

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

From: Carrolyn Patterson

Sent: Thursday, April 17, 2014 4:57 PM

To: 'glennacac@aol.com'; 'glenna@glennamccollum.com'; 'connors@ohsu.edu';
'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us;
peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'elise@ntrs.com';
'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu';
'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com;
'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

Cc: Joan Schwaba

Subject: CEO Evaluation Survey - Part 2

Importance: High

Hello All,

You should have or will receive in a few short minutes the CEO Evaluation Survey from Glenna McCollum. In addition, to assist you with the completion of the evaluation, Glenna has asked that I pass along the attached documents.

Please let me know if you have any questions regarding the survey or the attachments.

Thanks and have a wonderful weekend!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

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From: Carrolyn Patterson

Sent: Wednesday, April 16, 2014 1:01 PM

To: 'glennacac@aol.com'; 'glenna@glennamccollum.com'; 'connors@ohsu.edu';
'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us;
peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'elise@ntrsyst.com';
'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu';
'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com;
'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

Subject: CEO Evaluation Tool Coming Soon!

Importance: High

Hello All,

This email is being sent to inform you that the 2014 CEO Evaluation Tool will be delivered by close of business on Friday, April 18, 2014. If you have any questions or any issues completing the CEO Evaluation please contact me directly.

Thanks!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

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1346. See your Name in the Journal - Become an Academy Fellow!

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Apr 25, 2014 13:48:12
Subject: See your Name in the Journal - Become an Academy Fellow!
Attachment:

See your Name in the Journal Become an Academy Fellow!

Having trouble viewing this e-mail? View it in your browser.

Connect with the Academy:

Fellows Receive Special Recognition

Dear Donna:

The Academy of Nutrition and Dietetics is offering you the opportunity to apply for its new member designation program, the Fellow of the Academy of Nutrition and Dietetics (FAND). Members can find the online Fellowship application at www.eatright.org/fellow.

Dont delay! All Academy Fellows awarded by **May 31, 2014** will be featured in the first annual FAND spotlight in the *Journal of the Academy of Nutrition and Dietetics*, which has a reader and subscriber base of over 77,000! This is your chance to shine amongst the professions brightest stars.

Academy Fellows also receive:

- Entitlement to use the designation of FAND. This designation reflects both the professional stature of the Fellow plus your record of valuable service to the Academy and field of dietetics.
 - Ready-to-use templates to promote your new FAND status to your employer and local newspaper.
 - Use of the Academy Member/Fellow logo.
 - A Fellowship certificate (suitable for framing).
 - Recognition at the Academys Food and Nutrition Conference and Expo (FNCE®).
- Become a Fellow today and become a part of Academy history. For questions, email fellow@eatright.org.

Thank you for your commitment to the Academy of Nutrition and Dietetics - the worlds largest organization of food and nutrition professionals.

Sincerely,
The Academy Membership Team

This membership email was sent to you from the Academy of Nutrition and Dietetics.
If you prefer not to receive future membership emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1347. RE: Better Learning is Just a Click Away

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Kathy Cobb' <kathy.cobb@snet.net>, 'Foreyt, John P' <jforeyt@bcm.edu>, 'Robert F Kushner' <rkushner@northwestern.edu>, 'Biesemeier, Christina K' <chris.biesemeier@Vanderbilt.Edu>, 'Thomson, Cynthia A - (cthomson)' <cthomson@email.arizona.edu>, 'Cummings, Susan M.' <SCUMMINGS1@PARTNERS.ORG>, 'Rigassio Radler, Diane' <rigassdl@shrp.rutgers.edu>, 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Anne Wolf' <anne@amwolf.com>, 'Sothern, Melinda' <msothe@lsuhsc.edu>, 'Dana Engel GERSTEIN' <danaeg@berkeley.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Debra Kibbe' <dkibbe@gsu.edu>, 'Gee, Molly' <mgee@bcm.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Jortberg, Bonnie' <Bonnie.Jortberg@ucdenver.edu>, 'WEST, DELIA' <WESTDS@mailbox.sc.edu>, 'Corby Martin' <Corby.Martin@pbrc.edu>, 'Mattes, Richard D' <mattes@purdue.edu>, 'Marc Jacobson' <daktah@gmail.com>
Cc: 'Ruth Ann' <ruthann@healthintegrationllc.com>, Chris Reidy <CREIDY@eatright.org>, Nekira Banks <NBanks@eatright.org>, Roxanne Way <RWay@eatright.org>
Sent Date: Apr 24, 2014 15:46:49
Subject: RE: Better Learning is Just a Click Away
Attachment: [image001.png](#)
[ARD webinar 4-23-14 Final.pptx](#)

Attached is the PowerPoint presentation from the April 23, 2014 webinar. A link to view the recorded webinar is included below.

<https://app.box.com/s/4737wybqgf046keagiry>

Please let me know if you have any questions. Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Thursday, April 17, 2014 4:51 PM

To: 'Kathy Cobb'; 'Foreyt, John P'; 'Robert F Kushner'; 'Biesemeier, Christina K'; 'Thomson, Cynthia A - (cthomson)'; 'Cummings, Susan M.'; 'Rigassio Radler, Diane'; 'Hassink, Sandra'; 'Copperman, Nancy'; 'Sothorn, Melinda'; 'Dana Engel GERSTEIN'; DMartin@Burke.k12.ga.us; 'Kirk, Shelley'; 'Debra Kibbe'; 'Gee, Molly'; 'Johnston, Craig Allen'; 'Isadora Nogueira'; 'Gail Frank'; 'Jortberg, Bonnie'; 'WEST, DELIA'; 'Corby Martin'; 'Mattes, Richard D'; 'Marc Jacobson'

Cc: 'Ruth Ann'

Subject: RE: Better Learning is Just a Click Away

Attached is a document that highlights best practices for using audience response devices which was developed by Ruth Ann Carpenter. If possible, please review prior to the webinar.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

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pjohnson@eatright.org

From: Pearlie Johnson

Sent: Tuesday, April 15, 2014 10:42 AM

To: 'Kathy Cobb'; 'Foreyt, John P'; 'Robert F Kushner'; 'Biesemeier, Christina K'; 'Thomson, Cynthia A - (cthomson)'; 'Cummings, Susan M.'; 'Rigassio Radler, Diane'; 'Hassink, Sandra'; 'Copperman, Nancy'; 'Sothorn, Melinda'; 'Dana Engel GERSTEIN'; DMartin@Burke.k12.ga.us; 'Kirk, Shelley'; 'Debra Kibbe'; 'Gee, Molly'; 'Johnston, Craig Allen'; 'Isadora Nogueira'; 'Gail Frank'; 'Jortberg, Bonnie'; 'WEST, DELIA'; 'Corby Martin'; 'Mattes, Richard D'; 'Marc Jacobson'

Cc: 'Ruth Ann'

Subject: Better Learning is Just a Click Away

Importance: High

Below is the link to register for the April 23, 2014 Audience Response Device (clickers) Best Practice Webinar. The webinar will be recorded for those of you who are not able to participate in the live webinar.

Topic: Better Learning is Just a Click Away

Date: Wednesday, April 23, 2014

Time: 1:00 pm, Central Daylight Time (Chicago, GMT-05:00)

To register for this meeting

-
1. Go to <https://eatright.webex.com/eatright/j.php?ED=247598732&RG=1&UID=0&RT=MiM3>
 2. Register for the meeting.

Once the host approves your request, you will receive a confirmation email with instructions for joining the meeting.

Note: If you already registered for this meeting, you do not need to register again.

To view in other time zones or languages, please click the link:

<https://eatright.webex.com/eatright/j.php?ED=247598732&RG=1&UID=0&ORT=MiM3>

For assistance

1. Go to <https://eatright.webex.com/eatright/mc>
2. On the left navigation bar, click "Support".

You can contact me at:

sbarthel@eatright.org

1-312-899-4897

The playback of UCF (Universal Communications Format) rich media files requires appropriate players. To view this type of rich media files in the meeting, please check whether you have the players installed on your computer by going to

<https://eatright.webex.com/eatright/systemdiagnosis.php>.

<http://www.webex.com>

1348. Thank You!

From: ANDPAC <ANDPAC@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Apr 24, 2014 12:10:33
Subject: Thank You!
Attachment:

Thank You!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with Us:

Dear Donna,

Thank you for your contribution in March of **\$250** to the Academy of Nutrition and Dietetics Political Action Committee (ANDPAC). You have contributed **\$250** to ANDPAC in 2014. As a reminder, ANDPAC contributions are totaled over a calendar year (January 1 December 31). You can now check your donation online. **Simply go to ANDPAC, click on donate, sign in and click on donation summary.**

ANDPAC donor levels in a calendar year:

- Champions** donate \$1000 or more
- Eagles** contribute \$500 to \$999
- Presidents Circle** donors contribute \$250 to \$499
- Capitol Club** donors contribute \$100 to \$249
- Student Stars** are student members who donate \$20 or more

The funds we receive from generous members like you make it possible for the Academy to articulate its legislative objectives on Capitol Hill and to engage in a dialogue with the elected officials who lead our country. Connecting with members of Congress provides us with the opportunity to advocate for food access and safety, nutrition and health services.

As members of the Academy, we have the opportunity to support food, nutrition and health initiatives at federal, state and local levels. Your donation to ANDPAC helps the Academy achieve its vision of optimizing the nations health through food and nutrition.

Thank you again for your support and contribution to ANDPAC!

Sincerely,

Brenda Richardson, MA, RDN, LD, CD, FAND
2014 Chair, ANDPAC Board of Directors

PS: To get the latest ANDPAC news, check us out on Twitter and Facebook!

Federal law requires political committees to report to Federal Election Commission the name, mailing address, occupation and name of employer for each individual whose contributions aggregate in excess of \$200.00 in a calendar year. Corporate contributions are prohibited by law. Individuals can not contribute more than \$2000 per calendar year to the same political action committee. **Donations to ANDPAC are not tax deductible.**

This ANDPAC email was sent from the Academy of Nutrition and Dietetics.

If you prefer not to receive future ANDPAC emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1349. Finance and Audit Committee Meeting on April 30th and May 1st

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Apr 24, 2014 11:46:05
Subject: Finance and Audit Committee Meeting on April 30th and May 1st
Attachment:

All,

I wanted to let you know that the information we will be discussing at our meeting next week has been loaded onto the portal for your review. We have a busy schedule and will start our meeting at 8:00 a.m. in our offices at 120 South Riverside Plaza on Wednesday, April 30th. We will not have breakfast served here. So, please have breakfast before you arrive. In order to accommodate some members of the FAC, we will begin our day discussing the FY15 budget (after roll call and minutes). This should allow us to finish the FY15 budget portion of our meeting by 2 p.m. Our meeting will address the following;

1. March 25th minutes
2. FY15 Budget
3. Washington Lease extension

4. February and March financial results
5. Insurance overview provided by Robert Wessel
6. Investment overview provided by Al Bryant
7. 2014 Audit and tax plan provided by Plante Moran

There are a couple of things missing from the portal at this moment; March Preliminary results, Christian's write-up for February and the Washington lease extension. The March results and Christian's write-up will be put onto the portal this afternoon. The Washington Lease extension will be provided on Wednesday. If we can get the information to you sooner, we will.

We are planning on ending our meeting on Wednesday at 4:30 p.m. This should give you some time to relax before our dinner. On Wednesday night we have reservations at 6 p.m. at the Grillroom Chophouse and Wine Bar. It is a short walk from your hotel.

I have one request of the Committee. Since the information on the FY15 budget contains some very sensitive information, please do not disclose anything to anyone outside the Committee. This information should be considered confidential until it is approved by the Board.

I expect the meeting to be completed by 12 noon on Thursday in order to make sure all of you have sufficient time to get to the airport. If you have any questions, please don't hesitate to call me at 800-877-1600, ext. 4730. Or, you can always e-mail me. Take care and safe travels.

Paul

1350. RE: Foundation Finance Committee Call

From: Susan Burns <Sburns@eatright.org>
To: 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, Paul Mifsud <PMifsud@eatright.org>
Cc: Linda Serwat <LSerwat@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>
Sent Date: Apr 24, 2014 08:34:12
Subject: RE: Foundation Finance Committee Call
Attachment: [image001.png](#)

Hi Kathy. We weren't planning to set up a webinar for the Finance Committee call. Once the deck is finalized I will send it out as via email as a pdf. I have made a note to give you a buzz 10 minutes prior to the call. Thanks!

Susie Burns***Senior Director*****Academy of Nutrition and Dietetics Foundation**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: McClusky, Kathy [mailto:KathyMcClusky@IamMorrison.com]
Sent: Wednesday, April 23, 2014 9:51PM
To: Susan Burns; DMartin@Burke.k12.ga.us; 'TJRaymond@aol.com'; Paul Mifsud
Cc: Linda Serwat; Mary Beth Whalen
Subject: RE: Foundation Finance Committee Call

OK, 1 to 2 pm central should be 10 to 11 am Alaska time. Just in case I get screwed up, please call me on my cell....404-895-0719 at about 12:50 central time....that way I'll know I'm keeping appropriate track of the time difference. I am pretty sure cell service should be fine. YIPPEE...I'm not sure I'll be able to get on the webinar though....Linda, can you send me the documents for the meeting via email so I can follow on my computer if necessary? Thanks.

From: Susan Burns [mailto:Sburns@eatright.org]
Sent: Wednesday, April 23, 2014 1:41 PM
To: McClusky, Kathy; DMartin@Burke.k12.ga.us; 'TJRaymond@aol.com'; Paul Mifsud
Cc: Linda Serwat; Mary Beth Whalen
Subject: Foundation Finance Committee Call

Good morning. Please mark your calendars for May 2nd from 1pm – 2pm central time (hopefully it will only take 30 minutes) for Foundation Finance Committee Call to review the FY15 Budget. The deck and dial in number will be sent as soon as it is available. Thanks.

Susie Burns
Senior Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

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<http://compass-usa.com/Pages/Disclaimer.aspx>.

1351. Eat Right Weekly - April 23, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Apr 23, 2014 16:48:56
Subject: Eat Right Weekly - April 23, 2014
Attachment:

Eat Right Weekly
April 23, 2014

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[On the Pulse of Public Policy](#)

[Support School Wellness Policies](#)

The Academy supports the U.S. Department of Agriculture Food and Nutrition Service's proposed regulations to create a framework and guidelines for written local school wellness policies; and the Academy has been working closely with dietetic practice groups and member experts to draft detailed comments in support of the proposed regulations. Given the importance of this proposal and its broad impact, Academy members are encouraged to submit individual comments in support of the proposed rule by April 28.

[Learn More >>](#)

[Schools Eligible to Serve Free School Meals to All Students](#)

As part of the 2010 Healthy Hunger-Free Kids Act, the Community Eligibility provision will allow schools with high poverty rates to serve free school meals to all students and eliminate school meal applications. This provision is set to be implemented in all states by the beginning of the new school year.

[Learn More >>](#)

Bill Would Better Assess Long-Term Fiscal Impact of Policies

U.S. Representatives Reid Ribble (Wis.) and Mark Pocan (Wis.) recently introduced a bipartisan bill in the House that would provide the Congressional Budget Office with tools to conduct better long-term analyses about the costs and benefits of future health care legislation. This new bill complements the Preventive Health Savings Act, legislation for which hundreds of Academy members advocated on Capitol Hill during the 2014 Public Policy Workshop.

[Learn More >>](#)

CPE Corner

April 29 Webinar: 'Successful Synergies'

Get inspired to connect with local organizations to help fight hunger and improve access to healthy foods in your community by hearing many innovative examples of projects big and small. Learn practical tips for forming collaborations that become successful synergies. Understand the important role that health care and food bank partnerships can play in improving the lives of families facing food insecurity. This Academy of Nutrition and Dietetics Foundation webinar is planned with Feeding America through an educational grant from the National Dairy Council.

[Learn More >>](#)

May 14 Webinar: 'The Ins and Outs of Food Allergy'

Food allergy is encountered in every area of clinical dietetic practice, but most registered dietitian nutritionists are not confident in addressing their clients' questions and concerns. A May 14 webinar will cover the realm of food allergic disorders including how they present, dietary management and validated client resources. Gain the knowledge and tools you need to approach food allergy with confidence.

[Learn More >>](#)

May 15 Webinar: 'Using Social Media with Kids Eat Right'

Members can use social media to effectively promote Kids Eat Right messages. A May 15 webinar will introduce Kids Eat Right's social media platforms and provide suggestions for using each platform.

[Learn More >>](#)

May 30 Webinar: 'Ins and Outs of the Physician Quality Reporting System (PQRS) for Registered Dietitians'

A free May 30 webinar will provide an overview of PQRS requirements for 2014, including how to report to earn a 2014 incentive and avoid a 2016 penalty. Experts from the Academy and the Centers for Medicare & Medicaid Services will review program criteria and reporting options.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Updated Sports Nutrition Care Manual

The Academy's online Sports Nutrition Care Manual, updated April 14, includes new sections, updated formulary database and additional materials such as 17 new sport-specific educational handouts.

[Learn More >>](#)

RDN Ranks as a Top Job

In its recent ranking of 200 jobs, the registered dietitian nutritionist was named #11 by Careercast.com. The rankings looked at such factors as hiring outlook, work environment and stress.

[Learn More >>](#)

June 27-29: 30th Annual SCAN Symposium

The Sports, Cardiovascular and Nutrition dietetic practice group will hold the 30th Annual SCAN Symposium from June 27 to 29 in Huron, Ohio. The symposium, "Be a Catalyst for Change: Ignite Your Career and Boost Your Knowledge," will offer up to 35 hours of CPE credits. An advanced-practice workshop will cover topics in sports nutrition, cardiovascular health, wellness and eating disorders/disordered eating. Register before May 10 for early-bird discounts.

[Learn More >>](#)

June 2 Deadline: Submit Abstracts for Consumer Food Safety Education Conference

Abstracts are being accepted for the 2014 Consumer Food Safety Education Conference, to be held December 4 to 5 in Arlington, Va. The conference, sponsored by the Partnership for Food Safety Education (of which the Academy is a member), will provide new ideas to assess the impact of food safety education programs and help consumers identify myths and truths about food safety in social media. This is a great opportunity for Academy members to showcase your work in this important area. The deadline to submit abstracts is June 2.

[Learn More >>](#)

Specialized Certification Available: Certified Eating Disorder Registered Dietitian Nutritionist

The International Association of Eating Disorder Professionals offers a specialized certification for registered dietitian nutritionists and other professional members of the treatment team who work in the field of eating disorders.

[Learn More >>](#)

Academy Membership Renewal Now Open

With benefits, products and services designed to support your continued professional growth and career enhancement, Academy membership is an investment in your future. Dues invoices for the 2014-2015 membership year have been mailed to all current Academy members. To ensure you continue to receive all member benefits without interruption, send your dues renewal payment by June 2.

[Learn More >>](#)

Free Referral Service: Grow Your Practice

Get your name out to the public: The Academy's online Find a Registered Dietitian Nutritionist referral service is free to Active category members representing their private practice, group practice or employer. Consumers and businesses search this site often to connect with members to provide expertise in food and nutrition.

[Learn More >>](#)

Students: Save on Insurance

Student members can save up to 10 percent on insurance for your car, computer and personal belongings with Liberty Mutual auto and renters policies. You can also benefit from a multi-policy discount, online access to your policy and a free Home Gallery smart phone app that lets you easily catalog your possessions.

[Learn More >>](#)

Academy Member Updates

Nutrition Heroes Videos

"Enhancing Sports Performance"... "Improving Overall Health and Wellness"... "Overcoming Childhood Diabetes"... "Surviving an Eating Disorder"... in these areas and many more, Academy members prove every day that they are the nation's "Nutrition Heroes." The Academy has created videos showing the commitment and creativity of four members who are making a difference in improving the public's health.

[Learn More >>](#)

April 21-25: Every Kid Healthy Week

As part of a national movement concerned about children's health, the Academy is joining organizations dedicated to students' wellness and academic success April 21 to 25 in celebrating Every Kid Healthy Week.

[Learn More >>](#)

Thank You to Preceptors

April is National Preceptor Month. The Academy encourages all members to thank practitioners who volunteer time and effort to create the next generation of dietetics professionals by teaching students in their workplace.

[Learn More >>](#)

Last Call: EAL Needs COPD Experts for Guideline Update

The Academy's Evidence Analysis Library is seeking workgroup members for the Chronic Obstructive Pulmonary Disease Guideline Update.

[Learn More >>](#)

Is Nutrition the First Step in Addressing Hospital Readmissions?

U.S. News and World Report recently posted an article on how nutrition - education, screening and intervention - may be a simple solution to reduce hospital readmissions. The Academy is cited in the article as one of the leaders in the Alliance to Advance Patient Nutrition.

[Learn More >>](#)

Member Highlights Reality of Chronic Diseases' Impact

Academy member Karen Ehrens, RD, LRD, immediate past president of the Academy's Legislative and Public Policy Committee, was featured on Prairie Public Broadcasting discussing the importance of investing time and resources in preventing chronic diseases. Her radio commentary grew from testimony she provided in January to the interim North Dakota Legislature's Health Care Reform Review Committee.

[Learn More >>](#)

Thank You to Academy Sponsors

To help advance the Academy's mission of empowering members to be the food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members, to share science-based information and new research with members and to enable the Academy to reach millions of consumers with healthy eating messages.

[Learn More >>](#)

Philanthropy, Awards and Grants

RD Coaches Help Connect Schools, Community Resources

RD Coaches help connect schools with community resources to enhance the school wellness environment. Energy Balance 4 Kids with Play RD Coaches are working with two West Contra Costa Unified School District Elementary Schools in Richmond, Calif., leading School Wellness Committees and helping schools make school wellness environment changes to meet the criteria for U.S. Department of Agriculture HealthierUS School Challenge awards.

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The deadline to apply for this award has been extended to May 1.

[Learn More >>](#)

Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

Make a Difference to the Profession While Renewing Your Membership

I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.

- Patricia A. Obayashi, MS, RD, CDE

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

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Headquarters | Academy of Nutrition and Dietetics

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1352. Foundation Matters - Spring 2014

From: Academy of Nutrition and Dietetics Foundation <foundation@eatright.org>
To: Donna S Martin RD LD <DMartin@burke.k12.ga.us>
Sent Date: Apr 23, 2014 16:27:35
Subject: Foundation Matters - Spring 2014
Attachment:

Foundation Matters - Spring 2014

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Foundation:

Foundation Matters

Spring 2014 Issue

Foundation Matters is a quarterly electronic newsletter that covers current Foundation activities. It is sent to Academy members who have donated to the Foundation.

[View Issue](#)

In This Issue

- A Message from Kathy McClusky, MS, RDN, FAND, Foundation Chair
- Kids Eat Right Update
- Foundation Hero Profiles

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1353. Foundation Finance Committee Call

From: Susan Burns <Sburns@eatright.org>
To: 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, Paul Mifsud <PMifsud@eatright.org>
Cc: Linda Serwat <LSerwat@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>
Sent Date: Apr 23, 2014 13:41:32
Subject: Foundation Finance Committee Call
Attachment: [image001.png](#)

Good morning. Please mark your calendars for May 2nd from 1pm – 2pm central time (hopefully it will only take 30 minutes) for Foundation Finance Committee Call to review the FY15 Budget. The deck and dial in number will be sent as soon as it is available. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1354. RE: Foundation Finance Call to review 2015 Budget

From: Susan Burns <Sburns@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Linda Serwat <LSerwat@eatright.org>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Sent Date: Apr 23, 2014 10:21:57
Subject: RE: Foundation Finance Call to review 2015 Budget
Attachment: [image001.png](#)

If May 2nd works for the group, let's go ahead with that date once we confirm times. Typically it is sent the day before the call so that should work. Thanks Paul.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Paul Mifsud

Sent: Wednesday, April 23, 2014 8:36 AM

To: Susan Burns; 'TJRaymond@aol.com'; DMartin@Burke.k12.ga.us

Cc: Linda Serwat; 'McClusky, Kathy'

Subject: RE: Foundation Finance Call to review 2015 Budget

All,

I hope I don't ruin everyone's day. Unfortunately, we are not done with the Foundation's budget package. It would better if the choice was Friday, May 2nd. I am sorry. Otherwise, you will be receiving the budget on arrival on Monday.

Paul

From: Susan Burns

Sent: Wednesday, April 23, 2014 8:32 AM

To: 'TJRaymond@aol.com'; DMartin@Burke.k12.ga.us; Paul Mifsud

Cc: Linda Serwat; 'McClusky, Kathy'

Subject: Foundation Finance Call to review 2015 Budget

Importance: High

Good morning. I hope all is well and that you are enjoying spring. We would like to schedule a call for the Finance Committee to review the budget and make a recommendation prior to it going before the Board for approval on May 6th. We are still reviewing it and making some final changes. Please let me know your availability on the following days. Ideally the first day would work to give more time for us to get the full presentation out to the Board. May 2nd? I know some of you have the Academy FAC meeting between the 30th and 1st.

All times are the central time zone

Monday, April 28th – 9 am or 3 pm

Friday, May 2nd between 12 and 3 pm

Thanks!

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1355. RE: Foundation Finance Call to review 2015 Budget

From: Paul Mifsud <PMifsud@eatright.org>
To: Susan Burns <Sburns@eatright.org>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Linda Serwat <LSerwat@eatright.org>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Sent Date: Apr 23, 2014 09:35:38
Subject: RE: Foundation Finance Call to review 2015 Budget
Attachment: [image001.png](#)

All,

I hope I don't ruin everyone's day. Unfortunately, we are not done with the Foundation's budget package. It would better if the choice was Friday, May 2nd. I am sorry. Otherwise, you will be receiving the budget on arrival on Monday.

Paul

From: Susan Burns
Sent: Wednesday, April 23, 2014 8:32 AM
To: 'TJRaymond@aol.com'; DMartin@Burke.k12.ga.us; Paul Mifsud
Cc: Linda Serwat; 'McClusky, Kathy'
Subject: Foundation Finance Call to review 2015 Budget
Importance: High

Good morning. I hope all is well and that you are enjoying spring. We would like to schedule a call for the Finance Committee to review the budget and make a recommendation prior to it going before the Board for approval on May 6th. We are still reviewing it and making some final changes. Please let me know your availability on the following days. Ideally the first day would work to give more time for us to get the full presentation out to the Board. May 2nd? I know some of you have the Academy FAC meeting between the 30th and 1st.

All times are the central time zone

Monday, April 28th – 9 am or 3 pm

Friday, May 2nd between 12 and 3 pm

Thanks!

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1356. Foundation Finance Call to review 2015 Budget

From: Susan Burns <Sburns@eatright.org>
To: 'TJRaymond@aol.com' <TJRaymond@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Paul Mifsud <PMifsud@eatright.org>
Cc: Linda Serwat <LSerwat@eatright.org>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Sent Date: Apr 23, 2014 09:31:39
Subject: Foundation Finance Call to review 2015 Budget
Attachment: [image001.png](#)

Good morning. I hope all is well and that you are enjoying spring. We would like to schedule a call for the Finance Committee to review the budget and make a recommendation prior to it going before the Board for approval on May 6th. We are still reviewing it and making some final changes. Please let me know your availability on the following days. Ideally the first day would work to give more time for us to get the full presentation out to the Board. May 2nd? I know some of you have the Academy FAC meeting between the 30th and 1st.

All times are the central time zone

Monday, April 28th – 9 am or 3 pm

Friday, May 2nd between 12 and 3 pm

Thanks!

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1357. Annual CDR Profile Review

From: Commission on Dietetic Registration <cdr@eatright.org>
To: DMartin@burke.k12.ga.us
Sent Date: Apr 22, 2014 22:00:29
Subject: Annual CDR Profile Review
Attachment:

Annual CDR Profile Review

Having trouble viewing this e-mail? View it in your browser.

Annual CDR Profile Review

Commission on Dietetic Registration (CDR) is asking that you take a few minutes to review your Profile at www.cdrnet.org to make sure your mailing address, email address* and primary contact telephone number is correct. **(* If your company has a firewall that will block emails from eatright.org, you may wish to change your primary email address to your personal email.)**

You will need your login and your Web password. Once you gain access, you will be on **My CDR** page, below you will see a navigation bar, click on **Profile**. If you need to make updates, click on the link **Update Contact Information**. Please make any necessary changes as soon as possible to insure the delivery of important future CDR messages and/or mailings.

To protect the security of your record and maintain integrity of the Academy/CDR database, we are unable to change mailing address and email address based on a verbal requests.

If you have a name change, please click on the link below for CDRs Change of Name/Address Policy <http://cdrnet.org/news/change-of-name-address-policy>

If you have additional questions, please call CDR at 800/877-1600, ext 5500 (8am to 5pm/central time), or use the CDR LiveChat option on www.cdrnet.org

Thank you for your cooperation.

Share this mailing with your social network:

This email is being sent to you from the Commission on Dietetic Registration.

If you prefer not to receive future CDR emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1358. Updated NDA Q&A and Script

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Becky Dorner' <becky@beckydorner.com>, 'Catherine Christie' <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith' <easaden@aol.com>, 'Elise Smith' <elise@ntrsyst.com>, 'Ethan Bergman' <bergmane@cwu.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'Joseph Derochowski' <joe.derochowski@connell-group.com>, 'Kathleen McClusky' <KMcClusky@iammorrison.com>, 'Linda Farr' <linda.farr@me.com>, 'Lucille Beseler' <lbeseler_fnc@bellsouth.net>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Sandra Gill' <sandralgill@comcast.net>, 'Sonja Connor' <Connors@ohsu.edu>
Sent Date: Apr 22, 2014 17:20:39
Subject: Updated NDA Q&A and Script
Attachment: [image002.jpg](#)
[NDA-QA 4-17-14-Area 3 & 4-Final.docx](#)
[NDA Script 4-17-14-Area 3 & 4-Final.docx](#)

Attached is yet another version of the Nutrition and Dietetics Associate Q&A and script using feedback from Areas 6 & 7 NDEP meeting in Boston. Thanks go to Marcia and Nancy for effectively representing us in Boston and for providing both an educator and practitioner perspective. Margaret and Becky will be representing us at the last NDEP meeting for Areas 3 & 4 in Salt Lake City on April 25-26. Modifications to the program will be deliberated at the upcoming Board meeting.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1359. 2015 Budget

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 22, 2014 12:02:55
Subject: 2015 Budget
Attachment: [2015 budget presentation for board final 042114.pptx](#)

Donna,

I am waiting for Pat's feedback. So, it might change. I am sending to you a preliminary copy. Please don't share it with anyone until I know it has Pat's blessing.

Paul

1360. RE: BOD Orientation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 21, 2014 15:18:38
Subject: RE: BOD Orientation
Attachment: [2014 Board orientation for Donna 521.ppt](#)

Donna,

I have updated the deck. I combined a couple of pages. For example, your chart on pages 46 and 47 I made into 1 chart. The same can be said for pages 57, 58 and 59 I have a few comments;

1. Page 20: the reason this appears to be inconsistent is because Page 20 addresses Pat's ability to shift money around without changing the budget. Page 21 addresses changing the budget in its entirety.
2. Page 21; I changed "modified" to "increased". I think this would work better.
3. Page 30: I did not add the investments. However, I think we can give them the investment report Al Bryant is going to give us next week. That should work.
4. Page 35: I made a few changes to your 35. I think what I did may be redundant, but, go through it and let me know.
5. Page 45/46: Made into 1 page.
6. Pages 57/58/59: Made into 1 page.

I also added a new slide (new page 6). I think need to make sure everyone knows about the two legal entities. So, this will throw off your page numbers. The numbers above reflect your page numbers. You will need to add 1 to reflect this deck. Also, run it like a presentation. I will work on the speed of the graphics.

In any event, let me know what you think.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Friday, April 18, 2014 9:34 AM
To: Paul Mifsud
Subject: BOD Orientation

Paul, I am attaching the power point presentation that I have reworked. I know you are super busy, but what I need you to do is go through the presentation and make any necessary corrections or deletions to what I have done. I basically combined the two presentations and added a few more questions. I have some items in red I need for you to update with current information also. I am not sure how much time is allotted to this presentation, but I think it is going to take awhile based on how green the new members are. Just get back with me when you can. Happy Easter!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1361. Automatic reply: Exciting News

From: Susan Burns <Sburns@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 21, 2014 14:16:40
Subject: Automatic reply: Exciting News
Attachment:

Hi. Sorry I missed you. I will be out of the office April 17th through 22nd without access to email. If you need immediate assistance, please email Martha Ontiveros at montiveros@eatright.org.
Thanks!

1362. Exciting News

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Evelyn Crayton' <craytef@aces.edu>, craytef@charter.net
 <craytef@charter.net>, 'Denice Ferko-Adams' <denice@wellnesspress.com>,
 'Aida Miles' <miles081@umn.edu>, 'Tracey Bates'
 <traceybatesrd@gmail.com>, 'TJRaymond@aol.com'
 <TJRaymond@aol.com>, 'dwbradley51@gmail.com'
 <dwbradley51@gmail.com>, Becky Dorner <becky@beckydorner.com>,
 Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com
 <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us
 <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Elise Smith
 <elise@ntrsyst.com>, Ethan Bergman <bergmane@cwu.edu>, Glenna
 McCollum <glenna@glennamccollum.com>, Glenna McCollum
 <glennacac@aol.com>, Joseph Derochowski <joe.derochowski@connell-
 group.com>, Kathleen McClusky <KMcClusky@iammorrison.com>, Linda Farr
 <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia
 Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>,
 peark02@outlook.com <peark02@outlook.com>,
 Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill
 <sandralgill@comcast.net>, Sonja Connor <Connors@ohsu.edu>
Cc: 'Wolf, Kay' <Kay.Wolf@osumc.edu>, Executive Team Mailbox
 <ExecutiveTeamMailbox@eatright.org>, Chris Reidy
 <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison
 Steiber <ASteiber@eatright.org>, Mary Gregoire <mgregoire@eatright.org>,
 Susan Burns <Sburns@eatright.org>
Sent Date: Apr 21, 2014 14:11:41
Subject: Exciting News
Attachment: [image003.jpg](#)

Please join me in congratulating Kay Wolf, PhD, RDN, LD, Director of Medical Dietetics and Health Sciences at Ohio State University on receiving the President and Provost's Award for Distinguished Faculty Service! Dr. Wolf was bestowed this award - one of Ohio State University's most prestigious faculty awards - on March 24. This award honors faculty members whose contributions to the development and implementation of university policies and programs through non-administrative roles have been extensive and have made documentable impact on the quality of the university. We will share this information with members in next week's issue of *Eat Right Weekly*.

We look forward to Kay joining the Board of Directors as Treasurer-elect on June 1!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1363. Final Reminder: Validation Study

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Apr 21, 2014 13:56:20
Subject: Final Reminder: Validation Study
Attachment:

Final Reminder: Validation Study

Having trouble viewing this e-mail? [View it in your browser.](#)

Time is running out to complete CDRs Practice Competencies National Validation Survey!

The survey closes April 30th, so please consider adding your voice now to the many RDNs and DTRs who have already taken part! Have a voice in defining the profession's practice competencies! Participation in this national survey by CDRs registrants will help to assure that the competencies accurately describe the knowledge, skill and judgment of practicing RDNs and DTRs. Collated data may also be used by CDR in publishing valuable research information to the public and to the nutrition and dietetics community.

The Commission on Dietetic Registration is seeking RDNs and DTRs to take part in this national survey aimed at validating the *Essential Practice Competencies for CDR Credentialed Nutrition and Dietetics Practitioners*.

Eligible participants will earn three (3) Continuing Professional Education Units (CPEUs), and all participants will be granted free access to a CDR Weight Management Self-Study E-Module (Adult or Childhood and Adolescent). In addition, participants will have their names entered into a drawing to win a \$500 Apple Store gift card! Please be sure to include your full name and registration number when completing the survey to receive a continuing education certificate and have your name entered into the drawing.

How You Can Participate in the National Validation Study

Click on the link below to complete the survey by Wednesday, April 30, 2014. The survey will ask you to review the competencies and to rank the frequency with which you perform them. You will be able to provide comments and suggest changes. It will take you approximately 2-3 hours to complete the survey. Please note that you will not be required to complete this survey in a single sitting. You will be able to exit the survey and return to complete it at a later time.

RDNs [Click Here to Take the Survey!](#)

DTRs [Click Here to Take the Survey!](#)

If you have already begun the survey and saved your progress, please use the URL provided in your email to access your saved data and complete the survey. Remember, only practitioners who complete the survey will be eligible for CPE credit, free access to self-study modules, and to have their name entered in the gift card drawing!

Thank you very much for your participation in this very important initiative. CDR anticipates that the final version of the competencies will be published on the CDR website (www.cdrnet.org) in fall, 2014.

Share this mailing with your social network:

You have received this email from the Commission on Dietetic Registration.

If you prefer not to receive future emails from CDR, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1364. Upcoming certificate of training programs

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Apr 18, 2014 16:38:02
Subject: Upcoming certificate of training programs
Attachment:

CU upcoming certificate of training programs

Having trouble viewing this e-mail? View it in your browser.

Upcoming certificate of training programs.

Certificate of Training in Adult Weight Management Program

June 26-28, 2014 ~ Columbus, Ohio

September 4-6, 2014 ~ Chicago, Illinois

Registration Fee: \$370.00

CPE Hours Awarded: 35

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-adult-program>

Certificate of Training in Childhood and Adolescent Weight Management Program

September 4-6, 2014 ~ Newport Beach, California

Registration Fee: \$370.00

CPE Hours Awarded: 32

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-childhood-adolescent-program>

What previous participants have to say about the programs:

High quality. Led by masters. High level learning.

L. Metzger, MS, RD

Clinical Dietitian

Morris Plains, NJ

I highly recommend this program to those who face challenges in their workplace with weight management clients. This program is essential and pragmatic for those RDs interested in making a vital improvement in their patients lives!

Agnes C Galvez, MS, RD

Consultant

North Las Vegas, NV

This course has multiple opportunities to make immediate changes in my practice area

(education), and also a great foundation for more significant changes in the future. Research opportunities are endless!

M. Rew, MS, RDN, LD
Associate Clinical Professor
Denton, Texas

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.

Adult Weight Management Self-Study Module - *Newly revised as of November 1, 2013.*

For information: <http://cdrnet.org/weight-management/adult-module>

Childhood and Adolescent Weight Management Self-Study Module

For information: <http://cdrnet.org/weight-management/childhood-module>

Share this mailing with your social network:

You are currently subscribed to receive Weight Management related emails from the Commission on Dietetic Registration.

If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1365. Development Committee Call

From: Beth Labrador <BLabrador@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, robert murray
<MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Apr 18, 2014 16:32:36
Subject: Development Committee Call
Attachment: [image001.png](#)

Good afternoon. I apologize for the delay. It looks like we will have to consider dates for our Development Committee call during the first couple of weeks in May. Let me know if any of these options work for you. Thank you again for your willingness to serve on this committee.

Happy Easter and have a great weekend.

-
The times listed below are Central:

Tuesday, May 6th

9:00 am_____

10:00 am_____

11:00 am_____

12:00 pm_____

1:00 pm _____

2:00 pm_____

3:00 pm_____

4:00 pm_____

Wednesday, May 7th

9:00 am_____

10:00 am_____

11:00 am_____

12:00 pm_____

1:00 pm _____

2:00 pm_____

3:00 pm_____

4:00 pm_____

Thursday, May 8th

9:00 am_____

10:00 am_____

11:00 am_____

12:00 pm_____

Friday, May 9th

9:00 am_____

10:00 am_____

11:00 am _____

12:00 pm _____

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Tuesday, May 13th

9:00 am _____

10:00 am _____

11:00 am _____

12:00 pm _____

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Wednesday, May 14th

9:00 am _____

10:00 am _____

11:00 am _____

12:00 pm _____

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Thursday, May 15th

9:00 am _____

10:00 am _____

11:00 am _____

12:00 pm _____

Friday, May 16th

9:00 am _____

10:00 am _____

11:00 am _____

12:00 pm _____

1:00 pm _____

2:00 pm_____

3:00 pm_____

4:00 pm_____

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

1366. RE: BOD Orientation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 18, 2014 11:42:13
Subject: RE: BOD Orientation
Attachment:

Donna,

I will go through this and update it. I did update the slide show you presented last year. The only thing I can see at the moment that might be difficult is listing the investments, but, I will give it a try. On another note; we will begin to upload the Budget meeting information on Monday. We have most of the stuff. However, I will have to wait until Pat gives me feedback on the budget deck. Unfortunately, it is 59 pages long!!! L.

I will get this updated by Monday.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Friday, April 18, 2014 9:34 AM
To: Paul Mifsud
Subject: BOD Orientation

Paul, I am attaching the power point presentation that I have reworked. I know you are super busy, but what I need you to do is go through the presentation and make any necessary corrections or deletions to what I have done. I basically combined the two presentations and added a few more questions. I have some items in red I need for you to update with current information also. I am not sure how much time is allotted to this presentation, but I think it is going to take awhile based on how green the new members are. Just get back with me when you can. Happy Easter!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1367. CEO Evaluation Survey - Part 2

From: Carolyn Patterson <CPatterson@eatright.org>
To: 'glennacac@aol.com' <glennacac@aol.com>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'bergmane@cwu.edu' <bergmane@cwu.edu>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <easaden@aol.com>, 'elise@ntrsyst.com' <elise@ntrsyst.com>, 'becky@beckydorner.com' <becky@beckydorner.com>, 'lbeseler_fnc@bellsouth.net' <lbeseler_fnc@bellsouth.net>, 'c.christie@unf.edu' <c.christie@unf.edu>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, 'linda.farr@me.com' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <bkyle@roadrunner.com>, 'joe.derochowski@connell-group.com' <joe.derochowski@connell-group.com>, 'sandrafgill@comcast.net' <sandrafgill@comcast.net>
Cc: Joan Schwaba <JSchwaba@eatright.org>
Sent Date: Apr 17, 2014 17:57:05
Subject: CEO Evaluation Survey - Part 2
Attachment: [May13 2013 CEO Eval letter.docx](#)
[Pat Babjak 2013-2014 Goals.docx](#)

Hello All,

You should have or will receive in a few short minutes the CEO Evaluation Survey from Glenna McCollum. In addition, to assist you with the completion of the evaluation, Glenna has asked that I pass along the attached documents.

Please let me know if you have any questions regarding the survey or the attachments.

Thanks and have a wonderful weekend!

Carolyn

Carolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

From: Carolyn Patterson

Sent: Wednesday, April 16, 2014 1:01 PM

To: 'glennacac@aol.com'; 'glenna@glennamccollum.com'; 'connors@ohsu.edu';
'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us;
pearl02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'elise@ntrs.com';
'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu';
'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com;
'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

Subject: CEO Evaluation Tool Coming Soon!

Importance: High

Hello All,

This email is being sent to inform you that the 2014 CEO Evaluation Tool will be delivered by close of business on Friday, April 18, 2014. If you have any questions or any issues completing the CEO Evaluation please contact me directly.

Thanks!

Carolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

1368. RE: Better Learning is Just a Click Away

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Kathy Cobb' <kathy.cobb@snet.net>, 'Foreyt, John P' <jforeyt@bcm.edu>, 'Robert F Kushner' <rkushner@northwestern.edu>, 'Biesemeier, Christina K' <chris.biesemeier@Vanderbilt.Edu>, 'Thomson, Cynthia A - (cthomson)' <cthomson@email.arizona.edu>, 'Cummings, Susan M.' <SCUMMINGS1@PARTNERS.ORG>, 'Rigassio Radler, Diane' <rigassdl@shrp.rutgers.edu>, 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Dana Engel GERSTEIN' <danaeg@berkeley.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Debra Kibbe' <dkibbe@gsu.edu>, 'Gee, Molly' <mgee@bcm.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Jortberg, Bonnie' <Bonnie.Jortberg@ucdenver.edu>, 'WEST, DELIA' <WESTDS@mailbox.sc.edu>, 'Corby Martin' <Corby.Martin@pbrc.edu>, 'Mattes, Richard D' <mattes@purdue.edu>, 'Marc Jacobson' <daktah@gmail.com>
Cc: 'Ruth Ann' <ruthann@healthintegrationllc.com>
Sent Date: Apr 17, 2014 17:50:45
Subject: RE: Better Learning is Just a Click Away
Attachment: [image001.png](#)
[Audience Response Devices Best Practices.docx](#)

Attached is a document that highlights best practices for using audience response devices which was developed by Ruth Ann Carpenter. If possible, please review prior to the webinar.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Tuesday, April 15, 2014 10:42 AM

To: 'Kathy Cobb'; 'Foreyt, John P'; 'Robert F Kushner'; 'Biesemeier, Christina K'; 'Thomson, Cynthia A - (cthomson)'; 'Cummings, Susan M.'; 'Rigassio Radler, Diane'; 'Hassink, Sandra'; 'Copperman, Nancy'; 'Sothorn, Melinda'; 'Dana Engel GERSTEIN'; DMartin@Burke.k12.ga.us; 'Kirk, Shelley'; 'Debra Kibbe'; 'Gee, Molly'; 'Johnston, Craig Allen'; 'Isadora Nogueira'; 'Gail Frank'; 'Jortberg, Bonnie'; 'WEST, DELIA'; 'Corby Martin'; 'Mattes, Richard D'; 'Marc Jacobson'

Cc: 'Ruth Ann'

Subject: Better Learning is Just a Click Away

Importance: High

Below is the link to register for the April 23, 2014 Audience Response Device (clickers) Best Practice Webinar. The webinar will be recorded for those of you who are not able to participate in the live webinar.

Topic: Better Learning is Just a Click Away

Date: Wednesday, April 23, 2014

Time: 1:00 pm, Central Daylight Time (Chicago, GMT-05:00)

To register for this meeting

1. Go to <https://eatright.webex.com/eatright/j.php?ED=247598732&RG=1&UID=0&RT=MiM3>
2. Register for the meeting.

Once the host approves your request, you will receive a confirmation email with instructions for joining the meeting.

Note: If you already registered for this meeting, you do not need to register again.

To view in other time zones or languages, please click the link:

<https://eatright.webex.com/eatright/j.php?ED=247598732&RG=1&UID=0&ORT=MiM3>

For assistance

1. Go to <https://eatright.webex.com/eatright/mc>
2. On the left navigation bar, click "Support".

You can contact me at:

sbarthel@eatright.org

1-312-899-4897

The playback of UCF (Universal Communications Format) rich media files requires appropriate players. To view this type of rich media files in the meeting, please check whether you have the players installed on your computer by going to

<https://eatright.webex.com/eatright/systemdiagnosis.php>.

<http://www.webex.com>

1369. RE: Operational Cash

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Apr 17, 2014 16:46:54
Subject: RE: Operational Cash
Attachment:

All,

The last time I mentioned we needed cash from reserves for operations, I noted that if we needed any more cash, it would be within the next three weeks. Well, I was wrong. We were able to make it work for another five weeks!! Unfortunately, I believe we will need another \$500,000 from reserves to meet the operating cash needs of the business. The cash we are spending is greater than the amount we are bringing in. As many of you may know, each spring we make a discretionary contribution to the staff 401K. That will happen this week. Looking at our cash, once this is done, we will have less than \$100,000 in operating cash. This is far too close for us to feel comfortable. Therefore, I don't have a choice but to remove the additional \$500,000. At the end of March, the Academy had \$19,864,053 or 80.2% in reserve. Taking the additional amount out will reduce this to \$19,364,053 or 78.2% in reserve. Still a very solid number and above our FY14 budget forecast from last year of \$17.7M.

If history is any indicator, I do believe we will be done removing cash from reserves this fiscal year.

Also, I have looked at the April returns and, through yesterday, the Academy portfolio has lost less than \$117,000. Half of this would be attributed to the Academy. Even though the markets were mostly higher today, I am not sure where that leaves us. However, if we assume that nothing changed today, the Academy would be at \$19.3M once the cash is removed.

If you have questions or concerns, please let me know. I won't notify Northern Trust until tomorrow afternoon.

Paul

From: Paul Mifsud

Sent: Thursday, March 13, 2014 1:38 PM

To: Paul Mifsud; DMartin@Burke.k12.ga.us; Connors@ohsu.edu; fellerb@auburn.edu; 'KMcClusky@lammorrison.com'; 'Elise Smith'; nhwooldridge@charter.net; 'kendall@ufl.edu'; 'mstokes@usj.edu'; peark02@outlook.com

Cc: Patricia Babjak; Joan Schwaba; Dee Crye

Subject: Operational Cash

All,

As I mentioned on our Finance and Audit Committee call in February, I will need to move \$500,000 from our reserves into operational cash. It is necessary in order to meet our cash needs. I know that it can be “unsettling” to get an email saying we need more cash. However, as I mentioned at our meeting, we created an operational budget that had a deficit of roughly \$2.2M after our original budget and subsequently approved adjustments. If you look at this from a very simple perspective, this is telling me we will need \$2.2M from reserves to operate the business. Now, I understand that this isn’t entirely correct. In many situations, the expenses we show on a Profit and Loss Statement don’t always correlate to cash (depreciation is one). However, it will give you a reference point. Adding into the equation other capital investments and the amount may rise to \$2.5M. This \$500,000 will bring the total that we have shifted from reserves to \$2.5M. So, we are on target. Also, keep in mind that we forecasted reserves to be at \$17.7M at the end of the 2014 Fiscal Year. As you will see below, we are well above that number and should stay well above that number.

Keep in mind the need for cash is assisted by the timing of when we make expenditures. We are making payments for FNCE in Atlanta that won’t get reflected on our Profit and Loss statement until next October. Atlanta will be more expensive than Houston so our cash is impacted. There are situations that will have the same effect.

Finally, when we have revenue streams declining that are nearly all profit, that also will have an impact on our cash needs. As you see on our reports each month, Sponsorship revenue is down from last year. That reduction alone accounts for nearly \$500,000 less in cash.

All of this factors into our needs. That’s the bad news. The good news is, even with the reduction of this \$500,000, the Academy will have approximately \$19,748,000 left in reserve based on

February's month end numbers. This amounts to 79.8% of our current budget. Still in very good shape.

I hope this is the last one. However, I can't guarantee it will be. If we need another shift, it will come within the next three weeks and should be our last. I will keep you informed.

If you have any questions or concerns, feel free to give me a call. I can be reached at 800-877-1600, ext. 4730 or send me an e-mail.

Paul

1370. 04/17/14 ACH Check deposit notification (1 Pages)

From: sjackson@eatright.org
To: dmartin@burke.k12.ga.us
Sent Date: Apr 17, 2014 15:57:01
Subject: 04/17/14 ACH Check deposit notification (1 Pages)
Attachment: [report.pdf](#)

See Attached File

1371. Nominating Committee Evaluation Workgroup: Transition Committee

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva Cochran' <nevacoch@aol.com>, dwheller@mindspring.com
<dwheller@mindspring.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, peark02@outlook.com
<peark02@outlook.com>, 'Shanley, Ellen' <ellen.shanley@uconn.edu>, 'Elise
Smith' <easaden@aol.com>, 'elise@ntrsyst.com' <elise@ntrsyst.com>,
'Garner, Margaret' <MGarner@cchs.ua.edu>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Apr 17, 2014 09:00:03
Subject: Nominating Committee Evaluation Workgroup: Transition Committee
Attachment:

Hello,

I have expanded the Doodle poll to select a mutual date for our call to develop a transition plan for the workgroup recommendations. Please click on the link below to participate in the new poll. The times are listed as Central Time.

<http://doodle.com/9u2siw58xfztad5p>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

From: Joan Schwaba

Sent: Friday, April 11, 2014 5:33 PM

To: 'Neva'; 'Margaret Garner'; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; peark02@outlook.com; 'ellen.shanley@uconn.edu'; 'Elise Smith '

Cc: Patricia Babjak

Subject: Nominating Committee Evaluation Workgroup: Transition Committee

At its March meeting, the Board of Directors voted to accept the recommendations of the Nominating Committee Evaluation Workgroup. I am writing on behalf of Neva to request your consideration in reconvening the workgroup to develop a transition plan for the recommendations, since the workgroup is most familiar with the issues. I have created a Doodle poll to select a date for the initial call. If you wish to participate in the transition committee call, please click on the link below and indicate your availability (times are listed as Central Time).

<http://doodle.com/436ebsv8n67ks8vg>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

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<image003.jpg>

1372. RE: Board Orientation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 16, 2014 17:51:51
Subject: RE: Board Orientation
Attachment:

Donna,

I did. Unfortunately, I am tied up on finishing the budget package. It is taking much longer than I anticipated. I will get back to your e-mail tomorrow.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Wednesday, April 16, 2014 3:09 PM
To: Paul Mifsud
Subject: Board Orientation

Paul, Did you get my email about what I was proposing to do for Board Orientation? If not, I will send it to you again. I did not want to work on anything until we were in agreement. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1373. Update - May 28-30, 2014 Childhood Weight Management Program - Buffalo, New York

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Kathy Cobb' <kathy.cobb@snet.net>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothern, Melinda' <msothe@lsuhsc.edu>, 'Dana Engel GERSTEIN' <danaeg@berkeley.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Michelle Horan' <mhoranrd@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Hassink, Sandra' <Sandra.Hassink@nemours.org>
Sent Date: Apr 15, 2014 17:28:32
Subject: Update - May 28-30, 2014 Childhood Weight Management Program - Buffalo, New York
Attachment: [image001.png](#)

Hello All,

Unfortunately, we have made the decision to cancel the Buffalo program due to low registration. We only have 49 people registered for the program to date and based on the current rate of registration it is doubtful that we will reach 60 registrants by May 14, 2014 registration deadline. We are currently working with the Buffalo hotel to see if we can offer the program in early September 2015.

We hope to see you in Newport Beach, California for the September 4-6, 2014 program. We are still finalizing the contract for the April 16-18, 2015 program in Charlotte, North Carolina.

Please let me know if you have any questions.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

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fax: 312-899-4772

pjohnson@eatright.org

1374. Better Learning is Just a Click Away

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Kathy Cobb' <kathy.cobb@snet.net>, 'Foreyt, John P' <jforeyt@bcm.edu>, 'Robert F Kushner' <rkushner@northwestern.edu>, 'Biesemeier, Christina K' <chris.biesemeier@Vanderbilt.Edu>, 'Thomson, Cynthia A - (cthompson)' <cthompson@email.arizona.edu>, 'Cummings, Susan M.' <SCUMMINGS1@PARTNERS.ORG>, 'Rigassio Radler, Diane' <rigassdl@shrp.rutgers.edu>, 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Dana Engel GERSTEIN' <danaeg@berkeley.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Debra Kibbe' <dkibbe@gsu.edu>, 'Gee, Molly' <mgee@bcm.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Jortberg, Bonnie' <Bonnie.Jortberg@ucdenver.edu>, 'WEST, DELIA' <WESTDS@mailbox.sc.edu>, 'Corby Martin' <Corby.Martin@pbrc.edu>, 'Mattes, Richard D' <mattes@purdue.edu>, 'Marc Jacobson' <daktah@gmail.com>
Cc: 'Ruth Ann' <ruthann@healthintegrationllc.com>
Sent Date: Apr 15, 2014 11:42:11
Subject: Better Learning is Just a Click Away
Attachment:

Below is the link to register for the April 23, 2014 Audience Response Device (clickers) Best Practice Webinar. The webinar will be recorded for those of you who are not able to participate in the live webinar.

Topic: Better Learning is Just a Click Away

Date: Wednesday, April 23, 2014

Time: 1:00 pm, Central Daylight Time (Chicago, GMT-05:00)

 To register for this meeting

1. Go to <https://eatright.webex.com/eatright/j.php?ED=247598732&RG=1&UID=0&RT=MiM3>
2. Register for the meeting.

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<https://eatright.webex.com/eatright/j.php?ED=247598732&RG=1&UID=0&ORT=MiM3>

For assistance

1. Go to <https://eatright.webex.com/eatright/mc>
2. On the left navigation bar, click "Support".

You can contact me at:

sbarthel@eatright.org

1-312-899-4897

The playback of UCF (Universal Communications Format) rich media files requires appropriate players. To view this type of rich media files in the meeting, please check whether you have the players installed on your computer by going to

<https://eatright.webex.com/eatright/systemdiagnosis.php>.

<http://www.webex.com>

1375. RE: Sad News

From: Patricia Babjak <PBABJAK@eatright.org>
To: glennacac@aol.com <glennacac@aol.com>, 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <sandra.gill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Apr 14, 2014 13:51:30
Subject: RE: Sad News
Attachment: [image001.png](#)

The service for Sandra Gill's husband is scheduled for May 5th. I will be there to represent the Board and staff and Chris Reidy will represent the CDR, since Sandra has consulted regularly for the Commission for the last thirty years.

Condolences can be sent to Sandra and her family at:

Benedictine University

5700 College Road

107 Scholl Hall

Lisle, IL 60532

In lieu of flowers, Sandra asks that donations be made to the Academy Foundation in honor of Richard. A donation on behalf of the Board has been made. A second service will be held at a later date, at Sandra's Bridgman, Michigan home.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Patricia Babjak

Sent: Wednesday, April 09, 2014 4:09 PM

To: 'sandra.gill@comcast.net'

Cc: glennacac@aol.com; 'glenna@glennamccollum.com'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; Executive Team Mailbox; Chris Reidy; Doris Acosta; Alison Steiber; Susan Burns; Mary Ann Taccona

Subject: Sad News

On behalf of the Board and staff, please accept our condolences for your loss. You continue to be in our thoughts and prayers. Please let us know when the arrangements have been finalized and if you need anything.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: sandralgill@comcast.net [mailto:sandralgill@comcast.net]

Sent: Wednesday, April 09, 2014 1:23 PM

To: Patricia Babjak

Pat, thanks for the very lovely card with notes. Husband Richard died Monday morning, as he wished, in our home together, peacefully in his sleep after his constant 9 month effort to survive his many illnesses and setbacks, after a long and wonderful life. His memorial service will be scheduled later and I will send info. I am surrounded by loving family, friends and neighbors and so appreciate the prayers and concerns from the Board and staff.

with appreciation,

Sandra

1376. FYI: It's Official – 9th Straight Year of Academy Membership Growth

From: Martha Ontiveros <Montiveros@eatright.org>
To: Patricia Babjak <PBABJAK@eatright.org>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'CONNORS@OHSU.EDU' <CONNORS@OHSU.EDU>, 'craytef@charter.net' <craytef@charter.net>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Apr 14, 2014 08:59:40
Subject: FYI: It's Official – 9th Straight Year of Academy Membership Growth
Attachment: [image002.jpg](#)

FYI-

From: Patricia Babjak
Sent: Thursday, April 10, 2014 6:41 PM
To: 'Glenna McCollum'; 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; NancyLewis1000@gmail.com; 'easaden@aol.com'; 'elise@ntrs.gov'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'
Cc: Executive Team Mailbox; Doris Acosta; Alison Steiber; Chris Reidy; Mary Ann Taccona; 'Mary Gregoire'; Susan Burns
Subject: It's Official – 9th Straight Year of Academy Membership Growth

We are proud to announce that we have achieved a new membership record! As of today we have **75,095 members**, marking our ninth consecutive year of membership growth. Few professional associations can claim such sustained membership success, a testament to our value proposition. We are celebrating completing the fiscal year with this positive momentum!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Phone: 312/899-4856

Email: pbabjak@eatright.org

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1377. Nominating Committee Evaluation Workgroup: Transition Committee

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Apr 11, 2014 18:33:10
Subject: Nominating Committee Evaluation Workgroup: Transition Committee
Attachment: [image003.jpg](#)

At its March meeting, the Board of Directors voted to accept the recommendations of the Nominating Committee Evaluation Workgroup. I am writing on behalf of Neva to request your consideration in reconvening the workgroup to develop a transition plan for the recommendations, since the workgroup is most familiar with the issues. I have created a Doodle poll to select a date for the initial call. If you wish to participate in the transition committee call, please click on the link below and indicate your availability (times are listed as Central Time).

<http://doodle.com/436ebsv8n67ks8vg>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

1378. Trailblazer Award

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glennacac@aol.com' <glennacac@aol.com>, 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'elise@ntrs.com' <elise@ntrs.com>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: 'jdwyer1@tuftsmedicalcenter.org' <jdwyer1@tuftsmedicalcenter.org>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, 'Mary B Gregoire' <Mary_B_Gregoire@rush.edu>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Apr 11, 2014 13:58:31
Subject: Trailblazer Award
Attachment: [image001.png](#)

As you know, this year the Academy worked to jointly develop a new Trailblazer Award with the Institute of Food Technologists (IFT). This award was designed to recognize exceptional leaders who have demonstrated innovative contributions among underserved populations through at least one aspect of food science and technology and have exhibited intellectual courage in research, instruction and communication.

Jointly bestowed by the Academy and IFT, presentation of the award will rotate between each organization's annual meeting, with the first to be presented in June, 2014 at IFT's Annual Meeting

&Food Expo in New Orleans, LA. The recipient of this prestigious honor is determined by a joint jury of Academy and IFT leaders.

I am pleased to announce that the winner of the first Trailblazer Award is **Dr. Johanna T. Dwyer, DSc, RD**, a registered dietitian nutritionist and long-time Academy member.

In 2015, the second Trailblazer Award will be presented at FNCE in Nashville, TN. Please join me in congratulating Johanna on receiving the inaugural Trailblazer Award. Please note that she is copied on this email.

Congratulations, Johanna!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1379. RE: Childhood Weight Management Program - April 2015 in North Carolina

From: Pearlie Johnson <PJohnson@eatright.org>
To: Pearlie Johnson <PJohnson@eatright.org>, 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothern, Melinda' <msothe@lsuhsc.edu>, 'Dana Engel GERSTEIN' <danaeg@berkeley.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Michelle Horan' <mhoranrd@gmail.com>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Gail Frank' <Gail.Frank@csulb.edu>
Sent Date: Apr 11, 2014 10:45:35
Subject: RE: Childhood Weight Management Program - April 2015 in North Carolina
Attachment: [image001.png](#)
[image002.png](#)
[image003.png](#)

The correct dates are April 16-18, 2015 (Thursday to Friday). Sorry about that.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Friday, April 11, 2014 9:26 AM

To: 'Hassink, Sandra'; 'Copperman, Nancy'; 'Marc Jacobson'; 'Sothorn, Melinda'; 'Dana Engel GERSTEIN'; 'Johnston, Craig Allen'; 'Michelle Horan'; 'Kirk, Shelley'; 'Isadora Nogueira'; 'Debra Kibbe'; DMartin@Burke.k12.ga.us; 'Gail Frank'

Subject: Childhood Weight Management Program - April 2015 in North Carolina

This is to inform you that all faculty members are available for April 16-28, 2015. We are working with the hotel to finalize the contract. I will confirm once the contract is signed. Please put add this program to your calendar.

We will update you next week regarding the May 2014 program that is scheduled to be held in Buffalo.

Thank you.

Pearlie Johnson-Freeman, MBA

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Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Tuesday, March 25, 2014 3:44 PM

To: 'Hassink, Sandra'; 'Copperman, Nancy'; 'Marc Jacobson'; 'Sothorn, Melinda'; 'Dana Engel GERSTEIN'; 'Johnston, Craig Allen'; 'Michelle Horan'; 'Kirk, Shelley'; 'Isadora Nogueira'; 'Debra Kibbe'; DMartin@Burke.k12.ga.us; 'Gail Frank'

Subject: RE: Availability - Childhood Weight Management Program - April 2015 in North Carolina

I am following up with you regarding our scheduling a program in Spring 2015 in North Carolina. March 2015 will not work based on your availability. We have now obtained availability during the month of April 2015 in North Carolina as noted below. Are you available?

April 16-18, 2015

April 23-25, 2015

Thank you.

Pearlie Johnson-Freeman, MBA

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Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Thursday, February 20, 2014 12:10 PM

To: 'Hassink, Sandra'; 'Copperman, Nancy'; 'Marc Jacobson'; 'Sothorn, Melinda'; 'Dana Engel GERSTEIN'; 'Johnston, Craig Allen'; 'Michelle Horan'; 'Kirk, Shelley'; 'Isadora Nogueira'; 'Debra Kibbe'; DMartin@Burke.k12.ga.us; 'Gail Frank'

Subject: Availability - Childhood Weight Management Program - March 2015 in North Carolina

Hello Everyone,

We have identified availability at the Sheraton Hotel in Chapel Hill, North Carolina for the following dates.

March 19-21, 2015 – Thursday - Saturday

March 26-28, 2015 – Thursday - Saturday

Please confirm your availability. We will only schedule one program based on your availability.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

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fax: 312-899-4772

pjohnson@eatright.org

1380. Childhood Weight Management Program - April 2015 in North Carolina

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Dana Engel GERSTEIN' <danaeg@berkeley.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Michelle Horan' <mhoranrd@gmail.com>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Gail Frank' <Gail.Frank@csulb.edu>
Sent Date: Apr 11, 2014 10:25:46
Subject: Childhood Weight Management Program - April 2015 in North Carolina
Attachment: [image001.png](#)
[image002.png](#)
[image003.png](#)

This is to inform you that all faculty members are available for April 16-28, 2015. We are working with the hotel to finalize the contract. I will confirm once the contract is signed. Please put add this program to your calendar.

We will update you next week regarding the May 2014 program that is scheduled to be held in Buffalo.

Thank you.

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fax: 312-899-4772

pjohnson@eatright.org

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Sent: Tuesday, March 25, 2014 3:44 PM

To: 'Hassink, Sandra'; 'Copperman, Nancy'; 'Marc Jacobson'; 'Sothorn, Melinda'; 'Dana Engel GERSTEIN'; 'Johnston, Craig Allen'; 'Michelle Horan'; 'Kirk, Shelley'; 'Isadora Nogueira'; 'Debra Kibbe'; DMartin@Burke.k12.ga.us; 'Gail Frank'

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Thank you.

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fax: 312-899-4772

pjohnson@eatright.org

1381. May Board of Directors Meeting

From: Joan Schwaba <JSchwaba@eatright.org>

To: 'Glenna McCollum' <glennacac@aol.com>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'elise@ntrsyst.com' <elise@ntrsyst.com>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrallgill@comcast.net' <'sandrallgill@comcast.net'>, 'eileen.kennedy@tufts.edu' <eileen.kennedy@tufts.edu>, 'constancegeiger@comcast.net' <constancegeiger@comcast.net>, 'carl@learntoeatright.com' <carl@learntoeatright.com>, 'Evelyn Crayton' <craytef@aces.edu>, 'craytef@charter.net' <craytef@charter.net>, 'Kay.Wolf@osumc.edu' <Kay.Wolf@osumc.edu>, 'miles081@umn.edu' <miles081@umn.edu>, 'denice@wellnesspress.com' <denice@wellnesspress.com>, 'tracey.bates@dpi.nc.gov' <tracey.bates@dpi.nc.gov>, 'traceybatesrd@gmail.com' <traceybatesrd@gmail.com>, 'dwbradley51@gmail.com' <dwbradley51@gmail.com>, Lindsey Hoggle <LHoggle@eatright.org>

Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, 'Mary Gregoire' <gregoiremtb@yahoo.com>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>, Denielle Green <DGreen@eatright.org>, Paulina Weeden <pweeden@eatright.org>

Sent Date: Apr 11, 2014 08:57:14

Subject: May Board of Directors Meeting

Attachment: [image001.png](#)
[Travel Profile Instructions.doc](#)

This is a reminder that the upcoming Board of Directors orientation and business meeting is a month away.

The joint orientation for incoming Board and Foundation members is scheduled for May 12-13 at Academy headquarters in Chicago, 120 South Riverside Plaza, Suite 2000. The orientation will begin at noon on Monday, May 12 and is expected to adjourn at 5:00 pm on Tuesday, May 13. Current and incoming Academy Board members attending the orientation meeting are Aida Miles, Denice Ferko-Adams, Don Bradley, Donna Martin, Elise Smith, Evelyn Crayton, Kay Wolf, Sonja Connor, Terri Raymond and Tracey Bates. Newly elected incoming Foundation Board members, Carl Barnes, Constance Geiger and Eileen Kennedy will also attend. Reservations have been made at the Burnham Hotel, 1 W. Washington St, for arrival on May 12 for those attending the orientation, unless you request otherwise. Your hotel room will be master-billed, but you will be asked to pay for incidentals.

The Academy Board of Directors meeting will be held on May 14-15 at headquarters. Hotel reservations have been made for arrival on May 13, unless you requested otherwise. The meeting will convene at 8:00 am on Wednesday, May 14 and will adjourn on Thursday, May 15 at 2:00 pm. We welcome incoming Academy Board members Aida Miles, Denice Ferko-Adams, Don Bradley, Evelyn Crayton, Kay Wolf, Terri Raymond and Tracey Bates who will audit the meeting.

To make your travel arrangements for the May meeting(s), please go to <https://adatvl.axo20.com/> and select your flights. Enter 1032430 for the approval code and indicate that the Academy is paying for travel from the drop down menu below the approval code box, then proceed with booking. First time users will need to select *Create a New Account* to set up a secure password and establish a user record. Instructions are attached.

Please contact me at jschwaba@eatright.org or Dee Crye dcrye@eatright.org if you have any questions.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000
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Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

1382. It's Official – 9th Straight Year of Academy Membership Growth

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'elise@ntrsyst.com' <elise@ntrsyst.com>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandalgill@comcast.net' <'sandalgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, 'Mary Gregoire' <gregoiremtb@yahoo.com>, Susan Burns <Sburns@eatright.org>
Sent Date: Apr 10, 2014 19:41:15
Subject: It's Official – 9th Straight Year of Academy Membership Growth
Attachment: [image002.jpg](#)

We are proud to announce that we have achieved a new membership record! As of today we have **75,095** members, marking our ninth consecutive year of membership growth. Few professional associations can claim such sustained membership success, a testament to our value proposition. We are celebrating completing the fiscal year with this positive momentum!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

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Phone: 312/899-4856

Email: pbabjak@eatright.org

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1383. Foundation Board Calendar

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'craytef@charter.net' <craytef@charter.net>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'carl@learntoeatright.com' <carl@learntoeatright.com>, 'constancejgeiger@comcast.net' <constancejgeiger@comcast.net>, 'eileen.kennedy@tufts.edu' <eileen.kennedy@tufts.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, Patricia Babjak <PBABJAK@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Paul Mifsud <PMifsud@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Susan Burns <Sburns@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Dee Crye <dcrye@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Mary-Ann Johnson <mjohnson@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Apr 10, 2014 16:42:20
Subject: Foundation Board Calendar
Attachment: [image001.png](#)

Please mark your calendars and let me know if there are any conflicts with the dates for the Foundation Board Meetings/WebEX calls below.

2014

Meeting or WebEX Call

LOCATION

Tuesday, May 6, 2014

10 am – 11 am CT (budget call)

June 18 – 19, 2014

Meeting

Chicago

Thursday, September 18, 2014

10 am – 12:30 pm CT (call)

Thursday, December 11, 2014

10 am – 12:30 pm CT (call)

2015

MEETING

LOCATION

Thursday, March 19, 2015

10 am – 12:30 CT pm

Thursday, May 7, 2015

10 am – 11 am CT (budget call)

June 17-18, 2015

Meeting

Chicago

Best regards,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

1384. Special: ACO 101 Webinar

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'elise@ntrs.com' <elise@ntrs.com>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrargill@comcast.net' <'sandrargill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Doris Acosta <dacosta@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Apr 10, 2014 15:58:55
Subject: Special: ACO 101 Webinar
Attachment: [image001.png](#)
[image002.jpg](#)

Marsha Schofield asked me to share the invitation below she received regarding free webinars on the basics of Accountable Care Organizations. Leavitt Partners is a health care intelligence organization with whom the Academy has had conversations to explore what services they may be able to offer us as we develop strategies in this area. Someone from their organization will be serving as a speaker at a FNCE® session being sponsored by the Coding and Coverage Committee.

Thank you,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

From: Health Intelligence Partners

Sent: Friday, April 04, 2014 10:46 AM

Subject: Special: ACO 101 webinar

Friends of Leavitt Partners,

The Leavitt Partners ACO Cooperative is now sponsoring a monthly "ACO 101" webinar. While many are well informed on this topic, Leavitt Partners will provide a brief layout of the common structures and arrangements of Medicare, Medicaid and commercial ACOs for those who are wanting to learn the basics. These webinars are open to the public so you are welcome to pass this along to anyone in your companies or elsewhere whom you believe would benefit from the information.

To learn more about the benefits of the ACO Cooperative, [click here](#) or contact ike.bennion@leavittpartners.com.

Accountable Care 101

Every Second Tuesday of the Month

3 p.m. ET

What exactly is an ACO? The Leavitt Partners Center for Accountable Care Intelligence answers that question through this primer into accountable care organizations and the movement that surrounds them. This webinar will cover:

1. A Short History of Integrated Care
2. Various Models of Accountable Care Organizations
3. Notable Market Updates

A great read ahead for this webinar can be found [here](#).

Upcoming times:

May 13, 2014 at 3 p.m. ET – Register

June 10, 2014 at 3 p.m. ET – Register

July 8, 2014 at 3 p.m. ET – Register

August 12, 2014 at 3 p.m. ET – Register

September 9, 2014 at 3 p.m. ET – Register

We would encourage inviting new hires, or people who would simply like to better understand the ACO movement within your company. Please encourage participants to register 24 hours in advance or earlier of the scheduled event. In the case of no registrants 24 hours prior to an event, the event will be cancelled. Any questions can be emailed to ike.bennion@leavittpartners.com.

Sincerely,

Ike Bennion

Ike.Bennion@LeavittPartners.com

801-538-5082

This email was sent by ike.bennion@leavittpartners.com |
Leavitt Partners | 299 South Main St. | Salt Lake Cty | UT | 84111

1385. Online Assess and Learn Series

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Apr 10, 2014 12:46:29
Subject: Online Assess and Learn Series
Attachment:

Online Assess and Learn Series

Having trouble viewing this e-mail? View it in your browser.

CDRs Online Assess and Learn Series

Spring is here! Do you need continuing education hours to fulfill your CPEU requirements? CDR has the perfect CPEU opportunity for you! CDRs Online Assess and Learn Series offers you the opportunity to earn continuing professional education units from your computer at an affordable price. Each module in the assess and learn series has been CDR-approved to fulfill some of the CPEU requirements, and each has been developed to assess and provide instant feedback on your current knowledge and skill level on a specific nutritional topic. CDRs Assess and Learn modules are one-stop CPEU shopping for you!

CDRs Online Assess and Learn Series assesses the knowledge and skills you currently have in a particular dietetics related area, within the context of a case scenario. Feedback on your performance is provided to assist you in determining your current and future learning needs. Currently there are four online Assess and Learn modules available:

- Celiac Disease
- Gerontological Nutrition
- Sports Dietetics: Nutrition for Athletic Performance
- Managing Type 2 Diabetes Using the Nutrition Care Process

Each module has been approved by CDR for 5 CPEUs and costs \$45.99. For information, please visit CDRs website:

<http://cdrnet.org/products/assess-learn-online-continuing-education-modules>

If you have questions, please feel free to send an e-mail: cdr-campus@eatright.org.

Do not miss this wonderful opportunity to both broaden your dietetics knowledge base and have feedback on your progress!

Share this mailing with your social network:

You have received this email from the Commission on Dietetic Registration.

If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1386. Daily News: Thursday, April 10, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Apr 10, 2014 11:44:35
Subject: Daily News: Thursday, April 10, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

Free Drinking Water Available to Most U.S. Kids at School Lunch

Study found Southern schools doing best at meeting USDA rule

<http://consumer.healthday.com/kids-health-information-23/education-news-745/briefs-emb-4-8-11-01pmet-schools-drinking-water-jand-release-batch-1120-686585.html>

Source: *Journal of the Academy of Nutrition and Dietetics* (article coming soon!)

<http://www.andjrnl.org/inpress>

Weight loss efforts start well, but lapse over time

<http://www.sciencedaily.com/releases/2014/04/140403154508.htm>

Source: *American Journal of Preventive Medicine*

(Access full-text article, Obesity-Related Health Status Changes and Weight-Loss Treatment Utilization at:

<http://www.ajpmonline.org/>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, Article in Press-scroll down to: Time to Correctly Predict the Amount of Weight Loss with Dieting

<http://www.andjrnl.org/inpress>

High-Fat Diet May Boost Breast Cancer Risk

Study found women who ate the most saturated fat were more likely to develop tumor

(While the study showed an association between a high-fat diet and breast cancer risk, it didn't prove cause-and-effect.)

<http://consumer.healthday.com/cancer-information-5/breast-cancer-news-94/high-fat-diet-may-boost-breast-cancer-risk-686610.html>

More than half of high-risk alcohol users report improvement after surgery

<http://www.sciencedaily.com/releases/2014/04/140403154510.htm>

Source: *Surgery for Obesity and Related Diseases*

-High-risk alcohol use after weight loss surgery

[http://www.soard.org/article/S1550-7289\(14\)00006-9/abstract](http://www.soard.org/article/S1550-7289(14)00006-9/abstract)

Restaurants Pose Double the Risk of Food Poisoning Compared to Homes: Study

Many cases may be going unreported, consumer advocacy group adds

[http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-poisoning-news-](http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-poisoning-news-319/restaurants-pose-double-the-risk-of-food-poisoning-compared-to-homes-study-686681.html)

[319/restaurants-pose-double-the-risk-of-food-poisoning-compared-to-homes-study-686681.html](http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-poisoning-news-319/restaurants-pose-double-the-risk-of-food-poisoning-compared-to-homes-study-686681.html)

Source: Center for Science in the Public Interest-Access the full report at the link below:

<https://www.cspinet.org/new/201404071.html>

Natural Grocers Lose Vigor

[http://online.wsj.com/news/articles/SB20001424052702303949704579461194047586838?mg=ren](http://online.wsj.com/news/articles/SB20001424052702303949704579461194047586838?mg=reno64-)
o64-

[wsj&url=http%3A%2F%2Fonline.wsj.com%2Farticle%2FSB200014240527023039497045794611](http://online.wsj.com/news/articles/SB20001424052702303949704579461194047586838?mg=reno64-)
[94047586838.html](http://online.wsj.com/news/articles/SB20001424052702303949704579461194047586838?mg=reno64-)

Wal-Mart aims to push organic foods into mainstream

[http://www.chicagotribune.com/business/ct-walmart-organic-wildoats-0410-biz-](http://www.chicagotribune.com/business/ct-walmart-organic-wildoats-0410-biz-20140410,0,3699859.story)
20140410,0,3699859.story

Pompeo bill would preempt state GMO labeling

(As was rumored last week, congressman Mike Pompeo (R-KS) introduced legislation Wednesday that would block the efforts in multiple states to require mandatory labeling of genetically modified foods)

<http://www.foodnavigator-usa.com/Regulation/Pompeo-bill-would-preempt-state-GMO-labeling>

California bill requiring warning labels on sugary drinks advances

<http://www.reuters.com/article/2014/04/09/us-usa-sodas-california-idUSBREA3824Q20140409>

Related Resource: State Affairs (state governments play a vital role in creating and implementing policies that serve and protect the public)

<http://www.eatright.org/Members/content.aspx?id=8848>

The greatest generation? Here's three more cheers for millennials

They aspire, adapt and conquer. All those trophies given to millennials will pay off in the Greatest Generation Yet.

<http://articles.latimes.com/2014/mar/28/home/la-hm-0329-erskine-20140329>

FNCE © 2013 Recorded Session

-Millennial RDs and Students: Breaking through Stereotypes

<http://www.starlibraries.com/fnce/session/74/Millennial-RDs-and-Students-Breaking-through->

Stereotypes

Are You Programmed to Enjoy Exercise?

<http://well.blogs.nytimes.com/2014/04/09/are-you-programmed-to-enjoy-exercise/>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Point-of-care Health Literacy and Activation Information to Improve Diabetes Care

<http://clinicaltrials.gov/ct2/show/NCT01876485?term=NCT01876485&rank=1>

MedlinePlus: Latest Health News

-Football and the Brain

-Arsenic in Well Water Tied to Less Brain Power in U.S. Study

Researchers found students exposed to higher levels of the element had lower IQ test scores

-Booze Brands In Pop Lyrics May Spur Teen Drinking

Adolescents hear 8 alcohol products mentioned a day on average, study says

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Bermuda urged to reduce obesity rate

(Joy Dubost, Academy Spokesperson quoted)

<http://www.royalgazette.com/article/20140409/NEWS06/140409742>

The New Food Labels: Information Clinicians Can Use

(Claudine Kavanaugh, RD quoted)

<http://www.medscape.com/viewarticle/822925>

UCLA hospitals serve antibiotic-free meat in fight against superbugs

(Patricia Oliver, RD quoted)

<http://www.latimes.com/local/lanow/la-me-ln-ucla-antibiotic-free-meat-20140401,0,129974.story#ixzz2yUIESugh>

Baby Café caters to nursing moms

(Christina Padilla, RD quoted)

<http://www.mysanantonio.com/sacultura/conexion/article/Baby-Caf-caters-to-nursing-moms-5383590.php>

Sugary cocktails: what's really in that drink?

(Rachel Berman, RD quoted)

<http://www.foxnews.com/leisure/2014/04/08/sugary-cocktails-what-really-in-that-drink/>

How 5 Super Foods Could Potentially Hurt You

(Jennifer Neily, RD featured)

<http://abcnews.go.com/Health/downside-super-foods/story?id=23244978#>

Cart Smarts: Explore new foods with all five senses

(By Kaitlin Anderson, RD)

http://www.postbulletin.com/life/food/cart-smarts-explore-new-foods-with-all-five-senses/article_d4e280cc-772b-5f0e-a9d5-6a153a1663e4.html

How To Have a Happier Monday

(Lisa Young, RD quoted)

<http://m.self.com/health/2014/04/how-to-have-happier-monday?currentPage=2&queryType=nonparsed&submit>

On Nutrition: Genetic clues to slow down aging

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_25524326/barbara-quinn-nutrition-genetic-clues-slow-down-aging

Workouts for busy mothers

(Rebecca Scritchfield, RD quoted)

http://www.washingtonpost.com/lifestyle/wellness/workouts-for-busy-mothers/2014/04/08/a5259eda-b8e1-11e3-96ae-f2c36d2b1245_story.html

Devices guide health

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-devices-guide-healthier-lifestyles-2439919>

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=27728

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-27728-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1387. Board Monthly - Thank You

From: Martha Ontiveros <Montiveros@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 10, 2014 10:05:20
Subject: Board Monthly - Thank You
Attachment: [image002.png](#)
[Information for Thankers.doc](#)
[FAQ.doc](#)

Good morning,

Attached are the talking points and QA list to make your monthly Board thank you calls/email messages.

Board Member

First Name

Last Name

Preferred EMAIL Number

Preferred Home Number

Preferred Office Number

Preferred State

Fund ID

Gift Amount

Gift Date

Donna M.

Mark

Pinzas

markpinzas0125@gmail.com

(305)772-0913

Florida

Annual Fund

\$10.00

3/7/2014

Donna M.

Helen

Sollee

hsollee@yahoo.com

(904)571-2043

Florida

Annual Fund

\$10.00

3/2/2014

Donna M.

Juliane

Shukri

julianeshukri@yahoo.com

(781)835-9690

Massachusetts

Annual Fund

\$10.00

3/12/2014

Donna M.

Jillian

Price

jpprice@udel.edu

(302)598-3477

Delaware

Scholarship

\$20.00

3/6/2014

Donna M.

Kathleen

Lemmons

kaitlyn.lemmons@gmail.com

(859)801-9828

Kentucky

Scholarship

\$20.00

3/6/2014

Donna M.

Noelle

Comeaux

NAC4087@louisiana.edu

(337)364-3336

Louisiana

Scholarship

\$20.00

3/6/2014

Donna M.

Gloria

Stables

gstables@comcast.net

301/424-8330

(301)424-8330

Maryland

Annual Fund

\$100.00

3/14/2014

Donna M.

Kathleen

McClusky

KMcClusky@lammorrison.com

(407)542-6187

Florida

Annual Fund

\$750.00

3/6/2014

If you have any questions or need additional information, please contact me.

Thanks!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

1388. New Public Member

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Apr 09, 2014 17:16:44
Subject: New Public Member
Attachment: [image002.jpg](#)

I'm pleased to announce Sonja received an affirmative response from Dr. Don Bradley to serve as public member on the Board of Directors. His appointment begins June 1, 2014 and his term expires May 31, 2017. Don will join us for the Board orientation and meeting in May.

Don W. Bradley, MD, MHS-CL

Senior vice president for Healthcare and chief medical officer at Blue Cross and Blue Shield of North Carolina. Dr. Bradley is responsible for programs, interventions and information to help BCBSNC customers make informed choices for optimal health and to help keep health care affordable. Dr. Bradley's accomplishments over the last 25 years at BCBSNC include leading implementation of open access online medical policy, development of extensive primary care provider performance feedback, the institution of the annual State of Preventive Health forum, implementation of comprehensive benefits and programs for the medical assessment and treatment of obesity (Healthy Lifestyle Choices), creation of one of the nation's first Bariatric Surgery Centers of Excellence programs and performance-based provider reimbursement, and tiered fee schedules and benefits. Dr. Bradley holds faculty appointments at Duke University School of Medicine and the University of North Carolina School of Medicine. He received

gubernatorial appointments to the North Carolina State Health Coordinating Council and the North Carolina Institute of Medicine. He also serves as chair of the North Carolina Healthcare Quality Alliance and as a member of the executive committee for the National Council of Physician and Pharmacy Executives within the Blue Cross and Blue Shield Association. Dr. Bradley completed his medical degree and the Medical College of Virginia, a family medicine residency in Harrisburg, PA., and a Kellogg fellowship and a Masters in Clinical Leadership at Duke.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1389. Eat Right Weekly - April 9, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Apr 09, 2014 16:35:46
Subject: Eat Right Weekly - April 9, 2014
Attachment:

Eat Right Weekly
April 9, 2014

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[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Academy Urges FDA Not to Burden Food and Nutrition Research

The Academy has joined a growing number of organizations strongly urging the Food and Drug Administration to withdraw its new guidance requiring Investigational New Drug Applications (INDs) for conventional foods. The new requirement would hinder important research and add significant costs, but FDA identified no problems with existing oversight provided by institutional review boards.

[Learn More >>](#)

Proposed Professional Standards for School Nutrition Personnel Endorsed

The Academy has supported the U.S. Department of Agriculture's proposed professional standards that will ensure all personnel in school nutrition - from state directors to food servers - meet significant academic, experiential and continuing education standards. The Academy encourages USDA to require all personnel to have received food safety training and supports the agency's tiered approach of mandating more rigorous standards as the size of local education agencies increases.

[Learn More >>](#)

Academy Partner Releases Report on Preventing Heart Disease and Stroke

The National Forum for Heart Disease and Stroke Prevention, a coalition of more than 75 organizations including the Academy, has released "The Public Health Action Plan to Prevent Heart Disease and Stroke: Ten-Year Update." The report details progress in preventing cardiovascular disease incidence and risk, and offers a series of actions to realize the full potential impact of these programs.

[Learn More >>](#)

Last-Minute 'Doc Fix' Includes ICD-10 Delay

President Obama recently signed the Protecting Access to Medicare Act of 2014. This law contains two items of interest to registered dietitian nutritionists.

[Learn More >>](#)

How Healthy Is Your County?

The Robert Wood Johnson Foundation recently released an updated edition of its "County Health Rankings," which provides a health snapshot for nearly every county in all 50 states. Learn how your county ranks in 29 factors that influence health, including access to healthy foods, physical activity and more.

[Learn More >>](#)

CPE Corner

April 18 Application Deadline: AMIA 10x10 Course

Join the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, starting May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo. Foundation scholarships are available. Applications are due April 18.

[Learn More >>](#)

April 22 Webinar: 'Addressing Patient Malnutrition to Improve Outcomes and Reduce Hospital Costs'

Malnutrition is common in the hospital setting and can adversely affect clinical outcomes and costs, but it is often overlooked. An April 22 webinar will feature a steering committee member of the Alliance to Advance Patient Nutrition, a partnership of three leading health care organizations including the Academy. The presenter will discuss the growing body of research on hospital malnutrition and the critical role the registered dietitian nutritionist plays in driving interdisciplinary collaboration among the health care team to identify and treat patient malnutrition.

[Learn More >>](#)

April 29 Webinar: 'Successful Synergies'

Get inspired to connect with local organizations to help fight hunger and improve access to healthy foods in your community by hearing many innovative examples of projects big and small. Learn practical tips for forming collaborations that become successful synergies. Understand the important role that health care and food bank partnerships can play in improving the lives of families facing food insecurity. This Academy of Nutrition and Dietetics Foundation webinar is planned with Feeding America through an educational grant from the National Dairy Council.

[Learn More >>](#)

May 14 Webinar: 'The Ins and Outs of Food Allergy'

Food allergy is encountered in every area of clinical dietetic practice, but most registered dietitian nutritionists are not confident in addressing their clients' questions and concerns. A May 14 webinar will cover the realm of food allergic disorders including how they present, dietary management and validated client resources. Gain the knowledge and tools you need to approach food allergy with confidence.

[Learn More >>](#)

May 15 Webinar: 'Using Social Media with Kids Eat Right'

Members can use social media to effectively promote Kids Eat Right messages. A May 15 webinar will introduce Kids Eat Right's social media platforms and provide suggestions for using each platform.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

April 15 Application Deadline for NNM Award: Students Making a Difference at Schools

The Student Advisory Committee announces the 2014 National Nutrition Month Student Award Program, recognizing local student dietetic associations and clubs that support the mission and vision of the Academy by organizing events in recognition of National Nutrition Month. The deadline to apply for an award is April 15.

[Learn More >>](#)

Updated Student Exam Prep

If you are getting ready to take the Registration Examination for Dietitians, the Academy's Student Exam Prep (StEP) can help. Now including more questions, updated references and links, StEP was updated April 7. This tool can be used to strengthen your exam readiness as you study for the RD exam and serve as a complement to the *CDR Study Guide for the Registration Examination for Dietitians*.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison or nominate yourself.

[Learn More >>](#)

Worksite Wellness Businesses: Share Your Story

The Academy is working with the Alliance for a Healthier Generation to make employers and insurers who work with the Healthier Generation Benefit aware of proven, registered dietitian nutritionist-led worksite wellness programs. Submit your success stories by May 1.

[Learn More >>](#)

April Book of the Month

Save 10 percent during April on the *Academy of Nutrition and Dietetics Pocket Guide to Children with Special Health Care and Nutritional Needs*. This quick reference includes updated information for health care professionals who monitor the nutrition care of children with special health needs, including Down syndrome, autism, cerebral palsy and other conditions.

[Learn More >>](#)

New EAL Project Published

The Evidence Analysis Library's Dietary and Metabolic Impact of Fruit Juice Consumption Project has been published. Topics include weight status and adiposity in children, dietary intake and nutritional adequacy in children, blood lipid levels in adults and markers of antioxidant and oxidant status in adults.

[Learn More >>](#)

Academy Membership Renewal Now Open

Renewing your Academy membership for 2014-2015 is easy.

[Learn More >>](#)

Don't Miss Out: Update Academy Contact Information

Have you recently moved, changed phone numbers or opened a new email account? If so, you may be missing important Academy news, access to exclusive member benefits or publications by mail.

[Learn More >>](#)

New Handouts: Nutrition and Health Apps for Consumers

Two handouts are available as free downloads from the University of Missouri Extension.

[Learn More >>](#)

Academy Member Updates

Member Named University Dean

Academy member Elaine Turner, PhD, has been named dean of the University of Florida College of Agricultural and Life Sciences. Turner had been interim dean of the university's third-largest college since January. Her appointment is effective April 11. "Dr. Turner is a person who gets things done," said the university's senior vice president. "She is organized, she's tireless, she never drops the ball and she's got a career-long commitment to the highest-quality teaching."

[Learn More >>](#)

Food and Nutrition Heroes

Food & Nutrition Magazine's online "Nutrition Heroes" series spotlights Academy members who are making a difference in every aspect of practice, in all parts of the country and around the world.

[Learn More >>](#)

It's National Volunteer Week

April 6 to 12 is National Volunteer Week, dedicated to inspiring, recognizing and encouraging volunteerism. Thanks to all members, especially those who engage in volunteer activities for the Academy and profession. Both are strengthened by your commitment and passion.

Philanthropy, Awards and Grants

Deadline Extended to May 1: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The deadline to apply for this award has been extended to May 1.

[Learn More >>](#)

Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

Make a Difference While Renewing Your Membership

I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.

- Patricia A. Obayashi, MS, RD, CDE

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

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If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

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1390. GENIE

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'eileen.kennedy@tufts.edu' <eileen.kennedy@tufts.edu>, 'constancegeiger@comcast.net' <constancegeiger@comcast.net>, 'carl@learntoeatright.com' <carl@learntoeatright.com>, Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Apr 09, 2014 14:30:20
Subject: GENIE
Attachment: [image001.png](#)
[Fellowship Reflection.docx](#)
[GENIE Fact Sheet_3_4_2014.pdf](#)

Good morning. Following is a letter from Jenica Abram describing her experience as the ConAgra Foods Foundation Nutrition Education Research Fellow. As a fellow, Jenica worked closely with the Academy's Research, International and Scientific Affairs team and Foundation staff to complete the development and validation of a new online resource for nutrition practitioners called, the Guide For Effective Nutrition Interventions and Education (GENIE). Two GENIE manuscripts have been developed, three conference presentations have been secured, and a CPEU webinar has been offered to raise awareness of this important tool. We expect that GENIE will set the standard for quality nutrition education. A GENIE fact sheet is also attached, and you can visit the GENIE website at: <http://sm.eatright.org/GENIE>.

Special thanks to ConAgra Foods Foundation for providing this opportunity through the Academy Foundation.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

1391. Foundation Board

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'craytef@charter.net' <craytef@charter.net>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'carl@learntoeatright.com' <carl@learntoeatright.com>, 'constancejgeiger@comcast.net' <constancejgeiger@comcast.net>, 'eileen.kennedy@tufts.edu' <eileen.kennedy@tufts.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Apr 09, 2014 14:18:07
Subject: Foundation Board
Attachment: [image001.png](#)
[PROFILE FORM 2014.pdf](#)

Good afternoon,

Attached you will find a form that I need you to complete and return to me. The information is for internal use, to update leadership directory and create a Foundation Board list for the term beginning June 1, 2014.

Please let me know if you have any questions.

Best regards,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

1392. Celebrating Our Volunteers

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Apr 09, 2014 13:41:59
Subject: Celebrating Our Volunteers
Attachment:

Celebrating Our Volunteers

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

We Thank You!

April 6-12 has been declared National Volunteer Week. This week is all about inspiring, recognizing and encouraging volunteerism.

We at the Academy of Nutrition and Dietetics would like to **thank you for your tireless efforts in advancing the profession of dietetics**. Our organization is only made stronger by your commitment and passion.

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

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1393. Acceptance of Board Positions

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'tjraymond@aol.com' <tjraymond@aol.com>, 'Susan Finn' <finn.s@earthlink.net>, 'ooltd@aol.com' <ooltd@aol.com>, 'eileen.kennedy@tufts.edu' <eileen.kennedy@tufts.edu>, 'constancegeiger@comcast.net' <constancegeiger@comcast.net>, 'carl@learntoeatright.com' <carl@learntoeatright.com>, Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Apr 09, 2014 13:21:31
Subject: Acceptance of Board Positions
Attachment: [image001.png](#)

I am pleased to report that the following individuals have accepted positions on the Foundation Board. Their term will begin June 1, 2014. We look forward to their expertise and appreciate their commitment to our work. Special thanks to the Foundation Nominating Committee.

Eileen Kennedy (Director)

Constance Geiger (Director)

Carl Barnes (young member)

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1394. New Board orientation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 08, 2014 17:51:30
Subject: New Board orientation
Attachment:

Donna,

We have the new board orientation coming up. I am beginning the process of updating the presentation you gave last year. Any thoughts on this year? If you need the presentation, let me know. It was a "q and a" document.

I hope the weather is good for you this weekend.

Paul

1395. Daily News: Tuesday, April 8, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Apr 08, 2014 10:44:08
Subject: Daily News: Tuesday, April 8, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

More U.S. Children Severely Obese, Study Says

Report, which conflicts with recent CDC review, finds growing number of kids likely to suffer serious health problems

<http://consumer.healthday.com/public-health-information-30/centers-for-disease-control-news-120/more-u-s-children-now-severely-obese-study-686586.html>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1856480>

Related Resource: Position of the Academy of Nutrition and Dietetics: Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity

[http://www.andjrn.org/article/S2212-2672\(13\)01292-6/abstract](http://www.andjrn.org/article/S2212-2672(13)01292-6/abstract)

Daily serving of beans, peas, chickpeas or lentils can significantly reduce bad cholesterol

<http://www.sciencedaily.com/releases/2014/04/140407122749.htm>

Source: *CMAJ*

<http://www.cmaj.ca/content/early/2014/04/07/cmaj.131727>

States debate regulating pricey, sometimes dangerous raw milk

<http://www.washingtonpost.com/blogs/govbeat/wp/2014/04/05/states-debate-regulating-pricey-sometimes-dangerous-raw-milk/>

Related Resource: CDC

<http://www.cdc.gov/foodsafety/rawmilk/raw-milk-questions-and-answers.html>

Fittest city? Boulder, Colo., once again tops the list

<http://www.today.com/health/fittest-city-boulder-colo-once-again-tops-list-2D79486823>

Source: Gallup-Healthways Well-Being Index

<http://www.gallup.com/poll/168230/boulder-colo-residents-least-likely-obese.aspx?ref=image>

Trying to lose weight? Willpower is more than saying 'I won't'

<http://www.chicagotribune.com/health/la-he-willpower-20140405,0,5373781.story>

Related Resource: *Food and Nutrition Magazine*

Mindful Eating: Resources for Mindfulness and Meditation

<http://www.foodandnutrition.org/Stone-Soup/April-2014/Mindful-Eating-Resources-for-Mindfulness-and-Meditation/>

MedlinePlus: Latest Health News

-Aspirin Advised for Women at High Risk for Pregnancy Complication

Low daily dose helps protect against preeclampsia, U.S. Preventive Services Task Force says

-DNA Test May Reveal Risk of Prostate Cancer's Return

New method offers 80 percent accuracy, researchers say

-Depression May Be Linked to Heart Failure

Stress hormones likely play contributing role, but more research needed, study say

-Poor Sleep Tied to Mental Decline in Older Men

It isn't how long, but how well, people sleep that matters, study found

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

6 Food Myths Debunked

Don't completely ditch fat-free dressings, and feel free to eat some white vegetables

(Nicolette Pace, RD & Jennifer McDaniel, Academy Spokesperson quoted)

<http://time.com/50163/6-food-myths-debunked/>

Harvard and Culinary Institute: younger chefs are thinking about sustainability

(Amy Myrdal Miller RDN quoted)

<http://www.csmonitor.com/Business/The-Bite/2014/0403/Harvard-and-Culinary-Institute-younger-chefs-are-thinking-about-sustainability>

Training helps kids learn to move

(By Jeanine Stice, RD)

http://www.statesmanjournal.com/article/20140405/LIFE/304050046/Training-helps-kids-learn-move?nclink_check=1

Dietitian: Pregnant women can still hook health benefits of fish

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x1445024890/Dietitian-Pregnant-women-can-still-hook-health-benefits-of-fish>

Nutrition by the numbers: How much carbs, protein and fat you really need

(By Molly Kimball, RD)

http://www.nola.com/healthy-eating/2014/04/nutrition_by_the_numbers_how_m.html

Eat Smart: Easter Egg Ideas

(Shelly Marie Redmond, RD featured)

<http://www.arklatexhomepage.com/story/d/story/eat-smart-easter-egg-ideas/21884/FwrTptgegEa-JbVucbFaog>

For teen girls, fruits and veggies linked to lower risk of breast condition

(Cynthia Thomson, RD quoted)

<http://www.chicagotribune.com/health/sns-rt-us-teen-girls-breast-20140407,0,5269435.story>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2014/04/02/peds.2013-3844.abstract?sid=1d2ca064-9745-47f9-b825-829b6cff13a5>

Portion control: Do you really know how much youre eating?

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/portion-control-do-you-really-know-how-much-youre-eating/article17855110/>

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The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=27657

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-27657-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1396. Reminder: Validation Study

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Apr 07, 2014 17:17:22
Subject: Reminder: Validation Study
Attachment:

Reminder: Validation Study

Having trouble viewing this e-mail? [View it in your browser.](#)

Hello from the Commission on Dietetic Registration!

Have you had a chance to complete the Commission on Dietetic Registrations national validation study yet?

If not, theres still time! The survey closes April 30th, so please consider adding your voice now to the many RDNs and DTRs who have already taken part! Have a voice in defining the profession's practice competencies! Participation in this national survey by CDRs registrants will help to assure that the competencies accurately describe the knowledge, skill and judgment of practicing RDNs and DTRs. Collated data may also be used by CDR in publishing valuable research information to the public and to the nutrition and dietetics community.

For the last two years, the Commission on Dietetic Registration (CDR) has been working with Registered Dietitian Nutritionists (RDNs) and Dietetic Technicians Registered (DTRs) from across the United States to develop essential practice competencies for dietetic practitioners. Competencies define the essential knowledge, skill, judgment and attitude requirements across practice, and within focus areas that are required to provide competent, ethical and safe care. Competencies provide a structured guide to help identify, evaluate and develop the behaviors a person needs for competent, professional practice. CDR will transition from PDP Learning Needs Codes to practice competencies, and it is anticipated that the competencies will be implemented in the Professional Development Portfolio (PDP) beginning with practitioners whose recertification cycles expire May 31, 2021 and after.

The Commission on Dietetic Registration is seeking RDNs and DTRs to take part in this national survey aimed at validating the *Essential Practice Competencies for CDR Credentialed Nutrition and Dietetics Practitioners*.

Eligible participants will earn three (3) Continuing Professional Education Units (CPEUs), and all participants will be granted free access to a CDR Weight Management Self-Study E-Module (Adult or Childhood and Adolescent). In addition, participants will have their names entered into a drawing to win a \$500 Apple Store gift card! Please be sure to include your full

name and registration number when completing the survey to receive a continuing education certificate and have your name entered into the drawing.

How You Can Participate in the National Validation Study

Click on the link below to complete the survey by Wednesday, April 30, 2014. The survey will ask you to review the competencies and to rank the frequency with which you perform them. You will be able to provide comments and suggest changes. It will take you approximately 2-3 hours to complete the survey. Please note that you will not be required to complete this survey in a single sitting. You will be able to exit the survey and return to complete it at a later time.

RDNs [Click Here to Take the Survey!](#)

DTRs [Click Here to Take the Survey!](#)

If you have already begun the survey and saved your progress, please use the URL provided in your email to access your saved data and complete the survey. Remember, only practitioners who complete the survey will be eligible for CPE credit, free access to self-study modules, and to have their name entered in the gift card drawing!

Thank you very much for your participation in this very important initiative. CDR anticipates that the final version of the competencies will be published on the CDR website (www.cdrnet.org) in Fall, 2014.

Share this mailing with your social network:

You have received this email from the Commission on Dietetic Registration.

If you prefer not to receive future emails from CDR, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1397. Academy Tax Return

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Paul Mifsud <PMifsud@eatright.org>
Sent Date: Apr 07, 2014 15:54:59
Subject: Academy Tax Return
Attachment: [image002.jpg](#)

At the March Board meeting the public disclosure portion of the tax return was provided in your packet. The entire tax return can be accessed on the Board of Directors communications platform. To view the complete tax return, please login to the communications platform using the link <http://academybod.webauthor.com> and enter your Academy website username and password. The tax return is located under the *Library* tab, 2014 Board Meetings, March 28-29 Board Meeting, Academy Tax Return - Complete Document.

If you have any questions regarding the tax return, please contact Paul Mifsud at pmifsud@eatright.org.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1398. Allegro Confirmation

From: Joan Schwaba <JSchwaba@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 07, 2014 14:08:37
Subject: Allegro Confirmation
Attachment: [image002.jpg](#)
[Reservation Confirmation: Allegro - Confirmation: CI10FZBX.eml](#)

Hi Donna,

Attached is your confirmation for the Allegro hotel, 171 W. Randolph Street Chicago, Illinois, for the night of May 4, 2014. The Burnham hotel did not have availability for the group for May 4. The Allegro hotel is also a Kimpton property, so if you are an InTouch rewards member, or would like to join, please remember to provide your rewards number upon check-in.

The meeting will be held at headquarters from 10am-3pm on May 5 and has been moved to the Presidents' conference room. Please let me know if you need anything else.

Take care,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1399. Daily News: Monday, April 7, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Apr 07, 2014 11:14:30
Subject: Daily News: Monday, April 7, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

Programs combating obesity expect to gain under Obamacare as covered patients lose

<http://www.craigslist.com/article/20140406/NEWS/304069983/programs-combating-obesity-expect-to-gain-under-obamacare-as-covered>

Related Resource: Join the Reimbursement Online Community

<http://www.eatright.org/members/reimbcomm/>

Price tag for childhood obesity: \$19,000 per kid

<http://www.usatoday.com/story/news/nation/2014/04/07/childhood-obesity-costs/7298461/>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2014/04/02/peds.2014-0063.abstract>

Does a junk food diet make you lazy? Psychology study offers answer

<http://www.sciencedaily.com/releases/2014/04/140404221904.htm>

Source: *Physiology & Behavior*

<http://www.sciencedirect.com/science/article/pii/S0031938414000833>

Dad's Extra Pounds Tied to Kid's Risk for Autism Disorders

<http://www.medpagetoday.com/Neurology/Autism/45127>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2014/04/02/peds.2013-3664.abstract>

Drink milk? Women who do may delay knee osteoarthritis

<http://www.medicalnewstoday.com/releases/275086.php>

Source: *Arthritis Care & Research*

<http://onlinelibrary.wiley.com/doi/10.1002/acr.22297/abstract>

Building a healthy community in 'the nation's salad bowl'

http://www.cnn.com/2014/04/03/health/cnnheroes-ramirez/index.html?hpt=he_c2

Related Resource: Future of Food

<http://www.eatright.org/Foundation/content.aspx?id=6442474440>

Potentially more powerful approach to detecting changes in GM foods

<http://www.medicalnewstoday.com/releases/275070.php>

Source: *Plant Genome*

<https://www.crops.org/publications/tpg/abstracts/7/1/plantgenome2013.06.0021>

MedlinePlus: Latest Health News

-Heart Disease Haunted Mummies, Too

Thought to be a modern malady, it was as prevalent in ancient times as it is today, study suggests

-New CDC study finds dramatic increase in e-cigarette-related calls to poison centers

Rapid rise highlights need to monitor nicotine exposure through e-cigarette liquid and prevent future poisonings

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Good nutrition can be a matter of taste

Academy of Nutrition and Dietetics urges people to try new, nutritious foods

(Constance Brown-Riggs & Angela Ginn both Academy Spokespeople quoted)

http://www.reporterherald.com/lifestyles/flavors/ci_25504630/good-nutrition-can-be-matter-taste

Feed or famine: Does intermittent fasting work?

(Joy Dubost, Academy Spokesperson quoted)

<http://www.cbsnews.com/news/feed-or-famine-does-intermittent-fasting-work/>

Healthy Foods Offered at Fenway Park

(Joan Salge Blake, Academy Spokesperson featured)

<http://www.myfoxboston.com/video?clipId=10018918&topVideoCatNo=238258&autoStart=true>

Change your life with a fresh perspective

(By Rebecca Turner, RD)

<http://www.clarionledger.com/article/20140404/FEAT/304040014/Change-your-life-fresh-perspective>

Crawfordsville school dietitian takes message to D.C.: Nutrition guidelines are working

(Angie Frost, RD quoted)

<http://www.jconline.com/article/20140406/NEWS04/304060011/Crawfordsville-school-dietitian->

takes-message-to-D-C-Nutrition-guidelines-are-working?nclick_check=1

Healthy Easter Baskets

(Neva Cochran, RDN featured)

<http://www.ktxdtv.com/story/25163170/neva-cochran>

Eat Less, Live Longer?

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/253913411.html>

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<http://www.eatright.org/positions/>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-27621-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1400. RE: Hotel and meeting space

From: Joan Schwaba <JSchwaba@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 03, 2014 18:22:52
Subject: RE: Hotel and meeting space
Attachment: [image003.jpg](#)

Hi Donna,

To make travel arrangements please click on <https://adatvl.axo20.com/> and select your flights. Enter 1032430 for the approval code and proceed with booking.

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

From: Donna Martin [<mailto:dmartin@burke.k12.ga.us>]
Sent: Thursday, April 03, 2014 3:31 PM
To: Joan Schwaba
Subject: Re: Hotel and meeting space

Joan, I will need the meeting code for airline reservations. I will be in Sunday night and back home on Monday. Thanks for all you do. I do not really have a preference on meeting places. Will go with the majority or the opinionated! :)

Donna S. Martin, EdS, RDN, LD, SNS
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789 Burke Veterans Parkway
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Glenna McCollum <glenna@glennamccollum.com> 4/3/2014 3:20 PM >>>

Hello CEO CC:

Joan is making hotel arrangements for our May 5th meeting (Burnham) a/w/a arranging for meeting space (options: at hdqtrs or 2nd Floor Burnham mtg room)

1. Please let Joan know of your arrival / departure so reservations can be made (or if you need the travel code).

2. Do you have a meeting room preference? Will we need access to information or individuals at hdqtrs during our meeting? Pat? CFO? HR? PRM? Legal? Etc.

Thanks all

Glenna

Sent from my iPhone

>On Apr 2, 2014, at 3:07 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

>

>Hi Glenna,

>Yes, I will make the arrangements, book the rooms and send out the information for the May 5 Compensation Committee meeting. Will you be holding the meeting at the Burnham (they have a nice meeting room on the 2nd floor we can request)?

>Thanks!

>Joan

>

>Joan Schwaba, MS, RDN, LDN

>Director, Strategic Management

>Academy of Nutrition and Dietetics

>120 S. Riverside Plaza, Suite 2000

>Chicago, Illinois 60606-6995

>Phone: 312-899-4798
>Fax number: 312-899-4765
>Email: jschwaba@eatright.org
>www.eatright.org

>

>

>

>

>

>-----Original Message-----

>From: glenna@glennamccollum.com [mailto:glenna@glennamccollum.com]

>Sent: Wednesday, April 02, 2014 5:00 PM

>To: Joan Schwaba

>Subject: Touching base

>

>Hi Joan:

>Thanks for all your work in getting us prepared and ready for our BOD meeting in DC:) As I continue to wind down and finish up projects before my term is done, I need your help with two things:

>

>1. Who do I contact to find out how long I've been part of a DPG? Kay?

>

>2. The CEO Compensation Committee will be meeting for its final f-2-f meeting in Chicago May 5th. Can you help with facilitating travel and hotel (prefer the Burnham:).

>It will include Kathy McClusky, Donna Martin, Mary Russell, Ethan Bergman, Sonja Connor and me. Can you send these Board members information necessary to book their travel and confirm their lodging, Let me know what additional information you need from me.

>Thank you

>Glenna

>

>Sent from my iPhone

>

1401. Academy Membership Renewal for 2014/2015

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Apr 03, 2014 17:24:19
Subject: Academy Membership Renewal for 2014/2015
Attachment:

Academy Membership Renewal for 2014/2015

Having trouble viewing this e-mail? [View it in your browser.](#)

Renew Your Membership

Hi Donna:

You may have recently received a dues renewal invoice in the mail for your 2014/2015 Academy of Nutrition and Dietetics membership. Don't forget, you can **renew now by visiting your personal online invoice**. The deadline to renew is June 2, 2014.

You can also renew by:

- Calling the Academy Member Service Center at 800/877-1600, ext. 5000 (Monday through Friday, 8:00 a.m. 5:00 p.m. Central Time). International callers can reach us at +1-312/899-0040, ext. 5000.
- Mailing your dues statement and payment to the address below. Remember to include your member ID number on all correspondence and checks:

Academy of Nutrition and Dietetics
P.O. Box 4489
Carol Stream, IL 60197-4489

Renew your membership today and receive continued access to your favorite career enhancing benefits such as the member-only website, our dietetic practice groups (DPGs) and member interest groups (MIGs), the Evidence Analysis Library®, *Food & Nutrition Magazine*, *Journal of the Academy of Nutrition and Dietetics*, and many more.

Feel free to e-mail membership@eatright.org if you have any questions, and thank you for your commitment to the Academy and the profession of dietetics.

If you have recently renewed your membership, thank you, and please disregard this notice.

Sincerely,
The Academy Membership Team

This Membership email was sent to you from the Academy of Nutrition and Dietetics.
If you prefer not to receive future Membership emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1402. RDN Infographic

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Apr 03, 2014 15:46:09
Subject: RDN Infographic
Attachment: [image001.jpg](#)

In January the Marketing Team created an RDN infographic. It is used with various audiences to help explain who an RDN is and educate on the value of RDN services. Click [here](#) to view the “Registered Dietitian Nutritionist: Optimizing the Nation's Health Through Food and Nutrition” infographic on the “How is an RDN Different Than a Nutritionist” webpage.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1403. Revised NDA Script, Slides and Q & A

From: Patricia Babjak <PBABJAK@eatright.org>

To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>

Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>

Sent Date: Apr 03, 2014 12:59:19

Subject: Revised NDA Script, Slides and Q & A

Attachment: [image002.jpg](#)
[NDA Script 4-1-14-Area 6 & 7.docx](#)
[NDEP- Area 6 & 7 Slides.pptx](#)
[NDA-QA 4-1-2014.docx](#)

Attached is the most current version of the NDA script, slides and Q &A. Please note especially the new additions of a timeline, delineating the deliberations and communications related to a certification for baccalaureate DPD Program graduates, and the slide and corresponding text on the consequences of no action. Thanks go to Marcy and Nancy for attending the Area 6 &7 meeting in Boston today and tomorrow, and Becky and Margaret who will be attending the Area 3 &4 meeting in Salt Lake City on April 25-26.

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

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1404. RE: Recording of Treasurer's Update to the HOD

From: Cecily Byrne <cbyrne@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 03, 2014 10:44:33
Subject: RE: Recording of Treasurer's Update to the HOD
Attachment:

Thanks Donna. The phone will work just fine. I'll "see" you in a bit!

Cecily

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, April 03, 2014 7:56 AM
To: Cecily Byrne
Subject: Re: Recording of Treasurer's Update to the HOD

Cecily, Sorry, but I sent you the wrong script for the taping today. Attached is the correct script. I could not find a headset that would work with my phone so I will just have to use my phone. Since you will be advancing the slides for me it should not be a problem. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
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789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Cecily Byrne <cbyrne@eatright.org> 4/2/2014 7:42 PM >>>
Donna,

Thank you! This is great and exactly what I needed to make sure I knew when to advance the slides. I look forward to speaking with you tomorrow. Just a reminder- we will be recording the webinar via the WebEx link and teleconference below.

Thanks,

Cecily

-Cecily Byrne

On Apr 2, 2014, at 3:23 PM, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

Cecily, Attached is my script for you to use to advance the slides. Please feel free to read through the script to see if you would suggest any changes. Talk to you tomorrow.

Donna S. Martin, EdS, RDN, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Cecily Byrne <cbyrne@eatright.org> 3/14/2014 2:29 PM >>>

Perfect. I am including the webinar link and conference call information below that you will need to access the webinar. Please let me know if you have any further questions or concerns. I look forward to speaking with you on April 3.

Topic: Recording with Donna Martin

Date: Thursday, April 3, 2014

Time: 11:00 am, Central Daylight Time (Chicago, GMT-05:00)

Meeting Number: 747 545 538

Meeting Password: spring

To start or join the online meeting

Go to
<https://eatright.webex.com/eatright/j.php?MTID=ma394aa334139f0661a0f1e76f8c1952e>

Teleconference information

Call-in toll-free number: 1-866-477-4564 (US)

Leader PIN: 4855

Conference Code: 958 218 2301

Have a great weekend!

Cecily

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Friday, March 14, 2014 11:56 AM

To: Cecily Byrne

Subject: RE: Recording of Treasurer's Update to the HOD

That works for me. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program

Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Cecily Byrne <cbyrne@eatright.org> 3/14/2014 12:49 PM >>>

Hi Donna,

Can we plan to record the webinar at 12 ET/ 11 CT? It will only take us 15-20 minutes. Paul has been working on the PowerPoint slides and is limiting the presentation to around 10 minutes.

Please confirm that this time works for you.

Thanks,

Cecily

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Friday, March 14, 2014 11:25 AM

To: Cecily Byrne

Subject: Re: Recording of Treasurer's Update to the HOD

Cecily, April 3rd is the only date that works for me. I will be in a meeting from 9-11 am est and available after that.

Let me know the details. Thanks

Donna S. Martin, EdS, RDN, LD, SNS
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789 Burke Veterans Parkway
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

!

>>>Cecily Byrne <cbyrne@eatright.org> 3/13/2014 2:57 PM >>>

Hello Donna,

As you already know, the Treasurer of the Academy provides an update to the House of Delegates for the Fall and Spring HOD Meetings. The Spring HOD Meeting is a virtual meeting, hence, I am recording updates to the HOD via webinars from the Academy President, Foundation Chair, and Treasurer. Paul has been busy working on your PowerPoint presentation, but I wanted to contact you to see if you would be available on March 25 (after 2 pm CT), April 1 (between 9:30 and 3:30 pm CT) or April 3 (after 12:00 pm CT) to meet with me to record your 10 minute webinar via WebEx and teleconference.

Please let me know your availability. If these days/ times don't work, please let me know what does work. Once we confirm a day and time, I will send you the link to WebEx and conference call information you will need to record the webinar. I look forward to hearing from you soon.

Best regards,

Cecily

Cecily Byrne, MS RDN LDN

Senior Manager, House of Delegates Governance

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4819

cbyrne@eatright.org

www.eatright.org

<mime-attachment.png>

<HOD Script.docx>

1405. FYI: FOF Report--March

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'connors@ohsu.edu' <connors@ohsu.edu>, 'craytef@charter.net' <craytef@charter.net>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Susan Burns <Sburns@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Apr 03, 2014 10:06:37
Subject: FYI: FOF Report--March
Attachment: [image002.png](#)
[FOF ANDF Project Update 3-31-14.pdf](#)

Good morning,

In case you're interested, the monthly FOF report is attached, this was funded through National Dairy Council.

Thanks!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

1406. Re: Recording of Treasurer's Update to the HOD

From: Cecily Byrne <cbyrne@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Apr 02, 2014 19:42:31
Subject: Re: Recording of Treasurer's Update to the HOD
Attachment: [ATT00001.png](#)

Donna,

Thank you! This is great and exactly what I needed to make sure I knew when to advance the slides. I look forward to speaking with you tomorrow. Just a reminder- we will be recording the webinar via the WebEx link and teleconference below.

Thanks,
Cecily

-Cecily Byrne

On Apr 2, 2014, at 3:23 PM, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

Cecily, Attached is my script for you to use to advance the slides. Please feel free to read through the script to see if you would suggest any changes. Talk to you tomorrow.

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Cecily Byrne <cbyrne@eatright.org> 3/14/2014 2:29 PM >>>

Perfect. I am including the webinar link and conference call information below that you will need to access the webinar. Please let me know if you have any further questions or concerns. I look forward to speaking with you on April 3.

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Meeting Password: spring

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Teleconference information

Call-in toll-free number: 1-866-477-4564 (US)

Leader PIN: 4855

Conference Code: 958 218 2301

Have a great weekend!

Cecily

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Friday, March 14, 2014 11:56 AM
To: Cecily Byrne
Subject: RE: Recording of Treasurer's Update to the HOD

That works for me. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Cecily Byrne <cbyrne@eatright.org> 3/14/2014 12:49 PM >>>
Hi Donna,

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Please confirm that this time works for you.

Thanks,

Cecily

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To: Cecily Byrne

Subject: Re: Recording of Treasurer's Update to the HOD

Cecily, April 3rd is the only date that works for me. I will be in a meeting from 9-11 am est and available after that.

Let me know the details. Thanks

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!

>>>Cecily Byrne <cbyrne@eatright.org> 3/13/2014 2:57 PM >>>
Hello Donna,

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Please let me know your availability. If these days/ times don't work, please let me know what does work. Once we confirm a day and time, I will send you the link to WebEx and conference call information you will need to record the webinar. I look forward to hearing from you soon.

Best regards,
Cecily

Cecily Byrne, MS RDN LDN
Senior Manager, House of Delegates Governance
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4819
cbyrne@eatright.org
www.eatright.org

<mime-attachment.png>

<HOD Script.docx>

1407. Eat Right Weekly - April 2, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Apr 02, 2014 16:45:08
Subject: Eat Right Weekly - April 2, 2014
Attachment:

Eat Right Weekly
April 2, 2014

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On the Pulse of Public Policy

PPW 2014: More Than 400 Academy Members Stormed Capitol Hill

Following two days of intensive communication training, networking sessions and educational meetings at the Academy's 2014 Public Policy Workshop, more than 400 enthusiastic Academy members stormed Capitol Hill. Members spoke one-on-one with their senators and representatives about intensive behavioral therapy for obesity, prevention programs and nutrition programs for older Americans. A daily PPW newspaper was published, recapping all the events.

[Learn More >>](#)

ANDPAC Raises Over \$26,000 at PPW 2014

Academy members demonstrated record support for the Academy's Political Action Committee ANDPAC at the 2014 Public Policy Workshop by donating \$26,512. Since membership dues cannot be used to fund ANDPAC, the Academy was thrilled by members' generosity and support.

[Learn More >>](#)

Action Alert: Tell Congress to Co-Sponsor Treat and Reduce Obesity Act

Send a letter to your members of Congress to encourage them to sign on to the Treat and Reduce Obesity Act that would allow registered dietitian nutritionists to *independently* bill for obesity counseling to Medicare patients. Please be sure to fill out two action alerts: one for the House and one for the Senate. Help advance our profession by taking action now.

[Learn More >>](#)

Iowa's Legislative Success

The Iowa Academy of Nutrition and Dietetics worked with the Iowa Department of Public Health to update its dietetics licensure statute. Iowa's Consumer Protection Coordinator Karen Klein, MPH, RD, LD, FAND, led the way for revisions to Iowa's licensure statute. Their efforts were finalized when Gov. Terry Branstad signed the bill into law on March 14.

[Learn More >>](#)

CPE Corner

April 8 Webinar: Dietetics Practice Based Research Network - 'Where Have We Been and Where Are We Going?'

The Dietetics Practice Based Research Network is a free member benefit of the Academy, dedicated to carrying out and spreading research relevant to practice. A free April 8 webinar will help members learn about the goals of the DPBRN, past and current projects, and ways to get involved. One CPEU is available.

[Learn More >>](#)

April 22 Webinar: 'Addressing Patient Malnutrition to Improve Outcomes and Reduce Hospital Costs'

Malnutrition is common in the hospital setting and can adversely affect clinical outcomes and costs, but it is often overlooked. An April 22 webinar will feature a steering committee member of the Alliance to Advance Patient Nutrition, a partnership of three leading health care organizations including the Academy. The presenter will discuss the growing body of research on hospital malnutrition and the critical role the registered dietitian nutritionist plays in driving interdisciplinary collaboration among the health care team to identify and treat patient malnutrition.

[Learn More >>](#)

April 29 Webinar: 'Successful Synergies'

Get inspired to connect with local organizations to help fight hunger and improve access to healthy foods in your community by hearing many innovative examples of projects big and small. Learn practical tips for forming collaborations that become successful synergies. Understand the important role that health care and food bank partnerships can play in improving the lives of families facing food insecurity. This April 29 Academy of Nutrition and Dietetics Foundation

webinar is planned with Feeding America through an educational grant from the National Dairy Council.

[Learn More >>](#)

May 14 Webinar: 'The Ins and Outs of Food Allergy'

Food allergy is encountered in every area of clinical dietetic practice, but most registered dietitian nutritionists are not confident in addressing their clients' questions and concerns. A May 14 webinar will cover the realm of food allergic disorders including how they present, dietary management and validated client resources. Gain the knowledge and tools you need to approach food allergy with confidence.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

2014 Revised Standards of Practice and Standards of Professional Performance for RDNs

The Academy's Quality Management Committee, with the Sports, Cardiovascular and Wellness Nutrition dietetic practice group, has revised the current standards for registered dietitian nutritionists in sports nutrition and dietetics. The 2014 resource covers 10 standards outlining quality indicators and outcomes and assesses current skill levels for practitioners responsible for optimal health, sports, exercise and physical performance.

[Learn More >>](#)

Attention RDNs and DTRs Who Own Worksite Wellness Businesses

Are you a registered dietitian nutritionist or dietitian technician, registered who has developed and marketed your own worksite wellness program? Do you have documented proven outcomes? If so, the Academy wants to hear from you.

[Learn More >>](#)

New 1500 Claim Form

Beginning April 1, all paper claims to third-party payers must be submitted on the updated 1500 claim form (version 02/12). The biggest changes to the form are the addition of an ICD indicator, an increase in the number of diagnosis codes that can be reported and the removal of several fields.

[Learn More >>](#)

Maximize Your Membership

Get the most from your Academy membership by joining a Dietetic Practice Group or Member Interest Group.

[Learn More >>](#)

New Celiac Disease Nutrition Guide

Fully updated to include new Food and Drug Administration gluten-free labeling rule information, this is the essential guide for people diagnosed with celiac disease, dermatitis herpetiformis or non-celiac gluten sensitivity. It outlines how to follow a gluten-free diet, identify food products and medications that might contain gluten, shop for gluten-free products and more.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to represent your dietetics program by signing up as an Academy Student Liaison for the remainder of the 2013-14 membership year.

[Learn More >>](#)

Don't Miss Out: Update Academy Contact Information

Have you recently moved, changed phone numbers or opened a new email account? If so, you may be missing important Academy news, access to exclusive member benefits or publications by mail.

[Learn More >>](#)

Apply for Academy Platinum Rewards MasterCard

Join the growing number of Academy members using the Academy Rewards MasterCard. It's simple and rewarding: the only rewards card you need.

[Learn More >>](#)

Academy Membership Renewal Now Open

Renewing your Academy membership for 2014-2015 is easy.

[Learn More >>](#)

Get a Member, Win a Prize

Help the Academy grow by participating in the 2014 Promoter Program and sharing the value of membership with friends and colleagues.

[Learn More >>](#)

Are You Acquainted With Your Student Community?

If you haven't accessed your Student Community recently, you could be missing out on valuable information. Available only to Student category members, the Academy's Community is your resource for scholarship opportunities, event bulletins, student discussion sessions and much more.

[Learn More >>](#)

Academy Member Updates

Proposed Bylaw Amendments

The Academy is proposing two amendments to its bylaws to include an immediate past-treasurer on the Board of Directors and to extend the tenure of public members from two years to three years.

[Learn More >>](#)

April Is National Preceptor Month

National Preceptor Month is the time to recognize and thank the practitioners who take the time and make the effort to create the next generation of dietetics professionals by teaching students in their workplace. Recognize the importance of preceptors and take part in the festivities of National Preceptor Month: Show your appreciation for preceptors throughout the entire month.

[Learn More >>](#)

2014 Outstanding Preceptor Award Winners

The Academy Foundation and the Nutrition and Dietetic Educators and Preceptors dietetic practice group congratulate the 2014 winners of the Outstanding Preceptor Awards. These awards, funded by the Foundation, recognize preceptors for their vital contributions to the profession.

[Learn More >>](#)

Academy Spokespeople for 2014-2017

Ten registered dietitian nutritionists have been named new Academy media spokespeople for 2014-2017, joining eight members who are returning to the program. Spokespeople ensure the Academy is represented in the news media by registered dietitian nutritionists who know and understand the media and are experts at conveying the Academy's healthful eating messages and the expertise of RDNs.

[Learn More >>](#)

National Public Health Week

April 7 to 11 is National Public Health Week. Begun in 1995, this is an opportunity for registered dietitian nutritionists and dietetic technicians, registered to partner with public health agencies. The Academy's Public Health/Community Nutrition Task Force encourages dietetic practice groups, member interest groups and affiliates to get involved. This year's theme is "Public Health: Starts Here."

[Learn More >>](#)

Journal Launches New Author Guidelines

Substantial updates to the *Journal of the Academy of Nutrition and Dietetics'* Information for Authors have been made to create a venue featuring dynamic content for researchers, authors, practitioners, students and the dietetics and allied health care communities.

[Learn More >>](#)

Philanthropy, Awards and Grants

Parents from 20 Iowa School Districts Participate in Empowerment Workshops

Over the past two years, the Academy Foundation and Iowa Department of Education Team Nutrition have collaborated on the Meet the Challenge! project through educational funding from USDA Team Nutrition. Registered dietitian nutritionists have worked with 70 schools to improve school wellness environments and to submit applications for USDA's prestigious HealthierUS School Challenge awards. This year, RDNs are leading 20 parent workshops throughout the state to empower parents to be champions of school wellness.

New Issue: *Foundation Matters*

The Spring issue of *Foundation Matters*, the newsletter covering current Academy Foundation activities, is available for download.

[Learn More >>](#)

New Webinar Recordings Available to Public

Two recent webinars have been added to the Foundation's website site for public viewing: "Making an Impact with Food Insecure Populations" and "GENIE: Your Nutrition Education Wishes Have Been Granted!"

[Learn More >>](#)

Academy/CDR Simulation Research Fellowship

This award, funded by the Commission on Dietetic Registration, will provide a one-year, full-time research fellowship in the field of simulation-based dietetics education to a registered dietitian nutritionist who has completed a master's or doctoral degree. This position has the potential for extension into a second year, pending funding and satisfactory completion of Year 1.

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking

action to address the issue. The deadline to apply for this award has been extended to May 1.

[Learn More >>](#)

Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

Make a Difference While Renewing Your Membership

I donate to the Foundation because it's the only source of grants and scholarships devoted solely to the dietitian.

- Patricia A. Obayashi, MS, RD, CDE

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

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1408. Celebrate National Preceptor Month!

From: Preceptor <preceptor@eatright.org>
To: Donna S Martin <DMartin@burke.k12.ga.us>
Sent Date: Apr 02, 2014 10:12:15
Subject: Celebrate National Preceptor Month!
Attachment:

Celebrate National Preceptor Month!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

Its time to celebrate National Preceptor Month!

National Preceptor Month is a chance to recognize and thank the practitioners who take the time and make the effort to create the next generation of dietetics professionals by teaching students in their workplace.

Not only is it a time to thank our current preceptors, but a time to continue to recruit more practitioners to be preceptors! We have recruited many practitioners to be preceptors already last year, but we always need more! By becoming a preceptor, you are able to make a lasting impression on the profession by helping a student fulfill their dream of being a registered dietitian. Being a preceptor is not only a rewarding experience for students, but you also benefit from the expertise these interns can bring to your practice or workplace.

Preceptors can be anywhere in the field of nutrition and dietetics including hospitals, clinics, outpatient facilities, food service establishments, community settings, schools, private practice, wellness and so much more!

Register yourself as a preceptor on the Find-a-Preceptor Database today!

Create Tomorrows Leaders - Become a Preceptor Today!

We invite you to sign up!

Share this mailing with your social network:

This Preceptor email was sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future Preceptor emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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1409. Do You Have New Contact Information?

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna S Martin <DMartin@burke.k12.ga.us>
Sent Date: Apr 01, 2014 15:36:27
Subject: Do You Have New Contact Information?
Attachment:

Do You Have New Contact Information?

Having trouble viewing this e-mail? [View it in your browser.](#)

Dont Miss Academy Publications and News

Dear Donna S Martin,

Have you recently moved, changed phone numbers or opened a new email account? If so, you may be missing important Academy news, access to exclusive member benefits or publications by mail.

Take a moment to review and update your contact and professional demographic information with the Academy. It will only take a few minutes of your time, but once youre up-to-date, youll be able to take full advantage of the valued benefits included with your membership, such as savings on purchased products and other exclusive member offerings.

For more information on your membership, contact the Member Service Center at membership@eatright.org or call 800/877-1600, ext. 5000 (Monday through Friday, 8 a.m. 5 p.m., Central Time).

Share this mailing with your social network:

This Membership email is being sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future Membership emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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1410. Development Committee Call

From: Beth Labrador <BLabrador@eatright.org>
To: 'robert murray' <MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'TJRaymond@aol.com'
<TJRaymond@aol.com>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Mar 28, 2014 19:02:35
Subject: Development Committee Call
Attachment: [image001.png](#)

Good afternoon. I wanted to look at potential dates for Development Committee Conference Call . Can you let me know which dates/times you are available for a 90 minute call. Please put an "X" next to the days/times you are available. If these dates do not work for everyone, I will send some out for the week of April 28th and the first week of May.

Thank you again for your willingness to serve on this committee.

Have a great weekend.

-

The times listed below are Central:

Tuesday, April 8th

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Wednesday, April 9th

9:00 am _____

10:00 am _____

11:00 am _____

12:00 pm _____

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Thursday, April 10th

9:00 am _____

10:00 am _____

11:00 am _____

12:00 pm _____

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Friday, April 11th

9:00 am _____

10:00 am _____

11:00 am _____

12:00 pm _____

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Tuesday, April 15th

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Wednesday, April 16th

9:00 am _____

10:00 am _____

11:00 am _____

12:00 pm _____

1:00 pm _____

2:00 pm _____

3:00 pm _____

4:00 pm _____

Thursday, April 17th

9:00 am_____

10:00 am_____

11:00 am_____

12:00 pm_____

1:00 pm _____

2:00 pm_____

3:00 pm_____

4:00 pm_____

Friday, April 18th

9:00 am_____

10:00 am_____

11:00 am_____

12:00 pm_____

1:00 pm _____

2:00 pm_____

3:00 pm_____

4:00 pm_____

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

1411. Maximize your Membership!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Mar 27, 2014 14:45:46
Subject: Maximize your Membership!
Attachment:

Maximize your Membership!

Having trouble viewing this e-mail? [View it in your browser.](#)

Maximize your Membership!

Get the most from your Academy membership by joining a Dietetic Practice or Member Interest Group. Dietetic Practice Groups are professional-interest groups for members who wish to connect with others within their areas of interest and/or practice. Besides networking there are a number benefits including newsletters, practice resources and learning opportunities. In addition, joining a Member Interest Group allows you to interact with others who have a common interest such as culture. These groups focus on areas other than the practice of dietetics or geographic location. Strengthen your Academy membership by joining one or more of these groups today.

[Click here to learn more.](#)

Share this mailing with your social network:

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1412. Re: HOD spring meeting information

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 27, 2014 14:45:34
Subject: Re: HOD spring meeting information
Attachment:

We have been battling ATT for 3 years on rates they are charging us. We believe they are overcharging us. However, I am not convinced we will see all of the refunds owed. As a matter of fact, we got a letter from an ATT lawyer last week seeking \$58,000 in back charges. Of course we handled it and provided the lawyer with all of the documentation to support our claim including emails from ATT supporting our claim. There isn't any communication at ATT.

So that is the majority of the issue. We also have more costs due to increased telecommuting, improving the Washington office, etc.

I use ATT as the explanation because it is 90% of the problem and everyone understands and knows ATT.

I hope this helps

Paul

Sent from my iPhone

On Mar 27, 2014, at 10:27 AM, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

Thanks Paul, I have the script and will look forward to seeing you in DC tomorrow. I have one question about the BOD presentation. Not sure why we have overruns with AT&T? I know you will be there to answer questions, but I would like to know for my benefit anyway. Safe travels!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/25/2014 9:40 AM >>>

Donna,

I hope you have a safe trip. Here is the HOD spring meeting PowerPoint. I put in notes. They are to help you create a script in your words. I tried to do that. However, everyone is different. Let me know what else you may need.

Paul

1413. Att 10.0 Sponsorship Advisory Committee

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glennacac@aol.com' <glennacac@aol.com>, 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Mar 27, 2014 14:13:35
Subject: Att 10.0 Sponsorship Advisory Committee
Attachment: [image001.png](#)
[Att 10.0 Sponsorship Advisory Committee.pdf](#)

Attached are supporting materials for the Board meeting agenda item 10.0 - Sponsorship Advisory Committee. Paper copies will be provided at tomorrow's meeting.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1414. RE: Foundation BOD Minutes

From: Martha Ontiveros <Montiveros@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 27, 2014 13:37:53
Subject: RE: Foundation BOD Minutes
Attachment:

Thanks!

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, March 27, 2014 11:42 AM
To: Martha Ontiveros
Subject: Re: Foundation BOD Minutes

Martha, The only change to the minutes that I have is the following. Please add: **a** in the following sentence.

The Foundation is in **a** strong financial position through January 2014.

Thanks

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

!

>>>Martha Ontiveros <Montiveros@eatright.org> 3/27/2014 9:09 AM >>>

Good morning,

Attached are the minutes for the Foundation Board of Directors, March 18, 2014 WebEx/Call.

Please review and reply back to me by April 3, with your changes.

Thank you so much!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

312-899-4773

800-877-1600, ext. 4773

montiveros@eatright.org

www.eatright.org/foundation

1415. Foundation BOD Minutes

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'connors@ohsu.edu' <connors@ohsu.edu>, 'craytef@charter.net' <craytef@charter.net>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Paul Mifsud <PMifsud@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Dee Crye <dcrye@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Mar 27, 2014 09:09:37
Subject: Foundation BOD Minutes
Attachment: [March 18, 2014 Board Call Minutes.docx](#)

Good morning,

Attached are the minutes for the Foundation Board of Directors, March 18, 2014 WebEx/Call.

Please review and reply back to me by April 3, with your changes.

Thank you so much!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

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1416. CEO Compensation Update - Part 2

From: Carrolyn Patterson <CPatterson@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Ethan Bergman' <bergmane@cwu.EDU>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Russell, Mary E' <mary_russell@baxter.com>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Sent Date: Mar 26, 2014 17:52:32
Subject: CEO Compensation Update - Part 2
Attachment: [CEO JOB DESCRIPTION 03-24-14.doc](#)

Hello Again,

Attached you will find the revised copy of the CEO Job Description. The job description has been updated using strategic, governance and organization categories.

Thanks,

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

From: Carolyn Patterson

Sent: Wednesday, March 26, 2014 11:14 AM

To: 'Glenna McCollum'; 'Ethan Bergman'; 'Sonja Connor'; DMartin@Burke.k12.ga.us; 'Russell, Mary E'; 'McClusky, Kathy'

Subject: CEO Compensation Update

Hello All,

Attached are the following documents for your review;

- Three (3) Sample CEO Performance Management/Evaluation Forms from Lyn McCloskey.
- Revised copy of the CEO Evaluation Tool.

Also, I was able to find out some helpful information regarding how the CEO Evaluation was created and distributed last year. The evaluation survey was created and sent from the Research team (under Ethan's name) to the Board only. Ethan was given a password to access the survey and instructed to change the password so that he would be the only one reviewing the responses. Research has agreed to create the survey again.

Glenna noted there was an error in scoring with last year's evaluation. It appears that when a response was "0" or "Do Not Know" DNK or "Not Applicable" NA, it calculated in the 0 score! This skewed the results and made the tool not as useful. I shared this information with Research and they will fix this error to make sure they do not include a 0, DNK, or NA in the calculated totals?

In addition, you requested clarification on the meaning of "At Risk Pay" as stated in the CEO Compensation Philosophy. Lyn clarified this to be any cash compensation above and beyond salary. It can include bonuses, incentives, or commissions.

Last but not least, I am expect to receive copies of the requested 2012, 2013, and 2014 goals from Pat soon. Per your request, Pat is also working on dividing her job description by strategic and operational responsibilities. I will forward those as soon as possible.

Please let me know if you have any questions and I hope you have a successful meeting in DC!

Carolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

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312/899-4766 fax

www.eatright.org

1417. Kids Eat Right - Quarterly Newsletter

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'connors@ohsu.edu' <connors@ohsu.edu>, 'craytef@charter.net' <craytef@charter.net>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Mar 26, 2014 15:31:07
Subject: Kids Eat Right - Quarterly Newsletter
Attachment: [image001.png](#)
[3-14 KER Newsletter.pdf](#)

Attached is the Kids Eat Right quarterly newsletter, it contains updates on Kids Eat Right programs and is shared with funders of various projects as part of the initiative.

Thanks!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

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1418. Eat Right Weekly - March 26, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 26, 2014 14:55:29
Subject: Eat Right Weekly - March 26, 2014
Attachment:

Eat Right Weekly
March 26, 2014

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[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

PPW Starts Sunday

Hundreds of Academy members are traveling to Washington, D.C., this coming weekend for the 2014 Public Policy Workshop. Attendees will gain top-notch communication skills, leadership training and connections with nutrition experts from around the country.

[Learn More >>](#)

Two Kids Eat Right Members Will Attend PPW

Congratulations to Allison Childress, MS, RDN, CSSD, LD, and Lauri Wright, PhD, RD, LD, who were selected to attend the Academy's 2014 Public Policy Workshop as Kids Eat Right program members.

[Learn More >>](#)

To Improve Meals, Schools Need New Equipment

Agriculture Secretary Tom Vilsack, with Academy member Jessica Donze Black, MPH, RD, of the Pew Charitable Trusts' Kids' Safe and Healthful Foods Project, announced the release of a new report that details state-by-state data on how schools are doing with implementation of the new

nutrition standards. The research finds schools would be better able to serve meals that meet nutrition requirements if investments were made in new equipment.

[Learn More >>](#)

CPE Corner

April 8 Webinar: Dietetics Practice Based Research Network - 'Where Have We Been and Where Are We Going?'

The Dietetics Practice Based Research Network is a free member benefit of the Academy, dedicated to carrying out and spreading research relevant to practice. A free April 8 webinar will help members learn about the goals of the DPBRN, past and current projects, and ways to get involved. One CPEU is available.

[Learn More >>](#)

April 18 Deadline: AMIA 10x10 Course Begins May 7

Join the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, starting May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo. Foundation scholarships are available. Applications are due April 18.

[Learn More >>](#)

April 22 Webinar: 'Addressing Patient Malnutrition to Improve Outcomes and Reduce Hospital Costs'

Malnutrition is common in the hospital setting and can adversely affect clinical outcomes and costs, but it is often overlooked. An April 22 webinar will feature a steering committee member of the Alliance to Advance Patient Nutrition, a partnership of three leading health care organizations including the Academy. The presenter will discuss the growing body of research on hospital malnutrition and the critical role the registered dietitian nutritionist plays in driving interdisciplinary collaboration among the health care team to identify and treat patient malnutrition.

[Learn More >>](#)

April 29 Webinar: 'Successful Synergies'

Get inspired to connect with local organizations to help fight hunger and improve access to healthy foods in your community by hearing many innovative examples of projects big and small. Learn practical tips for forming collaborations that become successful synergies. Understand the important role that health care and food bank partnerships can play in improving the lives of families facing food insecurity. This April 29 Academy of Nutrition and Dietetics Foundation webinar is planned with Feeding America through an educational grant from the National Dairy Council.

[Learn More >>](#)

May 14 Webinar: 'The Ins and Outs of Food Allergy'

Food allergy is encountered in every area of clinical dietetic practice, but most registered dietitian nutritionists are not confident in addressing their clients' questions and concerns. A May 14 webinar will cover the realm of food allergic disorders including how they present, dietary management and validated client resources. Gain the knowledge and tools you need to approach food allergy with confidence.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Still Time to Place National Nutrition Month Orders

A selection of National Nutrition Month promotional products is available for purchase, including T-shirts, kitchen utensils and drinkware. Help spread the word of "Enjoy the Taste of Eating Right."

[Learn More >>](#)

Celebrate National Nutrition Month with *Student Scoop*

The March issue of *Student Scoop*, the e-newsletter specifically for student members, is now available. You'll find important tips on getting the most out of your internship, how to grow and leverage your dietetics network and more.

[Learn More >>](#)

New Issue: *MNT Provider*

Learn about changes to the outpatient dialysis payment system, get ideas on using the National Nutrition Month message to market your medical nutrition therapy services and find out more about scrutiny for malnutrition hospital claims in the new edition of *MNT Provider*.

[Learn More >>](#)

Free Fact Sheets Cover Research Essentials

The Dietetic Practice Based Research Network covers hot topics in human subjects research in three new fact sheets. Available online for free, the fact sheets provide information on "Institutional Review Board," "Informed Consent" and "Vulnerable Populations." They are an excellent primer or refresher for students, evaluators and researchers.

[Learn More >>](#)

Maximize Your Membership

Get the most from your Academy membership by joining a Dietetic Practice Group or Member Interest Group.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to represent your dietetics program by signing up as an Academy Student Liaison for the remainder of the 2013-14 membership year.

[Learn More >>](#)

New Celiac Disease Nutrition Guide

Fully updated to include new Food and Drug Administration gluten-free labeling rule information, this is the essential guide for people diagnosed with celiac disease, dermatitis herpetiformis or non-celiac gluten sensitivity. It outlines how to follow a gluten-free diet, identify food products and medications that might contain gluten, shop for gluten-free products and more.

[Learn More >>](#)

March Book of the Month

Save 10 percent during March on *Making Nutrition Your Business: Private Practice and Beyond*. This is an essential resource for any dietetics professional considering a switch to private practice, consulting, writing or speaking. This book discusses what it takes to go solo; how to structure your business; money management essentials; marketing ideas that will get you noticed; and more.

[Learn More >>](#)

Members Participate in Research to Advance the Profession

Academy member Mary Beth Kavanagh, MS, RDN, LD, used the Dietetics Practice Based Research Network's broad member base to find participants for a pilot study on cultural and linguistic competency. Learn how she collaborated with DPBRN and how you can, too.

[Learn More >>](#)

Webinar Series: Preventing Antibiotic Overuse in Animal Agriculture

A three-part webinar series, "How Health Care Can Prevent Antibiotic Overuse in Animal Agriculture," is being offered by Health Care without Harm, an international coalition including health care systems, hospitals and medical professionals. The webinars will focus on emerging science of farm practices and federal policy, clinical advocacy and success stories of hospital foodservice systems.

[Learn More >>](#)

Academy Member Updates

On a Billboard Near You: Kids Eat Right

More than 60 electronic billboards across the United States are featuring the messages of Kids Eat Right, the joint initiative of the Academy and the Foundation. The billboards have a projected viewing audience of more than 4.6 million impressions.

[Learn More >>](#)

April 15 Deadline: Apply for NNM Award - Students Making a Difference at Schools

The Student Advisory Committee announces the 2014 National Nutrition Month Student Award Program, recognizing local student dietetic associations and clubs that support the mission and vision of the Academy by organizing events in recognition of National Nutrition Month. The deadline to apply for an award is April 15.

[Learn More >>](#)

Academy Membership Renewal Now Open

Renewing your Academy membership for 2014-2015 is easy.

[Learn More >>](#)

IOM Global Forum on Innovation in Health Professional Education Workshop

The Institute of Medicine Global Forum on Innovation in Health Professional Education will hold a workshop May 1 to 2 on "Scaling Up Best Practices in Community-based Health Professional Education." Presenters will include Kathryn M. Kolasa, PhD, RD, LDN, the Academy's alliance representative serving on the planning committee.

[Learn More >>](#)

Philanthropy, Awards and Grants

Energy Balance 4 Kids with Play: Empowering Teachers in California Schools

Energy Balance 4 Kids with Play RD Coaches are working with kindergarten-through-sixth-grade students in two West Contra Costa Unified School District elementary schools in Richmond, Calif. RD Coaches are leading School Wellness Committees to enhance the school wellness environment, and the committees are taking action steps towards meeting USDA's HealthierUS School Challenge criteria.

[Learn More >>](#)

April 1 Deadline: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance advanced-practice residency programs that meet ACEND's guidelines. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply. Funds may be used for startup costs, program materials, staffing, salary deferment, promotion and advertising and student fees. Preapproval by ACEND is required to be eligible for funding. The application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Pittsburgh Dietetic Association Leadership Development Award

This award was established to recognize emerging leaders among graduates of supervised practice programs and to encourage their participation in Academy activities. The award will cover expenses up to \$1,000 for a qualified applicant to attend the Academy's 2014 Food & Nutrition Conference & Expo. Applicants must be a resident of Pennsylvania or student or graduate of a Pennsylvania program. Application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Foundation Research Grant

The Foundation's named research funds are available annually to Academy members at all levels of practice. These grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline for research grants is April 1.

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The deadline to apply for this award has been extended to May 1.

[Learn More >>](#)

Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

Make a Tribute Gift during National Nutrition Month

Honor a mentor while making a gift to your Foundation. This is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession. Your friend, colleague or loved one's family will be notified of your thoughtfulness through a personalized acknowledgement card. To donate to the Tribute Gift Program, contact Martha Ontiveros at 312/899-4773 or montiveros@eatright.org.

[Learn More >>](#)

Send questions, comments or potential news items >>

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

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1419. CEO Compensation Update

From: Carrolyn Patterson <CPatterson@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Ethan Bergman' <bergmane@cwu.EDU>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Russell, Mary E' <mary_russell@baxter.com>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Sent Date: Mar 26, 2014 12:14:07
Subject: CEO Compensation Update
Attachment: [2009 Performance Management Form for President and CEO 12-11-08 11-07am.doc](#)
[Executive Director Performance Evaluation Form.doc](#)
[performance mgt form for exec dir.doc](#)
[CEO_Evaluation_Tool - revised 3-18-2014.docx](#)

Hello All,

Attached are the following documents for your review;

- Three (3) Sample CEO Performance Management/Evaluation Forms from Lyn McCloskey.
- Revised copy of the CEO Evaluation Tool.

Also, I was able to find out some helpful information regarding how the CEO Evaluation was created and distributed last year. The evaluation survey was created and sent from the Research team (under Ethan's name) to the Board only. Ethan was given a password to access the survey and instructed to change the password so that he would be the only one reviewing the responses. Research has agreed to create the survey again.

Glenna noted there was an error in scoring with last year's evaluation. It appears that when a response was "0" or "Do Not Know" DNK or "Not Applicable" NA, it calculated in the 0 score! This skewed the results and made the tool not as useful. I shared this information with Research and they will fix this error to make sure they do not include a 0, DNK, or NA in the calculated totals?

In addition, you requested clarification on the meaning of "At Risk Pay" as stated in the CEO Compensation Philosophy. Lyn clarified this to be any cash compensation above and beyond salary. It can include bonuses, incentives, or commissions.

Last but not least, I am expect to receive copies of the requested 2012, 2013, and 2014 goals from Pat soon. Per your request, Pat is also working on dividing her job description by strategic and

operational responsibilities. I will forward those as soon as possible.

Please let me know if you have any questions and I hope you have a successful meeting in DC!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

1420. RE: NDEP Area Meetings and the NDA

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>, Judy Rodriguez <jrodrigu@UNF.edu>, jrodrigu@comcast.net <jrodrigu@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Chris Reidy <CREIDY@eatright.org>
Sent Date: Mar 26, 2014 09:36:00
Subject: RE: NDEP Area Meetings and the NDA
Attachment: [image003.jpg](#)
[image004.jpg](#)
[NDA-QA 03-24-2014.doc](#)

Please share the Q & A with any colleagues that have questions. Although the Q & A is posted on both the ACEND and NDEP portals, there are other educators and practitioners who would not readily have access to the information. Thank you!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Phone: 312/899-4856
Email: pbabjak@eatright.org
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From: Patricia Babjak

Sent: Tuesday, March 25, 2014 7:02 PM

To: 'Glenna McCollum'; 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'; Judy Rodriguez; jrodrigu@comcast.net

Cc: Executive Team Mailbox; Alison Steiber; Doris Acosta; Mary Ann Taccona; Chris Reidy

Subject: NDEP Area Meetings and the NDA

Earlier this month, Glenna McCollum represented the Academy at the Area 1 Nutrition and Dietetic Educators and Preceptors (NDEP) meeting to discuss the new Nutrition and Dietetics Associate (NDA) program. These area meetings are held annually in the spring for educators and preceptors. You will remember last year the Board approved a structure change whereby a Dietetic Practice Group merged with the Academy's Education Committee and became a Council. Established by the Board, NDEP's purpose is to advocate for and empower educators to lead the profession of nutrition and dietetics.

The next NDEP meeting is this Thursday and Friday in Chicago for Areas 2 & 5. Glenna and former president Judy Rodriguez are on a panel to talk about the NDA program; ACEND is talking about the standards for the graduate degree and CDR is discussing its graduate for entry-level registration eligibility requirement. Unfortunately at Area 1, the Q & A was not disseminated ahead of the presentation, resulting in many questions. The Q & A has been updated to reflect some of the most frequently asked questions and will continue to be updated as other questions arise. The most recent version (attached) was posted yesterday to the ACEND and NDEP Communities of Interest for program directors, educators and preceptors. It is comprehensive and closely mirrors the script so that educators and preceptors that are unable to attend may have as much information as possible.

The script and the PowerPoint slides are also attached, since I am sure some of you are being approached with questions regarding the program. Discussion of the NDEP meetings is on the Board agenda for Saturday.

Pat

Patricia M. Babjak

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1421. NDEP Area Meetings and the NDA

From: Patricia Babjak <PBABJAK@eatright.org>

To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>, Judy Rodriguez <jrodrigu@UNF.edu>, jrodrigu@comcast.net <jrodrigu@comcast.net>

Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Chris Reidy <CREIDY@eatright.org>

Sent Date: Mar 25, 2014 20:01:35

Subject: NDEP Area Meetings and the NDA

Attachment: [image003.jpg](#)
[NDA Script 3-25-14.docx](#)
[NDEP- Area 2 & 5 Slides.pptx](#)
[NDA-QA 03-24-2014.doc](#)

Earlier this month, Glenna McCollum represented the Academy at the Area 1 Nutrition and Dietetic Educators and Preceptors (NDEP) meeting to discuss the new Nutrition and Dietetics Associate (NDA) program. These area meetings are held annually in the spring for educators and preceptors. You will remember last year the Board approved a structure change whereby a Dietetic Practice Group merged with the Academy's Education Committee and became a Council. Established by the Board, NDEP's purpose is to advocate for and empower educators to lead the profession of nutrition and dietetics.

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registration eligibility requirement. Unfortunately at Area 1, the Q &A was not disseminated ahead of the presentation, resulting in many questions. The Q &A has been updated to reflect some of the most frequently asked questions and will continue to be updated as other questions arise. The most recent version (attached) was posted yesterday to the ACEND and NDEP Communities of Interest for program directors, educators and preceptors. It is comprehensive and closely mirrors the script so that educators and preceptors that are unable to attend may have as much information as possible.

The script and the PowerPoint slides are also attached, since I am sure some of you are being approached with questions regarding the program. Discussion of the NDEP meetings is on the Board agenda for Saturday.

Pat

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1422. March Board of Director Meeting - CONFIDENTIAL

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glennacac@aol.com' <glennacac@aol.com>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Sent Date: Mar 25, 2014 19:14:35
Subject: March Board of Director Meeting - CONFIDENTIAL
Attachment: [image003.jpg](#)
[Att 1 0 ACEND.pdf](#)
[Att 3.0 CEO JOB DESCRIPTION 03-24-14.doc](#)
[Att 3.0 COO JOB DESCRIPTION 03-06-14.docx](#)
[Executive Session Agenda March 2014.docx](#)

Attached are materials supporting the Executive Session discussion on March 28th.

Thanks!

Pat

Patricia M. Babjak

Chief Executive Officer

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1423. RE: Availability - Childhood Weight Management Program - April 2015 in North Carolina

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Dana Engel GERSTEIN' <danaeg@berkeley.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Michelle Horan' <mhoranrd@gmail.com>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Gail Frank' <Gail.Frank@csulb.edu>
Sent Date: Mar 25, 2014 16:44:13
Subject: RE: Availability - Childhood Weight Management Program - April 2015 in North Carolina
Attachment: [image002.png](#)
[image003.png](#)

I am following up with you regarding our scheduling a program in Spring 2015 in North Carolina. March 2015 will not work based on your availability. We have now obtained availability during the month of April 2015 in North Carolina as noted below. Are you available?

April 16-18, 2015

April 23-25, 2015

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

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pjohnson@eatright.org

From: Pearlie Johnson

Sent: Thursday, February 20, 2014 12:10 PM

To: 'Hassink, Sandra'; 'Copperman, Nancy'; 'Marc Jacobson'; 'Sothorn, Melinda'; 'Dana Engel GERSTEIN'; 'Johnston, Craig Allen'; 'Michelle Horan'; 'Kirk, Shelley'; 'Isadora Nogueira'; 'Debra Kibbe'; DMartin@Burke.k12.ga.us; 'Gail Frank'

Subject: Availability - Childhood Weight Management Program - March 2015 in North Carolina

Hello Everyone,

We have identified availability at the Sheraton Hotel in Chapel Hill, North Carolina for the following dates.

March 19-21, 2015 – Thursday - Saturday

March 26-28, 2015 – Thursday - Saturday

Please confirm your availability. We will only schedule one program based on your availability.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1424. Audience Response Device Best Practice Webinar

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Kathy Cobb' <kathy.cobb@snet.net>, 'Foreyt, John P' <jforeyt@bcm.edu>, 'Robert F Kushner' <rkushner@northwestern.edu>, 'Biesemeier, Christina K' <chris.biesemeier@Vanderbilt.Edu>, 'Thomson, Cynthia A - (cthompson)' <cthompson@email.arizona.edu>, 'Cummings, Susan M.' <SCUMMINGS1@PARTNERS.ORG>, 'Rigassio Radler, Diane' <rigassdl@shrp.rutgers.edu>, 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, Dana E. Gerstein <danaeg@berkeley.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Debra Kibbe' <dkibbe@gsu.edu>, 'Gee, Molly' <mgee@bcm.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Jortberg, Bonnie' <Bonnie.Jortberg@ucdenver.edu>, 'susan burke march' <sburkerd@gmail.com>, 'WEST, DELIA' <WESTDS@mailbox.sc.edu>, 'Corby Martin' <Corby.Martin@pbrc.edu>, 'Mattes, Richard D' <mattes@purdue.edu>
Cc: 'Ruth Ann' <ruthann@healthintegrationllc.com>
Sent Date: Mar 25, 2014 15:24:52
Subject: Audience Response Device Best Practice Webinar
Attachment: [image001.png](#)

Thank you for providing your availability for the Audience Response Device (clickers) Best Practice Webinar. Based on the availability of the majority, the webinar has been scheduled for Wednesday, April 23, 2014 at 1:00 pm central time. The webinar will be recorded for those of you who are not able to participate in the live webinar. We will send an invitation to the live webinar during the week of April 14th.

Please let me know if you have any questions.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1425. March 28-29, 2014 Board Meeting Packet

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Marsha Schofield <mschofield@eatright.org>
Sent Date: Mar 25, 2014 14:06:29
Subject: March 28-29, 2014 Board Meeting Packet
Attachment: [image001.jpg](#)
[031 Att 18.0 Academy and ANFP Joint Task Force Final Report.docx](#)

The complete packet for the March 28-29 Board meeting, including attachment 18.0 - Academy/ANFP Task Force Report, has now been posted on the Board of Directors' communication platform. Those of you who requested a paper packet do not have the Academy/ANFP Task Force Report included; you will need to download attachment 18.0 (attached).

For the full packet, please login to the communications platform using the link <http://academybod.webauthor.com> and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2014 Board Meetings, March 28-29 Board Meeting.

See you soon!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1426. Spring/Summer 2014 certificate of training programs

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Mar 25, 2014 12:58:26
Subject: Spring/Summer 2014 certificate of training programs
Attachment:

Spring/Summer 2014 certificate of training programs

Having trouble viewing this e-mail? View it in your browser.

Spring/Summer 2014 certificate of training programs.

Certificate of Training in Adult Weight Management Program

April 10-12, 2014 ~ Hartford, Connecticut

June 26-28, 2014 ~ Columbus, Ohio

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-adult-program>

Certificate of Training in Childhood and Adolescent Weight Management Program

May 28-30, 2014 ~ Buffalo, New York

September 4-6, 2014 ~ Newport Beach, California

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-childhood-adolescent-program>

What previous participants have to say about the programs:

High quality. Led by masters. High level learning.

L. Metzger, MS, RD

Clinical Dietitian

Morris Plains, NJ

I highly recommend this program to those who face challenges in their workplace with weight management clients. This program is essential and pragmatic for those RDs interested in making a vital improvement in their patients lives!

Agnes C Galvez, MS, RD

Consultant

North Las Vegas, NV

This course has multiple opportunities to make immediate changes in my practice area (education), and also a great foundation for more significant changes in the future. Research opportunities are endless!

M. Rew, MS, RDN, LD

Associate Clinical Professor
Denton, Texas

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.

Adult Weight Management Self-Study Module - *Newly revised as of November 1, 2013.*

For information: <http://cdrnet.org/weight-management/adult-module>

Childhood and Adolescent Weight Management Self-Study Module

For information: <http://cdrnet.org/weight-management/childhood-module>

Share this mailing with your social network:

You are currently subscribed to receive certificate of training emails from the Commission on Dietetic Registration.

If you prefer not to receive future certificate of training emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1427. HOD spring meeting information

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 25, 2014 09:40:24
Subject: HOD spring meeting information
Attachment: [hod 2014 spring 3 with notes.pptx](#)

Donna,

I hope you have a safe trip. Here is the HOD spring meeting PowerPoint. I put in notes. They are to help you create a script in your words. I tried to do that. However, everyone is different. Let me know what else you may need.

Paul

1428. Sandra Gill

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glennacac@aol.com>, 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>
Sent Date: Mar 24, 2014 10:16:58
Subject: Sandra Gill
Attachment: [image001.png](#)

I am sad to inform you that Sandra Gill will not be able to join us at the Board meeting and PPW due to the serious health issues of her husband, Richard. Please see her communication below.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Patricia Babjak

Sent: Sunday, March 23, 2014 5:25 PM

To: sandralgill@comcast.net

Subject: Re: SMARTALERT-ACTION MAY BE REQUIRED REGARDING YOUR TRAVEL ARRANGEMENTS DEPARTING 27MAR --please CANCEL Sandra Gill's BOD PPW travel and attendance

Dear Sandra,

I am so sorry to hear about your husband. I will inform the Board, and please know that we will have you, Richard and your family in our thoughts and prayers.

Regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856

E-mail: pbabjak@eatright.org

On Mar 23, 2014, at 4:33 PM, "sandalgill@comcast.net" <sandalgill@comcast.net> wrote:

Pat, with regrets I must cancel travel, lodging and attendance at BOD and PPW for hospice care to my husband--Richard had several strokes while in Good Sam this past week, for his A Fib and renal disease, was discharged to home with hospice yesterday (Saturday) with ESRD, nephrologists stated a few more days, weeks at most. He is not in pain, and we are at peace with family, close friends, caregivers.

Richard's many chronic illnesses deteriorated over the past 8 months of hospitals, rehab, and home care, so strokes and rapid kidney decline this week were more than he could sustain.

I will alert you when his passage is completed, we celebrated communion this afternoon.

Certainly share this with the board and staff as needed.

best

Sandra

From: "AMEXBUSINESSTRAVEL NOREPLY" <AMEXBUSINESSTRAVEL.NOREPLY@AEXP.COM>
To: SANDRALGILL@COMCAST.NET
Sent: Sunday, March 23, 2014 1:43:09 AM
Subject: SMARTALERT-ACTION MAY BE REQUIRED REGARDING YOUR TRAVEL ARRANGEMENTS DEPARTING 27MAR

Attention:

-
GILL/SANDRA L is currently scheduled to travel CHICAGO / WASHINGTON within 4 days on a UNITED non-refundable restricted fare.

-
In order to ensure your company receives the optimal value from this airline ticket, it is imperative any changes or cancellations are reported to American Express prior to your flight's original date of departure. This value may have a limited time for future use so be certain to find out all the details upon cancellation.

-
Please call and advise American Express Travel reservations office -800-238-9049 or after hours call your assigned AXcess after hours number prior to the date of your first flight if cancellations or changes to this trip are imminent.

-
The confirmation record locator for this reservation is VJQCNF and the ticket number(s) is/are 0167386960578. If you fail to take action prior to your first flight, the value of this ticket if unused is zero dollars.

-
Please take a moment to review your travel plans.

-
Thank You,
American Express Corporate Travel

This bulletin service is provided by American Express Travel Related Services Company Inc. from information received from the airlines. American Express makes no representation or warranty with respect to the accuracy of such information and shall not be liable in connection therewith.

The data utilized for this notification is constantly changing due to the fluctuation of airline fares/rules and each traveler must familiarize him or herself with applicable rules at the time of booking and departure.

1429. March 28-29, 2014 Board Meeting

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Marsha Schofield <mschofield@eatright.org>
Sent Date: Mar 21, 2014 18:01:16
Subject: March 28-29, 2014 Board Meeting
Attachment: [image003.jpg](#)

The final agenda and corresponding attachments for the March 28-29 Board meeting are now available on the Board of Directors' communication platform. Agenda attachment 18.0 - Academy/ANFP Task Force Report will appear on the platform Tuesday, March 25. The agenda and supporting materials for the executive session will be emailed Tuesday to Board members only and will not appear on the platform. A paper packet will be delivered via UPS on Tuesday, March 25 to all of you who requested one.

Joining us for the meeting via phone will be Neva Cochran, MS, RDN, LD, Chair the Nominating Committee Evaluation Workgroup.

Please login to the communications platform using the link <http://academybod.webauthor.com> and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2014 Board Meetings, March 28-29 Board Meeting.

Reservations have been made at the Marriott Crystal Gateway, 1700 Jefferson Davis Highway, Arlington, VA, for arrival on March 27, unless you requested otherwise. Your hotel room will be master-billed, but you will be asked to pay for incidentals. The hotel is approximately 15 minutes from Washington National Airport.

The Board dinner is scheduled for Friday evening, March 28, from 6:00 - 9:00 pm at Kora Restaurant, 2250-B Crystal Drive in Arlington. Please contact jschwaba@eatright.org if you are planning to bring a guest to dinner. We will meet in the hotel lobby at 5:45 pm for the short walk to the restaurant.

I look forward to seeing you soon!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1430. RE: Finance and Audit Committee meeting on Tuesday, March 25th at 1 p.m. CDT

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Dee Crye <dcrye@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Mar 21, 2014 16:58:38
Subject: RE: Finance and Audit Committee meeting on Tuesday, March 25th at 1 p.m. CDT
Attachment: [image001.gif](#)
[image002.png](#)

All,

The documents for our FAC conference call scheduled **March 25, 2014** are loaded into the portal.

Folder name “ **March 25, 2014 FAC conference call** ”

Please login on the portal using the link <https://eal.webauthor.com> and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1431. RE: March FAC Call

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Mar 21, 2014 16:31:36
Subject: RE: March FAC Call
Attachment:

Donna,

Not a problem for me. I am working from home today, so, that is why you could not reach me. I will have a generic "script" for the HOD spring meeting taping for you over weekend.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Friday, March 21, 2014 3:31 PM
To: peark02@outlook.com
Cc: Paul Mifsud
Subject: March FAC Call

Mary, I just found out I will not be able to be on most of the call for our March FAC conference call. I have called Paul, but have not been able to reach him. Do you think you could handle the conference call until I either can make it on the call or possible for the entire call? I know you are super capable and they would enjoy listening to you. Let me know if you can handle it for me. It does not look like there will be anything controversial.

Paul, I assume that is OK?

I will be in Washington, DC and on my way to the airport during most of the call. My secretary booked me flying out of Dulles instead of Reagan so I will be traveling by taxi instead of in the airport handling the call.

Look forward to hearing back from you both! Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education

789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1432. RE: Finance and Audit Committee meeting on Tuesday, March 25th at 1 p.m. CDT

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <pear02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Mar 21, 2014 11:13:53
Subject: RE: Finance and Audit Committee meeting on Tuesday, March 25th at 1 p.m. CDT
Attachment:

All,

We have our March meeting next week. It will be our first meeting of the Spring! Yipppeeeeeee...oh, I forgot...I live in Chicago...spring doesn't start until June!! None-the-less, the calendar says spring is here and warm weather is just around the corner. Hopefully, if it isn't warm where you are, my report will give you the warm feeling to get you through the weekend J.

Our meeting is on Tuesday, March 25th. The information should be on the portal this morning. Maria will let you know when it has been posted. You will also receive a webinar invitation from our IT department. That should come out this morning. Remember, to look at the agenda for the conference number and code. Our meeting on Tuesday will focus on the following;

1. Final January Financials

2. Preliminary February Financials.

In addition, I will put the 2012 (Fiscal Year 2013) tax returns on the portal. I won't go through them, but, if you have any questions, or would like me to, let me know. The tax returns are similar to the audited financial statements. However, they provide a different look at the information. In addition, in many cases provide more detail than the audited financial statements. They are very long however. So, review them at your leisure. If you feel we need to have a detailed discussion, then we can have either on a separate call, or at our April meeting.

Now, on to the financials.

I. January adjustments

I am happy to tell you that we did not make any adjustments to the January preliminary financials. There was one cosmetic change, but, that is it. So, nothing more to report. Christian will have his narrative posted on the portal.

II. Investments

-
Last month I mentioned that our early results for February were looking very strong and I thought we had a very good chance to recover the January losses. Well, I am happy to report that our consolidated results not only recovered the losses from January, but, provided us with another \$657,000. Our combined results were \$1,823,600 for February. This brings our combined total investment income to approximately \$5,128,700 for the Fiscal Year. This is well above our budget of \$2,018,100 and even above our results through February of last year (\$4,859,800.). All fantastic news.

March has been up and down. However, I am happy to say that through yesterday, March 20th, our combined portfolios have gained approximately \$85,000. Right now, the markets are mixed, but look promising for the day. So, with 7 more trading days, we still could have a very good March.

III. Reserves and Cash

-
I just want to make sure everyone knows that I did move \$500,000 out of reserves in March. When you look at the February financial statements, A15 will show the Academy's reserves at \$19,766,575 or 79.8%. This is after I removed the \$500,000. Even though the money was not moved until March, I wanted to give you an idea of our reserves with the \$500,000 removed. Otherwise, the number would be \$20,266,575 or 81.8%. This should give you some comfort that even though we are using reserves, the reserves still remain strong. This should be the case even if I need to take any more money for this Fiscal Year.

As I mentioned last month, it is still possible we might need another \$500,000. We are watching this very closely. The Membership Dues bill did drop on Monday. So, we should expect to see Membership Dues renewal money begin to flow in shortly. If history repeats itself, we should be in good shape for this fiscal year. However, ...yes there is always a "however"; as we go forward, history does give us an indication of what we might expect in the short term. Therefore, I would expect that we will need money again during the summer months. Just like last year. Our operating deficits and capital investments will dictate that need. Even if both of these begin to decline, I would expect a need to take money out of reserves this summer. When I take money out of reserves, it is really a lagging indicator. Essentially, it is a need that is driven by decisions made in the past. As we go forward, decisions we made in the FY14 budget should still require us to remove money from reserves in FY15. I would be more than happy to discuss this on our call.

IV. Academy preliminary January Financials (A10)

In February, the Academy operational results were weak. Revenue was the primary culprit. Revenue missed the budget by \$99,103. Unfortunately, expenses did not help in February. February expenses actually exceeded the budget by \$10,473. So, overall, the Academy had an operating deficit of \$440,392. This was \$109,576 larger (worse) than the budget.

Taking a look at the year to date numbers, the Academy currently has an Operating Deficit of \$1,414,499. This is approximately \$26K higher (worse) than the budget. Revenue for the year is lower by \$471.5K while expenses for the year are lower by \$445.8K. So, as we approach the final lap of our year, we are beginning to slow down. The investments are making a large difference. To date, the Academy investments have gained over \$2M. This is more than \$1M higher than our budget. Our Net Income, through February, is now \$595,508. This is more than \$1M higher than our budget. So, factoring in Investment returns, our results for the year are

good.

The following is a breakdown of the various categories for January:

A. Revenues

- a. **Membership Dues** - This area is **under budget** by \$19,319 in February and is **under budget** by \$157,477 for the year. This pretty much the same explanation as before. Membership is growing, just not as fast as hoped. The one difference is the Fellow program revenues account for \$2,000 of the under-run. It is still much higher than the budget over-all, but, just short in February.
- b. **Programs and Meetings** - This area is **over budget** by \$12,445 in February and is **under budget** by \$28,703 for the year. The over-run is entirely due to Professional Development programs.
- c. **Publications and Materials** - This area is **under budget** by \$36,978 in February and is **under budget** by \$49,768 for the year. The under-run in February is primarily due to lower List Rental sales (down \$3.6K) and lower Research Publication sales (down \$16.6), lower Traditional Publications (down \$19.1K) and lower across all other (down \$2.7K). These are offset by higher Marketing service revenues (up \$5.0K).
- d. **Subscriptions** – This area is **under budget** by \$19,192 in February and is **under budget** by \$82,922 for the year. The under-run for February is due to lower NCM and related products (down \$17.8K) and lower EAL (down \$1.4K).
- e. **Advertising** – This area is **under budget** in February by \$9,945 and **under budget** by \$57,070 for the year. The under-run in February is due to lower advertising for the Food and Nutrition Magazine.
- f. **All grants** - This area is **over budget** by \$16,978 in February and is **over budget** by \$24,627 for the year. The over-run in February is primarily due to the higher Research (up \$22.6K), offset by lower recognition of the Carry the Flame project (down \$1.5K), lower ConAgra (\$4.0K) and lower for all other (down \$0.1K).
- g. **Sponsorships** – This area is **under budget** by \$27,614 in February and is **under budget** by \$134,270 for the year. You may notice that the under-run in February is a little higher than in the past. This is really due to the budget distribution. In the original budget, it was expected that we might be able to sign another partner in January. This would result in a higher budget beginning in February. Unfortunately, this did not happen. So, it makes the gap larger.

h. **Other** – This area was **under budget** by \$7,287 in February and is **over budget** by \$14,122 for the year. The under-run in February is due to lower licensure income (down \$5.8K) and lower across all other (down \$1.K).

B. Expenses

a. **Personnel** – This area is **over budget** by \$8,896 in February and **over budget** by \$35,405 for the year. The over-run in February is primarily due to no personnel costs being capitalized. In the development of software, staff salaries and benefits are capitalized and depreciated over the life of the asset. In February approximately \$15K was budgeted to be capitalized. Nothing was recorded. If this was removed, personnel expenses would actually be under budget.

b. **Publications** – This area is **over budget** by \$13,008 in February and **over budget** by \$38,335 for the year. The over-run in February is primarily due to higher Journal costs (up \$11.0K), higher Food and Nutrition costs (up \$10.0) offset by lower Traditional Publications costs (down \$5.5K), lower Research publications costs (down \$1.9K), and across all other projects (down \$0.6K).

c. **Travel** – This area is **under budget** by \$31,071 in February and **under budget** by \$166,507 for the year. The under-run in February is primarily due to lower Governance (down \$10.0K), lower Research (down \$16.4K), lower Marketing (down \$6.8K), lower Policy and Advocacy (down \$1.9K), lower Membership (down \$2.4K) offset by higher Meetings team (up \$7.5K). The Meetings team costs are for a site visit to Atlanta and should be moved into FY15. This should be resolved in the Final February results.

d. **Professional Fees** - This area is **over budget** by \$16,137 in February and is **under budget** by \$133,555 for the year. The over-run in February is being driven by higher IT and web (up \$46.2K) and higher across various projects (up \$3.7K), offset by lower Research (down \$5.4K), lower Marketing and PR (down \$10.9), lower Membership (down \$3.2K), lower Traditional Publications (down \$3.6K), lower Journal (down \$6.6K) and lower Public Policy and Advocacy (down \$3.9K)

e. **Postage and Mailing Service** – This area is **over budget** by \$14,056 in February and **over budget** by \$7,075 for the year. The over-run in February is due to higher Food and Nutrition Magazine costs (up \$9.9K), higher Traditional Publications shipping and handling (up \$7.7K) and higher across all other (\$0.8K), offset by lower Membership costs (down \$4.3K).

f. **Office Supplies and Equipment** – This area is **over budget** by \$329 in February and **under budget** by \$14,238 for the year. No material variances in any area in February.

- g. **Rent and utilities** - This area is **under budget** by \$3,786 in February and **under budget** by \$5,311 for the year. The under-run in February is due to the lower utility costs.
- h. **Telephone and communications** – This is **over budget** by \$4,076 in February and **over budget** by \$21,794 for the year. The over-run in February is due to higher telecommunication's costs in the Washington and Chicago offices.
- i. **Commissions** – This area is **under budget** in February by 1,989 and is **under budget** by \$9,814 for the year. Commissions are associated with the Food and Nutrition Magazine's advertising sales. Since advertising revenues are lower, the correlating commissions will be lower.
- j. **Computer Expenses** – This area is **under budget** by \$9,919 in February and **under budget** by \$42,512 for the year. The under-run in February is due modifications in the IT and Web area resulting in some costs being delayed. The saving should be real for FY14. .
- k. **Advertising and Promotion** – This area is **over budget** by \$129 in February and **under budget** by \$5,077 for the year. No material variance in any area in February.
- l. **Insurance** – This area is **over budget** by \$843 in February and is **over budget** by \$9,734 for the year. The over-run in January is due to higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is **over budget** by \$7,274 in February and is **over budget** by \$9,734 for the year. Depreciation is a “recovery” of capital expenditures. We cannot begin depreciating capital expenditures until the work is completed and the services are up and running. Therefore, we estimate the costs in the beginning of the year. We have looked at the timelines for completion of current projects and have made an adjustment to reflect when we think the investment will begin being used. As I mentioned last month, the timing of when the new website goes live will have an impact on this expense. So, it may change next month.
- n. **Bank and trust fees** – This area is **over budget** by \$3,450 in February and **over budget** by \$45,491 for the year. The over-run in February is primarily due to higher credit card fees for normal operations.
- o. **Other** – This area is **over budget** by \$1,338 in February and **under budget** \$31,567 for the year. No material variances in any area in February.
- p. **Expense allocation** – This area is **unfavorable to budget** by \$13,010 in February and is **favorable to budget** by \$25,327 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.

q. **Meeting services** – This area is **under budget** by \$15,655 in February and is **under budget** for the year by \$93,589. The under-run in February is primarily due to lower Marketing and PR expenses (down \$9.5K), lower Research (down \$2.5K) and lower across all other projects (down \$3.7K).

r. **Legal and Audit** – This area is **on target** in February and is **under budget** by \$6,811 for the year.

s. **Printing** – This area is **under budget** by \$9,831 in February and is **under budget** by \$76,047 for the year. The under-run in February is primarily due to lower expenses for Membership (down \$7.7K) and lower costs across all other projects (down \$2.2K).

So, overall, we did not perform that well in February. We still are within our Operating income/(deficit) target for the Fiscal Year. I will stop here and provide you with some information on the other entities either later today or on Monday. If you have any questions, please let me know. Also, look for thee-mails from Maria and or IT department when the information is posted and for the webinar invitation to our meeting next week.

Don't hesitate to call me, or email me, if you need anything or have any questions

Paul

V. Foundation Preliminary January Financials (A8)

To be provided later.

VI. CDR's Preliminary January Financials (A11)

To be provided later.

VII. DPGs/MIGs Preliminary January Financials (A12)

To be provided later.

VIII. ACEND Preliminary January Financials (A13)

To be provided later.

IX. ANDPAC Preliminary January Financials (A14)

-
To be provided later.

1433. Request for Participation: Validation Study

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Mar 20, 2014 19:25:54
Subject: Request for Participation: Validation Study
Attachment:

Request for Participation: Validation Study

Having trouble viewing this e-mail? [View it in your browser.](#)

Hello from the Commission on Dietetic Registration!

For the last two years, the Commission on Dietetic Registration (CDR) has been working with Registered Dietitian Nutritionists (RDNs) and Dietetic Technicians Registered (DTRs) from across the United States to develop essential practice competencies for dietetic practitioners.

Competencies define the essential knowledge, skill, judgment and attitude requirements across practice and within focus areas that are required to provide competent, ethical and safe care.

Competencies provide a structured guide to help identify, evaluate and develop the behaviors a person needs for competent, professional practice. CDR will transition from PDP Learning Need Codes to practice competencies, and it is anticipated that the competencies will be implemented in the Professional Development Portfolio (PDP) beginning with practitioners whose recertification cycles expire May 31, 2021 and after.

The Commission on Dietetic Registration is seeking RDNs and DTRs to take part in a national survey aimed at validating the *Essential Practice Competencies for CDR Credentialed Nutrition and Dietetics Practitioners*.

Have a voice in defining the profession's practice competencies! Participation in this national survey by CDRs registrants will help to assure that the competencies accurately describe the knowledge, skill and judgment of practicing RDNs and DTRs. Collated data may also be used by CDR in publishing valuable research information to the public and to the nutrition and dietetics community.

Eligible participants will earn three (3) Continuing Professional Education Units (CPEUs), and all participants will be granted free access to a CDR Weight Management Self-Study E-Module (Adult or Childhood and Adolescent). In addition, participants will have their names entered into a drawing to win a \$500 Apple Store gift card! Please be sure to include your full name and registration number when completing the survey to receive a continuing education certificate and have your name entered into the drawing.

How You Can Participate in the National Validation Study

Click on the link below to complete the survey by Wednesday, April 30, 2014. The survey will ask you to review the competencies and to rank the frequency with which you perform them. You will be able to provide comments and suggest changes. It will take you approximately 2-3 hours to complete the survey. Please note that you will not be required to complete this survey in a single sitting. You will be able to exit the survey and return to complete it at a later time.

[Click Here to Take the Survey!](#)

Thank you very much for your participation in this very important initiative. CDR anticipates that the final version of the competencies will be published on the CDR website (www.cdrnet.org) in the fall of 2014.

Sincerely,

Nancy H. Wooldridge, MS, RDN, LD
Chair, Commission on Dietetic Registration

Barbara L. Grant, MS, RDN, CSO
Chair, CDR Competency Assurance Panel

Share this mailing with your social network:

You have received this email from the Commission on Dietetic Registration.

If you prefer not to receive future emails from CDR, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1434. 2014 Academy Spokespeople

From: Doris Acosta <dacosta@eatright.org>
To: Patricia Babjak <PBABJAK@eatright.org>, 'Sonja Connor' <connors@ohsu.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>
Sent Date: Mar 20, 2014 15:31:08
Subject: 2014 Academy Spokespeople
Attachment: [image001.jpg](#)

To the Academy's Board of Directors:

Our Spokesperson appointments for 2014 ensure that the Academy will be represented in the news media by registered dietitian nutritionists who know and understand the media and are experts at conveying the Academy's healthful eating messages. We look forward to another great year of telling the Academy's story to the world and highlighting the RDN as *the* food and nutrition leader. Special thank you to Glenna, Sonja and Ethan for reviewing all of the applications and selecting the final members who will serve as official Academy media Spokespeople.

18 registered dietitians will serve from June 1, 2014, through May 31, 2017. We ask that you keep the names of the Academy's new Spokespeople confidential until they are officially announced in May. Ten Spokespeople are new to the program and eight have been reappointed.

The following Spokespeople will be returning to the program:

- **Deborah Beauvais, RDN, CDN, SNS, Rochester, N.Y. (School Nutrition Specialist)**

- **Jessica Crandall, RDN, CDE, AFAA, Denver**
- **Joy Dubost, PhD, RD, CSSD, Washington, D.C.**
- **Angela Ginn, RDN, LDN, CDE, Baltimore**
- **Ximena Jimenez, MS, RDN, LD, Miami (Latino Nutrition Specialist)**
- **Vandana Sheth, RDN, CDE, Los Angeles**
- **Toby Smithson, RDN, LDN, CDE, Chicago**
- **Jim White, RDN, ACSM-HFS, Virginia Beach, Va. (Men's Nutrition Specialist)**

Please welcome the new Spokespeople who are joining the program in June:

- **Torey Jones Armul, MS, RD, CSSD, LDN, Chicago.** Torey is a freelance writer who specializes in community nutrition, digestive disorders, sports nutrition, vegetarian nutrition and workplace wellness.
- **Lisa Cimperman, MS, RD, LD, Cleveland.** Lisa is a clinical dietitian at University Hospitals Case Medical Center. Her areas of specialty are cardiovascular nutrition, celiac disease, critical care nutrition and gluten intolerance.
- **Marina Chaparro, MPH, RD, LDN, CDE, Miami.** Marina is a clinical dietitian and certified diabetes educator at Joe DiMaggio Children's Hospital. Her areas of specialty are children's nutrition, diabetes, Latino nutrition and public health.
- **Wesley Delbridge, RD, Phoenix.** Wesley is a food and nutrition supervisor at Chandler (Ariz.) Unified School District 80 and an adjunct faculty member at Chandler-Gilbert Community College. His areas of specialty are children's nutrition, school nutrition and social media.
- **Sara Haas, RDN, LDN, Chicago.** Sara is a consultant dietitian at Roche Dietitians and director of nutrition at the Centered Chef. Her areas of specialty are culinary nutrition, maternal nutrition, children's nutrition and community nutrition/public health.
- **Isabel Maples, MEd, RD, Washington, D.C.** Isabel was most recently nutrition communications manager for the Mid-Atlantic Dairy Association. Her areas of specialty are African-American nutrition, cardiovascular nutrition, family nutrition, maternal and prenatal nutrition and medical nutrition therapy.

- **Tamara Melton, MS, RDN, LD, Atlanta (African-American Nutrition Specialist).** Tamara is an instructor at Georgia State University and owner of LaCarte Wellness. Her areas of specialty are African-American nutrition, corporate wellness and maternal and prenatal nutrition.
- **Alissa Rumsey, RD, CDN, CNSC, CSCS, New York City.** Alissa is the supervisor of clinical nutrition at New York Presbyterian Hospital. Her areas of specialty are cardiovascular nutrition, diabetes, gastrointestinal nutrition, wellness and sports nutrition and fitness.
- **Lauri Wright, PhD, RDN, LDN, Tampa (Community Nutrition/Public Health Specialist).** Lauri is an assistant professor at the University of South Florida School of Public Health. Her areas of specialty are childhood obesity, community nutrition/public health, food insecurity, global nutrition, HIV nutrition and malnutrition.
- **Lori Walker Zanini, RD, CDE, Los Angeles.** Lori is the owner of a nutrition consulting firm and an RD and certified diabetes instructor at HealthCare Partners Medical Group. Her areas of specialty are aging and nutrition, community nutrition/public health and diabetes.

We also would like to wish a very fond farewell and extend our deepest gratitude to eight distinguished Academy members who will complete their service as Spokespeople at the end of May:

- **Constance Brown-Riggs, MEd, RD, CDE, CDN**
- **Judy Caplan, MS, RD**
- **Melissa Joy Dobbins, MS, RDN, LDN, CDE**
- **Ruth Frechman, MA, RDN, CPT**
- **Andrea Giancoli, MPH, RD**
- **Amy Jamieson-Petonic, MEd, RD, CSSD, LD, LMT**
- **Melinda Johnson, MS, RDN**
- **Beth Thayer, MS, RDN**

Each of these members has made invaluable contributions to the Spokesperson Program and the Academy; The Program and our Academy are stronger than ever, due in large part to the service of these dedicated members. We know they will remain valued members, colleagues and friends.

Please do not hesitate to contact me with any questions. Thank you very much!

Best regards,

Doris Acosta

Chief Communications Officer

Academy of Nutrition and Dietetics

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1435. Eat Right Weekly - March 19, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 19, 2014 16:55:48
Subject: Eat Right Weekly - March 19, 2014
Attachment:

Eat Right Weekly
March 19, 2014

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On the Pulse of Public Policy

PPW Registration Closes Friday, March 21

Register by Friday, March 21, to secure your spot at the Academy's 2014 Public Policy Workshop, the world's largest food and nutrition policy and advocacy summit. More than 500 attendees will gain top-notch communication skills, leadership training and connections with top nutrition experts from around the country. Launch your career at PPW.

[Learn More >>](#)

Farm Bill Implementation Means Opportunities for RDNs and DTRs

The Farm Bill, which provides authorization and funding for many nutrition programs, requires the U.S. Department of Agriculture to flesh out many of the details for these programs and grant opportunities. USDA is in the midst of holding listening sessions on 12 areas of Farm Bill implementation over the next two weeks. The Academy has attended three sessions that discussed programs that offer future opportunities for to registered dietitian nutritionists and dietetic technicians, registered.

[Learn More >>](#)

Academy Works to Improve Nutrition and Physical Activity of WIC Participants

The Academy has provided the U.S. Department of Agriculture with suggestions for improving a planned study of nutrition education for participants in the Special Supplemental Nutrition Program for Women, Infants and Children (WIC). The study will include a pilot study of the impact of WIC nutrition education on nutrition and physical activity behaviors, and the Academy highlighted issues that need to be resolved to do so and shared strategies for improving outcomes data.

[Learn More >>](#)

RDN Day Declared in California

California Assembly Member Dr. Richard Pan signed a resolution declaring March 12 Registered Dietitian Nutritionist Day in California. Eleven members of the California Dietetic Association's Northern Area District attended the ceremony and were photographed in the Assembly Chambers with Dr. Pan holding the RDN Day proclamation. After the ceremony, attendees were treated to a continental breakfast in Dr. Pan's office.

[Learn More >>](#)

S.C. Academy of Nutrition and Dietetics Celebrates National Nutrition Month and Public Policy

More than 25 members of the South Carolina Academy of Nutrition and Dietetics participated in the affiliate's State Public Policy Day, March 5 at the capitol in Columbia. At the meeting SCAND learned of reimbursement opportunities for Academy members and discussed the development of their Public Policy Partners Program.

[Learn More >>](#)

CPE Corner

April 22 Webinar: "Addressing Patient Malnutrition to Improve Outcomes and Reduce Hospital Costs"

Malnutrition is common in the hospital setting and can adversely affect clinical outcomes and costs, but it is often overlooked. An April 22 webinar will feature a steering committee member of the Alliance to Advance Patient Nutrition, a partnership of three leading health care organizations including the Academy. The presenter will discuss the growing body of research on hospital malnutrition and the critical role the registered dietitian nutritionist plays in driving interdisciplinary collaboration among the health care team to identify and treat patient malnutrition.

[Learn More >>](#)

May 14 Webinar: "The Ins and Outs of Food Allergy"

Food allergy is encountered in every area of clinical dietetic practice, but most registered dietitian nutritionists are not confident in addressing their clients' questions and concerns. A May 14

webinar will cover the realm of food allergic disorders including how they present, dietary management and validated client resources. Gain the knowledge and tools you need to approach food allergy with confidence.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

March 24 Webinar: "Making an Impact with Food Insecure Populations"

Gain a real understanding of families facing food insecurity and the many obstacles they encounter every day; learn how to make nutrition messages fit their needs; and access new resources for successfully helping food insecure families adopt healthy lifestyles in a free March 24 webinar.

[Learn More >>](#)

March 26 Webinar: "GENIE: Your Nutrition Education Wishes Have Been Granted!"

The newly released Guide for Effective Nutrition Interventions and Education (GENIE) is an easy-to-use resource for program planners and program evaluators developed by the Academy and the Foundation. A free March 26 webinar will show practitioners how GENIE can help plan effective, sustainable nutrition education programs that positively affect their patients, clients and communities.

[Learn More >>](#)

March Book of the Month

Save 10 percent during March on *Making Nutrition Your Business: Private Practice and Beyond*. This is an essential resource for any dietetics professional considering a switch to private practice, consulting, writing or speaking. This book discusses what it takes to go solo; how to structure your business; money management essentials; marketing ideas that will get you noticed; and more.

[Learn More >>](#)

April 18 Deadline: AMIA 10x10 Course Starts May 7

Join the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, starting May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo. The registration deadline is April 18.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison or nominate yourself.

[Learn More >>](#)

Don't Miss Out: Update Academy Contact Information

Have you recently moved, changed phone numbers or opened a new email account? If so, you may be missing important Academy news, access to exclusive member benefits or publications by mail.

[Learn More >>](#)

Academy Platinum Rewards MasterCard

The Academy is always seeking new ways to add more value to membership, working hard to build partnerships that make more products and services available to members. The latest initiative is a partnership with ATIRACredit to offer members a Platinum Rewards MasterCard.

[Learn More >>](#)

Get Acquainted with Your Student Community

If you haven't accessed your Student Community recently, you could be missing out on valuable information.

[Learn More >>](#)

Medicare's Physician Quality Reporting System Has Changed: Have You?

If you are a Medicare provider who bills using the CMS-1500 form, you should be participating in the Physician Quality Reporting System (PQRS) to avoid future reductions in your Medicare payments. The Centers for Medicare and Medicaid Services (CMS) has made several changes in PQRS reporting requirements this year that have a significant impact on registered dietitian nutritionists.

[Learn More >>](#)

New Celiac Disease Nutrition Guide

Fully updated to include new Food and Drug Administration gluten-free labeling rule information, this is the essential guide for people diagnosed with celiac disease, dermatitis herpetiformis or non-celiac gluten sensitivity. It outlines how to follow a gluten-free diet, identify food products and medications that might contain gluten, shop for gluten-free products and more.

[Learn More >>](#)

Food Safety for College Students

The Home Food Safety program - a collaboration between the Academy and ConAgra Foods - offers a new series to help college students reduce their risk of food poisoning. Share food safety tips with clients, family and friends geared toward college life.

[Learn More >>](#)

Academy Member Updates

CMS Promoted MNT Benefit during National Nutrition Month

For the sixth consecutive year, the Centers for Medicare & Medicaid Services shared a message to providers during National Nutrition Month to promote the Medicare MNT benefit. The message encourages physicians to explore the benefits of medical nutrition therapy for patients with diabetes and renal disease.

[Learn More >>](#)

April 15 Deadline: Apply for NNM Award - Students Making a Difference at Schools

The Student Advisory Committee announces the 2014 National Nutrition Month Student Award Program, recognizing local student dietetic associations and clubs that support the mission and vision of the Academy by organizing events in recognition of National Nutrition Month. The deadline to apply for an award is April 15.

[Learn More >>](#)

New Member Interest Group: Asian Indians in Nutrition and Dietetics

Starting June 1, the Academy will offer its tenth member interest group. Asian Indians in Nutrition and Dietetics will empower members to be leaders in cultural, evidence-based practices for people of Indian origin. This MIG will utilize an online format; dues are \$5 each membership year. All Academy members are encouraged to consider joining for 2014-2015.

[Learn More >>](#)

Get a Member, Win a Prize

Help the Academy grow by participating in the 2014 Promoter Program - share the value of membership with friends and colleagues. The more new members you recruit by September 1, the better your chances of winning prizes such as a Kindle Fire or a year of Academy membership. To get Promoter credit, make sure your recruit enters your name in the "Did someone recommend Academy membership to you?" section of the 2014-2015 Academy membership application.

[Learn More >>](#)

2014-2015 Student Advisory Committee Candidates

The Student Advisory Committee's Nominating Committee has submitted a slate of candidates for the 2014-2015 SAC. In accordance with Nominating Committee guidelines, this is a single-slate election, with all candidates chosen by the Nominating Committee.

[Learn More >>](#)

Member Honored by Alabama Association

Academy member Dianne Lollar, MPH, RD, LD, chair-elect of the Hunger and Environmental Nutrition dietetic practice group, will receive the 2014 Frederick S. Wolf Award on April 9 from the

Alabama Public Health Association. The award recognizes an individual who has been active in public health at the community level for more than 10 years; who selflessly gives back to the community; and is efficient, dedicated and professional in delivering public health services.

RDN Day and Contest Winner Spotlighted in Times Square

In celebration of Registered Dietitian Nutritionist Day and the 2014 National Nutrition Month theme "Enjoy the Taste of Eating Right," members shared their most meaningful experiences in providing health and nutrition services as an RDN. For the second annual Registered Dietitian Nutritionist Day contest, members were asked: "How do you help clients enjoy the taste of eating right?" More than 200 members sent thoughtful and inspirational testimonials. The winner of the 2014 contest is Crystal Kwan, MPH, RD.

[Learn More >>](#)

Videos Spice Up National Nutrition Month

Enjoying the taste of eating right doesn't need to be complicated. To help consumers learn easy ways to make flavorful foods part of their nutritious eating plan, the Academy has added two new videos to its online consumer series.

[Learn More >>](#)

Videos Honor Academy's Nutrition Heroes

The Academy has selected four registered dietitian nutritionists to be part of a new video campaign, *Showcasing our Nutrition Heroes*. The campaign highlights the many ways RDNs positively affect the lives of their patients and clients. The videos were produced in connection with Registered Dietitian Nutritionist Day on March 12.

[Learn More >>](#)

Thank You to Academy Sponsors

To help advance the Academy's mission of empowering members to be the food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members; to share science-based information and new research with members; and to enable the Academy to reach millions of consumers with healthy eating messages.

[Learn More >>](#)

Philanthropy, Awards and Grants

New Toolkit for National Nutrition Month: 'Healthy Schools. It's a Team Effort.'

The newest Kids Eat Right toolkit, "Healthy Schools. It's a Team Effort," is now available. The toolkit was developed with content experts from the School Nutrition Services dietetic practice

group to educate school and community stakeholders about the importance of healthy eating and physical activity for academic success.

[Learn More >>](#)

Kids Eat Right Everyday "Hunger" Heroes

Learn about Kids Eat Right's National Nutrition Month Everyday "Hunger" Heroes.

[Learn More >>](#)

April 1 Deadline: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance advanced-practice residency programs that meet ACEND's guidelines. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply. Funds may be used for startup costs, program materials, staffing, salary deferment, promotion and advertising and student fees. Preapproval by ACEND is required to be eligible for funding. The application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Pittsburgh Dietetic Association Leadership Development Award

This award was established to recognize emerging leaders among graduates of supervised practice programs and to encourage their participation in Academy activities. The award will cover expenses up to \$1,000 for a qualified applicant to attend the Academy's 2014 Food & Nutrition Conference & Expo. Applicants must be a resident of Pennsylvania or student or graduate of a Pennsylvania program. Application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Foundation Research Grant

The Foundation's named research funds are available annually to Academy members at all levels of practice. These grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline for research grants is April 1.

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The deadline to apply for this award has been extended to May 1.

[Learn More >>](#)

Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

Make a Tribute Gift during National Nutrition Month

Honor a mentor while making a gift to your Foundation. This is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession. Your friend, colleague or loved one's family will be notified of your thoughtfulness through a personalized acknowledgement card. To donate to the Tribute Gift Program, contact Martha Ontiveros at 312/899-4773 or montiveros@eatright.org.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1436. RE: video

From: Harold Holler <HHOLLER@eatright.org>
To: Marcia Kyle <bkyle@roadrunner.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Mar 19, 2014 07:07:50
Subject: RE: video
Attachment: [image002.png](#)
[image003.gif](#)

Thanks Marcy for sharing. We will add to our list of efforts being done.

Thanks Donna for your work!!

Harold

Harold J. Holler, RDN, LDN

Vice President, Governance & Practice

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org
www.eatright.org

From: Marcia Kyle [mailto:bkyle@roadrunner.com]
Sent: Tuesday, March 18, 2014 7:02 PM
To: DMartin@Burke.k12.ga.us
Cc: Harold Holler
Subject: RE: video

Donna,

I have ccd Harold to give him one more example of how a HOD Mega issue on Food Insecurity has changed our profession in so many positive ways thanks to members like you.

Thank you so much for letting us share your inspiring story (video clip) at our Spring conference and hopefully help support our advocacy efforts. I am so moved by the coach and players comments about what you as an individual accomplished to fight food insecurity. MAND has made food insecurity a priority and with some state legislation coming up to provide school feeding programs year round, I think this video will be more effective advocacy than written testimony. Thanks-you for all you do.

Marcy

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Tuesday, March 18, 2014 9:09 AM

To: Kyle, Marcia

Subject: Re: video

Marcy, You definitely have my permission to use it. Try this link:

<http://www.cbsnews.com/news/high-school-football-team-battles-malnutrition/>

If it does not work I can bring the disk to Washington, DC or send it to you. Just let me know.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>"Marcia Kyle" <bkyale@roadrunner.com> 3/18/2014 5:13 AM >>>

Donna,

Our Maine Affiliate would like to show the video shown at PPW that highlighted the football team at your school and your work with school meals.

We would like permission to use it. And if you approve how do we get a copy?

Thanks,

Marcy

Marcy Kyle, RDN, LD, CDE

Academy of Nutrition and Dietetics House of Delegates Director and Board of Directors

146 Mystic Avenue

Rockport, Maine 04856

703-346-4996

bkyale@roadrunner.com

From: Patricia Watson [mailto:patriciawatson26@gmail.com]

Sent: Monday, March 17, 2014 10:44 PM

To: Marcia Kyle

Cc: Kristine Kittridge; patsy catsos; Catherine Broihier; dave seddon; Kate Gosselin

Subject: Re: Scheduled Report -- CQ StateTrack Legislative Alert - Maine

Marcy, How do we get it?

On Mon, Mar 17, 2014 at 10:40 PM, Marcia Kyle <bkyle@roadrunner.com> wrote:

Last year at PPW, Donna Martin, Academy Treasurer, presented her efforts to end hunger in her school district in Mississippi. National news picked up the story of how the high school football team became national champs after she initiated several nutrition initiatives. The audience was in tears after hearing their story. The athletes interviewed attributed their success on improved nutrition.

Send Sen Alfond the video and I can't imagine he wouldn't respond or at least return a phone call. This type of human interest story is always better than statistics.

Marcy

From: Kristine Kittridge [mailto:kristine.kittridge@gmail.com]
Sent: Monday, March 17, 2014 7:51 PM
To: Patricia Watson
Cc: patsy catsos; Marcia Kyle; Catherine Broihier; dave seddon; Kate Gosselin
Subject: Re: Scheduled Report -- CQ StateTrack Legislative Alert - Maine

Is there any interest from others on this thread in formally supporting this bill? Also interest in possibly inviting Alfond to speak at the conference? Happy to support either.

district

On Monday, March 17, 2014, Patricia Watson <patriciawatson26@gmail.com> wrote:

Kristine any thoughts on someone following up? Also, related to our conference do you think we might consider asking Senator Alfond to speak at our conference on the bill? Pat

----- Forwarded message -----

From: **CQ StateTrack Reports** <email@trendtrack.com>
Date: Mon, Mar 17, 2014 at 11:06 AM
Subject: Scheduled Report -- CQ StateTrack Legislative Alert - Maine
To: patsycatsos@gmail.com, bkyle@roadrunner.com, nutricomminc@mac.com, amymcclellanrd@hotmail.com, patriciawatson26@gmail.com, kristine.kittridge@gmail.com, rachaelhall85@gmail.com, emolloy@penbayhealthcare.org, jbatzli@cq.com

[View this report in your browser.](#)

1 bills in this report

Please do not reply to this e-mail as the mailbox is unattended. If you are in need of assistance, please contact your Account Manager directly. Alternatively, you may contact customer service at statetrack@cqrollcall.com

CQ StateTrack Legislative Alert - Maine

March 17, 2014

Maine 2013-2014

1 Bill

Number:

ME [R] LD 1819 - Updated (Hearing 03/14/2014)

Sponsor:

Justin Alfond

Title:

Resolve, To Create the Task Force To End Student Hunger in Maine

Abstract:

This resolve establishes the Task Force To End Student Hunger in Maine.

Status:

(H) Resolve REFERRED to the Committee on EDUCATION AND CULTURAL AFFAIRS . In concurrence. ORDERED SENT FORTHWITH. - 03/12/2014

Hearings:

1. 03/21/2014 1:00p

[] - **Education And Cultural Affairs** -

Cross Building, Room 202

Totals

1 Bills

Powered by CQ Roll Call

--

Pat Watson

MS,RD,LD,CDE

President-Elect Maine Academy of Nutrition and Dietetics

patriciawatson26@gmail.com

Cell: 207-712-7127

--

Kristine Kittridge, MS, RD, LD

Community Transformation Grant Coordinator, Community Concepts, Lewiston Office

Public Policy Coordinator, Maine Academy of Nutrition and Dietetics

Maine Vegetarian Nutrition DPG State Coordinator

No virus found in this message.

Checked by AVG - www.avg.com

Version: 2013.0.3462 / Virus Database: 3722/7208 - Release Date: 03/17/14

--

Pat Watson

MS,RD,LD,CDE

President-Elect Maine Academy of Nutrition and Dietetics

patriciawatson26@gmail.com

Cell: 207-712-7127

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Checked by AVG - www.avg.com

Version: 2013.0.3462 / Virus Database: 3722/7208 - Release Date: 03/17/14

No virus found in this message.

Checked by AVG - www.avg.com

Version: 2013.0.3462 / Virus Database: 3722/7208 - Release Date: 03/17/14

1437. RE: March Board Meeting Agenda and PPW

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Mar 18, 2014 19:18:45
Subject: RE: March Board Meeting Agenda and PPW
Attachment: [image004.jpg](#)
[image003.jpg](#)

We have begun posting the March Board meeting attachments on the Board of Directors Communications platform. The full packet will be posted by Thursday, March 20. The paper packets will be mailed for arrival on Monday, March 24 to all of you who requested one. To access the communications platform, please click on <http://academybod.webauthor.com> and enter your Academy website username and password; the documents are located under the *Library* tab, 2014 Board Meetings, March 28-29 Board Meeting.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

From: Joan Schwaba

Sent: Tuesday, March 11, 2014 5:22 PM

To: 'Glenna McCollum'; 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; NancyLewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

Cc: Executive Team Mailbox; Chris Reidy; Mary Ann Taccona; Alison Steiber; Susan Burns; Doris Acosta

Subject: March Board Meeting Agenda and PPW

Attached for your review and input is the draft agenda for the March 28-29 Board meeting. We welcome your feedback. The agenda and materials for the March Board meeting will be posted to the Board of Directors communications platform on Monday, March 17. A paper packet will be mailed for arrival on Thursday, March 20 to all of you who requested one.

Just a reminder, you are approved to make your travel arrangements for the March meetings. For air travel, the closest airport to the hotel is Ronald Reagan Washington National Airport (DCA). To book your travel online, click on the following link: <https://adatvl.axo20.com/> and enter 103-2430 into the Approval Code box in the Reporting Information section. Hotel reservations at the Marriott Crystal Gateway, 1700 Jefferson Davis Highway, Arlington, VA will be made for your arrival on March 27 and departure on March 29 for the Board meeting and for those staying for PPW for departure on April 1. Your hotel room will be master billed. If you haven't done so already, please let me know your travel plans to reserve your room nights.

On Saturday, March 29 those Board members who are attending PPW are invited to the PPW Boot Camp from 4 – 7 pm followed by dinner at 7:30 pm with the ANDPAC and LPPC committee members at the hotel. Please let me know if you will attend this event and/or the dinner. ANDPAC will host a film festival on Sunday, March 30 and its annual Signature Event on Monday, March

31. Tickets are \$10 for the film event and \$125 for the Signature Event and can be purchased when you register for PPW. To register for the workshop, please click [here](#) to login using your Academy username and password; enter **2014PPW** in the source code box and check Academy BOD under Event Fees for complimentary registration.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1438. KER Update March 18, 2014

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'connors@ohsu.edu' <connors@ohsu.edu>, 'craytef@charter.net' <craytef@charter.net>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, 'eddy@bcm.tmc.edu' <eddy@bcm.tmc.edu>, Martha Ontiveros <Montiveros@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Mar 18, 2014 14:02:37
Subject: KER Update March 18, 2014
Attachment: [image002.png](#)
[image003.png](#)

Dear Foundation BOD Members,

I am sending you the link to the Power Point presentation that was requested on the Foundation call this morning.

If you need any further information, please contact me.

Thanks!

A file has been sent to you

KER update March 18 2014.ppt

Download

Size: **34.62 MB** Content will be available for download until **April 01, 2014 10:54 PDT**.

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

From: Martha Ontiveros

Sent: Thursday, March 13, 2014 9:19 AM

To: 'connors@ohsu.edu'; 'craytef@charter.net'; 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; 'jean.ragalie-carr@rosedmi.com'; 'lauraromig@gmail.com'; 'dbier@bcm.edu'; 'MChristE@porternovelli.com'; 'MurrayMD@live.com'; Patricia Babjak

Cc: Mary Beth Whalen; Susan Burns; Katie Brown; Beth Labrador; Amy Donatell; Paul Mifsud; Joan Schwaba; Linda Serwat; 'eddy@bcm.tmc.edu'; Martha Ontiveros

Subject: Foundation BOD WebEx/Conference Call

Importance: High

Dear Foundation BOD Members,

The WebEx/Conference Call information follows.

Date: Tuesday, March 18, 2014

Time: 10:00 am, Central Time

Attached is a PDF document with **ALL** the files (called 0.0 BOD 03-18-14.pdf).

Also, the agenda and corresponding attachments are now available on the Academy's on-line portal for your review.

To download the attachments, go to <https://eal.webauthor.com>

1. Select the "Committee Central" section, found on the left menu bar under "Tools."
2. Select the "Foundation BOD" committee
3. Go to Library section "+" to expand the "Foundation Documents" folder
4. Expand + the "2014 March" folder
5. Select the "2014 March" folder
6. To download all the files at once, select "Download" found on the top menu bar.

Day of Call

- Step 1: Log into webinar via personalized link provided below

Join online:

<https://eatright.webex.com/eatright/j.php?MTID=m15d5f72b079f438c28a2cf73ad458d3f>

- Step 2: Follow the audio prompts to use the "**CALL ME**" feature to have the WebEx system dial you into the audio portion of the training. This will sync your computer and audio together accordingly.

Do not dial into the meeting directly if connecting to WebEx as well unless you do not have a direct dial phone number. By using the Call Me feature, the system will sync your web and audio connections together under your attendee name in WebEx.

Teleconference information

Note: For those individuals unable to participate in the web portion of the meeting, you can dial into the meeting as follows:

Call-in toll-free number: 1-866-477-4564 (US)

Conference Code: 537 767 1744

For assistance

1. Go to <https://eatright.webex.com/eatright/mc>
2. On the left navigation bar, click "Support".

If you have any questions or trouble accessing the materials, please contact me.

Thanks!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

1439. Research priorities document requested on ANDF BOD call attached here

From: Katie Brown <kbrown@eatright.org>
To: 'Evelyn Crayton' <craytef@aces.edu>, Susan Burns <Sburns@eatright.org>, TJRaymond@aol.com <TJRaymond@aol.com>, KMcClusky@iammorrison.com <KMcClusky@iammorrison.com>, dwheller@mindspring.com <dwheller@mindspring.com>, connors@ohsu.edu <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, jean.ragalie-carr@rosedmi.com <jean.ragalie-carr@rosedmi.com>, lauraromig@gmail.com <lauraromig@gmail.com>, dbier@bcm.edu <dbier@bcm.edu>, MChristE@porternovelli.com <MChristE@porternovelli.com>, MurrayMD@live.com <MurrayMD@live.com>, Mary Beth Whalen <Mwhalen@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Beth Labrador <BLabrador@eatright.org>, craytef@charter.net <craytef@charter.net>
Cc: Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Mar 18, 2014 12:23:48
Subject: Research priorities document requested on ANDF BOD call attached here
Attachment: [image001.png](#)
[4.0 Research Priorities Final Candidate.pdf](#)

Hi. Attached please find the Research Priorities document that was requested on the call this morning.

Thanks!

--Katie

Katie Brown, Ed.D., RDN, LD

National Education Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

(312) 899-4847

www.eatright.org/foundation

www.kidseatright.org

-

From: Evelyn Crayton [mailto:craytef@aces.edu]
Sent: Monday, January 13, 2014 11:25 AM
To: Susan Burns; TJRaymond@aol.com
Cc: KMcClusky@iammorrison.com; dwheller@mindspring.com; connors@ohsu.edu; DMartin@Burke.k12.ga.us; jean.ragalie-carr@rosedmi.com; lauraromig@gmail.com; dbier@bcm.edu; MChristE@porternovelli.com; MurrayMD@live.com; Patricia Babjak; Mary Beth Whalen; Paul Mifsud; Katie Brown; Beth Labrador; Amy Donatell; Martha Ontiveros; craytef@charter.net
Subject: RE: Estate gift to the Foundation

This is indeed great news! It was with pleasure that I learned that she was from Alabama and an Auburn graduate!

From: Susan Burns [mailto:Sburns@eatright.org]
Sent: Friday, January 10, 2014 1:29 PM
To: TJRaymond@aol.com
Cc: KMcClusky@iammorrison.com; dwheller@mindspring.com; connors@ohsu.edu; DMartin@Burke.k12.ga.us; Evelyn Crayton; jean.ragalie-carr@rosedmi.com; lauraromig@gmail.com; dbier@bcm.edu; MChristE@porternovelli.com; MurrayMD@live.com; Patricia Babjak; Mary Beth Whalen; Paul Mifsud; Katie Brown; Beth Labrador; Amy Donatell; Martha Ontiveros
Subject: Re: Estate gift to the Foundation

Yes. We will include the information in ERW and her estate will be included in all donor recognition listings as well as the Gala.

Susie Burns
Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

312-899-4752

www.eatright.org/foundation

On Jan 10, 2014, at 11:59 AM, "TJRaymond@aol.com" <TJRaymond@aol.com> wrote:

Martha and her gift are extraordinary! In addition to our thanks will she receive recognition for her work and gift in one or more of the AND publications?

Thank you!

Terri

In a message dated 1/10/2014 8:43:02 A.M. Pacific Standard Time, Sburns@eatright.org writes:

Good morning. I wanted to share with you that the Foundation received a \$569,125.33 bequest from the estate of Martha Snavelly who passed away on June 8, 2013. She was 96 years of age, a member of the Academy and past donor to the Foundation. As designated in the estate, a named fund will be established to support public education activities of the foundation. These dollars will help advance our work through programs like Kids Eat Right.

Following is some additional information from her obit:

Martha was the daughter of Elizabeth Gordon Keith and Edgar Keith, of Birmingham, Alabama. Martha graduated with a B. S. from Auburn University and completed a dietetic internship at Vanderbilt University. She served her country in WWII as a dietician for the troops in the European Theater. She returned home in 1945 to marry her beloved husband, Dr. John Robert Snavelly, whom she'd met overseas. They lived in New Orleans while Bob taught at Tulane University. Bob and Martha relocated to Jackson when he was asked to participate in establishing a medical school at the University of Mississippi.

Martha was a proud, energetic woman, always ready to take on a challenge, tell a story or offer a smile. Bob passed away too young, in 1964. Martha returned to her roots as a dietitian for the American Heart Association, for whom she had been an active volunteer since 1955. She served on their Board of Directors beginning in 1965. Martha was given an American Heart Association award for distinguished service in advancing their heart program. She was also active with the American Dietetic Association, the American Cancer Society, the Kidney Foundation and other health related groups.

Martha enjoyed many leisure activities, especially golf. She was a member of the Colonial Ladies' Golf Association, the Jackson Ladies' Golf Association, the Senior Women's Golf Association and the Mississippi Women's Golf Association. She held offices, ran tournaments and enthusiastically competed in all. Her interest in music and the arts, including fabric design, brought her joy. She was dearly loved by her family and spent annual vacations with her brother and his family until she was no longer able to travel.

Martha was predeceased by her parents, her husband and a niece, Mary Keith Schwartz. She is survived by her brother, Edward Gordon Keith, niece Joann Keith Jaffey, nephew, Edward Gordon Keith, jr. (Joan), great niece, Cindy Van Geer, (Erik), and three great nephews, David Schwartz, (Alison), Michael Schwartz and Craig Jaffey. She is also survived by many treasured good friends, especially Iola Thomas, Eddie Mural Clerk, A. B. Stewart and John Gibson, whose kindness and support allowed her to live in her own home until her death.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

<image001.png>

1440. RE: Presentations

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Christian Krapp <ckrapp@eatright.org>
Sent Date: Mar 17, 2014 17:36:31
Subject: RE: Presentations
Attachment:

Donna,

I will put something together. I will have it later this week.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Monday, March 17, 2014 3:17 PM
To: Paul Mifsud
Cc: Christian Krapp
Subject: Re: Presentations

Paul, It looks like Christian did an outstanding job of making some much needed changes. (Just kidding, but thanks for making the changes Christian!). I think both presentations look fine. I know you are glad to hear that! Are you going to do write the script for the HOD audio or do you want me to? I am scheduled to record the presentation on April 3rd.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/13/2014 5:47 PM >>>

Donna,

I had Christian review the documents and he has to find something J. He is nothing but trouble. So, I made the adjustments. Most are just verbiage. So, if you haven't already reviewed the previous ones, use these instead.

Paul

1441. FAC Dinner

From: Linda Serwat <LSerwat@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, easaden@aol.com <easaden@aol.com>, Kathy McClusky <kmcclusky@iammorrison.com>, peark02@outlook.com <peark02@outlook.com>, Milton Stokes (mstokes@usj.edu) <mstokes@usj.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, Sonja Connor (connors@ohsu.edu) <connors@ohsu.edu>
Sent Date: Mar 17, 2014 14:25:00
Subject: FAC Dinner
Attachment: [image001.png](#)

Good Afternoon Everyone,

Paul would like to know if anyone is interested in having a group dinner on Wednesday evening, April 30th.

Please let me know at your earliest convenience. If so, Paul will pick a restaurant and we will also take care of the reservations.

Thanks,

Linda

Linda Serwat

Linda Serwat

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4731

Fax: 312-899-5333

Email: lserwat@eatright.org

Website: www.eatright.org

1442. Get the Latest Edition!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 17, 2014 12:59:51
Subject: Get the Latest Edition!
Attachment:

Get the Latest Edition!

Having trouble viewing this e-mail? [View it in your browser.](#)

New! Celiac Disease Nutrition Guide, 3rd Edition

Now in its third edition, the Celiac Disease Nutrition Guide provides new FDA gluten-free labeling rule information. This is the essential guide for people diagnosed with celiac disease, dermatitis herpetiformis, or non-celiac gluten sensitivity. It outlines how to follow a gluten-free diet, identify food products and medications that might contain gluten, shop for gluten-free products, and more.

[Learn More or Order!](#)

Share this mailing with your social network:

You are receiving this email because you are a past purchaser of a previous edition or similar product.

If you prefer not to receive future product emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1443. Misc

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 17, 2014 11:57:37
Subject: Misc
Attachment:

Donna,

Let me know if you want to talk before the ANDF board meeting.

Paul

1444. Development Committee Meeting Follow-up

From: Beth Labrador <BLabrador@eatright.org>
To: 'robert murray' <MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'TJRaymond@aol.com'
<TJRaymond@aol.com>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Mar 14, 2014 17:42:55
Subject: Development Committee Meeting Follow-up
Attachment: [image001.png](#)
[Development Committee Meeting Next Steps.docx](#)
[Development Committee Meeting Notes.docx](#)

Hi. Happy (almost) spring! I have attached the notes and the next steps from our Development Committee Meeting last month. Thank you so much for making the trip to Chicago. Donna, we really missed you and look forward to your participation during our upcoming call! I have incorporated the notes that Bob took during the meeting as well notes from a follow-up discussion with Donna. Teri will be presenting a report on this committee's activities during the Board call next week. We would like to schedule a call with this Committee to talk about next steps, specifically taking a closer look at donor trends, reviewing a more condensed list of a lapse donors and identifying "hooks" for the groups indentified as the lowest hanging fruit. I will send some potential dates for our call next week to check everyone's availability. In the meantime, please do not hesitate to contact me with any questions.

Thank you again for your willingness to serve on this committee.

Have a great weekend.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

1445. RE: Recording of Treasurer's Update to the HOD

From: Cecily Byrne <cbyrne@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 14, 2014 14:29:30
Subject: RE: Recording of Treasurer's Update to the HOD
Attachment: [image001.png](#)

Perfect. I am including the webinar link and conference call information below that you will need to access the webinar. Please let me know if you have any further questions or concerns. I look forward to speaking with you on April 3.

Topic: Recording with Donna Martin

Date: Thursday, April 3, 2014

Time: 11:00 am, Central Daylight Time (Chicago, GMT-05:00)

Meeting Number: 747 545 538

Meeting Password: spring

To start or join the online meeting

Go to
<https://eatright.webex.com/eatright/j.php?MTID=ma394aa334139f0661a0f1e76f8c1952e>

Teleconference information

Call-in toll-free number: 1-866-477-4564 (US)

Leader PIN: 4855

Conference Code: 958 218 2301

Have a great weekend!

Cecily

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Friday, March 14, 2014 11:56 AM

To: Cecily Byrne

Subject: RE: Recording of Treasurer's Update to the HOD

That works for me. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Cecily Byrne <cbyrne@eatright.org> 3/14/2014 12:49 PM >>>

Hi Donna,

Can we plan to record the webinar at 12 ET/ 11 CT? It will only take us 15-20 minutes. Paul has been working on the PowerPoint slides and is limiting the presentation to around 10 minutes.

Please confirm that this time works for you.

Thanks,

Cecily

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Friday, March 14, 2014 11:25 AM
To: Cecily Byrne
Subject: Re: Recording of Treasurer's Update to the HOD

Cecily, April 3rd is the only date that works for me. I will be in a meeting from 9-11 am est and available after that.

Let me know the details. Thanks

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

!

>>>Cecily Byrne <cbyrne@eatright.org> 3/13/2014 2:57 PM >>>
Hello Donna,

As you already know, the Treasurer of the Academy provides an update to the House of Delegates for the Fall and Spring HOD Meetings. The Spring HOD Meeting is a virtual meeting, hence, I am recording updates to the HOD via webinars from the Academy President, Foundation Chair, and Treasurer. Paul has been busy working on your PowerPoint presentation, but I wanted

to contact you to see if you would be available on March 25 (after 2 pm CT), April 1 (between 9:30 and 3:30 pm CT) or April 3 (after 12:00 pm CT) to meet with me to record your 10 minute webinar via WebEx and teleconference.

Please let me know your availability. If these days/ times don't work, please let me know what does work. Once we confirm a day and time, I will send you the link to WebEx and conference call information you will need to record the webinar. I look forward to hearing from you soon.

Best regards,
Cecily

Cecily Byrne, MS RDN LDN
Senior Manager, House of Delegates Governance
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4819
cbyrne@eatright.org
www.eatright.org

1446. RE: Recording of Treasurer's Update to the HOD

From: Cecily Byrne <cbyrne@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Paul Mifsud <PMifsud@eatright.org>
Sent Date: Mar 14, 2014 12:49:23
Subject: RE: Recording of Treasurer's Update to the HOD
Attachment: [image001.png](#)

Hi Donna,

Can we plan to record the webinar at 12 ET/ 11 CT? It will only take us 15-20 minutes. Paul has been working on the PowerPoint slides and is limiting the presentation to around 10 minutes.

Please confirm that this time works for you.

Thanks,

Cecily

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Friday, March 14, 2014 11:25 AM
To: Cecily Byrne
Subject: Re: Recording of Treasurer's Update to the HOD

Cecily, April 3rd is the only date that works for me. I will be in a meeting from 9-11 am est and available after that.

Let me know the details. Thanks

Donna S. Martin, EdS, RDN, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

!

>>>Cecily Byrne <cbyrne@eatright.org> 3/13/2014 2:57 PM >>>

Hello Donna,

As you already know, the Treasurer of the Academy provides an update to the House of Delegates for the Fall and Spring HOD Meetings. The Spring HOD Meeting is a virtual meeting, hence, I am recording updates to the HOD via webinars from the Academy President, Foundation Chair, and Treasurer. Paul has been busy working on your PowerPoint presentation, but I wanted to contact you to see if you would be available on March 25 (after 2 pm CT), April 1 (between 9:30 and 3:30 pm CT) or April 3 (after 12:00 pm CT) to meet with me to record your 10 minute webinar via WebEx and teleconference.

Please let me know your availability. If these days/ times don't work, please let me know what does work. Once we confirm a day and time, I will send you the link to WebEx and conference call information you will need to record the webinar. I look forward to hearing from you soon.

Best regards,
Cecily

Cecily Byrne, MS RDN LDN
Senior Manager, House of Delegates Governance
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4819
cbyrne@eatright.org
www.eatright.org

1447. Nominating Committee Evaluation Workgroup Draft Report

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Mar 13, 2014 21:16:07
Subject: Nominating Committee Evaluation Workgroup Draft Report
Attachment: [image001.jpg](#)
[Nominating Committee Evaluation Workgroup Report \(Draft\).doc](#)
[Attachment A Qualifications and Skill Sets Revisionsdoc.doc](#)

Attached for your review and input is the draft Nominating Committee Evaluation Workgroup report to be presented to the Board at its March 28 meeting for consideration.

Please reply with your edits and comments by Monday, March 17.

Thank you for all your work!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

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1448. Presentations

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Christian Krapp <ckrapp@eatright.org>
Sent Date: Mar 13, 2014 17:47:07
Subject: Presentations
Attachment: [board march 2014.pptx](#)
[hod 2014 spring 3.pptx](#)

Donna,

I had Christian review the documents and he has to find something J. He is nothing but trouble. So, I made the adjustments. Most are just verbiage. So, if you haven't already reviewed the previous ones, use these instead.

Paul

1449. Recording of Treasurer's Update to the HOD

From: Cecily Byrne <cbyrne@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Paul Mifsud <PMifsud@eatright.org>
Sent Date: Mar 13, 2014 14:57:34
Subject: Recording of Treasurer's Update to the HOD
Attachment: [image001.png](#)

Hello Donna,

As you already know, the Treasurer of the Academy provides an update to the House of Delegates for the Fall and Spring HOD Meetings. The Spring HOD Meeting is a virtual meeting, hence, I am recording updates to the HOD via webinars from the Academy President, Foundation Chair, and Treasurer. Paul has been busy working on your PowerPoint presentation, but I wanted to contact you to see if you would be available on March 25 (after 2 pm CT), April 1 (between 9:30 and 3:30 pm CT) or April 3 (after 12:00 pm CT) to meet with me to record your 10 minute webinar via WebEx and teleconference.

Please let me know your availability. If these days/ times don't work, please let me know what does work. Once we confirm a day and time, I will send you the link to WebEx and conference call information you will need to record the webinar. I look forward to hearing from you soon.

Best regards,
Cecily

Cecily Byrne, MS RDN LDN
Senior Manager, House of Delegates Governance
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120 S. Riverside Plaza, Suite 2000
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cbyrne@eatright.org
www.eatright.org

1450. Operational Cash

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Mar 13, 2014 14:37:58
Subject: Operational Cash
Attachment:

All,

As I mentioned on our Finance and Audit Committee call in February, I will need to move \$500,000 from our reserves into operational cash. It is necessary in order to meet our cash needs. I know that it can be “unsettling” to get an email saying we need more cash. However, as I mentioned at our meeting, we created an operational budget that had a deficit of roughly \$2.2M after our original budget and subsequently approved adjustments. If you look at this from a very simple perspective, this is telling me we will need \$2.2M from reserves to operate the business. Now, I understand that this isn’t entirely correct. In many situations, the expenses we show on a Profit and Loss Statement don’t always correlate to cash (depreciation is one). However, it will give you a reference point. Adding into the equation other capital investments and the amount may rise to \$2.5M. This \$500,000 will bring the total that we have shifted from reserves to \$2.5M. So, we are on target. Also, keep in mind that we forecasted reserves to be at \$17.7M at the end of the 2014 Fiscal Year. As you will see below, we are well above that number and should stay well above that number.

Keep in mind the need for cash is assisted by the timing of when we make expenditures. We are making payments for FNCE in Atlanta that won’t get reflected on our Profit and Loss statement until next October. Atlanta will be more expensive than Houston so our cash is impacted. There are situations that will have the same effect.

Finally, when we have revenue streams declining that are nearly all profit, that also will have an impact on our cash needs. As you see on our reports each month, Sponsorship revenue is down from last year. That reduction alone accounts for nearly \$500,000 less in cash.

All of this factors into our needs. That's the bad news. The good news is, even with the reduction of this \$500,000, the Academy will have approximately \$19,748,000 left in reserve based on February's month end numbers. This amounts to 79.8% of our current budget. Still in very good shape.

I hope this is the last one. However, I can't guarantee it will be. If we need another shift, it will come within the next three weeks and should be our last. I will keep you informed.

If you have any questions or concerns, feel free to give me a call. I can be reached at 800-877-1600, ext. 4730 or send me an e-mail.

Paul

1451. Home Food Safety FY14 Q3 Report

From: Joan Schwaba <JSchwaba@eatright.org>

To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>

Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Allison MacMunn <amacmunn@eatright.org>

Sent Date: Mar 13, 2014 13:53:11

Subject: Home Food Safety FY14 Q3 Report

Attachment: [image007.jpg](#)
[image008.png](#)
[image002.png](#)
[image004.png](#)
[image006.png](#)
[image001.png](#)
[HFS Media Report FY14 Q3 PART 1.pdf](#)
[HFS Media Report FY14 Q3 PART 2.pdf](#)
[HFS Media Report FY14 Q3 PART 3.pdf](#)
[HFS Media Report FY14 Q3 PART 4.pdf](#)
[Home Food Safety FY14Q3 report.pdf](#)

Correspondence from Mary Beth Whalen, Academy Vice President of External Affairs and Foundation Executive Director, follows.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

+++++

I thought you might be interested to hear some statistics from our highly successful Home Food Safety program that is in its 4th year of funding (after an initial 10-year run and brief hiatus) with support from industry sponsor ConAgra Foods. [Http://HomeFoodSafety.org](http://HomeFoodSafety.org) drew a record-breaking number of visitors and media impressions in the third quarter of FY2014 --360.9 million media impressions. You can read all the media and traffic reports as you like, they are attached. The Academy is doing its part to promote Home Food Safety and the RDNs role as the authority! Congratulations to the Strategic Communications Team of the Academy, especially Allison MacMunn for such terrific numbers.

Mary Beth Whalen

VP External Affairs

Academy of Nutrition and Dietetics

Executive Director

Academy Foundation

120 South Riverside Plaza, Suite 2000

Chicago, IL. 60606-6995

mwhalen@eatright.org

www.eatright.org

From: Allison MacMunn

Sent: Friday, March 07, 2014 9:49 AM

To: 'Barbara Ivens (ConAgra Foods)'

Cc: Doris Acosta; Mary Beth Whalen

Subject: Home Food Safety FY14 Q3 Report

Media Impressions

We had a very good third quarter in FY14, with 360.9 million impressions, an all-time record for the Home Food Safety program's quarterly impressions. Please find attached the media report (PDF in 4 parts). But of course we also watch the overall program growth, which appears strong with an upward trend.

Media Impressions: Quarterly Comparative Analysis

Web Traffic

We have also worked very hard to improve our website and search engine optimization, and add new and valuable content to the site. We have seen a steady increase in web traffic for www.HomeFoodSafety.org, and in this quarter, we have an all-time record of web traffic for the site, with 85,745 visits. This is a 91.7% increase from the same quarter last year (Q3 FY13).

Downloads

We are also finding a healthy increase in the amount of downloads, with 11,102 educational tip sheets downloaded in FY14 Q3.

Videos

Home Food Safety videos are shared in 3,700 doctor offices and waiting rooms across the country, reaching an estimated 7.6 million monthly viewers, or 22.8 million viewers per quarter, per video. While the online video views are a bit more difficult to estimate due to the nature of sharing through social media and embedding, we estimate approximately 5,939 views for the quarter, but the views are likely much larger.

Is My Food Safe? App

We see a steady downloads for the app, with over 27,000 downloads overall, with strong reviews and high ratings: 4.5/5 stars in iTunes and 4.14/5 in Android Market.

In other news!

Academy Spokesperson Toby Smithson is speaking tomorrow, March 8, to parents, families and caregivers about Home Food Safety at the upcoming American Academy of Pediatrics' Healthy Children Conference + Expo.

The Academy is also partnering with the Girls & Boys Club of Chicago, providing classes about nutrition, cooking and gardening. In conjunction with this effort, we have distributed Home Food Safety packets for the kids, including information on produce safety, safe lunches, educational games and more.

In addition, we were also invited by The Sackler Institute for Nutrition Science to speak about the Is My Food Safe? app at the Food Safety Considerations for Innovative Nutrition Solutions Conference taking place on November 6, 2014. Academy Spokesperson Marjorie Nolan Cohn will give the presentation "Mobile Application: Is My Food Safe?" as part of a session on Innovative Public Communication for Food Safety and Nutrition.

A full copy of this report is attached as "Home Food Safety FYQ3 report.pdf". Please let me know if you have any questions, and thank you for the support!

Allison

Allison MacMunn, MA

Public Relations Manager

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

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F: 312/899-4845

amacmunn@eatright.org

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1452. Daily News: Thursday, March 13, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 13, 2014 11:01:35
Subject: Daily News: Thursday, March 13, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

RDN Day Contest

Promoting RDNs Far and Wide, and in Times Square!

The winner of the second annual Registered Dietitian Nutritionist Day contest is Crystal Kwan, RD, of Pasadena, Calif.

<http://www.eatright.org/NNM/content.aspx?id=6442474444&terms=RDN>

Large waist linked to poor health, even among those in healthy body mass index ranges

<http://www.sciencedaily.com/releases/2014/03/140312114559.htm>

Source: *Mayo Clinic Proceedings*

[http://www.mayoclinicproceedings.org/article/S0025-6196\(13\)01040-9/abstract](http://www.mayoclinicproceedings.org/article/S0025-6196(13)01040-9/abstract)

Scientists Spot New Obesity Gene

Finding could also help efforts to find ways to treat diabetes

(Although the research showed an association between the gene and obesity, it did not prove a cause-and-effect link)

<http://consumer.healthday.com/health-technology-information-18/genetics-news-334/scientists-spot-new-obesity-gene-685688.html>

Whole-Genome Scans Not Quite Ready for Widespread Use: Study

Tests are promising but not yet reliable enough, experts say

<http://consumer.healthday.com/cancer-information-5/breast-cancer-news-94/whole-genome-testing-not-ready-for-widespread-use-685689.html>

Source: *JAMA*

<https://jama.jamanetwork.com/article.aspx?articleid=1840236>

Related Editorial

<https://jama.jamanetwork.com/article.aspx?articleid=1840218>

Related Resource: Position of the Academy of Nutrition and Dietetics: Nutritional Genomics

[http://www.andjrn.org/article/S2212-2672\(13\)01783-8/abstract](http://www.andjrn.org/article/S2212-2672(13)01783-8/abstract)

Claim that raw milk reduces lactose intolerance doesn't pass smell test, study finds

<http://www.sciencedaily.com/releases/2014/03/140310182831.htm>

Source: *Annals of Family Medicine*

<http://www.annfam.org/content/12/2/134>

Related Resource: FDA

<http://www.fda.gov/Food/ResourcesForYou/consumers/ucm079516.htm>

Checkout grocery data used to track eating habits to promote healthier diets

<http://www.medicalnewstoday.com/releases/273913.php>

Source: *Ann N Y Acad Sci*

<http://www.ncbi.nlm.nih.gov/pubmed/24528113>

Crumbs can be a cook's best friend

The more you know about them, the more you can make them work for you in the kitchen

[http://articles.chicagotribune.com/2014-03-08/features/sc-food-0307-crumbs-](http://articles.chicagotribune.com/2014-03-08/features/sc-food-0307-crumbs-20140308_1_maillard-reaction-acids-and-sugars-herbs)

[20140308_1_maillard-reaction-acids-and-sugars-herbs](http://articles.chicagotribune.com/2014-03-08/features/sc-food-0307-crumbs-20140308_1_maillard-reaction-acids-and-sugars-herbs)

From ancient wisdom to the new transparency: Trend spotting at Expo West

(The natural products market continues to grow and achieve scale, reaching \$150 billion last year and projected to hit \$226 billion by 2018 with 68% of that coming from food and beverage products, according to the Nutrition Business Journal)

<http://www.foodnavigator-usa.com/Markets/From-ancient-wisdom-to-the-new-transparency-Trend-spotting-at-Expo-West>

Glucosamine: No cure for knee pain or deterioration, study says

<http://www.chicagotribune.com/health/la-glucosamine-no-cure-for-knee-pain-cartilage-deterioration-20140310,0,146635.story>

MedlinePlus: Latest Health News

-Obese Girls Prone to Poorer Grades, Study Suggests

Researchers found weight at age 11 linked to academic success

-U.S. Could Face Shortage of Cancer Doctors

Gap projected to reach nearly 1,500 specialists in a decade, American Society of Clinical Oncology cautions

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported

clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Primary Care Community Partnerships to Prevent Diabetes (RAPID)

<http://www.clinicaltrials.gov/ct2/show/NCT00656682?term=dietitian&rank=4>

Registered Dietitians in the News

11 simple weight loss tips

(Dawn Jackson Blatner, RD quoted)

<http://www.cnn.com/2014/03/12/health/jessica-simpson-weight-loss/index.html?iref=allsearch>

Greek Yogurt Recipes

(Sheryl Lozicki, RD featured)

<http://archive.wzzm13.com/video/default.aspx?bctid=3330638619001&odyssey=mod|newswell|text|FRONTPAGE|featured>

Good Nutrition Starts at the Grocery Store

(Sharon Richter, RD quoted)

http://www.ny1.com/content/lifestyles/wellness_report/205150/good-nutrition-starts-at-the-grocery-store

Top Nutrition Questions Answered- RDN Day

(Jen Haugen, RD quoted)

<http://www.kaaltv.com/article/stories/S3357391.shtml?cat=10219>

All About You: Fast Food Replacements, Healthy Choices

(Michelle Dudash, RDN featured)

<http://www.thelistshow.tv/the-list/all-about-you-fast-food-replacements>

Gritman Medical Center tips for eating nutritious meals on a budget

(Mary Skoglund, RD featured)

<http://www.klewtv.com/news/local/Nutrition-Month-249855231.html>

Lose weight without dieting: Empty your pockets, shed some layers

(Lisa Lovejoy, RD quoted)

<http://www.thestate.com/2014/03/13/3323048/lose-weight-without-dieting-empty.html>

Education, the best protection against obesity and related diseases

(By Timi Gustafson, RD)

<http://www.kentreporter.com/lifestyle/249937021.html>

Bring nutrition back into the kitchen

(Crystal MacGregor, Dietitian/Canada quoted)

<http://lloydminstersource.com/News/tabid/68/entryid/4157/Default.aspx>

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<http://www.eatright.org/positions/>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-27104-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1453. Foundation BOD WebEx/Conference Call

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'connors@ohsu.edu' <connors@ohsu.edu>, 'craytef@charter.net' <craytef@charter.net>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Linda Serwat <LSerwat@eatright.org>, 'eddy@bcm.tmc.edu' <eddy@bcm.tmc.edu>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Mar 13, 2014 10:19:25
Subject: Foundation BOD WebEx/Conference Call
Attachment: [image001.png](#)
[00.00 BOD 03-18-14.pdf](#)

Dear Foundation BOD Members,

The WebEx/Conference Call information follows.

Date: Tuesday, March 18, 2014

Time: 10:00 am, Central Time

Attached is a PDF document with **ALL** the files (called 0.0 BOD 03-18-14.pdf).

Also, the agenda and corresponding attachments are now available on the Academy's on-line portal for your review.

To download the attachments, go to <https://eal.webauthor.com>

1. Select the "Committee Central" section, found on the left menu bar under "Tools."
2. Select the "Foundation BOD" committee

3. Go to Library section "+" to expand the "Foundation Documents" folder
4. Expand + the "2014 March" folder
5. Select the "2014 March" folder
6. To download all the files at once, select "Download" found on the top menu bar.

Day of Call

- Step 1: Log into webinar via personalized link provided below

Join online:

<https://eatright.webex.com/eatright/j.php?MTID=m15d5f72b079f438c28a2cf73ad458d3f>

- Step 2: Follow the audio prompts to use the "**CALL ME**" feature to have the WebEx system dial you into the audio portion of the training. This will sync your computer and audio together accordingly.

Do not dial into the meeting directly if connecting to WebEx as well unless you do not have a direct dial phone number. By using the Call Me feature, the system will sync your web and audio connections together under your attendee name in WebEx.

Teleconference information

Note: For those individuals unable to participate in the web portion of the meeting, you can dial into the meeting as follows:

Call-in toll-free number: 1-866-477-4564 (US)

Conference Code: 537 767 1744

For assistance

1. Go to <https://eatright.webex.com/eatright/mc>
2. On the left navigation bar, click "Support".

If you have any questions or trouble accessing the materials, please contact me.

Thanks!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

1454. RE: Presentations

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 13, 2014 09:42:07
Subject: RE: Presentations
Attachment:

Donna,

Not a problem. I just wanted to make sure. Take your time. Has anyone from the HOD team reached out to you to schedule your recording?

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, March 13, 2014 8:41 AM
To: Paul Mifsud
Subject: Re: Presentations

Paul, I have received them and have been so super busy I have not been able to look at them. I will be able to do that tomorrow morning. Sorry for the delay!!!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/13/2014 9:39 AM >>>

Donna,

Just want to make sure you received my e-mails from the last couple of days. The e-mail system was having issues.

Let me know.

Paul

1455. Presentations

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 13, 2014 09:40:00
Subject: Presentations
Attachment:

Donna,

Just want to make sure you received my e-mails from the last couple of days. The e-mail system was having issues.

Let me know.

Paul

1456. Public Member Survey Results

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Sent Date: Mar 13, 2014 09:33:11
Subject: Public Member Survey Results
Attachment: [image001.jpg](#)

Thank you for participating in the Public Member survey. Based on the responses received, the candidate rankings are listed below. The top three candidates will be contacted in priority order by Sonja, as president-elect, inviting them to serve.

1. Don Bradley, MD, MHS-CL
2. Karen Ignagni
3. Richard Carmona, MD, MPH, FACS
4. Thomas Valuck, MD, JD
5. Rich McKeown
6. Stephen Rohleder
7. Bruce Bagley, MD, FAAFP

If you have any questions, please contact me.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1457. Eat Right Weekly - March 12, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 12, 2014 16:19:46
Subject: Eat Right Weekly - March 12, 2014
Attachment:

Eat Right Weekly
March 12, 2014

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[On the Pulse of Public Policy](#)

[PPW Video Challenge Winners](#)

Congratulations to the winners of the Academy's 2014 Public Policy Workshop Video Challenge. Christine Scott, MS, won for her video that answered the question: "Why is nutrition policy important?" Nancy Becker, MS, RD, LD, FAND, won for her video that answered: "Why is supporting ANDPAC important to the dietetics profession?"

[Learn More >>](#)

[Academy Urges FDA to Effectively Ban Trans Fats in Food](#)

In support of the Food and Drug Administration's tentative rule, the Academy has urged that partially hydrogenated oils, the primary source of industrially produced trans fatty acids, should no longer be "generally recognized as safe" (GRAS) for human consumption.

[Learn More >>](#)

[Academy Calls for No Gaps in Care for Patients with HIV](#)

In recent comments to the Health Resources and Services Administration, the Academy recommends that implementation of the Affordable Care Act should not create gaps in HIV-related

services, including nutrition services, for people with insufficient health care coverage.

[Learn More >>](#)

Exemplary WIC Breast-Feeding Practices Should Be Recognized, Promoted: Academy Comments

State and local WIC agencies should be recognized for their work to promote breast-feeding among WIC participants, according to Academy comments submitted to the U.S. Department of Agriculture's Food and Nutrition Service, suggesting additional criteria to honor state and local agencies for exemplary practices that promote breast-feeding. The additional criteria enable useful data collection for comparing the efficacy of various program components and determining criteria that impact success.

[Learn More >>](#)

USDA Looks Ahead: Budgeting for Nutrition Programs in 2015

The U.S. Department of Agriculture recently held meetings to discuss funding for its nutrition programs, many of which are part of the Farm Bill. USDA has requested, as part of the larger president's Fiscal Year 2015 budget, to fully fund nutrition programs such as SNAP, SNAP-Ed, WIC, Senior Farmers Markets and others. Academy staff participated in the meetings and look forward to continuing to partner with USDA.

[Learn More >>](#)

Impact of Health IT on Nutrition

Work is underway to make sure that electronic nutrition data "follows the patient" from facility to facility, ensuring optimal care. During a session at the recent Healthcare Information and Management Systems Society Annual Conference & Exhibition, Academy member Elaine Ayres, MS, RD, discussed an electronic nutrition section placeholder that would allow nutrition care plans to be sent to any care setting.

[Learn More >>](#)

Hospital Claims for Malnutrition under Scrutiny

In its work plan for 2014, the U.S. Department of Health and Human Services' Office of the Inspector General announced a new project that will review hospital claims that include a diagnosis for kwashiorkor (ICD-9 260). Kwashiorkor is a form of severe protein malnutrition that generally affects children living in tropical and subtropical parts of the world during periods of famine or insufficient food supply. Typically it is not found in the United States. These claims are coming under scrutiny since a diagnosis of kwashiorkor on a claim substantially increases the hospitals' reimbursement from Medicare, and cases have come forward where this diagnosis was incorrectly reported for adult patients.

[Learn More >>](#)
CPE Corner

March 13 Webinar: "Reimbursement: New Game, New Rules"

Health care delivery and payment systems are changing, requiring changes in the registered dietitian nutritionist's approach to advocating for the recognition of nutrition services. In a March 13 webinar, learn about new opportunities to get paid for your services in both the public and private market, and Academy resources that are key to your success.

[Learn More >>](#)

April 22 Webinar: "Addressing Patient Malnutrition to Improve Outcomes and Reduce Hospital Costs"

Malnutrition is common in the hospital setting and can adversely affect clinical outcomes and costs, but it is often overlooked. An April 22 webinar will feature a steering committee member of the Alliance to Advance Patient Nutrition, a partnership of three leading health care organizations including the Academy. The presenter will discuss the growing body of research on hospital malnutrition and the critical role the registered dietitian nutritionist plays in driving interdisciplinary collaboration among the health care team to identify and treat patient malnutrition.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

March 24 Webinar: "Making an Impact with Food Insecure Populations"

Gain a real understanding of families facing food insecurity and the many obstacles they encounter every day; learn how to make nutrition messages fit their needs; and access new resources for successfully helping food insecure families adopt healthy lifestyles in a free March 24 webinar.

