# **Commercial Alert**

# statement on Junk Food Marketing to Children



Across the planet, obesity in children is reaching epidemic levels. More kids are getting fatter; and not coincidentally, many of these children are the targets of saturation marketing by the junk food industry, which seeks to displace healthful local eating habits with its own high calorie, high-added-fat, high-added-sugar junk food.\*

We, the undersigned, support a global ban on junk food marketing to children twelve years of age and below.

The time has come to reaffirm that raising children is the role and responsibility of parents. It is not the role of the junk food industry or any other industry, and these corporations must stop injecting themselves into the relationship between parents and their own children. They must stop creating strife in the home by prodding kids to whine and throw tantrums for junk food. They must stop draining family budgets, especially in developing countries, by enticing children to demand junk food that their parents cannot afford.

These corporations must stop undermining the efforts of parents to transmit traditional—and healthful—eating habits to their children, and they must respect the sanctity of the family dinner table and the cultural heritage that surrounds it.

We, the undersigned, support a global ban on junk food marketing to children twelve years of age and below. This one step is perhaps the single most inexpensive and cost-efficient way to reduce the global burden of obesity, diabetes and their complications among children. It would require virtually no governmental expenditure, and would likely save families billions of dollars each year that could be better spent on such things as education, healthful food and health care. Perhaps most important, it would reaffirm that raising children is the role of parents, and not of global junk food corporations.

We strongly urge the World Health Organization to incorporate such a ban into its Global Strategy on Diet, Physical Activity and Health, and to encourage its member states to adopt it. Or, if necessary, the World Health Assembly should issue International Health Regulations to prohibit advertising of junk food to children twelve years of age and below.

\* For the purposes of this statement, junk food is defined as foods or beverages that are relatively high in saturated or trans fat, added sugars or salt, and relatively low in vitamins, minerals, protein and fiber.

**COMMERCIAL ALERT** is a national nonprofit organization that protects children and communities from commercialism. For more information about junk food marketing to children, or to become a citizen member, please contact Commercial Alert at (503) 235-8012 or email info@commercialalert.org.

see
following
pages for list
of endorsers

# **Endorsers of Statement on Junk Food Marketing to Children**

#### **Australia**

Australian Consumers' Association

Australian Council on Children and the Media

Louise A. Baur, MBBS, BSc(Med), PhD, FRACP, Co-Director, Australian Child & Adolescent Obesity Research Network; Professor, Sydney Univ., Discipline of of Paediatrics and Child Health, The Children's Hospital at Westmead, New South Wales

Colin Bell, Senior Research Fellow, Manager, Sentinel Site for Obesity Prevention, Centre for Phyiscal Activity and Nutrition Research, School of Exercise and Nutrition Sciences, Deakin Waterfront Campus

Freda Briggs, Emerita Professor of Child Development, Univ. of South Australia

Simon Chapman PhD, Professor of Public Health, Univ. of Sydney

Coalition on Food Advertising to Children

Fight the Obesity Epidemic

Kerin O'Dea, PhD, Professor and Director, Menzies School of Health Research

Michael Organ, Member of Parliament

Public Health Association of Australia

Stephen R. Leeder, MB, PhD, FRACP, FAFPHM, Director, Australian Health Policy Institute, Univ. of Sydney, Australia; Visiting Senior Research Fellow, Center for Global Health and Economic Development, Columbia Univ.

Rosemary Stanton, OAM, PhD, Nutritionist, Univ. of New South Wales

Boyd Swinburn MB, ChB, MD, FRACP, Professor, Physical Activity and Nutrition Research Unit, School of Health Sciences, Deakin Univ.

