.stonehearthnewsletters.com/for-type-1-diabetics-dietary-fat-can-affect-insulin-requirements/updates/
Source: *Diabetes Care*
http://care.diabetesjournals.org/content/36/4/810.abstract?sid=95072a20-d1ff-421c-8af2-eb677bcc6e32

**Trends in High LDL Cholesterol, Cholesterol-lowering Medication Use, and Dietary Saturated-fat Intake: United States, 19762010**
http://www.cdc.gov/nchs/data/databriefs/db117.htm
Related Resource: Disorders of Lipid Metabolism-Evidence-based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=4527

**Mixed results on computer-based support for diabetes**
http://www.chicagotribune.com/health/sns-rt-us-mixed-results-computer-supportbre92r0u7-20130328,0,1197844.story
Source: *Cochrane Database of Systematic Reviews*
http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD008776.pub2/abstract

**Equation May Give Wrong LDL Status**
http://www.medpagetoday.com/Cardiology/Dyslipidemia/38147
Source: *Journal of the American College of Cardiology*
http://content.onlinejacc.org/article.aspx?articleid=1671271

**Restaurant meals for kids fail nutrition test: consumer group**
http://www.chicagotribune.com/health/sns-rt-us-usa-food-kids-mealsbre92r087-20130328,0,6285630.story
Source: CSPI
http://cspinet.org/new/201303281.html

**How accurate are chain restaurant calorie counts?**
**Some of the dishes we tested didn't tell the truth**
http://www.consumerreports.org/content/cro/en/consumer-reports-magazine/z2013/May/doTheseDishesTellTheTruth.html

**Full vaccine schedule safe for kids, no link to autism**
http://www.usatoday.com/story/news/nation/2013/03/29/vaccine-schedule-autism/2026617/
Source: *Journal of Pediatrics*
http://www.jpeds.com/content/JPEDSDeStefano

**5 Easter Allergy Triggers and Tips to Stay Safe**
http://abcnews.go.com/Health/Allergies/easter-allergy-triggers-tips-stay-safe/story?id=18830843#

**RTE (ready to eat) cereals can help close chronic US fiber gap**
http://www.foodnavigator-usa.com/Market/RTE-cereals-can-help-close-chronic-US-fiber-gap-Study
Source: *American Journal of Lifestyle Medicine*
http://ajl.sagepub.com/content/early/2013/03/05/1559827613479913.abstract

**New supplement claims to cut fat calorie absorption without the nasty side effects**
http://www.foodnavigator-usa.com/Business/New-supplement-claims-to-cut-fat-calorie-absorption-without-nasty-side-effects

**MedlinePlus: Latest Health News**
-Valley Fever Increasing in Some Southwestern States
-Could gum help the colon bounce back from surgery?
-Should Short Boys Take Growth Hormone?
-Brain Differences Seen in People With Migraines
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Our Story: America's first dietitian lived here**
(Sara Tyson Heston Rorer cited)
http://www.ldnews.com/columns/ci_22891863/our-story-americas-first-dietitian-lived-here
Related Resource: *Carry the Flame: The History of the American Dietetic Association*
https://www.eatright.org/shop/product.aspx?id=4894

**The foods nutrition experts say they cant live without**
**(Karen Ansel, Academy Spokesperson; Elisa Zied, RDN; Jackie Newgent, RDN;** Rachel Begun, Academy Spokesperson:**Ellie Krieger, RDN; Bonnie Taub-Dix, RDN; Tanya Zuckerbrot, RDN and Patricia Bannan, RD all quoted)**
**http://www.nydailynews.com/life-style/health/foods-nutrition-experts-live-article-1.1301322**

**Stay hydrated, even in cool weather**
(Kelly Marsteller, RD quoted)
http://www.ydr.com/local/ci_22892238/stay-hydrated-even-cool-weather

**On-the-go breakfast ideas**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130328/LIFE03/130329627/kati-mora-on-the-go-breakfast-ideas

**Feeding solid foods too early may cause nutritional problems later in life**
(By*Timi Gustafson, RD)*
http://www.auburn-reporter.com/lifestyle/200505801.html

**Price Chopper dietitian helps customers shop for nutritional needs**
(Crystal Wilkins, RD quoted)
http://www.romeobserver.com/articles/2013/03/28/life/doc51546cdfd3fc7257601184.txt

**Diet and Alzheimers; Easter Egg Safety**
(By Nancy Dell, RD)
http://www.wwlp.com/dpp/health/dietitian/Nancy-Dell-Diet-and-Alzheimers-Easter-Egg-Safety

**Journal Review**

**Did you know you can get the articles listed in the Journal Review?**

You can for a nominal charge of $10 each.

Fill out the form listed at the link below.

(i.e.: J Am Diet Assoc. 1992 Mar;92(3):319-24.

Dietary practices of ballet, jazz, and modern dancers.)

http://tinyurl.com/article-order

***Journal of the Academy of Nutrition and Dietetics*, April 2013**

**Trouble Finding 1993-2011 Issues?**

Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011.

http://www.adajournal.org/current

Presidents page: Be a Preceptor: Create Tomorrow's Leaders

http://www.andjrnl.org/article/S2212-2672(13)00125-1/fulltext

2013 Academy Member Benefits Update

http://www.andjrnl.org/article/S2212-2672(13)00134-2/fulltext

Position of the Academy of Nutrition and Dietetics: Nutrition Security in Developing Nations: Sustainable Food, Water, and Health

http://www.andjrnl.org/article/S2212-2672(13)00128-7/abstract

Advocating at the Centers for Medicare and Medicaid Services

http://www.andjrnl.org/article/S2212-2672(13)00054-3/fulltext

Dietary Composition in the Treatment of Polycystic Ovary Syndrome: A Systematic Review to Inform Evidence-Based Guidelines

http://www.andjrnl.org/article/S2212-2672(12)01925-9/abstract

Alcoholic Beverage Consumption by Adults Compared to Dietary Guidelines: Results of the National Health and Nutrition Examination Survey, 2009-2010

http://www.andjrnl.org/article/S2212-2672(12)02048-5/abstract

Development and Validation of a Questionnaire to Measure Research Involvement among Registered Dietitians

http://www.andjrnl.org/article/S2212-2672(12)01510-9/abstract

Update of the Healthy Eating Index: HEI-2010

http://www.andjrnl.org/article/S2212-2672(12)02049-7/abstract

What Is the Protocol Used to Unclog an Enteral Feeding Tube?

http://www.andjrnl.org/article/S2212-2672(13)00124-X/fulltext

***American Journal of Preventive Medicine*, April 2013**

http://www.ajpmonline.org/current

Foods and Beverages Associated with Higher Intake of Sugar-Sweetened Beverages

http://www.ajpmonline.org/article/S0749-3797(13)00004-4/abstract

Redefining Child-Directed Advertising to Reduce Unhealthy Television Food Advertising
http://www.ajpmonline.org/article/S0749-3797(13)00013-5/abstract
State Laws Governing School Meals and Disparities in Fruit/Vegetable Intake
http://www.ajpmonline.org/article/S0749-3797(13)00010-X/abstract
Workplace Health Promotion:A Meta-Analysis of Effectiveness
http://www.ajpmonline.org/article/S0749-3797(13)00012-3/abstract

***Diabetes Educator,*****March/April 2013**
http://tde.sagepub.com/content/39/2.toc
Babies Need Healthy Moms
An Innovative Postpartum Screening and Education Class for Women Who Had Gestational Diabetes Mellitus
http://tde.sagepub.com/content/39/2/163.abstract
Long-Term Glycemic Control as a Result of Initial Education for Children With New Onset Type 1 Diabetes
Does the Setting Matter?
http://tde.sagepub.com/content/39/2/187.abstract

***Journal of the American College of Nutrition,*****October 2012**
http://www.jacn.org/content/current
Assessment of Nutrient Adequacy with Supplement Use in a Sample of Healthy College Students
http://www.jacn.org/content/31/5/301.abstract
Adherence to Mediterranean-Style Dietary Pattern and Risk of Esophageal Squamous Cell Carcinoma: A Case-Control Study in Iran
http://www.jacn.org/content/31/5/338.abstract
Omega-3 Fatty Acids Improve Glucose Metabolism without Effects on Obesity Values and Serum Visfatin Levels in Women with Polycystic Ovary Syndrome
http://www.jacn.org/content/31/5/361.abstract
High Rates of Fructose Malabsorption Are Associated with Reduced Liver Fat in Obese African Americans
http://www.jacn.org/content/31/5/369.abstract

***Journal of the American Medical Association,*****March 27, 2013**
http://jama.jamanetwork.com/issue.aspx
Effect of Disodium EDTA Chelation Regimen on Cardiovascular Events in Patients With Previous Myocardial Infarction (TACT)
http://jama.jamanetwork.com/article.aspx?articleid=1672238
Editorial: Evaluation of the Trial to Assess Chelation Therapy (TACT)
The Scientific Process, Peer Review, and Editorial Scrutiny
http://jama.jamanetwork.com/article.aspx?articleid=1672221
Editorial: ConcernsAbout Reliability in the Trial to Assess Chelation Therapy (TACT)
http://jama.jamanetwork.com/article.aspx?articleid=1672219

***Journal of Nutrition*, April 2013**

http://jn.nutrition.org/content/143/4.toc?etoc

Protein Blend Ingestion Following Resistance Exercise Promotes Human Muscle Protein Synthesis

http://jn.nutrition.org/content/143/4/410.abstract

Blood Pressure Decreases More after High-Carbohydrate Meals Than after High-Protein Meals in Overweight Adults with Elevated Blood Pressure, but There Is No Difference after 4 Weeks of Consuming a Carbohydrate-Rich or Protein-Rich Diet

http://jn.nutrition.org/content/143/4/424.abstract

Associations between Red Meat and Risks for Colon and Rectal Cancer Depend on the Type of Red Meat Consumed

http://jn.nutrition.org/content/143/4/464.abstract

Polydextrose and Soluble Corn Fiber Increase Five-Day Fecal Wet Weight in Healthy Men and Women

http://jn.nutrition.org/content/143/4/473.abstract

Dietary Supplement Use and Folate Status during Pregnancy in the United States

http://jn.nutrition.org/content/143/4/486.abstract

Long-Term Adherence to the Mediterranean Diet Is Associated with Overall Cognitive Status, but Not Cognitive Decline, in Women

http://jn.nutrition.org/content/143/4/493.abstract

High Concentrations of Plasma n3 Fatty Acids Are Associated with Decreased Risk for Late Age-Related Macular Degeneration

http://jn.nutrition.org/content/143/4/505.abstract

Walnut Consumption Is Associated with Lower Risk of Type 2 Diabetes in Women

http://jn.nutrition.org/content/143/4/512.abstract

***Journal of Nutrition, Health &Aging,*March 2013**

http://link.springer.com/journal/12603/17/3/page/1

Predictive equations overestimate the resting metabolic rate in postmenopausal women

http://link.springer.com/article/10.1007/s12603-012-0395-3

Hypovitaminosis D in psychogeriatric inpatients

http://link.springer.com/article/10.1007/s12603-012-0383-7

Current evidence for the clinical use of long-chain polyunsaturated N-3 fatty acids to prevent age-related cognitive decline and Alzheimers disease

http://link.springer.com/article/10.1007/s12603-012-0431-3

Mortality as an adverse outcome of sarcopenia

http://link.springer.com/article/10.1007/s12603-012-0434-0

***Journal of Parenteral &Enteral Nutrition,*March 26, 2013 On-line First**

http://pen.sagepub.com/content/early/recent

Nonalcoholic Fatty Liver Disease: For Better or Worse, Blame the Gut Microbiota?

http://pen.sagepub.com/content/early/2013/03/28/0148607113481623.abstract
Defining Pediatric Malnutrition:A Paradigm Shift Toward Etiology-Related Definitions
http://pen.sagepub.com/content/early/2013/03/22/0148607113479972.abstract
Care Coordination to Enhance Management of Long-Term Enteral Tube Feeding: A Systematic Review and Meta-Analysis
http://pen.sagepub.com/content/early/2013/03/22/0148607113482000.abstract

***Lancet*, March 30, 2013**
http://www.thelancet.com/journals/lancet/issue/current
Associations of linear growth and relative weight gain during early life with adult health and human capital in countries of low and middle income: findings from five birth cohort studies
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60103-8/fulltext

***Morbidity and Mortality Weekly Report*, March 29, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Announcement: Autism Awareness Month and World Autism Day April 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6212a5.htm?s_cid=mm6212a5_w

***New England Journal of Medicine*, March 28, 2013**
http://www.nejm.org/doi/full/10.1056/NEJMra1212606
Salt in Health and Disease A Delicate Balance
http://www.nejm.org/doi/full/10.1056/NEJMra1212606

***Nutrition*, April 2013**
http://www.nutritionjrnl.com/issues?issue_key=S0899-9007(13)X0003-6
Probiotics: Interaction with gut microbiome and antiobesity potential
http://www.nutritionjrnl.com/article/S0899-9007(12)00321-8/abstract
Effects of Dietary Approaches to Stop Hypertension (DASH)-style diet on fatal or nonfatal cardiovascular diseasesIncidence: A systematic review and meta-analysis on observational prospective studies
http://www.nutritionjrnl.com/article/S0899-9007(13)00007-5/abstract
A randomized controlled clinical trial investigating the effect of DASH diet on insulin resistance, inflammation, and oxidative stress in gestational diabetes
http://www.nutritionjrnl.com/article/S0899-9007(12)00475-3/abstract

***Nutrition Research,*March 2013**
http://www.sciencedirect.com/science/journal/02715317
Green tea supplementation increases glutathione and plasma antioxidant capacity in adults with the metabolic syndrome
http://www.sciencedirect.com/science/article/pii/S0271531713000043
Food pattern modeling shows that the 2010 Dietary Guidelines for sodium and potassium cannot be met simultaneously
http://www.sciencedirect.com/science/article/pii/S0271531713000080
A single portion of blueberry (*Vaccinium corymbosum L*) improves protection against DNA

damage but not vascular function in healthy male volunteers
http://www.sciencedirect.com/science/article/pii/S0271531713000031

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19467-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2341. Glenne McCollum eamil address

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, fellerb@auburn.edu <fellerb@auburn.edu>
**Cc:** 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** Mar 29, 2013 10:10:17
**Subject:** Glenne McCollum eamil address
**Attachment:** image001.jpg

---

Good Morning Everyone:

Glenna wanted to make sure that everyone has her most current email address.

glenna@glennamccollum.com

Thanks

Linda

**Linda Serwat**

***Administrative Assistant***

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone:  312/899-4731

Fax number:  312-899-5333

Email:  lserwat@eatright.org

www.eatright.org

2342. RE: Presentation for HOD

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 29, 2013 09:25:05
**Subject:** RE: Presentation for HOD
**Attachment:**

---

Mary,

We have done something like this in the past. I think this is valuable as the life time value of a member. I am going from memory, but, I think Barbara Visocan puts something like below into the membership renewal. Our last calculation of the lifetime value of a member was $3,119. This is calculated by taking the dues projected for the number of years an average member retains membership and then adding in purchases over the same period of time. This represents the value of an average member. Some will be much higher due especially those who stay longer than the average. Some will be smaller. In any event, it hasn't been updated in a two years and I would like to do so.

Have a great Easter and we will talk next week. I am off to the beach. It is 46 degrees and sunny. Yipppppeeeee!

Paul

**From:** peark02@outlook.com
**Sent:** Friday, March 29, 2013 8:07 AM
**To:** Paul Mifsud; DMartin@Burke.k12.ga.us
**Subject:** RE: Presentation for HOD

Thanks Paul and Donna-great presentation.
Re member value---on a membership committee conference call w/ A.S.P.E.N., yesterday the group discussed this list of the items provided with membership that add major value. I am sure that the Academy has something even more specific than this. Thought I'd share as just an FYI.

Have a wonderful Easter.
Mary

A.S.P.E.N. is always working hard to support our members and provide additional benefits for belonging to the organization. But you may be wondering: what exactly do I receive in exchange for my dues payment? As a member of A.S.P.E.N. you'll be able to take advantage of these highly valued benefits at no cost to you:

Subscriptions to JPEN and NCP
$310
Coming soon: Journal CE
$90
Guidelines and Standards Library
$200
Clinical Practice Toolkits
$300
Evidence Analysis Library access
$400
ASPENConnect
$200
Clinician's Compendium to Nutrition Support Therapy
$49
Lecture of the Month
$49

**These benefits alone represent a savings of over $1,500!**

We also offer the following exclusively to our members:

Rhoads Research Foundation Grants
National Honors and Awards
Discounts on products and registrations
Discipline- and specialty-section memberships
Full access to www.nutritioncare.org

From: PMifsud@eatright.org
To: DMartin@Burke.k12.ga.us; peark02@hotmail.com; peark02@outlook.com
Subject: RE: Presentation for HOD
Date: Fri, 29 Mar 2013 12:38:02 +0000

Donna,

Thanks.  Have a great Easter.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, March 28, 2013 12:24 PM
**To:** Paul Mifsud; Treasurer ExternalSMTP; peark02@outlook.com
**Subject:** Re: Presentation for HOD

Paul and Mary,  The only thing I saw on the slides is on Slide 11.  Please put a space after the 38.7%.  I concur with your wanting to wait until we have accurate information for the lifetime value of a member slide.  I think this will be an excellent presentation.  Job well done team Finance and Audit!!!!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/28/2013 11:00 AM >>>
Mary,

Donna,

Here is the final version of the presentation.  I made a few cosmetic changes.  Mostly to eliminate the periods in the headers.  I won't be able to put in a slide about the lifetime value of a member.

We haven't updated it in a while and I would like to do that before communicating anything.  Given the timeframe, I am concerned about a mistake.  So, we will have to use it next time.  If you would take one last look at this and let me know if I can release it to Anna, I would appreciate it.

paul

2343. RE: Presentation for HOD

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Treasurer ExternalSMTP <peark02@hotmail.com>, peark02@outlook.com <peark02@outlook.com>
**Sent Date:** Mar 29, 2013 08:38:03
**Subject:** RE: Presentation for HOD
**Attachment:**

---

Donna,

Thanks. Have a great Easter.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, March 28, 2013 12:24 PM
**To:** Paul Mifsud; Treasurer ExternalSMTP; peark02@outlook.com
**Subject:** Re: Presentation for HOD

Paul and Mary, The only thing I saw on the slides is on Slide 11. Please put a space after the 38.7%. I concur with your wanting to wait until we have accurate information for the lifetime value of a member slide. I think this will be an excellent presentation. Job well done team Finance and Audit!!!!

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/28/2013 11:00 AM >>>
Mary,

Donna,

Here is the final version of the presentation. I made a few cosmetic changes. Mostly to eliminate the periods in the headers. I won't be able to put in a slide about the lifetime value of a member. We haven't updated it in a while and I would like to do that before communicating anything. Given the timeframe, I am concerned about a mistake. So, we will have to use it next time. If you would take one last look at this and let me know if I can release it to Anna, I would appreciate it.

paul

2344. 03/28/13  ACH Check deposit notification (1 Pages)

**From:** sjackson@eatright.org
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Mar 28, 2013 14:06:24
**Subject:** 03/28/13  ACH Check deposit notification (1 Pages)
**Attachment:** report.pdf

---

See Attached File

2345. Presentation for HOD

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Treasurer ExternalSMTP <peark02@hotmail.com>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 28, 2013 11:00:41
**Subject:** Presentation for HOD
**Attachment:** 2013 hod spring presentation final for mary 3212013 with some notes.pptx

---

Mary,

Donna,

Here is the final version of the presentation. I made a few cosmetic changes. Mostly to eliminate the periods in the headers. I won't be able to put in a slide about the lifetime value of a member. We haven't updated it in a while and I would like to do that before communicating anything. Given the timeframe, I am concerned about a mistake. So, we will have to use it next time. If you would take one last look at this and let me know if I can release it to Anna, I would appreciate it.

paul

2346. Eat Right Weekly - March 27, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 27, 2013 16:46:24
**Subject:** Eat Right Weekly - March 27, 2013
**Attachment:**

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Eat Right Weekly
March 27, 2013

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On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

ANDPAC Raises More Than $20,000 at PPW 2013

Members demonstrated record support for the Academy's Political Action Committee by donating nearly $21,000 at the 2013 Public Policy Workshop. Attendees were excited to learn that this is the largest contribution ANDPAC has received at any PPW.

Learn More >>
Illinois Licensure Clarified for Members

Inaccurate information regarding Illinois' Dietitian Nutritionist Practice Act has recently been published, leading to confusion among Academy members. To clarify, Illinois retained its licensure through the normal state licensure sunset process. The Dietitian Nutritionist Practice Act (formerly the Dietetic and Nutrition Services Practice Act) was passed and signed into law in December 2012. The Illinois Dietetic Association continues working to implement the statute to protect the public.

Learn More >>
USDA Says Nutrition Assistance Programs Becoming More Efficient

The U.S. Department of Agriculture reports increased efficiencies and cost-saving measures in nutrition assistance programs administered by USDA.

Learn More >>
Members Attend Presentation on Raising a Healthier Generation

Ten members represented the Academy at an event at the Maine Medical Center where Agriculture Secretary Tom Vilsack spoke about improving child nutrition and preventing obesity.

Learn More >>
Academy Strengthens Relationship with Sen. Collins with ANDPAC Support

U.S. Sen. Susan Collins (Maine), leader on the Senate Special Committee on Aging and of the Senate Diabetes Caucus, was recently supported by the Academy's Political Action Committee at a breakfast fundraiser.

Learn More >>

## CPE Corner

New! Leadership: Organizational Applications - Presented by Academy Partners (Free for Academy Members)

The Center for Professional Development introduces a new free online learning module that will demonstrate how registered dietitians have assumed leadership roles in a variety of business settings, including clinical, trade association and a food industry company.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Gluten-Free Product Safety Webinar and More

Product safety in the gluten-free market; the impact of obesity on cancer survivorship; and applying the Nutrition Care Process in public health practice are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>
Informatics Education Program: Back by Popular Demand

The Academy is teaming up with American Medical Informatics Association for the fourth time to offer the online nutrition-focused course "Academy-AMIA 10 x 10 Informatics Education Program."

Learn More >>

## Career Resources

Promote Academy Membership and Win

As an Academy member, you know the value of membership firsthand; your personal recommendations and experiences will have the greatest impact on your colleagues. Help the Academy grow by participating in the 2013 Promoter Program.

Learn More >>
Prepare for Registration Examination

The *Study Guide for the Registration Examination for Dietitians, 9th ed.* (cat. #062512) and the *Study Guide for the Registration Examination for Dietetic Technicians, 6th ed.* (cat. # 063012) include a 125- or 110- question online practice exam, respectively, and three vouchers to access this practice exam.

Learn More >>
March Book of the Month

Save 10 percent on the new *Pocket Supermarket Guide* (4th ed.), 10-pack. This updated edition guides readers through the supermarket and offers advice to make grocery shopping faster, healthier and budget-friendly.

Learn More >>
Just Published: Nutrition Guidance in Healthy Children (Ages 2-11) EAL Project

The Academy's Research, International and Scientific Affairs Team is pleased to announce the publication of the Nutrition Guidance in Healthy Children (Ages 2-11 Years) - Evidence-Based Nutrition Library Project, free to all Academy members on the Evidence Analysis Library.

Learn More >>

## Academy Member Updates

Lisa McDowell: Preceptor and Role Model

Lisa McDowell, MS, RD, CNSD, CSSD, has been a preceptor for 16 years. She believes in letting students expand and explore their interest areas and wants them to have ownership of their experiences. Students feel energized when they are with her.

Learn More >>
Members Elected to AHF Board

Four Academy members have been elected to serve on the 2014 Association for Healthcare Foodservice board of directors, effective August 1.

Learn More >>
Joint Leaders Meeting Report

The final report from the Joint Leaders Meeting (ACEND, CFP, CDR, Education Committee and NDEP DPG) conducted in January 2013 can be found at www.eatright.org/futurepractice. We encourage all members to review this report. Any feedback on this report can be submitted to the Council on Future Practice electronic mailbox (futurepractice@eatright.org).

Thank You to Academy Sponsors

To help achieve the Academy's mission of empowering members to be the nation's food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members. The partnership helps the Academy share science-based information and new research with members and reach millions of consumers with healthy eating messages.

Learn More >>

## Philanthropy, Awards and Grants

Research Grant Deadline Is April 1

The Foundation's named research funds are available annually to Academy members at all levels of practice.

Learn More >>
Ostenso Fellowship Deadline Extended to April 1

The Grace L. Ostenso Nutrition and Public Policy Fellowship is intended to allow an Academy member to participate in the Congressional Science and Engineering Fellows Program, coordinated by the American Association for the Advancement of Science. The fellow will spend one year in Washington, D.C., working as a special assistant in a government or legislative position that would benefit from scientific and engineering input and will receive a stipend of $75,000.

Learn More >>
Wimpfheimer-Guggenheim Fund Deadline Extended to April 1

The Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management provides for the international exchange of needed nutrition, dietetic and/or management information for the benefit of the nutritional health of the world community.

Learn More >>
Awards Applications with April 1 Deadline

The deadline has been extended to April 1 to apply for a number of Foundation Awards.

Learn More >>
Make a Tribute Gift: Honor a Mentor During National Nutrition Month

The Foundation invites members to honor a mentor while making a gift to the Foundation. Especially during National Nutrition Month, this is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession.

Learn More >>
Kids Eat Right Family Meals Mini-Grant Winners

Congratulations to 36 Kids Eat Right Campaign members who were selected to receive a Kids Eat Right Family Meals mini-grant. Each recipient will receive $200 to lead two presentations from the "Family Meals. Anytime. Anyplace." toolkit through May 15.

Learn More >>
Kids Eat Right Hunger in Our Community: Second Round of Mini-Grants

To support the use of the new Kids Eat Right "Hunger in Our Community" toolkit, 28 mini-grants of $200 grants are available.

Learn More >>
Kids Eat Right Crew Builds Campaign Membership

The Kids Eat Right Crew - comprised of 28 members from 19 states, including Puerto Rico, and eight dietetic practice groups, member interest groups and other special groups - is increasing the numbers of Kids Eat Right campaign members: Membership has increased nearly 25 percent since the Crew formed in October 2012.

Learn More >>
RD Parent Empowerment Project

Nine registered dietitians and interns are implementing the RD Parent Empowerment Project in four communities through an educational grant from MetLife Foundation.

Learn More >>
Kids Eat Right Free Webinars

Did you know Kids Eat Right has archived webinars available for viewing?

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
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2347. Call for Participation in the Development of National Essential Practice Competencies

**From:** Commission on Dietetic Registration <cdr@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Mar 27, 2013 16:14:12
**Subject:** Call for Participation in the Development of National Essential Practice Competencies
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

**Call for Participation**
The Commission on Dietetic Registration (CDR) is seeking your help in developing essential practice competencies. CDR is collaborating with the Academy of Nutrition and Dietetics Quality Management Committee to develop *Essential Practice Competencies for CDR Credentialed Nutrition and Dietetics Practitioners (Practice Competencies)*. The goal is to transition the Professional Development Portfolio (PDP) from learning need codes to competency-based recertification.

CDR is looking for registered dietitians (RDs) and dietetic technicians, registered (DTRs) from across the United States who are currently practicing the profession to take part in a very interesting initiative focused on developing Essential Practice Competencies.

**You are invited to participate in one of ten two-hour interactive webinars to provide input into the development of the Essential Practice Competency outline**. Participants will be awarded two (2) Continuing Professional Education Units (CPEUs) for taking part in the two-hour webinars We suggest learning need codes 1000 and 1010 as applicable codes for this CPE activity.

Competencies define the essential knowledge, skill, judgment and attitude requirements across practice and within focus areas that are required to provide competent, ethical and safe practice. Competencies provide a structured guide enabling the identification, evaluation and development of the behaviors in an individual required for competent professional practice. Following consideration of the evidence-based literature, CDR determined that national competencies would provide a solid foundation for PDP learning codes. Mapping PDP learning codes and future PDP resources to competencies provides clear expectations and criteria for demonstrating competence by RDs and DTRs.

The first step in this project involves obtaining feedback from CDRs registrants on the draft framework and ensuring that Practice Competencies reflect current practice and changes in the practice environment.

***How You Can Help***

CDR and the Academys Quality Management Committee are currently developing the Practice Competency framework and outline and **are seeking input from both RDs and DTRs to participate in a two-hour-long national interactive webinar.**

During the webinar, participants will work from the draft framework and outline to identify gaps based on a review of the current PDP learning codes and the Academys Standards of Practice for RDs and DTRs.

***Our Request***

CDR invites you to participate in ONE (1) webinar during the weeks of April 23, May 1 or May 15, 2013. The ten (10) possible dates and times are listed in the attached Expression of Interest Form.

If you are interested and able to participate in the project, ***please click on the link below to access, the writeable PDF, Expression of Interest Form.***
http://www.icompconsultingdemo.com/mailout/Expression_of_Interest_Form.pdf

***After you have completed this two-page form*** and indicated your availability for **ALL** of the listed dates, save it, and forward it **to** CDRs Project Coordinator Leanne Worsfold of iComp Consulting at mailout@icompconsulting.ca. **by Thursday April 11, 2013.** Please include in the email subject line the following heading: **CDR Competencies Development Webinar.**

***Confirmation***

A confirmation email will be sent to you with webinar details by April 16, 2013.

Thank you very much for your consideration of this call for participation, and for your interest in ensuring that these competencies are relevant and current to your practice.
You are currently subscribed to receive CDR portfolio related
e-mails from the Commission on Dietetic Registration. If you prefer
not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

2348. Daily News: Wednesday, March 27, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 27, 2013 10:34:12
**Subject:** Daily News: Wednesday, March 27, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Chelation therapy still not proven to work, doctors say**
http://www.usatoday.com/story/news/nation/2013/03/26/docs-say-chelation-therapy-still-not-proven-to-work/2021163/
Source: *Journal of the American Medical Association*
http://jama.jamanetwork.com/article.aspx?articleid=1672238

**Analysis: Allergy drops a good alternative to shots**
http://www.usatoday.com/story/news/nation/2013/03/26/allergy-drop-asthma/2021681/
Source: *Journal of the American Medical Association*
http://jama.jamanetwork.com/article.aspx?articleid=1672214&atab=7
Related Resource: Food Allergies: Certificate of Training program consists of four separate modules that build on each other
https://www.eatright.org/shop/product.aspx?id=6442474673

**Weight Loss Surgery May Boost Testosterone**
http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/38085
Source: *Fertility &Sterility*
http://www.fertstert.org/article/S0015-0282(13)00338-5/abstract

**Belly Fat Weighs on Women's Bones**
http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/38078
*Source:Journal of Clinical Endocrinology and Metabolism*
http://jcem.endojournals.org/content/early/2013/03/19/jc.2013-1047.abstract

**Social isolation increases risk of early death, study finds**
http://www.latimes.com/news/science/la-sci-social-isolation-health-20130326,0,7160788.story
Source: *Proceedings of the National Academy of Sciences*
http://www.pnas.org/content/early/2013/03/19/1219686110

**Herpes viruses may lead to memory loss, cognitive declines**
http://www.cbsnews.com/8301-204_162-57576315/herpes-viruses-may-lead-to-memory-loss-cognitive-declines/
Source: *Neurology*
http://www.neurology.org/content/80/13/1209

**New Prostate Cancer Tests Could Reduce False Alarms**
http://www.nytimes.com/2013/03/27/business/new-prostate-cancer-tests-may-supplement-psa-testing.html

**Hospital deaths declined just a little over 10 years, report finds**
http://vitals.nbcnews.com/_news/2013/03/27/17477141-hospital-deaths-declined-just-a-little-over-10-years-report-finds?lite
Source: National Center for Health Statistics
http://www.cdc.gov/nchs/data/databriefs/db118.htm

**'Big Data' for Cancer Care**
**Vast Storehouse of Patient Records Will Let Doctors Search for Effective Treatment**
http://online.wsj.com/article/SB10001424127887323466204578384732911187000.html
Related Resources: Nutrition Informatics/HITECH Act
http://www.eatright.org/Members/content.aspx?id=6442451178

**Study: Health overhaul to raise claims cost 32%**
http://www.usatoday.com/story/money/business/2013/03/26/study-health-overhaul-to-raise-claims-cost-32/2021963/

**When the Box Says 'Protein,' Shoppers Say 'I'll Take It'**
http://online.wsj.com/article/SB10001424127887324789504578384351639102798.html

**Unusual lawsuit challenging zero fat claims on ConAgras Parkay Spray unlikely to succeed predicts experts**
http://www.foodnavigator-usa.com/Regulation/Unusual-lawsuit-challenging-zero-fat-claims-on-ConAgra-s-Parkay-Spray-unlikely-to-succeed-predict-experts

**Food manufactures unprepared for FSMA data requirements survey finds**
http://www.foodnavigator-usa.com/Regulation/Food-manufacturers-unprepared-for-FSMA-data-requirements-survey-finds
Source: FDA
http://www.fda.gov/Food/GuidanceRegulation/FSMA/ucm334114.htm

**MedlinePlus: Current Health News**
-Certain Lifestyle Factors Linked to Arthritis in Study Patients
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**'Eat Right, Your Way, Every Day' during National Nutrition Day**
(Ethan A. Bergman, Academy President quoted)
http://www.loganbanner.com/view/full_story/22070714/article-%E2%80%98Eat-Right--Your-Way--Every-Day%E2%80%99-during-National-Nutrition-Day

**Kentlands Nutritionist Coaches Changes for Life**
(Kay Loughrey, RD quoted)
http://www.towncourier.com/2013/03/26/kentlands-nutritionist-coaches-changes-for-life/

**Celebrating National Nutrition Month In The Kitchen**
(Laura Buxenbaum, RD featured)

http://www.digtriad.com/video/default.aspx?bctid=2253910156001&odyssey=mod%7Cnewswell%7Ctext%7CFRONTPAGE%7Cfeatured

**Food expert's food autopsies reveal nutrition**
(Rachel Beller, RD quoted)
http://abclocal.go.com/kabc/story?section=news/food_coach&id=9041042

**Are Probiotics The New Vitamins?**
(Erin Palinski-Wade, RD quoted)
http://miami.cbslocal.com/2013/03/25/are-probiotics-the-new-vitamins/

**Quote of the Week**

**Knowledge is of two kinds. We know a subject ourselves, or we know where we can find information on it.**

**-Samuel Johnson**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=19399
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19399-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2349. Celebrate and Educate!

**From:** Marketing <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Mar 26, 2013 15:42:33
**Subject:** Celebrate and Educate!
**Attachment:**

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*Eat Right, Your Way, Every Day,* encourages personalized healthy eating styles based on lifestyle, cultural and ethnic traditions. Celebrate National Nutrition Month® by educating your community, co-workers and others on the importance of healthy eating. Brochures on a number of topics are available for sale. Take advantage of your member discount and purchase today.

View our online catalog and order today!
You are receiving this member message from the Academy of Nutrition and Dietetics
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2350. RE: AND Finance and Audit Committee Meeting in April

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 26, 2013 11:32:15
**Subject:** RE: AND Finance and Audit Committee Meeting in April
**Attachment:** image001.jpg
La Quinta Hotel Reservation for Donna Martin arriving 04/23/2013.eml

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Hi Donna:

Please see the attached. It is your hotel confirmation for the upcoming Finance and Audit Committee Meeting being held in Chicago on April 24th and 25th at the AND Headquarters office.

If you have any questions, just let me know.

Thanks,

Linda

**Linda Serwat**

***Administrative Assistant***

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4731

Fax number: 312-899-5333

Email: lserwat@eatright.org

www.eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, March 07, 2013 4:35 PM
**To:** Linda Serwat
**Subject:** Re: AND Finance and Audit Committee Meeting in April

I am attending and will need a room for two nights. Thanks!

Sent from my iPhone

On Mar 7, 2013, at 5:09 PM, Linda Serwat <LSerwat@eatright.org> wrote:

Good Afternoon,

When you get a chance, could you please let me know if you are attending the Finance and Audit Meeting in Chicago? If you are, just let me know how many nights you need for a room, one or two. I will make your hotel reservations, which would be on Tuesday, April 23rd and Wednesday, April 24th. The meeting is on April 24th and 25th. (see below)

Thanks,

Linda

**Linda Serwat**

***Administrative Assistant***

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone:  312/899-4731

Fax number:  312-899-5333

Email:  lserwat@eatright.org

www.eatright.org

<image002.jpg>

Good Morning Everyone:

From a traveling perspective, the FAC meeting will start around 8:00 am on Wednesday and end around 12:00 pm on Thursday.

Linda

Good Morning:

As on your FAC calendar, the AND Finance and Audit Committee is scheduled to hold a face-to-face meeting at the Chicago Headquarters Office on Wednesday and Thursday, April 24th and 25th, 2013, respectively.

Directly following this email, you will receive your individual travel form.  Please follow the procedures.

Also I need to know if you will be attending the meeting, and if you will need 2 nights at the hotel, which would be April 23 and April 24.  I will make your room reservations and send you your

confirmation, as the meeting gets closer.

If you have any problems or if you have any questions, PLEASE do not hesitate to contact me.  If I don't know the answer, I will find out for you.

Thanks,

Linda

<image001.png>

Linda Serwat

**Academy of Nutrition and Dietetics**

Finance and Administration

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4731

lserwat@eatright.org

2351. Daily News: Tuesday, March 26, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 26, 2013 10:27:21
**Subject:** Daily News: Tuesday, March 26, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Where do allergies come from?**
http://www.cnn.com/2013/03/26/health/what-causes-allergies/index.html?hpt=he_c1
Related Resource: *The Health Professionals Guide to Food Allergies and Intolerances*
https://www.eatright.org/shop/product.aspx?id=6442472295

**Prescription for nutrition**
**Given growing agreement on diet-influenced medical conditions, doctors should do more to watch what you eat**
http://www.chicagotribune.com/health/ct-met-heart-nutrition-20130326,0,5099220.story
Related Article: Mediterranean diet: A sample menu
http://www.chicagotribune.com/health/ct-met-mediterranean-diet-menu-20130326,0,1754600.story

**Women who ate more soy survive lung cancer better, study finds**
http://vitals.nbcnews.com/_news/2013/03/25/17459143-women-who-ate-more-soy-survive-lung-cancer-better-study-finds?lite
Source: *Journal of Clinical Oncology*
http://jco.ascopubs.org/content/early/2013/03/21/JCO.2012.43.0942.abstract

**'Frustrating' zinc shortage endangers tiniest babies, doctors say**
http://vitals.nbcnews.com/_news/2013/03/26/17431799-frustrating-zinc-shortage-endangers-tiniest-babies-doctors-say?lite
Source: CDC
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6207a5.htm

**Eating made her sick, but it took doctors years to figure out why**
http://www.washingtonpost.com/national/health-science/eating-made-her-sick-but-it-took-doctors-

years-to-figure-out-why/2013/03/25/896ca080-7c42-11e2-82e8-61a46c2cde3d_story.html

**Anal cancer may be on the rise in the U.S**
http://www.reuters.com/article/2013/03/22/us-anal-cancer-idUSBRE92L16820130322
Source: *Journal of Clinical Oncology*
http://jco.ascopubs.org/content/early/2013/03/18/JCO.2012.45.2524.abstract?sid=ee445dc2-81ba-4082-813c-fd66b8f04f21

**Heart Failure: Is There a Breath Test?**
http://www.medpagetoday.com/CriticalCare/CHF/38076
Source: *Journal of the American College of Cardiology*
http://content.onlinejacc.org/article.aspx?articleid=1671100

**Well-crafted programs: Companies may start offering greater incentives for employee participation**
http://www.bizjournals.com/phoenix/blog/health-care-daily/2013/03/well-crafted-programs-companies-may.html?page=all

**Hypercleanliness may be making us sick**
http://www.washingtonpost.com/national/health-science/hypercleanliness-may-be-making-us-sick/2013/03/25/9e6d4764-84e9-11e2-999e-5f8e0410cb9d_story.html

**Genetic modification strains old food and drug laws**
http://www.latimes.com/news/science/la-sci-gmo-regulations-20130324,0,7244741.story
Related Resource: Practice Paper: Promoting Ecological Sustainability within the Food System
http://www.eatright.org/Members/content.aspx?id=6442475081

**US sales of heart friendly foods and beverages have grown 22 percent since 2007**
http://www.foodnavigator-usa.com/Market/US-sales-of-heart-friendly-foods-and-beverages-have-grown-22-since-2007-says-Euromonitor-International

**Exploring marvels of the mouth**
http://www.bendbulletin.com/article/20130326/NEWS0107/303260367/

**Can you still eat that, or should you throw it out?**
http://todayhealth.today.com/_news/2013/03/24/17420450-can-you-still-eat-that-or-should-you-throw-it-out?lite
Related Resource: Home Food Safety
www.homefoodsafety.org

**MedlinePlus: Latest Health News**
-Fit Kids May Dodge Fractures in Old Age

-Temporary Tattoos May Put You at Risk
-Antibiotic Linked to Heart Problems in COPD Patients
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Prepare pantry for spring power outages**
(By Carolyn O'Neil, RD and Rachel Begun, Academy Spokesperson quoted)
http://www.ajc.com/news/lifestyles/health/prepare-pantry-for-spring-power-outages/nW38r/

**Junk food might not be addictive, after all**
(Joan Salge Blake, Academy Spokesperson quoted)
http://www.foxnews.com/health/2013/03/26/junk-food-might-not-be-addictive-after-all/

**National Nutrition Month**
(Melissa Joy Dobbins, Academy Spokesperson featured)
http://abclocal.go.com/wls/story?section=resources&id=9038082

**Beer as a post-race recovery drink?**
**(By Molly Kimball, RD)**
**http://www.nola.com/health/index.ssf/2013/03/post-exercise_recovery_drink_b.html**

**Searching for the causes of obesity**
(By Timi *Gustafson, RD)*
http://www.auburn-reporter.com/lifestyle/199914681.html

**Make Easter, Passover healthier with tweaks to traditions**
(Farzeen Sukheswalla, RD quoted)
http://www.dallasnews.com/health/columnists/nancy-churnin/20130325-make-easter-passover-healthier-with-tweaks-to-traditions.ece

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=19366
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19366-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2352. Save the Date: Board of Directors Retreat

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
**Sent Date:** Mar 26, 2013 09:28:09
**Subject:** Save the Date: Board of Directors Retreat
**Attachment:** image001.jpg
Board Calendar 2013-14 (3-20-13).doc

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An updated Board of Directors meetings calendar is attached. We have confirmed that the Board retreat will occur July 22 – July 24 in Annapolis, MD at the Annapolis Loews Hotel. The tentative schedule follows.

- Sunday, July 21 Arrive in Annapolis
- Monday, July 22 8:00 am – 3:00 pm meeting

  3:00 pm – Networking event and group dinner
- Tuesday, July 23 8:00 am – 3:00 pm meeting

3:00 pm – Networking event and group dinner

- Wednesday, July 24 8:00 am – 12:00 pm

You will need to fly into the Baltimore/Washington International Airport on Sunday, July 21 and depart on Wednesday, July 24 after 12:00 pm. The airport is located approximately 30 minutes (24 miles) from the hotel. The Executive Office staff will make your hotel reservations at the Annapolis Loews Hotel for arrival on Sunday, July 21 and departure on Wednesday, July 24. Your

hotel room will be master-billed; you will be asked to pay for incidentals.

Please feel free to make your travel arrangements.

**Booking Your Travel Online -** click on this link: **https://adatvl.axo20.com/**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) Log in to your account using the User ID and Password you created when setting up your profile.*

*3) Search for and select your flights (book "non-refundable" fares only)*

*a. You have the option of searching by "Price" or "Schedule".*
*b. Click on your preferred airline if you only want to view their fares.*

4) *When asked to "Name your trip", you are required to enter the Meeting Name –***Board Retreat**

*5) When you reach the* ***Purchase Trip*** *page, enter* **1032430** *into the* ***Approval Code*** *box in the* ***Reporting Information*** *section.*

*6) When you reach the Payment Options section, be sure to choose the "****Use a Stored Card****" option to ensure your Academy paid travel is billed correctly.*

*7) If you need assistance, call the support team at 800/238-9049, press "1" when prompted.*

Thank you!

Joan

**Joan Schwaba, MS, RDN, LDN**

***Director, Strategic Management***
**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312-899-4798

fax: 312-899-4765
jschwaba@eatright.org

www.eatright.org

2353. RE: SNS DPG recognition at PPW

**From:** Mary Pat Raimondi <mraimondi@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 25, 2013 22:51:38
**Subject:** RE: SNS DPG recognition at PPW
**Attachment:**

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It is fun to celebrate a hero....:-)

Mary Pat Raimondi, MS RD
Vice President, Strategic Policy and Partnerships
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

**Academy of Nutrition and Dietetics** (formerly American Dietetic Association)

1120 Connecticut Avenue NW
Washington, DC 20036
202-775-8277
fax: 202-775-8284
mraimondi@eatright.org
www.eatright.org

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, March 20, 2013 11:07 AM
**To:** Mary Pat Raimondi
**Subject:** Re: SNS DPG recognition at PPW

Mary Pat, I just wanted to officially say thank you for all you did for me at PPW. The award was such a surprise, and I am most humbled by it. I especially love getting it from Janey Thornton, who I admire so much. Know that I will continue to support all the wonderful things that you do for the Academy in anyway I can. PPW was absolutely amazing and fantastic! I am so glad we decided to do it even if it was "technically" a money loser for the Academy. I think the Academy more than got it's money worth by having it! Hope you have recovered!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Pat Raimondi <mraimondi@eatright.org> 2/24/2013 5:04 PM >>>
Hello!

I am excited to be able to recognize the work of SNS with yeoman's work of implementing the Healthy Hunger Free Kids Act. This well deserved recognition will be on Sunday during lunch presented by Janey Thornton. I am hoping that Donna Martin will be able to extend her stay post the BOD meeting and attend this session. I understand though how busy everyone is!

How does this look for the format

•Introduction of Dr. Thornton- Teresa Nece
•Dr. Thornton presentation to SNS DPG representative Julie Skolmowski
•CBS news clip featuring Donna Martin's program
•Recognition of Donna Martin and other SNS members and final comments by Teresa Nece

Mary Pat Raimondi, MS RD
Vice President, Strategic Policy and Partnerships
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Washington, DC 20036
202-775-8277
fax: 202-775-8284
mraimondi@eatright.org
www.eatright.org

2354. Final Report from the January 2013 Joint Leaders Meeting

**From:** Harold Holler <HHOLLER@eatright.org>

**To:** Becky Dorner (Becky@BeckyDorner.com) <Becky@BeckyDorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Garner, Margaret <MGarner@cchs.ua.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski (joe.derochowski@nielsen.com) <joe.derochowski@nielsen.com>, Linda Farr (linda.farr@me.com) <linda.farr@me.com>, Lucille Beseler (lbeseler_fnc@bellsouth.net) <lbeseler_fnc@bellsouth.net>, Marcia Kyle (bkyle@roadrunner.com) <bkyle@roadrunner.com>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill (sandralgill@comcast.net) <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Anna Murphy <amurphy@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Jeri Palmer <JPALMER@eatright.org>

**Sent Date:** Mar 25, 2013 14:40:41

**Subject:** Final Report from the January 2013 Joint Leaders Meeting

**Attachment:** image001.jpg
image002.jpg
Joint Meeting Report March 25, 2013-FINAL.pdf

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**Date:** March 25, 2013

**To:** Academy Board of Directors

Council on Future Practice

ACEND Board

Education Committee

CDR Board

House of Delegates

Dietetic Practice Groups

Member Interest Groups

Affiliate Dietetic Associations

Academy Committees

**From:** Jana Kicklighter, Chair, Council on Future Practice

**Subject:** Final Report from the January 2013 Joint Leaders Meeting: Follow-Up to the Visioning Report

The final report from Joint Leaders Meeting (ACEND, CFP, CDR, Education Committee and NDEP DPG) conducted in January 2013 can be found at www.eatright.org/futurepractice . We encourage all members to review this report. Any feedback on this report can be submitted to the Council on Future Practice electronic mailbox (futurepractice@eatright.org).

A copy of the report is attached if you chose not download it from the Academy's web site.

**Harold J. Holler, RDN, LDN**

*Vice President, Governance &Practice*

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org
www.eatright.org

2355. Daily News: Monday, March 25, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 25, 2013 10:36:58
**Subject:** Daily News: Monday, March 25, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Many moms start babies on solid foods too soon**
http://www.usatoday.com/story/news/nation/2013/03/25/infants-feeding-solids-formula/2006725/
Source: *Journal of* P*ediatrics*
http://pediatrics.aappublications.org/content/early/2013/03/18/peds.2012-2265.abstract
Related Resource: Academys Position Paper Promoting and Supporting Breastfeeding
http://www.eatright.org/About/Content.aspx?id=8377

**Each family dinner adds up to benefits for adolescents**
http://www.usatoday.com/story/news/nation/2013/03/24/family-dinner-adolescent-benefits/2010731/
Source:*Journal of Adolescent Health*
*http://www.jahonline.org/article/S1054-139X(12)00317-5/abstract*

**Celebrity endorsers may impact how much kids eat**
http://www.chicagotribune.com/health/sns-rt-us-endorsers-meatbre92l142-20130322,0,7882657.story
Source:*The Journal of Pediatrics*
http://www.jpeds.com/article/S0022-3476(13)00134-0/abstract
Related Resource: *Challenges and Opportunities for Change in Food Marketing to Children and Youth: Workshop Summary*
http://www.nap.edu/catalog.php?record_id=18274

**Mediterranean diet aims to keep heart healthy**
http://www.usatoday.com/story/news/nation/2013/03/24/mediterranean-diet-heart-health/2013417/

**Unraveling the benefits of the Mediterranean diet. The rise and rise of olive polyphenols**
http://www.foodnavigator-usa.com/Market/Unraveling-the-benefits-of-the-Mediterranean-diet-The-

rise-and-rise-of-olive-polyphenols

**Worried about artificial dyes at Easter? Make your own**
http://www.usatoday.com/story/news/nation/2013/03/23/artificial-food-dye-alternatives/1979881/

**Science Fiction Comes Alive as Researchers Grow Organs in Lab**
http://online.wsj.com/article/SB10001424127887323699704578328251335196648.html

**Sequestration will take big bite from medical research funding**
http://www.latimes.com/business/la-fi-sequester-science-20130322,0,7460844.story

**Fewer blood pressure screens may be more effective**
http://www.chicagotribune.com/health/sns-rt-us-blood-pressure-screensbre92l0zt-20130322,0,2888170.story
Source: *Annals of Family Medicine*
http://www.annfammed.org/content/11/2/116.full

**Drug shortages take heavy toll on cancer patient care**
http://www.usatoday.com/story/news/nation/2013/03/22/drug-shortages-cancer/2010721/
Source: *American Journal of Health-System Pharmacy*
http://www.ajhp.org/content/70/7/609

**MedlinePlus: Latest Health News**
-Adults worldwide eat almost double daily AHA recommended amount of sodium
-Energy drinks may increase blood pressure, disturb heart rhythm
-Millions on Verge of Diabetes Don't Know It: CDC
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Protein Power: 6 Ways to Eat Lean Steak**
(Rachel Begun, Academy Spokesperson quoted)
http://www.mensfitness.com/nutrition/what-to-eat/protein-power-6-ways-to-eat-lean-steak

**Even small amounts of alcohol may cause cancer, study finds**
(By *Timi Gustafson, RD)*
http://www.auburn-reporter.com/lifestyle/198614911.html

**Caveman Diet can boost your health**
(Sheah Rarback, RD quoted)
http://www.miamiherald.com/2013/03/24/3305024/caveman-diet-can-boost-your-health.html

**The fight against cancer begins at the kitchen table**
(Brooke Schembri, RD quoted)
http://mdjonline.com/view/full_story/22061801/article-The-fight-against-cancer-begins-at-the-kitchen-table?instance=lead_story_left_column

**Frequent Mexican restaurants? Keep fat, salt to minimum**
(ByBridget Swinney, RD)
http://www.elpasotimes.com/ci_22862707/frequent-mexican-restaurants-keep-fat-salt-minimum

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**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=19343
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19343-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2356. RE: Finance and Audit Committee Meeting on Wednesday, March 27th, 2013 at 1 p.m. CST

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Mar 22, 2013 18:24:48
**Subject:** RE: Finance and Audit Committee Meeting on Wednesday, March 27th, 2013 at 1 p.m. CST
**Attachment:** image002.jpg

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All,

The documents for our FAC conference call scheduled March 27, 2013 are loaded into the portal.

Folder name “March 27, 2013 FAC conference call”.

Please login on the portal using the link *http://ada.portalxm.com* and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2357. RE: 2014 Fiscal Year Board survey due by April 5th, 2013

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Becky@BeckyDorner.com <Becky@BeckyDorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, joe.derochowski@nielsen.com <joe.derochowski@nielsen.com>, linda.farr@me.com <linda.farr@me.com>, lbeseler_fnc@bellsouth.net <lbeseler_fnc@bellsouth.net>, bkyle@roadrunner.com <bkyle@roadrunner.com>, mgarner@cchs.ua.edu <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, sandralgill@comcast.net <sandralgill@comcast.net>, Escott-Stump, Sylvia <ESCOTTSTUMPS@ecu.edu>, nutrisha50@earthlink.net <nutrisha50@earthlink.net>
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Robert Miller <Rmiller@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Mar 22, 2013 17:50:23
**Subject:** RE: 2014 Fiscal Year Board survey due by April 5th, 2013
**Attachment:**

---

All,

One quick reminder. If you click on the link below and you have not already logged into the website, it will take you to a blank page. So, please log into the website first. Once you do so, you can click on the link below or copy it into your address bar on the browser.

Paul

**From:** Paul Mifsud
**Sent:** Friday, March 22, 2013 3:54 PM
**To:** 'Becky@BeckyDorner.com'; 'dwheller@mindspring.com'; 'Donna Martin'; 'Elise Smith '; 'Ethan A. Bergman'; 'Evelyn Crayton'; 'GlennaCAC@aol.com'; 'joe.derochowski@nielsen.com'; 'linda.farr@me.com'; lbeseler_fnc@bellsouth.net; 'bkyle@roadrunner.com'; 'mgarner@cchs.ua.edu'; peark02@outlook.com; 'Nancy Lewis'; 'sandralgill@comcast.net'; 'Escott-Stump, Sylvia'; 'nutrisha50@earthlink.net'
**Cc:** Patricia Babjak; Jeri Palmer; Joan Schwaba; Robert Miller; Linda Serwat
**Subject:** 2014 Fiscal Year Board survey due by April 5th, 2013

All,

As Mary Russell addressed at the Academy Board meeting in March, the Academy staff and the Finance and Audit Committee need the Board's assistance to finalize the Academy program of work for the 2014 Fiscal Year. Therefore, we are asking that you complete a survey containing those programs that could be modified or eliminated. This list will not include everything funded by the Academy. Programs such as Human Resources, Accounting and Finance, Occupancy, etc., are considered programs that would be difficult to prioritize. However, wherever possible, these programs will continue to be modified to help maintain and/or reduce costs.

The survey can be found in the following location; http://www.eatright.org/board/survey/

**You will need to log into the website**. If you have any problems logging into the website (or need your ID and password) please contact me or Robert Miller immediately. Since I will be out of the office next week, contacting Robert at extension 4710 might be the quickest way to resolve any problems. However, don't hesitate to call me on my cell phone at 630-750-8311 if you need too.

Your input in this process is extremely important. Due to the number of programs being reviewed (48), the Academy project survey will be broken into four independent sections with 12 programs each. This was done in order to make it easier for you to review all of the programs. Each program will have a project description and one statement. **Once you start a section, you will need to complete the entire section.** At the end of each section, you'll be sent back to the table of contents page where you can go to the next section at your convenience.

Remember, once you go back to the table of contents, you may not be finished. You need to complete all four sections. If you can't remember which section you have already completed, don't worry. The system will not let you into the section again if it has been completed. However, you must finish the section once it has begun. So, make sure you have enough time to address the twelve projects before you begin.

As I mentioned above, the survey only contains one statement per project; ***Statement: This program advances the Academy's Strategic Plan***. You will have the opportunity to choose one of the following answers

1. Disagree
2. Somewhat disagree
3. Neither agree nor disagree
4. Somewhat agree

5. Agree

When you provide your answer, you should do so based on your perspective of the Academy's needs to carry out the Strategic Plan. Since you represent the members, you can and should use your knowledge of how members might respond as well. However, your experience with the Board and the additional knowledge provided to you as a Board member should also be considered. Your Board experience should add additional insight into the program or service being evaluate that members may not be aware.

Good luck on the surveys. We need the surveys to be completed by **Friday, April 5th**. If you have any questions or concerns, please feel free to contact Robert Miller at 800-877-1600 ext. 4710. Or me at my cell phone number listed above.  Also, Robert and I will be checking e-mails.  Robert can be reached at rmiller@eatright.org and I can be reached at pmifsud@eatright.org.

2358. 2014 Fiscal Year Board survey due by April 5th, 2013

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Becky@BeckyDorner.com <Becky@BeckyDorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, joe.derochowski@nielsen.com <joe.derochowski@nielsen.com>, linda.farr@me.com <linda.farr@me.com>, lbeseler_fnc@bellsouth.net <lbeseler_fnc@bellsouth.net>, bkyle@roadrunner.com <bkyle@roadrunner.com>, mgarner@cchs.ua.edu <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, sandralgill@comcast.net <sandralgill@comcast.net>, Escott-Stump, Sylvia <ESCOTTSTUMPS@ecu.edu>, nutrisha50@earthlink.net <nutrisha50@earthlink.net>
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Robert Miller <Rmiller@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Mar 22, 2013 16:54:19
**Subject:** 2014 Fiscal Year Board survey due by April 5th, 2013
**Attachment:**

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All,

As Mary Russell addressed at the Academy Board meeting in March, the Academy staff and the Finance and Audit Committee need the Board's assistance to finalize the Academy program of work for the 2014 Fiscal Year. Therefore, we are asking that you complete a survey containing those programs that could be modified or eliminated. This list will not include everything funded by the Academy. Programs such as Human Resources, Accounting and Finance, Occupancy, etc., are considered programs that would be difficult to prioritize. However, wherever possible, these programs will continue to be modified to help maintain and/or reduce costs.

The survey can be found in the following location; http://www.eatright.org/board/survey/

**You will need to log into the website**. If you have any problems logging into the website (or need your ID and password) please contact me or Robert Miller immediately. Since I will be out of the office next week, contacting Robert at extension 4710 might be the quickest way to resolve any problems. However, don't hesitate to call me on my cell phone at 630-750-8311 if you need too.

Your input in this process is extremely important. Due to the number of programs being reviewed (48), the Academy project survey will be broken into four independent sections with 12 programs each. This was done in order to make it easier for you to review all of the programs. Each program will have a project description and one statement. **Once you start a section, you will need to complete the entire section.** At the end of each section, you'll be sent back to the table of contents page where you can go to the next section at your convenience.

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1. Disagree
2. Somewhat disagree
3. Neither agree nor disagree
4. Somewhat agree
5. Agree

When you provide your answer, you should do so based on your perspective of the Academy's needs to carry out the Strategic Plan. Since you represent the members, you can and should use your knowledge of how members might respond as well. However, your experience with the Board and the additional knowledge provided to you as a Board member should also be considered. Your Board experience should add additional insight into the program or service being evaluate that members may not be aware.

Good luck on the surveys. We need the surveys to be completed by **Friday, April 5th**. If you have any questions or concerns, please feel free to contact Robert Miller at 800-877-1600 ext. 4710. Or me at my cell phone number listed above. Also, Robert and I will be checking e-mails. Robert can be reached at rmiller@eatright.org and I can be reached at pmifsud@eatright.org.

2359. Registered Dietitian Nutritionist

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 22, 2013 16:26:49
**Subject:** Registered Dietitian Nutritionist
**Attachment:** image001.jpg
image001.jpg
RE: Registered Nutritionist.eml

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The letter dated December 6, 2010 to Susan Shapiro and the Progressive Dietitian group was included in the recent Board packet (see attachment), and responded to their request for a Registered Nutritionist credential. I sent a specific communication to them after our RDN decision, acknowledging their foresight and thanking them for their input. Please see the e-mail stream below and Susan's gracious reply. I'm hopeful this will lead the group closer to the Academy, knowing we listen to and respect their viewpoints.

Best regards,

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

**From:** Patricia Babjak
**Sent:** Friday, March 22, 2013 12:20 PM
**To:** 'Dr. Susan Shapiro'
**Subject:** Registered Dietitian Nutritionist

Susan,

Thanks again for your communication to us in 2010 which helped move this change along. In answer to your question, the RDN is a professional designation and the legally protected property of the Academy and CDR. Please let me know of any other ideas you want us to consider. I'm thrilled to see you are using the credential!

Best regards,

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

<image001.jpg>

---

**From:** drsushaprd@gmail.com [mailto:drsushaprd@gmail.com] **On Behalf Of** Dr. Susan Shapiro
**Sent:** Wednesday, March 13, 2013 7:02 PM
**To:** Patricia Babjak
**Cc:** Art Kress, RD; Jacqui Saracino; Lizzette Regueiro; 5mel5mel@gmail.com; alicia@nutritionist4you.com; karla10k@yahoo.com; giancoli_rd@yahoo.com; Anne Czeropski; jdholm@gmail.com; kickitdb23@yahoo.com; ambercrd522@yahoo.com; deborah@livitician.com; andreamegel@yahoo.com; jnakashimard@gmail.com; monicamontes@sbcglobal.net; janaloumeyer@hotmail.com; deborahnovak@earthlink.net; soniya.perl@yahoo.com; alison@newhealthconsultants.com; esther.schuster@gmail.com; eatwellla@yahoo.com; loriawalker@gmail.com; chrabaszewski@yahoo.com; kmurofushi@lagaycenter.org; skapoor@csupomona.edu; turusew@hotmail.com; tina@jobsindietetics.com; cimpara@sbcglobal.net; audrey.smith@wattshealth.org; nicole@nicolemeadow.com; Naama.X.Shachory@kp.org; ciyoung@ph.lacounty.gov; Nicola Edwards, MS RD; Edyna Banayat RD; Melissa Halas-Liang,MA RD CDE CNSD; Charmaine Jones; Juliana Smith; President; Government Relations Team; Lorri Holzberg; president@dietitian.org; pres_elect@dietitian.org; Angela Wong; communication@dietitian.org; delegate@dietitian.org; publicpolicy@dietitian.org; Bridget Elliott, MS, RD; foundation@dietitian.org; ANDPAC; ACEND; Mary Beth Whalen; Mary Pat Raimondi; Jeanne Blankenship; Paul Mifsud; House of Delegates; Rodriguez, Judy; Harold Holler; Chris Reidy
**Subject:** Re: Registered Dietitian Nutritionist

Dear Pat,

This is pretty incredible!  Thanks for the information. I do hope that this will help put the RD in the driver's seat as the expert for nutrition information and helps clarify us from "nutritionists"....will be good to see how the public reacts!  Is this in any way a legal term or is this just a title that RD's give themselves.  Am just reading this now and wated to get back to you since you were so kind to send this to me.  I will read what is in the other information.

Again great work!  And thanks fro the compliment.

Best,

Dr. Susan Shapiro

**Susan Shapiro, PhD, MS, MS, RD, FADA**
Licensed Psychologist /Registered Dietitian /Disordered Eating Specialist
*Providing Psychotherapy, Medical Nutrition Therapy &Treatment for Eating Disorders*
269 S. Beverly Drive., #812
Beverly Hills, CA 90212
*310.659.7800*

drsushap@alumni.uchicago.edu

http://Therapists.PsychologyToday.com/rms/58071

On Wed, Mar 13, 2013 at 3:07 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

Dear Susan,

Thank you very much for your letter in 2010 that prompted the Academy to begin exploring the possibility of using the “Registered Dietitian Nutritionist” (RDN) credential. I am pleased to share with you that the Academy’s Board of Directors and the Commission on Dietetic Registration have taken a historic step: Registered dietitians now have the option to use the credential “registered dietitian nutritionist (RDN).” This announcement was made today in conjunction with the celebration of Registered Dietitian Day 2013. Below is the blast email from Academy President Ethan Bergman that was distributed to all RDs informing them of this new option. The information has also been shared in this week’s Eat Right Weekly, through various Academy social media channels and in a press release. More information about the new credential is available at www.eatright.org/RDN.
We truly appreciate your dedication to the profession and your commitment to the Academy. Please do not hesitate to contact me with any questions or comments.

Sincerely,

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2360. HOD presentation with a few notes

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 22, 2013 16:25:23
**Subject:** HOD presentation with a few notes
**Attachment:** 2013 hod spring presentation final for mary 3212013 with some notes.pptx

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Mary,

Donna,

Here is the HOD presentation with a few notes.  I can add more if you like.  I try to keep it simple since you only have 15 mins.  Let me know if I should add more.

Paul

2361. Academy Membership Renewal for 2013/2014 is Under Way

**From:** Academy of Nutrition and Dietetics <membershp@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 22, 2013 14:35:07
**Subject:** Academy Membership Renewal for 2013/2014 is Under Way
**Attachment:**

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Having trouble viewing this e-mail? View it in your browser.

**Renew Your Membership**

**March 22, 2013**

Hello Donna:

Dues renewal invoices for the Academy's 2013/2014 membership year were placed in the mail this week and should be arriving soon. The deadline to renew is May 31, 2013.

**If youd like to renew now, visit your personal online invoice.**

You can also renew by:

•Calling the Academy Member Service Center at 800/877-1600, ext. 5000 (Monday through Friday, 8:00 a.m.  5:00 p.m. Central Time). International callers 312/899-0040, ext. 5000.

•Mailing your dues statement and payment to the address below. Remember to include your member ID number on all correspondence and checks:

Academy of Nutrition and Dietetics
P.O. Box 4489
Carol Stream, IL 60197-4489

Once your membership has been renewed youll receive continued access to your favorite career enhancing benefits  such as the member-only website, our dietetic practice groups (DPGs) and member interest groups (MIGs), the Evidence Analysis Library, *Food &Nutrition Magazine*, *Journal of the Academy of Nutrition and Dietetics,* and many more. To ensure you dont miss out on any of these benefits even after youve renewed, visit your  myAcademy profile profile to update your contact and professional demographic information.

Feel free to e-mail  membership@eatright.org if you have any questions.

Thank you for your commitment to the Academy and the profession of dietetics.

Sincerely,
Academy Membership Team
membership@eatright.org

This e-mail is a benefit for members of the Academy of Nutrition and Dietetics.
If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**
Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2362. RE: Finance and Audit Committee Meeting on Wednesday, March 27th, 2013 at 1 p.m. CDT

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Mar 22, 2013 13:37:08
**Subject:** RE: Finance and Audit Committee Meeting on Wednesday, March 27th, 2013 at 1 p.m. CDT
**Attachment:**

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All,

As you can see from the subject line, we have a Finance and Audit Committee meeting on Wednesday, March 27th at 1 p.m. CDT. Maria will have the information on the Portal this afternoon. In addition, you should have received the webinar invitations from Rich Newman. This month, we will focus on the January final results and the February preliminary results.

I. **January Changes**

There was a minor change in January. Expenses across the Academy, CDR, DPGs/MIGs and the Foundation were reduced $3,800, $50, $200 and $450 respectively to account for expenses that should have been recorded in February. This small change did not have a material impact on the bottom line of each organization.

## II. Investments

Our two investment portfolios continued to grow in February, increasing by approximately $436,700. This brings our combined, fiscal year to date, increase to over $4,659,800. In March, we have been performing well, even with the downturn yesterday. Through March 21st, our combined gains for the month are approximately $580,000. Hopefully, we can hold or grow these gains over the remainder of the month. Today is looking good early.

## III. Academy February Financials (A10)

February, overall, was not a great month for the Academy. Expenses continued the trend, under running the budget by $7,042. However, expenses reflected a shortfall of $72,080. The net result was an operating deficit of $234,277 which was $65,038 higher (worse) than the budget. Adding into the equation the investments returns, which exceeded the budget by over $52,053, narrowed the shortfall overall to $12,985.

Taking a look at the year to date numbers, the Academy currently has an operating deficit of $130,549. This is $143,870 lower (worse) than the budget. The operating gap has grown in February. As you can see, the Academy does not have an expense problem. Year to date, expenses are $766,456 below budget. Our issue is on the revenue side. Revenue is short by over $910,000 for the fiscal year.

The great news, in addition to the lower expenses, is the investment income. Through February, investments have provided $1,765,167 in income. This is $780,792 higher than the budget. This drives the Academy's net income to $1,634,618. Overall, this is $636,922 higher than the budget. So, it is always good to have a positive bottom line. In our case, this is over $1.6M.

The following is breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area **under budget** by $35,685 in February and is now **under budget** by $251,451 for the year. We continue to experience the phenomena of growing members, but, not meeting the revenue targets. This is due to the mix of people taking the Career Dues Starter revenue options.

b. **Programs and Meetings** - This area is **over budget** by $7,302 in February and is **under budget** by $870,331 for the year. The over-run for February is all due to higher professional development.

c. **Publications** - This area is **under budget** by $28,294 in February and **over budget** by $88,830 for the year. The under-run for February is primarily due Research publications (down $32.2K) and List Rental (down $11.0K). This is offset by Traditional publications (up $3.0K) and Marketing sales (up $9.0K).

d. **Subscriptions** - This area was **over budget** by $2,482 in February and is **over budget** by $135,957 for the year. The over-run for February is primarily due to NCM and related products.

e. **Advertising** – This area is **under budget by $21,750** for February and is under budget by $46,270 for the year. This is all due to lower Food and Nutrition Magazine advertising.

f. **All grants -** This area was **under budget** by $3,413 in February and is **over budget** by $8,650 for the year. The February under-run is primarily due to Research (down $15.0K) and Carry the Flame project (down $2.6K). This is offset by higher ConAgra Home Food Safety Grants (up $15.0K) .

g. **Sponsorships** – This area is **over budget by $2,394** for February and is **over budget by $34,652** for the year. This is higher in February due to the success of the Sponsorship program.

h. **Other** – This area was **over budget** by $4,984 in February and is **under budget** by $10,364 for the year. The over-run in February is primarily due to higher revenues for our member benefit program (up $7.0K), higher misc. revenues (up $5.0K) offset by lower licensing fees (down $7.0K).

B. Expenses

a. **Personnel** – This area is **over budget** by $136 for February and **under budget** by $2,478 for the year. The over-run in February is due to higher salaries and wages.

b. **Publications** – This area is **under budget** by $318 for February and **over budget** by $24,192 for the year. This is close to budget with no significant variances.

c. **Travel** – This area was over **budget** by $11,007 for February and **under budget** by $127,585 for the year. The over-run in February is primarily driven by an accounting reclassification for the Washington office (up $8.2K) and higher costs for Marketing (up $2.8K).

d. **Professional Fees** - This area was **under budget** by $148,144 for February and is **under budget** by $469,289 for the year. The under-run in February is being driven by lower Research (down $89.0K), lower Marketing (down $35.0K), lower Governance down $10.6K), lower Membership (down $6.2K), lower Traditional Publications (down $3.4K) and all other (down $3.9K). The Research under-run is being driven by lower costs for the Registry that is being funded by CDR. Marketing is lower due to the timing of expenses for Brand Research.

e. **Postage and Mailing Service** – This area is **over budget** by $12,198 in February and **under budget** by $43,337 for the year. This over-run in February is primarily due to higher costs of postage for publications.

f. **Office Supplies and Equipment** – This area is **over budget** by $1,684 in February and **over budget** by $11,054 for the year. The over-run in February is primarily due to the print shop solution (up $2.4K) offset by under-runs across all other areas (down $0.7K).

g. **Rent and utilities** - This area is **over budget by $5,257** in February and **over budget by $8,703** for the year. The over-run in February is due to higher heating costs stemming from a weekend meeting.

h. **Telephone and communications** – This is **over budget** by $1,972 in February and **over budget** by $20,475 for the year. The over-run for February is due to higher Washington and Chicago basic phone costs.

i. **Commissions** – This area is **under budget** by $4,350 in February and **under budget by $11,132** for the year. This is all due to lower advertising for the Food and Nutrition Magazine.

j. **Computer Expenses** – This area is **under budget** by $500 for February and **over budget** by $2,413 for the year. The under-run in February is due to lower IT maintenance costs (up $1.7K).

k. **Advertising and Promotion** – This area is **under budget** by $52 for February and **under budget** by $12,073 for the year. Nothing material driving the under-run.

l. **Insurance** – This area is on target for February.

m. **Depreciation** – This area is **over budget** by $2,000 for February and **over budget** by $3,000 for the year. This is due to anticipated higher capital for the web**.**

n. **Bank and trust fees** – This area is **over budget** by $12,566 for February and **over budget** by $4,534 for the year. The over-run in February is primarily due to additional credit card fees.

o. **Other** – This area is **under budget** by $5,204 for February and **under budget** $58,783 for the year. The under-run in February is primarily due to lower Governance (down $6.2K) offset by expenses across all other (up $1.0K).

p. **Expense allocation** – This area is **under budget** by $107,655 for the month of February because the Registry project supported by CDR under ran its budget. The result is the charge back to CDR was lower this month.

q. **Meeting services** – This area is **over budget** by $769 for February and is **under budget** for the year by $217,145. The over-run in February is being driven by the ACEND/CDR/Academy joint meeting (over by $17.0K) offset by the accounting change for the Washington office addressed in travel (down $8.2K), lower other Governance programs (down $7.0K), and lower across all other programs (down $1.2K).

r. **Legal and Audit** – This area is **under budget** by $5,085 for February and **over budget** by $9,146 for the year. The under-run in February is all due to lower legal fees.

s. **Printing** – This area is **over budget** by $1,365 in February and is **under budget** by $46,622 for the year. The over-run in February is primarily due to Member Services (up $1.9K) offset by lower across all other (down $0.5K).

In summary, the Academy did not meet its operating targets for February. However, this is primarily due to revenue shortfalls. Expenses are in check. Adding into the equation the investment returns makes the final result better. However, the Academy still fell short of the Net Income expectations by nearly $13K. We will continue to look for expense opportunities to help offset the revenue shortfall.

## IV. Foundation February results (A8 and A9)

The Foundation, overall, had a very good month in February. However, revenues were lower by $210,942. This is due to three areas; Grants and Donations (down $134,500), Sponsorships (down $62,500) and Member Contributions (down $50,192). The Grants and Donations under-run is due to the timing of an EB4K money. We received the $134,500 in January. The Sponsorships

are down because of the decision to not move forward with the Summit. Member Contribution under-runs extend the trends we have seen this year. It is difficult to determine when Member Contributions will materialize.

Expenses were a strong part of the success, under-running the budget by $380,358. Most of the under-run on expense can be attributed to the timing of Scholarships and Awards (down $378,450). There are other pluses and minuses most of which are timing issues associated with the EB4K program or reductions from not moving forward on the Summit.

Overall, the Foundation had an operating deficit of $120,146in February. This was $169,416 lower (better) than the budgeted operating deficit. Investment returns of $154,551 in February were better than budget. The bottom line for the month is the Foundation had a surplus of $34,406. Any month you can have a surplus is a good month.

On a year to date basis, the most important numbers for the Foundation are Net Income ($1,906,677) and Net Assets of over $20.3M. The Net Income is now $837,925 better than the budget. The Foundation is in very good financial shape.

## V. CDR February results (A11)

CDR had a very good, but mixed, month in January. Revenues were under budget by $49,984 while expenses were under budget by $156,668. CDR ended the month with a surplus of $9,735. Adding in the investment income resulted in CDR generating over $75K in Net Income. Looking at the year to date numbers, CDR continues to exceed expectations. Even though CDR continues to have an operating deficit, it is now nearly $1.1M better than the budget. Once you factor in the investment returns, CDR's has a deficit of $96,215. This is great considering the budgeted deficit was $1,871,350. CDR is nearly $1.8M better than the budget overall.

## VI. DPGS/MIGs February results (A12 and A16)

The combined DPGs/MIGs overall had another very good month in February. Revenues were up by $53,087 while expenses were lower by $93,332. Overall the DPGs/MIGs are reflecting a positive Operating Income in February of $114,938 which is $146,419 better than the budget. Year to date, the DPGS/MIGs have a combined Operating Income of $393,280. This is well above the budget. After factoring in the investment returns, you can see that the DPGS/MIGS have a Net income of over $940,000. Again, this is well above the budget. All of the DPGS/MIGs have strong reserves with only one on the "watch" list with 75% in reserve.

## VII. ACEND February results (A13)

ACEND did not have a good month in February even though it reflected a surplus of $21,884. Revenues were over budget by $4,659, while expenses were $23,284 over budget. The expense over-run appears to be timing issue associated with site visit travel. Through February, ACEND has an operating deficit of $2,701. This is over $108,000 better than their budget. So, this business is doing great.

## VIII. ANDPAC February results (A14)

ANDPAC had a great month in February. Revenues were over budget by $7,399 while expenses were $10,163 below budget. The PAC had an operating surplus of over $6.3K. The surplus added to the PACs reserves which now stand at over $246,000.

## IX. Summary

In summary, it was not a bad month, but it was not a great month either. We are now 3/4ths of the way through the year and even though the Academy is under performing operationally, overall, after investment income, the organization is doing well. Investment reserves slipped a little in February (down to 72.7%). However, this is due to the DPGS/MIGs and CDR performing well. As you may recall, the profits and losses are automatically put into reserve for these groups. We don't send cash to the broker. We make the changes from an accounting standpoint (on paper). So, this will increase or decrease the percentage that is the Academys'. If I am not doing a good job explaining it, let me know and we can discuss it further.

You will receive a notification from Maria later today letting you know the information is on the portal. If you have any problems getting the information from the portal, please let me, Linda, Maria or Christian know. We will handle it right away. Also, if you have a conflict with our meeting on Wednesday and have not informed us, please do so. Finally, if you have any questions or concerns about any of the information above or anything put onto the portal, please feel free to call me at 800-877-1600 ext. 4730., or send me an e-mail.

Paul Mifsud

2363. Information for May 2013 Childhood and Adolescent Weight Management Programs

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 22, 2013 11:23:52
**Subject:** Information for May 2013 Childhood and Adolescent Weight Management Programs
**Attachment:** Childhood Program May 21-23 2013 Agenda.pdf
Donna Martin.pdf

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Attached is your contract for the May 21-23, 2013 Certificate of Training in Childhood and Adolescent Weight Management program. Please sign and return the contract to me by fax (312/899-4772) or e-mail by April 8, 2013. I also attached a tentative agenda.

You can make your flight arrangements to Little Rock through the Academy's travel service, American Express Travel. You may contact the Travel Desk at 800/238-9049 or www.eatright.org/traveldesk to book your flight. You will need to create an account to use the system. The system will require you to enter a security code and a 7 character GL code to finalize your ticket. The security code is 193412 and the GL Code is 1041790. Please forward me a copy of your Little Rock itinerary once your flight has been finalized so I can make sure that you have proper hotel accommodations.

**Programs Location:**

The Peabody Little Rock Hotel

3 Statehouse Plaza

Little Rock, Arkansas, 72201.

**If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files.**

1. Go to http://www.cdr.groupxm.com
2. To login choose the "Login" option on the upper right-hand side of the page.

1. Sign-in using your e-mail address and the password - welcome
2. On the purple banner, hover over the “Portal” option on the right-hand side and choose the “Library” option from the drop-down menu.
3. Click on the “May 2013 Childhood Faculty PowerPoint Files and Handouts” link located to the left.
4. Click on the “Upload Multiple Files” link located in the gray menu bar.
5. Scroll down to the bottom of the grey area and click on “add files” bar (lower left side)
6. Browse for your file.
7. Click open.
8. To add another file choose “Add Files” button again to add another file to the list.
9. When you have all the files listed you would like to add click on the “Start Upload” bar (lower left side). When upload had finished press “Continue.”
10. Don’t pay attention to the list of folder. Just stroll down to the bottom of the page and click on “Complete Upload” bar.
11. When you are done, please logout (upper right hand corner).