[Learn More >>](#)

March 26 Webinar: "GENIE: Your Nutrition Education Wishes Have Been Granted!"

The newly released Guide for Effective Nutrition Interventions and Education (GENIE) is an easy-to-use resource for program planners and program evaluators developed by the Academy and the Foundation. A free March 26 webinar will show practitioners how GENIE can help plan effective, sustainable nutrition education programs that positively affect their patients, clients and communities.

[Learn More >>](#)

March Book of the Month

Save 10 percent during March on *Making Nutrition Your Business: Private Practice and Beyond*. This is an essential resource for any dietetics professional considering a switch to private practice, consulting, writing or speaking. This book discusses what it takes to go solo; how to structure your business; money management essentials; marketing ideas that will get you noticed; and more.

[Learn More >>](#)

April 2 Deadline: Diversity Promotion Grant Will Award \$10,000

The Diversity Promotion Grant, administered by the Academy's Diversity Committee, awards \$10,000 to an accredited dietetics program, Academy affiliate, dietetic practice group or member interest group that develops a program focused on recruitment or retention of underrepresented groups in the profession. The grant is awarded in June and the project can be conducted in a two-year timeframe. The application deadline is April 2.

[Learn More >>](#)

Standards of Professional Performance in Sustainable, Resilient, Healthy Food and Water Systems

The Academy's Quality Management Committee, with the Hunger and Environmental Nutrition dietetic practice group, has developed a resource for registered dietitian nutritionists who work in sustainable, resilient and healthy food and water systems. The document assesses current skill levels in this emerging area and covers six standards of professional performance outlining quality indicators and practice outcomes.

[Learn More >>](#)

Academy Member Updates

RDN Day and Contest Winner Spotlited in Times Square

In celebration of Registered Dietitian Nutritionist Day and the 2014 National Nutrition Month theme "Enjoy the Taste of Eating Right," members shared their most meaningful experiences in providing health and nutrition services as an RDN. For the second annual Registered Dietitian Nutritionist Day contest, members were asked: "How do you help clients enjoy the taste of eating right?" More than 200 members sent thoughtful and inspirational testimonials. The winner of the 2014 contest is Crystal Kwan, MPH, RDN.

[Learn More >>](#)

Videos Spice Up National Nutrition Month

Enjoying the taste of eating right doesn't need to be complicated. To help consumers learn easy ways to make flavorful foods part of their nutritious eating plan, the Academy has added two new videos to its online consumer series.

[Learn More >>](#)

Be Social during National Nutrition Month

Social media is a great place to get involved during National Nutrition Month, in March and beyond. When you post, comment, tweet or share, be sure to use the official hashtag #NNM.

[Learn More >>](#)

Videos Honor Academy's Nutrition Heroes

The Academy has selected four registered dietitian nutritionists to be part of a new video campaign, *Showcasing our Nutrition Heroes*. The campaign highlights the many ways RDNs positively affect the lives of their patients and clients. The videos were produced in connection with Registered Dietitian Nutritionist Day on March 12.

[Learn More >>](#)

Celebrate National Nutrition Month by Preparing Flavorful Food Safely

For National Nutrition Month, the Academy's and ConAgra Foods' award-winning Home Food Safety program shares information on preparing safe and flavorful foods with nutrition, flavor and safety in mind.

[Learn More >>](#)

On a Billboard Near You: Kids Eat Right

More than 60 electronic billboards across the United States are featuring the messages of Kids Eat Right, the joint initiative of the Academy and the Foundation. The billboards have a projected viewing audience of more than 4.6 million impressions.

[Learn More >>](#)

March 14 Deadline: Do You Know an Exceptional Food Science Leader?

The Academy and the Institute of Food Technologists have announced the new Trailblazer Award. Jointly bestowed by the Academy and IFT, the Trailblazer Award recognizes exceptional leaders who have advanced science at the intersection of nutrition, dietetics and food science for at least five years. The inaugural Trailblazer Award will be presented in June at the IFT Annual Meeting & Food Expo. The deadline for nominations is March 14.

[Learn More >>](#)

Member Honored with Advanced-Education Fellowship

Academy member Ashley Colpaart, MS, RD, chair of the Hunger and Environmental Nutrition dietetic practice group, received the 2014 E. Neige Todhunter Memorial Doctoral Fellowship. Dr. Todhunter was an exceptional teacher, researcher and mentor who influenced the careers of many students. She was a distinguished leader in the Academy, serving in many capacities including president. Her commitment to the advanced education of registered dietitian nutritionists, as seen by her creation of the fellowship that bears her name, is a model for the dietetics profession.

Magazine Names Members Restaurant Industry Rising Stars

Two Academy members were among the "40 Under 40 Rising Stars" named by *FSR* magazine, which covers the full-service restaurant industry: Cheryl Dolven, MS, RD; and Kristy Del Coro, RD.

[Learn More >>](#)

Member Receives Parenting Media Award

"Good Sense Eating," a regular column in *Chicago Parent* magazine by Academy member Christine Palumbo, MBA, RD, FAND, recently received a Bronze Award in the annual Parenting Media Association's 2013 Editorial and Design Competition.

[Learn More >>](#)

Philanthropy, Awards and Grants

March 14 Deadline: \$1 Million in General Mills Champions for Healthy Kids Partnership Grants

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthful eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000.

[Learn More >>](#)

Kids Eat Right Members Will Attend PPW

Lauri Wright, PhD, RD, LD, and Allison Childress, MS, RDN, CSSD, LD, Kids Eat Right campaign members who are active in public policy, were selected to receive trips to attend the Academy's 2014 Public Policy Workshop to enhance their advocacy skills at the local and state levels.

[Learn More >>](#)

Kids Eat Right Hunger Mini-Grant Recipients

Congratulations to 25 Kids Eat Right campaign members who were selected to receive a Kids Eat Right Hunger in Our Community Mini-Grant. Each winner will receive \$200 to lead two presentations from the Hunger in Our Community: What We Can Do toolkit in their communities through May 2.

[Learn More >>](#)

Looking for Healthful, Low-Cost Recipes?

Visit the new Healthy Food Bank Hub to find recipes and resources for eating well on a budget. The Healthy Food Bank Hub, a collaboration of Feeding America, member food banks, the National Dairy Council and the Academy Foundation, is a platform for the growing conversation between public health and hunger-relief professionals on the issues of food insecurity, improved nutrition and helping to reduce the risk of diet-related diseases. The website contains more than 50 tools, resources and healthful recipes.

[Learn More >>](#)

April 1 Deadline: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance advanced-practice residency programs that meet ACEND's guidelines. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply. Funds may be used for startup costs, program materials, staffing, salary deferment, promotion and advertising and student fees. Preapproval by ACEND is required to be eligible for funding. The application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Foundation Research Grant

The Foundation's named research funds are available annually to Academy members at all levels of practice. These grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline for research grants is April 1.

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The deadline to apply for this award has been extended to May 1.

[Learn More >>](#)

Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

Make a Tribute Gift during National Nutrition Month

Honor a mentor while making a gift to your Foundation. This is a great way to recognize the special people who make a difference in your life while making an important investment in the future of the dietetics profession. Your friend, colleague or loved one's family will be notified of your thoughtfulness through a personalized acknowledgement card. To donate to the Tribute Gift Program, contact Martha Ontiveros at 312/899-4773 or montiveros@eatright.org.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

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1458. RE: March Board Meeting Agenda and PPW

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Sonja Connor' <connors@ohsu.edu>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Mar 12, 2014 15:26:08
Subject: RE: March Board Meeting Agenda and PPW
Attachment: [image004.jpg](#)
[image003.jpg](#)

Thanks Sonja.

Yes, the CEO evaluation will be discussed in Executive Session. I also plan to discuss some restructure changes.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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From: Sonja Connor [mailto:connors@ohsu.edu]

Sent: Wednesday, March 12, 2014 10:02 AM

To: Joan Schwaba; 'Glenna McCollum'; 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandrafgill@comcast.net'

Cc: Executive Team Mailbox; Chris Reidy; Mary Ann Taccona; Alison Steiber; Susan Burns; Doris Acosta

Subject: RE: March Board Meeting Agenda and PPW

Hi Joan,

The agenda looks good. I am assuming the CEO evaluation is being talked about in the Executive Session; otherwise it is missing from the agenda. The 9:30 and 9:45 times on the first day are reversed.

Have a great day!

Sonja

From: Joan Schwaba [mailto:JSchwaba@eatright.org]

Sent: Tuesday, March 11, 2014 3:22 PM

To: 'Glenna McCollum'; 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandrafgill@comcast.net'

Cc: Executive Team Mailbox; Chris Reidy; Mary Ann Taccona; Alison Steiber; Susan Burns;

Doris Acosta

Subject: March Board Meeting Agenda and PPW

Attached for your review and input is the draft agenda for the March 28-29 Board meeting. We welcome your feedback. The agenda and materials for the March Board meeting will be posted to the Board of Directors communications platform on Monday, March 17. A paper packet will be mailed for arrival on Thursday, March 20 to all of you who requested one.

Just a reminder, you are approved to make your travel arrangements for the March meetings. For air travel, the closest airport to the hotel is Ronald Reagan Washington National Airport (DCA). To book your travel online, click on the following link: <https://adatvl.axo20.com/> and enter 103-2430 into the Approval Code box in the Reporting Information section. Hotel reservations at the Marriott Crystal Gateway, 1700 Jefferson Davis Highway, Arlington, VA will be made for your arrival on March 27 and departure on March 29 for the Board meeting and for those staying for PPW for departure on April 1. Your hotel room will be master billed. If you haven't done so already, please let me know your travel plans to reserve your room nights.

On Saturday, March 29 those Board members who are attending PPW are invited to the PPW Boot Camp from 4 – 7 pm followed by dinner at 7:30 pm with the ANDPAC and LPPC committee members at the hotel. Please let me know if you will attend this event and/or the dinner. ANDPAC will host a film festival on Sunday, March 30 and its annual Signature Event on Monday, March 31. Tickets are \$10 for the film event and \$125 for the Signature Event and can be purchased when you register for PPW. To register for the workshop, please click here to login using your Academy username and password; enter **2014PPW** in the source code box and check Academy BOD under Event Fees for complimentary registration.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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Phone: 312-899-4798

Fax number: 312-899-4765

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1459. Happy RDN Day!

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Mar 12, 2014 12:13:34
Subject: Happy RDN Day!
Attachment: [image003.jpg](#)

Happy Registered Dietitian Nutritionist Day! Today marks the 9th annual day when we acknowledge and celebrate the dedication of RDNs to improving the health of their patients and our nation. This is the first year we are commemorating today as RDN Day.

The Academy has sent a video greeting to all members for RDN Day. I know you join me in thanking “our food and nutrition heroes” for all they do to optimize health and nutrition.

We are celebrating RDNs far and wide, today and throughout National Nutrition Month. In New York City’s Times Square, an electronic banner spotlighted RDN Day, National Nutrition Month, the Academy and the winner of our second annual RDN Day Contest, Academy member Crystal Kwan, MPH, RDN, of Pasadena, Calif.

Crystal was selected from among more than 200 thoughtful and inspirational testimonials from members who answered the question: “How do you help clients enjoy the taste of eating right?”

You can see a photo of Crystal and read her winning submission on the Academy's website page devoted to RDN Day. She will be spotlighted in this week's issue of the Academy's all-member newsletter *Eat Right Weekly*.

There is more to tell you about National Nutrition Month! We have created a Nutrition Heroes Showcase with new videos that promote the great work of registered dietitian nutritionists across the country. Click [here](#) to view the great public service announcements featuring RDNs. Members are being encouraged to share these videos on their blogs and websites, and on social media throughout National Nutrition Month and beyond.

And we are working with NASDAQ on participating in the exchange's trading day during National Nutrition Month. I will keep you posted as we hear more about this potential opportunity to further tell the world about RDNs, the Academy.

Please join me in wishing every RDN you know a happy 2014 Registered Dietitian Nutritionist Day!

Pat

Patricia M. Babjak

Chief Executive Officer

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1460. Board financial package

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 12, 2014 12:12:33
Subject: Board financial package
Attachment: [board march 2014.pptx](#)

Donna,

Here is the first draft of the Board financial update that you will present on March 28th. As is my "M.O.", I will provide the draft and continue to refine it over the next couple of days. Some of the information is similar to the HOD presentation. Naturally, I would expand this one and change the "take-aways".

Let me know if you find any errors (I know there must be a couple J). Also, let me know what you think it is missing. I will look towards the tax returns, which will be provided to the Board as well in the consent agenda.

Paul

1461. Wishing you a Happy Registered Dietitian Nutritionist Day!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Mar 12, 2014 07:26:43
Subject: Wishing you a Happy Registered Dietitian Nutritionist Day!
Attachment:

Wishing you a Happy Registered Dietitian Nutritionist Day!
Having trouble viewing this e-mail? View it in your browser.

Connect with Us:

[Click here to view a special video greeting.](#)

This email was sent to you from the Academy of Nutrition and Dietetics.
If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1462. March Board Meeting Agenda and PPW

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Mar 11, 2014 18:21:57
Subject: March Board Meeting Agenda and PPW
Attachment: [image001.jpg](#)
[Att 2.0 March 2014 Board AgendaDRAFT.docx](#)

Attached for your review and input is the draft agenda for the March 28-29 Board meeting. We welcome your feedback. The agenda and materials for the March Board meeting will be posted to the Board of Directors communications platform on Monday, March 17. A paper packet will be mailed for arrival on Thursday, March 20 to all of you who requested one.

Just a reminder, you are approved to make your travel arrangements for the March meetings. For air travel, the closest airport to the hotel is Ronald Reagan Washington National Airport (DCA). To book your travel online, click on the following link: <https://adatvl.axo20.com/> and enter 103-2430 into the Approval Code box in the Reporting Information section. Hotel reservations at the Marriott Crystal Gateway, 1700 Jefferson Davis Highway, Arlington, VA will be made for your arrival on March 27 and departure on March 29 for the Board meeting and for those staying for PPW for departure on April 1. Your hotel room will be master billed. If you haven't done so already, please let me know your travel plans to reserve your room nights.

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Joan

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1463. RE: Foundation Board financial package

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 11, 2014 14:11:11
Subject: RE: Foundation Board financial package
Attachment: [hod 2014 spring 3.pptx](#)

Donna,

I have made the adjustments you recommended. I made one small change in addition; I wrote the take-away box a little different on slide 8. I will continue to refine the information and start to build a narrative.

Let me know if I missed anything.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, March 06, 2014 2:03 PM
To: Paul Mifsud
Subject: Re: Foundation Board financial package

Paul, I knew you were out of the office, but since I had a minute to look at the slides I wanted to go ahead and get the information to you for next week. Enjoy your time off!!! You deserve it!!!!

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/6/2014 2:59 PM >>>

Donna,

I am not in the office today. I will make the changes and send it back to you.

Paul

Sent from my iPhone

On Mar 6, 2014, at 11:51 AM, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

Paul, I like the slides. The changes we need to make are the following:

Slide 5 - Change the notes to read FY 14 not FY 13.

Slide 6 - change wording to read graduated dues and add the word dues to the revenue sub titles under each graph please.

Slide 7 - I think the graph to the right has the wrong data labels on them. I think we need to stick to doing FY 2013 first and then FY 2014 second consistently on the slides if we can.

Slide 8 - Add the word the after 20% of.....

Slide 9 - Even up graphs some if you can

Slide 13 Keep columns consistent by showing 2013 then 2014

Slide 15 - I think one of the data labels should read 5/31/13 instead of 12/31/13.

When you get back we can talk about when to record this. I looked at last years info on the HOD website and it looked like only two people listened to the budget recording. Could that be right? Can we do this over the phone lines or can I record it here and have it sent to you? Call me when you get back next week. My schedule is pretty open. Hope you enjoyed seeing your son in Florida and I know you enjoyed the warm weather

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"USDA Healthier US School Challenge GOLD award recipient"

!

>>>Paul Mifsud <PMifsud@eatright.org> 3/5/2014 5:03 PM >>>

Donna,

Wow, great catches. Here is the revised copy. Yes, this should go out shortly. I believe Susie wants it out this week. As for the package change, well, let's just say one member felt the other information was not sufficient. He couldn't tell me why; couldn't give me any examples. So, I create this one about 18 months ago. Thankfully, it only gets done twice a year. I don't think we need more than 30 minutes on the agenda. I will ask Susie. I would stay with the Overview (pages 1a through 1d). It really is a good story.

Now, I have another one coming to you. It is the first draft of the spring HOD meeting. Yes, you will have to record this one. I need you to check your schedule and see when you might be available. They want it done between March 10th and March 21st. Naturally, the later the better J. It will give us time to refine the package.

I did not get into the "future". I looked at what is happening. It is better this way. Considering we don't know the future yet!? J. Run this like a presentation. I need to work on the takeaways and anywhere you think we need to refine the information. I never like the first draft. In any event, I did keep a few slides from the past. You will see those. There isn't any "special animation". Since this is recorded, I didn't put any in. If you would like something, let me know and I will see what I can do.

The one controversial area will be the Sponsorship revenue slide. I still need to talk to Pat about this one. That being said, I would rather address this up front since it is an important program for many members J.

So, I will be off the next two days. I am going to Orlando to see my son. I will be available via cell phone at 630-750-8311.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Wednesday, March 05, 2014 2:39 PM

To: Paul Mifsud

Subject: Re: Foundation Board financial package

Paul, I am attaching the financial package. There were just a few typos that I found that need to be corrected before it is sent to them. How much time will we have on the agenda to discuss this? Will they get it in advance so they can read it? Why did they want a more in depth package this time?

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/4/2014 11:37 AM >>>
Donna,

Attached is the Foundation Board financial package. This is a little larger than usual and is a package requested by the ANDF Board. Let me know your thoughts.

Paul

1464. FW: Certificate of Training in Childhood and Adolescent Weight Management

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 11, 2014 11:18:36
Subject: FW: Certificate of Training in Childhood and Adolescent Weight Management
Attachment: [image002.png](#)

Hi Donna, as requested here are your post-test questions:

- 1) The Healthy Hunger Free Kids Act of 2010 will:
 - a) Update the nutrition standards for school meals based on expert recommendations from the Institute of Medicine.
 - b) Require more funding for school nutrition to be generated at the school district level
 - c) Limit the meals offered in afterschool programs.
 - d) Remove the requirement for school wellness policies to be in place at the school level.
- 2) Which of the following is the only part of The New Healthy Hunger Free Act Regulations for school lunch that still have minimum and maximum ranges?
 - a) Meat/Meat Alternates
 - b) Fruit Juice
 - c) Grains
 - d) Calories
- 3) Which of the following nutrient restrictions in the National School Lunch Program will be phased in over a period of time:
 - a) Calories
 - b) Saturated fat

c)Trans fat

d) Sodium

4) Which of the following items are required to be served daily in the National School Lunch program as of Fiscal Year 2014?

a) Fresh fruit

b) Fresh vegetable

c) Whole grain

d) Fruit juice

Please let me know if I can be of further assistance.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

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pjohnson@eatright.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Tuesday, March 11, 2014 9:08 AM

To: Chris Reidy

Subject: Re: Certificate of Training in Childhood and Adolescent Weight Management

Chris, I will need to change some of my post test questions as the regulations have changed in relation to competitive foods. Can you send me my questions and I will revise them appropriately. Thanks!

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Chris Reidy <CREIDY@eatright.org> 3/6/2014 1:47 PM >>>

We thank you for your ongoing support and commitment to make the Certificate of Training in Childhood and Adolescent Weight Management a continued success! We especially appreciate your responsiveness to participants concerns.

Based on review of the participant comments on program evaluations for the past several programs, we have identified the following recurrent issues:

- Long days

- Not enough time to pose questions to the presenter
- Inconsistency between slides included in meeting materials and onsite presentation

As a first step, we contacted the Academy Professional Development Team to ask guidance that they would have from their long years of experience with the FNCE program.

They provided us with the attached helpful presentation tips to assist in presentation preparation. Two of the guidelines included relate specifically to this program.

- one minute of presentation time should be allowed for each slide
- No one presenter should speak for more than 1-1/2 hours

In reviewing the childhood weight management program slides, several presenters exceed the one minute per slide guidelines. Please review and edit your presentation to address this issue. As you edit your presentation, please be sure to cross reference your presentation with the post-test to ensure you are including content that addresses post-test questions. If you need to adjust the post-test questions, please let me know.

In an effort to adhere more closely to the second guideline regarding presentation length and the participant comments regarding the length of each day, the program agenda times have been adjusted to ensure that no single presentation exceeds 1½ hours, and that each day ends no later than 5:00 pm. You will also note that we have separated the Q &A on the agenda to allow sufficient time for participants to pose questions following each presentation. Insufficient time for questions was also noted as an issue by participants. In making these agenda adjustments we have tried to maintain faculty presentation day preferences, which is why the second day ends much earlier than day one. We will continue to make adjustments to accommodate faculty preference, provided we can stay within the established 5:00 pm end time.

To assist you in identifying and deleting duplicative content, we are providing a link to the presentations from our last program. Please coordinate with other faculty presenters to address any content over-lap issues. For the keynote presentation, we are including Dr. Hassink's last presentation as she will be the keynote presentation in Buffalo.

<https://app.box.com/s/0ib0isq1boji9esmkb5e>

We have adjusted the deadline to upload your presentations to allow time for all faculty to review your presentation in advance of the onsite program so that any necessary revisions may be made prior to distributing to participants. The deadline to upload your presentation is Friday, May 9, 2014. Instructions to upload your presentations are included below.

To address participants' concerns regarding the consistency of the handouts with the onsite presentations, we will not allow any changes to presentations onsite.

1. Go to www.cdrnet.org
2. To login choose the "Login" option on the upper right-hand side of the page.
 1. Sign-in using your e-mail address and the password – welcome
 2. On the purple banner, hover over the "Portal" option on the right-hand side and choose the "Library" option from the drop-down menu.
 3. Click on the "2014 Childhood PowerPoint Files and Handouts" link located to the left.
 4. Click on the "Upload Multiple Files" link located in the gray menu bar.
 5. Scroll down to the bottom of the grey area and click on "add files" button (lower left side)
 6. Browse for your file.
 7. Click open.
 8. To add another file choose "Add Files" button again to add another file to the list.
 9. When you have all the files that you would like to add, click on the "Start Upload" button (lower left side). When upload had finished press "Continue."
 10. Don't pay attention to the list of folder. Just stroll down to the bottom of the page and click on "Complete Upload" bar.
 11. When you are done, please logout (upper right hand corner).

Next Scheduled Programs:

May 28-30, 2014 – Buffalo, New York

We will send authorization to book travel by mid-April.

September 5-6, 2014 – Newport Beach, California

Thank you for your continued collaboration on this valued program. If you have any questions, please contact me.

Christine Reidy, RD

Executive Director

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.

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1465. RE: Certificate of Training in Childhood and Adolescent WeightManagement

From: Chris Reidy <CREIDY@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 11, 2014 10:10:09
Subject: RE: Certificate of Training in Childhood and Adolescent WeightManagement
Attachment: [image001.png](#)

Good to hear from you Donna! I have asked Pearlie to send the questions on to you. Chris

Christine Reidy, RD

Executive Director

Commission on Dietetic Registration

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NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.

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www.cdrnet.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Tuesday, March 11, 2014 9:08 AM
To: Chris Reidy
Subject: Re: Certificate of Training in Childhood and Adolescent WeightManagement

Chris, I will need to change some of my post test questions as the regulations have changed in relation to competitive foods. Can you send me my questions and I will revise them appropriately. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Chris Reidy <CREIDY@eatright.org> 3/6/2014 1:47 PM >>>

We thank you for your ongoing support and commitment to make the Certificate of Training in Childhood and Adolescent Weight Management a continued success! We especially appreciate your responsiveness to participants concerns.

Based on review of the participant comments on program evaluations for the past several programs, we have identified the following recurrent issues:

- Long days
- Not enough time to pose questions to the presenter
- Inconsistency between slides included in meeting materials and onsite presentation

As a first step, we contacted the Academy Professional Development Team to ask guidance that they would have from their long years of experience with the FNCE program.

They provided us with the attached helpful presentation tips to assist in presentation preparation. Two of the guidelines included relate specifically to this program.

- one minute of presentation time should be allowed for each slide
- No one presenter should speak for more than 1-1/2 hours

In reviewing the childhood weight management program slides, several presenters exceed the one minute per slide guidelines. Please review and edit your presentation to address this issue. As you edit your presentation, please be sure to cross reference your presentation with the post-test to ensure you are including content that addresses post-test questions. If you need to adjust the post-test questions, please let me know.

In an effort to adhere more closely to the second guideline regarding presentation length and the participant comments regarding the length of each day, the program agenda times have been adjusted to ensure that no single presentation exceeds 1½ hours, and that each day ends no later than 5:00 pm. You will also note that we have separated the Q &A on the agenda to allow sufficient time for participants to pose questions following each presentation. Insufficient time for questions was also noted as an issue by participants. In making these agenda adjustments we have tried to maintain faculty presentation day preferences, which is why the second day ends much earlier than day one. We will continue to make adjustments to accommodate faculty preference, provided we can stay within the established 5:00 pm end time.

To assist you in identifying and deleting duplicative content, we are providing a link to the presentations from our last program. Please coordinate with other faculty presenters to address any content over-lap issues. For the keynote presentation, we are including Dr. Hassink's last presentation as she will be the keynote presentation in Buffalo.

<https://app.box.com/s/0ib0isq1boji9esmkb5e>

We have adjusted the deadline to upload your presentations to allow time for all faculty to review your presentation in advance of the onsite program so that any necessary revisions may be made prior to distributing to participants. The deadline to upload your presentation is Friday, May 9, 2014. Instructions to upload your presentations are included below.

To address participants' concerns regarding the consistency of the handouts with the onsite presentations, we will not allow any changes to presentations onsite.

1. Go to www.cdrnet.org
2. To login choose the "Login" option on the upper right-hand side of the page.

1. Sign-in using your e-mail address and the password – welcome
2. On the purple banner, hover over the “Portal” option on the right-hand side and choose the “Library” option from the drop-down menu.
3. Click on the “2014 Childhood PowerPoint Files and Handouts” link located to the left.
4. Click on the “Upload Multiple Files” link located in the gray menu bar.
5. Scroll down to the bottom of the grey area and click on “add files” button (lower left side)
6. Browse for your file.
7. Click open.
8. To add another file choose “Add Files” button again to add another file to the list.
9. When you have all the files that you would like to add, click on the “Start Upload” button (lower left side). When upload had finished press “Continue.”
10. Don’t pay attention to the list of folder. Just stroll down to the bottom of the page and click on “Complete Upload” bar.
11. When you are done, please logout (upper right hand corner).

Next Scheduled Programs:

May 28-30, 2014 – Buffalo, New York

We will send authorization to book travel by mid-April.

September 5-6, 2014 – Newport Beach, California

Thank you for your continued collaboration on this valued program. If you have any questions, please contact me.

Christine Reidy, RD

Executive Director

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)

NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4857

www.cdrnet.org

1466. FW: ACEND Executive Director

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Sent Date: Mar 10, 2014 18:52:32
Subject: FW: ACEND Executive Director
Attachment: [image001.jpg](#)
[image004.jpg](#)

I am very pleased to inform you that Dr. Mary B. Gregoire has accepted the position of ACEND Executive Director. Please see the announcement below that went to the ACEND Board a few minutes ago. Ordinarily I would not include the detailed process, however I wanted to ensure that the full ACEND Board was aware of it.

Please join me in congratulating and welcoming Mary!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Patricia Babjak

Sent: Monday, March 10, 2014 5:41 PM

To: 'mrwenger@purdue.edu'; 'bonnerh@upstate.edu'; 'wmorgan@nmsu.edu'; 'jamie.erskine@unco.edu'; 'sganesh1@fairview.org'; 'PCJeanRD@aol.com'; 'kendall@ufl.edu'; 'larkin2009@att.net'; 'blarson@cord.edu'; 'mmcelligott@nebraskamed.com'; Elaine.molaison@usm.edu; 'sharon.schwartz@sodexo.com'; 'joanstraumanis@earthlink.net'; 'mstuber@methodisthospitals.org'; 'kay.wolf@osumc.edu'; 'lywright@poly.usf.edu'; 'epalczewski@comcast.net'; 'doris.wang@und.edu'; 'smleson@ysu.edu'

Cc: Mary Ann Taccona; Carolyn Patterson

Subject: ACEND Executive Director

After an extensive national search it is my pleasure to announce that a candidate has been identified to fill the ACEND Executive Director position. As you know, the national search began in July 2013 with a letter to educators and preceptors, welcoming recommendations for potential candidates.

The recruiting process has been inclusive and transparent working with ACEND's Executive Committee and following Human Resource best practices. The recruitment went well beyond the process used in the last selection of the Executive Director. Carolyn Patterson, Academy's Director of Human Resources, has been an active participant in the process.

Normally, filling an executive position takes between three to six months. There was the additional urgency since Mary Ann Taccona, Director of Education Program Accreditation, was filling two jobs since August.

When we hired the former Executive Director, the top two candidates were interviewed by the Chair and Chair-elect, who then provided their feedback. In this process, Carolyn shared all candidate resumes, even those that did not meet the pre-screen criteria with ACEND's Executive Committee and they were invited to participate in all interviews. In October, the Academy's Executive Team and I presented three highly qualified candidates to ACEND's Executive Committee and they interviewed the applicants in Houston.

Although the three candidates were highly qualified, a selection was not made in October in deference to the ACEND Executive Committee's request that we keep the search going. We followed up with all of the leads ACEND's Executive Committee provided, contacting them several

times. We also sought the assistance of a search firm.

ACEND's Executive Committee may have already shared this information with you, since Carolyn and I informed them on February 27. I am thrilled that Mary B. Gregoire, PhD, RD, FADA, FAND, has accepted the position of Executive Director of the Accreditation Council for Education in Nutrition and Dietetics.

Dr. Gregoire comes from Rush University Medical Center in Chicago, where she has been the director of food and nutrition services since 2006 and professor and chair of the department of clinical nutrition since 2008. Previously, she was a professor and department chair at Iowa State University; associate director of applied research at the National Food Service Management Institute at the University of Southern Mississippi; and a faculty member at Kansas State University.

Dr. Gregoire has the background, vision, strong interpersonal and consensus building skills needed to be successful in this position. She has broad experience in dietetics education having taught in and managed didactic and coordinated programs in dietetics, dietetic internships and advanced degree programs. She has been a leader in setting accreditation expectations for dietetic education programs over the course of her career, having served on both the Task Force to Revise Dietetic Education Competencies and the Task Force on Education Standards. As department chair at Iowa State University, she served as lead reviewer during accreditation site visits for the Accreditation Commission for Programs in Hospitality Administration.

She received an undergraduate degree in dietetics and master's degree in institution management, both from North Dakota State University, and a doctorate in university foodservice/hospitality management from Kansas State University.

Dr. Gregoire has received numerous awards for her teaching and scholarship, and is the author or co-author of dozens of publications on topics including education and management in dietetics. She has written the last four editions (including the 8th edition, published in 2013) of *Foodservice Organizations: A Managerial and Systems Approach* (Pearson/Prentice Hall), as well as an instructor's guide for the book.

A member of the Academy since 1975, Dr. Gregoire is well-known for her service to our organization and profession. She is a member of the Coding Task Force and the Dietetic Staffing Task Force, and the Leadership Development Task Force of the Association of Healthcare Foodservice. She is also a member of the Management in Food and Nutrition Systems and the Nutrition and Dietetic Educators and Preceptors dietetic practice groups and a past member of the Journal's Board of Editors.

Dr. Gregoire plans to meet with staff in two weeks and will attend NDEP meetings, starting with

Area 2 and 5 on March 27-28.

Please join me in extending a warm welcome to Dr. Mary Gregoire!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1467. March 13 Webinar: "Reimbursement: New Game, New Rules"

From: Diane Moore-Enos <dmoore@eatright.org>
To: 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'glennacac@aol.com' <'glennacac@aol.com'>, Patricia Babjak <PBABJAK@eatright.org>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
Sent Date: Mar 09, 2014 20:26:33
Subject: March 13 Webinar: "Reimbursement: New Game, New Rules"
Attachment: [image001.png](#)

Good evening-

The following is a reminder from Academy President, Glenna McCollum. If you are interested in attending, please contact Joe LasCola (Manager, Professional Development Applications) at jlascola@eatright.org as he will handle your complimentary registration for this Webinar.

The Reimbursement Webinar is scheduled on Thursday, March 13th at 1pm CT.

Reimbursement: New Game, New Rules

Health care delivery and payment systems are changing, requiring changes in the registered dietitian's approach to advocating for the recognition of nutrition services. Learn about new opportunities to get paid for your services in both the public and private market and the Academy resources that are key to your success.

Time: 1 p.m. Central Time

CPE Hours: 1.5

Level: 1

Registration is limited to 1,000 participants. Please email JLascola@eatright.org to receive complimentary registration.

Presenters

- Lucille Beseler, MS, RDN, LDN, CDE
- Lisa Eaton Wright, MS, RD, LDN

Diane Moore Enos, MPH, RDN, FAND

Vice President, Professional Development and Assessment
Academy of Nutrition and Dietetics

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Phone: 312/899-4837

Fax: 312/899-5366

Email: dmoore@eatright.org

www.eatright.org

1468. FW: Thought you'd like this one

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glennacac@aol.com>, 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>
Sent Date: Mar 08, 2014 18:47:41
Subject: FW: Thought you'd like this one
Attachment:

FYI

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

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From: DEP-L <VHALIT-DEP-L@LISTSERV.VA.GOV> on behalf of Escott-Stump, Sylvia <ESCOTTSTUMPS@ECU.EDU>

Sent: Saturday, March 08, 2014 12:30 PM

To: VHALIT-DEP-L@LISTSERV.VA.GOV

Subject: Re: [EXTERNAL] RE: Letter which is being circulated

Dear colleagues:

As one of the "implicated" individuals in this letter, as your incoming NDEP chair-elect, and as a past Academy Board member, I wish to share the following comments:

1. The Board does not consist of strangers; they are members just as we are and many are educators (past or current). Much insight/knowledge is available at every meeting and members are not shy about their opinions. Healthy dialogue occurs before votes are taken on any issue. Governance training has been available to the BOD and the HOD over the past decade; it is quite useful.
2. While CDR and ACEND are separate entities from the Academy, they still function as unifying components of the profession. As the profession changes, CDR and ACEND are asked to collaborate on behalf of the greater vision for the future. Not all of us agree with everything that evolves, but no decision is made without extensive internal and external reviews and input. The Council on Future Practice serves to take us to new levels rather than assuming that current practice is enough for the future.
3. Our CEO was selected by the Board a few years before I returned as Pres-Elect. To be honest, it has been a tremendous move for us. We have made many ethical, progressive changes and are recognized by external organizations very favorably.
4. It is important to trust that transparency is available on any issue that does not involve legal ramifications. Personnel changes occur for many, many reasons that are not ours to speculate. There is no master plan to create turnover. The Academy's rate of turnover is much lower than most similar organizations.

Perhaps our CEO or current President could be invited to address area meetings. I will be attending the area 6-7 meeting in Boston and hope to see many of you there.

My best,

Sylvia

College of Human Ecology

Enriching Lives. Enhancing Communities.

Sylvia Escott-Stump, MA, RD, LDN

114 Rivers Building, Mailstop 505

Director, Dietetic Internship

East Carolina University

Dept. of Nutrition Science

escottstumps@ecu.edu

<http://www.ecu.edu/che/nutr/dieteticinternship.html>

Greenville, NC 27858

Tel: 252-328-1352

Fax: 252-328-4276

Board Member, International Confederation of Dietetic Associations

<http://www.internationaldietetics.org/>

From: DEP-L [mailto:VHALIT-DEP-L@LISTSERV.VA.GOV] **On Behalf Of** Rayane AbuSabha

Sent: Saturday, March 08, 2014 12:31 PM

To: VHALIT-DEP-L@LISTSERV.VA.GOV

Subject: Re: [EXTERNAL] RE: Letter which is being circulated

I am at a loss about this letter, but as the incoming NDEP Chair I feel the obligation to respond. My immediate instinct is to think this letter can be 100% true or 100% gossip and we have no way of determining which is which. I refuse to join in the gossip and add fuel to the fire; however, the allegations are serious and we would be foolish to ignore them.

If we are honest with each other, the letter is not the issue per say but that it comes on the back of several happenings and decisions made by the Academy that have been very troubling to us educators. The CDR-ACEND "issue" at Area 6/7 meeting last year, Ulric's "resignation," the decision to move to graduate credentials before standards have been developed, and now the NDA. I am sure I missed a few.

I agree with Deb and Kevin that we cannot ignore this letter, but we should address the problem in a respectful and democratic way. A giant webinar seems like yet again the educators will be at the receiving end with very little ability to join-in the conversation or have any input. However, can we request an internal investigation made by a group of dietitians who are non-insiders for the purpose of improving the decision making process? Or how about a Process mapping/6 sigma type of consultants brought in to help us improve the decision making process and make it more inclusive?

Like Patti and Deb have advised, I urge us not to get involved in the gossip of this very nasty letter but to figure out what is troubling us and how we want to fix it in a constructive and fair manner.

Respectfully,

Rayane

Rayane AbuSabha, Ph.D., R.D.
Professor and

Dietetic Internship Director

Nutrition Science Department

The Sage Colleges
303 Ackerman Hall
65 First Street
Troy, NY 12180-4199
Telephone: 518-244-2396
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Original E-mail

From :

Deb Canter [canter@KSU.EDU]

Date :

03/08/2014 11:33 AM

To :

VHALIT-DEP-L@www.LISTSERV.VA.GOV

Subject :

Re: [EXTERNAL] RE: Letter which is being circulated

Questions need to be discussed and accusation answered an open forum, perhaps with a mediator of some kind. However, some of these accusations relate to personnel issues which CANNOT be aired in an open forum.

I have no problem with debating questions and answering accusations. It is HOW all this has all come about that is disgusting to me. Who among us would want to be the subject of an anonymous letter like this.

I'm not sure what to suggest that would be the best way to air some of this in a national forum - a giant webinar?? Listservs have their limits - unless you go back and read every post, it is easy to only get bits and pieces of what is going on.

Deb Canter, PhD, RD, LD, FAND
Professor and Director
Didactic Program in Dietetics
Dept. of Hospitality Management and Dietetics
Kansas State University
785-532-2216

From: DEP-L <VHALIT-DEP-L@LISTSERV.VA.GOV> on behalf of Haubrick, Kevin D <KDHAUBRI@BAPTISTHEALTHSYSTEM.COM>

Sent: Saturday, March 08, 2014 10:21 AM

To: VHALIT-DEP-L@LISTSERV.VA.GOV

Subject: Re: [EXTERNAL] RE: Letter which is being circulated

Good morning everyone,

I must respectfully disagree with Patti and Debbie on the need for members of the NDEP to not discuss these questions. The listserv is really our only platform for discussion and it does seem "odd" that the LISTSERV is going down now. If the answers to these questions are false then

there should be no fear to discuss them and/or raise awareness to our HOD delegates to ask these tough questions.

Kevin

Sent from my iPhone

On Mar 8, 2014, at 1:02 AM, "Beth Egan (bethegan)" <bethegan@MEMPHIS.EDU<mailto:bethegan@MEMPHIS.EDU>> wrote:

Well, I think there are some interesting accusations that give me pause and make me wonder. I have no doubt many individuals have dedicated their lives and careers to our profession; however, disconcerting allegations cover the document. Unfortunately, the craven and surreptitious way the accusations are presented assures the charges are unlikely to be addressed. To be taken seriously, the letter writer(s) must drop the cloak of anonymity and organize a sufficient number of members who are in agreement. The last question the writer asks "Why doesn't CDR show us its research . . .". I dare say we could ask the same of the letter writer. Twenty allegations with no data to support it.

As it is, and as I tell colleagues and students, A.N.D. is our only professional organization and we should and must support it. If there are certain "things" we don't like about A.N.D., run for office and try to change them. If not, then start another professional organization. If you aren't inclined to do either of those, keep your mouth shut. And focus on the positive things A.N.D. has done for it's members.

I have been a member since I was a student in 1988 and IM(not so humble)O, the Academy has grown leaps and bounds and has so many more resources and services available to the members. Beyond resources and services, the Academy has done much to advance the profession. I know a lot of people don't like the Nutrition Care Process but as a former med tech, I can tell you, it is the greatest thing since - sliced whole wheat bread. I am thankful for the vision of our leaders. I am blown away by how far our profession and the Academy has come since I joined. I think we have a great and exciting future ahead of us and I can't wait to see it unfold.

Beth M. Egan, MS, RD
Clinical Coordinator
Dietetic Internship and Residency Program
University of Memphis
Dept. Health and Sport Sciences
161A3 Fieldhouse
Package deliveries: 106 Fieldhouse
Memphis, TN 38152
Office: 901-678-4054 or 901-685-2852
Fax: 901 678-3591 (ATTN: Beth Egan)

From: DEP-L <VHALIT-DEP-L@LISTSERV.VA.GOV<mailto:VHALIT-DEP-L@LISTSERV.VA.GOV>> on behalf of Deb Canter <canter@KSU.EDU<mailto:canter@KSU.EDU>

>>

Sent: Friday, March 07, 2014 8:47 PM
To: VHALIT-DEP-L@LISTSERV.VA.GOV<mailto:VHALIT-DEP-L@LISTSERV.VA.GOV>
Subject: [EXTERNAL] Letter which is being circulated

I see this as a very calculated, cowardly, and abhorrent attempt to besmirch the reputation of individuals who have dedicated their lives and their careers to the dietetics profession. "Let him who is without sin cast the first stone." This whole thing is repugnant and shouldn't be elevated by being circulated on a professional listserv.

Deborah D. Canter, PhD, RD, LD, FAND
Professor and Director, Didactic Program in Dietetics
Dept. of Hospitality Management and Dietetics
Kansas State University
Phone: 785-532-2216

Sent from my iPad

On Mar 7, 2014, at 8:40 PM, "Brunt, Ardith" <
Ardith.Brunt@NDSU.EDU<mailto:Ardith.Brunt@NDSU.EDU>> wrote:

Not all members of DEP got the letter you are referring to.
Ardith

-----Original Message-----

From: DEP-L [mailto:VHALIT-DEP-L@www.LISTSERV.VA.GOV] On Behalf Of Janson-Sand, Colette
Sent: Friday, March 07, 2014 7:17 PM
To: VHALIT-DEP-L@www.LISTSERV.VA.GOV<mailto:VHALIT-DEP-L@www.LISTSERV.VA.GOV>
Subject: Re: [EXTERNAL] FW: [NDEP member list] Book Your Stay Today for NDEP Area 2/5 Meeting -block closes Wednesday March 5th!!

I think many people also got this letter. It was probably sent out to members of NDEP as the people I know who got it are all members of it.

Colette Janson-Sand PhD RD LD
Associate Professor and DPD Director
University of New Hampshire
105 Nesmith Hall
603-862-1723
chjs@unh.edu<mailto:chjs@unh.edu>

From: DEP-L [VHALIT-DEP-L@www.LISTSERV.VA.GOV<mailto:VHALIT-DEP-L@www.LISTSERV.VA.GOV>] on behalf of Steinmetz, Jasia [jsteinme@UWSP.EDU<mailto:jsteinme@UWSP.EDU>]
Sent: Friday, March 07, 2014 6:43 PM
To: VHALIT-DEP-L@www.LISTSERV.VA.GOV<mailto:VHALIT-DEP-

L@www.LISTSERV.VA.GOV>

Subject: [EXTERNAL] FW: [NDEP member list] Book Your Stay Today for NDEP Area 2/5 Meeting -block closes Wednesday March 5th!!

Hi,

Forwarding this letter and note from Jean Anderson, who was having problems getting this through. I also received this letter so I would like know more about this.

Jasia

Dr. Jasia (Jayne) Steinmetz, RD, CD

Professor of Food and Nutrition

Author, "Eat Local. Simple Steps to Enjoy Real, Healthy & Affordable Food"

Director of the Didactic Program in Dietetics Coordinator. Nutritional Science Graduate Program with a Sustainable Food Systems emphasis

202 CPS

School of Health Promotion and Human Development University of WI-Stevens Point Stevens Point, WI 54481

715-346-4087

fax: 715-346-2720

Life is short, Break the rules, Forgive quickly, Kiss slowly, Love truly, Laugh uncontrollably, And never regret anything that made you smile. Life may not be the party we hoped for, but while we're here we should dance...and eat good food!

author unknown with edits from me.

From: Anderson, Jean A [FSHNNH]

Sent: Friday, March 07, 2014 4:02 PM

To:

ndep_all@list.dietetics.com<mailto:ndep_all@list.dietetics.com><mailto:ndep_all@list.dietetics.com>

Subject: RE: [NDEP member list] Book Your Stay Today for NDEP Area 2/5 Meeting -block closes Wednesday March 5th!!

Hi

If you're attending the Area 2&5 meeting ... let's plan to discuss the anonymous letter most of us have received. I continue to feel like the common-sense reasonable educators are not being listened to at all in the future discussions thus I believe it's good to make the dialogue continue.

I'm attaching the letter. Nope--I didn't write or send the letter -- I honestly have no idea who sent this.

See you in Chicago.

Jean

Jean A. Anderson, MS, RD, LD

Dietetic Internship Director/Sr. Clinician Iowa State University

220 MacKay Hall

Ames, IA 50011-1123

P: 515 294 7316

F: 515 294 6193

janderso@iastate.edu<mailto:janderso@iastate.edu><mailto:janderso@iastate.edu>

From: ndep_all-bounces@list.dietetics.com<mailto:ndep_all-bounces@list.dietetics.com><mailto:ndep_all-bounces@list.dietetics.com> [ndep_all-bounces@list.dietetics.com<mailto:ndep_all-bounces@list.dietetics.com>] on behalf of ndep_all@list.dietetics.com<mailto:ndep_all@list.dietetics.com><mailto:ndep_all@list.dietetics.com> [ndep_all@list.dietetics.com<mailto:ndep_all@list.dietetics.com>]

Sent: Tuesday, March 04, 2014 2:37 PM

To:

ndep_all@list.dietetics.com<mailto:ndep_all@list.dietetics.com><mailto:ndep_all@list.dietetics.com>

Subject: [NDEP member list] Book Your Stay Today for NDEP Area 2/5 Meeting -block closes Wednesday March 5th!!

Dear NDEP Members:

Are you coming to Chicago for the Area 2/5 Conference? The hotel block closes Wednesday, March 5th. Make a reservation by phone 312-836-5000 or online by March 5, 2014 by 5:00pm.

Mention meeting code: "NDEP Area 2&5 Meeting" to receive the NDEP group room rate of \$149.00 per night plus tax (\$173.44 total/night).

We look forward to seeing you in Chicago!

Best Regards,

Julie Kennel kennel.3@osu.edu<mailto:kennel.3@osu.edu><mailto:kennel.3@osu.edu>

Katie Eliot keliot@slu.edu<mailto:keliot@slu.edu><mailto:keliot@slu.edu>

Do not Reply to this message. It was sent from a notification only address that cannot accept incoming e-mail. If you have a question, please contact the NDEP chair using the Academy contact page for NDEP<<http://www.eatright.org/Members/content.aspx?id=658>>. You are receiving this email because you are a member of Nutrition and Dietetic Educators and Preceptors. If you do not wish to receive future emails from NDEP or the Academy of Nutrition and Dietetics, you must opt out on the "Members Only" section of the Academy website, www.eatright.org<<http://www.eatright.org/>><<http://www.eatright.org/>>, by removing your email address from your profile.

This message (including any attachments) is confidential and intended solely for the use of the individual or entity to whom it is addressed, and is protected by law. If you are not the intended recipient, please delete the message (including any attachments) and notify the originator that you received the message in error. Any disclosure, copying, or distribution of this message, or the taking of any action based on it, is strictly prohibited. Any views expressed in this message are those of the individual sender, except where the sender specifies and with authority, states them to be the views of Tenet Healthcare Corporation

1469. FW: Response from Ulric Chung on Letter on the NDEP Email List

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glennacac@aol.com>, 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>, 'Goedert, Paula' <Paula.Goedert@btlaw.com>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>
Sent Date: Mar 08, 2014 11:58:17
Subject: FW: Response from Ulric Chung on Letter on the NDEP Email List
Attachment: [D. Canter Response.doc](#)

I am shocked and disheartened at this continuing slander. Please see the communication below and the attached response from Deb Canter. The timing is deliberate, following my announcement to the ACEND chairs that I have selected a strong candidate for executive director. He knows there is a replacement and he also met with the ACEND chairs last weekend. The anonymous letter is not that anonymous, and I'm wondering if he believes that an outcry will create autonomy for ACEND and a position for him. Very covert strategy to encourage someone to send an anonymous communication first, which then allows him to chime in with concern. I am hopeful CDR will respond. I have shared the communications with Paula Goedert and hope to schedule a special meeting by conference call.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

Begin forwarded message:

From: Deb Canter <canter@ksu.edu>
Date: March 7, 2014, 11:02:20 PM CST
To: Patricia Babjak <PBABJAK@eatright.org>
Subject: Fwd: Response from Ulric Chung on Letter on the NDEP Email List

Deborah D. Canter, PhD, RD, LD, FAND

Professor and Director, Didactic Program in Dietetics

Dept. of Hospitality Management and Dietetics

Kansas State University

Phone: 785-532-2216

Sent from my iPad

Begin forwarded message:

From: Ulric Chung <ulricchung@icloud.com>
Date: March 7, 2014 at 10:46:00 PM CST
To: Deborah D Canter <canter@ksu.edu>
Cc: Elaine Molaison <elainemolaison@gmail.com>, Anne Kendall <kendall@ufl.edu>, Merievelyn Stuber <mstuber@methodisthospitals.org>, Kevin Haubrick <kdhaubri@baptisthealthsystem.com>, Khursheed P Navder <knavder@hunter.cuny.edu>, Rayane AbuSabha <abusar@sage.edu>, "Dorothy Chen-Maynard" <dchen@csusb.edu>, Jean Anderson <janderso@iastate.edu>, "Joan Straumanis" <logicaljoan@gmail.com>, Hugh Bonner <bonnerh@upstate.edu>, "Sandra S. Witte PhD, RD" <sandraw@csufresno.edu>, Jennifer Hong Ed.D. <jennifer.hong@ed.gov>
Subject: Response from Ulric Chung on Letter on the NDEP Email List

Dear Deb,

Over the last week, several educators have told me about the anonymous letter that was sent from staff at the Academy. I received a copy of it through email and I read it, today. Reading the letter upset me greatly, because I experienced many of the things that were described in it, including a negative “whisper campaign” at the hands of the executive staff and academy leaders for telling educators about normal procedures for creating new practitioners. I was never opposed to creating new roles and practitioners, but I insisted on using a transparent and stepwise process for developing standards, and having valid research evidence to support the effectiveness and employability of new practitioners, before mandating that all programs adopt changes.

My departure was directly related to treatment not just towards me, but also mistreatment of other staff members, and the interference of Academy staff and leaders in the normal operation and decisions of ACEND and CDR. From what I understand, this interference is continuing even now.

If Academy leaders had let ACEND and CDR do their work, normally, standards would already be developed and ready to begin testing by programs.

Someone just texted me your response, and while I agree that the author of the letter may appear cowardly, I respect her decision to not reveal her identity. I understand the fear that some staff members who work at the Academy feel, especially if they have families to support and can’t afford to lose their jobs. I left my position without another one to go to, because of practices that I saw taking place and the adverse impact that top-down decision could have on students, their patients and clients, education programs, and the profession. There are many days that I regret my decision to leave from a financial standpoint, but I do not regret my decision from an ethical or professional one.

I have remained silent on these issues since my departure, but I would be willing speak to anyone from the Academy about my experiences, if I thought that it would make a difference. I am copying my (former) chairs, and public members, because they struggled with me in my decision to leave, and colleagues from NDEP, because they need to know why I left. If you or anyone that I am copying wants to share this response, please feel free to do so.

— Ulric Chung (former Executive Director of ACEND)

Please reply to Ulric@pobox.com

1470. Confidential information ... Please do not share.

From: President <President@eatright.org>
To: 'Sonja Connor' <connors@ohsu.edu>, 'Ethan Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'lbeseler fnc' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'sandrallgill@comcast.net' <sandrallgill@comcast.net>, Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Mar 07, 2014 18:33:27
Subject: Confidential information ... Please do not share.
Attachment: [Anonletter.pdf](#)
[Haubrickpdf.pdf](#)
[NDA Q&A March 7 2014.pdf](#)

Attached for your information is a copy of an anonymous letter that circulated earlier this week at the NDEP meeting. We believe this letter and the accompanying questions are from a former Academy employee. This letter makes many unfounded accusations and is based on assumptions that are not supported by facts. The attached email from former ACEND chair Kevin Haubrick also perpetuates some of the misinformation contained in the letter, especially regarding the establishment and implementation of the Nutrition and Dietetics Associate (NDA) designation.

I believe the Board should be in possession of the facts about the NDA designation. This information is below. Also, I have attached the Q&A on the NDA designation.

- As you know, the NDA designation was created because we have an obligation to students and to expand consumers' access to credible food and nutrition information and services. It provides an option for DPD Program baccalaureate degree graduates and gives a competitive advantage for DPD Program baccalaureate degree graduates. The Board's decision to establish the NDA was in direct response to the need to increase capacity and consumer access to credible food and nutrition information. For additional rationale, please see the Q&A. Approximately 19,000 student members and student non-members were surveyed to gauge their interest. Notably, 81 percent of respondents believe they would gain a competitive market advantage if successful completion of a curriculum-based assessment were required to obtain the professional designation. The Dietetics Workforce Demand Study emphasizes that in the future, students "will want more assurance that nutrition and dietetics education leads to immediate and sustained

employment.”

- The 2011 Dietetics Workforce Demand Study states: “The trend of the health care labor force to bifurcate between basically prepared and advanced-level practitioners results in a practice model where advanced-level practitioners direct a cadre of health care providers with a technical or basic level of training.” This model increases demand for practitioners at both ends of the education spectrum and gives impetus to the Academy’s emphasis on defining, recognizing and supporting multiple levels of practice in a variety of practice areas.

- It was gratifying to see the support of educators for the graduate degree at the Area 1 NDEP meeting. The agenda included presentations from educators who had successfully implemented graduate level programs. They recognized that it will elevate practice and protect the public.

I also want to include a snapshot of the outcomes of the joint meeting of ACEND, CDR, Council on Future Practice, Education Committee and Nutrition and Dietetics Educators and Preceptors DPG that was held January 17-19, 2013.

- The Visioning Report projected what is needed in the future for the benefit of the public and profession. The Council’s recommendations took into consideration the changing landscape of health care, clinical specialist practice, food systems, services and the expanding art and science of food and nutrition. These recommendations have broad implications for education and credentialing which verifies mastery of subject material and skills critical for future practice.

- More than 600 members have provided electronic feedback to the Visioning Report since its release in September 2012. The report served as the dialogue topic for the Fall 2012 HOD Meeting, which generated additional input from delegates, members and students. The outcomes of this dialogue topic were summarized in the Visioning Report Outcomes HOD Fact Sheet released to the House of Delegates on October 10, 2012.

- As an outcome of the Fall 2012 HOD meeting, 38 Academy members met, representing ACEND, CDR, CFP, Education Committee and NDEP. The focus of the meeting was to come to consensus on how to address the recommendations in the Visioning Report in light of feedback received from members and the HOD dialogue session.

Mr. Haubrick’s email also alleges that the Academy’s Board of Directors makes decisions in isolation, and implies that information is filtered before it reaches the Board. I do not need to tell you that this is not true. The Academy’s governance has been heralded as best practice, and you know the Board bases all its decisions on knowledge-based, ethical, strategic governance.

In case you are asked about the anonymous letter, which targets organization units and individuals, we suggest answering with the following points:

- The anonymous letter makes many accusations and assumptions that are not supported by the facts. As an example, some questions relate to alleged excessive staff turnover at the Academy. In fact, the Academy's employee turnover rate is lower than the national average for organizations of comparable size.

- Productive dialogue, which includes constructive criticisms, is always welcome. An anonymous campaign of rumors, innuendos and misinformation is neither productive nor constructive.

- Respond to any question or comment with compassion, conviction and optimism.

- The Board respects differing viewpoints. We listen to dissenting voices. Together, members can work to improve the Academy's policies.

Please do not hesitate to contact me with any questions or if you need additional information.

Glenna

Dr. Glenna R. McCollum, MPH, RDN

Academy President

1471. RE: CEO Compensation Call Materials

From: Carrolyn Patterson <CPatterson@eatright.org>
To: Carrolyn Patterson <CPatterson@eatright.org>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'Ethan Bergman' <bergmane@cwu.EDU>, 'Sonja Connor' <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Cc: 'Lyn McCloskey' <Lyn.McCloskey@prmconsulting.com>
Sent Date: Mar 07, 2014 09:39:07
Subject: RE: CEO Compensation Call Materials
Attachment: [Public_Policy_Priority_Areas.pdf](#)

Good Morning,

As promised, attached you will find the Public Policy Priority Areas document for our call today.

Thanks!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

From: Carolyn Patterson
Sent: Thursday, March 06, 2014 5:33 PM
To: 'Glenna McCollum'; 'Ethan Bergman'; 'Sonja Connor'; peark02@outlook.com; DMartin@Burke.k12.ga.us; 'McClusky, Kathy'
Cc: 'Lyn McCloskey'; Carolyn Patterson
Subject: CEO Compensation Call Materials
Importance: High

Hello All,

Attached you will find the following documents for our call tomorrow, Friday, March 7th at 10am EST.

- **Agenda**
- **Academy Compensation Philosophy (draft)**
- **Academy's Strategic Plan (will send Plan of Work in the morning)**
- ***Public Policy Priorities (will send in the morning)***
- **Evaluation Tool (from 2013)**
- **CEO Goals (former copy from 2008)**
- **The February 21st PRM Contract**
- **Peer Group from PRM (updated)**
- **CEO job description (revised from Pat)**
- **COO job description (draft from Pat)**

For your convenience, the dial in information is as follows:

Dial-In Number - 866/477-4564

Participant Code - 290 838 7374

Host Code - 6881

Have a great evening!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

1472. CEO Compensation Call Materials

From: Carrolyn Patterson <CPatterson@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'Ethan Bergman' <bergmane@cwu.EDU>, 'Sonja Connor' <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Cc: 'Lyn McCloskey' <Lyn.McCloskey@prmconsulting.com>, Carrolyn Patterson <CPatterson@eatright.org>
Sent Date: Mar 06, 2014 18:32:33
Subject: CEO Compensation Call Materials
Attachment: [8.2012_Edt_CEO_Evaluation_Tool.docx](#)
[2014-Strategic-Plan-Board-Program-of-Work-.doc](#)
[CEO_Compensation_Philosophy.docx](#)
[Goals_2011-2012.doc](#)
[Strategic Plan 12-10-13 FINAL.doc](#)
[CEO JOB DESCRIPTION 03-06-14 - pat edits.doc](#)
[COO JOB DESCRIPTION 03-06-14 - pat version.docx](#)
[AND Executive Total Compensation Study Confirmation Letter 2-21-14 \(2\).docx](#)
[Executive Comp Study Potential Survey Peer Group 3-6-14.pdf](#)
[Agenda - 3-7-2014 CEO Comp Committee Call - final.docx](#)

Hello All,

Attached you will find the following documents for our call tomorrow, Friday, March 7th at 10am EST.

- **Agenda**
- **Academy Compensation Philosophy (draft)**
- **Academy's Strategic Plan (will send Plan of Work in the morning)**
- ***Public Policy Priorities (will send in the morning)***
- **Evaluation Tool (from 2013)**
- **CEO Goals (former copy from 2008)**

- **The February 21st PRM Contract**
- **Peer Group from PRM (updated)**
- **CEO job description (revised from Pat)**
- **COO job description (draft from Pat)**

For your convenience, the dial in information is as follows:

Dial-In Number - 866/477-4564

Participant Code - 290 838 7374

Host Code - 6881

Have a great evening!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

1473. Board bio for Journal

From: Tom Ryan <Tryan@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Doris Acosta <dacosta@eatright.org>
Sent Date: Mar 06, 2014 16:49:38
Subject: Board bio for Journal
Attachment: [image001.png](#)

Hello, Donna: We are updating the biographical sketches of the Academy's 2014-2015 Board members, for publication in the June *Journal*. Below is the text about you that was published last year. Could you please review it and let us know if the text is OK, or if edits are needed, which we're happy to make.

To meet our *Journal* deadline, could you get back to us by Thursday, March 20?

Thanks very much, and we'll talk to you soon.

Tom

Donna S. Martin, EdS, RDN, LD, SNS, Augusta, GA, Treasurer

Martin is director of the Burke County (GA) school nutrition program, which has 4,500 students in five schools, serving breakfast and lunch, after-school snacks and supper. Four of the schools have been acknowledged as HealthierUS School Challenge Gold winners. Martin has received honors and awards including Recognized Young Dietitian of the Year and the Outstanding Dietitian of the Year from the Georgia Dietetic Association and the Academy Foundation's 2007 Judy Ford Stokes Award for Innovation in Administrative Dietetics. An active member of the Academy's School Nutrition Services dietetic practice group, Martin was the group's electronic communications chair and newsletter editor. She represented the Georgia Dietetic Association in the Academy's House of Delegates; is a member of the School Nutrition Association Foundation's board of directors; and served on the Georgia Department of Education's Task Force on Nutrition Standards for School Nutrition Programs. She served as the Academy's treasurer-elect in 2012-2013 and treasurer in 2013-2014. Martin is a graduate of the University of Georgia, earned a master's degree from the University of Alabama – Birmingham and an education specialist degree from Augusta State University.

Tom Ryan

Senior Editorial Manager, Strategic Communications
Academy of Nutrition and Dietetics

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phone: 312/899-4894

fax: 312/899-4845

www.eatright.org

www.eatright.org/media

www.kidseatright.org

1474. Re: Foundation Board financial package

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 06, 2014 15:02:37
Subject: Re: Foundation Board financial package
Attachment:

Donna,

It is possible that very few people listened to the recording. I will work with the HOD staff to set up a time for you. It will be recorded over the phone.

Paul

Sent from my iPhone

On Mar 6, 2014, at 11:51 AM, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

Paul, I like the slides. The changes we need to make are the following:

Slide 5 - Change the notes to read FY 14 not FY 13.

Slide 6 - change wording to read graduated dues and add the word dues to the revenue sub titles under each graph please.

Slide 7 - I think the graph to the right has the wrong data labels on them. I think we need to stick to doing FY 2013 first and then FY 2014 second consistently on the slides if we can.

Slide 8 - Add the word the after 20% of.....

Slide 9 - Even up graphs some if you can

Slide 13 Keep columns consistent by showing 2013 then 2014

Slide 15 - I think one of the data labels should read 5/31/13 instead of 12/31/13.

When you get back we can talk about when to record this. I looked at last years info on the HOD website and it looked like only two people listened to the budget recording. Could that be right?

Can we do this over the phone lines or can I record it here and have it sent to you? Call me when you get back next week. My schedule is pretty open. Hope you enjoyed seeing your son in Florida and I know you enjoyed the warm weather

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

!

>>>Paul Mifsud <PMifsud@eatright.org> 3/5/2014 5:03 PM >>>

Donna,

Wow, great catches. Here is the revised copy. Yes, this should go out shortly. I believe Susie wants it out this week. As for the package change, well, let's just say one member felt the other information was not sufficient. He couldn't tell me why; couldn't give me any examples. So, I create this one about 18 months ago. Thankfully, it only gets done twice a year. I don't think we need more than 30 minutes on the agenda. I will ask Susie. I would stay with the Overview (pages 1a through 1d). It really is a good story.

Now, I have another one coming to you. It is the first draft of the spring HOD meeting. Yes, you will have to record this one. I need you to check your schedule and see when you might be available. They want it done between March 10th and March 21st. Naturally, the later the better J. It will give us time to refine the package.

I did not get into the "future". I looked at what is happening. It is better this way. Considering we don't know the future yet!? J. Run this like a presentation. I need to work on the takeaways and anywhere you think we need to refine the information. I never like the first draft. In any event, I did keep a few slides from the past. You will see those. There isn't any "special animation". Since this is recorded, I didn't put any in. If you would like something, let me know and I will see what I can do.

The one controversial area will be the Sponsorship revenue slide. I still need to talk to Pat about this one. That being said, I would rather address this up front since it is an important program for many members J.

So, I will be off the next two days. I am going to Orlando to see my son. I will be available via cell phone at 630-750-8311.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Wednesday, March 05, 2014 2:39 PM
To: Paul Mifsud
Subject: Re: Foundation Board financial package

Paul, I am attaching the financial package. There were just a few typos that I found that need to be corrected before it is sent to them. How much time will we have on the agenda to discuss this? Will they get it in advance so they can read it? Why did they want a more in depth package this time?

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
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Waynesboro, GA 30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/4/2014 11:37 AM >>>
Donna,

Attached is the Foundation Board financial package. This is a little larger than usual and is a package requested by the ANDF Board. Let me know your thoughts.

Paul

1475. Re: Foundation Board financial package

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 06, 2014 14:59:54
Subject: Re: Foundation Board financial package
Attachment:

Donna,

I am not in the office today. I will make the changes and send it back to you.

Paul

Sent from my iPhone

On Mar 6, 2014, at 11:51 AM, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

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"USDA Healthier US School Challenge GOLD award recipient"

!

>>>Paul Mifsud <PMifsud@eatright.org> 3/5/2014 5:03 PM >>>

Donna,

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I did not get into the "future". I looked at what is happening. It is better this way. Considering we don't know the future yet!? J. Run this like a presentation. I need to work on the takeaways and anywhere you think we need to refine the information. I never like the first draft. In any event, I did keep a few slides from the past. You will see those. There isn't any "special animation". Since this is recorded, I didn't put any in. If you would like something, let me know and I will see what I can do.

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So, I will be off the next two days. I am going to Orlando to see my son. I will be available via cell phone at 630-750-8311.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Wednesday, March 05, 2014 2:39 PM
To: Paul Mifsud
Subject: Re: Foundation Board financial package

Paul, I am attaching the financial package. There were just a few typos that I found that need to be corrected before it is sent to them. How much time will we have on the agenda to discuss this? Will they get it in advance so they can read it? Why did they want a more in depth package this time?

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/4/2014 11:37 AM >>>
Donna,

Attached is the Foundation Board financial package. This is a little larger than usual and is a package requested by the ANDF Board. Let me know your thoughts.

Paul

1476. Certificate of Training in Childhood and Adolescent Weight Management

From: Chris Reidy <CREIDY@eatright.org>
To: 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, Dana E. Gerstein <danaeg@berkeley.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Kathy Cobb' <kathy.cobb@snet.net>
Cc: Pearlie Johnson <PJohnson@eatright.org>
Sent Date: Mar 06, 2014 13:47:17
Subject: Certificate of Training in Childhood and Adolescent Weight Management
Attachment: [Tips for Success.doc](#)
[May 2014 Program Agendapdf.pdf](#)

We thank you for your ongoing support and commitment to make the Certificate of Training in Childhood and Adolescent Weight Management a continued success! We especially appreciate your responsiveness to participants concerns.

Based on review of the participant comments on program evaluations for the past several programs, we have identified the following recurrent issues:

- Long days
- Not enough time to pose questions to the presenter
- Inconsistency between slides included in meeting materials and onsite presentation

As a first step, we contacted the Academy Professional Development Team to ask guidance that they would have from their long years of experience with the FNCE program.

They provided us with the attached helpful presentation tips to assist in presentation preparation. Two of the guidelines included relate specifically to this program.

- one minute of presentation time should be allowed for each slide
- No one presenter should speak for more than 1-1/2 hours

In reviewing the childhood weight management program slides, several presenters exceed the one minute per slide guidelines. Please review and edit your presentation to address this issue. As

you edit your presentation, please be sure to cross reference your presentation with the post-test to ensure you are including content that addresses post-test questions. If you need to adjust the post-test questions, please let me know.

In an effort to adhere more closely to the second guideline regarding presentation length and the participant comments regarding the length of each day, the program agenda times have been adjusted to ensure that no single presentation exceeds 1½ hours, and that each day ends no later than 5:00 pm. You will also note that we have separated the Q &A on the agenda to allow sufficient time for participants to pose questions following each presentation. Insufficient time for questions was also noted as an issue by participants. In making these agenda adjustments we have tried to maintain faculty presentation day preferences, which is why the second day ends much earlier than day one. We will continue to make adjustments to accommodate faculty preference, provided we can stay within the established 5:00 pm end time.

To assist you in identifying and deleting duplicative content, we are providing a link to the presentations from our last program. Please coordinate with other faculty presenters to address any content over-lap issues. For the keynote presentation, we are including Dr. Hassink's last presentation as she will be the keynote presentation in Buffalo.

<https://app.box.com/s/0ib0isq1boji9esmkb5e>

We have adjusted the deadline to upload your presentations to allow time for all faculty to review your presentation in advance of the onsite program so that any necessary revisions may be made prior to distributing to participants. The deadline to upload your presentation is Friday, May 9, 2014. Instructions to upload your presentations are included below.

To address participants' concerns regarding the consistency of the handouts with the onsite presentations, we will not allow any changes to presentations onsite.

1. Go to www.cdrnet.org
2. To login choose the "Login" option on the upper right-hand side of the page.
 1. Sign-in using your e-mail address and the password – welcome
 2. On the purple banner, hover over the "Portal" option on the right-hand side and choose the "Library" option from the drop-down menu.

3. Click on the “2014 Childhood PowerPoint Files and Handouts” link located to the left.
4. Click on the “Upload Multiple Files” link located in the gray menu bar.
5. Scroll down to the bottom of the grey area and click on “add files” button (lower left side)
6. Browse for your file.
7. Click open.
8. To add another file choose “Add Files” button again to add another file to the list.
9. When you have all the files that you would like to add, click on the “Start Upload” button (lower left side). When upload had finished press “Continue.”
10. Don’t pay attention to the list of folder. Just stroll down to the bottom of the page and click on “Complete Upload” bar.
11. When you are done, please logout (upper right hand corner).

Next Scheduled Programs:

May 28-30, 2014 – Buffalo, New York

We will send authorization to book travel by mid-April.

September 5-6, 2014 – Newport Beach, California

Thank you for your continued collaboration on this valued program. If you have any questions, please contact me.

Christine Reidy, RD

Executive Director

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)

NEW NAME, SAME COMMITMENT TO PUBLIC’S NUTRITIONAL HEALTH.

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4857

www.cdrnet.org

1477. What's Cooking?

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Mar 06, 2014 12:26:28
Subject: What's Cooking?
Attachment:

What's Cooking?

Having trouble viewing this e-mail? [View it in your browser.](#)

National Nutrition Month® Kitchen Gadgets Now Available!

The National Nutrition Month® 2014 theme, "Enjoy the Taste of Eating Right," focuses on how to combine taste and nutrition to create healthy meals that follow the Dietary Guidelines recommendations.

Create your own culinary delights using our array of kitchen utensils. Cutlery, strainers and other useful kitchen tools featuring the NNM graphic are now available for sale. Keep them for yourself or hand them out at events. They are sure to make cooking a breeze!

Check out these items and other great National Nutrition Month products at www.eatright.org/nnm!

Get involved with National Nutrition Month® on social media by using the hashtag #NNM!

Share this mailing with your social network:

This email was sent to you from the Academy of Nutrition and Dietetics.
If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1478. March 7 Nominating Committee Evaluation Workgroup Call

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Mar 06, 2014 12:22:05
Subject: March 7 Nominating Committee Evaluation Workgroup Call
Attachment: [image003.jpg](#)
[030714 NC Eval WG Call Agenda.doc](#)
[Feb 20 Teleconference NotesREV022814 .doc](#)
[Time Requirements of Presidential Position.doc](#)

Attached are the agenda and supporting materials for the Nominating Committee Evaluation Workgroup call on Friday, March 7 at 2:00pm CST. The agenda items that have already been discussed are highlighted in yellow.

To participate on the call, please use the following numbers.

Dial-In Number: 1-866/477-4564
Conference Code: 75 48 12 89 82

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

1479. RE: Foundation Board financial package

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 05, 2014 17:03:05
Subject: RE: Foundation Board financial package
Attachment: [DOC357.pdf](#)
[hod 2014 spring 2.pptx](#)

Donna,

Wow, great catches. Here is the revised copy. Yes, this should go out shortly. I believe Susie wants it out this week. As for the package change, well, let's just say one member felt the other information was not sufficient. He couldn't tell me why; couldn't give me any examples. So, I create this one about 18 months ago. Thankfully, it only gets done twice a year. I don't think we need more than 30 minutes on the agenda. I will ask Susie. I would stay with the Overview (pages 1a through 1d). It really is a good story.

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Sent: Wednesday, March 05, 2014 2:39 PM

To: Paul Mifsud

Subject: Re: Foundation Board financial package

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789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 3/4/2014 11:37 AM >>>
Donna,

Attached is the Foundation Board financial package. This is a little larger than usual and is a package requested by the ANDF Board. Let me know your thoughts.

Paul

1480. Board Monthly - Thank You Calls

From: Martha Ontiveros <Montiveros@eatright.org>
To: dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'tjraymond@aol.com' <tjraymond@aol.com>
Sent Date: Mar 04, 2014 14:36:11
Subject: Board Monthly - Thank You Calls
Attachment: [Information for Thankers.doc](#)
[FAQ.DOC](#)

Hello,

Attached are the talking points and QA list to make your monthly Board thank you calls/email messages.

Board Member

First Name

Last Name

Preferred EMAIL Number

Preferred Office Number

Preferred State

Fund ID

Gift Amount

Gift Date

Diane H

Anita

Clinton-Briley

ALClinton61@aol.com

Connecticut

Annual Fund

\$100.00

2/18/2014

Donna M

Jean

Howard

jeanhoward@ktis.net

(573)386-2220

Missouri

Annual Fund

\$100.00

2/26/2014

Evelyn C

Virginia

Harger

virginiaharger@comcast.net

Washington

Virginia Hager Scholarship

\$100.00
2/18/2014

Jean R

Diane

Rollins

drrollins@verizon.net

(817)975-5872

Texas

Annual Fund

\$150.00
2/5/2014

Kathleen Mc

Kathleen

Stitt

krstitt@charter.net

(334)286-9181

Alabama

Annual Fund

\$100.00
2/24/2014

Laura R

Brenda

Rohe

brendarohe@hotmail.com

North Carolina

Annual Fund

\$100.00

2/5/2014

Mary Christ E

Teresa

Nece

tnece@eatright.org

(800)877-0877 (6022)

Iowa

Annual Fund

\$500.00

2/2/2014

Sonja C

Paul

Mifsud

pmifsud@eatright.org

(312)899-4730

Illinois

Annual Fund

\$100.00
2/28/2014

Terri R

Robyn

Gaines-Moss

ROBYNMOSS@cox.net

(949)720-1923

California

Annual Fund

\$100.00
2/26/2014

If you have any questions or need additional information, please contact me.

Thanks,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org
www.eatright.org/foundation

1481. RE: Foundation Board financial package

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Mar 04, 2014 11:38:48
Subject: RE: Foundation Board financial package
Attachment: [foundation cover.doc](#)

Donna,

Sorry, forgot the cover sheet J.

Paul

From: Paul Mifsud
Sent: Tuesday, March 04, 2014 10:38 AM
To: DMartin@Burke.k12.ga.us
Cc: Susan Burns
Subject: Foundation Board financial package

Donna,

Attached is the Foundation Board financial package. This is a little larger than usual and is a package requested by the ANDF Board. Let me know your thoughts.

Paul

1482. Foundation Board financial package

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Mar 04, 2014 11:37:59
Subject: Foundation Board financial package
Attachment: [img-140304162143.pdf](#)

Donna,

Attached is the Foundation Board financial package. This is a little larger than usual and is a package requested by the ANDF Board. Let me know your thoughts.

Paul

1483. Daily News: Tuesday, March 4, 2014

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 04, 2014 11:06:42
Subject: Daily News: Tuesday, March 4, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

March is National Nutrition Month® - Enjoy the Taste of Eating Right!

NNM catalog, handouts and other resources at www.eatright.org/nnm.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

What can a registered dietitian do for you?

(By Georgia Clark-Albert, RD, Toby Smithson & Jennifer McDaniel both Academy Spokesperson quoted)

<http://bangordailynews.com/2014/03/03/health/what-can-a-registered-dietitian-do-for-you-2/?ref=HealthBox>

Related Resource: Registered Dietitian Nutritionist Day is Wednesday, March 12, 2014

<http://www.eatright.org/NNM/content.aspx?id=5189>

Some kids eat more veggies with new school lunch rules

<http://www.usatoday.com/story/news/nation/2014/03/04/school-lunch-rules-vegetables-fruit/5979683/>

Source: *American Journal of Preventive Medicine*

[http://www.ajpmonline.org/article/S0749-3797\(12\)00760-X/abstract](http://www.ajpmonline.org/article/S0749-3797(12)00760-X/abstract)

Strict blood pressure control won't stem mental decline, study says

<http://www.latimes.com/science/sciencenow/la-sci-sn-hypertension-mental-decline-20140303,0,2827204.story#axzz2v0QmNV5F>

Source: *JAMA Internal Medicine*

<https://archinte.jamanetwork.com/article.aspx?articleid=1819574>

Sickle cell disease once meant a short and painful life, but now theres growing hope

http://www.washingtonpost.com/national/health-science/sickle-cell-disease-once-meant-a-short-and-painful-life-but-now-theres-growing-hope/2014/03/03/d964d318-6275-11e3-91b3-f2bb96304e34_story.html

TVs in kids bedrooms tied to extra pounds

<http://www.nbcnews.com/#/health/kids-health/tvs-kids-bedrooms-tied-extra-pounds-n43311>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1838347>

USDA/Economic Research Service

-Americans increasingly rate their diets as good

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=43789&ref=collection>

Mardi Gras: Celebrate with king cake and 16 additional recipes!

<http://www.latimes.com/food/dailydish/la-dd-mardi-gras-celebrate-with-king-cake-and-16-additional-recipes-20140227,0,3379951.story#axzz2v0QA2JhR>

Global food supply grows increasingly homogeneous, study says

<http://www.latimes.com/science/sciencenow/la-sci-sn-global-food-supply-20140303,0,5664949.story#axzz2v0QmNV5F>

Source: *Proceedings of the National Academy of Sciences*

<http://www.pnas.org/content/early/2014/02/26/1313490111.abstract?sid=e4c5b82f-d0c0-4e2f-b76b-3297c280cdd1>

Registered Dietitians in the News

The Debate Over Juice Cleanses and Toxin Removal

(Bonnie Taub-Dix, RD quoted)

<http://online.wsj.com/news/articles/SB10001424052702304360704579417170806726140?mg=reno64->

[wsj&url=http%3A%2F%2Fonline.wsj.com%2Farticle%2FSB10001424052702304360704579417170806726140.html](http://online.wsj.com/article%2FSB10001424052702304360704579417170806726140.html)

Rearrange your diet for National Nutrition Month

(By Jennifer Duhon, RD)

http://www.dailyworld.com/article/20140303/NEWS01/303030006/Rearrange-your-diet-National-Nutrition-Month?ncllick_check=1

March is National Nutrition Month

(Kim Tirapelle, RD quoted)

http://abclocal.go.com/kfsn/story?section=news/health/health_watch&id=9453447

Nutrition Coach: Help With Healthy Habits

(Jennifer DeWall, RD quoted)

<http://whotv.com/2014/03/03/nutrition-coach-help-with-healthy-habits/>

Dietitian: Choose wisely and enjoy the net benefits of fish

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x1196462517/Dietitian-Choose-wisely-and-enjoy-the-net-benefits-of-fish>

Family Time: Tips for interpreting nutrition facts labels

(Carolyn ONeil, RD quoted)

<http://www.pjstar.com/article/20140304/NEWS/140309994/10941/LIFESTYLE>

Balancing cruciferous veggies and thyroid meds

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_25269766/barbara-quinn-balancing-cruciferous-veggies-and-thyroid-meds

After I reach my weight-loss goal, how much food can I add back to my diet?

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/health/after-i-reach-my-weight-loss-goal-how-much-food-can-i-add-back-to-my-diet/article17195668/?cmpid=rss1>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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For more information, visit: <http://us.soyjoy.com/Nutrition/Healthcare-Professionals>

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To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=26891

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26891-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1484. Registration open for the Spring/Summer 2014 certificate of training programs

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Mar 03, 2014 13:26:12
Subject: Registration open for the Spring/Summer 2014 certificate of training programs
Attachment:

Registration open for the Spring/Summer 2014 certificate of training programs
Having trouble viewing this e-mail? View it in your browser.

Registration is open for the Spring/Summer 2014 certificate of training programs.

Certificate of Training in Adult Weight Management Program

April 10-12, 2014 ~ Hartford, Connecticut

June 26-28, 2014 ~ Columbus, Ohio

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-adult-program>

Certificate of Training in Childhood and Adolescent Weight Management Program

May 28-30, 2014 ~ Buffalo, New York

September 4-6, 2014 ~ Newport Beach, California

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-childhood-adolescent-program>

Level 2 Certificate of Training in Adult Weight Management Program

March 13-15, 2014 ~ Annapolis, MD

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management/level2>

What previous participants have to say about the programs:

High quality. Led by masters. High level learning.

L. Metzger, MS, RD

Clinical Dietitian

Morris Plains, NJ

I highly recommend this program to those who face challenges in their workplace with weight management clients. This program is essential and pragmatic for those RDs interested in making a vital improvement in their patients lives!

Agnes C Galvez, MS, RD

Consultant

North Las Vegas, NV

This course has multiple opportunities to make immediate changes in my practice area (education), and also a great foundation for more significant changes in the future. Research opportunities are endless!

M. Rew, MS, RDN, LD

Associate Clinical Professor

Denton, Texas

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.

Adult Weight Management Self-Study Module - *Newly revised as of November 1, 2013.*

For information: <http://cdrnet.org/weight-management/adult-module>

Childhood and Adolescent Weight Management Self-Study Module

For information: <http://cdrnet.org/weight-management/childhood-module>

Share this mailing with your social network:

You are currently subscribed to receive Weight Management related emails from the Commission on Dietetic Registration.

If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1485. Daily News: Monday, March 3, 2014

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Mar 03, 2014 11:40:31
Subject: Daily News: Monday, March 3, 2014
Attachment:

Daily News

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The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Prepare Flavorful Foods With Food Safety In Mind: Home Food Safety Tips For National Nutrition Month

<http://online.wsj.com/article/PR-CO-20140228-911082.html>

Related Resource: Home Food Safety

<http://www.homefoodsafety.org/>

Diet to Reduce Blood Pressure May Also Stave Off Kidney Stones

http://www.nlm.nih.gov/medlineplus/news/fullstory_144890.html

Source: *American Journal of Kidney Diseases*

[http://www.ajkd.org/article/S0272-6386\(13\)01567-9/abstract](http://www.ajkd.org/article/S0272-6386(13)01567-9/abstract)

U.S. expands healthy food assistance to women, infants and children

<http://www.chicagotribune.com/health/sns-rt-us-usa-nutrition-wic-20140227,0,1754660.story>

Source: USDA WIC

<http://www.fns.usda.gov/pressrelease/2014/003114>

Weight loss just as important and difficult for teens

<http://www.usatoday.com/story/news/nation/2014/03/02/adolescent-weight-loss-registry/5036465/>

Source: Adolescent Weight Control Registry

<http://www.weightresearch.org/studies/AWCR.html>

Related Resource: *Counseling Overweight and Obese Children and Teens: Health Care Reference and Client Education Handouts*

<https://www.eatright.org/shop/product.aspx?id=4972>

How much do consumers use and understand nutrition labels

<http://www.foodnavigator-usa.com/Manufacturers/How-much-do-consumers-use-and-understand-nutrition-labels>

Source: NPD Group

<https://www.npd.com/wps/portal/npd/us/news/press-releases/u-s-consumers-interest-in-reading-nutrition-facts-labels-wanes-as-time-goes-on-reports-npd/>

Family food allergies 101

http://www.cnn.com/2014/03/03/health/family-food-allergies/index.html?hpt=he_t2

Related Resource: *The Health Professional's Guide to Food Allergies and Intolerances*

<https://www.eatright.org/shop/product.aspx?id=6442472295>

Young kids' tooth decay hits 'epidemic' proportions

<http://www.usatoday.com/story/news/nation/2014/03/02/cavities-children-teeth/5561911/>

Related Resource: Smiles for Life: A National Oral Health Curriculum 3rd ed.

<http://smilesforlifeoralhealth.talariainc.com/buildcontent.aspx>

What will happen to food prices in 2014

<http://www.foodnavigator-usa.com/Markets/What-will-happen-to-food-prices-in-2014>

Source: USDAs Economic Research Service report

<http://www.ers.usda.gov/data-products/food-price-outlook.aspx#26630>

MedlinePlus: Latest Health News

'Eating for Two' During Pregnancy Could Pack on Too Many Pounds

Hand Hygiene Lacking in Many U.S. Health Care Facilities: Study

Rising Fresh Produce Prices Tied to Higher Risk of Child Obesity

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Rice is piled high with health benefits

(By Andrea Giancoli, Academy Spokesperson)

<http://www.buffalonews.com/life-arts/nutrition/rice-is-piled-high-with-health-benefits-20140301>

8 Signs You Need To Be Getting More Vitamin D

(Kimberly Mueller, RD quoted)

<http://abcnews.go.com/Health/Wellness/signs-vitamin/story?id=22724377#>

8 Foods That Are Saltier than You Think

(LeeAnn Smith Weintraub, RD quoted)

<http://abcnews.go.com/Health/Wellness/foods-saltier/story?id=22721964>

Fill up with color

Nutrition intern's project uses art to inspire kids to eat healthy

(Hanna Rifkin, Academy Member quoted)

http://www.ukiahdailyjournal.com/news/ci_25245943/fill-up-color

Dietetics a growing field with new wellness focus

(Danielle Richardson, Academy Member, Laurie Kruzich, RD & Sandy Huisman, RD all quoted)

<http://www.desmoinesregister.com/article/20140303/LIFE02/303030024/0/BUSINESS02/?odysey=nav%7Chead>

Pay attention to labels

Deciphering the figures that come with prepared food

(Jill Fulk, RD quoted)

<http://www.mansfieldnewsjournal.com/article/20140303/LIFESTYLE/303030001>

What you need to know about planned new nutrition labels

(Lisa Young, RD quoted)

<http://www.cbsnews.com/news/nutrition-fact-label-proposed-changes-what-you-need-to-know-about-serving-size-calories/>

Is it really possible for kids to like whole grains?

(Susan Moores, RD quoted)

<http://www.jsonline.com/sponsoredarticles/food/is-it-really-possible-for-kids-to-like-whole-grains8087270102-248142261.html>

Turning off the hunger alarm

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_25230031/barbara-quinn-turning-off-our-hunger-alarms

Reducing the risk of cancer

(By Pam Stuppy, RD)

<http://www.seacoastonline.com/apps/pbcs.dll/article?AID=/20140302/LIFE/403020312/-1/NEWSMAP>

Reading food labels and controlling portion sizes

(Beverly Paddock, RD cited)

<http://myfox8.com/2014/03/03/reading-food-labels-and-controlling-portion-sizes/>

Study says teens are eating too much salt

(Lona Sandon, RD quoted)

<http://www.guampdn.com/article/20140303/LIFESTYLE/303030022/Study-says-teens-eating-too-much-salt>

How to work more kale in your diet

(Kathleen M Zelman, RD quoted)

<http://www.bostonglobe.com/lifestyle/health-wellness/2014/03/03/how-work-more-kale-into-your-diet/TEezYUwVePtXkCx2om8mBI/story.html>

Canteen where health is a menu topper

(Richard Ball, Dietitian/Australia quoted)

<http://www.portnews.com.au/story/2122198/canteen-where-health-is-a-menu-topper/?cs=257>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=26873

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26873-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1486. Academy Finance and Audit Committee Hotel Confirmation

From: Linda Serwat <LSerwat@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Mar 03, 2014 10:28:35
Subject: Academy Finance and Audit Committee Hotel Confirmation
Attachment: [image001.png](#)
[La Quinta Hotel Reservation for Donna Martin arriving 04/29/2014.eml](#)

Hi Donna:

Attached is your hotel confirmation.

Also, your hotel provides free breakfast, so therefore, breakfast will not be provided at the Headquarter Office. There **will** be refreshments, such as coffee, water, and soda when you arrive.

If you have any questions, please let me know.

Thanks,

Linda

Linda Serwat

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4731

Fax: 312-899-5333

Email: lserwat@eatright.org

Website: www.eatright.org

1487. Save the Date: March 7 2pm CT

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 28, 2014 20:02:51
Subject: Save the Date: March 7 2pm CT
Attachment:

Please save the date for the next Nominating Committee Evaluation work group call for Friday, March 7 at 2:00pm CST. The agenda and supporting materials will be sent next week.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

From: Joan Schwaba
Sent: Monday, February 24, 2014 7:08 PM
To: 'Neva'; 'Margaret Garner'; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; peark02@outlook.com; 'ellen.shanley@uconn.edu'; 'Elise Smith '
Cc: Patricia Babjak
Subject: New Doodle Poll for Next Call

Hello,

The results of the Doodle poll show limited availability. To try and optimize options, I have added additional dates. Please click on the Doodle poll link below to participate.

<http://doodle.com/7g5qu8sbartdh67n>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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1488. CMS promotes MNT benefit during National Nutrition Month®

From: Marsha Schofield <mschofield@eatright.org>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, Ethan Bergman <BergmanE@cwu.EDU>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, peark02@outlook.com <peark02@outlook.com>, Elise Smith <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, lbeseler_fnc@bellsouth.net <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, 'Garner, Margaret' <MGarner@cchs.ua.edu>, Linda Farr (linda.farr@me.com) <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'joe.derochowski@connell-group.com' <joe.derochowski@connell-group.com>, 'Personal' <sandralgill@comcast.net>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Harold Holler <HHOLLER@eatright.org>
Sent Date: Feb 28, 2014 09:01:51
Subject: CMS promotes MNT benefit during National Nutrition Month®
Attachment: [image001.jpg](#)
[image002.png](#)
[National Nutrition Month 2014 Message FINAL.docx](#)

Good morning,

For the 6th consecutive year, the Centers for Medicare & Medicaid Services will be sharing a message to providers in next week's Provider e-newsletter promoting the Medicare MNT benefit. The message (attached) encourages treating physicians to begin a dialogue with their Medicare patients about how their eating habits may affect their health and to make referrals for nutrition-related preventive services under Medicare, including the MNT benefit. Once the message comes out next week, we will share it with our members through *Eat Right Weekly*, the communication platforms of our organizational units, and social media. The full message will be posted on the Academy's web at www.eatright.org/coverage.

Publication of this message represents one of the many ways in which we collaborate with CMS to promote our members and the valuable services they provide to the Medicare provider community.

Marsha

Marsha Schofield, MS, RD, LD, FAND

Director, Nutrition Services Coverage

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, IL 60606

800-877-1600, ext. 4787

mschofield@eatright.org

www.eatright.org

1489. Karen Lechowich

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'Glenna McCollum' <glennacac@aol.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: Karen Lechowich <KLechowich@eatright.org>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Feb 27, 2014 15:09:01
Subject: Karen Lechowich
Attachment: [image001.png](#)

Karen Lechowich, MBA, RD, has had a successful tenure as an Academy employee. Karen decided to resign her position as Executive Administrator for Diversity, Alliances, and International Relations at the Academy, effective March 3, and is moving on to a new chapter in her life. Over the years, Karen has been instrumental to the Academy's success through her work advancing the Academy's diversity efforts, alliances with other healthcare, industry, government and educational organizations, and collaborations with the international nutrition and dietetics community through the International Confederation of Dietetic Associations. Karen established the Diversity Leaders Program promoting diversity representation in leadership positions. Her management of the

Alliance Program promoted relationships with key organizations, furthering our organizational goals and providing visibility and credibility for the Academy and the profession.

Karen began working at the Academy in October of 1977 as the Coordinator for the Council on Practice. From there, she became the Assistant Executive Director, Group Director of Member Services, Vice President of Professional Development and Meeting Services and most recently, as Executive Administrator. Karen also has the distinction of twice leading the Academy's operations as Interim Executive Director in 1984 and as Acting CEO in 2000/2001.

Karen's professional achievements are many. Notably, she was recipient of the Academy's prestigious Medallion Award and the Chicago Dietetic Association Outstanding Dietitian of the Year Award. Please join me in celebrating Karen's 36 years of contributions and accomplishments and in wishing her much success in her future endeavors!

I will be providing a report on the transition of these responsibilities at the March Board meeting.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1490. PPW: Register by March 7 and Save!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Feb 27, 2014 14:33:06
Subject: PPW: Register by March 7 and Save!
Attachment:

PPW: Register by March 7 and Save!

Having trouble viewing this e-mail? [View it in your browser.](#)

PPW Early Bird Registration Ending

Time is running out to save big on registration to the Academys Public Policy Workshop. Register by **Friday, March 7** and you can save up to \$155 on your registration fee:

- Early Bird Discount:** Save \$55 off the regular rate for active members
- Group Discount:** Save \$100 off the regular rate for active members
- Student Discount:** Only available to the first 100 students

Make an impact on your profession and your career at PPW, the worlds largest food and nutrition advocacy summit.

See you in Washington, D.C.!

Share this mailing with your social network:

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If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1491. Fwd: 2014 Academy Election Results

From: Patricia Babjak <PBABJAK@eatright.org>
To: Margaret Garner <mgarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Feb 26, 2014 20:25:28
Subject: Fwd: 2014 Academy Election Results
Attachment: [image002.gif](#)
[image003.png](#)

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

Begin forwarded message:

From: Evelyn Crayton <craytef@aces.edu>
Date: February 26, 2014, 6:02:47 PM CST
To: Christine Palumbo <christinempalumbo@gmail.com>, Jim Weinland <jweinland@eatright.org>
>
Cc: Tamara Randall <tlk3@alumni.case.edu>, Feon Cheng <Cheng.feon@gmail.com>, Jonathan Valdez <jonathanavaldez@gmail.com>, Joseph Quinlan <jquinlan13@yahoo.com>, Marcie Perez <marcieperez89@yahoo.com>, "Monique Richard" <Mmr2v@mtmail.mtsu.edu>, Neva Cochran <nevacoach@aol.com>, "Onaney Borromeo" <OnaneyRD@gmail.com>, Victoria Shanta Retelny <Victoria@livingwellcommunications.com>, "craytef@charter.net" <craytef@charter.net>, Barbara Visocan <BVISOCAN@eatright.org>, "Lilliane Smothers" <LSmothers@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>
Subject: RE: 2014 Academy Election Results

Thank you for your encouragement and support over the years as well as my candidacy for President-Elect. You have served the Academy well as the Chair of MVC.

Thank you all for your friendship and your support. As you all know from serving on committees and in the House of Delegates, that the work of the Academy is a group effort! Any success that is achieved by a leader is done with the help of others. I am willing to listen to your suggestions and

am seeking your help as we implement the strategic plan.

Have a great evening!

Evelyn F. Crayton, EdD, RDN, LDN

Professor Emeritus, Auburn University

Director, Living Well Associates, LLC

Montgomery, AL

(334) 272-3487

craytef@charter.net

www.evelynfcrayton.com

From: Christine Palumbo [mailto:christinempalumbo@gmail.com]

Sent: Wednesday, February 26, 2014 12:23 PM

To: Jim Weinland

Cc: Tamara Randall; Feon Cheng; Jonathan Valdez; Joseph Quinlan; Marcie Perez; Monique Richard; Neva Cochran; Onaney Borromeo; Victoria Shanta Retelny; Evelyn Crayton; craytef@charter.net; Barbara Visocan; Lilliane Smothers

Subject: Re: 2014 Academy Election Results

Thank you for sharing this with the committee, Jim.

The Academy will be in GOOD HANDS with the selection of our very own Dr. Evelyn Crayton as the newly elected President-Elect!! We are very proud of you, Evelyn. In addition to your leadership skills, you are also a lot of fun.

Cheers!

Christine

Christine M. Palumbo, MBA, RDN, FAND

Speaker

Columnist, *Chicago Parent*

Contributing editor, *Environmental Nutrition*

Adjunct Faculty, Benedictine University

Parenting Media Association Design & Editorial Award Finalist for 2013

St. Catherine University Outstanding Alumnae Award for 2012

416 Flock Ave | Naperville, IL 60565-1293

630-369-8495

www.ChristinePalumbo.com

<http://www.facebook.com/ChristinePalumboNutrition>

Twitter: @PalumboRD

<http://pinterest.com/christinpalumbo/>

On Wed, Feb 26, 2014 at 12:08 PM, Jim Weinland <jweinland@eatright.org> wrote:

Hello MVC,

As you all know, the 2014 Academy Elections concluded this past weekend. The votes have been tallied and the results are listed below.

Board of Directors

President-elect: Evelyn Crayton, EdD, RDN, LDN (AL) – *Congratulations Evelyn!*

Treasurer-elect: Kay Wolf, PhD, RD, LD (OH)

Director-at-Large: Denice Ferko-Adams, MPH, RDN, LDN (PA)

House of Delegates

Speaker-elect: Aida Miles, MMSc, RD, LD (MN)

Director: Tracey Bates, MPH, RD, LDN (NC)

At-Large Delegate - Retired: Elaine Long, PhD, RDN, LD (ID)

At-Large Delegate - 30 Yrs of Age or Under: Laura Romig, RD, LD (TX)

Accreditation Council for Education in Nutrition and Dietetics

Practitioner Representative, RD:

- Ashley Vargas, PhD, RDN, CSG (VA)

Nominating Committee

- Lorna Fuller, MS, RD, LDN (OH)
- Penny McConnell, MS, RDN, SNS (VA)
- Tracy Wilczek, MS, RDN, LDN (MA)

Commission on Dietetic Registration

Registered Dietitian:

- Khursheed Navder, PhD, RDN (NY)
- Kevin Sauer, PhD, RD, LD (KS)

Commission on Dietetic Registration

Board Certified Specialist in Renal Nutrition:

- Jessie Pavlinac, MS, RD, CSR, LD (OR)

For more information regarding nominations and elections, visit www.eatright.org/elections.

Jim Weinland

Director, Member Benefits and Services

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4863

Fax: 312/899-4812

www.eatright.org

1492. Daily News: Wednesday, February 26, 2014

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 26, 2014 12:17:54
Subject: Daily News: Wednesday, February 26, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

March is National Nutrition Month® - Enjoy the Taste of Eating Right!

NNM catalog, handouts and other resources at www.eatright.org/nnm.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

New CDC data shows 43 percent drop in obesity rates among children 2 to 5

http://www.washingtonpost.com/national/health-science/new-cdc-data-shows-43-percent-drop-in-obesity-rates-among-children-2-to-5/2014/02/25/b5b3a3fa-9e65-11e3-9ba6-800d1192d08b_story.html

Source: *JAMA*

<https://jama.jamanetwork.com/article.aspx?articleid=1832542>

Related Resource: EAL-Pediatric Weight Management Evidence-Based Nutrition Practice Guideline

<http://andevidencelibrary.com/topic.cfm?cat=2721>

Taking vitamins to prevent cancer or heart disease may backfire

<http://www.latimes.com/science/sciencenow/la-sci-sn-vitamins-cancer-heart-disease-risk-uspstf-20140224,0,2227604.story#axzz2uRNs0Ev>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=1832969>

Related Resource: Position Paper -Nutrient Supplementation

<http://www.eatright.org/About/Content.aspx?id=8409>

Study Finds Limited Benefit to Some Medical Homes

<http://www.nytimes.com/2014/02/26/your-money/study-finds-limited-benefit-to-some-medical-homes.html?ref=health>

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=1832540>

Related Resource: Integrating the Registered Dietitian (RD) into Primary Care - Comprehensive Primary Care Initiative (CPCI) Toolkit

<https://www.eatright.org/shop/product.aspx?id=6442476253>

Stroke Rounds: Poor Glucose Control a Stroke Risk for Women

<http://www.medpagetoday.com/Cardiology/Strokes/44474>

Source: *Diabetologia*

<http://www.diabetologia-journal.org/>

Gluten-free flours tested in muffin smackdown

<http://www.chicagotribune.com/features/food/sc-food-0221-gluten-free-flours-recipe-20140222,0,3887199.story>

Spirited cooking

Understanding what booze can do in your kitchen

<http://www.chicagotribune.com/features/food/sc-food-0221-prep-alcohol-cooking-20140222,0,3796477.story>

MedlinePlus: Current Health News

-Cashiers May Absorb Controversial Chemical When Handling Receipts

-Fever in 1st Trimester Might Raise Risk of Birth Defects

-Researchers Uncover the Secret Behind Bowel Movements

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Shedding baby weight: Lets be real

(Elizabeth Ward, RD quoted)

<http://www.washingtonpost.com/news/parenting/wp/2014/02/25/shedding-baby-weight-lets-be-real/>

5 Easy Ways to Eat Less Sugar

(By Cynthia Sass, RD)

<http://abcnews.go.com/Health/Wellness/easy-ways-eat-sugar/story?id=22603084#>

To Your Health: It's time to rethink the obesity blame game

(By Leia Kedem, RD)

<http://www.news-gazette.com/living/2014-02-25/your-health-its-time-rethink-obesity-blame-game.html>

Love Your Body Month event teaches students to fuel bodies, enjoy treats

(Jane Jakubczak, RD; Alexandra Raymond Dietetic & Carrie Bishop both dietetic students all quoted)

http://www.diamondbackonline.com/news/campus/article_3da15708-9ea2-11e3-910c-001a4bcf6878.html

Local woman who only eats fries, pizza speaks out

(Rachel Riddiford, RD quoted)

<http://www.daytondailynews.com/news/lifestyles/health/local-woman-who-only-eats-fries-pizza-speaks-out/ndbxL/>

Frozen pizza made healthier

(By Kati Mora, RD)

<http://www.themorningsun.com/lifestyle/20140225/kati-mora-frozen-pizza-made-healthier>

What's for breakfast: Kids edition

(Vickie Craker, RD quoted)

<http://www.wndu.com/home/headlines/Whats-for-breakfast-kids-diets-247240521.html?ref=521>

USDA Proposes New Standards For Food Served, Sold In Schools

(Sarah Martin, RD quoted)

<http://www.kplu.org/post/usda-proposes-new-standards-food-served-sold-schools>

Health benefits of tea not black or green issue

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x1196450198/Dietitian-Health-benefits-of-tea-no-black-or-green-issue>

Males and Eating Disorders teaches fitness and wellness

(Martha OGorman, RD quoted)

http://northernstar.info/campus/article_5fe98198-9ea5-11e3-850e-001a4bcf6878.html

Quote of the Week

I hope someday we will be able to proclaim that we have banished hunger in the United States, and that we've been able to bring nutrition and health to the whole world.

George McGovern

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or send a blank email to leave-26755-

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1493. Honor your colleagues

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Feb 25, 2014 17:13:19
Subject: Honor your colleagues
Attachment:

Honor your colleagues

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March 12 is Registered Dietitian Nutritionist Day when we celebrate your leadership in improving the nutritional status of Americans and people around the world. Commemorate the day with a gift from our extensive collection of RDN Day items. You may even want to treat yourself to something as well!

[View our online catalog and order today!](#)

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1494. 2014 Election Results

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: Susan Burns <Sburns@eatright.org>
Sent Date: Feb 25, 2014 16:28:23
Subject: 2014 Election Results
Attachment:

The Nominating Committee is pleased to report the outcome of the 2014 national election. The following individuals have been elected from among many excellent candidates. The Committee thanks all who participated in the nomination and election processes.

2014 ELECTION RESULTS

-

Board of Directors

President-elect: Evelyn Crayton, EdD, RDN, LDN (AL)

Treasurer-elect: Kay Wolf, PhD, RD, LD (OH)

Director-at-Large: Denice Ferko-Adams, MPH, RDN, LDN (PA)

House of Delegates

Speaker-elect: Aida Miles, MMSc, RD, LD (MN)

Director: Tracey Bates, MPH, RD, LDN (NC)

At-Large Delegate - Retired: Elaine Long, PhD, RDN, LD (ID)

At-Large Delegate - 30 Yrs of Age or Under: Laura Romig, RD, LD (TX)

Accreditation Council for Education in Nutrition and Dietetics

Practitioner Representative, RD:

- Ashley Vargas, PhD, RDN, CSG (VA)

Nominating Committee

- Lorna Fuller, MS, RD, LDN (OH)
- Penny McConnell, MS, RDN, SNS (VA)
- Tracy Wilczek, MS, RDN, LDN (MA)

Commission on Dietetic Registration

Registered Dietitian:

- Khursheed Navder, PhD, RDN (NY)
- Kevin Sauer, PhD, RD, LD (KS)

Commission on Dietetic Registration

Board Certified Specialist in Renal Nutrition:

- Jessie Pavlinac, MS, RD, CSR, LD (OR)

For more information regarding nominations and elections, visit www.eatright.org/elections.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1495. 2014 Election Results - CONFIDENTIAL UNTIL 3PM CT

From: Nominating Committee <Nominations@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'glennacac@aol.com' <'glennacac@aol.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, Patricia Babjak <PBABJAK@eatright.org>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>, Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 25, 2014 14:25:03
Subject: 2014 Election Results - CONFIDENTIAL UNTIL 3PM CT
Attachment: [image001.jpg](#)
[image003.jpg](#)

TO: Board of Directors

SUBJECT: 2014 Election Results – **CONFIDENTIAL UNTIL 3 PM CT**

The Nominating Committee is pleased to report the outcome of the 2014 national election. The following individuals have been elected from among many excellent candidates. The Committee thanks all who participated in the nomination and election processes. **Please keep the information confidential until 3:00 pm Central Time today when the slate is announced on the Academy's listservs and website.**

2014 ELECTION RESULTS

- Board of Directors

President-elect: Evelyn Crayton, EdD, RDN, LDN (AL)

Treasurer-elect: Kay Wolf, PhD, RD, LD (OH)

Director-at-Large: Denice Ferko-Adams, MPH, RDN, LDN (PA)

House of Delegates

Speaker-elect: Aida Miles, MMSc, RD, LD (MN)

Director: Tracey Bates, MPH, RD, LDN (NC)

At-Large Delegate - Retired: Elaine Long, PhD, RDN, LD (ID)

At-Large Delegate - 30 Yrs of Age or Under: Laura Romig, RD, LD (TX)

Accreditation Council for Education in Nutrition and Dietetics

Practitioner Representative, RD:

- Ashley Vargas, PhD, RDN, CSG (VA)

Nominating Committee

- Lorna Fuller, MS, RD, LDN (OH)
- Penny McConnell, MS, RDN, SNS (VA)
- Tracy Wilczek, MS, RDN, LDN (MA)

Commission on Dietetic Registration

Registered Dietitian:

- Khursheed Navder, PhD, RDN (NY)
- Kevin Sauer, PhD, RD, LD (KS)

Commission on Dietetic Registration

Board Certified Specialist in Renal Nutrition:

- Jessie Pavlinac, MS, RD, CSR, LD (OR)

1496. New Doodle Poll for Next Call

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 24, 2014 20:08:28
Subject: New Doodle Poll for Next Call
Attachment:

Hello,

The results of the Doodle poll show limited availability. To try and optimize options, I have added additional dates. Please click on the Doodle poll link below to participate.

<http://doodle.com/7g5qu8sbartdh67n>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

1497. National Nutrition Month Promotions Made Easy!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Feb 24, 2014 17:06:07
Subject: National Nutrition Month Promotions Made Easy!
Attachment:

National Nutrition Month Promotions Made Easy!

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The National Nutrition Month® 2014 theme, "Enjoy the Taste of Eating Right," focuses on how to combine taste and nutrition to create healthy meals that follow the Dietary Guidelines recommendations.

We are very excited to share with you new product catalog featuring a number of promotional kits to make your celebrations quick and easy. Visit www.eatright.org/nnm and get a head start on planning your celebration.

Get involved with National Nutrition Month® on social media by using the hashtag #NNM!

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1498. AND Executive Total Compensation Study Confirmation Letter 2-21-14

From: Carrolyn Patterson <CPatterson@eatright.org>
To: Glenna McCollum <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, 'Ethan Bergman' <bergmane@cwu.EDU>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Sent Date: Feb 24, 2014 13:23:11
Subject: AND Executive Total Compensation Study Confirmation Letter 2-21-14
Attachment: [AND Executive Total Compensation Study Confirmation Letter 2-21-14.docx](#)

Hello All,

Attached you will find the revised confirmation letter updated as discussed on our call last Friday. Please review and let me know if you are good with the changes.

Also, I will be sending an appointment soon for the March 7th call with PRM.

Thanks,

Carrolyn

1499. Daily News: Monday, February 24, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 24, 2014 11:49:06
Subject: Daily News: Monday, February 24, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

March is National Nutrition Month® - Enjoy the Taste of Eating Right!

NNM catalog, handouts and other resources at www.eatright.org/nnm.

Get the Most Nutrition from Your Calories and 'Enjoy the Taste of Eating Right' during National Nutrition Month and Beyond

(Debbi Beauvais, Academy Spokesperson quoted)

<http://www.newswise.com/articles/get-the-most-nutrition-from-your-calories-and-enjoy-the-taste-of-eating-right-during-national-nutrition-month-and-beyond>

Mothers Diet May Reduce Childs Allergies

Peanuts and milk consumed during pregnancy reduced asthma and allergy in children

<http://www.dailyrx.com/peanuts-and-milk-consumed-during-pregnancy-reduced-asthma-and-allergy-children>

Source: *J Allergy Clin Immunol*

<http://www.ncbi.nlm.nih.gov/pubmed/24522094>

Students' Health Habits Tied to School Success

Fitness, nutrition, proper sleep and TV restrictions appeared to make a difference in study of city kids

<http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/physical-health-key-for-academic-success-685059.html>

Source: *Journal of School Health*

<http://onlinelibrary.wiley.com/doi/10.1111/josh.12117/full>

Involved parents raise slimmer adults

<http://www.sciencedaily.com/releases/2014/02/140220083009.htm>

Source: PLoS ONE

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0087756>

High cost of fruit and vegetables linked to higher body fat in young children: Study

(High prices for fresh fruits and vegetables are associated with higher Body Mass Index (BMI) in young children in low- and middle-income households, according to new research)

<http://www.foodnavigator.com/Science-Nutrition/High-cost-of-fruit-and-vegetables-linked-to-higher-body-fat-in-young-children-Study>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2014/02/04/peds.2013-1963.abstract>

Pregnancy not the best time to lose weight: study

<http://www.chicagotribune.com/health/sns-rt-us-pregnancy-time-weight-20140221,0,4810665.story>

Source: *American Journal of Obstetrics and Gynecology*

[http://www.ajog.org/article/S0002-9378\(14\)00121-5/abstract](http://www.ajog.org/article/S0002-9378(14)00121-5/abstract)

Average Obese Woman Gets Just 1 Hour of Exercise a Year: Study

Obese men don't do much better, breaking a sweat only 3.6 hours annually, researchers say

<http://consumer.healthday.com/fitness-information-14/aerobics-or-calisthenics-health-news-239/average-obese-woman-gets-just-1-hour-of-exercise-per-year-study-684974.html>

Source: *Mayo Clinic Proceedings*

[http://www.mayoclinicproceedings.org/article/S0025-6196\(13\)00790-8/abstract](http://www.mayoclinicproceedings.org/article/S0025-6196(13)00790-8/abstract)

American Meat Plants Said to Face Shortages of Inspectors

<http://www.nytimes.com/2014/02/21/us/american-meat-plants-said-to-face-shortages-of-inspectors.html?partner=rss&emc=rss>

Well-funded program tries new approach to tackle overfishing in developing world

(Instead of competing for the same populations and hauling in as many fish as fast as they can, participants in the Fish Forever project assign individuals, villages and cooperatives rights to areas known as TURFs territorial user rights in fisheries)

http://www.washingtonpost.com/national/health-science/well-funded-program-tries-new-approach-to-tackle-overfishing-in-developing-world/2014/02/23/c3b678e0-9b33-11e3-975d-107dfef7b668_story.html

Turmeric: Snow Day Superfood

With a happy orange hue and an antioxidant content that's nothing to sneeze at, turmeric warms up the winter table

<http://online.wsj.com/news/articles/SB10001424052702303491404579391161611079056?mg=reno64->

[wsj&url=http%3A%2F%2Fonline.wsj.com%2Farticle%2FSB10001424052702303491404579391161611079056.html](http://www.wsj.com/article/SB10001424052702303491404579391161611079056.html)

Related Resource: WebMD

<http://www.webmd.com/vitamins-supplements/ingredientmono-662-TURMERIC.aspx?activeIngredientId=662&activeIngredientName=TURMERIC>

Registered Dietitians in the News

Eating Right For Heart Health

(Natalie Meador, RDN featured)

<http://www.wncn.com/story/24765310/eating-right-for-heart-health>

While not all diets are equal, weight loss helps reduce risk

(Lori Williams, RD & Jennifer Burton, RD quoted)

<http://www.dispatch.com/content/stories/local/2014/02/23/your-health/while-not-all-diets-are-equal-weight-loss-helps-reduce-risk.html>

Making mindful choices in whole-diet approach

Cutting back on saturated fat isn't inherently healthy it depends on what you replace it with

(By Carrie Dennett, RDN)

http://seattletimes.com/html/health/2022947141_healthdennett23xml.html

Dietitian offers gluten guidance

(Shelly Asplin, RDN quoted)

<http://www.omaha.com/article/20140222/LIVEWELL26/140229674/1697>

Woman seeks hypnotherapy to ward off Diet Coke addiction

(Sarah Schenker of the British Dietetic Association quoted)

<http://www.bangaloremirror.com/news/world/Woman-seeks-hypnotherapy-to-ward-off-Diet-Coke-addiction/articleshow/30911006.cms>

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or send a blank email to leave-26703-

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1500. RE: Corrections to Jan minutes

From: Paul Mifsud <PMifsud@eatright.org>
To: fellerb@auburn.edu <fellerb@auburn.edu>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Feb 22, 2014 13:07:36
Subject: RE: Corrections to Jan minutes
Attachment:

Robin,

As always, your input is invaluable!! I hope you are enjoying your time in New Zealand!

Paul

From: Robin Fellers [mailto:fellerb@auburn.edu]
Sent: Friday, February 21, 2014 10:35 PM
To: DMartin@Burke.k12.ga.us
Cc: Paul Mifsud
Subject: Corrections to Jan minutes

Donna:

I won't be at the Feb meeting, but will be back on 2/28 so will be at March, etc meetings. I have reviewed the minutes from January and suggest the following corrections:

Page 1: last word on the page, "close" should be "closed" (in my opinion).

Page 3: first line on page: "Appears" should be "appear."

Page 5: Paragraph numbering is off. There are two items numbered "5.0"

I do not have any input to the discussion, except that we must take care not to draw too happily on the Reserves. I know that the website is an expensive necessity, but feel we must be very careful when we undertake such projects. I get twitchy when membership thinks we have a big reserve so why not spend it, because I've been around my affiliate long enough to have had some experience

with that mindset. Having said that though, I know that Paul and the HQ managers are all very conscious of keeping expenses within budget. One further thought along these lines...although membership is at an all-time-high, it would be interesting to see if the RD-but-not-Academy-member number is also high, and what the historical and current ratios of RD with Academy membership/RD only might look like. I think we are seeing a trending downward change in FNCE attendance, which historically was a big revenue generator. "Times, they are a-changing" as the Communications/Learning Revolution gathers steam.

So much for my 2 cents' worth.

Robin

Robin B. Fellers, PhD, RD, LD

Associate Professor Emeritus

Department of Nutrition, Dietetics and Hospitality Management

Auburn University

Auburn, AL 36849

334-844-4261 (NDHM Office)

334-844-3268 (Fax)

1501. Follow-up from 2-20-14 Workgroup Teleconference

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 21, 2014 19:24:20
Subject: Follow-up from 2-20-14 Workgroup Teleconference
Attachment: [image001.jpg](#)
[Feb 20 Teleconference Notes .doc](#)

Hello,

Attached are the meeting notes from yesterday's call for your review and input. Please send your feedback to my attention and I will incorporate your changes for the next call.

To determine the date and time for the next call, please click on the Doodle poll link below and indicate your availability.

<http://doodle.com/7g5qu8sbartdh67n>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

1502. RE: May Child and Adolescent Weight Management Program (Buffalo)

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 21, 2014 17:56:19
Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)
Attachment: [image001.png](#)

Hi Donna,

We will be able to put you on the agenda on the 2nd day (May 29) to present at 8:30 am. You would need to arrive on the 1st day of the program (May 28). You would be able to take a 10 or 11 am flight home. Hopefully, this will meet your needs.

Have a good weekend.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Dmartin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, February 20, 2014 8:26 PM
To: Pearlie Johnson
Subject: Re: May Child and Adolescent Weight Management Program (Buffalo)

I thought it was Wednesday to Friday. Wednesday would be my first choice, but could do Thursday morning. Thanks for trying to accommodate me.

Sent from my iPad

On Feb 20, 2014, at 4:29 PM, Pearlie Johnson <PJohnson@eatright.org> wrote:

I am sorry – but I think I messed up on the dates because the program is Wednesday to Friday – May 28, 29, 30. So you prefer to present on Thursday, May 29?

Sorry about that.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

<image001.png>

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Thursday, February 20, 2014 3:25 PM

To: Pearlie Johnson

Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)

Definitely Thursday. I need to be home Thursday night. I would need to be finished by early afternoon so I could catch a flight home that night. Sorry to be a pain, but this is really important to me.

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 2/20/2014 4:23 PM >>>

Hi Donna,

What would be your preference? To present on Thursday, May 28 or Friday, May, 29?

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

<image001.png>

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Thursday, February 20, 2014 12:25 PM

To: Pearlie Johnson

Subject: May Child and Adolescent Weight Management Program (Buffalo)

Pearlie, I know you all are looking at trying to change the schedule for the Child and Adolescent Weight Management Course, but I need to make a schedule request for the May program in Buffalo please. My son is getting married in July and there is a huge party for him and his fiancé in Augusta on Saturday, May 31. We will be having a lot of out of town company coming to my house on that Friday, May 30th. Is there anyway I could present on Wednesday or Thursday instead of Friday. I would get back so late on Friday that my husband would not be happy. Thought I would ask early before you sent out the schedule and we had to try and change it then. Thanks for your help!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway

Waynesboro, GA 30830

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"USDA Healthier US School Challenge GOLD award recipient"

1503. RE: May Child and Adolescent Weight Management Program (Buffalo)

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 21, 2014 12:43:43
Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)
Attachment: [image001.png](#)

We are looking at other options. Hope to get back with you shortly.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

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pjohnson@eatright.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Friday, February 21, 2014 9:48 AM
To: Pearlie Johnson
Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)

Pearlie, It would be very difficult to get my talk and questions done in an hour. If that is the only time slot on Wednesday we can swap out, then I will have to adjust my talk for that program. Let me know if it works out. Thanks for your help.

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>>>Pearlie Johnson <PJohnson@eatright.org> 2/21/2014 10:08 AM >>>

Donna, I can check with Dana Gerstein to see if she can present on Friday morning in your time slot and move you to her time slot at 4:00 pm on Wednesday afternoon. However, we are working to end the day at 5:00 pm. Dana's presentation is an hour with Q &A. Are you willing to present within that hour time slot with Q &A? It would be difficult to place you on Thursday morning with the breakout sessions.

Pearlie Johnson-Freeman, MBA

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From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Friday, February 21, 2014 7:16 AM

To: Pearlie Johnson

Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)

Pearlie, I replied last night, but I am not sure you got the message. I would prefer Wednesday if at all possible, but could do Thursday before lunch. Thanks!

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>>>Pearlie Johnson <PJohnson@eatright.org> 2/20/2014 4:29 PM >>>

I am sorry – but I think I messed up on the dates because the program is Wednesday to Friday – May 28, 29, 30. So you prefer to present on Thursday, May 29?

Sorry about that.

Pearlie Johnson-Freeman, MBA

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From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Thursday, February 20, 2014 3:25 PM

To: Pearlie Johnson

Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)

Definitely Thursday. I need to be home Thursday night. I would need to be finished by early afternoon so I could catch a flight home that night. Sorry to be a pain, but this is really important to me.

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>>>Pearlie Johnson <PJohnson@eatright.org> 2/20/2014 4:23 PM >>>

Hi Donna,

What would be your preference? To present on Thursday, May 28 or Friday, May, 29?

Pearlie Johnson-Freeman, MBA

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From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Thursday, February 20, 2014 12:25 PM

To: Pearlie Johnson

Subject: May Child and Adolescent Weight Management Program (Buffalo)

Pearlie, I know you all are looking at trying to change the schedule for the Child and Adolescent Weight Management Course, but I need to make a schedule request for the May program in

Buffalo please. My son is getting married in July and there is a huge party for him and his fiancé in Augusta on Saturday, May 31. We will be having a lot of out of town company coming to my house on that Friday, May 30th. Is there anyway I could present on Wednesday or Thursday instead of Friday. I would get back so late on Friday that my husband would not be happy. Thought I would ask early before you sent out the schedule and we had to try and change it then. Thanks for your help!

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"USDA Healthier US School Challenge GOLD award recipient"

1504. RE: Finance and Audit Committee meeting on Tuesday, February 25th at 1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Feb 21, 2014 12:32:58
Subject: RE: Finance and Audit Committee meeting on Tuesday, February 25th at 1 p.m. CST
Attachment:

All,

I have added some information for the remaining Academy groups to the e-mail I sent yesterday. I am also happy to tell you our combined reserves increased again yesterday. We added another \$222,000 to the numbers reflected below. The markets continue to hold the gains today. So, hopefully, we will have even better numbers next week.

I have only provided a "high-level" overview for the remaining groups. As you know, the budgets are theirs to create. We just make sure the financials are represented correctly and meet the GAAP requirements that our auditors require.

If you have any questions or concerns, please let me know. Also, if you cannot make the call on Tuesday, please let me know as soon as possible.

Have a great weekend.

Paul

From: Paul Mifsud

Sent: Thursday, February 20, 2014 11:13 AM

To: Paul Mifsud; DMartin@Burke.k12.ga.us; 'Connors@ohsu.edu'; fellerb@auburn.edu; 'KMcClusky@lammorrison.com'; 'Elise Smith'; 'nhwooldridge@charter.net'; 'kendall@ufl.edu'; 'mstokes@usj.edu'; peark02@outlook.com

Cc: Joan Schwaba; Patricia Babjak; Maria Juarez; Christian Krapp; Barbara Visocan; Harold Holler; Jeanne Blankenship; Jeri Palmer; Joan Schwaba; Mary Beth Whalen; Mary Pat Raimondi; Patricia Babjak; Chris Reidy; Susan Burns; Alison Steiber; Mary Ann Taccona

Subject: RE: Finance and Audit Committee meeting on Tuesday, February 25th at 1 p.m. CST

All,

This year is definitely moving quickly. It is hard to believe we are already near the end of February. As such, we will have our next Finance and Audit Committee meeting on Tuesday, February 25th at 1 p.m. CST. Please let me know if you cannot attend. Maria will get the information onto the portal today and Eric Hayes will send to you a webinar request. This month, we will focus on the December final results and the preliminary January results. I will also provide to you an update on the budgets.

I. Investments

-
In January, our string of 4 consecutive positive months of investment returns was broken. The combined investment portfolio lost \$1,167,000. That still left us with gains of \$3,305,000 through January. This is well above the budgeted \$1,794,000. As we discussed on the call last month, a correction in the market was/is expected and is healthy. There is still a great deal of money sitting on the sidelines waiting for the right time to jump into the markets. I am not convinced that January was a "real" correction, but, there are far smarter people who manage investments who think otherwise. So, I will stay positive.

So far in February, the markets have brushed off the January losses. Yesterday wasn't any fun when the Federal Reserve minutes indicated some wanted to increase interest rates. Naturally, that resulted in a sell-off late in the day. However, that being said, the combined investment portfolios have still gained \$1,062,000 in February through yesterday's close. We have nearly recovered January's losses. There are still 7 trading days left for February, so anything can still happen between now and the end of the month.

Al Bryant will be joining us on April 30th and will provide his insight into the future and report on what I hope is an even better picture once February and March results are completed.

II. Reserves and Cash

-
I am raising this issue again because I believe we will need to move additional funds from reserves to manage operations. As we have discussed previously, cash this time of year does get a little tight. This is normal until the Membership Dues begin to flow in at the end of March. What is a little different this year is we have increased our spending across all of the Academy organizations and the inflow of cash is a little lower than in the last couple of years. The result is a need for operational cash. I would expect to move another \$500,000 within the next two weeks. Unless the cash inflows pick up, I can't guarantee this will get us to the end of March. I may need to comeback for additional funding.

In January, we had 80% of our budget in reserve. Taking out an additional \$500,000 will drop this number to 78%. If we need \$1,000,000 then this number will drop to 76%. This assumes no increases or decreases from the market returns. If the markets go up, then these numbers will look better. If the markets go down, then naturally, these will not look as good. I would be happy to discuss this on our call on Tuesday.

III. Academy December Financials

-
We did not make any changes to the preliminary December financials you received January.

IV. Academy preliminary January Financials (A10)

In January, the Academy operational results were back on target, beating the expected operating results by \$12,276. Revenue was lower than budget by \$35,586. However, expenses under-ran the budget by \$47,862. Since we all know the investment results did not look good in January, I will spare you from any further narrative (That should make Mary happy J).

Taking a look at the year to date numbers, the Academy currently has an Operating Deficit of (\$974.1K). This is nearly \$84.0K lower (better) than the budget. Revenue for the year is lower by \$372.4K while expenses for the year are lower by \$456.3K. So, with 2/3 rds. of the year behind us, we are ahead of our budget overall. The investments, even with the January losses, still make a big difference. To date, the Academy investments have gained \$1,328,038. This is \$464K higher than our budget. Our Net Income, through January, is now \$353,931. This is \$548.2K higher than our budget. So, factoring in Investment returns, our results for the year are good.

The following is a breakdown of the various categories for January:

A. Revenues

- a. **Membership Dues** - This area is **under budget** by \$33,796 in January and is **under budget** by \$138,158 for the year. I won't bore you with another explanation for why we are under-running Membership Dues. It is the same as last month.
- b. **Programs and Meetings** - This area is **over budget** by \$19,393 in January and is **under budget** by \$32,937 for the year. The over-run in January is due to two issues; FNCE charge-backs for registration by CDR, ACEND and the Foundation were done in January (up \$15.4K) and higher revenue from Professional development (up by \$4.0K). The FNCE registration charge-backs should have been done previously.
- c. **Publications and Materials** - This area is **under budget** by \$2,630 in January and is **under budget** by \$12,790 for the year. The under-run in January is primarily due to lower List Rental sales (down \$13.6K) and lower Research Publication sales (down \$6.0), offset by higher Traditional Publications (up \$15.3K) and higher across all other projects (up \$1.7K)
- d. **Subscriptions** – This area is **under budget** by \$18,517 in January and is **under budget** by \$63,751 for the year. The under-run for January is due to lower NCM and related products (down \$14.0K) and lower EAL (down \$4.5K).
- e. **Advertising** – This area is **on target** in January and **under budget** by \$47,125 for the year. Nothing was budgeted in January.

f. **All grants** - This area is **over budget** by \$9,979 in January and is **over budget** by \$7,649 for the year. The over-run in January is primarily due to the timing of recognition of grants for the Abbott Malnutrition project (up \$10.6K) and Research (up \$1.3K), offset by lower recognition of the Carry the Flame project (down \$1.6K) and lower for all other (down \$0.3K).

g. **Sponsorships** – This area is **under budget** by \$16,473 in January and is **under budget** by \$106,656 for the year. I mentioned earlier in the year that we were taking down the revenue by \$20,000 per month because we felt the budget would not be achieved. We still expect to fall short of budget. However, we have reduced the \$20,000 monthly shortfall to \$16,474 due to new activity in Sponsorships. It is still possible this will improve even further. If it does, we will make additional changes.

h. **Other** – This area was **over budget** by \$6,458 in January and is **over budget** by \$21,409 for the year. The over-run in January is due to the Member Benefit program (up \$5.1K) and Licensure income (up \$1.4K).

B. Expenses

a. **Personnel** – This area is **under budget** by \$714 in January and **over budget** by \$26,509 for the year. The under-run in January is primarily due to lower salary and wage expense.

b. **Publications** – This area is **over budget** by \$11,698 in January and **over budget** by \$25,327 for the year. The over-run in January is primarily due to higher Journal costs (up \$8.4K), higher Traditional Publications costs (up \$3.6K) offset by lower costs across all other projects (down \$0.3K).

c. **Travel** – This area is **under budget** by \$15,754 in January and **under budget** by \$134,436 for the year. The under-run in January is primarily due to lower Policy and Advocacy (down \$7.1K), lower Research (down 8.3K), and lower across all other projects (down \$0.4K).

d. **Professional Fees** - This area is **under budget** by \$16,122 in January and is **under budget** by \$149,872 for the year. The under-run in January is being driven by lower Research (down \$13.1K), lower Governance (down \$13.5K) lower Marketing and PR (down \$9.3), lower Membership (down \$3.1K), lower Traditional Publications (down \$3.6K), lower List Rental (down \$3.5K), lower Informatics (down \$1.2K), lower Journal (down \$1.8K) and lower Public Policy and Advocacy (down \$3.5K) offset by the timing of expenditures for Brand Research (up \$34.9K) and higher across all other (up \$1.6K).

e. **Postage and Mailing Service** – This area is **over budget** by \$549 in January and **under budget** by \$6,981 for the year. The over-run in January is across all projects with no material variances.

- f. **Office Supplies and Equipment** – This area is **under budget** by \$3,694 in January and **under budget** by \$14,567 for the year. The under-run in is due to lower Membership (down \$1.6K) and lower across all other projects (down \$2.1K).
- g. **Rent and utilities** - This area is **under budget** by \$3,711 in January and **under budget** by \$1,525 for the year. The under-run in January is due to the lower utility costs.
- h. **Telephone and communications** – This is **over budget** by \$1,986 in January and **over budget** by \$17,718 for the year. The over-run in January is due to higher telecommunication's costs in the Washington and Chicago offices.
- i. **Commissions** – This area is **on-target** in January and is **under budget** by \$7,825 for the year. Nothing was budgeted in January.
- j. **Computer Expenses** – This area is **over budget** by \$1,788 in January and **under budget** by \$32,593 for the year. The over-run in January is due to higher IT and web costs.
- k. **Advertising and Promotion** – This area is **under budget** by \$3,278 in January and **under budget** by \$5,203 for the year. The under-run in January is primarily due to lower Traditional Publications (down \$3.2K).
- l. **Insurance** – This area is **over budget** by \$843 in January and is **over budget** by \$4,810 for the year. The over-run in January is due to higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is **over budget** by \$2,459 in January and is **over budget** by \$2,459 for the year. Depreciation is a “recovery” of capital expenditures. We cannot begin depreciating capital expenditures until the work is completed and the services are up and running. Therefore, we estimate the costs in the beginning of the year. We have looked at the timelines for completion of current projects and have made an adjustment to reflect when we think the investment will begin being used. Naturally, the roll-out of the new consumer website is a big factor in this. So, depending on when this goes live, the estimate could change again.
- n. **Bank and trust fees** – This area is **over budget** by \$4,240 in January and **over budget** by \$42,041 for the year. The over-run in January is primarily due to higher credit card fees for normal operations.
- o. **Other** – This area is **under budget** by \$2,060 in January and **under budget** \$32,906 for the year. The under-run in January is primarily due to lower Research (down \$2.5K) offset by higher across all other projects (up \$0.5K).
- p. **Expense allocation** – This area is **over budget** by \$17,084 in January and is **over budget** by \$38,338 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.

- q. **Meeting services** – This area is **under budget** by \$5,217 in January and is **under budget** for the year by \$77,935. The under-run in January is primarily due to lower Marketing and PR expenses (down \$5.0K) and lower across all other projects (down \$0.2K)..
- r. **Legal and Audit** – This area is **under budget** by \$604 in January and is **under budget** by \$6,811 for the year. The under-run in January is due to lower legal costs.
- s. **Printing** – This area is **under budget** by \$3,190 in January and is **under budget** by \$66,215 for the year. The under-run in January is primarily due to lower expenses for Membership (down \$3.9K), offset by higher costs across all other projects (up \$0.7K).

So, overall, even with the variances, the Academy performed well in January and is still beating the Operating and Net Income targets for the year.

I. **Foundation Preliminary January Financials (A8)**

The Foundation had a good month in January, even though the financials may not reflect it.

Revenue was short of the budget by \$63,126 in January. Last month, I mentioned the General Mills grant of \$1.125M was not budgeted. I was mistaken. The budget was included at the sum we have normally received (\$600,000). You will see the Foundation missed its corporate contributions in January by nearly \$600,000. This is the budget for General Mills. I should have seen it when I reported the December results. So, if I remove the variance from the General Mills grants for the month, then the Foundation actually exceeded the revenue target by nearly \$537K. This is due mostly to a bequest received of over \$569K. Had it not been for the “budget” timing of the General Mills grants, the Foundation’s revenue would have been fantastic.

Expenses for the month of January were over budget by \$193,990. However, the majority of this is driven by the timing of the EB4K expenses which can be seen through the variance in Professional Services. This was budgeted and funded, so, it is really a timing issue and nothing of concern.

I won’t address the investment income except to say that the Foundation, through yesterday, February 20th, has recovered all of the losses from January!!!.

On a year to date basis, the Foundation has generated Operating Income of \$989,528 and Net Income of \$2,143,613. These both exceed the budget by \$1,625,010 and \$1,849,028 respectively. The Operating Income results are extremely impressive!

At the end of January, the Foundation's Net Assets are nearly \$22.4M (A9). This is a little less than last month, but, considering the investment returns, it is a great number. The Foundation is in a very strong financial position.

II. CDR's Preliminary January Financials (A11)

CDR had a good month in January. Revenue was short of the budget by \$7,320. This was offset by expenses under-running the budget by \$10,527. The end result was an Operating Income for January of \$34,460. This was \$3,207 higher than the budget. So, the bottom line for operating income was just above target.

As was the case for the Academy and the Foundation, investment results were poor. So, we will look to February to see how they recover.

On a year to date basis, even with the investment decline in January, CDR is performing well. CDR's revenue and expense both were favorable to the budget through January. Revenue is higher than budget by \$70,810 while expenses are lower than budget by \$292,350. Operationally, CDR's operational deficit is \$363,160 smaller (better) than the budgeted amount. Once you factor in the investment returns, CDR does have a Net Deficit of \$110,480. However, this is still \$785,438 smaller (better) than the budgeted amount. If the investment returns hold in February, I would expect CDR to return to a positive Net Income for the year.

III. DPGs/MIGs Preliminary January Financials (A12)

The DPGs/MIGs had a great month in January. Revenue collectively exceeded budget by \$15,877 while expenses collectively under-ran the budget by \$75,089. Had it not been for the investment results, the DPGS/MIGS would have had an very strong month financially.

Year to date, the DPGs/MIGs revenues are down \$276,963. Most of this is continues to be from Grants (down \$240,141). However, adding the expense under-runs from January increased the

total year to date under-run in expenses to \$568K. So, the expenses savings, so far, are more than twice the under-run in expense. This has resulted in an Operating Deficit that is \$291,079 smaller (better) than the budget.

Even with the investment losses for January, the year to date investment returns of \$400,635 has lifted the Net Income for the combined DPGS/MIGs to nearly \$351K. This is nearly \$692K better than the budget.

If you glance over to page A16, you will see that all of the DPGs/MIGs have reserves above the 50% minimum and none are in any danger at this point.

IV. ACEND Preliminary January Financials (A13)

ACEND continued its strong performance in January. Revenue exceeded the budget by \$1,765 while expenses were below budget by \$19,814. The only expense issue is driven by an accounting reclassification from travel to Meeting Services. That is the primary reason for the negative Travel number and the overall unfavorable variance for Meeting Services. ACEND continues to generate a savings in personnel from not having the Executive Director position filled.

On a year to date basis, everything is working well for ACEND. Revenue is up, expenses are down and above all else, ACEND's reserves continue to grow. ACEND's reserves have now approached \$316K putting them on a solid financial footing.

V. ANDPAC Preliminary January Financials (A14)

ANDPAC had a good month in January. Please keep in mind that the PAC's budget year begins in January. A new budget was approved by the PAC board. This will result in changes to the January through May information provided previously (A7). That being said, even with the new budget, revenue was slightly higher than budget (up by \$948) while expenses were slightly lower than budget (down \$6,827). We did have a political contribution of \$2,500 returned in January. This is why the Donations expense line item is negative. The donation was returned because the political candidate is not accepting donations from Political Action Committees at this time.

Year to date, the PAC is doing well with revenue exceeding the revised budget by \$5,259 and expenses under-running the revised budget by \$20,861. Even though the PAC has a Net Deficit of \$49K, it is \$26.1K smaller (better) than the budget. The net result is the PAC reserves still

remain healthy with \$233.4K available.

1505. FW: Voting Update

From: Patricia Babjak <PBABJAK@eatright.org>
To: Neva Cochran <nevacoch@aol.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, Ellen Shanley <ellen.shanley@uconn.edu>,
Elise Smith <easaden@aol.com>, Margaret Garner <mgarner@cchs.ua.edu>,
dwheller@mindspring.com <dwheller@mindspring.com>,
peark02@outlook.com <peark02@outlook.com>
Sent Date: Feb 21, 2014 12:25:30
Subject: FW: Voting Update
Attachment: [image001.png](#)
[image002.jpg](#)

What I didn't want to say to the full Board is that a single slate **without** a strong Nominating Committee can actually be damaging if the best qualified candidate is not selected. I think a single slate will work once there are assurances that the Nominating Committee is a strong one.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

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From: Patricia Babjak

Sent: Friday, February 21, 2014 11:10 AM

To: DMartin@Burke.k12.ga.us; Nancylewis1000@

Cc: KMcClusky@; McClusky, Kathy; becky@; bergmane@; bkyle@; c.christie@; connors@;
dwheller@; easaden@; glenna@; joe.derochowski@; lbeseler_fnc@; linda.farr@; mgarner@;
peark02@; sandralgill@

Subject: RE: Voting Update

Although other groups are moving in this direction for a variety of reasons, including voting apathy and lack of candidates willing to run, I wonder if the timing is optimal for us to introduce a single slate. When I read Mr. Kress' communication, he notes three major changes within the last few years, which although discussed with our members, were not voted on. He doesn't question whether they should or shouldn't have been voted on, however, I wonder if there are members who would perceive an uncontested slate at this time as "another" loss of member voice. I look forward to the deliberations of this option by the Board's workgroup evaluating the Nominating Committee and its processes.

Pat

Patricia M. Babjak

Chief Executive Officer

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From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Friday, February 21, 2014 8:24 AM

To: Patricia Babjak; Nancylewis1000@

Cc: KMcClusky@; McClusky, Kathy; becky@; bergmane@; bkyle@; c.christie@; connors@; dwheller@; easaden@; glenna@; joe.derochowski@; lbeseler_fnc@; linda.farr@; mgarner@; peark02@; sandralgill@

Subject: RE: Voting Update

Pat, I think this brings up the issue of us seriously considering going to a single slate, instead of having an election. I seriously doubt that we will get a huge voter turnout by the end of the election on February 22.

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Patricia Babjak <PBABJAK@eatright.org> 2/20/2014 6:13 PM >>>
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Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Nancy Lewis [mailto:nancylewis1000@gmail.com]

Sent: Thursday, February 20, 2014 3:52 PM

To: McClusky, Kathy

Cc: Patricia Babjak; glenna@glennamccollum.com; connors@ohsu.edu; bergmane@cwu.edu; KMcClusky@iammorrison.com; DMartin@Burke.k12.ga.us; peark02@outlook.com; easaden@aol.com; becky@beckydorner.com; lbeseler_fnc@bellsouth.net; c.christie@unf.edu; mgarner@cchs.ua.edu; linda.farr@me.com; dwheller@mindspring.com; bkyle@roadrunner.com; joe.derochowski@connell-group.com; sandralgill@comcast.net

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Nancy Lewis, PhD, RDN, FADA

Speaker, House of Delegates

Academy of Nutrition and Dietetics

Professor Emerita, University of Nebraska, Lincoln

Nancylewis1000@gmail.com

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Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; 'dwheller@mindspring.com'; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

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<image001.jpg><image002.gif>

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February 16, 2014

<image003.jpg>

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Art Kress

President 2013-2014

California Dietetic Association

This email is subject to certain disclaimers, which may be reviewed via the following link.
<http://compass-usa.com/Pages/Disclaimer.aspx>

1506. RE: Voting Update

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Sent Date: Feb 21, 2014 12:13:25
Subject: RE: Voting Update
Attachment: [image001.png](#)
[image002.jpg](#)

Although other groups are moving in this direction for a variety of reasons, including voting apathy and lack of candidates willing to run, I wonder if the timing is optimal for us to introduce a single slate. When I read Mr. Kress' communication, he notes three major changes within the last few years, which although discussed with our members, were not voted on. He doesn't question whether they should or shouldn't have been voted on, however, I wonder if there are members who would perceive an uncontested slate at this time as "another" loss of member voice. I look forward to the deliberations of this option by the Board's workgroup evaluating the Nominating Committee and its processes.

Pat

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312/899-4856

pbabjak@eatright.org

www.eatright.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Friday, February 21, 2014 8:24 AM

To: Patricia Babjak; Nancylewis1000@

Cc: KMcClusky@; McClusky, Kathy; becky@; bergmane@; bkyle@; c.christie@; connors@; dwheller@; easaden@; glenna@; joe.derochowski@; lbeseler_fnc@; linda.farr@; mgarner@; peark02@; sandralgill@

Subject: RE: Voting Update

Pat, I think this brings up the issue of us seriously considering going to a single slate, instead of having an election. I seriously doubt that we will get a huge voter turnout by the end of the election on February 22.

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

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1507. Daily News & Journal Review: Friday, February 21, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 21, 2014 12:12:33
Subject: Daily News & Journal Review: Friday, February 21, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

March is National Nutrition Month® - Enjoy the Taste of Eating Right!

NNM catalog, handouts and other resources at www.eatright.org/nnm.

High glycemic index foods and dairy products linked to acne

(Jennifer Burris, RD quoted)

<http://www.sciencedaily.com/releases/2013/02/130220084809.htm>

Source: *Journal of the Academy of Nutrition and Dietetics*

-Acne: The Role of Medical Nutrition Therapy

[http://www.andjrn.org/article/S2212-2672\(12\)01923-5/abstract](http://www.andjrn.org/article/S2212-2672(12)01923-5/abstract)

Drop in youth obesity epidemic tied to public health investments | King County Public Health

<http://www.courierherald.com/news/246384801.html>

Source: CDC-MMWR

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6307a4.htm?s_cid=mm6307a4_w

Related Resources: Academy Advocates for Prevention Health Funding on Capitol Hill

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452623&mycontentid=6442480016>

Public Policy Workshop March 30 to April 1, 2014, Washington, D.C

<http://www.eatright.org/ppw/>

Bariatric Surgery Beneficial in Type 1 Diabetes

<http://www.medpagetoday.com/Endocrinology/Diabetes/44400>

Source: *Diabetes Care*

<http://care.diabetesjournals.org/content/37/3/e51.extract>

Outpatient Care for Kidney Disease May Lead to Complications

Small study found side effects such as low blood sugar, high potassium, severe dizziness

(The new study will appear in an upcoming issue of the *Journal of the American Society of Nephrology*)

<http://consumer.healthday.com/diabetes-information-10/misc-diabetes-news-181/briefs-emb-2-20-5pmet-kidney-disease-patients-medical-care-harm-jasn-release-batch-1145-685001.html>

Many U.S. Hospitals Fall Short in Preventing Infections

Study authors consider findings 'a call to action'

http://www.nlm.nih.gov/medlineplus/news/fullstory_144697.html

Source: *American Journal of Infection Control*

[http://www.ajicjournal.org/article/S0196-6553\(13\)01310-2/abstract](http://www.ajicjournal.org/article/S0196-6553(13)01310-2/abstract)

These Apps Are Made for Walking

http://www.nytimes.com/2014/02/20/technology/personaltech/these-apps-are-made-for-walking.html?_r=0

Registered Dietitians in the News

Nutrients, genes build bodies together

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_25177030/nutrients-genes-build-bodies-together?IADID=Search-www.montereyherald.com-www.montereyherald.com

Cited: Position of the Academy of Nutrition and Dietetics: Nutritional Genomics

[http://www.andjrn.org/article/S2212-2672\(13\)01783-8/abstract](http://www.andjrn.org/article/S2212-2672(13)01783-8/abstract)

Whole-food snacks that kids can prepare themselves, or with a little help

(Jan Hodge, RD & April Mitsch, RD quoted)

http://www.oregonlive.com/kiddo/index.ssf/2014/02/whole_food_snacks_that_kids_ca.html

Losing Weight Naturally

(Kristina Greene, RD, Lori Granich, RD & Jill Kilhefner, RD all quoted)

http://www.nwitimes.com/niche/get-healthy/healthy-living/losing-weight-naturally/article_8b57a08f-d9fa-5865-95b8-68aea1c27b9e.html

Heart smart: Tips on how to eat healthy for your heart

(Lisa Andrews, RD quoted)

<http://www.fox19.com/story/24764866/heart-smart-five-tips-on-how-to-eat-healthy-for-your-heart>

4 Ways to Outsmart Fat Traps

(Wendy Bazilian, RD quoted)

<http://abcnews.go.com/Health/Wellness/ways-outsmart-fat-traps/story?id=22602379#>

Rugby learns supplements lessons after league and AFL scandals

(Every dietitian employed by these teams must be accredited by the Dietitians Association of Australia and Sports Dietitians Australia)

<http://www.theaustralian.com.au/sport/rugby-union/rugby-learns-supplements-lessons-after-league-and-afl-scandals/story-e6frg7o6-1226834196441#>

Journal Review

***Journal of the Academy of Nutrition and Dietetics*, March 2014**

<http://www.andjrnl.org/current>

Presidents Page: For National Nutrition Month: Take Risks That Yield Rewards

[http://www.andjrnl.org/article/S2212-2672\(14\)00002-1/fulltext](http://www.andjrnl.org/article/S2212-2672(14)00002-1/fulltext)

The Politics and Process of Revising the DSM-V and the Impact of Changes on Dietetics

[http://www.andjrnl.org/article/S2212-2672\(13\)01793-0/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01793-0/fulltext)

Slower Eating Speed Lowers Energy Intake in Normal-Weight but not Overweight/Obese Subjects

[http://www.andjrnl.org/article/S2212-2672\(13\)01673-0/abstract](http://www.andjrnl.org/article/S2212-2672(13)01673-0/abstract)

Child and Parent Perceived Food-Induced Gastrointestinal Symptoms and Quality of Life in Children with Functional Gastrointestinal Disorders

[http://www.andjrnl.org/article/S2212-2672\(13\)01610-9/abstract](http://www.andjrnl.org/article/S2212-2672(13)01610-9/abstract)

Longitudinal and Secular Trends in Dietary Supplement Use: Nurses' Health Study and Health Professionals Follow-Up Study, 1986-2006

[http://www.andjrnl.org/article/S2212-2672\(13\)01253-7/abstract](http://www.andjrnl.org/article/S2212-2672(13)01253-7/abstract)

Academy of Nutrition and Dietetics: Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Sustainable, Resilient, and Healthy Food and Water Systems

[http://www.andjrnl.org/article/S2212-2672\(13\)01682-1/abstract](http://www.andjrnl.org/article/S2212-2672(13)01682-1/abstract)

Ethical Selection of Enteral and Infant Formula: Demonstrating Evidence-Based Practice and a Responsible Vendor Relationship

[http://www.andjrnl.org/article/S2212-2672\(13\)01892-3/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01892-3/fulltext)

Question of the Month: Is There Research to Support a Specific Diet for Psoriasis?

[http://www.andjrnl.org/article/S2212-2672\(14\)00004-5/fulltext](http://www.andjrnl.org/article/S2212-2672(14)00004-5/fulltext)

***Academys MNT Provider*, February 2014**

<http://www.eatright.org/Publications/MNTProvider/February2014/index.html>

-Health coaching done right: How health coaching can complement medical nutrition therapy

-ICD-10 Testing Week for electronic claims submission is March 3 through March 7

-Protect your National Provider Identifier

American Journal of Epidemiology, March 1, 2014

<http://aje.oxfordjournals.org/content/179/5?etoc>

Birth Weight, Physical Morbidity, and Mortality: A Population-based Sibling-Comparison Study

<http://aje.oxfordjournals.org/content/179/5/550.abstract>

The Combined Relationship of Occupational and Leisure-Time Physical Activity With All-Cause Mortality Among Men, Accounting for Physical Fitness

<http://aje.oxfordjournals.org/content/179/5/559.abstract>

Social Relationships and Longitudinal Changes in Body Mass Index and Waist Circumference: The Coronary Artery Risk Development in Young Adults Study

<http://aje.oxfordjournals.org/content/179/5/567.abstract>

Racial Differences in Gout Incidence in a Population-Based Cohort: Atherosclerosis Risk in Communities Study

<http://aje.oxfordjournals.org/content/179/5/576.abstract>

Annals of Internal Medicine, February 18, 2014

<http://annals.org/issue.aspx>

Risk Assessment, Genetic Counseling, and Genetic Testing for BRCA-Related Cancer in Women: A Systematic Review to Update the U.S. Preventive Services Task Force Recommendation

<http://annals.org/article.aspx?articleid=1791501>

Diabetes, March 2014

<http://diabetes.diabetesjournals.org/content/63/3?etoc>

Effect of Plasma Uric Acid on Antioxidant Capacity, Oxidative Stress, and Insulin Sensitivity in Obese Subjects

<http://diabetes.diabetesjournals.org/content/63/3/976.abstract>

Body Fat Partitioning Does Not Explain the Interethnic Variation in Insulin Sensitivity Among Asian Ethnicity: The Singapore Adults Metabolism Study

<http://diabetes.diabetesjournals.org/content/63/3/1093.abstract>

Circulating Inflammatory Markers and the Risk of Vascular Complications and Mortality in People With Type 2 Diabetes and Cardiovascular Disease or Risk Factors: The ADVANCE Study

<http://diabetes.diabetesjournals.org/content/63/3/1115.abstract>

Diabetes Care, March 2014

<http://care.diabetesjournals.org/content/37/3?etoc>

Preoperative A1C and Clinical Outcomes in Patients With Diabetes Undergoing Major Noncardiac Surgical Procedures

<http://care.diabetesjournals.org/content/37/3/611.abstract>

A Randomized Controlled Trial of Cognitive Behavioral Therapy for Adherence and Depression (CBT-AD) in Patients With Uncontrolled Type 2 Diabetes

<http://care.diabetesjournals.org/content/37/3/625.abstract>

The Quality of Periconception Medical Care in Women With Diabetes Needs Improvement

<http://care.diabetesjournals.org/content/37/3/678.abstract>

Sex Differences in Diabetes and Risk of Incident Coronary Artery Disease in Healthy Young and Middle-Aged Adults

<http://care.diabetesjournals.org/content/37/3/830.abstract>

Food Control, February 10-18, 2014, Online First

<http://www.sciencedirect.com/science/journal/aip/09567135>

Modelling the interaction of storage temperature, pH, and water activity on the growth behaviour of *Listeria monocytogenes* in raw and pasteurised semi-soft rind washed milk cheese during storage following ripening

<http://www.sciencedirect.com/science/article/pii/S0956713514000644>

Consumption of raw or heated milk from different species: An evaluation of the nutritional and potential health benefits

<http://www.sciencedirect.com/science/article/pii/S0956713514000607>

Food Management, February 2014

<http://food-management.com/february-2014#1>

-Outlook 2014: Whats Trending Across Onsite, in Healthcare, in Higher Education, in Business Dining, and in K-12

-One Fish Two Fish Redfish, Monkfish

Food Technology Magazine, February 2014

<http://www.ift.org/food-technology/current-issue.aspx>

Salaries Back on Track

<http://www.ift.org/food-technology/past-issues/2014/february/features/salarysurvey.aspx>

How Consumers Are Choosing to Lose

<http://www.ift.org/food-technology/past-issues/2014/february/columns/consumer-trends.aspx>

Good Things Come in Small Sizes

<http://www.ift.org/food-technology/past-issues/2014/february/columns/nutraceuticals.aspx>

Arsenic and Old Rice

<http://www.ift.org/food-technology/past-issues/2014/february/columns/food-safety-and-quality.aspx>

International Journal of Food Sciences and Nutrition, March 2014

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000002>

Nutravigilance: principles and practices to enhance adverse event reporting in the dietary supplement and natural products industry

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000002/art00001>

Dietary strategies to recover from exercise-induced muscle damage

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000002/art00004>

JAMA, February 19, 2014

<http://jama.jamanetwork.com/issue.aspx>

Effect of a Home-Based Exercise Program on Functional Recovery Following Rehabilitation After Hip FractureA Randomized Clinical Trial

<http://jama.jamanetwork.com/article.aspx?articleid=1829991>

For Malnourished Infants, Deficits Reversible After 2 Years of Age

<http://jama.jamanetwork.com/article.aspx?articleid=1830002>

Tax on Sugary Beverages in India Could Reduce Obesity and Diabetes

<http://jama.jamanetwork.com/article.aspx?articleid=1830001>

Journal of Biological Research, No 1 (2014)

<http://www.pagepressjournals.org/index.php/jbr/issue/view/184>

Metabolic syndrome and cognitive performance in the elderly

<http://www.pagepressjournals.org/index.php/jbr/article/view/2132>

Relationship between maximal fat oxidation and oxygen uptake: comparison between type 2 diabetes patients and healthy sedentary subjects

<http://www.pagepressjournals.org/index.php/jbr/article/view/2136>

New England Journal of Medicine, February 20, 2014

<http://www.nejm.org/toc/nejm/medical-journal>

Informed Consent, Comparative Effectiveness, and Learning Health Care

<http://www.nejm.org/doi/full/10.1056/NEJMHle1313674>

Informed Consent for Pragmatic Trials The Integrated Consent Model

<http://www.nejm.org/doi/full/10.1056/NEJMHle1312508>

Vitamin B12 and Pernicious Anemia The Dawn of Molecular Medicine

<http://www.nejm.org/doi/full/10.1056/NEJMcibr1315544>

Nutrition, February 10-16, 2014, Online First

<http://www.sciencedirect.com/science/journal/aip/08999007>

Potato chips and childhood: What does science say, a hidden silent killer?

<http://www.sciencedirect.com/science/article/pii/S0899900714000744>

Refractory hypoglycemia and subsequent cardiogenic shock in starvation and refeeding: Report of three cases

<http://www.sciencedirect.com/science/article/pii/S0899900714000732>

Nutrition Research, February 7-13, 2014, Online First

<http://www.sciencedirect.com/science/journal/aip/02715317>

Fruit and vegetable intake, as reflected by serum carotenoid concentrations, predicts reduced probability of PCB-associated risk for type 2 diabetes: NHANES 20032004

<http://www.sciencedirect.com/science/article/pii/S0271531714000220>

Nutrition Reviews, February 2014

<http://onlinelibrary.wiley.com/doi/10.1111/nure.2014.72.issue-2/issuetoc>

Dairy product intake in children and adolescents in developed countries: trends, nutritional contribution, and a review of association with health outcomes

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12078/abstract>

Fortification: new findings and implications

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12086/abstract>

Today's Dietitian, February 2014

http://www.todaysdietitian.com/current_issue.shtml

PCOS in Aging Women Beyond Hormones and Hot Flashes

<http://www.todaysdietitian.com/newarchives/020314p40.shtml>

Nutrition, Inflammation, and Disease

<http://www.todaysdietitian.com/newarchives/020314p44.shtml>

Evaluating the New ADA Guidelines Theres No One-Size-Fits-All Diet Plan

<http://www.todaysdietitian.com/newarchives/020314p10.shtml>

Are Clients on a Budget? Heres a Money-Saving Guide to Eating Gluten Free

<http://www.todaysdietitian.com/newarchives/020314p14.shtml>

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<http://www.eatright.org/positions/>

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=26677

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26677-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1508. RE: Voting Update

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Nancylewis1000@
 <gmail.com Nancylewis1000@gmail.com>
Cc: KMcClusky@ <iammorrison.com 'KMcClusky@iammorrison.com'>, McClusky,
 Kathy <KathyMcClusky@IamMorrison.com>, becky@ <beckydorner.com
 'becky@beckydorner.com'>, bergmane@ <cwu.edu 'bergmane@cwu.edu'>,
 bkyle@ <roadrunner.com 'bkyle@roadrunner.com'>, c.christie@ <unf.edu
 'c.christie@unf.edu'>, connors@ <ohsu.edu 'connors@ohsu.edu'>, dwheller@
 <mindspring.com dwheller@mindspring.com>, easaden@ <aol.com
 'easaden@aol.com'>, glenna@ <glennamccollum.com
 'glenna@glennamccollum.com'>, joe.derochowski@ <connell-group.com
 'joe.derochowski@connell-group.com'>, lbeseler_fnc@ <bellsouth.net
 'lbeseler_fnc@bellsouth.net'>, linda.farr@ <me.com 'linda.farr@me.com'>,
 mgarner@ <cchs.ua.edu 'mgarner@cchs.ua.edu'>, peark02@ <outlook.com
 peark02@outlook.com>, sandralgill@ <comcast.net
 'sandalgill@comcast.net'>
Sent Date: Feb 21, 2014 12:09:41
Subject: RE: Voting Update
Attachment: [image001.png](#)
[image002.jpg](#)

Although other groups are moving in this direction for a variety of reasons, including voting apathy and lack of candidates willing to run, I wonder if the timing is optimal for us to introduce a single slate. When I read Mr. Kress' communication, he notes three major changes within the last few years, which although discussed with our members, were not voted on. He doesn't question whether they should or shouldn't have been voted on, however, I wonder if there are members who would perceive an uncontested slate at this time as "another" loss of member voice. I look forward to the deliberations of this option by the Board's workgroup evaluating the Nominating Committee and its processes.

Pat

Patricia M. Babjak

Chief Executive Officer

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From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Friday, February 21, 2014 8:24 AM

To: Patricia Babjak; Nancylewis1000@

Cc: KMcClusky@; McClusky, Kathy; becky@; bergmane@; bkyle@; c.christie@; connors@; dwheller@; easaden@; glenna@; joe.derochowski@; lbeseler_fnc@; linda.farr@; mgarner@; peark02@; sandralgill@

Subject: RE: Voting Update

Pat, I think this brings up the issue of us seriously considering going to a single slate, instead of having an election. I seriously doubt that we will get a huge voter turnout by the end of the election on February 22.

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Patricia Babjak <PBABJAK@eatright.org> 2/20/2014 6:13 PM >>>

Nancy,

The voter turnout for the Academy national elections is on target with other organizations, as noted below. Dietetic Practice Group ballot voter turnout is between 10-15% each year.

American Academy of Dermatology: 18,000 w/ voting rights - 29% voter turnout

American Association of Diabetes Educators: 14,055 w/ voting rights - 10% voter turnout

American Academy of Pediatrics: 49,165 w/ voting rights - 14.9% voter turnout

American Health Information Management Association: 64,000 w/ voting rights - 11% voter turnout

Pat

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From: Nancy Lewis [<mailto:nancylewis1000@gmail.com>]

Sent: Thursday, February 20, 2014 3:52 PM

To: McClusky, Kathy

Cc: Patricia Babjak; glenna@glennamccollum.com; connors@ohsu.edu; bergmane@cwu.edu; KMccusky@iammorrison.com; DMartin@Burke.k12.ga.us; peark02@outlook.com; easaden@aol.com; becky@beckydorner.com; lbeseler_fnc@bellsouth.net; c.christie@unf.edu; mgarner@cchs.ua.edu; linda.farr@me.com; dwheller@mindspring.com; bkyle@roadrunner.com; joe.derochowski@connell-group.com; sandralgill@comcast.net

Subject: Re: Voting Update

Do we have any idea what percentage of members in other professional groups vote?

Do any of the DPG's have higher rates of voting?

Just thinking about whether we are "normal" by other groups numbers.

Nancy Lewis, PhD, RDN, FADA

Speaker, House of Delegates

Academy of Nutrition and Dietetics

Professor Emerita, University of Nebraska, Lincoln

Nancylewis1000@gmail.com

On Feb 20, 2014, at 4:39 PM, "McClusky, Kathy" <KathyMcClusky@IamMorrison.com> wrote:

Well, everyone, this is a sad tale indeed. We probably really do need to "think about this."
(Whatever that means.)

From: Patricia Babjak [mailto:PBABJAK@eatright.org]

Sent: Thursday, February 20, 2014 2:00 PM

To: 'glenna@glennamccollum.com'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@Iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; 'dwheller@mindspring.com'; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

Subject: Voting Update

I am sharing with you an interesting tactic used by a member of the California affiliate, urging its members to vote. Please see his communication below. I am attaching the list of affiliates and their voting stats for your information. We increased promotional efforts this year and as of today, only 9.6% have voted; the deadline is Saturday, February 22. Last year, 14% of the total membership voted.

Pat

Patricia M. Babjak

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<image001.jpg><image002.gif>

<image002.gif>

February 16, 2014

<image003.jpg>

NEWS FLASH!

As of today (February 16th), California is number 51 of all affiliate organizations in voting for Academy leadership positions! We are trailed only by affiliates AM.OVERSEAS, New Jersey, NO.AFILIATE, and Puerto Rico. And the District of Columbia with an estimated population of 646,449 appears at number 6.

Today, only 5% of you have voted, and that's a surprisingly low number.

The Academy has made many changes recently that significantly impact all of us: the RDN designation was added, RD's will soon be required to have a Master's degree, and perhaps most significant, the name American Dietetic Association was changed to the Academy of Nutrition and Dietetics.

Are you happy with these changes? If you are, then show your support by voting for those responsible. If you're not happy, then vote for someone else who reflects your own positions, desires, and dreams. You can definitely make a difference.

Those who get elected to national office set the standards for years to come and determine how dietetics will be practiced in the future. There should be nothing more important to us all and I challenge you to make California's voice heard.

Don't let the District of Columbia make these decisions for you!

Voting will continue through February 22. You can participate by clicking on the following link:
<http://elections.webauthor.com/elections/vote.cfm>

Art Kress

President 2013-2014

California Dietetic Association

This email is subject to certain disclaimers, which may be reviewed via the following link.
<http://compass-usa.com/Pages/Disclaimer.aspx>

1509. RE: HOD Treasurer's report

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 21, 2014 11:26:53
Subject: RE: HOD Treasurer's report
Attachment:

Donna,

I missed this yesterday. I think for this presentation, we go with what is happening now. We will need to address going forward with the budgets and FAC. As for the COO; The "classical" way a COO would be done is not what I understand Pat wants to do. I think Pat is great, but, she would not feel comfortable giving up the day to day operational details. So, then you have to ask yourself what is all the COO fuss about? Even if you promote someone from within, are you adding another \$30K, \$40K, more per year? If so, all this does is shift the curve in a negative fashion without getting a dramatic change in the organization. Keep in mind, we eliminated the in house lawyer and Marketing VP when Pat took over. It was the right decision and we saved a great deal of money. This helped to hold our expenses down to a reasonable level, at least through 2012.

Right now, my concern is we are increasing our expense base without sufficient top line revenue growth. If I remove FNCE (do to the inconsistent nature) and Membership, our revenue will actually decline from 2008 to 2014. If you look at the chart I provided, we have been able to manage both revenue and expense pretty well through 2012. At that point things began to shift. We are adding costs to the business without a top line revenue to cover it. So, naturally, that means "digging" into reserves. I am glad investment income continues to rise. That has helped in using reserves without depleting reserves. However, as the gap between revenue and expense grows, the ability for us to not deplete reserves will disappear. What happens if the market turns south? I am not trying to cry wolf. However, it does keep me up at night.

As we get into the budget process further, I will provide additional information. I hope you are staying warm. I am home today, so, if you need anything, just call my cell phone at 630-750-8311.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, February 20, 2014 9:55 AM
To: Paul Mifsud
Subject: HOD Treasurer's report

Paul,

I tried to reply to previous email, but it kept coming back undeliverable. Decided to just email it straight to you and not reply to previous post.

I don't want to sound alarms for everyone, but I want to be realistic, too. If members do not understand the long term financial picture, then they might want to ask for things that we cannot accommodate them on. On another note, that you might not even know about, Pat did say that she was going to probably promote someone from within for the COO position. Therefore, not creating a new position (that we would have to fund for many years, yikes!). I will wait and see what Harold comes up with, but I think we are both on the same page in terms of where we stand and how we need to be letting membership know what the long term outlook could be. Hopefully, it will not come to pass, but we need to be very cognizant of what is coming down the pike. I will not share this with anyone, but this is kind of what I was thinking was coming.

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1510. RE: May Child and Adolescent Weight Management Program (Buffalo)

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 21, 2014 10:08:16
Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)
Attachment: [image001.png](#)

Donna, I can check with Dana Gerstein to see if she can present on Friday morning in your time slot and move you to her time slot at 4:00 pm on Wednesday afternoon. However, we are working to end the day at 5:00 pm. Dana's presentation is an hour with Q &A. Are you willing to present within that hour time slot with Q &A? It would be difficult to place you on Thursday morning with the breakout sessions.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

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phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Friday, February 21, 2014 7:16 AM

To: Pearlie Johnson

Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)

Pearlie, I replied last night, but I am not sure you got the message. I would prefer Wednesday if at all possible, but could do Thursday before lunch. Thanks!

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 2/20/2014 4:29 PM >>>

I am sorry – but I think I messed up on the dates because the program is Wednesday to Friday – May 28, 29, 30. So you prefer to present on Thursday, May 29?

Sorry about that.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

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pjohnson@eatright.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Thursday, February 20, 2014 3:25 PM

To: Pearlie Johnson

Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)

Definitely Thursday. I need to be home Thursday night. I would need to be finished by early afternoon so I could catch a flight home that night. Sorry to be a pain, but this is really important to me.

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 2/20/2014 4:23 PM >>>

Hi Donna,

What would be your preference? To present on Thursday, May 28 or Friday, May, 29?

Pearlie Johnson-Freeman, MBA

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pjohnson@eatright.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Thursday, February 20, 2014 12:25 PM

To: Pearlie Johnson

Subject: May Child and Adolescent Weight Management Program (Buffalo)

Pearlie, I know you all are looking at trying to change the schedule for the Child and Adolescent Weight Management Course, but I need to make a schedule request for the May program in Buffalo please. My son is getting married in July and there is a huge party for him and his fiancé in Augusta on Saturday, May 31. We will be having a lot of out of town company coming to my house on that Friday, May 30th. Is there anyway I could present on Wednesday or Thursday instead of Friday. I would get back so late on Friday that my husband would not be happy. Thought I would ask early before you sent out the schedule and we had to try and change it then. Thanks for your help!

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"USDA Healthier US School Challenge GOLD award recipient"

1511. RE: CEO/COO Compensation Benchmarking Update Call

From: Carrolyn Patterson <CPatterson@eatright.org>
To: Glenna McCollum <glenna@glennamccollum.com>, peark02@outlook.com
<peark02@outlook.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'Kathy McClusky'
<KMcClusky@iammorrison.com>, sonjaconnormsrd@gmail.com
<sonjaconnormsrd@gmail.com>, 'Ethan Bergman' <bergmane@cwu.EDU>,
'Lyn McCloskey' <Lyn.McCloskey@prmconsulting.com>
Cc: 'Russell, Mary E' <mary_russell@baxter.com>, 'McClusky, Kathy'
<KathyMcClusky@IamMorrison.com>
Sent Date: Feb 21, 2014 08:17:27
Subject: RE: CEO/COO Compensation Benchmarking Update Call
Attachment: [AND Executive Total Compensation Study Confirmation Letter 2-13-14 \(2\).docx](#)
[CEO JOB DESCRIPTION 01-24-14.doc](#)
[Suggested Peer Group - CEO Comp Study - 2-20-2014.xlsx](#)

Good Morning!

Attached you will find the draft CEO Peer Group as promised. For your convenience, I am reattaching the documents I sent yesterday so that you will have them in one place for the call.

I look forward to speaking with each of you soon.

Thanks,
Carrolyn

Carrolyn Patterson, MBA
Director, Human Resources
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120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312/899-4733
312/899-4766 fax
www.eatright.org

From: Glenna McCollum [mailto:glenna@glennamccollum.com]

Sent: Thursday, February 20, 2014 11:37 AM

To: Carrolyn Patterson; peark02@outlook.com; DMartin@Burke.k12.ga.us; 'Kathy McClusky';

sonjaconnormsrd@gmail.com; 'Ethan Bergman'; 'Lyn Mccloskey'
Cc: 'Russell, Mary E'; 'McClusky, Kathy'
Subject: RE: CEO/COO Compensation Benchmarking Update Call

Hello Carolyn:

Thank you for coordinating the conference call tomorrow. Would you please email the CEO Compensation Committee a copy of the revised PRM agreement as well as the CEO job description that separates the strategic and managerial responsibilities.

Thank you and look forward to our call tomorrow.

Glenna

Dr. Glenna McCollum, MPH, RDN
President 2013-2014
The Academy of Nutrition and Dietetics

Wisdom is knowing when enough is sufficient - P Goedert, Esq.
Take time to enjoy a *Granada afternoon!*

-----Original Appointment-----

From: Carolyn Patterson [mailto:CPatterson@eatright.org]
Sent: Wednesday, February 19, 2014 11:59 AM
To: peark02@outlook.com; Glenna McCollum; DMartin@Burke.k12.ga.us; 'Kathy McClusky'; sonjaconnormsrd@gmail.com; 'Ethan Bergman'; Lyn Mccloskey
Cc: Russell, Mary E; McClusky, Kathy
Subject: CEO/COO Compensation Benchmarking Update Call
When: Friday, February 21, 2014 11:00 AM-12:00 PM (UTC-07:00) Arizona.
Where: conference call

This is to confirm that the call on Friday is 12pm CST (10am PST and 1pm EST).

Hello All,

I have scheduled the CEO/COO Compensation Benchmarking Update Call for Friday, February 21st at 12pm CST (10am PST, and 1pm EST) . I hope I got the time zones correct and everyone can make this time.

Attached is the latest version of the CEO job description that has been finalized by Pat. I have provided Lyn (PRM) with the additional materials she has requested. I will forward the draft Peer Group Recommendations at a later date.

Below you will find the conference dial in information:

Conference Dial In: 866/477- 4564

Conference Code: 290 838 7374

Lead: 6881

I look forward to speaking with you again and please let me know if you need anything prior to the call.

Thanks!

Carrolyn

<<File: CEO JOB DESCRIPTION 01-24-14.doc >>

1512. RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'Connors@ohsu.edu' <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nhwooldridge@charter.net' <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Feb 20, 2014 18:00:30
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST
Attachment: [image002.png](#)

All,

The documents for our FAC conference call scheduled **February 25, 2014** are loaded into the portal. With the exception of the December narrative. This document will be loaded tomorrow.

Folder name “ **FAC February 25, 2014 conference call** ”

Please login on the portal using the link <https://eal.webauthor.com> and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

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Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1513. RE: CEO/COO Compensation Benchmarking Update Call

From: Carrolyn Patterson <CPatterson@eatright.org>
To: Glenna McCollum <glenna@glennamccollum.com>, peark02@outlook.com
<peark02@outlook.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'Kathy McClusky'
<KMcClusky@iammorrison.com>, sonjaconnormsrd@gmail.com
<sonjaconnormsrd@gmail.com>, 'Ethan Bergman' <bergmane@cwu.EDU>,
'Lyn Mccloskey' <Lyn.McCloskey@prmconsulting.com>
Cc: 'Russell, Mary E' <mary_russell@baxter.com>, 'McClusky, Kathy'
<KathyMcClusky@IamMorrison.com>
Sent Date: Feb 20, 2014 17:56:14
Subject: RE: CEO/COO Compensation Benchmarking Update Call
Attachment: [CEO JOB DESCRIPTION 01-24-14.doc](#)
[AND Executive Total Compensation Study Confirmation Letter 2-13-14](#)
[\(2\).docx](#)

Hello All,

Attached you will find the revised PRM contract and the CEO Job Description finalized by Pat on 1/24/14. In addition, I should receive the draft Peer Group from Lyn in the morning and will forward prior to the meeting. I apologize if the information comes over a little weird. I am working in DC for a couple of days and the computer I am using is a bit challenged.

Please let me know if you need any additional information.

Carrolyn

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From: Glenna McCollum [mailto:glenna@glennamccollum.com]

Sent: Thursday, February 20, 2014 11:37 AM

To: Carolyn Patterson; peark02@outlook.com; DMartin@Burke.k12.ga.us; 'Kathy McClusky'; sonjaconnormsrd@gmail.com; 'Ethan Bergman'; 'Lyn McCloskey'

Cc: 'Russell, Mary E'; 'McClusky, Kathy'

Subject: RE: CEO/COO Compensation Benchmarking Update Call

Hello Carolyn:

Thank you for coordinating the conference call tomorrow. Would you please email the CEO Compensation Committee a copy of the revised PRM agreement as well as the CEO job description that separates the strategic and managerial responsibilities.

Thank you and look forward to our call tomorrow.

Glenna

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

Wisdom is knowing when enough is sufficient - P Goedert, Esq.

Take time to enjoy a *Granada afternoon!*

-----Original Appointment-----

From: Carolyn Patterson [mailto:CPatterson@eatright.org]

Sent: Wednesday, February 19, 2014 11:59 AM

To: peark02@outlook.com; Glenna McCollum; DMartin@Burke.k12.ga.us; 'Kathy McClusky'; sonjaconnormsrd@gmail.com; 'Ethan Bergman'; Lyn McCloskey

Cc: Russell, Mary E; McClusky, Kathy

Subject: CEO/COO Compensation Benchmarking Update Call

When: Friday, February 21, 2014 11:00 AM-12:00 PM (UTC-07:00) Arizona.

Where: conference call

This is to confirm that the call on Friday is 12pm CST (10am PST and 1pm EST).

Hello All,

I have scheduled the CEO/COO Compensation Benchmarking Update Call for Friday, February 21st at 12pm CST (10am PST, and 1pm EST) . I hope I got the time zones correct and everyone can make this time.

Attached is the latest version of the CEO job description that has been finalized by Pat. I have provided Lyn (PRM) with the additional materials she has requested. I will forward the draft Peer Group Recommendations at a later date.

Below you will find the conference dial in information:

Conference Dial In: 866/477- 4564

Conference Code: 290 838 7374

Lead: 6881

I look forward to speaking with you again and please let me know if you need anything prior to the call.

Thanks!

Carrolyn

<<File: CEO JOB DESCRIPTION 01-24-14.doc >>

1514. RE: May Child and Adolescent Weight Management Program (Buffalo)

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 20, 2014 16:29:54
Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)
Attachment: [image001.png](#)

I am sorry – but I think I messed up on the dates because the program in Wednesday to Friday – May 28, 29, 30. So you prefer to present on Thursday, May 29?

Sorry about that.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Thursday, February 20, 2014 3:25 PM

To: Pearlie Johnson

Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)

Definitely Thursday. I need to be home Thursday night. I would need to be finished by early afternoon so I could catch a flight home that night. Sorry to be a pain, but this is really important to me.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 2/20/2014 4:23 PM >>>
Hi Donna,

What would be your preference? To present on Thursday, May 28 or Friday, May, 29?

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To: Pearlie Johnson

Subject: May Child and Adolescent Weight Management Program (Buffalo)

Pearlie, I know you all are looking at trying to change the schedule for the Child and Adolescent Weight Management Course, but I need to make a schedule request for the May program in Buffalo please. My son is getting married in July and there is a huge party for him and his fiancé in Augusta on Saturday, May 31. We will be having a lot of out of town company coming to my house on that Friday, May 30th. Is there anyway I could present on Wednesday or Thursday instead of Friday. I would get back so late on Friday that my husband would not be happy. Thought I would ask early before you sent out the schedule and we had to try and change it then. Thanks for your help!

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"USDA Healthier US School Challenge GOLD award recipient"

1515. RE: May Child and Adolescent Weight Management Program (Buffalo)

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 20, 2014 16:23:08
Subject: RE: May Child and Adolescent Weight Management Program (Buffalo)
Attachment: [image001.png](#)

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To: Pearlie Johnson

Subject: May Child and Adolescent Weight Management Program (Buffalo)

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1516. Voting Update

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KM McClusky@iammorrison.com' <'KM McClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Sent Date: Feb 20, 2014 14:00:02
Subject: Voting Update
Attachment: [image003.gif](#)
[image002.jpg](#)
[image005.jpg](#)
[Affiliate Vote Stats as of 022014.pdf](#)

I am sharing with you an interesting tactic used by a member of the California affiliate, urging its members to vote. Please see his communication below. I am attaching the list of affiliates and their voting stats for your information. We increased promotional efforts this year and as of today, only 9.6% have voted; the deadline is Saturday, February 22. Last year, 14% of the total membership voted.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

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www.eatright.org

February 16, 2014

NEWS FLASH!

As of today (February 16th), California is number 51 of all affiliate organizations in voting for Academy leadership positions! We are trailed only by affiliates AM.OVERSEAS, New Jersey, NO.AFILIATE, and Puerto Rico. And the District of Columbia with an estimated population of 646,449 appears at number 6.

Today, only 5% of you have voted, and that's a surprisingly low number.

The Academy has made many changes recently that significantly impact all of us: the RDN designation was added, RD's will soon be required to have a Master's degree, and perhaps most significant, the name American Dietetic Association was changed to the Academy of Nutrition and Dietetics.

Are you happy with these changes? If you are, then show your support by voting for those responsible. If you're not happy, then vote for someone else who reflects your own positions, desires, and dreams. You can definitely make a difference.

Those who get elected to national office set the standards for years to come and determine how dietetics will be practiced in the future. There should be nothing more important to us all and I challenge you to make California's voice heard.

Don't let the District of Columbia make these decisions for you!

Voting will continue through February 22. You can participate by clicking on the following link:
<http://elections.webauthor.com/elections/vote.cfm>

Art Kress

President 2013-2014

California Dietetic Association

1517. Availability - Childhood Weight Management Program - March 2015 in North Carolina

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Dana Engel GERSTEIN' <danaeg@berkeley.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Michelle Horan' <mhoranrd@gmail.com>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Gail Frank' <Gail.Frank@csulb.edu>
Sent Date: Feb 20, 2014 13:09:34
Subject: Availability - Childhood Weight Management Program - March 2015 in North Carolina
Attachment: [image001.png](#)

Hello Everyone,

We have identified availability at the Sheraton Hotel in Chapel Hill, North Carolina for the following dates.

March 19-21, 2015 – Thursday - Saturday

March 26-28, 2015 – Thursday - Saturday

Please confirm your availability. We will only schedule one program based on your availability.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

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fax: 312-899-4772

pjohnson@eatright.org

1518. RE: Finance and Audit Committee meeting on Tuesday, February 25th at 1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Feb 20, 2014 12:12:54
Subject: RE: Finance and Audit Committee meeting on Tuesday, February 25th at 1 p.m. CST
Attachment:

All,

This year is definitely moving quickly. It is hard to believe we are already near the end of February. As such, we will have our next Finance and Audit Committee meeting on Tuesday, February 25th at 1 p.m. CST. Please let me know if you cannot attend. Maria will get the information onto the portal today and Eric Hayes will send to you a webinar request. This month, we will focus on the December final results and the preliminary January results. I will also provide to you an update on the budgets.

I. Investments

-
 In January, our string of 4 consecutive positive months of investment returns was broken. The combined investment portfolio lost \$1,167,000. That still left us with gains of \$3,305,000 through

January. This is well above the budgeted \$1,794,000. As we discussed on the call last month, a correction in the market was/is expected and is healthy. There is still a great deal of money sitting on the sidelines waiting for the right time to jump into the markets. I am not convinced that January was a “real” correction, but, there are far smarter people who manage investments who think otherwise. So, I will stay positive.

So far in February, the markets have brushed off the January losses. Yesterday wasn't any fun when the Federal Reserve minutes indicated some wanted to increase interest rates. Naturally, that resulted in a sell-off late in the day. However, that being said, the combined investment portfolios have still gained \$1,062,000 in February through yesterday's close. We have nearly recovered January's losses. There are still 7 trading days left for February, so anything can still happen between now and the end of the month.

Al Bryant will be joining us on April 30th and will provide his insight into the future and report on what I hope is an even better picture once February and March results are completed.

II. Reserves and Cash

I am raising this issue again because I believe we will need to move additional funds from reserves to manage operations. As we have discussed previously, cash this time of year does get a little tight. This is normal until the Membership Dues begin to flow in at the end of March. What is a little different this year is we have increased our spending across all of the Academy organizations and the inflow of cash is a little lower than in the last couple of years. The result is a need for operational cash. I would expect to move another \$500,000 within the next two weeks. Unless the cash inflows pick up, I can't guarantee this will get us to the end of March. I may need to comeback for additional funding.

In January, we had 80% of our budget in reserve. Taking out an additional \$500,000 will drop this number to 78%. If we need \$1,000,000 then this number will drop to 76%. This assumes no increases or decreases from the market returns. If the markets go up, then these numbers will look better. If the markets go down, then naturally, these will not look as good. I would be happy to discuss this on our call on Tuesday.

III. Academy December Financials

-
We did not make any changes to the preliminary December financials you received January.

IV. Academy preliminary January Financials (A10)

In January, the Academy operational results were back on target, beating the expected operating results by \$12,276. Revenue was lower than budget by \$35,586. However, expenses under-ran the budget by \$47,862. Since we all know the investment results did not look good in January, I will spare you from any further narrative (That should make Mary happy J).

Taking a look at the year to date numbers, the Academy currently has an Operating Deficit of (\$974.1K). This is nearly \$84.0K lower (better) than the budget. Revenue for the year is lower by \$372.4K while expenses for the year are lower by \$456.3K. So, with 2/3 rds. of the year behind us, we are ahead of our budget overall. The investments, even with the January losses, still make a big difference. To date, the Academy investments have gained \$1,328,038. This is \$464K higher than our budget. Our Net Income, through January, is now \$353,931. This is \$548.2K higher than our budget. So, factoring in Investment returns, our results for the year are good.

The following is a breakdown of the various categories for January:

A. Revenues

- a. **Membership Dues** - This area is **under budget** by \$33,796 in January and is **under budget** by \$138,158 for the year. I won't bore you with another explanation for why we are under-running Membership Dues. It is the same as last month.
- b. **Programs and Meetings** - This area is **over budget** by \$19,393 in January and is **under budget** by \$32,937 for the year. The over-run in January is due to two issues; FNCE charge-backs for registration by CDR, ACEND and the Foundation were done in January (up \$15.4K) and higher revenue from Professional development (up by \$4.0K). The FNCE registration charge-backs should have been done previously.
- c. **Publications and Materials** - This area is **under budget** by \$2,630 in January and is **under budget** by \$12,790 for the year. The under-run in January is primarily due to lower List Rental sales (down \$13.6K) and lower Research Publication sales (down \$6.0), offset by higher Traditional Publications (up \$15.3K) and higher across all other projects (up \$1.7K)

- d. **Subscriptions** – This area is **under budget** by \$18,517 in January and is **under budget** by \$63,751 for the year. The under-run for January is due to lower NCM and related products (down \$14.0K) and lower EAL (down \$4.5K).
- e. **Advertising** – This area is **on target** in January and **under budget** by \$47,125 for the year. Nothing was budgeted in January.
- f. **All grants** - This area is **over budget** by \$9,979 in January and is **over budget** by \$7,649 for the year. The over-run in January is primarily due to the timing of recognition of grants for the Abbott Malnutrition project (up \$10.6K) and Research (up \$1.3K), offset by lower recognition of the Carry the Flame project (down \$1.6K) and lower for all other (down \$0.3K).
- g. **Sponsorships** – This area is **under budget** by \$16,473 in January and is **under budget** by \$106,656 for the year. I mentioned earlier in the year that we were taking down the revenue by \$20,000 per month because we felt the budget would not be achieved. We still expect to fall short of budget. However, we have reduced the \$20,000 monthly shortfall to \$16,474 due to new activity in Sponsorships. It is still possible this will improve even further. If it does, we will make additional changes.
- h. **Other** – This area was **over budget** by \$6,458 in January and is **over budget** by \$21,409 for the year. The over-run in January is due to the Member Benefit program (up \$5.1K) and Licensure income (up \$1.4K).

B. Expenses

- a. **Personnel** – This area is **under budget** by \$714 in January and **over budget** by \$26,509 for the year. The under-run in January is primarily due to lower salary and wage expense.
- b. **Publications** – This area is **over budget** by \$11,698 in January and **over budget** by \$25,327 for the year. The over-run in January is primarily due to higher Journal costs (up \$8.4K), higher Traditional Publications costs (up \$3.6K) offset by lower costs across all other projects (down \$0.3K).
- c. **Travel** – This area is **under budget** by \$15,754 in January and **under budget** by \$134,436 for the year. The under-run in January is primarily due to lower Policy and Advocacy (down \$7.1K), lower Research (down 8.3K), and lower across all other projects (down \$0.4K).
- d. **Professional Fees** - This area is **under budget** by \$16,122 in January and is **under budget** by \$149,872 for the year. The under-run in January is being driven by lower Research (down \$13.1K), lower Governance (down \$13.5K) lower Marketing and PR (down \$9.3), lower Membership (down \$3.1K), lower Traditional Publications (down \$3.6K), lower List Rental (down \$3.5K), lower Informatics (down \$1.2K), lower Journal (down \$1.8K) and lower Public Policy and Advocacy (down \$3.5K) offset by the timing of expenditures for Brand Research (up \$34.9K) and

higher across all other (up \$1.6K).

e. **Postage and Mailing Service** – This area is **over budget** by \$549 in January and **under budget** by \$6,981 for the year. The over-run in January is across all projects with no material variances.

f. **Office Supplies and Equipment** – This area is **under budget** by \$3,694 in January and **under budget** by \$14,567 for the year. The under-run in is due to lower Membership (down \$1.6K) and lower across all other projects (down \$2.1K).

g. **Rent and utilities** - This area is **under budget** by \$3,711 in January and **under budget** by \$1,525 for the year. The under-run in January is due to the lower utility costs.

h. **Telephone and communications** – This is **over budget** by \$1,986 in January and **over budget** by \$17,718 for the year. The over-run in January is due to higher telecommunication's costs in the Washington and Chicago offices.

i. **Commissions** – This area is **on-target** in January and is **under budget** by \$7,825 for the year. Nothing was budgeted in January.

j. **Computer Expenses** – This area is **over budget** by \$1,788 in January and **under budget** by \$32,593 for the year. The over-run in January is due to higher IT and web costs.

k. **Advertising and Promotion** – This area is **under budget** by \$3,278 in January and **under budget** by \$5,203 for the year. The under-run in January is primarily due to lower Traditional Publications (down \$3.2K).

l. **Insurance** – This area is **over budget** by \$843 in January and is **over budget** by \$4,810 for the year. The over-run in January is due to higher insurance premiums and will continue for the year.

m. **Depreciation** – This area is **over budget** by \$2,459 in January and is **over budget** by \$2,459 for the year. Depreciation is a “recovery” of capital expenditures. We cannot begin depreciating capital expenditures until the work is completed and the services are up and running. Therefore, we estimate the costs in the beginning of the year. We have looked at the timelines for completion of current projects and have made an adjustment to reflect when we think the investment will begin being used. Naturally, the roll-out of the new consumer website is a big factor in this. So, depending on when this goes live, the estimate could change again.

n. **Bank and trust fees** – This area is **over budget** by \$4,240 in January and **over budget** by \$42,041 for the year. The over-run in January is primarily due to higher credit card fees for normal operations.

o. **Other** – This area is **under budget** by \$2,060 in January and **under budget** \$32,906 for the year. The under-run in January is primarily due to lower Research (down \$2.5K) offset by higher

across all other projects (up \$0.5K).

- p. **Expense allocation** – This area is **over budget** by \$17,084 in January and is **over budget** by \$38,338 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$5,217 in January and is **under budget** for the year by \$77,935. The under-run in January is primarily due to lower Marketing and PR expenses (down \$5.0K) and lower across all other projects (down \$0.2K)..
- r. **Legal and Audit** – This area is **under budget** by \$604 in January and is **under budget** by \$6,811 for the year. The under-run in January is due to lower legal costs.
- s. **Printing** – This area is **under budget** by \$3,190 in January and is **under budget** by \$66,215 for the year. The under-run in January is primarily due to lower expenses for Membership (down \$3.9K), offset by higher costs across all other projects (up \$0.7K).

So, overall, even with the variances, the Academy performed well in January and is still beating the Operating and Net Income targets for the year. I have to stop here because I am off today and promised to take my wife to lunch. So, I will continue the narrative by adding the other groups tomorrow.

Have a great day.

Paul

1519. FW: from the CDA President: Academy Voting! Vote Now!

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Neva Cochran <nevacoch@aol.com>, Ellen Shanley <ellen.shanley@uconn.edu>, Elise Smith <easaden@aol.com>, Margaret Garner <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Feb 20, 2014 11:55:33
Subject: FW: from the CDA President: Academy Voting! Vote Now!
Attachment: [image004.gif](#)
[image007.png](#)
[image008.gif](#)
[image003.jpg](#)
[image006.jpg](#)
[Affiliate Vote Stats as of 022014.pdf](#)

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Patricia M. Babjak

Chief Executive Officer

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Art Kress

President 2013-2014

California Dietetic Association

Forward this email

This email was sent to myadrick@computrition.com by ca_dietetic@dietitian.org |
Update Profile/Email Address | Instant removal with SafeUnsubscribe™ | Privacy Policy.

California Dietetic Association | 7740 Manchester Avenue | Suite 102 | Playa del Rey | CA |
90293-8499

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1520. New Academy Position Paper-Published February 2014

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KM McClusky@iammorrison.com' <'KM McClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra gill@comcast.net' <'sandra gill@comcast.net'>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Donna Wickstrom <dwickstrom@eatright.org>
Sent Date: Feb 20, 2014 11:32:39
Subject: New Academy Position Paper-Published February 2014
Attachment: [image003.jpg](#)

Correspondence from the Christine A. Rosenbloom, Chair of the Academy Positions Committee follows.

+++++

Memorandum

To: Academy Staff

From: Christine A. Rosenbloom, PhD, RD, LD, CSSD, Chair, Academy Positions Committee

Date: 2/20/2014

Re: NEW Academy Position Paper-Published February 2014

A NEW Academy Position Paper *Nutritional Genomics* is published in the February 2014 *Journal of the Academy of Nutrition and Dietetics*. You can access the Academy position and practice paper web site at:

<http://www.eatright.org/positions/>

The new position paper can be accessed on the Academy Web site at the link below:

<http://www.eatright.org/About/Content.aspx?id=6442479881>

Thank you.

cc: Donna L. Wickstrom, MS, RD, Manager, HOD Governance

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1521. RE: Agenda for next week's FAC call

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 20, 2014 10:21:03
Subject: RE: Agenda for next week's FAC call
Attachment: [image003.png](#)

Donna,

All good questions. I know the original was housed on the HOD COI. However, I don't know where. I will reach out to Harold. I will agree with you on our challenges going forward. I am creating some charts showing the financials from 2008 onward. It isn't too good. Hopefully, you can see the chart below. The green line reflects the expenses and the brown line reflects the revenue. As you can see, the gap is small up until 2011, then breaks away in FY12, FY13 and FY14. I have made some estimates for 14, so, it may narrow a little. When the budgets get done, I will have a better handle on the information because it will include a forecast for the year. If the trend does not change, then FY15 won't look good. Please don't share this yet since this is not done and I haven't shared it with Pat. If we continue to spend money beyond our revenue, even with investment returns, we will see the Academy reserves erode very quickly.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, February 20, 2014 9:05 AM
To: Paul Mifsud
Subject: RE: Agenda for next week's FAC call

Paul, Is this something where I do an audio recording, that goes along with the slides, and it is housed on-line for delegates to watch? If so, I actually like what Mary did last year for the Spring meeting. I think just giving them an overview of where we stand this year to date, is what they need. I would also like to see us add something on some of the challenges we see ahead of us for the future in budgeting. Such as decreased sponsorship, increased benefit costs, slow down in some of the publication sales, decreased FNCE revenue (or at least questions surrounding FNCE

income), the fact that our investment income has been saving us (but what happens if we have a serious market correction), and I am sure you have an even longer list than that. I don't want to be gloom and doom, but I don't want them to think we are a money machine either. We are in good shape financially, but in future years it may be tougher to stay the course. Just my thoughts!!!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 2/20/2014 9:43 AM >>>
Donna,

You are correct. I will add this to the agenda. Here is the one Mary did last year. I also have included the HOD presentation from the fall. I could use the same "template" from the fall, just updated and maybe remove a slide or two. Keep in mind since this is recorded, and we are no longer in Houston, I would eliminate the sounds and animation.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, February 20, 2014 8:29 AM
To: Paul Mifsud
Subject: Re: Agenda for next week's FAC call

Paul, The only other thing I thought we need to add to the agenda is to mention about the F2F meeting in Chicago in April, to make sure people have made flight arrangements, etc. Can you send me what one of the previous presentations that Mary did for HOD? That might give me a chance to put on my thinking cap, to see if there is anything I might want to add or change. It might keep you from having to redo things some? Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 2/19/2014 4:45 PM >>>
Donna,

Attached is the agenda for the FAC call next week. Let me know your thoughts. I am working on your HOD meeting presentation. I hope to have a draft to you next week.

Paul

1522. RE: Agenda for next week's FAC call

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 20, 2014 09:43:37
Subject: RE: Agenda for next week's FAC call
Attachment: [2013 hod spring presentation final for mary 3212013 without notes.pptx](#)
[donna fall final.ppt](#)

Donna,

You are correct. I will add this to the agenda. Here is the one Mary did last year. I also have included the HOD presentation from the fall. I could use the same "template" from the fall, just updated and maybe remove a slide or two. Keep in mind since this is recorded, and we are no longer in Houston, I would eliminate the sounds and animation.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Thursday, February 20, 2014 8:29 AM
To: Paul Mifsud
Subject: Re: Agenda for next week's FAC call

Paul, The only other thing I thought we need to add to the agenda is to mention about the F2F meeting in Chicago in April, to make sure people have made flight arrangements, etc. Can you send me what one of the previous presentations that Mary did for HOD? That might give me a chance to put on my thinking cap, to see if there is anything I might want to add or change. It might keep you from having to redo things some? Thanks!

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 2/19/2014 4:45 PM >>>

Donna,

Attached is the agenda for the FAC call next week. Let me know your thoughts. I am working on your HOD meeting presentation. I hope to have a draft to you next week.

Paul

1523. Agenda for next week's FAC call

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 19, 2014 16:45:35
Subject: Agenda for next week's FAC call
Attachment: [february agenda.doc](#)

Donna,

Attached is the agenda for the FAC call next week. Let me know your thoughts. I am working on your HOD meeting presentation. I hope to have a draft to you next week.

Paul

1524. Agenda and Supporting Materials for February 20 Call

From: Joan Schwaba <JSchwaba@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Neva Cochran <nevacoch@aol.com>, Ellen Shanley <ellen.shanley@uconn.edu>, Elise Smith <easaden@aol.com>, Margaret Garner <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, peark02@outlook.com <peark02@outlook.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 19, 2014 16:39:25
Subject: Agenda and Supporting Materials for February 20 Call
Attachment: [image001.jpg](#)
[022014 NC Eval WG Call Agenda.doc](#)
[Att A. Single Slate vs Contested Elections 021914.doc](#)
[Att B. Dissemination of Vote Tallies.doc](#)
[Att C. Time Commitment of President Position.doc](#)
[Att D. Leadership Track Information.pdf](#)
[Att E. 2-04-14 Teleconference Notes REV022014.doc](#)

The agenda and supporting materials for the workgroup call on Thursday, February 20 at 11:00am - 12:00pm CT are attached. The workgroup will continue to use the initial agenda on subsequent calls until all of the topics are covered. I have highlighted the topics on the agenda that were discussed on the last call. Supporting material attachments include:

- A. Contested vs Single Slate
- B. Dissemination of Vote Tallies
- C. Time Commitment of President Position
- D. Leadership Track Information
- E. Teleconference Notes from February 4 Call

To participate on the call, please use the following numbers.

Dial-In Number: 1-866/477-4564
Conference Code: 75 48 12 89 82

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Monday, February 10, 2014 8:17 AM

To: Neva Cochran; Ellen Shanley

Cc: Elise Smith; Margaret Garner; Joan Schwaba; Patricia Babjak; dwheller@mindspring.com; peark02@outlook.com

Subject: Re: Follow-up from 2-4-14 Workgroup Teleconference

I think we are making significant progress in addressing the issues at hand. Although we cannot change the past, we can certainly learn from it. Agree with all edits and comments so far. Mary to respond to one of your concerns, I would think that all HOD representatives from a DPG would definitely be on their executive board. I also would think that if someone heads up a major initiative for a DPG that they would probably be being groomed to be on the board.

Donna S. Martin, EdS, RDN, LD, SNS

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Neva Cochran <nevacoch@aol.com> 2/10/2014 9:08 AM >>>

Thanks, Ellen. I think that is the approach we should take.

Neva

On Feb 10, 2014, at 8:06 AM, Shanley, Ellen <ellen.shanley@uconn.edu> wrote:

>Enjoying reading everyone's thoughts. Bottom-line is getting the right people at the table. I am thinking we are making sure what Joan summarized is correct and we will then discuss in more detail on our next conference call.

>

>Ellen

>

>Ellen L. Shanley, MBA, RD, CD-N

>Dietetics Director

>University of Connecticut

>Dept of Allied Health Sciences

>328 Mansfield Rd, Unit 1101

>Storrs, CT 06269

>telephone 860.486.0016

>fax 860.486.5375

>ellen.shanley@uconn.edu

>

>

>-----Original Message-----

>From: Mary Russell [mailto:peark02@outlook.com]

>Sent: Monday, February 10, 2014 8:03 AM

>To: Neva Cochran

>Cc: Diane Heller; Joan Schwaba; Margaret Garner; Donna Martin; Shanley, Ellen; Elise Smith; Pat Babjak

>Subject: Re: Follow-up from 2-4-14 Workgroup Teleconference

>

>Just playing the devil's advocate...is it possible that someone in a large/more complex DPG could be chair of a major initiative or the delegate to the HOD for the DPG w/o being on the Exec Board?

>Mary

>

>>On Feb 9, 2014, at 14:37, "Neva Cochran" <nevacoch@aol.com> wrote:

>>

>>I agree with Diane. "Experience" could be interpreted as just being a member of a DPG or affiliate. I definitely think it should be executive board experience.

>>

>>Neva

>>

>>>On Feb 8, 2014, at 9:08 PM, Diane Heller <dwheller@mindspring.com> wrote:

>>>

>>>I agree with the changes made by Ellen and Neva. On the second page where it discusses the composition of the ten members I think we said that those with affiliate/DPG/MIG experience should also be Chairmanship or at least Executive board experience...didn't want to change unless that was what we were suggesting.

>>>Diane

>>>

>>>

>>>At 05:37 PM 2/8/2014, Neva Cochran wrote:

>>>>Thanks so much, Joan. I have added my edits to the copy Ellen returned.

>>>>

>>>>Neva

>>>>>On Feb 7, 2014, at 5:41 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

>>>>>Hello,

>>>>>Attached are the meeting notes from Tuesday's call for your review and input. Please send your feedback to my attention and I will incorporate your changes for the next call.

>>>>>

>>>>>Also included is the Nominating Committee's 2013-14 self-evaluation. I am preparing a list of other associations' elections processes of single slate vs contested ballot and information on leadership tracks for discussion on the next call.

>>>>>

>>>>>To determine the date and time for the next call, please click on the Doodle poll link below and indicate your availability.

>>>>>

>>>>><http://doodle.com/4yus43gpxn6zrint>

>>>>>

>>>>>Thank you!

>>>>>

>>>>>Joan

>>>>>

>>>>>Joan Schwaba, MS, RDN, LDN

>>>>>Director, Strategic Management

>>>>>Academy of Nutrition and Dietetics
>>>>>120 S. Riverside Plaza, Suite 2000
>>>>>Chicago, Illinois 60606-6995
>>>>>Phone: 312-899-4798
>>>>>Fax number: 312-899-4765
>>>>>Email: jschwaba@eatright.org
>>>>>www.eatright.org

>>>>>

>>>>><image002.jpg>

>>>>>

>>>>>

>>>>><Teleconference Notes 020414.doc><Academy Committee Evaluation NC 2014 .doc>

>>>>>

>>>>>

>>>>>Thanks so much, Joan. I have added my edits to the copy Ellen returned.

>>>>>

>>>>>Neva

>>>>>On Feb 7, 2014, at 5:41 PM, Joan Schwaba <<mailto:JSchwaba@eatright.org>
JSchwaba@eatright.org> wrote:

>>>>>

>>>>>Hello,

>>>>>

>>>>>Attached are the meeting notes from Tuesday's call for your review and input. Please send your feedback to my attention and I will incorporate your changes for the next call.

>>>>>

>>>>>Also included is the Nominating Committee's 2013-14 self-evaluation. I am preparing a list of other associations' elections processes of single slate vs contested ballot and information on leadership tracks for discussion on the next call.

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>>>>>To determine the date and time for the next call, please click on the Doodle poll link below and indicate your availability.

>>>>>

>>>>><<http://doodle.com/4yus43gpxn6zrint>><http://doodle.com/4yus43gpxn6zrint>

>>>>>

>>>>>Thank you!

>>>>>

>>>>>Joan

>>>>>

>>>>>Joan Schwaba, MS, RDN, LDN

>>>>>Director, Strategic Management

>>>>>Academy of Nutrition and Dietetics

>>>>120 S. Riverside Plaza, Suite 2000

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>>>>Phone: 312-899-4798

>>>>Fax number: 312-899-4765

>>>>Email: <mailto:jschwaba@eatright.org>jschwaba@eatright.org

>>>><http://www.eatright.org/>www.eatright.org

>>>>

>>>><http://elections.webauthor.com/elections/vote.cfm><image002.jpg>

>>>>

>>>>

>>>><Teleconference Notes 020414.doc><Academy Committee Evaluation NC 2014 .doc>

>>

1525. Eat Right Weekly - February 19, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 19, 2014 16:31:13
Subject: Eat Right Weekly - February 19, 2014
Attachment:

Eat Right Weekly
February 19, 2014

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[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

[On the Pulse of Public Policy](#)

[Why Is Nutrition Policy Important? Find Out and Vote for Your Favorite PPW Challenge Videos](#)

The 2014 PPW Video Challenge finalists are in: Cast your vote for the clips you find the most inspiring. Entrants have the chance to win a trip to the Academy's Public Policy Workshop - the world's largest food and nutrition advocacy and policy summit.

[Learn More >>](#)

[Senior Nutrition Programs on Reauthorization Path](#)

At long last, a bill to reauthorize the Older Americans Act has been introduced in the U.S. House of Representatives. The OAA was due for reauthorization in 2011 and funds several nutrition programs in which Academy members play critical roles.

[Learn More >>](#)

[Academy Advocates for Prevention Health Funding on Capitol Hill](#)

Last week, Academy staff joined more than 40 other national organizations to discuss with members of Congress the importance of federal investments in public health. Many Academy members are involved in federally funded community prevention programs; these Capitol Hill visits

gave the Academy the opportunity to highlight work in community nutrition and chronic disease prevention.

[Learn More >>](#)

ANDPAC Announces Public Policy Leadership Award Recipients

Sen. Tom Carper (Del.), Rep. Bill Cassidy (La.), Rep. Michelle Lujan Grisham (N.M.) and Sen. Jeff Merkley (Ore.) have been selected to receive the Academy's 2014 Public Policy Leadership Award, which will be presented at the Public Policy Workshop. These members of Congress were nominated by Academy affiliates for their leadership and support for nutrition and health issues of importance to the Academy and have worked with the Academy to reach mutual goals. Join the Academy and the Academy's Political Action Committee, ANDPAC, in celebrating these award winners at PPW 2014.

[Learn More >>](#)

CPE Corner

February 27 Webinar: "Affordable Care Act: What's In It for Me?"

Within the nearly 11,000 pages of the Affordable Care Act are opportunities for registered dietitian nutritionists and dietetic technicians, registered. Whether you work in clinical, community, management, research or consultation/business practice, there's an ACA provision for you. A February 27 webinar will offer information you need to understand key provisions affecting nutrition professionals and action steps for seizing opportunities as the law continues to roll out.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Academy offers an online certificate program with a focus on food allergy management for all members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing executive management skills for all members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Academy offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

February 20 Deadline: Last Chance to Submit FNCE Abstract

Have you conducted research in nutrition and/or dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the Academy's 2014 Food & Nutrition Conference & Expo. Abstracts will be accepted for peer review through February 20.

[Learn More >>](#)

March 1 Deadline: Submit Nominations for National Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its National Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. The submission deadline for nominations is midnight Central Time on March 1.

[Learn More >>](#)

Weight Management Symposium

Effective weight management calls for professionals with skills to practice with diverse populations in a variety of settings. Maximize your ability to facilitate client achievements by attending the Weight Management dietetic practice group's March 21-23 symposium "Show Me Excellence: Gateway to Weight Management Success," at the Hyatt Regency at The Arch in St. Louis, Mo.

[Learn More >>](#)

March 24 Webinar: "Making an Impact with Food Insecure Populations"

Gain a real understanding of families facing food insecurity and the many obstacles they encounter every day; learn how to make nutrition messages fit their needs; and access new resources for successfully helping food insecure families adopt healthy lifestyles in a free March 24 webinar.

[Learn More >>](#)

Weight Management Experts Wanted

The Academy's Evidence Analysis Library is seeking workgroup members for the Relationship of Single Serving Portion Sized Meals and Weight Management Evidence Analysis Project.

[Learn More >>](#)

April 15 Deadline to Apply for NNM Award: Students Making a Difference at Schools

The Student Advisory Committee announces the 2014 National Nutrition Month Student Award Program, recognizing local student dietetics associations and clubs that support the mission and vision of the Academy by organizing events in recognition of National Nutrition Month. The deadline to apply for an award is April 15.

[Learn More >>](#)

February Book of the Month

Save 10 percent during February on *Health Professional's Edition - Right Size for Me: A Weight Management Guide for African American Women*. Inspired by research on African American women seeking tailored weight management tools, this downloadable product is a unique, practical guide. Contains easy-to-download modules, subject-related counseling tips, discussion points and activities.

[Learn More >>](#)

March 3 Deadline: Nominations for Outstanding Preceptor Award

The Academy Foundation, the Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are again jointly sponsoring awards to preceptors who are exemplary educators and mentors.

[Learn More >>](#)

AMIA 10x10 Course: 54.5 CPEU Credits Available

Join the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, starting May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison or nominate yourself.

[Learn More >>](#)

Don't Miss Out: Update Academy Contact Information

Have you recently moved, changed phone numbers or opened a new email account? If so, you may be missing important Academy news, access to exclusive member benefits or publications by mail.

[Learn More >>](#)

Academy Platinum Rewards MasterCard

The Academy is always seeking new ways to add more value to membership, working hard to build partnerships that make more products and services available to members. The latest initiative is a partnership with ATIRACredit to offer members a Platinum Rewards MasterCard.

[Learn More >>](#)

Academy Member Updates

February 22 Deadline: Vote in 2014 Election

The deadline is Saturday, February 22, to vote in the Academy 2014 national election. Cast your ballot and have your voice be heard.

[Learn More >>](#)

March 14 Deadline: Trailblazer Award Nominations

The Academy and the Institute of Food Technologists have announced the new Trailblazer Award. Jointly bestowed by the Academy and IFT, the Trailblazer Award recognizes exceptional leaders who have advanced science at the intersection of nutrition, dietetics and food science for at least five years. The inaugural Trailblazer Award will be presented in June at the IFT Annual Meeting & Food Expo. The deadline for nominations is March 14.

[Learn More >>](#)

Members Prove the Value of a Dietitian

Academy member Leeann Hessler, MS, RD, LDN, feels that research is "a vital part of the field of nutrition and dietetics." Learn how you can get involved and "prove the value of a dietitian" by participating in the Dietetics Practice Based Research Network.

[Learn More >>](#)

Seeking Inspirational Young People to Serve as Healthy Living Ambassadors

The 2014-2015 Youth Advisory Board of the Alliance for a Healthier Generation seeks young people (ages 8 to 17) to serve as ambassadors for the Alliance, share feedback on Alliance programs and activities and lead service-learning programs related to preventing childhood obesity.

[Learn More >>](#)

Philanthropy, Awards and Grants

February 21 Deadline: "Hunger in Our Community" Kids Eat Right Mini-Grant Opportunity

To support the use of the Kids Eat Right "Hunger in Our Community. What We Can Do." toolkit, 25 grants of \$200 grants are available from the Academy Foundation. Recipients of the mini-grants agree to give two presentations between March 3 and May 2, utilizing the presentations for adults or teens from the "Hunger in Our Community. What We Can Do." toolkit. Applications are due February 21 and grant recipients will be announced March 3.

[Learn More >>](#)

March 3 Deadline: Apply for Continuing Education Award

The deadline is March 3 to apply for the Foundation's Barbara Ann F. Hughes - NEP DPG Continuing Education Award, which provides \$1,000 in educational stipends for nutrition professionals working in policy initiatives, advocacy and/or private practice. Preference is given to members of Nutrition Education for the Public dietetic practice group.

[Learn More >>](#)

March 14 Deadline: \$1 Million in General Mills Champions for Healthy Kids Partnership Grants

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000.

[Learn More >>](#)

April 1 Deadline: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance advanced-practice residency programs that meet ACEND's guidelines. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply. Funds may be used for startup costs, program materials, staffing, salary deferment, promotion and advertising and student fees. Preapproval by ACEND is required to be eligible for funding. The application deadline is April 1.

[Learn More >>](#)

April 1 Deadline: Foundation Research Grant

The Foundation's named research funds are available annually to Academy members at all levels of practice. These grants focus on areas such as renal disease, childhood obesity, nutrition and oral health, diabetes medical nutrition therapy, diet and neurological disorders and nutritional epidemiology. The application deadline for research grants is April 1.

[Learn More >>](#)

Tax Time: Donate Now, Ensure Tax-Deductible Donations are Made for Next Year

Support the Academy Foundation's Annual Fund. Your support will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right program. *I literally jumped for joy when I heard I was awarded a scholarship from the Academy Foundation; I wasn't sure I how I would cover my expenses and this scholarship helps make my internship financially possible.* - **Christine Dugan, 2013 scholarship recipient**

[Learn More >>](#)

Deadline Extended to May 1: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The deadline to apply for this award has been extended to May 1.

[Learn More >>](#)

Deadline Extended to May 1: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

February Kids Eat Right Everyday Heroes

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The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

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Headquarters | Academy of Nutrition and Dietetics

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1526. Daily News: Wednesday, February 19, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 19, 2014 11:38:27
Subject: Daily News: Wednesday, February 19, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

March is National Nutrition Month® - Enjoy the Taste of Eating Right!

NNM catalog, handouts and other resources at www.eatright.org/nnm.

10 tips to make sure Obamacare (Affordable Care Act) works for you

<http://www.usatoday.com/story/news/nation/2014/02/16/obamacare-tips-healthcare-premiums-costs-10-tips/5423357/>

Related Resource: Affordable Care Act: Whats In It for Me?

Participate in this 90-minute, live webinar on Thursday, February 27, 2014

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452617&mycontentid=6442479969>

Source: *Eat Right Weekly*, February 12, 2014

<http://www.eatright.org/members/eatrightweekly/Categories.aspx?folderid=6442452617#6442479969>

Do you know what the deal is with electronic medical records?

http://harrisondaily.com/living_better/tech_tip/do-you-know-what-the-deal-is-with-electronic-medical/article_d2f0a35a-95be-11e3-b760-0019bb2963f4.html

Related Resources: FNCE © 2013 Session - Quality Practice: Using Nutrition Informatics to Elevate, Promote and Expand the Role of the Clinical Dietitian

<http://www.starlibraries.com/fnce/session/717/Quality-Practice-Using-Nutrition-Informatics-to-Elevate-Promote-and-Expand-the-Role-of-the-Clinical-Dietitian>

Nutrition Informatics/HITECH Act

<http://www.eatright.org/informatics/>

Drinking Early in Pregnancy May Harm Placenta, Study Finds

Alcohol also lowered how much of a chemical that's needed for development reached the fetus

<http://consumer.healthday.com/general-health-information-16/misc-alcohol-news-13/drinking-early-in-pregnancy-may-harm-placenta-study-684927.html>

Source: *PLoS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0087328>

Pregnancy study for overweight women leads to fewer high birth weight babies

<http://www.sciencedaily.com/releases/2014/02/140214092002.htm>

Source: *British Medical Journal*

<http://www.bmj.com/content/348/bmj.g1285>

Moderate weight loss can help prevent, cure obstructive sleep apnea

(The study focused on the effects of weight loss on OSA and demonstrated, for the first time, that a sustained weight loss of just 5 percent was enough to prevent the disease from worsening and even cure it in a long-term follow-up)

http://zeenews.india.com/news/health/health-news/moderate-weight-loss-can-help-prevent-cure-obstructive-sleep-apnea_26657.html

Source: *Sleep Medicine*

[http://www.sleep-journal.com/article/S1389-9457\(14\)00031-8/abstract](http://www.sleep-journal.com/article/S1389-9457(14)00031-8/abstract)

Clarence Birdseye: Frozen fish got him hooked

His experiments with freezing changed the food industry

http://articles.chicagotribune.com/2014-02-14/features/sc-food-0214-giants-birdseye-20140215_1_mark-kurlansky-clarence-birdseye-frozen-fish

For U.S. soldiers wanting better field rations, scientists develop pizza that lasts years

http://www.washingtonpost.com/national/health-science/for-us-soldiers-wanting-better-field-rations-scientists-develop-pizza-that-lasts-years/2014/02/14/94212844-9586-11e3-8461-8a24c7bf0653_story.html

Innovation in product development and formulation is needed for insects to emerge as a mainstream food source: UN advisor on edible insects

(An advisor on edible insects to the United Nations predicts that insects on your plate is inevitable, as forward thinking restaurants like D.O.M in Sao Paulo and Noma in Copenhagen are already experimenting with the critters as food)

<http://www.foodnavigator-usa.com/People/Innovation-in-product-development-and-formulation-is-needed-for-insects-to-emerge-as-a-mainstream-food-source-UN-advisor-on-edible-insects>

Registered Dietitians in the News

When too much of a good thing ends up being bad

(Jessica Crandall, Academy Spokesperson quoted)

<http://www.buffalonews.com/business/money-smart/when-too-much-of-a-good-thing-ends-up-being-bad-20140217>

How French people stay so slim

(By Suzanne Havala Hobbs, RD)

<http://www.charlotteobserver.com/2014/02/19/4704567/suzanne-havala-hobbs-how-french.html>

North Jersey nutritionists on what nutrition labels should include

(Debbie Bessen, RD quoted)

http://www.northjersey.com/news/245923381_Local_nutritionists_on_what_nutrition_labels_should_include.html

Healthy, quick-to-the-table meals kids will love

(Janice Newell Bissex, RD & Liz Weiss, RD quoted)

<http://www.heraldnet.com/article/20140219/LIVING/140219524/Healthy-quick-to-the-table-meals-kids-will-love->

Knoxville mom wants to spread awareness about children with feeding tubes

(Leah Schumacher, RD quoted)

<http://www.wate.com/story/24755525/knoxville-mom-wants-to-spread-awareness-about-children-with-feeding-tubes>

Make healthier decision with your food ingredients

Find diet-friendly dishes for your meals

(Sheenagh King, RD quoted)

<http://www.gainesvilletimes.com/section/199/article/95720/>

SuperSAC members taste, vote on new food options

(Amy Herrold, RD quoted)

<http://www.edmondsun.com/local/x1783679142/SuperSAC-members-taste-vote-on-new-food-options>

How you should use cauliflower, a top food trend for 2014

(Nancy Bertolino, RD quoted)

<http://www.omaha.com/article/20140219/LIVING/140218685/1696>

5 benefits of eating less meat

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2014/02/18/5-benefits-eating-less-meat/>

Bread companies gradually reducing salt content in products

(Rona Sheffer, Dietitian/Israel quoted)

<http://www.jpost.com/Health-and-Science/Bread-companies-gradually-reducing-salt-content-in-products-341719>

Quote of the Week

There is no such thing as best in a world of individuals

-Hugh Prather

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1527. Daily News: Tuesday, February 18, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 18, 2014 12:09:41
Subject: Daily News: Tuesday, February 18, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics!

View the slate of candidates and to cast your vote electronically at
<http://www.eatright.org/elections/>

Elections run from February 1 22, 2014. Vote and be entered to win free registration to FNCE 2014!

Breastfeeding deterred by in-hospital formula use

<http://www.medicalnewstoday.com/releases/272737.php>

Source: *Journal of Pediatrics*

<http://www.ncbi.nlm.nih.gov/pubmed/24529621>

Parents can help heavy kids with hearty appetites

<http://www.usatoday.com/story/news/nation/2014/02/17/kids-appetite-obesity/5534563/>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/journal.aspx>

Children living close to fast food outlets more likely to be overweight

<http://www.sciencedaily.com/releases/2014/02/140213220421.htm>

Source: *Health and Place*

<http://www.sciencedirect.com/science/article/pii/S1353829214000094>

Health and fitness habits 'influence health over next two decades'

<http://www.medicalnewstoday.com/articles/272702.php>

Source: *Psychology of Sport and Exercise*

<http://www.sciencedirect.com/science/article/pii/S1469029213000952>

Fish may help maintain brain volume, function, with age

<http://www.usatoday.com/story/life/weekend/health/2014/02/14/fish-brain-aging/5477879/>

Source: *Neurology*

<http://www.ncbi.nlm.nih.gov/pubmed/24453077>

Science refreshes its view of aging

With more people living longer, research has more examples of how we cope physically and mentally

<http://www.chicagotribune.com/health/ct-resilient-aging-met-0218-20140218,0,3638891.story>

Related Resource: Position of the Academy of Nutrition and Dietetics: Food and Nutrition for Older Adults: Promoting Health and Wellness

[http://www.andjrn.org/article/S2212-2672\(12\)00749-6/abstract](http://www.andjrn.org/article/S2212-2672(12)00749-6/abstract)

Meat-free Mondays? Various strategies are needed to reduce animal protein consumption, say researchers

(A mixture of different strategies aimed at reducing overall meat consumption in the Western diet - including smaller portions and 'meat-free days' - is needed to help motivate different consumer groups, according to new research)

<http://www.foodnavigator.com/Science-Nutrition/Meat-free-Mondays-Various-strategies-are-needed-to-reduce-animal-protein-consumption-say-researchers>

Source: *Appetite*

<http://www.sciencedirect.com/science/article/pii/S0195666314000907>

Related Resource: Kids Eat Right - Going Meatless Every Monday

<http://www.eatright.org/kids/article.aspx?id=6442478591&terms=meatless>

USDA/Economic Research Service

Nearly 10 percent of Americans reported eating 8 or more meals away from home per week in 2009-10

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=43621&ref=collection>

Tri-county cafeterias moving to more made-from-scratch recipes, fresh produce in school lunches

<http://www.postandcourier.com/article/20140215/PC16/140219633/1002/tri-county-school-meals-getting-healthy-makeover>

A Big Bet on Gluten-Free

Food Industry Sees Potential for Big Profits in a Trend That Seems More Than a Fad

http://www.nytimes.com/2014/02/18/business/food-industry-wagers-big-on-gluten-free.html?ref=health&_r=0&gwh=9262E2B616FE7C503D6275287ADAAAF1&gwt=pay

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

Gluten-Free Diet: Imprudent Dietary Advice for the General Population?

[http://www.andjrn.org/article/S2212-2672\(12\)00743-5/fulltext](http://www.andjrn.org/article/S2212-2672(12)00743-5/fulltext)

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How many calories do Olympic athletes burn?

http://www.cnn.com/2014/02/18/health/upwave-olympic-calories/index.html?hpt=he_c1

MedlinePlus: Latest Health News

-Scientists Get Closer to Rejuvenating Aging Muscles

In mouse studies, Stanford researchers uncover potential reason behind muscles' decline in old age

-Could Infections Harm Memory in Older Adults?

Early study found connection between exposure to microbes, poorer scores on mental-ability tests

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Six simple steps to a healthy heart and a longer life

(By Nancy Graham, RD)

<http://www.registerguard.com/rg/life/healthandfitness/31097949-71/heart-blood-disease-healthy-care.html.csp>

Being 'over the hill' can have its upside, too

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/245875171.html>

From the Dietitian: Fruit aisle offers tropical flavors

(By Denise A Boozell, RD)

<http://www.desmoinesregister.com/article/20140217/LIFE02/302170012/1175/LIFE>

All about chia

(By Charlyn Fargo)

<http://www.cantonrep.com/article/20140214/NEWS/140219503/10303/LIFESTYLE>

From mac and cheese to pizza to king cake, crave-worthy food and drink, made over

(By Molly Kimball, RD)

http://www.nola.com/healthy-eating/2014/02/crave-worthy_indulgences_made.html

Add avocados to your diet and count the benefits

(By Heather Illg, RD)

<http://www.desmoinesregister.com/article/20140217/LIFE02/302170011/1024/LIFE07/?odyssey=nav%7Chead>

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1528. RE: AND Executive Total Compensation Study Confirmation Letter2-13-14

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 18, 2014 10:59:13
Subject: RE: AND Executive Total Compensation Study Confirmation Letter2-13-14
Attachment:

Donna,

I hope everyone is safe. I thought about last week when they were doing the weather news from Augusta. It is very tough to be without power for 5 days!! I hope everything is starting to get back to normal.

Take care.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Tuesday, February 18, 2014 8:42 AM
To: Carrollyn Patterson; Sonja Connor
Cc: Ethan Bergman; Patricia Babjak; Paul Mifsud; Glenna McCollum; peark02@outlook.com
Subject: Re: AND Executive Total Compensation Study Confirmation Letter2-13-14

Hello all, Sorry, but I have been totally out of the communications link for a week. We lost power for 5 days because of the ice storm and we still do not have any phone, internet or cable at home. The work email servers were down for a week ,so I could not get any of my work email. I might as well have been in Antarctica without power and phone service. I am just today starting to get email and get caught back up. I would have to sit in my car at home in the garage to charge my phone, so I could keep my phone working. A tree fell in our back yard, that blocked us in our driveway. Therefore, we could not get our cars out to go anywhere. The power strip on our house was torn off, so we had to get electricians out to our house before Georgia Power could even reconnect our power. Our cable was torn off the house, so we have to wait for the cable company to come to repair that, before we get cable, TV and phone service. We all certainly learned a lot during this storm and it was wonderful to see how neighbors helped each other out.

Sorry I could not participate in these conversations, but I feel like I am caught up now. Look forward to our conference call Friday.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Sonja Connor <connors@ohsu.edu> 2/13/2014 2:30 PM >>>
Hi Carolyn,

I thought we talked about having PRM conduct and summarize the evaluation and this would feed into determining the compensation package. Did I miss something?

Sonja

About to fly to Amsterdam so will be out of the loop for 15 hours or so.

Sent from my iPhone

On Feb 13, 2014, at 10:56 AM, "Carrolyn Patterson" <CPatterson@eatright.org> wrote:

Hello All,

Attached is the Confirmation Letter from PRM to conduct the CEO Compensation Study and provide a market analysis w/ sample job descriptions for the COO position.
Please review and let me know if the project has been accurately scoped and any edits you would like to make. In addition, the cost for the study will be a flat fee of \$14,500. I need approval on cost and scope before PRM can move forward.

Thanks!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

<AND Executive Total Compensation Study Confirmation Letter 2-13-14.docx>

1529. March 18th Board Call - Agenda

From: Susan Burns <Sburns@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Alison Steiber <ASteiber@eatright.org>
Sent Date: Feb 14, 2014 12:00:57
Subject: March 18th Board Call - Agenda
Attachment: [image001.png](#)
[Agenda Foundation BOD 03-18-14.doc](#)

Good morning. Attached is a draft of the agenda for the March 18th Board call. Please let me know if there are other items you would like included. Thanks and have a great weekend.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

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1530. RE: AND Executive Total Compensation Study Confirmation Letter 2-13-14

From: Paul Mifsud <PMifsud@eatright.org>
To: Carolyn Patterson <CPatterson@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Glenna McCollum <glenna@glennamccollum.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan Bergman' <bergmane@cwu.EDU>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Feb 13, 2014 14:58:16
Subject: RE: AND Executive Total Compensation Study Confirmation Letter 2-13-14
Attachment:

All,

As I look at the scope of this document, I think we can find the money in the budget we set aside to do a staff compensation study. We had approximately \$12,500 in the budget for this task that has not yet been completed.

Given that you are addressing a "COO" position and the reporting structure and responsibilities of some staff members could change, it would be appropriate to wait until after this analysis is completed before moving forward on further compensation reviews. I would hate to spend money doing the remaining staff twice!! J. In any event, by the time this one is completed, the delay would not be more than 90 days and we can budget for the remaining compensation review in the FY15 budget.

Therefore, if you concur, we are really talking about a \$2,000 request. We can work internally to cover this expense. Let me know your thoughts.

Paul

From: Carolyn Patterson
Sent: Thursday, February 13, 2014 12:56 PM
To: Patricia Babjak; Paul Mifsud; Glenna McCollum; DMartin@Burke.k12.ga.us; 'Sonja Connor'; 'Ethan Bergman'; peark02@outlook.com
Subject: AND Executive Total Compensation Study Confirmation Letter 2-13-14

Hello All,

Attached is the Confirmation Letter from PRM to conduct the CEO Compensation Study and provide a market analysis w/ sample job descriptions for the COO position.

Please review and let me know if the project has been accurately scoped and any edits you would like to make. In addition, the cost for the study will be a flat fee of \$14,500. I need approval on cost and scope before PRM can move forward.

Thanks!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

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1531. Board Nominations

From: Susan Burns <Sburns@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Sent Date: Feb 13, 2014 14:02:16
Subject: Board Nominations
Attachment: [image001.jpg](#)
[Foundation Nominating Committee Process 2014.docx](#)
[Gap analysis 2014-2015.xls](#)
[Ideal Foundation Board Member.doc](#)

February 13, 2014

To: Academy of Nutrition and Dietetics Foundation Board of Directors

From: Kathy McClusky, MS, RD, FAND, Academy Foundation Chair

Re: 2014-2015 Foundation Board Vacancies

In preparation for our March 18, 2014 Foundation Board Call, I am asking you to provide recommendations for the Board positions that will become vacant June 1, 2014. As a reference, three documents are attached. The first is an overview of the nominations process. The second outlines some gaps that may exist in the upcoming year. The third is the Ideal Board Member document that may help guide your recommendations. In addition to the expertise listed, it is important to consider individuals who are comfortable fundraising and have access to potential funders. Please also review those skills selected next to your name on the gap analysis document to make sure your expertise are clearly represented.

Academy Foundation bylaws allow for 9 – 13 Board Members. We will have up to 2 Director, 2 Public Member and 1 Young Member (a student or member who has been in practice less than 5 years) vacancies beginning June 1st. Please forward your nominations to Susie Burns at sburns@eatright.org by Monday, March 3, 2014. ***Please also include short bio information if it is available and identify which skill sets the nominees possess from the gap analysis document.*** The Nominating Committee will discuss the candidates, narrow the field and provide names for your consideration. During our March call we will discuss the potential members for service based on those areas of expertise needed on the Foundation Board. If you have any questions, please do not hesitate to contact me at KMcClusky@iammorrison.com or Susie at Sburns@eatright.org.

Special thanks to Diane Heller, Sonja Connor, Laura Romig, Dennis Bier and Bob Murray for their service and dedication to the Foundation Board of Directors.

1532. AND Executive Total Compensation Study Confirmation Letter 2-13-14

From: Carrolyn Patterson <CPatterson@eatright.org>
To: Patricia Babjak <PBABJAK@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Glenna McCollum <glenna@glennamccollum.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan Bergman' <bergmane@cwu.EDU>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Feb 13, 2014 13:55:55
Subject: AND Executive Total Compensation Study Confirmation Letter 2-13-14
Attachment: [AND Executive Total Compensation Study Confirmation Letter 2-13-14.docx](#)

Hello All,

Attached is the Confirmation Letter from PRM to conduct the CEO Compensation Study and provide a market analysis w/ sample job descriptions for the COO position.

Please review and let me know if the project has been accurately scoped and any edits you would like to make. In addition, the cost for the study will be a flat fee of \$14,500. I need approval on cost and scope before PRM can move forward.

Thanks!

Carrolyn

Carrolyn Patterson, MBA

Director, Human Resources

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1533. Checking in

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 13, 2014 12:38:30
Subject: Checking in
Attachment: [image001.png](#)

Hi Donna. We missed you yesterday. I am checking in to see how you are doing...although if your power is still out, you will not get this message. Thinking about you! I hope everything is ok!

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

1534. Daily News: Thursday, February 13, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 13, 2014 12:18:46
Subject: Daily News: Thursday, February 13, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics!

View the slate of candidates and to cast your vote electronically at
<http://www.eatright.org/elections/>

Elections run from February 1 22, 2014. Vote and be entered to win free registration to FNCE 2014!

More Americans Getting High Blood Pressure Under Control: CDC

Almost two-thirds of those enrolled in health plans have been properly treated, but more must be done

<http://consumer.healthday.com/cardiovascular-health-information-20/high-blood-pressure-health-news-358/progress-being-made-in-getting-americans-blood-pressure-under-control-cdc-says-684847.html>

Related Resource: NHLBI- Dietary Approaches to Stop Hypertension (DASH)
<http://www.nhlbi.nih.gov/health/health-topics/topics/dash/printall-index.html>

Obesity's Link to Type 2 Diabetes Not So Clear-Cut: Study

Most participants developed condition after being overweight for years, not after large recent gain

<http://consumer.healthday.com/diabetes-information-10/misc-diabetes-news-181/emb-till-5-type-2-diabetes-onset-doesn-t-always-follow-large-weight-gain-684785.html>

Source: *PLOS One*

<http://www.plosmedicine.org/article/info:doi/10.1371/journal.pmed.1001602#abstract2>

USDA/Economic Research Service

Participation in SNAP varies across States, reflecting differences in need and program policies

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=43539&ref=collection>

Better broccoli: Researchers identify method to increase shelf life and beneficial compounds

(The combined application of two natural compounds to broccoli could help to increase levels of its suggested anti-cancer compounds while also increasing shelf life, say researchers)

<http://www.foodnavigator-usa.com/R-D/Better-broccoli-Researchers-identify-method-to-increase-shelf-life-and-beneficial-compounds>

Source: *PLOS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0077127>

Smell to sell: Imagining food smells may increase consumption

<http://www.foodnavigator.com/Science-Nutrition/Smell-to-sell-Imagining-food-smells-may-increase-consumption>

Source: *Journal of Consumer Research*

<http://www.jstor.org/discover/10.1086/674664?uid=3739656&uid=2&uid=4&uid=3739256&sid=21103388042251>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Study to Evaluate Coconut Oil for Alzheimer's Disease

<http://clinicaltrials.gov/ct2/show/NCT01883648?term=NCT01883648&rank=1>

MedlinePlus: Latest Health News

-Annual Mammograms Don't Reduce Breast Cancer Deaths, Study Contends

But some outside experts cite flaws in the 25-year review of screening's effects on women

-Premie Birth Linked to Higher Insulin Levels in Kids

These babies could be at increased risk of diabetes later in life, study suggests

-Dentists' Group Expands Recommended Use of Fluoride Toothpaste for Kids

They should use an amount the size of a grain of rice as soon as first tooth appears, ADA says

-U.S. Officials Target Escalating Drug Overdoses

Deadly epidemic is driven by abuse of narcotic painkillers and heroin

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

New food-stamp rules could affect Arizona convenience stores

(Kelly Jackson, RD & Kristi L. King, Academy Spokesperson quoted)

http://azstarnet.com/business/local/new-food-stamp-rules-could-affect-arizona-convenience-stores/article_7c2bc9de-c6af-5db5-9989-c40902f116ce.html

Wading through questions when teens go vegetarian

(Rachel Meltzer-Warren, RD quoted)

<http://www.chicagotribune.com/features/food/sc-food-0207-vegetarian-teens-20140208,0,649611.story>

4 Great Foods For Your Loving Heart

(By Manuel Villacorta, RD)

<http://latino.foxnews.com/latino/health/2014/02/13/4-great-foods-for-your-loving-heart/>

Salt, sugar contribute to rise in heart disease, studies find

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/245239071.html>

Things Not to Say to Your Partner About Losing Weight

(By Cynthia Sass, RD)

<http://abcnews.go.com/Health/Wellness/things-partner-losing-weight/story?id=22464865>

Experts Warn Parents About Childhood Obesity

(Amanda Figge, RD quoted)

http://www.wics.com/news/top-stories/stories/vid_15611.shtml

How to avoid nighttime snacking

(By Jill Koegel, RD)

<http://www.omaha.com/article/20140212/LIVEWELL25/140219717>

Is just Google it good enough?

(By Rhianna King, RD)

http://santamariatimes.com/lifestyles/health-med-fit/your-cancer-answers/is-just-google-it-good-enough/article_33883320-945e-11e3-8c4a-0019bb2963f4.html

Finding an appetite and dealing with cancer

(Rita Sheldahl, RD quoted)

<http://kimt.com/2014/02/12/finding-an-appetite-and-dealing-with-cancer/>

Be aware of your sugar consumption

(Anna Busenburg, RD featured)

<http://wlfi.com/2014/02/12/be-aware-of-your-sugar-consumption/>

Exercise, diet key to maintaining a healthy heart

(Rachel Baar, RD quoted)

<http://ecmpostreview.com/2014/02/12/exercise-diet-key-to-maintaining-a-healthy-heart/>

Performance Triad emphasizes healthy meals, Soldier nutrition

(Amanda Vaughan, RD quoted)

<http://www.thebayonet.com/2014/02/12/547273/performance-triad-emphasizes-healthy.html>

People urged not to give up on weight loss

The key to losing weight is to keep trying until you succeed, says a leading dietitian

(Clare Collins, Dietitians Association of Australia Spokesperson quoted)

<http://www.theaustralian.com.au/news/latest-news/people-urged-not-to-give-up-on-weight-loss/story-fn3dxiwe-1226823533740>

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The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.

To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=26438

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26438-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1535. Invitation to Board - Spring Virtual HOD Meeting

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Cecily Byrne <cbyrne@eatright.org>
Sent Date: Feb 13, 2014 12:16:28
Subject: Invitation to Board - Spring Virtual HOD Meeting
Attachment: [image003.jpg](#)

Correspondence from Nancy Lewis follows.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

+++++

Date: February 13, 2014

To: Board of Directors, Academy of Nutrition and Dietetics

From: Nancy Lewis, PhD, RDN,
FADA, House of Delegates Speaker, 2013-2014

Subject: Spring 2014 HOD Meeting Invitation and Agenda

Invitation to Participate in the Spring HOD Meeting

§ The House Leadership Team and I would like to extend an invitation to you as an Academy of Nutrition and Dietetics Board of Director member to participate in the Spring 2014 HOD Virtual Meeting on May 3 and May 4, 2014. The mega issue for the Spring 2014 HOD Meeting is “Engaging Members in Research”. Participation in House of Delegates meetings provides an excellent opportunity for leadership development, and your presence at the meeting helps to enrich our mega issue discussion.

§ The meeting will begin on Saturday, May 3 at 12:00 pm CT and will conclude on Sunday, May 4 at 3:30 pm CT.

§ The **agenda, backgrounder, executive summary, and fact sheet for the meeting** are located on the House of Delegates website – www.eatright.org/hod.

Overview of the Spring House of Delegates Meeting

§ Meeting location: The Spring 2014 HOD Meeting will be conducted virtually using WebEx for the webinar portion and two conference call numbers for the audio portion, one for meeting as a large group and one for meeting in your small, virtual tables.

§ Dialogue topic: ***Engaging Members in Research.***

§ The meeting will run from 12:00 pm-3:30 pm CT on both days, for a total of 7 hours of required participation.

§ In order to participate in the Spring 2014 HOD Meeting, Board of Directors are expected to read the backgrounder, participate in pre-meeting activities as posted on the HOD Communications Platform, and attend both days of the meeting.

§ CPEUs will be provided to delegates and meeting participants for attending the meeting.

§ A final copy of the agenda will be distributed electronically to all meeting attendees in advance of the meeting.

§ Please confirm your ability to participate in the Spring 2014 HOD Meeting as a Board of Director member by contacting the HOD Governance Team at hod@eatright.org.

For More Information or Assistance

Contact Nancy Lewis (nancylewis1000@gmail.com), or Cecily Byrne (cbyrne@eatright.org | 800/877-1600 ext 4819).

1536. Eat Right Weekly - February 12, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 12, 2014 15:16:21
Subject: Eat Right Weekly - February 12, 2014
Attachment:

Eat Right Weekly
February 12, 2014

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[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Register for the Largest Food and Nutrition Policy and Advocacy Summit: PPW 2014

Advance your career by attending the Academy's 2014 Public Policy Workshop - the world's largest food and nutrition policy and advocacy summit. Join 500 of your fellow registered dietitian nutritionists and dietetic technicians, registered to stand up for important health issues affecting the nation and the profession. This year, PPW will focus on effective communications training that will help you on the job and on Capitol Hill. Discounts are available for students and groups consisting of three or more people.

[Learn More >>](#)

March 14 Webinar: Attend Next Dietary Guidelines Advisory Committee Meeting

The *Dietary Guidelines for Americans* are being updated, and the next meeting of the Dietary Guidelines Advisory Committee will be a webinar on March 14.

[Learn More >>](#)

Strategic Guide to Improve Eating and Physical Activity for Healthier Communities

The 2013 Blueprint for Nutrition and Physical Activity Expert Panel has released the second edition of "Blueprint for Nutrition and Physical Activity: Cornerstones of a Healthy Lifestyle." The new edition offers guidance to build healthier communities and describes several cornerstones that affect community's well-being.

[Learn More >>](#)

CPE Corner

Affordable Care Act: What's In It for Me?

Within the nearly 11,000 pages of the Affordable Care Act are opportunities for registered dietitian nutritionists and dietetic technicians, registered. Whether you work in clinical, community, management, research or consultation/business practice, there's an ACA provision for you. A February 27 webinar will offer information you need to understand key provisions affecting nutrition professionals and action steps for seizing opportunities as the law continues to roll out.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

February 13 Deadline: Take Opportunities to Serve Survey

If you are interested in volunteering for an Academy committee, take the Opportunities to Serve Survey by February 13.

[Learn More >>](#)

February 13 Webinar: Nutrition Informatics

Educators: Nutrition informatics can be used by all practitioners across all levels of dietetics practice to advance patient care. Get your students ahead of the nutrition information technology curve with a free, one-hour webinar February 13 on "Technology Skills You Should Learn to Love."

[Learn More >>](#)

February 20 Deadline: Call for FNCE Abstracts

Have you conducted research in nutrition and/or dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the Academy's 2014 Food & Nutrition Conference & Expo. Abstracts will be accepted for peer review through February 20.

[Learn More >>](#)

February Book of the Month

Save 10 percent during February on *Health Professional's Edition - Right Size for Me: A Weight Management Guide for African American Women*. Inspired by research on African American women seeking tailored weight management tools, this downloadable product is a unique, practical guide. Contains easy-to-download modules, subject-related counseling tips, discussion points and activities.

[Learn More >>](#)

March 1 Deadline: Submit Nominations for National Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its National Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. The submission deadline for nominations is midnight Central Time on March 1.

[Learn More >>](#)

March 3 Deadline: Nominations for Outstanding Preceptor Award

The Academy Foundation, the Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are again jointly sponsoring awards to preceptors who are exemplary educators and mentors.

[Learn More >>](#)

Weight Management Symposium

Effective weight management calls for professionals with skills to practice with diverse populations in a variety of settings. Maximize your ability to facilitate client achievements by attending the Weight Management dietetic practice group's March 21-23 symposium "Show Me Excellence: Gateway to Weight Management Success," at the Hyatt Regency at The Arch in St. Louis, Mo.

[Learn More >>](#)

AMIA 10x10 Course: 54.5 CPEU Credits Available

Join the fifth offering of the popular Academy/AMIA 10x10 Informatics Education Program, starting May 7. The online course will culminate at a face-to-face, full-day program at the 2014 Food & Nutrition Conference & Expo.

[Learn More >>](#)

New Kids Eat Right Tip Sheets

The following tip sheets are available from Kids Eat Right: "How to Talk to Your Child About Weight," "Sleep & Your Child" and "Feeding 'Picky Eater' Preschoolers."

[Learn More >>](#)

Nourish to Flourish Infographic

Be a part of the solution to the hunger and obesity paradox by raising awareness, getting involved and supporting programs that help food insecure families have consistent access to healthy foods.

Download the new Kids Eat Right "Nourish to Flourish" infographic and share with others.

[Learn More >>](#)

Healthy Food Bank Hub

Feeding America, member food banks, the National Dairy Council and the Academy's Foundation have collaborated to launch the Healthy Food Bank Hub, a website offering tools and resources that promote nutrition and health, and focus on the fight against hunger.

[Learn More >>](#)

New School Wellness Resources

The U.S. Department of Agriculture offers new school nutrition environment and wellness resources.

[Learn More >>](#)

USDA's *Dig In!* Available in Spanish

Dig In! en casa is a new Spanish version of the U.S. Department of Agriculture's Team Nutrition *Dig In! at Home*, the parent booklet that accompanies the *Dig In!* curriculum for fifth and sixth grades. Download the booklet now; print copies will soon be available.

[Learn More >>](#)

FDA Launches Science Careers Portal

The Food and Drug Administration has launched a comprehensive, one-stop web portal titled Science Careers and Scientific Professional Development, showcasing FDA's multidisciplinary scientific workforce and culture and the importance of science to its public health mission. Science students, recent graduates, mid-career and seasoned professionals: Learn about diversity of career opportunities available at the FDA.

[Learn More >>](#)

Academy Member Updates

2014 Elections: Choose Academy's Next Leaders

Voting in the Academy's national election is open through February 22. Vote now and be entered to win free registration to the 2014 Food & Nutrition Conference & ExpoTM. Election results will be announced in late February and elected individuals will take office June 1. Learn about the viewpoints and perspectives of the candidates for president-elect in a recorded "Meet the Candidates" webinar.

[Learn More >>](#)

Promoter Program Contest Winners

The Academy thanks all members who promoted Academy membership and encouraged friends and colleagues to become new members: The 2013 Promoter Program helped recruit approximately 700 new members.

[Learn More >>](#)

Your GENIE Is Here

The *Guide for Effective Nutrition Interventions and Education* (GENIE), a validated online checklist tool funded with support from the ConAgra Foods Foundation, is now available to help program planners and program evaluators.

[Learn More >>](#)

Calling RDN Experts in Bariatric Surgery

The Academy's Evidence Analysis Library seeks workgroup members for the Bariatric Surgery Evidence Analysis Project.

[Learn More >>](#)

Philanthropy, Awards and Grants

February 15 Deadline: Apply for Foundation Scholarships

Graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician scholarships are all available through the Foundation.

[Learn More >>](#)

February 21 Deadline: "Hunger in Our Community" Kids Eat Right Mini-Grant Opportunity

To support the use of the Kids Eat Right "Hunger in Our Community. What We Can Do." toolkit, 25 grants of \$200 grants are available from the Academy Foundation. Recipients of the mini-grants agree to give two presentations between March 3 and May 2, utilizing the presentations for adults or teens from the "Hunger in Our Community. What We Can Do." toolkit. Applications are due February 21 and grant recipients will be announced March 3.

[Learn More >>](#)

March 3 Deadline: Apply for Continuing Education Award

The deadline is March 3 to apply for the Foundation's Barbara Ann F. Hughes - NEP DPG Continuing Education Award, which provides \$1,000 in educational stipends for nutrition professionals working in policy initiatives, advocacy and/or private practice. Preference is given to

members of Nutrition Education for the Public dietetic practice group.

[Learn More >>](#)

March 14 Deadline: \$1 Million in General Mills Champions for Healthy Kids Partnership Grants

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000.

[Learn More >>](#)

April 1 Deadline: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

Tax Time: Donate Now, Ensure Tax-Deductible Donations are Made for Next Year

Support the Academy Foundation's Annual Fund. Your support will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right program. *I literally jumped for joy when I heard I was awarded a scholarship from the Academy Foundation; I wasn't sure I how I would cover my expenses and this scholarship helps make my internship financially possible.* - **Christine Dugan**
2013 scholarship recipient

[Learn More >>](#)

Deadline Extended: Innovative Food/Culinary Efforts Award

The application deadline has been extended to May 1 for the Foundation's Mary Abbott Hess Award for Recognition of an Innovative Food/Culinary Effort. The \$1,000 award encourages dietetics professionals to make original and innovative efforts in food and culinary education.