Giz Watson MLC, Member, Legislative Council, Parliament of Western Australia

Victoria Whitington, PhD, Practicum Coordinator - Early
Childhood Programs, Lecturer in Child Development, de
Lissa Institute of Early Childhood and Family Studies, Univ. of
South Australia

Women's and Children's Hospital, Adelaide

#### **Belgium**

Paul Lannoye, Member of the Eurpean Parliament, Belgium

#### **Brazil**

Brazilian Action for Nutrition and Human Rights

Cesar Epitacio Maia, Mayor, Rio de Janeiro

Carlos Monteiro, MD, PhD, Professor, Department of Nutrition, School of Public Health, Head, Center for Epidemiological Studies in Health and Nutrition, Univ. of Sao Paulo

Ines Rugani Ribeiro De Castro, Director, Institut of Nutrition Annes Dias, Municipality of Rio de Janeiro

#### Canada

Hélène Delisle, PhD, Professeur Titulaire, Département de Nutrition, Faculté de Médecine, Université de Montréal

Shari Graydon, author, Made You Look: How Advertising Works and Why You Should Know; past president, MediaWatch

#### **Denmark**

Arne Astrup, professor, MD, Dr. Med. Sci., Head of Institute of Nutrition, RVA Univ., Copenhagen, Denmark; President-Elect, International Association for the Study of Obesity

Thomas Meinert Larsen, PhD, Institute of Human Nutrition (IHE), Denmark

Kim Fleischer Michaelsen, Dr. Med. Sci., Professor of Pediatric Nutrition, The Royal Veterinary and Agricultural Univ.

Bjørn Richelsen, MD, Chairman, Danish Council on Nutrition; Professor, Aarhus Univ. Hospital

#### **Finland**

Uma Aaltonen, Member of the European Parliament

Green Parliamentary Group, Finnish Parliament

Aila Rissanen, MD, PhD, Professor and Head of Obesity Research Unit, Helsinki Univ. Hospital

Osmo Soininvaara, Member of Parliament; Chairperson, Green League on Finland

#### Germany

Friedrich Wilhelm Graefe zu Baringdorf, Member of the European Parliament

Hiltrud Breyer, Member of the European Parliament

Heide Ruehle, Member of the European Parliament

#### International

Alliance for Peoples Action on Nutrition

International Baby Food Action Network

International People's Health Council

Commercial Alert • 4110 SE Hawthorne Blvd. #123 • Portland, OR 97214 503.235.8012 • fax: 503.235.5073 • www.commercialalert.org • info@commercialalert.org

People's Health Movement

World Alliance for Breastfeeding Action

#### **Ireland**

Eamon Ryan TD, Member of Parliament

### Japan

Japan Offspring Fund

#### Latvia

Breastfeeding Promotion and Protection Association of Latvia

Jevgenija Livdane, Assistant Professor, Department of Pediatrics, Riga Stradins University

Ieva Ranka, Associate Professor, Department of Pediatrics, Riga Stradins University

#### **Mexico & Central America**

Regional Committee for the Promotion of Community Health

### Malaysia

Anwar Fazal, Chairperson Emeritus/Director, World Alliance for Breastfeeding Action; former President, International Organisation of Consumer Unions

#### Malta

Association of Breastfeeding Counsellors

#### The Netherlands

Adrienne de Reede, Director, stichting Zorg voor Borstvoeding

Jaap C. Seidell, PhD, Past President, European Association for the Study of Obesity; Chair, European Obesity Prevention Task Force; Professor, Department of Nutrition & Health, Free Univ. of Amsterdam

Wemos Foundation

#### **New Zealand**

Sue Kedgley, Member of Parliament

Robyn Toomath, MBChB, FRACP, former President, New Zealand Society for the Study of Diabetes; Endocrinologist, Department of Endocrinology, Wellington Hospital

#### **Norway**

Knut-Inge Klepp, PhD, Chair, National Council on Nutrition and Physical Activity, Norway; Professor of Medicine, Institute for Nutrition Research, Univ. of Oslo

#### South Africa

Tessa van der Merwe, MBChB, FCP, PhD, Secretary, International Association for the Study of Obesity; Senior Consultant Physician and Senior Lecturer, Univ. of the Witwatersrand and Johannesburg Hospital