The due date for your PowerPoint presentation and handouts is **Friday, May 10, 2013.**

Thank you.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

2364. Daily News & Journal Review: Friday, March 22, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 22, 2013 10:34:06
**Subject:** Daily News & Journal Review: Friday, March 22, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.
**March is National Nutrition Month®! Eat Right, Your Way, Every Day.**
**Visit www.eatright.org/nnm for new NNM catalog, toolkit, handouts, games and recipes.**

**1 in 10 U.S. Deaths Blamed on Salt**
(Presented at the AHA meeting in New Orleans)
http://abcnews.go.com/blogs/health/2013/03/21/1-in-10-u-s-deaths-blamed-on-salt/
Source: AHA
http://newsroom.heart.org/news/eating-too-much-salt-led-to-nearly-2-3-million-heart-related-deaths-worldwide-in-2010

**Toddler meals swimming in salt**
(Presented at the AHA meeting in New Orleans)
http://thechart.blogs.cnn.com/2013/03/21/meals-and-snacks-for-toddlers-heavy-in-sodium/?hpt=he_c2
Source: AHA
http://newsroom.heart.org/news/most-pre-packaged-meals-snacks-for-toddlers-contain-too-much-salt

**Restaurants offered the most sodium-dense foods in 2005-08**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=36247&ref=collection

**90 percent of people with prediabetes don't know it**
http://www.foxnews.com/health/2013/03/22/0-percent-people-with-prediabetes-dont-know-it/
Source: *Morbidity and Mortality Weekly Report*
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6211a4.htm?s_cid=mm6211a4_w

**Adding traffic light symbols as well as calories to menus is a more effective way to get diners to cut calories**
http://www.foodnavigator-usa.com/Science/Adding-traffic-light-symbols-as-well-as-calories-to-menus-is-a-more-effective-way-to-get-diners-to-cut-calories
Source: *International Journal of Behavioral Nutrition and Physical Activity*
http://www.ijbnpa.org/content/10/1/21

**Scientists Developing Hypo-Allergenic Apples**
http://abcnews.go.com/Health/scientists-developing-hypo-allergenic-apples/story?id=18782570

**As "telehealth" grows, experts question cost benefits**
http://www.chicagotribune.com/health/sns-rt-us-telehealth-costbre92k1fj-20130321,0,6651360.story
Source: *British Medical Journal*
http://www.bmj.com/content/346/bmj.f1035

**Dr. Oz insomnia remedy results in third-degree burns, viewer says**
http://www.latimes.com/health/boostershots/la-heb-dr-oz-insomnia-remedy-burns-lawsuit-20130321,0,3216764.story
**FDA seeks to damp criticism over mobile health app proposals**
http://www.chicagotribune.com/health/sns-rt-us-fda-mobileappsbre92k0zs-20130321,0,3229696.story

**MedlinePlus: Latest Health News**
-NIH study shows people with serious mental illnesses can lose weight
-Norovirus is now the leading cause of severe gastroenteritis in US children
-Study: Antidepressant Use in Pregnancy May Not Affect Baby's Growth
-Man Dies After Parasitic Worms Invade Lungs
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Tackle Kitchen Spring Cleaning And Reduce Your Risk Of Food Poisoning With Tips From HomeFoodSafety.org**
(Karen Ansel, Academy Spokesperson quoted)
http://www.heraldonline.com/2013/03/21/4711964/tackle-kitchen-spring-cleaning.html#storylink=cpy

**Foods shouldn't be considered 'good' or 'bad'**
(Jim White, Academy spokesperson and Brian Miller, RD quoted)
http://www.reporterherald.com/lifestyles/health/ci_22842094/foods-shouldnt-be-considered-good-or-bad

Related Resource: Academys Position Paper- Total Diet Approach to Healthy Eating
http://www.eatright.org/About/Content.aspx?id=8356

**Plant-Based Mediterranean Diet Can Be Much Easier On The Wallet, Study Claims**
(Mary Flynn, RD quoted)
http://www.redorbit.com/news/health/1112807434/mediterranean-plant-diet-help-wallet-032013/
Source: *Journal of Hunger &Environmental Nutrition*
http://www.tandfonline.com/doi/full/10.1080/19320248.2012.758066

**Meriden schools get nutrition rating grant**
(Susan Maffe, RD quoted)
http://www.myrecordjournal.com/meriden/article_cda82868-910b-11e2-bb41-001a4bcf887a.html

**Dietitian Cautions Against Super-Sizing Meals**
(Diana Romano, RD quoted)
http://newsok.com/dietitian-cautions-against-super-sizing-meals/article/3767400

**Ready-to-Eat Foods for Toddlers Often Too Salty: Study**
(Julia Zumpano, RD quoted)
http://health.usnews.com/health-news/news/articles/2013/03/21/ready-to-eat-foods-for-toddlers-often-too-salty-study

**Your new dietitian: The grocery store**
(Jamie Stolarz, RD quoted)
http://www.myfoxtampabay.com/story/21753572/2013/03/21/your-new-dietician-the-grocery-store

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Dietary practices of ballet, jazz, and modern dancers.)
http://tinyurl.com/article-order

***American Journal of Clinical Nutrition*, April 2013**
http://ajcn.nutrition.org/content/current
Lifestyle intervention reduces body weight and improves cardiometabolic risk factors in worksites
http://ajcn.nutrition.org/content/97/4/667.abstract
Beneficial effects of a higher-protein breakfast on the appetitive, hormonal, and neural signals controlling energy intake regulation in overweight/obese, breakfast-skipping, late-adolescent girls
http://ajcn.nutrition.org/content/97/4/677.abstract

Intestinal absorption rate in children after small intestinal transplantation
http://ajcn.nutrition.org/content/97/4/743.abstract
Indirect calorimetry in humans: a postcalorimetric evaluation procedure for correction of metabolic monitor variability
http://ajcn.nutrition.org/content/97/4/763.abstract
Strong associations of 25-hydroxyvitamin D concentrations with all-cause, cardiovascular, cancer, and respiratory disease mortality in a large cohort study
http://ajcn.nutrition.org/content/97/4/782.abstract
DHA supplementation and pregnancy outcomes
http://ajcn.nutrition.org/content/97/4/808.abstract
Early parenteral nutrition and growth outcomes in preterm infants: a systematic review and meta-analysis
http://ajcn.nutrition.org/content/97/4/816.abstract
Trends in energy intake among adults in the United States: findings from NHANES
http://ajcn.nutrition.org/content/97/4/848.abstract
Price discounts significantly enhance fruit and vegetable purchases when combined with nutrition education: a randomized controlled supermarket trial\
http://ajcn.nutrition.org/content/97/4/886.abstract

***Annals of Internal Medicine,*****March 19, 2013**
http://annals.org/issue.aspx?journalid=90&IssueID=926560
The Epidemiology, Diagnosis, and Management of Aristolochic Acid Nephropathy: A Narrative Review
http://annals.org/article.aspx?articleid=1667269

***Diabetes Care*****, April 2013**
http://care.diabetesjournals.org/content/current
Dietary Fat Acutely Increases Glucose Concentrations and Insulin Requirements in Patients With Type 1 Diabetes
http://care.diabetesjournals.org/content/36/4/810.abstract
*myo*-Inositol Supplementation and Onset of Gestational Diabetes Mellitus in Pregnant Women With a Family History of Type 2 Diabetes
http://care.diabetesjournals.org/content/36/4/854.abstract
Timing and Duration of Obesity in Relation to Diabetes
http://care.diabetesjournals.org/content/36/4/865.abstract
Age at Menopause, Reproductive Life Span, and Type 2 Diabetes Risk
http://care.diabetesjournals.org/content/36/4/1012.abstract
Economic Costs of Diabetes in the U.S. in 2012
http://care.diabetesjournals.org/content/36/4/1033.abstract

***Environmental Nutrition*****, April 2013**
http://www.environmentalnutrition.com/

(scroll down to abstracts)
-WheatFriend or Foe?
-The Top-Rated Diet of the Year: DASH Diet
-No Cancer Risk from Folic Acid
-Whole Food Supplements; Fiddlehead Ferns
-Vitamin E-rich Foods Fight Aging
-Limiting Certain Carbs May Help IBS

***Food Technology Magazine*, March 2013**
http://www.ift.org/food-technology/past-issues/2013/march.aspx
EU Obesity Research Explores Food-Gut-Brain Mechanisms
http://www.ift.org/food-technology/past-issues/2013/march/features/obesity.aspx
The Changing Face of Natural Foods
http://www.ift.org/food-technology/past-issues/2013/march/features/the-changing-face-of-natural-foods.aspx
Antimicrobial Resistance and Food Animals
http://www.ift.org/food-technology/past-issues/2013/march/features/antimicrobial.aspx
Waste Not, Want Not
http://www.ift.org/food-technology/past-issues/2013/march/columns/global-insights.aspx
The Potential of Polyphenols
http://www.ift.org/food-technology/past-issues/2013/march/columns/nutraceuticals.aspx

***Journal of the American Medical Association*, March 20, 2013**
http://jama.jamanetwork.com/issue.aspx
Long-term Mortality After Stroke Among Adults Aged 18 to 50 Years
http://jama.jamanetwork.com/article.aspx?articleid=1669817

***Journal of the American Medical Association*, March 18, 2013 On-Line First**
http://jama.jamanetwork.com/onlineFirst.aspx
Ushering in a New Era of Open Science Through Data Sharing
The Wall Must Come Down
http://jama.jamanetwork.com/article.aspx?articleid=1668313

***Journal of the National Cancer Institute*, March 20, 2013**
http://jnci.oxfordjournals.org/content/105/6?etoc
Palliative Care Programs Still Face Obstacles in Mainstream Cancer Care
http://jnci.oxfordjournals.org/content/105/6/372.extract
Energy Balance, Polymorphisms in the mTOR Pathway, and Renal Cell Carcinoma Risk
http://jnci.oxfordjournals.org/content/105/6/424.abstract

***Lancet*, March 23, 2013**
http://www.thelancet.com/journals/lancet/issue/current

Effects of folic acid supplementation on overall and site-specific cancer incidence during the randomised trials: meta-analyses of data on 50, 000 individuals
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(12)62001-7/abstract
Taking on Big Soda
http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60695-9/fulltext

***Morbidity and Mortality Weekly Report*, March 21, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Announcements: World Water Day  March 22, 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6211a7.htm?s_cid=mm6211a7_w
World TB Day  March 24, 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6211a1.htm?s_cid=mm6211a1_w
Announcements: Diabetes Alert Day  March 26, 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6211a6.htm?s_cid=mm6211a6_w
Awareness of Prediabetes  United States, 20052010
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6211a4.htm?s_cid=mm6211a4_w

***New England Journal of Medicine*, March 21, 2013**
http://www.nejm.org/toc/nejm/medical-journal
Norovirus and Medically Attended Gastroenteritis in U.S. Children
http://www.nejm.org/doi/full/10.1056/NEJMsa1206589
Skeletal Fluorosis Due to Excessive Tea Drinking
http://www.nejm.org/doi/full/10.1056/NEJMicm1200995

***Nutrition Bulletin*, March 2013**
Special Issue: Behaviour change in relation to healthier lifestyles
http://onlinelibrary.wiley.com/doi/10.1111/nbu.2013.38.issue-1/issuetoc
From awareness to action: Can knowledge about what constitutes a healthy diet and lifestyle be translated into sustainable behaviour change?
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12001/abstract
The challenges of implementing behaviour changes that lead to sustained weight management
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12002/abstract
Implementing behaviour change for healthier lifestyles in obese children
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12006/abstract
Why we don't breastfeed our children and what we should do about it
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12008/abstract
Fam to School as a strategy to increase children's fruit and vegetable consumption in the United States: Research and recommendations
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12009/abstract

***Nutrition in Clinical Practice*, April 2013**
http://ncp.sagepub.com/content/current

Critical Reading and Critical ThinkingStudy Design and Methodology
A Personal Approach on How to Read the Clinical Literature
http://ncp.sagepub.com/content/28/2/158.abstract
PubMed Searches
Overview and Strategies for Clinicians
http://ncp.sagepub.com/content/28/2/165.abstract
Basic Statistical Concepts in Nutrition Research
http://ncp.sagepub.com/content/28/2/182.abstract
DrugVitamin D Interactions
A Systematic Review of the Literature
http://ncp.sagepub.com/content/28/2/194.abstract
Hallmarks in the History of Enteral and Parenteral Nutrition
From Antiquity to the 20th Century
http://ncp.sagepub.com/content/28/2/209.abstract
Assessing Appropriateness of Parenteral Nutrition Usage in an Acute Hospital
http://ncp.sagepub.com/content/28/2/232.abstract
Standards for Nutrition Support: Pediatric Hospitalized Patients
http://ncp.sagepub.com/content/28/2/263.extract
The Use of Complementary and Alternative Medicine for Liver Disease
Part II
http://ncp.sagepub.com/content/28/2/277.extract

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19300-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2365. RE: HOD presentation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 21, 2013 18:07:02
**Subject:** RE: HOD presentation
**Attachment:**

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Duuuuuuhhhhh (yes that is a Homer Simpson). Can't believe I missed the typos! I will blame it on Christian….oh….I forgot…I didn't give it to Christian. Oh what the heck, blame it on him anyway J. I will be working on the narrative.

P

**From:** peark02@outlook.com
**Sent:** Wednesday, March 20, 2013 8:44 PM
**To:** Paul Mifsud; DMartin@Burke.k12.ga.us
**Subject:** RE: HOD presentation

Terrific, thanks so much Paul.
I corrected a couple of typos of slides 6 (combine) and 12 (successful) for the attached update. Nothing else.
The HOD team will love this streamlined and transparent report. Kudos once again.
Mary

From: PMifsud@eatright.org
To: peark02@outlook.com; DMartin@Burke.k12.ga.us; peark02@hotmail.com
Subject: RE: HOD presentation
Date: Wed, 20 Mar 2013 18:34:47 +0000

Mary,

Donna,

I think I have all of the changes included. Please take a look and let me know. I will put together the talking points next.

Paul

**From:** peark02@outlook.com
**Sent:** Tuesday, March 19, 2013 9:24 PM
**To:** DMartin@Burke.k12.ga.us; Paul Mifsud; Treasurer ExternalSMTP
**Subject:** RE: HOD presentation

- Hello Donna and Paul-

So sorry for being MIA for 2 days. I have essentially no time to check personal email during the day and am still without a smart phone to use on the train--hope the latter will be remedied within a week or so.
I agree 100% with Donna's comments. The changes are outstanding and will be so helpful tothe understanding of HOD members and their constituents.
A few thoughts to take or leave---it's all yours after this, Donna!!!

Slide 1-I would like to use MS, RDN, LDN after my name
Slide 2-agree totally with adding titles/group affiliation of the FAC members
Slide 11- suggest changing last line to "**Know that the Academy relies on funds from many sources to meet the needs of not only our members but the entire profession. Only 38.7% of the FY 13 budget will come from dues revenue."**
Slide 12: correct spelling of successful, delete "these" at bottom, and bold expense category names if possible
Slide 13: change one of the "strong" words. Perhaps change last line to "A healthy, growing reserve balance will be used to promote the future of our profession"?
Slide 14: a little wordsmithing as below
**During FY 13, through January:**
**•Net Income for the Academy exceeded expectations**
**•Investments gained over $1.6M**
**•Revenues fell short due primarily to lower Membership Dues and lower FNCE attendance.**
**•Expenses were reduced to offset the revenue shortfall**
**Reserve levels for the Academy are nearly 74% of the 2013 FY budget**

**(sorry about the bold--I can't get it to go away ~~)**
**Paul, I have a new office number: 224-948-4985. I think our usual 10 am brief call will work fine on Monday, but if better for you we can definitely change.**
**Donna, you should get an allowance to use your I-Phone and I-Pad for volunteer work :-) Thanks so much for taking the time from your travel and speaking schedule to be on the call.**

**Mary**

Date: Tue, 19 Mar 2013 13:55:00 -0400
From: dmartin@burke.k12.ga.us
To: PMifsud@eatright.org; peark02@hotmail.com
Subject: RE: HOD presentation

Paul, I like the new slide about expenses. I just think it is important for the HOD to know that we don't only look at revenue, but also expenses as sometimes expenses are easier to control than revenue, as we have seen this year. I think we have done extremely well on expenses and wanted to give credit to the staff where credit was due. I agree with not having to put Mary's title on the second page as you did put it on the first page. I also was not making that comment so you would put my title on the second page. I am wondering though, if it would be helpful to put the titles of all the people on the committee and what part of the Academy they represent? I think it would be good for the HOD to realize how diverse the committee is and how well rounded the representation is from different parts of the Academy. I will leave that call up to Mary though, as it is still really her show. I really do think we are giving much more meaningful information though from the perspective of someone in the HOD. Thanks for all you do for us and the Academy.

Just so you both know, I will be doing the conference call next week from the Jackson, Mississippi airport. I am going to Mississippi to do a talk for the State School Nutrition Association that morning and will get to the airport in time for the conference call (I hope). I then will catch my plane at 3:30 CT. I plan on taking my Ipad and phone to participate in the call. I will email you all if anything does not work out. Hopefully it will.

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/18/2013 3:16 PM >>>
Mary,

Donna,

I took another shot and added in an expense slide. Not happy with how it is formatted, but, I will work on it. It is the new slide 12.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, March 18, 2013 9:02 AM
**To:** Paul Mifsud; Treasurer ExternalSMTP
**Subject:** Re: HOD presentation

Paul, This slide presentation is so much better than what we have been doing in the past. I think it is presented in a much clearer way that everyone can understand at a glance. I have very few suggestions. First, I would put next to Mary Russell's name Chair or Treasurer. My next suggestion is on slide 12 if you could move the dates below the columns so they line up better with the columns and are not so spread out. It took too long (at least for me) to figure out what we were looking at. Also the first two dates are wrong for the 2009 and 2010 years. Then do we have any areas of expenses that were overruns or unusual? We reported on income, but not expenses. Maybe there is not anything of interest there, but I thought I would raise the question. The only other thing that might be of interest to the HOD is if there has been any shift in the income %'s. By that I mean, has the money we get from membership dues or sponsorship changed significantly (or any other category)? I was just thinking about this because of the pressure we are getting on sponsorship dollars. Unless there is something noteworthy I would leave it alone, but I thought if we have seen any shifting in any areas we might want to note it. I am sure Mary will have more or different comments, but these are mine. Take them or leave them, but overall I really like it. Mary and I were going to talk on how we could improve the presentation at our April Committee Meeting, but I think you beat us to it. Way to go team!

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/18/2013 9:36 AM >>>
Mary,

Here is the first cut of the spring HOD presentation. I made some adjustments to what we did previously. First, I eliminated any references to the Consolidated financials. In many cases, this can become confusing. I left the slide addressing the total "Academy" structure, but, you can say in the narrative we will only be addressing the Academy directly.

I also eliminated the comparisons for last year to this year. I focused on the budget. This is an interesting year because operationally we are not meeting expectations, but, in total we are. So, I started with the "Net Income" of the business. Then I addressed briefly investment returns, revenues and expenses.

From there the deck goes to the revenues that are or are not meeting budget expectations. Finally, it closes with the investment portfolio.

I will be working on cleaning up the slides and then get for you a high level narrative. This is only 14 slides long. In the past, it may have been about 18.

I did leave and update the information on the Dues dollars and the funding. I thought these would be important to address again.

I will get to you another cut tomorrow, along with the narrative to give you the talking points. Also, keep in mind this is a draft, So, naturally, any changes you would like to see are always welcome. I like to take a cut and then refine until we feel comfortable it is good to go. I would like us to have this completed by Friday.

I will talk to you soon.

Paul

2366. RE: Welcome...

**From:** Linda Hudson <lhudson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 21, 2013 16:27:00
**Subject:** RE: Welcome...
**Attachment:**

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Thank you so much.

Linda

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, March 21, 2013 3:25 PM
**To:** Linda Hudson
**Subject:** RE: Welcome...

Linda,  Here is the corrected copy.  Thanks!

Donna S. Martin is Director of the Burke County (GA) school nutrition program, which has 4,500 students in five schools, serving breakfast and lunch, after-school snacks, and supper. Four of the schools have been acknowledged as HealthierUS School Challenge Gold winners. Martin has received honors and awards including Recognized Young Dietitian of the Year and the Outstanding Dietitian of the Year from the Georgia Dietetic Association, and the Academy Foundation's 2007 Judy Ford Stokes Award for Innovation in Administrative Dietetics. An active member of the Academy's School Nutrition Services dietetic practice group, Martin is the group's **past electronic communications chair and past newsletter chair**. She represented the Georgia Dietetic Association in the Academy's House of Delegates, is a member of the School Nutrition Association Foundation's board of directors, and served on the Georgia Department of Education's Task Force on Nutrition Standards for School Nutrition Programs.  Martin is a graduate of the University of Georgia, earned a master's degree from the University of Alabama-Birmingham, and received an Education Specialist Degree from Augusta State University.

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Linda Hudson <lhudson@eatright.org> 3/21/2013 4:12 PM >>>
Donna S. Martin is Director of the Burke County (GA) school nutrition program, which has 4,500 students in five schools, serving breakfast and lunch, after-school snacks, and supper. Four of the schools have been acknowledged as HealthierUS School Challenge Gold winners. Martin has received honors and awards including Recognized Young Dietitian of the Year and the Outstanding Dietitian of the Year from the Georgia Dietetic Association, and the Academy Foundation's 2007 Judy Ford Stokes Award for Innovation in Administrative Dietetics. An active member of the Academy's School Nutrition Services dietetic practice group, Martin is the group's electronic communications chair. She represented the Georgia Dietetic Association in the Academy's House of Delegates, is a member of the School Nutrition Association Foundation's board of directors, and served on the Georgia Department of Education's Task Force on Nutrition Standards for School Nutrition Programs. Martin is a graduate of the University of Georgia, earned a master's degree from the University of Alabama-Birmingham, and received an Education Specialist Degree from Augusta State University.

2367. RE: Welcome...

**From:** Linda Hudson <lhudson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 21, 2013 16:12:19
**Subject:** RE: Welcome...
**Attachment:**

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Thanks Donna. The bio below is what will be on the Foundation website. Please review it and forward any changes to me. Thanks again.

Linda

Donna S. Martin is Director of the Burke County (GA) school nutrition program, which has 4,500 students in five schools, serving breakfast and lunch, after-school snacks, and supper. Four of the schools have been acknowledged as HealthierUS School Challenge Gold winners. Martin has received honors and awards including Recognized Young Dietitian of the Year and the Outstanding Dietitian of the Year from the Georgia Dietetic Association, and the Academy Foundation's 2007 Judy Ford Stokes Award for Innovation in Administrative Dietetics. An active member of the Academy's School Nutrition Services dietetic practice group, Martin is the group's electronic communications chair. She represented the Georgia Dietetic Association in the Academy's House of Delegates, is a member of the School Nutrition Association Foundation's board of directors, and served on the Georgia Department of Education's Task Force on Nutrition Standards for School Nutrition Programs. Martin is a graduate of the University of Georgia, earned a master's degree from the University of Alabama–Birmingham, and received an Education Specialist Degree from Augusta State University.

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, March 21, 2013 1:36 PM
**To:** Linda Hudson
**Subject:** RE: Welcome...

Here it is. Let me know if you need anything else!

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Linda Hudson <lhudson@eatright.org> 3/21/2013 2:29 PM >>>
Hi Donna,

Attached is the Academy Foundation BOD contact list. Please note, this list will be updated with the new board members. By the way, can you send me a current picture and your contact information? Thanks.

Linda

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, March 21, 2013 1:18 PM

**To:** Linda Hudson
**Subject:** Re: Welcome...

Linda,  I am excited about being on the Foundation board.  Would you mind sending me a complete list of board members?  Thanks!

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Linda Hudson <lhudson@eatright.org> 3/11/2013 5:27 PM >>>
Hi Donna,

I'm Linda Hudson the Foundation Assistant here at the Academy Foundation.  I want to welcome you to the Foundation Board and give you the date of our upcoming Foundation meeting.

**June 18 - 19, 2013 - in person meeting in Chicago (location TBD)**

Throughout the year we have 3-4 conference calls (those dates have not been determined); I will always send the information regarding the calls in advance.  Welcome to the Foundation.

**Linda Hudson**
**Foundation Assistant**

**Academy of Nutrition and Dietetics Foundation**
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2368. 2013 Academy Spokespeople

**From:** President <President@eatright.org>
**To:** 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrisha50@earthlink.net>
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Ryan O'Malley <romalley@eatright.org>, Doris Acosta <dacosta@eatright.org>
**Sent Date:** Mar 21, 2013 15:23:44
**Subject:** 2013 Academy Spokespeople
**Attachment:**

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To the Academy’s Board of Directors:

It gives me great pleasure to announce to you the names of nine registered dietitians who will serve three-year terms as Academy of Nutrition and Dietetics media Spokespeople from June 1, 2013, through May 31, 2016.

Four Spokespeople are new to the program, and five have been reappointed. Each was invited to join following an extensive review of applications. Please keep the names of the Academy’s new Spokespeople confidential until they are officially announced in May.

Our Spokesperson appointments for 2013 ensure that, as always, the Academy will be represented by registered dietitians who know and understand the media and are experts at conveying the Academy’s healthful-eating messages in ways consumers can understand and use in their own lives. We look forward to another fantastic year of telling the Academy’s story to the world.

Please join the Academy's Strategic Communications Team in congratulating the following Spokespeople who are returning to the program:

- **Karen Ansel, MS, RD, CDN, New York City, N.Y.**
- **Joan Salge Blake, MS, RD, LDN, Boston, Mass.**
- **Marjorie Nolan Cohn, MS, RD, CDN, ACSM-HFS, New York City, N.Y.**
- **Sarah Krieger, MPH, RD, LD, Tampa, Fla.**
- **Heather Mangieri, MS, RD, CSSD, LDN, Pittsburgh, Pa.**

Please also welcome the five RDs who are new to the Spokesperson program this year:

- **Sonya Angelone, MS, RD, CLT, San Francisco, Calif.** A registered dietitian for 25 years, Sonya is a private-practice nutrition consultant. Her areas of expertise include cardiovascular nutrition, eating disorders, food sensitivities, insulin resistance, metabolic syndrome and sports nutrition.

- **Kim Larson, RD, CD, CSSD, Seattle, Wash.** An RD for 31 years, Kim is the founder of Total Health, a corporate wellness consulting company, and the former team dietitian for the Seattle Mariners. Her areas of expertise include cardiovascular nutrition, corporate wellness, nutrition policy and advocacy, research, sports nutrition and women's health.

- **Elizabeth Mills, MS, RD, LDN, Philadelphia, Pa.** A registered dietitian for 16 years, Elizabeth is a culinary and nutrition consultant and an adjunct professor at Neumann University. Her areas of expertise include restaurants and culinary, and food safety.

- **Kelly Pritchett, PhD, RD, CSSD, Nutrition Science Research Specialist**, Ellensburg, Wash. An RD for six years, Kelly is an associate professor and sports dietitian at Central Washington University. Her areas of expertise include eating disorders, research/epidemiology and sports nutrition.

Finally, we offer our thanks to three distinguished Academy members who will complete their service as Spokespeople at the end of May:

- **Jeannie Gazzaniga-Moloo, PhD, RD, Sacramento, Calif.**
- **Christine Gerbstadt, MD, MPH, RD, LDN, CSSD, CDE, Sarasota, Fla.**
- **Dee Sandquist, MS, RD, LD, CDE, Fairfield, Iowa**

Jeannie, Christine and Dee made invaluable contributions to the Spokesperson program and the Academy; our program is stronger than ever, due in large part to their service.

Thank you very much!

Best regards,

Ethan A. Bergman, PhD, RDN, CD, FADA

2369. RE: Welcome...

**From:** Linda Hudson <lhudson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 21, 2013 14:29:02
**Subject:** RE: Welcome...
**Attachment:** 12-13 Foundation Board of Directors.pdf

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Hi Donna,

Attached is the Academy Foundation BOD contact list. Please note, this list will be updated with the new board members. By the way, can you send me a current picture and your contact information? Thanks.

Linda

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, March 21, 2013 1:18 PM
**To:** Linda Hudson
**Subject:** Re: Welcome...

Linda, I am excited about being on the Foundation board. Would you mind sending me a complete list of board members? Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Linda Hudson <lhudson@eatright.org> 3/11/2013 5:27 PM >>>
Hi Donna,

I'm Linda Hudson the Foundation Assistant here at the Academy Foundation. I want to welcome you to the Foundation Board and give you the date of our upcoming Foundation meeting.

**June 18 - 19, 2013 - in person meeting in Chicago (location TBD)**

Throughout the year we have 3-4 conference calls (those dates have not been determined); I will always send the information regarding the calls in advance. Welcome to the Foundation.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2370. Academy of Nutrition and Dietetics Board Assessment 2013

**From:** JSchwaba@eatright.org <assessments@boardsource.org>
**To:** dmartin@burke.K12.ga.us
**Sent Date:** Mar 21, 2013 12:16:01
**Subject:** Academy of Nutrition and Dietetics Board Assessment 2013
**Attachment:**

---

Dear Donna,

A board self-assessment is being conducted to evaluate performance as a governing body and help identify strengths as well as areas for improvement for governance practices.

Please complete the questionnaire by **04/11/2013** in order to meet the goal of 100% participation. Information from all participants will be combined to produce a summary report. Your answers will be confidential and reported as an average of all responses. Open-ended answers will be included in the summary report in random order exactly as they were entered in the survey.

Thank you for participating.

**TO BEGIN THE SURVEY:** Click here to LOG IN

**ALTERNATE LOGIN**: Copy the link below into your browser and enter your username and password. Please cut and paste this information to minimize errors. The username and password are case sensitive.

http://boardsource2.enetrix.com
Username: dmartin18597
Password: WE69we60

The survey does not need to be completed in one sitting. If you wish to exit the survey and return to complete it later, simply click the SAVE AND COMPLETE LATER button at the bottom of the page. Prior to the deadline, you will be able to log in and resume the survey from where you left off.

If you have any questions about the assessment, please contact me at jschwaba@eatright.org. If you have technical issues or need assistance completing your survey please contact eproducts@boardsource.org.

Thank you!

2371. Daily News: Thursday, March 21, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 21, 2013 10:03:32
**Subject:** Daily News: Thursday, March 21, 2013
**Attachment:**

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**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
Please note that some publications may require registration or a subscription to access online content.

**Patients should decide what the end of life is like, study says**
http://www.latimes.com/health/boostershots/la-heb-end-of-life-20130320,0,4708259.story
Source: *JAMA Surgery*
http://archsurg.jamanetwork.com/article.aspx?articleid=1670370

**Too much tea causes unusual bone disease**
http://vitals.nbcnews.com/_news/2013/03/20/17390892-too-much-tea-causes-unusual-bone-disease?lite
Source: *New England Journal of Medicine*
http://www.nejm.org/doi/full/10.1056/NEJMicm1200995

**Gene Therapy Spurs Leukemia Hope**
http://online.wsj.com/article/SB10001424127887324373204578372522311665466.html
Source: *Science Translational Medicine*
http://stm.sciencemag.org/content/5/177/177ra38

**People Who Taste Too Much**

http://online.wsj.com/article/SB10001424127887324392804578362833147151480.html?KEYWORDS=dietitian

**Habits, not hospitals, affect counties' health rankings**
http://www.usatoday.com/story/news/nation/2013/03/20/nations-healthiest-and-least-healthy-counties/1997785/

**Whole Foods, others to shun genetically modified seafood**
http://www.chicagotribune.com/business/breaking/chi-whole-foods-others-to-shun-genetically-

modified-seafood-20130320,0,4065588.story

**Rebates motivate shoppers to buy produce, whole grains, study says**
http://www.latimes.com/health/boostershots/la-heb-rebates-motivate-shoppers-to-buy-produce-whole-grains-20130319,0,7589407.story
Source: *American Journal of Preventive Medicine*
http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3433851/

**Energy drinks switch from 'supplement' to 'beverage': Are they safer?**
http://www.foxnews.com/health/2013/03/20/energy-drinks-switch-from-upplement-to-beverage-are-safer/

**How to break through 4 tough diet barriers**
http://www.today.com/id/3041426/vp/51256813/

**CFSAN Reorganizes Foods Sections of FDA Website to Improve Usability**
http://www.fda.gov/Food/NewsEvents/ucm1236341.htm

**MedlinePlus: Latest Health News**
High-Dose Statins Linked to Acute Kidney Damage
Anxiety, depression identify heart disease patients at increased risk of dying
Hormone Pills in Menopause May Carry Gallstone Side Effects
Vitamin D Levels in Pregnancy May Not Affect Kids' Future Bone Health
Consumers View Foods With Green Labeling as Healthier: Study
Experts Question Use of Ankle Blood Pressure to Gauge Heart Risks
http://www.nlm.nih.gov/medlineplus/healthnews.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Effect of Diet Composition on Weight Change and Metabolic Parameters**
http://clinicaltrials.gov/ct2/show/NCT01642849?term=diet&rank=10

**Registered Dietitians in the News**

**Hy-Vee Dietitian: Tea Time**
(By Judy Fitzgibbons, RD)
http://www.kcrg.com/news/health/Hy-Vee-Dietitian-Tea-Time-198974541.html

**What you need to know about exercise, nutrition and diabetes**
(By Jennifer Dunavan , RD)
http://fremonttribune.com/print_specific/ragged_right/what-you-need-to-know-about-exercise-nutrition-and-diabetes/article_8e20df8a-9177-5315-81b2-737f351a6279.html

**Switch to skim milk won't prevent toddler's obesity**
(Marlo Mittler, RD quoted)
http://www.wate.com/story/21699210/switch-to-skim-milk-wont-prevent-toddlers-obesity-study

**Fighting Cancer with Food: Why Diet Matters**
(Valerie Steensen, RD quoted)
http://stjoechannel.com/fulltext?nxd_id=333882

**Green coffee bean extract**
(By Barbara Quinn, RD)
http://www.montereyherald.com/food/ci_22832108/green-coffee-bean-extract
Related Resource: Knowledge Center FAQ-What is Green Coffee Extract?
http://www.eatright.org/Members/content.aspx?id=6442474793

**Add Some Billiken Blue Foods to Your Diet**
(Amy Moore, RD quoted)
http://www.healthnewsdigest.com/news/Food_and_Nutrition_690/Add-Some-Billiken-Blue-Foods-to-Your-Diet.shtml

**Chia seeds of plenty**
(Marilyn Trownsell, RD and Jane Wilson, RD quoted)
http://www.timesdispatch.com/entertainment-life/food-dining/chia-seeds-of-plenty/article_955b178d-5bf9-5465-83eb-f9b025b19165.html

**'Yuck!' no more: Rethink your initial reaction to underloved vegetables**
(Jennifer Powers, RD quoted)
http://www.poconorecord.com/apps/pbcs.dll/article?AID=/20130320/FEATURES/303200307/-1/NEWSMAP

**Report: Cracker Barrel testing healthier menu**
(Pamela Smith, RD cited)
http://www.orlandosentinel.com/business/os-cracker-barrel-healthy-menu-20130319,0,2789422.story

**FODMAP diet gives woman direction**
(Sue Shepherd, dietitian/ Australia quoted)

http://www.toledoblade.com/Dan-Neman/2013/03/19/FODMAP-diet-gives-woman-direction.html
Related Resource: Knowledge Center FAQ- What is the FODMAP Diet?
http://www.eatright.org/Members/content.aspx?id=6442472352

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
**The Academys Position Papers are available at: www.eatright.org/positions**

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=19267
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19267-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2372. Eat Right Weekly - March 20, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 20, 2013 18:16:30
**Subject:** Eat Right Weekly - March 20, 2013
**Attachment:**

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Eat Right Weekly
March 20, 2013

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CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Download *PPW TODAY*

For the latest information on GMOs, competitive foods in schools, *Let's Move!*, the debate on hunger in Congress and more - download *PPW TODAY*.

Learn More >>
RD Medicare Providers to See Two Percent Payment Reduction

As a result of sequestration, effective with claims for dates of service on or after April 1, registered dietitians and other Medicare Part B providers paid under the Physician Fee Schedule will see a two percent reduction in payments.

Learn More >>
Menu Labeling: 'Thorny' Issue as Final Rule Stage Nears

In a recent interview, Food and Drug Administration Commissioner Margaret Hamburg announced that a final rule for menu labeling in chain restaurants may be released in the Spring. However, she stated that finalizing the rule has become a "thorny" process with many powerful interests groups seeking exemptions from having to label the calorie contents of their menu items.

Learn More >>
Ryan White Program Proves Successful

The Health Resources and Services Administration has released data showing 70 percent of patients receiving medical care funded by the Ryan White HIV and AIDS program are virally suppressed, indicating the program is successful. Due in part to the Academy's sustained advocacy in 2005-2006, medical nutrition therapy provided by registered dietitians was included as a "core medical service" within the program, which ensures that HIV and AIDS patients receiving care through Ryan White programs have access to a diet tailored to their unique medical needs.

Learn More >>

## CPE Corner

New Module on 'Leadership: Organizational Applications' Is Free for Academy Members

The Center for Professional Development introduces a new free online learning module that will demonstrate how registered dietitians have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company. "Leadership: Organizational Applications" is presented by Academy Partners and is free for Academy members.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Gluten-Free Market Webinar: April 18

Product safety in the gluten-free market; the impact of obesity on cancer survivorship; and applying the Nutrition Care Process in public health practice are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

March Book of the Month

Save 10 percent on the new *Pocket Supermarket Guide* (4th ed.), 10-pack. This updated edition guides readers through the supermarket and offers advice to make grocery shopping faster, healthier and budget-friendly.

Learn More >>
Updates to Academy's eMentoring Website

The Academy would like to thank all the enthusiastic members who have participated in the new eMentoring program. Members have given feedback on how to make the site more convenient and user-friendly; as a result, new components that will further help you find the perfect mentor or mentee.

Learn More >>

## Academy Member Updates

Academy Opens NASDAQ's Day

For the fifth consecutive year, the Academy was invited to participate in the NASDAQ trading day, opening the country's largest electronic equities exchange on Tuesday, March 19. Academy President Ethan A. Bergman, PhD, RDN, CD, FADA, was joined by members from the New York City area to ring NASDAQ's opening bell and speak about the Academy; National Nutrition Month; Registered Dietitian Day; the new RDN credential option; and the countless ways Academy members optimize the nation's health through food and nutrition.

Learn More >>
For Input: Draft Ethics Opinion

The Ethics Committee has released the draft Ethics Opinion "The Impact of Social Media on Business and Ethical Practices in Dietetics" for a 60-day comment period. Feedback will be used by the Ethics Committee to finalize this key document for the dietetics profession.

Learn More >>
Seeking Innovations in Practice and Education

The Council on Future Practice is pleased to offer the fifth Innovations in Practice and Education session at the Food and Nutrition Conference and Expo in Houston.

Learn More >>
Academy Member Receives IFMA Silver Plate

Angelo Mojica, RD, director of nutrition and services and an associate professor at the University of North Carolina Hospitals-Gillings School of Global Health, has received a 2013 International Foodservice Manufacturers Association Silver Plate award.

Learn More >>
RD Day and Contest Winner Highlighted in Times Square

A banner over New York City's Times Square on March 13 - Registered Dietitian Day - featured Academy member Carly Hill, RD, the winner of the Academy's contest to share meaningful experiences in providing health and nutrition services as an RD. More information and a photo of the banner.

National Public Health Week: April 1-7

"Public Health Is ROI: Save Lives, Save Money" is the theme for the 2013 National Public Health Week, to be held April 1 to 7.

Learn More >>

## Philanthropy, Awards and Grants

Research Grant Deadline Is April 1

The Foundation's named research funds are available annually to Academy members at all levels of practice.

Learn More >>
Ostenso Fellowship Deadline Extended to April 1

The Grace L. Ostenso Nutrition and Public Policy Fellowship is intended to allow an Academy member to participate in the Congressional Science and Engineering Fellows Program, which is coordinated by the American Association for the Advancement of Science. The fellowship participant will spend one year in Washington, D.C. working as a special assistant in a government or legislative position that would benefit from scientific and engineering input. The fellow will

receive a stipend of $75,000.

Learn More >>
Wimpfheimer-Guggenheim Fund Deadline Extended to April 1

The Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management provides for the international exchange of needed nutrition, dietetic and-or management information for the benefit of the nutritional health of the world community.

Learn More >>
Award Application Deadline Extended

The deadline has been extended to April 1 to apply for a number of Foundation Awards.

Learn More >>
Make a Tribute Gift: Honor a Mentor during National Nutrition Month

The Foundation invites members to honor a mentor while making a gift to the Foundation. Especially during National Nutrition Month, this is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession.

Learn More >>
Kids Eat Right Resources for School Cafeterias

Help school cafeterias implement simple, inexpensive, but effective strategies that result in kids eating more fruits, vegetables, low-fat and skim milk and healthy entrees.

Learn More >>
Kids Eat Right Hunger in Our Community: Second Round of Mini-Grants

To support the use of the new Kids Eat Right "Hunger in Our Community" toolkit, 28 mini-grants of $200 grants are available.

Learn More >>
Energy Balance 4 Kids with Play

RD Coaches are helping kids understand energy balance through the interactive Energy Balance 4 Kids with Play program in West Contra Costa Schools in California through an educational grant from the Healthy Weight Commitment Foundation. The project is part of a two-year research study involving premier researchers from the University of California - Berkeley. Read the program's March newsletter.

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2373. RE: HOD presentation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Treasurer ExternalSMTP <peark02@hotmail.com>
**Sent Date:** Mar 20, 2013 14:34:48
**Subject:** RE: HOD presentation
**Attachment:** 2013 hod spring presentation final for mary 3202013.pptx

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Mary,

Donna,

I think I have all of the changes included. Please take a look and let me know. I will put together the talking points next.

Paul

**From:** peark02@outlook.com
**Sent:** Tuesday, March 19, 2013 9:24 PM
**To:** DMartin@Burke.k12.ga.us; Paul Mifsud; Treasurer ExternalSMTP
**Subject:** RE: HOD presentation

- Hello Donna and Paul-

So sorry for being MIA for 2 days. I have essentially no time to check personal email during the day and am still without a smart phone to use on the train--hope the latter will be remedied within a week or so.
I agree 100% with Donna's comments. The changes are outstanding and will be so helpful tothe understanding of HOD members and their constituents.
A few thoughts to take or leave---it's all yours after this, Donna!!!

Slide 1-I would like to use MS, RDN, LDN after my name
Slide 2-agree totally with adding titles/group affiliation of the FAC members
Slide 11- suggest changing last line to "**Know that the Academy relies on funds from many sources to meet the needs of not only our members but the entire profession. Only 38.7% of the FY 13 budget will come from dues revenue."**
Slide 12: correct spelling of successful, delete "these" at bottom, and bold expense category

names if possible
Slide 13: change one of the "strong" words. Perhaps change last line to "A healthy, growing reserve balance will be used to promote the future of our profession"?
Slide 14: a little wordsmithing as below
**During FY 13, through January:**
**•Net Income for the Academy exceeded expectations**
**•Investments gained over $1.6M**
**•Revenues fell short due primarily to lower Membership Dues and lower FNCE attendance.**
**•Expenses were reduced to offset the revenue shortfall**
**Reserve levels for the Academy are nearly 74% of the 2013 FY budget**

**(sorry about the bold--I can't get it to go away ~~)**
**Paul, I have a new office number: 224-948-4985. I think our usual 10 am brief call will work fine on Monday, but if better for you we can definitely change.**
**Donna, you should get an allowance to use your I-Phone and I-Pad for volunteer work :-) Thanks so much for taking the time from your travel and speaking schedule to be on the call.**
**Mary**

Date: Tue, 19 Mar 2013 13:55:00 -0400
From: dmartin@burke.k12.ga.us
To: PMifsud@eatright.org; peark02@hotmail.com
Subject: RE: HOD presentation

Paul, I like the new slide about expenses. I just think it is important for the HOD to know that we don't only look at revenue, but also expenses as sometimes expenses are easier to control than revenue, as we have seen this year. I think we have done extremely well on expenses and wanted to give credit to the staff where credit was due. I agree with not having to put Mary's title on the second page as you did put it on the first page. I also was not making that comment so you would put my title on the second page. I am wondering though, if it would be helpful to put the titles of all the people on the committee and what part of the Academy they represent? I think it would be good for the HOD to realize how diverse the committee is and how well rounded the representation is from different parts of the Academy. I will leave that call up to Mary though, as it is still really her show. I really do think we are giving much more meaningful information though from the perspective of someone in the HOD. Thanks for all you do for us and the Academy.

Just so you both know, I will be doing the conference call next week from the Jackson, Mississippi airport. I am going to Mississippi to do a talk for the State School Nutrition Association that morning and will get to the airport in time for the conference call (I hope). I then will catch my plane at 3:30 CT. I plan on taking my Ipad and phone to participate in the call. I will email you all

if anything does not work out.  Hopefully it will.

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/18/2013 3:16 PM >>>
Mary,

Donna,

I took another shot and added in an expense slide.  Not happy with how it is formatted, but, I will work on it.  It is the new slide 12.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, March 18, 2013 9:02 AM
**To:** Paul Mifsud; Treasurer ExternalSMTP
**Subject:** Re: HOD presentation

Paul,  This slide presentation is so much better than what we have been doing in the past.  I think it is presented in a much clearer way that everyone can understand at a glance.  I have very few suggestions.  First, I would put next to Mary Russell's name Chair or Treasurer.  My next suggestion is on slide 12 if you could move the dates below the columns so they line up better with the columns and are not so spread out.  It took too long (at least for me) to figure out what we were looking at.  Also the first two dates are wrong for the 2009 and 2010 years.  Then do we

have any areas of expenses that were overruns or unusual? We reported on income, but not expenses. Maybe there is not anything of interest there, but I thought I would raise the question. The only other thing that might be of interest to the HOD is if there has been any shift in the income %'s. By that I mean, has the money we get from membership dues or sponsorship changed significantly (or any other category)? I was just thinking about this because of the pressure we are getting on sponsorship dollars. Unless there is something noteworthy I would leave it alone, but I thought if we have seen any shifting in any areas we might want to note it. I am sure Mary will have more or different comments, but these are mine. Take them or leave them, but overall I really like it. Mary and I were going to talk on how we could improve the presentation at our April Committee Meeting, but I think you beat us to it. Way to go team!

Donna S. Martin, EdS, RD, LD, SNS
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Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/18/2013 9:36 AM >>>
Mary,

Here is the first cut of the spring HOD presentation. I made some adjustments to what we did previously. First, I eliminated any references to the Consolidated financials. In many cases, this can become confusing. I left the slide addressing the total "Academy" structure, but, you can say in the narrative we will only be addressing the Academy directly.

I also eliminated the comparisons for last year to this year. I focused on the budget. This is an interesting year because operationally we are not meeting expectations, but, in total we are. So, I started with the "Net Income" of the business. Then I addressed briefly investment returns, revenues and expenses.

From there the deck goes to the revenues that are or are not meeting budget expectations. Finally, it closes with the investment portfolio.

I will be working on cleaning up the slides and then get for you a high level narrative. This is only 14 slides long. In the past, it may have been about 18.

I did leave and update the information on the Dues dollars and the funding. I thought these would be important to address again.

I will get to you another cut tomorrow, along with the narrative to give you the talking points. Also, keep in mind this is a draft, So, naturally, any changes you would like to see are always welcome. I like to take a cut and then refine until we feel comfortable it is good to go. I would like us to have this completed by Friday.

I will talk to you soon.

Paul

2374. RE: HOD Virtual Meeting

**From:** House of Delegates <HOD@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 19, 2013 17:49:28
**Subject:** RE: HOD Virtual Meeting
**Attachment:**

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We are finalizing training dates for the HOD Spring meeting. If you plan on participating in this meeting, please complete the attached Doodle Poll so we can set up your training date. Training is mandatory because we will be using a new virtual platform Webex.
Thank you.

http://doodle.com/ubmyv88bh3ffh3gt

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, March 19, 2013 2:32 PM
**To:** House of Delegates
**Subject:** HOD Virtual Meeting

Charlene, I am planning on attending the spring HOD Virtual Meeting. Please let me know how to register for the training sessions. This Friday would be a good day for me to attend the training session. Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

2375. NASDAQ

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 19, 2013 11:34:39
**Subject:** NASDAQ
**Attachment:** image001.jpg

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I hope you had a chance to see the opening bell today at NASDAQ. The link to the video is http://www.nasdaq.com/marketsite/marketsite-events-detail.aspx?fn=201303-open03192013.txt. The footage is also posted on our EatRightTV YouTube page at http://www.youtube.com/watch?v=NX_AfaoJvEY. As you can see, Ethan has perfected the royal wave. Although it was muted, we were trying to read lips as he was chatting with Anna Sakalis, Director of the NASDAQ Onx Group -- I bet he was joyously discussing the RDN credential!

Congratulations, Ethan!!

Best regards,

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2376. RE: HOD presentation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Treasurer ExternalSMTP <peark02@hotmail.com>
**Sent Date:** Mar 18, 2013 15:16:54
**Subject:** RE: HOD presentation
**Attachment:** 2013 hod spring presentation final for mary 2.pptx

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Mary,

Donna,

I took another shot and added in an expense slide. Not happy with how it is formatted, but, I will work on it. It is the new slide 12.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, March 18, 2013 9:02 AM
**To:** Paul Mifsud; Treasurer ExternalSMTP
**Subject:** Re: HOD presentation

Paul, This slide presentation is so much better than what we have been doing in the past. I think it is presented in a much clearer way that everyone can understand at a glance. I have very few suggestions. First, I would put next to Mary Russell's name Chair or Treasurer. My next suggestion is on slide 12 if you could move the dates below the columns so they line up better with the columns and are not so spread out. It took too long (at least for me) to figure out what we were looking at. Also the first two dates are wrong for the 2009 and 2010 years. Then do we have any areas of expenses that were overruns or unusual? We reported on income, but not expenses. Maybe there is not anything of interest there, but I thought I would raise the question. The only other thing that might be of interest to the HOD is if there has been any shift in the income %'s. By that I mean, has the money we get from membership dues or sponsorship changed significantly (or any other category)? I was just thinking about this because of the pressure we are getting on sponsorship dollars. Unless there is something noteworthy I would leave it alone, but I thought if we have seen any shifting in any areas we might want to note it. I am sure Mary will have more or different comments, but these are mine. Take them or leave them, but overall I really like it. Mary and I were going to talk on how we could improve

the presentation at our April Committee Meeting, but I think you beat us to it. Way to go team!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/18/2013 9:36 AM >>>
Mary,

Here is the first cut of the spring HOD presentation. I made some adjustments to what we did previously. First, I eliminated any references to the Consolidated financials. In many cases, this can become confusing. I left the slide addressing the total "Academy" structure, but, you can say in the narrative we will only be addressing the Academy directly.

I also eliminated the comparisons for last year to this year. I focused on the budget. This is an interesting year because operationally we are not meeting expectations, but, in total we are. So, I started with the "Net Income" of the business. Then I addressed briefly investment returns, revenues and expenses.

From there the deck goes to the revenues that are or are not meeting budget expectations. Finally, it closes with the investment portfolio.

I will be working on cleaning up the slides and then get for you a high level narrative. This is only 14 slides long. In the past, it may have been about 18.

I did leave and update the information on the Dues dollars and the funding.  I thought these would be important to address again.

I will get to you another cut tomorrow, along with the narrative to give you the talking points.  Also, keep in mind this is a draft, So, naturally, any changes you would like to see are always welcome. I like to take a cut and then refine until we feel comfortable it is good to go.  I would like us to have this completed by Friday.

I will talk to you soon.

Paul

2377. Spring 2013 HOD Meeting Invitation (RESPONSE REQUESTED)

**From:** Charlene Rice <crice@eatright.org>
**To:** 'bergmane@cwu.edu' <bergmane@cwu.edu>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'escottstumps@ecu.edu' <escottstumps@ecu.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Trisha Fuhrman' <nutrisha50@earthlink.net>, 'lbeseler_fnc@bellsouth.net' <lbeseler_fnc@bellsouth.net>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Elise Smith' <easaden@aol.com>, 'joe.derochowski@nielsen.com' <joe.derochowski@nielsen.com>, 'sandralgill@comcast.net' <sandralgill@comcast.net>, Patricia Babjak <PBABJAK@eatright.org>
**Cc:** Anna Murphy <amurphy@eatright.org>, Harold Holler <HHOLLER@eatright.org>
**Sent Date:** Mar 18, 2013 15:15:12
**Subject:** Spring 2013 HOD Meeting Invitation (RESPONSE REQUESTED)
**Attachment:** image003.jpg

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**Date:** March 18, 2013

**To:** Board of Directors

# From: Becky Dorner, RD, LD, House of Delegates Speaker, 2012-2013

**Subject:** Spring 2013 HOD Meeting Invitation and Agenda

**Invitation to Participate in the Fall Meeting**

§ The House Leadership Team and I would like to extend an invitation to you to participate in the 5th annual Spring HOD Virtual Meeting, May 4-5, 2013. Your presence at the meeting enriches

discussions and provides an excellent opportunity to connect the work of the BOD (Academy) with that of the House of Delegates (profession).

§ The meeting will begin at 11:30 am CT on Saturday, May 4. The meeting will conclude on Sunday, May 5 at 5:00 pm CT following the transfer of leadership among the Academy leaders.

**Meeting Materials**

You were provided a copy of the HOD meeting agenda in your packet for the BOD March 8 meeting. The agenda and meeting materials are located on the House of Delegates website – www.eatright.org/hod. The mega issue for the spring meeting is ***Hunger in America-Food and Nutrition Insecurity Affects all RDs and DTRs.***

**Registration**

Please contact House of Delegates staff at hod@eatright.org to confirm your attendance at the Spring Virtual Meeting. Charlene Rice will be able to help you schedule a training session that is required by all meeting participants. The training sessions will occur Friday, March 22 and Tuesday through Friday, March 26-29.

**For More Information or Assistance**

Contact Becky Dorner (becky@beckydorner.com |800/342-0285), or Anna Murphy ( amurphy@eatright.org | 800/877-1600 ext 4893).

2378. RE: HOD presentation

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Treasurer ExternalSMTP <peark02@hotmail.com>
**Sent Date:** Mar 18, 2013 14:49:57
**Subject:** RE: HOD presentation
**Attachment:**

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Donna,

Thanks for the quick response. I made the change to slide 12. The only reason I did not put "chair/treasurer" next to Mary's name is because she is on the cover as the treasurer. So, I didn't think it was necessary to do it again. I can if you like. As for the expenses, you are correct, it would be nice to have something on the expenses. The only problem is there are 22 categories of expenses. So, once we start, the problem is where we draw the line? I will see if I can develop a slide with a few categories built in and get back to you. I think the information on slide 11 can help answer the change question. In Mary's talking points, I will put in that the percent of dues has gone down in 2013 to 38.7% from the 42+% last year. This really is being driven by the increase in programs and meetings and investments. We can also address the other funding sources. When we start looking year over year, by revenue category, it would go back to what we had last year where we showed how we were doing against budget and how we were doing versus last year. I eliminated the last year reference to reduce the confusion.

I start with income because it is the bottom line. When you think about it, in the short run, our financial focus should be the "bottom line". I like to define this as the "operating income" or results before investments. However, that only tells a part of the story. Since we have developed budgets with operating deficits, I think it is important to include the investment income. If we did not, I would just look at operations. For expediency, I put in an net income chart and on the same page referenced that it was due in large part to the investment returns (Slide 4). Then talk about total revenue and total expense. Due to the simplicity of the revenue it is easy to identify the various categories. That is why they are broken out. However, in the long run, revenue growth is critical. If we don't have revenue growth, then you can't cover expenses. So, we should always focus on revenue growth that may cost us more in the short run and generate more in the long run. An example of this is NCM. Seven years ago, when it was being developed it cost us much more than it took in. Now, NCM and related products will generate over $1.5M in revenue and over $1.1M in income. That is a nice shift!!!

It is a tough balance. You have around 15 minutes to get through a lot of information. Unfortunately, that requires us to "cut" corners a little. As for more changes, I am all for it. As we

go forward, this is going to be your presentation. We need to make sure it reflects what you would like. I would put together a straw man and we will modify it from there. That's why these are always drafts.

So, I will look to add a couple of expense areas and get it back to you tomorrow. Let me know then what else we can add.

Paul

**From:** DMartin@Burke.k12.ga.us
**Sent:** Monday, March 18, 2013 9:02 AM
**To:** Paul Mifsud; Treasurer ExternalSMTP
**Subject:** Re: HOD presentation

Paul, This slide presentation is so much better than what we have been doing in the past. I think it is presented in a much clearer way that everyone can understand at a glance. I have very few suggestions. First, I would put next to Mary Russell's name Chair or Treasurer. My next suggestion is on slide 12 if you could move the dates below the columns so they line up better with the columns and are not so spread out. It took too long (at least for me) to figure out what we were looking at. Also the first two dates are wrong for the 2009 and 2010 years. Then do we have any areas of expenses that were overruns or unusual? We reported on income, but not expenses. Maybe there is not anything of interest there, but I thought I would raise the question. The only other thing that might be of interest to the HOD is if there has been any shift in the income %'s. By that I mean, has the money we get from membership dues or sponsorship changed significantly (or any other category)? I was just thinking about this because of the pressure we are getting on sponsorship dollars. Unless there is something noteworthy I would leave it alone, but I thought if we have seen any shifting in any areas we might want to note it. I am sure Mary will have more or different comments, but these are mine. Take them or leave them, but overall I really like it. Mary and I were going to talk on how we could improve the presentation at our April Committee Meeting, but I think you beat us to it. Way to go team!

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Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/18/2013 9:36 AM >>>
Mary,

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I will talk to you soon.

Paul

2379. RE: Sad News

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 18, 2013 13:01:24
**Subject:** RE: Sad News
**Attachment:** image005.jpg
image002.jpg

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An updated obituary for Elise's husband follows. Please note that the family requested that memorials be made to St. Marks United Methodist Church in lieu of flowers; a contribution will be made on behalf of the Board.

_____

Obituary - Glenn Edward Smith

Glenn Edward Smith, 65, passed away Fri. March 15, 2013 at the Mississippi Baptist Medical Center in Jackson, MS. Visitation will be held Mon. March 18, 2013 from 1pm.-2:30pm. at St. Marks United Methodist Church on Grants Ferry Rd. in Brandon, MS. with a 2:30pm. Memorial Service to follow the visitation at the church.

Mr. Smith was born in Houston, MS, lived in West Point, MS and has been a resident of Brandon, MS for the past 30 years. He served his country in the U.S. Marine Corps< http://www.legacy.com/memorial-sites/marines/?personid=163649823&affiliateID=1777> during the Vietnam War<http://www.legacy.com/memorial-sites/vietnam-war/?personid=163649823&affiliateID=1777>. Mr. Smith was a graduate of Mississippi State

University where he earned a degree in Business Statistics and Data Processing. He worked for Jackson Iron and Metal and HeavyQuip for 30 years. Mr. Smith was involved with the Mississippi Methodist Cursillo Movement where he served on the Secretariat. He also participated as a staff member at numerous Cursillo weekend retreats. Mr. Smith was a member of the St. Marks United Methodist Church where he served as youth director, was on the pastor parish relations committee, finance committee and building committee. One of his favorite rolls was to usher at the 11am. service where he had the opportunity to meet and greet members. Mr. Smith's hobbies included golf, snow skiing, fishing and pampering his wife.

He is survived by his wife, Elise Aden Smith; son, Glenn Eric Smith; brother, Billy Smith (Shirley); sister, Elizabeth Ann Sanders (Merrill); his loving companion, "Bree" and numerous nieces and nephews. Mr. Smith is preceded in death by his parents, William Prentiss "Pete" and Lottie Smith.

In lieu of flowers, memorials may be made to St. Marks United Methodist Church at 400 Grants Ferry Rd. Brandon, MS 39047 or the Mississippi Methodist Cursillo at P.O. Box 13851 Jackson, MS 39236-3851. To visit our online guest book please go to ottandleefuneralhome.com< http://ottandleefuneralhome.com>

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

**From:** Patricia Babjak
**Sent:** Friday, March 15, 2013 9:39 AM
**To:** Becky Dorner; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Ethan A. Bergman; Evelyn Crayton; Evelyn Crayton; Glenna McCollum; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Patricia Babjak; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; Ulric Chung; Chris Reidy; Susan Burns; Doris Acosta; Karen

Lechowich
**Subject:** Sad News

Becky informed us that Elise's husband, Glen, died peacefully at 5:30 am CT this morning. Elise was by his side. We don't know yet when services will be held – possibly Friday or Monday in Jackson, Mississippi. Elise will be surrounded by her family, friends, co-workers and church family. Glen's son Eric will be coming to stay with her for a while so she will not be alone. Flowers will be sent on behalf of the Board of Directors. More details will be forthcoming once they become available to us.

Condolences can be sent to Elise at:
159 Woodlands Glen Circle

Brandon, MS 39047

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2380. Exciting NASDAQ News - Tuesday, March 19

**From:** Doris Acosta <dacosta@eatright.org>
**To:** 'Becky Dorner' <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith ' <easaden@aol.com>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Evelyn Crayton' <craytef@auburn.edu>, 'Evelyn Crayton' <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, 'Joe Derochowski ' <joe.derochowski@nielsen.com>, 'Linda Farr ' <linda.farr@me.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, 'Sandra Gill ' <sandralgill@comcast.net>, 'Sylvia Escott-Stump' <escottstumps@ecu.edu>, 'Trisha Fuhrman' <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Ryan O'Malley <romalley@eatright.org>
**Sent Date:** Mar 18, 2013 12:41:29
**Subject:** Exciting NASDAQ News - Tuesday, March 19
**Attachment:**

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To celebrate National Nutrition Month, the Academy of Nutrition and Dietetics has been invited to ring the opening bell on **Tuesday, March 19,** at NASDAQ, the largest electronic equities exchange in the United States! This is the fifth consecutive year in which the Academy has been invited to be part of NASDAQ's trading day. Academy President Ethan Bergman will be joined by Academy members who live in the New York area to ring NASDAQ's opening bell. Ethan will make remarks about the Academy, National Nutrition Month, Registered Dietitian Day, the new RDN credential, and the many ways Academy's members optimize the nation's health through food and nutrition. The NASDAQ opening ceremony will be broadcast from 9:15 a.m. to 9:30 a.m. Eastern Time live on CNBC, Bloomberg TV and on NASDAQ's website. The ceremony will also be broadcast on video screens in Times Square. The Academy's name and logo will be on NASDAQ's tower with the message "The Stock Exchange Welcomes the Academy of Nutrition and Dietetics."

This is an exciting opportunity for the Academy and we are thrilled to be a part of the ceremony. Please share this information via social media with a link to the live webcast at http://www.nasdaq.com/about/marketsitetowervideo.asx..

You can view the event live on the Webcast or view it later on Facebook and Twitter:

**Webcast:**
A live webcast of the NASDAQ Opening Bell will be available tomorrow from 9:15 a.m. to 9:30 a.m. EST at:
http://www.nasdaq.com/about/marketsitetowervideo.asx.

**Facebook and Twitter:**
For multimedia features such as exclusive content, photo postings, status updates and video of bell ceremonies please visit NASDAQ's Facebook page at:

http://www.facebook.com/pages/NASDAQ-OMX/108167527653

For news tweets, please visit NASDAQ's Twitter page at:

http://twitter.com/nasdaqomx

**Doris Acosta**

***Director of Strategic Communications***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4822

800/877-1600, ext. 4822

www.eatright.org

Twitter | Facebook| LinkedIn | YouTube

2381. Daily News: Monday, March 18, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 18, 2013 10:42:12
**Subject:** Daily News: Monday, March 18, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

Please note that some publications may require registration or a subscription to access online content.

**Distracted eaters consume more calories**
http://todayhealth.today.com/_news/2013/03/17/17350422-distracted-eaters-consume-more-calories?lite
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/96/5/989.abstract?sid=5bab00be-af37-44a9-8fd0-39d7c6ca842d

**The best health sites for kids**
http://www.usatoday.com/story/tech/personal/2013/03/17/best-health-sites-kids/1984745/
Related Resource: Kids Eat Right
http://www.eatright.org/kids/

**Let Them Eat Fat**
http://online.wsj.com/article/SB10001424127887323393304578358681822758600.html

**Smells for satiety: Olive oil aroma could help boost feelings of fullness**
http://www.foodnavigator-usa.com/Science/Smells-for-satiety-Olive-oil-aroma-could-help-boost-feelings-of-fullness

**Food stamps put Rhode Island town on monthly boom-and-bust cycle**
http://www.washingtonpost.com/national/food-stamps-put-rhode-island-town-on-monthly-boom-and-bust-cycle/2013/03/16/08ace07c-8ce1-11e2-b63f-f53fb9f2fcb4_story.html
Elated Resource: SNAP
http://www.fns.usda.gov/snap

**Doubts surface about safety of common food additive, carrageenan**
http://www.chicagotribune.com/health/ct-met-carrageenan-0318-20130318,0,2164837.story

**Is the Seller to Blame?**
**Workout Supplement Challenged After Death of Soldier**
http://www.nytimes.com/2013/03/17/business/a-soldiers-parents-take-aim-at-gnc-and-a-supplement-maker.html

**'Sugar-free' baked goods, with sugar? What is a dieter to do?**
http://www.chicagotribune.com/health/la-heb-fda-shuts-down-sugar-free-bakery-20130315,0,3163046.story

**Hain Celestial: Chia is red hot and Coconuts been on fire..**
http://www.foodnavigator-usa.com/Business/Hain-Celestial-Chia-is-red-hot-Coconut-s-been-on-fire

**MedlinePlus: Latest Health News**
-Blacks With Kidney Disease Should Watch for Blood Pressure Shifts: Study
-Can Green Tea, Coffee Reduce Stroke Risk?
-Efforts to Prevent Hospital-Based Infection Falling Short, Survey Finds
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**State lawmaker wants healthier use of food stamps**
(Cassandra Vanderwall, RD quoted)
http://www.sheboyganpress.com/viewart/20130318/SHE0101/303180136/State-lawmaker-wants-healthier-use-food-stamps

**Jewish and Muslim, Bonding Over Dieting**
(Emma Samuels, RD quoted)
http://www.nytimes.com/2013/03/17/us/slim-peace-unites-jews-and-muslims-to-talk-diets.html

**Dietitian answers popular questions**
(By Alexandra Economy, RD)
http://www.winonadailynews.com/lifestyles/article_a6465650-8cdd-11e2-b165-0019bb2963f4.html

**Shopping with your own dietitian**
(Michelle Mc Queen, RD featured)
http://www.cbs42.com/content/health/story/Shopping-with-your-own-dietitian/Ngo-3FUvLU6aSHyNqHDGEw.cspx

**Everything You Should Know About Salt!**
(Marcia Crawford, RD featured)
http://www.indianasnewscenter.com/insight/Dietitian-Marcia-Crawford---Everything-You-Should-Know-About-Salt-198085521.html?vid=a

**Inside the Dietitians Kitchen**
(By Jen Haugen, RD)
http://www.kaaltv.com/article/stories/S2960744.shtml?cat=11985
**Healthy eating: Tame the sugar monster in your daily diet**
(Cindy Brinn, RD quoted)
http://www.bellinghamherald.com/2013/03/18/2907855/healthy-eating-tame-the-sugar.html

**3 ways to control your eating**
(counting calories isn't one of them)
(By Leslie Beck, dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/health/3-ways-to-control-your-eating-counting-calories-isnt-one-of-them/article9818818/

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=19209
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19209-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2382. Board Self-Assessment 2013

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
**Sent Date:** Mar 15, 2013 18:38:09
**Subject:** Board Self-Assessment 2013
**Attachment:** image003.jpg

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At the March Board meeting Ethan announced we will again be using a self-assessment tool developed by BoardSource to evaluate and improve our effectiveness as a governing board. The assessment is utilized by the Board to evaluate our strengths and challenges and by the Executive Team to strengthen operational processes. The tool is also helpful in familiarizing Board members about expected responsibilities, in planning meeting agendas, and identifying topics for the Board orientation and retreat meetings.

You will receive the online questionnaire directly from BoardSource next week from their e-mail address, assessments@boardsource.org. Your individual responses are tabulated by BoardSource and are kept confidential; only aggregate results are provided. Discussion about the results will occur at our May Board meeting.

Please call me if you have any questions.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

2383. Question

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 15, 2013 16:31:33
**Subject:** Question
**Attachment:** image001.jpg
Sebelius Letter 8-23 Final.pdf

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Hi Nancy,

Mayor Bloomberg is advocating for portion limitations rather than taxation in this case. Since the Academy does not have a stance on this policy, we have not communicated with the Mayor. During the January 2013 meeting, the Board of Directors received the Food and Beverage Tax Workgroup report and adopted a neutral stance on taxation. The Academy supports a total diet approach and energy balance consistent with the Dietary Guidelines. The Guidelines recommend that individuals consume fewer foods with sodium (salt), saturated fats, *trans* fats, cholesterol, added sugars, and refined grains. I am reattaching the Board's letter to Secretary Sebelius (see attachment) which asked

· That a scientific report be prepared by the Office of the Surgeon General, examining the implications of sugar-sweetened beverage consumption on health outcomes.

· For consideration of unintended consequences of reducing intake through taxation and restriction.

· That the Administration refrain against labeling single foods or beverages as harmful in the absence of criteria that have been agreed upon by experts that could be applied universally.

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

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Chicago, IL 60606

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pbabjak@eatright.org

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---
Begin forwarded message:

From: Nancy Lewis <nancylewis1000@gmail.com>
Date: March 11, 2013, 9:26:58 PM CDT
To: Doris Acosta <dacosta@eatright.org>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Becky Dorner <becky@beckydorner.com>, "dwheller@mindspring.com" <dwheller@mindspring.com>, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, "Ethan A. Bergman" <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, "Glennacac@aol.com" <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, "Linda Farr" <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, "peark02@outlook.com" <peark02@outlook.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, "Sylvia Escott-Stump" <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <

Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta < dacosta@eatright.org>
Subject: Question

Are we communicating at all with Bloomberg?

He seems very concerned about obesity.

(Watching CNN!! )

Nancy Lewis, PhD, RD, FADA

Speaker-Elect, 2012-13

Academy of Nutrition and Dietetics

On Mar 11, 2013, at 6:33 PM, Doris Acosta <dacosta@eatright.org> wrote:

To members of the Academy's Board of Directors:

We took a historic step for the profession this past weekend, and I wanted to let you know that we will announce our action to the Academy's membership and to all registered dietitians on Wednesday, March 13 – appropriately enough, on Registered Dietitian Day!

I will tell all RDs via a blast email that the Board and CDR took action that many members have asked for: approving the optional use of the credential designation "registered dietitian nutritionist" by practitioners who have, or who qualify for, the credential "registered dietitian." This information will be shared with the House of Delegates on Tuesday, March 12.

Our announcement will emphasize that "Nutrition" is a term that the public understands – one of the reasons why "nutrition" became part of the Academy's new name in 2012. I will say that this action by the Board will be a benefit to registered dietitians, more accurately reflecting who RDs are and what we do. I will also stress that legal counsel determined that adding the optional RDN credential will not affect licensure or other regulations. Many state licensure/certification laws already reference the term nutritionist (e.g. LDN or CDN).

I will remind RDs about the branding program that is under way to help educate consumers and other health professionals and build further awareness of their unique capabilities. And we will make it clear that the RDN credential designation is offered as an option to RDs who want to convey the nutrition aspect of their credential.

RDs seeking more information about the new RDN credential will be directed to Frequently Asked Questions that will go live on Wednesday at www.eatright.org/RDN. This information will be shared through various social media channels. We will also issue a press release “All registered dietitians are nutritionists but not all nutritionists are registered dietitians.” Please see attached all RD message and FAQ.

Registered Dietitian Day 2013 will be a great day for our profession. Thank you very much for your hard work and your support of registered dietitians!

Sincerely,

Ethan A. Bergman, PhD, RDN, CD, FADA

President, 2012-2013

<FAQ draft 6.docx>

<BLAST email Wednesday RDN draft 6.docx>

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-
-
-

2384. Sad News

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 15, 2013 10:39:05
**Subject:** Sad News
**Attachment:** image001.jpg

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Becky informed us that Elise's husband, Glen, died peacefully at 5:30 am CT this morning. Elise was by his side. We don't know yet when services will be held – possibly Friday or Monday in Jackson, Mississippi. Elise will be surrounded by her family, friends, co-workers and church family. Glen's son Eric will be coming to stay with her for a while so she will not be alone. Flowers will be sent on behalf of the Board of Directors. More details will be forthcoming once they become available to us.

Condolences can be sent to Elise at:
159 Woodlands Glen Circle

Brandon, MS 39047

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
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2385. Make an Impact!

**From:** Academy of Nutrition and Dietetics Foundation <Foundation@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 14, 2013 18:23:00
**Subject:** Make an Impact!
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.

**We need your support today to make an impact in the nutrition field in our nation's capital.**
**March 14, 2013**

Thanks to support from Academy members and friends, the Foundations Grace L. Ostenso Nutrition and Public Policy Fellowship was awarded in 2012 to Leigh Gantner, PhD, RD, from Syracuse University. This Fellowship, funded by the Academy Foundation and administered by The American Association for the Advancement of Science (AAAS) provides the unique opportunity for an Academy member to work alongside 279 other Fellows on Capitol Hill. Ganter is serving her year as a staff member for Senator Kirsten Gillibrand (D-NY).

The fellowship was established in honor of Grace L. Ostenso, who worked on Capitol Hill for many years.

We need your support to ensure that this fellowship will be available in the future. Please consider making a donation today so that another Academy member will have the opportunity to work towards making a difference in nutrition policies that will impact the nutritional health of the public. Please consider  a donation of $50, $75, $100 or more to support the Grace L. Ostenso Nutrition and Public Policy Fellowship. All donations made to the Grace L. Ostenso Nutrition and Public Policy Fellowship will be matched 2:1 by an anonymous donor.

*It is important for individuals who are familiar with the potential roles of dietetics in enhancing the health of the public be involved in the legislative process, and this fellowship is one way to provide dietitians with the skills they need to do this.*
**Johanna Dwyer, D.Sc, RD**

*We have made great strides and influenced legislation and public policy through the tireless efforts of our Washington office. But we need to do more. Supporting the Ostenso Fellowship in solidifies a future that impacts all members, advances science and leads food and nutrition policy in society.*
**Judith A. Gilbride, PhD, RD, FADA, CDN, Past President, Academy of Nutrition and Dietetics.**

For more information on the Grace L. Ostenso Nutrition and Public Policy Fellowship please visit: http://www.eatright.org/foundation

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2386. RE: 2011 Academy Tax Returns

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 14, 2013 17:18:04
**Subject:** RE: 2011 Academy Tax Returns
**Attachment:** image001.jpg

---

Mary,

Donna,

As did I. Pat and I discussed raising it, but, felt the e-mail would be the appropriate way to handle the situation. I thought the e-mail explaining what happened went out before the board meeting was over. Otherwise, I would have mentioned it to the both of you. I should have noticed that the wrong tax returns were posted. I didn't notice until the beginning of the Board meeting. The right tax returns were forwarded to be posted. Unfortunately, the wrong one was put onto the portal. Sorry for any inconvenience. Let me know if you feel there is anything else I can do.

Paul

**From:** peark02@outlook.com
**Sent:** Thursday, March 14, 2013 3:48 PM
**To:** Joan Schwaba; Paul Mifsud; DMartin@Burke.k12.ga.us
**Subject:** RE: 2011 Academy Tax Returns

Thank you Joan. I noticed that and did wonder however no one else raised questions so I did not address it before the group. Mary

From: JSchwaba@eatright.org
To: becky@beckydorner.com; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; easaden@aol.com; bergmane@cwu.edu; craytef@auburn.edu; craytef@aces.edu; joe.derochowski@nielsen.com; linda.farr@me.com; lbeseler_fnc@bellsouth.net; bkyle@roadrunner.com; mgarner@cchs.ua.edu; peark02@outlook.com; Nancylewis1000@gmail.com; sandralgill@comcast.net; escottstumps@ecu.edu; nutrisha50@earthlink.net; glenna@glennamccollum.com
CC: ExecutiveTeamMailbox@eatright.org; CREIDY@eatright.org; UChung@eatright.org;

Sburns@eatright.org; dacosta@eatright.org; KLechowich@eatright.org; ASteiber@eatright.org
Subject: 2011 Academy Tax Returns
Date: Thu, 14 Mar 2013 20:05:16 +0000

We noted the tax returns provided in the March Board meeting packet were last year's returns. Attached are the current tax returns for the year ending May 31, 2012. This tax return is also posted in the March Board meeting file on the Board communications platform. We apologize for this inconvenience. Please contact Pat or Paul (pmifsud@eatright.org or x4730) if you have any questions.

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2387. 2011 Academy Tax Returns

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>, glenna@glennamccollum.com <glenna@glennamccollum.com>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Mar 14, 2013 16:05:17
**Subject:** 2011 Academy Tax Returns
**Attachment:** image002.jpg
07 Att 1.7 2011 Academy Tax return REPLACMENT.pdf

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We noted the tax returns provided in the March Board meeting packet were last year's returns. Attached are the current tax returns for the year ending May 31, 2012. This tax return is also posted in the March Board meeting file on the Board communications platform. We apologize for this inconvenience. Please contact Pat or Paul (pmifsud@eatright.org or x4730) if you have any questions.

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
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Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2388. RDN Announcement and Activities Update ...

**From:** Doris Acosta <dacosta@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 13, 2013 18:46:33
**Subject:** RDN Announcement and Activities Update ...
**Attachment:** image003.png
image004.png
image005.png
image006.png
image007.png
image010.jpg
image011.jpg
RD Day in Times Square.jpg
RD Day media report.PDF

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Happy Registered Dietitian Day! Here is a quick update on the RDN Announcement and RD Day activities.

Attached is the Times Square photo of Academy member Carly Hill, RD, that ran several times today in celebration of RD Day. We also highlighted Carly on the website and in *Eat Right Weekly*.

Overall, the member comments on the RDN announcement have been very positive. To date, we have received 15 emails to the President mailbox. Twelve were very positive, one negative and two emails were unrelated to the announcement. Here are some highlights:

- Exciting great news!  Very much needed.
- I think it is a good move.
- Wonderful!! Thank you for all the hard work!
- AWESOME!!!!!!!!
- HOO-RAY! This is great news; an excellent move! -cg
- Thank you for responding to our needs!
- Great move, thanks!
- Thank you.  I am very glad to have this option!
- Makes so much sense …  I will start using RDN after my name effective immediately!
- … I have been a strong advocate of utilizing "nutrition" as part of our title for years
- … thank you and congratulate you for your efforts in modernizing our name.
- Great change!  Thanks for this new optional designation- I think it is very meaningful.
- Well at least we don't have to use it.  Good grief!

Social media responses to the announcement have been mixed but overall positive.
Twitter:

Facebook:

Also attached is a preliminary media report on our press release that went over the wires today and was covered by 354 news outlets (not bad for competing with the announcement of a new pope J).

We will continue to monitor and respond to emails, comments and social media posts.

Thank you very much. As always, please do not hesitate to contact me with any questions.

Best regards,

**Doris Acosta**

***Director of Strategic Communications***

**Academy of Nutrition and Dietetics**

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800/877-1600, ext. 4822

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Twitter | Facebook| LinkedIn | YouTube

2389. FW: Thank you!

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Sent Date:** Mar 13, 2013 18:05:26
**Subject:** FW: Thank you!
**Attachment:** image001.jpg

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FYI

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

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**From:** Patricia Babjak
**Sent:** Wednesday, March 13, 2013 4:34 PM
**To:** Doris Acosta; Denielle Alston; Jeanne Blankenship; Whitney Brown; Erin Cannon; Diane Moore-Enos; Jennifer Folliard; Georgia Gofis; Lindsey Hoggle; Jennifer Horton; Charmaine Jones; Jessica Larson; Daun Longshore; Mary Pat Raimondi; Juliana Smith; Alison Steiber; Pepin Tuma; 'Paulina Weeden'; Mary C. Wolski
**Cc:** Executive Team Mailbox; Ulric Chung; Chris Reidy; Susan Burns; Karen Lechowich
**Subject:** Thank you!

Thank you on behalf of the Board of Directors and myself for your numerous contributions in making PPW a resounding success! It was hard to top last year's PPW but I can confidently say we did. The presentations were informative and the speakers were passionate about the content and the profession. I tried to pick a favorite session but couldn't, because all were on par for excellence. Many members stopped me to praise the event. Several comments stand out: the quality of the presentations and the public policy expertise of both the staff and member leaders. It was very gratifying to see how many young members were in the audience and how involved and enthusiastic they were in the discussions. Kiki McLean was the perfect keynote speaker to kick-off the event. Members are still talking about her session and quoting her!

Sincere thanks go to staff members Doris Acosta, Denielle Alston, Jeanne Blankenship, Whitney Brown, Erin Cannon, Diane Moore Enos, Jennifer Noll Folliard, Georgia Gofis, Lindsey Hoggle, Jennifer Horton, Charmaine Jones, Jessica Larson, Daun Longshore, Mary Pat Raimondi, Juliana Smith, Alison Steiber, Pepin Tuma, Paulina Weeden, and Mary Wolski for great planning and execution!

Best regards,

Pat

**Patricia M. Babjak**

***Chief Executive Officer***

**Academy of Nutrition and Dietetics**
120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856
pbabjak@eatright.org

www.eatright.org

2390. Eat Right Weekly - March 13, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 13, 2013 16:31:52
**Subject:** Eat Right Weekly - March 13, 2013
**Attachment:**

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Eat Right Weekly
March 13, 2013

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On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

# Breaking News: New RDN Credential Now Available for RDs

Just in time to celebrate Registered Dietitian Day 2013: The Academy's Board of Directors and the Commission on Dietetic Registration have taken a historic step: Registered dietitians now have the option to use the credential "registered dietitian nutritionist (RDN)."

We know all registered dietitians are nutritionists - but *not* all nutritionists are registered dietitians. The new RDN credential positions and promotes *you* front and center with consumers, increasing recognition and public understanding of both terms "dietitian" and "nutritionist." This action will more accurately reflect *who we are and what we do*.

Learn More >>

## On the Pulse of Public Policy

Four Hundred Academy Members Storm Capitol Hill

After two days of intensive learning sessions and educational meetings at the Academy's Public Policy Workshop, 400 Academy members were prepared and ready to storm the Hill to deliver our message to Congress.

Learn More >>
Rep. McGovern Recognized for Efforts to End Hunger

U.S. Rep. James McGovern (Mass.) received the Academy's 2013 Public Policy Leadership Award at the Public Policy Workshop for his unwavering fight to end hunger.

Learn More >>
Health and Aging Policy Fellows Program Calls for Applications

Are you interested in the development and implementation of health policies affecting older Americans? If so, submit an application to the Health and Aging Policy Fellows Program by April 15.

Learn More >>
Report Says School Wellness Policies Lack Competitive Food Guidelines

The Robert Wood Johnson Foundation's report "Bridging the Gap" examines federally mandated school wellness policies, concluding that only 61 percent of students attend school in a district that has competitive food guidelines.

Learn More >>
Child Health, Educational Outcomes Tied to Regular Breakfast Consumption

Share our Strength has released a report detailing the impact of school breakfast on children's health and educational outcomes.

Learn More >>

## CPE Corner

New Learning Module on Leadership

The Center for Professional Development introduces a new free online learning module that will demonstrate how registered dietitians have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company. "Leadership: Organizational Applications" is presented by Academy Partners and is free for Academy members.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
Adult Malnutrition Webinar: March 21

New Academy-ASPEN guidelines on adult malnutrition; product safety in the gluten-free market; and the impact of obesity on cancer survivorship are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

New on EAL: Umami in Foods

The Umami in Foods project consists of such topics as palatability and sodium, and addresses adverse effects of monosodium glutamate. This free member resource is available on the Academy's Evidence Analysis Library.

Learn More >>
March Book of the Month

Save 10 percent on the new *Pocket Supermarket Guide* (4th ed.), 10-pack. This updated edition guides readers through the supermarket and offers advice to make grocery shopping faster, healthier and budget-friendly.

Learn More >>

## Academy Member Updates

It's National Nutrition Month

There is still time to place your National Nutrition Month order.

Learn More >>
Looking for Free National Nutrition Month Materials?

Access the National Nutrition Month toolkit, classroom guide, recipes and activity sheets for kids and adults.

Learn More >>
Registered Dietitian Day Contest Winner

In celebration of Registered Dietitian Day, the Academy asked members to share your most meaningful experiences in providing health and nutrition services as an RD. We received 150 thoughtful and inspirational testimonials that confirm and support the value of RD services. The winner is Carly Hill, RD, of San Diego, Calif. Ms. Hill will be featured on a banner in New York City's Times Square on Wednesday, March 13: RD Day.

Learn More >>
April Is National Preceptor Month

The Academy of Nutrition and Dietetics has declared April to be National Preceptor Month. This is an opportunity to recognize and thank practitioners who make the effort and take the time to create the next generation of dietetics professionals by teaching students in their workplace. And while it is a time to say "thank you," National Preceptor Month also kicks off the Academy's preceptor recruitment drive.

Learn More >>
Become a Preceptor: A Member's Story

Alice O'Connor, MS, RD, LDN, CNSC, has been a preceptor for 22 years. A critical care expert, she says she was born to teach, expects only the best from her students and encourages students to give back to their profession.

Learn More >>
Opportunities for Improving Health of America's Youth

As a five-year follow-up to the 2008 *Physical Activity Guidelines for Americans* and in an effort to increase physical activity levels of all American youth, the U.S. Department of Health and Human Services recently released a report titled "Physical Activity Guidelines for Americans Midcourse Report: Strategies to Increase Physical Activity among Youth."

Learn More >>

## Philanthropy, Awards and Grants

Research Grant Deadline Is April 1

The Foundation's named research funds are available annually to Academy members at all levels of practice.

Learn More >>

Ostenso Fellowship Deadline Extended to April 1

The Grace L. Ostenso Nutrition and Public Policy Fellowship is intended to allow an Academy member to participate in the Congressional Science and Engineering Fellows Program, which is coordinated by the American Association for the Advancement of Science. The fellowship participant will spend one year in Washington, D.C. working as a special assistant in a government or legislative position that would benefit from scientific and engineering input. The fellow will receive a stipend of $75,000.

Learn More >>

Wimpfheimer-Guggenheim Fund Deadline Extended to April 1

The Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management provides for the international exchange of needed nutrition, dietetic and-or management information for the benefit of the nutritional health of the world community.

Learn More >>

Award Application Deadline Extended

The deadline has been extended to April 1 to apply for a number of Foundation Awards.

Learn More >>

Make a Tribute Gift: Honor a Mentor during National Nutrition Month

The Foundation invites members to honor a mentor while making a gift to the Foundation. Especially during National Nutrition Month, this is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession.

Learn More >>

Recipients of "Hunger in Our Community" Mini-Grants

Congratulations to 52 Kids Eat Right Campaign Members who were selected to receive a Kids Eat Right Hunger in Our Community mini-grant. Each member will receive $200 to lead two

presentations from the newly released "Hunger in Our Community. What We Can Do." toolkit through May 1.

Learn More >>
Last Chance: New Kids Eat Right "Family Meals" Mini-Grants and Toolkit Available

To support the use of the Kids Eat Right "Family Meals" toolkit, 36 grants of $200 grants are available. Recipients agree to give two presentations from the toolkit - for adults or teens - between March 25 and May 15. Applications are due March 15 and recipients will be announced March 25.

Learn More >>
Quarterly Newsletter: *Kids Eat Right News Bite*

*Kids Eat Right News Bite* is filled with pictures and stories that highlight the great work being done to help kids eat right around the world.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2391. PPW TODAY - Wednesday Edition

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Mar 13, 2013 14:33:59
**Subject:** PPW TODAY - Wednesday Edition
**Attachment:** PPW TODAY newsletter- Wednesday FINAL.pdf

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Dear PPW Attendee,

We hope you had a successful day on the Hill yesterday and you have arrived home safely.

As promised, the last edition of PPW TODAY is attached to this email. In addition, we have provided the text below. Please help spread the good news of all of your hard work in D.C. by sharing PPW TODAY with your member groups.

Thank you again for attending PPW and for being an advocate for important health and nutrition programs.

It has been a pleasure having you at PPW.
Jessica

**PPW TODAY**

**Members of Congress Send PPW Attendees Off to the Hill in High Spirits**

The President of the Academy of Nutrition and Dietetics, Ethan Bergman PhD, RD, CD, FADA, presented Massachusetts Representative Jim McGovern with the 2013 Public Policy Leadership Award. Rep. McGovern is an activist in the fight against hunger in America. "Hunger is a political condition," stated Rep. McGovern as he spoke on the importance of the Academy advocating against budget cuts to nutrition and nutrition education programs.

Every week Rep. McGovern stands before Congress and urges them to put into words and action a plan to fight hunger. McGovern went on to tell PPW attendees about his challenges with living on a food stamp diet for one week, limiting his food costs to $3 per day. "It's hard to be poor," said McGovern.

In closing, McGovern pointed out that nutrition plays a huge role in health care and the fight against hunger. PPW attendees agreed as they rose to their feat to demonstrate their support of McGovern’s work.

Later that morning, Iowa State Representative Bruce Braley, whose daughter is an RD, spoke on moving from health care delivery systems to systems that reward for patient outcomes. Rep. Braley stated, "It is best to invest in prevention and wellness than treating sick people.”

Rep. Braley ended by pointing out that investing in training professionals, changing behaviors and educating patients could save the U.S. $25 billion a year in health care costs. RDs can play a pivotal part and help lead the charge.

**Academy Members Storm the Hill**
Over 400 Public Policy Workshop (PPW) attendees gathered for the culmination of PPW's purpose, storming Capitol Hill. After two and a half days of numerous workshops, speeches and networking opportunities, members felt empowered to reach out to their members of Congress, a task that is often intimidating.

Anxiously planning their approaches, Academy members were chomping at the bit to let their voices be heard. Upon reaching Capitol Hill, members dispersed to project a unified message on behalf of the Academy of Nutrition and Dietetics. Topics included the Farm Bill, Medicare Diabetes Prevention Act, Ryan White and loan forgiveness.

At the end of the day, everyone concluded their Washington, D.C. advocacy experience feeling confident and empowered, knowing that their members of Congress "are just people too."

**Sam Kass Keeps *Let's Move!* Moving:**
White House Chef, Sam Kass, updated PPW attendees on the First Lady's *Let's Move!* initiative. During the second Administration *Let's Move!* is focusing on providing a simple, actionable message to the public. "We need to harness the power of marketing to promote healthy foods," said Kass. He also pointed out that change happens on the ground first and RDs play a major role.