[Learn More >>](#)

ConAgra's Support Spans All Foundation Initiatives

ConAgra Foods and the ConAgra Foods Foundation have shown an exemplary commitment to the Academy Foundation by supporting scholarships, research and public education, particularly around the issue of home food safety and family nutrition. *"ConAgra Foods Foundation is truly positioning itself as a major facilitator in creating and delivering effective nutrition education."* - **Katie Brown, EdD, RDN, LD, National Education director, Academy Foundation.**

[Learn More >>](#)

Send questions, comments or potential news items >>

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

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Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1537. Agenda item 6.0

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 12, 2014 09:24:14
Subject: Agenda item 6.0
Attachment: [image001.png](#)
[Eat Right Weekly.docx](#)
[Foundation stats - 2-11-14.docx](#)
[Overview of Communication Tactics.docx](#)
[0114_Foundation_Legacy_v3.pdf](#)
[0214_Foundation_Tribute_v2.pdf](#)
[0713_Foundation_ERS_v2.pdf](#)

Beth Labrador
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1538. Agenda Item 5.0

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 12, 2014 09:22:43
Subject: Agenda Item 5.0
Attachment: [image001.png](#)
[Current leaders dup with giving info 2 11 2014.xls](#)

These are all confidential reports. Please destroy after the meeting.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
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www.eatright.org

1539. Agenda item 4.0

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 12, 2014 09:21:49
Subject: Agenda item 4.0
Attachment: [image001.png](#)
[Annual Giving Tactics Calendar FY2014.docx](#)

We are fine tuning a report for this agenda item. I will send it shortly.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
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Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

1540. Dial Information and materials

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 12, 2014 09:20:57
Subject: Dial Information and materials
Attachment: [image001.png](#)
[Dev Com Agenda \(3\).doc](#)
[Consisten donor FINAL 2 11 2014.xls](#)
[FY13 all gifts list.xls](#)

Hi Donna. In order to participate in the meeting, please dial 866-477-4564 and use code: 9479131857. I have attached some of the materials. I am going to try to break these into separate emails. The attached materials are for 2.0. These reports are confidential. Please destroy after the meeting.

Beth Labrador
Development Director
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1541. Materials for 3.0

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 12, 2014 09:20:07
Subject: Materials for 3.0
Attachment: [image001.png](#)
[last 4 years 2500 total FINAL.xls](#)
[lifetime 20000 gifts.xls](#)
[planned giving appeal 6 13 2013 \(2\)1.xlsx](#)

These reports are all confidential. Please destroy after the meeting.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
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Chicago, Illinois 60606-6995
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1542. Materials and dial in

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 12, 2014 08:40:14
Subject: Materials and dial in
Attachment: [image001.png](#)

Hi Donna. I hope all is well and you have not lost power! I will be sending you the materials and the dial information shortly.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
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Chicago, Illinois 60606-6995
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1543. It's Your Turn to Lead

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Feb 11, 2014 17:16:46
Subject: It's Your Turn to Lead
Attachment:

It's Your Turn to Lead

Having trouble viewing this e-mail? [View it in your browser.](#)

Its Your Turn to Lead

With your generous donation to ANDPAC, youve helped the Academy positively influence nutrition policy and now it is your turn to take the lead! Attend the Academys Public Policy Workshop (PPW) March 30 April 1:

- Advocate for important nutrition programs and services that reduce hunger, improve health care quality and optimize the nations health
- Meet with Congressional members about critical issues facing the profession
- Receive top notch leadership and communication training from experts like Joy Bauer from the Today Show and Academy spokespeople
- Network with dietetics and nutrition policy experts

We are offering fun activities at PPW!

- Attend ANDPACs Signature Event on Monday, March 31: Mingle with nutrition and dietetic leaders and enjoy hors d'oeuvre and spirits while you hear from members of Congress discuss important bills impacting the profession, such as the Treat and Reduce Obesity Act. This event is open to all Academy members who wish to attend and does not require PPW attendance. Entrance to the event can be secured with a contribution of \$125 to ANDPAC.*
- Participate in the ANDPAC Film Festival in Conjunction with HEN DPG: Watch *A Place at the Table* and engage in an active dialogue about food insecurity in America led by an expert anti-hunger advocacy panel. A \$10 donation is requested to attend this event.* You do not have be registered for PPW to attend this event.

See you at PPW!

* Federal law requires political committees to report to Federal Election Commission the name, mailing address, occupation and name of employer for each individual whose contributions aggregate in excess of \$200.00 in a calendar year. Corporate contributions are prohibited by law. Individuals can not contribute more than \$2000 per calendar year to the same political action committee. Donations to ANDPAC are not tax deductible.

Share this mailing with your social network:

This email was sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1544. RE: Foundation Board Meeting on Wednesday

From: Martha Ontiveros <Montiveros@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 11, 2014 16:34:22
Subject: RE: Foundation Board Meeting on Wednesday
Attachment: [image001.png](#)
[image002.gif](#)

Donna,

If you can do it online, it would be easier. I'm on hold with them for the past 30 minutes.

Thanks!!!

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Tuesday, February 11, 2014 3:33 PM
To: Martha Ontiveros
Subject: RE: Foundation Board Meeting on Wednesday

Martha, I did not cancel my flight. I made the arrangements through the Academy. Can you cancel it or do you want me to?

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Martha Ontiveros <Montiveros@eatright.org> 2/11/2014 4:31 PM >>>

Donna, we have cancelled your hotel room, and the hotel waived the cancellation fee due to the weather. Did you cancel your flight or did the airline?

Please feel free to contact me, if I can be of assistance.

Thank you!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

From: Martha Ontiveros

Sent: Monday, February 10, 2014 10:08 AM

To: DMartin@Burke.k12.ga.us

Subject: RE: Foundation Board Meeting on Wednesday

Good morning Donna,

Attached is the confirmation for your hotel.

Hotel name:

Allegro

Hotel address:

171 West Randolph Street Chicago, Illinois 60601

Phone/Fax number:

1-312-236-0123 ph 1-312-236-0917 fax

If you have any questions or need additional information, please contact me.

Thanks,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Monday, February 10, 2014 9:15 AM

To: Martha Ontiveros

Subject: Foundation Board Meeting on Wednesday

Martha, Sorry to bother you, but I am not sure where our hotel reservations are for Tuesday night for the Foundation Board meeting on Wednesday of this week. Are they at the Burnham?

Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1545. RE: Foundation Board Meeting on Wednesday

From: Martha Ontiveros <Montiveros@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 11, 2014 16:32:00
Subject: RE: Foundation Board Meeting on Wednesday
Attachment: [image002.png](#)
[image003.gif](#)

Donna, we have cancelled your hotel room, and the hotel waived the cancellation fee due to the weather. Did you cancel your flight or did the airline?

Please feel free to contact me, if I can be of assistance.

Thank you!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

From: Martha Ontiveros

Sent: Monday, February 10, 2014 10:08 AM

To: DMartin@Burke.k12.ga.us

Subject: RE: Foundation Board Meeting on Wednesday

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Hotel name:

Allegro

Hotel address:

171 West Randolph Street Chicago, Illinois 60601

Phone/Fax number:

1-312-236-0123 ph 1-312-236-0917 fax

If you have any questions or need additional information, please contact me.

Thanks,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Monday, February 10, 2014 9:15 AM

To: Martha Ontiveros

Subject: Foundation Board Meeting on Wednesday

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Thanks!

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706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1546. RE: Meet the Candidates Forum Update

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Sonja Connor' <connors@ohsu.edu>, peark02@outlook.com
 <peark02@outlook.com>, Patricia Babjak <PBABJAK@eatright.org>, Glenna
 McCollum <glenna@glennamccollum.com>, Ethan Bergman
 <bergmane@cwu.edu>, <'KMcClusky@iammorrison.com'>
 <kmcclusky@iammorrison.com>, DMartin@Burke.k12.ga.us
 <DMartin@Burke.k12.ga.us>, Nancylewis1000@gmail.com
 <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky
 Dorner <becky@beckydorner.com>, <'lbeseler_fnc@bellsouth.net'>
 <lbeseler_fnc@bellsouth.net>, <'c.christie@unf.edu'> <c.christie@unf.edu>,
 Margaret Garner <mgarner@cchs.ua.edu>, <'linda.farr@me.com'>
 <linda.farr@me.com>, dwheller@mindspring.com
 <dwheller@mindspring.com>, <'bkyle@roadrunner.com'>
 <bkyle@roadrunner.com>, <'joe.derochowski@connell-group.com'>
 <joe.derochowski@connell-group.com>, Sandra Gill
 <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy
 <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>,
 Alison Steiber <ASteiber@eatright.org>, Karen Lechowich
 <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris
 Acosta <dacosta@eatright.org>
Sent Date: Feb 11, 2014 15:35:44
Subject: RE: Meet the Candidates Forum Update
Attachment: [image004.jpg](#)
[image003.jpg](#)

Thank you for your interest. To clarify, the overall voting percentage for all positions on the national ballot is 6.1%. The overall affiliate voting percentage is 5.28% (reflected in the stats on the elections site), which excludes votes from non-member credentialed practitioners. As of yesterday, the number of ballots cast determining the vote percentage was 3,725 compared to 4,219 at the same time last year and 3,556 the previous year, so we are on target.

The elections marketing plan is in place for promotions including signature taglines, announcements in *Eat Right Weekly*, on the *Daily News* headlines, on the Academy website member landing page, and in targeted messages for the HOD, affiliate, DPG/MIG, student, ACEND and CDR communities of interest.

Please let me know if you have any questions. Your support of the elections process is much appreciated!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

From: Sonja Connor [mailto:connors@ohsu.edu]

Sent: Tuesday, February 11, 2014 1:33 PM

To: peark02@outlook.com; Patricia Babjak; Glenna McCollum; Ethan Bergman;
<'KMcClusky@iammorrison.com'>; DMartin@Burke.k12.ga.us; Nancylewis1000@gmail.com;
Elise Smith; Becky Dorner; <'lbeseler_fnc@bellsouth.net'>; <'c.christie@unf.edu'>; Margaret
Garner; <'linda.farr@me.com'>; dwheller@mindspring.com; <'bkyle@roadrunner.com'>;
<'joe.derochowski@connell-group.com'>; Sandra Gill

Cc: Executive Team Mailbox; Chris Reidy; Mary Ann Taccona; Alison Steiber; Karen Lechowich;
Susan Burns; Doris Acosta

Subject: RE: Meet the Candidates Forum Update

It is true. I just looked at the stats.

Sonja

From: Mary Russell [mailto:peark02@outlook.com]

Sent: Tuesday, February 11, 2014 11:04 AM

To: Sonja Connor; Pat Babjak; Glenna McCollum; Ethan Bergman;
<'KMcClusky@iammorrison.com'>; Donna Martin; Nancylewis1000@gmail.com; Elise Smith;
Becky Dorner; <'lbeseler_fnc@bellsouth.net'>; <'c.christie@unf.edu'>; Margaret Garner;

<linda.farr@me.com>; Diane Heller; <bkyle@roadrunner.com>; <joe.derochowski@connell-group.com>; Sandra Gill

Cc: Executive Team Mailbox; Chris Reidy; Mary Ann Taccona; Alison Stieber; Karen Lechowich; Susan Burns; Doris Acosta

Subject: RE: Meet the Candidates Forum Update

Agree.

Is it true that at this time only 5% of members have voted? Trisha posted that info on Facebook today.

Mary

From: connors@ohsu.edu

To: PBABJAK@eatright.org; glenna@glennamccollum.com; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

CC: ExecutiveTeamMailbox@eatright.org; CREIDY@eatright.org; MTaccona@eatright.org; ASieber@eatright.org; KLechowich@eatright.org; Sburns@eatright.org; dacosta@eatright.org

Subject: RE: Meet the Candidates Forum Update

Date: Tue, 11 Feb 2014 18:59:25 +0000

Hi Pat,

I just listened to the webinar. It was excellent.

Sonja

From: Patricia Babjak [mailto:PBABJAK@eatright.org]

Sent: Tuesday, February 11, 2014 6:48 AM

To: 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

Cc: Executive Team Mailbox; Chris Reidy; Mary Ann Taccona; Alison Steiber; Karen Lechowich;

Susan Burns; Doris Acosta

Subject: Meet the Candidates Forum Update

The Meet the Candidates Forum for president-elect candidates was held on February 5 from noon to 1pm CST. There were over 300 registrants, with nearly 200 members logged on to the webinar. Former president Susan Laramie did a wonderful job again this year as the moderator, posing five questions, suggested with input from the DPGs/MIGs, to the president-elect candidates. The candidates were asked two additional questions taken from member suggestions online. We received positive comments from participants after the webinar. For those of you who were unable to attend, the recorded webinar is attached. A link to the webinar is also posted on the elections webpage and in this week's issue of *Eat Right Weekly*.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1547. Top 10 National Nutrition Month® Products for 2014!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Feb 11, 2014 13:23:48
Subject: Top 10 National Nutrition Month® Products for 2014!
Attachment:

Enjoy the Taste of Eating Right!

Having trouble viewing this e-mail? [View it in your browser.](#)

Top 10 National Nutrition Month® 2014 Products

#10 Neon Tee This classic t-shirt is ruggedly constructed and made of 5.4 oz., pre-shrunk 100% cotton. The neon color will boldly display the "Enjoy the Taste of Eating Right" message.

#9 Infusion Tumbler This large 20 oz. tumbler allows you to add flavor naturally to your beverage. Tumbler is made of single-wall acrylic with a twist-on lid and straw. The infusion separator allows you to add a variety of fresh fruit or vegetables and is removable for cleaning. BPA free.

#8 Banner Boldly displaying National Nutrition Month®, take center stage with these colorful banners. At 8" x 20", they're the perfect size for bulletin boards, event entrances, and more. (Pkg/10)

#7 Promo Kit Includes 25 Table Tents, 10 Banners, 100 Logo Stickers, 10 Buttons, and 1 Large Poster.

#6 MyPlate Pen Full-color graphic on quality retractable pen. Black ink.

#5 Eating Right on a Budget Tri-Fold or any other Tri-fold How to get the most for your food budget with tips for planning, shopping and preparing healthy meals. (Pkg/25)

#4 Table Tents Featuring the "Enjoy the Taste of Eating Right " theme and MyPlate healthy eating messages. Spread the word on tables, desks, shelves, displays, classrooms, and bulletin boards. (Pkg/25)

#3 Water Bottle Large 26 oz. value sports bottle has a convenient push/pull lid and is BPA free.

#2 Budget Shopper This lightweight, nonwoven budget shopper tote bag is perfect for trips to the market. Made of 80 gram nonwoven, coated water-resistant polypropylene and is recyclable, reusable and hand washable. Tote measures 20" x 13"x 8" with 20" handles and 8" gusset.

#1 Poster With a bright and contemporary design and the "Enjoy the Taste of Eating Right" message, these decorative posters help reinforce the importance of healthy eating. Large 20" x 28"

View all of our NNM 2014 products.

Get involved with National Nutrition Month® on social media by using the hashtag #NNM!

Share this mailing with your social network:

This email was sent to you from the Academy of Nutrition and Dietetics.
If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1548. FNCE 2014 - Call for Abstracts Is Open!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Feb 11, 2014 11:53:40
Subject: FNCE 2014 - Call for Abstracts Is Open!
Attachment:

FNCE 2014 - Call for Abstracts Is Open!

Having trouble viewing this e-mail? View it in your browser.

The 2014 FNCE® Call for Abstracts Is Open!

Have you conducted research in nutrition and/or dietetics? Do you have a unique program or project you would like to feature? Consider presenting at FNCE®! The 2014 Food & Nutrition Conference & Expo, Oct. 18-21 in Atlanta, will feature new research in an array of nutrition topics to be presented during short oral or poster sessions in the following categories:

- Research
- Project or program reports
- Innovations in nutrition and dietetics practice or education

Some abstracts may qualify for special recognition and awards.

Abstracts will be accepted for peer review through February 20, 2014. Acceptance notifications will be emailed in May.

Visit <http://www.eatright.org/fnce/abstractsubmission> for complete instructions, descriptions of each category or to submit your abstract.

Share this mailing with your social network:

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1549. Daily News: Tuesday, February 11, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 11, 2014 11:32:10
Subject: Daily News: Tuesday, February 11, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics!

View the slate of candidates and to cast your vote electronically at

<http://www.eatright.org/elections/>

Elections run from February 1 22, 2014. Vote and be entered to win free registration to FNCE 2014!

DIETITIAN DEMAND: Desire For Health Fuels Profession

(Jean Anderson, RD quoted)

<http://whotv.com/2014/02/10/dietitian-demand-desire-for-health-fuels-profession/>

Cited: Bureau of Labor Statistics

<http://www.bls.gov/ooh/healthcare/dietitians-and-nutritionists.htm>

Related Resource: FNCE© 2013 recorded session

Set Yourself Up to Earn the Internship (Student Track)

<http://www.starlibraries.com/fnce/session/739/Set-Yourself-Up-to-Earn-the-Internship-Student-Track>

Fortified foods make up for some missing nutrients: study

<http://www.reuters.com/article/2014/02/06/us-fortified-foods-idUSBREA1520P20140206>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(13\)01609-2/abstract](http://www.andjrnl.org/article/S2212-2672(13)01609-2/abstract)

Obesity, type 2 diabetes epidemics spreading to developing world as more own TVs, computer

<http://medicalxpress.com/news/2014-02-obesity-diabetes-epidemics-world-tvs.html>

Source: *Canadian Medical Association Journal*

<http://www.cmaj.ca/content/early/2014/02/10/cmaj.131090>

New Obesity Weapon: Kids Teaching Kids

Children more likely to listen to peers than adults, study suggests

<http://consumer.healthday.com/fitness-information-14/misc-health-news-265/new-obesity-weapon-kids-teaching-kids-program-684731.html>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1819646>

FDA: You can't call HPP-treated juice fresh'... (But can you call it raw?)

(High pressure processing (HPP) has breathed fresh life into the US juice market. But if beverage firms are excited about the technology, so, it appears, are plaintiffs' attorneys, who are starting to take issue with the way some HPP-treated products are being marketed)

<http://www.foodnavigator-usa.com/Regulation/FDA-You-can-t-call-HPP-treated-juice-fresh-But-can-you-call-it-raw>

Related Resource: *Food and Nutrition Magazine* What is Cold-pressed Juice?

<http://www.foodandnutrition.org/July-August-2013/What-is-Cold-pressed-Juice/>

Fruit juice should NOT count in our five-a-day (UK) because some versions 'contain as much sugar as fizzy drinks'

<http://www.dailymail.co.uk/health/article-2555758/Fruit-juice-NOT-count-five-day-versions-contain-sugar-fizzy-drinks.html#ixzz2t1mkpHX6>

Source: *Lancet Diabetes and Endocrinology*

[http://www.thelancet.com/journals/landia/article/PIIS2213-8587\(14\)70013-0/fulltext](http://www.thelancet.com/journals/landia/article/PIIS2213-8587(14)70013-0/fulltext)

Diabetes 'Disaster' Jolts Persian Gulf

(The cause of the high prevalence of diabetes in the region is clear. Unhealthy lifestyles and urbanization are to blame. In in the Persian Gulf, the discovery of oil has created wealth that has decreased physical activity)

http://online.wsj.com/news/articles/SB20001424052702304773104579268223173652920?mod=yahoo_itp&mg=reno64-

[wsj&url=http%3A%2F%2Fonline.wsj.com%2Farticle%2FSB20001424052702304773104579268223173652920.html%3Fmod%3Dyahoo_itp](http://online.wsj.com/news/articles/SB20001424052702304773104579268223173652920.html%3Fmod%3Dyahoo_itp)

Related Article: Global Illness

A look at diabetes prevalence and diabetes-related expenditures around the world

<http://online.wsj.com/news/articles/SB10001424052702304104504579376591410325648?KEYWORDS=diabetes&mg=reno64->

[wsj&url=http%3A%2F%2Fonline.wsj.com%2Farticle%2FSB10001424052702304104504579376591410325648.html%3FKEYWORDS%3Ddiabetes](http://online.wsj.com/news/articles/SB10001424052702304104504579376591410325648.html%3FKEYWORDS%3Ddiabetes)

Dietary supplement users more likely to engage in a pattern of healthy habits

<http://www.medicalnewstoday.com/releases/272370.php>

Source: *Nutrition Journal*

<http://www.crnusa.org/CRNPR14-HealthyHabits0114.html>

About CRN

http://www.crnusa.org/who_about.html

Kraft Singles to lose artificial preservatives

<http://www.sltrib.com/sltrib/money/57524586-79/kraft-artificial-says-ingredient.html.csp>

FDA warns against eating Uncle Bens infused rice products served at schools, restaurants

http://www.washingtonpost.com/national/health-science/fda-warns-against-eating-uncle-bens-infused-rice-after-children-get-sick-in-three-states/2014/02/10/a11f54dc-9278-11e3-84e1-27626c5ef5fb_story.html

MedlinePlus: Latest Health News

-Minority Health: Preventing High Blood Pressure (CDC)

-Expanded DNA Testing Might Allow Personalized Breast Cancer Treatment

Researchers were able to pinpoint specific therapies for some women in study

-Could People's Well-Being Affect Likelihood of Kidney Donation?

U.S. study finds those living in regions with greater happiness more likely to donate organs to strangers

-Feeling in Control? You Might Live Longer

For people with less education, study suggests attitude makes a difference in lifespan

-Obesity May Raise Death Risk From Tongue Cancer

Small study compared outcomes in patients three years after surgery for early disease

-Running Might Beat Walking for Breast Cancer Survivors

Runners were less likely than walkers to die of the disease during nine-year study, but the findings aren't foolproof

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Menu for US Women's Hockey Team Is About Eating to Win

(Alicia Kendig, RD quoted)

<http://www.nytimes.com/2014/02/09/sports/olympics/nutritionist-believes-healthy-diet-is-key-to-gold.html>

Win over your sweetheart on Valentines Day with heart-healthy options

(Lisa Andrews, RD featured)

www.wlwt.com/news/local-news/cincinnati/Win-over-your-sweetheart-on-Valentines-Day-with-

heart-healthy-options/24376352

Medical weight-loss program helps residents

(Mandy Puckett, RD quoted)

http://www.thestarpress.com/article/20140210/NEWS01/302100005/Medical-weight-loss-program-helps-residents?nclick_check=1

Dietitian decodes food labels

(Sue Bartolini, RD quoted)

<http://www.telegram.com/article/20140210/TOWNNEWS/302109996&TEMPLATE=TOWNPORTAL>

Breakfast of Champions: Healthy Nutrition

(Rachel Laughlin, RD quoted)

<http://www.wsfa.com/story/24678612/breakfast-of-champions-taylors-story>

Give the gift of chocolate (and health) this Valentine's Day

(By Molly Kimball, RD)

<http://www.nola.com/healthy-eating/2014/02/post.html>

Can cinnamon lower blood sugar and is it beneficial for Type 2 diabetes?

(By Georgia Clark-Albert, RDN)

<http://bangordailynews.com/2014/02/10/health/can-cinnamon-lower-blood-sugar-and-is-it-beneficial-for-type-2-diabetes/>

On Nutrition: Women go red against heart disease

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_25065635/barbara-quinn-nutrition-women-go-red-against-heart

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26350-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1550. Meet the Candidates Forum Update

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra@gill@comcast.net' <'sandra@gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Feb 11, 2014 09:47:42
Subject: Meet the Candidates Forum Update
Attachment: [image002.jpg](#)
[Meet the Candidates Forum-20140205 1814-1.mp4](#)

The Meet the Candidates Forum for president-elect candidates was held on February 5 from noon to 1pm CST. There were over 300 registrants, with nearly 200 members logged on to the webinar. Former president Susan Laramie did a wonderful job again this year as the moderator, posing five questions, suggested with input from the DPGs/MIGs, to the president-elect candidates. The candidates were asked two additional questions taken from member suggestions online. We received positive comments from participants after the webinar. For those of you who were unable to attend, the recorded webinar is attached. A link to the webinar is also posted on the elections webpage and in this week's issue of *Eat Right Weekly*.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1551. Save the Date: February 20

From: Joan Schwaba <JSchwaba@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Neva Cochran <nevacoch@aol.com>, Ellen Shanley <ellen.shanley@uconn.edu>, Elise Smith <easaden@aol.com>, Margaret Garner <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, peark02@outlook.com <peark02@outlook.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 10, 2014 19:23:01
Subject: Save the Date: February 20
Attachment: [image003.jpg](#)

Hello Committee,

Please save the date of **Thursday, February 20 at 11:00am - 12:00pm CT** for the next Nominating Committee Evaluation Workgroup teleconference. Thank you for your insightful feedback regarding the teleconference notes. I will include the revisions in the agenda materials for the next call, which will be sent out later this week.

Following up on the comments below, the DPG Guiding Principles in reference to the DPG HOD Delegate position follow.

DPG Delegate – elected position: The DPG Delegate serves for a period of three (3) years and may serve a term limit of two (2) consecutive terms (six (6) years total). May serve as a member of, or is represented on, the DPG executive committee.

Qualifications include:

- a. Academy member in the Active Practitioner classification.
- b. Demonstrated ability to network and communicate with one's peers and colleagues.
- c. Demonstrated leadership in an area of practice and professional issues of the Academy.
- d. Demonstrated ability to represent member's issues.
- e. Previous DPG leadership experiences providing an understanding of the DPG and its membership.
- f. Expertise in practice area

Functions of the DPG Delegate:

- a. Serves as a member of the House of Delegates (HOD).

- b. Participates in HOD activities to identify and prioritize trends in the profession.
- c. Participates in HOD and BOD committees and task forces as assigned.
- d. Performs functions, as needed, to assist in facilitating the work of the HOD.
- e. Networks and reflects the issues of the area of practice represented.
- f. Serves as a technical expert on practice area represented.
- g. Identify and propose to the HOD initiatives in area of practice represented.
- h. Performs other duties as may be assigned by the Speaker.
- i. Encourages and promotes diversity and inclusivity.

Best regards,

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

From: Donna Martin [<mailto:dmartin@burke.k12.ga.us>]

Sent: Monday, February 10, 2014 8:17 AM

To: Neva Cochran; Ellen Shanley

Cc: Elise Smith; Margaret Garner; Joan Schwaba; Patricia Babjak; dwheller@mindspring.com; peak02@outlook.com

Subject: Re: Follow-up from 2-4-14 Workgroup Teleconference

I think we are making significant progress in addressing the issues at hand. Although we cannot change the past, we can certainly learn from it. Agree with all edits and comments so far. Mary to respond to one of your concerns, I would think that all HOD representatives from a DPG would definitely be on their executive board. I also would think that if someone heads up a major initiative for a DPG that they would probably be being groomed to be on the board.

Donna S. Martin, EdS, RDN, LD, SNS
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789 Burke Veterans Parkway
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Neva Cochran <nevacoch@aol.com> 2/10/2014 9:08 AM >>>

Thanks, Ellen. I think that is the approach we should take.

Neva

On Feb 10, 2014, at 8:06 AM, Shanley, Ellen <ellen.shanley@uconn.edu> wrote:

>Enjoying reading everyone's thoughts. Bottom-line is getting the right people at the table. I am thinking we are making sure what Joan summarized is correct and we will then discuss in more detail on our next conference call.

>

>Ellen

>

>Ellen L. Shanley, MBA, RD, CD-N

>Dietetics Director

>University of Connecticut

>Dept of Allied Health Sciences

>328 Mansfield Rd, Unit 1101

>Storrs, CT 06269
>telephone 860.486.0016
>fax 860.486.5375
>ellen.shanley@uconn.edu
>
>
>-----Original Message-----
>From: Mary Russell [mailto:peark02@outlook.com]
>Sent: Monday, February 10, 2014 8:03 AM
>To: Neva Cochran
>Cc: Diane Heller; Joan Schwaba; Margaret Garner; Donna Martin; Shanley, Ellen; Elise Smith; Pat Babjak
>Subject: Re: Follow-up from 2-4-14 Workgroup Teleconference
>
>Just playing the devil's advocate...is it possible that someone in a large/more complex DPG could be chair of a major initiative or the delegate to the HOD for the DPG w/o being on the Exec Board?
>Mary
>
>>On Feb 9, 2014, at 14:37, "Neva Cochran" <nevacoch@aol.com> wrote:
>>
>>I agree with Diane. "Experience" could be interpreted as just being a member of a DPG or affiliate. I definitely think it should be executive board experience.
>>
>>Neva
>>
>>>On Feb 8, 2014, at 9:08 PM, Diane Heller <dwheller@mindspring.com> wrote:
>>>
>>>I agree with the changes made by Ellen and Neva. On the second page where it discusses the composition of the ten members I think we said that those with affiliate/DPG/MIG experience should also be Chairmanship or at least Executive board experience...didn't want to change unless that was what we were suggesting.
>>>Diane
>>>
>>>
>>>At 05:37 PM 2/8/2014, Neva Cochran wrote:
>>>>Thanks so much, Joan. I have added my edits to the copy Ellen returned.
>>>>
>>>>Neva

>>>>>On Feb 7, 2014, at 5:41 PM, Joan Schwaba <JSchwaba@eatright.org> wrote:

>>>>>Hello,

>>>>>Attached are the meeting notes from Tuesday's call for your review and input. Please send your feedback to my attention and I will incorporate your changes for the next call.

>>>>>

>>>>>Also included is the Nominating Committee's 2013-14 self-evaluation. I am preparing a list of other associations' elections processes of single slate vs contested ballot and information on leadership tracks for discussion on the next call.

>>>>>

>>>>>To determine the date and time for the next call, please click on the Doodle poll link below and indicate your availability.

>>>>>

>>>>><http://doodle.com/4yus43gpxn6zrint>

>>>>>

>>>>>Thank you!

>>>>>

>>>>>Joan

>>>>>

>>>>>Joan Schwaba, MS, RDN, LDN

>>>>>Director, Strategic Management

>>>>>Academy of Nutrition and Dietetics

>>>>>120 S. Riverside Plaza, Suite 2000

>>>>>Chicago, Illinois 60606-6995

>>>>>Phone: 312-899-4798

>>>>>Fax number: 312-899-4765

>>>>>Email: jschwaba@eatright.org

>>>>>www.eatright.org

>>>>>

>>>>><image002.jpg>

>>>>>

>>>>>

>>>>><Teleconference Notes 020414.doc><Academy Committee Evaluation NC 2014 .doc>

>>>>>

>>>>>

>>>>>Thanks so much, Joan. I have added my edits to the copy Ellen returned.

>>>>>

>>>>>Neva

>>>>>On Feb 7, 2014, at 5:41 PM, Joan Schwaba <<mailto:JSchwaba@eatright.org>>
<JSchwaba@eatright.org> wrote:

>>>>>

>>>>>Hello,

>>>>>

>>>>>Attached are the meeting notes from Tuesday's call for your review and input. Please send your feedback to my attention and I will incorporate your changes for the next call.

>>>>>

>>>>>Also included is the Nominating Committee's 2013-14 self-evaluation. I am preparing a list of other associations' elections processes of single slate vs contested ballot and information on leadership tracks for discussion on the next call.

>>>>>

>>>>>To determine the date and time for the next call, please click on the Doodle poll link below and indicate your availability.

>>>>>

>>>>><<http://doodle.com/4yus43gpxn6zrint>><http://doodle.com/4yus43gpxn6zrint>

>>>>>

>>>>>Thank you!

>>>>>

>>>>>Joan

>>>>>

>>>>>Joan Schwaba, MS, RDN, LDN

>>>>>Director, Strategic Management

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>>>>><<http://www.eatright.org/>>www.eatright.org

>>>>>

>>>>><<http://elections.webauthor.com/elections/vote.cfm>><image002.jpg>

>>>>>

>>>>>

>>>>><Teleconference Notes 020414.doc><Academy Committee Evaluation NC 2014 .doc>

>>

1552. FYI - Letter to the editor of the New York Times ...

From: Doris Acosta <dacosta@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Feb 10, 2014 19:10:33
Subject: FYI - Letter to the editor of the New York Times ...
Attachment:

Hello everyone,

You may have seen Gary Taube's opinion piece that ran in *Sunday's New York Times*, Why Nutrition Is So Confusing. In Glenna's letter to the editor, we have taken this opportunity to showcase and promote the RDN's expertise.

Please let me know if you have any questions or need more information. Thank you very much!

Doris Acosta

February 10, 2014

To the Editor:

Gary Taubes's February 9 article ("Why Nutrition Is So Confusing") illustrates that nutrition science – like all science – is continually evolving, and that consumers often need assistance in not only separating good science from bad, but also in applying the results of good nutrition science to their everyday lives in the form of what to eat. For reliable help in sifting through the never-ending stream of flood of nutrition information – and separating fact from misinformation, science from marketing hype – I encourage everyone who wants to eat right and be healthy to consult with the experts in translating food and nutrition science into everyday advice: a registered dietitian nutritionist. RDNs are the most highly educated and trained health professionals in food and nutrition, with the skills and knowledge to interpret nutrition science for individuals and families alike into practical meal planning. The month of March is National Nutrition Month, when the Academy of Nutrition and Dietetics and the entire dietetics profession focus on the importance of making informed food choices and developing sound eating and physical activity habits. To learn more about National Nutrition Month, and to locate a registered dietitian nutritionist in your local area, visit www.eatright.org/nnm.

Dr. Glenna McCollum, MPH, RDN

President, 2013-2014

Academy of Nutrition and Dietetics

1553. Don't Be Left Out!

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Feb 10, 2014 17:43:36
Subject: Don't Be Left Out!
Attachment:

Don't Be Left Out!

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Update Your Academy Profile

Dear Donna,

Have you recently moved, changed phone numbers or opened a new email account? If so, you may be missing important Academy news, access to exclusive member benefits or publications by mail.

Take a moment to review and update your contact and professional demographic information by logging into the myAcademy section of www.eatright.org, located at the top of the page under your name. It will only take a few minutes of your time, but once youre up-to-date, youll be able to take full advantage of the valuable benefits included with your membership, savings on products and exclusive member offerings.

For more information on your membership, contact the Member Service Center at membership@eatright.org or call 800/877-1600, ext. 5000 (Monday through Friday, 8 a.m. 5 p.m., Central Time).

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1554. Re: Development Committee Agenda

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 10, 2014 13:10:55
Subject: Re: Development Committee Agenda
Attachment: [ATT00001.png](#)

Thanks for the heads up. I saw on the news that snow and ice are projected for Atlanta. Keep us posted. we will figure it out either way. Could this winter be more brutal? I cannot take much more!!

On Feb 10, 2014, at 11:48 AM, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

Beth, I am doing well and I hope you are. I am excited about the meeting on Wednesday, but wanted to give you a heads up on the weather projections for this area. They are projecting snow and ice in the Atlanta and Augusta areas for Tuesday night and Wednesday. I hope I am able to get out OK. I will let you know if things don't work out. Hope to see you Wednesday

Donna S. Martin, EdS, RDN, LD, SNS
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Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"
!

>>>Beth Labrador <BLabrador@eatright.org> 2/10/2014 12:37 PM >>>

Hi Donna. I hope you are doing well. I have attached the agenda for the Development Committee Meeting. Please let me know if you have any questions.

I am looking forward to seeing you on Wednesday.

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

<mime-attachment.png>

1555. Development Committee Agenda

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 10, 2014 12:37:33
Subject: Development Committee Agenda
Attachment: [image001.png](#)
[Dev Com Agenda \(3\).doc](#)

Hi Donna. I hope you are doing well. I have attached the agenda for the Development Committee Meeting. Please let me know if you have any questions.

I am looking forward to seeing you on Wednesday.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

1556. RE: Foundation Board Meeting on Wednesday

From: Martha Ontiveros <Montiveros@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 10, 2014 11:54:23
Subject: RE: Foundation Board Meeting on Wednesday
Attachment: [image001.gif](#)
[image002.png](#)

Safe travels

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Monday, February 10, 2014 10:53 AM
To: Martha Ontiveros
Subject: RE: Foundation Board Meeting on Wednesday

Martha, I am glad I asked, because I have not stayed at that hotel before. I might have just told the cab driver to take me to the Burnham. Thanks and hope to see you Wednesday if travels and weather allows!

Donna S. Martin, EdS, RDN, LD, SNS
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Waynesboro, GA 30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Martha Ontiveros <Montiveros@eatright.org> 2/10/2014 11:07 AM >>>
Good morning Donna,

Attached is the confirmation for your hotel.

Hotel name:

Allegro

Hotel address:

171 West Randolph Street Chicago, Illinois 60601

Phone/Fax number:

1-312-236-0123 ph 1-312-236-0917 fax

If you have any questions or need additional information, please contact me.

Thanks,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

www.eatright.org/foundation

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Monday, February 10, 2014 9:15 AM

To: Martha Ontiveros

Subject: Foundation Board Meeting on Wednesday

Martha, Sorry to bother you, but I am not sure where our hotel reservations are for Tuesday night for the Foundation Board meeting on Wednesday of this week. Are they at the Burnham?
Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1557. FAC Meeting April 30 and May 1, 2014

From: Linda Serwat <LSerwat@eatright.org>
To: Anne Kendall' <kendall@ufl.edu>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, easaden@aol.com <easaden@aol.com>, Kathy McClusky <kmcclusky@iammorrison.com>, peark02@outlook.com
<peark02@outlook.com>, Milton Stokes (mstokes@usj.edu)
<mstokes@usj.edu>, Nancy Wooldridge (nhwooldridge@charter.net)
<nhwooldridge@charter.net>, fellerb@auburn.edu <fellerb@auburn.edu>,
Sonja Connor (connors@ohsu.edu) <connors@ohsu.edu>
Cc: Paul Mifsud <PMifsud@eatright.org>, Christian Krapp <ckrapp@eatright.org>,
Maria Juarez <MJuarez@eatright.org>, Patricia Babjak
<PBABJAK@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Dee Crye
<dcrye@eatright.org>, peark02@outlook.com <peark02@outlook.com>,
Mary C. Wolski <MWolski@eatright.org>
Sent Date: Feb 10, 2014 11:48:57
Subject: FAC Meeting April 30 and May 1, 2014
Attachment: [image001.png](#)
[FAC Travel for Apr 2014.doc](#)

Good Morning Everyone,

Please see the attached form to make your flight arrangements. The following information should help you in that respect. The meeting will be held at the Academy's Headquarter Office and will start approximately 8:00 am on Wednesday, April 30th and should be over by 12:00 pm on Thursday, May 1st.

Please let me know a.s.a.p., if you will be attending the meeting. The sleeping dates would be Tuesday, April 29th and Wednesday, April 30th, checking out on May 1st. Hotel information will be sent at a later date.

If you have any questions, just let me know.

Thanks,

Linda

Linda Serwat

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4731

Fax: 312-899-5333

Email: lserwat@eatright.org

Website: www.eatright.org

1558. RE: Foundation Board Meeting on Wednesday

From: Martha Ontiveros <Montiveros@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 10, 2014 11:07:33
Subject: RE: Foundation Board Meeting on Wednesday
Attachment: [image001.gif](#)
[image002.png](#)
[Reservation Confirmation: Allegro - Confirmation: CIXPWT3.eml](#)

Good morning Donna,

Attached is the confirmation for your hotel.

Hotel name:

Allegro

Hotel address:

171 West Randolph Street Chicago, Illinois 60601

Phone/Fax number:

1-312-236-0123 ph 1-312-236-0917 fax

If you have any questions or need additional information, please contact me.

Thanks,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org
www.eatright.org/foundation

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Monday, February 10, 2014 9:15 AM
To: Martha Ontiveros
Subject: Foundation Board Meeting on Wednesday

Martha, Sorry to bother you, but I am not sure where our hotel reservations are for Tuesday night for the Foundation Board meeting on Wednesday of this week. Are they at the Burnham?
Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1559. Daily News: Monday, February 10, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 10, 2014 10:57:15
Subject: Daily News: Monday, February 10, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

March is National Nutrition Month® - Enjoy the Taste of Eating Right!

NNM catalog, handouts and other resources at www.eatright.org/nnm.

Don't Pressure Preschoolers to Overeat, Experts Say

Filling their own plate may help young kids learn to understand their body's hunger cues

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/obesity-health-news-505/briefs-emb-1-13-self-serve-kids-obesity-jand-u-illinois-release-batch-1098-683844.html>

Source: *Journal of the Academy of Nutrition and Dietetics*.

[http://www.andjrn.org/article/S2212-2672\(13\)00649-7/abstract](http://www.andjrn.org/article/S2212-2672(13)00649-7/abstract)

A low-sodium diet is still the best bet: study

<http://www.reuters.com/article/2014/02/07/us-low-sodium-diet-idUSBREA160ZZ20140207>

Source: *Circulation*

<http://circ.ahajournals.org/content/early/2014/01/10/CIRCULATIONAHA.113.006032.abstract>

And

<https://circ.ahajournals.org/content/early/2014/01/10/CIRCULATIONAHA.114.007964.abstract>

Increase in obesity may be slowing, but not by much, study shows

<http://www.sciencedaily.com/releases/2014/02/140205165755.htm>

Source: *ISRN Obesity*

<http://www.hindawi.com/isrn/obesity/2014/185132/>

Whole diet approach to lower cardiovascular risk has more evidence than low-fat diets

<http://www.sciencedaily.com/releases/2014/02/140206082328.htm>

Source: *American Journal of Medicine*

[http://www.amjmed.com/article/S0002-9343\(13\)01111-X/abstract](http://www.amjmed.com/article/S0002-9343(13)01111-X/abstract)

Young people finding new sources of caffeine

(Overall caffeine intake did not increase among kids and teens between 1999 and 2010, but coffee and energy drinks became increasingly significant contributors while soda intake declined).

<http://www.usatoday.com/story/news/nation/2014/02/10/caffeine-coffee-energy-drinks/5255453/>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2014/02/04/peds.2013-2877.abstract>

Teens who consume energy drinks more likely to use alcohol, drugs

<http://www.sciencedaily.com/releases/2014/02/140204111804.htm>

Source: *Journal of Addiction Medicine*

<http://journals.lww.com/journaladdictionmedicine/pages/articleviewer.aspx?year=2014&issue=01000&article=00002&type=abstract>

Move over, acai: Latest 'superfruits' aim to make a nutritional mark

(Nailing down the latest superfruit in vogue can be an elusive goal, a quest largely driven by modern marketing and, quite possibly, producers of television's "The Dr. Oz Show.")

<http://www.chicagotribune.com/health/la-he-super-fruit-20140208,0,636834.story>

MedlinePlus: Latest Health News

-Daily Aspirin May Guard Against Ovarian Cancer

Study of almost 20,000 women found the drug lowered risk by 20 percent

-'House' TV Series Leads to Real-Life Diagnosis

Doctors realized patient's mysterious symptoms resembled those of a character on the medical drama

-Scientists Generate Insulin-Producing Cells in Diabetic Mice

If early results translate to humans, need for daily injections might be eliminated in future, researchers say

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Should You Try the Werewolf Diet?

The latest dieting craze revolves around the cycles of the moon. Experts weigh in.

(Bonnie Taub-Dix, RD & Andrea Giancoli, Academy Spokesperson quoted)

<http://health.usnews.com/health-news/health-wellness/articles/2014/02/07/should-you-try-the-werewolf-diet>

Owatonna dietitian talks about starting your day with fiber

(By Tracy Bjerke, RD)

http://www.southernminn.com/owatonna_peoples_press/features/article_f9136e52-0883-572e-b022-7649e2d90f3f.html

Is 'Biggest Loser' winner too thin? Experts weigh in

(Joy Bauer, RD quoted)

<http://www.usatoday.com/story/news/nation/2014/02/06/rachel-frederickson-biggest-loser-nutrition-experts/5259571/>

Medicaid may cover health services in SC, 8th most obese state

(Kelly Snow, RD quoted)

<http://www.wmbfnews.com/story/24665948/proposal-for-medicaid-recipients-to-fight-obesity-in-sc-8th-most-obese-state>

Do You Need Protein Supplements for Building Muscles?

(By Mary Saucier Choate, RDN)

www.coopfoodstore.coop/news/do-you-need-protein-supplements-building-muscles

Healthbeat: A day in the life of a dietitian

(By Pam Stuppy, RD)

<http://www.seacoastonline.com/articles/20140209-LIFE-402090310>

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The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.

To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=26286

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26286-
1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

1560. The final journey of the Farm Bill...

From: Mary Pat Raimondi <mraimondi@eatright.org>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>, connors@ohsu.edu <connors@ohsu.edu>, Ethan A. Bergman <bergmane@cwu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, becky@beckydorner.com <becky@beckydorner.com>, Lucille Beseler (lbeseler_fnc@bellsouth.net) <lbeseler_fnc@bellsouth.net>, c.christie@unf.edu <c.christie@unf.edu>, mgarner@cchs.ua.edu <mgarner@cchs.ua.edu>, linda.farr@me.com <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, bkyle@roadrunner.com <bkyle@roadrunner.com>, Joe Derochowski <Joe.Derochowski@connell-group.com>, sandralgill@comcast.net <sandralgill@comcast.net>, Patricia Babjak <PBABJAK@eatright.org>, KMcClusky@iammorrison.com <KMcClusky@iammorrison.com>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>
Sent Date: Feb 09, 2014 11:35:06
Subject: The final journey of the Farm Bill...
Attachment: [Farm Bill signing.jpg](#)

The 2013 Farm Bill has been signed, sealed and delivered as Stevie Wonder would say. In the next few weeks, we will detail the outcomes of this nearly one trillion dollar Act.

But in the meantime, a quick analysis shows that we our guiding principles of *more jobs, better health and more leadership opportunities* have been met. ANDPAC support also contributed to the successful outcome giving us access to key influential leaders of the Senate and House Agriculture Committees.

The highlights of the newly signed law include-

- Restoring the devastating cuts to SNAP-Ed of nearly 30% in early 2013. All 50 states now have SNAP-Ed programs where our members have a very visible role in leading these programs.
- Maintaining the fresh fruit and vegetable programs in schools. Many state coordinators are RDNs and many of our SNS DPG members implement this outcome-based programs in their schools.
- Farm to School programs funded at higher levels

- Seniors Farmers Market funding retained
- Major new dollars going to food, agriculture and nutrition research. This will provide significant new opportunities for our members to conduct useful research to improve the diets of Americans. Please share in a virtual glass of champagne and **our big shout out** of thanks to you! You have all been an important leader in this journey which is much appreciated.

On to the Older Americans Act!

Thanks again,

Mary Pat

Mary Pat Raimondi, MS RD

Vice President, Strategic Policy and Partnerships

NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH

Academy of Nutrition and Dietetics (formerly American Dietetic Association)

1120 Connecticut Avenue NW

Washington, DC 20036

202-775-8277

fax: 202-775-8284

mraimondi@eatright.org

www.eatright.org

1561. Re: Cost of Elections

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 08, 2014 17:53:42
Subject: Re: Cost of Elections
Attachment:

Donna.

You are correct about the staff time. However, we don't allocate the time of staff to the project. The costs would not go away, but staff could get other work done if the process was changed. I am not sure too much would drop off of their plate, but something would.

Paul

Sent from my iPhone

On Feb 7, 2014, at 11:51 AM, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

Paul, No problem with missing the email. I thought there would be a lot more involved with staff time in developing the ballot, doing the online videos, etc. It is nice to know that we are not spending hard earned cash on 14% of the members voting in an election! Hope you have a nice weekend!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 2/6/2014 11:37 AM >>>

Donna,

I am truly sorry that I did not see this e-mail. I know it is too late, but, if you this issue comes up going forward, you will have the answer. The cost of the election is very minor. Most of the costs we incur are for the travel and meetings of the nominating committee (and candidate interviews). Last year, we had \$37,000 in expense for the election process, of which, \$23,412 was for travel and \$12,090 was for meeting services (AV and food). So, if you assume you would still need to meet to address the candidates before selecting a non-competitive ballot, I don't think you would save very much. Technology today is very cheap and it is easy to run the election. I hope this helps for the next time. Again, I am truly sorry for missing this e-mail.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Tuesday, February 04, 2014 7:44 AM

To: Paul Mifsud

Subject: Cost of Elections

Paul, I am going to be on a conference call today to discuss the nominating process. One of the things I want us to talk about is a non-competitive ballot. Could you give me a ball park figure on how much money you think we could save by not having an election? I don't want you to spend a lot of time on it, but maybe a gross figure of what we might save? If you do not have time this morning I totally understand. Thanks in advance!

72 degrees here yesterday! (That was mean wasn't it???)

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1562. Follow-up from 2-4-14 Workgroup Teleconference

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 07, 2014 18:41:14
Subject: Follow-up from 2-4-14 Workgroup Teleconference
Attachment: [image002.jpg](#)
[Teleconference Notes 020414.doc](#)
[Academy Committee Evaluation NC 2014 .doc](#)

Hello,

Attached are the meeting notes from Tuesday's call for your review and input. Please send your feedback to my attention and I will incorporate your changes for the next call.

Also included is the Nominating Committee's 2013-14 self-evaluation. I am preparing a list of other associations' elections processes of single slate vs contested ballot and information on leadership tracks for discussion on the next call.

To determine the date and time for the next call, please click on the Doodle poll link below and indicate your availability.

<http://doodle.com/4yus43gpxn6zrint>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1563. San Diego highlighted as Feb. Everyday Hero

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>
Sent Date: Feb 07, 2014 10:51:53
Subject: San Diego highlighted as Feb. Everyday Hero
Attachment: [image001.png](#)

Good morning. I wanted to share one of our Everyday Hero spotlights. This is a great example of young members supporting the Academy and Foundation. California members Dorothy Chen and Debra Hook attended the event on behalf of the Foundation.

<http://www.eatright.org/Foundation/Slideshow.aspx?id=6442479930#8>

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

-
-

1564. Board Monthly - Thank You Calls

From: Martha Ontiveros <Montiveros@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 07, 2014 10:29:09
Subject: Board Monthly - Thank You Calls
Attachment: [image002.png](#)
[Information for Thankers.doc](#)
[FAQ.doc](#)

Good morning Donna,

Attached are the talking points and QA list to make your thank you calls. I apologies this time you have December and January, it should happen monthly.

First Name

Last Name

Board Member

Phone Number

Gift Amount

Preferred EMAIL Number

Gift Date

Preferred State

Fund ID

Elizabeth

Badaczewski

Donna M

551/486-3199

\$100.00

elabadacz@hotmail.com

12/31/2013

New Jersey

Annual Fund

Barbara

Baron

Donna M

732/583-5456

\$200.00

bbaron@adadc.com

12/31/2013

New Jersey

Gala

Grace

Fried

Donna M

(610)258-4706

\$200.00

GraceJean29@juno.com

12/18/2013

Pennsylvania

Annual Fund

Tanya

Horacek

Donna M

315/637-0504

\$100.00

thoracek@syr.edu

12/30/2013

New York

Annual Fund

Barbara Ann

Hughes

Donna M

919/787-2949

\$500.00

barbara-ann@bahughes.com

12/30/2013

North Carolina

1H85

Jeanne

McCarthy

Donna M

(704)795-4794

\$100.00

brynhyfred@ctc.net

12/11/2013

North Carolina

Annual Fund

Lisa

Mizrahi

Donna M

914-667-0157

\$226.00

lisadmizrahi@gmail.com

1/8/2014

New York

Annual Fund

Frances

Parker

Donna M

(252)523-5369

\$500.00

fparker@embarqmail.com

12/31/2013

North Carolina

3P05

Lorna

Pascal

Donna M

201-996-3231

\$100.00

lornard@aol.com

12/31/2013

New Jersey

Annual Fund

Rosanne

Rust

Donna M

(814)333-2898

\$250.00

rosanne@rustnutrition.com

12/19/2013

Pennsylvania

Annual Fund

Barbara

Schmied

Donna M

(585)243-0209

\$300.00

bschmiedrd@juno.com

12/16/2013

New York

Annual Fund

Paulette

Weir

Donna M

516/775-1040

\$250.00

cuya516@aol.com

12/30/2013

New York

Annual Fund

If you have any questions or need additional information, please contact me.

Thanks,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

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1565. January BOD update

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Feb 06, 2014 18:05:04
Subject: January BOD update
Attachment: [image001.png](#)
[K Mcclusky Jan14 BOD Update.doc](#)
[Partner Newsletter January 2014.pdf](#)
[Fourth Quarter Report-Meet the Challenge_Jan_2014.pdf](#)
[ConAgra Hunger Mini-Grant Report ANDF 1-24-2014.pdf](#)

Hi. Attached please find Kathy's January Board update and corresponding reports. Thanks and have a great evening!

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

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1566. RE: Cost of Elections

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 06, 2014 11:37:07
Subject: RE: Cost of Elections
Attachment:

Donna,

I am truly sorry that I did not see this e-mail. I know it is too late, but, if you this issue comes up going forward, you will have the answer. The cost of the election is very minor. Most of the costs we incur are for the travel and meetings of the nominating committee (and candidate interviews). Last year, we had \$37,000 in expense for the election process, of which, \$23,412 was for travel and \$12,090 was for meeting services (AV and food). So, if you assume you would still need to meet to address the candidates before selecting a non-competitive ballot, I don't think you would save very much. Technology today is very cheap and it is easy to run the election. I hope this helps for the next time. Again, I am truly sorry for missing this e-mail.

Paul

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]
Sent: Tuesday, February 04, 2014 7:44 AM
To: Paul Mifsud
Subject: Cost of Elections

Paul, I am going to be on a conference call today to discuss the nominating process. One of the things I want us to talk about is a non-competitive ballot. Could you give me a ball park figure on how much money you think we could save by not having an election? I don't want you to spend a lot of time on it, but maybe a gross figure of what we might save? If you do not have time this morning I totally understand. Thanks in advance!

72 degrees here yesterday! (That was mean wasn't it???)

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program

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Waynesboro, GA 30830

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1567. Daily News; Thursday, February 6, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 06, 2014 10:46:07
Subject: Daily News; Thursday, February 6, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

VOTE NOW for the future leaders of the Academy of Nutrition and Dietetics!

View the slate of candidates and to cast your vote electronically at
<http://www.eatright.org/elections/>

Elections run from February 1 22, 2014. Vote and be entered to win free registration to FNCE 2014!

Weight management: Long-term habits more important than short-term splurges

(People who lose or maintain weight in the long term are more likely to see distinct weight fluctuations over the course of a week than those who gain weight in the long term)

<http://www.foodnavigator.com/Science-Nutrition/Weight-management-Long-term-habits-more-important-than-short-term-splurges>

Source: *Obesity Facts*

<http://www.karger.com/Article/FullText/356147>

New Weight-Loss Surgery May Not Ease Chronic Heartburn

Study finds sleeve gastrectomy often doesn't relieve acid reflux, and sometimes makes it worse

<http://consumer.healthday.com/gastrointestinal-information-15/heartburn-gerd-and-indigestion-news-369/new-weight-loss-surgery-ill-suited-for-those-with-chronic-heartburn-684605.html>

Sodium intake tied to obesity among teens

Dietary sodium has been linked to obesity in previous studies. But most scientists believe it's only an indirect association, because people who consume a lot of sodium tend to eat more food in general

<http://www.reuters.com/article/2014/02/04/us-sodium-intake-obesity-teens-idUSBREA1314N20140204>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2014/01/28/peds.2013-1794>

Eating and sleeping well hold keys to a longer life

<http://www.medicalnewstoday.com/releases/272136.php>

Source: *Journal of the American College of Nutrition*

<http://www.tandfonline.com/doi/abs/10.1080/07315724.2013.848158>

Americans need to eat more whole grains, study suggests

<http://www.chicagotribune.com/health/sns-rt-us-americans-whole-grains-20140205,0,3831081.story>

Source: *Nutrition Research*

[http://www.nrjournal.com/article/S0271-5317\(14\)00005-0/abstract](http://www.nrjournal.com/article/S0271-5317(14)00005-0/abstract)

What makes whole grains whole? Researchers target Europe-wide definition

<http://www.foodnavigator.com/Legislation/What-makes-whole-grains-whole-Researchers-target-Europe-wide-definition>

What is the Mediterranean diet?

<http://www.chicagotribune.com/health/chi-what-is-the-mediterranean-diet-20140124,0,780772.photogallery>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

Factors Associated with Adherence to the Mediterranean Diet in the Adult Population

[http://www.andjrn.org/article/S2212-2672\(13\)01252-5/abstract](http://www.andjrn.org/article/S2212-2672(13)01252-5/abstract)

Eating yogurt may reduce type 2 diabetes risk: Cambridge study

(Consuming four and a half standard pots of yogurt per week could reduce the risk of developing type 2 diabetes by more than a quarter)

<http://www.foodnavigator.com/Science-Nutrition/Eating-yogurt-may-reduce-type-2-diabetes-risk-Cambridge-study>

Source: *Diabetologia*

<http://www.diabetologia-journal.org/>

Vitamin C as cancer treatment? High doses boost chemotherapy in study

<http://www.chicagotribune.com/health/la-sci-sn-vitamin-c-cancer-20140205,0,3041132.story>

Source: *Sci Transl Med*

<http://stm.sciencemag.org/content/6/222/222ra18>

Looking for a Few Good Chefs, Marines Launch Culinary Assault on MREs Competition Challenges Cooks to Spice Up Field Rations

<http://online.wsj.com/news/articles/SB10001424052702304851104579363012060581206>

Cargill rolls out finely textured beef labels

(Citing increased consumer and retailer demand for transparency, Cargill rolled out labels on all consumer and bulk ground beef products containing finely textured beef (FTB) starting Jan. 20, 2014. The label Contains Finely Textured Beef is printed near the nutritional panel on the back of product labels and boxes)

<http://www.foodnavigator-usa.com/Suppliers2/Cargill-rolls-out-finely-textured-beef-labels>

Subway Takes Chemical (azodiocarbonamide) Out of Sandwich Bread After Protest

<http://abcnews.go.com/Health/subway-takes-chemical-sandwich-bread-protest/story?id=22373414>

Embrace the cold: Evidence that shivering and exercise may convert white fat to brown

<http://www.sciencedaily.com/releases/2014/02/140204123619.htm>

Source: *Cell Metabolism*

<http://www.cell.com/cell-metabolism/retrieve/pii/S1550413114000060>

Greetings, Chubby Human: Weight-Loss App Shames Users

<http://abcnews.go.com/blogs/health/2014/02/05/greetings-chubby-human-weight-loss-app-shames-users/>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

- The Empowerment Model Towards Type 2 Diabetic Adults To Enhance Vegetable Intake in Achieving Glycemic Control (EDMID)

<http://clinicaltrials.gov/ct2/show/NCT01828242?term=NCT01828242&rank=1>

Registered Dietitians in the News

Social media erupt over Biggest Loser winner

(Joanne Ikeda, RD quoted)

http://www.washingtonpost.com/national/criticism-hits-biggest-loser-winner/2014/02/05/19cd5718-8ee0-11e3-878e-d76656564a01_story.html

Program teaches families about nutritious desserts

(Beth Cook, RD quoted)

<http://www.mininggazette.com/page/content.detail/id/532960/Program-teaches-families-about->

nutritious-desserts.html?nav=5006

A taste of dark chocolate or red wine can be a healthy treat on any day

(Robyn Flipse, RDN quoted)

<http://www.app.com/article/20140204/NJLIFE/302040007/A-taste-dark-chocolate-red-wine-can-healthy-treat-any-day>

Dietitians Dish: Is your good choice really a good choice

(By Lindsay Adams, RD)

http://www.victoriaadvocate.com/news/2014/feb/04/gl_dietitian_dish_020514_231788/?features

Dark Chocolate

(Judy Fitzgibbons, RD)

<http://www.kcrg.com/news/health/Hy-Vee-Dietitian-Dark-Chocolate-243485961.html>

NUTRITION KNOW-HOW: Enhance your hearts health with a new diet

(By Mia Gibson, RD)

http://www.oaoa.com/people/food/nutrition_know_how/article_4bbba370-8e1c-11e3-b2e5-0017a43b2370.html

From gremolata to sangria, citrus fruits are more than snacks

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x1262662510/From-gremolata-to-sangria-citrus-fruits-are-more-than-snacks>

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(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-26203-
1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

1568. RE: Academy Foundation Investment Summary Report

From: Susan Burns <Sburns@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 06, 2014 09:00:57
Subject: RE: Academy Foundation Investment Summary Report
Attachment: [image001.png](#)
[image002.png](#)

Thanks for all you do in the money department as Foundation Financial Officer J

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Donna Martin [mailto:dmartin@burke.k12.ga.us]

Sent: Thursday, February 06, 2014 7:27 AM

To: 'KMcClusky@'; 'MChristE@'; 'MurrayMD@'; 'connors@'; 'craytef@'; 'dbier@'; 'jean.ragalie-carr@'; 'lauraromig@'; 'tjraymond@'; Patricia Babjak; Susan Burns; dwheller@

Cc: Katie Brown; Amy Donatell; Beth Labrador; Martha Ontiveros; Mary Beth Whalen

Subject: Re: Academy Foundation Investment Summary Report

Good news is always welcomed and this is good news!

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Susan Burns <Sburns@eatright.org> 2/5/2014 12:49 PM >>>

Good morning. Attached is Academy Foundation investment summary put together by Al Bryant. We wanted to provide you with an update since this was not included as part of our December call. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

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www.eatright.org/foundation

1569. Eat Right Weekly - February 5, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 05, 2014 17:29:43
Subject: Eat Right Weekly - February 5, 2014
Attachment:

Eat Right Weekly
February 5, 2014

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[Philanthropy, Awards and Grants](#)
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On the Pulse of Public Policy

Farm Bill Passes: Food And Nutrition Programs Upheld

The trillion-dollar reauthorization of farm, conservation and nutrition programs titled the Agriculture Act of 2014 (a.k.a. the "Farm Bill"), has passed the House and the Senate and is headed to President Obama for signature into law. A special thanks to all Academy members for their diligent efforts and for those who contributed to our political action committee, ANDPAC, thereby helping the Academy forge meaningful relationships to support essential nutrition programs.

[Learn More >>](#)

Today Show RDN Joy Bauer Will Be PPW Keynote Speaker

The Academy's 2014 Public Policy Workshop will focus on effective communication on the job and on the Hill. To kick off this interactive nutrition policy and advocacy conference, Academy member and *Today Show* contributor Joy Bauer, MS, RD, will inspire members to advocate and activate through the power of the spoken word. Enter to win a complimentary trip to the Public Policy Workshop by competing in the PPW Video Challenge.

[Learn More >>](#)

2014 Funding for Prevention Programs Brings Opportunities for Dietetics Professionals

Congress recently passed a funding bill that will ensure the government is funded through September. For the first time, the bill also allocated the Prevention and Public Health Fund, the nation's first mandatory funding stream dedicated to improving the public's health, which was originally authorized in the Affordable Care Act. This will bring both opportunities and challenges for registered dietitian nutritionists working to reduce chronic diseases in this country.

[Learn More >>](#)

For State of the Union Address, Academy Encouraged Presidential Support for Physical Activity

As President Obama and his staff weighed what to emphasize in his recent fifth State of the Union address, the Academy joined the American College of Sports Medicine and more than 100 other organizations to offer advice, in the form of a letter citing physical activity as a way to keep Americans healthy and fit, with numerous other benefits. Along with access to health care, physical activity is critical to achieving the Academy's vision of optimizing the health of the nation through food and nutrition.

[Learn More >>](#)

ANDPAC Elevated the Profession in 2013

Last year, the Academy's Political Action Committee made a big impact on Capitol Hill, highlighting the importance of dietetics, registered dietitian nutritionists and dietetic technicians, registered.

[Learn More >>](#)

Oregon Affiliates Discuss Health Care with Congressman

Academy members from Oregon recently attended U.S. Rep. Earl Blumenauer's (Ore.) breakfast event to discuss "Health Care 2.0." He invited health care professionals to the fundraising event and, thanks to ANDPAC, the Academy was able to have a seat at the breakfast table. Among the MDs, PhDs and hospital executives were registered dietitian nutritionists from the Oregon Academy's public policy team.

[Learn More >>](#)

CPE Corner

Nutrition Informatics Webinar

Calling all educators and preceptors: Nutrition informatics can be used by all practitioners across all levels of dietetics practice to advance patient care. Get your students ahead of the nutrition information technology curve with a free, one-hour webinar on February 13 on "Technology Skills You Should Learn to Love."

[Learn More >>](#)

Blended, Flipped: Webinar on New Ways to Offer Nutrition Classes

Instructors: Are you tired of the same old lecturing? Do you want to increase student engagement and learning at the same time? The flipped or inverted classroom format does both and more. A free February 14 webinar, "Blending and Flipping: But We're Not Making Pancakes! Practical Guidelines for Blended and Flipped Nutrition Classes," provided by the Nutrition Educators of Health Professionals dietetic practice group, will help you make the transition from lecture to flipped classes.

[Learn More >>](#)

Affordable Care Act: What's In It for Me?

Within the nearly 11,000 pages of the Affordable Care Act are opportunities for registered dietitian nutritionists and dietetic technicians, registered. Whether you work in clinical, community, management, research or consultation/business practice, there's an ACA provision for you. A February 27 webinar will offer information you need to understand key provisions affecting nutrition professionals and action steps for seizing opportunities as the law continues to roll out.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Seeking Innovations in Practice and Education

The Council on Future Practice seeks abstracts for the sixth "Innovations in Practice and Education" session, to be held at the 2014 Food & Nutrition Conference & Expo in Atlanta, Ga.

[Learn More >>](#)

FNCE Call for Abstracts Is Now Open

Have you conducted research in nutrition and/or dietetics? Do you have a unique program or project you would like to feature? Consider presenting at the Academy's 2014 Food & Nutrition Conference & Expo. Abstracts will be accepted for peer review through February 20.

[Learn More >>](#)

HIMSS 2014: Health IT Conference for Innovative Professionals

The Academy is a proud sponsor of the Healthcare Information and Management Systems Society's conference, scheduled for February 23 to 27 in Orlando, Fla. More than 35,000 practitioners and industry professionals will discuss health IT and innovative solutions designed to transform health care. Attend this annual event to find the right solutions for clinical and business intelligence, health IT and rural care, innovation, interoperability, mobile health, nutrition informatics and more.

[Learn More >>](#)

Submitting Nominations for National Honors and Awards Is Easy and Online

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its National Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. The submission deadline for nominations is midnight Central Time on March 1.

[Learn More >>](#)

Prepare for National School Breakfast Week

In advance of National School Breakfast Week, March 3 to 7, promote school breakfast with new resources from the U.S. Department of Agriculture and Kids Eat Right.

[Learn More >>](#)

Make Nominations for Outstanding Preceptor Award

The Academy Foundation, the Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are again jointly sponsoring awards to preceptors who are exemplary educators and mentors.

[Learn More >>](#)

Weight Management Symposium

Effective weight management calls for professionals with skills to practice with diverse populations in a variety of settings. Maximize your ability to facilitate client achievements by attending the Weight Management dietetic practice group's March 21-23 symposium "Show Me Excellence: Gateway to Weight Management Success," at the Hyatt Regency at The Arch in St. Louis, Mo.

[Learn More >>](#)

Updated App: Evidence-Based Nutrition Practice Guidelines

The Evidence Analysis Library's *NutriGuides* app has been updated.

[Learn More >>](#)

New Substance Abuse Treatment Resources

Resources to help parents, health care providers and substance abuse treatment specialists to treat teens struggling with drug abuse, as well as to identify and interact with those who might be at risk, have been released by the National Institute on Drug Abuse.

[Learn More >>](#)

Academy Member Updates

Your GENIE Is Here

The *Guide for Effective Nutrition Interventions and Education* (GENIE), a validated online checklist tool funded with support from the ConAgra Foods Foundation, is now available to help program planners and program evaluators.

[Learn More >>](#)

Take Opportunities to Serve Survey

If you are interested in volunteering for an Academy committee, take the Opportunities to Serve Survey by February 13.

[Learn More >>](#)

Clinical Outcomes Presentation

Kelly Tappenden, PhD, RD, FASPEN, the Academy's representative to the Alliance to Advance Patient Nutrition, will present "Clinical and Economic Outcomes of Nutrition Interventions Across the Continuum of Care," March 13 in Washington, D.C., at an event sponsored and presented by the Sackler Institute for Nutrition Science and the Abbott Nutrition Health Institute.

[Learn More >>](#)

Philanthropy, Awards and Grants

February 15 Deadline: Apply for Foundation Scholarships

Graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician scholarships are all available through the Foundation.

[Learn More >>](#)

February 21 Deadline: "Hunger in Our Community" Kids Eat Right Mini-Grant Opportunity

To support the use of the Kids Eat Right "Hunger in Our Community. What We Can Do." toolkit, 25 grants of \$200 grants are available from the Academy Foundation. Recipients of the mini-grants agree to give two presentations between March 3 and May 2, utilizing the presentations for adults or teens from the "Hunger in Our Community. What We Can Do." toolkit. Applications are due February 21 and grant recipients will be announced March 3.

[Learn More >>](#)

Tax Time: Donate Now, Ensure Tax-Deductible Donations are Made for Next Year

Support the Academy Foundation's Annual Fund. Your support will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative

educational programs through the Kids Eat Right initiative.

[Learn More >>](#)

March 14 Deadline: \$1 Million in General Mills Champions for Healthy Kids Partnership Grants

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000.

[Learn More >>](#)

New: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

Kids Eat Right Mini-Grant Recipients

Congratulations to 26 Kids Eat Right Campaign Members who were selected to receive a Kids Eat Right mini-grant of \$200 to lead two presentations from any of the Kids Eat Right toolkits in their communities through March 28.

[Learn More >>](#)

Energy Balance 4 Kids with Play: Empowering Teachers in California Schools

Energy Balance 4 Kids with Play RD Coaches are working with kindergarten through sixth-grade students in two West Contra Costa Unified School District elementary schools in Richmond, Calif. The RD Coaches help empower teachers to lead nutrition lessons and games with students, and lead school wellness committees to enhance the school wellness environment. The committees are taking action steps toward meeting USDA's HealthierUS School Challenge criteria.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

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1570. Academy Foundation Investment Summary Report

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Feb 05, 2014 12:49:48
Subject: Academy Foundation Investment Summary Report
Attachment: [image001.png](#)
[ANDF Summary.pdf](#)

Good morning. Attached is Academy Foundation investment summary put together by Al Bryant. We wanted to provide you with an update since this was not included as part of our December call. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1571. Daily News: Wednesday, February 5, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 05, 2014 11:47:00
Subject: Daily News: Wednesday, February 5, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

March is National Nutrition Month® - Enjoy the Taste of Eating Right! NNM catalog, handouts and other resources at www.eatright.org/nnm.

Academy of Nutrition and Dietetics Applauds Passage of Farm Bill, Measures to Support Access to Healthy Foods for Millions

<http://www.sacbee.com/2014/02/04/6128332/academy-of-nutrition-and-dietetics.html>

Related Resource: Legislation-Scroll down to: Farm Bill

The Farm Bill reauthorizes many federal nutrition assistance, nutrition education programs and food and agriculture research. Read the Farm Bill outcomes.

<http://www.eatright.org/Members/content.aspx?id=8488>

Mediterranean diet linked with lower risk of heart disease among young US workers

<http://medicalxpress.com/news/2014-02-mediterranean-diet-linked-heart-disease.html>

Source: *PLOS ONE*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0087539>

Surgeon General nominee pledges focus on obesity

<http://www.boston.com/lifestyle/health/2014/02/04/surgeon-general-nominee-pledges-focus-obesity/qmTAhcbODw4AyewNUiRH5H/story.html>

From the Academy Web site- Overweight and Obesity

<http://www.eatright.org/Public/list.aspx?TaxID=6442452086>

Auto TXTing May Boost Diabetes Self-Care

<http://www.medpagetoday.com/Endocrinology/Diabetes/44124>

Source: *Health Affairs*

<http://content.healthaffairs.org/content/33/2/265.abstract>

New Guideline (Canadian) Lowers eGFR for Dialysis Start

<http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/44127>

Related Resource: A Clinical Guide to Nutrition Care in Kidney Disease

http://www.kidney.org/professionals/CRN/CGNC_form.cfm

As Peanut Allergies Rise, Trying to Determine a Cause

<http://well.blogs.nytimes.com/2014/02/03/as-peanut-allergies-rise-trying-to-determine-a-cause/?ref=health>

Smart and personal: dietary advice

(You could have an artificial dietitian that comes via a video and tells you what to do or not do")

<http://www.medicalnewstoday.com/releases/272098.php>

Cited:, Food4Me (European Union-funded research project)

<http://food4me.org/>

High Intensity Exercise Helps Fight Cravings for Junk Food

<http://www.scienceworldreport.com/articles/12564/20140131/high-intensity-exercise-helps-fight-cravings-for-junk-food.htm>

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/99/2/258.abstract?sid=aaf07d94-aa0b-43d8-8764-c100f9591f2a>

A Look Inside the Protein Bar

http://www.nytimes.com/2014/01/29/dining/protein-bars.html?_r=0

Beverage of champions: Chocolate milk gets an Olympic-style makeover

http://www.washingtonpost.com/business/economy/beverage-of-champions-chocolate-milk-gets-an-olympic-style-makeover/2014/01/31/a13261b6-89c8-11e3-916e-e01534b1e132_story.html

The end of the meal as we know it? Half of eating occasions now snacks, says Hartman

<http://www.foodnavigator-usa.com/Markets/The-end-of-the-meal-as-we-know-it-Half-of-eating-occasions-now-snacks-says-Hartman>

Boosting Access to Healthier Grocery Stores Might Not Improve Eating Habits

Study suggests putting stores in poor neighborhoods isn't enough; promotional efforts also needed

<http://consumer.healthday.com/mental-health-information-25/behavior-health-news-56/boosting-healthy-food-access-may-not-improve-eating-habits-684430.html>

Source: *Health Affairs*

<http://content.healthaffairs.org/content/33/2/283.abstract?sid=9ef78f33-985c-4ac0-9140-2d7188f7a3d4>

USDA/ Economic Research Service

-Fruit and vegetable prices respond differently to oil price increases based on shipping route and carrier

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=43398&ref=collection>

The Seeds of a New Generation

(...small but eager cadre of corn farmers who are starting to switch sides, as it were, lured by a little-appreciated fact of farm economics: There is vastly more money to be made in growing other vegetables and fruits)

http://www.nytimes.com/2014/02/05/dining/the-seeds-of-a-new-generation.html?_r=0

MedlinePlus: Latest Health News

-Health Tip: If You've Been Diagnosed with Pre-Diabetes

-Climate Change Predicted to Boost Heat-Related Deaths

Growing elderly population most at risk from extreme temperatures, U.K. researchers warn

-Controlling Blood Pressure, Cholesterol May Not Boost Brain Health for Diabetics

-High Blood Pressure in Young Adults Could Mean Heart Trouble in Middle Age

-Low Vitamin D Could Up Risk for Birth Complication: Study

Preeclampsia occurs when blood pressure suddenly rises, experts explain

-NIH, industry and non-profits join forces to speed validation of disease targets

Goal is to develop new treatments earlier, beginning with Alzheimers, type 2 diabetes, and autoimmune disorders

-NIH Study Offers Insight into Why Cancer Incidence Increases with Age

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Sugar and Heart Disease

Could Added Sugars Increase a Persons Risk of Death?

(Joan Salge Blake, Academy Spokesperson featured)

<http://www.myfoxboston.com/video?clipId=9802936&topVideoCatNo=238258&autoStart=true>

Q&A: Are meat nutrition labels based on raw or cooked weight?

(By Hope Warshaw, RD & Joy Dubost, Academy Spokesperson quoted).

http://www.washingtonpost.com/lifestyle/home/qanda-are-meat-nutrition-labels-based-on-raw-or-cooked-weight/2014/02/04/b6f5e2b4-89c0-11e3-916e-e01534b1e132_story.html?tid=auto_complete

'Fueling' tips can help people get to Shape Up Montana goal

(By Dayle Hayes, RD)

<http://billingsgazette.com/lifestyles/health-med-fit/fueling-tips-can-help-people-get-to-shape-up->

montana/article_e0f14330-9c45-5e74-a286-588be9535642.html#ixzz2sSkZKUCu

Study: Added Sugars Increase Risk of Death from Heart Disease

(Elizabeth Ward, RD featured)

<http://www.myfoxboston.com/video?autoStart=true&topVideoCatNo=default&clipId=9801502>

How to Fight Off Pregnancy Cravings

(Neva Cochran, RD quoted)

<http://www.ktxdtv.com/story/24627899/how-to-fight-off-pregnancy-cravings>

Not your grandmother's Crock Pot cooking: Build a better-for-you slow cooker dinner

(By Molly Kimball, RD?)

http://www.nola.com/dining/index.ssf/2014/02/not_your_grandmas_crock_pot_co.html

Another Win for the Mediterranean-Style Diet

Firefighters who followed it most closely saw less weight gain, lower risk of heart trouble

(Connie Diekman, RD quoted)

<http://consumer.healthday.com/circulatory-system-information-7/blood-pressure-news-70/mediterranean-style-diet-scores-again-684526.html>

Quote of the Week

If the power to do hard work is not a skill, it's the best possible substitute for it."

-James Garfield

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or send a blank email to leave-26175-
1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

1572. Level 2 Certificate of Training in Adult Weight Management

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Feb 05, 2014 07:05:52
Subject: Level 2 Certificate of Training in Adult Weight Management
Attachment:

Level 2 Certificate of Training in Adult Weight Management

Having trouble viewing this e-mail? [View it in your browser.](#)

Level 2 Certificate of Training in Adult Weight Management

As a previous participant of the Certificate of Training in Adult Weight Management program or the Certificate of Training in Childhood and Adolescent Weight Management program, you are eligible to participate in the Level 2 Certificate of Training in Adult Weight Management program which is scheduled to be held on Thursday, March 13, 2014, through Saturday, March 15, 2014.

[Click here to view a video testimonial.](#)

What's Involved? There are three components to this training program: a self-study module, a 2 1/2 day live workshop, and a post-test. In order to attend this program, you have to complete the pre-work materials. It has been determined that it will take up 30 hours to complete these materials. The pre-work materials include an assessment test and in order to attend the program, you must obtain a passing score of 80% by March 5, 2014.

Program Location: The Westin Annapolis, 100 Westgate Circle, Annapolis, Maryland.

Registration Fee: \$445.00 (Registration includes on-line self study module and pre-test, 2 1/2 day on site workshop including beverage breaks and post-test.)

Registration Deadline: February 26, 2014.

Eligibility: Program is only open to RDs, RDNs, DTRs and the Academy practitioner members (active, student and international) who have successfully completed the Certificate of Training in Adult Weight Management or the Certificate of Training in Childhood and Adolescent Weight Management program. Program registration will not be processed until these requirements have been verified.

CPE Hours Awarded: 50

For registration information and to view the certificate requirements and additional

programs, please visit the CDR Website at <http://cdrnet.org/weight-management/level2>.

Cancellation Policy: *Once your program registration has been fully processed, a \$75.00 administrative processing fee will be required to cancel your registration. Please note, if the self-study module and pre-test have been completed in order to be awarded the CPEU, an additional fee may apply.*

You are currently subscribed to receive Weight Management related emails from the Commission on Dietetic Registration.

If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1573. Voting Now Open!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 04, 2014 17:20:33
Subject: Voting Now Open!
Attachment:

Voting Now Open!

Having trouble viewing this e-mail? [View it in your browser.](#)

Vote in the 2014 Academy Elections February 1 through February 22.

Voting is now open! Help shape the future of the Academy and have your voice be heard by exercising your member privilege to vote. Elections run from February 1 February 22, 2014.

Visit www.eatright.org/elections to view the slate of candidates and to cast your vote electronically. Remember, every vote counts!

Vote and be entered to win a FREE registration to attend the Academys Food & Nutrition Conference & Expo, October 18-21, 2014 in Atlanta!

Take the opportunity to meet the Academy's 2014 president-elect candidates Evelyn Crayton, EdD, RDN, LD, and Trisha Fuhrman, MS, RDN, LD, FAND, during a **live webinar, tomorrow, February 5** from noon to 1 p.m. Central Time.

Questions will be posed to the candidates to help members gain insight into their perspectives and views. The webinar is free to Academy members and 1.0 CPEU hour is available. [Click here to register!](#)

Share this mailing with your social network:

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If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1574. FW: Senate passes Farm Bill...finally

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 04, 2014 16:30:56
Subject: FW: Senate passes Farm Bill...finally
Attachment: [image002.jpg](#)
[image001.png](#)

Good afternoon. Please see the following update.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Patricia Babjak

Sent: Tuesday, February 04, 2014 3:29 PM

To: 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandrafgill@comcast.net'

Cc: Executive Team Mailbox; Mary Ann Taccona; Alison Steiber; Chris Reidy; Susan Burns; Karen Lechowich; Doris Acosta

Subject: FW: Senate passes Farm Bill...finally

You already have been informed that the Senate has passed the Farm Bill from Mary Pat's email below. The press release that we are sending out this afternoon can be accessed by clicking on the following link www.eatright.org/Media/content.aspx?id=6442479892. This special announcement will be shared with members in *Eat Right Weekly*, *Daily News* and social media channels.

I am meeting with the ANDPAC Board at headquarters today and we added a line in *Eat Right Weekly* thanking those that contributed to the PAC, helping make this possible.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Mary Pat Raimondi

Sent: Tuesday, February 04, 2014 2:37 PM

To: Joan Schwaba

Cc: Glenna McCollum; Executive Team Mailbox; Chris Reidy; Mary Ann Taccona; Alison Steiber; Karen Lechowich; Susan Burns; Doris Acosta; Sonja L. Connor; Ethan Bergman; Kathy McClusky; easaden@aol.com; Becky Dorner; Lucille; Catherine Christie; Margaret Garner; Linda T. Farr; Marcia Kyle; Joe Derochowski; Sandra Gill

Subject: Senate passes Farm Bill...finally

The Senate just voted 68-32 to pass a \$956 billion farm bill that will be sent to the President for signage.

Thanks for all your support. I will send a summary chart that details our recommendations and successful outcomes.

More to come as I am waiting to board a plane. :-)

-Mary Pat

-Mary Pat

On Jan 30, 2014, at 7:19 AM, "Mary Pat Raimondi" <mraimondi@eatright.org> wrote:

We did not have to wait for a Spring thaw for a bipartisan trillion dollar Farm Bill to be passed in the House. It happened finally.

The vote was as expected, bipartisan with support more by region than party. Here is a link of how they voted.

<http://politics.nytimes.com/congress/votes/113/house/2/31>

You might be surprised at how your representative voted. Once it was known the bill would pass with votes needed, then the "no or nay" votes came in. These included members who wanted to make statements that no cuts to SNAP were acceptable or subsidies reform did not go far enough. (SNAP benefits are reduced by \$8.5 billion, much different than the original \$40 billion passed earlier)

We have done a comparison of our recommendations to the bill language that is attached. Hopefully this is an easy way to digest the outcomes versus our recommendations. We still have a few gaps as we continue to go through the 959 pages of the bill.

This bill includes restored funding for SNAP-ED, a program that had zero visibility with members of Congress three years ago. This made it an easy target to reduce funding. After we realized all fifty states had at least three different names for their local programs, we used a targeted marketing approach for messaging. We also sought out partners including the land grant universities and Share Our Strength, SOS. Both of these groups

are large employers of our members and committed to our mission. They also have different reaches which strengthened our impact.

There is also a small but impactful change for home bound seniors receiving SNAP. This population will be able to use their benefits with nonprofit shopping services. This gives this population access to healthy affordable food. The Academy led the efforts in getting this new program in the final bill.

On the research side, we have a very strong title with many opportunities for our members. This includes a new Foundation for Food and Agriculture research.

We are very grateful to our Congressional champions that took our recommendations and included them in the conference bill. We are also grateful to our partners who helped leverage our resources and made our voice stronger. LPPC and ANDPAC showed their leadership during this process. Karen Ehrens has been a sought out expert by not only her Senator but also the media.

Finally we are grateful for all your help, expertise and support!

Next round is in the Senate and more virtual cork popping.

Your questions are welcome.

Mary Pat

PS I want to give kudos to Jenn Foillard our staff whose portfolio covers this bill. She tirelessly worked on our efforts and with a smile and humor! I have had influential members of the Ag Committee and their staff let me know how much they respect her. Quite the compliments.

Mary Pat Raimondi MS RD

<image.jpeg>

1575. FW: Senate passes Farm Bill...finally

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Feb 04, 2014 16:28:59
Subject: FW: Senate passes Farm Bill...finally
Attachment: [image002.jpg](#)

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Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Mary Pat Raimondi

Sent: Tuesday, February 04, 2014 2:37 PM

To: Joan Schwaba

Cc: Glenna McCollum; Executive Team Mailbox; Chris Reidy; Mary Ann Taccona; Alison Steiber; Karen Lechowich; Susan Burns; Doris Acosta; Sonja L. Connor; Ethan Bergman; Kathy McClusky; easaden@aol.com; Becky Dorner; Lucille; Catherine Christie; Margaret Garner; Linda T. Farr; Marcia Kyle; Joe Derochowski; Sandra Gill

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Mary Pat Raimondi MS RD

<image.jpeg>

1576. FW: General comments about the issues of time for the Child and Adolescent Wt. Management Certificate Course

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Kathy Cobb' <kathy.cobb@snet.net>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothern, Melinda' <msothe@lsuhsc.edu>, Dana E.Gerstein <danaeg@berkeley.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: 'Gail Frank' <Gail.Frank@csulb.edu>, Chris Reidy <CREIDY@eatright.org>
Sent Date: Feb 04, 2014 11:28:58
Subject: FW: General comments about the issues of time for the Child and Adolescent Wt. Management Certificate Course
Attachment: [image001.png](#)

I am sharing Gail's comments with you regarding changes to the on-site program. If you have any suggestions, please send them by Friday, February 14, 2014 as requested in Chris' January 24, 2014 email. Please be sure to "Reply to All" so all faculty members will receive your suggestions.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Gail Frank [mailto:Gail.Frank@csulb.edu]

Sent: Monday, February 03, 2014 5:18 PM

To: Pearlie Johnson

Subject: General comments about the issues of time for the Child and Adolescent Wt. Managment Certificate Course

Hi, Pearlie,

You may send my few suggestions to the faculty. I only saw comments from 1 speaker who volunteered to reduce her talk. My thoughts are:

1. For the longer presentations of 1.5-2 hours or more, each speaker could reduce his or hers by 15-20 minutes,
2. Re-evaluate each day of the program and set the begin time and then end time for each day; then allocate the break(s) and divide what is left for the number of presentations.
3. Each speaker could be given their final amount of time, e.g., 1 or 1.25 or 1.5 hours and the speaker could allocate $\frac{3}{4}$ of their presentation time for evidence-based data and $\frac{1}{4}$ for practical application. This might mean removing some of the pictures, side-bars and dialogue.
4. The MI presentation before the 'counseling' demo is now added back (which added time) and reflects what we had several years ago; yet some of the breakout groups did not practice the scenarios. We seem to have converted to more 'presentation' than practice. May need to rethink this area again.

Thank you,

Gail

1577. Daily News: Tuesday, February 4, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Feb 04, 2014 11:04:08
Subject: Daily News: Tuesday, February 4, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

Online Meet the Candidates Forum

Meet the Academy's 2014 president-elect candidates during a February 5 webinar, from noon to 1 p.m. Central Time. Former President Susan Laramée, MS, RD, FAND, will pose questions to president-elect candidates Evelyn Crayton, EdD, RDN, LD; and Trisha Fuhrman, MS, RDN, LD, FAND, to help members gain insight into their perspectives and views. The webinar is free to Academy members. 1.0 CPEU hours are available for members attending the live webinar. Register here >>

Added Sugar in Diet Tied to Death Risk From Heart Trouble

Sugar can be 'hidden' in savory foods as well as desserts and soda, experts note

(Rachel Johnson, RD quoted)

<http://consumer.healthday.com/public-health-information-30/centers-for-disease-control-news-120/added-sugar-and-heart-death-684511.html>

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1819573>

And

<http://archinte.jamanetwork.com/article.aspx?articleid=1819571>

Health groups call on fast-food to drop soda from kids' menu

http://www.upi.com/Health_News/2014/02/03/Health-groups-call-on-fast-food-to-drop-soda-from-kids-menu/UPI-65691391404533/#ixzz2sHBV0F60

Tighter economic regulation needed to reverse obesity epidemic, study suggests

<http://www.sciencedaily.com/releases/2014/02/140202184847.htm>

Source: *Bulletin of the World Health Organization*

<http://www.who.int/bulletin/volumes/92/2/13-120287-ab/en/index.html>

Larger portions decrease liking of food: study

(Not only do larger portions lead consumers to like the food they are eating less, they also reduce how often people consume those foods, according to the authors of a recent study)

<http://www.foodnavigator.com/Science-Nutrition/Larger-portions-decrease-liking-of-food-study>

Source: *Appetite*

<http://www.sciencedirect.com/science/article/pii/S0195666313004078>

Experts Warn Of Caffeine Use Disorder

<http://washington.cbslocal.com/2014/01/29/experts-warn-of-caffeine-use-disorder/>

Source: *Journal of Caffeine Research*

<http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.0016?journalCode=jcr>

New Concern About Testosterone and Heart Risks

<http://well.blogs.nytimes.com/2014/01/29/study-adds-to-concern-about-cardiac-risks-for-older-men-taking-testosterone/?ref=anahadoconnor>

Related Resource: FDA

<http://www.fda.gov/safety/medwatch/safetyinformation/safetyalertsforhumanmedicalproducts/ucm384225.htm>

Elderberry as a Flu Remedy

There is Evidence the Berry Shortens the Duration of Symptoms

<http://online.wsj.com/news/articles/SB10001424052702304428004579355381156650444>

Cited: *Journal of Dietary Supplements*

<http://www.ncbi.nlm.nih.gov/pubmed/24409980>

(corrected link)Many College Students Fear Going Hungry at Some Point: Survey

Factors include rising costs, lack of support even among those with jobs

<http://consumer.healthday.com/public-health-information-30/economic-status-health-news-224/college-students-food-insecurity-jneb-osu-release-batch-1118-684297.html>

Related Resource: MyPlate on Campus

<http://www.choosemyplate.gov/MyPlateOnCampus/Support.html>

'Food is a medicine in itself': Prince Charles calls for the quality of hospital food to be made a 'clinical priority'

(Prince says improving hospital food could speed up recovery times)

<http://www.dailymail.co.uk/news/article-2548964/Food-medicine-Prince-Charles-calls-quality-hospital-food-clinical-priority.html#ixzz2sMlsm6hF>

USDA Proposes Professional Standards in National School Lunch, Breakfast Programs; Announces New Progress in Implementing Meal Standards

<http://blogs.usda.gov/2014/01/30/usda-proposes-professional-standards-in-national-school-lunch-breakfast-programs-announces-new-progress-in-implementing-meal-standards/#sthash.qyXZpjg7.dpuf>

Veterans hospital finds ways to tame MRSA super bug

Health advocates urge other hospitals to follow medical center's screening example

<http://www.usatoday.com/story/news/nation/2014/02/03/mrsa-infection-screening-veterans-affairs/5183403/>

MedlinePlus: Latest Health News

-First evidence-based diagnostic criteria published for temporomandibular disorders

-A Survival Guide for Winter's Threats

Docs offer tips for avoiding injuries while shoveling snow, walking on icy sidewalks and streets

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitian in the News

7 food swaps that slash calories

(Kelly Pritchett, Academy Spokesperson & Tracee Yablon Brenner, RD quoted)

<http://www.foxnews.com/health/2014/02/04/7-food-swaps-that-slash-calories/>

11 easy immune boosters for cold and flu season

(Amanda Bontempo, RD quoted)

<http://www.cnn.com/2014/02/04/health/upwave-immune-boosters/index.html?iref=allsearch>

You Can Eat Healthy And Save Money

(Jessica Corwin, RD featured)

<http://fox17online.com/2014/02/03/you-can-eat-healthy-and-save-money/#axzz2sGSQAFdP>

Too much added sugar can do you in

(Elisa Zied, RDN quoted)

<http://www.nbcnews.com/health/serving-day-added-sugar-can-do-you-2D12047404>

Childhood obesity has lasting consequences, study finds

(By Timi Gustafson RD)

<http://www.auburn-reporter.com/lifestyle/243368161.html>

Playing with your veggies has its benefits

(By Jeanine Stice, RD)

<http://www.statesmanjournal.com/article/20140204/LIFE/302040008/Playing-your-veggies-has-its-benefits>

American Heart Month: How much do you know about heart disease?

(Julia Zumpano, RD quoted)

<http://abclocal.go.com/kabc/story?section=news/health&id=9418413>

Utah CSA programs provide healthy fuel for Olympic athletes

(Nanna Meyer, RD quoted)

<http://www.sltrib.com/sltrib/entertainment2/56960388-223/athletes-csa-fresh-olympic.html.csp>

Eating well is not an invitation to brag

(By Sheah Rarback, RD)

<http://www.miamiherald.com/2014/02/03/3910970/eating-well-is-not-an-invitation.html>

New food nutrition labels may be coming

(By Georgia Clark-Albert, RD)

<https://bangordailynews.com/2014/02/03/health/new-food-nutrition-labels-may-be-coming/>

From gremolata to sangria, citrus fruits are more than snacks

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x1262662510/From-gremolata-to-sangria-citrus-fruits-are-more-than-snacks>

Heart healthy meal ideas, including recipes

(Susan Steelman, RD featured)

<http://myfox8.com/2014/02/03/heart-healthy-meal-ideas-including-recipes/>

What's 'super' about super foods?

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2014/02/04/what-super-about-super-foods/>

ANU study finds eating healthily costs 30 per cent more

(Rosemary Stanton, Dietitian/Australia quoted)

<http://www.news.com.au/lifestyle/health/anu-study-finds-eating-healthily-costs-30-per-cent-more/story-fneuzkvr-1226817919301>

Diets leave a bad taste

(Becci Dunn, Dietitian/UK quoted)

<http://www.hartlepoolmail.co.uk/news/health/local-health/diets-leave-a-bad-taste-1-6415123>

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

The Academys Position Papers and Practice Papers are available at:
<http://www.eatright.org/positions/>

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To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=26128

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26128-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1578. NC Evaluation Workgroup Call: Dial in Numbers

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Feb 04, 2014 08:30:02
Subject: NC Evaluation Workgroup Call: Dial in Numbers
Attachment: [image002.jpg](#)
[020414 NC Eval WG Call AgendaREV.doc](#)

Good morning,

Please note, the dial-in numbers to participate in today's call follow. A revised agenda is attached.

Dial-In Number: 1-866/477-4564

Conference Code: 75-48-12-89-82

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

From: Joan Schwaba

Sent: Thursday, January 30, 2014 2:40 PM

To: 'Neva'; 'Margaret Garner'; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; peark02@outlook.com; 'ellen.shanley@uconn.edu'; 'Elise Smith '
Cc: Patricia Babjak
Subject: NC Evaluation Workgroup Call
Importance: High

Attached are the agenda and supporting material for the Nominating Committee Evaluation Workgroup call on Tuesday, February 4 at 9:00 am CST. The attachments have been highlighted for reference according to the agenda discussion.

To participate on the call, please use the following numbers:

Dial-In Number: 1-866/477-4564

Conference Code: 75 48 12 89 82

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

1579. Misc

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Feb 03, 2014 13:59:41
Subject: Misc
Attachment:

Donna,

I did talk to Milton on Friday. He was looking for the information because his colleagues are a little concerned and anxious about the new standards. He was hoping to provide something that might give them some frame of reference and timing. I have connected him with Mary Ann Taccona. I would imagine there are many institutions that might be concerned about the new standards and she might have something that could help.

So, all is good. I hope you had a great weekend. We had to dig out of about 6 inches of snow on Saturday morning. We are expecting another 6 inches tomorrow and possibly 10 on top of that Friday night. IT JUST WON'T END!!

Paul

1580. Will you be the next RDN featured in Times Square?

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: DMartin@burke.k12.ga.us
Sent Date: Jan 31, 2014 16:38:52
Subject: Will you be the next RDN featured in Times Square?
Attachment:

Will you be the next RDN featured in Times Square?

Having trouble viewing this e-mail? View it in your browser.

One lucky member to be featured in Times Square in honor of RDN Day

In celebration of Registered Dietitian Nutritionist Day on Wednesday, March 12, and in appreciation for all you do to improve the nutritional health of Americans and people around the world, the Academy is hosting a special contest to feature a member in Times Square in New York City. This contest is all about YOU our members.

To enter, send an email to contest@eatright.org with the word "RDN Day" in the subject line, and in the body of the email include your 1) name; 2) member number; and 3) a short response (100 words or less) to the question: *How do you help clients enjoy the taste of eating right?*

One winner will be selected for the exclusive opportunity to have their photo on a Times Square banner in New York City, and also highlighted in our member electronic newsletter *Eat Right Weekly*.

The contest will run until February 21, 2014 (one submission per person will be entered into the contest). One very lucky winner will be announced on or around March 12, 2014, in honor of RDN Day.

For official rules, click [here](#).

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1581. Daily News & Journal Review: Friday, January 31, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 31, 2014 11:54:53
Subject: Daily News & Journal Review: Friday, January 31, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to online content.

Contradictory nutrition news creates consumer confusion

<http://www.sciencedaily.com/releases/2014/01/140128153814.htm>

Source: *J Health Comm*

<http://www.tandfonline.com/doi/abs/10.1080/10810730.2013.798384>

Related Resource: Position of the Academy of Nutrition and Dietetics: Total Diet Approach to Healthy Eating

[http://www.andjrnl.org/article/S2212-2672\(12\)01993-4/abstract](http://www.andjrnl.org/article/S2212-2672(12)01993-4/abstract)

Gastric banding patients should closely monitor nutrition following surgery

<http://www.sciencedaily.com/releases/2014/01/140130091443.htm>

Source: *Journal of Investigative Medicine*

<http://www.ncbi.nlm.nih.gov/pubmed/24113734>

Poor breakfast in youth linked to metabolic syndrome in adulthood

<http://www.sciencedaily.com/releases/2014/01/140129075806.htm>

Source: *Public Health Nutrition*

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9158134>

Could Antioxidants Speed Up Cancer Progression?

Study of mice suggests people with lung cancer or at risk for the disease should avoid these supplements

(Normal doses of vitamin E and smaller doses of the antioxidant supplement acetylcysteine increased the growth of tumors in mice with early lung cancer, the researchers reported)

http://www.nlm.nih.gov/medlineplus/news/fullstory_144302.html

Source: *Science Translational Medicine*

<http://stm.sciencemag.org/content/6/221/221ra15>

Dwindling saline supplies worry hospitals, dialysis centers

<http://www.chicagotribune.com/health/sns-wp-washpost-bc-saline28-20140128,0,7947147.story>

Stressed by Work-Life Balance? Just Exercise

Workouts, or even spurts of activity, can keep stress levels down and confidence up, survey results show

<http://consumer.healthday.com/mental-health-information-25/stress-health-news-640/stressed-by-work-life-balance-just-exercise-684328.html>

Sports Nutrition Resources

<https://www.eatright.org/shop/categories.aspx?id=257>

Academy Web site - Eat Right for Sports and Performance

<http://www.eatright.org/Public/list.aspx?TaxID=6442452022>

Exercise to Age Well, Whatever Your Age

http://well.blogs.nytimes.com/2014/01/29/exercise-to-age-well-regardless-of-age/?_php=true&_type=blogs&ref=health&_r=0

Registered Dietitians in the News

Apply to Become an Academy Spokesperson

The Academy is looking for media-savvy RDs and RDNs to join its prestigious team of volunteer media spokespeople. If you are interested in promoting the profession and healthful eating to media across the country, please consider applying. Learn more at www.eatright.org/members/spokespersonapplication

Eat to Lose Dining

(Marisa Moore, Academy Spokesperson featured)

<http://www.wjbf.com/story/24596167/eat-to-lose-dining>

Are green drinks juices and smoothies an effective way to get the nutrients you need ?

(Barbara Rolls, Academy Member quoted)

http://www.washingtonpost.com/national/health-science/are-green-drinks--juices-and-smoothies--an-effective-way-to-get-the-nutrients-you-need/2014/01/27/951e0014-81e0-11e3-8099-9181471f7aaf_story.html

Super Bowl party fare heavy on calories

(Jessica Holland, RD quoted)

<http://beta.mirror.augusta.com/news/health/2014-01-29/super-bowl-party-fare-heavy-calories?v=1391040090>

7 nutrients you need after turning 50

(By Cynthia Sass, RD)

<http://www.foxnews.com/health/2014/01/30/7-nutrients-need-after-turning-50/>

Foods to boost your immune system

(Anna Busenburg, RD featured)

<http://wlfi.com/2014/01/29/foods-to-boost-your-immune-system/>

To your health: Get cozy and healthy with a warm bowl of oatmeal

(By Leia Kedem, RD)

<http://www.news-gazette.com/living/2014-01-28/your-health-get-cozy-and-healthy-warm-bowl-oatmeal.html>

Snack Like a Pro this Super Bowl

(Ted Harper, RD & Bryan Snyder, RD quoted)

http://www.malibutimes.com/malibu_life/article_2e55b514-8921-11e3-a01a-001a4bcf887a.html

FDA Proposes Changes To Food Nutrition Labels

(Jennifer Burton, RD quoted)

http://www.nbcnews.com/id/54205236/ns/local_news-columbus_oh/t/fda-proposes-changes-food-nutrition-labels/

New Food Labels Coming

(Gayle Jennings, RD featured)

http://www.wics.com/news/top-stories/stories/vid_15388.shtml

Looking at photos online can change the way you eat

(Cindy Heslop, RD quoted)

<http://www.wfmj.com/story/24594731/looking-at-photos-online-can-change-the-way-you-eat>

Looking at photos online can change the way you eat

(Cindy Sass, Dietitian/Canada quoted)

<http://www.ottawacitizen.com/life/Weeding+through+good+greens/9449631/story.html>

Werewolf Diet: Will juice cleanses during full moons help you lose weight?

(Roxanne Laughlin, Dietitian/Canada quoted)

<http://www.nydailynews.com/life-style/health/werewolf-diet-lose-weight-article-1.1597361>

American Journal of Preventive Medicine, February 2014

<http://ajpmonline.org/current>

Traffic-Light Labels and Choice Architecture: Promoting Healthy Food Choices

[http://www.ajpmonline.org/article/S0749-3797\(13\)00552-7/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00552-7/abstract)

Annals of Internal Medicine, January 13-14, 2014, Online First

<http://annals.org/onlineFirst.aspx>

Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Disease Risk in Adults:
Synopsis of the 2013 ACC/AHA Cholesterol Guideline

<http://annals.org/article.aspx?articleid=1818923>

Clinical Nursing Research, February 2014

<http://cnr.sagepub.com/content/current>

The Effects of Cranberries on Preventing Urinary Tract Infections

<http://cnr.sagepub.com/content/23/1/54.abstract>

Clinical Nutrition, January 14-27, 2014 Online First

<http://www.clinicalnutritionjournal.com/inpress>

Changes in nutritional status in childhood cancer patients: A prospective cohort study

[http://www.clinicalnutritionjournal.com/article/S0261-5614\(14\)00038-7/abstract](http://www.clinicalnutritionjournal.com/article/S0261-5614(14)00038-7/abstract)

Evaluation of three indirect calorimetry devices in mechanically ventilated patients: Which device compares best with the Deltatrac II[®]? A prospective observational study

[http://www.clinicalnutritionjournal.com/article/S0261-5614\(14\)00033-8/abstract](http://www.clinicalnutritionjournal.com/article/S0261-5614(14)00033-8/abstract)

Higher Docosahexaenoic acid, lower Arachidonic acid and reduced lipid tolerance with high doses of a lipid emulsion containing 15% fish oil: A randomized clinical trial

[http://www.clinicalnutritionjournal.com/article/S0261-5614\(14\)00034-X/abstract](http://www.clinicalnutritionjournal.com/article/S0261-5614(14)00034-X/abstract)

A single-blinded randomised clinical trial of permissive underfeeding in patients requiring parenteral nutrition.

[http://www.clinicalnutritionjournal.com/article/S0261-5614\(14\)00027-2/abstract](http://www.clinicalnutritionjournal.com/article/S0261-5614(14)00027-2/abstract)

Folic acid supplementation with and without vitamin B6 and revascularization risk: A meta-analysis of randomized controlled trials

[http://www.clinicalnutritionjournal.com/article/S0261-5614\(14\)00028-4/abstract](http://www.clinicalnutritionjournal.com/article/S0261-5614(14)00028-4/abstract)

Clinical Nutrition, February 2014

<http://www.clinicalnutritionjournal.com/>

Nutritional screening tools for hospitalized children: Methodological considerations

[http://www.clinicalnutritionjournal.com/article/S0261-5614\(13\)00207-0/abstract](http://www.clinicalnutritionjournal.com/article/S0261-5614(13)00207-0/abstract)

The pathophysiology of fluid and electrolyte balance in the older adult surgical patient

[http://www.clinicalnutritionjournal.com/article/S0261-5614\(13\)00316-6/abstract](http://www.clinicalnutritionjournal.com/article/S0261-5614(13)00316-6/abstract)

Diabetes Care, February 2014

<http://care.diabetesjournals.org/content/37/2?etoc>

Reversal of Early Abnormalities in Glucose Metabolism in Obese Youth: Results of an Intensive Lifestyle Randomized Controlled Trial

<http://care.diabetesjournals.org/content/37/2/317.abstract>

Higher Magnesium Intake Reduces Risk of Impaired Glucose and Insulin Metabolism and

Progression From Prediabetes to Diabetes in Middle-Aged Americans

<http://care.diabetesjournals.org/content/37/2/419.abstract>

Effect of a Cooked Meat Meal on Serum Creatinine and Estimated Glomerular Filtration Rate in Diabetes-Related Kidney Disease

<http://care.diabetesjournals.org/content/37/2/483.abstract>

Caffeinated and Decaffeinated Coffee Consumption and Risk of Type 2 Diabetes: A Systematic Review and a Dose-Response Meta-analysis

<http://care.diabetesjournals.org/content/37/2/569.abstract>

ICAN, Infant, Child, & Adolescent Nutrition, February 2014

<http://can.sagepub.com/content/current>

Integration of Theatre Activities in Cooking Workshops Improves Healthy Eating Attitudes Among Ethnically Diverse Adolescents, A Pilot Study

<http://can.sagepub.com/content/early/2014/01/21/1941406413520323.abstract>

An Opportunity to Increase Early Childhood Nutrition Training Among Providers, California Licensing Laws in Child Care Centers

<http://can.sagepub.com/content/6/1/14.abstract>

Prevention of Pediatric Obesity: Recommendations, Priorities, and Tools for Change

<http://can.sagepub.com/content/6/1/18.extract>

Use of Fish Oil Emulsion in Parenteral Nutrition: A Review of 20 Cases

<http://can.sagepub.com/content/6/1/30.abstract>

Hispanic Overweight and Obese Children, Thirty Cases Managed With Standard WIC Counseling or Motivational Interviewing

<http://can.sagepub.com/content/6/1/35.abstract>

International Journal of Food Sciences & Nutrition, January 28, 2014 Online First

<http://informahealthcare.com/toc/ijf/0/0>

Effect of the method of preparation for consumption on calcium retention, calcium:phosphorus ratio, nutrient density and recommended daily allowance in fourteen vegetables

<http://informahealthcare.com/doi/abs/10.3109/09637486.2013.873889>

JAMA, Journal of the American Medical Association, January 22/29, 2014

<http://jama.jamanetwork.com/issue.aspx>

Association of Mediterranean Diet With Peripheral Artery Disease: The PREDIMED Randomized Trial

<http://jama.jamanetwork.com/article.aspx?articleid=1817779>

Multivitamins Offer No Protection to Brains or Hearts

<http://jama.jamanetwork.com/article.aspx?articleid=1817791>

Journal of Human Nutrition and Dietetics, January 2014

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.2014.27.issue-s1/issuetoc>

Developing an interactive portion size assessment system (IPSAS) for use with children

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12127/abstract>

Technology-based dietary assessment: development of the Synchronised Nutrition and Activity Program (SNAP)

<http://onlinelibrary.wiley.com/doi/10.1111/j.1365-277X.2012.01295.x/abstract>

Journal of Mens Health, December 2013

<http://online.liebertpub.com/toc/jomh/10/4>

Association Between Muscularity Dissatisfaction and Body Dissatisfaction Among Normal-Weight French Men

<http://online.liebertpub.com/doi/abs/10.1089/jomh.2013.0005>

Journal of Parenteral and Enteral Nutrition, February 2014

<http://pen.sagepub.com/content/current>

Beneficial Effect of Sesame Oil on Heavy Metal Toxicity

<http://pen.sagepub.com/content/38/2/179.abstract>

Malnutrition Diagnoses in Hospitalized Patients: United States, 2010

<http://pen.sagepub.com/content/38/2/186.abstract>

Prevalence of Malnutrition and Current Use of Nutrition Support in Patients With Cancer

<http://pen.sagepub.com/content/38/2/196.abstract>

Plasma Arginine Levels and Blood Glucose Control in Very Preterm Infants Receiving 2 Different Parenteral Nutrition Regimens

<http://pen.sagepub.com/content/38/2/243.abstract>

Journal of Pediatric Gastroenterology and Nutrition, January 2014

<http://journals.lww.com/jpgn/pages/currenttoc.aspx>

Nutritional Therapy in Pediatric Crohn Disease: The Specific Carbohydrate Diet

http://journals.lww.com/jpgn/Abstract/2014/01000/Nutritional_Therapy_in_Pediatric_Crohn_Disease__22.aspx

Management Guidelines of Eosinophilic Esophagitis in Childhood

http://journals.lww.com/jpgn/Abstract/2014/01000/Management_Guidelines_of_Eosinophilic_Esophagitis.27.aspx

Position Paper: Iron Requirements of Infants and Toddlers

http://journals.lww.com/jpgn/Abstract/2014/01000/Iron_Requirements_of_Infants_and_Toddlers.28.aspx

Journal of Renal Nutrition, January 9-27, 2014 Online First

<http://www.jrnjournal.org/inpress>

Adherence to Hemodialysis Dietary Sodium Recommendations: Influence of Patient Characteristics, Self-Efficacy, and Perceived Barriers

[http://www.jrnjournal.org/article/S1051-2276\(13\)00216-1/abstract](http://www.jrnjournal.org/article/S1051-2276(13)00216-1/abstract)

Dietary Trends and Management of Hyperphosphatemia Among Patients With Chronic Kidney Disease: An International Survey of Renal Care Professionals

[http://www.jrnjournal.org/article/S1051-2276\(13\)00212-4/abstract](http://www.jrnjournal.org/article/S1051-2276(13)00212-4/abstract)

Body Mass Index and the Development of New-Onset Diabetes Mellitus or the Worsening of Pre-Existing Diabetes Mellitus in Adult Kidney Transplant Patients

[http://www.jrnjournal.org/article/S1051-2276\(13\)00209-4/abstract](http://www.jrnjournal.org/article/S1051-2276(13)00209-4/abstract)

Journal of Womens Health, January 2014

<http://online.liebertpub.com/toc/jwh/23/1>

Weight and Body Composition Changes During Oral Contraceptive Use in Obese and Normal Weight Women

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4241>

Apparent Insufficiency of Iodine Supplementation in Pregnancy

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2013.4298>

Lancet, January 29-31, 2014, Online First

<http://www.thelancet.com/journals/lancet/onlinefirst>

Assessing the efficacy of oral immunotherapy for the desensitisation of peanut allergy in children (STOP II): a phase 2 randomised controlled trial

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62301-6/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62301-6/abstract)

Molecular Nutrition & Food Research, January 21-30, 2014 Online First

[http://onlinelibrary.wiley.com/journal/10.1002/\(ISSN\)1613-4133/earlyview](http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1613-4133/earlyview)

Whole-grain intake favorably affects markers of systemic inflammation in obese children: A randomized controlled crossover clinical trial

<http://onlinelibrary.wiley.com/doi/10.1002/mnfr.201300582/abstract>

Resistant starch type 4-enriched diet lowered blood cholesterol and improved body composition in a double blind controlled cross-over intervention

<http://onlinelibrary.wiley.com/doi/10.1002/mnfr.201300829/abstract>

Nutritional aspects of metabolic inflammation in relation to healthinsights from transcriptomic biomarkers in PBMC of fatty acids and polyphenols

<http://onlinelibrary.wiley.com/doi/10.1002/mnfr.201300559/abstract>

New England Journal of Medicine, January 30, 2014 <http://www.nejm.org/toc/nejm/medical-journal>

Incidence of Childhood Obesity in the United States

<http://www.nejm.org/doi/full/10.1056/NEJMoa1309753>

Nutrition, January 25-29, 2014 Online First

<http://www.sciencedirect.com/science/journal/aip/08999007>

Safe refeeding management of anorexia nervosa in-patients by an evidence-based protocol

<http://www.sciencedirect.com/science/article/pii/S089990071400046X>

Long-term effects of a ketogenic diet on body composition and bone mineralization in GLUT-1 deficiency syndrome: a case series

<http://www.sciencedirect.com/science/article/pii/S0899900714000446>

Which low-protein diet for which ckd patient? An observational, personalized approach

<http://www.sciencedirect.com/science/article/pii/S0899900714000434>

***Nutrition Bulletin*, January 27, 2014 Online First**

[http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1467-3010/earlyview](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1467-3010/earlyview)

Diet, nutrition and schoolchildren: An update

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.12071/abstract>

An overview of the role of diet in the treatment of rheumatoid arthritis

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.12041/abstract>

***Nutrition Journal*, January 16-29 2014, Online First**

<http://www.nutritionj.com/content>

A randomized controlled trial to evaluate the effect of incorporating peanuts into an American Diabetes Association meal plan on the nutrient profile of the total diet and cardiometabolic parameters of adults with type 2 diabetes

<http://www.nutritionj.com/content/13/1/10>

Postprandial muscle protein synthesis is higher after a high whey protein, leucine-enriched supplement than after a dairy-like product in healthy older people: a randomized controlled trial

<http://www.nutritionj.com/content/13/1/9/abstract>

Effect of fenugreek (*Trigonella foenum-graecum* L.) intake on glycemia: a meta-analysis of clinical trials

<http://www.nutritionj.com/content/13/1/7>

Effect of calcium phosphate and vitamin D3 supplementation on bone remodelling and metabolism of calcium, phosphorus, magnesium and iron

<http://www.nutritionj.com/content/13/1/6>

An anti-inflammatory diet as treatment for inflammatory bowel disease: a case series report

<http://www.nutritionj.com/content/13/1/5>

***Nutrition, Metabolism & Cardiovascular Diseases*, January 13-27, 2014 Online First**

<http://www.nmcd-journal.com/inpress>

Long term weight maintenance after advice to consume low carbohydrate, higher protein diets A systematic review and meta analysis

[http://www.nmcd-journal.com/article/S0939-4753\(13\)00301-3/abstract](http://www.nmcd-journal.com/article/S0939-4753(13)00301-3/abstract)

Effects of Omega-3 fatty acid on major cardiovascular events and mortality in patients with coronary heart disease: A meta-analysis of randomized controlled trials

[http://www.nmcd-journal.com/article/S0939-4753\(13\)00308-6/abstract](http://www.nmcd-journal.com/article/S0939-4753(13)00308-6/abstract)

Oxidised LDL levels decreases after the consumption of ready-to-eat meals supplemented with cocoa extract within a hypocaloric diet

[http://www.nmcd-journal.com/article/S0939-4753\(13\)00265-2/abstract](http://www.nmcd-journal.com/article/S0939-4753(13)00265-2/abstract)

White fish reduces cardiovascular risk factors in patients with metabolic syndrome: The WISH-CARE study, a multicenter randomized clinical trial

[http://www.nmcd-journal.com/article/S0939-4753\(13\)00266-4/abstract](http://www.nmcd-journal.com/article/S0939-4753(13)00266-4/abstract)

Lower dairy products and calcium intake is associated with adverse retinal vascular changes in older adults

[http://www.nmcd-journal.com/article/S0939-4753\(13\)00158-0/abstract](http://www.nmcd-journal.com/article/S0939-4753(13)00158-0/abstract)

Nutrition Research, February 2014

<http://www.sciencedirect.com/science/journal/02715317/34/2>

Krill oil supplementation lowers serum triglycerides without increasing low-density lipoprotein cholesterol in adults with borderline high or high triglyceride levels

<http://www.sciencedirect.com/science/article/pii/S0271531713002832>

Knowledge, perceptions, and behaviors of adults concerning nonalcoholic beverages suggest some lack of comprehension related to sugars

<http://www.sciencedirect.com/science/article/pii/S0271531713002716>

Cinnamon may have therapeutic benefits on lipid profile, liver enzymes, insulin resistance, and high-sensitivity C-reactive protein in nonalcoholic fatty liver disease patients

<http://www.sciencedirect.com/science/article/pii/S0271531713002728>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-26028-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

1582. FOF Monthly Report

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Jan 31, 2014 09:33:06
Subject: FOF Monthly Report
Attachment: [image001.png](#)
[FOF ANDF Project Update 1-31-14.pdf](#)

Good morning. Attached please find the January Future of Food monthly update. This is such a great program for the Foundation and we are especially thankful to the National Dairy Council for their support of this project. Thanks and have a great weekend.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

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312-899-4752

www.eatright.org/foundation

1583. NC Evaluation Workgroup Call

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Jan 30, 2014 15:39:34
Subject: NC Evaluation Workgroup Call
Attachment: [020414 NC Eval WG Call Agenda.doc](#)
[Att 2.0 Nominating Committee Evaluation WG Charge.doc](#)
[Att 3.1 2007 Nom Cmt Gov and Structure WG Report.pdf](#)
[Att 3.2 BYLAWS Academy.pdf](#)
[Att 3.3 NC Composition and Functions.doc](#)
[Att 3.4 Qualifications and Skill Sets.doc](#)

Attached are the agenda and supporting material for the Nominating Committee Evaluation Workgroup call on Tuesday, February 4 at 9:00 am CST. The attachments have been highlighted for reference according to the agenda discussion.

To participate on the call, please use the following numbers:

Dial-In Number: 1-866/477-4564

Conference Code: 75 48 12 89 82

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1584. 01/30/14 ACH Check deposit notification (1 Pages)

From: sjackson@eatright.org
To: dmartin@burke.k12.ga.us
Sent Date: Jan 30, 2014 14:12:22
Subject: 01/30/14 ACH Check deposit notification (1 Pages)
Attachment: [report.pdf](#)

See Attached File

1585. Daily News: Thursday, January 30, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 30, 2014 11:11:36
Subject: Daily News: Thursday, January 30, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

Lower Obesity Rates Due to Better Diets, Not Economy: Study

A decade of urging Americans to embrace healthier food habits appears to be paying off, researchers say

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/obesity-health-news-505/briefs-emb-1-23-obesity-rates-eating-habits-ajcn-uncch-release-batch-1114-684225.html>

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/early/2014/01/15/ajcn.113.072892.abstract>

Weight fate: Heavy kindergartners far more likely to be obese teens

<http://www.nbcnews.com/health/weight-fate-heavy-kindergartners-far-more-likely-be-obese-teens-2D12015909>

Source: *New England Journal of Medicine*

<http://www.nejm.org/toc/nejm/medical-journal>

Related Resource: Academy Position Paper

Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity

<http://www.eatright.org/About/Content.aspx?id=8381>

Women's weight loss may be aided by certain probiotics

<http://www.medicalnewstoday.com/releases/271870.php>

Source: *British Journal of Nutrition*

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9105698&fulltextType=RA&fileId=S0007114513003875>

Unraveling any weight-gain links to stress, cortisol

Although the marketplace is full of products that claim to melt off pounds by relieving stress or blocking hormones, medical experts say it isn't that simple

<http://www.latimes.com/health/la-he-cortisol-20140125,0,233136.story#ixzz2rtSj8F6a>

Gradual Exposure to Peanuts May Help Some Allergic Kids

Experimental therapy increased tolerance, but much more testing needed, doctors say

<http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/gradual-exposure-to-peanuts-may-curb-allergy-in-kids-study-suggests-684343.html>

Source: *Lancet*

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62301-6/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62301-6/abstract)

And

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62671-9/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62671-9/fulltext)

Bill Would Fund Farm-Fresh School Lunches

<http://kunm.org/post/bill-would-fund-farm-fresh-school-lunches>

Related Resource: State Affairs

<http://www.eatright.org/Members/content.aspx?id=8848>

Farm Bill Compromise Will Change Programs and Reduce Spending

http://www.nytimes.com/2014/01/28/us/politics/farm-bill-compromise-will-reduce-spending-and-change-programs.html?_r=0

Related Resource: Public Policy Workshop 2014

<http://www.eatright.org/ppw/>

In France, a Battle to Keep Menus Fresh

http://www.nytimes.com/2014/01/29/business/international/in-france-a-battle-to-keep-menus-fresh.html?_r=0

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Dietary Treatment for Chronic Urticaria (DTCU)

<http://clinicaltrials.gov/ct2/show/NCT02047136?term=Dietary+Treatment+for+Chronic+Urticaria+%28DTCU%29&rank=1>

MedlinePlus: Latest Health News

-Falls Top Car Crashes as Leading Cause of U.S. Spinal Injuries

Rates rising fastest among seniors, study finds

-Gut Bacteria in Preemies Altered by Hospital Stay, Study Finds

The antibiotics given to many killed mother's bacteria, and bacteria in NICU took over

-Hearing Loss Tied to Faster Brain Shrinkage with Age

Follow-up studies needed to show whether treating hearing problems could delay mental decline, experts say

-Kids Who Undergo Heart Transplant Living Longer

Many are surviving 15 years and beyond, researchers find

-Number of Nurses Who Smoke Is Down

Researcher says trend is important because it sends clear message to patients about quitting

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Avoid Football Health Fumbles

(Jim White, Academy Spokesperson quoted)

http://www.philly.com/philly/health/fitness/Avoid_Football_Health_Fumbles.html

4 Sane Strategies to Eating Healthy on Super Bowl Sunday

(Kim Larson, Academy Spokesperson quoted)

<http://www.womenshealthmag.com/nutrition/healthy-super-bowl-eating>

Soups can be healthy part of any diet

(Bethany Thayer, Academy Spokesperson & Larissa Shain, RD quoted)

<http://www.shreveporttimes.com/viewart/20140129/LIVING01/301290024/Soups-can-healthy-part-any-diet>

Should I Take a Multi-Vitamin?

(Sheryl Lozicki, RD featured)

<http://www.wzzm13.com/video/default.aspx?bctid=3122365451001&odyssey=mod|newswell|text|FRONTPAGE|featured>

Nutrition Tips for The New Year

(Neva Cochran, RD featured)

<http://www.ktxdtv.com/story/24573383/nutrition-tips-for-the-new-year>

Chase away the winter blues with seasonal fruit

(By Cathy Gehris, RD)

<http://www.press-citizen.com/article/20140129/FEATURES09/301290002/Chase-away-winter-blues-seasonal-fruit>

Making sense of misleading food labels

(Ann Dunaway Teh, RDN quoted)

<http://wwlp.com/2014/01/28/making-sense-of-misleading-food-labels/>

Practical Nutrition: Slim up Super Bowl party with simple swaps

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-slim-up-super-bowl-party-with-simple-swaps/article_b18f8256-793a-5fa4-a4c6-aa9f834fa9fb.html

Workers' health, a priority for business leaders

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/242164391.html>

Group recognizes DSM

Company recognized by WorkHealthy America for its wonderful worksite wellness programs

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-group-recognizes-dsm-2327699>

Super Bowl snacks for your diet

(Katie Ferraro, RD featured)

<http://www.sandiego6.com/story/super-bowl-snacks-for-your-diet-20140123>

Eat right to increase your immunity

(By Stephanie Whitley, RD)

http://www.victoriaadvocate.com/news/2014/jan/28/gl_dietitian_dish_012914_231167/?features

While traveling eat this

(By Kati Mora, RD)

<http://www.themorningsun.com/lifestyle/20140128/kati-mora-while-traveling-eat-this>

Start a cold day with hearty porridge

(By Suzanne Havala Hobbs, RD)

<http://www.charlotteobserver.com/2014/01/28/4647005/start-a-cold-day-with-hearty-porridge.html>

5 healthy tailgating snacks

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2014/01/28/5-healthy-tailgating-snacks/>

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

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<http://www.eatright.org/positions/>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-25981-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1586. Eat Right Weekly - January 29, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 29, 2014 17:36:09
Subject: Eat Right Weekly - January 29, 2014
Attachment:

Eat Right Weekly
January 29, 2014

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PPW Video Challenge: Entry Deadline is February 10

Are you interested in winning a complimentary trip to Washington, D.C., to advocate for our profession? Join the PPW Video Challenge - a contest that offers the chance to win an all-expenses-paid trip to the Academy's 2014 Public Policy Workshop, where you will receive top-notch communications and leadership training; network with nutrition experts; and meet with your member of Congress. The entry deadline is February 10.

[Learn More >>](#)

[Calling All Current and Past Military RDNs and DTRs](#)

Uncle Sam isn't the only one who wants you. The Academy will be honoring members at the 2014 Public Policy Workshop who have or are currently serving in the armed forces. Send in your photo by February 21 to be honored at PPW.

[Learn More >>](#)

[USDA: Americans Are Choosing Healthier Foods](#)

The U.S. Department of Agriculture's Economic Research Service indicates American adults are consuming fewer calories away from home; ingesting fewer calories from total fat and saturated fat; eating more fiber; and overall consuming less total calories.

[Learn More >>](#)

Minnesota RD to Receive the Academy of Nutrition and Dietetics Award for Grassroots Excellence

Congratulations to Ann Erickson, MA, RD, of St. Paul, Minn., who has been named the winner of the Academy's 2014 Award for Grassroots Excellence in recognition of her leadership work in nutrition advocacy.

[Learn More >>](#)

HIMSS 2014: Health IT Conference for Innovative Professionals

The Academy is a proud sponsor of the Healthcare Information and Management Systems Society's conference, scheduled for February 23 to 27 in Orlando, Fla. More than 35,000 practitioners and industry professionals will discuss health IT and innovative solutions designed to transform health care. Attend this annual event to find the right solutions for clinical and business intelligence, health IT and rural care, innovation, interoperability, mobile health, nutrition informatics and more.

[Learn More >>](#)

New Year, New CMS-1500 Claim Form

Effective January 6, registered dietitian nutritionists who bill third-party payers using the CMS-1500 form need to begin transitioning to use of the revised form (version 02/12). By April 1, all paper claims must be submitted on version 02/12 only. The biggest changes to the form are the addition of an ICD indicator, an increase in the number of diagnosis codes that can be reported and the removal of several fields.

[Learn More >>](#)

Academy Member Brings Voice of RDN to Regional Medicare Advisory Group

Sometimes a simple act opens up a big door. Such was the experience of Dee Pratt, RDN, LDN, of Collierville, Tenn., president of Dietitian Associates, Inc., who was recently invited to join the Provider Outreach and Education Advisory Group for Cahaba Government Benefit Administrators (Part B Medicare).

[Learn More >>](#)

CPE Corner

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Member Input Needed: Changing Health Care Delivery and Payment Models

Registered dietitian nutritionists and dietetic technicians, registered are invited to participate in the Academy's 2014 Patient-Centered Medical Home & Accountable Care Organization Survey. Play a role in shaping the Academy's activities related to advancing RDN and DTR involvement in these

models of care. All who complete the survey by February 2 will be entered into a drawing for a free one-year Academy membership.

[Learn More >>](#)

Healthier Generation Benefit Webinar

A free, live webinar, "Prevention, Assessment and Treatment of Childhood Obesity: Closing the Gap in Provider Reimbursement for Blue Cross-Blue Shield KC members," will be held February 6 from noon to 1 p.m. Central Time, presented by the Academy, the American Academy of Pediatrics and the Alliance for a Healthier Generation. The registration deadline is February 3.

[Learn More >>](#)

February 3 Deadline: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

February 14 Deadline: Sylvia Rowe Fellowship

The International Food Information Council Foundation is accepting applications for its annual Sylvia Rowe Fellowship. The fellowship seeks promising nutrition and food safety communicators to help enhance their capabilities. The application deadline is February 14.

[Learn More >>](#)

Seeking Innovations in Practice and Education

The Council on Future Practice seeks abstracts for the sixth "Innovations in Practice and Education" session, to be held at the 2014 Food & Nutrition Conference & Expo in Atlanta, Ga.

[Learn More >>](#)

January Book of the Month

Save 10 percent on the *Academy of Nutrition and Dietetics Pocket Guide to Children with Special Health Care and Nutritional Needs*. This quick reference includes updated information for health-care professionals who monitor the nutrition care of children with special health care needs, including Down syndrome, autism, cerebral palsy and other conditions.

[Learn More >>](#)

Submitting Nominations for National Honors and Awards Is Easy and Online

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its National Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. The submission deadline for nominations is midnight Central Time on March 1.

[Learn More >>](#)

Make Nominations for Outstanding Preceptor Award

The Academy Foundation, the Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are again jointly sponsoring awards to preceptors who are exemplary educators and mentors.

[Learn More >>](#)

Council on Future Practice Names Top Innovators

The Council on Future Practice announced its Top Innovators in Dietetics Practice and Education, following the session on innovation at the Academy's 2013 Food & Nutrition Conference & Expo. Learn more about these innovative programs by listening to two short webinars given by the 2013 Top Innovators.

[Learn More >>](#)

New USDA School Breakfast Resources

Promote school breakfast with new resources from the U.S. Department of Agriculture.

[Learn More >>](#)

Academy Member Updates

Online Meet the Candidates Forum

Meet the Academy's 2014 president-elect candidates during a February 5 webinar, from noon to 1 p.m. Central Time. Former President Susan Laramée, MS, RD, FAND, will pose questions to president-elect candidates Evelyn Crayton, EdD, RDN, LD; and Trisha Fuhrman, MS, RDN, LD, FAND, to help members gain insight into their perspectives and views. The webinar is free to Academy members. 1.0 CPEU hours are available for members attending the live webinar.

[Learn More >>](#)

Position Concept Proposal: Role of RDN and Nutrition Therapy in Prevention and Treatment of Pre-Diabetes and Diabetes

A new position paper concept on Type 2 diabetes has been approved by the Academy Positions Committee. The next step is for the proposal to be reviewed by Academy members, offering the opportunity to provide comments. Academy members should provide comments by February 6.

[Learn More >>](#)

EAL Needs You

The Academy's Evidence Analysis Library is recruiting. The EAL team is seeking workgroup candidates for a variety of projects. This is a great way to contribute your expertise, benefit the dietetics profession and enhance your professional development! The main focus of Evidence Analysis Projects will be to answer pertinent questions related to the topic using the Academy's systematic evidence analysis process.

[Learn More >>](#)

Thank You to Academy Sponsors

To help advance the Academy's mission of empowering members to be the food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members, to share science-based information and new research with members and to enable the Academy to reach millions of consumers with healthful-eating messages.

[Learn More >>](#)

Philanthropy, Awards and Grants

Estate Gift Benefits the Foundation

The Foundation has received a bequest of nearly \$27,000 from the estate of Jane E. Billyeald, formerly of Eau Claire, Wis., who died June 7, 2013, in Bloomington, Ind., at age 99. She first joined the Academy in 1937.

[Learn More >>](#)

Tax Time: Donate Now, Ensure Tax-Deductible Donations are Made for Next Year

Support the Academy Foundation's Annual Fund. Your support will enable the Foundation to continue to provide scholarships, research grants, continuing education awards and innovative educational programs through the Kids Eat Right initiative. *I literally jumped for joy when I heard I was awarded a scholarship from the Academy Foundation; I wasn't sure I how I would cover my expenses and this scholarship helps make my internship financially possible.*

- Christine Dugan 2013 scholarship recipient

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation and ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

February 1 Deadline: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue.

[Learn More >>](#)

February 1 Deadline: CDR Leadership Grant

The purpose of the CDR Leadership Grant is to provide financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training. Programs should prepare individuals to move into leadership positions within their organization. The application deadline is February 1.

[Learn More >>](#)

February 1 Deadline: Apply for Foundation Awards

The Academy Foundation offers awards to Academy members and dietetics students in recognition of their professional accomplishments.

[Learn More >>](#)

February 15 Deadline: Apply for Foundation Scholarships

Graduate scholarships, dietetic internship scholarships, undergraduate (didactic or coordinated) scholarships and dietetic technician scholarships are all available through the Foundation.

[Learn More >>](#)

\$1 Million in General Mills Champions for Healthy Kids Partnership Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000. Applications will be available in February.

New: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

"Hunger in Our Community" Kids Eat Right Mini-Grant Opportunity

To support the use of the Kids Eat Right "Hunger in Our Community. What We Can Do." toolkit, 25 grants of \$200 grants are available from the Academy Foundation. Recipients of the mini-grants agree to give two presentations between March 3 and May 2, utilizing the presentations for adults or teens from the "Hunger in Our Community. What We Can Do." toolkit. Applications are due February 21 and grant recipients will be announced March 3.

[Learn More >>](#)

Your GENIE Is Here

The *Guide for Effective Nutrition Interventions and Education* (GENIE), a validated online checklist tool, is now available to help program planners and program evaluators.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

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1587. RE: Thank you

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 29, 2014 16:25:19
Subject: RE: Thank you
Attachment:

Well, I hope you enjoy it. It is nice for a day or two!! Not for 3 months L

P

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, January 29, 2014 9:15 AM
To: Paul Mifsud
Subject: Re: Thank you

You are so welcome. I really appreciate all you and your team do for us. If it is not the right size, please let me know and I can swap it out. Snowed in down here!

Sent from my iPhone

On Jan 29, 2014, at 9:20 AM, Paul Mifsud <PMifsud@eatright.org> wrote:

Donna,

Thank you for the Master's shirt and bag. It is very thoughtful of you and totally unnecessary!!! I will wear it proudly.

Thanks again.

Paul

1588. RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: Stokes, Donald Milton <mstokes@usj.edu>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Jan 29, 2014 15:21:08
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST
Attachment: [ACEND FAC summary document .docx](#)
[ACEND letter.doc](#)
[ACEND Standards Development Phase 1 and Phase 2 Budget and Timeline 10-9-13.pdf](#)

Milton,

Here are the documents There were 3 items posted. You could find them under the November FAC call. I am glad to hear your son is feeling better.

Paul

From: Stokes, Donald Milton [mailto:mstokes@usj.edu]
Sent: Wednesday, January 29, 2014 11:03 AM
To: Paul Mifsud; DMartin@Burke.k12.ga.us
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

Hi, Paul & Donna.

Clearly I did not make it yesterday. My son's better today. I am sorry for missing!

While I have your attention, can either of you help point me to the place on the portal where we have the ACEND request for money to develop graduate standards? I would like to see that request again and the details of the ACEND plan as presented to the FAC.

Thank you,
Milton

D. Milton Stokes, PhD, MPH, RD, FAND

Assistant Professor & Dietetic Internship Director

Nutrition &Public Health Department
University of Saint Joseph
1678 Asylum Avenue / Lourdes Hall 1S
West Hartford, CT 06117
Phone: (860) 231-5306
mstokes@usj.edu

From: Stokes, Donald Milton

Sent: Tuesday, January 28, 2014 10:13 AM

To: Paul Mifsud; DMartin@Burke.k12.ga.us; Connors@ohsu.edu; fellerb@auburn.edu; 'KMcClusky@lammorrison.com'; 'Elise Smith'; nhwooldridge@charter.net; 'kendall@ufl.edu'; peark02@outlook.com

Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

Everyone,

My son, who is nearly 2, is home sick, so I'm not sure if I can get on the call today. I may not make it. Or I might only make part of it.

Milton

D. Milton Stokes, PhD, MPH, RD, FAND

Assistant Professor &Dietetic Internship Director
Nutrition &Public Health Department
University of Saint Joseph
1678 Asylum Avenue / Lourdes Hall 1S
West Hartford, CT 06117
Phone: (860) 231-5306
mstokes@usj.edu

From: Paul Mifsud [PMifsud@eatright.org]

Sent: Thursday, January 23, 2014 1:00 PM

To: Paul Mifsud; DMartin@Burke.k12.ga.us; Connors@ohsu.edu; fellerb@auburn.edu; 'KMcClusky@lammorrison.com'; 'Elise Smith'; nhwooldridge@charter.net; 'kendall@ufl.edu'; Stokes, Donald Milton; peark02@outlook.com

Cc: Joan Schwaba; Patricia Babjak; Maria Juarez; Christian Krapp; Barbara Visocan; Harold Holler; Jeanne Blankenship; Jeri Palmer; Joan Schwaba; Mary Beth Whalen; Mary Pat Raimondi; Patricia Babjak; Chris Reidy; Susan Burns; Alison Steiber; Mary Ann Taccona

Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

All,

The new year has begun and we have another Finance Committee meeting on Tuesday, January 28th at 1 p.m. CST. I hope everyone had a great holiday season!! This month, our meeting will

focus on the Final November, Preliminary December results. I have also added to the agenda the Investment results through November, 2013 for the Academy and the Foundation portfolios. The Academy information was presented to the Academy Board earlier this month. I have not scheduled much time to address this information. This is more of an "FYI". However, if you feel you would like to talk to Al Bryant, our investment advisor, before our April meeting, we can have him attend our call next month. Just let me know. Now, onto the financial summary.

I. Investments

Two things I want to point out; 1) December's results and 2) what January looks like. In December, the investment markets did rally like we thought they might. When we met in December, the combined portfolios were down about \$600,000 for the month. Well, I am happy to tell you that the rally resulted in the combined portfolios gaining over \$826,400!! Not a bad turnaround. This gain will bring our total combined return for the Fiscal Year to approximately \$4,471,600.

As is always the case, I have taken a peak at the investment returns for the current month (Okay Mary, you are right, I watch it every day!! J). Just like December, January has started off very slowly. Through yesterday, our combined returns are relatively flat. The market has not found any footing yet this year. The good news is we haven't seen it drop much. Especially with the large gains across all of the equity markets in 2013. Today (Thursday), the markets are dropping due to concerns about earnings. It is difficult to say if this will continue or stop. The market is due for a correction of 10% or more. It is long overdue. No one knows when it will happen. Once it does, there should be a natural progression upward if the economy continues to improve. On another note; Also, keep an eye on February 7th when the "Debt Ceiling" needs to be raised. Congress could cause problems if this becomes a political pawn once again!!

II. Reserves and Cash

As you are aware, I felt it would be necessary to move another \$500,000 out of our reserve funds into operational cash in January. Last week, I made this move. Even with the adjustment, the Academy has 82.5% of the FY14 budget in reserve at the end of December. In your December package, I removed the \$500,000 in anticipation of a future move. So, the number on A15 is a good representation of the reserves after the removal of \$500,000 (at least through yesterday J). This \$500,000 was on top of another \$500,000 that we removed in December.

Operating cash depletion is a normal situation for the Academy during Jan, Feb, and March. Some years it is easier to get through than others. This year, it looks like the Academy's increased budgeted spending, increased capital, and reduced revenue coupled with the operating deficits for CDR, DPGS and MIGs are causing the additional cash requirements. As I look at cash today as compared to last year, we are nearly on target with quite a few Sponsorship payments that are past due. If they pay over the next few weeks, we may not need another transfer. I will keep you informed as we move forward.

III. Academy November Financials

There were a couple of changes to the November preliminary financial package. The Academy expenses went up \$2,739 due to a few miscellaneous invoices. In addition, CDR revenue went up \$25,397 for the RD/DTR exam fees. The RD/DTR revenue increased because one of the processes for revenue recognition did not complete before we provided to you the preliminary numbers. This was mentioned during our meeting in December and is reflected in the minutes. So, overall, the package for November we originally discussed has not changed dramatically.

IV. Academy preliminary December Financials (A10)

In December, the Academy's finances from operations took a step backwards. The month ended with an Operating Deficit of (\$452.8K) and a Net Deficit of (\$113.7K). The Operating deficit was larger than the budget driven primarily by lower revenue. Revenue for the month of December missed our budget target by \$171.8K. Expenses helped offset this under-run with an under-run as well. Expenses were \$46.7K below budget. Once again, in December, investments helped out a great deal. Our investment returns for December were \$339.1K. This was \$231.2K higher than our budget. Even though we still had a Net Deficit, it was \$106,108 lower (better) than our budget.

Taking a look at the year to date numbers, the Academy currently has an Operating Deficit of (\$598.9K). This is \$71.5K lower (better) than the budget. Revenue for the year is lower by \$336.7K while expenses for the year are lower by \$408.2K. So, with seven months down, we are a little better than our operating target. The investments made a big difference. To date, the Academy investments have now gained \$1,775,866. This is more than \$1M higher than our budget. Our Net Income, through December, is \$1,176,964. This is nearly \$1.1M higher than our budget. So, factoring in Investment returns, our results for the year are very good. The Academy also has 82.5% of the FY14 budget in reserve. So, the Academy is in a very good financial position.

The following is a breakdown of the various categories for November:

A. Revenues

- a. **Membership Dues** - This area is **under budget** by \$33,995 in December and is **under budget** by \$104,362 for the year. Even with the under-run in revenue there are a couple of good news items coming out of Membership Dues. First, Membership is growing!! This should have a positive effect as we move forward. Secondly, Membership revenue is up, year to date, when compared to last year. If we look just at the pure Membership Dues (eliminating fees and the Fellow program), revenue is up nearly \$55,000. So, we are moving in the right direction. We believe the reason the revenue is not meeting the budget is due to the number of people within the various membership rate categories. I also think some of the budget under-run will be due to timing. One last positive note; the Membership team is aggressively marketing membership at the moment and are making changes from what has been previously done. If they are successful, we will see positive results over the next few months.
- b. **Programs and Meetings** - This area is **under budget** by \$1,565 in December and is **under budget** by \$52,331 for the year. The under-run in December is primarily due to the last of the refund requests for FNCE resulting in a \$1.7K reduction. This is standard. We get request for refunds due to illness or family tragedies each year and we review each one. This is offset by higher Professional Development revenue (up \$0.1K).
- c. **Publications and Materials** - This area is **under budget** by \$44,252 in December and is **under budget** by \$10,161 for the year. The under-run in December is primarily due to lower Research Publication sales (down \$15.7), lower Traditional Publications (down \$39.1K) and lower miscellaneous projects (down \$0.8K), offset by higher List Rental (up \$3.9K) and higher QM/Guides sales (up \$7.4K).
- d. **Subscriptions** – This area is **under budget** by \$15,972 in December and is **under budget** by \$45,233 for the year. The under-run for December is due to lower NCM and related products (down \$12.8K) and lower EAL (down \$3.2K).
- e. **Advertising** – This area is **under budget** by \$24,945 in December and **under budget** by \$47,125 for the year. The under-run in December is due to lower Food and Nutrition Magazine advertising sales.
- f. **All grants** - This area is **under budget** by \$32,512 in December and is **under budget** by \$2,330 for the year. The under-run in December is primarily due to the timing of recognition of grants for Research (down \$30.5K), lower recognition of ConAgra Home Food Safety (down

\$9.5K), Carry the Flame (up \$7.7K) and lower for all other (down \$0.2K).

g. **Sponsorships** – This area is **under budget** by \$20,000 in December and is **under budget** by \$90,183 for the year. This continues our expectation that the sponsorship revenue will be lower than budget for the fiscal year.

h. **Other** – This area was **over budget** by \$1,467 in December and is **over budget** by \$14,951 for the year. The over-run in December is across various projects with none having any significant amount.

B. Expenses

a. **Personnel** – This area is **over budget** by \$15,814 in December and **over budget** by \$27,223 for the year. The over-run in December is primarily due to one-time expenses for vacation pay-outs and severance for people leaving the business.

b. **Publications** – This area is **over budget** by \$11,411 in December and **over budget** by \$13,629 for the year. The over-run in December is primarily due to higher Journal costs (up \$8.1K), higher Traditional Publications costs (up \$3.0K) and higher across all other projects (up \$0.3K).

c. **Travel** – This area was **over budget** by \$6,421 in December and **under budget** by \$118,682 for the year. The over-run in December is primarily due to the timing of FNCE expense reimbursements across all areas of the business.

d. **Professional Fees** - This area was **under budget** by \$43,643 in December and is **under budget** by \$133,750 for the year. The under-run in December is being driven the reconciliation of final FNCE bills (down \$20.3K), lower Journal (down \$13.3K), Lower Research (down \$13.8K), lower Membership (down \$2.7K), lower Marketing (down \$3.1K), lower List Rental (down \$1.3K), lower Informatics (down \$1.3K) and lower across all other (down \$2.3K), offset by higher Public Policy (up \$5.2K) and higher IT/web (up \$9.3K).

e. **Postage and Mailing Service** – This area is **under budget** by \$3,085 in December and **under budget** by \$7,531 for the year. The under-run in December is primarily due to lower Membership (down \$6.6K), lower Traditional Publications (down \$4.1K), and lower across all other (down \$0.9K). This is offset by higher Food and Nutrition Magazine (up \$7.0K) and higher Public Policy (up \$1.5).

f. **Office Supplies and Equipment** – This area is **under budget** by \$347 in December and **under budget** by \$10,873 for the year. The under-run in December is across all projects with no material variances.

- g. **Rent and utilities** - This area is **under budget** by \$3,378 in December and **over budget** by \$2,186 for the year. The under-run in December is due to the lower utility costs.
- h. **Telephone and communications** – This is **over budget** by \$3,691 in December and **over budget** by \$15,732 for the year. The over-run in December is due to higher telecommunication's costs in the Washington and Chicago offices.
- i. **Commissions** – This area is **under budget** by \$5,736 in December and is **under budget** by \$7,825 for the year. The under-run in December is due to lower Food and Nutrition Magazine advertising sales.
- j. **Computer Expenses** – This area is **under budget** by \$11,267 in December and **under budget** by \$34,382 for the year. The under-run in December is due to lower IT and web costs.
- k. **Advertising and Promotion** – This area is **under budget** by \$510 in December and **under budget** by \$1,925 for the year. The under-run in December is across all projects with no material variances.
- l. **Insurance** – This area is **over budget** by \$797 in December and is **over budget** by \$3,967 for the year. The over-run in December is due to higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is **on target** in December and **on target** for the year.
- n. **Bank and trust fees** – This area is **over budget** by \$9,051 in December and **over budget** by \$38,040 for the year. The over-run in December is primarily due to Investment management fees (up \$7.5K) and higher credit card fees for normal operations (up \$1.6K).
- o. **Other** – This area is **under budget** by \$4,692 in December and **under budget** \$30,846 for the year. The under-run in December is primarily due to the reclassification of expenses for the Food and Nutrition magazine (down \$18.3K), offset by higher Corporate Sponsorship (up \$9.3K), higher Public Relations (up \$1.2K) and higher across all other projects (up \$3.1K).
- p. **Expense allocation** – This area is **over budget** by \$3,036 in December and is **over budget** by \$21,254 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$1,471 in December and is **under budget** for the year by \$72,718. The under-run in December is primarily due to the reconciliation of final FNCE bills across all projects.
- r. **Legal and Audit** – This area is **under budget** by \$4,024 in December and is **under budget** by \$6,207 for the year. The under-run in December is due to lower legal costs.

s. **Printing** – This area is under budget by \$12,711 in December and is under budget by \$63,026 for the year. The under-run in December is primarily due to lower expenses for Membership (down \$6.2K), and lower for FNCE bill reconciliation (down \$6.5K).

We do have a few “one time” expenses for December that have driven some of the over-runs. Our revenue has some risks going forward. However, the Academy staff continues to manage expenses effectively helping to offset the revenue shortfalls. If we are able to continue our expense under-runs and the investments continue their climb, FY14 is shaping up to be a strong year for the Academy.

V. Foundation Preliminary December Financials (A8)

The Foundation had a fantastic month in December. The revenue was \$1,427,900. This is \$1,229,459 higher than the budget!! Most of the over-run is due to the \$1.125M in General Mills Grants which were not budgeted. Not only did the Foundation secure money that they were not certain would continue in FY14, they were able to get General Mills to double the grants. This is a great coup for the Foundation! Not only was the revenue higher in December, but, the expenses were lower by \$48,807. So, overall, the Foundation is clicking on all cylinders!! Investment Income enjoyed the party as well. Investment returns of \$292,912 were more than twice the budgeted amount.

On a year to date basis, the Foundation has generated Net Income of \$2,264,386. This is more than \$2.6M higher than the budget. So, there really isn't any bad news here! Even though we know the General Mills grants will be distributed later this year, they still are going into the Foundation's Net Assets. At the end of December, the Foundation's Net Assets exceeded \$22.5M (A9). The Foundation is in a very strong financial position.

VI. CDR's Preliminary December Financials (A11)

CDR had a good month in December. Revenue exceeded the budget by \$23,244. This was offset by expenses exceeding the budget by \$19,805. None-the-less, CDR did have an operating surplus of \$60,162 in December. This was \$3,440 higher than the budget. As was the case with the Academy and the Foundation, Investment results were very positive resulting in Net Income for CDR of \$161,549. This was \$104,826 higher than the budget.

On a year to date basis, CDR is performing better on revenue and expense. Revenue is higher than budget by \$78,130 while expenses are lower than budget by \$281,823. Once you factor in the investment returns, CDR has Net Income of \$15,259. Since CDR had budgeted a Net Deficit of over \$927K, I think it is safe to say CDR is having a strong financial year as well.

VII. DPGs/MIGs Preliminary December Financials (A12)

The DPGs/MIGs did not have a great month in December. This is primarily driven by the final FNCE bills. Expenses over-ran the budget by \$125,916. Revenue was also disappointing; falling short of the budget by \$20,756. As I mentioned before, it is difficult to determine when all of the DPG/MIG revenues and expenses will materialize. So, often we are a little off on the monthly distributions. Therefore, we like to focus on the Year to date numbers.

Year to date, the DPGs/MIGs revenues are down \$292,840. Most of this is from Grants (down \$258,708). However, the expenses for the DPGs/MIGs are down \$493K, more than enough to offset the revenue shortfall. Once you factor in the Investment returns, the combined DPGS/MIGs have Net Income of \$370,243. This is nearly \$745K better than the budget. To determine if a DPG/MIG is in good financial condition, you have to look to their reserves (A16). All of the DPGS/MIGS are above the 50% minimum and none are even in the "Watch" category. So, for the moment, the DPGs/MIGs are doing well and growing their reserves.

VIII. ACEND Preliminary December Financials (A13)

ACEND had a very good month in December. Revenue exceeded the budget by \$15,981 while expenses were slightly higher than budget (up \$2,200). The expense were up due to the timing of FNCE travel reimbursements. ACEND did have a Net Deficit of \$4,308 in December. However, it was \$13,780 smaller (better) than the budget.

On a year to date basis, everything is working well for ACEND. Revenue is up, expenses are down and above all else, ACEND's reserves continue to grow. ACEND's reserves have now approached \$314K putting them in a solid financial footing.

IX. ANDPAC Preliminary December Financials (A14)

ANDPAC had a very good month in December. Revenue was slightly higher than budget (up by \$533) while expenses were slightly lower than budget (down \$3,799). Some of the final FNCE bills have not been recorded in December for the PAC. We want to keep the PAC financials each month correlated to the FEC filings. Unfortunately, the FEC filings are "cash based". Even though the final FNCE bills came through, they did not do so until early January. Therefore, we did not record them here. They will show up in January when the bills are paid. Everyone else within the Academy are "accrual based". That means you record the revenue and expense when the benefit occurs. That is why we record the budgets in November for FNCE wherever we can if we don't have the bills. Managing the PAC different from the rest of the organization causes a little confusion at times, but, since the PAC is so small we are able to manage it.

Year to date, the PAC is doing well with revenue exceeding the budget by \$4,311 and expense under-running the budget by \$14,034. Even though the PAC has a Net Deficit of \$44K, it is \$18.3K smaller (better) than the budget. The net result is the PAC reserves still remain healthy with \$238.9K available.

I will stop here because this is a very long e-mail. Maria will post to the portal all of the documents for our call. You should also receive an webinar invitation from Eric Hayes. If you have not, please let us know. Have a great weekend and stay warm!!

Paul

1589. Thank you!!

From: Maria Juarez <MJuarez@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 29, 2014 14:17:58
Subject: Thank you!!
Attachment: [image001.gif](#)
[image002.png](#)

Donna,.

Paul just gave me your present, you are so thoughtful. The bag and the shirt are beautiful!

Thank you so very much.

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1590. Daily News & Journal Review Wednesday, January 29, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 29, 2014 11:57:14
Subject: Daily News & Journal Review Wednesday, January 29, 2014
Attachment:

Due to technical difficulties the Daily News was not sent out on Friday 1/24 or Monday 1/27. The Academy's Chicago office was closed due to inclement weather on Tuesday , January 28th. Our apologies for any inconvenience this may have caused.

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

Labeling obesity as a disease may have psychological costs

<http://www.sciencedaily.com/releases/2014/01/140128103533.htm>

Source: *Psychological Science*

<http://pss.sagepub.com/content/early/2014/01/24/0956797613516981>

Genetic testing may soon be able to identify what diet each individual should consume for a longer, healthier life

<http://www.medicalnewstoday.com/releases/271826.php>

Source: *Cell Metabolism*

[http://www.cell.com/cell-metabolism/abstract/S1550-4131\(13\)00500-7](http://www.cell.com/cell-metabolism/abstract/S1550-4131(13)00500-7)

Related Resource: Position of the Academy of Nutrition and Dietetics: Nutritional Genomics

[http://www.andjrn.org/article/S2212-2672\(13\)01783-8/abstract](http://www.andjrn.org/article/S2212-2672(13)01783-8/abstract)

To Spur Appetite, Invite Fish for Dinner

A Large Fish Tank Increased Dementia Patients' Appetite and Weight Gain

<http://online.wsj.com/news/articles/SB10001424052702304419104579324630292193394>

Source: *Alzheimer Dis Assoc Disord*

<http://www.ncbi.nlm.nih.gov/pubmed/23138175>

Smartphone Apps for Diabetes: Do They Really Work?

You can use them to count carbs, log blood sugar, but users say they're no substitute for

patient knowledge and a doctor's care

<http://consumer.healthday.com/diabetes-information-10/blood-glucose-monitor-news-69/smartphone-apps-can-help-manage-diabetes-684002.html>

Burning Question: Does rinsing fruit really make a difference?

The big concern is harmful bacteria deep in leafy greens that have been cut

<http://online.wsj.com/news/articles/SB10001424052702304856504579341101031084422>

FDA says nutrition facts label will get a makeover

http://www.washingtonpost.com/lifestyle/food/fda-says-nutrition-facts-label-will-get-a-makeover/2014/01/24/05bb411a-84d9-11e3-a273-6ffd9cf9f4ba_story.html

Related Resource-Academy Names Food and Nutrition Labeling Workgroup

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452609&mycontentid=6442479741>

How restaurants can reduce salt in your food

http://www.cnn.com/2014/01/23/health/frieden-sodium-restaurants/index.html?hpt=he_c2

Cited: CDC-From Menu to Mouth: Opportunities for Sodium Reduction in Restaurants

http://www.cdc.gov/pcd/issues/2014/13_0237.htm

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, February 2014.

-Changes in the Energy and Sodium Content of Main Entrées in US Chain Restaurants from 2010 to 2011

[http://www.andjrn.org/article/S2212-2672\(13\)01249-5/abstract](http://www.andjrn.org/article/S2212-2672(13)01249-5/abstract)

Scientists ID New Genes Linked to Belly Fat

Findings could advance efforts to develop personalized obesity treatments, researchers say

<http://consumer.healthday.com/diabetes-information-10/misc-diabetes-news-181/genes-abdominal-fat-hmg-u-louisville-release-batch-1111-684126.html>

Source: *Human Molecular Genetics*

<http://hmg.oxfordjournals.org/content/22/1/184.abstract?sid=7aa6e285-dbc3-48bd-b984-1e13f5ba8608>

Girls with anorexia may do fine with day treatment

<http://www.chicagotribune.com/health/sns-rt-us-anorexia-day-treatment-20140123,0,20809.story>

Source: *Lancet*

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62411-3/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62411-3/abstract)

And

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62550-7/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62550-7/fulltext)

Related Resource: Position and Practice Papers-Nutrition Intervention in the Treatment of Eating Disorders (scroll down to access both papers on same topic)

<http://www.eatright.org/About/Content.aspx?id=6442460576>

Vitamin D Levels Linked to Parkinson's Symptoms

Better thinking, mood associated with higher levels, study finds

<http://consumer.healthday.com/diseases-and-conditions-information-37/misc-diseases-and-conditions-news-203/briefs-emb-1-16-vitamin-d-levels-parkinsons-jpd-release-batch-1106-683996.html>

Source: *Journal of Parkinson's Disease*

<http://iospress.metapress.com/content/t587180765787517/?p=29cab9a615404e619ad978e492df2fac&pi=6>

Related Resource: National Parkinsons Foundation

<http://www.parkinson.org/Parkinson-s-Disease/Living-Well/Nutrition/What-are-some-common-nutritional-concerns-for-peop>

Study questions health benefits of vitamin D supplementation

<http://www.medicalnewstoday.com/articles/271589.php>

Source: *Lancet Diabetes & Endocrinology*

[http://www.thelancet.com/journals/landia/article/PIIS2213-8587\(13\)70165-7/abstract](http://www.thelancet.com/journals/landia/article/PIIS2213-8587(13)70165-7/abstract)

Whats in Your Fish Oil Supplements?

http://well.blogs.nytimes.com/2014/01/22/whats-in-your-fish-oil-supplements/?_php=true&_type=blogs&_r=0

MedlinePlus: Latest Health News

-DDT Exposure May Raise Alzheimer's Risk: Study

Researchers say those with the disease had 4 times higher blood levels of byproduct of banned pesticide

-Hand Washing, Zinc May Ward Off Colds: Review

Meanwhile, antihistamines, decongestants, pain relievers might help treat them, researcher reports

-Yoga May Reduce Fatigue, Inflammation in Breast Cancer Survivors

Researchers think improved sleep may be the key to benefits

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Apply to Become an Academy Spokesperson

The Academy is looking for media-savvy RDs and RDNs to join its prestigious team of volunteer media spokespeople. If you are interested in promoting the profession and healthful eating to media across the country, please consider applying. Learn more at www.eatright.org/members/spokespersonapplication

Nutrition Facts on Food Labels Are Getting a Makeover

(Joan Salge Blake, Academy Spokesperson featured)

<http://www.myfoxboston.com/video?clipId=9766648&topVideoCatNo=238258&autoStart=true>

Pre-run meal before marathon is essential

(Heather Mangieri, Academy Spokesperson quoted)

<http://www.post-gazette.com/life/food/2014/01/23/26-1-Food-Pre-run-An-occasional-series-on-how-to-fuel-for-the-Pittsburgh-Marathon/stories/201401230137>

Popular diets in the new year

(Judy Caplan, Academy Spokesperson quoted)

<http://wwlp.com/2014/01/24/popular-diets-in-the-new-year/>

Healthy Afternoon Snacks

(Christine Palumbo, RD featured)

<http://www.wciu.com/youandme.php?section=home&assets=videos&assetID=10012329>

Hy-Vee dietitian can help with New Years goals

(Christine Sexton, RD quoted)

http://www.communitynewspapergroup.com/waverly_newspapers/news/article_1caed704-8445-11e3-82c0-001a4bcf887a.html

3 drinks a day; reducing teen ab fat?

(By Nancy Dell, RD)

<http://wwlp.com/2014/01/23/nancy-dell-3-drinks-a-day-reducing-teen-ab-fat/>

What's on the menu for Olympians: 4 power breakfasts fit for US Gold Medalist Shaun White

(Jennifer Gibson, RD quoted)

<http://www.thedenverchannel.com/news/whats-on-the-menu-for-olympians-4-power-breakfasts-fit-for-us-gold-medalist-shaun-white01232014>

Is the Paleo Diet healthy?

(By Holly Larson, RD)

<http://www.journal-news.com/news/lifestyles/health/ask-holly-is-the-paleo-diet-healthy/ncxqC/>

Cuts in food stamp program impacts Long Islanders

(Jennifer Colletti, RD quoted)

<http://longislandreport.org/news/cuts-in-food-stamp-program-impacts-long-islanders/18624>

Healthy choices can help control iron deficiency

(Barbra Swanson, RD quoted)

<http://www.chron.com/news/health/article/Healthy-choices-can-help-control-iron-deficiency-5168987.php>

Walking towards health

(Eve Pearson, RD quoted)

http://www.omantribune.com/index.php?page=leisure_details&id=11031&heading=Special%20Features%20in%20Details

Fat facts, Olive rules

(Karen Mornin, Dietitian/Canada quoted)

<http://www.ottawacitizen.com/health/facts+Olive+rules/9421759/story.html>

Journal Review

Journal of the Academy of Nutrition & Dietetics, February 2014 <http://www.andjrnl.org/current>

President Page: Disruptions Hold Promise for Positive Change

[http://www.andjrnl.org/article/S2212-2672\(13\)01862-5/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01862-5/fulltext)

Position of the Academy of Nutrition and Dietetics: Nutritional Genomics

[http://www.andjrnl.org/article/S2212-2672\(13\)01783-8/abstract](http://www.andjrnl.org/article/S2212-2672(13)01783-8/abstract)

Retaining Hispanic Dietetic Undergraduate Students through Mentoring and Professional Development

[http://www.andjrnl.org/article/S2212-2672\(13\)01547-5/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01547-5/fulltext)

Practical Guide to Measuring Physical Activity

[http://www.andjrnl.org/article/S2212-2672\(13\)01426-3/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01426-3/fulltext)

Changes in the Energy and Sodium Content of Main Entrées in US Chain Restaurants from 2010 to 2011

[http://www.andjrnl.org/article/S2212-2672\(13\)01249-5/abstract](http://www.andjrnl.org/article/S2212-2672(13)01249-5/abstract)

Adherence to Dietary Guidelines Positively Affects Quality of Life and Functional Status of Older Adults

[http://www.andjrnl.org/article/S2212-2672\(13\)01409-3/abstract](http://www.andjrnl.org/article/S2212-2672(13)01409-3/abstract)

A Softgel Dietary Supplement Containing Esterified Plant Sterols and Stanols Improves the Blood Lipid Profile of Adults with Primary Hypercholesterolemia: A Randomized, Double-Blind, Placebo-Controlled Replication Study

[http://www.andjrnl.org/article/S2212-2672\(13\)01519-0/abstract](http://www.andjrnl.org/article/S2212-2672(13)01519-0/abstract)

Positive Attitude toward Healthy Eating Predicts Higher Diet Quality at All Cost Levels of Supermarkets

[http://www.andjrnl.org/article/S2212-2672\(13\)00684-9/abstract](http://www.andjrnl.org/article/S2212-2672(13)00684-9/abstract)

Comparison of Energy Assessment Methods in Overweight Individuals

[http://www.andjrnl.org/article/S2212-2672\(13\)01126-X/abstract](http://www.andjrnl.org/article/S2212-2672(13)01126-X/abstract)

Diet Quality of Urban Older Adults Age 60 to 99 Years: The Cardiovascular Health of Seniors and Built Environment Study

[http://www.andjrnl.org/article/S2212-2672\(13\)01410-X/abstract](http://www.andjrnl.org/article/S2212-2672(13)01410-X/abstract)

Impact of the Revised Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Food Package Policy on Fruit and Vegetable Prices

[http://www.andjrnl.org/article/S2212-2672\(13\)01291-4/abstract](http://www.andjrnl.org/article/S2212-2672(13)01291-4/abstract)

2013 Lenna Frances Cooper Memorial Lecture: Bringing Cooking Back: Food and Culinary Expertise as a Key to Dietitians' Future Success

[http://www.andjrnl.org/article/S2212-2672\(13\)01784-X/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01784-X/fulltext)

Question of the Month: Was There a Recent Update to the FDA Food Code?

[http://www.andjrnl.org/article/S2212-2672\(13\)01789-9/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01789-9/fulltext)

Academys MNT Provider, January 2014

<http://www.eatright.org/Publications/MNTProvider/January2014/index.html>

-New Law includes physician fee schedule fix through March 2014

-New 1500 claim form ready for use

-Verifying patient coverage in a health insurance marketplace plan

- Q & A Corner: Do I submit claims to Medicare electronically or can I submit a paper claim?

American Journal of Clinical Nutrition, February 2014

<http://ajcn.nutrition.org/content/current>

Maternal controlling feeding practices and girls inhibitory control interact to predict changes in BMI and eating in the absence of hunger from 5 to 7 y <http://ajcn.nutrition.org/content/99/2/249.abstract>

The effects of high-intensity exercise on neural responses to images of food

<http://ajcn.nutrition.org/content/99/2/258.abstract>

Does behavioral intervention in pregnancy reduce postpartum weight retention? Twelve-month outcomes of the Fit for Delivery randomized trial <http://ajcn.nutrition.org/content/99/2/302.abstract>

High dietary phosphorus intake is associated with all-cause mortality: results from NHANES III

<http://ajcn.nutrition.org/content/99/2/320.abstract>

Associations between red meat intake and biomarkers of inflammation and glucose metabolism in women

<http://ajcn.nutrition.org/content/99/2/352.abstract>

How do pregnancy-related weight changes and breastfeeding relate to maternal weight and BMI-adjusted waist circumference 7 y after delivery? Results from a path analysis

<http://ajcn.nutrition.org/content/99/2/312.abstract>

Mediterranean and Dietary Approaches to Stop Hypertension dietary patterns and risk of sudden cardiac death in postmenopausal women

<http://ajcn.nutrition.org/content/99/2/344.abstract>

Calcium homeostasis and bone metabolic responses to high-protein diets during energy deficit in healthy young adults: a randomized controlled trial

<http://ajcn.nutrition.org/content/99/2/400.abstract>

L-Carnitine supplementation for adults with end-stage kidney disease requiring maintenance hemodialysis: a systematic review and meta-analysis

<http://ajcn.nutrition.org/content/99/2/408.abstract>

American Journal of Epidemiology, February 1, 2014

<http://aje.oxfordjournals.org/content/179/3?etoc>

Red Meat and Processed Meat Consumption and All-Cause Mortality: A Meta-Analysis

<http://aje.oxfordjournals.org/content/179/3/282.abstract>

Diabetes Educator, January/February 2014

<http://tde.sagepub.com/content/current>

Diabetes Self-Management Education Patterns in a US Population-Based Cohort of Youth With Type 1 Diabetes

<http://tde.sagepub.com/content/40/1/29.abstract>

A Family-Based Diabetes Intervention for Hispanic Adults and Their Family Members

<http://tde.sagepub.com/content/40/1/48.abstract>

Digital Photography as an Educational Food Logging Tool in Obese Patients With Type 2 Diabetes, Lessons Learned From a Randomized, Crossover Pilot Trial

<http://tde.sagepub.com/content/40/1/89.abstract>

Impact of a Focused Nutrition Educational Intervention Coupled With Improved Access to Fresh Produce on Purchasing Behavior and Consumption of Fruits and Vegetables in Overweight Patients With Diabetes Mellitus

<http://tde.sagepub.com/content/40/1/100.abstract>

Environmental Nutrition, January 2014

http://www.environmentalnutrition.com/issues/37_1/

(scroll down to abstracts)

- Cutting through Cholesterol Confusion
- Get the Facts on Coconut Oil
- Top 10 Diet Trends of 2014
- New Science on Multivitamins and Cancer
- FDA Permits Whole Grains Claim

Environmental Nutrition, February 2014

<http://www.environmentalnutrition.com/issues/>

(scroll down to abstracts)

- The Best Foods to Control Your Hunger Pangs
- Think Twice Before Giving Up Grains
- Cinnamons Potential for Diabetes Control
- Boost Your Immunity with Probiotics
- FDA Bans Trans Fat

European Journal of Nutrition, January 2014, Online First

<http://link.springer.com/search?sortOrder=newestFirst&facet-content-type=Article&facet-journal-id=394>

n-3 LC-PUFA supplementation: effects on infant and maternal outcomes

<http://link.springer.com/article/10.1007/s00394-014-0660-9>

Intake of vegetables and fruit and risk of esophageal adenocarcinoma: a meta-analysis of observational studies

<http://link.springer.com/article/10.1007/s00394-014-0656-5>

Nutritional intake and status in persons with alcohol dependency: data from an outpatient treatment programme

<http://link.springer.com/article/10.1007%2Fs00394-014-0651-x>

Ramadan fasting ameliorates oxidative stress and improves glycemic control and lipid profile in diabetic patients

<http://link.springer.com/article/10.1007/s00394-014-0650-y>

Food & Chemical Toxicology, February 2014

<http://www.journals.elsevier.com/food-and-chemical-toxicology/>

Cocoa flavonoids attenuate high glucose-induced insulin signalling blockade and modulate glucose uptake and production in human HepG2 cells

<http://www.sciencedirect.com/science/article/pii/S027869151300759X>

Speciated arsenic concentrations, exposure, and associated health risks for rice and bulgur

<http://www.sciencedirect.com/science/article/pii/S0278691513007916>

Derivation of safe health-based exposure limits for potential consumer exposure to styrene migrating into food from food containers

<http://www.sciencedirect.com/science/article/pii/S0278691513008016>

Food Research International, January 14-21, 2014 Online First

<http://www.sciencedirect.com/science/journal/aip/09639969>

Antibiotic resistance among commercially available probiotics

<http://www.sciencedirect.com/science/article/pii/S0963996914000313>

Health Education & Behavior, January 16, 2014 Online First

<http://heb.sagepub.com/content/early/recent>

Comparison of a Mindful Eating Intervention to a Diabetes Self-Management Intervention Among Adults With Type 2 Diabetes, A Randomized Controlled Trial

<http://heb.sagepub.com/content/early/2014/01/06/1090198113493092.abstract>

International Journal of Food Sciences & Nutrition, February 2014

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001>

Early exposure to allergens: a new window of opportunity for non-communicable disease prevention in complementary feeding?

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001/art00001>

The role of dietary patterns assessment in the predictive ability of cardiovascular disease risk estimation models: a review

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001/art00002>

Intakes of total and individual flavonoids by US adults

<http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001/art00003>

Evaluation of visual and taste preferences of some gluten-free commercial products in a group of celiac children <http://www.ingentaconnect.com/content/apl/cijf/2014/00000065/00000001/art00017>

Journal of Clinical Outcomes Management, January 2014

<http://www.turner-white.com/jc/content/jc.php>

Brief Action Planning to Facilitate Behavior Change and Support Patient Self-Management

http://www.turner-white.com/memberfile.php?PubCode=jcom_jan14_facilitate.pdf

Journal of Parenteral & Enteral Nutrition, January 8-17, 2014, Online First

<http://pen.sagepub.com/content/early/recent>

Dietary Fat and Protein Intake Are Not Associated With Incident Biliary Sludge and Stones During Pregnancy

<http://pen.sagepub.com/content/early/2014/01/17/0148607113520184.abstract>

Long-Term Oral Nutrition Supplementation Improves Outcomes in Malnourished Patients With Chronic Kidney Disease on Hemodialysis

<http://pen.sagepub.com/content/early/2014/01/16/0148607113517266.abstract>

Clinical, Social, and Economic Impacts of Home Parenteral Nutrition Dependence in Short Bowel Syndrome

<http://pen.sagepub.com/content/early/2014/01/10/0148607113517717.abstract>

Early Enteral Nutrition Is Associated With Lower Mortality in Critically Ill Children

<http://pen.sagepub.com/content/early/2014/01/08/0148607113517903.abstract>

Lancet, January 25, 2014

<http://www.thelancet.com/journals/lancet/issue/current>

Gout: a disease of the past, the present, but not the future?

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(14\)60088-X/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(14)60088-X/fulltext)

Morbidity and Mortality Weekly Report, MMWR Weekly, January 17, 2014

http://www.cdc.gov/mmwr/mmwr_wk.html

QuickStats: Rate of Ambulatory Care Visits for Chronic Kidney Disease, by Health-Care Setting United States, 20012002 and 20092010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6302a8.htm?s_cid=mm6302a8_w

Nutrition in Clinical Practice, February 2014

<http://ncp.sagepub.com/content/29/1.toc>

Early Enteral Nutrition in Critically Ill Patients With Hemodynamic Instability, An Evidence-Based Review and Practical Advice

<http://ncp.sagepub.com/content/29/1/90.abstract>

Nutrition Optimization Prior to Surgery

<http://ncp.sagepub.com/content/29/1/10.abstract>

Prolonged Preoperative Fasting in Elective Surgical Patients, Why Should We Reduce It?

<http://ncp.sagepub.com/content/29/1/22.abstract>

The Canadian Critical Care Nutrition Guidelines in 2013, An Update on Current

Recommendations and Implementation Strategies

<http://ncp.sagepub.com/content/29/1/29.abstract>

Best Practices for Determining Resting Energy Expenditure in Critically Ill Adults

<http://ncp.sagepub.com/content/29/1/44.abstract>

Special Nutrition Challenges, Current Approach to Acute Kidney Injury

<http://ncp.sagepub.com/content/29/1/56.abstract>

Application of the A.S.P.E.N. Clinical Guideline for Nutrition Support of Hospitalized Adult Patients With Obesity, A Case Study of Home Parenteral Nutrition

<http://ncp.sagepub.com/content/29/1/73.abstract>

Heavy Metal in the Intensive Care Unit, A Review of Current Literature on Trace Element Supplementation in Critically Ill Patients

<http://ncp.sagepub.com/content/29/1/78.abstract>

Nutrition Journal, January 2014

<http://www.nutritionj.com/content/13/January/2014>

Effect of calcium phosphate and vitamin D3 supplementation on bone remodelling and metabolism of calcium, phosphorus, magnesium and iron

<http://www.nutritionj.com/content/13/1/6/abstract>

An anti-inflammatory diet as treatment for inflammatory bowel disease: a case series report running head.

<http://www.nutritionj.com/content/13/1/5/abstract>

Nutrition Research, January 3-21, 2014, Online First

<http://www.nrjournal.com>

Total dietary fiber intakes in the U.S. population are related to whole grain consumption: Results from the National Health and Nutrition Examination Survey (NHANES) 200910

[http://www.nrjournal.com/article/S0271-5317\(14\)00005-0/abstract](http://www.nrjournal.com/article/S0271-5317(14)00005-0/abstract)

Greater weight loss among men participating in a commercial weight loss program: a pooled analysis of 2 randomized controlled trials

[http://www.nrjournal.com/article/S0271-5317\(13\)00269-8/abstract](http://www.nrjournal.com/article/S0271-5317(13)00269-8/abstract)

A systematic review of the effect of oral glucocorticoids on energy intake, appetite and body weight in humans

[http://www.nrjournal.com/article/S0271-5317\(13\)00289-3/abstract](http://www.nrjournal.com/article/S0271-5317(13)00289-3/abstract)

Mechanisms underlying the antihypertensive effects of garlic bioactives

[http://www.nrjournal.com/article/S0271-5317\(13\)00285-6/abstract](http://www.nrjournal.com/article/S0271-5317(13)00285-6/abstract)

Long-chain n-3 PUFA dietary recommendations are moderately efficient in optimizing their status in healthy middle-aged subjects with low fish consumption: A cross-over study

[http://www.nrjournal.com/article/S0271-5317\(13\)00291-1/abstract](http://www.nrjournal.com/article/S0271-5317(13)00291-1/abstract)

Proceedings of the Nutrition Society, January 9-15, 2014, Online First

<http://journals.cambridge.org/action/displayIssue?iid=1863260>

Measuring physical activity in children and adolescents for dietary surveys: practicalities, problems and pitfalls

<http://dx.doi.org/10.1017/S0029665113003820>

Measuring growth and obesity across childhood and adolescence

<http://dx.doi.org/10.1017/S0029665113003868>

Modifying the food environment for childhood obesity prevention: challenges and opportunities

<http://dx.doi.org/10.1017/S0029665113003819>

Dietary cholesterol, heart disease risk and cognitive dissonance

<http://dx.doi.org/10.1017/S0029665113003844>

University of California, Berkeley Wellness Letter, Winter 2013-14

<http://www.berkeleywellness.com/>

(subscription required)

-Your Guide to lifelong fitness

-Fitness in a bottle?

Quote of the Week

No winter lasts forever; no spring skips its turn

-Hal Borland

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or send a blank email to leave-25931-
1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

1591. THANK-YOU!!

From: Christian Krapp <ckrapp@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 29, 2014 11:32:20
Subject: THANK-YOU!!
Attachment:

Hi Donna:

I wanted to thank you for the great golf shirt you sent. I absolutely love it. This was very nice of you and an unexpected surprise!

Thanks again,

Christian

Christian Krapp

Controller

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312-899-4824

Fax: 312-899-5335

Email: CKrapp@eatright.org

www.eatright.org

1592. Thank you

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 29, 2014 09:20:46
Subject: Thank you
Attachment:

Donna,

Thank you for the Master's shirt and bag. It is very thoughtful of you and totally unnecessary!!! I will wear it proudly.

Thanks again.

Paul

1593. Automatic reply: Declined: Finance and Audit Committee Meeting

From: Eric Hayes <Ehayes@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 28, 2014 15:04:22
Subject: Automatic reply: Declined: Finance and Audit Committee Meeting
Attachment:

*** The Academy's Chicago office is closed on January 28th due to extreme weather conditions ***

I will return to the office on January 29th.

Thank you.

1594. RE: Finance and Audit Committee meeting on Tuesday, January 28th at1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Elise Smith' <easaden@aol.com>, fellerb@auburn.edu <fellerb@auburn.edu>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, Connors@ohsu.edu <Connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>
Sent Date: Jan 27, 2014 15:47:48
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at1 p.m. CST
Attachment:

Donna,

This has been the "craziest winter" I can recall. I did make it back from Detroit; 7.5 hrs on snow covered, icy roads!! I have made the drive in 4 hrs flat. So, nearly twice as long!! On the road we travel, last Thursday night, there was a fatality accident caused by the ice and snow; 15 semis, a couple of flat bed trucks and 26 cars. Unfortunately 3 people died. Need-less-to say, I was driving very cautiously. Even at the slower speeds, it never feels safe!!

Stay warm everyone.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, January 27, 2014 1:43 PM
To: 'Elise Smith'; fellerb@auburn.edu; nhwooldridge@charter.net; Paul Mifsud; 'KMcClusky@lammorrison.com'; Connors@ohsu.edu; peark02@outlook.com; 'kendall@ufl.edu'; 'mstokes@usj.edu'
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at1 p.m. CST

Paul, We are expecting extremely bad weather here in the South also. It doesn't happen very often, but when it does, it shuts us down for a long time. We are canceling after school activities tomorrow and do not expect to be at work Wednesday and Thursday. I plan to be at work for the

call, but will let you know if things deteriorate to the level that I have to leave. If I leave, I will get in touch to see what I can work out. For us, the problem is we loose typically lose power when we get the amount of snow predicted. Yet, then again, it could all be wishful thinking for all the children in my area who want it to snow!!!! I will stay in touch. Glad you made it back from Detroit for all the fun weather.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 1/27/2014 2:08 PM >>>

All,

You may have heard that due to the extreme cold, we will be shutting the office tomorrow. However, our call will go on!! We are working the "webinar logistics" as we speak. I will keep you posted throughout the day tomorrow.

Paul

From: Paul Mifsud

Sent: Thursday, January 23, 2014 12:00 PM

To: Paul Mifsud; DMartin@Burke.k12.ga.us; 'Connors@ohsu.edu'; fellerb@auburn.edu; 'KMcClusky@lammorrison.com'; 'Elise Smith'; 'nhwooldridge@charter.net'; 'kendall@ufl.edu'; 'mstokes@usj.edu'; peark02@outlook.com

Cc: Joan Schwaba; Patricia Babjak; Maria Juarez; Christian Krapp; Barbara Visocan; Harold Holler; Jeanne Blankenship; Jeri Palmer; Joan Schwaba; Mary Beth Whalen; Mary Pat Raimondi; Patricia Babjak; Chris Reidy; Susan Burns; Alison Steiber; Mary Ann Taccona

Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

All,

The new year has begun and we have another Finance Committee meeting on Tuesday, January 28th at 1 p.m. CST. I hope everyone had a great holiday season!! This month, our meeting will focus on the Final November, Preliminary December results. I have also added to the agenda the Investment results through November, 2013 for the Academy and the Foundation portfolios. The Academy information was presented to the Academy Board earlier this month. I have not scheduled much time to address this information. This is more of an "FYI". However, if you feel you would like to talk to Al Bryant, our investment advisor, before our April meeting, we can have him attend our call next month. Just let me know. Now, onto the financial summary.

I. Investments

-
Two things I want to point out; 1) December's results and 2) what January looks like. In December, the investment markets did rally like we thought they might. When we met in December, the combined portfolios were down about \$600,000 for the month. Well, I am happy to tell you that the rally resulted in the combined portfolios gaining over \$826,400!! Not a bad turn-around. This gain will bring our total combined return for the Fiscal Year to approximately \$4,471,600.

As is always the case, I have taken a peak at the investment returns for the current month (Okay Mary, you are right, I watch it every day!! J). Just like December, January has started off very slowly. Through yesterday, our combined returns are relatively flat. The market has not found any footing yet this year. The good news is we haven't seen it drop much. Especially with the large gains across all of the equity markets in 2013. Today (Thursday), the markets are dropping due to concerns about earnings. It is difficult to say if this will continue or stop. The market is due for a correction of 10% or more. It is long overdue. No one knows when it will happen. Once it does, there should be a natural progression upward if the economy continues to improve. On another note; Also, keep an eye on February 7th when the "Debt Ceiling" needs to be raised. Congress could cause problems if this becomes a political pawn once again!!

II. Reserves and Cash

-

As you are aware, I felt it would be necessary to move another \$500,000 out of our reserve funds into operational cash in January. Last week, I made this move. Even with the adjustment, the Academy has 82.5% of the FY14 budget in reserve at the end of December. In your December package, I removed the \$500,000 in anticipation of a future move. So, the number on A15 is a good representation of the reserves after the removal of \$500,000 (at least through yesterday J). This \$500,000 was on top of another \$500,000 that we removed in December.

Operating cash depletion is a normal situation for the Academy during Jan, Feb, and March. Some years it is easier to get through than others. This year, it looks like the Academy's increased budgeted spending, increased capital, and reduced revenue coupled with the operating deficits for CDR, DPGS and MIGs are causing the additional cash requirements. As I look at cash today as compared to last year, we are nearly on target with quite a few Sponsorship payments that are past due. If they pay over the next few weeks, we may not need another transfer. I will keep you informed as we move forward.

III. Academy November Financials

- There were a couple of changes to the November preliminary financial package. The Academy expenses went up \$2,739 due to a few miscellaneous invoices. In addition, CDR revenue went up \$25,397 for the RD/DTR exam fees. The RD/DTR revenue increased because one of the processes for revenue recognition did not complete before we provided to you the preliminary numbers. This was mentioned during our meeting in December and is reflected in the minutes. So, overall, the package for November we originally discussed has not changed dramatically.

IV. Academy preliminary December Financials (A10)

In December, the Academy's finances from operations took a step backwards. The month ended with an Operating Deficit of (\$452.8K) and a Net Deficit of (\$113.7K). The Operating deficit was larger than the budget driven primarily by lower revenue. Revenue for the month of December missed our budget target by \$171.8K. Expenses helped offset this under-run with an under-run as well. Expenses were \$46.7K below budget. Once again, in December, investments helped out a great deal. Our investment returns for December were \$339.1K. This was \$231.2K higher than our budget. Even though we still had a Net Deficit, it was \$106,108 lower (better) than our budget.

Taking a look at the year to date numbers, the Academy currently has an Operating Deficit of (\$598.9K). This is \$71.5K lower (better) than the budget. Revenue for the year is lower by \$336.7K while expenses for the year are lower by \$408.2K. So, with seven months down, we are

a little better than our operating target. The investments made a big difference. To date, the Academy investments have now gained \$1,775,866. This is more than \$1M higher than our budget. Our Net Income, through December, is \$1,176,964. This is nearly \$1.1M higher than our budget. So, factoring in Investment returns, our results for the year are very good. The Academy also has 82.5% of the FY14 budget in reserve. So, the Academy is in a very good financial position.

The following is a breakdown of the various categories for November:

A. Revenues

a. **Membership Dues** - This area is **under budget** by \$33,995 in December and is **under budget** by \$104,362 for the year. Even with the under-run in revenue there are a couple of good news items coming out of Membership Dues. First, Membership is growing!! This should have a positive effect as we move forward. Secondly, Membership revenue is up, year to date, when compared to last year. If we look just at the pure Membership Dues (eliminating fees and the Fellow program), revenue is up nearly \$55,000. So, we are moving in the right direction. We believe the reason the revenue is not meeting the budget is due to the number of people within the various membership rate categories. I also think some of the budget under-run will be due to timing. One last positive note; the Membership team is aggressively marketing membership at the moment and are making changes from what has been previously done. If they are successful, we will see positive results over the next few months.

b. **Programs and Meetings** - This area is **under budget** by \$1,565 in December and is **under budget** by \$52,331 for the year. The under-run in December is primarily due to the last of the refund requests for FNCE resulting in a \$1.7K reduction. This is standard. We get request for refunds due to illness or family tragedies each year and we review each one. This is offset by higher Professional Development revenue (up \$0.1K).

c. **Publications and Materials** - This area is **under budget** by \$44,252 in December and is **under budget** by \$10,161 for the year. The under-run in December is primarily due to lower Research Publication sales (down \$15.7), lower Traditional Publications (down \$39.1K) and lower miscellaneous projects (down \$0.8K), offset by higher List Rental (up \$3.9K) and higher QM/Guides sales (up \$7.4K).

d. **Subscriptions** – This area is **under budget** by \$15,972 in December and is **under budget** by \$45,233 for the year. The under-run for December is due to lower NCM and related products (down \$12.8K) and lower EAL (down \$3.2K).

- e. **Advertising** – This area is under budget by \$24,945 in December and under budget by \$47,125 for the year. The under-run in December is due to lower Food and Nutrition Magazine advertising sales.
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- g. **Sponsorships** – This area is under budget by \$20,000 in December and is under budget by \$90,183 for the year. This continues our expectation that the sponsorship revenue will be lower than budget for the fiscal year.
- h. **Other** – This area was over budget by \$1,467 in December and is over budget by \$14,951 for the year. The over-run in December is across various projects with none having any significant amount.

B. Expenses

- a. **Personnel** – This area is over budget by \$15,814 in December and over budget by \$27,223 for the year. The over-run in December is primarily due to one-time expenses for vacation pay-outs and severance for people leaving the business.
- b. **Publications** – This area is over budget by \$11,411 in December and over budget by \$13,629 for the year. The over-run in December is primarily due to higher Journal costs (up \$8.1K), higher Traditional Publications costs (up \$3.0K) and higher across all other projects (up \$0.3K).
- c. **Travel** – This area was over budget by \$6,421 in December and under budget by \$118,682 for the year. The over-run in December is primarily due to the timing of FNCE expense reimbursements across all areas of the business.
- d. **Professional Fees** - This area was under budget by \$43,643 in December and is under budget by \$133,750 for the year. The under-run in December is being driven the reconciliation of final FNCE bills (down \$20.3K), lower Journal (down \$13.3K), Lower Research (down \$13.8K), lower Membership (down \$2.7K), lower Marketing (down \$3.1K), lower List Rental (down \$1.3K), lower Informatics (down \$1.3K) and lower across all other (down \$2.3K), offset by higher Public Policy (up \$5.2K) and higher IT/web (up \$9.3K).
- e. **Postage and Mailing Service** – This area is under budget by \$3,085 in December and under budget by \$7,531 for the year. The under-run in December is primarily due to lower Membership (down \$6.6K), lower Traditional Publications (down \$4.1K), and lower across all other (down \$0.9K). This is offset by higher Food and Nutrition Magazine (up \$7.0K) and higher Public

Policy (up \$1.5).

f. **Office Supplies and Equipment** – This area is **under budget** by \$347 in December and **under budget** by \$10,873 for the year. The under-run in December is across all projects with no material variances.

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j. **Computer Expenses** – This area is **under budget** by \$11,267 in December and **under budget** by \$34,382 for the year. The under-run in December is due to lower IT and web costs.

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o. **Other** – This area is **under budget** by \$4,692 in December and **under budget** \$30,846 for the year. The under-run in December is primarily due to the reclassification of expenses for the Food and Nutrition magazine (down \$18.3K), offset by higher Corporate Sponsorship (up \$9.3K), higher Public Relations (up \$1.2K) and higher across all other projects (up \$3.1K).

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r. **Legal and Audit** – This area is **under budget** by \$4,024 in December and is **under budget** by \$6,207 for the year. The under-run in December is due to lower legal costs.

s. **Printing** – This area is **under budget** by \$12,711 in December and is **under budget** by \$63,026 for the year. The under-run in December is primarily due to lower expenses for Membership (down \$6.2K), and lower for FNCE bill reconciliation (down \$6.5K).

We do have a few “one time” expenses for December that have driven some of the over-runs. Our revenue has some risks going forward. However, the Academy staff continues to manage expenses effectively helping to offset the revenue shortfalls. If we are able to continue our expense under-runs and the investments continue their climb, FY14 is shaping up to be a strong year for the Academy.

V. **Foundation Preliminary December Financials (A8)**

The Foundation had a fantastic month in December. The revenue was \$1,427,900. This is \$1,229,459 higher than the budget!! Most of the over-run is due to the \$1.125M in General Mills Grants which were not budgeted. Not only did the Foundation secure money that they were not certain would continue in FY14, they were able to get General Mills to double the grants. This is a great coup for the Foundation! Not only was the revenue higher in December, but, the expenses were lower by \$48,807. So, overall, the Foundation is clicking on all cylinders!! Investment Income enjoyed the party as well. Investment returns of \$292,912 were more than twice the budgeted amount.

On a year to date basis, the Foundation has generated Net Income of \$2,264,386. This is more than \$2.6M higher than the budget. So, there really isn't any bad news here! Even though we know the General Mills grants will be distributed later this year, they still are going into the Foundation's Net Assets. At the end of December, the Foundation's Net Assets exceeded \$22.5M (A9). The Foundation is in a very strong financial position.

VI. **CDR's Preliminary December Financials (A11)**

CDR had a good month in December. Revenue exceeded the budget by \$23,244. This was offset by expenses exceeding the budget by \$19,805. None-the-less, CDR did have an operating surplus of \$60,162 in December. This was \$3,440 higher than the budget. As was the case with the Academy and the Foundation, Investment results were very positive resulting in Net Income for CDR of \$161,549. This was \$104,826 higher than the budget.

On a year to date basis, CDR is performing better on revenue and expense. Revenue is higher than budget by \$78,130 while expenses are lower than budget by \$281,823. Once you factor in the investment returns, CDR has Net Income of \$15,259. Since CDR had budgeted a Net Deficit of over \$927K, I think it is safe to say CDR is having a strong financial year as well.

VII. DPGs/MIGs Preliminary December Financials (A12)

The DPGs/MIGs did not have a great month in December. This is primarily driven by the final FNCE bills. Expenses over-ran the budget by \$125,916. Revenue was also disappointing; falling short of the budget by \$20,756. As I mentioned before, it is difficult to determine when all of the DPG/MIG revenues and expenses will materialize. So, often we are a little off on the monthly distributions. Therefore, we like to focus on the Year to date numbers.

Year to date, the DPGs/MIGs revenues are down \$292,840. Most of this is from Grants (down \$258,708). However, the expenses for the DPGs/MIGs are down \$493K, more than enough to offset the revenue shortfall. Once you factor in the Investment returns, the combined DPGS/MIGs have Net Income of \$370,243. This is nearly \$745K better than the budget. To determine if a DPG/MIG is in good financial condition, you have to look to their reserves (A16). All of the DPGS/MIGS are above the 50% minimum and none are even in the "Watch" category. So, for the moment, the DPGs/MIGs are doing well and growing their reserves.

VIII. ACEND Preliminary December Financials (A13)

ACEND had a very good month in December. Revenue exceeded the budget by \$15,981 while expenses were slightly higher than budget (up \$2,200). The expense were up due to the timing of FNCE travel reimbursements. ACEND did have a Net Deficit of \$4,308 in December. However, it was \$13,780 smaller (better) than the budget.

On a year to date basis, everything is working well for ACEND. Revenue is up, expenses are down and above all else, ACEND's reserves continue to grow. ACEND's reserves have now approached \$314K putting them in a solid financial footing.

IX. ANDPAC Preliminary December Financials (A14)

- ANDPAC had a very good month in December. Revenue was slightly higher than budget (up by \$533) while expenses were slightly lower than budget (down \$3,799). Some of the final FNCE bills have not been recorded in December for the PAC. We want to keep the PAC financials each month correlated to the FEC filings. Unfortunately, the FEC filings are "cash based". Even though the final FNCE bills came through, they did not do so until early January. Therefore, we did not record them here. They will show up in January when the bills are paid. Everyone else within the Academy are "accrual based". That means you record the revenue and expense when the benefit occurs. That is why we record the budgets in November for FNCE wherever we can if we don't have the bills. Managing the PAC different from the rest of the organization causes a little confusion at times, but, since the PAC is so small we are able to manage it.

Year to date, the PAC is doing well with revenue exceeding the budget by \$4,311 and expense under-running the budget by \$14,034. Even though the PAC has a Net Deficit of \$44K, it is \$18.3K smaller (better) than the budget. The net result is the PAC reserves still remain healthy with \$238.9K available.

I will stop here because this is a very long e-mail. Maria will post to the portal all of the documents for our call. You should also receive an webinar invitation from Eric Hayes. If you have not, please let us know. Have a great weekend and stay warm!!

Paul

1595. RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Jan 27, 2014 14:08:41
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST
Attachment:

All,

You may have heard that due to the extreme cold, we will be shutting the office tomorrow. However, our call will go on!! We are working the "webinar logistics" as we speak. I will keep you posted throughout the day tomorrow.

Paul

From: Paul Mifsud
Sent: Thursday, January 23, 2014 12:00 PM
To: Paul Mifsud; DMartin@Burke.k12.ga.us; 'Connors@ohsu.edu'; fellerb@auburn.edu; 'KMcClusky@lammorrison.com'; 'Elise Smith'; 'nhwooldridge@charter.net'; 'kendall@ufl.edu'; 'mstokes@usj.edu'; peark02@outlook.com
Cc: Joan Schwaba; Patricia Babjak; Maria Juarez; Christian Krapp; Barbara Visocan; Harold Holler; Jeanne Blankenship; Jeri Palmer; Joan Schwaba; Mary Beth Whalen; Mary Pat Raimondi; Patricia Babjak; Chris Reidy; Susan Burns; Alison Steiber; Mary Ann Taccona
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

All,

The new year has begun and we have another Finance Committee meeting on Tuesday, January 28th at 1 p.m. CST. I hope everyone had a great holiday season!! This month, our meeting will

focus on the Final November, Preliminary December results. I have also added to the agenda the Investment results through November, 2013 for the Academy and the Foundation portfolios. The Academy information was presented to the Academy Board earlier this month. I have not scheduled much time to address this information. This is more of an "FYI". However, if you feel you would like to talk to Al Bryant, our investment advisor, before our April meeting, we can have him attend our call next month. Just let me know. Now, onto the financial summary.

I. Investments

- Two things I want to point out; 1) December's results and 2) what January looks like. In December, the investment markets did rally like we thought they might. When we met in December, the combined portfolios were down about \$600,000 for the month. Well, I am happy to tell you that the rally resulted in the combined portfolios gaining over \$826,400!! Not a bad turnaround. This gain will bring our total combined return for the Fiscal Year to approximately \$4,471,600.

As is always the case, I have taken a peak at the investment returns for the current month (Okay Mary, you are right, I watch it every day!! J). Just like December, January has started off very slowly. Through yesterday, our combined returns are relatively flat. The market has not found any footing yet this year. The good news is we haven't seen it drop much. Especially with the large gains across all of the equity markets in 2013. Today (Thursday), the markets are dropping due to concerns about earnings. It is difficult to say if this will continue or stop. The market is due for a correction of 10% or more. It is long overdue. No one knows when it will happen. Once it does, there should be a natural progression upward if the economy continues to improve. On another note; Also, keep an eye on February 7th when the "Debt Ceiling" needs to be raised. Congress could cause problems if this becomes a political pawn once again!!

II. Reserves and Cash

- As you are aware, I felt it would be necessary to move another \$500,000 out of our reserve funds into operational cash in January. Last week, I made this move. Even with the adjustment, the Academy has 82.5% of the FY14 budget in reserve at the end of December. In your December package, I removed the \$500,000 in anticipation of a future move. So, the number on A15 is a good representation of the reserves after the removal of \$500,000 (at least through yesterday J). This \$500,000 was on top of another \$500,000 that we removed in December.

Operating cash depletion is a normal situation for the Academy during Jan, Feb, and March. Some years it is easier to get through than others. This year, it looks like the Academy's increased budgeted spending, increased capital, and reduced revenue coupled with the operating deficits for CDR, DPGS and MIGs are causing the additional cash requirements. As I look at cash today as compared to last year, we are nearly on target with quite a few Sponsorship payments that are past due. If they pay over the next few weeks, we may not need another transfer. I will keep you informed as we move forward.

III. Academy November Financials

- There were a couple of changes to the November preliminary financial package. The Academy expenses went up \$2,739 due to a few miscellaneous invoices. In addition, CDR revenue went up \$25,397 for the RD/DTR exam fees. The RD/DTR revenue increased because one of the processes for revenue recognition did not complete before we provided to you the preliminary numbers. This was mentioned during our meeting in December and is reflected in the minutes. So, overall, the package for November we originally discussed has not changed dramatically.

IV. Academy preliminary December Financials (A10)

In December, the Academy's finances from operations took a step backwards. The month ended with an Operating Deficit of (\$452.8K) and a Net Deficit of (\$113.7K). The Operating deficit was larger than the budget driven primarily by lower revenue. Revenue for the month of December missed our budget target by \$171.8K. Expenses helped offset this under-run with an under-run as well. Expenses were \$46.7K below budget. Once again, in December, investments helped out a great deal. Our investment returns for December were \$339.1K. This was \$231.2K higher than our budget. Even though we still had a Net Deficit, it was \$106,108 lower (better) than our budget.

Taking a look at the year to date numbers, the Academy currently has an Operating Deficit of (\$598.9K). This is \$71.5K lower (better) than the budget. Revenue for the year is lower by \$336.7K while expenses for the year are lower by \$408.2K. So, with seven months down, we are a little better than our operating target. The investments made a big difference. To date, the Academy investments have now gained \$1,775,866. This is more than \$1M higher than our budget. Our Net Income, through December, is \$1,176,964. This is nearly \$1.1M higher than our budget. So, factoring in Investment returns, our results for the year are very good. The Academy also has 82.5% of the FY14 budget in reserve. So, the Academy is in a very good financial position.

The following is a breakdown of the various categories for November:

A. Revenues

- a. **Membership Dues** - This area is **under budget** by \$33,995 in December and is **under budget** by \$104,362 for the year. Even with the under-run in revenue there are a couple of good news items coming out of Membership Dues. First, Membership is growing!! This should have a positive effect as we move forward. Secondly, Membership revenue is up, year to date, when compared to last year. If we look just at the pure Membership Dues (eliminating fees and the Fellow program), revenue is up nearly \$55,000. So, we are moving in the right direction. We believe the reason the revenue is not meeting the budget is due to the number of people within the various membership rate categories. I also think some of the budget under-run will be due to timing. One last positive note; the Membership team is aggressively marketing membership at the moment and are making changes from what has been previously done. If they are successful, we will see positive results over the next few months.
- b. **Programs and Meetings** - This area is **under budget** by \$1,565 in December and is **under budget** by \$52,331 for the year. The under-run in December is primarily due to the last of the refund requests for FNCE resulting in a \$1.7K reduction. This is standard. We get request for refunds due to illness or family tragedies each year and we review each one. This is offset by higher Professional Development revenue (up \$0.1K).
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On a year to date basis, CDR is performing better on revenue and expense. Revenue is higher than budget by \$78,130 while expenses are lower than budget by \$281,823. Once you factor in the investment returns, CDR has Net Income of \$15,259. Since CDR had budgeted a Net Deficit of over \$927K, I think it is safe to say CDR is having a strong financial year as well.

VII. DPGs/MIGs Preliminary December Financials (A12)

The DPGs/MIGs did not have a great month in December. This is primarily driven by the final FNCE bills. Expenses over-ran the budget by \$125,916. Revenue was also disappointing; falling short of the budget by \$20,756. As I mentioned before, it is difficult to determine when all of the DPG/MIG revenues and expenses will materialize. So, often we are a little off on the monthly distributions. Therefore, we like to focus on the Year to date numbers.

Year to date, the DPGs/MIGs revenues are down \$292,840. Most of this is from Grants (down \$258,708). However, the expenses for the DPGs/MIGs are down \$493K, more than enough to offset the revenue shortfall. Once you factor in the Investment returns, the combined DPGS/MIGs have Net Income of \$370,243. This is nearly \$745K better than the budget. To determine if a DPG/MIG is in good financial condition, you have to look to their reserves (A16). All of the DPGS/MIGS are above the 50% minimum and none are even in the "Watch" category. So, for the moment, the DPGs/MIGs are doing well and growing their reserves.

VIII. ACEND Preliminary December Financials (A13)

ACEND had a very good month in December. Revenue exceeded the budget by \$15,981 while expenses were slightly higher than budget (up \$2,200). The expense were up due to the timing of FNCE travel reimbursements. ACEND did have a Net Deficit of \$4,308 in December. However, it was \$13,780 smaller (better) than the budget.

On a year to date basis, everything is working well for ACEND. Revenue is up, expenses are down and above all else, ACEND's reserves continue to grow. ACEND's reserves have now approached \$314K putting them in a solid financial footing.

IX. ANDPAC Preliminary December Financials (A14)

- ANDPAC had a very good month in December. Revenue was slightly higher than budget (up by \$533) while expenses were slightly lower than budget (down \$3,799). Some of the final FNCE bills have not been recorded in December for the PAC. We want to keep the PAC financials each month correlated to the FEC filings. Unfortunately, the FEC filings are "cash based". Even though the final FNCE bills came through, they did not do so until early January. Therefore, we did not record them here. They will show up in January when the bills are paid. Everyone else within the Academy are "accrual based". That means you record the revenue and expense when the benefit occurs. That is why we record the budgets in November for FNCE wherever we can if we don't have the bills. Managing the PAC different from the rest of the organization causes a little confusion at times, but, since the PAC is so small we are able to manage it.

Year to date, the PAC is doing well with revenue exceeding the budget by \$4,311 and expense under-running the budget by \$14,034. Even though the PAC has a Net Deficit of \$44K, it is \$18.3K smaller (better) than the budget. The net result is the PAC reserves still remain healthy with \$238.9K available.

I will stop here because this is a very long e-mail. Maria will post to the portal all of the documents for our call. You should also receive an webinar invitation from Eric Hayes. If you have not, please let us know. Have a great weekend and stay warm!!

Paul

1596. Re: Confirmation Numbers for 1/24/14

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 24, 2014 22:23:55
Subject: Re: Confirmation Numbers for 1/24/14
Attachment:

I'm glad it turned out well. Stay warm!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On Jan 24, 2014, at 9:17 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

You guys are the best! We had a fabulous dinner and solved all the world's problems. See you in DC in March.

Sent from my iPhone

On Jan 24, 2014, at 4:26 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

So sorry to hear about the plane cancellations! We have reserved rooms for you at the Burnham; the confirmation numbers follow in the email below. Glenna is finishing up meetings here at HQ and looks forward to seeing you when she arrives.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

<image004.png>

From: Erin Cannon

Sent: Friday, January 24, 2014 4:23 PM

To: Patricia Babjak

Cc: Dee Crye

Subject: FW: Confirmation Numbers for 1/24/14

Hi Pat,

Donna and Kathy are all set tonight at the Burnham. Here are their confirmation numbers. Let me know if you need any other reservations.

Donna Martin – CIY60RC

Kathleen MccClusky – CIY60YX

Thanks!

Erin

Erin Cannon

Manager, Meeting Services

Academy of Nutrition and Dietetics

<image003.png>

From: Caity Anglada [mailto:Caity.Anglada@kimptonhotels.com]
Sent: Friday, January 24, 2014 4:21 PM
To: Erin Cannon
Subject: Confirmation Numbers for 1/24/14

Hi Erin –

Here are the confirmation numbers:

Donna Martin – CIY60RC

Kathleen MccClusky – CIY60YX

I'm headed out pretty shortly but if you have any additional reservations for tonight I let the Front Desk know you may be in touch J

Caity Anglada

Catering Sales & Services Manager

Hotel Burnham | Atwood Cafe

*: caity.anglada@kimptonhotels.com

(: 312-762.3521

(F): 855-373-7138

<image001.jpg>

<image002.jpg>

1597. FW: Confirmation Numbers for 1/24/14

From: Patricia Babjak <PBABJAK@eatright.org>
To: McClusky, Kathy <KathyMcClusky@IamMorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Glenna McCollum <glenna@glennamccollum.com>
Sent Date: Jan 24, 2014 17:26:11
Subject: FW: Confirmation Numbers for 1/24/14
Attachment: [image001.jpg](#)
[image002.jpg](#)
[image003.png](#)
[image004.png](#)

So sorry to hear about the plane cancellations! We have reserved rooms for you at the Burnham; the confirmation numbers follow in the email below. Glenna is finishing up meetings here at HQ and looks forward to seeing you when she arrives.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

From: Erin Cannon

Sent: Friday, January 24, 2014 4:23 PM

To: Patricia Babjak

Cc: Dee Crye

Subject: FW: Confirmation Numbers for 1/24/14

Hi Pat,

Donna and Kathy are all set tonight at the Burnham. Here are their confirmation numbers. Let me know if you need any other reservations.

Donna Martin – CIY60RC

Kathleen MccClusky – CIY60YX

Thanks!

Erin

Erin Cannon

Manager, Meeting Services

Academy of Nutrition and Dietetics

From: Caity Anglada [mailto:Caity.Anglada@kimptonhotels.com]

Sent: Friday, January 24, 2014 4:21 PM

To: Erin Cannon

Subject: Confirmation Numbers for 1/24/14

Hi Erin –

Here are the confirmation numbers:

Donna Martin – CIY60RC

Kathleen MccClusky – CIY60YX

I'm headed out pretty shortly but if you have any additional reservations for tonight I let the Front Desk know you may be in touch J

Caity Anglada

Catering Sales & Services Manager

Hotel Burnham | Atwood Cafe

*: caity.anglada@kimptonhotels.com

(: 312-762.3521

(F): 855-373-7138

1598. RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
 <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <pear02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Jan 24, 2014 15:14:57
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST
Attachment: [image001.png](#)

All,

The documents for our FAC conference call scheduled **January 28 , 2014** are loaded into the portal.

Folder name “ **January 28, 2014 FAC conference call** ”

Please login on the portal using the link <https://eal.webauthor.com> and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1599. RE: Certificate of Training in Childhood and Adolescent Weight Management

From: Chris Reidy <CREIDY@eatright.org>
To: 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, Dana E. Gerstein <danaeg@berkeley.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Kathy Cobb' <kathy.cobb@snet.net>
Cc: Pearlie Johnson <PJohnson@eatright.org>
Sent Date: Jan 24, 2014 12:15:46
Subject: RE: Certificate of Training in Childhood and Adolescent Weight Management
Attachment: [image001.png](#)

Please respond to "ALL" with your suggestions by Friday, February 14, 2014.

Thank you.

Christine Reidy, RD

Executive Director

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4857

www.cdrnet.org

From: Chris Reidy

Sent: Thursday, January 23, 2014 4:28 PM

To: 'Copperman, Nancy'; 'Marc Jacobson'; 'Sothorn, Melinda'; Dana E.Gerstein; 'Johnston, Craig Allen'; 'Kirk, Shelley'; 'Isadora Nogueira'; 'Debra Kibbe'; DMartin@Burke.k12.ga.us; 'Gail Frank'; 'Kathy Cobb'

Cc: Pearlie Johnson

Subject: Certificate of Training in Childhood and Adolescent Weight Management

The Certificate of Training in Childhood and Adolescent Weight Management Program evaluation summary is attached for your review. In reviewing the participant comments we have noted several negative comments regarding the late end times, especially on day 1. Please review the program agenda to assist us in identifying ways that we can address this concern. If at all possible we would like to avoid extending day three later than currently scheduled because this would cause additional expense for both the attendees and us as the likelihood of an additional hotel night and meal expenses would increase due to flight availability.

Please forward any suggestions you have to address this issue to me.

Christine Reidy, RD

Executive Director

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)

NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4857

www.cdrnet.org

1600. November 2013 Weight Management Program Evaluation Report

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 24, 2014 11:02:17
Subject: November 2013 Weight Management Program Evaluation Report
Attachment: [image001.png](#)
[Donna Martin WMC1113.pdf](#)

Hi Donna,

Attached are your faculty evaluation report for the November 22-24, 2013 Certificate of Training in Childhood and Adolescent Weight Management Program that was held in Denver, Colorado

Please let me know if you have any questions. Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1601. FW: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, 'murrayMD@live.com' <murrayMD@live.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 24, 2014 09:19:42
Subject: FW: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
Attachment:

Please note the correct Approval Code is **3018377**

From: Martha Ontiveros
Sent: Friday, January 24, 2014 7:40 AM
To: 'robert murray'; DMartin@Burke.k12.ga.us; 'tjraymond@aol.com'
Cc: PTA
Subject: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
Importance: High

You have been approved for travel to Chicago, IL. In order for your airfare to be charged to the Academy credit card on file, you must have an active Traveler Profile in aXiom®, the online booking tool for the Academy Travel Desk. If you do not wish to create a profile, you will have to book your travel on your own and submit your expenses for reimbursement after the conclusion of your meeting. Please note that a valid Meeting Name and Approval Code (see below) is needed when booking your travel through the Academy Travel Desk.

Meeting Name: **Development Committee**

Meeting Location: **Academy Headquarters, 120 S Riverside Plaza, Suite 2000, Chicago, IL 60606**

Dates: **Meeting February 12, 2014**

Approval Code: **3018377**

If you have never used the Academy Travel Desk, you will have to create a traveler profile in aXiom®, before booking travel online or over the phone. To create a profile in aXiom®, simply follow the instructions below. Once you have set up your traveler profile, you will not have to do so again unless you want to add information or change your password. If you have already created your Traveler Profile, go directly to “Booking Your Travel Online”.

Creating Your Traveler Profile

- 1) Go online to: **<https://adatvl.axo20.com/>**
- 2) Click on “Begin Booking Travel and Business Services”
- 3) *Click on “Create a New Account” below the orange “sign in” button and complete the information as requested. For “Security Code” enter in **524392** to complete the remainder of the page.*
- 4) *Activation will be sent to the e-mail address you provided.*
- 5) *Follow the instructions in the email.*
- 6) *Login with your e-mail and your password.*
- 7) *Once you are logged in, complete your profile information.*

Remember: You must create your traveler profile prior to booking online or via telephone. Once you have set up your traveler profile, you will not have to do so again.

Booking Your Travel Online (\$12 service fee)

- 1) *Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*
- 2) *Log in to your account using the User ID and Password you created when setting up your profile.*
- 3) *Search for and select your flights (book “non-refundable” fares only)*
 - a. *You have the option of searching by “Price” or “Schedule”.*
 - b. *Click on your preferred airline if you only want to view their fares.*

- 4) *When asked to “Name your trip”, you are required to enter the Meeting Name as it appears above.*
- 5) *When you reach the **Purchase Trip** page, enter **3018377** into the **Approval Code** box in the **Reporting Information** section.*
- 6) *When you reach the Payment Options section, be sure to choose the “**Use a Stored Card**” option to ensure your Academy paid travel is billed correctly.*
- 7) *If you need assistance, call the support team at 800/238-9049, press “1” when prompted. There is no additional charge for technical assistance.*

Booking Your Travel with an Agent (\$25 service fee)

- 1) *Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*
- 2) *For agent assisted booking, call the Academy Travel Desk at 800/238-9049, press “2” when prompted. Please reserve the use of this option to complex domestic or international travel.*
- 3) *Provide the agent with your Approval Code when requested so that the airfare is charged to the Academy credit card.*

Booking Outside of the Academy Travel Policy

In the event your airfare or rail fees exceed the Academy Travel Policy limits and there is a lower logical fare available (similar itinerary to your selection), your proposed travel may be declined. In the event that the trip you selected is declined, you will receive an email instructing you to go back to <https://adatvl.axo20.com/> and rebook at a lower fare.

The traveler will receive an ELECTRONIC TICKET from the Academy Travel Desk as final confirmation that the trip has been approved and ticketed. If the traveler does not receive this document within 72 hours of booking, he/she needs to call the Academy Travel Desk at 800/238-9049 (press “1” when prompted) for assistance.

If you have any questions or need additional information, please contact me.

Thank you,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

1602. Recall: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, 'murrayMD@live.com' <murrayMD@live.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 24, 2014 09:18:48
Subject: Recall: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
Attachment:

Martha Ontiveros would like to recall the message, "ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification".

1603. FW: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, 'murrayMD@live.com' <murrayMD@live.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 24, 2014 09:07:25
Subject: FW: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
Attachment:

Please note the correct Approval Code is **3018205**

From: Martha Ontiveros
Sent: Friday, January 24, 2014 7:40 AM
To: 'robert murray'; DMartin@Burke.k12.ga.us; 'tjraymond@aol.com'
Cc: PTA
Subject: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
Importance: High

You have been approved for travel to Chicago, IL. In order for your airfare to be charged to the Academy credit card on file, you must have an active Traveler Profile in aXiom®, the online booking tool for the Academy Travel Desk. If you do not wish to create a profile, you will have to book your travel on your own and submit your expenses for reimbursement after the conclusion of your meeting. Please note that a valid Meeting Name and Approval Code (see below) is needed when booking your travel through the Academy Travel Desk.

Meeting Name: **Development Committee**

Meeting Location: **Academy Headquarters, 120 S Riverside Plaza, Suite 2000, Chicago, IL 60606**

Dates: **Meeting February 12, 2014**

Approval Code: **3018205**

If you have never used the Academy Travel Desk, you will have to create a traveler profile in aXiom®, before booking travel online or over the phone. To create a profile in aXiom®, simply follow the instructions below. Once you have set up your traveler profile, you will not have to do so again unless you want to add information or change your password. If you have already created your Traveler Profile, go directly to “Booking Your Travel Online”.

Creating Your Traveler Profile

- 1) Go online to: **<https://adatvl.axo20.com/>**
- 2) Click on “Begin Booking Travel and Business Services”
- 3) *Click on “Create a New Account” below the orange “sign in” button and complete the information as requested. For “Security Code” enter in **524392** to complete the remainder of the page.*
- 4) *Activation will be sent to the e-mail address you provided.*
- 5) *Follow the instructions in the email.*
- 6) *Login with your e-mail and your password.*
- 7) *Once you are logged in, complete your profile information.*

Remember: You must create your traveler profile prior to booking online or via telephone. Once you have set up your traveler profile, you will not have to do so again.

Booking Your Travel Online (\$12 service fee)

- 1) *Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*
- 2) *Log in to your account using the User ID and Password you created when setting up your profile.*
- 3) *Search for and select your flights (book “non-refundable” fares only)*
 - a. *You have the option of searching by “Price” or “Schedule”.*
 - b. *Click on your preferred airline if you only want to view their fares.*

- 4) *When asked to “Name your trip”, you are required to enter the Meeting Name as it appears above.*
- 5) *When you reach the **Purchase Trip** page, enter **3018205** into the **Approval Code** box in the **Reporting Information** section.*
- 6) *When you reach the Payment Options section, be sure to choose the “**Use a Stored Card**” option to ensure your Academy paid travel is billed correctly.*
- 7) *If you need assistance, call the support team at 800/238-9049, press “1” when prompted. There is no additional charge for technical assistance.*

Booking Your Travel with an Agent (\$25 service fee)

- 1) *Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*
- 2) *For agent assisted booking, call the Academy Travel Desk at 800/238-9049, press “2” when prompted. Please reserve the use of this option to complex domestic or international travel.*
- 3) *Provide the agent with your Approval Code when requested so that the airfare is charged to the Academy credit card.*

Booking Outside of the Academy Travel Policy

In the event your airfare or rail fees exceed the Academy Travel Policy limits and there is a lower logical fare available (similar itinerary to your selection), your proposed travel may be declined. In the event that the trip you selected is declined, you will receive an email instructing you to go back to <https://adatvl.axo20.com/> and rebook at a lower fare.

The traveler will receive an ELECTRONIC TICKET from the Academy Travel Desk as final confirmation that the trip has been approved and ticketed. If the traveler does not receive this document within 72 hours of booking, he/she needs to call the Academy Travel Desk at 800/238-9049 (press “1” when prompted) for assistance.

If you have any questions or need additional information, please contact me.

Thank you,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

1604. ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'robert murray' <MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'tjraymond@aol.com' <tjraymond@aol.com>
Cc: PTA <pta@eatright.org>
Sent Date: Jan 24, 2014 09:02:00
Subject: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
Attachment: [image001.png](#)

You have been approved for travel to Chicago, IL. In order for your airfare to be charged to the Academy credit card on file, you must have an active Traveler Profile in aXiom®, the online booking tool for the Academy Travel Desk. If you do not wish to create a profile, you will have to book your travel on your own and submit your expenses for reimbursement after the conclusion of your meeting. Please note that a valid Meeting Name and Approval Code (see below) is needed when booking your travel through the Academy Travel Desk.

Meeting Name: **Development Committee**

Meeting Location: **Academy Headquarters, 120 S Riverside Plaza, Suite 2000, Chicago, IL 60606**

Dates: **Meeting February 12, 2014**

Approval Code: **3018205**

If you have never used the Academy Travel Desk, you will have to create a traveler profile in aXiom®, before booking travel online or over the phone. To create a profile in aXiom®, simply follow the instructions below. Once you have set up your traveler profile, you will not have to do so again unless you want to add information or change your password. If you have already created your Traveler Profile, go directly to "Booking Your Travel Online".

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Booking Your Travel Online (\$12 service fee)

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 - a. *You have the option of searching by “Price” or “Schedule”.*
 - b. *Click on your preferred airline if you only want to view their fares.*
- 4) *When asked to “Name your trip”, you are required to enter the Meeting Name as it appears above.*
- 5) *When you reach the **Purchase Trip** page, enter **3018205** into the **Approval Code** box in the **Reporting Information** section.*
- 6) *When you reach the Payment Options section, be sure to choose the **“Use a Stored Card”** option to ensure your Academy paid travel is billed correctly.*
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Booking Your Travel with an Agent (\$25 service fee)

- 1) *Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

- 2) *For agent assisted booking, call the Academy Travel Desk at 800/238-9049, press "2" when prompted. Please reserve the use of this option to complex domestic or international travel.*
- 3) *Provide the agent with your Approval Code when requested so that the airfare is charged to the Academy credit card.*

Booking Outside of the Academy Travel Policy

In the event your airfare or rail fees exceed the Academy Travel Policy limits and there is a lower logical fare available (similar itinerary to your selection), your proposed travel may be declined. In the event that the trip you selected is declined, you will receive an email instructing you to go back to <https://adatvl.axo20.com/> and rebook at a lower fare.

The traveler will receive an ELECTRONIC TICKET from the Academy Travel Desk as final confirmation that the trip has been approved and ticketed. If the traveler does not receive this document within 72 hours of booking, he/she needs to call the Academy Travel Desk at 800/238-9049 (press "1" when prompted) for assistance.

If you have any questions or need additional information, please contact me.

Thank you,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

From: Beth Labrador

Sent: Thursday, January 23, 2014 4:44 PM

To: 'robert murray'; DMartin@Burke.k12.ga.us; 'tjraymond@'

Cc: Susan Burns; Martha Ontiveros

Subject: RE: Development Committee Meeting

Good afternoon Bob, Teri and Donna. I wanted to remind you to make your flight arrangements for our development committee meeting on 2/12 at the Academy office. if you have not done so already. You should have received instructions from Martha Ontiveros on how to book your flight. I will be sending an agenda out shortly. We will be meeting from 9:00 am until 2:00 pm.

Please feel free to contact me with any questions. I look forward to seeing you soon.

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

From: Beth Labrador

Sent: Wednesday, January 08, 2014 3:34 PM

To: 'robert murray'; DMartin@Burke.k12.ga.us; 'tjraymond@

Cc: Susan Burns; Martha Ontiveros

Subject: Development Committee Meeting

Good afternoon. Thank you for getting back to me so quickly regarding your availability in February for the face to face meeting of the Development Committee in Chicago. The date that works best for everyone is Wednesday, February 12th. Martha Ontiveros will be sending you information on booking your flight as well as hotel information shortly.

I hope it is warm where you are. It is a balmy 14 degrees in Chicago right now. I am looking forward to seeing you in February. We will work on getting warmer weather here in time for your visit!

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

1605. Recall: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'robert murray' <MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'tjraymond@' <aol.com' tjraymond@aol.com>
Cc: PTA <pta@eatright.org>
Sent Date: Jan 24, 2014 09:01:03
Subject: Recall: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
Attachment:

Martha Ontiveros would like to recall the message, "ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification".

1606. ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'robert murray' <MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'tjraymond@' <aol.com' tjraymond@aol.com>
Cc: PTA <pta@eatright.org>
Sent Date: Jan 24, 2014 08:40:01
Subject: ACTION REQUIRED: Academy of Nutrition and Dietetics Travel Authorization Notification
Attachment: [image001.png](#)

You have been approved for travel to Chicago, IL. In order for your airfare to be charged to the Academy credit card on file, you must have an active Traveler Profile in aXiom®, the online booking tool for the Academy Travel Desk. If you do not wish to create a profile, you will have to book your travel on your own and submit your expenses for reimbursement after the conclusion of your meeting. Please note that a valid Meeting Name and Approval Code (see below) is needed when booking your travel through the Academy Travel Desk.

Meeting Name: **Development Committee**

Meeting Location: **Academy Headquarters, 120 S Riverside Plaza, Suite 2000, Chicago, IL 60606**

Dates: **Meeting February 12, 2014**

Approval Code: **1032430**

If you have never used the Academy Travel Desk, you will have to create a traveler profile in aXiom®, before booking travel online or over the phone. To create a profile in aXiom®, simply follow the instructions below. Once you have set up your traveler profile, you will not have to do so again unless you want to add information or change your password. If you have already created your Traveler Profile, go directly to “Booking Your Travel Online”.

Creating Your Traveler Profile

- 1) Go online to: **<https://adatvl.axo20.com/>**
- 2) Click on “Begin Booking Travel and Business Services”
- 3) *Click on “Create a New Account” below the orange “sign in” button and complete the information as requested. For “Security Code” enter in **524392** to complete the remainder of the page.*

- 4) *Activation will be sent to the e-mail address you provided.*
- 5) *Follow the instructions in the email.*
- 6) *Login with your e-mail and your password.*
- 7) *Once you are logged in, complete your profile information.*

Remember: You must create your traveler profile prior to booking online or via telephone. Once you have set up your traveler profile, you will not have to do so again.

Booking Your Travel Online (\$12 service fee)

- 1) *Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*
- 2) *Log in to your account using the User ID and Password you created when setting up your profile.*
- 3) *Search for and select your flights (book “non-refundable” fares only)*
 - a. *You have the option of searching by “Price” or “Schedule”.*
 - b. *Click on your preferred airline if you only want to view their fares.*
- 4) *When asked to “Name your trip”, you are required to enter the Meeting Name as it appears above.*
- 5) *When you reach the **Purchase Trip** page, enter 1032430 into the **Approval Code** box in the **Reporting Information** section.*
- 6) *When you reach the Payment Options section, be sure to choose the “**Use a Stored Card**” option to ensure your Academy paid travel is billed correctly.*
- 7) *If you need assistance, call the support team at 800/238-9049, press “1” when prompted. There is no additional charge for technical assistance.*

Booking Your Travel with an Agent (\$25 service fee)

- 1) *Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT.*

- 2) *For agent assisted booking, call the Academy Travel Desk at 800/238-9049, press "2" when prompted. Please reserve the use of this option to complex domestic or international travel.*
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If you have any questions or need additional information, please contact me.

Thank you,

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600, ext. 4773 or 312-899-4773

Fax 312-899-4796

montiveros@eatright.org

From: Beth Labrador

Sent: Thursday, January 23, 2014 4:44 PM

To: 'robert murray'; DMartin@Burke.k12.ga.us; 'tjraymond@'

Cc: Susan Burns; Martha Ontiveros

Subject: RE: Development Committee Meeting

Good afternoon Bob, Teri and Donna. I wanted to remind you to make your flight arrangements for our development committee meeting on 2/12 at the Academy office. if you have not done so already. You should have received instructions from Martha Ontiveros on how to book your flight. I will be sending an agenda out shortly. We will be meeting from 9:00 am until 2:00 pm.

Please feel free to contact me with any questions. I look forward to seeing you soon.

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

From: Beth Labrador

Sent: Wednesday, January 08, 2014 3:34 PM

To: 'robert murray'; DMartin@Burke.k12.ga.us; 'tjraymond@

Cc: Susan Burns; Martha Ontiveros

Subject: Development Committee Meeting

Good afternoon. Thank you for getting back to me so quickly regarding your availability in February for the face to face meeting of the Development Committee in Chicago. The date that works best for everyone is Wednesday, February 12th. Martha Ontiveros will be sending you information on booking your flight as well as hotel information shortly.

I hope it is warm where you are. It is a balmy 14 degrees in Chicago right now. I am looking forward to seeing you in February. We will work on getting warmer weather here in time for your visit!

Beth Labrador

Development Director

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Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

1607. Re: Development Committee Meeting

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 24, 2014 07:49:09
Subject: Re: Development Committee Meeting
Attachment:

Thanks for letting me know. I will have Martha send them today.

On Jan 24, 2014, at 6:43 AM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Beth, we have not gotten our travel codes so we could book a flight.

Sent from my iPhone

On Jan 23, 2014, at 5:43 PM, Beth Labrador <BLabrador@eatright.org> wrote:

Good afternoon Bob, Teri and Donna. I wanted to remind you to make your flight arrangements for our development committee meeting on 2/12 at the Academy office. if you have not done so already. You should have received instructions from Martha Ontiveros on how to book your flight. I will be sending an agenda out shortly. We will be meeting from 9:00 am until 2:00 pm.

Please feel free to contact me with any questions. I look forward to seeing you soon.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

<image001.png>

From: Beth Labrador
Sent: Wednesday, January 08, 2014 3:34 PM
To: 'robert murray'; DMartin@Burke.k12.ga.us; 'tjraymond@

Cc: Susan Burns; Martha Ontiveros

Subject: Development Committee Meeting

Good afternoon. Thank you for getting back to me so quickly regarding your availability in February for the face to face meeting of the Development Committee in Chicago. The date that works best for everyone is Wednesday, February 12th. Martha Ontiveros will be sending you information on booking your flight as well as hotel information shortly.

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Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

<image001.png>

1608. RE: Development Committee Meeting

From: Beth Labrador <BLabrador@eatright.org>
To: 'robert murray' <MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'tjraymond@' <aol.com' tjraymond@aol.com>
Cc: Susan Burns <Sburns@eatright.org>, Martha Ontiveros
<Montiveros@eatright.org>
Sent Date: Jan 23, 2014 17:43:35
Subject: RE: Development Committee Meeting
Attachment: [image001.png](#)

Good afternoon Bob, Teri and Donna. I wanted to remind you to make your flight arrangements for our development committee meeting on 2/12 at the Academy office. if you have not done so already. You should have received instructions from Martha Ontiveros on how to book your flight. I will be sending an agenda out shortly. We will be meeting from 9:00 am until 2:00 pm.

Please feel free to contact me with any questions. I look forward to seeing you soon.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

From: Beth Labrador
Sent: Wednesday, January 08, 2014 3:34 PM
To: 'robert murray'; DMartin@Burke.k12.ga.us; 'tjraymond@
Cc: Susan Burns; Martha Ontiveros
Subject: Development Committee Meeting

Good afternoon. Thank you for getting back to me so quickly regarding your availability in February for the face to face meeting of the Development Committee in Chicago. The date that works best for everyone is Wednesday, February 12th. Martha Ontiveros will be sending you information on booking your flight as well as hotel information shortly.

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Beth Labrador

Development Director

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Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

1609. Certificate of Training in Childhood and Adolescent Weight Management

From: Chris Reidy <CREIDY@eatright.org>
To: 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, Dana E. Gerstein <danaeg@berkeley.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, 'Debra Kibbe' <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Kathy Cobb' <kathy.cobb@snet.net>
Cc: Pearlie Johnson <PJohnson@eatright.org>
Sent Date: Jan 23, 2014 17:28:26
Subject: Certificate of Training in Childhood and Adolescent Weight Management
Attachment: [image001.png](#)
[Denver 2013 General Comments.pdf](#)
[November 2013 Childhood Program Agenda.pdf](#)

The Certificate of Training in Childhood and Adolescent Weight Management Program evaluation summary is attached for your review. In reviewing the participant comments we have noted several negative comments regarding the late end times, especially on day 1. Please review the program agenda to assist us in identifying ways that we can address this concern. If at all possible we would like to avoid extending day three later than currently scheduled because this would cause additional expense for both the attendees and us as the likelihood of an additional hotel night and meal expenses would increase due to flight availability.

Please forward any suggestions you have to address this issue to me.

Christine Reidy, RD

Executive Director

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)

NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4857

www.cdrnet.org

1610. RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Jan 23, 2014 13:00:29
Subject: RE: Finance and Audit Committee meeting on Tuesday, January 28th at 1 p.m. CST
Attachment:

All,

The new year has begun and we have another Finance Committee meeting on Tuesday, January 28th at 1 p.m. CST. I hope everyone had a great holiday season!! This month, our meeting will focus on the Final November, Preliminary December results. I have also added to the agenda the Investment results through November, 2013 for the Academy and the Foundation portfolios. The Academy information was presented to the Academy Board earlier this month. I have not scheduled much time to address this information. This is more of an "FYI". However, if you feel you would like to talk to Al Bryant, our investment advisor, before our April meeting, we can have him attend our call next month. Just let me know. Now, onto the financial summary.

I. Investments

-
Two things I want to point out; 1) December's results and 2) what January looks like. In December, the investment markets did rally like we thought they might. When we met in December, the combined portfolios were down about \$600,000 for the month. Well, I am happy to tell you that the rally resulted in the combined portfolios gaining over \$826,400!! Not a bad turnaround. This gain will bring our total combined return for the Fiscal Year to approximately \$4,471,600.

As is always the case, I have taken a peak at the investment returns for the current month (Okay Mary, you are right, I watch it every day!! J). Just like December, January has started off very slowly. Through yesterday, our combined returns are relatively flat. The market has not found any footing yet this year. The good news is we haven't seen it drop much. Especially with the large gains across all of the equity markets in 2013. Today (Thursday), the markets are dropping due to concerns about earnings. It is difficult to say if this will continue or stop. The market is due for a correction of 10% or more. It is long overdue. No one knows when it will happen. Once it does, there should be a natural progression upward if the economy continues to improve. On another note; Also, keep an eye on February 7th when the "Debt Ceiling" needs to be raised. Congress could cause problems if this becomes a political pawn once again!!

II. Reserves and Cash

-
As you are aware, I felt it would be necessary to move another \$500,000 out of our reserve funds into operational cash in January. Last week, I made this move. Even with the adjustment, the Academy has 82.5% of the FY14 budget in reserve at the end of December. In your December package, I removed the \$500,000 in anticipation of a future move. So, the number on A15 is a good representation of the reserves after the removal of \$500,000 (at least through yesterday J). This \$500,000 was on top of another \$500,000 that we removed in December.

Operating cash depletion is a normal situation for the Academy during Jan, Feb, and March. Some years it is easier to get through than others. This year, it looks like the Academy's increased budgeted spending, increased capital, and reduced revenue coupled with the operating deficits for CDR, DPGS and MIGs are causing the additional cash requirements. As I look at cash today as compared to last year, we are nearly on target with quite a few Sponsorship payments that are past due. If they pay over the next few weeks, we may not need another transfer. I will keep you informed as we move forward.

III. Academy November Financials

- There were a couple of changes to the November preliminary financial package. The Academy expenses went up \$2,739 due to a few miscellaneous invoices. In addition, CDR revenue went up \$25,397 for the RD/DTR exam fees. The RD/DTR revenue increased because one of the processes for revenue recognition did not complete before we provided to you the preliminary numbers. This was mentioned during our meeting in December and is reflected in the minutes. So, overall, the package for November we originally discussed has not changed dramatically.

IV. Academy preliminary December Financials (A10)

In December, the Academy's finances from operations took a step backwards. The month ended with an Operating Deficit of (\$452.8K) and a Net Deficit of (\$113.7K). The Operating deficit was larger than the budget driven primarily by lower revenue. Revenue for the month of December missed our budget target by \$171.8K. Expenses helped offset this under-run with an under-run as well. Expenses were \$46.7K below budget. Once again, in December, investments helped out a great deal. Our investment returns for December were \$339.1K. This was \$231.2K higher than our budget. Even though we still had a Net Deficit, it was \$106,108 lower (better) than our budget.

Taking a look at the year to date numbers, the Academy currently has an Operating Deficit of (\$598.9K). This is \$71.5K lower (better) than the budget. Revenue for the year is lower by \$336.7K while expenses for the year are lower by \$408.2K. So, with seven months down, we are a little better than our operating target. The investments made a big difference. To date, the Academy investments have now gained \$1,775,866. This is more than \$1M higher than our budget. Our Net Income, through December, is \$1,176,964. This is nearly \$1.1M higher than our budget. So, factoring in Investment returns, our results for the year are very good. The Academy also has 82.5% of the FY14 budget in reserve. So, the Academy is in a very good financial position.

The following is a breakdown of the various categories for November:

A. Revenues

a. **Membership Dues** - This area is **under budget** by \$33,995 in December and is **under budget** by \$104,362 for the year. Even with the under-run in revenue there are a couple of good news items coming out of Membership Dues. First, Membership is growing!! This should have a positive effect as we move forward. Secondly, Membership revenue is up, year to date, when

compared to last year. If we look just at the pure Membership Dues (eliminating fees and the Fellow program), revenue is up nearly \$55,000. So, we are moving in the right direction. We believe the reason the revenue is not meeting the budget is due to the number of people within the various membership rate categories. I also think some of the budget under-run will be due to timing. One last positive note; the Membership team is aggressively marketing membership at the moment and are making changes from what has been previously done. If they are successful, we will see positive results over the next few months.

b. **Programs and Meetings** - This area is **under budget** by \$1,565 in December and is **under budget** by \$52,331 for the year. The under-run in December is primarily due to the last of the refund requests for FNCE resulting in a \$1.7K reduction. This is standard. We get request for refunds due to illness or family tragedies each year and we review each one. This is offset by higher Professional Development revenue (up \$0.1K).

c. **Publications and Materials** - This area is **under budget** by \$44,252 in December and is **under budget** by \$10,161 for the year. The under-run in December is primarily due to lower Research Publication sales (down \$15.7), lower Traditional Publications (down \$39.1K) and lower miscellaneous projects (down \$0.8K), offset by higher List Rental (up \$3.9K) and higher QM/Guides sales (up \$7.4K).

d. **Subscriptions** – This area is **under budget** by \$15,972 in December and is **under budget** by \$45,233 for the year. The under-run for December is due to lower NCM and related products (down \$12.8K) and lower EAL (down \$3.2K).

e. **Advertising** – This area is **under budget** by \$24,945 in December and **under budget** by \$47,125 for the year. The under-run in December is due to lower Food and Nutrition Magazine advertising sales.

f. **All grants** - This area is **under budget** by \$32,512 in December and is **under budget** by \$2,330 for the year. The under-run in December is primarily due to the timing of recognition of grants for Research (down \$30.5K), lower recognition of ConAgra Home Food Safety (down \$9.5K), Carry the Flame (up \$7.7K) and lower for all other (down \$0.2K).

g. **Sponsorships** – This area is **under budget** by \$20,000 in December and is **under budget** by \$90,183 for the year. This continues our expectation that the sponsorship revenue will be lower than budget for the fiscal year.

h. **Other** – This area was **over budget** by \$1,467 in December and is **over budget** by \$14,951 for the year. The over-run in December is across various projects with none having any significant amount.

B. Expenses

- a. **Personnel** – This area is **over budget** by \$15,814 in December and **over budget** by \$27,223 for the year. The over-run in December is primarily due to one-time expenses for vacation pay-outs and severance for people leaving the business.
- b. **Publications** – This area is **over budget** by \$11,411 in December and **over budget** by \$13,629 for the year. The over-run in December is primarily due to higher Journal costs (up \$8.1K), higher Traditional Publications costs (up \$3.0K) and higher across all other projects (up \$0.3K).
- c. **Travel** – This area was **over budget** by \$6,421 in December and **under budget** by \$118,682 for the year. The over-run in December is primarily due to the timing of FNCE expense reimbursements across all areas of the business.
- d. **Professional Fees** - This area was **under budget** by \$43,643 in December and is **under budget** by \$133,750 for the year. The under-run in December is being driven the reconciliation of final FNCE bills (down \$20.3K), lower Journal (down \$13.3K), Lower Research (down \$13.8K), lower Membership (down \$2.7K), lower Marketing (down \$3.1K), lower List Rental (down \$1.3K), lower Informatics (down \$1.3K) and lower across all other (down \$2.3K), offset by higher Public Policy (up \$5.2K) and higher IT/web (up \$9.3K).
- e. **Postage and Mailing Service** – This area is **under budget** by \$3,085 in December and **under budget** by \$7,531 for the year. The under-run in December is primarily due to lower Membership (down \$6.6K), lower Traditional Publications (down \$4.1K), and lower across all other (down \$0.9K). This is offset by higher Food and Nutrition Magazine (up \$7.0K) and higher Public Policy (up \$1.5).
- f. **Office Supplies and Equipment** – This area is **under budget** by \$347 in December and **under budget** by \$10,873 for the year. The under-run in December is across all projects with no material variances.
- g. **Rent and utilities** - This area is **under budget** by \$3,378 in December and **over budget** by \$2,186 for the year. The under-run in December is due to the lower utility costs.
- h. **Telephone and communications** – This is **over budget** by \$3,691 in December and **over budget** by \$15,732 for the year. The over-run in December is due to higher telecommunication's costs in the Washington and Chicago offices.
- i. **Commissions** – This area is **under budget** by \$5,736 in December and is **under budget** by \$7,825 for the year. The under-run in December is due to lower Food and Nutrition Magazine advertising sales.

- j. **Computer Expenses** – This area is under budget by \$11,267 in December and under budget by \$34,382 for the year. The under-run in December is due to lower IT and web costs.
- k. **Advertising and Promotion** – This area is under budget by \$510 in December and under budget by \$1,925 for the year. The under-run in December is across all projects with no material variances.
- l. **Insurance** – This area is over budget by \$797 in December and is over budget by \$3,967 for the year. The over-run in December is due to higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is on target in December and on target for the year.
- n. **Bank and trust fees** – This area is over budget by \$9,051 in December and over budget by \$38,040 for the year. The over-run in December is primarily due to Investment management fees (up \$7.5K) and higher credit card fees for normal operations (up \$1.6K).
- o. **Other** – This area is under budget by \$4,692 in December and under budget \$30,846 for the year. The under-run in December is primarily due to the reclassification of expenses for the Food and Nutrition magazine (down \$18.3K), offset by higher Corporate Sponsorship (up \$9.3K), higher Public Relations (up \$1.2K) and higher across all other projects (up \$3.1K).
- p. **Expense allocation** – This area is over budget by \$3,036 in December and is over budget by \$21,254 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is under budget by \$1,471 in December and is under budget for the year by \$72,718. The under-run in December is primarily due to the reconciliation of final FNCE bills across all projects.
- r. **Legal and Audit** – This area is under budget by \$4,024 in December and is under budget by \$6,207 for the year. The under-run in December is due to lower legal costs.
- s. **Printing** – This area is under budget by \$12,711 in December and is under budget by \$63,026 for the year. The under-run in December is primarily due to lower expenses for Membership (down \$6.2K), and lower for FNCE bill reconciliation (down \$6.5K).

We do have a few “one time” expenses for December that have driven some of the over-runs. Our revenue has some risks going forward. However, the Academy staff continues to manage expenses effectively helping to offset the revenue shortfalls. If we are able to continue our expense under-runs and the investments continue their climb, FY14 is shaping up to be a strong year for the Academy.

V. Foundation Preliminary December Financials (A8)

The Foundation had a fantastic month in December. The revenue was \$1,427,900. This is \$1,229,459 higher than the budget!! Most of the over-run is due to the \$1.125M in General Mills Grants which were not budgeted. Not only did the Foundation secure money that they were not certain would continue in FY14, they were able to get General Mills to double the grants. This is a great coup for the Foundation! Not only was the revenue higher in December, but, the expenses were lower by \$48,807. So, overall, the Foundation is clicking on all cylinders!! Investment Income enjoyed the party as well. Investment returns of \$292,912 were more than twice the budgeted amount.

On a year to date basis, the Foundation has generated Net Income of \$2,264,386. This is more than \$2.6M higher than the budget. So, there really isn't any bad news here! Even though we know the General Mills grants will be distributed later this year, they still are going into the Foundation's Net Assets. At the end of December, the Foundation's Net Assets exceeded \$22.5M (A9). The Foundation is in a very strong financial position.

VI. CDR's Preliminary December Financials (A11)

CDR had a good month in December. Revenue exceeded the budget by \$23,244. This was offset by expenses exceeding the budget by \$19,805. None-the-less, CDR did have an operating surplus of \$60,162 in December. This was \$3,440 higher than the budget. As was the case with the Academy and the Foundation, Investment results were very positive resulting in Net Income for CDR of \$161,549. This was \$104,826 higher than the budget.

On a year to date basis, CDR is performing better on revenue and expense. Revenue is higher than budget by \$78,130 while expenses are lower than budget by \$281,823. Once you factor in the investment returns, CDR has Net Income of \$15,259. Since CDR had budgeted a Net Deficit of over \$927K, I think it is safe to say CDR is having a strong financial year as well.

VII. DPGs/MIGs Preliminary December Financials (A12)

The DPGs/MIGs did not have a great month in December. This is primarily driven by the final FNCE bills. Expenses over-ran the budget by \$125,916. Revenue was also disappointing; falling short of the budget by \$20,756. As I mentioned before, it is difficult to determine when all of the DPG/MIG revenues and expenses will materialize. So, often we are a little off on the monthly distributions. Therefore, we like to focus on the Year to date numbers.

Year to date, the DPGs/MIGs revenues are down \$292,840. Most of this is from Grants (down \$258,708). However, the expenses for the DPGs/MIGs are down \$493K, more than enough to offset the revenue shortfall. Once you factor in the Investment returns, the combined DPGS/MIGs have Net Income of \$370,243. This is nearly \$745K better than the budget. To determine if a DPG/MIG is in good financial condition, you have to look to their reserves (A16). All of the DPGS/MIGS are above the 50% minimum and none are even in the "Watch" category. So, for the moment, the DPGs/MIGs are doing well and growing their reserves.

VIII. ACEND Preliminary December Financials (A13)

ACEND had a very good month in December. Revenue exceeded the budget by \$15,981 while expenses were slightly higher than budget (up \$2,200). The expense were up due to the timing of FNCE travel reimbursements. ACEND did have a Net Deficit of \$4,308 in December. However, it was \$13,780 smaller (better) than the budget.

On a year to date basis, everything is working well for ACEND. Revenue is up, expenses are down and above all else, ACEND's reserves continue to grow. ACEND's reserves have now approached \$314K putting them in a solid financial footing.

IX. ANDPAC Preliminary December Financials (A14)

ANDPAC had a very good month in December. Revenue was slightly higher than budget (up by \$533) while expenses were slightly lower than budget (down \$3,799). Some of the final FNCE bills have not been recorded in December for the PAC. We want to keep the PAC financials each month correlated to the FEC filings. Unfortunately, the FEC filings are "cash based". Even though the final FNCE bills came through, they did not do so until early January. Therefore, we did not record them here. They will show up in January when the bills are paid. Everyone else within the Academy are "accrual based". That means you record the revenue and expense when the benefit occurs. That is why we record the budgets in November for FNCE wherever we can if we

don't have the bills. Managing the PAC different from the rest of the organization causes a little confusion at times, but, since the PAC is so small we are able to manage it.

Year to date, the PAC is doing well with revenue exceeding the budget by \$4,311 and expense under-running the budget by \$14,034. Even though the PAC has a Net Deficit of \$44K, it is \$18.3K smaller (better) than the budget. The net result is the PAC reserves still remain healthy with \$238.9K available.

I will stop here because this is a very long e-mail. Maria will post to the portal all of the documents for our call. You should also receive an webinar invitation from Eric Hayes. If you have not, please let us know. Have a great weekend and stay warm!!

Paul

1611. Daily News: Thursday, January 23, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 23, 2014 11:05:10
Subject: Daily News: Thursday, January 23, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

Could Turning Down the Thermostat Help You Lose Weight?