#### **Sweden**

Stephan Rossner, MD, past president, International Association for the Study of Obesity; Professor of health behaviour research, Karolinska Institute, Stockholm

Inger Schörling, Member of the European Parliament

## **United Kingdom**

Action Against Allergy

Allergy Alliance

Alliance for Childhood

Arid Lands Initiative

Autism Unravelled

Baby Milk Action

Biodynamic Agricultural Association

**Blood Pressure Association** 

British Allergy Foundation

British Association for Community Child Health

British Association for the Study of Community Dentistry

**British Cardiac Society** 

British Dental Association

British Dental Hygienist Association

British Dietetic Association

British Heart Foundation

British Heart Foundation Health Promotion Research Group

British Hypertension Society

British Institute for Allergy & Environmental Therapy

British Society for Cardiovascular Research

Centre for Food Policy

Paul Chadwick, PhD, Clinical Psychologist, Cancer Research UK Health Behaviour Unit, Department of Epidemiology and Public Health, Univ. College London

Chartered Institute of Environmental Health

Child Growth Foundation

Child Poverty Action Group

Children's Society

Coeliac UK Land Heritage Tim Lang, PhD, FFPH, Professor of Food Policy, City University, Co-operative Group Ltd Institute of Health Sciences Community Health UK Latex Allergy Support Group Community Nutrition Group Maternity Alliance Community Practitioners' and Health Visitors' Association McCarrison Society for Nutrition and Health Compassion in World Farming Migraine Action Association Consumers' Association National Children's Bureau Consensus Action on Salt and Health National Council of Women Coronary Artery Disease Research Association National Consumer Council Coronary Prevention Group National Consumer Federation Day Care Trust National Family and Parenting Institute Diabetes UK National Federation of Women's Institutes Digestive Disorders Foundation National Heart Forum Elm Farm Research Centre National Obesity Forum Faculty of Public Health National Oral Health Promotion Group Family Heart Association National Union of Teachers Family Welfare Association Netmums Farmers' Link New Economics Foundation **FARM** Northern Ireland Chest, Heart and Stroke Association Federation of City Farms and Community Gardens Organix Brands Food Additives Campaign Team Parent Organisation Ltd Food and Chemical Allergy Association Permaculture Association Food Commission Positive Parenting Food and Health Research Andrew M. Prentice, PhD, MRC International Nutrition Group, Food Matters Nutrition & Public Health Intervention Research Unit, Foundation for Local Food Initiatives London School of Hygiene & Tropical Medicine General Consumer Council for Northern Ireland Mike Rayner, MA, DPhil, Director, British Heart Foundation Health Promotion Research Group, Department of Public Gingerbread Health, Univ. of Oxford Guild of Food Writers Realfood Hands Up For Neville Rigby, Director of Policy and Public Affairs, Haemolytic Uraemic Syndrome Help IASO/International Obesity Task Force Health Education Trust Royal College of General Practitioners Human Scale Education Royal College of Physicians

Royal College of Physicians
Royal College of Surgeons
Royal Institute of Public Health

Royal Society for the Promotion of Health

Scottish Consumer Council

Scottish Heart and Arterial Disease Risk Prevention

Lactation Consultants of Great Britain

**Nutritional Sciences** 

Hyperactive Children's Support Group

International Society for Food Ecology and Culture

Philip James, CBE, DSc, MD, FRCP, MFPHM, Chair, International

Obesity Task Force; Vice President, International Union of

Soil Association

Soroptimist International of Great Britain

Stroke Association

TOAST (The Obesity Awareness & Solutions Trust)

UK Public Health Association

UNISON

Vega Research

Vegetarian and Vegan Foundation

Viva! (Vegetarians International Voice for Animals)