**"To Be Nutritious, It Must Be Safe," -- Missy Cody PhD, RD:** With foodborne outbreaks affecting 1 in 6 people, improving food safety infrastructure continues to be a vital component of public health. The new food safety regulations are shifting from documenting and reacting to preventing foodborne outbreaks.

**Communicating Effectively and Confidently with Congress:** Two communication workshops were offered to Academy members prior to Tuesday's Hill visits. At the beginner/intermediate workshop a public policy leadership panel discussed getting on the "public policy bus" and reviewed strategies to promote a strong public policy culture among dietitians. Prepare, practice, partner and take action by identifying your skills, resources and goals. It's all about relationships!

Attendees of the advanced track learned the tricks of the trade to communicate effectively with members of Congress, such as knowing your audience, crafting a compelling message, delivering talking points effectively, relationship building, storytelling and managing the face-to-face meeting. Key points: Start with the basics, avoid acronyms, stick to 2 or 3 messages, stay on track and remain in constant contact after your visit.

2392. Wishing you a Happy Registered Dietitians Day!

**From:** Academy of Nutrition and Dietetics <president@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 13, 2013 13:33:16
**Subject:** Wishing you a Happy Registered Dietitians Day!
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.
**An important message for all registered dietitians:**
**Wednesday, March 13, 2013**
In celebration of Registered Dietitian Day 2013, it gives me great pleasure to make an exciting announcement!

The Academys Board of Directors and the Commission on Dietetic Registration (CDR) have taken a big step: Registered dietitians now have the option to use the credential registered dietitian nutritionist ( **RDN**).

Why did we take this action? In short, because members asked for it. In 2010, the Academy began exploring the option of offering the registered dietitian nutritionist credential. It was supported by participants in the 2011 Future Connections Summit and most recently by the Council on Future Practice in its 2012 Visioning Report. The recommendation was shared and discussed in the House of Delegates at the Fall 2012 meeting. The 2013 joint meeting of the major organizational units (Commission on Dietetic Registration, Accreditation Council for Education in Nutrition and Dietetics, Council on Future Practice, Education Committee, and Nutrition and Dietetics Educators and Preceptors DPG) supported moving forward.

We know that all registered dietitians are nutritionists but not all nutritionists are registered dietitians. The new RDN credential positions and promotes you front and center with consumers, increasing recognition and public understanding of both terms: dietitian and nutritionist. This action will more accurately reflect who we are and what we do.

A branding program is under way that will strengthen and differentiate a respected brand. The plan will also help educate consumers and other health professionals, building further awareness of your unique capabilities and rigorous credentialing requirements.

Adding nutritionist to the registered dietitian credential is consistent with the inclusion of the word nutrition in the Academys new name. It also communicates to everyone the broader concept of wellness and prevention that are part of practice for many RDs.

Legal counsel determined that adding the optional RDN credential will not affect state licensure or other regulations. Many state licensure/certification laws already reference the term nutritionist

(e.g., LDN or CDN).

Let me be clear: **The RDN credential is offered as an option to RDs who want to convey the nutrition aspect of the credential to the public and to other health practitioners. Use of the RDN credential is optional and totally up to you.**

Your CDR 2013-2014 registration identification card will reflect both the RD and RDN credentials. If you choose, you can start using the RDN credential today!

More information about the new credential is available at www.eatright.org/RDN.

This is an exciting time for our profession!

Sincerely,

Ethan A. Bergman, PhD, RDN, CD, FADA
President, 2012-2013
You are receiving this email from the Academy of Nutrition and Dietetics.
If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**
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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2393. FW: Exciting News!

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 13, 2013 12:42:32
**Subject:** FW: Exciting News!
**Attachment:** image003.jpg
image004.jpg

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FYI. We are holding a lunch at noon for all RDs on staff in celebration of RD Day. I will discuss the new credential option with them and will open it up for any questions they may have. An email informing all staff was sent this morning (see below).

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

**From:** Patricia Babjak
**Sent:** Wednesday, March 13, 2013 10:50 AM
**To:** All Academy Staff
**Subject:** Exciting News!

In celebration of Registered Dietitian Day 2013, it gives me great pleasure to make an exciting announcement!

The Academy's Board of Directors and the Commission on Dietetic Registration (CDR) have taken a historic step: Registered dietitians now have the option to use the credential "registered dietitian nutritionist (**RDN**)."

Why did we take this action? In short, because members asked for it. In 2010, the Academy began exploring the option of offering the registered dietitian nutritionist credential. It was supported by participants in the 2011 Future Connections Summit and most recently by the Council on Future Practice in its 2012 Visioning Report. The recommendation was shared and discussed in the House of Delegates at the Fall 2012 meeting. The 2013 joint meeting of the major organizational units (Commission on Dietetic Registration, Accreditation Council for Education in Nutrition and Dietetics, Council on Future Practice, Education Committee, and Nutrition and Dietetics Educators and Preceptors DPG) supported moving forward.

We know that all registered dietitians are nutritionists but *not* all nutritionists are registered dietitians. The new **RDN** credential positions and promotes RDs front and center with consumers, increasing recognition and public understanding of both terms: "dietitian" and "nutritionist." This action will more accurately reflect who we are and what we do.

A branding program is under way that will strengthen and differentiate a respected brand. The plan will also help educate consumers and other health professionals, building further awareness of RDs' unique capabilities and rigorous credentialing requirements.

Adding "nutritionist" to the registered dietitian credential is consistent with the inclusion of the word nutrition in the Academy's new name. It also communicates to everyone the broader concept of wellness and prevention that are part of practice for many RDs.

Legal counsel determined that adding the optional **RDN** credential will not affect state licensure or other regulations. Many state licensure/certification laws already reference the term nutritionist (e.g., LDN or CDN).

**The RDN credential is offered as an *option* to RDs who want to convey the nutrition aspect of the credential to the public and to other health practitioners.**

The CDR 2013-2014 registration identification card will reflect both the RD and **RDN** credentials, and RDs can start using the **RDN** credential today.

A blast email is being sent today to all RDs informing them of this new option. It will be shared through various social media channels and in a press release. More information about the new credential is available at www.eatright.org/RDN. Please contact your VP or me if you have questions.

This is an exciting time for our profession! On behalf of myself and the Board of Directors, happy Registered Dietitian Day!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*
**Academy of Nutrition and Dietetics**
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Phone: 312/899-4856
Email: pbabjak@eatright.org
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2394. 2013 PPW Evaluation: Tuesday, March 12 & Overall

**From:** dmoore@eatright.org via surveymonkey.com <member@surveymonkey.com>
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Mar 12, 2013 14:58:36
**Subject:** 2013 PPW Evaluation: Tuesday, March 12 & Overall
**Attachment:**

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Thank you for participating in the Tuesday portion of the 2013 Public Policy Workshop. Please take a few minutes to evaluate the program and Overall program via the following link: http://www.surveymonkey.com/s.aspx?sm=HWAi4auv28fOwddRk2I_2bEQ_3d_3d

This link is uniquely tied to this survey and your email address. Please do not forward this message.

Thanks for your participation!

Please note: If you do not wish to receive further emails from us, please click the link below, and you will be automatically removed from our mailing list.
http://www.surveymonkey.com/optout.aspx?sm=HWAi4auv28fOwddRk2I_2bEQ_3d_3d

2395. Daily News: Tuesday, March 12, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 12, 2013 10:46:13
**Subject:** Daily News: Tuesday, March 12, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**In Seriously Ill Kids, Obesity May Be Tied to Higher Death Risk: Study**
**But more research is needed to confirm the association, experts say**
(Lori Bechard, RD quoted)
http://consumer.healthday.com/Article.asp?AID=674294
Source: *JAMA Pediatrics*
http://archpedi.jamanetwork.com/article.aspx?articleid=1663076

**Sweet Drinks Tied to Higher Calorie Consumption in Kids**
**And sugary beverages go hand-in-hand with fatty foods, like pizza and fries, study finds**
http://consumer.healthday.com/Article.asp?AID=674293
Source: Scheduled for publication in the *American Journal of Preventive Medicine,* 4/2013

**Mayor vows to press on after NYC soda rule nixed**
http://www.washingtontimes.com/news/2013/mar/12/mayor-vows-to-press-on-after-nyc-soda-rule-nixed/?utm_source=RSS_Feed&utm_medium=RSS

**Restaurant calorie counts may have to wait: FDA**
http://www.wjla.com/articles/2013/03/restaurant-calorie-counts-may-have-to-wait-fda-86125.html

**Bill would require restaurants to learn about food allergies**
http://www.capitalgazette.com/lifestyle/health/bill-would-require-restaurants-to-learn-about-food-allergies/article_ecd93568-e6a7-5045-bf02-8435468725b2.html
Related Resource: Online Certificate of Training Program-scroll down to:
-Food Allergies: Cutting Through the Clutter
http://www.eatright.org/cpd/online/

**Kids on food stamps don't eat any healthier: study**
http://www.reuters.com/article/2013/03/07/us-kids-on-food-stamps-idUSBRE92615S20130307
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/131/3/463
Related Resource: USDA
http://www.ers.usda.gov/amber-waves/2013-february/analysis-of-those-leaving-usda%E2%80%99s-supplemental-nutrition-assistance-program-reveals-the-program%E2%80%99s-effectiveness.aspx#.USu3jFd2v4Y

**People Eat More, Gain Weight With Less Sleep**
http://www.medicalnewstoday.com/articles/257500.php
Source: *Proceedings of the National Academy of Sciences*
http://www.pnas.org/content/early/2013/03/06/1216951110.abstract?sid=dc7bc93c-3dde-451a-ae13-51f59ad21c75

**Weight-Loss Program Helps in Endometrial Cancer**
(This study was published as an abstract and presented at a conference. These data and conclusions should be considered to be preliminary until published in a peer-reviewed journal)
http://www.medpagetoday.com/MeetingCoverage/SGO/37820?utm_content=&utm_medium=email&utm_campaign=DailyHeadlines&utm_source=WC&xid=NL_DHE_2013-03-12&eun=g411013d0r&userid=411013&email=knowledge@eatright.org&mu_id=5511392

**The science behind food pairing: Why do pineapple and blue cheese taste so great together?**
http://www.foodnavigator-usa.com/Science/The-science-behind-food-pairing-Why-do-pineapple-and-blue-cheese-taste-so-great-together

**Whole Foods GMO Labeling To Be Mandatory By 2018**
http://www.huffingtonpost.com/2013/03/08/whole-foods-gmo-labeling-2018_n_2837754.html

**Hard Math: Adding Up Just How Little We Actually Move**
http://online.wsj.com/article/SB10001424127887324096404578354590581579014.html

**Registered Dietitians in the News**

**Family loses 72 pounds and slashes food budget in half**
(Andrea Giancoli, Academy Spokesperson quoted)
http://www.usatoday.com/story/news/nation/2013/03/11/family-fitness-reeses/1971177/

**Why you shouldn't go gluten-free**
(Katherine Tallmadge, RD &Heather Mangieri, Academy Spokesperson both quoted)

http://www.foxnews.com/health/2013/03/12/why-shouldnt-go-gluten-free/

**'FastDiet' is now available in the US  and it's another ineffective fad**
(By Georgia Clark-Albert, RD)
http://bangordailynews.com/2013/03/11/health/the-fastdiet-is-now-available-in-the-us-and-its-another-ineffective-fad/

**How to eat right while working hard**
(Vicki Shanta Retelny, RD quoted)
http://www.chicagotribune.com/features/life/ct-tribu-weigel-healthy-office-snacks-20130312,0,2199465.column

**"Eat Right, Your Way, Every Day"**
(Ashlyn Myers, RD quoted)
http://www.connecttristates.com/news/story.aspx?id=870474

**Making our cities more conducive to healthy living**
(By Timi Gustafson, RD)
http://www.auburn-reporter.com/lifestyle/197041061.html

**Failing to plan meals leads to unhealthy food choices, dietitian says**
(Loreen Wales, Dietitian/Canada quoted)
http://edmonton.ctvnews.ca/failing-to-plan-meals-leads-to-unhealthy-food-choices-dietitian-says-1.1191594

**Nutrition facts labels contain information from 1983**
(Rosie Schwartz, Dietitian/Canada quoted)
http://www.thestar.com/life/2013/03/12/nutrition_facts_labels_contain_information_from_1983.html

**The Academys Position Papers are available at: www.eatright.org/positions**

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=19092

(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19092-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2396. Happy National Nutrition Month®

**From:** Marketing <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Mar 12, 2013 06:57:39
**Subject:** Happy National Nutrition Month®
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

National Nutrition Month® is upon us. Its time to help promote our message of *Eat Right, Your Way, Every Day*. To make this task easier, we have a number of promotional items including drinkware, classroom products, promotional kits and cooking gadgets featuring the 2013 graphic. There is still time to place your NNM order!

View our online catalog and order today!
You are receiving this member message from the Academy of Nutrition and Dietetics
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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2397. Last day of PPW – Important Information!

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Mar 12, 2013 00:15:51
**Subject:** Last day of PPW – Important Information!
**Attachment:** PPW TODAY newsletter- Tuesday FINAL.pdf

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Dear PPW Attendee,

**TUESDAY:**
Please arrive on Tuesday by 7:20 a.m. We will start promptly at 7:30 a.m. because we have three special guests: Representative Jim McGovern (Mass.), Representative Bruce Braley (Iowa) and Sam Kass (White House).

**Checkout:**
Please note that the checkout process may take a while and you will likely need to stow your bags with the concierge while you are on the Hill. Please allow enough time for this process.

**Spread the Good News:**
Once again we are providing you with tomorrow's edition of PPW TODAY. Please share the attached document and the below portion of the email with your electronic mailing lists.

**Tell a Friend:**
Please share this information with your colleagues in case they do not see this email in time.

It has been a pleasure having you at PPW.

Good luck on your Hill visits!
Jessica

**PPW TODAY**
**Believing in a Candidate: Grassroots Efforts for a Sustainable Impact**

The Academy's Legislative Public Policy Chair, Karen K. Ehrens, RD, LRD, emphasized that grassroots efforts to sustain congressional relationships are "the way to get things done." She added that picking your candidate and supporting them entirely are crucial components of a successful relationship.

Ehrens introduced Senator Heidi Heitkamp (N.D.), the first female Senator from North Dakota. Senator Heitkamp was welcomed with a standing ovation that preceded a riveting speech on the contrast of hunger and obesity as they relate to health issues. She emphasized the importance of nutrition as "the vanguard of the next great public health outcome," with the first step being education targeted specifically to members of Congress.

Later, Maryland Representative Elijah Cummings addressed over 100 generous ANDPAC donors, speaking emotionally about the RD's role in changing our nation's health by using efficient, effective communication. He concluded by encouraging attendees to "push for policies that keep our people healthy."

**Building a Local Food System**

A panel of experts discussed principles, policies and procedures to building a local food system. PPW attendees first learned from Susan Roberts, JD, MS, RD, about the basic principles of local food systems. She stated that they should be health promoting, sustainable, resilient, diverse, fair, economically balanced and transparent.

Angie Tagtow, MS, RD, LD, defined Food Policy Councils (FPC) and encouraged Academy members to be involved as the nutrition experts. She emphasized that health and environment must be incorporated in food system models and highlighted examples of FPC successes.

Carla Honselman, PhD, RD, LDN, took attendees on a visual journey to her family's farm. She informed attendees of the challenges to farming such as regulations, taxes, cost and consumer issues. She ended by identifying areas of common ground between RDs and farmers, stating that both want to provide safe nourishing foods, promote sustainability, provide access to healthful food and utilize evidenced based science.

**Biotechnology and GMOs - From Farm to Label:** Academy members gained perspective from local farmer and RD, Jennifer Schmidt, who uses biotechnology practices on her family farm and is mindful of keeping our environment clean, crops nutritious and children healthy. PPW attendees also learned from Melinda Hemmelgarn RD who stressed the importance of transparency and accountability and expressed concern about potential health impacts of GMOs.

**A 1200 Calorie Salad?!:** Dr. Margo Wootan from CSPI updated members on menu labeling regulations, which require chain restaurants to list calories on menu and menu boards. Dr. Wootan hopes the final rule will also include movie theaters, vending machines and alcoholic drinks. With 1/3 of daily calories for Americans coming from eating outside the home, consumers should have the right to know food's calorie content.

**RDs Might Soon Gain Therapeutic Diet Order Independence:** CMS proposed a rule that would allow privileged RDs employed by hospitals to independently order patients' diets. RDs are the best clinicians to assess nutrition status, order diets and make modifications. The Academy and CMS agree: RDs are the nutrition experts!

**Competitive Foods Might Lose the Race:** Pew Health Expert, Jessica Donze Black MPH, RD, explained the proposed rule to establish nutrition standards on food and beverages sold outside of the school meal program. She stated that 80% of individuals want national standards for snack foods in schools and when nutrition policies for healthy snacks are implemented children eat more healthfully.

2398. 2013 PPW Evaluation: Monday, March 11

**From:** dmoore@eatright.org via surveymonkey.com <member@surveymonkey.com>
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Mar 11, 2013 20:58:22
**Subject:** 2013 PPW Evaluation: Monday, March 11
**Attachment:**

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Thank you for participating in the Sunday portion of the 2013 Public Policy Workshop. Please take a few minutes to evaluate the program via the following link:
http://www.surveymonkey.com/s.aspx?sm=NZuZb7Akf7zwT_2fa7XI5IIw_3d_3d

This link is uniquely tied to this survey and your email address. Please do not forward this message.

Thanks for your participation!

Please note: If you do not wish to receive further emails from us, please click the link below, and you will be automatically removed from our mailing list.
http://www.surveymonkey.com/optout.aspx?sm=NZuZb7Akf7zwT_2fa7XI5IIw_3d_3d

2399. IMPORTANT MESSAGE FROM ETHAN BERGMAN - RDN Credential

**From:** Doris Acosta <dacosta@eatright.org>
**To:** Joan Schwaba <JSchwaba@eatright.org>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>
**Sent Date:** Mar 11, 2013 18:33:24
**Subject:** IMPORTANT MESSAGE FROM ETHAN BERGMAN - RDN Credential
**Attachment:** FAQ draft 6.docx
BLAST email Wednesday RDN draft 6.docx

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To members of the Academy's Board of Directors:

We took a historic step for the profession this past weekend, and I wanted to let you know that we will announce our action to the Academy's membership and to all registered dietitians on Wednesday, March 13 – appropriately enough, on Registered Dietitian Day!

I will tell all RDs via a blast email that the Board and CDR took action that many members have asked for: approving the optional use of the credential designation "registered dietitian nutritionist" by practitioners who have, or who qualify for, the credential "registered dietitian." This information will be shared with the House of Delegates on Tuesday, March 12.

Our announcement will emphasize that “Nutrition” is a term that the public understands – one of the reasons why “nutrition” became part of the Academy’s new name in 2012. I will say that this action by the Board will be a benefit to registered dietitians, more accurately reflecting who RDs are and what we do. I will also stress that legal counsel determined that adding the optional RDN credential will not affect licensure or other regulations. Many state licensure/certification laws already reference the term nutritionist (e.g. LDN or CDN).

I will remind RDs about the branding program that is under way to help educate consumers and other health professionals and build further awareness of their unique capabilities. And we will make it clear that the RDN credential designation is offered as an **option** to RDs who want to convey the nutrition aspect of their credential.

RDs seeking more information about the new RDN credential will be directed to Frequently Asked Questions that will go live on Wednesday at www.eatright.org/RDN. This information will be shared through various social media channels. We will also issue a press release “All registered dietitians are nutritionists but not all nutritionists are registered dietitians.” Please see attached all RD message and FAQ.

Registered Dietitian Day 2013 will be a great day for our profession. Thank you very much for your hard work and your support of registered dietitians!

Sincerely,

Ethan A. Bergman, PhD, RDN, CD, FADA

President, 2012-2013

2400. Welcome...

**From:** Linda Hudson <lhudson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 11, 2013 17:27:03
**Subject:** Welcome...
**Attachment:**

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Hi Donna,

I'm Linda Hudson the Foundation Assistant here at the Academy Foundation. I want to welcome you to the Foundation Board and give you the date of our upcoming Foundation meeting.

**June 18 – 19, 2013 – in person meeting in Chicago (location TBD)**

Throughout the year we have 3-4 conference calls (those dates have not been determined); I will always send the information regarding the calls in advance. Welcome to the Foundation.

**Linda Hudson**
**Foundation Assistant**
**Academy of Nutrition and Dietetics Foundation**
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

2401. Daily News: Monday, March 11, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 11, 2013 10:55:58
**Subject:** Daily News: Monday, March 11, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**CMS distributes video on dining standards that encourage less restrictive diets**
http://www.mcknights.com/cms-distributes-video-on-dining-standards-that-encourage-less-restrictive-diets/article/283487/?DCMP=EMC-MCK_Daily
Realted Resources: CMS Video, New Dining Practice Standards for Nursing Home Residents
http://surveyortraining.cms.hhs.gov/pubs/VideoInformation.aspx?cid=1101
Quality Management-scroll down to-Long Term Care Resources
https://www.eatright.org/quality/

**Small snacks curb appetite as well as bigger snacks**
http://todayhealth.today.com/_news/2013/02/27/17121895-small-snacks-curb-appetite-as-well-as-bigger-snacks?lite
Source: *Food Quality and Preference*
http://www.sciencedirect.com/science/article/pii/S0950329312001188

**Diet with Dollars Inspires Weight Loss**
(This study was published as an abstract and presented at the American College of Cardiology meeting)
http://www.medpagetoday.com/MeetingCoverage/ACC/37782?utm_content=&utm_medium=email&utm_campaign=DailyHeadlines&utm_source=WC&xid=NL_DHE_2013-03-11&eun=g411013d0r&userid=411013&email=knowledge@eatright.org&mu_id=5511392

**Epigenetics Mechanism May Help Explain Effects of Mom's Nutrition on Her Children's Health**
http://www.ars.usda.gov/is/pr/2013/130311.htm

**Hardening of the arteries common in ancient mummies**
http://www.washingtonpost.com/national/health-science/hardening-of-the-arteries-common-in-ancient-mummies/2013/03/10/0f164044-883f-11e2-9d71-f0feafdd1394_story.html

**Study: Mega Vitamins Won't Help After Heart Attack, Chelation Treatment Might**
**But modest gains from arduous 'leaching' therapy aren't enough to OK it at this time, study author says**
http://consumer.healthday.com/Article.asp?AID=674280

**Niacin Won't Help, May Harm Heart Patients: Study**
**Taking the B vitamin offered no benefit in lowering cardiac deaths or heart attacks, researchers say**
http://consumer.healthday.com/Article.asp?AID=674140

**Latex free? No guarantee: FDA**
http://www.stonehearthnewsletters.com/latex-free-no-guarantee-fda/allergies/

**Preventive measures include screening, food choices and moderate exercise**
http://consumer.healthday.com/Article.asp?AID=674186

**Wrigley's New Chewing Gum Packs a Dose of Caffeine**
http://online.wsj.com/article/SB10001424127887324034804578346670135859106.html

**Does Chewing Gum Give Your Brain an Edge?**
**In small study, people who were chewing had better recall of numbers**
http://consumer.healthday.com/Article.asp?AID=674229

**The New Green Cuisine**
**Forget corned beef and cabbage: The Irish culinary boom has unearthed a bounty of fresh alternatives**

http://online.wsj.com/article/SB10001424127887324662404578332351474044828.html?mod=googlenews_wsj

**Registered Dietitians in the News**

**Diet drinks gives bigger buzz to alcohol**
(Marisa Moore, Academy Spokesperson quoted)
http://www.atlantamagazine.com/health/2013/03/11/diet-drinks-gives-bigger-buzz-to-alcohol

**Eating on a (sequestered) budget? Dust off stovetop**
(By Bridget Swinney, RD)

http://www.elpasotimes.com/living/ci_22760753/eating-sequestered-budget-dust-off-stovetop

**Healthy Desk Drawer Snack Ideas**
(By Jen Haugen, RD)
http://www.kaaltv.com/article/stories/S2952292.shtml?cat=11985

**A balanced approach can improve child's lifestyle**
(Suzanne Forsberg, RD quoted)
http://www.tulsaworld.com/scene/article.aspx?subjectid=39&articleid=20130311_44_D1_CUTLIN293825&allcom=1

**Know how much added sugar you're consuming?**
(Susan Kraus, RD quoted)
http://www.northjersey.com/news/196728311_Know_how_much_added_sugar_you_re_consuming__content_is_no_sweet_surprise.html

**To prevent heart disease, follow a Mediterranean lifestyle**
(By Timi Gustafson, RD)
http://www.auburn-reporter.com/lifestyle/196039521.html

**El Paso community garden yields more than crops**
(Celeste Care, RD quoted)
http://www.elpasotimes.com/living/ci_22760758/community-garden-yields-more-than-crops

**Is deli meat actually bad for you?**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/is-deli-meat-actually-bad-for-you/article9559850/

**Hidden salt 'present in popular restaurant meals'**
(Tracy Parker, Dietitian/UK quoted)
http://www.bbc.co.uk/news/health-21712348

**The Academys Position Papers are available at: www.eatright.org/positions**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19078-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2402. PPW TODAY is now available! - Attached

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Mar 10, 2013 23:56:26
**Subject:** PPW TODAY is now available! - Attached
**Attachment:** PPW TODAY newsletter - Monday FINAL.pdf

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Dear PPW Attendee,

My apologies - now you will find the attached newsletter.

Thank you,
Jessica
--

Dear PPW Attendee,

Attached to this email you will find a PPW newsletter recapping today's events. Below you will see the text version of this edition. We encourage you to inform other members about the activities at PPW.

If you are a PPC or DPG leader please share this information with your member group.

Thank you for your help in disseminating this information!
Jessica

**The Academy of Nutrition and Dietetics is Making History at PPW 2013!**
The President of the Academy of Nutrition and Dietetics, Ethan Bergman PhD, RD, CD, FADA, kicked off the Academy's 2013 Public Policy Workshop (PPW) with a powerful challenge: "If dietetics is your profession, then policy should be your passion!" Dr. Bergman reminded attendees that advocacy starts with every member. In sticking with this year's theme, he inspired the audience by saying if we "work locally to improve the health of our community...it becomes a national movement."

During lunch, Bergman presented the 2013 PPW Grassroots Excellence Award to an inspiring leader in grassroots advocacy and longtime (55 years!) Academy member: Constance Locher-Boussard RD, LDN. Connie is a prime example of a committed, passionate nutrition policy leader who assured PPW that she is not done yet!

Dr. Bergman helped bring the successful day to a close with his remarks at the PPW's reception, where Academy members networked, mingled and reflected on the day's teachings. Sunday's sessions energized members as we prepare for advocacy opportunities.

**Academy Members Are Briefed on "Our Issues"**
PPW attendees were briefed on complex issues affecting dietetics, the future health of vulnerable populations, and the surrounding political environment. Nutrition policy experts covered important topics such as the budget, sequestration, Older Americans Act (OAA) and the Farm Bill, all which are impacting RDs' and DTRs' ability to best practice nutrition and dietetics and provide quality care to Americans.

Sequestration, which went into effect on March 1, will cut millions of dollars to many vital programs and institutions, including NIH, FDA, CDC, WIC, food safety, Head Start, tribal services and senior meals. Since Congress is scheduled to pass a budget by the end of March, this is the perfect opportunity for us to storm the Hill and speak our message!

Robert Blancato updated members on the OAA, which aims to keep older adults independent at home and in their communities. Nutrition programs, such as Meals on Wheels and congregate dining, are a major part of the OAA; they are critical to the well-being of the aging population. Blancato informed members that OAA saves millions in Medicaid and Medicare dollars – a good tidbit to take with you to the Hill!

The Academy's Legislative Public Policy Committee Chair, Karen K. Ehrens, RD, LRD, moderated a session on the Farm Bill with a particular focus on SNAP-Ed. Experts informed attendees that SNAP and SNAP-Ed are susceptible to devastating cuts that would affect the 90 million people eligible for the program. Members learned about SNAP-Ed's innovative, creative, evidence-based, customized approach. Educate Congress about SNAP-Ed; it's not just pamphlets, pencils and posters but empowering programs and messages to help people make healthy lifestyle changes.

**SNS DPG Recognized for Hard Work in Schools:** The Academy's School Nutrition Services (SNS) DPG was honored for its members' dedication to improving school meals. Dr. Thornton, USDA Deputy Under Secretary for Food, Nutrition and Consumer Services, thanked SNS for leading our children to better health.

**Expanding Coverage Through Advocacy:** Changes in our health care system provide dietitians with opportunities to advocate and expand coverage for MNT services. While changes will not happen overnight, it is up to dietitians to lobby, collaborate, and realize our importance in this exciting advancement. Create your personal advocacy action plan today!

**Nutrition Informatics is Coming to a Computer Near You:** The Academy's Nutrition Informatics Committee discussed technology changes that are impacting the way we care for our patients. Health data will follow patients throughout their lives and we must make sure nutrition information is included and data is collected! 35% of hospitals are already using electronic health records!.

**HEN Hosts First PPW Film Festival:** The Hunger and Environmental Nutrition DPG showed the film *Apple Pushers,* a documentary portraying five immigrants' trials as green cart vendors and detailing their roles in NYC's struggle against food deserts. 59 attendees were left feeling, "If they can do it, we can do it."

2403. PPW TODAY is now available!

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Mar 10, 2013 23:50:13
**Subject:** PPW TODAY is now available!
**Attachment:**

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2404. 2013 PPW Evaluation: Sunday, March 10

**From:** dmoore@eatright.org via surveymonkey.com <member@surveymonkey.com>
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Mar 10, 2013 20:59:10
**Subject:** 2013 PPW Evaluation: Sunday, March 10
**Attachment:**

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Thank you for participating in the Sunday portion of the 2013 Public Policy Workshop. Please take a few minutes to evaluate the program via the following link:
http://www.surveymonkey.com/s.aspx?sm=CRIb0WQC1yT8YnAzXQmYcA_3d_3d

This link is uniquely tied to this survey and your email address. Please do not forward this message.

Thanks for your participation!

Please note: If you do not wish to receive further emails from us, please click the link below, and you will be automatically removed from our mailing list.
http://www.surveymonkey.com/optout.aspx?sm=CRIb0WQC1yT8YnAzXQmYcA_3d_3d

2405. IOM agenda

**From:** Mary Pat Raimondi <mraimondi@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 09, 2013 11:11:18
**Subject:** IOM agenda
**Attachment:** Draft%20Agenda%20for%20Distribution%20_1%2030%2013.pdf
ATT00001.txt

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2406. IOM meeting

**From:** Mary Pat Raimondi <mraimondi@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 09, 2013 11:09:10
**Subject:** IOM meeting
**Attachment:**

---

http://www.iom.edu/Activities/Nutrition/NutritionEducationStandards/2013-MAR-11.aspx

Mary Pat Raimondi MS RD

2407. Outsourcing

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 08, 2013 17:09:03
**Subject:** Outsourcing
**Attachment:**

---

IT reports to Paul and he doesn't know about my outsourcing plans. Please do not mention anything about that to him at this time. Thanks!

Pat

Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2408. Childhood and Adolescent Weight Management Coming to Little Rock, Arkansas

**From:** Commision on Dietetic Registration <cdr@eatright.org>
**To:** Donna S Martin LD RD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 08, 2013 11:36:14
**Subject:** Childhood and Adolescent Weight Management Coming to Little Rock, Arkansas
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

Weight Management Certificate Programs
A Certificate of Training in Childhood and Adolescent Weight Management program is coming to The Peabody Little Rock Hotel, 3 Statehouse Plaza, Little Rock, Arkansas, on May 21-23, 2013. The program has been approved for 32 CPEUs. For registration information and to view the certificate requirements, timeline, registration deadlines and agenda visit the CDR Website at http://cdrnet.org/weight-management-childhood-adolescent-program.

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.
Childhood and Adolescent Weight Management Self-Study Module  Approved for 13 CPEUs
For information:
http://cdrnet.org/weight-management/childhood-module

Adult Weight Management Self-Study Module - Approved for 16 CPEUs
For information:
http://cdrnet.org/weight-management/adult-module
You are currently subscribed to receive Weight Management related e-mails from the Commission on Dietetic Registration. If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

2409. Daily News & Journal Review: Friday, March 8, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 08, 2013 10:43:26
**Subject:** Daily News & Journal Review: Friday, March 8, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

**Please note that some publications may require registration or a subscription to access online content.**

**Scientists shed light on how resveratrol works**
http://www.latimes.com/news/science/la-sci-resveratrol-20130308,0,5186626.story
Source: *Science*
http://www.sciencemag.org/content/339/6124/1216.abstract

**US obesity mystery: We're eating fewer calories, getting fatter**
http://todayhealth.today.com/_news/2013/03/07/17224260-us-obesity-mystery-were-eating-fewer-calories-getting-fatter?lite
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/02/18/ajcn.112.052662.abstract?sid=74e3bf8f-8f34-4b6d-b528-218a29073592
Related Resource: Weight Management Resources
https://www.eatright.org/shop/categories.aspx?id=254

**Kids need to step up physical activity, report says**
http://www.usatoday.com/story/news/nation/2013/03/08/kids-physical-activity/1971063/
Source: *2012 Shape of the Nation Report*
http://www.aahperd.org/naspe/about/announcements/son.cfm
Related Resource: Kids Eat Right
www.kidseatright.org

**Activity monitors that can keep up with kids**
http://www.washingtonpost.com/lifestyle/wellness/activity-monitors-that-can-keep-up-with-kids/2013/03/05/57a7bc02-7c73-11e2-9a75-dab0201670da_story.html

**Cash can bribe dieters to lose weight, study says**
http://todayhealth.today.com/_news/2013/03/07/17226096-cash-can-bribe-dieters-to-lose-weight-study-says?lite

**Meat Institute finds fault with study on red meat consumption**
http://www.latimes.com/health/boostershots/la-heb-red-meat-study-institute-20130307,0,5814361.story
Source: *BMC Medicine*
http://www.biomedcentral.com/1741-7015/11/63/abstract

**Chia seeds pack healthy punch into tiny package**
http://www.usatoday.com/story/news/nation/2013/03/07/chia-seeds-nutrition/1972139/
Relate Resource: FAQ-What are chia seeds? Are there health benefits?
http://www.eatright.org/Members/content.aspx?id=6442452451

**What surgeons leave behind costs some patients dearly**
http://www.usatoday.com/story/news/nation/2013/03/08/surgery-sponges-lost-supplies-patients-fatal-risk/1969603/

**Recalls, Market Withdrawals, &Safety Alerts**
http://www.fda.gov/Safety/Recalls/default.htm
-Bumble Bee Foods Expands Voluntary Recall on Specific Codes of 5-Ounce Chunk White Albacore and Chunk Light Tuna Products Due to Loose Seals
-Tri-Union Seafood Issues Voluntary Recall on Select 5-Ounce Chunk White Albacore Tuna in Water

**MedlinePlus: Latest Health News**
-Post-stroke walking program improves stroke survivors lives
-Brain 'Pacemaker' May Help Ease Tough-to-Treat Anorexia
-Football Injuries May Trigger Harmful Immune System Response
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Meet the Supermarket Dietitian**
(Karen Buch, RD &Rochelle Gilman, RD both quoted)
http://health.usnews.com/health-news/health-wellness/articles/2013/03/07/meet-the-supermarket-dietitian

**How to Make Informed Food Choices**
**National Nutrition Month is a good time to consider Duke's nutrition resources**

(Kelly LeSage, RD quoted)
http://today.duke.edu/2013/03/nutritionmonth

**March is National Nutrition Month!**
(Rohan Krehbiel, RD quoted)
http://www.wtvq.com/content/localnews/story/March-is-National-Nutrition-Month/9qOYK8sdMkWhbMMLSNHrgg.cspx

**5 Questions to Ask Before Trying Any Diet**
(By Cynthia Sass, RD)
http://news.health.com/2013/03/07/5-questions-to-ask-before-trying-any-diet/

**Dietitians want malnutrition screening introduced in aged care**
(Claire Hewat/ CEO of Dietitians of Australia quoted)
http://www.ncah.com.au/news-events/dietitians-want-malnutrition-screening-introduced-in-aged-care/1716/

**University of Toronto dietitian unveils online salt calculator to encourage people to curb sodium intake**
**Calculate with care, you may be in for a rude awakening|**
(JoAnne Arcand, Dietitian/Canada quoted)
http://www.thestar.com/life/health_wellness/2013/03/07/university_of_toronto_dietitian_unveils_online_salt_calculator_to_encourage_people_to_curb_sodium_intake.html

**Processed meat scare: a bacon sandwich won't kill you  will it?**
(Catherine Collins, Dietitian/UK quoted)
http://www.guardian.co.uk/society/2013/mar/07/processed-meat-scare-bacon-sandwich-health

**30 % of US adults trying to cut down on gluten, claims NPD Group**
(Academy of Nutrition and Dietetics cited)
http://www.foodnavigator-usa.com/Market/30-of-US-adults-trying-to-cut-down-on-gluten-claims-NPD-Group

**Journal Review**
**Did you know you can get the articles listed in the Journal Review?**
You can for a nominal charge of $10 each.
Fill out the form listed at the link below.
(i.e.: J Am Diet Assoc. 1992 Mar;92(3):319-24.
Dietary practices of ballet, jazz, and modern dancers.)
http://tinyurl.com/article-order

***Journal of the Academy of Nutrition in Dietetics,*****Articles in Press, March 4, 2013**
(Access to the *Journal of the Academy of Nutrition and Dietetics* Online is free to all members**.** Members should log in to the Academy web site at www.eatright.org , go to Journal/ Publications, *Journal of the Academy of Nutrition and Dietetics*. Otherwise, you will need to register for a username and password at the *Journal*s web site for full-text access)
http://www.adajournal.org/inpress (scroll down)
Academy of Nutrition and Dietetics: Scope of Practice for the Dietetic Technician, Registered
http://www.andjrnl.org/article/S2212-2672(12)01935-1/fulltext
Academy of Nutrition and Dietetics: Revised 2012 Standards of Practice in Nutrition Care and Standards of Professional Performance for Registered Dietitians
http://www.andjrnl.org/article/S2212-2672(12)01936-3/fulltext
Academy of Nutrition and Dietetics: Scope of Practice for the Registered Dietitian
http://www.andjrnl.org/article/S2212-2672(12)01937-5/fulltext
Academy of Nutrition and Dietetics: Scope of Practice in Nutrition and Dietetics
http://www.andjrnl.org/article/S2212-2672(12)01938-7/fulltext
Academy of Nutrition and Dietetics: Revised 2012 Standards of Practice in Nutrition Care and Standards of Professional Performance for Dietetic Technicians, Registered
http://www.andjrnl.org/article/S2212-2672(12)01939-9/fulltext

**Academy Newsletter-*MNT Provider*, February 2013**
(Login as an Academy member to access free full-text articles cited below)
http://www.eatright.org/mntprovider/
-Only team players need apply!
(As team-based health care initiatives such as medical homes and accountablecare organizations (ACOs) become more commonplace, recruiters and hiring managers are conveying a new message to health care providers seeking employment)
-Free Health Insurance Marketplace Video available
-Expanded hospital reimbursement for malnutrition care: are you prepared?
-2013 National Nutrition Month® (NNM): Eat Right Your Way, Every Day
-Question Corner
-Electronic Data Interchange (EDI) system access and privacy
-Diabetes self-management training (DSMT) and medical nutrition therapy (MNT) webinar available
-Now trademarked, the Medical Nutrition Therapy MNTWorks® kit

***American Journal of Medical Genetics Part A*, March 2013**
http://onlinelibrary.wiley.com/doi/10.1002/ajmg.a.v161.3/issuetoc
Maternal vitamin K deficient embryopathy: Association with hyperemesis gravidarum and Crohn disease

http://onlinelibrary.wiley.com/doi/10.1002/ajmg.a.35765/abstract;jsessionid=46CD6962017AE32A979357BD0F5D57F6.d02t02

***American Journal of Preventive Medicine*, March 2013**
http://www.ajpmonline.org/issues?issue_key=S0749-3797(13)X0002-9
Meeting the 2008 Physical Activity Guidelines for Americans Among U.S. Youth
http://www.ajpmonline.org/article/S0749-3797(12)00879-3/abstract
Using the SenseCam to Improve Classifications of Sedentary Behavior in Free-Living Settings
http://www.ajpmonline.org/article/S0749-3797(12)00849-5/abstract
Using a Wearable Camera to Increase the Accuracy of Dietary Analysis
http://www.ajpmonline.org/article/S0749-3797(12)00863-X/abstract

***American Journal of Preventive Medicine*, March 2013 Supplement**
Addressing Latino Childhood Obesity Through Research and Policy: Findings from the Salud America! Experience (Access Free Full-text Article for each category)
http://www.ajpmonline.org/issues?issue_key=S0749-3797(13)X0002-9
-Introduction (3 articles)
-Addressing Obesity Within Communities (7 articles)
-Promoting Health in School (1 article)
-Child Obesity Within the Context of Family (4 articles)
-Bringing It Together: Policy Implications (1 article)
-Commentary to Support Change (3 articles)

***Childhood Obesity*, February 2013**
http://online.liebertpub.com/toc/chi/9/1
-Childhood Obesity Trends in 2013: Mind, Matter, and Message
-FoodCorps: Addressing Childhood Obesity through School Food and National Service
An Interview with FoodCorps Co-Founders Curt Ellis, Debra Eschmeyer, and Cecily Upton
-Next Steps in Obesity Prevention: Applying the Systems Approach
-The Impact of a Statewide Training To Increase Child Care Providers Knowledge of Nutrition and Physical Activity Rules in Delaware
-Farm to School and Nutrition Education: Positively Affecting Elementary School-Aged Childrens Nutrition Knowledge and Consumption Behavior
-Web-Based Family Intervention for Overweight Children: A Pilot Study
-National School Lunch Nutrition Standards: Making Kids Hungry or Healthy?

***Clinical Nutrition Insight*, March 2013**
(Subscription required)
http://journals.lww.com/clinnutrinsight/pages/default.aspx
-Food Sensitivity Testing: Evidence-Based Practice or Pricey Placebo?
-Talking With Patients About Food Sensitivity Tests
-Are Gluten-Free Foods Really Gluten-Free?
Elimination Diet Treats Adult Eosinophilic Esophagitis

***Environmental Nutrition*, March 2013**
(Subscription required)

http://www.environmentalnutrition.com/issues/
-Edamame: Fresh, Whole, Healthy
-The Comeback (Pressure) Cooker
-Going Raw: Pros and Cons
-Resistant Starch: A Fiber with Benefits
-Truffles and Tea Seed Oil Bring Flavor and Health
-EVOOs Smoke Point Suitable for Cooking
-Calcium Supplement Concerns
-Gluten-Free Whole Grains

***European Journal of Cardiovascular Nursing*, April 2013**
http://cnu.sagepub.com/content/12/2.toc
High nutritional risk is associated with worse health-related quality of life in patients with heart failure beyond sodium intake
http://cnu.sagepub.com/content/12/2/184.abstract

***European Journal of Clinical Nutrition*, March 2013**
http://www.nature.com/ejcn/journal/v67/n3/index.html
Aluminium in parenteral nutrition: a systematic review
http://www.nature.com/ejcn/journal/v67/n3/abs/ejcn2012219a.html
Dietary advanced glycation end-product restriction for the attenuation of insulin resistance, oxidative stress and endothelial dysfunction: a systematic review
http://www.nature.com/ejcn/journal/v67/n3/abs/ejcn2012220a.html
Interpreting common hydration biomarkers on the basis of solute and water excretion
http://www.nature.com/ejcn/journal/v67/n3/abs/ejcn2012214a.html
Associations between flavored milk consumption and changes in weight and body composition over time: differences among normal and overweight children
http://www.nature.com/ejcn/journal/v67/n3/abs/ejcn2012123a.html

***Food Chemistry*, Online First, February 24, 2013**
http://www.sciencedirect.com/science/journal/aip/03088146
Food Composition Databases for Effective Quality Nutritional Care
http://www.sciencedirect.com/science/article/pii/S0308814613002215

***JAMA Internal Medicine*, Online First February 25, 2013**
http://archinte.jamanetwork.com/onlineFirst.aspx?page=2
Research Letters
Patient Information About Warfarin: An Assessment of Accuracy and Readability
http://archinte.jamanetwork.com/article.aspx?articleid=1656541
Availability of Potassium on the Nutrition Facts Panel of US Packaged Foods
http://archinte.jamanetwork.com/article.aspx?articleid=1656546

***JAMA Internal Medicine*, February 25, 2013**

http://archinte.jamanetwork.com/issue.aspx

Micronutrient Supplementation and Pregnancy OutcomesDouble-Blind Randomized Controlled Trial in China

http://archinte.jamanetwork.com/article.aspx?articleid=1555819

Hearing Loss and Cognitive Decline in Older Adults

http://archinte.jamanetwork.com/article.aspx?articleid=1558452

New Studies About Everyday Types of Chemical Exposures: What Readers Should ConsiderComment on A Crossover Study of Noodle Soup Consumption in Melamine Bowls and Total Melamine Excretion in Urine

http://archinte.jamanetwork.com/article.aspx?articleid=1558454

***Journal of Child Health Care*, March 2013**

http://chc.sagepub.com/content/17/1.toc

The nutrition needs of low-income families regarding living healthier lifestyles

Findings from a qualitative study

http://chc.sagepub.com/content/17/1/53.abstract?sp

***Journal of the National Cancer Institute*, March 6, 2013**

http://jnci.oxfordjournals.org/content/105/5.toc

Prediagnosis Body Mass Index, Physical Activity, and Mortality in Endometrial Cancer Patients

http://jnci.oxfordjournals.org/content/105/5/342.abstract.html?etoc

***Journal of Nutrition*, March 2013**

http://jn.nutrition.org/content/143/3.toc

Sweet Bing Cherries Lower Circulating Concentrations of Markers for Chronic Inflammatory Diseases in Healthy Humans

http://jn.nutrition.org/content/143/3/340.abstract

Cash and in-Kind Transfers Lead to Excess Weight Gain in a Population of Women with a High Prevalence of Overweight in Rural Mexico

http://jn.nutrition.org/content/143/3/378.abstract

***Journal of Renal Nutrition*, March 2013**

http://www.jrnjournal.org/issues?issue_key=S1051-2276(13)X0002-0

Etiology of the Protein-Energy Wasting Syndrome in Chronic Kidney Disease: A Consensus Statement From the International Society of Renal Nutrition and Metabolism (ISRNM)

http://www.jrnjournal.org/article/S1051-2276(13)00006-X/abstract

Longitudinal Measures of Serum Albumin and Prealbumin Concentrations in Incident Dialysis Patients: The Comprehensive Dialysis Study

http://www.jrnjournal.org/article/S1051-2276(12)00084-2/abstract

Effect of a Dietitian-managed Bone Algorithm on Serum Phosphorus Level in Maintenance

Hemodialysis Patients
http://www.jrnjournal.org/article/S1051-2276(12)00131-8/abstract
Self-Rated Appetite as a Predictor of Mortality in Patients With Stage 5 Chronic Kidney Disease
http://www.jrnjournal.org/article/S1051-2276(12)00119-7/abstract
Use of the Subjective Global Assessment to Predict Health-Related Quality of Life in Chronic Kidney Disease Stage 5 Patients on Maintenance Hemodialysis
http://www.jrnjournal.org/article/S1051-2276(12)00086-6/abstract

***Military Medicine*, February 2013**
(Access abstracts at link below)
http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000002
-The Patient-Centered Medical Home in the Transformation From Healthcare to Health
-Examining Selected Patient Outcomes and Staff Satisfaction in a Primary Care Clinic at a Military Treatment Facility After Implementation of the Patient-Centered Medical Home
-Impact of a Patient-Centered Medical Home on Access, Quality, and Cost
-Leveraging the Military Health System as a Laboratory for Health Care Reform
-The Patient-Centered Medical Home: A Case Study in Transforming the Military Health System
-Protecting the Culture of a Patient-Centered Medical Home

***Morbidity and Mortality Weekly Report*(MMWR), March 8, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Vital Signs: Carbapenem-Resistant Enterobacteriaceae
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6209a3.htm?s_cid=mm6209a3_w
Announcements: Ground Water Awareness Week  March 1016, 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6209a8.htm?s_cid=mm6209a8_w

***Nutrition*, Online First, March 5,  2013**
http://www.sciencedirect.com/science/journal/aip/08999007
Effects of Dietary Approaches to Stop Hypertension (DASH) diet on some risk for developing type 2 diabetes: A systematic review and meta-analysis on controlled clinical trials
http://www.sciencedirect.com/science/article/pii/S0899900713000105
Novel diet for patients with impaired mastication evaluated by consumption rate, nutrition intake, and questionnaire
http://www.sciencedirect.com/science/article/pii/S0899900713000051

***Nutrition Action Health Letter*, January/February 2013**
(Subscription required)
http://www.cspinet.org/nah/
-Gut Myths?
Clearing up confusion in the GI Tract
-Quick Studies: Bone Basics
-Special Feature: Coping with an Enlarged Prostate

***Nutrition in Clinical Practice*, OnlineFirst, March 2013**
http://ncp.sagepub.com/content/early/recent
Refeeding Hypophosphatemia in Adolescents With Anorexia Nervosa
A Systematic Review
http://ncp.sagepub.com/content/early/2013/03/01/0884533613476892.abstract
Just Say No to Intensive Care Unit Starvation
A Nutrition Education Program for Surgery Residents
http://ncp.sagepub.com/content/early/2013/03/01/0884533613477136.abstract?sp

***Nutrition Research*, February 2013**
http://www.nrjournal.com/issues?issue_key=S0271-5317(12)X0015-0
Australian children who drink milk (plain or flavored) have higher milk and micronutrient intakes but similar body mass index to those who do not drink milk
http://www.nrjournal.com/article/S0271-5317(12)00287-4/abstract

***Preventing Chronic Disease*, March 2013**
(Access full-text articles at link below)
http://www.cdc.gov/pcd/current_issue.htm
-Recruitment and Retention of Pregnant Women for a Behavioral Intervention: Lessons from the Maternal Adiposity, Metabolism, and Stress (MAMAS) Study
-Recruitment and Retention Techniques for Developing Faith-Based Research Partnerships, New York City, 20092012
-An Algorithm That Identifies Coronary and Heart Failure Events in the Electronic Health Record
-Healthy Eating Design Guidelines for School Architecture
-The Chronic Care Model and Diabetes Management in US Primary Care Settings: A Systematic Review
-Preventable Hospitalizations for Hypertension: Establishing a Baseline for Monitoring Racial Differences in Rates
-An Integrated Framework for Assessing the Value of Community-Based Prevention: A Report of the Institute of Medicine
-Substitution Patterns Can Limit the Effects of Sugar-Sweetened Beverage Taxes on Obesity

***Topics in Clinical Nutrition*, January/March 2013**
(Access abstracts from link below)
http://journals.lww.com/topicsinclinicalnutrition/pages/default.aspx
-Food Preferences in Patients After Roux-en Y Gastric Bypass Surgery: A Pilot Study Examining Eating Behaviors and Weight Maintenance
-Outcome Expectations and Their Association With Use of Diet-Related Behavioral Strategies and Reported Dietary Intake
-Cooking Confidence and Healthy Eating Choices of Preadolescent Participants at a Cooking Camp

-Vitamin D and Colorectal Cancer Prevention: Current Evidence and Implications for Clinical Practice
-Exploring Current Pediatric Recommendations for Vitamin D
-Blenderized Formula by Gastrostomy Tube: A Case Presentation and Review of the Literature

***Tufts University Health &Nutrition Letter*, February 2013**
http://www.tuftshealthletter.com/Default.aspx
- A Double-Edged Sword: Dont Overdo Extra Iron
http://www.tuftshealthletter.com/ShowArticle.aspx?rowId=1191
(Subscription required)
-7 Habits That Really Do Protect Your Heart
-Is There Such a Thing as a Healthy Snack?
-Eat Right to Fight Heartburn and Reflux

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-19049-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2410. FW: AND Finance and Audit Committee Meeting in April

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** Glennacac@aol.com <Glennacac@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>
**Sent Date:** Mar 07, 2013 17:09:18
**Subject:** FW: AND Finance and Audit Committee Meeting in April
**Attachment:** image001.png
image002.jpg

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Good Afternoon,

When you get a chance, could you please let me know if you are attending the Finance and Audit Meeting in Chicago? If you are, just let me know how many nights you need for a room, one or two. I will make your hotel reservations, which would be on Tuesday, April 23rd and Wednesday, April 24th. The meeting is on April 24th and 25th. (see below)

Thanks,

Linda

**Linda Serwat**

***Administrative Assistant***

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4731

Fax number: 312-899-5333

Email: lserwat@eatright.org

www.eatright.org

Good Morning Everyone:

From a traveling perspective, the FAC meeting will start around 8:00 am on Wednesday and end around 12:00 pm on Thursday.

Linda

Good Morning:

As on your FAC calendar, the AND Finance and Audit Committee is scheduled to hold a face-to-face meeting at the Chicago Headquarters Office on Wednesday and Thursday, April 24th and 25th, 2013, respectively.

Directly following this email, you will receive your individual travel form. Please follow the procedures.

Also I need to know if you will be attending the meeting, and if you will need 2 nights at the hotel, which would be April 23 and April 24. I will make your room reservations and send you your confirmation, as the meeting gets closer.

If you have any problems or if you have any questions, PLEASE do not hesitate to contact me. If I don't know the answer, I will find out for you.

Thanks,

Linda

Linda Serwat

**Academy of Nutrition and Dietetics**

Finance and Administration

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4731

lserwat@eatright.org

2411. Save on the March Book of the Month

**From:** Academy of Nutrition and Dietetics <marketing@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 07, 2013 15:48:32
**Subject:** Save on the March Book of the Month
**Attachment:**

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Having trouble viewing this email? View it in your browser.

**Save on the March Book of the Month**

New Edition! Pocket Supermarket Guide (10-Pack)
Mary Abbott Hess, MS, RD, FADA

In this fully updated edition, the author guides readers through the supermarket and offers advice to make grocery shopping a faster, healthier, and more budget-friendly experience. Current consumer shopping trends like organic foods and functional foods are explained, along with an overview of how to read food labels. Lists of foods to look for and go easy on from every aisle and section of the market round out this information-packed resource.

Save 10% in March!

Purchase today

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2412. Daily News: Thursday, March 7, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 07, 2013 11:19:19
**Subject:** Daily News: Thursday, March 7, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

**Please note that some publications may require registration or a subscription to access online content.**

**Processed meat 'early death' link**
http://www.bbc.co.uk/news/health-21682779
Source: *BMC Medicine*
http://www.biomedcentral.com/1741-7015/11/63/abstract

**Do more pregnant women need diabetes care?**
http://www.usatoday.com/story/news/nation/2013/03/06/pregnancy-diabetes-care/1969151/
Source: NIH
http://www.nih.gov/news/health/mar2013/od-06.htm

**Diabetes costs nation $245 billion annually, study says**
http://www.usatoday.com/story/news/nation/2013/03/06/diabetes-care-cost/1965185/
Source:*Diabetes Care-Economic Costs of Diabetes in the U.S. in 2012*
http://care.diabetesjournals.org/content/early/2013/03/05/dc12-2625.full.pdf+html

**Too much salt may trigger autoimmune diseases: studies**
http://www.chicagotribune.com/health/sns-rt-us-salt-diseasebre9251bq-20130306,0,4457551.story
Source: *Nature*
http://www.nature.com/news/salt-linked-to-autoimmune-diseases-1.12555

**Soy industry FAO protein findings only useful in malnourished populations**
http://www.foodnavigator-usa.com/Science/Soy-industry-FAO-protein-findings-only-useful-in-malnourished-populations
Source: FAO Dietary Protein Quality Evaluation in Human Nutrition- report

http://www.fao.org/ag/humannutrition/35978-02317b979a686a57aa4593304ffc17f06.pdf

**The Human BodyIn Google Map Form**
http://healthland.time.com/2013/03/05/the-human-body-in-google-map-form/#ixzz2MmrWLJss
Source:*Nature Biotechnology*
http://www.nature.com/nbt/journal/vaop/ncurrent/full/nbt.2488.html

**Food memories may aid weight loss, researchers say**
http://www.latimes.com/health/boostershots/la-heb-food-memories-may-aid-weight-loss-researchers-say-20130306,0,7618434.story
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/97/3/471.abstract

**Healthy offerings on retail menu at shopping centers**
http://www.usatoday.com/story/money/business/2013/03/06/health-changes-retail-tenants/1948991/

**Fire, tornado, earthquake: Do you have a plan if one strikes?**
http://www.chicagotribune.com/news/local/ct-x-0306-emergency-preparedness-20130306,0,5516579.story
Related Resource: CDC- Emergency Preparedness and Response
http://www.bt.cdc.gov/

**House, Senate Democrats call for boost in minimum wage to $10.10 an hour**
http://www.startribune.com/politics/national/195340721.html?refer=y

**MedlinePlus: Latest Health News**
-Despite obesity rise, U.S. calories trending downward
-Insomnia Might Boost Heart Failure Risk
http://www.nlm.nih.gov/medlineplus/healthnews.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Effect of Dietary Glycemic Index on Beta-cell Function (GIdiet)**
http://clinicaltrials.gov/ct2/show/NCT01386645?term=diet&rank=30

**Registered Dietitians in the News**

**How to Make Healthful Eating Fit Your Daily Routine**
(Ethan A. Bergman President of the Academy of Nutrition and Dietetics quoted)
http://www.taosnews.com/online_features/health_and_wellness/article_675167ed-a0cf-578a-9a8f-bf203b9f25d2.html

**Making the Mediterranean diet work in the Midwest**
(Bea Krinke, RD quoted)
http://www.startribune.com/lifestyle/taste/195646051.html

**Getting enough zzz's is key to weight loss**
(Melissa Buczek-Kelly, RD quoted)
http://www.northjersey.com/news/195807521_Getting_enough_zzz_s_is_key_to_weight_loss.html

**Newton schools put the spotlight on breakfast**
(Brittany Bingeman, RD quoted)
http://www.newtoncitizen.com/news/2013/mar/06/newton-schools-put-the-spotlight-on-breakfast/

**Preserving muscles as you age!**
(Nancy Dell, RD featured)
http://www.wwlp.com/dpp/mass_appeal/health/preserving-muscles-as-you-age

**Hospital (Guam): Pass law so we can hire those we need**
(Catherine San Nicolas, RD quoted)
http://www.guampdn.com/article/20130307/NEWS01/303070309

**Hidden sugars can wipe out health benefits**
(Fiona Boyle &Rachel Scrivin, Dietitians/New Zealand both quoted)
http://www.bayofplentytimes.co.nz/news/slimmers-making-bad-choices/1780965/

**Planning key to healthy shopping**
(Karling Zaporzan, Dietitian/Canada quoted)
http://www.chroniclejournal.com/content/news/local/2013/03/07/planning-key-healthy-shopping

**Liquid nation**
(Bronwyn Lundy &Pennie Taylor, Dietitians/Australia both quoted)
http://www.smh.com.au/lifestyle/liquid-nation-20130301-2fbbt.html

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**

**The Academys Position Papers are available at: www.eatright.org/positions**

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or send a blank email to leave-19013-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2413. Celebrate National Nutrition Month® with a Tribute Gift!

**From:** Academy of Nutrition and Dietetics Foundation <Foundation@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 06, 2013 21:56:52
**Subject:** Celebrate National Nutrition Month® with a Tribute Gift!
**Attachment:**

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Having trouble viewing this e-mail? View it in your browser.
March 13 is Registered Dietitians Day
03/06/2013
**Recognize someone special on this day with a Tribute Gift.**

We invite you to honor a mentor while making a gift to your Academy of Nutrition and Dietetics Foundation. This year on Registered Dietitian Day, recognize the special people who made a difference in your life while making an important investment in the future of the dietetics profession. Your friend, colleague or loved ones family will be notified of your thoughtfulness through a personalized acknowledgement card.

Give the gift that keeps on giving!

Please consider a donation to help support our programs and mission of advancing public health and nutrition utilizing the expertise of registered dietitians.

To make a Tribute Gift, contact Amy Donatell, Annual Fund Manager, 312/899-4767 or adonatell@eatright.org or go to www.eatright.org/Foundation/tribute.

Watch our Kids Eat Right video and see first-hand the impact Kids Eat Right is having in our communities.

Charity Navigator, Americas largest and most-utilized independent evaluator of charities, has bestowed the **Academy of Nutrition and Dietetics Foundation** with the coveted 4-star rating for sound fiscal management and commitment to accountability and transparency.
This e-mail is a benefit for members of the Academy of Nutrition and Dietetics Foundation.
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Headquarters | Academy of Nutrition and Dietetics
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2414. ICDA Newsletter, 2013 Vol.20 Issue 1

**From:** Jeri Palmer <JPALMER@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 06, 2013 18:49:11
**Subject:** ICDA Newsletter, 2013 Vol.20 Issue 1
**Attachment:**

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ICDA Newsletter
This is being sent on behalf of Sylvia Escott-Stump, ICDA representative.

**From:** ICDA Newsletter [mailto:newsletters=internationaldietetics.org@dietitians.ca] **On Behalf Of** ICDA Newsletter

Spring 2013

# ICDA Board of Directors

From the Chair of the Board

Happy New Year to you all. How fast time flies – it is now six months since the 16th ICD in Sydney and what a wonderful congress it was. It was a great pleasure to meet so many of you there and

a very big thank you and congratulations to the Dietitians Association of Australia for hosting such a fantastic event. It is now time to look forward to the 17th Congress in Granada. It is also time for the work to start on the next four year cycle of the ICDA. The Board works to four year plans between our congresses. We are now going to move towards writing a plan with strategic activities for the 2012-2016 period. The Board has already met this year and we are already starting to work on the plan, basing it upon those ideas and activities that you, the members, told us you wanted us to include. We expect to be able to post the new plan around mid-year so look out for it!

Downloads

Download the PDF Version

# Feature Article

An Overview of the ICDA Workshops held at the ICD 2012 in Sydney

The ICDA Board of Directors sponsored and led 9 workshops (3 per day) at the ICD. This was the first time we attempted an ambitious plan. The workshops were one of the strategies the Board adopted to achieve our key result are of a strong network, by developing the networking and the collaborative action of the Congress.

EFAD adopts two new position papers

EFAD had the very good fortune to receive €100000 from the European Commission in 2012 to support the work of the Federation. This money was used to produce several useful outcomes, including surveys on standardised terminology and on the embedding of European Dietetic Competencies. A communications strategy was developed, a LinkedIn group (called European Dietitians) was established and four newsletters and a new brochure were published. EFAD was also able to organize stakeholder workshops and workshops to facilitate mentoring relationships between established and developing associations.

# ICD 2012 Experiences

ICD 2012 Experience - Charlotte Jackson, British Dietetic Association

Only occurring once every 4 years, this is the Olympics of the Dietetic world! The 16th International Congress of Dietetics in Sydney was a fantastic experience and the best networking opportunity I could have imagined. I was privileged enough to attend this prestigious event following an invitation to present my masters dissertation on Malnutrition in Nursing Homes.

ICD 2012 Experience - Beatrice Conrad, Swiss Association of Registered Dietitians

It was a very exciting conference in Sydney! ICD 2012 meant to me:

ICD 2012 Experience - Jagmeet Madan, Indian Dietetic Association

The 16th International Congress of Dietetics (ICD) held in Sydney from 5th to 8th September 2012 had nearly 2300 participants from 43 countries. This is the first time that twenty four participants from Indian Dietetic Association (IDA) were present at an ICDA conference.

ICD 2012 Experience - Janice Macdonald, Dietitians of Canada

Canadian dietitians stood proud at the 16thInternational Congress of Dietetics in Sydney, Australia. Delegates were commenting in the hallways on the strong Canadian presence on the program from plenaries to workshops to poster presentations plus the popular Dietitians of Canada (DC) booth in the exhibit area.

ICD 2012 Experience - Marleen de Bruin, Elles Steenhagen, Wineke Remijnse-Meester, Dutch Dietetic Association

*“Change the values, then you can grow” - Ann Fox at the 16th ICD, Sydney, Australia* Another ICD has happened! It was really a perfect and lovely opportunity to meet so many international colleagues in Sydney. The world – for the moment – was small.

Spanish Association of Dietitians-Nutritionists

The Spanish Association of Dietitians-Nutritionists (AEDN), with its president, Giuseppe Russolillo at the head of a delegation, travelled to Sydney in September 2012 in order to attend the 16th International Congress of Dietetics (ICD). The AEDN had a stall and took part in a workshop on the Mediterranean Diet and ICDA workshop on marketing tools for the dietitian-nutritionist. But the most important thing that AEDN did in Sydney was to receive the baton to the next ICD in 2016, which will be in Granada, Spain.

ICD 2012 Experience - Niva Shapira, Naomi Trostler, Ronit Endevelt, Rebecca Goldsmith, Israel Dietetic Association

The ICDA was a great experience for me personally and to the Israeli group - 8 of the leading professionals in Israel. It was a pleasure being together, many of us presented papers, and were enthusiastic about exchanging information and opinions and sharing perspectives, visions and missions. We all felt very positive about new practices presented, which were potentially very relevant and applicable for us in Israel. Others enjoyed the positive response they got to their presentations and from the professional interactions and opportunities they encountered.

# National Dietetic Association Reports

Dietitians LEAP into cyberspace at ICD 2012: Report from DAA

After months of preparation from Dietitians Association of Australia (DAA) staff, with support from DAA's Social Media Advisory Committee (SMAC), we were delighted to see many Australian and international dietitians LEAP into the social media world for the International Congress of Dietetics, held in Sydney, Australia on 5-8 September 2012.

Brazilian Nutrition Congress and Ibero-American Nutrition Congress Achieve International Exposure

More than 3400 nutrition professionals and students from Brazil and 11 Ibero-American countries gathered together at the 22$^{nd}$ Brazilian Nutrition Congress (CONBRAN 2012) from September 26 – 29, 2012 in Olinda, Pernambuco. The event was organized by the Brazilian Nutrition Association (ASBRAN) and the Pernambuco State Nutrition Association (APN), and brought together delegates from the 3$^{rd}$ Ibero-American Conference on Nutrition, the 3$^{rd}$ Ibero-American Sports Nutrition Symposium, the 1$^{st}$ Ibero-American Symposium on Evidence-Based Clinical Nutrition and the 1$^{st}$ Ibero-American Nutrition Symposium on Meal Production.

Developing Canadian Entry-To-Practice Competencies - A Collaborative

Canada is preparing to release new entry-to-practice competency standards in April 2013. These new standards have been developed through a collaboration between Dietitians of Canada (DC), ten provincial dietetic regulatory bodies, and 50 academic and practicum dietetic education programs over a three-year period.

Prevention of obesity and overweight among children in France

Obesity and overweight affect respectively 3.5% and 14.5% of children in France. These figures doubled in the last ten years. In order to prevent what has become a real public health problem,

the French Association of Nutritionist Dietitians (AFDN) strives to raise awareness amongst public and professionals on the recommendations from the French National Authority for Health (HAS).

Nutritional Support Teams in Greece – Recent Advances in Hospital Malnutrition Legislation

Prevalence rates of malnutrition in hospitalized patients in Greece vary from 25-40%. Since malnutrition largely goes by undetected and untreated the role of dietitians is essential in malnutrition screening and management.

In 29.2.2012 a new legislation devised by the Ministry of Health and Social Solidarity came into force. Law n. 4052/ Chapter n.134 refers comprehensively to Clinical Nutrition issues and addresses disease related malnutrition in Greek hospitals. Among the core objectives is ensuring appropriate nutrient intake for all patients according to their nutritional status, length of stay and possible changes in their clinical condition. The new legislation was the result of a concerted effort of the Hellenic Dietetic Association (HDA), the Hellenic Association of Hospital Dietetians (PASINOD) - both representing dietitians in Greece - and the multidisciplinary Society for Clinical Nutrition (GrESPEN).

Report on the second and third cycle training opportunities for dietitians with a bachelor’s degree and changes in the continuing professional educational system in Hungary

The highest qualified professionals of diet therapy are the dietitians in Hungary. Dietetics at Bachelor’s level has existed from 1975 in Budapest and from 1990 in Pecs. The education lasted for 3 years at the beginning, but it has now grown to 4 years. Recently (since 2009 in Debrecen and Budapest, and since 2011 in Pecs) it became possible to get a masters degree in the field of nutritional sciences as well, but in quite a unique way. The masters program for dietetics has been titled as Nutrition MSc. This means that health professionals still need a Dietetics BSc, and the masters program focuses mainly on scientific competencies instead of specialized dietetic competencies. Since 2006 it is also possible to get a PhD for health professionals because two universities (Pecs and Budapest) have launched a Doctoral School for Health Sciences. Many of the dietitian students have already defended their theses and received their PhD in Nutrition Science.

Establishment of the Japan Dietetic Association - Disaster Assistance Team (JDA-DAT) and its Roles

Based on our experience gained through the dispatch of registered and volunteer dietitians for disaster support and restoration related activities after the 2011 Thoku Earthquake and Tsunami hit Japan on March 11, 2011, the Japan Dietetic Association decided to establish the Japan Dietetic Association - Disaster Assistance Team (hereafter, JDA-DAT).

Stand Up for your Rights to Practice Nutrition in Israel

A significant landmark in educational history was set recently, when the CHE - Council of Higher Education in Israel, decided that a revolution in the studies of nutrition science must commence. In Israel, the nutrition profession is currently learned in three main academic institutions: The Hebrew University in Jerusalem, Tel Hai Academic College and Ariel University Center.

Workshop on Nutritional therapy for HIV held in Israel for Dietitians

In Israel there are approximately 6,000 individuals infected with Human Immunodeficiency Virus (HIV). Thanks to the advancement in the treatment and medications for HIV, there has been a change in the dietitian's role and involvement in the treatment of HIV infected individuals. While, in the past, dietitians were called to treat acquired immunodeficiency syndrome (AIDS) patients suffering from severe malnutrition, today they are needed to help prevent and treat the metabolic risk factors (e.g., dyslipidemia, insulin resistance) prevalent under the medical treatment of Highly Active Anti-Retroviral Therapy (HAART). Since the dietitian has become a meaningful member of the multi-disciplinary team in HIV clinics, the Israeli Dietetic Association, together with the support of *Janssen*, conducted a professional workshop for its members about HIV.

International Dietitians Day in New Zealand – "Eat Right, Your Way, Every Day"

IA special day dedicated to all dietitians across New Zealand will be celebrated on March 13th 2013. This is the first time New Zealand based dietitians have participated in International Dietitians Day which serves to commemorate dietitians as invaluable health care professionals applying their specialised food and nutrition knowledge to improve the health of New Zealanders. As a dietitian's role often goes unrecognised in the community, the primary goal of this day is to raise awareness of registered dietitians as the key nutritional experts that translate the science of nutrition into practical use for the benefit of the public.

Four Position Papers from GREP-AEDN

The Review, Study and Scientific Position Statement Group of the Spanish Association of Dietitians-Nutritionists (GREP-AEDN) prepared a position paper on the "Flash Diet", in order to respond to the numerous inquiries from members of the AEDN and media. Therefore, taking into account the Code of Ethics of the profession of Dietitian-Nutritionist, and in particular the responsibilities and commitments of Dietitians-Nutritionists towards society, the GREP-AEDN has issued a scientific opinion on this "diet" with the aim to help both health professionals engaged in Human Nutrition and Dietetics, and the general population, in making informed and responsible decisions.

Activities of the American Overseas Dietetic Association (AODA)

The American Overseas Dietetic Association (AODA), the Academy's international affiliate, welcomed guests to the International Congress of Dietetics 2012 with an International Breakfast Reception at the start of the conference. In addition to the networking taking place at the event, distinguished speakers, including AODA leader Naomi Trostler, Academy President Ethan Bergman, and ICDA Board member Sandra Capra, presented information about their respective organizations, which set the tone for an informative and collaborative conference.

Public Health Issues Create Opportunities for Registered Dietitians in USA

A new emphasis in the United States on public health and community based health care creates opportunities for registered dietitians. Two new positions relate to important public health issues. The full text and support papers can be found in the Health Professions Section of the Academy's website, www.eatright.org. The first position released in August 2012 is "Food and Nutrition for Older Adults: Promoting Health and Wellness."

# Resources

French translation of IDNT available shortly

Dietitians of Canada recently completed the translation of select portions of the 4th Edition of the International Nutrition and Dietetics Terminology (IDNT) into French (terms, definitions, SNAPShots and Comparative Standards). This translation has been endorsed as the official French translation by the Academy of Nutrition and Dietetics. The complete French translation of the 4th Edition IDNT Pocket Guide is available from Presses de l'Université Lavalin. Be sure to check their web site for updates http://www.pulaval.com/ or contact Dominque Gingras at Dominique.Gingras@pul.ulaval.ca for details.

Professional Continuing Education at your fingertips

Dietitians of Canada's new Learning on Demand (LOD) site brings evidence-based continuing education to dietitians in a convenient, new way. Designed for maximum mobility, our Learning on Demand service lets you engage in learning via the web - without barriers of time or distance.

There's an App for That!

In the United States, more than 100 million people own smartphones, app downloads number in the billions per year, and the typical user spends more than an hour a day using apps. As these numbers rise, apps will continue to become more and more integrated into the lives of average Americans. The Academy of Nutrition and Dietetics is committed to empowering its members to be food and nutrition leaders and recognizes the opportunity that apps offer. Thus, the Academy has begun developing apps for both practitioners and consumers. Currently, there are three Academy

apps, available for download from the iTunes App Store and Google Play, with several others in development. The three that are currently available are listed here:

More impact and influence of the Spanish Journal of Human Nutrition and Dietetics

The Spanish Journal of Human Nutrition and Dietetics (RENHDIET), formerly *Dietetic Activity* (Actividad Dietética) is the official scientific publication of The Spanish Association of Dietitians-Nutritionists. RENHDIET is published quarterly and has the main objective to be the leading journal in the field of human nutrition and dietetics. Its scientific impact and influence is growing and nowadays are similar to the main journals in Spain and Latin America, according to November 2012 data.

Journal of the Portuguese Association of Nutritionists

*Revista Nutrícias*, is the Journal of the Portuguese Association of Nutritionists, regarding technical and scientific issues with four editions per year. All professionals of the nutritional sciences background can submit articles to this journal which will be published after the approval of journal's scientific committee. Information about the journal and publication guidelines can be found at the Association's website http://www.apn.org.pt/scid/webap/defaultCategoryViewOne.asp?categoryID=857.

# Awards and Grants

International Awards available through AND Foundation

# Calendar of Events

1st Worldwide Congress on Hidden Hunger

Stuttgart, Germany from March 6 - 9, 2013.

Society of Behavioral Medicine 34th Annual Meeting &Scientific Sessions

San Francisco, California from March 20 - 23, 2013.

1st International Probiotics Prebiotics and Functional Food Congress to be organized by Turkish Probiotic Prebiotic Association (TPPA)

Sueno Hotel Side, Antalya - Turkey from April 11 – 13, 2013.

First edition of the World Forum for Nutrition Research Conference: Mediterranean Food on Health and Disease

Reus, Tarragona - Spain from May 20 – 21, 2013.

Portuguese Association of Nutritionists will organize the 12th Nutrition and Food Congress

Lisboa Congress Center, Lisbon, Portugal from June 16 - 17, 2013.

Portuguese Nutritionists Association in collaboration with the Faculty of Nutrition and Food Sciences will host the 8th International Conference on Culinary Arts and Sciences - Global, National and Local Perspectives (ICCAS 2013)

Rectorship building of Porto University – Porto, Portugal from June 19 - 21, 2013.

20th International Congress of Nutrition (ICN)

Granada, Spain from September 15 - 20, 2013.

12th Hellenic Dietetic Association Congress

Athens, Greece from December 5 - 8, 2013.

The 17th ICRNM

Wurzburg, Germany from May 6 - 10, 2014.

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2415. Eat Right Weekly - March 6, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 06, 2013 15:27:38
**Subject:** Eat Right Weekly - March 6, 2013
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Eat Right Weekly
March 6, 2013

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## On the Pulse of Public Policy

PPW Kicks Off on Sunday

Four hundred Academy members are traveling to Washington, D.C. this weekend for the Academy's interactive 2013 Public Policy Workshop. Attendees will discuss hot nutrition policy topics and learn from top nutrition policy experts.

Learn More >>
ANDPAC to Bring Four Congressional Leaders to PPW

Thanks to members' support of ANDPAC, the Academy's political action committee, four Congressional leaders will speak at the Public Policy Workshop on critical issues affecting registered dietitians and the health of our nation.

Learn More >>
FDA Requests Comments: Allowing Artificial Sweeteners in Milk without Labeling as Such

The Academy anticipates responding to a request from the Food and Drug Administration for comments on a proposal from the International Dairy Foods Association and the National Milk Producers Federation to allow artificial sweeteners to be added to milk - by amending the standard

identity of milk - without the current requirement for the milk's label to bear a nutrient content claim. The Academy will work closely with DPGs and interested members prior to the May 21st deadline to advocate for evidence-based standards that will optimize the nation's health.

Learn More >>
Academy Submits Comments on CVD Evidence Review

The Academy has offered comments to the United States Preventive Services Task Force on its draft proposed framework for conducting an evidence review of studies related to behavioral counseling to promote a healthy diet and physical activity for cardiovascular disease.

Learn More >>
Deadlines Approach for Therapeutic Diet Order Regulations

The deadline is March 8 for submitting input for inclusion in the Academy's comments to the Centers for Medicare and Medicaid Services on CMS' proposed rule that would allow privileged registered dietitians in hospitals to order therapeutic diets.

Learn More >>
Flexibility for New School Meal Patterns Extended

The U.S. Department of Agriculture has announced that the increase on the upper limit on meat and grain servings required by the new school meal patterns will continue into the next school year.

Learn More >>
New Initiative to Help Aging Networks Build Capacity and Knowledge Base

Do you want to form community-based partnerships to strengthen support for the aging population in your area? The U.S. Department of Health and Human Services' Administration for Community Living has announced a new initiative to provide community-based long-term services and supports through contracts with health-care entities.

Learn More >>
ANDPAC Supports Candidates Who Advocate for Older Americans, MNT Expansion

Thanks to the Academy's political action committee ANDPAC, the Academy was represented at two events for pro-nutrition members of Congress: Sen. Tom Carper (Del.) and Rep. Michelle Lujan Grisham (N.M.).

Learn More >>

## CPE Corner

Leadership Organizational Applications Module

The Center for Professional Development introduces a new free online learning module that will demonstrate how registered dietitians have assumed leadership roles in a variety of business settings including clinical, trade association and a food industry company.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
CPE Available Via Webinars

New Academy-ASPEN guidelines on adult malnutrition; product safety in the gluten-free market; and the impact of obesity on cancer survivorship are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

New on EAL: Umami in Foods

The Umami in Foods project consists of such topics as palatability and sodium, and addresses adverse effects of monosodium glutamate. This free member resource is available on the Academy's Evidence Analysis Library.

Learn More >>
New Comprehensive Scope of Practice Resources

The Academy's Quality Management Team announces the first "Comprehensive Scope of Practice Resources."

Learn More >>
Sustainability Practice Paper

A new Academy practice paper titled "Promoting Ecological Sustainability within the Food System" was published March 1 on the Academy's website.

Learn More >>
March Book of the Month

Save 10 percent on the new *Pocket Supermarket Guide* (4th ed.), 10-pack. This updated edition guides readers through the supermarket and offers advice to make grocery shopping faster, healthier and budget-friendly.

Learn More >>
Diversity Leader Program Application Deadline

The deadline is April 2 to apply for the Academy's Diversity Leader Program, which introduces members from underrepresented groups to leadership opportunities and professional resources. The program is in its fifth year.

Learn More >>
Free Webinar on Childhood Obesity: What Does Success Look Like?

Members who are seeking successful clinical models of care for childhood obesity can view a free webinar developed by the Alliance for a Healthier Generation.

Learn More >>

## Academy Member Updates

Draft Ethics Opinion Available for Input

The Ethics Committee has released the draft Ethics Opinion "The Impact of Social Media on Business and Ethical Practices in Dietetics" for a 60-day comment period. Feedback will be used by the Ethics Committee to finalize this key document for the dietetics profession.

Learn More >>
There's Still Time: Plan National Nutrition Month Events

Plan National Nutrition Month events during March using the Academy's free promotional resources, including banner ad; print ads; activity sheets and patient educational handouts. Tour the NNM website to learn more.

Seeking Innovations in Practice and Education

The Council on Future Practice is pleased to offer the fifth Innovations in Practice and Education session at the Food and Nutrition Conference and Expo in Houston.

Learn More >>

## Philanthropy, Awards and Grants

Ostenso Fellowship Deadline Extended to April 1

The Grace L. Ostenso Nutrition and Public Policy Fellowship is intended to allow an Academy member to participate in the Congressional Science and Engineering Fellows Program, which is coordinated by the American Association for the Advancement of Science. The fellowship participant will spend one year in Washington, D.C. working as a special assistant in a government or legislative position that would benefit from scientific and engineering input. The fellow will receive a stipend of $75,000.

Learn More >>
Wimpfheimer-Guggenheim Fund Deadline Extended to April 1

The Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics and Management provides for the international exchange of needed nutrition, dietetic and-or management information for the benefit of the nutritional health of the world community.

Learn More >>
Award Application Deadline Extended

The deadline has been extended to April 1 to apply for a number of Foundation Awards.

Learn More >>
Research Grant Deadline Is April 1

The Foundation's named research funds are available annually to Academy members at all levels of practice.

Learn More >>
Honor a Mentor during National Nutrition Month: Make a Tribute Gift

The Foundation invites members to honor a mentor while making a gift to the Foundation. Especially during National Nutrition Month, this is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession.

Learn More >>
New Kids Eat Right "Family Meals" Mini-Grants and Toolkit Available

To support the use of the Kids Eat Right "Family Meals" toolkit, 36 grants of $200 grants are available. Recipients agree to give two presentations from the toolkit, for adults or teens, between March 25 and May 15. Applications are due March 15 and recipients will be announced March 25.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
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2416. Additional March Board Meeting Attachment

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 06, 2013 13:56:00
**Subject:** Additional March Board Meeting Attachment
**Attachment:** 22a Att 9.0 Nutrition Informatics Committee.doc

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Last week the Finance and Audit Committee received and carried forth a funding request from the Nutrition Informatics Committee. The request will be considered at the March Board meeting under agenda item 9.0 Financial Report. It has been posted to the communication platform and is attached to this correspondence.

To access the communication platform, use the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, March 8-9 Board Meeting.

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

2417. Last PPW Email – Important Information!

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Mar 06, 2013 11:58:17
**Subject:** Last PPW Email – Important Information!
**Attachment:**

---

Dear PPW Attendee,

We look forward to seeing you this Sunday! To make sure you are prepared and ready for PPW we have a few announcements:

**Registration:**
There are two times you can check in at PPW.

Saturday, March 9 from 4:00 – 6:00 p.m. at the East Side Registration
Sunday, March 10 from 7:00 – 9:30 a.m. at the Regency Gallery

PLEASE NOTE: Saturday night is Daylight Savings – please plan accordingly.

**Issue Briefs:**
Before arriving to PPW please review the issue briefs. These documents will help you with your talking points when you are visiting with your members of Congress on Capitol Hill.

**All PPW Handouts:**
We encourage all attendees to download and review PPW handouts prior to arriving to Washington, D.C. For your convenience, we have provided a master PDF that includes the PPW handouts. It is located on the message board and in the library in the "Agenda" folder. Please note it is 76 pages; therefore, we encourage you to download this document to a mobile device and refrain from printing.

**ANDPAC Signature Event:**
There is still time to sign up for the Academy's Political Action Committee Signature Event on Monday night at 6:30 p.m. at the Darlington House in Dupont Circle. To register for the event please RSVP with Charmaine Jones at CJones@eatright.org. For more information please see the COI message board, COI calendar event or visit the ANDPAC booth at PPW.