Early research suggests slightly cooler temperatures mean more calories burned per day

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/dieting-to-lose-weight-health-news-195/could-turning-the-thermostat-down-a-notch-help-shed-pounds-684079.html>

Source: *Trends in Endocrinology and Metabolism*

<https://www.cell.com/trends/endocrinology-metabolism>

Smelling the fat: Odours are the first signal to levels of dietary fat, say Monell researchers

(Smell is the first of our senses to detect a foods fat content, according to new research that suggests using 'fat odours' could make low-fat foods more palatable)

<http://www.foodnavigator.com/Science-Nutrition/Smelling-the-fat-Odours-are-the-first-signal-to-levels-of-dietary-fat-say-Monell-researchers>

Source: *PLOS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0085977>

Scientists home in on good gut germs for weight-loss, health

<http://www.nbcnews.com/health/scientists-home-good-gut-germs-weight-loss-health-2D11972103>

Source: *Science Translational Medicine*

<http://stm.sciencemag.org/content/6/220/220ra11>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

-The Inside Tract: What RDs Need to Know about the Gut Microbiome

[http://www.andjrnl.org/article/S2212-2672\(13\)00643-6/fulltext](http://www.andjrnl.org/article/S2212-2672(13)00643-6/fulltext)

Fish Oil Might Guard Against Loss of Brain Cells

Study found women who ate the most omega-3s had greater brain volume

<http://consumer.healthday.com/cognitive-health-information-26/brain-health-news-80/fish-oil-may-help-guard-against-loss-of-brain-cells-684119.html>

Source: *Neurology*

<http://www.ncbi.nlm.nih.gov/pubmed/24068783>

States weighing labels on genetically altered food

http://www.business-standard.com/article/pti-stories/states-weighing-labels-on-genetically-altered-food-114012300122_1.html

Related Resource: Eat Right Weekly - January 22

-Academy Names Food and Nutrition Labeling Workgroup

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452609&mycontentid=6442479741>

Consumer Reports: Too many sodas contain potential carcinogen

http://www.cnn.com/2014/01/23/health/consumer-reports-soda-caramel-coloring/index.html?hpt=he_c2

Cited: FDA- Questions &Answers on Caramel Coloring and 4-MEI

<http://www.fda.gov/food/ingredientspackaginglabeling/foodadditivesingredients/ucm364184.htm>

Organic Food: Not Just for Kids

Companies Try to Push Organic Foods for Every Stage of Life

<http://online.wsj.com/news/articles/SB10001424052702303448204579336590327460328>

Related Resource: USDA National Organic Program

<http://www.ams.usda.gov/nop/>

Disinfectants Can't Defeat Salmonella in Food-Processing Plants: Study

Researchers say findings point to need to keep bacteria out of production areas

http://www.nlm.nih.gov/medlineplus/news/fullstory_144135.html

MedlinePlus: Latest Health News

-Exercising more, sitting less reduces heart failure risk in men

-Time for Docs to Ditch the White Coat?

New infection control guidelines raise possibility that some attire may spread germs among patients

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose,

who may participate, locations, and phone numbers for more details

- The Impact of a Dietitian in the Implementation of Nutrition Recommendations During Intensive Care (NutriSave)

<http://clinicaltrials.gov/ct2/show/NCT01749488?term=NCT01749488&rank=1>

Registered Dietitians in the News

6 proven ways to lose the weight for good

(Jessica Crandall, Academy Spokesperson quoted)

<http://www.foxnews.com/health/2014/01/20/6-proven-ways-to-lose-weight-for-good/>

Should booze come with a Nutrition Facts panel

(Lisa Young, RD; Catherine Adams Hutt, RD and Elizabeth Lee, RD all quoted)

<http://www.foodnavigator-usa.com/Regulation/Should-booze-come-with-a-Nutrition-Facts-panel>

Search for the Next Weight Watchers Chef'

(Michelle Dudash, RD featured and wins round 1)

<http://abc.go.com/shows/the-chew>

Does Microwave Food Lose It's Nutrients?

(Michelle Fundingsland, RD featured)

<http://www.kmot.com/story/24518371/is-microwaving-food-safe>

Dietitian helps students feel comfortable at Ohio State

(Gina Casagrande, RD & Jordan Jennewide, Academy Member quoted)

<http://thelantern.com/2014/01/dietitian-helps-students-feel-comfortable-ohio-state/>

Living- Well: Where do vitamins fit into your diet

(Academy position paper & website cited)

<http://www.wickedlocal.com/carver/topstories/x1903524669/LIVING-WELL-Where-do-vitamins-fit-into-our-diet>

Darebin poised to take title of Melbourne's vegan capital

(Lisa Renn, Dietitian/Australia quoted)

<http://www.heraldsun.com.au/leader/north/darebin-poised-to-take-title-of-melbournes-vegan-capital/story-fnglenug-1226808769944>

Top three sports diet myths busted

(By Andrea Holwegner, Dietitian/Canada)

<http://www.calgaryherald.com/life/sports+nutrition+myths+recreational+athletes/9417842/story.htm>
|

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**The Academys Position Papers and Practice Papers are available at:
<http://www.eatright.org/positions/>**

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=25812

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-25812-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1612. Save the Date: Nominating Committee Evaluation Workgroup Call

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Jan 22, 2014 18:14:15
Subject: Save the Date: Nominating Committee Evaluation Workgroup Call
Attachment: [image002.jpg](#)

Thank you for participating in the Doodle poll. Please save the date of Tuesday, February 4 at 9:00 am - 10:00 am CST for the Nominating Committee Evaluation Workgroup call. The agenda, supporting materials and dial in information will be sent next week.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
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www.eatright.org

1613. March Board Meeting/Public Policy Workshop

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Jan 22, 2014 17:47:40
Subject: March Board Meeting/Public Policy Workshop
Attachment: [image003.jpg](#)

The Board of Directors meeting precedes the Public Policy Workshop (PPW) and is scheduled to convene at 8:00 am on Friday, March 28 and is expected to adjourn at 3:00 pm on Saturday, March 29. PPW is scheduled for March 30- April 1, concluding with Hill Visits the morning of April 1. We encourage those of you who have not participated in PPW to attend to learn about the policy issues facing the profession and to lead and mentor other members during the workshop and on the Hill. All other Board members are welcome to attend PPW as your schedule permits. The president, president-elect, immediate past president, speaker, speaker-elect, immediate past speaker and CEO are attending PPW. The Academy appreciates the opportunity to schedule Directors for high level meets with agency and elected officials in conjunction with PPW and relies on your leadership in mentoring our public policy leaders. The PIA team is happy to assist you as needed with messaging and communication prior to PPW so that you feel comfortable in this role. A recorded webinar will be available for your review during mid-March.

We know some of you have schedule conflicts so please let us know if you will be attending PPW and your departure information so we can secure hotel rooms. To register for the workshop, please click [here](#) to login using your Academy username and password; enter **2104PPW** in the source code box and check Academy BOD under Event Fees for complimentary registration.

On Saturday, March 29 those Board members who are attending PPW are invited to the PPW Boot Camp from 4 – 7 pm followed by dinner at 7:30 pm with the ANDPAC and LPPC committee members at the hotel. Please let me know if you will attend this event and/or the dinner. ANDPAC will host a film festival on Sunday, March 30 and its annual Signature Event on Monday, March 31. Tickets are \$10 for the film event and \$125 for the Signature Event and can be purchased when you register for PPW.

Housing accommodations for the Board meeting and PPW are at the Marriott Crystal Gateway, 1700 Jefferson Davis Highway, Arlington, VA and reservations will be made for your arrival on March 27 and departure on March 29 for the Board meeting and for those staying for PPW for departure on April 1. Your hotel room will be master-billed. You are now approved to make your travel arrangements for the meeting(s).

To book your travel for the March Board Meeting and PPW, please use the information that follows.

- Booking Your Travel Online - click on the following link: <https://adatvl.axo20.com/>
- Book your travel whenever possible Monday through Friday between the hours of 7 a.m. and 3 p.m. CT
- Log in to your account using the User ID and Password you created when setting up your profile
- Search for and select your flights (book “non-refundable” fares only)
- You have the option of searching by “Price” or “Schedule”
- Click on your preferred airline if you only want to view their fares
- When asked to “Name your trip”, you are required to enter the Meeting Name – March Board Meeting
- When you reach the Purchase Trip page, enter 103-2430 into the Approval Code box in the Reporting Information section
- When you reach the Payment Options section, be sure to choose the “Use a Stored Card” option to ensure your Academy paid travel is billed correctly

- If you need assistance, call the support team at 800/238-9049, press “1” when prompted

Please let me know if you have any questions.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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1614. Public Member Candidates

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Sent Date: Jan 22, 2014 15:59:49
Subject: Public Member Candidates
Attachment:

A public member position on the Board will be vacated by Joe Derochowski in May 2014. At its January meeting the Board identified six candidates for the position of public member from a list of nominees. Click [here](#) to review and rank the candidates in priority order. The top three candidates will be contacted by the president-elect in priority order, inviting them to serve. Please note, we have received one more candidate Karen Ignagni, President and CEO of America's Health Insurance Plans, to consider in your rankings. This addition provides you with seven candidates to rank.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

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1615. Eat Right Weekly - January 22, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 22, 2014 15:15:36
Subject: Eat Right Weekly - January 22, 2014
Attachment:

Eat Right Weekly
January 22, 2014

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On the Pulse of Public Policy

Video Challenge: Win an All-Expenses-Paid Trip to PPW

For the first time, the Academy is offering a chance to win an all-expenses-paid trip to the Public Policy Workshop. Two lucky winners will receive complimentary registration, two nights of lodging and up to \$500 for travel and meal expenses. Enter to win this exclusive package by participating in the PPW Video Challenge.

[Learn More >>](#)

Academy Presents at Dietary Guidelines Advisory Committee Meeting

The Academy presented oral comments at the most recent meeting of the Dietary Guidelines Advisory Committee. To provide guidance for the 2015 *Dietary Guidelines for Americans*, the Academy encouraged the committee to acknowledge research gaps; include the environmental and technology influence on food, diet and health; incorporate consumer research into the Committee's scientific review to ensure the guidelines successfully engage the public; understand the barriers to healthy eating; and recognize changing demographics. The Academy has also submitted written comments.

[Learn More >>](#)

Spending Bill Includes Investments in Nutrition, Chronic Disease Prevention

Congress has passed a Fiscal Year 2014 appropriations bill that will finance the government through September and will reverse some of last year's sequestration cuts. The bill includes investments in nutrition and chronic disease prevention that will have positive implications for our members.

[Learn More >>](#)

Academy Names Food and Nutrition Labeling Workgroup

The Academy's Legislative and Public Policy Committee has named member-experts to its Food and Nutrition Labeling Workgroup. This workgroup will guide the strategy for the Academy's advocacy and public policy efforts in developing stances and principles on labeling issues.

[Learn More >>](#)

HIMSS 2014: Health IT Conference for Innovative Professionals

The Academy is a proud sponsor of the Healthcare Information and Management Systems Society's conference, scheduled for February 23 to 27 in Orlando, Fla. More than 35,000 practitioners and industry professionals will discuss health IT and innovative solutions designed to transform healthcare. Attend this annual event to find the right solutions for clinical and business intelligence, health IT and rural care, innovation, interoperability, mobile health, nutrition informatics and more.

[Learn More >>](#)

Virginia Affiliate Welcomes Legislature Using Technology

The Virginia Academy of Nutrition and Dietetics welcomed the 2014 Virginia Assembly with a video that introduced legislators to the field of dietetics.

[Learn More >>](#)

Academy Applauds HWCF: 6.4 Trillion Reduction in Marketplace Calories

The Healthy Weight Commitment Foundation announced it has removed 6.4 trillion calories from the marketplace, surpassing its original pledge to reduce 1.5 trillion calories by 2015. Because of this effort, 78 calories per person per day in the United States are no longer available.

[Learn More >>](#)

Nutrition Counseling for Mental Health Conditions Settlement

After an investigation uncovered the wrongful denial of hundreds of claims for nutritional counseling for mental health conditions, New York's Attorney General's Office announced it has

reached a settlement with Cigna Corporation that requires Cigna to reprocess and pay hundreds of claims for nutritional counseling for mental health conditions such as eating disorders to members who were wrongfully denied those benefits.

[Learn More >>](#)

CPE Corner

January 30 Webinar: Help for Those in Prediabetic State

The epidemic of diabetes has shifted the spotlight to prediabetes and earlier intervention. The Diabetes Prevention Program stresses lifestyle interventions, but there are other specific diet components that affect metabolic and anthropometric risk factors of the prediabetic state. The Academy's Evidence Analysis Workgroup for the Prevention of Diabetes has established nutrition recommendations for the management of the prediabetic state.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all

Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

National Nutrition Month to be Featured in the Largest Circulation Monthly Magazine

Each year, the Academy promotes National Nutrition Month far and wide. For 2014, NNM will be featured in the largest-circulation monthly magazine anywhere, *The Costco Connection*, reaching 8.5 million Costco members by mail each month.

[Learn More >>](#)

Promoting the Dietetics Profession Everywhere and in Times Square

In celebration of Registered Dietitian Nutritionist Day on Wednesday, March 12, and in appreciation for all RDNs do to improve the nutritional health of Americans and people around the world, the Academy is hosting a special contest to feature a member in Times Square in New York City.

[Learn More >>](#)

Dietary Fatty Acids Position Paper Published

An updated Academy position paper on "Dietary Fatty Acids for Healthy Adults" was published in the January *Journal of the Academy of Nutrition and Dietetics*. In the position paper, the Academy recommends a food-based approach through a diet that includes regular consumption of fatty fish, nuts and seeds, lean meats and poultry, low-fat dairy products, vegetables, fruits, whole grains and legumes. These recommendations are made within the context of rapidly evolving science delineating the influence of dietary fat and specific fatty acids on human health.

[Learn More >>](#)

Council on Future Practice Names Top Innovators

The Council on Future Practice announced its Top Innovators in Dietetics Practice and Education, following the session on innovation at the Academy's 2013 Food & Nutrition Conference & Expo. Learn more about these innovative programs by listening to two short webinars given by the 2013 Top Innovators.

[Learn More >>](#)

Seeking Innovations in Practice and Education

The Council on Future Practice seeks abstracts for the sixth "Innovations in Practice and Education" session, to be held at the 2014 Food & Nutrition Conference & Expo in Atlanta, Ga.

[Learn More >>](#)

Member Input Needed: Changing Health Care Delivery and Payment Models

Registered dietitian nutritionists and dietetic technicians, registered are invited to participate in the Academy's 2014 Patient-Centered Medical Home & Accountable Care Organization Survey. Play a role in shaping the Academy's activities related to advancing RDN and DTR involvement in these models of care. All who complete the survey by February 2 will be entered into a drawing for a free one-year Academy membership.

[Learn More >>](#)

Make Nominations for Outstanding Preceptor Award

The Academy Foundation, the Accreditation Council for Education in Nutrition and Dietetics and the Nutrition and Dietetic Educators and Preceptors dietetic practice group are again jointly sponsoring awards to preceptors who are exemplary educators and mentors.

[Learn More >>](#)

New Resources from Evidence Analysis Library

The Unintended Weight Loss in Older Adults toolkit was released in 2013 and flew off the shelves at the Food & Nutrition Conference & Expo. The toolkit, available on the Academy's Evidence Analysis Library, assists registered dietitian nutritionists in implementing the Academy's "Unintended Weight Loss in Older Adults" evidence-based nutrition practice guidelines and the Nutrition Care Process. It includes guidelines, evidence-based recommendations, and clinical algorithms related to medical nutrition therapy for male and female adults aged 65 or older with unintended weight loss.

[Learn More >>](#)

February 1 Deadline: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

Academy Member Updates

Online Meet the Candidates Forum

Meet the Academy's 2014 president-elect candidates during a February 5 webinar, from noon to 1 p.m. Central Time.

[Learn More >>](#)

Opportunities to Serve Survey

If you are interested in volunteering for an Academy committee, please take the Opportunities to Serve Survey by February 13.

[Learn More >>](#)

New: Academy/IFT Trailblazer Award and Lectureship

The Academy and the Institute of Food Technologists have announced the new Trailblazer Award. Jointly bestowed by the Academy and IFT, the award will recognize exceptional leaders who have advanced science at the intersection of nutrition, dietetics and food science for at least five years. The inaugural Trailblazer Award will be presented in June at IFT's Annual Meeting & Food Expo. Nominations may be made beginning February 3.

[Learn More >>](#)

Apply For Academic Mid-Career Nutrition Leadership Institute

Applications will be accepted through February 14 for the Dannon Institute Academic Mid-Career Nutrition Leadership Institute, June 15 to 19.

[Learn More >>](#)

Philanthropy, Awards and Grants

Estate Gift Benefits the Foundation

The Foundation has received a bequest of more than \$500,000 from the estate of Martha Snavelly, who died in June 2013 at age 96. Ms. Snavelly was a member of the Academy, first joining in 1939, and a past donor to the Foundation. As designated in her estate, a named fund will be established to support public education activities of the Foundation and will help advance the Foundation's work through programs like Kids Eat Right.

[Learn More >>](#)

Apply for Foundation Awards, Scholarships

The Academy Foundation offers awards and scholarships to Academy members and dietetics students in recognition of their professional accomplishments and enables registered dietitian nutritionists to enhance their education and skills.

[Learn More >>](#)

February 1 Deadline: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue.

[Learn More >>](#)

February 1 Deadline: CDR Leadership Grant

The purpose of the CDR Leadership Grant is to provide financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training. Programs should prepare individuals to move into leadership positions within their organization. The application deadline is February 1.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation and ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

New: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

Last Chance to Apply: Kids Eat Right Mini-Grants

The deadline is January 24 to apply for a Kids Eat Right mini-grant. Twenty-five grants of \$200 are available to KER members. Recipients of the mini-grants agree to give two presentations between February 3 and March 28, from any of the seven Kids Eat Right toolkits.

[Learn More >>](#)

\$1 Million in General Mills Champions for Healthy Kids Partnership Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in Champions for Healthy Kids grants to nonprofit organizations across the U.S. promoting healthy eating and active lifestyles targeted to kids and families. This year, the General Mills Foundation has doubled its commitment to this program to \$1 million, awarding 50 grants of \$20,000. Applications will be available in February.

Parents Participate in Iowa Schools Wellness Workshops

Over the past two years, the Foundation and Iowa Department of Education have collaborated on the "Meet the Challenge!" project through educational funding from USDA Team Nutrition. This year, RD Coaches are leading 20 parent workshops throughout the state to increase parents' understanding of the nutritional value of school meals and to empower parents to be champions of school wellness.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1616. RE: CEO Compensation Committee 1.24.2014 Meeting

From: Paul Mifsud <PMifsud@eatright.org>
To: Glenna McCollum <glenna@glennamccollum.com>, sonjaconnormsrd@gmail.com <sonjaconnormsrd@gmail.com>, connors@ohsu.edu <connors@ohsu.edu>, 'Ethan Bergman' <bergmane@cwu.EDU>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'Kathy McClusky' <KMcClusky@iammorrison.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Carolyn Patterson <CPatterson@eatright.org>
Sent Date: Jan 22, 2014 12:56:22
Subject: RE: CEO Compensation Committee 1.24.2014 Meeting
Attachment:

All,

Unfortunately, due to the death of a dear friend's mother, I will not be able to work on Friday. As it stands now, I will be on the road to Detroit on Friday morning. I can be reached by cell phone (it is a 5 hour ride back to Detroit), if you need me. I can be reached at 630-750-8311.

I am sorry that I won't be in the office. However, it is important that I be in Detroit.

Paul

From: Glenna McCollum [mailto:glenna@glennamccollum.com]
Sent: Tuesday, January 21, 2014 3:27 PM
To: sonjaconnormsrd@gmail.com; connors@ohsu.edu; 'Ethan Bergman'; DMartin@Burke.k12.ga.us; peark02@outlook.com; 'Kathy McClusky'
Cc: Patricia Babjak; Carolyn Patterson; Paul Mifsud; 'Glenna McCollum'
Subject: CEO Compensation Committee 1.24.2014 Meeting

Dear CEO Compensation Committee:

I look forward to the first meeting of our CEO Compensation Committee scheduled for Friday, January 24, 2014 in Chicago. Attached is a **DRAFT** agenda and I welcome your comments and

suggestions. Hotel and meeting room details are still being finalized but at this time Sonja Connor, Donna Martin, Kathy McClusky, and I will be in Chicago; Ethan will be joining via conference call. Mary Russell will not be at the meeting, however the two of us are meeting in Chicago on Monday (January 27th) to update her on the progress of our committee.

According to the CEO Compensation Roles and Responsibilities (5/2013) we are on schedule but have much to do in preparation for our March and May Board of Directors meetings. To assist us with our efforts, I've asked designated staff (Chief Financial Officer, Paul Mifsud and Director of Human Resources, Carolyn Patterson) to be available on Friday to assist with any questions or needed documentation. We may also have questions for our CEO, Pat Babjak, and I'm glad to inquire as to her availability as well. In addition, Dr. Sandra Gill has been invited (pending) to join us for a portion of the call as we begin our discussions regarding the use of a consulting firm.

I plan to send the final agenda Thursday (January 23rd) before I depart for Chicago. I look forward to your feedback.

Glenna

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

Wisdom is knowing when enough is sufficient - P Goedert, Esq.

Take time to enjoy a *Granada afternoon!*

1617. Academy Communication to ACEND

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Sent Date: Jan 22, 2014 12:53:27
Subject: Academy Communication to ACEND
Attachment: [image001.jpg](#)
[Academy Communication to ACEND.pdf](#)
[Attachment B.pdf](#)
[Attachment C.pdf](#)
[Attachment D.pdf](#)
[Attachment A.pdf](#)

Attached is the letter which has been sent to the full ACEND Board of Directors. Minor revisions have been made to the letter you received during Executive Session reflecting Paula Goedert's input.

Please note the addition from Glenna's July 2013 Letter to Leaders on page five, second to the last paragraph, which beautifully sums up our desire for collaborative leadership.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1618. RE: CEO Compensation Committee

From: Dee Crye <dcrye@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 22, 2014 09:25:36
Subject: RE: CEO Compensation Committee
Attachment: [image002.png](#)
[image003.jpg](#)

Hi Glenna and Donna,

Below are your hotel confirmation numbers.

Glenna McCollum – Arriving January 23 and departing January 25 (**#CIY1AKR**)

Donna Martin – Arriving January 24 and departing January 25 (**#CIY1AQ1**)

Please give me a call if you have any questions.

Dee

Deirdra Crye

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312-899-4750

From: Glenna McCollum [mailto:glenna@glennamccollum.com]
Sent: Tuesday, January 21, 2014 5:24 PM
To: Dee Crye
Cc: Patricia Babjak; Joan Schwaba
Subject: RE: CEO Compensation Committee

Dee:

Thank you for your assistance. I look forward to seeing you in Chicago this FridayJ

Glenna

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

Wisdom is knowing when enough is sufficient - P Goedert, Esq.

Take time to enjoy a *Granada afternoon!*

From: Dee Crye [mailto:dcrye@eatright.org]
Sent: Tuesday, January 21, 2014 3:55 PM
To: 'Glenna McCollum'
Cc: Patricia Babjak; Joan Schwaba
Subject: RE: CEO Compensation Committee

Hi Glenna,

I've made all requested arrangements. I reserved rooms for Donna and you at the Burnham, with the requested arrival/departure times. I will forward email confirmations. The Presidents' Conference room is reserved from 9am – 4pm. Lunch is scheduled to be delivered between 11:30am – 12pm. I will also have beverages in the meeting room.

Below is the teleconference information. Please let me know if you require additional assistance.

Dial- In Number- 866/477-4564

Participant Code-75 48 12 89 82

Host Code - 2422

Dee

Deirdra Crye

Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312-899-4750

From: Glenna McCollum [mailto:glenna@glennamccollum.com]

Sent: Tuesday, January 21, 2014 3:51 PM

To: Joan Schwaba; Dee Crye

Cc: Patricia Babjak

Subject: FW: CEO Compensation Committee

Hello Joan (and Dee):

I am needing your assistance with final arrangements for our CEO Compensation Committee meeting this Friday (January 24th). See notes below

We plan to begin with a working lunch (Donna Martin, Kathy McClusky, Sonja Connor -unless she is eating with CPD, and me). Kathy McClusky and I will arrive at headquarters around 9:30am. Let me know how I can help, the room location where we can meet and hotel confirmations for Donna Martin and me.

Thank you

Glenna

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

Wisdom is knowing when enough is sufficient - P Goedert, Esq.

Take time to enjoy a *Granada afternoon!*

From: Glenna McCollum [mailto:glenna@glennamccollum.com]

Sent: Monday, January 20, 2014 5:58 AM

To: 'Patricia Babjak'; 'Joan Schwaba'

Cc: 'Glenna McCollum'; 'Ethan Bergman'; 'sonjaconnormsrd@gmail.com'; 'Sonja Connor'; 'Donna Martin'; 'Mary Russell'

Subject: CEO Compensation Committee

Hello Pat:

It was great meeting with you last week and as a follow-up to our discussion, I wanted to let you know the members of the CEO Compensation Committee (CCC) will be meeting this Friday, January 24th, to begin the process. I've included Joan in the email as we will need hotel arrangements (prefer the Burnham). In addition, we will need a meeting room at headquarters with conference call access, 12:00noon – 5:00pm (prefer the President's conference room).

Sonja: Will already be in Chicago for another meeting (Departs January 24th at 8pm)

Glenna: Already had flight arrangements (from another canceled meeting) arriving Thursday, January 23 - departing Saturday, January 25. **Needs Hotel for 2 nights**

Donna: Will contact Joan with her arrival/departure information **I do not have her flight arrangements; Will need 1 or 2 nights at Hotel**

Mary: Traveling, but will be joining by conference call (as schedule permits) No hotel needed

Ethan: Will be joining by conference call No hotel needed, however need to confirm conference call line.

ADD: Kathy McClusky will be flying in / out on Friday (arrives at O'Hare at 8:35am and departs O'Hare at 6:10pm)

In preparation for the meeting, information has been requested from both Carolyn Patterson and Paul Mifsud. We would appreciate if they would be available as additional information may be requested. Also, I know you have suggested updates for the CEO job description and we welcome that inputJ.

Let me know if you have questions or if I can assist in any way.

Glenna

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

Wisdom is knowing when enough is sufficient - P Goedert, Esq.

Take time to enjoy a *Granada afternoon!*

1619. PPW Video Challenge: Win an all expenses paid trip to PPW!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: DMartin@burke.k12.ga.us
Sent Date: Jan 21, 2014 16:26:22
Subject: PPW Video Challenge: Win an all expenses paid trip to PPW!
Attachment:

PPW Video Challenge: Win an all expenses paid trip to PPW!

Having trouble viewing this e-mail? View it in your browser.

PPW Video Challenge: Win an all expenses paid trip to PPW!

For the first time ever, the Academy is offering a chance to win an all expenses paid* trip to the Public Policy Workshop, March 30 April 1, 2014 in Washington, D.C.! Enter to win this exclusive package by participating in the PPW Video Challenge.

Simply create a short video that answers one of the following questions:

•**Why is nutrition policy important?**

•**Why is supporting ANDPAC important to the dietetics profession?****

There will be one grand prize winner per question. Submissions are due by 11:59 p.m. (Eastern Time) February 10, 2014. The runner up for each question will receive complimentary PPW registration.

This is your chance to visit Washington, D.C., gain top leadership and communications training and meet with your members of Congress. **Enter to win today!**

** The winner will receive complimentary registration to PPW, two nights of lodging and up to \$500 for travel and meal expenses.*

*** To be eligible to answer this question, the participant must be a 2013 or 2014 ANDPAC donor.*

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1620. Compensation Committee Meeting

From: Dee Crye <dcrye@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 20, 2014 12:44:09
Subject: Compensation Committee Meeting
Attachment: [image001.png](#)

Hi Donna,

Can you please send me your travel schedule so I can make your hotel arrangements for the January 24th meeting.

Thanks.

Dee

Deirdra Crye

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312-899-4750

1621. Daily News: Monday, January 20, 2014

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 20, 2014 11:13:32
Subject: Daily News: Monday, January 20, 2014
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Cash for Kidneys: The Case for a Market for Organs

<http://online.wsj.com/news/articles/SB10001424052702304149404579322560004817176?mg=reno64->

[wsj&url=http%3A%2F%2Fonline.wsj.com%2Farticle%2FSB10001424052702304149404579322560004817176.html](http://online.wsj.com/article/SB10001424052702304149404579322560004817176.html)

Related Resource: *A Clinical Guide to Nutrition Care in Kidney Disease, Second Edition*

<https://www.eatright.org/shop/product.aspx?id=6442475614>

Heart disease didn't stop her from losing 125 pounds

http://www.cnn.com/2014/01/20/health/weight-loss-kern-irpt/index.html?hpt=he_c1

'He's going to be better than he was before'

http://www.cnn.com/2014/01/18/health/fish-oil-recovery/index.html?hpt=he_c2

Related Resource: Dietary Fatty Acids for Healthy Adults

<http://www.eatright.org/About/Content.aspx?id=8353>

Ahhh. Sunlight may lower your blood pressure

<http://www.nbcnews.com/health/ahhh-sunlight-may-lower-your-blood-pressure-2D11947404>

Reduce the pain from arthritis with these techniques

<http://www.usatoday.com/story/news/nation/2014/01/19/arthritis-reduce-pain/4379293/>

Google tests prototype of diabetes-tracking 'smart' contact lens

<http://www.chicagotribune.com/health/sns-rt-us-google-diabetes-20140116,0,4911826.story>

New Device Shoots Lasers at Your Food to Reveal Calories

<http://abcnews.go.com/Health/device-shoots-lasers-food-reveal-calories/story?id=21571221>

Sprouted rice protein is giving whey a run for its money in booming protein market

<http://www.foodnavigator-usa.com/Suppliers2/AIDP-Sprouted-rice-protein-is-giving-whey-a-run-for-its-money-in-booming-protein-market>

Savory yogurt gamble pays off for Blue Hill We didnt want to bring out another Greek or fruit yogurt we wanted to be different-vegetable yogurts

<http://www.foodnavigator-usa.com/People/Savory-yogurt-gamble-pays-off-for-Blue-Hill-We-didn-t-want-to-bring-out-another-Greek-or-fruit-yogurt-we-wanted-to-be-different>

Some Velveeta Cheesy Skillet single dinners being recalled

<http://www.chicagotribune.com/business/breaking/chi-kraft-velveeta-recall-20140120,0,6759530.story>

Source: FDA Recalls

<http://www.fda.gov/safety/recalls/>

MedlinePlus: Latest Health News

-Surgeon General report says 5.6 million U.S. children will die prematurely unless current smoking rates drop

-Unhealthy Discounts? Coupon clipping

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Vitamin supplements make sense for some, experts say

(Heather Mangieri, Academy Spokesperson Mariam Pappo, RD quoted)

<http://www.usatoday.com/story/news/nation/2014/01/18/vitamin-supplement-recommendations/4310573/>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=1789253>

Experts beginning to see changes in eating patterns of Americans

(By Timi Gustafson, RD and Joy Dubost, Academy Spokesperson)

<http://www.auburn-reporter.com/lifestyle/241083961.html>

Truck Driver Takes Most Obese Profession

(Lona Sandon, RD quoted)

<http://www.scienceworldreport.com/articles/12258/20140119/truck-driver-takes-most-obese-profession.htm>

Expert advice on satisfying the snack attach

(Carrie Mark, RD; Cara Harbstreet, student member; Cary Skelton, RD and Erin Laurie, RD all quoted)

<http://www.kansascity.com/2014/01/17/4759466/expert-advice-on-satisfying-the.html>

Running: Proper diet important for runners

(Nancy Clark, RD quoted)

http://articles.philly.com/2014-01-19/sports/46349757_1_athletes-right-food-real-food

For a Kinder, Gentler Approach to Weight Loss

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/240343271.html>

2014: Year of Eating Like a Cave Man?

(Susan McCoy, RD quoted)

<http://www.wdio.com/article/stories/S3287722.shtml>

In one county, jail inmates grown own food

(Dietitian cited)

<http://www.sfgate.com/news/science/article/In-one-county-jail-inmates-grown-own-food-5158393.php>

Trying to build muscle? Dont cut the carbs

(By *Leslie Beck, dietitian/Canada*)

<http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/trying-to-build-muscle-dont-cut-the-carbs/article16392951/>

Milkshakes on the menu in drive to tackle hospital malnutrition

(Rachael Masters, dietitian /UK quoted)

http://www.thenorthernecho.co.uk/news/10943240.Milkshakes_on_the_menu_in_drive_to_tackle_hospital_malnutrition/

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=25709

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-25709-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1622. IMPORTANT update on the Member Installment program

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Barbara Visocan <BVISOCAN@eatright.org>
Sent Date: Jan 17, 2014 17:12:24
Subject: IMPORTANT update on the Member Installment program
Attachment:

All,

As many of you may be aware, we have an installment billing program that allows our members to pay their dues over a 4 month period. I have met with the Accounting and Membership teams to discuss the value of this program. Currently, we have 533 members enrolled in this program. Unfortunately, 162 (30%) are behind or have refused to make their full payment allotment. We will attempt to get these people to pay the remaining amount of their dues bill. However, if the past is any indication of our success, many will not continue payments. In our discussions, we felt that many of the individuals who do not pay, may do so after getting the discounts they wanted from the products and services we sell. Once they have what they want, they decide the membership isn't necessary anymore and stop the final payments.

The program was implement about 10 years ago and has steadily declined. At our peak, we had over 1,900 members take advantage of this offering. Over the last 3 years, it has declined from 1,600 in FY12, to 1,300 in FY13 and 533 in FY14. Now that we are down to about 1% of our active membership and about 0.7% of all membership, it has become clear that this program has just about run its course.

Given the current number of people who have not completed the program, the amount of time and effort of both the Membership and Accounting teams to collect and, when necessary, terminate the membership of those unwilling to pay, we have decided to discontinue this program with the 2015 Fiscal Year. This will also clear up confusion with the DPGS and Affiliates since this program has impacted them as well.

I would generally bring this to the Finance and Audit Committee to discuss directly. However, in my discussions with Barbara Visocan, Vice President – Member Services, we became concerned about waiting another 10 days for your input. The dues bill is currently in the final stages of development and eliminating this program will require a change to the bill. The good news is, eliminating this program from the dues bill will provide us the additional space we need this year.

Barbara and I have instructed the Membership team to move forward with eliminating this program. If you have any concerns about doing so, I will need your feedback by Monday afternoon. I am sorry for the short turn-around. Again, it is a “timing issue” J. We are always concerned with our members ability to pay their dues bill. However, given the decline of the program, the lack of payments and the costs to manage the programs this is no longer beneficial to the Academy membership overall.

Again, if you have any concerns, let me know by the end of day Monday.

Have a great weekend.

Paul

1623. Nominating Committee Evaluation Workgroup Call

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Jan 17, 2014 12:57:48
Subject: Nominating Committee Evaluation Workgroup Call
Attachment: [image003.jpg](#)

Thank you for agreeing to participate on the Nominating Committee Evaluation workgroup. I have created a Doodle poll to select a date for the first call. To participate in the poll, please click on the link below and indicate your availability (times are listed as Central Time). I will confirm once a date is determined.

<http://doodle.com/ft7dfm25sp7ynxuh>

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

1624. Registration is now open for the Spring/Summer 2014 certificate of training programs

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Jan 17, 2014 12:50:04
Subject: Registration is now open for the Spring/Summer 2014 certificate of training programs

Attachment:

Registration is now open for the Spring/Summer 2014 certificate of training programs
Having trouble viewing this e-mail? View it in your browser.

Registration is now open for the Spring/Summer 2014 certificate of training programs.

Certificate of Training in Adult Weight Management Program

April 10-12, 2014 ~ Hartford, Connecticut

June 26-28, 2014 ~ Columbus, Ohio

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-adult-program>

Certificate of Training in Childhood and Adolescent Weight Management Program

May 28-30, 2014 ~ Buffalo, New York

September 4-6, 2014 ~ Newport Beach, California

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-childhood-adolescent-program>

Level 2 Certificate of Training in Adult Weight Management Program

March 13-15, 2014 ~ Annapolis, MD

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management/level2>

What previous participants have to say about the programs:

High quality. Led by masters. High level learning.

L. Metzger, MS, RD

Clinical Dietitian

Morris Plains, NJ

I highly recommend this program to those who face challenges in their workplace with weight management clients. This program is essential and pragmatic for those RDs interested in making a vital improvement in their patients lives!

Agnes C Galvez, MS, RD

Consultant

North Las Vegas, NV

This course has multiple opportunities to make immediate changes in my practice area (education), and also a great foundation for more significant changes in the future. Research opportunities are endless!

M. Rew, MS, RDN, LD

Associate Clinical Professor

Denton, Texas

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.

Adult Weight Management Self-Study Module - *Newly revised as of November 1, 2013.*

For information: <http://cdrnet.org/weight-management/adult-module>

Childhood and Adolescent Weight Management Self-Study Module

For information: <http://cdrnet.org/weight-management/childhood-module>

Share this mailing with your social network:

You are currently subscribed to receive Weight Management related emails from the Commission on Dietetic Registration.

If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1625. Daily New & Journal Review: Friday, January 17, 2014

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 17, 2014 11:53:35
Subject: Daily New & Journal Review: Friday, January 17, 2014
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

The 2015 dietary guidelines- the RDs wish list

(A number of registered dietitians quoted)

<http://www.foodnavigator-usa.com/Regulation/The-2015-dietary-guidelines-the-RD-s-wish-list>

Source: *Dietary Guidelines for Americans, 2015*

<http://www.health.gov/dietaryguidelines/2015.asp>

Americans' Eating Habits Take a Healthier Turn, Study Finds Working-Age Adults Consume Fewer Calories, Eat Out Less

<http://online.wsj.com/news/articles/SB10001424052702304149404579323092916490748>

Source: USDA

<http://www.ers.usda.gov/publications/err-economic-research-report/err161.aspx>

Researchers debunk theory behind 'blood type diet

<http://www.sciencedaily.com/releases/2014/01/140115172246.htm>

Source: *PLoS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0084749>

Smoking causes diabetes, colon cancer, new report says

A surgeon general's report expands the death toll and list of diseases caused by smoking.

<http://www.usatoday.com/story/news/nation/2014/01/17/surgeon-general-report-smoking/4476323/>

Source: Surgeon General Report

<http://www.surgeongeneral.gov/library/reports/50-years-of-progress/index.html>

Diet soda probably not going help lose weight

<http://www.nbcnews.com/health/diet-soda-probably-not-going-help-you-lose-weight-2D11940230>

Source: *American Journal of Public Health*

<http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2013.301556>

Related Resource: American Beverage Association

<http://www.ameribev.org/news-media/news-releases-statements/more/323/>

No, wheat does not make people fat and sick: Scientists

<http://www.foodnavigator-usa.com/R-D/No-wheat-does-not-make-people-fat-and-sick-Scientists>

Source: *Journal of Cereal Science*

<http://www.sciencedirect.com/science/article/pii/S0733521013000969#bbib15>

Student's ordeal raises sickle cell awareness

<http://www.usatoday.com/story/news/nation/2014/01/16/students-ordeal-raises-sickle-cell-awareness/4551007/>

USDA/Economic Research Service

Internationally, at-home food spending varies more than calorie availability

[http://www.ers.usda.gov/data-products/chart-](http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=42009&ref=collection&embed=True&widgetId=37373)

[gallery/detail.aspx?chartId=42009&ref=collection&embed=True&widgetId=37373](http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=42009&ref=collection&embed=True&widgetId=37373)

U.S. restaurant sales forecast to grow 3.6 percent in 2014

<http://in.reuters.com/article/2014/01/16/us-restaurants-forecast-idINL2N0KP22I20140116>

The Best Airport Food in the U.S. and Beyond

<http://online.wsj.com/news/articles/SB10001424052702303465004579322690270418718>

Hershey rolls out Nutella competitor as Americans spread more chocolate on food

<http://www.startribune.com/lifestyle/taste/240309771.html>

MedlinePlus: Latest Health News

-Gluten-Free Diet May Help Protect Bones in People With Celiac Disease

-Media Focus on Obesity May Backfire for Some Women

-Obesity May Shorten Lives By Almost 4 Years: Study

-Truck Drivers Top List of Overweight Workers

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

5 reasons new diets fail (and how to avoid them)

(By Cynthia Sass, RD)

http://www.cnn.com/2014/01/17/health/why-new-diets-fail/index.html?hpt=he_c1

New Waseca dietitian only start of growing nutrition trend

(Holly S Sandhurst RD & Lisa Danielson, RD quoted)

http://www.southernminn.com/waseca_county_news/news/article_43199299-ab68-5edb-81a1-63dbcc5fc842.html

A new analysis shows that working-age adults in the USA cut out 78 calories a day

(Dawn Jackson Blatner, RD quoted)

<http://www.usatoday.com/story/news/nation/2014/01/16/americans-cutting-calories/4495401/>

Truck Drivers Top List of Overweight Workers

(Lona Sandon, RD quoted)

http://www.philly.com/philly/health/topics/HealthDay683816_20140116_Truck_Drivers_Top_List_of_Overweight_Workers.html#OQP77f3VYrIs0yBO.99

Ask a Dietitian: Is eating like a caveman good for your health?

(By Lora Holtrop-Kohl, RD)

<http://www.ksl.com/?nid=1276&sid=28366349#8SqHe0CvpiMD3USg.99>

7 Foods to Buy When You're Broke

If you're confined to a strict food budget, you should consider green vegetables, brown rice or beans

(Rachel Begun, RD, Julieanna Hever, RD & Sharon Palmer, RD quoted)

<http://money.usnews.com/money/personal-finance/articles/2014/01/16/7-foods-to-buy-when-youre-broke>

Muscle-building supplements

(By Nancy Dell, RD)

<http://www.wwlp.com/health/dietitian/nancy-dell-muscle-building-supplements>

Niagara grocery store serves up healthy advice

(Emily Foster & Rachel Morgan Dietitians/Canada quoted)

<http://www.stcatharinesstandard.ca/2014/01/16/niagara-grocery-store-serves-up-healthy-advice>

Journal Review

American Journal of Lifestyle Medicine, January/February 2014

<http://ajl.sagepub.com/content/8/1.toc?etoc>

Applying Psychological Theories to Promote Healthy Lifestyles

<http://ajl.sagepub.com/content/8/1/4.abstract>

Social Theory Applied to Body Image and Chronic Illness in Youth

<http://ajl.sagepub.com/content/8/1/15.abstract>

Consistent Components of Behavior Change Theories

<http://ajl.sagepub.com/content/8/1/25.abstract>

Developing Lifestyle Medicine Tools From Psychological Theories

<http://ajl.sagepub.com/content/8/1/28.abstract>

Oh, Nuts! Enjoy the Tasty Nutrition and Health Benefits of Nuts

<http://ajl.sagepub.com/content/8/1/31.extract>

Annals of Internal Medicine, January 13-14, 2014, Online First

<http://annals.org/onlineFirst.aspx>

Screening for Gestational Diabetes Mellitus: U.S. Preventive Services Task Force

Recommendation Statement

<http://annals.org/article.aspx?articleid=1813285>

Evidence Supporting a Systolic Blood Pressure Goal of Less Than 150 mm Hg in Patients Aged 60 Years or Older: The Minority View

<http://annals.org/article.aspx?articleid=1813288>

CDC- Preventing Chronic Disease, December 2013

http://www.cdc.gov/pcd/issues/2013/2013_toc.htm

Effects of Messages Emphasizing Environmental Determinants of Obesity on Intentions to Engage in Diet and Exercise Behaviors

http://www.cdc.gov/pcd/issues/2013/13_0163.htm

Seeking Best Practices: A Conceptual Framework for Planning and Improving Evidence-Based Practices

http://www.cdc.gov/pcd/issues/2013/13_0186.htm

A Tool for Rating Chronic Disease Prevention and Public Health Interventions

http://www.cdc.gov/pcd/issues/2013/13_0173.htm

Food Security and Cardiovascular Disease Risk Among Adults in the United States: Findings From the National Health and Nutrition Examination Survey, 2003-2008

http://www.cdc.gov/pcd/issues/2013/13_0244.htm

CDC- Preventing Chronic Disease, January 2014

http://www.cdc.gov/pcd/current_issue.htm

Online Grocery Store Coupons and Unhealthy Foods, United States

http://www.cdc.gov/pcd/issues/2014/13_0211.htm

Menu-Labeling Usage and Its Association with Diet and Exercise: 2011 BRFSS Sugar-Sweetened Beverage and Menu Labeling Module

http://www.cdc.gov/pcd/issues/2014/13_0231.htm

Food Chemistry, January 6-12, 2014, Online First

<http://www.sciencedirect.com/science/journal/aip/03088146>

Combined effects of gamma-irradiation and modified atmosphere packaging on quality of some spices

<http://www.sciencedirect.com/science/article/pii/S0308814614000089>

Colour and antioxidant capacity stability in grape, strawberry and plum peel model juices at different pHs and temperatures

<http://www.sciencedirect.com/science/article/pii/S0308814614000132>

Effects of olive oil and olive oil-pomegranate juice sauces on chemical, oxidative and sensorial quality of marinated anchovy

<http://www.sciencedirect.com/science/article/pii/S0308814613019845>

A comprehensive study on the phenolic profile of widely used culinary herbs and spices: rosemary, thyme, oregano, cinnamon, cumin and bay

<http://www.sciencedirect.com/science/article/pii/S0308814614000041>

Food Control, January 11-14, 2014, Online First

<http://www.sciencedirect.com/science/journal/aip/09567135>

Perceptions, behaviours and kitchen hygiene of people who have and have not suffered campylobacteriosis: A case control study

<http://www.sciencedirect.com/science/article/pii/S0956713514000061>

Rapid analysis of glucose, fructose and sucrose contents of commercial soft drinks using Raman spectroscopy

<http://www.sciencedirect.com/science/article/pii/S095671351400005X>

Food Quality & Preference, January 7-13, 2014 Online First

<http://www.sciencedirect.com/science/journal/aip/09503293>

Country of origin or EU/non-EU labelling of beef? Comparing structural reliability and validity of discrete choice experiments for measurement of consumer preferences for origin and extrinsic quality cues

<http://www.sciencedirect.com/science/article/pii/S0950329313002437>

Food Research International, January 2014

<http://www.sciencedirect.com/science/journal/09639969/55>

Observations on the use of statistical methods in Food Science and Technology

<http://www.sciencedirect.com/science/article/pii/S0963996913005723>

Risk profiling of wash waters in vegetable processing industry towards possible allergen carry-over

<http://www.sciencedirect.com/science/article/pii/S0963996913005930>

Consumers' hedonic expectations and perception of the healthiness of biscuits made with olive oil or sunflower oil

<http://www.sciencedirect.com/science/article/pii/S0963996913006108>

Effect of lipid physical characteristics on the quality of baked products

<http://www.sciencedirect.com/science/article/pii/S0963996913006091>

Evidence for the formation of maillardized insoluble dietary fiber in bread: A specific kind of dietary fiber in thermally processed food

<http://www.sciencedirect.com/science/article/pii/S0963996913006406>

Uptake and assimilability of nickel in the course of systemic allergy: Implications for elimination diet

<http://www.sciencedirect.com/science/article/pii/S0963996913006534>

Health Affairs, January 2014

<http://content.healthaffairs.org/content/current>

Diabetes Associated With Early Labor-Force Exit: A Comparison Of Sixteen High-Income Countries

<http://content.healthaffairs.org/content/33/1/110.abstract>

Exhaustion Of Food Budgets At Months End And Hospital Admissions For Hypoglycemia

<http://content.healthaffairs.org/content/33/1/116.abstract>

International Journal of Obesity, January 2014

http://www.nature.com/ijo/journal/v38/n1/index.html?WT.ec_id=IJO-201401

Physical activity assessment tools for use in overweight and obese children

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013125a.html>

Impaired fasting glucose prevalence in two nationwide cohorts of obese children and adolescents

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013124a.html>

Vitamin D deficiency in childhood obesity is associated with high levels of circulating inflammatory mediators, and low insulin sensitivity

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo201375a.html>

US pediatric population-level associations of DXA-measured percentage of body fat with four BMI metrics with cutoffs

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013134a.html>

Birth weight and growth from infancy to late adolescence in relation to fat and lean mass in early old age: findings from the MRC National Survey of Health and Development

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013115a.html>

Weight gain, total fat gain and regional fat gain during pregnancy and the association with gestational diabetes: a population-based cohort study

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013185a.html>

Social class variation in the predictors of rapid growth in infancy and obesity at age 3 years

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo2013160a.html>

Social inequality in excessive gestational weight gain

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo201362a.html>

Trends in overweight among women differ by occupational class: results from 33 low- and middle-income countries in the period 19922009

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo201350a.html>

Perceived healthiness of foods can influence consumers estimations of energy density and appropriate portion size

<http://www.nature.com/ijo/journal/v38/n1/abs/ijo201369a.html>

International Journal of Sport Nutrition and Exercise Metabolism, December 2013

<http://journals.humankinetics.com/ijsnem-current-issue>

Fluid and Electrolyte Balance During 24-Hour Fluid and/or Energy Restriction

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/fluid-and-electrolyte-balance-during-24-hour-fluid-and-or-energy-restriction>

Is There a Specific Role for Sucrose in Sports and Exercise Performance?

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/is-there-a-specific-role-for-sucrose-in-sports-and-exercise-performance>

Effects of Pre-Exercise Sucralose Ingestion on Carbohydrate Oxidation During Exercise

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/effects-of-pre-exercise-sucralose-ingestion-on-carbohydrate-oxidation-during-exercise>

Beer as a Sports Drink? Manipulating Beer's Ingredients to Replace Lost Fluid

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/beer-as-a-sports-drink-manipulating-beers-ingredients-to-replace-lost-fluid>

Effect of Caffeine on Upper-Body Anaerobic Performance in Wrestlers in Simulated Competition Day Conditions

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/effect-of-caffeine-on-upper-body-anaerobic-performance-in-wrestlers-in-simulated-competition-day-conditions>

Laboratory Simulated Duathlon Performance: Effects of Pre-Exercise Meals

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/laboratory-simulated-duathlon-performance-effects-of-pre-exercise-meals>

Organ Size Increases With Weight Gain in Power-Trained Athletes

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/organ-size-increases-with-weight-gain-in-power-trained-athletes>

Perceptual Characteristics of Nutritional Supplements Determine the Expected Effectiveness in Boosting Strength, Endurance, and Concentration Performances

<http://journals.humankinetics.com/ijsnem-current-issue/ijsnem-volume-23-issue-6-december/perceptual-characteristics-of-nutritional-supplements-determine-the-expected-effectiveness-in-boosting-strength-endurance-and-concentration-performances>

JAMA, Journal of the American Medical Association, January 15, 2014

<http://jama.jamanetwork.com/issue.aspx>

Sigmoid Diverticulitis: A Systematic Review

<http://jama.jamanetwork.com/article.aspx?articleid=1814217>

FDA Pushes Makers of Antimicrobial Soap to Prove Safety and Effectiveness

<http://jama.jamanetwork.com/article.aspx?articleid=1814208>

JAMA, Internal Medicine, January 2014

<http://archinte.jamanetwork.com/issue.aspx>

Myocardial Infarction and Ischemic Heart Disease in Overweight and Obesity With and Without Metabolic Syndrome

<http://archinte.jamanetwork.com/article.aspx?articleid=1770522>

Obesity and Late-Age Survival Without Major Disease or Disability in Older Women

<http://archinte.jamanetwork.com/article.aspx?articleid=1770523>

The Institute of Medicine Report Sodium Intake in Populations: Assessment of Evidence : Summary of Primary Findings and Implications for Clinicians

<http://archinte.jamanetwork.com/article.aspx?articleid=1761916>

JAMA, Internal Medicine, January 13, 2014, Online First

<http://archinte.jamanetwork.com/onlineFirst.aspx>

Sociodemographic Differences in Fast Food Price Sensitivity

<http://archinte.jamanetwork.com/article.aspx?articleid=1809979>

Journal of Human Lactation, February 2014

<http://jhl.sagepub.com/content/30/1.toc>

Breastfeeding during Pregnancy: Position Paper of the Italian Society of Perinatal Medicine and the Task Force on Breastfeeding, Ministry of Health, Italy

<http://jhl.sagepub.com/content/30/1/20.abstract>

Using Benchmarking Techniques and the 2011 Maternity Practices Infant Nutrition and Care (mPINC) Survey to Improve Performance among Peer Groups across the United States

<http://jhl.sagepub.com/content/30/1/31.abstract>

Human Milk Oligosaccharide Composition Differs between Donor Milk and Mothers Own Milk in the NICU

<http://jhl.sagepub.com/content/30/1/54.abstract>

Associations of Hospital Staff Training and Policies with Early Breastfeeding Practices

<http://jhl.sagepub.com/content/30/1/88.abstract>

Journal of the National Cancer Institute, January 2014

<http://jnci.oxfordjournals.org/content/106/1?etoc>

Plasma Alkylresorcinols, Biomarkers of Whole-Grain Wheat and Rye Intake, and Incidence of Colorectal Cancer

<http://jnci.oxfordjournals.org/content/106/1/djt352.abstract>

Journal of Nutrition Education and Behavior, January/February 2014

<http://www.jneb.org/current>

A Review of Associations Between Family or Shared Meal Frequency and Dietary and Weight Status Outcomes Across the Lifespan

[http://www.jneb.org/article/S1499-4046\(13\)00579-4/abstract](http://www.jneb.org/article/S1499-4046(13)00579-4/abstract)

A Content Analysis of Food References in Television Programming Specifically Targeting Viewing Audiences Aged 11 to 14 Years

[http://www.jneb.org/article/S1499-4046\(13\)00627-1/abstract](http://www.jneb.org/article/S1499-4046(13)00627-1/abstract)

Examining the Influence of Price and Accessibility on Willingness to Shop at Farmers' Markets Among Low-income Eastern North Carolina Women

[http://www.jneb.org/article/S1499-4046\(13\)00500-9/abstract](http://www.jneb.org/article/S1499-4046(13)00500-9/abstract)

A Client-centered Nutrition Education Model: Lessons Learned from Texas WIC

[http://www.jneb.org/article/S1499-4046\(13\)00477-6/abstract](http://www.jneb.org/article/S1499-4046(13)00477-6/abstract)

Impact of Personal Preference and Motivation on Fruit and Vegetable Consumption of WIC-Participating Mothers and Children in Atlanta, GA

[http://www.jneb.org/article/S1499-4046\(13\)00104-8/abstract](http://www.jneb.org/article/S1499-4046(13)00104-8/abstract)

Few Changes in Food Security and Dietary Intake From Short-term Participation in the Supplemental Nutrition Assistance Program Among Low-income Massachusetts Adults

[http://www.jneb.org/article/S1499-4046\(13\)00677-5/abstract](http://www.jneb.org/article/S1499-4046(13)00677-5/abstract)

Nutritional Value of Meals at Full-service Restaurant Chains

[http://www.jneb.org/article/S1499-4046\(13\)00708-2/abstract](http://www.jneb.org/article/S1499-4046(13)00708-2/abstract)

Simply Good Cooking: Online Curriculum for the Interactive SNAP-Ed Classroom

[http://www.jneb.org/article/S1499-4046\(13\)00451-X/fulltext](http://www.jneb.org/article/S1499-4046(13)00451-X/fulltext)

Lancet, January 18, 2014

<http://www.thelancet.com/journals/lancet/issue/current>

Global and regional burden of stroke during 1990-2010: findings from the Global Burden of Disease Study 2010

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61953-4/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61953-4/abstract)

Lancet, January 17, 2014 Online First

<http://www.thelancet.com/journals/lancet/onlinefirst>

Day-patient treatment after short inpatient care versus continued inpatient treatment in adolescents with anorexia nervosa (ANDI): a multicentre, randomised, open-label, non-inferiority trial

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62411-3/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62411-3/abstract)

New England Journal of Medicine, January 16, 2014

<http://www.nejm.org>

Body-Mass Index and Mortality among Adults with Incident Type 2 Diabetes

<http://www.nejm.org/doi/full/10.1056/NEJMoa1304501>

A Pragmatic View of the New Cholesterol Treatment Guidelines

<http://www.nejm.org/doi/full/10.1056/NEJMms1314569>

NIH MedlinePlus, the magazine (Winter 2014)

<http://www.nlm.nih.gov/medlineplus/magazine/index.html>

-Advances in Parkinsons Disease Research

-New Heart Guidelines Released; Talk to Your Healthcare Provider
-Heart Disease Risk Factors: You Can Reduce Your Risk
-From DNA to Beer: A Unique Look at the Mighty Microbe
<http://www.nlm.nih.gov/exhibition/fromdnatobeer/>

Nutrition, January 6-12, 2014, Online First

<http://www.sciencedirect.com/science/journal/aip/08999007>
Feeding prepubescent gilts a high fat diet induces molecular changes in the hypothalamus - pituitary - gonadal axis and predicts the early timing of puberty
<http://www.sciencedirect.com/science/article/pii/S0899900714000379>
Nutritional Supplementation in Advanced Cancer Patients
<http://www.sciencedirect.com/science/article/pii/S0899900714000367>
Serum 25(OH)D response to vitamin D3 supplementation: A meta-regression analysis
<http://www.sciencedirect.com/science/article/pii/S0899900714000380>
Resistance training and protein intake synergistic effects: Practical aspects
<http://www.sciencedirect.com/science/article/pii/S0899900714000355>
Novel practical information addressing various aspects of smell loss (hyposmia), salt intake and hypertension in human subjects
<http://www.sciencedirect.com/science/article/pii/S089990071400032X>

Nutrition & Dietetics, Journal of the Dietitians Association of Australia, including the Journal of Dietitians New Zealand, December 2013

<http://onlinelibrary.wiley.com/doi/10.1111/ndi.2013.70.issue-4/issuetoc>
Taste changes: A problem for patients and their dietitians
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12101/abstract>
Factors that influence consumption of fish and omega3-enriched foods: A survey of Australian families with young children
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12022/abstract>
Dietary sources and meal distribution of sodium and potassium in a sample of Australian adults
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12045/abstract>
Food choices that achieve calcium adequacy in older women
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12018/abstract>
Consumers' (in)ability to estimate the energy content of unhealthy foods
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12011/abstract>
Updated evidence-based practice guidelines for the nutritional management of patients receiving radiation therapy and/or chemotherapy
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12013/abstract>
Comparison of three interventions in the treatment of malnutrition in hospitalised older adults: A clinical trial
<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12008/abstract>
Enduring mentoring partnership: A reflective case study and recommendations for evaluating mentoring in dietetics

<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12050/abstract>

Nutrition Research, January 2014

<http://www.sciencedirect.com/science/journal/02715317>

Race differences in the relation of vitamins A, C, E, and -carotene to metabolic and inflammatory biomarkers

<http://www.sciencedirect.com/science/article/pii/S0271531713002327>

Albumin-normalized serum zinc: a clinically useful parameter for detecting taste impairment in patients undergoing dialysis

<http://www.sciencedirect.com/science/article/pii/S0271531713002522>

Long-chain polyunsaturated fatty acid supplementation had no effect on body weight but reduced energy intake in overweight and obese women

<http://www.sciencedirect.com/science/article/pii/S0271531713002479>

Dietary glycemic index, but not glycemic load, is positively associated with serum homocysteine concentration in free-living young Japanese women

<http://www.sciencedirect.com/science/article/pii/S0271531713002248>

L-arginine does not improve biochemical and hormonal response in trained runners after 4 weeks of supplementation

<http://www.sciencedirect.com/science/article/pii/S0271531713002492>

Intake of milk, but not total dairy, yogurt, or cheese, is negatively associated with the clustering of cardiometabolic risk factors in adolescents

<http://www.sciencedirect.com/science/article/pii/S0271531713002510>

Decreased consumption of sugar-sweetened beverages improved selected biomarkers of chronic disease risk among US adults: 1999 to 2010

<http://www.sciencedirect.com/science/article/pii/S0271531713002480>

Weight gain in college females is not prevented by isoflavone-rich soy protein: a randomized controlled trial

<http://www.sciencedirect.com/science/article/pii/S027153171300225X>

Nutrition Reviews, January 2014

<http://onlinelibrary.wiley.com/doi/10.1111/nure.2014.72.issue-1/issuetoc>

Breast cancer and dietary patterns: a systematic review

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12083/abstract>

Effect of probiotics on biomarkers of cardiovascular disease: implications for heart-healthy diets

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12084/abstract>

Nutritional modulation of cataract

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12077/abstract>

Guidelines for optimizing design and analysis of clinical studies of nutrient effects

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12090/abstract>

Maternal folate exposure in pregnancy and childhood asthma and allergy: a systematic review

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12080/abstract>

Pediatrics, January 2013

<http://pediatrics.aappublications.org/content/current>

Adiposity Rebound and the Development of Metabolic Syndrome

<http://pediatrics.aappublications.org/content/133/1/e114.abstract>

Postnatal Head Growth in Preterm Infants: A Randomized Controlled Parenteral Nutrition Study

<http://pediatrics.aappublications.org/content/133/1/e120.abstract>

Postural Orthostatic Tachycardia Syndrome (POTS) and Vitamin B12 Deficiency in Adolescents

<http://pediatrics.aappublications.org/content/133/1/e138.abstract>

Vitamin D During Pregnancy and Infancy and Infant Serum 25-Hydroxyvitamin D Concentration

<http://pediatrics.aappublications.org/content/133/1/e143.abstract>

Policy Statement From the American Academy of Pediatrics : Consumption of Raw or Unpasteurized Milk and Milk Products by Pregnant Women and Children

<http://pediatrics.aappublications.org/content/133/1/175.abstract>

Proceedings of the National Academy of Sciences, January 13, 2014, Online First

<http://www.pnas.org/content/early/recent>

Increasing socioeconomic disparities in adolescent obesity

<http://www.pnas.org/content/early/2014/01/08/1321355110.abstract.html?etoc>

Human and Helicobacter pylori coevolution shapes the risk of gastric disease

<http://www.pnas.org/content/early/2014/01/08/1318093111.abstract.html?etoc>

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<http://www.eatright.org/positions/>

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or send a blank email to leave-25676-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1626. Investment reserves

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Jan 16, 2014 17:53:05
Subject: Investment reserves
Attachment:

Donna,

Mary

I hope you are having a great day. I want to follow up on the need for money from our reserves. As you may recall, back in December, I thought I would need \$1M. We moved \$500,000 in December. Well, we are now in need of an additional \$500,000. So, please let me know if you have any questions or concerns.

The good news is we will have 82.5% (\$20,463,618) in reserve even after the removal of the \$500,000. I am not sure if this will be last of the money we will need. I will let you know. Incoming cash is very light these days. I know we have nearly \$900,000 in invoices outstanding to our Sponsors. If they come in over the next few weeks, it will be a huge benefit.

Again, let me know if you have any questions or concerns.

Paul

1627. RE: [Image File] Martin Donn,KMBT222, #980

From: Joan Schwaba <JSchwaba@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 16, 2014 12:11:37
Subject: RE: [Image File] Martin Donn,KMBT222, #980
Attachment: [image003.jpg](#)

Thanks, Donna!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Thursday, January 16, 2014 9:24 AM
To: Joan Schwaba
Subject: Fwd: [Image File] Martin Donn,KMBT222, #980

Here is my evaluation!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>><admin@burke.k12.ga.us> 1/16/2014 10:10 AM >>>

FROM:

Image data has been attached to
the E-Mail.

1628. Professional standards

From: Mary Pat Raimondi <mraimondi@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Jennifer Folliard <JFolliard@eatright.org>
Sent Date: Jan 16, 2014 07:17:04
Subject: Professional standards
Attachment:

<http://www.schoolnutrition.org/Blog.aspx?id=19795&blogid=145506>

Is this the group you are in? Looks good. Let me know if you need any help.

Thanks for your great feedback on yesterday's update!

-Mary Pat

1629. Win a free Academy membership!

From: Academy Coding and Coverage Committee <Reimburse@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Jan 16, 2014 06:06:51
Subject: Win a free Academy membership!
Attachment:

Academy of Nutrition and Dietetics Email

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Participate in the Academys 2014 Patient-Centered Medical Home &Accountable Care Organizations Survey

Healthcare reform and changing payment models are rapidly affecting the way healthcare is delivered. You have been selected to participate in the Academy Coding and Coverage Committees 2014 Patient-Centered Medical Home &Accountable Care Organizations Survey. **All individuals who complete the survey by February 2 will be entered into a drawing to win a free 1-year membership to the Academy of Nutrition and Dietetics.**

[Click here to begin the survey.](#)

By completing this survey, you will assist the Academy by providing valuable feedback regarding the education and tools RDNs and DTRs need in order to stay on the cutting edge of healthcare reform. Make your voice heard and help influence Academy activities related to advancing RDN and DTR involvement in these models of care.

If you have questions, contact Marsha Schofield at 1-800-877-1600 ext. 4787 or mschofield@eatright.org.

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1630. Omnibus Appropriations Language - School Meals

From: Jennifer Folliard <JFolliard@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Dayle Hayes <eatwellatschool@gmail.com>, ddgoldsmith.icia@gmail.com <ddgoldsmith.icia@gmail.com>, pemcconnell@fcps.edu <pemcconnell@fcps.edu>, debbi_beauvais@gateschili.monroe.edu <debbi_beauvais@gateschili.monroe.edu>, alvir@philasd.org <alvir@philasd.org>, ddemers@orcsd.org <ddemers@orcsd.org>, Jbarrett@alsde.edu <Jbarrett@alsde.edu>, deroi@willmar.k12.mn.us <deroi@willmar.k12.mn.us>, Marla_R_Caplon@mcpsmd.org <Marla_R_Caplon@mcpsmd.org>
Cc: Teresa Nece <TNece@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>
Sent Date: Jan 15, 2014 11:19:47
Subject: Omnibus Appropriations Language - School Meals
Attachment:

Good Morning!

It was a very busy day in Washington D.C. yesterday. The details of the omnibus appropriations bill, which designates funds to many of the government programs, was released. As we sort through what this 1,500 page bill means for nutrition programs one provision jumped out at us regarding school meals.

The omnibus appropriations bill also has an explanatory document that details the nuances of the bill. Within that report there is a section on the creation of a waiver program by USDA for LEAs.

Exact language from this report on the intent of the proposed waiver program: "... the Secretary (of Agriculture) is directed to establish a waiver approval process within 90 days of enactment for States to grant waivers for the 2014-15 school year to any local educational agency that certifies it cannot operate a food service program without incurring increased costs in order to comply with the interim final rule entitled "National School Lunch Program and School Breakfast Program: Nutrition Standards for All Foods Sold in School" and/or Part 220 of title 7, Code of Federal Regulations as such part relates to establishing new nutrition standards for the school breakfast program. The Secretary is further directed to provide schools that are granted a waiver technical assistance to help with implementation in future years".

We are working to figure out what this means for the meals programs, especially breakfast and possibly competitive foods implementation, as the language in the report is vague. We are working

with our partners, but would love your input or thoughts on the impact of the proposed waiver program.

Very best,

Mary Pat and Jenn

Mary Pat Raimondi, MS RDN
Vice President, Strategic Policy and Partnerships

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www.eatright.org

1631. Daily News: Wednesday, January 15, 2014

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 15, 2014 11:01:28
Subject: Daily News: Wednesday, January 15, 2014
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Most children get food and beverage marketing at school, study says

<http://www.latimes.com/science/sciencenow/la-sn-food-and-beverage-marketing-at-school-study-says-20140113,0,1531866.story#axzz2qNuNn0bF>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1812294>

Probiotics may help prevent infant gut disorders

<http://www.foxnews.com/health/2014/01/14/probiotics-may-help-prevent-infant-gut-disorders/>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1812293>

How fiber prevents diabetes and obesity

<http://www.stonehearthnewsletters.com/how-fiber-prevents-diabetes-and-obesity-new-research-published-in-the-journal-cell/nutrition-fiber/>

Source: *Cell*

[http://www.cell.com/abstract/S0092-8674\(13\)01550-X](http://www.cell.com/abstract/S0092-8674(13)01550-X)

Passing Bowls Family-Style Teaches Daycare Kids to Respond to Hunger Cues, Fights Obesity

<http://www.sciencedaily.com/releases/2014/01/140114090816.htm>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(13\)00649-7/abstract](http://www.andjrnl.org/article/S2212-2672(13)00649-7/abstract)

The thinnest Americans are Asian Americans, CDC data show

<http://www.latimes.com/science/sciencenow/la-sci-sn-asian-americans-health-data-20140114,0,6962801.story#axzz2qTkDgmYx>

Source: National Health and Nutrition Examination Survey

<http://www.cdc.gov/nchs/nhanes.htm>

Muscle training linked to diabetes prevention in women, study says

<http://www.latimes.com/science/sciencenow/la-sn-muscle-training-diabetes-20140114,0,7396404.story#axzz2qTmUDcgB>

Source: *PLOS Medicine*

<http://www.plosmedicine.org/article/info%3Adoi%2F10.1371%2Fjournal.pmed.1001587>

Seven steps to becoming a better cook

<http://www.latimes.com/food/la-fo-calcook-20140111,0,4546934.story#axzz2qTmUDcgB>

Related Resource: Academys Cooking for Beginners

<https://www.eatright.org/shop/product.aspx?id=6442477101>

Fats and oils that can improve your health

<http://www.foxnews.com/health/2014/01/15/fats-and-oils-that-can-improve-your-health/>

Resource: Position of the Academy of Nutrition and Dietetics: Dietary Fatty Acids for Healthy Adults

[http://www.andjrnl.org/article/S2212-2672\(13\)01672-9/abstract](http://www.andjrnl.org/article/S2212-2672(13)01672-9/abstract)

Related Resource: *Food & Nutrition Magazine*

<http://www.foodandnutrition.org/January-February-2014/All-About-Oils/>

Honey, lets have vegan tonight

<http://www.foodnavigator-usa.com/Manufacturers/Honey-let-s-have-vegan-tonight>

Pizza Hut tests selling 'by the slice'

<http://www.usatoday.com/story/money/business/2014/01/13/pizza-hut-to-offer-by-the-slice/4458503/>

Forget margarine, we love butter

<http://www.usatoday.com/videos/money/business/2014/01/14/4474857/>

Industry applauds FDAs release of final version of liquid supplements guidance

<http://www.foodnavigator-usa.com/Regulation/Industry-applauds-FDA-s-release-of-final-version-of-liquid-dietary-supplements-guidance>

Source: FDA

<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm381566.htm>

40 more maps that explain the world

<http://www.washingtonpost.com/blogs/worldviews/wp/2014/01/13/40-more-maps-that-explain-the-world/>

MedlinePlus: Latest Health News

-Chemical Exposure- Phthalates are a group of chemicals used to make plastics more flexible and harder to break.

-Alternative Therapies Widely Used for Autism

-Health Tip: Avoid Spreading the Common Cold

-Smoking in Pregnancy Tied to Later Nicotine Addiction in Daughters

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Nutrition Q&A: Choosing a better breakfast

(By Hope Warshaw, RD and Judy Caplan, Academy Spokesperson quoted

http://www.washingtonpost.com/lifestyle/wellness/nutrition-qanda-choosing-a-better-breakfast/2014/01/14/201086a4-7950-11e3-8963-b4b654bcc9b2_story.html

Dietitians Dish: Nutrition ties into fertility

(By Stephanie Whitley, RDN; Bridget Swinney, RD cited)

http://www.victoriaadvocate.com/news/2014/jan/14/gl_dietitian_dish_011514_230064/?features

Ask the nutritionist: Learn to recognize your hunger cues

(By Karen Collins, RDN)

<http://www.dailyherald.com/article/20140115/entlife/701159978/>

How to lose weight from your wallet

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_24914972/how-lose-weight-from-your-wallet

Dont be a sucker for Sensa

Weight-loss gimmicks cant beat healthy eating and exercise

(Mary Marian, RD quoted)

<http://www.marketwatch.com/story/dont-be-a-sucker-for-sensa-2014-01-15>

Cherries help get the gout out (and other stuff, too)

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x12783297/Cherries-help-get-the-gout-out-and-other-stuff-too>

Want to keep your resolution? These foods will help

(Patricia Bannan, RD quoted)

<http://www.foxnews.com/health/2014/01/15/cant-keep-your-resolution-try-these-4-foods/>

Healthy snacks: 5 things to think about

(By Jill Koegel, RD)

<http://www.omaha.com/article/20140115/LIVEWELL25/140119321>

Healthful meals with kid appeal

(Janice Newell Bissex RDN & Liz Weiss, RD cited)

<http://www.mailtribune.com/apps/pbcs.dll/article?AID=/20140115/LIFE/401150309>

Working through lunch?

(By Cara Cunningham, Dietitian/Ireland)

<http://www.offalyexpress.ie/news/features/working-through-lunch-1-5807117>

Quote of the Week

**The function of education is to teach one to think intensively and to think critically.
Intelligence plus character that is the goal of true education.**

-Martin Luther King, Jr

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1632. RE: NSC/PIA Teleseminars

From: Diane Moore-Enos <dmoore@eatright.org>
To: Patricia Babjak <PBABJAK@eatright.org>, 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Jan 14, 2014 18:14:18
Subject: RE: NSC/PIA Teleseminars
Attachment: [image002.jpg](#)

Good evening-

We would be happy to provide complimentary registration for these events for all BOD members (approved for individual or group). In order to bypass the payment process for these events, we will need to manually register you within WebEx. If interested, please provide the following information to dmoore@eatright.org:

1. Date of Webinar(s): Feb. 27 and/or March 13
2. First, Last Name

3. Preferred email address

Once registered, you will receive a confirmation email from WebEx with your personalized connection details. Additional information (handout packet, WebEx connection details, CPE information) will be sent to all webinar registrants 24 hours prior to each event.

Please let me know if you have any questions.

Best Regards,

Diane

Diane Moore Enos, MPH, RDN, FAND
Vice President, Professional Development and Assessment
Academy of Nutrition and Dietetics

From: Patricia Babjak

Sent: Tuesday, January 14, 2014 4:49 PM

To: 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu';
'KM McClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com;
Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com';
'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com';
dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com';
'sandra.gill@comcast.net'

Cc: Executive Team Mailbox; Karen Lechowich; Alison Steiber; Chris Reidy; Doris Acosta; Mary Ann Taccona; Marsha Schofield; Susan Burns

Subject: NSC/PIA Teleseminars

We are making you aware of two webinars offered by the Nutrition Services Coverage and Policy Initiatives and Advocacy Teams through the Academy's Center for Professional Development. We encourage you to register for the events if your schedule permits.

Thursday, February 27, 2014

1:00 pm - 2:30 pm Central Time

"The Affordable Care Act: What's In It For Me?"

Description:

Haven't had time to read the nearly 11,000 pages of the Affordable Care Act? Are you wondering about the opportunities for RDNs, DTRs and nutrition services as the provisions of the ACA continue to roll out? Whether you work in clinical, community, management, research or consultation/business practice, there's a provision for you! Join this teleseminar for all the information you need to understand the key provisions impacting nutrition professionals and action steps for seizing these opportunities.

Thursday, March 13, 2014

1:00 pm - 2:30 pm Central Time

"Reimbursement: New Game, New Rules"

Description:

Healthcare delivery and payment systems are changing, requiring changes in the registered dietitian's approach to advocating for the recognition of nutrition services. Learn about new opportunities to get paid for your services in both the public and private market and the Academy resources that are key to your success.

Lisa Eaton-Wright from LPPC and Lucille Beseler from CCC will be speakers for the webinars with Jeanne Blankenship and Marsha Schofield assisting with the Q&A portion of each program. The webinars will be promoted via *Eat Right Weekly* and marketed to the HOD, Affiliates/DPGs/MIGs and other on-line communities.

We are excited about offering both of these programs to our members!

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

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1633. NSC/PIA Teleseminars

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Jan 14, 2014 17:48:46
Subject: NSC/PIA Teleseminars
Attachment: [image002.jpg](#)

We are making you aware of two webinars offered by the Nutrition Services Coverage and Policy Initiatives and Advocacy Teams through the Academy's Center for Professional Development. We encourage you to register for the events if your schedule permits.

Thursday, February 27, 2014

1:00 pm - 2:30 pm Central Time

"The Affordable Care Act: What's In It For Me?"

Description:

Haven't had time to read the nearly 11,000 pages of the Affordable Care Act? Are you wondering about the opportunities for RDNs, DTRs and nutrition services as the provisions of the ACA

continue to roll out? Whether you work in clinical, community, management, research or consultation/business practice, there's a provision for you! Join this teleseminar for all the information you need to understand the key provisions impacting nutrition professionals and action steps for seizing these opportunities.

Thursday, March 13, 2014

1:00 pm - 2:30 pm Central Time

"Reimbursement: New Game, New Rules"

Description:

Healthcare delivery and payment systems are changing, requiring changes in the registered dietitian's approach to advocating for the recognition of nutrition services. Learn about new opportunities to get paid for your services in both the public and private market and the Academy resources that are key to your success.

Lisa Eaton-Wright from LPPC and Lucille Beseler from CCC will be speakers for the webinars with Jeanne Blankenship and Marsha Schofield assisting with the Q&A portion of each program. The webinars will be promoted via *Eat Right Weekly* and marketed to the HOD, Affiliates/DPGs/MIGs and other on-line communities.

We are excited about offering both of these programs to our members!

Best regards,

Pat

Patricia M. Babjak

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1634. January 15 Board Meeting: Final Attachments

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Jan 14, 2014 16:23:58
Subject: January 15 Board Meeting: Final Attachments
Attachment: [Att 10.1 Committee Evaluation Results.pdf](#)
[Att 11.0 Public Member Appointment.doc](#)

The attachments for Agenda Item 10.1: Committee Evaluation Results and agenda item 11.0: Public Member Appointment are now on the communications platform, and are also included as attachments to this email. A complete PDF of the agenda and supporting materials has been uploaded to the platform and is listed as the first attachment.

Please login to the communications platform using the link <http://academybod.webauthor.com> and enter your Academy website username and password. The attachments are located under the *Library* tab, 2014 Board Meetings, January 15 Board Meeting.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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1635. Public Member Nominees

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>
Sent Date: Jan 14, 2014 15:01:33
Subject: Public Member Nominees
Attachment: [2014 BOD Public Member list011414.doc](#)

A public member position will be vacated by Joe Derochowski in May 2014. At the January Board meeting we will be identifying and prioritizing three nominees to fill Joe's vacancy. A list of potential nominees is attached. Please begin thinking about these and additional candidates who can move forward the Academy's strategic direction. We asked former presidents, speakers and Foundation chairs for public member nominees, and their suggestions are reflected on the attached list.

The role of a public member is to bring a unique perspective and expertise to Board dialogue and deliberations. Public members serve on the Board for up to a three-year staggered term and are afforded the same rights and privileges as directors elected to the Board by the membership. The time commitment of public members is also the same as required of other Board directors, so your nominations need to consider individuals who have the time and willingness to serve on a "working board."

Pat

Patricia M. Babjak

Chief Executive Officer

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1636. Nominating Committee Evaluation

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>
Sent Date: Jan 14, 2014 14:42:47
Subject: Nominating Committee Evaluation
Attachment: [image003.jpg](#)
[Nom Cmt Gov and Structure WG Report Final.pdf](#)

I look forward to assisting you in your deliberations. I am including the 2007 evaluation of the Nominating Committee. Neva and Joan Schwaba are going to reach out to you to schedule the first conference call.

Best regards,

Pat

Patricia M. Babjak

Chief Executive Officer

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1637. Last Chance to Renew Early

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Jan 14, 2014 14:22:55
Subject: Last Chance to Renew Early
Attachment:

Academy of Nutrition and Dietetics Email

Having trouble viewing this e-mail? [View it in your browser.](#)

Early Bird Renewal Program

Dear Donna:

Time is running out! If you'd like to save 2% on your 2014/2015 Academy membership dues by renewing early, you must do so by tomorrow **January 15, 2014.**

When you renew early, you'll save by paying the 2013/2014 dues rate for your 2014/2015 Academy membership. Academy membership dues are scheduled to increase 2% after the deadline of January 15. Those who participate in this program will qualify for the 2013/2014 Academy membership rate and avoid any 2014/2015 dues increases.

That's not all. Participating in this program will give you the chance to opt into receiving all of your future membership dues invoices electronically (no more paper), and/or sign up for automatic renewal.

Renew online now This is your last chance to take advantage of these offers!

On behalf of the Academy of Nutrition and Dietetics, we are looking forward to working with you next year!

Sincerely,

Sonja L. Connor, MS, RDN, LD

President, 2014/2015, Academy of Nutrition and Dietetics

This email is being sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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1638. Daily News: Tuesday, January 14, 2014

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 14, 2014 11:18:18
Subject: Daily News: Tuesday, January 14, 2014
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Pregnancy: USPSTF Backs Universal Diabetes Screening

<http://www.medpagetoday.com/Endocrinology/Diabetes/43787>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=1813285>

Study Spots Growing Disparity in U.S. Teen Obesity Problem

<http://consumer.healthday.com/public-health-information-30/economic-status-health-news-224/study-spots-growing-disparity-in-u-s-teen-obesity-problem-683800.html>

Source: *Proceedings of the National Academy of Sciences*

<http://www.pnas.org/content/early/2014/01/08/1321355110.abstract?sid=7f465f65-bf19-4a1d-b23f-350653cfa958>

JNC 8 Dissenters Don't Want to Ease BP Thresholds

<http://www.medpagetoday.com/Cardiology/Hypertension/43789>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=1813288>

Related Resource: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=1791497>

Related Resource: New Heart Disease and Stroke Prevention Guidelines Not Fully Supported by Current Health Insurance, Says Academy of Nutrition and Dietetics

<http://www.eatright.org/Media/content.aspx?id=6442479065>

Blacks, less-educated more sensitive to fast food prices

<http://www.reuters.com/article/2014/01/13/us-blacks-less-educated-idUSBREA0C1GP20140113>

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1809979>

10 nutrients that can lift your spirits

http://www.washingtonpost.com/national/health-science/ten-nutrients-that-can-lift-your-spirits/2014/01/13/24e0b13e-73bc-11e3-9389-09ef9944065e_story.html

Coffee lovers perk up: Caffeine may boost memory

<http://www.usatoday.com/story/news/nation/2014/01/13/caffeine-boosts-memory/4457591/>

Source: *Nature Neuroscience*

<http://www.nature.com/neuro/journal/vaop/ncurrent/full/nn.3623.html>

Is Chomping on Gum Really That Bad? A View of Pros and Cons

<http://online.wsj.com/news/articles/SB10001424052702303393804579312530655480114>

Green tea disease-fighting compounds may weaken blood pressure drugs

<http://www.latimes.com/science/sciencenow/la-sci-sn-green-tea-drug-absorption-beta-blocker-20140113,0,4109830.story#axzz2qNuNn0bF>

Source: *Clinical Pharmacology & Therapeutics*

<http://www.nature.com/clpt/journal/vaop/naam/abs/clpt2013241a.html>

10 Things the weight loss industry wont tell you

<http://www.marketwatch.com/story/10-things-the-weight-loss-industry-wont-tell-you-2014-01-10>

Amazing Superfoods Infographic Will Surprise You

<http://abcnews.go.com/blogs/health/2014/01/13/snake-oil-or-superfood-infographic-reveals-all/>

Truvia survey: Consumers want to manage calories, wont give up favorite foods

<http://www.foodnavigator-usa.com/Markets/Truvia-survey-Consumers-want-to-manage-calories-won-t-give-up-favorite-foods>

CDC Measures Fattest And Fittest Professions: Which Jobs Have The Most Obese Workers?

<http://www.medicaldaily.com/cdc-measures-fattest-and-fittest-professions-which-jobs-have-most-obese-workers-266812>

Feeling mad? New devices can sense your mood and tell or even text others.

http://www.washingtonpost.com/national/health-science/feeling-mad-new-devices-can-sense-your-mood-and-tell--or-even-text--others/2014/01/13/8436009c-6275-11e3-91b3-f2bb96304e34_story.html

MedlinePlus: Latest Health News

- Are You at High Risk for Serious Illness from Flu?
 - Cognitive training shows staying power
 - Minorities, Poor More Likely to Be Diagnosed With Advanced Thyroid Cancer
 - Preservative in Baby Wipes Linked to Rashes in Some Children
- <http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

What is clean eating?

(By Cynthia Sass, RD)

<http://www.foxnews.com/health/2014/01/14/what-is-clean-eating/>

DASH-ing to the finish line to be named best diet

(By Rosanne Rust, RDN)

<http://www.meadvilletribune.com/ourhealth/x1186925249/DASH-ing-to-the-finish-line-to-be-named-best-diet>

Thinking about a post-holiday detox? Think again

(By Carrie Dennett, Academy Member)

http://seattletimes.com/html/healthyliving/2022625366_healthdennett.xml.html

Frozen foods often healthier than fresh, nutritionists say

(Angela Langner RD & Karen Goldberg, RD quoted)

http://www.northjersey.com/news/240045381_Frozen_foods_often_healthier_than_fresh__nutritionists_say.html

Marketing of Unhealthy Foods Still Common in U.S. Schools: Study

Vending machines, soda-company contracts push high-calorie fare at kids, researchers say

(Karen Congro, RD quoted)

<http://health.usnews.com/health-news/news/articles/2014/01/13/marketing-of-unhealthy-foods-still-common-in-us-schools-study>

Perk up, coffee lovers: Caffeine may boost memory

(Elisa Zied, RD quoted)

<http://www.king5.com/health/Perk-up-coffee-lovers-Caffeine-may-boost-memory--240017241.html>

New Study Provides Motivation to Get Healthy and Fit in 2014

(Katie Ferraro, RD featured)

www.kpbs.org/news/2014/jan/07/getting-healthy-and-fit-2014/

Eating disorders more prevalent in springtime

(Dabney Powell, Student Academy Member quoted)

<http://cw.ua.edu/2014/01/14/eating-disorders-more-prevalent-in-springtime/>

Fuel up for fitness

(Michele Macedonio, RD quoted)

<http://www.crawfordcountyavalanche.com/articles/2014/01/14/food/889b82f0-7495-57fe-88a1-27b8e3cf54ab.txt>

Fad diets can work, but experts find no magic slimming bullet

(Michelle Harvie, Dietitian/UK quoted)

<http://www.reuters.com/article/2014/01/10/health-diets-idUSL6N0KJ0YY20140110>

Trans fats likely to stay on Hong Kong menus despite a US ban

(Hong Kong Dietitians Association chairman Sylvia Lam quoted)

<http://www.scmp.com/lifestyle/health/article/1404645/trans-fats-likely-stay-hong-kong-menus-despite-us-ban>

Experts stress on tailor-made nutrition counselling to keep diseases at bay

(Indian Dietetic Association cited)

<http://timesofindia.indiatimes.com/city/chennai/Experts-stress-on-tailor-made-nutrition-counselling-to-keep-diseases-at-bay/articleshow/28747587.cms>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-25561-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1639. January 15 Board Meeting: Additional Attachments

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Jan 13, 2014 18:50:08
Subject: January 15 Board Meeting: Additional Attachments
Attachment: [00 Executive Session Agenda January 2014.doc](#)
[02 Att 1.0 ANFP & Academy Joint Task Force Working Meeting Notes.doc](#)
[03 Att 2.0a CONFIDENTIAL ACEND - USDOH 12 9 13.pdf](#)
[04 Att 2.0b CONFIDENTIAL ACEND.pdf](#)
[Att 8.1-8.2 Public Policy Leadership and Grassroots Advocacy Awards.doc](#)
[Att 10.4 Nominating Committee Evaluation.doc](#)

Attached are the agenda and supporting materials for the executive session portion of the Board meeting on January 15. These materials will not be posted on the Board communications platform.

The attachments for agenda items 8.1, 8.2 and 10.4 are now on the communications platform, and are also included as attachments to this email. Agenda Item 10.1: Committee Evaluation Results is still being tabulated and will be sent tomorrow, along with agenda item 11.0: Public Member Appointment.

- Agenda Item 8.1, 8.2: Public Policy Leadership Award and Public Policy Grassroots Advocacy Award
- Agenda Item 10.4: Nominating Committee Evaluation

Please login to the communications platform using the link <http://academybod.webauthor.com> and enter your Academy website username and password. The attachments are located under the *Library* tab, 2014 Board Meetings, January 15 Board Meeting.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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1640. January 15 Board Meeting

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Rosa Hand <RHand@eatright.org>
Sent Date: Jan 10, 2014 20:29:26
Subject: January 15 Board Meeting
Attachment: [image003.jpg](#)

The agenda and corresponding attachments for the Wednesday, January 15 Board teleconference are now available on the Board of Directors' communication platform. Paper copies will not be automatically provided; please contact Joan (jschwaba@eatright.org) by Monday if you want us to mail you a paper packet.

Since some decisions are still awaiting committee approval, the attachments for agenda items 8.1, 8.2, 10.1, 10.4 and 11.1 will be e-mailed and placed on the communications platform on Monday, January 13. Attachments for the executive session will not be placed on the communication platform but will be e-mailed to you on Monday.

Joining us for this meeting will be Al Bryant, Managing Director of Segall, Bryant and Hamill, to provide an update on our investments, and Margie Tate, chair of the Public Health/Community Nutrition Task Force, to present a request from the task force.

Please login to the communications platform using the link <http://academybod.webauthor.com> and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2014 Board Meetings, January 15 Board Meeting.

Please dial into the conference call by using the information below.

DIAL IN NUMBER: 1-866/477-4564

CONFERENCE CODE: 75 48 12 89 82

Please contact me if you have any questions.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1641. RE: Sad News

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Jan 10, 2014 19:01:40
Subject: RE: Sad News
Attachment: [image003.jpg](#)

Thank you , Glenna. As is our practice, we will make a contribution on behalf of the Academy Board, staff and members.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

From: Glenna McCollum [mailto:glenna@glennamccollum.com]

Sent: Friday, January 10, 2014 3:16 PM

To: Joan Schwaba; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

Cc: Executive Team Mailbox; Chris Reidy; Alison Steiber; Mary Ann Taccona; Karen Lechowich; Susan Burns; Doris Acosta

Subject: RE: Sad News

Joan:

So sorry to hear of Dr. Milner's passing, a great man and Honorary Member of the Academy. Since he has given much time in support of our profession, in lieu of flowers, is it possible for the Academy (on behalf of the BOD, staff, and our members) to make a contribution? (In lieu of flowers, contributions may be made to the John A. Milner Graduate Student Endowment in Nutritional Sciences, Department of Nutritional Sciences, Penn State University, 201 Henderson Bldg., University Park, PA 16802.)

Thank you for keeping us informed.

Glenna

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

Wisdom is knowing when enough is sufficient - P Goedert, Esq.

Take time to enjoy a *Granada afternoon!*

From: Joan Schwaba [mailto:JSchwaba@eatright.org]

Sent: Thursday, January 09, 2014 4:09 PM

To: 'Glenna McCollum'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; 'DMartin@Burke.k12.ga.us'; 'pearl02@outlook.com'; 'Nancylewis1000@gmail.com'; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; 'dwheller@mindspring.com'; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'

Cc: Executive Team Mailbox; Chris Reidy; Alison Steiber; Mary Ann Taccona; Karen Lechowich; Susan Burns; Doris Acosta

Subject: Sad News

It is with sadness that I inform you of the death of John Milner, PhD, who passed away last week. Dr. Milner was an Honorary Member of the Academy and a speaker at the recent FNCE in Houston.

Dr. Milner was the Director and Senior Scientist at the USDA Beltsville Human Nutrition Center. He earned a Ph.D. from Cornell University in nutrition, with a minor in biochemistry and physiology and a B.S. in animal sciences from Oklahoma State University. He was a fellow in the American Association for the Advancement of Science and the Institute of Food Technologists. From 2000 to 2012, he was Chief of the Nutritional Science Research Group in the Division of Cancer Prevention at the National Cancer Institute. From 1989 to 2000, he was Head of and a Professor in the Department of Nutrition at The Pennsylvania State University where he also served as Director of the Graduate Program in Nutrition. Before joining Penn State, he was a faculty member for 13 years in the Food Science Department at the University of Illinois, Urbana-Champaign, where he served as the Director of the Division of Nutritional Sciences and as an Assistant Director of the Agricultural Experiment Station.

Dr. Milner published more than 225 book chapters, monographs, and journal articles. He served on the editorial boards for *Food and Nutrition Research*, *Frontiers in Nutrigenomics*, *Nutrition and Cancer*, *Nutrfood*, *Journal of Nutritional Biochemistry*, *Journal of Alternative and Complementary Medicine*, *Journal of Ovarian Research*, and *The Journal of Medical Foods*. He was a Senior Editor for *Cancer Prevention Research* and an Associate Editor for the *International Journal for Nutrigenetics and Nutrigenomics*.

Viewings for John Milner were held at Robert A. Pumphrey Funeral Home in Rockville, Maryland on Monday, January 6th. The religious service for John Milner will be on Saturday, January 18th, at 4:30 pm at St. Mark Orthodox Church 7124 River Rd, Bethesda MD 20817. In lieu of flowers, contributions may be made to the John A. Milner Graduate Student Endowment in Nutritional

Sciences, Department of Nutritional Sciences, Penn State University, 201 Henderson Bldg.,
University Park, PA 16802.

A tribute to Dr. Milner will be published in the People and Events section of an upcoming issue of the *Journal of the Academy of Nutrition and Dietetics*.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1642. Nominating Committee Evaluation Workgroup

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Neva' <nevacoch@aol.com>, 'Margaret Garner' <mgarner@cchs.ua.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, 'ellen.shanley@uconn.edu' <ellen.shanley@uconn.edu>, 'Elise Smith ' <easaden@aol.com>
Cc: 'Glenna McCollum' <glenna@glennamccollum.com>
Sent Date: Jan 10, 2014 18:58:24
Subject: Nominating Committee Evaluation Workgroup
Attachment: [Nominating Committee Evaluation WG Charge.doc](#)

Every three years the Board and HLT conduct an evaluation of committees to determine if they continue to be relevant and necessary in achieving the Academy's strategic direction, if their charge is complete, and if opportunities exist to improve efficiencies. All Board and HLT committees have been evaluated and a report will be shared with the Board at its upcoming January meeting. This year the Board is also conducting an evaluation of the Nominating Committee, which was last evaluated in 2007. The attachment delineates the purpose and composition of the workgroup charged to conduct the evaluation.

On behalf of President Dr. Glenna McCollum, thank you for your interest in serving on the workgroup and sharing your time and expertise!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1643. RE: CEO Compensation reference list--feedback requested

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 10, 2014 17:56:04
Subject: RE: CEO Compensation reference list--feedback requested
Attachment:

Donna,

Thanks for the note. You are doing a great job and not creating any problems. Questioning what was done and what we are doing is always the right thing to do. The Academy has used Glen Tecker quite a few times. Is he leading your discussion. He is very well known in the NFP arena.

Have a great weekend and enjoy the weather!!

Paul

From: DMartin@Burke.k12.ga.us
Sent: Friday, January 10, 2014 4:27 PM
To: Paul Mifsud
Subject: Re: CEO Compensation reference list--feedback requested

Paul, you did not offend me at all. I was just trying to take a look at the list seriously, to see if it needed updating instead of just rubber stamping the list. I was mostly trying to educate myself more on the CEO compensation piece for when it is my responsibility as Past Treasurer. The request for the consultant initially came from Glenna. My point was to say that if she wants to do that, then I will not tell her no. It seemed like the three P's wanted to get back into the "weeds" with the negotiations of Pat's contract. I was not trying to rock the boat or create more work for everyone. I think as usual the ball is in Glenna's court to take this in whatever direction she wants to go. Have a nice weekend and again no need to apologize. Sometimes I think I try too hard. I am truly not trying to create work or problems. Just wanting to make sure I do what I am supposed to do.

On another note, I am in Miami where it is warm for a School Nutrition strategic planning meeting. The consulting company they use is Tecker International. They are by far the best group I have ever worked with.

Have a good weekend.

Sent from my iPhone

On Jan 10, 2014, at 4:44 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

Donna,

I hope I did not offend you. That was not my intent. When we used a consultant the last time, the Board was not happy. What I think would be very helpful is if the consultant helped develop the "compensation structure". For example; Base salary and bonus. How large or small should the bonus be? How would it be administered? What are the quantifiable measures that will determine success? How can we move Pat from X to Y if she is not properly compensated. The consultants will work with us to determine the comparables anyway. When we did this the last time, I believe Carolyn and I worked with them on a list of companies. So, they will take our recommendations and let us know if they are reasonable. Having a consultant work on the structure reduces the "bias" that could be incorporated otherwise.

My only concern with using a consultant to change the comparables would be if they wanted to start from scratch. If they did, then we would not have much control over the outcome. It would be similar to stopping the ball game in the 3rd inning and changing the rules. You also have a great deal on knowledge with HR related elements, especially the HAY compensation work, with both Carolyn and for me. Carolyn is a great resource, so, feel free to tap into her.

Again, I hope I did not offend you. If so, please accept my apologies.

Paul

From: DMartin@Burke.k12.ga.us

Sent: Friday, January 10, 2014 1:30 PM

To: Paul Mifsud

Cc: Ethan Bergman; Glenna McCollum; Sonja Connor; peark02@outlook.com; Carolyn Patterson

Subject: Re: CEO Compensation reference list--feedback requested

Paul, thanks so much for helping us with the process that was undertaken to come up with the list. and why a lot of these were not included. In looking at the results from all your hard work it does look like there are a few (maybe 3) organizations that are very close in revenue to the Academy that possible could be included, if we wanted to drop some of the smaller organizations. I am perfectly OK with the list we have now and have learned a great deal from this discussion. A

consultant to give us a definitive answer would be great though. Thanks for keeping us on track.
Sent from my iPhone

On Jan 10, 2014, at 12:45 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

Donna and all,

Again, sorry I am late to the party. I wanted to address Donna's concerns about why some "medical organizations" were included and some were not. When we had the original list, we opened it up to the entire universe of Not for Profits of any substance and size. I believe we started with over 300. Naturally, you want to reduce this to a manageable amount. We felt that somewhere in the 25-30 range would be acceptable. Keep in mind, since the companies used would be compiled for an average compensation, adding additional would not impact the overall results significantly. Even with that, I believe we ended up with 38 companies.

A few of the key components that we looked at were;

1. Similar organizations. Being in the healthcare arena was first. However, this could also mean structural similarities.
2. Organization of similar size (we felt a range of \$30 - \$50 million would appropriate. However, if there were companies larger or smaller that the team felt absolutely needed to be included, they were).
3. Geography. Originally, we focused on the Chicago area. Chicago does have a great deal of healthcare related organizations. However, we quickly realized that we really could not restrict the geography to Chicago. So, it was expanded. I believe we ended up with about 25% coming from Chicago. The highest concentration ended up being in the Washington DC area. That is natural because it has the largest concentration of Non-Profits in the county. The pool of CEO candidates could come from anywhere. So, this made sense.

Each member of the team independently picked companies from the list to see if a common core materialized. Carolyn and I provided input based on our experience with the compensation consultants previously. Carolyn and I compiled the feedback. A core set of companies did materialize from the original list. Naturally, there was some give and take on the remaining. When the list was completed, we believed it represented a strong sample of the types of companies we should be compared too. If I recall properly, our list was far larger than PRM consulting provided previously, but, some of the same companies were the same.

Now, to the real question of why the companies below were not included. In most cases, it is due to size. Many of the companies below are far larger than the Academy and really would not be

considered a comparable company. I have listed the latest revenue CEO compensation for all but American College of Medical Administrators. I haven't found any records on this one yet. Also, the American College of Obstetrics could not be found. However, I did find the American College of Obstetrics And Gynecology.

I applaud looking at getting additional feedback from a consultant or any outside source. Hopefully, whomever you choose will validate the direction we took was correct and only adjustments at the "margin" are necessary.

Paul

From: DMartin@Burke.k12.ga.us

Sent: Wednesday, January 08, 2014 8:40 AM

To: Ethan Bergman; Paul Mifsud; Glenna McCollum; Sonja Connor; peark02@outlook.com

Subject: Re: CEO Compensation reference list--feedback requested

Paul, I spent some time to see if I could come up with any other companies that I thought might fit into this category, and this is the list I came up with. What I am not sure of is how to get their revenue? I feel like a few of these might be the top three that we eliminated because they paid their CEO's the highest amounts (i.e. American Heart Association, American Diabetes Association, American Hospital Association). Do you know how we could see if we needed to add these organizations? Anybody else have any thoughts on this list?

1. American Hospital Association
 - a. Revenue \$115,032,000
 - b. CEO Compensation -\$2,862,423
2. American Medical Association
 - a. Revenue - \$247,052,720
 - b. CEO compensation - \$1,373,833
3. American College of Surgeons
 - a. Revenue - \$72,828,600

- b. CEO compensation - \$820,563
- 4. American Academy of Pediatrics
 - a. Revenue - \$104,368,887
 - b. CEO compensation - \$638,732
- 5. American College of Obstetrics And Gynecology
 - a. Revenue - \$13,415,601
 - b. CEO compensation - \$567,000
- 6. American College of Radiology
 - a. Revenue - \$97,477,457
 - b. CEO compensation - \$749,427
- 7. American College of Medical Administrators
 - a. Revenue – TBD
 - b. CEO compensation - TBD
- 8. American Academy of Orthopedic Surgeons
 - a. Revenue - \$40,606,779
 - b. CEO compensation - \$545,467
- 9. American Diabetes Association
 - a. Revenue - \$202,794,922
 - b. CEO compensation - \$785,327
- 10. American Psychiatric Association

a. Revenue - \$43,458,148

b. CEO compensation - \$664,053

11. American Psychological Association

a. Revenue - \$130,673,415

b. CEO compensation - \$686,848

12. American Heart Association

a. Revenue - \$626,004,591

b. CEO compensation - \$843,506

13. Institute of Architects

a. Revenue - \$55,550,226

b. CEO compensation - \$458,226

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Russell <peark02@outlook.com> 1/5/2014 10:35 AM >>>

Hello all,

Happy weekend.

We are having a blizzard here in Chicago--6-12" today and wind chills of 50 below by tonight. Hope things are much better for all of you (except Paul who is also dealing with this).

Attached is the company reference list we have used as a reference for helping to benchmark Pat's compensation. Would you please review it and let me know if there are companies you wish to add or delete? **I'd appreciate if you could do that and respond to me by Monday 1/13.** If I don't hear from you by then I'll assume that you are fine with the list as it stands.

As Paul has eloquently summarized the goal is not necessarily to select companies exactly like Academy in structure and size since that isn't always representative of the market. **The key components are a company's willingness and ability to pay for expertise and knowledge.**

The Academy's total structure, with everyone, is now approximately \$41M in total revenue and over \$67M in total assets. So, if the CEO's position was available and you wanted to attract a new CEO with "talent", you will be competing with companies of a similar size and ability to pay.

Thank you very much.

Mary

1644. Estate Gift to the Foundation

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Jan 10, 2014 16:51:29
Subject: Estate Gift to the Foundation
Attachment:

Correspondence from Susie Burns follows.

From: Susan Burns

Sent: Friday, January 10, 2014 10:43 AM

To: 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; dwheller@mindspring.com; 'connors@ohsu.edu'; DMartin@Burke.k12.ga.us; 'craytef@auburn.edu'; 'jean.ragalie-carr@rosedmi.com'; 'lauraromig@gmail.com'; 'dbier@bcm.edu'; 'MChristE@porternovelli.com'; 'MurrayMD@live.com'; Patricia Babjak

Cc: Mary Beth Whalen; Paul Mifsud; Katie Brown; Beth Labrador; Amy Donatelli; Martha Ontiveros

Subject: Estate gift to the Foundation

Good morning. I wanted to share with you that the Foundation received a \$569,125.33 bequest from the estate of Martha Snavelly who passed away on June 8, 2013. She was 96 years of age, a member of the Academy and past donor to the Foundation. As designated in the estate, a named fund will be established to support public education activities of the foundation. These

dollars will help advance our work through programs like Kids Eat Right.

Following is some additional information from her obit:

Martha was the daughter of Elizabeth Gordon Keith and Edgar Keith, of Birmingham, Alabama. Martha graduated with a B. S. from Auburn University and completed a dietetic internship at Vanderbilt University. She served her country in WWII as a dietician for the troops in the European Theater. She returned home in 1945 to marry her beloved husband, Dr. John Robert Snavely, whom she'd met overseas. They lived in New Orleans while Bob taught at Tulane University. Bob and Martha relocated to Jackson when he was asked to participate in establishing a medical school at the University of Mississippi.

Martha was a proud, energetic woman, always ready to take on a challenge, tell a story or offer a smile. Bob passed away too young, in 1964. Martha returned to her roots as a dietitian for the American Heart Association, for whom she had been an active volunteer since 1955. She served on their Board of Directors beginning in 1965. Martha was given an American Heart Association award for distinguished service in advancing their heart program. She was also active with the American Dietetic Association, the American Cancer Society, the Kidney Foundation and other health related groups.

Martha enjoyed many leisure activities, especially golf. She was a member of the Colonial Ladies' Golf Association, the Jackson Ladies' Golf Association, the Senior Women's Golf Association and the Mississippi Women's Golf Association. She held offices, ran tournaments and enthusiastically competed in all. Her interest in music and the arts, including fabric design, brought her joy. She was dearly loved by her family and spent annual vacations with her brother and his family until she was no longer able to travel.

Martha was predeceased by her parents, her husband and a niece, Mary Keith Schwartz. She is survived by her brother, Edward Gordon Keith, niece Joann Keith Jaffey, nephew, Edward Gordon Keith, jr. (Joan), great niece, Cindy Van Geer, (Erik), and three great nephews, David Schwartz, (Alison), Michael Schwartz and Craig Jaffey. She is also survived by many treasured good friends, especially Iola Thomas, Eddie Mural Clerk, A. B. Stewart and John Gibson, whose kindness and support allowed her to live in her own home until her death.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
312-899-4752
www.eatright.org/foundation

1645. RE: CEO Compensation reference list--feedback requested

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 10, 2014 16:44:51
Subject: RE: CEO Compensation reference list--feedback requested
Attachment:

Donna,

I hope I did not offend you. That was not my intent. When we used a consultant the last time, the Board was not happy. What I think would be very helpful is if the consultant helped develop the "compensation structure". For example; Base salary and bonus. How large or small should the bonus be? How would it be administered? What are the quantifiable measures that will determine success? How can we move Pat from X to Y if she is not properly compensated. The consultants will work with us to determine the comparables anyway. When we did this the last time, I believe Carolyn and I worked with them on a list of companies. So, they will take our recommendations and let us know if they are reasonable. Having a consultant work on the structure reduces the "bias" that could be incorporated otherwise.

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Paul

From: DMartin@Burke.k12.ga.us
Sent: Friday, January 10, 2014 1:30 PM
To: Paul Mifsud
Cc: Ethan Bergman; Glenna McCollum; Sonja Connor; peark02@outlook.com; Carolyn Patterson
Subject: Re: CEO Compensation reference list--feedback requested

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Sent from my iPhone

On Jan 10, 2014, at 12:45 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

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2. Organization of similar size (we felt a range of \$30 - \$50 million would appropriate. However, if there were companies larger or smaller that the team felt absolutely needed to be included, they were).
3. Geography. Originally, we focused on the Chicago area. Chicago does have a great deal of healthcare related organizations. However, we quickly realized that we really could not restrict the geography to Chicago. So, it was expanded. I believe we ended up with about 25% coming from Chicago. The highest concentration ended up being in the Washington DC area. That is natural because it has the largest concentration of Non-Profits in the county. The pool of CEO candidates could come from anywhere. So, this made sense.

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I applaud looking at getting additional feedback from a consultant or any outside source. Hopefully, whomever you choose will validate the direction we took was correct and only adjustments at the "margin" are necessary.

Paul

From: DMartin@Burke.k12.ga.us

Sent: Wednesday, January 08, 2014 8:40 AM

To: Ethan Bergman; Paul Mifsud; Glenna McCollum; Sonja Connor; peark02@outlook.com

Subject: Re: CEO Compensation reference list--feedback requested

Paul, I spent some time to see if I could come up with any other companies that I thought might fit into this category, and this is the list I came up with. What I am not sure of is how to get their revenue? I feel like a few of these might be the top three that we eliminated because they paid their CEO's the highest amounts (i.e. American Heart Association, American Diabetes Association, American Hospital Association). Do you know how we could see if we needed to add these organizations? Anybody else have any thoughts on this list?

1. American Hospital Association
 - a. Revenue \$115,032,000
 - b. CEO Compensation -\$2,862,423
2. American Medical Association
 - a. Revenue - \$247,052,720
 - b. CEO compensation - \$1,373,833

3. American College of Surgeons
 - a. Revenue - \$72,828,600
 - b. CEO compensation - \$820,563
4. American Academy of Pediatrics
 - a. Revenue - \$104,368,887
 - b. CEO compensation - \$638,732
5. American College of Obstetrics And Gynecology
 - a. Revenue - \$13,415,601
 - b. CEO compensation - \$567,000
6. American College of Radiology
 - a. Revenue - \$97,477,457
 - b. CEO compensation - \$749,427
7. American College of Medical Administrators
 - a. Revenue – TBD
 - b. CEO compensation - TBD
8. American Academy of Orthopedic Surgeons
 - a. Revenue - \$40,606,779
 - b. CEO compensation - \$545,467
9. American Diabetes Association
 - a. Revenue - \$202,794,922
 - b. CEO compensation - \$785,327

10. American Psychiatric Association

- a. Revenue - \$43,458,148
- b. CEO compensation - \$664,053

11. American Psychological Association

- a. Revenue - \$130,673,415
- b. CEO compensation - \$686,848

12. American Heart Association

- a. Revenue - \$626,004,591
- b. CEO compensation - \$843,506

13. Institute of Architects

- a. Revenue - \$55,550,226
- b. CEO compensation - \$458,226

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Russell <peark02@outlook.com> 1/5/2014 10:35 AM >>>

Hello all,
Happy weekend.

We are having a blizzard here in Chicago--6-12" today and wind chills of 50 below by tonight. Hope things are much better for all of you (except Paul who is also dealing with this).

Attached is the company reference list we have used as a reference for helping to benchmark Pat's compensation. Would you please review it and let me know if there are companies you wish to add or delete? **I'd appreciate if you could do that and respond to me by Monday 1/13.** If I don't hear from you by then I'll assume that you are fine with the list as it stands.

As Paul has eloquently summarized the goal is not necessarily to select companies exactly like Academy in structure and size since that isn't always representative of the market. **The key components are a company's willingness and ability to pay for expertise and knowledge.** The Academy's total structure, with everyone, is now approximately \$41M in total revenue and over \$67M in total assets. So, if the CEO's position was available and you wanted to attract a new CEO with "talent", you will be competing with companies of a similar size and ability to pay.

Thank you very much.

Mary

1646. RE: CEO Compensation reference list--feedback requested

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Ethan Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Carolyn Patterson <CPatterson@eatright.org>
Sent Date: Jan 10, 2014 12:45:32
Subject: RE: CEO Compensation reference list--feedback requested
Attachment:

Donna and all,

Again, sorry I am late to the party. I wanted to address Donna's concerns about why some "medical organizations" were included and some were not. When we had the original list, we opened it up to the entire universe of Not for Profits of any substance and size. I believe we started with over 300. Naturally, you want to reduce this to a manageable amount. We felt that somewhere in the 25-30 range would be acceptable. Keep in mind, since the companies used would be compiled for an average compensation, adding additional would not impact the overall results significantly. Even with that, I believe we ended up with 38 companies.

A few of the key components that we looked at were;

1. Similar organizations. Being in the healthcare arena was first. However, this could also mean structural similarities.
2. Organization of similar size (we felt a range of \$30 - \$50 million would appropriate. However, if there were companies larger or smaller that the team felt absolutely needed to be included, they were).
3. Geography. Originally, we focused on the Chicago area. Chicago does have a great deal of healthcare related organizations. However, we quickly realized that we really could not restrict the geography to Chicago. So, it was expanded. I believe we ended up with about 25% coming from Chicago. The highest concentration ended up being in the Washington DC area. That is natural because it has the largest concentration of Non-Profits in the county. The pool of CEO candidates could come from anywhere. So, this made sense.

Each member of the team independently picked companies from the list to see if a common core materialized. Carolyn and I provided input based on our experience with the compensation consultants previously. Carolyn and I compiled the feedback. A core set of companies did materialize from the original list. Naturally, there was some give and take on the remaining.

When the list was completed, we believed it represented a strong sample of the types of companies we should be compared too. If I recall properly, our list was far larger than PRM consulting provided previously, but, some of the same companies were the same.

Now, to the real question of why the companies below were not included. In most cases, it is due to size. Many of the companies below are far larger than the Academy and really would not be considered a comparable company. I have listed the latest revenue CEO compensation for all but American College of Medical Administrators. I haven't found any records on this one yet. Also, the American College of Obstetrics could not be found. However, I did find the American College of Obstetrics And Gynecology.

I applaud looking at getting additional feedback from a consultant or any outside source. Hopefully, whomever you choose will validate the direction we took was correct and only adjustments at the "margin" are necessary.

Paul

From: DMartin@Burke.k12.ga.us

Sent: Wednesday, January 08, 2014 8:40 AM

To: Ethan Bergman; Paul Mifsud; Glenna McCollum; Sonja Connor; peark02@outlook.com

Subject: Re: CEO Compensation reference list--feedback requested

Paul, I spent some time to see if I could come up with any other companies that I thought might fit into this category, and this is the list I came up with. What I am not sure of is how to get their revenue? I feel like a few of these might be the top three that we eliminated because they paid their CEO's the highest amounts (i.e. American Heart Association, American Diabetes Association, American Hospital Association). Do you know how we could see if we needed to add these organizations? Anybody else have any thoughts on this list?

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 - a. Revenue \$115,032,000
 - b. CEO Compensation -\$2,862,423
2. American Medical Association
 - a. Revenue - \$247,052,720

- b. CEO compensation - \$1,373,833
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"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Russell <peark02@outlook.com> 1/5/2014 10:35 AM >>>

Hello all,

Happy weekend.

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Attached is the company reference list we have used as a reference for helping to benchmark Pat's compensation. Would you please review it and let me know if there are companies you wish to add or delete? **I'd appreciate if you could do that and respond to me by Monday 1/13.** If I don't hear from you by then I'll assume that you are fine with the list as it stands.

As Paul has eloquently summarized the goal is not necessarily to select companies exactly like Academy in structure and size since that isn't always representative of the market. **The key components are a company's willingness and ability to pay for expertise and knowledge.** The Academy's total structure, with everyone, is now approximately \$41M in total revenue and over \$67M in total assets. So, if the CEO's position was available and you wanted to attract a new CEO with "talent", you will be competing with companies of a similar size and ability to pay.

Thank you very much.

Mary

1647. The Academy Needs You Back

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Jan 10, 2014 12:37:48
Subject: The Academy Needs You Back
Attachment:

The Academy Needs You Back

Having trouble viewing this e-mail? [View it in your browser.](#)

Donna,

Our team isnt the same without you!

Join us again at the Academys Public Policy Workshop this spring from March 30 to April 1 to advocate for dietetics and the health of the nation!

Just for you, this year at PPW we are showcasing

- New professional issues that impact reimbursement and coverage
- Advanced leadership training
- Communications workshops
- Networking opportunities with nutrition leaders and policy experts
- Face-to-face meetings with your members of Congress

We would like to encourage you to bring a friend or colleague! We are offering group discounts for groups of three or more.

We appreciate your nutrition advocacy work and look forward to seeing you again in Washington, D.C.!

Share this mailing with your social network:

This email was sent to you from the Academy of Nutrition and Dietetics.

If you prefer not to receive future emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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1648. Estate gift to the Foundation

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Jan 10, 2014 11:43:02
Subject: Estate gift to the Foundation
Attachment: [image001.png](#)

Good morning. I wanted to share with you that the Foundation received a \$569,125.33 bequest from the estate of Martha Snavelly who passed away on June 8, 2013. She was 96 years of age, a member of the Academy and past donor to the Foundation. As designated in the estate, a named fund will be established to support public education activities of the foundation. These dollars will help advance our work through programs like Kids Eat Right.

Following is some additional information from her obit:

Martha was the daughter of Elizabeth Gordon Keith and Edgar Keith, of Birmingham, Alabama. Martha graduated with a B. S. from Auburn University and completed a dietetic internship at Vanderbilt University. She served her country in WWII as a dietician for the troops in the European Theater. She returned home in 1945 to marry her beloved husband, Dr. John Robert Snavelly, whom she'd met overseas. They lived in New Orleans while Bob taught at Tulane University. Bob and Martha relocated to Jackson when he was asked to participate in establishing a medical school at the University of Mississippi.

Martha was a proud, energetic woman, always ready to take on a challenge, tell a story or offer a smile. Bob passed away too young, in 1964. Martha returned to her roots as a dietitian for the American Heart Association, for whom she had been an active volunteer since 1955. She served

on their Board of Directors beginning in 1965. Martha was given an American Heart Association award for distinguished service in advancing their heart program. She was also active with the American Dietetic Association, the American Cancer Society, the Kidney Foundation and other health related groups.

Martha enjoyed many leisure activities, especially golf. She was a member of the Colonial Ladies' Golf Association, the Jackson Ladies' Golf Association, the Senior Women's Golf Association and the Mississippi Women's Golf Association. She held offices, ran tournaments and enthusiastically competed in all. Her interest in music and the arts, including fabric design, brought her joy. She was dearly loved by her family and spent annual vacations with her brother and his family until she was no longer able to travel.

Martha was predeceased by her parents, her husband and a niece, Mary Keith Schwartz. She is survived by her brother, Edward Gordon Keith, niece Joann Keith Jaffey, nephew, Edward Gordon Keith, jr. (Joan), great niece, Cindy Van Geer,(Erik), and three great nephews, David Schwartz, (Alison), Michael Schwartz and Craig Jaffey. She is also survived by many treasured good friends, especially Iola Thomas, Eddie Mural Clerk, A. B. Stewart and John Gibson, whose kindness and support allowed her to live in her own home until her death.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1649. Sad News

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Jan 09, 2014 18:09:26
Subject: Sad News
Attachment:

It is with sadness that I inform you of the death of John Milner, PhD, who passed away last week. Dr. Milner was an Honorary Member of the Academy and a speaker at the recent FNCE in Houston.

Dr. Milner was the Director and Senior Scientist at the USDA Beltsville Human Nutrition Center. He earned a Ph.D. from Cornell University in nutrition, with a minor in biochemistry and physiology and a B.S. in animal sciences from Oklahoma State University. He was a fellow in the American Association for the Advancement of Science and the Institute of Food Technologists. From 2000 to 2012, he was Chief of the Nutritional Science Research Group in the Division of Cancer Prevention at the National Cancer Institute. From 1989 to 2000, he was Head of and a Professor in the Department of Nutrition at The Pennsylvania State University where he also served as Director of the Graduate Program in Nutrition. Before joining Penn State, he was a faculty member for 13 years in the Food Science Department at the University of Illinois, Urbana-Champaign, where he served as the Director of the Division of Nutritional Sciences and as an Assistant Director of the Agricultural Experiment Station.

Dr. Milner published more than 225 book chapters, monographs, and journal articles. He served on the editorial boards for *Food and Nutrition Research*, *Frontiers in Nutrigenomics*, *Nutrition and Cancer*, *Nutrfood*, *Journal of Nutritional Biochemistry*, *Journal of Alternative and Complementary Medicine*, *Journal of Ovarian Research*, and *The Journal of Medical Foods*. He was a Senior Editor for *Cancer Prevention Research* and an Associate Editor for the *International Journal for Nutrigenetics and Nutrigenomics*.

Viewings for John Milner were held at Robert A. Pumphrey Funeral Home in Rockville, Maryland on Monday, January 6th. The religious service for John Milner will be on Saturday, January 18th, at 4:30 pm at St. Mark Orthodox Church 7124 River Rd, Bethesda MD 20817. In lieu of flowers, contributions may be made to the John A. Milner Graduate Student Endowment in Nutritional Sciences, Department of Nutritional Sciences, Penn State University, 201 Henderson Bldg., University Park, PA 16802.

A tribute to Dr. Milner will be published in the People and Events section of an upcoming issue of the *Journal of the Academy of Nutrition and Dietetics*.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

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1650. Development Committee Meeting

From: Beth Labrador <BLabrador@eatright.org>
To: 'robert murray' <MurrayMD@live.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'tjraymond@ <aol.com' tjraymond@aol.com>
Cc: Susan Burns <Sburns@eatright.org>, Martha Ontiveros
<Montiveros@eatright.org>
Sent Date: Jan 08, 2014 16:34:12
Subject: Development Committee Meeting
Attachment: [image001.png](#)

Good afternoon. Thank you for getting back to me so quickly regarding your availability in February for the face to face meeting of the Development Committee in Chicago. The date that works best for everyone is Wednesday, February 12th. Martha Ontiveros will be sending you information on booking your flight as well as hotel information shortly.

I hope it is warm where you are. It is a balmy 14 degrees in Chicago right now. I am looking forward to seeing you in February. We will work on getting warmer weather here in time for your visit!

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

1651. Updated Travel and Medical Provider - International

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Christian Krapp <ckrapp@eatright.org>
Sent Date: Jan 08, 2014 14:32:32
Subject: Updated Travel and Medical Provider - International
Attachment: [DOC731.pdf](#)

Travel and medical assistance is available when you travel internationally on Academy business. Effective January 1, 2014, Chubb insurance has changed providers for this coverage from FrontierMEDEX to Europ Assistance. Attached is the information sheet and identification card from Europ Assistance. Please keep this information with you when traveling out of the country for the Academy.

If you have any questions, please feel free to contact Christian Krapp, Controller, at CKrapp@eatright.org.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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Fax number: 312-899-4765

Email: jschwaba@eatright.org

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1652. Daily News: Wednesday, January 8, 2014

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 08, 2014 11:29:50
Subject: Daily News: Wednesday, January 8, 2014
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

Due to the inclement weather on Monday, 1-6-14 & Tuesday, 1-7-14 our office was closed and the Daily News was not sent out. Sorry for any inconvenience this may have caused.

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

FTC orders weight-loss firm Sensa Products to return \$26.5 million

Sensa Products, maker of a powder it claims activates the part of the brain that helps control appetite, used faulty science, the FTC says.

<http://www.latimes.com/business/la-fi-ftc-sensa-20140108,0,1888862.story#ixzz2pog89OBo>

Source: Federal Trade Commission-see press releases below

-Sensa and Three Other Marketers of Fad Weight-Loss Products Settle FTC Charges in Crackdown on Deceptive Advertising

-FTC Has Updated Guidance for Media Outlets on Spotting False Weight-Loss Claims in Advertising

-Companies Pitching Genetically Customized Nutritional Supplements Will Drop Misleading Disease Claims

<http://www.ftc.gov/news-events/press-releases>

The best diets, according to U.S. News and World Report

http://www.washingtonpost.com/national/health-science/the-best-diets-according-to-us-news-and-world-report/2014/01/06/4dc78d12-7262-11e3-9389-09ef9944065e_story.html

Related Resource: NHLBI- Dietary Approaches to Stop Hypertension (DASH)

<http://www.nhlbi.nih.gov/health/health-topics/topics/dash/printall-index.html>

Labeling Food With 'Stop' or 'Go' Colors Might Spur Healthier Diet

Cafeteria items marked green for healthy or red for junk food led to shift in buying habits, study found

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/food-and-nutrition-news-316/traffic-light-food-labels-positioning-of-healthy-items-683571.html>

Source: *American Journal of Preventive Medicine*

<http://www.ajpmonline.org/>

Study weighs value vs. health goals in consumer mindset

<http://www.foodnavigator.com/Science-Nutrition/Study-weighs-value-vs.-health-goals-in-consumer-mindset>

Source: *Journal of Marketing*

<http://journals.ama.org/doi/abs/10.1509/jm.11.0261>

Who is using MyPlate?

<http://www.medicalnewstoday.com/releases/270691.php>

Related Resource: *Journal MyPlate Message Chronicles*

<http://www.andjrn.org/content/myplate>

Uncle Sam to help feed poor after food-stamp program cuts

<http://www.nbcnews.com/business/uncle-sam-help-feed-poor-after-food-stamp-program-cuts-2D11867141>

Related Resource: The Emergency Food Assistance Program (TEFAP)

<http://www.fns.usda.gov/tefap>

Study Ties Diabetic Crises to Dip in Food Budgets

http://www.nytimes.com/2014/01/07/health/study-finds-more-diabetic-hospital-visits-when-food-budgets-dip.html?hpw&rref=health&_r=2&

Source: *Health Affairs*

<http://content.healthaffairs.org/content/33/1/116.abstract?sid=be4ca11b-be9c-4854-874d-1bd3d8ea5041>

Cancer Prevention Guidelines Seem to Pay Off for Older Women

Large study found adherents were less likely to develop or die from disease

<http://consumer.healthday.com/general-health-information-16/misc-alcohol-news-13/women-cancer-prevention-cpr-release-batch-1086-683600.html>

Source: Cancer Prevention Research

<http://cancerpreventionresearch.aacrjournals.org/content/7/1/42.abstract>

Fatty diet may impact metabolism through circadian rhythms, say researchers

(Consumption of a high-fat diet can affect metabolism by effectively reprogramming the circadian 'clock' in our liver, according to new research)

<http://www.foodnavigator.com/Science-Nutrition/Fatty-diet-may-impact-metabolism-through-circadian-rhythms-say-researchers>

Source: *Cell*

<http://www.cell.com/retrieve/pii/S0092867413014852>

Related Resource: Position of the Academy of Nutrition and Dietetics: Dietary Fatty Acids for Healthy Adults

[http://www.andjrn.org/article/S2212-2672\(13\)01672-9/abstract](http://www.andjrn.org/article/S2212-2672(13)01672-9/abstract)

USDA allows more meat, grains in school lunches

http://www.washingtonpost.com/politics/usda-allows-more-meat-grains-in-school-lunches/2014/01/03/c07d64b8-7455-11e3-bc6b-712d770c3715_story.html

Overweight and obesity in developing countries 'alarming'

(The 'alarming' rise in overweight and obese adults in developing countries is growing into a huge public health burden, says one of the authors of a new report from a UK think tank)

<http://www.medicalnewstoday.com/articles/270803.php>

Source: Overseas Development Institute

<http://www.odi.org.uk/future-diets>

Energy Bars That Put a Chirp in Your Step

(Two former college roommates use ground-up crickets for a protein-filled snack)

http://www.nytimes.com/2014/01/08/dining/energy-bars-that-put-a-chirp-in-your-step.html?_r=0

MedlinePlus: Latest Health News

-Americans Living Longer Than Ever: CDC

A child born in 2009 is expected to reach 78.5 years, but one expert says longer life may not mean better life

-Health Tip: Why Keep a Health Journal?

It helps track illnesses and treatments

-Many Hispanic Women Unaware of Heart Disease Risk Factors

Prevention strategies should target minority females, researchers say

-Daycare Surfaces May Hold Germs Longer Than Thought

Even well-cleaned cribs were contaminated with bacteria that can cause illness, study found

-Health Tip: Stock Your Car for Winter Weather

Don't forget the blankets

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Apply to Become an Academy Spokesperson

The Academy is looking for media-savvy RDs and RDNs to join its prestigious team of volunteer media spokespeople.

If you are interested in promoting the profession and healthful eating to media across the country, please consider applying. Learn more at www.eatright.org/members/spokespersonapplication

Navigating special diets

Tips on entertaining with allergies and other special diets at the table

(Vandana Sheth, Academy Spokesperson quoted)

http://articles.chicagotribune.com/2014-01-03/features/sc-food-0103-diet-glossary-20140104_1_food-intolerances-celiac-disease-wheat-allergy

Consumer Reports: Four healthful foods you can overdo

(Jessica Crandall, Academy Spokesperson quoted)

<http://www.courant.com/business/custom/consumer/hc-ls-consumer-reports-food-overdo-20140104,0,5215066.story>

Good Health: Tips to help you turn away from temptation

(Marisa Moore, Academy Spokesperson quoted)

<http://www.ksfy.com/story/24358679/good-health-tips-to-help-you-turn-away-from-temptation>

Avoiding sugar bombs in your diet

(Katie Ferraro, RD featured)

<http://www.sandiego6.com/story/avoiding-sugar-bombs-in-your-diet-20140107>

Eat McDonald's for 3 months, lose 37 pounds?

(Jo Ann Hattner, RDN quoted)

<http://www.usatoday.com/story/money/business/2014/01/06/mcdonalds-nutrition-fast-food-mcdonalds-menu/4339395/>

Go Greek: Mediterranean Diet Helps Fight Diabetes Without Counting Calories

(Lisa Young, RD quoted)

<http://www.usnews.com/news/articles/2014/01/06/go-greek-mediterranean-diet-helps-fight-diabetes-without-counting-calories>

Dieting on the Web

(By Susan Kasik-Miller, RD)

http://www.leadertelegram.com/features/food/article_b9ea70f2-677c-5ddb-b55e-7098e913bda9.html

Healthy eating habits often start at your desk at work

(Jo Ann Hattner, RDN quoted)

<http://www.sfgate.com/default/article/Healthy-eating-habits-often-start-at-your-desk-at-5112094.php#page-1>

Ormond Beach dietitian not big on extremes

(Stacey Scrabis, RD quoted)

<http://www.news-journalonline.com/article/20140106/LIVING/140109816/1065?Title=Ormond-Beach-dietitian-not-big-on-extremes-#gsc.tab=0>

Expert Tips: Be Good To Your Heart

(Jennifer Bailiff, RD featured)

<http://www.digtriad.com/video/default.aspx?bctid=3017336189001&odyssey=mod|tvideo|article>

Benefits of Eating in Color

(Frances Largeman-Roth, RD featured)

http://video.foxnews.com/v/3018479106001/benefits-of-eating-in-color/?playlist_id=930909749001#sp=show-clips&v=3018479106001

Mediterranean Diet Alone May Lower Diabetes Risk

Key ingredient of study: use of extra-virgin olive oil, not calorie counting or exercise

(Connie Diekman, RD quoted)

http://www.nlm.nih.gov/medlineplus/news/fullstory_143890.html

Quote of the Week

"We spend January 1st walking through our lives, room by room, drawing up a list of work to be done, cracks to be patched. Maybe this year, to balance the list, we ought to walk through the rooms of our lives... not looking for flaws, but for potential."

-Ellen Goodman

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The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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s&o=25428

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-25428-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

1653. Eat Right Weekly - January 8, 2014

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 08, 2014 11:06:17
Subject: Eat Right Weekly - January 8, 2014
Attachment:

Eat Right Weekly
January 8, 2014

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[On the Pulse of Public Policy](#)

[Nutrition Policy Impacts Your Job: What Are You Doing About It?](#)

Whether or not you are involved in nutrition health policy, it is affecting your career. Take your profession by the reins by standing up for important nutrition issues at the Academy's 2014 Public Policy Workshop, March 30 to April 1 in Washington, D.C. Join 500 of your fellow registered dietitian nutritionists and dietetic technicians, registered to advance your leadership and communications skill set and advocate for critical health policies. Discounts are available for students and groups consisting of three or more people.

[Learn More >>](#)
[CPE Corner](#)

[January 30 Webinar: Help for Those in Prediabetic State](#)

The epidemic of diabetes has shifted the spotlight to prediabetes and earlier intervention. The Diabetes Prevention Program stresses lifestyle interventions, but there are other specific diet components that affect metabolic and anthropometric risk factors of the prediabetic state. The Academy's Evidence Analysis Workgroup for the Prevention of Diabetes has established nutrition recommendations for the management of the prediabetic state.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Test Your Skills and Earn up to 25 CPE Credits: Save 10% in January

The Academy's *Professional Skills Review* has links to current research articles and professional content, plus more than 650 multiple-choice questions to help you assess your knowledge. Save 10 percent in January.

[Learn More >>](#)

Students: Save 10% on Student Exam Prep in January

The Academy's *Student Exam Prep (StEP)* covers all domains from the Registration Examination for Dietitians and helps you brush up on your skills and knowledge. Save 10 percent in January.

[Learn More >>](#)

Save on Your Academy Dues

Renew early for the 2014-2015 membership year, and save 2% on your dues; you'll get next's year dues at this year's prices. Open to Active and Retired members only - take advantage of this special opportunity before January 15. In addition, you can opt to receive future dues notices electronically and participate in automatic renewal.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison, or nominate yourself or a fellow student to the Student Advisory Committee.

[Learn More >>](#)

Submit Nominations for 2014 Academy Honors and Awards

Members spoke, the Academy listened: The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its national Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields.

[Learn More >>](#)

New Opportunity: Become a Fellow of the Academy of Nutrition and Dietetics

Designation as a Fellow of the Academy of Nutrition and Dietetics (FAND) recognizes your professional accomplishments, valuable service to the profession and public, and pursuit of lifelong learning. By earning the right to include the FAND initials among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition professionals.

[Learn More >>](#)

Explore New Orleans with Fifty Plus MIG Travel Club

Join the Fifty Plus in Nutrition and Dietetics Member Interest Group in exploring New Orleans, La., May 15 to 18. The registration deadline is January 31.

[Learn More >>](#)

Diversity Leader Program Accepting Applications

The Diversity Leader Program introduces Academy members in the Active membership classification to leadership opportunities and professional resources. The program is a two-year commitment, with the first year focused on Academy programs and the second year focused on a volunteer experience selected by the Diversity Leader. The program will begin its sixth year in October.

[Learn More >>](#)

The Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

USDA School Breakfast Resources

Promote school breakfast with new resources from the U.S. Department of Agriculture.

[Learn More >>](#)

Academy Member Updates

Offer Extended: 2014 Eat Right Calendar Sale

Celebrate the New Year all year with 12 months of food-related photos taken by your colleagues. The 2014 Eat Right calendar, published by the *Journal of the Academy of Nutrition and Dietetics*, features photos taken by the finalists in the *Journal's* annual photo contest and includes dozens of important dates for food and nutrition practitioners.

[Learn More >>](#)

Malnutrition Resource Center

The *Journal of the Academy of Nutrition and Dietetics*, with sponsorship provided by Abbott Nutrition and the Abbott Nutrition Health Institute, houses the Malnutrition Resource Center. This resource center provides peer-reviewed content covering malnutrition and is an important educational tool for registered dietitian nutritionists, nurses, and health practitioners in nutritional science, medical nutrition therapy, public health nutrition, food science and biotechnology, foodservice systems, leadership and management, and dietetics education.

[Learn More >>](#)

Philanthropy, Awards and Grants

Apply for Foundation Awards and Scholarships

The Academy Foundation offers awards and scholarships to Academy members and dietetics students in recognition of their professional accomplishments and enables registered dietitian nutritionists to enhance their education and skills.

[Learn More >>](#)

February 1 Deadline: CDR Leadership Grant

The purpose of the CDR Leadership Grant is to provide financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training. Programs should prepare individuals to move into leadership positions within their organization. The application deadline is February 1.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation and ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

New: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

January 17 Deadline: Malnutrition Research Fellowship from Abbott Nutrition

An award funded by the Foundation via a grant from Abbott Nutrition will provide a one-year, full-time research fellowship experience to a registered dietitian nutritionist who has completed a

master's or doctoral degree.

[Learn More >>](#)

February 1 Deadline: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue.

[Learn More >>](#)

New: Kids Eat Right Mini-Grant Opportunity

To support the use of Kids Eat Right toolkits, 25 grants of \$200 are available to KER members. Recipients of the mini-grants agree to give two presentations between February 3 and March 28, from any of the seven Kids Eat Right toolkits.

[Learn More >>](#)

\$1 Million Available in General Mills Champions for Healthy Kids Partnership Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in annual grants for innovative nutrition and physical activity programs being implemented by 501(c)3 charities that enlist the expertise of registered dietitian nutritionists. For 2014, General Mills will double this amount, providing the Foundation \$1 million to make these grants available.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

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Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1654. RE: CEO Compensation reference list--feedback requested

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Ethan Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Jan 08, 2014 09:56:36
Subject: RE: CEO Compensation reference list--feedback requested
Attachment:

Donna,

It will take a day or two, but, I can get the revenue and CEO compensation for each of these companies. A few on this list will be much bigger than the Academy. That being said, I will get back to you tomorrow.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, January 08, 2014 8:40 AM
To: Ethan Bergman; Paul Mifsud; Glenna McCollum; Sonja Connor; peark02@outlook.com
Subject: Re: CEO Compensation reference list--feedback requested

Paul, I spent some time to see if I could come up with any other companies that I thought might fit into this category, and this is the list I came up with. What I am not sure of is how to get their revenue? I feel like a few of these might be the top three that we eliminated because they paid their CEO's the highest amounts (i.e. American Heart Association, American Diabetes Association, American Hospital Association). Do you know how we could see if we needed to add these organizations? Anybody else have any thoughts on this list?

1. American Hospital Association
2. American Medical Association
3. American College of Surgeons

4. American Academy of Pediatrics
5. American College of Obstetrics
6. American College of Radiology
7. American College of Medical Administrators
8. American Academy of Orthopedic Surgeons
9. American Diabetes Association
10. American Psychiatric Association
11. American Psychological Association
12. American Heart Association
13. Institute of Architects

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Russell <peark02@outlook.com> 1/5/2014 10:35 AM >>>

Hello all,

Happy weekend.

We are having a blizzard here in Chicago--6-12" today and wind chills of 50 below by tonight. Hope things are much better for all of you (except Paul who is also dealing with this).

Attached is the company reference list we have used as a reference for helping to benchmark Pat's compensation. Would you please review it and let me know if there are companies you wish to add or delete? **I'd appreciate if you could do that and respond to me by Monday 1/13.** If I don't hear from you by then I'll assume that you are fine with the list as it stands.

As Paul has eloquently summarized the goal is not necessarily to select companies exactly like Academy in structure and size since that isn't always representative of the market. **The key components are a company's willingness and ability to pay for expertise and knowledge.** The Academy's total structure, with everyone, is now approximately \$41M in total revenue and over \$67M in total assets. So, if the CEO's position was available and you wanted to attract a new CEO with "talent", you will be competing with companies of a similar size and ability to pay.

Thank you very much.

Mary

1655. FW: Updated Travel and Medical Provider - International

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Jan 08, 2014 09:55:15
Subject: FW: Updated Travel and Medical Provider - International
Attachment: [image001.png](#)
[DOC731.pdf](#)

Good morning. I hope everyone had a wonderful holiday and is staying warm! Although the Foundation Board does not typically travel internationally, I wanted to share the attached information. Please let me know if you need additional information. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Christian Krapp

Sent: Thursday, January 02, 2014 3:03 PM

To: Patricia Babjak; Paul Mifsud; Barbara Visocan; Harold Holler; Mary Beth Whalen; Chris Reidy; Alison Steiber; Jeanne Blankenship; Mary Pat Raimondi; Mary Ann Taccona

Cc: Carrollyn Patterson; Dee Crye; Joan Schwaba

Subject: Updated Travel and Medical Provider - International

All:

As a reminder, travel and medical assistance is available when you or your staff travel on business internationally. Effective January 1, 2014, Chubb insurance has changed provider for this coverage from FrontierMEDEX to Europ Assistance. Attached is the new information sheet and identification card from Europ Assistance. Please keep this information with you when traveling out of the country. In addition, please provide a copy to any of your staff members (Board Members and Volunteers as well) scheduled for international travel in the coming year.

If you have any questions regarding this matter, please feel free to ask me.

Thank-you,

Christian Krapp

Controller

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312-899-4824

Fax: 312-899-5335

Email: CKrapp@eatright.org

www.eatright.org

1656. Your Time to Shine - Become a Fellow of the Academy of Nutrition and Dietetics

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Jan 07, 2014 11:29:32
Subject: Your Time to Shine - Become a Fellow of the Academy of Nutrition and Dietetics

Attachment:

Your Time to Shine - Become a Fellow of the Academy of Nutrition and Dietetics

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

Dear Donna:

Stand out from the crowd and be recognized for your contributions to the Academy and the dietetics profession by becoming a Fellow of the Academy of Nutrition and Dietetics (FAND). Designation as a FAND recognizes your professional accomplishments, valuable service to the public and quest for life-long learning. In addition, being a Fellow signifies not only tenure in the dietetics profession, but also living the Academys values of customer focus, integrity, innovation and social responsibility.

This is your time to shine! Becoming a Fellow showcases your expertise to your colleagues, clients and the public. In addition, you benefit from the following:

- Entitlement to use the designation of Fellow of the Academy of Nutrition and Dietetics (FAND).
- Inclusion in the *Journal of the Academy of Nutrition and Dietetics* listing of Fellows during the year of designation.
- Ready-to-use templates to promote your new FAND status to your employer and local newspaper.
- Use of the Academy Member/Fellow logo.
- A Fellowship certificate (suitable for framing).
- Recognition at the Academys Food & Nutrition Conference & Expo (FNCE®).

Hear what a member had to say about recently becoming a FAND:

I feel inspired and responsible to make a difference as a Fellow!

Sandy Morreale, MBA, RD, FAND

Learn more about the program and start the online application today!

Applicants for the Academy Fellow program must be current Active category Academy members in good standing, have a minimum of 5 years previous Academy membership (any category) and 5 cumulative years of full-time or part-time nutrition and dietetics employment. Those seeking the recognition must submit a fee as well as complete an online application by receiving a minimum of 100 points.

Sincerely,
The Membership Team
The Academy of Nutrition and Dietetics

Share this mailing with your social network:

Membership announcements are sent to you as member of the Academy of Nutrition and Dietetics.

If you prefer not to receive future alerts, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1657. RE: CEO Compensation reference list--feedback requested

From: Paul Mifsud <PMifsud@eatright.org>
To: Glenna McCollum <glenna@glennamccollum.com>, peark02@outlook.com
<peark02@outlook.com>, 'Ethan Bergman' <bergmane@cwu.edu>, 'Sonja
Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Jan 06, 2014 14:26:53
Subject: RE: CEO Compensation reference list--feedback requested
Attachment:

All,

Here is a high level breakdown of the revenue and expense for FNCE from the last 5 years. I say rough because I have kept the running tab, but, I want to make sure I did not miss anything. Also, we are still processing expenses for Houston. That being said, the breakdown is as follows;

2014

2013

2012

2011

2010

Houston

Philadelphia

San Diego

Boston

Denver

Revenues

\$ 4,577,671
\$ 4,474,911
\$ 4,172,715
\$ 4,983,674
\$ 3,606,855

Expenses

\$ 1,769,954
\$ 1,932,270
\$ 1,996,534
\$ 2,221,862
\$ 1,738,549

Operating Income/(Deficit)

\$ 2,807,717
\$ 2,542,641
\$ 2,176,181
\$ 2,761,812
\$ 1,868,306

I will let you know tomorrow if these are good to go.

Paul

From: Glenna McCollum [mailto:glenna@glennamccollum.com]

Sent: Monday, January 06, 2014 11:11 AM

To: peark02@outlook.com; 'Ethan Bergman'; 'Sonja Connor'; DMartin@Burke.k12.ga.us; Paul Mifsud

Subject: RE: CEO Compensation reference list--feedback requested

Hello Mary:

Thank you for this information and I agree, the list provides good comparative data. Also, since I'm not on the FAC any longer, I would also like the 3 year comparison for FNCE. Perhaps Paul can provide this summary to me – and anyone else who might want the information (Ethan?)

Thanks

Glenna

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

Wisdom is knowing when enough is sufficient - P Goedert, Esq.

Take time to enjoy a *Granada afternoon!*

From: Mary Russell [mailto:peark02@outlook.com]

Sent: Sunday, January 05, 2014 8:36 AM

To: Glenna McCollum; Ethan Bergman; Sonja Connor; Donna Martin; Paul Mifsud

Subject: CEO Compensation reference list--feedback requested

Hello all,

Happy weekend.

We are having a blizzard here in Chicago--6-12" today and wind chills of 50 below by tonight. Hope things are much better for all of you (except Paul who is also dealing with this).

Attached is the company reference list we have used as a reference for helping to benchmark Pat's compensation. Would you please review it and let me know if there are companies you wish to add or delete? **I'd appreciate if you could do that and respond to me by Monday 1/13.** If I don't hear from you by then I'll assume that you are fine with the list as it stands.

As Paul has eloquently summarized the goal is not necessarily to select companies exactly like Academy in structure and size since that isn't always representative of the market. **The key components are a company's willingness and ability to pay for expertise and knowledge.** The Academy's total structure, with everyone, is now approximately \$41M in total revenue and over \$67M in total assets. So, if the CEO's position was available and you wanted to attract a new CEO with "talent", you will be competing with companies of a similar size and ability to pay.

Thank you very much.

Mary

1658. RE: CEO Compensation reference list--feedback requested

From: Paul Mifsud <PMifsud@eatright.org>
To: Glenna McCollum <glenna@glennamccollum.com>, peark02@outlook.com <peark02@outlook.com>, 'Ethan Bergman' <bergmane@cwu.edu>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 06, 2014 13:55:05
Subject: RE: CEO Compensation reference list--feedback requested
Attachment:

Glenna,

I can provide the 3 year comparison for what I would refer to as "FNCE direct" by tomorrow. FNCE direct are those revenue and expenses that are defined as operational and specific to FNCE. For example, on the revenue side, this would include registration, exhibits, sponsorships, bookstore, etc. (this would be all of the FNCE revenue). On the expense side, it would include those costs to support the meeting. The costs that would not be included would be for specific meetings like the HOD meeting. That would be contained within its own budget area. To break that out would take a little more time. Would be sufficient? If so, I will have the last 3 years to you tomorrow.

Paul

From: Glenna McCollum [mailto:glenna@glennamccollum.com]
Sent: Monday, January 06, 2014 11:11 AM
To: peark02@outlook.com; 'Ethan Bergman'; 'Sonja Connor'; DMartin@Burke.k12.ga.us; Paul Mifsud
Subject: RE: CEO Compensation reference list--feedback requested

Hello Mary:

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Thanks

Glenna

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

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Sent: Sunday, January 05, 2014 8:36 AM

To: Glenna McCollum; Ethan Bergman; Sonja Connor; Donna Martin; Paul Mifsud

Subject: CEO Compensation reference list--feedback requested

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Thank you very much.

Mary

1659. FW: Office Closure - Monday's Weather

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Catherine Iammartino <Clammartino@eatright.org>
Sent Date: Jan 05, 2014 15:43:58
Subject: FW: Office Closure - Monday's Weather
Attachment:

Due to heavy snow conditions and a deep freeze expected tomorrow in Chicago and surrounding suburbs, we are joining other businesses in the area by closing the office. Management staff monitor emails and will respond to any that are time sensitive and urgent. Teleconferences scheduled for tomorrow are not impacted.

Hoping all of you stay warm and safe!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

From: Carolyn Patterson
Sent: Sunday, January 05, 2014 1:38 PM
To: All Academy Chicago
Cc: DC Office eMail Group
Subject: Office Closure - Monday's Weather
Importance: High

Hello All,

Due to the anticipated dangerously cold weather heading our way, the Chicago office will be closed on Monday, January 6. Please make sure you call the Academy's main office number at 312-899-0040 or 800.877.1600 for further updates.

Please stay safe and warm.

Carolyn

Carolyn Patterson, MBA

Director, Human Resources

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4733

312/899-4766 fax

www.eatright.org

1660. RE: CEO Compensation Review

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Jan 03, 2014 15:29:25
Subject: RE: CEO Compensation Review
Attachment: [ceo 2011 compensation.doc](#)

Donna,

I believe this document has all of the companies listed. Let me know how you would like to proceed.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Friday, January 03, 2014 1:56 PM
To: Paul Mifsud; peark02@outlook.com
Subject: RE: CEO Compensation Review

Paul, Do you have the list or access to the list? Maybe we could split it up to look at companies and then see how many we need to take off or add?

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 1/3/2014 2:14 PM >>>

Mary,

I think it may also have included Judy Rodriguez as well. However, the team might now include the 3 Ps. If I can be so bold; I would recommend that you ask the 3 Ps to review the list to see if there is a company they think should be added or removed. I also would make the same recommendation of you and Donna. That way, everyone will have ownership of the comparisons. One of the primary reasons we went through a process to determine the comparison companies the last time is because Ron Moen provided the previous one and the Board was not satisfied it was representative of the companies the Academy should be compared too. I believe the list was originally done correctly, but, without input from the stakeholders, it was bound to fail. When we all did it together the last time, I believe everyone felt satisfied it represented a good approximation of the companies the Academy should benchmark the CEO compensation.

There might be a tendency to get Pat's input. That isn't wrong. However, it might give the perception of bias. So, keep that in mind if you choose to do so.

In any event, this is just a suggestion. If you do provide the option of the 3Ps to look at the list, they may look at the companies and want them to be exactly like Academy in structure and size. As you know from the original list, this isn't always representative of the market. Some companies will have a similar structure, some will not. The key component is a company's willingness and ability to pay for expertise and knowledge. The Academy's total structure, with everyone, is now approximately \$41M in total revenue and over \$67M in total assets. So, if the CEO's position was available and you wanted to attract a new CEO with "talent", you will be competing with companies of a similar size and ability to pay

Again, let me know what you want me to do. I am here to serve. I know if you want Carolyn to look at the list, she would be happy to do so. As would I.

Paul

From: peark02@outlook.com

Sent: Friday, January 03, 2014 12:37 PM

To: Paul Mifsud; DMartin@Burke.k12.ga.us

Subject: RE: CEO Compensation Review

Paul, the "team" was you, me, Kathy, and Carrolyn (sp?)--am I forgetting anyone?

So now it would be you, Donna, Carrolyn, me---can't ask Treasurer-Elect since she won't yet elected.

From: PMifsud@eatright.org

To: peark02@outlook.com; DMartin@Burke.k12.ga.us

Subject: RE: CEO Compensation Review

Date: Thu, 2 Jan 2014 20:45:17 +0000

Mary,

I would have the "team" look at the comparison companies to determine if they are still the reasonable to use in the next cycle for Pat. I would hope that at least 80% would stay the same. I can understand that some may change. From that point, you can tell me the companies and I will pull the data for you to use. In early November, I know the 3 Ps were looking for all of Pat's contract. There was an exhibit A missing. No one seems to have it. I actually don't think it ever existed. That is the last I heard about the contract. Let me know if you need anything else from me.

Paul

From: peark02@outlook.com

Sent: Thursday, January 02, 2014 2:33 PM

To: Paul Mifsud; DMartin@Burke.k12.ga.us

Subject: CEO Compensation Review

Happy New Year, Paul and Donna!

I have communicated with Glenna (cc Ethan and Sonja) a couple of times over the last few days. I was (as usual) confused about the process and unaware that the 3 Ps had been working on various aspects for some time.

Please see below for Glenna's suggested plan for moving ahead--the red item is of particular interest,

Paul, please refresh my memory about who will collect the comparison data for CEOs? I know you have done it previously--can't recall what we discussed about the most appropriate person to get that info or if we should contract it out.

Thanks very much,
Mary

Quoting Glenna in all following text:

Could I suggest the following:

1. Let's move forward with collecting the CEO Compensation Review information for the necessary comparisons.
2. The CEO evaluation form (completed by the BOD) was reviewed/revised last year, however Pat indicated she wanted to update the job description – appropriate after 5 years. This may require an additional updates on the evaluation form prior to distribution. I will know more after meeting with her January 14th.
3. There was a specific request to Pat during last year's evaluation (letter of May 2012) which the 3Ps are following-up with. We are meeting with Pat on January 30th in DC to finalize the discussion.

I should have provided more information when I stated earlier that we need to coordinate. While the 3Ps are collecting our information for the discussion, please feel free to move forward gathering the data for the compensation review – then we can coordinate a call to Paula Goedert in early February. Let's keep each other posted as we move forward J

1661. Development Committee Meeting

From: Beth Labrador <BLabrador@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'MurrayMD@live.com' <MurrayMD@live.com>
Sent Date: Jan 03, 2014 15:25:04
Subject: Development Committee Meeting
Attachment: [image001.png](#)

Hi and Happy New Year! I hope you all had a wonderful holiday season. I wanted to look at potential dates for our face to face meeting related to the development committee. Can you let me know which dates you are available during the following three weeks of February to travel to Chicago for a one day meeting. Please put an "X" next to the dates you are available. Thanks!

Week of February 10th -14thMonday the 10th: _____Tuesday the 11th: _____Wednesday the 12th _____Thursday the 13th _____Friday the 14th _____**Week of February 17th -21st**Monday the 17th: _____Tuesday the 18th: _____Wednesday the 19th: _____Thursday the 20th: _____Friday the 21st : _____

February 24th-28th

Monday the 24th: _____

Tuesday the 25th: _____

Wednesday the 26th: _____

Thursday the 27th: _____

Friday the 28th : _____

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

1662. RE: CEO Compensation Review

From: Paul Mifsud <PMifsud@eatright.org>
To: peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 03, 2014 14:14:28
Subject: RE: CEO Compensation Review
Attachment:

Mary,

I think it may also have included Judy Rodriguez as well. However, the team might now include the 3 Ps. If I can be so bold; I would recommend that you ask the 3 Ps to review the list to see if there is a company they think should be added or removed. I also would make the same recommendation of you and Donna. That way, everyone will have ownership of the comparisons. One of the primary reasons we went through a process to determine the comparison companies the last time is because Ron Moen provided the previous one and the Board was not satisfied it was representative of the companies the Academy should be compared too. I believe the list was originally done correctly, but, without input from the stakeholders, it was bound to fail. When we all did it together the last time, I believe everyone felt satisfied it represented a good approximation of the companies the Academy should benchmark the CEO compensation.

There might be a tendency to get Pat's input. That isn't wrong. However, it might give the perception of bias. So, keep that in mind if you choose to do so.

In any event, this is just a suggestion. If you do provide the option of the 3Ps to look at the list, they may look at the companies and want them to be exactly like Academy in structure and size. As you know from the original list, this isn't always representative of the market. Some companies will have a similar structure, some will not. The key component is a company's willingness and ability to pay for expertise and knowledge. The Academy's total structure, with everyone, is now approximately \$41M in total revenue and over \$67M in total assets. So, if the CEO's position was available and you wanted to attract a new CEO with "talent", you will be competing with companies of a similar size and ability to pay

Again, let me know what you want me to do. I am here to serve. I know if you want Carolyn to look at the list, she would be happy to do so. As would I.

Paul

From: peark02@outlook.com
Sent: Friday, January 03, 2014 12:37 PM
To: Paul Mifsud; DMartin@Burke.k12.ga.us
Subject: RE: CEO Compensation Review

Paul, the "team" was you, me, Kathy, and Carrolyn (sp?)--am I forgetting anyone?

So now it would be you, Donna, Carrolyn, me---can't ask Treasurer-Elect since she won't yet elected.

From: PMifsud@eatright.org
To: peark02@outlook.com; DMartin@Burke.k12.ga.us
Subject: RE: CEO Compensation Review
Date: Thu, 2 Jan 2014 20:45:17 +0000

Mary,

I would have the "team" look at the comparison companies to determine if they are still the reasonable to use in the next cycle for Pat. I would hope that at least 80% would stay the same. I can understand that some may change. From that point, you can tell me the companies and I will pull the data for you to use. In early November, I know the 3 Ps were looking for all of Pat's contract. There was an exhibit A missing. No one seems to have it. I actually don't think it ever existed. That is the last I heard about the contract. Let me know if you need anything else from me.

Paul

From: peark02@outlook.com
Sent: Thursday, January 02, 2014 2:33 PM
To: Paul Mifsud; DMartin@Burke.k12.ga.us
Subject: CEO Compensation Review

Happy New Year, Paul and Donna!

I have communicated with Glenna (cc Ethan and Sonja) a couple of times over the last few days. I was (as usual) confused about the process and unaware that the 3 Ps had been working on various aspects for some time.

Please see below for Glenna's suggested plan for moving ahead--the red item is of particular interest,

Paul, please refresh my memory about who will collect the comparison data for CEOs? I know you have done it previously--can't recall what we discussed about the most appropriate person to get that info or if we should contract it out.

Thanks very much,
Mary

Quoting Glenna in all following text:

Could I suggest the following:

1. Let's move forward with collecting the CEO Compensation Review information for the necessary comparisons.
2. The CEO evaluation form (completed by the BOD) was reviewed/revised last year, however Pat indicated she wanted to update the job description – appropriate after 5 years. This may require an additional updates on the evaluation form prior to distribution. I will know more after meeting with her January 14th.
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1663. Academy Board Meeting

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 03, 2014 11:40:21
Subject: Academy Board Meeting
Attachment: [BOD Regular Agenda Item Form REVISED 120213.doc](#)
[Academy Northern trust statements through Nov 2013.pdf](#)

Donna,

On the Board agenda for January is an investment overview by Al Bryant. I had him put together both the Academy's and Foundation's results. However, I told him that the Academy would be his focus for the meeting. Here is the information he will be presenting. Let me know if you have any questions.

Paul

1664. RE: CEO Compensation Review

From: Paul Mifsud <PMifsud@eatright.org>
To: peark02@outlook.com <peark02@outlook.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Jan 02, 2014 15:45:19
Subject: RE: CEO Compensation Review
Attachment:

Mary,

I would have the "team" look at the comparison companies to determine if they are still the reasonable to use in the next cycle for Pat. I would hope that at least 80% would stay the same. I can understand that some may change. From that point, you can tell me the companies and I will pull the data for you to use. In early November, I know the 3 Ps were looking for all of Pat's contract. There was an exhibit A missing. No one seems to have it. I actually don't think it ever existed. That is the last I heard about the contract. Let me know if you need anything else from me.

Paul

From: peark02@outlook.com
Sent: Thursday, January 02, 2014 2:33 PM
To: Paul Mifsud; DMartin@Burke.k12.ga.us
Subject: CEO Compensation Review

Happy New Year, Paul and Donna!

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Mary

Quoting Glenna in all following text:

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1665. 2014-15 Board Meetings Calendar

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Jan 02, 2014 12:52:23
Subject: 2014-15 Board Meetings Calendar
Attachment: [2014-15 Meetings Calendar.doc](#)

An updated Board meetings calendar is attached and includes the Board retreat dates. Please note the next Board meeting is a teleconference on Wednesday, January 15. The last calendar was shared with you at the Board meeting in October.

All the best for a healthy and happy 2014!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1666. Daily News: Thursday, January 2, 2014

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Jan 02, 2014 11:35:58
Subject: Daily News: Thursday, January 2, 2014
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Renew as an Early Bird and Save

If you are an Active or Retired member you can renew early for the upcoming 2014/2015 Academy membership year and save 2% on your dues. In addition, you can opt-in to receive future dues notices electronically and/or participate in automatic renewal. This special offer ends January 15, 2014. Log into www.eatright.org and renew as an early bird today!

Vitamin E Slows Decline of Some Alzheimers Patients in Study

http://newoldage.blogs.nytimes.com/2013/12/31/alzheimers/?ref=health&_r=0

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=1810379>

Cholesterol and Alzheimer's disease link strengthens in study

<http://www.latimes.com/science/sciencenow/la-sci-cholesterol-alzheimers-link-20131230,0,4639284.story#axzz2pFs1U0ih>

Source: *JAMA Neurology*

<http://archneur.jamanetwork.com/article.aspx?articleid=1791528>

Ill Have What Theyre Having: Study Finds Social Norms Influence Food Choices

http://www.sciencedaily.com/releases/2013/12/131230101442.htm?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+sciencedaily+%28ScienceDaily%3A+Latest+Science+News%29

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrn.org/article/S2212-2672\(13\)01680-8/abstract](http://www.andjrn.org/article/S2212-2672(13)01680-8/abstract)

Slow eating may reduce hunger but not calorie intake

<http://www.medicalnewstoday.com/articles/270695.php>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrn.org/article/S2212-2672\(13\)01673-0/abstract](http://www.andjrn.org/article/S2212-2672(13)01673-0/abstract)

Meat, smoking have strongest links to cancer incidence rates

<http://www.medicalnewstoday.com/articles/270692.php>

Source: *Nutrients*

<http://www.mdpi.com/2072-6643/6/1/163>

Gout flare-ups may be tamed with tart cherries

<http://www.chicagotribune.com/health/sc-health-0101-pharm-20140102,0,703423.story>

With new year, Medicaid takes on a broader health-care rol

http://www.washingtonpost.com/national/health-science/with-new-year-medicaid-takes-on-a-broader-health-care-role/2013/12/31/83723810-6c07-11e3-b405-7e360f7e9fd2_story.html

Digital Fork Tracks and Sets a User's Eating Pace

http://online.wsj.com/article/SB10001424052702304137304579290632838853244.html?mod=WSJ_hppMIDDLENexttoWhatsNewsSecond

Social Media as a Megaphone to Pressure the Food Industry

<http://www.nytimes.com/2013/12/31/business/media/social-media-as-a-megaphone-to-push-food-makers-to-change.html?ref=health>

The Quest for a Natural Sugar Substitute

<http://www.nytimes.com/2014/01/05/magazine/the-quest-for-a-natural-sugar-substitute.html?ref=health>

Related Resource: Academy Position Paper-Use of Nutritive and Nonnutritive Sweeteners

<http://www.eatright.org/About/Content.aspx?id=8363>

Food Processors Address Frozen Produce's Image Problem

<http://online.wsj.com/news/articles/SB10001424052702304483804579282520637682840>

Sustainability, sourcing top restaurant trends

http://www.upi.com/Business_News/Consumer-Corner/2013/12/29/Consumer-Corner-Sustainability-sourcing-top-restaurant-trends/UPI-55681388314860/

Health care changes to watch for in 2014

<http://www.usatoday.com/story/news/nation/2014/01/01/health-changes-to-look-for-in-2014/4263765/>

Infectious disease dominated health news in 2013

<http://www.usatoday.com/story/news/nation/2013/12/30/health-news-of-2013/4130337/>

I Had My DNA Picture Taken, With Varying Results

<http://www.nytimes.com/2013/12/31/science/i-had-my-dna-picture-taken-with-varying-results.html?ref=health>

5 Hour Energy under pressure to reveal valuable trade secret

<http://www.foodnavigator-usa.com/Regulation/5-Hour-Energy-under-pressure-to-reveal-valuable-trade-secret>

MedlinePlus: Latest Health News

-The Best New Year's Resolutions Are Those You Can Keep

-Peer Pressure May Influence Your Food Choices

-Underactive Thyroid Not Linked to Memory Problems

<http://www.nlm.nih.gov/medlineplus/>

Registered Dietitians in the News

Top Superfoods for 2014

What are nutrition experts stocking up on for the New Year? We surveyed a group of them to find out

(Regan Jones, RD, Louise Goldberg, RD, Rachel Begun, RD & Michelle Dudash, RD all quoted)

<http://www.morningsun.net/article/20131231/NEWS/312319952/10003/LIFESTYLE#ixzz2pFbGXrd>
[Ahttp://www.morningsun.net/article/20131231/NEWS/312319952/10003/LIFESTYLE](http://www.morningsun.net/article/20131231/NEWS/312319952/10003/LIFESTYLE)

New year, new weight loss vows

(Patricia Ward, RD quoted)

<http://chronicle.augusta.com/news/health/2013-12-31/new-year-new-weight-loss-vows>

Mindful eating: Bite by bite, honor the food

(By Jessica Lehmann, RDN; Lilian Cheung, RD, quoted)

<http://www.raisingarizonakids.com/2013/12/mindful-eating/>

Six Diet Wreckers

(Kristyn Lassek, RD quoted)

<http://www.wowt.com/home/headlines/Six-Diet-Wreckers-238190511.html?ref=511>

Top 10 Countdown to a Healthier You for 2014

(Sheryl Lozicki, RD featured)

<http://www.wzzm13.com/video/default.aspx?bctid=2994411709001&odyssey=mod|newswell|text|FRONTPAGE|featured>

Want to lose weight? Eat breakfast, dietitian says

(Patricia Salzer, RD quoted)

<http://www.democratandchronicle.com/story/lifestyle/rocflavors/2013/12/31/want-to-lose-weight-eat-breakfast-dietitian-says/4261243/>

14 Ways to Cut Portions Without Feeling Hungry

(Lisa Young, RD and Dawn Jackson Blatner, RD quoted)

http://www.health.com/health/gallery/0,,20769037_2,00.html

Average person consumes 6,000 calories on Christmas Day

(Azmina Govindji/British Dietetic Association quoted)

http://voiceofrussia.com/uk/news/2013_12_31/Average-person-consumes-6-000-calories-on-Christmas-Day-4245/

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-25306-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1667. Final Rule - Certification of Compliance with Meal Requirements for the National School Lunch Program

From: Jennifer Folliard <JFolliard@eatright.org>
To: Mary Pat Raimondi <mraimondi@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Dayle Hayes <eatwellatschool@gmail.com>
Cc: ddgoldsmith.icia@gmail.com <ddgoldsmith.icia@gmail.com>, pemcconnell@fcps.edu <pemcconnell@fcps.edu>, debbi_beauvais@gateschili.monroe.edu <debbi_beauvais@gateschili.monroe.edu>, alvir@philasd.org <alvir@philasd.org>, ddemers@orcsd.org <ddemers@orcsd.org>, Jbarrett@alsde.edu <Jbarrett@alsde.edu>, deroin@willmar.k12.mn.us <deroin@willmar.k12.mn.us>, Marla_R_Caplon@mcpsmd.org <Marla_R_Caplon@mcpsmd.org>, Teresa Nece <TNece@eatright.org>
Sent Date: Jan 02, 2014 10:19:49
Subject: Final Rule - Certification of Compliance with Meal Requirements for the National School Lunch Program
Attachment: [Certification of Compliance with Meal Requirements for the National School Lunch Program.pdf](#)

Happy New Year!

We received word on New Year's Eve that USDA had released the final rule on certification and compliance with the new meal standards established under the Healthy Hunger-Free Kids Act (attached). We will be conducting a more thorough review of the rule, but wanted to highlight a major provision in the rule which made permanent the meat and grain flexibility.

More to come, but please let us know if you have any thoughts or concerns.

Very best,

Mary Pat and Jenn

Jennifer Noll Folliard MPH, RD
Director, USDA Legislation and Policy
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www.eatright.org

1668. Daily News: Monday, December 30, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 30, 2013 12:12:28
Subject: Daily News: Monday, December 30, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

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Small changes in kids' fast food meal cut calories

<http://www.chicagotribune.com/health/sns-rt-us-food-meal-20131227,0,450601.story>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20668/abstract>

High rates of high blood pressure persist in US Southeast

<http://www.chicagotribune.com/health/sns-rt-us-blood-pressure-20131224,0,1725871.story>

Source: *Circulation: Cardiovascular Quality and Outcomes*

[http://circoutcomes.ahajournals.org/content/early/2013/12/23/CIRCOUTCOMES.113.000155.abstr
act](http://circoutcomes.ahajournals.org/content/early/2013/12/23/CIRCOUTCOMES.113.000155.abstract)

Related Article: Healthy blood pressure tips

[http://www.chicagotribune.com/health/chi-tips-for-healthy-blood-pressure-
20131219,0,7919656.photogallery](http://www.chicagotribune.com/health/chi-tips-for-healthy-blood-pressure-20131219,0,7919656.photogallery)

Heart Risks Common in Teens With HIV

<http://www.medpagetoday.com/HIVAIDS/HIVAIDS/43596>

Source: *Circulation*: Journal of the American Heart Association

<http://circ.ahajournals.org/content/early/2013/12/23/CIRCULATIONAHA.113.001978.abstract>

Roughed Up by an Orca? Theres a Code for That

The new set of codes, known as I.C.D.-10 to start fall 2014

http://www.nytimes.com/2013/12/30/technology/medical-billing-nears-a-new-era-of-ultra-specific-codes.html?ref=health&_r=0

Related Resource: ICD-10 and Version 5010 Conversions

<http://www.eatright.org/Members/content.aspx?id=6442465636>

Want to Live to 100? Eat These Foods

<http://abcnews.go.com/Health/live-100-eat-foods/story?id=21352245#>

Hangover Cures: Fact or Fiction

<http://abcnews.go.com/Health/hangover-cures-fact-fiction/story?id=21350659#>

Ask Well: Is It Good to Sweat?

<http://well.blogs.nytimes.com/2013/12/27/ask-well-is-it-good-to-sweat/?ref=health>

Want to shape up for the New Year? Here's how and why

<http://www.usatoday.com/story/news/nation/2013/12/29/exercise-health-new-year/4042055/>

Five pressing health priorities in 2014- CDC

http://www.washingtonpost.com/national/health-science/2013/12/25/4c9e2a16-69c2-11e3-a0b9-249bbb34602c_story.html

How to Spot Weight-Loss Scams

<http://online.wsj.com/news/articles/SB10001424052702304483804579282233664633834>

MyPlate.gov awareness at 9 per cent

<http://www.stoneearthnewsletters.com/myplate-gov-awareness-at-9-per-cent/nutrition-myplate-gov/>

Source: *Journal of Nutritional Education and Behavior*

[http://www.jneb.org/article/S1499-4046\(13\)00114-0/abstract](http://www.jneb.org/article/S1499-4046(13)00114-0/abstract)

A.D.H.D. Experts Re-evaluate Studys Zeal for Drugs

http://www.nytimes.com/2013/12/30/health/adhd-experts-re-evaluate-studys-zeal-for-drugs.html?pagewanted=1&_r=0&ref=health

One New Year's idea: Have dinner and talk about death

<http://www.usatoday.com/story/news/nation/2013/12/28/new-year-dinner-death/4145493/>

Health law to put calorie info on vending machines

<http://www.usatoday.com/story/news/nation/2013/12/28/health-law-to-put-calorie-info-on-vending-machines/4231391/>

13 states raising pay for minimum-wage workers

<http://www.usatoday.com/story/money/business/2013/12/29/states-raising-minimum-wage/4221773/>

MedlinePlus: Latest Health News

-Eating Speed and Weight

-Tips to Jump-Start Your New Year's Resolutions

-Health Tip: Staying Safe During Winter Weather

http://www.nlm.nih.gov/medlineplus/news/fullstory_143771.html

Registered Dietitians in the News

Jobs- Children's dietitians help create better quality of life

(Kasandra Davis, RD and Kristi King, RD quoted)

<http://www.chron.com/jobs/article/Children-s-dietitians-help-create-better-quality-5096618.php>

Related Resource: Board Certification as a Specialist in Pediatric Nutrition

<http://cdrnet.org/certifications/board-certification-as-a-specialist-in-pediatric-nutrition>

This New Year: Make Realistic Resolutions to Lose Weight

(Jessica Crandall, Academy Spokesperson quoted)

<http://atlantadailyworld.com/2013/12/27/this-new-year-make-realistic-resolutions-to-lose-weight/>

Getting more vitamin D is critical in winter

(Rachel Begun, RD and Lena Beal, RDLena Beal, therapeutic dietitian for Lena Beal, therapeutic dietitian for quoted)

<http://www.wickedlocal.com/arlington/news/lifestyle/x1467741999/Getting-more-vitamin-D-is-critical-in-winter>

Make a New Year's food resolution!

(Katie Ferraro, RD featured)

<http://www.sandiego6.com/story/make-a-new-year-s-food-resolution--20131227>

Food safety tips for Christmas leftovers

(Julie Schwartz, RD quoted)

<http://www.mynews4.com/news/local/story/Food-safety-tips-for-Christmas-leftovers/3dnebf3yokO5qLy86dfylg.csp>

Student takes on prejudice against overweight people

(Liz Oliver, RDN quoted)

<http://www.usatoday.com/story/news/nation/2013/12/29/battle-body-hate-student-politics/4235001/>

Make a new kind of New Year's resolution

(Jae Berman, RD quoted)

http://www.cnn.com/2013/12/30/health/new-years-resolutions-different/index.html?hpt=he_c1

Care home staffs concern over dietitian cutbacks

(hospital in Ireland)

<http://www.limerickleader.ie/news/local-news/care-home-staff-s-concern-over-dietician-cutbacks-1-5774810>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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1669. Daily News & Journal Review: Friday, December 27, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 27, 2013 11:15:21
Subject: Daily News & Journal Review: Friday, December 27, 2013
Attachment:

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Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Dietitians identify 14 diet nutrition and food trends to shape Americans waistlines in 2014

<http://www.news-medical.net/news/20131227/Dietitians-identify-14-diet-nutrition-and-food-trends-to-shape-Americans-waistlines-in-2014.aspx>

Make 2014 your best year ever

<http://www.usatoday.com/story/life/weekend/health/doctors/2013/12/27/make-2014-your-best-year-ever/4185741/>

Food not always the cause of eosinophilic esophagitis

<http://www.chicagotribune.com/health/sns-201312261700--tms--mayoclnctnmc-b20131226-20131226,0,4791635.story>

Related Resource: *The Health Professional's Guide to Food Allergies and Intolerance*

<https://www.eatright.org/shop/product.aspx?id=6442472295>

Childhood Cancer's New Conundrum

More Kids Survive the Disease, but as Adults Become Prone to Premature Aging

<http://online.wsj.com/news/articles/SB10001424052702304244904579276861823300106>

Concussions linked to Alzheimer's disease?

<http://www.latimes.com/science/sciencenow/la-sci-sn-concussion-alzheimers-20131226,0,1432664.story#axzz2ogf3vJwe>

Source: *Neurology*

<http://www.neurology.org/content/early/2013/12/26/01.wnl.0000438229.56094.54.short>

On-site workplace clinics on the rise

Companies seek ways to curb employee health-care costs

<http://www.tennessean.com/article/20131225/BUSINESS05/312250067/2265/BUSINESS05>

Cholesterol drugs can interfere with exercise

<http://www.chicagotribune.com/health/sc-health-1225-pharm-20131227,0,2271702.story>

Infection Resulting in Amputation Raises Questions About Asian Immigrants IV Use

http://www.nytimes.com/2013/12/27/nyregion/infection-resulting-in-amputation-raises-questions-about-asian-immigrants-iv-use.html?ref=health&_r=0

Fitness fails: workouts you need to stop doing in 2014

<http://www.nbcnews.com/health/fitness-fails-workouts-you-need-stop-doing-2014-2D11792111>

As Food Programs Are Cut, Deer Hunters Share the Bounty

<http://www.texastribune.org/2013/12/27/food-programs-are-cut-deer-hunters-share-bounty/>

MedlinePlus: Latest Health News

- Benefit of knee supplements still unclear
 - Extra consultations before cataract surgery rise
 - Common knee surgery ineffective in study
 - Longer breastfeeding tied to better development
- <http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Healthy Food for Kids

(Laura Chalela Hoover, RD featured)

<http://www.wciu.com/youandme.php?section=home&assets=videos&assetID=10012174>

Christmas Food Safety

(Jocelyn Johnson, RD featured)

<http://www.keloland.com/newsdetail.cfm/christmas-food-safety/?id=157871>

Nutrition Labels Decoded

(Carolyn O'Neil, RD quoted)

http://www.grahamleader.com/consumer/ci_24791905/nutrition-labels-decoded

Caffeine in moderation can help with holiday exhaustion

(Roberta Anding, RD quoted)

http://www.yourhoustonnews.com/atascocita/living/caffeine-in-moderation-can-help-with-holiday-exhaustion/article_43454c25-c8bc-568f-8cb3-df0c15014855.html

Be SMART when setting healthy goals

(By Holly Larson, RD)

<http://www.journal-news.com/news/lifestyles/health/ask-holly-be-smart-when-setting-healthy-goals/ncTCL/>

Shedding the pounds after holiday weight gain

(Michelle Cardel, RD featured)

<http://www.9news.com/news/article/370494/339/Shedding-the-holiday-weight-gain>

Tips for saving holiday leftovers

(Julie Schwartz, RD quoted)

<http://www.wwlp.com/news/national/tips-for-saving-holiday-leftovers>

Journal Review

Academys *MNT Provider*, December 2013

<http://www.eatright.org/mntprovider/>

- Medicare payments in 2014: The focus on quality care marches on
- Whats coming next from Centers for Medicare & Medicaid Services?
- End- Stage Renal Disease Quality Incentive Program
- Q &A: What is the difference between telehealth and telenutrition?

Amber Wave, December 16, 2103

<http://www.ers.usda.gov/amber-waves.aspx>

New Analysis Reveals Significant Within-State Variation in SNAP Participation Rates

<http://www.ers.usda.gov/amber-waves/2013-december/new-analysis-reveals-significant-within-state-variation-in-snap-participation-rates.aspx>

American Journal of Epidemiology, January 15, 2014

<http://aje.oxfordjournals.org/content/179/2?etoc>

Body Mass and Weight Change in Adults in Relation to Mortality Risk

<http://aje.oxfordjournals.org/content/179/2/135.abstract>

Maternal Vitamin D Status and Spontaneous Preterm Birth by Placental Histology in the US Collaborative Perinatal Project

<http://aje.oxfordjournals.org/content/179/2/168.abstract>

***Critical Reviews in Food Science and Nutrition*, December 23, 2013 Online First**

<http://www.tandfonline.com/action/showAxaArticles?journalCode=bfsn20>

Health effects of probiotics on the skin

<http://www.tandfonline.com/doi/full/10.1080/10408398.2012.680078>

Nutrition and Health Claims as Marketing Tools

<http://www.tandfonline.com/doi/full/10.1080/10408398.2012.754738>

***Diabetes Care*, January 2014**

<http://care.diabetesjournals.org/content/current>

The Diabetes Control and Complications Trial/Epidemiology of Diabetes Interventions and Complications Study at 30 Years: Overview

<http://care.diabetesjournals.org/content/37/1/9.abstract>

Kidney Disease and Related Findings in the Diabetes Control and Complications Trial/Epidemiology of Diabetes Interventions and Complications Study

<http://care.diabetesjournals.org/content/37/1/24.abstract>

Dairy Consumption, Type 2 Diabetes, and Changes in Cardiometabolic Traits: A Prospective Cohort Study of Middle-Aged and Older Chinese in Beijing and Shanghai

<http://care.diabetesjournals.org/content/37/1/56.abstract>

Correlates of Treatment Patterns Among Youth With Type 2 Diabetes

<http://care.diabetesjournals.org/content/37/1/64.abstract>

Higher Relative Risk for Multiple Sclerosis in a Pediatric and Adolescent Diabetic Population: Analysis From DPV Database

<http://care.diabetesjournals.org/content/37/1/96.abstract>

***European Journal of Nutrition*, December 22, 2013 Online First**

<http://link.springer.com/journal/394>

Effect of dietary fatty acid composition on substrate utilization and body weight maintenance in humans

<http://link.springer.com/article/10.1007/s00394-013-0638-z>

***Health Education Journal*, January 2014**

<http://hej.sagepub.com/content/73/1.toc>

Womens reported health behaviours before and during pregnancy: A retrospective study

<http://hej.sagepub.com/content/73/1/28.abstract>

***Journal of the American Medical Association*, December 25, 2013**

<http://jama.jamanetwork.com/issue.aspx>

Comment & Response: Adherence to Diets for Weight Loss

<http://jama.jamanetwork.com/article.aspx?articleid=1793784>

Groups Release New, Updated Guidelines to Reduce Heart Disease Risk Factors

<http://jama.jamanetwork.com/article.aspx?articleid=1793791>

JAMA Patient Page: Radiation Therapy

<http://jama.jamanetwork.com/article.aspx?articleid=1793803>

JAMA Internal Medicine, December 23, 2013 Online First

<http://archinte.jamanetwork.com/onlineFirst.aspx>

Severe Hypertriglyceridemia With Pancreatitis

<http://archinte.jamanetwork.com/article.aspx?articleid=1790994>

Journal of Nutrition, January 2014

<http://jn.nutrition.org/content/144/1.toc?etoc>

Dietary Magnesium Intake Is Inversely Associated with Mortality in Adults at High Cardiovascular Disease Risk

<http://jn.nutrition.org/content/144/1/55.abstract>

Consumption of Added Sugars from Liquid but Not Solid Sources Predicts Impaired Glucose Homeostasis and Insulin Resistance among Youth at Risk of Obesity

<http://jn.nutrition.org/content/144/1/81.abstract>

Journal of Renal Nutrition, January 2014

<http://www.sciencedirect.com/science/journal/10512276>

Obesity in Kidney Transplantation

<http://www.sciencedirect.com/science/article/pii/S1051227613001647>

Contribution of Food Additives to Sodium and Phosphorus Content of Diets Rich in Processed Foods

<http://www.sciencedirect.com/science/article/pii/S1051227613001659>

Prevalence of Vitamin D Deficiency and Effects of Supplementation With Cholecalciferol in Patients With Chronic Kidney Disease

<http://www.sciencedirect.com/science/article/pii/S1051227613001507>

Phosphorus Content in Commonly Consumed Beverages

<http://www.sciencedirect.com/science/article/pii/S1051227613001817>

Commentary: Time to Revisit the Role of Renal Dietitian in the Dialysis Unit

<http://www.sciencedirect.com/science/article/pii/S1051227613001957>

Nutrition, December 16-20, 2013 Online-First

<http://www.sciencedirect.com/science/journal/aip/08999007>

Impact of advanced and basic carbohydrate counting methods on metabolic control in patients with type 1 diabetes

<http://www.sciencedirect.com/science/article/pii/S0899900713003882>

Probiotic supplementation improves inflammatory status in patients with rheumatoid arthritis

<http://www.sciencedirect.com/science/article/pii/S0899900713004395>

Nutrition and Your Child- Number 4 2013

<https://www.bcm.edu/research/centers/childrens-nutrition-research-center/index.cfm?pmid=25648>
(scroll down to articles)

- Advancing the Understanding and Treatment of Severe Malnutrition in Africa
- Web-based Intervention Designed by and for Teens is Effective
- Study Shows that Children Tend to Follow Their Mothers Lead at Dinnertime
- DNA Methylation in Embryonic Stem Cells Turns Genes On

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1670. Daily News: Thursday, December 26, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 26, 2013 11:24:32
Subject: Daily News: Thursday, December 26, 2013
Attachment:

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Best and Worst Health Trends of 2013

<http://abcnews.go.com/Health/best-worst-health-trends-2013/story?id=21329315#>

Related Resource: This New Year, Be a Good Role Model and Help the Whole Family Eat Right and Get Active, Says Academy of Nutrition and Dietetics

<http://www.eatright.org/Media/content.aspx?id=6442479457>

Obesity levels off, but extreme cases tipping the scales

<http://www.usatoday.com/story/news/nation/2013/12/24/obesity-weight-wrapup/3921563/>

Eating peanuts while pregnant cuts child's risk of allergy

<http://www.usatoday.com/story/news/nation/2013/12/23/peanut-allergy-pregnancy/4144583/>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1793699>

Related Resource: *The Health Professionals Guide to Food Allergies and Intolerances*

<https://www.eatright.org/shop/product.aspx?id=6442472295>

Diverticulitis Tied to Higher Risk of IBS

<http://www.medpagetoday.com/Gastroenterology/IrritableBowelSyndrome/43566>

Source: *Clinical Gastroenterology and Hepatology*

[http://www.cghjournal.org/article/S1542-3565\(13\)00386-8/abstract](http://www.cghjournal.org/article/S1542-3565(13)00386-8/abstract)

Study Finds Black Women Most Likely to Have High Blood Pressure

<http://health.usnews.com/health-news/news/articles/2013/12/23/study-finds-black-women-most-likely-to-have-high-blood-pressure>

Source: the journal *Circulation: Cardiovascular Quality and Outcomes*

<http://circoutcomes.ahajournals.org/content/early/2013/12/23/CIRCOUTCOMES.113.000155.abstr>
act

Weight loss surgery safe, beneficial: study

<http://www.chicagotribune.com/health/sns-rt-us-weight-surgery-20131224,0,794580.story>

Source: *JAMA Surgery*

<http://archsurg.jamanetwork.com/article.aspx?articleid=1790378>

Can a Tube Replace Bariatric Surgery? (Procedure is not approved in the U.S. and is currently in clinical trials)

<http://www.medpagetoday.com/PrimaryCare/Obesity/43574>

Technology, prevention will move health care costs down

<http://www.usatoday.com/story/news/nation/2013/12/25/experts-look-at-what-will-bend-the-cost-curve/4187917/>

Related Resource: Telehealth

<http://www.eatright.org/Members/content.aspx?id=7341>

When it comes to walking, more is better

<http://www.reuters.com/article/2013/12/25/us-walking-better-idUSBRE9BO07W20131225>

Source: *PLOS One*

<http://www.plosone.org/article/info:doi%2F10.1371%2Fjournal.pone.0078777>

Mozzarella still Americas most popular cheese

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=41710&ref=collection>

Home (and hungry) for the holidays: Families struggle to feed kids during school break

http://usnews.nbcnews.com/_news/2013/12/24/21984815-home-and-hungry-for-the-holidays-families-struggle-to-feed-kids-during-school-break?lite

Food pantries at schools offer lessons in support

<http://www.baltimoresun.com/news/maryland/carroll/manchester-lineboro/ph-ce-school-pantries-1222-20131223,0,5181175.story>

How to feed an army its veggies and quinoa

<http://www.cbsnews.com/news/how-to-feed-an-army-its-veggies-and-quinoa/>

Texas Roadhouse to push gluten-friendly foods

<http://www.bizjournals.com/louisville/news/2013/12/23/texas-roadhouse-to-push-gluten.html>

MedlinePlus: Latest Health News

- Common Colds: Protect Yourself and Others
- Early start to weight gain tied to later heart risks
- Keep the Holidays Merry for Kids With Diabetes
- Lactation consultants can boost breastfeeding
- Nutritional Supplement May Benefit Parkinson's Patients

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

To lose weight, make resolutions realistic

(Jessica Crandall, Academy Spokesperson quoted)

http://www.bccourier.com/Archives/Community_detail.php?contentId=15772

Nutrition Know- How: How to eat right in an airport

(By Mia Gibson, RD and Angela Lemond, Academy Spokesperson quoted)

http://www.oaoa.com/people/food/nutrition_know_how/article_88b67e84-6cf8-11e3-ba8b-0019bb30f31a.html

Nutritional supplements not a black and white issue

(By Sheah Rarback, RD)

<http://www.miamiherald.com/2013/12/24/3834346/nutritional-supplements-not-a.html>

How to stick to your diet goals this holiday season

(Romi Pattison, RD quoted)

<http://www.wxow.com/story/24291170/2013/12/23/how-to-stick-to-your-diet-goals-this-holiday-season>

Prepare safe holiday meals for those with allergies

(Christine Palumbo, RD quoted)

<http://couriernews.suntimes.com/lifestyles/24415009-423/prepare-safe-holiday-meals-for-those-with-allergies.html>

Five reasons (and a recipe) to eat those leftover cranberries

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x1221259343/Five-reasons-and-a-recipe-to-eat-those-leftover-cranberries>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-25196-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1671. Eat Right Weekly - December 25, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 25, 2013 11:05:38
Subject: Eat Right Weekly - December 25, 2013
Attachment:

Eat Right Weekly
December 25, 2013

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[On the Pulse of Public Policy](#)

[PPW Holiday Discount: Save \\$100 or More on PPW Registration](#)

The Academy wants to wish all members a happy holiday season with discounted rates to the 2014 Public Policy Workshop, March 30 to April 1 in Washington, D.C. Advance the profession and the health of Americans by joining 500 Academy members to advocate for nutrition health policy. Attend the world's largest food and nutrition policy and advocacy summit - and register now, because space is limited.

[Learn More >>](#)
[CPE Corner](#)

[January 30 Webinar: Help for Those in Prediabetic State](#)

The epidemic of diabetes has shifted the spotlight to prediabetes and earlier intervention. The Diabetes Prevention Program stresses lifestyle interventions, but there are other specific diet components that affect metabolic and anthropometric risk factors of the prediabetic state. The Academy's Evidence Analysis Workgroup for the Prevention of Diabetes has established nutrition recommendations for the management of the prediabetic state.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration offers a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Test Your Skills and Earn up to 25 CPE Credits: Save 10% in January

The Academy's *Professional Skills Review* has links to current research articles and professional content, plus more than 650 multiple-choice questions to help you assess your knowledge. Save 10 percent in January.

[Learn More >>](#)

Students: Save 10% on Student Exam Prep in January

The Academy's *Student Exam Prep (StEP)* covers all domains from the Registration Examination for Dietitians and helps you brush up on your skills and knowledge. Save 10 percent in January.

[Learn More >>](#)

Social Media: New Ethics Opinion and Case Studies

A new Ethics Opinion titled "The Impact of Social Media on Business and Ethical Practice in Dietetics" is now available to members online. Additionally, as a result of a 2012 Food & Nutrition Conference & Expo session on the topic, the Ethics Committee has developed nine case studies on "The Impact of Social Media on the RDN and DTR."

[Learn More >>](#)

The Early Bird Catches Academy Dues Savings

Open to Active and Retired members only: Renew your Academy membership before January 15, 2014, for the 2014-2015 membership year and save 2 percent. In addition, you can opt to receive future dues notices electronically and participate in automatic renewal. Take advantage of this special opportunity to renew as an early bird now for 2014-2015 at the 2013-2014 rate.

[Learn More >>](#)

Become a Student Leader

The Student Advisory Committee helps build leadership skills, network with Academy leaders and be a student voice. Nominate a classmate or yourself to the SAC. Applications are due January 17, 2014.

[Learn More >>](#)

Submit Nominations for 2014 Academy Honors and Awards

Members spoke, the Academy listened: The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its national Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields.

[Learn More >>](#)

New Opportunity: Become a Fellow of the Academy of Nutrition and Dietetics

Designation as a Fellow of the Academy of Nutrition and Dietetics (FAND) recognizes your professional accomplishments, valuable service to the profession and public, and pursuit of lifelong learning. By earning the right to include the FAND initials among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition professionals.

[Learn More >>](#)

What's the Academy Doing for Salaries?

Recognition, value and demand for services are the keys to increased salaries and income potential for Academy members. The Academy and all members must work together to raise the perceived value of nutrition services to all stakeholders.

[Learn More >>](#)

New Edition of *MNT Provider* Available

How will the 2014 Physician Fee Schedule affect your practice? What is new with the End-Stage Renal Disease Quality Incentive Program? Is there a difference between telehealth and telenutrition? Find answers to these questions and more in the new edition of *MNT Provider*.

[Learn More >>](#)

Will Clients Practice Food Safety This Holiday?

Food is as much a part of holiday gatherings as football, candles and carols. This holiday season, make sure you and your clients alike keep food safety in mind every step of the way, including proper planning, safe shopping, working in the kitchen and wrapping up leftovers. Share a variety of food safety tips with clients, family and friends from the Home Food Safety program - a collaboration between the Academy and ConAgra Foods.

[Learn More >>](#)

December Book of the Month

Save 10 percent on *The Nutrition Care Process in Pediatric Practice*. This easy-to-use guide shows how to incorporate standardized language (the International Dietetics & Nutrition Terminology) into everyday pediatric practice. The book reviews 15 conditions a registered dietitian nutritionist may encounter in the pediatric setting and walks you through how to apply the NCP.

[Learn More >>](#)

The Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

Academy Member Updates

Visit Elections Website to Learn About Your 2014 Academy Candidates

Biographical information for candidates on the Academy's national ballot is available. Voting for the 2014 election takes place February 1 through February 22.

Submit Nominations for 2014 Academy Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its national Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields.

[Learn More >>](#)

Join Kids Eat Right Group on LinkedIn

Did you know there's a place for Academy members and Kids Eat Right campaign members to get more involved and discuss topics specifically related to children and Kids Eat Right? There is - and you can join.

[Learn More >>](#)

2014 Eat Right Calendar on Sale

Celebrate the New Year all year with 12 months of food-related photos taken by your colleagues. The 2014 Eat Right calendar, published by the *Journal of the Academy of Nutrition and Dietetics*, features photos taken by the finalists in the *Journal's* annual photo contest and includes dozens of important dates for food and nutrition practitioners.

[Learn More >>](#)

Earn CPE with *Journal* Editor's Podcasts

The final part of a three-part podcast series on nutritional genomics, with *Journal* Editor-in-Chief Linda Snetselaar, PhD, RDN, and Ruth DeBusk, PhD, RD, is now available on the *Journal's*

website.

[Learn More >>](#)

Philanthropy, Awards and Grants

Apply for Foundation Awards and Scholarships

The Academy Foundation offers awards and scholarships to Academy members and dietetics students in recognition of their professional accomplishments and enables registered dietitian nutritionists to enhance their education and skills.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation and ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

Support Your Profession's Foundation This Holiday Season and It Will Be Matched

Academy Partner and Kids Eat Right Supporter National Dairy Council will match up to \$20,000 of members' contributions to the Foundation in December.

[Learn More >>](#)

Big Changes in Store for 70 Iowa Schools

Over the past two years, the Foundation and Iowa Department of Education have collaborated on the "Meet the Challenge!" project through educational funding from USDA Team Nutrition and Wellmark Foundation.

[Learn More >>](#)

January 17 Deadline: Malnutrition Research Fellowship from Abbott Nutrition

An award funded by the Foundation via a grant from Abbott Nutrition will provide a one-year, full-time research fellowship experience to a registered dietitian nutritionist who has completed a master's or doctoral degree.

[Learn More >>](#)

February 1 Deadline: Abbott Nutrition Alliance Award

This award will recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue.

[Learn More >>](#)

New: Foundation's CDR Advanced Practice Residency Grant

The purpose of this grant is to provide funding to institutions to establish or enhance ACEND-accredited advanced practice residency programs. Funding is limited and will be capped at \$30,000 per institution. New and existing programs are eligible to apply.

[Learn More >>](#)

\$1 Million Available in General Mills Champions for Healthy Kids Partnership Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in annual grants for innovative nutrition and physical activity programs being implemented by 501(c)3 charities that enlist the expertise of registered dietitian nutritionists. For 2014, General Mills will double this amount, providing the Foundation \$1 million to make these grants available.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

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1672. Daily News: Monday, December 23, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 23, 2013 11:29:48
Subject: Daily News: Monday, December 23, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Renew as an Early Bird and Save

If you are an Active or Retired member you can renew early for the upcoming 2014/2015 Academy membership year and save 2% on your dues. In addition, you can opt-in to receive future dues notices electronically and/or participate in automatic renewal. This special offer ends January 15, 2014. Log into www.eatright.org and renew as an early bird today!

Medicare to Expand Telemedicine Use

<http://www.medpagetoday.com/PublicHealthPolicy/Medicare/43522>

Related Resource: Telehealth

<http://www.eatright.org/Members/content.aspx?id=7341>

Can Tomato Diet Reduce Breast Ca Risk?

<http://www.medpagetoday.com/HematologyOncology/BreastCancer/43518>

Source: *Journal of Clinical Endocrinology & Metabolism*

<http://press.endocrine.org/doi/abs/10.1210/jc.2013-3222>

Heart Healthy Eating: What About Fiber?

<http://www.medpagetoday.com/Cardiology/MyocardialInfarction/43533>

Source: *BMJ*

<http://www.bmj.com/content/347/bmj.f6879>

Consumption of added sugars from liquid but not solid sources predicts impaired glucose homeostasis and insulin resistance among youth at risk of obesity

<http://www.stonehearthnewsletters.com/consumption-of-added-sugars-from-liquid-but-not-solid-sources-predicts-impaired-glucose-homeostasis-and-insulin-resistance-among-youth-at-risk-of-obesity-123/nutrition-food-sugar/>

Source: *Journal of Nutrition*

<http://jn.nutrition.org/content/early/2013/11/06/jn.113.182519.abstract>

Related Resource: Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity

<http://www.eatright.org/About/Content.aspx?id=8381>

Spike in Harm to Liver Is Tied to Dietary Aids

http://www.nytimes.com/2013/12/22/us/spike-in-harm-to-liver-is-tied-to-dietary-aids.html?ref=health&_r=0

Over 95 % of food and beverage ads on childrens programming are unhealthy products

<http://www.foodnavigator-usa.com/Manufacturers/Over-95-of-food-and-beverage-ads-on-childrens-programming-are-unhealthy-products-Study>

Source: *Childhood Obesity*

<http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0072>

Plan Sought to Protect Food Supply From Terrorism

<http://www.nytimes.com/2013/12/21/us/plan-sought-to-protect-food-supply-from-terrorism.html?ref=health>

Source: FDA

<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm379424.htm>

MedlinePlus: Latest Health News

-Simple Steps Could Keep People With Dementia at Home Longer: Study

-Teasing tied to less physical activity among kids

-Walk More to Cut Heart Attack and Stroke Risk, Study Suggests

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

This New Year: Make realistic resolutions to lose weight

(Jessica Crandall, Academy Spokesperson quoted)

<http://sampan.org/2013/12/this-new-year-make-realistic-resolutions-to-lose-weight/>

Milk studies compound debate over what type to drink

(Maureen Bligh, RD quoted)

<http://www.latimes.com/health/la-he-milk-20131221,0,5846105.story#axzz2oJlQgHxz>

A Sweet, Savory (and healthy) Christmas

(Tracy Dugick, RD quoted)

<http://www.thedalleschronicle.com/news/2013/dec/21/sweet-savory-and-healthy-christmas/>

Shakin' up Sochi

(Alicia Kendig, RD quoted)

http://lancasteronline.com/article/local/934646_Shakin--up-Sochi.html

NNY dieters discover strength in numbers to avoid holiday weight gain

(Cathy Moore, RD quoted)

<http://www.watertowndailytimes.com/article/20131222/CURR04/712229976>

Warning: Office snacks can lower your mood, energy

(Lisa Kane, RD quoted)

<http://www.10news.com/lifestyle/health/warning-office-snacks-can-lower-your-mood-energy-12222013>

Delving into Bloomborgs proposed cap on super-size-soda

(Lisa Young, RD quoted)

<http://www.foodnavigator-usa.com/Regulation/Delving-into-Bloomberg-s-proposed-cap-on-super-size-soda>

Trendy superfoods are a marketing trick that fool you into thinking you're being healthy say food experts

(Sioned Quirke, British Dietetic Association Spokesperson quoted)

<http://www.mirror.co.uk/lifestyle/superfoods-marketing-trick-fool-you-2944796#ixzz2oJlJttz3s>

Festive ideas with a foreign flavor

(Jemma O'Hanlon, Dietitian/Australia quoted)

<http://www.couriermail.com.au/lifestyle/health/festive-ideas-with-a-foreign-flavour/story-fnivsueq-1226782310492>

Special hospital meals proving to be popular

(Yumi Ochiai, Dietitian/Japan quoted)

<http://www.japantimes.co.jp/news/2013/12/23/national/special-hospital-meals-proving-to-be-popular/>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-25168-

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1673. Give the gift of your favorite magazine...

From: Food and Nutrition <foodandnutrition@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Dec 21, 2013 08:05:33
Subject: Give the gift of your favorite magazine...
Attachment:

Give the gift of your favorite magazine...

Having trouble viewing this e-mail? View it in your browser.

Food & Nutrition Magazine may be the top publication for registered dietitian nutritionists and other health professionals, but its creative and engaging content offers insightful information that anyone can use to lead a deliciously healthful life!

FoodandNutrition.org/subscribe

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1674. Best Wishes...

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Sent Date: Dec 20, 2013 13:33:51
Subject: Best Wishes...
Attachment: [image005.jpg](#)

1675. Let's Change Nutrition Health Policy Together!

From: Academy President <president@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Dec 20, 2013 13:10:18
Subject: Let's Change Nutrition Health Policy Together!
Attachment:

Let's Change Nutrition Health Policy Together!

Having trouble viewing this e-mail? [View it in your browser.](#)

Dear Donna,

With the New Year brings new opportunities to advance your career and dietetics. Take your career by the reins in 2014: Join me at the Academys Public Policy Workshop, March 30 to April 1 in Washington, D.C.

PPW is the worlds largest food and nutrition policy and advocacy summit, where Academy members and nutrition professionals have the opportunity to advocate for the health of the nation. This year, PPW will feature:

- Unmatched leadership training
- Top communication workshops
- Professional connections with leaders in the field
- Face-to-face dialogue with your members of Congress
- Skills that will launch your career beyond PPW.

Join 500 of your fellow RDNs and DTRs: Stand up for important health issues affecting the nation and our profession.

Discounts are available for students and groups consisting of three or more people.

See you at PPW 2014!

Dr. Glenna McCollum, MPH, RDN
President, 2013-2014

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1676. Giving Thanks this Holiday Season

From: Academy of Nutrition and Dietetics Foundation <foundation@eatright.org>
To: Donna S Martin RD LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 20, 2013 12:14:55
Subject: Giving Thanks this Holiday Season
Attachment:

Giving Thanks this Holiday Season

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Foundation:

Academy Foundation Gives Thanks

The Academy Foundation would like to give thanks to you this holiday season. Your generosity this past year, helped the Foundation make a difference in the health and nutrition of children and families in the US and abroad. The electronic 2012-2013 Academy Foundation donor report is now available online to download.

Every dollar makes a difference!

Your donation will go twice as far in December. Academy Partner and Kids Eat Right Supporter, **National Dairy Council®, will match up to \$20,000 of member contributions in December.**

Share this mailing with your social network:

This email is a benefit for members of the Academy of Nutrition and Dietetics Foundation.
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1677. Daily News & Journal Review: Friday, December 20, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 20, 2013 10:47:50
Subject: Daily News & Journal Review: Friday, December 20, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Americans Still Eat Too Much Salt: CDC

New strategies needed to reduce risk of high blood pressure, experts say

<http://consumer.healthday.com/public-health-information-30/centers-for-disease-control-news-120/americans-still-eating-too-much-salt-cdc-683236.html>

Source: CDC

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6250a1.htm?s_cid=mm6250a1_w

Gut reaction: Zero-calorie sweeteners produce same response as water

(Consumption of zero-calorie artificial sweeteners in a drink may have an identical effect on gut responses as water, according to newly published human data)

<http://www.foodnavigator.com/Science-Nutrition/Gut-reaction-Zero-calorie-sweeteners-produce-same-response-as-water>

Source: *Diabetes Care*

<http://care.diabetesjournals.org/content/36/12/e202.full>

High-fiber diet linked to lower risk of heart disease

<http://www.medicalnewstoday.com/articles/270378.php>

Source: *BMJ*

<http://www.bmj.com/content/347/bmj.f6879>

Nutrition Influences Metabolism Through Circadian Rhythms, Study Finds

<http://www.sciencedaily.com/releases/2013/12/131219134453.htm>

Source: *Cell*

<http://www.cell.com/retrieve/pii/S0092867413014852>

As Body Weight Rises, So Do Health Costs, Study Finds

Increased expenses seen even at healthy weights

<http://consumer.healthday.com/public-health-information-30/health-cost-news-348/as-body-mass-rises-so-do-health-costs-683108.html>

Study: Black Women Lose Less Weight Than White Women on Same Diet

Researcher says they have slower metabolisms, burn fewer calories after same amount of dieting and exercising

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/dieting-to-lose-weight-health-news-195/study-finds-black-women-lose-less-weight-than-white-peers-on-same-diet-683243.html>

Source: *International Journal of Obesity*

<http://www.ncbi.nlm.nih.gov/pubmed/24352292>

Related Resources: Health Professionals Edition Right Size for Me: A Weight Management Guide for African American Women

<https://www.eatright.org/Shop/Product.aspx?id=6442474590>

Right Size for Me: A Weight Management Tool for African American Women

<https://www.eatright.org/shop/product.aspx?id=6442474589>

Being overweight may harm men's semen quality

<http://www.nbcnews.com/health/being-overweight-may-harm-mens-semen-quality-2D11779363>

Related Resource: FNCE 2013 recorded session

-Promoting Fertility via Optimal Nutrition: Utilizing MNT in the Prevention and Treatment of Infertility

<http://www.starlibraries.com/fnce/session/723/Promoting-Fertility-via-Optimal-Nutrition-Utilizing-MNT-in-the-Prevention-and-Treatment-of-Infertility>

Keeping malnutrition on radar after typhoon

<http://www.gulf-times.com/asean-philippines/188/details/375047/keeping-malnutrition-on-radar-after-typhoon>

Related Resource: The Nutrition Care Process in Pediatric Practice (10% off during the month of December)

<https://www.eatright.org/Shop/Product.aspx?id=6442477991>

Healthier Happy Meals

<http://www.sciencedaily.com/releases/2013/12/131219131049.htm>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20668/abstract>

Group (Grocery Manufacturers Association) Seeks Special Label for Food: Natural

http://www.nytimes.com/2013/12/20/business/trade-group-seeks-natural-label-on-modified-food.html?_r=0

For pre-diabetics, just 2,000 steps a day cuts heart attack risk

<http://www.chicagotribune.com/health/sns-rt-us-diabetes-steps-20131219,0,3050373.story>

Related Resource: Upcoming Webinar on Thursday, January, 30, 2014

-From Research to Practice: Helping Those in the Prediabetic State

<https://www.eatright.org/shop/product.aspx?id=6442478597>

Is exercise the elixir of youth?

You're never too old to exercise. A 98-year-old show us why.

http://www.washingtonpost.com/national/health-science/youre-never-too-old-to-exercise-just-ask-my-98-year-old-mom-if-you-see-her-at-the-gym/2013/12/13/1fec72ce-4c86-11e3-ac54-aa84301ced81_story.html

Availability of Food Increases as Countries' Dependence On Food Trade Grows

<http://www.sciencedaily.com/releases/2013/12/131219082800.htm>

Source: *PLoS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0082714>

California 2014 drought could send waves through US commodity markets

(A looming water crisis in California has led more than 50 California lawmakers to request the declaration of a state drought emergency. The dire water situation for the upcoming crop year could send ripples through US agricultural supply says the California Water Alliance, an advocacy organization)

<http://www.foodnavigator-usa.com/Suppliers2/California-2014-drought-could-send-waves-through-US-commodity-markets>

MedlinePlus: Latest Health News

-Obese Kids Might Have Higher Levels of Stress Hormone

But whether extra weight actually causes stress isn't clear, researcher says

-Obesity Tied to Decline in Kidney Function

Study looked at blood-testing methods to detect changes before symptoms begin

-Warfarin May Up Stroke Risk in Those With Irregular Heartbeat: Study

But the risk is temporary as blood thinner use starts, and could be overcome by other means, experts say

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Modest weight loss may reduce heart disease, diabetes risks in middle-aged women

(Cynthia A. Thomson, RD quoted)

<http://www.sciencedaily.com/releases/2013/12/131218171055.htm>

10 hot food trends to expect in 2014

(By Bonnie Taub-Dix, RD)

<http://www.trentonian.com/lifestyle/20131219/10-hot-food-trends-to-expect-in-2014>

How to avoid gaining weight over the holidays

(Marion Morrison, RD quoted)

<http://www.dailytribune.com/lifestyle/20131219/how-to-avoid-gaining-weight-over-the-holidays>

Better U Challenge: Smart Supermarket Shopping

(Emilie Fielder, RDN quoted)

<http://www.wifr.com/news/healthwatch/headlines/Better-U-Challenge-Smart-Supermarket-Shopping-236493571.html>

Pregnancy diet; vitamin D in mushrooms

(Nancy Dell, RD featured)

<http://www.wwlp.com/health/dietitian/nancy-dell-pregnancy-diet-vitamin-d-in-mushrooms>

5 Myths and Facts About Holiday Weight Gain

(By Cynthia Sass, RD)

<http://news.health.com/2013/12/19/5-myths-and-facts-about-holiday-weight-gain/>

Sugar and knowing your healthiest options

(Kimberly Oswalt, RD; Julia Ahrns and Kristin Bergman, dietetic interns all quoted)

<http://www.daytondailynews.com/news/lifestyles/sugar-and-knowing-your-healthiest-options/ncPj7/>

Tips for storing holiday food in the fridge

(Desiree Nielsen, Dietitian/Canada quoted)

<http://www.ottawacitizen.com/life/Tips+storing+holiday+food+fridge/9305629/story.html>

Journal Review

***Journal of the Academy of Nutrition and Dietetics*, January 2014**

<http://www.andjrn.org/current>

Position of the Academy of Nutrition and Dietetics: Dietary Fatty Acids for Healthy Adults

[http://www.andjrn.org/article/S2212-2672\(13\)01672-9/abstract](http://www.andjrn.org/article/S2212-2672(13)01672-9/abstract)

President Page: Compensation and Benefits: Positive Trends

[http://www.andjrnl.org/article/S2212-2672\(13\)01675-4/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01675-4/fulltext)

Compensation and Benefits Survey 2013: Education and Job Responsibility Key to Increased Compensation

[http://www.andjrnl.org/article/S2212-2672\(13\)01679-1/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01679-1/fulltext)

Nutrition Apps: Opportunities to Guide Patients and Grow Your Career

[http://www.andjrnl.org/article/S2212-2672\(13\)01642-0/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01642-0/fulltext)

Diet-Induced Weight Loss: The Effect of Dietary Protein on Bone

[http://www.andjrnl.org/article/S2212-2672\(13\)01376-2/abstract](http://www.andjrnl.org/article/S2212-2672(13)01376-2/abstract)

Transitioning to New Child-Care Nutrition Policies: Nutrient Content of Preschool Menus Differs by Presence of Vegetarian Main Entrée

[http://www.andjrnl.org/article/S2212-2672\(13\)01250-1/abstract](http://www.andjrnl.org/article/S2212-2672(13)01250-1/abstract)

Implementation of the Nutrition Care Process and International Dietetics and Nutrition Terminology in a Single-Center Hemodialysis Unit: Comparing Paper vs Electronic Records

[http://www.andjrnl.org/article/S2212-2672\(13\)01247-1/abstract](http://www.andjrnl.org/article/S2212-2672(13)01247-1/abstract)

Research in Nutrition and Dietetics What Can the Academy Do for You?

[http://www.andjrnl.org/article/S2212-2672\(13\)01678-X/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01678-X/fulltext)

January 2014 New in Review

[http://www.andjrnl.org/article/S2212-2672\(13\)01722-X/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01722-X/fulltext)

Question of the Month: How Can I Support My Clients in Setting Realistic Weight Loss Goals?

[http://www.andjrnl.org/article/S2212-2672\(13\)01677-8/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01677-8/fulltext)

American Journal of Epidemiology, January 2014

<http://aje.oxfordjournals.org/content/179/1?etoc>

Dietary Carbohydrate Intake, Glycemic Index, and Glycemic Load and Endometrial Cancer Risk: A Prospective Cohort Study

<http://aje.oxfordjournals.org/content/179/1/75.abstract>

Obesity and Mortality After Breast Cancer by Race/Ethnicity: The California Breast Cancer Survivorship Consortium

<http://aje.oxfordjournals.org/content/179/1/95.abstract>

American Journal of Lifestyle Medicine, December 11- 18, 2013 Online First

<http://ajl.sagepub.com/content/early/recent>

Recent Recommendations and Current Controversies in Sport Nutrition

<http://ajl.sagepub.com/content/early/2013/12/17/1559827613513410.abstract>

Lifestyle and Complementary Medicine for Common Gastrointestinal Disorders in Pregnancy

<http://ajl.sagepub.com/content/early/2013/12/11/1559827613514167.abstract>

Calcium Supplements and Cardiovascular Disease: A Review

<http://ajl.sagepub.com/content/early/2013/12/04/1559827613512593.abstract>

Annals of Internal Medicine, December 17, 2013

<http://annals.org/issue.aspx>

Oral High-Dose Multivitamins and Minerals After Myocardial Infarction: A Randomized Trial

<http://annals.org/article.aspx?articleid=1789248>

Long-Term Multivitamin Supplementation and Cognitive Function in Men: A Randomized Trial

<http://annals.org/article.aspx?articleid=1789250>

Vitamin and Mineral Supplements in the Primary Prevention of Cardiovascular Disease and Cancer: An Updated Systematic Evidence Review for the U.S. Preventive Services Task Force

<http://annals.org/article.aspx?articleid=1767855>

Screening, Monitoring, and Treatment of Stage 1 to 3 Chronic Kidney Disease: A Clinical Practice Guideline From the American College of Physicians

<http://annals.org/article.aspx?articleid=1757302>

Enough Is Enough: Stop Wasting Money on Vitamin and Mineral Supplements

<http://annals.org/article.aspx?articleid=1789253>

British Journal of Nutrition, December 11-13, 2013 Online First

<http://journals.cambridge.org/action/displayJournal?jid=bjn>

Tea consumption and risk of type 2 diabetes: a doseresponse meta-analysis of cohort studies

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9105701&fulltextType=RV&fileId=S0007114513003887>

Dietary phyto-oestrogens and the risk of ovarian and endometrial cancers: findings from two Australian casecontrol studies

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9117986&fulltextType=RA&fileId=S0007114513003899>

Glycaemic index: did Health Canada get it wrong? Position from the International Carbohydrate Quality Consortium (ICQC)

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9117990&fulltextType=LT&fileId=S0007114513003905>

Canadian Journal of Dietetic Practice and Research, Winter 2013

http://dcjournal.metapress.com/content/h7lkp36h8616/?p=11420262fb1d49469b6992b4c834d4c9&p_o=2

Food and Eating Environments in Canadian Schools

<http://dcjournal.metapress.com/content/wj65773382jq1517/?p=11420262fb1d49469b6992b4c834d4c9&pi=2>

Promoting Nutritional Well-being in Seniors: Feasibility Study of a Nutrition Information Series

<http://dcjournal.metapress.com/content/e443838527053327/?p=2f4ee9e4f1464ab7a461a10f933e578c&pi=4>

Self-reported Causes of Weight Gain Among Prebariatric Surgery Patients

<http://dcjournal.metapress.com/content/6023526532878081/?p=2f4ee9e4f1464ab7a461a10f933e578c&pi=6>

Clinical Nutrition Insight, December 2013

<http://journals.lww.com/clinnutrinsight/pages/currenttoc.aspx>

- Nutrition Research Results Commonly Overstated
- Meta-Analysis: Sugary Beverages Promote Weight Gain
- Diabetes Nutrition Guidelines Embrace A Variety of Eating Patterns

Critical Care Medicine, January 2014

<http://journals.lww.com/ccmjournal/pages/currenttoc.aspx>

Association of Low Serum 25-Hydroxyvitamin D Levels and Sepsis in the Critically Ill

http://journals.lww.com/ccmjournal/Abstract/2014/01000/Association_of_Low_Serum_25_Hydroxy_vitamin_D.13.aspx

Diabetes, January 2014

<http://diabetes.diabetesjournals.org/content/current>

A 5-Day High-Fat, High-Calorie Diet Impairs Insulin Sensitivity in Healthy, Young South Asian Men but Not in Caucasian Men

<http://diabetes.diabetesjournals.org/content/63/1/248.abstract>

Relationship of Glycated Albumin to Blood Glucose and HbA_{1c} Values and to Retinopathy, Nephropathy, and Cardiovascular Outcomes in the DCCT/EDIC Study

<http://diabetes.diabetesjournals.org/content/63/1/282.abstract>

Diabetes Care, January 2014 Supplement

http://care.diabetesjournals.org/content/37/Supplement_1?etoc

Summary of Revisions to the 2014 Clinical Practice Recommendations

http://care.diabetesjournals.org/content/37/Supplement_1/S4.extract

Nutrition Therapy Recommendations for the Management of Adults With Diabetes

http://care.diabetesjournals.org/content/37/Supplement_1/S120.extract

Food and Chemical Toxicology, January 2014

<http://www.sciencedirect.com/science/journal/02786915/63>

Beverage caffeine intakes in the U.S

<http://www.sciencedirect.com/science/article/pii/S0278691513007175>

Food Control, May 2014

<http://www.sciencedirect.com/science/journal/09567135/39/supp/C>

Evaluation of prerequisite programs implementation at schools foodservice

<http://www.sciencedirect.com/science/article/pii/S0956713513005720>

Food hygiene practices in different food establishments

<http://www.sciencedirect.com/science/article/pii/S0956713513005677>

Traceability in a food supply chain: Safety and quality perspectives

<http://www.sciencedirect.com/science/article/pii/S0956713513005811>

Journal of the American Medical Association, December 18, 2013

<http://jama.jamanetwork.com/issue.aspx>

Patterns of Accelerometer-Assessed Sedentary Behavior in Older Women

<http://jama.jamanetwork.com/article.aspx?articleid=1790880>

JAMA Patient Page: Blood Thinners

<http://jama.jamanetwork.com/article.aspx?articleid=1790897>

JAMA, December 18, 2013 Online First

<http://jama.jamanetwork.com/onlineFirst.aspx>

2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults : Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8)

<http://jama.jamanetwork.com/article.aspx?articleid=1791497>

Updated Guidelines for Management of High Blood Pressure: : Recommendations, Review, and Responsibility

<http://jama.jamanetwork.com/article.aspx?articleid=1791423>

Recommendations for Treating Hypertension: : What Are the Right Goals and Purposes?

<http://jama.jamanetwork.com/article.aspx?articleid=1791422>

Journal of the National Cancer Institute, December 18, 2013

<http://jnci.oxfordjournals.org/content/current>

An Epidemiologic and Genomic Investigation Into the Obesity Paradox in Renal Cell Carcinoma

<http://jnci.oxfordjournals.org/content/105/24/1862.abstract>

Human Gut Microbiome and Risk for Colorectal Cancer

<http://jnci.oxfordjournals.org/content/105/24/1907.abstract>

Journal of Parenteral and Enteral Nutrition, December 13, 2013 Online First

<http://pen.sagepub.com/content/early/recent>

Physical Assessment and Anthropometric Measures for Use in Clinical Research Conducted in Critically Ill Patient Populations-An Analytic Observational Study

<http://pen.sagepub.com/content/early/2013/12/06/0148607113515526.abstract>

Lancet, December 16- 20, 2013 Online First

<http://www.thelancet.com/journals/lancet/onlinefirst>

Association between change in daily ambulatory activity and cardiovascular events in people with impaired glucose tolerance (NAVIGATOR trial): a cohort analysis

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62061-9/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62061-9/fulltext)

Global cancer patterns: causes and prevention

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62224-2/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62224-2/abstract)

Lancet, December 21, 2013

<http://www.thelancet.com/journals/lancet/issue/current>

Dextrose gel for neonatal hypoglycaemia (the Sugar Babies Study): a randomised, double-blind, placebo-controlled trial

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61645-1/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61645-1/abstract)

Morbidity and Mortality Weekly Report (MMWR), December 20, 2013

http://www.cdc.gov/mmwr/mmwr_wk.html

Trends in the Prevalence of Excess Dietary Sodium Intake United States, 2003-2010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6250a1.htm?s_cid=mm6250a1_w

CDC Guidance for Evaluating Health-Care Personnel for Hepatitis B Virus Protection and for Administering Postexposure Management

http://www.cdc.gov/mmwr/preview/mmwrhtml/rr6210a1.htm?s_cid=rr6210a1_e

New England Journal of Medicine, December 19, 2013

<http://www.nejm.org/toc/nejm/medical-journal>

First FDA Authorization for Next-Generation Sequencer

<http://www.nejm.org/doi/full/10.1056/NEJMp1314561>

Chronic Infectious Disease and the Future of Health Care Delivery

<http://www.nejm.org/doi/full/10.1056/NEJMsa1310472>

Nutrition in Clinical Practice, December 16, 2013, Online First

<http://ncp.sagepub.com/content/early/recent>

Special Nutrition Challenges

Current Approach to Acute Kidney Injury

<http://ncp.sagepub.com/content/early/2013/12/13/0884533613515726.abstract>

Improving the Provision of Enteral Nutrition in the Intensive Care Unit

A Description of a Multifaceted Intervention Tailored to Overcome Local Barriers

<http://ncp.sagepub.com/content/early/2013/12/13/0884533613516512.abstract>

Nutrition Research, December 6, 2013 Online First

<http://www.sciencedirect.com/science/journal/aip/02715317>

Cinnamon may have therapeutic benefits on lipid profile, liver enzymes, insulin resistance, and hs-CRP in Nonalcoholic Fatty Liver Disease Patients

<http://www.sciencedirect.com/science/article/pii/S0271531713002728>

School Nutrition, December 2013

http://schoolnutrition.org/Level2_SNAMAG.aspx?id=19631

View Digital Edition

<http://mydigimag.rrd.com/publication/?i=186732>

-Protect &Defend: Take steps to ensure your cafeteria and kitchen areas can be a safe haven and

not a security risk. pg.14

-Keep Safety Front of Mind. pg. 40

-Eureka! Its Greek Yogurt. Pg. 44

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-25113-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1678. Food & Nutrition Magazine

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'Glenna McCollum' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
Sent Date: Dec 19, 2013 12:42:48
Subject: Food & Nutrition Magazine
Attachment:

We are now selling yearly subscriptions to *Food & Nutrition* magazine for \$9.99 per year. Subscribers will receive the paper edition, have access to the digital issue and also the APP. We will begin marketing this in January 2014. Starting with the January 2014 issue, we expanded the content and will now have CPE articles, which should please members.

We will be producing a *Food & Nutrition* FNCE[®] edition in 2014. This special edition will be mailed to members with the July/August 2014 issue to generate excitement about our annual conference. It will not cost us more money because we plan on selling ads to cover the costs of production. In fact, we already have some ads in the pipeline.

Have a great weekend!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1679. RE: Meeting with School Nutrition Foundation

From: Mary Beth Whalen <Mwhalen@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 19, 2013 11:44:08
Subject: RE: Meeting with School Nutrition Foundation
Attachment:

Donna, thank you for arranging the meeting. I think there is a great deal we can learn from each other and it will only strengthen our efforts to promote the good work of our members through the Foundation. It was really nice to see you.

Mary Beth Whalen

VP External Affairs

Academy of Nutrition and Dietetics

Executive Director

Academy Foundation

120 South Riverside Plaza, Suite 2000

Chicago, IL. 60606-6995

mwhalen@eatright.org

www.eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, December 18, 2013 9:38 AM
To: Katie Brown; Mary Beth Whalen; Patricia Babjak; Susan Burns
Subject: Meeting with School Nutrition Foundation

Pat, Mary Beth, Susie and Katie,

I cannot begin to thank the four of you for all the time and effort you put into the meeting between The Academy Foundation and The School Nutrition Association Foundation (SNAF)

yesterday. I was so proud, on so many levels, to be a member of the Academy yesterday. The fact that the four of you were so willing to take so much of your extremely valuable time to share best practices with the SNAF was in itself a very generous offer. Yet, when we arrived and I realized that you flew Susie in to meet with us, had Katie set up to do a presentation, had made packets of information for us, and even thought to plan lunch was way above and beyond anything we could have expected. I love the fact that you had already brain stormed some ideas of ways the two organizations could collaborate on future endeavors. Your willingness to share any and all information that you all have worked so hard to develop was in no way typical of most organizations and their modus operandi. Yesterday was just another example of why the Academy is the leader in optimizing health through food and nutrition and why we have become one of the most respected brands out there. We continue to lead not only in our own association, but we are sharing our wealth of knowledge and expertise with other organizations who have similar visions. You made me so proud yesterday and I know how much Scott and Patti appreciated all you did for them. I think this will be the beginning of great things being accomplished with the two organizations working in tandem. I was honored to be a part of history in the making! I hope you all have a restful and Merry Christmas! You all deserve that and more!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1680. Daily News: Thursday, December 19, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 19, 2013 10:43:01
Subject: Daily News: Thursday, December 19, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Renew as an Early Bird and Save

If you are an Active or Retired member you can renew early for the upcoming 2014/2015 Academy membership year and save 2% on your dues. In addition, you can opt-in to receive future dues notices electronically and/or participate in automatic renewal. This special offer ends January 15, 2014. Log into www.eatright.org and renew as an early bird today!

Importance of Food as Key Provider of Vitamins and Nutrients

(Heather Mangieri, Academy spokesperson quoted)

<http://www.sciencedaily.com/releases/2013/12/131217170859.htm>

Cited: *Annals of Internal*

<http://annals.org/issue.aspx?journalid=90&IssueID=929454>

Academy Position Paper: Nutrient Supplementation

<http://www.eatright.org/About/Content.aspx?id=8409>

New Blood Pressure Guidelines Raise the Bar for Taking Medications

Expert panel says treating some earlier with drugs shows little benefit, but other groups express concern

<http://consumer.healthday.com/circulatory-system-information-7/blood-pressure-news-70/new-blood-pressure-guidelines-raise-the-bar-for-taking-medications-683160.html>

Source: *JAMA*-access 2014 Hypertension Guideline and related editorials at:

<http://jama.jamanetwork.com/journal.aspx>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(12\)01199-9/abstract](http://www.andjrnl.org/article/S2212-2672(12)01199-9/abstract)

An Apple A Day Really Keeps The Doctor Away: Proverbial Fruit Rivals Statins In Mortality Model

<http://www.medicaldaily.com/apple-day-really-keeps-doctor-away-proverbial-fruit-rivals-statins-mortality-model-265255>

Source: *BMJ*

<http://www.bmj.com/content/347/bmj.f7267>

Two in Three 13-Year-Old Girls Afraid of Gaining Weight

<http://www.sciencedaily.com/releases/2013/12/131216204031.htm>

Source: *Journal of Adolescent Health*

[http://www.jahonline.org/article/S1054-139X\(13\)00735-0/abstract](http://www.jahonline.org/article/S1054-139X(13)00735-0/abstract)

Review Finds Weight-Loss Surgery Safe and Effective

Benefits outweigh risks for many severely obese patients, expert says

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/obesity-health-news-505/weight-loss-surgery-safe-and-effective-study-683184.html>

Source: *JAMA Surgery*

<http://archsurg.jamanetwork.com/article.aspx?articleid=1790378>

As Food Labels Get Closer Look, Ingredients Vanish

<http://abcnews.go.com/Health/wireStory/food-labels-closer-ingredients-vanish-21250266>

Whole Foods Wont Sell Chobani Greek Yogurt as of Early Next Year

http://www.nytimes.com/2013/12/19/business/whole-foods-wont-sell-chobani-greek-yogurt-as-of-early-next-year.html?_r=0

Healthier choices in store: Program helps Watsonville market change offerings, facade

http://www.register-pajaronian.com/v2_news_articles.php?heading=0&story_id=15644&page=72

Suggested ban on trans fat begs the question: Are substitutes any healthier

<http://www.stonehearthnewsletters.com/suggested-ban-on-trans-fat-begs-the-question-are-substitutes-any-healthier/fat/#sthash.LAJIAUc3.dpuf>

Source: *Chemical & Engineering News*

<http://cen.acs.org/articles/91/i50/Weighing-Trans-Fat-Stand-Ins.html>

Related Resource: National Restaurant Association

-FDA extends comments deadline on artificial trans-fat decision

<http://www.restaurant.org/News-Research/News/FDA-extends-comments-deadline-on-artificial-trans>

OTC Thyroid 'Boosters' May Harm

(thyroid supplements have gained popularity because the symptoms of hypothyroidism -- especially fatigue and weight gain -- are so common in normal aging)

<http://www.medpagetoday.com/Endocrinology/Thyroid/43501>

'Superbug' bacteria widespread in U.S. chicken: consumer group

<http://www.chicagotribune.com/health/sns-rt-us-usa-health-chicken-20131219,0,5664861.story>

Related Resource: FDA

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm378100.htm>

Health Tip: Avoid Food Poisoning During Holiday Travel: Wash hands before eating The Academy of Nutrition and Dietetics offers this advice:

http://www.nlm.nih.gov/medlineplus/news/fullstory_143497.html

MedlinePlus: Latest Health News

-First reports of Chikungunya in Western Hemisphere

CDC issues travel advisory for U.S. residents traveling to St. Martin

-Annual Report to the Nation: Fewer Americans are dying of cancer. That's just one headline out of The Annual Report to the Nation on the Status of cancer

-Diabetes Drug Metformin Tied to Slight Weight Loss in Obese Kids

But, experts say drug isn't meant for that use, while diet and exercise have proven effective

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Evaluating the Effectiveness of a Handbook for Parents of Children Newly Diagnosed With Food Allergy

<http://clinicaltrials.gov/ct2/show/NCT01914978?term=NCT01914978&rank=1>

Registered Dietitians in the News

Giving New Meaning to Gin and Juice

Drinking to Health: Alcohol Mixed With Juice Instead of Soda

(Brooke Alpert, RD & Julie Upton, RD quoted)

http://www.nytimes.com/2013/12/19/fashion/Alcohol-Juice-Cocktails.html?_r=0

6 Dos and Don'ts for First-Time Vegans

(By Cynthia Sass, RD)

<http://abcnews.go.com/Health/dos-donts-time-vegans/story?id=21252177>

Mindful eating benefits both body and mind

(By Timi Gustafson RD)

<http://www.mi-reporter.com/news/236414861.html>

Seven ways to support healthy eating habits during the holidays

(By Doris Pezzotti, RD)

http://www.oregonlive.com/hillsboro/index.ssf/2013/12/seven_ways_to_support_healthy.html

Caffeine in moderation can help with holiday exhaustion

(Roberta Anding, RD quoted)

http://www.waxahachietx.com/news/health/caffeine-in-moderation-can-help-with-holiday-exhaustion/article_92db4e25-d75c-5771-94b5-0e48dbc363f0.html

Skip the cookies: Santas looking for something healthier this year

(By Joan Endyke, RD)

http://www.heraldnews.com/newsnow/x140441987/Skip-the-cookies-Santas-looking-for-something-healthier-this-year?zc_p=1

A healthy holiday buffet

(Lisa Kane, RD quoted)

<http://www.startribune.com/lifestyle/236423841.html>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=25090

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-25090-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1681. Draft January Board Meeting Agenda

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dörner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Dec 19, 2013 10:39:55
Subject: Draft January Board Meeting Agenda
Attachment: [Att 2.0 January 2014 Board AgendaDRAFT.doc](#)

Attached for your review and input is the draft agenda for the January 15 Board teleconference. We welcome your feedback.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

1682. RE: Nominating Committee Evaluation

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 18, 2013 17:57:22
Subject: RE: Nominating Committee Evaluation
Attachment: [image001.png](#)

Thanks!! Margaret, Diane, and Mary responded too. I also suggested that Neva Cochran and Ellen Shanley be asked to be on the workgroup .

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

From: DMartin@Burke.k12.ga.us

Sent: Wednesday, December 18, 2013 4:49 PM

To: Patricia Babjak

Cc: connors@ohsu.edu; bergmane@cwu.edu; KMcClusky@iammorrison.com;
peark02@outlook.com; Nancylewis1000@gmail.com; easaden@aol.com;
becky@beckydorner.com; lbeseler_fnc@bellsouth.net; c.christie@unf.edu;
mgarner@cchs.ua.edu; linda.farr@me.com; dwheller@mindspring.com; bkyale@roadrunner.com;
joe.derochowski@connell-group.com; sandralgill@comcast.net; Glenna McCollum

Subject: Re: Nominating Committee Evaluation

Glenna, I am very interested in participating. Thanks for undertaking this important work.

Sent from my iPhone

On Dec 18, 2013, at 5:20 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

Correspondence from Glenna McCollum follows.

+++++

The Board and HLT are conducting an evaluation of committees to determine if all current committees continue to be necessary in achieving the Academy's strategic direction, if their charge is complete, and if opportunities exist to improve efficiencies. The assessment is conducted every three years.

This year the Board will also be conducting an evaluation of the Nominating Committee, which was last evaluated in 2007. We are asking for a few Board member volunteers to participate on a workgroup to review:

- the Nominating Committee's roles and responsibilities in terms of appropriateness, relevance and value,
- the qualifications and skill sets required of Nominating Committee members,
- the structure of the Nominating Committee in managing the nomination and election processes, and
- the Nominating Committee's composition, size and tenure in terms of efficiency and effectiveness.

The Board Nominating Committee evaluation workgroup will meet by teleconference, with its initial call in January, and a report due by the March 2014 Board meeting. Please let me know if you have any questions or are interested in participating on the workgroup.

<image003.jpg>

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

1683. Nominating Committee Evaluation

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: 'Glenna McCollum' <glenna@glennamccollum.com>
Sent Date: Dec 18, 2013 17:20:54
Subject: Nominating Committee Evaluation
Attachment: [image003.jpg](#)

Correspondence from Glenna McCollum follows.

+++++

The Board and HLT are conducting an evaluation of committees to determine if all current committees continue to be necessary in achieving the Academy's strategic direction, if their charge is complete, and if opportunities exist to improve efficiencies. The assessment is conducted every three years.

This year the Board will also be conducting an evaluation of the Nominating Committee, which was last evaluated in 2007. We are asking for a few Board member volunteers to participate on a workgroup to review:

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- the qualifications and skill sets required of Nominating Committee members,
- the structure of the Nominating Committee in managing the nomination and election processes, and
- the Nominating Committee's composition, size and tenure in terms of efficiency and effectiveness.

The Board Nominating Committee evaluation workgroup will meet by teleconference, with its initial call in January, and a report due by the March 2014 Board meeting. Please let me know if you have any questions or are interested in participating on the workgroup.

Dr. Glenna McCollum, MPH, RDN

President 2013-2014

The Academy of Nutrition and Dietetics

1684. RE: Meeting with School Nutrition Foundation

From: Patricia Babjak <PBABJAK@eatright.org>
To: Ethan Bergman <BergmanE@cwu.EDU>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Cc: Katie Brown <kbrown@eatright.org>, Susan Burns <Sburns@eatright.org>, Connor, Sonja <connors@ohsu.edu>, McCollum, Glenna <glenna@glennamccollum.com>, Mary Beth Whalen <Mwhalen@eatright.org>
Sent Date: Dec 18, 2013 16:03:26
Subject: RE: Meeting with School Nutrition Foundation
Attachment: [image001.png](#)
[image002.png](#)

Thanks, we will! We also shared the literature search that the Academy provided to USDA and your relevant research is included on it.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, IL 60606

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pbabjak@eatright.org

www.eatright.org

From: Ethan Bergman [mailto:BergmanE@cwu.EDU]

Sent: Wednesday, December 18, 2013 11:50 AM

To: Patricia Babjak; DMartin@Burke.k12.ga.us

Cc: Bergman', 'Ethan; Katie Brown; Susan Burns; Connor, Sonja; McCollum, Glenna; Mary Beth Whalen

Subject: RE: Meeting with School Nutrition Foundation

Hi All,

This is wonderful. The more we can collaborate with the SNA the better! We are in the same business to optimize health through food and nutrition! Let me know if I can help in anyway to expand this partnership.

Take care,

Ethan

Ethan Bergman

Ethan A. Bergman, PhD, RDN, CD, FAND

Immediate Past President

Academy of Nutrition and Dietetics

Associate Dean College of Education and Professional Studies &
Professor of Food Science and Nutrition

Department of Nutrition, Exercise, and Health Sciences

CWU Faculty Athletic Representative

400 E University Way

Ellensburg, WA 98926-7415

phone 509 963-1975

fax 509 963-1049

email bergmane@cwu.edu

>>>Patricia Babjak <PBABJAK@eatright.org> 12/18/2013 9:46 AM >>>

Thanks so much for your kind words, Donna! We have worked in parallel on similar issues facing us far too long , and we are excited about this new beginning. We thank you for making the connection and introductions. We have similar missions to empower members to improve the nutritional status, health and academic performance of children, offering many opportunities to bring resources together to advance the strategic goals of both. The time was well spent, and I look forward to our next steps!

Merry Christmas to you and yours, and let's toast to our new alliance!

Pat

Patricia M. Babjak

Chief Executive Officer

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pbabjak@eatright.org

www.eatright.org

From: DMartin@Burke.k12.ga.us

Sent: Wednesday, December 18, 2013 9:38 AM

To: Katie Brown; Mary Beth Whalen; Patricia Babjak; Susan Burns

Subject: Meeting with School Nutrition Foundation

Pat, Mary Beth, Susie and Katie,

I cannot begin to thank the four of you for all the time and effort you put into the meeting between The Academy Foundation and The School Nutrition Association Foundation (SNAF) yesterday. I was so proud, on so many levels, to be a member of the Academy yesterday. The fact that the four of you were so willing to take so much of your extremely valuable time to share best practices with the SNAF was in itself a very generous offer. Yet, when we arrived and I realized that you flew Susie in to meet with us, had Katie set up to do a presentation, had made packets of information for us, and even thought to plan lunch was way above and beyond anything

we could have expected. I love the fact that you had already brain stormed some ideas of ways the two organizations could collaborate on future endeavors. Your willingness to share any and all information that you all have worked so hard to develop was in no way typical of most organizations and their modus operandi. Yesterday was just another example of why the Academy is the leader in optimizing health through food and nutrition and why we have become one of the most respected brands out there. We continue to lead not only in our own association, but we are sharing our wealth of knowledge and expertise with other organizations who have similar visions. You made me so proud yesterday and I know how much Scott and Patti appreciated all you did for them. I think this will be the beginning of great things being accomplished with the two organizations working in tandem. I was honored to be a part of history in the making! I hope you all have a restful and Merry Christmas! You all deserve that and more!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1685. Nominating Committee

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Garner, Margaret <MGarner@cchs.ua.edu>
Sent Date: Dec 18, 2013 15:56:14
Subject: Nominating Committee
Attachment: [image001.png](#)

Please keep a lookout for an email from Glenna to be sent later today asking for volunteers to review the Nominating Committee's composition, qualifications, structure, etc. I'm hoping you will respond and volunteer to be on the workgroup.

Pat

Patricia M. Babjak

Chief Executive Officer

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1686. RE: Meeting with School Nutrition Foundation

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Katie Brown <kbrown@eatright.org>, Susan Burns <Sburns@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Glenna McCollum <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, 'Ethan Bergman' <bergmane@cwu.edu>
Sent Date: Dec 18, 2013 12:46:27
Subject: RE: Meeting with School Nutrition Foundation
Attachment: [image001.png](#)

Thanks so much for your kind words, Donna! We have worked in parallel on similar issues facing us far too long , and we are excited about this new beginning. We thank you for making the connection and introductions. We have similar missions to empower members to improve the nutritional status, health and academic performance of children, offering many opportunities to bring resources together to advance the strategic goals of both. The time was well spent, and I look forward to our next steps!

Merry Christmas to you and yours, and let's toast to our new alliance!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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www.eatright.org

From: DMartin@Burke.k12.ga.us

Sent: Wednesday, December 18, 2013 9:38 AM

To: Katie Brown; Mary Beth Whalen; Patricia Babjak; Susan Burns

Subject: Meeting with School Nutrition Foundation

Pat, Mary Beth, Susie and Katie,

I cannot begin to thank the four of you for all the time and effort you put into the meeting between The Academy Foundation and The School Nutrition Association Foundation (SNAF) yesterday. I was so proud, on so many levels, to be a member of the Academy yesterday. The fact that the four of you were so willing to take so much of your extremely valuable time to share best practices with the SNAF was in itself a very generous offer. Yet, when we arrived and I realized that you flew Susie in to meet with us, had Katie set up to do a presentation, had made packets of information for us, and even thought to plan lunch was way above and beyond anything we could have expected. I love the fact that you had already brain stormed some ideas of ways the two organizations could collaborate on future endeavors. Your willingness to share any and all information that you all have worked so hard to develop was in no way typical of most organizations and their modus operandi. Yesterday was just another example of why the Academy is the leader in optimizing health through food and nutrition and why we have become one of the most respected brands out there. We continue to lead not only in our own association, but we are sharing our wealth of knowledge and expertise with other organizations who have similar visions. You made me so proud yesterday and I know how much Scott and Patti appreciated all you did for them. I think this will be the beginning of great things being accomplished with the two organizations working in tandem. I was honored to be a part of history in the making! I hope you all have a restful and Merry Christmas! You all deserve that and more!

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1687. RE: Meeting with School Nutrition Foundation

From: Susan Burns <Sburns@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 18, 2013 11:30:30
Subject: RE: Meeting with School Nutrition Foundation
Attachment: [image001.png](#)

Donna,

It was great to see you yesterday. These types of meetings are so valuable to both organizations and it is exciting to explore ways that we can work together and continue highlighting the expertise of the RD and RDN. I feel so fortunate to work for such a great organization with so many wonderful members who are so passionate about the profession. Thank you for taking the time to arrange the meeting. Merry Christmas to you and your family!

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: DMartin@Burke.k12.ga.us

Sent: Wednesday, December 18, 2013 9:38 AM

To: Katie Brown; Mary Beth Whalen; Patricia Babjak; Susan Burns

Subject: Meeting with School Nutrition Foundation

Pat, Mary Beth, Susie and Katie,

I cannot begin to thank the four of you for all the time and effort you put into the meeting between The Academy Foundation and The School Nutrition Association Foundation (SNAF) yesterday. I was so proud, on so many levels, to be a member of the Academy yesterday. The fact that the four of you were so willing to take so much of your extremely valuable time to share best practices with the SNAF was in itself a very generous offer. Yet, when we arrived and I realized that you flew Susie in to meet with us, had Katie set up to do a presentation, had made packets of information for us, and even thought to plan lunch was way above and beyond anything

we could have expected. I love the fact that you had already brain stormed some ideas of ways the two organizations could collaborate on future endeavors. Your willingness to share any and all information that you all have worked so hard to develop was in no way typical of most organizations and their modus operandi. Yesterday was just another example of why the Academy is the leader in optimizing health through food and nutrition and why we have become one of the most respected brands out there. We continue to lead not only in our own association, but we are sharing our wealth of knowledge and expertise with other organizations who have similar visions. You made me so proud yesterday and I know how much Scott and Patti appreciated all you did for them. I think this will be the beginning of great things being accomplished with the two organizations working in tandem. I was honored to be a part of history in the making! I hope you all have a restful and Merry Christmas! You all deserve that and more!

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1688. Daily News: Wednesday, December 18, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 18, 2013 10:55:10
Subject: Daily News: Wednesday, December 18, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Low calorie products remain enjoyable over time

Do our bodies learn that low calorie products provide fewer calories and are therefore less satisfying?

<http://www.foodnavigator.com/Science-Nutrition/Low-calorie-products-remain-enjoyable-over-time>

Source: *PLoS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0081924;jsessionid=D9BD23896B96F9F84295B30105AD9724>

Study: Pay Kids to Eat Fruits, Vegetables

<http://www.sciencedaily.com/releases/2013/12/131217104601.htm>

Source: *Public Health Nutrition*

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9061459>

Older Women May Spend Two-Thirds of Their Day Sitting

But, study also found they frequently get up and move about

<http://consumer.healthday.com/senior-citizen-information-31/misc-aging-news-10/older-women-sedentary-almost-two-thirds-of-day-683147.html>

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=1790880>

Ear Acupuncture May Hold Promise for Weight Loss

But small study doesn't prove it works, expert says

<http://consumer.healthday.com/alternative-medicine-information-3/acupuncture-news-5/ear-acupuncture-may-hold-promise-for-weight-loss-683105.html>

Source: *Acupuncture in Medicine*.

<http://aim.bmj.com/content/early/2013/12/02/acupmed-2013-010435.abstract>

How do Americans waste \$28 billion a year? On vitamins, doctors say

<http://www.chicagotribune.com/health/la-sci-sn-vitamin-supplements-waste-of-money-20131217,0,5499291.story>

High-Fat Diet Linked to Fewer Gallstones

<http://www.medpagetoday.com/Gastroenterology/GeneralGastroenterology/43474>

Light Exercise Might Reduce Risk of Kidney Stones

Intensity of activity doesn't seem to matter, study finds

<http://consumer.healthday.com/infectious-disease-information-21/antibiotics-news-30/briefs-emb-12-17-3amet-e-coli-mbio-release-batch-1059-683032.html>

E. Coli 'Superbug' May Pose Major Health Threat: Study

Drug-resistant H30-Rx strain can lead to blood infection, researchers say

<http://consumer.healthday.com/infectious-disease-information-21/antibiotics-news-30/briefs-emb-12-17-3amet-e-coli-mbio-release-batch-1059-683032.html>

MRSA bacteria target crowded places with poor hygiene

(New strains of MRSA, a drug-resistant bacteria, are emerging nationwide. Though cases once were confined to hospitals, they are showing up in schools, prisons and athletic facilities)

<http://www.usatoday.com/story/news/nation/2013/12/16/mrsa-emerging-in-schools-prisons-athletic-facilities/4013153/>

Registered Dietitians in the News

Apply to Become an Academy Spokesperson

The Academy is looking for media-savvy RDs and RDNs to join its prestigious team of volunteer media spokespeople.

If you are interested in promoting the profession and healthful eating to media across the country, please consider applying. Learn more at www.eatright.org/members/spokespersonapplication

Research: Vitamins, supplements may not help avoid disease

(Heather Mangieri, Academy Spokesperson quoted)

http://www.upi.com/Health_News/2013/12/18/Research-Vitamins-supplements-may-not-help-avoid-disease/UPI-48621387350523/

Vitamin Study

(Joan Salge Blake, Academy Spokesperson featured)

<http://bit.ly/1jhHVtq>

9 ways to improve your memory

(Joy Bauer, RD quoted)

<http://www.foxnews.com/health/2013/12/18/ways-to-improve-your-memory/>

Controlling blood sugars during holiday season

(By Stephanie Whitley, RDN)

http://www.victoriaadvocate.com/news/2013/dec/17/gl_dietitian_dish_121813_227674/?features

DASH, Mediterranean plans

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-dash-mediterranean-eating-plans-2247669>

Nutrition Know How: Simple ideas for holiday gifts

(By Mia Gibson, RD)

http://www.oaoa.com/people/food/nutrition_know_how/article_1d8638e2-679a-11e3-ab6a-001a4bcf6878.html

Healthy Holiday Eating Tips

(Margaret Kuiper, RD quoted)

<http://www.keloland.com/newsdetail.cfm/healthy-holiday-eating-tips/?id=157560>

Use your crock pot safely this holiday

(By Kati Mora, RD)

<http://www.themorningsun.com/lifestyle/20131217/kati-mora-use-your-crock-pot-safely-this-holiday>

Riley Hospital getting rid of on-site McDonald's

(Susan Levin, RD quoted)

<http://www.indystar.com/story/life/diet-fitness/2013/12/17/riley-hospital-getting-rid-of-on-site-mcdonalds/4061271/>

Quote of the Week

Try a thing you haven't done three times. Once, to get over the fear of doing it. Twice, to learn how to do it. And a third time to figure out whether you like it or not."

-Virgil Thomson

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1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1689. Campaign Guidelines

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandalgill@comcast.net' <'sandalgill@comcast.net'>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Dec 17, 2013 16:56:07
Subject: Campaign Guidelines
Attachment: [image002.jpg](#)
[Campaign Guidelines.pdf](#)

Attached are the current campaign guidelines approved by the Nominating Committee. Please note that the Board's role is to encourage members to vote. No member of the Board of Directors, while serving on the Board, may support an individual candidate through print, electronic or social media communications (e.g., Internet, Facebook, Twitter or Linked In). The guidelines were sent to all candidates on the 2014 ballot.

Voting in the Academy's national election runs February 1 – February 22, 2014.

Any questions related to the Nominating Committee process can be sent to me at jschwaba@eatright.org.