Weight Concern

Welsh Consumer Council

Welsh Food Alliance

World Wide Opportunities on Organic Farms

World Cancer Research Fund

Young Minds

#### **United States**

Action Coalition for Media Education

Alliance for Childhood

Stephen Anton, PhD, Post-Doctoral Fellow, Pennington Biomedical Research Center

Atlanta Chapter, Physicians for Social Responsibility

Zenobia Barlow, Executive Director and Co-founder, Center for Ecoliteracy

Peter Barnes, co-founder, Working Assets

Larry Bragman, Member, Town Council, Fairfax, California

Peter K. Buckley, Chairman, David Brower Center

Brita Butler-Wall, PhD, School Board Dir., Seattle Public Schools

Fritjof Capra, PhD, author, The Web of Life and The Hidden Connections

Nancy Carlsson-Paige, EdD, Professor of Child Development, Lesley Univ.

Jason Catlett, President, Junkbusters Corp.

Center for a New American Dream

Center for Communications, Health and the Environment

Center for Ecoliteracy

Center for Science in the Public Interest

Joyce Chen, Alderman, Ward 2, New Haven, CT

Commercial Alert

Donald R. Davis, PhD, Research Associate in Nutrition,

Biochemical Institute, Univ. of Texas

Kevin Danaher, PhD, Co-founder, Global Exchange

Richard A. Daynard, JD, PhD, Professor of Law, Northeastern School of Law; President, Tobacco Control Resource Center

Larry Denk, MD, Associate Professor of Pediatrics, Univ. of Rochester Medical School

John Eder, Member, Maine House of Representatives

Leon Eisenberg, MD Professor of Social Medicine and Psychiatry Emeritus, Harvard Medical School

Mike Feinstein, Councilmember, City of Santa Monica

Erica Frank, MD, MPH, Vice Chair and Associate Professor,
Department of Family and Preventive Medicine; Emory Univ.
School of Medicine

Simone A. French, PhD, Associate Professor, Division of Epidemiology, Univ. of Minnesota

Gilbert Fuld, MD, pediatrician, Past President, New Hampshire Pediatric Society; former member, Board of Directors, American Academy of Pediatrics

Christopher D. Gardner, PhD, Assistant Professor, Stanford Prevention Research Center, Stanford Univ. School of Medicine

Samuel S. Gidding, MD, Professor of Pediatrics, Thomas Jefferson Univ.; Attending Cardiologist, Nemours Cardiac Center, A. I. duPont Hospital for Children

Global Exchange

Matt Gonzalez, President, San Francisco Board of Supervisors

Gary Green, PhD, Associate Professor, Department of Physiology, University of Texas Health Science Center at San Antonio

Green Party of the United States

Joan Gussow, EdD, M. S. Rose Professor Emeritus, Nutrition and Education, Teachers College, Columbia Univ.

Jane M. Healy, PhD, author, Failure to Connect and Endangered Minds

Institute for Agriculture and Trade Policy

Cathy S. Heffernan, PhD, Associate Professor, Azusa Pacific University

Amid I. Ismail, DDS, DrPH, Professor of Cardiology, Restorative Sciences and Endodontics, Univ. of Michigan

Norman Kaplan, Clinical Professor of Medicine, Univ. of Texas Southwestern Medical Center

Mary Kapsner, Member, Alaska State House of Representatives

Francine Kaufman, MD, Professor of Pediatrics, Keck School of Medicine, University of Southern California