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#PPWorkshop

Travel safe and we will see you soon!
Jessica

2418. Daily News: Wednesday, March 6, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 06, 2013 11:11:06
**Subject:** Daily News: Wednesday, March 6, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

**Please note that some publications may require registration or a subscription to access online content.**

**CDC says nightmare bacteria a growing threat**
http://www.washingtonpost.com/national/health-science/cdc-warns-of-rise-in-nightmare-bacteria/2013/03/05/5596b952-85cb-11e2-999e-5f8e0410cb9d_story.html?hpid=z2 Source: *Morbidity and Mortality Weekly Report*
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm62e0305a1.htm?s_cid=mm62e0305a1_w
Related Resource: CDC
http://www.cdc.gov/vitalsigns/HAI/CRE/index.html

**Web-based tool charts disease, risk factors around the world**
http://www.washingtonpost.com/national/health-science/web-based-tool-charts-disease-risk-factors-around-the-world-and-through-time/2013/03/05/d182aa22-85cf-11e2-9d71-f0feafdd1394_story.html
Source: Global Burden of Disease (GBD) project - Institute for Health Metrics and Evaluation
http://www.healthmetricsandevaluation.org/gbd

**USDA/Economic Research Service - Charts of Note**
**-Just over 43 percent of new food products in 2010 carried health and nutrition claims**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=35721&ref=collection

**Positive outlook tied to healthier cholesterol**
http://vitals.nbcnews.com/_news/2013/03/05/17198800-positive-outlook-tied-to-healthier-cholesterol?lite
Source: *The American Journal of Cardiology*
http://www.ajconline.org/article/S0002-9149(13)00388-3/abstract

**Chicago energy drink ban: Much buzz, no action**
http://www.chicagotribune.com/news/politics/clout/chi-chicago-energy-drink-ban-much-buzz-no-action-20130305,0,5990727.story

**Bring it home-**
**Housewares echo interest in home cooking, edible gardening**
http://www.chicagotribune.com/features/food/ct-food-0306-housewares-20130306,0,4546093.story

**Is perilla the new chia  Its time for perilla to step out of the shadows of other plants based omega 3s**
http://www.foodnavigator-usa.com/Market/Is-perilla-the-new-chia-It-s-time-for-perilla-to-step-out-of-the-shadows-of-other-plant-based-omega-3s-says-Valensa

**Vermont GMO labeling bill passes first hurdle but legal challenges await warns assistant attorney general**
http://www.foodnavigator-usa.com/Regulation/Vermont-GMO-labeling-bill-passes-first-hurdle-but-legal-challenges-await-warns-assistant-attorney-general

**Get fit with Fido: People, pooches fight flab**
http://www.usatoday.com/videos/news/nation/2013/03/06/1966479/

**MedlinePlus: Latest Health News**
-Combo Treatment Might Beat Epidural to Ease Labor: Study
-Over 50? Checklist May Predict If You'll Be Alive in 10 Years
-Patient safety efforts may prevent diagnostic errors
-ADHD Can Often Persist Into Adulthood
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Oh, that old diet**
**Paleo Diet seeks meals a caveman would recognize**
(Jim White, Academy Spokesperson quoted)
http://www.chicagotribune.com/health/ct-x-paleo-challenge-20130306,0,3912556.story

**'Fasting diet' fad could be unhealthy, nutritionists say**
(Heather Mangieri, Academy Spokesperson &Katherine Tallmadge, RD both quoted)
http://www.foxnews.com/health/2013/03/06/fasting-diet-fad-could-be-unhealthy-nutritionists-say/

**Healthy Snacks for the family**
(Michelle Dudash, RD featured)
http://www.azcentral.com/video/2203259800001

**Is gluten-free a lifestyle or a diet craze?**
(Judi Adams, RD quoted)
http://www.usatoday.com/story/news/nation/2013/03/05/gluten-free-diet-popularity/1963715/

**Comfort-food chain Cracker Barrel adds lower-calorie items**
**Few markets try out 'Wholesome Fixin's' with rollout coming this summer**
(Sarah Jane Bedwell, RD quoted)
http://www.courier-journal.com/article/20130305/PRIME06/303050082/Comfort-food-chain-Cracker-Barrel-adds-lower-calorie-items

**Helping baby transition to eating safe and healthy solid foods**
(By Aimee Crant-Oksa, RD)
http://tri.gmnews.com/news/2013-03-07/Front_Page/Helping_baby_transition_to_eating_safe_and_healthy.html

**'Spring clean' meals by adding greens**
(Kari Kooi, RD)
http://www.upi.com/Health_News/2013/03/05/Spring-clean-meals-by-adding-greens/UPI-51991362519691/

**Consumers will only buy smaller portions if the price is right, or the bigger ones disappear, says researcher**
(Lisa Young, RD quoted)
http://www.foodnavigator-usa.com/Science/Consumers-will-only-buy-smaller-portions-if-the-price-is-right-or-the-bigger-ones-disappear-says-researcher

**IDNT Online to transition into full CMS for dietitians**
(Claire Nichols, Dietitian/Australia quoted)
http://www.pulseitmagazine.com.au/index.php?option=com_content&view=article&id=1343:idnt-online-to-transition-into-full-cms-for-dietitians&catid=68:allied-health&Itemid=333

**Quote of the Week**

**From the bitterness of disease man learns the sweetness of health.**
**-Catalan Proverb**

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=18984
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18984-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2419. PPW Materials

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 06, 2013 10:38:26
**Subject:** PPW Materials
**Attachment:** Master deck of handouts.pdf

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Attached is a PDF of the master deck of handouts for the Public Policy Workshop. The 76 page PDF file contains the full handouts folder of what is posted to the PPW Community of Interest (COI) merged in order from Sunday – Tuesday, including the issue briefs and other meeting information. A paper packet will be provided at the Board meeting by the DC staff.
Please let me know if you already downloaded the materials.

Additionally, the DC staff has informed us the winter storm in the DC area has not occurred yet but predictions are that it will hit this afternoon, which is apt to cause flight delays tomorrow.

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
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phone: 312-899-4798

fax: 312-899-4765
jschwaba@eatright.org

2420. What's Cooking?

**From:** Marketing <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Mar 05, 2013 21:59:32
**Subject:** What's Cooking?
**Attachment:**

---

Having trouble viewing this e-mail? Click here to view it in your browser.

**National Nutrition Month® Kitchen Gadgets Now Available!**

The National Nutrition Month® 2013 theme, *Eat Right, Your Way, Every Day*, encourages personalized healthy eating styles and recognizes that food preferences, lifestyle, cultural and ethnic traditions and health concerns all impact individual food choices.

Cutlery, strainers and other useful kitchen tools featuring the NNM graphic are now available for sale. Keep them for yourself or hand them out at events. They are sure to make cooking a breeze!

Check out these items and other great National Nutrition Month products at www.jimcolemanstore.com/nnm/!
You are receiving this member message from the Academy of Nutrition and Dietetics
If you prefer not to receive future e-mails for National Nutrition Month,
simply follow this link to unsubscribe.

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2421. Automatic reply: Glenna's Happy News!

**From:** Ulric Chung <UChung@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 04, 2013 13:19:32
**Subject:** Automatic reply: Glenna's Happy News!
**Attachment:**

---

I will be unavailable until Tuesday, March 12th. Please contact Eva Donovan (edonovan@eatright.org), Jackie Johnson (jjohnson@eatright.org), or Brittney Gillespie (bgillespie@eatright.org) if you need to reach me.

Thank you!

2422. Glenna's Happy News!

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 04, 2013 13:17:26
**Subject:** Glenna's Happy News!
**Attachment:** image.jpeg

---

Congratulations to Glenna on the birth of her granddaughter Blythe Olesia Benjamin, born on Saturday, March 2, weighing 8 lbs 5 oz. Glenna's daughter Mercedez and baby Blythe are doing well. The little bundle of big happiness is pictured with "GG" in the attachment.

Best regards,

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
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Tel:  312/899-4856
E-mail:  pbabjak@eatright.org

2423. Daily News: Monday, March 4, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Mar 04, 2013 11:25:45
**Subject:** Daily News: Monday, March 4, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

**Please note that some publications may require registration or a subscription to access online content.**
**In Medical First, a Baby With H.I.V. Is Deemed Cured**
**http://www.nytimes.com/2013/03/04/health/for-first-time-baby-cured-of-hiv-doctors-say.html?ref=health&_r=0**

**Experts Want More Studies of Diets Role for the Heart**
**http://www.nytimes.com/2013/03/03/health/experts-want-more-studies-of-mediterranean-diets-role-for-the-heart.html**
**Source: *New England Journal of Medicine***
**http://www.nejm.org/doi/full/10.1056/NEJMoa1200303**

**More iron linked to reduced risk of severe PMS**
**http://www.chicagotribune.com/health/sns-rt-us-iron-pmsbre920122-20130301,0,7280129.story**
**Source:***American Journal of Epidemiology*
http://aje.oxfordjournals.org/content/early/2013/02/23/aje.kws363.abstract

**Junk food consumption in pregnancy may lead to childhood junk food addiction**
http://www.foodnavigator-usa.com/Science/Junk-food-consumption-in-pregnancy-may-lead-to-childhood-junk-food-addiction-Study
Source: *FASEB* Journal
http://www.fasebj.org/content/27/3/1275.abstract

**Gap between desires of hospital management and experiences of frontline clinicians**
http://www.news-medical.net/news/20130302/Gap-between-desires-of-hospital-management-and-experiences-of-frontline-clinicians.aspx

Related Resource: Quality Management
http://www.eatright.org/quality/

**Iowa Senate panel advances bill on healthier cafeteria food choices**
http://www.omaha.com/article/20130301/LIVEWELL02/703019948/1016

**Mintel Research; Shoppers are more concerned about how much sugar they are eating than whether it is from HFCS or sucrose**
http://www.foodnavigator-usa.com/Market/Mintel-Research-Shoppers-are-more-concerned-about-how-much-sugar-they-are-eating-than-whether-it-is-from-HFCS-or-sucrose

**England Develops a Voracious Appetite for a New Diet- Fast Diet**
**http://www.nytimes.com/2013/03/03/fashion/england-develops-a-voracious-appetite-for-a-new-diet.html**

**Hungary Tries a Dash of Taxes to Promote Healthier Eating Habits**
**http://www.nytimes.com/2013/03/03/world/europe/hungary-experiments-with-food-tax-to-coax-healthier-habits.html**

**New magazine names the 10 best diets**
**http://www.usatoday.com/story/news/nation/2013/03/03/best-diets-magazine/1939311/**

**Brave new whirl: Juices can pack power, and so can the machines that make them navigate their way through it**
**http://www.latimes.com/health/la-he-juice-20130309,0,6639487.story**

**Exercising close to bedtime is OK, sleep experts say**
**http://www.usatoday.com/story/news/nation/2013/03/04/sleep-survey-exercise-insomnia/1955117/**

**Fitness experts separate folklore from fact**
**http://www.chicagotribune.com/health/sns-rt-us-fitness-mythsbre92308z-20130304,0,3029570.story**

**MedlinePlus: Latest Health News**
-Nervous New Moms
-Winter Weather Plays a Role in Spring Allergies, Expert Says
-Food labels often missing potassium content
-Melatonin no help for late-stage cancer weight loss
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Eating healthy should include right snacks**
(Melinda Johnson, Academy Spokesperson &Michelle Dudash, RD both quoted)
http://www.azcentral.com/healthyliving/articles/20130227healthy-snacks-eating.html

**Healthy Fruits for Skin Care**
(By Dorothy Lauren O'Connor, RD)
http://healthyeating.sfgate.com/healthy-fruits-skin-care-8331.html

**Strong relationships nurture good health**
(By Sarah Griswold, RD)
http://www.knoxnews.com/news/2013/mar/04/strong-relationships-nurture-good-health/

**Dietitian shares expertise with culinary class**
(Kati Mora, RD quoted)
http://www.clarecountyreview.com/2013/03/dietitian-shares-expertise-with-culinary-class/

**Do vitamin supplements make sense?**
(Carol Haggans, RD quoted)
http://www.ajc.com/news/lifestyles/health/do-vitamin-supplements-make-sense/nWc7c/

**How much sushi can I eat if I want to lose weight?**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/how-much-sushi-can-i-eat-if-i-want-to-lose-weight/article9230991/

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or send a blank email to leave-18933-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2424. PPW Handouts & Issue Briefs

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Mar 03, 2013 11:14:33
**Subject:** PPW Handouts & Issue Briefs
**Attachment:**

---

Dear PPW Attendee,

Handouts Available:
As you know, the Academy is going green at PPW for the first time ever. In an effort to minimize our carbon footprint, we will not be providing printed copies of the PPW handouts. Instead...

**We are asking all attendees to download the PPW handouts before arriving to DC.**

Please note that we cannot guarantee wireless access in the meeting rooms; therefore, we strongly recommend downloading the handouts to a device you plan to bring with you to PPW. We encourage you to review these materials prior to opening session.

If you would like to print a document or two please check out the discussion on the COI entitled, “PPW Handouts – Important Information.”

Issue Briefs Available:
To prepare for your visits on Capitol Hill, we have put together issue briefs that summarize federal issues affecting food and nutrition programs. Please review these for they will help you during your conversations with your members of Congress.

One week and counting!
Jessica

2425. Board bio paragraph for Journal

**From:** Tom Ryan <Tryan@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Doris Acosta <dacosta@eatright.org>
**Sent Date:** Mar 01, 2013 17:05:59
**Subject:** Board bio paragraph for Journal
**Attachment:**

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Hi, Donna: Hope you are doing well. It is the time of year again when we update the biographical sketches of the Academy's Board members, for publication in the June *Journal*. Below is the text about you that was published last year (but with your new title included). Could you please review it and make any needed edits or let us know if the text is OK as is?

To meet our Journal deadline, could you get back to us by Friday, March 15?

Thanks very much, and we'll talk to you soon.

Tom

**Donna S. Martin, EdS, RD, LD, SNS, Augusta, GA, Treasurer**

Donna S. Martin is director of the Burke County (GA) school nutrition program, which has 4,500 students in five schools, serving breakfast and lunch, after-school snacks and supper. Four of the schools have been acknowledged as HealthierUS School Challenge Gold winners. Martin has received honors and awards including Recognized Young Dietitian of the Year and the Outstanding Dietitian of the Year from the Georgia Dietetic Association, and the Academy Foundation's 2007 Judy Ford Stokes Award for Innovation in Administrative Dietetics. An active member of the Academy's School Nutrition Services dietetic practice group, Martin is the group's electronic communications chair. She represented the Georgia Dietetic Association in the Academy's House of Delegates; is a member of the School Nutrition Association Foundation's board of directors; and served on the Georgia Department of Education's Task Force on Nutrition Standards for School Nutrition Programs. She served as the Academy's treasurer-elect in 2012-2013. Martin is a graduate of the University of Georgia, earned a master's degree from the University of Alabama – Birmingham and received an education specialist degree from Augusta State University.

**Tom Ryan**

*Senior Editorial Manager, Strategic Communications*
**Academy of Nutrition and Dietetics**

(formerly the American Dietetic Association)

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www.eatright.org

www.eatright.org/media
www.kidseatright.org

2426. Additional March Board Meeting Materials

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Mar 01, 2013 16:35:53
**Subject:** Additional March Board Meeting Materials
**Attachment:** 22 Att 9.1 Program-Product Assessment.doc

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The remaining attachment for the March Board meeting -- Agenda Item 9.1 Program/Product Assessment -- has been posted to the communication platform and is also attached to this correspondence. The survey will be available March 15th through March 29th. You will receive an e-mail the week of March 11th explaining how to access the survey.

Please login using the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, March 8-9 Board Meeting.

I look forward to seeing you!

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

phone: 312-899-4798

fax: 312-899-4765
jschwaba@eatright.org

2427. FOF April Webinar panelist contracts

**From:** Linda Hudson <lhudson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Mar 01, 2013 09:42:43
**Subject:** FOF April Webinar panelist contracts
**Attachment:** Academy Independent Contractor Agreement-Donna Martin-2-28-13.doc
Sample invoice.docx

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Hi Donna,

Please sign the attached contract and forward it to me. I have also attached a sample invoice for you to fill out. Thanks.

**Linda Hudson**

**Academy of Nutrition and Dietetics Foundation**
**(formerly the American Dietetic Association Foundation)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Ph: 312/899-4773
Fx: 312-899-4796

www.eatright.org/foundation

2428. Daily News: Thursday, February 28, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 28, 2013 11:16:27
**Subject:** Daily News: Thursday, February 28, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Quantity of Sugar in Food Supply Linked to Diabetes Rates, Researcher Says**
http://www.sciencedaily.com/releases/2013/02/130227183452.htm
Source: *PLOS ONE*
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0057873

**Veg congress day one: The fact vegetarians are healthier than meat-eaters is one of the most consistent findings of nutritional epidemiology**
(People on a plant-based diet are consistently slimmer and healthier than meat eaters, with a lower risk of cardiovascular disease, cancer and diabetes, according to research unveiled at the 6th International Congress on Vegetarian Nutrition (ICVN).
http://www.foodnavigator-usa.com/Science/Veg-congress-day-one-The-fact-vegetarians-are-healthier-than-meat-eaters-is-one-of-the-most-consistent-findings-of-nutritional-epidemiology

**Even Organic Foods Not Stored, Prepared Or Cooked In Plastic Containers Can Contain Phthalates And Bisphenol A**
http://www.medicalnewstoday.com/releases/256978.php
Source:*Journal of Exposure Science and Environmental Epidemiology*
http://www.ncbi.nlm.nih.gov/pubmed/23443238

**The Extraordinary Science of Addictive Junk Food**
http://www.nytimes.com/2013/02/24/magazine/the-extraordinary-science-of-junk-food.html?ref=magazine
Related Resources: Academy Position Paper - Use of Nutritive and Nonnutritive Sweeteners
(Concept of addiction is addressed in the section subtitled Behavior Disorders)
http://www.eatright.org/About/Content.aspx?id=8363
FNCE 2012 Recorded Session- Can People Get Addicted to Palatable Food?

http://www.starlibraries.com/fnce/session/88/Can-People-Get-Addicted-to-Palatable-Food

**GMA: Banning, taxing or restricting access to certain foods or beverages will not solve the obesity problem**
http://www.foodnavigator-usa.com/Market/GMA-Banning-taxing-or-restricting-access-to-certain-foods-or-beverages-will-not-solve-the-obesity-problem

**Pregnancy nausea drug won't harm fetus, study finds**
(Poor nutrition because of excessive vomiting can harm the woman and the fetus)
http://vitals.nbcnews.com/_news/2013/02/27/17120694-pregnancy-nausea-drug-wont-harm-fetus-study-finds?lite

**Niacin-Statin Combo May Cause Side Effects for Heart Patients**
**Study found that about one-quarter of participants dropped the vitamin due to adverse effects**
http://consumer.healthday.com/Article.asp?AID=673862

**How We Rated Nursing Homes**
**Health inspections, nurse staffing, and quality of medical care determined each homes star ratings.**
http://health.usnews.com/health-news/best-nursing-homes/articles/2013/02/26/how-we-rated-nursing-homes
Related Resource- Quality Management-scroll down to-Long Term Care Resources
https://www.eatright.org/quality/

**What Housework Has to Do With Waistlines**
http://well.blogs.nytimes.com/2013/02/27/what-housework-has-to-do-with-waistlines/

**FDA to Cantaloupe Industry: Mind Your Melons**
http://www.foodsafetynews.com/2013/02/fda-to-cantaloupe-industry-mind-your-melons/
Source: FDA
http://www.fda.gov/AboutFDA/CentersOffices/OfficeofFoods/CFSAN/CFSANFOIAElectronicReadingRoom/ucm341029.htm?source=govdelivery

**And Now, From I.B.M., Chef Watson**
http://www.nytimes.com/2013/02/28/technology/ibm-exploring-new-feats-for-watson.html?pagewanted=all&_r=0

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**- Physiological Effects of New Polyphenol-enriched Foods in Humans**
http://clinicaltrials.gov/ct2/results?term=NCT01288859&Search=Search

**Registered Dietitians in the News**

**8 Exciting Oatmeal Alternatives**
**Bust out of a breakfast funk and make an energizing, filling meal thatll make you look forward to waking up**
(Rachel Begun, Academy Spokesperson quoted)
http://www.shape.com/healthy-eating/meal-ideas/8-exciting-oatmeal-alternatives

**In Miami, patients manage diabetes with the power of food**
(Ann Albright, RD quoted)
http://www.miamiherald.com/2013/02/25/3241092/food-fight.html

**From the Dietitian: Tips for adding more fruits, vegetables to your plate**
(By Julie Gieseman, RD)
http://www.desmoinesregister.com/article/20130227/LIFE/302270037/-1/ENT05/From-Dietitian-Tips-adding-more-fruits-vegetables-your-plate?nclick_check=1

**Yogurt a versatile product if homemade or store-bought**
(Michelle Bojrab, RD quoted)
http://www.journalgazette.net/article/20130227/FOOD/302279991

**Learn how to cut the fat, but keep the flavor of Latino dishes**
(Sue Cunningham, RD &Kasey Pape, RD both quoted)
http://www.mysanantonio.com/sacultura/conexion/article/Learn-how-to-cut-the-fat-but-keep-the-flavor-of-4313357.php

**Lactose Intolerant?  Enjoy Dairy Again With These Simple Tips**
(By Jen Haugen, RD)
http://www.kaaltv.com/article/stories/S2944189.shtml?cat=11985

**Eating healthy on a budget**
(Alyssa Rider, RD quoted)
http://globegazette.com/news/local/eating-healthy-on-a-budget/article_cc4f0c4a-808d-11e2-924f-0019bb2963f4.html

**Jack'd up snacks: Caffeine's not just for coffee anymore**
(Andrea Vogel, RD quoted)

http://siouxcityjournal.com/lifestyles/food-and-cooking/jack-d-up-snacks-caffeine-s-not-just-for-coffee/article_6aec4bda-c0b8-5e8a-8e59-66839772d569.html

**Your Health: Picking the Right Veggies**
(Marie Spano, RD quoted)
http://ozarksfirst.com/fulltext?nxd_id=773012

**Anchor Takes On: Grocery Shopping**
(Kylie Bentley, RD quoted)
http://www.kcentv.com/story/21413691/anchor-takes-on-grocery-shopping

**Fine-tune your eating habits**
(Charlyn Fargo, RD quoted)
http://jamaica-gleaner.com/gleaner/20130227/health/health5.html

**Fish for Lent your heart**
(By Marsha N. Woolery, Dietitian/Jamaica)
http://jamaica-gleaner.com/gleaner/20130227/health/health4.html

**How to cope with food allergies**
(Alexandra Anca, Dietitian/Canada quoted)
http://www.illawarramercury.com.au/story/1330550/how-to-cope-with-food-allergies/?cs=27

**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=18872
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18872-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2429. CMS Therapeutic Diet Order Communication Update

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 27, 2013 17:50:31
**Subject:** CMS Therapeutic Diet Order Communication Update
**Attachment:**

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Correspondence from Jeanne Blankenship follows.

Dear Board,

I would like to share with you the updated communication strategy for the new rule on therapeutic diet orders.

We will continue to communicate with members through ERW, eatright.org, affiliate and DPG newsletters/emails and social media. At this time we will not be sending out an all member email.

We will continue to work with member leaders to ensure that we speak with one voice as we comment on this new rule. Since we have received numerous questions from DPGs and affiliates on how to collaborate with the Academy we will be hosting a webinar for leaders in order to provide best practices and to answer any questions. This webinar is scheduled to take place next week, on Tuesday, March 5.

We will continue to involve members in the following three ways:

1. **Letter of Support:** To gain support for this rule, the Academy is asking its members to have their fellow non-RD practitioners (physicians, advanced practice nurses, physician assistants), hospital executives and health systems administrators to sign a letter of support by *March 8, 2013*. Please make sure they send an email to govaffairs@eatright.org that includes:

1. Name
2. Title
3. Affiliation
4. Business address

1. **Provide Specific Examples:** To append the final version of the comments, the Academy is requesting that its members submit specific instances of harm or cost that resulted from the existing rule, which prohibits RDs from ordering patient diets.

1. Examples of harm include negative outcomes on patients' health, such as choking on food, allergic reactions, inappropriate surgery preparation or malnutrition.
2. Examples of incurred costs may be due to delay, wrong orders, or other causes that affect providers and hospitals.

3. **Collaboration with Affiliates &DPGs:** Members are encouraged to work through their DPGs and affiliates with any thoughts or suggestions for additional elements to include in the comments for the proposed rule, such as other regulations in the Conditions of Participation for any facility type that are redundant or overly burdensome and in need of revision.

Please let me know if you have any questions.

Best Regards,

**Jeanne D. Blankenship, MS, RD**

Vice President, Policy Initiatives and Advocacy

Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)

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Washington, DC 20036

direct: 312-899-1730
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jblankenship@eatright.org

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2430. PPW Special Events - Important Info on COI

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Feb 27, 2013 16:51:24
**Subject:** PPW Special Events - Important Info on COI
**Attachment:**

---

Dear PPW Attendee,

Check out the PPW Community of Interest (COI) to learn about the exciting events happening at PPW this year!

PPW Free Film Festival – Sunday Night:
Thanks to the Hunger and Environmental Nutrition (HEN) DPG, PPW will host its first ever film festival on Sunday at 7:30 p.m. immediately following the PPW reception. This year HEN will showcase a riveting film about hunger in America entitled, “A Place at the Table.” After the viewing a panel of hunger experts will discuss food insecurity and its impact on the American way of life. Enjoy popcorn and feel free to BYOB!

ANDPAC Signature Event – Monday Night:
This year the Academy’s Political Action Committee (ANDPAC) will hold its annual Signature Event at the elegant Darlington House on Monday night at 6:30 p.m. Mingle with special guest Representative Elijah Cummings (Md.) and other politically savvy professionals like yourself! Entrance to the event can be secured with a contribution of $125* per ticket to ANDPAC. Please plan to pay and pick up your ticket at either the ANDPAC booth or the event. To RSVP please email Charmaine at cjones@eatright.org.

Representatives Braley and McGovern Scheduled to Speak – Tuesday Morning:
Two pro-nutrition members of Congress will be speaking on Tuesday morning at PPW! Representative Bruce Braley from Iowa and Representative Jim McGovern from Massachusetts will discuss critical issues that affect RDs and the health of our nation. Be sure to attend one of the most exciting sessions of PPW.

For more information about these events check out the COI message board.

Please note: This year the Academy is going green at PPW. Therefore, all attendees must download handouts and presentations *before* arriving to PPW. All materials will be up on the COI by noon on Friday, March 1.

See you in the COI!
Jessica

PS: If you haven't already done so, please update your bio.

PPS: If this is your first email regarding the PPW COI please see below for log on instructions:

**What is a Community of Interest (COI)?** It is an online forum that will help all PPW attendees get up-to-date information about the conference, download handouts and presentations and link up with other PPW registrants!

Want to find a roommate for PPW? How about read up on the Affordable Care Act? Or maybe find out who is going to be speaking at PPW? Then tap into your community and check out PPW's COI!

You can access this new community at https://pia.webauthor.com

To log on enter your Academy username and your Academy password (which you use to log into the member area of Eatright.org). Your Academy membership will be verified and then you will be granted access to all the features of the community. You can complete your profile, post your photo, and join or start a variety of discussions! We look forward to connecting with you!

*Federal law requires political committees to report to Federal Election Commission the name, mailing address, occupation and name of employer for each individual whose contributions aggregate in excess of $200.00 in a calendar year. Corporate contributions are prohibited by law. Individuals can not contribute more than $2000 per calendar year to the same political action committee. Donations to ANDPAC are not tax deductible.

2431. Eat Right Weekly - February 27, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 27, 2013 16:17:05
**Subject:** Eat Right Weekly - February 27, 2013
**Attachment:**

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Eat Right Weekly
February 27, 2013

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Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Help Finalize Proposed Rule on Therapeutic Diet Orders

The Academy is working with dietetic practice group and affiliate leaders to submit a comprehensive set of comments in support of the proposed rule on therapeutic diet orders. To do so, we need members' help.

Learn More >>
Academy Submits Comments on Medicaid Essential Health Benefits

The Academy has submitted comments on a proposed rule applying requirements for Essential Health Benefits to be included in Medicaid benchmark plans.

Learn More >>

## CPE Corner

New: Leadership Organizational Applications Module

The Center for Professional Development introduces a new free online learning module that will demonstrate how registered dietitians have assumed leadership roles in a variety of business

settings including clinical, trade association and a food industry company.

Learn More >>
Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
CPE Available Via Webinars

Nutrition-focused physical exam, new Academy-ASPEN guidelines on adult malnutrition and product safety in the gluten-free market are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>

## Career Resources

New Ways to Promote RDs during National Nutrition Month

The Academy is offering resources for members to promote the services of a registered dietitian during National Nutrition Month and Registered Dietitian Day.

Learn More >>
"Is My Food Safe?" App Tops 10,000 Downloads

Are your clients doing all they can to reduce their risk of food poisoning? If not, there's an app for that and it has been downloaded more than 10,000 times.

Learn More >>
February Book of the Month

Save 10 percent on the Academy's new release, *Right Size for Me: A Weight Management Guide for African-American Women* (health professionals edition and consumer version).

Learn More >>

## Academy Member Updates

Congratulations to Academy's Newly Elected Leaders

The results are in and the Nominating Committee is pleased to report the outcome of the 2013 Academy of Nutrition and Dietetics' national election.

Learn More >>
Academy Hosts Landmark Meeting with National Primary Care Provider Associations

The Academy took a leadership role and convened representatives from national primary care provider associations for a February 12 meeting to explore opportunities and challenges of integrating registered dietitians into new primary care provider-led health care delivery models.

Learn More >>
National Nutrition Month Promotions Made Easy

The 2013 National Nutrition Month theme "Eat Right, Your Way, Every Day" encourages personalized healthy eating styles and recognizes that food preferences, lifestyle, cultural and ethnic traditions and health concerns all affect individual food choices.

Learn More >>
For National Nutrition Month: Academy on the Radio

During National Nutrition Month, the Academy will share healthy eating messages over the airwaves.

Learn More >>
Deadline Extended to March 1: Contest to Challenge Best Kids' Menu Ideas

The National Restaurant Association and McCormick for Chefs have launched the Kids Recipe Challenge, a competition that will showcase restaurants' culinary ingenuity for creating healthful menu items for children. The deadline for recipe submissions has been extended to March 1.

Learn More >>

## Philanthropy, Awards and Grants

Ostenso Fellowship Deadline Extended to April 1

The Grace L. Ostenso Nutrition and Public Policy Fellowship is intended to allow an Academy member to participate in the Congressional Science and Engineering Fellows Program, coordinated by the American Association for the Advancement of Science, and spend one year in Washington, D.C., working as a special assistant in a government or legislative position that would benefit from scientific and engineering input. The fellow will receive a stipend of at least $60,000.

Learn More >>

Research Grant Deadline Is April 1

The Foundation's named research funds are available annually to Academy members at all levels of practice.

Learn More >>

Award Application Deadline Extended

The deadline has been extended to April 1 to apply for a number of Foundation Awards.

Learn More >>

Apply Now for ConAgra Foods Research Fellowship

Funded by the Academy's Foundation via a grant from the ConAgra Foods Foundation, the Nutrition Education Fellowship will provide a one-year, full time research fellowship experience to a registered dietitian who is completing or has completed a master's or doctoral degree. The deadline to apply is March 1.

Learn More >>

March 1 Deadline: Kids Eat Right Hunger in Our Community Mini-Grant Opportunity

To support the use of the new Kids Eat Right "Hunger in Our Community" toolkit, 40 grants of $200 are available. Recipients agree to give two presentations from the toolkit, for adults or teens, between March 11 and May 1. Applications are due March 1 and recipients will be announced March 11.

Learn More >>

Kids Eat Right Crew Mini-Grant Recipients

Congratulations to 57 Kids Eat Right Campaign members who were selected to receive a Kids Eat Right Crew mini-grant. Each member will receive $200 to lead two presentations from any of the

Kids Eat Right toolkits in their communities through April 30.

Learn More >>
Kids Eat Right Shopping Matters Mini-Grant Recipients

Congratulations to 30 Kids Eat Right Campaign members who were selected to receive a Kids Eat Right Shopping Matters mini-grant. Each member will receive $250 to lead Shopping Matters grocery store tours in their communities through April 30.

Learn More >>
RD Parent Empowerment Project

Nine registered dietitians and interns are implementing the RD Parent Empowerment Project in four communities through an educational grant from MetLife Foundation.

Learn More >>
New Kids Eat Right "Family Meals" Mini-Grants and Toolkit Available

To support the use of the Kids Eat Right "Family Meals" toolkit, 36 grants of $200 grants are available. Recipients agree to give two presentations from the toolkit, for adults or teens, between March 25 and May 15. Applications are due March 15 and recipients will be announced March 25.

Learn More >>
Energy Balance 4 Kids with Play

RD Coaches are helping kids understand energy balance through the interactive Energy Balance 4 Kids with Play program in West Contra Costa Schools in California through an educational grant from the Healthy Weight Commitment Foundation. The project is part of a two-year research study involving premier researchers from the University of California at Berkeley. Read the February newsletter for more information.

Donate Now, Ensure Tax-Deductible Donations Are Made for Next Year

Your support for the Academy Foundation's Annual Fund will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right initiative.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2432. Daily News: Wednesday, February 27, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledgee@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 27, 2013 10:20:29
**Subject:** Daily News: Wednesday, February 27, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**The Nominating Committee is pleased to report the outcome of the 2013 national elections. Please join us in congratulating our colleagues! View results at**
http://www.eatright.org/elections/

**'Amazing' results for diabetes patients after weight-loss surgery**
http://vitals.nbcnews.com/_news/2013/02/26/17104943-amazing-results-for-diabetes-patients-after-weight-loss-surgery?lite
Source: *Diabetes Care*
http://care.diabetesjournals.org/content/early/2013/02/14/dc12-1596.abstract

**Do bariatric surgery restrictions improve outcomes?**
http://www.chicagotribune.com/health/sns-rt-us-do-bariatric-surgerybre91p10w-20130226,0,2158108.story
Source: *JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1656253

**Gestational diabetes need not necessarily lead to T2D, if interventions are put in place**
http://www.stonehearthnewsletters.com/gestational-diabetes-need-not-necessarily-lead-to-t2d-if-interventions-are-put-in-place/gestational-diabetes/
Source: *Appl Physiol Nutr Metab*
http://www.ncbi.nlm.nih.gov/pubmed/23176529

**Anorexia Can Strike and Kill as Early as Kindergarten**
http://abcnews.go.com/Health/anorexia-nervosa-strike-kill-early-kindergarten/story?id=18581747

**Tots May Be Best Candidates for Peanut Allergy Tx**
(Presented at the American Academy of Allergy, Asthma, and Immunology annual meeting)
http://www.medpagetoday.com/MeetingCoverage/AAAAI/37564
Related Resource: *Journal of Allergy*
-Nutritional Aspects in Diagnosis and Management of Food HypersensitivityThe Dietitians Role
http://www.hindawi.com/journals/ja/2012/269376/

**Iron-Rich Diet Might Ease PMS Misery**
**Plant-based foods with iron, zinc may help stave off monthly symptoms, study found**
http://consumer.healthday.com/Article.asp?AID=673852
Source: *American Journal of Epidemiology*
http://aje.oxfordjournals.org/content/early/2013/02/23/aje.kws363.short?rss=1

**Obesity, Exercise May Affect Risk for Key Type of Colon Cancer**
**Finding could spur doctors to strongly recommend physical activity to vulnerable patients**
http://consumer.healthday.com/Article.asp?AID=673678

**Reports of rare superbug jump in US, CDC says**
http://vitals.nbcnews.com/_news/2013/02/27/17105852-reports-of-rare-superbug-jump-in-us-cdc-says?lite
Source: CDC Health Advisory (CRE -- Carbapenem-resistant enterobacteriaceae)
http://www.bt.cdc.gov/HAN/han00341.asp

**Consumers will pay more for local foods: Study**
(Consumers are willing to pay more for foods that are grown and produced locally
rather than having travelled extensively during production, according to new research)
http://www.foodnavigator-usa.com/Science/Consumers-will-pay-more-for-local-foods-Study

**MedlinePlus: Latest Health News**
-Allergy 'Rescue' Shots May Work Better in Lower Thigh of Overweight Kids
Study found needles for lifesaving medication too short to reach upper-thigh muscle
-Climate Change May Threaten Worker Health, Productivity, Study Says
Rise in heat stress could potentially make work unbearable in some parts of world
-C-Section May Raise Child's Risk of Allergies, Asthma: Study
Natural delivery appears to expose babies to beneficial bacteria, researchers say
-Slow-Growing Babies Nearly Catch Up With Peers by Teens
Large study found those with delayed weight gain reached normal range by 13
-Plastics Chemical BPA Common in 'Preemie' ICU: Study
Banned in sippy cups and baby bottles, it's present in hospital equipment; health risk unclear
-Too many Americans still drink too much: study
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Portion control key to fighting obesity, expert says**
(Jim Painter, RD quoted)
http://www.foodnavigator-usa.com/Science/Portion-control-key-to-fighting-obesity-expert-says

**Grocery aisles full of lessons for teens**
(Jill Castle, RD quoted)
http://www.chicagotribune.com/features/food/sc-food-0222-kids-grocery-shop-20130227,0,3676904.story

**Fad diets yield temporary results**
(Lori Granich, RD &Kristin Coffman, RD both quoted)
http://www.nwitimes.com/niche/get-healthy/nutrition/fad-diets-yield-temporary-results/article_a5bd68c4-3fe5-5081-8d09-5899469a38f5.html

**Heart health for all species**
(By Barbara Quinn, RD)
http://www.montereyherald.com/ci_22675968/heart-health-all-species?IADID=Search-www.montereyherald.com-www.montereyherald.com

**Dietitian's Corner: Sugar: Hiding in plain sight, not so sweet once in our bodies**
(By Ruth Ann Clayton, RD)
http://www.baxterbulletin.com/article/20130226/LIFESTYLE01/302260022?nclick_check=1

**His &Her Weight Loss**
(Elizabeth Ward, RD featured)
http://wfxt.videodownload.worldnow.com/WFXT_2602201309534915841AA.mp4

**Bill Aims to Change Dietitian Standards in Indiana**
http://mywabashvalley.com/fulltext?nxd_id=295572

**Quote of the Week**
**Cuisine is both an art and a science: it is an art when it strives to bring about the realization of the true and the beautiful, called le bon (the good) in the order of culinary ideas. As a science, it respects chemistry, physics and natural history. Its axioms are called aphorisms, its theorems recipes, and its philosophy gastronomy.**
**-Lucien Tendret**
**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=18825
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18825-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2433. Honor your colleagues

**From:** Marketing <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Feb 26, 2013 18:33:25
**Subject:** Honor your colleagues
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

March 13 is Registered Dietitian Day, when we celebrate your leadership in improving the nutritional status of Americans and people around the world. Commemorate the day with a gift from our extensive collection of RD Day items. You may even want to treat yourself to something as well!

View our  online catalog and order today!
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2434. RE: Reminder : Your Webinar is on Tuesday, February 26, 2013 1:00PM -2:00 PM CST

**From:** Susan Barthel <sbarthel@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 26, 2013 16:24:49
**Subject:** RE: Reminder : Your Webinar is on Tuesday, February 26, 2013 1:00PM -2:00 PM CST
**Attachment:** image001.png
image002.jpg
image003.gif

---

It was limited to the first 999 connections and was full, we had an overage of interested members and thus it had a cut off. The handout will be available on the KER website as well.

**Susan E. Barthel**

Sr. Manager, Online Learning | Professional Development
**Academy of Nutrition and Dietetics**

(formerly the American Dietetic Association)

**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.**

120 South Riverside Plaza, Suite 2000 Chicago, IL 60606-6995

312/899-4897

sbarthel@eatright.org

***Visit the Academy's Center for Professional Development online at www.eatright.org/cpd for NEW professional and career development programs, including the following:***

***NEW! - Online Food Allergy Certificate of Training at www.eatright.org/cpd/online/***

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, February 26, 2013 3:22 PM
**To:** Susan Barthel
**Subject:** RE: Reminder : Your Webinar is on Tuesday, February 26, 2013 1:00PM -2:00 PM CST

Susan,  I am not sure you understood what I was saying.  I was registered for the webinar and it would not let me log on.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Susan Barthel <sbarthel@eatright.org> 2/26/2013 3:57 PM >>>
Yes we apologize, it was not pulled off the newsletter and web site upon request. You will receive a link to the full recorded session and it will also be posted on the Kids Eat Right web site.

**Susan E. Barthel**

Sr. Manager, Online Learning | Professional Development
**Academy of Nutrition and Dietetics**

(formerly the American Dietetic Association)

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***NEW! - Online Food Allergy Certificate of Training at www.eatright.org/cpd/online/***

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, February 26, 2013 1:19 PM
**To:** Susan Barthel
**Subject:** Re: Reminder : Your Webinar is on Tuesday, February 26, 2013 1:00 PM -2:00 PM CST

FYI - I tried several times to log on to the webinar and both times it said it was full.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Susan Barthel <GoToWebinar.Notifications@citrixonline.com> 2/26/2013 1:11 PM >>>

**Hungry and Overweight: How is it Possible?**

**Join us on Tuesday, February 26, 2013 1:00 PM - 2:00 PM CST**

Dear Donna,

This message is to remind you that the following Webinar will take place Tuesday, February 26, 2013 1:00 PM - 2:00 PM CST.

**Hungry and Overweight: How is it Possible?**

1.

Click here to join:
https://www1.gotomeeting.com/join/727682536/106284322

This link **should not be shared** with others; it is unique to you.

2.

You will be connected to audio using your computer's microphone and speakers (VoIP). A headset is recommended.

Webinar ID: 727-682-536

Please send your questions, comments and feedback to: sbarthel@eatright.org.

**System Requirements**
PC-based attendees
Required: Windows® 7, Vista, XP or 2003 Server

Mac®-based attendees
Required: Mac OS® X 10.6 or newer

Mobile attendees
Required: iPhone®, iPad®, AndroidT phone or Android tablet
Read our Audio Checklist for tips on using your computer's microphone and speakers with GoToWebinar.

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2435. RE: Reminder : Your Webinar is on Tuesday, February 26, 2013 1:00 PM -2:00 PM CST

**From:** Susan Barthel <sbarthel@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 26, 2013 15:57:41
**Subject:** RE: Reminder : Your Webinar is on Tuesday, February 26, 2013 1:00 PM -2:00 PM CST
**Attachment:** image001.png
image002.jpg
image003.gif

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Yes we apologize, it was not pulled off the newsletter and web site upon request. You will receive a link to the full recorded session and it will also be posted on the Kids Eat Right web site.

**Susan E. Barthel**

Sr. Manager, Online Learning | Professional Development
**Academy of Nutrition and Dietetics**

(formerly the American Dietetic Association)

**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.**

120 South Riverside Plaza, Suite 2000 Chicago, IL 60606-6995

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***Visit the Academy's Center for Professional Development online at www.eatright.org/cpd for NEW professional and career development programs, including the following:***

***NEW! - Online Food Allergy Certificate of Training at www.eatright.org/cpd/online/***

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, February 26, 2013 1:19 PM
**To:** Susan Barthel

**Subject:** Re: Reminder : Your Webinar is on Tuesday, February 26, 2013 1:00 PM -2:00 PM CST

FYI - I tried several times to log on to the webinar and both times it said it was full.

Donna S. Martin, EdS, RD, LD, SNS
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789 Burke Veterans Parkway
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"USDA Healthier US School Challenge GOLD award recipient"

>>>Susan Barthel <GoToWebinar.Notifications@citrixonline.com> 2/26/2013 1:11 PM >>>

**Hungry and Overweight: How is it Possible?**

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1.

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https://www1.gotomeeting.com/join/727682536/106284322

This link **should not be shared** with others; it is unique to you.

2.

You will be connected to audio using your computer's microphone and speakers (VoIP). A headset is recommended.

Webinar ID: 727-682-536

Please send your questions, comments and feedback to: sbarthel@eatright.org.

**System Requirements**
PC-based attendees
Required: Windows® 7, Vista, XP or 2003 Server

Mac®-based attendees
Required: Mac OS® X 10.6 or newer

Mobile attendees
Required: iPhone®, iPad®, AndroidT phone or Android tablet
Read our Audio Checklist for tips on using your computer's microphone and speakers with GoToWebinar.

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2436. 2013 Election Results - CONFIDENTIAL UNTIL 3PM CT

**From:** Nominating Committee <Nominations@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Sent Date:** Feb 26, 2013 13:04:40
**Subject:** 2013 Election Results - CONFIDENTIAL UNTIL 3PM CT
**Attachment:** image002.jpg
image001.jpg

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**TO:** Board of Directors

**SUBJECT:** 2013 Election Results – **CONFIDENTIAL UNTIL 3 PM CT**

The Nominating Committee is pleased to report the outcome of the 2013 national elections. The following individuals have been elected from among many excellent candidates. The Committee thanks all who participated in the nomination and election processes. **Please keep the**

**information confidential until 3:00 pm Central Time today when the slate is announced on the Academy's listservs and website.**

## 2013 ELECTION RESULTS

**Board of Directors**

**President-elect**: Sonja Connor, MS, RD, LD (OR)

**Director-at-Large:** Catherine Christie, PhD, RD, FADA, LD/N (FL)

**House of Delegates**

**Speaker-elect**: Elise Smith, MA, RD, LD (MS)

**Director:** Diane W. Heller, MMSc, RD, LD (GA)

**At-Large Delegate-Dietetic Technician, Registered:** Michelle Clinton-Hahn, DTR (TX)

**Nominating Committee**

- Nancy Becker, MS, RD, LD (OR)
- Deanne Brandstetter, MBA, RD, CDN (NY)
- Martha Peppones, MS, RD, CD (WA)

**Commission on Dietetic Registration**

**Registered Dietitian:**

- Molly Gee, MEd, RD, LD (TX)
- Karen Lacey, MS, RD, CD (WI)
- Laura Matarese, PhD, RD, FADA, LDN (NC)

For more information regarding nominations and elections, visit www.eatright.org/elections.

2437. Daily News: Tuesday, February 26, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 26, 2013 10:04:17
**Subject:** Daily News: Tuesday, February 26, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**USPSTF: Vitamin D and Calcium Don't Stop Fractures**

http://www.medpagetoday.com/Endocrinology/Osteoporosis/37535?utm_content=&utm_medium=email&utm_campaign=DailyHeadlines&utm_source=WC&xid=NL_DHE_2013-02-26&eun=g411013d0r&userid=411013&email=knowledge@eatright.org&mu_id=5511392
Source: *Annals of Internal Medicine*
http://annals.org/article.aspx?articleID=1655858
Editorial: To Supplement or Not to Supplement: The U.S. Preventive Services Task Force Recommendations on Calcium and Vitamin D
http://annals.org/article.aspx?articleID=1655860
Summary for Patients
http://annals.org/article.aspx?articleID=1655861

**Mediterranean diet lowers risk of heart attack, stroke**
http://www.cnn.com/2013/02/25/health/time-mediterranean-diet/index.html?hpt=he_c2
Source: *New England Journal of Medicine*
http://www.nejm.org/doi/full/10.1056/NEJMoa1200303?query=featured_home&

**Artificially sweetened sodas do not lead to increased sugar consumption: Study**
(People who consume artificially sweetened diet drinks do not have an increased desire or intake of sugary or fatty foods, according to new research)
http://www.foodnavigator.com/Science-Nutrition/Artificially-sweetened-sodas-do-not-lead-to-increased-sugar-consumption-Study
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/01/30/ajcn.112.048405

**Prenatal DHA Reduces Early Preterm Birth and Low Birth Weight**
http://www.sciencedaily.com/releases/2013/02/130225131537.htm
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/02/18/ajcn.112.050021

**A Few Extra Pounds May Harm Lung Function in Black, Hispanic Kids**
**Differences in body fat distribution could boost asthma rates in some minorities, study says**
http://consumer.healthday.com/Article.asp?AID=673646
Source: *Asthma*
http://www.ncbi.nlm.nih.gov/pubmed/23189981
Related Resource: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(12)01508-0/abstract

**Poll: Many Americans Don't See Their Kids as Overweight**
**But national statistics contend that there's an obesity epidemic among children**
http://consumer.healthday.com/Article.asp?AID=673817

**Food for thought**
http://www.nbcnews.com/id/50951213
Cited: National Eating Disorder Awareness Week
http://nedawareness.org/
Related Resources: Academy Position Paper- scroll down to:
-Nutrition Intervention in the Treatment of Eating Disorders
http://www.eatright.org/About/Content.aspx?id=8387
Academy Practice Papers scroll down to:
-Nutrition Intervention in the Treatment of Eating Disorders
http://www.eatright.org/members/practicepapers/

**Maxiloss Weight Advanced Softgels Dietary Supplement Recall**
**Contains Sibutramine, which was removed from the U.S. market in October 2010 for safety reasons**
http://www.infozine.com/news/stories/op/storiesView/sid/55039/

**Budget sequester: Cuts would hit vaccination, elderly meals, childcare**
http://www.nbcnews.com/id/50948044/ns/health/

**Genetically modified foods: Who has to tell?**
**Experts say there's no guarantee that labels identifying genetically engineered foods would ever appear on packages, even if it became a requirement**
http://www.latimes.com/news/science/la-sci-gmo-labeling-20130223,0,1930459.story

Related Resource: FDA
http://www.fda.gov/Food/Biotechnology/default.htm

**Ask Well: The Nutrients in Fruits and Veggies**
**Is it really true that most of the nutrients in vegetables and fruits are found in the skin?**
http://well.blogs.nytimes.com/2013/02/22/ask-well-the-nutrients-in-fruits-and-veggies/

**Looks don't matter: UN calls for alternative use of ugly produce**
(The United Nations Environment Programme (UNEP) in Nairobi, Kenya has launched a new campaign to highlight the implications of European food waste and has called for new ways to process and market ugly produce)
http://www.foodnavigator.com/Financial-Industry/Looks-don-t-matter-UN-calls-for-alternative-use-of-ugly-produce

**Registered Dietitians in the News**

**First lady's plan identifies healthy MyPlate recipes**
**The recipes that meet the specific nutrition criteria will have the MyPlate image.**
(Elizabeth Ward, RD quoted)
http://www.usatoday.com/story/news/nation/2013/02/26/michelle-obama-lets-move/1939949/

**Pilot corrects family's path toward healthier lifestyle**
(Keith Ayoob, RD quoted)
http://www.usatoday.com/story/news/nation/2013/02/25/family-fitness-challenge-hegseths/1934183/

**Obesity must be addressed on many levels**
(By Timi Gustafson RD)
http://www.kentreporter.com/lifestyle/193101901.html

**Whole grain' or 'whole wheat' labels can be misleading**
(By Molly Kimball, RD)
http://www.nola.com/health/index.ssf/2013/02/when_whole_grain_isnt.html

**Duke to highlight impact of eating disorders**
(Kate Pilewski, RD quoted)
http://www.dukechronicle.com/article/duke-highlight-impact-eating-disorders

**Dietitians of Canada dishes up shopping tips to save money on healthy foods**
(Carol Harrison, Dietitian/Canada quoted)
http://www.capebretonpost.com/Living/Health/2013-02-25/article-3184301/Dietitians-of-Canada-dishes-up-shopping-tips-to-save-money-on-healthy-foods/1

**Parramatta Eels halfback Chris Sandow sends pictures of his meals to team dietitian for approval**
(Joanne Turner/Dietitian/Australia quoted)
http://www.foxsports.com.au/league/nrl-premiership/parramatta-eels-halfback-chris-sandow-sends-pictures-of-his-meals-to-team-dietitian-for-approval/story-fn2mcuj6-1226585624218#ixzz2LxAPOFAz

**Is my diet causing acne to break out?**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/is-my-diet-causing-acne-to-break-out/article9018174/

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18798-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2438. March 8-9, 2013 Board Meeting

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 25, 2013 19:52:04
**Subject:** March 8-9, 2013 Board Meeting
**Attachment:**

---

The agenda and corresponding attachments for the March 8-9 Board meeting are now available on the Board of Directors' communication platform. A paper packet will be delivered via UPS on Wednesday, February 27 to all of you who requested one. Agenda item attachment -- 9.1 Program/Product Assessment -- will appear on the platform Friday, March 1.

Please login to the communications platform using the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, March 8-9 Board Meeting.

Reservations have been made at the Omni Shoreham Hotel, 2500 Calvert Street, NW, for arrival on March 7, unless you requested otherwise. Your hotel room will be master-billed, but you will be asked to pay for incidentals.

Joining us for the meeting are Annalynn Skipper, Chair of CDR, Barbara Grant, CDR member and Leanne Worsfold, Director, Quality Programs at iComp Consulting, who will present the Practice

Competencies Initiative supporting the Professional Development Portfolio recertification process.

The Board dinner is scheduled for Friday evening, March 8, from 6:00 – 9:00 pm at New Heights Restaurant, 2317 Calvert Street, NW. Please contact Joan Schwaba at jschwaba@eatright.org if you are planning to bring a guest to dinner. Please meet in the lobby of the Omni Shoreham at 5:45 pm to walk as a group to the restaurant, a short distance from the hotel.

Please contact me if you have any questions. I look forward to seeing you soon!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2439. Exciting News

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Evelyn Crayton <craytef@aces.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
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**Sent Date:** Feb 25, 2013 12:53:51
**Subject:** Exciting News
**Attachment:** image001.jpg
image003.jpg
ANFP Press Release.doc

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Attached is a press release announcing our own Joyce A. Gilbert, PhD, RD, LD as the new President and CEO of the Association of Nutrition &Foodservice Professionals. She assumes her new position in mid-May. I am meeting with her the first week of April to discuss issues of mutual interest. Congratulations can be sent to Joyce at:

**Joyce Gilbert, PhD, RD, LD**

California State University, Northridge

Marilyn Magaram Center
18111 Nordoff St

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(o) 818/677-3102

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Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

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2440. Daily News: Monday, February 25, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 25, 2013 10:31:17
**Subject:** Daily News: Monday, February 25, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**March is National Nutrition Month®! Eat Right, Your Way, Every Day.**
Visit www.eatright.org/nnm for new NNM catalog, toolkit, handouts, games and recipes

**CMS: Unnecessary Medicare Regulations to Be Reformed**
**Proposed rule aims to increase ability of health care professionals to improve patient care**
http://www.physiciansbriefing.com/Article.asp?AID=673618
Related Resource: FAQs - CMS Proposed Rule Related to Therapeutic Diet Orders
http://www.eatright.org/HealthProfessionals/content.aspx?id=6442474904&terms=%22proposed%20rule%22

**How hospital staff perceptions of quality drive care levels**
(There is some evidence to suggest that higher job satisfaction among
healthcare staff in specific settings may be linked to improved patient outcomes)
http://www.stonehearthnewsletters.com/how-hospital-staff-perceptions-of-quality-drive-care-levels/hospitals/
Source: *BMJ Quality and Safety*
http://qualitysafety.bmj.com/content/early/2013/02/20/bmjqs-2012-001540
Related Resource: Evidence-Based Practice Toolkits (include outcomes monitoring forms)
https://andevidencelibrary.com/store.cfm?category=1

**Food Allergies Tied to Impaired Growth in Kids**
**Early study suggests that avoiding allergy triggers might be a factor**
(The study was scheduled for presentation Sunday at the annual meeting of the AAAAI in
San Antonio, Texas. The data and conclusions of research presented at medical meetings
should be viewed as preliminary until published in a peer-reviewed journal
http://consumer.healthday.com/Article.asp?AID=673744

**Smarter Lunchrooms Make Lunch Choices Child's Play**
http://www.sciencedaily.com/releases/2013/02/130222083125.htm
Source: *Journal of Pediatrics*
http://www.jpeds.com/article/S0022-3476(12)01478-3/abstract

**Tackling Inflammation With Aspirin And Omega-3 Fatty Acids**
http://www.medicalnewstoday.com/releases/256750.php
Source: *FASEB J*
http://www.ncbi.nlm.nih.gov/pubmed/23407709

**Avocado Consumption May Be Associated With Better Diet Quality**
http://www.medicalnewstoday.com/releases/256722.php
Source: *Nutrition Journal*
http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3545982/

**5 Questions: Dr. Dean Ornish on the power of mindful choices**
(What matters most is your overall way of eating and living.
http://www.latimes.com/health/la-he-five-questions-ornish-20130223,0,7241280.story
Related Resource: Position of the Academy of Nutrition and Dietetics:
Total Diet Approach to Healthy Eating
http://www.eatright.org/About/Content.aspx?id=8356

**Horse meat in the US? Unlikely, but tests are rare**
http://vitals.nbcnews.com/_news/2013/02/23/17059607-horse-meat-in-the-us-unlikely-but-tests-are-rare?lite

**In Thrifty Times for Publishers, Food Finds Success**
http://www.nytimes.com/2013/02/25/business/media/delish-magazine-sold-only-at-walmart-performs-remarkably-well.html?_r=0

**MedlinePlus: Latest Health News**
-Dialysis Catheters Tied to Higher Risk for Infection, Death, Study Finds
Other methods of accessing blood are safer, researchers concluded
-Experts issue guidelines for gene tests in kids
-Health Tip: Encourage Kids to Help in the Kitchen
But don't leave them alone
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Dietitian gains new tool for trimming bodies**
(Julie Burks, RD quoted)
http://www.dvidshub.net/news/102424/dietitian-gains-new-tool-trimming-bodies

**Most weight gain comes from stress, scientists say**
(By Timi Gustafson, RD)
http://www.auburn-reporter.com/lifestyle/192545911.html

**1 in 4 indulge bizarre late-night food cravings**
(Alexandra Caspero, RD quoted)
http://todayhealth.today.com/_news/2013/02/24/16901080-1-in-4-indulge-bizarre-late-night-food-cravings?lite

**Eating For A Healthy Heart**
(Marcia Crawford , RD featured)
http://www.indianasnewscenter.com/insight/Dietitian-Marcia-Crawford---Eating-For-A-Healthy-Heart-192531091.html?vid=a

**Americans cut back on fast food, but why?**
**American adults got 11 percent of their daily calories from fast food in 2010, down from about 13 percent four years earlier, a new study shows. Public education may have played a role, but so have pocketbook issues.**
(Lisa Young, RD quoted)
http://m.csmonitor.com/USA/Society/2013/0221/Americans-cut-back-on-fast-food-but-why

**Dietitian's new book is fun, informative**
(By Tina Riggiero, RD; Dave Grotto, RD cited)
http://www2.tbo.com/lifestyles/health-4-you/2013/feb/23/4unewso18-dieticians-new-book-is-fun-informative-ar-640435/

**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=18786

(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18786-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2441. SNS DPG recognition at PPW

**From:** Mary Pat Raimondi <mraimondi@eatright.org>
**To:** Teresa <tan1019@mchsi.com>, julie skolmowski <jskolmowski@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** ddgoldsmith.icia@gmail.com <ddgoldsmith.icia@gmail.com>, Jennifer Folliard <JFolliard@eatright.org>, Diane Moore-Enos <dmoore@eatright.org>
**Sent Date:** Feb 24, 2013 17:04:55
**Subject:** SNS DPG recognition at PPW
**Attachment:**

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Hello!

I am excited to be able to recognize the work of SNS with yeoman's work of implementing the Healthy Hunger Free Kids Act.  This well deserved recognition will be on Sunday during lunch presented by Janey Thornton.  I am hoping that Donna Martin will be able to extend her stay post the BOD meeting and attend this session.  I understand though how busy everyone is!

How does this look for the format

•Introduction of Dr. Thornton- Teresa Nece
•Dr. Thornton presentation to SNS DPG representative  Julie Skolmowski
•CBS news clip featuring Donna Martin's program
•Recognition  of Donna Martin and other SNS members and final comments by Teresa Nece

Mary Pat Raimondi, MS RD
Vice President, Strategic Policy and Partnerships
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

**Academy of Nutrition and Dietetics** (formerly American Dietetic Association)

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2442. RE: Finance and Audit Committee Meeting on Wednesday, February 27th, 2013 at 1 p.m. CST

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Feb 22, 2013 17:33:01
**Subject:** RE: Finance and Audit Committee Meeting on Wednesday, February 27th, 2013 at 1 p.m. CST
**Attachment:** image001.png

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All,

The documents for our FAC conference call scheduled February 27, 2013 are loaded into the portal.

Folder name “February 27, 2013 FAC conference call”.

Please login on the portal using the link *http://ada.portalxm.com* and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

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2443. March Board Meeting

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**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 22, 2013 14:18:09
**Subject:** March Board Meeting
**Attachment:** image001.jpg

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The agenda and materials for the March Board meeting will be posted to the Board of Directors Communications Platform on Monday, February 25. A paper packet will be mailed for arrival on Wednesday, February 27 to all of you who requested one.

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

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2444. RE: Finance and Audit Committee Meeting on Wednesday, February 27th, 2013 at 1 p.m. CST

**From:** Paul Mifsud <PMifsud@eatright.org>
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**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Feb 22, 2013 11:25:20
**Subject:** RE: Finance and Audit Committee Meeting on Wednesday, February 27th, 2013 at 1 p.m. CST
**Attachment:**

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All,

As you can see from the subject line, we have a Finance and Audit Committee meeting on Wednesday, February 27th at 1 p.m. CST. Maria will have the information on the Portal this afternoon. In addition, you should receive the webinar invitations this morning from Rich Newman. This month, we will focus on the December final results, January preliminary results and a request for funding from the Informatics team. Jeanne Blankenship will be joining us to address the funding request.

## I. December Changes

We did not have any changes to the preliminary December financials.

## II. Investments

Our two investment portfolios continued to grow in January, increasing by approximately $1,165,500. This brings our combined, fiscal year to date increase to over $4,223,100. In February, we were doing very well until the last few days. However, through February 21st, we still have a combined gains of $181,000. Hopefully, today and the rest of the month will result in the market moving higher.

## III. Academy January Financials (A10)

January, overall, was a good month for the Academy. Even though revenues were $23,964 short of budget, expenses were $217,829 lower than budget. The combination resulted in the Academy having an operating deficit of $224,285 which was $193,865 better (smaller) than the budget. Adding into the equation the investments returns, which exceeded the budget by nearly $342K, showed that Academy had net income of $226,873. This was $535,647 better (higher) than the budget.

Taking a look at the year to date numbers, the Academy currently has an operating surplus of $99,928. This is $82,632 lower (worse) than the budget. We have closed the operating income gap in January. Investment returns have done very well for the year. Through January, the Academy has received $1,603,739 in returns. This is 83% higher than the budget.

After factoring in the investments, the Academy has a net income of $1,703,667. This is $646,108 better than the budget and nearly $1.5M better than FY 2012 through the same period.

The following is breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area **under budget** by $31,659 in January and is now **under budget** by $215,766 for the year.

b. **Programs and Meetings** - This area is **under budget** by $8,649 in January and is **under budget** by $877,633 for the year. The under run is all due to lower professional development.

c. **Publications** - This area is **over budget** by $12,324 in January and **over budget** by $117,224 for the year. The over run for January is primarily due List Rental (up $8.3K), Traditional publications (up $19.0K) and Marketing sales (up $3.3K). These were offset by lower Research publications (down $18.8K).

d. **Subscriptions** - This area was **over budget** by $9,623 in January and is **over budget** by $133,475 for the year. The over run for January is primarily due to NCM and related products (up $9.0K)

e. **Advertising** – This is on target for January. No money budgeted and no money received.

f. **All grants -** This area was **under budget** by $16,990 in January and is **over budget** by $12,063 for the year. The January under run is primarily due to ConAgra Home Food Safety (down $13.1K) and Carry the Flame project (down $2.6K) and Research (down $1.3K). All could be timing issues.

g. **Sponsorships** – This area is on target for the month of January.

h. **Other** – This area was **over budget** by $11,386 in January and is **under budget** by $15,349 for the year. The overrun is primarily due to higher revenues for our member benefit program (up $6.0K), higher licensing fees (up $7.1K) offset by lower misc revenues (down $1.8K).

B. Expenses

a. **Personnel** – This area is **under budget** by $270 for January and **under budget** by $2,614 for the year. The under run in January is due to lower salaries and wages.

b. **Publications** – This area is **under budget** by $6,666 for January and **over budget** by $24,510 for the year. The under run in January is primarily driven by the timing of costs from Quality Management (down $22.0K), offset by higher costs in Traditional publications (up $5.7K), higher Journal costs (up $4.9K), National Nutrition month merchandise (up $2.5K) and all other (up $2.2K)

c. **Travel** – This area was **under budget** by $31,467 for January and **under budget** by $138,593 for the year. The under run in January is primarily driven by lower Governance (down $10.1K), lower Member Services (down $5.7K), lower Public Policy (down $4.6K), and lower

Research (down $11.1K)

d. **Professional Fees** - This area was **under budget** by $99,257 for January and is **under budget** by $321,145 for the year. For the month, this is being driven by under runs in Governance (down $25.0K), Member Services (down $27.8K), Marketing (down $13.0K), Research (down $31.0K), Public Policy (down $5.4K) offset by higher List rental (up $2.6K).

e. **Postage and Mailing Service** – This area is **under budget** by $19,034 in January and **under budget** by $55,535 for the year. This under run in January is primarily due to lower Member Services (down $20.2K) offset by higher across all other (up $1.2K).

f. **Office Supplies and Equipment** – This area is **under budget** by $5,359 in January and **over budget** by $9,397 for the year. The under run in January is primarily due to Marketing (down $2.7K), Administration (down $1.1K) and all other (down $1.6K).

g. **Rent and Utilities** – This area is **over budget** by $594 in January and **over budget** by $3,446 for the year. The overrun is due to higher utility costs and maintenance.

h. **Telephone and communications** – This is **over budget** by $2,525 in January and **over budget** by $18,503 for the year. The over run for January is due to higher Washington and Chicago basic phone costs.

i. **Commissions** – This area is on target for January. No budget and no expenses.

j. **Computer Expenses** – This area is **over budget** by $1,787 for January and **over budget** by $6,713 for the year. The over run in January is due to higher IT maintenance costs (up $1.7K).

k. **Advertising and Promotion** – This area is **under budget** by $422 for January and **under budget** by $12,020 for the year. The under run in January is primarily due to lower Traditional Publication's costs.

l. **Insurance** – This area is on target for January.

m. **Depreciation** – This area is over budget by $1,000 for January and over budget by $1,000 for the year. This is due to anticipated higher capital for the web**.**

n. **Bank and trust fees** – This area is **under budget** by $6,346 for January and **under budget** by $8,032 for the year. The under run in January is primarily due to additional credit card fees.

o. **Other** – This area is **under budget** by $42,330 for January and **under budget** $53,580 for the year. The under run in January is primarily due to lower Informatics (down $4.1K), lower Traditional publications (down $8.1K), Lower Marketing (down $16.3K), lower Public Policy (down $2.3K) and lower Administrative costs (down $10.0K).

p. **Expense allocation** – This area is **under budget** by $1,050 for the month of January because a project supported by CDR under ran its budget. The result is the charge back to CDR was lower this month.

q. **Meeting services** – This area is **under budget** by $22,968 for January and is **under budget** for the year by $217,914. The under run for January is primarily due to lower Governance (down $11.9K), lower Public Policy (down $2.0K), lower Research (down $4.1K), lower Marketing (down $1.5K) and lower across all other (down $3.5K).

r. **Legal and Audit** – This area is **over budget** by $5,682 for January and **over budget** by $14,231 for the year. The over run in January is all due to higher legal fees.

s. **Printing** – This area is **over budget** by $3,661 in January and is **under budget** by $47,987 for the year. The over run in January is primarily due to Member Services (down $4.2K) offset by higher across all other (up $0.5K).

In summary, the Academy did very well operationally in January. Adding in the investment returns makes the story better. The Academy has 73.8% in reserve (A15).

## IV. Foundation January results (A8 and A9)

The Foundation, overall, had a very good month in January. Revenues were $121,021 higher than the budget while expenses were lower than the budget by $51,006. Overall, the Foundation had an operating surplus of $48,146. This was $172,026 higher than the budgeted operating deficit. Investment returns of $414,684 in January were very good. The bottom line for the month is the Foundation had $462,831 in Net Income. A good month by any standards.

On a year to date basis, there are two key numbers for the Foundation; Net Income of $1,871,821 and Net Assets of over $20.3M. The Net Income is $623,575 better than the budget. The Net Assets, seen on A9, is again approaching an all time high. The Foundation is in very good financial shape.

## V. CDR January results (A11)

CDR had a very good month in January. Revenues were over budget by $47,364 while expenses were under budget by $133,699. Looking at the year to date numbers, Even though CDR has an operating deficit of $819,322 it is $955,080 lower than the budget. Once you factor in the

investment returns, CDR's has a deficit of $172,049. This may sound bad, however, this is $1,602,352 better than the budget. CDR is doing well.

## VI. DPGS/MIGs January results (A12 and A16)

The combined DPGs/MIGs overall also had a very good month in January. Revenues were up by $169,452 while expenses were lower by $33,612. Both are good numbers. Overall the DPGs/MIGs are reflecting a positive Operating Income in January of $232.921 which is $203,064 better than the budget. Year to date, the DPGS/MIGs have a combined Operating Income of $278,142. This is well above the budget. After factoring in the investment returns, you can see that the DPGS/MIGS have a Net income of over $770,000. Again, this is well above the budget. All of the DPGS/MIGs have strong reserves with only one on the "watch" list with 71% in reserve.

## VII. ACEND January results (A13)

ACEND also had a very good month in January. Revenues were over budget by $6,555 while expenses were $11,468 below budget. So, ACEND performed well. Through January, ACEND has an operating deficit of $24,585. This is over $127,000 better than their budget. So, this business is doing great.

## VIII. ANDPAC January results (A14)

ANDPAC had a good month in January. Revenues were over budget by $7,601. However expenses were over budget by $7,093. The PAC had an operating deficit of nearly $1.4K. The PAC is benefiting on the revenue front from the early dues renewal for the 2014 fiscal year. The expenses are over budget due to candidate contributions. The PAC's reserves are now at nearly $240K. So, overall, the PAC is in very good financial shape.

## IX. Summary

In summary, January was a very good month for everyone. There really isn't any more to say J.

You will receive a notification from Maria later today letting you know the information is on the portal. If you have any problems getting the information from the portal, please let me, Linda, Maria or Christian know. We will handle it right away. Also, if you have a conflict with our

meeting on Wednesday and have not informed us, please do so. Finally, if you have any questions or concerns about any of the information above or anything put onto the portal, please feel free to call me at 800-877-1600 ext. 4730., or send me an e-mail.

Paul Mifsud

2445. Daily News & Journal Review: Friday, February 22, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 22, 2013 11:18:30
**Subject:** Daily News & Journal Review: Friday, February 22, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics!**
Voting ends today! February 22, 2013. Voteand be entered to win free registration to FNCE 2013!

**Are only children to blame for the obesity crisis?**
http://www.latimes.com/health/boostershots/la-heb-obesity-risk-only-children-last-born-20130220,0,709081.story
Source: *PLoS One*
-Being an Only or Last-Born Child Increases Later Risk of Obesity
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0056357

**Stop calling yourself old, says a new study**
(The research links so called "old talk" to greater levels of body dissatisfaction, which can in turn lead to
higher rates of eating disorders, anxiety, depression and more physical and mental health problems)
http://todayhealth.today.com/_news/2013/02/20/17032121-stop-calling-yourself-old-says-a-new-study?lite
Source: *Journal of Eating Disorders*
http://www.jeatdisord.com/content/1/1/6/abstract

**Sugar-free and diet sodas linked to diabetes: Study**
(Consumption of light or diet sodas may be linked to an increased risk of developing type 2 diabetes, according to new research)
http://www.foodnavigator.com/Science-Nutrition/Sugar-free-and-diet-sodas-linked-to-diabetes-Study
Source: *American Journal of Clinical Nutrition*

http://ajcn.nutrition.org/content/early/2013/01/30/ajcn.112.050997.abstract

**Asia Pacific Region Hit By Creeping Epidemic Of Obesity**
http://www.medicalnewstoday.com/releases/256673.php

**European regulators reject Vivus diet pill again**
http://www.chicagotribune.com/health/sns-rt-us-vivus-europebre91k1g9-20130221,0,5376234.story

**Caffeine Consumption And Mortality**
http://www.medicalnewstoday.com/releases/256623.php
Source: *Journal of Caffeine Research*
http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.1224

**Survey Finds That Fish Are Often Not What Label Says**
http://www.nytimes.com/2013/02/21/us/survey-finds-that-fish-are-often-not-what-label-says.html?_r=0

**Around the world in numerous food labeling ways**
(Smart food labelling must emphasise good science and careful thought about consumer impact, the European Food Information Council has concluded after completing an exhaustive global survey)
http://www.foodnavigator.com/Legislation/Around-the-world-in-numerous-food-labeling-ways

**Group Urges Health-Test Curbs**
http://online.wsj.com/article/SB10001424127887323864304578315941739509284.html
Source: Choosing Wisely
http://www.choosingwisely.org/doctor-patient-lists/

**Feds indict 4 in salmonella outbreak**
(A federal grand jury indicted four employees of a peanut company linked to a 2009 salmonella outbreak that killed nine people and sickened hundreds)
http://vitals.nbcnews.com/_news/2013/02/21/17044462-feds-indict-4-in-salmonella-outbreak?lite

**Food recalls hit 2-year high in fourth quarter**
(Food recalls in the US hit a two year high in the fourth quarter, according to a report released by a consulting firm. That comes to an average of six recalls a day, affecting about 18.4 million products)
http://www.foodnavigator-usa.com/Regulation/Food-recalls-hit-2-year-high-in-fourth-quarter

**Salmonella Fears Spur Major Recall of Pet Treats**
**Brands such as Colorado Naturals, Nature's Deli are included**

http://consumer.healthday.com/Article.asp?AID=673743

**Registered Dietitians in the News**

**Protein Power: 6 Easy Ways to Eat Tofu**
**Hey, carnivoresdont stop reading just yet.**
**Once thought of as simply a hippie food, protein-rich tofu can be a key addition to any mans diet.**
(Rachel Begun, Academy Spokesperson quoted)
http://www.mensfitness.com/nutrition/what-to-eat/protein-power-tofu

**Superfish You Should Be Eating**
**Salmon isn't the only healthy fish in the sea. These others help your heart and brain, too**
(Rachel Begun, Academy Spokesperson quoted)
http://www.aarp.org/food/healthy-eating/info-02-2013/healthy-fish-meals-for-brain-heart.html?intcmp=MBBBPUBS_2

**Is the recent arsenic scare justified?**
**What you need to know about arsenic-laced rice**
(By Christine Palumbo, RD)
http://www.chicagoparent.com/magazines/chicago-parent/2013-february/need-to-know/good-sense-eating-arsenic

**The Power of Plants - scroll down**
(By Sharon Palmer, RD)
http://www.chicagotribune.com/health/sns-201302191600--tms--premhnstr--k-k20130220-20130220,0,535173.story

**Health Matters: Heart healthy food finds**
(Jennifer Vargo, RD quoted)
http://www.nbc-2.com/story/21297471/health-matters-heart-healthy-food-finds

**Heart-Healthy Makeover: Angela, Jim and Ray's Favorite Dishes**
(Kim Galeaz, RD quoted)
http://fox59.com/2013/02/21/heart-healthy-makeover-angela-jim-rays-favorite-dishes/

**The Top 7 Dangers Of Being Overweight**
(Jennifer Dimitriou, RD quoted)
http://www.bet.com/news/health/2013/02/21/the-top-7-dangers-of-being-overweight.html

**Diet websites prod dieters to lose weight, or lose cash**
(Susan Adams, RD quoted)

http://www.northjersey.com/news/192201331_Diet_websites_prod_dieters_to_lose_weight__or_lose_cash.html

**9 heart healthy super foods**
(Adrienne Raimo, RD quoted)
http://www.wcpo.com/dpp/marketplace/marketplacewildcard1/9-heart-healthy-super-foods

**UH fulfills Lenten dietary desires**
(Caroline Sullivan, RD quoted)
http://thedailycougar.com/2013/02/21/uh-fulfills-lenten-dietary-desires/

**Learn how to stretch grocery dollars**
(Marlene Israelsen, RD quoted)
http://www.heraldextra.com/sanpete-county/news/learn-how-to-stretch-grocery-dollars/article_a7748c82-b891-508f-bde3-fd6a6a87b3fd.html

**A thoughtful approach | Fitness Journeys**
(Pam Kramer, RD quoted)
http://www.maplevalleyreporter.com/community/192339881.html

**Pupils' winning entry celebrates Scottish food and environment**
(Jennifer Robertson, Dietitian/Scotland quoted)
http://www.allmediascotland.com/media-releases/46270/pupils-winning-entry-celebrates-scottish-food-and-environment/

**Empowered Health - The health benefits of dark chocolate**
(Melissa Leblanc Dietitian/Canada featured)
http://www.vancouversun.com/health/empowered-health/Video+Empowered+Health+health+benefits+dark+chocolate/7997760/story.html

**My Day on a Plate: Lydia Bright, former The Only Way is Essex star**
(Nigel Denby Dietitian/UK quoted)
http://www.telegraph.co.uk/foodanddrink/9880721/My-Day-on-a-Plate-Lydia-Bright-former-The-Only-Way-is-Essex-star.html

**Journal Review**

**Did you know you can get the articles listed in the Journal Review?**
You can for a nominal charge of $10 each.
Fill out the form listed at the link below.
(i.e.: *J Am Diet Assoc*. 1992 Mar;92(3):319-24.
Dietary practices of ballet, jazz, and modern dancers.)

http://tinyurl.com/article-order

**Interested in getting other articles?**
Register for our document ordering service here:
www.eatright.org/Members/content.aspx?id=1197

***American Journal of Clinical Nutrition*, March 2013**
http://ajcn.nutrition.org/content/current
Physiologic basis for understanding quantitative dehydration assessment
http://ajcn.nutrition.org/content/97/3/455.abstract
Liking compared with wanting for high- and low-calorie foods in anorexia nervosa: aberrant food reward even after weight restoration
http://ajcn.nutrition.org/content/97/3/463.abstract
Increased sensitivity to food cues in the fasted state and decreased inhibitory control in the satiated state in the overweight
http://ajcn.nutrition.org/content/97/3/471.abstract
Improved 4-compartment body-composition model for a clinically accessible measure of total body protein
http://ajcn.nutrition.org/content/97/3/497.abstract
Is there a dose-response relation of dietary glycemic load to risk of type 2 diabetes? Meta-analysis of prospective cohort studies
http://ajcn.nutrition.org/content/97/3/584.abstract
Does diet-beverage intake affect dietary consumption patterns? Results from the Choose Healthy Options Consciously Everyday (CHOICE) randomized clinical trial
http://ajcn.nutrition.org/content/97/3/604.abstract
Earlier introduction of agüitas is associated with higher risk of stunting in infants and toddlers in the Western Highlands of Guatemala
http://ajcn.nutrition.org/content/97/3/631.abstract
Vitamin D supplementation and calcium absorption during caloric restriction: a randomized double-blind trial
http://ajcn.nutrition.org/content/97/3/637.abstract
Letter To the Editor
Nutrient biomarkers are not always simple markers of nutrient intake
http://ajcn.nutrition.org/content/97/3/657.full
Reply to E Giovannucci
http://ajcn.nutrition.org/content/97/3/659.short

***Diabetes*, March 2013**
http://diabetes.diabetesjournals.org/content/62/3?etoc
Insulin Resistance by Adiponectin Deficiency: Is the Action in Skeletal
http://diabetes.diabetesjournals.org/content/62/3/701.extract.html?etoc
Adipocyte Fatty Acid Storage Factors Enhance Subcutaneous Fat Storage in Postmenopausal

Women
http://diabetes.diabetesjournals.org/content/62/3/775.abstract.html?etoc
Kinetics of Saturated, Monounsaturated, and Polyunsaturated Fatty Acids in Humans
http://diabetes.diabetesjournals.org/content/62/3/783.abstract.html?etoc

***Diabetes Care*, March 2013**
http://care.diabetesjournals.org/content/36/3?etoc
Better Glycemic Control and Weight Loss With the Novel Long-Acting Basal
Insulin LY2605541 Compared With Insulin Glargine in Type 1 Diabetes: A randomized, crossover study
http://care.diabetesjournals.org/content/36/3/522.abstract.html?etoc
Resistance Versus Aerobic Exercise: Acute effects on glycemia in type 1 diabetes
http://care.diabetesjournals.org/content/36/3/537.abstract.html?etoc
Assessment of Barriers to Improve Diabetes Management in Older Adults: A randomized controlled study
http://care.diabetesjournals.org/content/36/3/543.abstract.html?etoc
Body Composition Is Normal in Term Infants Born to Mothers With Well-Controlled Gestational Diabetes Mellitus
http://care.diabetesjournals.org/content/36/3/562.abstract.html?etoc
Impact of Sleep Duration on Obesity and the Glycemic Level in Patients With Type 2 Diabetes: The Fukuoka Diabetes Registry
http://care.diabetesjournals.org/content/36/3/611.abstract.html?etoc
The Combined Effect of Leisure-Time Physical Activity and Diabetes on Cardiovascular Mortality: The Nord-Trøndelag Health (HUNT) cohort study,
http://care.diabetesjournals.org/content/36/3/690.abstract.html?etoc
Burden of Diabetes on the Ability to Work: A systematic review
http://care.diabetesjournals.org/content/36/3/740.extract.html?etoc
Health Care Interventions to Improve the Quality of Diabetes Care in African Americans: A systematic review and meta-analysis
http://care.diabetesjournals.org/content/36/3/760.extract.html?etoc
Diabetes in Residential Care Facilities: United States, 2010
http://care.diabetesjournals.org/content/36/3/e37.extract.html?etoc

***Food Technology*, February 2013**
http://www.ift.org/food-technology/current-issue.aspx
Heating up Frozen Foods
With consumers and retailers focused on fresh products, frozen food sales have cooled off. But now product developers, marketers, and merchandising pros are teaming up in a bid to end the big chill in the freezer case
http://www.ift.org/food-technology/past-issues/2013/february/features/heating-up-frozen-foods.aspx
Raising a Glass to Healthier Drinks

Global trends in beverages spotlight products with various health attributesfrom sugar-free, low-calorie, and natural to vitamin &mineral fortification, added protein, fruit &vegetable smoothies, and organic.
http://www.ift.org/food-technology/past-issues/2013/february/features/raising-a-glass-to-healthier-drinks.aspx
The Foodie Phenomenon
http://www.ift.org/food-technology/past-issues/2013/february/columns/consumer-trends.aspx
The Blame Game: Whos Responsible for Health and Wellness?
http://www.ift.org/food-technology/past-issues/2013/february/columns/wellness.aspx
Nutrition Support and Cancer
http://www.ift.org/food-technology/past-issues/2013/february/columns/food-medicine-and-health.aspx

***Journal of the American Medical Association*, February 20, 2013**
http://jama.jamanetwork.com/issue.aspx
JAMA Patient Page: Insomnia
http://jama.jamanetwork.com/article.aspx?articleID=1653524&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification02%2F19%2F2013

***Molecular Nutrition &Food Research*, Online First, February 18, 2013**
http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1613-4133/earlyview
Up-to date knowledge on the in vivo transcriptomic effect of the Mediterranean diet in humans
http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1613-4133/earlyview
Curcumin, a potential therapeutic candidate for retinal diseases.
http://onlinelibrary.wiley.com/doi/10.1002/mnfr.201200718/abstract

***New England Journal of Medicine*, February 21, 2013**
http://www.nejm.org/
Perspective
Medicare's Transitional Care Payment  A Step toward the Medical Home
http://www.nejm.org/doi/full/10.1056/NEJMp1214122

***Public Understanding of Science*, Online First, February 13, 2013**
http://pus.sagepub.com/content/early/recent
Healthy discussions about risk: The Corn Refiners Associations strategic negotiation of authority in the debate over high fructose corn syrup
http://pus.sagepub.com/content/22/2/219.abstract?sp

**The Academys Position Papers are available at:** www.eatright.org/positions

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.
To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=18753
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18753-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2446. Important Information for PPW Registrants

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Feb 21, 2013 16:19:51
**Subject:** Important Information for PPW Registrants
**Attachment:**

---

Hello PPW Attendee!

We hope you have had a chance to take a look at the PPW Community of Interest (COI), an online forum for the Academy's Public Policy Workshop. (If this is your first PPW COI email please scroll to the bottom for instructions on how to sign in.)

**PLEASE NOTE:The Academy is going green for PPW 2013. Therefore, we encourage you to download and review all handouts, presentations and backgrounders before arriving to PPW.** All materials will be up on the site in the "Library" section by March 1st.

But wait – there's more!

**Check out the PPW COI message board**: We have posted two very important documents that every registrant will need in order to visit their members of Congress. One includes directions to the House and Senate and a directory of every Congressional office and the other includes a map of the House and Senate. (Look for posts from Ben.)

**Join the PPW COI discussions:**
•"Arriving early to PPW and want to get together?"
•"Looking for a PPW roommate?"
•"How to schedule a meeting with your congressional members"
See you in the COI!
Jessica

PS: If you haven't already done so please update your bio!

---
Welcome to the Academy's Public Policy Workshop Community of Interest!

**What is a Community of Interest (COI)?** It is an online forum that will help all PPW attendees get up-to-date information about the conference, download handouts and presentations and link up with other PPW registrants!

Want to find a roommate for PPW? How about read up on the Affordable Care Act? Or maybe

find out who is going to be speaking at PPW?  Then tap into your community and check out PPW's COI!

You can access this new community at https://pia.webauthor.com

To log on enter your Academy username and your Academy password (which you use to log into the member area of Eatright.org).  Your Academy membership will be verified and then you will be granted access to all the features of the community. You can complete your profile, post your photo, and join or start a variety of discussions!  We look forward to connecting with you!

Please check back weekly for updates about PPW, new materials and join the chatter!

2447. National Nutrition Month Promotions Made Easy!

**From:** Marketing <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Feb 21, 2013 14:27:20
**Subject:** National Nutrition Month Promotions Made Easy!
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

The National Nutrition Month® 2013 theme, *Eat Right, Your Way, Every Day*, encourages personalized healthy eating styles and recognizes that food preferences, lifestyle, cultural and ethnic traditions and health concerns all impact individual food choices.