Thank you!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1690. Daily News: Tuesday, December 17, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 17, 2013 11:12:55
Subject: Daily News: Tuesday, December 17, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Medical journal: 'Case closed' against vitamin pills. Vitamin industry and some researchers disagree that 'enough is enough' when it comes to supplement studies

<http://www.usatoday.com/story/news/nation/2013/12/16/vitamin-supplements-research/4042037/>

Source: *Annals of Internal Medicine* (scroll down at the link below to view the following)

- Oral High-Dose Multivitamins and Minerals After Myocardial Infarction: A Randomized Trial
- Long-Term Multivitamin Supplementation and Cognitive Function in Men: A Randomized Trial
- Vitamin and Mineral Supplements in the Primary Prevention of Cardiovascular Disease and Cancer: An Updated Systematic Evidence Review for the U.S. Preventive Services Task Editorials

- Enough Is Enough: Stop Wasting Money on Vitamin and Mineral Supplements

<http://annals.org/issue.aspx?journalid=90&IssueID=929454>

Top 10 supermarket trends coming in 2014

<http://www.omaha.com/article/20131210/MONEY/131219979/1707>

Related Resource: Pocket Supermarket Guide, 4th ed.

<https://www.eatright.org/shop/product.aspx?id=6442473967>

Low fat labelling may encourage consumption

(Foods labelled low fat or low calorie may encourage consumers to eat more, according to a study published in the journal *Appetite*)

<http://www.foodnavigator.com/Science-Nutrition/Low-fat-labelling-may-encourage-consumption>

Source: *Appetite*

<http://www.sciencedirect.com/science/article/pii/S0195666313000718>

Whole Foods Finds Success in Smaller Cities

<http://www.nytimes.com/2013/12/17/business/whole-foods-finds-success-in-smaller-cities.html>

Diet can 'rapidly and reproducibly' alter our gut bacteria: Study

(Shifts in dietary patterns can radically alter the microbial make-up of our gut in less than a day, leading to rapid alterations in the functions of our microbiota, say researchers.)

<http://www.foodnavigator.com/Science-Nutrition/Diet-can-rapidly-and-reproducibly-alter-our-gut-bacteria-Study>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

-The Inside Tract: What RDs Need to Know about the Gut Microbiome

[http://www.andjrnl.org/article/S2212-2672\(13\)00643-6/fulltext](http://www.andjrnl.org/article/S2212-2672(13)00643-6/fulltext)

Login as a member at www.eatright.org and go to publications to access full-text Journal articles

Allergy insights: Research suggests fish allergens more specific than previously assumed

(The proteins that can lead to fish allergies and intolerances may be much more species-specific than previously assumed, according to new research)

<http://www.foodnavigator.com/Science-Nutrition/Allergy-insights-Research-suggests-fish-allergens-more-specific-than-previously-assumed>

Source: *J Investig Allergol Clin Immunol*

<http://www.ncbi.nlm.nih.gov/pubmed/23967754>

Related Resource: Food Allergies and Intolerances: Client Education Tools for Dietary Management - A Set of All Handouts

<https://www.eatright.org/shop/product.aspx?id=6442476071>

Antibiotics of the Future

Scientists hunt for new antibiotics amid a rise in resistant germs. FDA examining antibacterial soaps, body washes

(Hand sanitizers, wipes and antibacterial products used in health care settings are not affected)

http://www.cnn.com/2013/12/16/health/fda-antibacterial/index.html?hpt=he_c2

Source: FDA

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm378393.htm>

Registered Dietitians in the News

How to deal with pregnancy constipation

(Sarah Krieger, Academy Spokesperson quoted)

[http://www.foxnews.com/health/2013/12/15/how-to-deal-with-pregnancy-constipation/?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+foxnews%2Fhealth+\(Internal+-+Health+-+Text\)](http://www.foxnews.com/health/2013/12/15/how-to-deal-with-pregnancy-constipation/?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+foxnews%2Fhealth+(Internal+-+Health+-+Text))

Business profile: Christine Palumbo Nutrition

(Christine Palumbo, RDN quoted)

http://www.chicagotribune.com/news/local/suburbs/naperville_lisle/profiles/ct-naperville-business-profile-tl-1219-20131216,0,4466262.story

Party like a pro: What fitness and wellness experts serve at holiday parties

(By Molly Kimball; RD; Robyn Lorando, RD, Rebecca Miller, RD & Danielle Paciera, RD & Karen Marie Walker, RD all quoted)

http://www.nola.com/healthy-eating/2013/12/party_like_a_pro_what_fitness.html

Pediatricians advise pregnant women, children against drinking raw milk

(Maureen Bligh, RD quoted)

<http://www.latimes.com/science/sciencenow/la-sn-pediatricians-raw-milk-20131211,0,2627218.story#axzz2nkADE570>

DIY food bars make for tasteful holiday party menus

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x601935795/Dietitian-DIY-food-bars-make-for-tasteful-holiday-party-menus>

Study says eating healthier does cost more, by a little ... on the front end

(Catherine Grych, RD quoted)

<http://www.postandcourier.com/article/20131217/PC1211/131219555/1002/study-says-eating-healthier-does-cost-more-by-a-little-on-the-front-end>

Preventing food-borne illnesses during holiday gatherings

(By LeeAnn Weintraub, RD)

<http://www.dailynews.com/health/20131216/preventing-food-borne-illnesses-during-holiday-gatherings>

Strategies to avoid those holiday pounds

(Jennifer Haugen, RD quoted)

<http://www.recordonline.com/apps/pbcs.dll/article?AID=/20131216/NEWS/131219773>

Holiday baking: How to cut calories without sacrificing flavor

(By Georgia Clark-Albert, RD)

<http://bangordailynews.com/2013/12/16/health/holiday-baking-how-to-cut-calories-without-sacrificing-flavor/?ref=FoodBox>

Make your holiday bites count with mindful eating

(By Carrie Dennett, Academy Member)

http://seattletimes.com/html/healthyliving/2022441180_healthdennett.xml.html

On the Table: Go nuts for nuts in moderation

(By Suzanne Havala Hobbs, RD)

<http://www.charlotteobserver.com/2013/12/17/4549484/on-the-table-go-nuts-for-nuts.html>

Tips to beat emotional holiday eating

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/12/17/tips-to-beat-emotional-holiday-eating/>

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<http://www.eatright.org/positions/>

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or send a blank email to leave-25028-

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1691. 2014 Presidents Lecture Results

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
Sent Date: Dec 17, 2013 09:00:03
Subject: 2014 Presidents Lecture Results
Attachment:

Correspondence from Diane Moore Enos follows.

+++++

Thank you for participating in the recent BOD survey regarding the 2014 Presidents' lecture topic. The final results overwhelmingly indicate the topic of "Personalized Medicine" was the preferred choice for the lecture. We have developed a potential list of speakers for review and request that you rank them at <http://fnce.fluidsurveys.com/s/2014PresidentsLecture-SpeakerSelection/> which will be available for your review through January 7, 2014.

Additionally, it was noted by the BOD that there was still an interest to include more on public-private partnerships. We will share those comments with the Committee for Professional Development and thought the BOD would be interested to know that the following sessions have been submitted for committee review and consideration for inclusion on the 2014 FNCE program via the open Call for Educational Sessions:

- *Do Food Industry Partnerships Help or Hurt the Public Sector?*
- *Enhancing School Wellness Climates through Innovative Community Partnerships*

- *Supporting Child Health through Partnerships: How Parks and Recreation Partnered with a Children's Hospital to Promote Healthy Habits*
- *Addressing Diet-Related Disease and Food Insecurity through Clinical-Community Partnerships and Interventions*
- *The Public-Private Partnership: A Workable Model for Improving School Nutrition and Physical Activity*
- *RD/DTRs and Local Farming Communities Together: Partnering to improve the health and wellbeing of older adults*

While the aforementioned sessions should be kept confidential, we thought they would be of interest to the BOD since we are able to cover that topic at the 2014 FNCE.

Best Regards,

Diane

Diane Moore Enos, MPH, RDN, FAND
Vice President, Professional Development and Assessment
Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995
Phone: 312/899-4837
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Email: dmoore@eatright.org
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1692. Foundation BOD Minutes

From: Martha Ontiveros <Montiveros@eatright.org>
To: 'connors@ohsu.edu' <connors@ohsu.edu>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, 'eddy@bcm.tmc.edu' <eddy@bcm.tmc.edu>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Dec 16, 2013 14:57:08
Subject: Foundation BOD Minutes
Attachment: [image001.png](#)
[December 10, 2013 Board Meeting Minutes.docx](#)

Good afternoon,

Attached are the minutes for the Foundation Board of Directors, December 10, 2013 WebEx Call. Please review and reply back to me by December 23, if you have any changes.

If you have any questions or need additional information, please contact me.

Thank you so much!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

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From: Martha Ontiveros

Sent: Thursday, December 05, 2013 9:53 AM

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dwheller@mindspring.com; DMartin@Burke.k12.ga.us; craytef@auburn.edu; jean.ragalie-
carr@rosedmi.com; lauraromig@gmail.com; dbier@bcm.edu; MChristE@porternovelli.com;
MurrayMD@live.com; Patricia Babjak

Cc: Mary Beth Whalen; Susan Burns; Katie Brown; Beth Labrador; Amy Donatell; Alison Steiber;
Paul Mifsud; Joan Schwaba; Linda Serwat; Mary-Ann Johnson; eddy@bcm.tmc.edu; Martha
Ontiveros

Subject: Foundation BOD WebEx Conference Call

Dear Academy Foundation BOD Members,

The Foundation Board of Directors WebEx Conference Call information follows.

Date: Tuesday, December 10, 2013

Time: 10:00 am, Central Standard Time

The agenda and corresponding attachments are now available on the Academy's on-line portal for your review.

Attached is a PDF document with **ALL** the files called 0.0 Binder BOD 12-10-13.pdf. If you do not want print the full binder, I recommend that you print pages 34, 59, 60 and 61 because it will be hard to view during the webinar.

Please note that the Academy's portal has transition to a new platform. Attached are instructions for using the new tool.

- To log into the new portal, enter the username and password that you use for the original portal. New login information is not required.
- There are no changes to the way committee work is conducted. Navigation bars are in a different location, new icons, etc – but overall, the way documents are downloaded, discussions posted, etc., has not changed.

To download the attachments, go to <https://eal.webauthor.com>

1. Select the “Committee Central” section, found on the left menu bar under “Tools.”
2. Select the “Foundation BOD” committee
3. Go to Library section”+” to expand the “Foundation Documents” folder
4. Expand + the “2013 December” folder
5. Select the “2013 December” folder
6. To download all the files at once, select “Download” found on the top menu bar.

Day of Call

- Step 1: Log into webinar via personalized link provided below

<https://eatright.webex.com/eatright/j.php?ED=33446533&UID=498650667&PW=NOTM0YWZlYmFj&RT=MIM3>

- Step 2: Follow the audio prompts to use the "**CALL ME**" feature to have the WebEx system dial you into the audio portion of the training. This will sync your computer and audio together accordingly.

Do not dial into the meeting directly if connecting to WebEx as well unless you do not have a direct dial phone number. By using the Call Me feature, the system will sync your web and audio connections together under your attendee name in WebEx.

Teleconference information

Note: For those individuals unable to participate in the web portion of the meeting, you can dial into the meeting as follows:

Call-in toll-free number: 1-866-477-4564 (US)

Conference Code: 537 767 1744

Show global numbers: <https://www.tcconline.com/offSite/OffSiteController.jspf?cc=5377671744>

For assistance

1. Go to <https://eatright.webex.com/eatright/mc>

2. On the left navigation bar, click "Support".

To update this meeting to your calendar program (for example Microsoft Outlook), click this link:

<https://eatright.webex.com/eatright/j.php?ED=33446533&UID=498650667&ICS=MIU&LD=1&RD=2&ST=1&SHA2=AAAAAklOM2O2WFDeHCaCl4q6/EGhyiKo2W-bNicDaJO9khBG>

To check whether you have the appropriate players installed for UCF (Universal Communications Format) rich media files, go to <https://eatright.webex.com/eatright/systemdiagnosis.php>.

If you have any questions or trouble accessing the materials, please contact me.

Thanks!

Martha Ontiveros

Administrative Assistant

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1693. RE: Finance and Audit Committee meeting on Tuesday, December 17th at 1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Dec 16, 2013 14:49:33
Subject: RE: Finance and Audit Committee meeting on Tuesday, December 17th at 1 p.m. CST
Attachment:

All,

As I mentioned on Friday, we have a Finance and Audit Committee meeting on Tuesday, December 17th at 1 p.m. CST. You should have received your webinar invitation from Eric Hayes. In addition, all of the information has been posted onto the portal. We are still waiting on bills from some of our vendors at FNCE. Therefore, some of the November financials still reflect projections based on discussions with the vendors as well as with the Meeting Services team at the Academy. As I have mentioned before, I am always amazed that the vendors don't want their money. Until we have the bills, or have determined their accuracy, they won't get paid. The following is a summary of the November financials;

I. Investments

-
As is always the case, I like to peak at the investment returns for the current month. Unfortunately, December has not started off well. Through Friday, December 13th, the combined portfolio is down approximately \$700,000 for the month (1.2%). I still have hope for the “Santa Claus rally” everyone talks about. Since today, the market has opened a higher, maybe this is the beginning. Even if it is, we have not seen much growth in December the last two years. Our last good December was in 2010. However, we haven’t lost money either so we have the potential to eliminate the current losses.

Regardless, through November, the combined portfolios have returned \$3.65M since the end of May. This provides all of the organizations with a strong financial footing.

II. Reserves and Cash

-
As I mentioned last month, I believed we would need to take money out of reserves. My estimate was \$1,000,000. In early December, we did move \$500,000 out of reserves and into our operational account. I still believe we will need at least another \$500,000 soon. That being said, you will see that the Academy Reserves at the end of November were at \$20,636,431 or 83.3% (A1). I have “cheated” a little. The end of November value, on schedule A15, already has removed from it the \$500,000 I mentioned we took out in December. I want to give you an indication of the health of the Reserves. So, we are in very good shape even with the \$500,000 being removed. Taking out the next \$500,000 would reduce our reserves (assuming no change in investments) to 81.3%. Still very strong. I will let you know when we need the additional \$500,000.

III. Academy October Financials

-
We did not make any changes to the October financials you received last month. That is in part due to the bills not being completed from FNCE. Since we have accrued what we think the costs are for most situations, we decided to let the over-runs and under-runs flow through November and possibly December. Keep in mind this is a common occurrence. We have the same issues each year. We did not think keeping October open for changes two months after it ended would be a good financial practice.

IV. Academy preliminary November Financials (A10)

November, overall, was another solid month for the Academy. We ended the month with an Operating deficit of (\$301.8K) and a Net Income of \$89.3K. The Operating Deficit was a little short of budget (\$5.6K short) due to lower revenues. Revenue was short of budget by \$56,797. However, Expenses, as they are currently recorded, are \$51,162 below budget. As has been the case in recent months, the investment returns have really made a difference. Investments were up \$390,849 in November. This turned our overall Net Income positive. The \$89,264 in Net Income was \$277,240 better than our budget!!

Taking a look at the year to date numbers, the Academy currently has an Operating Deficit of (\$143,345). This is \$199,269 higher (better) than the budget. Revenue for the year is lower by \$164,998 while expenses for the year are lower by \$364,266. So, halfway through our fiscal year, we are ahead, overall, of our budget. Naturally, the investments make a big difference. To date, the Academy investments have gained \$1,436,721. This is \$788,871 higher than our budget. Our Net Income, through November, is \$1,293,376. This is nearly \$1M higher than our budget. So, again, overall, through the first half of the fiscal year, the Academy is in a very good financial position. Net Income is strong and Reserves are high.

The following is a breakdown of the various categories for November:

A. Revenues

a. **Membership Dues** - This area is **under budget** by \$23,222 in November and is **under budget** by \$70,367 for the year. Membership continues to grow. Unfortunately, at this stage, it is not hitting budget. Some of the shortfall will be due to how the budget is distributed (timing). However, some may be due to the various categories of membership. It may not be lining up with our overall budget. This could result in a budget shortfall for the year. We will continue to monitor the revenue in this area.

b. **Programs and Meetings** - This area is **under budget** by \$7,046 in November and is **under budget** by \$50,766 for the year. The under-run in November is primarily due to refund requests for FNCE resulting in a \$10.4K reduction. This is standard. We get request for refunds due to illness or family tragedies each year and we review each one. This is offset by higher Professional Development revenue (up \$3.4K).

c. **Publications and Materials** - This area is **under budget** by \$46,839 in November and is **over budget** by \$34,092 for the year. The under-run in November is primarily due to lower

Research Publication sales (down \$28.2K), lower List Rental (down \$3.4K), lower Traditional Publications (down \$26.8K), adjustments for FNCE royalties (down \$2.1K) and lower all other (down \$1.1K) offset by higher Eatright Careers (up \$5.8K) and higher Marketing publications (up \$9.0K).

d. **Subscriptions** – This area is **under budget** by \$4,319 in November and is **under budget** by \$29,261 for the year. The under-run for November is due to lower NCM and related products (down \$4.9K) offset by higher EAL (up \$0.6K).

e. **Advertising** – This area is **on target** in November and **under budget** by \$22,180 for the year. Nothing was sold or budgeted in November.

f. **All grants** - This area is **over budget** by \$40,198 in November and is **over budget** by \$30,182 for the year. The over-run in November is primarily due to the timing of recognition of grants for Research (up \$52.8K) offset by lower recognition of ConAgra Home Food Safety (down \$10.9K) and Carry the Flame (down \$1.5K) and lower for all other (down \$0.2K).

g. **Sponsorships** – This area is **under budget** by \$20,000 in November and is **under budget** by \$70,183 for the year. This continues our expectation that the sponsorship revenue will be lower than budget for the fiscal year.

h. **Other** – This area was **over budget** by \$4,432 in November and is **over budget** by \$13,485 for the year. The over-run in November is primarily due to the higher FNCE royalties (up \$15.0K) and higher Traditional Publication licensing fees (up \$4.9K) offset by lower Member Benefit program revenue (down \$7.0K), lower Research publication licensing fees (down \$4.9K), and lower Malnutrition project revenue (down \$3.0K due to timing of the budget) and lower across all other (down \$0.6K).

B. Expenses

a. **Personnel** – This area is **under budget** by \$8,564 in November and **over budget** by \$11,410 for the year. The under-run in November is primarily open positions within the Academy.

b. **Publications** – This area is **over budget** by \$3,687 in November and **over budget** by \$2,218 for the year. The over-run in November is primarily due to higher Journal costs (up \$5.9K) and higher Food and Nutrition magazine costs (up \$1.9K), offset by lower Traditional Publications costs (down \$1.6K) and lower Research (down \$2.6K).

c. **Travel** – This area was **under budget** by \$13,776 in November and **under budget** by \$125,689 for the year. The under-run in November is primarily due to lower Governance (down \$15.3K), lower Research (down \$9.6) and lower Marketing (down \$3.5). This is offset by higher

FNCE direct costs (up \$14.1K) and higher across all other (down \$0.5K).

d. **Professional Fees** - This area was **under budget** by \$13,332 in November and is **under budget** by \$90,107 for the year. The under-run in November is being driven by lower Governance (down \$10.1K), lower Journal (down \$8.4K), lower Marketing (down \$8.0K), lower Research (down \$9.5K), lower Traditional Publications (down \$2.5K), lower List Rental (down \$3.3K), lower FNCE (down \$4.0K) and lower across all other (down \$4.5K) offset higher Web/IT (up \$20.5K) and higher Public Policy (up \$16.5K).

e. **Postage and Mailing Service** – This area is **under budget** by \$11,827 in November and **under budget** by \$4,446 for the year. The under-run in November is primarily due to lower Membership (down \$11.1K), and lower across all other (down \$0.7K).

f. **Office Supplies and Equipment** – This area is **under budget** by \$3,685 in November and **under budget** by \$10,526 for the year. The under-run in November is primarily due to FNCE (down \$2.5K) and lower across all other areas of the business (down \$1.2K).

g. **Rent and utilities** - This area is **under budget** by \$2,525 in November and **over budget** by \$5,564 for the year. The under-run in November is due to the lower utility costs.

h. **Telephone and communications** – This is **over budget** by \$3,792 in November and **over budget** by \$12,041 for the year. The over-run in November is due to direct FNCE costs.

i. **Commissions** – This area is **on target** in November and is **under budget** by \$2,089 for the year. Nothing was budgeted in November and nothing was expensed.

j. **Computer Expenses** – This area is **over budget** by \$3,509 in November and **under budget** by \$23,115 for the year. The over-run in November is due to higher IT and web costs.

k. **Advertising and Promotion** – This area is **under budget** by \$848 in November and **under budget** by \$1,415 for the year. The under-run in November is primarily due to lower Traditional Publication costs (down \$0.8K).

l. **Insurance** – This area is **over budget** by \$797 in November and is **over budget** by \$3,169 for the year. The over-run in November is due to higher insurance premiums and will continue for the year.

m. **Depreciation** – This area is **on target** in October and **on target** for the year.

n. **Bank and trust fees** – This area is **over budget** by \$4,583 in November and **over budget** by \$28,988 for the year. The over-run in November is primarily due to higher credit card fees for normal operations.

- o. **Other** – This area is **over budget** by \$6,528 in November and **under budget** \$27,492 for the year. The over-run in November is primarily due to higher FNCE costs (up \$14.7K) and higher Food and Nutrition magazine costs (up \$7.0K), offset by lower Public Policy (down \$6.7K), lower Marketing (down \$2.0), lower Administrative (down \$4.5K) and lower across all other (down \$2.0K).
- p. **Expense allocation** – This area is **over budget** by \$3,036 in November and is **over budget** by \$18,218 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$268 in November and is **under budget** for the year by \$72,063. The under-run in November is primarily due to lower Marketing (down \$5.3K), lower research (down \$3.4K) lower across all other projects (down \$2.0K) offset by higher FNCE costs (up \$10.5K).
- r. **Printing** – This area is **under budget** by \$16,197 in November and is **under budget** by \$50,314 for the year. The under-run in November is primarily due to lower expenses for FNCE (down \$7.7K), lower Membership (down \$6.0K), lower Marketing (down \$1.0) and lower across all other (down \$1.5K).

Still quite a few fluctuations. Some of which are due to the FNCE expenses. Year to date is the key at the moment. We are doing well even with the fluctuations. Revenue is 98.7% of the budget and expenses are 97.3% of the budget. So, we are not too far off of our forecasts. The investments are always difficult to budget and it is always nice to be higher. So, if you look at the bottom line; The Academy has Net Income of nearly \$1.3M with reserves over \$20.6M (83.3%) even after the “accounting removal of the \$500,000 we took out in December.

I will stop here send this to you. I will attempt to get additional information on the other organizations within the Academy and read them out to you tomorrow. If you have any questions or concerns, please let me know.

Paul Mifsud

1694. RE: Finance and Audit Committee meeting on Tuesday, December 17, 2013 at 1 p.m. CST

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
 <DMartin@Burke.k12.ga.us>, 'Connors@ohsu.edu' <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nhwooldridge@charter.net' <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Dec 13, 2013 21:25:55
Subject: RE: Finance and Audit Committee meeting on Tuesday, December 17, 2013 at 1 p.m. CST
Attachment: [image002.png](#)

All,

The documents for our FAC conference call scheduled **December 17th, 2013** are loaded into the portal.

Folder name “ **December 17, 2013 FAC conference call** ”

We have a new portal. Please login on the portal using the link <https://eal.webauthor.com> and enter your e-mail address and password.

Attached are steps on how to navigate and download the documents from the new portal.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1695. Re: Request for Joint Meeting of School Nutrition Association and Academy

From: Mary Beth Whalen <Mwhalen@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 13, 2013 17:41:35
Subject: Re: Request for Joint Meeting of School Nutrition Association and Academy
Attachment:

Yes, please do!

Sent from my iPhone

On Dec 13, 2013, at 3:14 PM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Mary Beth, Look forward to seeing you all on Tuesday! I will bring some warm weather from Georgia.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Beth Whalen <Mwhalen@eatright.org> 11/8/2013 4:01 PM >>>

Hi Donna. I have met Patti at several NDC sponsored meetings. I think she is terrific and it is about time they made her CEO! I would be happy to meet with her and you to discuss their Foundation and share some of our best practices. I checked with Pat's assistant and we are both available on December 17 from 9am until 1pm. Would that be enough time? I'm happy to share with Patti our position descriptions for the Foundation Director and Executive Director jobs. Just send me her email address. I will reach out to HR and get this information to pass along.

Thanks for your kind words. We are so proud of what the Foundation has accomplished over the years and it is thanks to the support of committed volunteers like you that we have enjoyed such success.

Mary Beth Whalen

VP External Affairs

Academy of Nutrition and Dietetics

Executive Director

Academy Foundation

120 South Riverside Plaza, Suite 2000

Chicago, IL. 60606-6995

mwhalen@eatright.org

www.eatright.org

What is your nutrition and physical activity score?

Take this 5 minute test to find out if you eat right.

<http://healthyfam.eatright-fnnpa.org/public/partner.cfm>

Brought to you by the Academy of Nutrition and Dietetics Foundation

From: DMartin@Burke.k12.ga.us

Sent: Friday, November 08, 2013 12:56 PM

To: Mary Beth Whalen; Patricia Babjak

Subject: Request for Joint Meeting of School Nutrition Association and Academy

Pat and Mary Beth,

Patti Montague, Chief Executive Officer of the School Nutrition Association (SNA) and School Nutrition Foundation, has asked me to contact you, both, to see if we could arrange a possible

meeting of the Academy and the SNA in Chicago? Patti is the new CEO of the SNA, after having been on the staff for over 20 years. Their foundation, unlike ours, is struggling to be relevant and is in the infancy of a rebirth under Patti's watch. Patti really looks up to the Academy as the role model of how an Association and Foundation should operate.

The SNA vision, *Healthful meals and nutrition education are available to all children*, is very much in line with our vision of *We All Eat Right*. She would very much like to be able to sit down and meet with both of you to explore areas that we could work together on, and also to get some advice on how to re-structure their foundation. The current Director of the SNA Foundation has just resigned to pursue other opportunities that have arisen, and they think this is a perfect time to make some changes in their foundation staff. She has asked me to attend the meeting, if we can arrange one in the near future. When we cross checked our schedules we both had the following dates available for a possible meeting:

December 3

December 4

December 9

December 13

December 16

December 17

I hope that we can work this out, so that these two great organizations can pull our collective resources together and further both of our mutual visions. SNA will fund me to attend the meeting, if we can work it out.

I look forward to hearing back from you on this proposal for a meeting. Thanks and have a much deserved great weekend!

PS - She also asked if we would be willing to share our job description for our foundation director, as she is trying to rewrite their job description for the director they are recruiting.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1696. RE: Finance and Audit Committee meeting on Tuesday, December 17th at 1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Dec 13, 2013 13:51:44
Subject: RE: Finance and Audit Committee meeting on Tuesday, December 17th at 1 p.m. CST
Attachment:

All,

As you are aware, we have a Finance and Audit Committee meeting next Tuesday, December 17th, at 1 p.m. CST. I hope everyone will be able to attend. Eric Hayes has already sent out the invitation for the webinar. If you have not received it, please let me know.

The call will focus on the Final October financials and the preliminary November financials. We don't expect to have the November financials completed until this afternoon. Therefore, my normal summary won't be available until Monday.

Maria will notify you once the information is put onto the portal. If you have any questions or concerns, please feel free to call me at 800-877-1600 extension 4730. Or send me an email.

Paul Mifsud

1697. Agenda for Tuesday's call

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 13, 2013 11:48:07
Subject: Agenda for Tuesday's call
Attachment: [december agenda.doc](#)

Donna,

We are still working on November results. We hope to have them later today. I am attaching an agenda for our call. Let me know if there is anything else we need to add.

Paul

1698. Daily News & Journal Review: Friday, December 13, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 13, 2013 10:55:04
Subject: Daily News & Journal Review: Friday, December 13, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Kids' Movies Deliver Mixed Messages on Eating, Obesity

<http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/kids-movies-deliver-mixed-messages-on-eating-obesity-682923.html>

Related Resource: Academy of Nutrition and Dietetics Kids Eat Right cited

<http://www.eatright.org/kids/>

In Food Cravings, Sugar Trumps Fat

http://well.blogs.nytimes.com/2013/12/13/in-food-cravings-sugar-trumps-fat/?ref=health&_r=0

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/98/6/1377.abstract>

Acne a common problem in teens, but diet usually not the cause

<http://www.chicagotribune.com/health/sns-201312121800--tms--mayoclnctnmc-a20131212-20131212,0,4407606.story>

USDA/Economic Research Service

-Fresh vegetables and poultry had biggest retail price increases over the last year

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=41594&ref=collection>

Study: Frozen veggies offer more nutrition than fresh

<http://www.usatoday.com/videos/news/health/2013/12/13/4008243/>

Source: University of Georgia College of Agricultural and Environmental Sciences

http://georgiafaces.caes.uga.edu/?public=viewStory&pk_id=4966

Smoking Cessation Curbs Severe Reflux
<http://www.medpagetoday.com/Gastroenterology/GERD/43404>

Source: *American Journal of Gastroenterology*
<http://www.nature.com/ajg/journal/vaop/ncurrent/full/ajg2013414a.html>

Cooking mistakes that pack on the pounds

http://www.cnn.com/2013/12/13/health/unhealthy-cooking-mistakes/index.html?hpt=he_c2

James Bond: License to Swill

<http://abcnews.go.com/Health/james-bond-license-swill/story?id=21200341>

Got Chocolate Milk- Olympic campaign will extend product equity

<http://www.foodnavigator-usa.com/Manufacturers/Got-Chocolate-Milk-Olympic-campaign-will-extend-product-equity>

Supplier of tart cherry ground meat enhancer eyes retail market

<http://www.foodnavigator-usa.com/Manufacturers/Supplier-of-tart-cherry-ground-meat-enhancer-eyes-retail-market>

Small businesses offer creative wellness programs

<http://www.usatoday.com/story/money/business/2013/12/13/wellness-programs-small-businesses/3862759/>

Registered Dietitians in the News

We're bananas about fruit (and apples, oranges, grapes)

(Dawn Jackson Blatner, RD quoted)

<http://www.usatoday.com/story/life/weekend/health/2013/12/13/fruit-popular-bananas/4005041/>

Vitamin B12 Better Naturally or Synthetically?

(Jack Norris, RD quoted)

<http://guardianlv.com/2013/12/vitamin-b12-better-naturally-or-synthetically/>

How Good For You is Green Tea?

(Susan Blenner, RD featured)

http://www.kutv.com/news/features/guests/stories/vid_2200.shtml

Energy drinks more harmful than helpful

(Kelsae Eliszewski, RD quoted)

<http://www.mininggazette.com/page/content.detail/id/532271/Energy-drinks-more-harmful-than-helpful.html?nav=5003>

How to stay healthy over the holidays

(Erica Nehrling Meador, RD quoted)

http://www.dailyillini.com/lifeandculture/article_0cde2100-62bb-11e3-bae9-0019bb30f31a.html

Nutrition News: Healthy eating app

(By Charlyn Fargo, RD)

<http://www.wickedlocal.com/maynard/newsnow/x1275651259/Nutrition-News-Healthy-eating-app>

Tips will help you slim down Santa-sized meals

(Marsha Hilgefjord, RD quoted)

http://www.courier-journal.com/article/20131212/FEATURES03/312120097/Tips-will-help-you-slim-down-Santa-sized-meals?nclick_check=1

Holiday weight management

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-challenge-helps-weight-management-2241637>

Nutrition Spotlight: Healthy Gift Basket Ideas for the Holidays

(By Dina Lawson, RD)

<http://madisoncountycourier.com/?p=52274>

Telling the 100% Juice Story

(By Jen Haugen, RDN)

<http://www.kaaltv.com/article/stories/S3240383.shtml?cat=11985>

The art of juicing

(Dawn Jackson Blatner, RD quoted)

<http://www.suntimes.com/lifestyles/24171566-423/the-art-of-juicing.html>

Beat that hangover: Eat and drink water before, during and after boozing

(Michelle Shepherd, Dietitian/Canada quoted)

<http://www.theprovince.com/health/Beat+that+hangover+drink+water+before+during+after+boozing/9275448/story.html>

Five healthy eating tricks to get you through the holiday season

(Lisa Armstrong, RD/Canada quoted)

<http://www.guelphmercury.com/living-story/4264148-five-healthy-eating-tricks-to-get-you-through-the-holiday-season/>

Journal Review

***Annals of Nutrition & Metabolism*, Vol. 63, No. 3, 2013**

<http://www.karger.com/Journal/Issue/261264>

The Placental Exposome: Placental Determinants of Fetal Adiposity and Postnatal Body Composition

<http://www.karger.com/Article/FullText/355222>

Intake of Fatty Acids in General Populations Worldwide Does Not Meet Dietary Recommendations to Prevent Coronary Heart Disease: A Systematic Review of Data from 40 Countries

<http://www.karger.com/Article/FullText/355437>

Changes in Body Composition in Patients with Chronic Obstructive Pulmonary Disease: Do They Influence Patient-Related Outcomes?

<http://www.karger.com/Article/FullText/353211>

Definitions and Outcomes of Nutritional Interventions in Children with Respiratory Infections: The Approach of the COMMENT Initiative

<http://www.karger.com/Article/FullText/356451>

***Childhood Obesity*, December 2013**

<http://online.liebertpub.com/toc/chi/9/6>

Guest Editorial

CDC's Winnable Battles: Improved Nutrition, Physical Activity, and Decreased Obesity

<http://online.liebertpub.com/doi/abs/10.1089/chi.2013.9506>

Outcomes from an Urban Pediatric Obesity Program Targeting Minority Youth: The Healthy Hawks Program

<http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0053>

Effects of Changes in Lunch-Time Competitive Foods, Nutrition Practices, and Nutrition Policies on Low-Income Middle-School Children's Diets

<http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0052>

Nutritional Content of Food and Beverage Products in Television Advertisements Seen on Children's Programming

<http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0072>

Cooking with Kids Positively Affects Fourth Graders' Vegetable Preferences and Attitudes and Self-Efficacy for Food and Cooking

<http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0076>

***Clinical Nutrition*, December 2013**

<http://www.sciencedirect.com/science/journal/02615614>

Nutritional deficiencies in inflammatory bowel disease: Therapeutic approaches

<http://www.sciencedirect.com/science/article/pii/S0261561413000988>

Safety and efficacy of inulin and oligofructose supplementation in infant formula: Results from a randomized clinical trial

<http://www.sciencedirect.com/science/article/pii/S0261561413000551>

Use of nutritional complete supplements in older adults with dementia: Systematic review and meta-analysis of clinical outcomes

<http://www.sciencedirect.com/science/article/pii/S0261561413000939>

Association of dietary omega-3 fatty acids with prevalence of metabolic syndrome: The National Heart, Lung, and Blood Institute Family Heart Study

<http://www.sciencedirect.com/science/article/pii/S0261561413001404>

Bias and accuracy of resting metabolic rate equations in non-obese and obese adults

<http://www.sciencedirect.com/science/article/pii/S0261561413001003>

Education program on medical nutrition and length of stay of critically ill patients

<http://www.sciencedirect.com/science/article/pii/S0261561412002713>

Comparison of three indirect calorimetry devices and three methods of gas collection: A prospective observational study

<http://www.sciencedirect.com/science/article/pii/S0261561413002367>

Clinical Pediatrics, January 2014

<http://cpj.sagepub.com/content/53/1.toc>

Shifting Parental Mind-Sets From Viewing Children With Special Needs to Children Who Are Special

<http://cpj.sagepub.com/content/53/1/7.extract>

Pediatric Health Care Provider Perceptions of Weight Loss Surgery in Adolescents

<http://cpj.sagepub.com/content/53/1/60.abstract>

Birth Weight Is Associated With Age at Menarche in US Girls

<http://cpj.sagepub.com/content/53/1/82.extract>

Hepatic Cirrhosis Secondary to Nonalcoholic Fatty Liver Disease in a 12-Year-Old Girl With Morbid Obesity

<http://cpj.sagepub.com/content/53/1/86.extract>

Current Opinion in Clinical Nutrition and Metabolic Care, January 2014

(Scroll down at link below to access abstracts)

<http://journals.lww.com/co-clinicalnutrition/pages/currenttoc.aspx>

-Do nutrients play a role in delirium?

-Dietary protein is beneficial to bone health under conditions of adequate calcium intake: an update on clinical research

-Protein diets, body weight loss and weight maintenance

-Branch chain amino acids: biomarkers of health and disease

-Treatment of hyperammonemia in liver failure

European Journal of Clinical Nutrition, December 2013 Supplement 2

<http://www.nature.com/ejcn/journal/v67/n2s/index.html>

An introduction to the supplement A practical approach to the nutritional management of children with cerebral palsy

http://www.nature.com/ejcn/journal/v67/n2s/full/ejcn2013221a.html?WT.ec_id=EJCN-201312

Nutrition and growth in children with cerebral palsy: setting the scene

http://www.nature.com/ejcn/journal/v67/n2s/full/ejcn2013221a.html?WT.ec_id=EJCN-201312

Assessment of growth and nutrition in children with cerebral palsy

<http://www.nature.com/ejcn/journal/v67/n2s/full/ejcn2013222a.html>

Feeding children with cerebral palsy and swallowing difficulties

<http://www.nature.com/ejcn/journal/v67/n2s/full/ejcn2013224a.html>

Nutritional management of children with cerebral palsy

<http://www.nature.com/ejcn/journal/v67/n2s/full/ejcn2013225a.html>

Psychosocial aspects of feeding children with neurodisability

<http://www.nature.com/ejcn/journal/v67/n2s/full/ejcn2013226a.html>

Nutritional management of children with cerebral palsy: a practical guide

<http://www.nature.com/ejcn/journal/v67/n2s/full/ejcn2013227a.html>

Food Quality and Preference, Article in Press, December 10, 2013

<http://www.sciencedirect.com/science/journal/aip/09503293>

How does it make you feel? a new approach to measuring emotions in food product experience

<http://www.sciencedirect.com/science/article/pii/S0950329313002267>

The Effect of an Analytical Appreciation of Colas on Consumer Beverage Choice

<http://www.sciencedirect.com/science/article/pii/S0950329313002231>

Health Promotion Practice, January, 2014

<http://hpp.sagepub.com/content/15/1.toc>

Comparing the Utility of the Theory of Planned Behavior Between Boys and Girls for Predicting Snack Food Consumption: Implications for Practice

<http://hpp.sagepub.com/cgi/content/abstract/15/1/134>

Examining Characteristics of Congregation Members Willing to Attend Health Promotion in African American Churches

<http://hpp.sagepub.com/cgi/content/abstract/15/1/125>

Interactive Learning Activities for the Middle School Classroom to Promote Healthy Energy Balance and Decrease Diabetes Risk in the HEALTHY Primary Prevention Trial

<http://hpp.sagepub.com/cgi/content/abstract/15/1/55>

ICAN: Infant, Child, & Adolescent Nutrition, Online First, December 11, 2013

<http://can.sagepub.com/content/early/recent>

Family Systems Theory and Obesity Treatment

Applications for Clinicians

<http://can.sagepub.com/content/early/2013/12/11/1941406413516001.abstract>

International Journal of Obesity, December 2013

<http://www.nature.com/ijo/journal/v37/n12/index.html>

Cognitive regulation of food craving: effects of three cognitive reappraisal strategies on neural response to palatable foods

http://www.nature.com/ijo/journal/v37/n12/abs/ijo201339a.html?WT.ec_id=IJO-201312

Randomized controlled trial of the Medifast 5 & 1 Plan for weight loss

<http://www.nature.com/ijo/journal/v37/n12/abs/ijo201343a.html>

The Stanford Leisure-Time Activity Categorical Item (L-Cat): a single categorical item sensitive to physical activity changes in overweight/obese women

<http://www.nature.com/ijo/journal/v37/n12/abs/ijo201336a.html>

Can a weight loss of one pound a week be achieved with a 3500-kcal deficit? Commentary on a commonly accepted rule

<http://www.nature.com/ijo/journal/v37/n12/abs/ijo201351a.html>

JAMA Journal of the American Medical Association, December 11, 2013

<http://jama.jamanetwork.com/issue.aspx>

Can Mobile Health Technologies Transform Health Care?

<http://jama.jamanetwork.com/article.aspx?articleid=1762473>

Editorial

New Insights on Bariatric Surgery Outcomes

<http://jama.jamanetwork.com/article.aspx?articleid=1765795>

Weight Change and Health Outcomes at 3 Years After Bariatric Surgery Among Individuals With Severe Obesity

<http://jama.jamanetwork.com/article.aspx?articleid=1765797>

Proton Pump Inhibitor and Histamine 2 Receptor Antagonist Use and Vitamin B12 Deficiency

<http://jama.jamanetwork.com/article.aspx?articleid=1788456>

Research Letter

Validity of Self-reported Weights Following Bariatric Surgery

<http://jama.jamanetwork.com/article.aspx?articleid=1765796>

JAMA Internal Medicine, Online First, December 9, 2013

<http://archinte.jamanetwork.com/onlineFirst.aspx>

Rates of Complications and Mortality in Older Patients With Diabetes Mellitus: The Diabetes and Aging Study

<http://archinte.jamanetwork.com/article.aspx?articleid=1785199>

Less is More

Assessing Potential Glycemic Overtreatment in Persons at Hypoglycemic Risk

<http://archinte.jamanetwork.com/article.aspx?articleid=1785199>

JAMA Internal Medicine, December 9/23, 2013

<http://archinte.jamanetwork.com/issue.aspx>

Conflicts of Interest in Approvals of Additives to Food Determined to Be Generally Recognized as Safe: Out of Balance

<http://archinte.jamanetwork.com/article.aspx?articleid=1725123>

Health Care-Associated Infections: A Meta-analysis of Costs and Financial Impact on the US Health Care System

<http://archinte.jamanetwork.com/article.aspx?articleid=1733452>

Invited Commentary

Conflicts of Interest in the Regulation of Food Safety: A Threat to Scientific Integrity

<http://archinte.jamanetwork.com/article.aspx?articleid=1725122>

Journal of Child Health Care, December 2013

<http://chc.sagepub.com/content/17/4.toc>

Do parents of obese children use ineffective parenting strategies?

<http://chc.sagepub.com/cgi/content/abstract/17/4/375>

Adolescents' perceptions and experiences of family meals

<http://chc.sagepub.com/cgi/content/abstract/17/4/354>

Journal of Child Neurology, Online First, December 5, 2013

<http://jcn.sagepub.com/content/early/recent>

Linear Growth of Children on a Ketogenic Diet

Does the Protein-to-Energy Ratio Matter?

<http://jcn.sagepub.com/content/early/2013/12/04/0883073813508222.abstract>

Journal of Human Nutrition and Dietetics, December 2013

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.2013.26.issue-6/issuetoc>

The Malnutrition Screening Tool versus objective measures to detect malnutrition in hip fracture

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12040/abstract>

An exploratory study to evaluate whether medical nutrition therapy can improve dietary intake in hospital patients who eat poorly

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12173/abstract>

Health professionals', expert patients' and dieters' beliefs and attitudes about obesity

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12085/abstract>

British Dietetic Association evidence-based guidelines for the dietary management of Crohn's disease in adults

<http://onlinelibrary.wiley.com/doi/10.1111/j.1365-277X.2012.01242.x/full>

Supermarket own brand foods: lower in energy cost but similar in nutritional quality to their market brand alternatives.

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12195/abstract>

Journal of School Nursing, Online First, December 6, 2013

<http://jsn.sagepub.com/content/early/recent>

Evaluating School Wellness Policy in Curbing Childhood Obesity in Anchorage, Alaska

<http://jsn.sagepub.com/content/early/2013/12/05/1059840513513155.abstract>

Morbidity and Mortality Weekly Report (MMWR), December 13, 2013

http://www.cdc.gov/mmwr/mmwr_wk.html

QuickStats: Percentage of Residential Care Communities* Using Electronic Health Records

(EHRs), by Number of Beds National Study of Long-Term Care Providers, United States, 2012

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6249a8.htm?s_cid=mm6249a8_w

Nutrition Action Health Letter, December 2013

<http://www.cspinet.org/nah/>

(Subscription required)

-Glimmers of Light? New Clues to Weight Gain & Loss

-Vitamin D and Muscle

-How Bittersweet It Is: Sorry, that chocolate bar isn't the next superfood.

Nutrition and Cancer, Online First, December 9, 2013

<http://www.tandfonline.com/toc/hnuc20/current>

The Effect of Nutrition Intervention in Lung Cancer Patients Undergoing Chemotherapy and/or Radiotherapy: A Systematic Review.

http://www.tandfonline.com/doi/abs/10.1080/01635581.2014.847966?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%3dpubmed

Nutrition in Clinical Practice, Online First, December 12, 2013

<http://ncp.sagepub.com/content/early/recent>

Best Practices for Determining Resting Energy Expenditure in Critically Ill Adults

<http://ncp.sagepub.com/cgi/content/abstract/0884533613515002v1>

Nutrition Research, December 2013

<http://www.sciencedirect.com/science/journal/02715317>

Review of the association between meat consumption and risk of colorectal cancer

<http://www.sciencedirect.com/science/article/pii/S0271531713001826>

Soy proteins and isoflavones reduce interleukin-6 but not serum lipids in older women: a randomized controlled trial

<http://www.sciencedirect.com/science/article/pii/S0271531713001954>

High-fructose corn syrup and sucrose have equivalent effects on energy-regulating hormones at normal human consumption levels

<http://www.sciencedirect.com/science/article/pii/S027153171300184X>

Pediatrics, December 2013

<http://pediatrics.aappublications.org/content/current>

Changes in Children's Sleep Duration on Food Intake, Weight, and Leptin

<http://pediatrics.aappublications.org/content/132/6/e1473.abstract>

Adiposity and Different Types of Screen Time

<http://pediatrics.aappublications.org/content/132/6/e1497.abstract>

Introduction of Complementary Foods and the Relationship to Food Allergy

<http://pediatrics.aappublications.org/content/132/6/e1529.abstract>

Incidence of Obesity Among Young US Children Living in Low-Income Families, 2008-2011

<http://pediatrics.aappublications.org/content/132/6/1006.abstract>

Probiotic Effects on Late-onset Sepsis in Very Preterm Infants: A Randomized Controlled Trial

<http://pediatrics.aappublications.org/content/132/6/1055.abstract>

Tufts University, Health & Nutrition Letter, December 2013

<http://www.tuftshealthletter.com/>

(Subscription required)

- Control Your Blood Sugar to Help Protect Your Brain
- Eat Right for Strong Bones That Will Last a Lifetime
- Should You Try Heart-Healthier Red Meat Alternatives?

Wellness Letter, University of California, Berkeley, January 2014

<http://www.berkeleywellness.com/>

(subscription required)

- Around the world with grains
- Is our food getting safer?

The Academics Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-24954-

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1699. Eat Right Weekly - December 11, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 11, 2013 10:56:10
Subject: Eat Right Weekly - December 11, 2013
Attachment:

Eat Right Weekly
December 11, 2013

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On the Pulse of Public Policy

Academy Leaders Advocate for Nutrition Policy during Congressional Visits

Academy member leaders from the Legislative and Public Policy Committee and the Academy's Political Action Committee visited Washington, D.C., last week to advocate for food and nutrition health policy. They met with 20 members of Congress to discuss the Treat and Reduce Obesity Act, the Farm Bill and methods to fund preventive health services. For more information and photos.

Join the 2015 *Dietary Guidelines* Advisory Committee for Its Second Meeting

The *Dietary Guidelines* Advisory Committee has announced that its second meeting will take place January 13 and 14, 2014, in Washington, D.C. Members of the Academy and the public are encouraged to attend in person or tune in via webcast. The Academy will be providing oral testimony during this meeting.

[Learn More >>](#)

[Register for the Largest Food and Nutrition Policy and Advocacy Summit: PPW 2014](#)

The Academy has opened registration for the 2014 Public Policy Workshop - the world's largest food and nutrition policy and advocacy summit. Advance your career by attending this leadership, communications and advocacy training. Join 500 of your fellow registered dietitian nutritionists and dietetic technicians, registered to stand up for important health issues affecting the nation and the profession. Discounts are available for students and groups consisting of three or more people.

[Learn More >>](#)

Medicare Issues Final Physician Fee Schedule for 2014

After delays due to the recent government shutdown, the Centers for Medicare & Medicaid Services has finalized updates to payment policies and payment rates for services furnished under the Medicare Physician Fee Schedule. These rules affect registered dietitian nutritionists who are Medicare providers.

[Learn More >>](#)

CMS Extends 2014 Annual Participation Enrollment Period

The 2014 Annual Participation Enrollment Program allows eligible providers, including registered dietitian nutritionists, an opportunity to change their participation status by December 31. Due to the later-than-usual release of the Medicare Physician Fee Schedule Final Rule, the Centers for Medicare & Medicaid Services is extending the 2014 annual participation enrollment period through January 31.

[Learn More >>](#)

CPE Corner

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

PQRS Info and More in the Latest *MNT Provider*

Discover how easy it is to participate in the Medicare Physician Quality Reporting System; avoid future payment adjustments; find preparation tips for transitioning to ICD-10 and more in the latest issue of *MNT Provider*.

[Learn More >>](#)

Webinar: Integrating RDNs Into Your Medical Practice

Are you working in a medical practice that is looking for ways to maximize care while reducing costs in an ever-changing payment system? Do you live near one of nearly 500 primary care practices participating in the Centers for Medicare & Medicaid Innovation Comprehensive Primary Care Initiative projects and would like to show how a registered dietitian nutritionist can help reach their quality and care management goals?

[Learn More >>](#)

Pay-for-Performance for Dialysis Centers: What's New with the End-Stage Renal Disease Quality Incentive Program?

The CMS Center for Clinical Standards and Quality will host an MLN Connects Call January 15, 2014, on the End-Stage Renal Disease Quality Incentive Program and the finalized rule for Payment Year 2016. Registered dietitian nutritionists working in dialysis clinics and hospital dialysis units are encouraged to register to help understand the contours of this program.

[Learn More >>](#)

New Opportunity: Become a Fellow of the Academy of Nutrition and Dietetics

Designation as a Fellow of the Academy of Nutrition and Dietetics (FAND) recognizes your professional accomplishments, valuable service to the profession and public and pursuit of lifelong learning. By earning the right to include the FAND initials among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition professionals.

[Learn More >>](#)

December Book of the Month

Save 10 percent on *The Nutrition Care Process in Pediatric Practice*. This easy-to-use guide shows how to incorporate standardized language (the International Dietetics & Nutrition Terminology) into everyday pediatric practice. The book reviews 15 conditions a registered dietitian nutritionist may encounter in the pediatric setting and walks you through how to apply the NCP.

[Learn More >>](#)

Help for Holiday Guests Who May Be Vulnerable to Food Poisoning

Whether preparing a holiday dish or a holiday feast, you as well as your clients should be aware that some holiday guests are be vulnerable to food poisoning - particularly young children, older adults, pregnant women and those with weakened immune systems. Will any of these guests be at your dinner table?

[Learn More >>](#)

The Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

Academy Member Updates

Submit Nominations for 2014 Academy Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its national Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields.

[Learn More >>](#)

Kids LiveWell Recipe Challenge

The National Restaurant Association is accepting applications for the second annual Kids LiveWell Recipe Challenge. Sponsored by founding partner McCormick For Chefs and Healthy Dining's team of registered dietitians, the Challenge takes an "industry tested, kid approved" approach. Submit your delicious and nutritious kids' menu items by December 15 for a chance to be recognized for your efforts in children's nutrition. Awards will be presented at the NRA Show in May.

[Learn More >>](#)

Join Kids Eat Right Group on LinkedIn

Did you know there's a place for Academy members and Kids Eat Right volunteers to get more involved and discuss topics specifically related to children and Kids Eat Right? There is - and you can join.

[Learn More >>](#)

"Nourish to Flourish" Infographic

Be a part of the solution to the hunger and obesity paradox by raising awareness, getting involved and supporting programs that help food insecure families have consistent access to healthy foods. See the new Kids Eat Right "Nourish to Flourish" infographic and share it with others.

[Learn More >>](#)

2014 Eat Right Calendar on Sale

Celebrate the New Year all year with 12 months of food-related photos taken by your colleagues. The 2014 Eat Right calendar, published by the *Journal of the Academy of Nutrition and Dietetics*, features photos taken by the finalists in the *Journal's* annual photo contest and includes dozens of important dates for food and nutrition practitioners.

[Learn More >>](#)

Earn CPE with *Journal* Editor's Podcasts

The final part of a three-part podcast series on nutritional genomics, with *Journal* Editor-in-Chief Linda Snetselaar, PhD, RDN, and Ruth DeBusk, PhD, RD, is now available on the *Journal's* website.

[Learn More >>](#)

Alliance to Advance Patient Nutrition Comments on ACA Medicare Reimbursement Policies

Hospital malnutrition can delay recovery, increase medical complications and extend length of stay - all contributing to rising health care costs. By identifying and treating malnourished patients upon admission and through discharge with an effective hospital nutrition program, hospitals can significantly improve quality and patient outcomes while reducing costs and meeting healthcare reform provisions.

[Learn More >>](#)

Philanthropy, Awards and Grants

Support the Foundation of *Your* Profession This Holiday Season and It Will Be Matched

Academy Partner and Kids Eat Right Supporter National Dairy Council will match up to \$20,000 of members' contributions in December.

[Learn More >>](#)

Your GENIE Is Coming

The Guide for Effective Nutrition Interventions and Education (GENIE), a validated online checklist tool to help program planners and program evaluators, will be available in January.

[Learn More >>](#)

Kids Eat Right News Bite Quarterly Newsletter

Kids Eat Right News Bite is a quarterly newsletter filled with pictures and stories to highlight the great work that is being done to help kids eat right around the world. Learn about the latest Kids Eat Right projects and programs and get a sneak peek into what's to come.

[Learn More >>](#)

\$1 Million Available in General Mills Champions for Healthy Kids Partnership Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in annual grants for innovative nutrition and physical activity programs being implemented by 501(c)3 charities that enlist the expertise of registered dietitian nutritionists. For 2014, General Mills will double this amount, providing the Foundation \$1 million to make these grants available.

[Learn More >>](#)

January 17 Deadline: Malnutrition Research Fellowship from Abbott Nutrition

An award funded by the Foundation via a grant from Abbott Nutrition will provide a one-year, full-time research fellowship experience to a registered dietitian nutritionist who has completed a master's or doctoral degree.

[Learn More >>](#)

February 1 Deadline: Foundation Awards

The Foundation offers awards for continuing education, international and program development. Get information about the awards program, new awards and download an application.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation/ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

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1700. RE: Diane Moore-Enos

From: Diane Moore-Enos <dmoore@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 10, 2013 17:16:19
Subject: RE: Diane Moore-Enos
Attachment: [image001.png](#)

Thank you so much, Donna!

Diane Moore Enos, MPH, RDN, FAND
Vice President, Professional Development and Assessment
Academy of Nutrition and Dietetics

From: DMartin@Burke.k12.ga.us
Sent: Tuesday, December 10, 2013 2:58 PM
To: 'KMcClusky@'; 'becky@'; 'bergmane@'; 'bkyle@'; 'c.christie@'; 'connors@'; 'easaden@'; 'glenna@'; 'joe.derochowski@'; 'lbeseler_fnc@'; 'linda.farr@'; 'mgarner@'; 'sandalgill@'; Patricia Babjak; Nancylewis1000@; dwheller@; peark02@
Cc: Executive Team Mailbox
Subject: Re: Diane Moore-Enos

This is fabulous news for the Diane, Pat and the Academy. Win, win for all!!!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
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"USDA Healthier US School Challenge GOLD award recipient"

>>>Patricia Babjak <PBABJAK@eatright.org> 12/10/2013 3:04 PM >>>

Please join me in congratulating Diane Moore-Enos, MPH, RDN, FAND, on her promotion to VP of Professional Development and Assessment, effective yesterday, reporting directly to me. Diane previously was the Director of Professional Development under the Member Services Team.

Diane's revised position description includes the planning, development and administration of the Nutrition and Dietetics Associate (NDA) program. I developed a schematic of some of the activities which she will oversee; please see attachment.

The Nutrition and Dietetic Educators and Preceptors (NDEP) Council will assist the Board of Directors in planning and developing the NDA program. Last month, CDR determined that they could not implement the new NDA curriculum-based assessment for the baccalaureate DPD graduate. This does not come as a surprise considering our discussion at the retreat in July. The natural organization unit to assist the Board in developing the NDA assessment and designation is the NDEP Council working with its educator and preceptor members.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

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1701. Making a connection

From: Mary Pat Raimondi <mraimondi@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Dayle Hayes <eatwellatschool@gmail.com>
Cc: ddgoldsmith.icia@gmail.com <ddgoldsmith.icia@gmail.com>, pemconnell@fcps.edu <pemconnell@fcps.edu>, debbi_beauvais@gateschili.monroe.edu <debbi_beauvais@gateschili.monroe.edu>, alvir@philasd.org <alvir@philasd.org>, ddemers@orcsd.org <ddemers@orcsd.org>, Jbarrett@alsde.edu <Jbarrett@alsde.edu>, deroir@willmar.k12.mn.us <deroir@willmar.k12.mn.us>, Jennifer Folliard <JFolliard@eatright.org>, Marla_R_Caplon@mcpsmd.org <Marla_R_Caplon@mcpsmd.org>
Sent Date: Dec 10, 2013 15:26:03
Subject: Making a connection
Attachment: [image001.png](#)

I was singing the praises of your work at the recent National Fruit and Vegetable Alliance meeting. Our colleague, Elizabeth Pivonka PhD, RD, CEO of Produce for Better Health was very interested in learning about your innovative ideas. She is planning her annual conference and would like to reach out to you for ideas and input.

I would like to make the connection for her. If you would prefer not to the connection, please let me know. And of course, feel free to send me any colleague's names as well.

Hope all is well!

Mary Pat

Mary Pat Raimondi, MS RDN
Vice President, Strategic Policy and Partnerships

Academy of Nutrition and Dietetics
1120 Connecticut Avenue NW- Suite 480

Washington, DC 20036

phone: 312.899.1731 (new direct line)

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1702. Diane Moore-Enos

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KM McClusky@iammorrison.com' <'KM McClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
Sent Date: Dec 10, 2013 15:05:00
Subject: Diane Moore-Enos
Attachment: [image001.png](#)
[NDA Schematic.xls](#)

Please join me in congratulating Diane Moore-Enos, MPH, RDN, FAND, on her promotion to VP of Professional Development and Assessment, effective yesterday, reporting directly to me. Diane previously was the Director of Professional Development under the Member Services Team.

Diane's revised position description includes the planning, development and administration of the Nutrition and Dietetics Associate (NDA) program. I developed a schematic of some of the activities which she will oversee; please see attachment.

The Nutrition and Dietetic Educators and Preceptors (NDEP) Council will assist the Board of Directors in planning and developing the NDA program. Last month, CDR determined that they could not implement the new NDA curriculum-based assessment for the baccalaureate DPD graduate. This does not come as a surprise considering our discussion at the retreat in July. The natural organization unit to assist the Board in developing the NDA assessment and designation is the NDEP Council working with its educator and preceptor members.

Pat

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1703. Information Technology Update

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KM McClusky@iammorrison.com' <'KM McClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandalgill@comcast.net' <'sandalgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Dec 10, 2013 13:29:27
Subject: Information Technology Update
Attachment:

I am providing you with an update on all that is going on behind the scenes with Information Technology. As you may recall, our current vendor's contract was extended until December 17. In order to perform our due diligence, we prepared and distributed a request for proposal for information technology support to five companies on November 8.

As stated in the proposal, the ideal vendor will provide technical support, assistance, hardware and software troubleshooting, network and system maintenance and training, and documentation of Academy hardware and software inventory in Chicago and Washington, D.C. Bid packets for a one-year contract were submitted on November 25. Select staff along with an independent IT expert will review and assess all of the proposals. A decision will be made this week and two finalists will be asked to present in person. Per the RFP, the selected vendor will execute the contract and have a start date of Wednesday, January 1, 2014, and the contract will go through December 31, 2014.

A summary of current IT projects follows.

New Computers (Chicago and D.C. offices)

New PC rollout continues for 48 units. All equipment upgrades for identified users will be completed by the end of December.

Storage Upgrade/Migration

Systems are being moved to new upgraded storage devices through the end of December. The website will be up and running, however some random systems will not be available for six to eight hours during the maintenance period as they will be moved to the new storage device. The next step is to schedule the majority of the SAN migration. It will take 40 hours to complete the much-needed upgrade and migration. This is the first step in ensuring our systems are reliable and function in real time for all users.

Telecommuters

All VDIs are now on the new Equal Logic SAN and the virtual network has been reconfigured. Some individual speed issues will be resolved with the storage upgrade/migration is completed. The maintenance started on November 23 and will continue through December.

Phone System

The current system is not reliable and has many “gremlins” that cause random problems that nobody can seem to pinpoint. This is not normal for this type of system as it is generally one of the most reliable voice systems available, but it negatively impacts the DC office, telecommuters, and random users in the Chicago office. IT is working with AT&T to determine final costs. There is a licensing discrepancy to get the discounted pricing. Discussions are taking place, and a decision will be made early next week on a phone upgrade.

DC Office

A new printer was installed on November 7 and a computer maintenance trip is being planned for January.

IT Task Team / Super Users Meeting

The internal IT Task Team met on Friday, November 22. **Thank you, Glenna, for stopping in to say hi to all of the Super Users.** As you may recall, this group was formed so that IT can receive feedback and address any significant tech issues faced by the Academy staff. Meetings are being held bimonthly with this group as well as individual teams.

An overview was provided on the infrastructure changes taking place to improve service to all users, along with updates from the previous team breakout sessions noting common issues

between teams. In addition, an all-staff survey on IT services is in progress, and we will have the results of the survey the week of December 9.

New Spam Filter and Power Outage Postmortem

In preparing for the recent power outage, we uncovered that we need to have an emergency plan in place for future events. We verified that we do not use outbound filter for email. Moving email to a secure environment is crucial. Our current provider is costly and does not provide the protection or flexibility needed. IT will be deploying an upgraded spam filter for the Academy that is more cost effective and will provide better protection.

During the power outage, we also experienced a surge that affected our universal power supply unit. No data was lost and it has been repaired, but it is crucial we eliminate any overloads in the future. We are looking into installing a bypass switch to enable our operations to run continuously without having to rely solely on universal power supply units. The good news is the website remained up and running and we did not incur any major problems. We were without email for approximately two hours. Considering our timeframe, the system put into place seemed to work well and the teams will work together to develop a solid plan for future emergencies. We will be notifying the building of future FNCE dates so that they will not schedule power outages during our crucial times.

New Websites Are on Track

Last but certainly not least, the new eatright, eatrightPRO and eatrightSTORE websites are on track and we are transitioning over **54,000 pages** of content beginning December 15. In preparation, we have developed a plan to freeze the current website while we migrate all of our content over to our new CMS. Web Strategy has been working with all of the teams to insure a smooth transition. The content that needs to appear during the content freeze (December 15th through mid-January) will be prepared ahead of time so that important messages and communications will not be affected. Member testing will begin in mid January and you will personally be invited to test drive our new sites and provide your feedback. Any changes and tweaking will take place in February, and we are all looking forward to debuting the new websites in March 2014, just in time for National Nutrition Month.

15th through mi

Please let me know if you have any questions or need additional information.

Pat

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1704. Daily News: Tuesday, December 10, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 10, 2013 11:00:45
Subject: Daily News: Tuesday, December 10, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

LDL No Longer Target of Kidney Disease Lipid Management
<http://www.medpagetoday.com/Cardiology/Dyslipidemia/43328>

Source: *Annals of Internal Medicine*
<http://annals.org/article.aspx?articleid=1788220>

Related Resource: *A Clinical Guide to Nutrition Care in Kidney Disease, Second Edition*
<https://www.eatright.org/shop/product.aspx?id=6442475614>

More Helpful Fatty Acids Found in Organic Milk

http://www.nytimes.com/2013/12/10/health/organic-milk-high-in-helpful-fatty-acids-study-finds.html?ref=health&_r=0

Source: *PLOS One*

<http://www.plosone.org/article/info:doi/10.1371/journal.pone.0082429>

Related Resource: Watch for new-Dietary Fatty Acids Position Paper in our -January 2014 *Journal*

<http://www.eatright.org/About/Content.aspx?id=6442460576>

Vitamins Old, Old Edge

<http://www.nytimes.com/2013/12/10/science/vitamins-old-old-edge.html?ref=health>

The microbes in your gut may be making you fat or keeping you thin

http://www.washingtonpost.com/national/health-science/the-microbes-in-your-gut-may-be-making-you-fat-or-keeping-you-thin/2013/12/06/6f186da2-488b-11e3-a196-3544a03c2351_story.html

Treating insomnia, but without the medications

Studies show that cognitive behavioral therapy for insomnia (CBT-I) sessions are effective, but most people have never heard of it

<http://www.chicagotribune.com/health/sc-health-1204-insomnia-cbt-20131205,0,2929531.story>

Study: U.S. poverty rate decreased over past half-century thanks to safety-net programs

http://www.washingtonpost.com/business/economy/study-us-poverty-rate-decreased-over-past-half-century-thanks-to-safety-net-programs/2013/12/09/9322c834-60f3-11e3-94ad-004fefa61ee6_story.html?hpid=z6

Source: *Trends in Poverty with an Anchored Supplemental Poverty Measure*

<https://courseworks.columbia.edu/access/content/group/c5a1ef92-c03c-4d88-0018-ea43dd3cc5db/Working%20Papers%20for%20website/Anchored%20SPM.December7.pdf>

Party yes, panic no

One surefire way to make entertaining at home more merry is to order a chef.

<http://www.suntimes.com/lifestyles/23626229-423/party-yes-panic-no.html>

Related Resource: Food and Culinary Professionals DPG

<http://www.foodculinaryprofs.org/>

Food labeling litigation: Whats in store for 2014? Nutrition Facts, GMOs, natural claims, trans fats, GE salmon, whole grain statements

<http://www.foodnavigator-usa.com/Manufacturers/Food-labeling-litigation-What-s-in-store-for-2014-Nutrition-Facts-GMOs-natural-claims-trans-fats-GE-salmon-whole-grain-statements>

Buzzworthy superfood ingredients invigorate US hot cereal market

<http://www.foodnavigator-usa.com/Markets/Buzzworthy-superfood-ingredients-invigorate-US-hot-cereal-market>

Canadian firm to bring encapsulated hemp oil ingredient to market for supplements and foods

<http://www.foodnavigator-usa.com/Suppliers2/Canadian-firm-to-bring-encapsulated-hemp-oil-ingredient-to-market-for-supplements-foods>

BPA is still everywhere, and mounting evidence suggests harmful effects

http://www.washingtonpost.com/national/health-science/bpa-is-still-everywhere-and-mounting-evidence-suggests-harmful-effects/2013/12/06/2ff4a462-5b5d-11e3-a49b-90a0e156254b_story.html

Related Resource: FDA- Bisphenol A (BPA): Use in Food Contact Application

<http://www.fda.gov/newsevents/publichealthfocus/ucm064437.htm>

Colorado company recalls 90,000 pounds meat after rodent discovery

<http://www.nbcnews.com/health/colorado-company-recalls-90-000-pounds-meat-after-rodent-discovery-2D11722147>

Related Resource: FDA

<http://www.fda.gov/safety/recalls/default.htm>

Report: Most States Do A Bad Job Informing Consumers About Physician Quality

http://www.washingtonpost.com/national/health-science/report-most-states-do-a-bad-job-informing-consumers-about-physician-quality/2013/12/10/88c9b5c2-618f-11e3-a7b4-4a75ebc432ab_story.html

Source: *HCI3 Improving Incentives Report - December 2013*

<http://www.hci3.org/content/physician-quality-transparency-report>

MedlinePlus: Latest Health News

-Epilepsy Surgery Improves Patients' Lives, Research Finds

-Gene Therapy Shows Promise Against Leukemia, Other Blood Cancers

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

The 10 Most Filling Foods for Weight Loss

(Barbara Rolls, Academy member; Joy Dubost, Academy Spokesperson; Susan Roberts, RD and Ellie Krieger, RD all quoted)

<http://abcnews.go.com/Health/10-filling-foods-weight-loss/story?id=21153507#>

Cooking do's and don'ts for your feast

(Heather Mangieri, Academy Spokesperson quoted)

<http://www.telegram.com/article/20131210/NEWS/312109983/1312>

Resolve: Get fit during holidays for your health's sake

(Nancy Clark, RD quoted)

<http://www.usatoday.com/story/news/nation/2013/12/08/exercise-holidays-weight-loss/3793277/>

3 convenient ways to measure body fat

(Lindsay Langford, RD quoted)

<http://www.wishtv.com/news/indiana/3-convenient-ways-to-measure-body-fat>

Organic Milk More Nutritious than Regular Milk, WSU Study Finds

(Judy Simon, RD quoted)

<http://www.kplu.org/post/organic-milk-more-nutritious-regular-milk-wsu-study-finds>

At breakfast, think outside the (cereal) box

(By Sheah Rarback, RD)

<http://www.miamiherald.com/2013/12/10/3808756/at-breakfast-think-outside-the.html#storylink=cpy>

Smart and sensible solutions for savoring seasonal sweets

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x1636701071/Smart-and-sensible-solutions-for-savoring-seasonal-sweets>

Waist-friendly holiday dips and spreads

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/12/10/waist-friendly-holiday-dips-and-spreads/>

Gifts-in-a-jar make perfect holiday gifts

(By Tracey Shaffer, RD)

<http://www.examiner.net/article/20131210/SPORTS/131219990/10083/NEWS>

Should you give someone some sugar this holiday?

(By Barbara Quinn, RD)

<http://www.utsandiego.com/news/2013/dec/10/tp-should-you-give-someone-some-sugar-this-holiday/>

Cited: Food and Nutrition Magazine

<http://www.foodandnutrition.org/Stone-Soup/October-2013/Food-Addiction-What-Does-the-Research-Say/>

Festive Fixings - Enjoy Guilt-Free Eating Over the Holidays by Making Healthy Food Choices, Says Registered Dietitian

(Kimberly Leadbeater, Dietitian/Canada quoted)

<http://www.northumberlandview.ca/index.php?module=news&type=user&func=display&sid=25839>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.

To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=24875

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-24875-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1705. FW: Retirement of Dr. Evelyn Ford Crayton

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Garner, Margaret <MGarner@cchs.ua.edu>
Sent Date: Dec 10, 2013 10:46:29
Subject: FW: Retirement of Dr. Evelyn Ford Crayton
Attachment: [image001.png](#)

FYI. Once a person is on the ballot, staff do not forward any communications that may be perceived as support.

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From: Evelyn Crayton [mailto:craytef@aces.edu]

Sent: Monday, December 09, 2013 7:49 PM

To: Lillie Seals; Lillie diane Ford (lilliedi@hotmail.com); Lendera Bickham; secretary@antiochmtmeigs.com; schavful@yahoo.com; Chavful-White, Rasheeda N. (DFPS); preacherman1940@aol.com; Patricia Babjak; Glenna McCollum; craytef@charter.net; michele.d.lites@kp.org; Denine Rogers; fullerlorna@yahoo.com

Cc: Angela Douge ; Kathy McClusky; 'Kathleen Rourke'; McClusky, Kathy; Audy1946@aol.com; clarae98@yahoo.com; Keenan Grenell; Karen Lechowich; Judith Rodriquez; Judy Case; jhardy2118@charter.net; Bright, Saunya Maj USAF USAFE 48 MDSS/SGSN; antoinettewatkins@texashealth.org; Atilas, Jorge; Pace, Ralphenia; kajuandra@gmail.com; Kristen Postell Elliott

Subject: Retirement of Dr. Evelyn Ford Crayton

FYI!

From: owner-aces-all@acesag.auburn.edu [mailto:owner-aces-all@acesag.auburn.edu] **On**
Behalf Of Andrea Musso
Sent: Monday, December 09, 2013 9:38 AM
To: 'aces-all@aces.edu'
Subject: [ACES-all] Retirement of Dr. Evelyn Ford Crayton

Dr. Evelyn Ford Crayton has announced her retirement effective January 1, 2014. Dr. Crayton is a Registered Dietitian, Auburn University Professor of Nutrition, Dietetics and Hospitality Management, and serves the Alabama Cooperative Extension System (ACES) Specialist for Special Endowments in Nutrition and Health.

Crayton is a graduate of Grambling State University. She completed her dietetics internship and received a master's degree from St. Louis University, and received a doctorate in vocational and adult education from Auburn University. She has served ACES for over 36 years as an Extension Specialist in Foods and Nutrition, led the early Expanded Food and Nutrition Education Program (EFNEP) and provided leadership to Family and Consumer Science Programs as Assistant Director. Her area of specialty is nutrition education addressing public and community nutrition challenges.

Dr. Crayton is married to John L. Crayton and has three children, Kareem, Eboni, and Makieth. A member of Antioch Baptist Church in Mt. Meigs, Dr. Crayton teaches Sunday School, chairs the Hostess Board, and is a member of the Deaconess Board.

Over her 36 year career, Dr. Crayton has made numerous contributions to ACES, Auburn University the state of Alabama, nationally and internationally. At the time of her retirement, she is being honored with the distinction of emeritus status.

1706. RE: December 10 4Ps/House Leadership Teleconference

From: Joan Schwaba <JSchwaba@eatright.org>
To: Glenna McCollum <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan Bergman' <bergmane@cwu.EDU>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky Dorner <becky@beckydorner.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Harold Holler <HHOLLER@eatright.org>
Sent Date: Dec 09, 2013 11:55:12
Subject: RE: December 10 4Ps/House Leadership Teleconference
Attachment: [Agenda 12-10-13REVISED.DOC](#)
[Att 3.0 NDA Schematic.xls](#)
[Att 5.0 FAND - WM Certificate.doc](#)
[Att 6.0 NPAUP Conference_Invitation.doc](#)

Attached is a revised agenda and corresponding attachments for tomorrow's call.

Joan

Joan Schwaba, MS, RDN, LDN

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From: Joan Schwaba

Sent: Thursday, December 05, 2013 1:53 PM

To: Glenna McCollum ; 'Sonja Connor'; 'Ethan Bergman'; Nancylewis1000@gmail.com; Elise Smith ; Becky Dorner; DMartin@Burke.k12.ga.us

Cc: Patricia Babjak; Harold Holler

Subject: December 10 4Ps/House Leadership Teleconference

Attached are the agenda and supporting materials for the upcoming 4Ps/House Leadership teleconference scheduled for Tuesday, December 10 at 4 pm ET/3 pm CT/2 pm MT/1 pm PT.

Ethan, since you will be traveling and unable to join the call, please feel free to share any input prior to the call.

To participate on the call, please use the following numbers:

Dial-In Number: 1-866/477-4564

Conference Code: 75 48 12 89 82

Joan

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

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1707. Daily News & Journal Review: Friday, December 6, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 06, 2013 11:08:02
Subject: Daily News & Journal Review: Friday, December 6, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Grant helps Schuster study connection of hunger/youth obesity

(Deborah Schuster, RD quoted)

<http://www.journalpilot.com/articles/2013/12/04/news/news4.txt>

Cited: Kids Eat Right-Become a KER Campaign Member »

<http://www.eatright.org/Members/content.aspx?id=6442466594>

Healthy diet costs \$550 more per year than unhealthy one

<http://www.medicalnewstoday.com/articles/269777.php>

Source: *BMJ Open*

http://bmjopen.bmj.com/content/3/12/e004277.short?g=w_open_current_tab

Related Resource: USDA/Economic Research Service

Are Healthy Foods Really More Expensive? It Depends on How You Measure the Price

<http://www.ers.usda.gov/publications/eib-economic-information-bulletin/eib96.aspx>

Good Body Image Goes Hand in Hand With Happier Relationship

Survey finds that women who diet are less satisfied with themselves

(Study results -- based on a poll of about 250 women were presented the British Psychological Society meeting)

<http://consumer.healthday.com/vitamins-and-nutrition-information-27/dieting-to-lose-weight-health-news-195/good-body-image-goes-hand-in-hand-with-happier-relationship-682814.html>

Does Guilt and Worry After Eating lead to Weight Gain?

<http://www.scienceworldreport.com/articles/11302/20131202/guilt-worry-lead-weight-gain.htm>

Source: *Appetite*

<http://www.ncbi.nlm.nih.gov/pubmed/24275670>

Should the definition of whole grains be expanded to include whole seeds, beans and legumes?

(As the FDA prepares to conduct consumer research into whole grain labeling statements before it issues finalized guidance for industry, the debate over precisely what should constitute a whole grain, as well as how the amount of wholegrain should be disclosed, continues to rage)

<http://www.foodnavigator-usa.com/Regulation/Should-the-definition-of-whole-grains-be-expanded-to-include-whole-seeds-beans-and-legumes>

Study casts doubt on whether extra vitamin D prevents disease

<http://www.chicagotribune.com/health/sns-rt-us-vitamin-d-20131205,0,2201686.story>

Source: *Lancet*

[http://www.thelancet.com/journals/landia/article/PIIS2213-8587\(13\)70165-7/abstract](http://www.thelancet.com/journals/landia/article/PIIS2213-8587(13)70165-7/abstract)

Related Resource: NIH Office of Dietary Supplements

<http://ods.od.nih.gov/factsheets/list-all/VitaminD/>

Age-Related Colon Condition Not Cause for Alarm, Study Says

Chances of diverticulosis developing into serious disorder are slimmer than thought

<http://consumer.healthday.com/senior-citizen-information-31/misc-aging-news-10/age-related-colon-condition-not-cause-for-alarm-study-says-682723.html>

Diabetes: More Than Type 1 and Type 2

<http://www.medpagetoday.com/Endocrinology/Diabetes/43262>

Source: *Lancet*

<http://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2813%2962219-9/fulltext>

Related Resource: How an RD or RDN Can Help with Diabetes

<http://www.eatright.org/Public/content.aspx?id=6442476637>

FDA: Idaho knew Chobani yogurt was tainted before recall

<http://www.nbcnews.com/health/fda-idaho-knew-yogurt-was-tainted-recall-2D11702820>

MedlinePlus.gov: Latest Health News

-U.S. pregnancy rates continue to drop and are now at their lowest level in 12 years. And their second lowest level in 30 years!

-Fertility Treatments Behind High Rates of Multiple Births: Study

But unlike other methods, growing IVF use may help reverse trend, experts say

-Many at Risk for Diabetes and Don't Know It, Study Finds

Doctors may not be discussing ways to avoid developing the blood sugar disease, researchers say

-One or two hours of sports each day best for teens

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Switching to Healthier Eating May Cost You More

(Melissa Joy Dobbins, Academy Spokesperson quoted)

<http://consumer.healthday.com/public-health-information-30/economic-status-health-news-224/healthy-eating-costs-only-a-bit-more-682822.html>

Healthy aging: To stay physically active, better start early

(By Timi Gustafson, RD)a

<http://www.auburn-reporter.com/lifestyle/234647061.html>

Food Sleuth Radio April Winslow Interview

(Melinda Hemmelgarn, RD & April Winslow, RD)

Discuss the connection between nutrition, psychotherapy, depression, and eating disorders

www.prx.org/pieces/107213-food-sleuth-radio-april-winslow-interview

Practical Nutrition: Saving calories on holiday foods

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/columnists-blogs/mary-jo-sawyer/practical-nutrition-saving-calories-on-holiday-foods/article_fc393c84-c1db-5da6-815a-a88852ac2fe0.html

USF dietitian offers tips to stay fit during the holiday season

(Lauri Wright, RDN quoted)

<http://www.tampabay.com/news/usf-dietician-offers-tips-to-stay-fit-during-the-holiday-season/2155707>

Vitamin D supplements may be waste of money

(Catherine Collins, Dietitian/ UK quoted)

<http://www.telegraph.co.uk/health/healthnews/10498996/Vitamin-D-supplements-may-be-waste-of-money.html>

Journal Review

Academys *MNT Provider*, November 2013

<http://www.eatright.org/Publications/MNTProvider/August2013/index.html>

- Act now! Help increase access and reimbursement for obesity screening and counseling
- Transitioning to ICD-10 Webinar now available
- Provider Enrollment Chain and Ownership System (PECOS) Surrogate program to launch soon
- Nutrition service delivery and payment identified as mega issue
- Free online Medicare Education Benefits Course for Kidney Disease

American Journal of Epidemiology, December 2013

<http://aje.oxfordjournals.org/content/178/11?etoc>

Obesity and Mortality Risk: New Findings From Body Mass Index Trajectories

<http://aje.oxfordjournals.org/content/178/11/1591.abstract>

A Large Prospective Investigation of Sleep Duration, Weight Change, and Obesity in the NIH-AARP Diet and Health Study Cohort

<http://aje.oxfordjournals.org/content/178/11/1600.abstract>

American Journal of Preventive Medicine, December 2013

<http://www.ajpmonline.org/current>

Customer Responses to Mandatory Menu Labeling at Full-Service Restaurants

[http://www.ajpmonline.org/article/S0749-3797\(13\)00494-7/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00494-7/abstract)

Strategies to Prevent Weight Gain in Adults: A Systematic Review

[http://www.ajpmonline.org/article/S0749-3797\(13\)00492-3/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00492-3/abstract)

Diabetes Education: Quality Improvement Interventions Through Health Departments

[http://www.ajpmonline.org/article/S0749-3797\(13\)00483-2/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00483-2/abstract)

Annals of Internal Medicine, December 3, 2013

<http://annals.org/issue.aspx>

Treatment of Anemia in Patients With Heart Disease: A Systematic Review

<http://annals.org/article.aspx?articleid=1784290>

Are Metabolically Healthy Overweight and Obesity Benign Conditions?: A Systematic Review and Meta-analysis

<http://annals.org/article.aspx?articleid=1784291>

Treatment of Anemia in Patients With Heart Disease: A Clinical Practice Guideline From the American College of Physicians

<http://annals.org/article.aspx?articleid=1784292>

CDC-Preventing Chronic Disease, November 2013

http://www.cdc.gov/pcd/current_issue.htm#Nov

Multiple Chronic Conditions and Limitations in Activities of Daily Living in a Community-Based Sample of Older Adults in New York City, 2009

http://www.cdc.gov/pcd/issues/2013/13_0159.htm

Methods for Translating Evidence-Based Behavioral Interventions for Health-Disparity Communities

http://www.cdc.gov/pcd/issues/2013/13_0133.htm

Local Wellness Policy 5 Years Later: Is It Making a Difference for Students in Low-Income, Rural Colorado Elementary Schools?

http://www.cdc.gov/pcd/issues/2013/13_0002.htm

Strategies to Prevent and Reduce Diabetes and Obesity in Sacramento, California: The African American Leadership Coalition and University of California, Davis

http://www.cdc.gov/pcd/issues/2013/13_0074.htm

Current Opinion in Clinical Nutrition & Metabolic Care, January 2014

<http://journals.lww.com/co-clinicalnutrition/pages/default.aspx>

Cognition and nutrition

Dietary protein and muscle in older persons

http://journals.lww.com/co-clinicalnutrition/Abstract/2014/01000/Dietary_protein_and_muscle_in_older_persons.3.aspx

Frailty: role of nutrition and exercise

http://journals.lww.com/co-clinicalnutrition/Abstract/2014/01000/Frailty___role_of_nutrition_and_exercise.6.aspx

Antioxidant supplements and mortality

http://journals.lww.com/co-clinicalnutrition/Abstract/2014/01000/Antioxidant_supplements_and_mortality.7.aspx

Do nutrients play a role in delirium?

http://journals.lww.com/co-clinicalnutrition/Abstract/2014/01000/Do_nutrients_play_a_role_in_delirium_.8.aspx

Advances in the nutritional and pharmacological management of phenylketonuria

http://journals.lww.com/co-clinicalnutrition/Abstract/2014/01000/Advances_in_the_nutritional_and_pharmacological.11.aspx

European Journal of Clinical Nutrition, December 2013

<http://www.nature.com/ejcn/journal/v67/n12/index.html>

Economic evaluation for protein and energy supplementation in adults: opportunities to strengthen the evidence

<http://www.nature.com/ejcn/journal/v67/n12/abs/ejcn2013206a.html>

Effect of a carbohydrate-containing late-evening snack on energy metabolism and fasting substrate utilization in adults with acute-on-chronic liver failure due to Hepatitis B

<http://www.nature.com/ejcn/journal/v67/n12/abs/ejcn2013163a.html>

Nutritional status in patients with chronic pancreatitis

<http://www.nature.com/ejcn/journal/v67/n12/abs/ejcn2013199a.html>

European Journal of Nutrition, November 27- December 4, 2013 Online First

<http://www.nature.com/ejcn/journal/vaop/ncurrent/index.html#04122013>

Coffee consumption and risk of prostate cancer: an up-to-date meta-analysis

<http://www.nature.com/ejcn/journal/vaop/ncurrent/abs/ejcn2013256a.html>

Sugar-sweetened beverages consumption in relation to changes in body fatness over 6 and 12 years among 9-year-old children: the European Youth Heart Study

<http://www.nature.com/ejcn/journal/vaop/ncurrent/abs/ejcn2013243a.html>

Food Management, November, 2013

<http://food-management.com/>

KSU's Molt Among Those Honored by Academy of Nutrition & Dietetics

<http://food-management.com/news-amp-trends/ksus-molt-among-those-honored-academy-nutrition-dietetics>

Zen & the Art of Wellness

<http://food-management.com/business-amp-industry/zen-art-wellness>

The Big Chef Balancing Act

<http://food-management.com/colleges-amp-universities/big-chef-balancing-act>

Commodity Boards At Your Service

Need healthier cafeteria fare pronto? Commodity boards are ready, willing and able to help.

<http://food-management.com/healthcare/commodity-boards-your-service>

Food Quality and Preference, March 2014

<http://www.sciencedirect.com/science/journal/09503293/32>

Both a higher number of sips and a longer oral transit time reduce ad libitum intake

<http://www.sciencedirect.com/science/article/pii/S0950329313001742>

Credence and the effect on consumer liking of food A review

<http://www.sciencedirect.com/science/article/pii/S095032931300178X>

Food Research International, December 2013

<http://www.sciencedirect.com/science/journal/09639969/54>

The ripe pulp of *Mangifera indica* L. (mangoes): A rich source of phytosterols and other lipophilic phytochemicals

<http://www.sciencedirect.com/science/article/pii/S0963996913005048>

Effect of cooking on olive oil quality attributes

<http://www.sciencedirect.com/science/article/pii/S0963996913002421>

Journal of Clinical Outcomes Management, November 2013

<http://www.turner-white.com/jc/jc01.php>

Comparison of Acceptance-Based Versus Standard Behavioral Treatment for Obesity in Adults

http://www.turner-white.com/memberfile.php?PubCode=jcom_nov13_obesity.pdf

Evidence-based Strategies for Communicating with Older Adults in Long-term Care

http://www.turner-white.com/memberfile.php?PubCode=jcom_nov13_longterm.pdf

Journal of the National Cancer Institute, December 4, 2013

<http://jnci.oxfordjournals.org/content/105/23?etoc>

Elevated Plasma Vitamin B12 Levels as a Marker for Cancer: A Population-Based Cohort Study

<http://jnci.oxfordjournals.org/content/105/23/1799.abstract>

Journal of Nutrition, Health & Aging, September 2013

<http://link.springer.com/journal/12603/17/9/page/1>

The influence of nutritional supplement drinks on providing adequate calorie and protein intake in older adults with dementia

<http://link.springer.com/article/10.1007/s12603-013-0364-5>

Journal of Parenteral and Enteral Nutrition, November 27- December 3, 2013 Online First

<http://pen.sagepub.com/content/early/recent>

Feasibility of Accessing Data in Hospitalized Patients to Support Diagnosis of Malnutrition by the Academy-A.S.P.E.N. Malnutrition Consensus Recommended Clinical Characteristics

<http://pen.sagepub.com/content/early/2013/11/27/0148607113514613.abstract>

Handgrip Strength and Associated Factors in Hospitalized Patients

<http://pen.sagepub.com/content/early/2013/11/26/0148607113514113.abstract>

Epidemiology of Interruptions to Nutrition Support in Critically Ill Children in the Pediatric Intensive Care Unit

<http://pen.sagepub.com/content/early/2013/11/25/0148607113513800.abstract>

Randomized Clinical Trial of New Intravenous Lipid (SMOFlipid® 20%) Versus MCT/LCT in Adult Patients Undergoing Gastrointestinal Surgery

<http://pen.sagepub.com/content/early/2013/11/25/0148607113512869.abstract>

Metabolism Clinical and Experimental, December 2013

<http://www.metabolismjournal.com/current>

Consuming a hypocaloric high fat low carbohydrate diet for 12 weeks lowers C-reactive protein, and raises serum adiponectin and high density lipoprotein-cholesterol in obese subjects

[http://www.metabolismjournal.com/article/S0026-0495\(13\)00223-0/abstract](http://www.metabolismjournal.com/article/S0026-0495(13)00223-0/abstract)

Circulating 25-hydroxyvitamin D is associated with insulin resistance cross-sectionally but not longitudinally in older adults: The Cardiovascular Health Study

[http://www.metabolismjournal.com/article/S0026-0495\(13\)00225-4/abstract](http://www.metabolismjournal.com/article/S0026-0495(13)00225-4/abstract)

Adiposity and the relationship between vitamin D and blood pressure

[http://www.metabolismjournal.com/article/S0026-0495\(13\)00226-6/abstract](http://www.metabolismjournal.com/article/S0026-0495(13)00226-6/abstract)

Molecular Nutrition & Food Research, November 24- December 5, 2013 Online First

[http://onlinelibrary.wiley.com/journal/10.1002/\(ISSN\)1613-4133/earlyview](http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1613-4133/earlyview)

Whole soy, but not purified daidzein, had a favorable effect on improvement of cardiovascular risks: A 6-month randomized, double-blind, and placebo-controlled trial in equol-producing postmenopausal women.

[http://onlinelibrary.wiley.com/journal/10.1002/\(ISSN\)1613-4133/earlyview](http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1613-4133/earlyview)

Morbidity and Mortality Weekly Report, December 6, 2013

http://www.cdc.gov/mmwr/mmwr_wk.html

Notes from the Field: *Escherichia coli* O157:H7 Outbreak Associated with Seasonal Consumption of Raw Ground Beef Wisconsin, December 2012-January 2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6248a4.htm?s_cid=mm6248a4_w

National Influenza Vaccination Week December 814, 2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6248a5.htm?s_cid=mm6248a5_w

Morbidity and Mortality Weekly Report, November 29, 2013

http://www.cdc.gov/mmwr/mmwr_wk/wk_cvol.html

World AIDS Day December 1, 2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6247a1.htm?s_cid=mm6247a1_w

HIV Testing and Risk Behaviors Among Gay, Bisexual, and Other Men Who Have Sex with Men
United States

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6247a4.htm?s_cid=mm6247a4_w

Very High Blood Lead Levels Among Adults United States, 20022011

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6247a6.htm?s_cid=mm6247a6_w

New England Journal of Medicine, December 5, 2013

<http://www.nejm.org/toc/nejm/medical-journal>

How Early Should Obesity Prevention Start?

<http://www.nejm.org/doi/full/10.1056/NEJMp1310577>

APOL1 Risk Variants, Race, and Progression of Chronic Kidney Disease

<http://www.nejm.org/doi/full/10.1056/NEJMoa1310345>

Fertility Treatments and Multiple Births in the United States

<http://www.nejm.org/doi/full/10.1056/NEJMoa1301467>

Health Disparities in Kidney Disease Emerging Data from the Human Genome

<http://www.nejm.org/doi/full/10.1056/NEJMe1312797>

Nutrition, January 2014

<http://www.sciencedirect.com/science/journal/08999007>

Does diet-induced weight change effect anxiety in overweight and obese adults?

<http://www.sciencedirect.com/science/article/pii/S0899900713002906>

Birth weight predicts the risk of gestational diabetes mellitus and pregravid obesity

<http://www.sciencedirect.com/science/article/pii/S0899900713002797>

Medical weight loss versus bariatric surgery: Does method affect body composition and weight
maintenance after 15% reduction in body weight?

<http://www.sciencedirect.com/science/article/pii/S0899900713002967>

Moderate replacement of carbohydrates by dietary fats affects features of metabolic syndrome: A
randomized crossover clinical trial

<http://www.sciencedirect.com/science/article/pii/S0899900713002992>

Nutrition in Clinical Practice, December 2, 2013 Online First

<http://ncp.sagepub.com/content/early/recent>

The Canadian Critical Care Nutrition Guidelines in 2013

An Update on Current Recommendations and Implementation Strategies

<http://ncp.sagepub.com/content/early/2013/12/02/0884533613510948.abstract>

Nutrition Research, December 4, 2013 Online First

<http://www.sciencedirect.com/science/journal/aip/02715317>

Knowledge, perceptions and behaviors of adults concerning non-alcoholic beverages suggest some lack of comprehension related to sugars

<http://www.sciencedirect.com/science/article/pii/S0271531713002716>

Wellness Letter, University of California, Berkeley, December 2013

<http://www.berkeleywellness.com/>

Can Your Chair Make You Sick?

<http://www.berkeleywellness.com/self-care/over-counter-products/article/can-your-chair-make-you-sick>

(subscription required)

-Little seeds making big health claims- flaxseed, chia and hemp

-Vinegar virtues (Use it in food and around the house, not as medicine)

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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1708. December 10 4Ps/House Leadership Teleconference

From: Joan Schwaba <JSchwaba@eatright.org>
To: Glenna McCollum <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan Bergman' <bergmane@cwu.EDU>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky Dorner <becky@beckydorner.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Harold Holler <HHOLLER@eatright.org>
Sent Date: Dec 05, 2013 14:52:48
Subject: December 10 4Ps/House Leadership Teleconference
Attachment: [Agenda 12-10-13.doc](#)
[Att 3.0 NDA Schematic.xls](#)

Attached are the agenda and supporting materials for the upcoming 4Ps/House Leadership teleconference scheduled for Tuesday, December 10 at 4 pm ET/3 pm CT/2 pm MT/1 pm PT. Ethan, since you will be traveling and unable to join the call, please feel free to share any input prior to the call.

To participate on the call, please use the following numbers:

Dial-In Number: 1-866/477-4564

Conference Code: 75 48 12 89 82

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

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1709. Daily News: Thursday, December 5, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 05, 2013 10:56:46
Subject: Daily News: Thursday, December 5, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Renew as an Early Bird and Save

If you are an Active or Retired member you can renew early for the upcoming 2014/2015 Academy membership year and save 2% on your dues. In addition, you can opt-in to receive future dues notices electronically and/or participate in automatic renewal. This special offer ends January 15, 2014. Log into www.eatright.org and renew as an early bird today!

Academy Spoke and CMS Listened: Immediate Payment Cuts Avoided for Renal RDNs

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452593&mycontentid=6442479314>

Source: *Eat Right Weekly*, December 4, 2013, full edition available at:

<http://www.eatright.org/members/eatrightweekly/Categories.aspx?folderid=6442452593#6442479314>

Study: Playing With Food Can Help Your Kids Learn. Playing with food helps kids learn the names of harder-to-identify nonsolid foods

http://www.usnews.com/news/articles/2013/12/02/study-playing-with-food-can-help-your-kids-learn?s_cid=rss:study-playing-with-food-can-help-your-kids-learn

Source: *Developmental Science*

<http://www.ncbi.nlm.nih.gov/pubmed/24289734>

No need to delay introduction of food allergens to high-risk babies, paediatricians advise

<http://www.medicalnewstoday.com/releases/269564.php>

Source: Joint statement by the Canadian Paediatric Society and Canadian Society of Allergy and

Clinical Immunology

<http://www.cps.ca/documents/position/dietary-exposures-and-allergy-prevention-in-high-risk-infants>

Less Physical Activity, More TV for Today's Moms, Study Finds. This generation is less active than mothers in 1960s, researchers say

<http://consumer.healthday.com/fitness-information-14/misc-health-news-265/21st-century-mothers-a-sedentary-lot-study-finds-682715.html>

Why a Brisk Walk Is Better

<http://well.blogs.nytimes.com/2013/12/04/why-a-brisk-walk-is-better/?ref=health>

Source: *PLoS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0081098>

Stomach circadian clock limits food intake to specific times of day

<http://www.news-medical.net/news/20131205/Stomach-circadian-clock-limits-food-intake-to-specific-times-of-day.aspx>

Source: *Journal of Neuroscience*

<http://www.jneurosci.org/content/33/49/19238.abstract?sid=4fc68707-eef0-4145-a2eb-39d9d9db03f6>

Race Trumps Economic Status in Access to Healthy Food

<http://www.sciencedaily.com/releases/2013/12/131203124526.htm>

Source: *Preventive Medicine*

<http://www.sciencedaily.com/releases/2013/12/131203124526.htm>

Are social dieting communities a threat to health club, nutrition industries?

<http://www.stonehearthnewsletters.com/are-social-dieting-communities-a-threat-to-health-club-nutrition-industries/health-care-social-media/#sthash.0Y2DBwWP.dpuf>

USDA outlines plan to fight salmonella

Critics say the actions to combat the pathogen don't go far enough, especially with regard to antibiotic resistance. Salmonella is blamed for 1.3 million U.S. illnesses a year

<http://www.latimes.com/business/la-fi-usda-salmonella-20131205,0,3587259.story#ixzz2mbmH8QuV>

USDA/Economic Research Service

-Increased productivity now the primary source of growth in world agriculture

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=41327&ref=collection>

Seeing red? Industry poll reveals natural red color challenge in meat, dairy, bakery applications

(The quality and range of natural colors has increased significantly in recent years, but getting a vibrant natural red shade in some bakery, meat and dairy applications - especially if you want to avoid carmine - remains a big challenge according to an industry poll)
<http://www.foodnavigator-usa.com/Suppliers2/Seeing-red-Industry-poll-reveals-natural-red-color-challenge-in-meat-dairy-bakery-applications>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-More Time Better Outcome - a Randomised Trial to Investigate the Effect of More Dietetic Time in Dialysis Patients

<http://clinicaltrials.gov/ct2/show/NCT00755768?term=NCT00755768&rank=1>

Registered Dietitians in the News

Dietitian advises on eating healthy with food stamps

(Linda Steakley, RD quoted)

<http://www.waff.com/story/24137679/dietitian-advises-on-eating-healthy-on-food-stamps>

The Honey Diet, Debunked

(Martha McKittrick, RD quoted)

<http://www.weather.com/health/honey-diet-debunked-20131204>

Healthy eats for the holidays

(Mary Fay, RD & Kristi Williams, RD quoted)

http://www.oleantimesherald.com/news/article_69095dee-5d6d-11e3-a2e7-001a4bcf887a.html

Foods to boost your mood

(Katie Ferraro, RD featured)

<http://www.sandiego6.com/story/foods-to-boost-your-mood-20131204>

Can Selfies Help You Lose Weight?

Find out whether you should use Instagram to drop pounds

(Lisa Young, RD quoted)

<http://www.womenshealthmag.com/weight-loss/fitness-motivation-pictures>

Flavoring: Beyond sugar, salt and fat

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_24650957/flavoring-beyond-sugar-salt-and-fat

Greater Vancouver Food Bank putting focus on nutritious menus

(Barbara Crocker, Dietitian/Canada quoted)

<http://vancouver.24hrs.ca/2013/12/04/greater-vancouver-food-bank-putting-focus-on-nutritious-menus>

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1710. Foundation BOD WebEx Conference Call

From: Martha Ontiveros <Montiveros@eatright.org>
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 <dbier@bcm.edu>, MChristE@porternovelli.com
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 <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns
 <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador
 <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Alison
 Steiber <ASteiber@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Joan
 Schwaba <JSchwaba@eatright.org>, Linda Serwat <LSerwat@eatright.org>,
 Mary-Ann Johnson <mjohnson@eatright.org>, eddy@bcm.tmc.edu
 <eddy@bcm.tmc.edu>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Dec 05, 2013 10:52:41
Subject: Foundation BOD WebEx Conference Call
Attachment: [0.0 Binder BOD 12-10-13.pdf](#)
[CommitteeMember_Portal-Instructions_20131029.pdf](#)

Dear Academy Foundation BOD Members,

The Foundation Board of Directors WebEx Conference Call information follows.

Date: Tuesday, December 10, 2013

Time: 10:00 am, Central Standard Time

The agenda and corresponding attachments are now available on the Academy's on-line portal for your review.

Attached is a PDF document with **ALL** the files called 0.0 Binder BOD 12-10-13.pdf. If you do not want print the full binder, I recommend that you print pages 34, 59, 60 and 61 because it will be hard to view during the webinar.

Please note that the Academy's portal has transition to a new platform. Attached are instructions for using the new tool.

- To log into the new portal, enter the username and password that you use for the original portal. New login information is not required.
- There are no changes to the way committee work is conducted. Navigation bars are in a different location, new icons, etc – but overall, the way documents are downloaded, discussions posted, etc., has not changed.

To download the attachments, go to <https://eal.webauthor.com>

1. Select the "Committee Central" section, found on the left menu bar under "Tools."
2. Select the "Foundation BOD" committee
3. Go to Library section "+" to expand the "Foundation Documents" folder
4. Expand + the "2013 December" folder
5. Select the "2013 December" folder
6. To download all the files at once, select "Download" found on the top menu bar.

Day of Call

- Step 1: Log into webinar via personalized link provided below

<https://eatright.webex.com/eatright/j.php?ED=33446533&UID=498650667&PW=NOTM0YWZlYmFj&RT=MIM3>

- Step 2: Follow the audio prompts to use the "**CALL ME**" feature to have the WebEx system dial you into the audio portion of the training. This will sync your computer and audio together accordingly.

Do not dial into the meeting directly if connecting to WebEx as well unless you do not have a direct dial phone number. By using the Call Me feature, the system will sync your web and audio connections together under your attendee name in WebEx.

Teleconference information

Note: For those individuals unable to participate in the web portion of the meeting, you can dial into the meeting as follows:

Call-in toll-free number: 1-866-477-4564 (US)

Conference Code: 537 767 1744

Show global numbers: <https://www.tcconline.com/offSite/OffSiteController.jspf?cc=5377671744>

For assistance

1. Go to <https://eatright.webex.com/eatright/mc>

2. On the left navigation bar, click "Support".

To update this meeting to your calendar program (for example Microsoft Outlook), click this link:

<https://eatright.webex.com/eatright/j.php?ED=33446533&UID=498650667&ICS=MIU&LD=1&RD=2&ST=1&SHA2=AAAAAklOM2O2WFDeHCaCl4q6/EGhyiKo2W-bNicDaJO9khBG>

To check whether you have the appropriate players installed for UCF (Universal Communications Format) rich media files, go to <https://eatright.webex.com/eatright/systemdiagnosis.php>.

If you have any questions or trouble accessing the materials, please contact me.

Thanks!

Martha Ontiveros

Administrative Assistant

Academy of Nutrition and Dietetics Foundation

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1711. FYI-Ethics Resources

From: Harold Holler <HHOLLER@eatright.org>
To: Becky Dorner (Becky@BeckyDorner.com) <Becky@BeckyDorner.com>, Catherine Christie (c.christie@unf.edu) <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan Bergman <bergmane@cwu.edu>, Garner, Margaret <MGarner@cchs.ua.edu>, Glenna McCollum (glenna@glennamccollum.com) <glenna@glennamccollum.com>, Joe Derochowski (joe.derochowski@connell-group.com) <joe.derochowski@connell-group.com>, Kathy McClusky <kmcccluskY@iammorrison.com>, Linda Farr (linda.farr@me.com) <linda.farr@me.com>, Lucille Beseler (lbeseler_fnc@bellsouth.net) <lbeseler_fnc@bellsouth.net>, Marcia Kyle (bkyle@roadrunner.com) <bkyle@roadrunner.com>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Sandra Gill (sandra.gill@comcast.net) <sandra.gill@comcast.net>, Sonja Connor <connors@ohsu.edu>
Cc: Anna Murphy <amurphy@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Janet Skates <janetskates@yahoo.com>, Suzy Weems <suzy_weems@baylor.edu>
Sent Date: Dec 05, 2013 07:51:24
Subject: FYI-Ethics Resources
Attachment: [image001.jpg](#)
[image002.png](#)

Date: December 5, 2013

To: Academy Board of Directors

From: Suzy Weems, PhD, RDN, CSSD, LD

Chair, Ethics Committee, 2013-2014

Subject: Ethics Opinion "The Impact of Social Media on Business and Ethical Practice in Dietetics" and Ethics Case Studies: Impact of Social Media on the RDN and DTR

The Ethics Committee is pleased to present two new ethics resources: the Ethics Opinion “The Impact of Social Media on Business and Ethical Practice in Dietetics” and Ethics Case Studies: Impact of Social Media on the RDN and DTR.

An ethics opinion is defined as an interpretation or application of the Academy/CDR Code of Ethics for the Profession of Dietetics by the Ethics Committee in response to a specific ethics issue or situation facing dietetics professionals in practice. These opinions are available to all members and credentialed practitioners to serve as an educational guide for their conduct. All ethics opinions are published upon approval in the *Journal of the Academy for Nutrition and Dietetics*. “The Impact of Social Media on Business and Ethical Practice in Dietetics” is now available in the November 2013 *Journal*.

The Ethics Committee also developed nine case studies addressing the impact of social media on the RDN and DTR. The purpose of these case studies is to create a discussion platform about ethics and the use of social media. These case studies can be used by educators with students and interns, clinical nutrition managers with their staff members, individual practitioners as well district presidents. In addition to the nine case studies, a handout is provided to use as a supplement for guiding the discussion. The handout presents each case study along with a set of discussion questions. The case studies and handout can be accessed on the Ethics Committee’s Academy website at: <http://www.eatright.org/About/Content.aspx?id=10763>

The ethics opinion, case studies and handout will be disseminated to the larger Academy membership via Eat Right Weekly in the upcoming weeks as well as to other Academy organizational units.

If you should have any questions or concerns related to this memo, please do not hesitate to contact either myself (254/710-6003 or suzy_weems@baylor.edu) or our staff partner, Harold Holler (800/877-1600, ext. 4896 or hholler@eatright.org).

Harold J. Holler, RDN, LDN

Vice President, Governance & Practice

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org

www.eatright.org

1712. Eat Right Weekly - December 4, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 04, 2013 17:05:30
Subject: Eat Right Weekly - December 4, 2013
Attachment:

Eat Right Weekly
December 4, 2013

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[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Academy Spoke and CMS Listened: Immediate Payment Cuts Avoided for Renal RDNs

The Centers for Medicare and Medicaid Services has issued its annual final rule for the End-Stage Renal Disease Prospective Payment System, adopting many recommendations from the Academy's August 30 comments.

[Learn More >>](#)

Public Policy Workshop 2014 Registration Is Open

Attend the world's largest food and nutrition policy and advocacy summit, March 30 to April 1, 2014, in Washington, D.C. Join 500 of your fellow registered dietitian nutritionists and dietetic technicians, registered to advance your leadership and communications skill sets and advocate for important health issues. Discounts are available for students and groups consisting of three or more people.

[Learn More >>](#)

Academy Urges NIH to Ensure Health Care Coverage Matches Expert Research and Guidelines

Too often, insurance (private or Medicare) does not provide coverage that meets national guidelines for obesity, cardiovascular disease and other conditions. The Academy has urged the Office of Disease Prevention within the National Institutes of Health to enhance efforts to translate NIH's research and guidelines into actual coverage of preventive services for Americans, many of which are provided by registered dietitian nutritionists and dietetic technicians, registered.

[Learn More >>](#)

CPE Corner

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Social Media: New Ethics Opinion and Case Studies

A new Ethics Opinion titled "The Impact of Social Media on Business and Ethical Practice in Dietetics" is now available to members online. Additionally, as a result of a 2012 Food & Nutrition Conference & Expo session on the topic, the Ethics Committee has developed nine case studies on "The Impact of Social Media on the RDN and DTR."

[Learn More >>](#)

New Toolkit: Unintended Weight Loss for Older Adults

A new Academy toolkit provides registered dietitian nutritionists with practical resources to implement the *Unintended Weight Loss for Older Adults Evidence-Based Nutrition Practice Guidelines* in a variety of settings.

[Learn More >>](#)

Membership Renewal: Be an Early Bird and Save

Get next's year dues at this year's prices by renewing your 2014-2015 Academy membership early.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison or nominate yourself or a fellow student to the Student Advisory Committee.

[Learn More >>](#)

Your HIPAA Questions Answered

How do the new HIPAA regulations affect RDNs' practice? Where can you find HIPAA-compliant RDN resources? Find out in the special double-issue HIPAA edition of the *MNT Provider*.

[Learn More >>](#)

Preparing Food for Holiday Guests with Celiac Disease, Food Allergies and Sensitivities

Food allergies are on the rise, and so is the likelihood that your holiday guests have a food allergy, food intolerance or celiac disease. Keep guests safe this holiday season with tips from the Home Food Safety program, a collaboration between the Academy and ConAgra Foods.

[Learn More >>](#)

[Help Fight Hunger](#)

Access tools and resources to take action to fight hunger and download the new Kids Eat Right tip sheet "Hungry and Overweight: How is it Possible?"

[Hunger Webinars Archived for Viewing](#)

Kids Eat Right recently hosted a series of six hunger webinars as part of the Future of Food project.

[Learn More >>](#)

[Healthy Food Bank Hub](#)

Developed with Feeding America, member food banks, National Dairy Council and the Academy Foundation, the Healthy Food Bank Hub offers tools and resources that promote nutrition and health and focus on the fight against hunger. Visit the Hub for new ideas, handouts and recipes.

[Learn More >>](#)

[The Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson](#)

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

[Academy Member Updates](#)

[Webinar: Nominating for Academy National Honors and Award](#)

Members are invited to take part in a free webinar on December 5 titled "Academy Honors and Awards: Make Your Nomination Count." The webinar will be at 2 p.m. Central Time.

[Learn More >>](#)

[Members Participate in Research to Advance Profession](#)

Academy member Kate Machado, MS, RD, CSSD, participated in research because she feels that high quality research is important for registered dietitian nutritionists "to determine evidence-based recommendations for patients and clients." She got involved in research through the Dietetics Practice Based Research Network - and other members can, too.

[Learn More >>](#)

Kids LiveWell Recipe Challenge

The National Restaurant Association is accepting applications for the second annual Kids LiveWell Recipe Challenge. Sponsored by founding partner McCormick For Chefs and Healthy Dining's team of registered dietitians, the Challenge takes an "industry tested, kid approved" approach. Submit your delicious and nutritious kids' menu items by December 15 for a chance to be recognized for your efforts in children's nutrition. Awards will be presented at the NRA Show in May.

[Learn More >>](#)

Philanthropy, Awards and Grants

February 1 Deadline: Foundation Awards

The Foundation offers awards for continuing education, international and program development. Get information about the awards program, new awards and download an application.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation/ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

General Mills Champions for Healthy Kids Partnership Doubles Grants for 2014

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in annual grants for innovative nutrition and physical activity programs being implemented by 501(c)3 charities that enlist the expertise of registered dietitian nutritionists. For 2014, General Mills will double this amount, providing the Foundation \$1 million to make these grants available.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

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1713. KER Updates

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Dec 04, 2013 11:38:35
Subject: KER Updates
Attachment: [image001.png](#)
[12-13 KER Newsletter \(3\).pdf](#)
[Partner Newsletter November and December 2013.pdf](#)
[12-1-13 final report RD Parent Empowerment Project.pdf](#)

Good morning. Attached is the quarterly Kids Eat Right newsletter that is sent to industry supporters of Kids Eat Right projects and included in Eat Right Weekly. Also included is the EB4K with Play funder newsletter and final report for the RD Parent Empowerment Program. Thanks!

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1714. Daily News: Wednesday, December 4, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 04, 2013 10:54:51
Subject: Daily News: Wednesday, December 4, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

If youre allergic to meat, antibiotics and other additives may not be the reason

(alpha-gal allergy, a reaction to red meat that results from having been bitten by a tick)

http://www.washingtonpost.com/national/health-science/if-youre-allergic-to-meat-antibiotics-and-other-additives-may-not-be-the-reason/2013/12/02/201ff316-4889-11e3-bf0c-cebf37c6f484_story.html

Short-Term Energy Deficits Increase Factors Related to Muscle Degradation

(Building upon the discovery that a high-protein diet reduces muscle loss when dieting, a new research report helps explain why)

<http://www.sciencedaily.com/releases/2013/12/131202142733.htm>

Source: *FASEB Journal*

<http://www.fasebj.org/content/27/12/5104>

NY Congressman Reintroduces Bill to Close Trans Fat Labeling Loophole

<http://www.foodsafetynews.com/2013/12/trans-fat-truth-in-labeling-act/>

Related Resource: FDA

<http://www.fda.gov/Food/ucm292278.htm>

Is research on delayed aging a better investment than cancer and heart disease?

(Greater investment in research to delay aging may be a 'highly efficient' way to prevent disease, extend healthy life, and improve public health, according to new research)

<http://www.foodnavigator.com/Science-Nutrition/Is-research-on-delayed-aging-a-better-investment-than-cancer-and-heart-disease>

Source: *Health Affairs*

<http://content.healthaffairs.org/content/32/10/1698.abstract?sid=0974180f-e05e-4a71-8551-3f1cd055b94c>

Is Kosher The Next Big Food Trend?

<http://www.forbes.com/sites/larissafaw/2013/12/02/is-kosher-the-next-big-food-trend/>

Tools to improve food safety in restaurants

<http://www.stonehearthnewsletters.com/tools-to-improve-food-safety-in-restaurants/foodborne-illnesses/>

Related Resource: CDC

<http://www.cdc.gov/media/releases/2013/p1202-food-safety-tools.html>

New Orleans Restaurant Scene Rises, Reflecting a Richer City

(Food-obsessed New Orleans has fewer people now than before Hurricane Katrina, but it has, by one local experts count, 70 percent more restaurants)

http://www.nytimes.com/2013/12/03/business/rebuilding-new-orleans-one-meal-at-a-time.html?ref=business&_r=0

MedlinePlus: Latest Health News

-Hospitals will quote prices for parking, not procedures

-Spinal cord injury: as many as 500 000 people suffer each year

Survival rates worse in low-income and middle-income countries

-Staying active all day linked to healthy aging

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Food Fight or Exercise Attack

(Amy Moore, RD quoted)

<http://www.sciencedaily.com/releases/2013/11/131129101607.htm>

Improving cancer patients diets

Until now, theres been little medical guidance to help cancer patients find foods they can tolerate and maintain a healthy weight

(Kathy McManus, RD & Stacey Bell, RD quoted)

<http://www.bostonglobe.com/lifestyle/health-wellness/2013/12/02/new-nutrition-group-offers-dietary-help-cancer-patients/dyTOo8lCzthclgOYmUrwLL/story.html>

How to incorporate flax into a heart-healthy diet

(By Hope Warshaw, RD; Susan Moore, RD quoted)

<http://www.washingtonpost.com/lifestyle/wellness/qanda-how-to-incorporate-flax-into-a-heart->

healthy-diet/2013/12/03/27b9522a-577f-11e3-ba82-16ed03681809_story.html

Local Expert Warns of Underage Drinkers Consuming Cooking Wine

(Emily Rubin, RD quoted)

<http://philadelphia.cbslocal.com/2013/12/02/local-expert-warns-of-underage-drinkers-consuming-cooking-wine/>

How to stick with healthy carbs over their highly processed cousins

(By Sharon Palmer, RD; Jill Weisenberger, RD quoted)

<http://www.newsobserver.com/2013/12/03/3428814/how-to-choose-healthy-carbs.html>

Preventing holiday weight gain

(By Jennifer Dunavan, RD)

http://fremonttribune.com/news/local/preventing-holiday-weight-gain/article_24bcdf87-d22f-5a91-a025-26d1787076ca.html

6 ways to beat holiday weight gain

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/12/03/6-ways-to-beat-holiday-weight-gain/>

Add a little flavor with pomegranates this holiday season

(By Kati Mora, RD)

<http://www.themorningsun.com/lifestyle/20131203/kati-mora-add-a-little-flavor-with-pomegranates-this-holiday-season>

Slow-Cooker 101

(By Michelle Scott, RD)

<http://www.kcrg.com/news/health/Hy-Vee-at-Midday-Slow-Cooker-101-234209871.html>

Star in the next 'Jump with Jill' music video, casting call set for this month

(Jill Jayne, RD cited)

http://www.mlive.com/entertainment/grand-rapids/index.ssf/2013/12/star_in_the_next_jump_with_jil.html

Quote of the Week

Time changes everything except something within us which is always surprised by change."

-Thomas Hardy

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The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=24744

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-24744-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1715. Survey: Licensure and Certification in Your State

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Dec 03, 2013 17:20:19
Subject: Survey: Licensure and Certification in Your State
Attachment:

Academy of Nutrition and Dietetics Email

Having trouble viewing this e-mail? [View it in your browser.](#)

Thank you in advance for your time in completing this survey. The purpose of the survey is to gain a better understanding about your views on the value of licensure/certification in your state.

[Click here to take the survey.](#)

This email is being sent to you from the Academy of Nutrition and Dietetics.
If you prefer not to receive future emails, simply follow this link to unsubscribe.

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1716. Re: October update

From: Paul Mifsud <PMifsud@eatright.org>
To: KMcClusky@lammorrison.com <KMcClusky@lammorrison.com>, Connors@ohsu.edu <Connors@ohsu.edu>, Paul Mifsud <PMifsud@eatright.org>, fellerb@auburn.edu <fellerb@auburn.edu>, nhwooldridge@charter.net <nhwooldridge@charter.net>, kendall@ufl.edu <kendall@ufl.edu>, mstokes@usj.edu <mstokes@usj.edu>, Elise Smith <easaden@aol.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Dec 03, 2013 11:08:31
Subject: Re: October update
Attachment:

All,

As I mentioned last week, I will need to move cash out of reserves for operational needs. Unless the committee has concerns, I will begin that process today by moving \$500,000. I mentioned that we would need \$1 million to be moved. We are watching, but unless cash inflow improves, it may be more than \$1 million. We will watch the cash and keep you informed.

If you have any questions or concerns, please let me know.

Paul

Sent from my iPhone

On Nov 27, 2013, at 1:51 PM, "Paul Mifsud" <PMifsud@eatright.org> wrote:

All,

At our last Finance and Audit Committee meeting, I mentioned I would provide an October update at a later time since we had not yet completed all of the FNCE reconciliations. We are still waiting on some of the bills from vendors, but, we needed to get October completed. Therefore, we estimated the costs by booking the budget in some areas. It may turn out that we are a little high, or a little low, on the estimates. This isn't unusual for FNCE. Hopefully, the numbers will be a little high and we will see the savings as the bills are finally provided to us.

I. Investments

- Since we are nearly at the end of November, I took a look at the investment returns. At the end of yesterday, the combined portfolios were up another \$1,050,000. This brings our total for the Fiscal Year to nearly \$3.7M. Since we only have 1.5 day of trading left in the month, I would think we should have another very positive month. I met with Al Bryant on Monday to discuss investments and he still thinks we are in a very good position. In addition, he is cautiously optimistic that the markets will continue their rise in 2014.

II. Reserves and Cash

- While I am on the subject of the investment returns, I would like to address our reserves and our cash flow. You will see when the information is posted on the portal that the Academy reserves will be at \$20,715,589 or 83.6% (A15). This is a very higher number. One that is impacted by both the gains from investments and the operating income, or operating loss, from CDR, DPGs and MIGs. As you may recall, when CDR, DPGs and MIGs have income or losses, we “reallocate” the reserve balance instead of putting money into reserves or taking it out each month. For example, if CDR has a \$100,000 operating profit, we will increase CDR’s reserve level by \$100,000 and reduce the Academy’s reserve level by \$100,000. This allows us to increase our operating cash to manage the business. So, with the DPGs, MIGs and CDR having operating deficits in October of approximately \$602K, the Academy’s investment reserve has gone up an additional \$602K (above the normal investment results). That is great. However, since the cash is not coming in, but, going out, the operating losses will result in our operating cash reserves being very low.

Last summer, we had a similar situation. I mentioned then that we may need additional money to be moved from the investment reserves into operating cash later in the Fiscal Year. Given the limited amount of cash inflow at the moment and the large cash outflows, I do think we will need another \$1M from reserves to be moved within the next few weeks. Taking that into consideration, removing \$1M from the Academy reserves will still result in a balance of \$19,715,589 or 79.6%. I would anticipate moving the cash in two segments; \$500,000 each time. The first will be necessary before the next payroll in two weeks. Depending on the way cash will be flowing, we may need the other \$500,000 two weeks after that. Considering the investment returns for November, I would not be surprised to stay above \$20M or 80% even with the withdrawal.

This is nothing to be worried about. We are within budget overall. We anticipated the need to reduce reserve levels this year within the budget. If this is confusing, let me know and we can schedule a special call to discuss this further.

Now, onto October financials!!

III. Academy October Financials (A10)

October, overall, was another good month for the Academy. We ended the month with an Operating Surplus of \$2.05M and a Net Income of over \$2.6M. The Operating Surplus was a little short of budget (\$63.5K short) due to lower revenues. Revenue was short of budget by \$109,974. However, Expenses, as they are currently recorded, are \$46,441 below budget. As I mentioned above, we hope that our estimates of expenses for FNCE are a little higher than the final billing. As has been the case in recent months, the investment returns have really made a difference. Investments were up \$568,552 in October.

Taking a look at the year to date numbers, the Academy currently has an Operating Surplus of \$158,240. This is \$204,903 higher (better) than the budget. Revenue for the year is lower by \$108,201 while expenses for the year are lower by \$313,104. So, even with the budget fluctuations, it is nice to say we are performing better than budget overall through 5/12ths of the year. The story gets even better once you factor in the investment returns. Investments for the year have returned \$1,045,872. This is nearly twice the budgeted amount. This results in Net Income through October of over \$1.2M. This is nearly \$711K better than the budget. I would expect November Investment returns to give us another lift.

The following is a breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area is **under budget** by \$12,949 in October and is **under budget** by \$47,145 for the year. Membership continues to grow. Unfortunately, at this stage, it is not hitting budget. Some of the shortfall will be due to how the budget is distributed (timing). However, some may be due to the various categories of membership. It may not be lining up with our overall budget. This could result in a budget shortfall for the year. We will continue to monitor the revenue in this area.

- b. **Programs and Meetings** - This area is **under budget** by \$46,102 in October and is **under budget** by \$43,719 for the year. The under-run in October is due to FNCE (down \$50.6K), offset by higher professional development (up \$4.5K). The primary driven of the FNCE under-run was exhibits.
- c. **Publications and Materials** - This area is **under budget** by \$23,912 in October and **over budget** by \$80,931 for the year. The under-run in October is primarily due to lower Research Publication sales (down \$22.2K), lower List Rental (down \$18.4K) and lower all other (down \$1.6K) offset by higher Traditional Publications (up \$15.5K) and higher Guides for Practice (up \$2.8K).
- d. **Subscriptions** – This area is **under budget** by \$12,296 in October and is **under budget** by \$24,942 for the year. The under-run for October is due to lower NCM and related products (down \$7.9K) and lower EAL (down \$4.1K).
- e. **Advertising** – This area is **under budget** by \$2,695 in October and **under budget** by \$22,180 for the year. The under-run in October is due to lower FNCE program book (down \$11.7K), offset by higher Food and Nutrition Magazine advertising sales (up \$9.0K).
- f. **All grants** - This area is **under budget** by \$4,282 in October and is **under budget** by \$10,015 for the year. The under-run in October is primarily due to the timing of recognition of grants such as ConAgra Home Food Safety (down \$8.0K) and Carry the Flame (down \$1.7K) offset by higher Research Grants (up \$5.4K).
- g. **Sponsorships** – This area is **under budget** by \$10,183 in October and is **under budget** by \$50,183 for the year. Even though this is under budget, it did have some good news. FNCE sponsorships were higher than budget (up by \$31.2K). However, this was offset by the anticipated lower sponsorship revenue for the remainder of the program (down \$41.4K). As we have mentioned previously, we are reducing our sponsorship revenue overall because we anticipate that we will be short of budget for the year.
- h. **Other** – This area was **over budget** by \$2,451 in October and is **over budget** by \$9,052 for the year. The over-run in October was primarily due to the Journal (up \$4.3K) and FNCE (up \$1.0K), offset by licensure income (down \$2.8K).

B. Expenses

- a. **Personnel** – This area is **under budget** by \$86 in October and **over budget** by \$19,973 for the year. Even though there are variances, lower salaries, higher benefits, etc, since it is close, we will say it is on target for the month.
- b. **Publications** – This area is **under budget** by \$10,032 in October and **under budget** by \$1,469 for the year. The under-run in October is primarily due to lower Food and Nutrition costs

(down \$7.2K), lower Traditional Publications costs (down \$2.0K) and lower Research (down \$2.0K), offset by higher across all other (up \$1.2K).

c. **Travel** – This area was **under budget** by \$10,043 in October and **under budget** by \$111,913 for the year. Since this fluctuates across all groups and is primarily FNCE related, we will say the saving is due to FNCE.

d. **Professional Fees** - This area was **under budget** by \$1,812 in October and is **under budget** by \$76,775 for the year. The under-run in October is being driven by lower Marketing (down \$6.1K), lower Research (down \$9.2K), lower Traditional Publications (down \$3.8K), lower Public Policy (down \$1.1K), lower List Rental (down \$2.3K), lower Journal (down \$8.5K) and lower across all other (down \$6.1K) offset higher Web/IT (up \$19.1K), higher FNCE (up \$6.2K), higher Membership recruitment (up \$10.0K).

e. **Postage and Mailing Service** – This area is **under budget** by \$803 in October and **over budget** by \$7,381 for the year. This under-run in October is primarily due to lower Membership (down \$2.8K), lower FNCE (down \$7.2K), lower Administrative (down \$1.0K) and lower across all other (down \$1.4K) offset by higher Traditional Publications (up \$6.9K) and higher Food and Nutrition Magazine (up \$4.7K).

f. **Office Supplies and Equipment** – This area is **under budget** by \$2,041 in October and **under budget** by \$6,841 for the year. The under-run in October is primarily due to FNCE (down \$1.3K) and across all areas of the business (down \$0.7K).

g. **Rent and utilities** - This area is **over budget** by \$17,087 in October and **over budget** by \$8,090 for the year. The over-run in October was due to the costs to mitigate the building power outage while we were at FNCE. We will attempt to get reimbursement from the building management.

h. **Telephone and communications** – This is **under budget** by \$1,431 in October and **over budget** by \$8,249 for the year. The under-run in October is due to FNCE.

i. **Commissions** – This area is **over budget** in October by \$1,808 and is **under budget** by \$2,089 for the year. The over-run in October is due to higher revenue from Food and Nutrition Magazine advertising sales. A commission is paid on the sales. If the revenue is higher, the commission will be higher.

j. **Computer Expenses** – This area is **under budget** by \$19,361 in October and **under budget** by \$26,624 for the year. The under-run in October is due to lower IT and web costs. One of the largest of which is a delay in hosting the Academy website by an outside vendor which was scheduled to start in October.

- k. **Advertising and Promotion** – This area is **over budget** by \$3,003 in October and **under budget** by \$566 for the year. The over-run in October is due to higher FNCE costs (up \$2.3K) and higher across all other areas of the business (up \$0.7K).
- l. **Insurance** – This area is **over budget** by \$335 in October and is **over budget** by \$2,372 for the year. The over-run in October is due to slightly higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is **on target** in October and **on target** for the year.
- n. **Bank and trust fees** – This area is **under budget** by \$8,092 in October and **over budget** by \$24,406 for the year. The under-run in October is primarily due to lower credit card fees for FNCE related activity.
- o. **Other** – This area is **under budget** by \$1,083 in October and **under budget** \$34,021 for the year. The under-run in October is primarily due to lower FNCE costs (down \$10.2K), lower Research costs (down \$3.4K), lower Governance (down \$2.1K), lower Membership costs (down \$1.8K), lower Administrative costs (down \$1.0) and lower across all other (down \$2.5K), offset by higher Food and Nutrition costs (up \$18.6K) and higher Public Policy costs (up \$1.3K).
- p. **Expense allocation** – This area is **over budget** by \$3,036 in October and is **over budget** by \$15,182 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$5,146 in October and is **under budget** for the year by \$71,795. The under-run in October is across all areas of the business and related to lower FNCE costs.
- r. **Legal and Audit** – This area is **on target** in October and is **under budget** by \$2,183 for the year.
- s. **Printing** – This area is **under budget** by \$5,709 in October and is **under budget** by \$34,117 for the year. The under-run in October is primarily due to lower expenses for FNCE (down \$5.9K) offset by higher across all other (down \$0.2K)

So, overall, the Academy is doing well. I will hold off addressing any of the other groups today. I hope all of you have a great Thanksgiving. I will have Maria put the October results onto the portal this afternoon. As always, if you have any questions, please don't hesitate to ask.

Paul Mifsud

1717. ACTION Needed: Consideration of AHA/ACC Guideline

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KM McClusky@iammorrison.com' <'KM McClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandalgill@comcast.net' <'sandalgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>
Sent Date: Dec 02, 2013 18:24:22
Subject: ACTION Needed: Consideration of AHA/ACC Guideline
Attachment: [Agenda Item Summary 2013 AHA-ACC Guidelines.doc](#)
[Attachment 7.0 Risk Assessment Guideline.pdf](#)
[Attachment 7.1 Risk Assessment Full Panel Report.pdf](#)
[Attachment 7.2 Lifestyle Guideline for BOT.SACC.PDF](#)
[Attachment 7.3 Lifestyle Full Work Group Report Supplement for BOT.SACC.PDF](#)

Attached is a recommendation from Evidence Based Practice Committee to the Board of Directors to consider support of the American Heart Association (AHA) and the American College of Cardiology (ACC) Lifestyle Guidelines to Reduce Cardiovascular Risk.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

Please vote electronically by Thursday, December 5 using the form which follows and “reply to all.”

BOD Electronic Motion #1

Date: December 2, 2013

Name:

Support the 2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk and the 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk.

Motion made by the Evidence Based Practice Committee.

☐ **Approved**

☐ **Opposed**

Please respond by December 5, 2013 and forward your response to jschwaba@eatright.org .

1718. RE:

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 02, 2013 12:37:13
Subject: RE:
Attachment: [image001.png](#)

Thanks o much! The information with an agenda will go out by Wednesday.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

From: DMartin@Burke.k12.ga.us

Sent: Monday, December 02, 2013 10:48 AM

To: Patricia Babjak

Subject: Re:

Yes, I can. Let me know how to call in and I will.

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Patricia Babjak <PBABJAK@eatright.org> 12/2/2013 11:46 AM >>>

Hi Donna,

The 3Ps and 3 speakers are having their joint quarterly conference call next Tuesday at 3pmCT next Tuesday. Would you be able to join them for approximately 15min at 3pm to discuss your conversation with Anne Kendall re the funding and lack of support for the new graduate standards? They are well aware of the issues from conversations at FNCE but had hoped ACEND was moving forward. Thanks!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

1719. 12/02/13 ACH Check deposit notification (1 Pages)

From: sjackson@eatright.org
To: dmartin@burke.k12.ga.us
Sent Date: Dec 02, 2013 12:24:07
Subject: 12/02/13 ACH Check deposit notification (1 Pages)
Attachment: [report.pdf](#)

See Attached File

1720. Re: PDF Foundation Reports Attached

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 02, 2013 12:12:59
Subject: Re: PDF Foundation Reports Attached
Attachment:

Donna,

I am glad you enjoyed Thanksgiving with your family. We did the same. Lynne did all of the cooking. It is one of the things she loves to do. I appreciate the compliment. For me, it is about the team always! You represent that team extremely well!

My dad is having some minor surgery today. His dementia is causing some complications because they may want to release him to home care. Unfortunately, he can't take care of himself. He needs 24/7 care until he is healthy (and maybe always). The last time he was released he was back in the hospital in 8hrs. You just can't be with someone every minute of the day. Hopefully, the hospital will keep him for a few days. Stay tuned.

Paul

Sent from my iPhone

On Dec 2, 2013, at 11:58 AM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Paul, Not trying to shame anyone. Believe me, I will be the one making most of the mistakes on this team.

I had a wonderful Thanksgiving at my sisters in Atlanta. Gourmet meal and gourmet decorations. Everything over the top! It was the first time in 37 years I have not made the entire meal and had everyone to my house. It may be a new tradition. The only problem is that they are now coming to my house for Christmas and I will have to really step up my game to compete! I have a super family and my children and my sisters children are like best friends. It makes holidays so much fun for us all. Continuing to appreciate all the blessings I have in my life!!!

Just so you know, I do count you as a blessing, too. You are always so supportive and make this treasurer job so easy. I love working with you and your team. You make me look good!!!

Know your Dad is glad to have you helping him out. We are both in that sandwich generation and it is only going to get worse!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 12/2/2013 11:50 AM >>>

Donna,

You were right to flag it. I must have saved an earlier file and didn't check to verify I attached the right one. Shame on me. Well that's why we are a team. The more eyes on something the better!

I am in Detroit today helping my father on a few issues. Did you have a nice Thanksgiving?

Paul

Paul

Sent from my iPhone

On Dec 2, 2013, at 11:26 AM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Paul, this looks good. I just did not want us to send something out that did not match the narrative. Don't forget we have a past treasurer as Foundation Chair, and she just might look at the figures! Tell Linda she can send it to Susie now! Hope you had a great Thanksgiving. Mine was wonderful. Talk to you soon!

Donna S. Martin, EdS, RDN, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 12/2/2013 11:21 AM >>>

Donna,

I am sorry. When I sent this originally, I pulled the wrong file. I had Christian turn it into a PDF so we don't have that problem again. Let me know if you have any other questions.

Paul

1721. Re: PDF Foundation Reports Attached

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 02, 2013 11:50:32
Subject: Re: PDF Foundation Reports Attached
Attachment:

Donna,

You were right to flag it. I must have saved an earlier file and didn't check to verify I attached the right one. Shame on me. Well that's why we are a team. The more eyes on something the better!

I am in Detroit today helping my father on a few issues. Did you have a nice Thanksgiving?

Paul

Paul

Sent from my iPhone

On Dec 2, 2013, at 11:26 AM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Paul, this looks good. I just did not want us to send something out that did not match the narrative. Don't forget we have a past treasurer as Foundation Chair, and she just might look at the figures! Tell Linda she can send it to Susie now! Hope you had a great Thanksgiving. Mine was wonderful. Talk to you soon!

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Director School Nutrition Program
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Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 12/2/2013 11:21 AM >>>

Donna,

I am sorry. When I sent this originally, I pulled the wrong file. I had Christian turn it into a PDF so we don't have that problem again. Let me know if you have any other questions.

Paul

1722.

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Dec 02, 2013 11:46:17
Subject:
Attachment: [image001.png](#)

Hi Donna,

The 3Ps and 3 speakers are having their joint quarterly conference call next Tuesday at 3pmCT next Tuesday. Would you be able to join them for approximately 15min at 3pm to discuss your conversation with Anne Kendall re the funding and lack of support for the new graduate standards? They are well aware of the issues from conversations at FNCE but had hoped ACEND was moving forward. Thanks!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

1723. FOF Academy Foundation November Update

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Martha Ontiveros <Montiveros@eatright.org>
Sent Date: Dec 02, 2013 11:31:29
Subject: FOF Academy Foundation November Update
Attachment: [image001.png](#)
[FOF ANDF Project Update 11-30-13.pdf](#)

Good morning. I hope everyone had a wonderful Thanksgiving holiday. Attached is the most current November Future of Food project update.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1724. Fwd: PDF Foundation Reports Attached

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Linda Serwat <LSerwat@eatright.org>
Sent Date: Dec 02, 2013 11:21:06
Subject: Fwd: PDF Foundation Reports Attached
Attachment: [DOC699.pdf](#)
[ATT00001.htm](#)

Donna,

I am sorry. When I sent this originally, I pulled the wrong file. I had Christian turn it into a PDF so we don't have that problem again. Let me know if you have any other questions.

Paul

1725. Re: Foundation Board meeting

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Linda Serwat <LSerwat@eatright.org>
Sent Date: Dec 02, 2013 10:22:59
Subject: Re: Foundation Board meeting
Attachment:

Donna,

It should match. It could be that I sent the wrong report. I am tied up this morning and will get back to you.

Paul

Sent from my iPhone

On Dec 2, 2013, at 10:07 AM, "DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Paul, I finally had a chance to look at the Foundation report. The only question I had on the report is that the 2014 Fiscal Year Revenue and the Net Income figures in the summary do not match what is on the excel spreadsheets. The operating expense figures match, the investment figures match, but the revenue and net income figures do not match. Am I missing something?

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 12/1/2013 9:58 AM >>>

Donna,

In addition to the Audit report to the Foundation Board next week, there is an update on the financial results through October. Since we don't have a great deal of time, I put together a simple summary similar to what the FAC receives each month. Please take a look and let me know if it is good to send to Susan Burns.

If so, since I am out Monday and Tuesday and then in Washington the rest of the week, Linda will print out the information and turn it into a PDF and sent to Susan.

Thanks

Paul

1726. Foundation Board meeting

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Linda Serwat <LSerwat@eatright.org>
Sent Date: Dec 01, 2013 09:58:07
Subject: Foundation Board meeting
Attachment: [december 2013 foundation cover.doc](#)
[december 2013 foundation report electronic.xlsx](#)

Donna,

In addition to the Audit report to the Foundation Board next week, there is an update on the financial results through October. Since we don't have a great deal of time, I put together a simple summary similar to what the FAC receives each month. Please take a look and let me know if it is good to send to Susan Burns.

If so, since I am out Monday and Tuesday and then in Washington the rest of the week, Linda will print out the information and turn it into a PDF and sent to Susan.

Thanks

Paul

1727. Re: October update

From: Chris Reidy <CREIDY@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 29, 2013 08:40:06
Subject: Re: October update
Attachment:

Thanks Donna! Hope you and yours have a great holiday weekend too!
Chris

Christine Reidy, RD
Executive Director
Commission on Dietetic Registration
the credentialing agency for the
Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH.
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312/899-4857

On Nov 28, 2013, at 10:40 AM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Happy Thanksgiving to all Academy members and staff. I am very thankful this thanksgiving for each and every one of you and your tireless efforts to make the Academy what it is today! Happy Thanksgiving to you and yours!

Sent from my iPhone

On Nov 27, 2013, at 1:51 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

All,

At our last Finance and Audit Committee meeting, I mentioned I would provide an October update at a later time since we had not yet completed all of the FNCE reconciliations. We are still waiting on some of the bills from vendors, but, we needed to get October completed. Therefore, we estimated the costs by booking the budget in some areas. It may turn out that we are a little high, or a little low, on the estimates. This isn't unusual for FNCE. Hopefully, the numbers will be a little high and we will see the savings as the bills are finally provided to us.

I. Investments

- Since we are nearly at the end of November, I took a look at the investment returns. At the end of yesterday, the combined portfolios were up another \$1,050,000. This brings our total for the Fiscal Year to nearly \$3.7M. Since we only have 1.5 day of trading left in the month, I would think we should have another very positive month. I met with Al Bryant on Monday to discuss investments and he still thinks we are in a very good position. In addition, he is cautiously optimistic that the markets will continue their rise in 2014.

II. Reserves and Cash

- While I am on the subject of the investment returns, I would like to address our reserves and our cash flow. You will see when the information is posted on the portal that the Academy reserves will be at \$20,715,589 or 83.6% (A15). This is a very higher number. One that is impacted by both the gains from investments and the operating income, or operating loss, from CDR, DPGs and MIGs. As you may recall, when CDR, DPGs and MIGs have income or losses, we “reallocate” the reserve balance instead of putting money into reserves or taking it out each month. For example, if CDR has a \$100,000 operating profit, we will increase CDR’s reserve level by \$100,000 and reduce the Academy’s reserve level by \$100,000. This allows us to increase our operating cash to manage the business. So, with the DPGs, MIGs and CDR having operating deficits in October of approximately \$602K, the Academy’s investment reserve has gone up an additional \$602K (above the normal investment results). That is great. However, since the cash is not coming in, but, going out, the operating losses will result in our operating cash reserves being very low.

Last summer, we had a similar situation. I mentioned then that we may need additional money to be moved from the investment reserves into operating cash later in the Fiscal Year. Given the limited amount of cash inflow at the moment and the large cash outflows, I do think we will need another \$1M from reserves to be moved within the next few weeks. Taking that into consideration, removing \$1M from the Academy reserves will still result in a balance of \$19,715,589 or 79.6%. I would anticipate moving the cash in two segments; \$500,000 each time. The first will be necessary before the next payroll in two weeks. Depending on the way cash will be flowing, we may need the other \$500,000 two weeks after that. Considering the investment returns for November, I would not be surprised to stay above \$20M or 80% even with the withdrawal.

This is nothing to be worried about. We are within budget overall. We anticipated the need to reduce reserve levels this year within the budget. If this is confusing, let me know and we can schedule a special call to discuss this further.

Now, onto October financials!!

III. Academy October Financials (A10)

October, overall, was another good month for the Academy. We ended the month with an Operating Surplus of \$2.05M and a Net Income of over \$2.6M. The Operating Surplus was a little short of budget (\$63.5K short) due to lower revenues. Revenue was short of budget by \$109,974. However, Expenses, as they are currently recorded, are \$46,441 below budget. As I mentioned above, we hope that our estimates of expenses for FNCE are a little higher than the final billing. As has been the case in recent months, the investment returns have really made a difference. Investments were up \$568,552 in October.

Taking a look at the year to date numbers, the Academy currently has an Operating Surplus of \$158,240. This is \$204,903 higher (better) than the budget. Revenue for the year is lower by \$108,201 while expenses for the year are lower by \$313,104. So, even with the budget fluctuations, it is nice to say we are performing better than budget overall through 5/12ths of the year. The story gets even better once you factor in the investment returns. Investments for the year have returned \$1,045,872. This is nearly twice the budgeted amount. This results in Net Income through October of over \$1.2M. This is nearly \$711K better than the budget. I would expect November Investment returns to give us another lift.

The following is a breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area is **under budget** by \$12,949 in October and is **under budget** by \$47,145 for the year. Membership continues to grow. Unfortunately, at this stage, it is not hitting budget. Some of the shortfall will be due to how the budget is distributed (timing). However, some may be due to the various categories of membership. It may not be lining up with our overall budget. This could result in a budget shortfall for the year. We will continue to monitor the revenue in this area.

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- a. **Personnel** – This area is **under budget** by \$86 in October and **over budget** by \$19,973 for the year. Even though there are variances, lower salaries, higher benefits, etc, since it is close, we will say it is on target for the month.
- b. **Publications** – This area is **under budget** by \$10,032 in October and **under budget** by \$1,469 for the year. The under-run in October is primarily due to lower Food and Nutrition costs

(down \$7.2K), lower Traditional Publications costs (down \$2.0K) and lower Research (down \$2.0K), offset by higher across all other (up \$1.2K).

- c. **Travel** – This area was **under budget** by \$10,043 in October and **under budget** by \$111,913 for the year. Since this fluctuates across all groups and is primarily FNCE related, we will say the saving is due to FNCE.
- d. **Professional Fees** - This area was **under budget** by \$1,812 in October and is **under budget** by \$76,775 for the year. The under-run in October is being driven by lower Marketing (down \$6.1K), lower Research (down \$9.2K), lower Traditional Publications (down \$3.8K), lower Public Policy (down \$1.1K), lower List Rental (down \$2.3K), lower Journal (down \$8.5K) and lower across all other (down \$6.1K) offset higher Web/IT (up \$19.1K), higher FNCE (up \$6.2K), higher Membership recruitment (up \$10.0K).
- e. **Postage and Mailing Service** – This area is **under budget** by \$803 in October and **over budget** by \$7,381 for the year. This under-run in October is primarily due to lower Membership (down \$2.8K), lower FNCE (down \$7.2K), lower Administrative (down \$1.0K) and lower across all other (down \$1.4K) offset by higher Traditional Publications (up \$6.9K) and higher Food and Nutrition Magazine (up \$4.7K).
- f. **Office Supplies and Equipment** – This area is **under budget** by \$2,041 in October and **under budget** by \$6,841 for the year. The under-run in October is primarily due to FNCE (down \$1.3K) and across all areas of the business (down \$0.7K).
- g. **Rent and utilities** - This area is **over budget** by \$17,087 in October and **over budget** by \$8,090 for the year. The over-run in October was due to the costs to mitigate the building power outage while we were at FNCE. We will attempt to get reimbursement from the building management.
- h. **Telephone and communications** – This is **under budget** by \$1,431 in October and **over budget** by \$8,249 for the year. The under-run in October is due to FNCE.
- i. **Commissions** – This area is **over budget** in October by \$1,808 and is **under budget** by \$2,089 for the year. The over-run in October is due to higher revenue from Food and Nutrition Magazine advertising sales. A commission is paid on the sales. If the revenue is higher, the commission will be higher.
- j. **Computer Expenses** – This area is **under budget** by \$19,361 in October and **under budget** by \$26,624 for the year. The under-run in October is due to lower IT and web costs. One of the largest of which is a delay in hosting the Academy website by an outside vendor which was scheduled to start in October.

- k. **Advertising and Promotion** – This area is **over budget** by \$3,003 in October and **under budget** by \$566 for the year. The over-run in October is due to higher FNCE costs (up \$2.3K) and higher across all other areas of the business (up \$0.7K).
- l. **Insurance** – This area is **over budget** by \$335 in October and is **over budget** by \$2,372 for the year. The over-run in October is due to slightly higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is **on target** in October and **on target** for the year.
- n. **Bank and trust fees** – This area is **under budget** by \$8,092 in October and **over budget** by \$24,406 for the year. The under-run in October is primarily due to lower credit card fees for FNCE related activity.
- o. **Other** – This area is **under budget** by \$1,083 in October and **under budget** \$34,021 for the year. The under-run in October is primarily due to lower FNCE costs (down \$10.2K), lower Research costs (down \$3.4K), lower Governance (down \$2.1K), lower Membership costs (down \$1.8K), lower Administrative costs (down \$1.0) and lower across all other (down \$2.5K), offset by higher Food and Nutrition costs (up \$18.6K) and higher Public Policy costs (up \$1.3K).
- p. **Expense allocation** – This area is **over budget** by \$3,036 in October and is **over budget** by \$15,182 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$5,146 in October and is **under budget** for the year by \$71,795. The under-run in October is across all areas of the business and related to lower FNCE costs.
- r. **Legal and Audit** – This area is **on target** in October and is **under budget** by \$2,183 for the year.
- s. **Printing** – This area is **under budget** by \$5,709 in October and is **under budget** by \$34,117 for the year. The under-run in October is primarily due to lower expenses for FNCE (down \$5.9K) offset by higher across all other (down \$0.2K)

So, overall, the Academy is doing well. I will hold off addressing any of the other groups today. I hope all of you have a great Thanksgiving. I will have Maria put the October results onto the portal this afternoon. As always, if you have any questions, please don't hesitate to ask.

Paul Mifsud

1728. Automatic reply: October update

From: Joan Schwaba <JSchwaba@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 28, 2013 11:40:24
Subject: Automatic reply: October update
Attachment:

Thank you for your message. I am currently out of the office and will return on Monday, December 2. I will respond to emails when I return. If you need immediate assistance, please contact Dee Crye at dcrye@eatright.org or 312-899-4750.

Joan

1729. Automatic reply: October update

From: Susan Burns <Sburns@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 28, 2013 11:40:24
Subject: Automatic reply: October update
Attachment:

Hi. Sorry I missed you. I will be out of the office the week of November 25th. Thanks and Happy Thanksgiving.

1730. Automatic reply: October update

From: Mary Ann Taccona <MTaccona@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 28, 2013 11:40:24
Subject: Automatic reply: October update
Attachment:

I am out of the office this week and will respond to your message when I return. If you need immediate assistance please call 1-800-877-1600 x5400.

Have a wonderful Thanksgiving!

Mary Ann

1731. Fwd: Heads Up

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Margaret Garner <mgarner@cchs.ua.edu>
Sent Date: Nov 27, 2013 18:50:00
Subject: Fwd: Heads Up
Attachment:

FYI Please see below. The 3Ps have been talking about evaluating the effectiveness of a couple organizational committees, so an eval of the Nominating Committee in the context of other groups may be more palatable.

Happy Thanksgiving!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

Begin forwarded message:

From: Patricia Babjak <PBABJAK@eatright.org>
Date: November 27, 2013, 5:45:21 PM CST
To: Neva Cochran <nevacoach@aol.com>
Subject: Fwd: Heads Up

Dear Neva,

I accidentally sent the email before I was done. Thanks for sharing your concerns about the composition of the committee and its primary purpose-- to select the most qualified individuals for the slate.

Happy Thanksgiving to you and Don!!

Best regards,

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

Begin forwarded message:

From: Patricia Babjak <PBABJAK@eatright.org>
Date: November 27, 2013, 5:33:08 PM CST
To: Neva Cochran <nevacoch@aol.com>
Cc: Glenna McCollum <glenna@glennamccollum.com>
Subject: Re: Heads Up

Thank you, Neva. You were correct to share your concerns with Glenna. The Issues Management Committee was disbanded a couple years ago based on an effectiveness evaluation. The last evaluation of the Nominating Committee's structure and qualifications by the Board occurred at minimum five years ago so it may be time to conduct an evaluation again along with other major committees, councils and task forces.

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On Nov 27, 2013, at 3:00 PM, "Neva Cochran" <nevacoch@aol.com> wrote:

Glenna,

I just wanted to share a concern I sent through the "share suggestions or concerns" on the

practice page of the member-only section of the website. I learned from Anna Murphy today that there is no longer an issues management task force, which is what I thought I was submitting this to. Therefore, I sent it on to her as well. She said she thinks the best place to send it for consideration is the Nominating Committee but will check with Harold next week. I am not sure they are the ones to deal with this issue, though, so am sending it on to you. I did not interview for President-elect, Speaker or Treasurer this year so this is not about me. I and others are truly concerned about the leadership of the Academy. So here's what I submitted.

"I have serious concerns about some of the members slated on the Academy ballot that was just released. These concerns are shared by other members, some of whom are former nominating committee members as well as current and former national Board members. Five of these have called me in the last week and some have talked with others who have similar concerns.

We believe the composition of the nominating committee and the process for selecting ballot candidates needs to be reassessed. Nominating Committee should not be a "starter position" for national leadership. As a past member of the Nominating Committee, I know this is what often happens. However, when you are selecting candidates for important positions like president, speaker and treasurer, knowledge of performance in past positions is critical. While a person can look good "on paper" and even interview well, they can still be a poor candidate. I know this because people I had worked with for years were interviewed for positions while I was on the Nominating Committee. I knew they did not possess the leadership skills necessary for national offices like president and was able to share this with the committee."

Happy Thanksgiving!!

Neva

1732. RE: October 2013 preliminary financial results

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'Connors@ohsu.edu' <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, 'nhwooldridge@charter.net' <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Nov 27, 2013 15:57:23
Subject: RE: October 2013 preliminary financial results
Attachment: [image001.png](#)

All,

Just to let you know that the October 2013 preliminary financial results are now in the portal.

Folder name “ **November 19, 2013 FAC conference call** ” -> **Financial results -> Preliminary October 2013**

Please login on the portal using the link <https://eal.webauthor.com> and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1733. October update

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Nov 27, 2013 13:51:21
Subject: October update
Attachment:

All,

At our last Finance and Audit Committee meeting, I mentioned I would provide an October update at a later time since we had not yet completed all of the FNCE reconciliations. We are still waiting on some of the bills from vendors, but, we needed to get October completed. Therefore, we estimated the costs by booking the budget in some areas. It may turn out that we are a little high, or a little low, on the estimates. This isn't unusual for FNCE. Hopefully, the numbers will be a little high and we will see the savings as the bills are finally provided to us.

I. Investments

- Since we are nearly at the end of November, I took a look at the investment returns. At the end of yesterday, the combined portfolios were up another \$1,050,000. This brings our total for the Fiscal Year to nearly \$3.7M. Since we only have 1.5 day of trading left in the month, I would

think we should have another very positive month. I met with Al Bryant on Monday to discuss investments and he still thinks we are in a very good position. In addition, he is cautiously optimistic that the markets will continue their rise in 2014.

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Last summer, we had a similar situation. I mentioned then that we may need additional money to be moved from the investment reserves into operating cash later in the Fiscal Year. Given the limited amount of cash inflow at the moment and the large cash outflows, I do think we will need another \$1M from reserves to be moved within the next few weeks. Taking that into consideration, removing \$1M from the Academy reserves will still result in a balance of \$19,715,589 or 79.6%. I would anticipate moving the cash in two segments; \$500,000 each time. The first will be necessary before the next payroll in two weeks. Depending on the way cash will be flowing, we may need the other \$500,000 two weeks after that. Considering the investment returns for November, I would not be surprised to stay above \$20M or 80% even with the withdrawal.

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B. Expenses

a. **Personnel** – This area is **under budget** by \$86 in October and **over budget** by \$19,973 for the year. Even though there are variances, lower salaries, higher benefits, etc, since it is close, we will say it is on target for the month.

b. **Publications** – This area is **under budget** by \$10,032 in October and **under budget** by \$1,469 for the year. The under-run in October is primarily due to lower Food and Nutrition costs (down \$7.2K), lower Traditional Publications costs (down \$2.0K) and lower Research (down \$2.0K), offset by higher across all other (up \$1.2K).

c. **Travel** – This area was **under budget** by \$10,043 in October and **under budget** by \$111,913 for the year. Since this fluctuates across all groups and is primarily FNCE related, we will say the saving is due to FNCE.

d. **Professional Fees** - This area was **under budget** by \$1,812 in October and is **under budget** by \$76,775 for the year. The under-run in October is being driven by lower Marketing (down \$6.1K), lower Research (down \$9.2K), lower Traditional Publications (down \$3.8K), lower

Public Policy (down \$1.1K), lower List Rental (down \$2.3K), lower Journal (down \$8.5K) and lower across all other (down \$6.1K) offset higher Web/IT (up \$19.1K), higher FNCE (up \$6.2K), higher Membership recruitment (up \$10.0K).

e. **Postage and Mailing Service** – This area is **under budget** by \$803 in October and **over budget** by \$7,381 for the year. This under-run in October is primarily due to lower Membership (down \$2.8K), lower FNCE (down \$7.2K), lower Administrative (down \$1.0K) and lower across all other (down \$1.4K) offset by higher Traditional Publications (up \$6.9K) and higher Food and Nutrition Magazine (up \$4.7K).

f. **Office Supplies and Equipment** – This area is **under budget** by \$2,041 in October and **under budget** by \$6,841 for the year. The under-run in October is primarily due to FNCE (down \$1.3K) and across all areas of the business (down \$0.7K).

g. **Rent and utilities** - This area is **over budget** by \$17,087 in October and **over budget** by \$8,090 for the year. The over-run in October was due to the costs to mitigate the building power outage while we were at FNCE. We will attempt to get reimbursement from the building management.

h. **Telephone and communications** – This is **under budget** by \$1,431 in October and **over budget** by \$8,249 for the year. The under-run in October is due to FNCE.

i. **Commissions** – This area is **over budget** in October by \$1,808 and is **under budget** by \$2,089 for the year. The over-run in October is due to higher revenue from Food and Nutrition Magazine advertising sales. A commission is paid on the sales. If the revenue is higher, the commission will be higher.

j. **Computer Expenses** – This area is **under budget** by \$19,361 in October and **under budget** by \$26,624 for the year. The under-run in October is due to lower IT and web costs. One of the largest of which is a delay in hosting the Academy website by an outside vendor which was scheduled to start in October.

k. **Advertising and Promotion** – This area is **over budget** by \$3,003 in October and **under budget** by \$566 for the year. The over-run in October is due to higher FNCE costs (up \$2.3K) and higher across all other areas of the business (up \$0.7K).

l. **Insurance** – This area is **over budget** by \$335 in October and is **over budget** by \$2,372 for the year. The over-run in October is due to slightly higher insurance premiums and will continue for the year.

m. **Depreciation** – This area is **on target** in October and **on target** for the year.

- n. **Bank and trust fees** – This area is **under budget** by \$8,092 in October and **over budget** by \$24,406 for the year. The under-run in October is primarily due to lower credit card fees for FNCE related activity.
- o. **Other** – This area is **under budget** by \$1,083 in October and **under budget** \$34,021 for the year. The under-run in October is primarily due to lower FNCE costs (down \$10.2K), lower Research costs (down \$3.4K), lower Governance (down \$2.1K), lower Membership costs (down \$1.8K), lower Administrative costs (down \$1.0) and lower across all other (down \$2.5K), offset by higher Food and Nutrition costs (up \$18.6K) and higher Public Policy costs (up \$1.3K).
- p. **Expense allocation** – This area is **over budget** by \$3,036 in October and is **over budget** by \$15,182 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$5,146 in October and is **under budget** for the year by \$71,795. The under-run in October is across all areas of the business and related to lower FNCE costs.
- r. **Legal and Audit** – This area is **on target** in October and is **under budget** by \$2,183 for the year.
- s. **Printing** – This area is **under budget** by \$5,709 in October and is **under budget** by \$34,117 for the year. The under-run in October is primarily due to lower expenses for FNCE (down \$5.9K) offset by higher across all other (down \$0.2K)

So, overall, the Academy is doing well. I will hold off addressing any of the other groups today. I hope all of you have a great Thanksgiving. I will have Maria put the October results onto the portal this afternoon. As always, if you have any questions, please don't hesitate to ask.

Paul Mifsud

1734. Thanksgiving Good Wishes!

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandalgill@comcast.net' <'sandalgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
Sent Date: Nov 27, 2013 13:05:05
Subject: Thanksgiving Good Wishes!
Attachment: [image001.png](#)

Last week at the Academy Headquarters annual Bake Off and Fall Feast, I thanked our HQ Team on behalf of the Board for their hard work over the past year, for the programs and services the Academy provides our members and all stakeholders, and for the abundance of knowledge, skills and talents that they bring to everything the Academy does. Today, on behalf of the Academy's staff, I am wishing each of you a Happy Thanksgiving with gratitude for your stewardship and leadership.

My best wishes for a wonderful Thanksgiving!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1735. Eat Right Weekly - November 27, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 27, 2013 11:47:56
Subject: Eat Right Weekly - November 27, 2013
Attachment:

Eat Right Weekly
November 27, 2013

[Manage Subscriptions](#)
[QuickLinks](#)

[On the Pulse of Public Policy](#)
[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Intravenous Drug Safety Is Enhanced by New Legislation

Last week, the U.S. Senate passed the bipartisan Drug Quality and Security Act that was passed by the House earlier this fall. Many Academy members treat patients in clinical settings with intravenous nutrient solutions, and this bill is a significant achievement in ensuring that these solutions are safe.

[Learn More >>](#)

Was Your Affiliate Asked to Advocate for Nutrition Programs?

Billions of dollars in funding for nutrition programs in the Farm Bill are in jeopardy of being cut. The Academy is targeting specific states that have a member of Congress who is involved in debating this issue. If you received a notice that you live in one of those states, please add your voice by completing an action alert and stand up for nutrition education, research and assistance.

[Learn More >>](#)

White House Report Underscores Economic Significance of Passing Comprehensive Farm Bill

The White House released a report indicating the importance of a comprehensive Farm Bill for every American. As highlighted in the report, the Farm Bill encompasses a variety of policies and programs that address the nation's food system, economic environment and agriculture landscape.

[Learn More >>](#)

PPW 2014: Get on the Nutrition Policy Bus

Save the date for the Academy's annual Public Policy Workshop in Washington, D.C.: March 30 to April 1, 2014. Join nearly 500 of your fellow Academy members at one of the world's largest food and nutrition advocacy summits. PPW offers top nutrition leadership and communications training, professional connections with nutrition experts and face-to-face conversations with members of Congress.

[Learn More >>](#)

Call for Applications: Health and Aging Policy Fellows

The Health and Aging Policy Fellows Program has issued a call for applications for the 2014-2015 class of fellows. Academy members who are interested in participating in the policy making process on the Federal or state level are encouraged to apply.

[Learn More >>](#)

CPE Corner

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each Level 2 module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all

Academy members. Enjoy a reduced rate of \$19 for each Level 2 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Developing Your Role as Leader Certificate of Training Program

The Center for Professional Development, with experts in the field of leadership, offers an online certificate program with a focus on enhancing leadership skills for all Academy members. Enjoy a reduced rate of \$19 for each Level 1 module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Webinar: Medical Nutrition Therapy for Kidney Stones

Medical nutrition therapy can control and prevent urolithiasis (kidney stones) of various etiologies. With information provided in a December 4 webinar, the practitioner will understand the metabolic and environmental risk factors that lead and/or contribute to the formation of urinary tract calculi and will be able to formulate and apply a rational nutrition treatment regimen for prevention.

[Learn More >>](#)

Career Resources

Membership Renewal: Be an Early Bird and Save

Get next's year dues at this year's prices by renewing your 2014-2015 Academy membership early.

[Learn More >>](#)

Students: Gain the Tools to Succeed

Current and past issues of *Scoop*, the Academy's student e-newsletter, are available online. *Scoop* is filled with career advice, member benefits and more to help you get ahead in the dietetics profession.

[Learn More >>](#)

Become a Student Leader

Build your leadership skills, boost your career and enhance your resume. Apply to become your program's Academy Student Liaison or nominate yourself, or a fellow student, to the Student Advisory Committee.

[Learn More >>](#)

Your HIPAA Questions Answered

How do the new HIPAA regulations affect RDNs' practice? Where can you find HIPAA compliant RDN resources? Find out in the special double-issue HIPAA edition of the *MNT Provider*.

[Learn More >>](#)

Critical Thinking Skills Practice Paper

The Academy has published a new practice paper on "Critical Thinking Skills in Nutrition Assessment."

[Learn More >>](#)

Nutrition and Women's Health Practice Paper

The Academy has published a new practice paper on "Nutrition and Women's Health."

[Learn More >>](#)

Nutrition Care Manual Update

The Academy's Nutrition Care Manual websites have been redesigned, including home page functions, easier navigation, content reorganization, additional customization features and more. The NCM is easy to navigate on mobile devices such as smartphones and tablets.

[Learn More >>](#)

Professional Skills Review for RDNs and DTRs

Are you returning to practice or changing focus area of practice? Refresh your skills and earn up to 25 CPE credits with the Academy's Professional Skills Review.

[Learn More >>](#)

More than 500K Followers on Google+

The Academy's "Eat Right" page on Google+ has exceeded 500,000 followers in less than one year of being active. After launching in March during National Nutrition Month, the page became a popular destination for registered dietitian nutritionists, as well as consumers to share and receive nutrition information, photos and recipes, as well as have discussions through live Hangouts on Air.

[Learn More >>](#)

Download and Share "Is My Food Safe?" App

Wish you could be in the kitchen with your clients to ensure they practice safe food handling? Now you can send them the perfect kitchen companion: The "Is My Food Safe?" app is a great resource for both you and your clients alike.

[Learn More >>](#)

New Opportunity: Become a Fellow of the Academy of Nutrition and Dietetics

Designation as a Fellow of the Academy of Nutrition and Dietetics (FAND) recognizes your professional accomplishments, valuable service to the profession and public and pursuit of lifelong learning. By earning the right to include the FAND initials among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition professionals.

[Learn More >>](#)

The Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

November Book of the Month

Save 10 percent on the Academy's *Pocket Guide to Lipid Disorders, Hypertension, Diabetes and Weight Management* (updated 2012). Put the Nutrition Care Process to work with this practical guide covering four conditions that registered dietitian nutritionists commonly see in practice. The guide features assessment tools, PES statements, the latest from the Evidence Nutrition Practice Guidelines, tips for documentation and more.

[Learn More >>](#)

Academy Member Updates

Congratulations to 2014 Candidates

The Nominating Committee is pleased to report that candidates have been selected for the 2014 ballot from among excellent nominees.

[Learn More >>](#)

Webinar: Nominating for Academy National Honors and Award

Members are invited to take part in a free webinar on December 5 titled "Academy Honors and Awards: Make Your Nomination Count." The webinar will be at 2 p.m. Central Time.

[Learn More >>](#)

Submit Nominations for 2014 Academy Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its national Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields.

[Learn More >>](#)

2014 Eat Right Calendar on Sale

Celebrate the New Year all year with 12 months of food-related photos taken by your colleagues. The 2014 Eat Right calendar, published by the *Journal of the Academy of Nutrition and Dietetics*, features photos taken by the finalists in the *Journal's* annual photo contest and includes dozens of important dates for food and nutrition practitioners.

[Learn More >>](#)

Kids LiveWell Recipe Challenge

The National Restaurant Association is accepting applications for the second annual Kids LiveWell Recipe Challenge. Sponsored by founding partner McCormick For Chefs and Healthy Dining's team of registered dietitians, the Challenge takes an "industry tested, kid approved" approach. Submit your delicious and nutritious kids' menu items by December 15 for a chance to be recognized for your efforts in children's nutrition. Awards will be presented at the 2014 NRA Show in May.

[Learn More >>](#)

Philanthropy, Awards and Grants

December 1 Deadline: Foundation's CDR Simulation Development Grant

One or more grants totaling \$200,000 for the development of interactive practice simulations that address Accreditation Council for Education in Nutrition and Dietetics-supervised practice competencies are available through the Foundation.

[Learn More >>](#)

December 1 Deadline: CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

February 1 Deadline: Foundation Awards

The Foundation offers awards for continuing education, international and program development awards.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation/ConAgra Foods' Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

RD Parent Empowerment Program: Free to Kids Eat Right Members

The RD Parent Empowerment Program gives parents tools to be healthier role models for their families. The RD Parent Empowerment toolkit is now available to download free of charge to all Kids Eat Right members.

[Learn More >>](#)

November Kids Eat Right Everyday Heroes

Are you a Kids Eat Right Everyday Hero? You could be! Just email your photo and a sentence or two about your experience as a Kids Eat Right campaign volunteer to kidseatright@eatright.org.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1736. Daily News & Journal Review: Wednesday, November 27, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 27, 2013 11:15:51
Subject: Daily News & Journal Review: Wednesday, November 27, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Renew as an Early Bird and Save

If you are an Active or Retired member you can renew early for the upcoming 2014/2015 Academy membership year and save 2% on your dues. In addition, you can opt-in to receive future dues notices electronically and/or participate in automatic renewal. This special offer

The Daily News will not be published on Thursday and Friday this week.

The Academy is closed for the Thanksgiving Holiday. Happy Holiday to all!

How Much You're REALLY Eating on Thanksgiving

<http://abcnews.go.com/Health/eating-thanksgiving/story?id=21021483>

Doctors Stumble Upon Potential Bariatric Surgery Alternative

<http://abcnews.go.com/blogs/health/2013/11/26/doctors-stumble-upon-potential-bariatric-surgery-alternative/>

Supplement Combo Lessens HIV Progression

<http://www.medpagetoday.com/HIVAIDS/HIVAIDS/43142>

Source: JAMA

<http://jama.jamanetwork.com/article.aspx?articleid=1785464>

Sugar sweetened drinks linked to higher cancer risk

<http://www.foodnavigator-usa.com/R-D/Sugar-sweetened-drinks-linked-to-higher-cancer-risk-Study>

Source: *Cancer Epidemiology, Biomarkers & Prevention*

<http://cebp.aacrjournals.org/content/early/2013/11/13/1055-9965.EPI-13-0636>

Related Resource: *Oncology Nutrition for Clinical Practice*

<http://www.oncologynutrition.org/store/product/oncology-nutrition-for-clinical-practice-165?returnBack=%2Fstore>

Majority of American who read calorie info at restaurants use it though number is small

<http://www.foodnavigator-usa.com/Markets/Majority-of-Americans-who-read-calorie-info-at-restaurants-use-it-though-number-is-small>

Source: *Journal of Public Health*

<http://jpubhealth.oxfordjournals.org/content/early/2013/11/20/pubmed.fdt109.full?keytype=ref&ijkey=dbGIGPaRce87JTf>

Senate bill excluding supermarkets from FDA menu labeling sparks debate over calorie disclosure

<http://www.foodnavigator-usa.com/Markets/Senate-bill-excluding-supermarkets-from-FDA-menu-labeling-sparks-debate-over-calorie-disclosure>

Sodium-packed medications raise stroke and death risks

<http://www.latimes.com/science/sciencenow/la-sci-sodium-medications-heart-20131126,0,983077.story#axzz2lrA9B8ch>

Source: *BMJ*

<http://www.bmj.com/content/347/bmj.f6954>

The Power of a Daily Bout of Exercise

http://well.blogs.nytimes.com/2013/11/27/the-power-of-a-daily-bout-of-exercise/?ref=health&_r=0

Source: *Journal of Physiology*

<http://www.ncbi.nlm.nih.gov/pubmed/24167223>

MedlinePlus: Latest Health News

-DNA Can Predict Unusually Tall Height, Study Shows

-Estrogen Won't Make Women Sharper After Menopause, Study Finds
-Smaller Bowls May Keep Kids From Overeating
<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

These healthy habits will save you money

(Sonya Angelone, Academy Spokesperson quoted)

http://articles.sun-sentinel.com/2013-11-26/health/fl-jjps-habits-1127-20131126_1_beer-belly-pound-healthy-habits

This Thanksgiving, create a family health history

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-thanksgiving-create-family-health-history-2231599>

Eat smart while shopping on Black Friday

(By LeeAnn Weintraub, RD)

<http://www.dailynews.com/lifestyle/20131126/eat-smart-while-shopping-on-black-friday>

Gluten-free Thanksgiving: How to cook a Thanksgiving feast for those with a gluten sensitivity

(Lisa Cimperman, RD quoted)

<http://www.wptv.com/dpp/news/health/gluten-thanksgiving-how-to-cook-a-thanksgiving-feast-for-those-with-a-gluten-sensitivity>

Enjoy guilt-free holiday celebrations

(By Mia Gibson, RD)

http://www.oaoa.com/people/food/nutrition_know_how/article_84e2d5fe-570a-11e3-8d25-0019bb30f31a.html

Have a happy more diet-friendly Thanksgiving

(By Lindsay Adams, RD)

http://www.victoriaadvocate.com/news/2013/nov/26/gl_dietitian_dish_112713_225848/?features

Gobble, gobble: Trigger-free Thanksgiving for the food allergic

(Korie Lown, RD quoted)

http://siouxcityjournal.com/lifestyles/food-and-cooking/gobble-gobble-trigger-free-thanksgiving-for-the-food-allergic/article_ba1b0dfc-7bff-583b-acd1-e5cfe2d99102.html?comment_form=true

Stuff the turkey, not your body

(By Anita Marlay, RD)

<http://www.lakenewsonline.com/article/20131126/LIFESTYLE/131129247>

News at five: how to celebrate the holidays while staying diabetes-friendly

(Molly Gee, RD featured)

<http://www.wdaz.com/event/article/id/21019/>

Hints for healthful holiday eating

(BySheah Rarback, RD)

<http://www.miamiherald.com/2013/11/26/3780716/hints-for-healthful-holiday-eating.html>

Breadfruit - roast or boil?

(By Marsha N. Woolery, dietitian/Jamaica)

<http://jamaica-gleaner.com/gleaner/20131127/health/health2.html>

Journal Review

***Amber Waves*, November 18, 2013**

<http://www.ers.usda.gov/amber-waves.aspx>

SNAP Participation and Diet Outcomes

<http://www.ers.usda.gov/amber-waves/2013-november/snap-participation-and-diet-outcomes.aspx>

Recent Estimates of the Cost of Foodborne Illness Are in General Agreement

<http://www.ers.usda.gov/amber-waves/2013-november/recent-estimates-of-the-cost-of-foodborne-illness-are-in-general-agreement.aspx>

***Diabetes Care*, December 2013**

<http://care.diabetesjournals.org/content/36/12?etoc>

Long-Term Complications and Mortality in Young-Onset Diabetes

Type 2 diabetes is more hazardous and lethal than type 1 diabetes

<http://care.diabetesjournals.org/content/36/12/3863.abstract>

Dose-Response Effect of Fruit and Vegetables on Insulin Resistance in People at High Risk of Cardiovascular Disease-A randomized controlled trial

<http://care.diabetesjournals.org/content/36/12/3888.abstract>

Association of Obstructive Sleep Apnea and Glucose Metabolism in Subjects With or Without Obesity

<http://care.diabetesjournals.org/content/36/12/3909.abstract>

Elevated HbA_{1c} and Fasting Plasma Glucose in Predicting Diabetes Incidence Among Older Adults-Are two better than one?

<http://care.diabetesjournals.org/content/36/12/3923.abstract>

Increased Glycemic Variability Is Independently Associated With Length of Stay and Mortality in Noncritically Ill Hospitalized Patients

<http://care.diabetesjournals.org/content/36/12/4091.abstract>

Glycemic Index, Glycemic Load, Carbohydrates, and Type 2 Diabetes

Systematic review and doseresponse meta-analysis of prospective studies

<http://care.diabetesjournals.org/content/36/12/4166.abstract>

Environmental Nutrition, December 2013

<http://www.environmentalnutrition.com/>

(scroll down to abstracts)

- Go Plant-based for Health
- Boost Protein during Weight Loss
- Diet Can Extend Life After Heart Attack
- GRAS Ingredients and Live, Active Cultures
- The Folic Acid-Cancer Debate

Food Technology Magazine, November 2013

<http://www.ift.org/food-technology/past-issues/2013/november.aspx>

Firing Up Product Development

<http://www.ift.org/food-technology/past-issues/2013/november/features/firing-up-product-development.aspx>

Micronutrient Deficiency: A Global Public Health Issue

<http://www.ift.org/food-technology/past-issues/2013/november/features/public-health.aspx>

Reining in Adulteration

<http://www.ift.org/food-technology/past-issues/2013/november/columns/foodsafetyquality.aspx>

Tipping the Scales Toward Better Health

<http://www.ift.org/food-technology/past-issues/2013/november/columns/nutraceuticals.aspx>

Journal of the American Medical Association, November 27, 2013

<http://jama.jamanetwork.com/issue.aspx>

Detection of Undiagnosed HIV Among State Prison Entrants

<http://jama.jamanetwork.com/article.aspx?articleid=1785443>

JAMA Patient Page: Antibiotic Resistance

<http://jama.jamanetwork.com/article.aspx?articleid=1785465>

Journal of Nutrition, December, 2013

<http://jn.nutrition.org/content/143/12.toc?etoc>

Human Milk Secretory Immunoglobulin A and Lactoferrin N-Glycans Are Altered in Women with Gestational Diabetes Mellitus

<http://jn.nutrition.org/content/143/12/1906.abstract>

Infant Feeding Patterns Are Associated with Cardiovascular Structures and Function in Childhood

<http://jn.nutrition.org/content/143/12/1959.abstract>

Intakes of Dietary Folate and Other B Vitamins Are Associated with Risks of Esophageal Adenocarcinoma, Barretts Esophagus, and Reflux Esophagitis

<http://jn.nutrition.org/content/143/12/1966.abstract>

Infant Macronutrient Composition Is Associated with Differences in Cardiovascular Structures and Function in Childhood

<http://jn.nutrition.org/content/143/12/1989.abstract>

Long-Term Exposure to Excessive Iodine from Water Is Associated with Thyroid Dysfunction in Children

<http://jn.nutrition.org/content/143/12/2038.abstract>

The Challenge of Meeting Nutrient Needs of Infants and Young Children during the Period of Complementary Feeding: An Evolutionary Perspective

<http://jn.nutrition.org/content/143/12/2050.abstract>

Supplement: Achieving Optimal Growth in Preterm Infants and Children

The Present Challenges of Parenteral Nutrition in Preterm Infants and Children

<http://jn.nutrition.org/content/143/12/2059S.abstract>

A Systematic Review of Practice Surveys on Parenteral Nutrition for Preterm Infants

<http://jn.nutrition.org/content/143/12/2061S.abstract>

***Journal of Parenteral and Enteral Nutrition*, November 26, 2013 Online First**

<http://pen.sagepub.com/content/early/recent>

A.S.P.E.N. Parenteral Nutrition Safety Consensus Recommendations

<http://pen.sagepub.com/content/early/2013/11/19/0148607113511992.abstract>

***Nutrition*, November 19-25, 2013 Online First**

<http://www.sciencedirect.com/science/journal/aip/08999007>

Malnutrition in the 21st century

<http://www.sciencedirect.com/science/article/pii/S0899900713002876>

Potential role of meal frequency as a strategy for weight loss and health in overweight or obese adults

<http://www.sciencedirect.com/science/article/pii/S0899900713003870>

Dietary polyunsaturated fatty acid intake during late pregnancy affects fatty acid composition of mature breast milk

<http://www.sciencedirect.com/science/article/pii/S0899900713005042>

***Nutrition in Clinical Practice*, December 2013**

<http://ncp.sagepub.com/content/28/6.toc>

The Academy of Nutrition and Dietetics/The American Society for Parenteral and Enteral Nutrition Consensus Malnutrition Characteristics-Application in Practice

<http://ncp.sagepub.com/content/28/6/639.abstract>

Nutrition Management for the Promotion of Growth in Very Low Birth Weight Premature Infants

<http://ncp.sagepub.com/content/28/6/659.abstract>

Systematic Review of Nutrient Intake and Growth in Children with Multiple IgE-Mediated Food Allergies

<http://ncp.sagepub.com/content/28/6/669.abstract>

Malnutrition in Cystic Fibrosis-A Review

<http://ncp.sagepub.com/content/28/6/676.abstract>

The Role of Dietary Protein Intake in the Prevention of Sarcopenia of Aging

<http://ncp.sagepub.com/content/28/6/684.abstract>

State of Nutrition Support Teams

<http://ncp.sagepub.com/content/28/6/691.abstract>

Malnutrition Coding 101-Financial Impact and More

<http://ncp.sagepub.com/content/28/6/698.abstract>

Infectious Complications With Nondaily Versus Daily Infusion of Intravenous Fat Emulsions in NonCritically Ill Adults

<http://ncp.sagepub.com/content/28/6/737.abstract>

Energy Expenditure in Acute Posttraumatic Amputation

Comparison of Four Methods for Assessment

<http://ncp.sagepub.com/content/28/6/758.abstract>

Nutrition Research, December 2013

<http://www.sciencedirect.com/science/journal/02715317>

Review of the association between meat consumption and risk of colorectal cancer

<http://www.sciencedirect.com/science/article/pii/S0271531713001826>

Soy proteins and isoflavones reduce interleukin-6 but not serum lipids in older women: a randomized controlled trial

<http://www.sciencedirect.com/science/article/pii/S0271531713001954>

High-fructose corn syrup and sucrose have equivalent effects on energy-regulating hormones at normal human consumption levels

<http://www.sciencedirect.com/science/article/pii/S027153171300184X>

Topics in Clinical Nutrition, October- December 2013

<http://journals.lww.com/topicsinclinicalnutrition/pages/currenttoc.aspx>

Association of Early Infant Temperament to Weight Gain Velocity and Intake in 3-Month-Old Infants

http://journals.lww.com/topicsinclinicalnutrition/Abstract/2013/10000/Association_of_Early_Infant_Temperament_to_Weight.2.aspx

Pediatric Nonalcoholic Fatty Liver Disease: Review of Etiologies, Treatment, and Implications for the Dietetics Practitioner

http://journals.lww.com/topicsinclinicalnutrition/Abstract/2013/10000/Pediatric_Nonalcoholic_Fatty_Liver_Disease__Review.4.aspx

The Role of Iodine in Cognitive Development in Children: Should Iodine Supplementation for Children Be Mandated in the United States?

http://journals.lww.com/topicsinclinicalnutrition/Abstract/2013/10000/The_Role_of_Iodine_in_Cognitive_Development_in.6.aspx

Nutritional Management for Ostomates

http://journals.lww.com/topicsinclinicalnutrition/Abstract/2013/10000/Nutritional_Management_for_Ostomates.7.aspx

Quote of the Week

Forever on Thanksgiving Day

The heart will find the pathway home.

-Wilbur D. Nesbit

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1737. Foundation Development Committee

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 26, 2013 17:52:27
Subject: Foundation Development Committee
Attachment:

Hi Donna. I hope you are doing well, it was nice to see you in Houston last month. I am contacting you on behalf of Kathy McClusky to ask if you would be willing to serve on the Foundation Development Committee. The charge of this committee is to identify ways to increase member support to the Foundation with an emphasis on the current health issue (Kids Eat Right) as a platform for unrestricted giving. In addition the committee is charged with identifying prospects and developing a solicitation implementation plan. Service on the committee will involve participation on 2-3 conference calls and attending one face to face meeting in Chicago (TBD) after the first of the year. Terri Raymond has agreed to serve as Chair of this Committee. We would be thrilled to have you join us. I look forward to hearing from you.

Have a Happy Thanksgiving.

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

1738. 11/26/13 ACH Check deposit notification (1 Pages)

From: sjackson@eatright.org
To: dmartin@burke.k12.ga.us
Sent Date: Nov 26, 2013 16:25:47
Subject: 11/26/13 ACH Check deposit notification (1 Pages)
Attachment: [report.pdf](#)

See Attached File

1739. Daily News: Tuesday, November 26, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 26, 2013 11:18:46
Subject: Daily News: Tuesday, November 26, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

It's Turkey Time: Safely Prepare Your Holiday Meal

<http://www.cdc.gov/features/turkeytime/>

Related Resource: Home Food Safety

www.homefoodsafety.org

ERS Chart- U.S. diets are out of balance with MyPlate recommendations

<http://www.ers.usda.gov/data-products/charts-of-note.aspx>

Source: Food Availability (Per Capita) Data System

[http://www.ers.usda.gov/data-products/food-availability-\(per-capita\)-data-system/.aspx](http://www.ers.usda.gov/data-products/food-availability-(per-capita)-data-system/.aspx)

Screen time again linked to kids' extra weight

<http://www.reuters.com/article/2013/11/25/us-screen-idUSBRE9AO03H20131125>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2013/11/19/peds.2013-0887.abstract>

Related Resource: Academy Position Paper-Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity

<http://www.eatright.org/About/Content.aspx?id=8381>

Epilepsy Often Comes With Other Health Issues

<http://www.cdc.gov/features/dsEpilepsy/>

Bumps in the Road to New Cholesterol Guidelines

<http://www.nytimes.com/2013/11/26/health/heart-and-stroke-study-hit-by-a-wave-of-criticism.html?ref=health>

Heart Attack Pain Similar for Men and Women

<http://well.blogs.nytimes.com/2013/11/25/during-heart-attack-pain-is-similar-for-men-and-women/?ref=health>

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1783306>

Could a procedure alter hunger and cure obesity? Maybe, study says

A medical procedure, left gastric artery embolization that treats bleeding in the upper gastrointestinal tract has an unexpected - side effect -weight loss

<http://www.latimes.com/science/sciencenow/la-sci-hunger-obesity-cure-20131120,0,6401958.story#axzz2lINy127q>

Kids today are less fit than their parents were

http://www.washingtonpost.com/national/health-science/kids-today-are-less-fit-than-their-parents-were/2013/11/25/8ecb1f0a-515f-11e3-9fe0-fd2ca728e67c_story.html

NYC Health Dept. unveils provocative new ad campaign targeting sugary drinks -Your kids could be drinking themselves sick

<http://www.foodnavigator-usa.com/Markets/NYC-Health-Dept-unveils-provocative-new-ad-campaign-targeting-sugary-drinks-Your-kids-could-be-drinking-themselves-sick>

The Changing American Families- American households have never been more diverse, more surprising, more baffling.

http://www.nytimes.com/2013/11/26/health/families.html?ref=health&_r=0

Why does the US continue to drink less milk?

<http://www.foodnavigator-usa.com/Markets/Why-does-the-US-continue-to-drink-less-milk>

Artificial sweeteners are safe and effective tools for weight management says obesity specialist but the debate goes on

<http://www.foodnavigator-usa.com/R-D/Artificial-sweeteners-are-safe-and-effective-tools-for-weight-management-says-obesity-specialist>

Related Resource: *Food & Nutrition Magazine*-Sweet Stuff

<http://www.foodandnutrition.org/November-December-2013/Sweet-Stuff/>

New meat label to track livestock from birth to slaughter

<http://www.latimes.com/business/la-fi-meat-labeling-20131123,0,1656737.story#axzz2lfb7UIUu>

Registered Dietitians in the News

Is Honey Better Than Sugar?

(Toby Smithson, Academy Spokesperson quoted)

<http://online.wsj.com/news/articles/SB10001424052702303653004579214621033322470?KEYWORDS=dietitian>

The calories behind a Thanksgiving meal

(Larissa Gedney, RD quoted)

<http://www.wbtw.com/story/24070797/the-calories-behind-a-thanksgiving-meal>

License to Eat: Why You Shouldnt Deprive Yourself This Thanksgiving

(Keri Gans, RD quoted)

<http://healthland.time.com/2013/11/25/license-to-eat-why-you-shouldnt-deprive-yourself-this-thanksgiving/?iid=tsmodule>

Have your cake and eat it too

Dietitians offer advice to help you avoid packing on the pounds over the holidays

(Rebecca Gumm, RD quoted)

http://www.kenoshanews.com/lifestyles/have_your_cake_and_eat_it_too_474450790.html

Ruth Ann Clayton: Get a little nutty about your diet

(By Ruth Ann Clayton, RD)

<http://www.baxterbulletin.com/article/20131126/LIFESTYLE01/311260011/Ruth-Ann-Clayton-Get-little-nutty-about-your-diet>

Families find ways, times to eat together

(Roberta Duyff, RD and Jill Castle, RDN quoted)

http://www.stltoday.com/lifestyles/relationships-and-special-occasions/parenting/families-find-ways-times-to-eat-together/article_85529747-15ee-5301-bf89-14543d9bfb39.html

Holiday weight game: Tips to avoid packing on pounds

(Marion Morrison, RD quoted)

http://www.denverpost.com/fitness/ci_24598985/holiday-weight-game-tips-avoid-packing-pounds

Let's talk turkey

(By Jennifer Dunavan, RD)

http://fremonttribune.com/news/local/let-s-talk-turkey/article_357dfb3d-8a4b-5d7a-bae2-aaaa28fce40e.html

Turkey not the reason for Thanksgiving naps

(Ashley Shuck, RD quoted)

<http://www.wdam.com/story/24066095/turkey-not-the-reason-for-thanksgiving-naps>

What Foods Contain Trans Fat?

(Janine Albers, RD quoted)

<http://www.keloland.com/newsdetail.cfm/what-foods-contain-trans-fat/?id=156601>

5 healthy eating tips for holiday travelers

(Charles Platkin, Academy member quoted)

http://www.cnn.com/2013/11/26/health/healthy-eating-traveling-holidays/index.html?hpt=he_c2

The five faddy diets you should avoid in the New Year: Experts draw up a list of the most dangerous celebrity weight loss tactic

(Sian Porter, dietitian/UK quoted)

<http://www.dailymail.co.uk/health/article-2512014/Top-5-faddy-diets-avoid-New-Year.html>

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1740. RE: CONFIDENTIAL

From: Dee Crye <dcrye@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Garner, Margaret' <MGarner@cchs.ua.edu>
Sent Date: Nov 26, 2013 09:33:35
Subject: RE: CONFIDENTIAL
Attachment: [image001.jpg](#)

Donna and Margaret,

I am confirming your call with Pat today at 10:30am CT. To participate on the call, please use the following numbers:

Dial-In Number: 1-866/477-4564

Conference Code: 75 48 12 89 82

Deirdra Crye

Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

1741. RE: Availability

From: Dee Crye <dcrye@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 25, 2013 14:15:36
Subject: RE: Availability
Attachment:

Thanks.

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 25, 2013 12:49 PM
To: Dee Crye
Subject: RE: Availability

706-554-5393

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Dee Crye <dcrye@eatright.org> 11/25/2013 1:10 PM >>>

On what number should Pat contact you tomorrow?

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

From: DMartin@Burke.k12.ga.us

Sent: Monday, November 25, 2013 12:07 PM

To: Dee Crye

Subject: RE: Availability

Yes. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Dee Crye <dcrye@eatright.org> 11/25/2013 12:38 PM >>>

It would just be Pat and you on the call as Margaret is on vacation until December 2nd.
Would tomorrow at 10:30 CST work?

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

From: DMartin@Burke.k12.ga.us

Sent: Monday, November 25, 2013 10:15 AM

To: Margaret 'Garner'; Dee Crye

Subject: Re: Availability

I can do it anytime she is available with the exception of 2-3:30 CST today. If that is the only time that would work, then I could do it by cell phone during that time.

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Dee Crye <dcrye@eatright.org> 11/25/2013 10:36 AM >>>

Morning,

I would like to reschedule your call with Pat. Please let me know if you have any availability this afternoon or tomorrow for a call.

Thanks.

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

1742. RE: Availability

From: Dee Crye <dcrye@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 25, 2013 13:10:56
Subject: RE: Availability
Attachment:

On what number should Pat contact you tomorrow?

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 25, 2013 12:07 PM
To: Dee Crye
Subject: RE: Availability

Yes. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Dee Crye <dcrye@eatright.org> 11/25/2013 12:38 PM >>>

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Would tomorrow at 10:30 CST work?

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

From: DMartin@Burke.k12.ga.us

Sent: Monday, November 25, 2013 10:15 AM

To: Margaret 'Garner'; Dee Crye

Subject: Re: Availability

I can do it anytime she is available with the exception of 2-3:30 CST today. If that is the only time that would work, then I could do it by cell phone during that time.

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Dee Crye <dcrye@eatright.org> 11/25/2013 10:36 AM >>>

Morning,

I would like to reschedule your call with Pat. Please let me know if you have any availability this afternoon or tomorrow for a call.

Thanks.

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

1743. RE: Availability

From: Dee Crye <dcrye@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 25, 2013 12:38:53
Subject: RE: Availability
Attachment:

It would just be Pat and you on the call as Margaret is on vacation until December 2nd.
Would tomorrow at 10:30 CST work?

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 25, 2013 10:15 AM
To: Margaret 'Garner'; Dee Crye
Subject: Re: Availability

I can do it anytime she is available with the exception of 2-3:30 CST today. If that is the only time that would work, then I could do it by cell phone during that time.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Dee Crye <dcrye@eatright.org> 11/25/2013 10:36 AM >>>

Morning,

I would like to reschedule your call with Pat. Please let me know if you have any availability this afternoon or tomorrow for a call.

Thanks.

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

1744. Availability

From: Dee Crye <dcrye@eatright.org>
To: 'Garner, Margaret' <MGarner@cchs.ua.edu>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Nov 25, 2013 10:34:21
Subject: Availability
Attachment:

Morning,

I would like to reschedule your call with Pat. Please let me know if you have any availability this afternoon or tomorrow for a call.

Thanks.

Deirdra Crye

Temporary Executive Assistant

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

1745. Daily News & Journal Review: Friday, November 22, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 22, 2013 10:51:27
Subject: Daily News & Journal Review: Friday, November 22, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Better diet tied to higher quality of life in old age

(Ruth Frechman, Academy Spokesperson quoted)

<http://www.chicagotribune.com/health/sns-rt-us-better-diet-20131121,0,7712525.story>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(13\)01409-3/abstract](http://www.andjrnl.org/article/S2212-2672(13)01409-3/abstract)

Metabolically healthy obesity does not guarantee clean bill of health

<http://medicalxpress.com/news/2013-11-metabolically-healthy-obesity-bill-health.html>

Source: *Journal of Clinical Endocrinology & Metabolism*

<http://jcem.endojournals.org/content/early/2013/11/20/jc.2013-2832.abstract?rss=1>

Overweight people can slash heart disease, stroke risk. Controlling blood pressure and other risk factors does a lot of good, but weight still matters

<http://www.usatoday.com/story/news/nation/2013/11/21/obese-overweight-heart-stroke/3665949/>

Source: *Lancet*

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61836-X/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61836-X/abstract)

Meeting Coverage

'Food Addiction' May Be at Root of Some Obesity

http://www.medpagetoday.com/MeetingCoverage/ObesityWeek/42913?utm_source=cardio-meetings&utm_medium=email&utm_content=mpt&utm_campaign=DCH

Related Resource: *Food & Nutrition Magazine*

Sugar and the Science of Addiction

Its one thing to have a sweet tooth, but is sugar really an addictive substance?

<http://www.foodandnutrition.org/November-December-2013/Sugar-and-the-Science-of-Addiction/>

Health Disparities Persist in America: Report. CDC finds race, sex, education, location and wealth among key factors in these inequalities

<http://consumer.healthday.com/general-health-information-16/alcohol-abuse-news-12/disparities-still-plague-american-s-health-report-682412.html>

Source: *MMWR*

http://www.cdc.gov/mmwr/preview/ind2013_su.html#HealthDisparities2013

Related Resource: Academy Practice Paper

-Addressing Racial and Ethnic Health Disparities

<http://www.eatright.org/Members/content.aspx?id=6442462674>

We're No. 26! US below average on most health measures

<http://www.nbcnews.com/health/were-number-20-us-below-average-most-health-measures-2D11635080>

Sesame Street provides lasting heart-healthy lessons for preschoolers

(Study presented at the American Heart Association's Scientific Sessions 2013)

<http://www.medicalnewstoday.com/releases/269114.php>

Study Shows Diet Alone Can Be Significant Source of Arsenic

<http://www.sciencedaily.com/releases/2013/11/131120133937.htm>

Source: *Nutrition Journal*

<http://www.nutritionj.com/content/12/1/149/abstract>

Related Resource: FNCE © 2013 Recorded Session

Arsenic and Rice: A New Dimension to Food Safety

<http://www.starlibraries.com/fnce/sessions/orderby/date/show/100/search/arsenic>

Coffee as medicine? Japanese scientists show how it helps the heart

(A study presented Wednesday at the American Heart Assn.s Scientific Sessions meeting)

<http://www.chicagotribune.com/health/la-sci-sn-coffee-caffeine-blood-vessels-20131120,0,6631870.story>

The Global Food Safety Initiative (GFSI) outlines food safety auditor competencies

<http://www.foodnavigator.com/Financial-Industry/GFSI-outlines-food-safety-auditor-competencies>

20 top tips for interpreting scientific claims

(Aiming to improve policy-makers understanding of the imperfect nature of science, academics from the Universities of Cambridge and Melbourne have created a list of concepts that they believe should be part of the education of civil servants, politicians, policy advisers and journalists)

<http://www.stonehearthnewsletters.com/20-top-tips-for-interpreting-scientific-claims/medical->

errors/#sthash.bUVCaouv.dpuf

Chef Art Smith wants all diabetics to eat well, at home or on the go

(The restaurant meals were reviewed by an endocrinologist and registered dietitian, and all are low in processed carbs and rich in lean protein, fruits and vegetables, and healthy fats)

<http://www.nydailynews.com/life-style/health/chef-art-smith-healthy-recipes-diabetes-article-1.1523331#ixzz2lO9ceCz6>

Related Resource: Are You Covered?

Ask these Questions About Seeing a Registered Dietitian Nutritionist for Diabetes Care

<http://www.eatright.org/Public/content.aspx?id=6442479085>

Registered Dietitians in the News

Foods Full of Transfat You May Not Realize

(Melissa Joy Dobbins, Academy Spokesperson featured)

<http://www.myfoxchicago.com/video?clipId=9540931&autostart=true>

Tackling obesity and nutrition to avoid metabolic syndrome

(Jackie Boucher, RD quoted)

<http://www.medicalnewstoday.com/releases/269122.php>

Study rekindles debate over widespread use of phosphorus additives in food

(Janeen Leon, RD quoted)

<http://www.foodnavigator-usa.com/R-D/Study-rekindles-debate-over-widespread-use-of-phosphorus-additives-in-food>

How to Cheat on Your Diet and Still Lose Weight

(By Marissa Lippert, RD)

<http://abcnews.go.com/Health/cheat-diet-and-lose-weight/story?id=20971531>

Holiday season tips let you enjoy food without going overboard

(By Rosanne Rust, RD)

<http://www.meadvilletribune.com/our-health/x2060574472/Small-changes-the-key-to-getting-weight-under-control-and-improving-your-life>

Mayo, consortium tailor foods to cancer patients

(Sue Leifer, RD quoted)

http://lacrossetribune.com/news/local/mayo-consortium-tailor-foods-to-cancer-patients/article_a9ca6ebe-5330-11e3-bf0e-001a4bcf887a.html

Kids develop strong bones with dairy

(Lauri Wright, RDN featured)

<http://www.myfoxtampabay.com/story/24037651/2013/11/21/kids-develop-bones>

New study shows kids less healthy than parents were at young age

(Mary Etta Dunaway, RD featured)

<http://www.kfvs12.com/story/24038845/new-study-shows-kids-are-less-healthy-than-their-parents-were-at-a-young-age>

The holiday season: A time for emotional eating

(By Timi Gustafson, RD)

<http://www.queenanneneews.com/main.asp?SectionID=26&SubSectionID=337&ArticleID=34944>

Elementary Schools Win Healthier US School Awards

(Jill Patterson, RD quoted)

<http://www.newtownbee.com/news/education/2013/11/21/elementary-schools-win-healthier-us-school-awards/177049>

How To NOT Gain Weight When Your Partner Eats Crap

Dont let your S.O.s unhealthy habits affect your waistline

(Lisa Young, RD quoted)

<http://www.womenshealthmag.com/weight-loss/how-to-eat-healthy>

Paleo: That's not really what Cavemen ate

(By Dave Shaw, Dietitian/ New Zealand)

http://www.nzherald.co.nz/lifestyle/news/article.cfm?c_id=6&objectid=11161348

Journal Review

Journal of the Academy of Nutrition and Dietetics, December 2013

Trouble Finding 1993-2011 Issues?

Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011

<http://www.andjrnl.org/current>

Presidents Page- Be a Professional Philanthropist

[http://www.andjrnl.org/article/S2212-2672\(13\)01644-4/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01644-4/fulltext)

It Takes a Village to Communicate the Dietary Guidelines for Americans and MyPlate

[http://www.andjrnl.org/article/S2212-2672\(13\)01557-8/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01557-8/fulltext)

Setting Strategic Direction for Complex Publicly Funded Foodservice Systems: Application of Multicriteria Decision Analysis

[http://www.andjrnl.org/article/S2212-2672\(13\)01423-8/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01423-8/fulltext)

Nutrient Profiles of Vegetarian and Nonvegetarian Dietary Patterns

[http://www.andjrnl.org/article/S2212-2672\(13\)01113-1/abstract](http://www.andjrnl.org/article/S2212-2672(13)01113-1/abstract)

Comparison of Effects of Long-Term Low-Fat vs High-Fat Diets on Blood Lipid Levels in Overweight or Obese Patients: A Systematic Review and Meta-Analysis

[http://www.andjrnl.org/article/S2212-2672\(13\)01128-3/abstract](http://www.andjrnl.org/article/S2212-2672(13)01128-3/abstract)

A Randomized Controlled Trial of a Theoretically-Based Behavioral Nutrition Intervention for Community Elders: Lessons Learned from the Behavioral Nutrition Intervention for Community Elders Study

[http://www.andjrnl.org/article/S2212-2672\(13\)01116-7/abstract](http://www.andjrnl.org/article/S2212-2672(13)01116-7/abstract)

Trends in Food and Beverage Sources among US Children and Adolescents: 1989-2010

[http://www.andjrnl.org/article/S2212-2672\(13\)00679-5/abstract](http://www.andjrnl.org/article/S2212-2672(13)00679-5/abstract)

Council on Future Practice Visioning Report and Consensus Agreement for Moving Forward the Continuum of Dietetics Education, Credentialing, and Practice

[http://www.andjrnl.org/article/S2212-2672\(13\)01561-X/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01561-X/fulltext)

Avoiding Ethical and Legal Issues in Practice Settings

[http://www.andjrnl.org/article/S2212-2672\(13\)01556-6/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01556-6/fulltext)

The Academy Foundation Congratulates the 2012-2013 Award & Grant Recipients

[http://www.andjrnl.org/article/S2212-2672\(13\)01553-0/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01553-0/fulltext)

Question of the Month-What Are the Current Guidelines for Pediatric Non-Alcoholic Fatty Liver Disease?

[http://www.andjrnl.org/article/S2212-2672\(13\)01555-4/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01555-4/fulltext)

American Journal of Clinical Nutrition, December 2103

<http://ajcn.nutrition.org/content/98/6.toc?etoc>

A comparison of the Slaughter skinfold-thickness equations and BMI in predicting body fatness and cardiovascular disease risk factor levels in children

<http://ajcn.nutrition.org/content/98/6/1417.abstract>

Effects of vitamin D supplementation on glucose metabolism, lipid concentrations, inflammation, and oxidative stress in gestational diabetes: a double-blind randomized controlled clinical trial

<http://ajcn.nutrition.org/content/98/6/1425.abstract>

Zinc supplementation reduces morbidity and mortality in very-low-birth-weight preterm neonates: a hospital-based randomized, placebo-controlled trial in an industrialized country

<http://ajcn.nutrition.org/content/98/6/1468.abstract>

Fasting insulin concentrations and incidence of hypertension, stroke, and coronary heart disease: a meta-analysis of prospective cohort studies

<http://ajcn.nutrition.org/content/98/6/1543.abstract>

Supplement Fifth International Scientific Symposium on Tea and Human Health

Tea and flavonoids: where we are, where to go next

<http://ajcn.nutrition.org/content/98/6/1611S.abstract>

Interactions of black tea polyphenols with human gut microbiota: implications for gut and cardiovascular health

<http://ajcn.nutrition.org/content/98/6/1631S.abstract>

Tea consumption and cardiovascular disease risk

<http://ajcn.nutrition.org/content/98/6/1651S.abstract>

Does tea prevent cancer? Evidence from laboratory and human intervention studies

<http://ajcn.nutrition.org/content/98/6/1667S.abstract>

American Journal of Lifestyle Medicine, November/ December 2013

<http://ajl.sagepub.com/content/7/6.toc?etoc>

The Challenges of Changing Dietary Behaviors of Underserved Populations

<http://ajl.sagepub.com/content/7/6/367.abstract>

Female Athlete Triad

Clinical Evaluation and Treatment

<http://ajl.sagepub.com/content/7/6/387.abstract>

Annals of Internal Medicine, November 19, 2013

<http://annals.org/issue.aspx>

Association Between Exposure to Low to Moderate Arsenic Levels and Incident Cardiovascular Disease

<http://annals.org/article.aspx?articleid=1770701>

Comorbidity-Adjusted Life Expectancy: A New Tool to Inform Recommendations for Optimal Screening Strategies

<http://annals.org/article.aspx?articleid=1770670>

Asia Pacific Journal of Clinical Nutrition, November 2013

<http://apjcn.nhri.org.tw/server/APJCN/22/4/index.php>

(Scroll down to abstracts)

-Shiftworking, nutrition and obesity: implications for workforce health- a systematic review

-Effects of a nutrition support team on clinical outcomes, metabolic complications and electrolyte abnormalities in patients receiving parenteral nutrition

British Journal of Nutrition, November 13- 20, 2013 Online First

<http://journals.cambridge.org/action/displayIssue?jid=BJN&tab=firstview>

Which characteristics of nursing home residents influence differences in malnutrition prevalence?

An international comparison of The Netherlands, Germany and Austria.

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9073848&fulltextType=RA&fileId=S0007114513003541>

Association between energy-dense food consumption at 2 years of age and diet quality at 4 years of age

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9072289&fulltextType=RA&fileId=S0007114513003620>

Metabolic benefits of dietary prebiotics in human subjects: a systematic review of randomised controlled trials

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9071656&fulltextType=RV&fileId=S0007114513003607>

Current Opinion in Clinical Nutrition and Metabolic Care, November 14, 2013 Online First

<http://journals.lww.com/co-clinicalnutrition/toc/publishahead>

Antioxidant supplements and mortality

http://journals.lww.com/co-clinicalnutrition/Abstract/publishahead/Antioxidant_supplements_and_mortality.99576.aspx

Dietary protein and muscle in older persons

http://journals.lww.com/co-clinicalnutrition/Abstract/publishahead/Dietary_protein_and_muscle_in_older_persons.99577.aspx

Current Opinion in Clinical Nutrition and Metabolic Care, November 2013

<http://journals.lww.com/co-clinicalnutrition/pages/currenttoc.aspx>

Ghrelin: much more than a hunger hormone

http://journals.lww.com/co-clinicalnutrition/Abstract/2013/11000/Ghrelin___much_more_than_a_hunger_hormone.3.aspx

Future for probiotic science in functional food and dietary supplement development

http://journals.lww.com/co-clinicalnutrition/Abstract/2013/11000/Future_for_probiotic_science_in_functional_food.13.aspx

Coffee and tea: perks for health and longevity?

http://journals.lww.com/co-clinicalnutrition/Abstract/2013/11000/Coffee_and_tea___perks_for_health_and_longevity_.14.aspx

x

European Journal of Nutrition, November 11, 2013 Online First

<http://link.springer.com/journal/394/onlineFirst/page/1>

Changes in body anthropometry and composition in obese adolescents in a lifestyle intervention program

<http://link.springer.com/article/10.1007/s00394-013-0612-9>

Fertility and Sterility, September 2013 Supplement

<http://www.fertstert.org/supplements>

Assessing the effectiveness of food for fertility program

[http://www.fertstert.org/article/S0015-0282\(13\)02712-X/fulltext](http://www.fertstert.org/article/S0015-0282(13)02712-X/fulltext)

Food Quality and Preference, November 11-17, 2013 Online First

<http://www.sciencedirect.com/science/journal/aip/09503293>

I Cooked It Myself: Preparing Food Increases Liking and Consumption

<http://www.sciencedirect.com/science/article/pii/S0950329313001948>

A concept test of novel healthy snacks among adolescents: antecedents of preferences and buying intentions

<http://www.sciencedirect.com/science/article/pii/S0950329313001894>

ICAN: Infant, Child, & Adolescent Nutrition, December 2013

<http://can.sagepub.com/content/5/6.toc>

Anthropometrics to Identify Overweight Children at Most Risk for the Development of
Cardiometabolic Disease

<http://can.sagepub.com/content/5/6/341.abstract>

Glycemic Index, Glycemic Load, and Blood Glucose Outcomes in Adolescents With Type 1
Diabetes Mellitus

<http://can.sagepub.com/content/5/6/361.abstract>

CAM and Food Allergies

Be Careful

<http://can.sagepub.com/content/5/6/368.extract>

Is Lunch Still Gross? A Qualitative Evaluation of a New School Lunch Program

<http://can.sagepub.com/content/5/6/383.abstract>

International Journal of Food Sciences and Nutrition, December 2013

<http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000008>

Effect of omega-3 dietary supplements with different oxidation levels in the lipidic profile of women:
a randomized controlled trial

<http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000008/art00012>

Quality and accuracy of Internet information concerning a healthy diet

<http://www.ingentaconnect.com/content/apl/cijf/2013/00000064/00000008/art00014>

Journal of the American College of Nutrition, October 2013

<http://www.tandfonline.com/toc/uacn20/current>

Healthier Dietary Pattern and Lower Risk of Metabolic Syndrome in Physically Active
Postmenopausal Women

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.826111>

Plasma 25-Hydroxyvitamin D, Hormonal Contraceptive Use, and Cardiometabolic Disease Risk in
an Ethnically Diverse Population of Young Adults

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.826112>

Full Mini Nutritional Assessment and Prognosis in Elderly Patients with Pulmonary Tuberculosis

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.826114>

Calcium and Vitamin D Disparities Are Related to Gender, Age, Race, Household Income Level,
and Weight Classification but Not Vegetarian Status in the United States: Analysis of the NHANES
20012008 Data Set

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.839905>

A Systematic Review of MultivitaminMultimineral Use and Cardiovascular Disease and Cancer
Incidence and Total Mortality

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.839909>

JAMA, November 20, 2013

Theme: Cardiology/Cardiovascular Disease

<http://jama.jamanetwork.com/issue.aspx>

The Challenge of Treating Heart Failure: A Diverse Disease Affecting Diverse Populations

<http://jama.jamanetwork.com/article.aspx?articleid=1779544>

Effect of Weight Reduction and Cardiometabolic Risk Factor Management on Symptom Burden and Severity in Patients With Atrial Fibrillation

<http://jama.jamanetwork.com/article.aspx?articleid=1779533>

Comparison of a Novel Method vs the Friedewald Equation for Estimating Low-Density Lipoprotein Cholesterol Levels From the Standard Lipid Profile

<http://jama.jamanetwork.com/article.aspx?articleid=1779534>

Study: Exercise May Match Medication in Reducing Mortality Associated With Cardiovascular Disease, Diabetes

<http://jama.jamanetwork.com/article.aspx?articleid=1779529>

JAMA Patient Page- Obesity and the Heart

<http://jama.jamanetwork.com/article.aspx?articleid=1779537>

JAMA, November 21, 2013 Online First

<http://jama.jamanetwork.com/onlineFirst.aspx>

2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol

A Fresh Interpretation of Old Evidence

<http://jama.jamanetwork.com/article.aspx?articleid=1784248>

Journal of Nutrition Education and Behavior, November/ December 2013

<http://www.jneb.org/current>

Front-of-Package References to Fiber on Foods in Canadian Supermarkets Highlight the Need for Increased Nutrition Knowledge Among Consumers

[http://www.jneb.org/article/S1499-4046\(13\)00085-7/abstract](http://www.jneb.org/article/S1499-4046(13)00085-7/abstract)

Healthy Characters? An Investigation of Marketing Practices in Children's Food Advertising

[http://www.jneb.org/article/S1499-4046\(13\)00112-7/abstract](http://www.jneb.org/article/S1499-4046(13)00112-7/abstract)

Classroom Parties in US Elementary Schools: The Potential for Policies to Reduce Student Exposure to Sugary Foods and Beverages

[http://www.jneb.org/article/S1499-4046\(13\)00468-5/abstract](http://www.jneb.org/article/S1499-4046(13)00468-5/abstract)

Correlates of Medical Nutrition Therapy and Cardiovascular Outcomes in Youth With Type 1 Diabetes

[http://www.jneb.org/article/S1499-4046\(13\)00502-2/abstract](http://www.jneb.org/article/S1499-4046(13)00502-2/abstract)

Who's Using MyPlate?

[http://www.jneb.org/article/S1499-4046\(13\)00114-0/abstract](http://www.jneb.org/article/S1499-4046(13)00114-0/abstract)

Food Insecurity Is Linked to a Food Environment Promoting Obesity in Households With Children

[http://www.jneb.org/article/S1499-4046\(13\)00581-2/abstract](http://www.jneb.org/article/S1499-4046(13)00581-2/abstract)

***Journal of Parenteral and Enteral Nutrition*, November 4-19, 2013 Online First**

<http://pen.sagepub.com/content/early/recent>

Indirect Calorimetry Reveals That Better Monitoring of Nutrition Therapy in Pediatric Intensive Care Is Needed

<http://pen.sagepub.com/content/early/2013/11/15/0148607113511990.abstract>

Malnutrition Diagnoses in Hospitalized Patients

United States, 2010

<http://pen.sagepub.com/content/early/2013/11/15/0148607113512154.abstract>

Short Bowel Syndrome

Highlights of Patient Management, Quality of Life, and Survival

<http://pen.sagepub.com/content/early/2013/11/15/0148607113512678.abstract>

The Prevalence of Malnutrition in Various Political, Economic, and Geographic Settings

<http://pen.sagepub.com/content/early/2013/11/04/0148607113505860.abstract>

***Journal of Women's Health*, November 2013**

<http://online.liebertpub.com/toc/jwh/22/11>

Calcium Plus Vitamin D Supplementation and Health Outcomes Five Years After Active Intervention Ended: The Women's Health Initiative

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2013.4270>

Association of Physical Activity and Sedentary Behavior with Biological Markers Among U.S. Pregnant Women

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2013.4394>

The Impact of Menopausal Symptoms on Quality of Life, Productivity, and Economic Outcomes

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.3719>

***Lancet*, November 23, 2013**

<http://www.thelancet.com/journals/lancet/issue/current>

Statins: new US guideline sparks controversy

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)62405-8/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)62405-8/fulltext)

***Morbidity and Mortality Weekly Report (MMWR)*, November 22, 2013**

http://www.cdc.gov/mmwr/mmwr_wk.html

QuickStats: Number of Deaths Among Centenarians and Percentage Among All Deaths, by Sex United States, 1980-2010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6246a9.htm?s_cid=mm6246a9_w

***MMWR Supplement*, November 22, 2013**

http://www.cdc.gov/mmwr/preview/ind2013_su.html#HealthDisparities2013

CDC Health Disparities and Inequalities Report United States, 2013

http://www.cdc.gov/mmwr/preview/ind2013_su.html#HealthDisparities2013

Introduction: CDC Health Disparities and Inequalities Report United States, 2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/su6203a2.htm?s_cid=su6203a2_w

New England Journal of Medicine, November 22, 2013

<http://www.nejm.org/toc/nejm/medical-journal>

Vitamin D Binding Protein and Vitamin D Status of Black Americans and White Americans

<http://www.nejm.org/doi/full/10.1056/NEJMoa1306357>

Association of Nut Consumption with Total and Cause-Specific Mortality

<http://www.nejm.org/doi/full/10.1056/NEJMoa1307352>

Nutrition & Dietetics, September 2013

<http://onlinelibrary.wiley.com/doi/10.1111/ndi.2013.70.issue-3/issuetoc>

An investigation into the perioperative nutritional management of open colorectal surgery patients in major Australian hospitals: a comparison with the ERAS guidelines

<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12021/abstract>

Evaluation of an electronic record prototype incorporating the Nutrition Care Process and International Dietetics and Nutrition Terminology

<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12012/abstract>

Adherence to a Mediterranean-style diet can slow the rate of cognitive decline and decrease the risk of dementia: a systematic review

<http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12016/abstract>

Nutrition Reviews, November 2013

<http://onlinelibrary.wiley.com/doi/10.1111/nure.2013.71.issue-11/issuetoc>

Omega-3 fatty acids influence mood in healthy and depressed individuals

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12066/abstract>

Potential treatment of human nonalcoholic fatty liver disease with long-chain omega-3 polyunsaturated fatty acids

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12073/abstract>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-24537-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1746. Practice Area Polling Results

From: Pearlie Johnson <PJohnson@eatright.org>
To: Kathy Cobb <kathy.cobb@snet.net>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, Debra Kibbe <dkibbe@gsu.edu>, 'Copperman, Nancy' <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Johnston, Craig Allen <caj@bcm.edu>, Gail Frank <Gail.Frank@csulb.edu>, Dana E. Gerstein <danaeg@berkeley.edu>, Sothern, Melinda <msothe@lsuhsc.edu>, Isadora <isadora.v.nogueira@gmail.com>
Sent Date: Nov 22, 2013 10:45:24
Subject: Practice Area Polling Results
Attachment: [image001.png](#)

Here are the results of the practice setting polling of the 169 participants in attendance.

Clinical/Outpatient/Inpatient – 31%

School Nutrition – 3%

Private Practice – 6%

Academic – 8%

Community/Public Health – 25%

Wellness – 1%

Business – 1/5

Not Practicing – 5%

Other – 20%

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1747. RE: CONFIDENTIAL

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Garner, Margaret' <MGarner@cchs.ua.edu>
Sent Date: Nov 21, 2013 14:35:52
Subject: RE: CONFIDENTIAL
Attachment: [image001.png](#)
[image002.jpg](#)

Donna and Margaret,

I've been asked to give a welcome at the RD Farmer Meeting tomorrow here at headquarters. Does 9:30 am CT work for you?

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Patricia Babjak
Sent: Wednesday, November 20, 2013 4:44 PM
To: DMartin@Burke.k12.ga.us; 'Garner, Margaret'
Subject: FW: CONFIDENTIAL

Donna and Margaret,

I am confirming our call on Friday, November 22 at 9:00am CT. To participate on the call, please use the following numbers:

Dial-In Number: 1-866/477-4564

Conference Code: 75 48 12 89 82

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1748. Daily News: Thursday, November 21, 2013

From: emy of Nutrition and Dietetics Knowledge Center <knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 21, 2013 11:03:51
Subject: Daily News: Thursday, November 21, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Don't Freeze Medicare Rates, Docs Tell Congress

<http://www.medscape.com/viewarticle/814628>

Related Resource: *Eat Right Weekly*

Academy Urges Congress to Make RDN-Friendly Changes to Medicare Payment System

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452585&mycontentid=6442479086>

Nutrition Services Coverage -Medicare Part B MNT Resources

<https://www.eatright.org/shop/categories.aspx?id=6442451919>

Target empty calories in kids' diets at the source: study

<http://www.chicagotribune.com/health/sns-rt-us-calories-kids-20131120,0,1067000.story>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(13\)01336-1/abstract?rss=yes](http://www.andjrnl.org/article/S2212-2672(13)01336-1/abstract?rss=yes)

AACE Highlights Guidelines at Obesity Meeting

(The American Association of Clinical Endocrinologists is calling for a different approach to obesity management than that offered by recent national obesity guidelines)

<http://www.medpagetoday.com/MeetingCoverage/ObesityWeek/43025>

Consistent sleep patterns tied to healthier weight

<http://www.medicalnewstoday.com/articles/268992.php>

Source: *American Journal of Health Promotion*

<http://www.ajhpcontents.com/doi/abs/10.4278/ajhp.121012-QUAN-500>

'Pregorexia': Extreme dieting while pregnant

http://www.cnn.com/2013/11/20/living/pregnant-dieting-pregorexia-moms/index.html?hpt=he_c2

Related Resource: *Journal of the American Dietetic Association*, June 2009.

-What Is Pregorexia?

[http://www.journals.elsevierhealth.com/periodicals/yjada/article/S0002-8223\(09\)00470-2/fulltext](http://www.journals.elsevierhealth.com/periodicals/yjada/article/S0002-8223(09)00470-2/fulltext)

Login as a member at www.eatright.org and go to publications to access full-text Journal articles

Bone Density Higher in Blacks, Vitamin D Lower

(This study calls into question routine supplementation in persons with low levels of both total 25-hydroxyvitamin D and vitamin D-binding protein who lack other traditional manifestations of this condition")

<http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/43049>

Source: *New England Journal of Medicine*-scroll down to:

-Vitamin D Status in Blacks and Whites

-Editorial: Bioavailability of Vitamin D and Its Metabolites in Black and White Adults

<http://www.nejm.org/>

Eating nuts tied to fewer cancer, heart disease deaths

<http://www.chicagotribune.com/health/sns-rt-us-eating-cancer-20131120,0,3182531.story>

Source: *New England Journal of Medicine*

<http://www.nejm.org/doi/full/10.1056/NEJMoa1307352#t=abstract>

What are the health benefits of cranberries?

<http://www.medicalnewstoday.com/articles/269142.php>

Chia and quinoa lead the field - by miles - when it comes to product launches with ancient grains and seeds, says Datamonitor

(The percentage of new US food product launches featuring ancient grains or seeds has almost tripled since 2008, according to Datamonitor. But the bulk of activity is focused around just two ingredients: Chia and quinoa)

<http://www.foodnavigator-usa.com/Markets/Chia-and-quinoa-lead-the-field-by-miles-when-it-comes-to-product-launches-with-ancient-grains-and-seeds-says-Datamonitor>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-The Impact of a Dietitian in the Implementation of Nutrition Recommendations During Intensive Care (NutriSave)

<http://clinicaltrials.gov/ct2/show/NCT01749488?term=NCT01749488&rank=1>

MedlinePlus: Latest Health News

-Flushed Complexion After Drinking Could Point to High Blood Pressure Risk

Response could signal vulnerability for alcohol-linked blood pressure trouble, study found

-Take Aspirin at Bedtime to Better Protect Your Heart, Study Suggests

Small trial found the drug reduced blood clotting more when taken at night than in the morning

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Hosting Holiday Guests With Celiac Disease, Food Allergies Or Sensitivities?

(Angela Lemond, Academy Spokesperson quoted)

<http://online.wsj.com/article/PR-CO-20131120-910762.html?dsk=y>

Pass the Gluten-Free/Paleo/Vegan/Diabetic-Friendly Stuffing

(Mary Kay Sharrett, RD quoted)

http://www.nwitimes.com/promo/holidaytab/pass-the-gluten-free-paleo-vegan-diabetic-friendly-stuffing/article_b1e60113-e1c5-5570-8fb6-a2000bb77d9e.html

What are the health benefits of cranberries?

(By Megan Ware, RDN)

<http://www.medicalnewstoday.com/articles/269142.php>

Women still eating fish, but consuming less mercury

(Anna Ardine, RD quoted)

<http://www.nbcnews.com/health/women-still-eating-fish-consuming-less-mercury-2D11623901>

Phoenix dietitian warns against cotton ball diet

(Rachel Brogan, RD quoted)

<http://ktar.com/22/1679072/Phx-dietitian-Cottonball-diet-poses-danger>

Get the most out of your greens with this smarter-salad cheat sheet

(Karin Hosenfeld, RD quoted)

<http://www.myrtlebeachonline.com/2013/11/21/3853525/get-the-most-out-of-your-greens.html>

Portion control is key this Thanksgiving

(Anna Busenburg, RD featured)

<http://www.wlfi.com/news/local/portion-control-is-key-this-thanksgiving>

The skinny on trans fats

(Wanda Howell, RD quoted)

<http://www.wildcat.arizona.edu/article/2013/11/the-skinny-on-trans-fats>

Avoid holiday stress induced overeating

(By Timi Gustafson, RD)

<http://www.maplevalleyreporter.com/lifestyle/232694491.html>

Organic Versus Non-Organic Turkeys

(Elizabeth Murray, RD quoted)

<http://www.wjbf.com/story/24024676/organic-versus-non-organic-turkeys>

How to Buy the Healthiest Yogurt

(Caroline Kaufman, RDN quoted)

<http://abcnews.go.com/Health/buy-healthiest-yogurt/story?id=20905195#>

Is your child getting enough fiber?

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/11/20/is-your-child-getting-enough-fiber/>

Being green really can be easy on the wallet

(By Holly Larson, RD) OH

<http://www.oxfordpress.com/news/lifestyles/fitness/ask-holly-being-green-really-can-be-easy-on-the-wa/nbyjg/>

Kale: The new super food

(Heather Sylvester, RD quoted)

http://www.nj.com/cooking/index.ssf/2013/11/kale_the_new_super_food.html

Gluten free craze growing: Only 1% of Canadians are celiacs, but nine million people are on restricted diet, industry expert claims

(Tricia Ryan, Dietitian/Canada quoted)

<http://life.nationalpost.com/2013/11/20/gluten-free-craze-growing-only-1-of-canadians-are-celiacs-but-nine-million-people-are-on-restricted-diet-industry-expert-claims/>

Workers take many steps toward healthier lifestyle

Spend time each day working while on treadmill for research project

(Lise Timmerman, Dietitian/Canada quoted)

<http://www.brandonsun.com/breaking-news/workers-take-many-steps-toward-healthier-lifestyle-232622141.html?thx=y>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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<http://us.soyjoy.com/Nutrition/Healthcare-Professionals>

You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.

To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=24511

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-24511-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1749. FW: Strategic Plan

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Sent Date: Nov 20, 2013 18:07:07
Subject: FW: Strategic Plan
Attachment: [image002.png](#)
[Strategic Plan November 20, 2013.doc](#)

For your information.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Patricia Babjak

Sent: Wednesday, November 20, 2013 5:03 PM

To: Executive Team Mailbox; Karen Lechowich; Alison Steiber; Doris Acosta

Cc: Susan Burns; Chris Reidy; Mary Ann Taccona

Subject: Strategic Plan

Attached is the revised Strategic Plan to share with the affiliates, DPGs, MIGs, committees, task forces and workgroups. The plan is a dynamic framework with no ending date. It is revisited on an annual basis by the Board for relevance and modifications are made, if appropriate, using trend and environmental data. As you develop the 2013-14 program of work for your organizational units and committees, please ensure it aligns with the Strategic Plan.

Please note a new goal with corresponding strategies has been added: *"Members collaborate across disciplines with international food and nutrition communities."* We have made tremendous strides internationally expanding our reach worldwide with such ground breaking initiatives as the Evidence Analysis Library, the development and introduction of standardized language and the nutrition care process. These efforts provide a natural pathway to building our international vision without compromising our national agenda. The introduction of this international goal builds on that philosophy.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1750. CSPI tweeting our info ...

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KM McClusky@iammorrison.com' <'KM McClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Sent Date: Nov 20, 2013 17:53:26
Subject: CSPI tweeting our info ...
Attachment: [image001.png](#)
[image.jpeg](#)

Attached is a good example of the power of collaboration. CSPI tweeted about the Foundation infographic.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1751. FW: CONFIDENTIAL

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Garner, Margaret' <MGarner@cchs.ua.edu>
Sent Date: Nov 20, 2013 17:43:53
Subject: FW: CONFIDENTIAL
Attachment: [image003.jpg](#)

Donna and Margaret,

I am confirming our call on Friday, November 22 at 9:00am CT. To participate on the call, please use the following numbers:

Dial-In Number: 1-866/477-4564

Conference Code: 75 48 12 89 82

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1752. RE: Fwd: Available to Speak

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 20, 2013 15:44:27
Subject: RE: Fwd: Available to Speak
Attachment: [image001.png](#)

I'm talking to quite a few other people as well. Mary Russell is coming to see me on Friday morning. Later that day I'm speaking with Elise Smith and then later with Glenna (she's in the office). I'm speaking with Becky Dorner on Thursday. I sent Diane the petition for a write-in candidate.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, November 20, 2013 1:52 PM
To: Patricia Babjak
Subject: Re: Fwd: Available to Speak

Not at all. I had planned to call her about this anyway, so we will just talk on Friday. I know you have talked to Diane Heller, and she is very concerned also. I told her that we were talking on Friday.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program

Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Patricia Babjak <PBABJAK@eatright.org> 11/20/2013 2:49 PM >>>
Please see below-I hope you don't mind?

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)

NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

Tel: 312/899-4856

E-mail: pbabjak@eatright.org

Begin forwarded message:

From: "Garner, Margaret" <MGarner@cchs.ua.edu>

Date: November 20, 2013, 1:34:19 PM CST

To: Patricia Babjak <PBABJAK@eatright.org>

Subject: RE: Available to Speak

Yes, I'll join. 205-348-7960

Margaret P. Garner, MS,RD,LD

Asst. Dean, Health Education &Outreach

Interim Executive Director, Student Health Center

Assoc. Prof. Family Medicine

Director, Health Promotion &Wellness

College of Community Health Sciences

The University of Alabama

205-348-7960

From: Patricia Babjak [mailto:PBABJAK@eatright.org]

Sent: Wednesday, November 20, 2013 1:34 PM

To: Garner, Margaret

Subject: Available to Speak

Margaret,

I am talking with Donna Martin about the same email on Friday, November 22 at 9:00am CT. Do you want to join that call? If not, do you have time between 9:00am and 11:00am CT tomorrow?

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1753. 12/10/13 Foundation Board Call 10 am central

From: Susan Burns <Sburns@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: 'Eddy, Nancy L' <eddy@bcm.edu>, Mary Beth Whalen <Mwhalen@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary-Ann Johnson <mjohnson@eatright.org>, 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Nov 20, 2013 14:51:11
Subject: 12/10/13 Foundation Board Call 10 am central
Attachment: [image001.png](#)
[Agenda Foundation BOD Call 12-10-13.doc](#)

Good afternoon. Attached is the draft agenda for the Foundation Board Call on December 10th at 10 am central time. Please let me know if there are any other items you would like to discuss. The log in address and dial in number will be included on the final version of the agenda which will be loaded to the portal. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1754. Fwd: Available to Speak

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 20, 2013 14:49:53
Subject: Fwd: Available to Speak
Attachment: [image002.gif](#)
[image003.png](#)

Please see below-I hope you don't mind?

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

Begin forwarded message:

From: "Garner, Margaret" <MGarner@cchs.ua.edu>
Date: November 20, 2013, 1:34:19 PM CST
To: Patricia Babjak <PBABJAK@eatright.org>
Subject: RE: Available to Speak

Yes, I'll join. 205-348-7960

Margaret P. Garner, MS, RD, LD

Asst. Dean, Health Education & Outreach

Interim Executive Director, Student Health Center

Assoc. Prof. Family Medicine

Director, Health Promotion & Wellness

College of Community Health Sciences

The University of Alabama

205-348-7960

From: Patricia Babjak [mailto:PBABJAK@eatright.org]

Sent: Wednesday, November 20, 2013 1:34 PM

To: Garner, Margaret

Subject: Available to Speak

Margaret,

I am talking with Donna Martin about the same email on Friday, November 22 at 9:00am CT. Do you want to join that call? If not, do you have time between 9:00am and 11:00am CT tomorrow?

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Email: pbabjak@eatright.org

www.eatright.org

1755. Denver Childhood Weight Management Program

From: Pearlie Johnson <PJohnson@eatright.org>
To: Kathy Cobb <kathy.cobb@snet.net>, Stanford, Fatima C., M.D. <FSTANFORD@mgh.harvard.edu>, 'Copperman, Nancy' <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Sothern, Melinda <msothe@lsuhsc.edu>, Dana E. Gerstein <danaeg@berkeley.edu>, Johnston, Craig Allen <caj@bcm.edu>, Michelle Horan <mhoranrd@gmail.com>, Gwen Davies <gwen.davies@mindspring.com>, Aida Miles <aida.miles@gmail.com>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, Isadora <isadora.v.nogueira@gmail.com>, Debra Kibbe <dkibbe@gsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Gail Frank <Gail.Frank@csulb.edu>
Sent Date: Nov 20, 2013 11:37:10
Subject: Denver Childhood Weight Management Program
Attachment: [image001.png](#)

Hello, everyone click here the 10 day forecast in Denver. As you can see, snow is forecasted for Thursday, Friday and Sunday. Please keep me abreast of any travel delays by calling me at 773/680-4836 or emailing me at pjohnson@eatright.org. I will arrive at the hotel tomorrow around 12 noon.

Transportation

The hotel is about 22 miles from Denver International Airport. Please click here for additional transportation information.

Taxi Fare:

\$55.00 one way

Shuttle Service:**SuperShuttle**

\$19 for one way as well as charter service (price varies) from Denver International to the hotel.

Reservations highly recommended; SuperShuttle can be reached at (800) BLUE-VAN (800-258-3826). Online booking is also possible at www.supershuttle.com.

Safe travels, and be sure to bring your winter gear.

See you soon.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1756. Daily News: Wednesday, November 20, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 20, 2013 10:47:45
Subject: Daily News: Wednesday, November 20, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Genetic Testing Leaves More Patients Living in Limbo. So-called patients-in-waiting have genes for disease but no symptoms

<http://online.wsj.com/news/articles/SB10001424052702303755504579206000052566432>

Related Resource: *Eat Right Weekly - Journal* Editor's Podcast: Nutritional Genomics, Part 2

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452584&mycontentid=6442479020>

What runs in your family? Talking turkey about health. A family health history is an inexpensive yet highly effective way to predict disease risk in a family and plan personalized medical care

<http://www.usatoday.com/story/news/nation/2013/11/19/health-history-thanksgiving/3626291/>

Kids less fit than their parents were, study finds

<http://www.usatoday.com/story/news/nation/2013/11/19/kids-fitness/3644597/>

Related Resource: FNCE © 2013 Session

-What, Why and How: Integrating Nutrition and Physical Activity for Youth and Adults

<http://www.starlibraries.com/fnce/session/792/What-Why-and-How-Integrating-Nutrition-and-Physical-Activity-for-Youth-and-Adults>

Browse Conferences

<http://www.starlibraries.com/fnce/conferences>

New Study Paints Grim Health Picture for Obese Teens. Doctors should inform families about short- and long-term consequences, researcher says

http://www.nlm.nih.gov/medlineplus/news/fullstory_142617.html

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2013/11/12/peds.2013-2185.abstract>

Researchers Study How Excess Fat Cells Interfere With Organ Function, Metabolism. They want to understand the link between obesity and inflammation, insulin resistance, diabetes and other metabolic abnormalities

<http://online.wsj.com/news/articles/SB10001424052702304439804579206033257187444>

Heart-healthy lifestyles can spread through social networks

(Presented at the American Heart Association's Scientific Sessions 2013)

<http://medicalxpress.com/news/2013-11-heart-healthy-lifestyles-social-networks.html>

Source: AHA

<http://newsroom.heart.org/news/heart-healthy-lifestyles-can-spread-through-social-networks>

Texting Your Way to Weight Loss

<http://www.sciencedaily.com/releases/2013/11/131118120105.htm>

Source. *Journal of Medical Internet Research*

<http://www.jmir.org/2013/11/e244/>

Low-Cost Weight Loss Plan Has Patient Appeal

(Note that this study was published as an abstract and presented at a conference. These data and conclusions should be considered to be preliminary until published in a peer-reviewed journal)

<http://www.medpagetoday.com/MeetingCoverage/ObesityWeek/43020>

Strategies to prevent weight gain in adults: a systematic review

<http://www.stonehearthnewsletters.com/strategies-to-prevent-weight-gain-in-adults-a-systematic-review/obesity/#sthash.qNQBhVdQ.dpuf>

Burning Question

Cut Calories With Better Chewing

Gobblers and Gulpers May Discover Mom Was Right

<http://online.wsj.com/news/articles/SB10001424052702304243904579200142398477748>

Butterball talks turkey: Fewer fresh birds this season. Company warns that it is short on fresh turkeys 16 lbs. and greater

<http://www.usatoday.com/story/money/business/2013/11/18/turkey-thanksgiving-butterball/3627093/>

Related Resource: Home Food Safety - Advice for Holiday Cooks

<http://homefoodsafety.org/holidays/advice>

MedlinePlus: Latest Health News

-Genetic data does not improve anticoagulation control with warfarin. NIH-funded study shows genotyping adds no benefit when added to a clinically-guided dosing formula

-Antibiotics Aren't Always the Answer

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

How to drink and eat whatever you want without feeling guilty

(Toby Smithson, Academy Spokesperson; Jill Weisenberger, RD & Amy Goodson, RD all quoted)

<http://www.foxnews.com/health/2013/11/20/how-to-drink-and-eat-whatever-want/>

Consumers Order a Healthier Meal When Menu Has Nutritional Labeling

(Beth Leonberg, RD quoted)

<http://www.sciencedaily.com/releases/2013/11/131118112004.htm>

Whey Low sweetener

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-lowdown-whey-low-sugar-substitute-2226127>

Build a Better Lunchbox

(Liz Weiss, RD & Janice Newell Bissex, RD quoted)

http://www.philly.com/philly/health/kidshealth/Build_a_Better_Lunchbox.html

Give thanks for the food this holiday

(By Kym Wroble, RD)

<http://www.press-citizen.com/article/20131120/FEATURES09/311200004/Give-thanks-food-holiday>

Simple ways to keep Thanksgiving healthy and enjoyable

(By Kati Mora, RD)

<http://www.themorningsun.com/lifestyle/20131119/simple-ways-to-keep-thanksgiving-healthy-and-enjoyable>

Nutritious food can be festive

(By Suzanne Havala Hobbs, RD)

<http://www.charlotteobserver.com/2013/11/19/4479647/nutritious-food-can-be-festive.html>

Diabetes, the hidden killer

(By Timi Gustafson RD)

<http://www.auburn-reporter.com/lifestyle/231974811.html>

Microwave popcorn could be hurt most by trans fat ban

(Joanne Lewandoski, RD quoted)

http://www.northjersey.com/food_dining/232617321_Microwave_popcorn_could_be_hurt_most_by_trans_fat_ban.html

DUSDAC considers Chais Noodle Bar and Bistro food truck

(Kate Pilewski, RD quoted)

<http://www.dukechronicle.com/articles/2013/11/19/dusdac-considers-chais-noodle-bar-and-bistro-food-truck>

FODMAP friendly certification

The FODMAP Friendly Logo for food labels in Australia

(Sue Shephard, Dietitian / Australia quoted)

<http://www.foodprocessing.com.au/news/64399-FODMAP-friendly-certification>

Quote of the Week

No problem can withstand the assault of sustained thinking"

-Voltaire

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or send a blank email to leave-24466-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1757. RE: Miscellaneous

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 19, 2013 16:33:34
Subject: RE: Miscellaneous
Attachment: [image001.png](#)

That's why I need to talk. How is 9amCT? I'll call you using your office number.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Tuesday, November 19, 2013 3:30 PM
To: Patricia Babjak
Subject: Re: Miscellaneous

Yes. I am available from 8-4:30 EST. The confidential email today did not make me happy!!!! Let me know an approximate time or just call me.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Patricia Babjak <PBABJAK@eatright.org> 11/19/2013 4:23 PM >>>

Can we talk on Friday?

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

1758. Miscellaneous

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 19, 2013 16:23:52
Subject: Miscellaneous
Attachment: [image001.png](#)

Can we talk on Friday?

Pat

Patricia M. Babjak

Chief Executive Officer

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www.eatright.org

1759. Free Marketing Resources for Members!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 19, 2013 14:27:24
Subject: Free Marketing Resources for Members!
Attachment:

Free Marketing Resources for Members!

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Tour our New Marketing Center Today

Get a head start on developing your marketing strategies for 2014!

The Marketing Center was developed to provide free marketing resources to help promote your services to potential clients and physicians. Take advantage of the following:

- Radio scripts, videos, ready-to-use presentations, stock photos and more
- Customizable client education and RD/RDN flyers for your use
- Flyers, handouts and free brochures to help market your services to physicians
- Access to webinars and learning resources on the topics of marketing, business and social media
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Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1760. Public Policy Weekly News Update

From: tnece@eatright.org
To: DMartin@Burke.k12.ga.us
Sent Date: Nov 19, 2013 13:26:41
Subject: Public Policy Weekly News Update
Attachment:

November 19, 2013

Topics in Today's Public Policy Update:

1. Public Policy Forum – TODAY!
2. Farm Bill Conference Committee Conferee Action Alert – Take Action Today
3. 2014 Award for Grassroots Excellence – Due December 13, 2013
4. 2014 Public Policy Leadership Award – Due December 13, 2013
5. Thumbs Up! - Share your Stories
6. Dates to Remember

Public Policy Forum: Using ANDPAC to Enhance Relationships

Hear public policy leaders who know the importance of developing effective working relationships with members of Congress share their success stories. The forum is **TODAY** from 2 – 3 p.m. (Eastern Time). The speakers for this forum are:

Leah Brandis, RD – Oregon Academy of Nutrition and Dietetics
Nancy Becker, MS, RD, LD – Oregon Academy of Nutrition and Dietetics
Sarah Bourque, MS, RD – Connecticut Academy of Nutrition and Dietetics
Ilisa Spitzer Nussbaum, RD – Connecticut Academy of Nutrition and Dietetics
Diane Duncan-Goldsmith, RD – Iowa Academy of Nutrition and Dietetics

Register for the meeting at

<https://eatright.webex.com/eatright/j.php?ED=226251202&RG=1&UID=1548041667&RT=MIMxMQ%3D%3D>

You will receive a personalized confirmation email. This email provides a link for you to add the information to your calendar. Be sure to save the confirmation email as this is your personal registration link. On November 19 log into the webinar via the personalized registration link. All participants will earn 1 FREE CPEU.

Farm Bill Conference Committee Conferee Action Alert

The House and Senate appointed members to negotiate the differences between the two versions of the bill in a conference committee. Yesterday, an action alert for Academy members was opened in the following conferee states: Alabama, Arkansas, California, Colorado, Florida, Georgia, Iowa, Illinois, Kansas, Massachusetts, Michigan, Minnesota, Mississippi, Montana, North Carolina, North Dakota, New York, Ohio, Oklahoma, Oregon, Pennsylvania, South Dakota, Texas, Vermont and Washington. A total of 41 members of Congress, 12 Senators and 29

Representatives, are serving on the Farm Bill Conference Committee.

It is important that the members who live in these states and target Congressional Districts participate in the action alert. If you have questions, please contact me.

2014 Award for Grassroots Excellence

Have you considered nominating one of your outstanding public policy leaders for the Academy's award? The Academy's Public Policy Workshop is around the corner and it is time to start thinking about who you would like to nominate for the 2014 Award for Grassroots Excellence. Please submit your nominees to Teresa Nece no later than Friday, December 13 via email at tnece@eatright.org. When filling out the nomination form, please be detailed about the person you are nominating, what they have accomplished and how long they have been an active member. The forms are available on the Public Policy Panel COI at <http://pia.webauthor.com>.

2014 Public Policy Leadership Award

The Academy is seeking nominations to recognize member(s) of Congress who have demonstrated or have the potential to demonstrate outstanding service and support for nutrition and health issues of importance to the Academy and the public. The deadline for submitting nominations is Friday, December 13, 2013. To nominate a Representative or Senator, simply have the affiliate leadership complete the application form. The form is available in the Public Policy Panel COI at <http://pia.webauthor.com>. Send nominations to Teresa Nece via email at tnece@eatright.org.

Thumbs Up!

Do you have success stories to share? Policy leaders are looking for ideas that work. Please send your ideas and success stories to me.

Dates to Remember Tuesday, November 19, 2013, 2 - 3 p.m. (Eastern Time) Public Policy Forum Wednesday, December 11, 2013, 2 – 3 p.m. (Eastern Time) Licensure Forum Tuesday, December 17, 2013, 2 – 3 p.m. (Eastern Time) Public Policy Forum Saturday, March 29, 2014, 4 – 7 p.m. (Eastern Time) – Washington D.C. PPW 2014 Kick-off Orientation Session for PPCs, PALs and other policy leaders attending PPW Sunday, March 30, 2014, 7:30 – 9:30 a.m. (Eastern Time) – Washington D.C. PPW 2014 Orientation Session for affiliate and DPG/MIG policy leaders Sunday, March 30 – Tuesday, April 1, 2014 – Washington, D.C. PPW 2014

Please let me know if you have questions.

Best Regards,

Teresa

Teresa A. Nece, MS, RDN, LD, SNS
Director, Grassroots Advocacy

The Academy of Nutrition and Dietetics

1120 Connecticut Avenue NW, Suite 480
Washington, D.C. 20036

Phone: 800.877.0877 Ext. 6022

Fax: 202.775.8284

Email: tnece@eatright.org

1761. CONFIDENTIAL

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandrafgill@comcast.net' <'sandrafgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>
Sent Date: Nov 19, 2013 13:04:09
Subject: CONFIDENTIAL
Attachment: [image002.png](#)
[2014 Slate of Candidates BOD Memo.doc](#)

Attached is confidential information from the Nominating Committee.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1762. RE: Todays call

From: Paul Mifsud <PMifsud@eatright.org>
To: fellerb@auburn.edu <fellerb@auburn.edu>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Nov 19, 2013 11:45:52
Subject: RE: Todays call
Attachment:

Robin,

I echo Donna's comments and thank you for your insightful feedback.

Paul

From: fellerb@auburn.edu
Sent: Tuesday, November 19, 2013 9:18 AM
To: DMartin@Burke.k12.ga.us; Paul Mifsud
Subject: Todays call

Will not be on the call today, sorry to say. Grandbabies' schedules will not mesh with FAC. Have read the ACEND proposal and conclude we have no option but to approve. However, we cannot go dipping into reserves forever, and so my 2 cents' worth is that although we have "all that money" available to us, we remember that we are charged with keeping the AND on sound financial footing. There will be other financial needs ahead of us, based on the Visioning Report, and we must keep these in mind. Perhaps some prioritizing of ALL programs should be on our horizon.

Found some typos in the 10/22 minutes: Halfway down 1st page, 2nd bullet, representativeS from P and M. Also p 1, last line, she was pleased to say... Page 2 3rd paragraph 1st line, difficulties dealing with mngmnt WERE.....

That's it. Baby is awake, mom in shower, grandma to rescue!!

Happy Thanksgiving.

Robin

Robin B. Fellers, PhD, RD, LD

Associate Professor Emeritus

Department of Nutrition, Dietetics and Hospitality Management

102-F Poultry Science Building

Auburn University

Auburn, AL 36849

334-844-4261 (NDHM Office)

334-844-3268 (Fax)

1763. Daily News: Tuesday, November 19, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 19, 2013 10:54:36
Subject: Daily News: Tuesday, November 19, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Risk Calculator for Cholesterol Appears Flawed

http://www.nytimes.com/2013/11/18/health/risk-calculator-for-cholesterol-appears-flawed.html?hp&_r=0

AHA, ACC Stand Firm in Support of Risk Calculator

<http://www.medpagetoday.com/Cardiology/Prevention/42977>

Drinking Milk as Teens Might Not Protect Men's Bones, Study Suggests Instead, research found boys who consumed more milk had higher risk of hip fractures as adults

<http://consumer.healthday.com/kid-s-health-information-23/adolescents-and-teen-health-news-719/greater-milk-drinking-among-boys-linked-to-higher-hip-fracture-risk-decades-later-682289.html>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1769138>

Drinking After 40: Why Hangovers Hit Harder. The Reasons Moderate Alcohol Consumption Gets More Complicated in Middle Age

<http://online.wsj.com/news/articles/SB10001424052702304439804579205913000870266>

Food and drink with longer oral transit time may reduce calorie intake: Study

(Designing foods and beverages to be consumed with small sips or bites, and a longer oral transit time, may be effective in reducing energy intake in consumers, say researchers)

<http://www.foodnavigator.com/Science-Nutrition/Food-and-drink-with-longer-oral-transit-time-may-reduce-calorie-intake-Study>

Source: *Food Quality and Preference* (scroll down)

<http://www.sciencedirect.com/science/journal/09503293>

For Yankees Sabathia, It Appears Less (Weight) Is Less (Success)

<http://www.nytimes.com/2013/11/17/sports/baseball/for-yankees-sabathia-it-appears-less-weight-is-less-success.html?ref=health>

Could Elite Athletes Have Lower Risk for Diabetes?. Small study of Finnish men found protective effect, especially with endurance sports

<http://consumer.healthday.com/diabetes-information-10/misc-diabetes-news-181/could-elite-athletes-have-lower-risk-for-diabetes-682157.html>

Ask Well: Table Salt vs. Sea Salt

<http://well.blogs.nytimes.com/2013/11/14/ask-well-table-salt-vs-sea-salt/?ref=health>

Related Resource: *Food & Nutrition Magazine*

<http://www.foodandnutrition.org/Online-Exclusives/2007/Savor-Sea-Salt/>

City Restaurant Nutrition Stats Now Just A Click Away

<http://www.ny1.com/content/news/198732/city-restaurant-nutrition-stats-now-just-a-click-away>

New Beef Over Food Rules

Meatpackers Mount Last-Ditch Fight to Head Off Stiffer U.S. Label Regulations

<http://online.wsj.com/news/articles/SB20001424052702303755504579206112678746726>

Related Resource: USDA

http://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/food-labeling/country-of-origin-labeling-for-meat-and-chicken/country-of-origin-labeling-for-meat-and-chicken!/ut/p/a0/04_Sj9CPykssy0xPLMnMz0vMAfGjzOI

Registered Dietitians in the News

To cook a holiday meal without fear of food poisoning, use a meat thermometer

(Francis Largeman-Roth, RD & Heather Mangieri, Academy Spokesperson quoted)

http://www.washingtonpost.com/national/health-science/to-cook-a-holiday-meal-without-fear-of-food-poisoning-use-a-meat-thermometer/2013/11/18/65c6b162-472a-11e3-a196-3544a03c2351_story.html

Gray Matters: Free meal program available after hospital stay

(Debby Krzesni, RD quoted)

http://www.times-standard.com/boomers/ci_24552719/gray-matters-free-meal-program-available-after-hospital

About Time To Clean Out The Fridge...