- Kids Can Make A Difference
- Jean Kilbourne, author, Can't Buy My Love: How Advertising Changes the Way We Think and Feel
- Jeanne Kohl-Welles, PhD, Senator, Washington State Senate; Lecturer, Department of Sociology, Univ. of Washington
- Ronald M. Krauss, MD, Senior Scientist and Director, Atherosclerosis Research, Children's Hospital Oakland Research Institute; Adjunct Professor, Department of Nutritional Sciences, Univ. of California, Berkeley
- Velma LaPoint, PhD, Associate Professor of Child Development, School of Education, Howard Univ.
- Diane Levin, PhD, Professor of Education, Wheelock College
- Susan Linn, EdD, Instructor in Psychiatry, Harvard Medical School; Associate Director, Media Center, Judge Baker Children's Center
- Bob McCannon, Executive Director, New Mexico Media Literacy Project
- Robert McChesney, PhD, Research Professor, Univ. of Illinois at Urbana-Champaign; author, *Rich Media, Poor Democracy*
- Kevin McKeown, Mayor pro tem, Santa Monica, CA
- Mary Anne Mercer, DrPH, Senior Lecturer, Department of Health Services, Univ. of Washington, School of Public Health and Community Medicine
- Mark Crispin Miller, PhD, Professor of Media Ecology, New York Univ.
- Alex Molnar, PhD, Professor and Director, Education Policy Studies Laboratory, Arizona State Univ.
- Bill Morrisette, Senator, Oregon State Senate
- Diane M. Morrison, PhD, Professor and Associate Dean for Research, Univ. of Washington School of Social Work
- Mothering Magazine
- Kathryn Mulvey, Executive Director, Infact
- Robert K. Musil, PhD, MPH, Executive Director and CEO, Physicians for Social Responsibility
- Kathleen G. Nelson, MD, Professor of Pediatrics and Senior Associate Dean for Students, Univ. of Alabama School of Medicine
- Marion Nestle, PhD, MPH, Professor, Department of Nutrition, Food Studies, and Public Health, New York Univ.; author, Food Politics and Safe Food
- New Mexico Media Literacy Project
- Peggy O'Mara, Editor and Publisher, *Mothering Magazine* Obligation, Inc.
- Organic Consumers Association

- Mark A. Pereira, PhD, Assistant Professor, Division of Epidemiology, Univ. of Minnesota
- Paul G. Pinsky, Senator, Maryland State Senate
- Harold Pollack, PhD, Associate Professor of Social Service Administration, Univ. of Chicago
- Barry M. Popkin, PhD, Professor of Nutrition, Schools of Public Health and Medicine, Univ. of North Carolina
- Alvin F. Poussaint, MD, Professor of Psychiatry, Harvard Medical School
- Thomas G. Pretlow, MD, Professor of Pathology, Urology, Oncology, and Environmental Health Sciences, Case Western Reserve Univ. School of Medicine
- The Public Health Advocacy Institute, Obesity Task Force
- Eric Ravussin, PhD, Professor, Pennington Biomedical Research Center
- Larry Robinson, Vice-Mayor, Sebastopol, CA
- Phil Rockey, Councilmember, Oakdale City Council, Oakdale, CA
- Eric Schlosser, author, Fast Food Nation
- Juliet Schor, Professor of Sociology, Boston College; author, The Overspent American and The Overworked American
- Seeds of Simplicity
- Mary Segal, PhD, Department of Family Practice & Community Medicine, Univ. of Pennsylvania School of Medicine
- Ellen Ruppel Shell, Associate Professor and Co-director, Knight Center for Science and Medical Journalism, Boston Univ.; author, The Hungry Gene: The Science of Fat and the Future of Thin
- Slow Food USA
- Lloyd K. Stires, PhD, Professor of Psychology, Indiana University of Pennsylvania
- Victor Strasburger, MD, Professor of Pediatrics, Univ. of New Mexico School of Medicine
- Betsy Taylor, Executive Director, Center for a New American

  Dream
- Teachers Resisting Unhealthy Children's Entertainment
- V. Susan Villani, MD, Assistant Professor of Psychiatry, Johns Hopkins Medical School
- Walter Willett, MD, DrPH, Chair, Department of Nutrition, Harvard School of Public Health
- Yale Prevention Research Center
- David York, PhD, Treasurer, Int'l Association for the Study of Obesity; Boyd Professor and Assoc. Executive Director Basic Research, Pennington Biomedical Research Center