We are very excited to share with you the new product catalog featuring a number of promotional kits to make your celebrations quick and easy. Visit www.eatright.org/nnm and get started on planning your celebration.
You are receiving this member message from the Academy of Nutrition and Dietetics
If you prefer not to receive future e-mails for National Nutrition Month,
simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us** Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2448. Implementation of the 2010 Healthy Hunger-Free Kids Act - Survey

**From:** jfolliard@eatright.org via surveymonkey.com <member@surveymonkey.com>
**To:** dmartin@burke.k12.ga.us
**Sent Date:** Feb 21, 2013 12:03:39
**Subject:** Implementation of the 2010 Healthy Hunger-Free Kids Act - Survey
**Attachment:**

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Dear SNS DPG member,

We would like your input about the implementation of the 2010 Healthy Hunger-Free Kids Act. Could you take time and complete this survey?

The survey should take no more then 10-15 minutes and will help shape the Academy's efforts at USDA and in Congress related to school nutrition. We want to share your successes and hard work while gathering information on potential barriers. The survey has focused questions directed towards those SNS members currently working in school nutrition programs to implement the Healthy Hunger-Free Kids Act, as a part of the National School Lunch Program.

The link will direct you to the survey. We will be glad to share the results when available if you like. Please feel free to ask your questions to the Policy Initiatives and Advocacy staff leading this effort, Jennifer Folliard MPH, RD at jfolliard@eatright.org

http://www.surveymonkey.com/s.aspx?sm=d2_2fwt1xLhifGIoLf_2fLhZVA_3d_3d

Thank you, in advance, for your time and for your willingness to share your experiences.

Very best,
Diane Duncan-Goldsmith, MS, RD, LD
Chair SNS DPG

Jennifer Noll Folliard MPH, RD
Director, USDA Legislation and Policy
Academy of Nutrition and Dietetics

Please note: If you do not wish to receive further emails from us, please click the link below, and you will be automatically removed from our mailing list.
http://www.surveymonkey.com/optout.aspx?sm=d2_2fwt1xLhifGIoLf_2fLhZVA_3d_3d

2449. Daily News: Thursday, February 21, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 21, 2013 10:11:43
**Subject:** Daily News: Thursday, February 21, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics!**
Elections run from February 1  22, 2013. Vote and be entered to win free registration to FNCE 2013!

**High Glycemic Index Foods and Dairy Products Linked to Acne**
**Medical nutrition therapy can play an important role, according to *Journal of the Academy of Nutrition and Dietetics* report**
(Jennifer Burris, RD quoted)
http://www.sciencedaily.com/releases/2013/02/130220084809.htm
Full-text article coming soon!
http://www.adajournal.org/inpress#

**Study Questions Cost Savings of Weight-Loss Surgery**

http://www.medpagetoday.com/Surgery/GeneralSurgery/37459?utm_content=&utm_medium=email&utm_campaign=DailyHeadlines&utm_source=WC&xid=NL_DHE_2013-02-21&eun=g411013d0r&userid=411013&email=knowledge@eatright.org&mu_id=5511392
Source: *JAMA Surgery*
http://archsurg.jamanetwork.com/article.aspx?articleid=1653574
Editorial: Is Bariatric Surgery Worth It?
Comment on Impact of Bariatric Surgery on Health Care Costs of Obese Persons
http://archsurg.jamanetwork.com/article.aspx?articleid=1653577

**Employees Shed Pounds in Worksite-Based Weight Loss Intervention With Behavioral Counseling**
http://www.sciencedaily.com/releases/2013/02/130220163557.htm

Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/02/18/ajcn.112.046995

**In the obesity war, the pear shape loses ground**
http://www.startribune.com/lifestyle/health/192089321.html
Related Resource: UC Davis study deflates notion that pear-shaped bodies more healthy than apples
http://www.ucdmc.ucdavis.edu/publish/news/newsroom/7365

**Eating Just As Much But Enjoying It Less**
(Dieters dont eat less than other people, but they do feel guiltier about their food intake)
http://blogs.wsj.com/ideas-market/2013/02/20/eating-just-as-much-but-enjoying-it-less/?KEYWORDS=dietary
Source: *Psychology and Health*
http://www.tandfonline.com/doi/abs/10.1080/08870446.2012.751106?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%3dpubmed

**Harnessing umami, the most complex taste we can sense with our tongues**
**Magically Delicious**
http://www.charlestoncitypaper.com/charleston/harnessing-umami-the-most-complex-taste-we-can-sense-with-our-tongues/Content?oid=4574449
Related Resource: Umami in Foods Evidence Analysis Project
-Umami in Foods: What is Umami and how do I Explain It?
http://andevidencelibrary.com/topic.cfm?cat=4818

**Antioxidants in Your Diet May Not Reduce Risk of Stroke or Dementia, Study Suggests**
http://www.sciencedaily.com/releases/2013/02/130220163553.htm
Source: *Neurology*
http://www.neurology.org/content/early/2013/02/20/WNL.0b013e3182840c84

**Rabbit hopping onto U.S. menus**
**The hot news in sustainable-meat is rabbit, and restaurants are hopping on board**
http://www.chicagotribune.com/features/food/ct-dining-0221-rabbit-20130221,0,5546368.column

**25 More Rules of Conquering the Gym**
(14. Nutrition is a half of the exercise battle. For real. Do not conquer the gym and then conquer The Cheesecake Factory)
http://online.wsj.com/article/SB10001424127887324048904578316330257861440.html

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported

clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**- Buy 1 Get 1: Role of Grocery Coupons in Promoting Obesogenic Home Food Environments and Eating Behaviors**
http://clinicaltrials.gov/ct2/show/NCT01710124

**Registered Dietitians in the News**

**Communities That Care: Rockstar nutritionist adds fun to healthy lifestyle**
(By Jill Jayne, RD)
http://www.centredaily.com/2013/02/20/3509026/communities-that-care-rockstar.html

**Hold the fries: We're eating less fast food, study says**
(Keith Ayoob, RD quoted)
http://todayhealth.today.com/_news/2013/02/20/17034951-hold-the-fries-were-eating-less-fast-food-study-says?lite

**Kids' calorie counts are down from a decade ago**.
(Elizabeth Ward, RD quoted)
http://www.usatoday.com/story/news/nation/2013/02/20/kids-consuming-fewer-calories/1933625/

**Wellness Wednesday: How to keep a heart-healthy diet**
(Anna Busenburg, RD featured)
http://www.wlfi.com/dpp/news/local/wellness-wednesday-how-to-keep-a-heart-healthy-diet?ref=scroller&categoryId=20000&status=true

**Avoid diet fads with a more natural, inexpensive approach**
(Aida Moreno-Brown, RD quoted)
http://www.utepprospector.com/sports/avoid-diet-fads-with-a-more-natural-inexpensive-approach-1.2994104

**Putting cash on the line to lose weight**
(Susan Adams, RD quoted)
http://www.huffingtonpost.com/huff-wires/20130220/us-on-the-money-weight-loss-wagering/?utm_hp_ref=business&ir=business

**How to eat healthy on a budget**
(Cathy Trcalek, RD quoted)
http://www.9news.com/news/article/318193/339/How-to-eat-healthy-on-a-budget

**Experts: Reducing salt intake even by small amounts could save thousands of lives every year**
(By Timi Gustafson, RD)
http://www.kentreporter.com/lifestyle/191889271.html

**Fad diets yield temporary results**
(Lori Granich, RD &Leela Chigurupati, RD both quoted)
http://www.nwitimes.com/niche/get-healthy/nutrition/fad-diets-yield-temporary-results/article_a5bd68c4-3fe5-5081-8d09-5899469a38f5.html

**Slimming: Eat, drink and be skinny**
(Sian Porter, British Dietetic Association Spokesperson quoted)
http://www.independent.co.uk/life-style/health-and-families/health-news/slimming-eat-drink-and-be-skinny-8503848.html

**The Academys Position Papers are available at: www.eatright.org/positions**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18711-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2450. RE: PPW Hotel Confirmation and Transportation

**From:** Mary C. Wolski <MWolski@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 20, 2013 17:22:43
**Subject:** RE: PPW Hotel Confirmation and Transportation
**Attachment:** image001.jpg

---

It is 2013 not 2012. Sorry for the confusion

**From:** Mary C. Wolski
**Sent:** Wednesday, February 20, 2013 4:04 PM
**To:** 'dmartin@burke.k12.ga.us'
**Subject:** PPW Hotel Confirmation and Transportation
**Importance:** High

February 20, 2013

Dear Donna:

We look forward to seeing you at the 2013 Public Policy Workshop that is being held at the Omni Shoreham Hotel, March 10 – 12, 2013. Below is the hotel address, phone, fax as well as your hotel confirmation number with your arrival and departure dates. If you should have any changes to your reservation, please contact me at 312-899-4855 or e-mail me at mwolski@eatright.org. DO NOT contact the hotel.

As the Academy has made your hotel reservations, we wanted you to know you could sign up to be a member of the Omni Select Guests Program to get rewarded on your very first stay. Members enjoy complimentary perks including in-room Wi-Fi, pressings, shoe shine, morning beverage delivery and so much more. Plus, you'll earn a free night after staying just 20 nights. To enroll, please visit their website at http://www.omnihotels.com/SelectGuestProgram.aspx.
On another note, if you have not made your airline reservations for the meeting, please do so immediately by calling the travel store at 800/238-9049 or booking on-line at https://adatvl.axo20.com/

**Registration Hours**

Stop by the Registration Desk to pick up your badge and meeting materials.

Saturday, March 9: 4:00 pm-6:00 pm at the East Registration Desk

Sunday, March 10: 7am-10am in the Regency Gallery

**Omni Shoreham Hotel**

2500 Calvert Street NW

Washington, DC 20008

Phone: 202/234-0700

Fax: 202/265-7972

Arrival Date: Thursday, March 7, 2012

Departure Date: Tuesday, March 12, 2012

Confirmation Number: 40010687593

Have a safe trip!

Academy Meetings Team

2451. PPW Hotel Confirmation and Transportation

**From:** Mary C. Wolski <MWolski@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 20, 2013 17:04:18
**Subject:** PPW Hotel Confirmation and Transportation
**Attachment:** image003.jpg
Super Shuttle PPW Discount Flyer.pdf

---

February 20, 2013

Dear Donna:

We look forward to seeing you at the 2013 Public Policy Workshop that is being held at the Omni Shoreham Hotel, March 10 – 12, 2013. Below is the hotel address, phone, fax as well as your hotel confirmation number with your arrival and departure dates. If you should have any changes to your reservation, please contact me at 312-899-4855 or e-mail me at mwolski@eatright.org. DO NOT contact the hotel.

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On another note, if you have not made your airline reservations for the meeting, please do so immediately by calling the travel store at 800/238-9049 or booking on-line at https://adatvl.axo20.com/

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2500 Calvert Street NW

Washington, DC  20008

Phone: 202/234-0700

Fax: 202/265-7972

Arrival Date: Thursday, March 7, 2012

Departure Date: Tuesday, March 12, 2012

Confirmation Number: 40010687593

Have a safe trip!

Academy Meetings Team

2452. Eat Right Weekly - February 20, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 20, 2013 16:02:02
**Subject:** Eat Right Weekly - February 20, 2013
**Attachment:**

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Eat Right Weekly
February 20, 2013

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On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Academy Staff Attend President Obama's Speech on Sequestration

Members of the Academy's Policy Initiatives and Advocacy group visited the White House on Tuesday, February 19, for President Obama's speech on the impact of Sequestration. The Academy has been meeting with members of Congress on the importance of vital nutrition programs and has requested that Congress takes a fair and balanced approach to budget cuts.

Learn More >>
For Discussion at PPW: Would GMO Food Labeling Cause Confusion or Create Clarity?

Expert panelists and Academy members will discuss GMO labeling and other hot topics at the Academy's 2013 Public Policy Workshop. Don't miss these important discussions: Sign up today for this interactive advocacy conference, to held March 10 to 12 in Washington, D.C.

Learn More >>
Lower-Calorie Foods Driving Growth in Restaurants

A new report indicates restaurants that offer more lower-calorie foods and beverages have experienced an increase in customer traffic, same-store sales and total food and beverage

servings while those who don't offer these choices have seen a decline in these categories.

Learn More >>
RDs Who Work in Schools and Communities: USDA Announces Farm to School Grants

The U.S. Department of Agriculture has announced a request for applications for Farm to School grants, which will help eligible schools improve the health and well-being of their students and connect with local agricultural producers.

Learn More >>
Idaho Members Advocate for Nutrition Counseling

The Idaho Academy of Nutrition and Dietetics spoke recently to the state's Senate and House Health and Welfare committees on the value of medical nutrition therapy.

Learn More >>
Members Can Help Finalize Therapeutic Diet Order Rule

The Academy needs your help to ensure the proposed rule on therapeutic diet orders is finalized.

Learn More >>

## CPE Corner

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>
CPE Available Via Webinars

Nutrition-focused physical exam, new Academy - ASPEN guidelines on adult malnutrition and product safety in the gluten-free market are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>

## Career Resources

One Day Left: Call for FNCE Abstract Deadline is February 21

This is members' last chance to submit an abstract for the 2013 Food and Nutrition Conference and Expo Call for Abstracts. The submission deadline is Thursday, February 21.

Learn More >>
February Book of the Month

Save 10 percent on the Academy's new release, *Right Size for Me: A Weight Management Guide for African-American Women* (health professionals edition and consumer version).

Learn More >>
Maternal and Child Oral Health Resources

The National Maternal and Child Oral Health Resource Center at Georgetown University has released a new bulletin of recently produced materials. The resources include data, professional client tools, professional development and quality assurance materials.

Learn More >>

## Academy Member Updates

2013 Elections: Choose Academy's Next Leaders

Participate in the Academy's national election through February 22. Vote now and be entered to win free registration to the 2013 Food and Nutrition Conference and Expo.

Learn More >>
Nominate Candidates for National Honors and Awards

The Academy is soliciting nominations for its 2013 National Honors and Awards, in particular for the Lenna Frances Cooper Memorial Lecture Award. The submission deadline is midnight Central Time on March 1.

Learn More >>
Study Finds MNT Significantly Improves Weight Loss and Health, Saves Money

A newly published study conducted by researchers including Academy members indicates medical nutrition therapy provided by registered dietitians as part of a health benefit plan is an effective, low-cost way of helping people safely lose weight, and that MNT should be considered as a standard part of health insurance plans.

Learn More >>
Academy Member Named Rural Health Hero

Margaret P. Garner, MS, RD, LD, CIC, associate professor in the University of Alabama College of Community Health Sciences and member of the Academy's Board of Directors, received the Rural Health Heroes Award at the 14th annual Rural Health Conference, held at the University of

Alabama. The award honors "those unsung heroes who use their health and healing gifts to assist individuals and communities in reducing or preventing obesity and promoting wellness."

Learn More >>
Tasty Recipes for National Nutrition Month

Lifestyle, cultural and ethnic traditions and health concerns all affect individuals' food choices. The 2013 National Nutrition Month theme "Eat Right, Your Way, Every Day" encourages a personalized approach to eating healthfully. Help your clients and patients by sharing new and tasty recipes.

Learn More >>
Academy in the News: Still Consumers' Trusted Source

The Academy, our spokespeople and registered dietitians across the country continue to serve as the trusted sources for journalists interested in sharing healthful eating information with their audiences.

Learn More >>
April Is National Preceptor Month

The Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are working with the Academy to increase efforts to locate practitioners who are interested in teaching dietetic students. To kick-start the preceptor recruitment campaign, April has been designated the first National Preceptor Month.

Learn More >>
Take Academy's Online Survey and Win

To improve delivery of information to members, the Academy is undertaking a thorough reorganization of our website. Please take a moment to complete a brief survey to ensure changes add value to your member experience. While members can take the survey anonymously, if you provide your email address at the end of the survey your name will be included in a random drawing for an iPad Mini. The deadline to take the survey is February 27.

Learn More >>
Deadline Extended: Contest to Challenge Best Kids' Menu Ideas

The National Restaurant Association and McCormick for Chefs have launched the Kids Recipe Challenge, a competition that will showcase restaurants' culinary ingenuity for creating healthful menu items for children. The deadline for recipe submissions has been extended to March 1.

Learn More >>
Thank You to Academy Sponsors

To help achieve the Academy's mission of empowering members to be the nation's food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members, to share science-based information and new research with members, and to enable the Academy to reach millions of consumers with healthy-eating messages.

Learn More >>

## Philanthropy, Awards and Grants

Research Grant Deadline Is April 1

The Foundation's named research funds are available annually to Academy members at all levels of practice.

Learn More >>
Award Application Deadline Extended

The deadline has been extended to April 1 to apply for a number of Foundation Awards.

Learn More >>
Apply Now for ConAgra Foods Research Fellowship

Funded by the Academy's Foundation via a grant from the ConAgra Foods Foundation, the Nutrition Education Fellowship will provide a one-year, full time research fellowship experience to a registered dietitian who is completing or has completed a master's or doctoral degree. The deadline to apply is March 1.

Learn More >>
Kids Eat Right "Hunger in Our Community" Mini-Grants and Toolkit Available

To support the use of the new Kids Eat Right "Hunger in Our Community" toolkit, 40 grants of $200 are available. Recipients agree to give two presentations from the toolkit, for adults or teens, between March 11 and May 1. Applications are due March 1 and recipients will be announced March 11.

Learn More >>
New Kids Eat Right "Family Meals" Mini-Grants and Toolkit Available

To support the use of the Kids Eat Right "Family Meals" toolkit, 36 grants of $200 grants are available. Recipients agree to give two presentations from the toolkit, for adults or teens, between

March 25 and May 15. Applications are due March 15 and recipients will be announced March 25.

Learn More >>
February Kids Eat Right Everyday Heroes

Be inspired by Academy of Nutrition and Dietetics Foundation Everyday Heroes as they bring healthy change to their communities.

Donate Now, Ensure Tax-Deductible Donations Are Made for Next Year

Your support for the Academy Foundation's Annual Fund will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right initiative.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
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Headquarters | Academy of Nutrition and Dietetics
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2453. Daily News: Wednesday, February 20, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 20, 2013 10:04:50
**Subject:** Daily News: Wednesday, February 20, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**More Americans Successfully Managing Diabetes**
http://diabetes.webmd.com/news/20130215/more-americans-successfully-managing-diabetes
Source: NIH
http://www.nih.gov/news/health/feb2013/niddk-15.htm

**Diet of Resistant Starch Helps the Body Resist Colorectal Cancer**
http://www.sciencedaily.com/releases/2013/02/130219140716.htm
Source: *Current Opinion in Gastroenterology*
http://journals.lww.com/co-gastroenterology/pages/articleviewer.aspx?year=2013&issue=03000&article=00015&type=abstract

**Diet drinks may not fuel your appetite: study**
http://www.chicagotribune.com/health/sns-rt-us-diet-drinksbre91i15z-20130219,0,6752467.story
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/early/2013/01/30/ajcn.112.048405.abstract

**Taking A New Look At An Urban Area's Access To Healthier Foods**
http://www.medicalnewstoday.com/releases/256487.php
Source: *Health and Place*.
http://www.sciencedirect.com/science/article/pii/S1353829213000105

**Healthy Sleep, Healthy Diet: Sleep Pattern Linked To Variety Of Food Intake**
http://www.medicalnewstoday.com/articles/256601.php
Source: *Appetite*
http://www.sciencedirect.com/science/article/pii/S019566631300024X

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, November 2012.
-Partial Sleep Deprivation and Energy Balance in Adults: An Emerging Issue for Consideration by Dietetics Practitioners
http://www.andjrnl.org/article/S2212-2672(12)01344-5/abstract

**Time Spent Sitting Related To Risk of Chronic Diseases**
http://www.medicalnewstoday.com/releases/256575.php
Source: *Journal of Behavioral Nutrition and Physical Activity*
http://www.ijbnpa.org/content/10/1/20

**Locally Grown Gets Tricky in the Cold**
(Some local-movement chefs muscle through the colder months, while others make compromises)
http://www.nytimes.com/2013/02/20/dining/winter-poses-challenges-for-chefs-with-a-local-ethos.html?ref=dining&_r=0&gwh=3C030C6FBD35319CEAF0435A32678549

**Datamonitor: Marketers are avoiding the word diet like the plague**
http://www.foodnavigator-usa.com/Market/Datamonitor-Marketers-are-avoiding-the-word-diet-like-the-plague

**Hand sanitizer may have ignited hospital fire that hurt girl, 11**
http://vitals.nbcnews.com/_news/2013/02/19/17020154-hand-sanitizer-may-have-ignited-hospital-fire-that-hurt-girl-11?lite

**Tips to Avoid Return Trip to the Hospital**
**Understand instructions, ask questions, follow through with treatment, expert says**
http://consumer.healthday.com/Article.asp?AID=673546

**CDC app lets you solve disease outbreaks at home**
http://vitals.nbcnews.com/_news/2013/02/19/17019926-cdc-app-lets-you-solve-disease-outbreaks-at-home
Cited: Solve the Outbreak
http://content.govdelivery.com/bulletins/gd/USCDC-6d0654

**MedlinePlus: Latest Health News**
-Could acupuncture help relieve seasonal allergies?
-Exercise May Stave Off Depression in Severely Obese
Study found as little as 8 minutes of daily activity helped patients scheduled for weight-loss surgery
-Health Tip: Help Prevent Foot Ulcers
-Researchers Detect an Anti-Autism Advantage in Females
Findings may help explain disorder's prevalence among boys

-U.S. Plans Billion-Dollar Project to Study the Brain
Hope is the initiative will lead to breakthroughs for diseases like Alzheimer's, Parkinson's
-Drinking Can Derail Women's Efforts to Quit Smoking
Rather than easing stress of kicking the habit, study finds alcohol heightens urge to relapse
-Rich/Poor Divide Linked to Hospital Readmissions in Study
With greater gaps in income within an area, rehospitalization rates go up, findings show
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Healthy Helpings: Warming up with soup**
(By Joyce Martin, RD)
http://www.ydr.com/food/ci_22620203/healthy-helpings-warming-up-soup

**Try these foods for better sleeping**
(By Sheah Rarback, RD)
http://www.miamiherald.com/2013/02/19/3242265/try-these-foods-for-better-sleeping.html

**Foods for lovers**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/02/19/foods-for-lovers/

**The Goods: Sweet potato myths and facts**
(By Carlie Abersold, RD)
http://jacksonville.com/entertainment/food-and-dining/2013-02-19/story/goods-sweet-potato-myths-and-facts

**Why you're so full of air: From cheese to cough medicine - it's not just baked beans that cause wind**
(Sian Porter, Dietitian/UK quoted)
http://www.dailymail.co.uk/health/article-2280702/Cheese-cough-medicine--just-baked-beans-cause-wind.html

**New dietary recommendations (Australia) draw mixed reaction from experts**
(Claire Hewat/Dietitians Association of Australia quoted)
http://www.foodnavigator-asia.com/Policy/New-dietary-recommendations-draw-mixed-reaction-from-experts

**Plant-based eating good for health and energy, says dietitian**
(By Leslie Beck, Dietitian/Canada)
http://www.windsorstar.com/health/Plantbased+eating+good+health+energy+says+dietitian+Leslie+Beck/7980722/story.html

**Quote of the Week**
**"Determine that the thing can and shall be done, and then we shall find the way."**
**Abraham Lincoln**

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or send a blank email to leave-18671-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2454. Financial overview

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 20, 2013 09:23:42
**Subject:** Financial overview
**Attachment:** Board march Financial update final.ppt

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Mary,

Donna,

I updated the financial overview from January to reflect the current numbers.  Please let me know your thoughts.

Paul

2455. Daily News: Tuesday, February 19, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 19, 2013 10:40:44
**Subject:** Daily News: Tuesday, February 19, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics**!
Elections run from February 1 22, 2013. Vote and be entered to win free registration to FNCE 2013!

**Diet Plan Helps Obese Moms**
(Diet programs with light exercise helped obese women avoid gaining too much weight during pregnancy according to two trials presented at the Society for Maternal-Fetal Medicine meeting)
http://www.medpagetoday.com/MeetingCoverage/SMFM/37422?utm_content=&utm_medium=email&utm_campaign=DailyHeadlines&utm_source=WC&xid=NL_DHE_2013-02-19&eun=g411013d0r&userid=411013&email=knowledge@eatright.org&mu_id=5511392

**Caffeine linked to low birth weight babies: Study**
(A high intake of caffeine during pregnancy may be linked to higher risks of low birth weight babies, according to new research)
http://www.foodnavigator-usa.com/Science/Caffeine-linked-to-low-birth-weight-babies-Study
Source: *BMC Medicine*
http://www.biomedcentral.com/1741-7015/11/42/abstract

**Doctors who cook say they give better nutrition advice**
http://www.chicagotribune.com/health/la-heb-doctors-who-cook-say-they-give-better-nutrition-advice-20130218,0,3582061.story
Source:*JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1653991

**Mississippi lawmakers say no to local food regulation**
http://www.sunherald.com/2013/02/13/4467534/mississippi-lawmakers-say-no-to.html

**Zinc Marker Spots Kids' Iron Deficiency**

http://www.medpagetoday.com/Pediatrics/GeneralPediatrics/37414?utm_content=&utm_medium=email&utm_campaign=DailyHeadlines&utm_source=WC&xid=NL_DHE_2013-02-19&eun=g411013d0r&userid=411013&email=knowledge@eatright.org&mu_id=5511392

**High amounts of calcium may increase the likelihood of heart-related death**
http://www.washingtonpost.com/national/health-science/high-amounts-of-calcium-may-increase-the-likelihood-of-heart-related-death/2013/02/15/44a0632a-7629-11e2-8f84-3e4b513b1a13_story.html
Cited: *BMJ*
http://www.bmj.com/content/346/bmj.f228

**Really? Probiotic Supplements Can Lower Cholesterol**
http://well.blogs.nytimes.com/2013/02/18/really-probiotic-supplements-can-lower-cholesterol/

**FDA warns of flu protection claims by supplement sellers**
http://www.reuters.com/article/2013/02/15/us-dietary-supplements-fda-idUSBRE91E10P20130215

**Hard-Wired to Hate Exercise?**
**To Explain Why People Don't Work Out, Scientists Look to Chemistry, Biology**
http://online.wsj.com/article/SB10001424127887324432004578304250252788528.html

**Registered Dietitians in the News**

**Family sheds almost 40 pounds in a month**
(Judith Rodriguez, RD quoted)
http://www.usatoday.com/story/news/nation/2013/02/18/family-fitness-challenge-ibarras/1913321/

**An Oil's (Grapeseed) Promises, From Cooking to Cosmetics**
(Rachel Johnson, RD quoted)

http://online.wsj.com/article/SB10001424127887324196204578300500235913278.html?mod=googlenews_wsj

# Home-delivered meals mean independence

(Debby Krzesni, RD quoted)
http://www.times-standard.com/lifestyle/ci_22619114/gray-matters-home-delivered-meals-mean-independence

**Choosing the best options when you have to eat fast food**
(Lindsey Lee, RD quoted)
http://www.myfoxal.com/story/21237334/choosing-the-best-options-when-you-have-to-eat-fast-food

**Compost to green up kitchen**
(By Jeanine Stice, RD)
http://www.statesmanjournal.com/article/20130219/LIFE/302190001/Compost-green-up-kitchen

**Nutrition not just calorie counting**
(By Carolyn ONeil, RD; Sharon Palmer, RD &Sarah-Jane Bedwell, RD both quoted)
http://www.ajc.com/news/lifestyles/health/nutrition-not-just-calorie-counting/nWR9c/

**Is wheat-free the new Atkins?**
(By Leslie Beck, Dietitian/Canada;Shelley Case, Dietitian/Canada quoted)
http://www.theglobeandmail.com/life/health-and-fitness/is-wheat-free-the-new-atkins/article8788871/

**Keep Purim a happy holiday, free from accidents**
(Dafna Ziv-Busani, Dietitian/Israel quoted)
http://www.jpost.com/Health/Article.aspx?id=303694

**Food labelling underestimating calorie content of some foods, scientists say**
(Catherine Collins, Dietitian/UK quoted)
http://www.guardian.co.uk/science/2013/feb/18/food-retailers-underestimating-calorie-content

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or send a blank email to leave-18643-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2456. Check Out PPW's Online Forum

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Feb 19, 2013 09:30:15
**Subject:** Check Out PPW's Online Forum
**Attachment:** Community Frequently Asked Questions1.docx

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**Welcome to the Academy's Public Policy Workshop Community of Interest!**

**What is a Community of Interest (COI)?** It is an online forum that will help all PPW attendees get up-to-date information about the conference, download handouts and presentations and link up with other PPW registrants!

Want to find a roommate for PPW? How about read up on the Affordable Care Act? Or maybe find out who is going to be speaking at PPW? Then tap into your community and check out PPW's COI!

You can access this new community at https://pia.webauthor.com

To log on enter your Academy username and your Academy password (which you use to log into the member area of Eatright.org). Your Academy membership will be verified and then you will be granted access to all the features of the community. You can complete your profile, post your photo, and join or start a variety of discussions! We look forward to connecting with you!

Please check back weekly for updates about PPW, new materials and join the chatter!

See you in the COI!
Jessica

PS: Check out the attachment to read up on COI FAQs.

2457. Meeting with President Obama tomorrow

**From:** Mary Pat Raimondi <mraimondi@eatright.org>
**To:** Patricia Babjak <PBABJAK@eatright.org>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 18, 2013 16:22:14
**Subject:** Meeting with President Obama tomorrow
**Attachment:**

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Pat has asked that I update you on our meeting tomorrow at the White House on sequestration. This will be the first of two meetings this week at the White House. Tomorrow's meeting will with be our partners in the Coalition for Health Care Funding and President Obama. The discussion will be focused on the proposed cuts of nondefense discretionary spending which is the source of many of our programs funding. Some of you might have remembered Emily Holubowich, ED of the Coalition for Healthcare Funding who was a well received speaker at last year's PPW. Emily has become a true champion for us. We are newer members of this coalition which has turned out to be great investment to leverage our resources and promote our message through our public health stakeholders.
Congress has only six days to take action on stopping sequestration taking place. Although we can all agree that we need to reduce spending, we have taken the position that it needs to be a fair and thoughtful process. We are glad that President recognizes the value of the services and programs our members provide. Nutrition does offer evidenced based and cost effective solutions to reduce chronic disease.

Wednesday we will meet with members of HHS and the White House to continue to identify strategies.
We will keep you updated.

Have a great President Day evening!

Mary Pat Raimondi, MS RD
Vice President, Strategic Policy and Partnerships
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

**Academy of Nutrition and Dietetics** (formerly American Dietetic Association)

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Washington, DC 20036
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mraimondi@eatright.org
www.eatright.org

2458. Be a Part of the Academys Future and You Might Win an iPad Mini!

**From:** Academy of Nutrition and Dietetics <webstrategy@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 18, 2013 14:22:44
**Subject:** Be a Part of the Academys Future and You Might Win an iPad Mini!
**Attachment:**

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Having trouble viewing this e-mail? View it in your browser.
**Take our Survey Today!**
**February 18, 2013**
Dear Donna:

EatRight.org has become a major professional resource for food and nutrition professionals and the communities that they serve. The Academy is undertaking a thorough reorganization of the website to improve delivery of information to you, our valued members. We are seeking your input in a brief survey to ensure the changes add value to your member experience.

While you can choose to remain anonymous, if you provide your email address at the end of the survey, your name will be included in a random drawing for an iPad Mini. The deadline is Wednesday, February 27.

Please allow 10-15 minutes to complete the survey. To get started, simply click the link below:

www.eatright.org/websurvey

Please contact the the Academy with any questions, suggestions, or additional comments.

Thank you!
This e-mail is a benefit for members of the Academy of Nutrition and Dietetics.
If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**
Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2459. CONTRACT HAS BEEN SIGNED - NOVEMBER 2013 - DENVER, COLORADO

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'caj@ <bcm.tmc.edu' caj@bcm.tmc.edu>, Cobb, Kathy <kathy.cobb@snet.net>, Davies, Gwen <gwen.davies@mindspring.com>, DebraKibbe <dlkibbe@gmail.com>, GailFrank <Gail.Frank@csulb.edu>, Horan, Michelle <mhoranrd@gmail.com>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, MarcJacobson <daktah@gmail.com>, Miles, Aida <aida.miles@gmail.com>, Nogueira, Isadora <isadora.v.nogueira@gmail.com>, Sothern, Melinda <msothe@lsuhsc.edu>, danaeg@ <berkeley.edu danaeg@berkeley.edu>, ncopper@ <nshs.edu ncopper@nshs.edu>, Sandra.Hassink@nemours.org <Sandra.Hassink@nemours.org>
**Sent Date:** Feb 15, 2013 12:13:44
**Subject:** CONTRACT HAS BEEN SIGNED - NOVEMBER 2013 - DENVER, COLORADO
**Attachment:** image001.jpg

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This is to inform you that we have signed the contract with the Westin Denver to offer a Certificate of Training in Childhood and Adolescent Weight Management program on November 22-24, 2013 in Denver, Colorado.  Please let me know if you have any concerns or questions.

Thank you and have a good weekend.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
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pjohnson@eatright.org

**From:** Pearlie Johnson
**Sent:** Friday, January 18, 2013 12:32 PM
**To:** 'Donna Martin'; ''caj@'; 'Cobb, Kathy'; 'Davies, Gwen'; 'DebraKibbe'; 'GailFrank'; 'Horan, Michelle'; 'Kirk, Shelley'; 'MarcJacobson'; 'Miles, Aida'; 'Nogueira, Isadora'; 'Sothern, Melinda'; 'danaeg@'; 'ncopper@'; 'shassink@'
**Subject:** CONFIRMATION - NOVEMBER 2013 - DENVER, COLORADO

Thank you for providing your availability for this program.  Based on your availability, we are beginning the contractual process with the Hyatt Regency to schedule a Certificate of Training in Childhood and Adolescent Weight Management program on November 22-24, 2013 (Friday – Sunday).  I will let you know when the contact has been signed.

Please let me know if you have any questions or concerns.  Have a good weekend!

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

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**From:** Pearlie Johnson
**Sent:** Friday, January 11, 2013 12:21 PM
**To:** 'Donna Martin'; 'caj@; Cobb, Kathy; Davies, Gwen; DebraKibbe; GailFrank; Horan, Michelle; Kirk, Shelley; MarcJacobson; Miles, Aida; Nogueira, Isadora; Sothern, Melinda; danaeg@; ncopper@; shassink@
**Subject:** RE: AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO

We have offered programs the weekend before Thanksgiving, and we had good attendance. Hopefully, the same here.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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**From:** Donna Martin [mailto:dmartin@burke.k12.ga.us]
**Sent:** Friday, January 11, 2013 12:11 PM
**To:** 'caj@; Cobb, Kathy; Davies, Gwen; DebraKibbe; GailFrank; Horan, Michelle; Pearlie Johnson; Kirk, Shelley; MarcJacobson; Miles, Aida; Nogueira, Isadora; Sothern, Melinda; danaeg@; ncopper@; shassink@
**Subject:** Re: AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO

That date looks good for me.  The only caution I have is that is the weekend before Thanksgiving and I don't know if that will affect attendance.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 1/11/2013 12:57 PM >>>
We are exploring options for a Fall 2013 Certificate of Training in Childhood and Adolescent Weight Management program. We have located hotel availability for November 22-24, 2013 (Friday through Sunday) in Denver. Are you available?

Thank you and have a good weekend.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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pjohnson@eatright.org

2460. Daily News & Journal Review: Friday, February 15, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 15, 2013 10:23:37
**Subject:** Daily News & Journal Review: Friday, February 15, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**March is National Nutrition Month®! Eat Right, Your Way, Every Day.**
Visit www.eatright.org/nnm for new NNM catalog, toolkit, handouts, games and recipes

**Comparison Of Tube And IV Feeding In Malnourished Pediatric Cancer Patients**
http://www.medicalnewstoday.com/releases/256379.php
Source: *Journal of Pediatric Oncology Nursing*
http://www.ncbi.nlm.nih.gov/pubmed/23380526

**Taste Preferences Impact Health, New Study Finds**
http://www.sciencedaily.com/releases/2013/02/130213152120.htm
Source: *Journal of Food Science*
http://onlinelibrary.wiley.com/doi/10.1111/1750-3841.12008/abstract;jsessionid=43D1785BEB9E831D3F98915CEC18C2BB.d03t03

**Obese Black Women at Higher Risk for Having Very Large Babies**
**Infants weighing more than 8.8 pounds can lead to birth complications, researchers say**
http://consumer.healthday.com/Article.asp?AID=673396
Source: *Obesity*
http://www.ncbi.nlm.nih.gov/pubmed/22790239
Related Resource: *Right Size for Me:*
*A Weight Management Guide for African American Women*
https://www.eatright.org/shop/product.aspx?id=6442474589

**Women's Vitamin D Needs Don't Vary By Race, Study Finds**
http://www.nlm.nih.gov/medlineplus/news/fullstory_133939.html
Source: *Journal of Clinical Endocrinology &Metabolism*

http://www.ncbi.nlm.nih.gov/pubmed/23386641

**Chemicals in Cookware, Carpets May Raise Arthritis Risk in Women**
**Study looked at PFCs, found in products from nonstick cookware to carpeting**
http://consumer.healthday.com/Article.asp?AID=673458

**Low-Protein Diet Slows Alzheimer's in Mice**
http://www.sciencedaily.com/releases/2013/02/130214111610.htm

**FDA seizes illegal diet supplements in Florida**
http://vitals.nbcnews.com/_news/2013/02/14/16965743-fda-seizes-illegal-diet-supplements-in-florida?lite

**Hi-Maize resistant starch may replace flour in foods with minimal sensory impact**
http://www.foodnavigator-usa.com/Science/Hi-Maize-resistant-starch-may-replace-flour-in-foods-with-minimal-sensory-impact

**Even a drink a day boosts cancer death risk, alcohol study finds**
http://vitals.nbcnews.com/_news/2013/02/14/16963130-even-a-drink-a-day-boosts-cancer-death-risk-alcohol-study-finds?lite
Source: *American Journal of Public Health*
http://www.ncbi.nlm.nih.gov/pubmed/23075385

**California voters say soda can make you fat**
http://www.latimes.com/health/boostershots/la-heb-voters-soda-fat-20130214,0,5773018.story

**Exercise: Choose your own potential**
**Exercising can make you feel entitled to indulge or able to abstain from overboard eating. But only one path leads to weight loss.**
http://www.chicagotribune.com/health/sc-health-0213-fitness-eating-20130213,0,2663908.story

**MedlinePlus: Latest Health News**
-Lack of iron regulating protein contributes to high blood pressure of the lungs
NIH mouse study also shows how gene regulates iron to control blood cell production
-'Watch and Wait' Approach Often Best for Older Patients With Kidney Cancer
Study finds small tumors often grow so slowly as to pose little threat, so surgery may not be needed
-First-Born May Be at Greater Risk for Diabetes, Hypertension
Researchers think better flow of nutrients to the womb in subsequent pregnancies might explain why
-Health Tip: Keep Cutting Boards Clean
-Health Tip: Prevent Produce Problems

http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Hemorrhoids sit atop trending health issues on Google**
**People may not want to talk about the issue of hemorrhoids, but they are searching for information online.**
(Elizabeth Ward, RD &Heather Mangieri, Academy Spokesperson &Dawn Jackson Blatner, RD all quoted)
http://www.usatoday.com/story/news/nation/2013/02/13/hemorrhoids-hot-topic-google/1916191/

**Disturbing study shows more girls are using steroids**
(Jim White, Academy Spokesperson quoted)
http://www.wvec.com/news/Disturbing-study-shows-more-girls-are-using-steroids-188290511.html

**Lets Talk About Salt**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130215/LIFE03/130219799/kati-mora-let-s-talk-about-salt

**Food to keep your breath fresh**
(Althea Zanecosky, RD quoted)
http://abclocal.go.com/wpvi/story?section=news/health&id=8990446

**Social media can help you lose weight**
(Andrea Rumschlag, RD quoted)
http://www.abc2news.com/dpp/news/health/social-media-can-help-you-lose-weight

**Dietitian ensures patients get meals that work for them**
(Julia Chen, Dieitian/Canada quoted)
http://www.royalcityrecord.com/health/Dietician+ensures+patients+meals+that+work+them/7969612/story.html#ixzz2Kyjcau5L

**Journal Review**
***Childhood Obesity*, February 2013**
http://online.liebertpub.com/toc/chi/9/1
The Impact of a Statewide Training To Increase Child Care Providers' Knowledge of Nutrition and Physical Activity Rules in Delaware
http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0057
Farm to School and Nutrition Education: Positively Affecting Elementary School-Aged Children's Nutrition Knowledge and Consumption Behavior
http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0056

Web-Based Family Intervention for Overweight Children: A Pilot Study
http://online.liebertpub.com/doi/abs/10.1089/chi.2011.0126
National School Lunch Nutrition Standards: Making Kids Hungry or Healthy?
http://online.liebertpub.com/doi/abs/10.1089/chi.2013.9103
Global Childhood Obesity Update
http://online.liebertpub.com/doi/abs/10.1089/chi.2013.9104

***Food Chemistry*, February 8-11, 2013- Online First**
http://www.sciencedirect.com/science/journal/aip/03088146
The new on-line Czech food composition database
http://www.sciencedirect.com/science/article/pii/S0308814613001301
Sustainable diets: harnessing the nutrition agenda
http://www.sciencedirect.com/science/article/pii/S0308814613001180
Effects of industrial processing on folate content in green vegetables
http://www.sciencedirect.com/science/article/pii/S0308814613000939

***Food Service Director,*February 15, 2013**
http://www.foodservicedirector.com/print/food-service-director/issues/foodservice-director february-2013
(free subscription required)
-School Districts Struggle with Elements of the New Meal Regs
-Challenges with the New Meal Pattern
-Staff Training that Benefits Everyone
-Whats on the Menu? there are five influences that are driving their decision-making:
Health &Wellness, Commercial Influence, Food Costs, Food Democracy and Sustainability.
-New Cuisine on the Block-Vietnamese

***International Journal of Food Sciences and Nutrition*, March 2013**
http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000002
Horse meat consumption affects iron status, lipid profile and fatty acid composition of red blood cells in healthy volunteers
http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000002/art00003
Mediterranean diet and bone mineral density in two age groups of women
http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000002/art00004
Race/ethnicity-, gender- and age-specific differences in micronutrient intakes of US adults with and without diabetes
http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000002/art00007

***International Journal of Obesity*, February 2013**
http://www.nature.com/ijo/journal/v37/n2/index.html
BMI-independent inverse relationship of plasma leptin levels with outcome in patients with acute pulmonary embolism

http://www.nature.com/ijo/journal/v37/n2/abs/ijo201236a.html
Obesity is a strong determinant of hypertensive target organ damage in young-to-middle-age patients
http://www.nature.com/ijo/journal/v37/n2/abs/ijo201232a.html
Adiposity and sex hormones across the menstrual cycle: the BioCycle Study
http://www.nature.com/ijo/journal/v37/n2/abs/ijo20129a.html
Weight change following US military service
http://www.nature.com/ijo/journal/v37/n2/abs/ijo201246a.html
Body mass index across midlife and cognitive change in late life
http://www.nature.com/ijo/journal/v37/n2/abs/ijo201237a.html

***Journal of the American Medical Association*, February 13, 2013**
http://jama.jamanetwork.com/issue.aspx
Association Between Maternal Use of Folic Acid Supplements and Risk of Autism Spectrum Disorders in Children
http://jama.jamanetwork.com/article.aspx?articleid=1570279
Relationship Between Hospital Readmission and Mortality Rates for Patients Hospitalized With Acute Myocardial Infarction, Heart Failure, or Pneumonia
http://jama.jamanetwork.com/article.aspx?articleid=1570282

***JAMA -Internal Medicine*, February 11, 2013**
http://archinte.jamanetwork.com/issue.aspx
When Choosing Statin Therapy: The Case for Generics
http://archinte.jamanetwork.com/article.aspx?articleid=1555817

***Journal of Parenteral and Enteral Nutrition*, March 2013**
http://pen.sagepub.com/content/current
The Value of Nutrition Intervention
http://pen.sagepub.com/content/37/2/160.full
Nutrition and Fluid Optimization for Patients With Short Bowel Syndrome
http://pen.sagepub.com/content/37/2/161.abstract
Parenteral Nutrition-Can Outcomes Be Improved?
http://pen.sagepub.com/content/37/2/181.abstract
Effect of Parenteral Fish Oil Lipid Emulsion in Parenteral Nutrition Supplementation Combined With Enteral Nutrition Support in Patients Undergoing Pancreaticoduodenectomy
http://pen.sagepub.com/content/37/2/236.abstract
Low Energy Intakes Are Associated With Adverse Outcomes in Infants After Open Heart Surgery
http://pen.sagepub.com/content/37/2/254.abstract

***Metabolism Clinical and Experimental,*February 2013**
http://www.metabolismjournal.com/current
Effect of low- and high-glycemic load on circulating incretins in a randomized clinical trial

http://www.metabolismjournal.com/article/S0026-0495(12)00269-7/abstract
Beneficial effects of 12 weeks of aerobic compared with resistance exercise training on perceived appetite in previously sedentary overweight and obese men
http://www.metabolismjournal.com/article/S0026-0495(12)00288-0/abstract
A high leucine diet mitigates cardiac injury and improves survival after acute myocardial infarction
http://www.metabolismjournal.com/article/S0026-0495(12)00286-7/abstract
Efficacy of lifestyle interventions in reducing diabetes incidence in patients with impaired glucose tolerance: A systematic review of randomized controlled trials
http://www.metabolismjournal.com/article/S0026-0495(12)00272-7/abstract

***Morbidity and Mortality Weekly Report (MMWR),*****February 15, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Notes from the Field: *Salmonella* Bredeney Infections Linked to a Brand of Peanut Butter  United States, 2012
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6206a4.htm?s_cid=mm6206a4_w
Announcements: American Heart Month  February 2013
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6206a6.htm?s_cid=mm6206a6_w

***Nutrition Bulletin,*****March 2013**
http://onlinelibrary.wiley.com/doi/10.1111/nbu.2013.38.issue-1/issuetoc
The challenges of implementing behaviour changes that lead to sustained weight management
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12002/abstract
Human food choice and nutritional interventions
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12005/abstract
A perspective on the strategic approach to the complexity and challenges of behaviour change in relation to dietary health
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12007/abstract
Farm to School as a strategy to increase children's fruit and vegetable consumption in the United States: Research and recommendations
http://onlinelibrary.wiley.com/doi/10.1111/nbu.12009/abstract

***Nutrition Journal*****, February 8, 2013- Online First**
http://www.nutritionj.com/
Double-blind placebo-controlled food challenges in children with alleged cow's milk allergy: prevention of unnecessary elimination diets and determination of eliciting doses
http://www.nutritionj.com/content/12/1/22/abstract

***Nutrition Research*****, January 2013**
http://www.nrjournal.com/issues
Relationship between energy dense diets and white adipose tissue inflammation in metabolic syndrome
http://www.nrjournal.com/article/S0271-5317(12)00259-X/abstract

Yogurt consumption is associated with better diet quality and metabolic profile in American men and women
http://www.nrjournal.com/article/S0271-5317(12)00248-5/abstract
Acute differential effects of dietary protein quality on postprandial lipemia in obese non-diabetic subjects
http://www.nrjournal.com/article/S0271-5317(12)00231-X/abstract

***Nutrition Reviews*, February 2013**
http://onlinelibrary.wiley.com/doi/10.1111/nure.2013.71.issue-2/issuetoc
Is beer consumption related to measures of abdominal and general obesity? A systematic review and meta-analysis
http://onlinelibrary.wiley.com/doi/10.1111/j.1753-4887.2012.00548.x/abstract
Dietary treatments for childhood constipation: efficacy of dietary fiber and whole grains
http://onlinelibrary.wiley.com/doi/10.1111/nure.12010/abstract
How prevalent is vitamin $B_{12}$ deficiency among vegetarians?
http://onlinelibrary.wiley.com/doi/10.1111/nure.12001/abstract

***Pediatrics*, February 2013**
http://pediatrics.aappublications.org/content/current
Prehypertension and Hypertension in Community-Based Pediatric Practice
http://pediatrics.aappublications.org/content/131/2/e415.abstract
Randomized Trial of Iron Supplementation versus Routine Iron Intake in VLBW Infants
http://pediatrics.aappublications.org/content/131/2/e433.abstract
Physical Activity and 3-Year BMI Change in Overweight and Obese Children
http://pediatrics.aappublications.org/content/131/2/e470.abstract
Intestinal Microbiota of Infants With Colic: Development and Specific Signatures
http://pediatrics.aappublications.org/content/131/2/e550.abstract
Complementary and Alternative Medicine Use by Pediatric Specialty Outpatients
http://pediatrics.aappublications.org/content/131/2/225.abstract
Clinical Practice Guideline-Management of Newly Diagnosed Type 2 Diabetes Mellitus (T2DM) in Children and Adolescents
http://pediatrics.aappublications.org/content/131/2/364.abstract
Management of Type 2 Diabetes Mellitus in Children and Adolescents
http://pediatrics.aappublications.org/content/131/2/e648.abstract

***School Nutrition*, February 2013**
http://www.schoolnutrition.org/Level2_SNAMAG.aspx?id=18357
Digital Edition
http://mydigimag.rrd.com/publication/?i=144324
-Poverty &Hunger in the Land of Plenty (page 16)
-Looking at Poverty by the Numbers (page 18)|
-Looking at Children Affected by Poverty (20)

-Summertime-But the Living Isnt Easy (page 26)
-Feeding Our Neighbors (page 36)
-SNAP at Your Service (page 38)
-Food Safety Takes Center Stage (page 62)

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18571-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2461. PPW Hotel Discounted Rate Ends TOMORROW!

**From:** jlarson@eatright.org
**To:** DMartin@Burke.k12.ga.us
**Sent Date:** Feb 14, 2013 18:11:48
**Subject:** PPW Hotel Discounted Rate Ends TOMORROW!
**Attachment:**

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Hello PPWer!

This is your friendly reminder to book your hotel room by TOMORROW 5PM EST in order to get the PPW discounted room rate! For your convenience I have provided hotel information below. If this is your first time receiving an email of this nature, please scroll to the bottom of this email to learn about PPW's COI!

Hotel Information:
Omni Shoreham Hotel
2500 Calvert Street NW
Washington, District of Columbia 20008

*Negotiated meeting rate of $249 per night (plus applicable taxes) for Single or Double rooms.*

Housing accommodations at the Omni Shoreham in Washington, DC can be made online by clicking on the link below or by phone - call: Central Reservations at 1-800 THE OMNI or **202/234-0700**. If making reservations by phone, please be sure to mention "Academy of Nutrition and Dietetics 2013 Public Policy Workshop" to receive the discounted room rate. You must reserve your room no later than 5 p.m. CST ET on **February 15, 2013**. Sleeping rooms are based on availability and may sellout prior to the deadline.

Book room online: OMNI SHOREHAM RESERVATIONS (link: http://www.omnihotels.com/FindAHotel/WashingtonDCShoreham/MeetingFacilities/AcademyofNutritionandDieteticsPublicPolicyWorkshop2013.aspx)

---

If this is your first time receiving an email from me then …

**Welcome to the Academy's Public Policy Workshop Community of Interest!**

What is a Community of Interest (COI)? It is an online forum that will help all PPW attendees get up-to-date information about the conference, download handouts and presentations and link up with other PPW registrants!

Want to find a roommate for PPW? How about read up on the Affordable Care Act? Or maybe find out who is going to be speaking at PPW? Then tap into your community and check out

PPW’s COI!

You can access this new community at https://pia.webauthor.com

To log on enter your Academy username and your Academy password (which you use to log into the member area of Eatright.org).  Your Academy membership will be verified and then you will be granted access to all the features of the community. You can complete your profile, post your photo, and join or start a variety of discussions!  We look forward to connecting with you!

Please check back weekly for updates about PPW, new materials and join the chatter!

See you in the COI!
Jessica

2462. Draft March Board Agenda

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Ulric Chung <UChung@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 14, 2013 16:24:42
**Subject:** Draft March Board Agenda
**Attachment:** Att 2 0 March 2013 Board Agenda DRAFT.doc

---

Attached for your review and input is the draft agenda for the March 8-9 Board Meeting. We welcome your feedback for any revisions you may have based on priority issues needing discussion and/or action.
Thank you!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

Tel:  312/899-4856
E-mail:  pbabjak@eatright.org

2463. CONFIDENTIAL

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Sent Date:** Feb 14, 2013 11:19:39
**Subject:** CONFIDENTIAL
**Attachment:** image001.jpg
image006.jpg

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CONFIDENTIAL

I am excited to share with you that ANFP's Board of Directors met this week and is interested in moving forward with a joint task force to discuss "collaborative opportunities" between the Academy and ANFP. Please use this term until we are ready to make a final announcement. Please read the e-mail below. A press release regarding the new ANFP CEO is expected this Friday, February 15, which we will forward to you.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

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Tel:  312/899-4856
E-mail:  pbabjak@eatright.org

-----Original Message-----
From: William St. John [mailto:bstjohn@anfponline.org]
Sent: Tuesday, February 12, 2013 2:56 PM
To: Patricia Babjak
Subject: Task Force

Hi Pat. Finally back from Florida and I wanted to bring you up to speed on the discussion that took place.

The board is in favor of moving forward with discussion on collaborative opportunities between ANFP and AND.

However, since the newly appointed President &CEO will not be starting until mid May, they would prefer to delay any task force meetings and have her be the ANFP staff representative instead of me. Makes sense, I think. I would like to discuss all of this with you by phone as soon as I return to the office, which will be Monday February 18. Are you available to talk next week?

Bill

William St. John, CAE

President &CEO

Association of Nutrition &Foodservice Professionals

(630) 587-6336 ext. 113

fax: (630) 587-6320

bstjohn@anfponline.org<mailto:bstjohn@anfponline.org>

2464. Eat Right Weekly - February 13, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 13, 2013 16:57:31
**Subject:** Eat Right Weekly - February 13, 2013
**Attachment:**

---

Eat Right Weekly
February 13, 2013

Manage Subscriptions
QuickLinks

On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Registration Ends Soon for Academy's Public Policy Workshop

Time is running out to register for one of the nation's largest nutrition policy and advocacy conferences, the Academy's Public Policy Workshop.

Learn More >>
Want to Independently Order Diets for Your Hospital Patients?

Thanks to the hard work of Academy members and staff, the Centers for Medicare and Medicaid Services issued a **proposed rule** that, if finalized in the summer, would permit registered dietitians working in and privileged by hospitals to order patient diets independently without requiring the supervision or approval of a physician or other practitioner. CMS said its proposed rule change would, among other provisions, "save hospitals significant resources by permitting registered dietitians to order patient diets independently, which they are trained to do, without requiring the supervision or approval of a physician or other practitioner. This frees up time for physicians and other practitioners to care for patients."

Learn More >>

USDA to Regulate Snacks and Beverages in Schools

The U.S. Department of Agriculture has announced it will regulate snacks and beverages sold to students during the school day.

Learn More >>
Sequester Gets Closer to Reality, Adds Complications to Appropriations

As a March deadline looms, federal agencies are preparing for budget cuts mandated by sequestration.

Learn More >>
Bipartisan Support Identified for Country-of-Origin Labeling

Senators from both parties have asked Agriculture Secretary Tom Vilsack and Trade Ambassador Ron Kirk to uphold the Congressional mandated country-of-origin labeling as they develop corrective measures required by the World Trade Organization.

Learn More >>
Engage Parents to Prevent Childhood Obesity

The Institute of Medicine's Standing Committee on Childhood Obesity Prevention will hold a public session February 21 titled "A Conversation about Parents and Childhood Obesity Prevention."

Learn More >>
Georgia Affiliate Educates State Leaders

More than 70 members of the Georgia Academy of Nutrition and Dietetics participated in the recent State Legislative Day, informing leaders about the value of registered dietitians' services.

Learn More >>
Maryland Delegate Sees RD in Action

Academy member Karen Bellesky, RD, LD, recently invited Maryland State Delegate Keiffer J. Mitchell Jr. to view her important work with HIV patients and he accepted.

Learn More >>
Soda Tax Introduced in Texas Legislature

The Texas legislature has introduced a soda tax bill to address obesity inside the Lone Star State.

Learn More >>

## CPE Corner

New Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn eight hours of CPEUs for $76.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>
CPE Available Via Webinars

Nutrition-focused physical exam, new Academy-ASPEN guidelines on adult malnutrition and product safety in the gluten-free market are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
Need CPEUs? CDR Assess and Learn Modules Can Help

The Commission on Dietetic Registration's Online Assess and Learn Series assesses the knowledge and skills you currently have in a particular dietetics related area, within the context of a case scenario. Feedback on your performance is provided to assist you in determining your current and future learning needs.

Learn More >>

## Career Resources

Updated Total Diet Position Paper Released

The Academy's updated position paper "Total Diet Approach to Healthy Eating" stresses that the total diet or the overall pattern of food eaten is the most important focus of healthy eating.

Learn More >>
One Week Left: Call for FNCE Abstract Deadline is February 21

The 2013 Food and Nutrition Conference and Expo Call for Abstracts will be open for one more week.

Learn More >>
February Book of the Month

Save 10 percent on the Academy's new release, Right Size for Me: A Weight Management Guide for African-American Women (health professionals edition and consumer version).

Learn More >>
Free Physical Activity Toolkit

The Weight Management and Sports, Cardiovascular and Wellness dietetic practice groups have developed the Academy's Physical Activity Toolkit for Registered Dietitians: Utilizing Resources of Exercise Is Medicine.

Learn More >>
Weight Management DPG Symposium

Learn about the latest developments in evidence-based strategies to maximize weight loss, prevent weight regain and succeed at long-term weight maintenance. Earn up to 24.5 hours of CPE at the 2013 Weight Management Symposium, "Fuel Your Engines: Weight Management That Goes the Distance," to be held April 12 to 14 in Indianapolis, Ind. Arrive early and attend one of two pre-symposium workshops on bariatrics and coaching.

Learn More >>
Tennessee Healthy Weight Colloquium

Academy members are invited to participate March 15 in "MCH Life Course: Integration of Science and Practice," presented by the public health nutrition program at the University of Tennessee at Knoxville. Participation is offered via webcast or onsite at the Howard Baker Center in Knoxville. While the event is free, registration is required.

Learn More >>
Seeking Program Development Volunteers

The U.S. Department of Health and Human Services' Office of Minority Health Resource Center is recruiting professional volunteers to provide capacity building and technical assistance to community-based organizations serving minority populations.

Learn More >>

## Academy Member Updates

2013 Elections: Choose Academy's Next Leaders

Participate in the Academy's national election through February 22. Vote now and be entered to win free registration to the 2013 Food and Nutrition Conference and Expo.

Learn More >>

Nominate Candidates for National Honors and Awards

The Academy is soliciting nominations for its 2013 National Honors and Awards, in particular for the Lenna Frances Cooper Memorial Lecture Award. The submission deadline is midnight Central Time on March 1.

Learn More >>

Promote National Nutrition Month in Your Area

With March just around the corner, the Academy has developed materials to help members promote National Nutrition Month in your area.

Learn More >>

Promote RDs during National Nutrition Month

The Academy offers resources to help promote the services of registered dietitians during National Nutrition Month and in celebration of Registered Dietitian Day.

Learn More >>

Honor Colleagues on RD Day

The Academy will celebrate the sixth annual Registered Dietitian Day on March 13, commemorating the dedication of RDs as advocates for advancing the nutritional status of Americans and people around the world. The National Nutrition Month catalog contains ideas for gifts to recognize your colleagues and staff.

Learn More >>

RD Day Contest Could Put Your Picture in Times Square

In celebration of Registered Dietitian Day on March 13 and in appreciation for all you do to improve the nutritional health of Americans and people around the world, the Academy is hosting a special contest to feature a member in New York City's Times Square.

Learn More >>

Many Ways to Follow Academy on Facebook

While the old American Dietetic Association Facebook page was recently closed, there are numerous ways to connect with the Academy through Facebook.

Learn More >>

Members Receive Award for Foodservice Management Excellence

Two Academy members lead a program that received Foodservice Equipment Reports' Management Excellence Award. The award was presented at the recent North American Association of Food Equipment Managers Show to the foodservice staff at Wexner Medical Center at The Ohio State University led by Mary Angela Miller, MS, RD, FADA, LD, and Julie Jones, MS, RD, LD. According to the judges, the Wexner staff's "ability to communicate effectively with administration, consultants and suppliers has been remarkable."

Learn More >>

## Philanthropy, Awards and Grants

Scholarship Application Deadline Is February 15

The application deadline is February 15 for graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician, registered scholarships. Get information about the scholarship program and download an application.

Apply Now for ConAgra Research Fellowship

Funded by the Academy's Foundation via a grant from the ConAgra Foundation, the Nutrition Education Fellowship will provide a one-year, full time research fellowship experience to a registered dietitian who is completing or has completed a master's or doctoral degree. The deadline to apply is March 1.

Learn More >>

Kids Eat Right 'Shopping Matters' Mini-Grants for Supermarket RDs

To support the use of Share Our Strength's Shopping Matters toolkit by Kids Eat Right Campaign members, 30 mini-grants are available to registered dietitians working in supermarkets. Applications are due February 15.

Learn More >>
Kids Eat Right 'Hunger in Our Community' Mini-Grant Opportunity

To support the use of the new Kids Eat Right Hunger in Our Community toolkit, 40 $200 grants are available. Recipients agree to give two presentations from the Hunger in Our Community toolkit for adults and-or teens between March 11 and May 1. Applications are due March 1. Recipients will be announced March 11.

January Kids Eat Right Everyday Heroes

Be inspired by Academy of Nutrition and Dietetics Foundation Everyday Heroes as they bring healthy change to their communities.

Research Grant Deadline Is April 1

The Foundation's named research funds are available annually to Academy members at all levels of practice.

Learn More >>
Donate Now, Ensure Tax-Deductible Donations Are Made for Next Year

Your support for the Academy Foundation's Annual Fund will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right initiative.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2465. Academy Membership 2013-2014

**From:** Michelle Paprocki <MPaprocki@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Karen Noldan <Knoldan@eatright.org>, Harold Holler <HHOLLER@eatright.org>
**Sent Date:** Feb 13, 2013 13:45:01
**Subject:** Academy Membership 2013-2014
**Attachment:**

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Donna,

The Academy Treasurer's name appears on the membership cards. As Treasurer-elect soon to be Treasurer, your name will appear on the 2013-2014 Membership Card. Your name appears as Donna S. Martin, EdS, RD, LD, SNS on the BOD listing on the Academy Web site. Is this how you would like your name to appear on the membership card? Please let me know if that is acceptable or if you would prefer it to appear differently.

Thank you in advance for your reply.

Sincerely,

Michelle Paprocki, RD

Manager, Membership

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Chicago, Illinois 60606-6995

Fax: 312-899-4812

mpaproc@eatright.org

www.eatright.org

2466. Representation at Meetings

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 12, 2013 18:26:56
**Subject:** Representation at Meetings
**Attachment:** image001.jpg

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In June we shared with you the Board Representation at Meetings form to report your presentations at affiliate, DPG, MIG and/or other organization meetings. We track face-to-face presentations and remind you to please communicate to us any meetings you have attended this program year on behalf of the Academy by submitting the activity form. This electronic form can be completed by accessing the following link http://academybod.webauthor.com/modules/portal/complete_form.cfm?xm_form_id=192 and is found on the Board Communications Platform.

If you are requested to present on a topic representing your expertise/practice area, you may want to suggest to the meeting organizers that you are also available to provide a separate Academy Update presentation. This update covers the Academy's initiatives and accomplishments on behalf of members and is updated frequently. You can access and download the presentation from the Board Communications Platform by clicking on the link here - Academy Update. Please contact me if you have any questions.

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

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phone: 312-899-4798

fax: 312-899-4765
jschwaba@eatright.org

2467. ACTION REQUIRED Academy of Nutrition and Dietetics "Travel Authorization Notification"

**From:** Martha Ontiveros <Montiveros@eatright.org>
**To:** brendar10@juno.com <brendar10@juno.com>, contemporarynutrition@hotmail.com <contemporarynutrition@hotmail.com>, judeian@sbcglobal.net <judeian@sbcglobal.net>, lindarocafort@yahoo.com <lindarocafort@yahoo.com>, suzy_weems@baylor.edu <suzy_weems@baylor.edu>, tabillos@gmail.com <tabillos@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, iameatonwright@gmail.com <iameatonwright@gmail.com>, tlk3@case.edu <tlk3@case.edu>, julie.grim@baylorhealth.edu <julie.grim@baylorhealth.edu>, pgooder@windstream.net <pgooder@windstream.net>, peggy-turner@ouhsc.edu <peggy-turner@ouhsc.edu>, vmwilliams15@yahoo.com <vmwilliams15@yahoo.com>, dnchester@nifa.usda.gov <dnchester@nifa.usda.gov>
**Cc:** PTA <pta@eatright.org>, Harold Holler <HHOLLER@eatright.org>
**Sent Date:** Feb 12, 2013 14:09:09
**Subject:** ACTION REQUIRED Academy of Nutrition and Dietetics "Travel Authorization Notification"
**Attachment:**

---

You have been approved to travel for the Committee Vice Chair Orientation. Please plan to arrive on Thursday, April 18 and depart on Saturday, April 20. The meeting will occur on Friday, April 19 (all day)-Saturday, April 20 (1/2 day-AM).

Meeting Name: **Committee Vice Chair Orientation**

Meeting Location: **Chicago, IL**

Meeting Dates: **April 19-20, 2013**

Approval Code: **1032335**

---

**Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT**. ($13 service fee)

***1)*** **https://adatvl.axo20.com/**

***2)*** *Log in to your account using the User ID and Password you created when setting up your profile.*

***3)*** *Search for and select your flights (book "non-refundable" fares only)*

***a.*** *You have the option of searching by "Price" or "Schedule".*
***b.*** *Click on your preferred airline if you only want to view their fares.*

***4)*** *When asked to "Name your trip", you are required to enter the Meeting Name as it appears above.*

***5)*** *When you reach the* ***Purchase Trip*** *page, enter 1032335 into the* ***Approval Code*** *box in the* ***Reporting Information*** *section.*

***6)*** *When you reach the Payment Options section, be sure to choose the "****Use a Stored Card****" option to ensure your Academy paid travel is billed correctly.*

***7)*** *If you need assistance, call the support team at 800/238-9049, press "1" when prompted. There is no additional charge for technical assistance.*

**Booking Your Travel with an Agent** ($23 service fee)

***1)*** *Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

***2)*** *For agent assisted booking, call the Academy Travel Desk at 800/238-9049, press "2" when prompted. Please reserve the use of this option to complex domestic or international travel.*
***3)*** *Provide the agent with your Approval Code when requested so that the airfare is charged to the Academy credit card.*

**Booking Outside of the Academy Travel Policy**

In the event your airfare or rail fees exceed the Academy Travel Policy limits and there is a lower logical fare available (similar itinerary to your selection), your proposed travel may be declined. In the event that the trip you selected is declined, you will receive an email instructing you to go back to **https://adatvl.axo20.com/** and rebook at a lower fare.

The traveler will receive an ELECTRONIC TICKET from the Academy Travel Desk as final confirmation that the trip has been approved and ticketed. If the traveler does not receive this document within 72 hours of booking, he/she needs to call the Academy Travel Desk at 800/238-

9049 (press “1” when prompted) for assistance).

**Harold J. Holler, RD, LDN**

*Vice President, Governance &Practice*

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hholler@eatright.org
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2468. RE: AND Finance and Audit Committee MeetingAna Vazquez

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, peark02@outlook.com <peark02@outlook.com>
**Sent Date:** Feb 12, 2013 11:29:28
**Subject:** RE: AND Finance and Audit Committee MeetingAna Vazquez
**Attachment:** image001.png

---

Good Morning Everyone:

From a traveling perspective, the FAC meeting will start around 8:00 am on Wednesday and end around 12:00 pm on Thursday.

Linda

PS. Thanks Donna!

**From:** DMartin@Burke.k12.ga.us
**Sent:** Tuesday, February 12, 2013 7:58 AM
**To:** Linda Serwat
**Subject:** Re: AND Finance and Audit Committee Meeting

Linda,  Before I make my plane reservations can you tell me the start and end time for the two day meeting?  Thanks so much.  This may be helpful for others also.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Linda Serwat <LSerwat@eatright.org> 2/8/2013 11:20 AM >>>
Good Morning Everyone:

As on your FAC calendar, the AND Finance and Audit Committee is scheduled to hold a face-to-face meeting at the Chicago Headquarters Office on Wednesday and Thursday, April 24th and 25th, 2013, respectively.

Directly following this email, you will receive your individual travel form. Please follow the procedures.

Also I need to know if you will be attending the meeting, and if you will need 2 nights at the hotel, which would be April 23 and April 24. I will make your room reservations and send you your confirmation, as the meeting gets closer.

If you have any problems or if you have any questions, PLEASE do not hesitate to contact me. If I don't know the answer, I will find out for you.

Thanks,

Linda

Linda Serwat

**Academy of Nutrition and Dietetics**

Finance and Administration

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4731

lserwat@eatright.org

2469. Hydrate Your Way, Every Day!

**From:** Marketing <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Feb 11, 2013 17:30:26
**Subject:** Hydrate Your Way, Every Day!
**Attachment:**

---

Having trouble viewing this e-mail? Click here to view it in your browser.

National Nutrition Month® is almost here. The theme for 2013, *Eat Right Your Way, Every Day,* encourages personalized healthy eating styles and recognizes that food preferences, lifestyle, cultural and ethnic traditions and health concerns all impact individual food choices.

Hydrate your way, every day with a number of items featuring the NNM artwork. Sports bottles, stadium cups, tumblers and more are available for sale. Quantities are limited, order today!

Check out these items and other great National Nutrition Month products at www.eatright.org/nnm !

You are receiving this member message from the Academy of Nutrition and Dietetics
If you prefer not to receive future e-mails for National Nutrition Month,
simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us** Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2470. Daily News: Monday, February 11, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 11, 2013 11:12:20
**Subject:** Daily News: Monday, February 11, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**March is National Nutrition Month®! Eat Right, Your Way, Every Day.**
**Visit www.eatright.org/nnmfor new NNM catalog, toolkit, handouts, games and recipes.**

**People Seem More Accepting of Food Addiction Than Other Vices**
**But obese people are less likely to be given a pass on their eating habit, research shows**
http://consumer.healthday.com/Article.asp?AID=673217
Source: *Basic and Applied Social Psychology*
http://www.tandfonline.com/doi/full/10.1080/01973533.2012.746148
Related Resource: FNCE 2012 Session
-Can People Get Addicted to Palatable Food?
http://www.starlibraries.com/fnce/session/88/Can-People-Get-Addicted-to-Palatable-Food

**Canker sore drug helps mice lose weight without diet, exercise**
http://www.cnn.com/2013/02/10/health/mice-weight-loss-drug/index.html?hpt=he_c1
Source: *Nature Medicine*
http://www.nature.com/nm/journal/vaop/ncurrent/abs/nm.3082.html

**A Pill So People With Celiac Disease Can Eat Freely?**
**Scientists engineer an enzyme to stop the disease-causing process in a test tube, but more research is needed**
http://consumer.healthday.com/Article.asp?AID=673218
Source: *Journal of the American Chemical Society*
http://pubs.acs.org/doi/abs/10.1021/ja3094795

**Metabolic Acidosis And Kidney Injury In Kidney Disease Patients Reduced By Consumption Of Fruits And Vegetables**

http://www.medicalnewstoday.com/releases/256081.php
Source: *Clinical Journal of the American Society of Nephrology*
http://www.ncbi.nlm.nih.gov/pubmed/23393104
Related Resource: scroll down to Academy CKD Guideline Presentation to access information on this powerpoint presentation: Includes all recommendations and ratings!
64 slides ready for you to use for meetings, in-service presentations, and classes. (online electronic download purchase only)
https://andevidencelibrary.com/store.cfm?category=5

**Consumers seek out high-calorie foods in tough times, study finds**
(Do tough times mean expanding waistlines? New research suggests that hardship in life can lead to 40% increase in high-calorie food intake)
http://www.foodnavigator.com/Science-Nutrition/Consumers-seek-out-high-calorie-foods-in-tough-times-study-finds
Source: *Psychological Science*
http://www.ncbi.nlm.nih.gov/pubmed/23302296

**U.S. rejects Mississippi health insurance exchange plan**
http://www.chicagotribune.com/health/sns-rt-us-usa-healthcare-exchanges-mississippibre91713x-20130208,0,2499157.story
Related Resource: State Health Insurance Exchange FAQ
http://www.eatright.org/Members/content.aspx?id=6442466223

**Somewhat unusual FDA consent decree requires company to retain a labeling expert**
http://www.foodnavigator-usa.com/Regulation/Somewhat-unusual-FDA-consent-decree-requires-company-to-retain-a-labeling-expert

**Registered Dietitians in the News**

**Do new school lunch rules go too far?**
(Deborah Beauvais, Academy Spokesperson &Juli Tracy, RD both quoted)
http://www.phillyburbs.com/news/local/whats-for-lunch/do-new-school-lunch-rules-go-too-far/article_a682ea77-a00d-50b6-9ad7-6a9e11a61c3f.html

**Recent study suggests those over 75 can be less concerned about their diet**
(Gayle Hoffman, RD; Wendy Hoy, RD &Deb Gochenour, RD all quoted)
http://www.pennlive.com/bodyandmind/index.ssf/2013/02/new_study_suggests_those_over.html

**Cracking those cravings**
(By Grace Dailey, RD)
http://www.goerie.com/article/20130211/LIFESTYLES07/302119993/Cracking-those-cravings

**How to reverse your health mistakes**
(Kate Di Prima, Dietitian/Australia quoted)
http://www.news.com.au/lifestyle/health-fitness/reverse-your-health-mistakes/story-fneuzkvr-1226575190901

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18416-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2471. VICE CHAIR SURVEY -Respond by February 25, 2013

**From:** Martha Ontiveros <Montiveros@eatright.org>
**To:** ellen.shanley@uconn.edu <ellen.shanley@uconn.edu>, brendar10@juno.com <brendar10@juno.com>, chrisrosenbloom@gmail.com <chrisrosenbloom@gmail.com>, contemporarynutrition@hotmail.com <contemporarynutrition@hotmail.com>, judeian@sbcglobal.net <judeian@sbcglobal.net>, lindarocafort@yahoo.com <lindarocafort@yahoo.com>, suzy_weems@baylor.edu <suzy_weems@baylor.edu>, tabillos@gmail.com <tabillos@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, iameatonwright@gmail.com <iameatonwright@gmail.com>, tlk3@case.edu <tlk3@case.edu>, julie.grim@baylorhealth.edu <julie.grim@baylorhealth.edu>, pgooder@windstream.net <pgooder@windstream.net>, peggy-turner@ouhsc.edu <peggy-turner@ouhsc.edu>, vmwilliams15@yahoo.com <vmwilliams15@yahoo.com>, dnchester@nifa.usda.gov <dnchester@nifa.usda.gov>
**Cc:** Harold Holler <HHOLLER@eatright.org>, Sharon McCauley <smccauley@eatright.org>
**Sent Date:** Feb 08, 2013 13:48:58
**Subject:** VICE CHAIR SURVEY -Respond by February 25, 2013
**Attachment:**

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Dear Academy Committee Vice Chairs,

As we prepare for your orientation in April 2013, we would like to get some input from you on the topics to be covered. Please take 15-20 minutes to respond to our survey. Your input will be useful so that we meet all the various needs to ensure success as the next committee chair.

The link to the short survey is http://www.surveymonkey.com/s/Vice-Chair2-8-13. **Please respond by Monday, February 25, 2013**.

In advance, thanks for your assistance!! Have a great weekend.

**Harold Holler, RD**

Vice President, Governance and Practice

Academy for Nutrition and Dietetics

hholler@eatright.org or 800/877-1600, ext. 4896

2472. Finance and Audit Committee Meeting for April, 2013

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 08, 2013 11:21:10
**Subject:** Finance and Audit Committee Meeting for April, 2013
**Attachment:** image001.png
FAC Travel for 2 Donna April 2013.doc

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Good Morning Donna:

Please see the attached.

Linda

Linda Serwat

**Academy of Nutrition and Dietetics**

Finance and Administration

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4731

lserwat@eatright.org

2473. AND Finance and Audit Committee Meeting

**From:** Linda Serwat <LSerwat@eatright.org>
**To:** Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, Glennacac@aol.com <Glennacac@aol.com>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, fellerb@auburn.edu <fellerb@auburn.edu>
**Cc:** Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** Feb 08, 2013 11:20:47
**Subject:** AND Finance and Audit Committee Meeting
**Attachment:** image001.png

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Good Morning Everyone:

As on your FAC calendar, the AND Finance and Audit Committee is scheduled to hold a face-to-face meeting at the Chicago Headquarters Office on Wednesday and Thursday, April 24th and 25th, 2013, respectively.

Directly following this email, you will receive your individual travel form. Please follow the procedures.

Also I need to know if you will be attending the meeting, and if you will need 2 nights at the hotel, which would be April 23 and April 24. I will make your room reservations and send you your confirmation, as the meeting gets closer.

If you have any problems or if you have any questions, PLEASE do not hesitate to contact me. If I don't know the answer, I will find out for you.

Thanks,

Linda

Linda Serwat

**Academy of Nutrition and Dietetics**

Finance and Administration

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4731

lserwat@eatright.org

2474. Daily News & Journal Review: Friday, February 8, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 08, 2013 11:14:46
**Subject:** Daily News & Journal Review: Friday, February 8, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

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**March is National Nutrition Month®! Eat Right, Your Way, Every Day.**
**Visit www.eatright.org/nnmfor new NNM catalog, toolkit, handouts, games and recipes.**

**Southern Diet Sends Stroke Risk Soaring: Study**
(Keith Ayoob, RD quoted)
(presented at the International Stroke Conference in Hawaii)
http://abcnews.go.com/Health/southern-diet-sends-stroke-risk-soaring-study/story?id=18431320

**Breast-feeding is on the rise in America, CDC says**
**http://www.latimes.com/health/boostershots/la-heb-breastfeeding-increase-cdc-20120207,0,3310112.story**
**Source: *Morbidity and Mortality Weekly Report***
**http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6205a1.htm?s_cid=mm6205a1_w**
**Related Resource:**Promoting and Supporting Breastfeeding
**http://www.eatright.org/About/Content.aspx?id=8377**

**Does Your Diet Influence How Well You Sleep?**
http://healthland.time.com/2013/02/07/does-your-diet-influence-how-well-you-sleep/
Source:*Appetite*
http://www.sciencedirect.com/science/article/pii/S019566631300024X

**Diets through history: The good, the bad and the scary**
**http://www.cnn.com/2013/02/08/health/diets-through-history/index.html?hpt=he_c1**

**Couple Addicted to Coffee Enemas, Up to Four Times a Day**
**http://abcnews.go.com/Health/florida-couple-addicted-coffee-enemas/story?id=18433235**
**Related Resource: ACS Colon Therapy**

**http://www.cancer.org/treatment/treatmentsandsideeffects/complementaryandalternativemedicine/manualhealingandphysicaltouch/colon-therapy**

**There is such a thing as too much vitamin C**
**http://www.chicagotribune.com/health/sc-health-0206-vitamin-c-20130206,0,1234708.story**
**Related Resource: Office of Dietary Supplements (ODS)**
**http://ods.od.nih.gov/factsheets/list-all/**

**Chelation: No Benefit in Ischemic Stroke**
http://www.medpagetoday.com/Cardiology/Strokes/37247
*Source: Stroke*
http://stroke.ahajournals.org/content/early/2013/02/07/STROKEAHA.111.000013.abstract?sid=088a0225-538b-46b5-a833-7feefaa48404

**Consumer demand drives growth in the organic food sector**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=35003&ref=collection

**Brioni teams up with Beneo to launch first coffee on a digestive health platform**
http://www.foodnavigator-usa.com/Market/Brioni-teams-up-with-Beneo-to-launch-first-coffee-on-a-digestive-health-platform

**MedlinePlus: Latest Health News**
-Birth defects in multiples on the rise: study
-Daily Dialysis Has Risks, Benefits for Kidney Disease Patients
-Scientists Explore How Zinc Fights Off Infection
-Test strip supply linked to better diabetes care
-In Hospitals, Daily Antiseptic Bath May Prevent Dangerous Infections
http://www.nlm.nih.gov/medlineplus/news/fullstory_133781.html

**Registered Dietitian in the News**

**Food and your mood: What's good, what's bad**
**Metro Detroit dietitian reveals why comfort foods improve our mood, what will continue to lift people's moods**
(Bethany Thayer, Academy Spokesperson quoted)
http://www.clickondetroit.com/lifestyle/health/Food-and-your-mood-What-s-good-what-s-bad/-/2300442/18453504/-/is5are/-/index.html

**Owatonna dietitian shares her favorite cholesterol-lowering foods**
(By Jennifer Lintz, RD)
http://www.southernminn.com/owatonna_peoples_press/features/article_c35d910c-2c97-58c3-aa99-a7661e135143.html

**Food Matters: Natural antioxidants can help protect against free-radicals**
(By Chuck Newcomb, RD)
http://www.losbanosenterprise.com/2013/02/07/201153/bood-matters-natural-antioxidants.html

**City health database led to less smokers, healthier New Yorkers: Mayor**
(Lisa Young, RD quoted)
http://www.amny.com/urbanite-1.812039/city-health-database-led-to-less-smokers-healthier-new-yorkers-mayor-1.4583258

**Heart Health Awareness Has a Long Way to Go"**
(By Timi Gustafson, RD)
http://www.kentreporter.com/lifestyle/190068131.html

**Ashton Kutchers Fruitarian Diet: What Went Wrong**
(Cynthia Sass, RD; Keri Gans, RD &Dawn Jackson Blatner, RD all quoted
http://health.usnews.com/health-news/articles/2013/02/07/ashton-kutchers-fruitarian-diet-what-went-wrong

**Journal Review**

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(i.e.: *J Am Diet Assoc*. 1992 Mar;92(3):319-24.
Dietary practices of ballet, jazz, and modern dancers.)
http://tinyurl.com/article-order

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www.eatright.org/Members/content.aspx?id=1197

**Academy Newsletter-*MNT Provider*, January 2013**
(Login as an Academy member to access free full-text articles cited below)
http://www.eatright.org/mntprovider/
-Resolutions to help your patients live a healthier 2013
-Medicare cuts averted but no reform enacted

-Telehealth: A priority for the Federal Communications Commission
-Cost confusion results in decreased prevention
-Participation deadline extended for beneficiaries
-Question Corner
Q: I have resolved to be more organized in my private practice in the New Year. I have a national provider identifier (NPI) but its been a while since I filled out the Medicare Part B application. How can I verify if my Medicare information is up to date?
Q: Can a Doctor of Osteopathic Medicine (DO) refer for Medicare Medical Nutrition Therapy (MNT) services provided by a registered dietitian (RD)?
-Free informatics webinars offered
Applications now being accepted for The Business of MNT Boot Camp

***Aging Well*, January/February 2013**
(Access article from link below)
http://www.agingwellmag.com/digital_editions.shtml
Celiac Disease and Older Adults

***American Journal of Epidemiology*, February 15, 2013**
http://aje.oxfordjournals.org/content/177/4.toc
Racial and Ethnic Residential Segregation, the Neighborhood Socioeconomic Environment, and Obesity Among Blacks and Mexican Americans
http://aje.oxfordjournals.org/content/177/4/299.abstract
Synergism Between Obesity and Alcohol in Increasing the Risk of Hepatocellular Carcinoma: A Prospective Cohort Study
http://aje.oxfordjournals.org/content/177/4/333.abstract

***American Journal of Evaluation,*March 2013**
http://aje.sagepub.com/content/34/1.toc
Using the Concept of Population Dose in Planning and Evaluating Community-Level Obesity Prevention Initiatives
http://aje.sagepub.com/content/34/1/71.abstract

***Annals of Internal Medicine*, February 5, 2013**
http://annals.org/issue.aspx?journalid=90&issueid=926316
The Association Between Midlife Cardiorespiratory Fitness Levels and Later-Life Dementia: A Cohort Study
http://annals.org/article.aspx?articleid=1567851
The Patient-Centered Medical Home: A Systematic Review
http://annals.org/article.aspx?articleid=1402441
Recommended Adult Immunization Schedule: United States, 2013*
http://annals.org/article.aspx?articleid=1567229
Summaries for Patients| The Association Between Physical Fitness and Dementia

http://annals.org/article.aspx?articleid=1567367

***Annals of Nutrition &Metabolism*, Vol. 61, Suppl. 1, 2012 Issue release date: January 2013- Nutrition Epidemiology**

http://www.karger.com/Journal/Issue/257598
Global Burden of Maternal and Child Undernutrition and Micronutrient Deficiencies
http://www.karger.com/Article/FullText/345165
Global Nutrition Epidemiology and Trends
http://www.karger.com/Article/FullText/345167
Global Dietary Patterns and Diets in Childhood: Implications for Health Outcomes
http://www.karger.com/Article/FullText/346185
Interaction of Nutrition and Infections Globally: An Overview
http://www.karger.com/Article/FullText/345162

***Archives of Osteoporosis*, February 2013**

http://link.springer.com/journal/11657
Milk and yogurt consumption are linked with higher bone mineral density but not with hip fracture: the Framingham Offspring Study
http://link.springer.com/article/10.1007%2Fs11657-013-0119-2

***Asia Pacific Allergy, January 2013***

http://apallergy.org/search.php?where=asummary&id=3262&code=9996APA
Food allergy in Asia: how does it compare?
http://apallergy.org/DOIx.php?id=10.5415/apallergy.2013.3.1.3

***British Journal of Nutrition*, February 2013**

http://journals.cambridge.org/action/displayIssue?jid=BJN&volumeId=109&seriesId=0&issueId=03
My Meal Mate (MMM): validation of the diet measures captured on a smartphone application to facilitate weight loss

http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8828881&fulltextType=RA&fileId=S0007114512001353

***European Journal of Clinical Nutrition,* February 2013**

http://www.nature.com/ejcn/journal/v67/n2/index.html
Decreased energy density and changes in food selection following Roux-en-Y gastric bypass
http://www.nature.com/ejcn/journal/v67/n2/index.html
Improving adherence to a care plan generated from the Malnutrition Universal Screening Tool
http://www.nature.com/ejcn/journal/v67/n2/abs/ejcn2012196a.html
BMI percentiles for the identification of abdominal obesity and metabolic risk in children and adolescents: evidence in support of the CDC 95th percentile
http://www.nature.com/ejcn/journal/v67/n2/abs/ejcn2012196a.html

Does peritoneal dialysate affect body composition assessments using multi-frequency bioimpedance in peritoneal dialysis patients?
http://www.nature.com/ejcn/journal/v67/n2/abs/ejcn2012205a.html

***Food Control,*****July 2013**
(Access abstracts from link below)
http://www.sciencedirect.com/science/journal/09567135/32/1
-Presence of coliform bacteria, fecal coliforms, Escherichia coli and Salmonella on corn tortillas in central Mexico
-Peanut and peanut products: A food safety perspective
-The national food safety control system of China  A systematic review

***Food Research International*****, New Articles in Press, January 2013**
http://www.sciencedirect.com/science/journal/aip/09639969
Products of Vegetable Origin: A New Alternative for the Consumption of Probiotic Bacteria
http://www.sciencedirect.com/science/article/pii/S0963996913000744

***Food Quality and Preference,*** **New Articles in Press,January 2013**
http://www.sciencedirect.com/science/journal/aip/09503293
Message frame and self-efficacy influence the persuasiveness of nutrition information in a fast-food restaurant
http://www.sciencedirect.com/science/article/pii/S0950329313000116

***Health Education and Behavior*****, February 2013**
http://heb.sagepub.com/content/40/1.toc
Limited Evidence That Competitive Food and Beverage Practices Affect Adolescent Consumption Behaviors
http://heb.sagepub.com/content/40/1/19.abstract
Measuring Health Literacy in Individuals With Diabetes
A Systematic Review and Evaluation of Available Measures
http://heb.sagepub.com/content/40/1/42.abstract
Diet and Exercise Adherence and Practices Among Medically Underserved Patients With Chronic Disease
Variation Across Four Ethnic Groups
http://heb.sagepub.com/content/40/1/56.abstract
Stress ManagementAugmented Behavioral Weight Loss Intervention for African American Women
A Pilot, Randomized Controlled Trial
http://heb.sagepub.com/content/40/1/78.abstract
Worry as a Predictor of Nutrition Behaviors
Results From a Nationally Representative Survey
http://heb.sagepub.com/content/40/1/88.abstract

***International Journal of Food Science &Technology*, March 2013**
(Access abstracts from link below)
http://www.ingentaconnect.com/content/bsc/ijfst/2013/00000048/00000003
-Preventing constipation: a review of the laxative potential of food ingredients
-Detection of low-quality extra virgin olive oils by fatty acid alkyl esters evaluation: a preliminary and fast mid-infrared spectroscopy discrimination by a chemometric approach
-Dietary fibre and -glucan in strong bread wheat cultivars: does it matter?