(Amy Mullins, RD quoted)

<http://www.wctv.tv/home/headlines/Its-About-That-Time-To-Clean-Out-Your-Fridge--232445381.html>

Healthy plates: Thanksgiving dishes good for you and your budget

(By Jeanine Stice, RD)

<http://www.statesmanjournal.com/article/20131119/LIFE/311190034/Healthy-plates-Thanksgiving-dishes-good-you-your-budget>

Early detection is key to controlling diabetes

(Courtney Nalivka, RD quoted)

http://elkodaily.com/lifestyles/health-med-fit/early-detection-is-key-to-controlling-diabetes/article_693e6332-50a6-11e3-ae0c-001a4bcf887a.html

Myth-busting: The nutritional facts behind the hype

(By Molly Kimball, RD)

http://www.nola.com/healthy-eating/2013/11/myth-busting_the_nutritional_f.html

Sides of gratitude for Thanksgiving

(By Tracey Shaffer, RD)

<http://www.examiner.net/article/20131118/NEWS/131118960/1994/NEWS>

Swiss chard to Brussell sprouts: A world of winter veggies

(By April Graff, RD)

<http://www.mankatofreepress.com/features/x429850681/Swiss-chard-to-Brussels-sprouts-A-world-of-winter-veggies>

Eat these foods to give your immune system a boost this holiday season

(Heather Illg, RD quoted)

<http://www.desmoinesregister.com/article/20131118/LIFE02/311180025/0/privacy/?odyssey=nav%7Chead>

Does your kitchen provide an á la carte kids menu?

(Aveen Bannon, Dietitian/Ireland quoted)

<http://www.irishtimes.com/life-and-style/health-family/parenting/does-your-kitchen-provide-an-%C3%A1-la-carte-kids-menu-1.1598925>

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or send a blank email to leave-24443-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1764. Re: October 22 minutes

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: peark02@outlook.com <peark02@outlook.com>
Sent Date: Nov 19, 2013 06:50:02
Subject: Re: October 22 minutes
Attachment:

Donna,

I believe the solution you like is the best option. However, since it could be confusing, it could "muddy" the situation. That being said, you could offer it up during discussions as an option for the team to discuss.

Paul

Sent from my iPhone

On Nov 18, 2013, at 8:16 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Paul and Mary, I guess I was feeling a little disappointed in ACEND's actions and wanted to give them a little of their own medicine, by only funding them if they go below budget. Reality has gotten the best of me, so, I will agree to the recommendation from Pat. I guess we are all in step together, but it would have been nice to have them squirm some. I bet you both are thinking by now that you don't ever want to get on my bad side. My bark is much worse than my bite. Talk to you tomorrow.

Sent from my iPhone

On Nov 18, 2013, at 6:44 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

I understand. It took my brain a few minutes to understand what I was saying....AND I SAID IT! :-)

Sent from my iPhone

On Nov 18, 2013, at 5:42 PM, " peark02@outlook.com" <peark02@outlookcom> wrote:

Sounds good, thanks Paul.

I have to agree with Pat on the 2nd option. It took my little brain some time to process what you meant though I love the idea.

Mary

On Nov 18, 2013, at 16:40, "Paul Mifsud" <PMifsud@eatright.org> wrote:

Donna,

Mary,

I talked to Pat. Her recommendation is to fund the FY14 up to the \$70,326 requested. ACEND would have to incur the expense in order to get the money. That is why it is "up to \$70,326". If they don't spend it, they won't get it. The FY15 amount would be considered only if ACEND has a need for additional funding and not until that time. This is similar to the "50%" for the two years. That would be \$95,705 once you factor in the \$34,148 ACEND was expected to fund. So, funding FY14 up to the requested \$70,326 would be a better option and be consistent with Anne's comments that they only need, right now, FY14 funded.

I did mention to Pat my option of "guaranteeing ACEND's budgeted FY14 \$87,144 surplus, up to the \$70,326 requested. She liked it. However, she thought it might be too confusing. I can see that. So, I will have email access tonight. Let me know if you like the option.

Paul

From: DMartin@Burke.k12.ga.us

Sent: Monday, November 18, 2013 12:48 PM

To: Paul Mifsud; peark02@outlook.com

Subject: RE: October 22 minutes

No, Paul is in a meeting and he will let us know when he gets out. He may be out by 4 EST, and if not, then I will call from car pool.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Russell <peark02@outlook.com> 11/18/2013 1:46 PM >>>
by the way, did we agree on 3:30 CST?

From: peark02@outlook.com
To: pmifsud@eatright.org; dmartin@burke.k12.ga.us
Subject: RE: October 22 minutes
Date: Mon, 18 Nov 2013 12:46:01 -0600

Great clarification, thanks. I am embarrassed that until this am had not looked at the portal. Was away all weekend at an A.S.P.E.N. leadership retreat.

From: PMifsud@eatright.org
To: DMartin@Burke.k12.ga.us; peark02@outlook.com
Subject: RE: October 22 minutes
Date: Mon, 18 Nov 2013 18:40:38 +0000

Donna,

Mary,

Item 2.2 will be changed this afternoon. I apologize. I should have read these before they went out. It should say; The CFO indicated that ACEND will bring forward a proposal for the Academy to consider funding the new Standard's Development for education programs that will result from the new graduate level requirements. The proposal will be forwarded to you for consideration as soon as it is completed.

I do think Sonja made the statement that was put onto the minutes. However, I don't think it is factual and should be eliminated.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 18, 2013 11:55 AM

To: Paul Mifsud; peark02@outlook.com

Subject: October 22 minutes

Paul and Mary, Please read on page 2 (October 22 minutes) under new business what 2.2 says. We will need to discuss this today also.

Donna S. Martin, EdS, RDN, LD, SNS
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706-554-5393 (office)

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1765. 2014 Certificate of Training Programs

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Nov 18, 2013 19:51:54
Subject: 2014 Certificate of Training Programs
Attachment:

2014 Certificate of Training Programs/title>

Having trouble viewing this e-mail? View it in your browser.

Registration is now open for the Spring/Summer 2014 certificate of training programs.

Certificate of Training in Adult Weight Management Program

April 10-12, 2014 - Hartford, Connecticut

June 26-28, 2014 - Columbus, Ohio

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-adult-program>

Certificate of Training in Childhood and Adolescent Weight Management Program

May 28-30, 2014 - Buffalo, New York

September 4-6, 2014 - Newport Beach, California

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management-childhood-adolescent-program>

Level 2 Certificate of Training in Adult Weight Management Program

December 6-8, 2013 - Austin, Texas

March 13-15, 2014 - Annapolis, MD

For registration information and to view the certificate requirements, timeline, registration deadlines and agenda: <http://cdrnet.org/weight-management/level2>

What previous participants have to say about the programs:

High quality. Led by masters. High level learning.

L. Metzger, MS, RD

Clinical Dietitian

Morris Plains, NJ

I highly recommend this program to those who face challenges in their workplace with weight management clients. This program is essential and pragmatic for those RDs interested in making a vital improvement in their patients lives!

Agnes C Galvez, MS, RD

Consultant
North Las Vegas, NV

This course has multiple opportunities to make immediate changes in my practice area (education), and also a great foundation for more significant changes in the future. Research opportunities are endless!

M. Rew, MS, RDN, LD
Associate Clinical Professor
Denton, Texas

If you are unable to attend an on-site program, you may wish to consider one of our self-study modules. The modules are now available in paper and on-line versions.

Adult Weight Management Self-Study Module - Newly revised as of November 1, 2013.

For information: <http://cdrnet.org/weight-management/adult-module>

Childhood and Adolescent Weight Management Self-Study Module

For information: <http://cdrnet.org/weight-management/childhood-module>

Share this mailing with your social network:

You are currently subscribed to receive Weight Management related e-mails from the Commission on Dietetic Registration.

If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1766. November 22-24, 2013 Childhood Weight Management Program Information

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 18, 2013 19:32:02
Subject: November 22-24, 2013 Childhood Weight Management Program Information
Attachment: [image001.png](#)
[November 2013 Childhood Program Agenda.pdf](#)
[Informational Flyer Denver.pdf](#)
[Academy Exp Report General Fiscal 2013 - 2014.pdf](#)

The PowerPoint presentations for the November 22-24, 2013 Certificate of Training in Childhood and Adolescent Weight Management program are located at <https://app.box.com/s/0ib0isq1boji9esmkb5e>. I have attached an agenda and an expense report form. I have also attached an informational flyer. It will also be included in your faculty packet that will be distributed on-site.

The program will be held in Confluence Ballroom of the at the Westin Denver Downtown located at 1672 Lawrence Street, Denver, CO.

A light breakfast of bagels, yogurt and granola and fresh fruit along with coffee and tea will be available beginning at 7:30 am.

Hotel check-in time is 3:00 pm, and check-out time is 12:00 noon.

Hotel Confirmation Number: 1210159

Arrival Date: November 23, 2013

Departure Date: November 24, 2013

Transportation

The hotel is about 22 miles from Denver International Airport. Please click [here](#) for additional transportation information.

Taxi Fare:

\$55.00 one way

Shuttle Service:

SuperShuttle

\$19 for one way as well as charter service (price varies) from Denver International to the hotel. Reservations highly recommended; SuperShuttle can be reached at (800) BLUE-VAN (800-258-3826). Online booking is also possible at www.supershuttle.com.

Local Weather

[Click here](#) to check the latest local weather forecast in Denver.

Things to do in Denver

[Visit here](#) for things to do in Denver.

If you need to reach me anytime during the on-site program, please contact me on my cell which is 773/680-4836.

See you soon!

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1767. FW: Question about test

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 18, 2013 19:03:18
Subject: FW: Question about test
Attachment: [image001.png](#)

Hi Donna,

Can you please provide me with a response for the below question.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Lan Lu-Hsieh [mailto:lluhsieh@yahoo.com]
Sent: Wednesday, November 13, 2013 4:12 PM
To: Pearlie Johnson
Subject: Question about test

2. Which of these breakfast trays would be a reimbursable meal?

a) Sausage biscuit and 4 oz juice.

b) Milk and chicken biscuit.

c) Milk, 4 oz. juice and ½ cup fruit

d) 2 slices of toast and ½ cup fruit

I thought there has to have 3 items on the breakfast meals.

thank you so much for your time.

Lan Lu-Hsieh
Registered Dietitian Nutritionist

1768. RE: October 22 minutes

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Nov 18, 2013 17:40:28
Subject: RE: October 22 minutes
Attachment:

Donna,

Mary,

I talked to Pat. Her recommendation is to fund the FY14 up to the \$70,326 requested. ACEND would have to incur the expense in order to get the money. That is why it is "up to \$70,326". If they don't spend it, they won't get it. The FY15 amount would be considered only if ACEND has a need for additional funding and not until that time. This is similar to the "50%" for the two years. That would be \$95,705 once you factor in the \$34,148 ACEND was expected to fund. So, funding FY14 up to the requested \$70,326 would be a better option and be consistent with Anne's comments that they only need, right now, FY14 funded.

I did mention to Pat my option of "guaranteeing ACEND's budgeted FY14 \$87,144 surplus, up to the \$70,326 requested. She liked it. However, she thought it might be too confusing. I can see that. So, I will have email access tonight. Let me know if you like the option.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 18, 2013 12:48 PM
To: Paul Mifsud; peark02@outlook.com
Subject: RE: October 22 minutes

No, Paul is in a meeting and he will let us know when he gets out. He may be out by 4 EST, and if not, then I will call from car pool.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway

Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Russell <peark02@outlook.com> 11/18/2013 1:46 PM >>>
by the way, did we agree on 3:30 CST?

From: peark02@outlook.com
To: pmifsud@eatright.org; dmartin@burke.k12.ga.us
Subject: RE: October 22 minutes
Date: Mon, 18 Nov 2013 12:46:01 -0600

Great clarification, thanks. I am embarrassed that until this am had not looked at the portal. Was away all weekend at an A.S.P.E.N. leadership retreat.

From: PMifsud@eatright.org
To: DMartin@Burke.k12.ga.us; peark02@outlook.com
Subject: RE: October 22 minutes
Date: Mon, 18 Nov 2013 18:40:38 +0000

Donna,

Mary,

Item 2.2 will be changed this afternoon. I apologize. I should have read these before they went out. It should say; The CFO indicated that ACEND will bring forward a proposal for the Academy to consider funding the new Standard's Development for education programs that will result from the new graduate level requirements. The proposal will be forwarded to you for consideration as soon as it is completed.

I do think Sonja made the statement that was put onto the minutes. However, I don't think it is factual and should be eliminated.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 18, 2013 11:55 AM
To: Paul Mifsud; peark02@outlook.com
Subject: October 22 minutes

Paul and Mary, Please read on page 2 (October 22 minutes) under new business what 2.2 says. We will need to discuss this today also.

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1769. RE: Finance and Audit Committee meeting on Tuesday, November 19th at 1 p.m. CST

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, 'Connors@ohsu.edu' <Connors@ohsu.edu>,
fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com'
<KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>,
'nhwooldridge@charter.net' <nhwooldridge@charter.net>, 'kendall@ufl.edu'
<kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>,
peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak
<PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara
Visocan <BVISOCAN@eatright.org>, Harold Holler
<HHOLLER@eatright.org>, Jeanne Blankenship
<JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan
Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen
<Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>,
Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy
<CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber
<ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>,
Linda Serwat <LSerwat@eatright.org>
Sent Date: Nov 18, 2013 16:07:07
Subject: RE: Finance and Audit Committee meeting on Tuesday, November 19th at 1
p.m. CST
Attachment: [image001.png](#)

All,

Just to let you know that the October 22, 2013 Minutes were revised. Please download the revised Minutes.

Folder name “ **November 19, 2013 FAC conference call** ” -> **Agenda and Minutes folder**

We have a new portal. Please login on the portal using the link <https://eal.webauthor.com> and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1770. RE: October 22 minutes

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Nov 18, 2013 13:40:39
Subject: RE: October 22 minutes
Attachment:

Donna,

Mary,

Item 2.2 will be changed this afternoon. I apologize. I should have read these before they went out. It should say; The CFO indicated that ACEND will bring forward a proposal for the Academy to consider funding the new Standard's Development for education programs that will result from the new graduate level requirements. The proposal will be forwarded to you for consideration as soon as it is completed.

I do think Sonja made the statement that was put onto the minutes. However, I don't think it is factual and should be eliminated.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 18, 2013 11:55 AM
To: Paul Mifsud; peark02@outlook.com
Subject: October 22 minutes

Paul and Mary, Please read on page 2 (October 22 minutes) under new business what 2.2 says. We will need to discuss this today also.

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1771. RE: October 22 minutes

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Nov 18, 2013 13:07:10
Subject: RE: October 22 minutes
Attachment:

Donna,

Mary,

I looked item 2.2. I don't believe the "board" approved the funding. I think it may have been the 4Ps. As a check, do either of you remember voting for this? If not, then it gets back to a process issue. I will have talk to Pat. I don't believe the 4 Ps can agree to anything based upon our policies. I believe it has to be the board. As for the time; if we make it 4 p.m. CST/5 p.m. EST, would that be easier for everyone?

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 18, 2013 11:55 AM
To: Paul Mifsud; peark02@outlook.com
Subject: October 22 minutes

Paul and Mary, Please read on page 2 (October 22 minutes) under new business what 2.2 says. We will need to discuss this today also.

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1772. RE: Attachment

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 18, 2013 13:03:58
Subject: RE: Attachment
Attachment:

Unfortunately, it would be 4:30 EST. I will be in this meeting until 4 p.m. EST. However, if I have to get out early, I will.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 18, 2013 12:02 PM
To: Paul Mifsud
Subject: Re: Attachment

I thought we were talking about 3:30 EST. If we are doing 4:30 EST then I will have to do it in car pool. Are we talking EST or CST?

Donna S. Martin, EdS, RDN, LD, SNS
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 11/18/2013 1:00 PM >>>

I should have asked. Does 3:30 work for the two of you. Donna I know it is late for you.

Paul

Sent from my iPhone

On Nov 18, 2013, at 11:36 AM, "peark02@outlook.com" <peark02@outlook.com> wrote:

Me too, open till 2p EST and then after 3. To be safe, should probably say 3:30 as the 2p call may go over.

Date: Mon, 18 Nov 2013 12:25:47 -0500

From: dmartin@burke.k12.ga.us

To: peark02@outlook.com

CC: PMifsud@eatright.org

Subject: Re: Attachment

Great. I can do one up until 2 pm EST. Then I would have to do it after 3 pm EST. Paul is in a meeting so maybe when he gets out it might work out.

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Mary Russell <peark02@outlook.com> 11/18/2013 12:03 PM >>>

I can do a conf call from my desk phone--let me know what time and the #s you want to use and I'll call you both.

On Nov 18, 2013, at 10:42, "Donna Martin" <dmartin@burke.k12.ga.us> wrote:

Mary and Paul, I have talked to Anne. Could we do a 10 minute 3-way call?

Donna S. Martin, EdS, RDN, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 11/18/2013 11:41 AM >>>

Mary,

You don't need to apologize for anything. I always find you thoughtful and provocative!! Don't change a thing.

Paul

From: peark02@outlook.com
Sent: Monday, November 18, 2013 10:38 AM
To: Paul Mifsud; DMartin@Burke.k12.ga.us
Subject: RE: Attachment

Paul and Donna, so sorry that I missed reviewing these documents before the call. I was not sure, Paul, to what letter you were referring--now I know!

I was on the train and bus till 8:05 CT and did not access email after about 7:40, so did not see these.

Thank you both for your reasoned and thoughtful approach to all of this. Thanks Donna for outreach to Anne. Look forward to hearing more.

I apologize for my tirade about "things" related to the Academy. It is a challenge to be called on the carpet about the Academy's dues structure and "all things to all people" approach by colleagues who, like Donna's, have a very specific focus area. When like-minded people (such as the BoD) are together it is all so clear; out of that context it is a bit different.

From: PMifsud@eatright.org
To: PMifsud@eatright.org; DMartin@Burke.k12.ga.us; peark02@outlook.com
Subject: RE: Attachment
Date: Mon, 18 Nov 2013 13:52:19 +0000

Donna,

Mary,

Additional detail that was provided late last week regarding ACEND.

From: Paul Mifsud
Sent: Thursday, November 14, 2013 5:09 PM
To: DMartin@Burke.k12.ga.us; peark02@outlook.com
Subject: RE: Attachment

Donna,

Mary,

I will book 8 a.m. CST. on Monday. If anything changes, let me know. Please use the call in number for the FAC call.

Call in number 866-477-4564

Conference code: 9431787218#

Paul

From: DMartin@Burke.k12.ga.us
Sent: Thursday, November 14, 2013 2:19 PM

To: Paul Mifsud; peark02@outlook.com

Subject: Re: Attachment

Paul and Mary, I am going to a wedding in Charleston, SC on Friday, so I am out of pocket then. I can do anytime Monday between 8 am and noon.

Donna S. Martin, EdS, RDN, LD, SNS

Director School Nutrition Program

Burke County Board of Education

789 Burke Veterans Parkway

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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 11/14/2013 2:21 PM >>>

Donna,

Mary,

When you get a chance, I would like to talk to you about this document. ACEND is asking for about \$150,000. Do you have time tomorrow or Monday morning? Let me know.

Paul

1773. RE: Attachment

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, peark02@outlook.com
<peark02@outlook.com>
Sent Date: Nov 18, 2013 08:52:20
Subject: RE: Attachment
Attachment: [ACEND letter.doc](#)
[ACEND FAC summary document .docx](#)

Donna,

Mary,

Additional detail that was provided late last week regarding ACEND.

From: Paul Mifsud
Sent: Thursday, November 14, 2013 5:09 PM
To: DMartin@Burke.k12.ga.us; peark02@outlook.com
Subject: RE: Attachment

Donna,

Mary,

I will book 8 a.m. CST. on Monday. If anything changes, let me know. Please use the call in number for the FAC call.

Call in number 866-477-4564

Conference code: 9431787218#

Paul

From: DMartin@Burke.k12.ga.us
Sent: Thursday, November 14, 2013 2:19 PM
To: Paul Mifsud; peark02@outlook.com
Subject: Re: Attachment

Paul and Mary, I am going to a wedding in Charleston, SC on Friday, so I am out of pocket then. I can do anytime Monday between 8 am and noon.

Donna S. Martin, EdS, RDN, LD, SNS
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Burke County Board of Education
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Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 11/14/2013 2:21 PM >>>
Donna,

Mary,

When you get a chance, I would like to talk to you about this document. ACEND is asking for about \$150,000. Do you have time tomorrow or Monday morning? Let me know.

Paul

1774. RE: Finance and Audit Committee meeting on Tuesday, November 19th at 1 p.m. CST

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Nov 15, 2013 18:08:38
Subject: RE: Finance and Audit Committee meeting on Tuesday, November 19th at 1 p.m. CST
Attachment: [image001.png](#)
[FAC login steps to new website.docx](#)

All,

The documents for our FAC conference call scheduled **November 19, 2013** are loaded into the portal.

Folder name “ **November 19, 2013 FAC conference call** ”

We have a new portal. Please login on the portal using the link <https://eal.webauthor.com> and enter your e-mail address and password.

Attached are steps on how to navigate and download the documents from the new portal.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1775. Save 2% - Renew Academy Membership Online

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Nov 15, 2013 13:35:38
Subject: Save 2% - Renew Academy Membership Online
Attachment:

Academy of Nutrition and Dietetics Email

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

The Early Bird Gets the Savings

Dear Donna:

Did you know that the Academy is offering you a special opportunity to save 2% on your upcoming 2014-2015 Academy membership dues?

Click here to renew now. Be an early bird and save!

Dont worry, your membership isnt about to expire, this is just a special opportunity to renew now for the 2014-2015 membership year at the 2013-2014 rate. **To take advantage of this special offer you must renew by January 15, 2014.**

If youre still not convinced, download a sneak peak of our 2014-2015 Member Benefits Guide.

On behalf of the Academy of Nutrition and Dietetics, thank you for being a member!

Sonja L. Connor, MS, RDN, LD

President, 2014-2015, Academy of Nutrition and Dietetics

Membership announcements are sent to you as member of the Academy of Nutrition and Dietetics.

If you prefer not to receive future alerts, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1776. Daily News & Journal Review: Friday, November 15, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 15, 2013 11:11:51
Subject: Daily News & Journal Review: Friday, November 15, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

NIH statement: Family support key to diabetes prevention, management

<http://www.nih.gov/news/health/nov2013/niddk-14.htm>

Bingeing Boosts Diabetes Risk
(Presented at Obesity Week in Atlanta)
<http://www.medpagetoday.com/MeetingCoverage/ObesityWeek/42912>

Considering weight loss surgery? A new tool offers a crystal ball

<http://www.latimes.com/science/sciencenow/la-sci-obesity-bariatric-surgery-tool-20131114,0,2747898.story#axzz2kjAqqoWn>

Source: Comparison of Bariatric Surgical Procedures

<http://www.realize.com/surgery-comparison>

Related Resource: *Complete Counseling Kit for Weight Loss Surgery*

<https://www.eatright.org/shop/product.aspx?id=6442472279>

Weight-loss surgery may reverse signs aging docs say

<http://www.nbcnews.com/health/weight-loss-surgery-may-reverse-signs-aging-docs-say-2D11600482>

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<http://www.medpagetoday.com/Cardiology/Stroke>

es/42919

Source: *Stroke*

<http://stroke.ahajournals.org/content/early/2013/11/14/STROKEAHA.113.002246.abstract>

Doctor accused of selling false hope to families

A questionable cancer cure

<http://www.usatoday.com/story/news/nation/2013/11/15/stanislaw-burzynski-cancer-controversy/2994561/>

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<http://www.komonews.com/news/health/Could-walking-to-school-reduce-childhood-obesity-231783681.html>

Related Resource: Position Paper- Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity

<http://www.eatright.org/About/Content.aspx?id=8381>

Infant illness linked to parents nixing routine vitamin K shot

<http://www.nbcnews.com/health/infant-illnesses-linked-parents-nixing-routine-vitamin-k-shot-2D11598914>

Source: CDC

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The Fight Against Bland Airline Food

British Airways Tries Umami to Bring More Flavor to In-Flight Meals

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Top 10 food and beverage trends for 2014

<http://www.foodmanufacture.co.uk/Ingredients/Top-10-food-and-beverage-trends-for-2014>

Barley always a bridesmaid never a bride getting this super grain into the spotlight

<http://www.foodnavigator-usa.com/Suppliers2/Barley-always-a-bridesmaid-never-a-bride-getting-this-super-grain-into-the-spotlight>

Trans fat crackdown: How long does the industry really need to eradicate partially hydrogenates oils from the US food supply?

<http://www.foodnavigator-usa.com/Suppliers2/Trans-fat-crackdown-How-long-does-the-industry-really-need-to-eradicate-partially-hydrogenated-oils-from-the-US-food-supply>

Related Resource: Academy of Nutrition and Dietetics Supports FDA's Move to Reduce Trans Fats in Processed Foods

<http://www.eatright.org/Media/content.aspx?id=6442478985>

Dont eat crispy French fries FDA tells how to cut acrylamide

<http://www.nbcnews.com/health/dont-eat-crispy-french-fries-fda-tells-how-cut-acrylamide-2D11591387>

Related Resource: FDA

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm374855.htm>

MedlinePlus: Latest Health News

-Your Fridge and Food Safety

-Schools Can Set Tone for Healthy Eating

-Testing for Pregnancy-Linked Diabetes Should Be Routine, Experts Say

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Schools Can Set Tone for Healthy Eating

Encouraging students to try nutritious foods worked, study found

(Shannon Carney Oleksyk, RD quoted)

<http://health.usnews.com/health-news/news/articles/2013/11/14/schools-can-set-tone-for-healthy-eating>

Nutrition News: A new way of looking at cholesterol

(By Charlyn Fargo, RD)

<http://www.wickedlocal.com/northandover/newsnow/x2132756774/Nutrition-News-A-new-way-of-looking-at-cholesterol>

Eating Local in the Wintertime

(By Margie Mansure, RD)

<http://mountaintimes.com/columns-serves-you-right/articles/Eating-Local-in-the-Wintertime-id-024761>

4 Breakfast Mistakes That Are Making You Gain Weight. Watch out for these four a.m. meal traps

(Lisa Young, RD quoted)

<http://www.womenshealthmag.com/weight-loss/breakfast-foods>

Retiree loses 76 pounds through diet, exercise and patience

(Colleen Kristbaum, RD quoted)

<http://fox6now.com/2013/11/14/retiree-loses-76-pounds-through-diet-exercise-and-patience/>

What's the difference between Greek and regular yogurt?

(By Susie Bond, RD)

<http://www.floridatoday.com/article/20131115/HEALTH/311150047/What-s-difference-between-Greek-regular-yogurt->

Health hazards from gas stoves; How many walnuts for omega 3?

(By Nancy Dell, RD)

<http://www.wwlp.com/health/dietitian/nancy-dell-health-hazards-from-gas-stoves-how-many-walnuts-for-omega-3>

Tasty nutritional yeast popular with vegetarians

(By Matt Ruscigno, RD)

<http://www.detroitnews.com/article/20131114/LIFESTYLE05/311140028/1463/LIFESTYLE05/Tasty-nutritional-yeast-popular-vegetarians>

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Cardiometabolic Risk Factors in Children: The Importance of Physical

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Getting Our Children to Eat More Fruits and Vegetables

<http://ajl.sagepub.com/cgi/content/abstract/7/5/304?etoc>

Lifestyle Approach for Increasing Physical Activity in Youth

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Childhood Obesity and the Metabolic Syndrome

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School Nutrition Programs: Challenges and Opportunities

<http://ajl.sagepub.com/cgi/content/abstract/7/5/333?etoc>

Understanding the Past; Shaping the Future

<http://ajl.sagepub.com/cgi/content/full/7/5/346?etoc>

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The Role of Stores, Schools, and Fast Food, 1994-2010

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***Annals of Internal Medicine*, November 12, 2013**

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***Annals of Nutrition & Metabolism*, Online First, November 7, 2013**

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Intake of Fatty Acids in General Populations Worldwide Does Not Meet Dietary Recommendations to Prevent Coronary Heart Disease: A Systematic Review of Data from 40 Countries

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Contribution of the Intestinal Microbiota to Human Health and Disease

<http://www.karger.com/Journal/Issue/261259>

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<http://www.karger.com/Article/FullText/354894>

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<http://www.karger.com/Article/FullText/354896>

Clinical Consequences of Diet-Induced Dysbiosis

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Evidence that a tax on sugar sweetened beverages reduces the obesity rate: a meta-analysis

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Water and beverage consumption among adults in the United States: cross-sectional study using

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Clinical Nutrition, Articles in Press, November 2013

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Randomised trial of the effects of individual nutritional counseling in cancer patients

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(Subscription required)

-Looking Back on Look AHEAD

-Growing Coverage for Diabetes Prevention Counseling

-Drugs and Diet Less Effective for Type 2 Diabetes in Youth

-Low-Carb vs Low-Fat in Type 2 Diabetes: What Are the Real-World Outcomes?

-Can the Ornish Diet Reverse the Aging Process?

Diabetes Educator, November/December 2013

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Goal Setting With Type 2 Diabetes

A Hermeneutic Analysis of the Experiences of Diabetes Educators

<http://tde.sagepub.com/content/39/6/811.abstract>

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<http://tde.sagepub.com/content/39/6/856.abstract>

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ICU Director, November 2013

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Adult self-reported and objectively monitored physical activity and sedentary behavior: NHANES 2005-2006

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Emerging therapeutic targets for T2DM

http://www.nature.com/nrendo/collection/type2-diabetes-mellitus/index.html?WT.mc_id=TOC_NatRevEndo_1309_DIABETES

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Weight maintenance and additional weight loss with liraglutide after low-calorie-diet-induced weight loss: The SCALE Maintenance randomized study

http://www.nature.com/ijo/journal/v37/n11/abs/ijo2013120a.html?WT.ec_id=IJO-201311

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Long-term Drug Treatment for Obesity: A Systematic and Clinical Review

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Invited Commentary

DASH for Less Cash?

<http://archinte.jamanetwork.com/article.aspx?articleid=1733449>

Research Letter

The DASH Diet and Diet Costs Among Ethnic and Racial Groups in the United States

<http://archinte.jamanetwork.com/article.aspx?articleid=1733451>

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Invited Commentary

Maintaining a Healthy Body Weight Is Paramount

<http://archinte.jamanetwork.com/article.aspx?articleid=1770519>

Obesity and Late-Age Survival Without Major Disease or Disability in Older Women

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Renal Dietitians Lack Time and Resources to Follow the NKF KDOQI Guidelines for Frequency and Method of Diet Assessment: Results of a Survey

[http://www.jrnjournal.org/article/S1051-2276\(12\)00177-X/abstract](http://www.jrnjournal.org/article/S1051-2276(12)00177-X/abstract)

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<http://www.nejm.org/toc/nejm/medical-journal>

Perspective: How Early Should Obesity Prevention Start?

<http://www.nejm.org/doi/full/10.1056/NEJMp1310577?query=TOC>

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<http://onlinelibrary.wiley.com/doi/10.1111/nbu.2013.38.issue-4/issuetoc>

Placental HIV transmission and vitamin D: Nutritional and immunological implications

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.12061/abstract>

The 2013 FAO report on dietary protein quality evaluation in human nutrition: Recommendations and implications

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.12063/abstract>

Performance Food: Promoting foods with a functional benefit in sports performance

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.12065/abstract>

Nutrition Journal, Articles in Press, November 2013

<http://www.nutritionj.com/content>

A daily glass of red wine associated with lifestyle changes independently improves blood lipids in patients with carotid arteriosclerosis: results from a randomized controlled trial

<http://www.nutritionj.com/content/12/1/147/abstract>

Alternate day fasting for weight loss in normal weight and overweight subjects: a randomized controlled trial

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Effects of coenzyme Q10 supplementation (300 mg/day) on antioxidation and anti-inflammation in

coronary artery disease patients during statins therapy: a randomized, placebo-controlled trial
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Nutrition Research, Articles in Press, November 4, 2013

<http://www.sciencedirect.com/science/journal/aip/02715317>

Review of nutrient actions on age-related macular degeneration

<http://www.sciencedirect.com/science/article/pii/S0271531713002674>

Preventing Chronic Disease, October 2013

http://www.cdc.gov/pcd/current_issue.htm#Oct

Community-Based Interventions in Prepared-Food Sources: A Systematic Review

http://www.cdc.gov/pcd/issues/2013/13_0073.htm

Partnering With Community Institutions to Increase Access to Healthful Foods Across Municipalities

http://www.cdc.gov/pcd/issues/2013/13_0011.htm

Improving Fruit and Vegetable Consumption Among Low-Income Customers at Farmers Markets: Philly Food Bucks, Philadelphia, Pennsylvania, 2011

http://www.cdc.gov/pcd/issues/2013/12_0356.htm

School Nutrition, November 2013

(Subscription required)

http://www.schoolnutrition.org/Level2_SNAMAG.aspx?id=19509

-A Wellness Wake-up Call

School breakfast is at the core of a commitment to creating a healthy school environment

-Meals on the Move

Just as important as determining *what* to serve for breakfast is determining *how* to serve it

Trauma, Violence, & Abuse, November 13, 2013

<http://tva.sagepub.com/content/early/recent>

Should Child Obesity be an Issue for Child Protective Services?

A Call for More Research on this Critical Public Health Issue

<http://tva.sagepub.com/content/early/2013/11/12/1524838013511544.abstract>

The Academics Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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1777. RE: Finance and Audit Committee meeting on Tuesday, November 19th at 1 p.m. CST

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Nov 15, 2013 10:17:22
Subject: RE: Finance and Audit Committee meeting on Tuesday, November 19th at 1 p.m. CST
Attachment:

All,

Yes, hard to believe, but, we have another Finance and Audit Committee meeting on Tuesday, November 19th at 1 p.m. CST. You will receive the webinar notification either today or Monday. Also, Maria will put the information onto the portal today and let you know when it is available.

We are still processing all of the preliminary October financial information. Therefore we won't be able to provide it to you until next week. Having the FAC meeting a week early has made it difficult to process all of the bills from FNCE. Some of which, still, have not been provided to us. We will record the "budget" on expenses wherever we need to. However, I would prefer to have as many "actual" expenses as possible. On Tuesday, we should have more accurate information and will share with you then our progress and results.

Even with the limited October information, we have a full agenda this month. In addition to the finances, we have to approve the 2015 budget parameters and we have a request from ACEND

for funding support. Since the ACEND funding request will require a quorum of the committee to vote, please let me know if you cannot attend the meeting.

Even though I can't provide to you the October financials, I can provide some of our "usual" information.

I. September Changes

- There was only one change from the September financial package and it did not affect September. The General Mills grant was originally budgeted to be provided to the Foundation in October. This was moved to January. So, when looking at the budget distribution on page A3, you might notice the October and January 2014 budget revenue changed. Even though General Mills has stepped up to increase the grants from \$500,000 to \$1,000,000 we did not change the overall budget. So, we should see an over-run in revenue in January for the Foundation.

II. Investments

- Even though we are not done with all of October, I can tell you that the investments were very good. Investments returned a combined \$1,450,414 in October. Through October, this brings our total to \$2,644,229. This is more than double the amount we budgeted through the same period of time. Through yesterday, November 14th, the combined portfolio is up another \$735,000. It is hard to say what the rest of the month will bring. I will admit, I am beginning to get a little nervous in the short term. That being said, Al believes stocks still have room to run upward. Given that interest rates are low, there is very limited inflation on the horizon and the FED has signaled it may continue the stimulus, the best place to have money is in equities. I agree with him. However, there will be another "budget fight" in Washington after the beginning of 2014. So, we need to keep our eyes on this situation. Even that may only cause a short term hick-up. I am an "old school" investor. I never like seeing stocks continue to go straight-up without some correction. History would indicate there will be one coming. If it does happen, it should be a short term issue that will allow people to add more money to the market and drive it back upwards.

III. FNCE Update

We don't have October done quite yet. The primary reason is the expenses are not done. On the revenue front, we have most of this completed. Right now it looks like FNCE generated \$4,507,234 in revenue. We budgeted \$4,524,838. The net result was a shortfall in revenue of.....wait for itdrum roll please\$17,604!! Even though some revenue areas did better and some didn't do as well, the overall result comes in at 99.6% of budget. Not too bad!!!

The staff did a great job when the budgets were developed. There will be some adjustments as we go forward. Most of which will be requests for refunds for those registrants who could not make FNCE due to medical or family emergencies. This should be small. We also have factored in the remaining amount of the Houston guarantee. This was requested last week and Houston is reviewing our information. I don't expect any issues with them paying out the final installment.

I would expect that overall, once travel is factored into the equation, the FNCE expenses will be lower than budget as well. Again, there will be some that are over budget and some that are under budget. That happens when you are forecasting 18 months out and things change. If my projection that our overall expenses will be lower comes true, then FNCE should generate more income for the Academy than was budgeted. Hopefully, we can provide an update on Tuesday.

I will stop here with the good news. Robert Miller just informed me he will be sending out the webinar request. So, please look for it in your e-mail. Also, if anyone can't attend, please let me know as soon as possible. Have a great weekend.

Paul

1778. Reminder: Tell us about your research experience and enter a drawing for a FREE 2014-15 Academy Membership!

From: Dietetics Practice Based Research Network <DPBRN@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 15, 2013 09:59:27
Subject: Reminder: Tell us about your research experience and enter a drawing for a FREE 2014-15 Academy Membership!
Attachment:

Tell us about your research experience and enter a drawing for a FREE 2014-15 Academy Membership!

Having trouble viewing this e-mail? View it in your browser.

Greetings!

Take 20 minutes of your day to complete the Research experience and perceived obstacles of Dietetics Practice Based Research Network (DPBRN) members and non-members survey and be entered in a drawing for a complimentary 2014-15 Academy of Nutrition and Dietetics membership!

You have been selected to participate in a research study about your experience with research. Your input may provide information of value for the field of nutrition and dietetics and will help the DPBRN of the Academy of Nutrition and Dietetics improve and cater their programs and services to best serve your needs and those of other dietitians/nutritionists and dietetic technicians. The survey takes about 20 minutes to complete, is completely anonymous, meaning that your identity cannot be connected in any way to your survey answers, and it is voluntary, so you can opt out at any time. If you complete the survey, you will be entered into a drawing for a complimentary 2014-15 Academy of Nutrition and Dietetics membership. Drawing will take place one week after the survey closes and the winner will be notified via e-mail. You must be 18 years or older to participate in the survey and the drawing. The survey will be open for one more week.

To access the survey, please click [here](https://www.surveymonkey.com/s/DPBRNknowledgeneeds). If the survey does not open automatically, please copy and paste the link to your internet browser's address bar:

<https://www.surveymonkey.com/s/DPBRNknowledgeneeds>. Questions about this survey? E-mail: christine.dougherty2@my.liu.edu.

Thank you for your time!

Sincerely,

Christine Dougherty, RDN, graduate student, Long Island University (LIU) Post, Brookville, NY

Rosa K. Hand, MS, RDN, LD, senior manager of the Dietetics Practice Based Research Network (DPBRN) at the Academy of Nutrition and Dietetics in Chicago, IL

Jerrilynn D. Burrowes, PhD, RD, CDN, professor and chair of the Department of Nutrition at Long Island University (LIU) Post, Brookville, NY

Share this mailing with your social network:

This email was sent to you as member of the Academy of Nutrition and Dietetics.
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You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1779. RE: More good news....Award Winning Academy!

From: Mary Pat Raimondi <mraimondi@eatright.org>
To: Patricia Babjak <PBABJAK@eatright.org>, 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KMcClusky@iammorrison.com' <'KMcClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, NancyLewis1000@gmail.com <NancyLewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Nov 15, 2013 09:05:56
Subject: RE: More good news....Award Winning Academy!
Attachment: [image002.png](#)
[image003.png](#)

I would like to add my thanks and kudos to my colleagues on this publication. We take the wonderful pieces on our Capitol Hill visits to give to Hill staffers. The image of this piece suddenly changes our image as well. It is such a consumer friendly piece that they no longer see our issues as abstract.

The connection of Food and Nutrition as the title suggest then is embedded in these policy makers minds!

Mary Pat Raimondi, MS RDN

Vice President, Strategic Policy and Partnerships

**Academy of Nutrition and Dietetics
1120 Connecticut Avenue NW- Suite 480**

Washington, DC 20036

phone: 312.899.1731 (new direct line)

fax: 202.775.8284

mraimondi@eatright.org

www.eatright.org

From: Patricia Babjak

Sent: Tuesday, November 12, 2013 2:59 PM

To: 'glenna@glennamccollum.com'; 'connors@ohsu.edu'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; 'becky@beckydorner.com'; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'linda.farr@me.com'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandrafgill@comcast.net'

Cc: Executive Team Mailbox; Alison Steiber; Chris Reidy; Mary Ann Taccona; Karen Lechowich; Doris Acosta; Susan Burns

Subject: More good news....Award Winning Academy!

I am extremely proud to share that the Academy just won **ten** 2013 MarCom Awards! Sponsored by the Association of Marketing and Communication Professionals, the MarCom Awards honor excellence in concept, writing and design of print, visual, audio and web materials and programs. This prestigious competition has grown to perhaps the largest of its kind in the world, with about 6,000 entries per year – from corporate marketing and communication departments, advertising agencies, PR firms, design companies, production companies and freelancers.

The Academy received Platinum Awards for:

- *Food & Nutrition Magazine* “Stone Soup” blog (Website Element/Blog category)
- Home Food Safety Program “Is My Food Safe?” (Mobile & Web-Based Technology/Mobile App)
- *Food & Nutrition Magazine* (Writing/Magazine)
- *Food & Nutrition Magazine* (Magazine/Association)

We received Gold MarCom Awards for:

- Foundation Kids Eat Right “Nourish to Flourish” (Website Element/Infographic)
- Home Food Safety Program “Is My Food Safe?” (Design Web/Mobile App)
- Home Food Safety Program website (Website Redesign)
- *Food & Nutrition Magazine* (Photography/Magazine)
- *Food & Nutrition Magazine* “Inspire” (Photography/People/Portrait)
- *Food & Nutrition Magazine* “Made in USA” (Writing/Feature Article)

Congratulations to all who were involved in the creation and production of these outstanding communications pieces under the direction of Mary Beth Whalen, Doris Acosta and Liz Spittler.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1780. RE: Attachment

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Nov 14, 2013 18:08:48
Subject: RE: Attachment
Attachment:

Donna,

Mary,

I will book 8 a.m. CST. on Monday. If anything changes, let me know. Please use the call in number for the FAC call.

Call in number 866-477-4564

Conference code: 9431787218#

Paul

From: DMartin@Burke.k12.ga.us
Sent: Thursday, November 14, 2013 2:19 PM
To: Paul Mifsud; peark02@outlook.com
Subject: Re: Attachment

Paul and Mary, I am going to a wedding in Charleston, SC on Friday, so I am out of pocket then. I can do anytime Monday between 8 am and noon.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 11/14/2013 2:21 PM >>>

Donna,

Mary,

When you get a chance, I would like to talk to you about this document. ACEND is asking for about \$150,000. Do you have time tomorrow or Monday morning? Let me know.

Paul

1781. RE: Attachment

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Nov 14, 2013 16:14:11
Subject: RE: Attachment
Attachment:

Donna,

Mary,

I will put us down as 8 CST. on Monday morning. We can use the call in number we use for the FAC: 866-477-4564. Participant code: 9431787218#

If something changes, let me know.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Thursday, November 14, 2013 2:19 PM
To: Paul Mifsud; peark02@outlook.com
Subject: Re: Attachment

Paul and Mary, I am going to a wedding in Charleston, SC on Friday, so I am out of pocket then. I can do anytime Monday between 8 am and noon.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
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706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 11/14/2013 2:21 PM >>>

Donna,

Mary,

When you get a chance, I would like to talk to you about this document. ACEND is asking for about \$150,000. Do you have time tomorrow or Monday morning? Let me know.

Paul

1782. Attachment

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Sent Date: Nov 14, 2013 14:21:15
Subject: Attachment
Attachment: [ACEND Standards Development Phase 1 and Phase 2 Budget and Timeline 10-9-13.pdf](#)

Donna,

Mary,

When you get a chance, I would like to talk to you about this document. ACEND is asking for about \$150,000. Do you have time tomorrow or Monday morning? Let me know.

Paul

1783. FW: Hilary Knight PSA

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>
Sent Date: Nov 13, 2013 16:06:34
Subject: FW: Hilary Knight PSA
Attachment: [image001.png](#)

This past year, the Strategic Communications Department worked with the PR team for a USA Women's hockey player, Hilary Knight. Hilary is a member of the silver medal team in the 2010 winter Olympics. She was interested in getting involved with children's health and nutrition. We filmed a PSA video with Hilary and the USOC team dietitian in Boston highlighting the importance of an RD and the Kids Eat Right program. Below is an overview of the PSA stats. We may not be a household name yet, but we are aiming to change that! Following is a link to the PSA <http://www.eatright.org/foundation/kidseatright/>.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Ryan O'Malley

Sent: Wednesday, November 13, 2013 2:16 PM

To: Mary Beth Whalen; Susan Burns; Katie Brown; Beth Labrador

Cc: Doris Acosta

Subject: Hilary Knight PSA

Hi All,

I was speaking with the rep from the company that helped us distribute the KER/Hilary Knight PSA. I asked her if she could put our video into perspective against other campaigns so that we could know where we stand and what to work on in the future. I think you'll be pleased with her analysis...

To offer some perspectives, when I personally evaluate how a campaign is doing, I look at the number of stations airing, quality of those stations (markets, as well as network affiliations), audience impressions and media value.

Your campaign, with 62 stations airing, 83.8 million impressions and \$1.7 million in media value is definitely on the higher end of the scope when I look at the results of other nonprofits. What's interesting to me, is that its the more well known nonprofit names that tend to garner high results because they are more recognized among public service directors. So first off, I think the Academy did well making it into that circle as a nonprofit that's not as much of a household name.

Looking at the higher end campaigns, one high profile nonprofit garnered 55 stations, with 62.5 million impressions (almost 20 million less!). Another campaign, not necessarily high profile, garnered 38 stations and 13.5 million impressions (although this campaign was released a few months after yours). For now, I'd put these results in the low middle range.

As far as quality of stations, you certainly have great markets. You also have excellent representation among the key networks. As a breakdown, 23% of stations are NBC affiliates, 23% Fox, 21% ABC, and CBS 19%. This leaves only a small balance, 14% for other networks, including independents, CW, My 9, etc. We feel that the acceptance among the Big 5 is a result of the very timely subject matter. Quite honestly, WABC here in New York is a tough nut to crack, yet they are airing your spot.

Finally, I note that you have a higher concentration of airings during the daytime, no doubt reaching moms and parents. Roughly 50% of your airings occurred between 5am and 4pm. In addition, only 22% of your airings were in the overnight hours, whereas normally we see about 30%. And 5% of airings were in prime time. We usually only see 2-3% in prime time. So it looks like airings for your campaign shifted to better play during the day and in prime time.

Ryan O'Malley

Media Relations Manager

Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

(312) 899-4769

<http://www.eatright.org/media>

Facebook | Twitter | YouTube

1784. Eat Right Weekly - November 13, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 13, 2013 14:55:15
Subject: Eat Right Weekly - November 13, 2013
Attachment:

Eat Right Weekly
November 13, 2013

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[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
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[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Academy Supports FDA's Move to Eliminate Artificial Trans Fats

The Food and Drug Administration has tentatively determined that partially hydrogenated oils (PHOs), which are the primary dietary source of industrially produced trans fatty acids, or trans fat, are not generally recognized as safe (GRAS) for any use in food based on current scientific evidence. the Academy plans to comment in support of FDA's effort, which is consistent with the *Dietary Guidelines for Americans*, to reduce artificial trans fats from the food supply.

[Learn More >>](#)

Academy Urges USDA to Enhance Nutrition in SNAP, Improve Program's Integrity

The Academy recently advocated for increased access to healthy food choices for Supplemental Nutrition Assistance Program (SNAP) participants and encouraged USDA's Food and Nutrition Service to be diligent in its efforts to minimize misuse of the system.

[Learn More >>](#)

SNAP Families Lose 21 Meals Each Month

On November 1, 47 million people - half of whom are children - saw a decrease in their SNAP benefits, equating to about \$36 per month, or 21 meals per month. This cutback in SNAP benefits is due to the expiration of the 2009 economic stimulus package, the American Recovery and Reinvestment Act. As Congress discusses the fate of the Farm Bill, SNAP could be subjected to even deeper cuts.

[Learn More >>](#)

Academy Supports Use of Sesame Street Characters to Promote Fruits and Vegetables to Kids

The Academy of Nutrition and Dietetics commended First Lady Michelle Obama's announcement - as part of the *Let's Move!* initiative - that the Sesame Workshop and the Produce Marketing Association have joined the Partnership for a Healthier America in a two-year agreement to help promote fresh fruit and vegetable consumption to kids.

[Learn More >>](#)

Call for Comments: EHR/PHR Nutrition Best Practices Implementation Guide

Ninety percent of U.S. hospitals are now on track to adopt Electronic Health Record technology by 2015 as mandated by the HITECH Act. To facilitate implementation of EHR systems, the Academy's Nutrition Informatics Committee has drafted a guide that shares references, suggestions and lessons learned from fellow registered dietitian nutritionists and facilities. Members are encouraged to download a copy of the draft guide and make recommendations by November 23, after which a final guide will be released.

[Learn More >>](#)

Technologies Advance Diabetes Management

Consumers can participate in personalized "mhealth" - or mobile technology - to help self-manage chronic diseases such as diabetes. Technology can be a useful tool in counseling and patient engagement. During National Diabetes Month, learn about health care technologies that help your patients manage their blood glucose.

[Learn More >>](#)

Save the Date: Academy's 2014 Public Policy Workshop

The Academy will host its annual Public Policy Workshop in Washington, D.C., March 30 to April 1, 2014. Join nearly 500 of your fellow Academy members at one of the world's largest food and nutrition advocacy summits. PPW offers top nutrition leadership and communications training, professional connections with nutrition experts and face-to-face conversations with members of Congress.

[Learn More >>](#)

CPE Corner

New Schedule of CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

New Continuing Education Opportunity: Medicare-Compliant Obesity Program

The Academy has collaborated with Nutrition Dimension, a division of Gannett Healthcare Group, to tackle the obesity epidemic. A new 12-hour online continuing education course titled "Obesity Management: A 911 Call to American Healthcare" is available for registered dietitian nutritionists and features content and resources contributed by the Academy. Enjoy a 15 percent discount if you take the course by December 15.

[Learn More >>](#)

Webinar: Medical Nutrition Therapy for Kidney Stones

Medical nutrition therapy can control and prevent urolithiasis (kidney stones) of various etiologies. With information provided in a December 4 webinar, the practitioner will understand the metabolic and environmental risk factors that lead and/or contribute to the formation of urinary tract calculi and will be able to formulate and apply a rational nutrition treatment regimen for prevention.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease (CKD) and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

Career Resources

Deadline Extended: Call for FNCE 2014 Educational Sessions

The deadline to submit a proposal for innovative, cutting-edge educational sessions at the 2014 Food & Nutrition Conference & Expo has been extended to Monday, November 18, at 11:59 p.m. Central Time. FNCE 2014 in Atlanta, Ga., will feature more than a dozen session tracks, from "Child Health Issues" and "Culinary Explorations" to "Technology for Practice" and "Wellness and Prevention."

[Learn More >>](#)

Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV, video or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national spokespeople.

[Learn More >>](#)

Journal Editor's Podcast: Nutritional Genomics, Part 2

Part 2 of a three-part podcast series on nutritional genomics is available now on the *Journal's* website.

[Learn More >>](#)

New Opportunity: Become a Fellow of the Academy of Nutrition and Dietetics

Designation as a Fellow of the Academy of Nutrition and Dietetics (FAND) recognizes your professional accomplishments, valuable service to the profession and public and pursuit of lifelong learning. By earning the right to include the FAND initials among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition professionals.

[Learn More >>](#)

"Nourish to Flourish" Infographic

Be a part of the solution to the hunger and obesity paradox by raising awareness, getting involved and supporting programs that help food insecure families have consistent access to healthy foods. See the new Kids Eat Right "Nourish to Flourish" infographic and share it with others.

[Learn More >>](#)

November Book of the Month

Save 10 percent on the Academy's *Pocket Guide to Lipid Disorders, Hypertension, Diabetes and Weight Management* (updated 2012). Put the Nutrition Care Process to work with this practical guide covering four conditions that registered dietitian nutritionists commonly see in practice. The guide features assessment tools, PES statements, the latest from the Evidence Nutrition Practice Guidelines, tips for documentation and more.

[Learn More >>](#)

Academy Member Updates

Slate of Candidates: 2014 Ballot

The Academy's Nominating Committee is pleased to announce the slate of candidates for the 2014 ballot. Voting takes place February 1 through February 22. Thank you to all who participated in the nominations process.

[Learn More >>](#)

Now Playing at Sam's Club Stores: Academy's Videos

Just in time for the holidays, the Academy has arranged for RD Recipe videos from the Home Food Safety Program and How Do I... videos to be shown in Sam's Club stores nationwide - in more than 600 locations in the United States, with 24 million monthly views.

More Accolades for Award-Winning Academy Communications

The Academy has won ten 2013 MarCom Awards, a competition for those involved in the concept, writing and design of print, visual, audio and web materials and programs. This prestigious competition has grown to perhaps the largest of its kind in the world, with about 6,000 entries per

year - from corporate marketing and communication departments, advertising agencies, PR firms, design companies, production companies and freelancers.

[Learn More >>](#)

Top Innovators in Dietetics Practice and Education

The Council on Future Practice announces the top two innovators from the fifth annual Food & Nutrition Conference Expo's Innovations in Dietetic Practice and Education session.

[Learn More >>](#)

Submit Nominations for 2014 Academy Honors and Awards

The Academy is shining the spotlight on outstanding food and nutrition practitioners and supporters of the profession through its national Honors and Awards program. Don't miss this chance to honor those who have advanced the profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields.

[Learn More >>](#)

CMS Announces Quality Data Reporting Change

The Centers for Medicare and Medicaid Services has modified the hospital quality measures data reporting requirements under its Inpatient Prospective Payment System (IPPS) and the Hospital Inpatient Quality Reporting (HIQR) program. A synopsis of the modifications as they affect The Joint Commission accountability measures and ORYX core measure reporting requirements is available.

[Learn More >>](#)

Joint Commission's Advanced Certification in Inpatient Diabetes

The Certificate of Distinction for Inpatient Diabetes Care recognizes hospitals that make exceptional efforts to foster better outcomes across all inpatient settings. Achievement of certification signifies that the services you provide have the critical elements to achieve long-term success in improving outcomes. Sandra McNeil, MA, RD, CDN, FADA, the Academy's representative to The Joint Commission's Expert Technical Panel, reviewed the Certificate of Distinction for Inpatient Diabetes Care accredited standards to include the registered dietitian nutritionist and nutrition assessment and therapy services.

[Learn More >>](#)

Pioneer Network Starter Toolkit: Engaging Staff in Individualized Care

The New Dining Practice Standards are clinical standards that assist nursing homes' support of individuals living or staying there to eat the food that they want to eat. This is a "starter toolkit" with how-to information for initiating and strengthening these practices. To support implementation,

each topic area in the toolkit includes a tip sheet, an exercise to generate conversation among staff and a video or audio clip to support that conversation.

[Learn More >>](#)

NCQA's Patient-Centered Medical Home Certification

The PCMH Content Expert Certification highlights comprehensive knowledge of the requirements, application process and documentation of the NCQA PCMH Recognition Program. This prestigious and professional credential positions recipients as experts in the field who are aligned with NCQA's mission to improve the quality of health care.

[Learn More >>](#)

2014 Eat Right Calendar on Sale

Celebrate the New Year all year with 12 months of food-related photos taken by your colleagues. The 2014 Eat Right calendar, published by the *Journal of the Academy of Nutrition and Dietetics*, features photos taken by the finalists in the *Journal's* annual photo contest and includes dozens of important dates for food and nutrition practitioners.

[Learn More >>](#)

Looking for Healthy, Low-Cost Recipes?

Visit the new Healthy Food Bank Hub to find recipes and resources for eating well on a budget. The Healthy Food Bank Hub is a collaborative effort of Feeding America, member food banks, the National Dairy Council and the Academy.

[Learn More >>](#)

Kids LiveWell Recipe Challenge

The National Restaurant Association is accepting applications for the second annual Kids LiveWell Recipe Challenge. Sponsored by founding partner McCormick For Chefs and Healthy Dining's team of registered dietitians, the Challenge takes an "industry tested, kid approved" approach. Submit your delicious and nutritious kids' menu items by December 15 for a chance to be recognized for your efforts in children's nutrition. Awards will be presented at the 2014 NRA Show in May.

[Learn More >>](#)

Philanthropy, Awards and Grants

December 1 Deadline: Foundation's CDR Simulation Development Grant

One or more grants totaling \$200,000 for the development of interactive practice simulations that address Accreditation Council for Education in Nutrition and Dietetics-supervised practice

competencies are available through the Foundation.

[Learn More >>](#)

December 1 Deadline: CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

February 1 Deadline: Foundation Awards

The Foundation offers awards for continuing education, international and program development awards.

[Learn More >>](#)

February 1 Deadline: Food Safety Student Challenge Scholarships

Nine scholarships of \$4,500 each are available through the Academy Foundation/ConAgra Foods Food Safety Student Challenge, developed as part of the Home Food Safety campaign.

[Learn More >>](#)

Make a Difference in the Future of the Dietetics Profession

"As a past scholarship recipient, the Foundation's generosity and support allowed me to pursue my career goals and become a registered dietitian. Without the support of the Foundation I would not be where I am today and I am ever so grateful for the opportunities provided. It is my goal to give back a small portion of what the Foundation has invested in me through a yearly donation, and as a young professional, I hope I can impact the lives of those who are walking down the road I once traveled."

- Meghan Windham, MPH, RD, LD

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1785. Daily News: Wednesday, November 13, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 13, 2013 10:49:41
Subject: Daily News: Wednesday, November 13, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Statins Get High Marks in New Cardiac Prevention Guidelines

<http://www.medpagetoday.com/Cardiology/Prevention/42872>

Source: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines

2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk

<http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437741.48606.98.full.pdf+html>

2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk

<http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437740.48606.d1.full.pdf+html>

2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults

<http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437738.63853.7a.full.pdf+html>

2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults:

<http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee.full.pdf+html>

Not on cholesterol meds? New guidelines may change that

They include a call to create individualized weight loss plans and recommend counseling with a dietitian or other certified weight loss professional for at least six months

<http://www.11alive.com/news/article/312680/40/Not-on-cholesterol-meds-New-guidelines-may-change-that>

3 Things to Know About the New Cholesterol Guidelines

<http://well.blogs.nytimes.com/2013/11/12/3-things-to-know-about-the-new-cholesterol->

[guidelines/?ref=health&_r=0](#)

Factbox: U.S. heart disease statistics

<http://www.chicagotribune.com/news/sns-rt-us-usa-health-heart-factbox-20131112,0,4981958.story>

Dietitian group pushes for increased access to healthy foods

(Glenna McCollum , Academy President quoted)

<http://www.stonehearthnewsletters.com/dietitian-group-pushes-for-increased-access-to-healthy-foods/food-deserts/>

Source: Academy of Nutrition and Dietetics Encourages SNAP Changes to Increase Access to Healthy foods

<http://www.eatright.org/Media/content.aspx?id=6442478992#>

Gluten takes a beating from fads as grain giants pile on

<http://www.chicagotribune.com/sns-wp-blm-news-bc-grain-gluten12-20131112,0,3000840.story>

Typhoon leaves massive medical and health challenges

<http://www.usatoday.com/story/news/nation/2013/11/12/typhoon-philippines-medicine/3501039/>

Obese Older Women at Higher Risk for Death, Disease, Disability Before Age 85

<http://www.sciencedaily.com/releases/2013/11/131111161436.htm>

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1770523>

States Moving Beyond U.S. Minimum Wage as Congress Stalls

<http://www.businessweek.com/news/2013-11-12/states-moving-beyond-u-dot-s-dot-minimum-wage-as-congress-stalls>

How your company is watching your waistline

<http://www.nbcnews.com/health/how-your-company-watching-your-waistline-2D11577726>

Russian commuters can earn free subway ticket by doing squats

<http://www.foxnews.com/health/2013/11/13/russian-commuters-can-earn-free-subway-ticket-by-doing-squats/>

MedlinePlus: Latest Health News

- Aerobics Might Boost Brain Health for Older Adults
- Cells Show Signs of Faster Aging After Depression
- Could Low 'Brown Fat' Levels Be Tied to Higher Diabetes Risk?
- Heavy but healthy people still at risk of heart disease

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Health chat: Nutrition and more with dietitian

(Stacey Matavuli, RD quoted)

http://www.heraldtimesonline.com/free_access/health-chat-nutrition-and-more-with-dietitian-stacey-matavuli/article_63152e48-4bbd-11e3-99da-0019bb30f31a.html

Healthy Oshkosh: Making good food choices through the holidays

(Kate Yonke, RD quoted)

<http://www.thenorthwestern.com/article/20131110/OSH0405/311100022/Healthy-Oshkosh-Making-good-food-choices-through-holidays>

Meatless Monday: Cut back on meat for health and variety

(Diana Rice, RD quoted)

<http://www.dailyrecord.com/article/20131110/NJENT/311100019/>

Tailgating treats: Winners and losers

(By Patricia Bannan, RD)

<http://www.foxnews.com/health/2013/11/09/eat-this-not-that-tailgating-treats/>

5 foods that face changes with trans-fat ban

(Katherine Tallmadge, RD quoted)

<http://www.foxnews.com/health/2013/11/08/5-foods-that-face-changes-with-trans-fat-ban/>

The Healthy Table: Canned pumpkin adds nutrition to baked goods and breakfast

(Darlene Zimmerman, RD)

<http://www.freep.com/article/20131110/FEATURES02/311100011/maple-glazed-pumpkin-cookies-The-Healthy-Table>

Pomegranate: A seasonal jewel

(By Jennifer Dunavan, RD)

http://fremonttribune.com/news/local/pomegranate-a-seasonal-jewel/article_355283b8-70c7-5e82-bc34-3d56dbc853e8.html

Ways to keep your sweet treats healthy

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/11/12/ways-to-keep-your-sweet-treats-healthy/>

Coconut oil is the latest food trend offering health claims

(Marleen Swanson, RD quoted)

<http://gazette.com/coconut-oil-is-the-latest-food-trend-offering-health->

claims/article/1509202#LVivQZtMPDxb3LLA.99

Drive launched to make sure elderly eat well

(Natalie Kominek & Abby Hookey, UK Dietitians both quoted)

http://www.swindonadvertiser.co.uk/news/10803870.Drive_launched_to_make_sure_elderly_eat_well/

Quote of the Week

After a good dinner one can forgive anybody, even one's own relatives."

- Oscar Wilde

You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.

To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=24315

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-24315-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1786. More good news....Award Winning Academy!

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KM McClusky@iammorrison.com' <'KM McClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandalgill@comcast.net' <'sandalgill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Nov 12, 2013 14:59:09
Subject: More good news....Award Winning Academy!
Attachment: [image001.png](#)

I am extremely proud to share that the Academy just won **ten** 2013 MarCom Awards! Sponsored by the Association of Marketing and Communication Professionals, the MarCom Awards honor excellence in concept, writing and design of print, visual, audio and web materials and programs. This prestigious competition has grown to perhaps the largest of its kind in the world, with about 6,000 entries per year – from corporate marketing and communication departments, advertising agencies, PR firms, design companies, production companies and freelancers.

The Academy received Platinum Awards for:

- *Food & Nutrition Magazine* “Stone Soup” blog (Website Element/Blog category)
- Home Food Safety Program “Is My Food Safe?” (Mobile & Web-Based Technology/Mobile App)

- *Food & Nutrition Magazine* (Writing/Magazine)
- *Food & Nutrition Magazine* (Magazine/Association)

We received Gold MarCom Awards for:

- Foundation Kids Eat Right “Nourish to Flourish” (Website Element/Infographic)
- Home Food Safety Program “Is My Food Safe?” (Design Web/Mobile App)
- Home Food Safety Program website (Website Redesign)
- *Food & Nutrition Magazine* (Photography/Magazine)
- *Food & Nutrition Magazine* “Inspire” (Photography/People/Portrait)
- *Food & Nutrition Magazine* “Made in USA” (Writing/Feature Article)

Congratulations to all who were involved in the creation and production of these outstanding communications pieces under the direction of Mary Beth Whalen, Doris Acosta and Liz Spittler.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1787. FW: Meeting of the Patient Centered Medical Home/Accountable Care Organization Workgroup

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>
Cc: Paul Mifsud <PMifsud@eatright.org>
Sent Date: Nov 12, 2013 10:59:52
Subject: FW: Meeting of the Patient Centered Medical Home/Accountable Care Organization Workgroup
Attachment:

I'm sharing with you my decision to provide funding in the amount of \$10,000 for an unbudgeted meeting of the of the Patient Centered Medical Home/Accountable Care Organization workgroup to address the HOD dialogue and subsequent motion. We will of course look for ways to cut costs wherever possible within that project. Please let me know if you would like to discuss it with me.

Pat

Patricia M. Babjak

Chief Executive Officer

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Phone: 312/899-4856

Email: pbabjak@eatright.org

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From: Sonja Connor [<mailto:connors@ohsu.edu>]
Sent: Wednesday, November 06, 2013 2:48 PM
To: 'Ethan Bergman'; Patricia Babjak; glenna@glennamccollum.com
Subject: RE: Meeting of the Patient Centered Medical Home/Accountable Care Organization Workgroup

Great responsiveness!

Sonja

From: Ethan Bergman [<mailto:BergmanE@cwu.EDU>]
Sent: Wednesday, November 06, 2013 12:30 PM
To: PBABJAK@eatright.org; glenna@glennamccollum.com
Cc: bergmane@cwu.edu; Sonja Connor
Subject: Re: Meeting of the Patient Centered Medical Home/Accountable Care Organization

Workgroup

ditto and ditto!

Ethan Bergman

Ethan A. Bergman, PhD, RDN, CD, FADA

Immediate Past President

Academy of Nutrition and Dietetics

Associate Dean College of Education and Professional Studies &

Professor of Food Science and Nutrition

Department of Nutrition, Exercise, and Health Sciences

CWU Faculty Athletic Representative

400 E University Way

Ellensburg, WA 98926-7415

phone 509 963-1975

fax 509 963-1049

email bergmane@cwu.edu

>>><glenna@glennamccollum.com> 11/06/13 12:26 PM >>>

Excellent and necessary!

Glenna

Begin forwarded message:

From: Patricia Babjak <PBABJAK@eatright.org>

Date: November 6, 2013, 2:11:38 PM CST

To: Marsha Schofield <mschofield@eatright.org>

Cc: Harold Holler <HHOLLER@eatright.org>, Paul Mifsud <PMifsud@eatright.org>

Subject: Re: Meeting of the Patient Centered Medical Home/Accountable Care Organization
Workgroup

I have great confidence in your efforts to date and in moving forward, Marsha!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, IL 60606

Tel: 312/899-4856

E-mail: pbabjak@eatright.org

On Nov 6, 2013, at 1:33 PM, "Marsha Schofield" <mschofield@eatright.org> wrote:
Pat,

Thank you for your support of this additional funding. While we were initially trying to be prudent with Academy dollars, the HOD dialogue plus our conversations with Board members has led us to the conclusion that we need the outcomes of this workgroup faster than a conference call approach can accomplish. I'm confident that with a focused, face-to-face meeting the group can produce a strong set of recommendations in a more timely manner. I think we will realize a very good return on investment.

Thank you,
Marsha

Marsha Schofield, MS, RD, LD
Director, Nutrition Services Coverage
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, IL 60606
800-877-1600, ext. 4787
mschofield@eatright.org
www.eatright.org

From: Patricia Babjak
Sent: Wednesday, November 06, 2013 1:08 PM
To: Harold Holler
Cc: Marsha Schofield; Paul Mifsud
Subject: Re: Meeting of the Patient Centered Medical Home/Accountable Care Organization Workgroup

The proposal nicely captures the HOD dialogue and what's required to address the professional needs identified. I approve going forward with the initiative as outlined in light of the urgency and designated response timeline approved by HLT.

Pat

Patricia M. Babjak
Chief Executive Officer
Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On Nov 6, 2013, at 9:20 AM, "Harold Holler" <HHOLLER@eatright.org> wrote:
Hi Pat

This is follow-up to our conversation yesterday about a workgroup meeting of the Patient Centered Medical Home/Accountable Care Organization (PCMH/ACO). Due to the urgency put on this issue by the House of Delegates and the desire of our Board to support the efforts of the Coding & Coverage Committee, Marsha and I feel that a 2-3 day meeting of the 6 person PCMH/ACO workgroup would be best in order to achieve their charge. The charge is:

As a sub-group of the Coding and Coverage Committee, the workgroup will:

1. Review the Academy Medical Home Workgroup's 2009 report: "Patient-Centered Medical Home Strategic Plan" and develop recommendations for Academy leadership (CCC, BOD and/or HLT/HOD) regarding Academy strategies for advancing RD involvement in PCMHs;
2. Develop an Academy strategy for engaging members to take advantage of the opportunities that are presented with the PCMH and ACOs. Assess member resource needs on PCMH and ACO ; and
3. Identify new resources to educate members about the PCMH and ACO concepts to position RDs as an integral component of these health care delivery models (with focus on coverage/reimbursement) These opportunities for resource development will be evaluated for inclusion in the FY14 budget.

The budget to support this meeting would be 2391 (Coding and Coverage Committee). Please note this is an unfunded project that we felt could be completed via conference calls (we budgeted for conference calls, not a meeting). The cost of this unfunded meeting would be about \$10,000 would be used for lodging, transportation, per diem and food service. We would like to request your support for conducting this meeting, which will result in a \$10,000 overage for budget 2391. We feel strongly that this is good use of Academy dollars and feel that the overage will be beneficial to the membership/profession.

Will you support convening the workgroup meeting which will result in an overage to this budget?
Thanks for your consideration of this matter.

Harold

Harold J. Holler, RDN, LDN

Vice President, Governance & Practice

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120 S. Riverside Plaza, Suite 2000

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1788. Daily News: Tuesday, November 12, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 12, 2013 10:57:40
Subject: Daily News: Tuesday, November 12, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

How Much for Salad in a Bottle?

Pricey Veggie Juices Try to Move From Small Batch to Mass Audience; The Challenge of a 30 Day Shelf Life

<http://online.wsj.com/news/articles/SB20001424052702304868404579191873373528770>

Related Resource: Food and Nutrition Magazine

<http://www.foodandnutrition.org/July-August-2013/What-is-Cold-pressed-Juice/>

Alternative medicines are popular, but do any of them really work?

http://www.washingtonpost.com/national/health-science/alternative-medicines-are-popular-but-do-any-of-them-really-work/2013/11/11/067f9272-004f-11e3-9711-3708310f6f4d_story.html

Supplements may not guard against cancer, heart disease

<http://www.chicagotribune.com/health/sns-rt-us-supplements-cancer-20131111,0,1636178.story>

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=1767855>

Related Resource: Position- Nutrient Supplementation

<http://www.eatright.org/About/Content.aspx?id=8409>

Meat Products Could Raise Diabetes Risk: Study

<http://health.usnews.com/health-news/news/articles/2013/11/12/meat-products-could-raise-diabetes-risk-study>

Source: *Diabetologia*

<http://www.diabetologia-journal.org/>

Related Resource: Position Statement: Nutrition Therapy Recommendations for the Management of Adults With Diabetes

<http://care.diabetesjournals.org/content/36/11/3821.extract>

Rethinking Term Pregnancy

<http://well.blogs.nytimes.com/2013/11/11/importance-of-on-time-deliveries/?ref=health>

Source: American Congress of Obstetricians and Gynecologists

http://www.acog.org/About_ACOG/ACOG_Departments/Deliveries_Before_39_Weeks

Some vegetable oils may increase risk of heart disease, study says

<http://www.latimes.com/science/sciencenow/la-sci-sn-some-vegetable-oils-may-increase-risk-of-heart-disease-study-says-20131111,0,3531952.story#axzz2kRUqHE8R>

Source: *Canadian Medical Association Journal*

<http://www.cmaj.ca/>

Myth or fact? Coconut oil helps treat Alzheimers disease

<http://www.foxnews.com/health/2013/11/11/myth-or-fact-coconut-oil-helps-treat-alzheimers-disease/>

Taking testosterone to muscle up? Men might want to reconsider that

http://www.washingtonpost.com/national/health-science/taking-testosterone-to-muscle-up-men-might-want-to-reconsider-that/2013/11/11/d2b7c3d6-46fa-11e3-a196-3544a03c2351_story.html

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=1764051>

Adding Pounds, Then New Knees

http://well.blogs.nytimes.com/2013/11/11/adding-pounds-then-new-knees/?ref=health&_r=0

Well-Being Lessons for America's Largest Employers

<http://businessjournal.gallup.com/content/164885/lessons-america-largest-employers.aspx>

Too much of too little

A diet fueled by food stamps is making South Texans obese but leaving them hungry

<http://www.washingtonpost.com/sf/national/2013/11/09/too-much-of-too-little/>

The environmental costs of a Thanksgiving meal

http://www.washingtonpost.com/national/health-science/the-environmental-costs-of-a-thanksgiving-meal-food-miles-and-other-damage/2013/11/11/0d861954-44ee-11e3-b6f8-3782ff6cb769_story.html

Exposure to metal found in many electronics may double stroke risk

<http://www.foxnews.com/health/2013/11/12/metal-found-in-many-consumer-electronics-may-double-stroke-risk/>

Source: *PLOS ONE*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0077546>

O'Hare ranks second in healthiest food, survey finds

<http://www.chicagotribune.com/business/breaking/chi-ohare-food-20131108,0,2829625.story>

Pulses hit mainstream with improved nutrition gluten- free applications

<http://www.foodnavigator-usa.com/Markets/Pulses-hit-mainstream-with-improved-nutrition-gluten-free-applications>

Its jerky Jim but not as we know it. How KRAVE Jerky reinvented the meat snacks category

<http://www.foodnavigator-usa.com/Manufacturers/It-s-jerky-Jim-but-not-as-we-know-it-How-KRAVE-Jerky-reinvented-the-meat-snacks-category>

Monster is driving growth in the energy drinks category says CEO with new launches exceeding expectations

<http://www.foodnavigator-usa.com/Manufacturers/Monster-is-driving-growth-in-the-energy-drinks-category-says-CEO-with-new-launches-exceeding-expectations>

180,000 pounds of ready-to-eat salads and sandwich wrap products recalled

http://www.cnn.com/2013/11/11/health/grilled-chicken-salad-recall/index.html?hpt=he_c2

Related Resource: FDA

<http://www.fda.gov/safety/recalls/>

MedlinePlus: Latest Health News

-Gelatin Allergy May Mean Extra Care Is Needed With Flu Shot

-Mixing caffeine, alcohol common for underage drinkers

http://www.nlm.nih.gov/medlineplus/news/fullstory_142342.html

Registered Dietitians in the News

Going gluten-free in Colorado is popular, but comes with pitfalls

(Jessica Crandall, Academy Spokesperson quoted)

http://www.denverpost.com/fitness/ci_24501523/going-gluten-free-colorado-is-popular-but-comes

What parents should know about American school meals

(Dayle Hayes, RD quoted)

<http://www.startribune.com/lifestyle/kids-health/231082451.html>

Vegetables shift to center of the plate

(Hope Warshaw, RD quoted)

<http://www.usatoday.com/story/money/business/2013/11/09/vegetables-culinary-trends-restaurant-menus/3417879/>

Cook of the Week: Dietitian knows how to treat her family

(Christine Gallup, RD quoted)

<http://www.dailyherald.com/article/20131112/entlife/711139999/>

Gray Matters: Senior Center Without Walls helps isolated seniors

(Debby Krzesni, RD quoted)

http://www.times-standard.com boomers/ci_24504298/gray-matters-senior-center-without-walls-helps-isolated

Harmful trans fats may be on the way out

(By Suzanne Havala Hobbs, RD)

<http://www.newsobserver.com/2013/11/11/3363127/harmful-trans-fats-may-be-on-the.html#storylink=cpy>

Drama and music keep kids moving, too

(By Jeanine Stice, RD)

<http://www.statesmanjournal.com/article/20131112/LIFE/311120002/Drama-music-keep-kids-moving-too>

Lets talk turkey for Thanksgiving

(By Katie Wilhelmi, RD)

<http://www.nujournal.com/page/content.detail/id/547235/Let-s-talk-turkey-for-Thanksgiving.html?nav=5087>

Pour a glass of Concord grape juice for a nutrient-packed drink

(By Georgia Clark-Albert, RD)

<http://bangordailynews.com/2013/11/11/health/pour-a-glass-of-concord-grape-juice-for-a-nutrient-packed-drink/?ref=HealthBox>

What do nutrition labels really mean?

(Alan Barclay, Spokesman for the Dietitians Association of Australia quoted)

<http://www.couriermail.com.au/lifestyle/health/how-to-read-a-nutrition-label/story-fnihoypw-1226757882017>

Eat hot oatmeal on cold mornings and other winter diet secrets mom was right about

(By Jennifer Sygo, Dietitian/Canada)

<http://life.nationalpost.com/2013/11/12/jennifer-sygo-eat-hot-oatmeal-on-cold-mornings-and-other->

winter-diet-secrets-mom-was-right-about/

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or send a blank email to leave-24286-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1789. RE: Powerpoint for Denver

From: Becky Bielinski <bbielinski@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 11, 2013 12:32:01
Subject: RE: Powerpoint for Denver
Attachment: [image002.png](#)

Hello Donna,

Pearlie asked that I follow-up with you regarding your PowerPoint presentation for the November 22-24, 2013 Certificate of Training in Childhood and Adolescent Weight Management Program. We have switched to the CDR site to upload the PowerPoint files. Please use the instructions below to login and upload your presentation.

1. Go to www.cdrnet.org
2. To login choose the "Login" option on the upper right-hand side of the page.
3. Sign-in using your e-mail address and the password – welcome
4. On the purple banner, hover over the "Portal" option on the right-hand side and choose the "Library" option from the drop-down menu.
5. Click on the "November 2013 Childhood Faculty PowerPoint Files and Handouts" link located to the left.
6. Click on the "Upload Multiple Files" link located in the gray menu bar.
7. Scroll down to the bottom of the grey area and click on "add files" button (lower left side)
8. Browse for your file.
9. Click open.
10. To add another file choose "Add Files" button again to add another file to the list.
11. When you have all the files that you would like to add, click on the "Start Upload" button (lower left side). When upload had finished press "Continue."

12. Don't pay attention to the list of folder. Just stroll down to the bottom of the page and click on "Complete Upload" bar.

13. When you are done, please logout (upper right hand corner).

If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files. However, if the file is not too large, you can email it to me. I will acknowledge receipt of the e-mail.

Please let me know if you have any question about the above instructions.

Best,

Becky Bielinski, MA

Manager, Weight Management Programs

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4783

cdrnet.org

bbielinski@eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Friday, November 08, 2013 1:51 PM
To: Pearlie Johnson
Subject: Powerpoint for Denver

Pearlie, I was trying to double check my powerpoint for Denver's Child and Adolescent Weight Management Program and am not sure if I am using the right site. Is it: <https://app.box.com/> I had my log on as donnamartin and password donnawmc and it does not work. Then I thought we maybe had switched to a CDR site? Please set me straight so that I know it is right and the file is correct? Thanks and enjoy your weekend.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1790. FW: Great news!

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <'glenna@glennamccollum.com'>, 'connors@ohsu.edu' <'connors@ohsu.edu'>, 'bergmane@cwu.edu' <'bergmane@cwu.edu'>, 'KM McClusky@iammorrison.com' <'KM McClusky@iammorrison.com'>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <'easaden@aol.com'>, 'becky@beckydorner.com' <'becky@beckydorner.com'>, 'lbeseler_fnc@bellsouth.net' <'lbeseler_fnc@bellsouth.net'>, 'c.christie@unf.edu' <'c.christie@unf.edu'>, 'mgarner@cchs.ua.edu' <'mgarner@cchs.ua.edu'>, 'linda.farr@me.com' <'linda.farr@me.com'>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <'bkyle@roadrunner.com'>, 'joe.derochowski@connell-group.com' <'joe.derochowski@connell-group.com'>, 'sandra.gill@comcast.net' <'sandra.gill@comcast.net'>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Susan Burns <Sburns@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Nov 08, 2013 17:26:07
Subject: FW: Great news!
Attachment: [image001.png](#)

Just in time for the holidays, the Academy's RD Recipe videos, from our Home Food Safety Program, and our How Do I... videos will be distributed to Sam's Club nationwide, reaching over 600 locations in the US and generating 24 million monthly views.

Look for the videos to debut soon at a Sam's Club near you! We will promote this great news to members in next week's issue of *Eat Right Weekly*.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

1791. RE: Request for Joint Meeting of School Nutrition Association and Academy

From: Mary Beth Whalen <Mwhalen@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Susan Burns <Sburns@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Dee Crye <dcrye@eatright.org>
Sent Date: Nov 08, 2013 16:01:09
Subject: RE: Request for Joint Meeting of School Nutrition Association and Academy
Attachment:

Hi Donna. I have met Patti at several NDC sponsored meetings. I think she is terrific and it is about time they made her CEO! I would be happy to meet with her and you to discuss their Foundation and share some of our best practices. I checked with Pat's assistant and we are both available on December 17 from 9am until 1pm. Would that be enough time? I'm happy to share with Patti our position descriptions for the Foundation Director and Executive Director jobs. Just send me her email address. I will reach out to HR and get this information to pass along.

Thanks for your kind words. We are so proud of what the Foundation has accomplished over the years and it is thanks to the support of committed volunteers like you that we have enjoyed such success.

Mary Beth Whalen

VP External Affairs

Academy of Nutrition and Dietetics

Executive Director

Academy Foundation

120 South Riverside Plaza, Suite 2000

Chicago, IL. 60606-6995

mwhalen@eatright.org

www.eatright.org

What is your nutrition and physical activity score?

Take this 5 minute test to find out if you eat right.

<http://healthyfam.eatright-fnnpa.org/public/partner.cfm>

Brought to you by the Academy of Nutrition and Dietetics Foundation

From: DMartin@Burke.k12.ga.us

Sent: Friday, November 08, 2013 12:56 PM

To: Mary Beth Whalen; Patricia Babjak

Subject: Request for Joint Meeting of School Nutrition Association and Academy

Pat and Mary Beth,

Patti Montague, Chief Executive Officer of the School Nutrition Association (SNA) and School Nutrition Foundation, has asked me to contact you, both, to see if we could arrange a possible meeting of the Academy and the SNA in Chicago? Patti is the new CEO of the SNA, after having been on the staff for over 20 years. Their foundation, unlike ours, is struggling to be relevant and is in the infancy of a rebirth under Patti's watch. Patti really looks up to the Academy as the role model of how an Association and Foundation should operate.

The SNA vision, *Healthful meals and nutrition education are available to all children*, is very much in line with our vision of *We All Eat Right*. She would very much like to be able to sit down and meet with both of you to explore areas that we could work together on, and also to get some advice on how to re-structure their foundation. The current Director of the SNA Foundation has just resigned to pursue other opportunities that have arisen, and they think this is a perfect time to make some changes in their foundation staff. She has asked me to attend the meeting, if we can arrange one in the near future. When we cross checked our schedules we both had the following dates available for a possible meeting:

December 3

December 4

December 9

December 13

December 16

December 17

I hope that we can work this out, so that these two great organizations can pull our collective resources together and further both of our mutual visions. SNA will fund me to attend the meeting, if we can work it out.

I look forward to hearing back from you on this proposal for a meeting. Thanks and have a much deserved great weekend!

PS - She also asked if we would be willing to share our job description for our foundation director, as she is trying to rewrite their job description for the director they are recruiting.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1792. Your Chance to Shine - Become a Fellow of the Academy of Nutrition and Dietetics

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Nov 08, 2013 14:43:46
Subject: Your Chance to Shine - Become a Fellow of the Academy of Nutrition and Dietetics

Attachment:

Your Chance to Shine - Become a Fellow of the Academy of Nutrition and Dietetics

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Connect with the Academy:

Dear Donna:

The Academy has recently implemented a new member recognition program, and I would like to invite you to participate. For those who qualify, designation as a Fellow of the Academy of Nutrition and Dietetics (FAND) recognizes your professional accomplishments, valuable service to the profession and public, and quest for life-long learning. From a personal perspective, being a Fellow signifies not only tenure in the dietetics profession, but also living the Academys values of customer focus, integrity, innovation and social responsibility.

Hear what a member had to say about recently becoming a FAND:

"I am proud to be a Fellow of the Academy of Nutrition and Dietetics! The Academy is the premiere professional organization that I access to receive up to-the-minute, customer-friendly and scientifically-sound nutrition information, which I regularly utilize to educate my customers. Having my FAND gives me a unique platform to share my sustained commitment to the field of nutrition and dietetics."

Suzanna Nye, MS, RDN, FADA, FAND

I encourage you to take advantage of this new Fellowship recognition program too. By earning the right to include the initials FAND in your title line, you will let colleagues, clients and the public know that you have been welcomed as a recognized leader into the worlds largest organization of food and nutrition professionals.

Learn more about the program and start the online application today!

Applicants for the Academy Fellow program need a minimum of 5 years previous Academy membership and 5 cumulative years of full-time or part-time nutrition and dietetics employment. Those seeking the recognition must submit a fee as well as complete an online application by receiving a minimum of 100 points.

Sincerely,
Dr. Glenna McCollum, MPH, RDN
President 2013-2014
Academy of Nutrition and Dietetics

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1793. Daily News: Thursday, November 7, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 07, 2013 11:02:18
Subject: Daily News: Thursday, November 7, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Cells offer hope for Type 1 diabetes

http://www.cnn.com/2013/11/06/health/islet-cell-transplantation-diabetes/index.html?hpt=he_c2

Source: *Diabetes*

<http://diabetes.diabetesjournals.org/content/62/8/2890.abstract>

Related Resource: Position Statement: Nutrition Therapy Recommendations for the Management of Adults With Diabetes

<http://care.diabetesjournals.org/content/36/11/3821.extract>

Experts Recommend Universal Diabetes Testing for Pregnant Women at First Prenatal Visit

<http://www.sciencedaily.com/releases/2013/11/131105131904.htm>

Source: *Journal of Clinical Endocrinology and Metabolism*

<http://jcem.endojournals.org/content/98/11/4227.abstract>

Family Meals May Keep Kids, Parents at Healthy Weight

<http://health.usnews.com/health-news/news/articles/2013/11/06/family-meals-may-keep-kids-parents-at-healthy-weight>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20629/abstract>

Related Resource: Kids Eatright

<http://www.eatright.org/kids/>

F.D.A. Moves to Ban Trans Fats, Citing Health Concerns

<http://www.nytimes.com/2013/11/08/health/fda-trans-fats.html>

Firm reformulates sports supplement in wake of outbreak

<http://www.usatoday.com/story/news/nation/2013/11/06/usplabs-reformulating-oxyelite-pro-and-discontinuing-use-of-aegeline/3459235/>

Related Source: FDA Investigates Acute Hepatitis Illnesses Potentially Linked to Products Labeled OxyElite Pro

<http://www.fda.gov/Food/RecallsOutbreaksEmergencies/Outbreaks/ucm370849.htm>

Supplements Blamed for Liver Toxicity
(Presented at the American Association for the Study of Liver Disease meeting)
<http://www.medpagetoday.com/MeetingCoverage/AASLD/42744>

Cooking the Turkey Dinner, With a Little Help From My Phone

http://www.nytimes.com/2013/11/07/technology/personaltech/cooking-a-turkey-dinner-with-a-little-help-from-my-phone.html?ref=business&_r=0

Cook with a gas stove? You could be breathing polluted air, study says

<http://www.latimes.com/science/sciencenow/la-sci-sn-gas-stoves-air-pollution-california-20131106,0,6918914.story#axzz2jyGizd4K>

Source: *Environmental Health Perspectives*

<http://ehp.niehs.nih.gov/1306673/>

Advanced social media tips made easy

<http://www.chicagotribune.com/features/life/ct-tribu-social-media-advanced-tips-20131107,0,5424527.story>

Medline Plus: Latest Health News

- Earliest marker for autism found in young infants
- More sleep could mean slimmer kids
- Snoring in Pregnancy Tied to Possible Health Concerns
- Testosterone tied to heart risks among older men

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose,

who may participate, locations, and phone numbers for more details.

-Diet, Imaging and Energy Balance Trial (DIET)

<http://clinicaltrials.gov/ct2/show/NCT00787280?term=diet&rank=1>

Registered Dietitians in the News

Eat right, live well: Don't let pungent aroma keep you from onion's nutrients

(By Toby Smithson, Academy Spokesperson)

<http://www.dailyherald.com/article/20131105/entlife/711069997/>

FDA allows 20% margin of error on food labels

100-calorie snacks could be 120 calories and still satisfy regulators

(Andrea Giancoli, Academy Spokesperson & Tamara Duker Freuman quoted)

<http://www.marketwatch.com/story/margin-of-error-on-food-labels-20-2013-11-07>

Cited: *Journal of the American Dietetic Association*

[http://www.journals.elsevierhealth.com/periodicals/yjada/article/S0002-8223\(09\)01679-4/abstract](http://www.journals.elsevierhealth.com/periodicals/yjada/article/S0002-8223(09)01679-4/abstract)

Use-by labels more for food quality than safety

(Mary Wilson, RD quoted)

<http://www.reviewjournal.com/life/use-labels-more-food-quality-safety>

New Spin on an Old Favorite...Oatmeal!

(Katie Ferraro, RD featured)

<http://www.sandiego6.com/story/new-spin-on-an-old-favorite-oatmeal--20131029>

Grocery store tours thanks

(By Kathy Kolasa, RD & Natalie Taft, RD quoted)

<http://www.reflector.com/look/kolasa/kolasa-grocery-store-tours-thanks-2214481>

Practical Nutrition: Math isn't the only factor in balancing carbohydrates at mealtime

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-math-isn-t-the-only-factor-in-balancing/article_7e81ff97-8c15-5d81-9f3b-e09b73cb1126.html

Are you a late-night eater? Try these 7 snacks without the guilt

(By Jill Koegel, RD)

<http://www.omaha.com/article/20131106/LIVEWELL25/131109238>

On Thanksgiving Day, be grateful we can go green

(Elisa Sloss, RD quoted)

<http://www.omaha.com/article/20131106/LIVING/131109250/1696>

Celebrate National Eating Healthy Day

(John Pantel, RD featured)

University of Toledo Medical Center on WTOL (CBS) - Toledo, OH

Cited: National Healthy Eating Day (AHA)

http://www.heart.org/HEARTORG/GettingHealthy/NutritionCenter/National-Eating-Healthy-Day-2013_UCM_454414_Article.jsp

Filling up on fall's vegetable bounty

The season's bounty offers a colorful palette of vegetables that please the palate and provide plenty of vitamins.

(Christine Bucher, RD quoted)

<http://readingeagle.com/article.aspx?id=518288>

Combatting childhood obesity

(Meghan Windham, RD quoted)

<http://kagstv.com/News/KAGSNews/ID/914/Combatting-Childhood-Obesity>

Tips to drink smart while dieting

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/11/06/drinking-smart-while-dieting/>

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<http://www.eatright.org/positions/>

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or send a blank email to leave-24189-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1794. FOF partner update October 2013

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>
Sent Date: Nov 06, 2013 11:35:16
Subject: FOF partner update October 2013
Attachment: [image001.png](#)
[FOF ANDF Project Update 10-30-13.pdf](#)

Good morning. Please find the October update for the Foundation Future of Food Partnership with Feeding America, supported by National Dairy Council.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1795. Daily News: Wednesday, November 6, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 06, 2013 10:37:04
Subject: Daily News: Wednesday, November 6, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

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Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

How to find the right nutrition app

<http://news.cincinnati.com/article/20131105/NEWS01/311050187/Column-How-find-right-nutrition-app>

Cited: *Food & Nutrition Magazine*

<http://www.foodandnutrition.org/Nutrition-Apps/>

Excess Sugar Not Directly Tied to Liver Disease

<http://www.medpagetoday.com/Gastroenterology/GeneralHepatology/42732>

Source: *Gastroenterology*

[http://www.gastrojournal.org/article/S0016-5085\(13\)01040-8/fulltext](http://www.gastrojournal.org/article/S0016-5085(13)01040-8/fulltext)

Fast-food experts analyze 5,427 kids' meals -- only 33 are healthful

<http://www.latimes.com/science/sciencenow/la-sci-sn-fast-food-kids-meals-20131105,0,2460434.story#axzz2jsKY2ylv>

Source: FACTS Report(Food Advertising to Children and Teen Score)

http://www.fastfoodmarketing.org/media/FastFoodFACTS_report.pdf

Young men may have unrecognized eating disorders

<http://www.chicagotribune.com/health/sns-rt-us-eating-disorder-20131105,0,6934260.story>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1766495>

Related Resources: Position Paper-Nutrition Intervention in the Treatment of Eating Disorders

<http://www.eatright.org/About/Content.aspx?id=8386>

Practice Paper: Nutrition Intervention in the Treatment of Eating Disorders

<http://www.eatright.org/Members/content.aspx?id=6442464620>

Too many skip colon cancer screening tests, CDC says

<http://www.usatoday.com/story/news/nation/2013/11/05/colon-cancer-tests/3444889/>

Source: CDC

<http://www.cdc.gov/vitalsigns/colorectalcancerscreening/index.html>

It's a sad, sad, sad, sad world: Depression and global disability

<http://www.latimes.com/science/sciencenow/la-sci-sn-its-a-sad-sad-sad-sad-world-depression-and-global-disability-20131105,0,1460569.story#axzz2jsKY2ylv>

Source: *PLoS Medicine*

<http://www.plosmedicine.org/article/info%3Adoi%2F10.1371%2Fjournal.pmed.1001547>

Pesticides Linked to Endometriosis Risk

<http://well.blogs.nytimes.com/2013/11/05/pesticides-linked-to-endometriosis/?ref=health>

Source: *Environmental Health Perspectives*

<http://ehp.niehs.nih.gov/1306648/>

Exclusive - Cargill to change beef labeling in wake of 'pink slime' furor

<http://www.chicagotribune.com/news/sns-rt-us-usa-cargill-labeling-20131105,0,6493842.story>

In Zone rebrands with eye on leading healthy kids juice category

<http://www.foodnavigator-usa.com/Manufacturers/In-Zone-rebrands-with-eye-on-leading-healthy-kids-juice-category>

MedlinePlus: Latest Health News

Blood Test Shows Promise in Gauging Risk for Pregnancy Complication

Kids Who Add Sleep Can Subtract Pounds, Study Suggests

Strength training may boost kids' activity: study

Fluoride Treatments May Help Fight Cavities

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

5 foods for diabetes control

Eat well and manage your diabetes with these top-notch eating ideas

(Toby Smithson & Angela Ginn, both Academy Spokespeople quoted)

http://eb.gmnews.com/news/2013-11-07/Front_Page/5_foods_for_diabetes_control.html

Q&A: I have prediabetes. What should I eat?

(By Hope Warshaw, RDN)

http://www.washingtonpost.com/lifestyle/wellness/qanda-i-have-prediabetes-what-should-i-eat/2013/11/05/70a3e868-4192-11e3-a751-f032898f2dbc_story.html

Family Time: Which Milk Is Best For Your Kids?

(Laura Jeffers, RD quoted)

<http://www.wkbw.com/news/local/Family-Time-Which-Milk-Is-Best-For-Your-Kids-230806571.html>

Dietitian finds benefits of going gluten-free

(Courtney Rinehold, RDN quoted)

<http://www.journalgazette.net/article/20131106/FEAT0107/311069922/1011/FEAT>

The Fit List: How to Make Fast Food Healthy

(Jessica Lehmann, RDN quoted)

<http://www.thelistshow.tv/the-list/the-fit-list/the-fit-list-how-to-make-fast-food-healthy>

Dietitians Dish: Nutrition and your depression

(By Stephanie Whitley, RDN)

http://www.victoriaadvocate.com/news/2013/nov/05/gl_dietitian_dish_110613_224003/?features

Pomegranates can dress up a variety of holiday dishes

(By April Graff, RD)

<http://mankatofreepress.com/features/x1909755552/Pomegranates-can-dress-up-a-variety-of-holiday-dishes>

Human need for protein causes us to overeat: study

(Melanie McGrice, Dietitians Association of Australia spokesperson quoted)

<http://www.smh.com.au/lifestyle/diet-and-fitness/human-need-for-protein-causes-us-to-overeat-study-20131106-2x0n8.html#ixzz2jsHYnPjq>

Quote of the Week

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

-John Fitzgerald Kennedy

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<http://www.eatright.org/positions/>

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1796. Tell us about your research experience and be entered to win a complimentary 2014-15 Academy Membership!

From: Dietetics Practice Based Research Network <DPBRN@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 05, 2013 16:41:17
Subject: Tell us about your research experience and be entered to win a complimentary 2014-15 Academy Membership!
Attachment:

Tell us about your research experience and be entered to win a complimentary 2014-15 Academy Membership!

Having trouble viewing this e-mail? View it in your browser.

Greetings!

Take 20 minutes of your day to complete the Research experience and perceived obstacles of Dietetics Practice Based Research Network (DPBRN) members and non-members survey and be entered in a drawing for a complimentary 2014-15 Academy of Nutrition and Dietetics membership!

You have been selected to participate in a research study about your experience with research. Your input may provide information of value for the field of nutrition and dietetics and will help the DPBRN of the Academy of Nutrition and Dietetics improve and cater their programs and services to best serve your needs and those of other dietitians/nutritionists and dietetic technicians. The survey takes about 20 minutes to complete, is completely anonymous, meaning that your identity cannot be connected in any way to your survey answers, and it is voluntary, so you can opt out at any time. If you complete the survey, you will be entered into a drawing for a complimentary 2014-15 Academy of Nutrition and Dietetics membership. Drawing will take place one week after the survey closes and the winner will be notified via e-mail. You must be 18 years or older to participate in the survey and the drawing. The survey will be open for three weeks.

To access the survey, please click here. If the survey does not open automatically, please copy and paste the link to your internet browser's address bar:

<https://www.surveymonkey.com/s/DPBRNknowledgeneeds>. Questions about this survey? E-mail: christine.dougherty2@my.liu.edu.

Thank you for your time!

Sincerely,

Christine Dougherty, RDN, graduate student, Long Island University (LIU) Post, Brookville, NY

Rosa K. Hand, MS, RDN, LD, senior manager of the Dietetics Practice Based Research Network (DPBRN) at the Academy of Nutrition and Dietetics in Chicago, IL

Jerrilynn D. Burrowes, PhD, RD, CDN, professor and chair of the Department of Nutrition at Long Island University (LIU) Post, Brookville, NY

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1797. Daily News: Tuesday, November 5, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Nov 05, 2013 10:59:34
Subject: Daily News: Tuesday, November 5, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Cuts to SNAP Are Detrimental to the Health of America's Poor Statement from Academy of Nutrition and Dietetics President Glenna McCollum

<http://www.eatright.org/Media/content.aspx?id=6442478894>

Related Resource: SNAP

<http://www.fns.usda.gov/snap>

Many health woes in teens seeking obesity surgery

<http://www.usatoday.com/story/news/nation/2013/11/04/many-health-woes-in-teens-seeking-obesity-surgery/3432553/>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1765638>

More evidence links girls' obesity with earlier puberty

<http://www.usatoday.com/story/news/nation/2013/11/04/obesity-early-puberty/3330179/>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2013/10/30/peds.2013-3058.full.pdf+html>

Related Resource: Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity

<http://www.eatright.org/About/Content.aspx?id=8381>

10 Signs of Type 2 Diabetes

<http://abcnews.go.com/Health/Wellness/10-signs-type-diabetes/story?id=20731654>

Related Resource: *Diabetes Care*, November 2013

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12058/abstract>

Position Statement: Nutrition Therapy Recommendations for the Management of Adults With Diabetes

<http://care.diabetesjournals.org/content/36/11/3821.extract>

Mediterranean-diet-style eating may improve health in later life

http://www.washingtonpost.com/national/health-science/mediterranean-diet-style-eating-may-improve-health-in-later-life/2013/11/04/31bef612-423a-11e3-a751-f032898f2dbc_story.html

Source: *Annals of Internal Medicine*

<http://annals.org/article.aspx?articleid=1763229>

Get live help from experts over Google Helpouts

(The category with the most intriguing potential is health services. People can have a counseling session, consult with a dietitian or get advice from a registered lactation support consultant over the video chats)

<http://www.cnn.com/2013/11/05/tech/web/google-helpouts/>

No magic bullet for keeping off the pounds

http://www.cnn.com/2013/11/04/health/weight-loss-matthew-shack/index.html?hpt=he_t2

Persistence of poverty varies across the U.S.

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=40510&ref=collection>

Ask Well: CoQ10-Drug Interactions?

http://well.blogs.nytimes.com/2013/11/04/ask-well-coq10-drug-interactions/?ref=health&_r=0

Herbal Supplements Are Often Not What They Seem

<http://www.nytimes.com/2013/11/05/science/herbal-supplements-are-often-not-what-they-seem.html?ref=health>

Nestle pledges to speed salt reduction

<http://www.foodnavigator-usa.com/Manufacturers/Nestle-pledges-to-speed-salt-reduction>

CFS- FDA should reject calls to define natural without first inviting public comment

<http://www.foodnavigator-usa.com/Regulation/CFS-FDA-should-reject-calls-to-define-natural-without-first-inviting-public-comment>

Corn refiners-There is a total lack of credible scientific evidence to support claims in lawsuit that HFCS is to blame for teen's type 2 diabetes

<http://www.foodnavigator-usa.com/Regulation/Corn-refiners-There-is-a-total-lack-of-credible-scientific-evidence-to-support-claims-in-lawsuit-that-HFCS-is-to-blame-for-teen-s-type-2-diabetes>

To prevent allergic reactions, you might try washing bed pillows and microwaving fruit

http://www.washingtonpost.com/national/health-science/to-prevent-allergic-reactions-you-might-try-washing-bed-pillows-and-microwaving-fruit/2013/11/04/a4cbdd0a-1a21-11e3-a628-7e6dde8f889d_story.html

Cracking egg cookery

<http://www.chicagotribune.com/features/life/ct-tribu-daley-question-boiled-eggs-20131105,0,4784133.column>

MedlinePlus: Latest Health News

-Be Prepared to Stay Safe and Healthy in Winter

-Study shows adults had significant weight loss three years after bariatric surgery

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

This New Year: Make Realistic Resolutions to Lose Weight

(Jessica Crandall, Academy Spokesperson quoted)

http://scoopsandiego.com/online_features/health_and_wellness/this-new-year-make-realistic-resolutions-to-lose-weight/article_1d28059d-8233-5f94-967c-41f54957bf2a.html

From the Dietitian: Fiber intake is key element in healthy diet

(By Sydney Jacobson, RD)

<http://www.desmoinesregister.com/article/20131104/LIFE02/311040019/-1/sports18/>

Delicious vs. nutritious: Clever moves can end perpetual food fight

(Whitney Packebush, RD quoted)

<http://www.desmoinesregister.com/article/20131104/LIFE/311040018/>

For loads of fiber, eat more beans

(By Suzanne Havala Hobbs, RD)

<http://www.newsobserver.com/2013/11/05/3341553/for-loads-of-fiber-eat-more-beans.html#storylink=cpy>

New clinic helping communities with high rate of genetic disorders

(Sharlene Herington, RD quoted)

<http://www.abc57.com/home/top-stories/New-clinic-helping-communities-with-high-rate-of-genetic-disorders-230566721.html>

Healthful eating: Nourish your baby-to-be before pregnancy

(By Carrie Dennett, Academy Member)

http://seattletimes.com/html/healthyliving/2022157604_healthdennett799xml.html

Enjoy fair food, but have a plan before you go

(Diane Boyd, RD quoted)

<http://www.starnewsonline.com/article/20131105/ARTICLES/131109842>

Food isn't only thing diabetics have to think about

(By Jeanine Stice, RD)

<http://www.statesmanjournal.com/article/20131105/COLUMN0702/311050005/Food-isn-t-only-thing-diabetics-think-about>

2 seemingly healthy food swaps that just aren't worth it

(By Molly Kimball, RD)

http://www.nola.com/health/index.ssf/2013/11/12_seemingly_healthy_food_swap.html

BYU's Nora Nyland receives award from national dietetics organization

(scroll down to)

(Nora Nyland, RD cited)

http://www.heraldextra.com/news/local/campus-notes/article_c36941b5-c12d-547f-9576-3c17cdbb75aa.html

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, November 2013.

-Members Honored as Medallion Award Winners

[http://www.andjrnl.org/article/S2212-2672\(13\)01420-2/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01420-2/fulltext)

Login as a member at www.eatright.org and go to publications to access full-text Journal articles

Saturated fats not unhealthy, says researcher

(Jennifer Sygo, Dietitian/Canada quoted)

<http://www.vancouversun.com/health/Saturated+fats+unhealthy+says+researcher/9124361/story.html>

If you think weight-loss sprays sound too good to be true, youre probably right

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/health/if-you-think-weight-loss-sprays-sound-too-good-to-be-true-youre-probably-right/article15241472/>

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1798. RE: FW: Learning activity 1

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 04, 2013 15:34:39
Subject: RE: FW: Learning activity 1
Attachment: [image001.png](#)
[image002.jpg](#)

Thanks Donna. Should I also make this change to the pre-work materials for all participants. I included the full report in the portal?

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 04, 2013 12:07 PM
To: Pearlie Johnson
Cc: megsmik06@hotmail.com
Subject: Re: FW: Learning activity 1

Meaghan, I am attaching a couple of handouts to this email that gives you the most important information you will need for the pre-test and post-test. I look forward to meeting you in Denver.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 11/4/2013 11:37 AM >>>

Hi Donna, I received this email regarding the Healthy Hunger Free Kids Act report. Would we be able to identify the specific pages they should read?

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Meaghan Mikulas [mailto:megsmik06@hotmail.com]

Sent: Saturday, November 02, 2013 9:45 AM

To: Pearlie Johnson

Subject: Learning activity 1

Hi there! Question on Learning activity #1.

The first article Healthy Hunger Free Kids Act of 2010 Food and Nutr Services, is about 77 pages. I am finding it difficult to remember all the exact points of the article. Are there any areas of recommendations to focus on? What should be the most important parts of this article in relation to the pre-test/test/conference?

Thank you!

Meaghan Mikulas

1799. RE: FW: question please

From: Treasurer <Treasurer@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Treasurer <Treasurer@eatright.org>
Sent Date: Nov 04, 2013 15:27:39
Subject: RE: FW: question please
Attachment:

Donna,

I am on it. The good news is this is the only email to the Treasurer inbox. The bad news is it didn't get forwarded. I will have any answer by tomorrow.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, November 04, 2013 2:20 PM
To: Treasurer
Subject: Re: FW: question please

Paul, I have not been getting any of these emails. I would love for you to respond, but I would also like for you to check out why I am not getting the questions? No need to apologize. The good thing about these questions is that we know what they are interested in knowing.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
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DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Treasurer <Treasurer@eatright.org> 11/4/2013 3:16 PM >>>

Donna,

Did you get this e-mail? I will respond if you like. I apologize. This is the first time I noticed it. You should be receiving the emails automatically. Let me know if you did see this. Also, I will respond and let her know that you asked me to respond and I missed it.

Paul

From: Woodson, Phyllis M. [mailto:woodsopm@evms.edu]

Sent: Wednesday, October 09, 2013 3:22 PM

To: Treasurer

Subject: question please

Reading these reports in advance of our HOD meeting next week, was wondering, maybe I missed it, where are the AND staff salaries reported/funding source? This must be a significant part of the budget? Thank you for your response.

Phyllis Woodson, MS, RD, CDE

Virginia

1800. FW: question please

From: Treasurer <Treasurer@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 04, 2013 15:16:30
Subject: FW: question please
Attachment:

Donna,

Did you get this e-mail? I will respond if you like. I apologize. This is the first time I noticed it. You should be receiving the emails automatically. Let me know if you did see this. Also, I will respond and let her know that you asked me to respond and I missed it.

Paul

From: Woodson, Phyllis M. [mailto:woodsopm@evms.edu]
Sent: Wednesday, October 09, 2013 3:22 PM
To: Treasurer
Subject: question please

Reading these reports in advance of our HOD meeting next week, was wondering, maybe I missed it, where are the AND staff salaries reported/funding source? This must be a significant part of the budget? Thank you for your response.

Phyllis Woodson, MS, RD, CDE

Virginia

1801. FW: Learning activity 1

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Nov 04, 2013 11:37:08
Subject: FW: Learning activity 1
Attachment: [image001.png](#)

Hi Donna, I received this email regarding the Healthy Hunger Free Kids Act report. Would we be able to identify the specific pages they should read?

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

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120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Meaghan Mikulas [mailto:megsmik06@hotmail.com]

Sent: Saturday, November 02, 2013 9:45 AM

To: Pearlie Johnson

Subject: Learning activity 1

Hi there! Question on Learning activity #1.

The first article Healthy Hunger Free Kids Act of 2010 Food and Nutr Services, is about 77 pages. I am finding it difficult to remember all the exact points of the article. Are there any areas of recommendations to focus on? What should be the most important parts of this article in relation to the pre-test/test/conference?

Thank you!

Meaghan Mikulas

1802. Reminder: Evaluate the FNCE Tuesday Sessions Now!

From: FNCE-Academy of Nutrition and Dietetics <cpd@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Nov 03, 2013 22:58:55
Subject: Reminder: Evaluate the FNCE Tuesday Sessions Now!
Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas on Tuesday, October 22. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here in the Tuesday Session Evaluation. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

Please follow the link below to access the evaluation.

<http://fnce.fluidsurveys.com/s/fnce2013-Tuesday/?code=v8wbh9th53>

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Sincerely,
Academy of Nutrition and Dietetics

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1803. Reminder: Evaluate the FNCE Opening Session, Culinary Demos and Expo Briefings Now!

From: FNCE-Academy of Nutrition and Dietetics <cpd@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Nov 03, 2013 22:58:14
Subject: Reminder: Evaluate the FNCE Opening Session, Culinary Demos and Expo Briefings Now!
Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here regarding the Opening Session, Culinary Demonstrations and Expo Briefings. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

Please follow the link below to access the evaluation.

<http://fnce.fluidsurveys.com/s/fnce2013-Saturday/?code=pbrnphmhcp>

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Sincerely,
Academy of Nutrition and Dietetics

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1804. Reminder: Evaluate the FNCE Monday Sessions Now!

From: FNCE-Academy of Nutrition and Dietetics <cpd@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Nov 03, 2013 22:56:43
Subject: Reminder: Evaluate the FNCE Monday Sessions Now!
Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas on Monday, October 21. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here in the Monday Session Evaluation. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

Please follow the link below to access the evaluation.

<http://fnce.fluidsurveys.com/s/fnce2013-Monday/?code=ccpthc3pg2>

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Academy of Nutrition and Dietetics

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1805. Reminder: Evaluate the FNCE™ Sunday Sessions Now!

From: FNCE-Academy of Nutrition and Dietetics <cpd@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Nov 03, 2013 22:53:56
Subject: Reminder: Evaluate the FNCE™ Sunday Sessions Now!
Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas from October 19-22. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here in the Sunday Session Evaluation. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

Please follow the link below to access the evaluation.

<http://fnce.fluidsurveys.com/s/fnce2013-Sunday/?code=4zhpvk6hc4>

This link is uniquely tied to this evaluation and your email address. Please do not forward this message.

Sincerely,
Academy of Nutrition and Dietetics

To stop receiving messages from Us, click [here](#)

1806. RE: CONFIRMATION - September 2014 Childhood Weight Management Program

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'kathy.cobb@snet.net' <kathy.cobb@snet.net>, 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'dkibbe@gsu.edu' <dkibbe@gsu.edu>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Michelle Horan' <mhoranrd@gmail.com>, 'Aida Miles' <aida.miles@gmail.com>, 'Johnston, Craig Allen' <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Hassink, Sandra' <Sandra.Hassink@nemours.org>, 'Sothorn, Melinda' <msothe@lsuhsc.edu>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>
Cc: Papaioannou, Maria Aikaterini <papaioan@bcm.edu>
Sent Date: Nov 01, 2013 16:47:43
Subject: RE: CONFIRMATION - September 2014 Childhood Weight Management Program
Attachment: [image002.png](#)
[image003.png](#)

This is to confirmed that we have signed the contract with the Hyatt Regency Newport Beach to schedule a childhood program on September 4-6, 2014 in Newport Beach, CA. In addition to this program, we have also scheduled a childhood program on May 28-30, 2014 in Buffalo, NY. Please be sure to add these to programs to your calendar.

Please let me know if you have any questions and have a good weekend.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Monday, September 16, 2013 11:42 AM

To: kathy.cobb@snet.net; Copperman, Nancy; Marc Jacobson; Dana E.Gerstein; Kirk, Shelley; dkibbe@gsu.edu; Gail Frank; Michelle Horan; Aida Miles; Johnston, Craig Allen; DMartin@Burke.k12.ga.us; Hassink, Sandra; Sothern, Melinda; Isadora Nogueira

Subject: CONFIRMATION - September 2014 Childhood Weight Management Program

Good Morning All,

Thank you for providing your availability for this program. This is to confirm that we will proceed to schedule a Childhood and Adolescent Weight Management program on September 4-6, 2014 in Newport Beach, California. Please add this program to your calendar.

We are still in the contract negotiation process with the Buffalo, New York hotel to schedule a program on May 28-30, 2014.

We will let you know when these two contracts have been signed.

Thank you and have a good week.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Tuesday, September 10, 2013 4:44 PM

To: 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles'; 'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Sothorn, Melinda'; 'Isadora Nogueira'

Subject: RE: Availability - September 2014 Childhood Weight Management Program

We are still exploring some options for a program in September 2014. We also have located availability in Newport Beach, California. The possible dates are:

September 4-6, 2014

September 17-19, 2014

Are you available?

Thank you.

Pearlie Johnson-Freeman, MBA

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Chicago, IL 60606-6995

phone: 312-899-4839

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pjohnson@eatright.org

From: Pearlie Johnson

Sent: Saturday, September 07, 2013 9:56 AM

To: 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles'; 'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Sothorn, Melinda'; 'Isadora Nogueira'

Subject: Availability - September 2014 Childhood Weight Management Program

The June 2014 dates will not work based on faculty availability. Therefore, we are exploring September 2014. We have located availability in Irvine, CA, for September 26-28, 2014 (Friday – Sunday). Are you available?

Thank you and hope you are having a good weekend.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

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Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1807. Be An Early Bird - Save 2% on Academy Dues

From: Academy of Nutrition and Dietetics <membership@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Nov 01, 2013 15:12:11
Subject: Be An Early Bird - Save 2% on Academy Dues
Attachment:

Academy of Nutrition and Dietetics Email

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with the Academy:

Be an Early Bird and Save

Dear Donna:

The Academy is offering you a special opportunity to save 2% on your upcoming 2014/2015 Academy membership dues.

Click here to renew now. Be an early bird and save!

Dont worry, your membership isnt about to expire, this is just a special opportunity to renew now for the 2014/2015 membership year at the 2013/2014 rate. To take advantage of this special offer you must renew by January 15, 2014.

If youre still not convinced, download a sneak peak of our 2014/2015 Member Benefits Guide.

On behalf of the Academy of Nutrition and Dietetics, thank you for being a member!

Sonja L. Connor, MS, RDN, LD

President, 2014/2015, Academy of Nutrition and Dietetics

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If you prefer not to receive future alerts, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

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1808. RE: Farm Bill Recommendations and White House Event

From: Mary Pat Raimondi <mraimondi@eatright.org>
To: Patricia Babjak <PBABJAK@eatright.org>, glenna@glennamccollum.com
<glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, Ethan
A. Bergman <bergmane@cwu.edu>, Kathy McClusky
<KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>, peark02@outlook.com
<peark02@outlook.com>, Nancylewis1000@gmail.com
<Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky
Dorner <becky@beckydorner.com>, Lucille Beseler
<lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>,
Margaret Garner <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>,
dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle
<bkyle@roadrunner.com>, Joe Derochowski <joe.derochowski@connell-
group.com>, Sandra Gill <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen
Lechowich <KLechowich@eatright.org>, Chris Reidy
<CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>,
Doris Acosta <dacosta@eatright.org>, Alison Steiber
<ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Oct 31, 2013 17:22:59
Subject: RE: Farm Bill Recommendations and White House Event
Attachment: [image002.jpg](#)
[image003.jpg](#)
[image004.jpg](#)
[image005.jpg](#)
[image006.jpg](#)
[image007.jpg](#)
[image008.jpg](#)
[image009.png](#)
[image010.jpg](#)

Thank you everyone for your responses, it so appreciated! We are already using this information.

As an update within an hour after it being sent, Jenn and I received several emails of appreciation for our letter from senior Congressional staff members representing the Conference Committee members. I am sure they had a few other things on their plate preparing the meeting the next day!

Yesterday we were at the White House for a major announcement between Sesame Street and the Produce Marketing Association brokered by Let's Move and Partnership for Healthier America.

It is a new initiative that the Academy can easily support that promotes positive Marketing to Kids and a way to increase fruits and vegetable consumption. It seems like our flagship healthy kids nutrition program, Kids Eat Right, is a natural fit for this.

I decided to do a photo montage of how many Academy members could I spot at the event. Since it was a small audience, I would say we ruled! Marianne Smith Edge had a work emergency that caused her to miss the event. We need to include attendee Dr. William H. Dietz former director of the Division of Nutrition and Physical Activity at the federal Centers for Disease Control and Prevention who reminds me often he is an honorary member.

Speaking of that category, we have offered an honorary membership to Elmo. He is all about having colorful foods in the diet.

Thank you all again for your responses,

Mary Pat

**Mary Pat Raimondi, MS RDN
Vice President, Strategic Policy and Partnerships**

**Academy of Nutrition and Dietetics
1120 Connecticut Avenue NW- Suite 480**

Washington, DC 20036

phone: 312.899.1731 (new direct line)

fax: 202.775.8284

mraimondi@eatright.org

www.eatright.org

From: Patricia Babjak

Sent: Tuesday, October 29, 2013 5:47 PM

To: glenna@glennamccollum.com; Sonja Connor; Ethan A. Bergman; Kathy McClusky; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; Elise Smith ; Becky Dorner; Lucille Beseler ; Catherine Christie ; Margaret Garner; 'Linda Farr'; dwheller@mindspring.com; Marcia Kyle; Joe Derochowski; Sandra Gill

Cc: Executive Team Mailbox; Karen Lechowich; Chris Reidy; Mary Ann Taccona; Doris Acosta; Alison Steiber; Susan Burns

Subject: Farm Bill Recommendations

Importance: High

Congress is beginning to move on some key legislation. One of the major pieces, the Farm Bill, will be discussed tomorrow with House and Senate Conference Committee. Staff has been meeting with key members of the committee to assure support for our issues. They have been able to identify some champions that value nutrition and our role. It is unknown though what might happen. To be prepared, we have sent a letter from Glenna and myself reinforcing our recommendations. We will keep you posted on the outcomes. It is likely an action alert will be sent in the near future. It is crucial that our members respond as it will impact jobs and nutrition services for many years.

As we move forward, it would be helpful for our DC staff to leverage our BOD members when necessary. Can you take a few minutes and send the names of your members of Congress to Mary Pat at mraimondi@eatright.org.

Your member of the House of Representative

1.

Your Senators

1. Senator

2. Senator

Thank you!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1809. 2014 Presidents' Lecture - Online Survey

From: Joan Schwaba <JSchwaba@eatright.org>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, Ethan A. Bergman <bergmane@cwu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky Dorner <becky@beckydorner.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, Margaret Garner <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle <bkyle@roadrunner.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Sandra Gill <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Diane Moore-Enos <dmoore@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>, Karen Lechowich <KLechowich@eatright.org>
Sent Date: Oct 31, 2013 17:05:39
Subject: 2014 Presidents' Lecture - Online Survey
Attachment: [image002.jpg](#)

Correspondence from Diane Moore Enos, Director of Professional Development, follows.

Dear Board of Directors:

During the recent Board meeting in Houston, you determined that the topic of Public-Private Relationships was covered at FNCE 2013 and therefore the topic of the 2014 Presidents' Lecture should be changed to reflect a different focus area. The Board can select any topic they feel would be a benefit to the members of the Academy so a list of potential topics follows (via FluidSurveys) for your rating and comments.

Each topic should be rated based on the level of benefit/value it can provide to Academy members. Additional space for comments regarding each topic is also provided if deemed necessary to support or explain your decision. After the final results are tallied, the Academy will provide a list of potential speakers for Board consideration.

You can access the survey online at <http://fnce.fluidsurveys.com/s/2014PresidentsLecture/>

Please note—survey deadline is 5pm CT, November 15, 2013

Diane Moore Enos, MPH, RDN

Director, Professional Development

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4837

Fax: 312/899-5366

Email: dmoore@eatright.org

www.eatright.org

1810. 10/31/13 ACH Check deposit notification (1 Pages)

From: sjackson@eatright.org
To: dmartin@burke.k12.ga.us
Sent Date: Oct 31, 2013 15:18:08
Subject: 10/31/13 ACH Check deposit notification (1 Pages)
Attachment: [report.pdf](#)

See Attached File

1811. Following up...

From: Patricia Babjak <PBABJAK@eatright.org>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, Ethan A. Bergman <bergmane@cwu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky Dorner <becky@beckydorner.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, Margaret Garner <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle <bkyle@roadrunner.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Sandra Gill <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Oct 31, 2013 11:30:06
Subject: Following up...
Attachment:

Glenna's response to Andy Bellatti follows. We expect that he will share the response with others; Glenna communicated verbally that his social media activities will help determine "ongoing dialogue."

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: President

Sent: Wednesday, October 30, 2013 5:27 PM

To: 'andybellatti@andybellatti.com'

Subject: Following up...

Andy,

I am glad we had the chance to meet face-to-face at FNCE. It is that kind of professional dialogue that I know we both believe is best for communicating our vision for moving our profession forward.

As I'm sure you know, Change.org makes all petition signatures publically available in electronic format. To best evaluate your petition's signatures, we utilized this service and cross-referenced the signatures against the Academy membership database. While only 600 signatures matched with current Academy membership, I can assure you that I hear and understand your concerns and will continue to advocate on behalf of all of the more than 75,000 Academy members. I understand we do not all agree on every aspect of the Academy's strategic plan, but I do believe that with these diverse views and opinions, we can collectively, through continued professional dialogue, retain the Academy's position as the leader for registered dietitian nutritionists, dietetic technicians, registered and other food and nutrition professionals across the country and globe.

Thank you for your continued dedication and passion to the nutrition and dietetics profession.

Also, please note I have sent this from my president@eatright.org email address. Please use this account for any future communications, as it is the one I dedicate solely to Academy matters. Thank you!

Sincerely,

Glenna

Dr. Glenna McCollum, MPH, RDN

President

Academy of Nutrition and Dietetics

1812. Daily News: Thursday, October 31, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 31, 2013 11:25:00
Subject: Daily News: Thursday, October 31, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

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Vitamin D Not Linked to Calcium Levels

<http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/42575>

Source: *Journal of Bone and Mineral Research*

<http://onlinelibrary.wiley.com/doi/10.1002/jbmr.2121/abstract>

Prices, Family Interactions Influence Eating Behaviors

<http://www.sciencedaily.com/releases/2013/10/131030125327.htm>

Source: *Southern Economic Journal*

<http://journal.southerneconomic.org/doi/abs/10.4284/0038-4038-2011.277>

USDA/Economic Research Service

-Competitive foods are a larger portion of school foodservice revenues in more affluent districts

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=40409&ref=collection>

Mealtime rituals might make a difference in obesity, researchers say

<http://www.chicagotribune.com/health/la-sn-mealtimes-obesity-20131030,0,5986835.story>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20629/abstract>

Food marketers have narrow field to play in when making blood sugar management claims

<http://www.foodnavigator-usa.com/Regulation/Food-marketers-have-narrow-field-to-play-in-when-making-blood-sugar-management-claims>

Related Resource: *Diabetes Care*

<http://care.diabetesjournals.org/content/36/11/3821.full>

Exercise can help people with diabetes profoundly reduce their medication loads

<http://www.chicagotribune.com/health/sc-health-1030-fitness-diabetes-20131030,0,5034734.story>

Bloomberg's Health Legacy: Urban Innovator or Meddling Nanny?

<http://www.sciencedaily.com/releases/2013/10/131030111421.htm>

San Francisco joins sugary drinks fray with tax proposal

<http://www.reuters.com/article/2013/10/29/us-usa-soda-california-idUSBRE99S19F20131029>

CDC sets food allergy guidelines for schools

Schools can help prevent dangerous food reactions in allergic students, CDC says

<http://www.usatoday.com/story/news/nation/2013/10/30/cdc-food-allergy-guidelines/3316119/>

Source: CDC

<http://www.cdc.gov/healthyyouth/foodallergies/index.htm>

Halloween Safety Tips for Kids With Food Allergies. Specialist tells parents how to avoid trick-or-treating hazards

<http://consumer.healthday.com/respiratory-and-allergy-information-2/food-allergy-news-16/briefs-10-9-luhs-expert-halloween-safety-tips-for-kids-with-food-allergies-681038.html>

Woman plans to hand out letters to overweight trick-or-treaters

<http://www.wdam.com/story/23825301/woman-plans-to-hand-out-letters-to-overweight-trick-or-treaters>

Halloween Candy Goes Gourmet

New Sweets Test Boundaries; D'Anjou Pear, Açai or Beef Jerky?

<http://online.wsj.com/news/articles/SB10001424052702304527504579167581690397474>

FDA Releases Draft Risk Profile on Pathogens and Filth in Spices, Takes Steps to Strengthen Spice Safety

<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm372995.htm>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the

United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

-The Effect of Bitter, Umami and Sweet Tastants on Food Intake

<http://clinicaltrials.gov/ct2/show/NCT01956838?term=NCT01956838&rank=1>

Registered Dietitians in the News

6 Great (Whole) Grains

(Kim Larson, Academy Spokesperson quoted)

<http://www.aarp.org/health/healthy-living/info-10-2013/whole-grain-health-nutrition-benefits.html>

Strategies for a healthy Halloween

(Ruth Carey, RD quoted)

http://www.oregonlive.com/health/index.ssf/2013/10/strategies_for_a_healthy_hallo.html

Wellness: Halloween's haul can teach lesson

(By Jeanine Stice, RD)

<http://www.statesmanjournal.com/article/20131029/COLUMN0702/310290003/Wellness-Halloween-s-haul-can-teach-lesson>

Nutrition Know-How: Fall brings nutritious, tasty squash

(By Mia Gibson, RD)

http://www.oaoa.com/people/food/nutrition_know_how/article_e9a2c860-4110-11e3-b5f1-0019bb30f31a.html

Switch Witch: 16 strategies for Halloween fun without the sugar coma

(Mindy Probst, RD quoted)

http://www.heraldextra.com/news/local/switch-witch-strategies-for-halloween-fun-without-the-sugar-coma/article_aa5a776a-40d5-11e3-a3f0-0019bb2963f4.html

Helping with COPD

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-helping-copd-2208291>

The Dangers of Black Licorice

(Kate Patton, RD quoted)

<http://www.wsiltv.com/healthy/The-Dangers-of-Black-Lic-229854731.html>

Strategic Food Shopping: Head to the Perimeter for Fresh Nutrition and Savings

(By Mary Saucier Choate, RDN)

<http://www.coopfoodstore.com/news/strategic-food-shopping-head-perimeter-fresh-nutrition-and->

savings

Fight flu season with natural ingredients

(By Chandra Balusu, Academy member)

<http://www.poughkeepsiejournal.com/article/20131029/FOOD02/310270047/Chandra-Balusu-Fight-flu-season-natural-ingredients>

Zombie eyes, sick dogs and weight gain: 5 ways to avoid an unhealthy Halloween

(Wendy Palmer, RD quoted)

http://www.cnn.com/2013/10/31/health/halloween-health-hazards/index.html?hpt=he_c1

Before hitting the streets for sweets make sure kids have good eats

(Carol Harrison, Dietitian/Canada quoted)

<http://www.winnipegfreepress.com/breakingnews/tips-for-treats-229822601.html>

The Academics Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=24052

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-24052-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1813. October Board update

From: Susan Burns <Sburns@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>
Sent Date: Oct 31, 2013 11:08:19
Subject: October Board update
Attachment: [image001.png](#)
[K Mcclusky Oct 13 BOD Update.doc](#)

Good morning. Attached please find Kathy's October Board update. Thanks and Happy Halloween!

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1814. RE: Thank you!

From: Linda Flanagan Vahl <LFlanag@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 30, 2013 16:27:44
Subject: RE: Thank you!
Attachment: [image001.png](#)

Hi Donna-

I just want to say thank you for the kind words. And I very much look forward to FNCE in Atlanta in 2014! Thanks for all you do for the Academy.

Sincerely, Linda Vahl

From: DMartin@Burke.k12.ga.us
Sent: Friday, October 25, 2013 7:56 AM
To: Patricia Babjak; All Academy Staff
Cc: Bergman, Ethan A.; Bier, Dennie; Christ-Erwin, Mary; Christie, Catherine; Connor, Sonja; Crayton, Evelyn; Derochowski, Joe; Dorner, Becky; Farr, Linda; Garner, Margaret; Gill, Sandra; JeanRagalie; Kyle, Marcia; LucilleBeseler; McClusky, Kathy; McCollum, Glenna; Murray', 'Robert; Nancylewis1000@; Raymond, Terri; Romig, Laura; Smith, Elise; dwheller@; peark02@
Subject: Re: Thank you!

The talent and commitment from the Academy staff, once again, showed us that there is no bounds to what the Academy can do when we work together. We all thank you from the bottom of our hearts! All that taking care of us, is just a great prelude to the Southern Hospitality you will all be shown next year in Atlanta!!!!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Patricia Babjak <PBABJAK@eatright.org> 10/24/2013 4:43 PM >>>

Dear Staff,

Thank you for making the 2013 Food & Nutrition Conference & Expo yet another great success! It would not have been possible without all your hard work preparing for and producing an unforgettable experience for attendees. Many Academy members stopped me and members of the Academy and Foundation Boards of Directors to offer positive comments about sessions, exhibits, and interactions with staff. Whether you were in Houston or at headquarters, your teamwork and commitment to serving our members is greatly valued.

On behalf of the Academy and Foundation Boards of Directors, we appreciate all that you do to execute a successful FNCE!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1815. Daily News: Wednesday, October 30, 2013

From: Academy of Nutrition and Dietetics Knowledge <knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 30, 2013 15:21:04
Subject: Daily News: Wednesday, October 30, 2013
Attachment:

Today's Daily News was delayed due to technical difficulties. Sorry for any inconvenience this may have caused.

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

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NIH Chief: Get Ready for Testing Whole Genome

<http://www.medpagetoday.com/Genetics/GeneticTesting/42570>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, November 2013

-Future Challenges and Present Ethical Considerations in the Use of Personalized Nutrition Based on Genetic Advice

[http://www.andjrnl.org/article/S2212-2672\(13\)00677-1/fulltext](http://www.andjrnl.org/article/S2212-2672(13)00677-1/fulltext)

Gain seamless access to full-text Journal articles by logging in as a member at

<http://www.eatright.org/>. Go to publications

Obese Teens Eat Up Fast-Food Hype, Study Says. Advertising messages more likely to reach overweight TV watchers than their slimmer peers

<http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/obese-teens-eat-up-fast-food-hype-study-finds-681487.html>

Source: *American Journal of Preventive Medicine*

[http://www.ajpmonline.org/article/S0749-3797\(13\)00429-7/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00429-7/abstract)

Diabetes Risk Tied to Weight Gain in Youth

<http://www.medpagetoday.com/Endocrinology/Diabetes/42543>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20569/abstract>

Combo Drug Qsymia Tops for Weight Loss

<http://www.medpagetoday.com/Endocrinology/Obesity/42563>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20584/supinfo>

Food stamps will get cut by \$5 billion this week and more cuts could follow

<http://www.washingtonpost.com/blogs/wonkblog/wp/2013/10/28/food-stamps-will-get-cut-by-5-billion-this-week-and-more-cuts-could-follow/>

Related Resource: USDA/ERS

-Households with children have higher rates of participation in SNAP

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=40297&ref=collection>

Survey reveals consumers want to avoid pesticides, but are unsure how label certifications help them do that

<http://www.foodnavigator-usa.com/Regulation/Survey-reveals-consumers-want-to-avoid-pesticides-but-are-unsure-how-label-certifications-help-them-do-that>

MedlinePlus: Latest Health News

-Daily Activities Are a Workout!

-Flu Can Kill Even Healthy Children, Study Finds

-Mondays Might Be Your Best Day to Quit Smoking

-Pediatricians call for limits on kids' screen time

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Scary amount of candy will be consumed on Halloween. Almost all children in this country and half of adults will eat candy on Halloween.

(Sarah Krieger, Academy Spokesperson & Keith Ayoob, RD quoted)

<http://www.usatoday.com/story/news/nation/2013/10/29/halloween-candy-consumption/3189537/>

Excess Omega-3 Fatty Acids Could Lead to Negative Health Effects

(Norman Hord, RD quoted)

<http://www.sciencedaily.com/releases/2013/10/131028135035.htm>

Healthy Tips for Halloween

(Anna Busenburg, RD featured)

<http://www.wlfi.com/news/local/healthy-tips-for-halloween>

5 Halloween treats you can feel good about

(By Kati Mora, RD)

<http://www.themorningsun.com/lifestyle/20131029/kati-mora-5-halloween-treats-you-can-feel-good-about>

Juice cleanses could help or hurt your diet

(Georgia Giannopoulos, RD quoted)

<http://centralny.ynn.com/content/lifestyles/702516/juice-cleanses-could-help-or-hurt-your-diet/>

Controversy grows over health benefits of grains

(By Carolyn ONeil, RD & Judy Adams, RD quoted)

<http://www.buffalonews.com/life-arts/recipes/controversy-grows-over-health-benefits-of-grains-20131030>

Mid Day Fix: Dietitian rates smoothies

(Victoria Shanta Retelny, RD featured)

<http://wgntv.com/2013/10/29/midday-fix-dietician-victorial-shanta-retelny-rates-smoothies/>

How to keep nutrition simple

(By Lindsay Adams, RD)

http://www.victoriaadvocate.com/news/2013/oct/29/gl_dietitian_dish_103013_223335/?business

Should you try these fad diets?

(Kris Clark, RD quoted)

<http://www.foxnews.com/health/2013/10/30/should-you-try-these-fad-diets/>

Seasonal pumpkin can boost health year round

(Hannah Isler, RD & Anna Busenburg quoted)

<http://www.jconline.com/article/20131030/LIFE03/310300007/Seasonal-pumpkin-can-boost-health-year-round>

Practical Nutrition: Turn pumpkin seeds into healthy snack

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-turn-pumpkin-seeds-into-healthy-snack/article_0b1e9c81-42d9-58d2-ae57-033de38a6bb7.html

Do fat letters really work?

(By Amanda Burton, Dietitian/Canada)

<http://www.thetelegram.com/section/2013-10-28/article-3449860/Do-%26lsquo%3Bfat-letters%26rsquo%3B-really-work%3F/1>

Quote of the Week

Where there is no imagination there is no horror
-Arthur Conan Doyle, Sr.

The Academys Position Papers and Practice Papers are available at:
<http://www.eatright.org/positions/>

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<http://us.soyjoy.com/Nutrition/Healthcare-Professionals>

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=24038

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-24038-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1816. Eat Right Weekly - October 30, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 30, 2013 10:36:50
Subject: Eat Right Weekly - October 30, 2013
Attachment:

Eat Right Weekly
October 30, 2013

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On the Pulse of Public Policy

ANDPAC Raises More Than \$20,000 at FNCE

Members demonstrated record support for the Academy's Political Action Committee, ANDPAC, at the 2013 Food & Nutrition Conference & Expo by donating nearly \$21,000. Since membership dues cannot be used to fund ANDPAC, the Academy was thrilled by members' generosity and support. Contributions to ANDPAC help the Academy and our members forge relationships with members of Congress who influence health, food and nutrition policies.

[Learn More >>](#)

CDC Releases Cardiovascular Health Resources for Employers

The Centers for Disease Control and Prevention recently released the report "Cardiovascular Health: Action Steps for Employers," which provides concrete action steps employers can take at their worksites to help individuals improve cardiovascular health. The Academy partners closely with CDC's Million Hearts initiative, which produced this report and seeks to prevent 1 million heart attacks and strokes by 2017.

[Learn More >>](#)

Member Input Requested: EHR Best Practices Implementation Guide

As a result of the HITECH Act, 90 percent of U.S. hospitals are now on track to adopt an Electronic Health Record. To facilitate implementation of this new system, the Academy drafted a guide that shares references, suggestions and lessons learned from fellow registered dietitian nutritionists and facilities. Members are invited to download a copy of the draft guide and make recommendations by November 23, after which a final guide will be released.

[Learn More >>](#)

Save the Date: Academy's 2014 Public Policy Workshop

The Academy will host its annual Public Policy Workshop in Washington, D.C., March 30 to April 1, 2014. Join nearly 500 of your fellow Academy members at one of the world's largest food and nutrition advocacy summits. PPW offers top nutrition leadership and communications training, professional connections with nutrition experts and face-to-face conversations with members of Congress.

[Learn More >>](#)

CPE Corner

New Continuing Education Opportunity: Medicare-Compliant Obesity Program

The Academy has collaborated with Nutrition Dimension, a division of Gannett Healthcare Group, to tackle the obesity epidemic. A new 12-hour online continuing education course titled "Obesity Management: A 911 Call to American Healthcare" is available for registered dietitian nutritionists and features content and resources contributed by the Academy. Enjoy a 15 percent discount if you take the course by December 15.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Eyes of the World Could Be on You: Apply to Be an Academy Spokesperson

Are you active in your local news media? Do you have experience being interviewed on TV or radio? Do you want to show the world that registered dietitian nutritionists are the media's trusted source for accurate, science-based food and nutrition information? The Academy is looking for media-savvy registered dietitian nutritionists to join its amazing team of volunteer national

spokespeople.

[Learn More >>](#)

New Opportunity to Shine: Become a Fellow of the Academy of Nutrition and Dietetics

Designation as a Fellow of the Academy of Nutrition and Dietetics (FAND) recognizes your professional accomplishments, valuable service to the profession and public and pursuit of lifelong learning. By earning the right to include the FAND initials among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition professionals.

[Learn More >>](#)

Call for FNCE 2014 Educational Sessions Is Now Open

The Academy is seeking innovative, cutting-edge educational sessions that will make an impact at the 2014 Food & Nutrition Conference & Expo in Atlanta, Ga. There will be more than a dozen session tracks, from "Child Health Issues" and "Culinary Explorations" to "Technology for Practice" and "Wellness and Prevention." The deadline to submit a proposal is November 15.

[Learn More >>](#)

"Nourish to Flourish" Infographic

Be a part of the solution to the hunger and obesity paradox by raising awareness, getting involved and supporting programs that help food insecure families have consistent access to healthy foods. See the new Kids Eat Right "Nourish to Flourish" infographic and share it with others.

[Learn More >>](#)

Weight Management DPG at Obesity Week Conference

For the first time, the Obesity Society and the American Society for Metabolic and Bariatric Surgery are combining their annual conferences: Obesity Week 2013 will be held November 11 to 16 in Atlanta, Ga. The two organizations are affiliated as networks with the Academy's Weight Management dietetic practice group, which is planning a symposium at the conference on "What and When to Eat: What Works for Obesity Treatment."

[Learn More >>](#)

Online Marketing Center

Self-branding is essential to career development. The Academy has developed the new Online Marketing Center to provide members with the resources needed to improve their personal brands. From Eat Right videos, to physician marketing resources and customizable client handouts, the Online Marketing Center is the one-stop shop for members looking to promote their services.

[Learn More >>](#)

October Book of the Month

Save 10 percent in October on *The Complete Counseling Kit for Weight Loss Surgery*. This easy-to-navigate, web-based tool provides all the information you'll need to work with patients at each stage of the weight-loss surgery journey. Overview of the various surgical stages, counseling ideas and handouts are all available in one convenient place.

[Learn More >>](#)

Academy Member Updates

The Eyes of the World Were on FNCE 2013

Each year, the Academy's Food & Nutrition Conference & Expo attracts media from across the country and around the world and this year's event in Houston was no different. More than 90 journalists representing more than 70 print, internet and radio news outlets covered FNCE 2013.

[Learn More >>](#)

Healthy Food Bank Hub

Healthy Food Bank Hub, a collaboration of Feeding America, member food banks, the National Dairy Council and the Academy Foundation have collaborated to launch the Healthy Food Bank Hub. The Hub serves as a platform for the growing conversation between public health and hunger-relief professionals on the issues of food insecurity, improved nutrition and helping to reduce the risk of diet-related diseases. The website contains more than 50 tools, resources and healthy recipes.

[Learn More >>](#)

Philanthropy, Awards and Grants

Energy Balance 4 Kids with Play Making an Impact in California Schools

Energy Balance 4 Kids with Play RD Coaches are working with kindergarten through sixth-grade students in two West Contra Costa Unified School District Elementary Schools in Richmond, Calif., through hands-on tasting activities, nutrition presentations, nutrition-themed active games and cafeteria promotions. RD Coaches are leading School Wellness Committees to enhance the school wellness environment, and the committees are taking action steps towards meeting USDA's HealthierUS School Challenge criteria.

Big Changes in Store for 70 Iowa Schools

Over the past two years, the Academy's Foundation and the Iowa Department of Education Team Nutrition have collaborated on the "Meet the Challenge!" project through educational funding from USDA Team Nutrition and Wellmark Foundation. RD Coaches over the past two years have worked with 70 schools on implementing changes, including increasing nutrition education, physical education time, improving nutritional quality of school meals and adopting wellness policies. The goal of the project is that, by Spring 2014, nearly 70 schools will have been awarded USDA's prestigious HealthierUS School Challenge award.

October Everyday Heroes

Learn about October's Kids Eat Right Everyday Heroes.

[Learn More >>](#)

[Join Kids Eat Right Group on LinkedIn](#)

There is a great place for Academy members and Kids Eat Right members to get more involved and discuss topics specifically related to children and the Kids Eat Right program: a subgroup of the Academy's Dietetics LinkedIn group. Request access to this member-only group, then start talking with like-minded peers.

[Learn More >>](#)

[Text Your Support for the Academy Foundation](#)

Now you can support the Academy's Foundation by phone: Donate on your mobile device. Text "Eatright" to 91011 and click on the link to complete your donation.

[Learn More >>](#)

[CDR Leadership Grant](#)

The deadline is November 1 to apply for the Commission on Dietetic Registration's Leadership Grant Award, which provides financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training.

[Learn More >>](#)

[CDR Grassroots Marketing Grant](#)

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

Send questions, comments or potential news items >>

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

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Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1817. Re: Farm Bill Recommendations

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Jeanne Blankenship <JBlankenship@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>
Sent Date: Oct 29, 2013 20:51:09
Subject: Re: Farm Bill Recommendations
Attachment:

Thanks, Donna!

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

On Oct 29, 2013, at 7:48 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Your member of the House of Representative

1. John Barrow

Your Senators

1. Senator Saxby Chambliss
2. Senator Johnny Isakson

Sent from my iPad

On Oct 29, 2013, at 5:46 PM, Patricia Babjak <PBABJAK@eatright.org> wrote:

Congress is beginning to move on some key legislation. One of the major pieces, the Farm Bill, will be discussed tomorrow with House and Senate Conference Committee. Staff has been

meeting with key members of the committee to assure support for our issues. They have been able to identify some champions that value nutrition and our role. It is unknown though what might happen. To be prepared, we have sent a letter from Glenna and myself reinforcing our recommendations. We will keep you posted on the outcomes. It is likely an action alert will be sent in the near future. It is crucial that our members respond as it will impact jobs and nutrition services for many years.

As we move forward, it would be helpful for our DC staff to leverage our BOD members when necessary. Can you take a few minutes and send the names of your members of Congress to Mary Pat at mraimondi@eatright.org.

Your member of the House of Representative

1.
Your Senators

1. Senator
2. Senator

Thank you!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

<image001.png>

<Farm Bill ConferenceCommittee_Academy of Nutrition and Dietetics.pdf>

1818. Automatic reply: Farm Bill Recommendations

From: Karen Lechowich <KLechowich@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 29, 2013 20:48:31
Subject: Automatic reply: Farm Bill Recommendations
Attachment:

I will be out of the office on Wednesday, October 30. During this time, I have limited access to email. If you leave a message, I will contact you on my return, Thursday, October 31.

Karen Lechowich, RD

Executive Administrator

Diversity, Alliances and International Relations

1819. Farm Bill Recommendations

From: Patricia Babjak <PBABJAK@eatright.org>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, Ethan A. Bergman <bergmane@cwu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky Dorner <becky@beckydorner.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, Margaret Garner <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle <bkyle@roadrunner.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Sandra Gill <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Oct 29, 2013 17:46:43
Subject: Farm Bill Recommendations
Attachment: [image001.png](#)
[Farm Bill Conference Committee_Academy of Nutrition and Dietetics.pdf](#)

Congress is beginning to move on some key legislation. One of the major pieces, the Farm Bill, will be discussed tomorrow with House and Senate Conference Committee. Staff has been meeting with key members of the committee to assure support for our issues. They have been able to identify some champions that value nutrition and our role. It is unknown though what might happen. To be prepared, we have sent a letter from Glenna and myself reinforcing our recommendations. We will keep you posted on the outcomes. It is likely an action alert will be sent in the near future. It is crucial that our members respond as it will impact jobs and nutrition services for many years.

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Your member of the House of Representative

1.

Your Senators

1. Senator

2. Senator

Thank you!

Pat

Patricia M. Babjak

Chief Executive Officer

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120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1820. New Academy Portal

From: aacosta@eatright.org
To: dmartin@burke.k12.ga.us
Sent Date: Oct 29, 2013 15:27:37
Subject: New Academy Portal
Attachment: [CommitteeMember_Portal-Instructions_20131029.pdf](#)

Good afternoon –

We are pleased to announce that the Academy's portal is being updated. We will transition to the new platform effective **November 4, 2013**. To help with the transition, attached are instructions for using the new tool.

Note:

- Starting November 4, you will be redirected to the new portal. In the meantime, you can go to: <https://eal.webauthor.com> to familiarize yourself with the look and feel of the new portal.
- To log into the new portal, enter the username and password that you use for the original portal. New login information is not required.
- There are no changes to the way committee work is conducted. Navigation bars are in a different location, new icons, etc – but overall, the way documents are downloaded, discussions posted, etc., is not changing.
- All committees are located in Committee Central – we no longer have a separate Executive Central. Users can only see/access the committee(s) to which they have been assigned.
- The Help feature in the portal is still being updated so please e-mail me, or your Academy staff liaison, with any questions, concerns, glitches, etc.

Important: The original portal and the new portal are synced so please be careful when testing out the new portal. Please do not post documents or discussions to the new portal until November 4 (you should continue to use the old portal until the transition).

Thank you for your cooperation and patience as we make this transition.

Toni Acosta
Manager, Research Operations
Academy of Nutrition and Dietetics

1821. Important- Memo from the Speaker of the House of Delegates

From: Cecily Byrne <cbyrne@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Paul Mifsud <PMifsud@eatright.org>
Sent Date: Oct 29, 2013 13:43:14
Subject: Important- Memo from the Speaker of the House of Delegates
Attachment: [image001.png](#)
[Thank You -D Martin.docx](#)

Hello Donna,

I hope this email finds you well and recuperated from the Houston trip. Please see attached memo from Nancy Lewis in regards to the Fall 2013 HOD Meeting.

Kindest regards,
Cecily

Cecily Byrne, MS RDN LDN
House of Delegates Governance
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4893
cbyrne@eatright.org
www.eatright.org

1822. Evaluate the Overall FNCE® Event Now!

From: Academy of Nutrition and Dietetics <cpd@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Oct 28, 2013 23:50:06
Subject: Evaluate the Overall FNCE® Event Now!
Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here in the Overall FNCE® Evaluation. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

Please follow the link below to access the evaluation.

<http://fnce.fluidsurveys.com/s/fnce2013-Overall/?code=grd29qz6f4>

This link is uniquely tied to this evaluation and your email address. Please do not forward this message.

Sincerely,
Academy of Nutrition and Dietetics

To stop receiving messages from Us, [click here](#)

1823. Expense report approved

From: Babjak Patricia <pbabjak@eatright.org>
To: Martin Donna <DMartin@Burke.k12.ga.us>
Cc: Babjak Patricia <pbabjak@eatright.org>
Sent Date: Oct 28, 2013 17:30:10
Subject: Expense report approved
Attachment:

Expense report has been approved by Babjak Patricia

Thank you

1824. Reminder: 2013 HOD Fall Meeting - Take My Survey

From: hod@eatright.org via surveymonkey.com <member@surveymonkey.com>
To: dmartin@burke.k12.ga.us
Sent Date: Oct 28, 2013 17:05:06
Subject: Reminder: 2013 HOD Fall Meeting - Take My Survey
Attachment:

You are being sent this email because we have not received your response to the 2013 HOD Fall Meeting. This is a unique link in that it tracks your response and allows you to re-enter the survey to modify or proofread your survey answers. If you plan on re-entering the survey, DO NOT EXIT OUT OF THE SURVEY BY GOING TO THE END AND CLICKING <DONE>.

PLEASE REMEMBER YOU MUST USE THIS LINK IN ORDER TO GET BACK INTO YOUR SURVEY. This survey will be closed on Friday November 1. Therefore, your soonest response is appreciated. Thank you.

Here is a link to the survey:

https://www.surveymonkey.com/s.aspx?sm=A81jo1WnIY_2b4W6EUL3ubYg_3d_3d

This link is uniquely tied to this survey and your email address. Please do not forward this message.

Thanks for your participation!

Please note: If you do not wish to receive further emails from us, please click the link below, and you will be automatically removed from our mailing list.

https://www.surveymonkey.com/optout.aspx?sm=A81jo1WnIY_2b4W6EUL3ubYg_3d_3d

1825. Re: FAC Conference Call

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 28, 2013 16:38:59
Subject: Re: FAC Conference Call
Attachment:

Donna,

I had to take the day off. So I apologize for not calling. I think we are good. If something comes up, we can talk in the morning.

Paul

Sent from my iPhone

On Oct 28, 2013, at 1:26 PM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Paul, I am OK with our conference call tomorrow. Let me know if you think we need to talk about anything? I know you are slammed with work!!!!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

1826. RE: Finance and Audit Committee meeting on Tuesday, October 29th,at 1 p.m. CDT

From: Maria Juarez <MJuarez@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 28, 2013 09:35:01
Subject: RE: Finance and Audit Committee meeting on Tuesday, October 29th,at 1 p.m. CDT
Attachment: [image001.png](#)

Donna, let me test myself. I'll get back to you shortly

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

From: DMartin@Burke.k12.ga.us
Sent: Monday, October 28, 2013 8:30 AM
To: Maria Juarez
Subject: RE: Finance and Audit Committee meeting on Tuesday, October 29th,at 1 p.m. CDT

Maria, I have gone to the EAL portal, but it will not let me download any of the materials. I can get to the materials, but I cannot download them. Can you check on this for me please? Our IT person said it should be an issue on your end.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Maria Juarez <MJuarez@eatright.org> 10/25/2013 5:59 PM >>>
All,

The documents for our FAC conference call scheduled **October 29, 2013** are loaded into the portal.

Folder name "**2013-2014 – October 29, 2013 FAC conference call** "

Please login on the portal using the link <http://ada.portalxm.com> and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

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312-899-4886 phone

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1827. RE: Finance and Audit Committee meeting on Tuesday, October 29th, at 1 p.m. CDT

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Oct 25, 2013 17:59:06
Subject: RE: Finance and Audit Committee meeting on Tuesday, October 29th, at 1 p.m. CDT
Attachment: [image002.png](#)

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1828. Eat Right Weekly - October 25, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 25, 2013 17:25:30
Subject: Eat Right Weekly - October 25, 2013
Attachment:

Eat Right Weekly
October 25, 2013

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[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Rep. Green Meets with ANDPAC at FNCE

More than 100 Academy members gathered Tuesday, October 22, to hear U.S. Rep. Gene Green (Texas) speak at the Academy's Political Action Committee's annual Power Breakfast at the Food & Nutrition Conference & Expo. As an avid supporter of improving health care quality and access, Rep. Green gave the audience a unique, nutrition-focused policy perspective.

[Learn More >>](#)

Ohio Advocates through ANDPAC

For more than 10 years, the Academy's Ohio state affiliate has cultivated a relationship with U.S. Rep. Pat Tiberi to promote dietetics and the health of the public. Thanks to the Academy's Political Action Committee, ANDPAC, four Ohio members attended a dinner to support Rep. Tiberi.

[Learn More >>](#)

House and Senate Begin Discussion on Nutrition Assistance Programs in the Farm Bill

The House has made great strides to move toward a Farm Bill conference committee with the Senate. Conferees have now been appointed by both the House and the Senate, and will begin

negotiations on a version of the bill, which authorizes vital nutrition programs.

[Learn More >>](#)

EHR Use Spreads Across the Country

Electronic health record adoption has increased since 2009 when the Health Information Technology for Economic and Clinical Health EHR Incentive Program began. With the increase, the Academy and our members must continue to advocate for nutrition inclusion in EHR to optimize the health of patients.

[Learn More >>](#)

PPW 2014: World's Largest Food and Nutrition Advocacy Meeting

The Academy will host its annual Public Policy Workshop in Washington, D.C., March 30 to April 1, 2014. Join nearly 500 of your fellow Academy members at one of the world's largest food and nutrition advocacy summits.

[Learn More >>](#)

CPE Corner

October 30 Webinar - "Meeting Need for Obesity Treatment: Developing RD/PCP Partnership"

Are you wondering how registered dietitian nutritionists can participate in Medicare's Intensive Behavioral Therapy for Obesity benefit? While RDNs are not able to direct bill for this new benefit, RDNs have an opportunity to partner with primary care providers to deliver this service. A new webinar titled "Meeting the Need for Obesity Treatment: Developing the RD/PCP Partnership" will provide the information and tools you need to successfully align with primary care providers to offer this benefit to Medicare beneficiaries and beyond. The live webinar will be October 30 at 1 p.m. Central Time.

[Learn More >>](#)

New Continuing Education Opportunity: Medicare-Compliant Obesity Program

The Academy has collaborated with Nutrition Dimension, a division of Gannett Healthcare Group, to tackle the obesity epidemic. A new 12-hour online continuing education course titled "Obesity Management: A 911 Call to American Healthcare" is available for registered dietitian nutritionists and features content and resources contributed by the Academy. Enjoy a 15 percent discount if you take the course by December 15.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease (CKD) and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Call for FNCE 2014 Educational Sessions Is Now Open

The Academy is seeking innovative, cutting-edge educational sessions that will make an impact at the 2014 Food & Nutrition Conference & Expo in Atlanta, Ga. There will be more than a dozen session tracks, from "Child Health Issues" and "Culinary Explorations" to "Technology for Practice" and "Wellness and Prevention." The deadline to submit a proposal is November 15.

[Learn More >>](#)

Seeking Food Day Event Photos, Stories

Did you help to organize or host a Food Day Event this year? You could be the next Kids Eat Right Everyday Hero. Email your photo and a sentence or two about your experience as a Kids Eat Right campaign volunteer to kidseatright@eatright.org.

[Learn More >>](#)

Online Marketing Center

Self-branding is essential to career development. The Academy has developed the new Online Marketing Center to provide members with the resources needed to improve their personal brands. From Eat Right videos, to physician marketing resources and customizable client handouts, the Online Marketing Center is the one-stop shop for members looking to promote their services.

[Learn More >>](#)

October Book of the Month

Save 10 percent in October on *The Complete Counseling Kit for Weight Loss Surgery*. This easy-to-navigate, web-based tool provides all the information you'll need to work with patients at each stage of the weight-loss surgery journey. Overview of the various surgical stages, counseling ideas and handouts are all available in one convenient place.

[Learn More >>](#)

Academy Member Updates

FNCE 2013: Lively, Unforgettable

The Academy's 2013 Food & Nutrition Conference & Expo in Houston, Texas, was an unforgettable gathering of Academy members and other experts from all areas of food and nutrition.

[Learn More >>](#)

New USDA School Breakfast Resources

Members can promote school breakfast with new resources from the U.S. Department of Agriculture.

[Learn More >>](#)

Oral Nutritional Supplements Decrease Probability of Hospital Readmission: New Study

The Alliance to Advance Patient Nutrition, of which the Academy is a founding member, released a new study that found the use of oral nutritional supplements decreased the probability of 30-day hospital readmission, length of stay and costs among hospitalized Medicare patients age 65 and over. Starting October 1, the Affordable Care Act is increasing hospital penalties based on readmissions for three conditions: acute myocardial infarction, congestive heart failure and pneumonia, with an estimated \$227 million in fines expected to be levied by Medicare this year.

[Learn More >>](#)

Philanthropy, Awards and Grants

Healthy Food Bank Hub Launches

Monday, October 21, marked the official launch of the Healthy Food Bank Hub, a collaboration of Feeding America, member food banks, National Dairy Council and the Academy Foundation. The Healthy Food Bank Hub serves as a platform for the growing conversation between public health and hunger-relief professionals on the issues of food insecurity, improved nutrition and helping to reduce the risk of diet-related diseases. The website contains more than 50 tools, resources and healthy recipes.

[Learn More >>](#)

Text Your Support for the Academy Foundation

Now you can support the Academy's Foundation by phone: Donate on your mobile device. Text "Eatright" to 91011 and click on the link to complete your donation.

[Learn More >>](#)

CDR Leadership Grant

The deadline is November 1 to apply for the Commission on Dietetic Registration's Leadership Grant Award, which provides financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training.

[Learn More >>](#)

CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

Send questions, comments or potential news items >>

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

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1829. RE: Finance and Audit Committee meeting on Tuesday, October 29th, 2013 at 1 p.m. CDT.

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Oct 25, 2013 16:30:06
Subject: RE: Finance and Audit Committee meeting on Tuesday, October 29th, 2013 at 1 p.m. CDT.
Attachment:

All,

Gee, it seems like we just had a meeting....oh that's right, we did just meet!! Well, it was great to see everyone that could attend. We have another meeting on Tuesday, October 29th at 1 p.m. CDT. I hope this will be a relatively short meeting. It will focus on the Final August financials and the preliminary September financials. Maria will put the information onto the portal this afternoon.

She will notify you when the information is available. Also, you will receive a WebEx invitation from Eric Hayes. If it does not arrive, please let me know.

I. August Changes

-
 There were no changes to the actual results for August. We did find a calculation error on A1 that was corrected. However, none of the information for any of the Academy entities changed.

II. Investments

- Investments for September were very strong. The combined portfolios gained approximately \$1,190,700. October has continued this success so far. Through the close of business yesterday, the combined portfolios gained an additional \$1,260,000 in October. Even though there are only five more trading days (including today) for October, it is still too early to tell how we might end the month. However, we have a strong foundation!!!

III. Academy September Financials (A10)

September, overall, was another good month for the Academy. Even though revenue fell short of the budget expectations by \$9.6K, our expenses were under budget by \$54.1K. The net result was an operating deficit that was \$44.5K smaller than expected. The actual operating result was a deficit of \$345,475. When you factor in the investment gains of \$453,396 for the month, the Academy actually had Net Income of \$107,921. This is \$389,894 better than the budget.

Taking a look at the year to date numbers, the Academy currently has an operating deficit of \$1,891,663. This is \$268,436 lower (better) than the budget. Revenue for the year is higher by \$1,773 while expenses for the year are lower by \$266,663. As I mentioned last month, we still have some variances that could indicate revenue or expense concerns when you look at the detail. However, these are offset by some positive trends. This makes the net result, especially on the revenue side, look positive. It is nice to say that after 1/3rd of the year is completed, our revenue is exceeding budget!!

The following is a breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area is **under budget** by \$10,073 in September and is **under budget** by \$34,195 for the year. As was the case in August, we think part of the under run could be a budget timing issue. We are also looking at the distribution of members in the graduated dues program to see how this compares to our budget. The good news is we do know our overall membership numbers are higher than last year. In addition, we saw our first FAND revenue get booked this month. This is \$24,224 over budget and helping to offset the

membership revenue shortfall. We will continue to monitor membership and hope to have some additional information at our next meeting in November.

b. **Programs and Meetings** - This area is **over budget** by \$3,988 in September and is **over budget** by \$2,383 for the year. The over-run in September is all due to higher Professional development revenue.

c. **Publications and Materials** - This area is **over budget** by \$17,350 in September and **over budget** by \$104,848 for the year. The over-run in September is primarily due to Traditional Publication sales (up \$5.4K), NCP/SL sales (up \$7.5K), higher List Rental (up \$7.1K) and higher Guides for Practice (up \$1.5K), offset by lower Marketing sales (down \$3.0K) and lower all other (down \$1.1K).

d. **Subscriptions** – This area is **under-budget** by \$2,973 in September and is **under budget** by \$12,646 for the year. The under-run for September is due to lower NCM and related products (down \$4.0K). This is offset by higher EAL (up \$1.0).

e. **Advertising** – This area is **on target** in September and **under budget** by \$19,485 for the year. Nothing was budgeted in September.

f. **All grants** - This area is **over budget** by \$1,905 in September and is **under budget** by \$5,733 for the year. The under-run in September is primarily due to the timing of recognition of grants such as ConAgra Home Food Safety (down \$7.6K) and Carry the Flame (down \$1.7K) offset by higher Research Grants (up \$11.2K).

g. **Sponsorships** – This area is **under budget** by \$20,000 in September and is **under budget** by \$40,000 for the year. As was mentioned in August, this under-run is due to expiring Sponsorships not being renewed and reductions in Sponsorship agreements. At this time, it looks like the Academy will fall short of the FY14 budget. The Marketing team is working on securing new Sponsors. However, these may not materialize. Therefore, we are beginning to reduce our revenue projects to be “conservative”. If new Sponsors are found, it will be a alter this course.

h. **Other** – This area was **over budget** by \$225 in September and is **over budget** by \$6,601 for the year. This basically is on target with no material variance in any project.

B. Expenses

a. **Personnel** – This area is **over budget** by \$5,838 in September and **over budget** by \$20,059 for the year. The over-run in September is due to costs associated with turn-over, both voluntary and involuntary, and the need for temporarily help to fill both vacant positions and to

support positions where individuals are on sick leave.

- b. **Publications** – This area is **under budget** by \$1,151 in September and **over budget** by \$8,563 for the year. The under-run in September is primarily due to lower Journal costs (down \$4.4K) offset by higher Traditional Publications (up \$2.9K) and higher across all other (up \$0.3K).
- c. **Travel** – This area was **under budget** by \$41,993 in September and **under budget** by \$101,869 for the year. The under-run in September is primarily due to lower Governance (down \$22.7K), lower Informatics (down \$3.0K), lower Public Policy (down \$8.9K) and lower Marketing (down \$7.5K) offset by higher across all other (up \$0.1K).
- d. **Professional Fees** - This area was **under budget** by \$2,752 in September and is **under budget** by \$74,963 for the year. The under-run in September is being driven by lower Marketing (down \$19.0K), lower Research (down \$15.0K), lower Governance (down \$2.4K), lower Traditional Publications (down \$2.0K), offset by higher Web/IT expenses (up \$21.5K), higher membership recruitment (up \$12.7K) and higher across all other (up \$1.4K).
- e. **Postage and Mailing Service** – This area is **over budget** by \$11,394 in September and **over budget** by \$8,185 for the year. This over-run in September is primarily due to higher Membership (up \$1.9K) and higher Traditional Publications (up \$9.5K).
- f. **Office Supplies and Equipment** – This area is **under budget** by \$822 in September and **under budget** by \$4,801 for the year. The over-run in September is across all areas of the business.
- g. **Rent and utilities** - This area is **under budget** by \$3,282 in September and **under budget** by \$8,998 for the year. The under-run in September is due to lower utility costs.
- h. **Telephone and communications** – This is **over budget** by \$1,954 in September and **over budget** by \$9,680 for the year. The over-run in September is due to basic telephone costs in Washington and Chicago.
- i. **Commissions** – This area is **on target** in September and is **under budget** by \$3,897 for the year.
- j. **Computer Expenses** – This area is **under budget** by \$2,432 in September and **under budget** by \$7,263 for the year. The under-run in September is due to lower IT maintenance and repair requirements.
- k. **Advertising and Promotion** – This area is **under budget** by \$1,130 in September and **under budget** by \$3,570 for the year. The under-run in September is due to lower Traditional Publications (down \$0.8K) and lower across other all areas of the business (down \$0.3K).

- l. **Insurance** – This area is **over budget** by \$509 in September and is **over budget** by \$2,037 for the year. The over-run in September is due to slightly higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is **on target** in September and **on target** for the year.
- n. **Bank and trust fees** – This area is **over budget** by \$14,533 in September and **over budget** by \$32,497 for the year. The over-run in September is primarily due to lower credit card fees.
- o. **Other** – This area is **under budget** by \$9,135 in September and **under budget** \$32,938 for the year. The under-run in September is primarily due to lower costs for Marketing (down \$6.8K) and lower Governance (down \$3.1K) offset by higher costs across all other (up \$0.8K).
- p. **Expense allocation** – This area is **over budget** by \$3,036 in September and is **over budget** by \$12,145 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$15,657 in September and is **under budget** for the year by \$66,649. The under-run in September is being driven primarily by lower Marketing (down \$2.0K), lower Public Policy (down \$3.4K), lower Research (down \$5.0K), lower Governance (down \$2.7K) and lower across all other areas of the business (down \$2.6K).
- r. **Legal and Audit** – This area is **under budget** by \$2,989 in September and is **under budget** by \$2,183 for the year. The under-run in September is due to lower legal bills.
- s. **Printing** – This area is **under budget** by \$3,899 in September and is **under budget** by \$28,408 for the year. The under-run in September is primarily due to lower expenses for Membership (down \$1.9K), lower Governance (down \$1.0K), lower Research (down \$2.1K) and lower across all other (down \$0.7K), offset by higher Marketing (up \$1.8K).

As I mentioned above, the month of September was a good month for the Academy. In addition, the Academy is in good financial shape after four months of the year!

IV. **Foundation (A8)**

The Foundation had a great month in September!! Revenue exceeded the budget by \$145,203. In addition, expenses were under budget by \$225,941. Overall, the Foundation had an operating surplus of \$47,562. This was more than \$371,000 better (lower) than the budget. Once you factor in the investment gains of \$416.5K, the Foundation had a Net Income of over \$464,000. Revenue was over budget primarily due to CDR support of \$110,000. This was the second payment of the support provided by CDR. As I mentioned last month, the CDR support was not budgeted because CDR had not yet approved the continuation of their support when the budget was developed. This will be over budget all year.

On the expense front, the largest variance was in Professional Fees (down \$166.3K). The majority of this is from the EB4K project (down \$153.3K). The majority of the remaining under-run in this area comes from the Nutrition Education for the public initiative (down \$11.2K). The other major under-run was in Scholarships and Awards (down \$29.5K). This appears to be timing.

Year to date, the Foundation is doing very well. The Foundation revenues are up over \$352.6K, expenses are down over \$280.2K and the overall operating deficit of \$406.3K is nearly \$633K better (lower) than the budget. After you factor in the gains from investment income, the Foundation has net income for the year of \$10,608. This is nearly \$585K better than the budget.

V. CDR (A11)

CDR overall had a mixed month in September. Revenues are \$19,646 over budget. However, expenses were over budget by \$35,454. Revenue was higher due to higher Registration and exam fees (up \$18.9K), higher Publications (up \$4.9K) offset by lower Weight Management program revenue (down \$4.2K). Expenses were over budget in a few areas of significance; Travel (up \$9.4K), Bank and Trust fees (up \$16.2K), and Meetings (up \$17.3K). Bank and Trust fees are the credit card fees association with registration renewal. This is an area where the expenses are on the rise. The other major areas, Travel and Meeting Services can be mapped back to the Specialty Practice Certification, Competency Assurance and Weight Management programs.

For the month, CDR had an operating deficit of \$91K which was \$15.8K worse (lower) than the budget. However, after factoring in Investment income of \$165.4K, CDR ended the month with Net Income of \$74.4K. This was \$149.6K higher than the budget.

Year to date, CDR is performing well. Revenues are now higher than budget (up \$10.4K). Expenses, through September, are lower by \$100.3K. The investment income, year to date, is

\$156.1K. Adding up all of the numbers leaves CDR with a Net Deficit of \$364.4K. However, this is \$266.7K smaller (better) than the original budget.

VI. DPGS/MIGS (A12)

The combined DPGS/MIGS had a great month in September. Revenue exceeded expectations (up \$29.8K). In addition, expenses were lower than budget (down \$17.7K). Once again, the overall Operating results reflected income for the DPGS/MIGS (+\$128,761) which was higher than budget. The investment gains of \$155,409 just makes the results better!!!

Year to date, the combined DPGs/MIGs are performing well overall. They have a combined net income of \$536,493. This is \$270,787 higher than the budget. Naturally, this will keep reserves growing. As you can see on page A16, only one MIG still retains the watch category (Muslims in Dietetics and Nutrition at 70%). It has gone down in September, but there isn't anything to be concerned about at this time.

VII. ACEND (A13)

Overall, ACEND had another strong month in September. Even though revenues were lower (down \$3.8K), it appears to be due to timing. Expenses were lower than budget as well (down \$38.2K). The largest variance is in travel (down \$21.5K). In addition, the other major variance is in personnel (down \$10.0K). The personnel under run is due to vacant positions within ACEND.

Overall, ACEND had an operating and net surplus of \$38,501 in September. This was \$34,409 higher than the budget.

Year to date, ACEND has an operating and net income of \$90,283. This is \$110,190 higher than the budget. So, ACEND continues to exceed expectations and their reserves are now at \$270,083.

VIII. ANDPAC (A14)

ANDPAC had a good month in September. Revenue was over budget by \$2.6K while expenses were under budget by \$19.5K. The under-run on expenses is due to the timing of Advertising and Promotion (down \$10K), Travel (down \$3K) and Candidate Contributions (down \$6.5K). The

Advertising and Travel may materialize in October with FNCE. So, these may be due to budget timing.

Year to date, the PAC is running just under its budget for revenue (down \$1,167) and is also lower than budget on expense (down \$9,869). Even though the PAC had a deficit in September of \$13.8K, it is still in strong financial shape with reserves over \$245K.

I will stop here on the summaries. I hope this helps. I look forward to our call on Tuesday. If you have any questions or concerns, please let me know.

Have a great night.

Paul Mifsud

1830. RE: Finance and Audit Committee meeting on Tuesday, October 29th, 2013 at 1 p.m. CDT.

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Oct 25, 2013 16:29:38
Subject: RE: Finance and Audit Committee meeting on Tuesday, October 29th, 2013 at 1 p.m. CDT.
Attachment:

All,

Gee, it seems like we just had a meeting....oh that's right, we did just meet!! Well, it was great to see everyone that could attend. We have another meeting on Tuesday, October 29th at 1 p.m. CDT. I hope this will be a relatively short meeting. It will focus on the Final August financials and the preliminary September financials. Maria will put the information onto the portal this afternoon.

She will notify you when the information is available. Also, you will receive a WebEx invitation from Eric Hayes. If it does not arrive, please let me know.

I. August Changes

-
 There were no changes to the actual results for August. We did find a calculation error on A1 that was corrected. However, none of the information for any of the Academy entities changed.

II. Investments

- Investments for September were very strong. The combined portfolios gained approximately \$1,190,700. October has continued this success so far. Through the close of business yesterday, the combined portfolios gained an additional \$1,260,000 in October. Even though there are only five more trading days (including today) for October, it is still too early to tell how we might end the month. However, we have a strong foundation!!!

III. Academy September Financials (A10)

September, overall, was another good month for the Academy. Even though revenue fell short of the budget expectations by \$9.6K, our expenses were under budget by \$54.1K. The net result was an operating deficit that was \$44.5K smaller than expected. The actual operating result was a deficit of \$345,475. When you factor in the investment gains of \$453,396 for the month, the Academy actually had Net Income of \$107,921. This is \$389,894 better than the budget.

Taking a look at the year to date numbers, the Academy currently has an operating deficit of \$1,891,663. This is \$268,436 lower (better) than the budget. Revenue for the year is higher by \$1,773 while expenses for the year are lower by \$266,663. As I mentioned last month, we still have some variances that could indicate revenue or expense concerns when you look at the detail. However, these are offset by some positive trends. This makes the net result, especially on the revenue side, look positive. It is nice to say that after 1/3rd of the year is completed, our revenue is exceeding budget!!

The following is a breakdown of the various categories

A. Revenues

a. **Membership Dues** - This area is **under budget** by \$10,073 in September and is **under budget** by \$34,195 for the year. As was the case in August, we think part of the under run could be a budget timing issue. We are also looking at the distribution of members in the graduated dues program to see how this compares to our budget. The good news is we do know our overall membership numbers are higher than last year. In addition, we saw our first FAND revenue get booked this month. This is \$24,224 over budget and helping to offset the

membership revenue shortfall. We will continue to monitor membership and hope to have some additional information at our next meeting in November.

b. **Programs and Meetings** - This area is **over budget** by \$3,988 in September and is **over budget** by \$2,383 for the year. The over-run in September is all due to higher Professional development revenue.

c. **Publications and Materials** - This area is **over budget** by \$17,350 in September and **over budget** by \$104,848 for the year. The over-run in September is primarily due to Traditional Publication sales (up \$5.4K), NCP/SL sales (up \$7.5K), higher List Rental (up \$7.1K) and higher Guides for Practice (up \$1.5K), offset by lower Marketing sales (down \$3.0K) and lower all other (down \$1.1K).

d. **Subscriptions** – This area is **under-budget** by \$2,973 in September and is **under budget** by \$12,646 for the year. The under-run for September is due to lower NCM and related products (down \$4.0K). This is offset by higher EAL (up \$1.0).

e. **Advertising** – This area is **on target** in September and **under budget** by \$19,485 for the year. Nothing was budgeted in September.

f. **All grants** - This area is **over budget** by \$1,905 in September and is **under budget** by \$5,733 for the year. The under-run in September is primarily due to the timing of recognition of grants such as ConAgra Home Food Safety (down \$7.6K) and Carry the Flame (down \$1.7K) offset by higher Research Grants (up \$11.2K).

g. **Sponsorships** – This area is **under budget** by \$20,000 in September and is **under budget** by \$40,000 for the year. As was mentioned in August, this under-run is due to expiring Sponsorships not being renewed and reductions in Sponsorship agreements. At this time, it looks like the Academy will fall short of the FY14 budget. The Marketing team is working on securing new Sponsors. However, these may not materialize. Therefore, we are beginning to reduce our revenue projects to be “conservative”. If new Sponsors are found, it will be a alter this course.

h. **Other** – This area was **over budget** by \$225 in September and is **over budget** by \$6,601 for the year. This basically is on target with no material variance in any project.

B. Expenses

a. **Personnel** – This area is **over budget** by \$5,838 in September and **over budget** by \$20,059 for the year. The over-run in September is due to costs associated with turn-over, both voluntary and involuntary, and the need for temporarily help to fill both vacant positions and to

support positions where individuals are on sick leave.

- b. **Publications** – This area is **under budget** by \$1,151 in September and **over budget** by \$8,563 for the year. The under-run in September is primarily due to lower Journal costs (down \$4.4K) offset by higher Traditional Publications (up \$2.9K) and higher across all other (up \$0.3K).
- c. **Travel** – This area was **under budget** by \$41,993 in September and **under budget** by \$101,869 for the year. The under-run in September is primarily due to lower Governance (down \$22.7K), lower Informatics (down \$3.0K), lower Public Policy (down \$8.9K) and lower Marketing (down \$7.5K) offset by higher across all other (up \$0.1K).
- d. **Professional Fees** - This area was **under budget** by \$2,752 in September and is **under budget** by \$74,963 for the year. The under-run in September is being driven by lower Marketing (down \$19.0K), lower Research (down \$15.0K), lower Governance (down \$2.4K), lower Traditional Publications (down \$2.0K), offset by higher Web/IT expenses (up \$21.5K), higher membership recruitment (up \$12.7K) and higher across all other (up \$1.4K).
- e. **Postage and Mailing Service** – This area is **over budget** by \$11,394 in September and **over budget** by \$8,185 for the year. This over-run in September is primarily due to higher Membership (up \$1.9K) and higher Traditional Publications (up \$9.5K).
- f. **Office Supplies and Equipment** – This area is **under budget** by \$822 in September and **under budget** by \$4,801 for the year. The over-run in September is across all areas of the business.
- g. **Rent and utilities** - This area is **under budget** by \$3,282 in September and **under budget** by \$8,998 for the year. The under-run in September is due to lower utility costs.
- h. **Telephone and communications** – This is **over budget** by \$1,954 in September and **over budget** by \$9,680 for the year. The over-run in September is due to basic telephone costs in Washington and Chicago.
- i. **Commissions** – This area is **on target** in September and is **under budget** by \$3,897 for the year.
- j. **Computer Expenses** – This area is **under budget** by \$2,432 in September and **under budget** by \$7,263 for the year. The under-run in September is due to lower IT maintenance and repair requirements.
- k. **Advertising and Promotion** – This area is **under budget** by \$1,130 in September and **under budget** by \$3,570 for the year. The under-run in September is due to lower Traditional Publications (down \$0.8K) and lower across other all areas of the business (down \$0.3K).

- l. **Insurance** – This area is **over budget** by \$509 in September and is **over budget** by \$2,037 for the year. The over-run in September is due to slightly higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is **on target** in September and **on target** for the year.
- n. **Bank and trust fees** – This area is **over budget** by \$14,533 in September and **over budget** by \$32,497 for the year. The over-run in September is primarily due to lower credit card fees.
- o. **Other** – This area is **under budget** by \$9,135 in September and **under budget** \$32,938 for the year. The under-run in September is primarily due to lower costs for Marketing (down \$6.8K) and lower Governance (down \$3.1K) offset by higher costs across all other (up \$0.8K).
- p. **Expense allocation** – This area is **over budget** by \$3,036 in September and is **over budget** by \$12,145 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$15,657 in September and is **under budget** for the year by \$66,649. The under-run in September is being driven primarily by lower Marketing (down \$2.0K), lower Public Policy (down \$3.4K), lower Research (down \$5.0K), lower Governance (down \$2.7K) and lower across all other areas of the business (down \$2.6K).
- r. **Legal and Audit** – This area is **under budget** by \$2,989 in September and is **under budget** by \$2,183 for the year. The under-run in September is due to lower legal bills.
- s. **Printing** – This area is **under budget** by \$3,899 in September and is **under budget** by \$28,408 for the year. The under-run in September is primarily due to lower expenses for Membership (down \$1.9K), lower Governance (down \$1.0K), lower Research (down \$2.1K) and lower across all other (down \$0.7K), offset by higher Marketing (up \$1.8K).

As I mentioned above, the month of September was a good month for the Academy. In addition, the Academy is in good financial shape after four months of the year!

IV. **Foundation (A8)**

The Foundation had a great month in September!! Revenue exceeded the budget by \$145,203. In addition, expenses were under budget by \$225,941. Overall, the Foundation had an operating surplus of \$47,562. This was more than \$371,000 better (lower) than the budget. Once you factor in the investment gains of \$416.5K, the Foundation had a Net Income of over \$464,000. Revenue was over budget primarily due to CDR support of \$110,000. This was the second payment of the support provided by CDR. As I mentioned last month, the CDR support was not budgeted because CDR had not yet approved the continuation of their support when the budget was developed. This will be over budget all year.

On the expense front, the largest variance was in Professional Fees (down \$166.3K). The majority of this is from the EB4K project (down \$153.3K). The majority of the remaining under-run in this area comes from the Nutrition Education for the public initiative (down \$11.2K). The other major under-run was in Scholarships and Awards (down \$29.5K). This appears to be timing.

Year to date, the Foundation is doing very well. The Foundation revenues are up over \$352.6K, expenses are down over \$280.2K and the overall operating deficit of \$406.3K is nearly \$633K better (lower) than the budget. After you factor in the gains from investment income, the Foundation has net income for the year of \$10,608. This is nearly \$585K better than the budget.

V. CDR (A11)

CDR overall had a mixed month in September. Revenues are \$19,646 over budget. However, expenses were over budget by \$35,454. Revenue was higher due to higher Registration and exam fees (up \$18.9K), higher Publications (up \$4.9K) offset by lower Weight Management program revenue (down \$4.2K). Expenses were over budget in a few areas of significance; Travel (up \$9.4K), Bank and Trust fees (up \$16.2K), and Meetings (up \$17.3K). Bank and Trust fees are the credit card fees association with registration renewal. This is an area where the expenses are on the rise. The other major areas, Travel and Meeting Services can be mapped back to the Specialty Practice Certification, Competency Assurance and Weight Management programs.

For the month, CDR had an operating deficit of \$91K which was \$15.8K worse (lower) than the budget. However, after factoring in Investment income of \$165.4K, CDR ended the month with Net Income of \$74.4K. This was \$149.6K higher than the budget.

Year to date, CDR is performing well. Revenues are now higher than budget (up \$10.4K). Expenses, through September, are lower by \$100.3K. The investment income, year to date, is

\$156.1K. Adding up all of the numbers leaves CDR with a Net Deficit of \$364.4K. However, this is \$266.7K smaller (better) than the original budget.

VI. DPGS/MIGS (A12)

The combined DPGS/MIGS had a great month in September. Revenue exceeded expectations (up \$29.8K). In addition, expenses were lower than budget (down \$17.7K). Once again, the overall Operating results reflected income for the DPGS/MIGS (+\$128,761) which was higher than budget. The investment gains of \$155,409 just makes the results better!!!

Year to date, the combined DPGs/MIGs are performing well overall. They have a combined net income of \$536,493. This is \$270,787 higher than the budget. Naturally, this will keep reserves growing. As you can see on page A16, only one MIG still retains the watch category (Muslims in Dietetics and Nutrition at 70%). It has gone down in September, but there isn't anything to be concerned about at this time.

VII. ACEND (A13)

Overall, ACEND had another strong month in September. Even though revenues were lower (down \$3.8K), it appears to be due to timing. Expenses were lower than budget as well (down \$38.2K). The largest variance is in travel (down \$21.5K). In addition, the other major variance is in personnel (down \$10.0K). The personnel under run is due to vacant positions within ACEND.

Overall, ACEND had an operating and net surplus of \$38,501 in September. This was \$34,409 higher than the budget.

Year to date, ACEND has an operating and net income of \$90,283. This is \$110,190 higher than the budget. So, ACEND continues to exceed expectations and their reserves are now at \$270,083.

VIII. ANDPAC (A14)

ANDPAC had a good month in September. Revenue was over budget by \$2.6K while expenses were under budget by \$19.5K. The under-run on expenses is due to the timing of Advertising and Promotion (down \$10K), Travel (down \$3K) and Candidate Contributions (down \$6.5K). The

Advertising and Travel may materialize in October with FNCE. So, these may be due to budget timing.

Year to date, the PAC is running just under its budget for revenue (down \$1,167) and is also lower than budget on expense (down \$9,869). Even though the PAC had a deficit in September of \$13.8K, it is still in strong financial shape with reserves over \$245K.

I will stop here on the summaries. I hope this helps. I look forward to our call on Tuesday. If you have any questions or concerns, please let me know.

Have a great night.

Paul Mifsud

1831. Daily News & Journal Review: Friday, October 25, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 25, 2013 10:35:20
Subject: Daily News & Journal Review: Friday, October 25, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Nominations for 2014 Elections

The Nominating Committee is seeking nominations for leaders with the skills and vision to further the profession and the Academy's strategic plan for the 2014 Election. For more information please visit www.eatright.org/elections

Remaining nominations are due October 25, 2013, Today!

Gene May Explain Link Between Meat and Colon Cancer Risk. Researchers say finding might help identify people at need for preventive treatment

(Study presented at the annual meeting of the American Society of Human Genetics)

<http://consumer.healthday.com/cancer-information-5/colon-cancer-news-96/genes-meat-colorectal-cancer-ashg-meeting-release-batch-966-681064.html>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, November 2013

-Future Challenges and Present Ethical Considerations in the Use of Personalized Nutrition Based on Genetic Advice

[http://www.andjrn.org/article/S2212-2672\(13\)00677-1/fulltext](http://www.andjrn.org/article/S2212-2672(13)00677-1/fulltext)

Gain seamless access to full-text Journal articles by logging in as a member at

<http://www.eatright.org/>. Go to publications

New Testing Strategy Detects Population-Wide Vitamin, Mineral Deficiencies

<http://www.sciencedaily.com/releases/2013/10/131024121202.htm>

Source: *Journal of Nutrition*

<http://jn.nutrition.org/content/143/10/1540>

Some Improvement Seen in U.S. Cholesterol Levels: CDC. However, total cholesterol remains too high and screening rates too low, experts say

<http://consumer.healthday.com/public-health-information-30/centers-for-disease-control-news-120/fewer-americans-with-high-cholesterol-report-681424.html>

Children's Hospital Of Philadelphia Bans Dietary Supplements From Its Pharmacy

<http://www.chicagotribune.com/news/politics/chi-nsc-childrens-hospital-of-philadelphia-bans-dietary-20131018,0,2819715.story>

Removable 'Gut Sleeve' Might Become a Future Weight-Loss Tool

Study of experimental procedure showed promise in rats

<http://consumer.healthday.com/vitamins-and-nutritional-information-27/obesity-health-news-505/removable-gut-sleeve-might-someday-become-a-weight-loss-tool-681378.html>

Whats an average serving? Portion size guidance no longer fit for purpose

(European guidance on portion sizing is out of date and does not reflect how portion sizes have changed over time, claims a new report from the British Heart Foundation)

<http://www.foodnavigator.com/Financial-Industry/What-s-an-average-serving-Portion-size-guidance-no-longer-fit-for-purpose>

5 must-have pantry items for the millennial cook

http://www.washingtonpost.com/lifestyle/food/5-must-have-pantry-items-for-the-millennial-cook/2013/10/22/7480c7bc-373d-11e3-ae46-e4248e75c8ea_story.html

For Grocery Lists, Is It Better to Scan Around?

New Hiku Aims to Be Faster and Simpler Than Pen, Paper or Apps

<http://online.wsj.com/news/articles/SB10001424052702304402104579151810158764856>

USDA/ Economic Research Service

-Multiple-operator farms are prevalent among large and very large family farms

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=40380&ref=collection>

F.D.A. Moves to Regulate Food for Animals

http://www.nytimes.com/2013/10/26/health/fda-moves-to-regulate-food-for-animals.html?ref=health&_r=0

Top fitness trend: High-intensity interval training. Popular fitness trends for 2014 include strength training, yoga and exercises for older adults.

<http://www.usatoday.com/story/news/nation/2013/10/24/fitness-trends-high-intensity-workout/3009699/>

Registered Dietitians in the News

Coffee Conundrums

(By Mary Saucier Choate, RDN)

<http://www.coopfoodstore.coop/news/coffee-conundrums>

Dietitian Mary Purdy On Avoiding The Midday Slump

(Mary Purdy, RD interviewed)

<http://kuow.org/post/dietitian-mary-purdy-avoiding-midday-slump>

Why did Americans get so fat, so fast?

(Jim Painter, RD & Elizabeth Ward, RD quoted)

[http://www.foodnavigator-usa.com/Markets/FNCE-2013-highlights-Gluten-sensitivity-dairy-and-GHG-emissions-energy-drinks-portion-sizes-GMOs-and-what-America-eats-for-breakfast/\(page\)/6](http://www.foodnavigator-usa.com/Markets/FNCE-2013-highlights-Gluten-sensitivity-dairy-and-GHG-emissions-energy-drinks-portion-sizes-GMOs-and-what-America-eats-for-breakfast/(page)/6)

Asheville celebrates World Food Day

Tailgate market hosts dietitian-led tours

(Lauren Brady, RD quoted)

<http://www.citizen-times.com/article/20131025/NEWS/310250018/Asheville-celebrates-World-Food-Day>

"Fat letters" outrage some California parents

(Lauren Schmitt, RD quoted)

http://www.cbsnews.com/8301-204_162-57609212/fat-letters-outrage-some-california-parents/

Why we love comfort food so much

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/229151991.html#>

What's it like to live on \$26 a week?

(Erica Kang, Dietitian/Canada quoted)

<http://www.princegeorgecitizen.com/article/20131024/PRINCEGEORGE0101/310249983/-1/princegeorge01/whats-it-like-to-live-on-26-a-week>

Journal Review

Academy members can now obtain articles from the *Journal Review* for as little as \$10 per article, which saves Members up to \$20 per article.

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Journal of the Academy of Nutrition and Dietetics, November 2013

<http://www.andjrnl.org/current>

Practice Paper of the Academy of Nutrition and Dietetics Abstract: Nutrition and Women's Health

[http://www.andjrnl.org/article/S2212-2672\(13\)01412-3/abstract](http://www.andjrnl.org/article/S2212-2672(13)01412-3/abstract)

Practice Paper of the Academy of Nutrition and Dietetics Abstract: Critical Thinking Skills in Nutrition Assessment and Diagnosis

[http://www.andjrnl.org/article/S2212-2672\(13\)01414-7/abstract](http://www.andjrnl.org/article/S2212-2672(13)01414-7/abstract)

Presidents Page: And B Is for Balance

[http://www.andjrnl.org/article/S2212-2672\(13\)01419-6/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01419-6/fulltext)

What Are Standardized Clinical Assessment and Management Plans?

[http://www.andjrnl.org/article/S2212-2672\(13\)01411-1/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01411-1/fulltext)

Academy Policy Strategies to Prevent Type 2 Diabetes

[http://www.andjrnl.org/article/S2212-2672\(13\)01413-5/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01413-5/fulltext)

Future Challenges and Present Ethical Considerations in the Use of Personalized Nutrition Based on Genetic Advice

[http://www.andjrnl.org/article/S2212-2672\(13\)00677-1/fulltext](http://www.andjrnl.org/article/S2212-2672(13)00677-1/fulltext)

Predictors of Sustained Reduction in Energy and Fat Intake in the Diabetes Prevention Program Outcomes Study Intensive Lifestyle Intervention

[http://www.andjrnl.org/article/S2212-2672\(13\)01121-0/abstract](http://www.andjrnl.org/article/S2212-2672(13)01121-0/abstract)

Cholesterol-Lowering Efficacy of Plant Sterols/Stanol Provided in Capsule and Tablet Formats: Results of a Systematic Review and Meta-Analysis

[http://www.andjrnl.org/article/S2212-2672\(13\)01124-6/abstract](http://www.andjrnl.org/article/S2212-2672(13)01124-6/abstract)

Associations of Vitamin D Intake with 25-Hydroxyvitamin D in Overweight and Racially/Ethnically Diverse US Children

[http://www.andjrnl.org/article/S2212-2672\(13\)00651-5/abstract](http://www.andjrnl.org/article/S2212-2672(13)00651-5/abstract)

Question of the Month: What's the Latest on Holiday Weight Gain?

[http://www.andjrnl.org/article/S2212-2672\(13\)01415-9/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01415-9/fulltext)

American Journal of Hospice and Palliative Medicine, November 2013

<http://ajh.sagepub.com/content/30/7.toc>

Effect of Nutritional Support on Terminally Ill Patients With Cancer in a Palliative Care Unit

<http://ajh.sagepub.com/content/30/7/730.abstract>

American Journal of Lifestyle Medicine, October 24, 2013, Online First

<http://ajl.sagepub.com/content/early/recent>

Effective Diet and Exercise Interventions to Improve Body Composition in Obese Individuals

<http://ajl.sagepub.com/content/early/2013/10/23/1559827613507879.abstract>

Clinical Strategies for Managing Dyslipidemias

<http://ajl.sagepub.com/content/early/2013/10/20/1559827613507534.abstract>

Annals of Internal Medicine, October 22, 2013, Online First

<http://annals.org/onlineFirst.aspx>

Screening, Monitoring, and Treatment of Stage 1 to 3 Chronic Kidney Disease: A Clinical Practice Guideline From the Clinical Guidelines Committee of the American College of Physicians

<http://annals.org/article.aspx?articleID=1757302>

Diabetes, November 2013

<http://diabetes.diabetesjournals.org/content/current>

Long-Term Effects of Bariatric Surgery on Meal Disposal and β -Cell Function in Diabetic and Nondiabetic Patients

<http://diabetes.diabetesjournals.org/content/62/11/3709.abstract>

Diabetes Care, November 2013

<http://care.diabetesjournals.org/content/36/11?etoc>

Nutrition Therapy Recommendations for the Management of Adults With Diabetes

<http://care.diabetesjournals.org/content/36/11/3821.extract>

The Challenging Chase for Nutrigenetic Predictors of Metabolic Responses to Dietary Interventions

<http://care.diabetesjournals.org/content/36/11/3379.extract>

Disturbed Eating Behavior and Omission of Insulin in Adolescents Receiving Intensified Insulin Treatment

<http://care.diabetesjournals.org/content/36/11/3382.abstract>

Benchmarking Is Associated With Improved Quality of Care in Type 2 Diabetes

The OPTIMISE randomized, controlled trial

<http://care.diabetesjournals.org/content/36/11/3388.abstract>

New-Onset Diabetes in Elderly Subjects

Association between HbA_{1c} levels, mortality, and coronary revascularization

<http://care.diabetesjournals.org/content/36/11/3425.abstract>

Prandial Insulin Dosing Using the Carbohydrate Counting Technique in Hospitalized Patients With Type 2 Diabetes

<http://care.diabetesjournals.org/content/36/11/3476.abstract>

Impact of Specific Glucose-Control Strategies on Microvascular and Macrovascular Outcomes in 58,000 Adults With Type 2 Diabetes

<http://care.diabetesjournals.org/content/36/11/3510.abstract>

Age at Menarche and Type 2 Diabetes Risk

The EPIC-InterAct study

<http://care.diabetesjournals.org/content/36/11/3526.abstract>

Hypoglycemia Associated With Hospitalization and Adverse Events in Older People

Population-based cohort study

<http://care.diabetesjournals.org/content/36/11/3585.abstract>

Long-Lasting Improvements in Liver Fat and Metabolism Despite Body Weight Regain After Dietary Weight Loss

<http://care.diabetesjournals.org/content/36/11/3786.abstract>

Diabetes Educator, October 24, 2013 Online First

<http://tde.sagepub.com/content/early/recent>

Impact of a Focused Nutrition Educational Intervention Coupled With Improved Access to Fresh Produce on Purchasing Behavior and Consumption of Fruits and Vegetables in Overweight Patients With Diabetes Mellitus

<http://tde.sagepub.com/content/early/2013/10/23/0145721713508823.abstract>

Journal of the American Medical Association, Oct 24, 2013 Online First

<http://jama.jamanetwork.com/onlineFirst.aspx>

Can Mobile Health Technologies Transform Health Care?

<http://jama.jamanetwork.com/article.aspx?articleid=1762473>

Journal of the American Medical Association, October 23/30, 2013

<http://jama.jamanetwork.com/issue.aspx>

Childrens Health Getting More Attention at EPA

<http://jama.jamanetwork.com/article.aspx?articleid=1758727>

Raw Milk Poses Risks Even When Dairies Follow Safety Regulations

<http://jama.jamanetwork.com/article.aspx?articleid=1758763>

JAMA Patient Page: Blood Lipids

<http://jama.jamanetwork.com/article.aspx?articleid=1758753>

Journal of Human Nutrition and Dietetics, October 23, 2013 Online First

[http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1365-277X/earlyview](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1365-277X/earlyview)

Work-based assessment: qualitative perspectives of novice nutrition and dietetics educators

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12174/abstract>

An exploratory study to evaluate whether medical nutrition therapy can improve dietary intake in hospital patients who eat poorly

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12173/abstract>

Providing quality nutrition care in acute care hospitals: perspectives of nutrition care personnel

<http://onlinelibrary.wiley.com/doi/10.1111/jhn.12170/abstract>

Journal of Parenteral and Enteral Nutrition, October 18-23, 2013 Online First

<http://pen.sagepub.com/content/early/recent>

Vitamin D and Crohns Disease in the Adult Patient

<http://pen.sagepub.com/content/early/2013/10/22/0148607113506013.abstract>

Self-Insertion of a Nasogastric Tube for Home Enteral Nutrition

<http://pen.sagepub.com/content/early/2013/10/18/0148607113502544.abstract>

Lancet, October 26, 2013

<http://www.thelancet.com/journals/lancet/issue/current>

A two-decade comparison of prevalence of dementia in individuals aged 65 years and older from

three geographical areas of England: results of the Cognitive Function and Ageing Study I and II
[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61570-6/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61570-6/abstract)

Morbidity and Mortality Weekly Report, October 25, 2013

http://www.cdc.gov/mmwr/mmwr_wk.html

Announcement: World Stroke Day October 29, 2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6242a6.htm?s_cid=mm6242a6_w

Nutrition, October 14-23, 2013, Online First

<http://www.sciencedirect.com/science/journal/aip/08999007>

Quality control of parenteral nutrition in hospitalized patients

<http://www.sciencedirect.com/science/article/pii/S0899900713003456>

Improved Safety with Intravenous Insulin Therapy for Critically Ill Patients with Renal Failure

<http://www.sciencedirect.com/science/article/pii/S0899900713004590>

Flavonols intake and the risk of stroke: a meta-analysis of cohort studies

<http://www.sciencedirect.com/science/article/pii/S0899900713004577>

Association between chocolate consumption and fatness in European adolescents

<http://www.sciencedirect.com/science/article/pii/S0899900713003468>

Food labels: A critical assessment

<http://www.sciencedirect.com/science/article/pii/S0899900713003006>

Nutrition Research, October 16-24, 2013, Online First

<http://www.sciencedirect.com/science/journal/aip/02715317>

Intake of milk, but not total dairy, yogurt, or cheese, is negatively associated with the clustering of cardiometabolic risk factors in adolescents

<http://www.sciencedirect.com/science/article/pii/S0271531713002510>

Albumin-normalized serum zinc: A clinically useful parameter for detecting taste impairment in patients undergoing dialysis

<http://www.sciencedirect.com/science/article/pii/S0271531713002522>

Weight gain in college females is not prevented by isoflavone-rich soy protein: a randomized controlled trial

<http://www.sciencedirect.com/science/article/pii/S027153171300225X>

L-arginine does not improve biochemical and hormonal response in trained runners after 4 weeks of supplementation

<http://www.sciencedirect.com/science/article/pii/S0271531713002492>

Decreased consumption of sugar-sweetened beverages improved selected biomarkers of chronic disease risk among us adults: 1999-2010

<http://ajl.sagepub.com/content/early/2013/10/20/1559827613507534.abstract>

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1832. Daily News: Thursday, October 24, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 24, 2013 11:09:24
Subject: Daily News: Thursday, October 24, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

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Study Links Youth Obesity to TV Fast Food Advertising

<http://www.sciencedaily.com/releases/2013/10/131023100949.htm>

Source: *American Journal of Preventive Medicine*

[http://www.ajpmonline.org/article/S0749-3797\(13\)00429-7/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00429-7/abstract)

USDA/Economic Research Service

-Children accounted for 45 percent of SNAP participants in 2011

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=40372&ref=collection>

Lowering blood sugar could help prevent cognitive declines: Study

(People with higher blood sugar levels are more likely to have memory problems, according to new research that suggests reducing levels of blood sugar could help to protect against cognitive declines)

<http://www.foodnavigator.com/Science-Nutrition/Lowering-blood-sugar-could-help-prevent-cognitive-declines-Study>

Source: *Neurology*

<http://www.neurology.org/content/early/2013/10/23/01.wnl.0000435561.00234.ee.abstract?sid=74a25855-d45e-4224-afa3-49fe1dd095cd>

Coffee consumption cuts liver cancer risk

<http://www.medicalnewstoday.com/articles/267825.php>

Source: *Clinical Gastroenterology and Hepatology*

[http://www.cghjournal.org/article/S1542-3565\(13\)00609-5/abstract](http://www.cghjournal.org/article/S1542-3565(13)00609-5/abstract)

NIH Funds Study of Vitamin D to Prevent Diabetes

http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/42436g&mu_id=5093451

Source: NIH

<http://www.nih.gov/news/health/oct2013/niddk-21.htm>

Twitter Illiterate? Mastering the @BCs

http://www.nytimes.com/2013/10/24/technology/personaltech/twitter-illiterate-mastering-the-bcs.html?_r=0

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, November 2013.

-The Impact of Social Media on Business and Ethical Practices in Dietetics

[http://www.andjrnl.org/article/S2212-2672\(13\)01516-5/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01516-5/fulltext)

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<http://www.eatright.org/>. Go to publications

FDA Introduces New Twitter Feed on Foods

<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm372012.htm>

MedlinePlus: Latest Health News

-Flu Shot and Your Heart

-Why Are Jerky Treats Making Pets Sick?

-Don't Routinely Test for Kidney Disease in Those Without Symptoms: Experts

There isn't enough evidence to justify widespread screening, American College of Physicians
ays

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported

clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

-A Personalized Telehealth Intervention for Health and Weight Loss in Postpartum Women (E-Moms)

<http://clinicaltrials.gov/ct2/show/NCT01751230?term=NCT01751230&rank=1>

Registered Dietitians in the News

When School Lunch Gets Complicated

How Parents Cope With the Growing List of Rules Governing Their Kids' Meals

(Angela Lemond, Academy Spokesperson quoted)

<http://stream.wsj.com/story/latest-headlines/SS-2-63399/SS-2-361668/>

5 foods you should eat this fall

(By Keri Gans, RD)

http://www.cnn.com/2013/10/23/health/fall-foods-nutrition/index.html?hpt=he_c2

On the Menu: Fast Food

(Sheryl Lozicki, RD featured)

http://www.wzzm13.com/life/local/programming/take_five/271662/205/On-the-Menu-Fast-Food

Top fitness trend: High-intensity interval training

(Nancy Clark, RD quoted)

<http://tucsoncitizen.com/usa-today-news/2013/10/24/top-fitness-trend-high-intensity-interval-training/>

Choose this, not that, for Halloween treats

(Michelle Cardel, RD quoted)

<http://www.9news.com/entertainment/361584/343/Choose-this-not-that-for-Halloween-treats>

No meat, no problem: Former 'burger girl' switches to an all-vegan diet

(LeAnn Johnikin, RD quoted)

http://siouxcityjournal.com/lifestyles/food-and-cooking/no-meat-no-problem-former-burger-girl-switches-to-an/article_94fc673d-bcd2-5049-a7dd-622f6dbf9d.html

Should I avoid fish because of mercury?

(By Holly Larson, RD)

<http://www.oxfordpress.com/news/lifestyles/health/ask-holly-should-i-avoid-fish-because-of-mercury/nbWKp/>

Think food safety at next tailgate party

(Dianne Killebrew, RDN quoted)

<http://www.guampdn.com/article/20131024/LIFESTYLE/310240023/Think-food-safety-next-tailgate-party>

Pumpkin spice lattes are a treat with a trick

(Shannon Crocker, Dietitian/Canada quoted)

http://www.thestar.com/life/health_wellness/2013/10/24/the_dish_pumpkin_spice_lattes_are_a_treat_with_a_trick.html

Cutting out the food confusion surrounding Type 2 diabetes

(Deb Lounsbury, Dietitian/Canada quoted)

<http://www.calgaryherald.com/life/nutrition+myths+about+Type+diabetes/9073772/story.html>

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1833. Evaluate the FNCE Opening Session, Culinary Demos and Expo Briefings Now!

From: Academy of Nutrition and Dietetics <cpd@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Oct 23, 2013 22:16:43
Subject: Evaluate the FNCE Opening Session, Culinary Demos and Expo Briefings Now!

Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here regarding the Opening Session, Culinary Demonstrations and Expo Briefings. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

Please follow the link below to access the evaluation.

<http://fnce.fluidsurveys.com/s/fnce2013-Saturday/?code=pbrnphmhcp>

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Sincerely,
Academy of Nutrition and Dietetics

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1834. Daily News: Wednesday, October 23, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 23, 2013 10:49:11
Subject: Daily News: Wednesday, October 23, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

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Nominations for 2014 Elections

The Nominating Committee is seeking nominations for leaders with the skills and vision to further the profession and the Academy's strategic plan for the 2014 Election. For more information please visit www.eatright.org/elections

Remaining nominations are due October 25, 2013!

Gluten-free 2.0: Where is the gluten-free trend going next?

(Rachel Begun, Academy Spokesperson quoted at FNCE©)

<http://www.foodnavigator-usa.com/Markets/Gluten-free-2.0-Where-is-the-gluten-free-trend-going-next>

The FNCE© 2014 Call for Educational Sessions is Now Open!

<http://www.eatright.org/fnce/sessionproposals/>

Weight loss surgery 'more effective than diet and exercise'

<http://www.medicalnewstoday.com/articles/267722.php>

Source: *BMJ*

<http://www.bmj.com/content/347/bmj.f5934>

Inpatient Diabetes Education Linked to Lower Readmissions. Findings seen for all-cause 30-day readmissions and to a lesser extent 180-day readmissions

<http://www.physiciansbriefing.com/Article.asp?AID=681183>

Source: *Diabetes Care*

<http://care.diabetesjournals.org/content/36/10/2960.abstract>

Time to end the war against saturated fat?

<http://www.latimes.com/science/sciencenow/la-sci-saturated-fat-20131022,0,2193813.story#axzz2iY7unECQ>

Source: *BMJ*

<http://www.bmj.com/content/347/bmj.f6340>

The Flexitarian

Deep-Fried and Good for You

(The pleasures of deep-fried food are not forbidden for the health-conscious)

http://www.nytimes.com/2013/10/23/dining/deep-fried-and-good-for-you.html?_r=0

First-ever census reveals growing popularity of Farm to School program

http://www.washingtonpost.com/lifestyle/food/first-ever-census-reveals-growing-popularity-of-farm-to-school-programs/2013/10/22/9f8eafe2-3a75-11e3-a94f-b58017bfee6c_story.html

Source: USDA Farm to School Program

<http://www.fns.usda.gov/farmtoschool/census#/national>

Just 12 Percent of Women Over 50 Are 'Satisfied' With Their Bodies. Study finds that those who feel comfortable with their weight exercise often but rarely diet to stay thin

<http://consumer.healthday.com/senior-citizen-information-31/misc-aging-news-10/just-12-of-women-over-50-say-they-are-satisfied-with-their-bodies-681275.html>

Source: *Journal of Women & Aging*

<http://www.ncbi.nlm.nih.gov/pubmed/24116991>

Being Web-Savvy Tied to Better Health in Seniors: Study. Nonusers were less likely to exercise, eat a healthy diet or get colon cancer screening

<http://consumer.healthday.com/mental-health-information-25/behavior-health-news-56/briefs-emb-10-22-1-00-pm-et-aacr-internet-use-linked-to-cancer-preventive-behaviors-among-older-people-681198.html>

New complex in N. Phila features long-needed grocery

(thrives in former Philadelphia food desert)

http://articles.philly.com/2013-10-21/business/43254130_1_shopping-center-warehouse-tasty-baking-co

Related Resource: USDA/ERS Food Access Research Atlas

<http://www.ers.usda.gov/data-products/food-access-research-atlas.aspx>

Personal and social concerns motivate organic food buyers: Study

<http://www.foodnavigator.com/Science-Nutrition/Personal-and-social-concerns-motivate-organic-food-buyers-Study>

Source: *Journal of Advertising*

http://papers.ssrn.com/sol3/papers.cfm?abstract_id=2325108

Guilty Pleas in Outbreak of Listeria

<http://www.nytimes.com/2013/10/23/business/guilty-pleas-in-outbreak-of-listeria.html?ref=health>

Q: Can you freeze guacamole

You probably shouldn't, but there are alternatives for enjoying this treat

<http://www.chicagotribune.com/features/life/ct-tribu-daley-question-guacamole-20131022,0,1311923.column>

Dressed in black

Play with noir-hued ingredients for a grown-up Halloween dinner

<http://www.chicagotribune.com/features/food/sc-food-1018-halloween-black-foods-20131023,0,3668754.story?page=2>

Registered Dietitians in the News

Trick or allergy-triggering treat?

For kids with special eating needs, Halloween can be a scary heres how to take away the fright

(Angela Lemond, Academy Spokesperson quoted)

http://www.philly.com/philly/health/kidshealth/Trick_or_Allergy-Triggering_Treat.html#2eWYu6JddskBXsYr.99

New ADA Guidelines Focus on 'Eating Patterns,' not 'Diet'

(Alison Evert, RD quoted)

<http://www.medscape.com/viewarticle/812795>

Source: *Diabetes Care*-full-text available *FREE*

<http://care.diabetesjournals.org/content/early/2013/10/07/dc13-2042/suppl/DC1>

Extension Agent: Be part of the solution, not the problem

(By Mickey K. Bielowicz, RDN)

http://www.victoriaadvocate.com/news/2013/oct/22/fr_erika_bochat_102313_222949/?business

HAWC dietician walks the walk

(Jacqueline Maillet, RD quoted)

<http://www.dvidshub.net/news/115535/hawc-dietician-walks-walk>

Is your favorite brand of Greek yogurt the real deal or a Greek yogurt fake out?

(By Molly Kimball, RD)

http://www.nola.com/health/index.ssf/2013/10/is_your_favorite_brand_of_gree.html

LiveBest: Good for you, pumpkin!

(By Judy Barbe, RD)

http://trib.com/lifestyles/food-and-cooking/livebest-good-for-you-pumpkin/article_f43c3ec8-2c42-5ee9-adf5-3c46b4229b01.html

Dietitians Dish: You really can't eat just one

(By Elizabeth Sommerfeld, RD)

http://www.victoriaadvocate.com/news/2013/oct/22/gl_dietitian_dish_102313_222816/?features

What to do about aging parents

(Connie Bales, RD quoted)

<http://www.foxnews.com/health/2013/10/23/what-to-do-about-aging-parents/>

Quote of the Week

The achievements of an organization are the results of the combined effort of each individual

-Vince Lombardi

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1835. Evaluate the FNCE Tuesday Sessions Now!

From: Caitlin Peters <cpeters@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Oct 22, 2013 22:08:22
Subject: Evaluate the FNCE Tuesday Sessions Now!
Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas on Tuesday, October 22. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here in the Tuesday Session Evaluation. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

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<http://fnce.fluidsurveys.com/s/fnce2013-Tuesday/?code=v8wbh9th53>

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1836. Shipment Confirmation from The Academy of Nutrition and Dietetics

From: sales@eatright.org
To: DMARTIN@BURKE.K12.GA.US
Sent Date: Oct 22, 2013 20:35:07
Subject: Shipment Confirmation from The Academy of Nutrition and Dietetics
Attachment:

SHIP CONFIRMATION

Thank you for ordering from The Academy of Nutrition and Dietetics.

Your order has been shipped!

Order Summary

ADA Order Number: 0001232051

Order Date: 10/21/2013

Billing Information

DONNA S MARTIN

789 BURKE VETERANS PARKWAY

BURKE COUNTY BOARD OF EDUCATIO

WAYNESBORO, GA 30830

706 5545393

Shipping Information

DONNA S MARTIN

789 BURKE VETERANS PARKWAY

BURKE COUNTY BOARD OF EDUCATIO

WAYNESBORO GA 30830

Shipping MethodTracking Number UPS Ground 1Z6EA4660324927704

Item #DescriptionQtyDate Shipped 4793CHRONIC KIDNEY DISEASE AND THE NUTRITION
CARE PROCESS110/22/2013

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1837. Order Confirmation from The Academy of Nutrition and Dietetics

From: sales@eatright.org
To: DMARTIN@BURKE.K12.GA.US
Sent Date: Oct 22, 2013 20:31:34
Subject: Order Confirmation from The Academy of Nutrition and Dietetics
Attachment:

ORDER CONFIRMATION

Thank you for ordering from The Academy of Nutrition and Dietetics.

Your order has been received and will be processed shortly!

Order Summary

ADA Order Number: 0001232051

Order Date: 10/21/2013

Billing Information

DONNA S MARTIN

789 BURKE VETERANS PARKWAY

BURKE COUNTY BOARD OF EDUCATIO

WAYNESBORO, GA 30830

706 5545393

Shipping Information

DONNA S MARTIN

789 BURKE VETERANS PARKWAY

BURKE COUNTY BOARD OF EDUCATIO

WAYNESBORO, GA 30830

Shipping Method: UPS Ground

Item #	Description	Qty	Item Status	Unit Price	Total
4793	CHRONIC KIDNEY DISEASE AND THE NUTRITION CARE PROCESS	1	Available	\$0.00	\$0.00
Subtotal:					\$0.00
Tax:					\$0.00
Shipping and Handling:					\$0.00
Total Amount:					\$0.00

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1838. Evaluate the FNCE Monday Sessions Now!

From: Caitlin Peters <cpeters@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Oct 22, 2013 13:23:24
Subject: Evaluate the FNCE Monday Sessions Now!
Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas on Monday, October 21. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here in the Monday Session Evaluation. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

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Sincerely,
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1839. Daily News: Tuesday, October 22, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 22, 2013 10:51:50
Subject: Daily News: Tuesday, October 22, 2013
Attachment:

Daily News

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Feeding America Launches Healthy Food Bank Hub

(Michelle Berger Marshall, Academy Member, Jean Ragalie-Carr, RD & Kathy McClusky, RD all quoted)

<http://www.sacbee.com/2013/10/21/5839025/feeding-america-launches-healthy.html#storylink=cpy>

Eating-Disorder Dilemma: When Overweight Turns to Dangerously Thin Evidence Suggests Heavy Children Feel Pressure to Diet By Any Means Necessary

(Melissa Whitelaw, Dietitian/Australia quoted)

<http://online.wsj.com/news/articles/SB10001424052702303448104579149441503019798>

Obese Patients With Pancreatic Cancer Have Shorter Survival, Study Finds Reasons for link are unclear, but might involve inflammatory issues or differences in treatment

<http://consumer.healthday.com/cancer-information-5/pancreatic-cancer-news-105/obese-patients-with-pancreatic-cancer-have-shorter-survival-study-finds-681318.html>

Scientists Uncover Breast Milk's Potential Secret Weapon Against HIV

A compound not previously thought to be a germ-killer may help shield babies from the virus

<http://consumer.healthday.com/aids-information-1/aids-and-hiv-sexually-transmitted-diseases-news-607/scientists-uncover-breast-milk-s-secret-to-fighting-hiv-681249.html>

Bottle Feeding Raises Risk of Belly Blockage

<http://www.medpagetoday.com/Gastroenterology/GeneralGastroenterology/42398>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1759018>

Low Vitamin D Levels Raise Anemia Risk in Children

<http://www.sciencedaily.com/releases/2013/10/131021155625.htm>

Source: *Journal of Pediatrics*

[http://www.jpeds.com/article/S0022-3476\(13\)01088-3/abstract](http://www.jpeds.com/article/S0022-3476(13)01088-3/abstract)

Ask Well: Does Boiling or Baking Vegetables Destroy Their Vitamins?

<http://well.blogs.nytimes.com/2013/10/18/ask-well-does-boiling-or-baking-vegetables-destroy-their-vitamins/?ref=health>

Cited: *Journal of Agricultural and Food Chemistry*

<http://pubs.acs.org/doi/abs/10.1021/jf072304b>

Q&A

The Sweet Life

Q. Why Dont Sugar, Molasses and Honey Ever Rot?

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Walking can be a lifesaver, but many need to pick up pace. New studies pinpoint even more health benefits to exercise, especially brisk walking

<http://www.usatoday.com/story/news/nation/2013/10/20/walking-health-speed-duration/2936233/>

MedlinePlus: Latest Health News

-Kids Who Exercise More May Get Better Grades

U.K. study looked at math, science and English performance

-Health Habits Tied to Heart Disease, Arthritis Risk

Older women who exercise regularly and don't smoke may have a substantially lower risk of late-life disability than their peers with less-healthy habits, say UK researchers.

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

The Fuel Behind the Rams (NFL)

(Shawn Zell, RD quoted)

<http://www.stlouisrams.com/news-and-events/article-1/Shawn-Zell-The-Fuel-Behind-the-Rams/b0e827be-b553-4560-b15a-04472617fff4>

Unilever: Now with x% less salt/sodium claims turn consumers off

(Barbara Ledermann, Academy Member quoted)

<http://www.foodnavigator-usa.com/Manufacturers/Unilever-Now-with-x-less-salt-sodium-claims-turn-consumers-off>

5 ways to flatten your belly (no crunches needed)

(Tammy Lakatos Shames, RD & Lyssie Lakatos, RD quoted)

http://www.cnn.com/2013/10/22/health/flatten-belly-no-crunches-upwave/index.html?hpt=he_c1

Owatonna dietitian says power up your plate with pork

(By Tracy Bjerke, RD)

http://www.southernminn.com/owatonna_peoples_press/features/article_9f87fdc8-5b66-5721-8c74-0fe2228a2650.html

Pair exercise with DASH diet

(By Marianne Carter, RD)

<http://www.delawareonline.com/article/20131022/HEALTH/310220010/Pair-your-weekly-physical-activity-with-diet-based-on-fruits-veggies>

Alcohol in Moderation Defined

(By Mary Saucier Choate, RDN)

<http://www.coopfoodstore.com/news/alcohol-moderation%E2%80%93defined>

5 Healthy Fast Food Alternatives

(By Cynthia Sass, RD)

<http://abcnews.go.com/Health/Wellness/healthy-fast-food-alternatives/story?id=20611063>

The low-down on gluten

The difference between intolerance, sensitivity

(Donna Poe, RD quoted)

<http://www.ledgertranscript.com/home/8685311-95/the-difference-between-intolerance-sensitivity>

Teen who lost 100 pounds: I did it, and you can too

(His mother would go to his meetings with his dietitian, and the conversations opened her eyes about making better food choices)

<http://www.cnn.com/2013/10/21/health/weight-loss-gamez/index.html?iref=allsearch>

Orange and black food make ideal Halloween party fare for kids, adults

(Carol Harrison, Dietitian/Canada quoted)

<http://www.brandonsun.com/lifestyles/breaking-news/orange-and-black-food-make-ideal-halloween-party-fare-for-kids-adults-228657441.html?thx=y>

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or send a blank email to leave-23875-

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1840. Receptions at Hilton

From: Patricia Babjak <PBABJAK@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Margaret Garner
<mgarner@cchs.ua.edu>
Sent Date: Oct 21, 2013 19:20:00
Subject: Receptions at Hilton
Attachment:

The corporate reception is at 6:30- 7:30 in Hilton 343 AB, the Gala corporate reception is at 6:30- 7:30 in the Grand Ballroom Foyer, and the dinner is at 7:30- 11:00 in Grand Ballroom A-F.

Pat
Patricia M. Babjak
Chief Executive Officer

Academy of Nutrition and Dietetics
(formerly the American Dietetic Association)
NEW NAME, SAME COMMITMENT TO PUBLIC'S NUTRITIONAL HEALTH
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606
Tel: 312/899-4856
E-mail: pbabjak@eatright.org

1841. Evaluate the FNCE Sunday Sessions Now!

From: Academy of Nutrition and Dietetics <cpd@eatright.org>
To: DONNA <dmartin@burke.k12.ga.us>
Sent Date: Oct 21, 2013 18:03:45
Subject: Evaluate the FNCE Sunday Sessions Now!
Attachment:

Dear DONNA,

Thank you for attending the 2013 Food & Nutrition Conference & Expo™ (FNCE®) in Houston, Texas from on Sunday, October 20. Your feedback helps shape FNCE® each year. In order to continue to evaluate and improve FNCE®, please share your opinions with us here in the Sunday Session Evaluation. This evaluation should only take approximately 5-10 minutes. We greatly appreciate your help.

Please follow the link below to access the evaluation.

<http://fnce.fluidsurveys.com/s/fnce2013-Sunday/?code=4zhpvk6hc4>

This link is uniquely tied to this evaluation and your email address. Please do not forward this message.

Thank you again and please be on the lookout for the future evaluation links which will be sent the day after sessions conclude.

Sincerely,
Academy of Nutrition and Dietetics

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1842. Reminder: Take My Survey - 2013 HOD Fall Meeting (Response Requested)

From: hod@eatright.org via surveymonkey.com <member@surveymonkey.com>
To: dmartin@burke.k12.ga.us
Sent Date: Oct 21, 2013 17:04:00
Subject: Reminder: Take My Survey - 2013 HOD Fall Meeting (Response Requested)
Attachment:

We are conducting a survey, and your response would be appreciated.

Here is a link to the survey:

https://www.surveymonkey.com/s.aspx?sm=A81jo1WnIY_2b4W6EUL3ubYg_3d_3d

This link is uniquely tied to this survey and your email address. Please do not forward this message. For those of you who have submitted your responses to both Friday and Saturday's meetings. You may disregard this message

Thanks for your participation!

Please note: If you do not wish to receive further emails from us, please click the link below, and you will be automatically removed from our mailing list.

https://www.surveymonkey.com/optout.aspx?sm=A81jo1WnIY_2b4W6EUL3ubYg_3d_3d

1843. Daily News: Monday, October 21, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 21, 2013 11:27:46
Subject: Daily News: Monday, October 21, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

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New Research Offers Strategies to Avoid Overeating Food Choices That Can Help People Avoid Unwanted Calories While Feeling Full and Satisfied

(Two new studies were presented the Academy of Nutrition and Dietetics' FNCE© 2013 & Kristin Reimers, RD quoted)

<http://online.wsj.com/article/PR-CO-20131021-904223.html>

The FNCE© 2014 Call for Educational Sessions is Now Open!

<http://www.eatright.org/fnce/sessionproposals/>

Think twice before buying breast milk online: study

<http://www.chicagotribune.com/health/sns-rt-us-usa-health-breast-milk-20131020,0,2308763.story>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2013/10/16/peds.2013-1687.abstract>

Training, Mediterranean Diet Cuts Health Risks in Obese Individuals

(Study released at the Canadian Cardiovascular Congress.

<http://www.sciencedaily.com/releases/2013/10/131018084517.htm>

Low dietary fiber intake may increase cardiovascular risk: Study

<http://www.foodnavigator.com/Science-Nutrition/Low-dietary-fibre-intake-may-increase-cardiovascular-risk-Study>

Source: *American Journal of Medicine*

[http://www.amjmed.com/article/S0002-9343\(13\)00631-1/abstract](http://www.amjmed.com/article/S0002-9343(13)00631-1/abstract)

At McDonald's, Salads Just Don't Sell

<http://online.wsj.com/news/articles/SB10001424052702304384104579139871559464960>

Expertrubbishes Oreo cookies addiction claim

(A leading psychobiologist has slammed recent claims by researchers that Oreo cookies, made by international food manufacturer Mondelz, are as addictive as cocaine for rats)

<http://www.foodnavigator.com/Science-Nutrition/Expert-rubbishes-Oreo-cookies-addiction-claim>

California Teens Drinking More Sugary Drinks: Report. Daily consumption of soda, sports and energy drinks contributes to obesity crisis, experts warn

<http://consumer.healthday.com/kids-health-information-23/adolescents-and-teen-health-news-719/sugary-drinks-gaining-popularity-with-california-teens-681248.html>

New York Soda Ban to Go Before States Top Court

(The battle over big sodas is not yet finished)

http://www.nytimes.com/2013/10/18/nyregion/new-york-soda-ban-to-go-before-states-top-court.html?_r=1&

Companies Brace For Mexican Food Fight

Government Levies on High-Calorie Snacks and Drinks Seeks to Curb Obesity

<http://online.wsj.com/news/articles/SB10001424052702304410204579143820031860270>

Energy drinks remain most dynamic segment in the soft drinks market in Latin America

<http://www.foodnavigator.com/Financial-Industry/Energy-drinks-remain-most-dynamic-segment-in-the-soft-drinks-market-in-Latin-America>

Disruptions: Silicon Valleys Next Stop: The Kitchen

http://bits.blogs.nytimes.com/2013/10/20/disruptions-silicon-valleys-next-stop-the-kitchen/?_r=0

Indian-Origin Chefs Serving U.S. Flexitarians

<http://blogs.wsj.com/indiarealtime/2013/10/17/indian-origin-chefs-serving-u-s-vegetarians/>

MedlinePlus: Latest Health News

-Halloween and Food Allergies

-Brain may flush out toxins during sleep

NIH-funded study suggests sleep clears brain of damaging molecules associated with neurodegeneration

-Vigorous Workouts, But Not Work, Tied to Blood Pressure (Reuters Health)

Exercising for fun may lower the risk of high blood pressure, but heavy lifting on the job does not

offer the same benefit, according to a new review of the evidence

-Study: Vitamin D Supplements May Not Raise Risk for Kidney Stones

However, researchers found age, weight and gender are factors

-Can Antioxidants in Fruits and Vegetables Protect You and Your Heart? (AHA)

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

The Fit List: 3 unhealthy health foods

Surprising facts about so-called healthy food

(Jessica Lehmann, RDN featured)

<http://www.thelistshow.tv/the-list/the-fit-list/unhealthy-health-foods>

Healthy Eating Can Help Marathoners Cross Finish Line

(Brooke Schantz, RD quoted)

<http://www.newsday.com/news/health/healthy-eating-can-help-marathoners-cross-finish-line-1.6287792>

Is rye bread really healthier than white?

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/is-rye-bread-really-healthier-than-white/article14933952/>

Understanding milk alternatives

(By Dave Shaw, Dietitian/New Zealand)

http://www.nzherald.co.nz/lifestyle/news/article.cfm?c_id=6&objectid=11143522&ref=rss

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1844. 2013 HOD Fall Meeting (IMPORTANT - RESPONSE REQUESTED)

From: hod@eatright.org via surveymonkey.com <member@surveymonkey.com>
To: dmartin@burke.k12.ga.us
Sent Date: Oct 18, 2013 21:00:57
Subject: 2013 HOD Fall Meeting (IMPORTANT - RESPONSE REQUESTED)
Attachment:

We are conducting a survey, and your response would be appreciated. You are being sent this email with a unique link in that it tracks your response and allows you to re-enter the survey to modify or proofread your survey responses. PLEASE REMEMBER YOU MUST USE THIS LINK IN ORDER TO GET BACK INTO YOUR SURVEY. If you experience problems with this link, please contact me at the above email address.

Here is a link to the survey:

https://www.surveymonkey.com/s.aspx?sm=A81jo1WnIY_2b4W6EUL3ubYg_3d_3d

https://www.surveymonkey.com/optout.aspx?sm=A81jo1WnIY_2b4W6EUL3ubYg_3d_3d

This link is uniquely tied to this survey and your email address. Please do not forward this message.

Thanks for your participation!

1845. Daily News & Journal Review: Friday, October 18, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 18, 2013 11:01:07
Subject: Daily News & Journal Review: Friday, October 18, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

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One-Third of U.S. Adults Are Obese, CDC Says

The number hasn't budged for years, agency notes

<http://consumer.healthday.com/public-health-information-30/centers-for-disease-control-news-120/1-in-3-adults-in-u-s-are-obese-cdc-says-680754.html>

Source: CDC

<http://www.cdc.gov/obesity/data/adult.html>

Endocrine Groups Release Healthy Living Guidelines

(There are many obstacles that preclude patient access to nutritional education," the authors noted, adding that "Federal institutions have not paid for nutrition education except for a limited number of conditions" and that many patients with morbid conditions -- such as patients with obesity, hypertension, malnutrition, and the early stages of chronic kidney disease -- "are marginalized from this important component of healthcare.")

<http://www.medpagetoday.com/Endocrinology/Obesity/42338>

Source: *American Association of Clinical Endocrinologists Medical Guidelines for Clinical Practice*- scroll down to *Clinical practice guidelines for healthy eating for the prevention and treatment of metabolic and endocrine diseases in adults*

<https://www.aace.com/publications/guidelines>

Foods every breast cancer survivor should know about

http://www.cnn.com/2013/10/18/health/food-breast-cancer-survivors/index.html?hpt=he_c2

Related Resource: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(12\)01426-8/abstract](http://www.andjrnl.org/article/S2212-2672(12)01426-8/abstract)

Stop worrying so much about fat in your diet

<http://www.chicagotribune.com/health/sns-201310150000--tms--premhnr--k-c20131016-20131016,0,5708000,full.story>

Related Resource: *Position of the Academy of Nutrition and Dietetics: Total Diet Approach to Healthy Eating*

<http://www.eatright.org/About/Content.aspx?id=8356>

Making Sense of Conflicting Advice On Calcium Intake

<http://www.sciencedaily.com/releases/2013/10/131017173435.htm>

Source: *New England Journal of Medicine*-scroll down to: Calcium Supplements and Fracture Prevention

<http://www.nejm.org/>

Vitamin D Ineffective for Preventing Osteoporosis

http://well.blogs.nytimes.com/2013/10/17/vitamin-d-ineffective-for-preventing-osteoporosis/?ref=health&_r=0

Source: *Lancet*

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61647-5/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61647-5/abstract)

CardioBuzz: Wider Use of Rx Fish Oil Rejected

<http://www.medpagetoday.com/Cardiology/Dyslipidemia/42349>

Another green light for traffic light nutrition labels?

(A traffic light labelling system improves consumer awareness of health and healthy choices at the point of purchase, according to an American study which adds further research to an issue which has proved prickly in Europe of late)

<http://www.foodnavigator.com/Science-Nutrition/Another-green-light-for-traffic-light-nutrition-labels>

Source: *Preventive Medicine*

<http://www.sciencedirect.com/science/article/pii/S0091743513002259>

Why Halloween candy spooks older folks digestive systems

<http://www.sciencedaily.com/releases/2013/10/131014221500.htm>

Registered Dietitians in the News

At-home 'tasting game' helps kids accept vegetables

(Angela Lemond, Academy Spokesperson quoted)

<http://whtc.com/news/articles/2013/oct/17/at-home-tasting-game-helps-kids-accept-vegetables/>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(13\)01254-9/abstract](http://www.andjrnl.org/article/S2212-2672(13)01254-9/abstract)

Which fruit is nutritionally best?

(Andrea Giancoli, Academy Spokesperson quoted)

<http://www.chicagotribune.com/health/sc-health-1016-pick-a-fruit-20131016,0,1140478.story>

Infertility Problems? Eating Tips to Boost Fertility

(Brooke Schantz, RD quoted)

<http://www.sciencedaily.com/releases/2013/10/131017173358.htm>

Scientists question the validity of food addiction

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/228246491.html#>

Halloween candy: Is it worth it?

(Karen Congro, RD & Rachel Meltzer Warren, RD quoted)

<http://www.foxnews.com/health/2013/10/18/halloween-candy-is-it-worth-it/>

Stock up on food to prepare for emergencies

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_24319792/barbara-quinn-stock-up-food-prepare-emergencies

Protein drink in labor; Probiotics for colicky babies

(By Nancy Dell, RD)

<http://www.wwlp.com/health/dietitian/nancy-dell-protein-drink-in-labor-probiotics-for-colicky-babies>

Journal Review

Academy members can now obtain articles from the *Journal Review* for as little as \$10 per article, which saves Members up to \$20 per article.

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American Association of Diabetes Educators in Practice, November 2013

<http://www.diabeteseducator.org/ProfessionalResources/Periodicals/Practice/>

(Subscription required)

-Fueling the Athlete with Diabetes

-Obesity as a Disease

***Annals of Internal Medicine*, October 15, 2013**

<http://annals.org/issue.aspx>

Hospital Report Cards for Hospital-Acquired Pressure Ulcers: How Good Are the Grades?

<http://annals.org/article.aspx?articleID=1748841>

Advanced Wound Care Therapies for Nonhealing Diabetic, Venous, and Arterial Ulcers: A Systematic Review

<http://annals.org/article.aspx?articleid=1748844>

Lifestyle Interventions for Patients With and at Risk for Type 2 Diabetes: A Systematic Review and Meta-analysis

<http://annals.org/article.aspx?articleid=1748845>

Corpulence and Correspondence: President William H. Taft and the Medical Management of Obesity

<http://annals.org/article.aspx?articleid=1748846>

Pressure Ulcers: Even the Grading of Facilities Fails

<http://annals.org/article.aspx?articleid=1748847>

***Autism*, October 8-11, 2013 Online First**

<http://aut.sagepub.com/content/early/recent>

Longitudinal follow-up of factors associated with food selectivity in children with autism spectrum disorders

<http://aut.sagepub.com/content/early/2013/10/10/1362361313499457.abstract>

The association between emotional and behavioral problems and gastrointestinal symptoms among children with high-functioning autism

<http://aut.sagepub.com/content/early/2013/10/07/1362361313485164.abstract>

***Behavior Modification*, November 2013**

<http://bmo.sagepub.com/content/37/6.toc>

Relations of Hedonic Hunger and Behavioral Change to Weight Loss Among Adults in a Behavioral Weight Loss Program Utilizing Meal-Replacement Products

<http://bmo.sagepub.com/content/37/6/790.abstract>

***Gastronomica*, Fall 2013**

<http://www.jstor.org/stable/10.1525/gfc.2013.13.issue-3>

Ten Years of Food Politics: An Interview with Marion Nestle

<http://www.jstor.org/discover/10.1525/gfc.2013.13.3.1?uid=3739656&uid=2134&uid=2&uid=70&uid=4&uid=3739256&sid=21102768101581>

Learning to Cook

<http://www.jstor.org/discover/10.1525/gfc.2013.13.3.4?uid=3739656&uid=2134&uid=2&uid=70&uid=4&uid=3739256&sid=21102768101581>

Models of Food and Eating in the United Kingdom

<http://www.jstor.org/discover/10.1525/gfc.2013.13.3.32?uid=3739656&uid=2134&uid=2&uid=70&uid=4&uid=3739256&sid=21102768101581>

id=4&uid=3739256&sid=21102768101581

JAMA, October 16, 2013

<http://jama.jamanetwork.com/issue.aspx>

Universal Glove and Gown Use and Acquisition of Antibiotic-Resistant Bacteria in the ICU

<http://jama.jamanetwork.com/article.aspx?articleid=1752753>

Acute Skeletal Muscle Wasting in Critical Illness

<http://jama.jamanetwork.com/article.aspx?articleid=1752755>

IOM Report: Aging US Population, Rising Costs, and Complexity of Cases Add Up to Crisis in Cancer Care

<http://jama.jamanetwork.com/article.aspx?articleid=1752749>

Patient Page: Abdominal Bloating

<http://jama.jamanetwork.com/article.aspx?articleid=1752757>

JAMA Internal Medicine, October 14, 2013

<http://archinte.jamanetwork.com/issue.aspx>

Cholecalciferol Treatment to Reduce Blood Pressure in Older Patients With Isolated Systolic Hypertension

<http://archinte.jamanetwork.com/article.aspx?articleid=1754360>

Diet and Kidney Disease in High-Risk Individuals With Type 2 Diabetes Mellitus

<http://archinte.jamanetwork.com/article.aspx?articleid=1754361>

Journal of the National Cancer Institute, October 16, 2013

<http://jnci.oxfordjournals.org/content/105/20.toc>

Alcohol Intake Between Menarche and First Pregnancy: A Prospective Study of Breast Cancer Risk

<http://jnci.oxfordjournals.org/content/105/20/1571.abstract>

Journal of Pediatric Gastroenterology and Nutrition, October 2013

<http://journals.lww.com/jpgn/pages/currenttoc.aspx>

Effect of Fortifiers and Additional Protein on the Osmolarity of Human Milk: Is It Still Safe for the Premature Infant?

http://journals.lww.com/jpgn/Abstract/2013/10000/Effect_of_Fortifiers_and_Additional_Protein_on_the.9.aspx

Assessment and Management of Nutrition and Growth in Rett Syndrome

http://journals.lww.com/jpgn/Abstract/2013/10000/Assessment_and_Management_of_Nutrition_and_Growth.12.aspx

Clostridium difficile Infection in Newly Diagnosed Pediatric Inflammatory Bowel Disease in the Mid-Southern United States

http://journals.lww.com/jpgn/Abstract/2013/10000/Clostridium_difficile_Infection_in_Newly_Diagnosed.17.aspx

Psychosocial Dysfunction in Children and Adolescents With Eosinophilic Esophagitis

http://journals.lww.com/jpgn/Abstract/2013/10000/Psychosocial_Dysfunction_in_Children_and.20.aspx

Journal of Clinical Outcomes Management, October 2013

<http://www.turner-white.com/jc/jc01.php>

Landmark Look AHEAD Trial Finds Successful Weight Loss But No
Reduction in Cardiovascular Events

http://www.turner-white.com/memberfile.php?PubCode=jcom_oct13_AHEAD.pdf

Smoking Cessation Is Beneficial for All Smokers Despite Potential for Weight Gain

http://www.turner-white.com/memberfile.php?PubCode=jcom_oct13_cessation.pdf

Post-Bariatric Surgery Substance Use Disorders: Prevalence, Predictors,
Management, and Prevention

http://www.turner-white.com/memberfile.php?PubCode=jcom_oct13_bariatric.pdf

New England Journal of Medicine, October 17, 2013

<http://www.nejm.org/toc/nejm/medical-journal>

Calcium Supplements and Fracture Prevention

<http://www.nejm.org/doi/full/10.1056/NEJMcp1210380>

Lancet, Early Online Publication, October 14 2013

<http://www.thelancet.com/journals/lancet/issue/current>

Focal psychodynamic therapy, cognitive behaviour therapy, and optimised treatment as usual in
outpatients with anorexia nervosa (ANTOP study): randomised controlled trial

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61746-8/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61746-8/fulltext)

Nutrition Journal, October 9- 12, 2013 Online First

<http://www.nutritionj.com/>

Hypocaloric diet supplemented with probiotic cheese improves body mass index and blood
pressure indices of obese hypertensive patients - a randomized double-blind placebo-controlled
pilot study.

<http://www.nutritionj.com/content/12/1/138/abstract>

Three-year follow-up of serum 25-hydroxyvitamin D, parathyroid hormone, and bone mineral
density in nursing home residents who had received 12 months of daily bread fortification with 125
mug of vitamin D3

<http://www.nutritionj.com/content/12/1/137/abstract>

School Nutrition, October 2103

http://www.schoolnutrition.org/Level2_SNAMAG.aspx?id=19403

(flip to different articles)

Kids Are Kids: Niche populations may be set apart by certain unique traditions or special needs, but the fundamentals of school nutrition still apply (page 15)

-Colony kids (pages16-18)

-Challenging Children (pages 20-22)

-Faces on Bases (pages 24-260

-Tribal Tots (pages 28-30)

Beef Its Whats For School Lunch (pages50-59)

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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<http://us.soyjoy.com/Nutrition/Healthcare-Professionals>

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1846. Free Marketing Resources for Members!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 17, 2013 17:24:14
Subject: Free Marketing Resources for Members!
Attachment:

Free Marketing Resources for Members!

Having trouble viewing this e-mail? [View it in your browser.](#)

Tour our New Online Marketing Center Today

We are happy to announce the launch of the Online Marketing Center.

The Center was developed to provide free marketing resources to help promote your services to potential clients and physicians. Take advantage of the following:

- Radio scripts, videos, ready-to-use presentations, stock photos and more
- Customizable client education and RD/RDN flyers for your use
- Flyers, handouts and free brochures to help market your services to physicians
- Access to webinars and learning resources on the topics of marketing, business and social media
- Eat Right Vista Print Solutions: Save 10% on a number of pre-designed customizable promotional pieces including flyers, brochures and posters

Access the Online Marketing Center today!

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Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1847. RE: Foundation Board of Directors information for FNCE

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 17, 2013 12:36:03
Subject: RE: Foundation Board of Directors information for FNCE
Attachment: [image001.png](#)

Thanks Donna. I am looking forward to seeing you in Houston!

From: DMartin@Burke.k12.ga.us
Sent: Tuesday, October 15, 2013 2:19 PM
To: Beth Labrador
Subject: Re: Foundation Board of Directors information for FNCE

Beth, Based on my BOD Schedule, the time that works best for me is Tuesday, 11:15-12:00. I will be there unless I hear differently from you.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Beth Labrador <BLabrador@eatright.org> 10/14/2013 11:30 AM >>>
Dear Donna,

FNCE is upon us! We are looking forward to successful events and the opportunity to network and thank Foundation donors and friends.

You will find attached the most up to date version of the Foundation's FNCE event schedule, talking points that can be utilized with members and with students about the Foundation,

information about volunteering at the Foundation Booth and promotional information about Foundation events that can be sent to your colleagues.

We would like to assign Board Members to some donor cultivation and networking as schedules will permit. Please review the following assignments.

· Please volunteer for one hour during the conference to work the Foundation Booth. This is a great way to cultivate potential new donors. During your hour timeslot at the booth, we will ask you to assist in handing out student stipends and to network with members about the Foundation. Please see the attached information regarding the Foundation Booth. **Please let me know by Wednesday, October 16th** when you are available to volunteer at the Booth for a one hour timeslot during the following days/times.

Saturday, October 19

12:00 pm-2:00 pm or 2:00 pm- 4:00 pm

Sunday, October 20

9:30 am -10 am or 11:30 am -1:30 pm or 3:00 pm- 3:30 pm

Monday, October 21

9:30 am-10 am or 11:30-1:30

Tuesday, October 22

11:15 am -12 pm

· **Thank Corporate Donors**

You have been assigned to visit the following corporate donor's booths in the expo hall to thank them for their support of the Foundation:

Company/Booth number:

Hershey Company, The

1509

Kellogg Company

1219

Expo hours:

Sunday, October 20: 9 a.m. - 3 p.m.

Monday, October 21: 9 a.m. - 3 p.m.

Tuesday, October 22: 9 a.m. - 1 p.m.

- **Celebrate our Emeritus Level Donors at the Foundation Board of Directors Dinner, Saturday, October 19th, 6:30 pm** A list of Emeritus Donors attending the dinner will be shared with the Board shortly.
- **Meet and Greet at the Foundation Donor Reception, Sunday, October 20th** . While attending this special event, we ask that you thank attendees for their support of the Foundation. Members of the Eatright Society and State Fundraising Chairs are invited to attend.
- **Gala Attendance:** We want all of our Board Members to attend this year's Kid's Eat Right Gala on Monday, October 21st from 6:30-9:30 pm. If you cannot attend, please consider sponsoring a student or award winner so that they can attend the Gala. Please contact Foundation Staff at 312-899-4773 or foundationtemp@eatright.org to purchase a table or tickets. Please promote the Gala to your friends and colleagues. It is the social event of FNCE, after all!
- **Promote Foundation Events to Colleagues** We ask that you promote all of our Foundation Events to Friends and colleagues. Please cut and paste the attached promotional copy about Foundation events and send via email to your contacts.
- As you may know, the Academy has introduced the first Food & Nutrition Conference & Expo App for attendees and exhibitors. This free app is a great tool to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, stay up to date on the latest announcements during FNCE, and much more. To download the app for Apple or Android devices, visit the app store and type in FNCE 2013 in the search field and install

Please do not hesitate to contact me with any questions. We appreciate your support and look forward to seeing you in Houston!

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

Beth Labrador
Development Director
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312-899-4821
www.eatright.org

1848. Daily News: Thursday, October 17, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 17, 2013 10:55:13
Subject: Daily News: Thursday, October 17, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

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Massachusetts scraps controversial student obesity letters

<http://www.boston.com/lifestyle/health/2013/10/16/massachusetts-scraps-controversial-student-obesity-letters/7A35q2d552eSMViKYAfEJ/story.html>

Related Resource: Kids Eat Rights scroll down to view

-What is the Kids Eat Right Initiative?

Find out what the Kids Eat Right initiative is all about and how you can get involved.