***Journal of the American College of Nutrition*, August 2012**
http://www.jacn.org/content/current
Attention-Deficit Disorder Associated with Breast-Feeding: A Brief Report
http://www.jacn.org/content/31/4/239.abstract
Macronutrient Intakes and Development of Type 2 Diabetes: A Systematic Review and Meta-Analysis of Cohort Studies
http://www.jacn.org/content/31/4/243.abstract
The Effect of Vitamin A Supplementation on Thyroid Function in Premenopausal Women
http://www.jacn.org/content/31/4/268.abstract
Glycemic Index, Insulinemic Index, and Satiety Index of Kefir
http://www.jacn.org/content/31/4/280.abstract
Bioavailability of Herbs and Spices in Humans as Determined by ex vivo Inflammatory Suppression and DNA Strand Breaks
http://www.jacn.org/content/31/4/288.abstract

***JAMA Internal Medicine*, Online First February 4, 2013**
http://archinte.jamanetwork.com/onlineFirst.aspx
Why US Adults Use Dietary Supplements
http://archinte.jamanetwork.com/article.aspx?articleid=1568520
Ascorbic Acid Supplements and Kidney Stone Incidence Among Men: A Prospective Study
http://archinte.jamanetwork.com/article.aspx?articleid=1568519
Editor's Correspondence|The Risk of Taking Ascorbic Acid
http://archinte.jamanetwork.com/article.aspx?articleid=1568521
Dietary and Supplemental Calcium Intake and Cardiovascular Disease MortalityThe National Institutes of HealthAARP Diet and Health Study
http://archinte.jamanetwork.com/article.aspx?articleid=1568523
Dietary and Supplemental Calcium Intake and Cardiovascular Disease MortalityThe National Institutes of HealthAARP Diet and Health Study
http://archinte.jamanetwork.com/article.aspx?articleid=1568523
The Status of Baby Boomers' Health in the United StatesThe Healthiest Generation?
http://archinte.jamanetwork.com/article.aspx?articleid=1568518

***Lancet*, February 9, 2013**

http://www.thelancet.com/journals/lancet/issue/vol381no9865/PIIS0140-6736(13)X6007-6

Foodborne illnesses: under surveillance

http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60230-5/fulltext?elsca1=ETOC-LANCET&elsca2=email&elsca3=E24A35F

***Nutrition Research*,New Articles in Press, 29 January-4 February 2013**

http://www.sciencedirect.com/science/journal/aip/02715317

Folic acid and vitamin B12 supplementation lowers plasma homocysteine but has no effect on serum bone turnover markers in elderly women: a randomized, double-blind, placebo-controlled trial

http://www.sciencedirect.com/science/article/pii/S0271531713000067

Establishing computed tomographydefined visceral fat area thresholds for use in obesity-related cancer research  Original Research Article

http://www.sciencedirect.com/science/article/pii/S0271531712002898

Green tea supplementation increases glutathione and plasma antioxidant capacity in adults with the metabolic syndrome  Original Research Article

http://www.sciencedirect.com/science/article/pii/S0271531713000043

***JNCI: Journal of the National Cancer Institute*, February 6, 2013**

http://jnci.oxfordjournals.org/content/105/3.toc

Fruit and Vegetable Intake and Breast Cancer Risk: A Case for Subtype-Specific Risk?

http://jnci.oxfordjournals.org/content/105/3/164.extract.html?etoc

***Journal of Pediatric Oncology*, OnlineFirst February 4, 2013**

http://jpo.sagepub.com/content/early/recent

Perceptions of Nutrition Support in Pediatric Oncology Patients and Parents

http://jpo.sagepub.com/content/early/2013/02/03/1043454212471726.abstract

***Journal of Womens Health*, January 2013**

http://online.liebertpub.com/toc/jwh/22/1

Promoting Women's Health in Hospitals: A Focus on Breastfeeding and Lactation Support for Employees and Patients

http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4040

A Comparison of Mediterranean-Style and MyPyramid Diets on Weight Loss and Inflammatory Biomarkers in Postpartum Breastfeeding Women

http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.3707

***Morbidity and Mortality Weekly Report*, February 8, 2013**

http://www.cdc.gov/mmwr/mmwr_wk.html

Progress in Increasing Breastfeeding and Reducing Racial/Ethnic Differences  United States, 20002008 Births

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6205a1.htm?s_cid=mm6205a1_w
Notes from the Field: Botulism From Drinking Prison-Made Illicit Alcohol  Arizona, 2012
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6205a3.htm?s_cid=mm6205a3_w

***Preventing Chronic Disease*, February 2013**
http://www.cdc.gov/pcd/current_issue.htm#Feb
Substitution Patterns Can Limit the Effects of Sugar-Sweetened Beverage Taxes on Obesity
http://dx.doi.org/10.5888/pcd10.120195

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.
To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=18370
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18370-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2475. RE: #RDChat Recap

**From:** Doris Acosta <dacosta@eatright.org>
**To:** Evelyn Crayton <craytef@aces.edu>, Patricia Babjak <PBABJAK@eatright.org>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>
**Sent Date:** Feb 08, 2013 11:01:22
**Subject:** RE: #RDChat Recap
**Attachment:** image001.jpg
Emails to Spokespeople.pdf
Twitter%20Guidelines%20for%20Spokespeople.pdf
Corporate%20Sponsorship%20for%20Spokespeople-1.pdf

---

Evelyn,
Unfortunately the chats are not recorded and some conversations are nested and difficult to follow. Pat recommended that we share the confidential information that we prepared for spokespeople. Attached are the pre-chat emails, talking points and Twitter tips.

Spokespeople used the talking points and tips during the chat to keep the conversation positive and on track. We ask that these documents be kept strictly confidential.

Please do not hesitate to contact me with any questions or if you need additional information. Thank you very much.

Best regards,
Doris Acosta

**From:** Evelyn Crayton [craytef@aces.edu]
**Sent:** Friday, February 08, 2013 8:23 AM
**To:** Patricia Babjak; Becky Dorner; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise

Smith ; Ethan A. Bergman; Glennacac@aol.com; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; Chris Reidy; Ulric Chung; Susan Burns; Alison Steiber; Doris Acosta; Karen Lechowich
**Subject:** RE: #RDChat Recap

This is good news that is worth sharing with all members again and again. Is it recorded? I would love to hear the discussion in that we are faced with these questions as candidates for the office of President-Elect. Not only that it will help me as a Board Member to hear the discussion.

Evelyn F. Crayton, EdD, RD, LD

Professor, Nutrition, Dietetics and Hospitality Mgt

Board of Directors, Academy of Nutrition and Dietetics (formerly, ADA)

Extension Family and Consumer Sciences

Room 231 Duncan Hall

Auburn University, AL 36849

(334) 844-2224 – Office (334) 332-5654 - Cell

(334) 844-2236 – Fax

craytef@auburn.edu

**From:** Patricia Babjak [mailto:PBABJAK@eatright.org]
**Sent:** Thursday, February 07, 2013 5:35 PM
**To:** Becky Dorner; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Evelyn Crayton; Glennacac@aol.com; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Patricia Babjak; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; Chris Reidy; Ulric Chung; Susan Burns; Alison Steiber; Doris Acosta; Karen Lechowich
**Subject:** FW: #RDChat Recap

Last week we gave you a heads up that Academy RD member and Michele Simon supporter Andy Bellatti recently hijacked #RDChat hashtag by announcing that Michele Simon will host a “discussion” (yesterday) about our corporate sponsorship program. He conveniently scheduled his chat to occur right after the regular monthly RD Chat on “heart health.”

I am very pleased to inform you that the hijacking worked to our benefit!  Please see the summary from Doris which follows.

We expect the debate on this issue will continue, and we will plan and be ready for the next time it arises. I believe we can safely say this Twitter chat did not spark an uprising of RDs that Mr. Bellatti and Ms. Simon may have thought it would. For that, we owe enormous thanks to our current and past spokespeople, as well as the Strategic Communication and Corporate Relations teams who worked very hard behind the scenes putting together a comprehensive webpage, *Truth and Transparency: Facts about Corporate Sponsorship*s, that includes corporate sponsorship guidelines, our annual report, and highlights some of the inaccuracies in the Simon report. This information can be found at www.eatright.org/truth.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC’S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

Tel:  312/899-4856
E-mail:  pbabjak@eatright.org

**From:** Doris Acosta
**Sent:** Thursday, February 07, 2013 2:35 PM
**To:** Patricia Babjak; Mary Beth Whalen
**Subject:** #RDChat Recap

Pat,

I wanted to update you on the #RDChat that was held last night. First and foremost, please know that our spokespeople did a fantastic job in participating in the chat. With civility and respect, they provided facts – not opinions – about the sponsorship program and cleared up a lot of the misinformation that is being spread. They represented the Academy and all RDs very well with their intelligence, their insight and their commitment.

In particular, several spokespeople really led the charge, and we have thanked each of them for their exemplary professionalism and representation of the Academy. Special congratulations to:

- Debbi Beauvais
- Judy Caplan
- Jessica Crandall
- Melissa Joy Dobbins
- Melinda Johnson
- Kristi King
- Angela Lemond
- Heather Mangieri
- Jennifer McDaniel
- Marisa Moore
- Vandana Sheth
- Toby Smithson

In addition, past spokespeople and other Academy members took part in the chat and each made incisive comments, for which we're also grateful. These members include Roberta Anding, Neva Cochran, David Grotto and Leah McGrath.

The conversation at times was heated but remained respectful. Our opponents seemed to run out of things to complain about (fruit juice and oatmeal were also targets), and fell back to repeating themselves, linking to the report and not answering questions posed to them by our spokespeople. For example, Michele Simon continually ignored repeated requests to divulge the source of her funding for her report. She has since told one of our spokespeople that her funding source prefers to remain anonymous…! We do not yet know who provided her funding, but we do know that the Alliance for Natural Health, the group that is against licensure, participated in the chat.

We will continue to keep our finger on the pulse of this topic and will keep you posted.

Please let me know if you have any questions.

**Doris Acosta**

***Director of Strategic Communications***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4822

800/877-1600, ext. 4822

www.eatright.org

Twitter | Facebook| LinkedIn | YouTube

2476. FW: #RDChat Recap

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 07, 2013 18:35:00
**Subject:** FW: #RDChat Recap
**Attachment:** image001.jpg

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Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

**From:** Doris Acosta
**Sent:** Thursday, February 07, 2013 2:35 PM
**To:** Patricia Babjak; Mary Beth Whalen
**Subject:** #RDChat Recap

Pat,

I wanted to update you on the #RDChat that was held last night. First and foremost, please know that our spokespeople did a fantastic job in participating in the chat. With civility and respect, they provided facts – not opinions – about the sponsorship program and cleared up a lot of the misinformation that is being spread. They represented the Academy and all RDs very well with their intelligence, their insight and their commitment.

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The conversation at times was heated but remained respectful. Our opponents seemed to run out of things to complain about (fruit juice and oatmeal were also targets), and fell back to repeating themselves, linking to the report and not answering questions posed to them by our spokespeople. For example, Michele Simon continually ignored repeated requests to divulge the source of her funding for her report. She has since told one of our spokespeople that her funding source prefers to remain anonymous…! We do not yet know who provided her funding, but we do know that the Alliance for Natural Health, the group that is against licensure, participated in the chat.

We will continue to keep our finger on the pulse of this topic and will keep you posted.

Please let me know if you have any questions.

**Doris Acosta**

***Director of Strategic Communications***

**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4822

800/877-1600, ext. 4822

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2477. Make an Impact in the Dietetics Field!

**From:** Academy of Nutrition and Dietetics Foundation <Foundation@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 06, 2013 17:06:12
**Subject:** Make an Impact in the Dietetics Field!
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.

**Making an Impact**

**February 6, 2013**

Working closely with our dietetic practice groups, the Academy of Nutrition and Dietetics Foundation is making an impact in the dietetics field. Join other Academy members who have helped the Foundation accomplish the following achievements:

- **Reached** over **1.5 million** visitors to the Kids Eat Right website for the public with tips, articles, recipes, and videos to help busy families shop smart, cook healthy and eat right.
- **Helped** children and their families create healthier lifestyles through our Kids Eat Right initiative by granting **$220,000** to RDs to deliver nutrition education programs, including Energy Balance for Kids and the RD Parent Empowerment program.
- **Developed** toolkits with ready-made presentations and other resources for Kids Eat Right members to access, download and utilize.
- **Awarded $70,000** in mini-grants to Kids Eat Right members delivering hundreds of presentations in communities across the country.
- **Enhanced** the validated Family Nutrition and Physical Activity online screening tool ( http://healthyfam.eatright-fnpa.org/public/partner.cfm).
- **Created** a CPEU webinar series, toolkit, actions and resources on the Kids Eat Right member site addressing food insecurity.
- **Collaborated** with **nine** DPGs to develop Kids Eat Right resources including: DBC, FCP, HEN, NEP, PNPG, PHCN, SCAN, SNS and WM.

You can make a difference, by donating today to the Foundation of your profession.

**Tax-return time, donate now and ensure your tax-deductible donations are made for next year.**

*Charity Navigator, Americas largest and most-utilized independent evaluator of charities, has bestowed the Academy of Nutrition and Dietetics Foundation with the coveted 4-star rating for sound fiscal management and commitment to accountability and transparency.*

This e-mail is a benefit for members of the Academy of Nutrition and Dietetics Foundation.
If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2478. March Board Meeting/Public Policy Workshop

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Ulric Chung <UChung@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 06, 2013 15:58:39
**Subject:** March Board Meeting/Public Policy Workshop
**Attachment:** image002.jpg
image004.png
image001.jpg
image006.jpg

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This is to clarify that the check for the PAC Signature Event and Fundraiser on Monday, March 11 should be payable to the Academy of Nutrition and Dietetics Political Action Committee or ANDPAC, not to the Academy of Nutrition and Dietetics. Your expenses for your attendance at PPW, however, are covered in the Board budget.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**

**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

Tel:  312/899-4856
E-mail:  pbabjak@eatright.org

**From:** Patricia Babjak
**Sent:** Tuesday, February 05, 2013 10:49 AM
**To:** Becky Dorner; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Evelyn Crayton; Glennacac@aol.com; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; Ulric Chung; Susan Burns; 'Alison'; Doris Acosta; Karen Lechowich; Chris Reidy
**Subject:** RE: March Board Meeting/Public Policy Workshop

On January 17 we sent you an email clarifying that your expenses for attending PPW are covered. If your schedule permits, we especially encourage those of you who have not participated in PPW to attend. If you have not done so already, please let us know if you will be staying for PPW, and we will make your hotel reservations and register you for the events.

You are invited to attend the Academy PAC Signature Event and Fundraiser on Monday, March 11 from 6:30 – 8:00 pm where the Honorable Jim McGovern will be presented with the Public Policy Leadership Award. The additional registration fee/ticket of $125 is required for the event and must be paid by you personally per Federal Election Commission (FEC) rules.  Your contribution is for this special event, and not your yearly ANDPAC contribution. If you will be attending the Signature Event and Fundraiser or wish to make a contribution, please mail your payment payable to the Academy of Nutrition and Dietetics and send to Joan Schwaba's attention.

Please let me, Jeanne or Joan know if you have any questions.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

**From:** Becky Dorner [mailto:becky@beckydorner.com]
**Sent:** Thursday, January 24, 2013 9:00 AM
**To:** Patricia Babjak
**Subject:** RE: March Board Meeting/Public Policy Workshop

Hi Pat,

I'm wondering if we need to send a message to board to clarify this information. Linda is not the only person who has asked. We may get more people to stay if they know the Academy is willing to cover expenses. This is such a wonderful opportunity for our board. Thank you so much!

Looking forward to talking with you later today;)

Warmest regards,

*Becky*

Becky Dorner, RD, LD, President Becky Dorner &Associates, Inc.

Speaker of the House of Delegates, Board of Directors, Academy of Nutrition and Dietetics

Alumni Director, National Pressure Ulcer Advisory Panel

**Sign up for our FREE membership and e-zine!** www.BeckyDorner.com
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http://www.facebook.com/pages/Becky-Dorner-Associates/127973196840
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**From:** Patricia Babjak [mailto:PBABJAK@eatright.org]
**Sent:** Wednesday, January 23, 2013 5:27 PM
**To:** Linda Farr; Becky Dorner
**Subject:** RE: March Board Meeting/Public Policy Workshop

Yes, absolutely!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

**From:** Linda Farr [mailto:linda.farr@me.com]
**Sent:** Wednesday, January 23, 2013 3:55 PM
**To:** Patricia Babjak; Becky Dorner
**Subject:** Fwd: March Board Meeting/Public Policy Workshop

Hello Pat and Becky! I am just double checking--will the BOD (me) be reimbursed for registration and hotel at the PPW?

Thanks!

Linda

Begin forwarded message:

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Subject: March Board Meeting/Public Policy Workshop**

**Date:** January 17, 2013 5:58:08 PM CST

**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, "Ethan A. Bergman" <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, "Mary K. Russell " <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, 'Alison' <als25@case.edu>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <

CREIDY@eatright.org>

The Board of Directors meeting precedes the Public Policy Workshop (PPW) and is scheduled to convene at 8:00 am on Friday, March 8 and is expected to adjourn at 3:00 pm on Saturday, March 9. PPW is scheduled for March 10-12, concluding with Hill Visits the morning of the 12th. We encourage those of you who have not participated in PPW to attend. All other Board members are welcome to attend PPW as your schedule permits. The president, president-elect, immediate past president, speaker, speaker-elect, immediate past speaker and CEO are staying We know some of you have schedule conflicts so please let us know if you will be attending PPW and your departure information so we can secure hotel rooms and register you for the workshop.

Housing accommodations for the Board meeting and PPW are at the Omni Shoreham Hotel, 2500 Calvert Street, NW, and reservations will be made for your arrival on March 7 and departure on March 9 for the Board meeting and for those staying for PPW for departure on March 12. Your hotel room will be master-billed. You are now approved to make your travel arrangements for the meeting(s).

To book your travel for the March Board Meeting and PPW, please use the information that follows.

**Booking Your Travel Online -** click on this link: **https://adatvl.axo20.com/**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) Log in to your account using the User ID and Password you created when setting up your profile.*

*3) Search for and select your flights (book “non-refundable” fares only)*

*a. You have the option of searching by “Price” or “Schedule”.*

*b. Click on your preferred airline if you only want to view their fares.*

4) *When asked to “Name your trip”, you are required to enter the Meeting Name –* **March Board Meeting**

*5) When you reach the **Purchase Trip** page, enter **103-2430** into the **Approval Code** box in the **ReportingInformation** section.*

*6) When you reach the Payment Options section, be sure to choose the "**Use a Stored Card**" option to ensure your Academy paid travel is billed correctly.*

*7) If you need assistance, call the support team at 800/238-9049, press "1" when prompted.*

Thank you!

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

phone: 312-899-4798

fax: 312-899-4765

jschwaba@eatright.org

2479. Daily News: Wednesday, February 6, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 06, 2013 10:56:47
**Subject:** Daily News: Wednesday, February 6, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

**Please note that some publications may require registration or a subscription to access online content.**

**Re-Analysis Refutes Diet Guidelines Favoring Vegetable Fats**
**Choosing products like safflower oil may be less heart-healthy than believed**
http://health.usnews.com/health-news/news/articles/2013/02/06/re-analysis-refutes-diet-guidelines-favoring-vegetable-fats
Source: *BMJ*
http://www.bmj.com/content/346/bmj.e8707
Related Resource: Position of the Academy of Nutrition and Dietetics: Total Diet Approach to Healthy Eating
http://www.eatright.org/About/Content.aspx?id=8356

**Hospice care used more, but often too late**
http://www.usatoday.com/story/news/nation/2013/02/05/hospice-hospital-time/1881205/
Source:*Journal of the American Medical Association*
http://jama.jamanetwork.com/article.aspx?articleid=1568250
Related Resource: Ethical and Legal Issues in Nutrition, Hydration and Feeding
http://www.eatright.org/About/Content.aspx?id=8408

**Diet Soda May Be the More Dangerous Alcohol Mixer**
http://abcnews.go.com/Health/diet-soda-potent-alcohol-mixer/story?id=18411329
Source:*Alcoholism: Clinical and Experimental Research*
http://onlinelibrary.wiley.com/doi/10.1111/acer.12039/abstract

**High pressure processing, protein, botanicals, premium private label and cultured foods &beverages- Welcome to 2013**
http://www.foodnavigator-usa.com/Market/High-pressure-processing-protein-botanicals-premium-

private-label-and-cultured-foods-beverages-Welcome-to-2013

**Study Looks at Particles Used in Food**
http://www.nytimes.com/2013/02/06/business/nanoparticles-in-food-raise-concern-by-advocacy-group.html?ref=health
Related Resource: EPA
http://www.epa.gov/nanoscience/quickfinder/nanomaterials.htm

**USDA/ERS Charts of Note**
**Small family farms account for most U.S. farms and a majority of farm assets**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=34939&ref=collection

**Health Insurance Companies Get in Shape for 2014**
http://www.nytimes.com/2013/02/06/business/florida-blue-and-other-health-insurers-prepare-for-new-regulations.html?ref=health&_r=0

**MedlinePlus: Latest Health News**
-Smoking marijuana associated with higher stroke risk in young adults
-American Indians at Heightened Risk for Suicide After Heavy Drinking
-For Older Women, Mammograms Every 2 Years Found as Good as Annual Test
-Smoking Rates Much Higher Among the Mentally Ill: CDC
-Vitamin D Loss Attributed to Obesity
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**If you want protein, eat 'real food,' not a bar, experts say**
(Katherine Tallmadge, RD and Heather Mangieri, Academy Spokesperson quoted)
http://todayhealth.today.com/_news/2013/02/05/16853549-if-you-want-protein-eat-real-food-not-a-bar-experts-say?lite

**Weight-loss tips: 25 ways to lose weight, keep it off**
(Dawn Jackson Blatner, RD; Elizabeth Ward, RD; Bonnie Taub-Dix, RD; and Keith Ayoob, RD all quoted)
http://www.usatoday.com/story/news/nation/2012/12/28/best-weight-loss-tips/1779993/

**Eating more fruits and vegetables associated with lower risk of ALS**
(By Sheah Rarback,RD)
http://www.miamiherald.com/2013/02/05/3217006/eating-more-fruits-and-vegetables.html#storylink=misearch

**Common dieting mistakes, solved**
(By Cynthia Sass, RD)
http://www.cnn.com/2013/02/06/health/common-dieting-mistakes/index.html?hpt=he_c2

**Nutrition Bar Aims to Debunk Diet Myths, With a Smile**
(Tara Delloiacono Thies RD, quoted)
http://www.nytimes.com/2013/02/06/business/media/nutrition-bars-web-series-seeks-to-debunk-diet-myths-with-a-smile.html?_r=0

**Eating Schedule Could Affect One's Weight Loss, Study Says**
(Lacey LaBonte, RD quoted)
http://statenisland.ny1.com/content/ny1_living/health/176506/eating-schedule-could-affect-one-s-weight-loss--study-says

**Cart Smarts: 'Love and good sense' is the rule to feed kids**
(By Kaitlin Anderson, RD)
http://www.postbulletin.com/life/food/cart-smarts-love-and-good-sense-is-the-rule-to/article_9742e7ca-9b55-5fb2-859a-25ad8078f812.html

**Apps for heart health: What doctors love**
(Susan Rodder, RD quoted)
http://www.dallasnews.com/health/headlines/20130204-apps-for-heart-health-what-doctors-love.ece

**Breakfasts for champions: Healthful meals on the run**
(Barbara Rolls, Academy Member, Mindy Hermann, RD &Dawn Jackson Blatner, RD all cited)
http://www.usatoday.com/story/news/nation/2013/02/05/family-fitness-breakfast-recipes/1890501/

**Pick the best diet plan for you**
(a number of registered dietitians noted)
http://www.usatoday.com/story/news/nation/2012/12/28/best-diet-plans/1780031/

**Do whole grains deserve a place on your plate? Food fight answers**
(Shauna Lindzon, Dietitian/Canada quoted)
http://www.thestar.com/life/health_wellness/nutrition/2013/02/05/do_whole_grains_deserve_a_place_on_your_plate_food_fight_answers.html

**Start spreading the news - saturated fat 'is not so bad,' says study**
**US research suggests that margarine might have been more harmful than butter and lard all along**
(Catherine Collins, Dietitian/UK quoted)
http://www.independent.co.uk/life-style/health-and-families/health-news/start-spreading-the-news-

-saturated-fat-is-not-so-bad-says-study-8482321.html

**Quote of the Week**

Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has.
-Margaret Mead

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18300-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2480. Check out the New Fashion Statement!

**From:** Marketing <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Feb 05, 2013 16:59:22
**Subject:** Check out the New Fashion Statement!
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

National Nutrition Month® is quickly approaching. This years theme *Eat Right, Your Way, Every Day*, celebrates personalized healthy eating styles and recognizes that food preferences, lifestyle, cultural and ethnic traditions and health concerns all impact individual food choices.

A variety of short and long-sleeve t-shirts with the color logo are now available for sale. Make a fashion statement in March by sporting *Eat Right, Your Way, Every Day!*

Check out these items and other great apparel at www.eatright.org/nnm!
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2481. Outcomes of the Joint Leaders Meeting

**From:** Harold Holler <HHOLLER@eatright.org>
**To:** Becky Dorner (Becky@BeckyDorner.com) <Becky@BeckyDorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Garner, Margaret <MGarner@cchs.ua.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski (joe.derochowski@nielsen.com) <joe.derochowski@nielsen.com>, Linda Farr (linda.farr@me.com) <linda.farr@me.com>, Lucille Beseler (lbeseler_fnc@bellsouth.net) <lbeseler_fnc@bellsouth.net>, Marcia Kyle (bkyle@roadrunner.com) <bkyle@roadrunner.com>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill (sandralgill@comcast.net) <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
**Sent Date:** Feb 05, 2013 15:51:43
**Subject:** Outcomes of the Joint Leaders Meeting
**Attachment:** image001.png
Outcomes of Joint Meeting (Final) 020513.pdf

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Good afternoon

Attached you will find a fact sheet on the outcomes of the Joint Leaders Meeting of ACEND, CDR, CFP, Education Committee and NDEP DPG on January 17-19, 2013. This fact sheet provides members with a sense of the thinking of the representatives to this meeting and future direction. We will be sharing it this afternoon with all organizational units. A more comprehensive report will be shared with the membership in March 2013.

Harold

**Harold J. Holler, RD, LDN**

*Vice President, Governance &Practice*

**Academy of Nutrition and Dietetics**

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Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org
www.eatright.org

2482. RE: March Board Meeting/Public Policy Workshop

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, 'Alison' <als25@case.edu>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>
**Sent Date:** Feb 05, 2013 11:48:43
**Subject:** RE: March Board Meeting/Public Policy Workshop
**Attachment:** image002.jpg
image004.png
image001.jpg

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On January 17 we sent you an email clarifying that your expenses for attending PPW are covered. If your schedule permits, we especially encourage those of you who have not participated in PPW to attend. If you have not done so already, please let us know if you will be staying for PPW, and we will make your hotel reservations and register you for the events.

You are invited to attend the Academy PAC Signature Event and Fundraiser on Monday, March 11 from 6:30 – 8:00 pm where the Honorable Jim McGovern will be presented with the Public Policy Leadership Award. The additional registration fee/ticket of $125 is required for the event and must be paid by you personally per Federal Election Commission (FEC) rules. Your contribution is for this special event, and not your yearly ANDPAC contribution. If you will be attending the Signature Event and Fundraiser or wish to make a contribution, please mail your payment payable to the Academy of Nutrition and Dietetics and send to Joan Schwaba's attention.

Please let me, Jeanne or Joan know if you have any questions.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
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120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

**From:** Becky Dorner [mailto:becky@beckydorner.com]
**Sent:** Thursday, January 24, 2013 9:00 AM
**To:** Patricia Babjak
**Subject:** RE: March Board Meeting/Public Policy Workshop

Hi Pat,

I'm wondering if we need to send a message to board to clarify this information. Linda is not the only person who has asked. We may get more people to stay if they know the Academy is willing to cover expenses. This is such a wonderful opportunity for our board. Thank you so much!

Looking forward to talking with you later today;)

Warmest regards,

*Becky*

Becky Dorner, RD, LD, President Becky Dorner &Associates, Inc.

Speaker of the House of Delegates, Board of Directors, Academy of Nutrition and Dietetics

Alumni Director, National Pressure Ulcer Advisory Panel

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**From:** Patricia Babjak [mailto:PBABJAK@eatright.org]
**Sent:** Wednesday, January 23, 2013 5:27 PM
**To:** Linda Farr; Becky Dorner
**Subject:** RE: March Board Meeting/Public Policy Workshop

Yes, absolutely!

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
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**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

Tel:  312/899-4856
E-mail:  pbabjak@eatright.org

**From:** Linda Farr [mailto:linda.farr@me.com]
**Sent:** Wednesday, January 23, 2013 3:55 PM
**To:** Patricia Babjak; Becky Dorner
**Subject:** Fwd: March Board Meeting/Public Policy Workshop

Hello Pat and Becky! I am just double checking--will the BOD (me) be reimbursed for registration and hotel at the PPW?

Thanks!

Linda

Begin forwarded message:

**From:** Joan Schwaba <JSchwaba@eatright.org>

**Subject: March Board Meeting/Public Policy Workshop**

**Date:** January 17, 2013 5:58:08 PM CST

**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, "Ethan A. Bergman" <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, "Mary K. Russell " <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>

**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung < UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, 'Alison' <als25@case.edu>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy < CREIDY@eatright.org>

The Board of Directors meeting precedes the Public Policy Workshop (PPW) and is scheduled to convene at 8:00 am on Friday, March 8 and is expected to adjourn at 3:00 pm on Saturday, March 9. PPW is scheduled for March 10-12, concluding with Hill Visits the morning of the 12th. We encourage those of you who have not participated in PPW to attend. All other Board members are welcome to attend PPW as your schedule permits. The president, president-elect, immediate past president, speaker, speaker-elect, immediate past speaker and CEO are staying We know some of you have schedule conflicts so please let us know if you will be attending PPW and your departure information so we can secure hotel rooms and register you for the workshop.

Housing accommodations for the Board meeting and PPW are at the Omni Shoreham Hotel, 2500 Calvert Street, NW, and reservations will be made for your arrival on March 7 and departure on March 9 for the Board meeting and for those staying for PPW for departure on March 12. Your hotel room will be master-billed. You are now approved to make your travel arrangements for the meeting(s).

To book your travel for the March Board Meeting and PPW, please use the information that follows.

**Booking Your Travel Online -** click on this link: **https://adatvl.axo20.com/**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) Log in to your account using the User ID and Password you created when setting up your profile.*

*3) Search for and select your flights (book “non-refundable” fares only)*

*a. You have the option of searching by “Price” or “Schedule”.*

*b. Click on your preferred airline if you only want to view their fares.*

4) *When asked to "Name your trip", you are required to enter the Meeting Name –* **March Board Meeting**

*5) When you reach the* ***Purchase Trip*** *page, enter* **103-2430** *into the* ***Approval Code*** *box in the* ***ReportingInformation*** *section.*

*6) When you reach the Payment Options section, be sure to choose the "****Use a Stored Card****" option to ensure your Academy paid travel is billed correctly.*

*7) If you need assistance, call the support team at 800/238-9049, press "1" when prompted.*

Thank you!

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
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fax: 312-899-4765

jschwaba@eatright.org

2483. Daily News: Tuesday, February 5, 2013

**From:** Academy of Nutrition and Dietetic' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Feb 05, 2013 10:56:23
**Subject:** Daily News: Tuesday, February 5, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

**Please note that some publications may require registration or a subscription to access online content.**
**VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics!**
Elections run from February 1  22, 2013. Voteand be entered to win free registration to FNCE 2013!

**Warning Too Late for Some Babies**
http://well.blogs.nytimes.com/2013/02/04/warning-too-late-for-some-babies/?ref=health
Source: FDA
http://www.fda.gov/NewsEvents/newsroom/PressAnnouncements/ucm256253.htm

**Treating Constipation in the Old**
http://well.blogs.nytimes.com/2013/02/04/treating-constipation-in-the-old/?ref=health
Source:*The Canadian Medical Association Journal*
http://www.cmaj.ca/content/early/2013/01/28/cmaj.120819.full.pdf+html?sid=d30693d9-e9f7-4845-b546-9d17acb583b3

**Along with flu and colds, winter brings more fatal heart attacks and strokes**
http://www.washingtonpost.com/national/health-science/along-with-flu-and-colds-winter-brings-more-fatal-heart-attacks-and-strokes/2013/02/04/c06321e6-5b3f-11e2-88d0-c4cf65c3ad15_story.html
Source: *Circulation*

http://circ.ahajournals.org/cgi/content/meeting_abstract/126/21_MeetingAbstracts/A11723?sid=db2929fe-8ef8-481d-b61f-596e1955bb6f

**Baby boomers may live longer, but their elders were healthier**
http://www.latimes.com/health/boostershots/la-heb-baby-boomers-poor-health-20130204,0,1900544.story
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1568518

**Can exercise in middle age help prevent dementia later in life?**
http://www.washingtonpost.com/national/health-science/can-exercise-in-middle-age-help-prevent-dementia-later-in-life/2013/02/04/2115527c-6bce-11e2-8740-9b58f43c191a_story.html
Source: *Annals of Internal Medicine*
http://annals.org/article.aspx?articleid=1567851

**Vitamin C supplements tied to men's kidney stones**
http://www.chicagotribune.com/health/sns-rt-us-vitamin-cbre9130y5-20130204,0,4110321.story
Source: JAMA Internal Medicine
http://archinte.jamanetwork.com/article.aspx?articleid=1568519

**Calcium supplements may be bad for a man's heart**
http://www.usatoday.com/story/news/nation/2013/02/04/calcium-supplements-heart-attacks/1890897/
Source:*JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1568523

**With Benefits Unproven, Why Do Millions of Americans Take Multivitamins?**
http://www.nlm.nih.gov/medlineplus/news/fullstory_133698.html
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1568520

**McDonald's puts 'Fish McBites' in Happy Meals**
http://www.usatoday.com/story/money/business/2013/02/04/mcdonalds-fish-mcbites-happy-meals/1890041/#

**National Confectionery Association (NCA) adopts voluntary front of package calorie labels**
http://www.foodnavigator-usa.com/Market/NCA-adopts-voluntary-front-of-pack-calorie-labels

**TruMoo reformulation boosts nutritional value -Dean Foods**
http://www.foodnavigator-usa.com/Market/TruMoo-reformulation-boosts-nutritional-value-Dean-Foods

**MedlinePlus: Latest Health News**
-A Good Mood May Boost Seniors' Brain Power
-Chemicals From Antibacterial Products Found in Minnesota Lakes

-No Evidence That Lupus Drugs Lead to Cancer, Says Study
-Review Finds No Evidence Alzheimer's, Parkinson's Are Infectious
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Promoting the profession far and wide, and in Times Square!**
In celebration of Registered Dietitian Dayon March 13, the Academy is hosting a special contest to feature a member in Times Square in New York City. To enter, just answer: What is the most meaningful experience youve had in providing health and nutrition services as an RD? Learn more about the contest and how to participate
http://www.eatright.org/rddaycontest/

**Red foods keep you, your sweetheart healthy**
(Toby Smithson, Academy Spokesperson quoted)
http://www.dailyherald.com/article/20130204/entlife/702049841/

**Effective Addiction Treatment**
(Anne M. Fletcher, RD quoted)
http://well.blogs.nytimes.com/2013/02/04/effective-addiction-treatment/?ref=health
Source: *Addiction Medicine: Closing the Gap between Science and Practice*
http://www.casacolumbia.org/templates/NewsRoom.aspx?articleid=678&zoneid=51

**Could Ban on Energy Drinks Solve Health Issues?**
(Jim Severino, RD quoted)
http://www.wdtv.com/wdtv.cfm?func=view&section=5-News&item=Could-Ban-on-Energy-Drinks-Solve-Health-Issues7976

**Baby formula on shelves past use-by date**
(Patricia Becker, RD quoted)
http://abclocal.go.com/wtvd/story?section=news/local&id=8980064

**Saving healthcare costs through prevention may prove elusive**
(By Timi Gustafson, RD)
http://www.blscourierherald.com/lifestyle/189596111.html

**Good news for those that like red meat**
(Heather Ware, RD quoted)
http://www.heartlandconnection.com/news/story.aspx?id=856013

**Boomers' Health Fails to Measure Up to Parents'**
(Nancy Copperman, RD quoted)

http://health.usnews.com/health-news/news/articles/2013/02/04/boomers-health-fails-to-measure-up-to-parents

**Get your health boost with broccoli**
(Rachel Brandeis, RD quoted)
http://www.omaha.com/article/20130204/LIVEWELL02/702049930

**The One Yogurt You Should Never Eat**
(Alexandra Caspero, RD quoted)
http://news.menshealth.com/best-yogurts-for-men/2013/02/04/

**Everyday Hazards: Most Dangerous Foods**
(Pamela A Legowski, RD &Tara Gidus, RD both quoted)
http://texomashomepage.com/fulltext?nxd_id=244082

**¿Azúcar? Clinic shows Hispanic diabetics how to shop smart at Sedanos**
(Laura Bazyler, RD quoted)
http://www.miamiherald.com/2013/02/05/3216989/shopping-for-your-sugar.html

**Can food put you in the mood?**
(Amanda Li, Dietitian/Canada quoted)
http://www.mississauga.com/community/article/1575928--can-food-put-you-in-the-mood

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-18221-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2484. From clinics to communities: How is the Affordable Care Act affecting you?

**From:** Ethan A. Bergman, PhD, RD, FADA, CD <president@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Feb 04, 2013 21:27:50
**Subject:** From clinics to communities: How is the Affordable Care Act affecting you?
**Attachment:**

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Having trouble viewing this e-mail? View it in your browser.
Have you ever wondered how the Affordable Care Act is impacting your profession? Do you want to fight to make sure you are adequately compensated for your services? Join me at the Academys Public Policy Workshop (PPW) to learn how to effectively impact pivotal legislation and regulations that will affect you personally and professionally.

PPW is a hands-on, interactive workshop led by nutrition policy thought leaders, decision makers and other experts. At PPW you will gain the skills, knowledge and confidence to speak with members of Congress and other influential leaders to convey the importance of nutrition programs and services. This experience will not only serve our profession now, but also provide you with invaluable leadership and communication skills to catapult your career upon your return home.

This year the Academy is going local at **PPW 2013 from March 10 to 12 in Washington, D.C**. The advocacy summit will focus on  Policy from the Ground Up, leveraging grassroots efforts to make a local and sustainable impact on the dietetics profession. Participants will identify policy changes necessary to increase Americans access to food and nutrition. Learn from other dietitians about their successful grassroots advocacy efforts to expand coverage for nutrition services in both private and public markets.

Get all of your critical policy and advocacy questions answered --  register for PPW 2013! Its time to get our hands dirty!

See you in Washington!

Ethan A. Bergman, PhD, RD, CD, FADA
President, Academy of Nutrition and Dietetics

PS: Hurry and register today to save up to $155 dollars off your registration fee! Early bird discounts end Friday, February 8.
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2485. CMS announcement

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 04, 2013 17:54:42
**Subject:** CMS announcement
**Attachment:** CMS Announcement 2-3-13.pdf

---

An exciting communication from Jeanne Blankenship and Harold Holler follows.

---

As you know, we have been engaged in conversation with the Centers for Medicare and Medicaid Services (CMS) for approximately two years regarding therapeutic diet order regulation. In addition to meeting with CMS several times, we have offered letters that outline the Academy's rationale for allowing registered dietitians to be able to independently change diet prescriptions.

Today, CMS announced in the attached press release that it is proposing a rule change that would, among other things, "*Save hospitals significant resources by permitting registered dietitians to order patient diets independently, which they are trained to do, without requiring the supervision or approval of a physician or other practitioner. This frees up time for physicians and other practitioners to care for patients. "*

The proposed rule is open for public comment until April 8, 2013. Our teams will work together to prepare comments in support of this rule change which would be significant for Academy members and for the patients they serve. You can be assured that we will provide all relevant data, information and experiences resulting from the current rule in our communication.

In 2010, the Quality Management Committee (QMC) asked the Legislative and Public Policy Committee (LPPC) to address 42 CFR 482.28(b)(1)) on therapeutic diet orders. The regulation was implemented in 1986, and it has not since been changed. It currently reads:

**§482.28 (b)(1) Therapeutic diets must be prescribed by the practitioner or practitioners responsible for the care of the patients**

In the October 2008 *Medicare State Operations Manual Appendix A - Survey Protocol, Regulations and Interpretive Guidelines for Hospitals*, it is noted that in accordance with state law and hospital policy, a dietitian may assess a patient's nutritional needs and provide recommendations or consultations for patients, but the patient's diet must be prescribed by the practitioner responsible for the patient's care, which means a Licensed Independent Practitioner. There are four kinds of LIPs: medical doctors, doctors of osteopathic medicine, advanced practice registered nurses and physician assistants.

Please contact us if you need additional information regarding this proposed rule.

2486. Update on Sponsorship Report

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
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**Sent Date:** Feb 01, 2013 18:08:53
**Subject:** Update on Sponsorship Report
**Attachment:** image002.jpg

---

Although the message from Ethan was positively received by our members and many of our funders, the negativity seems to continue and members are telling us we should take a more aggressive stand.

Here is an update on the sponsorship report that was released last week. No major media outlets covered the report this week. Some of the bloggers are repurposing their posts on other blogs however, the social media activity seems to have died down. In the last few days, Academy social media channels have had few posts surrounding the report and/or corporate sponsorship. The conversation has continued slightly on the #RDChat hashtag with the same individuals repeating the same negative messages.

We do want to give you a heads up that Academy RD member and Michele Simon supporter Andy Belliatti has recently hijacked #RDChat hashtag by announcing that on Wednesday, February 6, 2012, at 9 p.m. Eastern time, Michele Simon will host a “discussion” about our corporate sponsorship program. He conveniently scheduled his chat to occur right after the regular monthly RD Chat on “heart health” that was already slated as the February topic. Hashtag hijacking is considered extremely poor Twitter etiquette. We anticipate that Simon, et al will continue along the same negative messages. In anticipation of this chat, we are developing an aggressive

communication plan. We are launching a public page on our website that will have factual resources for members, including a list of inaccuracies in the report, sponsorship guidelines, examples of our consumer messages. These facts will show the Academy is completely transparent and does not tailor our messages or programs in any way due corporate sponsors. We will be disseminate this information across the organization's social media channels.

At the March Board meeting we will include an agenda item about having a "fierce conversation" with members who initiate and celebrate the spreading of misinformation which adversely impact our brand. Members need to be reminded of the ethics principle: *the dietetics practitioner presents reliable and substantiated information and interprets controversial information without personal bias, recognizing that legitimate differences of opinion exist*. As Joe Quinn of Walmart told us, "People are entitled to their own opinions, but not their own facts."

We continue to closely monitor the dialogue and will keep you posted. Please let me know if you have any questions.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2487. Automatic reply: Good News

**From:** Ulric Chung <UChung@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 01, 2013 15:36:13
**Subject:** Automatic reply: Good News
**Attachment:**

---

I will be unavailable until Monday, February 4th. Please contact Eva Donovan (edonovan@eatright.org), Jackie Johnson (jjohnson@eatright.org), or Brittney Gillespie (bgillespie@eatright.org) if you need to reach me.

Thank you!

2488. RE: Update

**From:** Jennifer Folliard <JFolliard@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 01, 2013 14:14:48
**Subject:** RE: Update
**Attachment:**

---

I like that they have laid out two scenarios for a la carte, beverages, and fundraisers. Very interesting indeed.

How do you feel about the fundraiser language?

**From:** DMartin@Burke.k12.ga.us
**Sent:** Friday, February 01, 2013 1:09 PM
**To:** Jennifer Folliard
**Subject:** RE: Update

I have been reading through them also. So far I like what I see. You were right on target on what you thought the concerns would be.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Jennifer Folliard <JFolliard@eatright.org> 2/1/2013 1:08 PM >>>
Donna,

These are fantastic! Thank you!

Competitive food rules are out! Reading through them now!

Jenn

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, January 31, 2013 2:35 PM
**To:** Jennifer Folliard
**Subject:** Re: Update

Jennifer, It was great talking to you. Attached are some documents that will help you and the web site below will give you insight into the program at the University of Georgia that certifies people to be School Nutrition Directors. The attachments are the Georgia Department of Education Requirements for School Nutrition Program Directors. Call me if you need me. We are glad to have you there for us!

http://www.fcs.uga.edu/fdn/graduate/sndcp_rc.html

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Jennifer Folliard <JFolliard@eatright.org> 1/30/2013 5:39 PM >>>
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I can call you at 1:30 tomorrow afternoon. What is the best number to reach you at?

Jenn

On Jan 30, 2013, at 5:34 PM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

I would love to. I am available all afternoon tomorrow (Thursday) and all day Friday.

Sent from my iPhone

On Jan 30, 2013, at 5:26 PM, Jennifer Folliard <JFolliard@eatright.org> wrote:

<!--[if mso 9]--> <!--[endif]-->
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I am gathering information regarding the upcoming rules on competitive foods and professional standards, and I was hoping we could set up a time to talk. Penny McConnell recommended you! All I would need is a half an hour of your time. Let me know if this will work for you!

Thank you for considering.

Very best,

Jenn

**Jennifer Noll Folliard MPH, RD**
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**1120 Connecticut Avenue NW- Suite 480**

**Washington, DC 20036**

**phone: 202-775-8277 ext. 6021**

**fax: 202.775.8284**

**jfolliard@eatright.org**

**www.eatright.org**

**<image001.jpg>**

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, January 23, 2013 12:50 PM
**To:** Duncan-Goldsmith, Diane; Jennifer Folliard; Mary Pat Raimondi
**Cc:** Cody, Mildred; Hayes, Dayle; Jbarrett@; K.Ehrens, Karen; Ben Timmins; alvir@; ddemers@; debbi_beauvais@; muellerc28@; pemcconnell@; tan1019@
**Subject:** RE: Update

We are all very interested in the new competitive food regulations. I hope we will not be disappointed. Glad to help in anyway I can. Thanks for the update.
Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
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Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Jennifer Folliard <JFolliard@eatright.org> 1/22/2013 9:38 AM >>>
Hello!

I hope that this email finds you all well!
We wanted to send an update on how the member survey is progressing and new information received last week regarding upcoming regulations on competitive foods. In addition there is information on professional standards for school food service and state child nutrition program directors.
The SNSDPG survey that Mary Pat mentioned below is being developed, and we will send a draft for your review soon. The purpose of the survey is to highlight your successes while obtaining feedback on some of the challenges. We plan to share this information with USDA that would provide some important input on the real world of school nutrition.

As you all know, competitive foods and professional standards regulations, authorized under the Healthy Hunger-Free Kids Act, were scheduled to be released in 2012. For a variety of reasons these regulations were postponed. The semiannual regulatory agenda, which was released earlier this month, indicates that these proposed rules are scheduled to be released sometime in March or early April. The public comment period is estimated to be the typical 90 days. We plan on soliciting SNS members' input in order to craft the Academy's comments on each of the proposed rules.
Please feel free to send your thoughts to myself or the group!
Very best,

Jenn

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**phone: 202-775-8277 ext. 6021**

**fax: 202.775.8284**

**jfolliard@eatright.org**

**www.eatright.org**

**<image001.jpg>**

**From:** Mary Pat Raimondi
**Sent:** Friday, December 21, 2012 11:48 AM
**To:** Mary Pat Raimondi; Diane Duncan-Goldsmith; karen@ehrensconsulting.com
**Cc:** Dayle Hayes; Ben Timmins; muellerc28@gmail.com; dmartin@burke.k12.ga.us; pemcconnell@fcps.edu; debbi_beauvais@gateschili.monroe.edu; Mildred Cody; alvir@philasd.org ; ddemers@orcsd.org; Jbarrett@alsde.edu; Jennifer Folliard; Karen K. Ehrens; tan1019@mchsi.com
**Subject:** Update

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I was thinking it might be good to get some feedback from the SNS DPG members that would be useful for USDA and highlight your work. We could develop a survey tool and field it from the Academy. Your input for questions would be crucial as would approval.
After leaving the meeting, Jenn and I discussed what a huge undertaking this is for schools. These are monumental changes, many that SNS DPG members identified and have been in the forefront. We need to make sure all our members know of these efforts and the impact it has with children's health.

We will continue to promote your work in 2013. For the holidays.enjoy and have some well deserved rest.

Mary Pat

**Mary Pat Raimondi, MS RD**
**Vice President, Strategic Policy and Partnerships**

**Academy of Nutrition and Dietetics (formerly the American Dietetic Association)**

**1120 Connecticut Avenue NW- Suite 480**

**Washington, DC 20036**

**phone: 312.899.1731 (new direct line)**

**fax: 202.775.8284**

**mraimondi@eatright.org**

**www.eatright.org**

2489. Good News

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Feb 01, 2013 14:03:50
**Subject:** Good News
**Attachment:** image001.png
image003.jpg

---

I am sharing some good news from Mary Beth.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

**From:** Mary Beth Whalen
**Sent:** Friday, February 01, 2013 9:34 AM
**To:** Executive Team Mailbox
**Cc:** Doris Acosta; Chris Reidy; Ulric Chung; Diane Moore-Enos; Susan Burns
**Subject:**

I quickly shared with those of you who were there for the e-team discussion yesterday information about some activities with ConAgra. For the benefit of all I want to repeat the news. ConAgra has renewed their three-year commitment (initial agreement expires July '13) and increased the support to the $350,000 level. In addition, the ConAgra Foundation has provided a grant to the A.N.D. Foundation to support the development of a validated tool to evaluate nutrition education programs ($175,000). The Foundation will work with Alison, Katie and the Research and Scientific Affairs (RSA) team to deliver this product that will be of use to any and all agencies, organizations, etc. that evaluate nutrition education programs for funding. It will also help guide prospective grant recipients in developing the most effective programs. Katie has already made our friends at USDA (Cindy Hormel) aware of this new initiative. Because of the ConAgra Foundation's generous support of this project ($175,000), the Foundation will be able to work with RSA to identify a Research Fellow to take a leadership role on this one-year project (RD graduate student). And in addition, ConAgra Foundation is supporting a Foundation session in cooperation with Feeding America, Cooking Matters and including representation from select HOD leaders to develop a message map to aid our members in communicating and elevating awareness of the connection between hunger and obesity.

I am also pleased to share with you the news that WalMart is now working with the Foundation to help underwrite a trip to a local food bank during the Houston FNCE meeting. Mary Pat helped to make the connection and Susie Burns worked with Diane Enos to make this happen. This will be one of the off-site excursions that would normally have required a $125-$150 registration fee to cover expenses, with WalMart's grant our members will pay a significantly reduced amount $25 that will go entirely to support the Foundation's Feeding America partnership.

I hope you will agree with me that these are industry funded projects that are helping us move our agenda forward, optimizing the health of the public and positioning the RD as the leader in this effort.

Happy Friday!

MB

NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH:

Academy of Nutrition and Dietetics Foundation (formerly the American Dietetic Association Foundation)

120 S. Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

312/899-4752

www.eatright.org/foundation

www.kidseatright.org

2490. RE: Update

**From:** Jennifer Folliard <JFolliard@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Feb 01, 2013 13:08:22
**Subject:** RE: Update
**Attachment:**

---

Donna,

These are fantastic! Thank you!

Competitive food rules are out! Reading through them now!

Jenn

**From:** DMartin@Burke.k12.ga.us
**Sent:** Thursday, January 31, 2013 2:35 PM
**To:** Jennifer Folliard
**Subject:** Re: Update

Jennifer, It was great talking to you. Attached are some documents that will help you and the web site below will give you insight into the program at the University of Georgia that certifies people to be School Nutrition Directors. The attachments are the Georgia Department of Education Requirements for School Nutrition Program Directors. Call me if you need me. We are glad to have you there for us!

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DMartin@Burke.k12.ga.us

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>>>Jennifer Folliard <JFolliard@eatright.org> 1/30/2013 5:39 PM >>>
Wonderful! Thank you!

I can call you at 1:30 tomorrow afternoon. What is the best number to reach you at?

Jenn

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Thank you for considering.

Very best,

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**<image001.jpg>**

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, January 23, 2013 12:50 PM
**To:** Duncan-Goldsmith, Diane; Jennifer Folliard; Mary Pat Raimondi
**Cc:** Cody, Mildred; Hayes, Dayle; Jbarrett@; K.Ehrens, Karen; Ben Timmins; alvir@; ddemers@; debbi_beauvais@; muellerc28@; pemcconnell@; tan1019@
**Subject:** RE: Update

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**jfolliard@eatright.org**

**www.eatright.org**

**<image001.jpg>**

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**To:** Mary Pat Raimondi; Diane Duncan-Goldsmith; karen@ehrensconsulting.com
**Cc:** Dayle Hayes; Ben Timmins; muellerc28@gmail.com; dmartin@burke.k12.ga.us; pemcconnell@fcps.edu; debbi_beauvais@gateschili.monroe.edu; Mildred Cody; alvir@philasd.org ; ddemers@orcsd.org; Jbarrett@alsde.edu; Jennifer Folliard; Karen K. Ehrens; tan1019@mchsi.com
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**mraimondi@eatright.org**

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2491. Re: Update

**From:** Jennifer Folliard <JFolliard@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jan 31, 2013 14:25:50
**Subject:** Re: Update
**Attachment:**

---

Donna,

Thank you again for your time and insights. I may take you up on your offer to call if there are issues where your expertise is essential.

Thank you very much!

Very best,

Jenn

On Jan 30, 2013, at 5:45 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

706-554-5393

Sent from my iPhone

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**www.eatright.org**

**<image001.jpg>**

**From:** DMartin@Burke.k12.ga.us
**Sent:** Wednesday, January 23, 2013 12:50 PM

**To:** Duncan-Goldsmith, Diane; Jennifer Folliard; Mary Pat Raimondi
**Cc:** Cody, Mildred; Hayes, Dayle; Jbarrett@; K.Ehrens, Karen; Ben Timmins; alvir@; ddemers@; debbi_beauvais@; muellerc28@; pemcconnell@; tan1019@
**Subject:** RE: Update

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Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Jennifer Folliard <JFolliard@eatright.org> 1/22/2013 9:38 AM >>>
Hello!

I hope that this email finds you all well!

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Please feel free to send your thoughts to myself or the group!

Very best,

Jenn

**Jennifer Noll Folliard MPH, RD**
**Director, USDA Legislation and Policy**
**Academy of Nutrition and Dietetics (formerly the American Dietetic Association)**

**1120 Connecticut Avenue NW- Suite 480**

**Washington, DC 20036**

**phone: 202-775-8277 ext. 6021**

**fax: 202.775.8284**

**jfolliard@eatright.org**

**www.eatright.org**

**<image001.jpg>**

**From:** Mary Pat Raimondi
**Sent:** Friday, December 21, 2012 11:48 AM
**To:** Mary Pat Raimondi; Diane Duncan-Goldsmith; karen@ehrensconsulting.com
**Cc:** Dayle Hayes; Ben Timmins; muellerc28@gmail.com; dmartin@burke.k12.ga.us;

pemcconnell@fcps.edu; debbi_beauvais@gateschili.monroe.edu; Mildred Cody; alvir@philasd.org ; ddemers@orcsd.org; Jbarrett@alsde.edu; Jennifer Folliard; Karen K. Ehrens; tan1019@mchsi.com
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We will continue to promote your work in 2013. For the holidays.enjoy and have some well deserved rest.

Mary Pat

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**mraimondi@eatright.org**

**www.eatright.org**

2492. Re: Update

**From:** Jennifer Folliard <JFolliard@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jan 30, 2013 17:39:45
**Subject:** Re: Update
**Attachment:**

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Wonderful! Thank you!

I can call you at 1:30 tomorrow afternoon. What is the best number to reach you at?

Jenn

On Jan 30, 2013, at 5:34 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

I would love to. I am available all afternoon tomorrow (Thursday) and all day Friday.

Sent from my iPhone

On Jan 30, 2013, at 5:26 PM, Jennifer Folliard <JFolliard@eatright.org> wrote:

Hi Donna,

I hope that this email finds you well!

I am gathering information regarding the upcoming rules on competitive foods and professional standards, and I was hoping we could set up a time to talk. Penny McConnell recommended you! All I would need is a half an hour of your time. Let me know if this will work for you!

Thank you for considering.

Very best,

Jenn

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2493. RE: Update

**From:** Jennifer Folliard <JFolliard@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jan 30, 2013 17:26:04
**Subject:** RE: Update
**Attachment:** image001.jpg

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2494. Eat Right Weekly - January 30, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 30, 2013 15:51:46
**Subject:** Eat Right Weekly - January 30, 2013
**Attachment:**

---

Eat Right Weekly
January 30, 2013

Manage Subscriptions
QuickLinks

On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

PPW Early Bird Registration Discounts End Soon

Hurry and register by February 8 for the Academy's 2013 Public Policy Workshop and save up to $155 off your registration fee. This year's nutrition advocacy summit will be held March 10 to 12 in Washington, D.C., and will focus on "Policy from the Ground Up."

Learn More >>
Grant Opportunities to Fight Childhood Obesity

The Robert Wood Johnson Foundation is making $1.6 million in healthy eating research grants available to improve health through nutrition and physical activity.

Learn More >>
Farm Bill Back in Action

As promised, Senate Majority Leader Harry Reid (Nev.) introduced the Farm Bill in the new Congress. This bipartisan-supported bill includes the Academy's nutrition and research recommendations. The Academy will once again work with Senate Agriculture leaders to help pass this bill and encourage action in the House, where it stalled last year.

Academy Comments on Incentive Structure for Workplace Wellness Programs

The Academy submitted comments to multiple federal agencies encouraging an incentive structure for employer wellness programs that emphasizes efficacious evidence-based, practice-based and individualized standards.

Learn More >>
Report Shows Huge Improvements in Access to School Meals

According to the Food Research and Action Center's Breakfast Scorecard, more low-income children are gaining access to healthy breakfast meals being offered by more schools.

Learn More >>
Open Your Heart to Informatics: Valentine's Day Webinar

What technology skills, knowledge and tools do you need for your job in dietetics? Find out at the next complimentary nutrition informatics webinar, to be held February 14.

Learn More >>
Illinois Licensure Law Renewed through Sunset Process

The Illinois Dietetic and Nutrition Services Practice Act was recently signed into law by Gov. Pat Quinn. "We are pleased to see Illinois continue to protect the public," said Kim Kirchherr, MS, RD, LDN, CDE, president of the Illinois Dietetic Association. The bill was scheduled to sunset December 31, 2012.

## CPE Corner

CPE Hours from FNCE 2012

Members can obtain more than 100 hours of CPE from wherever and whenever works with your hectic schedule.

Learn More >>
CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>
New Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of $19 for each module.

Learn More >>
Webinar: "Hungry and Overweight"

At a February 26 webinar, gain a good understanding of factors that contribute to children being simultaneously hungry and overweight and learn how food insecurity affects children. Learn about services available to families and be inspired to get involved in hunger programs in your community.

Learn More >>
CPE Available via Webinars

Gestational diabetes, nutrition-focused physical exam and new Academy-ASPEN guidelines on adult malnutrition are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
New Platform for All Online Learning Programs

Using a new web platform built on HTML5 and the latest technologies, members can now access all Professional Development online learning courses and online certificate of training programs from many of the most popular Internet devices, including iPads, iPhones, Android phones and tablets, as well as browsers including Internet Explorer, Mozilla Firefox, Apple Safari, Google Chrome and Opera. Please log in to receive member pricing.

Learn More >>

## Career Resources

You Spoke, We Listened: Submitting Nominations for Honors and Awards Made Easy

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its National Honors and Awards program.

Learn More >>

## Academy Member Updates

Visit Elections Website to Learn About Your Academy Candidates

View biographical information for candidates on the Academy's 2013 national ballot. Voting takes place February 1 through February 22.

RD Day Contest Could Put Your Picture in Times Square

In celebration of Registered Dietitian Day on March 13 and in appreciation for all you do to improve the nutritional health of Americans and people around the world, the Academy is hosting a special contest to feature a member in New York City's Times Square.

Learn More >>
Take the Opportunities to Serve Survey

If you are interested in volunteering for an Academy committee, take the Opportunities to Serve Survey by February 22.

Learn More >>
Apply to Become an Academy Spokesperson

Academy members with media experience are invited to apply to become an Academy Spokesperson and help make registered dietitians the media's go-to source for food and nutrition information. Application deadline is February 1.

Learn More >>
Special Thank You to Academy Sponsors

To help achieve the Academy's mission of empowering members to be the nation's food and nutrition leaders, the Academy's sponsorship program works with food and nutrition organizations to build awareness of the Academy and its members, to share science-based information and new research with Academy members and to enable the Academy to reach millions of consumers with healthy-eating messages.

Learn More >>

## Philanthropy, Awards and Grants

Scholarship Application Deadline Is February 15

The application deadline is February 15 for graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician, registered scholarships. Get information about the scholarship program and download an application.

Food Safety Student Challenge Scholarships Deadline Is February 1

Nine student scholarships of $4,500 are available through the Academy Foundation/ConAgra Foods' Food Safety Student Challenge. The application deadline is February 1.

Learn More >>
Foundation Awards Application Deadline Is February 1

The deadline is February 1 to apply for many of the Foundation's continuing education, international and program development awards. Get information about the awards program, new awards and download an application.

Help Fund the Foundation of Your Profession

Make a New Year's resolution that will leave a lasting impact: Include the Academy of Nutrition and Dietetics Foundation in your estate planning. Being part of the I WILL Legacy Society ensures the Foundation has support to continue its mission of advancing public health and nutrition utilizing the expertise of registered dietitians.

Learn More >>
RD Parent Empowerment Project Takes Off in Four Communities

The seven host sites for the RD Parent Empowerment Project, through an educational grant from MetLife Foundation, will be starting a four-month series of parent workshops in February.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2495. Daily News: Wednesday, January 30, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 30, 2013 10:30:41
**Subject:** Daily News: Wednesday, January 30, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**

**Please note that some publications may require registration or a subscription to access online content.**

**Late-night snacker? Watch when you eat, researchers say**
http://www.latimes.com/health/boostershots/la-heb-late-night-snacker-weight-loss-20130129,0,3851516.story
Source: *International Journal of Obesity*
http://www.nature.com/ijo/journal/vaop/ncurrent/full/ijo2012229a.html

**Prescribing a New Kind of Rehab for Cancer Survivors**
http://online.wsj.com/article/SB10001424127887324039504578263914081204892.html

**Think preventive medicine will save money? Think again**
http://www.chicagotribune.com/health/sns-rt-us-preventive-economicsbre90s05m-20130128,0,2360401.story
Source: Trust for America's Health
*A Healthier America 2013: Strategies to Move from Sick Care to Health Care in Four Years*
http://healthyamericans.org/report/104/

**TV ads may be driving children to drink**
http://thechart.blogs.cnn.com/2013/01/29/tv-ads-may-be-driving-children-to-drink/?hpt=he_c2
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/01/23/peds.2012-1480

**Healthy brands taste better in consumer's mind, researchers find**
**Foods sold under a healthy brand and marketing message are perceived to be tastier and more satisfying to consumers, according to new research findings**

http://www.foodnavigator.com/Science-Nutrition/Healthy-brands-taste-better-in-consumer-s-mind-researchers-find
Source: *Food Quality and Preference*
http://www.sciencedirect.com/science/article/pii/S0950329312002364

**In home breakfast consumption has driven yogurt growth**
http://www.foodnavigator-usa.com/Market/In-home-breakfast-consumption-has-driven-yogurt-growth-research

**Injecting Botox Into Stomach Does Not Promote Weight Loss**
http://www.sciencedaily.com/releases/2013/01/130128163405.htm
Source: *Clinical Gastroenterology and Hepatology*
http://www.cghjournal.org/article/S1542-3565(12)01155-X/abstract

**New to Most Fans, IGF-1 Has Long Been Banned as a Performance Enhancer**
http://www.nytimes.com/2013/01/30/sports/igf-1-has-long-been-banned-as-performance-enhancer.html?ref=health&_r=0
Related Resource: *Sports Nutrition: A Practice Manual for Professionals, Fifth Edition*
https://www.eatright.org/shop/product.aspx?id=6442468935

**Retail prices of beef, fats and oils, and poultry up the most in 2012**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=34823&ref=collection

**Produce and Poultry top sources of foodborne illness finds report**
http://www.foodnavigator-usa.com/Market/Produce-and-poultry-top-sources-of-foodborne-illness-finds-report
Source: CDC
http://wwwnc.cdc.gov/eid/article/19/3/11-1866_article.htm#suggestedcitation
Related Resource: Home Food Safety
http://homefoodsafety.org/

**MedlinePlus: Latest Health News**
-Constipation Treatments Not Equally Effective: Review
-For Early Cancer, Lumpectomy Beats Mastectomy for Survival: Study
-More Evidence Ties Heart Disease to Mental Decline
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**What's the danger of an all-fruit diet?**
(Marisa Moore, Academy Spokesperson quoted)
http://www.cnn.com/2013/01/29/health/steve-jobs-all-fruit-diet/index.html?hpt=he_c2

**Super Bowl parties set record demand for chicken wings**
(Emily Hall, RD quoted)
http://www.federalwaymirror.com/news/188914181.html

**Cooking For One or Two People Can Be Easy and Healthy**
(Nancy Ulm, RD quoted)
http://www.theledger.com/article/20130128/NEWS/130129255/1326?Title=Cooking-For-One-or-Two-People-Can-Be-Easy-and-Healthy

**Against the grain**
(Craig Hunt, RD quoted)
http://www.spokesman.com/stories/2013/jan/29/against-the-grain/

**Food for thought: How to pick the best on a budget**
(Monica Bearden, RD quoted)
http://www.kvue.com/news/Food-for-thought-How-to-pick-the-best-on-a-budget-188938231.html

**Quote of the Week**

**"Hope is a waking dream."**
**-Aristotle**

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**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=18085
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18085-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2496. Orientation for Committee Vice Chairs

**From:** Harold Holler <HHOLLER@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Cc:** Paul Mifsud <PMifsud@eatright.org>
**Sent Date:** Jan 29, 2013 12:09:42
**Subject:** Orientation for Committee Vice Chairs
**Attachment:** image003.jpg
image002.jpg

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Hi Donna

I talked with Paul M and we thought we would make the following orientation available to you, if you felt it would be useful. We know you have years of experience in managing committees, DPGs, etc, but, we thought you should decide what is useful for you as begin the transition to Treasurer and chair of FAC. Let me know what you think and we will proceed as appropriate. Thanks in advance. Hope all is well with you.

See memo below.

**Date:**
January 29, 2013

**To:**
Donna Martin

**From:**

Harold Holler, Vice President, Governance &Practice

**Subject:**
Orientation Meeting for Committee Vice Chairs

Happy New Year! We would like to invite you to participate in an orientation meeting designated for Academy committee vice chairs. As the current vice chair, you will assume the chairmanship in the next program year. The date for the orientation is **April 19 – 20, 2013** (all day Friday and ½ Saturday). The orientation will be conducted at Academy Headquarters in Chicago and will

include your committee staff partner.  Please mark your calendar with these dates.

The costs for the orientation will be assumed by the Academy and will include transportation, lodging, and per diem.  We hope this orientation will assist you to assume your role as committee chair.  And, more importantly, it will ensure successful outcomes for your committee under your leadership!

The following set of objectives has been developed for the orientation.
The committee vice chairs will:

· Be prepared to lead and serve successfully as chair in the next program year.

· Understand the Academy's governance structure and roles of committees.

· Understand the roles of the committee chair, vice chair, member, liaisons and staff.

· Be knowledgeable of Academy policies/procedures (i.e., lodging, transportation, meeting location, foodservice, activities).

· Understand the role of committee management.

· Engage in communications between committee chairs for possible joint projects and liaison work.

We hope you will be able to participate in this orientation opportunity.  We will be providing more information about the schedule, lodging and transportation in early February 2013.  If you should have any questions or concerns related to this orientation program, please feel free to contact me (hholler@eatright.org or 800/877-1600, ext. 4896).  Have a great weekend!

**Harold J. Holler, RD, LDN**

*Vice President, Governance &Practice*

**Academy of Nutrition and Dietetics**

**(formerly the American Dietetic Association)**
120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org
www.eatright.org

2497. Daily News: Tuesday, January 29, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 29, 2013 11:02:17
**Subject:** Daily News: Tuesday, January 29, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**MEET THE CANDIDATES FOR ACADEMY PRESIDENT-ELECT**
in a January 29 webinar, to be held from 1 p.m. to 2 p.m. Central Time. Questions will be posed to candidates Sonja Connor, MS, RD, LD, and Evelyn Crayton, EdD, RD, LD, to help members gain insight to their perspectives and views.
Register now: https://www1.gotomeeting.com/register/263691600

**Supplements for kids: Theres not much evidence that theyre valuable**
http://www.washingtonpost.com/national/health-science/supplements-for-kids-theres-not-much-evidence-that-theyre-valuable/2013/01/28/0261b81c-58fe-11e2-beee-6e38f5215402_story.html

**Very Obese Teens See Heart Gains From Weight-Loss Surgery: Study**
**In this age group, procedure is about health only, not appearance, expert says**
http://www.nlm.nih.gov/medlineplus/news/fullstory_133441.html
Source: *Journal of Pediatric Surgery*
http://www.jpedsurg.org/article/S0022-3468(12)00808-1/abstract

**Can Brightly Colored Fruits, Veggies Protect Against ALS?**
**Study tied foods like carrots, spinach and yams to lower risk of Lou Gehrig's disease**
http://consumer.healthday.com/Article.asp?AID=672893
Source: *Annals of Neurology*
http://onlinelibrary.wiley.com/doi/10.1002/ana.23820/abstract

**Berries May Be Healthful, but Some Health Benefits of Berries May Not Make It Past Your Mouth**
http://www.sciencedaily.com/releases/2013/01/130128113819.htm
Source: *Food Chemistry*

http://www.sciencedirect.com/science/article/pii/S030881461200773X

**Eating Deep-Fried Food Linked to Increased Risk of Prostate Cancer**
http://www.sciencedaily.com/releases/2013/01/130128142849.htm
Source: *Prostate*
http://www.ncbi.nlm.nih.gov/pubmed/23335051

**High fruit and veg intake helps to keep the blues at bay, say researchers**
(A high intake of fruit and vegetables could be the key to living a calmer, happier, and more energetic life, according to new research)
http://www.nutraingredients.com/Research/High-fruit-and-veg-intake-helps-to-keep-the-blues-at-bay-say-researchers
Source: *Br J Health Psychol*
http://www.ncbi.nlm.nih.gov/pubmed/23347122

**Constipation Treatments Not Equally Effective: Review**
**Seniors with condition can suffer serious health problems**
http://consumer.healthday.com/Article.asp?AID=672821
SOURCE: *Canadian Medical Association Journal*
http://www.cmaj.ca/site/home/review.xhtml
Related Resource: *Food and Nutrition Magazine*
-Stool Gazing: Take the Taboo Out of Number 2
http://foodandnutritionmagazine.com/stool-gazing

**Keeping Blood Pressure in Check**
http://well.blogs.nytimes.com/2013/01/28/keeping-blood-pressure-in-check/
Related Resource: Hypertension Evidence-Based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=3248

**FDA: Brominated vegetable oil (BVO), is safe, so removing its interim status is not a priority**
http://www.foodnavigator-usa.com/Regulation/FDA-Brominated-vegetable-oil-BVO-is-safe-so-removing-its-interim-status-is-not-a-priority

**Salmonella Cause of Most Foodborne-Illness Outbreaks: CDC**
**Clean separate, cook and cool foods to stay safe, experts say**
http://consumer.healthday.com/Article.asp?AID=672831

**Falling Down on the Job?**
**Workstations Designed to Help You Get Fit May Make You Type Poorly, Even Fall**
http://online.wsj.com/article/SB10001424127887324539304578263650060635048.html

**MedlinePlus: Latest Health News**

-Car commuters gain more weight

-Chronic Heartburn Could Spur Asthma in Some Patients

Study reinforces the link, and a new test might be better at spotting the problem, experts say

-FDA approves three new drug treatments for type 2 diabetes

-High Doses of Folic Acid Not Tied to Cancer Risk

-Quitting Smoking Before Cancer Surgery Best, Study Finds

Experts urge stopping at time of diagnosis, but quitting any time is healthy

-Smoking Still Takes a Heavy Toll in U.S., CDC Finds

Varying state policies expose many Americans to secondhand smoke

http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Are you an RD who is active in print, broadcast and/or online media?**

**Apply to become an Academy Spokesperson today! Serve as the face and voice of your profession. The deadline to apply is February 1st. Learn more here:**

http://www.eatright.org/members/spokespersonapplication

**Grapefruit not alone in interfering with meds**

(Christine Gerbstadt, Academy Spokesperson quoted)

http://www.delawareonline.com/article/20130129/HEALTH/301290008/Many-foods-can-interfere-with-meds

**How to Beat the Common Cold**

(Joan Salge Blake, RD featured)

http://www.myfoxboston.com/video?clipId=8212318&autostart=true

**Study: Dieters who ate lunch earlier lost more weight**

(Elizabeth Ward, RD quoted)

http://www.usatoday.com/story/news/nation/2013/01/29/eating-lunch-weight-loss/1871331/

**Why good food should be just what doctor ordered**

(By Carolyn O'Neil, RD)

http://www.ajc.com/news/lifestyles/health/why-good-food-should-be-just-what-doctor-ordered/nT8kp/

**Avoiding weight gain when you quit smoking**

(By Georgia Clark-Albert ,RD)

http://bangordailynews.com/2013/01/28/health/avoiding-weight-gain-when-you-quit-smoking/

**Lesley University offers gluten free options after lawsuit, UT ahead of the curve**
(Lindsay Gaydos, RD quoted)
http://www.dailytexanonline.com/news/2013/01/28/lesley-university-offers-gluten-free-options-after-lawsuit-ut-ahead-of-the-curve

**The Best Breakfast for You**
(Amari Cheffer, RD &Michele Macedonio, RD quoted)
http://www.shape.com/healthy-eating/diet-tips/best-breakfast-you

**What is the difference between yogurt and kefir**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/whats-the-difference-between-yogurt-and-kefir/article7904569/

**The Academys Position Papers are available at: www.eatright.org/positions**

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=18061
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-18061-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2498. Meet the Candidates for Academy President-Elect!

**From:** Academy of Nutrition and Dietetics <webadministrator@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 25, 2013 17:39:17
**Subject:** Meet the Candidates for Academy President-Elect!
**Attachment:**

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Having trouble viewing this e-mail? View it in your browser.

**Meet the Candidates Forum**

**January 25, 2013**

Meet the candidates for Academy president-elect in a Tuesday, January 29 webinar, to be held from 1 p.m. to 2 p.m. Central Time. Past President Susan Laramee, MS, RD, LDN, will pose questions to candidates Sonja Connor, MS, RD, LD, and Evelyn Crayton, EdD, RD, LD, to help members gain insight to their perspectives and views. This free webinar is limited to 1,000 participants, with 1.0 CPEU hours available for those who attend the live event. **Register now.**

**Participate in the Academy national elections February 1 through February 22, 2013. View bios for all the candidates and vote at www.eatright.org/elections**.

This e-mail is a benefit for members of the Academy of Nutrition and Dietetics.
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You are currently subscribed as: **DMartin@burke.k12.ga.us**
Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2499. RE: Finance and Audit Committee Meeting on Wednesday, January 30th at 1 p.m. CST

**From:** Maria Juarez <MJuarez@eatright.org>
**To:** Paul Mifsud <PMifsud@eatright.org>, Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Linda Serwat <LSerwat@eatright.org>
**Sent Date:** Jan 25, 2013 17:01:02
**Subject:** RE: Finance and Audit Committee Meeting on Wednesday, January 30th at 1 p.m. CST
**Attachment:**

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All,

The documents for our FAC conference call scheduled January 30, 2013 are loaded into the portal.

Folder name “January 30, 2013 FAC conference call”.