<http://www.eatright.org/foundation/kidseatright/>

Iron Supplementation Can Provide Cognitive, Physical Benefits to Anemic Children

<http://www.sciencedaily.com/releases/2013/10/131015123519.htm>

Source: *Canadian Medical Association Journal*

<http://www.cmaj.ca/content/early/2013/10/15/cmaj.130628>

Cinnamon May Help Ease Common Cause of Infertility, Study Says. Spice supplements appeared to improve menstrual cycles in small group of women

<http://consumer.healthday.com/diseases-and-conditions-information-37/misc-diseases-and-conditions-news-203/cinnamon-may-help-regulate-common-cause-of-infertility-study-says-681150.html>

Health/weight-conscious consumers are driving the gluten-free market, not celiacs, says Mintel

<http://www.foodnavigator-usa.com/Markets/Health-weight-conscious-consumers-are-driving-the-gluten-free-market-not-celiacs-says-Mintel>

Groceries Become a Guy Thing

As Men Shop More, Packaging Aims to Win Them Over; 'Inner Abs' Appeal

<http://online.wsj.com/news/articles/SB10001424052702303680404579139422972891330>

Changing demographics influencing taste buds

<http://www.star-telegram.com/2013/10/17/5253194/changing-demographics-influencing.html?rh=1>

Food waste one of the great paradoxes of our times

<http://www.foodnavigator.com/Financial-Industry/Food-waste-one-of-the-great-paradoxes-of-our-times>

Related Resource: *Food & Nutrition Magazine*

Six Ways You Can Waste Less Food

<http://www.foodandnutrition.org/Spring-2012/Six-Ways-You-Can-Waste-Less-Food/>

Shellfish Toxin Spreading to Eastern U.S., Report Says. Warming seas may contribute to growth of this potentially deadly bacteria, experts say

<http://consumer.healthday.com/public-health-information-30/safety-and-public-health-news-585/shellfish-toxin-spreading-to-eastern-u-s-europe-report-says-681180.html>

Related Resource: CDC

<http://www.cdc.gov/nczved/divisions/dfbmd/diseases/vibriop/>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Developing Methods for Completing Future Satiety Studies

<http://clinicaltrials.gov/ct2/show/NCT01379911?term=satiety&rank=7>

B@B Trade Inc. Issues a Voluntary Recall of "Slim Fortune", "Lidiy", and "Slim Expert" weight loss Dietary Supplement

http://www.fda.gov/Safety/Recalls/ucm370884.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

Registered Dietitians in the News

Greater Latrobe gives Seton Hill University interns a taste of food service

(Lindsay Hostetler & Shannon Powell, student members & Janice Sandrick, RD all quoted)

<http://triblive.com/neighborhoods/yourlatrobe/yourlatrobemore/4800853-74/interns-hill-seton#axzz2htUnrKzj>

Eating healthy, watching weight still important during pregnancy

(By Holly Larson, RD)

<http://www.oxfordpress.com/news/lifestyles/fitness/eating-healthy-watching-weight-still-important-dur/nbPp2/>

3 questions about nutrition that I hear too often

(By Sheah Rarback, RD)

http://www.miamiherald.com/2013/10/16/3693119_3-questions-about-nutrition-that.html#

No one can eat just two Oreos

(Jan Tilley, RD quoted)

<http://www.kens5.com/news/health/No-one-can-eat-just-two-228113861.html>

Candy crazed

(Kim Lett, RD quoted)

<http://www.seminolechronicle.com/vnews/display.v/ART/2013/10/16/525ee5b671c9a>

Are you consuming enough fluids?

(By Rhianna King, RD)

http://santamariatimes.com/lifestyles/health-med-fit/your-cancer-answers/are-you-consuming-enough-fluids/article_ab66aa90-36e2-11e3-8512-001a4bcf887a.html

The body's gut reaction to bacteria

(By Victoria Mikhail, Dietitian/Canada)

<http://www.windsorstar.com/health/body+reaction+bacteria/9046762/story.html>

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1849. Daily News: Wednesday, October 16, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 16, 2013 11:15:20
Subject: Daily News: Wednesday, October 16, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

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Medicare Eases Rule for Bariatric Surgery Centers

<http://www.medpagetoday.com/PublicHealthPolicy/HealthPolicy/42289>

Related Resource: FNCE© 2013 Sessions-Obesity and Weight Management Track

-Bariatric Surgery Failures: Polishing Off the Tarnish to Achieve Success

-Sleeve Gastrectomy: Exploring the Research for Best-Practice Guidelines

-Improving Outcomes in the Severely Obese Population after Bariatric Surgery

<http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=38>

FNCE...There's an App for That

<http://www.eatright.org/FNCE/content.aspx?id=6442477661>

Gastric Banding Packs More Bang for the Buck

<http://www.medpagetoday.com/Gastroenterology/GeneralGastroenterology/42275>

Source: *PloS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0075498>

Related Resource: *Complete Counseling Kit for Weight Loss Surgery* (10% off during the month of October)

<https://www.eatright.org/shop/product.aspx?id=6442472279>

Mexico Takes Bloomberg-Like Swing at Soaring Obesity

<http://www.nytimes.com/2013/10/16/world/americas/mexico-takes-a-bloomberg-like-swing-at->

obesity.html

Addicted to Oreos? You truly might be

(Study in mice to be presented at the Society for Neuroscience annual meeting)

<http://www.today.com/health/addicted-oreos-you-truly-might-be-8C11399682>

Nutritional intervention for pediatric inpatients decrease hospital stay and costs

(Presented at the 2013 North American Society for Pediatric Gastroenterology, Hepatology and Nutrition Annual Meeting)

<http://www.medicalnewstoday.com/releases/267391.php>

A Feeding Instinct Starts in the Womb

<http://www.nytimes.com/2013/10/15/science/a-feeding-instinct-starts-in-womb.html?ref=health>

How Much Alcohol In Your Drink? Stronger Beverages Make It Tough to Tell

A glass of wine at a restaurant may be 50 percent more potent than you think, experts warn

<http://consumer.healthday.com/general-health-information-16/misc-alcohol-news-13/how-much-alcohol-is-in-that-glass-stronger-beers-wines-malt-drinks-make-it-tough-to-tell-681143.html>

Source: *Today's Alcohol Demands a Closer Look*, available FREE at:

<http://www.nabca.org/Resources/Publications.aspx#Today%27s%20Alcohol%20Demands%20a%20Closer%20Look>

Study links warmer water temperatures to greater levels of mercury in fish

http://www.washingtonpost.com/national/health-science/study-links-warmer-water-temperatures-to-greater-levels-of-mercury-in-fish/2013/10/13/c86d43c6-3113-11e3-9c68-1cf643210300_story.html

Herbal, Weight Loss Supplements, Energy Drink Associated With Liver Damage, Liver Failure

(according to four separate case reports presented at the American College of Gastroenterology's Annual Scientific Meeting)

<http://www.sciencedaily.com/releases/2013/10/131014093539.htm>

AHA Issues Guidelines for Assessing Physical Activity. Using a decision matrix, most appropriate method of assessment for primary outcome can be selected

<http://www.physiciansbriefing.com/Article.asp?AID=681084>

Source: *Circulation* scroll down to AHA Scientific Statement-Guide to the Assessment of Physical Activity: Clinical and Research Applications: A Scientific Statement From the American Heart Association

<http://circ.ahajournals.org/>

Thai farmer wins World Food Day Award

<http://www.bangkokpost.com/breakingnews/375028/thai-farmer-wins-world-food-day-award>

Registered Dietitians in the News

Nutrition Know How: Enjoy a healthy and happy Halloween

(By Mia Gibson, RD)

http://www.oaoa.com/people/food/nutrition_know_how/article_a849cbbc-361f-11e3-93f8-0019bb30f31a.html

Practical Nutrition: Finding delicious gluten-free grain products is a challenge, but can be done

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-finding-delicious-gluten-free-grain-products-is-a/article_b98742bc-e124-5dea-bec4-d4162597d4d6.html

Artificial sweeteners and weight

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-artificial-sweeteners-and-weight-2194989>

Myths vs. facts of weight loss surgery

(Erica Phelps, RD featured)

<http://www.woodtv.com/eightwest/myths-vs-facts-of-weight-loss-surgery>

10 eye health tips to protect your vision

(Tanya Zuckerbrot, RD quoted)

<http://www.foxnews.com/health/2013/10/16/10-eye-health-tips-to-protect-your-vision/>

Grilled Shrimp PoBoys With Fresh Herb Mayonnaise

(By Michelle Dudash, RD)

<http://www.azcentral.com/food/articles/20131015grilled-shrimp-poboy-recipes.html>

Quote of the Week

"The war against hunger is truly mankind's war of liberation."

-John F. Kennedy

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<http://us.soyjoy.com/Nutrition/Healthcare-Professionals>

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1850. Eat Right Weekly - October 16, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 16, 2013 10:53:45
Subject: Eat Right Weekly - October 16, 2013
Attachment:

Eat Right Weekly
October 16, 2013

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[Take Action at FNCE](#)

Exercise your voice at the Food & Nutrition Conference & Expo. The Academy's Nutrition Policy and Advocacy Center will be located on the Expo Floor of the Food & Nutrition Conference & Expo (Booth 311). Stop by to learn about policy affecting the profession; send your member of Congress a letter about important nutrition services; or donate to the Academy's Political Action Committee ANDPAC.

[Learn More >>](#)

[Government Shutdown Remains in Effect, Debt Ceiling Deadline Looms](#)

The shutdown of the federal government is now in its third week. This shutdown continues to have a dramatic impact on Academy members - from those working for the Veterans Administration hospital system to those helping vulnerable pregnant women get the nutrition they need through the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). Congress is beginning to shift its focus to raising the debt ceiling before the deadline of October 17.

[Learn More >>](#)

Save the Date: Academy's 2014 Public Policy Workshop

The Academy will host its annual Public Policy Workshop in Washington, D.C., March 30 to April 1, 2014. Join nearly 500 of your fellow Academy members at one of the world's largest food and nutrition advocacy summits.

[Learn More >>](#)

CPE Corner

Support the Foundation While Earning CPE Hours at FNCE

Attend the Foundation Nutrition Symposium "Nutrients and Micronutrients and Early Cognitive Development" on Saturday, October 19, from 1:30 p.m. to 3:30 p.m. at the George R. Brown Convention Center.

[Learn More >>](#)

Earn CPE Over Breakfast: Kids Eat Right Breakfast Series at FNCE

Join the Academy's Foundation at the Food & Nutrition Conference & Expo for engaging discussions devoted to helping kids and families start their day right, while you enjoy a nutritious, energizing meal. The Kids Eat Right Breakfast Series will consist of three sessions, each offering 1 CPEU.

[Learn More >>](#)

October 30 Webinar - "Meeting Need for Obesity Treatment: Developing RD/PCP Partnership"

Are you wondering how registered dietitian nutritionists can participate in Medicare's Intensive Behavioral Therapy for Obesity benefit? While RDNs are not able to direct bill for this new benefit, RDNs have an opportunity to partner with primary care providers to deliver this service. A new webinar titled "Meeting the Need for Obesity Treatment: Developing the RD/PCP Partnership" will provide the information and tools you need to successfully align with primary care providers to offer this benefit to Medicare beneficiaries and beyond. The live webinar will be October 30 at 1 p.m. Central Time.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease (CKD) and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Academy's Pediatric Overweight Position Paper Published October 1

Prevention and treatment of pediatric overweight and obesity require systems-level approaches that include the skills of registered dietitian nutritionists. The Academy's Position Paper "Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity," published in the October 2013 *Journal of the Academy of Nutrition and Dietetics*, provides guidance and recommendations for levels of intervention targeting overweight and obesity prevention and treatment from preschool age through adolescence. The position paper also appears on the Academy's website.

[Learn More >>](#)

"Nourish to Flourish" Infographic

Be a part of the solution to the hunger and obesity paradox by raising awareness, getting involved and supporting programs that help food insecure families have consistent access to healthy foods. See the new Kids Eat Right "Nourish to Flourish" infographic and share it with others.

[Learn More >>](#)

Coach Training for RDNs

Academy members are invited to attend the workshop "Wellness Coaching: The Art of Communication for Sustainable Weight Loss," to be held November 1 in Lake Forest, Ill. The daylong workshop will integrate the communication skills of wellness coaching and the professional expertise of the provider; unique obstacles coaching clients for weight management; and an innovative approach to empower the client (and coach) to evolve from outcomes data to being well.

[Learn More >>](#)

Resources to Celebrate Food Day

Food Day, on October 24, is a nationwide celebration and a movement for healthy, affordable and sustainable food. Celebrate Food Day in your community with resources from the Academy Foundation.

[Learn More >>](#)

Online Marketing Center

Self-branding is essential to career development. The Academy has developed the new Online Marketing Center to provide members with the resources needed to improve their personal brands. From Eat Right videos, to physician marketing resources and customizable client handouts, the Online Marketing Center is the one-stop shop for members looking to promote their services.

[Learn More >>](#)

October Book of the Month

Save 10 percent in October on *The Complete Counseling Kit for Weight Loss Surgery*. This easy-to-navigate, web-based tool provides all the information you'll need to work with patients at each stage of the weight-loss surgery journey. Overview of the various surgical stages, counseling ideas and handouts are all available in one convenient place.

[Learn More >>](#)

Academy Member Updates

Member Receives NIH Research Grant

Academy member Meg Bruening, PhD, MPH, RD, assistant professor at Arizona State University's School of Nutrition and Health Promotion, has received a 2013 High Risk-High Reward grant from the National Institutes of Health. She was awarded one of 15 grants in the NIH Director's Early Independence Award category.

[Learn More >>](#)

Thank Your Child's School Nutrition Professionals during National School Lunch Week

October 14 to 18 marks National School Lunch Week: time to celebrate the good work that school nutrition services professionals are doing to implement new standards set under the 2010 Healthy, Hunger-Free Kids Act. To learn about the new nutrition requirements for snacks and beverages in schools, read "Opportunities to Improve Snacks and Beverages in Schools" in the September *Journal of the Academy of Nutrition and Dietetics*.

[Learn More >>](#)

Whole Grain Summit Research Available Free Online

The Grains for Health Foundation and AACC International have partnered to deliver full-length abstracts of the 2012 Whole Grain Summit online with unlimited access to the public. The summit brought together scientists and business and health professionals from around the world to examine the status of whole grains, dietary fiber and functional grain from a science and technology perspective as well as business, marketing and regulatory perspectives. Papers by Academy members Sylvia Escott-Stump, MA, RDN, LD, and Raquel Pereira, MS, RD, LD, are included in the conference proceedings.

[Learn More >>](#)

Philanthropy, Awards and Grants

Foundation's Kids Eat Right Gala at FNCE

The Foundation will host a legendary evening of gourmet food, spectacular entertainment and dancing on Monday, October 21, at the Food & Nutrition Conference & Expo.

[Learn More >>](#)

Text Your Support for the Academy Foundation

Now you can support the Academy's Foundation by phone: Donate on your mobile device. Text "Eatright" to 91011 and click on the link to complete your donation.

[Learn More >>](#)

CDR Leadership Grant

The deadline is November 1 to apply for the Commission on Dietetic Registration's Leadership Grant Award, which provides financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training.

[Learn More >>](#)

CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

Last Chance: Hunger in Our Community Kids Eat Right Mini-Grant Opportunity

To support the use of the recently enhanced "Hunger in Our Community. What We Can Do." toolkit, 25 grants of \$200 grants are available. Recipients of the mini-grants agree to give two presentations between October 28 and December 27, utilizing the presentations for adults or teens from the "Hunger in Our Community" toolkit.

[Learn More >>](#)

FNCE Kids Eat Right Kiosk

At the Food & Nutrition Conference & Expo, stop by the Kids Eat Right kiosk, located next to the Foundation booth, and pick up a Kids Eat Right ribbon. View a demonstration of the latest toolkits and talk with RD Nutrition Coaches about the many exciting Kids Eat Right programs.

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics. To unsubscribe from an individual section of *Eat Right Weekly*, follow this link. If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1851. RE: Sponsor Meet and Greet attendees fyi

From: Jennifer Horton <Jhorton@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 15, 2013 15:48:17
Subject: RE: Sponsor Meet and Greet attendees fyi
Attachment:

Hi Donna,

Did this version make it? Ends with Julie Washington.

Diane Tallman, RD*

Abbott Nutrition
Manager, Professional Alliance

Jen Davis, MSN, RN* (associate member)

Abbott Nutrition

Manager, Nurse Alliance Development

Karen Kafer, MS, RD*

National Dairy Council

VP, Health & Wellness Partnerships

Erin Coffield, RD, LDN*

National Dairy Council

VP, Strategic Communications and Integration for Nutrition, Health and Wellness, NDC and
Innovation Center for US Dairy

Juli Hermanson, MPH, RD*

General Mills

Senior Nutrition Communicator

Sarah Woodside, MS, RD*

Kellogg Company

Senior Nutrition Business Partner

Barb Ledermann, RD, MSc*

Unilever

Senior Nutrition Manager North America

Gina Ruskie, RD*

Unilever

Nutrition and Health Asst Manager

Carolyn Kallio, RD

Unilever

Assistant Nutrition Manager Refreshment North America

Kari Sellars

Alaska Seafood Marketing Institute

Senior Public Relations Account Executive

Sarah Ludmer, RD, LD*

Del Monte

Manager, Nutrition Services and Communication

Stacy Spadaro, RD*

Del Monte

Dietetic Intern

Kim Spinelli

Del Monte

Regulatory Technologist

Bob Wheatley

Jamba Juice

CEO at Emergent Communications, Inc.

Julie Washington

Jamba Juice

Chief Brand Officer

Jennifer Horton

Director Corporate Relations

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

PH: 312.899.4804

jhorton@eatright.org

1852. RE: Foundation Board of Directors information for FNCE

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 15, 2013 15:20:13
Subject: RE: Foundation Board of Directors information for FNCE
Attachment: [image001.png](#)

Great! Thank you so much. WE are looking forward to seeing you.

From: DMartin@Burke.k12.ga.us
Sent: Tuesday, October 15, 2013 2:19 PM
To: Beth Labrador
Subject: Re: Foundation Board of Directors information for FNCE

Beth, Based on my BOD Schedule, the time that works best for me is Tuesday, 11:15-12:00. I will be there unless I hear differently from you.

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Beth Labrador <BLabrador@eatright.org> 10/14/2013 11:30 AM >>>
Dear Donna,

FNCE is upon us! We are looking forward to successful events and the opportunity to network and thank Foundation donors and friends.

You will find attached the most up to date version of the Foundation's FNCE event schedule, talking points that can be utilized with members and with students about the Foundation, information about volunteering at the Foundation Booth and promotional information about

Foundation events that can be sent to your colleagues.

We would like to assign Board Members to some donor cultivation and networking as schedules will permit. Please review the following assignments.

· Please volunteer for one hour during the conference to work the Foundation Booth. This is a great way to cultivate potential new donors. During your hour timeslot at the booth, we will ask you to assist in handing out student stipends and to network with members about the Foundation. Please see the attached information regarding the Foundation Booth. **Please let me know by Wednesday, October 16th** when you are available to volunteer at the Booth for a one hour timeslot during the following days/times.

Saturday, October 19

12:00 pm-2:00 pm or 2:00 pm- 4:00 pm

Sunday, October 20

9:30 am -10 am or 11:30 am -1:30 pm or 3:00 pm- 3:30 pm

Monday, October 21

9:30 am-10 am or 11:30-1:30

Tuesday, October 22

11:15 am -12 pm

· **Thank Corporate Donors**

You have been assigned to visit the following corporate donor's booths in the expo hall to thank them for their support of the Foundation:

Company/Booth number:

Hershey Company, The

1509

Kellogg Company

1219

Expo hours:

Sunday, October 20: 9 a.m. - 3 p.m.

Monday, October 21: 9 a.m. - 3 p.m.

Tuesday, October 22: 9 a.m. - 1 p.m.

- **Celebrate our Emeritus Level Donors at the Foundation Board of Directors Dinner, Saturday, October 19th, 6:30 pm** A list of Emeritus Donors attending the dinner will be shared with the Board shortly.
- **Meet and Greet at the Foundation Donor Reception, Sunday, October 20th** . While attending this special event, we ask that you thank attendees for their support of the Foundation. Members of the Eatright Society and State Fundraising Chairs are invited to attend.
- **Gala Attendance:** We want all of our Board Members to attend this year's Kid's Eat Right Gala on Monday, October 21st from 6:30-9:30 pm. If you cannot attend, please consider sponsoring a student or award winner so that they can attend the Gala. Please contact Foundation Staff at 312-899-4773 or foundationtemp@eatright.org to purchase a table or tickets. Please promote the Gala to your friends and colleagues. It is the social event of FNCE, after all!
- **Promote Foundation Events to Colleagues** We ask that you promote all of our Foundation Events to Friends and colleagues. Please cut and paste the attached promotional copy about Foundation events and send via email to your contacts.
- As you may know, the Academy has introduced the first Food & Nutrition Conference & Expo App for attendees and exhibitors. This free app is a great tool to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, stay up to date on the latest announcements during FNCE, and much more. To download the app for Apple or Android devices, visit the app store and type in FNCE 2013 in the search field and install

Please do not hesitate to contact me with any questions. We appreciate your support and look forward to seeing you in Houston!

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

Beth Labrador
Development Director
Academy of Nutrition and Dietetics Foundation
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Chicago, Illinois 60606-6995
312-899-4821
www.eatright.org

1853. Polling the Participants

From: Pearlie Johnson <PJohnson@eatright.org>
To: 'Copperman, Nancy' <NCopper@NSHS.edu>, 'Marc Jacobson' <daktah@gmail.com>, Dana E. Gerstein <danaeg@berkeley.edu>, 'Kirk, Shelley' <Shelley.Kirk@cchmc.org>, 'dkibbe@gsu.edu' <dkibbe@gsu.edu>, 'Gail Frank' <Gail.Frank@csulb.edu>, 'Johnston, Craig Allen' <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'Isadora Nogueira' <isadora.v.nogueira@gmail.com>, FSTANFORD@PARTNERS.ORG <FSTANFORD@PARTNERS.ORG>
Cc: Kathy Cobb <kathy.cobb@snet.net>
Sent Date: Oct 15, 2013 14:26:23
Subject: Polling the Participants
Attachment: [image001.png](#)

While you are preparing your PowerPoint presentation for the November 2013 program, I just wanted to let you know that we have the capability to poll the participants using audience response devices. These devices were purchased at the request of the Level faculty; however, we can use them at all programs. Please let me know if you wish to add this to your presentation prior to the program; otherwise, the devices will not be shipped to the on-site program.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1854. Direct Deposit

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 15, 2013 14:08:34
Subject: Direct Deposit
Attachment: [image001.png](#)

Just want to let you know that the \$100.00 for writing the two pre-test questions will be direct deposited into your account this week.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1855. Foundation Board News

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'jean.ragalie-carr@rosedmi.com' <jean.ragalie-carr@rosedmi.com>, Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>
Sent Date: Oct 15, 2013 09:31:17
Subject: Foundation Board News
Attachment: [image001.png](#)
[jean wedding photo3.JPG](#)
[jean wedding photo1.jpg](#)
[jean wedding photo5.JPG](#)

Good morning. Please join us in sending best wishes to Jean Ragalie-Carr on her recent marriage to Jim Carr. The couple was married on September 9th in Florida. I've attached some photos from the ceremony. Please note that Jean's new email address is jean.ragalie-carr@rosedmi.com. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1856. Board of Director FNCE Schedule Change

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'bergmane@cwu.edu' <bergmane@cwu.edu>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <easaden@aol.com>, 'becky@beckydorner.com' <becky@beckydorner.com>, 'lbeseler_fnc@bellsouth.net' <lbeseler_fnc@bellsouth.net>, 'c.christie@unf.edu' <c.christie@unf.edu>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, 'linda.farr@me.com' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <bkyle@roadrunner.com>, 'joe.derochowski@connell-group.com' <joe.derochowski@connell-group.com>, 'sandalgill@comcast.net' <sandalgill@comcast.net>
Cc: Jennifer Horton <Jhorton@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
Sent Date: Oct 14, 2013 17:58:20
Subject: Board of Director FNCE Schedule Change
Attachment: [image001.jpg](#)

There has been a change to the final Board schedule for Saturday, October 19th. Please note that your attendance is highly encouraged between 3:00 pm – 3:30 pm for the Corporate Sponsor Meet and Greet in Room 350C GRBCC. From there, we will go to the Board Photo Shoot in the General Assembly Theater, which begins at 3:30 pm and will finish by 3:45 pm.

This will be reflected on your FNCE meeting schedule included in the program packets delivered to your rooms.

Thanks!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1857. RE: FAC meeting on Tuesday, October 22nd from 3 p.m. to 4 p.m.

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Oct 14, 2013 17:50:58
Subject: RE: FAC meeting on Tuesday, October 22nd from 3 p.m. to 4 p.m.
Attachment:

All,

It has been brought to my attention that the closing ceremony for FNCE ends at 3:30. Since I know many of you would like to attend the end of FNCE, I am recommending we push back the FAC meeting until 3:45 p.m. This will allow everyone to attend FNCE's closing ceremony and still make it to the meeting room on time. Please let me know if this will be a problem for anyone. We will make sure the room available and the auditors are informed.

Paul

From: Paul Mifsud
Sent: Monday, October 14, 2013 4:04 PM
To: Paul Mifsud; DMartin@Burke.k12.ga.us; Connors@ohsu.edu; fellerb@auburn.edu; 'KMcClusky@lammorrison.com'; 'Elise Smith'; nhwooldridge@charter.net; 'kendall@ufl.edu'; 'mstokes@usj.edu'; peark02@outlook.com
Cc: Maria Juarez; Christian Krapp; Jeri Palmer; Joan Schwaba; Patricia Babjak
Subject: FAC meeting on Tuesday, October 22nd from 3 p.m. to 4 p.m.

All,

Just a reminder that our meeting will be held at the Hilton in room 336AB. This is on the 3rd floor. I know we will need some time to get from the closing ceremony to the Hilton. So, we can push the start time back from 3:00 to 3:15. Jim Hagestad sent over to me today the "presentation" material he will use. I am attaching it for your review. It will also be put onto the portal in the morning. I know that both Milton and Ann cannot attend the meeting. If anyone else cannot attend, please let me know. Ann/Milton, if you have any specific questions you would like us to ask, please feel free to pass them along.

If you have any questions or need to reach me, please call me on my cell phone at 630-750-8311.

Have a safe trip.

Paul Mifsud

1858. FAC meeting on Tuesday, October 22nd from 3 p.m. to 4 p.m.

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <pear02@outlook.com>
Cc: Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Oct 14, 2013 17:03:39
Subject: FAC meeting on Tuesday, October 22nd from 3 p.m. to 4 p.m.
Attachment: [2013 AND - Required Communications Presentation \(2\).pdf](#)

All,

Just a reminder that our meeting will be held at the Hilton in room 336AB. This is on the 3rd floor. I know we will need some time to get from the closing ceremony to the Hilton. So, we can push the start time back from 3:00 to 3:15. Jim Hagestad sent over to me today the "presentation" material he will use. I am attaching it for your review. It will also be put onto the portal in the morning. I know that both Milton and Ann cannot attend the meeting. If anyone else cannot attend, please let me know. Ann/Milton, if you have any specific questions you would like us to ask, please feel free to pass them along.

If you have any questions or need to reach me, please call me on my cell phone at 630-750-8311.

Have a safe trip.

Paul Mifsud

1859. Houston, We Have a Party!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Oct 14, 2013 16:02:08
Subject: Houston, We Have a Party!
Attachment:

Houston, We Have a Party!

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect With Us:

Kick-Off FNCE® Like Never Before!

Join your friends and colleagues for a night that will go down in FNCE® history as one to remember! Dress comfortably and come ready to have fun!

Saturday, October 19th 811 p.m. | Grand Ballroom, Hilton Americas-Houston

The Flamingo Express provides a wide range of live music from the 1950s to current hits. Throughout the three hours of non-stop entertainment, they will have you out of your seat, on your feet (or foot if you're a real flamingo) and even up on the stage! When Flamingo Express comes to an event, they not only bring the music...They bring the PARTY!

Shuttle service has been extended to 11:30 p.m. for those of you who have what it takes to dance the night into history!

Share this mailing with your social network:

This FNCE Announcement is a benefit of the Academy of Nutrition and Dietetics.
If you prefer not to receive future FNCE Announcements, simply follow this link to unsubscribe.

You are currently subscribed as: **dmartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1860. Academy request on federal shutdown to leaders of Congress

From: Mary Pat Raimondi <mraimondi@eatright.org>
To: Joan Schwaba <JSchwaba@eatright.org>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Oct 14, 2013 14:09:12
Subject: Academy request on federal shutdown to leaders of Congress
Attachment: [image003.jpg](#)
[Academy of Nutrition and Dietetics Federal Shutdown Request Letter.pdf](#)

The following letter from Pat and Glenna has been sent to four leaders of Congress requesting the federal shutdown issue be resolved. We have provided several examples on how the shutdown is impacting the nutrition health of Americans.

We are hopeful that something will be resolved today however we felt it was important to be on record urging a solution. We know this has impacted our members and their clients.

Questions are welcome! See you soon.

Mary Pat Raimondi, MS RDN
Vice President, Strategic Policy and Partnerships

Academy of Nutrition and Dietetics
1120 Connecticut Avenue NW- Suite 480

Washington, DC 20036

phone: 312.899.1731 (new direct line)

fax: 202.775.8284

mraimondi@eatright.org

www.eatright.org

1861. Foundation Board of Directors information for FNCE

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 14, 2013 11:30:17
Subject: Foundation Board of Directors information for FNCE
Attachment: [image001.png](#)
[2013 FNCE Foundation Event Schedule.docx](#)
[BOD FAQ.doc](#)
[Student talking points.docx](#)
[Foundation Booth Information.docx](#)
[Members Promo Flyer for TX.docx](#)

Dear Donna,

FNCE is upon us! We are looking forward to successful events and the opportunity to network and thank Foundation donors and friends.

You will find attached the most up to date version of the Foundation's FNCE event schedule, talking points that can be utilized with members and with students about the Foundation, information about volunteering at the Foundation Booth and promotional information about Foundation events that can be sent to your colleagues.

We would like to assign Board Members to some donor cultivation and networking as schedules will permit. Please review the following assignments.

· Please volunteer for one hour during the conference to work the Foundation Booth. This is a great way to cultivate potential new donors. During your hour timeslot at the booth, we will ask you to assist in handing out student stipends and to network with members about the Foundation. Please see the attached information regarding the Foundation Booth. **Please let me know by Wednesday, October 16th** when you are available to volunteer at the Booth for a one hour timeslot during the following days/times.

Saturday, October 19

12:00 pm-2:00 pm or 2:00 pm- 4:00 pm

Sunday, October 20

9:30 am -10 am or 11:30 am -1:30 pm or 3:00 pm- 3:30 pm

Monday, October 21

9:30 am-10 am or 11:30-1:30

Tuesday, October 22

11:15 am -12 pm

· **Thank Corporate Donors**

You have been assigned to visit the following corporate donor's booths in the expo hall to thank them for their support of the Foundation:

Company/Booth number:

Hershey Company, The

1509

Kellogg Company

1219

Expo hours:

Sunday, October 20: 9 a.m. - 3 p.m.

Monday, October 21: 9 a.m. - 3 p.m.

Tuesday, October 22: 9 a.m. - 1 p.m.

· **Celebrate our Emeritus Level Donors at the Foundation Board of Directors Dinner, Saturday, October 19th, 6:30 pm** A list of Emeritus Donors attending the dinner will be shared with the Board shortly.

· **Meet and Greet at the Foundation Donor Reception, Sunday, October 20th** . While attending this special event, we ask that you thank attendees for their support of the Foundation. Members of the Eatright Society and State Fundraising Chairs are invited to attend.

· **Gala Attendance:** We want all of our Board Members to attend this year's Kid's Eat Right Gala on Monday, October 21st from 6:30-9:30 pm. If you cannot attend, please consider sponsoring a student or award winner so that they can attend the Gala. Please contact Foundation Staff at 312-899-4773 or foundationtemp@eatright.org to purchase a table or tickets. Please promote the Gala to your friends and colleagues. It is the social event of FNCE, after all!

· **Promote Foundation Events to Colleagues** We ask that you promote all of our Foundation Events to Friends and colleagues. Please cut and paste the attached promotional copy about Foundation events and send via email to your contacts.

· As you may know, the Academy has introduced the first Food & Nutrition Conference & Expo App for attendees and exhibitors. This free app is a great tool to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, stay up to date on the latest announcements during FNCE, and much more. To download the app for Apple or Android devices, visit the app store and type in FNCE 2013 in the search field and install

Please do not hesitate to contact me with any questions. We appreciate your support and look forward to seeing you in Houston!

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

312-899-4821

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1862. Daily News: Monday, October 14, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 14, 2013 10:34:43
Subject: Daily News: Monday, October 14, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

Your Time to Shine: Become a Fellow of the Academy of Nutrition and Dietetics

and be recognized for your professional accomplishments, valuable service to the profession and public and pursuit of lifelong learning. Learn more at www.eatright.org/fellow.

Healthier Diets Possible in Low-Income, Rural Communities

<http://www.sciencedaily.com/releases/2013/10/131011093329.htm>

Source: *Journal of the Academy of Nutrition and Dietetics*

[http://www.andjrnl.org/article/S2212-2672\(13\)01338-5/abstract](http://www.andjrnl.org/article/S2212-2672(13)01338-5/abstract)

Study shows that diet and lifestyle advice for those with diabetes should be 'no different' from that for general public

<http://www.medicalnewstoday.com/releases/267350.php>

Source: *Diabetologia*

<http://www.diabetologia-journal.org/>

Home-Delivered Meals Could Help Some Avoid Nursing Home: Study. Many states could save money by feeding seniors at home rather than paying for residential care

<http://consumer.healthday.com/senior-citizen-information-31/senior-citizen-news-778/briefs-emb-10-7-seniors-meal-programs-health-affairs-brown-u-release-batch-961-680963.html>

Source: *Health Affairs*

<http://content.healthaffairs.org/content/32/10/1796.abstract?sid=d5e3d11f-efb7-4c15-bca8-05081f548aed>

Related Resource: Meals on Wheels Association of America

<http://www.mowaa.org/>

Women in Labor May Be Fine Taking in Nourishment, Study Finds

Those who got protein shake fared no worse than women given ice chips only, researchers say

(Results of the study were presented at the annual meeting of the American Society of Anesthesiologists)

<http://consumer.healthday.com/pregnancy-information-29/pregnancy-news-543/women-in-labor-may-be-fine-taking-in-nourishment-study-finds-681035.html>

For Dialysis Patients, It Was a Honey of An Idea

But antibiotics are still preferred for preventing catheter infections, study says

<http://consumer.healthday.com/infectious-disease-information-21/antibiotics-news-30/for-dialysis-patients-it-was-a-honey-of-an-idea-680925.html>

Evaluating Mobile Weight Loss Apps On Use of Evidence-Based Behavioral Strategies

<http://www.sciencedaily.com/releases/2013/10/131008091715.htm>

Source: *American Journal of Preventive Medicine*

<http://www.ajpmonline.org/>

Italy Loses Its Taste for Pasta

Consumption Has Dropped 23% in Past Decade

<http://online.wsj.com/news/articles/SB10001424127887324807704579082953783065812>

New Nordic dietary guidelines emphasise whole diet quality

<http://www.foodnavigator.com/Legislation/New-Nordic-dietary-guidelines-emphasise-whole-diet-quality>

Related Resource: Academy Position Paper

-Total Diet Approach to Healthy Eating

<http://www.eatright.org/About/Content.aspx?id=8356>

Fitness experts extol machine-less workout

<http://www.chicagotribune.com/health/sns-rt-us-fitness-workouts-20131014,0,3614997.story>

Registered Dietitians in the News

Three steps to ditching the scale

(By Melinda Johnson, Academy Spokesperson; Rebecca Scritchfield, RD & Marjorie Nolan Cohn, Academy Spokesperson both quoted)

<http://www.nydailynews.com/life-style/health/steps-ditching-scale-article-1.1483148>

Breast Cancer and Diet

(Dawn Napoli, RD featured)

<http://www.myfoxorlando.com/video?autoStart=true&topVideoCatNo=default&clipId=9393313>

4 Tips to Never Gain Weight

(Lisa Young, RD quoted)

<http://abcnews.go.com/Health/Wellness/tips-gain-weight/story?id=20533639#>

Health Watch: Take control of blood sugar

(Aarti Arora, RD quoted)

http://www.dailynewstranscript.com/lifestyle/health_and_environment/x1837095209/Health-Watch-Take-control-of-blood-sugar

Stress in midlife may increase risk of dementia, study suggests

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/227592491.html>

From the Dietitian: Beer is nutrient-rich choice

(By Amanda Devereaux, RD)

<http://www.desmoinesregister.com/article/20131014/LIFE02/310140038/From-Dietitian-Beer-nutrient-rich-choice>

Eating healthy during the big game

(Jenna Braddock, RD featured)

<http://www.firstcoastnews.com/video/default.aspx?bctid=2739642190001&odyssey=mod%7Cnewswell%7Ctext%7CFRONTPAGE%7Cfeatured>

Do some foods or supplements actually help treat a cold?

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/do-some-foods-or-supplements-actually-help-treat-a-cold/article14842492/?cmpid=rss1>

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You are currently subscribed to daily_news as: DMartin@burke.k12.ga.us.

To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=23762

(It may be necessary to cut and paste the above URL if the line is broken)
or send a blank email to leave-23762-
1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

1863. FW: Discussion on LinkedIn-sponsorships

From: Patricia Babjak <PBABJAK@eatright.org>
To: Becky Dorner <becky@beckydorner.com>, Catherine Christie <c.christie@unf.edu>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Elise Smith <easaden@aol.com>, Ethan A. Bergman <bergmane@cwu.edu>, Glenna McCollum <glenna@glennamccollum.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Kathy McClusky <KMcClusky@iammorrison.com>, Linda Farr <linda.farr@me.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Marcia Kyle <bkyle@roadrunner.com>, Margaret Garner <mgarner@cchs.ua.edu>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Sandra Gill <sandralgill@comcast.net>, Sonja Connor <connors@ohsu.edu>
Sent Date: Oct 11, 2013 17:57:40
Subject: FW: Discussion on LinkedIn-sponsorships
Attachment: [image003.jpg](#)
[image002.jpg](#)
[image001.png](#)

Please read this interesting information shared by Mary Pat.

Pat

Patricia M. Babjak

Chief Executive Officer

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Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

From: Mary Pat Raimondi
Sent: Thursday, October 10, 2013 5:01 PM
To: Executive Team Mailbox; Alison Steiber
Subject: Discussion on LinkedIn-sponsorships

This is a fairly balanced and respectful discussion. It is refreshing to see members discuss the issue in this manner.

http://www.linkedin.com/groupItem?view=&gid=1940094&type=member&item=278554355&qid=ddc871ba-eb3f-49a0-83aa-f140dbd2b541&trk=groups_most_popular-0-b-cmr&goback=%2Egmp_1940094

Mary Pat Raimondi, MS RDN
Vice President, Strategic Policy and Partnerships

Academy of Nutrition and Dietetics
1120 Connecticut Avenue NW- Suite 480

Washington, DC 20036

phone: 312.899.1731 (new direct line)

fax: 202.775.8284

mraimondi@eatright.org

www.eatright.org

1864. October Board Meeting

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Oct 11, 2013 17:51:47
Subject: October Board Meeting
Attachment:

The agenda and corresponding attachments for the October 23 Board meeting are now available on the Board of Directors' communication platform. Please login to the platform using the link <http://academybod.webauthor.com> and enter your Academy website username and password. The agenda and attachments are located under the *Library* tab, 2013 Board Meetings, October Board Meeting. A paper packet will be delivered, together with your FNCE meeting materials, to your hotel room the day of your arrival in Houston.

Also in your Board packet you will have a highly confidential Plan for Potential Disruptions at FNCE. It includes an overview, trigger sessions, Academy contacts, potential case scenarios and action steps, talking points for sponsorship, continuing education and the expo floor. As discussed during the Board conference call, this document is highly confidential so it will distributed via hard copy, along with Dr. Covello's tips from the July retreat.

We are also cross checking the change.org list to our membership and should have some additional information to share with you onsite. Remember that change.org has been criticized for the fact that it is a for-profit business despite using the .org domain suffix rather than the commercial .com. The site has been accused of fooling its users and hiding the fact that it is "a for-profit entity that has an economic incentive to get people to sign petitions." It has been noted that

change.org is being deliberately deceitful through the use of the.org name. We suspect that the members who did sign the petition are not aware that change.org is a for-profit corporation, and that the corporation plans on using the contact information being provided to them to earn revenue.

Items in your on arrival packet include a copy of the final Board FNCE schedule, the Board meeting packet, your designated exhibitor assignments prepared by the meetings team, FNCE badge, ribbon(s), program book, FNCE bag, House of Delegates meeting materials, confidential materials and general talking points prepared by Doris, in case you are asked to say a few words to different groups (DPGs, MIGs, affiliates, etc.). A copy of the script with instructions for those Board members (Ethan Bergman, Becky Dorner, Sonja Connor, Nancy Lewis, Donna Martin, Kathy McClusky, Mary Russell and Elise Smith) introducing Medallion recipients during the Honors Breakfast on Sunday, October 20 will also be included in the packet.

The Board meeting will be held on Wednesday, October 23 at the Hilton Americas-Houston hotel in Grand Ballroom L. Breakfast will be served at 7:00 am and the meeting will convene at 7:30 am. Sandra Gill is unable to attend the meeting. We have a number of guests participating: Dick Rogers of Readex will present the results of the Advanced Practice Audit, and Nancy Wooldridge, chair of the Commission on Dietetic Registration (CDR) and Riva Touger-Decker, chair of CDR Advanced Clinical Nutrition Practice Audit Taskforce, will be present for the practice audit discussion; Sylvia Escott-Stump, our representative to the International Confederation of Dietetic Associations, Elena Paravantes, president of the American Overseas Dietetic Association (AODA), and Erin Boyd Kappelhof, immediate past president of AODA, will join us for the International Strategic Goals discussion; and James Hagestad, CPA, Senior Manager and Genevieve Burns, Partner of Plante Moran, will present the FY 2013 Audit Report. The Board will also have time to dialogue with the auditors during an executive session immediately following the Audit Report.

A Board dinner is scheduled for Tuesday evening, October 22 from 6:00 pm – 9:00 pm in the Presidential Suite #21029 in the Hilton Americas-Houston hotel, allowing for a relaxing and fun evening. Joan Schwaba should be contacted at jschwaba@eatright.org if you are planning on bringing a guest to the dinner.

Please let me know if you have any questions, and I look forward to seeing you soon!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1865. RE: November 22-24, 2013 Childhood and Adolescent Weight Management Program Information

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 11, 2013 15:28:20
Subject: RE: November 22-24, 2013 Childhood and Adolescent Weight Management Program Information
Attachment: [image001.png](#)

Thank you – will do.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Friday, October 11, 2013 1:51 PM
To: Pearlie Johnson
Subject: Re: November 22-24, 2013 Childhood and Adolescent Weight Management Program Information

Pearlie, I get in Saturday night at 8:26 on Delta flight 1089 and leave Denver on Sunday at 2:45 on Delta Flight 1352. I will just need a room for Saturday night. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 10/10/2013 1:49 PM >>>

Attached is your contract for the November 22-24, 2013 Certificate of Training in Childhood and Adolescent Weight Management program. Please sign and return the contract to me by fax (312/899-4772) or e-mail by November 1, 2013. I also attached a tentative agenda.

You can make your flight arrangements to Denver through the Academy's travel service, American Express Travel. You may contact the Travel Desk at 800/238-9049 or www.eatright.org/traveldesks to book your flight. You will need to create an account to use the system. The system will require you to enter a security code and a 7 character GL code to finalize your ticket. The security code is 686490 and the GL Code is 1041790. Please forward me a copy of your itinerary once your flight has been finalized so I can make sure that you have proper hotel accommodations.

Your presentation time is as noted below:

School Nutrition

Sunday, November 24, 2013 – 10:30 am – 11:45 am

Programs Location:

Westin Denver Downtown

1672 Lawrence Street

Denver, CO 80202

If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files. However, if the file is not too large, you can email it to me. I will acknowledge receipt of the e-mail.

1. Go to www.cdrnet.org
2. To login choose the "Login" option on the upper right-hand side of the page.
 1. Sign-in using your e-mail address and the password – welcome
 2. On the purple banner, hover over the "Portal" option on the right-hand side and choose the "Library" option from the drop-down menu.
 3. Click on the "November 2013 Childhood Faculty PowerPoint Files and Handouts" link located to the left.
 4. Click on the "Upload Multiple Files" link located in the gray menu bar.
 5. Scroll down to the bottom of the grey area and click on "add files" button (lower left side)
 6. Browse for your file.
 7. Click open.
 8. To add another file choose "Add Files" button again to add another file to the list.
 9. When you have all the files that you would like to add, click on the "Start Upload" button (lower left side). When upload had finished press "Continue."
 10. Don't pay attention to the list of folder. Just stroll down to the bottom of the page and click on "Complete Upload" bar.
 11. When you are done, please logout (upper right hand corner).

The due date for your PowerPoint presentation and handouts is Friday, November 8, 2013.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

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pjohnson@eatright.org

1866. Final FNCE Board Schedule

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Oct 11, 2013 13:44:19
Subject: Final FNCE Board Schedule
Attachment: [image001.jpg](#)
[2013 BOD FNCE Schedule.doc](#)
[DPG-MIG Chairs ChairElect FNCE 2013.PDF](#)

Thank you for your input. Attached is the final Board schedule highlighting FNCE activities which require and/or encourage Board attendance. Based on your feedback regarding the schedule, we strategically selected DPG/MIG events where we wanted Board presence. For those of you who have been assigned to DPG/MIG events, we have registered you and notified the DPG or MIG chair. You will be greeted by the chair; if not, please introduce yourself. Attached is a list of DPG and MIG chairs and chair-elects for reference.

Just a reminder, the Food & Nutrition Conference & Expo App for attendees and exhibitors is a great tool to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, and stay up to date on the latest announcements during FNCE. To download the app for Apple or Android devices, visit the app store, type in FNCE 2013 in the search field and install.

Please contact me if you have any questions.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

From: Joan Schwaba

Sent: Wednesday, September 25, 2013 4:38 PM

To: 'glenna@glennamccollum.com'; 'Sonja Connor'; 'Ethan A. Bergman'; 'Kathy McClusky'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'Elise Smith '; 'Becky Dorner'; 'Lucille Beseler '; 'Catherine Christie '; 'Margaret Garner'; 'Linda Farr'; dwheller@mindspring.com; 'Marcia Kyle'; 'Joe Derochowski'; 'Sandra Gill '

Cc: Executive Team Mailbox; Chris Reidy; Susan Burns; Alison Steiber; Doris Acosta; Karen Lechowich; Mary Ann Taccona

Subject: FNCE Board Schedule

Attached for your review is a draft schedule highlighting FNCE activities which require and/or encourage Board attendance. The schedule is not intended to reflect all the sessions you attend. We recognize that most of you hold multiple DPG and MIG memberships and that you will be attending affiliate, DPG and MIG business meetings and receptions on your own. We will register those of you who have specific DPG events designated on the Board FNCE schedule. Please let me know if an activity/session **requiring** Board representation is not reflected or if you have a conflict and are unable to attend an activity or session to which you were assigned. Since rooms and times may still change, a final copy of the schedule will be sent with your October meeting packet. Your meeting packet will also include the Honors script for those presenting Medallion awards to their Board Partners at the Honors Breakfast and your designated assignments from the Meetings Team for thanking our exhibitors.

Tickets for the Foundation Gala are purchased directly by you. The Foundation would like to challenge all Board members to consider sponsoring an Academy student member to attend the gala. To purchase a table or ticket, or sponsor a student, please contact Foundation staff at 1-800/877-1600, ext. 4773.

As you know, the Academy has introduced the first Food & Nutrition Conference & Expo App for attendees and exhibitors. This free app is a great tool to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, stay up to date on the latest announcements during FNCE, and much more. To download the app for Apple or Android devices, visit the app store and type in FNCE 2013 in the search field and install.

If you have any questions, please contact me.

Joan

Joan Schwaba, MS, RDN, LDN

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Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1867. Daily News & Journal Review: Friday, October 11, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Oct 11, 2013 10:38:37
Subject: Daily News & Journal Review: Friday, October 11, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

Your Time to Shine: Become a Fellow of the Academy of Nutrition and Dietetics

and be recognized for your professional accomplishments, valuable service to the profession and public and pursuit of lifelong learning. Learn more at www.eatright.org/fellow.

Shared doctor visits may help diabetes self-care

<http://www.chicagotribune.com/health/sns-rt-us-shared-doctor-visits-20131010,0,4240386.story>

Source: *American Journal of Medicine*

[http://www.amjmed.com/article/S0002-9343\(13\)00534-2/fulltext](http://www.amjmed.com/article/S0002-9343(13)00534-2/fulltext)

Related Resource: FNCE© 2013 Session

-Shared Dietetic Appointments: A New Treatment Model

<http://fnce.eatright.org/fnce/Tracks.aspx?GroupID=39>

Dont miss your chance to register for the FNCE® where cutting-edge education, innovative products, new research and more will be showcased! Register Online

<http://www.eatright.org/FNCE/content.aspx?id=6442469083>

40 Years of Federal Nutrition Research Fatally Flawed

<http://www.sciencenewsline.com/articles/2013101002310019.html>

Source: *PLoS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0076632>

Nestlé research discovers 'distinct metabolic signature' for obesity

(People with visceral obesity share a unique set of biomarkers that may help researchers to identify future health risks and dietary changes that may help to tackle obesity, say researchers from Nestlé)

<http://www.foodnavigator.com/Science-Nutrition/Nestle-research-discovers-distinct-metabolic-signature-for-obesity>

Source: *PloS One*

<http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0073445>

Weight-Loss Drug Cuts Type 2 Diabetes

<http://www.medpagetoday.com/Endocrinology/Diabetes/42204>

Source: *Diabetes Care*

<http://care.diabetesjournals.org/content/early/2013/10/07/dc13-1518.abstract>

No Sign That Vitamin D Supplements Help Aging Bones: Study. Large data review found no effect against osteoporosis at most sites tested in healthy adults

<http://consumer.healthday.com/bone-and-joint-information-4/osteo-arthritis-news-42/no-sign-that-vitamin-d-supplements-help-aging-bones-study-681008.html>

Source: *Lancet*

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61647-5/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61647-5/fulltext)

High Dietary Intake of Polyphenols Are Associated With Longevity

<http://www.sciencedaily.com/releases/2013/10/131009111025.htm>

Source: *Journal of Nutrition*

<http://jn.nutrition.org/content/143/9/1445>

Less healthy food choices and higher calorie meals a greater temptation for users of school debit accounts

<http://www.medicalnewstoday.com/releases/267219.php>

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Source: *Breast Cancer Research and Treatment*

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Fat-burning supplement OxyElite pulled, linked to liver failure

http://www.cnn.com/2013/10/09/health/oxyelite-pro-liver-damage/index.html?hpt=he_c2

Related Resource: FDA Q & A on DMAA in Dietary Supplements

<http://www.fda.gov/Food/DietarySupplements/QADietarySupplements/ucm346576.htm>

Analysis of Herbal Products Shows Contamination Is Common

<http://www.sciencedaily.com/releases/2013/10/131010205140.htm>

Source: *BMC Medicine*

<http://www.biomedcentral.com/1741-7015/11/222/abstract>

USDA won't close plants in salmonella outbreak

<http://www.usatoday.com/story/news/nation/2013/10/10/foster-farms-salmonella-outbreak-california/2956111/>

Registered Dietitians in the News

Almonds: satiating and nutritious snack without weight gain?

(Richard Mattes, RD quoted)

<http://www.foodnavigator.com/Science-Nutrition/Almonds-satiating-and-nutritious-snack-without-weight-gain>

Food Rules to Ignore!

(Katie Ferraro, RD featured)

<http://www.sandiego6.com/story/food-rules-to-ignore--20131004>

Dallas Company's Weight-Loss Product Investigated

(Meridan Zerner, RD quoted)

<http://www.nbcdfw.com/news/health/Dallas-Companys-Weight-Loss-Product-Investigated-227310551.html>

Gluten-free health trend misunderstood by most

(Sarah Formoza, RD quoted)

<http://www.oswegonian.com/2013/10/10/gluten-free-health-trend-misunderstood-by-most/>

Study: Top athletes endorsing unhealthy foods

(Laura Jeffers, RD quoted)

<http://www.komonews.com/news/health/Study-Top-athletes-endorsing-energy-dense--nutrient-poor-food-in-ads-227280601.html>

Choice investigation into online diet programs find too many are restrictive, complicated and plain unhealthy

(Kate Browne & Susie Burrell, dietitians/Australia quoted)

<http://www.couriermail.com.au/news/queensland/choice-investigation-into-online-diet-programs-find-too-many-are-restrictive-complicated-and-plain-unhealthy/story-fnihsrf2-1226737057475>

Turkey Toss: The scary caloric truth about what we gobble down

(Stefanie Senior and Nanci Guest, Dietitians/Canada quoted)

<http://www.ctvnews.ca/health/turkey-toss-the-scary-caloric-truth-about-what-we-gobble-down-1.1493333>

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***American Journal of Epidemiology*, October 15, 2013**

<http://aje.oxfordjournals.org/content/178/8?etoc>

Predicting Risk of Type 2 Diabetes Mellitus with Genetic Risk Models on the Basis of Established Genome-wide Association Markers: A Systematic Review

<http://aje.oxfordjournals.org/content/178/8/1197.abstract>

History of Infertility and Risk of Gestational Diabetes Mellitus: A Prospective Analysis of 40,773 Pregnancies

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Blood Levels of Saturated and Monounsaturated Fatty Acids as Markers of De Novo Lipogenesis and Risk of Prostate Cancer

<http://aje.oxfordjournals.org/content/178/8/1246.abstract>

***American Journal of Preventive Medicine*, October 2013**

<http://www.ajpmonline.org/current>

Promoting Healthy Lifestyles in High School Adolescents: A Randomized Controlled Trial

[http://www.ajpmonline.org/article/S0749-3797\(13\)00395-4/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00395-4/abstract)

Sugar-Sweetened Beverage Consumption in the U.S

[http://www.ajpmonline.org/article/S0749-3797\(13\)00396-6/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00396-6/abstract)

C-Reactive Protein Levels in African Americans: A Diet and Lifestyle Randomized Community Trial

[http://www.ajpmonline.org/article/S0749-3797\(13\)00393-0/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00393-0/abstract)

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***Annals of Internal Medicine*, October 8, 2013 Online First**

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Clinical Guidelines: Screening for Primary Hypertension in Children and Adolescents: U.S. Preventive Services Task Force Recommendation Statement

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<http://online.liebertpub.com/toc/chi/9/5>

Five Recent Expert Recommendations on the Treatment of Childhood and Adolescent Obesity:

Toward an Emerging ConsensusA Stepped Care Approach

<http://online.liebertpub.com/doi/abs/10.1089/chi.2013.0058>

Risk Factors for Overweight/Obesity in Preschool Children: An Ecological Approach

<http://online.liebertpub.com/doi/abs/10.1089/chi.2012.0150>

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Global Childhood Obesity Update

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Clinical Nutrition Insight, October 2013

<http://journals.lww.com/clinnutrinsight/pages/currenttoc.aspx>

(Subscription required)

-Nutrition in the Transition of Care From Hospital to Home

-Experts Call for Increase in Protein RDA For Older Adults

-Optimizing the Impact of Dietary Protein in Older Adults

-Handgrip Strength: Assessing Its Role in The Diagnosis of Malnutrition

Current Opinion in Clinical Nutrition and Metabolic Care, October 4, 2013, Online First

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Ghrelin: much more than a hunger hormone

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Relation of the Mediterranean diet with the incidence of gestational diabetes

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International Journal of Obesity, October 2013

<http://www.nature.com/ijo/journal/v37/n10/index.html>

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<http://www.nature.com/ijo/journal/v37/n10/abs/ijo2013107a.html>

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Visceral fat is associated with lower executive functioning in adolescents

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Maternal prepregnancy weight status and associations with children's development and disabilities at kindergarten

<http://www.nature.com/ijo/journal/v37/n10/abs/ijo2013128a.html>

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Preventing Infections in the ICU: One Size Does Not Fit All:

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Universal Glove and Gown Use and Acquisition of Antibiotic-Resistant Bacteria in the ICU

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AHA: Severe Obesity in US Youth Is Increasing and Difficult to Treat

<http://jama.jamanetwork.com/article.aspx?articleid=1750126>

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<http://jama.jamanetwork.com/article.aspx?articleid=1750133>

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Domestic Thermodynamics or How Not to Burn the Brownies, Explained

<http://www.tandfonline.com/doi/full/10.1080/15428052.2013.798602>

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Introduction Food Banks of the Future: Organizations Dedicated to Improving Food Security *and* Protecting the Health of the People They Serve

<http://www.tandfonline.com/doi/full/10.1080/19320248.2013.817169>

A Model to Drive Research-Based Policy Change: Improving the Nutritional Quality of Emergency Food

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Association Between the Retail Food Environment, Neighborhood Deprivation, and County-Level Dietary Outcomes Among Supplemental Nutrition Assistance Program Education (SNAP-Ed) Recipients in Kentucky, 2010-2011

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Nutritional risk, nutritional status and incident disability in older adults. The FRADEA Study

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Nutritional status of community-dwelling elderly with newly diagnosed Alzheimers disease:

Prevalence of malnutrition and the relation of various factors to nutritional status

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The Importance of LGBT Health on a Global Scale

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LG(BT) Persons in the Second Half of Life: The Intersectional Influences of Stigma and Cohort

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Sexual Orientation and Gender Identity Data Collection in Clinical Settings and in Electronic Health Records: A Key to Ending LGBT Health Disparities

<http://online.liebertpub.com/doi/abs/10.1089/lgbt.2013.0001>

Morbidity and Mortality Weekly, October 11, 2013

http://www.cdc.gov/mmwr/mmwr_wk.html

Notice to Readers: *MMWR* publications during the lapse in government funding

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6240a2.htm?s_cid=mm6240a2_w

Notes from the Field: Acute Hepatitis and Liver Failure Following the Use of a Dietary Supplement Intended for Weight Loss or Muscle Building May/June 2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6240a1.htm?s_cid=mm6240a1_w

New England Journal of Medicine, October 10, 2013

<http://www.nejm.org/toc/nejm/medical-journal>

Surgical Skill and Complication Rates after Bariatric Surgery

http://www.nejm.org/doi/full/10.1056/NEJMSa1300625?query=featured_home

Nutrition, October 2- 6, 2013 Online First,

<http://www.sciencedirect.com/science/journal/aip/08999007>

Excess body weight during pregnancy and offspring obesity: Potential mechanisms

<http://www.sciencedirect.com/science/article/pii/S0899900713002694>

Designing the future prebiotic fibers targeted against the metabolic syndrome

<http://www.sciencedirect.com/science/article/pii/S0899900713003912>

Anaemia in Severe Acute Malnutrition

<http://www.sciencedirect.com/science/article/pii/S0899900713004437>

Nutrition Action Health Letter, October, 2013

<http://www.cspinet.org/nah/>

(Subscription required)

- Eyes Right: How to protect your vision
- Osteoarthritis: Keeping the joints rockin
- Pills For Pain?-Osteoarthritis supplements
- PB & Beyond Nut (and not nut) butters

Pediatrics, October 2013

<http://pediatrics.aappublications.org/content/current>

Vitamin D₃ Supplementation and Childhood Diarrhea: A Randomized Controlled Trial

<http://pediatrics.aappublications.org/content/132/4/e832.abstract>

Prediction of Neonatal Outcomes in Extremely Preterm Neonates

<http://pediatrics.aappublications.org/content/132/4/e876.abstract>

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<http://pediatrics.aappublications.org/content/132/4/e865.abstract>

Trends in Physical Activity, Sedentary Behavior, Diet, and BMI Among US Adolescents, 2001-2009

<http://pediatrics.aappublications.org/content/132/4/606.abstract>

Pediatrics Supplement, October 2013

Synopsis Book: Best Articles Relevant to Pediatric Allergy, Asthma and Immunology

http://pediatrics.aappublications.org/content/132/Supplement_1.toc

University of California, Berkeley Wellness Letter, Fall 2013 Special Issue

<http://www.berkeleywellness.com/>

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- The ABCs of sleep
- The trouble with sleeping pills and sleep supplements

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1868. RE: Pre-Test Question From A Participant

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 11, 2013 10:19:57
Subject: RE: Pre-Test Question From A Participant
Attachment: [image001.png](#)

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Friday, October 11, 2013 7:28 AM
To: Pearlie Johnson
Subject: Re: Pre-Test Question From A Participant

Pearlie, I am glad to clarify the answer for the participant.

The new regulations require that a student pick up 3 different components at breakfast in order for the meal to be reimbursable. One of the components **must** be a fruit. Answer A has three different components (meat, grain and fruit) and contains a fruit. Answer B has 3 different components, but not a fruit. Answer C has only two different components, dairy and fruit. Answer D has only 2 different components, grain and fruit. Therefore, answer A is correct. If the participant would like to contact me, I would be happy to talk to them.

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 10/10/2013 5:03 PM >>>

Hi Donna, a participant has a question about this pre-test question. Can you please provide me with a response. Thanks.

1. Which of these breakfast trays would be a reimbursable meal?
 - a) Sausage biscuit and 4 oz juice.
 - b) Milk and chicken biscuit.
 - c) Milk, 4 oz. juice and ½ cup fruit
 - d) 2 slices of toast and ½ cup fruit

Participant Question:

Can you clarify why the answer for #2 is a) Sausage biscuit and 4 oz of juice **and not** d) 2 slices of toast and 1/2 cup fruit? I will be honest, the article along with my own research I'm doing on the new guidelines have confused me slightly...although I understood there to be reimbursement for 3 food items selected out of 4 food items and 3 food components offered at Breakfast. And, "d" seemed to clarify the serving sizes to fit the food items criteria.

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1869. FNCE® Information at Your Fingertips!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Oct 11, 2013 06:50:46
Subject: FNCE® Information at Your Fingertips!
Attachment:

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1870. Pre-Test Question From A Participant

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 10, 2013 17:03:07
Subject: Pre-Test Question From A Participant
Attachment: [image001.png](#)

Hi Donna, a participant has a question about this pre-test question. Can you please provide me with a response. Thanks.

1. Which of these breakfast trays would be a reimbursable meal?
 - a) Sausage biscuit and 4 oz juice.
 - b) Milk and chicken biscuit.
 - c) Milk, 4 oz. juice and ½ cup fruit
 - d) 2 slices of toast and ½ cup fruit

Participant Question:

Can you clarify why the answer for #2 is a) Sausage biscuit and 4 oz of juice **and not** d) 2 slices of toast and 1/2 cup fruit? I will be honest, the article along with my own research I'm doing on the new guidelines have confused me slightly...although I understood there to be reimbursement for 3 food items selected out of 4 food items and 3 food components offered at Breakfast. And, "d" seemed to clarify the serving sizes to fit the food items criteria.

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pjohnson@eatright.org

1871. New Pre-Test Questions for Childhood Weight Management Program

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 10, 2013 16:15:28
Subject: New Pre-Test Questions for Childhood Weight Management Program
Attachment: [image001.png](#)

Hi Donna,

When you submitted your changes to the pre-work materials. You provided two new pre-test questions. We will pay you \$100.00 for writing these two questions (\$50.00 each). We have requested the check from our Accounting Team. It will be mailed when available.

Thank you.

Pearlie Johnson-Freeman, MBA

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pjohnson@eatright.org

1872. RE: HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 10, 2013 15:16:17
Subject: RE: HOD presentation
Attachment: [2014 hod fall presentation 2nd version 1009.ppt](#)

Donna,

You are correct. How stupid of me!!!! I made the change!!

Paul

From: DMartin@Burke.k12.ga.us
Sent: Thursday, October 10, 2013 2:12 PM
To: Paul Mifsud
Subject: Re: HOD presentation

Paul, Everything looks good with the exception of slide 8. I think the figures should be 50% where the 71% and 77.9% are on the slides. I think the 71% and 77.9% represent the whole column and not just what is in blue? Correct me if I am wrong? I would prefer the parenthesis be for the whole column with the figures you used. I can say that the blue part is the 50% requirement level and that is how far above the requirement we are. I open for other suggestions though. Other than that I think it is fine.

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"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 10/10/2013 2:34 PM >>>

Donna,

I think I have made all of the adjustments we discussed;

1. Page 1 – Changed your credentials to match page 2.
2. Page 6 – I added some notes. I talked to Susan Burns and these are her highlights.
3. Page 8 – Changed FY12 and added the percent of budget.
4. Page 12 – In notes, I spelled out Nutrition Care Process/Standardize Language (NCP/SL).
5. Page 13 – Added some explanations to what each category contains. Not much for each. The big one is “other” since it is so vague.

I also added spots where I think you had to “Click the mouse” to make the slides move. They are in red. If everything is good, I will send it over to Harold and his team.

Paul

1873. HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 10, 2013 14:34:05
Subject: HOD presentation
Attachment: [2014 hod fall presentation 2nd version 1009.ppt](#)

Donna,

I think I have made all of the adjustments we discussed;

1. Page 1 – Changed your credentials to match page 2.
2. Page 6 – I added some notes. I talked to Susan Burns and these are her highlights.
3. Page 8 – Changed FY12 and added the percent of budget.
4. Page 12 – In notes, I spelled out Nutrition Care Process/Standardize Language (NCP/SL).
5. Page 13 – Added some explanations to what each category contains. Not much for each. The big one is “other” since it is so vague.

I also added spots where I think you had to “Click the mouse” to make the slides move. They are in red. If everything is good, I will send it over to Harold and his team.

Paul

1874. Important FNCE Exhibit Visit Information

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Oct 10, 2013 13:52:58
Subject: Important FNCE Exhibit Visit Information
Attachment: [image001.jpg](#)
[2013 Board of Directors Packet -FINAL 10 8 13.pdf](#)
[Marsh Professional Liability Insurance memo.doc](#)

As per our practice, every year Board members visit the vendors on the exhibit floor to thank them for their participation in the Expo. Attached are your designated booth assignments; a paper copy will be provided in your onsite meeting packet. Be sure to stop by the Association for Nutrition and Foodservice Professionals (ANFP) booth #660. Their CEO, Joyce Gilbert, has requested that the ANFP booth have a banner showing our strengthened collaboration. Mary Beth Whalen is working with ANFP's marketing director to develop the phrasing, using the creative wording provided by Becky and Elise.

You will remember that you received communication about our reversal decision for the following exhibitors:

- Oxford Biomedical/LEAP-MRT (booth #1233)
- Nutrigenomix (booth #730)
- GenoVive (booth #1754)

When you visit the exhibits, you may hear from them, their supporters and their detractors. Please use the following talking points.

- Members value having an understanding of the variety of programs, products and services that are available to their clients and consumers in the marketplace.
- We need to share cutting-edge information with our members, even when evidence is lacking, as long as members practice safely and within their scope.
- Please provide us with scientifically valid information regarding the product to help in next year's evaluation.

Please read the attached letter regarding professional liability insurance that went out to affiliate, DPG and MIG leaders, as you may get a couple of questions. Please direct members with inquiries to the Marsh booth (#1042) where an insurance specialist can answer their specific questions.

Thank you!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1875. November 22-24, 2013 Childhood and Adolescent Weight Management Program Information

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 10, 2013 13:49:45
Subject: November 22-24, 2013 Childhood and Adolescent Weight Management Program Information
Attachment: [image001.png](#)
[November 2013 Childhood Program Agenda.pdf](#)
[Donna Martin.pdf](#)

Attached is your contract for the November 22-24, 2013 Certificate of Training in Childhood and Adolescent Weight Management program. Please sign and return the contract to me by fax (312/899-4772) or e-mail by November 1, 2013. I also attached a tentative agenda.

You can make your flight arrangements to Denver through the Academy's travel service, American Express Travel. You may contact the Travel Desk at 800/238-9049 or www.eatright.org/traveldesks to book your flight. You will need to create an account to use the system. The system will require you to enter a security code and a 7 character GL code to finalize your ticket. The security code is 686490 and the GL Code is 1041790. Please forward me a copy of your itinerary once your flight has been finalized so I can make sure that you have proper hotel accommodations.

Your presentation time is as noted below:

School Nutrition

Sunday, November 24, 2013 – 10:30 am – 11:45 am

Programs Location:

Westin Denver Downtown

1672 Lawrence Street

Denver, CO 80202

If possible, we are requesting that you send one PowerPoint for the participants to print and one to show on screen. The PowerPoint to print should only include text and not any unnecessary animations /graphics. We have received complaints regarding the fact that the animations/graphics often time cover up text. Here are the instructions to upload your files. However, if the file is not too large, you can email it to me. I will acknowledge receipt of the e-mail.

1. Go to www.cdrnet.org
2. To login choose the “Login” option on the upper right-hand side of the page.
3. Sign-in using your e-mail address and the password – welcome
4. On the purple banner, hover over the “Portal” option on the right-hand side and choose the “Library” option from the drop-down menu.
5. Click on the “November 2013 Childhood Faculty PowerPoint Files and Handouts” link located to the left.
6. Click on the “Upload Multiple Files” link located in the gray menu bar.
7. Scroll down to the bottom of the grey area and click on “add files” button (lower left side)
8. Browse for your file.
9. Click open.
10. To add another file choose “Add Files” button again to add another file to the list.
11. When you have all the files that you would like to add, click on the “Start Upload” button (lower left side). When upload had finished press “Continue.”
12. Don’t pay attention to the list of folder. Just stroll down to the bottom of the page and click on “Complete Upload” bar.
13. When you are done, please logout (upper right hand corner).

The due date for your PowerPoint presentation and handouts is Friday, November 8, 2013.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1876. FNCE-at-a-Glance

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Oct 10, 2013 07:00:47
Subject: FNCE-at-a-Glance
Attachment:

FNCE at-a-Glance

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect With Us:

Thank you for registering to attend the 2013 Food & Nutrition Conference & Expo in Houston, Texas! We hope you find this issue of the *FNCE-at-a-Glance* helpful to you as you plan your days at FNCE®.

FNCE® Information at Your Fingertips!

The Academy is excited to introduce the first ever Food & Nutrition Conference & Expo App for attendees and exhibitors! This **FREE** app is a great tool for you to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, and much more! Stay up-to-date on the latest announcements during FNCE with our app! Download it now!

[Apple users click here.](#) [Android users click here.](#)

Follow FNCE® on Twitter!

While you're at the Food & Nutrition Conference & Expo, be sure stay social! Follow @eatrightFNCE on Twitter and be sure to tweet using the #FNCE hashtag. We want to hear about your favorite sessions, see photos you take of great memories, and experience the event through your eyes!

Learn new recipes and cooking techniques: Attend the Culinary Demos at FNCE®

Earn CPE while learning new recipes and cooking techniques at the Culinary Demonstrations. During these engaging one-hour educational sessions, Academy Sponsors team up with chefs and RDs to teach new recipes, demonstrate cooking techniques and share nutritional expertise, tips and trends. Presented in the Culinary Demo Theater located inside the Expo Hall in Hall A3, these demonstrations are open to all attendees.

[View the Culinary Demo Schedule](#)

Meet a Career Expert

Sign up for a private one-on-one consultation with a Career Expert to help find your first job or land your next big career move. Career Experts are available for students, new professionals and seasoned practitioners.

Student Reception

Meet and mingle with fellow dietetic students and interns from all over the country while enjoying complimentary light hors d'oeuvres and soft drinks. *Attendees who are 21 years old with valid photo ID will receive two beer/wine tickets.*

Do you think your patient's might learn better if they could play a game?

Sunday, October 20 3:30 p.m. - 5:00 p.m.

Come and learn where to find nutrition game databases, how to evaluate games, and how to use nutrition games to motivate your clients to change behaviors.

Save on the NEW Nutrition Care Manual® Products at the FNCE® Bookstore!

Coming in mid-October there will be a complete redesign of all the Nutrition Care Manual® sites, including easier navigation, content reorganization, additional customization features, and much more! All NCM products are now mobile- and tablet-ready! Purchase any NEW Nutrition Care Manual® product at the FNCE Bookstore to receive a 10% discount! (*Restrictions apply. See FNCE bookstore for details*) www.nutritioncaremanual.org

Students! Now is the Time to StEP Up to Your Career!

The Academy's Student Exam Prep (StEP) covers all domains from the registration examination and helps provide the extra edge you need to prepare for the exam. Stop by the FNCE Bookstore to take a practice quiz, and enter to win a FREE subscription! www.rdexamprep.com

Quality is Key!

Sunday, October 20 1:30 p.m. - 3:00 p.m.

Use the EHR and informatics to streamline processes and improve outcomes while elevating your

role as the dietitian.

Malnutrition Characteristics: Put it All Together!

Monday, October 21 3:30 p.m. - 5:00 p.m.

Using the Academy and ASPEN's newly developed criteria and characteristics, determine the etiology severity of the malnutrition. Establish a documentation template incorporating these findings.

Play Nutritional Pursuit at the 2013 FNCE® Play the Game and Test Your Nutritional Knowledge

Fun trivia game for all FNCE® attendees where you can learn and win prizes! Go to www.nutritionalpursuit.org to preview participating companies and trivia questions!

Check your FNCE tote bag for your official game card. Visit each participant's booth to answer a trivia question. Then just bring your validated game card to the Nutritional Pursuit Booth (#305) to participate in the prize drawing.

Grand Prize \$1,500 Travel Award Certificate

2nd Prize Free Registration for the 2014 FNCE®

3rd Prize One Year Free Academy Membership

Free t-shirts to the first 600 to turn in their cards

The Future is Yours: Collaborating with MDs to Maximize Opportunities for Reimbursement

Sunday, October 20 10:00 a.m. - 11:30 a.m.

The healthcare marketplace is changing rapidly. What opportunities will exist for RDNs in new models of care? How can RDNs develop collaborative partnerships with MDs to deliver higher quality, better coordinated patient-centered care, while maximizing reimbursement opportunities? Join us for the MD and RDN perspective in securing a position in the future of healthcare.

A Special Thank You To Academy Sponsors

The Academy of Nutrition and Dietetics would like to recognize and thank the following Academy Sponsors their support of FNCE® and the Academy:

Academy Partners: Abbott Nutrition, The Coca-Cola Company and National Dairy Council®

Premier Sponsors: General Mills, Kellogg Company, McCormick, PepsiCo, SOYJOY®, Truvia® natural sweetener and Unilever

2013 FNCE® Event Sponsors: Alaska Seafood Marketing Institute, Campbell Soup Company, ConAgra Foods, Del Monte Corporation, Hass Avocado Board, Jamba Juice®, Nature Made® and Safeway.

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You are currently subscribed as: **dmartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1877. Board of Directors Dinner at FNCE

From: Beth Labrador <BLabrador@eatright.org>
To: kmccclusky@iammorrison.com <kmccclusky@iammorrison.com>, tjraymond@aol.com <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, lauraromig@gmail.com <lauraromig@gmail.com>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, dbier@bcm.edu <dbier@bcm.edu>, mchristE@porternovelli.com <mchristE@porternovelli.com>, murraymd@live.com <murraymd@live.com>, Patricia Babjak <PBABJAK@eatright.org>, Connors@ohsu.edu <Connors@ohsu.edu>, craytef@auburn.edu <craytef@auburn.edu>
Cc: eddy@bcm.edu <eddy@bcm.edu>
Sent Date: Oct 09, 2013 18:59:57
Subject: Board of Directors Dinner at FNCE
Attachment: [image001.png](#)
[Board of Directors Dinner Invitation.docx](#)

We are looking forward to seeing you all in Houston. Please see the attached information regarding the Board of Directors Dinner.

Beth Labrador

Development Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4821

www.eatright.org

1878. Foundation events at FNCE®

From: Academy of Nutrition and Dietetics Foundation <foundation@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Oct 09, 2013 16:55:18
Subject: Foundation events at FNCE®
Attachment:

Foundation Events at FNCE®

Having trouble viewing this e-mail? View it in your browser.

Connect With Us:

Earn CPE and Get breakfast for \$10!
Kids Eat Right Breakfast Series at FNCE®

Registration fee is \$10 per session or 3 sessions for \$20
1.0 CPE earned per session attended

Join us for engaging discussions devoted to helping kids and families start their day right while enjoying a nutritious, energizing meal.

Finding Simplicity in an Intricate Food World: Promoting & Practicing the Total Diet Approach to Healthy Eating

Sunday, October 20 6:45 a.m. - 7:45 a.m.

Sponsored by: Premier Sponsor PepsiCo®

What is Happening with the Most Important Meal of the Day: Nutrition Trends, Facts and Fallacies

Monday, October 21 6:45 a.m. - 7:45 a.m.

Sponsored by: Premier Sponsor Kellogg Company

Finding the Fiber Needle in the Whole Grain Haystack

Tuesday, October 22 6:45 a.m. - 7:45 a.m.

Sponsored by: Premier Sponsor Kellogg Company

To register for Kids Eat Right Breakfast or to learn more about Foundation events at FNCE®, <http://www.eatright.org/FNCE/content.aspx?id=6442469305> or contact Foundation staff at 312-899-4773 or foundationtemp@eatright.org.

2013 Edna and Robert Langholz International Nutrition Award and Lecture

The Academy of Nutrition and Dietetics Foundation is pleased to announce that former Academy Chief Science Officer, Esther Myers, PhD, RD, FADA, has been awarded the prestigious Edna and Robert Langholz International Nutrition Award. This award is presented to a person whose contribution to nutrition has had international significance. Dr. Myers had a distinguished career in the United States Air Force (1975-2000). After retiring from the Air Force she served as Chief Consultant to the USAF Surgeon General and then went on to serve as the Academy's Chief Science Officer (2000-2012).

Dr. Myers will present the Edna and Robert Langholz International lecture, at FNCE® on Monday, October 21 from 1:30 pm- 3:00pm in Room 342 of the George R. Brown Convention Center in Houston. The lecture will focus on the global harmonization within practice and its importance to the future of dietetics, particularly in resolving key global health issues on both ends of the spectrum: under and over nutrition.

We encourage all of Esther's colleagues to show their support and attend her lecture at FNCE®!

Foundation's Kids Eat Right Gala

Monday, October 21 Reception 6:30 p.m. - 7:30 p.m., Dinner 7:30 p.m. - 9:30 p.m.
Hilton Americas - Houston, Lanier Grand Ballroom

Enjoy a legendary evening of gourmet food, spectacular entertainment and dancing. The Gala is the social event of the conference. During the evening, you can mingle with industry professionals, Academy leaders and peer industry leaders all while supporting the Foundation of your profession.

If you are unable to attend, please consider sponsoring a Foundation Award Recipient or an Academy student member.

Individual tickets are \$200, tables of 10 are \$2,000 for non-profit groups and \$3,000 for corporations. *Sponsored by ConAgra Foods®.*

To register for the Foundation Kids Eat Right Gala or to learn more about Foundation events at FNCE®, visit <http://www.eatright.org/FNCE/content.aspx?id=6442469305> or contact Foundation staff at 312-899-4773 or foundationtemp@eatright.org.

Support the Foundation While Earning CPE Hours at FNCE®!

Foundation Nutrition Symposium:

Nutrients and Micronutrients and Early Cognitive Development

Saturday, October 19 1:30 p.m. - 3:30 p.m.

Registration fee is \$10

2.0 CPE credit

This presentation will explore the role of nutrition in cognitive development, including the direct effects of nutrition on the brain, transient nutritional effects that compound over time, and indirect effects of nutrition through improved health. *Sponsored by: Mead Johnson Nutrition*

To register for this symposium or to learn more about Foundation events at FNCE®, <http://www.eatright.org/FNCE/content.aspx?id=6442469305> or contact Foundation staff at 312-899-4773 or foundationtemp@eatright.org.

Support the Foundation and Bid on the Silent Auction!

Bid on exciting silent auction items including hotel stays, designer purses, spa gift certificates and more items! The Silent Auction will be located at the Academy Foundation booth located at the Level 3 Foyer in the George R. Brown Convention Center.

Need a Professional Headshot?

Foundation Photo Shop

Sunday, October 20

Need a LinkedIn photo? Sign up to have a professional headshot taken at FNCE. Participants will receive 10 photos to choose from.

To register for the Foundation Photo Shop, go to <http://www.eatright.org/FNCE/content.aspx?id=6442469305> or contact Foundation staff at 312-899-4773 or foundationtemp@eatright.org.

Academy of Nutrition and Dietetics' Foundation Student Session

Sunday, October 20 12:00 pm - 1:00 pm
George R Brown Convention Center, Room 360 A-F

Attend this special session to meet face-to-face with leaders from the Academy Foundation, the philanthropic arm of your professional association. Learn about student scholarships and awards the Foundation offers, how to get involved in Kids Eat Right and much more. Students who attend this session will be entered in a drawing to win two free gala tickets. The gala is the premier social event of FNCE®. This event is free.

Register for Foundation events at <http://www.eatright.org/FNCE>, or contact Foundation staff at 312-899-4773 or foundationtemp@eatright.org.

Share this mailing with your social network:

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You are currently subscribed as: **dmartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1879. RE: Instructions for the Electronic Expense Report System

From: Christian Krapp <ckrapp@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 08, 2013 16:31:46
Subject: RE: Instructions for the Electronic Expense Report System
Attachment:

Thanks Donna – It bounced back to me as well and I sent Robin a separate email directly to her.

I think you will really like the system. You can update it as you go and then submit it on the last day of the meeting.

See you soon,

Christian Krapp

Controller

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312-899-4824

Fax: 312-899-5335

Email: CKrapp@eatright.org

www.eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Tuesday, October 08, 2013 3:29 PM

To: Christian Krapp

Subject: Re: Instructions for the Electronic Expense Report System

Christian, It looks like Robin Fellers email address is in your system wrong. It should be auburn not auburn in the address. When I replied to all it bounced back. Thanks!

Donna S. Martin, EdS, RDN, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Christian Krapp <ckrapp@eatright.org> 10/8/2013 3:48 PM >>>
Dear Finance and Audit Committee Members:

Attached are the instructions for submitting your expense reports using the web based electronic expense report system. The link to access the system is www.eatright.org/expense . Log in using the same username and password you currently use for eatright.org. The steps for using the system after signing in are below:

1. Click "Add New Expense Report".
2. Select your approver. (For the FAC that would be Paul Mifsud).
3. Fill in the information on the "Create Expense Report" screen.
4. Enter your expenses in the appropriate line by clicking on the yellow pencil icon.

5. Make a PDF of your receipts and upload a copy to the expense report by clicking "Add Receipt". (Note, you do not need to add a separate PDF for each receipt, one PDF of all receipts will work fine).
6. Lastly, click "Submit for Approval".

After the expense report is submitted for approval, the system will take over and you will receive your money quicker than using the old paper and pen method and dropping the report in the mail. I'm sure you will find using this system to be very efficient and intuitive. If you have any questions, please feel free to call me or Sylvia Jackson, Cash Processing Manager at 312-899-4883 or by email at SJackson@eatright.org.

Looking forward to seeing you all in Houston. As a reminder, the FAC meeting is scheduled for Tuesday, October 22, 2013 from 3:00 p.m. to 4:00 p.m. in meeting room 336AB at the Hilton. This is the third floor of the hotel and has a connecting bridge to the convention center.

Kind regards,

Christian Krapp

Controller

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312-899-4824

Fax: 312-899-5335

Email: CKrapp@eatright.org

www.eatright.org

1880. RE: HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 08, 2013 15:55:56
Subject: RE: HOD presentation
Attachment:

Donna,

I have to rearrange our schedule. We are having an e-team meeting tomorrow at 9 CDT. Can we push back our meeting 90 minutes and make it 11:30 EST/10:30 CDT?

Paul

From: DMartin@Burke.k12.ga.us
Sent: Monday, October 07, 2013 7:55 AM
To: Paul Mifsud
Subject: RE: HOD presentation

Let's plan for 10 am EST, which will be 9 am CST. That will give you time to get in and get settled. Just call me. Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 10/4/2013 4:08 PM >>>

Donna,

Lets target Wednesday morning at your convenience. My day is wide open. Let me know the time. I think we might need about an hour. If you want to do it after work on Tuesday, or any other day, please let me know.

Paul

From: DMartin@Burke.k12.ga.us

Sent: Friday, October 04, 2013 2:37 PM

To: Paul Mifsud

Subject: Re: HOD presentation

Paul, I can talk to you anytime next week, basically, with the exception of Monday afternoon. Just give me a call. I think what Pat and the Executive team want us to do is just fine. I totally understand, and certainly do not want to stand up there while people take shots at me about sponsorship! I just might shoot back, and then you would have to come bail me out of jail. I suspect that would not be a good use of Academy funds!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 10/4/2013 3:20 PM >>>

Donna,

I shared the presentation with e-team and they had a few changes. First off, disregard my e-mail from a few minutes ago. You are right. It should have read FY13 and not FY14. That has been changed. So, the changes to this deck from the previous ones are as follows;

1. Page 6 – In the box we changed the note to say ...where no food and nutrition professional has gone before.
2. Page 8 – I did change the FY to 13 from 14.
3. Page 10 – I added “capital infrastructure upgrades to the box.
4. Page 12 – This has change a lot since last week. Let me know your thoughts. The box on the bottom is the latest change.
5. Page 14 – I change the box to use the term ...”external stakeholders” instead of “legislative issues”. I also added a * to 2014 to reflect that it is a projection.
6. Page 17 – I changed bullet point 3. Some felt we needed to not limit ourselves to just public policy. That it needed to be broader. So, I changed it to “...activities across all areas of the Academy.”
7. Page 18 – I changed bullet to use the term “external stakeholders” instead of legislators.

I think that is it. I know that I still want to provide additional commentary for you. I will continue that next. Let me know if we are good. Also, a final note; the charts on the slides keep changing size. I can't figure out why. So, if they get bigger on your pages, let me know.

Paul

1881. Instructions for the Electronic Expense Report System

From: Christian Krapp <ckrapp@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>,
Connors@OHSU.EDU <Connors@OHSU.EDU>,
KMcClusky@lammorrison.com <KMcClusky@lammorrison.com>,
easaden@aol.com <easaden@aol.com>, fellerb@aubern.edu
<fellerb@aubern.edu>, mstokes@usj.edu <mstokes@usj.edu>,
nhwooldridge@charter.net <nhwooldridge@charter.net>, kendall@ufl.edu
<kendall@ufl.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Paul Mifsud <PMifsud@eatright.org>, Maria Juarez <MJuarez@eatright.org>
Sent Date: Oct 08, 2013 15:48:04
Subject: Instructions for the Electronic Expense Report System
Attachment: [DOC594.pdf](#)

Dear Finance and Audit Committee Members:

Attached are the instructions for submitting your expense reports using the web based electronic expense report system. The link to access the system is www.eatright.org/expense . Log in using the same username and password you currently use for eatright.org. The steps for using the system after signing in are below:

1. Click "Add New Expense Report".
2. Select your approver. (For the FAC that would be Paul Mifsud).
3. Fill in the information on the "Create Expense Report" screen.
4. Enter your expenses in the appropriate line by clicking on the yellow pencil icon.
5. Make a PDF of your receipts and upload a copy to the expense report by clicking "Add Receipt". (Note, you do not need to add a separate PDF for each receipt, one PDF of all receipts will work fine).
6. Lastly, click "Submit for Approval".

After the expense report is submitted for approval, the system will take over and you will receive your money quicker than using the old paper and pen method and dropping the report in the mail. I'm sure you will find using this system to be very efficient and intuitive. If you have any questions,

please feel free to call me or Sylvia Jackson, Cash Processing Manager at 312-899-4883 or by email at SJackson@eatright.org .

Looking forward to seeing you all in Houston. As a reminder, the FAC meeting is scheduled for Tuesday, October 22, 2013 from 3:00 p.m. to 4:00 p.m. in meeting room 336AB at the Hilton. This is the third floor of the hotel and has a connecting bridge to the convention center.

Kind regards,

Christian Krapp

Controller

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312-899-4824

Fax: 312-899-5335

Email: CKrapp@eatright.org

www.eatright.org

1882. Partners Program and Honors Breakfast Script

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Oct 08, 2013 15:11:41
Subject: Partners Program and Honors Breakfast Script
Attachment: [2013 Honors Breakfast Script.doc](#)
[2013 BOD Partners Assignment Sign Up sheet.doc](#)

Thank you for participating in our Academy's partner program. Attached is the current 2013 partners list. If you haven't done so already, please initiate contact with your respective partner(s) prior to FNCE, offering congratulations and asking if she/he requires any assistance.

For those of you partnering with Medallion Award recipients, the medallion award presentations will be held during the Honors Breakfast on Sunday, October 20 from 7:00 am – 8:30 am in the Ballroom of the Americas AB of the Hilton Americas-Houston. Attached is the script to introduce the recipients during this recognition breakfast. The opening and closing remarks are provided by Ethan, as current chair of the Honors Committee.

The introductions follow the script.

Ethan Bergman/Opening Remarks

Becky Dorner/Suzanne Cryst

Kathy McClusky/Connie Diekman

Donna Martin/Dayle Hayes

Mary Russell/Dr. Mildred Mattfeldt-Beman

Sonja Connor/Dr. Mary Molt

Ethan Bergman/Dr. Nora Nyland

Elise Smith/Dianne Kammerer Polly

Nancy Lewis/Dr. Jamie Stang

Ethan Bergman/Closing Remarks

Please review your portion of the script. The citations were drafted by the nominators and have been approved by each recipient. Medallion recipients will be seated with their families and colleagues. As presenters, you will be seated together at one designated table, unless you were asked to be a guest of a Medallion recipient. Please proceed to the podium with your recipient during the applause for the previous recipient. Once the presentation is completed, proceed back to your seat. Each recipient has been asked to present for one (1) minute. If your schedule allows, please remain in the room immediately following the reception as we will be taking photographs.

A paper copy of the script will also be included with your FNCE meeting packet. If you have any questions, please do not hesitate to contact Matthew Novotny at mnovotny@eatright.org or 1-800/877-1600, ext. 4827.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1883. RE: Confirmation - Childhood Weight Management Program to be Scheduled in Buffalo, NY

From: Pearlie Johnson <PJohnson@eatright.org>
To: kathy.cobb@snet.net <kathy.cobb@snet.net>, Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, dkibbe@gsu.edu <dkibbe@gsu.edu>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Hassink, Sandra <Sandra.Hassink@nemours.org>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
Sent Date: Oct 08, 2013 13:48:09
Subject: RE: Confirmation - Childhood Weight Management Program to be Scheduled in Buffalo, NY
Attachment: [image001.png](#)

Hello everyone, the contract for the May 28-30, 2014 Childhood Weight Management program has been signed. Please be sure that this program is included on your calendar.

Update for Denver program (November 22-24, 2013) – we have 115 registrants for this program. We are in the process of completing the contracts for the program. They will send the contract to you with the authorization to book travel to Denver by end of day this Thursday.

Please let me know if you have any questions.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Thursday, August 22, 2013 12:00 PM

To: 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles'; 'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Isadora Nogueira'

Subject: Confirmation - Childhood Weight Management Program to be Scheduled in Buffalo, NY

This is to confirm that all faculty members are available on **May 28-30, 2014** to schedule a program in **Buffalo, New York**. However, please note that the format will be *Wednesday to Friday* not Thursday to Saturday as I noted in my e-mail below. Please let me know immediately if this is a concern. We would like to proceed with the contractual process.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

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Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Monday, August 19, 2013 12:12 PM

To: 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein; 'sotherms@pbrc.edu'; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles'; 'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Isadora Nogueira'

Subject: Availability - Locations for Spring /Summer 2014 Weight Management Programs

Importance: High

Hi everyone, thank you for providing your availability for the dates below. The March and April dates will not work based on your availability. It looks like we may be able schedule a program on June 18-21, 2014; however, the location may change. Please save this date on your calendar and will confirm later with the specifics.

We need to schedule a program prior to June 1, 2014 to meet budget. We have located availability in Buffalo, New York for May 19-21 (Monday to Wednesday) and May 28-30 (Thursday to Saturday – Memorial Day is May 26). Are you available?

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Thursday, August 08, 2013 11:43 AM

To: 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein;
'sotherms@pbrc.edu'; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles';
'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Isadora Nogueira'

Subject: Availability - Locations for Spring /Summer 2014 Weight Management Programs

Hello All,

We are beginning to explore options for Spring/Summer 2014 to schedule Childhood and Adolescent Weight Management Programs. We have located hotel availability as noted below. Please let me know if you are available. We are looking to schedule one program in March/April and one in June 2014. The locations will be selected based on faculty availability.

Annapolis, MD – March 9-12, 2014 or March 26-28, 2014

Providence, RI – April 30 – May 2, 2014

Indianapolis, IN – June 11-14, 2014

Columbus, OH – June 18-21, 2014 or June 24-28, 2014

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

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Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1884. RE: Hunger in our Community. What We Can Do

From: Susan Burns <Sburns@eatright.org>
To: 'Evelyn Crayton' <craytef@aces.edu>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: dwheller@mindspring.com <dwheller@mindspring.com>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>
Sent Date: Oct 07, 2013 18:03:38
Subject: RE: Hunger in our Community. What We Can Do
Attachment: [image001.png](#)
[image002.png](#)
[image003.png](#)
[image004.png](#)

Hi Evelyn. Sorry you are having difficulty. You can also log into kidseatright.org/volunteer if you are already signed up, or would like to become, a KER member. The resources are available on the site. Let me know if you are still having difficulty and we can figure out a different way to get them to you. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Evelyn Crayton [mailto:craytef@aces.edu]

Sent: Monday, October 07, 2013 4:52 PM

To: Susan Burns; 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; 'connors@ohsu.edu'; DMartin@Burke.k12.ga.us; 'lauraromig@gmail.com'; 'dbier@bcm.edu'; 'MChristE@porternovelli.com'; 'MurrayMD@live.com'

Cc: dwheller@mindspring.com; 'jean.ragalie@rosedmi.com'; Patricia Babjak; Mary Beth Whalen;

Katie Brown

Subject: RE: Hunger in our Community. What We Can Do

I tried to download the files. They said I was already registered when I tried to join. Then I tried again. They offered to sale me the program. I will have someone from computer tech to look at this tomorrow and see what are my options.

Evelyn F. Crayton, EdD, RDN, LDN

Professor, Nutrition, Dietetics and Hospitality Mgt

Academy of Nutrition and Dietetics' Foundation Board of Directors

Extension Family and Consumer Sciences

Room 231 Duncan Hall

Auburn University, AL 36849

(334) 844-2224 – Office (334) 332-5654 - Cell

(334) 844-2236 – Fax

craytef@auburn.edu

From: Susan Burns [mailto:Sburns@eatright.org]

Sent: Monday, October 07, 2013 2:46 PM

To: 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; 'connors@ohsu.edu';
DMartin@Burke.k12.ga.us; Evelyn Crayton; 'lauraromig@gmail.com'; 'dbier@bcm.edu';
'MChristE@porternovelli.com'; 'MurrayMD@live.com'

Cc: dwheller@mindspring.com; 'jean.ragalie@rosedmi.com'; Patricia Babjak; Mary Beth Whalen;
Katie Brown

Subject: Hunger in our Community. What We Can Do

Following is the link to the enhanced toolkit that was initially developed as part of the Future of Food Partnership and handouts mentioned in the previous email. These resources are posted to the Kids Eat Right member site.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Katie Brown [mailto:delivery@yousendit.com]

Sent: Thursday, October 03, 2013 9:25 AM

To: Susan Burns

Subject: Hunger in our Community. What We Can Do enhanced toolkit

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1885. RE: Hunger in our Community. What We Can Do

From: Katie Brown <kbrown@eatright.org>
To: 'Evelyn Crayton' <craytef@aces.edu>, Susan Burns <Sburns@eatright.org>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: dwheller@mindspring.com <dwheller@mindspring.com>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>
Sent Date: Oct 07, 2013 18:03:32
Subject: RE: Hunger in our Community. What We Can Do
Attachment: [image001.png](#)
[image002.png](#)
[image003.png](#)
[image004.png](#)
[Rage against Rumbles handout revised.doc](#)
[Rage against Rumbles-revised.pdf](#)

Here's the other revised presentation (for teens) and handout. The presentation is a PDF, as the full Powerpoint is too large to attach here. If you'd like the full PPT and are having difficulty with accessing the link Susie provided through High Tail, please let me know and I'll try to send it another way.

Thanks!

--Katie

Katie Brown, Ed.D., RDN, LD

National Education Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

(312) 899-4847

www.eatright.org/foundation

www.kidseatright.org

-

From: Evelyn Crayton [mailto:craytef@aces.edu]

Sent: Monday, October 07, 2013 4:52 PM

To: Susan Burns; 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; 'connors@ohsu.edu';
DMartin@Burke.k12.ga.us; 'lauraromig@gmail.com'; 'dbier@bcm.edu';
'MChristE@porternovelli.com'; 'MurrayMD@live.com'

Cc: dwheller@mindspring.com; 'jean.ragalie@rosedmi.com'; Patricia Babjak; Mary Beth Whalen;
Katie Brown

Subject: RE: Hunger in our Community. What We Can Do

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Evelyn F. Crayton, EdD, RDN, LDN

Professor, Nutrition, Dietetics and Hospitality Mgt

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(334) 844-2236 – Fax

craytef@auburn.edu

From: Susan Burns [mailto:Sburns@eatright.org]

Sent: Monday, October 07, 2013 2:46 PM

To: 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; 'connors@ohsu.edu';
DMartin@Burke.k12.ga.us; Evelyn Crayton; 'lauraromig@gmail.com'; 'dbier@bcm.edu';
'MChristE@porternovelli.com'; 'MurrayMD@live.com'

Cc: dwheller@mindspring.com; 'jean.ragalie@rosedmi.com'; Patricia Babjak; Mary Beth Whalen;
Katie Brown

Subject: Hunger in our Community. What We Can Do

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Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

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Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Katie Brown [mailto:delivery@yousendit.com]

Sent: Thursday, October 03, 2013 9:25 AM

To: Susan Burns

Subject: Hunger in our Community. What We Can Do enhanced toolkit

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1886. RE: Hunger in our Community. What We Can Do

From: Katie Brown <kbrown@eatright.org>
To: 'Evelyn Crayton' <craytef@aces.edu>, Susan Burns <Sburns@eatright.org>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: dwheller@mindspring.com <dwheller@mindspring.com>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>
Sent Date: Oct 07, 2013 17:59:10
Subject: RE: Hunger in our Community. What We Can Do
Attachment: [image001.png](#)
[image002.png](#)
[image003.png](#)
[image004.png](#)
[Hungry and Overweight presentation revised.ppt](#)
[Parent Handout-Hungry and Overweight.doc](#)

Hi. Here's one toolkit presentation and handout. I'll send the other in the next email.

Thanks!

--Katie

Katie Brown, Ed.D., RDN, LD

National Education Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

(312) 899-4847

www.eatright.org/foundation

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-

From: Evelyn Crayton [mailto:craytef@aces.edu]

Sent: Monday, October 07, 2013 4:52 PM

To: Susan Burns; 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; 'connors@ohsu.edu';
DMartin@Burke.k12.ga.us; 'lauraromig@gmail.com'; 'dbier@bcm.edu';
'MChristE@porternovelli.com'; 'MurrayMD@live.com'

Cc: dwheller@mindspring.com; 'jean.ragalie@rosedmi.com'; Patricia Babjak; Mary Beth Whalen;
Katie Brown

Subject: RE: Hunger in our Community. What We Can Do

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craytef@auburn.edu

From: Susan Burns [mailto:Sburns@eatright.org]
Sent: Monday, October 07, 2013 2:46 PM
To: 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; 'connors@ohsu.edu';
DMartin@Burke.k12.ga.us; Evelyn Crayton; 'lauraromig@gmail.com'; 'dbier@bcm.edu';
'MChristE@porternovelli.com'; 'MurrayMD@live.com'
Cc: dwheller@mindspring.com; 'jean.ragalie@rosedmi.com'; Patricia Babjak; Mary Beth Whalen;
Katie Brown
Subject: Hunger in our Community. What We Can Do

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Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Katie Brown [mailto:delivery@yousendit.com]
Sent: Thursday, October 03, 2013 9:25 AM
To: Susan Burns
Subject: Hunger in our Community. What We Can Do enhanced toolkit

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1887. FAC Donors

From: Susan Burns <Sburns@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 07, 2013 17:57:39
Subject: FAC Donors
Attachment: [image001.png](#)

Hi Donna. So great to talk with you last week. Thanks for soliciting donations from FAC. I've researched the giving history of each and the following have made a gift within the following time frame. The others have not made a gift within the past year, but have been donors in previous years. See you in Houston!

Within the last year (since Oct 1, 2012)

Donna Martin J
Sonja Connor

Kathy McClusky

Elise Smith

Robin Fellers

Mary Russell

Paul Mifsud

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1888. Hunger in our Community. What We Can Do

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: dwheller@mindspring.com <dwheller@mindspring.com>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>
Sent Date: Oct 07, 2013 15:46:02
Subject: Hunger in our Community. What We Can Do
Attachment: [image001.png](#)
[image002.png](#)
[image003.png](#)
[image004.png](#)

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Susie Burns***Senior Director*****Academy of Nutrition and Dietetics Foundation**

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation**From:** Katie Brown [mailto:delivery@yousendit.com]**Sent:** Thursday, October 03, 2013 9:25 AM**To:** Susan Burns**Subject:** Hunger in our Community. What We Can Do enhanced toolkit

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1889. Outcomes for Story Mapping Exercise

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Cc: dwheller@mindspring.com <dwheller@mindspring.com>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>
Sent Date: Oct 07, 2013 15:45:40
Subject: Outcomes for Story Mapping Exercise
Attachment: [image002.png](#)
[image003.png](#)
[image004.png](#)
[image001.jpg](#)
[image005.jpg](#)
[image006.png](#)
[image007.jpg](#)
[image008.jpg](#)
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[image010.png](#)
[image011.jpg](#)
[image012.jpg](#)
[image013.jpg](#)
[image016.gif](#)
[image015.jpg](#)
[Nourish to Flourish - infographic FINAL JPEG.jpg](#)
[01Nourish-to-Flourish.jpg](#)
[02Nourish-to-Flourish.jpg](#)
[03Nourish-to-Flourish.jpg](#)
[04Nourish-to-Flourish.jpg](#)
[05Nourish-to-Flourish.jpg](#)
[06Nourish-to-Flourish.jpg](#)
[KER Hunger-obesity paradox resources release.pdf](#)

Good morning. Last May we held a story mapping exercise focused on the hunger and obesity paradox. I wanted to share with you the final outcomes and story mapping communications plan. At the bottom of this email is the screen grab of the infographic that was developed and posted last week. On Facebook, the infographic and feature story on Eatright.org's reach included 6,006

views; 49 likes; 33 shares in less than 24 hours. On Twitter, there were 11 retweets and 1 favorite. Overall, the link was clicked from social media 399 times in that time period. I have attached the infographics in both its entirety and in separate pieces so you can more easily view it. I have also attached a copy of the press release distributed.

Following is the communications plan for October:

Week one

- Distribute infographics and other resources via social media including Monday Message (ongoing)
- Announce mini-grants as incentive for toolkit use and create report based on recipient feedback
- Distribute press release to media outlets and RD bloggers
- Post information on eatright.org homepage with link to infographics
- Share updated PowerPoint, handout, press release and infographics with Spokespeople

Week two

- Promote PowerPoint, press release and infographics via Eat Right Weekly

Week three

- Promote PowerPoint, press release and infographics via Eat Right Weekly

Week four

- Promote PowerPoint, press release and infographics via Eat Right Weekly

Date TBD

- Incorporate information into F&N magazine
- Share with DC office to distribute through LLPC

An existing toolkit was enhanced and a handout developed by incorporating outcomes from the story mapping exercise and the infographic. I will send these resources under separate cover. Both these resources are available for Kids Eat Right Members to access at www.kidseatright.org/volunteer. Below the infographic is the Monday Message which announces the mini-grants available for these toolkits. Thanks again to ConAgra Foods and the ConAgra Foods Foundation for their educational grant to make this workshop possible.

Having trouble viewing this e-mail? [View it in your browser.](#)

Monday Message for September 23, 2013

Hunger in Our Community Kids Eat Right Mini-Grant Opportunity

To support the use of the recently enhanced “Hunger in Our Community. What We Can Do” toolkit, 25 grants of \$200 are available. Recipients of the mini-grants agree to give two presentations between October 28 and December 27, 2013, utilizing the presentations for adults or teens from the Hunger in Our Community toolkit.

Please see full application for details at www.eatright.org/foundation/kergrants. Applications are due October 18, 2013, and mini-grantees will be announced October 28, 2013.

The Hunger in Our Community toolkit is available at www.kidseatright.org/volunteer as a free download consisting of two ready-made presentations, suggested activities, and handouts for adults and teens.

This Hunger in Our Community Mini-Grant opportunity was made possible through an educational grant from the ConAgra Foods Foundation.

Innovations in Food Distribution and Nutrition Education at Food Banks

Take a tour of the nation's largest food bank — the Houston Food Bank.

Saturday, October 19, 2013

11:30 a.m. - 3:00 p.m.

Registration fee is \$80, including a \$20 donation to the Foundation.

2.5 CPE for attending the session at FNCE®

Deadline to register is Monday, October 7th

Through Kids Eat Right, the Foundation is working with Feeding America to raise awareness of the issue of nutrition and food insecurity. Take an insider's tour of the nation's largest Feeding America food bank, learn about their model programs, and participate in a lively discussion with national leaders about strategies to increase access to healthy foods for all Americans.

Transportation and a box lunch will be provided. Space is limited. Sponsored by Walmart®.

To register for the Food Bank tour, go to www.eatright.org/FNCE/content.aspx?id=6442469305 or contact Linda Hudson at 312-899-4773 or lhudson@eatright.org.

Check out the September Kids Eat Right Everyday Heroes

View the slideshow.

Here are the latest article, tip, recipe and video to promote on your Facebook page, blog, Twitter feed or website. Don't forget to update your Action Plan with your social media actions on behalf of KER as well as other Actions in which you are participating!

Important Kids Eat Right links: Facebook, Twitter, Pinterest, LinkedIn and KER website. To add the Monday Message to your social media platform, simply copy and paste the text below.

article of the week

Experiment with the flavors of Puerto Rican cuisine! Here's how to pick healthy options:

<http://sm.eatright.org/puertoricanfood>

Kids will love the Caribbean flavors of Puerto Rican cuisine!

[#mondaymessage](http://sm.eatright.org/puertoricanfood)

More >>

hot tip

On a budget? Be sure to read nutrition facts labels to get the most bang for your buck!

<http://sm.eatright.org/readlabels>

Tips to get the most nutritional bang for your buck at the store:

[#mondaymessage](http://sm.eatright.org/readlabels)

More >>

recipe of the week

Ono Mango Macadamia Nut Bread is a sweet and tasty treat that delivers protein and fiber while showcasing flavors from Hawaii! <http://sm.eatright.org/macanutbread>

Slice up a loaf of this Ono Mango Macadamia Nut Bread for a sweet treat:
[#mondaymessage](http://sm.eatright.org/macanutbread)

More >>

featured video

Tilapia is a mild, white fish that kids enjoy! Make this Almond Crusted Tilapia recipe for your next family meal: <http://sm.eatright.org/almondtilapia>

Fishy fishy! Enjoy this Almond Crusted Tilapia for a great family meal:
[#mondaymessage](http://sm.eatright.org/almondtilapia)

More >>

The Kids Eat Right Monday Message is a benefit of the Kids Eat Right Campaign Volunteer program.

If you prefer not to receive *Kids Eat Right* news, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

-

1890. Request for Feedback

From: Pearlie Johnson <PJohnson@eatright.org>
To: kathy.cobb@snet.net <kathy.cobb@snet.net>, Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, dkibbe@gsu.edu <dkibbe@gsu.edu>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Hassink, Sandra <Sandra.Hassink@nemours.org>, Sothern, Melinda <msothe@lsuhsc.edu>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
Sent Date: Oct 07, 2013 13:08:00
Subject: Request for Feedback
Attachment: [image001.png](#)

Hello Everyone, Do you have a response you would like to share with this person?

Dear Sir:

I am writing in regard to the breadth of expertise represented on the Certification for Childhood and Adolescent Weight Management faculty.

While the faculty represents a diversity of skills, there is one that is not represented. I am assuming that those skilled in psychology/family dynamic issues and exercise are included? The one that is missing is lactation support – there are no International Board Certified Lactation Consultants (IBCLC) listed.

Evidence based research that indicates breastfeeding reduces risk of overweight/obesity for the baby into childhood and possibly for the mother. The potential for breastfeeding to reduce future overweight/obesity risk is important to share. While not all mothers will choose to breastfeed, health care providers are professionally obligated to provide evidence based information that could make a difference later. Providing professionals with adequate information, including preventative strategies like breastfeeding, would give families more choices and tools.

Please consider adding a professional trained in lactation support, such as an IBCLC, to the faculty. The addition would broaden the knowledge base and skills for those planning this

important training.

—

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1891. Preceptor Reception and Recruitment Fair at FNCE®

From: Academy of Nutrition and Dietetics <preceptor@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Oct 07, 2013 12:32:34
Subject: Preceptor Reception and Recruitment Fair at FNCE®
Attachment:

Preceptor Reception and Recruitment Fair at FNCE®

Having trouble viewing this e-mail? View it in your browser.

Preceptor Recruitment Fair and Reception

Are you working in the field as a clinical dietitian, foodservice manager, community dietitian, or in one of the many dietetic careers that are available?

Do you enjoy teaching and mentoring students?

Are you wondering how you can meaningfully give back to your profession?

If you answered yes to any of these questions, we welcome you to attend the Preceptor Recruitment Fair and Reception sponsored by the Nutrition and Dietetic Educators and Preceptors Council at FNCE® this year!

The Reception and Recruitment Fair is held to honor our current preceptors, recruit new preceptors, and connect dietitians who want to mentor students with dietetic internships in their area.

The Preceptor Reception and Recruitment Fair will be held on **Monday, October 21st 5:15 6:30 pm in the Ballroom of the Americas E & F at the Hilton Americas Hotel**. Join us for an opportunity to meet and greet and learn how you can give back to the dietetics profession!

Contact preceptor@eatright.org for questions regarding how to become a preceptor or the Preceptor Recruitment Fair and Reception.

If you are an internship director and would like to also be a part of the preceptor recruitment fair, please contact Rayane AbuSabha, Vice Chair of NDEP, at abusar@sage.edu.

Share this mailing with your social network:

This FNCE Announcement is a benefit of the Academy of Nutrition and Dietetics.

If you prefer not to receive future FNCE Announcements, simply follow this link to unsubscribe.

You are currently subscribed as: **dmartin@burke.k12.ga.us**

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1892. RD versus RDN credential

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>
Cc: Beth Labrador <BLabrador@eatright.org>
Sent Date: Oct 07, 2013 11:30:51
Subject: RD versus RDN credential
Attachment: [image001.png](#)

Good morning. We are in the process of updating our Board list and wanted to confirm if you are using the RD or RDN credential. Please advise. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1893. RE: MTC 3rd qtr report

From: Susan Burns <Sburns@eatright.org>
To: 'Sonja Connor' <connors@ohsu.edu>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Oct 07, 2013 11:04:29
Subject: RE: MTC 3rd qtr report
Attachment: [image001.png](#)

Hi Sonja. The USDA has pretty stringent guidelines to achieve the HUSSC awards. The 6 cent reimbursement requirement is really a barrier for food service. So much so that they don't want to go through all the paperwork required to meet the criteria. The RDs are there to provide technical assistance, but the USDA has now made it even more challenging. I spoke with those involved in the project and they don't think this is a state level issue, but a USDA requirement issue. Hope that helps.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Sonja Connor [mailto:connors@ohsu.edu]

Sent: Friday, October 04, 2013 5:02 PM

To: Susan Burns; 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; dwheller@mindspring.com; DMartin@Burke.k12.ga.us; 'craytef@auburn.edu'; 'jean.ragalie@rosedmi.com'; 'lauraromig@gmail.com'; 'dbier@bcm.edu'; 'MChristE@porternovelli.com'; 'MurrayMD@live.com'; Patricia Babjak

Subject: RE: MTC 3rd qtr report

Thanks Susie! Is there any way to make it easier for the districts to submit grants?

Have a wonderful weekend!

Sonja

From: Susan Burns [mailto:Sburns@eatright.org]

Sent: Friday, October 04, 2013 6:39 AM

To: 'KMcClusky@iammorrison.com'; 'tjraymond@aol.com'; dwheller@mindspring.com; Sonja Connor; DMartin@Burke.k12.ga.us; 'craytef@auburn.edu'; 'jean.ragalie@rosedmi.com'; 'lauraromig@gmail.com'; 'dbier@bcm.edu'; 'MChristE@porternovelli.com'; 'MurrayMD@live.com'; Patricia Babjak

Subject: MTC 3rd qtr report

Good morning. Attached please find the 3rd Quarter Meet the Challenge Report which funds RDNs in Iowa working with school to achieve Healthier US School Challenge success. The program is funded through a grant from the Iowa Department of Education.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1894. Important Information about YOUR VIP Package at FNCE(r)

From: Teresa Nece <TNece@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 06, 2013 21:08:14
Subject: Important Information about YOUR VIP Package at FNCE(r)
Attachment:

Dear Donna,

Thank you for being a top ANDPAC donor! We are very excited to announce that for the first time ever we will be offering our top donors "VIP treatment" at FNCE®.

To thank you for your generous contribution to ANDPAC, we are offering the following perks especially for you!

VIP Lounge:

As an ANDPAC top donor you will receive access to a VIP lounge (room 352A at the convention center) where you can kick back, relax and enjoy complimentary snacks and beverages. The lounge will also have computers, printers, internet, TV and couches. Top donors are allowed to bring one friend or colleague with them to the VIP lounge.

VIP Lounge Operating Hours:

Saturday, 10:30 a.m. – 4 p.m.

Sunday, 7:30 a.m. – 5 p.m.

Monday, 7:30 a.m. – 5 p.m.

Tuesday, 7:30 a.m. – 2 p.m.

Wine and Cheese Receptions:

On Sunday and Monday we will be offering wine and cheese from 3 – 5 p.m. Please join us on Sunday and Monday afternoon to enjoy the company of fellow Academy members.

Exclusive Meet and Greet with Academy Leaders:

On Sunday at 3 p.m. please join us for an exclusive meet and greet with the ANDPAC Board and Academy President, Dr. Glenna McCollum MPH, RDN and Academy Past President, Ethan

Bergman PhD, RDN, CD, FADA.

Preferred Seating at Opening Session:

At the opening session you will have access to preferred seating. Arrive at your leisure to this popular event; your seat will be secure! Simply go to the roped off area in front of the stage and look for me.

Photo Opportunity with a Member of Congress:

At the ANDPAC Power Breakfast you will have the chance to meet and take a picture with Representative Gene Green from Texas before the event starts. Make sure to be on time!

Please let me know if you need additional information! ANDPAC has done exceptional things this year; your support truly does make a difference!

See you in Houston!

Brenda Richardson, MA, RDN, LD, CD
2013 Chair, ANDPAC Board of Directors

1895. Recall: Important Information about YOUR VIP Package at FNCE®

From: Teresa Nece <TNece@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 06, 2013 21:08:08
Subject: Recall: Important Information about YOUR VIP Package at FNCE®
Attachment:

Teresa Nece would like to recall the message, "Important Information about YOUR VIP Package at FNCE®".

1896. FW: Important Information about YOUR VIP Package at FNCE®

From: Teresa Nece <TNece@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 06, 2013 21:02:35
Subject: FW: Important Information about YOUR VIP Package at FNCE®
Attachment:

Dear Donna,

Thank you for being a top ANDPAC donor! We are very excited to announce that for the first time ever we will be offering our top donors "VIP treatment" at FNCE®.

To thank you for your generous contribution to ANDPAC, we are offering the following perks especially for you!

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Please let me know if you need additional information! ANDPAC has done exceptional things this year; your support truly does make a difference!

See you in Houston!

Brenda Richardson, MA, RDN, LD, CD
2013 Chair, ANDPAC Board of Directors

1897. BOD Conference Call

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Sent Date: Oct 04, 2013 16:36:59
Subject: BOD Conference Call
Attachment: [Student Survey 1.docx](#)
[Agenda 10-07-13.doc](#)
[Background.docx](#)

Thank you for making yourself available to participate on the special teleconference of the Board of Directors to discuss the recent Board retreat motion related to the professional designation for graduates of baccalaureate degree DPD programs.

It was pointed out during the Board discussion that none of the designations under consideration were tested with potential recipients. Since the retreat, we surveyed student members and student non-members, and we will share those results with you on the call. I would also like to present for your consideration a new alternative that goes beyond a title recognition.

Please find the conference call information below.

Conference Dial-in #: 866-477-4564

Conference Code: 75 48 12 89 82

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1898. RE: HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 04, 2013 16:08:35
Subject: RE: HOD presentation
Attachment:

Donna,

Lets target Wednesday morning at your convenience. My day is wide open. Let me know the time. I think we might need about an hour. If you want to do it after work on Tuesday, or any other day, please let me know.

Paul

From: DMartin@Burke.k12.ga.us
Sent: Friday, October 04, 2013 2:37 PM
To: Paul Mifsud
Subject: Re: HOD presentation

Paul, I can talk to you anytime next week, basically, with the exception of Monday afternoon. Just give me a call. I think what Pat and the Executive team want us to do is just fine. I totally understand, and certainly do not want to stand up there while people take shots at me about sponsorship! I just might shoot back, and then you would have to come bail me out of jail. I suspect that would not be a good use of Academy funds!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 10/4/2013 3:20 PM >>>

Donna,

I shared the presentation with e-team and they had a few changes. First off, disregard my e-mail from a few minutes ago. You are right. It should have read FY13 and not FY14. That has been changed. So, the changes to this deck from the previous ones are as follows;

1. Page 6 – In the box we changed the note to say ...where no food and nutrition professional has gone before.
2. Page 8 – I did change the FY to 13 from 14.
3. Page 10 – I added “capital infrastructure upgrades to the box.
4. Page 12 – This has change a lot since last week. Let me know your thoughts. The box on the bottom is the latest change.
5. Page 14 – I change the box to use the term ...”external stakeholders” instead of “legislative issues”. I also added a * to 2014 to reflect that it is a projection.
6. Page 17 – I changed bullet point 3. Some felt we needed to not limit ourselves to just public policy. That it needed to be broader. So, I changed it to “...activities across all areas of the Academy.”
7. Page 18 – I changed bullet to use the term “external stakeholders” instead of legislators.

I think that is it. I know that I still want to provide additional commentary for you. I will continue that next. Let me know if we are good. Also, a final note; the charts on the slides keep changing size. I can't figure out why. So, if they get bigger on your pages, let me know.

Paul

1899. HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 04, 2013 15:20:59
Subject: HOD presentation
Attachment: [2014 hod fall presentation 2nd version 1004.ppt](#)

Donna,

I shared the presentation with e-team and they had a few changes. First off, disregard my e-mail from a few minutes ago. You are right. It should have read FY13 and not FY14. That has been changed. So, the changes to this deck from the previous ones are as follows;

1. Page 6 – In the box we changed the note to say ...where no food and nutrition professional has gone before.
2. Page 8 – I did change the FY to 13 from 14.
3. Page 10 – I added “capital infrastructure upgrades to the box.
4. Page 12 – This has change a lot since last week. Let me know your thoughts. The box on the bottom is the latest change.
5. Page 14 – I change the box to use the term ...”external stakeholders” instead of “legislative issues”. I also added a * to 2014 to reflect that it is a projection.
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7. Page 18 – I changed bullet to use the term “external stakeholders” instead of legislators.

I think that is it. I know that I still want to provide additional commentary for you. I will continue that next. Let me know if we are good. Also, a final note; the charts on the slides keep changing size. I can't figure out why. So, if they get bigger on your pages, let me know.

Paul

1900. December 6-8, 2013 Level 2 Certificate of Training Program Coming to Austin

From: Commission on Dietetic Registration <cdr@eatright.org>
To: Donna S Martin LD RD <DMartin@burke.k12.ga.us>
Sent Date: Oct 04, 2013 06:01:22
Subject: December 6-8, 2013 Level 2 Certificate of Training Program Coming to Austin
Attachment:

Commission on Dietetic Registration - Weight Management Programs

Having trouble viewing this e-mail? View it in your browser.

Weight Management Certificate Programs

As a previous participant of the Certificate of Training in Adult Weight Management program or the Certificate of Training in Childhood and Adolescent Weight Management program, you are eligible to participate in the Level 2 Certificate of Training in Adult Weight Management program which is scheduled to be held on Friday, December 6, through Sunday, December 8, 2013 at the Renaissance Austin Hotel, 9721 Arboretum Blvd, Austin, Texas,. The registration deadline is November 20, 2013.

There are three components to this Level 2 program: a self-study module (30 hours of readings, activities, pre-test and a pre-work evaluation), a 2 1/2 day live workshop with a program evaluation, and a post test. You must pass the pre-test with a score of 80% to attend the workshop. After successful completion of the course and the take-home post-test, you will be awarded a Level 2 Certificate of Training in Adult Weight Management program certificate, suitable for framing. You will be awarded a total of 50 CPEUs for completing all three components.

All program participants will receive continuing professional education units; however, only those who pass the post-test will receive the certificate. Participants will only be given one opportunity to pass the post-test.

The program registration fee is \$445.00 which is only \$8.90 per CPEU. Registration includes access to the on-line self-study module and pre-test, 2 1/2 day on-site program and a take home post-test. Beverage breaks are included. Meals are not included. A \$75.00 cancellation fee will apply once your registration has been processed.

You can obtain a registration brochure or additional information by visiting the CDR web site at <http://cdrnet.org/weight-management/level2>. To register for the program by telephone, please contact CDR Staff at 1/800-877-1600, ext. 4760 or 4783.

Share this mailing with your social network:

You are currently subscribed to receive Weight Management related e-mails from the Commission on Dietetic Registration.

If you prefer not to receive future e-mails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

1901. HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 03, 2013 18:00:46
Subject: HOD presentation
Attachment: [2014 hod fall presentation 2nd version 1003.ppt](#)

Donna,

I talked to Pat about the presentation. She had some concerns about page 12 that addressed Sponsorships. She did not want this to be “highlighted” because it could give the wrong impression. It could give the impression that sponsorships are going away. Which we both know is not the case. So, given the potential for controversy, I changed 12 to “funding sources” are declining. I could take out any reference to anything in it except the investment income. The investment income is declining over \$1.2M, but, overall funding is declining only \$800,000. However, I left in the box sponsorship, investment income and publications revenue. Pubs is going down about \$50K.

The balance here is to give enough information, but, not too much that it causes more problems. In any event, let me know when you have some time to discuss this with me.

Paul

1902. RE: FNCE Board Schedule

From: Joan Schwaba <JSchwaba@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 02, 2013 18:38:47
Subject: RE: FNCE Board Schedule
Attachment: [image001.jpg](#)

Thanks so much for partnering . Looks like the scripts will be out closer to Friday.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, October 02, 2013 2:48 PM
To: Joan Schwaba
Subject: RE: FNCE Board Schedule

Thanks. No rush on the information, I just did not know if I had missed something or was not supposed to present.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
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706-554-5393 (office)

706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Joan Schwaba <JSchwaba@eatright.org> 10/2/2013 2:52 PM >>>

Hi Donna –

We hope to send out the scripts and related info later today. Yes, you are listed as Dayle's "partner."

Please let me know if you need anything else.

Take care,
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
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Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, October 02, 2013 1:48 PM
To: Joan Schwaba
Subject: Re: FNCE Board Schedule

Joan, Have you all sent out who is presenting awards? I asked to present Dayle Hayes (Medallion), but have never heard if I am to do it. I am OK if someone else was picked, but wanted to double check about that. Thanks and see you soon!

Donna S. Martin, EdS, RD, LD, SNS
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"USDA Healthier US School Challenge GOLD award recipient"

>>>Joan Schwaba <JSchwaba@eatright.org> 9/25/2013 5:37 PM >>>

Attached for your review is a draft schedule highlighting FNCE activities which require and/or encourage Board attendance. The schedule is not intended to reflect all the sessions you attend. We recognize that most of you hold multiple DPG and MIG memberships and that you will be attending affiliate, DPG and MIG business meetings and receptions on your own. We will register those of you who have specific DPG events designated on the Board FNCE schedule. Please let me know if an activity/session **requiring** Board representation is not reflected or if you have a conflict and are unable to attend an activity or session to which you were assigned. Since rooms and times may still change, a final copy of the schedule will be sent with your October meeting packet. Your meeting packet will also include the Honors script for those presenting Medallion awards to their Board Partners at the Honors Breakfast and your designated assignments from the Meetings Team for thanking our exhibitors.

Tickets for the Foundation Gala are purchased directly by you. The Foundation would like to challenge all Board members to consider sponsoring an Academy student member to attend the gala. To purchase a table or ticket, or sponsor a student, please contact Foundation staff at 1-800/877-1600, ext. 4773.

As you know, the Academy has introduced the first Food & Nutrition Conference & Expo App for attendees and exhibitors. This free app is a great tool to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, stay up to date on the latest announcements during FNCE, and much more. To download the app for Apple or Android devices, visit the app store and type in FNCE 2013 in the search field and install.

If you have any questions, please contact me.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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1903. RE: Finance and Audit Committee face-to-face meeting at FNCE -October 22, 2013 at 3:00 p.m. CDT

From: Maria Juarez <MJuarez@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 02, 2013 15:07:35
Subject: RE: Finance and Audit Committee face-to-face meeting at FNCE -October 22, 2013 at 3:00 p.m. CDT
Attachment: [image001.png](#)

Donna, thank you for your kind words. I enjoy my job and most of all it is a pleasure working with the FAC members.

See you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

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Chicago, IL 60606

mjuarez@eatright.org

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312-899-5335 fax

1-800-877-1600- Ext 4886

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, October 02, 2013 12:56 PM
To: Maria Juarez
Subject: RE: Finance and Audit Committee face-to-face meeting at FNCE -October 22, 2013 at 3:00 p.m. CDT

Maria, I don't get to say thank you enough to you, for all you do for us. I know for one, that I really appreciate all you do to keep us all straight. Excellent job on the minutes, also, by the way! Talk to you soon!

Donna S. Martin, EdS, RD, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Maria Juarez <MJuarez@eatright.org> 10/2/2013 1:53 PM >>>
All,

The FY2013 Audit reports are loaded into the portal.

Folder name "**October 22nd, 2013 FAC face-to-face meeting.**

Please login on the portal using the link <http://ada.portalxm.com> and enter your e-mail address and password.

Please let us know (Linda Serwat or I) if you have any problems.

See you soon

Maria G Juarez
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mjuarez@eatright.org

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1-800-877-1600- Ext 4886

1904. RE: FNCE Board Schedule

From: Joan Schwaba <JSchwaba@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 02, 2013 14:52:57
Subject: RE: FNCE Board Schedule
Attachment: [image001.jpg](#)

Hi Donna –

We hope to send out the scripts and related info later today. Yes, you are listed as Dayle's "partner."

Please let me know if you need anything else.

Take care,
Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
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Phone: 312-899-4798
Fax number: 312-899-4765
Email: jschwaba@eatright.org
www.eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, October 02, 2013 1:48 PM
To: Joan Schwaba
Subject: Re: FNCE Board Schedule

Joan, Have you all sent out who is presenting awards? I asked to present Dayle Hayes (Medallion), but have never heard if I am to do it. I am OK if someone else was picked, but wanted to double check about that. Thanks and see you soon!

Donna S. Martin, EdS, RD, LD, SNS
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706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Joan Schwaba <JSchwaba@eatright.org> 9/25/2013 5:37 PM >>>

Attached for your review is a draft schedule highlighting FNCE activities which require and/or encourage Board attendance. The schedule is not intended to reflect all the sessions you attend. We recognize that most of you hold multiple DPG and MIG memberships and that you will be attending affiliate, DPG and MIG business meetings and receptions on your own. We will register those of you who have specific DPG events designated on the Board FNCE schedule. Please let me know if an activity/session **requiring** Board representation is not reflected or if you have a conflict and are unable to attend an activity or session to which you were assigned. Since rooms and times may still change, a final copy of the schedule will be sent with your October meeting packet. Your meeting packet will also include the Honors script for those presenting Medallion awards to their Board Partners at the Honors Breakfast and your designated assignments from the Meetings Team for thanking our exhibitors.

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If you have any questions, please contact me.

Joan

Joan Schwaba, MS, RDN, LDN

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1905. RE: Finance and Audit Committee face-to-face meeting at FNCE - October 22, 2013 at 3:00 p.m. CDT

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Oct 02, 2013 13:53:24
Subject: RE: Finance and Audit Committee face-to-face meeting at FNCE - October 22, 2013 at 3:00 p.m. CDT
Attachment: [image001.png](#)

All,

The FY2013 Audit reports are loaded into the portal.

Folder name "**October 22nd, 2013 FAC face-to-face meeting.**

Please login on the portal using the link <http://ada.portalxm.com> and enter your e-mail address and password.

Please let us know (Linda Serwat or I) if you have any problems.

See you soon

Maria G Juarez
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1-800-877-1600- Ext 4886

1906. Draft October Board Meeting Agenda

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Oct 02, 2013 09:00:03
Subject: Draft October Board Meeting Agenda
Attachment: [image001.jpg](#)
[Att 2.0 October 2013 Board Agenda DRAFT.doc](#)

Attached for your review and input is the draft agenda for the October 23 Board Meeting. We welcome your feedback.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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1907. HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Oct 01, 2013 16:18:10
Subject: HOD presentation
Attachment: [2014 hod fall presentation 2nd version 1001.ppt](#)

Donna,

I put some notes into the presentation. There were a few items that came up during the FAC call;

1. Reserves – Explain what they are
2. FNCE decisions – how they are made
3. Revenue sources
4. Where Dues go.

There may be others. If there are, let me know. I think we cover these, with the exception of the FNCE decisions. This one is a tough one. I can add a slide to elaborate on FNCE. However, it is more complicated than most. It isn't easy to explain we try to get the best deal from the best city. Sometimes this means we go to a city with lower attendance. In any event, if you want me too, I can find a way to include a slide. Also remember, you can't discuss the guarantee from Houston.

I will keep working on this. I will put in the "clicks" for the presentation to help along with the comments. That is my next cut. Let me know if this helps.

Paul

1908. RE: Availability for Board of Directors Call

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Oct 01, 2013 14:08:05
Subject: RE: Availability for Board of Directors Call
Attachment: [image001.jpg](#)

This is to confirm the Board teleconference for **Monday, October 7 at 2:00 pm ET/ 1:00 pm CT/ 12:00 pm MT/ 11:00 am PT**. The call materials will be sent later this week.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management
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From: Joan Schwaba
Sent: Tuesday, September 24, 2013 12:41 PM
To: Patricia Babjak; 'glenna@glennamccollum.com'; 'Sonja Connor'; 'Ethan A. Bergman'; 'Kathy

McClusky'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'Elise Smith '; 'Becky Dorner'; 'Lucille Beseler '; 'Catherine Christie '; 'Margaret Garner'; 'Linda Farr'; dwheller@mindspring.com; 'Marcia Kyle'; 'Joe Derochowski'; 'Sandra Gill '

Subject: RE: Availability for Board of Directors Call

We are now looking at the week of October 7th for the call, in order to have a quorum. Please complete the revised Doodle Poll using the link that follows.

<http://doodle.com/iqqg9ss38442iwu9>

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

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From: Patricia Babjak

Sent: Monday, September 23, 2013 12:26 PM

To: 'glenna@glennamccollum.com'; 'Sonja Connor'; 'Ethan A. Bergman'; 'Kathy McClusky'; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'Elise Smith '; 'Becky Dorner'; 'Lucille Beseler '; 'Catherine Christie '; 'Margaret Garner'; 'Linda Farr'; dwheller@mindspring.com; 'Marcia Kyle'; 'Joe Derochowski'; 'Sandra Gill '

Subject: Availability for Board of Directors Call

Importance: High

President Glenna McCollum is calling a special teleconference of the Board of Directors to discuss the recent Board retreat motion related to the professional designation for graduates of baccalaureate degree DPD programs: *Move that the professional designation for graduates of baccalaureate degree DPD programs be Nutrition and Dietetics Associate*. As a next step, the Board asked staff to determine the development and designation specifics.

It was pointed out during the Board discussion that some of the designations under consideration were not tested with potential recipients. Since the retreat, we surveyed 18,853 student members and non-members, and we would like to share those results with you. I would also like to present for your consideration a new alternative which addresses CDR's decision not to credential the baccalaureate graduate due to its practice audit results, but that does address the intent of the original motion passed by the Board in January 2012, namely, that our graduates obtain a designation that helps ensure safe, quality practice while enjoying competitive advantage in a marketplace that continues to experience a proliferation of new nutrition and dietetics related credentials.

Please complete the Doodle Poll by clicking on the link below to indicate your availability for a call. Thank you!

<http://doodle.com/iqqg9ss38442iwu9>

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1909. Personal Service Plan Calls

From: Susan Burns <Sburns@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>
Sent Date: Oct 01, 2013 12:24:23
Subject: Personal Service Plan Calls
Attachment: [image001.png](#)

Hi Donna. I am following up the on the personal service plan call Linda was scheduling. Are available either Friday, October 4th or Monday October 7th (before 11 am or after 3 pm CST)? Please let me know and I will send an invite via outlook. Otherwise, if you could share some additional dates and times, that would be great. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1910. Enjoy Discounts at the FNCE Bookstore!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Sep 30, 2013 16:32:55
Subject: Enjoy Discounts at the FNCE Bookstore!
Attachment:

Enjoy Discounts at the FNCE Bookstore!

Having trouble viewing this e-mail? [View it in your browser.](#)

Save at the FNCE Bookstore

Enjoy special discounts on a number of professional, client education and consumer resources at the FNCE Bookstore. View our e-catalog to browse what will be on sale.

[View e-Catalog](#)

PLEASE NOTE, THESE PRICES ARE ONLY VALID AT THE FNCE BOOKSTORE (OCTOBER 19 22, 2013).

Bookstore Hours

Saturday, October 19 8 a.m. 6:30 p.m.

Sunday, October 20 7 a.m. 5:15 p.m.

Monday, October 21 8 a.m. 5:15 p.m.

Tuesday, October 22 8 a.m. 1:00 p.m.

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If you prefer not to receive future FNCE Announcements, simply follow this link to unsubscribe.

You are currently subscribed as: **dmartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1911. September 17, 2013 Board Meeting Minutes

From: Linda Hudson <lhudson@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, 'Evelyn Crayton' <craytef@aces.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, 'Eddy, Nancy L' <eddy@bcm.edu>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Cecala, Sue <Sue.Cecala@rosedmi.com>
Sent Date: Sep 30, 2013 15:38:49
Subject: September 17, 2013 Board Meeting Minutes
Attachment: [image001.png](#)
[September 17, 2013 Board Meeting Minutes.docx](#)

Hello Academy BOD,

Attached are the minutes from the September 17, 2013 Board call. Thanks.

Linda Hudson
Foundation Assistant
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

1912. Kids Eat Right Program Updates

From: Susan Burns <Sburns@eatright.org>
To: 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Sep 30, 2013 11:30:21
Subject: Kids Eat Right Program Updates
Attachment: [image001.png](#)

Happy Monday. I wanted to share some updates on two Foundation Programs, Kids Eat Right and the Future of Food.

For the past 11 years, the Foundation has partnered with the General Mills Foundation to provide \$500,000 in annual grants for innovative nutrition and physical activity programs being implemented by 501c3 charities which enlist the expertise of registered dietitians. I am happy to share that the organization will provide the Foundation \$1,000,000 (double the amount) in funding to make these grants available for 2014. In addition, the General Mills Foundation will provide the \$100,000 administrative fee that they award the Foundation for managing the program and an additional \$25,000 this year to pay for some necessary technology upgrades.

I also wanted to give you some more information about an exciting new sponsorship with Elanco, something that was briefly discussed during our last Academy Foundation Board call. Elanco is a worldwide leader in developing products and services that enhance animal health, wellness and performance. Elanco products contribute to the production of an abundant supply of food. They are new to the Foundation and their interest is related to our Future of Food initiative. This program with the National Dairy Council and Feeding America aligns nicely with Elanco's goal to be a leader in solving world hunger through safe and healthy consumption of animal protein.

Elanco has committed to a two-year \$300,000 grant to the Foundation to raise awareness and educate Academy members and consumers about issues related to domestic and international food insecurity, and evidenced-based solutions to nutritiously and safely feed the world with plant and animal agriculture innovations. An advisory group of registered dietitians who have expertise in farming and agriculture will be formed as part of the project. The advisory group will be trusted informants in guiding the project and in developing educational outreach components of the

project to members and to the public. As part of the project, the Foundation will develop:

- A toolkit on issues related to feeding the world, possible solutions including innovations in sustainable agriculture and the importance of animal protein.
- Two webinars on issues related to world food insecurity, roles of macro and micro-nutrients in advancing the health and wellness of developing countries, and global collaborations among the health, agriculture, and business professions to feed the planet.
- A story mapping workshop that includes content experts and Academy media spokespersons to develop a communications framework about consumer concerns related to sustainable agriculture and feeding the world.
- Presentations, educational sessions and panel discussions around the issue.

All this news is a lot to digest. If you have any questions about either initiative, just let me know. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

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312-899-4752

www.eatright.org/foundation

1913. I've Enjoyed Working With You...

From: Linda Hudson <ludson@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Evelyn Crayton' <craytef@aces.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>
Cc: 'Eddy, Nancy L' <eddy@bcm.edu>
Sent Date: Sep 27, 2013 17:13:09
Subject: I've Enjoyed Working With You...
Attachment: [image001.png](#)

Hello Foundation BOD,

I'd like to let you know that I am leaving my position at the Foundation effective Wednesday, October 2, 2013.

I have enjoyed my almost five years here and I appreciate having had the opportunity to work with you all. Thank you for the support and encouragement you have shown me during my time here. Even though I will miss you, I am looking forward to starting a new phase of my career.

Thanks again and have a great time at FNCE.

Best Regards,

Linda Hudson
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Academy of Nutrition and Dietetics Foundation
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Chicago, Illinois 60606-6995
Phone: 312-899-4773
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www.eatright.org/foundation

1914. Daily News & Journal Review: Friday, September 27, 2013

From: academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 27, 2013 11:18:09
Subject: Daily News & Journal Review: Friday, September 27, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

AAFP Says No to Energy Drink Samples for Kids
<http://www.medpagetoday.com/MeetingCoverage/AAFP/41858>

Source: AAFP

<http://www.aafp.org/news-now/2013-cod-assembly/20130926hopsrefcomm.html>

Related Resource: FNCE Session 2013, Hot Topic - Do Energy Drinks Live Up to Their Hype? A Look at Cognitive and Physical Effects

<http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=34978>

Overeating? A faulty brain circuit may be to blame

<http://www.latimes.com/science/sciencenow/la-sci-overeating-brain-circuit-20130926,0,5832746.story>

Source: Science

<http://www.sciencemag.org/content/341/6153/1517.abstract>

School cafeterias, vending machines trading sugar, fat for more healthful fare

http://www.washingtonpost.com/national/health-science/school-cafeterias-vending-machines-trading-sugar-fat-for-more-healthful-fare/2013/09/26/87349b2c-20a4-11e3-a358-1144dee636dd_story.html

Related Resource: Academy of Nutrition and Dietetics Supports USDAs Call for Healthier Standards for All Foods Sold in Schools

<http://www.eatright.org/Media/content.aspx?id=6442477014>

Hearty Breakfast Good in Type 2 Diabetes
(Presented at the European Association for the Study of Diabetes)

<http://www.medpagetoday.com/MeetingCoverage/EASDEndo/41880>

Study: Jump on Type 2 Diabetes Early
(Presented at the European Association for the Study of Diabetes)

<http://www.medpagetoday.com/MeetingCoverage/EASDCardio/41888>

Related Resource: Diabetes Mellitus Type 1 & 2 Evidence-Based Nutrition Practice Guideline

<http://andevidencelibrary.com/topic.cfm?cat=3251>

Albuminuria Not Always Seen in Renal Disease
(Presented at the European Association for the Study of Diabetes)

<http://www.medpagetoday.com/MeetingCoverage/EASDCardio/41885>

Ask Well: Is It Safe to Eat Soy?

http://well.blogs.nytimes.com/2013/09/27/ask-well-is-it-safe-to-eat-soy/?ref=health&_r=0

Fill your plate with superfoods

http://www.cnn.com/2013/08/28/health/gallery/superfoods-power-foods/index.html?hpt=he_t2

Related Resource: Academys Functional Foods
<http://www.eatright.org/About/Content.aspx?id=8354>

Student food stamp use doubled over 10 years
<http://www.usatoday.com/story/news/nation/2013/09/25/student-usage-snap/2867479/>
Related Resource: SNAP
<http://www.fns.usda.gov/snap>

Lunchtime: Americans Spend Nearly \$1K
Annually Eating Out For Lunch
<http://www.forbes.com/sites/halahtouryalai/2013/09/25/lunchtime-americans-spend-nearly-1k-annually-eating-out-for-lunch/>

Pretzel mania spreads from fast food to every food
<http://www.usatoday.com/story/money/business/2013/09/25/pretzel-pretzel-burger-pretzel-sandwich-7-eleven-wendys-mintel-new-products/2842941/>

With Tastes Growing Healthier, McDonalds Aims to Adapt Its Menu
<http://www.nytimes.com/2013/09/27/business/mcdonalds-moves-toward-a-healthier-menu.html?ref=health>

Consumers seeking caffeine alternatives that deliver the same energy boost, says Chromadex commissioned survey
<http://www.foodnavigator-usa.com/Suppliers2/Consumers-seeking-caffeine-alternatives-that-deliver-the-same-energy-boost-says-Chromadex-commissioned-survey>

HFCS- free: The trend stalled by consumer indifference?
<http://www.foodnavigator-usa.com/Markets/HFCS-free-The-trend-stalled->

by-consumer-indifference

First omega 3s shot hits market with Ocenas
Omega emulsion technology

<http://www.foodnavigator-usa.com/R-D/First-omega-3s-shot-hits-market-with-Oceans-Omega-s-emulsion-technology>

Hip-hop health, a 'party with a purpose'

http://www.cnn.com/2013/09/27/health/hip-hop-health/index.html?hpt=he_c1

Harmful germs lurking in your kitchen can make you sick

<http://www.usatoday.com/story/news/nation/2013/09/26/health-kitchen-germs/2880125/>

Source: NSF International

<http://www.nsf.org/newsroom/nsfs-2013-germ-study-finds-kitchen-items-harbor-e-coli-salmonella-listeria>

Related Resource: Home Food Safety
www.homefoodsafety.org

Google unveils major overhaul of its search engine

<http://www.usatoday.com/story/tech/2013/09/26/google-overhauls-search-engine/2877491/>

MedlinePlus: Latest Health News

-Could Obesity Help Older People With Type 2 Diabetes?

-Parenthood May Reduce Diabetes-Related Death Risk, Study Suggests

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Big Breakfast May Be Best for Diabetes Patient

(Vandana Sheth, Academy Spokesperson quoted)

http://www.philly.com/philly/health/diabetes/HealthDay680522_20130926_Big_Breakfast_May_Be_Best_for_Diabetes_Patients.html

When weight loss nearly kills

(Sue Clarahan, RD quoted)

http://qctimes.com/lifestyles/health-med-fit/when-weight-loss-nearly-kills/article_6e1353b5-6580-5c97-aeee-f1e0e58011cb.html

Vitamin B may cut risk of stroke

(Julia Zumpano, RD quoted)

<http://www.komonews.com/news/health/Vitamin-B-may-cut-risk-of-stroke-225416452.html>

McDonald's tries fancy food with celebrity chefs in NYC

(Jessica Foust, RD quoted)

<http://www.latimes.com/business/money/la-fi-mo-mcdonalds-celebrity-chefs-20130925,0,1848824.story>

In Your-Cart-Energy-Drinks

(Sheryl Lozicki, RD featured)

http://www.wzzm13.com/life/local/programming/take_five/268816/205/In-Your-Cart-Energy-Drinks

How to make your own healthful Lunchable-style lunches

(Michelle Dudash, RDN quoted)

<http://www.azfamily.com/news/health/How-to-make-your-own-Lunchable-style-lunches-225386632.html>

Sodexo offers healthy options

Students given increased nutritional information

(Alexa Schmidt, RD quoted)

<http://www.bupipedream.com/news/23365/sodexo-offers-healthy-options-students-given-increased-nutritional-information/>

Nutritional yeast benefits; What are prebiotics?

(By Nancy Dell, RD)

<http://www.wwlp.com/health/dietitian/nancy-dell-nutritional-yeast-benefits-what-are-prebiotics>

Journal Review

Journal of the Academy of Nutrition and Dietetics, October 2013

Trouble Finding 1993-2011 Issues?

Articles from 1993-2011 are available under the Browse All Issues button. To access that option, go to the Articles and Issues dropdown on the navigation menu for the ANDJ homepage. Select Browse All Issues 1993-2011

<http://www.adajournal.org/current>

President's Page-M Is for Mentorship

[http://www.andjrnl.org/article/S2212-2672\(13\)01294-X/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01294-X/fulltext)

The MyPlate Message Chronicles

7 SuperTracker Features You've Never Heard Of

[http://www.andjrnl.org/article/S2212-2672\(13\)01295-1/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01295-1/fulltext)

Calcium Plus Vitamin D Supplementation and Joint Symptoms in Postmenopausal Women in the Women's Health Initiative Randomized Trial

[http://www.andjrnl.org/article/S2212-2672\(13\)00685-0/abstract](http://www.andjrnl.org/article/S2212-2672(13)00685-0/abstract)

Registered Dietitians Making a Difference: Early Medical Record Documentation of Estimated Energy Requirement in Critically Ill Children Is Associated with Higher Daily Energy Intake and with Use of the Enteral Route

[http://www.andjrnl.org/article/S2212-2672\(13\)00515-7/abstract](http://www.andjrnl.org/article/S2212-2672(13)00515-7/abstract)

Deconstructing a Fruit Serving: Comparing the Antioxidant Density of Select Whole Fruit and 100% Fruit Juices

[http://www.andjrnl.org/article/S2212-2672\(13\)00514-5/abstract](http://www.andjrnl.org/article/S2212-2672(13)00514-5/abstract)

Position of the Academy of Nutrition and Dietetics: Interventions for the Prevention and Treatment of Pediatric Overweight and Obesity

[http://www.andjrnl.org/article/S2212-2672\(13\)01292-6/abstract](http://www.andjrnl.org/article/S2212-2672(13)01292-6/abstract)

Members Celebrate 50 Years with the Academy

[http://www.andjrnl.org/article/S2212-2672\(13\)01372-5/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01372-5/fulltext)

Erin McCarthy, MS, RD, CSSD, Wins Huddleson Award

[http://www.andjrnl.org/article/S2212-2672\(13\)01293-8/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01293-8/fulltext)

Linda Van Horn, PhD, RD, Wins Monsen Award

[http://www.andjrnl.org/article/S2212-2672\(13\)01405-6/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01405-6/fulltext)

Academy of Nutrition and Dietetics Foundation Scholarship Recipients for 2013-2014

[http://www.andjrnl.org/article/S2212-2672\(13\)01296-3/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01296-3/fulltext)

Question of the Month

Probiotics: Where Do We Stand?

[http://www.andjrnl.org/article/S2212-2672\(13\)01298-7/fulltext](http://www.andjrnl.org/article/S2212-2672(13)01298-7/fulltext)

American Journal of Epidemiology, October 1 2013

<http://aje.oxfordjournals.org/content/178/7?etoc>

Understanding the Independent and Joint Associations of the Home and Workplace Built Environments on Cardiorespiratory Fitness and Body Mass Index

<http://aje.oxfordjournals.org/content/178/7/1094.abstract.html?etoc>

Diarrhea in Early Childhood: Short-term Association With Weight and Long-term Association With Length

<http://aje.oxfordjournals.org/content/178/7/1129.abstract.html?etoc>

American Journal of Lifestyle Medicine, July/August 2013

Theme-Alcohol, Health, and Injuries

<http://ajl.sagepub.com/content/current>

Body Weight and Nutrition Consequences of Alcohol Consumption in Young Adults

<http://ajl.sagepub.com/content/7/4/241.abstract>

Surgery for Severe Obesity

<http://ajl.sagepub.com/content/7/4/255.short>

The Interaction Between Exercise, Appetite, and Food Intake: Implications for Weight Control

<http://ajl.sagepub.com/content/7/4/265.short>

The Impact of Pistachio Consumption on Blood Lipid Profile: A Literature Review

<http://ajl.sagepub.com/content/7/4/274.short>

Annals of Internal Medicine, Online First, September 20, 2013

<http://annals.org/onlineFirst.aspx>

Management of Obstructive Sleep Apnea in Adults: A Clinical Practice Guideline From the American College of Physicians

<http://annals.org/article.aspx?articleID=1740756>

Association Between Exposure to Low to Moderate Arsenic Levels and Incident Cardiovascular Disease: A Prospective Cohort Study

<http://annals.org/article.aspx?articleid=1740759>

Clinical Nutrition, Articles in Press, September 18, 2013

<http://www.sciencedirect.com/science/journal/aip/02615614>

Components of the metabolic syndrome are negative predictors of weight loss in obese children with lifestyle intervention

<http://www.sciencedirect.com/science/article/pii/S0261561413002458>

Consumption of oral hospital diets and percent adequacy of minerals in oncology patients as an indicative for the use of oral supplements

<http://www.sciencedirect.com/science/article/pii/S0261561413002434>

The nutritional strategy: Four questions predict morbidity, mortality and health care costs

<http://www.sciencedirect.com/science/article/pii/S026156141300246X>

The economic burden of disease-related undernutrition in selected chronic diseases

<http://www.sciencedirect.com/science/article/pii/S0261561413002446>

Diabetes, October 2013

<http://diabetes.diabetesjournals.org/content/62/10?etoc>

Sugar, Uric Acid, and the Etiology of Diabetes and Obesity

<http://diabetes.diabetesjournals.org/content/62/10/3307.abstract.html?etoc>

Assessing the Human Gut Microbiota in Metabolic Diseases

<http://diabetes.diabetesjournals.org/content/62/10/3341.abstract.html?etoc>

Oxytocin Reduces Reward-Driven Food Intake in Humans

<http://diabetes.diabetesjournals.org/content/62/10/3418.abstract.html?etoc>

Diabetes Care, October 2013

<http://care.diabetesjournals.org/content/36/10?etoc>

Intensive Structured Self-Monitoring of Blood Glucose and Glycemic Control in Noninsulin-Treated

Type 2 Diabetes: The PRISMA randomized trial

<http://care.diabetesjournals.org/content/36/10/2887.abstract.html?etoc>

Challenges to Healthy Eating for People With Diabetes in a Low-Income, Minority Neighborhood

<http://care.diabetesjournals.org/content/36/10/2895.abstract.html?etoc>

Inpatient Diabetes Education Is Associated With Less Frequent Hospital Readmission Among Patients With Poor Glycemic Control

<http://care.diabetesjournals.org/content/36/10/2960.abstract.html?etoc>

Food Insecurity and Metabolic Control Among U.S. Adults With Diabetes

<http://care.diabetesjournals.org/content/36/10/3093.abstract.html?etoc>

Breakfast Frequency and Development of Metabolic Risk

<http://care.diabetesjournals.org/content/36/10/3100.abstract.html?etoc>

The Importance of Waist Circumference and BMI for Mortality Risk in Diabetic Adults

<http://care.diabetesjournals.org/content/36/10/3128.abstract.html?etoc>

Three 15-min Bouts of Moderate Postmeal Walking Significantly Improves 24-h Glycemic Control in Older People at Risk for Impaired Glucose

Tolerance

<http://care.diabetesjournals.org/content/36/10/3262.abstract.html?etoc>

Benefits of Liraglutide Treatment in Overweight and Obese Older Individuals With Prediabetes

<http://care.diabetesjournals.org/content/36/10/3276.abstract.html?etoc>

Twizzlers as a Cost-Effective and Equivalent Alternative to the Glucola Beverage in Diabetes Screening

<http://care.diabetesjournals.org/content/36/10/e169.extract.html?etoc>

Diabetes Educator, September/October 2013

<http://tde.sagepub.com/content/39/5.toc>

The Landscape for Diabetes Education

Results of the 2012 AADE National Diabetes Education Practice Survey

<http://tde.sagepub.com/content/39/5/614.abstract>

Barriers to Physical Activity in People With Type 2 Diabetes Enrolled in a Worksite Diabetes Disease Management Program

<http://tde.sagepub.com/content/39/5/626.abstract>

Who Can Provide Diabetes Self-Management Support in Primary Care?

Findings From a Randomized Controlled Trial

<http://tde.sagepub.com/content/39/5/705.abstract>

Food and Chemical Toxicology, Articles in Press, September 16, 2013

<http://www.sciencedirect.com/science/journal/aip/02786915>

Soy in wheat Contamination levels and food allergy risk assessment

<http://www.sciencedirect.com/science/article/pii/S0278691513006510>

Food Management, September 2013

<http://food-management.com/>

Hospital Nutrition Departments Extending Their Community Outreach

<http://food-management.com/healthcare/hospital-nutrition-departments-extending-their-community-outreach>

What Do You Do When...The (Lunch) Credit Runs Out?

School districts nationwide are struggling to develop charge policies governing whether and what their cafeterias will serve students who do not bring lunch money.

<http://food-management.com/k-12-schools/what-do-you-do-when-the-lunch-credit-runs-out>

Working the Asian Pantry

Update your selection of Asian pantry staples and keep umami power within easy reach.

<http://food-management.com/menu-trends/working-asian-pantry>

Food Quality and Preference, Articles in Pres, September 20, 2013

<http://www.sciencedirect.com/science/journal/aip/09503293>

What determines ingredient awareness of consumers? A study on ten functional food ingredients

<http://www.sciencedirect.com/science/article/pii/S0950329313001547>

Food Technology, September 2013

<http://www.ift.org/food-technology/current-issue.aspx>

Grains, Carbohydrates, and the Brain

<http://www.ift.org/food-technology/current-issue.aspx>

Pollans Unpalatable Recipe for *Cooked*

<http://www.ift.org/food-technology/past-issues/2013/september/columns/perspective.aspx>

The Evolution of Snacks Continues

<http://www.ift.org/food-technology/past-issues/2013/september/columns/the-evolution-of-snacks-continues.aspx>

Journal of the American Medical Association, Online First, September 26, 2013

<http://jama.jamanetwork.com/onlineFirst.aspx>

The Future of the Medicare Home Health Program

http://jama.jamanetwork.com/article.aspx?articleID=1742539&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=JAMA%3AOnlineFirst09%2F26%2F2013

Journal of the American Medical Association, September 25, 2013

<http://jama.jamanetwork.com/issue.aspx>

Obese Adults With Knee Osteoarthritis The IDEA Randomized Clinical Trial

http://jama.jamanetwork.com/article.aspx?articleID=1741824&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification09%2F24%2F2013

Effect of Sensor-Augmented Insulin Pump Therapy and Automated Insulin Suspension vs Standard Insulin Pump Therapy on Hypoglycemia in Patients With Type 1 Diabetes A Randomized Clinical Trial

http://jama.jamanetwork.com/article.aspx?articleID=1741822&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification09%2F24%2F2013

tion%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification09%2F24%2F2013

Editorial

Insulin Pump Therapy With Automated Insulin Suspension Toward
Freedom From Nocturnal Hypoglycemia

<http://jama.jamanetwork.com/article.aspx?articleid=1741800>

Journal of Nutrition, October 2013

<http://jn.nutrition.org/content/vol143/issue10/index.dtl?etoc>

Carbohydrate Quality and Quantity Affect Glucose and Lipid Metabolism during Weight Regain in Healthy Men

<http://jn.nutrition.org/cgi/content/abstract/143/10/1593>

Dietary Intake of Naturally Occurring Plant Sterols Is Related to a Lower Risk of a First Myocardial Infarction in Men but Not in Women in Northern Sweden

<http://jn.nutrition.org/cgi/content/abstract/143/10/1630>

Long-Term Diet Quality Is Associated with Lower Obesity Risk in Young African American Women with Normal BMI at Baseline

<http://jn.nutrition.org/cgi/content/abstract/143/10/1636>

Consumption of Low-Fat Dairy Products May Delay Natural Menopause

<http://jn.nutrition.org/cgi/content/abstract/143/10/1642>

Increasing the Percentage of Energy from Dietary Sugar, Fats, and Alcohol in Adults Is Associated with Increased Energy Intake but Has Minimal Association with Biomarkers of Cardiovascular Risk

<http://jn.nutrition.org/cgi/content/abstract/143/10/1651>

Journal of Parenteral and Enteral Nutrition, September 2013

<http://pen.sagepub.com/content/37/5.toc>

Iron Metabolism in Man

<http://pen.sagepub.com/content/37/5/599.abstract>

Side Effects of Long-Term Glutamine Supplementation

<http://pen.sagepub.com/content/37/5/607.abstract>

An Evaluation of a Handheld Indirect Calorimeter Against a Standard Calorimeter in Obese and Nonobese Adults

<http://pen.sagepub.com/content/37/5/652.short>

Subjective Global Nutritional Assessment in Critically Ill Children

<http://pen.sagepub.com/content/37/5/659.abstract>

Osmolality, pH, and Compatibility of Selected Oral Liquid Medications With an Enteral Nutrition Product

<http://pen.sagepub.com/content/37/5/689.short>

Journal of Parenteral and Enteral Nutrition, September 2013 Supplement

Perioperative Nutrition Therapy: North American Surgical Nutrition Summit Reports

http://pen.sagepub.com/content/37/5_suppl.toc

Perioperative Nutrition What Is the Current Landscape

http://pen.sagepub.com/content/37/5_suppl/5S.abstract

Factors That Impact Patient Outcome Nutrition Assessment

http://pen.sagepub.com/content/37/5_suppl/30S.abstract

***Journal of Pediatric Gastroenterology & Nutrition*, Published Ahead of Print, September 16, 2013**

<http://journals.lww.com/jpgn/toc/publishahead>

Nutritional Therapy in Pediatric Crohn's Disease: The Specific Carbohydrate Diet.

<http://journals.lww.com/jpgn/pages/articleviewer.aspx?year=9000&issue=00000&article=98532&type=abstract>

***Journal of School Nursing*, October 2013**

<http://jsn.sagepub.com/content/29/5.toc>

Associations Between Three School-Based Measures of Health

Is BMI Enough?

<http://jsn.sagepub.com/content/29/5/378.abstract>

***Journal of Womens Health*, September 2013**

<http://online.liebertpub.com/toc/jwh/22/9>

Policies on Worksite Lactation Support Within States and Organizations

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2012.4186>

Everything in Moderation: What the Female Athlete Triad Teaches Us About Energy Balance

<http://online.liebertpub.com/doi/abs/10.1089/jwh.2013.4515>

***Lancet*, September 28, 2013**

<http://www.thelancet.com/journals/lancet/issue/current>

Dextrose gel for neonatal hypoglycaemia (the Sugar Babies Study): a randomised, double-blind, placebo-controlled trial

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61645-1/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61645-1/fulltext)

***New England Journal of Medicine*, September 26, 2013**

(Access abstracts from link below)

<http://www.nejm.org/toc/nejm/medical-journal>

-Diverse Sources of *C. difficile* Infection Identified on Whole-Genome Sequencing

-Editorial

Clostridium difficile Beyond the Usual Suspects

***Nutrition Journal*, September 2013**

<http://www.nutritionj.com/content/12/September/2013>

Weight management interventions in adults with intellectual disabilities and obesity: a systematic

review of the evidence

<http://www.nutritionj.com/content/12/1/132/abstract>

Food availability of glucose and fat, but not fructose, increased in the US between 1970 and 2009: analysis of the USDA food availability data system

<http://www.nutritionj.com/content/12/1/130/abstract>

Nutrition Research, Articles in Press, September 18, 2013

<http://www.sciencedirect.com/science/article/pii/S0271531713001863>

Dietary carbohydrate restriction improves insulin sensitivity, blood pressure, microvascular function, and cellular adhesion markers in individuals taking statins

<http://www.sciencedirect.com/science/article/pii/S0271531713001863>

Proceedings of the Nutrition Society, First View, September 19, 2013

<http://journals.cambridge.org/action/displayIssue?jid=PNS&volumeId=-1&seriesId=0&issueId=-1>

Fruit and vegetable intake and risk of cardiovascular disease

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9012983>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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Academy Partners: Abbott Nutrition, The Coca-Cola Company and National Dairy Council®

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=23358

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-23358-
1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

1915. FW: D Martin Personal Plan

From: Linda Hudson <ludson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 26, 2013 17:16:02
Subject: FW: D Martin Personal Plan
Attachment: [image001.png](#)

Hi Donna,

How's October 2 at 9 Central/10 Eastern? Please confirm and I will send you an Outlook invite. Thanks.

Linda

From: McClusky, Kathy [mailto:KathyMcClusky@IamMorrison.com]
Sent: Thursday, September 26, 2013 4:12 PM
To: Linda Hudson
Subject: RE: D Martin Personal Plan

Let's do it at 9 Central/10 Eastern on October 2.

From: Linda Hudson [mailto:ludson@eatright.org]
Sent: Thursday, September 26, 2013 3:01 PM
To: McClusky, Kathy
Subject: FW: D Martin Personal Plan

Kathy,

Please see Donna's e-mail below. What date and time is good for you? Thanks.

Linda

From: DMartin@Burke.k12.ga.us
Sent: Thursday, September 26, 2013 1:38 PM
To: Linda Hudson
Subject: Re: D Martin Personal Plan

Linda, I can do it the afternoon of the 30th, or anytime 8-4 Wednesday or Friday, October 2 and 4th respectively.

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Linda Hudson <ludson@eatright.org> 9/26/2013 9:52 AM >>>
Hi Donna,

Attached is your Personal Service Plan. I'd like to schedule your 30 minute service plan discussion with Kathy McClusky and Susie Burns for next week. Can you give me your availability on September 30 and October 2-4? Thanks.

Linda Hudson
Foundation Assistant
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773

Fax: 312-899-4796

www.eatright.org/foundation

This email is subject to certain disclaimers, which may be reviewed via the following link.
<http://compass-usa.com/Pages/Disclaimer.aspx>

1916. Board Vote: Award Criteria Update

From: Amy Donatell <adonatell@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'mchristE@porternovelli.com' <mchristE@porternovelli.com>, robert murray <murraymd@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'eddy@bcm.edu' <eddy@bcm.edu>
Sent Date: Sep 26, 2013 17:10:19
Subject: Board Vote: Award Criteria Update
Attachment: [image001.png](#)
[James and Susan Finn Fund.doc](#)
[Abbott Nutrition Fund \(2\).doc](#)

To: Academy of Nutrition and Dietetics Foundation Board of Directors

From: Amy Donatell, Annual Fund Manager

The Foundation periodically receives requests to approve new criteria or to change existing criteria documents. These changes require board approval. Please review the request to approve one new criteria and a change to an existing criteria. Motions conducted via email require a unanimous vote and responses should be returned within five working days. Please approve or oppose this fund criteria via email to Amy Donatell at adonatell@eatright.org by **Thursday, October 3rd.**

The criteria documents are attached to this message for your information.

New Criteria: James and Susan Finn Fund.

The purpose of this fund is to commemorate the Academy's 100th anniversary and position the profession for the future. The fund should allow for funding of programmatic expenses associated with the 100th anniversary campaign.

Please approve or oppose the establishment of the James and Susan Finn Fund:

_____ Approve

_____ Oppose

Changes to existing criteria: The Abbott Nutrition Fund

This fund was established in honor of Susan C. Finn, 19921993 Academy President, to recognize dietitians who make significant contributions to the importance of nutrition in women's health. The fund currently provides funding for the Abbott Award in Women's Health and The Abbott Renal Nutrition Grant. Abbott Nutrition would like to continue funding the Women's Health Award, however they would like to amend the criteria relating to the Renal Research Grant for the development of a new award. The Abbott Nutrition Alliance Award would recognize up to four Academy members on an annual basis working in a hospital setting who have made a significant contribution to improve awareness of malnutrition and taking action to address the issue. The ideal candidate would work as part of an interdisciplinary team with other healthcare professionals. The award will provide a \$1,400 recognition prize for each recipient.

Please approve or oppose the requested changes to the Abbott Nutrition Fund:

_____ Approve

_____ Oppose

If you have any questions or need additional information, please contact Amy Donatell at adonatell@eatright.org or 800/877-1600 x4767.

Amy Donatell

Annual Fund Manager

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4767

www.eatright.org

1917. FNCE-at-a-Glance

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Sep 26, 2013 16:50:06
Subject: FNCE-at-a-Glance
Attachment:

FNCE at-a-Glance

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect With Us:

Thank you for registering to attend the 2013 Food & Nutrition Conference & Expo in Houston, Texas! We hope you find this issue of the *FNCE-at-a-Glance* helpful to you as you plan your days at FNCE®.

FNCE® Information at Your Fingertips!

The Academy is excited to introduce the first ever Food & Nutrition Conference & Expo App for attendees and exhibitors! This **FREE** app is a great tool for you to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, and much more! Stay up-to-date on the latest announcements during FNCE with our app! Download it now!

[Apple users click here.](#) [Android users click here.](#)

Fortify Your Nutritional Value: Connecting Malnutrition Research to Clinical Practice

Sunday, October 20 8:00 a.m. - 9:30 a.m. Grand Ballroom C

The purpose of this session is to enable RDs to better communicate the value of their role and clinical expertise as it relates to providing quality of care in our current healthcare environment focused on high-quality patient care and cost reduction. Interactive polling and in-session activities will be included to maximize the learning. *Presented by top-level sponsor, Academy Partner: Abbott Nutrition.*

Preceptor Recruitment Fair and Reception

Sunday, October 21 5:15 p.m. - 6:30 p.m. Ballroom of the Americas E & F

The Reception and Recruitment Fair is held to honor our current preceptors, recruit new

preceptors, and connect dietitians who want to mentor students with dietetic internships in their area. Join us for an opportunity to meet and greet and learn how you can give back to the dietetics profession!

Contact preceptor@eatright.org for questions regarding how to become a preceptor or the Preceptor Recruitment Fair and Reception.

Sustainable Nutrition: Will We Be Able to Feed the World in 2050?

Sunday, October 20 10:00 a.m. - 11:30 a.m. Grand Ballroom C

This session will allow RDs to gain insights and information that will assist them in communicating sound science on the issue of sustainable nutrition. Additionally, RDs will lead the effort to support the food insecure in the U.S. and communicate/educate about available resources to provide healthy foods to the food insecure. *Presented by top-level sponsor, Academy Partner: National Dairy Council®.*

Meet a Career Expert

Sign up for a private one-on-one consultation with a Career Expert to help find your first job or land your next big career move. Career Experts are available for students, new professionals and seasoned practitioners.

Students, not sure what to expect at FNCE®?

Check out the new FNCE 2013 Student Toolkit! This indispensable guide contains info on all of the opportunities and events you'll want to attend, tips on what to do before and during FNCE, and networking recommendations. This Toolkit has all you need to get the most out of your time at FNCE!

School Spirit: Bring Students to FNCE® Houston

Bringing students to the Food & Nutrition Conference & Expo helps instill professional practice beliefs, values, attitudes, and behaviors that will prepare them for practice and lifelong learning. Give your students the best possible start in dietetics: Bring them to FNCE and be eligible to win.

For 2013, the Academy has decided to provide an opportunity to four dietetics education programs, one for each program type, Didactic Program in Dietetics, Dietetic Internship, Coordinated Program in Dietetics and Dietetic Technician Program. The four education programs that bring the highest percentage of students to FNCE will receive special recognition at FNCE

with President Dr. Glenna McCollum, MPH, RDN and a complete set of FNCE 2013 DVD-ROMs (\$349 value).

If you are interested in having your program considered for this opportunity, submit your total enrollment, number of students attending FNCE and the percentage this represents to students@eatright.org by Thursday, October 3. In case of a tie, a random drawing will be held of the programs with the highest percentage of attendees

Nutrition is going Digital!

Tuesday, October 22 12:00 p.m. - 1:30 p.m.

As health information technology is adopted in the United States, the Academy is working hard to ensure the inclusion of nutrition in electronic healthcare records and mobile applications. Come learn and share your experiences with your peers.

Interested in improving quality outcomes in your practice?

Tuesday, October 22 9:45 a.m. - 11:15 a.m.

Come and discuss the role of NCP/IDNT in the collection of outcomes data to improve quality and elevate the role of the RD in practice.

Continue to LEARN at an Expo Briefing

The Academy of Nutrition and Dietetics is shining a spotlight on a variety of scientific and evidence-based topics presented by FNCE exhibitors at this year's Expo. Attend up to 3 Expo Briefings and earn CPE credit! Each session will last 20 minutes, and allow FNCE attendees to continue learning valuable information while at the Expo. Don't miss this opportunity. The Expo Briefing pavilion will be located behind booth 304 on the Expo floor. Check out the complete list of Expo Briefings on our Web site! Visit the FNCE Web site, www.eatright.org/fnce today!

Visit the Journal of the Academy of Nutrition and Dietetics
Booth #305!

Visit our booth to view the photos submitted by fellow Academy members for the 2013 *Journal* Photo Contest and cast your vote for your favorite. The winning entry will be featured on the cover of the *Journal* in 2014.

Don't forget to pick up your 2014 *Journal* calendar featuring 12 of the very best photos submitted

last year and enter our prize drawing for a Nike+ FuelBand®.

Also, mark your calendars for the meet and greet with Editor-in-Chief Linda Snetselaar, PhD, RDN, LD, on Sunday, October 20, from 1-2 p.m.

Malnutrition Programs: How to Get Physicians on Board

Sunday, October 20 3:30 p.m. - 5:00 p.m.

Proper diagnosis, treatment, and prevention of malnutrition continue to be a growing concern among healthcare providers. Partnerships between MDs and RDNs are vital to addressing the problem, but how do RDNs get MDs on board? This session will provide the RDN and MD perspective on effective messaging and approaches for educating physicians, medical residents and medical students regarding the prevalence, etiology, characteristics and consequences of malnutrition in adult acute care patient populations. Listen to case study examples and glean insights from the field.

Foundation's Kids Eat Right Gala

Monday, October 21 Reception 6:30 p.m. - 7:30 p.m., Dinner 7:30 p.m. - 9:30 p.m.
Hilton Americas - Houston, Lanier Grand Ballroom

Enjoy a legendary evening of gourmet food, spectacular entertainment and dancing. The Gala is the social event of the conference. During the evening, you can mingle with industry professionals, Academy leaders and peer industry leaders all while supporting the Foundation of your profession. If you are unable to attend, please consider sponsoring a Foundation Award Recipient or an Academy student member.

Individual tickets are \$200, tables of 10 are \$2,000 for non-profit groups and \$3,000 for corporations. *Sponsored by ConAgra Foods®.*

To register for the Foundation Kids Eat Right Gala or to learn more about Foundation events at FNCE®, visit <http://www.eatright.org/FNCE/content.aspx?id=6442469305>

Support the Foundation While Earning CPE Hours at FNCE®!

Foundation Nutrition Symposium:

Nutrients and Micronutrients and Early Cognitive Development

Saturday, October 19 1:30 p.m. - 3:00 p.m.

This presentation will explore the role of nutrition in cognitive development, including the direct

effects of nutrition on the brain, transient nutritional effects that compound over time, and indirect effects of nutrition through improved health. *Sponsored by: Mead Johnson Nutrition*

To register for this symposium or to learn more about Foundation events at FNCE®,
<http://www.eatright.org/FNCE/content.aspx?id=6442469305>

Registration fee is \$10

2.0 CPE credit

Take a tour of the nation's largest food bank the Houston Food Bank.

Innovations in Food Distribution and Nutrition Education at Food Banks

Saturday, October 19 11:30 a.m. - 3:00 p.m.

Through Kids Eat Right, the Foundation is working with Feeding America to raise awareness of the issue of nutrition and food insecurity. Take an insider's tour of the nation's largest Feeding America food bank, learn about their model programs and participate in a lively discussion with national leaders about strategies to increase access to healthy foods for all Americans.

Transportation and a box lunch will be provided. Space is limited. *Sponsored by Walmart®.*

To register for the Food Bank tour, go to

<http://www.eatright.org/FNCE/content.aspx?id=6442469305> or contact Linda Hudson at 312-899-4773 or lhudson@eatright.org.

Registration fee is \$80, including a \$20 donation to the Foundation.

Deadline to register is Monday, October 7th

2.5 CPE for attending the session at FNCE®

Support the Foundation and Bid on the Silent Auction!

Bid on exciting silent auction items including hotel stays, designer purses, spa gift certificates and more items! The Silent Auction will be located at the Academy Foundation booth located at the Level 3 Foyer in the George R. Brown Convention Center.

Share this mailing with your social network:

This FNCE Announcement is a benefit of the Academy of Nutrition and Dietetics.

If you prefer not to receive future FNCE Announcements, simply follow this link to unsubscribe.

You are currently subscribed as: **dmartin@burke.k12.ga.us**

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1918. Invitation to Academy Corporate Sponsor Meet & Greet at FNCE 2013®

From: Jennifer Horton <Jhorton@eatright.org>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>, connors@ohsu.edu <connors@ohsu.edu>, Ethan Bergman <bergmane@cwu.EDU>, kmcclusky@iammorrison.com <kmcclusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, easaden@aol.com <easaden@aol.com>, Becky Dorner <becky@beckydorner.com>, lbeseler_fnc@bellsouth.net <lbeseler_fnc@bellsouth.net>, c.christie@unf.edu <c.christie@unf.edu>, mgarner@cchs.ua.edu <mgarner@cchs.ua.edu>, linda.farr@me.com <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, bkyle@roadrunner.com <bkyle@roadrunner.com>, joe.derochowski@connell-group.com <joe.derochowski@connell-group.com>, sandralgill@comcast.com <sandralgill@comcast.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>
Sent Date: Sep 26, 2013 11:59:10
Subject: Invitation to Academy Corporate Sponsor Meet & Greet at FNCE 2013®
Attachment: [image001.jpg](#)
[image002.jpg](#)
[image003.jpg](#)
[image004.jpg](#)
[image005.gif](#)

Attend FNCE and Be Amazed!

Hello,

On Saturday, October 19, we will host a corporate sponsor meet & greet opportunity for the three levels of the Academy's sponsors.

If you have time to stop by Room 350C in the Convention Center prior to the Opening Session, you are more than welcome to come and meet representatives of the Academy's corporate sponsors. Please RSVP if you are interested in stopping by – see info below.

If you have any questions, please let me know.

Regards,

Jennifer

Jennifer Horton

Director Corporate Relations

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

PH: 312.899.4804

jhorton@eatright.org

Having trouble viewing this e-mail? **View it in your browser.**

Please join us for the

Corporate Sponsor Meet &Greet

Take a break to enjoy light refreshments and a unique networking opportunity with Academy Partners, Premier Sponsors and 2013 FNCE® Event Sponsors

Saturday, October 19, 2013

3:00 – 3:45 pm

George R Brown Convention Center

Room 350C

Please **RSVP** by October 4, 2013.

This FNCE Announcement is a benefit of the Academy of Nutrition and Dietetics.

If you prefer not to receive future FNCE Announcements, simply **follow this link** to unsubscribe.

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1919. Daily News: Thursday, September 26, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 26, 2013 11:09:26
Subject: Daily News: Thursday, September 26, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

No link between celiac disease and autism: study

<http://www.chicagotribune.com/health/sns-rt-us-celiac-autism-20130925,0,2194918.story>

Source: *JAMA Psychiatry*

<http://archpsyc.jamanetwork.com/article.aspx?articleid=1743008>

Parenting Tied to Mortality Risk in Diabetes
(Presented at the European Association for the Study of Diabetes meeting)
<http://www.medpagetoday.com/MeetingCoverage/EASDEndo/41856>

Shorter Life Expectancy Persists in Type 1 Diabetes
(Presented at the European Association for the Study of Diabetes meeting)
<http://www.medpagetoday.com/MeetingCoverage/EASDEndo/41850>

Related Resource: National Diabetes Statistics, 2011
<http://diabetes.niddk.nih.gov/dm/pubs/statistics/>

Antioxidants in Blood Tied to Better Cognition

(Presented at the World Congress of Neurology meeting)

<http://www.medpagetoday.com/MeetingCoverage/WCN/41842>

Omega-3s not tied to women's mental sharpness

<http://www.chicagotribune.com/health/sns-rt-us-omega-3s-20130925,0,4037764.story>

Source: *Neurology*

<http://www.neurology.org/content/early/2013/09/25/WNL.0b013e3182a9584c.short>

'Facts' of C. Diff Transmission Challenged

<http://www.medpagetoday.com/InfectiousDisease/InfectionControl/41863>

Source: *New England Journal of Medicine*

<http://www.nejm.org/doi/full/10.1056/NEJMoa1216064>

DASH Diet Softens Stiff Hearts

(Presented at the Heart Failure Society of America meeting)

<http://www.medpagetoday.com/MeetingCoverage/HFSA/41865>

Binge-eating a lifelong health impairment akin to bulimia, researchers say

<http://life.nationalpost.com/2013/09/24/binge-eating-a-lifelong-health-impairment-akin-to-bulimia-researchers-say/>

Source: *Epidemiology and Psychiatric Sciences*

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9013486&fulltextType=RA&fileId=S2045796013000516>

Navigating the Affordable Care Act, whose health insurance exchanges open Tuesday

http://www.washingtonpost.com/national/health-science/navigating-the-affordable-care-act-whose-health-insurance-exchanges-open-tuesday/2013/09/25/c1c7dcaa-2229-11e3-b73c-aab60bf735d0_story.html

Nurse swears by using sugar for wound care

Elixir helps reader with headaches; and cinnamon is still controversial as blood-sugar agent

<http://www.chicagotribune.com/health/sc-health-0925-pharm-20130925,0,2267111.story>

After Naptime, Make the Aioli

Kid Cooks Are Younger and More Sophisticated; a New Generation of TV Chefs

<http://online.wsj.com/article/SB10001424052702303342104579097372285381980.html>

Related Resource: Food and Culinary Professionals DPG

<http://www.eatright.org/Members/content.aspx?id=704>

Wristband can help you track your health goals

<http://www.foxnews.com/health/2013/09/26/wristband-can-help-track-your-health-goals/>

Related Resource: *Food & Nutrition Magazine*-Apps Reviews

<http://www.foodandnutrition.org/Nutrition-Apps/>

Tea for kids? Why not says entrepreneur behind Little Me Tea, there is a glaring gap in the market

<http://www.foodnavigator-usa.com/People/Tea-for-kids-Why-not-says-entrepreneur-behind-Little-Me-Tea-There-was-a-glaring-gap-in-the-market>

McDonalds aims to lure Starbucks crowd with pumpkin-spice lattes

http://seattletimes.com/html/business/technology/2021886926_pumpkinlattexml.html

California to review toxic substances in consumer products

<http://www.latimes.com/business/la-fi-chemical-safety-regs-20130926,0,3752911.story>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

-Celiac Disease and Diabetes- Dietary Intervention and Evaluation Trial (CD-DIET)

<http://clinicaltrials.gov/ct2/show/NCT01566110?term=diet&rank=5>

MedlinePlus: Latest Health News

-Acupuncture as good as counseling for depression: study

-Concussion Symptoms May Not Differ in Teen, Young Adult Athletes

-Little Benefit Seen in Repeat Bone-Density Testing

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Nutrition On a Budget

Inexpensive foods for eating well

(Lisa Andrews, RD; Keri-Ann Jennings, RD & Lida Buckley, RD all quoted)

http://causes.msn.com/september/Hunger_Action_Month#stackState=3_gallery_259802691

The Breakdown: How to Control Annoying Kids at a Restaurant

(Jessica Lehmann, RDN quoted)

<http://www.thelistshow.tv/the-list/the-breakdown/how-to-control-annoying-kids-at-a-restaurant>

Tips for keeping tailgate foods safe

(Brent Fountain, RD & Dawn Vosbein, RD quoted)

<http://www.cdispatch.com/lifestyles/article.asp?aid=27422&TRID=1>

9 food rules to ignore today

(Christine Gerbstadt, RD quoted)

<http://www.theolympian.com/2013/09/26/2743702/9-food-rules-to-ignore-today.html>

Improving performance: Universities using nutrition to help their athletes play better

(Beth Wolfram, RD quoted)

<http://www.deseretnews.com/article/865587033/Improving-performance-Universities-using-nutrition-to-help-their-athletes-play-better.html>

The diet-bladder pain connection

(By Barbara Quinn, RD & Julie Beyer, RD quoted)

http://www.montereyherald.com/food-wine/ci_24172677/diet-bladder-pain-connection

We are each eating 23 pounds cheese every year consumer group says

(Elisa Zied, RD quoted)

http://www.local15tv.com/shared/news/features/top-stories/stories/wpmi_we-each-eating-23-pounds-cheese-every-year-consumer-group-says-4186.shtml

Ask Holly: What are healthy choices in grocery aisles?

(By Holly Larson, RD)

<http://www.oxfordpress.com/news/lifestyles/health/ask-holly-what-are-healthy-choices-in-grocery-aisl/nZ6Ww/#sthash.4wDwXo2h.dpuf>

Key to longevity: one cup of tea

(British Dietetic Association cited)

http://www.business-standard.com/article/news-ani/key-to-longevity-one-cup-of-tea-113092500171_1.html

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1920. D Martin Personal Plan

From: Linda Hudson <ludson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 26, 2013 09:52:50
Subject: D Martin Personal Plan
Attachment: [image001.png](#)
[D Martin Personal Plan.docx](#)

Hi Donna,

Attached is your Personal Service Plan. I'd like to schedule your 30 minute service plan discussion with Kathy McClusky and Susie Burns for next week. Can you give me your availability on September 30 and October 2-4? Thanks.

Linda Hudson
Foundation Assistant
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
www.eatright.org/foundation

1921. Board of Directors Meetings Calendar

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>
Sent Date: Sep 26, 2013 09:00:02
Subject: Board of Directors Meetings Calendar
Attachment: [image001.jpg](#)
[2013-14 Meetings CalendarREV.doc](#)

Attached is the upcoming Board meetings calendar. Please note that the May Orientation and Board meeting has changed from May 13-16, 2014 to May 12-15, 2014.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1922. FNCE Board Schedule

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Sep 25, 2013 17:37:55
Subject: FNCE Board Schedule
Attachment: [image001.jpg](#)
[2013 BOD FNCE Schedule-Draft.doc](#)

Attached for your review is a draft schedule highlighting FNCE activities which require and/or encourage Board attendance. The schedule is not intended to reflect all the sessions you attend. We recognize that most of you hold multiple DPG and MIG memberships and that you will be attending affiliate, DPG and MIG business meetings and receptions on your own. We will register those of you who have specific DPG events designated on the Board FNCE schedule. Please let me know if an activity/session **requiring** Board representation is not reflected or if you have a conflict and are unable to attend an activity or session to which you were assigned. Since rooms and times may still change, a final copy of the schedule will be sent with your October meeting packet. Your meeting packet will also include the Honors script for those presenting Medallion awards to their Board Partners at the Honors Breakfast and your designated assignments from the Meetings Team for thanking our exhibitors.

Tickets for the Foundation Gala are purchased directly by you. The Foundation would like to challenge all Board members to consider sponsoring an Academy student member to attend the gala. To purchase a table or ticket, or sponsor a student, please contact Foundation staff at 1-

800/877-1600, ext. 4773.

As you know, the Academy has introduced the first Food & Nutrition Conference & Expo App for attendees and exhibitors. This free app is a great tool to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor, stay up to date on the latest announcements during FNCE, and much more. To download the app for Apple or Android devices, visit the app store and type in FNCE 2013 in the search field and install.

If you have any questions, please contact me.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

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www.eatright.org

1923. Eat Right Weekly - September 25, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 25, 2013 13:16:00
Subject: Eat Right Weekly - September 25, 2013
Attachment:

Eat Right Weekly
September 25, 2013

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[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

[On the Pulse of Public Policy](#)

[This Is the Last Week to Support TROA](#)

Take a minute to have a lasting impact on the profession: Show your support for the Treat and Reduce Obesity Act. This action alert closes September 30.

[Learn More >>](#)

[Affiliate Members Are Taking the Lead on Obesity Advocacy](#)

Sixteen in-district meetings have been held with members of Congress to discuss the Treat and Reduce Obesity Act. Connecticut, Pennsylvania and Illinois affiliates recently reported back their successes.

[Learn More >>](#)

[Nutrition Programs Are the Focal Point in House Farm Bill Debate](#)

The U.S. House of Representatives passed a \$40 billion cut to the programs authorized in the nutrition title of the Farm Bill. These cuts would deny millions of Americans access to food from the Supplemental Nutrition Assistance Programs and decrease overall funding for its corresponding nutrition education program, SNAP-Ed.

[Learn More >>](#)

Members Join Sen. Heitkamp to Visit Federal Nutrition Programs

Academy champion and 2013 Public Policy Workshop speaker Sen. Heidi Heitkamp (N.D.) recently linked up with Academy members to visit two federal nutrition education and school meals programs sites. She observed how engaging programming can help North Dakotans make healthy food choices.

[Learn More >>](#)

Academy Lobbies Capitol Hill for Robust Funding for Ryan White Nutrition Services

Academy staff joined partners from food and nutrition agencies nationwide last week to advocate on Capitol Hill for funding for nutrition services in the Ryan White HIV/AIDS Program. Many Academy members work for organizations that provide home-delivered meals and medical nutrition therapy to people living with HIV/AIDS, which are considered to be among the "core medical services" that can be funded by the Ryan White HIV/AIDS Program.

[Learn More >>](#)

Academy Members Attend First Lady's Meeting on Food Marketing to Children

Academy members attended a White House meeting late last week to discuss marketing food to children. Led by First Lady Michelle Obama, the meeting included a variety of stakeholders and focused on identifying solutions for marketing to kids to encourage healthier food consumption.

[Learn More >>](#)

Academy Leads the Way in Nutrition Informatics

Nutrition and health information technology is changing the profession and the Academy is positioned to help lead the evolution.

[Learn More >>](#)

CPE Corner

Webinar: What's Up in the Gut?

A new webinar titled "Allergy, Sensitivity or Autoimmune Disorder? Food Allergies and Celiac Disease Uncovered" will help practitioners identify important characteristics and differences among food allergies, sensitivities and celiac disease. The webinar will be October 2 at 1 p.m. Central Time.

[Learn More >>](#)

Webinar: Participating in Medicare's Intensive Behavioral Therapy for Obesity Benefit

Are you wondering how registered dietitian nutritionists can participate in Medicare's Intensive Behavioral Therapy for Obesity benefit? While RDNs are not able to direct bill for this new benefit, the opportunity is available for RDNs to partner with primary care providers to deliver this service. A new webinar titled "Meeting the Need for Obesity Treatment: Developing the RD/PCP Partnership" will provide the information and tools you need to successfully align with primary care providers to offer this benefit to Medicare beneficiaries and beyond. The webinar will be October 30 at 1 p.m. Central Time.

[Learn More >>](#)

Webinar: As a Dietetics Student, Your Future Is in Your Hands

All dietetics students are invited to participate in a live webinar titled "As a Dietetics Student Your Future Is in Your Hands!" to gain insight into the Dietetics Workforce Demand Study's implications for a future career as a dietetics professional. The webinar will be November 12 at 1 p.m. Central Time.

[Learn More >>](#)

Webinar: Dietetics Workforce Demand Study: What Does It Mean to You as a Dietetics Educator?

In a webinar titled "The Dietetics Workforce Demand Study: What Does It Mean to You as a Dietetics Educator?" educators can gain insight into the Dietetics Workforce Demand Study's implications for dietetics education. The webinar will be November 14 at 1 p.m. Central Time.

[Learn More >>](#)

Webinar: The Dietetics Workforce Demand Study: What Does It Mean to You as a Clinical Nutrition Manager?

In a November 19 webinar, clinical nutrition managers will gain insight into the Dietetics Workforce Demand Study's implications for clinical nutrition practice. The webinar will be at 1 p.m. Central Time.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease (CKD) and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

FNCE App: Information at Your Fingertips

The Academy introduces the first Food & Nutrition Conference & Expo App for attendees and exhibitors. This free app is a great tool to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor and much more.

[Learn More >>](#)

New: Nutrition Care Process in Pediatric Practice

The Academy's new easy-to-use guide shows how to incorporate standardized language - the International Dietetics & Nutrition Terminology - into everyday pediatric practice. Available in print, online-only and print plus online versions.

[Learn More >>](#)

New: *Pocket Guide to Pediatric Nutrition Assessment*

Newly updated, the second edition of the Academy's comprehensive and easy-to-navigate guide is an essential tool for any registered dietitian nutritionist who provides nutrition care to pediatric patients. Available in print, online-only and print plus online versions.

[Learn More >>](#)

September Book of the Month

Save 10 percent during September on *Counseling Overweight and Obese Children and Teens*. This guide shows registered dietitian nutritionists how to tailor and provide appropriate nutrition counseling for overweight and obese children and adolescents between ages 5 and 18.

[Learn More >>](#)

Academy Member Updates

Food & Nutrition Magazine's Hunger Issue Distributed Nationwide during Hunger Action Month

September is Hunger Action Month. Exploring food insecurity from domestic, global, institutional, policy and personal perspectives, the September/October 2013 issue of the Academy's magazine *Food & Nutrition* is the Hunger Issue. During Hunger Action Month, the Academy is sharing this issue with millions nationwide.

[Learn More >>](#)

For Football Season, Tune In to EatRight Radio

Attention football fans (and members whose clients and patients follow football, too): EatRight Radio is coming your way with public service announcements airing during the long-running program Pro Football Weekly, hosted by Hub Arkush, which airs each week on 75 top sports stations.

[Learn More >>](#)

Health Care Payment Is Changing: Your Input Is Needed

Registered dietitian nutritionists are needed to participate in the Academy's 2013 Coding Survey, your opportunity to play a role in shaping the policies that determine coverage and coding policies for MNT services. All RDNs who complete the survey will be entered into a drawing to receive an Apple iPad, a one-year subscription to Netflix and valuable gift certificates.

[Learn More >>](#)

Food Day Is October 24: Academy Foundation Offers Resources, Toolkits

Food Day is a nationwide celebration and a movement for healthy, affordable and sustainable food.

[Learn More >>](#)

Philanthropy, Awards and Grants

At FNCE: Innovations in Food Distribution and Nutrition Education at Food Banks

Through Kids Eat Right, the Foundation is working with Feeding America to raise awareness of the issue of nutrition and food insecurity. Take an insider's tour of the nation's largest Feeding America food bank, learn about their model programs and participate in a lively discussion with national leaders about strategies to increase access to healthy foods for all Americans.

[Learn More >>](#)

Foundation's Kids Eat Right Gala at FNCE

The Foundation will host a legendary evening of gourmet food, spectacular entertainment and dancing on Monday, October 21, at the Food & Nutrition Conference & Expo.

[Learn More >>](#)

Support the Foundation While Earning CPE Hours at FNCE

Attend the Foundation Nutrition Symposium "Nutrients and Micronutrients and Early Cognitive Development" on Saturday, October 19, from 1:30 p.m. to 3 p.m. at the George R. Brown Convention Center.

[Learn More >>](#)

CDR Leadership Grant

The deadline is November 1 to apply for the Commission on Dietetic Registration's Leadership Grant Award, which provides financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training.

[Learn More >>](#)

CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

CDR Simulation Development Grant

One or multiple grants totaling \$200,000 for the development of interactive practice simulations that address Accreditation Council for Education in Nutrition and Dietetics supervised practice competencies are available through the Foundation.

[Learn More >>](#)

Hunger in Our Community Kids Eat Right Mini-Grant Opportunity

To support the use of the recently enhanced "Hunger in Our Community. What We Can Do." toolkit, 25 grants of \$200 grants are available. Recipients of the mini-grants agree to give two presentations between October 28 and December 27, utilizing the presentations for adults or teens from the "Hunger in Our Community" toolkit.

[Learn More >>](#)

RD Parent Empowerment Program

The RD Parent Empowerment Program enables parents to be healthier role models for themselves and their families. The RD Parent Empowerment toolkit is now available to download free of charge to all Kids Eat Right members.

[Learn More >>](#)

Are You a Kids Eat Right Everyday Hero?

Email your photo and a sentence or two about your experience as a Kids Eat Right campaign member and you could be the next Kids Eat Right Everyday Hero.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics. To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1924. FW: Food & Nutrition Magazine's Distributed Nationwide!

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, 'bergmane@cwu.edu' <bergmane@cwu.edu>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <easaden@aol.com>, 'becky@beckydorner.com' <becky@beckydorner.com>, 'lbeseler_fnc@bellsouth.net' <lbeseler_fnc@bellsouth.net>, 'c.christie@unf.edu' <c.christie@unf.edu>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, 'linda.farr@me.com' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <bkyle@roadrunner.com>, 'joe.derochowski@connell-group.com' <joe.derochowski@connell-group.com>, 'sandra@gill@comcast.net' <sandra@gill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Doris Acosta <dacosta@eatright.org>
Sent Date: Sep 25, 2013 12:37:23
Subject: FW: Food & Nutrition Magazine's Distributed Nationwide!
Attachment:

Here is a follow-up to my earlier email. The overruns of *Food & Nutrition Magazine* will be distributed free on a bimonthly basis through an already established fulfillment and distribution service. The company we are working has an existing arrangement with doctor's offices and hospitals and will take care of fulfillment and distribution. The great news is there is no distribution cost for us. Offering individual subscriptions to MD offices is cost prohibitive because we would incur additional printing, shipping, mailing list maintenance and staff costs.

Through this free distribution arrangement, we are able to leverage our content and engage a new audience by providing them with quality information while promoting the RDN. This new initiative will officially be announced via social media during the Food & Nutrition Conference and Expo.

In the future, we will be looking into repackaging some of the content from *Food & Nutrition Magazine* for consumers, including information from Kids Eatright and promotion of Find a Nutrition Professional. We are excited about the possibilities and look forward to extending our

reach beyond our current print and online presence to reach millions of new readers.

Hope this helps to clarify. Please let me know if you have any questions.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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From: PBABJAK@eatright.org

To: glenna@glennamccollum.com; connors@ohsu.edu; bergmane@cwu.edu;
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Nancylewis1000@gmail.com; easaden@aol.com; becky@beckydorner.com;
lbeseler_fnc@bellsouth.net; c.christie@unf.edu; mgarner@cchs.ua.edu; linda.farr@me.com;
dwheller@mindspring.com; bkyle@roadrunner.com; joe.derochowski@connell-group.com;
sandrafgill@comcast.net

Subject: Food & Nutrition Magazine's Distributed Nationwide!

Date: Tue, 24 Sep 2013 20:42:07 +0000

I'm thrilled to share some good news with you, especially since this morning's news regarding the compensation study results were not as we may have hoped for or as "uplifting" as Lucille noted.

Food & Nutrition Magazine will now be distributed to over 2,500 waiting rooms in doctor's offices and hospitals, reaching an estimated audience reach of 50 million! This new initiative will officially be announced during the Food & Nutrition Conference and Expo.

In addition, during Hunger Action Month, the Academy is sharing the most recent issue of *Food & Nutrition Magazine* with millions nationwide. The Academy is working closely with CSPI and the national office of Food Day, to distribute the magazine at events taking place across the country on October 24.

Please be sure to read the September/October 2013 *Food & Nutrition* hunger issue as it explores food insecurity from domestic, global, institutional, policy and personal perspectives. Many thanks to Liz Spittler and Doris Acosta for continuously improving a great product!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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1925. Daily News: Wednesday, September 25, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 25, 2013 11:04:13
Subject: Daily News: Wednesday, September 25, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Diet, Exercise Combo Best for Knee Arthritis in Heavy Patients

<http://www.medpagetoday.com/Orthopedics/Orthopedics/41832>

Source: *JAMA*

<http://jama.jamanetwork.com/article.aspx?articleid=1741824>

**Glucose Higher in Women in Type 1 Diabetes
(Presented at the European Association for the
Study of Diabetes meeting)**

<http://www.medpagetoday.com/MeetingCoverage/EASDEndo/41820>

Love for organic or hate of convention. What drives consumers choice

<http://www.foodnavigator-usa.com/R-D/Love-for-organic-or-hate-of-conventional-What-drives-consumer-choice>

Infographic The facts behind low calorie sweetener consumption

<http://www.foodnavigator-usa.com/R-D/Infographic-The-facts-behind-low-calorie-sweetener-consumption>

Related Resource: Academys Position Paper-Use of Nutritive and Nonnutritive Sweeteners

<http://www.eatright.org/About/Content.aspx?id=8363>

Pregnant Weight Lifter Stirs Debate

<http://well.blogs.nytimes.com/2013/09/24/pregnant-weight-lifter-stirs-debate/?ref=health>

From Athletes to the Elderly: The Science of Trips and Falls

<http://online.wsj.com/article/SB10001424052702303983904579093560173066446.html>

Rules Sought for Workplace Wellness Questionnaires

http://www.nytimes.com/2013/09/25/business/rules-sought-for-workplace-wellness-questionnaires.html?ref=health&_r=0

NSF International reports surge in interest in gluten-free certification scheme as FDA rubber stamps 20ppm rule

<http://www.foodnavigator-usa.com/Markets/NSF-International-reports-surge-in-interest-in-gluten-free-certification-scheme-as-FDA-rubber-stamps-20ppm-rule>

Related Resource: FDA

<http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/Allergens/ucm362510.htm>

FDA permits qualified health claim about whole grains and type 2 diabetes but is the wording so qualified no one will use it

<http://www.foodnavigator-usa.com/Regulation/FDA-permits-qualified-health-claim-about-whole-grains-and-type-2-diabetes-but-is-the-wording-so-qualified-no-one-will-use-it>

More Snacks Made From Brown Rice, Vegetables, Legumes Aim to Satisfy the Craving for 'Permissible Indulgence'

http://online.wsj.com/article/SB10001424052702304713704579093522665924440.html?mod=WSJ_hpp_MIDDLE_Video_Third

Andre-Agassi teams up with V20 Foods to launch Box Budd!es snacks for kids

<http://www.foodnavigator-usa.com/Manufacturers/Andre-Agassi-teams-up-with-V20-Foods-to-launch-Box-Budd!es-snacks-for-kids>

Supplement Shell Game: Reumofan & its mystery maker

<http://www.usatoday.com/videos/news/health/2013/09/25/2866849/>

EPA: Modernizing Chicago water system may boost levels of lead

<http://www.chicagotribune.com/news/chi-lead-in-water-promo-20130924,0,2698448.story>

MedlinePlus: Latest Health News

-Chronic Kidney Disease on Rise Among U.S. Seniors, Study Shows

-Insulin Pump Shut-Off Feature Prevents Low Blood Sugar, Study Finds

- Kidney Damage a Risk of Some Childhood Cancer Treatments, Finds Study
- Married People May Be Likelier to Survive Cancer: Study
- Study May Help Explain Delay of Heart Disease in Women
- Vitamin D Alone Doesn't Boost Bone Health, Study Says

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

6 Simple Swaps for Effortless Weight Loss

(By Cynthia Sass, RD)

<http://abcnews.go.com/Health/Wellness/simple-swaps-effortless-weight-loss/story?id=20357226>

Vegetable: Raw vs. cooked; Which is better for you?

(Michelle Dudash, RDN quoted)

<http://www.azfamily.com/news/health/Vegetable-Raw-vs-Cooked-Which-is-better-for-you-224453381.html>

What's the Real School Lunch News? 31+ Million American Children Get More Vegetables Every Day

(By Dayle Hayes, RD)

http://www.huffingtonpost.com/dayle-hayes-ms-rd/whats-the-real-school-lun_b_3971493.html

New culinary lab allows student testing

(Kristi Crowe, RD quoted)

<http://cw.ua.edu/2013/09/25/new-culinary-lab-allows-student-testing/>

Coconut oil research ongoing

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-coconut-oil-research-ongoing-2172473>

Nutrition Know-How: An apple a day helps keep the doctor way

(By Mia Gibson, RD)

http://www.oaoa.com/people/food/nutrition_know_how/article_59b58b90-258e-11e3-ae9d-0019bb30f31a.html

5 ways to lighten up movie theater treats

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/09/24/5-ways-to-lighten-up-movie-theater-treats/>

Five easy exercises to tone up during your lunch break

(By Jill Koegel, RD)

<http://www.omaha.com/article/20130925/LIVEWELL02/130929240>

Quote of the Week

Leave all the afternoon for exercise and recreation, which are as necessary as reading. I will rather say more necessary because health is worth more than learning.

-Thomas Jefferson

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<http://www.eatright.org/positions/>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-23294-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1926. Food & Nutrition Magazine's Distributed Nationwide!

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Sent Date: Sep 24, 2013 16:42:09
Subject: Food & Nutrition Magazine's Distributed Nationwide!
Attachment:

I'm thrilled to share some good news with you, especially since this morning's news regarding the compensation study results were not as we may have hoped for or as "uplifting" as Lucille noted.

Food & Nutrition Magazine will now be distributed to over 2,500 waiting rooms in doctor's offices and hospitals, reaching an estimated audience reach of 50 million! This new initiative will officially be announced during the Food & Nutrition Conference and Expo.

In addition, during Hunger Action Month, the Academy is sharing the most recent issue of *Food & Nutrition Magazine* with millions nationwide. The Academy is working closely with CSPI and the national office of Food Day, to distribute the magazine at events taking place across the country on October 24.

Please be sure to read the September/October 2013 *Food & Nutrition* hunger issue as it explores food insecurity from domestic, global, institutional, policy and personal perspectives. Many thanks to Liz Spittler and Doris Acosta for continuously improving a great product!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1927. RE: Availability for Board of Directors Call

From: Joan Schwaba <JSchwaba@eatright.org>
To: Patricia Babjak <PBABJAK@eatright.org>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Sent Date: Sep 24, 2013 13:40:33
Subject: RE: Availability for Board of Directors Call
Attachment: [image001.jpg](#)

We are now looking at the week of October 7th for the call, in order to have a quorum. Please complete the revised Doodle Poll using the link that follows.

<http://doodle.com/iqqg9ss38442iwu9>

Thanks!

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

From: Patricia Babjak

Sent: Monday, September 23, 2013 12:26 PM

To: 'glenna@glennamccollum.com'; 'Sonja Connor'; 'Ethan A. Bergman'; 'Kathy McClusky';
DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'Elise Smith';
'Becky Dorner'; 'Lucille Beseler'; 'Catherine Christie'; 'Margaret Garner'; 'Linda Farr';
dwheller@mindspring.com; 'Marcia Kyle'; 'Joe Derochowski'; 'Sandra Gill'

Subject: Availability for Board of Directors Call

Importance: High

President Glenna McCollum is calling a special teleconference of the Board of Directors to discuss the recent Board retreat motion related to the professional designation for graduates of baccalaureate degree DPD programs: *Move that the professional designation for graduates of baccalaureate degree DPD programs be Nutrition and Dietetics Associate*. As a next step, the Board asked staff to determine the development and designation specifics.

It was pointed out during the Board discussion that some of the designations under consideration were not tested with potential recipients. Since the retreat, we surveyed 18,853 student members and non-members, and we would like to share those results with you. I would also like to present for your consideration a new alternative which addresses CDR's decision not to credential the baccalaureate graduate due to its practice audit results, but that does address the intent of the original motion passed by the Board in January 2012, namely, that our graduates obtain a designation that helps ensure safe, quality practice while enjoying competitive advantage in a marketplace that continues to experience a proliferation of new nutrition and dietetics related credentials.

Please complete the Doodle Poll by clicking on the link below to indicate your availability for a call. Thank you!

<http://doodle.com/iqqg9ss38442iwu9>

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312/899-4856
Email: pbabjak@eatright.org
www.eatright.org

1928. Automatic reply: Finance and Audit Committee meeting on Tuesday, September 24, at 1 p.m. CDT

From: Jeri Palmer <JPALMER@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 24, 2013 12:40:09
Subject: Automatic reply: Finance and Audit Committee meeting on Tuesday, September 24, at 1 p.m. CDT
Attachment:

Thank you for your e-mail. I am currently out of the office, please contact Joan Schwaba at jschwaba@eatright.org.

Thank you!

Jeri G. Palmer

Executive Assistant

Academy of Nutrition &Dietetics

Phone: 312/899-4750

E-mail: jpalmer@eatright.org

1929. 2013 Compensation and Benefits Survey Executive Summary

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Sep 24, 2013 11:07:54
Subject: 2013 Compensation and Benefits Survey Executive Summary
Attachment: [image001.jpg](#)
[Academy2013CompensationSurvey_PreliminaryReport.pdf](#)

Attached is a report (hot off the press) of the top line results from the 2013 Compensation and Benefits Survey. Some of the most interesting findings follow.

- RDNs essentially matched the two-year inflation rate of +3.4%, while DTRs, in reporting the same median salary as in 2011, lost ground relative to inflation. By way of providing context, an analysis of wage estimates for 24 allied health occupations reported by the Bureau of Labor Statistics showed a weighted average mean hourly wage gain of 3.8% from May 2011 to May 2013. RDNs essentially kept pace, while DTRs lagged this benchmark.
- As in prior surveys, there is essentially no difference in median hourly earnings between practitioners working full-time and those working part-time.
- There is still a small wage premium associated with Academy membership, and with holding one or more of the specialty certifications asked about (which included, but were not limited to, the CDR "certified specialists" credentials).

- In a reversal of prior findings, those holding state licenses in 2013 have essentially reached parity with those not licensed.
- An analysis new to the 2013 survey compared the effect of RDNs entering the profession with a master's rather than a bachelor's degree. Median wage for those entering the field within the last five years and having a dietetics-related master's when registered is \$23.08; for those with a bachelor's, \$22.30. So the entry-level master's premium is currently \$.78 per hour. A similar analysis comparing early career DTRs with associate's versus bachelor's preparation, however, showed no difference in median wage.

The top line results will be shared with members in next week's issue of *Eat Right Weekly*.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1930. You deserve VIP Treatment at FNCE!

From: ANDPAC <ANDPAC@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Sep 24, 2013 06:00:36
Subject: You deserve VIP Treatment at FNCE!
Attachment:

You deserve VIP Treatment at FNCE!

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Dear Donna,

For the first time ever, the Academys Political Action Committee (ANDPAC) will be offering its top donors VIP treatment at FNCE. Perks include:

- A VIP lounge with computers, internet, TV, snacks and a place to kick back;
- Entrance to an exclusive top donor meet and greet with the ANDPAC Board and current and past Academy Presidents;
- Free admission to the ANDPAC Power Breakfast;
- A personal introduction and photo with Representative Gene Green from Texas;
- Wine and cheese receptions on Sunday and Monday;
- Preferred seating at special events and much more!

Please note that the level of VIP treatment is dependent on your donor level status. To find out more, please contact andpac@eatright.org.

Thank you for your contribution. We look forward to seeing you at FNCE!

Sincerely,
Brenda Richardson, MA, RDN, LD, CD
2013 Chair, ANDPAC Board of Directors

If dietetics is your profession, policy should be your passion!

This e-mail is a benefit for members of the Academy of Nutrition and Dietetics.

If you prefer not to receive future ANDPAC emails, simply follow this link to unsubscribe.

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1931. Availability for Board of Directors Call

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Sent Date: Sep 23, 2013 13:25:39
Subject: Availability for Board of Directors Call
Attachment: [image001.jpg](#)

President Glenna McCollum is calling a special teleconference of the Board of Directors to discuss the recent Board retreat motion related to the professional designation for graduates of baccalaureate degree DPD programs: *Move that the professional designation for graduates of baccalaureate degree DPD programs be Nutrition and Dietetics Associate*. As a next step, the Board asked staff to determine the development and designation specifics.

It was pointed out during the Board discussion that some of the designations under consideration were not tested with potential recipients. Since the retreat, we surveyed 18,853 student members and non-members, and we would like to share those results with you. I would also like to present for your consideration a new alternative which addresses CDR's decision not to credential the baccalaureate graduate due to its practice audit results, but that does address the intent of the original motion passed by the Board in January 2012, namely, that our graduates obtain a designation that helps ensure safe, quality practice while enjoying competitive advantage in a marketplace that continues to experience a proliferation of new nutrition and dietetics related credentials.

Please complete the Doodle Poll by clicking on the link below to indicate your availability for a call.
Thank you!

<http://doodle.com/iqqg9ss38442iwu9>

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

1932. Daily News: Monday, September 23, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 23, 2013 11:15:42
Subject: Daily News: Monday, September 23, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Dietary Report Card Disappoints

http://well.blogs.nytimes.com/2013/09/23/dietary-report-card-disappoints/?ref=health&_r=0

Source: CSPI

http://cspinet.org/new/pdf/changing_american_diet_13.pdf

Type 1 Diabetes Not Controlled in Teens
<http://www.medpagetoday.com/Endocrinology/Diabetes/41770>
Source: *Diabetic Medicine*
<http://onlinelibrary.wiley.com/doi/10.1111/dme.12305/abstract>

United Nations reports 'dramatic' progress in fight against AIDS

<http://www.foxnews.com/health/2013/09/23/united-nations-reports-dramatic-progress-in-fight-against-aids/>

Source: United Nations AIDS Global Report

<http://www.unaids.org/en/resources/campaigns/globalreport2013/index.html>

The 200 pound anorexic: Obese teens at risk for disorder, its often unrecognized

<http://www.nbcnews.com/health/200-pound-anorexic-obese-teens-risk-disorder-its-often-unrecognized-4B11216388>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2013/09/04/peds.2012-3940.full.pdf>

Related Resource: *Counseling Overweight and Obese Children and Teens: Health Care Reference and Client Education Handouts*

(10% off during the month of September)

<https://www.eatright.org/shop/product.aspx?id=4972>

Dieter, beware: Weight-loss fads can be bad for your health

<http://www.latimes.com/health/la-he-extreme-diet-20130921,0,327527.story>

Related Resources: Academys Position Paper -Total Diet Approach to Healthy Eating

<http://www.eatright.org/About/Content.aspx?id=8356>

The Arsenic in Our Drinking Water

<http://well.blogs.nytimes.com/2013/09/20/the-arsenic-in-our-drinking-water/?ref=health>

Related Resource: EPA

<http://water.epa.gov/lawsregs/rulesregs/sdwa/arsenic/index.cfm>

Pyure Brands introduces first organic non GMO verified erythritol sweetener for commercial applications

<http://www.foodnavigator-usa.com/Suppliers2/Pyure-Brands-introduces-first-organic-non-GMO-verified-erythritol-sweetener-for-commercial-applications>

Related Resource: Academys Position Paper Use of Nutritive and Nonnutritive Sweeteners

<http://www.eatright.org/About/Content.aspx?id=8363>

Do 2 out of 3 really prefer it? A primer on count based advertising claims

<http://www.foodnavigator-usa.com/Manufacturers/Do-2-out-of-3-really-prefer-it-A-primer-on-count-based-advertising-claims>

MedlinePlus: Latest Health News

-Racism Takes a Toll on Kids' Mental Health, Research Shows

-Child's Chronic Illness Can Affect the Whole Family

-Abnormal BMI Tips Scale Toward Pregnancy Complications, Study Says

-Blood 'Marker' May Predict Diabetes Risk in Older Women

-Carbonation May Help Artificially Sweetened Soda 'Trick' the Brain

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Fans say increasingly popular cleansing rituals give bodies fresh start

(Joy Dubost, Academy Spokesperson quoted)

<https://www.reviewjournal.com/life/health/fans-say-increasingly-popular-cleansing-rituals-give-bodies-fresh-start>

Carrying a little extra weight? That may not be a bad thing, study says

(Patrice Isabella, RD quoted)

<http://www.deseretnews.com/article/865586892/Carrying-a-little-extra-weight-That-may-not-be-a-bad-thing-study-says.html>

Pass (on) the salt: Dietitian shares tips on minimizing sodium in your diet

(Ashley Simper, RD quoted)

<http://www.starcourier.com/article/20130920/NEWS/130929881/1001/NEWS#ixzz2fiaY1Rd3>

Find the sweet, healthful magic of figs

(By Julie Whittington, RD)

http://www.statesville.com/community/article_c4a78cc4-2150-11e3-aa75-0019bb30f31a.html

Tucson Unified School District students to get yogurt upgrade

(Lindsay Aguilar, RD quoted)

http://azstarnet.com/news/local/education/tusd-students-to-get-yogurt-upgrade/article_bb6a87c2-db69-5777-9ec1-f83058f0e5d6.html

The Healthy Table: Tasty ways to increase daily vegetable intake

(By Darlene Zimmerman, RD)

<http://www.freep.com/article/20130922/FEATURES02/309220005/roasted-vegetable-tart-healthy-table-heart-smart>

Healthbeat: Have you had your daily serving of nuts?

(By Pam Stuppy, RD)

<http://www.seacoastonline.com/apps/pbcs.dll/article?AID=/20130922/LIFE/309220310/1/NEWSMAP>

Family goes gluten free

(By Nancy Ludwig, RD)

<http://www.statesmanjournal.com/article/20130922/HEALTH03/309220007/Family-goes-gluten-free>

Dietitian says consumption of whole wheat bread lowers risk of heart disease, diabetes

(Yemisi Olowokere, Dietitian/Nigeria quoted)

<http://premiumtimesng.com/news/145113-dietitian-says-consumption-whole-wheat-bread-lowers-risk-heart-disease-diabetes.html>

I had a gout attack. What should I be eating?

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/ask-a-health-expert/i-had-a-gout-attack-mailarchiver>

what-should-i-be-eating/article14442776/

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or send a blank email to leave-23235-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1933. RE: Finance and Audit Committee meeting on Tuesday, September 24th, at 1 p.m. CDT

From: Maria Juarez <MJuarez@eatright.org>
To: Maria Juarez <MJuarez@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Sep 20, 2013 18:15:30
Subject: RE: Finance and Audit Committee meeting on Tuesday, September 24th, at 1 p.m. CDT
Attachment: [image001.png](#)

All,

The documents for our FAC conference call scheduled **September 24, 2013** are loaded into the portal.

Folder name “**2013-2014 – September 24th, 2013 FAC conference call**”

Please login on the portal using the link <http://ada.portalxm.com> and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

1934. Re: HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 20, 2013 12:56:06
Subject: Re: HOD presentation
Attachment:

Thanks. Sitting on the plane as I read your email. Have a great weekend.

Paul

Sent from my iPhone

On Sep 20, 2013, at 11:50 AM, " DMartin@Burke.k12.ga.us" <DMartin@Burke.k12.ga.us> wrote:

Paul, I love all the changes. It looks good. I like particularly what you did with slide 8. Much clearer for our members. Hope soccer goes well!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Paul Mifsud <PMifsud@eatright.org> 9/20/2013 7:00 AM >>>
Donna,

I think I got the changes you suggested. I will continue to clean and tighten the work. I am off the next couple of days. I am going to see my son play soccer. However, I am available if you need to talk to me. You can call me on my cell phone at 630-750-8311. I will be on the call on Tuesday but, Christian will be running the show in the office. Let me know your thoughts.

Paul

1935. Daily News & Journal Review: Friday, September 20, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 20, 2013 10:42:57
Subject: Daily News & Journal Review: Friday, September 20, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

Study Sheds New Light on Anorexia Treatment

Faster Weight Gain Seems to Be More Effective, Report Indicates

(Andrea Garber, RD quoted)

<http://online.wsj.com/article/SB10001424127887324807704579085032761355214.html>

Source: *Journal of Adolescent Health*

[http://www.jahonline.org/article/S1054-139X\(13\)00379-0/abstract](http://www.jahonline.org/article/S1054-139X(13)00379-0/abstract)

Group plans to form largest U.S. hospital alliance

(Cost-savings will be more important under the law known as Obamacare because reimbursement will shift from a traditional fee-for-service model to payment that is based on improving outcomes for patients)

<http://www.chicagotribune.com/health/sns-rt-us-usa-health-newjersey-20130919,0,4778485.story>

FNCE 2013 Workshop-Maximize Your NCP/IDNT Skills for Positive Outcomes

<http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=34928>

Abnormal BMI Tips Scale Toward Pregnancy Complications, Study Says

Women too thin or too heavy had longer hospital stays, added costs

<http://consumer.healthday.com/vitamins-and-nutritional-information-27/overweight-and-underweight-health-news-516/abnormal-bmi-tips-scale-toward-pregnancy-complications-study-says-680254.html>

Source: *BJOG: An International Journal of Obstetrics and Gynaecology*

http://www.bjog.org/details/news/5266941/Pregnant_women_with_high_or_low_BMI_are_at_higher_risk_of_maternal_complications.html

Obese cancer patients often shorted on chemo doses

A doctor may not base chemotherapy doses on a patient's size

<http://www.usatoday.com/story/news/nation/2013/09/19/obese-cancer-patients-chemo/2837029/>

Related Resource: *The Complete Resource Kit for Oncology Nutrition* (Online Access)

<https://www.eatright.org/Shop/product.aspx?id=6442477212&partner=featuredprod>

Overweight older adults with stable weight likelier to survive

http://www.business-standard.com/article/news-ani/overweight-older-adults-with-stable-weight-likelier-to-survive-113092000185_1.html

Source: *American Journal of Epidemiology*

<http://aje.oxfordjournals.org/content/early/2013/09/07/aje.kwt179.abstract?sid=5fbc1a20-30fc-4f4d-b74b-e5e78cc97c7c>

Can Vitamin B Supplements Help Stave Off Stroke?

<http://www.sciencedaily.com/releases/2013/09/130918175553.htm>

Source: *Neurology*

<http://www.neurology.org/content/early/2013/09/18/WNL.0b013e3182a823cc>

The mind's perception of sweetness altered by carbonation

<http://www.medicalnewstoday.com/releases/266292.php>

Source: *Gastroenterology*

[http://www.gastrojournal.org/article/S0016-5085\(13\)00798-1/fulltext](http://www.gastrojournal.org/article/S0016-5085(13)00798-1/fulltext)

Gastroenterology

[http://www.gastrojournal.org/article/S0016-5085\(13\)01069-X/fulltext](http://www.gastrojournal.org/article/S0016-5085(13)01069-X/fulltext)

Man's gut fermented food into alcohol, making him drunk, case study finds

http://www.cnn.com/2013/09/19/health/gut-fermentation-syndrome/index.html?hpt=he_c2

Source: *International Journal of Clinical Medicine*

<http://www.scirp.org/journal/PaperInformation.aspx?paperID=33912&#abstract>

MedlinePlus: Latest Health News

-Geography, Income Determine Health Care in U.S., Report Says

'We are often two Americas,' according to Commonwealth Fund

-Studies confirm colon cancer screening reduces deaths

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Tailgating food safety tips

(Marisa Moore, Academy Spokesperson featured)

<http://www.wwlp.com/news/massachusetts/tailgating-food-safety-tips>

Food labeling bill proposes radical changes to 'natural' claims, wholegrain labels, added sugars; but chances of success are slim, say lawyers

(Andy Bellatti, RD quoted)

<http://www.foodnavigator-usa.com/Regulation/Food-labeling-bill-proposes-radical-changes-to-natural-claims-wholegrain-labels-added-sugars-but-chances-of-success-are-slim-say-lawyers>

Childhood obesity up in Tenn.

(Jennifer Walker, RD quoted)

<http://www.timesnews.net/article/9067654/childhood-obesity-up-in-tenn>

Protein to lose fat not muscle; What foods to buy organic

(Nancy Dell, RD featured)

<http://www.wwlp.com/health/dietitian/nancy-dell-protein-to-lose-fat-not-muscle-what-foods-to-buy-organic>

Kiwicha: An Ancient Peruvian Superfood Seed

(By Manuel Villacorta, RD)

<http://latino.foxnews.com/latino/health/2013/09/20/kiwicha-ancient-peruvian-superfood-seed/>

Some health foods have more sugar than Krispy Kreme doughnuts

(Dawn Napoli, RD featured)

<http://www.myfoxorlando.com/video?autoStart=true&topVideoCatNo=default&clipId=9320503>

Health Watch: Cut back on salt

(Pamela Ofstein, RD quoted)

<http://www.timesreporter.com/life/x1837087025/Health-Watch-Cut-back-on-salt>

From cheese to marinade, unusual uses for Greek yogurt

(Allison Enke, RD & Dawn Jackson Blatner, RD quoted)

<http://www.nydailynews.com/life-style/health/unusual-greek-yogurt-article-1.1461246>

Stress, anxiety among leading causes of obesity, studies find

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/224445761.html>

Starting the day off right

(By Victoria Mikhail, Dietitian/Canada)

<http://www.calgaryherald.com/health/diet-fitness/Starting+right/8932617/story.html>

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***Amber Waves*, September, 2013**

<http://www.ers.usda.gov/amber-waves.aspx>

Eating Better at School: Can New Policies Improve Childrens Food Choices

<http://www.ers.usda.gov/amber-waves/2013-september/eating-better-at-school-can-new-policies-improve-childrens-food-choices.aspx>

Americans Not Drinking Milk as Often as Their Parents Did

<http://www.ers.usda.gov/amber-waves/2013-september/americans-not-drinking-milk-as-often-as-their-parents-did.aspx>

***American Journal of Epidemiology*, September 15, 2103**

<http://aje.oxfordjournals.org/content/178/6?etoc>

Long-term Coffee Consumption in Relation to Fracture Risk and Bone Mineral Density in Women

<http://aje.oxfordjournals.org/content/178/6/898.abstract>

Breastfeeding and Adolescent Blood Pressure: Evidence From Hong Kong's Children of 1997 Birth Cohort

<http://aje.oxfordjournals.org/content/178/6/928.abstract>

Smoking and Diabetes: Does the Increased Risk Ever Go Away?

<http://aje.oxfordjournals.org/content/178/6/937.abstract>

***Clinical Nutrition*, September 12-18, 2013 Online First**

<http://www.sciencedirect.com/science/journal/aip/02615614>

Components of the metabolic syndrome are negative predictors of weight loss in obese children with lifestyle intervention

<http://www.sciencedirect.com/science/article/pii/S0261561413002458> Consumption of oral hospital diets and percent adequacy of minerals in oncology patients as an indicative for the use of oral supplements

<http://www.sciencedirect.com/science/article/pii/S0261561413002434>

The Economic Burden of Disease-Related Undernutrition in Selected Chronic Diseases

<http://www.sciencedirect.com/science/article/pii/S0261561413002446>

Cost-effectiveness analysis of immune-modulating nutritional support for gastrointestinal cancer patients

<http://www.sciencedirect.com/science/article/pii/S0261561413002392>

Does intravenous fish oil benefit patients post-surgery? A meta-analysis of randomised controlled trials

<http://www.sciencedirect.com/science/article/pii/S0261561413002379>

Critical Reviews in Food Science and Nutrition, Volume 53, Issue 11, 2013

<http://www.tandfonline.com/toc/bfsn20/53/11>

Application and Opportunities of Pulses in Food System: A Review

<http://www.tandfonline.com/doi/full/10.1080/10408398.2011.574804>

The Role of Folic Acid Fortification in Neural Tube Defects: A Review

<http://www.tandfonline.com/doi/full/10.1080/10408398.2011.575966>

Grape Phytochemicals and Associated Health Benefits

<http://www.tandfonline.com/doi/full/10.1080/10408398.2012.692408>

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Food and Chemical Toxicology, October 2013

<http://www.sciencedirect.com/science/journal/02786915/60>

Aspartame, low-calorie sweeteners and disease: Regulatory safety and epidemiological issues

<http://www.sciencedirect.com/science/article/pii/S027869151300495X>

The emerging farmed fish species meagre (*Argyrosomus regius*): How culinary treatment affects nutrients and contaminants concentration and associated benefit-risk balance

<http://www.sciencedirect.com/science/article/pii/S027869151300505X>

Food Control, September 12-18, 2013 Online First

<http://www.sciencedirect.com/science/journal/aip/09567135>

Transmission of *Listeria monocytogenes* from raw chicken meat to cooked chicken meat through cutting boards

<http://www.sciencedirect.com/science/article/pii/S0956713513004222>

Health Education Behaviors, October 2013

<http://heb.sagepub.com/content/40/5.toc>

Promoting Energy-Balance Behaviors Among Ethnically Diverse Adolescents

Overview and Baseline Findings of the Central Texas CATCH Middle School Project

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Providing Breastfeeding Support in the Hospital Setting for Mothers Who Have Infants With Down Syndrome

<http://can.sagepub.com/content/5/5/268.abstract>

First Foods

A Different Beginning

<http://can.sagepub.com/content/5/5/271.extract>

Finding the Balance: Oral Eating and Tube Feeding

One Pediatric Hospitals Experience With a Hunger-Based Intensive Feeding Program

<http://can.sagepub.com/content/5/5/283.abstract>

The Importance of Detailed Assessment in Tube Weaning

Lessons From a Complex Case

<http://can.sagepub.com/content/5/5/298.abstract>

Practice Examples Reflecting the Standards of Practice and Professional Performance for Registered Dietitians in Intellectual and Developmental Disabilities

<http://can.sagepub.com/content/5/5/306.abstract>

The Impact of Autism Spectrum Disorders and Eating Challenges on Family Mealtimes

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Journal of the American College of Nutrition, September 2013

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Characteristics of Eating Habits and Physical Activity in Relation to Body Mass Index Among Adolescents

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.791149>

Chromium Nicotinate Has No Effect on Insulin Sensitivity, Glycemic Control, and Lipid Profile in Subjects with Type 2 Diabetes

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.816598>

Weight Loss Is More Important Than the Diet Type in Improving Adiponectin Levels Among Overweight/Obese Adults

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.816607>

Acute Effect of Oatmeal on Subjective Measures of Appetite and Satiety Compared to a Ready-to-Eat Breakfast Cereal: A Randomized Crossover Trial

<http://www.tandfonline.com/doi/full/10.1080/07315724.2013.816614>

Journal of the American Medical Association, September 18, 2013

<http://jama.jamanetwork.com/issue.aspx>

The HIPAA Conundrum in the Era of Mobile Health and Communications

<http://jama.jamanetwork.com/article.aspx?articleid=1732507>

Chronic Care Management for Dependence on Alcohol and Other Drugs

<http://jama.jamanetwork.com/article.aspx?articleid=1738895>

Antioxidant Supplements to Prevent Mortality

<http://jama.jamanetwork.com/article.aspx?articleid=1738879>

JAMA: Patient Page Seizures

<http://jama.jamanetwork.com/article.aspx?articleid=1738896>

Journal of the American Medical Association, September 19, 2013, Online First

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Empowering Patients Who Have Specific Learning Disabilities

<http://jama.jamanetwork.com/article.aspx?articleid=1740740>

JAMA: Internal Medicine, September 9, 2013

<http://archinte.jamanetwork.com/issue.aspx>

Age-Related Kidney Transplant Outcomes : Health Disparities Amplified in Adolescence

<http://archinte.jamanetwork.com/article.aspx?articleid=1722507>

JAMA: Internal Medicine, September 16, 2013 Online First

<http://archinte.jamanetwork.com/onlineFirst.aspx>

Continuity of Care and the Risk of Preventable Hospitalization in Older Adults

<http://archinte.jamanetwork.com/article.aspx?articleid=1738715>

Sex Differences in Acute Coronary Syndrome Symptom Presentation in Young Patients

<http://archinte.jamanetwork.com/article.aspx?articleid=1738716>

Journal of Caffeine Research, September 2013

<http://online.liebertpub.com/toc/jcr/3/3>

Caffeine Content Labeling: A Missed Opportunity for Promoting Personal and Public Health

<http://online.liebertpub.com/doi/abs/10.1089/jcr.2013.0017>

Effect of Caffeinated Soft Drinks on Salivary Flow

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Journal of Mens Health, September 2013

<http://online.liebertpub.com/toc/jomh/10/1>

A New Multidisciplinary Approach to Men's Health

<http://online.liebertpub.com/doi/abs/10.1089/jomh.2013.1500>

The Influence of Divorce on Men's Health

<http://online.liebertpub.com/doi/abs/10.1089/jomh.2012.09.002>

Journal of the National Cancer Institute, September 18, 2013

<http://jnci.oxfordjournals.org/content/105/18?etoc>

Impact of Obesity on Cancer Survivorship and the Potential Relevance of Race and Ethnicity

<http://jnci.oxfordjournals.org/content/105/18/1344.abstract>

Hormone Replacement Therapy and Breast Cancer: Heterogeneous Risks by Race, Weight, and Breast Density

<http://jnci.oxfordjournals.org/content/105/18/1365.abstract>

Advanced Prostate Cancer Risk in Relation to Toenail Selenium Levels

<http://jnci.oxfordjournals.org/content/105/18/1394.abstract>

Journal of Nutrition Education and Behavior, September/October, 2013

<http://www.jneb.org/current>

Predictors of Total Calories Purchased at Fast-food Restaurants: Restaurant Characteristics, Calorie Awareness, and Use of Calorie Information

[http://www.jneb.org/article/S1499-4046\(13\)00053-5/abstract](http://www.jneb.org/article/S1499-4046(13)00053-5/abstract)

Adults in All Body Mass Index Categories Underestimate Daily Energy Requirements

[http://www.jneb.org/article/S1499-4046\(13\)00004-3/abstract](http://www.jneb.org/article/S1499-4046(13)00004-3/abstract)

Impact of Repeated Health Behavior Counseling on Women Portraying an Overweight Standardized Patient

[http://www.jneb.org/article/S1499-4046\(13\)00015-8/abstract](http://www.jneb.org/article/S1499-4046(13)00015-8/abstract)

***Lancet*, September 21, 2013**

<http://www.thelancet.com/journals/lancet/issue/current>

Patterns in coverage of maternal, newborn, and child health interventions: projections of neonatal and under-5 mortality to 2035

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)61748-1/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)61748-1/abstract)

***Morbidity and Mortality Weekly Report(MMWR)*, September 20, 2013**

http://www.cdc.gov/mmwr/mmwr_wk.html

National Gay Men's HIV/AIDS Awareness Day September 27, 2012

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6237a1.htm?s_cid=mm6237a1_w

Stats: Percentage of Adults Aged 20 Years Who Used Prescription Sleep Aids* in the Past 30 Days, by Age Group and Sex National Health and Nutrition Examination Survey, United States, 2005-2010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6237a9.htm?s_cid=mm6237a9_w

***Nutrition*, September 13-19 , 2013 Online First**

<http://www.sciencedirect.com/science/journal/aip/08999007>

Plasma homocysteine levels in HIV-infected men with and without lipodystrophy

<http://www.sciencedirect.com/science/article/pii/S0899900713002311>

Cardiometabolic factors and disease duration in patients with Parkinsons disease

<http://www.sciencedirect.com/science/article/pii/S089990071300227X>

***Nutrition Bulletin*, September 9, 2013 Online First**

[http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1467-3010/earlyview](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1467-3010/earlyview)

Satiety and appetite control claims: Getting it right for consumers

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.12051/abstract>

***Nutrition in Clinical Practice*, October 2013**

<http://ncp.sagepub.com/content/28/5.toc>

Integrating Patient-Centered Care and Clinical Ethics Into Nutrition

<http://ncp.sagepub.com/content/28/5/543.abstract>

Improving Patient Outcomes Through Registered Dietitian Order Writing

<http://ncp.sagepub.com/content/28/5/556.abstract>

Navigating Reimbursement for Home Parenteral Nutrition

<http://ncp.sagepub.com/content/28/5/566.abstract>

Effects of Oral Branched-Chain Amino Acids on Hepatic Encephalopathy and Outcome in Patients

With Liver Cirrhosis

<http://ncp.sagepub.com/content/28/5/580.abstract>

Energy Expenditure During Barbiturate Coma

<http://ncp.sagepub.com/content/28/5/603.abstract>

Comparison of Predictive Equations and Measured Resting Energy Expenditure Among Obese Youth Attending a Pediatric Healthy Weight Clinic

One Size Does Not Fit All

<http://ncp.sagepub.com/content/28/5/617.abstract>

Today's Dietitian, September, 2013

http://www.todaysdietitian.com/current_issue.shtml

Houston's Diverse Dining Scene

<http://www.todaysdietitian.com/newarchives/090313p26.shtml>

Friendly Bug Invasion- probiotic

<http://www.todaysdietitian.com/newarchives/090313p38.shtml>

Why Energy Drinks Are Harming Children, Adolescents

http://www.todaysdietitian.com/news/091613_news.shtml

Parenteral Nutrition Drug Shortages An Ongoing but Solvable Problem

<http://www.todaysdietitian.com/newarchives/090313p46.shtml>

Rare and Unusual Food Allergies Learn About What They Are, What Causes Them, and the Associated Symptoms

<http://www.todaysdietitian.com/newarchives/090313p54.shtml>

Developing Smartphone Apps

<http://www.todaysdietitian.com/newarchives/090313p60.shtml>

Phytochemicals Role in Good Health

<http://www.todaysdietitian.com/newarchives/090313p70.shtml>

Natural Remedies for Tummy Troubles Research Shows Herbs Can Relieve Symptoms in Patients With GI Diseases

<http://www.todaysdietitian.com/newarchives/090313p18.shtml>

Growing Up Gluten Free

<http://www.todaysdietitian.com/newarchives/090313p22.shtml>

Tufts University, Health & Nutrition Letter, September, 2013

<http://www.tuftshealthletter.com/>

Lowering the Glycemic Index of Your Diet Pays Health Dividends

<http://www.tuftshealthletter.com/ShowArticle.aspx?RowID=1272>

Watch Out for Calorie-Packed Meals at Smaller Restaurants

<http://www.tuftshealthletter.com/ShowArticle.aspx?RowID=1282>

(Subscription required)

-More Veggies, Less Meat Associated with Longevity Lifestyle

-Should You Join the Switch from Dairy Milk-Weighing the trade-offs between dairy, soy, almond and other choices

-Mediterranean Diet: Health vs. Hype

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1936. RE: HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us
<DMartin@Burke.k12.ga.us>
Sent Date: Sep 20, 2013 07:02:18
Subject: RE: HOD presentation
Attachment:

Donna,

One last thing; ignore ht notes in the back ground of this deck. I have not updated them and none of them apply. I will begin to put notes for you in when I get back next week.

Paul

From: Paul Mifsud
Sent: Friday, September 20, 2013 6:01 AM
To: DMartin@Burke.k12.ga.us
Subject: HOD presentation

Donna,

I think I got the changes you suggested. I will continue to clean and tighten the work. I am off the next couple of days. I am going to see my son play soccer. However, I am available if you need to talk to me. You can call me on my cell phone at 630-750-8311. I will be on the call on Tuesday but, Christian will be running the show in the office. Let me know your thoughts.

Paul

1937. HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 20, 2013 07:00:32
Subject: HOD presentation
Attachment: [2014 hod fall presentation 2nd version 0919 for donna.ppt](#)

Donna,

I think I got the changes you suggested. I will continue to clean and tighten the work. I am off the next couple of days. I am going to see my son play soccer. However, I am available if you need to talk to me. You can call me on my cell phone at 630-750-8311. I will be on the call on Tuesday but, Christian will be running the show in the office. Let me know your thoughts.

Paul

1938. RE: Finance and Audit Committee meeting on Tuesday, September 24, at 1 p.m. CDT

From: Paul Mifsud <PMifsud@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Sep 19, 2013 17:49:59
Subject: RE: Finance and Audit Committee meeting on Tuesday, September 24, at 1 p.m. CDT
Attachment:

All,

The year is moving very quickly. I can't believe it is nearly the end of September. Next week, on Tuesday, September 24th at 1 .m. CDT, we will have our September Finance and Audit Committee meeting. I hope you all will be able to attend. Please look for the Webinar invitation from Eric Hayes as well as an e-mail from Maria Juarez when everything is on the portal. This month, we will be focusing on the July final financials, August preliminary financials and a FNCE financial update.

I. July Changes

- There were no changes to the actual results for July. However, we did modify the monthly budgets slightly for CDR. This would only impact the distribution across the months and not the total annual budget. We hope this will be the last month that we make any changes to the budget. The monthly distributions may not be perfect, but, they should be close enough that any

variances due to the budget distribution should be small.

II. Investments

- As I mentioned on our last call, the investment portfolios were not performing well in August. The combined portfolios lost more than \$983K in August and brings us back to a “break even”. Since this is bad news, and I hate bad news, I will chalk it up to timing and talk about September!! As of September 18th, the combined Academy and Foundation portfolios have gained \$1,960,000. So, I guess we have gained the \$983K loss back and added a little extra...nearly \$1M extra! So, we are approaching \$2M in gains for the fiscal year. Hopefully, we will be able to hold onto these gains over the next few weeks. There are still 8 trading days left and a debt/budget deadline of October 1st looming in front of us. So, anything can happen between now and the end of the month.

III. Academy August Financials (A10)

August, overall, was a very good month for the Academy. Revenue was up, over-running the budget by \$2,772. Again, this was primarily driven by Publications (up \$52,069). Expenses were down when compared to budget by \$39,652. As always, there were quite a few variances that will be addressed below. The combination of additional revenue and lower expenses resulted in the Academy’s operating income being \$52,424 better (in this case lower) than the budget. It is lower because we had budgeted an operating deficit for August.

The investment loss of \$372,553 did make the results look somewhat worse. However, as I mentioned above, this may be a timing issue J. The final result was net loss of \$677,805 for the month of August. This is far below budget and is being driven all by the investment losses.

Taking a look at the year to date numbers, the Academy currently has an operating deficit of \$1,546,187. This is \$223,964 lower (better) than the budget. Revenue for the year is higher by \$11,351 while expenses for the year are lower by \$212,612. So, even though some of the variances could be a concern, especially on the revenue side, the Academy will finish the first quarter doing better than the budget operationally.

The following is a breakdown of the various categories

A. Revenues

- a. **Membership Dues** - This area **under budget** by \$18,676 in August and is **under budget** by \$24,122 for the year. This could be a budget timing issue. We have looked at the number of members and the revenue we have received this year, through August, versus last year, through August. We are higher overall. This may play itself out over the next couple of months.
- b. **Programs and Meetings** - This area is **over budget** by \$2,624 in August and is **under budget** by \$1,605 for the year. The over-run in August is all due to higher Professional development revenue.
- c. **Publications and Materials** - This area is **over budget** by \$52,069 in August and **over budget** by \$86,498 for the year. The over-run in August is primarily due to Traditional Publication sales (up \$26.0K), NCP/SL sales (up \$37.0K), offset by lower List Rental (down \$7.1K) and lower Marketing sales (down \$3.0K) and lower all other (down \$1.0K).
- d. **Subscriptions** – This area is **under-budget** by \$5,188 in August and is **under budget** by \$9,674 for the year. The under-run for August is due to lower NCM and related products (down \$5.1K). Last month I mentioned this could be a budget anomaly. This could be true. Rate increases will not take effect until October. This may have not been taken into consideration during the budget monthly distribution, resulting in higher monthly budgets in the beginning of the year. This may smooth itself out later in the year.
- e. **Advertising** – This area is **over budget** by \$1,475 in August and **under budget** by \$19,485 for the year. The month and year to date variance is all due to the Food and Nutrition Magazine.
- f. **All grants** - This area is **under budget** by \$9,815 in August and is **under budget** by \$7,638 for the year. The under-run August is primarily due to lower ConAgra Home Food Safety (down \$8.5K) offset by higher Research Grants (up \$1K).
- g. **Sponsorships** – This area is **under budget** by \$20,000 in August and is **under budget** by \$20,000 for the year. The under-run in August is due to expiring Sponsorships not being renewed and reductions in Sponsorship agreements. At this time, it looks like the Academy will fall short of the FY14 budget. The Marketing team is working on securing new Sponsors. However, these may not materialize. Therefore, we are beginning to reduce our revenue projects to be “conservative”. If new Sponsors are found, it will be a alter this course.
- h. **Other** – This area was **over budget** by \$281 in August and is **over budget** by \$6,377 for the year. This basically is on target with no material variance in any project.

B. Expenses

- a. **Personnel** – This area is over budget by \$3,275 in August and over budget by \$14,221 for the year. The over-run in August is due to costs associated with turn-over, both voluntary and involuntary, and the need for temporarily help to fill both vacant positions and to support positions where individuals are on sick leave.
- b. **Publications** – This area is under budget by \$6,653 in August and over budget by \$9,714 for the year. The under-run in August is primarily due to lower Journal costs (down \$7.9K) and lower Food and Nutrition Magazine costs (down \$2.8K), offset by higher Traditional Publications (up \$4.0K).
- c. **Travel** – This area was under budget by \$14,097 in August and under budget by \$59,876 for the year. The under-run in August is primarily due to lower Research (down \$2.6K), lower Informatics (down \$2.2K), lower Public Policy (down \$6.6K) and lower across all other (down \$2.7K).
- d. **Professional Fees** - This area was under budget by \$15,557 in August and is under budget by \$72,211 for the year. The under-run in August is being driven by lower Journal (down \$3.0K), lower Marketing (down \$10.0 K), lower membership (down \$13.0K) and lower Research (down \$18.6K) offset by higher IT/Web (up \$12.8K), higher Governance (up \$7.5K) and higher Public Policy (up \$3.6K) and higher across all other (up \$5.1K).
- e. **Postage and Mailing Service** – This area is over budget by \$4,233 in August and under budget by \$3,209 for the year. This over-run in August is primarily due to higher Food and Nutrition Magazine (up \$2.0K), higher Traditional Publications (up \$1.0K), up across all other (up \$1.0K).
- f. **Office Supplies and Equipment** – This area is over budget by \$785 in August and under budget by \$3,978 for the year. The over-run in August is across all areas of the business.
- g. **Rent and utilities** - This area is under budget by \$1,224 in August and under budget by \$5,715 for the year. The under-run in August is due to lower utility costs.
- h. **Telephone and communications** – This is over budget by \$835 in August and over budget by \$7,726 for the year. The over-run in August is due to basic telephone costs in Washington and Chicago.
- i. **Commissions** – This area is over budget by \$295 in August and is under budget by \$3,897 for the year. The over-run in August is due to higher Ad revenue for the Food and Nutrition Magazine.

- j. **Computer Expenses** – This area is **over budget** by \$7,502 for August and **under budget** by \$4,831 for the year. The over-run in August is due to IT maintenance and repair requirements.
- k. **Advertising and Promotion** – This area is **under budget** by \$1,537 in August and **under budget** by \$2,439 for the year. The under-run in August is across all areas of the business.
- l. **Insurance** – This area is **over budget** by \$509 in August and is **over budget** by \$1,527 for the year. The over-run in August is due to slightly higher insurance premiums and will continue for the year.
- m. **Depreciation** – This area is **on target** in August and **on target** for the year.
- n. **Bank and trust fees** – This area is **under budget** by \$2,441 in August and **over budget** by \$17,964 for the year. The under-run in August is primarily due to lower credit card fees.
- o. **Other** – This area is **under budget** by \$5,479 in August and **under budget** \$23,803 for the year. The under-run in August is primarily due to lower costs for Marketing (down \$1.7K), lower Public Policy (down \$1.3K) and lower across all other (down \$2.5K).
- p. **Expense allocation** – This area is **over budget** by \$9,109 in August and is **over budget** by \$9,109 for the year. This is due to the recognition of expenses for the ANDII database supported by CDR.
- q. **Meeting services** – This area is **under budget** by \$10,154 in August and is **under budget** for the year by \$50,992. The under-run in August is being driven primarily by lower Marketing (down \$6.3K), lower Public Policy (down \$1.6K), lower Research (down \$1.9K) and lower across all other areas of the business (down \$0.3K)
- r. **Legal and Audit** – This area is **on target** in August and is **over budget** by \$803 for the year.
- s. **Printing** – This area is **under budget** by \$834 in August and is **under budget** by \$24,509 for the year. The under-run in August is primarily due to lower expenses for Membership (down \$6.3K) offset by higher Marketing (down \$5.4K).

As I mentioned above, the month of August was a good month for the Academy. We have some concerns on revenue. However, we have some good news as well. We will need to continue monitoring the revenue as we progress through the year.

IV. Foundation (A8)

The Foundation had a great month in August with the exception of the investment returns. Revenue exceeded the budget by \$148,361. In addition, expenses were under budget by \$1,874. Overall, the Foundation had operating deficit of \$365,395. This was more than \$150,000 better (lower) than the budget. We won't talk about the investments. Revenue was over budget primarily due to CDR support of \$150,000. CDR support was not budgeted because CDR had not yet approved the continuation of their support when the budget was developed. This will be over budget all year. The expenses do not have any major variance. Most of them can be attributed to timing at this stage.

Year to date, the Foundation is doing very well. The Foundation revenues are up over \$207K, expenses are down over \$54K and the overall operating deficit is nearly \$262K better (lower) than the budget. If it were not for the investment income, the Foundation would be having an all-star year. Hopefully, September's results will put them back in the game!

V. CDR (A11)

CDR overall had a good month in August. Revenues are \$6,766 over budget while expenses are \$101,651 under budget. The expenses can be mapped to two major projects; Specialty Certification (down \$67K) and Advanced Level Practice Audit Committee (down \$35K). There are other variances, but, these stand out the most. For the month of August, CDR had an operating deficit of \$335,115 which was significantly lower than the budget.

Year to date, CDR is also performing well. Revenues are still a little lower than budget (down by \$9,268). Expenses, through August, are lower by \$135,733. The investment income, year to date, is actually a loss of \$9K. Even with this loss, CDR's Net deficit was \$117,160 smaller than the original budget. With the investment results from September, this should turn around.