Please login on the portal using the link *http://ada.portalxm.com* and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

**Academy of Nutrition and Dietetics**

**120 South Riverside Plaza, suite 2000**

**Chicago, IL 60606**

**mjuarez@eatright.org**

**312-899-4886 phone**

**312-899-5335 fax**

**1-800-877-1600- Ext 4886**

2500. Daily News & Journal Review: Friday, January 25, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 25, 2013 11:01:57
**Subject:** Daily News & Journal Review: Friday, January 25, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
**Please note that some publications may require registration or a subscription to access online content.**

**March is National Nutrition Month®! Eat Right, Your Way, Every Day. Visit www.eatright.org/nnmfor new NNM catalog, toolkit, handouts, games and recipes.**

**MEET THE CANDIDATES FOR ACADEMY PRESIDENT-ELECT** in a January 29 webinar, to be held from 1 p.m. to 2 p.m. Central Time. Questions will be posed to candidates Sonja Connor, MS, RD, LD, and Evelyn Crayton, EdD, RD, LD, to help members gain insight to their perspectives and views.
Register now: https://www1.gotomeeting.com/register/263691600

**Mediterranean diet may not protect the aging brain**
http://www.chicagotribune.com/health/sns-rt-us-mediterranean-brainbre90n176-20130124,0,6826051.story
Source:*American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/97/2/369

**Yogurt lovers have better diets**
http://todayhealth.today.com/_news/2013/01/24/16683669-yogurt-lovers-have-better-diets?lite
Source: *Nutrition Research*
http://www.nrjournal.com/article/S0271-5317(12)00248-5/abstract

**Gap widens between actual weight and people's imagined weight**
http://www.latimes.com/health/boostershots/la-heb-weight-estimation-20130123,0,6937789.story
Source: *PLoS ONE*
http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0054386

**Market penetration by farmers markets varies geographically**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=34796&ref=collection

**A new strain of norovirus accounted for 58% of the reported cases of what some people call "stomach flu" last month.**
http://www.usatoday.com/story/news/health/2013/01/24/new-norovirus-bug-from-australia/1861969/
CDC:
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6203a4.htm?s_cid=mm6203a4_w

**Dont Double Up on Acetaminophen**
http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm336581.htm

**Registered Dietitians in the News**

**How to Make Good Food Choices When Eating Out**
(Marisa Moore, Academy Spokesperson quoted)
http://ozarksfirst.com/fulltext?nxd_id=758632

**Food Matters: Some like their foods hot and spicy**
(By Chuck Newcomb, RD)
http://www.losbanosenterprise.com/2013/01/25/199658/food-matters-some-like-their-foods.html

**Study: ER visits involving energy drinks skyrocket**
(JoAnn Daehler-Miller, RD quoted)
http://www.dailyiowan.com/2013/01/25/Metro/31467.html

**Eating Healthy For Today, Not Necessarily Tomorrow**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130124/LIFE03/130129851/eating-healthy-for-today-not-necessarily-tomorrow

**The Secret Reason You're Pigging Out (and What To Do About It!)**
(Cynthia Sass, RD quoted)
http://news.health.com/2013/01/24/secret-reason-pigging-out-what-to-do-about-it/

**All Hail Kale: Chefs, health gurus praise the superfood**
(Victoria Shanta Retelny, RD quoted)
http://lagrange.suntimes.com/lifestyles/17640894-423/all-hail-kale-chefs-health-gurus-praise-the-superfood.html

**Wrong diet, too much exercise can sabotage weight loss**
(By Timi Gustafson, RD)
http://www.auburn-reporter.com/lifestyle/188260621.html#

**Journal Review**
**Did you know you can get the articles listed in the Journal Review?**
You can for a nominal charge of $10 each.
Fill out the form listed at the link below.
(i.e.: *J Am Diet Assoc*. 1992 Mar;92(3):319-24.
Dietary practices of ballet, jazz, and modern dancers.)
http://tinyurl.com/article-order

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www.eatright.org/Members/content.aspx?id=1197

***Journal of the Academy of Nutrition and Dietetics*, February 2013**
Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011.
http://www.adajournal.org/current
Editor's Outlook-Diet Quality: Hidden Benefits Emerging in a Calorie-Focused Era
http://www.andjrnl.org/article/S2212-2672(13)00002-6/fulltext
President's Page-Strengthen Our Competence, Address Health Disparities
http://www.andjrnl.org/article/S2212-2672(12)01932-6/fulltext
Putting the Dietary Guidelines for Americans into Action: Behavior-Directed Messages to Motivate ParentsPhase I and II Observational and Focus Group Findings
http://www.andjrnl.org/article/S2212-2672(12)01805-9/fulltext
2012 Journal Reader Survey Results
http://www.andjrnl.org/article/S2212-2672(12)01934-X/fulltext
Prediabetes: A Prevalent and Treatable, but Often Unrecognized, Clinical Condition
http://www.andjrnl.org/article/S2212-2672(12)01804-7/fulltext
Single-Larger-Portion-Size and Dual-Column Nutrition Labeling May Help Consumers Make More Healthful Food Choices
http://www.andjrnl.org/article/S2212-2672(12)01818-7/abstract
Dose-Dependent Consumption of Farmed Atlantic Salmon (Salmo salar) Increases Plasma Phospholipid n-3 Fatty Acids Differentially
http://www.andjrnl.org/article/S2212-2672(12)01649-8/abstract
Position of the Academy of Nutrition and Dietetics: Total Diet Approach to Healthy Eating
http://www.andjrnl.org/article/S2212-2672(12)01993-4/abstract
2012 Lenna Frances Cooper Memorial Lecture: When Nothing Is Sure, All Things Are Possible

http://www.andjrnl.org/article/S2212-2672(12)01929-6/fulltext
Networking Groups: Advancing Nutrition and Dietetics through Practice, Culture, and Geography
http://www.andjrnl.org/article/S2212-2672(12)01797-2/fulltext
Question of the Month - What Is Green Coffee Extract?
http://www.andjrnl.org/article/S2212-2672(12)01933-8/fulltext

***American Journal of Lifestyle Medicine*, January 2013**
http://ajl.sagepub.com/content/7/1.toc
Multicultural Food Perspectives: Strategies for Health Care Providers
http://ajl.sagepub.com/content/7/1/13.abstract
Potential Benefits of Cinnamon in Type 2 Diabetes
http://ajl.sagepub.com/content/7/1/23.abstract
Strategies to Promote Physical Activity During Pregnancy
http://ajl.sagepub.com/content/7/1/38.abstract
Probiotics and Immune Response to Exercise
http://ajl.sagepub.com/content/7/1/51.abstract
Understanding Vitamin B12
http://ajl.sagepub.com/content/7/1/60.abstract

***Diabetes Educator*, OnlineFirst**
http://tde.sagepub.com/content/early/recent
Babies Need Healthy Moms
An Innovative Postpartum Screening and Education Class for Women Who Had Gestational Diabetes Mellitus
http://tde.sagepub.com/content/early/2013/01/22/0145721712473511.abstract

***Diabetes Educator*, January/February 2013**
http://tde.sagepub.com/content/current
Developing and Piloting the Journey to Native Youth Health Program in Northern Plains Indian Communities
http://tde.sagepub.com/content/39/1/109.abstract
Motivating Texans With Type 2 Diabetes to Do Well With Diabetes Control
http://tde.sagepub.com/content/39/1/119.abstract?sp

***Environmental Nutrition*, February 2013**
http://www.environmentalnutrition.com/issues/
Keep your Eye on Lutein-Rich Greens
http://www.environmentalnutrition.com/issues/35_14/researchnews/Lutein-Rich-Greens_152410-1.html
Spice Things Up, the Healthy Way
http://www.environmentalnutrition.com/issues/35_14/features/Healthy-Spices_152409-1.html
Gas-free Beans and Green Coffee Bean Extract

http://www.environmentalnutrition.com/issues/35_14/asken/Green-Coffee-Bean-Extract_152407-1.html
The Conflicting Science on Multivitamins
http://www.environmentalnutrition.com/issues/35_14/asken/Multivitamin-Studies_152406-1.html
Update: GMOs in Foods
http://www.environmentalnutrition.com/issues/35_14/features/Genetically-Modified-Organisms-And-Diet_152404-1.html

***Food Control*, June 2013**
http://www.sciencedirect.com/science/journal/09567135/31/2
Quantitative assessment of the effectiveness of intervention steps to reduce the risk of contamination of ready-to-eat baby spinach with *Salmonella*
http://www.sciencedirect.com/science/article/pii/S0956713512005804
Predicting adolescents' safe food handling using an extended theory of planned behavior
http://www.sciencedirect.com/science/article/pii/S0956713512005853
Food allergy knowledge, attitudes, practices, and training of foodservice workers at a university foodservice operation in the Midwestern United States
http://www.sciencedirect.com/science/article/pii/S0956713512005816

***Food Technology*, January 2013**
http://www.ift.org/food-technology/current-issue.aspx
Shopping the Perimeter
(Consumers have gravitated away from the center of the store, drawn to perishables like produce, seafood, dairy, refrigerated meals, and fresh bakery and deli products, which translates to strong opportunities in these categories)
http://www.ift.org/food-technology/past-issues/2013/january/features/shopping-the-perimeter.aspx
Understanding and Combating Food Fraud
(The goal of food fraud is economic gain. It differs from intentional contamination but could pose a public health risk. The behavioral sciences and criminology offer tools to deter food fraud)
http://www.ift.org/food-technology/past-issues/2013/january/features/understanding-and-combating-food-fraud.aspx
Wellness 13: An Analysis of Health Trends
(For food professionals with a stake in health and wellness products, this annual IFT conference offers insights on consumer health trends and product development)
http://www.ift.org/food-technology/past-issues/2013/january/features/wellness--an-analysis-of-health-trends.aspx
Food Science and the Elimination of Nutrient Deficiencies
http://www.ift.org/food-technology/past-issues/2013/january/columns/food-medicine-and-health.aspx

***Journal of the American Medical Association*, January 23/30, 2013**
(Access articles from link below)

http://jama.jamanetwork.com/issue.aspx
-Use of Hospital-Based Acute Care Among Patients Recently Discharged From the Hospital
-Pediatric Readmission Prevalence and Variability Across Hospitals
-Association Between Quality Improvement for Care Transitions in Communities and Rehospitalizations Among Medicare Beneficiaries
Editorial
-A Requirement to Reduce Readmissions: Take Care of the Patient, Not Just the Disease
-Pediatric Readmissions as a Hospital Quality Measure
-Revisiting Hospital Readmissions
Research Letters
-Characteristics of Hospitals Receiving Penalties Under the Hospital Readmissions Reduction Program
Medical News and Perspectives
-QuickStats: Ten Most Common Chronic Conditions Among Persons Living in Residential Care FacilitiesNational Survey of Residential Care Facilities, United States, 2010
-JAMA Patient Page: Discharge Planning

http://jama.jamanetwork.com/article.aspx?articleID=1558280&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification01%2F22%2F2013#qundefined

***JAMA Internal Medicine*: Online First**
http://archinte.jamanetwork.com/onlineFirst.aspx
Crossover Study of Noodle Soup Consumption in Melamine Bowls and Total Melamine Excretion in Urine
http://archinte.jamanetwork.com/article.aspx?articleid=1558449#qundefined
The Association of Aspirin Use With Age-Related Macular Degeneration
http://archinte.jamanetwork.com/article.aspx?articleid=1558450#qundefined
Hearing Loss and Cognitive Decline in Older Adults
http://archinte.jamanetwork.com/article.aspx?articleid=1558452#qundefined

***Journal of Clinical Outcomes Management, January*2013**
(Access articles from link below)
http://www.turner-white.com/jc/contentjc.php
-Treatment-Seeking Overweight Preschoolers Have Reduced Health-Related Quality of Life Compared With Nonclinical Preschoolers

***Journal of Eating Disorders*, January 2013**
http://www.jeatdisord.com/
Health and health-related quality of life among treatment-seeking overweight and obese adults: associations with internalized weight bias
http://www.jeatdisord.com/content/1/1/3

The role of perfectionism in body dissatisfaction
http://www.jeatdisord.com/content/1/1/2

***Journal of Family Nursing*, February 2013**
http://jfn.sagepub.com/content/19/1.toc
Interrelation Between Adult Persons With Diabetes and Their Family
A Systematic Review of the Literature
http://jfn.sagepub.com/content/19/1/3.abstract?sp

***Journal of Health Psychology*, February 2013**
http://hpq.sagepub.com/content/18/2.toc
Being men with eating disorders: Perspectives of male eating disorder service-users
http://hpq.sagepub.com/content/18/2/176.abstract
Development and preliminary validation of the Parent Efficacy for Child Healthy Weight Behaviour Scale Marina Nelson and Melissa Christine Davis
http://hpq.sagepub.com/content/18/2/282.abstract

***Journal of Nutrition*, February 2013**
http://jn.nutrition.org/content/143/2.toc
A Vitamin B-12 Supplement of 500 g/d for Eight Weeks Does Not Normalize Urinary Methylmalonic Acid or Other Biomarkers of Vitamin B-12 Status in Elderly People with Moderately Poor Vitamin B-12 Status
http://jn.nutrition.org/content/143/2/142.abstract
The Change in Plasma 25-Hydroxyvitamin D Did Not Differ between Breast-Fed Infants That Received a Daily Supplement of Ergocalciferol or Cholecalciferol for 3 Months
http://jn.nutrition.org/content/143/2/148.short
Vitamin D Status in Montréal Preschoolers Is Satisfactory Despite Low Vitamin D Intake
http://jn.nutrition.org/content/143/2/154.short
Specific Infant Feeding Practices Do Not Consistently Explain Variation in Anthropometry at Age 1 Year in Urban United States, Mexico, and China Cohorts
http://jn.nutrition.org/content/143/2/166.short
USDA Food and Nutrient Databases Provide the Infrastructure for Food and Nutrition Research, Policy, and Practice
http://jn.nutrition.org/content/143/2/241S.abstract

***Morbidity and Mortality Weekly Report*, January 25, 2013**
http://www.cdc.gov/mmwr/mmwr_wk.html
Surveillance for Foodborne Disease Outbreaks  United States, 20092010
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6203a1.htm?s_cid=mm6203a1_w

***New England Journal of Medicine,* January, 24, 2013**
(Access articles from link below)

http://www.nejm.org/toc/nejm/medical-journal
-The Future of Antibiotics and Resistance
-Peginesatide in Patients with Anemia Undergoing Hemodialysis
-Peginesatide for Anemia in Patients with Chronic Kidney Disease Not Receiving Dialysis
-21st-Century Hazards of Smoking and Benefits of Cessation in the United States
-50-Year Trends in Smoking-Related Mortality in the United States
-Alcohol Use in Adults
-Case 3-2013: A 72-Year-Old Woman with Abdominal Pain and Distention after Peritoneal Dialysis
EDITORIALS
-Anemia Treatment in Patients with Chronic Kidney Disease
-New Evidence That Cigarette Smoking Remains the Most Important Health Hazard

***Qualitative Health Research*, March 2013**
http://qhr.sagepub.com/content/23/3.toc
Weight-ing
The Experience of Waiting on Weight Loss
http://qhr.sagepub.com/content/23/3/348.abstract

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or send a blank email to leave-17990-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2501. New! Home Food Safety Handouts Available

**From:** Academy of Nutrition and Dietetics <marketing@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 24, 2013 15:05:44
**Subject:** New! Home Food Safety Handouts Available
**Attachment:**

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**Home Food Safety Handouts**

Teach your clients how to keep food safe when cooking at home with this set of 16 handouts. Topics include how to defrost foods, cross-contamination, packing safe lunches and how to use a food thermometer. Buy the handouts and print them again and again.

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2502. RE: Finance and Audit Committee Meeting on Wednesday, January 30th at 1 p.m. CST

**From:** Paul Mifsud <PMifsud@eatright.org>
**To:** Treasurer ExternalSMTP <peark02@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, dwheller@mindspring.com <dwheller@mindspring.com>, Glennacac@aol.com <Glennacac@aol.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elaine.molaison@usm.edu <Elaine.molaison@usm.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, maryetta.moorachian@jwu.edu <maryetta.moorachian@jwu.edu>, Annalynn_Skipper@comcast.net <Annalynn_Skipper@comcast.net>
**Cc:** Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Richard Newman <Rnewman@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>
**Sent Date:** Jan 24, 2013 13:40:16
**Subject:** RE: Finance and Audit Committee Meeting on Wednesday, January 30th at 1 p.m. CST
**Attachment:**

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All,

It is amazing to me how fast quickly time appears to move. We are almost at the end of January and Spring is right around the corner. At least those of us in Chicago hope it is right around the corner. We are experiencing the coldest period in years. In any event, as you can see from above, our call is scheduled for Wednesday, January 30th at 1 p.m. CST. Rich Newman has sent out the webinar invitation. If you have not received it, please let us know. This month, we will focus on the November final results, December preliminary results and the Academy's 2012 tax returns. The tax returns will be filed after our call. We will not focus on the Foundation's tax returns since they are the purview of the Foundation Finance Committee and Board. David Lowenthal, Tax Senior Manager, from Plante Moran, will be joining us to provide a high level overview of the tax returns.

## I. November Changes

The month of November had two changes; one that impacted the financials and one that did not. The change to financials impacted the Academy, Foundation, CDR and ACEND. The Foundation, CDR and ACEND are charged for any complementary FNCE registrations they provide to their leadership. Unfortunately, we discovered that the registrations were not recorded in October. Therefore, they were in November. This change increased the revenue for the Academy by $15,639. This also increased the expenses for the Foundation (up $1,077), CDR (up by $8,437) and ACEND (up by $6,125). This change flowed through to the Balance Sheets (A18 and A20) and to the Investment summary page (A15). The second change that was made affected the percent of budget the Academy has in reserve on page A15. I did not realize that we did not have the additional money for the web project approved by the Board at FNCE in November in our calculation. It should have been included in the denominator. As all of you know, to get the percentage of budget in reserve, we take the Academy's investment reserve and divide it by the total expense budget. If the expense budget goes up, the percentage in reserve goes down. In this case, adding the web project to the budget decreased the percent of budget in reserve for the Academy from 74.4% to 73.1%. Still a very robust number.

## II. ADA Tax Returns

Even though we are a tax exempt organization, we do have to file our income taxes. The report you have is for the Academy only. As I mentioned above, I will forward the Foundation's tax returns to the Foundation to review. I will also have the Academy's tax returns forwarded to the full Academy Board. Once the return is reviewed, it will be filled. The tax returns are just another "representation" of the audited financial statements. In some cases the audited financial statements will have more information than the tax returns. In other cases, the tax returns will have more information. It depends on the various requirements. Please take a moment to review the returns. David will be able to answer your questions. However, you can also send any questions you have to me and I will get answers for you. The Academy tax returns include the Academy, CDR, ACEND, DPGs and MIGs. All are under the 501 c(6) tax umbrella of the Academy. The Foundation is a separate 501 c(3) organization.

This year there will be at tax liability. We will owe $1,313 for tax on our unrelated business income. The tax is actually for list rental sales performed by CDR. Therefore CDR will be charged for the taxes. This is the first year since I have been here that we have not been able to

offset the income generated by CDR on their list sales. It is unfortunate, but, really means that CDR made a great deal of money this year on list rental sales. So, I guess you can't complain about paying taxes if you are making more money. We do use losses incurred by the Academy to reduce CDR's tax liability. In the past we have been able to cover the full amount. This year, we were not able too. You wonder why CDR's list rental sales are handled differently than the Academy's list rental sales? This is a decision CDR made a long time ago. CDR actually handles and processes its list rental sales directly. The Academy has a royalty relationship with Infocus to handle list rental sales. Tax laws handle direct sales differently than royalty arrangements.

## III. Investments

Our two investment portfolios continued to grow in December, increasing by $241,400. Since we all were concerned about the potential "fiscal cliff" impact, it was good to see a gain for the month. It was also good to see that the government was able to come to a solution for the tax issues that were helping drive the concerns associated with the "fiscal cliff". As we all know, there still are a few more hurdles ahead of us. However, this hasn't hurt the market returns for January. Through Wednesday, the combined portfolios added another $1,077,405 in gains. We hope this holds and continues to grow. However, many of you may know that Apple did not meet expectations yesterday and is down significantly today. So, I expected to give some of these gains back today. Apple is about 3.5% of our portfolio. If Apple drops 10% in value, we would reflect a reduction of 0.35% in our portfolio. Hopefully, the other stocks and bonds will pick up Apple. Overall, factoring in the increase through yesterday, our fiscal year to date gains are over $4.1M. In addition, the combined portfolios now stand at over $51,416,236. I believe this is a record high!!!! Lets hope the government continues to find equitable solutions for the coming Sequestration, Debt Ceiling and Budgets! If they do, the returns should continue to grow.

## IV. Academy December Financials (A10)

December was not a great month for the Academy. Revenues were short of budget by $87,152. In addition, expenses were $25,122 higher than budget. The combination resulted in the Academy having an operating deficit of $422,875 which was $112,274 worse than the budget. The expense over runs appear to be timing issues; some from FNCE. On the revenue front, we continue to see some softness in the same areas that we have addressed previously and will address below.

Taking a look at the year to date numbers, the Academy currently has an operating surplus of $324,213. This is $276,496 lower than the budget. As you can see from page A10, we are slightly ahead of FY2012's operating results through December. We can't guarantee this will hold. However, last year the Academy ended the year with an operating deficit of $520,705.

Currently, with the additions to the original budget, our FY 2013 operating deficit is $1,104,713. So, since we are performing better than FY2012 through 7 months, it is possible that we can still achieve an operating result better than our budgeted numbers.

Of course, we can't forget the investment returns. They were a little lighter than the budget for the month ($91K versus $109K). However, year to date, we now have $1,152,582 in returns which is $386,957 better than the budget. Since it looks good for January, we should increase this number further.

After factoring in the investments, the Academy has a net income of $1,476,794. This is $110,460 better than the budget and nearly $1.7M better than FY 2012 through the same period. There is good news to be found in this report!!

The following is breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area **under budget** by $28,220 in December and is now **under budget** by $184,107 for the year. Barbara and her team continue to pursue membership renewals. They have been very successful with the early dues/electronic due renewal program and with their recent campaign. From December 1st through January 22nd, we have received $523,241 in dues revenue. If you compare this to FY2012 through the same period, we received $114,342. This is a remarkable 4.57 times higher!!! Some of this will be for FY 2013. However, a great deal will be for FY 2014. I don't have the breakdown at the moment. Regardless of where it goes, it is clear the Membership team is getting a great response from their programs.

b. **Programs and Meetings** - This area is **over budget** by $1,145 in December and is **under budget** by $868,983 for the year. The over-run is all due to increased professional development.

c. **Publications** - This area is **under budget** by $33,066 in December and **over budget** by $104,900 for the year. The largest driver of the under-run is from List Rental (down $27,000), Research publications (down $9,178) and Traditional publications (down $1,069). These were offset by higher Marketing (up $4,500).

d. **Subscriptions** - This area was **over budget** by $7,695 in December and is **over budget** by $123,853 for the year. The over run for December is due to both NCM (up $4.2K) and EAL (up $3.5K).

e. **Advertising** – This area was under budget by $15,000 in December and is under budget by $24,520 for the year. The under run for December is due to selling one less classified advertisement than originally budgeted for the Food and Nutrition Magazine**.**

f. **All grants -** This area was **under budget** by $11,389 in December and is **over budget** by $29,053 for the year. This December under run is primarily due to Research Grants (down $4.8K), ConAgra Home Food Safety (down $4.0K) and Carry the Flame project (down $2.6K). All could be timing issues.

g. **Sponsorships** – This area is on target for the month of December.

h. **Other** – This area was **under budget** by $8,315 in December and is **under budget** by $26,735 for the year. The under run is primarily due to lower revenues for our member benefit program (-$15.0K). This is offset by higher misc revenues (+$7K).

B. Expenses

a. **Personnel** – This area is **under budget** by $1,855 for December and **under budget** by $2,344 for the year. The under run in December is due to lower salaries and wages.

b. **Publications** – This area is **under budget** by $3,009 for December and **over budget** by $31,177 for the year. The under run in December is primarily driven by the lower costs associated with the Food and Nutrition Magazine (under by $10.5K). This is offset by higher costs for Traditional Publications (over by $1.9K), Journal costs (over by $2.5K) and National Nutrition month merchandise from FNCE (over by $2.6K).

c. **Travel** – This area was **over budget** by $226 for December and **under budget** by $107,125 for the year. The over run in December is primarily driven by expense reimbursements for FNCE (up $6.3K) and Administration travel (up $1.8K). This was offset by lower costs for Research (down $5.0K), Member Services (down $1.4K), and Governance (down $1.6K).

d. **Professional Fees** - This area was **under budget** by $842 for December and is **under budget** by $221,888 for the year. For the month, this is being driven by higher costs for Web/IT (over by $17K) and higher costs associated with our efforts on Licensure (over by $26K). This is offset by under runs in HR (under by $2.5K), Governance (under by $2.6K), Member Services (under by $5.4K), Traditional Publications (under by $3.1K), Marketing (under by $17K), Research (under by $6.3K) and List rental (under by $6.6K).

e. **Postage and Mailing Service** – This area is **under budget** by $2,682 in December and **under budget** by $36,492 for the year. This under run in December is primarily due to lower Member Services (under by $3.4K) and lower Research (under by $2.3K). This is offset by higher Traditional Publications (over by $1.8K) and all other (over by $1.2K).

f. **Office Supplies and Equipment** – This area is **over budget** by $5,057 in December and **over budget** by $14,730 for the year. The over run in December is primarily due to Office Services (over by $2.8K), Public Policy (over by $1.7K) and all other (over by $0.6K).

g. **Rent and Utilities** – This area is **over budget** by $2,002 in December and **over budget** by $2,853 for the year. The overrun is due to higher utility costs and maintenance.

h. **Telephone and communications** – This is **over budget** by $1,907 in December and **over budget** by $15,978 for the year. The over run for December is due to higher Washington and Chicago basic phone costs (over by $1.9K).

i. **Commissions** – This area is under budget by $3,000 in December and under budget by $6,782 for the year. The under run in December is due to lower Food and Nutrition Magazine advertising sales.

j. **Computer Expenses** – This area is **over budget** by $2,241 for December and **over budget** by $4,925 for the year. The under run in December is due to higher web hosting ($0.5K) and higher IT maintenance costs ($1.7K).

k. **Advertising and Promotion** – This area is **under budget** by $847 for December and **under budget** by $11,599 for the year. The under run in December is primarily due to lower Traditional Publication's costs.

l. **Insurance** – This area is on target for December. We have added Cyber insurance to protect our organization in December. So, the under runs we have experience each month will be offset by the new Cyber insurance cost**.**

m. **Depreciation** – This area is **on target** for December and for the year.

n. **Bank and trust fees** – This area is **over budget** by $1,363 for December and **under budget** by $1,686 for the year. The over run in December is primarily due to additional credit card fees.

o. **Other** – This area is **over budget** by $12,345 for December and **under budget** $11,250 for the year. The overrun is due to additional bills for FNCE.

p. **Expense allocation** – This area is **under budget** by $10,031 for the month of December because a project supported by CDR under ran its budget. The result is the charge back to CDR was lower this month.

q. **Meeting services** – This area is **over budget** by $413 for December and is **under budget** for the year by $194,946. This under run has many pluses and minuses for the month of December. On the under run front; Administration (under by $8.0K), Marketing (under by $6.9K) and FNCE related (under by $2.5K). These were offset by higher costs from Public Policy (over

by $11.9K), Governance (over by $4.9K), Research (over by $1K)

r. **Legal and Audit** – This area is **over budget** by $2,452 for December and **over budget** by $8,549 for the year. The over run in December is all due to higher legal fees.

s. **Printing** – This area is **under budget** by $682 in December and is **under budget** by $51,648 for the year. The over run in December is primarily due to lower Marketing (under by $1.4K) and all other (under by $0.4K) offset by higher Members Services (over by $1.4K).

So, in summary, the Academy didn't have a great month operationally. However, looking at the total income for the business, after the investments, should give us a feeling that the Academy is in a good position financially. The Academy has 73% in reserve (A15) which I hope will increase with the investment returns January is currently providing. Keep in mind, as I mentioned at December's meeting, I have "artificially" reduced the number to account for reserves we may need to fund operations between now and the end of March. This is done only on paper. I have done this so you can look at the 73% number as a worst case scenario. If I did not make the paper adjustment, the Academy would be at 75.8% in reserve. We are monitoring the cash needs and are getting close to when some might be needed. If we do need some funds, I will notify the Committee. You can also take some comfort that if we do need funds from reserves, it should not reduce the 73% level represented because I have taken into consideration what think we might need. If it is less, the number will go up. I hope this makes sense. We can discuss it further on the call.

## V. Foundation December results (A8 and A9)

The Foundation, overall, had a very good month in December. Revenues were $84,079 higher than the budget, driven by both Member Contributions (over by $40,318) and Grants and Donations (over by $35,559). It is nice to see the Member Contributions do so well in December. On the expense front, the Foundation was under budget by $2,565. Even though there are pluses and minuses, none appear to be more than timing issues. Overall, the Foundation had an operating deficit of $15,389. This was $86,643 lower than the budgeted operating deficit. This is very good news for the Foundation. Investment returns for December did not meet the budget, but as we mentioned above with the Academy, were positive.

On a year to date basis, the key number for the Foundation is the $1,408,991 in net income. This is $146,931 better than the budget. Both these numbers are very good for the Foundation. As you can see on A9, the Net Assets are now over $19.8M. It is possible they could reach beyond $20M when January is finished.

## VI. CDR December results (A11)

CDR had a very good month in December. Revenues were over budget by $14,355 while expenses were under budget by $115,519. I will not get into the details, but, everything seems to be fine. Looking at the year to date numbers, Even though CDR has an operating deficit of $812,375 it is $774,017 lower than the budget. Once you factor in the investment returns, CDR's net income is $1,254,502 better than the budget. These are very good numbers.

## VII. DPGS/MIGs December results (A12 and A16)

The combined DPGs/MIGs overall also had a very good month in December. Revenues were up by $62,989 (nearly recovering the under run from November). Even though expenses were higher by $2.4K, I would say this is pretty good. Most of the over runs are in travel which is being driven by FNCE expenses. Overall the DPGs/MIGs are reflecting a positive operating income of $129,077 which is $60,546 better than the budget. Year to date, the DPGS/MIGs have a combined operating income of $45,221. This is well above the budget. After factoring in the investment returns, you can see that the DPGS/MIGS have a net income of nearly $405,000. Again, this is well above the budget. Last month we had a couple of DPGs/MIGS slip below the 50% reserve level (A16). At the time, I mentioned this could be an anomaly due to timing. Well, this month only one remains and it is at 74%. So, none of the DPGS or MIGS really are in any financial distress. They are doing a great job.

## VIII. ACEND December results (A13)

ACEND also had a very good month in December. Revenues were below budget by $4,504. However, expenses were $8,524 below budget. So, ACEND performed well. Each month this is a broken record. ACEND continues to perform better than its budget. Through December, ACEND has an operating deficit of $30,204. This is over $109,000 better than their budget. So, this business is doing great.

## IX. ANDPAC December results (A14)

ANDPAC had a very good month in December. Revenues were over budget by $328 while expenses were under budget by $2,000. The PAC had an operating surplus of over $2K, adding

to its reserve levels. The PAC is in very good financial shape.

## X. Summary

In summary, December was a very good month for everyone except the Academy. However, the Academy is a net income of nearly $1.5M for the year above both the budget and where the Academy was last year at this time. In addition, the Academy has 73% in reserve. We are 7 months into the year and can begin to see the finish line. We still have a lot of uncertainty and we will continue to manage to help mitigate whatever we can.

You will receive a notification from Maria later today letting you know the information is on the portal. If you have any problems getting the information from the portal, please let me, Linda, Maria or Christian know. We will handle it right away. Also, if you have a conflict with our meeting on Wednesday and have not informed us, please do so. Finally, if you have any questions or concerns about any of the information above or anything put onto the portal, please feel free to call me at 800-877-1600 ext. 4730., or send me an e-mail.

Paul Mifsud

2503. Reminder about Public Policy Workshop

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, 'Alison' <als25@case.edu>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>
**Sent Date:** Jan 24, 2013 10:59:46
**Subject:** Reminder about Public Policy Workshop
**Attachment:** image001.jpg
image003.jpg

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Attached is the e-mail sent on January 17 asking if you will be attending PPW. As Ethan mentioned during the conference call, we are combining the Board meeting with PPW to facilitate your attendance at PPW. We encourage those of you who have not participated in PPW to do so, if your schedule permits. Expenses are of course covered. Please also note in the e-mail that your hotel room will be master-billed; booking information for your air transportation is also included in the e-mail.

Thank you!

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**

**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.**

120 South Riverside Plaza, Suite 2000

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jschwaba@eatright.org

**From:** Joan Schwaba
**Sent:** Thursday, January 17, 2013 5:58 PM
**To:** Becky Dorner; Diane Heller; Donna Martin ; Elise Smith ; Ethan A. Bergman; Evelyn Crayton; Glenna McCollum ; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; Mary K. Russell ; Nancy Lewis; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; Ulric Chung; Susan Burns; 'Alison'; Doris Acosta; Karen Lechowich; Chris Reidy
**Subject:** March Board Meeting/Public Policy Workshop

The Board of Directors meeting precedes the Public Policy Workshop (PPW) and is scheduled to convene at 8:00 am on Friday, March 8 and is expected to adjourn at 3:00 pm on Saturday, March 9. PPW is scheduled for March 10-12, concluding with Hill Visits the morning of the 12th. We encourage those of you who have not participated in PPW to attend. All other Board members are welcome to attend PPW as your schedule permits. The president, president-elect, immediate past president, speaker, speaker-elect, immediate past speaker and CEO are staying We know some of you have schedule conflicts so please let us know if you will be attending PPW and your departure information so we can secure hotel rooms and register you for the workshop.

Housing accommodations for the Board meeting and PPW are at the Omni Shoreham Hotel, 2500 Calvert Street, NW, and reservations will be made for your arrival on March 7 and departure on March 9 for the Board meeting and for those staying for PPW for departure on March 12. Your hotel room will be master-billed. You are now approved to make your travel arrangements for the meeting(s).

To book your travel for the March Board Meeting and PPW, please use the information that follows.

**Booking Your Travel Online -** click on this link: **https://adatvl.axo20.com/**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) Log in to your account using the User ID and Password you created when setting up your profile.*

*3) Search for and select your flights (book "non-refundable" fares only)*

*a. You have the option of searching by "Price" or "Schedule".*
*b. Click on your preferred airline if you only want to view their fares.*

4) *When asked to "Name your trip", you are required to enter the Meeting Name –* **March Board Meeting**

*5) When you reach the* ***Purchase Trip*** *page, enter* **103-2430** *into the* ***Approval Code*** *box in the* ***Reporting Information*** *section.*

*6) When you reach the Payment Options section, be sure to choose the "****Use a Stored Card****" option to ensure your Academy paid travel is billed correctly.*

*7) If you need assistance, call the support team at 800/238-9049, press "1" when prompted.*

Thank you!

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

phone: 312-899-4798

fax: 312-899-4765
jschwaba@eatright.org

2504. Daily News: Thursday, January 24, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 24, 2013 10:46:05
**Subject:** Daily News: Thursday, January 24, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
**Please note that some publications may require registration or a subscription to access online content.**

**Clearer food labels might help with healthy food choice: study**
http://www.chicagotribune.com/health/sns-rt-us-food-labelsbre90m1gb-20130123,0,133332.story
Source: Academy of Nutrition and Dietetics
http://www.eatright.org/Media/content.aspx?id=6442474462
Related FDA: - Nutrition Facts Label: 20 and Evolving
-Label Use Increasing
-Changes to be Proposed
-Online Resources Available
http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm334749.htm

**Try smaller bites, sips to eat less**
http://www.latimes.com/health/boostershots/la-heb-smaller-bites-sips-eat-less-20130123,0,5972920.story
Source:*PLoS One*
http://www.plosone.org/article/info:doi/10.1371/journal.pone.0053288

**Panel recommends changing name of common disorder in women**
**Urges further research to advance understanding and treatment of polycystic ovary syndrome**
http://www.nih.gov/news/health/jan2013/od-23.htm

**Fat-shaming may curb obesity, bioethicist says**
http://todayhealth.today.com/_news/2013/01/24/16664866-fat-shaming-may-curb-obesity-bioethicist-says?lite

**Ingredient in antibacterial soaps is polluting lakes**
The active ingredient (triclosan) in most antibacterial soaps may be more harmful than helpful, at least to the environment.
http://www.usatoday.com/videos/news/nation/2013/01/23/ingredient-in-antibacterial-soaps-is-polluting-lakes/1859747/

**Grocery chain bans products marketed to kids with cartoon characters**
http://www.foodnavigator-usa.com/Business/Grocery-chain-bans-products-marketed-to-kids-with-cartoon-characters

**In N.A.A.C.P., Industry Gets Ally Against Soda Ban**
http://www.nytimes.com/2013/01/24/nyregion/fight-over-bloombergs-soda-ban-reaches-courtroom.html?ref=health&_r=0

**Burger King (in UK) drops firm which supplied horse meat**
http://www.chicagotribune.com/business/sns-rt-us-britain-beef-burgerkingbre90n0ex-20130124,0,4601245.story

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Impact of Dietary Intervention on Weight Change in Subjects With Type 2 Diabetes (DIET)**
http://clinicaltrials.gov/ct2/show/NCT01232491?term=diet&rank=3

**MedlinePlus: Latest Health News**
-Longtime Smokers Lose a Decade of Life
-'Nightcaps' Don't Help You Sleep Better After All
-People With Egg Allergy Can Safely Get Flu Shot: Experts
-Study Questions Importance of 'Triggers' in Setting Off Migraines
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Five Tips to Lose Weight and Keep It Off**
(Marjorie Nolan Cohn, Academy Spokesperson quoted)
http://www.kmbz.com/Five-Tips-to-Lose-Weight-and-Keep-It-Off/15347874

**5 ways to stay healthy when fasting**
(Marie Spano, RD, Jennifer Gibson, RD &Marisa Moore, Academy Spokesperson all quoted)
http://www.cnn.com/2013/01/23/health/anthony-fasting/?hpt=hp_bn12

**Diner beware: Watchdog group points out high-calorie, high-fat dishes at popular chains**
(Paige Einstein, RD quoted)
http://www.courier-journal.com/article/20130123/PRIME06/301230094/1012/features/CSPI-highlights-restaurant-dishes-loaded-with-calories-and-fat

**Changing to a vegan diet is possible with planning**
(Ingrid Beardsley, RD quoted)
http://www.chicagotribune.com/health/bs-hs-expert-vegan-20130123,0,1650943.story

**Breademption? Balance between slices is key**
(Laura Jean, Dietitian/Australia quoted)
http://www.canberratimes.com.au/act-news/breademption-balance-between-slices-is-key-20130124-2d8zw.html

**City cops follow diet regime to be in shape**
(Medha Nagpal, Dietitian/India quoted)
http://www.hindustantimes.com/India-news/Haryana/City-cops-follow-diet-regime-to-be-in-shape/Article1-998935.aspx

**Your healthy smoothie? It could have more sugar than a can of cola**
(Gillian Killiner, Dietitian/UK quoted)
http://www.belfasttelegraph.co.uk/news/health/your-healthy-smoothie-it-could-have-more-sugar-than-a-can-of-cola-16264990.html

Make it easy, make it fun
(Andrea Holwegner, Dietitian/Canada quoted)
http://www.calgaryherald.com/life/Make+easy+make/7863261/story.html

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-17968-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2505. Eat Right Weekly - January 23, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 23, 2013 16:54:09
**Subject:** Eat Right Weekly - January 23, 2013
**Attachment:**

---

Eat Right Weekly
January 23, 2013

Manage Subscriptions
QuickLinks

On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

How Will Congressional Decisions on Nation's Finances Affect You?

Academy President Ethan Bergman, PhD, RD, FADA, CD, invites every member to participate in the Academy's 2013 Public Policy Workshop on March 10 to 12 to learn about the impact on members of decisions made on Capitol Hill.

Learn More >>
Improve Nutrition in Child and Senior Care Settings with the New USDA-HHS Tool

The U.S. Department of Agriculture and the Department of Health and Human Services has released a provider handbook for the Child and Adult Care Food Program to help programs develop healthier, more nutritious environments for children and older adults.

Learn More >>
Modernize and Improve Senior Nutrition Programs

The U.S. Administration on Aging and the Meals on Wheels Association of America have launched a series of interactive webinars that identify innovative and effective ways to modernize and improve senior nutrition programs.

Learn More >>
Competitive Foods Rules Inch Schools Closer to Dietary Guidelines

The U.S. Department of Agriculture announced that updated rules on the nutrition standards for competitive foods (foods sold in school stores, in vending machines, in a la carte lines or outside of the school meal program) are expected to be released in April.

Learn More >>
Academy Steps Into Political Scene of 2013

The Academy's Political Action Committee kicked off the New Year by supporting Rep. Mike Thompson (Calif.), a member of the influential Ways and Means Committee. Rep. Thompson continues to be a strong advocate for high-quality, affordable health care that provides families access to medical and preventative care services.

Learn More >>
Mobilize Data for Pressure Ulcers and Enter to Win Up to $60,000

Calling all Innovators: If you are tech-savvy and want to help prevent and treat pressure ulcers, enter the mobile device challenge and possibly win up to $60,000.

Learn More >>
Academy Champion Reappointed as Secretary of Agriculture

President Obama recently reappointed Tom Vilsack as head of the U.S. Department of Agriculture, which oversees many food and nutrition programs.

Learn More >>
IOM Report on SNAP Identifies Ways to Improve Program

A new report from the Institutes of Medicine examines the feasibility of establishing an objective, evidence-based definition of the adequacy of SNAP allotments in meeting the program's goals of improving food security and access to a healthy diet among low income Americans.

Learn More >>
Older Americans Nutrition Advocate Appointed AARP Virginia State President

On January 1, Academy consultant, expert on aging issues and medical nutrition therapy promoter Robert Blancato started in his new role as the Virginia state president of AARP.

Learn More >>

## CPE Corner

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

Learn More >>
New Webinar: "Hungry and Overweight"

At a February 26 webinar, gain a good understanding of factors that contribute to children being simultaneously hungry and overweight and learn how food insecurity affects children. Learn about services available to families and be inspired to get involved in hunger programs in your community.

Learn More >>
CPE Available via Webinars

Gestational diabetes, nutrition-focused physical exam and new Academy/ASPEN guidelines on adult malnutrition are just some of the upcoming webinar topics that offer members CPE from the convenience of office or home.

Learn More >>
New Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn 8 hours of CPEUs for $76.

Learn More >>
New Platform for All Online Learning Programs

Using a new web platform built on HTML5 and the latest technologies, members can now access all Professional Development online learning courses and online certificate of training programs from many of the most popular Internet devices, including iPads, iPhones, Android phones and tablets, as well as browsers including Internet Explorer, Mozilla Firefox, Apple Safari, Google Chrome and Opera. Please log in to receive member pricing.

Learn More >>

## Career Resources

New Home Food Safety Handouts

Teach your clients how to keep food safe when cooking at home with a new set of 16 handouts. Topics include how to defrost foods, cross-contamination, packing safe lunches and how to use a food thermometer.

Learn More >>
New Look, New Features for CDR Website

The Commission on Dietetic Registration's website has taken on a new look with enhanced features.

Learn More >>
Apply to Diversity Leader Program

The Academy's Diversity Leader Program, now in its fifth year, introduces members from underrepresented groups to leadership opportunities and professional resources. Members in the Active membership classification are eligible for the two-year program.

Learn More >>
In a Nutshell: New Downloadable Poster Shows Health Benefits, Culinary Uses of Nut Meats

An illustrated article in the January-February issue of the Academy's magazine Food and Nutrition details the mounting evidence showing the health benefits of nuts. A poster version of the article is now available for members to download for free.

Learn More >>
Academy Supports HIMSS13, Offers Sessions on Health Information Technology and Nutrition

New Orleans welcomes the 2013 HIMSS Annual Conference and Exhibition, March 3 to 7. More than 36,000 industry professionals will discuss health information technology issues and review innovative solutions designed to transform health care. The Academy is proud to support this annual event that helps HIT professionals make the right decisions for their organizations.

Learn More >>
Test Your Skills

The Academy's Professional Skills Review has links to current research articles and professional content, plus more than 650 multiple-choice questions to help you assess your knowledge. Save 10 percent in January.

Learn More >>

Call for FNCE Abstracts

Do you have new research or a successful program or project you would like to showcase? This is your opportunity to provide insights that lead to action for your colleagues. The Call for Abstracts for the 2013 Food and Nutrition Conference and Expo, October 19 to 22, in Houston, Texas, is now open.

Learn More >>
Apply for "Business of MNT Boot Camp"

Train to become an "MNT Business Leader" and kick-start your commitment to the financial health of your profession. Apply to attend "The Business of MNT Boot Camp," an intensive two-day program that will cover advanced-level billing for nutrition services, health care reform, marketing and more.

Learn More >>

## Academy Member Updates

Visit Elections Website to Learn About Your Academy Candidates

View biographical information for candidates on the Academy's 2013 national ballot. Voting takes place February 1 through February 22.

Meet the Candidates Forum

Meet the candidates for Academy president-elect in a January 29 webinar, to be held from 1 p.m. to 2 p.m. Central Time. Past President Susan Laramee, MS, RD, LDN, will pose questions to candidates Sonja Connor, MS, RD, LD, and Evelyn Crayton, EdD, RD, LD, to help members gain insight to their perspectives and views. Register early; this webinar is limited to 1,000 participants.

RD Day Contest Could Put Your Picture in Times Square

In celebration of Registered Dietitian Day on March 13 and in appreciation for all you do to improve the nutritional health of Americans and people around the world, the Academy is hosting a special contest to feature a member in New York City's Times Square.

Learn More >>
National Nutrition Month: Everyone Is Different!

The Academy's National Nutrition Month theme Eat Right, Your Way, Every Day encourages personalized healthy eating styles. Resources and the product catalog can help you promote this message with clients and patients.

Learn More >>
Promote the Dietetics Profession: Apply to Become an Academy Spokesperson

Academy members with media experience are invited to apply to become an Academy Spokesperson and help make registered dietitians the media's go-to source for food and nutrition information. Application deadline is February 1.

Learn More >>
Member Honored by NPUAP

Academy member Mary Ellen Posthauer, RD, LD, CD, recently was named the recipient of the National Pressure Ulcer Advisory Panel's prestigious Kosiak Award.

Learn More >>

## Philanthropy, Awards and Grants

Scholarships Application Deadline Is February 15

The application deadline is February 15 for graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician, registered scholarships. Get information about the scholarship program and download an application.

Food Safety Student Challenge Scholarships Deadline Is February 1

Nine student scholarships of $4,500 are available through the Academy Foundation/ConAgra Foods' Food Safety Student Challenge. The application deadline is February 1.

Learn More >>
Foundation Awards Application Deadline Is February 1

The deadline is February 1 to apply for many of the Foundation's continuing education, international and program development awards. Get information about the awards program, new awards and download an application.

Last Chance to Apply: Kids Eat Right Mini-Grant Opportunity

The application deadline is January 25 to apply for $200 mini-grants that support the use of Kids Eat Right toolkits by Campaign members.

Learn More >>
Help Fund the Foundation of Your Profession

Make a New Year's resolution that will leave a lasting impact: Include the Academy of Nutrition and Dietetics Foundation in your estate planning. Being part of the I WILL Legacy Society ensures the Foundation has support to continue its mission of advancing public health and nutrition utilizing the expertise of registered dietitians.

Learn More >>
Support Profession through Eat Right Society

The Eat Right Society is a giving society for annual donations to the Foundation totaling $250 or more for scholarships, research, Kids Eat Right or the Annual Fund.

Learn More >>
Meet the Challenge

Kids Eat Right Campaign member registered dietitians in Iowa are working in 30 schools to establish Energy Balance Teams to improve the schools' wellness environment and assist in applying for the U.S. Department of Agriculture's Healthier US School Challenge awards.

Learn More >>
Seeking New Resources?

The Kids Eat Right member website has been updated to include new resources to help you be successful in Campaign member actions.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2506. Last Chance to Save on Academy Dues!

**From:** The Academy of Nutrition and Dietetics <Membership@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 23, 2013 16:38:49
**Subject:** Last Chance to Save on Academy Dues!
**Attachment:**

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Having trouble viewing this email? View it in your browser.
**Save Some Green!**

Dear Donna,

This is your **last chance** to take advantage of the Academy of Nutrition and Dietetics' early renewal program...

Your dues are set to increase by 3% for the 2013-2014 membership year. However, if you take advantage of this special offer and renew your 2013-2014 Academy membership electronically **by January 31**, you will still pay the current 2012-2013 rate.

Your unique invoice link (above) will also offer you the option to receive future Academy dues statements via e-mail. It's simple, fast and good for the environment.

Here's an advance copy of the Academy's 2013-2014 Member Benefits Guide for a sampling of what we'll be offering our members next year.

Thanks again and take care!

*Ethan Bergman, PhD, RD, FADA, CD*
**2012-2013 President**
**Academy of Nutrition and Dietetics**

Membership announcements are sent to you as member of the Academy of Nutrition and Dietetics.
If you prefer not to receive future alerts, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us** Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2507. RE: Report on Sponsorship

**From:** Harold Holler <HHOLLER@eatright.org>
**To:** Patricia Babjak <PBABJAK@eatright.org>, Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jan 23, 2013 16:20:47
**Subject:** RE: Report on Sponsorship
**Attachment:** image001.jpg

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Good afternoon

I want to take the opportunity to respond about the role that the HEN DPG may have played in report released today. I want you to know that the Executive Committee of HEN DPG has been working behind the scenes to dissuade their members from interacting with Michele Simon in formal and informal communications. This effort has been done in consultation with the DPG/MIG/Affiliate Relations Team and with assistance from Strategic Communications. They have defended the Academy in various situations in the past and continue to do so-they do not wish harm to their professional organization.

The relationship with HEN DPG has improved significantly over the last several years and we have discussed issues such as corporate sponsorship. It has always been done in a respectful and meaningful manner as they care about the profession and Academy. So, while HEN DPG may not all agree on the approach to corporate sponsorship, it is important to keep an open dialogue and to be supportive to one another. I want you to know that the HEN leadership is behind the Academy.

In such a situation, it is helpful to maintain a balance in our thinking.

Harold

**Harold J. Holler, RD, LDN**

*Vice President, Governance &Practice*

**Academy of Nutrition and Dietetics**

**(formerly the American Dietetic Association)**
120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org
www.eatright.org

**From:** Patricia Babjak
**Sent:** Wednesday, January 23, 2013 12:23 PM
**To:** Becky Dorner; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Evelyn Crayton; Glennacac@aol.com; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Patricia Babjak; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; Ulric Chung; Chris Reidy; Susan Burns; Alison Steiber; Doris Acosta; Karen Lechowich
**Subject:** Report on Sponsorship
**Importance:** High

You have probably seen that Michele Simon this morning released her report on the Academy's corporate sponsorship program and an article on the program has appeared in today's *New York Times*. Copies of the report and the *Times* article are attached to this email. This is the report and article that we discussed in our January 18 email to you.

As we anticipated, the report is a mixture of facts – most of which were obtained from publicly accessible pages on the Academy's website – and opinion and speculation on Ms. Simon's part.

There is one indisputable fact in the report about the Academy's sponsorship program: We have one. The majority of the report consists of these publicly available facts filtered through Ms. Simon's opinions, many of which she has previously written about. She is of course entitled to her opinions.

While the Academy will not engage in point-by-point rebuttals to the report, we will make it clear that the Academy does not tailor its messages or programs in any way due to influence by corporate sponsors and that Ms. Simon's report does not provide evidence to the contrary.

The "recommendations" in the report consist mainly of things that we are already doing. For example, we are transparent. We post our Annual Report to the website, after the financial statements are approved by independent auditors.

A great deal of Ms. Simon's report is based on HEN's 2011 survey, which was not statistically representative of our entire membership. This is misleading. The fact is, each year the Academy utilizes Performance Research, an independent, third-party research company, to examine a random selection of members that is a statistically sound representation of the Academy membership as a whole. The results from these representative surveys have shown an increased awareness and continued support of the sponsorship program.

The callout to HEN in the recommendations and references sections also indicates HEN members were sources.

Much of the report is drawn from the Academy's own public materials – a testament to our commitment to transparency in candor in all our actions, including corporate sponsorship. Of the 67 references at the end of Ms. Simon's report, at least 24 (more than one-third) are information from the Academy and the Foundation's websites; the Commission on Dietetic Registration's website; and research articles published by Academy members. Many of the references are to previous blog postings by Ms. Simon herself.

We understand that members will have questions about this report and the Academy's reaction to it. It is important that we remind members to not take all information they see at face value, but to consider the source (in this case, an advocate who is predisposed to find fault with the Academy) and seek out the facts.

This afternoon, we will post a statement to our website that will include excerpts from Ethan Bergman's March *Journal* President's Page, which is on an especially timely topic: the need for members and the entire Academy to be leaders in disseminating accurate information to the public. To quote one paragraph from President Bergman's column:
*The Academy's Media Spokesperson Policy requires those who speak on the Academy's behalf to "provide – and when necessary, seek out – accurate information when acting as a source for the media, the public and Academy members or any other audience." This is good advice for us all. Another pertinent old saying comes from the field of journalism: "If your mother says she loves you – check it out!"*

We have planned and will implement a social media strategy incorporating Facebook, Twitter and other platforms to encourage all members to "check it out" and draw their own conclusions, separating fact from opinion. Spokespeople will be front and center on the outreach. As a note, we have already seen online comments in which RDs are taking issue with the opinions expressed by Ms. Simon and her supporters. We anticipate more of this fact-checking and support for the Academy to continue. We will also send a link to the statement to the affiliates, DPGs and MIGs.

Finally, if you are contacted by anyone from the news media for comment on this report, please politely decline to comment and refer the caller to the Academy's Strategic Communications Team at media@eatright.org.

Thank you and please let me know if you have any questions or comments.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL  60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2508. Report on Sponsorship update

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Alison Steiber <ASteiber@eatright.org>
**Sent Date:** Jan 23, 2013 16:18:48
**Subject:** Report on Sponsorship update
**Attachment:** Seek out the Facts.pdf

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We wanted to give you an update on the report released this morning. Attached is the message to members from Ethan that will be posted on eatright.org and the link will be distributed to the HOD, affiliates, DPGS, and MIGS. Spokespeople will be involved in our social media efforts.

To date, we have received only two media requests on the report. One from a freelancer writing for *The Atlantic,* who had previously contacted us, and the other from a writer with *Food Business News*. On the social media front, there have been approximately 80 mentions via Twitter. Among a social media community that is 6,100 (@eatrightpro) and 15,616 (@eatright) strong, this engagement is quite minimal and the postings are limited to about a dozen of the usual suspects.

We will continue to keep you posted. Please let me know if you have any questions.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

**From:** Patricia Babjak
**Sent:** Wednesday, January 23, 2013 12:23 PM
**To:** Becky Dorner; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; Elise Smith ; Ethan A. Bergman; Evelyn Crayton; Glennacac@aol.com; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; peark02@outlook.com; Nancylewis1000@gmail.com; Patricia Babjak; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; Ulric Chung; Chris Reidy; Susan Burns; Alison Steiber; Doris Acosta; Karen Lechowich
**Subject:** Report on Sponsorship
**Importance:** High

You have probably seen that Michele Simon this morning released her report on the Academy's corporate sponsorship program and an article on the program has appeared in today's *New York Times*. Copies of the report and the *Times* article are attached to this email. This is the report and article that we discussed in our January 18 email to you.

As we anticipated, the report is a mixture of facts – most of which were obtained from publicly accessible pages on the Academy's website – and opinion and speculation on Ms. Simon's part.

There is one indisputable fact in the report about the Academy's sponsorship program: We have one. The majority of the report consists of these publicly available facts filtered through Ms. Simon's opinions, many of which she has previously written about. She is of course entitled to her opinions.

While the Academy will not engage in point-by-point rebuttals to the report, we will make it clear that the Academy does not tailor its messages or programs in any way due to influence by corporate sponsors and that Ms. Simon's report does not provide evidence to the contrary.

The “recommendations” in the report consist mainly of things that we are already doing. For example, we are transparent. We post our Annual Report to the website, after the financial statements are approved by independent auditors.

A great deal of Ms. Simon’s report is based on HEN’s 2011 survey, which was not statistically representative of our entire membership. This is misleading. The fact is, each year the Academy utilizes Performance Research, an independent, third-party research company, to examine a random selection of members that is a statistically sound representation of the Academy membership as a whole. The results from these representative surveys have shown an increased awareness and continued support of the sponsorship program.

The callout to HEN in the recommendations and references sections also indicates HEN members were sources.

Much of the report is drawn from the Academy’s own public materials – a testament to our commitment to transparency in candor in all our actions, including corporate sponsorship. Of the 67 references at the end of Ms. Simon’s report, at least 24 (more than one-third) are information from the Academy and the Foundation’s websites; the Commission on Dietetic Registration’s website; and research articles published by Academy members. Many of the references are to previous blog postings by Ms. Simon herself.

We understand that members will have questions about this report and the Academy’s reaction to it. It is important that we remind members to not take all information they see at face value, but to consider the source (in this case, an advocate who is predisposed to find fault with the Academy) and seek out the facts.

This afternoon, we will post a statement to our website that will include excerpts from Ethan Bergman’s March *Journal* President’s Page, which is on an especially timely topic: the need for members and the entire Academy to be leaders in disseminating accurate information to the public. To quote one paragraph from President Bergman’s column:
*The Academy’s Media Spokesperson Policy requires those who speak on the Academy’s behalf to “provide – and when necessary, seek out – accurate information when acting as a source for the media, the public and Academy members or any other audience.” This is good advice for us all. Another pertinent old saying comes from the field of journalism: “If your mother says she loves you*

*– check it out!”*

We have planned and will implement a social media strategy incorporating Facebook, Twitter and other platforms to encourage all members to “check it out” and draw their own conclusions, separating fact from opinion. Spokespeople will be front and center on the outreach. As a note, we have already seen online comments in which RDs are taking issue with the opinions expressed by Ms. Simon and her supporters. We anticipate more of this fact-checking and support for the Academy to continue. We will also send a link to the statement to the affiliates, DPGs and MIGs.

Finally, if you are contacted by anyone from the news media for comment on this report, please politely decline to comment and refer the caller to the Academy’s Strategic Communications Team at media@eatright.org.

Thank you and please let me know if you have any questions or comments.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC’S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2509. Report on Sponsorship

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glennacac@aol.com <Glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jan 23, 2013 13:22:46
**Subject:** Report on Sponsorship
**Attachment:** Screen shot 2013-01-23 at 4.40.18 AM.PNG
AND_Corporate_Sponsorship_Report.pdf
Report Questions Nutrition Group's Use of Corporate Sponsors - NYTimes.c....pdf

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Thank you and please let me know if you have any questions or comments.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
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2510. Daily News: Tuesday, January 22, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 22, 2013 11:35:52
**Subject:** Daily News: Tuesday, January 22, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
**Please note that some publications may require registration or a subscription to access online content.**

**March is National Nutrition Month®! Eat Right, Your Way, Every Day. Visit www.eatright.org/nnm for new NNM catalog, toolkit, handouts, games and recipes.**

**Stigma Against Fat People the Last Acceptable Prejudice, Studies Find**
http://abcnews.go.com/Health/stigma-obese-acceptable-prejudice/story?id=18276788
Join the ABC News Tweet Chat About Obesity Prevention and Treatment Today at 1p.m. ET
(Margorie Nolan Cohen, Academy Spokesperson will represent the Academy)

**Put a Stop to 'Do I Look Fat?'**
**When One Partner Is Overweight, Resolving Conflict in the Relationship Takes Two**

http://online.wsj.com/article/SB10001424127887323940004578255722852474856.html?mod=googlenews_wsj

**And the healthiest state in the U.S. is ...**
http://todayhealth.today.com/_news/2013/01/22/16509094-and-the-healthiest-state-in-the-us-is?lite
Related Resource: Eat Healthy - Be Active Community Workshops
Six one-hour workshops were developed, based on the *Dietary Guidelines for Americans, 2010* and *2008 Physical Activity Guidelines for Americans*.
http://www.health.gov/dietaryguidelines/workshops/

**Which Nutritional Factors Help Preserve Muscle Mass, Strength and Performance in Seniors?**
http://www.sciencedaily.com/releases/2013/01/130118111714.htm

Source: International Osteoporosis Foundation
http://www.osteofound.org/which-nutritional-factors-help-preserve-muscle-mass-strength-and-performance-seniors

**Feel-good food may be addictive, though direct evidence has not been found**
http://www.washingtonpost.com/national/health-science/feel-good-food-may-be-addictive-though-direct-evidence-has-not-been-found/2013/01/21/28d9833e-1edf-11e2-9cd5-b55c38388962_story.html

**Study: Obese drivers more likely to die in crashes**
http://www.usatoday.com/story/news/nation/2013/01/21/obese-drivers-death-risk/1846475/
Source:*Emergency Medicine Journal*
http://emj.bmj.com/content/early/2013/01/16/emermed-2012-201859.short?g=w_emj_ahead_tab

**Blacks face tougher time finding kidney for transplant**
http://www.usatoday.com/story/news/health/2013/01/21/blacks-tougher-finding-kidney-transplants/1851737/

**Microbes Linked to Colic in Babies**
http://well.blogs.nytimes.com/2013/01/21/microbes-linked-to-colic-in-babies/?ref=health
Source: *Pediatrics*
http://pediatrics.aappublications.org/content/early/2013/01/08/peds.2012-1449.abstract?sid=947fcb3d-5fff-4ebd-a27b-3aeeffccf327

**ADHD rates creeping up in California**
http://www.chicagotribune.com/health/sns-rt-us-adhd-californiabre90k0v9-20130121,0,3775770.story
Source: *JAMA Pediatrics*
http://archpedi.jamanetwork.com/article.aspx?articleid=1558056#qundefined

**Restrictive policies in hospices may discourage patients from enrolling**
http://www.washingtonpost.com/national/health-science/restrictive-policies-in-hospices-may-discourage-patients-from-enrolling/2013/01/18/0be7ab90-5ff1-11e2-a389-ee565c81c565_story.html
Source: *Health Affairs*
http://content.healthaffairs.org/content/31/12/2690.abstract

**Traces of melamine from dinnerware can seep into food, study says**
http://www.latimes.com/health/boostershots/la-heb-melamine-bowls-soup-20130121,0,2109938.story
Source:*JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1558449#qundefined

**Canola oil secures GRAS status in infant formula after Danone petition gets green light**
http://www.foodnavigator-usa.com/Regulation/Canola-oil-secures-GRAS-status-in-infant-formula-after-Danone-petition-gets-green-light

**Influenza Sorbet: Cold Remedy Comes in Dessert Form**
http://abcnews.go.com/blogs/health/2013/01/21/influenza-sorbet-cold-remedy-comes-in-dessert-form/

**Kraft enters sports nutrition market with new MiO Fit water enhancer variant**
http://www.foodnavigator-usa.com/Market/Kraft-enters-sports-nutrition-market-with-new-MiO-Fit-water-enhancer-variant
Source: Kraft
http://www.kraftbrands.com/mio/energy_mio.html

**Hospitals super-sizing equipment for obese patients**
http://www.usatoday.com/story/news/nation/2013/01/21/hospitals-doctors-obesity-equipment/1851299/

**CAT Squared launches mobile food safety software**
http://www.foodnavigator-usa.com/Business/CAT-Squared-launches-mobile-food-safety-software
Related Resource: FAQ-Are there Resources Available to Help Me Choose Computer Software?
http://www.eatright.org/Members/content.aspx?id=1061

**Health Tip: Curb Late-Night Snacking**
**Be honest about why you have the urge**
(Source: Academy of Nutrition and Dietetics)
http://www.nlm.nih.gov/medlineplus/news/fullstory_133177.html

**MedlinePlus: Latest Health News**
-Close to half of kids late receiving vaccines: study
-Hearing Loss May Hasten Mental Decline
-Obese Patients Urged to Lose Weight Before Kidney Transplant
-How to Tell If Your Child Is Too Sick for School: Expert
-Docs' 'Cultural Competence' May Boost HIV Care
Study finds that a physician's awareness of needs of diverse patient population is key
-Doctor Explains Why Flu a Greater Threat to Seniors
Weaker immune system, dehydration risks and less mobility all can make illness more dangerous
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Are you an RD who is active in print, broadcast and/or online media?**
**Apply to become an Academy Spokesperson today! Serve as the face and voice of your profession. The deadline to apply is February 1st. Learn more here:**
http://www.eatright.org/members/spokespersonapplication

**Dietitians do more than tell you what to eat**
(Dee Sandquist, Academy Spokesperson, quoted)
http://www.chicagotribune.com/classified/jobs/chi-role-call-dietitians-do-more-than-tell-you-what-to-eat-20130118,0,4425539.story

**Immune-boosting foods raise flu defense**
(Heather Mangieri, Academy Spokesperson quoted)
http://www.sunstar.com.ph/cebu/lifestyle/2013/01/22/immune-boosting-foods-raise-flu-defense-264155

**N.C. State nutritionists hope to change bad habits one step at a time**
(Lisa Eberhart, RD &Claye Paca, Dietetic Intern both quoted)
http://www.newsobserver.com/2013/01/22/2622598/nc-state-nutritionists-hope-to.html

**Diet soda is not necessarily better**
(By Jeanine Stice, RD)
http://www.statesmanjournal.com/article/20130122/COLUMN0702/301220032/Diet-soda-not-necessarily-better
**Cart Smarts: Yes, even dietitians eat tacos**
(By Kaitlin Anderson, RD)
http://www.postbulletin.com/life/food/cart-smarts-yes-even-dietitians-eat-tacos/article_935f9925-f645-5509-b5a8-a20a216dbdd2.html

**The soul of food at root of diabetes debate**
(Ann Albright, RD quoted)
http://www.usatoday.com/story/news/nation/2013/01/21/soul-food-diabetes-debate/1853697/

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2511. Daily News: Monday, January 21, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 21, 2013 11:18:28
**Subject:** Daily News: Monday, January 21, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
**Please note that some publications may require registration or a subscription to access online content.**

**Weight Stays Off Long Term After Bariatric Surgery**
http://www.medpagetoday.com/Surgery/GeneralSurgery/36926
Source: *Annals of Surgery*

http://journals.lww.com/annalsofsurgery/Fulltext/2013/01000/Long_Term_Outcomes_After_Bariatric_Surgery_.13.aspx
Related Resource: Complete Counseling Kit for Weight Loss Surgery
https://www.eatright.org/shop/product.aspx?id=6442472279

**Weight loss 'is body's way of fighting off gut worms'**
http://www.bbc.co.uk/news/health-21060527
Source: *PLoS Pathogens*
http://www.plospathogens.org/article/info%3Adoi%2F10.1371%2Fjournal.ppat.1003122

**U.S. allows chemicals in food that are illegal elsewhere**
http://www.sun-sentinel.com/health/ct-met-banned-food-practices-20130121,0,5307425,full.story

**7 ways to revamp your space for weight loss success**
http://www.cnn.com/2013/01/18/health/gallery/change-environment-weight-loss/index.html?hpt=he_c2

**Study Finds How Genes That Cause Illness Work**
http://www.nytimes.com/2013/01/21/health/study-pinpoints-what-activates-disease-causing-genes.html?ref=health&_r=0
Source: *Nature Biotechnology*

http://www.nature.com/nbt/journal/vaop/ncurrent/abs/nbt.2487.html

**Lifesize weight-control system takes measure of portion control**
http://www.latimes.com/health/la-he-gadget-life-size-20130119,0,1967162.story

**Monster beverage Corporation Alarmist DAWN report is highly misleading**
http://www.foodnavigator-usa.com/Market/Monster-Beverage-Corporation-Alarmist-DAWN-report-is-highly-misleading
Source: *DAWN Report*
http://www.samhsa.gov/data/2k13/DAWN126/sr126-energy-drinks-use.pdf

**Registered Dietitians in the News**

**Grapefruit not only food that can affect medication**
(Christine Gerbstadt, Academy Spokesperson quoted)
http://www.usatoday.com/story/news/nation/2013/01/20/food-drug-interactions/1827229/
**Crack FDA team deployed to make sure food at inauguration is safe**
(Rachel Berman, RD quoted)
http://www.latimes.com/health/boostershots/la-heb-fda-food-safety-inauguration-calories-20130118,0,1588662.story

**Live Interview: 5 Simple Swaps to Lose Weight**
(Jen Haugen, RD featured)
http://www.kaaltv.com/article/stories/S2900994.shtml?cat=10151

**Make Goals, Not Resolutions!**
(Marcia Crawford, RD featured)
http://www.indianasnewscenter.com/insight/Dietitian-Marcia-Crawford---Make-Goals-Not-Resolutions-187475411.html?vid=a

**Mountain Medicine: Consumption of sports drinks by children, teens problematic**
(By Sheila Walsh, RD)
**http://azdailysun.com/lifestyles/health-med-fit/columnists/mountain-medicine-consumption-of-sports-drinks-by-children-teens-problematic/article_36bbc5ce-511a-5167-8af4-680d378470ac.html**

**An apple a day can help keep illness away**
(Gina Dolenti, RD quoted)
http://www.wxow.com/story/20636514/2013/01/20/an-apple-a-day-can-help-keep-illness-away

**Aussie kids tipping the scales**
(Kyla Smith/ dietitian/Australia quoted)

http://www.abc.net.au/local/audio/2013/01/21/3673614.htm?site=southwestwa

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or send a blank email to leave-17879-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2512. New York Times Story

**From:** Doris Acosta <dacosta@eatright.org>
**To:** Joan Schwaba <JSchwaba@eatright.org>, Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ryan O'Malley <romalley@eatright.org>, Jennifer Horton <Jhorton@eatright.org>
**Sent Date:** Jan 18, 2013 17:24:44
**Subject:** New York Times Story
**Attachment:** image001.jpg

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To the Academy's Board of Directors:

This is to alert you that the Academy's Strategic Communications Team has had several contacts in the past week with Stephanie Strom, a reporter for the *New York Times*, on an article she is writing for their online newspaper. It appears to be based on a report on the Academy's corporate sponsorship program being prepared by Michele Simon, who as you know has been critical of the program and the Academy in numerous articles and blog postings. We have every reason to believe her new "report" will be critical of the Academy as well.

The reporter's questions were based on Ms. Simon's report and they are working closely together on the story. Despite our request, the reporter has declined to provide us with a copy of the report. Since the report has not been shared with us, we cannot comment on a document we have not seen and we have declined her request for an interview at this time. However, we also emphasized that we would be happy to answer any questions after the report is published and we have had the opportunity to review it.

We anticipate that Ms. Simon will continue to share inaccurate and misleading information in the report. We know that she has been providing the reporter with names and contact information for

Academy members and staff. We also know that Michele is in regular communication via social media channels with the reporter and HEN DPG members have also been sharing information in the exchange. If you are contacted by either Ms. Simon or Ms. Strom, please politely decline to comment and direct them to Strategic Communications at media@eatright.org.

We will closely monitor this situation and keep you updated. Please let me know if you have any questions or concerns. Thank you very much.

**Doris Acosta**

*Director of Strategic Communications*

**Academy of Nutrition and Dietetics**

**(formerly the American Dietetic Association)**
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2513. CONFIRMATION - NOVEMBER 2013 - DENVER, COLORADO

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** Donna Martin <dmartin@burke.k12.ga.us>, 'caj@ <bcm.tmc.edu' caj@bcm.tmc.edu>, Cobb, Kathy <kathy.cobb@snet.net>, Davies, Gwen <gwen.davies@mindspring.com>, DebraKibbe <dlkibbe@gmail.com>, GailFrank <Gail.Frank@csulb.edu>, Horan, Michelle <mhoranrd@gmail.com>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, MarcJacobson <daktah@gmail.com>, Miles, Aida <aida.miles@gmail.com>, Nogueira, Isadora <isadora.v.nogueira@gmail.com>, Sothern, Melinda <msothe@lsuhsc.edu>, danaeg@ <berkeley.edu danaeg@berkeley.edu>, ncopper@ <nshs.edu ncopper@nshs.edu>, shassink@ <NEMOURS.ORG shassink@NEMOURS.ORG>
**Sent Date:** Jan 18, 2013 13:31:43
**Subject:** CONFIRMATION - NOVEMBER 2013 - DENVER, COLORADO
**Attachment:** image001.jpg

---

Thank you for providing your availability for this program. Based on your availability, we are beginning the contractual process with the Hyatt Regency to schedule a Certificate of Training in Childhood and Adolescent Weight Management program on November 22-24, 2013 (Friday – Sunday). I will let you know when the contact has been signed.

Please let me know if you have any questions or concerns. Have a good weekend!

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
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120 South Riverside Plaza, Suite 2000

Chicago, IL  60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Pearlie Johnson
**Sent:** Friday, January 11, 2013 12:21 PM
**To:** 'Donna Martin'; 'caj@; Cobb, Kathy; Davies, Gwen; DebraKibbe; GailFrank; Horan, Michelle; Kirk, Shelley; MarcJacobson; Miles, Aida; Nogueira, Isadora; Sothern, Melinda; danaeg@; ncopper@; shassink@
**Subject:** RE: AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO

We have offered programs the weekend before Thanksgiving, and we had good attendance. Hopefully, the same here.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
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Chicago, IL  60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

**From:** Donna Martin [mailto:dmartin@burke.k12.ga.us]
**Sent:** Friday, January 11, 2013 12:11 PM
**To:** 'caj@; Cobb, Kathy; Davies, Gwen; DebraKibbe; GailFrank; Horan, Michelle; Pearlie Johnson; Kirk, Shelley; MarcJacobson; Miles, Aida; Nogueira, Isadora; Sothern, Melinda; danaeg@; ncopper@; shassink@
**Subject:** Re: AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO

That date looks good for me.  The only caution I have is that is the weekend before Thanksgiving and I don't know if that will affect attendance.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 1/11/2013 12:57 PM >>>

We are exploring options for a Fall 2013 Certificate of Training in Childhood and Adolescent Weight Management program. We have located hotel availability for November 22-24, 2013 (Friday through Sunday) in Denver. Are you available?

Thank you and have a good weekend.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

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fax: 312-899-4772

pjohnson@eatright.org

2514. Daily News & Journal Review: Friday, January 18, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 18, 2013 11:11:34
**Subject:** Daily News & Journal Review: Friday, January 18, 2013
**Attachment:**

---

**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
**Please note that some publications may require registration or a subscription to access online content.**

**March is National Nutrition Month®! For 2013 the Academy encourages everyone to Eat Right, Your Way, Every Day. Visitwww.eatright.org/nnmfor new NNM catalog, toolkit, handouts, games and recipes.**

**Report questions U.S. food stamp program's effectiveness**
http://www.chicagotribune.com/sns-rt-usa-foodstamps-update-1l1e9chkxm-20130117,0,893471,full.story
Source: National Academy of Sciences - *Supplemental Nutrition Assistance Program: Examining the Evidence to Define Benefit Adequacy*
http://www.nap.edu/catalog.php?record_id=13485
*Related Resource: SNAP*
http://www.fns.usda.gov/snap/

**More lives being saved: Cancer death rates drop 20%**
http://www.cnn.com/2013/01/17/health/brawley-annual-cancer-report/index.html?hpt=he_c2
Source: *Cancer Journal for Clinicians*
http://onlinelibrary.wiley.com/doi/10.3322/caac.21166/full

**Find the Right Diet**
http://todayhealth.today.com/_news/2013/01/18/16571504-finding-the-right-diet-book-for-you?lite

**Could creaminess help carbs match protein for satiating power**
http://www.foodnavigator-usa.com/Science/Could-creaminess-help-carbs-match-protein-for-satiating-power
Source: *British Journal of Nutrition*

http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8819664&fulltextType=RA&fileId=S0007114512005375

**New Lyme disease-like infection is on the map in U.S.**
http://www.latimes.com/health/boostershots/la-heb-new-disease-organism-lyme-20130117,0,3993101.story
Source:*The New England Journal of Medicine*
http://www.nejm.org/doi/full/10.1056/NEJMoa1209039

**Yoplait targets tweens with ProForce Greek yogurt**
http://www.foodnavigator-usa.com/Business/Yoplait-targets-tweens-with-Pro-Force-Greek-yogurt

**Legislators seek info from energy drink manufacturers**
http://www.foodnavigator-usa.com/Regulation/Legislators-seek-info-from-energy-drink-manufacturers

**BPA ban close for baby food containers in Maine**
http://www.foodnavigator-usa.com/Regulation/BPA-ban-close-for-baby-food-containers-in-Maine

**MedlinePlus: Latest Health News**
-Buy Breast Pumps With Caution, FDA Says
-Childhood Obesity Rates Drop in New York City, Los Angeles: Study
-Not All Whole Grain Products Are Created Equal, Study Claims
-Whole body vibration may help elderly get up and go
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**New Year, New You: Control portions with MyPlate**
(By Brittany Johnston RD &Nicole Seaberg, Dietetic Intern)
http://www.jamestownsun.com/event/article/id/177790/group/homepage/

**7 ways to revamp your space for weight loss success**
(Stephanie Rost, RD quoted)
http://www.cnn.com/2013/01/18/health/gallery/change-environment-weight-loss/?hpt=he_c1

**5 healthy eating habits to adopt this year**
(Janet Helm, RD quoted)
http://www.metro.us/newyork/life/article/1160029--5-healthy-eating-habits-to-adopt-this-year

**Getting kids to eat healthy begins with parents**
(Patrice Isabella, RD, Joy Musselman, RD &Kristen Strong, RD all quoted)

http://www.ksl.com/?nid=148&sid=23769122

**New Diet Tells You When To Eat, Not What To Eat**
(Jo Ann Hattner, RD quoted)
http://newyork.cbslocal.com/2013/01/17/seen-at-11-new-diet-tells-you-when-to-eat-not-what-to-eat/

**Start 2013 on a Slim Note**
(Jessica Cox, RD featured)
http://www.foxcharlotte.com/rising/rising-health/Start-2013-on-a-Slim-Note-185281982.html

**Why the word natural is my least favorite word on a label**
(By Kati Mora, RD)
http://www.themorningsun.com/article/20130117/LIFE03/130119718/kati-mora-why-the-word-natural-is-my-least-favorite-word-on-a-label

**Satisfy Your Junk food cravings with these healthy snacks**
(Joy Bauer, RD featured)
http://www.today.com/id/29054368/vp/47551805#47551805

**Rising cost of healthy eating makes shopping a challenge**
(Elsie Azevedo, Dietitian/Canada quoted)
http://www.northumberlandtoday.com/2013/01/17/rising-cost-of-healthy-eating-makes-shopping-a-challenge

**Journal Review**
**Did you know you can get the articles listed in the Journal Review?**
You can for a nominal charge of $10 each.
Fill out the form listed at the link below.
(i.e.: *J Am Diet Assoc*. 1992 Mar;92(3):319-24.
Dietary practices of ballet, jazz, and modern dancers.)
http://tinyurl.com/article-order

**Interested in getting other articles?**
Register for our document ordering service here:
www.eatright.org/Members/content.aspx?id=1197

***British Journal of Nutrition*, January 2013**
http://journals.cambridge.org/action/displayIssue?jid=BJN&volumeId=109&seriesId=0&issueId=01
An evaluation of the IDEEA activity monitor for estimating energy expenditure
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8801986&fulltextType=RA&fileId=S0007114512000645

Socio-demographic and lifestyle determinants of Western-like and Health conscious dietary patterns in toddlers
http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8801995&fulltextType=RA&fileId=S0007114512000682

***Clinical Nutrition Insight*, January 2013**
(Subscription required)
http://journals.lww.com/clinnutrinsight/pages/default.aspx
-Score One for Supplements: Daily Multivitamin Shows Small Cancer Benefit
-High-Dose Multivitamins in HIV Infection
-Diet and Asthma: Trial Tests Role for Increased Antioxidant Intake
-Selenium and Prostate Cancer: Where Do We Go From Here?
-Can Vitamin C Lower Blood Pressure?
-Genetic Variants Influence Risk From Low Vitamin D
-Ambiguous Results for Vitamins D2 and D3

***European Journal of Clinical Nutrition*, January 2013 Supplement**
**-Bioelectrical Impedence Analysis**
(Access abstracts at link below)
http://www.nature.com/ejcn/journal/v67/n1s/index.html
-Evolution of bioimpedance: a circuitous journey from estimation of physiological function to assessment of body composition and a return to clinical research
-Bioelectrical impedance validation studies: alternative approaches to their interpretation
-What makes a BIA equation unique? Validity of eight-electrode multifrequency BIA to estimate body composition in a healthy adult population
-Bioelectrical impedance analysis for assessment of fluid status and body composition in neonatesthe good, the bad and the unknown
-Tracking fat-free mass changes in elderly men and women using single-frequency bioimpedance and dual-energy X-ray absorptiometry: a four-compartment model comparison
-Body composition in athletes and sports nutrition: an examination of the bioimpedance analysis technique
-Body composition by whole-body bioelectrical impedance and prediction of clinically relevant outcomes: overvalued or underused?
-Body composition assessment in nutrition research: value of BIA technology

***Food Quality and Preference*, Articles in Press, January 2013**
http://www.sciencedirect.com/science/journal/aip/09503293
The Effect of Brand Names on Flavor Perception and Consumption in Restrained and Unrestrained Eaters
http://www.sciencedirect.com/science/article/pii/S0950329312002364

***ICAN: Infant, Child, &Adolescent Nutrition*, February 2013**
http://can.sagepub.com/content/current

Adding Dietary Green Beans to Formula Resolves the Diarrhea Associated With a Bowel Resection in Neonates
http://can.sagepub.com/content/5/1/8.abstract?sp
The Ketogenic DietInduced Weight Gain With Decreased Energy Consumption
http://can.sagepub.com/content/5/1/29.abstract
A Novel Nutritional Approach to Prevent Parenteral NutritionAssociated Cholestasis in Two Premature Infants with Short Bowel Syndrome
http://can.sagepub.com/content/5/1/32.abstract
The Association Between Body Metrics and Breakfast Food Choice in Children
http://can.sagepub.com/content/5/1/43.abstract

***Journal of the American Medical Association*, January 16, 2013**
http://jama.jamanetwork.com/issue.aspx
Energy Drinks and Caffeine-Related Adverse Effects
http://jama.jamanetwork.com/article.aspx?articleID=1487123&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification01%2F15%2F2013#qundefined
Risks of Energy Drinks Mixed With Alcohol
http://jama.jamanetwork.com/article.aspx?articleid=1487124#qundefined
Effect of Not Monitoring Residual Gastric Volume on Risk of Ventilator-Associated Pneumonia in Adults Receiving Mechanical Ventilation and Early Enteral Feeding: A Randomized Controlled Trial
http://jama.jamanetwork.com/article.aspx?articleid=1557711#qundefined
Editorial: Gastric Residual Volume
End of an Era
http://jama.jamanetwork.com/article.aspx?articleid=1557716#qundefined
JAMA Patient Page | Energy Drinks
http://jama.jamanetwork.com/article.aspx?articleid=1487122#qundefined

***JAMA Internal Medicine*(formerly *Archives of Internal Medicine*) January 14, 2013**
http://archinte.jamanetwork.com/issue.aspx
Research Letter: Users' Views of Dietary Supplements
http://archinte.jamanetwork.com/article.aspx?articleid=1392491#qundefined

***JNCI: Journal of the National Cancer Institute*, January 16, 2013**
http://jnci.oxfordjournals.org/content/105/2?etoc
Editorial
Plasma Adiponectin: A Possible Link Between Fat Metabolism and Pancreatic Cancer Risk
http://jnci.oxfordjournals.org/content/105/2/79.extract
A Prospective Study of Plasma Adiponectin and Pancreatic Cancer Risk in Five US Cohorts
http://jnci.oxfordjournals.org/content/105/2/95.short

***Journal of Parenteral and Enteral Nutrition*, January 2013**

http://pen.sagepub.com/content/current

The Role of the-3Fatty Acid DHA in the Human Life Cycle

http://pen.sagepub.com/content/37/1/15.abstract

A.S.P.E.N. Clinical Guidelines

Nutrition Support of Adult Patients With Hyperglycemia

http://pen.sagepub.com/content/37/1/23.short

Preoperative Nutrition Status and Postoperative Outcome in Elderly General Surgery Patients A Systematic Review

http://pen.sagepub.com/content/37/1/37.short

Parenteral -3 Fatty Acid Lipid Emulsions for Children With Intestinal Failure and Other Conditions A Systematic Review

http://pen.sagepub.com/content/37/1/44.short

Hospital Readmissions for Catheter-Related Bloodstream Infection and Use of Ethanol Lock Therapy

Comparison of Patients Receiving Parenteral Nutrition or Intravenous Fluids in the Home vs a Skilled Nursing Facility

http://pen.sagepub.com/content/37/1/81.abstract

Obesity Is Not Associated With Increased Mortality and Morbidity in Critically Ill Children

http://pen.sagepub.com/content/37/1/102.short

***Morbidity and Mortality Weekly Report*, January 11, 2013**

http://www.cdc.gov/mmwr/mmwr_wk.html

Obesity Prevalence Among Low-Income, Preschool-Aged Children  New York City and Los Angeles County, 20032011

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6202a1.htm?s_cid=mm6202a1_e

***New England Journal of Medicine*, January 17, 2013**

(Access abstracts at link below)

http://www.nejm.org/

-The Patient Experience and Health Outcomes

-Aspirin in the Secondary Prevention of Cardiovascular Disease

-Duodenal Infusion of Donor Feces for Recurrent Clostridium difficile

-Fecal Microbiota Transplantation  An Old Therapy Comes of Age

-CLINICAL DECISIONS

Sugar-Sweetened Beverages  Polling Results

-CORRESPONDENCE

Sugar-Sweetened Beverages, Genetic Risk, and Obesity

***Nutrition*, New Articles in Press, January, 2013**

http://www.sciencedirect.com/science/journal/aip/08999007

Glomerular filtration rate after a 12-wk resistance exercise program with post-exercise protein

ingestion in community dwelling elderly
http://www.sciencedirect.com/science/article/pii/S0899900712004005
Vitamin B12 and folic acid levels are not related to length of stay in elderly inpatients Original Research Article
http://www.sciencedirect.com/science/article/pii/S0899900712004017
Serum prealbumin: An independent marker of short-term energy intake in the presence of multiple-organ disease involvement Original Research Article
http://www.sciencedirect.com/science/article/pii/S0899900712003164

***Nutrition in Clinical Practice*, OnLineFirst**
http://ncp.sagepub.com/content/early/recent
DrugVitamin D Interactions: A Systematic Review of the Literature
http://ncp.sagepub.com/content/early/2013/01/08/0884533612467824.abstract

***Nutrition and Metabolism, Open Access January 2013***
http://www.nutritionandmetabolism.com/
Evaluation of the relationship between GPR43 and adiposity in human
http://www.nutritionandmetabolism.com/content/10/1/11/abstract
Insulin sensitivity affects propensity to obesity in an ethnic-specific manner: results from two controlled weight loss intervention studies
http://www.nutritionandmetabolism.com/content/10/1/3/abstract

***Nutrition Research*, Article in Press, January 5, 2013**
http://www.sciencedirect.com/science/journal/aip/02715317
Acute differential effects of dietary protein quality on postprandial lipemia in obese non-diabetic subjects
http://www.sciencedirect.com/science/article/pii/S027153171200231X

***Supermarket Savvy Newsletter*, January 2013**
http://www.supermarketsavvy.com/current_newsletter_issue.asp
(Subscription required)
Eat CleanShopping for Foods that Reduce Toxins
Clean Eating Nutrients for Health Chart
10 Tips for Shopping &Eating Clean
-2012 Food &Nutrition Trends
-FREE Tip Sheet Healthy Fruits &Vegetables
http://www.supermarketsavvy.com/free_tipsheet.asp

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To unsubscribe click here:
http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=17834
(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-17834-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2515. March Board Meeting/Public Policy Workshop

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, 'Alison' <als25@case.edu>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>
**Sent Date:** Jan 17, 2013 18:58:09
**Subject:** March Board Meeting/Public Policy Workshop
**Attachment:** image001.jpg

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The Board of Directors meeting precedes the Public Policy Workshop (PPW) and is scheduled to convene at 8:00 am on Friday, March 8 and is expected to adjourn at 3:00 pm on Saturday, March 9. PPW is scheduled for March 10-12, concluding with Hill Visits the morning of the 12th. We encourage those of you who have not participated in PPW to attend. All other Board members are welcome to attend PPW as your schedule permits. The president, president-elect, immediate past president, speaker, speaker-elect, immediate past speaker and CEO are staying We know some of you have schedule conflicts so please let us know if you will be attending PPW and your departure information so we can secure hotel rooms and register you for the workshop.

Housing accommodations for the Board meeting and PPW are at the Omni Shoreham Hotel, 2500 Calvert Street, NW, and reservations will be made for your arrival on March 7 and departure on March 9 for the Board meeting and for those staying for PPW for departure on March 12. Your hotel room will be master-billed. You are now approved to make your travel arrangements for the meeting(s).

To book your travel for the March Board Meeting and PPW, please use the information that follows.

**Booking Your Travel Online -** click on this link: **https://adatvl.axo20.com/**

*1) Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

*2) Log in to your account using the User ID and Password you created when setting up your profile.*

*3) Search for and select your flights (book "non-refundable" fares only)*

*a. You have the option of searching by "Price" or "Schedule".*
*b. Click on your preferred airline if you only want to view their fares.*

4) *When asked to "Name your trip", you are required to enter the Meeting Name –* **March Board Meeting**

*5) When you reach the* ***Purchase Trip*** *page, enter* **103-2430** *into the* ***Approval Code*** *box in the* ***Reporting Information*** *section.*

*6) When you reach the Payment Options section, be sure to choose the "****Use a Stored Card****" option to ensure your Academy paid travel is billed correctly.*

*7) If you need assistance, call the support team at 800/238-9049, press "1" when prompted.*

Thank you!