VI. DPGS/MIGS (A12)

The combined DPGS/MIGS had a good month in August. Revenue did not meet expectations (down by \$48,774). However, expenses were also down (down by \$63,895). As I mentioned last month, the key measure for the DPGs/MIGs is the operating income. In August, this was \$100,209!! Very nice result. Like everyone else, we will ignore the investment losses!!!

Year to date, the combined DPGs/MIGs are performing well overall. They have a combined net income of \$252,322. This is \$67,868 higher than the budget. Naturally, this will keep reserves in a good spot. As you can see on page A16, only one MIG is still in the watch category (Muslims in Dietetics and Nutrition at 73%). It has gone up in August.

VII. ACEND (A13)

ACEND had another great month in August. Revenues were higher (up \$7,521) while expenses were slightly over budget (up by \$3,506). The over-run in expenses is essentially due to the accumulated vacation paid to the former Executive Director. When he left, we are required to pay-out the vacation. Since this position has not been filled, this should even out in September. Overall, ACEND had an operating and net deficit of \$3,122. This was \$4,016 better (lower) than the budget.

Year to date, ACEND has an operating and net income of \$51,782. This is \$75,781 higher than the budget. So, ACEND continues to exceed expectations and their reserves are now at \$231,582.

VIII. ANDPAC (A14)

ANDPAC's revenues and expenses were not up to the budget, but, they had a good month in August. Revenue was down slightly (down \$927). Expenses were over budget by \$1,500. The over-run on the budget is due to additional contributions to candidates than was budgeted. Not a bad thing to do. The PAC reserves (\$259,004) can handle the additional contributions.

Year to date, the PAC is running light on revenue (down \$3,739) and higher on expense (up \$9,667). The revenue is trending downward and could be a concern. However, the PAC leadership is working to turn the revenue upward. That, coupled with the large reserves, puts the PAC in very good financial shape.

I will stop here on the summaries. They are light, but, there isn't too much to be concerned about overall. It seems our biggest problem in August was the investment returns. September looks to turn that around.

Have a great night.

Paul Mifsud

1939. RE: Kids Eat Right Gala Seating Request

From: Beth Labrador <BLabrador@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 19, 2013 12:06:09
Subject: RE: Kids Eat Right Gala Seating Request
Attachment: [image001.jpg](#)

Thanks Donna. I will see you in Houston!

Beth

From: DMartin@Burke.k12.ga.us
Sent: Thursday, September 19, 2013 7:00 AM
To: Beth Labrador
Subject: Re: Kids Eat Right Gala Seating Request

Beth, I would either like to sit with the Board of Directors or the Foundation Board. Thanks!

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Beth Labrador <BLabrador@eatright.org> 9/18/2013 10:27 PM >>>
Academy Foundation Kids Eat Right Gala

Thank you for purchasing a ticket(s) to the:

Academy Foundation Kids Eat Right Gala

Monday, October 21, 2013

Reception 6:30-7:30pm

Dinner 7:30-10:00 pm

Hilton Americas, Grand Ballroom

The gala reception will feature a cash bar. Semi formal attire is acceptable.

Please read the details below and respond to this email by **Monday, September 30**, in order to receive preferred seating.

- Reply to this email with your name and the state you reside in, along with the names of individuals with whom you prefer to be seated (a seat will not be held for anyone on your list unless they have purchased a gala ticket by Monday, September 30th).
- Your gala ticket(s) will be included with your other FNCE registration materials.
- If you choose not to respond to this message or it is received after Monday, September 30th, your seat will be assigned randomly.
- Please note, we do our best to seat you with the individuals requested; however requests cannot be guaranteed.

Thank you to our gala sponsor, ConAgra Foods.

If you have any questions or would like to purchase additional tickets, please contact Beth Labrador at blabrador@eatright.org or 312-899-4821.

1940. Daily News: Thursday, September 19, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 19, 2013 10:26:43
Subject: Daily News: Thursday, September 19, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

Calories in vs. calories out? Weight management is not that simple, say researchers

(Weight management is not as simple as the calories in, calories out model of energy balance, claim researchers at the International Conference of Nutrition (ICN) in Granada, Spain)

<http://www.foodnavigator.com/Science-Nutrition/Calories-in-vs.-calories-out-Weight-management-is-not-that-simple-say-researchers>

Binge Eating More Likely to Lead to Health Risks in Men

<http://www.sciencedaily.com/releases/2013/09/130917153715.htm>

Source: *General Hospital Psychiatry*

[http://www.ghpjournal.com/article/S0163-8343\(13\)00206-5/abstract](http://www.ghpjournal.com/article/S0163-8343(13)00206-5/abstract)

Related Resource: *ADA Pocket Guide to Eating Disorders* (Print + Online Set)

<https://www.eatright.org/shop/product.aspx?id=6442463774>

Anti-Hunger Advocates Put Pressure on Lawmakers Over Food Stamp Bill

<http://www.nytimes.com/2013/09/19/us/politics/anti-hunger-advocates-put-pressure-on-lawmakers-over-food-stamp-bill.html?ref=health>

Related Resource: *Eat Right Weekly*

<http://www.eatright.org/members/eatrightweekly/article.aspx?folderid=6442452557&mycontentid=6442478162>

New U.S. meat label rule survives challenge by meat packers

<http://www.chicagotribune.com/features/food/stew/sns-rt-us-usa-meat-labeling-20130911,0,3268838.story>

Related Resource: USDA Country of Origin Labeling

<http://www.ams.usda.gov/AMSv1.0/COOL>

Harvard study finds food expiration labels are misleading

<http://www.chicagotribune.com/health/sns-rt-us-usa-foodsafety-dates-20130918,0,837109.story>

Source: National Resources Defense Council

<http://www.nrdc.org/food/expiration-dates.asp>

Related Resource: USDA-Food Product Dating

<http://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/food-labeling/food-product-dating/food-product-dating>

Beyond the gym: Is satiety the next frontier for protein?

(While building muscle may take centre stage for protein ingredients, there is a mass of potential health benefits from increasing protein intakes, and increasing satiety may be the next big thing)

<http://www.foodnavigator.com/Financial-Industry/Beyond-the-gym-Is-satiety-the-next-frontier-for-protein>

Local food purveyors find eager audiences at gyms

http://www.washingtonpost.com/lifestyle/wellness/local-food-purveyors-find-eager-audiences-at-gyms/2013/09/17/f757aabc-195f-11e3-8685-5021e0c41964_story.html

The University of New Hampshire's dishware is designed to remind students about healthy options

<http://www.usatoday.com/story/news/nation/2013/09/18/wildcat-plates-healthy-eating/2831279/>

Chobani yogurt school lunch menus, weeks after mold forces recall

<http://www.nbcnews.com/health/chobani-yogurt-school-lunch-menus-weeks-after-mold-forces-recall-4B11194402>

MedlinePlus: Latest Health News

-Could E. Coli Vaccine for Cows Cut Human Infections?

Study of Scottish cattle suggests spread to people would drop by 85 percent

-New Understanding of Racial Disparities and Diabetes

Similar rates of disease-related deaths found in study

-2 Questions May Reveal Seniors' Impending Decline, Study Says

Inability to climb steps seen as one red flag

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's

purpose, who may participate, locations, and phone numbers for more details.

-Curcumin and Yoga Exercise Effects in Veterans at Risk for Alzheimer's Disease

<http://clinicaltrials.gov/ct2/show/NCT01811381?term=NCT01811381&rank=1>

Registered Dietitians in the News

Got milk? Maybe not if youre African-American

(By Constance Brown-Riggs, Academy Spokesperson)

<http://thegrio.com/2013/09/18/got-milk-maybe-not-if-youre-african-american/>

Is sparkling water as healthy as regular water?

(Keri Gans, RDN & Kristi King, Academy Spokesperson quoted)

<http://www.nydailynews.com/life-style/health/sparkling-water-healthy-regular-water-article-1.1460179>

5 ways a healthy diet is making you tired

(Meridan Zerner, RD quoted)

http://www.cnn.com/2013/09/19/health/tired-dragging-diet-change/index.html?hpt=he_c1

Healthy Kids: Managing picky eaters

(By Marilyn K. Tanner-Blasiar, RD)

http://www.stltoday.com/lifestyles/health-med-fit/healthy-kids-managing-picky-eaters/article_27bd3fdf-75d0-5528-b656-6124e6039831.html

Atlanta chef battles back from cancer by eating fresh, locally grown fruits and vegetables

(Shayna Komar, RD quoted)

http://www.dailygazette.com/news/2013/sep/18/atlanta-chef-bat_wp/

Some white foods a nice addition to colorful plate

(By Holly Larson, RD)

<http://www.oxfordpress.com/news/lifestyles/food-cooking/ask-holly-some-white-foods-a-nice-addition-to-colo/nZzYr/>

Beyond the orange

Juicing proponents get adventurous with flavors

(Courtney Neubauer, RD quoted)

<http://theadvocate.com/features/food/6842107-123/beyond-the-orange>

Anti-Hunger Programs Need Our Support

(By Mary Saucier Choate, RDN)

<http://www.coopfoodstore.com/news/anti-hunger-programs-need-our-support>

Wellness program trims waistlines and health care costs at RDU

(Dietitian cited)

<http://www.newsobserver.com/2013/09/18/3204407/wellness-program-trims-waistlines.html>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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For more information, visit:

<http://us.soyjoy.com/Nutrition/Healthcare-Professionals>

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(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-23165-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1941. Automatic reply: President's Reception

From: Johnee Naegele <JNaegele@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 19, 2013 09:45:37
Subject: Automatic reply: President's Reception
Attachment:

I will be out of the office until Monday, September 23rd. I will respond to your email when I return on Monday. If you need immediate assistance please contact Diane Juskelis at djuskelis@eatright.org.

Thank you,

Johnee'

1942. Second cut at presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 18, 2013 17:31:50
Subject: Second cut at presentation
Attachment: [2014 hod fall presentation 2nd version 0918 for donna.ppt](#)

Donna,

I have updated the presentation. I think I have everything. Ignoring the notes in the background (I have not updated them yet), let me know your thoughts. I will continue to work with it.

Paul

1943. Eat Right Weekly - September 18, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 18, 2013 17:23:46
Subject: Eat Right Weekly - September 18, 2013
Attachment:

Eat Right Weekly
September 18, 2013

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On the Pulse of Public Policy

Fight Hunger Now: Stop Cuts to Vital Nutrition Programs

The House is currently debating a "nutrition only" Farm Bill that would deny up to 6 million people access to the Supplemental Nutrition Assistance Program (SNAP). The bill would cut \$40 billion from the program over 10 years, leaving millions to struggle with food insecurity. Please urge Congress to oppose these cuts.

[Learn More >>](#)

Academy President Addresses World Hunger

Last week the Ohio State University Food Innovation Center hosted the anti-hunger event *Food for Billions*. The meeting aimed to bring leaders together to identify a global food system that would continually provide billions with nutritious, healthy food. Academy President Dr. Glenna McCollum, MPH, RDN, served as an expert panelist focused on nutrition and health.

[Learn More >>](#)

Ask Your Friends and Family to #SupportTROA

For the first time ever, the Academy has created a public link for community advocates to take action to support the Treat and Reduce Obesity Act (TROA). Please share widely and encourage others to advocate for improved treatment for seniors who suffer from obesity.

[Learn More >>](#)

It's National Health IT Week!

This week marks the eighth year where leaders in health information technology converge in Washington, D.C. As an official partner for the event, the Academy will discuss with experts how to digitally manage patient information to improve health outcomes. Health care is changing with the implementation of electronic systems, such as electronic health records. Show your support of these efforts by joining in this week's virtual activities.

[Learn More >>](#)

Enter Nutrition Informatics Video Challenge and Win a Free iPad at FNCE

Every day there are opportunities to use nutrition informatics to improve the health of Americans. Now, by creating an innovative video sharing how you use nutrition informatics in your work, you could win an Apple iPad. The winning video will be showcased at the Genius Zone-Nutrition Informatics Booth 1352 on the expo floor at the Food & Nutrition Conference & Expo, where you can also learn about the Academy's many exciting nutrition informatics initiatives.

[Learn More >>](#)

Save the Date: Academy's Public Policy Workshop

The Academy will host its annual Public Policy Workshop in Washington, D.C., March 30 to April 1, 2014. Join nearly 500 of your fellow Academy members at one of the world's largest food and nutrition advocacy summits. Registration opens this fall - don't miss out on early-bird registration discounts and group rates.

[Learn More >>](#)

Grab a Latte at the Nutrition Policy and Advocacy Center at FNCE

Any member who donates \$10 or more to the Academy's Political Action Committee at FNCE will receive a complementary latte, cappuccino or coffee. It is ANDPAC's way of saying, "Thanks a latte." Stop by the Nutrition Policy and Advocacy Center located on the expo floor (booth 311) at FNCE to enjoy a hot beverage while you learn about the Academy's advocacy work.

[Learn More >>](#)

CPE Corner

Live Webinar: Allergy, Sensitivity or Autoimmune Disorder? Food Allergies and Celiac Disease Uncovered

What's up in the gut? This webinar will help you identify important characteristics and differences between food allergies, sensitivities and celiac disease. Diagnosis and treatment, as well as keys to practice, will be discussed. This session is for the practitioner who already has a basic knowledge of these issues and is ready for an update on the latest recommendations and research.

[Learn More >>](#)

Webinar: As a Nutrition and Dietetics Student, Your Future is in Your Hands!

We invite all nutrition and dietetics students to participate in a live webinar on November 12 to gain insight into the study's implications for a future career as a nutrition and dietetics professional. This information is critical to refine the educational preparation needed to better oneself for a future that will present new challenges and opportunities for the nutrition and dietetics profession.

[Learn More >>](#)

Webinar: The Dietetics Workforce Demand Study: What Does it Mean to You as a Nutrition and Dietetics Educator?

In this November 14th session, nutrition and dietetics educators will gain insight into the study's implications for nutrition and dietetics education. This information will assist them in refining the educational preparation of nutrition and dietetics students to prepare them for a future that will present new challenges and opportunities for the nutrition and dietetics profession.

[Learn More >>](#)

Webinar: The Dietetics Workforce Demand Study: What Does it Mean to You as a Clinical Nutrition Manager?

In this November 19th session, clinical nutrition managers will gain insight into the study's implications for clinical nutrition practice. This information will prepare them for a future that will present new challenges and opportunities for the nutrition and dietetics profession.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Support the Foundation While Earning CPE Hours at FNCE

The theme of the Foundation Nutrition Symposium at this year's Food & Nutrition Conference & Expo is "Nutrients and Micronutrients and Early Cognitive Development." Attendees will get the opportunity to explore the role of nutrition in cognitive development, including the direct effects of nutrition on the brain; transient nutritional effects that compound over time; and indirect effects of nutrition through improved health, all while earning CPE credits and supporting the Academy Foundation.

[Learn More >>](#)

At FNCE: Innovations in Food Distribution and Nutrition Education at Food Banks

Through Kids Eat Right, the Foundation is working with Feeding America to raise awareness of the issue of nutrition and food insecurity. Take an insider's tour of the nation's largest Feeding America food bank, learn about their model programs and participate in a lively discussion with national leaders about strategies to increase access to healthy foods for all Americans.

[Learn More >>](#)

Free Scope of Practice Self-Study Modules

Two free, pre-recorded self-study modules on the Academy Scope of Practice are now available for registered dietitian nutritionists and dietetic technicians, registered: for practitioners: "Academy Scope of Practice - A Tool for Determining Competence and Advancing Practice"; and for educators: "Academy Scope of Practice What Educators and Students Need to Know."

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease (CKD) and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development

presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

Career Resources

Telehealth Practice Tips Now Available to Academy Members

To assist registered dietitian nutritionists and dietetic technicians, registered in navigating Telehealth practice, the Academy now offers *Quality Management Practice Tips: Telehealth Challenges and Opportunities*. Practice tips include definitions, resources and information to increase access to care and improve health outcomes by overcoming geographical barriers to care through the use of information and communications technology.

[Learn More >>](#)

New! The Nutrition Care Process in Pediatric Practice

This easy-to-use guide shows how to incorporate standardized language - the International Dietetics & Nutrition Terminology (IDNT) - into everyday pediatric practice. *Available in print, online-only and print+online versions.*

[Learn More >>](#)

FNCE, There's an App for That!

The Academy is excited to introduce the first ever Food & Nutrition Conference & Expo App for attendees and exhibitors! This FREE app is a great tool for you to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor and much more! Stay up to date on the latest announcements during FNCE with our app! Download it now for Apple mobile devices or Android mobile devices.

September Book of the Month: *Counseling Overweight and Obese Children and Teens*

Save 10 percent during September on this guide that shows registered dietitians how to tailor and provide appropriate nutrition counseling for overweight and obese children and adolescents between the ages of 5 and 18.

[Learn More >>](#)

New Academy *Pocket Guide to Pediatric Nutrition Assessment*

Newly updated, the second edition of the Academy's comprehensive and easy-to-navigate guide is an essential tool for any registered dietitian nutritionist who provides nutrition care to pediatric patients. *Available in print, online-only and print+online versions.*

[Learn More >>](#)

Free Resources Available for National Food Safety Education Month

So you need resources for National Food Safety Education Month? Remind clients that food safety is a year-round necessity with free educational tools for Academy members and the public from the award-winning Home Food Safety program.

[Learn More >>](#)

Get a Professional Headshot at FNCE

Sign up to have a professional headshot photo taken at the Food & Nutrition Conference & Expo.

[Learn More >>](#)

Academy Member Updates

Academy Member Appointed to President's Council on Fitness, Sports & Nutrition Science Board

Academy member Penny Kris-Etherton, PhD, RD, has been appointed to the President's Council on Fitness, Sports & Nutrition (PCFSN) Science Board beginning January 2014.

[Learn More >>](#)

Academy Member Dr. Janet Collins Named 2013-14 IFT President

Academy member Dr. Janet Collins, PhD, RD, CFS, was recently named the 2013-14 president of the Institute of Food Technologists, a nonprofit scientific society of professionals engaged in food science, food technology and related areas in industry, academia and government. Dr. Collins, senior manager at DuPont in regulatory affairs, is the first IFT president to be both a food scientist and a registered dietitian with over 35 years of international experience impacting industry, academia and government.

[Learn More >>](#)

Health Care Payment is Changing, and We Need Your Input!

Registered dietitian nutritionists are needed to participate in the Academy's 2013 Coding Survey, your opportunity to play a role in shaping the policies that determine coverage and coding policies

for MNT services. All RDNs who complete the survey will be entered into a drawing to receive an Apple iPad, a one-year subscription to Netflix and valuable gift certificates.

[Learn More >>](#)

Members Participate in Research to Advance the Profession

Academy member David Orozco, MS, RDN, LD, believes research is "where our credibility lies." Learn how he got involved in research through the Dietetics Practice Based Research Network and how you can, too!

[Learn More >>](#)

School Spirit: Bring Students to FNCE

The Academy's Food & Nutrition Conference & Expo helps instill professional practice beliefs, values, attitudes and behaviors in our students that will prepare them for practice and lifelong learning. Give your students the best possible start in dietetics: *Bring them to FNCE and be eligible to win.*

[Learn More >>](#)

"Where Healthcare Meets Hospitality"

The Association for Healthcare Foodservice will celebrate Healthcare Foodservice Workers Week October 7 to 13. This year's theme is "Where Healthcare Meets Hospitality."

[Learn More >>](#)

Food Day is October 24: Academy Foundation Offers Resources, Toolkits

Food Day is a nationwide celebration and a movement for healthy, affordable and sustainable food. To celebrate Food Day in your community, visit www.kidseatright.org/volunteer for resources and toolkits. Register your event publicly or privately. Take pictures of your event and submit them to be recognized as a Kids Eat Right Everyday Hero by emailing kidseatright@eatright.org.

Philanthropy, Awards and Grants

Foundation's Kids Eat Right Gala at FNCE

The Foundation will host a legendary evening of gourmet food, spectacular entertainment and dancing on Monday, October 21, at the Food & Nutrition Conference & Expo.

[Learn More >>](#)

Last Chance! Kids Eat Right Mini-Grant Opportunity

To support the use of Kids Eat Right toolkits, 50 \$200 grants are available. Recipients agree to give two presentations between September 30 and November 29, 2013 from any of the seven Kids Eat Right toolkits.

[Learn More >>](#)

CDR Leadership Grant

The deadline is November 1 to apply for the Commission on Dietetic Registration's Leadership Grant Award, which provides financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training.

[Learn More >>](#)

CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

Are you a Kids Eat Right Everyday Hero?

You could be! Just email your photo and a sentence or two about your experience as a Kids Eat Right campaign member to kidseatright@eatright.org. See previous Everyday Heroes [here](#).

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1944. PLEASE ACT TODAY!

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>, Chris Reidy <CREIDY@eatright.org>
Sent Date: Sep 18, 2013 16:34:02
Subject: PLEASE ACT TODAY!
Attachment: [image003.png](#)

The following action alert communication went to our Public Policy Coordinators and DPG/MIG Policy and Advocacy Leaders. A call to action was also included in this week's *Eat Right Weekly*. We are asking you to assist in any way you can; please be sure to complete the House action alert today, if possible.

Thank you!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

We need your assistance today!

In July 2013, the House passed a “farm only” farm bill, which omitted the nutrition title. Now that Congress is back in session the House leadership is debating cutting up to \$40 billion from nutrition programs such as SNAP and SNAP-Ed, in the Nutrition Reform and Work Opportunity Act. The Center for Budget and Policy Priorities has estimated that this proposal would deny up to 6 million people access to the SNAP program. Feeding America estimates that this translates into a loss of 1.5 billion meals per year for the next 10 years for struggling families. We are also expecting that the SNAP-Nutrition Education (SNAP-Ed) program will see significant cuts. **We are asking you, as public policy leaders, to activate your members!**

Here is what we want you to do today:

1. Send an eblast message to your members asking them to send letters to their Representative. You can also post the message to your electronic mailing list. The following approved message should be used.

Subject: Millions will lose access to food – ACT TODAY!

Dear Colleague,

*The House has proposed to cut \$40 billion dollars from nutrition programs, including SNAP and SNAP-Ed, in the Nutrition Reform and Work Opportunity Act. The House will likely vote on this proposal **in the next few days**! The Center for Budget and Policy Priorities has estimated that this proposal would deny up to 6 million people access to the SNAP program. Feeding America estimates that the cuts will translate into a loss of 1.5 billion meals per year for the next 10 years. Click on the following link to send your letters, it takes only a few minutes. <http://bit.ly/1aFndfD>*

It is urgent that members of Congress hear from you. Please take action today.

Your RDN friend,

Insert your name and title

Insert your affiliate or DPG name

2. Respond to the action alert "Oppose Cuts to Nutrition Programs". **Click on the following link to send your letter, it takes only a few minutes.** <http://bit.ly/1aFndfD>

3. Please encourage all board, committee, colleagues and friends to also complete this House action alert. Ask them to send their letter today.

With the events in Washington, D.C. today, our thoughts are with our fellow Americans.

If you have questions, please let me know.

Best regards,

Teresa

Teresa A. Nece, MS, RDN, LD, SNS
Director, Grassroots Advocacy
The Academy of Nutrition and Dietetics
1120 Connecticut Avenue NW, Suite 480
Washington, D.C. 20036
Phone: 800.877.0877 Ext. 6022
Fax: 202.775.8284
Email: tnece@eatright.org

1945. Daily News: Wednesday, September 18, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 18, 2013 10:34:38
Subject: Daily News: Wednesday, September 18, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

Does It Count as a Family Dinner If It's Over in Eight Minutes?

Parents Know About the Benefits to Children of Eating Together, But Many Are Looking for Ways to Make the Meal Last

<http://online.wsj.com/article/SB10001424127887323981304579079720375700820.html>

Related Resource: Kids Eat Right-Family Meals Toolkit

<http://www.eatright.org/Foundation/content.aspx?id=6442468834>

First Lady Calls Summit on Food Marketing

<http://abcnews.go.com/Health/wireStory/lady-calls-summit-food-marketing-20288674>

USDA/Economic Research Service

-Participation in USDAs Child and Adult Care Food Program shifts to child care centers

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=40250&ref=collection>

Reflux disease is common yet often overlooked

A classic symptom such as heartburn is easy to notice. But 'silent' reflux can progress into chronic cough or asthma and not be properly diagnosed.

<http://www.latimes.com/health/la-he-0914-reflux-20130914,0,6608458.story>

Diet quality linked to pancreatic cancer risk

<http://www.reuters.com/article/2013/09/13/us-diet-cancer-idUSBRE98C0O520130913>

Cited: *JNCI: Journal of the National Cancer Institute*

<http://jnci.oxfordjournals.org/content/early/2013/08/07/jnci.djt185.abstract>

JNCI: Journal of the National Cancer Institute

<http://jnci.oxfordjournals.org/content/105/17/1265>

Blueberries, Red Grapes May Boost Body's Immune Function

Compounds in these fruits work alongside vitamin D and specific gene, lab study found

<http://consumer.healthday.com/vitamins-and-nutritional-information-27/antioxidants-news-32/blueberries-red-grapes-may-boost-body-s-immune-function-680216.html>

Source: *Molecular Nutrition and Food Research*

<http://onlinelibrary.wiley.com/doi/10.1002/mnfr.201300266/abstract>

Going Vegan, if Only for a Day

http://www.nytimes.com/2013/09/18/dining/going-vegan-if-only-for-a-day.html?ref=health&_r=0

Related Resource: *Food and Nutrition Magazine*, July/August 2013-The Vegan Issue

http://www.foodnutrimag-digital.com/foodnutrimag/july_august_2013#pg1

Butterball's Turkey Talk-Line will have male operators, male spokesman for the first time

<http://www.startribune.com/business/223858541.html>

Related Resource: HomeFoodSafety.org Advice for Holiday Cooks

<http://homefoodsafety.org/holidays/advice>

MedlinePlus: Latest Health News

-NIH-funded study suggests brain is hard-wired for chronic pain. Brains white matter may determine susceptibility to chronic pain

-Chest Pain Less Common in Female Heart Patients: Study

Emergency staff should be aware of other symptoms of heart attack, unstable angina, researchers say

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the news

Environmental advocates, dietitians leery of palm oil

(Katie Ferraro, RD quoted)

<http://www.sfgate.com/health/article/Environmentalists-dietitians-leery-of-palm-oil-4822518.php>

Five delicious dinners for less than \$2 per serving

(Georgia Kostas, RD & Robin Plotkin, RD both quoted)

<http://www.dallasnews.com/lifestyles/food-wine/food-wine-headlines/20130917-five-delicious-dinners-for-less-than-2-per-serving.ece>

No secret to exceptional benefits, and unexpected flavor, of cauliflower

(By April Graff, RD)

<http://mankatofreepress.com/features/x86522621/Dietitian-No-secret-to-exceptional-benefits-and->

unexpected-flavor-of-cauliflower

Parents are children's nutrition role models

(By Elizabeth Sommerfeld, RD)

http://www.victoriaadvocate.com/news/2013/sep/17/gl_dietitian_dish_091813_219672/?news&health

Grade A meals: Assembling school lunches that won't be thrown in the trash

(Carolyn O'Neil, RD quoted)

http://www.timesreporter.com/entertainment_mobile/x1837086564/Grade-A-meals-Assembling-school-lunches-that-won't-be-thrown-in-the-trash

Practical Nutrition: Apples are nutritional powerhouses

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-apples-are-nutritional-powerhouses/article_7db27259-a01f-539a-9a03-d1a612bf9929.html

Maintaining a healthy diet

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-maintaining-healthy-diet-2166291>

On the Table: Food traditions fading as India modernizes

(By Suzanne Havala Hobbs, RD)

<http://www.newsobserver.com/2013/09/17/3203684/food-traditions-fading-as-india.html>

Obesity affects children at younger age

(Susan Miller, RD quoted)

<http://www.weau.com/home/headlines/Obesity-affects-children-at-younger-age--224156571.html>

Keep weight gain during pregnancy in check

(By Barbara Quinn, RD)

http://www.montereyherald.com/food-wine/ci_24119814/keep-weight-gain-during-pregnancy-check

Vocabulary lesson: We are choosers, not cheaters when it comes to food

(By Sheah Rarback, RD)

<http://www.miamiherald.com/2013/09/16/3631188/vocabulary-lesson-we-are-choosers.html>

Quote of the Week

Other things may change us, but we start and end with the family.

Anthony Brandt

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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To unsubscribe click here:

http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=23132

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-23132-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1946. Invitation to a Private Reception with Glenna McCollumn at FNCE

From: Harold Holler <HHOLLER@eatright.org>

To: Chris Biesemeier <chris.biesemeier@vanderbilt.edu>, Jana Kicklighter <jkicklighter@gsu.edu>, Linda Rocafort (lindarocafort@yahoo.com) <lindarocafort@yahoo.com>, Valeree Williams (vmwilliams15@yahoo.com) <vmwilliams15@yahoo.com>, Catherine Christie (c.christie@unf.edu) <c.christie@unf.edu>, Suzy Weems <suzy_weems@baylor.edu>, Bill Swan (tabillos@gmail.com) <tabillos@gmail.com>, Karen Ehrens (karen@ehrensconsulting.com) <karen@ehrensconsulting.com>, Paula Goedert (pgoedert@BTLaw.com) <pgoedert@BTLaw.com>, Peggy Turner (peggy-turner@ouhsc.edu) <peggy-turner@ouhsc.edu>, Margaret Dittloff (mkdittloff@yahoo.com) <mkdittloff@yahoo.com>, Deirdra Chester (dnchester@nifa.usda.gov) <dnchester@nifa.usda.gov>, Brenda Richardson (brendar10@juno.com) <brendar10@juno.com>, Judy Dodd <jdodddrd@aol.com>, Jaime Lynn Lewis (contemporarynutrition@hotmail.com) <contemporarynutrition@hotmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Ethan Bergman <bergmane@cwu.edu>, Tamara Randall (tlk3@case.edu) <tlk3@case.edu>, Michelle Marshall (mbergermarshall@feedingamerica.org) <mbergermarshall@feedingamerica.org>, Margaret Tate (mjtate@cox.net) <mjtate@cox.net>, Kay Mavko (kmavko@columbus.rr.com) <kmavko@columbus.rr.com>, Julie Grim (juliegr@baylorhealth.edu) <juliegr@baylorhealth.edu>

Cc: Donna Wickstrom <dwickstrom@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Diane Juskelis <DJuskelis@eatright.org>, Diane Moore-Enos <dmoore@eatright.org>, Mujahed Khan <mkhan@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Kay Howarter <KHowarter@eatright.org>, Lindsey Hoggle <LHoggle@eatright.org>, William Murphy <WMurphy@eatright.org>, Marsha Schofield <mschofield@eatright.org>, Sharon McCauley <smccauley@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Matthew Novotny <mnovotny@eatright.org>, Jim Weinland <jweinland@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>

Sent Date: Sep 18, 2013 09:48:15

Subject: Invitation to a Private Reception with Glenna McCollumn at FNCE

Attachment: [image001.png](#)
[INVITE-FNCE_Presidential_Reception.pdf](#)

Good morning

We look forward to seeing all of you at FNCE. Attached you will find an invitation to a private reception with Glenna McCollum during FNCE. Please RSVP as requested in the invitation.

Take care!!

Harold

Harold J. Holler, RDN, LDN

Vice President, Governance & Practice

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

800/877-1600, ext. 4896

hholler@eatright.org

www.eatright.org

1947. Millions Could Lose Access to Food - ACT NOW

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 17, 2013 12:18:02
Subject: Millions Could Lose Access to Food - ACT NOW
Attachment:

Millions Could Lose Access to Food ACT NOW

Having trouble viewing this e-mail? [View it in your browser.](#)

The House has proposed **\$40 billion in cuts to nutrition programs** in a nutrition only Farm Bill. These cuts will undermine the health of millions of Americans.

The House may vote this week.

Tell your Representative to oppose these cuts!

Share this mailing with your social network:

Action Alerts are sent to you as a member of the Academy of Nutrition and Dietetics. If you prefer not to receive future alerts, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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1948. RE: Foundation Conference Call September 17, 2013

From: Susan Burns <Sburns@eatright.org>
To: Susan Burns <Sburns@eatright.org>, Linda Hudson <lhudson@eatright.org>, 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, 'Evelyn Crayton' <craytef@aces.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, 'Eddy, Nancy L' <eddy@bcm.edu>, Joan Schwaba <JSchwaba@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Hannah Amundsen <hamundsen@eatright.org>
Sent Date: Sep 17, 2013 11:12:47
Subject: RE: Foundation Conference Call September 17, 2013
Attachment: [image001.png](#)

Please log back in and dial in.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Susan Burns

Sent: Tuesday, September 17, 2013 10:11 AM

To: Linda Hudson; 'kmcclusky@iammorrison.com'; 'TJRaymond@aol.com'; dwheller@mindspring.com; 'Sonja Connor'; DMartin@Burke.k12.ga.us; 'lauraromig@gmail.com'; Patricia Babjak; 'Evelyn Crayton'; 'jean.ragalie@rosedmi.com'; 'Bier, Dennis M'; 'Mchrist-erwin@porternovelli.com'; 'robert murray'

Cc: Mary Beth Whalen; Katie Brown; Amy Donatell; Beth Labrador; 'Eddy, Nancy L'; Joan

Schwaba; Paul Mifsud; Linda Serwat; Hannah Amundsen

Subject: RE: Foundation Conference Call September 17, 2013

IT is working on the phone issue so had to disconnect the meeting. You should be able to log/call in again shortly. I apologize for the delay.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

From: Linda Hudson

Sent: Wednesday, September 11, 2013 2:19 PM

To: 'kmccclusky@iammorrison.com'; 'TJRaymond@aol.com'; dwheller@mindspring.com; 'Sonja Connor'; DMartin@Burke.k12.ga.us; 'lauraromig@gmail.com'; Patricia Babjak; 'Evelyn Crayton'; 'jean.ragalie@rosedmi.com'; 'Bier, Dennis M'; 'Mchrist-erwin@porternovelli.com'; 'robert murray'

Cc: Mary Beth Whalen; Susan Burns; Katie Brown; Amy Donatelli; Beth Labrador; 'Eddy, Nancy L'; Joan Schwaba; Paul Mifsud; Linda Serwat; Hannah Amundsen

Subject: Foundation Conference Call September 17, 2013

Hello Academy Foundation BOD Members,

As a reminder, our upcoming board call is scheduled for Tuesday, September 17, 2013 at 10:00am (CDT). All documents for the call have been uploaded on the Academy's on-line portal for your review. You are all now active members of the portal which is a web-based communication and project management tool.

You can access the portal by going to <http://www.ada.portalxm.com>. You might be prompted to change your password when you first log in. There are no special requirements other than the login information is case-sensitive. If you currently have a password on the portal you can use that to access the Foundation Board materials. ***Please set up your password and download the documents within the next day or so to ensure that you do not have any issues accessing the information.***

To download the attachments for next Thursday's call, go to www.ada.portalxm.com

1. Select the "Executive Central" section, found on the left menu bar under "Tools."
2. Select the "Foundation BOD" committee
3. Go to the Documents section (left) and click "+" to expand the "Foundation Documents" folder
4. Expand + the "2013 September" folder
5. Select the "2013 September" folder
6. To download all the files at once, select "Download" found on the top menu bar

On Tuesday, please log on and dial into the conference call by using the information below:

Go to

<https://eatright.webex.com/eatright/j.php?ED=29949208&UID=498650667&PW=NZGZhZGJINjE1&RT=MiM3>

Call-in toll-free number: 1-866-477-4564 (US)

Conference Code: 537 767 1744

If you have any trouble setting up your password or accessing the materials, please contact me.
Thanks.

Linda Hudson

Foundation Assistant

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4773

Fax: 312-899-4796

www.eatright.org/foundation

1949. Win an iPad! - Take the 2013 Academy CPT (Procedural) Coding Survey

From: Academy Coding and Coverage Committee <reimburse@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 17, 2013 06:05:29
Subject: Win an iPad! - Take the 2013 Academy CPT (Procedural) Coding Survey
Attachment:

Academy of Nutrition and Dietetics Email

Having trouble viewing this e-mail? [View it in your browser.](#)

Participate in the Academys 2013 CPT (Procedural) Coding Survey - Survey Now Open

You have been randomly selected to participate in the Academy Coding and Coverage Committees 2013 CPT (Procedural) Coding Survey

Health care payment systems are changing, potentially affecting your practice and bottom line. Make your voice heard and help influence Academy activities related to coding and coverage for RDN-provided nutrition services in both the outpatient and inpatient settings. Complete the survey by October 7 and be entered into a drawing to win an iPad, a one-year subscription to Netflix and valuable gift certificates.

[Click here to begin the survey.](#)

If you have questions, contact Marsha Schofield at 1-800-877-1600 ext. 4787 or mschofield@eatright.org.

Thank you!

This email is being sent to you from the Academy of Nutrition and Dietetics.
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Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1950. Professional Development/Succession Planning

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>, 'tjraymond@aol.com' <tjraymond@aol.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>
Sent Date: Sep 16, 2013 10:46:24
Subject: Professional Development/Succession Planning
Attachment:

As part of the ongoing professional development plan for Academy staff, I will be instituting a *Knowledge Is Power* lunch series to provide a broad-based overview of the Academy for both new and tenured staff in a relaxed, open setting. Sessions will illustrate each department's structure and functions as they relate to the Academy's strategic direction. The program will consist of nine (9) one-hour lunchtime sessions over 18-month period beginning in the Fall. Each session will start with a standard, baseline agenda, to be customized as necessary for each department. I will explain how each department contributes to the advancement of the Strategic Plan.

I am also implementing a professional development program with the Executive Team to better cultivate employees for succession across the organization. On Monday, September 30th, we will participate in an Executive Team retreat focusing on emotional intelligence, knowledge management and succession planning. Both activities respond to my performance goal to *develop a succession plan to assure and support the Academy's continued success.*

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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312/899-4856

pbabjak@eatright.org

www.eatright.org

1951. presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 13, 2013 17:49:02
Subject: presentation
Attachment:

Donna,

One more thing; ignore the notes on the slides. I have not updated them and the information is old. I should have deleted the information.

Paul

1952. You deserve VIP Treatment at FNCE!

From: ANDPAC <ANDPAC@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Sep 13, 2013 17:43:09
Subject: You deserve VIP Treatment at FNCE!
Attachment:

You deserve VIP Treatment at FNCE!

Having trouble viewing this e-mail? View it in your browser.

Connect with Us:

Get the VIP Treatment You Deserve at FNCE[®]

Dear Donna,

For the first time ever, the Academys Political Action Committee (ANDPAC) will be offering its top donors VIP treatment at FNCE. Perks include:

- A VIP lounge with computers, internet, TV, snacks and a place to kick back;
- Entrance to an exclusive top donor meet and greet with the ANDPAC Board and current and past Academy Presidents;
- Free admission to the ANDPAC Power Breakfast;
- A personal introduction and photo with Representative Gene Green from Texas;
- Wine and cheese receptions on Sunday and Monday;
- Preferred seating at special events and much more!

Please note that the level of VIP treatment is dependent on your donor level status. To find out more, please contact andpac@eatright.org.

Thank you for your contribution. We look forward to seeing you at FNCE!

Sincerely,
Brenda Richardson, MA, RDN, LD, CD
2013 Chair, ANDPAC Board of Directors

If dietetics is your profession, policy should be your passion!

Federal law requires political committees to report to Federal Election Commission the name, mailing address, occupation and name of employer for each individual whose contributions aggregate in excess of \$200.00 in a calendar year. Corporate contributions are prohibited by law. Individuals can not contribute more than \$2000 per calendar year to the same political action

committee. Donations to ANDPAC are not tax deductible.

This e-mail is a benefit for members of the Academy of Nutrition and Dietetics.
If you prefer not to receive future ANDPAC emails, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

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1953. Attend the ANDPAC Power Breakfast at FNCE

From: ANDPAC <ANDPAC@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Sep 13, 2013 17:16:26
Subject: Attend the ANDPAC Power Breakfast at FNCE
Attachment:

Attend the ANDPAC Power Breakfast at FNCE

Having trouble viewing this e-mail? [View it in your browser.](#)

Connect with Us:

Dear Donna,

You are cordially invited to the ANDPAC Power Breakfast at FNCE on Tuesday, October 22 at 7:30 a.m. The Academys Political Action Committee (ANDPAC) is proud to announce that Representative Gene Green from Texas is scheduled to speak about critical legislation affecting the profession.

The Power Breakfast is open to anyone who has contributed \$100 or more to ANDPAC in 2013. To donate, [click here](#).

Top ANDPAC donors who contribute \$500 or more will receive a special VIP pass to meet and take a photo with Congressman Green.

To RSVP for this event, please email ANDPAC@EatRight.org.

Sincerely,
Brenda Richardson, MA, RDN, LD, CD
2013 Chair, ANDPAC Board of Directors

If dietetics is your profession, policy should be your passion!

Federal law requires political committees to report to Federal Election Commission the name, mailing address, occupation and name of employer for each individual whose contributions aggregate in excess of \$200.00 in a calendar year. Corporate contributions are prohibited by law. Individuals can not contribute more than \$2000 per calendar year to the same political action committee. Donations to ANDPAC are not tax deductible.

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

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1954. Strategic Plan

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Sep 13, 2013 17:05:25
Subject: Strategic Plan
Attachment: [Strategic Plan 082613 - Clean Copy.doc](#)

Attached is the revised draft of the Strategic Plan, incorporating your discussion at the retreat. We will approve it by motion at our October meeting. If you have any further proposed changes, please submit them "replying to all", by September 27th.

Thank you!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

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312/899-4856

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www.eatright.org

1955. New IFT President

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Sent Date: Sep 13, 2013 16:37:27
Subject: New IFT President
Attachment:

I'm pleased to say that although IFT's new 2013-14 president, Janet Collins, PhD, opted not to be an Academy member (we'll work on that!) she is an RD and is consistently using her credential. Please read more about Dr. Collins in an interview with Food Navigator.com.

Click on the link below to read the article:

<http://www.foodnavigator-usa.com/People/New-IFT-president-I-d-like-the-IFT-to-have-a-much-louder-voice-to-be-more-visible>

Pat

Patricia M. Babjak

Chief Executive Officer

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1956. Time on Monday or over the weekend

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 13, 2013 16:29:43
Subject: Time on Monday or over the weekend
Attachment:

Donna,

I am sorry I missed your all. I was going to call you back and realized it was after 4 p.m. EDT. So, pick a time for us to talk and I will make it happen. I am free all Monday morning. Also, you can call me at home over the weekend at 630-750-8311.

Paul

1957. First cut at the HOD

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 13, 2013 11:57:22
Subject: First cut at the HOD
Attachment: [2014 hod fall presentation 2nd version 0913 for donna.ppt](#)

Donna,

Attached is the first draft of the HOD presentation. I tried to put in most of the things you had on your list. You want to run this as a slide show once before you go through the pages. I have added a few “animations”. The theme that I am trying to get across is as follows;

1. We all did well in FY13 thanks to investment returns
2. Reserves are strong across all organizations
3. Academy is investing in the future with new programs and services resulting in a deficit and a reduction in reserves
4. New programs will help the profession grow
5. We are also reducing our focus on Sponsorships, but all funding sources are critical
6. Everything is driven by membership and its growth
7. Still risks in the future.

I will go through each slide so you know what I was thinking. Keep in mind, the title line in each slide are generally “connected” and the key takeaway is in the box at the bottom.

1. Slide 1 – Cover
2. Slide 2 – Intro to FAC for last and this year.
3. Slide 3 – This is really the only area where I talk about “consolidated Academy”. This compares Net Income (which is after investments) and how the CA compares to the budget and to

FY12. In both cases, you can see this was a strong year. This “transitions” over to slide 4

4. Slide 4 – It was a strong year primarily because of Investment returns. Each are listed. I emphasize the more than \$6.6M in total return. This transitions over to slide 5

5. Slide 5 – This shows the reserves for each Academy organization. Naturally, I combined the DPGS/MIGs. ACEND and ANDPAC are here, but, they do not invest their reserves.

6. Slide 6 – I stuck this in to address the Foundation. You can emphasize the Foundation on the previous slide. They have the largest reserves. Their growth is emphasized on slide 6.

7. Slide 7 - This begins the Academy. Emphasis here is investing in the future. Yes, this is a euphemism for a deficit, but, it sounds nicer. Even though we are investing for the future, we will still have appropriate reserves. This transitions to slide 8.

8. Slide 8 – This addresses the areas we are investing in. Similar to the one presented to the Board, but, I added Capital. This transitions to slide 9.

9. Slide 9 – This addresses how we determine where to invest. The list are the top third from the Needs Satisfaction Survey. The ones in red are the ones that will get additional focus in FY14. You can see, they are all red.

10. Slide 10 – This slide is a continuation of the Investment/Deficit from slide 7. Essentially, we are saying not only are we investing, but, we are also seeing a shift in one of our source of funding; sponsorships.

11. Slide 11 – This slide addresses the overall funding sources. As you can see, if you factor in the use of investments, Dues are just 38.1% of the total funding for the Academy in FY14. This transitions to slide 12.

12. Slide 12 – This is to emphasize that all funding sources, dues and non-dues, really starts with membership. This slide addresses the growth over time. Please read the box at the bottom. In the box, I tossed in a little humor. We can delete “Size does matter”.

13. Slide 13 – This addresses where your dues dollars go. But also transitions to slide 14.

14. Slide 14 – This is to emphasize that not all of the funding provided comes from Dues. It repeats slide 11, but, it takes out the dues portion. I would put in something that addresses where the actual dollars all go. However, in doing so, we would have to do a great deal of allocations. People might start picking apart things like Overhead/Administration. I can hear the question; why is Administration 10% (made up) of the overall cost? Or why are we not spending more money on Research?, etc. I can attempt to do that if you like. We have some time.

15. Slide 15 – This slide just address risks.
16. Slide 16 _ this slide just summarizes the other 15.
17. Slide 17 – This slide is to make sure people know they can send an e-mail with questions.

I will continue to work on the detail, wording and animations. Let me know your thoughts. We have time to make any and all adjustments you would like. As always, you can call me at 312-899-4730 or at 630-750-8311 if you have any questions or concerns.

Paul

1958. Daily News & Journal Review: Friday, September 13, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 13, 2013 11:09:48
Subject: Daily News & Journal Review: Friday, September 13, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Score Predicts Gastric Bypass Results in DM

<http://www.medpagetoday.com/Endocrinology/Diabetes/41578>

Source: *Lancet*

[http://www.thelancet.com/journals/landia/article/PIIS2213-8587\(13\)70070-6/fulltext](http://www.thelancet.com/journals/landia/article/PIIS2213-8587(13)70070-6/fulltext)

Drinking Milk in Pregnancy May Lead to Taller Children

http://well.blogs.nytimes.com/2013/09/13/drinking-milk-in-pregnancy-may-lead-to-taller-children/?ref=health&_r=0

Source: *Nature*

<http://www.nature.com/ejcn/journal/vaop/ncurrent/abs/ejcn2013151a.html>

Childhood BP Signals Adult Hypertension

<http://www.medpagetoday.com/Cardiology/Hypertension/41563>

Source: presented at the American Heart Associations High Blood Pressure Research meeting (*HBPR* 2013; Abstract 361. and *HBPR* 2013; Abstract 36)

<http://my.americanheart.org/professional/Session>

s/HBPR/HBPR_UCM_316905_SubHomePage.js
p

More Open Space Leads to Less Diabetes
<http://www.medpagetoday.com/Endocrinology/Diabetes/41564>

Source: *Diabetes Care*
<http://care.diabetesjournals.org/content/early/2013/09/05/dc13-1325.abstract>

Physical fitness boosts brainpower in kids, study finds

<http://www.latimes.com/science/sciencenow/la-sci-sn-physically-fit-kids-learn-better-memory-20130911,0,6326552.story>

Source: *PLOS One*

<http://www.plosone.org/article/info:doi/10.1371/journal.pone.0072666>

Chewing more eating slower affect perceived fullness

<http://www.foodnavigator-usa.com/Markets/Research-Chewing-more-eating-slower-affect-perceived-fullness>

Source: *Trends in Food Science & Technology*

<http://www.sciencedirect.com/science/article/pii/S0924224413001854>

Americans Enjoying More Healthy Years

http://www.nlm.nih.gov/medlineplus/news/fullstory_140612.html

Source: *American Journal of Public Health*

<http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2013.301250>

New U.S. meat label rule survives challenge by meat packers

<http://uk.reuters.com/article/2013/09/11/usa-meat-labeling-idUKL2N0H71H320130911>

Related Resource: Country of Origin Labeling

<http://www.ams.usda.gov/AMSV1.0/COOL>

Prepare to pay more for chocolate

<http://www.chicagotribune.com/business/breaking/chi-chocolate-prices-20130913,0,2719288.story>

Cobiotic delivers dramatic decrease in fasting blood glucose and virtually eliminates diarrhea caused by Metformin in type 2 diabetic: case study

<http://www.foodnavigator-usa.com/Suppliers2/Cobiotic-delivers-dramatic-decrease-in-fasting-blood-glucose-and-virtually-eliminates-diarrhea-caused-by-Metformin-in-type-2-diabetic-Case-study>

Sugar tax best option to limit escalating health problems says Credit Suisse

<http://www.foodnavigator-usa.com/Regulation/Sugar-tax-best-option-to-limit-escalating-health-problems-says-Credit-Suisse>

FDA Extends Comment Period for Proposed action level for Arsenic in Apple Juice

<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm367989.htm>

Source: FDA

<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm367989.htm>

New Recalls by Johnson & Johnson Raise Concern About Quality Control Improvements

<http://www.nytimes.com/2013/09/13/business/new-recalls-by-johnson-johnson-raise-concern-about-quality-control-improvements.html?ref=health>

Placenta-Products Maker MiMedx Draws FDA Attention

<http://online.wsj.com/article/SB10001424127887324094704579067332893468454.html>

MedlinePlus: Latest Health News

- Alzheimer's May Vary, Brain to Brain
- Positive Attitude Linked to Longer Life in Heart Patients
- Tooth Cavities Linked to Lower Risk of Head, Neck Cancer in Study
- Exposure therapy good addition for OCD treatment: study
- New Registry Aims to Serve People With Down Syndrome
- Obesity tied to semi-frequent migraines: study

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

What happens when Bill Gates attacks world hunger? Chicken-less eggs

(Andrea N. Giancoli, Academy Spokesperson quoted)

<http://www.latimes.com/food/dailydish/la-dd-bill-gates-chicken-less-eggs-20130912,0,3264114.story>

The Freshman 15 Trap And How To Avoid The 'Cycle' That Causes It

(Marisa Moore, Academy Spokesperson featured)

http://www.huffingtonpost.com/2013/09/12/freshman-15-trap_n_3914333.html?utm_hp_ref=college

Midnight munchie madness: study shows students binge late-night

(Nancy Parkinson, RD quoted)

<http://www.miamistudent.net/news/campus/midnight-munchie-madness-study-shows-students-binge-late-night-1.3060743>

Gaining Weight? Maybe it isn't Your Fault: Shopping Hungry

(Jennifer Neily, RDN featured)

<http://nightcap.tv.com/2013/09/11/gaining-weight-maybe-it-isnt-your-fault-shopping-hungry/#axzz2easwjQpB>

The Shopping Trick That Helps You Drop Weight

(Heather Stanner, RD quoted)

<http://news.menshealth.com/the-shopping-trick-that-helps-you-drop-weight/2013/09/13/>

Careful Cutting Board Tips to Keep Food Safe

(By Mary Saucier Choate, RDN)

<http://www.coopfoodstore.coop/news/careful-cutting-board-tips-keep-food-safe>

UH Students Can't Graduate Because Of Professor Shortage

(Danielle Vivarttas, dietetic student quoted)

http://www.huffingtonpost.com/2013/09/12/hawaii-students-cant-grad_n_3915420.html

Struggling to get some shut-eye? Here are some foods and drinks that may help you achieve a good night's sleep

(Tara Diversi, Dietitian/Australia quoted)

<http://www.theage.com.au/good-food/food-news/eat-to-sleep-well-20130913-2tox6.html#ixzz2eluHEoFz>

Journal Review

Academy's MNT Provider, August 2013

<http://www.eatright.org/mntprovider/>

- Act now! Help increase access and reimbursement for obesity screening and counseling
- Transitioning to ICD-10 webinars now available
- Provider Enrollment Chain and Ownership System (PECOS) surrogate program to launch soon!
- Nutrition services delivery and payment identified as mega issue
- Question Corner
- Now available! Free online Medicare Education Benefits Course for Kidney Disease

Annals of Nutrition and Metabolism, Online First, September 11, 2013

<http://www.karger.com/Journal/Issue/261110>

Maternal and Paternal Body Mass Index and Offspring Obesity: A Systematic Review

<http://www.karger.com/Article/FullText/350313>

Beneficial Effects of Fresh and Fermented Kimchi in Prediabetic Individuals

<http://www.karger.com/Article/FullText/353583>

British Journal of Nutrition, September 4, 2013

<http://journals.cambridge.org/action/displayIssue?jid=BJN&volumeId=-1&seriesId=0&issueId=-1>

Quality assurance of the international computerised 24 h dietary recall method (EPIC-Soft)

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9000126&fulltextType=RA&fileId=S0007114513002766>

Canadian Journal of Dietetic Practice and Research, Fall 2013

<http://dcjournal.metapress.com/content/r761216vn001/>

Infant Feeding Practices and Children's Weight Status

<http://dcjournal.metapress.com/content/p88042592260g625/?p=5d1421995352475ab5769f78ea394cc1&pi=3>

Predicted and Measured Resting Metabolic Rate in Young, Non-obese Women

<http://dcjournal.metapress.com/content/q761437511660231/?p=5d1421995352475ab5769f78ea394cc1&pi=6>

An Approach to Improve Parent Participation in a Childhood Obesity Prevention Program

<http://dcjournal.metapress.com/content/a62n63t6028u3281/?p=5d1421995352475ab5769f78ea394cc1&pi=9>

Cultivating an Entrepreneurial Mindset

<http://dcjournal.metapress.com/content/30271n04w041qh34/?p=5d1421995352475ab5769f78ea394cc1&pi=10>

Clinical Nutrition, Articles in Press, September 7, 2013

<http://www.sciencedirect.com/science/journal/aip/02615614>

Fast proteins with a unique essential amino acid content as an optimal nutrition in the elderly: growing evidence

<http://www.sciencedirect.com/science/article/pii/S0261561413002422>

Adherence to the Mediterranean diet is associated with the severity of non-alcoholic fatty liver disease

<http://www.sciencedirect.com/science/article/pii/S0261561413002380>

Clinical Nutrition, October, 2013

<http://www.sciencedirect.com/science/journal/02615614/32/5>

Early nasogastric tube feeding versus nil per os in mild to moderate acute pancreatitis: A randomized controlled trial

<http://www.sciencedirect.com/science/article/pii/S0261561412002841>

Validation of a plate diagram sheet for estimation of energy and protein intake in hospitalized patients

<http://www.sciencedirect.com/science/article/pii/S0261561412002786>

Clinical Nutrition Insight, September 2013

(Access abstracts at link below)

<http://journals.lww.com/clinnutrinisight/pages/currenttoc.aspx#-1915957597>

- Interactions Between Diet and Gut Microbes in Inflammatory Bowel Disease
- Dietary Interventions for Inflammatory Bowel Disease: What Works?
- Probiotics and Inflammatory Bowel Diseases
- Probiotics and Pouchitis

Food Control, Articles in Press, September 5, 2013

<http://www.sciencedirect.com/science/journal/aip/09567135>

Home food safety knowledge, risk perception, and practices among Mexican-Americans

<http://www.sciencedirect.com/science/article/pii/S0956713513004088>

Food Quality and Preference, Articles in Press, September 8, 2013

<http://www.sciencedirect.com/science/journal/aip/09503293>

Drink to get drunk or stay healthy? Exploring consumers perceptions, motives and preferences for light beer

<http://www.sciencedirect.com/science/article/pii/S0950329313001389>

Consumer preferences for organically and locally produced apples

<http://www.sciencedirect.com/science/article/pii/S0950329313001468>

Is it Love for Local/Organic or Hate for Conventional? Asymmetric Effects of Information and Taste on Label Preferences in an Experimental Auction

<http://www.sciencedirect.com/science/article/pii/S0950329313001407>

Food Research International, Articles in Press, September 7, 2013

<http://www.sciencedirect.com/science/journal/aip/09639969>

Wine and grape polyphenols A chemical perspective

<http://www.sciencedirect.com/science/article/pii/S0963996913004353>

International Journal of Behavioral Nutrition and Physical Activity, September 8, 2013

<http://www.ijbnpa.org/>

Psychological theory in an interdisciplinary context: psychological, demographic, health-related, social, and environmental correlates of physical activity in a representative cohort of community-dwelling older adults

<http://www.ijbnpa.org/content/10/1/106/abstract>

Interntional Journal of Obesity, September 2013

<http://www.nature.com/ijo/journal/v37/n9/index.html>

Incretin hormones and the satiation signal

http://www.nature.com/ijo/journal/v37/n9/abs/ijo2012208a.html?WT.ec_id=IJO-201309

The associations of anxiety and depression symptoms with weight change and incident obesity: The HUNT Study

<http://www.nature.com/ijo/journal/v37/n9/abs/ijo2012204a.html>

JAMA: Journal of the American Medical Association, Online First, September 12, 2013

<http://jama.jamanetwork.com/onlineFirst.aspx>

Research Letter

Bariatric Surgery in Minority Patients Before and After Implementation of a Centers of Excellence Program

http://jama.jamanetwork.com/article.aspx?articleID=1737520&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=JAMA%3AOnlineFirst09%2F12%2F2013
Viewpoint

Medicare Policy on Bariatric Surgery Decision Making in the Face of Uncertainty

http://jama.jamanetwork.com/article.aspx?articleID=1737520&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=JAMA%3AOnlineFirst09%2F12%2F2013

JAMA: Journal of the American Medical Association, September 11, 2013

<http://jama.jamanetwork.com/issue.aspx>

Medical News & Perspectives: Mediterranean Diet May Reduce Stroke Risk in Individuals With Genetic Predisposition to Diabetes

http://jama.jamanetwork.com/article.aspx?articleID=1737038&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification09%2F10%2F2013

Capitol Health Call

Hearing Raises Questions on Energy Drink Marketing

<http://jama.jamanetwork.com/article.aspx?articleid=1737020>

Journal of Applied Gerontology, October 2013

<http://jag.sagepub.com/content/32/7.toc>

Be Well: Results of a Nutrition, Exercise, and Weight Management Intervention Among At-Risk Older Adults

<http://jag.sagepub.com/content/32/7/889.abstract>

Journal of Applied Gerontology, September 2013

<http://jag.sagepub.com/content/32/6.toc>

The Quality of Feeding Assistance Care Practices for Long-Term Care Veterans
Implications for Quality Improvement Efforts

<http://jag.sagepub.com/content/32/6/669.abstract>

Development and Reliability of the Mealtime Social Interaction Measure for Long-Term Care (MSILTC)

<http://jag.sagepub.com/content/32/6/687.abstract>

Journal of Renal Nutrition, September 2013

<http://www.jrnjournal.org/current>

Pretreatment of Formula or Expressed Breast Milk With Sodium Polystyrene Sulfonate (Kayexalate[®]) as a Treatment for Hyperkalemia in Infants With Acute or Chronic Renal Insufficiency

[http://www.jrnjournal.org/article/S1051-2276\(13\)00095-2/abstract](http://www.jrnjournal.org/article/S1051-2276(13)00095-2/abstract)

Influence of Psychosocial Factors on the Energy and Protein Intake of Older People on Dialysis

[http://www.jrnjournal.org/article/S1051-2276\(13\)00076-9/abstract](http://www.jrnjournal.org/article/S1051-2276(13)00076-9/abstract)

Dietary Protein Restriction for Renal Patients: Don't Forget Protein-Free Foods

[http://www.jrnjournal.org/article/S1051-2276\(13\)00002-2/abstract](http://www.jrnjournal.org/article/S1051-2276(13)00002-2/abstract)

The Impact of Body Weight Management in Chronic Kidney Disease Patients With Obesity

[http://www.jrnjournal.org/article/S1051-2276\(13\)00102-7/abstract](http://www.jrnjournal.org/article/S1051-2276(13)00102-7/abstract)

Correlates of Exercise Capacity in Pediatric Patients on Chronic Hemodialysis

[http://www.jrnjournal.org/article/S1051-2276\(13\)00105-2/abstract](http://www.jrnjournal.org/article/S1051-2276(13)00105-2/abstract)

Morbidity and Mortality Weekly Report (MMWR), September 13, 2013

<http://www.cdc.gov/mmwr/>

Announcements: CDC's New Healthy Aging Data Portfolio

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6236a8.htm?s_cid=mm6236a8_w

QuickStats: Sleep Duration* Among Adults Aged 20 Years, by Race/Ethnicity National Health and Nutrition Examination Survey, United States, 2007-2010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6236a9.htm?s_cid=mm6236a9_w

Nutrition, Articles in Press, September 9, 2013

<http://www.nutritionjrn.com/inpress>

Edible berries: Review on bioactive components and their effect on human health

[http://www.nutritionjrn.com/article/S0899-9007\(13\)00220-7/abstract](http://www.nutritionjrn.com/article/S0899-9007(13)00220-7/abstract)

Antioxidants may not always be beneficial to health

[http://www.nutritionjrn.com/article/S0899-9007\(13\)00218-9/abstract](http://www.nutritionjrn.com/article/S0899-9007(13)00218-9/abstract)

Nutrition Action Health Letter, June 2013

<http://www.cspinet.org/nah/>

Beyond the Buzz

Is what you've heard true or just new?

<http://www.cspinet.org/nah/pdfs/article-beyondthebuzz.pdf>

Nutrition Action Health Letter, July/August 2013

(Subscription required)

<http://www.cspinet.org/nah/>

SOS: Save Our Seafood

What's good for us and the oceans

-Salt: Clearing the air after a confusing report

-Epigenetics

It's what turns you on and off

Nutrition Research, September 2013

<http://www.sciencedirect.com/science/journal/02715317/33/9>

Systematic review of saturated fatty acids on inflammation and circulating levels of adipokines

<http://www.sciencedirect.com/science/article/pii/S0271531713001565>

Caffeine intake reduces sleep duration in adolescents

<http://www.sciencedirect.com/science/article/pii/S0271531713001528>

Nutrition Reviews, September 2013

<http://onlinelibrary.wiley.com/doi/10.1111/nure.2013.71.issue-9/issuetoc>

Evaluating and adapting the Mediterranean diet for non-Mediterranean populations: A critical appraisal

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12040/abstract>

Dietary phytochemicals in cancer prevention and therapy: a complementary approach with promising perspectives

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12051/abstract>

Aligning nutrition assistance programs with the Dietary Guidelines for Americans

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12046/abstract>

Role of dietary factors in survival and mortality in colorectal cancer: a systematic review

<http://onlinelibrary.wiley.com/doi/10.1111/nure.12042/abstract>

Perspectives in Public Health, September 2013

<http://rsh.sagepub.com/content/133/5.toc>

How can 21st century public health research overcome the long-standing frustration associated with dietary assessment?

<http://rsh.sagepub.com/content/133/5/242.extract>

Proceedings of the Nutrition Society, FirstView, September 4, 2013

<http://journals.cambridge.org/action/displayIssue?jid=PNS&volumeId=-1&seriesId=0&issueId=-1>

Reappraisal of SFA and cardiovascular risk.

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8998326>

Public Health Nutrition, FirstView, September 10, 2013

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9003831>

Fourteen-year trends in sodium content of menu offerings at eight leading fast-food restaurants in the USA

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=9003831>

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or send a blank email to leave-23013-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1959. Foundation Conference Call September 17, 2013 (updated 3.1 Financials)

From: Linda Hudson <lhudson@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Evelyn Crayton' <craytef@aces.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>
Cc: Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, 'Eddy, Nancy L' <eddy@bcm.edu>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Hannah Amundsen <hamundsen@eatright.org>
Sent Date: Sep 13, 2013 09:09:32
Subject: Foundation Conference Call September 17, 2013 (updated 3.1 Financials)
Attachment: [image001.png](#)
[3.1 Financial Report.pdf](#)

Hello Academy Foundation BOD,

Please note the corrected version of 3.1 Financials is attached and will be available on the portal this afternoon.. Please review all board materials in advance of our Tuesday meeting.. Thanks and have a wonderful weekend.

On Tuesday, please log on and dial into the conference call by using the information below:

Go to

<https://eatright.webex.com/eatright/j.php?ED=29949208&UID=498650667&PW=NZGZhZGJINjE1&RT=MiM3>

Call-in toll-free number: 1-866-477-4564 (US)

Conference Code: 537 767 1744

Linda Hudson

Foundation Assistant

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4773

Fax: 312-899-4796

www.eatright.org/foundation

1960. RE: Board Photo

From: Doris Acosta <dacosta@eatright.org>
To: Joan Schwaba <JSchwaba@eatright.org>, 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith ' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler ' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie ' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill ' <sandralgill@comcast.net>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Carla Merner <cmerner@eatright.org>, Diane Moore-Enos <dmoore@eatright.org>
Sent Date: Sep 12, 2013 13:16:14
Subject: RE: Board Photo
Attachment: [image001.jpg](#)

Hello Everyone,

Carla and her team will schedule a photographer to take a professional group shot during the Food & Nutrition Conference on **Saturday, October 19, 2013**. To allow enough time for photo prep, please arrange to arrive at the George R. Brown Convention Center General Assembly Theater by **3:15 p.m.**

Here are just a few photo tips:

- Neckline: Simple necklines look better than cluttered ones. A V-neck lengthens the neck; a round neckline shortens it. A collar frames the face well, without taking away length from your neck. A solid color, collared blouse with a V-neck or a few buttons undone is most popular. Avoid turtlenecks because they completely hide the neck and can be unflattering.
- Jackets, blazers: subdued/avoid patterns. Wear solid colors. They are more appealing and authoritative than plaids, stripes or large prints.

- Personal: Wear something that makes you feel great and relaxed.
- Hair: Cut your hair a week before the shoot to allow the trim to settle.

For women:

- Limited Jewelry: Avoid distracting accessories, such as large, shiny jewelry. If you have a pierced ear, wear studs or small hoops. Avoid chunky necklaces, they take the focus away from your face and smile.
- Light Makeup: Avoid heavy makeup! Heavy makeup tends to look caked up. Remember that the cameras and lenses produce images at far higher definition and our job is to flatter you! During finishing of the selected image, we will take care of blemishes and other touch ups on the skin during the basic retouch process J.
- Eyeliner: Soft, applied with a brush sparingly, using very little on the lower lid.

As always, please don't hesitate to contact me with any questions. Look forward to seeing everyone soon in Houston!

Best regards,

Doris Acosta

Director of Strategic Communications

Academy of Nutrition and Dietetics

(formerly the American Dietetic Association)

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120 S. Riverside Plaza, Suite 2000

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800/877-1600, ext. 4822

From: Joan Schwaba

Sent: Thursday, September 12, 2013 10:45 AM

To: 'glenna@glennamccollum.com'; 'Sonja Connor'; 'Ethan A. Bergman'; 'Kathy McClusky';
DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; 'Elise Smith';
'Becky Dorner'; 'Lucille Beseler'; 'Catherine Christie'; 'Margaret Garner'; 'Linda Farr';
dwheller@mindspring.com; 'Marcia Kyle'; 'Joe Derochowski'; 'Sandra Gill'

Cc: Patricia Babjak; Doris Acosta; Carla Merner

Subject: Board Photo

We are returning to our practice of taking an annual Board picture. This year we are shooting it at FNCE prior to Opening Session on Saturday, October 19th. Please arrive at the George R. Brown Convention Center – General Assembly Theater by 3:15 pm to prepare for the photo shoot. More information regarding attire will be coming from Doris Acosta. The activity will also be reflected on the Board FNCE schedule, which you'll be receiving shortly.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1961. Board Photo

From: Joan Schwaba <JSchwaba@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Sonja Connor' <connors@ohsu.edu>, 'Ethan A. Bergman' <bergmane@cwu.edu>, 'Kathy McClusky' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'Elise Smith' <easaden@aol.com>, 'Becky Dorner' <becky@beckydorner.com>, 'Lucille Beseler' <lbeseler_fnc@bellsouth.net>, 'Catherine Christie' <c.christie@unf.edu>, 'Margaret Garner' <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Marcia Kyle' <bkyle@roadrunner.com>, 'Joe Derochowski' <joe.derochowski@connell-group.com>, 'Sandra Gill' <sandralgill@comcast.net>
Cc: Patricia Babjak <PBABJAK@eatright.org>, Doris Acosta <dacosta@eatright.org>, Carla Merner <cmerner@eatright.org>
Sent Date: Sep 12, 2013 11:45:11
Subject: Board Photo
Attachment: [image001.jpg](#)

We are returning to our practice of taking an annual Board picture. This year we are shooting it at FNCE prior to Opening Session on Saturday, October 19th. Please arrive at the George R. Brown Convention Center – General Assembly Theater by 3:15 pm to prepare for the photo shoot. More information regarding attire will be coming from Doris Acosta. The activity will also be reflected on the Board FNCE schedule, which you'll be receiving shortly.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

1962. Daily News: Thursday, September 12, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 12, 2013 11:12:02
Subject: Daily News: Thursday, September 12, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

New AMA Guidance on Revised HIPAA Rules Available

<http://www.healthdatamanagement.com/news/ama-compliance-guidance-hipaa-privacy-security-breach-46567-1.html>

HIPAA: Health Insurance Portability and Accountability Act

<http://www.ama-assn.org/ama/pub/physician-resources/solutions-managing-your-practice/coding-billing-insurance/hipaahealth-insurance-portability-accountability-act.page>

Related Resource: HIPAA Requirements

<http://www.eatright.org/Members/content.aspx?id=7502>

Lawmakers Can Help Diabetes Guideline Uptake
<http://www.medpagetoday.com/Endocrinology/Diabetes/41533>

Source: *American Journal of Preventive Medicine*

http://www.ajpmonline.org/webfiles/images/journals/amepre/AMEPRE_3870-stamped-091013.pdf

Related Resource: MNT Business Practice Tools
<https://www.eatright.org/shop/categories.aspx?id=6442451922>

Drop the cookies: sweet, starchy foods probably cause womens cancer

<http://www.nbcnews.com/health/sweet-starchy-foods-probably-cause-womens-cancer-study-finds->

8C11124866

Source: American Institute for Cancer Research and the World Cancer Research Fund
Endometrial Cancer 2013 Report
<http://www.aicr.org/assets/docs/pdf/reports/2013-cup-endometrial-cancer.pdf>

Vitamin D disappoints in trial for infant diarrhea
<http://www.chicagotribune.com/health/sns-rt-us-vitamin-d-20130911,0,3184729.story>

Source: *Pediatrics*
<http://pediatrics.aappublications.org/content/early/2013/09/04/peds.2012-3986.abstract?sid=af5b7814-380e-4e5f-b3e6-558323a40046>

Less estrogen to blame for older men's flab, lower libido

<http://www.usatoday.com/story/news/nation/2013/09/11/estrogen-aging-men/2794243/>
Source: *New England Journal of Medicine*(2 articles)
<http://www.nejm.org/doi/full/10.1056/NEJMoa1206168>
<http://www.nejm.org/doi/full/10.1056/NEJMe1305307>

C. Diff Rates Doubled in Decade

<http://www.medpagetoday.com/MeetingCoverage/ICAAC/41531>

Source: Presented at the Interscience Conference on Anti-Microbial Agents and Chemotherapy

<http://www.icaac.org/index.php/submit-your-abstract/45-icaac2012/newsroom/1000018-the-rise-in-clostridium-difficile-infections-in-united-states-hospitals-2001-to-2010>

Vegan restaurateurs truck aims to make Prince Georges food desert a little healthier

http://www.washingtonpost.com/local/in-prince-georges-a-push-for-healthier-eating-in-food-deserts/2013/09/11/166f1f46-198f-11e3-8685-5021e0c41964_story.html?hpid=z5

Applying for health insurance? Expect Homework

<http://www.nbcnews.com/health/applying-health-insurance-expect-homework-8C11133123>

Related Resources: FNCE Sessions

-Affordable Care Act: (ACA): What a Long Strange Trip It's Been

<http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=34218>

-Is Your Facility Ready for the Affordable Health Care Act? A Case Study in Reinventing Food and Nutrition Services

<http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=34310>

Health insurance sales hit the mall - and Web

<http://www.usatoday.com/story/news/nation/2013/09/12/health-insurance-sales-retail-stores-malls/2789897/>

GMO labels wont affect supermarket prices study says

<http://www.foodnavigator-usa.com/R-D/GMO-labels-won-t-affect-supermarket-prices-study-says>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

-Effect of Diet Composition on Weight Change and Metabolic Parameters

<http://clinicaltrials.gov/ct2/show/NCT01642849?term=nutrition&rank=23>

Registered Dietitians in the News

Chef's cancer inspires a healthy diet

(Shayna Komar, RD)

<http://www.knoxnews.com/news/2013/sep/11/chefs-cancer-inspires-a-healthy-diet/>

Ask Holly

Whats so great about fiber? Lets count the ways

(By Holly Larson, RD)

<http://www.oxfordpress.com/news/lifestyles/food-cooking/whats-so-great-about-fiber-lets-count-the-ways/nZsT7/>

Diet soda, just another drink on the shelf

(Dianna Schalles, RD quoted)

<http://www.kstatecollegian.com/2013/09/12/diet-soda-just-another-drink-on-the-shelf/>

Break your familys bad eating habits

(Melinda Villarreal, RD & Sally Kuzemchak, RD quoted)

http://www.camplejeuneglobe.com/sports/article_659da148-1b09-11e3-8c44-001a4bcf887a.html

In The Cart: Coconut Oil

(Sheryl Lozicki, RD featured)

<http://www.wzzm13.com/news/article/267469/205/In-The-Cart-Coconut-Oil->

Slowly but surely, teens turning healthy

(Sharon Allsopp, Dietitian/Australia quoted)

<http://www.illawarramercury.com.au/story/1772650/slowly-but-surely-teens-turning-healthy/?cs=298>

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<http://www.eatright.org/positions/>

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1963. Foundation Conference Call September 17, 2013 (updated 4.1 Financials)

From: Linda Hudson <lhudson@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'Evelyn Crayton' <craytef@aces.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, 'Eddy, Nancy L' <eddy@bcm.edu>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Hannah Amundsen <hamundsen@eatright.org>
Sent Date: Sep 12, 2013 09:44:21
Subject: Foundation Conference Call September 17, 2013 (updated 4.1 Financials)
Attachment: [image001.png](#)
[4.1 FY14 Financial Update through July 31, 2013.pdf](#)

Hello Academy Foundation BOD,

Please note the corrected version of 4.1 FY14 Financials has been loaded to the portal and is also attached. We will not go through the entire financial package (3.0 and 4.0) on the call so please review it in advance. Thanks.

On Tuesday, please log on and dial into the conference call by using the information below:

Go to
<https://eatright.webex.com/eatright/j.php?ED=29949208&UID=498650667&PW=NZGZhZGJINjE1&RT=MiM3>

Call-in toll-free number: 1-866-477-4564 (US)

Conference Code: 537 767 1744

Linda Hudson

Foundation Assistant

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4773

Fax: 312-899-4796

www.eatright.org/foundation

1964. Foundation Matters - Summer 2013

From: Academy of Nutrition and Dietetics Foundation <foundation@eatright.org>
To: Donna S Martin RD LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 11, 2013 22:00:46
Subject: Foundation Matters - Summer 2013
Attachment:

Academy Foundation Email

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Connect with the Foundation:

Foundation Matters

Summer 2013 Issue

Foundation Matters is a quarterly electronic newsletter that covers current Foundation activities. It is sent to Academy members who have donated to the Foundation.

[View Issue](#)

In This Issue

- A Message from Kathy McClusky, MS, RD, FADA, Foundation Chair
- Kids Eat Right Update
- Join the Eat Right Society!
- Legacy Society
- Awards and Research Grants Program

Share this mailing with your social network:

This e-mail is a benefit for members of the Academy of Nutrition and Dietetics Foundation. If you prefer not to receive future alerts, simply follow this link to unsubscribe.

You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics

120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1965. Eat Right Weekly - September 11, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 11, 2013 17:45:23
Subject: Eat Right Weekly - September 11, 2013
Attachment:

Eat Right Weekly
September 11, 2013

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[On the Pulse of Public Policy](#)
[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Millions of Households Struggled with Food Insecurity in 2012

Federal nutrition programs, like the Supplemental Nutrition Assistance Program, National School Lunch and Breakfast Program and the Special Supplemental Women Infants and Children Program, have provided a bridge for citizens during this time of economic downturn. Nevertheless, the percentage of those that are food insecure still remains high.

[Learn More >>](#)

Issue of Hunger Highlighted During September

According to a new report from USDA, one in six Americans (or 48.9 million) lived in households that struggled against hunger in 2012. September is Hunger Action Month, spotlighting the important issue of food insecurity in America, and offering a variety of opportunities to get involved and end hunger from the Academy and other organizations.

[Learn More >>](#)

Texas Representative, Gene Green, Scheduled to Speak at ANDPAC Power Breakfast

The Academy's Political Action Committee (ANDPAC) will be hosting its annual Power Breakfast at FNCE. This year U.S. Representative Gene Green (Tex.) will speak to Academy members about critical legislation affecting the profession.

[Learn More >>](#)

Congress is Back in Session; Make Sure They Know about TROA

Take two minutes to educate your member of Congress about the importance of increasing seniors' access to intensive behavioral therapy (IBT) for obesity. The Treat and Reduce Obesity Act (TROA) would allow registered dietitian nutritionists to independently bill for IBT services outside of, but in conjunction with, the primary care setting.

[Learn More >>](#)

Academy Works to Carve out the RDN's Role in 2014 Medicare Physician Fee Schedule

The Academy has submitted comments to the Centers for Medicare & Medicaid Services regarding the proposed rule "Payment Policies Under the Physician Fee Schedule and Other Revisions to Part B for CY2014." The Academy's comments support the role of registered dietitian nutritionists beyond the MNT benefit in improving clinical outcomes and saving dollars for the Medicare program and the patients it serves.

[Learn More >>](#)

Webinar September 12: Energize Your Day with School Breakfast

The USDA Food and Nutrition Service and the President's Council on Fitness, Sports, and Nutrition (PCFSN) have teamed up to present the "Energize Your Day with School Breakfast" webinar on September 12 at 2 p.m. ET. Every day, the School Breakfast Program puts 12 million children on the right path to better health, 87 percent of which are eligible for free or reduced-price meal. Find out how to establish or expand this important program in your community.

[Learn More >>](#)

Does your Facility's Electronic Health Records include Nutrition?

The HITECH Act enacted in 2009 seeks to improve American health care delivery and patient care through an unprecedented investment in Health IT. Fifty percent of facilities are already using Electronic Health Records (EHR); it is critical to our profession and to the health of patients that nutrition is included. Help drive adoption in your community.

[Learn More >>](#)

Enter the Nutrition Informatics Video Challenge and Win a Free iPad at FNCE

Every day, nutrition informatics plays an important role in the health of Americans - show us how! Create an innovative video sharing how you use nutrition informatics in your work and you could

win a free iPad. The winning video will be showcased at the Genius Zone-Nutrition Informatics Booth (1352) on the Expo floor at the Academy's Food & Nutrition Conference & Expo, where you can also learn about the Academy's various exciting nutrition informatics initiatives.

[Learn More >>](#)

CPE Corner

Live Webinar: Allergy, Sensitivity or Autoimmune Disorder? Food Allergies and Celiac Disease Uncovered

What's up in the gut? This webinar will help you identify important characteristics and differences between food allergies, sensitivities and celiac disease. Diagnosis and treatment, as well as keys to practice, will be discussed. This session is for the practitioner who already has a basic knowledge of these issues and is ready for an update on the latest recommendations and research.

[Learn More >>](#)

Webinar: As a Dietetics Student, Your Future is in Your Hands!

We invite all dietetics students to participate in a live webinar on November 12 to gain insight into the study's implications for a future career as a dietetics professional. This information is critical to refine the educational preparation needed to better oneself for a future that will present new challenges and opportunities for the dietetics profession.

[Learn More >>](#)

Webinar: The Dietetics Workforce Demand Study: What Does it Mean to You as a Dietetics Educator?

In this November 14th session, dietetics educators will gain insight into the study's implications for dietetics education. This information will assist them in refining the educational preparation of dietetics students to prepare them for a future that will present new challenges and opportunities for the dietetics profession.

[Learn More >>](#)

Webinar: The Dietetics Workforce Demand Study: What Does it Mean to You as a Clinical Nutrition Manager?

In this November 19th session, clinical nutrition managers will gain insight into the study's implications for clinical nutrition practice. This information will prepare them for a future that will present new challenges and opportunities for the dietetics profession.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Support the Foundation While Earning CPE Hours at FNCE

The theme of the Foundation Nutrition Symposium at this year's Food & Nutrition Conference & Expo is "Nutrients and Micronutrients and Early Cognitive Development." Attendees will get the opportunity to explore the role of nutrition in cognitive development, including the direct effects of nutrition on the brain; transient nutritional effects that compound over time; and indirect effects of nutrition through improved health, all while earning CPE credits and supporting the Academy Foundation.

[Learn More >>](#)

At FNCE: Innovations in Food Distribution and Nutrition Education at Food Banks

Through Kids Eat Right, the Foundation is working with Feeding America to raise awareness of the issue of nutrition and food insecurity. Take an insider's tour of the nation's largest Feeding America food bank, learn about their model programs and participate in a lively discussion with national leaders about strategies to increase access to healthy foods for all Americans

[Learn More >>](#)

Free Scope of Practice Self-Study Modules

Two free, pre-recorded self-study modules on the Academy Scope of Practice are now available for registered dietitian nutritionists and dietetic technicians, registered: For Practitioners: "Academy Scope of Practice - A Tool for Determining Competence and Advancing Practice"; and for educators: "Academy Scope of Practice What Educators and Students Need to Know."

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all

Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease (CKD) and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

Career Resources

New! The Nutrition Care Process in Pediatric Practice

This easy-to-use guide shows how to incorporate standardized language - the International Dietetics & Nutrition Terminology (IDNT) - into everyday pediatric practice. *Available in print, online-only and print+online versions.*

[Learn More >>](#)

FNCE, There's an App for That!

The Academy is excited to introduce the first ever Food & Nutrition Conference & Expo App for attendees and exhibitors! This FREE app is a great tool for you to use onsite to view session information, create your personalized schedule, map out your route on the Expo floor and much more! Stay up to date on the latest announcements during FNCE with our app! Download it now for Apple mobile devices or Android mobile devices.

September Book of the Month: *Counseling Overweight and Obese Children and Teens*

Save 10% during September on this guide that shows registered dietitians how to tailor and provide appropriate nutrition counseling for overweight and obese children and adolescents between the ages of 5 and 18.

[Learn More >>](#)

New Academy *Pocket Guide to Pediatric Nutrition Assessment*

Newly updated, the second edition of the Academy's comprehensive and easy-to-navigate guide is an essential tool for any registered dietitian nutritionist who provides nutrition care to pediatric patients. *Available in print, online-only and print+online versions.*

[Learn More >>](#)

Pre-FNCE Workshop and Excursion Registration Extended

Registration for pre-FNCE workshops and excursions registration has been extended to Friday, September 20. Events on Monday, October 21, are sold out, but space remains for Saturday, October 19, events.

[Learn More >>](#)

With September Comes National Food Safety Education Month

Celebrate National Food Safety Education Month by sharing important tips to protect against the spread of colds, flu and food poisoning. Use this month to remind clients that food safety is a year-round necessity with free resources for Academy members and the public from the award-winning Home Food Safety program.

[Learn More >>](#)

Get a Professional Headshot at FNCE

Sign up to have a professional headshot photo taken at the Food & Nutrition Conference & Expo.

[Learn More >>](#)

Updated Code of Ethics Reading List

The Ethics Committee has updated the Code of Ethics "For Further Reading List" for use by educators, students and practitioners in nutrition and dietetics.

[Learn More >>](#)

Academy Member Updates

"Where Healthcare Meets Hospitality"

The Association for Healthcare Foodservice will celebrate Healthcare Foodservice Workers Week October 7 to 13. This year's theme is "Where Healthcare Meets Hospitality."

[Learn More >>](#)

Meet the Editor-in-Chief of the *Journal* at FNCE

Why should you take a few minutes to meet the editor-in-chief? Every time you receive the *Journal*, you'll know that you personally shared a professional moment with its chief! Join the new editor-in-chief of the *Journal of the Academy of Nutrition and Dietetics*, Linda Snetselaar, PhD, RDN, LD, for a meet and greet on Sunday, October 20, from 1:00 - 2:00 p.m. at the *Journal* booth (#305) at the Food & Nutrition Conference & Expo in Houston, Texas. Snetselaar will be on hand to discuss topics relating to publishing research and current and future directions of the *Journal*.

Philanthropy, Awards and Grants

Foundation's Kids Eat Right Gala at FNCE

The Foundation will host a legendary evening of gourmet food, spectacular entertainment and dancing on Monday, October 21, at the Food & Nutrition Conference & Expo.

[Learn More >>](#)

Kids Eat Right Mini-Grant Opportunity

To support the use of Kids Eat Right toolkits, fifty \$200 grants are available. Recipients agree to give two presentations between September 30 and November 29 from any of the seven Kids Eat Right toolkits.

[Learn More >>](#)

Kids Eat Right News Bite Quarterly Newsletter

Kids Eat Right News Bite is a quarterly newsletter filled with pictures and stories to highlight the great work that is being done to help kids eat right around the world. Learn about the latest Kids Eat Right projects and programs and get a sneak peek into what's to come!

[Learn More >>](#)

CDR Leadership Grant

The deadline is November 1 to apply for the Commission on Dietetic Registration's Leadership Grant Award, which provides financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training.

[Learn More >>](#)

CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian

nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

Foundation's Student Stipends Allow Tomorrow's RDNs to Attend FNCE

The Foundation is able to award student stipends to attend the Food & Nutrition Conference & Expo thanks to the generosity of dietetic practice groups, state affiliates and individual Academy members.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics.

To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

If you prefer not to receive *Eat Right Weekly*, simply follow this link to unsubscribe.

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1966. HOD presentation

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 11, 2013 15:59:27
Subject: HOD presentation
Attachment:

Donna,

Just wanted to let you know I will have a draft of the HOD Treasurer presentation by Friday. I am nearly complete, but, I am an iterative creator. Not sure that I like what I have. I will hit upon all of the information in your notes. The one thing I am struggling with is how detailed do we get on “where all of the money goes”. It is easy to deal with the dues revenue. On the total use of funds, it takes a little more movement of accounts and dollars. I will see how I can create the information in a way necessary to get the point across.

Paul

1967. Foundation Conference Call September 17, 2013

From: Linda Hudson <lhudson@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'Sonja Connor' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, 'Evelyn Crayton' <craytef@aces.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, 'robert murray' <murraymd@live.com>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, 'Eddy, Nancy L' <eddy@bcm.edu>, Joan Schwaba <JSchwaba@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Hannah Amundsen <hamundsen@eatright.org>
Sent Date: Sep 11, 2013 15:19:18
Subject: Foundation Conference Call September 17, 2013
Attachment: [image001.png](#)

Hello Academy Foundation BOD Members,

As a reminder, our upcoming board call is scheduled for Tuesday, September 17, 2013 at 10:00am (CDT). All documents for the call have been uploaded on the Academy's on-line portal for your review. You are all now active members of the portal which is a web-based communication and project management tool.

You can access the portal by going to <http://www.ada.portalxm.com>. You might be prompted to change your password when you first log in. There are no special requirements other than the login information is case-sensitive. If you currently have a password on the portal you can use that to access the Foundation Board materials. ***Please set up your password and download the documents within the next day or so to ensure that you do not have any issues accessing the information.***

To download the attachments for next Thursday's call, go to www.ada.portalxm.com

1. Select the "Executive Central" section, found on the left menu bar under "Tools."

2. Select the “Foundation BOD” committee
3. Go to the Documents section (left) and click “+” to expand the “Foundation Documents” folder
4. Expand + the “2013 September” folder
5. Select the “2013 September” folder
6. To download all the files at once, select “Download” found on the top menu bar

On Tuesday, please log on and dial into the conference call by using the information below:

Go to

<https://eatright.webex.com/eatright/j.php?ED=29949208&UID=498650667&PW=NZGZhZGJINjE1&RT=MiM3>

Call-in toll-free number: 1-866-477-4564 (US)

Conference Code: 537 767 1744

If you have any trouble setting up your password or accessing the materials, please contact me.
Thanks.

Linda Hudson

Foundation Assistant

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4773

Fax: 312-899-4796

www.eatright.org/foundation

1968. Call to discuss personal service plan

From: Susan Burns <Sburns@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Cc: 'McClusky, Kathy' <KathyMcClusky@IamMorrison.com>, Linda Hudson <lhudson@eatright.org>
Sent Date: Sep 11, 2013 14:53:09
Subject: Call to discuss personal service plan
Attachment: [image001.png](#)
[D. Martin Personal Plan.docx](#)

Hi Donna. Thank you for your support of the Academy of Nutrition and Dietetics Foundation through your service on the Foundation's Board of Directors. Each fall, the Foundation develops personal service plans for each member. These serve as a discussion starting point for how we can make your time on the Board meaningful while fulfilling the mission and vision of the Foundation. A draft of this plan is attached. We would like to set up a call to discuss your plan and anticipate no more than 30 minutes of your time. I have copied Linda Hudson who is coordinating these calls and will reach out to you shortly with some suggested time over the next few weeks. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312-899-4752

www.eatright.org/foundation

1969. RE: President's Council on Fitness, Sports & Nutrition

From: Patricia Babjak <PBABJAK@eatright.org>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, Ethan A. Bergman <bergmane@cwu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky Dorner <becky@beckydorner.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, Margaret Garner <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle <bkyle@roadrunner.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Sandra Gill <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Doris Acosta <dacosta@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Susan Burns <Sburns@eatright.org>
Sent Date: Sep 11, 2013 12:11:37
Subject: RE: President's Council on Fitness, Sports & Nutrition
Attachment: [image001.jpg](#)

Should you wish to congratulate Penny, her contact information follows.

Penny M. Kris-Etherton, PhD, RD
319 Chandlee Lab
University Park, PA 16802

pmk3@psu.edu

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

From: Patricia Babjak

Sent: Tuesday, September 10, 2013 4:23 PM

To: glenna@glennamccollum.com; Sonja Connor; Ethan A. Bergman; Kathy McClusky; DMartin@Burke.k12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; Elise Smith ; Becky Dorner; Lucille Beseler ; Catherine Christie ; Margaret Garner; 'Linda Farr'; dwheller@mindspring.com; Marcia Kyle; Joe Derochowski; Sandra Gill

Cc: Executive Team Mailbox; Karen Lechowich; Chris Reidy; Mary Ann Taccona; Doris Acosta; Alison Steiber; Susan Burns

Subject: President's Council on Fitness, Sports & Nutrition

I am pleased to inform you that Penny Kris-Etherton, PhD, RD, has been appointed to the President's Council on Fitness, Sports & Nutrition (PCFSN) Science Board beginning January 2014. The President's Council promotes programs and initiatives that motivate people of all ages, backgrounds, and abilities to lead active, healthy lives. Its mission is to engage, educate, and empower all Americans to adopt a healthy lifestyle that includes regular physical activity and good nutrition. They are looking to draw upon Penny's expertise over the next three years. Our last representative was Susan Finn, PhD, RD, FADA, in 2008-2009.

Another example of us being at the table!

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606

312/899-4856

pbabjak@eatright.org

www.eatright.org

1970. Daily News: Wednesday, September 11, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 11, 2013 11:43:36
Subject: Daily News: Wednesday, September 11, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Program Boosts Some Healthy Habits in Kids

<http://www.medpagetoday.com/Pediatrics/Obesity/41504>

Source: *JAMA Pediatrics*

<http://archpedi.jamanetwork.com/article.aspx?articleid=1735654>

USDA/Economic Research Service

-Serving school children a healthier mix of vegetables raises vegetable consumption

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=40136&ref=collection>

Now on school menu: Meatless Mondays

<http://www.utsandiego.com/news/2013/Sep/09/san-diego-unified-meatless-Mondays/?#article-copy>

Related Resource: National School Lunch Program (NSLP)

<http://www.fns.usda.gov/slp>

Sports supplement designer has history of risky products

<http://www.usatoday.com/story/news/nation/2013/07/25/bodybuilding-supplement-designer-matt->

cahill-usa-today-investigation/2568815/

How Exercise Can Help Us Eat Less

<http://well.blogs.nytimes.com/2013/09/11/how-exercise-can-help-us-eat-less/?ref=health>

Get the Real Answers on What Those Food Expiration Labels Mean

<http://abcnews.go.com/blogs/lifestyle/2013/09/get-the-real-answers-on-what-those-food-expiration-labels-mean/>

Related Resource: Home Food Safety

www.homefoodsafety.org

EHRs Tied to Fewer Admissions

<http://www.medpagetoday.com/PrimaryCare/GeneralPrimaryCare/41501>

Related Resource: Nutrition Informatics/HITECH Act

[http://www.eatright.org/informatics/FNCE Session- Electronic Medical Record Simulation to Enhance MNT Learning](http://www.eatright.org/informatics/FNCE%20Session-ElectronicMedicalRecordSimulationtoEnhanceMNTLearning)
<http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=34154>

Report: Boomers face crisis in cancer care

<http://www.usatoday.com/story/news/nation/2013/09/10/baby-boomers-cancer-care/2793109/>

Source: Institute of Medicine (IOM)

<http://www.iom.edu/Reports/2013/Delivering-High-Quality-Cancer-Care-Charting-a-New-Course-for-a-System-in-Crisis.aspx>

An alternative to crushed bugs? Chr. Hansen explores producing carmine via controlled fermentation process

<http://www.foodnavigator-usa.com/Suppliers2/An-alternative-to-crushed-bugs-Chr.-Hansen-explores-producing-carmine-via-controlled-fermentation-process>

The Biggest Office Interruptions Are...come from co-workers

<http://online.wsj.com/article/SB10001424127887324123004579057212505053076.html>

MedlinePlus: Latest Health News

-Boosting Teens' Mental Well-Being Is Goal of New Skills Program

-FDA Announces New Safety Measures for Narcotic Painkillers

-Smoking Plus Asthma in Pregnancy May Make for 'Dangerous Situation'

-Black Americans at Raised Risk of Insufficient Sleep, Study Finds

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

What's Cooking: Book changes the way Des Peres woman thinks of food

(Elizabeth Cowie, RD quoted)

http://www.stltoday.com/lifestyles/food-and-cooking/what-s-cooking-book-changes-the-way-des-peres-woman/article_4b8394a4-a164-51df-a473-b068aa7f1c78.html

HEALTHY EATING: Fall harvest of plenty

(By Joan Endyke, RD)

<http://www.tauntongazette.com/entertainment/x2139010824/HEALTHY-EATING-Fall-harvest-of-plenty>

Extreme heat causes at least 3 Indianapolis-area school districts to cancel practices, games

(Lindsay Langford, RD quoted)

<http://www.indystar.com/article/20130910/NEWS/309100046/Extreme-heat-forces-schools-cancel-outdoor-activities>

Turn off the heat

(Sharon Himmelstein, RD quoted)

<http://www.abqjournal.com/260742/living/food/turn-off-the.html>

Nutrition Q&A: Getting fiber from whole grains

(By Hope Warshaw, RD; Joanne Slavin, RD & Carlene Thomas, RD quoted)

http://www.washingtonpost.com/lifestyle/wellness/nutrition-qanda-getting-fiber-from-whole-grains/2013/09/10/0133c172-1700-11e3-a2ec-b47e45e6f8ef_story.html

What you need to know about multivitamins

(Tara Gidus, RD quoted)

<http://www.foxnews.com/health/2013/09/11/what-need-to-know-about-multivitamins/>

NUTRITION KNOW-HOW: Appetizers: Utilize technology to manage your weight

(By Mia Gibson, RD)

http://www.oaoa.com/people/food/nutrition_know_how/article_f511f97c-1a79-11e3-adf1-001a4bcf6878.html

Jenny Craig vs. Weight Watchers vs. Nutrisystem: Which is the Best Diet Plan Out There?

(Jessica Lehmann, RDN quoted)

<http://www.thelistshow.tv/the-list/national/jenny-craig-vs-weight-watchers-vs-nutrisystem-which-is-the-best-diet-plan-out-there>

The Mushroom Diet Raises Questions

(Tanya Zuckerbrot, RD quoted)

<http://www.kmbz.com/The-Mushroom-Diet-Raises-Questions/17259799>

Want the body of a collegiate athlete? Eat like one

(By Jill Koegel, RD)

<http://www.omaha.com/article/20130911/LIVEWELL25/130919856>

Standards, restaurants help diners with celiac disease

(By Carolyn ONeil, RD)

<http://www.southcoasttoday.com/apps/pbcs.dll/article?AID=/20130911/LIFE07/309110308>

Throwing red meat to the researchers

(By Barbara Quinn, RD)

http://www.montereyherald.com/barbaraquinn/ci_24067173/throwing-red-meat-researchers

Cited: *Food and Nutrition Magazine*

-Color Confusion: Identifying Red Meat and White Meat

<http://www.foodandnutrition.org/January-February-2013/Color-Confusion-Identifying-Red-Meat-and-White-Meat/>

Practical Nutrition: Benefits of rice are often overlooked

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-benefits-of-rice-are-often-overlooked/article_7331b3ed-50d1-5dfc-949d-a7400cbfaf45.html

Healthy routine helps kids

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-healthy-routine-helps-kids-2157547>

When gardening is so much cooler than recess

(Kathy Cappellano, RD quoted)

<http://www.bostonglobe.com/lifestyle/food-dining/2013/09/10/hey-dude-gardening-much-cooler-than-recess/eCYLxXGDyBE2jri4lbz5fl/story.html>

Schools improve nutrition, Gwinnett exceeds USDA guidelines

(The district also publishes monthly nutrition newsletters on its web site, where it also has an Ask the Dietitian feature).

<http://www.gwinnettdailypost.com/news/2013/sep/10/school-districts-show-nutrition-improvements/>

Quote of the Week

No day shall erase you from the memory of time

Inscription at the National September 11 Memorial & Museum

The Academys Position Papers and Practice Papers are available at:

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or send a blank email to leave-22930-

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From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
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Subject: FNCE® Information at Your Fingertips!
Attachment:

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View the **Exhibitor List**, search for exhibitors, mark exhibitors with "visited" tags, request meetings, add personal notes, and map their booth location.

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1972. Shipment Confirmation from The Academy of Nutrition and Dietetics

From: sales@eatright.org
To: DMARTIN@BURKE.K12.GA.US
Sent Date: Sep 10, 2013 20:34:57
Subject: Shipment Confirmation from The Academy of Nutrition and Dietetics
Attachment:

SHIP CONFIRMATION

Thank you for ordering from The Academy of Nutrition and Dietetics.

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Order Summary

ADA Order Number: 0001207420

Order Date: 09/06/2013

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706 5545393

Shipping Information

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Shipping MethodTracking Number UPS Ground 1Z6EA4660324674095

Item #DescriptionQtyDate Shipped 4750NUTRITION CARE PROCESS IN PEDIATRIC
PRACTICE109/10/2013

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1973. RE: Availability - September 2014 Childhood Weight Management Program

From: Pearlie Johnson <PJohnson@eatright.org>
To: kathy.cobb@snet.net <kathy.cobb@snet.net>, Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, dkibbe@gsu.edu <dkibbe@gsu.edu>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Hassink, Sandra <Sandra.Hassink@nemours.org>, Sothern, Melinda <msothe@lsuhsc.edu>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
Sent Date: Sep 10, 2013 17:44:27
Subject: RE: Availability - September 2014 Childhood Weight Management Program
Attachment: [image001.png](#)

We are still exploring some options for a program in September 2014. We also have located availability in Newport Beach, California. The possible dates are:

September 4-6, 2014

September 17-19, 2014

Are you available?

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: Pearlie Johnson

Sent: Saturday, September 07, 2013 9:56 AM

To: 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles'; 'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Sothorn, Melinda'; 'Isadora Nogueira'

Subject: Availability - September 2014 Childhood Weight Management Program

The June 2014 dates will not work based on faculty availability. Therefore, we are exploring September 2014. We have located availability in Irvine, CA, for September 26-28, 2014 (Friday – Sunday). Are you available?

Thank you and hope you are having a good weekend.

Pearlie Johnson-Freeman, MBA

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Commission on Dietetic Registration

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phone: 312-899-4839

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pjohnson@eatright.org

1974. JUST RELEASED: Two New Pediatric Publications from the Academy!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 10, 2013 13:12:17
Subject: JUST RELEASED: Two New Pediatric Publications from the Academy!
Attachment:

JUST RELEASED: Two New Pediatric Publications from the Academy!

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Academy of Nutrition and Dietetics Pocket Guide to Pediatric Nutrition Assessment, Second Edition

Updated and expanded! Covers the use of CDC, WHO, and specialized growth charts; vitamin D recommendations; and screening information. This is an essential tool for any RDN who provides nutrition care to pediatric patients.

[Learn More!](#)

The Nutrition Care Process in Pediatric Practice

Chart confidently using the NCP! Custom-made for pediatric practice, the guide provides assessment terms, sample PES statements, intervention terminology and monitoring and evaluation examples for 15 conditions RDNs may encounter in this setting.

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1975. Daily News: Tuesday, September 10, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 10, 2013 11:12:08
Subject: Daily News: Tuesday, September 10, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Nominations for 2014 Election

The Nominating Committee is seeking nominations for leaders with the skills and vision to further the profession and the Academy's strategic plan for the 2014 Election. Nominations for president-elect, speaker-elect and treasurer-elect close September 9, 2013. For more information please visit www.eatright.org/elections

Heavy kids face health problems, have few options

<http://www.usatoday.com/story/news/nation/2013/09/09/severely-obese-medical-risks/2781343/>

Source: *Circulation*

<http://circ.ahajournals.org/content/early/2013/09/09/CIR.0b013e3182a5cfb3.abstract>

Related Resource: ***Pediatric Nutrition Care Manual***

<http://peds.nutritioncaremanual.org/welcome.cfm>

8 Surprising Effects of Obesity

<http://abcnews.go.com/Health/surprising-effects-obesity/story?id=20204869>

Tight Sugar Control No Help After MI

<http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/41465>

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1735896>

Related Resource: **Diabetes Nutrition Resources**

<https://www.eatright.org/shop/categories.aspx?id=252>

Fatty Liver Disease: More Prevalent in Children

http://online.wsj.com/article/SB10001424127887324549004579064903051692782.html?mod=WSJ_LifeStyle_Lifestyle_5

Diabetes Epidemic Grows in China

<http://www.nytimes.com/2013/09/10/health/diabetes-epidemic-grows-in-china.html?ref=health>

Source: *The Journal of the American Medical Association*

<http://jama.jamanetwork.com/article.aspx?articleid=1734701>

Related Resource: Diabetes Research and Statistics

<http://www.cdc.gov/diabetes/consumer/research.htm>

Myths Surround Breakfast and Weight

http://well.blogs.nytimes.com/2013/09/10/myths-surround-breakfast-and-weight/?ref=health&_r=0

Source: *The American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/early/2013/09/04/ajcn.113.064410.abstract?sid=ba9f5ccb-5090-4c43-86c4-5d631bacf502>

Intensive care treatment is often futile and costly, study finds

<http://www.latimes.com/science/sciencenow/la-sci-intensive-care-futile-20130909,0,7833408.story>

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1735896>

Related Resource: Academy Position- Ethical and Legal Issues in Feeding and Hydration

<http://www.eatright.org/About/Content.aspx?id=8408>

Packaged Baby Foods Fail to Meet Weaning Needs

<http://www.medpagetoday.com/PrimaryCare/DietNutrition/41480>

Source: *Archives of Disease in Childhood*

<http://adc.bmj.com/content/early/2013/08/13/archdischild-2012-303386.abstract>

Prepare for extreme weather by stockpiling supplies and planning for outages

http://www.washingtonpost.com/national/health-science/prepare-for-extreme-weather-by-stockpiling-supplies-and-planning-for-outages/2013/09/09/1eb3794c-06aa-11e3-88d6-d5795fab4637_story.html

Related Resource: Emergency Preparedness What RDNs and DTRs Should Know

<http://www.eatright.org/Members/content.aspx?id=2187>

Recipes for Disaster: Keep safe from food poisoning

<http://www.cdc.gov/features/RecipesForDisaster/index.html>

Related Resource: Home Food Safety

www.homefoodsafety.org

New Medicaid patients may be younger than states feared, study finds

<http://www.nbcnews.com/health/new-medicaid-patients-may-be-younger-states-feared-study-finds-8C11116642>

Source: *Annals of Family Medicine*

<http://www.annfammed.org/content/11/5/406.abstract?sid=71dfeb30-c6dd-4a72-a416-d1d2b931f617>

Stem Cell Treatments Overtake Science

<http://www.nytimes.com/2013/09/10/health/stem-cell-treatments-overtake-science.html?ref=health>

Plastic contamination scare prompts General Mills Pillsbury recall- Cinnamon Rolls with icing

<http://www.foodnavigator-usa.com/Manufacturers/Plastic-contamination-scare-prompts-General-Mills-Pillsbury-recall>

MedlinePlus: Latest Health News

-Flu Season Is Around the Corner - Get Vaccinated to Protect You and Your Loved Ones from Flu
-Mammogram Screening Under 50

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Lake County Free Clinic program giving prescriptions for fruits, vegetables

(Cori Kitaura, RD quoted)

<http://www.news-herald.com/general-news/20130910/lake-county-free-clinic-program-giving-prescriptions-for-fruits-vegetables>

Food safety is crucial for older adults

(Debby Krzesni, RD quoted)

http://www.times-standard.com/boomers/ci_24057988/food-safety-is-crucial-older-adults

Drinking enough water is a must for optimum performance

(Rebecca Turner, RD quoted)

<http://www.news-press.com/article/20130910/HEALTH/309100005/Drinking-enough-water-must-optimum-performance>

Losing can be bad for sports fans, physically as well as mentally

(Leslie Bonci, RD quoted)

<http://www.post-gazette.com/stories/local/region/losing-can-be-bad-for-sports-fans-physically-as-well-as-mentally-702686/#ixzz2eUi4fIOV>

18 Low-Calorie Mini Meals

The secret to losing weight isn't necessarily eating less. It may be eating more -- mini-meals, that is

(By Bonnie Taub-Dix, RD)

<http://www.familycircle.com/health/weight-loss/diet-plans/mini-meals-weight-loss-diet-plan/>

Fighting inflammation with food

(Jackie Dikos, RD quoted)

<http://www.wishtv.com/news/local/fighting-inflammation-with-food>

Eggs help kids power through a school day

Protein blast, balanced with other foods, gives kids high energy for day in class

(Jessica Keene, RD quoted)

<http://www.utsandiego.com/news/2013/sep/09/eggs-kids-breakfast-school-day/>

Malnutrition, another form of hunger

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/223043911.html>

Most schools are sticking to plans for healthier lunches

(By Suzanne Havalala Hobbs, RD)

<http://www.newsobserver.com/2013/09/10/3180539/most-schools-are-sticking-to-plans.html>

Corn on the cob a wholesome choice even on a diet plan

(By April Graff, RD)

<http://mankatofreepress.com/features/x86518805/Corn-on-the-cob-a-wholesome-choice-even-on-a-diet-plan>

Try a delicious, nutritious vegetable thats hard to beat

(By Leslie Beck, Dietitian/Canada)

<http://www.theglobeandmail.com/life/health-and-fitness/health/try-a-delicious-nutritious-vegetable-thats-hard-to-beat/article14200697/>

Eat a burger, then take fish oil?

(By Racha Adib, Dietitian/Lebanon)

<http://english.alarabiya.net/en/views/news/world/2013/09/07/Eat-the-burger-then-take-the-fish-oil-.html>

Food myths debunked

(Tabitha Hume, Dietitian/South Africa quoted)

<http://ewn.co.za/2013/09/09/Health-myths-deconstructed>

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Item #	Description	Qty	Item Status	Unit Price	Total
4750	NUTRITION CARE PROCESS IN PEDIATRIC PRACTICE	1	Available	\$0.00	\$0.00
Subtotal:					\$0.00
Tax:					\$0.00
Shipping and Handling:					\$0.00
Total Amount:					\$0.00

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Monday, October 21, 2013

Reception: 6:30-7:30 pm

Dinner: 7:30-9:30 pm

Houston, TX

Hilton Americas - Grand Ballroom

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1978. Availability - September 2014 Childhood Weight Management Program

From: Pearlie Johnson <PJohnson@eatright.org>
To: kathy.cobb@snet.net <kathy.cobb@snet.net>, Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, dkibbe@gsu.edu <dkibbe@gsu.edu>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Hassink, Sandra <Sandra.Hassink@nemours.org>, Sothern, Melinda <msothe@lsuhsc.edu>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
Sent Date: Sep 07, 2013 10:55:59
Subject: Availability - September 2014 Childhood Weight Management Program
Attachment: [image001.png](#)

The June 2014 dates will not work based on faculty availability. Therefore, we are exploring September 2014. We have located availability in Irvine, CA, for September 26-28, 2014 (Friday – Sunday). Are you available?

Thank you and hope you are having a good weekend.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
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Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

1979. RE: November 2013 Draft Agenda

From: Pearlie Johnson <PJohnson@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 06, 2013 17:53:12
Subject: RE: November 2013 Draft Agenda
Attachment: [image001.png](#)

Yes. We should be okay.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
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120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

phone: 312-899-4839

fax: 312-899-4772

pjohnson@eatright.org

From: DMartin@Burke.k12.ga.us
Sent: Friday, September 06, 2013 3:03 PM
To: Pearlie Johnson
Subject: Re: November 2013 Draft Agenda

Pearlie, Are we pretty comfortable that we will be doing this program with the current numbers we have?

Donna S. Martin, EdS, RD, LD, SNS
Director School Nutrition Program
Burke County Board of Education
789 Burke Veterans Parkway
Waynesboro, GA 30830

706-554-5393 (office)
706-554-5655 (fax)

DMartin@Burke.k12.ga.us

"USDA Healthier US School Challenge GOLD award recipient"

>>>Pearlie Johnson <PJohnson@eatright.org> 9/6/2013 2:50 PM >>>

Attached is a draft agenda for the November 22-24, 2013 Certificate of Training in Childhood and Adolescent Weight Management program scheduled to be held in Denver, Colorado.

We currently have 69 registrants for the program. Authorization to travel to Denver will be provided by October 1, 2013.

Please let me know if you have any questions or concerns. Have a good weekend.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

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pjohnson@eatright.org

1980. Academy Papers Published Since January 2013

From: Patricia Babjak <PBABJAK@eatright.org>
To: glenna@glennamccollum.com <glenna@glennamccollum.com>, Sonja Connor <connors@ohsu.edu>, Ethan A. Bergman <bergmane@cwu.edu>, Kathy McClusky <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, Elise Smith <easaden@aol.com>, Becky Dorner <becky@beckydorner.com>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, Margaret Garner <mgarner@cchs.ua.edu>, 'Linda Farr' <linda.farr@me.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle <bkyle@roadrunner.com>, Joe Derochowski <joe.derochowski@connell-group.com>, Sandra Gill <sandralgill@comcast.net>
Sent Date: Sep 06, 2013 17:33:44
Subject: Academy Papers Published Since January 2013
Attachment: [image001.jpg](#)

The updated Academy Position Paper *Functional Foods* was recently published in the August 2013 *Journal of the Academy of Nutrition and Dietetics*. A listing of all the Academy papers published since January 2013 are listed below. You can access the Academy position and practice paper web site at <http://www.eatright.org/positions/>

Total Diet Approach to Healthy Eating position paper-February 2013

<http://www.eatright.org/About/Content.aspx?id=8356>

Nutrition Security in Developing Nations: Sustainable Food, Water & Health position paper-April 2013

<http://www.eatright.org/About/Content.aspx?id=8358>

Oral Health and Nutrition position paper-May 2013

<http://www.eatright.org/About/Content.aspx?id=8384>

Ethical and Legal Issues in Feeding and Hydration position and practice papers-June 2013

Position paper <http://www.eatright.org/About/Content.aspx?id=8408>

Practice paper <http://www.eatright.org/Members/content.aspx?id=6442476744>

The Role of Nutrition in Health Promotion and Chronic Disease Prevention position and practice papers-July 2013

Position paper <http://www.eatright.org/About/Content.aspx?id=6442476997>

Practice paper <http://www.eatright.org/Members/content.aspx?id=6442477000>

Functional Foods position paper-August 2013

<http://www.eatright.org/About/Content.aspx?id=8354>

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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Phone: 312/899-4856

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1981. Member Survey

From: MemberValue@eatright.org via surveymonkey.com
<member@surveymonkey.com>
To: dmartin@burke.k12.ga.us
Sent Date: Sep 06, 2013 17:06:57
Subject: Member Survey
Attachment:

If you have not yet responded to the Academy's Retired Member Category Survey, there is still time!

This survey has been sent to members at various career stages and, whether you are currently retired or not, your input on the qualifications for the Academy's Retired membership category is extremely valuable to our development of future member services:

http://www.surveymonkey.com/s.aspx?sm=JRQfZGNINKbo2oA6OMy9Sw_3d_3d .

Thank you for your time,
Member Services Team

http://www.surveymonkey.com/optout.aspx?sm=JRQfZGNINKbo2oA6OMy9Sw_3d_3d

1982. November 2013 Draft Agenda

From: Pearlie Johnson <PJohnson@eatright.org>
To: kathy.cobb@snet.net <kathy.cobb@snet.net>, Copperman, Nancy
<NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana
E.Gerstein <danaeg@berkeley.edu>, Kirk, Shelley
<Shelley.Kirk@cchmc.org>, dkibbe@gsu.edu <dkibbe@gsu.edu>, Gail Frank
<Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles
<aida.miles@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>,
DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Hassink, Sandra
<Sandra.Hassink@nemours.org>, Sothern, Melinda <msothe@lsuhsc.edu>,
Isadora Nogueira <isadora.v.nogueira@gmail.com>
Sent Date: Sep 06, 2013 14:50:22
Subject: November 2013 Draft Agenda
Attachment: [image001.png](#)
[WMC1113 Agenda.pdf](#)

Attached is a draft agenda for the November 22-24, 2013 Certificate of Training in Childhood and Adolescent Weight Management program scheduled to be held in Denver, Colorado.

We currently have 69 registrants for the program. Authorization to travel to Denver will be provided by October 1, 2013.

Please let me know if you have any questions or concerns. Have a good weekend.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

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Chicago, IL 60606-6995

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pjohnson@eatright.org

1983. Itching for advocacy?

From: ANDPAC <ANDPAC@eatright.org>
To: Martin <DMartin@burke.k12.ga.us>
Sent Date: Sep 06, 2013 13:33:56
Subject: Itching for advocacy?
Attachment:

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Having trouble viewing this e-mail? View it in your browser.

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You are currently subscribed as: **DMartin@burke.k12.ga.us**

Headquarters | Academy of Nutrition and Dietetics
120 South Riverside Plaza | Suite 2000 | Chicago, Illinois 60606-6995

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1984. Daily News & Journal Review: Friday, September 6, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 06, 2013 10:53:56
Subject: Daily News & Journal Review: Friday, September 6, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Study: The right bacteria may help fight obesity

<http://www.usatoday.com/story/news/nation/2013/09/05/right-bacteria-obesity/2771685/>

Source: *Science*

<http://www.sciencemag.org/content/341/6150/1241214>

Related Resource: *Journal of the Academy of Nutrition and Dietetics*, August 2013

-The Inside Tract: What RDs Need to Know about the Gut Microbiome

[http://www.andjrnl.org/article/S2212-2672\(13\)00643-6/fulltext](http://www.andjrnl.org/article/S2212-2672(13)00643-6/fulltext)

Login as a member at www.eatright.org and go to publications to access full-text Journal articles

Research confirms Mediterranean diet is good for the mind

<http://www.medicalnewstoday.com/releases/265671.php>

Source: *Epidemiology*

http://journals.lww.com/epidem/Abstract/2013/07000/Mediterranean_Diet,_Cognitive_Function,_and.1.aspx

New Ad Campaign Targets Childhood Hunger

<http://www.nytimes.com/2013/09/06/business/media/new-ad-campaign-targets-childhood-hunger.html>

Related Resource: USDA

<http://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/key-statistics-graphics.aspx>

Food insecurity may be high, but states are still saying no to federal food-stamp support

<http://www.washingtonpost.com/blogs/govbeat/wp/2013/09/04/food-insecurity-may-be-high-but-states-are-still-saying-no-to-federal-food-stamp-support/>

Could a lack of sleep drive increased food purchases?

(People that are deprived of sleep for one night buy more food of higher calorie content the following day, according to new research)

<http://www.foodnavigator.com/Science-Nutrition/Could-a-lack-of-sleep-drive-increased-food-purchases>

Source: *Obesity*

<http://onlinelibrary.wiley.com/doi/10.1002/oby.20579/abstract>

Vitamin D3 May Beat D2 as Supplement

<http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/41384>

Source: *Journal of Clinical Endocrinology & Metabolism*

<http://jcem.endojournals.org/content/early/2013/08/30/jc.2012-4287.abstract>

Ovarian cancer 'biomarker' screening works to find disease early

<http://www.latimes.com/science/sciencenow/la-sci-ovarian-cancer-screening-20130826,0,2845670.story>

Related Resource: *The Complete Resource Kit for Oncology Nutrition* (Online Access)

<https://www.eatright.org/Shop/product.aspx?id=6442477212&partner=featuredprod>

U.S. Drinking Water Sanitation Still a Concern: CDC

Bacteria in plumbing systems, groundwater persist in causing outbreaks

<http://consumer.healthday.com/public-health-information-30/centers-for-disease-control-news-120/u-s-drinking-water-sanitation-still-a-concern-cdc-679929.html>

Center for Food Safety and Applied Nutrition (CFSAN) Plan for Program Priorities, 2013-2014

http://www.fda.gov/AboutFDA/CentersOffices/OfficeofFoods/CFSAN/WhatWeDo/ucm366279.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

MedlinePlus Latest Health News

-E-cigarette use more than doubles among U.S. middle and high school students from 2011-2012. More than 75 percent of youth users smoke conventional cigarettes too

-Most Women Don't Understand Their Breast Cancer Risk: Survey

White women overestimated their odds while other groups underestimated, researcher found

-Video Game May Erase Effects of Aging on the Brain

Seniors who played a game designed by neuroscientists for a month multitasked as well as younger players

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

The skinny on healthier snacks in school

(By Constance Brown-Riggs, Karen Ansel & Deborah Beauvais, both quoted. All are Academy Spokespeople)

<http://thegrio.com/2013/08/30/the-skinny-on-healthier-snacks-in-school/>

Make your snacks count with careful food choices

(By Sharon Palmer, RD; Ruth Frechman, Academy Spokesperson and Barbara Ruhs, RD quoted)

<http://www.detroitnews.com/article/20130905/LIFESTYLE05/309050023/Make-your-snacks-count-careful-food-choices>

The Great Egg Debate

(Sara German, RD quoted)

http://www.yankton.net/life/article_a84b84d6-1511-11e3-9390-0019bb2963f4.html

Sneaky sources of sugar

(By Brooke Alpert, RD)

<http://www.foxnews.com/health/2013/09/05/sneaky-sources-sugar/#ixzz2e7V1IVU8>

What proteins should you be eating?

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/09/03/what-proteins-should-be-eating/#ixzz2e7TnkyUs>

Gluten sensitivity real but rare

(By Sheah Rarback, RD)

<http://www.miamiherald.com/2013/09/05/3607821/gluten-sensitivity-real-but-rare.html>

Healthy Tailgating Tips!

(Katie Ferraro, RD featured)

<http://www.sandiego6.com/story/healthy-tailgating-tips--20130905>

Ugly cholesterol; food to ease osteoarthritis

(Nancy Dell, RD featured)

<http://www.wwlp.com/health/dietitian/nancy-dell-ugly-cholesterol-food-to-ease-osteoarthritis>

Fad Diets Will Seem Even Crazier After You See This

(Kate Pilewski, RD quoted)

<http://wyomingpublicmedia.org/post/fad-diets-will-seem-even-crazier-after-you-see>

Study Reveals Washing Chicken Spreads Disease

(Linda Morrison, RD quoted)

<http://www.whsv.com/news/headlines/Study-Reveals-Washing-Chicken-Spreads-Disease-222586441.html>

Does eating fat make us fat?

(Felicity Lyons, Dietitian/ UK quoted)

<http://metro.co.uk/2013/09/05/does-eating-fat-make-us-fat-3946660/>

Portion Control Tools You Can Use

(Stefanie Senior, Dietitian/Canada quoted)

http://www.thestar.com/life/health_wellness/2013/09/03/portion_control_tools_to_you_can_use.html

Journal Review

Academys Food & Nutrition Magazine, September/October 2013

<http://www.foodandnutrition.org/>

- Top Hunger Organizations
- A Tale of Two Food Deserts
- Redefining Rabbit
- Beans Pantry Staples, Nutrition Stars
- Closing the Cultural Gap
- Farming for Change soybeans are changing the lives in San Salvador

Annual Review of Nutrition, Volume 33, 2013

<http://www.annualreviews.org/toc/nutr/33/1>

Extrarenal Vitamin D Activation and Interactions Between Vitamin D₂, Vitamin D₃, and Vitamin D Analogs

<http://www.annualreviews.org/doi/abs/10.1146/annurev-nutr-071812-161203>

Cocoa and Human Health

<http://www.annualreviews.org/doi/abs/10.1146/annurev-nutr-071811-150642>

Nutrient Deficiencies After Gastric Bypass Surgery

<http://www.annualreviews.org/doi/abs/10.1146/annurev-nutr-071812-161225>

The Role of Cost-Effectiveness Analysis in Developing Nutrition Policy

<http://www.annualreviews.org/doi/abs/10.1146/annurev-nutr-071812-161133>

European Journal of Clinical Nutrition, September, 2013

<http://www.nature.com/ejcn/journal/v67/n9/index.html>

Body fat in Singaporean infants: development of body fat prediction equations in Asian newborns

<http://www.nature.com/ejcn/journal/v67/n9/abs/ejcn201369a.html>

Relation between urinary hydration biomarkers and total fluid intake in healthy adults

<http://www.nature.com/ejcn/journal/v67/n9/abs/ejcn201393a.html>

Effects of exercise during the holiday season on changes in body weight, body composition and blood pressure

<http://www.nature.com/ejcn/journal/v67/n9/abs/ejcn201398a.html>

Maternal early-pregnancy vitamin D status in relation to linear growth at the age of 56 years: results of the ABCD cohort

<http://www.nature.com/ejcn/journal/v67/n9/abs/ejcn2013106a.html>

Experience and acceptability of diets of varying protein content and glycemic index in an obese cohort: results from the Diogenes trial

<http://www.nature.com/ejcn/journal/v67/n9/abs/ejcn201399a.html>

Food Management, August 2013

<http://food-management.com/food-management/2012-09-01>

FM Profile: Glenna McCollum DMOL, MPH, RDN

<http://food-management.com/healthcare/fm-profile-glenna-mccollum-dmol-mph-rdn>

Giving Breakfast a Push

<http://food-management.com/healthcare/giving-breakfast-push>

Online Ordering A Growing Trend?

<http://food-management.com/colleges-amp-universities/online-ordering-growing-trend>

Focus on Loss Prevention, Not Loss Reaction

<http://food-management.com/convenience-retailing/focus-loss-prevention-not-loss-reaction>

Gastronomica, The Journal of Food and Culture, Summer 2013

<http://www.gastronomica.org/summer-2013/>

(Subscription required)

-Can ideas about food inspire real social change? The case of Peruvian gastronomy

-Food Fight: Accusations of Press Agency, a Case for Ethics and the Development of the Association of Food Journalists

-Take us off Solid Food for the Foreseeable Future: The Landscape of Food-Allergic America

Infant, Child, & Adolescent Nutrition, September 3, 2013, Online First

<http://can.sagepub.com/content/early/recent>

The Impact of Autism Spectrum Disorders and Eating Challenges on Family Mealtimes

<http://can.sagepub.com/content/early/2013/09/03/1941406413502808.abstract>

JAMA, September 4, 2013

<http://jama.jamanetwork.com/issue.aspx>

Prevalence and Control of Diabetes in Chinese Adults

<http://jama.jamanetwork.com/article.aspx?articleid=1734701>

Prevalence, Awareness, Treatment, and Control of Hypertension in Rural and Urban Communities in High-, Middle-, and Low-Income Countries

<http://jama.jamanetwork.com/article.aspx?articleid=1734702>

JAMA Patient Page: Centers of Excellence

<http://jama.jamanetwork.com/article.aspx?articleid=1734706>

JAMA: Internal Medicine, September 4, 2013 Online First

<http://archinte.jamanetwork.com/onlineFirst.aspx>

Less Tinkering, More Transforming

How to Build Successful Patient-Centered Medical Homes

<http://archinte.jamanetwork.com/article.aspx?articleid=1735244>

Better Diet Quality and Decreased Mortality Among Myocardial Infarction Survivors

<http://archinte.jamanetwork.com/article.aspx?articleid=1733453>

Cholesterol Level and Stroke: : A Complex Relationship

<http://archinte.jamanetwork.com/article.aspx?articleid=1733455>

Journal of the National Cancer Institute, September 4, 2013

<http://jnci.oxfordjournals.org/content/105/17?etoc>

Potential to Link Dietary Patterns in the Food Supply and Populations to Health

<http://jnci.oxfordjournals.org/content/105/17/1265.extract>

The Healthy Eating Index 2005 and Risk for Pancreatic Cancer in the NIHAARP Study

<http://jnci.oxfordjournals.org/content/105/17/1298.abstract>

Journal of Parental &Enteral Nutrition, September 2013

<http://pen.sagepub.com/content/37/5.toc>

A.S.P.E.N. Clinical Guidelines

Nutrition Support of Neonatal Patients at Risk for Metabolic Bone Disease

<http://pen.sagepub.com/content/37/5/570.abstract>

Iron Metabolism in Man

<http://pen.sagepub.com/content/37/5/599.abstract>

Side Effects of Long-Term Glutamine Supplementation

<http://pen.sagepub.com/content/37/5/607.abstract>

Clinical Effects of Probiotic *Bifidobacterium longum* BB536 on Immune Function and Intestinal Microbiota in Elderly Patients Receiving Enteral Tube Feeding

<http://pen.sagepub.com/content/37/5/631.abstract>

An Evaluation of a Handheld Indirect Calorimeter Against a Standard Calorimeter in Obese and Nonobese Adults

<http://pen.sagepub.com/content/37/5/652.abstract>

Subjective Global Nutritional Assessment in Critically Ill Children

<http://pen.sagepub.com/content/37/5/659.abstract>

Journal of Parental &Enteral Nutrition, September 2013 Supplement

http://pen.sagepub.com/content/37/5_suppl.toc

Perioperative Nutrition: What Is the Current Landscape?

http://pen.sagepub.com/content/37/5_suppl/5S.abstract

Factors That Impact Patient Outcome: Nutrition Assessment

http://pen.sagepub.com/content/37/5_suppl/30S.abstract

Pharmaconutrition Review: Physiological Mechanisms

http://pen.sagepub.com/content/37/5_suppl/51S.abstract

Clinical Evidence for Pharmaconutrition in Major Elective Surgery

http://pen.sagepub.com/content/37/5_suppl/66S.abstract

Appropriate Use of Parenteral Nutrition Through the Perioperative Period

http://pen.sagepub.com/content/37/5_suppl/73S.abstract

Summary Points and Consensus Recommendations From the North American Surgical Nutrition Summit

http://pen.sagepub.com/content/37/5_suppl/99S.extract

Metabolism Clinical and Experimental, September 2013

<http://www.metabolismjournal.com/current>

Beyond fasting plasma glucose: The association between coronary heart disease risk and postprandial glucose, postprandial insulin and insulin resistance in healthy, nondiabetic adults

[http://www.metabolismjournal.com/article/S0026-0495\(13\)00119-4/abstract](http://www.metabolismjournal.com/article/S0026-0495(13)00119-4/abstract)

Metabolism Clinical and Experimental, September 3, 2013 Online First

<http://www.metabolismjournal.com/inpress>

Effect of the Mediterranean diet on plasma adipokine concentrations in men with metabolic syndrome

[http://www.metabolismjournal.com/article/S0026-0495\(13\)00242-4/abstract](http://www.metabolismjournal.com/article/S0026-0495(13)00242-4/abstract)

Morbidity and Mortality Weekly Report, September 6, 2013

http://www.cdc.gov/mmwr/mmwr_wk.html

National Preparedness Month September 2013

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6235a1.htm?s_cid=mm6235a1_w

Surveillance for Waterborne Disease Outbreaks Associated with Drinking Water and Other Nonrecreational Water United States, 2009-2010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6235a3.htm?s_cid=mm6235a3_w

Vital Signs: Avoidable Deaths from Heart Disease, Stroke, and Hypertensive Disease United States, 2001-2010

http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6235a4.htm?s_cid=mm6235a4_w

The New England Journal of Medicine, September 5, 2013

<http://www.nejm.org/toc/nejm/369/10>

Multistate Outbreak of Listeriosis Associated with Cantaloupe

<http://www.nejm.org/doi/full/10.1056/NEJMoa1215837>

Behavioral and Dietary Risk Factors for Noncommunicable Diseases

<http://www.nejm.org/doi/full/10.1056/NEJMr1203528>

Nutrition, August 30- September 4, 2013 Online First

<http://www.sciencedirect.com/science/journal/aip/08999007>

Weight loss and resting energy expenditure in male patients with newly diagnosed esophageal cancer

<http://www.sciencedirect.com/science/article/pii/S0899900713002232>

Edible berries: Review on bioactive components and their effect on human health

<http://www.sciencedirect.com/science/article/pii/S0899900713002207>

Antioxidants may not always be beneficial to health

<http://www.sciencedirect.com/science/article/pii/S0899900713002189>

Nutrition Today, July/August 2013

<http://journals.lww.com/nutritiontodayonline/pages/currenttoc.aspx>

A Commentary on Evidence-Based Analysis: Is It Right for the Science of Food- and Nutrition-Related Behaviors?

http://journals.lww.com/nutritiontodayonline/Abstract/2013/07000/A_Commentary_on_Evidence_Based_Analysis__Is_It.4.aspx

Do Canned Foods Fit Today's Dietary Needs?

http://journals.lww.com/nutritiontodayonline/Abstract/2013/07000/Do_Canned_Foods_Fit_Today_s_Dietary_Needs_.5.aspx

A Major Communication Challenge of Our Times: What on Earth Do We Say About Processed Foods?

http://journals.lww.com/nutritiontodayonline/Abstract/2013/07000/A_Major_Communication_Challenge_of_Our_Times__What.6.aspx

The Fiber Deficit, Part 3-Beyond Traditional Fiber Sources: The Role of Adding Fiber to Food in Improving Fiber Intakes

http://journals.lww.com/nutritiontodayonline/Abstract/2013/07000/The_Fiber_Deficit,_Part_3_Beyond_Traditional_Fiber.7.aspx

Introducing Gluten Into Infants' Diets: Status of the Evidence

http://journals.lww.com/nutritiontodayonline/Abstract/2013/07000/Introducing_Gluten_Into_Infants_Diets__Status_of.9.aspx

The Role of Lean Beef in Healthful Dietary Patterns: Myths Versus Reality

http://journals.lww.com/nutritiontodayonline/Abstract/2013/07000/The_Role_of_Lean_Beef_in_Healthful_Dietary.10.aspx

Nutrition Today, July/August 2013 - Volume 48 - Supplement 4

<http://journals.lww.com/nutritiontodayonline/toc/2013/07001>

(all article free- scroll down to articles)

-Water and Health

-The Complexities of Hydration Issues in the Elderly

-Water and Kidney Physiology

-"Drink at Least 8 Glasses of Water a Day to Be Healthy???"

-Pathogenesis and Cost-Effectiveness of Preventing Kidney Stones

-Short-term Physiological Effects of Increased Water Intake in a Clinical Setting

Pediatrics, September, 2013

<http://pediatrics.aappublications.org/content/current>

Fat Letters in Public Schools: Public Health Versus Pride

<http://pediatrics.aappublications.org/content/132/3/403.extract>

ADHD and Learning Disabilities in Former Late Preterm Infants: A Population-Based Birth Cohort

<http://pediatrics.aappublications.org/content/132/3/e630.abstract>

Bisphenol A and Chronic Disease Risk Factors in US Children

<http://pediatrics.aappublications.org/content/132/3/e637.abstract>

Probiotic Administration in Early Life, Atopy, and Asthma: A Meta-analysis of Clinical Trials

<http://pediatrics.aappublications.org/content/132/3/e666.abstract>

Sugar-Sweetened Beverages and Weight Gain in 2- to 5-Year-Old Children

<http://pediatrics.aappublications.org/content/132/3/413.abstract>

The Transfer of Drugs and Therapeutics Into Human Breast Milk: An Update on Selected Topics

<http://pediatrics.aappublications.org/content/132/3/e796.abstract>

Preventing Chronic Disease CDC, August 29, 2013

<http://www.cdc.gov/pcd/>

Building Social Networks for Health Promotion: Shout-out Health, New Jersey, 2011

http://www.cdc.gov/pcd/issues/2013/13_0018.htm

Implementing a Farmers Market Incentive Program: Perspectives on the New York City Health Bucks Program

http://www.cdc.gov/pcd/issues/2013/12_0285.htm

Childhood Obesity Task Forces Established by State Legislatures, 2001-2010

http://www.cdc.gov/pcd/issues/2013/12_0153.htm

University of California, Berkeley Wellness Letter, September 2013

<http://www.berkeleywellness.com/>

Salt: Is lower not better after all?

<http://www.berkeleywellness.com/healthy-eating/food/article/salt-lower-not-better-after-all>

Calcium in the Spotlight

<http://www.berkeleywellness.com/supplements/minerals/article/calcium-spotlight>

(Subscription required)

-The carnivores dilemma- L-caritine

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-22790-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

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From: membership@eatright.org
To: DMartin@Burke.k12.ga.us
Sent Date: Sep 06, 2013 10:25:13
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Thank you for registering!

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You have registered for **School Nutrition Services Networking Event & Awards Reception 2013** with the following information:

Registrant Name:

Martin Donna S

Billing Name:

Donna S Martin

Billing Address:

Donna S Martin RDN LD
789 Burke Veterans Parkway
Burke County Board Of Education
Waynesboro, GA 30830

Invoice #DateEvent/SessionAmount DueAmount Paid120709009/06/13SNS Networking Event
& Awards Recognition 2013 - DPG Member Standard
\$15.00
\$15.00

Location:

Address:

This email is an acknowledgement of your registration fee for the following event:
School Nutrition Service (SNS) DPG Networking and Awards Recognition Reception Saturday,
October 19, at the Hilton Americas Houston, Meeting Room 335A
6:30 – 8:30 PM

On behalf of the Executive Committee, we look forward to seeing you –
Charlotte Davis, RD, LD, SNS Treasurer

1986. Commission on Long Term Care

From: Patricia Babjak <PBABJAK@eatright.org>
To: Ethan A. Bergman <bergmane@cwu.edu>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, Sonja Connor <connors@ohsu.edu>, Joe Derochowski <joe.derochowski@connell-group.com>, Becky Dorner <becky@beckydorner.com>, Linda Farr <linda.farr@me.com>, Margaret Garner <mgarner@cchs.ua.edu>, Sandra Gill <sandralgill@comcast.net>, dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle <bkyle@roadrunner.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Kathy McClusky <KMcClusky@iammorrison.com>, Glenna McCollum <glenna@glennamccollum.com>, peark02@outlook.com <peark02@outlook.com>, Elise Smith <easaden@aol.com>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>
Sent Date: Sep 05, 2013 18:15:11
Subject: Commission on Long Term Care
Attachment: [Commission on Long Term Care.doc](#)

Attached please find a letter sent from Glenna and me to the Commission on Long Term Care. Our letter will be sent along with letters from other organizations on financing long term care for older adults.

The Commission on Long Term Care was created by Congress to develop a national plan for providing long term services for the elderly and disabled. The Commission was formed after the demise of the voluntary long-term care insurance program created by the Affordable Care Act, called the Community Living Assistance Services and Supports Act, or CLASS. The CLASS Act was intended to help finance long term care and help reduce some of the current financial outlay of the Medicaid program. The voluntary nature of the ACT made the sustainability factor questionable for long term success.

The Commission was given nine months to complete the task; however, because of the timing of sequestration and the fiscal cliff, the Commission scaled back this ambitious timeline. The focus of the Commission now appears to be identifying community-based care solutions rather than institutional care, to reflect the desire that many older adults have expressed to remain independent and living in their own home as long as possible.

Our efforts vis à vis the Commission on Long Term Care have been to offer suggestions for innovative approaches to nutrition services involving registered dietitian nutritionists (RDNs) that could be expanded or extended as part of a plan for community-based long term care. With only six months and a few meetings remaining, the Commission has a very short timeframe to meet its charge. The opportunity to provide written input allows us to showcase nutrition services to the Commission. We are proud to have such members providing innovative nutrition interventions and services. Whitney Brown was able to summarize these ideas and solutions in the attached document for our signatures.

PIA Staff led by Mary Pat Raimondi and Jeanne Blankenship reached out LPPC expert members that included then Speaker Becky Dornier, Brenda Richardson, Dianne Polly, Martha Peppones, Karen Ehrens, Lisa Eaton Wright and Missy Cody to review the document.

We hope this will be the start of a much needed conversation of financing long term care and the importance of nutrition services in ensuring that aging adults are able to remain healthy and in their homes.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

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1987. Daily News: Thursday, September 5, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 05, 2013 10:46:02
Subject: Daily News: Thursday, September 5, 2013
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Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors

When Football Team Loses, Fans Reach for Junk Food But 'self-affirmation' can curb emotional eating, study suggests

(Kelly Pritchett, Academy Spokesperson quoted)

<http://consumer.healthday.com/vitamins-and-nutritional-information-27/eating-and-appetite-disorder-news-223/when-football-team-loses-fans-reach-for-junk-food-679856.html>

Source: *Psychological Science*

<http://pss.sagepub.com/content/early/2013/08/07/0956797613481232.abstract>

Doubling the Daily Allowance of Protein Intake With Diet and Exercise Protects Muscle Loss

<http://www.sciencedaily.com/releases/2013/08/130829110430.htm>

Source: *FASEB Journal*

<http://www.fasebj.org/content/27/9/3837>

Ease of Access Improves Fruit and Vegetable Consumption

<http://www.sciencedaily.com/releases/2013/09/130903151755.htm>

Source: *Preventing Chronic Disease*

http://www.cdc.gov/pcd/issues/2013/13_0053.htm

USDA/Economic Research Service

14.5 percent of U.S. households struggled to put enough food on the table in 2012

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=39954&ref=collection>

Do Food Addiction Diets Work?

<http://www.chicagotribune.com/health/sc-health-0904-food-addiction-20130904,0,6029234.story>

Related Resource: Academy Position Paper - Use of Nutritive and Nonnutritive Sweeteners
(concept of addiction is addressed in the section subtitled Behavior Disorders)

<http://www.eatright.org/About/Content.aspx?id=8363>

Hospital-Acquired Infections Cost \$10 Billion a Year: Study

Five most common health care-associated infections strike 440,000 U.S. patients each year

http://www.nlm.nih.gov/medlineplus/news/fullstory_140313.html

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1733452>

Lessons Learned From Cantaloupe-Listeria Outbreak

CDC report confirms potential for fresh produce to cause severe foodborne illness

<http://consumer.healthday.com/public-health-information-30/centers-for-disease-control-news-120/lessons-learned-from-cantaloupe-listeria-outbreak-cdc-679894.html>

Source: *New England Journal of Medicine* - scroll down to:

Multistate Outbreak of Listeriosis Associated with Cantaloupe

<http://www.nejm.org/>

Chobani's pulling moldy yogurt from U.S. shelves prompts federal probe

<http://www.chicagotribune.com/health/sns-rt-us-usa-yogurt-mold-20130904,0,4373753.story>

Short Bouts of Brisk Exercise May Help Cut Obesity Risk

Intensity of activity more important than duration for controlling weight, study finds

<http://consumer.healthday.com/fitness-information-14/misc-health-news-265/exercise-weight-679899.html>

Source: *American Journal of Health Promotion*

<http://www.ajhpcontents.com/doi/abs/10.4278/ajhp.120606-QUAL-286>

MedlinePlus Latest Health News from Mondayupdate

-Half of People With High Blood Pressure Don't Know It

Global study found problem in wealthy and low-income countries alike

-More patients stay on treatment with heart 'polypill'

-Social Media and Peer Pressure

-Facebook peer groups may be useful for HIV education

-Hospital to Home Focus May Reduce Readmissions

Helping people who were recently released from a hospital understand how to care for themselves and informing their primary care doctors about their stay may reduce their risk of being admitted back into the hospital, says a new study

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

ClinicalTrials.gov

[http: //clinicaltrials.gov/](http://clinicaltrials.gov/)

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details

-Fresh Fruit and Vegetable Purchasing Behavior

<http://clinicaltrials.gov/ct2/show/NCT01853514?term=NCT01853514&rank=1>

Registered Dietitians in the News

Watch the Bears game and your calories on Sunday

(Rachel Berman, RD quoted)

<http://www.suntimes.com/lifestyles/health/22176342-423/watch-the-bears-game-and-your-calories-on-sunday.html>

America On The Move Month: Healthy Tips On The Go

(Julie Joiner, RD quoted)

<http://www.walb.com/story/23346064/america-on-the-move-monthhealthy-tips-on-the-go>

Sneaky sources of sugar

(By Brooke Alpert, RD)

<http://www.foxnews.com/health/2013/09/05/sneaky-sources-sugar/>

Not your mother's supermarket

(By Timi Gustafson, RD)

<http://www.auburn-reporter.com/lifestyle/222432381.html>

Is high-fructose corn syrup sugar's evil twin?

(By Susie Bond, RD)

<http://www.floridatoday.com/article/20130904/HEALTH/309040046/Is-high-fructose-corn-syrup-sugar-s-evil-twin->

The Best Nuts for Your Health

(Elyse Sosin, RD quoted)

<http://news.sudanvisiondaily.com/details.html?rsnpid=226437>

Ways to get protein without supplements

(By Victoria Mikhail, Dietitian/Canada)

<http://www.windsorstar.com/health/Ways+protein+without+supplements/8871810/story.html>

Caffeine concern over teens and energy drinks

(Melaine McGrice, Dietitian/ Australia)

<http://www.theage.com.au/national/health/caffeine-concern-over-teens-and-energy-drinks-20130904-2t5lx.html>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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1988. Eat Right Weekly - September 4, 2013

From: Eat Right Weekly <weekly@eatright.org>
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Subject: Eat Right Weekly - September 4, 2013
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Eat Right Weekly
September 4, 2013

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[On the Pulse of Public Policy](#)

[Help End Hunger: Go Orange](#)

September is Hunger Action Month: Show your support by wearing orange. With 15 percent of American households suffering from hunger, organizations are teaming up to raise awareness of this important issue. Meeting nutrition needs throughout the lifecycle continues to be one of the Academy's main public policy priorities as it supports a comprehensive Farm Bill, the National School Lunch and Breakfast Program, Meals on Wheels and many other federal programs and initiatives.

[Learn More >>](#)

[Just 6 Percent of Academy Members Have Supported the Treat and Reduce Obesity Act](#)

Congress returns to Washington next week. Tell your congressman and senators to support the Treat and Reduce Obesity Act to ensure registered dietitian nutritionists can independently provide obesity counseling to seniors.

[Learn More >>](#)

[Schools Continue to Successfully Implement New Meal Standards](#)

As the school year begins, the Academy offers a "thank you" to all members who have worked tirelessly to ensure their school systems provide healthy school meals.

[Learn More >>](#)

Academy Members Take Initiative to Advocate for a Comprehensive Farm Bill

Thanks to all Academy members who have taken the initiative to connect with their members of Congress while they are in their home districts during the August recess. As Congress continues to decide whether to cut \$40 billion in vital nutrition programs from the Farm Bill, Academy members are using a variety of ways to reach influential policy makers and improve the health of Americans through enhanced nutrition policy.

[Learn More >>](#)

Looking Ahead: Academy Advocates for Public Health Prevention Programs

Health promotion and disease prevention programs are at risk of budget cuts. Funding for the Diabetes Prevention Program, Community Transformation Grants and many others is vital to the health of Americans and to the success of many Academy members. That's why the Academy and its partner organizations are heading to Capitol Hill to advocate for continued funding for these Prevention and Public Health Fund programs.

[Learn More >>](#)

Academy Advocates for Renal Dietitians Working with End Stage Disease

The Academy worked with the Renal Dietitians Practice Group to draft comments on a proposed rule changing the End Stage Renal Disease Prospective Payment System and the Quality Incentive Program. The proposed rule would cut the reimbursement rate for bundled payments to reflect changed utilization of certain drugs and the Academy urged the Centers for Medicare & Medicaid Services to consider and evaluate the effect of these cuts on small dialysis organizations and access to patient care.

[Learn More >>](#)

New Name, Same Role: Consumer Protection Coordinators Step Into Action

Academy leaders from the Legislative and Public Policy Committee and its newly convened Consumer Protection and Licensure Subcommittee changed the name of state public policy panels' Licensure Board Liaisons to reflect the role's broader focus on consumer protection and licensure leadership.

[Learn More >>](#)

Enter Nutrition Informatics Video Challenge and Win a Free iPad at FNCE

Every day there are opportunities to use nutrition informatics to improve the health of Americans. Now, by creating an innovative video sharing how you use nutrition informatics in your work, you could win a free iPad.

[Learn More >>](#)

CPE Corner

Comprehensive Scope of Practice *Journal* Article Offers Free CPE

Obtain four free CPEUs by reading the June *Journal* Supplement "Comprehensive Scope of Practice Resources for the RDN and DTR."

[Learn More >>](#)

Free Scope of Practice Self-Study Modules

Two free pre-recorded self-study modules on the Academy Scope of Practice are now available for registered dietitian nutritionists and dietetic technicians, registered: For practitioners, "Academy Scope of Practice - A Tool for Determining Competence and Advancing Practice" and for educators, "Academy Scope of Practice What Educators and Students Need to Know."

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease (CKD) and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Career Resources

Pre-FNCE Workshop and Excursion Registration Extended

Registration for pre-FNCE workshops and excursions has been extended to Friday, September 20. Events on Monday, October 21, are sold out, but space remains for Saturday, October 19, events.

[Learn More >>](#)

Early Bird Gets the Savings

There is still time to save on registration to the 2013 Food & Nutrition Conference & Expo from October 19 to 22 in Houston, Texas. Don't miss your chance to network, learn and make meaningful business connections.

[Learn More >>](#)

Support the Foundation While Earning CPE Hours at FNCE

The theme of the Foundation Nutrition Symposium at this year's Food & Nutrition Conference & Expo is "Nutrients and Micronutrients and Early Cognitive Development."

[Learn More >>](#)

At FNCE: Innovations in Food Distribution and Nutrition Education at Food Banks

Through Kids Eat Right, the Foundation is working with Feeding America to raise awareness of the issue of nutrition and food insecurity. Take an insider's tour of the nation's largest Feeding America food bank, learn about their model programs and participate in a lively discussion with

national leaders about strategies to increase access to healthy foods for all Americans

[Learn More >>](#)

Get a Professional Headshot at FNCE

Sign up to have a professional headshot photo taken at the Food & Nutrition Conference & Expo.

[Learn More >>](#)

Updated Code of Ethics Reading List

The Ethics Committee has updated the Code of Ethics "For Further Reading List" for use by educators, students and practitioners in nutrition and dietetics.

[Learn More >>](#)

September Book of the Month: *Counseling Overweight and Obese Children and Teens*

Save 10% during September on this guide that shows registered dietitians how to tailor and provide appropriate nutrition counseling for overweight and obese children and adolescents between the ages of 5 and 18.

[Learn More >>](#)

New Academy *Pocket Guide to Pediatric Nutrition Assessment*

The second edition of the Academy's comprehensive and easy-to-navigate guide is an essential tool for any registered dietitian nutritionist who provides nutrition care to pediatric patients.

[Learn More >>](#)

Improving Outcomes through Nutrition Intervention

The Alliance to Advance Patient Nutrition, an interdisciplinary partnership of five prestigious organizations including the Academy, has released its recommended Nutrition Care Model.

[Learn More >>](#)

Academy Member Updates

"Where Healthcare Meets Hospitality"

The Association for Healthcare Foodservice will celebrate Healthcare Foodservice Workers Week October 7 to 13. This year's theme is "Where Healthcare Meets Hospitality."

[Learn More >>](#)

Philanthropy, Awards and Grants

Foundation's Kids Eat Right Gala at FNCE

The Foundation will host a legendary evening of gourmet food, spectacular entertainment and dancing on Monday, October 21, at the Food & Nutrition Conference & Expo.

[Learn More >>](#)

Hunger Webinars Archived for Viewing

Kids Eat Right recently hosted a series of six hunger webinars as part of the Future of Food project.

[Learn More >>](#)

CDR Leadership Grant

The deadline is November 1 to apply for the Commission on Dietetic Registration's Leadership Grant Award, which provides financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training.

[Learn More >>](#)

CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

Kids Eat Right Hunger in Our Community Mini-Grant Recipients

Congratulations to 25 Kids Eat Right Campaign Members who were selected to receive a Kids Eat Right Hunger in Our Community mini-grant. Each winner will receive \$200 to lead two presentations from the "Hunger in Our Community. What We Can Do." toolkit through November 1.

[Learn More >>](#)

Kids Eat Right Mini-Grant Opportunity

To support the use of Kids Eat Right toolkits, fifty \$200 grants are available. Recipients agree to give two presentations between September 30 and November 29 from any of the seven Kids Eat Right toolkits.

[Learn More >>](#)

Foundation's Student Stipends Allow Tomorrow's RDNs to Attend FNCE

The Foundation is able to award student stipends to attend the Food & Nutrition Conference & Expo thanks to the generosity of dietetic practice groups, state affiliates and individual Academy members.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

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1989. Daily News: Wednesday, September 4, 2013

From: Academy of Nutrition and Dietetics Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Sep 04, 2013 10:50:37
Subject: Daily News: Wednesday, September 4, 2013
Attachment:

Daily News

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets. Please note that some publications may require registration or a subscription to access online content

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors.

Better diet tied to fewer deaths after heart attack

<http://www.chicagotribune.com/health/sns-rt-us-better-diet-20130903,0,892187.story>

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1733453>

CDC: 200,000 deaths from heart disease, stroke were preventable

<http://www.suntimes.com/news/metro/22336692-418/cdc-200000-deaths-from-heart-disease-stroke-were-preventable.html>

Source: CDC

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm62e0903a1.htm>

Related Resource: The Role of Health Promotion and Chronic Disease Prevention

Both the Position Paper and Practice Paper are available at:

<http://www.eatright.org/About/Content.aspx?id=6442460576>

Overeating infant formula linked to higher risk of obesity, suggests study

<http://www.foodnavigator.com/Science-Nutrition/Overeating-infant-formula-linked-to-higher-risk-of-obesity-suggests-study>

Source: *Pediatric Obesity*

<http://onlinelibrary.wiley.com/doi/10.1111/j.2047-6310.2013.00155.x/abstract>

Are Some Bodies 'Resistant' to Hikes in BMI?

<http://www.medpagetoday.com/PrimaryCare/Obesity/41364>

Source: *International Journal of Obesity*

<http://www.nature.com/ijo/journal/vaop/naam/abs/ijo2013161a.html>

PETA Joins Inmate's Fight Against Eating Fish

http://www.kztv10.com/news/peta-joins-inmate-s-fight-against-eating-fish/#_

Related Resource: Dietetic Practice Group Sub-units

<http://www.eatright.org/Members/content.aspx?id=655>

Dietetics in Health Care Communities DPG-Corrections Sub-unit

<http://www.eatright.org/Members/content.aspx?id=655>

The Greek Yogurt Culture War

It's Crowding Out Classic Flavors and Others in the Dairy Case; Bye Bye, Margarine

<http://online.wsj.com/article/SB10001424127887324886704579052974211438870.html>

Calorie-counting 'eButton' camera measures portion size

<http://www.medicalnewstoday.com/articles/265621.php>

Registered Dietitians in the News

Cooking right with coconut

Picking the right type of coconut to meet your cooking needs

(Andrea Giancoli, Academy Spokesperson quoted)

<http://www.chicagotribune.com/features/food/sc-food-0830-coconuts-20130904,0,2400694.story>

11 simple weight loss tips

(Dawn Jackson Blatner, RD quoted)

http://www.cnn.com/2013/09/04/health/easy-weight-loss-tips/index.html?hpt=he_c1

Lunchbox Lessons

(By Jessica Lehmann, RDN, and Michelle Dudash, RD quoted)

<http://www.raisingarizonakids.com/2013/08/lunchbox-lessons/>

No need to feel hungry on a weight loss plan

(By April Graff, RD)

<http://mankatofreepress.com/features/x335460124/No-need-to-feel-hungry-on-a-weight-loss-plan>

Practical Nutrition: Read nut butter labels if you have allergies or are watching fat

(By Mary-Jo Sawyer, RD)

http://www.timesdispatch.com/entertainment-life/health/practical-nutrition-read-nut-butter-labels-if-you-have-allergies/article_80adca33-f832-5b3e-9baf-ecb2df93bf87.html

A few hot facts about chiles

(By Barbara Quinn, RD)

http://www.montereyherald.com/barbaraquinn/ci_24008789/barbara-quinn-few-hot-facts-about-chiles

Ensuring A School Year Filled With Healthy Lunches

(Jessica Graumann, RD quoted)

<http://minnesota.cbslocal.com/2013/09/03/ensuring-a-school-year-filled-with-healthy-lunches/>

Germophobe tactics at the buffet line

(By Suzanne Havala Hobbs, RD)

<http://www.newsobserver.com/2013/09/03/3160867/germophobe-tactics-at-the-buffet.html>

How to pack a healthy lunch

(Katie Jessop, Dietitian/Canada featured)

<http://www.chch.com/how-to-pack-a-healthy-lunch/>

Are you a supplement junkie?

(By Marsha N. Woolery dietitian/ Jamaica)

<http://jamaica-gleaner.com/gleaner/20130904/health/health1.html>

Quote of the Week

If you fell down yesterday, stand up today.

-H.G. Wells

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1990. Foundation meeting on September 17th

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Sep 03, 2013 17:06:42
Subject: Foundation meeting on September 17th
Attachment: [2013 Foundation report.pdf](#)
[2013 ANDF financial results cover memo.doc](#)
[Foundation FY results thought July.pdf](#)
[2014 results cover memo through July.doc](#)

Donna,

I hope you had a great weekend. As you probably know, we have a Foundation meeting on September 17th. They would like a quick financial overview. I put together two documents; FY13 financial summary and a FY14, through July, financial summary. The FY13 information is a very large report. Last year, a Foundation Board member did not think he was getting enough information and requested that I create a new, more detailed report. After searching the world and not getting anything specific direction from the Board member, the attached report was create. It also was accepted as we go forward. We will provide this twice a year; mid-year and end of year. It is a very lengthy report. However, it does make us (staff) better. I don't think anyone will expect us to go through the report. So, we can stay on the summary page.

The second report is providing some information on FY14. Since August will not be done until later, the information can only be through July. Again, this is a high level report. I am using the relevant pages from our FAC call to make up this report.

In both cases, I have a cover memo. I put both you and me as the presenters. Primarily because you should not be expected to know every detail. That being said, we have two weeks and I can provide additional detail. If you would like it to just come from you, that would be fine. Just let me know. So, take a look at these reports and let me know your thoughts. I think Susan would like this information by Friday.

Take care.

Paul

1991. Workshop and Excursion Registration Extended!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <dmartin@burke.k12.ga.us>
Sent Date: Sep 02, 2013 08:00:31
Subject: Workshop and Excursion Registration Extended!
Attachment:

Workshop and Excursion Registration Extended!

Having trouble viewing this e-mail? View it in your browser.

Still time to register for pre-FNCE[®] workshopsDeadline Extended!

The pre-FNCE[®] workshops and excursions registration have been extended to Friday, September 20. Be sure to reserve your space now for the Saturday, Oct. 19 events!

[Learn more](#)

You can add a pre-FNCE[®] event in four easy steps:

1. Visit the FNCE[®] registration page
2. Log into your registration on the right side of the page
3. Once you are logged onto your dashboard select Registration Details and click the Edit button next to Additional Selections
4. On the next screen select the Workshops and Excursions you wish to purchase at the early registration rate and proceed to checkout.

OR you call the FNCE[®] Registration Help Desk at 866-451-6444!

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1992. Daily News: Thursday, August 29, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Aug 29, 2013 10:25:13
Subject: Daily News: Thursday, August 29, 2013
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High Cholesterol May Be Particularly Bad for Middle-Aged Men

<http://health.usnews.com/health-news/news/articles/2013/08/27/high-cholesterol-may-be-particularly-bad-for-middle-aged-men>

Source: *Epidemiology*

http://journals.lww.com/epidem/Abstract/2013/09000/Risk_of_Acute_Myocardial_Infarction__Dyslipidemia.3.aspx

Gut bacteria linked to obesity, other illnesses, study shows

<http://www.foxnews.com/health/2013/08/29/gut-bacteria-link-to-obesity-illnesses-study-shows/>

Source: *Nature*

<http://www.nature.com/nature/journal/v500/n7464/full/nature12506.html>

Study Links School Age Drinking to Increased Risk of Breast Cancer

<http://www.scienceworldreport.com/articles/9126/20130829/study-links-school-age-drinking-to-increased-risk-of-breast-cancer.htm>

Source: *Journal of the National Cancer Institute*

<http://jnci.oxfordjournals.org/content/early/2013/08/24/jnci.djt213.abstract>

Scientists find clue to age-related memory loss

<http://www.usatoday.com/story/news/nation/2013/08/28/age-related-memory-loss/2723523/>

Source: *Science Translational Medicine*

<http://stm.sciencemag.org/content/5/200/200ra115>

Babies acquire food dislikes before likes study suggest

<http://www.foodnavigator-usa.com/R-D/Babies-acquire-food-dislikes-before-likes-study-suggests>

Source: *Flavour*

<http://www.flavourjournal.com/content/2/1/19>

Economic downturn changed relationship between employment and childrens food security

<http://www.ers.usda.gov/data-products/chart-gallery/detail.aspx?chartId=39906&ref=collection>

Related Resource: Acadmey Position-Food Insecurity in the United States

<http://www.eatright.org/About/Content.aspx?id=8361>

Turning up the heat: Millennials like their flavors hot, spicy and sophisticated says Kalsec

<http://www.foodnavigator-usa.com/Markets/Turning-up-the-heat-Millennials-like-their-flavors-hot-spicy-and-sophisticated-says-Kalsec>

The cities that eat the healthiest working meals

<http://www.foxnews.com/health/2013/08/28/cities-that-eat-healthiest-working-meals/>

Underutilized chokeberry accessions show potential for nutritional products

<http://www.nutraingredients.com/Research/Underutilized-chokeberry-accessions-show-potential-for-nutritional-products>

Source: J Agric Food Chem

<http://pubs.acs.org/doi/abs/10.1021/jf402449q>

FDA plans study to see how consumers respond to nutrient content claims on snacks

<http://www.foodnavigator-usa.com/R-D/FDA-plans-study-to-see-how-consumers-respond-to-nutrient-content-claims-on-snacks>

Source: Federal Register

<https://www.federalregister.gov/articles/2013/08/22/2013-20469/agency-information-collection-activities-submission-for-office-of-management-and-budget-review#h-8%20>

AMA President Optimistic About A Fix For Medicares Doctor Payment Formula

http://www.washingtonpost.com/national/health-science/ama-president-optimistic-about-a-fix-for-medicares-doctor-payment-formula/2013/08/29/f859297e-1098-11e3-a2b3-5e107edf9897_story.html

Low-paid workers are marching for fairness

<http://www.usatoday.com/story/money/business/2013/08/28/low-wage-workers/2711379/>

In Congress, a Bid to Undo Dialysis Cuts

<http://www.nytimes.com/2013/08/29/us/politics/health-lobby-tries-to-undo-dialysis->

cuts.html?hp&_r=0

Mercury fingerprint of Pacific fish points to Asia coal power plants

<http://www.latimes.com/science/sciencenow/la-sci-sn-mercury-fingerprint-fish-20130827,0,4685274.story>

Source: *Nature Geoscience*

<http://www.nature.com/ngeo/journal/vaop/ncurrent/full/ngeo1918.html>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

ClinicalTrials.gov is a registry of federally and privately supported clinical trials conducted in the United States and around the world.

ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

-Diet and Migraine Study

<http://clinicaltrials.gov/ct2/show/NCT01859052?term=nutrition&rank=54>

MedlinePlus: Latest Health News

-Blood Pressure Drugs May Reduce Alzheimers Risk

-Readmission Rates for Children May Not Reflect Hospital Performance

-Study May Explain Why Some Obese People Don't Get Diabetes

-U.S. Nursing Homes Reducing Use of Antipsychotic Drugs

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

How to choose a lunchbox for your child

(Sarah Krieger, Academy Spokesperson quoted)

http://www.washingtonpost.com/lifestyle/on-parenting/how-to-choose-a-lunchbox-for-your-child/2013/08/27/52ff7ff4-ff7d-11e2-9711-3708310f6f4d_story.html

Farmers Market Creations: Watermelon

(Anna Busenburg, RD featured)

<http://www.wlfi.com/living-green/farmers-market-creations-watermelon>

After school snacking

(By Beth Freehill, RD)

<http://clintonherald.com/food/x86512321/After-school-snacking-101>

A hot day in the garden: Hy-Vee wraps up third year of Sprouts

(Jen Haugen, RD quoted)

<http://www.austindailyherald.com/2013/08/29/a-hot-day-in-the-garden-hy-vee-wraps-up-third-year->

of-sprouts/

Battle of the yogurts: Which curd will reign supreme?

(Korie Lown, RD quoted)

http://siouxcityjournal.com/weekender/food/battle-of-the-yogurts-which-curd-will-reign-supreme/article_261819ab-a235-5c9e-a7f7-a6fe4e9e8234.html

Little Rock kicks off 'Love Your School' anti-obesity initiative

(dietetic interns from UCA cited)

<http://www.thv11.com/news/article/277701/2/Little-Rock-kicks-off-Love-Your-School-anti-obesity-initiative>

Input of children packs a lunch

(Zannat Reza, dietitian/Canada quoted)

<http://thechronicleherald.ca/artslife/1150419-input-of-children-packs-a-lunch>

-The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-22640-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1993. Eat Right Weekly - August 28, 2013

From: Eat Right Weekly <weekly@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Aug 28, 2013 18:35:58
Subject: Eat Right Weekly - August 28, 2013
Attachment:

Eat Right Weekly
August 28, 2013

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[CPE Corner](#)
[Career Resources](#)
[Research Briefs](#)
[Academy Member Updates](#)
[Philanthropy, Awards and Grants](#)
[Eat Right Weekly](#)

On the Pulse of Public Policy

Ask Your Friends and Family to Fight Obesity

For the first time ever, the Academy has created a public link for community advocates to take action to support the Treat and Reduce Obesity Act. Please share widely and encourage others to advocate for treatment for seniors who suffer from obesity.

[Learn More >>](#)

New School Year, New School Breakfast - Get Ready!

This school year millions of children around the country will be eating healthier breakfasts thanks to the rollout of the Healthy Hunger-Free Kids Act. As a parent, nutrition professional or health advocate, are you ready?

[Learn More >>](#)

This Fall More Americans Will Go Hungry if Action Is Not Taken

The Supplemental Nutrition Assistance Program (SNAP) aims to feed millions of hungry Americans. However, it is only supplemental *assistance*, thus many recipients still suffer from food insecurity - the lack of access to consistent food.

[Learn More >>](#)

Celebration of Diversity Marks Onset of Commemorative Event

Representative James Clyburn (S.C.) referenced the historic "March on Washington" and its impact on diversity during his keynote address at the annual Celebration of Diversity Dinner co-sponsored by the Academy. The Academy Diversity Program Leader Angela Douge, MPH, RD, LDN, presented one of three "Trailblazer Awards" given to Chicago-area individuals that are paving the way for diversity within their organizations.

[Learn More >>](#)

CPE Corner

Online Certificate of Training Program: Chronic Kidney Disease Nutrition Management

Registered dietitian nutritionists play a pivotal role in enhancing self management by people with chronic kidney disease and in educating other health professionals about chronic kidney disease. To prepare members in this area, the Academy's Center for Professional Development presents Chronic Kidney Disease Nutrition Management, an online certificate of training program.

[Learn More >>](#)

Standards of Practice and Standards of Professional Performance: Steering the RDN Career in Diabetes

The Center for Professional Development offers an online learning module to enhance registered dietitian nutritionists' understanding of the Standards of Practice and Standards of Professional Performance in diabetes care and to provide practical application of these standards.

[Learn More >>](#)

Food Allergy Management Certificate of Training Program

The Center for Professional Development, with experts in the field of food management, offers an online certificate program with a focus on food allergy management for all Academy members. Enjoy a reduced rate of \$19 for each module.

[Learn More >>](#)

Executive Management Certificate of Training Program

The Center for Professional Development, with experts in the field of executive management, offers an online certificate program with a focus on enhancing executive management skills for all Academy members. Enjoy a reduced rate of \$19 for each module or complete all four modules and earn eight hours of CPEUs for \$76.

[Learn More >>](#)

CDR Weight Management Programs

The Commission on Dietetic Registration is offering a number of weight management programs for Academy members.

[Learn More >>](#)

Support the Foundation While Earning CPE Hours at FNCE!

The theme of the Foundation Nutrition Symposium at this year's Food & Nutrition Conference & Expo is "Nutrients and Micronutrients and Early Cognitive Development." Attendees will get the opportunity to explore the role of nutrition in cognitive development, including the direct effects of nutrition on the brain; transient nutritional effects that compound over time; and indirect effects of nutrition through improved health, all while earning CPE credits and supporting the Academy Foundation.

[Learn More >>](#)

Career Resources

Attend FNCE to Learn and Earn CPE

This year's Food & Nutrition Conference & Expo will be held October 19-22 in Houston, Texas. Education is everywhere at FNCE! Over 140 sessions covering 16 critical areas of the profession will be featured, giving you a chance to earn a minimum of 20.5 CPEs while exploring the exciting city of Houston.

[Learn More >>](#)

Get on Board with EatRightCareers

EatRightCareers is the official job board of the Academy of Nutrition and Dietetics and your primary resource for discovering a diverse number of food and nutrition job opportunities.

[Learn More >>](#)

August Book of the Month: New Online Resource on Oncology Nutrition

Save 10 percent on *The Complete Resource Kit for Oncology Nutrition*, a new web-based resource for registered dietitian nutritionists and dietetic technicians, registered who work with patients with cancer who are experiencing nutrition-related symptoms and side effects such as nausea, vomiting, diarrhea, dry mouth and constipation.

[Learn More >>](#)

New! After-School Food Safety Resources Available

During the school year, many families face busy schedules packed with extracurricular activities. Whether reheating dinner for latecomers or packing an after-school snack, equip your clients, family and friends with tips to reduce the risk of food poisoning with new resources from the Home Food Safety program - a collaboration between the Academy and ConAgra Foods.

[Learn More >>](#)

Kids Eat Right Offers Free Resources

Looking for ready-to-go presentations to deliver to children, parents or school staff as they head back to school this fall? A variety of free downloadable Kids Eat Right toolkits are available to Academy members.

[Learn More >>](#)

Kids Eat Right Mini-Grant Opportunity

To support the use of Kids Eat Right toolkits, fifty (50) \$200 grants are available. Recipients of the mini-grants agree to give two presentations between September 30 and November 29, 2013 from any of the seven Kids Eat Right toolkits.

[Learn More >>](#)

Academy Member Updates

Attend FNCE to Hear from the Experts!

This year's Food & Nutrition Conference & Expo will be held October 19 - 22 in Houston, Texas.

[Learn More >>](#)

Congratulations to Our 50-Year Members!

The Academy of Nutrition and Dietetics is proud to recognize a special group of individuals who have been members of the Academy for 50 continuous years. These members have been instrumental in the growth and development of the Academy through their ongoing support and contributions to the profession.

[Learn More >>](#)

Nominations for 2014 Election

The Nominating Committee is seeking leaders with the skills and vision to further the profession and the Academy's strategic plan.

[Learn More >>](#)

HOD Fall 2013 Backgrounder and Supporting Materials

The House of Delegates' Fall 2013 Backgrounder "Nutrition Services Delivery and Payment: The Business of Every Academy Member" and supporting materials are now available for members to view.

[Learn More >>](#)

August Kids Eat Right Everyday Heroes

Read about the Kids Eat Right members who are making a difference for children each day.

[Learn More >>](#)

Meet the Editor-in-Chief of the *Journal* at FNCE

Why should you take a few minutes to meet the editor-in-chief? Every time you receive the *Journal*, you'll know that you personally shared a professional moment with its chief! Join the new editor-in-chief of the *Journal of the Academy of Nutrition and Dietetics*, Linda Snetselaar, PhD, RDN, LD, for a meet and greet on Sunday, October 20, from 1:00 - 2:00 p.m. at the *Journal* booth (#305) at the Food & Nutrition Conference & Expo in Houston, Texas. Snetselaar will be on hand to discuss topics relating to publishing research and current and future directions of the *Journal*.

Special Thank You to Academy of Nutrition and Dietetics' Sponsors

To help advance the Academy's mission of empowering members to be the nation's food and nutrition leaders, the Academy's sponsorship program works with industry to build awareness of the Academy and its members; to share science-based information and new research with members and to enable the Academy to reach millions of consumers with healthy eating messages.

[Learn More >>](#)

Philanthropy, Awards and Grants

CDR Leadership Grant

The deadline is November 1 to apply for the Commission on Dietetic Registration's Leadership Grant Award, which provides financial support to registered dietitian nutritionists and dietetic technicians, registered to obtain leadership training.

[Learn More >>](#)

CDR Grassroots Marketing Grant

The deadline is December 1 to apply for the Commission on Dietetic Registration's Grassroots Marketing Grant Award. The purpose of this award is to provide grants to registered dietitian nutritionists and dietetic technicians, registered to promote CDR credentials at the local level to prospective employers or third-party payers.

[Learn More >>](#)

New! USDA FNCS Recipe Box

The FNCS Recipe Box provides a collection of quick, delicious and cost-effective recipes for every type of cook. The FNCS Recipe Box was recently launched by the USDA's Food Nutrition and Consumer Services agencies, Food and Nutrition Service and the Center for Nutrition Policy and Promotion.

[Learn More >>](#)

Foundation's Student Stipends Allow Tomorrow's RDNs to Attend FNCE

The Foundation is able to award student stipends to attend the Food & Nutrition Conference & Expo thanks to the generosity of dietetic practice groups, state affiliates and individual Academy members.

[Learn More >>](#)

Foundation's Kids Eat Right Gala

Enjoy a legendary evening of gourmet food, spectacular entertainment and dancing at the Foundation's Kids Eat Right Gala. Taking place the evening of Monday, October 21, the Gala is *the* social event of the 2013 Food & Nutrition Conference & Expo. During the evening, you can mingle with industry professionals, Academy leaders and peer industry leaders all while supporting the Foundation of your profession.

[Learn More >>](#)

[Send questions, comments or potential news items >>](#)

The submission deadline is 2 p.m. Central Time on the Thursday prior to publication.

Note: Links to sites other than the Academy's may become inactive over time.

Eat Right Weekly is e-mailed each Wednesday to all Academy members. It is also available online.

Eat Right Weekly is a benefit for members of the Academy of Nutrition and Dietetics. To unsubscribe from an individual section of *Eat Right Weekly*, follow this link.

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Headquarters | Academy of Nutrition and Dietetics

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1994. RE: Gift card

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Aug 28, 2013 15:53:54
Subject: RE: Gift card
Attachment:

I will get it and send it to her!

From: DMartin@Burke.k12.ga.us
Sent: Wednesday, August 28, 2013 11:48 AM
To: Paul Mifsud
Subject: Re: Gift card

That would be perfect. I was going to do it, but if you want to, I will not argue. Thanks!

Sent from my iPhone

On Aug 28, 2013, at 12:22 PM, Paul Mifsud <PMifsud@eatright.org> wrote:

Donna,

I will get the gift card for Robin. Would a \$10 Starbucks card be good? If you have another in mind, let me know.

Paul

1995. Gift card

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Aug 28, 2013 12:22:59
Subject: Gift card
Attachment:

Donna,

I will get the gift card for Robin. Would a \$10 Starbucks card be good? If you have another in mind, let me know.

Paul

1996. Daily News: Wednesday, August 28, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Aug 28, 2013 10:51:51
Subject: Daily News: Wednesday, August 28, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

More Exercise, Metformin Alter Lipid Particles
<http://www.medpagetoday.com/Endocrinology/Diabetes/41211>
Source: Journal of Clinical Endocrinology & Metabolism
<http://jcem.endojournals.org/content/early/2013/08/26/jc.2013-1452.abstract>

Many Breast-Feeding Moms Unaware Of Health Law Help

http://www.washingtonpost.com/national/health-science/many-breast-feeding-moms-unaware-of-health-law-help/2013/08/27/5e5c21ce-0f4d-11e3-a2b3-5e107edf9897_story.html

Related Resource: Academy Position-Promoting and Supporting Breastfeeding
<http://www.eatright.org/About/Content.aspx?id=8377>

Gene Linked to Heart Risk in Diabetes
<http://www.medpagetoday.com/Cardiology/Diabetes/41219>
Source: Journal of the American Medical Association
<http://jama.jamanetwork.com/article.aspx?articleid=1733719>

Inflammation May Hold Key to 'Fat but Fit'

<http://www.medpagetoday.com/Endocrinology/GeneralEndocrinology/41225>

Source: *Journal of Clinical Endocrinology & Metabolism*

<http://jcem.endojournals.org/content/early/2013/08/26/jc.2013-2038.abstract>

Harvard meta analysis provides more evidence that first line of defense against weight gain is to reduce or stop drinking sugary drinks

<http://www.foodnavigator-usa.com/R-D/Harvard-meta-analysis-provides-more-evidence-that-1st-line-of-defense-against-weight-gain-is-to-reduce-or-stop-drinking-sugary-drinks>

Source: *American Journal of Clinical Nutrition*

<http://ajcn.nutrition.org/content/early/2013/08/21/ajcn.113.058362.abstract>

Abdominal pain? Constipation? Talk it out

http://www.cnn.com/2013/08/28/health/gi-disorders-ibs-cic/index.html?hpt=he_c1

Related Resource-FNCE Session: Sunday October 20, 2013

Cutting-Edge Nutrition Solutions for Irritable Bowel Syndrome

<http://fnce.eatright.org/fnce/SessionDetails.aspx?SessionID=33548>

'Expecting Better' pregnancy advice

http://www.cnn.com/2013/08/27/health/expecting-better-pregnancy-myths/index.html?hpt=he_c2

Some hospitals at risk for electronic record penalties

<http://www.chicagotribune.com/health/sns-rt-us-hospitals-record-20130827,0,4681936.story>

Source: *Health Affairs*

<http://content.healthaffairs.org/content/32/8/1355>

Related Resource: Nutrition Informatics/HITECH Act

<http://www.eatright.org/informatics/>

Emanuel's food desert promises fall short

<http://www.chicagotribune.com/news/local/ct-met-rahm-emanuel-food-deserts-20130828,0,7763255.story>

Related Resource Source: *Chicago Food Desert Progress Report*

http://marigallagher.com/site_media/dynamic/project_files/Final_2011_ChgFD_drilldown.pdf

Related Resource: Academy Position-Food Insecurity in the United States

<http://www.eatright.org/About/Content.aspx?id=8361>

Do college students eat like the rest of us? GrubHub finds out

<http://www.foodnavigator-usa.com/Markets/Do-college-students-eat-like-the-rest-of-us-GrubHub-finds-out>

Some school districts quit healthier lunch program

<http://www.usatoday.com/story/news/nation/2013/08/27/school-districts-healthy-lunches/2710697/>

Nudged to the Produce Aisle by a Look in the Mirror

The mirror is part of an effort to get Americans to change their eating habits

<http://www.nytimes.com/2013/08/28/dining/wooing-us-down-the-produce-aisle.html?ref=health>

What will we be eating in 2014? Alcoholic ginger beer, spicy mango ice cream and jack fruit?

<http://www.foodnavigator-usa.com/Suppliers2/What-will-we-be-eating-in-2014-Alcoholic-ginger-beer-spicy-mango-ice-cream-and-jack-fruit>

Forget whats trending now were looking 3-5 years ahead for the flavor trends of the future

<http://www.foodnavigator-usa.com/Suppliers2/Firmenich-Forget-what-s-trending-now-we-re-looking-3-5-years-ahead-for-the-flavor-trends-of-the-future>

Chobani to remove hemp seeds from yogurt following US Air Force ban

<http://www.foodnavigator-usa.com/Manufacturers/Chobani-to-remove-hemp-seeds-from-yogurt-following-US-Air-Force-ban>

Naked Juice company settles lawsuit against all natural claims

<http://www.foxnews.com/health/2013/08/28/naked-juice-company-settles-lawsuit-against-all-natural-claims/>

Spices Link to Food Ills Prompts Changes in Farming

<http://www.nytimes.com/2013/08/28/world/asia/farmers-change-over-spices-link-to-food-ills.html?ref=health>

Source: *Food Microbiology*

<http://www.sciencedirect.com/science/article/pii/S0740002012002171>

MedlinePlus: Latest Health News

- Early stuttering common, not tied to development issues
- Gene Study Helps Advance Diagnosis of Cystic Fibrosis
- New Hope for Early Detection of Ovarian Cancer

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

After School Snacks: Easy Ideas for Busy Parent

(Katie Ferraro, RD featured)

<http://www.sandiego6.com/story/pre-planned-meals-for-families-20130820>

Tips for eating healthy on-the-go

(By Tanya Zuckerbrot, RD)

<http://www.foxnews.com/health/2013/08/27/tips-for-eating-healthy-on-go/>

Practical Nutrition: Focus on pesticide exposure may scare people away from consuming fruits and vegetables

(By Mary-Jo Sawyer, RD and Elizabeth Pivonka, RD quoted)

http://www.timesdispatch.com/entertainment-life/food-dining/practical-nutrition-focus-on-pesticide-exposure-may-scare-people-away/article_b86e3157-c4fc-58e7-9b07-fa5499e012ae.html

Healthy Living: Packing an easy healthy lunch

(By Carmel Rickenbach, RD)

<http://www.dailylocal.com/article/20130828/ENTERTAINMENT01/130829740/healthy-living-packing-an-easy-healthy-lunch>

Game plan keeps football tailgate food safe

(Brent Fountain, RD quoted)

<http://neshobademocrat.com/main.asp?SectionID=2&SubSectionID=297&ArticleID=30077>

Grab a healthier slice of pizza

(By Kati Mora, RD)

<http://www.themorningsun.com/article/20130827/LIFE03/130829749/kati-mora-grab-a-healthier-slice-of-pizza>

Apps to keep a food journal

(By Kathy Kolasa, RD)

<http://www.reflector.com/look/kolasa/kolasa-apps-keep-food-journal-2145937>

Prenatal Nutrition

(By Nicole Johnson, RD)

<http://www.kcrg.com/news/health/Hy-Vee-at-Midday-Prenatal-Nutrition-221326391.html>

Quote of the Week

50th Anniversary of *I Have a Dream Speech*

Now is the time to make real the promises of democracy.

Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice.

Now is the time to open the doors of opportunity to all of God's children.

Now is the time to lift our nation from the quick sands of racial injustice to the solid rock of brotherhood.

-Martin Luther King, Jr.

The Academics Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-22598-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1997. The early bird gets the savings!

From: Academy of Nutrition and Dietetics <AcademyUpdates@eatright.org>
To: Donna <DMartin@burke.k12.ga.us>
Sent Date: Aug 27, 2013 16:33:50
Subject: The early bird gets the savings!
Attachment:

The early bird gets the savings!

Having trouble viewing this e-mail? View it in your browser.

Early bird registration ends September 6!

There is still time to save on registration to the 2013 Food & Nutrition Conference & Expo to be held October 19-22 in Houston, Texas. **Did you know you can earn a minimum of 20.5 CPEUs attending FNCE?** That is about \$17 a CPEU credit! And FNCE offers so much more including outcomes-based learning, face-to-face networking, insights into emerging research and so much more!

Dont miss your chance network, learn and make meaningful business connections.

Register today!

www.eatright.org/fnce

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1998. Daily News: Tuesday, August 27, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Aug 27, 2013 11:06:25
Subject: Daily News: Tuesday, August 27, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

The Academy does not have editorial or other control over the contents of the referenced Web sites, is not responsible for the opinions expressed by the authors of listed articles and does not endorse any product or service.

Nominations for 2014 Election

The Nominating Committee is seeking nominations for leaders with the skills and vision to further the profession and the Academy's strategic plan for the 2014 Election. Nominations for president-elect, speaker-elect and treasurer-elect close September 9, 2013. For more information please visit www.eatright.org/elections

Focusing on weight loss may not be effective

(Constance Brown-Riggs, Academy Spokesperson quoted)

<http://thegrio.com/2013/08/26/focusing-on-weight-loss-may-not-be-effective/>

Source: *JAMA Internal Medicine*

<http://archinte.jamanetwork.com/article.aspx?articleid=1731966>

Three squares vs. a day of smaller meals: Which is better for healthy weight loss?

http://www.washingtonpost.com/national/health-science/three-squares-vs-a-day-of-smaller-meals-which-is-better-for-healthy-weight-loss/2013/08/26/c926fc80-036e-11e3-a07f-49ddc7417125_story.html

Source: *Journal of Nutrition*

<http://jn.nutrition.org/content/141/1/154.long>

Nutrition Journal

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2941474/>

Fewer school districts promote junk food, soda

<http://www.usatoday.com/story/news/nation/2013/08/26/school-districts-junk-food-soda/2703007/>

Source: CDC-School Health Policies and Practices Study (SHPPS)

<http://www.cdc.gov/HealthyYouth/shpps/index.htm>

Ask Well: Eating Before Exercise

<http://well.blogs.nytimes.com/2013/08/26/ask-well-eating-before-exercise/?ref=health>

Related Resource: *Sports Nutrition: A Practice Manual for Professionals*, Fifth Edition

<https://www.eatright.org/shop/product.aspx?id=6442468935>

'Drunkorexia' is a behavior that doesn't work, health experts say

<http://www.latimes.com/health/la-he-drunkorexia-20130824,0,5362322.story>

New prenatal tests provide more information, but link to problems isnt clear

http://www.washingtonpost.com/national/health-science/new-prenatal-tests-provide-more-information-but-link-to-problems-isnt-clear/2013/08/26/7dd85df8-e7eb-11e2-a301-ea5a8116d211_story.html

A Quest for Even Safer Drinking Water

<http://www.nytimes.com/2013/08/27/science/a-quest-for-even-safer-drinking-water.html?ref=health>

Caffeine commentary by FDA deputy commissioner called reasonable and balanced

<http://www.foodnavigator-usa.com/Regulation/Caffeine-commentary-by-FDA-deputy-commissioner-called-reasonable-and-balanced>

Source: Defining Boundaries for Caffeine in Todays Marketplace

<http://blogs.fda.gov/fdavoices/index.php/2013/08/defining-boundaries-for-caffeine-in-todays-marketplace>

How does taste work-How our evolving understanding could lead to better food

<http://www.foodnavigator-usa.com/R-D/How-does-taste-work-How-our-evolving-understanding-could-lead-to-better-food>

MedlinePlus: Latest Health News

Good Nutrition Can Boost School Performance, Expert Says

Allergies, Asthma Show Links to ADHD: Study

Depression with diabetes may speed mental decline

Move More to Control Weight Gain During Pregnancy: Study

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Plan ahead and get kids involved for fast, healthy lunches

(Bethany Thayer, Academy Spokesperson quoted)

<http://www.delawareonline.com/article/20130827/LIFE12/308270023/Plan-ahead-get-kids-involved-fast-healthy-lunches>

Breakfast for kids doesnt have to be complicated

(Angela Lemond. Academy Spokesperson & Jill Castle, RD quoted)

<http://www.dailyherald.com/article/20130827/entlife/708279973/>

Sports drinks no substitute for water and wholesome foods

(By April Graff, RD)

<http://mankatofreepress.com/features/x312412450/Sports-drinks-no-substitute-for-water-and-wholesome-foods>

Finding smarter snacks for your students

(Wendy Palmer, RD quoted)

http://missoulia.com/lifestyles/health-med-fit/finding-smarter-snacks-for-your-students/article_e5f37b4c-0eca-11e3-8c20-0019bb2963f4.html

Gluten-free diet depends on what's eating you

People with bowel sensitivities might feel relief, but those looking for a weight-loss aid will be disappointed.

(Deborah Eck, RD & Marsha Hilgeford, RD quoted)

<http://www.usatoday.com/story/news/nation/2013/08/26/gluten-free-diet/2704555/>

Paleo diet, like cavemen, is just the beginning

(Marlys Slone, RD quoted)

<http://www.mansfieldnewsjournal.com/article/20130826/LIFESTYLE/308260024>

Stock the perfect dorm room: Two dozen meal and snack ideas, plus a brand-specific shopping list

(By Molly Kimball, RD)

http://www.nola.com/health/index.ssf/2013/08/stock_the_perfect_dorm_room_tw.html

Packing a Healthy Kid's Lunch!

(Marcia Crawford, RD featured)

<http://www.indianasnewscenter.com/insight/inhealth/Registered-Dietitian-Marcia-Crawford---Packing-a-Healthy-Kids-Lunch-220834771.html>

Social media can add immediacy to small businesses

(By Laura Pensiero, RD)

<http://www.rhobserver.com/18917/social-media-can-add-immediacy-to-small-businesses/>

Positive attitude, unexpected half marathon aids midlife madness

(By Jeanine Stice, RD)

<http://www.statesmanjournal.com/article/20130827/LIFE/308270006/Positive-attitude-unexpected->

half-marathon-aids-midlife-madness

Fighting Fatigue in the Afternoon

(Lona Sandon, RD quoted)

<http://online.wsj.com/article/SB10001424127887323608504579024773708604060.html>

The Academys Position Papers and Practice Papers are available at:

<http://www.eatright.org/positions/>

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or send a blank email to leave-22565-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mailer.eatright.org

1999. FW: LPPC Action on CPLS Recommendations

From: Juliana Smith <Jsmith@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Aug 26, 2013 15:59:35
Subject: FW: LPPC Action on CPLS Recommendations
Attachment: [image003.jpg](#)

From: Juliana Smith

Sent: Monday, August 26, 2013 3:55 PM

To: 'Glenna McCollum'; 'Sonja Connor'; 'bergmane@cwu.edu'; 'KMcClusky@iammorrison.com'; 'dmartin@burke.K12.ga.us'; peark02@outlook.com; Nancylewis1000@gmail.com; 'easaden@aol.com'; Becky Dorner; 'lbeseler_fnc@bellsouth.net'; 'c.christie@unf.edu'; 'mgarner@cchs.ua.edu'; 'mgarner@cchs.ua.edu'; dwheller@mindspring.com; 'bkyle@roadrunner.com'; 'joe.derochowski@connell-group.com'; 'sandra.gill@comcast.net'; Patricia Babjak

Cc: Jeanne Blankenship

Subject: LPPC Action on CPLS Recommendations

Monday, August 26, 2013

To: Academy Board of Directors

From: Juliana Smith, Director of Consumer Protection and Licensure

Re: LPPC Action on Consumer Protection and Licensure Subcommittee (CPLS) Recommendations

Please be advised that the LPPC approved two recommendations made by the CPLS:

1) The Public Policy Panel Leader Title “Licensure Board Liaison” be changed to “Consumer Protection Coordinator.”

The new name more appropriately describes the duties of this leadership role. This position is envisioned to be an integral part of the affiliate public policy panel responsible for keeping the affiliate

informed about consumer protection issues and monitoring the activities of state licensure, certification or regulatory boards. This position is necessary for consumer protection even in states that currently do not have licensure or certification.

2) The Academy adopt the following policy statement regarding dual service on Academy or Affiliate and state licensure or certification boards:

“Academy members considered for appointment to or who currently hold positions on state licensure or certification boards are strongly discouraged from concurrently holding elected or appointed leadership

positions on Academy boards, state affiliate boards, and/or public policy panels. Participation on Academy committees that influence consumer protection laws or regulations should be carefully considered.

Affiliate leaders are encouraged to review and understand the laws and regulations surrounding consumer protection and licensure, ethics, and conflict on interests that are in effect in their respective states

when considering recommendations for appointments to state licensure or certification boards. ”

Some states prohibit dual memberships for those who hold leadership positions with fiduciary responsibilities in both entities. While not deemed to be specifically illegal or unethical in other states, the significant

potential for an actual or perceived conflict of interest makes it desirable to have a separation of these duties. Finally, members who seek assistance with licensure or who wish to discuss concerns related to the

licensure board are not well served when the leadership of both entities includes simultaneous cross representation.

Communication Plan

A plan for communicating these recommendations to Academy and affiliate leaders has been initiated. The recommendations will be also be presented to licensure leaders at the consumer Protection and Licensure Summit

being held on October 18-19, 2013 in Houston, Texas. In addition the information will be shared directly with affiliate leaders and members of the public policy panel through the weekly public policy update tomorrow.

Finally, a summary of the recommendations will be included in the Fall 2013 House of Delegates and the October Board of Directors LPPC Reports.

Best regards,

Juliana Smith

Director of Consumer Protection and Licensure

2000. RE: Finance and Audit Committee meeting on Tuesday, August 27th, at 1 p.m. CDT

From: Maria Juarez <MJuarez@eatright.org>
To: Paul Mifsud <PMifsud@eatright.org>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>, Linda Serwat <LSerwat@eatright.org>
Sent Date: Aug 23, 2013 14:16:36
Subject: RE: Finance and Audit Committee meeting on Tuesday, August 27th, at 1 p.m. CDT
Attachment: [image001.png](#)

All,

The documents for our FAC conference call scheduled August 27, 2013 are loaded into the portal.

Folder name "2013-2014 – August 27, 2013 FAC conference call "

Please login on the portal using the link <http://ada.portalxm.com> and enter your e-mail address and password.

If you have any questions or problems login in, please contact Linda Serwat at extension 4731.

Talk to you soon

Maria G Juarez
Manager, General Accounting Finance and administration

Academy of Nutrition and Dietetics

120 South Riverside Plaza, suite 2000

Chicago, IL 60606

mjuarez@eatright.org

312-899-4886 phone

312-899-5335 fax

1-800-877-1600- Ext 4886

2001. Daily News & Journal Review: Friday, August 23, 2013

From: Academy of Nutrition and Dietetics' Knowledge Center
<knowledge@eatright.org>
To: Donna S Martin RDN LD <DMartin@burke.k12.ga.us>
Sent Date: Aug 23, 2013 10:20:14
Subject: Daily News & Journal Review: Friday, August 23, 2013
Attachment:

From the Academy of Nutrition and Dietetics Knowledge Center

The Daily News is an e-newsletter informing members of current news related to food, nutrition and health from major news outlets.

Please note that some publications may require registration or a subscription to access online content.

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Role of HDL in Heart Disease Risk Iffy
<http://www.medpagetoday.com/Cardiology/Prevention/41111>

Source: *Journal of the American College of Cardiology* (3 articles)
<http://content.onlinejacc.org/article.aspx?articleid=1731137>
<http://content.onlinejacc.org/article.aspx?articleid=1731131>
<http://content.onlinejacc.org/article.aspx?articleid=1731132>

Probiotics linked to lower risk of allergies for kids

<http://www.chicagotribune.com/health/sns-rt-us-probiotics-linked-to-lower-risk-of-allergies-20130822,0,5163254.story>

Source: *Pediatrics*

<http://pediatrics.aappublications.org/content/early/2013/08/13/peds.2013-0246.abstract>

Related Resource: *The Health Professionals Guide to Food Allergies and Intolerances*

<https://www.eatright.org/shop/product.aspx?id=6442472295>

Researchers question fructose's role in obesity and brain functioning

<http://www.foodnavigator-usa.com/R-D/Researchers-question-fructose-s-role-in-obesity-and-brain-functioning>

Source: *Nutrition Journal*

<http://www.nutritionj.com/content/12/1/114>

For nearly 1 in 5 Americans, BMI may tell the wrong story

Unhealthy lean patients are often overlooked, while healthy fat ones get harangued.

<http://www.latimes.com/science/sciencenow/la-sci-obesity-predicting-health-20130822,0,7737880.story>

Source: *Science*

<http://www.sciencemag.org/content/341/6148/856.summary>

Obese Patients Get No Benefit from Appetite Hormone

<http://www.medpagetoday.com/Endocrinology/Obesity/41110>

Source: *Journal of Clinical Endocrinology & Metabolism*

<http://jcem.endojournals.org/content/early/2013/08/20/jc.2013-1635.abstract>

Do the same genes cause alcohol dependence and eating disorders?

<http://www.chicagotribune.com/health/la-sci-sn-common-genes-alcoholism-eating-disorders-20130820,0,7917058.story>

Source: *Journal of Studies on Alcohol & Drugs*

http://www.jsad.com/jsad/article/A_Twin_Study_of_Alcohol_Dependence_Binge_Eating_and_Compensatory_Behavior/4844.html

Hyperbaric Oxygen Therapy: Don't Be Misled

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm364687.htm>

FAQ On ACOs: Accountable Care Organizations, Explained

http://www.washingtonpost.com/national/health-science/faq-on-acos-accountable-care-organizations-explained/2013/08/23/1b80f34c-0bde-11e3-89fe-abb4a5067014_story.html

Related Resource: Accountable Care Organizations: A New Model in Health Care Reform

<http://www.eatright.org/Members/content.aspx?id=6442460362>

A health initiative worth its salt? Philly works to reduce sodium in Chinese takeout food

http://www.washingtonpost.com/national/health-science/a-health-initiative-worth-its-salt-philly-works-to-reduce-sodium-in-chinese-take-out-food/2013/08/23/39d71ee6-0bbd-11e3-89fe-abb4a5067014_story.html

Eco eating goes mainstream says news report. From tofu and sustainable seafood to insect protein

<http://www.foodnavigator-usa.com/Markets/Eco-eating-goes-mainstream-says-new-report.-From-tofu-and-sustainable-seafood-to-insect-protein>

Source: *Eco Eating Culinary Trend Mapping Report*

<http://www.packagedfacts.com/Eco-Eating-Culinary-7710822/>

Whole Foods' Battle for the Organic Shopper

http://online.wsj.com/article/SB10001424127887323455104579015162135676136.html?mod=WSJ_business_LeadStoryCollection

This warning letter headline contains a word sure to get FDA attention

<http://www.foodnavigator-usa.com/Regulation/This-warning-letter-headline-contains-a-word-sure-to-get-FDA-s-attention>

Related Resource: FDA

<http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/LabelingNutrition/ucm2006828.htm>

Food fraud which ingredients are most vulnerable

<http://www.foodnavigator-usa.com/Suppliers2/Food-fraud-Which-ingredients-are-most-vulnerable>

MedlinePlus: Latest Health News

-Smoking and Weight Gain

-NIH study finds chronic alcohol use shifts brains control of behavior

-Early Course of HIV Therapy May Give Infants a Break From Drugs

- 'Fat Letters' Take the Stage in Childhood Obesity Debate

<http://www.nlm.nih.gov/medlineplus/healthnews.html>

Registered Dietitians in the News

Dietitian: Weight loss is a group effort

(Tina Miller, RD quoted)

<http://sheltonherald.com/24023/dietitian-weight-loss-is-a-group-effort/>

Feed Your Childs Mind with Breakfast

(Jen Haugen, RD quoted)

<http://www.kaaltv.com/article/stories/S3134876.shtml?cat=11985>

Are Men Better Dieters? New Study on Cravings

(Sandra Luthringer, RD quoted)

<http://www.erievnews.com/story/23236845/are-men-better-dieters>

Farmer's Markets!

(Marcia Crawford, RD featured)

<http://www.indianasnewscenter.com/insight/inhealth/Registered-Dietitian-Marcia-Crawford--->

Farmers-Markets-219273341.html

Back to School, Back to Basics: Packing Nutritious Lunches Beyond PB&J

(By Eleana Kaidanian, RD)

http://jewishlinkbc.com/index.php?option=com_content&view=article&id=1341%3Aback-to-school-back-to-basics-packing-nutritious-lunches-beyond-pbaj-&catid=157%3Afood&Itemid=569

How to Avoid the Freshman 15

(Gina Keilen, RD quoted)

<http://www.fox47news.com/news/wearespartans/MSU--220700731.html>

5 ways your healthy diet is making you tired

(Meridith Zerner, RD quoted)

<http://abcnews.go.com/Health/Wellness/ways-healthy-diet-making-tired/story?id=20039462>

Journal Review

Academy members can now obtain articles from the *Journal Review* for as little as \$10 per article, which saves Members up to \$20 per article.

If you are interested in obtaining your copy today, visit

<http://www.eatright.org/Members/content.aspx?id=1197> to place your order.

***Journal of the Academy of Nutrition and Dietetics*, September 2013 Supplement**

(Browse the 2013 Food & Nutrition Conference & Expo Poster Sessions)

<http://www.andjrn.org/supplements>

***American Journal of Clinical Nutrition*, September 2013**

<http://ajcn.nutrition.org/content/current>

Editorial: Brain activation in relation to specific dietary components: what does fMRI measure and how should one interpret cravings for certain foods?

<http://ajcn.nutrition.org/content/98/3/633.full>

Cardiometabolic risk factors and obesity: does it matter whether BMI or waist circumference is the index of obesity?

<http://ajcn.nutrition.org/content/98/3/637.short>

Effects of dietary glycemic index on brain regions related to reward and craving in men

<http://ajcn.nutrition.org/content/98/3/641.short>

SFAs do not impair endothelial function and arterial stiffness

<http://ajcn.nutrition.org/content/98/3/677.abstract>

Accuracy of Dietary Reference Intakes for determining energy requirements in girls

<http://ajcn.nutrition.org/content/98/3/700.abstract>

Evidence mapping: methodologic foundations and application to intervention and observational research on sugar-sweetened beverages and health outcomes

<http://ajcn.nutrition.org/content/98/3/755.short>

Healthy feeding habits: efficacy results from a cluster-randomized, controlled exploratory trial of a novel, habit-based intervention with parents

<http://ajcn.nutrition.org/content/98/3/769.abstract>

Association of blood antioxidants and vitamins with risk of age-related cataract: a meta-analysis of observational studies

<http://ajcn.nutrition.org/content/98/3/778.short>

American Journal of Preventive Medicine, September 2013

<http://www.ajpmonline.org/current>

Objective Food Environments and Health Outcomes

[http://www.ajpmonline.org/article/S0749-3797\(13\)00343-7/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00343-7/abstract)

The Nutrition and Enjoyable Activity for Teen Girls Study:

A Cluster Randomized Controlled Trial

[http://www.ajpmonline.org/article/S0749-3797\(13\)00335-8/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00335-8/abstract)

Agricultural Subsidies and the American Obesity Epidemic

[http://www.ajpmonline.org/article/S0749-3797\(13\)00320-6/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00320-6/abstract)

Licensure Challenges in Preventive Medicine: A Public Policy Issue

[http://www.ajpmonline.org/article/S0749-3797\(13\)00339-5/abstract](http://www.ajpmonline.org/article/S0749-3797(13)00339-5/abstract)

Annals of Nutrition and Metabolism, August, 2013 Supplement 3

-What Children Eat

<http://www.karger.com/Journal/Issue/260001>

FREE ONLINE ACCESS

-Human Milk and the Premature Infant

-Feeding Patterns during the First 2 Years and Health Outcome

-Lessons from the Feeding Infants and Toddlers Study in North America: What Children Eat, and Implications for Obesity Prevention

-Influences on Children's Dietary Behavior, and Innovative Attempts to Change It

Asia-Pacific Journal of Public Health, July 2013

<http://aph.sagepub.com/content/25/4.toc>

Effects of Eating Behaviors on Being Overweight in Japanese University

Students: A Cross-sectional Survey at the Okayama University

<http://aph.sagepub.com/cgi/content/abstract/25/4/326>

British Journal of Diabetes & Vascular Disease, July/August 2013

<http://dvd.sagepub.com/content/13/4.toc>

Pica in pregnant women with diabetes: Does it really exist?

<http://dvd.sagepub.com/cgi/content/abstract/13/4/183>

Childhood Obesity, August 2013

<http://online.liebertpub.com/toc/chi/6/4>

Stop the Blame and Start the Action: Preventing Generation Z from Becoming XXL

<http://online.liebertpub.com/doi/abs/10.1089/chi.2010.0404>

First Assess Then Address

<http://online.liebertpub.com/doi/abs/10.1089/chi.2010.0407>

Bariatric Surgery for Adolescents: Beyond the OR

<http://online.liebertpub.com/doi/abs/10.1089/chi.2010.0412>

Global Childhood Obesity Update

<http://online.liebertpub.com/doi/abs/10.1089/chi.2010.0423>

Clinical Nutrition Insight, August 2013

(Subscription required-access abstracts from link below)

<http://journals.lww.com/clinnutrinisight/pages/currenttoc.aspx#-1915957597>

-Parenteral Omega-3 Fatty Acid Lipid Emulsions for Intestinal Failure-Associated Liver Disease:
Translating the Evidence

-Should the FDA Approve Omegaven?

-Managing Drug and Nutrient Shortages

Diabetes, September 2013

<http://diabetes.diabetesjournals.org/content/62/9?etoc>

Very Low Calorie Diet Mimics the Early Beneficial Effect of Roux-en-Y Gastric Bypass on Insulin
Sensitivity and -Cell Function in Type 2 Diabetic Patients

<http://diabetes.diabetesjournals.org/content/62/9/3027.abstract.html?etoc>

Antipsychotic-Induced Insulin Resistance and Postprandial Hormonal Dysregulation Independent
of Weight Gain or Psychiatric Disease

<http://diabetes.diabetesjournals.org/content/62/9/3232.abstract.html?etoc>

Diabetes Care, September 2013

<http://care.diabetesjournals.org/content/36/9?etoc>

A Single Session of Low-Intensity Exercise Is Sufficient to Enhance Insulin Sensitivity Into the
Next Day in Obese Adults

<http://care.diabetesjournals.org/content/36/9/2516.abstract.html?etoc>

Sucralose Affects Glycemic and Hormonal Responses to an Oral Glucose Load

<http://care.diabetesjournals.org/content/36/9/2530.abstract.html?etoc>

Obesity and the Food Environment: Income and Ethnicity Differences Among People With
Diabetes: The Diabetes Study of Northern California

<http://care.diabetesjournals.org/content/36/9/2697.abstract.html?etoc>

Diabetes Prevention and Treatment Strategies: Are we doing enough?

<http://care.diabetesjournals.org/content/36/9/2714.abstract.html?etoc>

Glycemic Control Associated With Secure Patient-Provider Messaging Within a Shared Electronic
Medical Record: A longitudinal analysis

<http://care.diabetesjournals.org/content/36/9/2726.abstract.html?etoc>

Awareness, Treatment, and Control of LDL Cholesterol Are Lower Among U.S. Adults With Undiagnosed Diabetes Versus Diagnosed Diabetes

<http://care.diabetesjournals.org/content/36/9/2734.abstract.html?etoc>

Rapid Improvement in Diabetes After Gastric Bypass Surgery: Is it the diet or surgery?

<http://care.diabetesjournals.org/content/36/9/2741.abstract.html?etoc>

European Journal of Nutrition, OnlineFirst, August 17, 2013

<http://link.springer.com/journal/394/onlineFirst/page/1>

Markers for nutrition studies: review of criteria for the evaluation of markers

<http://link.springer.com/article/10.1007%2Fs00394-013-0553-3>

JAMA, Journal of the American Medical Association, OnlineFirst, August 22, 2013

<http://jama.jamanetwork.com/onlineFirst.aspx>

Viewpoint: Reconsidering the Politics of Public Health

http://jama.jamanetwork.com/article.aspx?articleID=1731672&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=JAMA%3AOnlineFirst08%2F22%2F2013

JAMA, Journal of the American Medical Association, August 21, 2013

<http://jama.jamanetwork.com/issue.aspx>

Viewpoint: A Call for an End to the Diet Debates

http://jama.jamanetwork.com/article.aspx?articleID=1730520&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=MASTER%3AJAMALatestIssueTOCNotification08%2F20%2F2013

Cost-effectiveness of Bariatric Surgery

<http://jama.jamanetwork.com/article.aspx?articleid=1730496>

JAMA 100 Years Ago|Sugar as Food

<http://jama.jamanetwork.com/article.aspx?articleid=1730498>

JAMA Internal Medicine, OnlineFirst, August 19, 2013

<http://archinte.jamanetwork.com/onlineFirst.aspx>

Completing the Play or Dropping the Ball?

The Case for Comprehensive Patient-Centered Discharge Planning

http://archinte.jamanetwork.com/article.aspx?articleID=1729528&utm_source=Silverchair%20Information%20Systems&utm_medium=email&utm_campaign=ArchivesofInternalMedicine%3AOnlineFirst08%2F19%2F2013

Secondary Use of Health Information

Are We Asking the Right Question?

<http://archinte.jamanetwork.com/article.aspx?articleid=1729530>

Moving Dietary Management of Diabetes Forward

<http://archinte.jamanetwork.com/article.aspx?articleid=1726992>

Diet and Kidney Disease in High-Risk Individuals With Type 2 Diabetes Mellitus

<http://archinte.jamanetwork.com/article.aspx?articleid=1726997>

Journal of Nutrition, September 1, 2013

<http://jn.nutrition.org/content/143/9.toc>

Very High Fructose Intake Increases Serum LDL-Cholesterol and Total Cholesterol: A Meta-Analysis of Controlled Feeding Trials

<http://jn.nutrition.org/content/143/9/1391.abstract?etoc>

Concurrent Physical Activity Modifies the Association between n3 Long-Chain Fatty Acids and Cardiometabolic Risk in Midlife Adults

<http://jn.nutrition.org/content/143/9/1414.abstract>

Plant and Animal Protein Intakes Are Differently Associated with Nutrient Adequacy of the Diet of French Adults

<http://jn.nutrition.org/content/143/9/1466.short>

A Food StoreBased Environmental Intervention Is Associated with Reduced BMI and Improved Psychosocial Factors and Food-Related Behaviors on the Navajo Nation

<http://jn.nutrition.org/content/143/9/1494.short>

The Future of Recommendations on Grain Foods in Dietary Guidance

<http://jn.nutrition.org/content/143/9/1527S.short>

Journal of Parenteral Enteral Nutrition, OnlineFirst, August 22, 2013

<http://pen.sagepub.com/content/early/recent>

Recognizing Malnutrition in Adults: Definitions and Characteristics, Screening, Assessment, and Team Approach

<http://pen.sagepub.com/cgi/content/abstract/0148607113492338v1>

Addressing Malnutrition in Hospitalized Adults

<http://pen.sagepub.com/cgi/content/abstract/0148607113497224v1>

Managing Postacute Malnutrition (Undernutrition) Risk

<http://pen.sagepub.com/cgi/content/abstract/0148607113492339v1>

Military Medicine, August 2013

<http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000008>

Military Maternal Weight Trends and Perinatal Outcomes

<http://www.ingentaconnect.com/content/amsus/zmm/2013/00000178/00000008/art00021>

Nutrition Bulletin, September 2013

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.2013.38.issue-3/issuetoc>

Emerging evidence for tea benefits

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.12040/abstract>

Is snacking good or bad for health: An overview

<http://onlinelibrary.wiley.com/doi/10.1111/nbu.12042/abstract>

Nutrition in Clinical Practice, OnlineFirst, August 22, 2013

<http://ncp.sagepub.com/content/early/recent>

Improving Patient Outcomes Through Registered Dietitian Order Writing

<http://ncp.sagepub.com/cgi/content/abstract/0884533613499375v1>

Nutrition Support Clinicians: Needed Now More Than Ever

<http://ncp.sagepub.com/cgi/content/full/0884533613499376v1>

Nutrition in Clinical Practice, August 2013

<http://ncp.sagepub.com/content/28/4.toc>

Gastroparesis: From Concepts to Management

<http://ncp.sagepub.com/content/28/4/437.short>

Commonly Used Nutrition Indicators Do Not Predict Outcome in the Critically Ill: A Systematic Review

<http://ncp.sagepub.com/content/28/4/463.short>

Pancreatic Enzyme Replacement Therapy for Enterally Fed Patients With Cystic Fibrosis

<http://ncp.sagepub.com/content/28/4/485.short>

Blind Bedside Placement of Postpyloric Feeding Tubes by Registered Dietitians: Success Rates, Outcomes, and Cost Effectiveness

<http://ncp.sagepub.com/content/28/4/506.short>

Economic Impact of Switching From an Open to a Closed Enteral Nutrition Feeding System in an Acute Care Setting

<http://ncp.sagepub.com/content/28/4/510.short>

Parenteral Nutrition Amino Acids Product Shortage Considerations

<http://ncp.sagepub.com/content/28/4/524.extract>

Parenteral Nutrition Intravenous Fat Emulsions Product Shortage Considerations

<http://ncp.sagepub.com/content/28/4/528.short>

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<http://www.eatright.org/positions/>

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http://mailer.eatright.org/u?id=1421097.aba4b5df34ea3915c5b8761853e52ac2&n=T&l=daily_news&o=22512

(It may be necessary to cut and paste the above URL if the line is broken)

or send a blank email to leave-22512-

1421097.aba4b5df34ea3915c5b8761853e52ac2@mail.eatright.org

2002. Representation at Meetings

From: Joan Schwaba <JSchwaba@eatright.org>
To: Ethan A. Bergman <bergmane@cwu.edu>, Lucille Beseler <lbeseler_fnc@bellsouth.net>, Catherine Christie <c.christie@unf.edu>, Sonja Connor <connors@ohsu.edu>, Joe Derochowski <joe.derochowski@connell-group.com>, Becky Dorner <becky@beckydorner.com>, Linda Farr <linda.farr@me.com>, Margaret Garner <mgarner@cchs.ua.edu>, Sandra Gill <sandralgill@comcast.net>, dwheller@mindspring.com <dwheller@mindspring.com>, Marcia Kyle <bkyle@roadrunner.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Kathy McClusky <KMcClusky@iammorrison.com>, Glenna McCollum <glenna@glennamccollum.com>, peark02@outlook.com <peark02@outlook.com>, Elise Smith <easaden@aol.com>
Cc: Patricia Babjak <PBABJAK@eatright.org>
Sent Date: Aug 23, 2013 10:00:03
Subject: Representation at Meetings
Attachment: [Board Representation Meetings Policies.doc](#)

Annually at the beginning of the program year, we ask that you share information with us about invitations you have accepted to present at affiliate, DPG, MIG and/or other organization meetings as Board members speaking on Academy activities and Academy-related business. We track face-to-face presentations and request you please communicate to us any meetings you attend this program year on behalf of the Academy by submitting the Board Representation at Meetings form. This electronic form can be completed by accessing the following link http://academybod.webauthor.com/modules/portal/complete_form.cfm?xm_form_id=192 and is found on the Board Communications Platform under the *Library* tab in the green menu bar. To log onto the platform, please use your Academy username and password.

Board policies related to Board member representation at meetings are attached. Board members attending affiliate, DPG, MIG and/or other organization meetings should have all expenses reimbursed by the affiliate, DPG, MIG and/or other organization. In accordance with policy, Board members may not accept an honorarium or fee for representing the Academy or for presenting on Academy-related business or initiatives. You may, however, ask that the honorarium be sent in your name to the Foundation or PAC. Board members who present a continuing professional development session are entitled to receive compensation; the amount is of course negotiated between the organization and you.

If you are requested to present on a topic representing your expertise/practice area, you may want to suggest to the meeting organizers that you are also available to provide a separate Academy Update presentation. This update covers the Academy's initiatives and accomplishments on behalf of members and is updated frequently. You can access and download the presentation from the Board Communications Platform by clicking [here](#).

Please contact me if you have any questions.

Joan

Joan Schwaba, MS, RDN, LDN

Director, Strategic Management

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312-899-4798

Fax number: 312-899-4765

Email: jschwaba@eatright.org

www.eatright.org

2003. Shipment Confirmation from The Academy of Nutrition and Dietetics

From: sales@eatright.org
To: DMARTIN@BURKE.K12.GA.US
Sent Date: Aug 22, 2013 20:37:35
Subject: Shipment Confirmation from The Academy of Nutrition and Dietetics
Attachment:

SHIP CONFIRMATION

Thank you for ordering from The Academy of Nutrition and Dietetics.

Your order has been shipped!

Order Summary

ADA Order Number: 0001180123

Order Date: 08/21/2013

Billing Information

DONNA S MARTIN

789 BURKE VETERANS PARKWAY

BURKE COUNTY BOARD OF EDUCATIO

WAYNESBORO, GA 30830

706 5545393

Shipping Information

DONNA S MARTIN

789 BURKE VETERANS PARKWAY

BURKE COUNTY BOARD OF EDUCATIO

WAYNESBORO GA 30830

Shipping MethodTracking Number UPS Ground 1Z6EA4660324567639

Item #DescriptionQtyDate Shipped 367313ACADEMY POCKET GUIDE TO PEDIATRIC NUTR
ASSESSMENT 2E108/22/2013

Visit www.eatright.org, your source for food and nutrition information.

2004. Order Confirmation from The Academy of Nutrition and Dietetics

From: sales@eatright.org
To: DMARTIN@BURKE.K12.GA.US
Sent Date: Aug 22, 2013 20:34:34
Subject: Order Confirmation from The Academy of Nutrition and Dietetics
Attachment:

ORDER CONFIRMATION

Thank you for ordering from The Academy of Nutrition and Dietetics.

Your order has been received and will be processed shortly!

Order Summary

ADA Order Number: 0001180123

Order Date: 08/21/2013

Billing Information

DONNA S MARTIN

789 BURKE VETERANS PARKWAY

BURKE COUNTY BOARD OF EDUCATIO

WAYNESBORO, GA 30830

706 5545393

Shipping Information

DONNA S MARTIN

789 BURKE VETERANS PARKWAY

BURKE COUNTY BOARD OF EDUCATIO

WAYNESBORO, GA 30830

Shipping Method: UPS Ground

Item #	Description	Qty	Item Status	Unit Price	Total
367313	ACADEMY POCKET GUIDE TO PEDIATRIC NUTR ASSESSMENT 2E	1	Available	\$0.00	\$0.00
Subtotal:					\$0.00
Tax:					\$0.00
Shipping and Handling:					\$0.00
Total Amount:					\$0.00

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2005. Exhibitors at FNCE 2013

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Connors@ohsu.edu' <Connors@ohsu.edu>, 'bergmane@cwu.edu' <bergmane@cwu.edu>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <easaden@aol.com>, 'becky@beckydorner.com' <becky@beckydorner.com>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, 'linda.farr@me.com' <linda.farr@me.com>, 'Joe Derochowski' <Joe.Derochowski@connell-group.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <bkyle@roadrunner.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, lbeseler_fnc@bellsouth.net <lbeseler_fnc@bellsouth.net>, sandralgill@comcast.net <sandralgill@comcast.net>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, c.christie@unf.edu <c.christie@unf.edu>, 'TJRaymond@aol.com' <TJRaymond@aol.com>, Sandra Gill <sandralgill@comcast.net>
Cc: Executive Team Mailbox <ExecutiveTeamMailbox@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Doris Acosta <dacosta@eatright.org>, Karen Lechowich <KLechowich@eatright.org>, Susan Burns <Sburns@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Aug 22, 2013 17:44:38
Subject: Exhibitors at FNCE 2013
Attachment: [FNCEExpoLetterMH.pdf](#)

Attached is a letter that has been forwarded to Oxford Biomedical/LEAP-MRT inviting them to exhibit on the FNCE Expo floor in Houston. Although it was our members who wanted LEAP off the floor and called it junk science, we have heard back from just as many members who support having LEAP participate in the Expo.

The following companies also submitted applications and were sent denial letters but will now be invited to exhibit this year:

- Nutrigenomix
- GenoVive
- Protica Nutritional Research

Per our strategic plan, the Academy is committed to providing members with state-of-art professional development for education, competence and career success and we provide relevant and valued programs, products and services for diverse member audiences. We need to share cutting-edge information with our members, even when evidence is lacking as long as they practice safely. Further, members value having an understanding of the variety of programs, products and services that are available to their clients and consumers in the marketplace. Research and Ethics committees will be developing guidelines to support members in practicing within their scope and in determining efficacy.

Currently, participating companies have products, programs and services that are of interest to food and nutrition professionals; consistent with the Academy's philosophy; have a preponderance of current and scientifically valid information; and comply with the applicable standards and regulations.

In November, we will revisit the Exhibitor Eligibility Guidelines to ensure that the companies on the Expo floor fit within the scope of our conference, meet the needs of our audience and more importantly, advance our mission, vision and strategic plan. We will look closely at both sides of the issues and identify ways that we can respond to trends in the food, nutrition and dietetics arena within the Expo floor, while making sure members are receiving information to help them practice safely.

Please let me know if you have any questions.

Pat

Patricia M. Babjak

Chief Executive Officer

Academy of Nutrition and Dietetics

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

Phone: 312/899-4856

Email: pbabjak@eatright.org

www.eatright.org

2006. FW: Meeting invitation: Finance and Audit Committee Meeting

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>
Sent Date: Aug 22, 2013 17:34:48
Subject: FW: Meeting invitation: Finance and Audit Committee Meeting
Attachment:

Donna,

It looks like we have lost another one.

Paul

From: McClusky, Kathy [mailto:KathyMcClusky@IamMorrison.com]
Sent: Thursday, August 22, 2013 2:26 PM
To: Robert Miller
Cc: Paul Mifsud
Subject: RE: Meeting invitation: Finance and Audit Committee Meeting

Hi Robert. I am "in the air" during our call next week. Sorry to miss it.

From: Robert Miller [mailto:messenger@webex.com]
Sent: Thursday, August 22, 2013 3:20 PM
To: McClusky, Kathy
Subject: Meeting invitation: Finance and Audit Committee Meeting

Hello ,

Robert Miller invites you to attend this online meeting.

Topic: Finance and Audit Committee Meeting
Date: Tuesday, August 27, 2013
Time: 1:00 pm, Central Daylight Time (Chicago, GMT-05:00)
Meeting Number: 746 522 065
Meeting Password: Dietetics1

To join the online meeting (Now from mobile devices!)

1. Go to

<https://eatright.webex.com/eatright/j.php?ED=219160417&UID=1493887672&PW=NNjAyNGQxNmYw&RT=MiM3>

2. If requested, enter your name and email address.

3. If a password is required, enter the meeting password: Dietetics1

4. Click "Join".

To view in other time zones or languages, please click the link:

<https://eatright.webex.com/eatright/j.php?ED=219160417&UID=1493887672&PW=NNjAyNGQxNmYw&ORT=MiM3>

To join the teleconference only

Call-in toll-free number: 1-8664774564 (US)

Show global numbers: <https://www.tcconline.com/offSite/OffSiteController.jspf?cc=9431787218>

Conference Code: 943 178 7218

For assistance

1. Go to <https://eatright.webex.com/eatright/mc>

2. On the left navigation bar, click "Support".

You can contact me at:

rmiller@eatright.org

1-312-899-4710

To add this meeting to your calendar program (for example Microsoft Outlook), click this link:

<https://eatright.webex.com/eatright/j.php?ED=219160417&UID=1493887672&ICS=MI&LD=1&RD=2&ST=1&SHA2=AAAAAIfMeMRpmJHPT3r5s4szwvoNGBYg08yP7QiQKRk5eGcq&RT=MiM3>

The playback of UCF (Universal Communications Format) rich media files requires appropriate players. To view this type of rich media files in the meeting, please check whether you have the players installed on your computer by going to

<https://eatright.webex.com/eatright/systemdiagnosis.php>.

<http://www.webex.com>

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<http://compass-usa.com/Pages/Disclaimer.aspx>

2007. RE: Finance and Audit Committee meeting on Tuesday, August 27th, at 1 p.m. CDT

From: Paul Mifsud <PMifsud@eatright.org>
To: DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Connors@ohsu.edu <Connors@ohsu.edu>, fellerb@auburn.edu <fellerb@auburn.edu>, 'KMcClusky@lammorrison.com' <KMcClusky@lammorrison.com>, 'Elise Smith' <easaden@aol.com>, nhwooldridge@charter.net <nhwooldridge@charter.net>, 'kendall@ufl.edu' <kendall@ufl.edu>, 'mstokes@usj.edu' <mstokes@usj.edu>, peark02@outlook.com <peark02@outlook.com>
Cc: Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Maria Juarez <MJuarez@eatright.org>, Christian Krapp <ckrapp@eatright.org>, Barbara Visocan <BVISOCAN@eatright.org>, Harold Holler <HHOLLER@eatright.org>, Jeanne Blankenship <JBlankenship@eatright.org>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Mary Beth Whalen <Mwhalen@eatright.org>, Mary Pat Raimondi <mraimondi@eatright.org>, Patricia Babjak <PBABJAK@eatright.org>, Chris Reidy <CREIDY@eatright.org>, Susan Burns <Sburns@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Mary Ann Taccona <MTaccona@eatright.org>
Sent Date: Aug 22, 2013 17:08:16
Subject: RE: Finance and Audit Committee meeting on Tuesday, August 27th, at 1 p.m. CDT
Attachment:

All,

We have a Finance and Audit Committee meeting on Tuesday, August 27th at 1 p.m. CDT. I hope you all will be able to attend. Please look for the Webinar invitation from Robert Miller as well as an e-mail from Maria Juarez when everything is on the portal. This month, we will be focusing on the June Financials, July financials and a FNCE financial update. Hopefully, this will not take the full 90 minutes, but, given my propensity to talk, I can't guarantee it J

I. June Changes

- There were no changes to the actual results for June. However, we did modify the monthly budgets slightly for CDR, ACEND, DPGs/MIGs, and the Foundation. This would only impact the

distribution across the months and not the total annual budgets. We will continue to improve the budget distributions with the various teams through the month of July. Once July goes final, we will set the monthly distribution unless we find a situation that is clearly wrong (FNCE in November would be a good example).

II. Investments

- Our investment portfolios rebounded in July. The combined portfolios gained nearly \$1.7M in July. This did bring our investments returns to just under \$987,000 for the first two months of the fiscal year. That is the good news. The bad news is August is not continuing the trend. Through yesterday, our combined portfolios are down \$784,000. So, we are still up for the year, but, not too much. We still have 6 trading days in August so anything can happen. I hope today's results are an indication of an uptick to eliminate the losses.

III. Academy July Financials (A10)

July was a very good month for the Academy. Revenue was up, over-running the budget by \$28,974. This was primarily driven by Publications (up \$34,977). Expenses were down when compared to budget by \$44,423. There were quite a few variances that will be addressed below. The combination of additional revenue and lower expenses resulted in the Academy's operating income being \$73,397 better (in this case lower) than the budget. It is lower because we had budgeted an operating deficit for July.

The investment income of \$649,193 enhanced the results and offset the Academy's operating loss. The final result was net income of \$114,025 for the month of July. This was \$614,615 better than the budget.

Taking a look at the year to date numbers, the Academy currently has an operating deficit of \$1,240,936. This is \$171,540 lower (better) than the budget. Revenue for the year is higher by \$8,580 while expense for the year are lower by \$162,960. So, in short, we are starting the year off in a good financial position.

The following is a breakdown of the various categories

A. Revenues

- a. **Membership Dues** - This area **under budget** by \$4,564 in July and is **under budget** by \$5,446 for the year. Membership dues is off to a good start even though the budget may be a little light. It is always difficult to determine when members will renew. We are closer to the budget this year than we have been in previous years which is a good sign.
- b. **Programs and Meetings** - This area is **under budget** by \$1,262 in July and is **under budget** by \$4,229 for the year. The under-run in July is all due to lower Professional development revenue.
- c. **Publications and Materials** - This area is **over budget** by \$34,977 in July and **over budget** by \$35,428 for the year. The over-run in July is primarily due to NCP/SL sales (up \$35.1K).
- d. **Subscriptions** – This area is **under-budget** by \$4,505 in July and is **under budget** by \$4,486 for the year. The under-run for July is due to lower NCM and related products (down \$6.5K) offset by higher EAL subscriptions (up \$2.0). this is the first time I can recall that NCM and related products have not exceeded the budget. At this stage, I am saying it is a budget anomaly. We will dig deeper to see if this should be a concern.
- e. **Advertising** – This area is **on target** for the month of July. No money was budgeted and no money was received.
- f. **All grants** - This area was **over budget** by \$4,321 in July and is **over budget** by \$2,177 for the year. The over run in July is primarily due to higher Research (up \$15.6K) and lower ConAgra Home Food Safety (down \$9.6K). Some of this could be due to budget timing.
- g. **Sponsorships** – This area is **on target for the month of July and is on target for the year.**
- h. **Other** – This area was **over budget** by \$7 in July and is **over budget** by \$6,096 for the year. This basically is on target with no material variance in any project.

B. Expenses

- a. **Personnel** – This area is **under budget** by \$159 in July and **over budget** by \$10,947 for the year. The under-run in July is due to lower benefit costs.

- b. **Publications** – This area is **over budget** by \$17,402 in July and **over budget** by \$16,366 for the year. The over run in July is primarily due to higher Journal costs. Generally, in July, the members who have not renewed are dropped from the distribution list. This year, the drop was pushed back to August resulting in an over-run in July.
- c. **Travel** – This area was **under budget** by \$13,022 in July and **under budget** by \$45,778 for the year. The under-run in July is primarily due to lower Governance (down \$9.1K), lower Marketing (down \$7.5K), lower Public Policy (down \$5.8K) and all other (down \$1.4K) offset by higher Research (up \$6.4K) and higher Student Council (up \$4.4K). Some of the variances could be due to budget timing.
- d. **Professional Fees** - This area was **under budget** by \$26,468 in July and is **under budget** by \$56,653 for the year. The under-run in July is being driven by lower Governance (down \$13.9K), lower Marketing (down \$24.0K), lower membership (down \$13.0K), lower Research (down \$9.5K) and lower across all other (down \$4.9K) offset by higher IT/Web (up \$22.4K), higher informatics (up \$12.9K) and higher Public Policy (up \$3.5K). This is one area we still need to review deeper. Some of this could be due to budget distributions not being correct.
- e. **Postage and Mailing Service** – This area is **under budget** by \$947 in July and **under budget** by \$7,442 for the year. This under-run in July is primarily due to lower Membership (down \$4.4K) offset by higher Governance (up \$1.3k) and higher publications (up \$2.2K).
- f. **Office Supplies and Equipment** – This area is **under budget** by \$964 in July and **under budget** by \$4,763 for the year. The under-run in July is across all areas of the business.
- g. **Rent and utilities** - This area is **under budget by \$678** in July and **under budget by \$4,491** for the year. The under-run in July is due to higher utility costs.
- h. **Telephone and communications** – This is **over budget** by \$4,002 in July and **over budget** by \$6,891 for the year. The over-run in July is due to basic telephone costs in Washington and Chicago.
- i. **Commissions** – This area is on target for the month of July. Nothing budgeted and nothing spent.
- j. **Computer Expenses** – This area is **under budget** by \$3,415 for July and **under budget** by \$12,333 for the year. The under-run in July is primarily due to lower Web hosting costs.
- k. **Advertising and Promotion** – This area is **over budget** by \$265 in July and **under budget** by \$902 for the year. The over-run in July is across all areas of the business.
- l. **Insurance** – This area is **over budget** by \$509 in July and is **over budget** by \$1,018 for the year. The over-run in July is due to slightly higher insurance premiums.

- m. **Depreciation** – This area is **on target in July and on target for the year.**
- n. **Bank and trust fees** – This area is **over budget** by \$16,822 in July and **over budget** by \$20,405 for the year. The over-run in July is primarily due to additional credit card fees.
- o. **Other** – This area is **under budget** by \$9,549 in July and **under budget** \$18,325 for the year. The under-run in July is primarily due to lower costs for Marketing (down \$4.1K), lower Research (down \$4.3K) and lower across all other (down \$1.1K).
- p. **Expense allocation** – This area is on target in July and on target for the year.
- q. **Meeting services** – This area is **under budget** by \$14,635 in July and is **under budget** for the year by \$40,838. The under-run in July is being driven primarily by lower Governance (down \$2.1K), lower Marketing (down \$4.6K), lower Public Policy (down \$3.3K), lower Membership (down \$2.7K) and lower Journal (down \$2.2K) offset by higher across all other (up \$0.3K).
- r. **Legal and Audit** – This area is over **budget** by \$643 in July and **over budget** by \$805 for the year. The over-run in July is all due to higher legal fees.
- s. **Printing** – This area is **under budget** by \$14,229 in July and is **under budget** by \$23,676 for the year. The under-run in July is primarily due to lower expenses for Membership (down \$11.6K), lower Marketing (down \$1.0K) and lower across all other (down \$1.6K).

IV. **Foundation (A8)**

The Foundation had a great month in July. Revenue exceeded the budget by \$68,518. In addition, expenses were under budget by \$25,299. Overall, the Foundation had operating income of \$64,587. This was nearly \$94,000 better than the budget. In addition, the investment income for July was very good. The Foundation received nearly \$600,000 in investment income. So, the bottom line; The Foundation had \$664,146 in net income. This was much higher than the budget.

Year to date, the Foundation is doing very well. The Foundation revenues are up, expense are down and it has a net income of \$245,193. It is too early to determine which way the year will go. However, the Foundation is having a very solid start to the fiscal year. In addition, on A9, you will see the Foundation Net Assets are again above \$20.5M. Another good financial indicator.

V. CDR (A11)

CDR overall had a good month in July. The only negative is revenue was a little lower than anticipated. Revenue was down \$21,601. This could be due to budget distributions. Expenses were lower by \$42,696 to offset the revenue shortfall. For the month of July, CDR had net income of \$125,016 easily beating the original budget.

Year to date, CDR is also performing well. Revenues are just a little lower than budget (down by \$16,033). Expenses, through July, are lower by \$59,443. Once you couple this with the investment income, CDR had net income through July of \$37,464. This was \$175,287 higher than the budget. So, CDR is again outperforming the bottom line!

VI. DPGS/MIGS (A12)

The combined DPGS/MIGS had a good month in July. We are still working on the budget distributions, so, the variances for the month can be misleading. The key measure for the DPGs/MIGs is the \$123,991 operating income result for July. This is a very strong number. Adding in the investment income of \$206,791 resulted in the combined DPG/MIG net income of \$330,782. Again, a very strong number.

Year to date, the combined DPGs/MIGs are performing well overall. The combined net income is \$276,760. This is \$177,393 higher than the budget. Naturally, this will increase most of the reserves. As you can see on page A16 only, one MIG is in the watch category (Muslims in Dietetics and Nutrition at 72%). Everyone is doing well.

VII. ACEND (A13)

ACEND had another great month in July. Revenues were virtually on target while expenses were under budget by \$25,642. Overall, ACEND had operating and net income of \$2,651. This was nearly \$25,000 higher than the budget.

Year to date, ACEND has operating and net income of \$54,904. This is \$71,765 higher than the budget. So, ACEND continues to exceed expectations and their reserves are now at \$234,704.

VIII. ANDPAC (A14)

ANDPAC did not have a good month in July. However, this was by design. Revenue was higher than the target, but, expenses were \$10,500 higher as well. The expenses were higher due to the PAC contributing more money in July to political candidates that they anticipated. Since the PAC reserves are high (\$262,884), this is what you would want them to do.

Year to date, the PAC is running light on revenue (down \$2,812) and higher on expense (up \$8,167). The under-run in both cases can be attributed to timing. In addition, even after the operating deficit of \$20K, the PAC still has \$263,884 in reserve. The PAC is in very good financial shape.

I hope these “light” summaries will help you understand the financials better. We are still wrestling with the monthly budget distributions and we should have that wrapped up when July goes final. Don’t forget to look for the Webinar invitation and for the e-mail from Maria letting you know when items are put onto the portal.

Have a great night.

Paul Mifsud

2008. KER Quarterly Newsletter

From: Linda Hudson <lhudson@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
Cc: Mary Beth Whalen <Mwhalen@eatright.org>, Susan Burns <Sburns@eatright.org>, Katie Brown <kbrown@eatright.org>, Amy Donatell <adonatell@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Eddy, Nancy L <eddy@bcm.edu>, Jeri Palmer <JPALMER@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Paul Mifsud <PMifsud@eatright.org>
Sent Date: Aug 22, 2013 16:48:45
Subject: KER Quarterly Newsletter
Attachment: [image001.png](#)
[9-13 KER Newsletter \(4\).pdf](#)

Hello Academy Foundation BOD,

Attached is the Kids Eat Right Quarterly Newsletter that is sent to funders and potential funders of KER programs. Thanks.

Linda Hudson
Foundation Assistant
Academy of Nutrition and Dietetics Foundation
120 S. Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 312-899-4773
Fax: 312-899-4796
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2009. Confirmation - Childhood Weight Management Program to be Scheduled in Buffalo, NY

From: Pearlie Johnson <PJohnson@eatright.org>
To: kathy.cobb@snet.net <kathy.cobb@snet.net>, Copperman, Nancy <NCopper@NSHS.edu>, Marc Jacobson <daktah@gmail.com>, Dana E.Gerstein <danaeg@berkeley.edu>, Kirk, Shelley <Shelley.Kirk@cchmc.org>, dkibbe@gsu.edu <dkibbe@gsu.edu>, Gail Frank <Gail.Frank@csulb.edu>, Michelle Horan <mhoranrd@gmail.com>, Aida Miles <aida.miles@gmail.com>, Johnston, Craig Allen <caj@bcm.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, Hassink, Sandra <Sandra.Hassink@nemours.org>, Isadora Nogueira <isadora.v.nogueira@gmail.com>
Sent Date: Aug 22, 2013 13:00:21
Subject: Confirmation - Childhood Weight Management Program to be Scheduled in Buffalo, NY
Attachment: [image001.png](#)

This is to confirm that all faculty members are available on **May 28-30, 2014** to schedule a program in **Buffalo, New York**. However, please note that the format will be *Wednesday to Friday* not Thursday to Saturday as I noted in my e-mail below. Please let me know immediately if this is a concern. We would like to proceed with the contractual process.

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

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phone: 312-899-4839

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pjohnson@eatright.org

From: Pearlie Johnson

Sent: Monday, August 19, 2013 12:12 PM

To: 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein; 'sotherms@pbrc.edu'; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles'; 'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Isadora Nogueira'

Subject: Availability - Locations for Spring /Summer 2014 Weight Management Programs

Importance: High

Hi everyone, thank you for providing your availability for the dates below. The March and April dates will not work based on your availability. It looks like we may be able schedule a program on June 18-21, 2014; however, the location may change. Please save this date on your calendar and will confirm later with the specifics.

We need to schedule a program prior to June 1, 2014 to meet budget. We have located availability in Buffalo, New York for May 19-21 (Monday to Wednesday) and May 28-30 (Thursday to Saturday – Memorial Day is May 26). Are you available?

Thank you.

Pearlie Johnson-Freeman, MBA

Director, Credentialing Services

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pjohnson@eatright.org

From: Pearlie Johnson

Sent: Thursday, August 08, 2013 11:43 AM

To: 'kathy.cobb@snet.net'; 'Copperman, Nancy'; 'Marc Jacobson'; Dana E.Gerstein;
'sotherms@pbrc.edu'; 'Kirk, Shelley'; 'dkibbe@gsu.edu'; 'Gail Frank'; 'Michelle Horan'; 'Aida Miles';
'Johnston, Craig Allen'; DMartin@Burke.k12.ga.us; 'Hassink, Sandra'; 'Isadora Nogueira'

Subject: Availability - Locations for Spring /Summer 2014 Weight Management Programs

Hello All,

We are beginning to explore options for Spring/Summer 2014 to schedule Childhood and Adolescent Weight Management Programs. We have located hotel availability as noted below. Please let me know if you are available. We are looking to schedule one program in March/April and one in June 2014. The locations will be selected based on faculty availability.

Annapolis, MD – March 9-12, 2014 or March 26-28, 2014

Providence, RI – April 30 – May 2, 2014

Indianapolis, IN – June 11-14, 2014

Columbus, OH – June 18-21, 2014 or June 24-28, 2014

Thank you.

Pearlie Johnson-Freeman, MBA

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2010. 9/17/13 Academy Foundation Board Call

From: Susan Burns <Sburns@eatright.org>
To: 'tjraymond@aol.com' <tjraymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'connors@ohsu.edu' <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'jean.ragalie@rosedmi.com' <jean.ragalie@rosedmi.com>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, Patricia Babjak <PBABJAK@eatright.org>
Cc: 'McClusky, Kathy' <KathyMcClusky@lamMorrison.com>, Mary Beth Whalen <Mwhalen@eatright.org>, Paul Mifsud <PMifsud@eatright.org>, Alison Steiber <ASteiber@eatright.org>, Joan Schwaba <JSchwaba@eatright.org>, Linda Serwat <LSerwat@eatright.org>, Mary-Ann Johnson <mjohnson@eatright.org>, Katie Brown <kbrown@eatright.org>, Beth Labrador <BLabrador@eatright.org>, Amy Donatell <adonatell@eatright.org>, Linda Hudson <lhudson@eatright.org>, 'eddy@bcm.tmc.edu' <eddy@bcm.tmc.edu>
Sent Date: Aug 22, 2013 10:49:39
Subject: 9/17/13 Academy Foundation Board Call
Attachment: [image001.png](#)
[Foundation BOD Agenda 9-17-13.doc](#)

Good morning. Attached is a draft of the agenda for our September 17th Academy Foundation Board call at 10 am. Please let me know if there are any additional items you would like to discuss. Thanks.

Susie Burns

Senior Director

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

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www.eatright.org/foundation

2011. Corporate Award Selection

From: Amy Donatell <adonatell@eatright.org>
To: 'kmcclusky@iammorrison.com' <kmcclusky@iammorrison.com>, TJRaymond@aol.com <TJRaymond@aol.com>, dwheller@mindspring.com <dwheller@mindspring.com>, Sonja Connor <connors@ohsu.edu>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, Patricia Babjak <PBABJAK@eatright.org>, Evelyn Crayton <craytef@aces.edu>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, 'Bier, Dennis M' <dbier@bcm.edu>, 'Mchrist-erwin@porternovelli.com' <Mchrist-erwin@porternovelli.com>, robert murray <murraymd@live.com>
Sent Date: Aug 22, 2013 10:31:28
Subject: Corporate Award Selection
Attachment: [image001.png](#)
[ADAF Corporate Award criteria.doc](#)
[Corporate Award Giving History.doc](#)

From: Kathleen W. McClusky, MS, RD, FADA, Chair 2013 Corporate Award Selection Committee

Re: 2013 Academy of Nutrition and Dietetics Foundation Corporate Award

Each year, the Academy Foundation Corporate Award Selection Committee is charged with selecting a recipient for the Academy Foundation Board's consideration and approval.

The corporate award is given to a corporation or group that has demonstrated meaningful support to the Academy Foundation through the Scholarship and Awards Program, Research Endowment, Kids Eat Right Initiative, Annual Fund or activities of the Academy through the Foundation. The support may come in the form of financial contributions, organizational service or committee involvement. A copy of this criteria document is attached.

A crystal apple is presented each year to the recipient at the Academy Foundation Gala, which takes place during the Academy's Food & Nutrition Conference & Expo. This year's event is scheduled for Monday, October 21, 2013 in Houston.

The 2013 Academy Foundation Corporate Award Selection Committee included: Evelyn F. Crayton, EdD, RD, LD, Jean H. Ragaile, RD and Kathleen W. McClusky, MS, RD, FADA.

The following organizations were considered for this year's award. Attached is an overview of the organizations giving histories.

- Coca Cola
- General Mills
- The Kellogg Company
- PepsiCo

The Academy Foundation Corporate Award Selection Committee recommends that General Mills receive the 2013 Corporate Award.

Please approve or oppose awarding the 2013 Corporate Award to General Mills via email to Amy Donatell at adonatell@eatright.org by **Tuesday, August 28th**. Motions conducted via email require a unanimous vote and responses should be returned within five working days. If you have any questions or need additional information, please contact Amy Donatell at adonatell@eatright.org or 800/877-1600 x4767.

General Mills will receive the 2013 Corporate Award

_____ Approve

_____ Oppose

Comments: _____

Amy Donatell

Annual Fund Manager

Academy of Nutrition and Dietetics Foundation

120 S. Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

312/899-4767

www.eatright.org

2012. FW: Ban of Oxford Biomedical Technology's MRT/LEAP Exhibit at 2013 AND Annual Conference

From: Patricia Babjak <PBABJAK@eatright.org>
To: 'glenna@glennamccollum.com' <glenna@glennamccollum.com>, 'Connors@ohsu.edu' <Connors@ohsu.edu>, 'bergmane@cwu.edu' <bergmane@cwu.edu>, 'KMcClusky@iammorrison.com' <KMcClusky@iammorrison.com>, DMartin@Burke.k12.ga.us <DMartin@Burke.k12.ga.us>, peark02@outlook.com <peark02@outlook.com>, Nancylewis1000@gmail.com <Nancylewis1000@gmail.com>, 'easaden@aol.com' <easaden@aol.com>, 'becky@beckydorner.com' <becky@beckydorner.com>, 'mgarner@cchs.ua.edu' <mgarner@cchs.ua.edu>, 'linda.farr@me.com' <linda.farr@me.com>, 'Joe Derochowski' <Joe.Derochowski@connell-group.com>, dwheller@mindspring.com <dwheller@mindspring.com>, 'bkyle@roadrunner.com' <bkyle@roadrunner.com>, 'sandraigill@comcast.net' <sandraigill@comcast.net>, 'lauraromig@gmail.com' <lauraromig@gmail.com>, 'craytef@auburn.edu' <craytef@auburn.edu>, 'dbier@bcm.edu' <dbier@bcm.edu>, 'MChristE@porternovelli.com' <MChristE@porternovelli.com>, 'MurrayMD@live.com' <MurrayMD@live.com>, lbeseler_fnc@bellsouth.net <lbeseler_fnc@bellsouth.net>, sandralgill@comcast.net <sandralgill@comcast.net>, jean.ragalie@rosedmi.com <jean.ragalie@rosedmi.com>, c.christie@unf.edu <c.christie@unf.edu>, 'TJRaymond@aol.com' <TJRaymond@aol.com>
Sent Date: Aug 21, 2013 18:32:20
Subject: FW: Ban of Oxford Biomedical Technology's MRT/LEAP Exhibit at 2013 AND Annual Conference
Attachment: [image003.jpg](#)

Please do not respond. I will provide background information to you this week.

Pat

Patricia M. Babjak

Chief Executive Officer

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Email: pbabjak@eatright.org

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From: Diana C. Bright [mailto:dcbright@hotmail.com]

Sent: Tuesday, August 20, 2013 2:55 PM

To: alena.clark@unco.edu; glenna@glennamccollum.com; Connors@ohsu.edu; bergmane@cwu.edu; KMcClusky@iammorrison.com; dmartin@burke.K12.ga.us; peark02@outlook.com; Nancylewis1000@gmail.com; easaden@aol.com; becky@beckydorner.com; ibeseler_func@bellsouth.net; c.christle@unf.edu; mgarner@cchs.ua.edu; linda.farr@me.com; dwheller@mindspring.com; bkyle@roadrunner.com; loe.derochowqskl@connell-group.com; pbablak@eatright.org; sandraigill@comcast.net; tiraymond@aol.com; lauraromig@gmail.com; craytef@auburn.edu; jean.ragalle@rosedmi.com; dbier@bcm.edu; MChristE@porternovelli.com; MurrayMD@live.com

Subject: Ban of Oxford Biomedical Technology's MRT/LEAP Exhibit at 2013 AND Annual Conference

August 20, 2013

Dear AND Board of Directors and Colorado Delegate, Alena Clark:

Since time is of essence before Oxford Biomedical Technologies decides that taking legal action against AND is the only source open to them to prevent AND from blocking their access to their customer base while allowing their competitor, Cell Science Systems (marketers of the old ALCAT test), access to that customer base, I am writing my grave concern and protest against AND's unjust, unethical, and unreasonable ban/rejection of Oxford's MRT/LEAP booth for this year's AND FNCE Annual Conference. It is my understanding that an Ethical Complaint is being filed by several dietitians whose many patients have enjoyed great success and relief of their chronic symptoms with the LEAP Program over the past 8 years. Some of these Dietitians are very well known and well respected by their peers, including myself.

The reasons or grounds for rejection have no basis of fact. The reasons, as I understand it, first stated that Oxford's "LEAP" program is "not an approved NIH test for IgE allergy testing", which is not what it was ever designed for. Now they are being banned because "genetic or genomic tests applied to nutritional solutions are unproven." This is not a genomic test. I have in ten years never seen nor heard of any genetic or genomic basis for the LEAP treatment protocols or testing, and I have no idea who could have dreamed this up. None of these reasons for barring this company and its products are true. To allow them to exhibit this year (as they have done every year for a decade) reflects an endorsement by AND of LEAP. In which case you have also endorsed their competitors while condemning them, and endorsed everyone else you allow to exhibit.