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

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Chicago, IL 60606

phone: 312-899-4798

fax: 312-899-4765
jschwaba@eatright.org

2516. Daily News: Thursday, January 17, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 17, 2013 10:20:16
**Subject:** Daily News: Thursday, January 17, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
**Please note that some publications may require registration or a subscription to access online content.**

**When Pills Fail, This, er, Option Provides a Cure**
**(Transplanting feces from a healthy person into the gut of one who is sick)**
http://www.nytimes.com/2013/01/17/health/disgusting-maybe-but-treatment-works-study-finds.html?ref=health&_r=0
Source: *New England Journal of Medicine*
http://www.nejm.org/doi/full/10.1056/NEJMoa1205037?query=featured_home

**Can children 'grow out' of autism?**
http://www.nytimes.com/2013/01/17/health/some-with-autism-diagnosis-can-recover-study-finds.html?ref=health
Source:*Journal of Child Psychology and Psychiatry*
http://onlinelibrary.wiley.com/doi/10.1111/jcpp.12037/abstract

**Alliance of big city school districts aims for more healthful meals**
http://www.latimes.com/news/local/la-me-lausd-food-20130117,0,1016267.story

**Oregon works to end hunger at school**
http://www.ktvz.com/news/Oregon-works-to-end-hunger-at-school/-/413192/18132910/-/b302t0z/-/index.html
Source: Food Research and Action Center
http://frac.org/
Related Resource: Comprehensive School Nutrition Services
http://www.eatright.org/About/Content.aspx?id=8372

**Restaurants' hot new demographic: Older diners**
http://www.latimes.com/business/money/la-fi-mo-restaurants-older-boomers-20130115,0,534688.story

**Attorney FTC Commissioners ruling on POW Wonderful is truly astonishing abusive and unlawful**
http://www.foodnavigator-usa.com/Regulation/Attorney-FTC-Commissioners-ruling-on-POM-Wonderful-is-truly-astonishing-abusive-and-unlawful
Source: FTC
http://www.ftc.gov/opa/2013/01/pom.shtm
Related Resource: Practice Paper: Communicating Accurate Food and Nutrition Information
http://www.eatright.org/Members/content.aspx?id=6442469632

**Top 5 most searched for herbs on gov web site are full of surprises**
http://www.stonehearthnewsletters.com/top-5-most-searched-for-herbs-on-gov-web-site-are-full-of-surprises/nutrition-herbs/
Related Resource: NCCAM
http://nccam.nih.gov/health/herbsataglance.htm

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Impact of Dietary Intervention on Weight Change in Subjects With Type 2 Diabetes (DIET)**
http://clinicaltrials.gov/ct2/show/NCT01232491?term=diet&rank=3

**MedlinePlus: Latest health News**
-Migraines and Your Health
-Steps You Can Take to Protect Yourself From the Flu
-Doctors Often Miss Signs of Problem Drinking in Patients, Study Finds
-No Link Between Low Birth Weight, Asthma: Study
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Winning ways to lose: Consumer Reports rates diets**
(Michelle Eckhart RD quoted)
http://www.courier-journal.com/article/20130116/PRIME06/301170011/Winning-ways-lose-Consumer-Reports-rates-diets

**ShopRite's dietitian can help those who wish to eat healthier**
(Laura Becker, RD quoted)
http://www.northjersey.com/news/187244731_ShopRite_s_dietician_can_help_those_who_wish_to_eat_healthier.html

**Dietitians Offer A Few Tricks To Help You Lose Weight**
(Jennifer Ventrelle, RD quoted)
http://chicago.cbslocal.com/2013/01/16/dieticians-offer-a-few-tricks-to-help-you-lose-weight/

**New Years Resolutions That Stick**
(Anna Busenburg, RD interviewed)
http://wbaa.org/post/keeping-your-new-years-resolutions

**Monterey Countys medical centers reinterpret the lesson that food is medicine**
(Jennifer LeDuc, RD quoted)
http://www.montereycountyweekly.com/news/2013/jan/17/health-fitness-2013-hospital-food-trays-gourmet/

**National mini-grant to aid University dietetics effort**
(Jennifer Little, RD quoted)
http://www.blufftonicon.com/news/2013/01/15/national-mini-grant-aid-university-dietetics-effort

**Live Better: Plan your meals**
(Larissa Gedney, RD quoted)
http://www2.wbtw.com/lifestyles/2013/jan/11/live-better-plan-your-meals-ar-5345071/

**Make a start on a healthier lifestyle**
(Kelly Taylor, Dietitian/Australia quoted)
http://www.portlincolntimes.com.au/story/1239272/make-a-start-on-a-healthier-lifestyle/?cs=1248

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
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2517. Daily News: Wednesday, January 16, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 16, 2013 10:33:11
**Subject:** Daily News: Wednesday, January 16, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
**Please note that some publications may require registration or a subscription to access online content.**

**Cutting back on sugar leads to small weight loss, study says**
http://www.latimes.com/health/boostershots/la-heb-cutting-back-on-sugar-leads-to-weight-loss-study-says-20130115,0,887548.story
Source: *British Medical Journal*
http://www.bmj.com/content/346/bmj.e7492

**Caffeine linked to leaky bladder in men**
http://www.chicagotribune.com/health/sns-rt-us-caffeine-bladderbre90e128-20130115,0,3722817.story
Source:The Journal of Urology
http://www.jurology.com/article/S0022-5347(12)06002-8/abstract

**No exercise, more than lying around, tied to fat in kids**
http://www.chicagotribune.com/health/sns-rt-us-children-bodyfatbre90f01v-20130115,0,3387169.story
Source: *Journal of Pediatrics*
http://www.jpeds.com/article/S0022-3476(12)01405-9/abstract

**Want to Be CEO? What's Your BMI?**
**New Research Suggests Extra Pounds, Large Waists Undermine Perceptions of Leadership Ability**
http://online.wsj.com/article/SB10001424127887324595704578241573341483946.html

**Calcium density of foods obtained at school fell between 1977-78 and 2005-08**
http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=34615&ref=collection

**Study: More to Meal Delivery Than Food**
http://newoldage.blogs.nytimes.com/2013/01/15/study-more-to-meal-delivery-than-food/

**Lovin' lentils**
**Simple legume is a canvas for creativity**
http://www.chicagotribune.com/features/food/sc-food-0111-lentils-20130116,0,5088777.story
Related Resource: *Food and Nutrition* Bookshelf
http://foodandnutritionmag.org/bookshelf

**US popcorn beats downturn with premium and healthy variants**
http://www.foodnavigator-usa.com/Market/US-popcorn-beats-downturn-with-premium-and-healthy-variants-report

**Dr Pepper extends TEN calorie crusade in uncharted US soda space**
http://www.foodnavigator-usa.com/Market/Dr-Pepper-extends-TEN-calorie-crusade-in-uncharted-US-soda-space

**Author dishes on food industry's role in obesity**
**Dr. Robert Lustig looks at obesity, its solutions**
http://www.chicagotribune.com/features/food/sc-food-0118-fat-chance-book-20130116,0,4351737.story
Related Resource: Academy of Nutrition and Dietetics Evidence-Based Nutrition Practice Guidelines
http://andevidencelibrary.com/category.cfm?cid=14&cat=0

**MedlinePus: Latest Health News**
-NIH launches collaborative effort to find biomarkers for Parkinson's
-Are You at High Risk for Serious Illness from Flu?
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Restaurant meals go to 'Xtremes,' watchdog group says**
(Joy Dubost, Academy Spokesperson quoted)
http://www.usatoday.com/story/news/nation/2013/01/15/extreme-eating-awards/1834499/
Source: CSPI -Xtreme Eating 2013
Extremism Running Amok at America's Restaurant Chains
http://www.cspinet.org/new/201301161.html

**Dietitians Dish: Childhood obesity a touchy subject**
(By Elizabeth Sommerfeld, RD)

http://www.victoriaadvocate.com/news/2013/jan/15/gl_dietitian_dish_011613_198960/?features&food

**Here are the facts about raspberry ketone**
(By Barbara Quinn, RD)
http://www.montereyherald.com/ci_22382157/here-are-facts-about-raspberry-ketone?source=most_viewed

**Dieting? How to keep weight off**
(By Suzanne Havala Hobbs, RD)
http://www.newsobserver.com/2013/01/15/2608857/on-the-table-dieting-how-to-keep.html

**Life in America more precarious than in other developed countries**
(By Timi Gustafson, RD)
http://www.kentreporter.com/lifestyle/186833981.html

**A veggie soup to beat the belly bulge**
(Liz Pearson, Dietitian/Canada quoted)
http://www.therecord.com/living/article/869901--a-veggie-soup-to-beat-the-belly-bulge

**Kidney Center to host activities leading to Kidney Awareness Month**
(Jordan Bowe, Dietitian/Bahamas quoted)
http://freeport.nassauguardian.net/social_community/320431610347860.php

**Butter vs. margarine: Food fight**
(Jennifer Ozsungur &Shauna Lindzon, Dietitians/Canada both quoted)
http://www.thestar.com/living/health/article/1315006--butter-vs-margarine-food-fight

**Will 50 cloves of garlic kill your cold  or just your love life?**
**Pungent foodstuff may hold key to beating winter illness**
(Helen Bond, British Dietetic Association Spokesperson quoted)
http://www.dailymail.co.uk/health/article-2263113/Will-50-cloves-garlic-kill-cold--just-love-life.html

**Lap-band surgery leads to long-term weight loss even after hiccups**
(Julie Woods, Dietitian/Australia quoted)
http://www.smh.com.au/national/health/lapband-surgery-leads-to-longterm-weight-loss-even-after-hiccups-20130116-2ctwc.html

**Quote of the Week**

**The function of education is to teach one to think intensively and to think critically. Intelligence plus character that is the goal of true education.**

**-Martin Luther King, Jr**

**The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.**
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or send a blank email to leave-17736-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2518. Eat Right Weekly - January 16, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 16, 2013 10:14:35
**Subject:** Eat Right Weekly - January 16, 2013
**Attachment:**

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Eat Right Weekly
January 16, 2013

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CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

PPW 2013 - Academy Wants You to Win an iPad Mini

Register early for the Academy's 2013 Public Policy Workshop and receive $55 off your registration fee and be entered to win a free iPad mini.

Learn More >>
Academy Calls for Specific Nutrition Definitions in Multi-State Health Plans

The Academy recently submitted comments to the federal agency tasked with overseeing multi-state health plans that will be sold in state insurance exchanges. Multi-state health plans are those that provide coverage in more than one state and have different proposed rules than plans limited to a single state.

Learn More >>
Maryland Advocacy Leads to Inclusion of MNT in Essential Health Benefits Package

Thanks to the dedicated members of the Maryland Academy of Nutrition and Dietetics, medical nutrition therapy and nutrition counseling will be included in Maryland's state's benchmark plan and essential health benefits. The inclusion of these important services is a testament to the

strategic grassroots efforts that Maryland members initiated.

Learn More >>
Member Discusses Childhood Hunger and Food Insecurity during Holidays

Academy member Linda Godfrey, MS, RD, SNS, LD, recently was interviewed by National Public Radio about the difficulties families face to feed their children over the holidays and the importance of school nutrition programs.

Learn More >>
What Technology Skills Do You Need to Practice Nutrition Effectively?

Earn one free CPEU and find out what registered dietitians need to know about nutrition informatics during the Academy and HIMSS' complimentary February 14 webinar "Informatics Competencies Delphi Study."

Learn More >>
Current Medicare Physician Payment Rates Retained

When President Obama signed into law the American Taxpayer Relief Act of 2012, he prevented a 26.5 percent payment cut for physicians and other practitioners including registered dietitians, who treat Medicare patients, that would have taken effect January 1. The new law extends current Medicare payment rates through December 31.

Learn More >>

## CPE Corner

New Webinar - "Hungry and Overweight"

At a February 26 webinar, gain a good understanding of factors that contribute to children being simultaneously hungry and overweight and learn how food insecurity affects children. Learn about services available to families and be inspired to get involved in hunger programs in your community.

Learn More >>
Upcoming Webinars

Members can earn CPE credits at several upcoming webinars.

Learn More >>
New Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn 8 hours of CPEUs for $76.

Learn More >>
New Platform for All Online Learning Programs

Using a new web platform built on HTML5 and the latest technologies, members can now access all Professional Development online learning courses and online certificate of training programs from many of the most popular Internet devices, including iPads, iPhones, Android phones and tablets, as well as browsers including Internet Explorer, Mozilla Firefox, Apple Safari, Google Chrome and Opera. Please log in to receive member pricing.

Learn More >>

## Career Resources

Show How You Eat Right, Your Way, Every Day

For a chance to be featured on the Academy's National Nutrition Month Facebook page in March, take a photo of your plate, following the MyPlate model as closely as possible, and email it to the Academy.

Learn More >>
Interested in Volunteering? Take "Opportunities to Serve" Survey

If you are interested in volunteering for an Academy committee, the "Opportunities to Serve Survey" is available until February 22.

Learn More >>
For 2013 - Test Your Skills

The Academy's Professional Skills Review has links to current research articles and professional content, plus more than 650 multiple-choice questions to help you assess your knowledge. Save 10 percent in January.

Learn More >>
Call for FNCE Abstracts

Do you have new research or a successful program or project you would like to showcase? This is your opportunity to provide insights that lead to action for your colleagues. The Call for Abstracts for the 2013 Food &Nutrition Conference &Expo, October 19 to 22, in Houston, Texas, is now open.

Learn More >>
More Than 100 CPE Hours Available

Members have the opportunity to obtain more than 100 hours of CPE wherever and whenever works within their hectic schedule. Gain access to almost every 2012 Food &Nutrition Conference &Expo session with technology that allows a new and improved user experience.

Learn More >>
ABN Questions? *MNT Provider* Newsletter Can Help

Are you puzzled by when and how to use an Advance Beneficiary Notice of Noncoverage? Read the new issue of the *MNT Provider* to clear up the confusion and learn about new and valuable resources to enhance your practice.

Learn More >>
Academy Supports HIMSS13, Offers Sessions on Health Information Technology and Nutrition

New Orleans welcomes the 2013 HIMSS Annual Conference and Exhibition, March 3 to 7. More than 36,000 industry professionals will discuss health information technology issues and review innovative solutions designed to transform health care. The Academy is proud to support this annual event that helps HIT professionals make the right decisions for their organizations.

Learn More >>
Health and Aging Policy Fellow Program

The Health and Aging Policy Fellows Program is accepting applications until April 15. Fellows are selected based on their commitment to health and aging issues, leadership potential and interest in aging-relevant policy work.

Learn More >>

## Academy Member Updates

Visit Elections Website to Learn About Your Academy Candidates

View biographical information for candidates on the Academy's 2013 national ballot. Voting takes place February 1 through February 22.

Meet the Candidates Forum

Meet the candidates for Academy president-elect in a January 29 webinar, to be held from 1 p.m. to 2 p.m. Central Time. Past President Susan Laramee, MS, RD, LDN, will pose questions to candidates Sonja Connor, MS, RD, LD, and Evelyn Crayton, EdD, RD, LD, to help members gain

insight to their perspectives and views. Register early; this webinar is limited to 1,000 participants.

Promote the Dietetics Profession: Apply to Become an Academy Spokesperson

Academy members with media experience are invited to apply to become an Academy Spokesperson and help make registered dietitians the media's go-to source for food and nutrition information. Application deadline is February 1.

Learn More >>
National Nutrition Month Videos and Resources

Looking for ideas on how to celebrate National Nutrition Month? Watch the new video highlighting past event ideas from members and download many free promotional resources.

Learn More >>
Member Featured on Manhattan Restaurant's "Team of Experts"

A January 7 *New York Times* article about a Manhattan restaurant's "team of experts" that reviews all dishes on the menu, to reassure diners "that it is good for you," features Academy member Kristy C. Lambrou, MS, RD, CDN, as the restaurant's expert dietitian.

Learn More >>
New Funding Opportunity: Innovative WIC Nutrition Education Interventions

The U.S. Department of Agriculture's Center for Collaborative Research on WIC Nutrition Education Innovations at the USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine announces the availability of funds for researcher-initiated projects to demonstrate creative approaches to nutrition education for the Special Supplemental Nutrition Program for Women, Infants and Children.

Learn More >>

## Philanthropy, Awards and Grants

Food Safety Student Challenge Scholarships Deadline Is February 1

Nine student scholarships of $4,500 are available through the Academy Foundation/ConAgra Foods' Food Safety Student Challenge. The application deadline is February 1.

Learn More >>
Foundation Awards Application Deadline Is February 1

The deadline is February 1 to apply for many of the Foundation's continuing education, international and program development awards. Get information about the awards program, new

awards and download an application.

Scholarships Application Deadline Is February 15

The application deadline is February 15 for graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician, registered scholarships. Get information about the scholarship program and download an application.

Kids Eat Right Mini-Grant Opportunity

To support the use of Kids Eat Right toolkits by Campaign members, 25 mini-grants of $200 are available. Recipients of mini-grants agree to give two presentations from any of the Kids Eat Right toolkits (Healthy Breakfast, Healthy Snacking, Family Champions, Family Mealtime or Myth Busters) in a school setting for kids or adults between February 4 and March 31.

Learn More >>
Help Fund the Foundation of Your Profession

Make a New Year's resolution that will leave a lasting impact: Include the Academy of Nutrition and Dietetics Foundation in your estate planning. Being part of the I WILL Legacy Society ensures the Foundation has support to continue its mission of advancing public health and nutrition utilizing the expertise of registered dietitians.

Learn More >>
December Kids Eat Right Everyday Heroes

Be inspired by Academy of Nutrition and Dietetics Foundation Everyday Heroes as they bring healthy change to their communities.

Learn More >>
California Update: Energy Balance 4 Kids with Play

Energy Balance 4 Kids with Play is starting strong in its final semester of a two-year project in West Contra Costa Schools in California through an educational grant from the Healthy Weight Commitment Foundation.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
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2519. New Look for CDR Website

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, 'Alison' <als25@case.edu>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>
**Sent Date:** Jan 15, 2013 17:00:49
**Subject:** New Look for CDR Website
**Attachment:**

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A message from Chris Reidy, Executive Director of the Commission on Dietetic Registration, follows.

---

CDR is pleased to announce that its website will take on a “New Look” effective January 15, 2013 at 5:00 pm central time. The website address will remain the same – www.cdrnet.org.

Website enhancements include:

•A New Look and Feel
•Responsive Website for Mobile Devices
•A MyCDR Page
•Live Chat Option
•Page Print and Email Friendly
A welcome video is included on the new homepage that will assist you in navigating through the new website. Please access the link below to view a “Guided Tour” of the new “MyCDR” page where you will access your Professional Development Portfolio (PDP) Learning Plan and Activities

Log; pay your registration maintenance fee; update your profile information; complete Journal quizzes; register for a weight management certificate program and apply to take a board certified specialist examination.

Guided Tour of the New MyCDR Page

If you have any questions, please contact CDR at 800/877-1600, extension 5500 or at cdr@eatright.org.

Christine Reidy, RD

Executive Director

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4857

www.cdrnet.org

2520. CDR Launches New Website

**From:** Commission on Dietetic Registration <cdr@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Jan 15, 2013 12:56:41
**Subject:** CDR Launches New Website
**Attachment:**

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Having trouble viewing this e-mail? Click here to view it in your browser.

**CDR New Website**

CDR is pleased to announce that its website will take on a New Look effective January 15, 2013 at 5:00 pm central time. The website address will remain the same  www.cdrnet.org.

Website enhancements include:
•A New Look and Feel
•Responsive Website for Mobile Devices
•A MyCDR Page
•Live Chat Option
•Page Print and Email Friendly
A welcome video is included on the new homepage that will assist you in navigating through the new website. Please access the link below to view a Guided Tour of the new MyCDR page where you will access your Professional Development Portfolio (PDP) Learning Plan and Activities Log; pay your registration maintenance fee; update your profile information; complete Journal quizzes; register for a weight management certificate program and apply to take a board certified specialist examination.

Guided Tour of the New MyCDR Page

You are currently subscribed to receive CDR Renewal Reminders from the
Commission on Dietetic Registration. If you prefer not to receive future
e-mails, simply follow this link to unsubscribe.
You are currently subscribed as: **DMartin@burke.k12.ga.us**

2521. Daily News: Monday, January 14, 2013

**From:** Academy of Nutrition and Dietetics' Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 14, 2013 10:38:42
**Subject:** Daily News: Monday, January 14, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.**
**Please note that some publications may require registration or a subscription to access online content.**

**Is being pear-shaped not so good after all?**
http://www.chicagotribune.com/health/la-heb-buttock-fat-diabetes-20130111,0,6499644.story
Source: *Journal of Clinical Endocrinology and Metabolism*
http://jcem.endojournals.org/content/early/2013/01/09/jc.2012-3673.abstract
Related Resource: Position Paper -Weight Management
http://www.eatright.org/About/Content.aspx?id=8382

**A Good Way to Measure Obesity? Fat Chance**
http://online.wsj.com/article/SB10001424127887324581504578233950347117088.html
Cited: *Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults* (1998)
http://www.nhlbi.nih.gov/guidelines/obesity/ob_home.htm
Check update status at:
http://www.nhlbi.nih.gov/guidelines/indevelop.htm#status

**Simple awareness reduces college food waste**
http://www.chicagotribune.com/health/sns-rt-us-awareness-college-food-wastebre90a0yy-20130111,0,1730259.story?page=1
Source: *Journal of the Academy of Nutrition and Dietetics*
http://www.andjrnl.org/article/S2212-2672(12)01642-5/abstract

**Ind. end-of-life case spotlights difficult decisions**
http://www.usatoday.com/story/news/nation/2013/01/13/end-of-life-difficulties/1831633/
Related Resource: Position Paper-Ethical and Legal Issues in Nutrition, Hydration and Feeding
http://www.eatright.org/About/Content.aspx?id=8408

**More Emergency Visits Linked to Energy Drinks**
http://www.nytimes.com/2013/01/12/business/more-emergency-room-visits-linked-to-energy-drinks-report-says.html?ref=health&_r=0
Source: SAMHSA -The Dawn Report
http://www.samhsa.gov/data/2k13/DAWN126/sr126-energy-drinks-use.pdf

**Flu Season Deaths Reach Epidemic Level but May Be at Peak, C.D.C. Says**
http://www.nytimes.com/2013/01/12/health/us-flu-deaths-reach-epidemic-levels-but-may-be-peaking.html?ref=health
Related Resource: CDC
http://www.cdc.gov/flu/

**The 'germiest' things to avoid this flu season**
http://www.usatoday.com/videos/news/health/2013/01/14/1832293/

**MedlinePlus: Latest Health News**
-Blood Disorder Cases Tied to Prescription Painkiller Abuse
-FDA: Lower Ambien's Dose to Prevent Drowsy Driving
-Fewer U.S. Patients Getting Weight Counseling From Doctors
-Kidneys Sometimes Removed Needlessly in Patients With Rare Genetic Disorder
-Study finds increase in unused transplant livers
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Drinking on a diet? Calories add up**
(Andrea Giancoli, Academy Spokesperson quoted)
http://www.lansingstatejournal.com/viewart/20130114/LIFE/301140005/Drinking-diet-Calories-add-up

**In search of 'superfruit'**
(Jessica Kolko, RD quoted)
http://www.cnn.com/2013/01/11/health/time-search-for-superfruit/index.html?hpt=he_c2

**Get kids to eat veggies without nagging or bribing**
(By Jennifer Motl, RD)
http://news.fredericksburg.com/healthyliving/2013/01/13/get-kids-to-eat-veggies-without-nagging-or-bribing/

**Childrens Museum hosts food allergy workshop**
(Katy Magoon, RD &Dana Dougherty, RD both quoted)

http://www.fosters.com/apps/pbcs.dll/article?AID=/20130114/GJNEWS_01/130119629&template=DoverRegion

**New mothers turn to an old Chinese diet**
**Zuo yuezi, or sitting the month, is a 30-day regimen of food and rest to help new mothers recover from the rigors of childbirth. Skeptics say the claims are unsound.**
(Lily Hong, RD quoted)
http://www.latimes.com/news/local/la-me-chinese-birth-20121204,0,1830387.story

**Good party food can score Super Bowl touchdown**
(Korie Lown, RD quoted)
http://siouxcityjournal.com/lifestyles/local/good-party-food-can-score-super-bowl-touchdown/article_ed66f220-6be8-5e78-876e-fa3021e11526.html
**Fitchburg takes action against child obesity**
(Hillary Standiford, RD quoted)
http://www.sentinelandenterprise.com/lifestyles/ci_22365745/fitchburg-takes-action-against-child-obesity
**Every Body is Amazing**
(By Mary Saucier Choate, RD)
http://www.coopfoodstore.coop/content/every-body-amazing

**Senior Matters: Medicare Preventive Service Benefits 2013 and nutrition therapy**
(Lisa Paige, RD interviewed)
http://www.kdnk.org/publicaffairs.cfm?mode=detail&id=1338832470657

**Can my diet keep me from sleeping well?**
(By Leslie Beck, Dietitian/Canada)
http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/can-my-diet-keep-me-from-sleeping-well/article7181667/

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or send a blank email to leave-17673-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2522. RE: [Image File] Martin Donn,KMBT222, #590

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Donna Martin <dmartin@burke.k12.ga.us>
**Sent Date:** Jan 13, 2013 23:01:06
**Subject:** RE: [Image File] Martin Donn,KMBT222, #590
**Attachment:** image001.jpg

---

Thanks, Donna!

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
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fax: 312-899-4765
jschwaba@eatright.org

**From:** Donna Martin [mailto:dmartin@burke.k12.ga.us]
**Sent:** Friday, January 11, 2013 2:49 PM
**To:** Joan Schwaba
**Subject:** Fwd: [Image File] Martin Donn,KMBT222, #590

Board meeting evaluation!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program

Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA  30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>><admin@burke.k12.ga.us> 1/11/2013 3:31 PM >>>
FROM:
Image data has been attached to
the E-Mail.

2523. Follow-up from Board Meeting

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, 'Alison' <als25@case.edu>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jan 11, 2013 18:01:00
**Subject:** Follow-up from Board Meeting
**Attachment:** image003.jpg
LPPC Jan 11 2013 Report 011113.doc
WebsitesTimeline 011113 Presentation.pdf

---

Attached is a copy of the Legislative and Public Policy Committee consent agenda report and the Website Timeline presentation from today's Board meeting.
Thank you,

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
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2524. New York Times Article

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, 'Alison' <als25@case.edu>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jan 11, 2013 17:50:15
**Subject:** New York Times Article
**Attachment:** Picture (Device Independent Bitmap) 1.jpg

---

Please read the "Hold the Butter" article about Rouge Tomate restaurant appearing in the *New York Times*http://www.nytimes.com/2013/01/09/dining/hold-the-butter-healthy-food-served-here.html?pagewanted=all&_r=2&. It says, “The Manhattan restaurant (like its older sibling in Brussels) must have one of the few kitchens in the world where the chef, Jeremy Bearman, works in tandem with an in-house nutritionist, Kristy Lambrou, a registered dietitian who has veto power over any recipe that falls short of SPE standards.”
Thanks go to Mary Pat for sharing this.

Pat

**Patricia M. Babjak**
*Chief Executive Officer*

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Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2525. Save $20 on FNCE 2013 Registration

**From:** Academy of Nutrition and Dietetics <marketing@eatright.org>
**To:** DMartin@burke.k12.ga.us
**Sent Date:** Jan 11, 2013 13:27:24
**Subject:** Save $20 on FNCE 2013 Registration
**Attachment:**

---

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Mark your calendars for this years Food &Nutrition Conference &Expo to be held October 19-22 in Houston, Texas. Uncover insights from attending cutting-edge educational sessions, exploring new products and services and networking with over 8,000 food and nutrition professionals.

Complete an online Registration Request today to secure an **additional $20 of the discounted 2013 rates!**
Then look for an e-mail in Spring 2013 when online registration is available to take advantage of your additional discount.

Sign up Now!

Keep these dates in mind:
Early May: Check your mail for the Program Preview
June 15: Registration and housing opens
September 6: Early discounted registration ends

Visit us at www.eatright.org/fnce for more information.
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2526. RE: AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** Donna Martin <dmartin@burke.k12.ga.us>, 'caj@ <bcm.tmc.edu' caj@bcm.tmc.edu>, Cobb, Kathy <kathy.cobb@snet.net>, Davies, Gwen <gwen.davies@mindspring.com>, DebraKibbe <dlkibbe@gmail.com>, GailFrank <Gail.Frank@csulb.edu>, Horan, Michelle <mhoranrd@gmail.com>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, MarcJacobson <daktah@gmail.com>, Miles, Aida <aida.miles@gmail.com>, Nogueira, Isadora <isadora.v.nogueira@gmail.com>, Sothern, Melinda <msothe@lsuhsc.edu>, danaeg@ <berkeley.edu danaeg@berkeley.edu>, ncopper@ <nshs.edu ncopper@nshs.edu>, shassink@ <NEMOURS.ORG shassink@NEMOURS.ORG>
**Sent Date:** Jan 11, 2013 13:21:01
**Subject:** RE: AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO
**Attachment:** image001.jpg

---

We have offered programs the weekend before Thanksgiving, and we had good attendance. Hopefully, the same here.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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pjohnson@eatright.org

**From:** Donna Martin [mailto:dmartin@burke.k12.ga.us]
**Sent:** Friday, January 11, 2013 12:11 PM
**To:** 'caj@; Cobb, Kathy; Davies, Gwen; DebraKibbe; GailFrank; Horan, Michelle; Pearlie Johnson; Kirk, Shelley; MarcJacobson; Miles, Aida; Nogueira, Isadora; Sothern, Melinda; danaeg@; ncopper@; shassink@
**Subject:** Re: AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO

That date looks good for me. The only caution I have is that is the weekend before Thanksgiving and I don't know if that will affect attendance.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 1/11/2013 12:57 PM >>>
We are exploring options for a Fall 2013 Certificate of Training in Childhood and Adolescent Weight Management program. We have located hotel availability for November 22-24, 2013 (Friday through Sunday) in Denver. Are you available?

Thank you and have a good weekend.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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pjohnson@eatright.org

2527. AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** Kathy Cobb <kathy.cobb@snet.net>, shassink@NEMOURS.ORG <shassink@NEMOURS.ORG>, danaeg@berkeley.edu <danaeg@berkeley.edu>, Marc Jacobson <daktah@gmail.com>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, 'caj@bcm.tmc.edu' <caj@bcm.tmc.edu>, Sothern, Melinda <msothe@lsuhsc.edu>, Isadora Nogueira <isadora.v.nogueira@gmail.com>, Debra Kibbe <dlkibbe@gmail.com>, Donna Martin <dmartin@burke.k12.ga.us>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Gwen Davies <gwen.davies@mindspring.com>, ncopper@nshs.edu <ncopper@nshs.edu>
**Sent Date:** Jan 11, 2013 12:57:09
**Subject:** AVAILABILTIY - NOVEMBER 2013 - DENVER, COLORADO
**Attachment:** image001.jpg

---

We are exploring options for a Fall 2013 Certificate of Training in Childhood and Adolescent Weight Management program. We have located hotel availability for November 22-24, 2013 (Friday through Sunday) in Denver. Are you available?

Thank you and have a good weekend.

**Pearlie Johnson-Freeman, MBA**

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pjohnson@eatright.org

2528. Daily News: Thursday, January 10, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 10, 2013 10:32:05
**Subject:** Daily News: Thursday, January 10, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Americans Suffer Worse Health Than Peers in Other Countries**
**Even younger adults don't fare as well as counterparts elsewhere, report says**
(A number of reasons account for the miserable statistics, the report authors said.
Among them: various lifestyle factors such as poor eating and lack of physical activity, disparities in health care, lack of health insurance)
http://consumer.healthday.com/Article.asp?AID=672351
Source: *U.S. Health in International Perspective: Shorter Lives, Poorer Health*
http://iom.edu/Reports/2013/US-Health-in-International-Perspective-Shorter-Lives-Poorer-Health/Report-Brief010913

**Changes To WIC Nutrition Program Likely Had A Positive Impact On Weight And Healthy Diet**
http://www.medicalnewstoday.com/releases/254729.php
Source: *Obesity*
http://onlinelibrary.wiley.com/doi/10.1002/oby.20295/abstract
Related Resource: WIC Works Resource System
http://wicworks.nal.usda.gov/

**Weight-loss regimen a preferred choice for countering diabetes**
**More doctors are prescribing the Diabetes Prevention Program, a 12-week regimen, to ward off Type 2 diabetes.**
**It may be a crucial test of the Affordable Care Act's focus on preventive health.**
http://www.latimes.com/health/la-sci-weight-loss-medicine-20130109,0,3650559.story
Cited: *Archives of Internal Medicine* (Full-text available FREE!)
http://archinte.jamanetwork.com/article.aspx?articleid=1485081
Related Resource: FNCE 2012 Recorded Session

-Dietitians as Health Coaches: A Call to Lead
http://www.starlibraries.com/fnce/session/57/Dietitians-as-Health-Coaches-A-Call-to-Lead

**And the year's best overall diet is**...
http://www.cnn.com/2013/01/08/health/best-diets-ranked/index.html?hpt=he_t3
Source: *U.S. News &World Report*
http://health.usnews.com/best-diet
Related Resource: Consumer Diet and Lifestyle Book Reviews
http://www.eatright.org/dietreviews/

**Why obese people may have higher rates of asthma**
http://www.sciencedaily.com/releases/2013/01/130108122438.htm
Source: *Cell Metabolism*
http://www.cell.com/cell-metabolism/abstract/S1550-4131(12)00495-0
Related Resource: *Journal of the Academy of Nutrition and Dietetics*, January 2013
-Childhood Overweight/Obesity and Asthma: Is There a Link? A Systematic Review of Recent Epidemiologic Evidence
http://www.andjrnl.org/article/S2212-2672(12)01508-0/abstract

**Feeling Bullied by Parents About Weight**
http://well.blogs.nytimes.com/2013/01/09/feeling-bullied-by-parents-about-weight/

**Protecting against label claims lawsuits**
(When someone says potassium rich or a good source of calcium, a lot of people dont even realize that means you have 10% or more of the daily value of calcium in their product)
http://www.foodnavigator-usa.com/Regulation/Protecting-against-label-claims-lawsuits

**ClinicalTrials.gov**
http: //clinicaltrials.gov/
ClinicalTrials.gov is a registry of federally and privately supported
clinical trials conducted in the United States and around the world.
ClinicalTrials.gov gives you information about a trial's purpose,
who may participate, locations, and phone numbers for more details
**-Impact of Nutrition and Swallowing Function of Head and Neck Cancer Patients During the Course of Treatment**
http://clinicaltrials.gov/ct2/show/NCT01184027?term=NCT01184027&rank=1

**MedlinePlus: Latest Health News**
-It's Not Too Late to Get a Flu Shot
-Vitamin D may not relieve arthritis pain
-Rate of Death from Cancer Continues to Drop
-U.S. Health Cost Growth Slowed in 2011 But with Signs of Pickup

-Competition affects who gets a liver transplant
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Where Salt Is Lurking on Restaurant Menus**
**Navigating Around Sodium When Dining Out Takes Inside Information**
(Joy Dubost, Academy Spokesperson quoted)
http://online.wsj.com/article/SB10001424127887323277504578193442345026364.html
(Corrected entry from 1/9/2013)

**When counting calories, you need to think before you drink**
(Andrea Giancoli, Academy Spokesperson quoted)
http://www.calgaryherald.com/health/diet-fitness/When+counting+calories+need+think+before+drink/7796445/story.html

**Stomach-Pumping Machine Makes Calories Disappear**
(Keith Ayoob, RD quoted)
http://abcnews.go.com/Health/stomach-pumping-machine-makes-calories-disappear/story?id=18164739

**Spices, staples have a shelflife, too**
(Lela Iliopoulos, RD quoted)
http://southtownstar.suntimes.com/lifestyles/17346676-423/spices-staples-have-a-shelflife-too.html
Related Resource: Home Food Safety
http://homefoodsafety.org/

**Best Diet; Safest Seafood**
(By Nancy Dell, RD)
http://www.wwlp.com/dpp/health/dietitian/Nancy-Dell-Best-Diet-Safest-Seafood

**Are diet soda drinkers more depressed? New study says maybe**
(Lisa Young, RD quoted)
http://www.nydailynews.com/diet-soda-drinkers-depressed-article-1.1236431?post_id=563848687_319599004813146

**Stores compete for business with price lock and price match options**
(Samantha Masters, RD cited)
http://www.post-gazette.com/stories/business/news/stores-compete-for-business-with-price-lock-and-price-match-options-669790/

**Eating right challenges athletes**
(Jamie Mascari, RD quoted)
http://theadvocate.com/features/food/4772388-123/eating-right-challenges-athletes
Related Resources: *Sports Nutrition: A Practice Manual for Professionals*, Fifth Edition
https://www.eatright.org/shop/product.aspx?id=6442468935
*Sports Nutrition Client Education: Counseling Package with Client Education Handouts*
https://www.eatright.org/shop/product.aspx?id=6442472126

**Mommy bloggers create free, realistic weight loss plan**
(Ashley Koff, RD quoted)
http://abclocal.go.com/kabc/story?section=news/food_coach&id=8948263

**What to add to your New Year's resolution diet**
(Nikki Ver Steeg,RD quoted)
http://www.ksfy.com/story/20550326/what-to-add-to-your-new-years-resolution-diet

**In Your Kitchen: Sesame Beef with Broccoli**
(Ellie Krieger, RD quoted)
http://www.northjersey.com/columnists/sherrill_susan/In_Your_Kitchen_Sesame_Beef_.html
Related Resource: *Food &Nutrition Magazine*
http://foodandnutritionmag.org/bookshelf

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-17627-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2529. RE: May 21-23, 2013 Childhood Weight Management Program

**From:** Pearlie Johnson <PJohnson@eatright.org>
**To:** Kathy Cobb <kathy.cobb@snet.net>, shassink@NEMOURS.ORG <shassink@NEMOURS.ORG>, danaeg@berkeley.edu <danaeg@berkeley.edu>, Marc Jacobson <daktah@gmail.com>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, 'caj@bcm.tmc.edu' <caj@bcm.tmc.edu>, Sothern, Melinda <msothe@lsuhsc.edu>, Isadora Nogueira <isadora.v.nogueira@gmail.com>, Debra Kibbe <dlkibbe@gmail.com>, Donna Martin <dmartin@burke.k12.ga.us>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Cummings, Susan M. <SCUMMINGS1@PARTNERS.ORG>, Gwen Davies <gwen.davies@mindspring.com>, ncopper@nshs.edu <ncopper@nshs.edu>
**Sent Date:** Jan 09, 2013 17:46:51
**Subject:** RE: May 21-23, 2013 Childhood Weight Management Program
**Attachment:** image001.jpg
May 21-23 2013 Agenda as of January 7.pdf

---

Attached is a revised agenda for the May 21-23, 2013 program based a change in faculty availability. Please note that the change only reflects the presentation times for Melinda and Shelley.

We have 28 people registered to date for the program. We are off to a good start.

We will let you know when to book your flights. Please let me know if you have any concerns or questions.

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

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pjohnson@eatright.org

**From:** Pearlie Johnson
**Sent:** Friday, December 21, 2012 11:28 AM
**To:** 'Kathy Cobb'; 'shassink@NEMOURS.ORG'; 'danaeg@berkeley.edu'; 'Copperman, Nancy'; 'Marc Jacobson'; 'Kirk, Shelley'; 'caj@bcm.tmc.edu'; 'Sothern, Melinda'; 'Isadora Nogueira'; 'Debra Kibbe'; 'Donna Martin'; 'Gail Frank'; 'Michelle Horan'; Aida Miles; Cummings, Susan M.; 'Gwen Davies'
**Subject:** May 21-23, 2013 Childhood Weight Management Program

Attached is a draft agenda for the May 21-23, 2013 Certificate of Training in Childhood and Adolescent Weight Management program that will be held at The Peabody Little Rock Hotel, 3 Statehouse Plaza, Little Rock, Arkansas.

We will send a notification around March 1, 2013 informing you when you should begin to book your flight to Arkansas. Please let me know if you have any questions or concerns.

Thank you and Happy Holidays!

**Pearlie Johnson-Freeman, MBA**

*Director, Credentialing Services*

Commission on Dietetic Registration

*the credentialing agency for the*
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pjohnson@eatright.org

2530. January 11 Board Meeting Additional Attachments

**From:** Joan Schwaba <JSchwaba@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, 'Alison' <als25@case.edu>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jan 08, 2013 21:07:01
**Subject:** January 11 Board Meeting Additional Attachments
**Attachment:** image002.jpg
06 Att 1.6a Academy of Nutrition and Dietetics Political Action Committee.PDF
12 Att 1 6g Nutrition Informatics REVISED 010713.doc
29 Att 5.0a Investment Overview Update.PDF
30 Att 7.0 Food and Beverage Tax Workgroup Report.PDF
31 Att 7.2-7.3 PPLA and Grassroots Award.doc

---

An additional attachment for agenda item 5.0, a revised attachment for agenda item 1.6g and attachments 1.6a, 7.1, 7.2 and 7.3 for the January 11 Board meeting webinar are attached to this correspondence and will be posted to the communications platform tomorrow. We still have not received consent agenda Item 1.6d --Legislative and Public Policy Committee since it is waiting for LPPC chair approval.

- Consent Agenda Item 1.6a Academy of Nutrition and Dietetics Political Action Committee
- Consent Agenda Item 1.6g Nutrition Informatics Committee - REVISED
- Agenda item 5.0a Investment Overview Update

- Agenda Item 7.1 Food and Beverage Tax Workgroup Report
- Agenda Item 7.2-7.3 Public Policy Leadership Award and Public Policy Grassroots Award

To access the communications platform, please click on http://academybod.webauthor.com and enter your Academy website username and password.

Thank you!

Joan

Joan Schwaba, MS, RD, LDN

Director, Strategic Management
**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4798

fax: 312-899-4765
jschwaba@eatright.org

**From:** Patricia Babjak
**Sent:** Friday, January 04, 2013 5:58 PM
**To:** Becky Dorner; Diane Heller; Donna Martin ; Elise Smith ; Ethan A. Bergman; Evelyn Crayton; Glenna McCollum ; Joe Derochowski ; Linda Farr ; Lucille Beseler ; Marcia Kyle; Margaret Garner; Mary K. Russell ; Nancy Lewis; Patricia Babjak; Sandra Gill ; Sylvia Escott-Stump; Trisha Fuhrman
**Cc:** Executive Team Mailbox; 'Alison'; Chris Reidy; Ulric Chung; Susan Burns; Doris Acosta; Karen Lechowich
**Subject:** January 11 Board Meeting

Happy New Year!

The agenda and corresponding attachments for the Friday, January 11 Board webinar are now available on the Board of Directors' communication platform. The size of the meeting packet is

reduced, therefore paper copies will not be provided; please contact Joan (jschwaba@eatright.org ) or Jeri (jpalmer@eatright.org) by Monday if you want us to mail you a paper packet.

Since some decisions are still awaiting committee approval, the attachments for agenda items 1.6a, 1.6d, 7.1, 7.2 and 7.3 will be e-mailed and placed on the communications platform on Tuesday, January 8. Attachments for the executive session will not be placed on the communication platform but will be e-mailed to you on Tuesday.

Please login to the communications platform using the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, January 11Board Meeting.

On Friday, please log on to the webinar and dial into the conference call by using the information below.

DIAL IN NUMBER: 1-866/477-4564

CONFERENCE CODE: 75 48 12 89 82

Log on: https://www1.gotomeeting.com/join/625170401

Member ID: 625-170-401

Joining us for this meeting will be Al Bryant, Managing Director of Segall, Bryant and Hamill, to provide an update on our investments. Deborah Canter, chair of the Education Committee, and Patti Landers, chair of the Nutrition and Dietetics Educators and Preceptors DPG, will present the NDEP DPG and Education Committee merger structure and timeline.

Please contact me if you have any questions.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2531. Executive Session - CONFIDENTIAL

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Sent Date:** Jan 08, 2013 18:03:27
**Subject:** Executive Session - CONFIDENTIAL
**Attachment:** image003.jpg

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**CONFIDENTIAL**

In October the Finance and Audit Committee and the Board of Directors approved resources to move forward with a major web enhancement project. The work has begun and you will receive an update on the web project during the Board meeting this Friday, January 11.

A key component to the success of this project is to ensure that we have the infrastructure in place to support our business. The problems surrounding technology for the delivery of the virtual HOD meeting last spring signaled major problems in this area. Subsequent and frequent failures with telephone, e-communications, web and the continuing challenges to deliver a flexible and responsive e-commerce system have escalated in recent months, emphasizing the need to take a serious and thorough look at the processes and people in place managing these systems. Please see the recent **confidential** email below addressing some of the issues that continue to plague us.

In order to deliver a successful web re-launch, it is critical that we have the technology and personnel in place. To this end, a portion of the resources allocated to support web enhancement included an IT audit. It was a fraction of the overall budget, a total of approximately $23,000. This is a much-needed first step and I am confident that it will lead to resolution of the ongoing information technology issues.

Gary Czubak, President of the Chicago Chapter of the Association of Information Technology Professionals, is leading the assessment. Gary is a principal in the company that is spearheading the audit and has an extensive background in all aspects of technology service, delivery and strategy. I have been overseeing this effort and will share some preliminary findings from Gary's

work with you during the executive session of the Board meeting on Friday.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

**From:** Patricia Babjak
**Sent:** Monday, November 19, 2012 9:49 AM
**To:** Paul Mifsud
**Subject:** IT
**Importance:** High

Paul,

On Friday, I inquired about the issue of *Eat Right Weekly* that should have gone out this past Wednesday, November 14, because Board members asked me why they didn't receive it. This is the first time in the more than two years that *Eat Right Weekly* has been published that an issue has failed to go out. I was surprised to hear that not only was it delayed, the issue will not go out at all this week due to failed "syncs."

*Eat Right Weekly* is hardly the only casualty of these failed syncs. I was extremely disappointed to learn this situation will also delay other crucial and high-profile website projects and objectives:

· The Quality Management Team has received dozens of calls and complaints from practitioners, members and committee volunteers who cannot access Scope of Practice and Standards of Practice PDFs. IT promised on Wednesday that these problems would be resolved in no more than 48 hours.

· The Academy election information from the Nominating Committee, who worked hard over the weekend, needed to go live on Monday.

· Holiday content scheduled for days leading up to Thanksgiving—which included food safety information linking to HomeFoodSafety.org—did not publish. (We are currently in talks with ConAgra about renewing our contract for this important program, and failing to post timely content hardly helps our negotiating position.)

Who is responsible for this failure, and why was the urgency and importance of these projects apparently not communicated to them, so that the situation could be addressed with the speed and seriousness it warrants?

All this reflects poorly, to say the least, on the Academy, especially with member leaders who work diligently to have important information available to their colleagues. It makes us look incompetent when we must constantly be reassuring members that we are working on the latest technical issue: the website is down or not functioning properly, email is not working, phones are not working, voicemail is not working, etc. And still we fail to permanently resolve these issues.

Recent discussions have demonstrated excuses at every turn, and I am continually doing damage control. This situation cannot continue any longer. The Academy must gain a better understanding of our staff infrastructure and critical resources to ensure we have the appropriate tools, individuals and support to effectively serve our members, work productively and achieve our organization’s goals.

The events of the past week – only the latest in a long series and must be addressed as soon as possible. This week, you will receive two contracts: one for the strategy consultant chosen to manage the website RFP process; and another company to conduct an IT audit, which will be integrated into the next steps of the web redesign. This report will identify and include recommendations for resolving the ongoing issues that are threatening our performance, our operations and our credibility with all those who look to us for leadership and information – particularly our members. These ongoing technical issues must and will be addressed as quickly and thoroughly as possible.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2532. Join me at PPW 2013

**From:** Academy of Nutrition and Dietetics <marketing@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 08, 2013 17:52:48
**Subject:** Join me at PPW 2013
**Attachment:**

---

Having trouble viewing this e-mail? View it in your browser.
Dear Academy Member,

Are you wondering how events in Washington, D.C., like Sequestration will impact you? Your career? There have been significant changes in the political landscape and more are anticipated in the new Congress as the controversy over the debt crisis continues. Several landmark pieces of legislation have been passed, which will affect the dietetics profession in clinics, community centers, schools and businesses.

The Academy needs you  now more than ever  to stand up and advocate for your profession and the health of Americans. Its time to activate the Academys grassroots advocacy to make a local and sustainable impact on Policy from the Ground Up. At the Academys 2013 Public Policy Workshop (PPW), to be held in Washington, D.C., March 10 to 12, you will gain skills necessary to be an influential Academy member in Congress, in your community and in your job.

Advocacy starts with every member, including me. This year, I have traveled around the world promoting the registered dietitian and dietetic technician, registered. I have been to the White House to attend meetings for the First Ladys Lets Move! program and to India to discuss child nutrition, hunger and obesity. I have lent my voice as the President of the Academy because together we must be the nations food and nutrition leaders as we work to optimize the publics health.

**Every aspect of food, nutrition and dietetics is influenced by policy**, which is why the Academy offers its annual **Public Policy Workshop**. At PPW, attendees gain the skills, knowledge and confidence to speak with members of Congress and other influential leaders to convey the importance of nutrition programs and services. These invaluable communication and leadership skills contribute to your own professional development and can take you to the next level in conversations and discussions in both your personal and professional endeavors long after the meeting concludes.

This year at PPW, we will examine the challenges of creating a local and sustainable food system and identify policy changes necessary to increase Americans access to food and nutrition. Learn to grow Policy from the Ground Up while making an impact on your career. Register today to show the nation we are the food and nutrition leaders.

*If dietetics is your profession, then policy should be your passion.*

See you in Washington!

Sincerely,
Ethan A. Bergman, PhD, RD, CD, FADA
President of the Academy of Nutrition and Dietetics

P.S. There are some great reasons to register *today* an early bird discount, chance to win an iPad mini and more. Dont miss these opportunities!

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2533. Daily News: Tuesday, January 8, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 08, 2013 10:42:29
**Subject:** Daily News: Tuesday, January 8, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Not gettin far with that gastric bezoar? Grab a Coke**
(Coke drinking is an effective first-line treatment to dissolve gastric bezoars or indigestible masses that form in the stomach after foreign material accumulates there, according to a new Greek study)
http://www.foodnavigator-usa.com/Science/Not-gettin-far-with-that-gastric-bezoar-Grab-a-Coke
Source: *Aliment Pharmacol Ther*
http://www.ncbi.nlm.nih.gov/pubmed/23252775

**Red Wine Could Mask Testosterone Levels, Experts Warn**
http://www.sciencedaily.com/releases/2013/01/130107161424.htm
Source: *Nutrition Journal*
http://www.nutritionj.com/content/11/1/67

**Over 700 Bacteria Identified In Breast Milk**
(The heavier the mother, the fewer the bacteria)
http://www.medicalnewstoday.com/releases/254630.php
Source: *American Journal of Clinical Nutrition*
http://ajcn.nutrition.org/content/96/3/544.abstract?sid=81dfd259-8a0f-410c-87eb-2a444bd2e663

**Eating Fish During Pregnancy Safe: Study**
**A study says that women don't put their children at risk by eating fish during pregnancy**
http://www.medicaldaily.com/articles/13769/20130106/eating-fish-during-pregnancy-safe-study.htm
Source: *Neurotoxicology*
http://www.ncbi.nlm.nih.gov/pubmed/23064204

**Majority of caffeine-containing supplements have inaccurate labels, claims study**
(Fewer than half the caffeine supplements sold on military installations accurately list the amount of caffeine they contain, according to a new study)
http://www.foodnavigator-usa.com/Market/Majority-of-caffeine-containing-supplements-have-inaccurate-labels-claims-study
Source: *JAMA Internal Medicine*
http://archinte.jamanetwork.com/article.aspx?articleid=1555822

**Finding a Way to Talk About a Disquieting Condition (IBD)**
http://www.nytimes.com/2013/01/08/business/media/crohns-and-colitis-foundation-begins-new-campaign.html?_r=0
Related Resource: Crohns &Colitis Foundation
http://www.ccfa.org/resources/diet-and-nutrition-1.html

**Really? Sugar-Free Gum Helps Prevent Cavities**
http://well.blogs.nytimes.com/2013/01/07/really-sugar-free-gum-helps-prevent-cavities/?ref=health

**Grocers resolve better variety, shopping experience in face of growing competition**
http://articles.chicagotribune.com/2013-01-04/business/ct-biz-0104-outlook-grocery-20130104_1_jim-hertel-traditional-supermarkets-willard-bishop

**Listeria blamed for US smoked salmon recalls**
http://www.foodnavigator-usa.com/Science/Listeria-blamed-for-US-smoked-salmon-recalls

**Onion skin waste ups antioxidant activity in bread, finds study**
(Onion skins that are normally consigned to waste bins could be used to up antioxidant activity in wheat bread without affecting consumer appeal, according to researchers)
http://www.foodnavigator-usa.com/Science/Onion-skin-waste-ups-antioxidant-activity-in-bread-finds-study

**Registered Dietitians in the News**

**Are you an RD who is active in print, broadcast and/or online media? Apply to become an Academy Spokesperson today! Serve as the face and voice of your profession. The deadline to apply is February 1st. Learn more here:**
http://www.eatright.org/members/spokespersonapplication

**Want to lose weight for good? Start with these realistic goals**
(By Tanya Zuckerbrot, RD)
http://www.foxnews.com/health/2013/01/04/want-to-lose-weight-for-good-start-with-these-realistic-goals/

Related Resources: What a Registered Dietitian Can Do for You
http://www.eatright.org/Public/content.aspx?id=6442472620
13 Health Tips for 2013
http://www.eatright.org/Public/content.aspx?id=6442474069#.UOryw42PW5I

**ShopRite adds in-store dietitian**
(Kailee Conrad, RD cited)
http://www.newbritainherald.com/articles/2013/01/06/news/doc50ea463b604f1820362966.txt
Related Resource: Dietetic Practice Group Sub-units
Currently over 30 of these sub-specialty areas exist within the main DPGs including the Supermarket Sub-unit of the Food and Culinary Professionals DPG
http://www.eatright.org/Members/content.aspx?id=704

**Some so-called 'dude foods' may not be so bad**
(Nicolette Pace, RD &Felicia Stoler, RD both quoted)
http://www.msnbc.msn.com/id/50191773/ns/health-mens_health/

**Shaking the habit**
(Ansleigh Mills, RD quoted)
http://www.reporternews.com/news/2013/jan/07/shaking-the-salt-habit-can-be-hard-abilene-says/

**Obesity survey suggests many don't know fat can cause cancer, infertility**
(Jennifer Dimitriou, RD quoted)
http://www.kens5.com/news/Obesity-survey-suggests-many-Americans-dont-know-fat-can-cause-cancer-infertility-185958272.html
Source: NORC Center for Public Affairs Research
http://www.apnorc.org/projects/pages/Obesity-in-the-United-States.aspx

**5 healthy foods: Nutrient-rich meals can taste good, too**
(Lauren Pitts, RD quoted)
http://www.tulsaworld.com/scene/article.aspx?subjectid=39&articleid=20130108_4_D1_CUTLIN713008

**Fewer people say they're on a diet**
(Elizabeth Ward, RD quoted)
http://www.usatoday.com/story/news/nation/2013/01/07/decrease-dieting-weight/1814305/
Source: The NPD Group- The 27th Annual Eating Patterns in America Report
https://www.npd.com/wps/portal/npd/us/news/press-releases/the-npd-group-reports-dieting-is-at-an-all-time-low-dieting-season-has-begun-but-its-not-what-it-used-to-be/

**Weight issues not as harmless as study may suggest**
(By Timi Gustafson, RD)

http://www.courierherald.com/lifestyle/185808531.html

**Simple 100-Calorie Food Swaps**
(By Holley Grainger, RD)
http://www.cookinglight.com/eating-smart/smart-choices/100-calorie-food-swaps-00412000079674/

**Food is part of joy of discovering Nanjing**
(By Carolyn O'Neil, RD)
http://www.ajc.com/news/lifestyles/health/food-is-part-of-joy-of-discovering-nanjing/nTpsG/
Related Resource: *Cultural Food Practices*
https://www.eatright.org/shop/product.aspx?id=11030

**People should make eating fruits, vegetables a priority**
(Nicole M. Rhoads, RD quoted)
http://readingeagle.com/article.aspx?id=442277

**Hold the Butter**
(Andrea Canada, RD quoted)
http://www.nytimes.com/2013/01/09/dining/hold-the-butter-healthy-food-served-here.html?pagewanted=all&_r=0

**Detox misconceptions**
(Eleanor Beck, Dietitian/Australia quoted)
http://www.illawarramercury.com.au/story/1221168/detox-misconceptions/?cs=2388

**Trick or tip: The top nutrition trends of 2013**
(By Jennifer Sygo, Dietitian/Canada)
http://life.nationalpost.com/2013/01/07/trick-or-tip-the-top-nutrition-trends-of-2013/

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-17579-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

2534. RE: FW: [schoolnutritionservices] Digest Number 702

**From:** Amy Biedenharn <ABiedenharn@eatright.org>
**To:** Diane Duncan-Goldsmith <ddgoldsmith.icia@gmail.com>, Donna Martin <dmartin@burke.k12.ga.us>
**Cc:** Britt Trulock <elizabeth.britt@gmail.com>, Connie Mueller <muellerc28@gmail.com>, Barrett June <jbarrett@alsde.edu>
**Sent Date:** Jan 07, 2013 12:25:41
**Subject:** RE: FW: [schoolnutritionservices] Digest Number 702
**Attachment:** image001.jpg

---

Sounds good!  Thanks everyone!

**From:** Diane Duncan-Goldsmith [mailto:ddgoldsmith.icia@gmail.com]
**Sent:** Monday, January 07, 2013 11:20 AM
**To:** Amy Biedenharn; Donna Martin
**Cc:** Britt Trulock; Connie Mueller; Barrett June
**Subject:** Re: FW: [schoolnutritionservices] Digest Number 702

Amy,

Britt Trulock has been monitoring the electronic mail list.  At this time,Donna Martin has been assisting since Britt just had a baby.  I just talked to Donna and she will go in and delete.

Thanks for letting us know,

Diane

On Mon, Jan 7, 2013 at 11:06 AM, Amy Biedenharn <ABiedenharn@eatright.org> wrote:

Hi Diane –

Who on your EC handles the electronic mailing list?

I noticed this post and it looks like it might be spam so I thought you may want to pull it down.

Thanks,

Amy

**From:** schoolnutritionservices@yahoogroups.com [mailto: schoolnutritionservices@yahoogroups.com]
**Sent:** Monday, January 07, 2013 10:22 AM
**To:** schoolnutritionservices@yahoogroups.com
**Subject:** [schoolnutritionservices] Digest Number 702

**School Nutrition Services Group**

# 1 New Message

**Digest #702**
**1**
**(no subject) by "Mary-jo Overwater" mjoverwater**

# Message 1

## (no subject)

Sun Jan 6, 2013 10:37 pm (PST) . Posted by:
"Mary-jo Overwater" mjoverwater
http://sheb4ng-rec0rds.com/images/dwncst.php?fhks=fhks
Reply to sender **.** Reply to group **.** Reply via Web Post **.** All Messages (1) **.** Top ^
Visit Your Group
>
View All Topics
>
Create New Topic
>
We are making changes based on your feedback, Thank you !
Submit Feedback
>
The Yahoo! Groups Product Blog
Check it out!
>
**CHANGE SETTINGS**
**>**
**TERMS OF USE**
**>**
**UNSUBSCRIBE**
**>**

2535. January 11 Board Meeting

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, 'Alison' <als25@case.edu>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jan 04, 2013 18:58:26
**Subject:** January 11 Board Meeting
**Attachment:**

---

Happy New Year!

The agenda and corresponding attachments for the Friday, January 11 Board webinar are now available on the Board of Directors' communication platform. The size of the meeting packet is reduced, therefore paper copies will not be provided; please contact Joan (jschwaba@eatright.org ) or Jeri (jpalmer@eatright.org) by Monday if you want us to mail you a paper packet.

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Please login to the communications platform using the link http://academybod.webauthor.com and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, January 11Board Meeting.

On Friday, please log on to the webinar and dial into the conference call by using the information below.

DIAL IN NUMBER: 1-866/477-4564

CONFERENCE CODE: 75 48 12 89 82

Log on: https://www1.gotomeeting.com/join/625170401

Member ID: 625-170-401

Joining us for this meeting will be Al Bryant, Managing Director of Segall, Bryant and Hamill, to provide an update on our investments. Deborah Canter, chair of the Education Committee, and Patti Landers, chair of the Nutrition and Dietetics Educators and Preceptors DPG, will present the NDEP DPG and Education Committee merger structure and timeline.

Please contact me if you have any questions.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856
E-mail: pbabjak@eatright.org

2536. Save Some Green in 2013

**From:** The Academy of Nutrition and Dietetics <Membership@eatright.org>
**To:** Donna <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 03, 2013 22:36:49
**Subject:** Save Some Green in 2013
**Attachment:**

---

Having trouble viewing this email? View it in your browser.
**Save Some Green!**

Dear Donna,

Time is running out for you to participate in the Academy of Nutrition and Dietetics early renewal program.

We are offering you a special opportunity to save 3% off the Academys upcoming dues increase. If you act now and **renew your 2013-2014 Academy membership** youll avoid that increase and continue your membership at the current 2012-2013 rate.

You can also opt into receiving your future Academy dues invoices electronically, and by renewing online, youll be saving some trees while youre at it! This offer will expire on January 31, 2013.

If you want more information, download a copy our **2013-2014 Member Benefits Guide** to explore the many benefits of membership.

Thank you for your support!

*Ethan Bergman, PhD, RD, FADA, CD*
**2012-2013 President**
**Academy of Nutrition and Dietetics**

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2537. FW: BS / DPD Graduate Dietetic Practice Audit - Draft Survey Review

**From:** Kay Manger-Hague <KHague@eatright.org>
**To:** DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
**Sent Date:** Jan 03, 2013 12:12:01
**Subject:** FW: BS / DPD Graduate Dietetic Practice Audit - Draft Survey Review
**Attachment:** image001.jpg
15830_Q03.pdf
15830_P03.pdf

---

Second attempt.

Kay Manger-Hague, RD
Director - Credentialing Operations
Commission on Dietetic Registration

*the credentialing agency for the*
**Academy of Nutrition and Dietetics**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Toll Free: 800/877-1600, ext. 4777

Direct: 312/899-4777
Fax: 312/899-4772
E-mail: khague@eatright.org

**From:** Kay Manger-Hague
**Sent:** Thursday, January 03, 2013 10:09 AM
**To:** 'bergmane@cwu.edu'; 'glenna@glennamccollum.com'; 'escottstumps@ecu.edu'; 'dwheller@mindspring.com'; Treasurer ExternalSMTP; 'dmartin@burke.Kl2.ga.us'; 'becky@beckydorner.com'; 'Nancylewis1000@gmail.com'; 'nutrisha50@earthlink.net'; 'lbeseler_fnc@bellsouth.net'; 'craytef@auburn.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; 'bkyle@roadrunner.com'; 'easaden@aol.com'; 'joe.derochowski@nielsen.com'; 'sandralgill@comcast.net'; 'canter@ksu.edu'; 'maillet@umdnj.edu'; 'younghee.kim@baystatehealth.org'; 'kranz@purdue.edu'; 'knavder@hunter.cuny.edu'; 'james.swain@case.edu'; 'cluskeym@oregonstate.edu'; 'kay.wolf@osumc.edu';

'elaine.molaison@usm.edu'; 'kendall@ufl.edu'; 'jamie.erskine@unco.edu'; 'NRhoades@aladdin-atr.com'; 'blarson@cord.edu'; 'tlburgesschampoux@stkate.edu'; 'sharon.foley@comcast.net'; 'sharon.schwartz@sodexo.com'; 'mstuber@methodisthospitals.org'; 'lywright@poly.usf.edu'; 'mmcelligott@nebraskamed.com'; 'sganesh1@fairview.org'; 'PCJeanRD@aol.com'; 'larkin2009@att.net'; 'rosenoa07@students.ecu.edu'; 'mrwenger@purdue.edu'; 'bonnerh@upstate.edu'; 'austinabbe@aol.com'; 'joanstraumanis@earthlink.net'; 'kdhaubri@baptisthealthsystem.com'; 'jkicklighter@gsu.edu'; 'judeian@sbcglobal.net'; 'jallendo@harpercollege.edu'; 'cluskeym@oregonstate.edu'; 'amkis@verizon.net'; 'mkmeyer@ches.ua.edu'; 'melissa.pflugh@gmail.com'; 'easaden@aol.com'; 'bspear@peds.uab.edu'
**Cc:** Patricia Babjak; Harold Holler; Ulric Chung; Chris Reidy; Kay Manger-Hague; Dick Rogers; Kevin Sauer
**Subject:** BS / DPD Graduate Dietetic Practice Audit - Draft Survey Review

Dear Sirs/Madams:

As you are likely aware, the Commission on Dietetic Registration (CDR) has undertaken a dietetics practice audit survey to investigate dietetics practice of individuals who have completed a bachelors degree and didactic program in dietetics curriculum requirements. The results of this survey will be used as the basis for the development of a new credential targeted to this baccalaureate graduate population. A copy of this survey is attached.

We invite you to review and comment on the attached instrument. Please complete your review, and forward your comments to Kay Manger-Hague (khague@eatright.org ), no later than January 16, 2013. Once we receive your comments, revisions to the instrument can considered and finalized. After the final revisions are made, the questionnaire can be sent to the appropriate respondents in early February 2013.

We thank you for your consideration and review of this survey document, and look forward to a successful study.

Sincerely,

Kevin Sauer, PhD, RD, LD

Chair, Commission on Dietetic Registration –BS/DPD Task Force
Asst. Professor, Hospitality Management &Dietetics

Kansas State University

2538. Eat Right Weekly - January 3, 2013

**From:** Eat Right Weekly <weekly@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 03, 2013 12:03:03
**Subject:** Eat Right Weekly - January 3, 2013
**Attachment:**

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Eat Right Weekly
January 3, 2013

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On the Pulse of Public Policy
CPE Corner
Career Resources
Research Briefs
Academy Member Updates
Philanthropy, Awards and Grants
Eat Right Weekly

## On the Pulse of Public Policy

Current Situation: Getting Off the Cliff

The American Taxpayer Relief Act of 2012 passed both chambers of Congress this week and is expected to be signed by President Obama. Although the "cliff" was avoided, this bill does not include entitlement reform or sequestration (funding cuts), which will need to be addressed by Congress before the end of March 2013.

Learn More >>
Are You Committed to Local and Sustainable Food Policy?

Register today for the Academy's Public Policy Workshop, being held March 10 to 12 in Washington, D.C., to make local and sustainable nutrition policy and advocacy part of your New Year's resolution.

Learn More >>
Academy Meets with HHS and Comments on Essential Health Benefits Proposed Rule

The Academy urged comprehensive coverage of MNT and other nutrition services in a face-to-face meeting and recent comments on a proposed rule from the U.S. Department of Health and

Human Services regarding Essential Health Benefits.

Learn More >>

## CPE Corner

Upcoming Webinars

Members can earn CPE credits at several upcoming webinars.

Learn More >>

Call for FNCE 2013 Abstracts

Do you have new research or a successful program or project you would like to showcase? This is your opportunity to provide insights that lead to action for your colleagues. The Call for Abstracts for the 2013 Food &Nutrition Conference &Expo, October 19 to 22, in Houston, Texas, is now open.

Learn More >>

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, introduces a new online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of $19 for each module or complete all four modules and earn 8 hours of CPEUs for $76.

Learn More >>

New Platform for All Online Learning Programs

Using a new web platform built on HTML5 and the latest technologies, members can now access all Professional Development online learning courses and online certificate of training programs from many of the most popular Internet devices, including iPads, iPhones, Android phones and tablets, as well as browsers including Internet Explorer, Mozilla Firefox, Apple Safari, Google Chrome and Opera. Please log in to receive member pricing.

Learn More >>

## Career Resources

Start Planning for National Nutrition Month

Make a New Year's resolution to celebrate National Nutrition Month 2013 in March. The theme "Eat Right, Your Way, Every Day" encourages personalized healthy eating styles and recognizes that food preferences, lifestyle, cultural and ethnic traditions and health concerns all impact individual food choices. Check out the new Promotional Resources section for ideas and

inspiration.

Learn More >>
For 2013: Test Your Skills

The Academy's Professional Skills Review has links to current research articles and professional content, plus more than 650 multiple-choice questions to help you assess your knowledge. Save 10 percent in January.

Learn More >>
RD/PCP Obesity Treatment Toolkit

"Meeting the Need for Obesity Treatment: A Toolkit for the RD/PCP Partnership" is now available.

Learn More >>
More Than 100 CPE Hours Available

Members have the opportunity to obtain more than 100 hours of CPE wherever and whenever works within their hectic schedule. Gain access to almost every 2012 Food &Nutrition Conference &Expo session with technology that allows a new and improved user experience.

Learn More >>

## Academy Member Updates

Submit Nominations for 2013 Academy Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the dietetics profession through the National Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. New this year is "Intent to Nominate."

Learn More >>

## Philanthropy, Awards and Grants

CDR Leadership Grant

The purpose of the Foundation's Commission on Dietetic Registration Leadership Grant fund is to provide financial support to registered dietitians and and dietetic technicians, registered to obtain leadership training. Training programs should prepare individuals to move into leadership positions within their organization. The deadline to apply is February 1. More information and to download an application.

Kids Eat Right Mini-Grant Opportunity

To support the use of Kids Eat Right toolkits by Campaign members, 25 mini-grants of $200 are available. Recipients of mini-grants agree to give two presentations from any of the Kids Eat Right toolkits (Healthy Breakfast, Healthy Snacking, Family Champions, Family Mealtime or Myth Busters) in a school setting for kids or adults between February 4 and March 31.

Learn More >>
Apply for Food Safety Student Challenge Scholarships

Nine student scholarships of $4,500 are available through the Academy Foundation/ConAgra Foods' Food Safety Student Challenge. The application deadline is February 1.

Learn More >>
Foundation Awards Application Deadline

The deadline is February 1 to apply for many of the Foundation's continuing education, international and program development awards. Get information about the awards program, new awards and download an application.

Scholarships Application Deadline

The application deadline is February 15 for graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician, registered scholarships. Get information about the scholarship program and download an application.

Energy Balance 4 Kids: K.C. Edition

Energy Balance 4 Kids in Kansas City has been re-ignited. Read more about what this exciting program is doing in Kansas City schools.

New Issue: *Foundation Matters*

The Fall issue of *Foundation Matters*, the newsletter covering current Academy Foundation activities, is available for download.

New Year, New Kids Eat Right Toolkit

Through the Future of Food Project with support from the National Dairy Council, Kids Eat Right is launching a new hunger toolkit with two presentations for adults and teens. More information will be coming soon on mini-grant opportunities for the new toolkit, exclusive to Kids Eat Right

Campaign members.

*A Year of Being Well*

Looking for simple ways to make healthy changes in your family? Order a free copy of *A Year of Being Well* today (or download the digital version) from the Michael and Susan Dell Foundation and the Alliance for a Healthier Generation. Available in English and Spanish.

Learn More >>
Contest to Challenge Best Kids' Menu Ideas

The National Restaurant Association and McCormick for Chefs recently launched the Kids Recipe Challenge, a competition that will showcase restaurants' culinary ingenuity in creating healthful menu items for children at restaurants and other foodservice establishments.

Learn More >>

Send questions, comments or potential news items >>
The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

**Note: Links to sites other than the Academy's may become inactive over time.**

*Eat Right Weekly* is e-mailed each Wednesday to all Academy members. It is also available online.
*Eat Right Weekly* is a benefit for members of the Academy of Nutrition and Dietetics.
To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.
If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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2539. Kids Eat Right webinar opportunity

**From:** Katie Brown <kbrown@eatright.org>
**To:** Donna Martin <dmartin@burke.k12.ga.us>
**Cc:** Lisa Medrow <lisa@totalnutritiontechniques.com>
**Sent Date:** Jan 03, 2013 09:52:26
**Subject:** Kids Eat Right webinar opportunity
**Attachment:** image001.jpg

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Hi, Donna. Happy New Year!

As part of the Academy's Future of Food project to increase access to adequate amounts of healthy foods and reduce food insecurity in the U.S., we are developing a Kids Eat Right CPEU webinar series to run monthly from February through July 2013.

With your experience in school foodservice, I'm wondering if you'd be interested in participating as the main topic presenter in the April webinar. The CPEU webinar would be live in late April (we'll work with you and Professional Development to determine the exact date). We have a detailed timeline of activities throughout which I'll share with you if/when you confirm that you are interested/available to participate. My colleague, Lisa Medrow, is cc'd here, and would be working closely with you throughout the process.

We can offer a $750 stipend for your participation in the development and presentation of the webinar, and will include the SNS DPG logo on the materials.

**April Webinar Suggested Outline**
**School Meals and Community Partnerships: Creative Solutions against Food Insecurity**

Introduction-housekeeping Future of Food project update (Lisa Medrow) 5 minutes

Main topic content (Panelist 1—this would be you) 30 minutes

Suggested outline:

School Meals Fight against Hunger-15 minutes

School meals nutrition requirements

School meal opportunities (breakfast, lunch, dinner, summer, etc.)

Community Partnerships to Feed Children and Families-15 minutes

Model programs and partnerships

Call to action content (Panelist 2) 10 minutes

Suggested outline:

Creative Solutions against Food Insecurity-5 minutes (e.g., school food pantry)

Call to Action-5 minutes
KER actions and resources
Feeding America resources

15 minutes-Q &A (Lisa Medrow reads questions, content experts answer questions together)

Please let me know if you are interested in this opportunity and we will schedule a conference call to review details of the project in February.

Thanks for considering participating in this webinar.
--Katie

Katie Brown, Ed.D., RD, LD

**National Education Director**

**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH:**
**Academy of Nutrition and Dietetics Foundation**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

(312) 899-4847

www.eatright.org/foundation

www.kidseatright.org

-

2540. Fiscal Cliff Update

**From:** Patricia Babjak <PBABJAK@eatright.org>
**To:** Becky Dorner <becky@beckydorner.com>, Diane Heller <dwheller@mindspring.com>, Donna Martin <dmartin@burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Evelyn Crayton <craytef@auburn.edu>, Glenna McCollum <glennacac@aol.com>, Joe Derochowski <joe.derochowski@nielsen.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, Mary K. Russell <peark02@outlook.com>, Nancy Lewis <nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill <sandralgill@comcast.net>, Sylvia Escott-Stump <escottstumps@ecu.edu>, Trisha Fuhrman <nutrisha50@earthlink.net>
**Cc:** Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Ulric Chung <UChung@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
**Sent Date:** Jan 02, 2013 12:52:22
**Subject:** Fiscal Cliff Update
**Attachment:**

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An insightful update prepared by our DC staff on the Fiscal Cliff situation follows.

**Current Situation-Getting Off the Cliff**

The American Taxpayer Relief Act of 2012 passed both chambers of Congress this week and is expected to be signed by President Obama. There still is no entitlement reform or sequestration (funding cuts) included in this bill. These will need to be addressed by end of March. The Bill that passed has some wins and losses for us. The biggest loss is the Farm Bill Extension that was included. Bowing to the media focus on milk prices, Senator McConnell chose to provide only dairy support and a few other changes rather than using the Farm Bill passed by the full Senate and the House Agriculture Committee. The Farm Bill provided long term solutions to dairy farmers and other needed agricultural changes. The language in the Act is viewed very short term by the bipartisan House and Senate Agriculture Committee leaders and thought to be unfair to dairy farmers and consumers.

**Changes Ahead for Our Members**

Funding for programs important to our members in the Farm Bill Extension section is reduced. Most notable is the 30% reduction of SNAP-Ed, an effective nutrition education program that employs many of our members. Funding for the Specialty Crops and Seniors Farmers Market is uncertain with the changes in the bill and could impact our members and the clients they serve.

On the HHS side, the 26.5% cut in Medicare reimbursement (doc fix) mandated by the sustainable growth rate (SGR) formula was averted. This will be viewed as good news for our members receiving Medicare reimbursement. However there still needs to be a long term solution. We will need to continue our efforts on providing outcomes to assure fair coverage when this is finally resolved. Evidence on the effectiveness of our services will be key to our coverage efforts. There will be offsets that will made in reductions to hospitals and dialysis centers.

The Extension of Special Diabetes Program for Type 1 diabetes and for Indians which funds research for these targeted groups has been maintained. Many of our members work in this program and success stories are reported at: http://www.diabetes.org/assets/pdfs/advocacy/the-special-diabetes-program.pdf.

Congregate dining and home delivered meals programs will retain funding for the next two months which is good news. Our efforts for passing an effective Older Americans Act become more crucial in this Congress.

WIC is still uncertain but will probably be a focus in sequestration.

There is an opportunity for us with the establishment of the Commission on Long-Term Care included in the bill. We are already working with leaders in the aging communities on selection of members to this high level and influential committee.

**Next steps**

Although we are off the cliff for today, we know we will have several areas of focus in the next few months. Sequestration will mean reductions for our members' programs and services. We need to advocate that reductions are done fairly and with vision. It is important that our members understand the impact of this situation and respond to action alerts. We anticipate that the 113th Congress will have some serious work ahead and we will support their work.

In the next few weeks we will:

1. Digest and communicate with our members the full impact of the Tax Act for them.

2. Identify our strategies for policy efforts with the 113th Congress.
3. Build relationships with our Congressional champions.
4. Work with our internal partners to identify reachable legislative and public policy goals to expand opportunities for our members.

Pat

**Patricia M. Babjak**

*Chief Executive Officer*

**Academy of Nutrition and Dietetics**
**(formerly the American Dietetic Association)**
**NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH**

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2541. Daily News: Wednesday, January 2, 2013

**From:** Academy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
**To:** Donna S Martin RD LD <DMartin@burke.k12.ga.us>
**Sent Date:** Jan 02, 2013 12:27:43
**Subject:** Daily News: Wednesday, January 2, 2013
**Attachment:**

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**Daily News**
**From the Academy of Nutrition and Dietetics Knowledge Center**

**The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content**

**Careful design of personal health records can improve the delivery of preventive care**
http://www.ahrq.gov/research/jan13/0113RA24.htm
Source: *BMC Medical Informatics &Decision Making*
-Designing a patient-centered personal health record to promote preventive care
http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3250934/
Related Resource: *Journal of the Academy of Nutrition and Dietetics*, December 2012
-The Health Information Technology for Economic and Clinical Health (HITECH) Act and Nutrition Inclusion in Medicare/Medicaid Electronic Health Records: Leveraging Policy to Support Nutrition Care
http://www.andjrnl.org/article/S2212-2672(12)01658-9/fulltext
(Registration required or login as a member at www.eatright.org and go to publications for full-text access to the Journal)

**Really? Dieting Is a Short-lived New Years Resolution**
http://well.blogs.nytimes.com/2012/12/31/really-dieting-is-a-popular-but-short-lived-new-years-resolution/
Source: *J Health Psychol*
http://www.ncbi.nlm.nih.gov/pubmed/22992586

**A Few Extra Pounds Won't Kill YouReally**
http://online.wsj.com/article/SB10001424127887323635504578215801377387088.html
Source: *JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1555137

**Fructose Effect On Brain May Explain Link To Obesity**
http://www.medicalnewstoday.com/articles/254512.php

Source:*JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1555133

**Obesity Declining in Young, Poorer Kids**
http://www.reuters.com/article/2012/12/25/us-obesity-kids-idUSBRE8BO07J20121225
Source: *JAMA*
http://jama.jamanetwork.com/article.aspx?articleid=1487493

**Kids and Healthy Eating Can Go Together**
**Initiatives from cooking classes to 'teaching gardens' can make it happen**
http://consumer.healthday.com/Article.asp?AID=667170
Related Resource: KidsEatRight.org
http://www.eatright.org/Foundation/content.aspx?id=6442452354

**Energy Drinks Promise Edge, but Experts Say Proof Is Scant**
http://www.nytimes.com/2013/01/02/health/scant-proof-is-found-to-back-up-claims-by-energy-drinks.html
Related Resource:*Journal of the Academy of Nutrition and Dietetics*, January 2013
-Characteristics Associated with Consumption of Sports and Energy Drinks among US Adults: National Health Interview Survey, 2010
http://www.andjrnl.org/article/S2212-2672(12)01646-2/abstract
*JAMA*Patient Page-Energy Drinks
http://jama.jamanetwork.com/article.aspx?articleid=1487122

**The graying of HIV: Hurdles, hope for older adults**
http://www.chicagotribune.com/health/ct-x-seniors-hiv-20130102,0,3265134.story
Related Resource: EAL-HIV/AIDS Evidence-Based Nutrition Practice Guideline
http://andevidencelibrary.com/topic.cfm?cat=4248

**AAP Releases New C. Diff Guidance**
http://www.medpagetoday.com/InfectiousDisease/GeneralInfectiousDisease/36655?utm_content=&utm_medium=email&utm_campaign=DailyHeadlines&utm_source=WC&xid=NL_DHE_2013-01-02&eun=g411013d0r&userid=411013&email=knowledge@eatright.org&mu_id=5511392

**What You Think You Know (but Dont) About Wise Eating**
http://well.blogs.nytimes.com/2012/12/31/what-you-think-you-know-but-dont-about-wise-eating/

**A New, Super-Nutritious Puffed Rice For Breakfast Cereals And Snacks**
http://www.medicalnewstoday.com/releases/254325.php

**After Crispy Pig Ears, 10 Trends for 2013**
http://www.nytimes.com/2013/01/02/dining/after-crispy-pig-ears-10-trends-for-2013.html?pagewanted=all&_r=0

**Back-to-basics exercises are hot for 2013**
http://www.ajc.com/news/lifestyles/health/back-to-basics-exercises-are-hot-for-2013/nTgd2/

**MedlinePlus: Latest Health News**
-The Great Recess Debate
-Debate Heats Up Over Screening Athletes for Sickle Cell Trait
NCAA mandates such a test, but medical group urges a different option
-Early Scheduling Gets More Patients to Cardiac Rehab
Scheduling heart patients' first cardiac rehabilitation session within 10 days of hospital discharge gets more of them to show up, according to a new study.
-Going Online for Info May Reflect a Pro-Active Stance Against Cancer
People who did so typically didn't view their diagnosis as being 'just up to fate,' study found
-Health Tip: Understanding Morning Sickness
Potential complications of severe cases
-Inspiration for a Healthy New Year
-Scientists ID New Genetic Connection for Gout
The painful inflammatory condition affects about 2 percent of people worldwide
-Cancer-Related Fatigue Often Overlooked, Study Finds
http://www.nlm.nih.gov/medlineplus/healthnews.html

**Registered Dietitians in the News**

**Are you an RD who is active in print, broadcast and/or online media? Apply to become an Academy Spokesperson today! Serve as the face and voice of your profession. The deadline to apply is February 1st. Learn more here:**
http://www.eatright.org/members/spokespersonapplication

**6 "Fancy" Food Store Fat Traps**
(Rachel Begun, Academy Spokesperson quoted)
http://www.shape.com/healthy-eating/diet-tips/6-fancy-food-store-fat-traps

**New year offers new chance to eat healthier at restaurants**
(Ruth Frechman, Academy Spokesperson quoted)
http://www.dailynews.com/news/ci_22292127/new-year-offers-new-chance-eat-healthier-at

**How to make those healthy resolutions stick**
(Jean Alves, RD quoted)
http://www.chicagotribune.com/health/ct-x-0102-health-resolutions-20130102,0,2721524.story

**Is Fructose Making People Fat?**
**Simple sugar found in high-fructose corn syrup and elsewhere is tied to appetite changes**

**in study**
(Connie Diekman, RD &Sharon Zarabi, R.D both quoted)
http://consumer.healthday.com/Article.asp?AID=672039

**Lifestyle Changes Key to Weight Loss in New Year**
**Small steps can help people finally achieve that elusive resolution, expert says**
(Alenka Ravnik-List, RD quoted)
http://consumer.healthday.com/Article.asp?AID=671089

**Make your New Year's resolution stick: Think small**
(By Joy Bauer, RD)
http://todayhealth.today.com/_news/2012/12/28/16216297-make-your-new-years-resolution-stick-think-small?lite

**Healthy holiday basket gifts good for any holiday**
(Anna Busenburg, RD featured)

http://www.wlfi.com/dpp/news/local/healthy-holiday-basket-gifts-good-for-any-holiday

**Expand your taste with Valley specialty mushrooms**
(Dave Grotto, RD quoted)
http://www.fresnobee.com/2013/01/01/3119033/expand-your-taste-with-valley.html

**Advice: Making New Year's resolutions? First, you need a plan, experts say**
(Christie Ferriell, RD quoted)
http://www.oregonlive.com/today/index.ssf/2013/01/making_a_new_year_resolutions.html

**How you can improve eating behavior in 2013**
(By Carolyn O'Neil, RD; Janet Helm, RD &Jill Nussinow, RD quoted)
http://www.ajc.com/news/lifestyles/health/how-you-can-improve-eating-behavior-in-2013/nThMR/

**The power of chia**
(By Midori Gingerich, RD)
http://www.press-citizen.com/article/20130102/FEATURES/301020007/The-power-chia

**Celebrate fun food holidays**
(By Kathy Kolasa, RD)
http://www.reflector.com/look/kolasa/kolasa-fun-food-holidays-include-national-apricot-day-jan-9-1615931

**Oats - in many forms - offer a powerhouse breakfast**
(Kymm Mutch, RD quoted)

http://www.jsonline.com/features/food/oats--in-many-forms--offer-a-powerhouse-breakfast-0d7u0jk-185308502.html

**You are what you drink**
(Laura Kruskall, RD quoted)
http://www.lvrj.com/taste/you-are-what-you-drink-185399621.html

**Food trends to keep: Small, simple, fresh and healthy**
(By Timi Gustafson RD)
http://www.courierherald.com/lifestyle/185317101.html

**Quote of the Week**
**Don't be fooled by the calendar. There are only as many days in the year as you make use of."**
**-Charles Dow Richards**

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-17471-1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org